



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Alexis BROWN	JR	#16 Lenoir-Rhyne	34.09	11.13	(-0.1)	3/29/25 Raleigh Relays
2	E'lexis HOLLIS	SR	#12 Central Washington	30.88	11.27w	(2.3)	3/29/25 Bobcat Invitational (Texas Sta
3	Nydia CHANCE	SO	#6 Fresno Pacific	28.62	11.30	(0.0)	2/22/25 Sunbird Invitational
4	Deborah ACHEAMPONG	SO	#4 West Texas A&M	25.94	11.38	(1.6)	3/22/25 West Texas Relays
5	Jahzara HART	JR	#24 Tusculum	23.78	11.40w	(2.2)	4/5/25 Electric City Invitational
6	Diandrenique GAINES	SR	#2 Pittsburg State	21.57	11.43	(1.5)	3/28/25 Emporia State Relays
7	Amari WEATHERFORD	SR	#19 Cal State San Bernard	19.23	11.49w	(2.1)	3/28/25 Mangrum Invitational
8	Gaby HORTON	JR	Colorado Mesa	17.18	11.50c	(11.47A) (0.	4/4/25 Maverick Invitational
8	Ashley BARRETT	JR	New Mexico Highland	17.18	11.50	(1.6)	3/22/25 West Texas Relays
10	Sarai BROWN	JR	Maryville (Mo.)	13.01	11.53w	(3.7)	3/29/25 SBU Bearcat Invitational
10	Brianna BENLOSS	SO	Winston-Salem State	13.01	11.53w	(2.3)	4/5/25 High Point VertKlasse Meeting
12	Hailey HUNT	SR	#19 Cal State San Bernard	9.85	11.56	(1.5)	3/22/25 Hornet Invitational
13	Riley ALLEN	FR	#6 Fresno Pacific	{2} 8.74	11.58	(0.0)	2/22/25 Sunbird Invitational
14	Yakubu BALIKIS	SR	West Alabama	7.68	11.59	(1.5)	3/22/25 Alumni Bulldog Relays
15	Grizell SCARLETT	SO	Eastern New Mexico	6.63	11.60cw	(11.57A) (2.	3/30/25 Greyhound Open
16	Brianna CHENEVEY	SO	#11 Ashland	5.58	11.61w	(3.4)	3/30/25 Yellow Jacket Collegiate Ope
16	JaTerralyn HAMILTON	FR	Spring Hill (Ala.)	5.58	11.61w	(3.7)	4/5/25 Doc Anderson Invitational
18	Ta'Mijha NICHOLS	SO	#13 Washburn	4.53	11.62	(1.5)	3/28/25 Emporia State Relays
19	Leah SMITH	SO	#22 Findlay	3.98	11.64	(0.0)	4/5/25 Oliver Nikoloff Open
19	Laila CLEARE	JR	#8 U-Mary	3.98	11.64	(1.4)	3/27/25 Yellowjackets Open
21	Jasmyn CRAWFORD	SR	CUI	2.95	11.65	(1.4)	3/29/25 Vince O'Boyle Track and Field
21	Summer SWARTWOUT	FR	Cedarville	2.95	11.65w	(3.4)	3/30/25 Yellow Jacket Collegiate Ope
23	Iyanna FULLER	JR	#6 Fresno Pacific	{3} 1.92	11.66	(0.0)	2/22/25 Sunbird Invitational
24	Eseose OKODUWA	SR	Converse	1.32	11.70w	(2.6)	4/5/25 Pepsi Florida Relays
24	Trinity MILLER	SR	#3 Azusa Pacific	1.32	11.70	(1.4)	3/29/25 Vince O'Boyle Track and Field
24	Campbell BARTA	FR	Northwest Missouri	1.32	11.70	(0.5)	3/28/25 Emporia State Relays
27	Ariana VERA	SR	#6 Fresno Pacific	{4} 1.14	11.71	(0.0)	2/22/25 Sunbird Invitational
28	Brianna GREEN	SR	#6 Fresno Pacific	{5} 1.03	11.73w	(2.7)	3/1/25 Kim Duyst Invitational
28	Shaniya RANDOLPH	SO	#6 Fresno Pacific	{5} 1.03	11.73	(0.0)	2/22/25 Sunbird Invitational
28	Hughasia FYFFE	SR	Limestone	1.03	11.73w	(2.2)	4/5/25 Electric City Invitational
31	Colette PATTI	SO	Charleston (W.Va.)	0.86	11.74	(-1.3)	4/4/25 Golden Eagle Invitational
32	Jayla KENNEDY	FR	Clark Atlanta	0.73	11.77w	(2.3)	3/22/25 Emory Spring Break Classic
33	Kiera TAYLOR	JR	#24 Tusculum	{2} 0.65	11.78w	(2.2)	4/5/25 Electric City Invitational
33	Rionna WALLACE	JR	Stanislaus State	0.65	11.78w	(2.7)	3/1/25 Kim Duyst Invitational
35	Victoria FARINAS	SR	#23 UC-Colorado Springs	0.52	11.79cw	(11.76A) (2.	3/29/25 Chuck Haering Classic
36	Nevaeh WILLIAMS	SO	#3 Azusa Pacific	{2} 0.45	11.80	(1.4)	3/29/25 Vince O'Boyle Track and Field
37	Cadence CRAY	SO	Albany State (Ga.)	0.37	11.81w	(2.8)	3/22/25 Emory Spring Break Classic
37	Alexandra ACKERMAN	SR	#19 Cal State San Bernard	{8} 0.37	11.81	(1.5)	3/22/25 Hornet Invitational
39	Alayna VERNER	SR	#3 Azusa Pacific	{3} 0.28	11.82	(1.1)	3/29/25 Vince O'Boyle Track and Field
39	Rujeko MUNETSI	FR	New Mexico Highland	{2} 0.28	11.82	(1.6)	3/22/25 West Texas Relays
39	Candace MORRIS	SO	West Virginia State	0.28	11.82w	(2.3)	4/5/25 High Point VertKlasse Meeting
39	Margaux SHELTON	SR	Wingate	0.28	11.82w	(2.3)	4/5/25 High Point VertKlasse Meeting
43	Samantha GILBERT	SR	Slippery Rock	0.18	11.83w	(3.7)	4/5/25 Dave Labor Slippery Rock Invi
44	Lauren COLEMAN	FR	Drury	0.15	11.85w	(2.4)	3/29/25 SBU Bearcat Invitational
45	Julia TUURI	SR	Davenport (Mich.)	0.13	11.86w	(2.7)	3/30/25 Yellow Jacket Collegiate Ope
45	Taylor KYLE	SR	#1 Grand Valley State	0.13	11.86	(1.5)	3/29/25 Bobcat Invitational (Texas Sta
47	Sariyah COPELAND	SR	#6 Fresno Pacific	{7} 0.08	11.88	(-1.8)	4/5/25 Stanford Invitational
48	Juvonna CORNETTE	JR	Academy of Art	0.05	11.89	(1.5)	3/22/25 Hornet Invitational
48	LaSira NICHOLSON	JR	Mount Olive	0.05	11.89w	(2.1)	3/22/25 Alan Connie Shamrock Invitat
48	McKenzie HAYSE	FR	#13 Washburn	{2} 0.05	11.89w	(3.1)	3/28/25 Emporia State Relays



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Charnessa REID	SR	Winston-Salem State	34.08	13.36w	(3.6)	4/5/25	High Point VertKlasse Meeting
2	Patreece CLARKE	JR	New Mexico Highland	31.17	13.50	(1.8)	3/22/25	West Texas Relays
3	Kayvon NUBINE	FR #2	Pittsburg State	28.53	13.60w	(2.6)	3/28/25	Emporia State Relays
4	Neshara SMITH	JR	Cal Poly Pomona	26.22	13.65w	(2.1)	3/8/25	Beach Opener
5	Channie JEFFERSON	JR	Mount Olive	24.16	13.66w	(2.1)	3/29/25	Trojan Challenge
6	Esther CONDE-TURPIN	JR #3	Azusa Pacific	21.97	13.69	(1.2)	3/29/25	Vince O'Boyle Track and Field
7	Brianna GREEN	SR #6	Fresno Pacific	3.54	13.77	(0.0)	4/5/25	Stanford Invitational
8	Obiageli AKUBUDE	SO	Clafin	17.33	13.82w	(2.8)	4/5/25	High Point VertKlasse Meeting
8	Ellyse WOLFRATH	SR	Northern Michigan	17.33	13.82w	(3.6)	4/5/25	Ashton May Invitational
10	Caroline MAYES	JR	William Jewell	13.05	13.89w	(2.6)	3/28/25	Emporia State Relays
11	Theresa GREEN-WHITE	JR #24	Tusculum	11.01	13.90	(-0.2)	4/5/25	Electric City Invitational
12	Aaliyannah ANDERSON	SO	Lincoln (Mo.)	9.76	13.96	(1.9)	3/29/25	Central Methodist Invitational
13	Blakelee WINN	SR #2	Pittsburg State {2}	8.72	13.98w	(2.6)	3/28/25	Emporia State Relays
14	Brooke BARKOCY	SR #1	Grand Valley State	7.68	14.00	(1.9)	3/29/25	Bobcat Invitational (Texas Sta
15	Eboselulu OMOFOMA	FR	Biola (Calif.)	6.62	14.03	(1.6)	3/15/25	Ross and Sharon Irwin Collegi
16	Liv HEITE	SO	Alaska Anchorage	5.56	14.06	(1.2)	4/5/25	Mike Fanelli Track Classic
17	Sasha LEE	SR	Shippensburg	5.00	14.09w	(2.6)	3/29/25	Dr. Jack M. Toms Alumni Invit
18	Dounia ROUTBI	JR	Wingate	4.48	14.10w	(2.8)	4/5/25	High Point VertKlasse Meeting
18	Patrice MANSFIELD	JR	Southern Connecticut	4.48	14.10w	(2.5)	4/4/25	UConn Dog Fight
20	Crystal WALKER	SR	Northern Michigan {2}	3.34	14.17w	(3.4)	3/29/25	Redbird Challenge
21	Ashyiria SAVAGE	JR #20	Missouri Southern	2.82	14.18	(2.0)	3/29/25	SBU Bearcat Invitational
22	Alexis RANGER-DUNBAR	SR #6	Fresno Pacific {2}	2.28	14.20	(2.0)	3/22/25	Hornet Invitational
22	Kori MOORE	FR #24	Tusculum {2}	2.28	14.20	(-0.2)	4/5/25	Electric City Invitational
22	Isabelle PETERS	SR #2	Pittsburg State {3}	2.28	14.20w	(2.6)	3/28/25	Emporia State Relays
25	Maricia SPENCE	SR #7	Angelo State	1.21	14.21w	(2.5)	4/5/25	David Noble Relays
25	Jada KAMTHA	SO	New Haven	1.21	14.21	(1.9)	3/29/25	Ramapo College Invitational
25	Valerie OLSON	SR #17	Oklahoma Baptist	1.21	14.21	(-0.4)	3/29/25	Texas Relays
28	Isabelle FLORES	SR	Belmont Abbey	0.92	14.28	(0.6)	3/29/25	Davidson Relays
29	Liz LANNOM	FR	Lee (Tenn.)	0.85	14.29	(0.8)	3/22/25	Lee Invitational
29	Lainey JERNIGAN	FR #7	Angelo State {2}	0.85	14.29w	(2.5)	4/5/25	David Noble Relays
31	Belle LINDSEY	SO	Ouachita Baptist	0.71	14.31w	(2.6)	4/5/25	Joe Walker Invitational
31	Bracie VAUGHN	JR	UT Tyler	0.71	14.31w	(2.6)	3/29/25	Bobcat Invitational (Texas Sta
31	Allie MURPHY	JR	Tampa	0.71	14.31	(1.6)	4/5/25	Embry-Riddle Running Eleme
34	Diaman LEE	FR	Wingate {2}	0.51	14.34	(0.8)	3/22/25	49er Classic
35	Destini DORKINS	JR #1	Grand Valley State {2}	0.45	14.35	(-1.3)	4/5/25	GVSU Early Meet
36	Hannah HANSON	SO	Biola (Calif.) {2}	0.40	14.38	(-0.2)	2/22/25	Rossi Relays
36	Molly MORRIS	FR	Tampa {2}	0.40	14.38	(1.6)	4/5/25	Embry-Riddle Running Eleme
38	Giovana PELASCINI	SO	CUI	0.30	14.39	(1.3)	3/29/25	Vince O'Boyle Track and Field
39	Hannah CHANG	JR	Seattle Pacific	0.28	14.40	(-0.6)	4/4/25	Whitworth Peace Meet
39	Layla SIMPSON	JR	Winston-Salem State {2}	0.28	14.40w	(2.5)	4/5/25	High Point VertKlasse Meeting
41	Ivy TEACHEY	SO	Alabama-Huntsville	0.23	14.42	(1.0)	3/29/25	UAB Spring Time Invite
42	Deriyah LEE	SO	Central Oklahoma	0.20	14.43w	(3.1)	3/22/25	Prairie View A&M Relays
42	Morgan COVERSON-SPRINGS	FR	Clafin {2}	0.20	14.43w	(2.8)	4/5/25	High Point VertKlasse Meeting
44	Grace COLLETT	SR	Saginaw Valley State	0.15	14.44	(1.0)	4/4/25	Spartan Invitational
44	Kiwanna PEMBERTON	SR	Mount Olive {2}	0.15	14.44w	(3.5)	4/5/25	Braves Track Classic
46	Sterling WEBB	SO	Lincoln Memorial	0.10	14.49	(-0.2)	4/5/25	Electric City Invitational
46	Kaylee JAMES	JR #13	Washburn	0.10	14.49w	(2.6)	3/28/25	Emporia State Relays
46	Renea TAYLOR	SR	Northern State	0.10	14.49w	(2.2)	3/22/25	Alan Connie Shamrock Invitat
49	Aryah MOORE	FR #20	Missouri Southern {2}	0.03	14.50	(2.0)	3/29/25	SBU Bearcat Invitational
50	Makayla ALLMARAS	FR #8	U-Mary	0.01	14.52	(1.2)	4/6/25	Al Bortke Open



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Alexis BROWN	JR	#16 Lenoir-Rhyne	34.68	22.67	(2.0)	3/29/25	Raleigh Relays
2	Collinique FARRINGTON	SR	#10 Southwest Baptist	31.29	23.00w	(2.6)	3/29/25	SBU Bearcat Invitational
3	Deborah ACHEAMPONG	SO	#4 West Texas A&M	28.29	23.24w	(3.3)	3/22/25	West Texas Relays
4	Tionce WALROND	SO	#8 U-Mary	26.01	23.31	(0.8)	3/27/25	Yellowjackets Open
5	Sakena MASSIAH	SR	#8 U-Mary {2}	23.76	23.37	(0.8)	3/27/25	Yellowjackets Open
6	Stephanique DEAN	JR	#10 Southwest Baptist {2}	21.60	23.41w	(2.6)	3/29/25	SBU Bearcat Invitational
6	Amari WEATHERFORD	SR	#19 Cal State San Bernard	21.60	23.41	(1.2)	3/22/25	Hornet Invitational
8	Jahzara HART	JR	#24 Tusculum	17.25	23.51	(0.4)	4/5/25	Electric City Invitational
9	Laila CLEARE	JR	#8 U-Mary {3}	15.14	23.55	(0.8)	3/27/25	Yellowjackets Open
10	Diandrenique GAINES	SR	#2 Pittsburg State	12.98	23.61w	(3.1)	3/28/25	Emporia State Relays
11	Cynai CHRISTOPHER	SR	#18 Texas A&M-Kingsville	10.95	23.62w	(4.0)	3/22/25	UTSA Invitational
12	Jordan TAYLOR	FR	#22 Findlay	9.88	23.65	(-0.5)	4/5/25	Oliver Nikoloff Open
13	Futoria HARRIS	FR	Mount Olive	8.80	23.68w	(2.7)	3/22/25	Alan Connie Shamrock Invitat
14	Ashley BARRETT	JR	New Mexico Highland	7.66	23.73w	(3.3)	3/22/25	West Texas Relays
15	Yakubu BALIKIS	SR	West Alabama	6.61	23.75	(-0.4)	3/22/25	Alumni Bulldog Relays
16	Hailey HUNT	SR	#19 Cal State San Bernard {2}	5.56	23.79	(1.2)	3/22/25	Hornet Invitational
17	Kacian POWELL	SO	New Mexico Highland {2}	5.00	23.84w	(2.4)	3/22/25	West Texas Relays
18	Rasha BADRANI	JR	Cal State San Marcos	2.48	23.85	(-0.3)	4/5/25	UCSD Triton Invitational
19	Hannah HILL	SR	North Greenville	3.96	23.87	(0.8)	4/5/25	Electric City Invitational
20	Trinity MILLER	SR	#3 Azusa Pacific	3.43	23.89	(1.0)	4/5/25	UCSD Triton Invitational
21	Jasmyn CRAWFORD	SR	CUI	2.40	23.91	(0.8)	3/29/25	Vince O'Boyle Track and Field
21	Shanice COX	JR	#24 Tusculum {2}	2.90	23.91	(0.4)	4/5/25	Electric City Invitational
23	Sariyah COPELAND	SR	#6 Fresno Pacific	1.86	23.94	(-0.4)	4/5/25	Stanford Invitational
24	Brianna CHENEVEY	SO	#11 Ashland	1.31	23.98	(-0.5)	4/5/25	Oliver Nikoloff Open
24	Anna SALISBURY	SR	Lubbock Christian	1.31	23.98c	(23.91A) (1.	4/3/25	Masked Rider Outdoor Open
26	Leah SMITH	SO	#22 Findlay {2}	1.20	23.99	(-0.5)	4/5/25	Oliver Nikoloff Open
27	Lauren COLEMAN	FR	Drury	1.02	24.09w	(2.6)	3/29/25	SBU Bearcat Invitational
27	Summer SWARTWOUT	FR	Cedarville	1.02	24.09w	(3.8)	4/5/25	Tennessee Invite
29	Jamiya MORGAN	SR	#2 Pittsburg State {2}	0.88	24.12w	(3.1)	3/28/25	Emporia State Relays
30	Nydia CHANCE	SO	#6 Fresno Pacific {2}	0.82	24.13	(1.2)	3/29/25	West Coast Relays
31	An'Janae LATCHINSON	JR	Tuskegee	0.74	24.15	(0.2)	3/29/25	UAB Spring Time Invite
32	Cadence CRAY	SO	Albany State (Ga.)	0.65	24.18	(-0.9)	4/5/25	UWG Legends Invitational
33	Valerie OLSON	SR	#17 Oklahoma Baptist	0.59	24.19	(1.4)	3/29/25	Texas Relays
33	Damyja ALEJANDRO-ORTI	JR	#16 Lenoir-Rhyne {2}	0.59	24.19	(0.2)	3/29/25	Raleigh Relays
33	Gaby HORTON	JR	Colorado Mesa	0.59	24.19c	(24.12A) (1.	4/4/25	Maverick Invitational
36	Aniya HECKSTALL	JR	Barton	0.43	24.20	(-2.2)	3/14/25	Phoenix Invitational
36	Brooklynn HOLTMAN	JR	#25 Central Missouri	0.43	24.20w	(2.6)	3/29/25	SBU Bearcat Invitational
36	Tayen WERNER	FR	#8 U-Mary {4}	0.43	24.20	(0.8)	3/27/25	Yellowjackets Open
39	Grizell SCARLETT	SO	Eastern New Mexico	0.29	24.21	(0.1)	3/22/25	Willie Williams/Dave Murray D
40	Eseose OKODUWA	SR	Converse	0.25	24.22w	(2.2)	3/29/25	SWU GottaRun Invite
41	Janya MOORE	SO	Fayetteville State	0.23	24.23w	(2.7)	3/22/25	Alan Connie Shamrock Invitat
42	Nevaeh WILLIAMS	SO	#3 Azusa Pacific {2}	0.20	24.30	(0.8)	3/29/25	Vince O'Boyle Track and Field
42	Nevaeh LEWIS	FR	Tiffin	0.20	24.30	(0.6)	3/30/25	Tiffelberg Open
44	Jessica JAMES	JR	Cal Poly Pomona	0.15	24.31	(0.9)	2/28/25	RCC Invitational
44	Joy EGWU	JR	Lubbock Christian {2}	0.15	24.31w	(3.3)	3/22/25	West Texas Relays
46	Kennedy COOK	SO	#15 Western Washington	0.10	24.33w	(3.3)	3/8/25	Pacific Lutheran Opener
46	Kori MOORE	FR	#24 Tusculum {3}	0.10	24.33	(-1.1)	3/29/25	Livingstone Blue Bear Invitati
48	Faith WYMAN	SR	Lewis	0.05	24.35	(1.5)	3/29/25	Washington (Mo.) Invitational
48	Liz LANNOM	FR	Lee (Tenn.)	0.05	24.35	(1.6)	3/22/25	Lee Invitational
48	Catherine GUCKENBERGE	SO	#1 Grand Valley State	0.05	24.35	(-0.1)	4/5/25	GVSU Early Meet



