



Conference TFRI Event Summary



CACC

as of 4/8/2025 7:10:16 AM ET

Women's 100 Meters

1	Ryley DIXON	FR	#6 Goldey-Beacom	12.37w	(2.1)	4/4
2	Chimeremya ODOH	FR	#1 Felician	12.38w	(2.1)	4/4
3	Karla CHARDON	SR	#6 Goldey-Beacom {2}	12.69w	(2.9)	4/4
4	Katelyn PERAZZIA	FR	#2 Holy Family (Pa.	12.83w	(2.1)	4/4
5	Tiara CARGILL	SO	#9 Dominican (N.Y.)	12.85w	(2.7)	3/29
6	Eliza HILDRETH	SO	#3 Wilmington (Del.	12.89w	(2.1)	4/4
7	Kahdia JONES	SR	#2 Holy Family (Pa.{2}	12.93	(0.2)	3/22
8	Jewel PIERRECHARLES	FR	#4 Georgian Court	12.97	(0.2)	4/5
9	Shaquira WALCOTT	SR	#1 Felician {2}	13.01	(0.3)	3/29
10	Deja CURRY	JR	#3 Wilmington (Del.{2}	13.16	(-0.4)	3/29

Women's 100 Meter Hurdles

1	63 Aarysa MOORE	SO	#1 Felician	14.66w	(2.2)	4/4
2	Jada CARROLL	SR	#1 Felician {2}	15.05w	(2.2)	4/4
3	Brianna COATES	JR	#2 Holy Family (Pa.	15.69	(1.8)	4/4
4	Danalee BROCK	SR	#2 Holy Family (Pa.{2}	16.03	(1.8)	4/4
5	Cadence BELL	FR	#3 Wilmington (Del.	16.50	(1.8)	4/4
6	Anna-Mae NELLIS	FR	#10 Bridgeport	17.61	(-0.1)	4/5
7	Mia MARTINEZ	SR	#1 Felician {3}	18.80	(0.7)	3/29
8	Jessica FRONDA	JR	#5 Jefferson (Pa.)	20.72	(-1.1)	3/29

Women's 200 Meters

1	Ryley DIXON	FR	#6 Goldey-Beacom	25.26	(1.7)	4/4
2	Jahtivya WILLIAMS	JR	#2 Holy Family (Pa.	25.69	(1.7)	4/4
3	Chimeremya ODOH	FR	#1 Felician	25.77w	(3.1)	4/4
4	Darrian LEWIS	JR	#1 Felician {2}	25.98	(1.7)	4/4
5	Katelyn PERAZZIA	FR	#2 Holy Family (Pa.{2}	26.04	(2.0)	4/4
6	Chantoya THOMAS	SR	#1 Felician {3}	26.31	(-1.0)	3/22
7	Kahdia JONES	SR	#2 Holy Family (Pa.{3}	26.39	(-0.4)	3/29
8	Eliza HILDRETH	SO	#3 Wilmington (Del.	26.65w	(3.1)	4/4
9	Deja CURRY	JR	#3 Wilmington (Del.{2}	26.70	(-0.2)	3/29
10	Jewel PIERRECHARLES	FR	#4 Georgian Court	26.73	(-0.8)	3/29

Women's 400 Meters

1	Chantoya THOMAS	SR	#1 Felician	58.84		3/22
2	Mia MARTINEZ	SR	#1 Felician {2}	59.77		3/29
3	Liv DREWING	FR	#6 Goldey-Beacom	1:00.02		3/29
4	Darrian LEWIS	JR	#1 Felician {3}	1:00.09		3/29
5	Ryley DIXON	FR	#6 Goldey-Beacom {2}	1:00.68		3/23
6	Isabella POLLOCK	JR	#7 Caldwell	1:01.14		4/4
7	Kelisa BECKETT	FR	#2 Holy Family (Pa.	1:01.25		3/29
8	Jahtivya WILLIAMS	JR	#2 Holy Family (Pa.{2}	1:01.42		4/4
9	Maya HARPER	SO	#2 Holy Family (Pa.{3}	1:01.45		3/29
10	Deja CURRY	JR	#3 Wilmington (Del.	1:01.80		3/15

Women's 400 Meter Hurdles

1	Danalee BROCK	SR	#2 Holy Family (Pa.	1:05.80		4/4
2	Ocelia JONES	SO	#2 Holy Family (Pa.{2}	1:06.02		4/4
3	Brianna COATES	JR	#2 Holy Family (Pa.{3}	1:06.84		3/22
4	Liv DREWING	FR	#6 Goldey-Beacom	1:07.67		3/23
5	Selena ERTTEL-EASLEY	FR	#1 Felician	1:09.34		3/29
6	Jada PETERSON	FR	#2 Holy Family (Pa.{4}	1:09.68		3/29
7	Zane MCNEIL	SR	#2 Holy Family (Pa.{5}	1:09.80		4/4
8	Anne NOONAN	SO	#1 Felician {2}	1:10.44		3/29
9	Mia MARTINEZ	SR	#1 Felician {3}	1:12.83		3/22
10	Natalie MCFADDEN	SO	#5 Jefferson (Pa.)	1:14.05		4/5

Women's 800 Meters

1	100 Annalee CAPUANO	JR	#5 Jefferson (Pa.)	2:16.20		3/29
2	Liv DREWING	FR	#6 Goldey-Beacom	2:18.23		4/4
3	Hannah POWELL	JR	#5 Jefferson (Pa.) {2}	2:23.49		4/5
4	Imani FITZPATRICK	JR	#1 Felician	2:23.85		3/29
5	Amirah BEASLEY	SR	#4 Georgian Court	2:24.01		3/22
6	Maya HARPER	SO	#2 Holy Family (Pa.	2:25.36		4/4
7	Amy CHOMO	JR	#3 Wilmington (Del.	2:27.75		4/4
8	Eliana MCNAMEE	SR	#7 Caldwell	2:27.92		3/29
9	Jade JONES	SR	#2 Holy Family (Pa.{2}	2:28.16		3/22
10	Dayanara GRAU	SO	#7 Caldwell {2}	2:28.36		3/29

Women's 1500 Meters

1	97 Annalee CAPUANO	JR	#5 Jefferson (Pa.)	4:40.24		3/29
2	Hannah POWELL	JR	#5 Jefferson (Pa.) {2}	4:52.37		4/5
3	Amirah BEASLEY	SR	#4 Georgian Court	4:59.32		4/5
4	Catherine CATIPAY	SR	#1 Felician	5:00.17		3/29
5	Tiffany BANNING	JR	#3 Wilmington (Del.	5:01.92		3/15
6	Ana ESHRAGHI	SR	#5 Jefferson (Pa.) {3}	5:03.33		4/5
7	Natalie MCFADDEN	SO	#5 Jefferson (Pa.) {4}	5:05.09		3/23
8	Amy CHOMO	JR	#3 Wilmington (Del.{2}	5:11.23		3/29
9	Angie CHOMO	SO	#3 Wilmington (Del.{3}	5:13.52		3/23
10	Rebecca DALTON	JR	#8 Chestnut Hill	5:14.41		3/29

Women's Steeplechase

1	90 Natalie MCFADDEN	SO	#5 Jefferson (Pa.)	11:41.29		3/29
2	Rebecca DALTON	JR	#8 Chestnut Hill	12:36.76		4/5
3	Gabby HASSLER	SO	#8 Chestnut Hill {2}	13:57.32		4/5
4	Tahasia THOMAS	SR	#1 Felician	14:07.89		3/29
5	Ny'jashia SMITH	SR	#6 Goldey-Beacom	14:43.56		3/23



Conference TFRI Event Summary



CACC

as of 4/8/2025 7:10:17 AM ET

Women's 5000 Meters

1	Sydney WATTS	SR	#8 Chestnut Hill	18:35.45	3/29
2	Tiffany BANNING	JR	#3 Wilmington (Del.	18:48.15	3/15
3	Cynthia DELAPAZ	SR	#1 Felician	19:12.71	4/4
4	Sarah LORENZ	FR	#5 Jefferson (Pa.)	19:35.10	4/5
5	Sammy BANNING	JR	#3 Wilmington (Del.)	19:37.90	3/15
6	Ana ESHRAGHI	SR	#5 Jefferson (Pa.) {2}	19:46.89	3/23
7	Audrey PHAM	JR	#5 Jefferson (Pa.) {3}	19:46.97	4/5
8	Ava COWDEN	FR	#2 Holy Family (Pa.)	20:54.02	4/4
9	Jennifer TRAN	SO	#5 Jefferson (Pa.) {4}	21:30.32	4/5
10	Madalyn MINNICK	SR	#3 Wilmington (Del.)	22:12.17	3/15

Women's 10,000 Meters

1	86 Tiffany BANNING	JR	#3 Wilmington (Del.	38:52.95	3/29
2	Cynthia DELAPAZ	SR	#1 Felician	40:38.20	3/29
3	Emma MCNAMEE	SR	#2 Holy Family (Pa.)	41:19.18	3/29
4	Sarah LORENZ	FR	#5 Jefferson (Pa.)	41:41.61	3/29
5	Sammy BANNING	JR	#3 Wilmington (Del.)	42:00.35	3/29
6	Ana ESHRAGHI	SR	#5 Jefferson (Pa.) {2}	42:14.87	3/29
7	Crystal MARGOTTA	FR	#1 Felician {2}	45:20.12	3/29
8	Kelsey PEREIRA	SR	#1 Felician {3}	45:21.78	3/29
9	Jennifer TRAN	SO	#5 Jefferson (Pa.) {3}	45:22.24	3/29
10	Callie NEGRO	SR	#1 Felician {4}	45:23.38	3/29

Women's 4x100 Relay

1	89 Darrian Lewis, Aarysa Moore, Chimeremya Odoh, Shaquira Walcott	#1 Felician	48.52	4/4
2	Jahtivya Williams, Kahdia Jones, Danalee Brock, Katelyn Perazzia	#2 Holy Family (Pa.)	49.11	3/22
3	#Type!	#9 Dominican (N.Y.)	51.34	3/29
4	Hannah Juleus, Sejadea Mincey, Jamie Rankin, Chennaya Tschopp	#7 Caldwell	52.15	4/4
5	Abety Kivaghani, Faith Hershberger, Anna-Mae Nellis, Kara Sampath	#10 Bridgeport	53.17	3/29
6	#Type!	#5 Jefferson (Pa.)	54.40	3/29

Women's 4x400 Relay

1	62 #Type!	#1 Felician	3:59.44	3/29
2	76 Maya Harper, Jade Jones, Kelisa Beckett, Jada Peterson	#2 Holy Family (Pa.)	4:01.94	4/4
3	#Type!	#7 Caldwell	4:10.96	3/29
4	#Type!	#3 Wilmington (Del.	4:14.94	3/29
5	#Type!	#5 Jefferson (Pa.)	4:18.72	4/5
6	Liv Drewling, Ny'jashia Smith, Aiyana Adams, Kaylah Hill	#6 Goldey-Beacom	4:29.10	3/8
7	#Type!	#9 Dominican (N.Y.)	4:35.06	3/29
8	Angelina Mermella, Lynzie Lawton, Julia Fortune, Kara Sampath	#10 Bridgeport	4:44.23	3/29
9	Amirah Beasley, Samantha Lonseth, Jurnee Tuttle, Brenna Sullivan	#4 Georgian Court	5:00.71	3/22

Women's High Jump

1	61 Sydonia TURNER	JR	#2 Holy Family (Pa.)	1.62m	5-3¾	3/22
2	80 Jada CARROLL	SR	#1 Felician	1.60m	5-3	4/4
3	Liv DREWING	FR	#6 Goldey-Beacom	1.57m	5-1¾	3/23
4	Aarysa MOORE	SO	#1 Felician {2}	1.55m	5-1	4/4
5	Juliana DOGOSTINO	FR	#4 Georgian Court	1.51m	4-11½	3/29
6	Savannah BOYCE	SR	#6 Goldey-Beacom {2}	1.50m	4-11	4/4
6	April DISLA	FR	#1 Felician {3}	1.50m	4-11	4/4
8	Makayla CHIARIELLO	FR	#1 Felician {4}	1.42m	4-7¾	3/22
8	Ria DATTA	FR	#7 Caldwell	1.42m	4-7¾	4/4
10	Anna-Mae NELLIS	FR	#10 Bridgeport	1.40m	4-7	3/29

Women's Long Jump

1	Sydonia TURNER	JR	#2 Holy Family (Pa.)	5.25m	17-2¾ (0.0)	3/29
2	Angel CRUZ-FLETCHER	FR	#7 Caldwell	5.16m	16-11¼ (-1.)	3/29
3	Jada CARROLL	SR	#1 Felician	5.15m	16-10¾ (0.3)	3/29
4	Genesis JIMENEZ	FR	#9 Dominican (N.Y.)	4.82m	15-9¾ (-1.6)	3/29
5	Tiara CARGILL	SO	#9 Dominican (N.Y.)	4.81m	15-9½ (-4.0)	3/29
6	Mikayla HALL	JR	#2 Holy Family (Pa.)	4.77m	15-7¾ (0.0)	3/22
7	Tishanna COHEN	JR	#4 Georgian Court	4.71m	15-5½ (1.2)	4/5
8	Faith HERSHBERGER	SR	#10 Bridgeport	4.44m	14-6¾ (0.0)	3/29
9	Ria DATTA	FR	#7 Caldwell {2}	4.30m	14-1¼ (-4.4)	3/29
10	Abety KIVAGHENI	FR	#10 Bridgeport {2}	4.15m	13-7½ (0.0)	3/29

Women's Triple Jump

1	60 Jada CARROLL	SR	#1 Felician	11.36m	37-3¾ (0.0)	3/22
2	Tishanna COHEN	JR	#4 Georgian Court	10.85m	35-7¼ (0.0)	3/22
3	Jewel PIERRECHARLES	FR	#4 Georgian Court {2}	10.72m	35-2 (0.0)	3/22
4	Mikayla HALL	JR	#2 Holy Family (Pa.)	9.00m	29-6½ (0.0)	3/29



Conference TFRI Event Summary



CACC

as of 4/8/2025 7:10:17 AM ET

Women's Shot Put

1	Sytieia BROWN	FR	#3	Wilmington (Del.	12.46m	40-10½	3/15
2	Destiny FIELDS	JR	#1	Felician	11.98m	39-3¾	4/4
3	Kaydence FISCHER	SO	#4	Georgian Court	11.52m	37-9½	3/22
4	Jada OBEGI	JR	#3	Wilmington (Del. {2}	11.49m	37-8½	3/23
5	Jourdyn RUMPH	SR	#6	Goldey-Beacom	11.34m	37-2½	3/8
6	Anna-Mae NELLIS	FR	#10	Bridgeport	11.13m	36-6¼	3/29
7	Adrianna FODERA	FR	#4	Georgian Court {2}	10.99m	36-¾	3/29
8	Trinyce SYMISTER	SO	#1	Felician {2}	10.90m	35-9¼	4/4
9	Victoria PARDI	SR	#7	Caldwell	10.85m	35-7¼	4/4
10	Anastasia WATSON	SR	#8	Chestnut Hill	10.82m	35-6	3/29

Women's Discus

1	81 Kaydence FISCHER	SO	#4	Georgian Court	41.97m	137-9	3/29
2	Anastasia WATSON	SR	#8	Chestnut Hill	39.19m	128-7	3/29
3	Destiny FIELDS	JR	#1	Felician	39.00m	128-0	4/4
4	Sytieia BROWN	FR	#3	Wilmington (Del.	37.92m	124-5	3/23
5	Chiamaka WOKOCHA	SO	#4	Georgian Court {2}	37.74m	123-10	3/29
6	Jourdyn RUMPH	SR	#6	Goldey-Beacom	36.13m	118-7	4/4
7	Sabrina HALK	SO	#4	Georgian Court {3}	34.51m	113-3	3/22
8	Kencye SCAVELLA	FR	#9	Dominican (N.Y.)	33.41m	109-8	3/29
9	Daliana ROJAS	FR	#1	Felician {2}	32.30m	106-0	4/4
10	Dominique LEWIS	FR	#6	Goldey-Beacom {2}	32.23m	105-9	4/4

Women's Hammer

1	58 Sytieia BROWN	FR	#3	Wilmington (Del.	50.03m	164-2	4/4
2	Chiamaka WOKOCHA	SO	#4	Georgian Court	44.56m	146-3	3/29
3	Jada OBEGI	JR	#3	Wilmington (Del. {2}	39.27m	128-10	4/4
4	Jourdyn RUMPH	SR	#6	Goldey-Beacom	39.09m	128-3	3/23
5	Adrianna FODERA	FR	#4	Georgian Court {2}	37.66m	123-7	4/5
6	Sabrina HALK	SO	#4	Georgian Court {3}	37.28m	122-4	3/29
7	Kaydence FISCHER	SO	#4	Georgian Court {4}	36.39m	119-5	3/29
8	Destiny FIELDS	JR	#1	Felician	32.58m	106-11	4/4
9	Daliana ROJAS	FR	#1	Felician {2}	32.10m	105-4	4/4
10	Dominique LEWIS	FR	#6	Goldey-Beacom {2}	30.55m	100-3	4/4

Women's Javelin

1	67 Karla CHARDON	SR	#6	Goldey-Beacom	38.88m	127-7	3/8
2	69 Ava REARDON	SO	#4	Georgian Court	38.63m	126-9	4/5
3	89 Anna-Mae NELLIS	FR	#10	Bridgeport	37.66m	123-7	4/5
4	Trinyce SYMISTER	SO	#1	Felician	36.62m	120-2	3/29
5	Ana LOPEZ	SR	#1	Felician {2}	34.70m	113-10	3/22
6	Juliana DOGOSTINO	FR	#4	Georgian Court {2}	31.73m	104-1	3/29
6	Adrianna FODERA	FR	#4	Georgian Court {2}	31.73m	104-1	3/29
8	Erin MCCARTHY	JR	#8	Chestnut Hill	27.33m	89-8	3/29
8	Morgan DOLAGHAN	FR	#7	Caldwell	27.33m	89-8	3/29
10	Grace MOTT	FR	#8	Chestnut Hill {2}	26.47m	86-10¼	4/5



Conference TFRI Event Summary



CCAA

as of 4/8/2025 7:10:17 AM ET

Women's 100 Meters

1	7	Amari WEATHERFORD	SR	#3	Cal State San Be	11.49w	(2.1)	3/28
2	12	Hailey HUNT	SR	#3	Cal State San Be{2}	11.56	(1.5)	3/22
3	33	Rionna WALLACE	JR	#5	Stanislaus State	11.78w	(2.7)	3/1
4	37	Alexandra ACKERMAN	SR	#3	Cal State San Be{3}	11.81	(1.5)	3/22
5	79	Samira STEVENSON	FR	#1	Cal Poly Pomona	12.00	(1.8)	3/8
6		Ta'Ahhjah FANN	FR	#1	Cal Poly Pomona{2}	12.14	(2.0)	3/28
6		Mina TSAI	SR	#7	SF State	12.14	(0.0)	2/22
8		Neshara SMITH	JR	#1	Cal Poly Pomona{3}	12.19	(1.2)	2/22
9		Emmerson WIGGINS	FR	#8	Cal State LA	12.31	(0.9)	2/22
10		Madi MONROE	JR	#2	Chico State	12.32w	(2.2)	3/8

Women's 100 Meter Hurdles

1	4	Neshara SMITH	JR	#1	Cal Poly Pomona	13.65w	(2.1)	3/8
2	54	Shaylee MUTKA	SO	#4	Cal State San Ma	14.59	(2.0)	3/28
3		Natalie MUSE	SR	#2	Chico State	14.92	(0.4)	4/4
4		Kathryn RUST	JR	#6	Sonoma State	15.00	(0.0)	2/21
4		Mila REAL	SO	#5	Stanislaus State	15.00w	(3.3)	3/1
6		Grace KASBERGER	SR	#10	Cal Poly Humbol	15.20	(1.1)	3/6
6		Lydia BINGER	SR	#7	SF State	15.20w	(3.0)	3/1
8		Sarah LINDENTHAL	SR	#1	Cal Poly Pomona{2}	15.27	(1.0)	3/28
9		Talynn SCHROEDER	JR	#7	SF State	{2} 15.34	(-1.6)	4/4
10		Chris ROBERDS	SR	#10	Cal Poly Humbol{2}	15.59	(1.3)	3/8

Women's 200 Meters

1	6	Amari WEATHERFORD	SR	#3	Cal State San Be	23.41	(1.2)	3/22
2	16	Hailey HUNT	SR	#3	Cal State San Be{2}	23.79	(1.2)	3/22
3	18	Rasha BADRANI	JR	#4	Cal State San Ma	23.85	(-0.3)	4/5
4	44	Jessica JAMES	JR	#1	Cal Poly Pomona	24.31	(0.9)	2/28
5	53	Rionna WALLACE	JR	#5	Stanislaus State	24.41	(-1.7)	4/5
6	60	Alexis WHITE	SR	#3	Cal State San Be{3}	24.49	(1.0)	4/5
7	79	Coryssa HOPE	SO	#3	Cal State San Be{4}	24.64	(0.9)	4/5
8		Alexandra ACKERMAN	SR	#3	Cal State San Be{5}	24.94	(-1.7)	3/28
9		Cierra ELLIS	JR	#3	Cal State San Be{6}	24.98	(0.2)	3/28
10		Adriana HEWITT	FR	#4	Cal State San Ma{2}	25.14	(1.3)	4/5

Women's 400 Meters

1	10	Alexis WHITE	SR	#3	Cal State San Be	54.67		3/22
1	10	Rasha BADRANI	JR	#4	Cal State San Ma	54.67		3/28
3	16	Jessica JAMES	JR	#1	Cal Poly Pomona	54.92		3/22
4	74	Jenna RODRIGUEZ	JR	#11	Cal State East Ba	56.76		3/22
5	90	Mila REAL	SO	#5	Stanislaus State	57.06		4/5
6	96	Coryssa HOPE	SO	#3	Cal State San Be{2}	57.20		4/5
7	97	Prishencia NNOHAM	SR	#3	Cal State San Be{3}	57.21		3/8
8		Danielle BACON	SR	#2	Chico State	57.38		4/5
9		Briana MILLER	JR	#3	Cal State San Be{4}	57.40		3/22
10		Cierra ELLIS	JR	#3	Cal State San Be{5}	57.79		4/5

Women's 400 Meter Hurdles

1	1	Rasha BADRANI	JR	#4	Cal State San Ma	57.79		4/5
2	21	Mila REAL	SO	#5	Stanislaus State	1:01.27		3/29
3	65	Tianna JARDSTROM	SR	#1	Cal Poly Pomona	1:03.98		3/8
4	77	Dalia ROMO	JR	#8	Cal State LA	1:04.48		2/28
5		Taylor YOST	SR	#9	Cal State Monter	1:05.59		3/15
6		Paula ROMO	JR	#8	Cal State LA	{2} 1:05.96		3/8
7		Sydney LOPES	SR	#6	Sonoma State	1:06.42		3/22
8		Shaylynn WYNN	SR	#5	Stanislaus State{2}	1:06.71		2/22
9		Keneyia HALL	FR	#1	Cal Poly Pomona{2}	1:07.08		3/22
10		Lydia BINGER	SR	#7	SF State	1:07.21		3/22

Women's 800 Meters

1	13	Arisa HATCHER	JR	#1	Cal Poly Pomona	2:08.80		4/5
2	22	Annie WILD	SO	#5	Stanislaus State	2:10.37		3/29
3	24	Jenna RODRIGUEZ	JR	#11	Cal State East Ba	2:10.54		3/8
4	46	Rachel HOOPS	FR	#9	Cal State Monter	2:13.58		4/5
5	60	Crystal HERNANDEZ	SO	#5	Stanislaus State{2}	2:14.42		2/22
6	61	Sienna BIANCHI	SO	#2	Chico State	2:14.47		4/5
7	67	Sidney GARCIA	JR	#2	Chico State	{2} 2:14.64		4/5
8	68	Kai MARROQUIN	JR	#3	Cal State San Be	2:14.70		3/28
9	74	Kaya SCUBA	FR	#2	Chico State	{3} 2:15.28		4/5
10	93	Alondra ARIAS	JR	#1	Cal Poly Pomona{2}	2:16.03		4/5

Women's 1500 Meters

1	6	Annie WILD	SO	#5	Stanislaus State	4:21.36		4/5
2	29	Vivian MARTINEZ	SO	#1	Cal Poly Pomona	4:31.05		4/5
3	35	Artana NICE	FR	#10	Cal Poly Humbol	4:32.48		4/5
4	36	Crystal HERNANDEZ	SO	#5	Stanislaus State{2}	4:32.60		4/5
5	40	Sienna BIANCHI	SO	#2	Chico State	4:33.84		4/5
6	58	Tessa VASQUEZ	SO	#5	Stanislaus State{3}	4:35.08		3/29
7	63	Kaya SCUBA	FR	#2	Chico State	{2} 4:35.85		4/5
8	76	Rachel HOOPS	FR	#9	Cal State Monter	4:38.12		3/22
9	93	Devianna SALCEDO	SR	#5	Stanislaus State{4}	4:39.84		4/5
10		Iresh MOLINA	SO	#2	Chico State	{3} 4:41.31		3/8

Women's Steeplechase

1	15	Miranda PALACIOS	FR	#1	Cal Poly Pomona	10:51.31		3/8
2	21	Daisy SALINAS	SR	#7	SF State	10:55.33		4/5
3	31	Galilea JIMENEZ	SO	#1	Cal Poly Pomona{2}	11:03.80		3/28
4	33	Olivia BESCHORNER	FR	#2	Chico State	11:07.21		4/5
5	42	Isabela MORENO	SR	#5	Stanislaus State	11:14.10		4/5
6	47	Jordan DENNERT	SO	#3	Cal State San Be	11:18.54		3/28
7	57	Cozette WOOD	SO	#9	Cal State Monter	11:25.26		4/5
8	72	Hannah AMUNDSEN	FR	#9	Cal State Monter{2}	11:32.93		4/5
9	76	Julia BUTLER	JR	#1	Cal Poly Pomona{3}	11:34.79		3/8
10	97	Maya CENTENO	JR	#9	Cal State Monter{3}	11:45.56		3/8



Conference TFRI Event Summary



CCAA

as of 4/8/2025 7:10:17 AM ET

Women's 5000 Meters

1	7	Della MOLINA	SO	#2 Chico State	16:32.76	3/22
2	16	Iresh MOLINA	SO	#2 Chico State {2}	16:44.55	3/22
3	21	Vivian MARTINEZ	SO	#1 Cal Poly Pomona	16:50.36	3/21
4	31	Jade KINGSTON	FR	#1 Cal Poly Pomona {2}	16:58.63	3/21
5	45	Jacqueline SANCHEZ	SO	#5 Stanislaus State	17:04.82	4/5
6	54	Yahaira ZUNIGA	SR	#5 Stanislaus State {2}	17:16.75	3/1
7	72	Miranda PALACIOS	FR	#1 Cal Poly Pomona {3}	17:28.69	3/21
8	75	Artana NICE	FR	#10 Cal Poly Humboldt	17:32.01	3/8
9	99	Alondra ARIAS	JR	#1 Cal Poly Pomona {4}	17:40.47	3/21
10		Sophie RODRIGUEZ	SR	#6 Sonoma State	17:41.41	4/5

Women's 10,000 Meters

1	5	Iresh MOLINA	SO	#2 Chico State	34:08.97	4/5
2	6	Della MOLINA	SO	#2 Chico State {2}	34:09.93	4/5
3	24	Kelsi HART	FR	#4 Cal State San Marcos	35:49.82	3/8
4	30	Makenzie KORDIC	FR	#5 Stanislaus State	36:22.91	4/5
5	36	Angela MCMANUS	JR	#4 Cal State San Marcos {2}	36:43.33	3/8
6	40	Megan MALLOY	SO	#2 Chico State {3}	36:57.32	4/5
7	90	Itzel DEL RIO	SO	#4 Cal State San Marcos {3}	38:58.01	3/28
8		Mariessa MCLAUGHLIN	SO	#9 Cal State Monterey	39:53.45	4/5
9		Gabriella ROMERO	FR	#3 Cal State San Bernardino	40:22.39	3/28

Women's 4x100 Relay

1	7	Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt	#3 Cal State San Bernardino	45.26	3/22
2	18	Trinity Moseby, Ta'Ahhjah Fann, Jessica James, Hannah Luster	#1 Cal Poly Pomona	46.02	3/28
3	72	Orchid Concha, Clara Haungs, Taylor Gomez, Adriana Hewitt	#4 Cal State San Marcos	47.99	4/5
4	82	Mila Real, Rionna Wallace, Shaylynn Wynn, Reyna Dismukes	#5 Stanislaus State	48.27	3/29
5	85	Cyvanna Bowen, Raisa Miller, Teloni Ervin, Alyssa Meeks	#12 Cal State Dominguez	48.34	3/8
6	87	Tianna Thompson, Madi Monroe, Kaitlyn Gonzales, Breah Bell	#2 Chico State	48.43	4/5
7	99	Mina Tsai, Zyah Harris-Bazuaye, Inelaboh Ajayi, Myla Easley	#7 SF State	48.78	2/22
8		Katie Sheldon, Aniaya Bishop, Delaney Brown, Mia Cecilio	#6 Sonoma State	48.96	3/15
9		Ski'lar Wallace, Emmerson Wiggins, Dalia Roma, Paula Romo	#8 Cal State LA	49.18	2/22



Conference TFRI Event Summary



CCAA

as of 4/8/2025 7:10:17 AM ET

Women's 4x400 Relay

1	5	Prishencia Nnoham, Coryssa Hope, Amari Weatherford, Alexis White	#3	Cal State San Be	3:41.95	3/22
2	18	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	#1	Cal Poly Pomona	3:47.61	3/22
3	25	Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	#4	Cal State San Ma	3:49.77	3/28
4	44	Dalia Roma, Destiny Moedano, Paula Romo, Emmerson Wiggins	#8	Cal State LA	3:54.45	2/22
5	49	Danielle Bacon, Kaitlyn Gonzales, Madison Kalberer, Madi Monroe	#2	Chico State	3:55.97	4/5
6	61	Shaylynn Wynn, Reyna Dismukes, Rionna Wallace, Mila Real	#5	Stanislaus State	3:59.24	2/22
7	71	Simryn Parikh, Nelly Isidro, Victoria Hyatt, Jenna Rodriguez	#11	Cal State East Ba	4:00.79	3/15
8	84	Leloni Ervin, Alyssa Meeks, Christine Duarte, Hanna Espinoza	#12	Cal State Domin	4:03.71	3/8
9	90	Mia Cecilio, Katie Sheldon, Sydney Lopes, Delaney Brown	#6	Sonoma State	4:05.69	3/22
10		Cassidy Andreadakis, Kayla Young, Taylar Yost, Rachel Hoops	#9	Cal State Monter	4:09.15	3/22

Women's High Jump

1	33	Allie GOETZ	FR	#2	Chico State	1.65m	5-5	2/23
1	33	Samone CABLE	FR	#4	Cal State San Ma	1.65m	5-5	2/28
3	56	Amber WALKER	FR	#6	Sonoma State	1.63m	5-4¼	3/8
4	61	Aaliyah MENDOZA	JR	#1	Cal Poly Pomona	1.62m	5-3¾	3/28
4	61	Sabrina CARLE-PARRA	JR	#7	SF State	1.62m	5-3¾	4/5
6	70	Sarah LINDENTHAL	SR	#1	Cal Poly Pomona	1.61m	5-3¾	4/5
7		Jazmine SEVERO	SO	#6	Sonoma State	{2} 1.58m	5-2¼	3/8
8		Emily NGUYEN	SR	#3	Cal State San Be	1.57m	5-1¾	3/28
9		Annabelle LOW	JR	#2	Chico State	{2} 1.55m	5-1	4/4
9		Catlin ALEXIS	JR	#11	Cal State East Ba	1.55m	5-1	3/29

Women's Pole Vault

1	29	Isabelle CARREON	SR	#1	Cal Poly Pomona	3.78m	12-4¾	3/8
2	60	Janey RUBIO	SO	#2	Chico State	3.53m	11-7	3/22
3	64	Katie SNEDDEN	FR	#6	Sonoma State	3.50m	11-5¾	3/8
4	85	Kendra WILLIAMS	FR	#1	Cal Poly Pomona	{2} 3.48m	11-5	3/8
5	100	Shannon GAITAN	JR	#1	Cal Poly Pomona	{3} 3.36m	11-¼	4/5
6		Alexis WACHOWSKI	SO	#7	SF State	3.35m	10-11¾	2/22
7		Katarina MUELLERLEILE	FR	#11	Cal State East Ba	3.23m	10-7	3/22
8		Kailey FRYE	SR	#4	Cal State San Ma	3.12m	10-2¾	3/28
9		Kali DICKENSON	FR	#2	Chico State	{2} 3.06m	10-½	3/8
10		Samantha RODRIGUEZ	SO	#6	Sonoma State	{2} 3.05m	10-0	3/8

Women's Long Jump

1	1	Jonon YOUNG	SO	#8	Cal State LA	6.25m	20-6¼ (0.0)	3/8
2	28	Neshara SMITH	JR	#1	Cal Poly Pomona	5.77m	18-11¼ (2.0)	2/28
3	43	Autumn SHOMAKER	FR	#4	Cal State San Ma	5.67m	18-7¼ (1.6)	3/28
4	57	Kelsey EHINLAIYE	JR	#1	Cal Poly Pomona	{2} 5.61mw	18-5 (2.6)	2/28
5	70	Megan CARRIGAN	FR	#1	Cal Poly Pomona	{3} 5.58m	18-3¾ (0.7)	3/8
6	72	Reyna DISMUKES	SR	#5	Stanislaus State	5.57m	18-3¾ (1.7)	3/8
7	82	Jordyn BROOKS	SO	#4	Cal State San Ma	{2} 5.54m	18-2¼ (1.0)	4/5
8	92	Nyah PAULDING	JR	#1	Cal Poly Pomona	{4} 5.51m	18-1 (1.9)	3/28
9	100	Emily NGUYEN	SR	#3	Cal State San Be	5.47m	17-11½ (-0.0)	2/22
10		Hannah LUSTER	SO	#1	Cal Poly Pomona	{5} 5.45mw	17-10¾ (2.5)	2/28
10		Julia CARMONA	FR	#11	Cal State East Ba	5.45m	17-10¾ (1.2)	3/8

Women's Triple Jump

1	5	Jonon YOUNG	SO	#8	Cal State LA	12.55m	41-2¼ (0.8)	4/5
2	27	Natalie LIN	SR	#1	Cal Poly Pomona	11.71m	38-5 (0.0)	3/28
3	35	Jordyn BROOKS	SO	#4	Cal State San Ma	11.59m	38-¼ (1.0)	3/29
4	36	Julia CARMONA	FR	#11	Cal State East Ba	11.58m	38-0 (0.2)	3/22
5	51	Ehinomen EGHOBOR	FR	#1	Cal Poly Pomona	{2} 11.44m	37-6½ (0.9)	3/22
5	51	Essence JACKSON	JR	#7	SF State	11.44m	37-6½ (0.0)	3/22
7	73	Andrea ALVARADO	JR	#4	Cal State San Ma	{2} 11.23m	36-10¼ (0.0)	3/8
8	85	Aliyah RATCLIFFE	FR	#4	Cal State San Ma	{3} 11.15m	36-7 (0.0)	3/29
9	90	Cecille LIGHTBOURN	FR	#8	Cal State LA	{2} 11.08m	36-4¼ (0.0)	2/28
10	93	Nyah PAULDING	JR	#1	Cal Poly Pomona	{3} 11.07m	36-4 (0.0)	4/5

Women's Shot Put

1	23	Gianna FRANK	FR	#3	Cal State San Be	13.79m	45-3	3/22
2	49	Ariyah FORD	JR	#6	Sonoma State	13.11m	43-¼	4/5
3	76	Sinaiah POINTER	SO	#8	Cal State LA	12.82m	42-¾	2/28
4	99	Mi'ah MOLETTE	FR	#1	Cal Poly Pomona	12.56m	41-2½	4/5
5		Alexis NINO	JR	#5	Stanislaus State	12.53m	41-1½	3/29
6		Kennedi JONES	SO	#7	SF State	12.00m	39-4½	3/22
7		Mayra MEJIA HALLER	SR	#3	Cal State San Be	{2} 11.89m	39-¼	3/22
8		Tesa LIUFAU	FR	#6	Sonoma State	{2} 11.52m	37-9½	3/1
9		Vanessa PORTILLO	SR	#8	Cal State LA	{2} 11.37m	37-3¾	4/5
10		Breanna LAWRENCE	JR	#2	Chico State	11.35m	37-3	4/5



Conference TFRI Event Summary



CCAA

as of 4/8/2025 7:10:17 AM ET

Women's Discus

1	55	Angelina ESCOBAR	SR	#2 Chico State	43.41m	142-5	4/5
2	66	Isabelle CAMPOS	JR	#1 Cal Poly Pomona	42.91m	140-10	2/28
3		Liz GHAZANCHIAN	SR	#3 Cal State San Be	40.78m	133-10	3/22
4		Ariyah FORD	JR	#6 Sonoma State	40.52m	132-11	3/8
5		Cynthia HURTADO	SR	#1 Cal Poly Pomona{2}	40.40m	132-7	2/22
6		Sinaiah POINTER	SO	#8 Cal State LA	40.31m	132-3	3/8
7		Samantha SMITH	SO	#10 Cal Poly Humbol	40.12m	131-8	4/5
8		Miranda OWEN	JR	#3 Cal State San Be{2}	35.82m	117-6	2/28
9		Melina JONES	FR	#6 Sonoma State {2}	35.40m	116-2	3/8
10		Rebecca HAMPTON	SR	#6 Sonoma State {3}	35.09m	115-2	3/8

Women's Hammer

1	30	Alexis NINO	JR	#5 Stanislaus State	52.50m	172-3	3/1
2	63	Mi'ah MOLETTE	FR	#1 Cal Poly Pomona	49.58m	162-8	3/8
3	66	Angelina ESCOBAR	SR	#2 Chico State	49.27m	161-8	4/5
4	73	Ariyah FORD	JR	#6 Sonoma State	48.91m	160-6	3/15
5	75	Sage COYLE	SR	#2 Chico State {2}	48.88m	160-5	4/5
6		Cynthia HURTADO	SR	#1 Cal Poly Pomona{2}	46.77m	153-6	2/22
7		Bianca TOWNSEND	JR	#1 Cal Poly Pomona{3}	46.55m	152-9	3/8
8		Vanessa PORTILLO	SR	#8 Cal State LA	46.40m	152-3	2/22
9		Isabelle CAMPOS	JR	#1 Cal Poly Pomona{4}	45.64m	149-9	2/22
10		Kyra TOGNI	JR	#6 Sonoma State {2}	44.95m	147-6	3/1

Women's Javelin

1	24	Josie PETERSON	SR	#2 Chico State	42.95m	140-11	4/5
2	38	Andrea VILLALTA	SR	#2 Chico State {2}	41.11m	134-11	4/5
3	53	Rachelle ZILAVEC	SR	#4 Cal State San Ma	39.77m	130-6	3/8
4		Jessi RAE FLYNN	FR	#2 Chico State {3}	36.04m	118-3	4/5
5		Emily NGUYEN	SR	#3 Cal State San Be	35.80m	117-6	2/22
6		Vanessa PORTILLO	SR	#8 Cal State LA	35.31m	115-10	3/22
7		Rebecca HAMPTON	SR	#6 Sonoma State	34.94m	114-8	4/5
8		Amelia ADAMSON	SR	#1 Cal Poly Pomona	34.13m	112-0	3/28
9		Jaclyn BROWN	SR	#3 Cal State San Be{2}	33.74m	110-9	3/8
10		Daeja DOWNING	FR	#2 Chico State {4}	32.78m	107-7	2/23

Women's Heptathlon

1	21	Natalie MUSE	SR	#2 Chico State	4,434	4/4
2	22	Grace KASBERGER	SR	#10 Cal Poly Humbol	4,410	3/6
3	36	Kathryn RUST	JR	#6 Sonoma State	3,980	2/21
4	40	Talynn SCHROEDER	JR	#7 SF State	3,914	4/4
5	51	Annabelle LOW	JR	#2 Chico State {2}	3,773	2/21
6	100	Yanise HARRIS	SR	#7 SF State {2}	2,879	4/4



Conference TFRI Event Summary



CIAA

as of 4/8/2025 7:10:17 AM ET

Women's 100 Meters

1	10	Brianna BENLOSS	SO	#1	Winston-Salem §	11.53w	(2.3)	4/5
2	98	Jayla GREENE	JR	#4	Virginia State	12.08	(1.2)	4/5
3		Christal ROLACK	JR	#7	Virginia Union	12.12	(1.2)	4/5
4		Ziyah ETCHISON	SO	#2	Fayetteville Stat	12.18	(1.3)	3/22
5		Nijah LEWIS	FR	#10	Johnson C. Smit	12.20	(1.5)	4/5
6		Jadah RASOOL	SO	#3	Claflin	12.26	(0.0)	3/22
7		Olivia COSBY	SO	#1	Winston-Salem §{2}	12.28	(1.7)	4/5
7		Lydia CHAPPLE	SR	#1	Winston-Salem §{2}	12.28w	(2.1)	3/22
9		Sabianka ALEXIS	FR	#8	Lincoln (Pa.)	12.36	(1.9)	4/4
10		Ty'kira GARRETT	SO	#6	Livingstone	12.40	(0.6)	3/22

Women's 100 Meter Hurdles

1	1	Charnessa REID	SR	#1	Winston-Salem §	13.36w	(3.6)	4/5
2	8	Obiageli AKUBUDE	SO	#3	Claflin	13.82w	(2.8)	4/5
3	39	Layla SIMPSON	JR	#1	Winston-Salem §{2}	14.40w	(2.5)	4/5
4	42	Morgan COVERSON-SPRINGS	FR	#3	Claflin {2}	14.43w	(2.8)	4/5
5		Jaelynn WYNDER-HILL	JR	#4	Virginia State	14.99w	(2.3)	3/22
6		Sanai PHILLIPS	SO	#2	Fayetteville Stat	15.03	(1.9)	4/5
7		Amiyah MURRAY	SR	#1	Winston-Salem §{3}	15.21w	(2.7)	4/5
8		Jhourni EASON	FR	#3	Claflin {3}	15.39	(0.2)	3/22
9		Tanzania WASHINGTON	SO	#2	Fayetteville Stat{2}	15.53	(-0.3)	3/22
10		Jada STARKS	SO	#4	Virginia State {2}	15.79w	(2.3)	3/22

Women's 200 Meters

1	41	Janya MOORE	SO	#2	Fayetteville Stat	24.23w	(2.7)	3/22
2	63	Obiageli AKUBUDE	SO	#3	Claflin	24.51	(1.8)	4/5
3	76	Asheika SMITH	SO	#1	Winston-Salem §	24.61	(1.4)	3/22
4		Morgan COVERSON-SPRINGS	FR	#3	Claflin {2}	24.85	(-0.5)	3/22
5		Brea CHILDS	FR	#3	Claflin {3}	24.90	(1.8)	4/5
6		Ronee TUDOR	SR	#2	Fayetteville Stat{2}	24.95w	(2.7)	3/22
7		Brianna BENLOSS	SO	#1	Winston-Salem §{2}	25.05	(-0.1)	3/22
8		Kamauree RANDOLPH	SO	#1	Winston-Salem §{3}	25.31	(-0.3)	3/29
9		Ty'kira GARRETT	SO	#6	Livingstone	25.38	(-0.3)	3/29
10		Jeaneva GOLDEN	SO	#2	Fayetteville Stat{3}	25.42w	(2.6)	4/5

Women's 400 Meters

1	21	Kamani JOHNS	SR	#8	Lincoln (Pa.)	55.10		3/29
2	26	Olivia COSBY	SO	#1	Winston-Salem §	55.43		4/5
3	54	Brea CHILDS	FR	#3	Claflin	56.34		4/5
4		Gabrielle MAYE	SO	#10	Johnson C. Smit	57.46		3/22
5		Simone KELLY	SO	#1	Winston-Salem §{2}	57.70		3/29
6		Jonnica FULLER	SR	#3	Claflin {2}	57.83		3/22
7		Jeaneva GOLDEN	SO	#2	Fayetteville Stat	57.92		4/5
8		Daijion LEE	JR	#1	Winston-Salem §{3}	58.47		4/5
9		Toni MIDDLEBROOKS	SO	#7	Virginia Union	58.52		4/5
10		Leannah JORDAN	FR	#8	Lincoln (Pa.) {2}	58.70		3/29

Women's 400 Meter Hurdles

1	30	Layla SIMPSON	JR	#1	Winston-Salem §	1:02.34		4/5
2	31	Gabrielle MAYE	SO	#10	Johnson C. Smit	1:02.37		4/5
3		Pheijana BURNSIDE	JR	#3	Claflin	1:05.68		3/22
4		Faith JONES	FR	#3	Claflin {2}	1:05.99		3/22
5		Amani ADAMS	JR	#8	Lincoln (Pa.)	1:06.94		3/29
6		Shaneil JOHNSON	SO	#9	Shaw	1:07.36		3/8
7		Rihan PRICE	FR	#10	Johnson C. Smit{2}	1:08.36		3/22
8		Jonnica FULLER	SR	#3	Claflin {3}	1:08.69		4/5
9		Khrisalyn KEGLER	JR	#11	Bluefield State	1:09.57		3/29
10		Tinasia DAVIS	SR	#1	Winston-Salem §{2}	1:10.45		4/5

Women's 800 Meters

1	50	Kamani JOHNS	SR	#8	Lincoln (Pa.)	2:13.96		4/4
2		Elicia BRYANT	SO	#1	Winston-Salem §	2:18.03		4/5
3		Rainn SHEPPARD	SO	#1	Winston-Salem §{2}	2:20.14		4/5
4		Ashley BELL	SO	#2	Fayetteville Stat	2:20.47		4/5
5		Repline CHEPTOO	JR	#2	Fayetteville Stat{2}	2:20.75		4/5
6		Trinity BUMBRY	JR	#6	Livingstone	2:21.88		3/29
7		Brenda CHEBOI	JR	#2	Fayetteville Stat{3}	2:23.26		4/5
8		Jazlynn CHURCH	SR	#8	Lincoln (Pa.) {2}	2:24.57		4/4
9		Toni MIDDLEBROOKS	SO	#7	Virginia Union	2:28.27		4/5
10		Madison MORGAN	FR	#8	Lincoln (Pa.) {3}	2:28.76		3/29

Women's 1500 Meters

1		Rose MUTURI	SO	#4	Virginia State	4:49.74		4/5
2		Elicia BRYANT	SO	#1	Winston-Salem §	4:52.82		4/5
3		Brenda CHEBOI	JR	#2	Fayetteville Stat	4:56.91		4/5
4		Ashley BELL	SO	#2	Fayetteville Stat{2}	4:59.84		4/5
5		Rainn SHEPPARD	SO	#1	Winston-Salem §{2}	5:10.03		4/5
6		Trinity BUMBRY	JR	#6	Livingstone	5:10.05		3/22
7		Repline CHEPTOO	JR	#2	Fayetteville Stat{3}	5:15.02		4/5
8		Abijah JEPKEMBOI	SO	#7	Virginia Union	5:16.82		4/5
9		Nia GIBSON	JR	#2	Fayetteville Stat{4}	5:19.61		4/5
10		Ananda HAMLIN	FR	#4	Virginia State {2}	5:20.63		4/5

Women's 5000 Meters

1		Rose MUTURI	SO	#4	Virginia State	18:32.74		3/22
2		Abijah JEPKEMBOI	SO	#7	Virginia Union	19:36.80		3/21
3		Sharon KURUI	JR	#9	Shaw	23:57.38		3/8
4		Courtney GREEN	JR	#9	Shaw {2}	25:07.97		4/5
5		Nadia HERNANDEZ-DAVIS	FR	#9	Shaw {3}	25:48.14		3/8

Women's 10,000 Meters

1		Courtney GREEN	JR	#9	Shaw	50:29.67		3/8
---	--	----------------	----	-----------	------	-----------------	--	-----



Conference TFRI Event Summary



CIAA

as of 4/8/2025 7:10:18 AM ET

Women's 4x100 Relay

1	30	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	#1 Winston-Salem	46.60	3/29
2	38	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	#2 Fayetteville Stat	46.98	3/22
3	43	Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs	#3 Claflin	47.14	3/22
4	53	Aleisia Robinson, Destiny Ross-Bates, Amaya Williams, Ty'kira Garrett	#6 Livingstone	47.39	3/22
5	59	Eden Ramirez, Desairey Gray, Jada Starks, Markeria King	#4 Virginia State	47.59	3/22
6	69	Aisha Carrington, Leannah Jordan, Ida Rose Moore, Sabianka Alexis	#8 Lincoln (Pa.)	47.96	3/29
7	89	Reyani Chance, Christal Rolack, Taylor Porter, Kayla Lee	#7 Virginia Union	48.52	3/21

Women's 4x400 Relay

1	22	Simone Kelly, Daijion Lee, Layla Simpson, Olivia Cosby	#1 Winston-Salem	3:48.17	4/5
2	39	Jonnica Fuller, Brea Childs, Morgan Coverson-Springs, Obiageli Akubude	#3 Claflin	3:52.88	4/5
3	57	Jeaneva Golden, Ashley Bell, Abraonna Williams, Repline Cheptoo	#2 Fayetteville Stat	3:58.13	4/5
4	60	Thomyka Valcent, Keneah Romney, Ty'kira Garrett, Trinity Bumbry	#6 Livingstone	3:58.74	3/29
5	93	Gabrielle Freeman, Desairey Gray, Jada Starks, Omeika Hogg	#4 Virginia State	4:06.85	3/22
6	96	Leannah Jordan, Sabianka Alexis, Aniya Whitfield, Jazlynn Church	#8 Lincoln (Pa.)	4:07.03	3/29
7		Jailyn Johnson, Toni MiddleBrooks, Nykia Fort, Christal Rolack	#7 Virginia Union	4:09.63	3/29
8		Brijette Basden, Camila Prieto, Shaneil Johnson, Reginae Bastian	#9 Shaw	4:14.70	3/14
9		Emetem Bezezuh, Mylah Faulk, Fisayo Sule, Nasya Fields	#5 Bowie State	4:16.06	4/4

Women's High Jump

1	17	Domanique KNOWLES	SR	#2 Fayetteville Stat	1.68m	5-6	3/22
2	53	Kenedy SHIELDS	FR	#4 Virginia State	1.64m	5-4½	4/5
3		Samiya DELL	FR	#4 Virginia State	{2} 1.56m	5-1¼	3/22
4		Sheree WRIGHT	JR	#2 Fayetteville Stat	{2} 1.55m	5-1	4/5
4		Omeika HOGG	SO	#4 Virginia State	{3} 1.55m	5-1	4/5
6		Zhaire MACK	SO	#3 Claflin	1.50m	4-11	4/5
6		Zoe CHESSON	FR	#1 Winston-Salem	1.50m	4-11	3/29
6		Gabrielle LANIER	FR	#8 Lincoln (Pa.)	1.50m	4-11	4/4
9		Love RILEY	FR	#6 Livingstone	1.46m	4-9½	3/22
10		Amiyah MURRAY	SR	#1 Winston-Salem	{2} 1.45m	4-9	4/5
10		Kaiya WRIGHT	JR	#2 Fayetteville Stat	{3} 1.45m	4-9	3/22
10		Tania STARKIE	JR	#6 Livingstone	{2} 1.45m	4-9	3/29



Conference TFRI Event Summary



CIAA

as of 4/8/2025 7:10:18 AM ET

Women's Long Jump

1	18	Charnessa REID	SR	#1 Winston-Salem 5	5.89m	19-4 (1.0)	4/5
2	32	Holley JOHNSON	JR	#2 Fayetteville Stat	5.74m	18-10 (1.5)	4/5
3	79	Jhnyia KNUCKLES	SO	#3 Claflin	5.55m	18-2½ (-0.4)	4/5
4	82	Anijah MEDLEY	SO	#5 Bowie State	5.54m	18-2¼ (-0.3)	3/29
5	89	Mikalyn CHAMBERS	SO	#2 Fayetteville Stat{2}	5.52m	18-1½ (1.3)	4/5
6	100	Ida Rose MOORE	SR	#8 Lincoln (Pa.)	5.47m	17-11½ (0.0)	4/4
7		Destiny ROSS-BATES	FR	#6 Livingstone	5.42m	17-9½ (0.8)	3/22
7		Jade LANE	SR	#7 Virginia Union	5.42m	17-9½ (-2.1)	4/5
7		Jaelynn WYNDER-HILL	JR	#4 Virginia State	5.42m	17-9½ (-3.6)	4/5
10		Abraonna WILLIAMS	JR	#2 Fayetteville Stat{3}	5.34m	17-6¼ (0.8)	4/5

Women's Triple Jump

1	7	Jhnyia KNUCKLES	SO	#3 Claflin	12.27m	40-3¼ (1.6)	4/5
2	13	Domanique KNOWLES	SR	#2 Fayetteville Stat	11.96m	39-3 (0.5)	3/22
3	40	Nijah LEWIS	FR	#10 Johnson C. Smit	11.53m	37-10 (1.5)	3/29
4	42	Mikalyn CHAMBERS	SO	#2 Fayetteville Stat{2}	11.51m	37-9¼ (1.5)	4/5
5	68	Aria GOODE	SR	#10 Johnson C. Smit{2}	11.29m	37-½ (0.0)	3/29
6	74	JeNia HAIGLER	FR	#3 Claflin	{2} 11.22mw	36-9¼ (3.3)	4/5
7		Nariah FURR	SO	#6 Livingstone	10.95m	35-11¼ (0.6)	3/22
8		Gabrielle LANIER	FR	#8 Lincoln (Pa.)	10.92m	35-10 (0.4)	3/29
9		Trinity BROOKS	FR	#1 Winston-Salem 5	10.88m	35-8½ (0.7)	3/29
10		Anijah MEDLEY	SO	#5 Bowie State	10.82m	35-6 (0.0)	3/29

Women's Shot Put

1	9	Yassine KAMARA	JR	#5 Bowie State	14.87m	48-9½	4/4
2	44	Aaliyah WHYTE	JR	#2 Fayetteville Stat	13.13m	43-1	4/5
3		Janiya HARMON	JR	#4 Virginia State	12.20m	40-½	3/22
4		Maeghan WALLACE	JR	#1 Winston-Salem 5	11.96m	39-3	4/5
5		Jazmyne MCGIRT	JR	#5 Bowie State	{2} 11.94m	39-2¼	4/4
6		McKenna SWINTON	FR	#3 Claflin	11.76m	38-7	3/22
7		Kalia HOPSON	FR	#6 Livingstone	11.46m	37-7¼	3/29
8		Gabrielle HENRY	SR	#9 Shaw	11.35m	37-3	3/29
9		Ashanti WRIGHT	JR	#9 Shaw	{2} 10.94m	35-10¾	3/14
10		Mikayla BALL	FR	#10 Johnson C. Smit	10.92m	35-10	3/29

Women's Discus

1	10	Yassine KAMARA	JR	#5 Bowie State	48.35m	158-8	3/29
2		Janiya HARMON	JR	#4 Virginia State	40.99m	134-6	3/22
3		Ashanti WRIGHT	JR	#9 Shaw	40.53m	133-0	3/29
4		Aaliyah WHYTE	JR	#2 Fayetteville Stat	39.50m	129-7	4/5
5		Na'Shae EARLY	SR	#5 Bowie State	{2} 36.13m	118-7	4/4
6		Olivia GREEN	JR	#11 Bluefield State	36.10m	118-5	3/29
7		Gabrielle HENRY	SR	#9 Shaw	{2} 35.91m	117-10	3/29
8		Paige SIMMONS-NORRIS	FR	#2 Fayetteville Stat{2}	35.53m	116-7	4/5
9		Mikayla BALL	FR	#10 Johnson C. Smit	34.84m	114-4	3/29
10		Zion COSBY	FR	#9 Shaw	{3} 33.00m	108-3	3/29

Women's Hammer

1		Aaliyah WHYTE	JR	#2 Fayetteville Stat	41.96m	137-8	3/22
2		Belvia ANN YANGUE	SO	#5 Bowie State	39.85m	130-9	3/29
3		Na'Shae EARLY	SR	#5 Bowie State	{2} 35.97m	118-0	3/29
4		Dasani ROBINSON	SR	#5 Bowie State	{3} 32.49m	106-7	3/29
5		Emoniee HOLLOWELL	FR	#7 Virginia Union	31.38m	103-0	4/5
6		Sierra BUSH	FR	#7 Virginia Union	{2} 23.43m	76-10½	4/5

Women's Javelin

1	66	Zhaire MACK	SO	#3 Claflin	39.03m	128-1	4/5
2	93	Jade LANE	SR	#7 Virginia Union	37.37m	122-7	4/5
3		Cheyenne WILLIAMS	FR	#3 Claflin	{2} 32.34m	106-1	4/5
4		Nariah FURR	SO	#6 Livingstone	30.05m	98-7¼	3/29
5		Daina MORRISON	JR	#9 Shaw	29.62m	97-2¼	3/29
6		Na'Shae EARLY	SR	#5 Bowie State	29.01m	95-2¼	4/4
7		Jazmyne MCGIRT	JR	#5 Bowie State	{2} 28.78m	94-5¼	3/29
8		Janiya HARMON	JR	#4 Virginia State	28.39m	93-1¾	4/5
9		Love RILEY	FR	#6 Livingstone	{2} 27.93m	91-7¾	3/29
10		Mikel LEWIS	JR	#5 Bowie State	{3} 26.40m	86-7½	3/29



Conference TFRI Event Summary



Conference Carolinas

as of 4/8/2025 7:10:18 AM ET

Women's 100 Meters

1	24	Eseose OKODUWA	SR	#2 Converse	11.70w	(2.6)	4/5
2	48	LaSira NICHOLSON	JR	#1 Mount Olive	11.89w	(2.1)	3/22
3	69	Heaven ROBERTS	SO	#1 Mount Olive {2}	11.97	(1.8)	3/29
4	75	Keiarra TUTT	JR #10	Barton	11.99	(1.1)	3/8
5	81	Aniya HECKSTALL	JR #10	Barton	{2} 12.01	(-0.1)	3/22
6	91	Sanyiah SHIELDS	FR	#1 Mount Olive {3}	12.06	(0.8)	3/29
6	91	Bre'Asia ROBINSON	FR	#4 North Greenville	12.06	(1.0)	3/22
8		Makayla WILSON	JR	#9 Southern Wesley	12.19	(2.0)	3/29
9		Jasmine BANKS	FR	#3 Belmont Abbey	12.21	(0.9)	3/29
10		Madison ROSE	SR	#6 Shorter	12.22w	(2.3)	3/22

Women's 100 Meter Hurdles

1	5	Channie JEFFERSON	JR	#1 Mount Olive	13.66w	(2.1)	3/29
2	28	Isabelle FLORES	SR	#3 Belmont Abbey	14.28	(0.6)	3/29
3	44	Kianna PEMBERTON	SR	#1 Mount Olive {2}	14.44w	(3.5)	4/5
4	63	TraVon LAY	SR	#9 Southern Wesley	14.66w	(2.9)	3/29
5	88	Tylyia TRIGGS	SR	#1 Mount Olive {3}	14.80w	(2.1)	3/29
6		Alexandra THOMAS	SO	#3 Belmont Abbey {2}	14.95	(1.0)	3/29
7		Mckylee MOSBY	SO	#5 UNC Pembroke	15.18	(1.9)	3/29
8		Hannah HILL	SR	#4 North Greenville	15.27	(-1.3)	4/5
9		Nashari EDWARDS	FR	#6 Shorter	15.44w	(3.1)	3/9
10		Talajiah BARTLEY	FR	#2 Converse	15.47	(2.0)	3/29