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Anna SALISBURY	SR Lubbock Christian	34.34	53.03	3/29/25 Bobcat Invitational (Texas Sta
2	Brianna GREEN	SR #6 Fresno Pacific	30.79	53.77	3/29/25 West Coast Relays
3	Kennedy COOK	SO #15 Western Washington	28.14	54.09	4/5/25 UCSD Triton Invitational
4	Alayna VERNER	SR #3 Azusa Pacific	25.91	54.20	4/5/25 UCSD Triton Invitational
4	Tetiana KHARASHCHUK	FR Harding	25.91	54.20	3/22/25 Ole Miss Classic
6	Bec BENNETT	JR #15 Western Washington {2}	21.81	54.25	3/22/25 Willie Williams/Dave Murray D
7	Sakena MASSIAH	SR #8 U-Mary	19.41	54.45	3/27/25 Yellowjackets Open
8	Sharonda PRIESTER	SO #16 Lenoir-Rhyne	17.31	54.50	4/5/25 High Point VertKlasse Meeting
9	Tayen WERNER	FR #8 U-Mary {2}	15.02	54.65	4/6/25 Al Bortke Open
10	Alexis WHITE	SR #19 Cal State San Bernard	12.99	54.67	3/22/25 Hornet Invitational
10	Rasha BADRANI	JR Cal State San Marcos	12.99	54.67	3/28/25 Mangrum Invitational
12	Lina HANICH	SR Academy of Art	9.77	54.84	4/5/25 Stanford Invitational
13	Addison WASHLER	SO #1 Grand Valley State	8.75	54.85	3/29/25 Bobcat Invitational (Texas Sta
14	Hannah CAIOLA	JR Southern Connecticut	7.71	54.88	4/4/25 UConn Dog Fight
15	Omolara OGUNMAKINJU	SO Harding {2}	6.70	54.89	4/5/25 Bryan Phillips Invitational
16	Jessica JAMES	JR Cal Poly Pomona	5.66	54.92	3/22/25 Jim Bush Legends Invitational
17	Eryn BURKE	SR Vanguard (Calif.)	5.13	54.94	3/22/25 UC Riverside Spring Track Cla
18	Kenahdi HASLIP	SO #6 Fresno Pacific {2}	4.53	55.02	3/22/25 Hornet Invitational
19	Shaniya RANDOLPH	SO #6 Fresno Pacific {3}	3.98	55.07	3/29/25 West Coast Relays
20	Giovana PELASCINI	SO CUI	3.47	55.08	4/5/25 UCSD Triton Invitational
21	Kamani JOHNS	SR Lincoln (Pa.)	2.96	55.10	3/29/25 Livingstone Blue Bear Invitati
22	Nidhi SINGH	SR Midwestern State	2.44	55.13	3/22/25 Wes Kittley Invitational
23	Kereser AUGUSTIN	JR #13 Washburn	1.89	55.20	3/28/25 Emporia State Relays
24	Catherine GUCKENBERGE	SO #1 Grand Valley State {2}	1.36	55.24	3/29/25 Bobcat Invitational (Texas Sta
25	Angelica GOMES	FR Point Loma Nazarene	1.26	55.32	3/22/25 Aztec Invitational
26	Olivia COSBY	SO Winston-Salem State	1.14	55.43	4/5/25 High Point VertKlasse Meeting
27	Berna ZUKINA	JR Edinboro	1.06	55.48	3/29/25 Carnegie Mellon Invitational
28	Kelescia DOWNES	FR #8 U-Mary {3}	1.00	55.49	4/6/25 Al Bortke Open
29	Lacey BOOZER	SR Anderson (S.C.)	0.94	55.51	4/5/25 Electric City Invitational
30	Gabriella APELIAN	FR #8 U-Mary {4}	0.85	55.57	4/6/25 Al Bortke Open
31	Claire NEUMANN	FR #1 Grand Valley State {3}	0.78	55.59	3/29/25 Bobcat Invitational (Texas Sta
32	Jamiya MORGAN	SR #2 Pittsburg State	0.72	55.62	3/28/25 Emporia State Relays
32	Damyja ALEJANDRO-ORTI	JR #16 Lenoir-Rhyne {2}	0.72	55.62	3/29/25 Raleigh Relays
34	Jozlyn ARANA	JR Lubbock Christian {2}	0.61	55.63	3/22/25 West Texas Relays
35	Nathalia ROWE	SR Albany State (Ga.)	0.53	55.67	4/5/25 UWG Legends Invitational
36	Taylor IVORY	SR #22 Findlay	0.48	55.68	4/5/25 Oliver Nikoloff Open
37	Elizabeth FLOREZ	SO Lubbock Christian {3}	0.41	55.70	3/22/25 West Texas Relays
38	Maya CLARK	SO Charleston (W.Va.)	0.33	55.75	4/4/25 Golden Eagle Invitational
39	Tashianna GRAY	SR #24 Tusculum	0.28	55.90	4/5/25 Electric City Invitational
39	Mikiyla ROYAL	FR #6 Fresno Pacific {4}	0.28	55.90	3/29/25 West Coast Relays
41	Josee BEHLING	SR Hillsdale	0.23	55.94	4/5/25 High Point VertKlasse Meeting
42	Olivia ALEXANDRE	SR #3 Azusa Pacific {2}	0.20	55.95	3/29/25 Vince O'Boyle Track and Field
43	Treasure VALLERIE	SO Central Oklahoma	0.18	55.97	3/22/25 Prairie View A&M Relays
44	Mickayla SUTHERLAND	FR McKendree	0.15	56.01	3/22/25 Missouri S&T Miner Invitation
45	Karon WARREN	JR Clark Atlanta	0.13	56.04	3/29/25 Morehouse Relays
46	Reba MADER	JR Fort Hays State	0.10	56.10	4/4/25 Emporia State Midwest Classi
46	Alese SARTAIN	SR #5 Adams State	0.10	56.10c (55.99A)	3/22/25 Dr. Dan Caprioglio Early Bird
48	Sai BROOKINS-FLEMING	SO Central Oklahoma {2}	0.05	56.11	3/22/25 Prairie View A&M Relays
49	Ariana VERA	SR #6 Fresno Pacific {5}	0.03	56.18	3/29/25 West Coast Relays
50	Joy EGWU	JR Lubbock Christian {4}	0.01	56.19c (56.08A)	4/3/25 Masked Rider Outdoor Open



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance		Meet		
1	Rasha BADRANI	JR		Cal State San Marcos	34.92		57.79	4/5/25	UCSD Triton Invitational		
2	Brianna GREEN	SR	#6	Fresno Pacific	32.90		57.80	4/5/25	Stanford Invitational		
3	Olivia ALEXANDRE	SR	#3	Azusa Pacific	28.73		59.18	4/5/25	UCSD Triton Invitational		
4	Kylie RAY	FR	#22	Findlay	26.07		59.61	4/5/25	Oliver Nikoloff Open		
5	Morgan HERTZ	SR	#8	U-Mary	23.76		59.83	3/27/25	Yellowjackets Open		
6	An'Janae LATCHINSON	JR		Tuskegee	21.60		59.99	4/5/25	Doc Anderson Invitational		
7	Nathalia ROWE	SR		Albany State (Ga.)	19.17		1:00.42	3/22/25	Emory Spring Break Classic		
8	Sharonda PRIESTER	SO	#16	Lenoir-Rhyne	17.07		1:00.52	3/29/25	Raleigh Relays		
9	Odeshia NANTON	SO		Lincoln (Mo.)	14.95		1:00.64	3/22/25	Missouri S&T Miner Invitation		
10	Shevanae THOMAS	SR		Lincoln (Mo.)	{2} 12.93		1:00.66	3/29/25	Central Methodist Invitational		
11	Allie MURPHY	JR		Tampa	10.88		1:00.71	3/22/25	South Florida Alumni Invitatio		
12	Temitope ADENUGA	SO	#4	West Texas A&M	9.79		1:00.80	3/22/25	West Texas Relays		
13	Victoria AMIADAMEN	SO	#5	Adams State	8.65		1:00.94c	(1:00.83A) 3/30/25	New Mexico Spring Invitation		
14	Avril MENDOZA	FR	#6	Fresno Pacific	{2} 7.62		1:00.98	2/22/25	Sunbird Invitational		
15	Asana HAMIDU	JR	#4	West Texas A&M	{2} 6.60		1:01.00	3/22/25	West Texas Relays		
16	Hoyane ESPER	JR		Wingate	5.50		1:01.10	3/29/25	Raleigh Relays		
17	Abigael REID	SR		Emporia State	4.97		1:01.13	3/28/25	Emporia State Relays		
18	Sarah MCGARRY	FR		Point Loma Nazarene	4.46		1:01.14	3/8/25	Ben Brown Invitational/Astro		
19	Dounia ROUTBI	JR		Wingate	{2} 3.92		1:01.22	3/29/25	Raleigh Relays		
20	Isabelle FLORES	SR		Belmont Abbey	3.41		1:01.25	3/29/25	Davidson Relays		
21	Mila REAL	SO		Stanislaus State	2.90		1:01.27	3/29/25	West Coast Relays		
21	Jordyn BURKE	SR		Vanguard (Calif.)	2.90		1:01.27	3/22/25	UC Riverside Spring Track Cla		
23	Eboselulu OMOFOMA	FR		Biola (Calif.)	1.82		1:01.44	4/5/25	Stanford Invitational		
24	Allison COMER	SR	#9	Colo. School of Mines	1.30		1:01.48c	(1:01.37A) 3/28/25	Mines Midweek Meet		
24	Kendall TIETJEN	JR		Black Hills State	1.30		1:01.48c	(1:01.37A) 3/29/25	Chuck Haering Classic		
26	Liv HEITE	SO		Alaska Anchorage	1.12		1:01.64	4/5/25	Mike Fanelli Track Classic		
27	Valerie OLSON	SR	#17	Oklahoma Baptist	1.00		1:01.79	4/4/25	John Jacobs Invitational		
28	Zanri BLACK	FR	#22	Findlay	{2} 0.82		1:02.05	4/5/25	Oliver Nikoloff Open		
29	Shackelia GREEN	JR	#7	Angelo State	0.75		1:02.11	3/8/25	Blue & Gold Battle		
30	Layla SIMPSON	JR		Winston-Salem State	0.70		1:02.34	4/5/25	High Point VertKlasse Meeting		
31	Gabrielle MAYE	SO		Johnson C. Smith	0.65		1:02.37	4/5/25	High Point VertKlasse Meeting		
32	Destini DORKINS	JR	#1	Grand Valley State	0.60		1:02.51	3/29/25	Bobcat Invitational (Texas Sta		
33	Ahna LARSON	SR		Northern Michigan	0.55		1:02.56	4/5/25	Ashton May Invitational		
34	Keneisha THOMAS	SO		Wayne State (Mich.)	0.50		1:02.59	3/29/25	Bobcat Invitational (Texas Sta		
35	Molly MORRIS	FR		Tampa	{2} 0.45		1:02.60	3/22/25	South Florida Alumni Invitatio		
36	Nidhi SINGH	SR		Midwestern State	0.40		1:02.62	4/5/25	David Noble Relays		
37	Jessie HEATH	SO		Midwestern State	{2} 0.35		1:02.64	4/5/25	David Noble Relays		
38	Carley HUBER	SR	#12	Central Washington	0.30		1:02.70	4/4/25	Whitworth Peace Meet		
39	Kaylee PRICE	FR	#7	Angelo State	{2} 0.28		1:02.80	3/22/25	Wes Kittley Invitational		
40	Jadyn MULLEN	FR		Roberts Wesleyan	0.25		1:02.83	4/5/25	Embry-Riddle Running Eleme		
41	Haley BRENNY	SR		Seton Hill	0.23		1:02.87	3/29/25	Carnegie Mellon Invitational		
42	Kammi MERRITT	FR		Colorado Mesa	0.20		1:02.90c	(1:02.79A) 4/4/25	Maverick Invitational		
43	Lisa RETAILLEAU	JR		Harding	0.18		1:02.91	3/29/25	Texas Relays		
44	Makenna SULLIVAN	SR		Point Loma Nazarene	{2} 0.15		1:02.92	2/22/25	Rossi Relays		
45	Hannah HANSON	SO		Biola (Calif.)	{2} 0.13		1:02.94	4/5/25	Stanford Invitational		
46	Renea TAYLOR	SR		Northern State	0.10		1:02.96	3/22/25	Alan Connie Shamrock Invitat		
47	Lainey JERNIGAN	FR	#7	Angelo State	{3} 0.08		1:03.00	3/22/25	Wes Kittley Invitational		
48	Bernadette BELZER	SO	#8	U-Mary	{2} 0.05		1:03.04	4/6/25	Al Bortke Open		
49	Belle LINDSEY	SO		Ouachita Baptist	0.03		1:03.10	4/5/25	Joe Walker Invitational		
50	Kate CARTER	FR		Tampa	{3} 0.01		1:03.29	3/22/25	South Florida Alumni Invitatio		
50	Joley SPROUL	SR		Biola (Calif.)	{3} 0.01		1:03.29	3/29/25	Vince O'Boyle Track and Field		
50	Regan FEIT	SR		Winona State	0.01		1:03.29	4/5/25	Ashton May Invitational		
50	Trell'Kyrah WATKINS	JR		Midwestern State	{3} 0.01		1:03.29	4/5/25	David Noble Relays		