Women's 200 Meters

1	13	Futura HARRIS	FR	#1 Mount Olive	23.68w	(2.7)	3/22
2	19	Hannah HILL	SR	#4 North Greenville	23.87	(0.8)	4/5
3	36	Aniya HECKSTALL	JR #10	Barton	24.20	(-2.2)	3/14
4	40	Eseose OKODUWA	SR	#2 Converse	24.22w	(2.2)	3/29
5	55	Isabelle FLORES	SR	#3 Belmont Abbey	24.42w	(2.3)	4/4
6	72	Sanyiah SHIELDS	FR	#1 Mount Olive {2}	24.60w	(3.6)	3/29
7	86	Keiarra TUTT	JR #10	Barton	{2} 24.69	(-2.2)	3/14
8		Heaven ROBERTS	SO	#1 Mount Olive {3}	24.82w	(2.7)	3/22
9		Jasmine BANKS	FR	#3 Belmont Abbey {2}	25.06w	(2.3)	4/4
10		Katie-Marie SHERLOCK	SO	#5 UNC Pembroke	25.12w	(3.0)	4/5

Women's 400 Meters

1	57	Katie-Marie SHERLOCK	SO	#5 UNC Pembroke	56.40		3/29
2	76	Channie JEFFERSON	JR	#1 Mount Olive	56.79		3/8
3		Jermiya BETHEL	SO	#2 Converse	57.33		3/29
4		Kilaya LUCIEN	SO	#6 Shorter	58.59		4/5
5		Trinity MULBROW-GREEN	FR	#2 Converse {2}	59.59		3/29
6		Trenee GRIMES	SR	#6 Shorter {2}	59.67		4/5
7		Heaven ROBERTS	SO	#1 Mount Olive {2}	1:00.40		3/29
8		Morgan HALL	SO #13	Emmanuel (Ga.)	1:01.29		3/22
9		Colette DISMUKES	SO	#11 Erskine	1:01.58		3/22
10		Landri MARTINKA	SO	#7 Lees-McRae	1:01.64		4/5

Women's 400 Meter Hurdles

1	20	Isabelle FLORES	SR	#3 Belmont Abbey	1:01.25		3/29
2	99	Keianna MIMS	SO	#1 Mount Olive	1:05.16		3/29
3		Amiliana SIMMONS	FR	#1 Mount Olive {2}	1:05.30		3/29
4		Kianna PEMBERTON	SR	#1 Mount Olive {3}	1:09.30		4/5
5		Antaja WHITEHEAD	SR #11	Erskine	1:10.05		3/29
6		TraVon LAY	SR	#9 Southern Wesley	1:10.10		3/22
7		Brianna DAVIS	SO	#1 Mount Olive {4}	1:11.00		3/22
8		Katlyn ROSE	SR	#4 North Greenville	1:11.01		3/22
9		Sophie SEDESKA	SR	#11 Erskine {2}	1:11.50		3/22
10		Olivia WHITE	SR	#3 Belmont Abbey {2}	1:13.66		3/14

Women's 800 Meters

1	95	Hannah HILL	SR	#4 North Greenville	2:16.06		4/5
2		Ermay VAZQUEZ	SO #12	King	2:20.69		4/4
3		Mia ZUNIGA	SR	#3 Belmont Abbey	2:20.82		3/29
4		Linn LINDEVIK	FR	#1 Mount Olive	2:21.09		3/22
5		Ruth SPIJKER	JR	#2 Converse	2:22.07		3/22
6		Ellie TIMMONS	FR	#4 North Greenville {2}	2:22.59		4/5
7		Sofia SKIDMORE	FR	#5 UNC Pembroke	2:23.01		4/5
8		Zoie JUSTICE	JR	#4 North Greenville {3}	2:23.10		4/5
9		Riley SHOPE	SO	#4 North Greenville {4}	2:24.17		4/5
10		Cecily ANDERTON	SO	#4 North Greenville {5}	2:24.92		4/5

Women's 1500 Meters

1		Cecily ANDERTON	SO	#4 North Greenville	4:45.34		4/5
2		Ruth SPIJKER	JR	#2 Converse	4:47.63		3/14
3		Ellie TIMMONS	FR	#4 North Greenville {2}	4:47.69		4/5
4		Mia ZUNIGA	SR	#3 Belmont Abbey	4:48.24		3/29
5		Megan KNAPP	FR	#7 Lees-McRae	4:51.70c	(4:55.30A)	3/22
6		Lauren BEATTY	JR	#2 Converse {2}	4:52.32		3/14
7		Moureen KIMAIYO	SO	#5 UNC Pembroke	4:54.85		3/29
8		Sofia SKIDMORE	FR	#5 UNC Pembroke {2}	4:55.72		4/5
9		Ashley SOSA	SR	#2 Converse {3}	4:57.53		3/14
10		Morgan WHITLEY	SR #12	King	4:58.35c	(5:02.03A)	3/22

Women's Steeplechase

1	62	Riley SHOPE	SO	#4 North Greenville	11:26.86		4/5
2		Paisley STEPP	SO	#2 Converse	12:34.76		4/5
3		Zoie JUSTICE	JR	#4 North Greenville {2}	12:51.78		3/22
4		Emma BRIGHT	SR	#4 North Greenville {3}	13:13.23		4/5
5		Mackenzie CRANDELL	FR	#2 Converse {2}	13:13.44		4/5
6		Francesca DINAPOLI	SR	#3 Belmont Abbey	13:37.98		3/29
7		Miranda WILKERSON	FR	#3 Belmont Abbey {2}	13:52.18		3/29



Conference TFRI Event Summary



Conference Carolinas

as of 4/8/2025 7:10:18 AM ET

Women's 5000 Meters

1	Cecily ANDERTON	SO	#4 North Greenville	18:01.42	3/22
2	Moureen KIMAIYO	SO	#5 UNC Pembroke	18:05.84	4/5
3	Riley SHOPE	SO	#4 North Greenville{2}	18:24.39	3/22
4	Ellie TIMMONS	FR	#4 North Greenville{3}	18:24.53	3/22
5	Sharon NGETICH	SO	#5 UNC Pembroke {2}	18:24.64	4/5
6	Merritt SMITH	JR	#9 Southern Wesley	18:31.51	3/8
7	Lucia CENTENO	SO	#6 Shorter	18:41.28	3/22
8	Paris ALSUP	JR	#4 North Greenville{4}	18:41.81	4/5
9	Elizabeth YOUNG	FR	#3 Belmont Abbey	18:41.85 ^{d(18:57.71A)}	3/22
10	Malea BENNEWITZ	SO	#5 UNC Pembroke {3}	18:45.86	4/5

Women's 10,000 Meters

1	49 Ashley SOSA	SR	#2 Converse	37:21.33	3/22
2	55 Lauren BEATTY	JR	#2 Converse {2}	37:25.73	3/22
3	72 Campbell DILLE	JR	#7 Lees-McRae	38:13.07	3/22
4	98 Moureen KIMAIYO	SO	#5 UNC Pembroke	39:15.97	3/8
5	Michela GRITTI	SO	#5 UNC Pembroke {2}	41:24.19	3/8
6	Riley SHOPE	SO	#4 North Greenville	41:26.66	3/8
6	Cecily ANDERTON	SO	#4 North Greenville	41:26.66	3/8
8	Rebekah HADDAD	JR	#4 North Greenville{3}	41:26.67	3/8
9	Ellie TIMMONS	FR	#4 North Greenville{4}	41:26.70	3/8
10	Paris ALSUP	JR	#4 North Greenville{5}	41:26.89	3/8

Women's 4x100 Relay

1	21 LaSira Nicholson, Futoria Harris, Heavan Roberts, Haniyyah Johnson	#1 Mount Olive	46.21	3/22
2	32 Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee	#6 Shorter	46.71	4/5
3	37 Kamille Cunningham, Triniti Muldrow-Green, Jermiya Bethel, Eseose Okoduwa	#2 Converse	46.84	3/29
4	68 Alexandra Thomas, Ella Feehan, Isabelle Flores, Jasmine Banks	#3 Belmont Abbey	47.93	4/4
5	77 #Type!	#10 Barton	48.15	3/8
6	81 Destiny James, Hannah Hill, Shachiah Paul, Bre'Asia Robinson	#4 North Greenville	48.20	3/22
7	97 Kyla Johnson, Makayla Wilson, Cianna Laginestra, TraVon Lay	#9 Southern Wesley	48.72	3/29
8	Sandryne Camire, Keagan Osika, Symone Taylor, Landri Martinka	#7 Lees-McRae	49.37	4/5
9	Valasha Carter, Morgan Hall, Rayven Thurston, Alexis Wilcher	#13 Emmanuel (Ga.)	49.59	3/29
10	Meri Johnson, Meya McKinney, Shenique Muldrow, Aukeyonna Sims	#8 Francis Marion	52.51	3/22



Conference TFRI Event Summary



Conference Carolinas

as of 4/8/2025 7:10:18 AM ET

Women's 4x400 Relay

1	95 #Type!	#6 Shorter	4:06.95	3/9
2	Katie-Marie Sherlock, Ashlyn Turner, Mckylee Mosby, Tanyiah Glaspie	#5 UNC Pembroke	4:07.99	3/22
3	Sandryne Camire, Ellie Cobb, Keagan Osika, Landri Martinka	#7 Lees-McRae	4:20.98	3/28
4	Mckenna Phillips, Shamyia Hudson, Colette Dismukes, Antaja Whitehead	#11 Erskine	4:23.69	3/8
5	Ermay Vazquez, Lily Bjerkness, Amanda Lowery, Faith Carter	#12 King	4:27.77	4/4
6	Caitlin Kegglian, Illiana Matos, Alexis Moore, Tori Thompson	#3 Belmont Abbey	4:29.63	4/4
7	Cecily Anderton, Riley Shope, Kaylee Copeland, Michaela Lanier	#4 North Greenville	4:31.98	3/8
8	Emma Steen, Katelynn Roberts, MacKinley Perry, Taylor Shiver	#8 Francis Marion	4:33.23	4/4
9	Harper Hubbard, Brynley Walraven, Piper Marsingill, Ashley Mendoza	#14 Young Harris	4:33.39	3/29
10	Bailee Stanley, Rayven Thurston, Gracie Woods, Morgan Hall	#13 Emmanuel (Ga.)	4:50.58	3/9

Women's High Jump

1	80 Shamyia HUDSON	FR #11 Erskine	1.60m	5-3	3/22
1	80 Janara BRYANT	FR #1 Mount Olive	1.60m	5-3	3/29
1	80 Aukeyonna SIMS	FR #8 Francis Marion	1.60m	5-3	3/8
4	Kamille CUNNINGHAM	SO #2 Converse	1.56m	5-1¼	3/22
5	Caydence LINDSEY	SO #3 Belmont Abbey	1.55m	5-1	4/4
5	Fina MOCHI	SO #3 Belmont Abbey	1.55m	5-1	3/14
5	Keagan OSIKA	JR #7 Lees-McRae	1.55m	5-1	3/28
8	Hannah HILL	SR #4 North Greenville	1.54m	5-½	3/8
9	Janyia PINCKNEY	SR #2 Converse {2}	1.51m	4-11½	3/22
10	Lanessa BRYSON	SO #5 UNC Pembroke	1.50m	4-11	3/29
10	Ann THIERFELDER	JR #3 Belmont Abbey {3}	1.50m	4-11	3/29
10	Haley KELLS	SR #3 Belmont Abbey {3}	1.50m	4-11	3/29
10	Angely SOTO	FR #3 Belmont Abbey {3}	1.50m	4-11	4/4
10	Iyana COATS	FR #10 Barton	1.50m	4-11	3/8
10	Katelynn ROBERTS	FR #8 Francis Marion {2}	1.50m	4-11	3/8
10	D'asia THOMAS	JR #2 Converse {3}	1.50m	4-11	3/22

Women's Pole Vault

1	35 Rileigh LACY	JR #8 Francis Marion	3.70m	12-1½	4/4
2	Carina FIORUCCI	SO #5 UNC Pembroke	3.30m	10-9¾	4/5
3	Ava LABRANT	SR #9 Southern Wesley	3.10m	10-2	4/5
4	Allison IRICK	FR #2 Converse	3.08m	10-1¼	3/14
5	Fina MOCHI	SO #3 Belmont Abbey	2.93m	9-7¼	3/14
6	Jocelyn WALKER	JR #7 Lees-McRae	2.90m	9-6¼	3/28
6	Tori THOMPSON	JR #3 Belmont Abbey {2}	2.90m	9-6¼	4/4
8	Jenna ROLEN	SR #6 Shorter	2.85m	9-4¼	3/22
9	Tracey YELEGOIYEE	FR #6 Shorter {2}	2.68m	8-9½	3/9
10	Elizabeth BUTLER	FR #12 King	2.60m	8-6¼	4/4

Women's Long Jump

1	37 Haniyyah JOHNSON	JR #1 Mount Olive	5.69m	18-8 (1.0)	3/29
2	49 Aukeyonna SIMS	FR #8 Francis Marion	5.64m	18-6 (1.7)	4/4
3	51 Channie JEFFERSON	JR #1 Mount Olive {2}	5.63mw	18-5¾ (2.2)	3/29
4	57 Hannah HILL	SR #4 North Greenville	5.61m	18-5 (0.6)	4/5
5	62 Janara BRYANT	FR #1 Mount Olive {3}	5.60mw	18-4½ (2.7)	3/29
5	62 Aniya HECKSTALL	JR #10 Barton	5.60m	18-4½ (-0.4)	3/22
7	Madison ROSE	SR #6 Shorter	5.40m	17-8¾ (0.5)	3/22
8	Jamesha HOWELL	SR #1 Mount Olive {4}	5.38m	17-8 (0.0)	3/8
9	Valasha CARTER	SO #13 Emmanuel (Ga.)	5.35m	17-6¾ (0.5)	3/22
10	Essence SLATE	SO #1 Mount Olive {5}	5.31m	17-5¼ (0.4)	3/29

Women's Triple Jump

1	2 Janara BRYANT	FR #1 Mount Olive	12.77mw	41-10¾ (2.8)	4/5
2	15 Karla HORMAZABAL	SR #1 Mount Olive {2}	11.95m	39-2½ (1.4)	4/5
3	60 Keza GREEN	JR #1 Mount Olive {3}	11.36m	37-3¼ (1.6)	3/29
4	63 Mackenzie WHITESIDE	SR #2 Converse	11.33m	37-2¼ (0.7)	3/22
5	65 Lora DILLON	JR #7 Lees-McRae	11.30mw	A7-1 (3.0)	3/22
6	Nashari EDWARDS	FR #6 Shorter	10.89m	35-8¾ (0.0)	3/22
7	Janyia PINCKNEY	SR #2 Converse {2}	10.73m	35-2½ (-0.6)	3/14
7	Valasha CARTER	SO #13 Emmanuel (Ga.)	10.73m	35-2½ (-0.2)	3/22
9	Shenique MULDROW	FR #8 Francis Marion	10.44m	34-3 (0.3)	4/4
10	Gloriest LUBAMBA	SO #5 UNC Pembroke	9.85mw	32-3¾ (2.3)	4/5

Women's Shot Put

1	94 Jasmine COLWELL	FR #1 Mount Olive	12.62m	41-5	3/8
2	Alla HUTCHINS	FR #2 Converse	12.23m	40-1½	3/14
3	Ashley LINDSEY	JR #1 Mount Olive {2}	12.02m	39-5¼	3/22
4	Comfort AGWU	SO #5 UNC Pembroke	11.34m	37-2½	3/8
5	Kaitlin KENAN	SR #1 Mount Olive {3}	11.24m	36-10½	3/29
6	Jazmine MCDONALD-CRAFT	FR #8 Francis Marion	11.22m	36-9¾	3/8
6	Morgan GRAY	SO #7 Lees-McRae	11.22m	36-9¾	3/28
8	Yanelli DAWKINS	JR #5 UNC Pembroke {2}	11.12m	36-5¾	3/29
9	Anna EVATT	FR #2 Converse {2}	11.06m	36-3½	3/29
10	Elizabeth WOODRUFF	JR #3 Belmont Abbey	11.05m	36-3	4/4



Conference TFRI Event Summary



Conference Carolinas

as of 4/8/2025 7:10:18 AM ET

Women's Discus

1	89	Jazmine MCDONALD-CRAFT	FR	#8 Francis Marion	41.56m	136-4	4/4
2		Comfort AGWU	SO	#5 UNC Pembroke	40.52m	132-11	4/5
3		Anna EVATT	FR	#2 Converse	39.75m	130-5	3/22
4		Elizabeth WOODRUFF	JR	#3 Belmont Abbey	38.01m	124-9	4/4
5		Kenisha BARNES	JR	#1 Mount Olive	37.92m	124-5	3/29
6		Yanelli DAWKINS	JR	#5 UNC Pembroke {2}	36.88m	121-0	3/29
7		Jasmine COLWELL	FR	#1 Mount Olive {2}	36.71m	120-5	3/22
8		Isabelle GRENA	FR	#1 Mount Olive {3}	36.14m	118-7	3/8
9		Bella MARTIN	JR	#2 Converse {2}	35.69m	117-1	3/14
10		Layla-grey BENNETT	SO	#9 Southern Wesley	35.05m	115-0	3/22

Women's Hammer

1	15	Elin RYDQVIST	SO	#1 Mount Olive	55.07m	180-8	3/22
2	59	Kenisha BARNES	JR	#1 Mount Olive {2}	49.92m	163-10	3/8
3	67	Bella MARTIN	JR	#2 Converse	49.10m	161-1	3/14
4	79	Rolanda DESIR-MOREAU	SR	#1 Mount Olive {3}	48.65m	159-8	3/22
5	80	Isabelle GRENA	FR	#1 Mount Olive {4}	48.59m	159-5	4/5
6		Comfort AGWU	SO	#5 UNC Pembroke	45.77m	150-2	3/8
7		Peyton BUCHER	FR	#1 Mount Olive {5}	44.21m	145-1	3/8
8		Morgan GRAY	SO	#7 Lees-McRae	42.03m	137-11	3/28
9		Lauryn PITT	SR	#10 Barton	41.33m	135-7	3/14
10		Cynthia THOMAS	JR	#1 Mount Olive {6}	41.22m	135-3	3/8

Women's Javelin

1	57	Hannah HILL	SR	#4 North Greenville	39.68m	130-2	3/22
2	91	Lauren BAKER	FR	#4 North Greenville {2}	37.39m	122-8	3/22
3		Miranda ANDERSON	SO	#3 Belmont Abbey	34.71m	113-11	4/4
4		Alla HUTCHINS	FR	#2 Converse	34.43m	113-0	3/14
5		Layla-grey BENNETT	SO	#9 Southern Wesley	33.25m	109-1	3/8
6		Alexandria LUTHER	SO	#9 Southern Wesley {2}	32.70m	107-4	3/29
7		MacKenna GALLON	SO	#1 Mount Olive	31.87m	104-7	3/22
8		Haley KELLS	SR	#3 Belmont Abbey {2}	31.59m	103-8	4/4
9		Keagan OSIKA	JR	#7 Lees-McRae	31.11m	102-1	4/5
10		Makayla VANDUSEN	SO	#5 UNC Pembroke	28.64m	93-11¾	3/8
10		Alexandra OXAAL	JR	#3 Belmont Abbey {3}	28.64m	93-11¾	4/4

Women's Heptathlon

1	6	Hannah HILL	SR	#4 North Greenville	5,152	4/5
2	42	Kamille CUNNINGHAM	SO	#2 Converse	3,900	3/22
3	57	Tylyia TRIGGS	SR	#1 Mount Olive	3,702	3/22
4	59	Keagan OSIKA	JR	#7 Lees-McRae	3,639	3/22
5	60	Haley KELLS	SR	#3 Belmont Abbey	3,638	3/22
6	71	Olivia WHITE	SR	#3 Belmont Abbey {2}	3,441	3/22
7	93	D'asia THOMAS	JR	#2 Converse {2}	3,087	3/22



Conference TFRI Event Summary



ECC

as of 4/8/2025 7:10:18 AM ET

Women's 100 Meters

1	Sophia HINES	FR	#5 Molloy	12.22	(2.0)	3/29
2	Precious DILLON	JR	#6 Staten Island	12.68w	(2.9)	4/4
3	Inioluwa OGUNFOWORA	SR	#6 Staten Island {2}	12.74	(2.0)	3/29
4	Aalianne GILBERT	SO	#3 St. Thomas Aqu	12.83w	(2.7)	3/29
5	Aaliyah MCCOY	FR	#2 Roberts Wesleya	12.92w	(2.2)	4/5
6	Alexandria MARTOSCIA	FR	#5 Molloy {2}	12.94	(2.0)	3/29
7	Julianne ROAN	FR	#5 Molloy {3}	13.00	(0.3)	3/29
7	Yulessa JOHNSON	FR	#3 St. Thomas Aqu {2}	13.00	(-0.5)	4/4
9	Alanna DANIEL	FR	#2 Roberts Wesleya {2}	13.14w	(2.2)	4/5
10	Rebecca SCHULTZ	JR	#4 Daemen	13.20	(0.9)	3/29

Women's 100 Meter Hurdles

1	59 Kyndra HINES	FR	#1 UDC	14.64w	(3.5)	4/5
2	Kayleigh SHELTON	JR	#1 UDC {2}	14.90w	(3.5)	4/5
3	Jadyn MULLEN	FR	#2 Roberts Wesleya	15.56	(-4.2)	3/19
4	Adonijah WASHINGTON	FR	#6 Staten Island	15.95w	(2.2)	4/4
5	Rebecca SCHULTZ	JR	#4 Daemen	16.16w	(4.0)	4/5
6	Nicole GYSIN	SR	#3 St. Thomas Aqu	16.53	(0.7)	3/29
7	Skylar SAVAGE	SO	#7 D'Youville	16.58	(0.0)	3/29
8	Julianne ROAN	FR	#5 Molloy	16.77	(-0.3)	3/29
9	Tayden PERSONS	FR	#7 D'Youville {2}	17.83	(1.1)	4/5
10	Abbie HERMAN	SO	#4 Daemen {2}	19.00	(0.0)	3/29

Women's 200 Meters

1	Sophia HINES	FR	#5 Molloy	26.19	(-1.1)	4/5
2	Janel BAXTER	JR	#1 UDC	26.28	(1.8)	4/5
3	Precious DILLON	JR	#6 Staten Island	26.33w	(2.3)	4/4
4	Yulessa JOHNSON	FR	#3 St. Thomas Aqu	26.50	(-0.4)	4/4
5	Kyndra HINES	FR	#1 UDC {2}	26.56	(-2.0)	3/29
6	Inioluwa OGUNFOWORA	SR	#6 Staten Island {2}	27.07	(2.0)	4/4
7	Alexandria MARTOSCIA	FR	#5 Molloy {2}	27.10	(1.8)	3/29
7	Adonijah WASHINGTON	FR	#6 Staten Island {3}	27.10	(-0.2)	3/23
9	Aalianne GILBERT	SO	#3 St. Thomas Aqu {2}	27.54	(0.8)	3/29
10	Aaliyah MCCOY	FR	#2 Roberts Wesleya	27.69	(-2.0)	3/19

Women's 400 Meters

1	Ayesha JARRETT	SR	#1 UDC	1:00.48		4/5
2	Yalix LINA	FR	#1 UDC {2}	1:01.18		4/5
3	Tukey FRANCIS	JR	#1 UDC {3}	1:02.01		4/5
4	Yulessa JOHNSON	FR	#3 St. Thomas Aqu	1:02.54		3/15
5	Madison MACNEILL	SO	#7 D'Youville	1:03.12		3/29
6	Alexandrea JACKSON	FR	#6 Staten Island	1:03.50		3/29
7	Isabella FARINO-ESPOSITO	SR	#3 St. Thomas Aqu {2}	1:03.61		3/15
8	Veronica VALENTIK	SO	#3 St. Thomas Aqu {3}	1:04.55		3/29
9	Sevilla GROEBE	JR	#7 D'Youville {2}	1:04.81		4/5
10	Julianne ROAN	FR	#5 Molloy	1:04.96		3/23

Women's 400 Meter Hurdles

1	40 Jadyn MULLEN	FR	#2 Roberts Wesleya	1:02.83		4/5
2	Samantha MORRISON	JR	#1 UDC	1:07.64		4/5
3	Sevilla GROEBE	JR	#7 D'Youville	1:07.69		4/5
4	Yalix LINA	FR	#1 UDC {2}	1:09.15		4/5
5	Adonijah WASHINGTON	FR	#6 Staten Island	1:10.46		3/29
6	Lia BRASSACHIO	FR	#4 Daemen	1:10.49		4/5
7	Tayden PERSONS	FR	#7 D'Youville {2}	1:10.92		4/5
8	Isabella FARINO-ESPOSITO	SR	#3 St. Thomas Aqu	1:11.66		4/4
9	Alexandrea JACKSON	FR	#6 Staten Island {2}	1:15.54		3/29

Women's 800 Meters

1	53 Kylee ODELL	SR	#2 Roberts Wesleya	2:14.10		4/5
2	Samantha MORRISON	JR	#1 UDC	2:20.28		3/29
3	Jadyn MULLEN	FR	#2 Roberts Wesleya {2}	2:20.96		3/19
4	Zoe MERRYMAN	SO	#3 St. Thomas Aqu	2:22.73		3/15
5	Megan SOHL	SR	#5 Molloy	2:24.04		3/29
6	Rachel HORNER-RICHARDSON	JR	#2 Roberts Wesleya {3}	2:25.49		4/5
7	Acacia BARBER	SR	#2 Roberts Wesleya {4}	2:25.78		3/19
8	Carly KOPROWSKI	SO	#8 Queens (N.Y.)	2:26.41		3/29
9	Elizabeth NICOTRA	SO	#6 Staten Island	2:28.94		4/4
10	Alexandrea JACKSON	FR	#6 Staten Island {2}	2:28.96		4/4

Women's 1500 Meters

1	Rachel HORNER-RICHARDSON	JR	#2 Roberts Wesleya	4:48.44		4/5
2	Sabrina SPEZIA	JR	#5 Molloy	4:50.55		4/5
3	Zoe MERRYMAN	SO	#3 St. Thomas Aqu	4:52.74		3/29
4	Carly KOPROWSKI	SO	#8 Queens (N.Y.)	4:54.00		3/29
5	Paige REESER	FR	#2 Roberts Wesleya {2}	4:58.37		4/5
6	Lydia SMITH	SR	#7 D'Youville	5:01.02		3/29
7	Megan SOHL	SR	#5 Molloy {2}	5:02.92		4/5
8	Ciara DURCAN	SR	#3 St. Thomas Aqu {2}	5:04.12		3/29
9	Camryn BAILEY	SR	#4 Daemen	5:05.51		3/29
10	Evelyn SCHMIT	FR	#2 Roberts Wesleya {3}	5:06.68		4/5

Women's Steeplechase

1	Carli SCHEIFFELE	FR	#5 Molloy	11:49.30		3/29
2	Kathleen HEALY	JR	#5 Molloy {2}	12:25.59		3/29
3	Samantha FRISBEE	SR	#3 St. Thomas Aqu	13:09.65		4/4

Women's 5000 Meters

1	Kathleen HEALY	JR	#5 Molloy	18:18.77		4/5
2	Sabrina SPEZIA	JR	#5 Molloy {2}	18:29.35		3/29
3	Zoe MERRYMAN	SO	#3 St. Thomas Aqu	18:54.64		3/15
4	Patsy OBERHOLZER	JR	#4 Daemen	19:06.87		4/5
5	Ciara DURCAN	SR	#3 St. Thomas Aqu {2}	19:52.86		4/4
6	Kylie PIEKARSKI	FR	#4 Daemen {2}	20:21.63		4/5
7	Elizabeth NICOTRA	SO	#6 Staten Island	22:13.08		3/23



Conference TFRI Event Summary



ECC

as of 4/8/2025 7:10:18 AM ET

Women's 10,000 Meters

1	Ciara DURCAN	SR	#3 St. Thomas Aqu	41:26.26	3/15
2	Emma CAIN	SR	#4 Daemen	42:53.85	4/5

Women's 4x100 Relay

1	Mariela Hernandez, Kayleigh Shelton, Janel Baxter, Kyndra Hines	#1 UDC	50.10	3/22
2	Julianna Roan, Sophia Hines, Alexandria Martoscia, Kamryn Drakes	#5 Molloy	50.75	3/23
3	Diamond Brown, Ciara Doyle, Aalianne Gilbert, Yulessa Johnson	#3 St. Thomas Aqu	51.23	4/4
4	Alexis Doyle, Precious Dillon, Alexandra Tavaréz, Inioluwa Ogunfowora	#6 Staten Island	51.62	3/29
5	Rebecca Schultz, D'Naesha Quicksey, Alyssa Amirato, Margaret Middaugh	#4 Daemen	54.58	4/5

Women's 4x400 Relay

1	68 Ayesha Jarrett, Iyanna Jackson, Kayla Cooper, Samantha Morrison	#1 UDC	4:00.45	4/5
2	Yulessa Johnson, Aalianne Gilbert, Isabella Farino- Esposito, Veronica Valentik	#3 St. Thomas Aqu	4:18.86	4/4
3	#Type!	#5 Molloy	4:20.94	4/5
4	Aaliyah McCoy, Paige Reeser, Acacia Barber, Kylee Odell	#2 Roberts Wesleya	4:22.20	4/5
5	Alexandrea Jackson, Alexandra Tavaréz, Elizabeth Nicotra, Angelina Guerriero	#6 Staten Island	4:27.73	4/4
6	Barbara Kunz, Madison Macneill, Sienna Uebelhoer, Felicity Cooper	#7 D'Youville	4:37.51	3/29

Women's High Jump

1	70 Zoe SHAW	JR	#1 UDC	1.61m	5-3¼	4/5
2	Madison MACNEILL	SO	#7 D'Youville	1.56m	5-1¼	3/29
3	MaryGrace COLL	SO	#5 Molloy	1.55m	5-1	3/29
4	Nicole GYSIN	SR	#3 St. Thomas Aqu	1.52m	4-11¾	4/4
5	Lydia SMITH	SR	#7 D'Youville	{2} 1.50m	4-11	4/5
6	Alana RIDER	SO	#3 St. Thomas Aqu	{2} 1.43m	4-8¾	3/29
7	Kelly LUCAS	JR	#7 D'Youville	{3} 1.40m	4-7	4/5
7	Kensley BENJAMIN	SR	#1 UDC	{2} 1.40m	4-7	4/5
9	D'Naesha QUICKSEY	SO	#4 Daemen	1.38m	4-6¼	4/5
9	Angelina NATALE	JR	#4 Daemen	1.38m	4-6¼	4/5

Women's Pole Vault

1	1 Brynn KING	SR	#2 Roberts Wesleya	4.75m	15-7	3/29
2	5 Sarah FERGUSON	SO	#2 Roberts Wesleya	{2} 4.12m	13-6¼	3/19
3	19 Alexandra ROBERTSON	FR	#2 Roberts Wesleya	{3} 3.82m	12-6¼	3/19
3	19 Karis KRAF	FR	#2 Roberts Wesleya	{3} 3.82m	12-6¼	3/19
5	62 Sarah OUELETTE	FR	#2 Roberts Wesleya	{5} 3.52m	11-6½	3/19
6	99 Cora SEABURG	SO	#2 Roberts Wesleya	{6} 3.37m	11-¾	3/19
7	Molly WINGER	FR	#2 Roberts Wesleya	{7} 3.22m	10-6¾	3/19
8	Felicity COOPER	FR	#7 D'Youville	2.09m	6-10¼	3/29

Women's Long Jump

1	85 Kensley BENJAMIN	SR	#1 UDC	5.53m	18-1¾ (-0.8)	4/5
2	Zoe SHAW	JR	#1 UDC	{2} 5.18m	17-0 (-2.4)	3/22
3	Skylar SAVAGE	SO	#7 D'Youville	4.93m	16-2¼ (0.0)	3/29
4	Sophia HINES	FR	#5 Molloy	4.88m	16-¼ (0.2)	4/5
5	MaryGrace COLL	SO	#5 Molloy	{2} 4.85m	15-11 (1.7)	4/5
6	Alana RIDER	SO	#3 St. Thomas Aqu	4.84m	15-10½ (-3)	3/29
7	Nicole GYSIN	SR	#3 St. Thomas Aqu	{2} 4.74m	15-6¾ (1.1)	4/4
8	Rebecca SCHULTZ	JR	#4 Daemen	4.72m	15-6 (0.4)	3/29
9	Alyssa AMIRATO	SR	#4 Daemen	{2} 4.68m	15-4¼ (0.0)	3/29
10	D'Naesha QUICKSEY	SO	#4 Daemen	{3} 4.32m	14-2¼ (1.0)	3/19

Women's Triple Jump

1	38 Zoe SHAW	JR	#1 UDC	11.55m	37-10¾ (-2)	4/5
2	44 Adonijah WASHINGTON	FR	#6 Staten Island	11.49m	37-8½ (0.0)	3/29
3	59 Sophia HINES	FR	#5 Molloy	11.38m	37-4 (1.5)	3/29
4	Nicole GYSIN	SR	#3 St. Thomas Aqu	10.57m	34-8¾ (-2.4)	3/29
5	MaryGrace COLL	SO	#5 Molloy	{2} 10.43m	34-2¾ (1.1)	4/5
6	Skylar SAVAGE	SO	#7 D'Youville	10.40m	34-1½ (-2.2)	3/29
7	Kensley BENJAMIN	SR	#1 UDC	{2} 10.36m	34-0 (-0.5)	4/5
8	Alana RIDER	SO	#3 St. Thomas Aqu	{2} 10.12m	33-2½ (-1.0)	3/29
9	Alyssa AMIRATO	SR	#4 Daemen	9.96m	32-8¼ (-2.3)	4/5
10	Alexis DOYLE	FR	#6 Staten Island	{2} 9.93mw	32-7 (3.2)	3/29



Conference TFRI Event Summary



ECC

as of 4/8/2025 7:10:19 AM ET

Women's Shot Put

1	Kristen OLIVER	SO	#4 Daemen	10.92m	35-10	3/19
2	Skylar POINTER	SR	#6 Staten Island	10.85m	35-7¼	3/29
3	Emmanuela KOUAMI- KATOU	JR	#1 UDC	10.34m	33-11¼	3/29
4	Julia PETRY	SO	#4 Daemen	{2} 10.16m	33-4	3/19
5	Moriah MILLS	SR	#2 Roberts Wesleya	9.92m	32-6½	4/5
6	Hayley MATTHEWS	SR	#8 Queens (N.Y.)	9.75m	32-0	3/29
7	Alexis KRAUSE	SR	#3 St. Thomas Aqui	9.74m	31-11½	4/4
8	Kaylea WAGNER	FR	#2 Roberts Wesleya	{2} 9.69m	31-9½	3/19
9	Samantha KABEL	JR	#4 Daemen	{3} 9.65m	31-8	4/5
10	Dayna JIMENEZ	FR	#3 St. Thomas Aqui	{2} 9.14m	30-0	3/29

Women's Discus

1	Emmanuela KOUAMI- KATOU	JR	#1 UDC	36.89m	121-1	3/22
2	Ava THOMPSON	SR	#6 Staten Island	34.04m	111-8	3/29
3	Samantha KABEL	JR	#4 Daemen	32.37m	106-3	3/19
4	Moriah MILLS	SR	#2 Roberts Wesleya	31.43m	103-2	4/5
5	Alexis KRAUSE	SR	#3 St. Thomas Aqui	30.25m	99-3	3/15
6	Alana RIDER	SO	#3 St. Thomas Aqui	{2} 29.40m	96-5½	3/15
7	Dayna JIMENEZ	FR	#3 St. Thomas Aqui	{3} 28.90m	94-9¾	3/15
8	Kaylea WAGNER	FR	#2 Roberts Wesleya	{2} 28.42m	93-3	3/19
9	D'Naesha QUICKSEY	SO	#4 Daemen	{2} 26.40m	86-7½	3/29
10	Ryana GOLDSON	JR	#1 UDC	{2} 25.62m	84-¾	3/22

Women's Hammer

1	65 Emmanuela KOUAMI- KATOU	JR	#1 UDC	49.31m	161-10	4/5
2	Kristen OLIVER	SO	#4 Daemen	45.56m	149-6	4/5
3	Ava THOMPSON	SR	#6 Staten Island	41.96m	137-8	4/4
4	Alexis KRAUSE	SR	#3 St. Thomas Aqui	38.43m	126-1	4/4
5	Julia PETRY	SO	#4 Daemen	{2} 37.51m	123-1	4/5
6	Kaylea WAGNER	FR	#2 Roberts Wesleya	37.37m	122-7	4/5
7	Samantha KABEL	JR	#4 Daemen	{3} 36.92m	121-2	4/5
8	Grace COVEY	SO	#4 Daemen	{4} 35.20m	115-6	4/5
9	Skylar POINTER	SR	#6 Staten Island	{2} 34.22m	112-3	3/29
10	Dayna JIMENEZ	FR	#3 St. Thomas Aqui	{2} 28.23m	92-7½	4/4

Women's Javelin

1	Kristen KENNEDY	SO	#3 St. Thomas Aqui	29.91m	98-1¾	3/15
2	Angelina GUERRIERO	JR	#6 Staten Island	29.88m	98-½	3/29
3	Kelly LUCAS	JR	#7 D'Youville	29.53m	96-10¾	4/5
4	Ryana GOLDSON	JR	#1 UDC	28.84m	94-7½	4/5
5	Isabella FARINO-ESPOSITO	SR	#3 St. Thomas Aqui	{2} 28.24m	92-8	3/15
6	Lydia SMITH	SR	#7 D'Youville	{2} 26.79m	87-10¾	3/29
7	Barbara KUNZ	SO	#7 D'Youville	{3} 26.09m	85-7¼	3/29
8	Veronica VALENTIK	SO	#3 St. Thomas Aqui	{3} 25.94m	85-1¼	3/15
9	Cristina RUBIO	SO	#2 Roberts Wesleya	24.21m	79-5¼	3/19
10	Brianne REPOLIO	SO	#4 Daemen	23.12m	75-10¼	4/5



Conference TFRI Event Summary



GAC

as of 4/8/2025 7:10:19 AM ET

Women's 100 Meters

1	89	Jordan COLLINS	JR	#5 Southern Arkans	12.05w	(3.5)	4/5
2	96	Jerlana WILLIAMS	FR	#2 Harding	12.07w	(2.1)	3/1
3		Leila NGAPOUT	SO	#2 Harding {2}	12.14	(1.2)	4/5
4		Anna WOOLSEY	SO	#1 Ouachita Baptist	12.21	(1.4)	3/29
5		Marleigh SELLARS	FR	#7 Arkansas Tech	12.36	(1.2)	4/5
6		Angie ROJAS	FR	#1 Ouachita Baptist {2}	12.39w	(2.7)	3/20
7		Kewes GOMES	FR	#2 Harding {3}	12.41w	(2.7)	3/20
8		Harmonie HUGHES	FR	#6 Northwestern Ol	12.43	(0.6)	3/22
8		Deuna MILLER	SR	#8 Southwestern O	12.43w	(2.1)	3/1
10		Brianna BRANTLEY	SR	#6 Northwestern O {2}	12.51w	(4.0)	3/29

Women's 100 Meter Hurdles

1	25	Valerie OLSON	SR	#3 Oklahoma Bapti	14.21	(-0.4)	3/29
2	31	Belle LINDSEY	SO	#1 Ouachita Baptist	14.31w	(2.6)	4/5
3		Addrienna GRAY	SO	#1 Ouachita Baptist {2}	14.91	(1.6)	4/5
4		Kewes GOMES	FR	#2 Harding	15.13	(1.4)	3/22
5		Bella DRIVER	FR	#3 Oklahoma Bapti {2}	15.17	(-0.9)	4/4
6		Addison SKELTON	SO	#1 Ouachita Baptist {3}	15.34w	(2.2)	3/20
7		Kiera BARTLETT	FR	#2 Harding {2}	15.50w	(2.2)	3/20
8		Keyana BREWER	FR	#4 Southeastern Ol	15.56	(0.5)	3/22
9		Laynie WHITE	SR	#1 Ouachita Baptist {4}	15.61	(1.6)	3/20
10		Bella MAXON	FR	#1 Ouachita Baptist {5}	15.67w	(2.2)	3/20

Women's 200 Meters

1	33	Valerie OLSON	SR	#3 Oklahoma Bapti	24.19	(1.4)	3/29
2	92	Tetiana KHARASHCHUK	FR	#2 Harding	24.73	(1.0)	3/8
2	92	Madison ROWE	JR	#4 Southeastern Ol	24.73w	(3.5)	3/22
4		Anna WOOLSEY	SO	#1 Ouachita Baptist	25.02	(1.0)	3/8
5		Jerlana WILLIAMS	FR	#2 Harding {2}	25.19	(2.0)	4/5
6		Leila NGAPOUT	SO	#2 Harding {3}	25.24	(1.0)	3/8
7		Andria WILLIAMS	FR	#4 Southeastern Ol {2}	25.52w	(3.3)	3/22
8		Marleigh SELLARS	FR	#7 Arkansas Tech	25.53	(2.0)	4/5
9		Camaella ACHUO	FR	#4 Southeastern Ol {3}	25.70w	(3.3)	3/22
10		Jaiden LEIGHTON	JR	#4 Southeastern Ol {4}	25.76w	(3.5)	3/22

Women's 400 Meters

1	4	Tetiana KHARASHCHUK	FR	#2 Harding	54.20		3/22
2	15	Omolara OGUNMAKINJU	SO	#2 Harding {2}	54.89		4/5
3	62	Lisa RETAILLEAU	JR	#2 Harding {3}	56.43		3/22
4	84	Anna WOOLSEY	SO	#1 Ouachita Baptist	56.97		3/20
5		Madison ROWE	JR	#4 Southeastern Ol	57.41		3/29
6		Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	57.67		3/29
7		Jayden BOWMAN	FR	#2 Harding {4}	57.72		3/8
8		Jordan COLLINS	JR	#5 Southern Arkans	57.92		3/1
9		Joey BABEL	SO	#1 Ouachita Baptist {2}	57.97		3/20
10		Delaney RIEKERT	JR	#3 Oklahoma Bapti {2}	58.38		4/4

Women's 400 Meter Hurdles

1	27	Valerie OLSON	SR	#3 Oklahoma Bapti	1:01.79		4/4
2	43	Lisa RETAILLEAU	JR	#2 Harding	1:02.91		3/29
3	49	Belle LINDSEY	SO	#1 Ouachita Baptist	1:03.10		4/5
4	67	Savanna MEEK	FR	#3 Oklahoma Bapti {2}	1:04.02		4/4
5	68	Laynie WHITE	SR	#1 Ouachita Baptist {2}	1:04.14		4/5
6	83	Madison ROWE	JR	#4 Southeastern Ol	1:04.67		3/8
7	94	Mary MCKEY	SR	#3 Oklahoma Bapti {3}	1:05.06		3/29
8		Zoe WEAVER	SR	#3 Oklahoma Bapti {4}	1:05.23		3/29
9		Breegan BARNETT	SO	#8 Southwestern O	1:07.00		4/5
10		Addrienna GRAY	SO	#1 Ouachita Baptist {3}	1:07.28		3/1

Women's 800 Meters

1	44	Lisa RETAILLEAU	JR	#2 Harding	2:13.43		3/1
2	62	Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	2:14.49		4/4
3	98	Shayna HENDRIX	SO	#3 Oklahoma Bapti {2}	2:16.17		3/29
4		Kaylen KING	SR	#3 Oklahoma Bapti {3}	2:16.51		4/4
5		Zoe WEAVER	SR	#3 Oklahoma Bapti {4}	2:16.65		3/29
6		Addi DURAND	FR	#1 Ouachita Baptist	2:17.03		4/5
7		Katlen CLEM	JR	#4 Southeastern Ol	2:17.23		3/29
8		Valerie OLSON	SR	#3 Oklahoma Bapti {5}	2:17.38		3/29
9		Dinah WINDERS	JR	#2 Harding {2}	2:18.67		4/5
10		Jaci MCGREGOR	SR	#1 Ouachita Baptist {2}	2:18.71		3/20

Women's 1500 Meters

1	77	Izzi BREAU	SR	#1 Ouachita Baptist	4:38.30		4/5
2	100	Dinah WINDERS	JR	#2 Harding	4:40.58		3/22
3		Audrey HILL	JR	#7 Arkansas Tech	4:41.82		3/1
4		Josie PARKS	JR	#2 Harding {2}	4:43.12		4/5
5		Kate NACHTIGAL	JR	#1 Ouachita Baptist {2}	4:43.32		4/5
6		Jaci MCGREGOR	SR	#1 Ouachita Baptist {3}	4:44.61		3/1
7		Mackenzie DAVIS	SR	#1 Ouachita Baptist {4}	4:45.22		3/1
8		Elise KNIGHT	JR	#1 Ouachita Baptist {5}	4:45.55		3/20
9		Macie CASH	SR	#1 Ouachita Baptist {6}	4:47.25		3/1
10		Kaylen KING	SR	#3 Oklahoma Bapti	4:47.42		3/29

Women's Steeplechase

1	13	Kate NACHTIGAL	JR	#1 Ouachita Baptist	10:48.83		3/20
2	17	Josie PARKS	JR	#2 Harding	10:52.71		3/29
3	19	Elise KNIGHT	JR	#1 Ouachita Baptist {2}	10:54.65		4/5
4	35	Macie CASH	SR	#1 Ouachita Baptist {3}	11:07.99		3/29
5	38	Avery STANLEY	JR	#7 Arkansas Tech	11:08.65		4/5
6	80	Katlen CLEM	JR	#4 Southeastern Ol	11:36.19		3/8
7		Logan WARREN	SR	#5 Southern Arkans	11:51.32		3/20
8		Molly FANTAUZZO	FR	#2 Harding {2}	11:54.50		3/8
9		Rylee PATTERSON	JR	#1 Ouachita Baptist {4}	12:12.66		4/5
10		Kiley KEENE	SO	#4 Southeastern Ol {2}	12:28.40		3/29



Conference TFRI Event Summary



GAC

as of 4/8/2025 7:10:19 AM ET

Women's 5000 Meters

1	Mackenzie DAVIS	SR	#1 Ouachita Baptist	17:44.49	4/5
2	Lucy HOLDEN	SO	#1 Ouachita Baptist{2}	17:53.11	3/20
3	Allison HYLKEMA	JR	#1 Ouachita Baptist{3}	17:53.20	4/5
4	Libby BOOTH	JR	#7 Arkansas Tech	17:56.19	3/20
5	Macie CASH	SR	#1 Ouachita Baptist{4}	17:58.75	3/20
6	Marin MURRAY	FR	#1 Ouachita Baptist{5}	17:59.24	3/20
7	Dinah WINDERS	JR	#2 Harding	18:02.08	3/29
8	Naomy LIMATUKEI	SR	#10 East Central (Ok)	18:07.57	3/29
9	Aidan FISHER	FR	#7 Arkansas Tech {2}	18:42.73	4/5
10	Anjelika ABRAHAM	JR	#4 Southeastern Ok	18:43.67	3/29

Women's 10,000 Meters

1	10 Sophia STRANGE	SR	#3 Oklahoma Bapti	34:33.68	3/28
2	34 Mackenzie DAVIS	SR	#1 Ouachita Baptist	36:38.24	3/20
3	48 Allison HYLKEMA	JR	#1 Ouachita Baptist{2}	37:17.47	3/20
4	Emelia ERIKSSON	SO	#1 Ouachita Baptist{3}	39:41.66	3/20
5	Meg SWINDLE	FR	#1 Ouachita Baptist{4}	40:00.27	3/20
6	Jadyn PAVLIK	SR	#3 Oklahoma Bapti{2}	40:07.71	3/28
7	Jade ROBINSON	SR	#3 Oklahoma Bapti{3}	40:08.43	3/28
8	Felicity WEST	SR	#7 Arkansas Tech	41:03.36	3/20
9	Julia MINTON	SO	#7 Arkansas Tech {2}	41:03.53	3/20
10	Rylee PATTERSON	JR	#1 Ouachita Baptist{5}	41:51.75	3/20

Women's 4x100 Relay

1	24 Asia Foster, Delaney Riekert, Deja Rose, Olivia Tate	#3 Oklahoma Bapti	46.24	3/29
2	54 Addrienna Gray, Anna Woolsey, Joey Babel, Belle Lindsey	#1 Ouachita Baptist	47.40	4/5
3	64 Harmonie Hughes, Diamond Hilton, Gabriella Hall, Darianne Thompson	#6 Northwestern Ol	47.76	3/22
4	65 Leila Ngapout, Kewes Gomes, Kadi Vaughn, Jerlana Williams	#2 Harding	47.79	4/5
5	79 Je'Mela Harris, Andria Williams, Jaiden Leighton, Ashton Carter	#4 Southeastern Ok	48.19	3/8
6	Jackie Horne, Breegan Barnett, Delaney York, Deuna Miller	#8 Southwestern O	50.51	4/5

Women's 4x400 Relay

1	11 Lisa Retailleau, Tetiana Kharashchuk, Jayden Bowman, Omolara Ogunmakinju	#2 Harding	3:44.64	3/29
2	40 Delaney Riekert, Olivia Tate, Mary McKey, Asia Foster	#3 Oklahoma Bapti	3:53.59	3/29
3	46 Anna Woolsey, Laynie White, Angie Rojas, Joey Babel	#1 Ouachita Baptist	3:55.14	3/20
4	86 Andria Williams, Tailyn Higginbotham, Madison Rowe, La'Najah Ticey	#4 Southeastern Ok	4:03.75	3/22
5	Anayah Green, Camille Dates, Tiauna Buchanan, Taylor Bass	#6 Northwestern Ol	4:09.45	3/22
6	Marleigh Sellars, Breanne Anderson, Kaitlynn Elmore, Audrey Hill	#7 Arkansas Tech	4:11.86	4/5
7	Breegan Barnett, Deuna Miller, Madison Radke, Madisan Workman	#8 Southwestern O	4:17.89	4/5
8	Jasmine Brown, Chloe Chouber, Abbey King, Reagan Rowton	#9 Southern Nazare	4:23.43	3/13
9	Rylee Robinson, Cheyenne Olson, Logan Warren, Alexis Martin	#5 Southern Arkans	4:26.64	3/20

Women's High Jump

1	2 Jamora HORACE	JR	#3 Oklahoma Bapti	1.77m	5-9¾	3/29
2	24 Abriel THRASH	SO	#9 Southern Nazare	1.66m	5-5¼	4/4
3	33 Ally CHEEK	SO	#2 Harding	1.65m	5-5	3/1
3	33 Kiera BLANKINSHIP	SR	#2 Harding	1.65m	5-5	3/22
5	70 Jacey HAMMON	FR	#3 Oklahoma Bapti{2}	1.61m	5-3¼	4/4
6	80 Mariya HAMLIN	FR	#6 Northwestern Ol	1.60m	5-3	3/29
6	80 Ashlynn DICKEY	FR	#5 Southern Arkans	1.60m	5-3	3/1
6	80 Lexii LECRONE	FR	#10 East Central (Ok	1.60m	5-3	3/29
9	Valerie OLSON	SR	#3 Oklahoma Bapti{3}	1.59m	5-2½	3/29
10	Mildred MEDINA	FR	#4 Southeastern Ok	1.56m	5-1¼	3/29
10	Belle LINDSEY	SO	#1 Ouachita Baptist	1.56m	5-1¼	3/7



Conference TFRI Event Summary



GAC

as of 4/8/2025 7:10:19 AM ET

Women's Pole Vault

1	23	Cadence SANSOM	JR	#2 Harding	3.80m	12-5½	3/8
1	23	Karyna VEHNER	JR	#2 Harding	3.80m	12-5½	3/8
3	87	Remi MURRAY	FR	#9 Southern Nazare	3.45m	11-3¾	3/13
4	93	Mariia YASHCHENKO	FR	#2 Harding	{3} 3.40m	11-1¾	3/1
5		Hazel JACKSON	SR	#2 Harding	{4} 3.25m	10-8	3/1
6		Charley STALLINGS	FR	#1 Ouachita Baptist	3.15m	10-4	3/20
7		Olivia SANER	SO	#6 Northwestern Ol	2.90m	9-6¼	3/22
8		Kyla JEFFCOAT	FR	#1 Ouachita Baptist	{2} 2.80m	9-2¼	3/1
9		Alysha COLBURN	JR	#1 Ouachita Baptist	{3} 2.75m	9-¼	3/8
9		Reagan CARROUTH	FR	#1 Ouachita Baptist	{3} 2.75m	9-¼	3/8

Women's Long Jump

1	7	Anisha HENDERSON	SR	#3 Oklahoma Bapti	6.01mw	19-8¾ (3.6)	3/29
2	20	Carly TUCKER	FR	#2 Harding	5.83mw	19-1½ (3.9)	3/1
3	44	Deuna MILLER	SR	#8 Southwestern O	5.66m	18-7 (0.7)	3/29
4	70	Jackie HORNE	FR	#8 Southwestern O	{2} 5.58mw	18-3¾ (3.6)	3/1
5	76	Diamond BRUNN	JR	#5 Southern Arkans	5.56m	18-3 (1.7)	3/20
6		Kadi VAUGHN	FR	#2 Harding	{2} 5.41m	17-9 (1.6)	3/1
7		Valerie OLSON	SR	#3 Oklahoma Bapti	{2} 5.36m	17-7 (-1.3)	3/29
7		Rachel DUNN	SO	#1 Ouachita Baptist	5.36mw	17-7 (3.2)	3/1
9		Emily PATTERSON	SR	#2 Harding	{3} 5.28m	17-4 (0.3)	3/8
9		Hannah BETTS	FR	#6 Northwestern Ol	5.28mw	17-4 (2.7)	3/22

Women's Triple Jump

1	8	Hanna ONOFRIIEVA	SO	#2 Harding	12.26m	40-2¾ (1.1)	3/22
2	49	Karyna VEHNER	JR	#2 Harding	{2} 11.46m	37-7¼ (1.7)	3/8
3	93	Diamond BRUNN	JR	#5 Southern Arkans	11.07mw	36-4 (2.9)	4/5
4		Maryam DIANKA	JR	#6 Northwestern Ol	10.97mw	36-0 (2.9)	3/29
5		Carmin TOLLIVER	FR	#5 Southern Arkans	{2} 10.92m	35-10 (-0.5)	3/1
6		Rachel DUNN	SO	#1 Ouachita Baptist	10.81m	35-5¾ (1.7)	3/20
7		Celeste PUGA	FR	#2 Harding	{3} 10.79m	35-4¾ (0.3)	3/20
8		Olivia SIPOS	FR	#6 Northwestern O	{2} 10.45mw	34-3½ (4.0)	3/29
9		Mariah WHITTLE	FR	#1 Ouachita Baptist	{2} 10.22m	33-6½ (1.1)	3/1
10		Mattie HANNAH	FR	#2 Harding	{4} 10.18mw	33-4¾ (3.1)	3/8

Women's Shot Put

1	21	Irieyanna WILSON	SR	#5 Southern Arkans	13.82m	45-4¼	3/8
2	28	Altyn BARTLEY	SO	#3 Oklahoma Bapti	13.65m	44-9½	3/29
3	62	Kailyn THOMAS	SR	#5 Southern Arkans	{2} 13.01m	42-8¼	3/1
4	73	Marleigh WEST	SR	#8 Southwestern O	12.86m	42-2¼	4/5
5	76	Abriel THRASH	SO	#9 Southern Nazare	12.82m	42-¾	3/13
6	87	Brenlee LEONARD	SO	#1 Ouachita Baptist	12.70m	41-8	4/5
7	96	Valerie OLSON	SR	#3 Oklahoma Bapti	{2} 12.60m	41-4¼	3/29
8		Dalice WHITE	JR	#7 Arkansas Tech	12.45m	40-10¼	3/1
9		Eve BRENNAN	SR	#9 Southern Nazare	{2} 12.40m	40-8¼	3/1
10		Lauren OLSON	SO	#3 Oklahoma Bapti	{3} 12.29m	40-4	3/29

Women's Discus

1	6	Jade BYRD	SR	#3 Oklahoma Bapti	49.33m	161-10	4/4
2	34	Kailyn THOMAS	SR	#5 Southern Arkans	45.39m	148-11	3/20
3	61	Rachel MILLIKAN	FR	#2 Harding	43.08m	141-4	3/22
4	93	Eve BRENNAN	SR	#9 Southern Nazare	41.45m	136-0	4/4
5		Kylie PUGH	SO	#5 Southern Arkans	{2} 41.09m	134-10	3/8
6		Jaci SHELTON	SO	#8 Southwestern O	40.28m	132-2	3/29
7		Irieyanna WILSON	SR	#5 Southern Arkans	{3} 40.19m	131-10	3/20
8		Lauren OLSON	SO	#3 Oklahoma Bapti	{2} 39.83m	130-8	3/23
9		Sarah HERRING	FR	#9 Southern Nazare	{2} 38.13m	125-1	4/4
10		Emma BERRY	SO	#4 Southeastern Ol	38.12m	125-1	3/29

Women's Hammer

1	22	Jade BYRD	SR	#3 Oklahoma Bapti	53.56m	175-9	3/29
2	28	Kailyn THOMAS	SR	#5 Southern Arkans	52.61m	172-7	3/8
3	53	Altyn BARTLEY	SO	#3 Oklahoma Bapti	{2} 50.47m	165-7	4/4
4		Keyonce BROWN	SR	#5 Southern Arkans	{2} 46.20m	151-7	4/5
5		Eve BRENNAN	SR	#9 Southern Nazare	46.10m	151-3	4/4
6		Irieyanna WILSON	SR	#5 Southern Arkans	{3} 45.11m	148-0	4/5
7		Kaylan SWINDLE	SO	#6 Northwestern Ol	41.76m	137-0	3/29
8		Marleigh WEST	SR	#8 Southwestern O	41.43m	135-11	4/5
9		Kylie PUGH	SO	#5 Southern Arkans	{4} 40.99m	134-6	3/8
10		Mariana MENDEZ	JR	#4 Southeastern Ol	40.84m	134-0	4/4

Women's Javelin

1	13	Ashley LOW	FR	#6 Northwestern Ol	46.42m	152-4	3/29
2		Ambree COLLINSWORTH	FR	#5 Southern Arkans	36.56m	120-0	3/1
3		Jordyn TUCKER	SR	#6 Northwestern Ol	{2} 35.94m	117-11	3/22
4		Zoe WEAVER	SR	#3 Oklahoma Bapti	35.53m	116-7	3/29
5		Valerie OLSON	SR	#3 Oklahoma Bapti	{2} 35.04m	115-0	3/29
6		Abriel THRASH	SO	#9 Southern Nazare	34.94m	114-8	3/13
7		Dalice WHITE	JR	#7 Arkansas Tech	34.59m	113-6	3/1
8		Emily LAWRENCE	SR	#1 Ouachita Baptist	33.20m	108-11	4/5
9		Kayley HEFFINGTON	SO	#1 Ouachita Baptist	{2} 31.90m	104-8	4/5
9		Carly TUCKER	FR	#2 Harding	31.90m	104-8	4/5

Women's Heptathlon

1	2	Valerie OLSON	SR	#3 Oklahoma Bapti	5,428	3/29
2	8	Abriel THRASH	SO	#9 Southern Nazare	4,996	3/29
3	15	Belle LINDSEY	SO	#1 Ouachita Baptist	4,600	3/7
4	30	Carly TUCKER	FR	#2 Harding	4,265	3/7
5	32	Laynie WHITE	SR	#1 Ouachita Baptist	{2} 4,199	3/7
6	49	Kiera BARTLETT	FR	#2 Harding	{2} 3,793	3/7
7	52	Celeste PUGA	FR	#2 Harding	{3} 3,766	3/7
8	62	Mildred MEDINA	FR	#4 Southeastern Ol	3,560	3/29
9	70	Ally CHEEK	SO	#2 Harding	{4} 3,453	3/7
10	86	Kelsey SAWYER	FR	#4 Southeastern Ol	{2} 3,226	3/29



Conference TFRI Event Summary



GLIAC

as of 4/8/2025 7:10:19 AM ET

Women's 100 Meters

1	45	Taylor KYLE	SR	#1	Grand Valley Sta	11.86	(1.5)	3/29
1	45	Julia TUURI	SR	#5	Davenport (Mich	11.86w	(2.7)	3/30
3	61	Claire NEUMANN	FR	#1	Grand Valley Sta{2}	11.95	(-0.6)	4/5
4	100	Catherine GUCKENBERGER	SO	#1	Grand Valley Sta{3}	12.09w	(2.9)	4/5
5		Jayla GRAHAM	FR	#1	Grand Valley Sta{4}	12.20	(1.4)	3/29
6		Hanne BASTIAANSEN	JR	#2	Wayne State (Mi	12.25w	(2.6)	3/29
7		Elyse MILLER	JR	#2	Wayne State (Mi{2}	12.27	(1.5)	4/5
8		Catalla JONES	SO	#2	Wayne State (Mi{3}	12.29w	(2.5)	3/30
9		Lauren WOOTEN	FR	#2	Wayne State (Mi{4}	12.39w	(2.5)	3/30
10		Arrionna WALLACE	SO	#5	Davenport (Mich{2}	12.40	(1.7)	3/30

Women's 100 Meter Hurdles

1	8	Ellyse WOLFRATH	SR	#3	Northern Michig	13.82w	(3.6)	4/5
2	14	Brooke BARKOCY	SR	#1	Grand Valley Sta	14.00	(1.9)	3/29
3	20	Crystal WALKER	SR	#3	Northern Michig{2}	14.17w	(3.4)	3/29
4	35	Destini DORKINS	JR	#1	Grand Valley Sta{2}	14.35	(-1.3)	4/5
5	44	Grace COLLETT	SR	#7	Saginaw Valley S	14.44	(1.0)	4/4
6	74	Keneisha THOMAS	SO	#2	Wayne State (Mi	14.73	(1.3)	3/29
7	78	Megan ZAHNOW	FR	#2	Wayne State (Mi{2}	14.76w	(2.7)	4/5
8	93	Olivia CARPENTER	SR	#7	Saginaw Valley S{2}	14.84	(0.2)	4/4
9		Sofi DIOP	SO	#3	Northern Michig{3}	14.97w	(2.9)	3/29
10		Ahna LARSON	SR	#3	Northern Michig{4}	15.36w	(2.3)	4/5

Women's 200 Meters

1	48	Catherine GUCKENBERGER	SO	#1	Grand Valley Sta	24.35	(-0.1)	4/5
2	62	Claire NEUMANN	FR	#1	Grand Valley Sta{2}	24.50	(-0.1)	4/5
3	81	Julia TUURI	SR	#5	Davenport (Mich	24.65	(0.4)	3/30
4	100	Hanne BASTIAANSEN	JR	#2	Wayne State (Mi	24.76	(0.4)	3/29
5		Soleil MOORE	SO	#5	Davenport (Mich{2}	25.00w	(2.6)	3/30
6		Rachel OVERGAARD	SO	#2	Wayne State (Mi{2}	25.45w	(3.0)	4/5
7		Melia WILLIAMS	SR	#1	Grand Valley Sta{3}	25.49	(0.5)	3/29
8		Taylor KYLE	SR	#1	Grand Valley Sta{4}	25.50	(-0.1)	4/5
9		Catalla JONES	SO	#2	Wayne State (Mi{3}	25.90	(0.9)	3/30
10		Lauren WOOTEN	FR	#2	Wayne State (Mi{4}	25.92	(0.5)	3/30
10		Abby WINKLE	JR	#6	Ferris State	25.92w	(3.0)	4/5

Women's 400 Meters

1	13	Addison WASHLER	SO	#1	Grand Valley Sta	54.85		3/29
2	24	Catherine GUCKENBERGER	SO	#1	Grand Valley Sta{2}	55.24		3/29
3	31	Claire NEUMANN	FR	#1	Grand Valley Sta{3}	55.59		3/29
4	80	Avery WILSON	JR	#2	Wayne State (Mi	56.89		3/29
5		Renae KUTCHA	SR	#2	Wayne State (Mi{2}	58.92		3/29
6		Bianca EVULEOCHA	FR	#1	Grand Valley Sta{4}	59.41		3/22
7		Ciara OSTRENGA	JR	#3	Northern Michig	59.43		4/5
8		Jasmine SIEBEN	FR	#4	UW-Parkside	59.89		3/28
9		Kate ZANG	JR	#1	Grand Valley Sta{5}	1:00.09		4/5
10		Kendra MONTAGUE	SR	#6	Ferris State	1:01.35		4/5

Women's 400 Meter Hurdles

1	32	Destini DORKINS	JR	#1	Grand Valley Sta	1:02.51		3/29
2	33	Ahna LARSON	SR	#3	Northern Michig	1:02.56		4/5
3	34	Keneisha THOMAS	SO	#2	Wayne State (Mi	1:02.59		3/29
4	62	Grace MILDICE	SR	#4	UW-Parkside	1:03.84		4/4
5	84	Kate ANIOLKOWSKI	FR	#1	Grand Valley Sta{2}	1:04.79		4/5
6	87	Brooke BARKOCY	SR	#1	Grand Valley Sta{3}	1:04.83		3/29
7		Ashtyn GLUCK	SR	#1	Grand Valley Sta{4}	1:05.30		4/5
8		Makenzie WELLNER	SR	#2	Wayne State (Mi{2}	1:05.31		4/5
9		Nyah TYRON	SR	#6	Ferris State	1:07.24		3/29
10		Makayla FUERST	SR	#7	Saginaw Valley S	1:07.74		4/4

Women's 800 Meters

1	14	Lilly ALBERTS	JR	#1	Grand Valley Sta	2:08.88		3/29
2	23	Klaudia O'MALLEY	SR	#1	Grand Valley Sta{2}	2:10.51		3/29
3	26	Addison WASHLER	SO	#1	Grand Valley Sta{3}	2:10.68		3/29
4	28	Megan POSTMA	FR	#1	Grand Valley Sta{4}	2:11.13		3/29
5	29	Natalie GRABER	SR	#1	Grand Valley Sta{5}	2:11.18		3/29
6	31	Maria MITCHELL	JR	#1	Grand Valley Sta{6}	2:11.54		3/29
7	55	Jenna PICARD	SR	#7	Saginaw Valley S	2:14.17		3/28
8	81	Grace FOLKEMA	FR	#9	Michigan Tech	2:15.53		3/29
9	83	Anna GDOWSKI	SO	#2	Wayne State (Mi	2:15.79		4/5
10		Beverly HARPER	JR	#3	Northern Michig	2:16.66		3/29

Women's 1500 Meters

1	2	Klaudia O'MALLEY	SR	#1	Grand Valley Sta	4:18.43		3/29
2	4	Natalie GRABER	SR	#1	Grand Valley Sta{2}	4:20.92		3/29
3	17	Maria MITCHELL	JR	#1	Grand Valley Sta{3}	4:26.90		3/29
4	41	Cara NEWMAN	FR	#1	Grand Valley Sta{4}	4:33.91		4/5
5	72	Johanna EBERT	FR	#4	UW-Parkside	4:37.44		4/4
6	88	Ella BARYO	SR	#5	Davenport (Mich	4:39.52		4/5
7	96	Karissa PICARD	SR	#7	Saginaw Valley S	4:40.09		3/28
8		Abbi STEINER	SO	#4	UW-Parkside {2}	4:42.08		4/4
9		Natalie MELLO		#1	Grand Valley Sta{5}	4:44.23		4/5
10		Gianna HOVING	JR	#3	Northern Michig	4:46.78		3/29

Women's Steeplechase

1	14	Johanna EBERT	FR	#4	UW-Parkside	10:50.48		3/28
2	16	Ella BARYO	SR	#5	Davenport (Mich	10:52.14		3/28
3	23	Whitney FARRELL	JR	#6	Ferris State	10:57.68		3/28
4	28	Jordyn HOPGOOD	JR	#1	Grand Valley Sta	11:02.73		3/29
5	49	Taylor HOPKINS	JR	#2	Wayne State (Mi	11:20.99		4/5
6	64	Claire ENDRES	JR	#9	Michigan Tech	11:27.02		3/28
7	71	Dani VANLENTE	SO	#3	Northern Michig	11:32.21		4/5
8	81	Emma SWEENEY	JR	#3	Northern Michig{2}	11:36.67		4/5
9	82	Anya VANSWEDEN	FR	#3	Northern Michig{3}	11:37.16		4/5
10	83	Emily PLOUFF	JR	#6	Ferris State {2}	11:37.49		4/5



Conference TFRI Event Summary



GLIAC

as of 4/8/2025 7:10:20 AM ET

Women's 5000 Meters

1	17	Abbi STEINER	SO	#4 UW-Parkside	16:44.58	3/28
2	36	Maggie O'MALLEY	JR	#1 Grand Valley Sta	17:01.58	3/29
3	42	Abigail VANDERKOOI	SO	#1 Grand Valley Sta{2}	17:03.32	4/5
4	51	Annika SANDMAN	FR	#1 Grand Valley Sta{3}	17:13.59	3/29
5	55	Sophia RHEIN	SO	#9 Michigan Tech	17:17.07	3/28
6	62	Maria WIDMANN	JR	#1 Grand Valley Sta{4}	17:24.19	3/29
7	78	Madison EBRIGHT	JR	#1 Grand Valley Sta{5}	17:33.07	4/5
8	88	Taylor HOPKINS	JR	#2 Wayne State (Mi	17:36.65	3/30
9		Hanna BROCK	SR	#6 Ferris State	17:40.92	3/28
10		Skylar GRUBB	SR	#3 Northern Michig	17:41.84	4/5

Women's 10,000 Meters

1	12	Reagan JUSTICE	SR	#2 Wayne State (Mi	34:52.00	3/28
2	14	Anastasia TUCKER	SR	#1 Grand Valley Sta	34:59.07	3/29
3	46	Cedar GORDON	SR	#9 Michigan Tech	37:06.07	3/28
4	52	Annalee MISCH	SR	#2 Wayne State (Mi{2}	37:22.61	3/28
5	76	Mattie DRENNAN	SR	#2 Wayne State (Mi{3}	38:17.78	3/28
6		Alisa TEIGE	SO	#9 Michigan Tech {2}	39:35.63	3/28
7		Ingrid HALVERSON	SO	#9 Michigan Tech {3}	40:48.34	3/28
8		Alivia LAMBORNE	SR	#5 Davenport (Mich	41:09.00	3/30
9		Natalie DAVIES	JR	#2 Wayne State (Mi{4}	42:43.76	3/28

Women's 4x100 Relay

1	13	Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz		#1 Grand Valley Sta	45.85	3/29
2	45	Elyse Miller, Avery Wilson, Hanne Bastiaansen, Rachel Overgaard		#2 Wayne State (Mi	47.16	3/29
3	57	Arrionna Wallace, Jakya Mack-Smith, Jaiden Young, Julia Tuuri		#5 Davenport (Mich	47.55	3/30
4		Lacey Zimmerman, Ana Fortier, Darnesha Fraley, Allie Delost		#6 Ferris State	48.86	4/5
5		Ellyse Wolfrath, Ciara Ostrenga, Ahna Larson, Kanya Campbell		#3 Northern Michig	48.92	4/5
6		Essence Burrows, Mayda Conrad, Miranda Winkler, Keira Cooper		#4 UW-Parkside	49.90	3/28
7		Haley Howe, Jayda Williams, Sofia Salazar, Lindsey Tonello		#10 Lake Superior St	53.57	4/5

Women's 4x400 Relay

1	12	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz		#1 Grand Valley Sta	3:45.32	3/29
2	34	Makenzie Wellner, Avery Wilson, Renae Kutcha, Elyse Miller		#2 Wayne State (Mi	3:52.29	3/29
3	67	Darnesha Fraley, Daisy Englund, Kendra Montague, Abby Winkle		#6 Ferris State	4:00.37	4/5
4	96	Grace Mildice, Mayda Conrad, Jasmine Sieben, Nailah Taylor		#4 UW-Parkside	4:07.03	4/4
5		Grace Folkema, Brielle Kero, Adeline Gobble, Ingrid Seagren		#9 Michigan Tech	4:08.87	3/29
6		Haley Howe, Lindsey Tonello, Sydney Kapushinski, Sofia Salazar		#10 Lake Superior St	4:19.63	4/5
7		Lizeth Flores Bernal, Sidney Elijah, Kamaya Johnson, Kelli Blissett		#8 Purdue Northwe	4:21.46	3/29

Women's High Jump

1	16	Kaylee DIAMOND	SR	#1 Grand Valley Sta	1.69m	5-6½	4/5
2	24	Heidi NEWHOUSE	FR	#1 Grand Valley Sta{2}	1.66m	5-5¼	3/29
2	24	Alexis WEBER	SO	#1 Grand Valley Sta{2}	1.66m	5-5¼	3/29
4	56	Nailah TAYLOR	SO	#4 UW-Parkside	1.63m	5-4¼	3/29
5	70	Imogene BRUMBAUGH	FR	#1 Grand Valley Sta{4}	1.61m	5-3¼	3/22
6		Abigail DENOUDEN	SO	#1 Grand Valley Sta{5}	1.56m	5-1¼	3/22
6		Olivia FINDLAY	FR	#2 Wayne State (Mi	1.56m	5-1¼	3/29
6		Joslyn BENTZ	SO	#1 Grand Valley Sta{5}	1.56m	5-1¼	3/22
9		Alexis LE	FR	#6 Ferris State	1.55m	5-1	3/29
10		Ava STEINHEBEL	FR	#2 Wayne State (Mi{2}	1.53m	5-¼	3/30

Women's Pole Vault

1	6	Brooke BOWERS	FR	#1 Grand Valley Sta	4.10m	13-5¼	4/4
2	37	Kati SMITH	SO	#3 Northern Michig	3.66m	12-0	4/5
3	60	Sidney HEUGEL	SR	#5 Davenport (Mich	3.53m	11-7	4/5
4	64	Madisyn LUNDQUIST	FR	#7 Saginaw Valley S	3.50m	11-5¾	3/22
4	64	Ava COLLIER	FR	#1 Grand Valley Sta{2}	3.50m	11-5¾	4/4
4	64	Giuliana SERAPIGLIA	FR	#1 Grand Valley Sta{2}	3.50m	11-5¾	3/22
7	100	Emily CZEISZPERGER	JR	#3 Northern Michig{2}	3.36m	11-¼	4/5
7	100	Alayna VANDEGRIFF	FR	#3 Northern Michig{2}	3.36m	11-¼	4/5
9		Kalista BUTKIEWICZ	JR	#4 UW-Parkside	3.20m	10-6	3/28
9		Sydney WILSON	SO	#1 Grand Valley Sta{4}	3.20m	10-6	3/22



Conference TFRI Event Summary



GLIAC

as of 4/8/2025 7:10:20 AM ET

Women's Long Jump

1	3	Alaina DIAZ	JR	#1 Grand Valley Sta	6.19m	20-3¾ (1.4)	4/5
2	51	Kaitlyn MOLNAR	FR	#1 Grand Valley Sta{2}	5.63mw	18-5¾ (2.3)	4/5
3	97	Nyla REED	FR	#1 Grand Valley Sta{3}	5.48m	17-11¾ (1.7)	4/5
4		Essence BURROWS	FR	#4 UW-Parkside	5.46mw	17-11 (2.1)	3/28
5		Nicole WARREN	SO	#2 Wayne State (Mi	5.45mw	17-10¾ (2.4)	3/30
6		Crystal WALKER	SR	#3 Northern Michig	5.44mw	17-10¾ (2.9)	3/29
7		Sofi DIOP	SO	#3 Northern Michig{2}	5.38mw	17-8 (3.3)	4/5
8		Rachel BLASKOWSKI	JR	#4 UW-Parkside {2}	5.36m	17-7 (0.2)	4/4
9		Grace MOEGGENBORG	FR	#1 Grand Valley Sta{4}	5.34m	17-6¼ (1.6)	4/5
9		Annabelle SMITH	JR	#2 Wayne State (Mi{2}	5.34m	17-6¼ (1.8)	3/30

Women's Triple Jump

1	34	Essence BURROWS	FR	#4 UW-Parkside	11.63m	38-2 (1.4)	3/29
2	77	Sofi DIOP	SO	#3 Northern Michig	11.21mw	36-9½ (3.6)	3/29
2	77	Kiara SPATES	SR	#8 Purdue Northwe	11.21m	36-9½ (-1.2)	4/5
4		Nicole WARREN	SO	#2 Wayne State (Mi	10.46m	34-4 (0.8)	4/5
5		Renae KUTCHA	SR	#2 Wayne State (Mi{2}	10.43m	34-2¾ (0.3)	4/5
6		Amaya TEAGUE	FR	#3 Northern Michig{2}	10.10mw	33-1¾ (2.1)	4/5
7		Miranda WINKLER	SO	#4 UW-Parkside {2}	10.05m	32-11¾ (0.0)	4/4
8		Maddy RASMUSSEN	FR	#3 Northern Michig{3}	9.83mw	32-3 (2.1)	4/5
9		Olivia FINDLAY	FR	#2 Wayne State (Mi{3}	9.81m	32-2¼ (1.7)	4/5
10		Ava STEINHEBEL	FR	#2 Wayne State (Mi{4}	9.61m	31-6½ (0.9)	3/30

Women's Shot Put

1	5	Mackenzie BOHRER	SR	#1 Grand Valley Sta	15.43m	50-7½	4/5
2	17	Kennedy JACKSON	SO	#1 Grand Valley Sta{2}	14.06m	46-1½	4/5
3		Janae HUDSON	FR	#7 Saginaw Valley S	12.44m	40-9¾	4/4
4		Teiolla HARVEY	JR	#3 Northern Michig	12.03m	39-5¾	4/5
5		Makayla STEWART	SO	#2 Wayne State (Mi	11.74m	38-6¼	3/22
6		Adelyn SANDERS	SR	#3 Northern Michig{2}	11.57m	37-11½	3/29
7		Jayla PROCTER	SO	#5 Davenport (Mich	11.49m	37-8½	3/21
8		Ania TOBOY	FR	#2 Wayne State (Mi{2}	11.33m	37-2¼	3/30
9		Alizabeth LITTLE	JR	#3 Northern Michig{3}	11.05m	36-3	3/29
10		Maddy BILLER	FR	#6 Ferris State	10.83m	35-6½	4/5

Women's Discus

1	1	Erika BEISTLE	SR	#1 Grand Valley Sta	66.63m	218-7	4/5
2	5	Margaret STEVENSON	SR	#1 Grand Valley Sta{2}	50.16m	164-7	4/5
3	59	Jayla PROCTER	SO	#5 Davenport (Mich	43.17m	141-8	3/21
4	79	Sophia SNELLENBERGER	SO	#1 Grand Valley Sta{3}	42.02m	137-11	4/5
5	84	Mariah SACKETT		#1 Grand Valley Sta{4}	41.75m	137-0	4/5
6		Ania TOBOY	FR	#2 Wayne State (Mi	37.90m	124-4	3/30
7		Alizabeth LITTLE	JR	#3 Northern Michig	37.78m	124-0	3/29
8		Anna NIXON	SO	#5 Davenport (Mich{2}	37.49m	123-0	4/5
9		Janae HUDSON	FR	#7 Saginaw Valley S	36.53m	119-10	4/4
10		Kaelin KREISCHER	FR	#8 Purdue Northwe	36.36m	119-4	4/4

Women's Hammer

1	4	Shelby ULVEN	JR	#1 Grand Valley Sta	59.64m	195-8	3/29
2	10	Alaina OMONODE	SR	#1 Grand Valley Sta{2}	55.96m	183-7	4/5
3	68	Natalia PLUFF	SO	#1 Grand Valley Sta{3}	49.09m	161-1	3/22
4	85	Allie DICANIO	SO	#1 Grand Valley Sta{4}	48.43m	158-11	4/5
5	88	Kennedy JACKSON	SO	#1 Grand Valley Sta{5}	48.03m	157-7	3/22
6	95	Sofiabella AMIRANTE	FR	#1 Grand Valley Sta{6}	47.69m	156-6	4/5
7	100	Sophia SNELLENBERGER	SO	#1 Grand Valley Sta{7}	47.49m	155-10	4/5
8		Teiolla HARVEY	JR	#3 Northern Michig	43.27m	142-0	4/5
9		Janelle DOCTER	JR	#10 Lake Superior St	41.97m	137-9	4/5
10		Ania TOBOY	FR	#2 Wayne State (Mi	41.71m	136-10	4/5

Women's Javelin

1	90	Mckenna ARMSTRONG	SR	#4 UW-Parkside	37.41m	122-9	3/29
2	98	Wilme ELS	JR	#3 Northern Michig	36.94m	121-3	4/5
3		Bronte HODSON	SO	#5 Davenport (Mich	35.03m	114-11	4/5
4		Kelsi DILLON	SR	#8 Purdue Northwe	34.45m	113-0	3/29
5		Shelby HANSHAW	FR	#4 UW-Parkside {2}	32.28m	105-11	3/29
6		Peyton HANSEN	SR	#2 Wayne State (Mi	32.06m	105-2	3/22
7		Teiolla HARVEY	JR	#3 Northern Michig{2}	31.92m	104-9	4/5
8		Ava DONMYER	SO	#10 Lake Superior St	30.82m	101-2	4/5
9		Natasha NOWAKOWSKI	SO	#3 Northern Michig{3}	29.89m	98-¾	4/5
10		Adelyn SANDERS	SR	#3 Northern Michig{4}	28.72m	94-2¾	4/5



Conference TFRI Event Summary



GLVC

as of 4/8/2025 7:10:20 AM ET

Women's 100 Meters

1	10	Sarai BROWN	JR	4	Maryville (Mo.)	11.53w	(3.7)	3/29
2	44	Lauren COLEMAN	FR	12	Drury	11.85w	(2.4)	3/29
3		Caroline MAYES	JR	9	William Jewell	12.11w	(2.2)	3/28
4		Rebecca CRAVEDI	SR	1	Lewis	12.21	(0.0)	3/22
4		Faith WYMAN	SR	1	Lewis	12.21	(0.0)	3/22
6		Makayla MYERS	SO	4	Maryville (Mo.)	{2} 12.25w	(2.4)	3/29
7		Chloe DAVIS	JR	4	Maryville (Mo.)	{3} 12.34w	(2.4)	3/29
8		Emoni OWENS	FR	4	Maryville (Mo.)	{4} 12.35	(1.2)	3/29
9		Katerina KAKAELAKI	FR	1	Lewis	{3} 12.38w	(3.2)	3/29
10		Reagan THOMURE	SR	3	Southwest Bapti	12.45w	(3.4)	3/29

Women's 100 Meter Hurdles

1	10	Caroline MAYES	JR	9	William Jewell	13.89w	(2.6)	3/28
2	12	Aaliyannah ANDERSON	SO	5	Lincoln (Mo.)	13.96	(1.9)	3/29
3	96	Maya WRIGHT	JR	7	Missouri S&T	14.85	(2.0)	3/29
4		Karmen KUROWICKA	SO	1	Lewis	15.00	(0.8)	4/5
5		Jaynae PINDER	FR	3	Southwest Bapti	15.05	(2.0)	3/29
6		Mary KIMMERLE	FR	7	Missouri S&T	{2} 15.23	(2.0)	3/29
7		Caitlyn O'BOYLE	SO	1	Lewis	{2} 15.36	(1.5)	4/5
8		Ava AMEY	FR	5	Lincoln (Mo.)	{2} 15.78	(0.2)	3/22
9		Haylie HUTCHINSON	SO	13	Upper Iowa	16.02	(1.2)	3/28
10		Grace GRAHAM	JR	4	Maryville (Mo.)	16.12w	(2.5)	3/29

Women's 200 Meters

1	2	Collinique FARRINGTON	SR	3	Southwest Bapti	23.00w	(2.6)	3/29
2	6	Stephanique DEAN	JR	3	Southwest Bapti	{2} 23.41w	(2.6)	3/29
3	27	Lauren COLEMAN	FR	12	Drury	24.09w	(2.6)	3/29
4	48	Faith WYMAN	SR	1	Lewis	24.35	(1.5)	3/29
5	52	Aaliyannah ANDERSON	SO	5	Lincoln (Mo.)	24.39w	(3.1)	3/29
6	55	Laura DIXON	SO	3	Southwest Bapti	{3} 24.42w	(2.6)	3/29
7	65	Rebecca CRAVEDI	SR	1	Lewis	{2} 24.54	(1.5)	3/29
8	76	Brianna LORD	SO	3	Southwest Bapti	{4} 24.61w	(2.6)	3/29
9		Denita JACKSON	SR	5	Lincoln (Mo.)	{2} 25.01w	(3.1)	3/29
10		Shinelle JHAGROO	FR	8	McKendree	25.04w	(2.9)	3/22

Women's 400 Meters

1	44	Mickayla SUTHERLAND	FR	8	McKendree	56.01		3/22
2	51	Brianna LORD	SO	3	Southwest Bapti	56.22		3/22
3	59	Emily SONDERMAN	SR	2	Indianapolis	56.41		4/5
4	66	Abigail BROOKS	SR	5	Lincoln (Mo.)	56.63		3/29
5		Emoni OWENS	FR	4	Maryville (Mo.)	57.56		3/22
6		Namibia CLAVIER	SR	5	Lincoln (Mo.)	{2} 57.99		3/29
7		Courtney TALLEY	SO	4	Maryville (Mo.)	{2} 59.03		3/22
8		Adonya TAYLOR	SO	8	McKendree	{2} 59.20		3/22
9		Emily YOUNG	SO	3	Southwest Bapti	{2} 59.60		3/22
10		Sierra WALLACE	SO	3	Southwest Bapti	{3} 59.73		3/22

Women's 400 Meter Hurdles

1	9	Odeshia NANTON	SO	5	Lincoln (Mo.)	1:00.64		3/22
2	10	Shevanae THOMAS	SR	5	Lincoln (Mo.)	{2} 1:00.66		3/29
3	94	Ellie LINGERICH	SR	2	Indianapolis	1:05.06		3/30
4	97	Deschanique DOUGLAS	FR	5	Lincoln (Mo.)	{3} 1:05.15		4/5
5		Cloey SIMON	JR	2	Indianapolis	{2} 1:05.77		4/5
6		Maya WRIGHT	JR	7	Missouri S&T	1:06.08		3/22
7		Sara BELLOSO	SO	8	McKendree	1:06.55		3/22
8		Haylie HUTCHINSON	SO	13	Upper Iowa	1:06.67		3/28
9		Hailey SMITH	SO	7	Missouri S&T	{2} 1:07.58		3/29
10		Caitlyn O'BOYLE	SO	1	Lewis	1:07.79		4/5

Women's 800 Meters

1	47	Addie MATHIS	SR	6	Truman	2:13.64		4/5
2	59	Lexy HENRIKSON	SR	6	Truman	{2} 2:14.39		4/5
3		Raina BAKER	JR	6	Truman	{3} 2:17.19		4/5
4		Britney BROWN	JR	5	Lincoln (Mo.)	2:18.69		3/29
5		Kadence WALLACE	FR	3	Southwest Bapti	2:18.78		3/29
6		Raina BAKER	JR	6	Truman	{4} 2:19.85		3/22
7		Janellisa OCEGUERA	FR	1	Lewis	2:20.18		4/5
8		Kristina FINDLEY	FR	1	Lewis	{2} 2:20.34		4/5
9		Phoebe CANATSEY	FR	6	Truman	{5} 2:20.61		3/29
10		Mallorie METZGER	SO	4	Maryville (Mo.)	2:21.40		4/5

Women's 1500 Meters

1	26	Lexy HENRIKSON	SR	6	Truman	4:30.64		3/28
2	28	Addie MATHIS	SR	6	Truman	{2} 4:30.97		3/28
3	47	Anna KOZAK	SR	1	Lewis	4:34.25		3/28
4		Lyric FORD	SO	4	Maryville (Mo.)	4:45.82		3/29
5		Josie DIFFENDAFFER	SO	12	Drury	4:46.63		3/29
6		Lily HUNSUCKER	SO	3	Southwest Bapti	4:47.55		3/29
7		Sarah WILLIAMS	FR	6	Truman	{3} 4:47.82		3/22
8		Lydia LEHMBECK	SR	6	Truman	{4} 4:48.40		3/22
9		Mallorie METZGER	SO	4	Maryville (Mo.)	{2} 4:49.92		3/29
10		Clare STAHR	FR	6	Truman	{5} 4:50.09		3/22

Women's Steeplechase

1	91	Morgan GIOIA	SO	1	Lewis	11:42.41		4/5
2		Carly SHIPMAN	SR	1	Lewis	{2} 11:58.50		4/5
3		McKenna LEDGERWOOD	JR	6	Truman	11:59.96		3/29
4		Kati SCHOENEBERG	SR	6	Truman	{2} 12:08.38		3/29
5		Olivia CLIVE	JR	4	Maryville (Mo.)	12:18.96		3/29
6		Brylee GOGEL	JR	12	Drury	12:55.06		3/29
7		Grace KAISER	SO	11	Rockhurst	13:06.71		3/28
8		Bella WILTFONG	JR	11	Rockhurst	{2} 14:17.63		3/28



Conference TFRI Event Summary



GLVC

as of 4/8/2025 7:10:20 AM ET

Women's 5000 Meters

1	18	Sarah MAY	SR	#1	Lewis	16:45.10	3/28
2	32	Kate GUDERJAN	JR	#1	Lewis	{2} 16:58.86	3/28
3	47	Mary EDWARDS	SO	#1	Lewis	{3} 17:06.51	3/28
4	79	Kaleigh INNISS	JR	#10	Illinois-Springfie	17:33.08	4/5
5		Olivia LITTLETON	SR	#3	Southwest Bapti	17:47.61	3/29
6		Jordan SERRAHN	SR	#10	Illinois-Springfie	{2} 17:49.93	4/5
7		Josslyn GOANA	FR	#10	Illinois-Springfie	{3} 17:51.75	4/5
8		Savannah LESHER	SR	#4	Maryville (Mo.)	17:58.94	3/28
9		Natalie GERDES	FR	#3	Southwest Bapti	{2} 18:01.10	3/29
10		Lillian BUZANI	SR	#10	Illinois-Springfie	{4} 18:06.94	4/5

Women's 10,000 Meters

1	4	Hannah SMRCKA	SR	#1	Lewis	33:38.71	3/28
2	9	Maddie MILLER	JR	#10	Illinois-Springfie	34:29.52	3/28
3	16	Naylah ALLEN	SR	#1	Lewis	{2} 35:07.60	3/28
4	22	Madilyn CALLOWAY	JR	#1	Lewis	{3} 35:42.47	3/28
5	23	Josephine BOBER	SR	#1	Lewis	{4} 35:45.64	3/28
6	42	Kaleigh INNISS	JR	#10	Illinois-Springfie	{2} 37:00.25	3/28
7	66	Jordan SERRAHN	SR	#10	Illinois-Springfie	{3} 37:58.45	3/28
8	70	Chloe WANNAMAKER	SR	#1	Lewis	{5} 38:09.52	3/28
9		Emma GASTON	JR	#2	Indianapolis	40:57.12	3/28
10		Allison THOMPSON	SO	#10	Illinois-Springfie	{4} 40:58.66	4/5

Women's 4x100 Relay

1	2	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#3	Southwest Bapti	45.00	3/29
2	19	Makayla Myers, Sarai Brown, Chloe Davis, Emoni Owens	#4	Maryville (Mo.)	46.18	3/29
3	26	Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey	#5	Lincoln (Mo.)	46.37	3/29
4	34	Rebecca Cravedi, Faith Wyman, Katerina Kakaekaki, Denise Hernandez	#1	Lewis	46.72	3/22
5		Amber Cotton, Iyanna Dear, Helena Rohde, Divine Ozomma	#8	McKendree	49.24	3/22
6		Leila Moore, Camryn Thomas, Morgan Mayo, Caroline Mayes	#9	William Jewell	50.33	3/28
7		Jillian Dodds, Haylie Hutchinson, Jordan Sekafetz, Carolina Regalado	#13	Upper Iowa	51.54	4/5

Women's 4x400 Relay

1	1	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#3	Southwest Bapti	3:39.04	3/29
2	4	Abigail Brooks, Shevanae Thomas, Odeshia Nanton, Shantae George	#5	Lincoln (Mo.)	3:41.57	3/29
3	54	Faith Wyman, Janelisa Ocegueda, Rebecca Cravedi, Kristina Findley	#1	Lewis	3:56.95	3/29
4	55	Adonya Taylor, Divine Ozomma, Iyanna Dear, Mickayla Sutherland	#8	McKendree	3:57.89	3/29
5	81	Emoni Owens, Courtney Talley, Makayla Myers, Sarai Brown	#4	Maryville (Mo.)	4:03.23	3/29
6	94	Carmen Gentilia, Phoebe Canatsey, Madeline Sims, Raina Baker	#6	Truman	4:06.87	3/22
7		Leah Heck, Ellie Beck, Alexis O'Mara, Theresa Berger	#11	Rockhurst	4:10.63	3/28
8		Olivia Miles, Lauryn Fenoglio, Ali McClure, Maya Wright	#7	Missouri S&T	4:13.05	3/29
9		Leila Moore, Camryn Thomas, Morgan Mayo, Rylee Thompson	#9	William Jewell	4:35.34	3/28

Women's High Jump

1	6	Karmen KUROWICKA	SO	#1	Lewis	1.72m	5-7¾	3/29
2	33	Nehlia MILLS	JR	#5	Lincoln (Mo.)	1.65m	5-5	4/5
2	33	Olivia HENKEL	SR	#7	Missouri S&T	1.65m	5-5	3/22
4	61	Ellie LENCHERICH	SR	#2	Indianapolis	1.62m	5-3¾	4/5
5		Brynlee KEERAN	JR	#1	Lewis	{2} 1.56m	5-1¼	3/29
6		Esme AUBUCHON	SO	#6	Truman	1.55m	5-1	3/22
7		Odeshia NANTON	SO	#5	Lincoln (Mo.)	{2} 1.51m	4-11½	3/29
8		Lillian BOGARD	JR	#9	William Jewell	1.50m	4-11	3/28
8		Morgan AHLE	JR	#4	Maryville (Mo.)	1.50m	4-11	3/22
8		Ellis COHEN	SO	#5	Lincoln (Mo.)	{3} 1.50m	4-11	4/5



Conference TFRI Event Summary



GLVC

as of 4/8/2025 7:10:20 AM ET

Women's Pole Vault

1	17	Mackenzie VANBIBBER	JR	#2 Indianapolis	3.85m	12-7½	4/4
2	23	Brynlee KEERAN	JR	#1 Lewis	3.80m	12-5½	3/29
3	40	Elizabeth ROTHWEILER	JR	#7 Missouri S&T	3.65m	11-11¾	3/29
4	57	Sofia OLSSON	FR	#1 Lewis	{2} 3.55m	11-7¾	4/5
5	93	Patrycja KARPIESIUKE	JR	#1 Lewis	{3} 3.40m	11-1¾	4/5
6		Emily YOUNG	SO	#3 Southwest Bapti	3.35m	10-11¾	3/29
6		Jenna MUELLER	SO	#7 Missouri S&T	{2} 3.35m	10-11¾	3/29
6		Riley WARREN	FR	#1 Lewis	{4} 3.35m	10-11¾	3/29
6		Lillian CALLAHAN	FR	#2 Indianapolis	{2} 3.35m	10-11¾	3/30
10		Katelyn TURNER	SO	#4 Maryville (Mo.)	3.15m	10-4	3/22

Women's Long Jump

1	13	Denise HERNANDEZ	JR	#1 Lewis	5.95mw	19-6¼ (2.6)	3/22
2	15	Katerina KAKAELAKI	FR	#1 Lewis	{2} 5.91mw	19-4¾ (2.9)	3/29
3	27	Shinelle JHAGROO	FR	#8 McKendree	5.78m	18-11¾ (0.0)	3/22
4	51	Brittania INGRAM	SR	#5 Lincoln (Mo.)	5.63m	18-5¾ (1.2)	3/22
5		Ali MCCLURE	FR	#7 Missouri S&T	5.42m	17-9½ (1.3)	3/22
6		Brynlee KEERAN	JR	#1 Lewis	{3} 5.39m	17-8¼ (1.6)	3/29
7		Maya WRIGHT	JR	#7 Missouri S&T	{2} 5.35m	17-6¾ (1.1)	3/22
8		Kaitlyn HUTCHINSON	SO	#1 Lewis	{4} 5.33mw	17-6 (2.3)	3/29
9		Hailey SMITH	SO	#7 Missouri S&T	{3} 5.22mw	17-1½ (2.1)	3/29
10		Kelsey CRABTREE	FR	#3 Southwest Bapti	5.17m	16-11½ (1.1)	3/22

Women's Triple Jump

1	51	Brittania INGRAM	SR	#5 Lincoln (Mo.)	11.44m	37-6½ (0.0)	3/29
2	65	Haylie HUTCHINSON	SO	#13 Upper Iowa	11.30mw	37-1 (2.1)	3/28
3		Leah HECK	FR	#11 Rockhurst	10.80m	35-5¼ (-0.3)	3/22
4		Autumn HAWKINS	SO	#4 Maryville (Mo.)	10.65mw	34-11¼ (3.6)	3/22
5		Riley WARREN	FR	#1 Lewis	10.49m	34-5 (-2.0)	4/5
6		Caitlyn O'BOYLE	SO	#1 Lewis	{2} 10.38mw	34-¾ (3.0)	3/29
7		Taylor GREEN	FR	#3 Southwest Bapti	10.29mw	33-9¼ (3.6)	3/22
8		Ar'Janay LANDERS	FR	#11 Rockhurst	{2} 9.81m	32-2¼ (0.3)	3/22
9		Talia MYLES	FR	#1 Lewis	{3} 9.59m	31-5¾ (1.5)	3/29

Women's Shot Put

1	36	Faith HENSEL	JR	#2 Indianapolis	13.25m	43-5¾	4/4
2	44	Cydney BANKS	SR	#9 William Jewell	13.13m	43-1	4/5
3	53	Julia HAHN	JR	#4 Maryville (Mo.)	13.07m	42-10¾	3/22
4	62	Liz VERMILLION	JR	#4 Maryville (Mo.)	{2} 13.01m	42-8¼	3/29
4	62	Loria SNOWDEN	FR	#2 Indianapolis	{2} 13.01m	42-8¼	3/30
6	65	Macie SWINEHART	SO	#2 Indianapolis	{3} 13.00m	42-8	4/4
7	71	Amanda NOEL	SO	#2 Indianapolis	{4} 12.91m	42-4¼	4/4
8	92	Sydney MORRIS	FR	#7 Missouri S&T	12.63m	41-5¼	3/29
9		Hannah DART	FR	#2 Indianapolis	{5} 12.55m	41-2¼	3/30
10		Lauren WATTAWA	SO	#1 Lewis	11.64m	38-2¼	4/5

Women's Discus

1	18	Aubrey BRINKMAN	JR	#1 Lewis	46.73m	153-4	4/5
2	60	Zoe PENTECOST	SR	#2 Indianapolis	43.10m	141-5	3/30
3	83	Macie SWINEHART	SO	#2 Indianapolis	{2} 41.83m	137-3	3/30
4	92	Audra HOGAN	SR	#2 Indianapolis	{3} 41.46m	136-0	3/30
5	99	Amanda NOEL	SO	#2 Indianapolis	{4} 41.10m	134-10	3/30
6		Madeline FISCHER	FR	#7 Missouri S&T	39.55m	129-9	3/29
7		Faith HENSEL	JR	#2 Indianapolis	{5} 39.11m	128-4	4/4
8		Sydney MORRIS	FR	#7 Missouri S&T	{2} 38.95m	127-10	3/22
9		Kiana MAGHANOY	SR	#13 Upper Iowa	38.60m	126-8	3/28
10		Liz VERMILLION	JR	#4 Maryville (Mo.)	38.59m	126-7	3/29

Women's Hammer

1	5	Zoe PENTECOST	SR	#2 Indianapolis	59.28m	194-6	3/30
2	21	Audra HOGAN	SR	#2 Indianapolis	{2} 53.79m	176-6	3/30
3	49	MaKenna MASCHINO	SR	#2 Indianapolis	{3} 50.82m	166-9	3/30
4	94	Maya EFODI	FR	#2 Indianapolis	{4} 47.72m	156-7	3/30
5	98	Cydney BANKS	SR	#9 William Jewell	47.52m	155-11	4/5
6		Macie SWINEHART	SO	#2 Indianapolis	{5} 46.30m	151-11	3/30
7		Aubrey BRINKMAN	JR	#1 Lewis	45.93m	150-8	3/22
8		Dylan COLEMAN	JR	#3 Southwest Bapti	45.60m	149-7	3/22
9		Jada ALFARO	JR	#9 William Jewell	{2} 45.50m	149-4	3/28
10		Destiny ZIMDARS	JR	#6 Truman	44.11m	144-9	4/5

Women's Javelin

1	5	Alexis O'FARRELL	JR	#3 Southwest Bapti	47.67m	156-5	3/29
2	9	Savannah MANTHEY	SO	#3 Southwest Bapti	{2} 47.06m	154-5	3/29
3	45	Amelia WHITE	FR	#12 Drury	40.60m	133-3	3/29
4	54	Ayne HELD	FR	#4 Maryville (Mo.)	39.73m	130-4	3/29
5	77	Hope WOODALL	SO	#3 Southwest Bapti	{3} 38.06m	124-11	3/29
6		Amanda NOEL	SO	#2 Indianapolis	36.77m	120-8	3/30
7		Gracie METZGER	SO	#4 Maryville (Mo.)	{2} 34.84m	114-4	3/29
8		Ellie LENCHERICH	SR	#2 Indianapolis	{2} 34.70m	113-10	4/5
9		Maya WRIGHT	JR	#7 Missouri S&T	34.30m	112-7	3/29
10		Liz VERMILLION	JR	#4 Maryville (Mo.)	{3} 33.66m	110-5	3/22



Conference TFRI Event Summary



G-MAC

as of 4/8/2025 7:10:20 AM ET

Women's 100 Meters

1	16	Brianna CHENEVEY	SO	#1 Ashland	11.61w	(3.4)	3/30
2	19	Leah SMITH	SO	#3 Findlay	11.64	(0.0)	4/5
3	21	Summer SWARTWOUT	FR	#4 Cedarville	11.65w	(3.4)	3/30
4	63	Eleanor MINNING	JR	#2 Hillsdale	11.96	(-0.1)	4/5
5	75	Nevaeh LEWIS	FR	#6 Tiffin	11.99	(0.8)	3/30
6	100	Greta BARKER	SR	#1 Ashland	{2} 12.09w	(3.4)	3/30
7		Hailey RIOS	SO	#1 Ashland	{3} 12.11w	(3.4)	3/30
8		Taylor SCRIBNER	FR	#3 Findlay	{2} 12.40w	(2.5)	3/30
9		Mallory GASPER	SO	#4 Cedarville	{2} 12.43w	(2.5)	3/30
10		Nora HAGAN	SR	#4 Cedarville	{3} 12.50w	(2.7)	3/30

Women's 100 Meter Hurdles

1	58	Alena CHANEY	SR	#6 Tiffin	14.63	(1.1)	3/30
2	77	Aniya SEWARD	SR	#1 Ashland	14.75	(-0.3)	4/5
3	89	Odessa SMITH	SO	#1 Ashland	{2} 14.81	(-0.3)	4/5
4	98	Cassidy VOGT	SR	#6 Tiffin	{2} 14.86	(1.1)	3/30
5		Amelia MIZELLE	JR	#3 Findlay	15.14w	(2.7)	3/30
6		Gloria MENOLO	FR	#3 Findlay	{2} 15.18w	(2.7)	3/30
7		Baelyn ZITZMANN	FR	#2 Hillsdale	15.53	(1.2)	4/5
8		Keiyea JOHNSON	SO	#7 Northwood (Mic	15.67	(0.5)	3/22
9		Jordan HAMPTON	SR	#1 Ashland	{3} 15.68w	(3.3)	3/30
10		Nola HIPKINS	SO	#2 Hillsdale	{2} 15.70	(1.1)	3/30

Women's 200 Meters

1	12	Jordan TAYLOR	FR	#3 Findlay	23.65	(-0.5)	4/5
2	24	Brianna CHENEVEY	SO	#1 Ashland	23.98	(-0.5)	4/5
3	26	Leah SMITH	SO	#3 Findlay	{2} 23.99	(-0.5)	4/5
4	27	Summer SWARTWOUT	FR	#4 Cedarville	24.09w	(3.8)	4/5
5	42	Nevaeh LEWIS	FR	#6 Tiffin	24.30	(0.6)	3/30
6	53	Eleanor MINNING	JR	#2 Hillsdale	24.41w	(3.6)	4/5
7	83	Greta BARKER	SR	#1 Ashland	{2} 24.66	(0.4)	3/30
8		Maddie STACEY	SR	#1 Ashland	{3} 24.80w	(2.6)	3/30
9		Liana RODRIGUEZ	SR	#6 Tiffin	{2} 24.94	(0.6)	3/30
10		Mia GARDNER	SR	#1 Ashland	{4} 24.96	(0.9)	3/30

Women's 400 Meters

1	36	Taylor IVORY	SR	#3 Findlay	55.68		4/5
2	41	Josee BEHLING	SR	#2 Hillsdale	55.94		4/5
3	76	Mia GARDNER	SR	#1 Ashland	56.79		4/5
4	84	Mary ELLIS	SO	#3 Findlay	{2} 56.97		4/5
5	86	Jade AVANCE	JR	#1 Ashland	{2} 56.99		3/30
6	97	Francesca FEDERICI	JR	#2 Hillsdale	{2} 57.21		4/5
7		Alaysia BROOKS	SR	#8 Ursuline	57.55		3/29
8		Olivia SAYLOR	FR	#1 Ashland	{3} 57.67		4/5
9		Allea GRAVES	FR	#10 Malone	57.84		3/29
10		Nicole MARSHALL	SR	#2 Hillsdale	{3} 58.85		3/30

Women's 400 Meter Hurdles

1	4	Kylie RAY	FR	#3 Findlay	59.61		4/5
2	28	Zanri BLACK	FR	#3 Findlay	{2} 1:02.05		4/5
3	100	Montana WALKER	JR	#1 Ashland	1:05.21		3/30
4		Peyton HEITMEYER	JR	#3 Findlay	{3} 1:05.22		4/5
5		Helen UNGER	FR	#3 Findlay	{4} 1:05.78		4/5
6		Jenna GAUL	JR	#7 Northwood (Mic	1:06.54		3/22
7		Odessa SMITH	SO	#1 Ashland	{2} 1:06.72		3/30
8		Nola HIPKINS	SO	#2 Hillsdale	1:07.03		3/30
9		Amelia MAIER	FR	#4 Cedarville	1:08.36		3/30
10		Gianna LODICE	FR	#2 Hillsdale	{2} 1:08.66		4/5

Women's 800 Meters

1	7	Jade AVANCE	JR	#1 Ashland	2:07.38		4/5
2	20	Hope SIEVERT	SR	#1 Ashland	{2} 2:10.20		4/5
3	21	Ines MACADAM	SR	#6 Tiffin	2:10.23		3/29
4	33	Reese DRAGOVICH	SR	#2 Hillsdale	2:11.72c	(2:12.11A)	3/22
5	40	Claire RETHMAN	JR	#5 Walsh	2:13.12		3/29
6	41	Alaysia BROOKS	SR	#8 Ursuline	2:13.19		3/29
7	58	A'Zaria THOMAS	SR	#8 Ursuline	{2} 2:14.30		3/29
8	73	Nicole MARSHALL	SR	#2 Hillsdale	{2} 2:15.11		4/5
9	75	Emily WALSH	SR	#4 Cedarville	2:15.35		4/5
10	79	Bailey CHENEVEY	SR	#3 Findlay	2:15.46		4/5

Women's 1500 Meters

1	15	Evyn HUMPHREY	FR	#2 Hillsdale	4:26.21		3/29
2	22	Claire RETHMAN	JR	#5 Walsh	4:28.84		4/5
3	31	Ines MACADAM	SR	#6 Tiffin	4:31.62		3/29
4	37	Emily WALSH	SR	#4 Cedarville	4:33.30		3/30
5	56	Andi MANN	SR	#5 Walsh	{2} 4:34.97		4/5
6	79	Hope SIEVERT	SR	#1 Ashland	4:38.40		3/30
7		Audrianna ENNS	JR	#4 Cedarville	{2} 4:43.70		3/30
8		Rylee YOCUM	SR	#10 Malone	4:45.29		3/29
9		Aubrey HAYES	SO	#4 Cedarville	{3} 4:45.50		3/30
10		Alyssa STONER	SO	#5 Walsh	{3} 4:46.82		3/29

Women's Steeplechase

1	52	Aubrey HAYES	SO	#4 Cedarville	11:21.85		4/5
2	66	Anna ROBERTS	JR	#2 Hillsdale	11:29.69		3/29
3	77	Landry KOSKI	JR	#7 Northwood (Mic	11:35.37		4/4
4	78	Eleanor CLARK	SO	#2 Hillsdale	{2} 11:35.46		4/5
5	100	Abigail ATKINS	JR	#4 Cedarville	{2} 11:49.06		4/5
6		Kaylee AULTMAN	SO	#7 Northwood (Mic	{2} 12:35.06		3/22
7		Jaelyn PALMER	JR	#1 Ashland	13:08.72		3/30
8		Jessica SANDERS	JR	#9 Thomas More (K	13:26.86		4/5
9		Reagan KOBACH	FR	#2 Hillsdale	{3} 13:35.47		4/5
10		Margaret MCSORLEY	JR	#9 Thomas More (K	{2} 14:58.21		3/29



Conference TFRI Event Summary



G-MAC

as of 4/8/2025 7:10:20 AM ET

Women's 5000 Meters

1	9	Allison KUZMA	FR	#2 Hillsdale	16:40.09	3/29
2	41	Claire RETHMAN	JR	#5 Walsh	17:03.06	3/22
3	58	Bella GRAHAM	FR	#5 Walsh {2}	17:20.57	4/5
4	61	Alyssa STONER	SO	#5 Walsh {3}	17:23.69	4/5
5	82	Savannah ACKLEY	SR	#4 Cedarville	17:34.33	3/30
6		Savannah FRALEY	SO	#2 Hillsdale {2}	17:43.90	3/29
7		Hailey WILSON	SR	#3 Findlay	17:45.82	4/5
8		Izzy RAMMEL	SR	#5 Walsh {4}	17:46.42	4/5
9		Ava BEAM	SR	#3 Findlay {2}	17:48.79	4/5
10		Camryn BARKER	JR	#5 Walsh {5}	17:50.86	4/5

Women's 10,000 Meters

1	97	Savannah FAUGHT	JR	#9 Thomas More (K	39:15.43	4/5
2		Helen RHYMER	FR	#4 Cedarville	39:57.58	3/30
3		Emma SMITH	SR	#8 Ursuline	43:37.75	4/5
4		Gisele CABRERA	SO	#8 Ursuline {2}	47:16.24	4/5
5		Emily BROWN	FR	#9 Thomas More (K	50:39.05	4/5

Women's 4x100 Relay

1	3	Leah Smith, Taylor Ivory, Jordan Taylor, Kylie RAY	#3 Findlay	45.04	4/5
2	11	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#1 Ashland	45.76	4/5
3		Cara Pipitone, Allea Graves, Abigail Blaz, Macey Hicks	#10 Malone	49.27	4/5
4		Keiyera Johnson, Breanna Hyde, Jenna Gaul, Dannyka Johnson	#7 Northwood (Mic	49.98	3/22
5		Nikane Ambos, Shyla Pemberton, Naomi Haring, Faith Yancey	#12 Ohio Dominican	50.41	3/29
6		Emma Gullion, Kyla Miller, Talia McLin, Addison Vickery	#5 Walsh	52.45	3/22

Women's 4x400 Relay

1	13	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#1 Ashland	3:46.47	4/5
2	26	Mary Ellis, Taylor Ivory, Helen Unger, Zanri Black	#3 Findlay	3:50.25	4/5
3	91	Jenna Gaul, Nava Sanocki, Brooklyn Wolcott, Keiyera Johnson	#7 Northwood (Mic	4:05.98	4/5
4		Hope Carroll, Addison Harrington, Aubrey Hayes, Sydney Diedrich	#4 Cedarville	4:07.85	3/30
5		Eljoenai Wehl, Breanna Banks, Davinia Mireles-Sanchez, Kennedy Outland	#8 Ursuline	4:08.45	4/5
6		Brooklyn McIntylre, Cara Pipitone, Rebekah Stoneman, Allea Graves	#10 Malone	4:10.94	4/5
7		Dyllan Hasler, Joelle Klavon, Ashtyn Gindling, Marlee Ross	#9 Thomas More (K	4:16.66	3/22
8		Greta Macadam, Zaynah Tate, Danielle Davis, Anna Brodman	#6 Tiffin	4:21.00	3/30

Women's High Jump

1	6	Abby WHEELER	JR	#1 Ashland	1.72m	5-7¾	4/5
2	17	C'aira CARTER	SR	#6 Tiffin	1.68m	5-6	3/30
3	53	Baelyn ZITZMANN	FR	#2 Hillsdale	1.64m	5-4½	4/5
4		Aubrie WILSON	FR	#2 Hillsdale {2}	1.59m	5-2½	4/5
4		Reagan DAHLQUIST	SR	#2 Hillsdale {2}	1.59m	5-2½	4/5
6		Ashley SIGMON	JR	#3 Findlay	1.57m	5-1¾	4/5
6		Abigail HARTZLER	SO	#1 Ashland {2}	1.57m	5-1¾	4/5
8		Maggie WALDO	JR	#11 Lake Erie	1.56m	5-1¼	3/29
9		Kara FIELDS	SO	#1 Ashland {3}	1.53m	5-¼	3/30
10		Kayla KEPHART	SO	#8 Ursuline	1.52m	4-11¾	4/5

Women's Pole Vault

1	9	Colleen STEINMETZ	FR	#3 Findlay	4.05m	13-3½	4/5
2	12	Peyton PROFFITT	SO	#12 Ohio Dominican	3.95m	12-11½	4/5
3	13	Tara TOWNSEND	JR	#2 Hillsdale	3.90m	12-9½	3/29
4	23	Sarah MASUOKA	SR	#1 Ashland	3.80m	12-5½	4/5
5	27	Tru BUDDENBERG	SO	#3 Findlay {2}	3.79m	12-5¼	3/30
6	29	Katie CLIFFORD	SR	#2 Hillsdale {2}	3.78m	12-4¾	3/29
7	40	Makayla MAY	SO	#6 Tiffin	3.65m	11-11¾	3/30
7	40	Allie DUNLAP	SO	#1 Ashland {2}	3.65m	11-11¾	4/5
9	64	Kate ARCHER	FR	#5 Walsh	3.50m	11-5¾	3/29
9	64	Maci AMES	SO	#3 Findlay {3}	3.50m	11-5¾	4/5



Conference TFRI Event Summary



G-MAC

as of 4/8/2025 7:10:21 AM ET

Women's Long Jump

1	62	Julie WHITE	SR	#5 Walsh	5.60m	18-4½ (-1.5)	3/29
2		Savahnna GYASI-NIMAKO	SO	#8 Ursuline	5.44m	17-10¼ (1.0)	3/29
3		Mackenzie CUTLIP	SO	#5 Walsh	{2} 5.32m	17-5½ (-1.2)	3/29
4		Breanna HYDE	SO	#7 Northwood (Mic)	5.27mw	17-3½ (2.3)	3/22
5		Gianna LODICE	FR	#2 Hillsdale	5.26m	17-3¼ (0.2)	4/5
6		Katie KENNEDY	FR	#2 Hillsdale	{2} 5.25m	17-2¾ (1.6)	4/5
7		Ashley SIGMON	JR	#3 Findlay	5.10m	16-8¾ (0.6)	4/5
8		Joyce STALLARD	FR	#1 Ashland	5.09mw	16-8½ (3.6)	3/30
9		Baelyn ZITZMANN	FR	#2 Hillsdale	{3} 5.08m	16-8 (1.0)	3/29
9		Dannyka JOHNSON	FR	#7 Northwood (Mic)	{2} 5.08m	16-8 (0.8)	3/22

Women's Triple Jump

1	51	Savahnna GYASI-NIMAKO	SO	#8 Ursuline	11.44m	37-6½ (-0.7)	3/29
2	69	Jessica HOBAN	SR	#3 Findlay	11.28m	37-¼ (0.6)	4/5
3		Sidney SHEPPERT	SO	#1 Ashland	10.92m	35-10 (0.0)	4/5
4		Grace CHEN	SR	#2 Hillsdale	10.84m	35-6¾ (1.2)	4/5
5		Morgan ALLMAN	SR	#3 Findlay	{2} 10.64m	34-11 (0.2)	4/5
6		Mackenzie CUTLIP	SO	#5 Walsh	10.22m	33-6½ (1.6)	3/22
7		Katie KENNEDY	FR	#2 Hillsdale	{2} 10.08m	33-1 (1.9)	4/5
7		Olyvia STOOT	FR	#1 Ashland	{2} 10.08m	33-1 (0.0)	4/5
9		Allison MEIXNER	SO	#1 Ashland	{3} 9.81m	32-2¼ (1.0)	4/5

Women's Shot Put

1	6	Molly WINNER	SO	#1 Ashland	15.01m	49-3	4/5
2	18	Coulter BROOKE	SR	#3 Findlay	14.00m	45-11¼	4/5
3	20	Kelsey KINSLEY	SR	#1 Ashland	{2} 13.87m	45-6¼	4/5
4	30	Kelsey HANSEN	SO	#7 Northwood (Mic)	13.61m	44-8	3/22
5	32	Averi PARKER	SR	#2 Hillsdale	13.45m	44-1½	4/5
6	38	Katie SAYLES	SR	#2 Hillsdale	{2} 13.21m	43-4¼	4/5
7	53	Kaitlyn GUM	SO	#6 Tiffin	13.07m	42-10¾	3/30
8	58	Kelsey KENNON	SR	#3 Findlay	{2} 13.04m	42-9½	4/5
9	86	Julia FEIK	JR	#1 Ashland	{3} 12.71m	41-8½	3/30
10	87	Jennifer PATRICK	FR	#1 Ashland	{4} 12.70m	41-8	3/30