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Helen BRAYBROOK	SR	#14 CSU Pueblo	33.61	2:03.45c	(2:04.11A)	3/29/25 Chuck Haering Classic
2	Lina HANICH	SR	Academy of Art	31.50	2:03.60		4/5/25 Stanford Invitational
3	Abigail ABUGIRE	FR	#4 West Texas A&M	28.64	2:04.89		3/29/25 Texas Relays
4	Lieke HOOGSTEN	JR	#5 Adams State	26.60	2:04.95c	(2:05.69A)	3/30/25 New Mexico Spring Invitation
5	Elizabeth ACHESON	SR	#8 U-Mary	24.52	2:05.07c	(2:05.74A)	3/29/25 Chuck Haering Classic
6	Leah KEISLER	JR	#14 CSU Pueblo {2}	22.37	2:05.31c	(2:05.98A)	3/29/25 Chuck Haering Classic
7	Jade AVANCE	JR	#11 Ashland	19.29	2:07.38		4/5/25 Oliver Nikoloff Open
8	Nidhi SINGH	SR	Midwestern State	17.12	2:07.77		3/29/25 Texas Relays
9	Jessica SIMON	SR	#5 Adams State {2}	15.11	2:07.80c	(2:08.56A)	3/30/25 New Mexico Spring Invitation
10	Mia CABRERA	JR	Wingate	13.03	2:07.99		3/29/25 Raleigh Relays
11	Magdalene WILLIAMS JR.	JR	Biola (Calif.)	10.94	2:08.19		4/5/25 Stanford Invitational
12	Ellie FRYE	JR	Dallas Baptist	9.87	2:08.36		4/5/25 Stanford Invitational
13	Arisa HATCHER	JR	Cal Poly Pomona	8.69	2:08.80		4/5/25 Rafer Johnson/Jackie Joyner-
14	Lilly ALBERTS	JR	#1 Grand Valley State	7.65	2:08.88		3/29/25 Raleigh Relays
15	Taylor ROTH	SO	Embry-Riddle (Fla.)	6.52	2:09.35		4/5/25 Embry-Riddle Running Eleme
16	Taylor STONE	SR	Flagler	5.51	2:09.36		3/29/25 Raleigh Relays
17	Grace SOUTHERN	SR	Academy of Art {2}	4.97	2:09.56		4/5/25 Brutus Hamilton Invitational
18	Kendra KRUEGER	SO	Tampa	4.45	2:09.68		4/5/25 Embry-Riddle Running Eleme
19	Claire BRUENING	SR	#2 Pittsburg State	3.85	2:10.13		3/28/25 Washington (Mo.) Distance Ca
20	Hope SIEVERT	SR	#11 Ashland {2}	3.34	2:10.20		4/5/25 Oliver Nikoloff Open
21	Ines MACADAM	SR	Tiffin	2.83	2:10.23		3/29/25 Raleigh Relays
22	Annie WILD	SO	Stanislaus State	2.30	2:10.37		3/29/25 West Coast Relays
23	Klaudia O'MALLEY	SR	#1 Grand Valley State {2}	1.78	2:10.51		3/29/25 Raleigh Relays
24	Jenna RODRIGUEZ	JR	Cal State East Bay	1.27	2:10.54		3/8/25 Oxy Distance Carnival and Spr
25	Michaela ANDREWS	SR	Academy of Art {3}	1.20	2:10.61		4/5/25 Brutus Hamilton Invitational
26	Addison WASHLER	SO	#1 Grand Valley State {3}	1.14	2:10.68		3/29/25 Bobcat Invitational (Texas Sta
27	Brooke MILLER	JR	Colorado Mesa	1.06	2:10.83c	(2:11.53A)	3/29/25 Chuck Haering Classic
28	Megan POSTMA	FR	#1 Grand Valley State {4}	0.95	2:11.13		3/29/25 Raleigh Relays
29	Natalie GRABER	SR	#1 Grand Valley State {5}	0.89	2:11.18		3/29/25 Raleigh Relays
30	Abigail MISCH	JR	Flagler {2}	0.78	2:11.47		3/8/25 Eagle Invitational
31	Mattie WHIPPLE	FR	#6 Fresno Pacific	0.71	2:11.54		3/8/25 Oxy Distance Carnival and Spr
31	Maria MITCHELL	JR	#1 Grand Valley State {6}	0.71	2:11.54		3/29/25 Raleigh Relays
33	Reese DRAGOVICH	SR	Hillsdale	0.58	2:11.72c	(2:12.11A)	3/22/25 Mountaineer First Chance
34	Lydia MCGLOCKLIN	JR	Northwest Missouri	0.51	2:11.83		3/28/25 Emporia State Relays
35	Maggie NEAL	FR	Midwestern State {2}	0.45	2:12.01		3/29/25 Bobcat Invitational (Texas Sta
36	Evie BROOKS	SO	Wingate {2}	0.40	2:12.65		3/29/25 Raleigh Relays
37	Jill THORNING	SO	Nova Southeastern	0.35	2:12.81		4/5/25 Embry-Riddle Running Eleme
38	Mia CROCKER	SR	#15 Western Washington	0.30	2:12.88		3/22/25 Oregon Preview (outdoor)
39	Ella SToudenMIRE	SR	North Georgia	0.28	2:12.99		3/22/25 Yellow Jacket Invitational
40	Claire RETHMAN	JR	Walsh	0.25	2:13.12		3/29/25 Amy Adams Memorial Invitati
41	Alaysia BROOKS	SR	Ursuline	0.23	2:13.19		3/29/25 Raleigh Relays
42	Avary CATCHINGS	JR	#9 Colo. School of Mines	0.20	2:13.37c	(2:14.38A)	3/28/25 Mines Midweek Meet
42	Estella CLEMONS	FR	Lee (Tenn.)	0.20	2:13.37		3/22/25 Lee Invitational
44	Lisa RETAILLEAU	JR	Harding	0.15	2:13.43		3/1/25 Hendrix Invitational
45	Megan CHARLEY	FR	Vanguard (Calif.)	0.13	2:13.56		3/8/25 Oxy Distance Carnival and Spr
46	Rachel HOOPS	FR	Cal State Monterey Ba	0.10	2:13.58		4/5/25 Mike Fanelli Track Classic
47	Addie MATHIS	SR	Truman	0.08	2:13.64		4/5/25 South Dakota Early Bird
48	Katie BEAM	SO	Lee (Tenn.) {2}	0.05	2:13.78		3/22/25 Lee Invitational
49	Theresa BROSTHAUS	SO	Lincoln Memorial	0.03	2:13.79		4/5/25 Electric City Invitational
50	Kamani JOHNS	SR	Lincoln (Pa.)	0.01	2:13.96		4/4/25 Towson Senior Twilight Open
50	Eryn BURKE	SR	Vanguard (Calif.) {2}	0.01	2:13.96		3/29/25 Vince O'Boyle Track and Field



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Ava O'CONNOR	SR #5	Adams State	33.48	4:15.56c (4:20.65A)	4/4/25 Maverick Invitational
2	Klaudia O'MALLEY	SR #1	Grand Valley State	30.55	4:18.43	3/29/25 Raleigh Relays
3	Mia CABRERA	JR	Wingate	27.95	4:20.34	3/29/25 Raleigh Relays
4	Natalie GRABER	SR #1	Grand Valley State {2}	25.77	4:20.92	3/29/25 Raleigh Relays
5	Maggie MCCLESKEY	JR #5	Adams State {2}	23.74	4:21.02c (4:27.13A)	3/30/25 New Mexico Spring Invitation
6	Annie WILD	SO	Stanislaus State	21.63	4:21.36	4/5/25 Stanford Invitational
7	Taylor STONE	SR	Flagler	19.61	4:21.45	3/29/25 Raleigh Relays
8	Jadyn HERRON	JR #14	CSU Pueblo	17.56	4:21.61c (4:27.23A)	3/22/25 Dr. Dan Caprioglio Early Bird
9	Elena CAREY	SR #5	Adams State {3}	15.42	4:22.04c (4:27.26A)	4/4/25 Maverick Invitational
10	Lieke HOOGSTEN	JR #5	Adams State {4}	13.32	4:22.36c (4:27.59A)	4/4/25 Maverick Invitational
11	Grace STRONGMAN	JR #9	Colo. School of Mines	11.22	4:22.68	4/5/25 Stanford Invitational
12	Kate STRADER	SR #2	Pittsburg State	10.10	4:23.12c (4:28.77A)	3/22/25 Dr. Dan Caprioglio Early Bird
13	Evie BROOKS	SO	Wingate {2}	8.97	4:23.79	3/29/25 Raleigh Relays
14	Brianna ROBLES	SR #5	Adams State {5}	7.96	4:23.85c (4:30.02A)	3/30/25 New Mexico Spring Invitation
15	Evyn HUMPHREY	FR	Hillsdale	6.67	4:26.21	3/29/25 Bobcat Invitational (Texas Sta
16	Katie HUGHES	JR #5	Adams State {6}	5.67	4:26.23c (4:31.54A)	4/4/25 Maverick Invitational
17	Maria MITCHELL	JR #1	Grand Valley State {3}	5.10	4:26.90	3/29/25 Raleigh Relays
18	Lina HANICH	SR	Academy of Art	2.59	4:27.00	3/22/25 Hornet Invitational
19	Jori PARADIS	SR	CUI	4.08	4:27.13	4/5/25 Stanford Invitational
20	Grace SOUTHERN	SR	Academy of Art {2}	3.50	4:27.92	4/5/25 Stanford Invitational
21	Lily HARE	SR	Lee (Tenn.)	2.91	4:28.77	3/29/25 Raleigh Relays
22	Claire RETHMAN	JR	Walsh	2.41	4:28.84	4/5/25 Oliver Nikoloff Open
23	Estella CLEMONS	FR	Lee (Tenn.) {2}	1.89	4:29.03	3/29/25 Raleigh Relays
24	Olivia ALEXANDRE	SR #3	Azusa Pacific	1.27	4:30.22	2/28/25 RCC Invitational
25	Fiona HAWKINS	SR #5	Adams State {7}	1.19	4:30.48c (4:35.87A)	4/4/25 Maverick Invitational
26	Lexy HENRIKSON	SR	Truman	1.13	4:30.64	3/28/25 Washington (Mo.) Distance Ca
27	Margot THOMAS	SR #14	CSU Pueblo {2}	1.05	4:30.93c (4:36.75A)	3/22/25 Dr. Dan Caprioglio Early Bird
28	Addie MATHIS	SR	Truman {2}	0.99	4:30.97	3/28/25 Washington (Mo.) Distance Ca
29	Vivian MARTINEZ	SO	Cal Poly Pomona	0.94	4:31.05	4/5/25 Rafer Johnson/Jackie Joyner-
30	Emily SCHOELLKOPF	SR #5	Adams State {8}	0.83	4:31.59c (4:37.95A)	3/30/25 New Mexico Spring Invitation
31	Ines MACADAM	SR	Tiffin	0.78	4:31.62	3/29/25 Raleigh Relays
32	Jill THORNING	SO	Nova Southeastern	0.71	4:31.80	2/28/25 Nova Southeastern Invitation
33	Bethany MAPES	JR	Biola (Calif.)	0.64	4:32.05	4/5/25 Mike Fanelli Track Classic
34	Brooke MILLER	JR	Colorado Mesa	0.55	4:32.43c (4:38.28A)	3/22/25 Dr. Dan Caprioglio Early Bird
35	Artana NICE	FR	Cal Poly Humboldt	0.50	4:32.48	4/5/25 Mike Fanelli Track Classic
36	Crystal HERNANDEZ	SO	Stanislaus State {2}	0.43	4:32.60	4/5/25 Mike Fanelli Track Classic
37	Emily WALSH	SR	Cedarville	0.35	4:33.30	3/30/25 Yellow Jacket Collegiate Ope
38	Mattie WHIPPLE	FR #6	Fresno Pacific	0.30	4:33.37	4/5/25 Mike Fanelli Track Classic
39	Megan HODGES	JR	Colorado Mesa {2}	0.28	4:33.48c (4:39.36A)	3/29/25 Chuck Haering Classic
40	Sienna BIANCHI	SO	Chico State	0.25	4:33.84	4/5/25 Mike Fanelli Track Classic
41	Taylor BENOIT	JR	Mississippi College	0.23	4:33.91	4/5/25 Joe Walker Invitational
41	Jessina MORALES	SR	Vanguard (Calif.)	0.23	4:33.91	3/15/25 Ross and Sharon Irwin Collegi
41	Cara NEWMAN	FR #1	Grand Valley State {4}	0.23	4:33.91	4/5/25 GVSU Early Meet
44	Megan GARRETT	SO #5	Adams State {9}	0.15	4:34.04c (4:40.45A)	3/30/25 New Mexico Spring Invitation
45	Jessica KAMPMAN	SR #3	Azusa Pacific {2}	0.13	4:34.20	3/8/25 Beach Opener
46	Lauren TWYMAN	JR	Davis and Elkins	0.10	4:34.22	4/5/25 Colonial Relays
47	Anna KOZAK	SR	Lewis	0.08	4:34.25	3/28/25 Washington (Mo.) Distance Ca
48	Haley HARKRIDER	SO #5	Adams State {10}	0.05	4:34.45c (4:40.87A)	3/30/25 New Mexico Spring Invitation
49	Beth SYKES	JR	Charleston (W.Va.)	0.03	4:34.51	3/29/25 Raleigh Relays
50	Kate BARANSKI	SR	Vanguard (Calif.) {2}	0.01	4:34.68	3/15/25 Ross and Sharon Irwin Collegi



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Eliette CHAPUT	JR	#4 West Texas A&M	33.89	10:14.50	3/29/25 Texas Relays
2	Anna IGIMS	SR	Slippery Rock	31.29	10:19.02	3/29/25 Raleigh Relays
3	Ila DAVIS	SR	#15 Western Washington	29.04	10:20.91	4/5/25 Stanford Invitational
4	Emily LAMENA	FR	#9 Colo. School of Mines	26.95	10:21.58	4/5/25 Stanford Invitational
5	Margaux BASART	JR	#9 Colo. School of Mines {2}	24.10	10:28.71	4/5/25 Stanford Invitational
6	Rachel RICHTMAN	SR	#23 UC-Colorado Springs	21.63	10:34.17	4/5/25 Stanford Invitational
7	Maya EWING	JR	Seattle Pacific	19.51	10:35.63	4/5/25 Stanford Invitational
8	Jessica KAMPMAN	SR	#3 Azusa Pacific	17.50	10:35.65	4/5/25 Stanford Invitational
9	Eve WEBER	SR	#13 Washburn	14.97	10:42.08	3/28/25 Washington (Mo.) Distance Ca
10	Emily MCBRIDE	SR	Augusta	12.81	10:45.74	3/29/25 Raleigh Relays
11	Ashley REECK	JR	#15 Western Washington {2}	10.79	10:46.37	4/5/25 Stanford Invitational
12	Emily SCHOELLKOPF	SR	#5 Adams State	9.73	10:47.79c (11:02.32A)	4/4/25 Maverick Invitational
13	Kate NACHTIGAL	JR	Ouachita Baptist	8.68	10:48.83	3/20/25 Ouachita Invitational
14	Johanna EBERT	FR	UW-Parkside	7.62	10:50.48	3/28/25 Washington (Mo.) Distance Ca
15	Miranda PALACIOS	FR	Cal Poly Pomona	6.58	10:51.31	3/8/25 Beach Opener
16	Ella BARYO	SR	Davenport (Mich.)	5.55	10:52.14	3/28/25 Washington (Mo.) Distance Ca
17	Josie PARKS	JR	Harding	5.02	10:52.71	3/29/25 Texas Relays
18	Elie BASSETT	JR	#15 Western Washington {3}	4.48	10:53.69	4/5/25 Mike Fanelli Track Classic
19	Elise KNIGHT	JR	Ouachita Baptist {2}	3.95	10:54.65	4/5/25 Joe Walker Invitational
20	Jaina KANG	FR	Biola (Calif.)	3.44	10:54.84	4/5/25 Mike Fanelli Track Classic
21	Daisy SALINAS	SR	SF State	2.92	10:55.33	4/5/25 Mike Fanelli Track Classic
22	Marissa DICK	SR	#2 Pittsburg State	2.41	10:55.52	3/28/25 Washington (Mo.) Distance Ca
23	Whitney FARRELL	JR	Ferris State	1.82	10:57.68	3/28/25 Washington (Mo.) Distance Ca
24	Camille RENOU	SR	#14 CSU Pueblo	1.26	10:59.17c (11:13.96A)	4/4/25 Maverick Invitational
25	Marie GARET	FR	#5 Adams State {2}	1.21	10:59.22c (11:14.01A)	4/4/25 Maverick Invitational
26	Jayda NIX	SO	Western Colorado	1.11	11:00.42c (11:15.23A)	4/4/25 Maverick Invitational
27	Ashlyn ILIFF	SR	Lee (Tenn.)	0.99	11:02.37	3/29/25 Raleigh Relays
28	Jordyn HOPGOOD	JR	#1 Grand Valley State	0.92	11:02.73	3/29/25 Raleigh Relays
29	Firdaouss HRICHE	FR	Wingate	0.87	11:02.78	4/5/25 High Point VertKlasse Meeting
29	Haley HARKRIDER	SO	#5 Adams State {3}	0.87	11:02.78c (11:17.65A)	4/4/25 Maverick Invitational
31	Galilea JIMENEZ	SO	Cal Poly Pomona {2}	0.73	11:03.80	3/28/25 Mangrum Invitational
32	Laura HALSELL	JR	#15 Western Washington {4}	0.60	11:06.13	4/5/25 Mike Fanelli Track Classic
33	Olivia BESCHORNER	FR	Chico State	0.55	11:07.21	4/5/25 Mike Fanelli Track Classic
34	Molly BREUER	JR	#23 UC-Colorado Springs {2}	0.50	11:07.35	4/5/25 Stanford Invitational
35	Macie CASH	SR	Ouachita Baptist {3}	0.45	11:07.99	3/29/25 Texas Relays
36	Audrey BRUNKEN	SO	#23 UC-Colorado Springs {3}	0.40	11:08.29c (11:24.55A)	3/22/25 Dr. Dan Caprioglio Early Bird
37	Claudia VERA	JR	CUI	0.35	11:08.56	3/28/25 Mangrum Invitational
38	Avery STANLEY	JR	Arkansas Tech	0.30	11:08.65	4/5/25 Bryan Phillips Invitational
39	Ella VOIT	FR	Winona State	0.28	11:09.01	4/5/25 Ashton May Invitational
40	Mary BROWN	SR	#7 Angelo State	0.25	11:12.33	4/5/25 David Noble Relays
41	Shirley WEAVER	FR	Colorado Mesa	0.23	11:13.64c (11:28.75A)	4/4/25 Maverick Invitational
42	Isabela MORENO	SR	Stanislaus State	0.20	11:14.10	4/5/25 Mike Fanelli Track Classic
43	Haley WOOD	SR	Western Colorado {2}	0.18	11:14.14c (11:30.54A)	3/29/25 Chuck Haering Classic
44	Evie BOYD	JR	Black Hills State	0.15	11:14.45c (11:24.39A)	4/6/25 Scott Walkinshaw Open/Multi
45	Lia MARKERT	SR	Point Loma Nazarene	0.13	11:15.48	3/22/25 Aztec Invitational
46	Selin TASDEMIR	JR	Simon Fraser	0.10	11:16.19	4/5/25 Stanford Invitational
47	Jordan DENNERT	SO	#19 Cal State San Bernard	0.08	11:18.54	3/28/25 Mangrum Invitational
48	Olivia WEIDER	JR	Lubbock Christian	0.05	11:18.75	3/29/25 Bobcat Invitational (Texas Sta
49	Taylor HOPKINS	JR	Wayne State (Mich.)	0.03	11:20.99	4/5/25 Golden Grizzly Invite
50	Abigail HUNDLEY	JR	Westmont (Calif.)	0.01	11:21.27	3/28/25 Mangrum Invitational



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Annika ESVELT	SR	Seattle Pacific	34.64		15:56.94	4/5/25 Stanford Invitational
2	Paige MULLEN	SO	#2 Pittsburg State	31.19		16:11.62	3/28/25 Washington (Mo.) Distance Ca
3	Sarah KOOMSON	SO	#4 West Texas A&M	28.63		16:17.42	3/29/25 Raleigh Relays
4	Naomi ADDO	FR	#4 West Texas A&M {2}	26.38		16:20.01	3/29/25 Raleigh Relays
5	Anna FAUSKE	SR	#23 UC-Colorado Springs	24.25		16:21.36c (16:47.05A)	3/29/25 Chuck Haering Classic
6	Kalkidan VINCEDEAU	SR	#4 West Texas A&M {3}	21.90		16:25.06	3/29/25 Texas Relays
7	Della MOLINA	SO	Chico State	19.34		16:32.76	3/22/25 Hornet Invitational
8	Bethany MAPES	JR	Biola (Calif.)	17.09		16:36.68	4/5/25 Mike Fanelli Track Classic
9	Allison KUZMA	FR	Hillsdale	14.88		16:40.09	3/29/25 Texas Relays
10	Ella BAKKEN	SR	Augustana (S.D.)	12.80		16:41.44	3/28/25 Washington (Mo.) Distance Ca
11	Alexis HERR	JR	#9 Colo. School of Mines	10.76		16:42.08	4/5/25 Mike Fanelli Track Classic
12	Jessica KAMPMAN	SR	#3 Azusa Pacific	9.69		16:43.15	3/21/25 Bob Larsen Distance Carnival
13	Ana Patricia CAMPOS	SR	Lee (Tenn.)	8.68		16:43.40	3/22/25 Lee Invitational
14	Callen NASH	SO	#9 Colo. School of Mines {2}	7.62		16:44.41	4/5/25 Mike Fanelli Track Classic
15	Madeline REEVES	JR	Point Loma Nazarene	6.61		16:44.46	3/22/25 Aztec Invitational
16	Iresh MOLINA	SO	Chico State {2}	5.61		16:44.55	3/22/25 Hornet Invitational
17	Abbi STEINER	SO	UW-Parkside	5.11		16:44.58	3/28/25 Washington (Mo.) Distance Ca
18	Sarah MAY	SR	Lewis	4.57		16:45.10	3/28/25 Washington (Mo.) Distance Ca
19	Alyssa BECKER	SR	#8 U-Mary	3.91		16:48.94c (17:15.35A)	3/29/25 Chuck Haering Classic
20	Margot THOMAS	SR	#14 CSU Pueblo	3.39		16:49.55c (17:15.98A)	3/29/25 Chuck Haering Classic
21	Vivian MARTINEZ	SO	Cal Poly Pomona	2.86		16:50.36	3/21/25 Bob Larsen Distance Carnival
22	Lesli SALAS	SO	Dallas Baptist	2.33		16:51.60	4/5/25 Mike Fanelli Track Classic
23	Katie HUGHES	JR	#5 Adams State	1.81		16:52.08c (17:16.53A)	4/4/25 Maverick Invitational
24	Hannah GIBSON	SO	#2 Pittsburg State {2}	1.31		16:52.18	3/28/25 Washington (Mo.) Distance Ca
25	Lily HARE	SR	Lee (Tenn.) {2}	1.25		16:52.59	3/22/25 Lee Invitational
26	Taylor WHITFIELD	JR	CUI	1.13		16:54.63	3/8/25 Ben Brown Invitational/Astro
27	Jadyn HERRON	JR	#14 CSU Pueblo {2}	1.07		16:54.95c (17:19.47A)	4/4/25 Maverick Invitational
28	Alliyah MOLINA	JR	Fort Lewis	1.01		16:55.51c (17:20.04A)	4/4/25 Maverick Invitational
29	Emma MUSSANTE	SR	Florida Southern	0.91		16:57.11	2/22/25 Tampa Spartans Open
30	Gretchen SLATTUM	SR	Western Colorado	0.82		16:58.42c (17:23.02A)	4/4/25 Maverick Invitational
31	Jade KINGSTON	FR	Cal Poly Pomona {2}	0.76		16:58.63	3/21/25 Bob Larsen Distance Carnival
32	Kate GUDERJAN	JR	Lewis {2}	0.71		16:58.86	3/28/25 Washington (Mo.) Distance Ca
33	Olivia HARP	SR	Tampa	0.63		16:59.83	3/28/25 Washington (Mo.) Distance Ca
34	Madison CLAY	JR	Catawba	0.54		17:01.13	3/22/25 49er Classic
35	Firdaouss HRICHE	FR	Wingate	0.48		17:01.45	3/29/25 Raleigh Relays
36	Maggie O'MALLEY	JR	#1 Grand Valley State	0.42		17:01.58	3/29/25 Raleigh Relays
37	Maya EWING	JR	Seattle Pacific {2}	0.36		17:02.09	3/22/25 Oregon Preview (outdoor)
38	Campbell CALDWELL	JR	Tampa {2}	0.31		17:02.13	2/22/25 Tampa Spartans Open
39	Kylie ANDERSON	JR	Winona State	0.28		17:02.31	3/28/25 Washington (Mo.) Distance Ca
40	Jill THORNING	SO	Nova Southeastern	0.25		17:02.84	2/22/25 Tampa Spartans Open
41	Claire RETHMAN	JR	Walsh	0.23		17:03.06	3/22/25 Stark County Challenge (Mou
42	Abigail VANDERKOOI	SO	#1 Grand Valley State {2}	0.20		17:03.32	4/5/25 GVSU Early Meet
43	Grace BURRELL	JR	Wingate {2}	0.18		17:03.77	3/29/25 Raleigh Relays
44	Kyla POTRATZ	SO	Western Oregon	0.15		17:04.29	3/22/25 Oregon Preview (outdoor)
45	Jacqueline SANCHEZ	SO	Stanislaus State	0.13		17:04.82	4/5/25 Mike Fanelli Track Classic
46	Grace SOUTHERN	SR	Academy of Art	0.10		17:06.09	3/22/25 Hornet Invitational
47	Mary EDWARDS	SO	Lewis {3}	0.08		17:06.51	3/28/25 Washington (Mo.) Distance Ca
48	Jori PARADIS	SR	CUI {2}	0.05		17:08.79	3/8/25 Oxy Distance Carnival and Spr
49	Kinley KITE	FR	Oklahoma Christian	0.03		17:12.82	4/4/25 John Jacobs Invitational
50	Sylvia BROWN	SR	Black Hills State	0.01		17:13.12c (17:29.66A)	4/6/25 Scott Walkinshaw Open/Multi



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#9 Colo. School of Mines	34.66		32:31.16	3/29/25 Sound Running: "The Ten"
2	Brianna ROBLES	SR	#5 Adams State	32.00		32:50.18	4/5/25 Stanford Invitational
3	Anna FAUSKE	SR	#23 UC-Colorado Springs	28.91		33:22.66	4/5/25 Stanford Invitational
4	Hannah SMRCKA	SR	Lewis	26.38		33:38.71	3/28/25 Washington (Mo.) Distance Ca
5	Iresh MOLINA	SO	Chico State	23.68		34:08.97	4/5/25 Stanford Invitational
6	Della MOLINA	SO	Chico State {2}	21.66		34:09.93	4/5/25 Stanford Invitational
7	Ana Patricia CAMPOS	SR	Lee (Tenn.)	19.33		34:25.64	3/29/25 Raleigh Relays
8	Madeline REEVES	JR	Point Loma Nazarene	17.26		34:28.75	4/5/25 Stanford Invitational
9	Maddie MILLER	JR	Illinois-Springfield	15.25		34:29.52	3/28/25 Washington (Mo.) Distance Ca
10	Sophia STRANGE	SR	#17 Oklahoma Baptist	13.16		34:33.68	3/28/25 Washington (Mo.) Distance Ca
11	Elise LEVEEL	SR	#4 West Texas A&M	10.92		34:45.06	3/29/25 Raleigh Relays
12	Reagan JUSTICE	SR	Wayne State (Mich.)	9.80		34:52.00	3/28/25 Washington (Mo.) Distance Ca
13	Lynette RUIZ	SR	Biola (Calif.)	8.74		34:57.53	4/5/25 Stanford Invitational
14	Anastasia TUCKER	SR	#1 Grand Valley State	7.73		34:59.07	3/29/25 Raleigh Relays
15	Madison CLAY	JR	Catawba	6.69		35:02.98	3/29/25 Raleigh Relays
16	Naylah ALLEN	SR	Lewis {2}	5.64		35:07.60	3/28/25 Washington (Mo.) Distance Ca
17	Kseniya NIKANOROV	JR	#23 UC-Colorado Springs {2}	5.07		35:14.34	4/5/25 Stanford Invitational
18	Campbell CALDWELL	JR	Tampa	4.46		35:25.31	3/28/25 Washington (Mo.) Distance Ca
19	Laila ABOUZAIID	SR	Wingate	3.94		35:27.48	3/29/25 Raleigh Relays
20	Alliyah MOLINA	JR	Fort Lewis	3.36		35:34.64c (36:41.09A)	3/22/25 Dr. Dan Caprioglio Early Bird
21	Julie LAFARE	JR	#4 West Texas A&M {2}	2.86		35:34.98	3/29/25 Raleigh Relays
22	Madilyn CALLOWAY	JR	Lewis {3}	2.29		35:42.47	3/28/25 Washington (Mo.) Distance Ca
23	Josephine BOBER	SR	Lewis {4}	1.75		35:45.64	3/28/25 Washington (Mo.) Distance Ca
24	Kelsi HART	FR	Cal State San Marcos	1.21		35:49.82	3/8/25 Oxy Distance Carnival and Spr
25	Emma MUSSANTE	SR	Florida Southern	1.06		36:00.69	3/28/25 Washington (Mo.) Distance Ca
26	Kennedy ROUSH	SO	Anderson (S.C.)	1.00		36:00.96	3/29/25 Raleigh Relays
27	Ivanova YANES	JR	#18 Texas A&M-Kingsville	0.87		36:09.64	3/29/25 Texas Relays
28	Lexi MAUL	JR	#4 West Texas A&M {3}	0.80		36:16.03	3/29/25 Texas Relays
29	Mollie SCOTT	SR	Wingate {2}	0.75		36:19.71	3/22/25 49er Classic
30	Makenzie KORDIC	FR	Stanislaus State	0.70		36:22.91	4/5/25 Mike Fanelli Track Classic
31	Cassandra O'CONNOR	SO	Point Park (Pa.)	0.65		36:28.72	3/22/25 49er Classic
32	Marissa BRUNO	SO	MSU Denver	0.60		36:30.33c (37:38.51A)	3/22/25 Dr. Dan Caprioglio Early Bird
33	Tea GEARY	SO	Wingate {3}	0.55		36:31.15	3/22/25 49er Classic
34	Mackenzie DAVIS	SR	Ouachita Baptist	0.50		36:38.24	3/20/25 Ouachita Invitational
35	Hannah CAUDILL	SO	Catawba {2}	0.45		36:41.30	3/29/25 Raleigh Relays
36	Angela MCMANUS	JR	Cal State San Marcos {2}	0.40		36:43.33	3/8/25 Oxy Distance Carnival and Spr
37	Sarah RENBERG	JR	#14 CSU Pueblo	0.35		36:47.53c (37:56.25A)	3/22/25 Dr. Dan Caprioglio Early Bird
38	Emma BERG	JR	Western Colorado	0.30		36:52.66c (38:01.54A)	3/22/25 Dr. Dan Caprioglio Early Bird
39	Aislin TAYLOR	JR	Biola (Calif.) {2}	0.28		36:55.41	4/5/25 Mike Fanelli Track Classic
40	Megan MALLOY	SO	Chico State {3}	0.25		36:57.32	4/5/25 Mike Fanelli Track Classic
41	Emma SMITH	SR	#15 Western Washington	0.23		36:58.80	3/1/25 Ed Boitano Invitational
42	Kaleigh INNISS	JR	Illinois-Springfield {2}	0.20		37:00.25	3/28/25 Washington (Mo.) Distance Ca
43	Morgan ERLER	JR	Northwest Nazarene	0.18		37:02.40	3/1/25 Linfield Erik Anderson Icebrea
44	Gretchen SLATTUM	SR	Western Colorado {2}	0.15		37:03.27c (38:12.48A)	3/22/25 Dr. Dan Caprioglio Early Bird
45	Lacey KUNZ	JR	Western Colorado {3}	0.13		37:03.58c (38:12.80A)	3/22/25 Dr. Dan Caprioglio Early Bird
46	Cedar GORDON	SR	Michigan Tech	0.10		37:06.07	3/28/25 Washington (Mo.) Distance Ca
47	Mya STAM	SR	Florida Southern {2}	0.08		37:08.78	3/28/25 Washington (Mo.) Distance Ca
48	Allison HYLKEMA	JR	Ouachita Baptist {2}	0.05		37:17.47	3/20/25 Ouachita Invitational
49	Ashley SOSA	SR	Converse	0.03		37:21.33	3/22/25 49er Classic
50	Sofia VASQUEZ	JR	#3 Azusa Pacific	0.01		37:21.61	4/5/25 UCSD Triton Invitational



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	#24 Tusculum	33.34	44.91	3/29/25	Livingstone Blue Bear Invitati
2	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#10 Southwest Baptist	31.03	45.00	3/29/25	SBU Bearcat Invitational
3	Leah Smith, Taylor Ivory, Jordan Taylor, Kylie RAY	#22 Findlay	28.90	45.04	4/5/25	Oliver Nikoloff Open
4	Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall	#2 Pittsburg State	26.80	45.07	3/28/25	Emporia State Relays
5	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#12 Central Washington	24.54	45.15	3/29/25	Bobcat Invitational (Texas Sta
6	Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera	#6 Fresno Pacific	22.24	45.24	3/1/25	Kim Duyst Invitational
7	Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt	#19 Cal State San Bernard	20.17	45.26	3/22/25	Hornet Invitational
8	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#3 Azusa Pacific	17.78	45.38	4/5/25	UCSD Triton Invitational
9	Ashley Barrett, Rujeko Munetsi, Kacian Powell, Patreece Clarke	New Mexico Highland	15.45	45.48c (45.36A)	4/3/25	Masked Rider Outdoor Open
10	Gabriella Apelian, Tionce Walrond, Tayen Werner, Laila Cleare	#8 U-Mary	13.07	45.65	4/6/25	Al Bortke Open
11	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#11 Ashland	10.83	45.76	4/5/25	Oliver Nikoloff Open
12	Dasia Gilyard, Cadence Cray, Tanyiah Kelley, Jeniya Lawrence	Albany State (Ga.)	9.70	45.82	4/5/25	UWG Legends Invitational
13	Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz	#1 Grand Valley State	8.65	45.85	3/29/25	Bobcat Invitational (Texas Sta
14	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	CUI	7.60	45.89	4/5/25	UCSD Triton Invitational
15	Serenity Burnett-Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	Colorado Mesa	6.58	45.91c (45.79A)	4/4/25	Maverick Invitiational
16	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#13 Washburn	5.49	45.99	3/28/25	Emporia State Relays
17	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#4 West Texas A&M	4.98	46.00	3/29/25	Texas Relays
18	Trinity Moseby, Ta'Ahjah Fann, Jessica James, Hannah Luster	Cal Poly Pomona	4.46	46.02	3/28/25	Mangrum Invitational
19	Makayla Myers, Sarai Brown, Chloe Davis, Emoni Owens	Maryville (Mo.)	3.79	46.18	3/29/25	SBU Bearcat Invitational
20	Victoria Farinas, Zane Bullock, Danaya Kinnard, Madissyn Moore	#23 UC-Colorado Springs	3.28	46.19c (46.07A)	3/22/25	Dr. Dan Caprioglio Early Bird



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

21	LaSira Nicholson, Futoria Harris, Heaven Roberts, Haniyyah Johnson	Mount Olive	2.76	46.21	3/22/25	Alan Connie Shamrock Invitat
22	Deja Hines, Summer Sutherlin, Keziah Mickler, Jordyn Dortch	Alabama-Huntsville	2.25	46.22	3/29/25	UAB Spring Time Invite
23	Sharonda Priester, Damyj Alejandro-ortiz, Molly McGrath, Zanetta Udo-Obong	#16 Lenoir-Rhyne	1.74	46.23	3/29/25	Raleigh Relays
24	Asia Foster, Delaney Riekert, Deja Rose, Olivia Tate	#17 Oklahoma Baptist	1.23	46.24	3/29/25	Oklahoma Baptist Invitational
24	#Type!	Limestone	1.23	46.24	4/5/25	Electric City Invitational
26	Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey	Lincoln (Mo.)	0.99	46.37	3/29/25	Central Methodist Invitational
27	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	Eastern New Mexico	0.88	46.43	3/22/25	Willie Williams/Dave Murray D
28	Candace Morris, Zoe Lede Antiya McAlister, Jaime Preston	West Virginia State	0.80	46.46	4/5/25	High Point VertKlasse Meeting
29	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	Vanguard (Calif.)	0.75	46.59	3/22/25	UC Riverside Spring Track Cla
30	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	Winston-Salem State	0.70	46.60	3/29/25	Livingstone Blue Bear Invitati
31	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	Lubbock Christian	0.65	46.67c	(46.55A) 4/3/25	Masked Rider Outdoor Open
32	Maricia Spence, Shackelia Green, Aliyah Harrison, Kylie Frush	#7 Angelo State	0.60	46.71	3/22/25	Wes Kittley Invitational
32	Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee	Shorter	0.60	46.71	4/5/25	UWG Legends Invitational
34	Rebecca Cravedi, Faith Wyman, Katerina Kakaelaki, Denise Hernandez	Lewis	0.50	46.72	3/22/25	Missouri S&T Miner Invitation
35	Corinne Thorpe, Karissa Nixon, Jessie Heath, Hailee Janzen	Midwestern State	0.45	46.73	3/22/25	Wes Kittley Invitational
36	Lara Castano, Margaux Shelton, Hayat Abdeselam, Diaman Lee	Wingate	0.40	46.82	4/5/25	High Point VertKlasse Meeting
37	Kamille Cunningham, Triniti Muldrow-Green, Jermyra Bethel, Eeseose Okoduwa	Converse	0.35	46.84	3/29/25	SWU GottaRun Invite
38	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	Fayetteville State	0.30	46.98	3/22/25	Alan Connie Shamrock Invitat
39	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	Academy of Art	0.28	47.03	3/8/25	Cal Opener
40	Enith Maysonet Rivera, Briannyx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez	UPR Rio Piedras	0.25	47.08	2/22/25	1ra Clasificatoria LAI