Women's Discus

1	16	Jennifer PATRICK	FR	#1 Ashland	47.12m	154-7	3/30
2	49	Kelsey HANSEN	SO	#7 Northwood (Mic)	43.88m	144-0	4/5
3	68	Leslie POLLOCK	SO	#1 Ashland	{2} 42.78m	140-4	4/5
4	77	Harley WEST	SR	#6 Tiffin	42.08m	138-1	3/30
5	87	Ava KIEFER	JR	#3 Findlay	41.69m	136-10	4/5
6		Coulter BROOKE	SR	#3 Findlay	{2} 39.35m	129-1	4/5
7		Kelsey KENNON	SR	#3 Findlay	{3} 39.12m	128-4	3/30
8		Tatum MILLER	SO	#5 Walsh	38.66m	126-10	3/22
9		Olivia NEWSOME	SO	#2 Hillsdale	38.55m	126-6	3/21
10		Averi PARKER	SR	#2 Hillsdale	{2} 38.45m	126-2	4/5

Women's Hammer

1	2	Molly WINNER	SO	#1 Ashland	61.14m	200-7	3/30
2	12	Kaylyn BARNETTE	SR	#1 Ashland	{2} 55.60m	182-5	3/30
3	18	Leslie POLLOCK	SO	#1 Ashland	{3} 54.65m	179-4	4/5
4	29	Coulter BROOKE	SR	#3 Findlay	52.51m	172-4	4/5
5	31	Averi PARKER	SR	#2 Hillsdale	52.46m	172-2	4/5
6	32	Richella SPIELVOGEL	SR	#11 Lake Erie	52.42m	172-0	3/29
7	39	Katie SAYLES	SR	#2 Hillsdale	{2} 51.55m	169-2	3/21
8	42	Juliet BERNARD	SR	#2 Hillsdale	{3} 51.37m	168-7	3/21
9	43	Kelsey HANSEN	SO	#7 Northwood (Mic)	51.34m	168-5	4/5
10	44	Kelsey KENNON	SR	#3 Findlay	{2} 51.32m	168-5	3/30

Women's Javelin

1		Raegen HOWDYSHELL	JR	#4 Cedarville	36.70m	120-5	3/30
2		Kassandra STINE	SR	#3 Findlay	35.90m	117-10	4/5
3		Marilyn POPPLEWELL	FR	#2 Hillsdale	33.63m	110-4	4/5
4		Mackenzie CUTLIP	SO	#5 Walsh	32.06m	105-2	3/22
5		Allie MOFFIT	JR	#7 Northwood (Mic)	31.92m	104-9	3/22
6		Kara FIELDS	SO	#1 Ashland	31.74m	104-2	3/30
7		Hailey GRANATA	SR	#7 Northwood (Mic)	{2} 28.21m	92-6¾	3/22
8		Olivia LAZARUS	SO	#1 Ashland	{2} 26.84m	88-¾	3/30
9		Ella SCHAFER	FR	#2 Hillsdale	{2} 23.49m	77-¾	4/5
10		Stephanie SMITH	FR	#3 Findlay	{2} 22.80m	74-9¾	3/30



Conference TFRI Event Summary



GNAC

as of 4/8/2025 7:10:21 AM ET

Women's 100 Meters

1	2	E'lexis HOLLIS	SR	#2 Central Washing	11.27w	(2.3)	3/29
2	51	Emma CANNAN	JR	#8 Simon Fraser	11.90	(-0.8)	4/5
3	63	Ashlyn NIELSEN	FR	#2 Central Washing{2}	11.96	(0.0)	4/4
4	69	Caitlyn CHENEY	SR	#1 Western Washin	11.97	(1.5)	4/5
5	87	Nerissa THOMPSON	JR	#3 Western Oregon	12.03	(-0.9)	3/29
6		Zoe GONZALES	SO	#2 Central Washing{3}	12.29	(0.6)	4/4
7		Jazmine DOTSON	JR	#3 Western Oregon{2}	12.33	(-0.9)	3/29
8		Hannah POLKINGHORN	JR	#1 Western Washin{2}	12.34	(1.5)	3/8
9		Mya RICHARDSON	JR	#7 Montana St.-Billi	12.37	(1.4)	3/27
10		Liv HEITE	SO	#5 Alaska Anchorag	12.42	(1.2)	3/8

Women's 100 Meter Hurdles

1	16	Liv HEITE	SO	#5 Alaska Anchorag	14.06	(1.2)	4/5
2	39	Hannah CHANG	JR	#4 Seattle Pacific	14.40	(-0.6)	4/4
3	91	Emy NTEKPERE	SO	#2 Central Washing	14.82w	(2.3)	3/29
4	98	Mette VAN DER MEER	SR	#5 Alaska Anchorag{2}	14.86	(1.2)	4/5
5	100	Ari NGUYEN	SO	#1 Western Washin	14.87	(0.3)	3/8
5	100	Lacie SIMMONS	SO	#5 Alaska Anchorag{3}	14.87	(1.2)	4/5
7		Macy CLEMENS	SR	#3 Western Oregon	15.25	(0.0)	3/21
8		Aliyah TABA	FR	#3 Western Oregon{2}	15.26	(1.9)	3/8
9		Amariyah CLAY	JR	#3 Western Oregon{3}	15.30	(0.0)	3/21
10		Carley HUBER	SR	#2 Central Washing{2}	15.31w	(2.5)	3/29

Women's 200 Meters

1	46	Kennedy COOK	SO	#1 Western Washin	24.33w	(3.3)	3/8
2	72	Bec BENNETT	JR	#1 Western Washin{2}	24.60	(-0.3)	4/5
3	85	Ashlyn NIELSEN	FR	#2 Central Washing	24.68	(1.0)	3/22
4		Elise HOPPER	JR	#2 Central Washing{2}	24.91	(0.7)	3/29
5		Caitlyn CHENEY	SR	#1 Western Washin{3}	24.92	(0.9)	4/5
6		Nerissa THOMPSON	JR	#3 Western Oregon	25.19	(-0.4)	3/29
7		Mya RICHARDSON	JR	#7 Montana St.-Billi	25.24	(1.6)	3/27
8		Hannah POLKINGHORN	JR	#1 Western Washin{4}	25.25	(-0.1)	3/22
9		Donna Marie HARRIS	JR	#2 Central Washing{3}	25.34	(-0.2)	4/4
10		Liv HEITE	SO	#5 Alaska Anchorag	25.41w	(3.3)	3/8

Women's 400 Meters

1	3	Kennedy COOK	SO	#1 Western Washin	54.09		4/5
2	6	Bec BENNETT	JR	#1 Western Washin{2}	54.25		3/22
3	69	Donna Marie HARRIS	JR	#2 Central Washing	56.64		3/22
4	78	Elise HOPPER	JR	#2 Central Washing{2}	56.81		3/29
5		Johanna BROWN	SR	#4 Seattle Pacific	58.01		3/22
6		Bella KLEIN	JR	#7 Montana St.-Billi	58.26		3/27
7		Jada SARRYS	FR	#4 Seattle Pacific {2}	58.52		3/8
8		Evangeline ROWLAND	FR	#4 Seattle Pacific {3}	58.95		3/29
9		Taylor BRASFIELD	FR	#3 Western Oregon	59.00		4/5
10		Jessy HART	SR	#3 Western Oregon{2}	59.32		4/5

Women's 400 Meter Hurdles

1	26	Liv HEITE	SO	#5 Alaska Anchorag	1:01.64		4/5
2	38	Carley HUBER	SR	#2 Central Washing	1:02.70		4/4
3	60	Ari NGUYEN	SO	#1 Western Washin	1:03.73		3/22
4	88	Madeline LAMBING	SR	#3 Western Oregon	1:04.89		4/5
5		Lacie SIMMONS	SO	#5 Alaska Anchorag{2}	1:05.82		4/5
6		Maddie WEATHERFORD	FR	#6 Northwest Naza	1:06.36		4/4
7		Hannah CHANG	JR	#4 Seattle Pacific	1:07.18		4/4
8		McKinley EDDINGTON	FR	#5 Alaska Anchorag{3}	1:08.55		3/29
9		Sophie MOCK	JR	#4 Seattle Pacific {2}	1:11.82		4/4
10		Linnea NAONE	FR	#4 Seattle Pacific {3}	1:11.87		3/8

Women's 800 Meters

1	38	Mia CROCKER	SR	#1 Western Washin	2:12.88		3/22
2	56	Elizabeth VANDERPOT	SR	#8 Simon Fraser	2:14.19		4/5
3	70	Ryann SMITH	FR	#5 Alaska Anchorag	2:14.80		4/5
4		Emmy KROONTJE	JR	#1 Western Washin{2}	2:16.21		4/5
5		Stephanie MILLAR	SO	#8 Simon Fraser {2}	2:16.54		3/23
6		Alexandra OTTO	SO	#5 Alaska Anchorag{2}	2:16.79		4/5
7		Lucia GARCIA	SO	#5 Alaska Anchorag{3}	2:18.70		4/5
8		Lilli LINDNER	JR	#5 Alaska Anchorag{4}	2:19.60		4/5
9		Jazmine LIEBL	JR	#3 Western Oregon	2:19.77		3/8
10		Kaydence NGUYEN	SO	#3 Western Oregon{2}	2:19.90		4/5

Women's 1500 Meters

1	52	Mia CROCKER	SR	#1 Western Washin	4:34.72		3/22
1	52	Rachael WATKINS	JR	#8 Simon Fraser	4:34.72		4/5
3	55	Alexandra OTTO	SO	#5 Alaska Anchorag	4:34.95		4/5
4	57	Annika ESVELT	SR	#4 Seattle Pacific	4:35.05		3/29
5	60	Ryann SMITH	FR	#5 Alaska Anchorag{2}	4:35.54		3/22
6	61	Selin TASDEMIR	JR	#8 Simon Fraser {2}	4:35.56		3/23
7	64	Emmy KROONTJE	JR	#1 Western Washin{2}	4:35.92		3/22
8	80	Jill PHILBIN	JR	#1 Western Washin{3}	4:38.52		3/29
9	98	Lilli LINDNER	JR	#5 Alaska Anchorag{3}	4:40.36		4/5
10		Maya EWING	JR	#4 Seattle Pacific {2}	4:41.26		3/1

Women's Steeplechase

1	3	Ila DAVIS	SR	#1 Western Washin	10:20.91		4/5
2	7	Maya EWING	JR	#4 Seattle Pacific	10:35.63		4/5
3	11	Ashley REECK	JR	#1 Western Washin{2}	10:46.37		4/5
4	18	Elie BASSETT	JR	#1 Western Washin{3}	10:53.69		4/5
5	32	Laura HALSELL	JR	#1 Western Washin{4}	11:06.13		4/5
6	46	Selin TASDEMIR	JR	#8 Simon Fraser	11:16.19		4/5
7	56	Skye STENEHJEM	FR	#1 Western Washin{5}	11:23.46		3/22
8	60	Olivia FLACK	SR	#3 Western Oregon	11:26.30		3/22
9	67	Katie CHAPMAN	SR	#3 Western Oregon{2}	11:30.06		4/5
10	69	Avery WILLIAMSON	JR	#5 Alaska Anchorag	11:31.20		3/22



Conference TFRI Event Summary



GNAC

as of 4/8/2025 7:10:21 AM ET

Women's 5000 Meters

1	1	Annika ESVELT	SR	#4	Seattle Pacific	15:56.94	4/5
2	37	Maya EWING	JR	#4	Seattle Pacific {2}	17:02.09	3/22
3	44	Kyla POTRATZ	SO	#3	Western Oregon	17:04.29	3/22
4	64	Ryann SMITH	FR	#5	Alaska Anchorage	17:25.33	4/5
5	73	Emma SMITH	SR	#1	Western Washington	17:30.79	3/22
6	86	Ashley REECK	JR	#1	Western Washington {2}	17:36.51	3/22
7	91	Danielle MCLAIN	SO	#1	Western Washington {3}	17:37.51	4/5
8	95	Ella EDENS	SO	#1	Western Washington {4}	17:39.15	4/5
9	97	Alexis PARKER	JR	#1	Western Washington {5}	17:39.80	3/22
10		Payton CONOVER	FR	#2	Central Washington	17:53.64	3/22

Women's 10,000 Meters

1	41	Emma SMITH	SR	#1	Western Washington	36:58.80	3/1
2	43	Morgan ERLER	JR	#6	Northwest Nazarene	37:02.40	3/1
3	54	Alexis PARKER	JR	#1	Western Washington {2}	37:25.45	3/1
4	63	Danielle MCLAIN	SO	#1	Western Washington {3}	37:46.03	3/1
5	65	Ella EDENS	SO	#1	Western Washington {4}	37:55.42	3/1
6	69	Anna PRUSSIAN	SO	#4	Seattle Pacific	38:01.57	4/5
7	73	Alanna PARKER	JR	#1	Western Washington {5}	38:14.48	3/1
8	78	Tressa WOOD	SR	#5	Alaska Anchorage	38:21.82	4/5
9	83	Matise MULCH	JR	#4	Seattle Pacific {2}	38:43.58	4/5
10	88	Ali CLIFTON	JR	#3	Western Oregon	38:56.85	3/1

Women's 4x100 Relay

1	5	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#2	Central Washington	45.15	3/29
2	50	Hannah Polkinghorn, Kennedy Cook, Annabelle Heiman, Caitlyn Cheney	#1	Western Washington	47.33	4/5
3	100	Sophie Hanay, Johanna Brown, Hannah Chang, Jada Sarrys	#4	Seattle Pacific	48.81	3/8
4		Alyse Fountain, Annika Morrow, Tori Houg, Jazmine Dotson	#3	Western Oregon	50.07	3/29

Women's 4x400 Relay

1	24	Donna Marie Harris, Elise Hopper, Carley Huber, Ashlyn Nielsen	#2	Central Washington	3:48.53	3/29
2	48	Evangeline Rowland, Johanna Brown, Hannah Chang, Jada Sarrys	#4	Seattle Pacific	3:55.44	4/4
3	53	Kennedy Cook, Annabelle Heiman, Hannah Polkinghorn, Ari Nguyen	#1	Western Washington	3:56.84	3/22
4	65	Liv Heite, Lacie Simmons, Lucia Garcia, Mya Campbell	#5	Alaska Anchorage	3:59.70	3/22
5	89	Tori Houg, Mya Fry, Aliyah Taba, Amity Deters	#3	Western Oregon	4:05.60	3/8
6		Madison Vu, Kadence Merritt, Mira Jayarama, Kya Ramirez	#9	Saint Martin's	4:32.30	3/15

Women's High Jump

1	1	Emy NTEKPERE	SO	#2	Central Washington	1.79m	5-10½	3/29
2	11	Kora COOK	SO	#1	Western Washington	1.70m	5-7	3/1
3	20	Miya KOCH	SR	#6	Northwest Nazarene	1.67m	5-5¾	3/15
4	24	Amity DETERS	SR	#3	Western Oregon	1.66m	5-5¼	3/21
5	56	Macy CLEMENS	SR	#3	Western Oregon {2}	1.63m	5-4¼	3/21
6	61	Hannah COOPER	SO	#7	Montana St.-Billings	1.62m	5-3¾	4/5
7		Kylie GRIFFIN	JR	#3	Western Oregon {3}	1.58m	5-2¼	3/29
7		Olivia BOYD	FR	#3	Western Oregon {3}	1.58m	5-2¼	3/25
7		Karma WALKER	SO	#1	Western Washington {2}	1.58m	5-2¼	3/8
10		Mya CAMPBELL	FR	#5	Alaska Anchorage	1.57m	5-1¾	4/5

Women's Pole Vault

1	9	Lauryn MCGOUGH	SO	#2	Central Washington	4.05m	13-3½	3/29
2	40	Sydney MOHLMAN	SO	#1	Western Washington	3.65m	11-11¾	3/8
3		Cariann BRYANT	SO	#2	Central Washington {2}	3.24m	10-7½	4/4
3		Kaitlyn ASKAY	FR	#4	Seattle Pacific	3.24m	10-7½	3/1
5		Isabel ZAMORA-MERCADO	FR	#3	Western Oregon	3.09m	10-1½	4/5
5		Alena ROSS	SO	#2	Central Washington {3}	3.09m	10-1½	4/4
7		Alecia LEMEZA	SO	#3	Western Oregon {2}	2.94m	9-7¾	4/5
7		Alexa MCGOWAN	FR	#3	Western Oregon {2}	2.94m	9-7¾	3/1
9		Kayley MORRISSEY	FR	#6	Northwest Nazarene	2.64m	8-8	4/4



Conference TFRI Event Summary



GNAC

as of 4/8/2025 7:10:21 AM ET

Women's Long Jump

1	15	Emy NTEKPERE	SO	#2 Central Washing	5.91m	19-4¾ (0.3)	3/29
2	35	Hannah POLKINGHORN	JR	#1 Western Washing	5.70m	18-8½ (0.4)	4/5
3	57	Mya CAMPBELL	FR	#5 Alaska Anchorag	5.61m	18-5 (1.9)	3/22
4	89	Macy CLEMENS	SR	#3 Western Oregon	5.52m	18-1½ (1.9)	3/8
5		Nicole AVERY	JR	#1 Western Washing{2}	5.45m	17-10¾ (0.0)	3/8
6		Vivien LIESSFELD	SO	#5 Alaska Anchorag{2}	5.44m	17-10¼ (0.9)	4/5
7		Kora COOK	SO	#1 Western Washing{3}	5.41m	17-9 (1.7)	4/5
8		Amariyah CLAY	JR	#3 Western Oregon{2}	5.37m	17-7½ (1.9)	3/8
9		Carley HUBER	SR	#2 Central Washing{2}	5.30m	17-4¾ (0.0)	3/8
10		Alyssa DUNCAN	JR	#9 Saint Martin's	5.10m	16-8¾ (-1.6)	3/1

Women's Triple Jump

1	1	Emy NTEKPERE	SO	#2 Central Washing	13.26m	43-6 (0.2)	3/29
2	82	Tehya MOORE	JR	#2 Central Washing{2}	11.18m	36-8¼ (-0.9)	3/8
3		Alyssa DUNCAN	JR	#9 Saint Martin's	10.97m	36-0 (-1.4)	3/15
4		Ayla DANNER-BUNN	SO	#1 Western Washing	10.66mw	34-11¾ (3.8)	3/8
5		Rylee KILTGAARD	FR	#6 Northwest Nazari	10.56m	34-7¾ (1.2)	3/15
6		Alecia LEMEZA	SO	#3 Western Oregon	10.10m	33-1¾ (0.0)	4/5
7		Alyssa SANCHEZ	JR	#7 Montana St.-Billi	10.06m	33-¼ (0.6)	3/22
8		Sadie WENDRING	SO	#3 Western Oregon{2}	9.99m	32-9½ (0.0)	3/29
9		Sophie HANAY	FR	#4 Seattle Pacific	9.97m	32-8½ (-0.3)	3/1
10		Georgia COLLINS	FR	#6 Northwest Nazari{2}	9.94m	32-7½ (0.0)	4/4

Women's Shot Put

1	8	Destany HERBERT	SR	#6 Northwest Nazari	14.95m	49-¾	4/4
2	12	Jessica POLKINGHORN	FR	#1 Western Washing	14.59m	47-10½	3/8
3	15	Kathryn CHAPIN	FR	#1 Western Washing{2}	14.21m	46-7½	3/22
4	21	Katie POTTS	SR	#1 Western Washing{3}	13.82m	45-4¾	4/5
5	44	Rylee ANDREWS	SO	#1 Western Washing{4}	13.13m	43-1	3/29
6	70	Mara PARKS	JR	#1 Western Washing{5}	12.92m	42-4¾	3/22
7	79	Grace LAM TIANG	JR	#3 Western Oregon	12.79m	41-11½	3/29
8	82	Kamila SALANOA	FR	#2 Central Washing	12.76m	41-10½	3/8
9	91	Maddy GRANDBOIS	SR	#1 Western Washing{6}	12.64m	41-5¾	4/5
10		Hannah COOPER	SO	#7 Montana St.-Billi	12.45m	40-10¼	3/15

Women's Discus

1	19	Katie POTTS	SR	#1 Western Washing	46.56m	152-9	4/5
2	96	Payton ELENBAAS	SR	#2 Central Washing	41.19m	135-2	3/22
3	99	Emma KWOK	SO	#6 Northwest Nazari	41.10m	134-10	3/15
4		Adriannah GALVAN	SO	#1 Western Washing{2}	38.82m	127-5	4/5
5		Guinevere RYDBERG	JR	#3 Western Oregon	37.62m	123-5	3/8
6		Jocelyn SARIBAY	SR	#9 Saint Martin's	37.20m	122-1	3/1
7		Jordan ELDRIDGE	SR	#6 Northwest Nazari{2}	36.61m	120-2	4/4
8		Kamia TOOTOOSIS-DIDIER	FR	#2 Central Washing{2}	36.13m	118-7	4/4
9		Brenna BOARD	SR	#2 Central Washing{3}	35.40m	116-2	3/29
10		Ellie PRAZER	SO	#2 Central Washing{4}	34.90m	114-6	4/4

Women's Hammer

1	33	Payton ELENBAAS	SR	#2 Central Washing	52.27m	171-6	4/4
2	51	Jocelyn SARIBAY	SR	#9 Saint Martin's	50.64m	166-2	3/8
3	56	Destany HERBERT	SR	#6 Northwest Nazari	50.18m	164-8	4/4
4	64	Zuzanna LINIEWSKI	SR	#8 Simon Fraser	49.49m	162-5	3/23
5	91	Jordan ELDRIDGE	SR	#6 Northwest Nazari{2}	47.92m	157-3	4/4
6		Kathryn CHAPIN	FR	#1 Western Washing	47.06m	154-5	3/15
7		Mara PARKS	JR	#1 Western Washing{2}	46.21m	151-7	3/15
8		Jaida GREEN	JR	#7 Montana St.-Billi	46.09m	151-3	3/27
9		Jazmin MENDOZA	SR	#2 Central Washing{2}	45.23m	148-5	3/8
10		Hannah COOPER	SO	#7 Montana St.-Billi{2}	44.74m	146-10	3/15

Women's Javelin

1	21	Emily POWERS	JR	#6 Northwest Nazari	43.84m	143-10	4/4
2	51	Jessica POLKINGHORN	FR	#1 Western Washing	39.98m	131-2	3/15
3	78	Lauryn MCGOUGH	SO	#2 Central Washing	38.05m	124-10	3/29
4	82	Grace LAM TIANG	JR	#3 Western Oregon	37.93m	124-6	3/29
5	92	Rylee ANDREWS	SO	#1 Western Washing{2}	37.38m	122-8	3/29
6		Hannah COOPER	SO	#7 Montana St.-Billi	36.44m	119-7	3/27
7		Bailey BOARD	FR	#2 Central Washing{2}	36.22m	118-10	3/8
8		Vivien LIESSFELD	SO	#5 Alaska Anchorag	35.73m	117-3	3/25
9		Kamia TOOTOOSIS-DIDIER	FR	#2 Central Washing{3}	35.34m	116-0	4/4
10		Olivia BOYD	FR	#3 Western Oregon{2}	34.34m	112-8	3/25

Women's Heptathlon

1	11	Macy CLEMENS	SR	#3 Western Oregon	4,639		3/21
2	14	Amariyah CLAY	JR	#3 Western Oregon{2}	4,619		3/21
3	24	Carley HUBER	SR	#2 Central Washing	4,313		3/8
4	25	Vivien LIESSFELD	SO	#5 Alaska Anchorag	4,303		3/25
5	26	Amity DETERS	SR	#3 Western Oregon{3}	4,283		3/21
6	34	Nicole AVERY	JR	#1 Western Washing	4,137		4/4
7	47	Aliyah TABA	FR	#3 Western Oregon{4}	3,809		3/25
8	48	Hannah COOPER	SO	#7 Montana St.-Billi	3,797c	(3797A)	4/5
9	58	Joy AYODEJI	FR	#2 Central Washing{2}	3,687		3/8
10	61	Olivia BOYD	FR	#3 Western Oregon{5}	3,610		3/25



Conference TFRI Event Summary



GSC

as of 4/8/2025 7:10:21 AM ET

Women's 100 Meters

1	14	Yakubu BALIKIS	SR	#5	West Alabama	11.59	(1.5)	3/22
2	56	Liz LANNOM	FR	#2	Lee (Tenn.)	11.93	(1.9)	4/5
3	63	Jordyn DORTCH	SO	#1	Alabama-Huntsv	11.96	(-1.6)	3/29
4	72	Livia FISCHER	SO	#4	Mississippi Colle	11.98	(2.0)	4/5
5		Jydia FAUCETTE	SR	#2	Lee (Tenn.)	{2} 12.14w	(4.0)	4/5
6		Mikia HUTCHINGS	SR	#5	West Alabama	{2} 12.19	(-0.1)	4/5
7		Deja HINES	FR	#1	Alabama-Huntsv	{2} 12.26	(1.4)	3/29
8		Keziah MICKLER	SO	#1	Alabama-Huntsv	{3} 12.32	(1.4)	3/29
9		Samantha BENNETT	FR	#3	Montevallo	12.49	(1.6)	3/9
10		Alana GREEN	JR	#4	Mississippi Colle	{2} 12.54	(-1.1)	3/22

Women's 100 Meter Hurdles

1	29	Liz LANNOM	FR	#2	Lee (Tenn.)	14.29	(0.8)	3/22
2	41	Ivy TEACHEY	SO	#1	Alabama-Huntsv	14.42	(1.0)	3/29
3	59	Madison FLUGENCE	SO	#4	Mississippi Colle	14.64w	(2.5)	3/9
4	78	Katie GATES	SO	#4	Mississippi Colle	{2} 14.76w	(2.5)	3/9
5	82	Liezl THERON	SR	#2	Lee (Tenn.)	{2} 14.78	(0.7)	3/22
6		Gioia SCOPEL	JR	#7	Christian Brothe	15.13	(1.1)	3/22
7		Ashanti SLAUGHTER	FR	#1	Alabama-Huntsv	{2} 15.24	(0.7)	3/29
8		Hallie HARRELL	FR	#3	Montevallo	15.78w	(2.6)	4/5
9		Hope COLLINS	FR	#1	Alabama-Huntsv	{3} 15.85	(1.4)	3/22
10		Ane PEASLSY	JR	#2	Lee (Tenn.)	{3} 15.97	(0.5)	3/22

Women's 200 Meters

1	15	Yakubu BALIKIS	SR	#5	West Alabama	23.75	(-0.4)	3/22
2	48	Liz LANNOM	FR	#2	Lee (Tenn.)	24.35	(1.6)	3/22
3	72	Summer SUTHERLIN	FR	#1	Alabama-Huntsv	24.60w	(2.7)	3/29
4		Hilary UDECHUKWU	SR	#4	Mississippi Colle	24.88	(0.8)	4/5
5		Livia FISCHER	SO	#4	Mississippi Colle	{2} 24.89	(0.3)	4/5
6		Aniya JOHNSON	SO	#1	Alabama-Huntsv	{2} 24.93	(0.8)	3/29
7		Maddox MAYFIELD	FR	#2	Lee (Tenn.)	{2} 25.18w	(2.2)	3/22
8		Ivy TEACHEY	SO	#1	Alabama-Huntsv	{3} 25.27	(0.8)	3/29
9		Alana GREEN	JR	#4	Mississippi Colle	{3} 25.46	(1.5)	3/9
10		Jydia FAUCETTE	SR	#2	Lee (Tenn.)	{3} 25.47	(1.2)	3/22

Women's 400 Meters

1	59	Grace HAMPEL	JR	#1	Alabama-Huntsv	56.41		3/29
2	61	Aniya JOHNSON	SO	#1	Alabama-Huntsv	{2} 56.42		3/29
3	95	Summer SUTHERLIN	FR	#1	Alabama-Huntsv	{3} 57.19		3/22
4		Hilary UDECHUKWU	SR	#4	Mississippi Colle	57.24		4/5
5		Augusta ARNOLD	SR	#5	West Alabama	57.35		3/22
6		Sarah COTHRAN	FR	#1	Alabama-Huntsv	{4} 59.29		3/29
7		Livia FISCHER	SO	#4	Mississippi Colle	{2} 59.71		3/22
8		Ann COBB	FR	#4	Mississippi Colle	{3} 1:00.57		3/22
9		Alana GREEN	JR	#4	Mississippi Colle	{4} 1:00.80		3/9
10		Hannah JACKSON	SO	#4	Mississippi Colle	{5} 1:01.29		3/22

Women's 400 Meter Hurdles

1	81	Hilary UDECHUKWU	SR	#4	Mississippi Colle	1:04.54		3/29
2	92	Hope COLLINS	FR	#1	Alabama-Huntsv	1:04.94		3/29
3		Jydia FAUCETTE	SR	#2	Lee (Tenn.)	1:05.42		4/5
4		Ashanti SLAUGHTER	FR	#1	Alabama-Huntsv	{2} 1:07.50		3/22
5		Madison FLUGENCE	SO	#4	Mississippi Colle	{2} 1:10.50		3/22
6		Chane DE BEER	JR	#6	Trevecca Nazare	1:10.88		3/22
7		Nina WILLOUGHBY	SO	#6	Trevecca Nazare	{2} 1:12.36		3/29
8		Lauren DELLEZAY	SO	#3	Montevallo	1:13.56		3/15
9		Kiffin BRUN	SR	#3	Montevallo	{2} 1:18.87		3/22

Women's 800 Meters

1	42	Estella CLEMONS	FR	#2	Lee (Tenn.)	2:13.37		3/22
2	48	Katie BEAM	SO	#2	Lee (Tenn.)	{2} 2:13.78		3/22
3	76	Augusta ARNOLD	SR	#5	West Alabama	2:15.36		3/29
4	78	Taylor BENOIT	JR	#4	Mississippi Colle	2:15.42		4/5
5	86	Grace HAMPEL	JR	#1	Alabama-Huntsv	2:15.86		3/22
6		Abi MOORE	FR	#2	Lee (Tenn.)	{3} 2:18.83		3/22
7		Sarah COTHRAN	FR	#1	Alabama-Huntsv	{2} 2:18.84		3/22
8		Raegan HELDT	SR	#6	Trevecca Nazare	2:20.80		3/22
9		Sarah TURNER	JR	#3	Montevallo	2:20.93		3/15
10		Sophia KNOX	SO	#1	Alabama-Huntsv	{3} 2:21.21		3/22

Women's 1500 Meters

1	21	Lily HARE	SR	#2	Lee (Tenn.)	4:28.77		3/29
2	23	Estella CLEMONS	FR	#2	Lee (Tenn.)	{2} 4:29.03		3/29
3	41	Taylor BENOIT	JR	#4	Mississippi Colle	4:33.91		4/5
4		Katie BEAM	SO	#2	Lee (Tenn.)	{3} 4:41.07		3/22
5		Mercy LOMURIA	FR	#5	West Alabama	4:43.73		3/9
6		Tamsyn GIBBS	FR	#1	Alabama-Huntsv	4:46.99		3/22
7		Abi MOORE	FR	#2	Lee (Tenn.)	{4} 4:47.08		3/22
8		Lyndi CHAPMAN	FR	#2	Lee (Tenn.)	{5} 4:49.43		4/5
9		Lucy BARKER	FR	#1	Alabama-Huntsv	{2} 4:49.56		3/22
10		Ashlyn ILIFF	SR	#2	Lee (Tenn.)	{6} 4:49.59		3/22

Women's Steeplechase

1	27	Ashlyn ILIFF	SR	#2	Lee (Tenn.)	11:02.37		3/29
2	63	Tamsyn GIBBS	FR	#1	Alabama-Huntsv	11:26.92		3/28
3		Shana SELLERS	JR	#4	Mississippi Colle	11:50.90		4/5
4		Abby WEIST	SR	#1	Alabama-Huntsv	{2} 12:13.92		3/22
5		Emily LIDDLE	FR	#2	Lee (Tenn.)	{2} 12:37.00		4/5
6		Elizabeth CAIN	SO	#1	Alabama-Huntsv	{3} 12:40.85		3/22

Women's 5000 Meters

1	13	Ana Patricia CAMPOS	SR	#2	Lee (Tenn.)	16:43.40		3/22
2	25	Lily HARE	SR	#2	Lee (Tenn.)	{2} 16:52.59		3/22
3	88	Mercy LOMURIA	FR	#5	West Alabama	17:36.65		3/28
4		Taylor BENOIT	JR	#4	Mississippi Colle	17:52.27		3/1
5		Katie KRUEGER	SR	#2	Lee (Tenn.)	{3} 18:07.83		3/22
6		Kinley HARRIS	FR	#4	Mississippi Colle	{2} 18:11.27		3/1
7		Shana SELLERS	JR	#4	Mississippi Colle	{3} 18:13.69		3/1
8		Natalie WARNER	SR	#3	Montevallo	18:15.97		3/22
9		Lucy BARKER	FR	#1	Alabama-Huntsv	18:20.07		3/28
10		Lyndi CHAPMAN	FR	#2	Lee (Tenn.)	{4} 18:21.78		3/22



USTFCCA NCAA Division II Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #2, April 8



GSC

as of 4/8/2025 7:10:21 AM ET

Women's 10,000 Meters

1	7	Ana Patricia CAMPOS	SR	#2 Lee (Tenn.)	34:25.64	3/29
---	---	---------------------	----	----------------	----------	------

Women's 4x100 Relay

1	22	Deja Hines, Summer Sutherland, Keziah Mickler, Jordyn Dortch	#1 Alabama-Huntsv	46.22	3/29
2	49	Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis	#5 West Alabama	47.22	4/5
3	58	#Type!	#4 Mississippi Colle	47.58	3/9
4	61	Jydia Faucette, Sydney White, Ane Peasly, Liz Lannom	#2 Lee (Tenn.)	47.68	4/5
5		Hallie Harrell, Zahren Burton, Libby Wright, Samantha Bennett	#3 Montevallo	50.63	3/15
6		Chane De beer, Ava Skaggs, Nina Willoughby, Jamelia Stovall	#6 Trevecca Nazare	52.46	3/15

Women's 4x400 Relay

1	15	Deja Hines, Summer Sutherland, Grace Hampel, Jordyn Dortch	#1 Alabama-Huntsv	3:46.79	3/29
2	38	Sydney White, Liz Lannom, Estella Clemons, Maddox Mayfield	#2 Lee (Tenn.)	3:52.69	4/5
3	47	Livia Fischer, Ann Cobb, Alana Green, Hilary Udechukwu	#4 Mississippi Colle	3:55.32	3/29
4		Augusta Arnold, Jamaya Dancy, Jordan Conner, Erica Smith	#5 West Alabama	4:09.74	3/1
5		Chane De beer, Ximena Acosta, Ava Skaggs, Raegan Heldt	#6 Trevecca Nazare	4:16.50	3/29
6		Lauren Dellezay, Sarah Turner, Leah Dendy, Rachel Smith	#3 Montevallo	4:27.55	3/15

Women's High Jump

1	6	Liezl THERON	SR	#2 Lee (Tenn.)	1.72m	5-7¾	3/22
2	24	Liz LANNOM	FR	#2 Lee (Tenn.)	{2} 1.66m	5-5¼	3/22
3	80	Zahren BURTON	SR	#3 Montevallo	1.60m	5-3	3/9
3	80	Aniya JOHNSON	SO	#1 Alabama-Huntsv	1.60m	5-3	3/22
5		Gioia SCOPEL	JR	#7 Christian Brothe	1.55m	5-1	3/22
6		Sydney WHITE	SR	#2 Lee (Tenn.)	{3} 1.51m	4-11½	3/22
7		Morgan MCCARTNEY	FR	#3 Montevallo	{2} 1.50m	4-11	3/9
8		Alyssa PEREZ	SR	#3 Montevallo	{3} 1.45m	4-9	3/15
8		Elizabeth HAYHURST	JR	#3 Montevallo	{3} 1.45m	4-9	3/9
8		Hallie HARRELL	FR	#3 Montevallo	{3} 1.45m	4-9	3/9

Women's Pole Vault

1	32	Raegan MILLER	JR	#1 Alabama-Huntsv	3.75m	12-3½	3/29
2	40	Brynn DEPINET	JR	#2 Lee (Tenn.)	3.65m	11-11¾	3/22
3	64	Nicole COUNTER	SO	#2 Lee (Tenn.)	{2} 3.50m	11-5¾	3/22
4	93	Leah DENDY	JR	#3 Montevallo	3.40m	11-1¾	3/22
5		Skylar SUGGITT	SR	#3 Montevallo	{2} 3.00m	9-10	3/15

Women's Long Jump

1	56	Madison FLUGENCE	SO	#4 Mississippi Colle	5.62m	18-5¼ (2.0)	3/9
2	79	Liezl THERON	SR	#2 Lee (Tenn.)	5.55m	18-2½ (1.7)	4/5
3	82	Jydia FAUCETTE	SR	#2 Lee (Tenn.)	{2} 5.54mw	18-2¼ (3.8)	4/5
4		Jadlyn DEBARLABON	SO	#1 Alabama-Huntsv	5.39m	17-8¼ (1.1)	3/22
5		Farrah HAWKINS	SO	#3 Montevallo	5.27mw	17-3½ (2.7)	3/15
6		Hallie HARRELL	FR	#3 Montevallo	{2} 5.25m	17-2¾ (0.7)	3/15
7		Liz LANNOM	FR	#2 Lee (Tenn.)	{3} 5.22m	17-1½ (0.0)	3/22
8		Khila CORROTHERS	SO	#3 Montevallo	{3} 5.19m	17-½ (1.6)	4/5
9		Hannah JACKSON	SO	#4 Mississippi Colle	{2} 5.16m	16-11¼ (1.9)	3/9
10		Morgan MCCARTNEY	FR	#3 Montevallo	{4} 4.96mw	16-3¼ (2.1)	3/15

Women's Triple Jump

1	85	Farrah HAWKINS	SO	#3 Montevallo	11.15mw	36-7 (2.8)	3/15
2		Alana COLEMAN	FR	#1 Alabama-Huntsv	10.64m	34-11 (1.9)	4/5
3		Jadlyn DEBARLABON	SO	#1 Alabama-Huntsv	{2} 10.56m	34-7¾ (0.0)	3/29
4		Kiffin BRUN	SR	#3 Montevallo	{2} 10.24m	33-7¼ (1.1)	3/15
5		Morgan MCCARTNEY	FR	#3 Montevallo	{3} 10.08m	33-1 (1.5)	4/5
6		Alyssa PEREZ	SR	#3 Montevallo	{4} 9.31mw	30-6½ (2.5)	3/15

Women's Shot Put

1	25	Graice WAITE	FR	#2 Lee (Tenn.)	13.73m	45-½	4/5
2	55	Emily WOLF	SO	#3 Montevallo	13.06m	42-10¼	4/5
3		A'Cynthia BROWN	FR	#1 Alabama-Huntsv	12.37m	40-7	3/22
4		Rebekah ZWEERINK	FR	#4 Mississippi Colle	11.44m	37-6½	3/29
5		Sarah TANG	SO	#1 Alabama-Huntsv	{2} 11.42m	37-5¾	3/29
6		Sydney WHITE	SR	#2 Lee (Tenn.)	{2} 11.32m	37-1¾	3/22
7		McKenna JACKSON	FR	#3 Montevallo	{2} 11.29m	37-½	4/5
8		Samara BRINKS	JR	#2 Lee (Tenn.)	{3} 11.19m	36-8½	3/22
9		Katie WILKERSON	FR	#3 Montevallo	{3} 10.98m	36-¼	3/9
9		TaNiyah THOMAS	SR	#1 Alabama-Huntsv	{3} 10.98m	36-¼	3/22

Women's Discus

1	36	Emily WOLF	SO	#3 Montevallo	44.93m	147-5	3/15
2	39	Katie WILKERSON	FR	#3 Montevallo	{2} 44.52m	146-1	3/15
3	46	TaNiyah THOMAS	SR	#1 Alabama-Huntsv	43.97m	144-3	3/22
4	75	Kennedy THOMPSON	SO	#4 Mississippi Colle	42.18m	138-5	4/5
5	82	Graice WAITE	FR	#2 Lee (Tenn.)	41.93m	137-7	3/22
6	94	Rebekah ZWEERINK	FR	#4 Mississippi Colle	{2} 41.35m	135-8	4/5
7		Keva THOMAS	FR	#4 Mississippi Colle	{3} 38.92m	127-8	3/29
8		Morgan THRIFT	FR	#4 Mississippi Colle	{4} 38.71m	127-0	3/29
9		Hailey SMITH	JR	#1 Alabama-Huntsv	{2} 37.33m	122-6	3/29
10		Sarah TANG	SO	#1 Alabama-Huntsv	{3} 35.12m	115-3	3/29



Conference TFRI Event Summary



GSC

as of 4/8/2025 7:10:22 AM ET

Women's Hammer

1	93	Sarah TANG	SO	#1 Alabama-Huntsv	47.90m	157-2	3/29
2	96	Samara BRINKS	JR	#2 Lee (Tenn.)	47.66m	156-5	4/5
3		Emily WOLF	SO	#3 Montevallo	47.11m	154-7	3/22
4		Hailey SMITH	JR	#1 Alabama-Huntsv{2}	47.05m	154-5	3/22
5		Kennedy THOMPSON	SO	#4 Mississippi Colle	43.21m	141-9	3/29
6		Graice WAITE	FR	#2 Lee (Tenn.) {2}	43.08m	141-4	3/22
7		Kylie RINKE	JR	#1 Alabama-Huntsv{3}	41.70m	136-10	3/29
8		Rebekah ZWEERINK	FR	#4 Mississippi Colle{2}	41.41m	135-11	3/29
9		Sakari FAULKNER	SR	#4 Mississippi Colle{3}	40.51m	132-11	3/22
10		Keva THOMAS	FR	#4 Mississippi Colle{4}	40.46m	132-9	3/29

Women's Javelin

1	16	Aspen ARROWSMITH	SO	#1 Alabama-Huntsv	44.71m	146-8	3/22
2	52	Elizabeth HAYHURST	JR	#3 Montevallo	39.87m	130-10	3/9
3	58	Katie WILKERSON	FR	#3 Montevallo {2}	39.59m	129-11	4/5
4	72	Katelyn BROTHERS	SO	#3 Montevallo {3}	38.40m	126-0	3/9
5	79	Campbell JOHNSON	JR	#6 Trevecca Nazare	38.01m	124-9	3/29
6	84	Hailey SMITH	JR	#1 Alabama-Huntsv{2}	37.79m	124-0	3/29
7		Sarah COTHRAN	FR	#1 Alabama-Huntsv{3}	36.12m	118-6	3/22
8		Libby WRIGHT	SO	#3 Montevallo {4}	33.53m	110-0	3/15
9		Olivia DAVIDSON	SO	#2 Lee (Tenn.)	33.24m	109-1	4/5
10		Sydney WHITE	SR	#2 Lee (Tenn.) {2}	33.03m	108-5	3/22

Women's Heptathlon

1	20	Liz LANNOM	FR	#2 Lee (Tenn.)	4,452	3/22
2	23	Sydney WHITE	SR	#2 Lee (Tenn.) {2}	4,397	3/22
3	37	Hope COLLINS	FR	#1 Alabama-Huntsv	3,977	4/5
4	43	Hallie HARRELL	FR	#3 Montevallo	3,890	4/5
5		Nina WILLOUGHBY	SO	#6 Trevecca Nazare	2,639	3/22



Conference TFRI Event Summary



Independents

as of 4/8/2025 7:10:22 AM ET

Women's 100 Meters

1	Estefania RIVERA-GONZALEZ	FR	#1 UPR Rio Piedras	12.13	(0.5)	2/22
2	Enith MAYSONET	SO	#1 UPR Rio Piedras {2}	12.44	(-0.1)	2/22
3	Claudia FERNANDEZ	SR	#1 UPR Rio Piedras {3}	12.51	(1.5)	2/22
4	Briannynx MALDONADO	SO	#1 UPR Rio Piedras {4}	12.54	(-4.3)	2/22
5	Brianne PRESLEY	SO	#11 Cheyney	14.69	(-0.9)	3/29

Women's 100 Meter Hurdles

1	Kamila OSORIO	SO	#1 UPR Rio Piedras	15.72	(0.0)	2/22
2	Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {2}	16.97	(-0.3)	2/22
3	Kintla PENN	FR	#2 Alaska	18.24	(0.2)	3/29

Women's 400 Meters

1	89 Victoria NIEVES	SR	#1 UPR Rio Piedras	57.05		2/22
2	Valeria CARRASQUILLO	JR	#1 UPR Rio Piedras {2}	58.09		2/22
3	Alondra MAS NET	FR	#1 UPR Rio Piedras {3}	59.36		2/22
4	Camila ORTIZ	FR	#1 UPR Rio Piedras {4}	1:00.22		2/22

Women's 400 Meter Hurdles

1	Carely TORRECH	FR	#1 UPR Rio Piedras	1:08.31		2/22
2	Valeria OCASIO	SR	#1 UPR Rio Piedras {2}	1:08.53		2/22
3	Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {3}	1:10.16		2/22
4	Kintla PENN	FR	#2 Alaska	1:17.16		3/29

Women's 800 Meters

1	84 Teegan SILVA	JR	#2 Alaska	2:15.85		3/29
2	Sierra HOWARD	FR	#3 West Florida	2:22.06		3/29
3	Jayleann SERRANO	SR	#1 UPR Rio Piedras	2:23.36		2/22
4	Ella BURNETT	FR	#4 Valdosta State	2:25.08		4/5
5	Caitlyn KOSKE	SR	#4 Valdosta State {2}	2:28.38		4/5
6	Fran PETERSON	SO	#8 Saint Michael's	2:30.16		4/5
7	Jasmin HOLST	FR	#2 Alaska {2}	2:31.78		3/29
8	Madison SCHUH	FR	#2 Alaska {3}	2:33.22		3/29
9	Katherine LACROIX	SR	#4 Valdosta State {3}	2:35.51		4/5
10	Anna BROWN	JR	#4 Valdosta State {4}	2:37.08		4/5

Women's 1500 Meters

1	Lucca DUKE	SO	#2 Alaska	4:47.65		3/29
2	Chloe ROOK	JR	#3 West Florida	4:54.11		3/29
3	Ella BURNETT	FR	#4 Valdosta State	5:02.76		4/5
4	Emily BOWERS	FR	#5 Gannon	5:03.63		4/5
5	Dalines GONZALEZ	SR	#1 UPR Rio Piedras	5:05.17		2/22
6	Fran PETERSON	SO	#8 Saint Michael's	5:05.44		4/5
7	Sierra HOWARD	FR	#3 West Florida {2}	5:07.06		3/15
8	Haven BEJNEROWICZ	FR	#7 Georgia College	5:11.30		3/28
9	Eva JESWALD	FR	#7 Georgia College {2}	5:11.85		4/5
10	Alaynah GUTHRIE	SO	#9 USC Aiken	5:11.98		4/5

Women's Steeplechase

1	Alexandra NIEVES RIOS		#1 UPR Rio Piedras	12:53.89		2/22
2	Asalah FADI ABUHAIAH	SO	#1 UPR Rio Piedras {2}	13:27.50		2/22

Women's 5000 Meters

1	Chloe ROOK	JR	#3 West Florida	18:41.76		3/9
2	Gabby JOURDAIN	SO	#9 USC Aiken	18:42.33		4/5
3	Ava BALDAUF	JR	#3 West Florida {2}	18:52.47		3/15
4	Alexis ABBETT	FR	#5 Gannon	18:57.24		4/5
5	Megan ICKES	SO	#5 Gannon {2}	19:05.61		4/5
6	Katherine LACROIX	SR	#4 Valdosta State	19:06.96		4/5
7	Adley BURKES	SO	#6 Auburn Montgor	19:11.36		3/29
8	Emma MCGEE	FR	#6 Auburn Montgor {2}	19:16.62		3/29
9	Victoria MARKHAM	SO	#10 Union (Tenn.)	19:22.68		3/15
10	Addi AGUAYO	SO	#10 Union (Tenn.) {2}	19:23.24		3/15

Women's 10,000 Meters

1	Yariana CATALA	SR	#1 UPR Rio Piedras	42:39.94		2/22
2	Aniris ROMAN	SR	#1 UPR Rio Piedras {2}	43:29.75		2/22
3	Amanda LOPEZ	JR	#1 UPR Rio Piedras {3}	43:57.62		2/22
4	Kamila RODRIGUEZ	SR	#1 UPR Rio Piedras {4}	46:38.85		2/22

Women's 4x100 Relay

1	40 Enith Maysonet Rivera, Briannynx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez		#1 UPR Rio Piedras	47.08		2/22
---	---	--	--------------------	-------	--	------

Women's 4x400 Relay

1	33 Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo		#1 UPR Rio Piedras	3:52.13		2/22
---	---	--	--------------------	---------	--	------

Women's High Jump

1	33 Daniela ALEJANDO	SR	#1 UPR Rio Piedras	1.65m	5-5	2/22
2	80 Carely TORRECH	FR	#1 UPR Rio Piedras {2}	1.60m	5-3	2/22
3	Wilmarie MCGRANTH MARRER		#1 UPR Rio Piedras {3}	1.45m	4-9	2/22

Women's Long Jump

1	19 Claudia FERNANDEZ	SR	#1 UPR Rio Piedras	5.88mw	19-3½ (3.0)	4/5
2	72 Daniela ALEJANDO	SR	#1 UPR Rio Piedras {2}	5.57m	18-3¼ (0.1)	2/22

Women's Shot Put

1	Gabriela SOTO	SR	#1 UPR Rio Piedras	10.75m	35-3¼	2/22
2	Ilmarilys KERKADO BERMUDE		#1 UPR Rio Piedras {2}	10.54m	34-7	2/22
3	Tatiana VIZCARRONDO	SR	#1 UPR Rio Piedras {3}	9.25m	30-4¼	2/22
4	Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {4}	8.60m	28-2¾	2/22

Women's Discus

1	Clarmar RODRIGUEZ	SR	#1 UPR Rio Piedras	32.40m	106-4	2/22
2	Ilmarilys KERKADO BERMUDE		#1 UPR Rio Piedras {2}	30.85m	101-3	2/22
3	Mileny RIVERA PEREZ		#1 UPR Rio Piedras {3}	24.85m	81-6½	2/22



USTFCCA NCAA Division II Outdoor Track & Field
Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #2, April 8



Independents

as of 4/8/2025 7:10:22 AM ET

Women's Hammer

1	Gabriela SOTO	SR	#1 UPR Rio Piedras	40.20m	131-11	2/22
2	Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {2}	24.62m	80-9¼	2/22

Women's Javelin

1	Yalimar NIEVES SOLIVERA		#1 UPR Rio Piedras	34.92m	114-7	2/22
2	Tatiana VIZCARRONDO	SR	#1 UPR Rio Piedras {2}	30.06m	98-7½	2/22



Conference TFRI Event Summary



Lone Star

as of 4/8/2025 7:10:22 AM ET

Women's 100 Meters

1	4	Deborah ACHEAMPONG	SO	#2	West Texas A&M	11.38	(1.6)	3/22
2	15	Grizell SCARLETT	SO	#6	Eastern New Me	11.60cw	(11.57A) (2.	3/30
3	55	Joy EGWU	JR	#4	Lubbock Christi	11.92	(1.6)	3/22
4	56	Brandi DRAKE	JR	#8	UT Tyler	11.93	(1.0)	3/29
5	72	Leah BELFIELD	SR	#2	West Texas A&M {2}	11.98	(1.6)	3/22
5	72	Cynai CHRISTOPHER	SR	#3	Texas A&M-King	11.98w	(3.9)	3/22
7	86	Hailee JANZEN	FR	#5	Midwestern Stat	12.02	(1.0)	3/22
8		Anika BEUKES	SO	#4	Lubbock Christi{2}	12.13	(1.6)	3/22
9		Shackelia GREEN	JR	#1	Angelo State	12.14	(1.0)	3/8
10		Anne-Lie WAITE	FR	#4	Lubbock Christi{3}	12.17	(1.7)	3/22
10		Helena KLUTSEY-CARBOO	SO	#6	Eastern New Me{2}	12.17cw	(12.14A) (2.	3/30

Women's 100 Meter Hurdles

1	25	Maricia SPENCE	SR	#1	Angelo State	14.21w	(2.5)	4/5
2	29	Lainey JERNIGAN	FR	#1	Angelo State {2}	14.29w	(2.5)	4/5
3	31	Bracie VAUGHN	JR	#8	UT Tyler	14.31w	(2.6)	3/29
4	55	Isabel JAKOBSEN	SO	#8	UT Tyler {2}	14.60w	(2.9)	3/22
5	68	Temitope ADENUGA	SO	#2	West Texas A&M	14.69	(1.8)	3/22
6	73	Devyn ERICKSEN	FR	#6	Eastern New Me	14.72	(0.6)	3/22
7	74	Kaylee PRICE	FR	#1	Angelo State {3}	14.73w	(2.5)	4/5
8	76	Meadow HOUSMAN	SR	#7	Dallas Baptist	14.74w	(2.9)	3/22
9	80	Taylor GONZALEZ	JR	#2	West Texas A&M {2}	14.77	(1.8)	3/22
10		Kylie FRUSH	JR	#1	Angelo State {4}	15.04w	(2.2)	4/5
10		Audrey WISTAIN	SR	#10	St. Edward's	15.04w	(2.1)	3/22

Women's 200 Meters

1	3	Deborah ACHEAMPONG	SO	#2	West Texas A&M	23.24w	(3.3)	3/22
2	11	Cynai CHRISTOPHER	SR	#3	Texas A&M-King	23.62w	(4.0)	3/22
3	24	Anna SALISBURY	SR	#4	Lubbock Christi	23.98c	(23.91A) (1.	4/3
4	39	Grizell SCARLETT	SO	#6	Eastern New Me	24.21	(0.1)	3/22
5	44	Joy EGWU	JR	#4	Lubbock Christi{2}	24.31w	(3.3)	3/22
6	57	Oneika BRISSETT	FR	#3	Texas A&M-King{2}	24.43w	(2.8)	3/29
7	63	Anne-Lie WAITE	FR	#4	Lubbock Christi{3}	24.51w	(2.4)	3/22
8	70	Reanna ARGULLIN	SR	#4	Lubbock Christi{4}	24.57w	(3.3)	3/22
9	88	Corinne THORPE	SR	#5	Midwestern Stat	24.70w	(4.0)	3/22
10	100	Maricia SPENCE	SR	#1	Angelo State	24.76w	(2.1)	4/5
10	100	Hailee JANZEN	FR	#5	Midwestern Stat{2}	24.76w	(4.0)	3/22

Women's 400 Meters

1	1	Anna SALISBURY	SR	#4	Lubbock Christi	53.03		3/29
2	22	Nidhi SINGH	SR	#5	Midwestern Stat	55.13		3/22
3	34	Jozlyn ARANA	JR	#4	Lubbock Christi{2}	55.63		3/22
4	37	Elizabeth FLOREZ	SO	#4	Lubbock Christi{3}	55.70		3/22
5	50	Joy EGWU	JR	#4	Lubbock Christi{4}	56.19c	(56.08A)	4/3
6	56	Hailey RODRIGUEZ	JR	#10	St. Edward's	56.39		3/29
7	57	Reanna ARGULLIN	SR	#4	Lubbock Christi{5}	56.40		3/22
8	64	Jazmine MILLER	JR	#3	Texas A&M-King	56.56		3/29
9	70	Trell'Kyrh WATKINS	JR	#5	Midwestern Stat{2}	56.66		3/22
10	99	Sakara WADE	FR	#3	Texas A&M-King{2}	57.22		3/22

Women's 400 Meter Hurdles

1	12	Temitope ADENUGA	SO	#2	West Texas A&M	1:00.80		3/22
2	15	Asana HAMIDU	JR	#2	West Texas A&M {2}	1:01.00		3/22
3	29	Shackelia GREEN	JR	#1	Angelo State	1:02.11		3/8
4	36	Nidhi SINGH	SR	#5	Midwestern Stat	1:02.62		4/5
5	37	Jessie HEATH	SO	#5	Midwestern Stat{2}	1:02.64		4/5
6	39	Kaylee PRICE	FR	#1	Angelo State {2}	1:02.80		3/22
7	47	Lainey JERNIGAN	FR	#1	Angelo State {3}	1:03.00		3/22
8	50	Trell'Kyrh WATKINS	JR	#5	Midwestern Stat{3}	1:03.29		4/5
9	70	Hannah LAKIN	FR	#8	UT Tyler	1:04.26		4/5
10	88	Taylor GONZALEZ	JR	#2	West Texas A&M {3}	1:04.89		3/22

Women's 800 Meters

1	3	Abigail ABUGIRE	FR	#2	West Texas A&M	2:04.89		3/29
2	8	Nidhi SINGH	SR	#5	Midwestern Stat	2:07.77		3/29
3	12	Ellie FRYE	JR	#7	Dallas Baptist	2:08.36		4/5
4	35	Maggie NEAL	FR	#5	Midwestern Stat{2}	2:12.01		3/29
5	63	Jessie HEATH	SO	#5	Midwestern Stat{3}	2:14.52		3/22
6	76	Macy COGBURN	FR	#8	UT Tyler	2:15.36		3/29
7	89	Jadyn DANGERFIELD	JR	#5	Midwestern Stat{4}	2:15.97		3/22
8		Kaat DE STAERCKE	FR	#11	Cameron	2:16.84		4/4
9		Mary BROWN	SR	#1	Angelo State	2:17.33		4/5
10		Kinley KITE	FR	#9	Oklahoma Christ	2:17.44		3/29

Women's 1500 Meters

1	62	Lesli SALAS	SO	#7	Dallas Baptist	4:35.66		3/29
2	82	Kailynn DENNEY	SO	#8	UT Tyler	4:38.68		3/29
3	83	Macy COGBURN	FR	#8	UT Tyler {2}	4:38.72		3/29
4	85	Kinley KITE	FR	#9	Oklahoma Christ	4:38.83		3/29
5	86	Mia RIVERA	JR	#10	St. Edward's	4:39.06		3/22
6	91	Maya ESPINOSA	SR	#3	Texas A&M-King	4:39.75		3/29
7		Ivanova YANES	JR	#3	Texas A&M-King{2}	4:42.72		3/22
8		Kaat DE STAERCKE	FR	#11	Cameron	4:43.33		3/8
9		Juliana MERLO	JR	#10	St. Edward's {2}	4:44.92		3/29
10		Emily COLE	SR	#7	Dallas Baptist {2}	4:46.22		3/22

Women's Steeplechase

1	1	Eliette CHAPUT	JR	#2	West Texas A&M	10:14.50		3/29
2	40	Mary BROWN	SR	#1	Angelo State	11:12.33		4/5
3	48	Olivia WEIDER	JR	#4	Lubbock Christi	11:18.75		3/29
4	95	Anastasia TRONICEK	SO	#7	Dallas Baptist	11:44.96		4/5
5		Mariana SANCHEZ	JR	#5	Midwestern Stat	11:50.67		4/5
6		Chasity BENSON	FR	#1	Angelo State {2}	12:04.97		3/22
7		Pia SCHWEITZER	FR	#11	Cameron	12:14.90		4/4
8		Tamica JOOSTE	JR	#11	Cameron {2}	12:33.63		4/4
9		Kylie KNAPP	JR	#4	Lubbock Christi{2}	12:40.77c	(12:50.38A)	4/3
10		Bucki SMITH	SO	#4	Lubbock Christi{3}	13:01.88		3/29



Conference TFRI Event Summary



Lone Star

as of 4/8/2025 7:10:22 AM ET

Women's 5000 Meters

1	3	Sarah KOOMSON	SO	#2	West Texas A&M	16:17.42	3/29
2	4	Naomi ADDO	FR	#2	West Texas A&M {2}	16:20.01	3/29
3	6	Kalkidan VINCEDEAU	SR	#2	West Texas A&M {3}	16:25.06	3/29
4	22	Lesli SALAS	SO	#7	Dallas Baptist	16:51.60	4/5
5	49	Kinley KITE	FR	#9	Oklahoma Christ	17:12.82	4/4
6	74	Ella PANDO	JR	#5	Midwestern Stat	17:31.94	4/4
7		Mia RIVERA	JR	#10	St. Edward's	17:44.52	3/29
8		Jaycee LYONS	SO	#5	Midwestern Stat {2}	17:55.04	3/22
9		Aubrey LOZOYA	JR	#12	Western New Me	17:55.72	3/15
10		Emily COLE	SR	#7	Dallas Baptist {2}	18:03.86	3/29

Women's 10,000 Meters

1	11	Elise LEVEEL	SR	#2	West Texas A&M	34:45.06	3/29
2	21	Julie LAFARE	JR	#2	West Texas A&M {2}	35:34.98	3/29
3	27	Ivanova YANES	JR	#3	Texas A&M-King	36:09.64	3/29
4	28	Lexi MAUL	JR	#2	West Texas A&M {3}	36:16.03	3/29
5	61	Ella PANDO	JR	#5	Midwestern Stat	37:34.30	3/29
6	93	Caroline WILDRICK	SR	#10	St. Edward's	39:06.74	3/29
7	96	Finley HUNTING	SO	#8	UT Tyler	39:14.07	3/29
8	99	Gracie LADNER	SO	#8	UT Tyler {2}	39:16.53	3/29
9		Mariana SANCHEZ	JR	#5	Midwestern Stat {2}	39:50.78	3/22
10		Perla FLORES	JR	#5	Midwestern Stat {3}	39:54.25	3/22

Women's 4x100 Relay

1	17	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#2	West Texas A&M	46.00	3/29
2	27	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	#6	Eastern New Me	46.43	3/22
3	31	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	#4	Lubbock Christi	46.67c (46.55A)	4/3
4	32	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush	#1	Angelo State	46.71	3/22
5	35	Corinne Thorpe, Karissa Nixon, Jessie Heath, Hailee Janzen	#5	Midwestern Stat	46.73	3/22
6	76	Laniyah Curry, Katie Bosley, Mary Loftiss, Jamie Morgan	#9	Oklahoma Christ	48.05	3/29
7		Ariyana Blackwell, Lucia Mendoza, Kyra Nunez, Jazmine Miller	#3	Texas A&M-King	49.71	3/8

Women's 4x400 Relay

1	2	Asana Hamidu, Peace Nwaelehia, Abigail Abugire, Blessing Akintoye	#2	West Texas A&M	3:39.12	3/29
2	6	Elizabeth Florez, Joy Egwu, Anne-Lie Waite, Anna Salisbury	#4	Lubbock Christi	3:42.24	3/29
3	10	Jessie Heath, Trell'Kyrah Watkins, Maggie Neal, Nidhi Singh	#5	Midwestern Stat	3:44.47	3/29
4	30	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush	#1	Angelo State	3:51.23	3/29
5	50	Yamila Cartwright, Hailey Rodriguez, Karly Weyand, Sarah Willson	#10	St. Edward's	3:56.03	3/29
6	57	Ellie Frye, Jesse Swan, Addyson Hulett, Danielle Graham	#7	Dallas Baptist	3:58.13	3/29
7	72	Jazmine Miller, Sophie Mossman, Valentina Torres, Liberty Medina	#3	Texas A&M-King	4:01.19	3/22
8	77	Helena Klutsey-Carboo, Minerva Cerda-Hernandez, Meghan Rodriguez, Treasure Burrows	#6	Eastern New Me	4:02.11	3/22
9		Tamica Jooste, Kaat de Staercke, Gracie Ortiz, Terrionna Taylor	#11	Cameron	4:22.64	3/29
10		Nayeli Cobos, Jeanette Rivera, Isabella Medina, Veronika Garcia	#12	Western New Me	4:25.53	3/29

Women's High Jump

1	3	Madison ALEGRIA	SR	#3	Texas A&M-King	1.74m	5-8½	3/29
2	11	Afaf BENHADJA	SO	#3	Texas A&M-King {2}	1.70m	5-7	3/8
2	11	Madison RAMOS	JR	#3	Texas A&M-King {2}	1.70m	5-7	3/22
2	11	Laila AHMED	FR	#9	Oklahoma Christ	1.70m	5-7	3/29
5	33	Kylie PADEN	JR	#1	Angelo State	1.65m	5-5	3/8
6	56	Mara ANDRITSCH	FR	#2	West Texas A&M	1.63m	5-4¼	3/22
7	70	Emory GLAVAN	FR	#9	Oklahoma Christ {2}	1.61m	5-3¼	4/4
7	70	Maricia SPENCE	SR	#1	Angelo State {2}	1.61m	5-3¼	4/5
9	80	Annabell PHILLIPS	FR	#4	Lubbock Christi	1.60m	5-3	3/22
9	80	Paige BYFORD	SO	#4	Lubbock Christi	1.60m	5-3	3/30



Conference TFRI Event Summary



Lone Star

as of 4/8/2025 7:10:22 AM ET

Women's Pole Vault

1	11	Kylie PADEN	JR	#1 Angelo State	3.96m	12-11¾	3/8
2	40	Camryn BARROS	SR	#1 Angelo State	{2} 3.65m	11-11¾	4/5
3	64	Olivia MITCHELL	SO	#8 UT Tyler	3.50m	11-5¾	3/22
4		Jillian HALFMANN	SO	#1 Angelo State	{3} 3.35m	10-11¾	4/5
5		Minerva CERDA-HERNANDEZ	SO	#6 Eastern New Me:	3.25mA	10-8	3/30
6		Bella KENNEY	JR	#2 West Texas A&M	3.20m	10-6	3/22
7		Drew GRELLHESL	SO	#4 Lubbock Christi:	3.15mA	10-4	3/30
8		Katelyn BOHENSKY	SR	#1 Angelo State	{4} 3.05m	10-0	3/22
9		Hollis STOWE	FR	#4 Lubbock Christi:	{2} 2.90mA	9-6¼	3/30
10		Kylie KNAPP	JR	#4 Lubbock Christi:	{3} 2.75mA	9-¼	3/30

Women's Long Jump

1	7	Laniyah CURRY	FR	#9 Oklahoma Christ	6.01m	19-8¾ (1.0)	4/4
1	7	Kylie FRUSH	JR	#1 Angelo State	6.01mw	19-8¾ (2.4)	4/5
3	11	Maricia SPENCE	SR	#1 Angelo State	{2} 5.98mw	19-7½ (3.0)	4/5
4	17	Afaf BENHADJA	SO	#3 Texas A&M-King:	5.90mw	19-4¼ (3.5)	3/22
5	24	Jazmin RAY	SR	#3 Texas A&M-King:	{2} 5.79mw	19-0 (2.5)	3/29
6	29	Kailee BENTON	JR	#2 West Texas A&M	5.76mw	18-10¾ (2.8)	3/22
7	35	Madison ALEGRIA	SR	#3 Texas A&M-King:	{3} 5.70mw	18-8½ (3.2)	3/22
8	51	Mary LOFTISS	SO	#9 Oklahoma Christ	{2} 5.63mw	18-5¾ (3.2)	3/29
9	57	Maggie MORALES	JR	#1 Angelo State	{3} 5.61m	18-5 (1.0)	3/8
10	95	Gracie STEPHENS	FR	#1 Angelo State	{4} 5.49m	18-¼ (1.8)	4/5
10	95	Kyra NUNEZ	SO	#3 Texas A&M-King:	{4} 5.49m	18-¼ (0.6)	3/8

Women's Triple Jump

1	3	Jazmin RAY	SR	#3 Texas A&M-King:	12.73mw	41-9¼ (3.1)	3/29
2	18	Audrey UZOUKWU	SR	#2 West Texas A&M	11.85mw	38-10½ (2.7)	3/22
3	19	Celina THOMAS	SO	#6 Eastern New Me:	11.84m	38-10¼ (1.5)	3/22
4	23	Gracie STEPHENS	FR	#1 Angelo State	11.80mw	38-8¾ (2.2)	4/5
5	24	Kylie FRUSH	JR	#1 Angelo State	{2} 11.78mw	38-7¾ (3.5)	3/8
6	33	Kennedy JOHNSON	FR	#5 Midwestern Stat	11.65mw	38-2¾ (3.8)	3/22
7	49	Maggie MORALES	JR	#1 Angelo State	{3} 11.46m	37-7¼ (1.4)	3/8
8	63	Kyler NOBLE	FR	#4 Lubbock Christi:	11.33mA	37-2¼ (0.2)	4/3
9	74	Nicole CZERWINSKI	SO	#2 West Texas A&M	{2} 11.22m	36-9¾ (0.9)	3/22
10	87	Brooklyn LAMPRECHT	JR	#3 Texas A&M-King:	{2} 11.14mw	36-6¾ (3.3)	3/8

Women's Shot Put

1	11	Fedra FLORENTIN	SR	#1 Angelo State	14.71m	48-3¾	4/5
2	16	Jada SEWELL	SR	#2 West Texas A&M	14.16mA	46-5½	3/30
3	27	Karina ALVAREZ	SO	#3 Texas A&M-King:	13.69m	44-11	3/29
4	33	Devon WILLIAMS	SR	#3 Texas A&M-King:	{2} 13.39m	43-11¼	3/8
5	52	Kaylea DEMETRIUS	SO	#3 Texas A&M-King:	{3} 13.09m	42-11½	4/5
6	61	Kamryn WILLIAMS	SO	#1 Angelo State	{2} 13.02m	42-8¾	3/8
7	69	Meadow GALLENTINE	JR	#2 West Texas A&M	{2} 12.94m	42-5½	3/22
8	92	Alexandria TICE	JR	#2 West Texas A&M	{3} 12.63m	41-5¼	3/22
9		Federica DOZIO	FR	#1 Angelo State	{3} 12.52m	41-1	4/5
10		Abigail JONES	SR	#4 Lubbock Christi:	12.46m	40-10½	3/22

Women's Discus

1	7	Kennedy ULMER	JR	#6 Eastern New Me:	48.91mA	160-6	3/30
2	11	Devon WILLIAMS	SR	#3 Texas A&M-King:	48.15m	158-0	3/22
3	30	Tiamara HILL-JOHNSON	SR	#1 Angelo State	45.69m	149-11	3/8
4	64	Alexandria TICE	JR	#2 West Texas A&M	43.02mA	141-2	3/30
5	71	Shelby ROBINSON	FR	#4 Lubbock Christi:	42.55mA	139-7	3/30
6	72	Hope GRAY	JR	#2 West Texas A&M	{2} 42.47mA	139-4	3/30
7	73	Skyler DEMPSEY	SR	#4 Lubbock Christi:	{2} 42.42mA	139-2	3/30
8	86	Precious SILGUERO	SO	#3 Texas A&M-King:	{2} 41.72m	136-11	3/22
9	89	Abigail JONES	SR	#4 Lubbock Christi:	{3} 41.56mA	136-4	4/3
10	97	Kamryn WILLIAMS	SO	#1 Angelo State	{2} 41.15m	135-0	4/5

Women's Hammer

1	3	Marie SCHULER	JR	#1 Angelo State	60.01m	196-11	3/8
2	14	Esmá PAJT	JR	#1 Angelo State	{2} 55.13m	180-11	3/8
3	36	Hope GRAY	JR	#2 West Texas A&M	51.76m	169-10	3/22
4	48	Meadow GALLENTINE	JR	#2 West Texas A&M	{2} 50.98m	167-3	3/22
5	81	Jada SEWELL	SR	#2 West Texas A&M	{3} 48.58m	159-5	3/22
6	84	Jha'Niah JOHNSON	JR	#6 Eastern New Me:	48.46mA	159-0	3/30
7	86	Abigail JONES	SR	#4 Lubbock Christi:	48.29m	158-5	3/22
8	97	Kamryn WILLIAMS	SO	#1 Angelo State	{3} 47.59m	156-2	3/8
9		Precious SILGUERO	SO	#3 Texas A&M-King:	47.17m	154-9	3/22
10		Jenna LLOYD	JR	#3 Texas A&M-King:	{2} 46.71m	153-3	3/22

Women's Javelin

1	3	Federica DOZIO	FR	#1 Angelo State	50.03m	164-2	4/5
2	23	Kennedy ULMER	JR	#6 Eastern New Me:	43.12mA	141-6	3/30
3	60	Maricia SPENCE	SR	#1 Angelo State	{2} 39.45m	129-5	3/22
4		Deziree BOSQUEZ	SO	#6 Eastern New Me:	{2} 35.66m	117-0	3/22
5		Abbey BRADSHAW	SR	#7 Dallas Baptist	33.67m	110-6	3/22
6		Afaf BENHADJA	SO	#3 Texas A&M-King:	33.54m	110-1	4/5
7		Kylie FRUSH	JR	#1 Angelo State	{3} 32.25m	105-10	3/22
8		Danielle WILSON	SO	#3 Texas A&M-King:	{2} 31.97m	104-11	3/29
9		Esparanza CRUZ	SO	#4 Lubbock Christi:	31.77m	104-3	3/22
10		Kendal BROWN	SO	#7 Dallas Baptist	{2} 30.43m	99-10	4/5

Women's Heptathlon

1	3	Maricia SPENCE	SR	#1 Angelo State	5,333	4/5
2	7	Kylie FRUSH	JR	#1 Angelo State	{2} 5,063	4/5
3	9	Afaf BENHADJA	SO	#3 Texas A&M-King:	4,937	4/5
4	19	Gracie STEPHENS	FR	#1 Angelo State	{3} 4,476	4/5
5	28	Kendal BROWN	SO	#7 Dallas Baptist	4,268	4/5



Conference TFRI Event Summary



MIAA

as of 4/8/2025 7:10:22 AM ET

Women's 100 Meters

1	6	Diandrenique GAINES	SR	#1 Pittsburg State	11.43	(1.5)	3/28
2	18	Ta'Mijha NICHOLS	SO	#2 Washburn	11.62	(1.5)	3/28
3	24	Campbell BARTA	FR	#7 Northwest Missc	11.70	(0.5)	3/28
4	48	McKenzie HAYSE	FR	#2 Washburn {2}	11.89w	(3.1)	3/28
5	51	Kayvon NUBINE	FR	#1 Pittsburg State {2}	11.90w	(2.2)	3/28
6	54	Brooklynn HOLTMAN	JR	#4 Central Missouri	11.91w	(3.7)	3/29
7	59	Maya PATTISON	JR	#2 Washburn {3}	11.94	(0.5)	3/28
8	61	Jaurdin MALLORY	SO	#7 Northwest Missc{2}	11.95w	(3.1)	3/28
9	63	Emily MEEKS	JR	#4 Central Missouri{2}	11.96w	(3.7)	3/29
10	69	Chloe SAENZ	SR	#7 Northwest Missc{3}	11.97	(0.5)	3/28

Women's 100 Meter Hurdles

1	3	Kayvon NUBINE	FR	#1 Pittsburg State	13.60w	(2.6)	3/28
2	13	Blakelee WINN	SR	#1 Pittsburg State {2}	13.98w	(2.6)	3/28
3	21	Ashyiria SAVAGE	JR	#3 Missouri Southe	14.18	(2.0)	3/29
4	22	Isabelle PETERS	SR	#1 Pittsburg State {3}	14.20w	(2.6)	3/28
5	42	Deriyah LEE	SO	#9 Central Oklahon	14.43w	(3.1)	3/22
6	46	Kaylee JAMES	JR	#2 Washburn	14.49w	(2.6)	3/28
7	49	Aryah MOORE	FR	#3 Missouri Southe{2}	14.50	(2.0)	3/29
8	86	Grace HILL	SO	#7 Northwest Missc	14.79w	(2.2)	3/28
9		Maggie KAUK	SO	#3 Missouri Southe{3}	15.05	(1.7)	4/4
10		Payton PHILLIPS	SO	#1 Pittsburg State {4}	15.08w	(3.0)	3/28

Women's 200 Meters

1	10	Diandrenique GAINES	SR	#1 Pittsburg State	23.61w	(3.1)	3/28
2	29	Jamiya MORGAN	SR	#1 Pittsburg State {2}	24.12w	(3.1)	3/28
3	36	Brooklynn HOLTMAN	JR	#4 Central Missouri	24.20w	(2.6)	3/29
4	83	Treasure VALLERIE	SO	#9 Central Oklahon	24.66	(1.8)	3/22
5	86	Sai BROOKINS-FLEMING	SO	#9 Central Oklahon{2}	24.69	(1.8)	3/22
6	88	Chloe SAENZ	SR	#7 Northwest Missc	24.70	(1.8)	3/28
7	95	Isabella KUPKA	JR	#2 Washburn	24.74w	(4.0)	4/4
8	100	Emily MEEKS	JR	#4 Central Missouri{2}	24.76w	(2.6)	3/29
9		Kinleigh HALL	JR	#1 Pittsburg State {3}	24.80	(1.8)	3/28
10		Maya PATTISON	JR	#2 Washburn {2}	24.96w	(3.9)	3/28

Women's 400 Meters

1	23	Kereser AUGUSTIN	JR	#2 Washburn	55.20		3/28
2	32	Jamiya MORGAN	SR	#1 Pittsburg State	55.62		3/28
3	43	Treasure VALLERIE	SO	#9 Central Oklahon	55.97		3/22
4	46	Reba MADER	JR	#8 Fort Hays State	56.10		4/4
5	48	Sai BROOKINS-FLEMING	SO	#9 Central Oklahon{2}	56.11		3/22
6	75	Isabella KUPKA	JR	#2 Washburn {2}	56.78		3/28
7		Anjelena CARDER	FR	#7 Northwest Missc	58.10		4/4
8		Kinleigh HALL	JR	#1 Pittsburg State {2}	58.14		3/28
9		Haley SAMPSON	JR	#10 Missouri Western	58.60		4/4
10		Kerrigan HUYNH	SO	#9 Central Oklahon{3}	58.62		4/4

Women's 400 Meter Hurdles

1	17	Abigael REID	SR	#6 Emporia State	1:01.13		3/28
2	64	Deriyah LEE	SO	#9 Central Oklahon	1:03.92		4/4
3	76	Isabella DAVIE	FR	#6 Emporia State {2}	1:04.46		3/28
4	79	Ashley HEAVNER	JR	#2 Washburn	1:04.49		3/28
5	92	Isabel VIKOLER	SO	#6 Emporia State {3}	1:04.94		3/28
6		Kinzley CANTWELL	FR	#3 Missouri Southe	1:08.61		3/29
7		Marrah SPRIGGS	SO	#2 Washburn {2}	1:15.69		3/28
8		Kaitlyn MOUSEL	FR	#5 Neb.-Kearney	1:15.82		3/28

Women's 800 Meters

1	19	Claire BRUENING	SR	#1 Pittsburg State	2:10.13		3/28
2	34	Lydia MCGLOCKLIN	JR	#7 Northwest Missc	2:11.83		3/28
3		Sisely MITCHELL	FR	#11 Rogers State	2:19.33		3/29
4		Eden BATHURST	FR	#8 Fort Hays State	2:20.26		4/4
5		Naiuri KREIN	JR	#2 Washburn	2:21.31		3/28
6		Ann-Marie DORSEY	SO	#11 Rogers State {2}	2:23.56		3/29
7		Katelyn JONES	SR	#2 Washburn {2}	2:24.59		4/4
8		Anna LINDSTROM	JR	#5 Neb.-Kearney	2:25.16		3/28
9		Savanna WAINSCOTT	FR	#11 Rogers State {3}	2:25.64		4/4
10		Kenzie GILLIAM	FR	#11 Rogers State {4}	2:26.37		4/4

Women's 1500 Meters

1	12	Kate STRADER	SR	#1 Pittsburg State	4:23.12c	(4:28.77A)	3/22
2	54	Lydia MCGLOCKLIN	JR	#7 Northwest Missc	4:34.91		4/4
3	66	Cadence CORDOVA	SO	#11 Rogers State	4:36.64		4/4
4	92	Mayson HARTLEY	SO	#7 Northwest Missc{2}	4:39.82		4/4
5		Eve WEBER	SR	#2 Washburn	4:40.76		3/22
6		Emily DIERCKS	JR	#8 Fort Hays State	4:41.53		4/4
7		Olivia BAKKER	FR	#7 Northwest Missc{3}	4:42.68		4/4
8		Lou MAQUAIRE	JR	#7 Northwest Missc{4}	4:45.75		4/4
9		Lillian CUTLER	SR	#10 Missouri Western	4:45.95		3/29
10		Katie BYRD	SR	#11 Rogers State {2}	4:47.81		4/4

Women's Steeplechase

1	9	Eve WEBER	SR	#2 Washburn	10:42.08		3/28
2	22	Marissa DICK	SR	#1 Pittsburg State	10:55.52		3/28
3	84	Mayson HARTLEY	SO	#7 Northwest Missc	11:38.33		3/28
4	92	Makenzie PREMIER	FR	#8 Fort Hays State	11:43.13		4/4
5		Emma BARTHOLOME	FR	#6 Emporia State	11:54.30		4/4
6		Brenna MURPHY	SO	#8 Fort Hays State {2}	12:13.42		4/4
7		Marissa ROBERTS	FR	#7 Northwest Missc{2}	12:15.92		3/22

Women's 5000 Meters

1	2	Paige MULLEN	SO	#1 Pittsburg State	16:11.62		3/28
2	24	Hannah GIBSON	SO	#1 Pittsburg State {2}	16:52.18		3/28
3	52	Lorna RAE PIERCE	FR	#1 Pittsburg State {3}	17:14.21		3/28
4	81	Lilah GENEL	JR	#3 Missouri Southe	17:33.62		3/28
5	85	Isabella FROST	SO	#3 Missouri Southe{2}	17:35.76		3/28
6	90	Jayna GUNTER	SO	#3 Missouri Southe{3}	17:37.42		3/28
7		Hailey NELSON	JR	#3 Missouri Southe{4}	17:55.06		3/28
8		Madison NASH	SR	#10 Missouri Western	17:57.38		3/29
9		Rayna KUCHARYSKI	SO	#11 Rogers State	18:06.05		3/29
10		Sisely MITCHELL	FR	#11 Rogers State {2}	18:09.38		3/29



Conference TFRI Event Summary



MIAA

as of 4/8/2025 7:10:23 AM ET

Women's 10,000 Meters

1	Erika BAKER	JR	#1 Pittsburg State	42:25.55	3/28
---	-------------	----	--------------------	----------	------

Women's 4x100 Relay

1	4	Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall	#1 Pittsburg State	45.07	3/28
---	---	--	--------------------	-------	------

2	16	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#2 Washburn	45.99	3/28
---	----	--	-------------	-------	------

3	51	Kerrigan Huynh, Treasure Vallerie, Sai Brookins-Fleming, Genevieve Young	#9 Central Oklahoma	47.35	3/29
---	----	--	---------------------	-------	------

4	55	Aryah Moore, Morgan Pork, Ashyiria Savage, Maggie Kauk	#3 Missouri Southern	47.42	3/29
---	----	--	----------------------	-------	------

5	94	Reese Brown, Hallie Henfling, Emma Lundy, Krysta Abel	#7 Northwest Missouri State	48.66	3/28
---	----	---	-----------------------------	-------	------

Women's 4x400 Relay

1	18	Sai Brookins-Fleming, Kerrigan Huynh, Deriyah Lee, Treasure Vallerie	#9 Central Oklahoma	3:47.61	3/29
---	----	--	---------------------	---------	------

2	41	Diandrenique Gaines, Blakelee Winn, Maggie Salsbury, Payton Phillips	#1 Pittsburg State	3:53.82	3/28
---	----	--	--------------------	---------	------

3	51	Abigail Reid, Scarlett Begley, Barbara Bentum, Isabella Davie	#6 Emporia State	3:56.17	3/28
---	----	---	------------------	---------	------

4		Anna Lindstrom, Koral Schmidt, Jordyn Wissing, Charis Robinson	#5 Neb.-Kearney	4:14.06	3/28
---	--	--	-----------------	---------	------

Women's High Jump

1	24	Tasia SADLER	FR #5 Neb.-Kearney	1.66m	5-5½	4/5
---	----	--------------	--------------------	-------	------	-----

2	33	Haila LEAKE	FR #1 Pittsburg State	1.65m	5-5	3/28
---	----	-------------	-----------------------	-------	-----	------

3	53	Coryn FAIR	FR #3 Missouri Southern	1.64m	5-4½	3/29
---	----	------------	-------------------------	-------	------	------

4	80	Bethany UMBARGER	FR #1 Pittsburg State {2}	1.60m	5-3	3/28
---	----	------------------	---------------------------	-------	-----	------

5		Lily ZEIGLER	SO #6 Emporia State	1.59m	5-2½	4/4
---	--	--------------	---------------------	-------	------	-----

6		Naiuri KREIN	JR #2 Washburn	1.58m	5-2¼	3/28
---	--	--------------	----------------	-------	------	------

7		Sydney DAVIS	SO #5 Neb.-Kearney {2}	1.56m	5-1¼	3/28
---	--	--------------	------------------------	-------	------	------

7		Lauren GERDES	FR #5 Neb.-Kearney {2}	1.56m	5-1¼	3/28
---	--	---------------	------------------------	-------	------	------

7		Haven ZIMMERMAN	SO #5 Neb.-Kearney {2}	1.56m	5-1¼	4/5
---	--	-----------------	------------------------	-------	------	-----

10		Kristen JONES	SO #4 Central Missouri	1.55m	5-1	3/29
----	--	---------------	------------------------	-------	-----	------

Women's Pole Vault

1	2	Isabel DEMARCO	FR #2 Washburn	4.17m	13-8¼	3/28
---	---	----------------	----------------	-------	-------	------

1	2	Kyla DAVIS	SR #1 Pittsburg State	4.17m	13-8¼	3/28
---	---	------------	-----------------------	-------	-------	------

3	4	Annabeth BAALMANN	JR #8 Fort Hays State	4.15m	13-7¼	3/28
---	---	-------------------	-----------------------	-------	-------	------

4	7	Cannon BOOKER	FR #1 Pittsburg State {2}	4.07m	13-4¼	3/28
---	---	---------------	---------------------------	-------	-------	------

4	7	Isabelle PETERS	SR #1 Pittsburg State {2}	4.07m	13-4¼	3/28
---	---	-----------------	---------------------------	-------	-------	------

6	14	Mia MANLEY	JR #6 Emporia State	3.87m	12-8¼	3/28
---	----	------------	---------------------	-------	-------	------

6	14	Quincey TURNER	FR #1 Pittsburg State {4}	3.87m	12-8¼	3/28
---	----	----------------	---------------------------	-------	-------	------

6	14	Reagan HOUSLEY	SO #2 Washburn {2}	3.87m	12-8¼	3/28
---	----	----------------	--------------------	-------	-------	------

9	40	Kaira MANNIO	FR #4 Central Missouri	3.65m	11-11¼	3/29
---	----	--------------	------------------------	-------	--------	------

9	40	Haley SEXTON	FR #4 Central Missouri	3.65m	11-11¼	3/29
---	----	--------------	------------------------	-------	--------	------

Women's Long Jump

1	5	Blakelee WINN	SR #1 Pittsburg State	6.04m	19-9¾ (1.3)	3/28
---	---	---------------	-----------------------	-------	-------------	------

2	12	Marissa AUSTENE	FR #4 Central Missouri	5.97mw	19-7 (2.2)	3/29
---	----	-----------------	------------------------	--------	------------	------

3	37	Phebe THOMPSON	FR #4 Central Missouri {2}	5.69mw	18-8 (3.0)	3/29
---	----	----------------	----------------------------	--------	------------	------

3	37	Campbell BARTA	FR #7 Northwest Missouri State	5.69m	18-8 (2.0)	3/28
---	----	----------------	--------------------------------	-------	------------	------

5	47	Abbey HENRY	FR #10 Missouri Western	5.65mw	18-6½ (2.8)	3/29
---	----	-------------	-------------------------	--------	-------------	------

6	57	Haley SAMPSON	JR #10 Missouri Western {2}	5.61mw	18-5 (3.1)	3/29
---	----	---------------	-----------------------------	--------	------------	------

7	100	Isabel VIKOLER	SO #6 Emporia State	5.47mw	17-11½ (3.0)	4/4
---	-----	----------------	---------------------	--------	--------------	-----

8		Maggie SALSURY	FR #1 Pittsburg State {2}	5.45mw	17-10¾ (2.6)	3/28
---	--	----------------	---------------------------	--------	--------------	------

9		Aneesa ABDUL-HAMEED	SR #10 Missouri Western {3}	5.44mw	17-10¼ (3.9)	3/29
---	--	---------------------	-----------------------------	--------	--------------	------

10		Aubree BELL	JR #4 Central Missouri {3}	5.39mw	17-8¼ (2.6)	3/29
----	--	-------------	----------------------------	--------	-------------	------

Women's Triple Jump

1	19	Theresa OSEI	FR #2 Washburn	11.84m	38-10¼ (1.7)	3/28
---	----	--------------	----------------	--------	--------------	------

2	25	Kinley SMITH	SO #1 Pittsburg State	11.74mw	38-6¼ (2.3)	3/28
---	----	--------------	-----------------------	---------	-------------	------

3	41	Renee NICHOL	SR #6 Emporia State	11.52mw	37-9½ (2.8)	3/28
---	----	--------------	---------------------	---------	-------------	------

4	44	Jayda HARRIS	JR #6 Emporia State {2}	11.49m	37-8½ (1.4)	3/28
---	----	--------------	-------------------------	--------	-------------	------

5	47	Myah MORRIS	JR #4 Central Missouri	11.48m	37-8 (2.0)	3/29
---	----	-------------	------------------------	--------	------------	------

6	70	Abbey HENRY	FR #10 Missouri Western	11.26mw	36-11½ (3.2)	3/29
---	----	-------------	-------------------------	---------	--------------	------

7	77	Brooklyn BAKER	FR #1 Pittsburg State {2}	11.21m	36-9½ (1.1)	3/28
---	----	----------------	---------------------------	--------	-------------	------

8		Sheronika SIMEON	JR #2 Washburn {2}	10.26mw	33-8 (2.8)	4/4
---	--	------------------	--------------------	---------	------------	-----

9		Addy SCHEVE	JR #6 Emporia State {3}	10.19mw	33-5¼ (3.0)	4/4
---	--	-------------	-------------------------	---------	-------------	-----

Women's Shot Put

1	3	Briar GILLUM	SO #3 Missouri Southern	15.58m	51-1½	4/4
---	---	--------------	-------------------------	--------	-------	-----

2	4	Makenzie GARR	SO #10 Missouri Western	15.50m	50-10¼	3/21
---	---	---------------	-------------------------	--------	--------	------

3	7	Dailynn VANDEREN	FR #3 Missouri Southern {2}	14.98m	49-1¾	3/28
---	---	------------------	-----------------------------	--------	-------	------

4	13	Allyssa MAHONE	SR #10 Missouri Western {2}	14.48m	47-6¼	3/29
---	----	----------------	-----------------------------	--------	-------	------

5	29	Lily NOVACEK	JR #5 Neb.-Kearney	13.62m	44-8¼	4/5
---	----	--------------	--------------------	--------	-------	-----

6	31	Abby LASITER	JR #1 Pittsburg State	13.57m	44-6¼	3/29
---	----	--------------	-----------------------	--------	-------	------

7	43	Adriel HOLLOWAY	JR #2 Washburn	13.14m	43-1½	3/28
---	----	-----------------	----------------	--------	-------	------

8	56	Kirsten WOMACK	SO #3 Missouri Southern {3}	13.05m	42-9¾	4/4
---	----	----------------	-----------------------------	--------	-------	-----

9	60	Emma SEIDL	SR #6 Emporia State	13.03m	42-9	3/28
---	----	------------	---------------------	--------	------	------

10	75	Ilaria VILLA	JR #2 Washburn {2}	12.83m	42-1¼	3/28
----	----	--------------	--------------------	--------	-------	------



Conference TFRI Event Summary



MIAA

as of 4/8/2025 7:10:23 AM ET

Women's Discus

1	3	Ilaria VILLA	JR	#2 Washburn	51.73m	169-9	3/28
2	9	Emma SLADE	FR	#8 Fort Hays State	48.81m	160-2	3/28
3	13	Kirsten WOMACK	SO	#3 Missouri Southern	47.53m	155-11	3/28
4	17	Toree SLAVIK	SO	#5 Neb.-Kearney	46.92m	153-11	3/28
5	24	Brooklyn STAAB	SR	#5 Neb.-Kearney {2}	46.15m	151-5	3/28
6	26	Briar GILLUM	SO	#3 Missouri Southern {2}	46.02m	151-0	3/28
7	27	Jessica SAUNDERS	SR	#8 Fort Hays State {2}	45.99m	150-11	3/28
8	29	Allyssa MAHONE	SR	#10 Missouri Western	45.80m	150-3	3/21
9	37	Michalee BROWNAWELL	SO	#5 Neb.-Kearney {3}	44.92m	147-5	3/28
10	38	Lily NOVACEK	JR	#5 Neb.-Kearney {4}	44.83m	147-1	3/28

Women's Hammer

1	1	Lily NOVACEK	JR	#5 Neb.-Kearney	63.92m	209-9	3/28
2	11	Paola CASTALDI	SR	#2 Washburn	55.84m	183-3	3/28
3	13	Dailynn VANDEREN	FR	#3 Missouri Southern	55.40m	181-9	4/4
4	17	Rachael MOLLOY	SR	#4 Central Missouri	54.69m	179-5	4/4
5	19	Kirsten WOMACK	SO	#3 Missouri Southern {2}	54.43m	178-7	4/4
6	24	Adriel HOLLOWAY	JR	#2 Washburn {2}	53.40m	175-3	4/4
7	34	Allyssa MAHONE	SR	#10 Missouri Western	52.15m	171-1	3/21
8	35	Liberty BOOKER	JR	#8 Fort Hays State	51.98m	170-7	4/4
9	41	Madison VERMETTEN	JR	#6 Emporia State	51.54m	169-1	4/4
10	46	Abby LASITER	JR	#1 Pittsburg State	51.31m	168-4	3/23

Women's Javelin

1	1	Keilee JOHNSON	JR	#3 Missouri Southern	50.12m	164-5	3/28
2	2	Addison THROCKMORTON	FR	#4 Central Missouri	50.09m	164-4	3/29
3	4	Luisarys TOLEDO	JR	#7 Northwest Missc	49.19m	161-5	3/28
4	6	Olivia VANDERWEIDE	SO	#1 Pittsburg State	47.26m	155-1	3/23
5	10	Karsyn KANSLER	SO	#4 Central Missouri {2}	47.02m	154-3	3/29
6	11	Ally FOX	SO	#4 Central Missouri {3}	46.58m	152-10	3/29
7	15	Gracie RINER	FR	#1 Pittsburg State {2}	44.95m	147-6	3/29
8	26	Blakelee WINN	SR	#1 Pittsburg State {3}	42.85m	140-7	3/28
9	30	Shelby SOGAARD	JR	#1 Pittsburg State {4}	42.00m	137-10	3/29
10	34	Marley SANDS	JR	#4 Central Missouri {4}	41.37m	135-9	3/29

Women's Heptathlon

1	4	Naiuri KREIN	JR	#2 Washburn	5,207		3/28
2	10	Kristen JONES	SO	#4 Central Missouri	4,654		3/29



Conference TFRI Event Summary



Mountain East

as of 4/8/2025 7:10:23 AM ET

Women's 100 Meters

1	31	Colette PATTI	SO	#1 Charleston (W.V.)	11.74	(-1.3)	4/4
2	39	Candace MORRIS	SO	#7 West Virginia Sta	11.82w	(2.3)	4/5
3	91	Zoe LEDET	SO	#7 West Virginia Sta{2}	12.06	(1.4)	4/5
4		Ky'Ara ROSS	SO	#4 West Liberty Sta	12.21	(1.0)	4/5
5		Diamond RUSH	SR	#2 Point Park (Pa.)	12.28	(1.6)	3/22
6		Jaime PRESTON	SO	#7 West Virginia Sta{3}	12.42	(1.7)	4/5
7		Cassidy HAMMONDS	FR	#5 Concord	12.44	(1.8)	4/5
8		Valerie BOARDS	JR	#9 Frostburg State	12.49	(0.4)	3/29
9		Jayla WOODS	FR	#7 West Virginia Sta{4}	12.51	(-0.5)	4/5
10		Lydia CLARKE	FR	#1 Charleston (W.V.){2}	12.69w	(3.2)	3/21

Women's 100 Meter Hurdles

1	93	Zoe MCDONALD	SO	#7 West Virginia Sta	14.84	(0.7)	4/5
2		Emma ROEMER	SO	#2 Point Park (Pa.)	14.96	(0.5)	4/5
3		Minke ENGELBRECHT	SO	#1 Charleston (W.V.)	15.13	(-1.7)	3/29
4		Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.){2}	15.34	(1.2)	4/4
5		Cassidy HAMMONDS	FR	#5 Concord	15.43w	(2.2)	3/22
6		Ayanna WOODS	SO	#3 West Virginia We	15.58	(0.7)	4/5
7		Marissa SCOTT	SO	#4 West Liberty Sta	15.75	(1.5)	4/5
8		Casey COLCOMBE	FR	#2 Point Park (Pa.) {2}	16.03	(1.0)	3/22
9		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.) {3}	16.25w	(2.3)	4/5
10		Jorden GOLDEN	FR	#3 West Virginia We{2}	16.32	(-2.9)	3/29

Women's 200 Meters

1	60	Candace MORRIS	SO	#7 West Virginia Sta	24.49w	(3.6)	4/5
2	79	Valerie BOARDS	JR	#9 Frostburg State	24.64w	(3.9)	3/29
3	95	Colette PATTI	SO	#1 Charleston (W.V.)	24.74	(0.5)	3/29
4	97	Diamond RUSH	SR	#2 Point Park (Pa.)	24.75	(-2.0)	3/22
5		Jaime PRESTON	SO	#7 West Virginia Sta{2}	25.03w	(3.9)	4/5
6		Antiya MCALISTER	SO	#7 West Virginia Sta{3}	25.18	(1.8)	4/5
7		Maya CLARK	SO	#1 Charleston (W.V.){2}	25.37	(0.2)	3/29
8		Jayla WOODS	FR	#7 West Virginia Sta{4}	25.38	(1.6)	4/5
9		Ky'Ara ROSS	SO	#4 West Liberty Sta	25.59	(-1.1)	4/5
10		Ayanna WOODS	SO	#3 West Virginia We	25.80	(0.4)	3/29

Women's 400 Meters

1	38	Maya CLARK	SO	#1 Charleston (W.V.)	55.75		4/4
2	81	Candace MORRIS	SO	#7 West Virginia Sta	56.91		3/29
3	90	Jayla WOODS	FR	#7 West Virginia Sta{2}	57.06		3/29
4		Jaime PRESTON	SO	#7 West Virginia Sta{3}	57.52		3/29
5		Diamond RUSH	SR	#2 Point Park (Pa.)	58.32		3/22
6		Brookelyn REYNOLDS	SO	#4 West Liberty Sta	59.19		3/29
7		Antiya MCALISTER	SO	#7 West Virginia Sta{4}	59.33		3/29
8		Zoe LEDET	SO	#7 West Virginia Sta{5}	59.86		3/29
9		Paige MARNELL	FR	#2 Point Park (Pa.) {2}	1:00.06		4/5
10		Erica DAVIS	JR	#1 Charleston (W.V.){2}	1:01.12		4/4

Women's 400 Meter Hurdles

1		Samantha CASH	SR	#3 West Virginia We	1:06.34		3/29
2		Casey COLCOMBE	FR	#2 Point Park (Pa.)	1:06.62		4/5
3		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.) {2}	1:07.03		4/5
4		Camila HOYA	SR	#1 Charleston (W.V.)	1:08.45		4/4
5		Lotte ZETHOF	JR	#2 Point Park (Pa.) {3}	1:08.62		3/29
5		Jorden GOLDEN	FR	#3 West Virginia We{2}	1:08.62		3/22
7		Bella SKEENS	SO	#6 Glenville State	1:09.37		4/4
8		Lindsay SIMMONS	SO	#2 Point Park (Pa.) {4}	1:10.67		4/5
9		Taryn VELTRI	FR	#3 West Virginia We{3}	1:10.99		4/5
10		Madelyn CISAR	FR	#4 West Liberty Sta	1:11.42		4/5

Women's 800 Meters

1		Natalie BARR	SO	#6 Glenville State	2:16.45		3/22
2		Dakota JOHNSON	JR	#3 West Virginia We	2:17.61		4/5
3		Marina BARAHONA	SR	#1 Charleston (W.V.)	2:17.65		4/4
4		Allison PLASSIO	SR	#2 Point Park (Pa.)	2:17.70		4/5
5		Jana SCHMID	SR	#2 Point Park (Pa.) {2}	2:18.78		4/5
6		Lauren TWYMAN	JR	#8 Davis and Elkins	2:19.01		3/22
7		Madison WOOLWINE	SR	#1 Charleston (W.V.){2}	2:19.12		4/4
8		Amanda FERRANTE	FR	#1 Charleston (W.V.){3}	2:19.23		4/4
9		Abbey BOLTON	FR	#1 Charleston (W.V.){4}	2:19.58		4/4
10		Emily WALLACE	SR	#5 Concord	2:19.86		3/29

Women's 1500 Meters

1	46	Lauren TWYMAN	JR	#8 Davis and Elkins	4:34.22		4/5
2	49	Beth SYKES	JR	#1 Charleston (W.V.)	4:34.51		3/29
3	99	Savanna HARDMAN	JR	#8 Davis and Elkins{2}	4:40.54		3/29
4		Jana SCHMID	SR	#2 Point Park (Pa.)	4:44.19		3/29
5		Natalie BARR	SO	#6 Glenville State	4:44.34		3/22
6		Allison PLASSIO	SR	#2 Point Park (Pa.) {2}	4:44.64		4/5
7		Emily WALLACE	SR	#5 Concord	4:44.99		4/5
8		Madison WOOLWINE	SR	#1 Charleston (W.V.){2}	4:45.40		3/21
9		Ella HESSON	SR	#8 Davis and Elkins{3}	4:46.43		3/29
10		Cameryn WHEELER	SO	#8 Davis and Elkins{4}	4:47.56		3/29

Women's Steeplechase

1	51	Ella HESSON	SR	#8 Davis and Elkins	11:21.30		4/5
2		Lotte ZETHOF	JR	#2 Point Park (Pa.)	11:59.40		3/29
3		Jenna BARNETT	FR	#6 Glenville State	12:02.68		3/29
4		Sierra TAYLOR	SO	#8 Davis and Elkins{2}	12:32.12		3/29
5		Alina VALLENTGOED	FR	#8 Davis and Elkins{3}	12:33.29		3/29
6		Ally HICKS	JR	#4 West Liberty Sta	12:36.44		3/29
7		Kate KELLY	FR	#5 Concord	12:54.21		3/22
8		Kristina LESHIO	JR	#3 West Virginia We	13:09.89		3/29
9		Charlotte MCGINNIS	SO	#5 Concord {2}	13:28.60		3/15
10		Jessica WILLIAMS	SO	#3 West Virginia We{2}	13:34.14		3/29



Conference TFRI Event Summary



Mountain East

as of 4/8/2025 7:10:23 AM ET

Women's 5000 Meters

1	59	Savanna HARDMAN	JR	#8 Davis and Elkins	17:20.88	4/5
2	66	Lauren TWYMAN	JR	#8 Davis and Elkins {2}	17:26.45	3/29
3	68	Leigha HALL	SR	#3 West Virginia We	17:26.94	3/22
4	76	Lydia FALKENSTEIN	FR	#8 Davis and Elkins {3}	17:32.09	4/5
5		Natalie BARR	SO	#6 Glenville State	17:59.77	4/4
6		Allison PLASSIO	SR	#2 Point Park (Pa.)	18:11.67	3/29
7		Lindsey DILLON	FR	#3 West Virginia We {2}	18:42.47	3/22
8		Katy WALKUP	JR	#5 Concord	18:46.68	3/15
9		Jenna BARNETT	FR	#6 Glenville State {2}	18:48.12	4/4
10		Zoe BELSHAN	SO	#8 Davis and Elkins {4}	19:02.77	4/5

Women's 10,000 Meters

1	31	Cassandra O'CONNOR	SO	#2 Point Park (Pa.)	36:28.72	3/22
2	94	Madison CORNETT	SR	#5 Concord	39:11.20	3/15
3		Katy WALKUP	JR	#5 Concord {2}	39:47.16	3/22
4		Morgan LESNANSKY	JR	#4 West Liberty Sta	40:30.41	3/29
5		Sterre KUIJPER	SR	#2 Point Park (Pa.) {2}	40:59.84	4/5
6		Sarah TURNER	SO	#5 Concord {3}	41:27.02	3/15
7		Mercy JEPLETING	SR	#1 Charleston (W.V.)	41:34.45	4/4
8		Leigha HALL	SR	#3 West Virginia We	41:35.73	4/5
9		Taylor HESS	FR	#3 West Virginia We {2}	42:03.64	3/29
10		Makayla CARTER	SO	#4 West Liberty Sta {2}	43:52.32	3/29

Women's 4x100 Relay

1	28	Candace Morris, Zoe Ledet, Antiya McAlister, Jaime Preston	#7 West Virginia Sta	46.46	4/5
2	66	Maliah McCann-Coles, Alexandra Pekic, Maya Clark, Colette Patti	#1 Charleston (W.V.)	47.81	3/21
3	70	Isabella Mastria, Lucy Crowe, Erin Collins, Valerie Boards	#9 Frostburg State	47.98	3/29
4	94	Brookelyn Reynolds, Sierra Lanham, Kaylee Davis, Ky'Ara Ross	#4 West Liberty Sta	48.66	4/5
5		Casey Colcombe, Diamond Rush, RaKeya Ellsberry, Emma Roemer	#2 Point Park (Pa.)	50.03	3/22
6		Cassidy Hammonds, Kendall Lilly, Kalyn Williams, Trina Lewis	#5 Concord	50.74	4/5
7		Hannah Hill, Savannah Cunningham, Jayden Cover, Isabella Torres	#6 Glenville State	51.68	4/4

Women's 4x400 Relay

1	78	Maya Clark, Alexandra Pekic, Camila Hoya, Marina Barahona	#1 Charleston (W.V.)	4:02.45	4/4
2	82	Cassidy Hammonds, Trina Lewis, Kalyn Williams, Sierra Parker	#5 Concord	4:03.35	4/5
3	83	Lucy Crowe, Erin Collins, Isabella Mastria, Valerie Boards	#9 Frostburg State	4:03.51	3/29
4	100	Diamond Rush, Lotte Zethof, Makayla Rice, Paige Marnell	#2 Point Park (Pa.)	4:07.78	3/29
5		Sofia Pancoast, Dakota Johnson, Lindsey Dillon, Reyna Headley	#3 West Virginia We	4:11.40	3/29
6		Madelyn Cisar, Kaylee Davis, Brookelyn Reynolds, Kiara Kesner	#4 West Liberty Sta	4:23.98	4/5

Women's High Jump

1	9	Cierra PARKER	FR	#5 Concord	1.71m	5-7¼	3/22
2	24	Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.)	1.66m	5-5¼	3/22
3		Jessica WILLIAMS	SO	#3 West Virginia We	1.55m	5-1	4/5
4		Bridgette KNAPP	JR	#6 Glenville State	1.53m	5-¼	4/4
5		Tara PERRY	SR	#10 Wheeling	1.52m	4-11¾	3/29
5		Hailey HARRIS	FR	#4 West Liberty Sta	1.52m	4-11¾	3/29
7		Makayla RICE	JR	#2 Point Park (Pa.) {2}	1.48m	4-10¼	3/29
8		Casey COLCOMBE	FR	#2 Point Park (Pa.) {3}	1.46m	4-9½	3/22
9		Kendall LILLY	FR	#5 Concord {2}	1.45m	4-9	3/15
10		Emma ROEMER	SO	#2 Point Park (Pa.) {4}	1.42m	4-7¾	3/29

Women's Pole Vault

1	64	Keala MCCURRY	SR	#10 Wheeling	3.50m	11-5¾	3/29
2		Jordyn TAYLOR	FR	#6 Glenville State	3.20m	10-6	4/4
3		Clover STAMAT	FR	#3 West Virginia We	3.05m	10-0	3/29
3		Courtney HURST	FR	#10 Wheeling {2}	3.05m	10-0	3/29
5		Ava CASH	FR	#4 West Liberty Sta	2.90m	9-6¼	3/29
6		Regan SIVIC	FR	#9 Frostburg State	2.75m	9-¼	3/22
6		Abby MCDONOUGH	SO	#3 West Virginia We {2}	2.75m	9-¼	3/29
8		Marissa SCOTT	SO	#4 West Liberty Sta {2}	2.60m	8-6¼	3/29
9		Bridgette KNAPP	JR	#6 Glenville State {2}	2.45m	8-½	3/29
9		Sara LOWE	JR	#6 Glenville State {2}	2.45m	8-½	3/29



Conference TFRI Event Summary



Mountain East

as of 4/8/2025 7:10:23 AM ET

Women's Long Jump

1	4	Ky'Ara ROSS	SO	#4 West Liberty Sta	6.13m	20-1½ (-3.0)	3/29
2	37	Sierra LANHAM	JR	#4 West Liberty Sta{2}	5.69m	18-8 (-3.4)	3/29
3	49	Cassidy HAMMONDS	FR	#5 Concord	5.64m	18-6 (1.6)	4/5
4	89	Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.)	5.52m	18-1½ (1.5)	3/29
5		Isabella MASTRIA	SO	#9 Frostburg State	5.41m	17-9 (0.6)	3/29
6		Sydney PFEIFFER	FR	#1 Charleston (W.V.){2}	5.37m	17-7½ (1.6)	3/21
7		Emma ROEMER	SO	#2 Point Park (Pa.)	5.36m	17-7 (-0.7)	3/29
8		Kayla LEMKUS	SR	#1 Charleston (W.V.){3}	5.30m	17-4¾ (1.5)	3/21
9		Samantha CASH	SR	#3 West Virginia We	5.29m	17-4¼ (-1.5)	3/29
10		Lilly JACKSON	JR	#5 Concord {2}	4.98m	16-4¼ (0.0)	3/29

Women's Triple Jump

1	11	Samantha CASH	SR	#3 West Virginia We	11.98mw	39-3¾ (3.2)	4/5
2	21	Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.)	11.83m	38-9¾ (-0.1)	3/29
3	36	Stefani VASILEVA	JR	#1 Charleston (W.V.){2}	11.58m	38-0 (0.1)	4/4
4		Kayla LEMKUS	SR	#1 Charleston (W.V.){3}	10.67m	35-¼ (0.5)	4/4
5		Cassidy HAMMONDS	FR	#5 Concord	10.35mw	33-11½ (3.4)	4/5
6		Luchama LUBIN	SR	#2 Point Park (Pa.)	10.29m	33-9¼ (1.1)	3/22
7		Reghan SIVIC	FR	#9 Frostburg State	10.20m	33-5¾ (-2.1)	3/29
8		Makayla RICE	JR	#2 Point Park (Pa.) {2}	10.09m	33-1¼ (-0.1)	3/29
9		Emma ROEMER	SO	#2 Point Park (Pa.) {3}	10.07m	33-½ (-0.3)	3/22
10		Tanais ROJAS	FR	#2 Point Park (Pa.) {4}	9.92m	32-6½ (0.8)	3/29

Women's Shot Put

1	89	Janae SCOTT	JR	#6 Glenville State	12.68m	41-7¼	3/22
2	94	Abby MCKINNEY	JR	#1 Charleston (W.V.)	12.62m	41-5	4/4
3		Pamela KANDRACH	FR	#4 West Liberty Sta	12.17m	39-11¼	3/29
4		Addy COTTRILL	JR	#6 Glenville State {2}	12.07m	39-7¼	3/22
5		Mallory MCGINNIS	SO	#3 West Virginia We	11.94m	39-2¼	3/29
6		Brooke BURNS	SR	#1 Charleston (W.V.){2}	11.69m	38-4¼	4/4
7		Ella NILSSON	SO	#1 Charleston (W.V.){3}	11.68m	38-4	4/4
8		Victoria COLON	SO	#7 West Virginia Sta	11.42m	37-5¾	3/29
9		Sydney JOHNSON	FR	#9 Frostburg State	11.14m	36-6¾	3/29
10		Mallory CROWDER	SO	#1 Charleston (W.V.){4}	11.04m	36-2¾	3/21

Women's Discus

1	15	Brooke BURNS	SR	#1 Charleston (W.V.)	47.35m	155-4	4/4
2	69	Janae SCOTT	JR	#6 Glenville State	42.77m	140-4	4/4
3	88	Pamela KANDRACH	FR	#4 West Liberty Sta	41.59m	136-6	3/22
4		Sierra DAVIS	SO	#4 West Liberty Sta{2}	40.67m	133-5	3/22
5		Addy COTTRILL	JR	#6 Glenville State {2}	40.62m	133-3	4/4
6		Brianna BROWNING	JR	#6 Glenville State {3}	35.55m	116-8	3/22
7		Mallory CROWDER	SO	#1 Charleston (W.V.){2}	35.37m	116-1	4/4
8		Kalista MILNE	JR	#1 Charleston (W.V.){3}	35.28m	115-9	4/4
9		Mallory MCGINNIS	SO	#3 West Virginia We	35.22m	115-7	4/5
10		Chloe COX	FR	#3 West Virginia We{2}	34.29m	112-6	4/5

Women's Hammer

1	6	Brooke BURNS	SR	#1 Charleston (W.V.)	58.50m	191-11	4/4
2	74	Addy COTTRILL	JR	#6 Glenville State	48.90m	160-5	4/4
3	78	Janae SCOTT	JR	#6 Glenville State {2}	48.69m	159-9	4/4
4	91	Ella NILSSON	SO	#1 Charleston (W.V.){2}	47.92m	157-3	4/4
5		Abby MCKINNEY	JR	#1 Charleston (W.V.){3}	46.32m	152-0	4/4
6		Macy HILVERS	SO	#6 Glenville State {3}	44.72m	146-9	4/4
7		Mia HUBER	SO	#1 Charleston (W.V.){4}	44.36m	145-7	4/4
8		Mallory CROWDER	SO	#1 Charleston (W.V.){5}	44.15m	144-10	3/21
9		Haley NORRIS	JR	#4 West Liberty Sta	43.53m	142-10	4/5
10		Jacquelin LEAMAN	JR	#3 West Virginia We	43.01m	141-2	3/29

Women's Javelin

1		Kalista MILNE	JR	#1 Charleston (W.V.)	35.87m	117-8	3/29
2		Lilly JACKSON	JR	#5 Concord	35.07m	115-1	3/29
3		Trinity ORTIZ	SR	#10 Wheeling	33.20m	108-11	3/29
4		Cassidy HAMMONDS	FR	#5 Concord {2}	32.74m	107-5	4/5
5		Lina SINGLE	SO	#2 Point Park (Pa.)	32.62m	107-0	4/5
6		Bailee EINSPAHR	SO	#3 West Virginia We	30.83m	101-2	3/22
7		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.) {2}	30.24m	99-2½	3/29
8		Brooklyn LUCAS	FR	#4 West Liberty Sta	30.17m	98-11¾	3/29
9		Addy COTTRILL	JR	#6 Glenville State	29.35m	96-3½	3/29
10		Gracie MCALLISTER	FR	#5 Concord {3}	28.86m	94-8¼	3/15

Women's Heptathlon

1	35	Cassidy HAMMONDS	FR	#5 Concord	4,107		3/22
2	53	Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.)	3,754		3/29
3	73	Emma ROEMER	SO	#2 Point Park (Pa.) {2}	3,417		3/29
4	75	Casey COLCOMBE	FR	#2 Point Park (Pa.) {3}	3,411		3/29
5	97	Marimo AKITA	JR	#3 West Virginia We	2,900		3/29
6	99	Hannah BOND	SR	#2 Point Park (Pa.) {4}	2,881		3/29
7		Ashley MARTIN	FR	#4 West Liberty Sta	2,635		3/29
8		Luchama LUBIN	SR	#2 Point Park (Pa.) {5}	2,487		3/29



Conference TFRI Event Summary



Northeast-10

as of 4/8/2025 7:10:23 AM ET

Women's 100 Meters

1	Rebecca CADY	SO	#3 Saint Anselm	12.45	(0.4)	3/28
2	Shareve BLAIR	FR	#4 Adelphi	12.46	(0.6)	3/29
3	Dardielle EXANTUS	SR	#1 Southern Conne	12.52w	(2.3)	4/4
3	Hope SINCLAIR	JR	#5 Southern New H	12.52	(0.4)	3/28
5	Jada KAMTHA	SO	#2 New Haven	12.53	(-0.2)	4/6
6	Marissa HAYE	SO	#4 Adelphi	{2} 12.57w	(3.9)	4/4
7	Meredith PASQUAROSA	SO	#3 Saint Anselm	{2} 12.62	(0.4)	3/28
8	Hannah SIPPEL	FR	#5 Southern New H	{2} 12.66	(0.4)	3/28
9	Athena COMEAU	SR	#6 Assumption	12.72	(0.4)	3/28
10	Monique MALCOLM	SR	#9 American Intern:	12.74	(0.0)	4/7

Women's 100 Meter Hurdles

1	18 Patrice MANSFIELD	JR	#1 Southern Conne	14.10w	(2.5)	4/4
2	25 Jada KAMTHA	SO	#2 New Haven	14.21	(1.9)	3/29
3	Jordan WHEATON	SO	#5 Southern New H	15.22	(-0.9)	3/28
4	Aniya BUSH	SO	#2 New Haven	{2} 15.27	(1.9)	3/29
5	Ginny MULLEN	FR	#1 Southern Conne	{2} 15.29	(1.6)	4/4
6	Reese NICOLOSI	FR	#3 Saint Anselm	15.44	(-0.8)	3/28
7	Briahna BOUCHARD	SR	#7 Franklin Pierce	15.53	(-0.1)	4/5
8	Petrina OFORI	FR	#3 Saint Anselm	{2} 15.70	(-0.8)	3/28
9	Katrina SULLIVAN	SO	#6 Assumption	15.92	(-0.2)	4/6
10	Gillian PENNA	SR	#1 Southern Conne	{3} 16.29	(1.6)	4/4

Women's 200 Meters

1	Patrice MANSFIELD	JR	#1 Southern Conne	25.21w	(3.0)	4/4
2	Deja FITZPATRICK-BELL	FR	#1 Southern Conne	{2} 25.42w	(3.3)	4/4
3	Camille LOPEZ	SR	#6 Assumption	25.89	(0.4)	4/6
4	Megan SWAN	SO	#1 Southern Conne	{3} 25.97w	(3.4)	4/4
5	Hannah SIPPEL	FR	#5 Southern New H	26.05	(-1.2)	3/28
6	Lakay-Sha CLARKE	FR	#2 New Haven	26.24w	(2.4)	3/29
7	Fiona MALONEY	SR	#4 Adelphi	26.25w	(2.1)	3/29
8	Marissa HAYE	SO	#4 Adelphi	{2} 26.35w	(3.1)	4/4
9	Joelle BUDZ	FR	#1 Southern Conne	{4} 26.47w	(3.3)	4/4
10	Hope SINCLAIR	JR	#5 Southern New H	{2} 26.57	(-1.2)	3/28