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

41	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	Slippery Rock	0.23	47.12	4/5/25	Dave Labor Slippery Rock Invi
41	Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi	Catawba	0.23	47.12	3/22/25	49er Classic
43	Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs	Clafin	0.18	47.14	3/22/25	UCF Black and Gold Invite
44	Patrice Mansfield, Kisha Francois, Megan Swan, Avery Winters	Southern Connecticut	0.15	47.15	4/4/25	UConn Dog Fight
45	Elyse Miller, Avery Wilson, Hanne Bastiaansen, Rachel Overgaard	Wayne State (Mich.)	0.13	47.16	3/29/25	Bobcat Invitational (Texas Sta
46	Madi Simmers, Lily Gomez Angelica Gomes, Blanca Granados	Point Loma Nazarene	0.10	47.19	3/22/25	Aztec Invitational
46	Nevaeh Coffey, Jazmin Barry, Desiree Loyd, Shavante Roberts	MSU Moorhead	0.10	47.19	4/6/25	Al Bortke Open
48	Morgan Graham, Jayla Kennedy, Mariah Young, Anniyah Williams	Clark Atlanta	0.05	47.20	3/29/25	Morehouse Relays
49	Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis	West Alabama	0.03	47.22	4/5/25	UWG Legends Invitational
50	Hannah Polkinghorn, Kennedy Cook, Annabelle Heiman, Caitlyn Cheney	#15 Western Washington	0.01	47.33	4/5/25	UCSD Triton Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#10 Southwest Baptist	33.78	3:39.04	3/29/25 SBU Bearcat Invitational
2	Asana Hamidu, Peace Nwaelehia, Abigail Abugire, Blessing Akintoye	#4 West Texas A&M	31.74	3:39.12	3/29/25 Texas Relays
3	Sariyah Copeland, Briann Green, Shaniya Randolph, Kenahdi Haslip	#6 Fresno Pacific	29.53	3:39.47	4/5/25 Stanford Invitational
4	Abigail Brooks, Shevanae Thomas, Odeshia Nanton, Shantae George	Lincoln (Mo.)	26.31	3:41.57	3/29/25 Central Methodist Invitational
5	Prishencia Nnoham, Coryssa Hope, Amari Weatherford, Alexis White	#19 Cal State San Bernard	24.14	3:41.95	3/22/25 Hornet Invitational
6	Elizabeth Florez, Joy Egwu, Anne-Lie Waite, Anna Salisbury	Lubbock Christian	22.02	3:42.24	3/29/25 Bobcat Invitational (Texas Sta
7	Trinity Miller, Kiayra Holmes, Olivia Alexandre, Alayna Verner	#3 Azusa Pacific	19.69	3:43.11	3/29/25 Vince O'Boyle Track and Field
8	Sharonda Priester, Jani Day, Mathilde Etienne, Damyja Alejandro-ortiz	#16 Lenoir-Rhyne	17.59	3:43.37	3/29/25 Raleigh Relays
9	Isila Apkup, Victoria Amiadamen, Alese Sartain, Jessica Simon	#5 Adams State	15.57	3:43.43c (3:42.99A)	3/30/25 New Mexico Spring Invitation
10	Jessie Heath, Trell'Kyrah Watkins, Maggie Neal, Nidhi Singh	Midwestern State	13.17	3:44.47	3/29/25 Texas Relays
11	Lisa Retailleau, Tetiana Kharashchuk, Jayden Bowman, Omolara Ogunmakinju	Harding	11.11	3:44.64	3/29/25 Texas Relays
12	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#1 Grand Valley State	9.85	3:45.32	3/29/25 Texas Relays
13	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#11 Ashland	8.58	3:46.47	4/5/25 Oliver Nikoloff Open
14	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	Wingate	7.55	3:46.64	3/29/25 Raleigh Relays
15	Deja Hines, Summer Sutherlin, Grace Hampel, Jordyn Dortch	Alabama-Huntsville	6.52	3:46.79	3/29/25 UAB Spring Time Invite
16	Avery Winters, Hannah Caiola, Megan Swan, Kisha Francois	Southern Connecticut	5.42	3:47.30	4/4/25 UConn Dog Fight
17	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	Academy of Art	4.91	3:47.36	3/22/25 Hornet Invitational
18	Sai Brookins-Fleming, Kerrigan Huynh, Deriyah Lee, Treasure Vallerie	Central Oklahoma	4.37	3:47.61	3/29/25 Texas Relays
18	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	Cal Poly Pomona	4.37	3:47.61	3/22/25 Jim Bush Legends Invitational
20	Gabrielle Dunich, Jadyn Herron, Leah Keisler, Helen Braybrook	#14 CSU Pueblo	3.32	3:47.83c (3:47.39A)	3/29/25 Chuck Haering Classic



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

21	Ashley Barrett, Rujeko Munetsi, Amoya Jameison, Kacian Powell	New Mexico Highland	2.80	3:47.98c	(3:47.54A)	4/3/25	Masked Rider Outdoor Open
22	Simone Kelly, Daijion Lee, Layla Simpson, Olivia Cosby	Winston-Salem State	2.26	3:48.17		4/5/25	High Point VertKlasse Meeting
23	Jordyn Burke, Eryn Burke, Elizabeth Betten, Brooke Dalgity	Vanguard (Calif.)	1.71	3:48.45		4/5/25	Stanford Invitational
24	Donna Marie Harris, Elise Hopper, Carley Huber, Ashlyn Nielsen	#12 Central Washington	1.20	3:48.53		3/29/25	Bobcat Invitational (Texas Sta
25	Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	Cal State San Marcos	0.95	3:49.77		3/28/25	Mangrum Invitational
26	Mary Ellis, Taylor Ivory, Helen Unger, Zanri Black	#22 Findlay	0.90	3:50.25		4/5/25	Oliver Nikoloff Open
27	Giovana Pelascini, Ruby Bishop, Riley Norris, Anna Tucker	CUI	0.85	3:50.34		4/5/25	UCSD Triton Invitational
28	Nathalia Rowe, Dasia Gilyard, Cadence Cray, Kennedy Simmons	Albany State (Ga.)	0.80	3:51.00		3/29/25	Morehouse Relays
29	Makenna Sullivan, Sarah McGarry, Angelica Gomes, Blanca Granados	Point Loma Nazarene	0.75	3:51.09		3/15/25	Ross and Sharon Irwin Collegi
30	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush	#7 Angelo State	0.70	3:51.23		3/29/25	Texas Relays
31	Haley Brenny, Nemani Moon, Artemis Conaboy, Layla Robertson	Seton Hill	0.65	3:51.88		3/29/25	Carnegie Mellon Invitational
32	Kammi Merritt, Brooke Miller, Sophia Lindauer, Emma Dikken	Colorado Mesa	0.60	3:51.91c	(3:51.47A)	4/4/25	Maverick Invitiational
33	Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo	UPR Rio Piedras	0.55	3:52.13		2/22/25	1ra Clasificatoria LAI
34	Makenzie Wellner, Avery Wilson, Renae Kutcha, Elyse Miller	Wayne State (Mich.)	0.50	3:52.29		3/29/25	Bobcat Invitational (Texas Sta
35	Tayen Werner, Gabriella Apelian, Bernadette Belzer, Sakena Massiah	#8 U-Mary	0.45	3:52.49		3/27/25	Yellowjackets Open
36	Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	Shippensburg	0.40	3:52.50		4/5/25	Colonial Relays
37	#Type!	#24 Tusculum	0.35	3:52.59		4/5/25	Electric City Invitational
38	Sydney White, Liz Lannom Estella Clemons, Maddox Mayfield	Lee (Tenn.)	0.30	3:52.69		4/5/25	Tennessee Invite
39	Jonnica Fuller, Brea Childs, Morgan Coverson-Springs, Obiageli Akubude	Claflin	0.28	3:52.88		4/5/25	High Point VertKlasse Meeting
40	Delaney Riekert, Olivia Tate, Mary McKey, Asia Foster	#17 Oklahoma Baptist	0.25	3:53.59		3/29/25	Oklahoma Baptist Invitational
41	Diandrenique Gaines, Blakelee Winn, Maggie Salsbury, Payton Phillips	#2 Pittsburg State	0.23	3:53.82		3/28/25	Emporia State Relays



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

42	Ariana Quintana, Hannah Hanson, Eboselulu Omofoma, Jaden Murray	Biola (Calif.)	0.20	3:54.08	3/15/25	Ross and Sharon Irwin Collegi
43	Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams	Clark Atlanta	0.18	3:54.31	3/22/25	Emory Spring Break Classic
44	Dalia Roma, Destiny Moedano, Paula Romo, Emmerson Wiggins	Cal State LA	0.15	3:54.45	2/22/25	Rossi Relays
45	Marielle Clayton, Kate Carter, Lillian Hicks, Allie Murphy	Tampa	0.13	3:54.66	4/5/25	Embry-Riddle Running Eleme
46	Anna Woolsey, Laynie White, Angie Rojas, Joey Babel	Ouachita Baptist	0.10	3:55.14	3/20/25	Ouachita Invitational
47	Livia Fischer, Ann Cobb, Alana Green, Hilary Udechukwu	Mississippi College	0.08	3:55.32	3/29/25	Southern Miss Invitational
48	Evangeline Rowland, Johanna Brown, Hannah Chang, Jada Sarrys	Seattle Pacific	0.05	3:55.44	4/4/25	Whitworth Peace Meet
49	Danielle Bacon, Kaitlyn Gonzales, Madison Kalberer, Madi Monroe	Chico State	0.03	3:55.97	4/5/25	Brutus Hamilton Invitational
50	Yamila Cartwright, Hailey Rodriguez, Karly Weyand, Sarah Willson	St. Edward's	0.01	3:56.03	3/29/25	Texas Relays



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Emy NTEKPERE	SO #12 Central Washington	34.02	1.79m	5-10½	3/29/25	Bobcat Invitational (Texas Sta
2	Jamora HORACE	JR #17 Oklahoma Baptist	31.22	1.77m	5-9¾	3/29/25	Oklahoma Baptist Invitational
3	Eliana SAUNDERS	SR #3 Azusa Pacific	28.03	1.74m	5-8½	3/22/25	Jim Bush Legends Invitational
3	Madison ALEGRIA	SR #18 Texas A&M-Kingsville	28.03	1.74m	5-8½	3/29/25	Trinity (Texas) Invitational
5	Shannon HARNETT	FR East Stroudsburg	23.63	1.73m	5-8	3/29/25	Monmouth Season Opener
6	Karmen KUROWICKA	SO Lewis	21.27	1.72m	5-7¾	3/29/25	Washington (Mo.) Invitational
6	Liezl THERON	SR Lee (Tenn.)	21.27	1.72m	5-7¾	3/22/25	Lee Invitational
6	Abby WHEELER	JR #11 Ashland	21.27	1.72m	5-7¾	4/5/25	Oliver Nikoloff Open
9	Nouhayla ERRAHILI	SR #3 Azusa Pacific {2}	15.00	1.71m	5-7¼	3/22/25	Jim Bush Legends Invitational
9	Cierra PARKER	FR Concord	15.00	1.71m	5-7¼	3/22/25	49er Classic
11	Afaf BENHADJA	SO #18 Texas A&M-Kingsville{2}	10.77	1.70m	5-7	3/8/25	Blue & Gold Battle
11	Kora COOK	SO #15 Western Washington	10.77	1.70m	5-7	3/1/25	Ed Boitano Invitational
11	Porschia BENNETT	FR East Stroudsburg {2}	10.77	1.70m	5-7	3/22/25	Shippensburg Keystone State
11	Madison RAMOS	JR #18 Texas A&M-Kingsville{2}	10.77	1.70m	5-7	3/22/25	UTSA Invitational
11	Laila AHMED	FR Oklahoma Christian	10.77	1.70m	5-7	3/29/25	Oklahoma Baptist Invitational
16	Kaylee DIAMOND	SR #1 Grand Valley State	5.63	1.69m	5-6½	4/5/25	GVSU Early Meet
17	Domanique KNOWLES	SR Fayetteville State	5.00	1.68m	5-6	3/22/25	Alan Connie Shamrock Invitat
17	Bryn GREENWALDT	JR Augustana (S.D.)	5.00	1.68m	5-6	4/5/25	South Dakota Early Bird
17	C'airra CARTER	SR Tiffin	5.00	1.68m	5-6	3/30/25	Tiffelberg Open
20	Miya KOCH	SR Northwest Nazarene	3.36	1.67m	5-5¾	3/15/25	Nighthawks Opener
20	Telma KRISTJANSSON	FR CUI	3.36	1.67m	5-5¾	3/28/25	Mangrum Invitational
20	Samantha BRETZ	SR Western Colorado	3.36	1.67m	5-5¾	4/4/25	Maverick Invitational
20	Viktoriia ERMOLAeva	SO #21 Minnesota State	3.36	1.67m	5-5¾	3/28/25	Emporia State Relays
24	Tasia SADLER	FR Neb.-Kearney	1.23	1.66m	5-5¼	4/5/25	Concordia (Neb.) Outdoor Inv
24	Dunya VAN DEN TOOREN	FR Point Park (Pa.)	1.23	1.66m	5-5¼	3/22/25	49er Classic
24	Dani MINSAAS	SO Sioux Falls	1.23	1.66m	5-5¼	3/28/25	Wildcat Classic
24	Heidi NEWHOUSE	FR #1 Grand Valley State {2}	1.23	1.66m	5-5¼	3/29/25	Bobcat Invitational (Texas Sta
24	Abriel THRASH	SO Southern Nazarene	1.23	1.66m	5-5¼	4/4/25	John Jacobs Invitational
24	Liz LANNOM	FR Lee (Tenn.) {2}	1.23	1.66m	5-5¼	3/22/25	Lee Invitational
24	Alexis WEBER	SO #1 Grand Valley State {2}	1.23	1.66m	5-5¼	3/29/25	Bobcat Invitational (Texas Sta
24	Amity DETERS	SR Western Oregon	1.23	1.66m	5-5¼	3/21/25	Klein/Nwaba Combined Event
24	Zania RUFFIN	FR #3 Azusa Pacific {3}	1.23	1.66m	5-5¼	3/8/25	Beach Opener
33	Dakota JERNIGAN	FR Coker	0.64	1.65m	5-5	4/4/25	FMU Patriot Invitational
33	Kiera BLANKINSHIP	SR Harding	0.64	1.65m	5-5	3/22/25	Ole Miss Classic
33	Olivia HENKEL	SR Missouri S&T	0.64	1.65m	5-5	3/22/25	Missouri S&T Miner Invitation
33	Daniela ALEJANDO	SR UPR Rio Piedras	0.64	1.65m	5-5	2/22/25	1ra Clasificatoria LAI
33	Allie GOETZ	FR Chico State	0.64	1.65m	5-5	2/23/25	CCCAA NorCal Preview
33	Reagan IRONS	SO Lock Haven	0.64	1.65m	5-5	3/29/25	Jim Taylor Invitational
33	Makaylin CHRISTENSON	SR St. Cloud State	0.64	1.65m	5-5	3/28/25	Emporia State Relays
33	Jerrica PACHL	SR #8 U-Mary	0.64	1.65m	5-5	3/22/25	Marauders Outdoor Opener
33	Nehlia MILLS	JR Lincoln (Mo.)	0.64	1.65m	5-5	4/5/25	Lincoln University Open
33	Isabel FARUP	FR Newberry	0.64	1.65m	5-5	3/15/25	Myrtle Beach Collegiate Chall
33	Haila LEAKE	FR #2 Pittsburg State	0.64	1.65m	5-5	3/28/25	Emporia State Relays
33	Assiya ELHAFYAN	SO Wingate	0.64	1.65m	5-5	3/29/25	Raleigh Relays
33	Madeline NEWARK	JR Edinboro	0.64	1.65m	5-5	3/22/25	49er Classic
33	Samone CABLE	FR Cal State San Marcos	0.64	1.65m	5-5	2/28/25	RCC Invitational
33	Ally CHEEK	SO Harding	0.64	1.65m	5-5	3/1/25	Hendrix Invitational
33	Jade TCHOUAWOU NAYAP	FR Embry-Riddle (Fla.)	0.64	1.65m	5-5	3/8/25	Eagle Invitational
33	Tayla DOBRENSKI	SO Northern State	0.64	1.65m	5-5	3/22/25	Alan Connie Shamrock Invitat
33	Bryn MCNAIR	FR Regis (Colo.)	0.64	1.65m	5-5	3/22/25	Dr. Dan Caprioglio Early Bird
33	Kylie PADEN	JR #7 Angelo State	0.64	1.65m	5-5	3/8/25	Blue & Gold Battle
33	Brianna LEE	FR California (Pa.)	0.64	1.65m	5-5	4/5/25	Dave Labor Slippery Rock Invi