Women's 400 Meters

1	14 Hannah CAIOLA	JR	#1 Southern Conne	54.88		4/4
2	83 Avery WINTERS	JR	#1 Southern Conne	{2} 56.94		4/4
3	Rayniah MERCEDAT	FR	#2 New Haven	59.82		3/29
4	Fiona MALONEY	SR	#4 Adelphi	1:00.95		3/29
5	Brianna COLE	SO	#1 Southern Conne	{3} 1:01.43		4/4
6	Hope HANAFIN	FR	#5 Southern New H	1:01.95		3/28
7	Deja HARRIS	SR	#2 New Haven	{2} 1:02.45		4/6
8	Lindsay DROZD	FR	#1 Southern Conne	{4} 1:02.60		4/4
9	Jessica BREMBERG	FR	#3 Saint Anselm	1:02.83		3/28
10	Jada BONDS	FR	#2 New Haven	{3} 1:03.10		4/6

Women's 400 Meter Hurdles

1	Alyson SIMPSON	SR	#6 Assumption	1:09.56		3/28
2	Kay WHEELLOCK	SO	#5 Southern New H	1:09.78		3/28
3	Jada BONDS	FR	#2 New Haven	1:10.90		3/29
4	Deja HARRIS	SR	#2 New Haven	{2} 1:11.27		3/29
5	Katrina SULLIVAN	SO	#6 Assumption	{2} 1:12.06		3/28
6	Christina CROWLEY	SO	#2 New Haven	{3} 1:12.73		4/6
7	Bridget HALEY	JR	#6 Assumption	{3} 1:14.05		3/28
8	Amari JOHNSON	SR	#4 Adelphi	1:14.97		3/29
9	Kate FAMIGLIETTI	SR	#6 Assumption	{4} 1:16.36		4/6
10	Gabriella CHAVEZ	FR	#2 New Haven	{4} 1:19.17		3/29

Women's 800 Meters

1	82 Caitlin BURMESTER	SR	#8 Bentley	2:15.61		3/28
2	Eva GONZALEZ	FR	#4 Adelphi	2:22.48		4/4
3	Julia MANSFIELD	SR	#1 Southern Conne	2:24.70		4/4
4	Ava O'DONNELL	SO	#3 Saint Anselm	2:26.28		4/5
5	Leticia DONASCIMENTO	SO	#1 Southern Conne	{2} 2:27.57		4/4
6	Michaela NAMIOTKA	JR	#6 Assumption	2:29.41		4/6
7	Shannon BRESNAHAN	SO	#3 Saint Anselm	{2} 2:30.85		3/28
8	Meghan SHELIN	SR	#7 Franklin Pierce	2:32.26		4/5
9	Joanna WEBER	JR	#4 Adelphi	{2} 2:32.28		3/29
10	Isabella BOSTIC	SR	#2 New Haven	2:32.99		3/29

Women's 1500 Meters

1	65 Caitlin BURMESTER	SR	#8 Bentley	4:36.14		3/28
2	Erin SOLA	FR	#1 Southern Conne	4:50.55		4/4
3	Corrina OBERNESSER	JR	#5 Southern New H	4:50.68		4/5
4	Lily TEDFORD	FR	#8 Bentley	{2} 4:51.34		3/28
5	Paige MCINERNEY	FR	#5 Southern New H	{2} 4:53.10		3/28
6	Erika WOJCIK	SO	#5 Southern New H	{3} 4:53.40		4/5
7	Ava O'DONNELL	SO	#3 Saint Anselm	4:54.47		4/5
8	Abigail BAJOREK	SO	#1 Southern Conne	{2} 4:54.63		4/4
9	Rose CONNOLLY	JR	#6 Assumption	5:07.51		3/28
10	Violet COYLE	JR	#2 New Haven	5:09.86		4/6

Women's Steeplechase

1	88 Corrina OBERNESSER	JR	#5 Southern New H	11:41.14		3/28
2	Lucia KUTNER	JR	#4 Adelphi	11:58.54		3/29
3	Erika WOJCIK	SO	#5 Southern New H	{2} 12:02.81		3/28
4	Rose CONNOLLY	JR	#6 Assumption	12:03.39		4/6
5	Brooke NERI	SR	#8 Bentley	12:32.50		3/28
6	Sumaira MAYAN	JR	#4 Adelphi	{2} 12:36.06		3/29
7	Emma POLLOCK	FR	#2 New Haven	13:56.81		3/29
8	Meredith MEDINA	SR	#6 Assumption	{2} 15:20.12		4/6



Conference TFRI Event Summary



Northeast-10

as of 4/8/2025 7:10:24 AM ET

Women's 5000 Meters

1	Megan WHITNELL	SO	#1 Southern Conne	18:28.92	4/4
2	Ava O'DONNELL	SO	#3 Saint Anselm	18:30.49	3/28
3	Emilie NOREIKA	SR	#1 Southern Conne{2}	18:37.41	4/4
4	Deirdre BAILAT	SO	#5 Southern New H	18:45.01	3/28
5	Sophia OLSEN	SO	#3 Saint Anselm {2}	18:55.13	4/5
6	Nora CONWAY	SO	#3 Saint Anselm {3}	18:58.29	4/5
7	Kora HAY	SO	#5 Southern New H{2}	19:25.61	4/5
8	Samantha DORAN	FR	#8 Bentley	19:25.64	3/28
9	Cara MORRIS	SO	#3 Saint Anselm {4}	19:25.67	4/5
10	Maya SUAREZ	SO	#4 Adelphi	20:04.21	4/4

Women's 10,000 Meters

1	Maya SUAREZ	SO	#4 Adelphi	43:38.42	3/29
2	Karen JACKSON	FR	#4 Adelphi {2}	43:38.54	3/29
3	Maddie GERBY	SR	#4 Adelphi {3}	44:54.96	3/29
4	Maggie HANNAN	SR	#4 Adelphi {4}	46:36.17	3/29

Women's 4x100 Relay

1	44	Patrice Mansfield, Kisha Francois, Megan Swan, Avery Winters	#1 Southern Conne	47.15	4/4
2	83	D'Jior Delisser, Deja Harris, Aniya Bush, Jada Kamtha	#2 New Haven	48.32	4/6
3		Abigail Jacobson, Lanette StJohn, Sidney Chapman, Issys Price	#7 Franklin Pierce	49.54	4/5
4		Hope Sinclair, Hannah Sippel, Jordan Wheaton, Madison Lyons	#5 Southern New H	49.70	3/28
5		Rylie McDonough, Camille Lopez, Kate Reagan, Athena Comeau	#6 Assumption	49.81	4/6
6		Valencia Beaubrun, Amari Johnson, Shareve Blair, Marissa Hays	#4 Adelphi	50.36	3/29
7		Jennifer Baker, Samantha Ducharme, Petrina Ofori, Reese Nicolosi	#3 Saint Anselm	51.28	4/5

Women's 4x400 Relay

1	16	Avery Winters, Hannah Caiola, Megan Swan, Kisha Francois	#1 Southern Conne	3:47.30	4/4
2		#Type!	#2 New Haven	4:10.33	3/29
3		Madison Lyons, Hannah Sippel, Corrina Obernesser, Paige McInerney	#5 Southern New H	4:12.84	3/28
4		Joanna Weber, Eva Gonzalez, Sanai Springer, Cassandra Lucero	#4 Adelphi	4:26.21	3/29
5		Meghan Sheline, Lauren Muldoon, Lillian Byrne, Jennifer Kulick	#7 Franklin Pierce	4:54.85	3/28

Women's High Jump

1		Tori ALLEN	SR	#5 Southern New H	1.56m	5-1 1/4	3/28
2		Gillian PENNA	SR	#1 Southern Conne	1.55m	5-1	4/4
2		Brooke FESSLER	FR	#4 Adelphi	1.55m	5-1	4/4
4		Jennifer KULICK	JR	#7 Franklin Pierce	1.51m	4-11 1/2	4/5
4		Jordan WHEATON	SO	#5 Southern New H{2}	1.51m	4-11 1/2	3/28
6		Petrina OFORI	FR	#3 Saint Anselm	1.50m	4-11	4/5
7		Alexandria O'SHEA	SR	#6 Assumption	1.48m	4-10 1/4	4/6
7		Wilnye JOSEPH	FR	#2 New Haven	1.48m	4-10 1/4	3/29
9		Angela MATEOS	SO	#5 Southern New H{3}	1.46m	4-9 1/2	3/28
9		Lanette STJOHN	SO	#7 Franklin Pierce {2}	1.46m	4-9 1/2	3/28
9		Julie GREENE	FR	#7 Franklin Pierce {2}	1.46m	4-9 1/2	3/28
9		Mackenzie LUTH	JR	#7 Franklin Pierce {2}	1.46m	4-9 1/2	3/28

Women's Pole Vault

1		Maddie HATHORN	JR	#1 Southern Conne	3.31m	10-10 1/4	4/4
2		Ava BENARD	SO	#6 Assumption	2.80m	9-2 1/4	3/28
3		Molly CLARK	SR	#2 New Haven	2.65m	8-8 1/4	4/6
3		Tija DILBA	FR	#3 Saint Anselm	2.65m	8-8 1/4	3/28
5		Elizabeth JONES	JR	#7 Franklin Pierce	2.60m	8-6 1/4	4/5
6		Makayla SANDERS	FR	#6 Assumption {2}	2.20m	7-2 1/2	4/6

Women's Long Jump

1	22	Valencia BEAUBRUN	JR	#4 Adelphi	5.81mw	19-3/4 (3.1)	3/29
2	33	Kisha FRANCOIS	SR	#1 Southern Conne	5.71mw	18-8 3/4 (2.2)	4/4
3	62	D'Jior DELISSER	SO	#2 New Haven	5.60m	18-4 1/2 (-0.1)	4/6
4	100	Deja FITZPATRICK-BELL	FR	#1 Southern Conne{2}	5.47mw	17-11 1/2 (2.1)	4/4
5		Gabrielle TEEL	SR	#2 New Haven {2}	5.39m	17-8 1/4 (-2.7)	3/29
6		Delaney SPEED	FR	#1 Southern Conne{3}	5.29mw	17-4 1/4 (3.5)	4/4
7		Abigail JACOBSON	FR	#7 Franklin Pierce	5.09m	16-8 1/2 (1.1)	4/5
8		Allie BARTON	SO	#6 Assumption	5.00m	16-5 (0.0)	4/6
9		Kayla ESPOSITO	SO	#4 Adelphi {2}	4.99m	16-4 1/2 (1.6)	3/29
9		Ava HOULE	SO	#3 Saint Anselm	4.99m	16-4 1/2 (0.4)	3/28



Conference TFRI Event Summary



Northeast-10

as of 4/8/2025 7:10:24 AM ET

Women's Triple Jump

1	44	Uliana POKUTNIA	FR	#1	Southern Conne	11.49m	37-8½ (1.4)	4/4
2	48	Gabrielle TEEL	SR	#2	New Haven	11.47m	37-7¾ (-2.4)	3/29
3		Aniya BUSH	SO	#2	New Haven	{2} 10.93m	35-10½ (-3)	3/29
4		Katrina SULLIVAN	SO	#6	Assumption	10.65m	34-11¼ (0.6)	4/6
5		Ava HOULE	SO	#3	Saint Anselm	10.55mw	34-7½ (2.2)	4/5
6		Shareve BLAIR	FR	#4	Adelphi	10.46m	34-4 (1.7)	3/29
7		Jada KAMTHA	SO	#2	New Haven	{3} 10.41m	34-2 (0.0)	4/6
8		Sophie REYES	FR	#2	New Haven	{4} 10.14m	33-3¼ (0.0)	4/6
9		Ava BENARD	SO	#6	Assumption	{2} 10.12m	33-2½ (-0.8)	4/6
10		Brooke FESSLER	FR	#4	Adelphi	{2} 10.00mw	32-9¾ (3.8)	3/29
10		Jessica BREMBERG	FR	#3	Saint Anselm	{2} 10.00m	32-9¾ (0.0)	3/28

Women's Shot Put

1	34	Belle SMITH	SO	#1	Southern Conne	13.27m	43-6½	4/4
2		Laila BUNNITT	SR	#5	Southern New H	12.28m	40-3½	3/28
3		Brianne RETT	SR	#3	Saint Anselm	11.59m	38-¼	4/5
4		Darla JAGROSSE	JR	#1	Southern Conne	{2} 11.46m	37-7¼	4/4
5		Emily NHUN	JR	#7	Franklin Pierce	10.94m	35-10¾	3/28
6		Ashley CRAIG	SO	#2	New Haven	10.77m	35-4	4/6
7		Kayla JOHNSON	FR	#1	Southern Conne	{3} 10.52m	34-6¼	4/4
8		Vanessa CONNOLLY	JR	#2	New Haven	{2} 10.51m	34-5¾	4/6
9		Emma CRAHAN	SO	#7	Franklin Pierce	{2} 10.43m	34-2¾	3/28
10		Madeline STALEY	FR	#4	Adelphi	10.32m	33-10¼	3/29

Women's Discus

1		Anita HODGE	JR	#2	New Haven	38.63m	126-9	3/29
2		Madeline STALEY	FR	#4	Adelphi	37.65m	123-6	4/4
3		Laila BUNNITT	SR	#5	Southern New H	36.95m	121-3	3/28
4		Lori MELVILLE	FR	#4	Adelphi	{2} 35.73m	117-3	4/4
5		Alanah WEAVER	SO	#2	New Haven	{2} 33.62m	110-4	3/29
6		Emily NHUN	JR	#7	Franklin Pierce	33.21m	109-0	3/28
7		Faith SIRVIO	JR	#6	Assumption	30.94m	101-6	4/6
8		Serenity MAYHEW	JR	#9	American Intern:	28.10m	92-2¼	4/7
9		Ashley CRAIG	SO	#2	New Haven	{3} 27.79m	91-2¼	4/6
10		Anastasia HAYES	SO	#6	Assumption	{2} 27.64m	90-8¼	4/6

Women's Hammer

1	70	Celine BOZUKLUAN	JR	#1	Southern Conne	48.95m	160-7	4/4
2		Madison LUPINO	JR	#6	Assumption	43.26m	141-11	4/6
3		Brianne RETT	SR	#3	Saint Anselm	43.02m	141-2	4/5
4		Laila BUNNITT	SR	#5	Southern New H	43.00m	141-1	3/28
5		Abigail PHILBIN	FR	#7	Franklin Pierce	42.02m	137-11	3/28
6		Anita HODGE	JR	#2	New Haven	40.50m	132-11	4/6
7		Dolbier SYDNEY	JR	#1	Southern Conne	{2} 40.35m	132-5	4/4
8		Emily NHUN	JR	#7	Franklin Pierce	{2} 40.18m	131-10	3/28
9		Sophia MORIN	SO	#3	Saint Anselm	{2} 40.13m	131-8	3/28
10		Vanessa CONNOLLY	JR	#2	New Haven	{2} 38.39m	126-0	4/6

Women's Javelin

1	28	Malina BOHLMANN	SO	#6	Assumption	42.34m	138-11	4/6
2	54	Sophia MORIN	SO	#3	Saint Anselm	39.73m	130-4	3/28
3	68	Kayla FRANKS	SO	#5	Southern New H	38.67m	126-11	3/28
4	81	Harmony MARQUEZ	SO	#3	Saint Anselm	{2} 37.99m	124-8	3/28
5		Lanette STJOHN	SO	#7	Franklin Pierce	34.90m	114-6	4/5
6		Abby CAMELIO	JR	#6	Assumption	{2} 34.69m	113-10	3/28
7		Hailey DENUCCI	SO	#1	Southern Conne	34.45m	113-0	4/4
8		Morgan COOLEDGE	SR	#5	Southern New H	{2} 32.64m	107-1	3/28
9		Ella FONG	FR	#9	American Intern:	31.40m	103-0	4/7
10		Kylie FRANK	SO	#3	Saint Anselm	{3} 30.87m	101-4	4/5



Conference TFRI Event Summary



NSIC

as of 4/8/2025 7:10:24 AM ET

Women's 100 Meters

1	19	Laila CLEARE	JR	#1 U-Mary	11.64	(1.4)	3/27
2	51	Renea TAYLOR	SR	#8 Northern State	11.90w	(2.1)	3/22
3	59	Tamia HORTON	JR	#2 Sioux Falls	11.94w	(2.4)	4/5
4	63	Tionce WALROND	SO	#1 U-Mary {2}	11.96	(1.4)	3/27
5	89	Lily JUHNKE	JR	#4 Augustana (S.D.)	12.05w	(2.4)	4/5
6	96	Summer KREBSBACH	JR	#9 Minot State	12.07w	(2.2)	3/22
7		Katie LAVATO	SR	#10 St. Cloud State	12.10	(0.5)	3/28
8		Caitlyn CASELLA	FR	#6 Winona State	12.23w	(2.3)	4/5
9		Sasha STEINBACH	FR	#6 Winona State {2}	12.26	(1.5)	4/5
10		Kendall BERG	JR	#1 U-Mary {3}	12.32	(0.7)	4/6

Women's 100 Meter Hurdles

1	46	Renea TAYLOR	SR	#8 Northern State	14.49w	(2.2)	3/22
2	50	Makayla ALLMARAS	FR	#1 U-Mary	14.52	(1.2)	4/6
3	57	Kendall ANDERSON	JR	#2 Sioux Falls	14.61w	(2.4)	4/5
4	82	Maria PEDROSO	SR	#4 Augustana (S.D.)	14.78w	(2.9)	4/5
5	91	Anna RADER	JR	#1 U-Mary {2}	14.82	(1.2)	4/6
6		Mille ROSAEG	SO	#12 Bemidji State	15.10	(1.3)	4/5
7		Piper HANSON	FR	#2 Sioux Falls {2}	15.20	(1.6)	4/5
8		Baylee VAN ZEE	JR	#4 Augustana (S.D.) {2}	15.33w	(3.3)	4/5
9		Kylee SALLEE	SR	#4 Augustana (S.D.) {3}	15.39w	(3.3)	4/5
10		Bernadette BELZER	SO	#1 U-Mary {3}	15.47	(0.0)	3/27

Women's 200 Meters

1	4	Tionce WALROND	SO	#1 U-Mary	23.31	(0.8)	3/27
2	5	Sakena MASSIAH	SR	#1 U-Mary {2}	23.37	(0.8)	3/27
3	9	Laila CLEARE	JR	#1 U-Mary {3}	23.55	(0.8)	3/27
4	36	Tayen WERNER	FR	#1 U-Mary {4}	24.20	(0.8)	3/27
5	69	Gabriella APELIAN	FR	#1 U-Mary {5}	24.56	(1.6)	3/27
6	72	Morgan HERTZ	SR	#1 U-Mary {6}	24.60	(0.8)	3/27
7	81	Kelescia DOWNES	FR	#1 U-Mary {7}	24.65	(0.8)	3/27
8		Kendall BERG	JR	#1 U-Mary {8}	24.96	(0.8)	3/27
9		Summer KREBSBACH	JR	#9 Minot State	25.28	(1.5)	3/22
10		Kylee SALLEE	SR	#4 Augustana (S.D.)	25.40	(1.6)	4/5

Women's 400 Meters

1	7	Sakena MASSIAH	SR	#1 U-Mary	54.45		3/27
2	9	Tayen WERNER	FR	#1 U-Mary {2}	54.65		4/6
3	28	Kelescia DOWNES	FR	#1 U-Mary {3}	55.49		4/6
4	30	Gabriella APELIAN	FR	#1 U-Mary {4}	55.57		4/6
5	65	Elizabeth ACHESON	SR	#1 U-Mary {5}	56.60		4/6
6		Alyssa LARSON	JR	#6 Winona State	58.08		4/5
7		Sierra CLIFFORD	SR	#11 Southwest Minn	58.69		3/28
8		Bailey WRIDE	SO	#9 Minot State	58.97		4/6
9		Mackenzie EVERSON	SO	#2 Sioux Falls	59.33 OT		3/28
10		Kate FITZGERALD	JR	#5 Minnesota Dulut	59.37c	(1:00.16)	4/5

Women's 400 Meter Hurdles

1	5	Morgan HERTZ	SR	#1 U-Mary	59.83		3/27
2	46	Renea TAYLOR	SR	#8 Northern State	1:02.96		3/22
3	48	Bernadette BELZER	SO	#1 U-Mary {2}	1:03.04		4/6
4	50	Regan FEIT	SR	#6 Winona State	1:03.29		4/5
5	70	Maria PEDROSO	SR	#4 Augustana (S.D.)	1:04.26		4/5
6	79	Aspen ESLINGER	FR	#1 U-Mary {3}	1:04.49		4/6
7	86	Avary FITZPATRICK	FR	#5 Minnesota Dulut	1:04.80		4/5
8	97	Anna TISCH	FR	#1 U-Mary {4}	1:05.15		3/27
9		Mackenzie EVERSON	SO	#2 Sioux Falls	1:05.53		4/5
10		Reagan MURPHY	FR	#7 Wayne State (Ne	1:05.56		4/5

Women's 800 Meters

1	5	Elizabeth ACHESON	SR	#1 U-Mary	2:05.07c	(2:05.74A)	3/29
2	66	Savannah SCHLEY	SR	#5 Minnesota Dulut	2:14.62c	(2:16.18)	4/5
3	89	Sidra SADOWSKY	SR	#9 Minot State	2:15.97		4/6
4		Bailey WRIDE	SO	#9 Minot State {2}	2:16.74		3/22
5		Morgan GEHL	SR	#2 Sioux Falls	2:17.55		4/5
6		Madeline VERKERKE	SR	#5 Minnesota Dulut {2}	2:18.73c	(2:20.33)	4/5
7		Miranda LAUVSTAD	JR	#3 Minnesota State	2:19.39		3/28
8		Nyadio CHAN	JR	#14 Concordia-St. P	2:19.93		4/5
9		Sydnee SERCK	SO	#4 Augustana (S.D.)	2:20.10		4/5
10		Jenna ANDERS	SO	#6 Winona State	2:20.72		4/5

Women's 1500 Meters

1	59	Kristine KALTHOFF	SR	#1 U-Mary	4:35.53c	(4:41.45A)	3/29
2	75	Savannah SCHLEY	SR	#5 Minnesota Dulut	4:37.96		4/5
3	87	Kylie ANDERSON	JR	#6 Winona State	4:39.22		4/5
4		Ashley OVERGAAUW	SO	#3 Minnesota State	4:40.92		4/5
5		Morgan GEHL	SR	#2 Sioux Falls	4:41.68		4/5
6		Bailey WRIDE	SO	#9 Minot State	4:42.37		3/22
7		Caroline SUDBECK	SR	#4 Augustana (S.D.)	4:42.60		4/5
8		Madeline VERKERKE	SR	#5 Minnesota Dulut {2}	4:43.43		4/5
9		Sam HARKE	SO	#6 Winona State {2}	4:44.78		4/5
10		Rachel ULRICH	SO	#5 Minnesota Dulut {3}	4:48.15		4/5

Women's Steeplechase

1	39	Ella VOIT	FR	#6 Winona State	11:09.01		4/5
2	61	Madison MATZEK	JR	#3 Minnesota State	11:26.59		4/5
3	75	Grace DORSHER	SR	#13 MSU Moorhead	11:34.21		4/5
4	85	Madison MARCO	SO	#11 Southwest Minn	11:39.05		3/28
5	89	Sidra SADOWSKY	SR	#9 Minot State	11:41.26		3/22
6	94	Alexi MACDONALD	JR	#3 Minnesota State {2}	11:44.48		4/5
7		Maggie MCCARTHY	JR	#12 Bemidji State	11:57.45		4/5
8		Kaela TRAUGOTT	SO	#13 MSU Moorhead {2}	12:02.41		4/5
9		Mallory SALAZAR	JR	#2 Sioux Falls	12:03.91		4/5
10		Alena DONAHUE	SO	#10 St. Cloud State	12:06.03		3/28



Conference TFRI Event Summary



NSIC

as of 4/8/2025 7:10:24 AM ET

Women's 5000 Meters

1	10	Ella BAKKEN	SR	#4 Augustana (S.D.)	16:41.44	3/28
2	19	Alyssa BECKER	SR	#1 U-Mary	16:48.94 (17:15.35A)	3/29
3	39	Kylie ANDERSON	JR	#6 Winona State	17:02.31	3/28
4	53	Shaelyn HOSTAGER	SR	#5 Minnesota Dulut	17:15.52 (17:23.45)	4/5
5	71	Andrijana FUNDIAK	SR	#1 U-Mary	{2} 17:28.13 (17:55.57A)	3/29
6	92	Taylor MELTON	SR	#4 Augustana (S.D.)	{2} 17:38.12	4/5
7		Ally SAMPLE	FR	#4 Augustana (S.D.)	{3} 17:48.49	4/5
8		Amanda OVERGAAUW	FR	#3 Minnesota State	17:50.32	4/5
9		Lindsey YOUNG	JR	#4 Augustana (S.D.)	{4} 17:52.95	4/5
10		Ramsey KARIM	FR	#4 Augustana (S.D.)	{5} 17:55.23	4/5

Women's 10,000 Meters

1	59	McKenna TAYLOR	SR	#6 Winona State	37:32.60	3/28
2	85	Madeline PALMER	JR	#6 Winona State	{2} 38:47.69	3/28
3	91	Terez WYCKLENDT	JR	#1 U-Mary	38:59.44	4/6
4		Emma HEHN	SO	#1 U-Mary	{2} 40:03.46	4/6
5		Hannah WESTIN	SO	#1 U-Mary	{3} 41:06.43	4/6
6		Jazmyn CHRISTEN	JR	#1 U-Mary	{4} 41:15.04	4/6

Women's 4x100 Relay

1	10	Gabriella Apelian, Tionce Walrond, Tayen Werner, Laila Cleare		#1 U-Mary	45.65	4/6
2	46	Nevaeh Coffey, Jazmin Barry, Desiree Loyd, Shavante Roberts		#13 MSU Moorhead	47.19	4/6
3	56	Jennifer Noutsougan, Nyanas Kur, Kylee Sallee, Lily Juhnke		#4 Augustana (S.D.)	47.52	4/5
4	86	Elisabet Osk Jonsdottir, Renea Taylor, Anna Skachenko, Kyanna Collymore		#8 Northern State	48.37	3/22
5	91	Emily Anderson, Hailey Hollar, Jordan Grell, Kate Fitzgerald		#5 Minnesota Dulut	48.53	4/5
6		Jayla Patterson, Viola Okey-Ezealah, Zaria Stapleton, Katie Lavato		#10 St. Cloud State	48.88	3/28
7		Michelle Marquard, Tavashia Hill, Lexy Gilbert, Sierra Clifford		#11 Southwest Minn	49.11	4/5

Women's 4x400 Relay

1	35	Tayen Werner, Gabriella Apelian, Bernadette Belzer, Sakena Massiah		#1 U-Mary	3:52.49	3/27
2	63	Caroline Sudbeck, Maia Peterson, Ella Heinitz, Caitlin Ostbye		#4 Augustana (S.D.)	3:59.48	4/5
3	75	Emily Bastian, Avari Fitzpatrick, Sevanna Burke, Madi Wodele		#5 Minnesota Dulut	4:01.78 (4:04.99)	4/5
4		Katie Lavato, Emma Hopman, Makaylin Christenson, Viola Okey-Ezealah		#10 St. Cloud State	4:09.43	4/5
5		Bailey Wride, Sidra Sadowsky, Nicole Reeves, Natalie Becker		#9 Minot State	4:23.03	4/6
6		Josie Aitken, Makenna Frazier, Hailey Selly, Ava Werner		#12 Bemidji State	4:23.64	3/28
7		Cadence Tanner, Jaidynn Dietel, Mackenzie Lovejoy, Elise Atkins		#14 Concordia-St. P	4:34.48	4/5

Women's High Jump

1	17	Bryn GREENWALDT	JR	#4 Augustana (S.D.)	1.68m	5-6	4/5
2	20	Viktoriia ERMOLAEVA	SO	#3 Minnesota State	1.67m	5-5¾	3/28
3	24	Dani MINSAAS	SO	#2 Sioux Falls	1.66m	5-5¼	3/28
4	33	Makaylin CHRISTENSON	SR	#10 St. Cloud State	1.65m	5-5	3/28
4	33	Jerrica PACHL	SR	#1 U-Mary	1.65m	5-5	3/22
4	33	Tayla DOBRENSKI	SO	#8 Northern State	1.65m	5-5	3/22
7	56	Abbi WEBB	SR	#2 Sioux Falls	{2} 1.63m	5-4¼	4/5
8	80	Anna NASSET	FR	#1 U-Mary	{2} 1.60m	5-3	4/6
8	80	Hunter PETERSEN	JR	#13 MSU Moorhead	1.60m	5-3	4/6
10		Christine SLEETER	SO	#11 Southwest Minn	1.59m	5-2½	3/28

Women's Pole Vault

1	21	McKenna COMSTOCK	SR	#2 Sioux Falls	3.81m	12-6	4/5
1	21	Elvira COLLVIN	FR	#3 Minnesota State	3.81m	12-6	4/5
3	37	Jenna SIKEL	JR	#3 Minnesota State	{2} 3.66m	12-0	4/5
4	40	Peyton HANSON	SO	#2 Sioux Falls	{2} 3.65m	11-11¾	3/28
5	63	Greta SNAZA	SR	#2 Sioux Falls	{3} 3.51m	11-6¼	4/5
6	64	Lauren WOELFEL	FR	#10 St. Cloud State	3.50m	11-5¾	4/5
7	87	Romane MAUGEST	FR	#8 Northern State	3.45m	11-3¾	3/22
8	100	Willow OEHMICHEN	SO	#3 Minnesota State	{3} 3.36m	11-¼	4/5
8	100	Hope STANGEL	SO	#3 Minnesota State	{3} 3.36m	11-¼	4/5
8	100	Makayla MILES	FR	#3 Minnesota State	{3} 3.36m	11-¼	4/5
8	100	Toryn RICHARDS	SR	#3 Minnesota State	{3} 3.36m	11-¼	4/5



Conference TFRI Event Summary



NSIC

as of 4/8/2025 7:10:24 AM ET

Women's Long Jump

1	6	Miranda LAUVSTAD	JR	#3 Minnesota State	6.02mw	19-9 (3.9)	3/28
2	20	Jazmin BARRY	FR	#13 MSU Moorhead	5.83m	19-1½ (0.8)	4/6
3	24	Anna BRUNO	SO	#1 U-Mary	5.79m	19-0 (1.0)	3/22
4	79	Kailee KELLUM	SO	#7 Wayne State (Ne	5.55mw	18-2½ (3.5)	3/28
5	92	Abbi WEBB	SR	#2 Sioux Falls	5.51mw	18-1 (2.7)	4/5
6	97	Tierney FAULK	SO	#2 Sioux Falls	{2} 5.48mw	17-11¾ (3.5)	3/28
7		Cadence TANNER	SO	#14 Concordia-St. Pæ	5.46m	17-11 (1.1)	4/5
8		Mehlayna STRAUB	SO	#14 Concordia-St. Pæ{2}	5.40m	17-8¾ (0.3)	4/5
9		Lindsey KNEIFL	JR	#7 Wayne State (Ne{2}	5.38mw	17-8 (2.9)	3/28
9		Jayda BECKER	SR	#4 Augustana (S.D.)	5.38mw	17-8 (3.4)	4/5

Women's Triple Jump

1	43	Hanna REICHENBERGER	SR	#6 Winona State	11.50m	37-8¾ (0.1)	4/5
2	56	Erin STEINMAN	SO	#5 Minnesota Dulut	11.42mw	37-5¾ (2.7)	4/5
3	65	Anna NASSET	FR	#1 U-Mary	11.30mw	37-1 (2.4)	3/27
4	70	Nyamal CHANGESON	FR	#4 Augustana (S.D.)	11.26mw	36-11½ (2.7)	4/5
5	90	Ella STEUSSY	SO	#2 Sioux Falls	11.08mw	36-4¼ (3.2)	3/28
6		Kendra KING	FR	#2 Sioux Falls	{2} 10.91mw	35-9½ (3.0)	3/28
7		Anna BRUNO	SO	#1 U-Mary	{2} 10.70m	35-1¼ (1.1)	3/22
8		Makaylin CHRISTENSON	SR	#10 St. Cloud State	10.68mw	35-½ (3.4)	4/5
9		Afton WRIDE	FR	#9 Minot State	10.66m	34-11¾ (1.8)	3/22
10		Mackenzie HEMMER	JR	#4 Augustana (S.D.){2}	10.49mw	34-5 (2.4)	4/5

Women's Shot Put

1	19	Brooklyn KRUSE	SO	#7 Wayne State (Ne	13.91m	45-7¾	4/5
2	35	Maya LAVENDUSKY	JR	#14 Concordia-St. Pæ	13.26m	43-6	4/5
3	41	Mony ANDERSEN	JR	#3 Minnesota State	13.17m	43-2½	3/28
4	49	Kami WADSWORTH	SO	#2 Sioux Falls	13.11m	43-¼	4/5
5	58	Emma OSIER	SO	#3 Minnesota State{2}	13.04m	42-9½	4/5
6	65	Nicole FLYNN	SR	#2 Sioux Falls	{2} 13.00m	42-8	3/28
7	67	Nadia SANFORD	SR	#11 Southwest Minn	12.98m	42-7	4/5
8	72	Delanie VANDRIEL	JR	#2 Sioux Falls	{3} 12.88m	42-3¼	4/5
9	74	Mikenna PATTRIN	SR	#12 Bemidji State	12.85m	42-2	4/5
10	78	Kayla VANOSDEL	SR	#2 Sioux Falls	{4} 12.81m	42-½	4/5

Women's Discus

1	8	Reilly YOUNG	SR	#7 Wayne State (Ne	48.88m	160-5	3/28
2	14	Kamry LINDSEY	SR	#2 Sioux Falls	47.46m	155-9	4/5
3	20	Elise JENSEN	FR	#3 Minnesota State	46.55m	152-9	4/5
4	33	Delanie VANDRIEL	JR	#2 Sioux Falls	{2} 45.50m	149-4	3/28
5	46	Nadia SANFORD	SR	#11 Southwest Minn	43.97m	144-3	4/5
6	48	Nicole FLYNN	SR	#2 Sioux Falls	{3} 43.95m	144-3	3/28
7	53	Julia ALBERTS	SO	#3 Minnesota State{2}	43.60m	143-1	4/5
8	54	Brooklyn KRUSE	SO	#7 Wayne State (Ne{2}	43.46m	142-7	3/28
9	57	Zayda PRIEBE	JR	#12 Bemidji State	43.23m	141-10	4/5
10	91	Jadyn HART	SO	#3 Minnesota State{3}	41.47m	136-1	3/28

Women's Hammer

1	9	Lily BENEKE	SR	#3 Minnesota State	56.26m	184-7	3/28
2	37	Mony ANDERSEN	JR	#3 Minnesota State{2}	51.66m	169-6	3/28
3	39	Hailey BAKER	SR	#7 Wayne State (Ne	51.55m	169-2	3/28
4	47	Reilly YOUNG	SR	#7 Wayne State (Ne{2}	51.27m	168-3	3/28
5	61	Olivia SCHWARZROCK	JR	#7 Wayne State (Ne{3}	49.79m	163-4	3/28
6	77	Lauren BIRD	SO	#3 Minnesota State{3}	48.76m	160-0	4/5
7	87	Kamry LINDSEY	SR	#2 Sioux Falls	48.09m	157-10	3/28
8		McKenna MARKLE	SR	#7 Wayne State (Ne{4}	47.09m	154-6	3/28
9		Taylor ARP	FR	#7 Wayne State (Ne{5}	45.80m	150-3	3/28
10		Bernie BARNHARDT	FR	#14 Concordia-St. Pæ	45.61m	149-8	4/5

Women's Javelin

1	18	Olivia BAUMBERGER	SR	#2 Sioux Falls	44.44m	145-10	4/5
2	44	Kami WADSWORTH	SO	#2 Sioux Falls	{2} 40.65m	133-5	4/5
3	73	Kassidy SIEDOW	SR	#3 Minnesota State	38.25m	125-6	3/28
4	74	Anna BENDISH	SO	#1 U-Mary	38.19m	125-4	4/6
5	96	Mikenna PATTRIN	SR	#12 Bemidji State	37.06m	121-7	3/28
6		Graycee ROUBINEK	SO	#5 Minnesota Dulut	36.15m	118-7	4/5
7		Savannah REINKE	SO	#10 St. Cloud State	35.73m	117-3	4/5
8		Ava RUTHVEN	FR	#9 Minot State	35.69m	117-1	4/6
9		Trista BILDEN	FR	#12 Bemidji State	{2} 35.54m	116-7	3/28
10		Maya SHORTER	SO	#3 Minnesota State{2}	35.07m	115-1	4/5

Women's Heptathlon

1	1	Miranda LAUVSTAD	JR	#3 Minnesota State	5,529	3/28
2	5	Viktoriia ERMOLAEVA	SO	#3 Minnesota State{2}	5,174	3/28
3	28	Morgan SHELTON	JR	#8 Northern State	4,268	3/22
4	38	Alexa POST	JR	#3 Minnesota State{3}	3,941	3/28
5	45	Cameron JOHNSON	FR	#3 Minnesota State{4}	3,814	3/28
6	79	Addison CUMBOW	JR	#8 Northern State	{2} 3,317	3/22
7	88	Jordan WEST	SO	#8 Northern State	{3} 3,219	3/22



Conference TFRI Event Summary



PacWest

as of 4/8/2025 7:10:24 AM ET

Women's 100 Meters

1	3	Nydia CHANCE	SO	#3 Fresno Pacific	11.30	(0.0)	2/22
2	13	Riley ALLEN	FR	#3 Fresno Pacific	{2} 11.58	(0.0)	2/22
3	21	Jasmyn CRAWFORD	SR	#2 CUI	11.65	(1.4)	3/29
4	23	Iyanna FULLER	JR	#3 Fresno Pacific	{3} 11.66	(0.0)	2/22
5	24	Trinity MILLER	SR	#1 Azusa Pacific	11.70	(1.4)	3/29
6	27	Ariana VERA	SR	#3 Fresno Pacific	{4} 11.71	(0.0)	2/22
7	28	Brianna GREEN	SR	#3 Fresno Pacific	{5} 11.73w	(2.7)	3/1
7	28	Shaniya RANDOLPH	SO	#3 Fresno Pacific	{5} 11.73	(0.0)	2/22
9	36	Nevaeh WILLIAMS	SO	#1 Azusa Pacific	{2} 11.80	(1.4)	3/29
10	39	Alayna VERNER	SR	#1 Azusa Pacific	{3} 11.82	(1.1)	3/29

Women's 100 Meter Hurdles

1	6	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	13.69	(1.2)	3/29
2	7	Brianna GREEN	SR	#3 Fresno Pacific	13.77	(0.0)	4/5
3	15	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	14.03	(1.6)	3/15
4	22	Alexis RANGER-DUNBAR	SR	#3 Fresno Pacific	{2} 14.20	(2.0)	3/22
5	36	Hannah HANSON	SO	#4 Biola (Calif.)	{2} 14.38	(-0.2)	2/22
6	38	Giovana PELASCINI	SO	#2 CUI	14.39	(1.3)	3/29
7	51	Avril MENDOZA	FR	#3 Fresno Pacific	{3} 14.53w	(3.2)	3/1
8	55	Maika CUENCA	JR	#7 Academy of Art	14.60w	(2.2)	3/29
9	80	Millie BLEDSOE	SO	#5 Point Loma Nazarene	14.77	(-0.2)	2/22
10	86	Erica WASEQ	JR	#9 Jessup (Calif.)	14.79	(2.0)	3/22

Women's 200 Meters

1	20	Trinity MILLER	SR	#1 Azusa Pacific	23.89	(1.0)	4/5
2	21	Jasmyn CRAWFORD	SR	#2 CUI	23.91	(0.8)	3/29
3	23	Sariyah COPELAND	SR	#3 Fresno Pacific	23.94	(-0.4)	4/5
4	30	Nydia CHANCE	SO	#3 Fresno Pacific	{2} 24.13	(1.2)	3/29
5	42	Nevaeh WILLIAMS	SO	#1 Azusa Pacific	{2} 24.30	(0.8)	3/29
6	58	Brooke DALGITY	SR	#6 Vanguard (Calif.)	24.45	(0.8)	3/29
7	68	Blanca GRANADOS	SR	#5 Point Loma Nazarene	24.55w	(2.8)	3/22
8	76	Alayna VERNER	SR	#1 Azusa Pacific	{3} 24.61	(-0.3)	4/5
9	88	Juvonna CORNETTE	JR	#7 Academy of Art	24.70	(1.2)	3/22
10	97	Kenahdi HASLIP	SO	#3 Fresno Pacific	{3} 24.75	(-0.2)	2/22

Women's 400 Meters

1	2	Brianna GREEN	SR	#3 Fresno Pacific	53.77		3/29
2	4	Alayna VERNER	SR	#1 Azusa Pacific	54.20		4/5
3	12	Lina HANICH	SR	#7 Academy of Art	54.84		4/5
4	17	Eryn BURKE	SR	#6 Vanguard (Calif.)	54.94		3/22
5	18	Kenahdi HASLIP	SO	#3 Fresno Pacific	{2} 55.02		3/22
6	19	Shaniya RANDOLPH	SO	#3 Fresno Pacific	{3} 55.07		3/29
7	20	Giovana PELASCINI	SO	#2 CUI	55.08		4/5
8	25	Angelica GOMES	FR	#5 Point Loma Nazarene	55.32		3/22
9	39	Mikiyla ROYAL	FR	#3 Fresno Pacific	{4} 55.90		3/29
10	42	Olivia ALEXANDRE	SR	#1 Azusa Pacific	{2} 55.95		3/29

Women's 400 Meter Hurdles

1	2	Brianna GREEN	SR	#3 Fresno Pacific	57.80		4/5
2	3	Olivia ALEXANDRE	SR	#1 Azusa Pacific	59.18		4/5
3	14	Avril MENDOZA	FR	#3 Fresno Pacific	{2} 1:00.98		2/22
4	18	Sarah MCGARRY	FR	#5 Point Loma Nazarene	1:01.14		3/8
5	21	Jordyn BURKE	SR	#6 Vanguard (Calif.)	1:01.27		3/22
6	23	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	1:01.44		4/5
7	44	Makenna SULLIVAN	SR	#5 Point Loma Nazarene	{2} 1:02.92		2/22
8	45	Hannah HANSON	SO	#4 Biola (Calif.)	{2} 1:02.94		4/5
9	50	Joley SPROUL	SR	#4 Biola (Calif.)	{3} 1:03.29		3/29
10	57	Reagan COLE	JR	#5 Point Loma Nazarene	{3} 1:03.41		3/22

Women's 800 Meters

1	2	Lina HANICH	SR	#7 Academy of Art	2:03.60		4/5
2	11	Magdalene WILLIAMS JR.	JR	#4 Biola (Calif.)	2:08.19		4/5
3	17	Grace SOUTHERN	SR	#7 Academy of Art	{2} 2:09.56		4/5
4	25	Michaela ANDREWS	SR	#7 Academy of Art	{3} 2:10.61		4/5
5	31	Mattie WHIPPLE	FR	#3 Fresno Pacific	2:11.54		3/8
6	45	Megan CHARLEY	FR	#6 Vanguard (Calif.)	2:13.56		3/8
7	50	Eryn BURKE	SR	#6 Vanguard (Calif.)	{2} 2:13.96		3/29
8	54	Jori PARADIS	SR	#2 CUI	2:14.12		2/22
9	57	Aubree GENTRY	JR	#5 Point Loma Nazarene	2:14.20		4/5
10	84	Porshe EISMANN	SR	#2 CUI	{2} 2:15.85		4/5

Women's 1500 Meters

1	18	Lina HANICH	SR	#7 Academy of Art	4:27.00		3/22
2	19	Jori PARADIS	SR	#2 CUI	4:27.13		4/5
3	20	Grace SOUTHERN	SR	#7 Academy of Art	{2} 4:27.92		4/5
4	24	Olivia ALEXANDRE	SR	#1 Azusa Pacific	4:30.22		2/28
5	33	Bethany MAPES	JR	#4 Biola (Calif.)	4:32.05		4/5
6	38	Mattie WHIPPLE	FR	#3 Fresno Pacific	4:33.37		4/5
7	41	Jessina MORALES	SR	#6 Vanguard (Calif.)	4:33.91		3/15
8	45	Jessica KAMPMAN	SR	#1 Azusa Pacific	{2} 4:34.20		3/8
9	50	Kate BARANSKI	SR	#6 Vanguard (Calif.)	{2} 4:34.68		3/15
10	67	Madeline REEVES	JR	#5 Point Loma Nazarene	4:36.88		3/15

Women's Steeplechase

1	8	Jessica KAMPMAN	SR	#1 Azusa Pacific	10:35.65		4/5
2	20	Jaina KANG	FR	#4 Biola (Calif.)	10:54.84		4/5
3	37	Claudia VERA	JR	#2 CUI	11:08.56		3/28
4	45	Lia MARKERT	SR	#5 Point Loma Nazarene	11:15.48		3/22
5	50	Abigail HUNDLEY	JR	#8 Westmont (Calif.)	11:21.27		3/28
6	59	Emily LITTLEFIELD	SO	#2 CUI	{2} 11:25.85		3/28
7	86	Zaila SMITH	JR	#5 Point Loma Nazarene	{2} 11:40.63		3/22
8	99	Karis BROWN	JR	#4 Biola (Calif.)	{2} 11:47.42		3/15
9		Janelle SANTOS	JR	#1 Azusa Pacific	{2} 11:49.26		3/21
10		Caitlin CHEA	SO	#4 Biola (Calif.)	{3} 12:35.56		3/15



Conference TFRI Event Summary



PacWest

as of 4/8/2025 7:10:25 AM ET

Women's 5000 Meters

1	8	Bethany MAPES	JR	#4 Biola (Calif.)	16:36.68	4/5
2	12	Jessica KAMPMAN	SR	#1 Azusa Pacific	16:43.15	3/21
3	15	Madeline REEVES	JR	#5 Point Loma Nazarene	16:44.46	3/22
4	26	Taylor WHITFIELD	JR	#2 CUI	16:54.63	3/8
5	46	Grace SOUTHERN	SR	#7 Academy of Art	17:06.09	3/22
6	48	Jori PARADIS	SR	#2 CUI	{2} 17:08.79	3/8
7	67	Lynette RUIZ	SR	#4 Biola (Calif.)	{2} 17:26.73	3/8
8	69	Jessina MORALES	SR	#6 Vanguard (Calif.)	17:27.54	3/8
9	80	Kate BARANSKI	SR	#6 Vanguard (Calif.)	{2} 17:33.15	4/5
10		Emily LITTLEFIELD	SO	#2 CUI	{3} 17:44.74	3/8

Women's 10,000 Meters

1	8	Madeline REEVES	JR	#5 Point Loma Nazarene	34:28.75	4/5
2	13	Lynette RUIZ	SR	#4 Biola (Calif.)	34:57.53	4/5
3	39	Aislin TAYLOR	JR	#4 Biola (Calif.)	{2} 36:55.41	4/5
4	50	Sofia VASQUEZ	JR	#1 Azusa Pacific	37:21.61	4/5
5	64	Audrey BARCENAS	JR	#2 CUI	37:53.90	3/8
6	68	Julissa AVILA	JR	#3 Fresno Pacific	38:01.25	4/5
7	80	Ellie STETINA	JR	#4 Biola (Calif.)	{3} 38:29.81	4/5
8	81	Karis BROWN	JR	#4 Biola (Calif.)	{4} 38:30.39	4/5
9	87	Madyson NAKAMURA	FR	#6 Vanguard (Calif.)	38:54.78	3/8
10	92	Courtney SANTOS	SR	#10 Dominican (Calif.)	39:05.62	4/5

Women's 4x100 Relay

1	6	Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera	#3 Fresno Pacific	45.24	3/1
2	8	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#1 Azusa Pacific	45.38	4/5
3	14	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	#2 CUI	45.89	4/5
4	29	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	#6 Vanguard (Calif.)	46.59	3/22
5	39	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	#7 Academy of Art	47.03	3/8
6	46	Madi Simmers, Lily Gomez, Angelica Gomes, Blanca Granados	#5 Point Loma Nazarene	47.19	3/22
7	60	Grace Soberanis, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams	#8 Westmont (Calif.)	47.60	3/22
8	63	Priscilla Jones, Audrey Mousa, Kailey Centers, Caden Hunter	#4 Biola (Calif.)	47.72	3/29
9		Caytlin Capulong, LaNicia Ellis, Vivian Rodrigues, Tatyana Robles	#10 Dominican (Calif.)	50.37	3/29
10		Erica Waseq, Paloma Baumert, Karsyn Leikauf, Aurora Osburn	#9 Jessup (Calif.)	51.13	3/22



Conference TFRI Event Summary



PacWest

as of 4/8/2025 7:10:25 AM ET

Women's 4x400 Relay

1	3	Sariyah Copeland, Brianna Green, Shaniya Randolph, Kenahdi Haslip	#3 Fresno Pacific	3:39.47	4/5
2	7	Trinity Miller, Kiayra Holmes, Olivia Alexandre, Alayna Verner	#1 Azusa Pacific	3:43.11	3/29
3	17	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	#7 Academy of Art	3:47.36	3/22
4	23	Jordyn Burke, Eryn Burke, Elizabeth Betten, Brooke Dalgity	#6 Vanguard (Calif.)	3:48.45	4/5
5	27	Giovana Pelascini, Ruby Bishop, Riley Norris, Anna Tucker	#2 CUI	3:50.34	4/5
6	29	Makenna Sullivan, Sarah McGarry, Angelica Gomes, Blanca Granados	#5 Point Loma Nazarene	3:51.09	3/15
7	42	Ariana Quintana, Hannah Hanson, Ebosesulu Omofoma, Jaden Murray	#4 Biola (Calif.)	3:54.08	3/15
8	70	Makenzie Fauver, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams	#8 Westmont (Calif.)	4:00.73	3/22
9		LaNicia Ellis, Bella Bueno, Sarah Chavez, Sienna Fassett	#10 Dominican (Calif.)	4:22.09	3/1
10		Paloma Baumert, Jocelyn Pedretti, Hailey Hopkins, Erica Waseq	#9 Jessup (Calif.)	4:24.88	3/22

Women's High Jump

1	3	Eliana SAUNDERS	SR	#1 Azusa Pacific	1.74m	5-8½	3/22
2	9	Nouhayla ERRAHILI	SR	#1 Azusa Pacific	{2} 1.71m	5-7¼	3/22
3	20	Telma KRISTJANSSON	FR	#2 CUI	1.67m	5-5¾	3/28
4	24	Zania RUFFIN	FR	#1 Azusa Pacific	{3} 1.66m	5-5¼	3/8
5	70	Ashley HUME	SR	#1 Azusa Pacific	{4} 1.61m	5-3¾	3/22
5	70	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	1.61m	5-3¾	3/8
5	70	Ebosesulu OMOFOMA	FR	#4 Biola (Calif.)	1.61m	5-3¾	3/8
8		Riley NORRIS	JR	#2 CUI	{2} 1.58m	5-2¼	2/21
9		Joley SPROUL	SR	#4 Biola (Calif.)	{2} 1.56m	5-1¼	3/29
9		Autumn MURRAY	SO	#4 Biola (Calif.)	{2} 1.56m	5-1¼	3/29

Women's Pole Vault

1	31	Danielle GOULD	SO	#5 Point Loma Nazarene	3.77m	12-4½	4/5
2	32	Brianne CAMARENA	SR	#5 Point Loma Nazarene {2}	3.75m	12-3½	2/22
3	36	Peyton YOSHIDA	SR	#5 Point Loma Nazarene {3}	3.68m	12-¾	3/22
4	51	Alexus SALAZAR	FR	#1 Azusa Pacific	3.60m	11-9¾	2/22
5	57	Reanna MAROON	SR	#4 Biola (Calif.)	3.55m	11-7¾	3/29
6	64	Katherine HEEKIN	JR	#5 Point Loma Nazarene {4}	3.50m	11-5¾	4/5
6	64	Paloma BAUMERT	SO	#9 Jessup (Calif.)	3.50m	11-5¾	2/22
6	64	Bridget BOURDON	FR	#2 CUI	3.50m	11-5¾	4/5
9		Evanthia KOUTELIERIS	SR	#5 Point Loma Nazarene {5}	3.35m	10-11¾	4/5
10		Nina NAVARETTE	SO	#4 Biola (Calif.)	{2} 3.21m	10-6¾	3/15

Women's Long Jump

1	1	Jasmyn CRAWFORD	SR	#2 CUI	6.25m	20-6¼ (1.9)	3/8
2	37	Ebosesulu OMOFOMA	FR	#4 Biola (Calif.)	5.69m	18-8 (1.6)	3/29
3	44	Kennah SHAFFER	SR	#8 Westmont (Calif.)	5.66m	18-7 (-0.6)	3/28
4	68	Esther CONDE- TURPIN	JR	#1 Azusa Pacific	5.59m	18-4¼ (0.0)	3/29
5	85	Autumn MURRAY	SO	#4 Biola (Calif.)	{2} 5.53m	18-1¾ (0.0)	3/29
6	100	Jaylen WALKER	FR	#7 Academy of Art	5.47m	17-11½ (0.6)	3/22
7		Maika CUENCA	JR	#7 Academy of Art	{2} 5.44m	17-10¼ (1.3)	3/22
8		Ashley HUME	SR	#1 Azusa Pacific	{2} 5.41m	17-9 (0.0)	3/29
8		Rowan CEBULSKI	SO	#5 Point Loma Nazarene	5.41mw	17-9 (2.2)	3/29
10		Sierra NELSON	SO	#1 Azusa Pacific	{3} 5.37m	17-7½ (0.4)	3/22

Women's Triple Jump

1	25	Jaylen WALKER	FR	#7 Academy of Art	11.74m	38-6¼ (1.0)	3/22
2	27	Makenna SULLIVAN	SR	#5 Point Loma Nazarene	11.71m	38-5 (0.9)	4/5
3	60	Ebosesulu OMOFOMA	FR	#4 Biola (Calif.)	11.36m	37-3¼ (0.5)	3/15
4	87	Zania RUFFIN	FR	#1 Azusa Pacific	11.14m	36-6¾ (1.4)	3/8
5	96	Kolena APANA	FR	#6 Vanguard (Calif.)	11.03m	36-2¼ (-0.8)	2/22
6		Aurora OSBURN	FR	#9 Jessup (Calif.)	10.78m	35-4½ (1.8)	3/29
7		Alexandra ORTIZ	JR	#2 CUI	10.76m	35-3¾ (1.2)	4/5
8		Kylie ROBERTS	FR	#3 Fresno Pacific	10.67mw	35-¼ (3.0)	3/1
9		Cami MARTIN	FR	#2 CUI	{2} 10.61m	34-9¾ (0.7)	4/5
10		Nina NAVARETTE	SO	#4 Biola (Calif.)	{2} 10.55m	34-7½ (0.0)	3/15

Women's Shot Put

1	1	Hannah RICHARDSON	JR	#1 Azusa Pacific	16.52m	54-2½	4/5
2	14	Molly OLSON	SR	#1 Azusa Pacific	{2} 14.36m	47-1½	3/22
3	26	Esther CONDE- TURPIN	JR	#1 Azusa Pacific	{3} 13.71m	44-11¾	3/29
4	39	Nevaeh DYER	FR	#2 CUI	13.20m	43-3¾	3/8
5	44	Julia PISENTI	SO	#9 Jessup (Calif.)	13.13m	43-1	4/5
6	82	Jaelah BUTLER	SR	#6 Vanguard (Calif.)	12.76m	41-10½	3/29
7		Alexa HUME	JR	#1 Azusa Pacific	{4} 12.34m	40-6	3/22
8		Jasmyn RIOS	SO	#2 CUI	{2} 12.29m	40-4	3/29
9		Laura BRENNAN	SO	#4 Biola (Calif.)	12.15m	39-10½	3/8
10		Hope WILLIS	FR	#4 Biola (Calif.)	{2} 12.03m	39-5¾	3/8



Conference TFRI Event Summary



PacWest

as of 4/8/2025 7:10:25 AM ET

Women's Discus

1	2	Julia PISENTI	SO	#9 Jessup (Calif.)	51.87m	170-2	4/5
2	4	Hannah RICHARDSON	JR	#1 Azusa Pacific	50.21m	164-9	4/5
3	12	Tayla CRENSHAW	SR	#2 CUI	47.75m	156-8	4/5
4	23	Hope WILLIS	FR	#4 Biola (Calif.)	46.17m	151-6	4/5
5	31	Molly OLSON	SR	#1 Azusa Pacific	{2} 45.66m	149-10	4/5
6	32	Khaiya SIMPSON	SR	#2 CUI	{2} 45.52m	149-4	4/5
7	43	Jocelyn PEDRETTI	SO	#9 Jessup (Calif.)	{2} 44.05m	144-6	3/29
8	62	Whitney GRIFFITH	FR	#2 CUI	{3} 43.06m	141-3	2/22
9		Leah GILMORE	SO	#4 Biola (Calif.)	{2} 40.37m	132-6	3/15
10		Jasmyn RIOS	SO	#2 CUI	{4} 39.38m	129-3	4/5

Women's Hammer

1		Casey DAVIS	SR	#3 Fresno Pacific	47.21m	154-11	3/29
2		Hannah RICHARDSON	JR	#1 Azusa Pacific	47.14m	154-8	2/28
3		Faith WINNINGHAM	SO	#4 Biola (Calif.)	46.84m	153-8	2/22
4		Alexa HUME	JR	#1 Azusa Pacific	{2} 46.21m	151-7	2/22
5		Jaelah BUTLER	SR	#6 Vanguard (Calif.)	46.05m	151-1	3/29
6		Khaiya SIMPSON	SR	#2 CUI	45.89m	150-7	3/29
7		Luca ROMEO	JR	#3 Fresno Pacific	{2} 45.17m	148-3	4/5
8		Tayla CRENSHAW	SR	#2 CUI	{2} 44.70m	146-8	3/29
9		Ashley HEYER	SO	#2 CUI	{3} 44.07m	144-7	3/29
10		Hope WILLIS	FR	#4 Biola (Calif.)	{2} 43.08m	141-4	2/22

Women's Javelin

1	8	Luisa FISCHER	SR	#1 Azusa Pacific	47.15m	154-8	3/29
2	27	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	{2} 42.65m	139-11	3/29
3	31	Julia PISENTI	SO	#9 Jessup (Calif.)	41.91m	137-6	3/29
4	32	G'nea PITT	FR	#7 Academy of Art	41.69m	136-10	4/5
5	48	Whitney GRIFFITH	FR	#2 CUI	40.18m	131-10	3/29
6	49	Emma HEIN	FR	#1 Azusa Pacific	{3} 40.12m	131-8	3/29
7	50	Molly OLSON	SR	#1 Azusa Pacific	{4} 40.07m	131-6	3/8
8	71	Hope WILLIS	FR	#4 Biola (Calif.)	38.52m	126-5	2/22
9	88	Harper FORSHEE	FR	#2 CUI	{2} 37.69m	123-8	3/8
10		Alexis SUMNER	SO	#2 CUI	{3} 36.63m	120-2	3/29

Women's Heptathlon

1	13	Riley NORRIS	JR	#2 CUI	4,625	2/21
2	16	Giovana PELASCINI	SO	#2 CUI	{2} 4,574	3/14
3	17	Maika CUENCA	JR	#7 Academy of Art	4,572	3/29
4	18	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	4,512	3/29
5	27	Reagan COLE	JR	#5 Point Loma Nazarene	{2} 4,275	3/29
6	30	Jocelyn PEDRETTI	SO	#9 Jessup (Calif.)	4,265	2/21
7	44	Miranda IRWIN	SR	#8 Westmont (Calif.)	3,845	3/21
8	46	Leah POWICK	SR	#2 CUI	{3} 3,812	2/21
9	55	Sophia MORTON	SR	#8 Westmont (Calif.)	{2} 3,730	3/21
10	67	Noella BREYTENBACH	SO	#8 Westmont (Calif.)	{3} 3,530	3/21



Conference TFRI Event Summary



PBC

as of 4/8/2025 7:10:25 AM ET

Women's 100 Meters

1	Josalyn BRANCH	SO	#2 Augusta	12.13w	(2.8)	3/22
2	Nakhia MONTGOMERY	JR	#4 Columbus State	12.14	(0.2)	3/15
3	Cayla BROWN	SR	#5 Clayton State	12.36	(1.8)	3/22
4	Payton KNOWLES	FR	#5 Clayton State {2}	12.45w	(2.7)	3/22
5	Dionna RIVERS	FR	#6 USC Beaufort (S.	12.54	(1.1)	4/5
6	Caalyn HYMAN	FR	#3 Lander	12.65	(0.5)	4/5
7	Madison MITCHELL	FR	#2 Augusta {2}	12.77w	(2.7)	3/22
8	LeeAisha FORD	JR	#6 USC Beaufort (S.{2}	12.80	(0.7)	3/22
8	Destiny HANNA	JR	#5 Clayton State {3}	12.80	(1.8)	3/22
10	Azorria HIGGINS	FR	#4 Columbus State {2}	12.88	(-0.4)	3/15

Women's 100 Meter Hurdles

1	Zoe ZINNIE	SO	#1 Flagler	15.40w	(2.5)	4/5
2	Courtney MCGOUGH	FR	#1 Flagler {2}	16.15w	(2.1)	4/5
3	Liza VARNUM	SO	#4 Columbus State	16.32	(1.4)	4/5
4	Kaitlyn ALSTON	FR	#4 Columbus State {2}	16.63	(-0.1)	3/15
5	Syni LACY	SO	#4 Columbus State {3}	16.96	(-0.4)	4/5
6	Destiny LOVE	FR	#5 Clayton State	17.45w	(2.2)	3/28
7	De'Andra BROWN	JR	#6 USC Beaufort (S.	17.70w	(4.0)	4/5
8	Sara MILLER	FR	#1 Flagler {3}	17.88	(0.1)	3/30
9	Rebekah KLOSSNER	SO	#2 Augusta	18.55w	(2.7)	3/22
10	Kiersten THATCHER	SO	#3 Lander	19.15	(1.0)	3/22

Women's 200 Meters

1	Cayla BROWN	SR	#5 Clayton State	24.95w	(2.2)	3/28
2	Josalyn BRANCH	SO	#2 Augusta	25.23	(-0.9)	4/5
3	Nakhia MONTGOMERY	JR	#4 Columbus State	25.36	(1.0)	3/22
4	Ziona HARRIS	SO	#5 Clayton State {2}	25.70w	(2.1)	3/22
5	Payton KNOWLES	FR	#5 Clayton State {3}	25.71	(-1.2)	3/28
6	Tymia WILLIS	FR	#3 Lander	25.99	(-0.9)	4/5
7	Rebecca OJI	FR	#5 Clayton State {4}	26.16	(1.7)	3/22
8	Dionna RIVERS	FR	#6 USC Beaufort (S.	26.25	(1.7)	4/5
9	LeeAisha FORD	JR	#6 USC Beaufort (S.{2}	26.28w	(3.1)	3/22
10	Madison MITCHELL	FR	#2 Augusta {2}	26.34	(1.4)	3/22

Women's 400 Meters

1	Tymia WILLIS	FR	#3 Lander	57.65		4/5
2	Ziona HARRIS	SO	#5 Clayton State	58.55		3/22
3	Marley TATE	SO	#5 Clayton State {2}	58.74		3/28
4	Rebecca OJI	FR	#5 Clayton State {3}	---		3/22
5	Maggie OLSEN	FR	#6 USC Beaufort (S.	1:00.46		3/8
6	Alesia JOHNSON	SR	#4 Columbus State	1:00.62		3/15
7	Kasey THOMPSON	FR	#6 USC Beaufort (S.{2}	1:02.58		3/8
8	Brie ANDREWS	FR	#2 Augusta	1:02.77		3/8
9	Sophia ALEXANDER	SR	#7 North Georgia	1:03.53		4/5
10	Akasia MILORD	SO	#5 Clayton State {4}	1:03.82		3/22

Women's 400 Meter Hurdles

1	Aaliyah JORDAN	SO	#1 Flagler	1:07.58		3/30
2	Liza VARNUM	SO	#4 Columbus State	1:07.82		4/5
3	Ivorie SMITH	JR	#5 Clayton State	1:07.92		3/28
4	Sophia ALEXANDER	SR	#7 North Georgia	1:09.11		3/22
5	Tessa THOMPSON	FR	#1 Flagler {2}	1:10.41		3/8
6	Maggie OLSEN	FR	#6 USC Beaufort (S.	1:10.56		4/5
7	Anna PLUM	FR	#1 Flagler {3}	1:10.62		3/30
8	Janiya ENGLAND	SO	#2 Augusta	1:11.59		3/8
9	Madison MILLER	SO	#1 Flagler {4}	1:12.95		3/30
10	Sara MILLER	FR	#1 Flagler {5}	1:13.82		3/8

Women's 800 Meters

1	16 Taylor STONE	SR	#1 Flagler	2:09.36		3/29
2	30 Abigail MISCH	JR	#1 Flagler {2}	2:11.47		3/8
3	39 Ella SToudenMIRE	SR	#7 North Georgia	2:12.99		3/22
4	Zoie MARCHANT	JR	#1 Flagler {3}	2:16.58		4/5
5	Clemence TREGUER	JR	#1 Flagler {4}	2:19.68		4/5
6	Ivorie SMITH	JR	#5 Clayton State	2:19.80		3/28
7	Ahlana FAILEY	JR	#5 Clayton State {2}	2:20.91		3/28
8	JaBresha PALMER	JR	#5 Clayton State {3}	2:21.01		3/28
9	Marissa KEMPF	SR	#1 Flagler {5}	2:21.34		4/5
10	Franzi MARTENS	FR	#1 Flagler {6}	2:22.24		3/30

Women's 1500 Meters

1	7 Taylor STONE	SR	#1 Flagler	4:21.45		3/29
2	Abigail MISCH	JR	#1 Flagler {2}	4:41.49		3/8
3	Ella SToudenMIRE	SR	#7 North Georgia	4:42.57		4/5
4	Clemence TREGUER	JR	#1 Flagler {3}	4:43.99		4/5
5	Zoie MARCHANT	JR	#1 Flagler {4}	4:44.33		4/5
6	Chloe SMITH	JR	#1 Flagler {5}	4:45.45		4/5
7	Enola SAVEL	SR	#1 Flagler {6}	4:47.39		4/5
8	Sophia COOK	FR	#2 Augusta	4:50.11		4/5
9	Marissa KEMPF	SR	#1 Flagler {7}	4:50.82		3/8
10	Iris THEUNIS	FR	#1 Flagler {8}	4:51.27		3/22

Women's Steeplechase

1	10 Emily MCBRIDE	SR	#2 Augusta	10:45.74		3/29
2	Danielle THAYER	SO	#2 Augusta {2}	12:20.17		3/8
3	Maggie WELP	FR	#7 North Georgia	12:26.06		3/22
4	Story ALEXANDER	SR	#5 Clayton State	12:31.87		3/22
5	Teagan LAMP	FR	#7 North Georgia {2}	12:43.56		3/22
6	Zoe ORDWAY	SR	#7 North Georgia {3}	12:56.59		3/22
7	Swaye MOHLER	JR	#2 Augusta {3}	13:08.18		4/5
8	Reese VANDEGRIFF	SO	#7 North Georgia {4}	13:38.92		3/22



Conference TFRI Event Summary



PBC

as of 4/8/2025 7:10:25 AM ET

Women's 5000 Meters

1	84	Emily MCBRIDE	SR	#2 Augusta	17:35.00	3/8
2	93	Monique WHITEMAN	SR	#1 Flagler	17:38.25	3/29
3		Abigail MISCH	JR	#1 Flagler {2}	17:43.70	3/22
4		Chloe SMITH	JR	#1 Flagler {3}	17:56.35	3/22
5		Madison KENNEDY	JR	#2 Augusta {2}	17:56.69	3/8
6		Clemence TREGUER	JR	#1 Flagler {4}	18:15.15	3/22
7		Hope SINER	JR	#1 Flagler {5}	18:27.17	3/22
8		Carly FUEL	SO	#3 Lander	18:33.83	3/22
9		Eden GODDARD	JR	#1 Flagler {6}	18:35.57	3/22
10		Maria BIONDOLLILO	SO	#2 Augusta {3}	18:43.46	3/8

Women's 10,000 Meters

1	57	Enola SAVEL	SR	#1 Flagler	37:31.46	3/22
2		Carly FUEL	SO	#3 Lander	39:45.38	4/5
3		Maria BIONDOLLILO	SO	#2 Augusta	40:06.75	4/5

Women's 4x100 Relay

1	73	Destiny Hanna, Payton Knowles, Jada Jenkins, Cayla Brown	#5 Clayton State	48.00	3/22
2	83	#Type!	#2 Augusta	48.32	4/5
3		#Type!	#3 Lander	50.68	4/5
4		Madison Miller, Sara Miller, Megan Vreeland, Zoe Zinnie	#1 Flagler	51.22	4/5
5		De'Andra Brown, Maggie Olsen, Selena Cobbs, Dionna Rivers	#6 USC Beaufort (S.	52.63	3/8

Women's 4x400 Relay

1	74	Rebecca Oji, Ziona Harris, Ivorie Smith, Marley Tate	#5 Clayton State	4:01.72	3/28
2	98	Sophia Alexander, Aubrey Dishman, Adi Myers, Ella Stoudenmire	#7 North Georgia	4:07.32	3/22
3		Madison Mitchell, Joselyn Branch, Janiya England, Brie Andrews	#2 Augusta	4:15.46	3/8
4		Tymia Willis, Tamiya Mobley, Keyonna Morgan, Kiersten Thatcher	#3 Lander	4:18.12	3/22
5		Nakhia Montgomery, Liza Varnum, Amber Elder, Chassidy Lock	#4 Columbus State	4:18.52	3/22
6		Anna Plum, Sara Miller, Tessa Thompson, Megan Vreeland	#1 Flagler	4:19.32	3/8

Women's High Jump

1		Tamiya MOBLEY	FR	#3 Lander	1.50m	4-11	4/5
2		Paige JUSTICE	FR	#2 Augusta	1.45m	4-9	3/22
2		Liza VARNUM	SO	#4 Columbus State	1.45m	4-9	4/5
2		McCayla WILLINGHAM	SR	#3 Lander {2}	1.45m	4-9	4/5
5		De'Andra BROWN	JR	#6 USC Beaufort (S.	1.41m	4-7½	4/5
5		Riley WOLTERS	JR	#3 Lander {3}	1.41m	4-7½	3/22
7		Zoe ZINNIE	SO	#1 Flagler	1.40m	4-7	3/8
7		Sarah ARNOLD	SO	#4 Columbus State {2}	1.40m	4-7	3/15
9		Kiersten THATCHER	SO	#3 Lander {4}	1.36m	4-5½	4/5

Women's Pole Vault

1		Sarah ARNOLD	SO	#4 Columbus State	3.00m	9-10	4/5
1		Faith O'NEAL	FR	#4 Columbus State	3.00m	9-10	4/5
3		Rebekah KLOSSNER	SO	#2 Augusta	2.80m	9-2¼	4/5
4		Amber JOHNSON	JR	#4 Columbus State {3}	2.70m	8-10¼	4/5
5		Allyson WOOLEVER	FR	#3 Lander	2.50m	8-2½	4/5
6		Kate CURRY	FR	#6 USC Beaufort (S.	2.30m	7-6½	4/5
6		Kasey THOMPSON	FR	#6 USC Beaufort (S.	2.30m	7-6½	4/5

Women's Long Jump

1	76	Nene AKAOSE	FR	#2 Augusta	5.56m	18-3 (1.2)	3/22
2		Madison MILLS	SO	#2 Augusta {2}	5.20mw	17-¾ (2.2)	4/5
3		Ny'Asia GREEN	SR	#7 North Georgia	4.93m	16-2¼ (-0.3)	4/5
4		Zoe ZINNIE	SO	#1 Flagler	4.71mw	15-5½ (2.2)	4/5
5		Sara MILLER	FR	#1 Flagler {2}	4.65mw	15-3¼ (2.7)	4/5
5		Kaitlyn ALSTON	FR	#4 Columbus State	4.65m	15-3¼ (0.1)	4/5
7		Maya JACKSON	SO	#5 Clayton State	4.60m	15-1¼ (-0.7)	3/28
8		Rebekah KLOSSNER	SO	#2 Augusta {3}	4.46m	14-7¾ (-0.1)	4/5
9		De'Andra BROWN	JR	#6 USC Beaufort (S.	4.44m	14-6¾ (1.7)	3/22
10		Jamelaah MOSLEY	FR	#4 Columbus State {2}	4.39m	14-5 (0.3)	4/5

Women's Triple Jump

1	95	Deandra DOWNER	JR	#4 Columbus State	11.05m	36-3 (0.0)	3/22
2		Kaitlyn ALSTON	FR	#4 Columbus State {2}	10.17m	33-4½ (1.6)	3/15
3		Maya JACKSON	SO	#5 Clayton State	9.96m	32-8¼ (-0.8)	3/28
4		Jamelaah MOSLEY	FR	#4 Columbus State {3}	9.48m	31-1¼ (-0.5)	3/22

Women's Shot Put

1		Jamia CLARK	SO	#3 Lander	11.61m	38-1¼	4/5
2		Kayli MILLER	SO	#4 Columbus State	10.36m	34-0	3/22
3		Keeva TRACEY	FR	#2 Augusta	10.34m	33-11¼	4/5
4		Yiddisha LYLES	FR	#3 Lander {2}	10.24m	33-7¼	4/5
5		Jakeira ANDERSON	FR	#3 Lander {3}	10.23m	33-6¾	3/22
6		Jala WILLIAMS	SO	#2 Augusta {2}	10.17m	33-4½	3/22
7		Dana MCDANIEL	SO	#4 Columbus State {2}	10.06m	33-¼	3/22
8		Carmen SPEARS	SO	#3 Lander {4}	8.87m	29-1¼	3/22
9		De'Andra BROWN	JR	#6 USC Beaufort (S.	8.81m	28-11	3/8
10		Kiersten THATCHER	SO	#3 Lander {5}	8.51m	27-11	4/5



Conference TFRI Event Summary



PBC

as of 4/8/2025 7:10:26 AM ET

Women's Discus

1	Sophia STALFORD	JR	#6 USC Beaufort (S.	37.03m	121-6	4/5
2	Jala WILLIAMS	SO	#2 Augusta	35.58m	116-9	3/8
3	Jakeira ANDERSON	FR	#3 Lander	35.30m	115-10	3/22
4	Kayli MILLER	SO	#4 Columbus State	35.14m	115-4	3/15
5	Dana MCDANIEL	SO	#4 Columbus State {2}	32.65m	107-2	3/22
6	Yiddisha LYLES	FR	#3 Lander {2}	32.41m	106-4	3/22
7	Mya PETERSON	FR	#1 Flagler	25.64m	84-1½	3/8
8	Emma AVANT	JR	#3 Lander {3}	25.61m	84-¼	3/22
9	Carmen SPEARS	SO	#3 Lander {4}	25.16m	82-6½	4/5
10	Elizabeth COVINGTON	FR	#3 Lander {5}	24.03m	78-10¼	4/5

Women's Hammer

1	Yiddisha LYLES	FR	#3 Lander	39.80m	130-7	4/5
2	Sophia STALFORD	JR	#6 USC Beaufort (S.	35.91m	117-10	4/5
3	Dana MCDANIEL	SO	#4 Columbus State	35.83m	117-7	3/22
4	Kayli MILLER	SO	#4 Columbus State {2}	35.78m	117-5	3/15
5	Emma AVANT	JR	#3 Lander {2}	34.98m	114-9	3/22
6	Jakeira ANDERSON	FR	#3 Lander {3}	33.65m	110-5	4/5
7	Carmen SPEARS	SO	#3 Lander {4}	25.93m	85-1	3/22
8	Elizabeth COVINGTON	FR	#3 Lander {5}	23.14m	75-11	4/5

Women's Javelin

1	Sara MILLER	FR	#1 Flagler	31.79m	104-4	4/5
2	Mya PETERSON	FR	#1 Flagler {2}	30.29m	99-4½	3/8
3	Yiddisha LYLES	FR	#3 Lander	28.59m	93-9¾	4/5
4	Jamia CLARK	SO	#3 Lander {2}	27.79m	91-2¼	4/5
5	Keeva TRACEY	FR	#2 Augusta	26.63m	87-4½	4/5
6	Brianna EGGLESTON	SO	#5 Clayton State	22.72m	74-6½	3/28
7	Zoe ZINNIE	SO	#1 Flagler {3}	21.04m	69-½	4/5
8	Kiersten THATCHER	SO	#3 Lander {3}	20.06m	65-9¾	4/5
9	Katie LEA	SO	#3 Lander {4}	19.91m	65-4	3/22
10	Elizabeth COVINGTON	FR	#3 Lander {5}	17.34m	56-10¾	4/5

Women's Heptathlon

1	81 De'Andra BROWN	JR	#6 USC Beaufort (S.	3,277	4/5
2	95 Kiersten THATCHER	SO	#3 Lander	2,989	4/5



Conference TFRI Event Summary



PSAC

as of 4/8/2025 7:10:26 AM ET

Women's 100 Meters

1	43	Samantha GILBERT	SR	#1 Slippery Rock	11.83w	(3.7)	4/5
2	98	Lily PALACIO-LEWIS	SR	#7 West Chester	12.08	(1.0)	4/5
3		Kiana YOUNG	JR	#4 Kutztown	12.12w	(2.2)	3/29
4		Loreena MANSER	FR	#11 California (Pa.)	12.13w	(3.7)	4/5
5		Regan JOHNSON	SR	#1 Slippery Rock	{2} 12.19w	(3.7)	4/5
6		Aasly DE LEON	FR	#3 Millersville	12.21w	(2.7)	3/29
7		Brook SMITH	SO	#4 Kutztown	{2} 12.24w	(2.2)	3/29
7		Jianna LONG	FR	#1 Slippery Rock	{3} 12.24w	(3.7)	4/5
9		Riley TIGHE	FR	#11 California (Pa.)	{2} 12.29	(1.4)	4/5
10		Mayah CHARITY	SR	#13 Pitt Johnstown	12.34	(0.4)	4/5

Women's 100 Meter Hurdles

1	17	Sasha LEE	SR	#2 Shippensburg	14.09w	(2.6)	3/29
2	62	Abby PARISE	FR	#9 Bloomsburg	14.65w	(2.7)	3/29
3	63	Katelyn MURPHY	SO	#3 Millersville	14.66	(1.1)	3/29
4		Chaley YOUNKIN	SR	#1 Slippery Rock	14.92	(0.7)	4/5
5		Madeline NEWARK	JR	#8 Edinboro	14.94w	(3.5)	3/22
6		Madison MALCOLM	SO	#2 Shippensburg	{2} 14.96w	(2.6)	3/29
7		Madeline IKELER	SO	#9 Bloomsburg	{2} 14.98w	(2.7)	3/29
8		Makayla SMITH	SO	#5 East Stroudsburg	15.16w	(3.1)	3/29
9		Leah PERRY	SR	#14 Clarion	15.23w	(2.7)	4/5
10		Bryna KELLY	JR	#12 Indiana (Pa.)	15.26	(-3.5)	3/29

Women's 200 Meters

1	70	Loreena MANSER	FR	#11 California (Pa.)	24.57w	(2.7)	4/5
2		Beth SCHEARER	SO	#4 Kutztown	24.85	(-1.0)	4/5
3		Lily PALACIO-LEWIS	SR	#7 West Chester	24.98	(-1.0)	4/5
4		Samantha GILBERT	SR	#1 Slippery Rock	25.03w	(2.7)	4/5
5		Berna ZUKINA	JR	#8 Edinboro	25.05	(0.0)	3/29
6		Jianna LONG	FR	#1 Slippery Rock	{2} 25.33w	(2.7)	4/5
7		Haley BRENNY	SR	#10 Seton Hill	25.34w	(2.2)	3/22
8		Kiana YOUNG	JR	#4 Kutztown	{2} 25.43	(0.6)	4/5
9		Mayah CHARITY	SR	#13 Pitt Johnstown	25.55w	(2.7)	4/5
10		Nemani MOON	FR	#10 Seton Hill	{2} 25.56w	(2.2)	3/22
10		Regan JOHNSON	SR	#1 Slippery Rock	{3} 25.56	(0.5)	3/29

Women's 400 Meters

1	27	Berna ZUKINA	JR	#8 Edinboro	55.48		3/29
2	93	Alyssa WERT	JR	#2 Shippensburg	57.09		4/5
3		Jillian SYDNOR	FR	#3 Millersville	57.52		4/5
4		Jianna LONG	FR	#1 Slippery Rock	57.53		3/29
5		Shelby DERKOSH	JR	#3 Millersville	{2} 57.79		4/5
6		Emily CALAMIA	JR	#2 Shippensburg	{2} 58.12		3/29
7		Loreena MANSER	FR	#11 California (Pa.)	58.23		3/22
8		Raechel BONNER	SR	#4 Kutztown	58.26		4/5
8		Nemani MOON	FR	#10 Seton Hill	58.26		3/22
10		Haley BRENNY	SR	#10 Seton Hill	{2} 58.53		3/22

Women's 400 Meter Hurdles

1	41	Haley BRENNY	SR	#10 Seton Hill	1:02.87		3/29
2	54	Madison MALCOLM	SO	#2 Shippensburg	1:03.31		4/5
3	56	Melanie BARGER	JR	#2 Shippensburg	{2} 1:03.37		4/5
4	96	Camryn PYLE	FR	#2 Shippensburg	{3} 1:05.12		4/5
5		Layla ROBERTSON	JR	#10 Seton Hill	{2} 1:05.56		3/29
6		Natalie GENTZEL	JR	#6 Lock Haven	1:05.65		4/5
7		Mackenzie HUSTON	JR	#8 Edinboro	1:05.66		4/5
8		Keelin BECKER	SR	#10 Seton Hill	{3} 1:06.13		4/5
9		Abby PARISE	FR	#9 Bloomsburg	1:06.59		4/5
10		Bella BROZESKI	SO	#12 Indiana (Pa.)	1:06.77		3/29

Women's 800 Meters

1		Riley TRENTOWSKI	FR	#5 East Stroudsburg	2:16.46		3/29
2		Nicole CARROLL	SO	#6 Lock Haven	2:16.74		3/22
3		Aubrey SECHRIST	SR	#6 Lock Haven	{2} 2:17.09		3/22
4		Gabriella FRALIN	SO	#11 California (Pa.)	2:18.17		4/5
5		Abby STITZER	FR	#14 Clarion	2:18.75		4/5
6		Nemani MOON	FR	#10 Seton Hill	2:19.24		3/29
7		Deandra YOUNG	JR	#4 Kutztown	2:19.71		3/29
8		Mackey DONOVAN	JR	#4 Kutztown	{2} 2:20.28		3/29
9		Kate PIPLO	SR	#10 Seton Hill	{2} 2:20.43		4/5
10		Haley BRENNY	SR	#10 Seton Hill	{3} 2:20.55		4/5

Women's 1500 Meters

1		Anna IGIMS	SR	#1 Slippery Rock	4:41.41		4/5
2		Nicole CARROLL	SO	#6 Lock Haven	4:44.07		4/5
3		Kate PIPLO	SR	#10 Seton Hill	4:44.49		3/29
4		Aubrey SECHRIST	SR	#6 Lock Haven	{2} 4:44.74		4/5
5		Kristina TAPIA	JR	#7 West Chester	4:44.79		4/5
6		Kadi BAUER	SO	#8 Edinboro	4:44.91		3/29
7		Ruthie HUGHES	JR	#1 Slippery Rock	{2} 4:45.81		4/5
8		Payton FALKENSTEIN	SO	#5 East Stroudsburg	4:47.34		3/22
9		Deandra YOUNG	JR	#4 Kutztown	4:48.72		3/29
10		Jennifer CICHRA	JR	#1 Slippery Rock	{3} 4:51.03		4/5

Women's Steeplechase

1	2	Anna IGIMS	SR	#1 Slippery Rock	10:19.02		3/29
2	54	Sophia KNERR	SR	#4 Kutztown	11:22.61		3/29
3		Morgan DENNISON	SR	#1 Slippery Rock	{2} 11:50.95		3/29
4		Isabella MUSGROVE	JR	#3 Millersville	11:57.23		4/5
5		Josephine REED	FR	#9 Bloomsburg	11:58.83		4/5
6		Isabella REUFLE	FR	#3 Millersville	{2} 12:06.54		4/5
7		Gwyn KEITH	SR	#12 Indiana (Pa.)	12:07.28		3/29
8		Claire HAUSER	SR	#6 Lock Haven	12:09.06		3/22
9		Anessa PIGULA	SR	#10 Seton Hill	12:14.68		3/29
10		Megan ELGRIM	JR	#5 East Stroudsburg	12:15.28		3/29



Conference TFRI Event Summary



PSAC

as of 4/8/2025 7:10:26 AM ET

Women's 5000 Meters

1	96	Kate SZEP	SR	#8 Edinboro	17:39.57	3/22
2		Alyssa CUNNINGHAM	SO	#9 Bloomsburg	18:00.48	4/5
3		Madeline CURTIS	SR	#11 California (Pa.)	18:09.70	3/29
4		Amanda KELLY	JR	#9 Bloomsburg {2}	18:19.42	3/29
5		Ellie GOLDBERG	JR	#7 West Chester	18:25.23	3/29
6		Marissa MOUNCE	SO	#3 Millersville	18:29.95	4/5
7		Katie SLIMON	SO	#8 Edinboro {2}	18:32.54	3/22
8		Hannah WEAVER	SR	#12 Indiana (Pa.)	18:35.96	3/29
9		Jocelyn WILSON	SO	#8 Edinboro {3}	18:37.19	3/22
10		Gwen LLOYD	SR	#6 Lock Haven	18:45.08	3/22

Women's 10,000 Meters

1	100	Jocelyn WILSON	SO	#8 Edinboro	39:17.11	4/5
2		Victoria MATTIOLI	JR	#2 Shippensburg	39:25.63	3/29
3		Payton FALKENSTEIN	SO	#5 East Stroudsburg	39:29.18	3/29
4		Kiera WIMBUSH	SO	#5 East Stroudsburg {2}	39:29.21	3/29
5		Morgan HESS	JR	#2 Shippensburg {2}	39:36.21	3/29
6		Kathryn TODD	JR	#2 Shippensburg {3}	39:39.14	4/5
7		Maura LENHART	SO	#4 Kutztown	39:40.58	3/29
8		Victoria BARTHOLOMEW	FR	#2 Shippensburg {4}	39:41.01	4/5
9		Emilea ALLEMAN	JR	#3 Millersville	39:46.28	4/5
10		Alexa TRAX	SR	#8 Edinboro {2}	39:50.04	4/5

Women's 4x100 Relay

1	41	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	#1 Slippery Rock	47.12	4/5
2	52	Kiana Young, Beth Schearer, Raechel Bonner, Brook Smith	#4 Kutztown	47.37	3/29
3	62	Loreena Manser, Alice Etienne, Riley Tighe, Alessandra Peccon	#11 California (Pa.)	47.69	4/5
4	67	Gabby Curtis, Katja Larsen, Genevieve McDonald, Lily Palacio-Lewis	#7 West Chester	47.89	4/5
5	79	#Type!	#3 Millersville	48.19	4/5
6	91	Mackenzie Huston, Madeline Newark, Maddison Doren, Berna Zukina	#8 Edinboro	48.53	3/29
7		Makayla Smith, Kristian Dorsett, Alyssa Vogt, Aaliyah Cancel	#5 East Stroudsburg	49.33	3/29
8		Sterlene Scott, Bryna Kelly, Emma Laughlin, Cahsia Page	#12 Indiana (Pa.)	49.54	3/22
9		#Type!	#9 Bloomsburg	50.27	4/5
10		Lillian Bradley, Elizabeth Shultz, Sydney Stahl, Samantha Trench	#6 Lock Haven	50.80	3/29



Conference TFRI Event Summary



PSAC

as of 4/8/2025 7:10:26 AM ET

Women's 4x400 Relay

1	31	Haley Brenny, Nemani Moon, Artemis Conaboy, Layla Robertson	#10 Seton Hill	3:51.88	3/29
2	36	Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	#2 Shippensburg	3:52.50	4/5
3	56	Aubrey Sydnor, Jillian Sydnor, Miranda Jimenez, Brye Wojcik	#3 Millersville	3:58.07	3/29
4	66	Natalie Gentzel, Nicole Carroll, Lillian Bradley, Elizabeth Shultz	#6 Lock Haven	4:00.13	3/29
5	79	Kirsten Gross, Loreena Manser, Bekah Priano, Alessandra Peccon	#11 California (Pa.)	4:02.59	3/29
6	80	Chaley Younkin, Shannon McCullough, Lydia Reed, Evabella Cox	#1 Slippery Rock	4:03.02	4/5
7		Aubrey Bonner, Alex Chobany, Marissa McDougall, Riley Trentowski	#5 East Stroudsburg	4:11.21	3/29
8		Grace Bogacz, Anna Kadlubek, Renee Simmonds, Alyssa Hoover	#12 Indiana (Pa.)	4:13.96	3/29
9		#Type!	#7 West Chester	4:18.45	3/29
10		Caleigh Aigler, Breonna Buck, Ciara DiMauro, Abby Stitzer	#14 Clarion	4:20.29	3/29

Women's High Jump

1	5	Shannon HARNETT	FR #5 East Stroudsburg	1.73m	5-8	3/29
2	11	Porschia BENNETT	FR #5 East Stroudsburg {2}	1.70m	5-7	3/22
3	33	Reagan IRONS	SO #6 Lock Haven	1.65m	5-5	3/29
3	33	Brianna LEE	FR #11 California (Pa.)	1.65m	5-5	4/5
3	33	Madeline NEWARK	JR #8 Edinboro	1.65m	5-5	3/22
6	61	Paige GRIFFITH	JR #1 Slippery Rock	1.62m	5-3¾	3/29
7	70	Ashley LAUKUS	SO #2 Shippensburg	1.61m	5-3¾	4/5
8	80	Natalie LIPPINCOTT	JR #13 Pitt Johnstown	1.60m	5-3	4/5
8	80	Ally RICHWINE	JR #2 Shippensburg {2}	1.60m	5-3	3/22
8	80	Sophia YARD	FR #1 Slippery Rock {2}	1.60m	5-3	3/22

Women's Pole Vault

1	37	Anna SCHUESSLER	FR #11 California (Pa.)	3.66m	12-0	3/29
2	40	Annika HUMMEL	JR #7 West Chester	3.65m	11-11¾	3/29
2	40	Natalie HOLLAND	FR #4 Kutztown	3.65m	11-11¾	3/29
4	57	Allison TAYLOR	JR #1 Slippery Rock	3.55m	11-7¾	4/5
5	64	Taylor FUNK	SO #4 Kutztown {2}	3.50m	11-5¾	3/29
5	64	Kaylie GROFF	SO #7 West Chester {2}	3.50m	11-5¾	3/29
5	64	Carissa BENDER	SO #2 Shippensburg	3.50m	11-5¾	3/29
8	85	Emily DONOGHEN	JR #7 West Chester {3}	3.48m	11-5	4/5
9	93	Marissa MCNAMEE	SO #4 Kutztown {3}	3.40m	11-1¾	4/5
9	93	Addison LYLES	FR #1 Slippery Rock {2}	3.40m	11-1¾	4/5
9	93	Megan MALECKI	SR #3 Millersville	3.40m	11-1¾	4/5

Women's Long Jump

1	29	Sasha LEE	SR #2 Shippensburg	5.76m	18-10¾ (0.0)	3/29
2	33	Baylee BLAUSER	JR #1 Slippery Rock	5.71m	18-8¾ (-2.1)	3/29
3	62	Zariyah WHIGHAM	FR #2 Shippensburg {2}	5.60m	18-4½ (0.0)	3/29
4	68	Devin HUBLER	JR #9 Bloomsburg	5.59m	18-4¾ (0.0)	3/29
5	85	Aria MESSNER	FR #9 Bloomsburg {2}	5.53m	18-1¾ (0.0)	4/5
6	92	Shannon HARNETT	FR #5 East Stroudsburg	5.51m	18-1 (1.2)	3/29
7	97	Katie PIESLAK	SR #7 West Chester	5.48m	17-11¾ (0.4)	4/5
8		Aleksandra BROZESKI	SR #1 Slippery Rock {2}	5.46m	17-11 (-2.4)	3/29
9		Abby PARISE	FR #9 Bloomsburg {3}	5.44m	17-10¾ (0.8)	3/29
10		Nataiah ROBERTSON	SO #12 Indiana (Pa.)	5.42m	17-9½ (-0.1)	3/22

Women's Triple Jump

1	6	Sasha LEE	SR #2 Shippensburg	12.44m	40-9¾ (0.0)	3/29
2	10	Shannon HARNETT	FR #5 East Stroudsburg	12.13m	39-9¾ (1.1)	3/22
3	30	Zariyah WHIGHAM	FR #2 Shippensburg {2}	11.68m	38-4 (0.2)	3/29
4	31	Delaney BEARD	SR #4 Kutztown	11.66m	38-3¾ (0.5)	3/29
5	55	Anne GARDNER	FR #2 Shippensburg {3}	11.43m	37-6 (0.6)	3/29
6	70	Aleksandra BROZESKI	SR #1 Slippery Rock	11.26m	36-11½ (-0.1)	3/29
7	80	Katie PIESLAK	SR #7 West Chester	11.20m	36-9 (0.0)	3/29
7	80	Alice ETIENNE	JR #11 California (Pa.)	11.20m	36-9 (0.1)	3/29
9	82	Autumn WYATT	JR #1 Slippery Rock {2}	11.18m	36-8¾ (-1.4)	3/29
10	84	Baylee BLAUSER	JR #1 Slippery Rock {3}	11.17m	36-7¾ (0.1)	3/29

Women's Shot Put

1	48	Sarah CORRIE	SR #1 Slippery Rock	13.12m	43-½	4/5
2	51	Rebecca MARTIN	JR #1 Slippery Rock {2}	13.10m	42-11¾	4/5
3	56	Sarah HESSLER	JR #3 Millersville	13.05m	42-9¾	3/29
4	68	Olivia HECKMAN	JR #1 Slippery Rock {3}	12.97m	42-6¾	4/5
5		Becca MARTIN	SR #9 Bloomsburg	12.39m	40-7¾	4/5
6		ShanAnn SIMMONS	SR #2 Shippensburg	12.38m	40-7½	3/29
7		Maria CLARK	FR #4 Kutztown	12.27m	40-3¾	4/5
8		Maddy DOWNS	SR #3 Millersville {2}	12.24m	40-2	3/29
9		Makalya DECKER	SR #2 Shippensburg {2}	12.12m	39-9¾	3/29
10		Clarissa DAVIS	SO #6 Lock Haven	11.98m	39-3¾	3/22



Conference TFRI Event Summary



PSAC

as of 4/8/2025 7:10:26 AM ET

Women's Discus

1	21	Sarah HESSLER	JR	#3 Millersville	46.36m	152-1	4/5
2	35	Maddy DOWNS	SR	#3 Millersville	{2} 44.98m	147-7	4/5
3	42	Koschinya JEFFERSON	SR	#10 Seton Hill	44.07m	144-7	4/5
4		Payton BAUER	JR	#2 Shippensburg	40.85m	134-0	4/5
5		Makalya DECKER	SR	#2 Shippensburg	{2} 40.62m	133-3	3/29
6		Lauren BELLOWES	JR	#2 Shippensburg	{3} 39.99m	131-3	4/5
7		ShanAnn SIMMONS	SR	#2 Shippensburg	{4} 39.14m	128-5	4/5
8		Maria CLARK	FR	#4 Kutztown	39.00m	128-0	4/5
9		Sydney HALE	SO	#1 Slippery Rock	38.22m	125-5	4/5
10		Seya TRUJILLO	JR	#3 Millersville	{3} 38.14m	125-2	3/29

Women's Hammer

1	20	Samiyah LITTLE	SR	#5 East Stroudsburg	53.81m	176-7	3/22
2	25	Sarah HESSLER	JR	#3 Millersville	53.04m	174-0	3/29
3	44	Maddy DOWNS	SR	#3 Millersville	{2} 51.32m	168-5	4/5
4	62	Seya TRUJILLO	JR	#3 Millersville	{3} 49.69m	163-0	4/5
5		Lauren BELLOWES	JR	#2 Shippensburg	47.16m	154-9	4/5
6		Autumn STEWART	SO	#1 Slippery Rock	46.04m	151-1	3/29
7		Alyssa VANGORDER	JR	#6 Lock Haven	45.92m	150-8	3/22
8		Zhayria WASHINGTON	SR	#7 West Chester	45.07m	147-11	3/23
9		Sarah GILLIAM	SR	#10 Seton Hill	44.13m	144-10	4/5
10		Madison FORINGER	JR	#14 Clarion	44.06m	144-7	3/29

Women's Javelin

1	7	Abby REASONER	SR	#2 Shippensburg	47.25m	155-0	3/29
2	14	Kelly LESZCZYNSKI	JR	#9 Bloomsburg	46.27m	151-10	3/29
3	20	Hannah CASSNER	SO	#2 Shippensburg	{2} 44.02m	144-5	3/29
4	33	Kaylla WILLIAMS	SO	#12 Indiana (Pa.)	41.38m	135-9	3/22
5	39	Olivia SFORZA	SR	#5 East Stroudsburg	40.86m	134-1	3/22
6	46	Eden RUSH	SO	#8 Edinboro	40.32m	132-4	4/5
7	47	Isabella BARTOLETTI	JR	#1 Slippery Rock	40.30m	132-3	3/22
8	59	Abbey` HENGST	SO	#9 Bloomsburg	{2} 39.56m	129-10	3/29
9	65	Catherine MANCINO	SR	#2 Shippensburg	{3} 39.05m	128-2	3/29
10	75	Autumn PETTINATO	SR	#14 Clarion	38.18m	125-3	4/5

Women's Heptathlon

1	12	Madeline NEWARK	JR	#8 Edinboro	4,632	3/22
2	33	Ellie ZURO	SO	#13 Pitt Johnstown	4,154	3/29
3	39	Koschinya JEFFERSON	SR	#10 Seton Hill	3,928	3/29
4	65	Madelyn MILLER	JR	#1 Slippery Rock	3,538	3/29
5	85	Leighanne SWAN	SO	#1 Slippery Rock	{2} 3,227	3/29
6	94	Autumn WYATT	JR	#1 Slippery Rock	{3} 3,080	3/29
7		Kate WALASAVAGE	JR	#1 Slippery Rock	{4} 2,813	3/29



Conference TFRI Event Summary



RMAC

as of 4/8/2025 7:10:26 AM ET

Women's 100 Meters

1	8	Gaby HORTON	JR	#1 Colorado Mesa	11.50c	(11.47A)	0.	4/4
1	8	Ashley BARRETT	JR	#7 New Mexico Highl	11.50	(1.6)		3/22
3	35	Victoria FARINAS	SR	#2 UC-Colorado Spi	11.79cw	(11.76A)	(2.	3/29
4	39	Rujeko MUNETSI	FR	#7 New Mexico Highl	11.82	(1.6)		3/22
5	81	Sylvia JOHANSEN	SO	#1 Colorado Mesa	{2} 12.01c	(11.98A)	0.	4/4
6	91	Nellie WARTANIAN	FR	#6 Western Colorad	12.06c	(12.03A)	0.	4/4
7		Janise EVERETT	JR	#3 CSU Pueblo	12.17c	(12.14A)	0.	4/4
8		Madissyn MOORE	JR	#2 UC-Colorado Spi	{2} 12.20cw	(12.17A)	(2.	3/29
9		Danaya KINNARD	SO	#2 UC-Colorado Spi	{3} 12.21cw	(12.18A)	(2.	3/29
10		Zane BULLOCK	SO	#2 UC-Colorado Spi	{4} 12.26c	(12.23A)	(-0	3/22

Women's 100 Meter Hurdles

1	2	Patreece CLARKE	JR	#7 New Mexico Highl	13.50	(1.8)		3/22
2	59	Lisa SUTHERLAND	SO	#5 Colo. School of M	14.64c	(14.60A)	(1.	3/22
3	67	Avery WRIGHT	JR	#5 Colo. School of M	{2} 14.67c	(14.63A)	(1.	3/22
4	68	Maya RIES	SR	#9 MSU Denver	14.69w	(2.5)		4/5
4	68	Atahlia MILLS	FR	#1 Colorado Mesa	14.69c	(14.65A)	0.	4/4
6	82	Payton RODGERS	FR	#2 UC-Colorado Spi	14.78cw	(14.74A)	(2.	3/22
7		Kaitlyn PEARSON	FR	#1 Colorado Mesa	{2} 14.97c	(14.93A)	0.	4/4
8		Katie THOMSON	JR	#1 Colorado Mesa	{3} 15.36cw	(15.32A)	(2.	3/22
9		Rimari FACEY	SO	#1 Colorado Mesa	{4} 15.56cw	(15.52A)	(3.	3/22
10		Jessica SCHAFFER	FR	#1 Colorado Mesa	{5} 15.67c	(15.63A)	0.	4/4

Women's 200 Meters

1	14	Ashley BARRETT	JR	#7 New Mexico Highl	23.73w	(3.3)		3/22
2	17	Kacian POWELL	SO	#7 New Mexico Highl	{2} 23.84w	(2.4)		3/22
3	33	Gaby HORTON	JR	#1 Colorado Mesa	24.19c	(24.12A)	1.	4/4
4	65	Rujeko MUNETSI	FR	#7 New Mexico Highl	{3} 24.54w	(3.2)		3/22
5		Serenity BURNETT-PERRY	SR	#1 Colorado Mesa	{2} 24.80c	(24.73A)	1.	4/4
6		Janise EVERETT	JR	#3 CSU Pueblo	24.86c	(24.79A)	1.	4/4
7		Hannah SCHISSLER	FR	#1 Colorado Mesa	{3} 25.14c	(25.07A)	1.	4/4
8		Isila APKUP	SR	#4 Adams State	25.25cw	(25.18A)	(3.	3/22
9		Gabrielle DUNICH	JR	#3 CSU Pueblo	{2} 25.34cw	(25.27A)	(2.	4/4
9		Sophia LINDAUER	SR	#1 Colorado Mesa	{4} 25.34cw	(25.27A)	(2.	4/4

Women's 400 Meters

1	46	Alese SARTAIN	SR	#4 Adams State	56.10c	(55.99A)		3/22
2	63	Helen BRAYBROOK	SR	#3 CSU Pueblo	56.55c	(56.44A)		3/22
3	71	Janise EVERETT	JR	#3 CSU Pueblo	{2} 56.73c	(56.62A)		3/29
4	88	Naleia SOWELL	SR	#9 MSU Denver	57.04c	(56.93A)		3/22
5	90	Sarah COHEN	JR	#4 Adams State	{2} 57.06c	(56.95A)		3/30
6		Gabrielle DUNICH	JR	#3 CSU Pueblo	{3} 57.35c	(57.24A)		3/29
7		Amoya JAMEISON	FR	#7 New Mexico Highl	57.59			3/22
8		Emma DIKKEN	SR	#1 Colorado Mesa	57.79c	(57.68A)		3/29
9		Sophia LINDAUER	SR	#1 Colorado Mesa	{2} 58.00c	(57.89A)		4/4
10		Tara SMOKER	SR	#15 Colorado Christi	58.12c	(58.01A)		4/4

Women's 400 Meter Hurdles

1	13	Victoria AMIADAMEN	SO	#4 Adams State	1:00.94c	(1:00.83A)		3/30
2	24	Allison COMER	SR	#5 Colo. School of M	1:01.48c	(1:01.37A)		3/28
2	24	Kendall TIETJEN	JR	#8 Black Hills State	1:01.48c	(1:01.37A)		3/29
4	42	Kammi MERRITT	FR	#1 Colorado Mesa	1:02.90c	(1:02.79A)		4/4
5	55	Gigi DOUILLARD	SO	#2 UC-Colorado Spi	1:03.36c	(1:03.25A)		3/29
6	63	Lexie WILLIAMS	SR	#1 Colorado Mesa	{2} 1:03.89c	(1:03.78A)		4/4
7	74	Carlie DEBOER	FR	#8 Black Hills State	{2} 1:04.38c	(1:04.27A)		4/6
8	75	Eva NITSCHKE	SO	#10 Chadron State	1:04.40c	(1:04.29A)		4/6
9	77	Aani HARDESTY	SO	#5 Colo. School of M	{2} 1:04.48c	(1:04.37A)		3/28
10	90	Jessica SCHAFFER	FR	#1 Colorado Mesa	{3} 1:04.93c	(1:04.82A)		4/4

Women's 800 Meters

1	1	Helen BRAYBROOK	SR	#3 CSU Pueblo	2:03.45c	(2:04.11A)		3/29
2	4	Lieke HOOGSTEEN	JR	#4 Adams State	2:04.95c	(2:05.69A)		3/30
3	6	Leah KEISLER	JR	#3 CSU Pueblo	{2} 2:05.31c	(2:05.98A)		3/29
4	9	Jessica SIMON	SR	#4 Adams State	{2} 2:07.80c	(2:08.56A)		3/30
5	27	Brooke MILLER	JR	#1 Colorado Mesa	2:10.83c	(2:11.53A)		3/29
6	42	Avary CATCHINGS	JR	#5 Colo. School of M	2:13.37c	(2:14.38A)		3/28
7	64	Rachel GOODRICH	SR	#2 UC-Colorado Spi	2:14.60c	(2:15.32A)		3/29
8	65	Olivia SARGENT	FR	#2 UC-Colorado Spi	{2} 2:14.61c	(2:15.33A)		3/29
9	79	Peyton WEISS	SO	#6 Western Colorad	2:15.46c	(2:16.12A)		4/4
10	92	Audrynn STREET	SR	#9 MSU Denver	2:16.02			4/5

Women's 1500 Meters

1	1	Ava O'CONNOR	SR	#4 Adams State	4:15.56c	(4:20.65A)		4/4
2	5	Maggie MCCLESKEY	JR	#4 Adams State	{2} 4:21.02c	(4:27.13A)		3/30
3	8	Jadyn HERRON	JR	#3 CSU Pueblo	4:21.61c	(4:27.23A)		3/22
4	9	Elena CAREY	SR	#4 Adams State	{3} 4:22.04c	(4:27.26A)		4/4
5	10	Lieke HOOGSTEEN	JR	#4 Adams State	{4} 4:22.36c	(4:27.59A)		4/4
6	11	Grace STRONGMAN	JR	#5 Colo. School of M	4:22.68			4/5
7	14	Brianna ROBLES	SR	#4 Adams State	{5} 4:23.85c	(4:30.02A)		3/30
8	16	Katie HUGHES	JR	#4 Adams State	{6} 4:26.23c	(4:31.54A)		4/4
9	25	Fiona HAWKINS	SR	#4 Adams State	{7} 4:30.48c	(4:35.87A)		4/4
10	27	Margot THOMAS	SR	#3 CSU Pueblo	{2} 4:30.93c	(4:36.75A)		3/22

Women's Steeplechase

1	4	Emily LAMENA	FR	#5 Colo. School of M	10:21.58			4/5
2	5	Margaux BASART	JR	#5 Colo. School of M	{2} 10:28.71			4/5
3	6	Rachel RICHTMAN	SR	#2 UC-Colorado Spi	10:34.17			4/5
4	12	Emily SCHOELLKOPF	SR	#4 Adams State	10:47.79c	(11:02.32A)		4/4
5	24	Camille RENOU	SR	#3 CSU Pueblo	10:59.17c	(11:13.96A)		4/4
6	25	Marie GARET	FR	#4 Adams State	{2} 10:59.22c	(11:14.01A)		4/4
7	26	Jayda NIX	SO	#6 Western Colorad	11:00.42c	(11:15.23A)		4/4
8	29	Haley HARKRIDER	SO	#4 Adams State	{3} 11:02.78c	(11:17.65A)		4/4
9	34	Molly BREUER	JR	#2 UC-Colorado Spi	{2} 11:07.35			4/5
10	36	Audrey BRUNKEN	SO	#2 UC-Colorado Spi	{3} 11:08.29c	(11:24.55A)		3/22



Conference TFRI Event Summary



RMAC

as of 4/8/2025 7:10:26 AM ET

Women's 5000 Meters

1	5	Anna FAUSKE	SR	#2 UC-Colorado Spi	16:21.36c (16:47.05A)	3/29
2	11	Alexis HERR	JR	#5 Colo. School of M	16:42.08	4/5
3	14	Callen NASH	SO	#5 Colo. School of M	16:44.41	4/5
4	20	Margot THOMAS	SR	#3 CSU Pueblo	16:49.55c (17:15.98A)	3/29
5	23	Katie HUGHES	JR	#4 Adams State	16:52.08c (17:16.53A)	4/4
6	27	Jadyn HERRON	JR	#3 CSU Pueblo {2}	16:54.95c (17:19.47A)	4/4
7	28	Alliyah MOLINA	JR	#13 Fort Lewis	16:55.51c (17:20.04A)	4/4
8	30	Gretchen SLATTUM	SR	#6 Western Colorad	16:58.42c (17:23.02A)	4/4
9	50	Sylvia BROWN	SR	#8 Black Hills State	17:13.12c (17:29.66A)	4/6
10	57	Kseniya NIKANOROV	JR	#2 UC-Colorado Spi {2}	17:19.12c (17:46.32A)	3/29

Women's 10,000 Meters

1	1	Jenna RAMSEY-RUTLEDGE	SR	#5 Colo. School of M	32:31.16	3/29
2	2	Brianna ROBLES	SR	#4 Adams State	32:50.18	4/5
3	3	Anna FAUSKE	SR	#2 UC-Colorado Spi	33:22.66	4/5
4	17	Kseniya NIKANOROV	JR	#2 UC-Colorado Spi {2}	35:14.34	4/5
5	20	Alliyah MOLINA	JR	#13 Fort Lewis	35:34.64c (36:41.09A)	3/22
6	32	Marissa BRUNO	SO	#9 MSU Denver	36:30.33c (37:38.51A)	3/22
7	37	Sarah RENBERG	JR	#3 CSU Pueblo	36:47.53c (37:56.25A)	3/22
8	38	Emma BERG	JR	#6 Western Colorad	36:52.66c (38:01.54A)	3/22
9	44	Gretchen SLATTUM	SR	#6 Western Colorad {2}	37:03.27c (38:12.48A)	3/22
10	45	Lacey KUNZ	JR	#6 Western Colorad {3}	37:03.58c (38:12.80A)	3/22

Women's 4x100 Relay

1	9	Ashley Barrett, Rujeko Munetsi, Kacian Powell, Patreece Clarke	#7 New Mexico Higl	45.48c (45.36A)	4/3
2	15	Serenity Burnett-Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	#1 Colorado Mesa	45.91c (45.79A)	4/4
3	20	Victoria Farinas, Zane Bullock, Danaya Kinnard, Madissyn Moore	#2 UC-Colorado Spi	46.19c (46.07A)	3/22
4	73	Maya Ries, Jessica Hobson, Naleia Sowell, Odone Omofoma	#9 MSU Denver	48.00c (47.88A)	3/22
5		Laken Meier, Ashley Vil, Madeline Schemling, Tara Smoker	#15 Colorado Christi	49.83c (49.71A)	4/4
6		Angela Martin-Rubin, Haven Finley, Lily Crofts, Rylee Cudney	#11 Westminster (Ut	52.75c (52.63A)	4/4

Women's 4x400 Relay

1	9	Isila Apkup, Victoria Amiadamen, Alese Sartain, Jessica Simon	#4 Adams State	3:43.43c (3:42.99A)	3/30
2	20	Gabrielle Dunich, Jadyn Herron, Leah Keisler, Helen Braybrook	#3 CSU Pueblo	3:47.83c (3:47.39A)	3/29
3	21	Ashley Barrett, Rujeko Munetsi, Amoya Jameison, Kacian Powell	#7 New Mexico Higl	3:47.98c (3:47.54A)	4/3
4	32	Kammi Merritt, Brooke Miller, Sophia Lindauer, Emma Dikken	#1 Colorado Mesa	3:51.91c (3:51.47A)	4/4
5	64	Gigi Douillard, Alyssa Lopez, Rachel Goodrich, Lilyana Delagarza	#2 UC-Colorado Spi	3:59.56c (3:59.12A)	3/29
6	69	Saraya Afrank, Jillian Brennan, Gracie Wilts, Kendall Tietjen	#8 Black Hills State	4:00.67c (4:00.23A)	3/29
7	87	Penny Nichols, Kelia Portis, Peyton Weiss, Meghan Benkendorf	#6 Western Colorad	4:03.85c (4:03.41A)	4/4
8	92	Jessica Hobson, Odone Omofoma, Mara Rodgers, Naleia Sowell	#9 MSU Denver	4:06.83c (4:06.39A)	3/29
9		Josie Coulter, Janaya Mancell, Claire Peterson, Addisyn Leeds	#13 Fort Lewis	4:11.45c (4:11.01A)	3/22

Women's High Jump

1	20	Samantha BRETZ	SR	#6 Western Colorad	1.67mA 5-5¾	4/4
2	33	Bryn MCNAIR	FR	#14 Regis (Colo.)	1.65mA 5-5	3/22
3	61	Kaelea GIBSON	JR	#1 Colorado Mesa	1.62mA 5-3¾	4/4
3	61	Hope MATTESON	SR	#1 Colorado Mesa	1.62mA 5-3¾	4/4
3	61	Nykole MESHEW	SO	#6 Western Colorad {2}	1.62mA 5-3¾	4/4
6		Dallis ROBINSON	SO	#2 UC-Colorado Spi	1.57mA 5-1¾	3/29
6		Athalia MILLS	FR	#1 Colorado Mesa {3}	1.57mA 5-1¾	4/4
8		Rojrika CAMBELL	SO	#7 New Mexico Higl	1.56m 5-1¾	3/22
9		Kendall MORRISON	FR	#6 Western Colorad {3}	1.52mA 4-11¾	4/4
9		Mary SCOGGINS	JR	#3 CSU Pueblo	1.52mA 4-11¾	4/4



Conference TFRI Event Summary



RMAC

as of 4/8/2025 7:10:27 AM ET

Women's Pole Vault

1	17	Dale THOMPSON	SR	#5	Colo. School of M	3.85mA	12-7½	3/22
2	32	Brooke PETERSON	JR	#2	UC-Colorado Spi	3.75mA	12-3½	3/22
3	51	Taylor HINDMAN	FR	#5	Colo. School of M{2}	3.60mA	11-9¾	3/22
4	64	Arabella CHEN	FR	#5	Colo. School of M{3}	3.50mA	11-5¾	3/28
4	64	Erin WEIBEL	JR	#8	Black Hills State	3.50mA	11-5¾	4/6
4	64	Brekkan LOCKHART	SO	#8	Black Hills State	3.50mA	11-5¾	4/6
7	87	Phia EDWARDS	SO	#2	UC-Colorado Spi{2}	3.45mA	11-3¾	3/22
8		Madeline OBUCHOWSKI	SO	#5	Colo. School of M{4}	3.35mA	10-11¾	3/28
8		Gretchen ADAMSKI	FR	#8	Black Hills State{3}	3.35mA	10-11¾	4/6
10		Madison CLAUSE	JR	#10	Chadron State	3.20mA	10-6	4/6

Women's Long Jump

1	14	Madissyn MOORE	JR	#2	UC-Colorado Spi	5.94mA	19-6 (1.6)	3/29
2	23	Rojrika CAMBELL	SO	#7	New Mexico Higl	5.80mA	19-½ (0.3)	4/3
3	24	Chisom OBIOHA	SR	#7	New Mexico Higl{2}	5.79mA	19-0 (1.2)	4/3
4	44	Danaya KINNARD	SO	#2	UC-Colorado Spi{2}	5.66mA	18-7 (0.0)	3/29
5	47	Gabi HUGGINS	SO	#6	Western Colorad	5.65mA	18-6½ (0.2)	3/29
6	51	Chelsea HOWARD	JR	#2	UC-Colorado Spi{3}	5.63mA	18-5¾ (0.0)	3/29
7	85	Kyla RUZICH	FR	#3	CSU Pueblo	5.53mA	18-1¾ (1.2)	3/29
8		Breauna SORENSEN	SO	#9	MSU Denver	5.41mA	17-9 (2.5)	3/22
9		Lily NIESLANIK	SR	#1	Colorado Mesa	5.40mA	17-8¾ (1.7)	4/4
10		Emma ALFORD	SO	#6	Western Colorad{2}	5.37mA	17-7½ (0.0)	3/29

Women's Triple Jump

1	16	Camila SALVUCCI	FR	#10	Chadron State	11.92mA	39-1¼ (0.0)	3/29
2	38	Rojrika CAMBELL	SO	#7	New Mexico Higl	11.55m	37-10¾ (1.6)	3/22
3	74	Kathryn CARROLL	JR	#2	UC-Colorado Spi	11.22mw	36-9¾ (2.9)	4/5

Women's Shot Put

1	2	Katherine HIGGINS	SR	#3	CSU Pueblo	15.67mA	51-5	4/4
2	10	Febe WESSELS	JR	#3	CSU Pueblo {2}	14.81mA	48-7¾	4/4
3	24	Kitt RUPAR	SR	#5	Colo. School of M	13.76mA	45-1¾	3/22
4	37	Bailey YOUNG	JR	#2	UC-Colorado Spi	13.23mA	43-5	3/29
5	40	Christina PALMER	SR	#1	Colorado Mesa	13.19mA	43-3¼	4/4
6	99	Adisyn SCHENCK	JR	#12	South Dakota Mi	12.56m	41-2½	3/28
7		Savannah JORGENS	JR	#2	UC-Colorado Spi{2}	12.51mA	41-½	3/29
8		Augustine HANCOCK	JR	#1	Colorado Mesa {2}	12.22mA	40-1¼	4/4
9		Kamille TSOSIE-NEZ	SO	#11	Westminster (Ut	12.17mA	39-11¼	4/4
10		Isabell HIGGINS	FR	#8	Black Hills State	12.14mA	39-10	4/6

Women's Discus

1	22	Christina PALMER	SR	#1	Colorado Mesa	46.33mA	152-0	4/4
2	25	Kitt RUPAR	SR	#5	Colo. School of M	46.12mA	151-4	3/28
3	52	Augustine HANCOCK	JR	#1	Colorado Mesa {2}	43.82mA	143-9	4/4
4	56	Kaiya GRAVES	SO	#1	Colorado Mesa {3}	43.28mA	142-0	3/29
5	63	Katrina TRAHAN	FR	#6	Western Colorad	43.05mA	141-3	4/4
6	64	Kylie MAYER	FR	#1	Colorado Mesa {4}	43.02mA	141-2	3/29
7	67	Victoria MALAKI	JR	#2	UC-Colorado Spi	42.86mA	140-8	3/22
8	75	Febe WESSELS	JR	#3	CSU Pueblo	42.18mA	138-5	3/29
9	85	Katherine HIGGINS	SR	#3	CSU Pueblo {2}	41.73mA	136-11	3/29
10		Cassidy GODDARD	FR	#8	Black Hills State	40.88mA	134-2	3/29