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Brynn KING	SR	Roberts Wesleyan	38.86	4.75m	15-7	3/29/25	Texas Relays	
2	Kyla DAVIS	SR	#2 Pittsburg State	30.30	4.17m	13-8¼	3/28/25	Emporia State Relays	
2	Isabel DEMARCO	FR	#13 Washburn	30.30	4.17m	13-8¼	3/28/25	Emporia State Relays	
4	Annabeth BAALMANN	JR	Fort Hays State	26.07	4.15m	13-7¼	3/28/25	Central Nebraska Challenge	
5	Sarah FERGUSON	SO	Roberts Wesleyan {2}	23.76	4.12m	13-6¼	3/19/25	Redhawk Invitational	
6	Brooke BOWERS	FR	#1 Grand Valley State	21.61	4.10m	13-5¼	4/4/25	Spartan Invitational	
7	Cannon BOOKER	FR	#2 Pittsburg State {2}	19.38	4.07m	13-4¼	3/28/25	Emporia State Relays	
7	Isabelle PETERS	SR	#2 Pittsburg State {2}	19.38	4.07m	13-4¼	3/28/25	Emporia State Relays	
9	Lauryn MCGOUGH	SO	#12 Central Washington	15.22	4.05m	13-3½	3/29/25	Bobcat Invitational (Texas Sta	
9	Colleen STEINMETZ	FR	#22 Findlay	15.22	4.05m	13-3½	4/5/25	Oliver Nikoloff Open	
11	Kylie PADEN	JR	#7 Angelo State	10.79	3.96m	12-11¾	3/8/25	Blue & Gold Battle	
12	Peyton PROFFITT	SO	Ohio Dominican	9.75	3.95m	12-11½	4/5/25	Oliver Nikoloff Open	
13	Tara TOWNSEND	JR	Hillsdale	8.55	3.90m	12-9½	3/29/25	Bobcat Invitational (Texas Sta	
14	Mia MANLEY	JR	Emporia State	7.43	3.87m	12-8¼	3/28/25	Emporia State Relays	
14	Quincey TURNER	FR	#2 Pittsburg State {4}	7.43	3.87m	12-8¼	3/28/25	Emporia State Relays	
14	Reagan HOUSLEY	SO	#13 Washburn {2}	7.43	3.87m	12-8¼	3/28/25	Emporia State Relays	
17	Mackenzie VANBIBBER	JR	Indianapolis	4.85	3.85m	12-7½	4/4/25	Indiana Tech April Open	
17	Dale THOMPSON	SR	#9 Colo. School of Mines	4.85	3.85mA	12-7½	3/22/25	Dr. Dan Caprioglio Early Bird	
19	Alexandrea ROBERTSON	FR	Roberts Wesleyan {3}	3.73	3.82m	12-6¼	3/19/25	Redhawk Invitational	
19	Karis KRAF	FR	Roberts Wesleyan {3}	3.73	3.82m	12-6¼	3/19/25	Redhawk Invitational	
21	Elvira COLLVIN	FR	#21 Minnesota State	2.69	3.81m	12-6	4/5/25	South Dakota Early Bird	
21	McKenna COMSTOCK	SR	Sioux Falls	2.69	3.81m	12-6	4/5/25	South Dakota Early Bird	
23	Sarah MASUOKA	SR	#11 Ashland	1.65	3.80m	12-5½	4/5/25	Oliver Nikoloff Open	
23	Brynlee KEERAN	JR	Lewis	1.65	3.80m	12-5½	3/29/25	Washington (Mo.) Invitational	
23	Karyna VEHNER	JR	Harding	1.65	3.80m	12-5½	3/8/25	Harding Invitational	
23	Cadence SANSOM	JR	Harding	1.65	3.80m	12-5½	3/8/25	Harding Invitational	
27	Tru BUDDENBERG	SO	#22 Findlay {2}	0.96	3.79m	12-5¼	3/30/25	Yellow Jacket Collegiate Ope	
27	Avery MARSHALL	FR	Anderson (S.C.)	0.96	3.79m	12-5¼	4/5/25	Electric City Invitational	
29	Isabelle CARREON	SR	Cal Poly Pomona	0.82	3.78m	12-4¾	3/8/25	Beach Opener	
29	Katie CLIFFORD	SR	Hillsdale {2}	0.82	3.78m	12-4¾	3/29/25	Trinity (Texas) Invitational	
31	Danielle GOULD	SO	Point Loma Nazarene	0.68	3.77m	12-4½	4/5/25	UCSD Triton Invitational	
32	Brianne CAMARENA	SR	Point Loma Nazarene {2}	0.60	3.75m	12-3½	2/22/25	Rossi Relays	
32	Brooke PETERSON	JR	#23 UC-Colorado Springs	0.60	3.75mA	12-3½	3/22/25	Dr. Dan Caprioglio Early Bird	
32	Raegan MILLER	JR	Alabama-Huntsville	0.60	3.75m	12-3½	3/29/25	UAB Spring Time Invite	
35	Rileigh LACY	JR	Francis Marion	0.45	3.70m	12-1½	4/4/25	FMU Patriot Invitational	
36	Peyton YOSHIDA	SR	Point Loma Nazarene {3}	0.40	3.68m	12-¾	3/22/25	Aztec Invitational	
37	Anna SCHUESSLER	FR	California (Pa.)	0.35	3.66m	12-0	3/29/25	Carnegie Mellon Invitational	
37	Kati SMITH	SO	Northern Michigan	0.35	3.66m	12-0	4/5/25	Ashton May Invitational	
37	Jenna SIKEL	JR	#21 Minnesota State {2}	0.35	3.66m	12-0	4/5/25	South Dakota Early Bird	
40	Haley SEXTON	FR	#25 Central Missouri	0.25	3.65m	11-11¾	3/29/25	SBU Bearcat Invitational	
40	Camryn BARROS	SR	#7 Angelo State {2}	0.25	3.65m	11-11¾	4/5/25	David Noble Relays	
40	Peyton HANSON	SO	Sioux Falls {2}	0.25	3.65m	11-11¾	3/28/25	Wildcat Classic	
40	Kaira MANNIO	FR	#25 Central Missouri	0.25	3.65m	11-11¾	3/29/25	SBU Bearcat Invitational	
40	Allie DUNLAP	SO	#11 Ashland {2}	0.25	3.65m	11-11¾	4/5/25	Oliver Nikoloff Open	
40	Brynn DEPINET	JR	Lee (Tenn.)	0.25	3.65m	11-11¾	3/22/25	Lee Invitational	
40	Sydney MOHLMAN	SO	#15 Western Washington	0.25	3.65m	11-11¾	3/8/25	Pacific Lutheran Opener	
40	Elizabeth ROTHWEILER	JR	Missouri S&T	0.25	3.65m	11-11¾	3/29/25	SBU Bearcat Invitational	
40	Annika HUMMEL	JR	West Chester	0.25	3.65m	11-11¾	3/29/25	Danny Curran Invitational	
40	Makayla MAY	SO	Tiffin	0.25	3.65m	11-11¾	3/30/25	Tiffelberg Open	
40	Natalie HOLLAND	FR	Kutztown	0.25	3.65m	11-11¾	3/29/25	Dr. Jack M. Toms Alumni Invit	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Jasmyn CRAWFORD	SR	CUI	33.59	6.25m 20-6¼ (1.9)	3/8/25 Beach Opener
1	Jonon YOUNG	SO	Cal State LA	33.59	6.25m 20-6¼ (0.0)	3/8/25 Beach Opener
3	Alaina DIAZ	JR	#1 Grand Valley State	28.92	6.19m 20-3¾ (1.4)	4/5/25 GVSU Early Meet
4	Ky'Ara ROSS	SO	West Liberty State	26.24	6.13m 20-1½ (-3.0)	3/29/25 Tim Weaver Invitational
5	Blakelee WINN	SR	#2 Pittsburg State	23.54	6.04m 19-9¾ (1.3)	3/28/25 Emporia State Relays
6	Miranda LAUVSTAD	JR	#21 Minnesota State	21.39	6.02mw 19-9 (3.9)	3/28/25 Emporia State Relays
7	Kylie FRUSH	JR	#7 Angelo State	19.31	6.01mw 19-8¾ (2.4)	4/5/25 David Noble Relays
7	Anisha HENDERSON	SR	#17 Oklahoma Baptist	19.31	6.01mw 19-8¾ (3.6)	3/29/25 Oklahoma Baptist Invitational
7	Laniyah CURRY	FR	Oklahoma Christian	19.31	6.01m 19-8¾ (1.0)	4/4/25 John Jacobs Invitational
10	Sydney MCCARTY	SR	Carson-Newman	13.16	5.99mw 19-8 (2.9)	4/5/25 Tennessee Invite
11	Maricia SPENCE	SR	#7 Angelo State {2}	11.08	5.98mw 19-7½ (3.0)	4/5/25 David Noble Relays
12	Marissa AUSTENE	FR	#25 Central Missouri	10.00	5.97mw 19-7 (2.2)	3/29/25 SBU Bearcat Invitational
13	Denise HERNANDEZ	JR	Lewis	8.85	5.95mw 19-6¼ (2.6)	3/22/25 Missouri S&T Miner Invitation
14	Madissyn MOORE	JR	#23 UC-Colorado Springs	7.81	5.94mA 19-6 (1.6)	3/29/25 Chuck Haering Classic
15	Emy NTEKPERE	SO	#12 Central Washington	2.69	D 5.91m 19-4¾ (0.3)	3/29/25 Bobcat Invitational (Texas Sta
15	Katerina KAKAELAKI	FR	Lewis {2}	6.69	5.91mw 19-4¾ (2.9)	3/29/25 Washington (Mo.) Invitational
17	Afaf BENHADJA	SO	#18 Texas A&M-Kingsville	2.66	D 5.90mw 19-4¼ (3.5)	3/22/25 UTSA Invitational
18	Charnessa REID	SR	Winston-Salem State	4.62	5.89m 19-4 (1.0)	4/5/25 High Point VertKlasse Meeting
19	Claudia FERNANDEZ	SR	UPR Rio Piedras	4.08	5.88mw 19-3½ (3.0)	4/5/25 Tom Tellez Invitational
20	Jazmin BARRY	FR	MSU Moorhead	3.38	5.83m 19-1½ (0.8)	4/6/25 Al Bortke Open
20	Carly TUCKER	FR	Harding	3.38	5.83mw 19-1½ (3.9)	3/1/25 Hendrix Invitational
22	Valencia BEAUBRUN	JR	Adelphi	2.30	5.81mw 19-¾ (3.1)	3/29/25 Monmouth Season Opener
23	Rojrika CAMBELL	SO	New Mexico Highland	1.76	5.80mA 19-½ (0.3)	4/3/25 Masked Rider Outdoor Open
24	Jazmin RAY	SR	#18 Texas A&M-Kingsville{2}	1.23	5.79mw 19-0 (2.5)	3/29/25 Trinity (Texas) Invitational
24	Anna BRUNO	SO	#8 U-Mary	1.23	5.79m 19-0 (1.0)	3/22/25 Marauders Outdoor Opener
24	Chisom OBIOHA	SR	New Mexico Highland{2}	1.23	5.79mA 19-0 (1.2)	4/3/25 Masked Rider Outdoor Open
27	Shinelle JHAGROO	FR	McKendree	1.04	5.78m 18-11¾ (0.)	3/22/25 Missouri S&T Miner Invitation
28	Neshara SMITH	JR	Cal Poly Pomona	0.95	5.77m 18-11¼ (2.)	2/28/25 RCC Invitational
29	Sasha LEE	SR	Shippensburg	0.86	5.76m 18-10¾ (0.)	3/29/25 Dr. Jack M. Toms Alumni Invit
29	Kailee BENTON	JR	#4 West Texas A&M	0.86	5.76mw 18-10¾ (2.)	3/22/25 West Texas Relays
31	Mikaela MILES	JR	Embry-Riddle (Fla.)	0.72	5.75m 18-10½ (0.)	4/5/25 Embry-Riddle Running Eleme
32	Holley JOHNSON	JR	Fayetteville State	0.63	5.74m 18-10 (1.5)	4/5/25 High Point VertKlasse Meeting
33	Kisha FRANCOIS	SR	Southern Connecticut	0.55	5.71mw 18-8¾ (2.2)	4/4/25 UConn Dog Fight
33	Baylee BLAUSER	JR	Slippery Rock	0.55	5.71m 18-8¾ (-2.1)	3/29/25 Tim Weaver Invitational
35	Madison ALEGRIA	SR	#18 Texas A&M-Kingsville{3}	0.45	5.70mw 18-8½ (3.2)	3/22/25 UTSA Invitational
35	Hannah POLKINGHORN	JR	#15 Western Washington	0.45	5.70m 18-8½ (0.4)	4/5/25 UCSD Triton Invitational
37	Campbell BARTA	FR	Northwest Missouri	0.35	5.69m 18-8 (2.0)	3/28/25 Emporia State Relays
37	Eboselulu OMOFOMA	FR	Biola (Calif.)	0.35	5.69m 18-8 (1.6)	3/29/25 Vince O'Boyle Track and Field
37	Haniyyah JOHNSON	JR	Mount Olive	0.35	5.69m 18-8 (1.0)	3/29/25 Trojan Challenge
37	Phebe THOMPSON	FR	#25 Central Missouri {2}	0.35	5.69mw 18-8 (3.0)	3/29/25 SBU Bearcat Invitational
37	Sierra LANHAM	JR	West Liberty State {2}	0.35	5.69m 18-8 (-3.4)	3/29/25 Tim Weaver Invitational
42	Brooke TAYLOR	JR	Carson-Newman {2}	0.20	5.68m 18-7¾ (0.4)	3/22/25 Lee Invitational
43	Autumn SHOMAKER	FR	Cal State San Marcos	0.18	5.67m 18-7¼ (1.6)	3/28/25 Mangrum Invitational
44	Kennah SHAFFER	SR	Westmont (Calif.)	0.15	5.66m 18-7 (-0.6)	3/28/25 Mangrum Invitational
44	Danaya KINNARD	SO	#23 UC-Colorado Springs{2}	0.15	5.66mA 18-7 (0.0)	3/29/25 Chuck Haering Classic
44	Deuna MILLER	SR	Southwestern Oklaho	0.15	5.66m 18-7 (0.7)	3/29/25 Oklahoma Baptist Invitational
47	Abbey HENRY	FR	Missouri Western	0.08	5.65mw 18-6½ (2.8)	3/29/25 Oklahoma Baptist Invitational
47	Gabi HUGGINS	SO	Western Colorado	0.08	5.65mA 18-6½ (0.2)	3/29/25 Chuck Haering Classic
49	Cassidy HAMMONDS	FR	Concord	0.03	5.64m 18-6 (1.6)	4/5/25 High Point VertKlasse Meeting
49	Aukeyonna SIMS	FR	Francis Marion	0.03	5.64m 18-6 (1.7)	4/4/25 FMU Patriot Invitational



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Emy NTEKPERE	SO #12 Central Washington	35.91	13.26m	43-6 (0.2)	3/29/25	Bobcat Invitational (Texas Sta
2	Janara BRYANT	FR Mount Olive	31.36	12.77mw	41-10¾ (2.)	4/5/25	Tennessee Invite
3	Jazmin RAY	SR #18 Texas A&M-Kingsville	29.16	12.73mw	41-9¼ (3.1)	3/29/25	Trinity (Texas) Invitational
4	Mikaela MILES	JR Embry-Riddle (Fla.)	26.45	12.59m	41-3¾ (2.0)	3/28/25	Terry Long Florida State Relay
5	Jonon YOUNG	SO Cal State LA	24.31	12.55m	41-2¼ (0.8)	4/5/25	Rafer Johnson/Jackie Joyner-
6	Sasha LEE	SR Shippensburg	21.92	12.44m	40-9¾ (0.0)	3/29/25	Dr. Jack M. Toms Alumni Invit
7	Jhnyia KNUCKLES	SO Claflin	19.32	12.27m	40-3¼ (1.6)	4/5/25	High Point VertKlasse Meeting
8	Hanna ONOFRIIEVA	SO Harding	17.29	12.26m	40-2¾ (1.1)	3/22/25	Ole Miss Classic
9	Jada DAVID	SR Benedict	15.22	12.24m	40-2 (1.7)	3/22/25	Weems Baskin Invitational
10	Shannon HARNETT	FR East Stroudsburg	12.84	12.13m	39-9¾ (1.1)	3/22/25	Shippensburg Keystone State
11	Samantha CASH	SR West Virginia Wesleya	10.57	11.98mw	39-3¾ (3.2)	4/5/25	Dave Labor Slippery Rock Invi
11	Tyleah MOORER	SR Limestone	10.57	11.98m	39-3¾ (1.7)	4/5/25	Electric City Invitational
13	Domanique KNOWLES	SR Fayetteville State	8.54	11.96m	39-3 (0.5)	3/22/25	Alan Connie Shamrock Invitat
13	Shynique MCGEE	JR Clark Atlanta	8.54	11.96m	39-3 (1.5)	3/15/25	Falcon Classic
15	Karla HORMAZABAL	SR Mount Olive {2}	6.52	11.95m	39-2½ (1.4)	4/5/25	Tennessee Invite
16	Camila SALVUCCI	FR Chadron State	5.46	11.92mA	39-1¼ (0.0)	3/29/25	Jack Christiansen Invitational
17	Leah DOTSON	SR Limestone {2}	4.93	11.90m	39-½ (0.7)	3/22/25	Weems Baskin Invitational
18	Audrey UZOUKWU	SR #4 West Texas A&M	4.34	11.85mw	38-10½ (2.)	3/22/25	West Texas Relays
19	Celina THOMAS	SO Eastern New Mexico	3.82	11.84m	38-10¼ (1.)	3/22/25	Willie Williams/Dave Murray D
19	Theresa OSEI	FR #13 Washburn	3.82	11.84m	38-10¼ (1.)	3/28/25	Emporia State Relays
21	Laura DELGADO DE TORRES	JR Charleston (W.Va.)	2.80	11.83m	38-9¾ (-0.1)	3/29/25	Raleigh Relays
22	Ennessey SORRELLS	SR Wingate	2.28	11.82m	38-9½ (0.9)	3/22/25	49er Classic
23	Gracie STEPHENS	FR #7 Angelo State	1.75	11.80mw	38-8¾ (2.2)	4/5/25	David Noble Relays
24	Kylie FRUSH	JR #7 Angelo State {2}	1.21	11.78mw	38-7¾ (3.5)	3/8/25	Blue & Gold Battle
25	Jaylen WALKER	FR Academy of Art	1.09	11.74m	38-6¼ (1.0)	3/22/25	Hornet Invitational
25	Kinley SMITH	SO #2 Pittsburg State	1.09	11.74mw	38-6¼ (2.3)	3/28/25	Emporia State Relays
27	Natalie LIN	SR Cal Poly Pomona	0.94	11.71m	38-5 (0.0)	3/28/25	Mangrum Invitational
27	Tiana SMITH	JR Spring Hill (Ala.)	0.94	11.71m	38-5 (1.1)	4/5/25	Doc Anderson Invitational
27	Makenna SULLIVAN	SR Point Loma Nazarene	0.94	11.71m	38-5 (0.9)	4/5/25	UCSD Triton Invitational
30	Zariyah WHIGHAM	FR Shippensburg {2}	0.73	11.68m	38-4 (0.2)	3/29/25	Dr. Jack M. Toms Alumni Invit
31	Brooke TAYLOR	JR Carson-Newman	0.65	11.66m	38-3¼ (1.8)	4/5/25	Tennessee Invite
31	Delaney BEARD	SR Kutztown	0.65	11.66m	38-3¼ (0.5)	3/29/25	Dr. Jack M. Toms Alumni Invit
33	Kennedy JOHNSON	FR Midwestern State	0.55	11.65mw	38-2¾ (3.8)	3/22/25	Wes Kittley Invitational
34	Essence BURROWS	FR UW-Parkside	0.50	11.63m	38-2 (1.4)	3/29/25	Billiken Invitational
35	Jordyn BROOKS	SO Cal State San Marcos	0.45	11.59m	38-¼ (1.0)	3/29/25	Vince O'Boyle Track and Field
36	Stefani VASILEVA	JR Charleston (W.Va.) {2}	0.40	11.58m	38-0 (0.1)	4/4/25	Golden Eagle Invitational
36	Julia CARMONA	FR Cal State East Bay	0.40	11.58m	38-0 (0.2)	3/22/25	Hornet Invitational
38	Rojrika CAMBELL	SO New Mexico Highland	0.30	11.55m	37-10¾ (1.)	3/22/25	West Texas Relays
38	Zoe SHAW	JR UDC	0.30	11.55m	37-10¾ (-2.)	4/5/25	Norfolk State Invitational
40	Nijah LEWIS	FR Johnson C. Smith	0.25	11.53m	37-10 (1.5)	3/29/25	Livingstone Blue Bear Invitati
41	Renee NICHOL	SR Emporia State	0.23	11.52mw	37-9½ (2.8)	3/28/25	Emporia State Relays
42	Mikalyn CHAMBERS	SO Fayetteville State {2}	0.20	11.51m	37-9¼ (1.5)	4/5/25	High Point VertKlasse Meeting
43	Hanna REICHENBERGER	SR Winona State	0.18	11.50m	37-8¾ (0.1)	4/5/25	Ashton May Invitational
44	Adonijah WASHINGTON	FR Staten Island	0.15	11.49m	37-8½ (0.0)	3/29/25	Towson Invitational
44	Jayda HARRIS	JR Emporia State {2}	0.15	11.49m	37-8½ (1.4)	3/28/25	Emporia State Relays
44	Uliana POKUTNIA	FR Southern Connecticut	0.15	11.49m	37-8½ (1.4)	4/4/25	UConn Dog Fight
47	Myah MORRIS	JR #25 Central Missouri	0.08	11.48m	37-8 (2.0)	3/29/25	SBU Bearcat Invitational
48	Gabrielle TEEL	SR New Haven	0.05	11.47m	37-7¾ (-2.4)	3/29/25	Ramapo College Invitational
49	Maggie MORALES	JR #7 Angelo State {3}	0.03	11.46m	37-7¼ (1.4)	3/8/25	Blue & Gold Battle
49	Karyna VEHNER	JR Harding {2}	0.03	11.46m	37-7¼ (1.7)	3/8/25	Harding Invitational



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Hannah RICHARDSON	JR	#3 Azusa Pacific	35.36	16.52m	54-2½	4/5/25	UCSD Triton Invitational
2	Katherine HIGGINS	SR	#14 CSU Pueblo	31.01	15.67mA	51-5	4/4/25	Maverick Invitational
3	Briar GILLUM	SO	#20 Missouri Southern	28.77	15.58m	51-1½	4/4/25	Emporia State Midwest Classi
4	Makenzie GARR	SO	Missouri Western	26.55	15.50m	50-10¼	3/21/25	Reiver Rust Buster
5	Mackenzie BOHRER	SR	#1 Grand Valley State	24.35	15.43m	50-7½	4/5/25	GVSU Early Meet
6	Molly WINNER	SO	#11 Ashland	21.55	15.01m	49-3	4/5/25	Oliver Nikoloff Open
7	Dailynn VANDEREN	FR	#20 Missouri Southern {2}	19.50	14.98m	49-1¾	3/28/25	Emporia State Relays
8	Destany HERBERT	SR	Northwest Nazarene	17.44	14.95m	49-¾	4/4/25	Whitworth Peace Meet
9	Yassine KAMARA	JR	Bowie State	15.29	14.87m	48-9½	4/4/25	Towson Senior Twilight Open
10	Febe WESSELS	JR	#14 CSU Pueblo {2}	13.18	14.81mA	48-7¼	4/4/25	Maverick Invitational
11	Fedra FLORENTIN	SR	#7 Angelo State	11.07	14.71m	48-3¼	4/5/25	David Noble Relays
12	Jessica POLKINGHORN	FR	#15 Western Washington	9.95	14.59m	47-10½	3/8/25	Pacific Lutheran Opener
13	Allyssa MAHONE	SR	Missouri Western {2}	8.84	14.48m	47-6¼	3/29/25	Texas Relays
14	Molly OLSON	SR	#3 Azusa Pacific {2}	7.73	14.36m	47-1½	3/22/25	Jim Bush Legends Invitational
15	Kathryn CHAPIN	FR	#15 Western Washington {2}	6.58	14.21m	46-7½	3/22/25	Oregon Preview (outdoor)
16	Jada SEWELL	SR	#4 West Texas A&M	5.53	14.16mA	46-5½	3/30/25	Greyhound Open
17	Kennedy JACKSON	SO	#1 Grand Valley State {2}	4.93	14.06m	46-1½	4/5/25	GVSU Early Meet
18	Coulter BROOKE	SR	#22 Findlay	4.37	14.00m	45-11¼	4/5/25	Oliver Nikoloff Open
19	Brooklyn KRUSE	SO	Wayne State (Neb.)	3.78	13.91m	45-7¾	4/5/25	Concordia (Neb.) Outdoor Inv
20	Kelsey KINSLEY	SR	#11 Ashland {2}	3.24	13.87m	45-6¼	4/5/25	Oliver Nikoloff Open
21	Irieyanna WILSON	SR	Southern Arkansas	2.69	13.82m	45-4¼	3/8/25	Harding Invitational
21	Katie POTTS	SR	#15 Western Washington {3}	2.69	13.82m	45-4¼	4/5/25	UCSD Triton Invitational
23	Gianna FRANK	FR	#19 Cal State San Bernard	1.66	13.79m	45-3	3/22/25	Hornet Invitational
24	Kitt RUPAR	SR	#9 Colo. School of Mines	1.14	13.76mA	45-1¾	3/22/25	Dr. Dan Caprioglio Early Bird
25	Graice WAITE	FR	Lee (Tenn.)	1.06	13.73m	45-½	4/5/25	Tennessee Invite
26	Esther CONDE-TURPIN	JR	#3 Azusa Pacific {3}	0.99	13.71m	44-11¾	3/29/25	Vince O'Boyle Track and Field
27	Karina ALVAREZ	SO	#18 Texas A&M-Kingsville	0.92	13.69m	44-11	3/29/25	Trinity (Texas) Invitational
28	Altyn BARTLEY	SO	#17 Oklahoma Baptist	0.83	13.65m	44-9½	3/29/25	Oklahoma Baptist Invitational
29	Lily NOVACEK	JR	Neb.-Kearney	0.75	13.62m	44-8¼	4/5/25	Concordia (Neb.) Outdoor Inv
30	Kelsey HANSEN	SO	Northwood (Mich.)	0.70	13.61m	44-8	3/22/25	Lee Invitational
31	Abby LASITER	JR	#2 Pittsburg State	0.65	13.57m	44-6¼	3/29/25	SBU Bearcat Invitational
32	Averi PARKER	SR	Hillsdale	0.60	13.45m	44-1½	4/5/25	Hillsdale Invitational
33	Devon WILLIAMS	SR	#18 Texas A&M-Kingsville{2}	0.55	13.39m	43-11¼	3/8/25	Blue & Gold Battle
34	Belle SMITH	SO	Southern Connecticut	0.50	13.27m	43-6½	4/4/25	UConn Dog Fight
35	Maya LAVENDUSKY	JR	Concordia-St. Paul	0.45	13.26m	43-6	4/5/25	Ashton May Invitational
36	Faith HENSEL	JR	Indianapolis	0.40	13.25m	43-5¾	4/4/25	Indiana Tech April Open
37	Bailey YOUNG	JR	#23 UC-Colorado Springs	0.35	13.23mA	43-5	3/29/25	Chuck Haering Classic
38	Katie SAYLES	SR	Hillsdale {2}	0.30	13.21m	43-4¼	4/5/25	Hillsdale Invitational
39	Nevaeh DYER	FR	CUI	0.28	13.20m	43-3¾	3/8/25	Beach Opener
40	Christina PALMER	SR	Colorado Mesa	0.25	13.19mA	43-3¼	4/4/25	Maverick Invitational
41	Diamond RICHARDSON	SR	Fort Valley State	0.23	13.17m	43-2½	3/8/25	River City Relays
41	Mony ANDERSEN	JR	#21 Minnesota State	0.23	13.17m	43-2½	3/28/25	Wildcat Classic
43	Adriel HOLLOWAY	JR	#13 Washburn	0.18	13.14m	43-1½	3/28/25	Emporia State Relays
44	Rylee ANDREWS	SO	#15 Western Washington {4}	0.15	13.13m	43-1	3/29/25	British Columbia Open
44	Julia PISENTI	SO	Jessup (Calif.)	0.15	13.13m	43-1	4/5/25	Brutus Hamilton Invitational
44	Cydney BANKS	SR	William Jewell	0.15	13.13m	43-1	4/5/25	Lincoln University Open
44	Aaliyah WHYTE	JR	Fayetteville State	0.15	13.13m	43-1	4/5/25	High Point VertKlasse Meeting
48	Sarah CORRIE	SR	Slippery Rock	0.05	13.12m	43-½	4/5/25	Dave Labor Slippery Rock Invi
49	Kami WADSWORTH	SO	Sioux Falls	0.03	13.11m	43-¼	4/5/25	South Dakota Early Bird
49	Ariyah FORD	JR	Sonoma State	0.03	13.11m	43-¼	4/5/25	Brutus Hamilton Invitational



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Erika BEISTLE	SR	#1 Grand Valley State	42.88	66.63m	218-7	4/5/25 GVSU Early Meet
2	Julia PISENTI	SO	Jessup (Calif.)	30.49	51.87m	170-2	4/5/25 Brutus Hamilton Invitational
3	Ilaria VILLA	JR	#13 Washburn	28.39	51.73m	169-9	3/28/25 Emporia State Relays
4	Hannah RICHARDSON	JR	#3 Azusa Pacific	25.55	50.21m	164-9	4/5/25 UCSD Triton Invitational
5	Margaret STEVENSON	SR	#1 Grand Valley State {2}	23.52	50.16m	164-7	4/5/25 GVSU Early Meet
6	Jade BYRD	SR	#17 Oklahoma Baptist	21.12	49.33m	161-10	4/4/25 John Jacobs Invitational
7	Kennedy ULMER	JR	Eastern New Mexico	18.92	48.91mA	160-6	3/30/25 Greyhound Open
8	Reilly YOUNG	SR	Wayne State (Neb.)	16.91	48.88m	160-5	3/28/25 Wildcat Classic
9	Emma SLADE	FR	Fort Hays State	14.87	48.81m	160-2	3/28/25 Central Nebraska Challenge
10	Yassine KAMARA	JR	Bowie State	12.66	48.35m	158-8	3/29/25 Maryland Invitational
11	Devon WILLIAMS	SR	#18 Texas A&M-Kingsville	10.61	48.15m	158-0	3/22/25 UTSA Invitational
12	Tayla CRENSHAW	SR	CUI	9.51	47.75m	156-8	4/5/25 UCSD Triton Invitational
13	Kirsten WOMACK	SO	#20 Missouri Southern	8.46	47.53m	155-11	3/28/25 Emporia State Relays
14	Kamry LINDSEY	SR	Sioux Falls	7.44	47.46m	155-9	4/5/25 South Dakota Early Bird
15	Brooke BURNS	SR	Charleston (W.Va.)	6.41	47.35m	155-4	4/4/25 Golden Eagle Invitational
16	Jennifer PATRICK	FR	#11 Ashland	5.36	47.12m	154-7	3/30/25 Yellow Jacket Collegiate Ope
17	Toree SLAVIK	SO	Neb.-Kearney	4.81	46.92m	153-11	3/28/25 Central Nebraska Challenge
18	Aubrey BRINKMAN	JR	Lewis	4.26	46.73m	153-4	4/5/25 Chicagoland Outdoor Champi
19	Katie POTTS	SR	#15 Western Washington	3.72	46.56m	152-9	4/5/25 UCSD Triton Invitational
20	Elise JENSEN	FR	#21 Minnesota State	3.21	46.55m	152-9	4/5/25 South Dakota Early Bird
21	Sarah HESSLER	JR	Millersville	2.67	46.36m	152-1	4/5/25 Millersville Metrics
22	Christina PALMER	SR	Colorado Mesa	2.16	46.33mA	152-0	4/4/25 Maverick Invitational
23	Hope WILLIS	FR	Biola (Calif.)	1.62	46.17m	151-6	4/5/25 UCSD Triton Invitational
24	Brooklyn STAAB	SR	Neb.-Kearney {2}	1.11	46.15m	151-5	3/28/25 Central Nebraska Challenge
25	Kitt RUPAR	SR	#9 Colo. School of Mines	1.06	46.12mA	151-4	3/28/25 Mines Midweek Meet
26	Briar GILLUM	SO	#20 Missouri Southern {2}	0.98	46.02m	151-0	3/28/25 Emporia State Relays
27	Jessica SAUNDERS	SR	Fort Hays State {2}	0.92	45.99m	150-11	3/28/25 Central Nebraska Challenge
28	Diamond RICHARDSON	SR	Fort Valley State	0.85	45.90m	150-7	3/22/25 Emory Spring Break Classic
29	Allyssa MAHONE	SR	Missouri Western	0.78	45.80m	150-3	3/21/25 Reiver Rust Buster
30	Tiamara HILL-JOHNSON	SR	#7 Angelo State	0.70	45.69m	149-11	3/8/25 Blue & Gold Battle
31	Molly OLSON	SR	#3 Azusa Pacific {2}	0.65	45.66m	149-10	4/5/25 UCSD Triton Invitational
32	Khaiya SIMPSON	SR	CUI {2}	0.60	45.52m	149-4	4/5/25 UCSD Triton Invitational
33	Delanie VANDRIEL	JR	Sioux Falls {2}	0.55	45.50m	149-4	3/28/25 Wildcat Classic
34	Kailyn THOMAS	SR	Southern Arkansas	0.50	45.39m	148-11	3/20/25 Ouachita Invitational
35	Maddy DOWNS	SR	Millersville {2}	0.45	44.98m	147-7	4/5/25 Millersville Metrics
36	Emily WOLF	SO	Montevallo	0.40	44.93m	147-5	3/15/25 Falcon Classic
37	Michalee BROWNAWELL	SO	Neb.-Kearney {3}	0.35	44.92m	147-5	3/28/25 Central Nebraska Challenge
38	Lily NOVACEK	JR	Neb.-Kearney {4}	0.30	44.83m	147-1	3/28/25 Central Nebraska Challenge
39	Katie WILKERSON	FR	Montevallo {2}	0.28	44.52m	146-1	3/15/25 Falcon Classic
40	Madison MORRIS	SR	Embry-Riddle (Fla.)	0.25	44.40m	145-8	4/5/25 Embry-Riddle Running Eleme
41	Madison SMITH	FR	Neb.-Kearney {5}	0.23	44.24m	145-2	3/28/25 Central Nebraska Challenge
42	Koschinya JEFFERSON	SR	Seton Hill	0.20	44.07m	144-7	4/5/25 Dave Labor Slippery Rock Invi
43	Jocelyn PEDRETTI	SO	Jessup (Calif.) {2}	0.18	44.05m	144-6	3/29/25 West Coast Relays
44	Yassmine CHAMBERS	JR	Benedict	0.15	44.03m	144-6	3/29/25 SWU GottaRun Invite
44	Madison VERMETTEN	JR	Emporia State	0.15	44.03m	144-6	3/28/25 Emporia State Relays
46	TaNiyah THOMAS	SR	Alabama-Huntsville	0.10	43.97m	144-3	3/22/25 Ole Miss Classic
46	Nadia SANFORD	SR	Southwest Minnesota	0.10	43.97m	144-3	4/5/25 Norse Invite
48	Nicole FLYNN	SR	Sioux Falls {3}	0.05	43.95m	144-3	3/28/25 Wildcat Classic
49	Kelsey HANSEN	SO	Northwood (Mich.)	0.03	43.88m	144-0	4/5/25 Golden Grizzly Invite
50	Addison HINTERWEGER	JR	#2 Pittsburg State	0.01	43.87m	143-11	3/29/25 SBU Bearcat Invitational
50	Makenzie GARR	SO	Missouri Western {2}	0.01	43.87m	143-11	4/4/25 Emporia State Midwest Classi