Women's Hammer

1	7	Jennifer JARNAGIN	SR	#5	Colo. School of M	57.74mA	189-5	3/28
2	8	Abigail GILLESPIE	SR	#5	Colo. School of M{2}	57.51mA	188-8	3/28
3	23	Augustine HANCOCK	JR	#1	Colorado Mesa	53.48mA	175-6	3/29
4	27	Kitt RUPAR	SR	#5	Colo. School of M{3}	52.89mA	173-6	3/28
5	38	Rylee BLANTON	JR	#6	Western Colorad	51.56mA	169-2	3/29
6	50	Savannah JORGENS	JR	#2	UC-Colorado Spi	50.68mA	166-3	3/29
7	76	Katherine HIGGINS	SR	#3	CSU Pueblo	48.78mA	160-1	4/4
8	83	Victoria MALAKI	JR	#2	UC-Colorado Spi{2}	48.55m	159-4	4/5
9	89	Lushous DAVIS	SR	#9	MSU Denver	47.99mA	157-6	3/29
10		Christina PALMER	SR	#1	Colorado Mesa {2}	47.12mA	154-7	4/4

Women's Javelin

1	17	Lindsey CURE	FR	#14	Regis (Colo.)	44.46mA	145-11	3/22
2	19	Keturah TEMPLEMAN	FR	#3	CSU Pueblo	44.05mA	144-6	4/4
3	29	Sophia PREITO	SR	#11	Westminster (Ut	42.13m	138-3	3/22
4	37	Lauren O'CAMPO	SO	#4	Adams State	41.21mA	135-3	3/30
5	63	Adisyn SCHENCK	JR	#12	South Dakota Mi	39.17mA	128-6	3/22
6	85	Kaiya GRAVES	SO	#1	Colorado Mesa	37.78mA	124-0	4/4
7	99	Alivia WEATHERS	JR	#8	Black Hills State	36.81mA	120-9	4/6
8	100	Febe WESSELS	JR	#3	CSU Pueblo {2}	36.79mA	120-9	4/4
9		Dyanna PARRA	FR	#2	UC-Colorado Spi	36.65mA	120-3	3/22
10		Brooklynn JONES	JR	#9	MSU Denver	35.04mA	115-0	3/29

Women's Heptathlon

1	41	Alivia WEATHERS	JR	#8	Black Hills State	3,906c	(3906A)	4/6
2	63	Mia MCKAY	FR	#11	Westminster (Ut	3,557		3/14
3	64	Kailey KLEIN	JR	#10	Chadron State	3,543c	(3543A)	4/6
4	69	Emily HUBMER	FR	#12	South Dakota Mi	3,463c	(3463A)	4/6
5	76	Alessandra BROUSSARD	FR	#8	Black Hills State{2}	3,405c	(3405A)	4/6
6	78	Emily NOVAK	FR	#12	South Dakota Mi{2}	3,336c	(3336A)	4/6



Conference TFRI Event Summary



SAC

as of 4/8/2025 7:10:27 AM ET

Women's 100 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	11.13	(-0.1)	3/29
2	5	Jahzara HART	JR	#3	Tusculum	11.40w	(2.2)	4/5
3	28	Hughasia FYFFE	SR	#9	Limestone	11.73w	(2.2)	4/5
4	33	Kiera TAYLOR	JR	#3	Tusculum	{2} 11.78w	(2.2)	4/5
5	39	Margaux SHELTON	SR	#1	Wingate	11.82w	(2.3)	4/5
6	56	Shanice COX	JR	#3	Tusculum	{3} 11.93cw	(11.90A) (2.3)	3/22
7	75	Zanetta UDO-OBONG	SO	#2	Lenoir-Rhyne	{2} 11.99	(1.4)	4/5
8	79	Kieayla WILLIAMS	SO	#9	Limestone	{2} 12.00w	(2.2)	4/5
9	81	Molly MCGRATH	JR	#2	Lenoir-Rhyne	{3} 12.01	(1.4)	4/5
9	81	Sade DE SOUSA	SR	#7	Carson-Newman	12.01	(1.7)	3/22

Women's 100 Meter Hurdles

1	11	Theresa GREEN-WHITE	JR	#3	Tusculum	13.90	(-0.2)	4/5
2	18	Dounia ROUTBI	JR	#1	Wingate	14.10w	(2.8)	4/5
3	22	Kori MOORE	FR	#3	Tusculum	{2} 14.20	(-0.2)	4/5
4	34	Diaman LEE	FR	#1	Wingate	{2} 14.34	(0.8)	3/22
5	46	Sterling WEBB	SO	#5	Lincoln Memoria	14.49	(-0.2)	4/5
6	52	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	14.56	(-2.0)	3/29
7	63	Hoyane ESPER	JR	#1	Wingate	{3} 14.66	(-2.0)	3/29
8	82	Simone GIGGETTS	JR	#11	Mars Hill	14.78	(1.6)	4/5
9		Mackenzie MORETINA	FR	#4	Anderson (S.C.)	14.91w	(2.9)	3/29
10		Patience LISBON	FR	#13	Coker	15.00	(0.7)	3/29

Women's 200 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	22.67	(2.0)	3/29
2	8	Jahzara HART	JR	#3	Tusculum	23.51	(0.4)	4/5
3	21	Shanice COX	JR	#3	Tusculum	{2} 23.91	(0.4)	4/5
4	33	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	{2} 24.19	(0.2)	3/29
5	46	Kori MOORE	FR	#3	Tusculum	{3} 24.33	(-1.1)	3/29
6	51	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	{3} 24.37	(1.8)	4/5
7	59	Hayat ABDESELAM	FR	#1	Wingate	24.47	(1.8)	4/5
8	65	Hughasia FYFFE	SR	#9	Limestone	24.54	(0.4)	4/5
9	92	Efemena EGBERI	JR	#8	Catawba	24.73	(1.3)	3/22
10	97	Molly MCGRATH	JR	#2	Lenoir-Rhyne	{4} 24.75	(0.7)	4/5

Women's 400 Meters

1	8	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	54.50		4/5
2	29	Lacey BOOZER	SR	#4	Anderson (S.C.)	55.51		4/5
3	32	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	{2} 55.62		3/29
4	39	Tashianna GRAY	SR	#3	Tusculum	55.90		4/5
5	51	Jani DAY	JR	#2	Lenoir-Rhyne	{3} 56.22		3/29
6	66	Natalie PINZAN	JR	#1	Wingate	56.63		3/22
7	87	McKenzie MORTON	SO	#3	Tusculum	{2} 57.02		4/5
8	100	Qitarah CASTLIN	FR	#3	Tusculum	{3} 57.23		4/5
9		Taylor WILSON	JR	#1	Wingate	{2} 57.55		3/22
10		Efemena EGBERI	JR	#8	Catawba	57.68		3/29

Women's 400 Meter Hurdles

1	8	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	1:00.52		3/29
2	16	Hoyane ESPER	JR	#1	Wingate	1:01.10		3/29
3	19	Dounia ROUTBI	JR	#1	Wingate	{2} 1:01.22		3/29
4	68	Lidija DJOKIC	SR	#5	Lincoln Memoria	1:04.14		3/28
5	84	Kori MOORE	FR	#3	Tusculum	1:04.79		4/5
6		Kyra STANLEY	SR	#1	Wingate	{3} 1:06.49		4/5
7		Nia OVERBY	SO	#9	Limestone	1:06.87		3/22
8		Chelsey THOMAS	JR	#1	Wingate	{4} 1:07.36		4/5
9		T'Asya JAY	SO	#1	Wingate	{5} 1:07.43		4/5
10		Patience LISBON	FR	#13	Coker	1:07.98		3/22
10		Abby KWASNY	SO	#4	Anderson (S.C.)	1:07.98		4/5

Women's 800 Meters

1	10	Mia CABRERA	JR	#1	Wingate	2:07.99		3/29
2	36	Evie BROOKS	SO	#1	Wingate	{2} 2:12.65		3/29
3	49	Theresa BROSTHAUS	SO	#5	Lincoln Memoria	2:13.79		4/5
4	71	Harper RUSSELL	SR	#5	Lincoln Memoria	{2} 2:14.98		3/28
5	72	Eden BARNWELL	FR	#8	Catawba	2:15.09		3/29
6	87	Jacie BEGLEY	FR	#5	Lincoln Memoria	{3} 2:15.88		4/5
7	97	Emma WHITAKER	JR	#4	Anderson (S.C.)	2:16.16		3/22
8		Olivia OVERHOLT	JR	#2	Lenoir-Rhyne	2:17.74		3/29
9		Baia TOUZA	FR	#1	Wingate	{3} 2:18.07		3/22
10		Riya KESHAW	SO	#1	Wingate	{4} 2:18.22		3/22

Women's 1500 Meters

1	3	Mia CABRERA	JR	#1	Wingate	4:20.34		3/29
2	13	Evie BROOKS	SO	#1	Wingate	{2} 4:23.79		3/29
3	51	Natalie ALMOND	SO	#8	Catawba	4:34.70		3/29
4	71	Sira BO	JR	#1	Wingate	{3} 4:37.09		3/29
5	90	Riya KESHAW	SO	#1	Wingate	{4} 4:39.65		3/22
6	94	Emer MCGLYNN	JR	#8	Catawba	{2} 4:39.87		3/29
7		Baia TOUZA	FR	#1	Wingate	{5} 4:40.89		3/22
8		Elizabeth KESSLER	SR	#2	Lenoir-Rhyne	4:41.21		4/5
9		Delaney ELLER	JR	#12	Emory & Henry	4:42.38		4/4
10		Enora TOUPIN	SR	#1	Wingate	{6} 4:44.21		4/5

Women's Steeplechase

1	29	Firdaouss HRICHE	FR	#1	Wingate	11:02.78		4/5
2	58	Elizabeth KESSLER	SR	#2	Lenoir-Rhyne	11:25.31c	(11:34.20A)	3/22
3	65	Maria CHACHA	SO	#1	Wingate	{2} 11:27.55		4/5
4	74	Maud LAMBOTTE	FR	#1	Wingate	{3} 11:33.39		4/5
5		Elisa LE REST	FR	#1	Wingate	{4} 12:04.11		4/5
6		Greta CHIZZALI	FR	#5	Lincoln Memoria	12:19.71		4/5
7		Molly HANLON	FR	#4	Anderson (S.C.)	12:39.90		4/5
8		Elise MCKINNEY	JR	#12	Emory & Henry	12:44.71c	(12:54.63A)	3/22
9		Vennise SHELTON	SR	#1	Wingate	{5} 12:48.04		4/5
10		Hannah REEDY	SR	#4	Anderson (S.C.)	{2} 12:51.92		4/5



Conference TFRI Event Summary



SAC

as of 4/8/2025 7:10:27 AM ET

Women's 5000 Meters

1	34	Madison CLAY	JR	#8 Catawba	17:01.13	3/22
2	35	Firdaouss HRICHE	FR	#1 Wingate	17:01.45	3/29
3	43	Grace BURRELL	JR	#1 Wingate {2}	17:03.77	3/29
4	83	Grace ROSE	SR	#5 Lincoln Memoria	17:34.37	3/28
5	87	Kennedy ROUSH	SO	#4 Anderson (S.C.)	17:36.57	3/22
6	100	Delaney ELLER	JR	#12 Emory & Henry	17:40.79 ^c (17:55.79A)	3/22
7		Beth LUDWICK	FR	#4 Anderson (S.C.) {2}	17:55.39	4/5
8		Jenna PITTMAN	SO	#7 Carson-Newman	18:09.74	3/22
9		Elizabeth KESSLER	SR	#2 Lenoir-Rhyne	18:23.77	4/5
10		Natalie STATES	FR	#4 Anderson (S.C.) {3}	18:31.50	4/5

Women's 10,000 Meters

1	15	Madison CLAY	JR	#8 Catawba	35:02.98	3/29
2	19	Laila ABOUZAID	SR	#1 Wingate	35:27.48	3/29
3	26	Kennedy ROUSH	SO	#4 Anderson (S.C.)	36:00.96	3/29
4	29	Mollie SCOTT	SR	#1 Wingate {2}	36:19.71	3/22
5	33	Tea GEARY	SO	#1 Wingate {3}	36:31.15	3/22
6	35	Hannah CAUDILL	SO	#8 Catawba {2}	36:41.30	3/29
7	60	Manon CADY	SO	#1 Wingate {4}	37:34.20	3/22
8		Madison FISCUS	SO	#12 Emory & Henry	46:23.84	4/4

Women's 4x100 Relay

1	1	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	#3 Tusculum	44.91	3/29
2	23	Sharonda Priester, Damyja Alejandro-ortiz, Molly McGrath, Zanetta Udo-Obong	#2 Lenoir-Rhyne	46.23	3/29
3	24	#Type!	#9 Limestone	46.24	4/5
4	36	Lara Castano, Margaux Shelton, Hayat Abdeslam, Diaman Lee	#1 Wingate	46.82	4/5
5	41	Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi	#8 Catawba	47.12	3/22
6		#Type!	#4 Anderson (S.C.)	49.47	4/5
7		Leiyana Rose, Jameria Davis, Kamryn Adderton, Madalynn Williams	#6 Newberry	49.60	3/29
8		Madison Outland, Destiny Ansley-Cureton, Madison Sutherland, Haley Faulkner	#10 UVa-Wise	49.70	3/28
9		Aiyana Blakey, Kai Thomas, Madison Ricketts, Mia Spangler	#12 Emory & Henry	50.14	3/29
10		Simone Giggetts, Alina Mueller, Amaya Casiano, Jimena Montero	#11 Mars Hill	52.03	3/28

Women's 4x400 Relay

1	8	Sharonda Priester, Jani Day, Mathilde Etienne, Damyja Alejandro-ortiz	#2 Lenoir-Rhyne	3:43.37	3/29
2	14	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	#1 Wingate	3:46.64	3/29
3	37	#Type!	#3 Tusculum	3:52.59	4/5
4	84	#Type!	#4 Anderson (S.C.)	4:03.71	4/5
5	88	#Type!	#5 Lincoln Memoria	4:04.24	4/5
6	98	#Type!	#9 Limestone	4:07.32	4/5
7		Tess Somervell, Kennedy Harris, McKenzie Tate, Madison Ricketts	#12 Emory & Henry	4:14.18	4/4
8		#Type!	#6 Newberry	5:02.29	4/5

Women's High Jump

1	33	Assiya ELHAFYAN	SO	#1 Wingate	1.65m	5-5	3/29
1	33	Isabel FARUP	FR	#6 Newberry	1.65m	5-5	3/15
1	33	Dakota JERNIGAN	FR	#13 Coker	1.65m	5-5	4/4
4	80	Valerie DAEHLER	SR	#1 Wingate {2}	1.60m	5-3	3/29
4	80	Patricija NEMANYTE	SO	#2 Lenoir-Rhyne	1.60m	5-3	3/22
4	80	Mia DIONISIO	SR	#6 Newberry {2}	1.60m	5-3	3/15
7		Margaux SHELTON	SR	#1 Wingate {3}	1.56m	5-1¼	3/22
8		Kyarra NEWTON	SR	#1 Wingate {4}	1.55m	5-1	4/5
8		Ally HOLMBERG	SO	#1 Wingate {4}	1.55m	5-1	4/5
8		Miranda MARR	SR	#2 Lenoir-Rhyne {2}	1.55m	5-1	3/22

Women's Pole Vault

1	27	Avery MARSHALL	FR	#4 Anderson (S.C.)	3.79m	12-5¼	4/5
2	56	Rylie JENKINS	SO	#4 Anderson (S.C.) {2}	3.56m	11-8	3/22
3		Kirsten LEONARD	SR	#4 Anderson (S.C.) {3}	3.35m	10-11¾	3/29
3		Haley EDDINGER	JR	#11 Mars Hill	3.35m	10-11¾	3/22
5		Jorja FOX	SO	#4 Anderson (S.C.) {4}	3.30m	10-9¾	4/5
6		Tylee HEFNEY	FR	#7 Carson-Newman	3.05m	10-0	3/28
7		Harper RAMSDALE	FR	#2 Lenoir-Rhyne	3.04m	9-11¾	3/22
8		Elsie OPDYKE	FR	#1 Wingate	2.96m	9-8½	3/22
9		Adair DUPREE	JR	#2 Lenoir-Rhyne {2}	2.74m	8-11¾	3/22
10		Addisen PETERSEN	FR	#7 Carson-Newman {2}	2.60m	8-6¼	3/28



Conference TFRI Event Summary



SAC

as of 4/8/2025 7:10:27 AM ET

Women's Long Jump

1	10	Sydney MCCARTY	SR	#7 Carson-Newman	5.99mw	19-8 (2.9)	4/5
2	42	Brooke TAYLOR	JR	#7 Carson-Newman{2}	5.68m	18-7¾ (0.4)	3/22
3	72	Kimberley OWENS	SR	#2 Lenoir-Rhyne	5.57mwA	18-3¼ (2.4)	3/22
4	76	Brooke VISSER	SR	#7 Carson-Newman{3}	5.56mw	18-3 (2.4)	4/5
5		Ally HOLMBERG	SO	#1 Wingate	5.43m	17-9¾ (0.4)	3/29
6		Efemena EGBERI	JR	#8 Catawba	5.41mw	17-9 (2.1)	3/22
7		Kaila HEMPHILL	SR	#9 Limestone	5.39mw	17-8¾ (2.5)	4/5
8		Mathilde ETIENNE	SR	#2 Lenoir-Rhyne {2}	5.35mwA	17-6¾ (2.8)	3/22
9		Agustina DITTRICH	FR	#3 Tusculum	5.32mwA	17-5½ (2.1)	3/22
10		Massassi MAXWELL-SMITH	JR	#13 Coker	5.25m	17-2¾ (1.6)	3/15
10		Mia SPANGLER	FR	#12 Emory & Henry	5.25m	17-2¾ (0.7)	4/4

Women's Triple Jump

1	11	Tyleah MOORER	SR	#9 Limestone	11.98m	39-3¾ (1.7)	4/5
2	17	Leah DOTSON	SR	#9 Limestone {2}	11.90m	39-½ (0.7)	3/22
3	22	Ennessey SORRELLS	SR	#1 Wingate	11.82m	38-9½ (0.9)	3/22
4	31	Brooke TAYLOR	JR	#7 Carson-Newman	11.66m	38-3¾ (1.8)	4/5
5	57	Kendall WHITEHEAD	SO	#7 Carson-Newman{2}	11.41mw	37-5¼ (2.2)	4/5
6	58	Lyniah KITT	FR	#13 Coker	11.40m	37-5 (2.0)	4/4
7	99	Mia SPANGLER	FR	#12 Emory & Henry	11.00m	36-1¼ (0.0)	4/4
8		Raegan COX	FR	#10 UVa-Wise	10.87mwA	35-8 (2.1)	3/22
9		Brooke VISSER	SR	#7 Carson-Newman{3}	10.80mw	35-5¼ (3.3)	4/5
10		Kylie BRODT	FR	#10 UVa-Wise {2}	10.75mwA	35-3¼ (3.1)	3/22

Women's Shot Put

1	84	Danyell BOOKER	JR	#3 Tusculum	12.74m	41-9¾	4/5
2		Ashley PARRISH	SO	#5 Lincoln Memoria	12.47m	40-11	4/5
3		Amber LAWLESS	JR	#1 Wingate	12.38m	40-7½	3/22
4		Nia ROGERS	SR	#10 UVa-Wise	11.89m	39-¼	3/28
5		Kiori BUTLER	SO	#6 Newberry	11.80m	38-8¾	3/15
6		Sarah WIMPEE	JR	#4 Anderson (S.C.)	11.47m	37-7¾	3/22
7		Ally HOLMBERG	SO	#1 Wingate {2}	11.46m	37-7¼	3/22
8		Kylee ALVIS	JR	#5 Lincoln Memoria{2}	11.41m	37-5¼	3/28
9		Cierra WILLIAMS	JR	#11 Mars Hill	11.35m	37-3	3/22
10		ShaNadia MARSHALL	SR	#6 Newberry {2}	11.14m	36-6¾	3/29

Women's Discus

1	58	Irma WATSON-PEREZ	SR	#6 Newberry	43.22m	141-10	4/5
2	78	Cierra WILLIAMS	JR	#11 Mars Hill	42.04m	137-11	3/22
3	80	Amber LAWLESS	JR	#1 Wingate	41.98m	137-9	4/5
4		Sarah WIMPEE	JR	#4 Anderson (S.C.)	40.99m	134-6	4/5
5		Judith VAQUERO	JR	#1 Wingate {2}	38.61m	126-8	3/29
6		Ashley PARRISH	SO	#5 Lincoln Memoria	36.38m	119-4	3/21
7		Nevaeh KERNS	JR	#5 Lincoln Memoria{2}	36.24m	118-11	4/5
8		Kennedy MYERS	SR	#6 Newberry {2}	36.12m	118-6	4/5
9		La'miya BLAKE	SR	#11 Mars Hill {2}	35.14m	115-4	3/22
10		Nia ROGERS	SR	#10 UVa-Wise	34.84m	114-4	3/28

Women's Hammer

1	26	Andrea PASCUAL RIVERA	SR	#6 Newberry	52.91m	173-7	3/29
2	55	Irma WATSON-PEREZ	SR	#6 Newberry {2}	50.34m	165-2	4/5
3		Amber HOGAN	SR	#3 Tusculum	44.27mA	145-3	3/22
4		Ashley PARRISH	SO	#5 Lincoln Memoria	43.49m	142-8	3/28
5		Cate TURNER	SO	#5 Lincoln Memoria{2}	42.55m	139-7	4/5
6		Savannah NIPPA	SR	#2 Lenoir-Rhyne	42.03mA	137-11	3/22
7		Nevaeh KERNS	JR	#5 Lincoln Memoria{3}	41.70m	136-10	4/5
8		Nia ROGERS	SR	#10 UVa-Wise	41.53m	136-3	3/28
9		Sarah WIMPEE	JR	#4 Anderson (S.C.)	40.66m	133-5	3/22
10		Amber LAWLESS	JR	#1 Wingate	38.87m	127-7	3/22

Women's Javelin

1	61	Ally HOLMBERG	SO	#1 Wingate	39.35m	129-1	3/22
2		Kiori BUTLER	SO	#6 Newberry	36.31m	119-2	3/29
3		Braelynn STROUTH	FR	#10 UVa-Wise	34.42m	112-11	3/28
4		Sterling WEBB	SO	#5 Lincoln Memoria	33.72m	110-8	4/5
5		Miranda MARR	SR	#2 Lenoir-Rhyne	33.17mA	108-10	3/22
6		Julia KARNILOWICZ	FR	#2 Lenoir-Rhyne {2}	32.90m	107-11	4/5
7		Alina MUELLER	SR	#11 Mars Hill	32.57m	106-10	3/22
8		Kylee ALVIS	JR	#5 Lincoln Memoria{2}	31.55m	103-6	4/5
9		Lyniah KITT	FR	#13 Coker	30.92m	101-6	3/15
10		Amber LAWLESS	JR	#1 Wingate {2}	29.94m	98-2¾	3/22

Women's Heptathlon

1	50	Kieley SMITH	SO	#3 Tusculum	3,777	4/5
2	82	Maggie SANDERSON	JR	#5 Lincoln Memoria	3,271	4/5



Conference TFRI Event Summary



SIAC

as of 4/8/2025 7:10:27 AM ET

Women's 100 Meters

1	16	JaTerralyn HAMILTON	FR	#5 Spring Hill (Ala.)	11.61w	(3.7)	4/5
2	32	Jayla KENNEDY	FR	#2 Clark Atlanta	11.77w	(2.3)	3/22
3	37	Cadence CRAY	SO	#1 Albany State (Ga	11.81w	(2.8)	3/22
4	63	Dasia GILYARD	SR	#1 Albany State (Ga{2}	11.96w	(2.3)	3/22
5		D'Iiyah AUSTELL	SR	#7 Fort Valley State	12.15	(2.0)	3/22
6		An'Janae LATCHINSON	JR	#3 Tuskegee	12.21	(-1.6)	3/29
6		Xaria BASCOMBE	JR	#4 Benedict	12.21	(0.5)	3/22
8		Skye LIVINGSTON	SR	#6 Central State	12.25w	(2.7)	3/30
9		Keturah WALKER	SO	#13 Allen (S.C.)	12.27	(1.7)	4/4
10		Jeniya LAWRENCE	JR	#1 Albany State (Ga{3}	12.36	(1.7)	3/8

Women's 100 Meter Hurdles

1	52	Santiona FREEMAN	SR	#4 Benedict	14.56	(2.0)	3/22
2	68	Briana MADISON	SR	#7 Fort Valley State	14.69	(-0.7)	4/5
3	93	Macada MCDONALD	SO	#12 Savannah State	14.84	(1.4)	3/30
4	100	Jahkaya MCBURNEY	SO	#3 Tuskegee	14.87	(0.7)	3/29
5		DeAna ALBERT	SO	#1 Albany State (Ga	14.89	(0.1)	4/5
6		Genesis WASHINGTON	JR	#2 Clark Atlanta	15.05	(0.0)	3/15
7		Anaiya HOUSEAL	SO	#4 Benedict {2}	15.28w	(2.9)	3/29
8		Myah THOMPSON	SO	#1 Albany State (Ga{2}	15.38	(-0.7)	4/5
9		Saniya SWAIN	SO	#12 Savannah State {2}	15.58	(1.4)	3/30
10		Amira BROUSSARD	SO	#3 Tuskegee {2}	15.59	(0.7)	3/29

Women's 200 Meters

1	31	An'Janae LATCHINSON	JR	#3 Tuskegee	24.15	(0.2)	3/29
2	32	Cadence CRAY	SO	#1 Albany State (Ga	24.18	(-0.9)	4/5
3	91	Shantel WILLIAMS	SR	#4 Benedict	24.72w	(2.2)	3/29
4		JaTerralyn HAMILTON	FR	#5 Spring Hill (Ala.)	24.79	(0.8)	3/29
5		Jayla KENNEDY	FR	#2 Clark Atlanta	24.87	(-0.9)	4/5
6		D'Iiyah AUSTELL	SR	#7 Fort Valley State	24.94	(0.4)	3/29
6		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	24.94	(0.1)	3/15
8		Jurnie HEMSLEY	SR	#6 Central State	24.96	(0.9)	3/30
9		Dasia GILYARD	SR	#1 Albany State (Ga{2}	24.97	(1.0)	3/22
10		Kamora TAYLOR	SO	#14 Miles	25.00	(0.1)	3/15

Women's 400 Meters

1	35	Nathalia ROWE	SR	#1 Albany State (Ga	55.67		4/5
2	45	Karon WARREN	JR	#2 Clark Atlanta	56.04		3/29
3	53	Dasia GILYARD	SR	#1 Albany State (Ga{2}	56.30		4/5
4		D'Iiyah AUSTELL	SR	#7 Fort Valley State	57.32		3/29
5		Cadence CRAY	SO	#1 Albany State (Ga{3}	57.60		3/8
6		MyRajah RANKIN	SO	#11 Kentucky State	57.73		3/29
7		Measha JONES	JR	#13 Allen (S.C.)	58.11		4/4
8		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	58.31		3/15
9		Zhakeya HAWKINS	FR	#11 Kentucky State {2}	58.49		3/29
10		Jurnie HEMSLEY	SR	#6 Central State	59.21		4/5

Women's 400 Meter Hurdles

1	6	An'Janae LATCHINSON	JR	#3 Tuskegee	59.99		4/5
2	7	Nathalia ROWE	SR	#1 Albany State (Ga	1:00.42		3/22
3	82	Macada MCDONALD	SO	#12 Savannah State	1:04.66		3/30
4		Myah THOMPSON	SO	#1 Albany State (Ga{2}	1:07.24		3/29
5		Saniya SWAIN	SO	#12 Savannah State {2}	1:07.94		3/22
6		Genesis WASHINGTON	JR	#2 Clark Atlanta	1:08.04		3/22
7		Kennedy WALKER	SO	#1 Albany State (Ga{3}	1:08.20		3/15
8		Kiyami ZIMMERMAN	FR	#2 Clark Atlanta {2}	1:08.57		4/5
9		Asia NETTLES	FR	#3 Tuskegee {2}	1:08.71		4/5
9		Caseyona HIGHT	SO	#13 Allen (S.C.)	1:08.71		3/14

Women's 800 Meters

1		Zenay RHANEY	SR	#1 Albany State (Ga	2:16.68		4/5
2		Nathalia ROWE	SR	#1 Albany State (Ga{2}	2:18.92		3/8
3		Akierah WALKER	JR	#3 Tuskegee	2:23.53		3/29
4		Lailah SELLERS	SO	#2 Clark Atlanta	2:24.47		3/29
5		Cecilia LIGHT	JR	#5 Spring Hill (Ala.)	2:24.56		3/22
6		Michael ADDISON	SR	#6 Central State	2:26.13		4/5
7		Anaya MARTIN	SO	#3 Tuskegee {2}	2:28.84		3/22
8		Amaree HAMILTON	JR	#1 Albany State (Ga{3}	2:30.07		3/29
9		Termetrius STONE	SR	#1 Albany State (Ga{4}	2:33.23		3/22
10		Ja'braisha LANE	FR	#13 Allen (S.C.)	2:34.28		3/8

Women's 1500 Meters

1		Anaya MARTIN	SO	#3 Tuskegee	5:10.30		3/22
2		Zenay RHANEY	SR	#1 Albany State (Ga	5:10.73		3/29
3		Lailah SELLERS	SO	#2 Clark Atlanta	5:20.07		4/5
4		Akierah WALKER	JR	#3 Tuskegee {2}	5:24.83		3/22
5		Jamea LINDLEY	FR	#8 LeMoyne-Owen	5:25.04		3/22
6		Azzaria BROWN	JR	#1 Albany State (Ga{2}	5:25.26		4/5
7		Taylor FRANKLIN	FR	#1 Albany State (Ga{3}	5:25.83		3/8
8		Angela BITOK	JR	#9 Edward Waters (5:28.19		3/30
9		Mercy KWAMBAI	SO	#4 Benedict	5:31.18		3/29
10		Evelyn HERERRA	SO	#5 Spring Hill (Ala.)	5:32.59		3/29

Women's Steeplechase

1		Anaya MARTIN	SO	#3 Tuskegee	12:34.69		4/5
2		Mariah HUSTON	JR	#6 Central State	12:40.24		3/30
3		Akierah WALKER	JR	#3 Tuskegee {2}	13:21.16		4/5
4		Genesis HARRELL	FR	#3 Tuskegee {3}	13:43.00		4/5
5		Chanyah TAYLOR	SO	#6 Central State {2}	14:30.35		3/30
6		Shalyah TRESVANT	FR	#3 Tuskegee {4}	15:19.49		4/5
7		Jurni JANAC	FR	#3 Tuskegee {5}	15:38.37		4/5
8		Truth REED	FR	#2 Clark Atlanta	16:46.35		4/5
9		Jayda BROOKS	FR	#2 Clark Atlanta {2}	17:11.41		4/5



Conference TFRI Event Summary



SIAC

as of 4/8/2025 7:10:27 AM ET

Women's 5000 Meters

1	Anaya MARTIN	SO	#3 Tuskegee	20:00.39	3/22
2	Angela BITOK	JR	#9 Edward Waters (20:06.78	4/5
3	Taylor FRANKLIN	FR	#1 Albany State (Ga	20:38.86	3/22
4	Evelyn HERERRA	SO	#5 Spring Hill (Ala.)	20:47.01	4/5
5	Lailah SELLERS	SO	#2 Clark Atlanta	21:18.37	4/5
6	Genesis HARRELL	FR	#3 Tuskegee {2}	21:28.67	3/29
7	Ivyn JEPKOSGEI	FR	#9 Edward Waters {2}	22:03.12	4/5
8	Mercy KWAMBAI	SO	#4 Benedict	22:25.54	3/29
9	Faith CHEMUTAI	FR	#10 Lane	22:45.33	3/22
10	Shalyah TRESVANT	FR	#3 Tuskegee {3}	22:54.80	3/29

Women's 10,000 Meters

1	Taylor FRANKLIN	FR	#1 Albany State (Ga	44:23.29	3/22
---	-----------------	----	---------------------	----------	------

Women's 4x100 Relay

1	12	Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	#1 Albany State (Ga	45.82	4/5
2	48	Morgan Graham, Jayla Kennedy, Mariah Young, Anniyah Williams	#2 Clark Atlanta	47.20	3/29
3	75	Santiona Freeman, Shantel Williams, Xaria Bascombe, Kiara Scott	#4 Benedict	48.04	3/22
4	88	Kayla Trawick, Kaylin Robinson, Savannah Sparks, Kamora Taylor	#14 Miles	48.50	3/15
5	96	Kapri Dawkins, Skye Livingston, Michael Addison, Jurnie Hemsley	#6 Central State	48.68	4/5
6	98	Amira Broussard, An'Janae Latchinson, De'Shell Carr, Jahkaya McBurney	#3 Tuskegee	48.75	3/29
7		Briana Madison, Bridgette Clarke, Alexia James, D'liyah Austell	#7 Fort Valley State	48.89	4/5
8		Alecza Andrea Coffie, Jaaliyah Biggers, Samiyah Rembert, MyRajah Rankin	#11 Kentucky State	48.95	3/29
9		Nasiya Thomas, Aneya Kight, Victoria Taylor, Samyah Berry	#12 Savannah State	49.53	3/30
10		#Type!	#9 Edward Waters (50.75	3/30

Women's 4x400 Relay

1	28	Nathalia Rowe, Dasia Gilyard, Cadence Cray, Kennedy Simmons	#1 Albany State (Ga	3:51.00	3/29
2	43	Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams	#2 Clark Atlanta	3:54.31	3/22
3		Amira Broussard, Asia Nettles, Jahkaya McBurney, Akierah Walker	#3 Tuskegee	4:09.18	3/22
4		Mariam Cosky, Cecilia Light, JaTerralyn Hamilton, Lydia Hamilton	#5 Spring Hill (Ala.)	4:09.92	4/5
5		Azaniah White, Dalivia McBride, Katelynn Hodges, D'liyah Austell	#7 Fort Valley State	4:15.07	3/22

Women's High Jump

1	80	Paris MCKINNON	FR	#9 Edward Waters (1.60m	5-3	3/30
1	80	Julianna KERN	SR	#1 Albany State (Ga	1.60m	5-3	3/8
1	80	Aquila KERR	SR	#7 Fort Valley State	1.60m	5-3	3/8
1	80	Anaiya HOUSEAL	SO	#4 Benedict	1.60m	5-3	3/29
5		Tiana SMITH	JR	#5 Spring Hill (Ala.)	1.58m	5-2¼	4/5
6		Savannah SPARKS	FR	#14 Miles	1.55m	5-1	3/15
7		Karma MOULTRIE	FR	#4 Benedict {2}	1.50m	4-11	3/29
7		Dalivia MCBRIDE	FR	#7 Fort Valley State {2}	1.50m	4-11	3/8
9		Shynique MCGEE	JR	#2 Clark Atlanta	1.47m	4-9¾	3/29
10		De'Shell CARR	JR	#3 Tuskegee	1.45m	4-9	3/22
10		Jazmine WALKER	SO	#1 Albany State (Ga {2}	1.45m	4-9	3/8
10		Dariyah WEBB	FR	#8 LeMoyne-Owen	1.45m	4-9	3/22
10		Jahkaya MCBURNEY	SO	#3 Tuskegee	1.45m	4-9	4/5
10		Jadyn GRAYDON	FR	#2 Clark Atlanta {2}	1.45m	4-9	3/22

Women's Pole Vault

1		Ariana SPRINKLE	FR	#5 Spring Hill (Ala.)	2.50m	8-2½	3/1
2		Abigail REMICK	SR	#5 Spring Hill (Ala.) {2}	2.30m	7-6½	3/1
3		Makenzie BEASLEY	FR	#10 Lane	2.10m	6-10¾	3/15

Women's Long Jump

1	62	Measha JONES	JR	#13 Allen (S.C.)	5.60mw	18-4½ (2.2)	4/4
2	72	Morgan GRAHAM	FR	#2 Clark Atlanta	5.57mw	18-3¼ (2.8)	3/15
3		De'Shell CARR	JR	#3 Tuskegee	5.45m	17-10¾ (0.0)	3/22
4		Anyah STEVENSON	FR	#6 Central State	5.21mw	17-1¼ (2.5)	3/30
5		Malaya YOUNG	FR	#10 Lane	5.16m	16-11¼ (0.4)	3/8
6		Santiona FREEMAN	SR	#4 Benedict	5.15m	16-10¾ (0.8)	3/15
7		Tajana SIMS	SO	#8 LeMoyne-Owen	5.11m	16-9¼ (1.0)	3/15
8		Jaaliyah BIGGERS	SO	#11 Kentucky State	5.05m	16-7 (1.4)	3/29
9		Katelynn HODGES	SO	#7 Fort Valley State	4.97mw	16-3¾ (3.7)	3/29
10		Kayla TRAWICK	SO	#14 Miles	4.96m	16-3¼ (1.8)	3/29



Conference TFRI Event Summary



SIAC

as of 4/8/2025 7:10:28 AM ET

Women's Triple Jump

1	9	Jada DAVID	SR	#4 Benedict	12.24m	40-2 (1.7)	3/22
2	13	Shynique MCGEE	JR	#2 Clark Atlanta	11.96m	39-3 (1.5)	3/15
3	27	Tiana SMITH	JR	#5 Spring Hill (Ala.)	11.71m	38-5 (1.1)	4/5
4		Taniyah KELLEY	SO	#1 Albany State (Ga)	10.71m	35-1¾ (-1.1)	4/5
5		Dyniah DAVIS	FR	#10 Lane	10.48m	34-4¾ (0.3)	3/8
6		Anyah STEVENSON	FR	#6 Central State	10.42m	34-2¾ (-0.1)	4/5
7		Isis LEWIS	JR	#2 Clark Atlanta	{2} 10.33mw	33-10¾ (2.4)	3/15
8		Saniya SWAIN	SO	#12 Savannah State	9.98m	32-9 (-1.0)	3/22
9		Teonia WHITELOW	JR	#10 Lane	{2} 9.73mw	31-11¼ (2.1)	3/8
10		Tejanee LIPTON	SO	#13 Allen (S.C.)	9.25m	30-4¾ (-1.1)	3/14

Women's Shot Put

1	41	Diamond RICHARDSON	SR	#7 Fort Valley State	13.17m	43-2½	3/8
2	80	Darcey DORRIS	JR	#6 Central State	12.78m	41-11¼	4/5
3	89	Yassmine CHAMBERS	JR	#4 Benedict	12.68m	41-7¾	3/22
4		Daneika WILLIAMSON	JR	#4 Benedict	{2} 11.88m	38-11¾	3/29
5		Jayme REDMOND	SO	#2 Clark Atlanta	11.78m	38-7¾	3/9
6		Cierra CRUSOE	SO	#8 LeMoyne-Owen	11.59m	38-¾	3/22
7		Mykhayla CARROLL	JR	#1 Albany State (Ga)	11.50m	37-8¾	4/5
8		Paris STANTON	SR	#4 Benedict	{3} 11.47m	37-7¾	3/15
9		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2} 11.28m	37-¾	3/9
10		Desire' POOLE	JR	#11 Kentucky State	11.12m	36-5¾	3/29

Women's Discus

1	28	Diamond RICHARDSON	SR	#7 Fort Valley State	45.90m	150-7	3/22
2	44	Yassmine CHAMBERS	JR	#4 Benedict	44.03m	144-6	3/29
3		Desire' POOLE	JR	#11 Kentucky State	39.17m	128-6	3/29
4		Jada JOSHUA	SO	#8 LeMoyne-Owen	38.18m	125-3	3/15
5		Mykhayla CARROLL	JR	#1 Albany State (Ga)	37.76m	123-11	3/15
6		Dae'Janae HANNAH	SO	#2 Clark Atlanta	37.27m	122-4	3/15
7		Daneika WILLIAMSON	JR	#4 Benedict	{2} 37.20m	122-1	3/29
8		Jacky BELTRAN	SO	#8 LeMoyne-Owen	{2} 35.08m	115-1	3/15
9		Cierra CRUSOE	SO	#8 LeMoyne-Owen	{3} 33.82m	111-0	3/15
10		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2} 33.74m	110-9	3/15

Women's Hammer

1	60	Diamond RICHARDSON	SR	#7 Fort Valley State	49.90m	163-9	3/22
2	99	Mykhayla CARROLL	JR	#1 Albany State (Ga)	47.50m	155-10	4/5
3		Paris STANTON	SR	#4 Benedict	44.80m	147-0	3/29
4		Yassmine CHAMBERS	JR	#4 Benedict	{2} 42.59m	139-9	3/15
5		Danielle WILSON	JR	#3 Tuskegee	42.51m	139-6	4/5
6		Jayme REDMOND	SO	#2 Clark Atlanta	41.26m	135-5	3/9
7		Daneika WILLIAMSON	JR	#4 Benedict	{3} 40.32m	132-4	3/29
8		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2} 36.95m	121-3	4/5
9		Matealia HARPER	JR	#3 Tuskegee	{2} 36.24m	118-11	4/5
10		Dae'Janae HANNAH	SO	#2 Clark Atlanta	{3} 35.15m	115-4	3/9

Women's Javelin

1	25	Zaniya RUSH	FR	#5 Spring Hill (Ala.)	42.90m	140-9	3/1
2		Shynique MCGEE	JR	#2 Clark Atlanta	35.58m	116-9	4/5
3		Ariyah GRAHAM	FR	#7 Fort Valley State	32.16m	105-6	3/8
4		Danielle WILSON	JR	#3 Tuskegee	31.71m	104-1	3/29
5		Serenity MITCHELL	FR	#3 Tuskegee	{2} 31.50m	103-4	3/29
6		Matealia HARPER	JR	#3 Tuskegee	{3} 31.14m	102-2	3/22
7		Amber RAHMING		#6 Central State	29.94m	98-2¾	4/5
8		Claudia BILLEDEAUX	SO	#5 Spring Hill (Ala.)	{2} 29.28m	96-¾	3/15
9		Aliyah JACKSON	JR	#2 Clark Atlanta	{2} 29.16m	95-8	4/5
10		Ariana SIMMONS	SO	#11 Kentucky State	28.35m	93-¼	3/29

Women's Heptathlon

1	54	Shynique MCGEE	JR	#2 Clark Atlanta	3,732	3/29
2	56	Jahkaya MCBURNEY	SO	#3 Tuskegee	3,729	4/5
3	86	Serenity MITCHELL	FR	#3 Tuskegee	{2} 3,226	4/5
4	89	De'Shell CARR	JR	#3 Tuskegee	{3} 3,180	4/5
5	90	Sanya JOSEPH	JR	#9 Edward Waters (3,154	4/5
6		Danielle THOMPSON	SO	#2 Clark Atlanta	{2} 2,699	3/29
7		Julianna KERN	SR	#1 Albany State (Ga)	2,595	3/29
7		Tyloni BAILEY	JR	#1 Albany State (Ga)	2,595	3/29
9		Jadyn GRAYDON	FR	#2 Clark Atlanta	{3} 2,437	3/29
10		Bailey ONEAL	SO	#1 Albany State (Ga)	{3} 2,211	3/29



Conference TFRI Event Summary



Sunshine

as of 4/8/2025 7:10:28 AM ET

Women's 100 Meters

1	Michala DANIELS	JR	#1 Embry-Riddle (F)	12.13w	(3.1)	4/5
2	Shenya O'CONNELL	SR	#1 Embry-Riddle (F{2})	12.23	(1.7)	3/8
3	Mira AKAN	FR	#4 Lynn	12.24	(1.9)	2/28
4	Chloe GREEN	SO	#2 Tampa	12.28w	(3.1)	4/5
5	Molly MORRIS	FR	#2 Tampa	{2} 12.44	(0.0)	3/30
6	Emma SMITH	FR	#4 Lynn	{2} 12.60	(1.9)	2/28
7	Tessa BRAY	FR	#4 Lynn	{3} 12.61	(1.9)	2/28
8	Sarah MARTINEZ	SO	#2 Tampa	{3} 12.64	(0.9)	2/22
9	Zahmya BROWN	FR	#6 Barry	12.66	(2.0)	4/5
10	Ashley MOSESSO	FR	#2 Tampa	{4} 12.67	(2.0)	4/5

Women's 100 Meter Hurdles

1	31 Allie MURPHY	JR	#2 Tampa	14.31	(1.6)	4/5
2	36 Molly MORRIS	FR	#2 Tampa	{2} 14.38	(1.6)	4/5
3	68 Lindsey KOWNICK	SO	#2 Tampa	{3} 14.69	(1.9)	4/5
4	Kate CARTER	FR	#2 Tampa	{4} 15.03w	(2.2)	3/22
5	Michala DANIELS	JR	#1 Embry-Riddle (F)	15.22	(1.9)	4/5
5	Helena HUYKE	JR	#1 Embry-Riddle (F)	15.22	(0.5)	3/8
7	Mira AKAN	FR	#4 Lynn	15.24	(1.9)	4/5
8	Dejah SAUNDERS	SR	#1 Embry-Riddle (F{3})	15.25	(0.1)	3/8
9	Brooklyn GOULD	SR	#1 Embry-Riddle (F{4})	15.66	(0.7)	3/22
10	Sierra COWARD	SR	#1 Embry-Riddle (F{5})	15.80	(1.6)	4/5

Women's 200 Meters

1	Shenya O'CONNELL	SR	#1 Embry-Riddle (F)	25.12	(0.8)	4/5
2	Liora BEST	FR	#1 Embry-Riddle (F{2})	25.17	(0.8)	4/5
3	Sativa JAMES	FR	#3 Nova Southeastern	25.23	(0.9)	4/5
4	Allie MURPHY	JR	#2 Tampa	25.31	(1.2)	4/5
5	Sarah MARTINEZ	SO	#2 Tampa	{2} 25.62	(0.8)	2/22
6	Mira AKAN	FR	#4 Lynn	25.69	(1.2)	3/8
7	Molly MORRIS	FR	#2 Tampa	{3} 25.70	(1.9)	4/5
8	Zahmya BROWN	FR	#6 Barry	25.71	(1.7)	4/5
9	Chloe GREEN	SO	#2 Tampa	{4} 25.83	(1.1)	4/5
10	Brooklyn GOULD	SR	#1 Embry-Riddle (F{3})	25.89	(0.9)	4/5

Women's 400 Meters

1	66 Liora BEST	FR	#1 Embry-Riddle (F)	56.63		3/8
2	94 Allie MURPHY	JR	#2 Tampa	57.15		3/22
3	Sativa JAMES	FR	#3 Nova Southeastern	57.93		3/8
4	Allegra TRINER	FR	#1 Embry-Riddle (F{2})	58.16		4/5
5	Mira AKAN	FR	#4 Lynn	58.37		4/5
6	Marielle CLAYTON	FR	#2 Tampa	{2} 59.02		4/5
7	Bella BUTLER	SO	#3 Nova Southeastern	{2} 59.14		4/5
8	Nina RICHARDSON	SR	#1 Embry-Riddle (F{3})	59.16		4/5
9	Lillian HICKS	SR	#2 Tampa	{3} 59.18		3/30
10	Tessa BRAY	FR	#4 Lynn	{2} 59.23		4/5

Women's 400 Meter Hurdles

1	11 Allie MURPHY	JR	#2 Tampa	1:00.71		3/22
2	35 Molly MORRIS	FR	#2 Tampa	{2} 1:02.60		3/22
3	50 Kate CARTER	FR	#2 Tampa	{3} 1:03.29		3/22
4	66 Mira AKAN	FR	#4 Lynn	1:04.00		3/22
5	Lindsey KOWNICK	SO	#2 Tampa	{4} 1:05.88		3/30
6	Kylie DAVIS	FR	#1 Embry-Riddle (F)	1:06.03		3/22
7	Arianna BITTNER	FR	#3 Nova Southeastern	1:09.24		4/5
8	Jaelynn ROSARIO	FR	#6 Barry	1:09.74		4/5
9	Brooke BOND	JR	#4 Lynn	{2} 1:11.32		2/22
10	Davyn DREIBELBIS	SO	#4 Lynn	{3} 1:12.62		4/5

Women's 800 Meters

1	15 Taylor ROTH	SO	#1 Embry-Riddle (F)	2:09.35		4/5
2	18 Kendra KRUEGER	SO	#2 Tampa	2:09.68		4/5
3	37 Jill THORNING	SO	#3 Nova Southeastern	2:12.81		4/5
4	52 Bella BUTLER	SO	#3 Nova Southeastern	{2} 2:14.09		4/5
5	69 Allegra TRINER	FR	#1 Embry-Riddle (F{2})	2:14.72		3/8
6	88 Eden TOAL	SR	#3 Nova Southeastern	{3} 2:15.89		4/5
7	Amberleigh SORENSEN	SR	#7 Palm Beach Atlantic	2:17.18		3/22
8	Mackenzie KELLER	JR	#1 Embry-Riddle (F{3})	2:18.45		4/5
9	Dominyka PETRASKAITE	SR	#7 Palm Beach Atlantic	{2} 2:18.46		3/22
10	Hannah DIETE	FR	#2 Tampa	{2} 2:18.57		3/22

Women's 1500 Meters

1	32 Jill THORNING	SO	#3 Nova Southeastern	4:31.80		2/28
2	73 Eden TOAL	SR	#3 Nova Southeastern	{2} 4:37.68		4/5
3	81 Kendra KRUEGER	SO	#2 Tampa	4:38.54		2/22
4	89 Emily KRINEY	JR	#2 Tampa	{2} 4:39.54		4/5
5	95 Campbell CALDWELL	JR	#2 Tampa	{3} 4:39.92		3/22
6	Amberleigh SORENSEN	SR	#7 Palm Beach Atlantic	4:42.55		3/22
7	Emma MUSSANTE	SR	#5 Florida Southern	4:43.35		3/7
8	Hannah DIETE	FR	#2 Tampa	{4} 4:45.59		4/5
9	Mackenzie KELLER	JR	#1 Embry-Riddle (F)	4:46.26		4/5
10	Caitlin BEERY	JR	#5 Florida Southern	{2} 4:46.29		3/22

Women's Steeplechase

1	Emily TUBBS	FR	#1 Embry-Riddle (F)	11:49.40		3/8
2	Bella ASCONE	FR	#3 Nova Southeastern	11:53.44		3/22
3	Rachel HOCKENBERRY	JR	#5 Florida Southern	12:19.38		4/5
4	Jessica LOMBARDO	FR	#4 Lynn	12:24.36		2/28
5	Maggie RAGSDALE	SO	#3 Nova Southeastern	{2} 12:38.22		3/8
6	Skyler GILLET	SO	#4 Lynn	{2} 13:07.37		4/5
7	Julian STANISH	FR	#6 Barry	13:15.60		4/5
8	Hope BRITTENHAM	FR	#6 Barry	{2} 14:25.33		3/8



Conference TFRI Event Summary



Sunshine

as of 4/8/2025 7:10:28 AM ET

Women's 5000 Meters

1	29	Emma MUSSANTE	SR	#5	Florida Southerr	16:57.11	2/22
2	33	Olivia HARP	SR	#2	Tampa	16:59.83	3/28
3	38	Campbell CALDWELL	JR	#2	Tampa	{2} 17:02.13	2/22
4	40	Jill THORNING	SO	#3	Nova Southeast	17:02.84	2/22
5	56	Emily KRINEY	JR	#2	Tampa	{3} 17:17.31	3/22
6	94	Ellie FLUMAN	SR	#5	Florida Southerr	{2} 17:38.40	2/22
7	98	Lindsey VOLKMAN	SO	#2	Tampa	{4} 17:40.43	3/7
8		Grace REED	SO	#5	Florida Southerr	{3} 17:47.49	3/7
9		Rachel HOCKENBERRY	JR	#5	Florida Southerr	{4} 17:48.12	3/7
10		Molly DEMARZO	SO	#2	Tampa	{5} 17:50.03	3/7

Women's 10,000 Meters

1	18	Campbell CALDWELL	JR	#2	Tampa	35:25.31	3/28
2	25	Emma MUSSANTE	SR	#5	Florida Southerr	36:00.69	3/28
3	47	Mya STAM	SR	#5	Florida Southerr	{2} 37:08.78	3/28
4	58	Ellie FLUMAN	SR	#5	Florida Southerr	{3} 37:31.64	3/28
5	74	Leena SAIDI	SR	#3	Nova Southeast	38:15.06	3/22
6	77	Emma PFEIFFER	SO	#5	Florida Southerr	{4} 38:17.98	3/22
7		Kendall MATHIS	JR	#1	Embry-Riddle (F	40:13.40	3/22
8		Kira CASANE	FR	#5	Florida Southerr	{5} 40:19.44	3/22
9		Meghan MCNABB	SR	#3	Nova Southeast	{2} 44:11.58	3/22

Women's 4x100 Relay

1	70	Ashley Mosesso, Allie Murphy, Lillian Hicks, Chloe Green	#2	Tampa	47.98	4/5
2	77	Michala Daniels, Shenya O'Connell, Liora Best, Nina Richardson	#1	Embry-Riddle (F	48.15	3/8
3	93	Emma Smith, Mira Akan, Tessa Bray, Alijah Giustino	#4	Lynn	48.54	2/28
4		Kaylee Brushaber, Sativa James, Indica James, Melissa Mitjans	#3	Nova Southeast	50.60	4/5

Women's 4x400 Relay

1	45	Marielle Clayton, Kate Carter, Lillian Hicks, Allie Murphy	#2	Tampa	3:54.66	4/5
2	52	Liora Best, Taylor Roth, Allegra Triner, Nina Richardson	#1	Embry-Riddle (F	3:56.66	3/8
3	59	Emma Smith, Alijah Giustino, Tessa Bray, Mira Akan	#4	Lynn	3:58.16	4/5
4	73	Arianna Bittner, Bella Butler, Kayla Wommack, Sativa James	#3	Nova Southeast	4:01.71	4/5
5		Caitlin Beery, Flavia Almeida, Lylah Mattingly, Jinia Johnson	#5	Florida Southerr	4:11.60	3/7
6		Sadie Nordmeyer, Nella Petersen, Dominyka Petraskaite, Hannah Atwell	#7	Palm Beach Atla	4:20.33	2/22

Women's High Jump

1	33	Jade TCHOUAWOU NAYAP	FR	#1	Embry-Riddle (F	1.65m	5-5	3/8
2		Megan GRANT	SO	#1	Embry-Riddle (F {2}	1.55m	5-1	3/8
3		Sierra COWARD	SR	#1	Embry-Riddle (F {3}	1.47m	4-9¾	4/5
4		Sydney CASH	JR	#1	Embry-Riddle (F {4}	1.44m	4-8¾	4/5

Women's Pole Vault

1		Leilani SPRUILL	FR	#1	Embry-Riddle (F	3.20m	10-6	4/5
2		Anabel PORTUONDO	FR	#6	Barry	3.05m	10-0	4/5
3		Madeline AMPLEMAN	FR	#1	Embry-Riddle (F {2}	2.56m	8-4¾	3/8

Women's Long Jump

1	31	Mikaela MILES	JR	#1	Embry-Riddle (F	5.75m	18-10½ {0.5}	4/5
2		Kylie DAVIS	FR	#1	Embry-Riddle (F {2}	5.41m	17-9 {1.4}	4/5
3		Michala DANIELS	JR	#1	Embry-Riddle (F {3}	5.22m	17-1½ {0.8}	4/5
4		Sierra COWARD	SR	#1	Embry-Riddle (F {4}	5.13m	16-10 {0.4}	3/28
5		Nina RICHARDSON	SR	#1	Embry-Riddle (F {5}	4.90m	16-1 {1.3}	4/5
6		Dejah SAUNDERS	SR	#1	Embry-Riddle (F {6}	4.74m	15-6¾ {1.4}	4/5

Women's Triple Jump

1	4	Mikaela MILES	JR	#1	Embry-Riddle (F	12.59m	41-3¾ {2.0}	3/28
---	---	---------------	----	----	-----------------	--------	-------------	------

Women's Shot Put

1		Sierra COWARD	SR	#1	Embry-Riddle (F	12.10m	39-8½	3/8
2		Madison MORRIS	SR	#1	Embry-Riddle (F {2}	11.94m	39-2¼	4/5
3		Anaya SHRIDER	FR	#1	Embry-Riddle (F {3}	10.17m	33-4½	4/5
4		Sydney CASH	JR	#1	Embry-Riddle (F {4}	8.66m	28-5	4/5
5		Ally FUGATE	FR	#1	Embry-Riddle (F {5}	8.51m	27-11	4/5
6		Jaelynn ROSARIO	FR	#6	Barry	7.92m	26-0	3/8
7		Sarah BAZILE	FR	#6	Barry	{2} 7.37m	24-2¼	4/5
8		Emilia OLIVIERI RAMOS	JR	#4	Lynn	7.25m	23-9½	3/8



Conference TFRI Event Summary



Sunshine

as of 4/8/2025 7:10:28 AM ET

Women's Discus

1	40	Madison MORRIS	SR	#1 Embry-Riddle (F)	44.40m	145-8	4/5
2		Anaya SHRIDER	FR	#1 Embry-Riddle (F{2})	36.53m	119-10	3/22
3		Ally FUGATE	FR	#1 Embry-Riddle (F{3})	29.04m	95-3½	4/5
4		Kirsten ROLLE	SR	#1 Embry-Riddle (F{4})	27.97m	91-9¼	4/5
5		Barrett CUTSHALL	SO	#1 Embry-Riddle (F{5})	27.47m	90-1½	4/5
6		Jaelynn ROSARIO	FR	#6 Barry	13.93m	45-8½	4/5

Women's Hammer

1	16	Kirsten ROLLE	SR	#1 Embry-Riddle (F)	54.77m	179-8	4/5
2		Madison MORRIS	SR	#1 Embry-Riddle (F{2})	42.42m	139-2	3/8
3		Hailey BRUCE	SO	#1 Embry-Riddle (F{3})	38.38m	125-11	4/5
4		Ally FUGATE	FR	#1 Embry-Riddle (F{4})	32.65m	107-2	3/8
5		Anaya SHRIDER	FR	#1 Embry-Riddle (F{5})	31.56m	103-7	3/8

Women's Javelin

1	12	Maxime KIRSCHNER	SR	#1 Embry-Riddle (F)	46.45m	152-5	3/28
2	22	Hailey BRUCE	SO	#1 Embry-Riddle (F{2})	43.73m	143-6	3/28
3		Sierra COWARD	SR	#1 Embry-Riddle (F{3})	36.74m	120-7	3/28
4		Brooklyn GOULD	SR	#1 Embry-Riddle (F{4})	34.50m	113-2	4/5
5		Barrett CUTSHALL	SO	#1 Embry-Riddle (F{5})	34.08m	111-10	3/8
6		Jaelynn ROSARIO	FR	#6 Barry	23.41m	76-9¾	4/5
7		Sydney CASH	JR	#1 Embry-Riddle (F{6})	19.88m	65-2¾	4/5

Women's Heptathlon

1	68	Sydney CASH	JR	#1 Embry-Riddle (F)	3,496		4/5
---	----	-------------	----	---------------------	-------	--	-----