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Lily NOVACEK	JR	Neb.-Kearney	35.77	63.92m	209-9	3/28/25	Central Nebraska Challenge
2	Molly WINNER	SO	#11 Ashland	31.67	61.14m	200-7	3/30/25	Yellow Jacket Collegiate Ope
3	Marie SCHULER	JR	#7 Angelo State	28.82	60.01m	196-11	3/8/25	Blue & Gold Battle
4	Shelby ULVEN	JR	#1 Grand Valley State	26.54	59.64m	195-8	3/29/25	Bobcat Invitational (Texas Sta
5	Zoe PENTECOST	SR	Indianapolis	24.30	59.28m	194-6	3/30/25	Hanover Invitational
6	Brooke BURNS	SR	Charleston (W.Va.)	21.90	58.50m	191-11	4/4/25	Golden Eagle Invitational
7	Jennifer JARNAGIN	SR	#9 Colo. School of Mines	19.51	57.74mA	189-5	3/28/25	Mines Midweek Meet
8	Abigail GILLESPIE	SR	#9 Colo. School of Mines {2}	17.39	57.51mA	188-8	3/28/25	Mines Midweek Meet
9	Lily BENEKE	SR	#21 Minnesota State	14.91	56.26m	184-7	3/28/25	Wildcat Classic
10	Alaina OMONODE	SR	#1 Grand Valley State {2}	12.83	55.96m	183-7	4/5/25	GVSU Early Meet
11	Paola CASTALDI	SR	#13 Washburn	10.80	55.84m	183-3	3/28/25	Emporia State Relays
12	Kaylyn BARNETTE	SR	#11 Ashland {2}	9.73	55.60m	182-5	3/30/25	Yellow Jacket Collegiate Ope
13	Dailynn VANDEREN	FR	#20 Missouri Southern	8.68	55.40m	181-9	4/4/25	Emporia State Midwest Classi
14	Esma PAJT	JR	#7 Angelo State {2}	7.61	55.13m	180-11	3/8/25	Blue & Gold Battle
15	Elin RYDQVIST	SO	Mount Olive	6.59	55.07m	180-8	3/22/25	Alan Connie Shamrock Invitat
16	Kirsten ROLLE	SR	Embry-Riddle (Fla.)	5.51	54.77m	179-8	4/5/25	Embry-Riddle Running Eleme
17	Rachael MOLLOY	SR	#25 Central Missouri	4.99	54.69m	179-5	4/4/25	Emporia State Midwest Classi
18	Leslie POLLOCK	SO	#11 Ashland {3}	4.48	54.65m	179-4	4/5/25	Oliver Nikoloff Open
19	Kirsten WOMACK	SO	#20 Missouri Southern {2}	3.92	54.43m	178-7	4/4/25	Emporia State Midwest Classi
20	Samiyah LITTLE	SR	East Stroudsburg	3.25	53.81m	176-7	3/22/25	Shippensburg Keystone State
21	Audra HOGAN	SR	Indianapolis {2}	2.75	53.79m	176-6	3/30/25	Hanover Invitational
22	Jade BYRD	SR	#17 Oklahoma Baptist	2.19	53.56m	175-9	3/29/25	Oklahoma Baptist Invitational
23	Augustine HANCOCK	JR	Colorado Mesa	1.66	53.48mA	175-6	3/29/25	Chuck Haering Classic
24	Adriel HOLLOWAY	JR	#13 Washburn {2}	1.14	53.40m	175-3	4/4/25	Emporia State Midwest Classi
25	Sarah HESSLER	JR	Millersville	1.00	53.04m	174-0	3/29/25	Towson Invitational
26	Andrea PASCUAL RIVERA	SR	Newberry	0.91	52.91m	173-7	3/29/25	SWU GottaRun Invite
27	Kitt RUPAR	SR	#9 Colo. School of Mines {3}	0.86	52.89mA	173-6	3/28/25	Mines Midweek Meet
28	Kailyn THOMAS	SR	Southern Arkansas	0.80	52.61m	172-7	3/8/25	Harding Invitational
29	Coulter BROOKE	SR	#22 Findlay	0.75	52.51m	172-4	4/5/25	Oliver Nikoloff Open
30	Alexis NINO	JR	Stanislaus State	0.70	52.50m	172-3	3/1/25	Kim Duyst Invitational
31	Averi PARKER	SR	Hillsdale	0.65	52.46m	172-2	4/5/25	Hillsdale Invitational
32	Richella SPIELVOGEL	SR	Lake Erie	0.60	52.42m	172-0	3/29/25	Amy Adams Memorial Invitati
33	Payton ELENBAAS	SR	#12 Central Washington	0.55	52.27m	171-6	4/4/25	Whitworth Peace Meet
34	Allyssa MAHONE	SR	Missouri Western	0.50	52.15m	171-1	3/21/25	Reiver Rust Buster
35	Liberty BOOKER	JR	Fort Hays State	0.45	51.98m	170-7	4/4/25	Emporia State Midwest Classi
36	Hope GRAY	JR	#4 West Texas A&M	0.40	51.76m	169-10	3/22/25	West Texas Relays
37	Mony ANDERSEN	JR	#21 Minnesota State {2}	0.35	51.66m	169-6	3/28/25	Wildcat Classic
38	Rylee BLANTON	JR	Western Colorado	0.30	51.56mA	169-2	3/29/25	Chuck Haering Classic
39	Hailey BAKER	SR	Wayne State (Neb.)	0.28	51.55m	169-2	3/28/25	Wildcat Classic
39	Katie SAYLES	SR	Hillsdale {2}	0.28	51.55m	169-2	3/21/25	Blizzard Buster
41	Madison VERMETTEN	JR	Emporia State	0.23	51.54m	169-1	4/4/25	Emporia State Midwest Classi
42	Juliet BERNARD	SR	Hillsdale {3}	0.20	51.37m	168-7	3/21/25	Blizzard Buster
43	Kelsey HANSEN	SO	Northwood (Mich.)	0.18	51.34m	168-5	4/5/25	Golden Grizzly Invite
44	Maddy DOWNS	SR	Millersville {2}	0.15	51.32m	168-5	4/5/25	Millersville Metrics
44	Kelsey KENNON	SR	#22 Findlay {2}	0.15	51.32m	168-5	3/30/25	Yellow Jacket Collegiate Ope
46	Abby LASITER	JR	#2 Pittsburg State	0.10	51.31m	168-4	3/23/25	Jayhawk Spring Fling
47	Reilly YOUNG	SR	Wayne State (Neb.) {2}	0.08	51.27m	168-3	3/28/25	Wildcat Classic
48	Meadow GALLENTINE	JR	#4 West Texas A&M {2}	0.05	50.98m	167-3	3/22/25	West Texas Relays
49	MaKenna MASCHINO	SR	Indianapolis {3}	0.03	50.82m	166-9	3/30/25	Hanover Invitational
50	Savannah JORGENS	JR	#23 UC-Colorado Springs	0.01	50.68mA	166-3	3/29/25	Chuck Haering Classic



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Keilee JOHNSON	JR	#20 Missouri Southern	33.21	50.12m	164-5	3/28/25	Emporia State Relays
2	Addison THROCKMORTON	FR	#25 Central Missouri	31.18	50.09m	164-4	3/29/25	SBU Bearcat Invitational
3	Federica DOZIO	FR	#7 Angelo State	29.13	50.03m	164-2	4/5/25	David Noble Relays
4	Luisarys TOLEDO	JR	Northwest Missouri	26.55	49.19m	161-5	3/28/25	Emporia State Relays
5	Alexis O'FARRELL	JR	#10 Southwest Baptist	23.73	47.67m	156-5	3/29/25	SBU Bearcat Invitational
6	Olivia VANDERWEIDE	SO	#2 Pittsburg State	21.50	47.26m	155-1	3/23/25	Jayhawk Spring Fling
7	Abby REASONER	SR	Shippensburg	19.50	47.25m	155-0	3/29/25	Dr. Jack M. Toms Alumni Invit
8	Luisa FISCHER	SR	#3 Azusa Pacific	17.44	47.15m	154-8	3/29/25	Vince O'Boyle Track and Field
9	Savannah MANTHEY	SO	#10 Southwest Baptist {2}	15.39	47.06m	154-5	3/29/25	SBU Bearcat Invitational
10	Karsyn KANSLER	SO	#25 Central Missouri {2}	13.37	47.02m	154-3	3/29/25	SBU Bearcat Invitational
11	Ally FOX	SO	#25 Central Missouri {3}	11.16	46.58m	152-10	3/29/25	SBU Bearcat Invitational
12	Maxime KIRSCHNER	SR	Embry-Riddle (Fla.)	10.12	46.45m	152-5	3/28/25	Terry Long Florida State Relay
13	Ashley LOW	FR	Northwestern Oklaho	9.11	46.42m	152-4	3/29/25	Oklahoma Baptist Invitational
14	Kelly LESZCZYNSKI	JR	Bloomsburg	8.07	46.27m	151-10	3/29/25	Jim Taylor Invitational
15	Gracie RINER	FR	#2 Pittsburg State {2}	6.69	44.95m	147-6	3/29/25	SBU Bearcat Invitational
16	Aspen ARROWSMITH	SO	Alabama-Huntsville	5.62	44.71m	146-8	3/22/25	Ole Miss Classic
17	Lindsey CURE	FR	Regis (Colo.)	5.05	44.46mA	145-11	3/22/25	Dr. Dan Caprioglio Early Bird
18	Olivia BAUMBERGER	SR	Sioux Falls	4.55	44.44m	145-10	4/5/25	South Dakota Early Bird
19	Keturah TEMPLEMAN	FR	#14 CSU Pueblo	3.94	44.05mA	144-6	4/4/25	Maverick Invitational
20	Hannah CASSNER	SO	Shippensburg {2}	3.43	44.02m	144-5	3/29/25	Dr. Jack M. Toms Alumni Invit
21	Emily POWERS	JR	Northwest Nazarene	2.88	43.84m	143-10	4/4/25	Whitworth Peace Meet
22	Hailey BRUCE	SO	Embry-Riddle (Fla.) {2}	2.34	43.73m	143-6	3/28/25	Terry Long Florida State Relay
23	Kennedy ULMER	JR	Eastern New Mexico	1.67	43.12mA	141-6	3/30/25	Greyhound Open
24	Josie PETERSON	SR	Chico State	1.12	42.95m	140-11	4/5/25	Brutus Hamilton Invitational
25	Zaniya RUSH	FR	Spring Hill (Ala.)	1.06	42.90m	140-9	3/1/25	MC Spring Cleaning Classic
26	Blakelee WINN	SR	#2 Pittsburg State {3}	0.99	42.85m	140-7	3/28/25	Emporia State Relays
27	Esther CONDE-TURPIN	JR	#3 Azusa Pacific {2}	0.89	42.65m	139-11	3/29/25	Vince O'Boyle Track and Field
28	Malina BOHLMANN	SO	Assumption	0.80	42.34m	138-11	4/6/25	Rage in the Cage Invitational
29	Sophia PREITO	SR	Westminster (Utah)	0.75	42.13m	138-3	3/22/25	Utah Tech Invitational
30	Shelby SOGAARD	JR	#2 Pittsburg State {4}	0.70	42.00m	137-10	3/29/25	SBU Bearcat Invitational
31	Julia PISENTI	SO	Jessup (Calif.)	0.65	41.91m	137-6	3/29/25	West Coast Relays
32	G'nea PITT	FR	Academy of Art	0.60	41.69m	136-10	4/5/25	Stanford Invitational
33	Kaylla WILLIAMS	SO	Indiana (Pa.)	0.55	41.38m	135-9	3/22/25	Ed Fry Invitational
34	Marley SANDS	JR	#25 Central Missouri {4}	0.50	41.37m	135-9	3/29/25	SBU Bearcat Invitational
35	Maggie SALSBURY	FR	#2 Pittsburg State {5}	0.45	41.27m	135-5	3/28/25	Emporia State Relays
36	Kristen JONES	SO	#25 Central Missouri {5}	0.40	41.24m	135-4	3/29/25	SBU Bearcat Invitational
37	Lauren O'CAMPO	SO	#5 Adams State	0.35	41.21mA	135-3	3/30/25	New Mexico Spring Invitation
38	Andrea VILLALTA	SR	Chico State {2}	0.30	41.11m	134-11	4/5/25	Brutus Hamilton Invitational
39	Olivia SFORZA	SR	East Stroudsburg	0.28	40.86m	134-1	3/22/25	Shippensburg Keystone State
40	Maggie KAUK	SO	#20 Missouri Southern {2}	0.25	40.79m	133-10	4/4/25	Emporia State Midwest Classi
41	Adrienne CASEY	SO	#20 Missouri Southern {3}	0.23	40.76m	133-9	4/4/25	Emporia State Midwest Classi
41	Hanna STEWART	JR	Neb.-Kearney	0.23	40.76m	133-9	3/28/25	Central Nebraska Challenge
43	Laken MANNS	JR	#25 Central Missouri {6}	0.18	40.68m	133-6	3/29/25	SBU Bearcat Invitational
44	Kami WADSWORTH	SO	Sioux Falls {2}	0.15	40.65m	133-5	4/5/25	South Dakota Early Bird
45	Amelia WHITE	FR	Drury	0.13	40.60m	133-3	3/29/25	SBU Bearcat Invitational
46	Eden RUSH	SO	Edinboro	0.10	40.32m	132-4	4/5/25	Dave Labor Slippery Rock Invi
47	Isabella BARTOLETTI	JR	Slippery Rock	0.08	40.30m	132-3	3/22/25	Marty Pushkin Invitational
48	Whitney GRIFFITH	FR	CUI	0.05	40.18m	131-10	3/29/25	Vince O'Boyle Track and Field
49	Emma HEIN	FR	#3 Azusa Pacific {3}	0.03	40.12m	131-8	3/29/25	Vince O'Boyle Track and Field
50	Molly OLSON	SR	#3 Azusa Pacific {4}	0.01	40.07m	131-6	3/8/25	Beach Opener



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Miranda LAUVSTAD	JR #21	Minnesota State	34.02	5,529	3/28/25 Emporia State Relays
2	Valerie OLSON	SR #17	Oklahoma Baptist	31.47	5,428	3/29/25 Texas Relays
3	Maricia SPENCE	SR #7	Angelo State	28.95	5,333	4/5/25 David Noble Relays
4	Naiuri KREIN	JR #13	Washburn	26.38	5,207	3/28/25 Emporia State Relays
5	Viktoriia ERMOLAEVA	SO #21	Minnesota State {2}	24.25	5,174	3/28/25 Emporia State Relays
6	Hannah HILL	SR	North Greenville	22.17	5,152	4/5/25 Electric City Invitational
7	Kylie FRUSH	JR #7	Angelo State {2}	19.83	5,063	4/5/25 David Noble Relays
8	Abriel THRASH	SO	Southern Nazarene	17.57	4,996	3/29/25 Oklahoma Baptist Invitational
9	Afaf BENHADJA	SO #18	Texas A&M-Kingsville	15.36	4,937	4/5/25 David Noble Relays
10	Kristen JONES	SO #25	Central Missouri	12.79	4,654	3/29/25 SBU Bearcat Invitational
11	Macy CLEMENS	SR	Western Oregon	10.76	4,639	3/21/25 Klein/Nwaba Combined Event
12	Madeline NEWARK	JR	Edinboro	9.74	4,632	3/22/25 49er Classic
13	Riley NORRIS	JR	CUI	8.73	4,625	2/21/25 Ron Kamaka Combined Event
14	Amariyah CLAY	JR	Western Oregon {2}	7.71	4,619	3/21/25 Klein/Nwaba Combined Event
15	Belle LINDSEY	SO	Ouachita Baptist	6.68	4,600	3/7/25 Harding Multi
16	Giovana PELASCINI	SO	CUI {2}	5.62	4,574	3/14/25 Coast Classic
17	Maika CUENCA	JR	Academy of Art	5.12	4,572	3/29/25 Bobcat Invitational (Texas Sta
18	Rowan CEBULSKI	SO	Point Loma Nazarene	4.50	4,512	3/29/25 Shelia Burrell Aztec Multis
19	Gracie STEPHENS	FR #7	Angelo State {3}	3.92	4,476	4/5/25 David Noble Relays
20	Liz LANNOM	FR	Lee (Tenn.)	3.37	4,452	3/22/25 Lee Invitational
21	Natalie MUSE	SR	Chico State	2.84	4,434	4/4/25 Rage in the Cage Invitational
22	Grace KASBERGER	SR	Cal Poly Humboldt	2.29	4,410	3/6/25 Sam Adams Combined Events
23	Sydney WHITE	SR	Lee (Tenn.) {2}	1.76	4,397	3/22/25 Lee Invitational
24	Carley HUBER	SR #12	Central Washington	1.09	4,313	3/8/25 CWU Wildcat Open
25	Vivien LIESSFELD	SO	Alaska Anchorage	1.02	4,303	3/25/25 Boxer Combined Events
26	Amity DETERS	SR	Western Oregon {3}	0.93	4,283	3/21/25 Klein/Nwaba Combined Event
27	Reagan COLE	JR	Point Loma Nazarene {2}	0.86	4,275	3/29/25 Shelia Burrell Aztec Multis
28	Morgan SHELTON	JR	Northern State	0.80	4,268	3/22/25 Alan Connie Shamrock Invitat
28	Kendal BROWN	SO	Dallas Baptist	0.80	4,268	4/5/25 David Noble Relays
30	Jocelyn PEDRETTI	SO	Jessup (Calif.)	0.70	4,265	2/21/25 Chico State Multi Classic
30	Carly TUCKER	FR	Harding	0.70	4,265	3/7/25 Harding Multi
32	Laynie WHITE	SR	Ouachita Baptist {2}	0.60	4,199	3/7/25 Harding Multi
33	Ellie ZURO	SO	Pitt Johnstown	0.55	4,154	3/29/25 Tim Weaver Invitational
34	Nicole AVERY	JR #15	Western Washington	0.50	4,137	4/4/25 Rage in the Cage Invitational
35	Cassidy HAMMONDS	FR	Concord	0.45	4,107	3/22/25 49er Classic
36	Kathryn RUST	JR	Sonoma State	0.40	3,980	2/21/25 Ron Kamaka Combined Event
37	Hope COLLINS	FR	Alabama-Huntsville	0.35	3,977	4/5/25 Doc Anderson Invitational
38	Alexa POST	JR #21	Minnesota State {3}	0.30	3,941	3/28/25 Emporia State Relays
39	Koschinya JEFFERSON	SR	Seton Hill	0.28	3,928	3/29/25 Tim Weaver Invitational
40	Talynn SCHROEDER	JR	SF State	0.25	3,914	4/4/25 Rage in the Cage Invitational
41	Alivia WEATHERS	JR	Black Hills State	0.23	3,906c	(3906A) 4/6/25 Scott Walkinshaw Open/Multi
42	Kamille CUNNINGHAM	SO	Converse	0.20	3,900	3/22/25 49er Classic
43	Hallie HARRELL	FR	Montevallo	0.18	3,890	4/5/25 Doc Anderson Invitational
44	Miranda IRWIN	SR	Westmont (Calif.)	0.15	3,845	3/21/25 Klein/Nwaba Combined Event
45	Cameron JOHNSON	FR #21	Minnesota State {4}	0.13	3,814	3/28/25 Emporia State Relays
46	Leah POWICK	SR	CUI {3}	0.10	3,812	2/21/25 Ron Kamaka Combined Event
47	Aliyah TABA	FR	Western Oregon {4}	0.08	3,809	3/25/25 Boxer Combined Events
48	Hannah COOPER	SO	Montana St.-Billings	0.05	3,797c	(3797A) 4/5/25 Fighting Saints Open
49	Kiera BARTLETT	FR	Harding {2}	0.03	3,793	3/7/25 Harding Multi
50	Kieley SMITH	SO #24	Tusculum	0.01	3,777	4/5/25 Electric City Invitational