



Conference TFRI Team Summary



WOMEN — 2025 Checkpoint #3, April 15

CACC

Current	Team	Score	Last Week
1	Felician	1030.81	1
2	Holy Family (Pa.)	679.79	2
3	Wilmington (Del.)	582.89	3
4	Jefferson (Pa.)	469.48	5 ▲ 1
5	Georgian Court	465.89	4 ▼ 1
6	Goldey-Beacom	413.31	6
7	Caldwell	294.87	7
8	Bridgeport	197.61	10 ▲ 2
9	Chestnut Hill	189.37	8 ▼ 1
10	Dominican (N.Y.)	172.51	9 ▼ 1

CCAA

Current	Team	Score	Last Week
1	Cal Poly Pomona	1202.84	1
2	Chico State	982.30	2
3	Cal State San Bernardi	723.61	3
4	Cal State San Marcos	604.71	4
5	Stanislaus State	546.31	5
6	Sonoma State	412.97	6
7	SF State	348.01	7
8	Cal State LA	340.55	8
9	Cal Poly Humboldt	258.23	10 ▲ 1
10	Cal State Monterey Ba	173.70	9 ▼ 1
11	Cal State East Bay	173.52	11
12	Cal State Dominguez	68.20	12

CIAA

Current	Team	Score	Last Week
1	Winston-Salem State	851.48	1
2	Fayetteville State	715.92	2
3	Claflin	618.18	3
4	Virginia State	502.15	4
5	Lincoln (Pa.)	321.87	8 ▲ 3
6	Bowie State	311.13	5 ▼ 1
7	Shaw	304.09	9 ▲ 2
8	Livingstone	296.57	6 ▼ 2
9	Johnson C. Smith	296.53	10 ▲ 1
10	Virginia Union	282.55	7 ▼ 3
11	Bluefield State	106.12	11

CONFERENCE CAROLINAS

Current	Team	Score	Last Week
1	Mount Olive	1270.23	1
2	Converse	808.89	2
3	Belmont Abbey	709.52	3
4	North Greenville	634.75	4
5	UNC Pembroke	463.97	5
6	Shorter	324.93	6
7	Lees-McRae	299.67	7
8	Southern Wesleyan (S	253.41	9 ▲ 1
9	Francis Marion	236.14	8 ▼ 1
10	Barton	228.41	10
11	Erskine	131.13	11
12	King	127.60	12
13	Emmanuel (Ga.)	93.40	13
14	Young Harris	49.40	14

ECC

Current	Team	Score	Last Week
1	Roberts Wesleyan	749.30	2 ▲ 1
2	UDC	673.30	1 ▼ 1
3	St. Thomas Aquinas	647.31	3
4	Daemen	580.88	4
5	Staten Island	550.76	6 ▲ 1
6	Molloy	514.63	5 ▼ 1
7	D'Youville	454.32	7
8	Queens (N.Y.)	193.53	8

GAC

Current	Team	Score	Last Week
1	Ouachita Baptist	1228.52	1
2	Harding	1156.08	2
3	Oklahoma Baptist	886.62	3
4	Southern Arkansas	612.75	5 ▲ 1
5	Southeastern Oklaho	506.45	4 ▼ 1
6	Northwestern Oklaho	404.89	6
7	Arkansas Tech	263.69	7
8	Southwestern Oklaho	232.22	8
9	Southern Nazarene	220.37	9
10	East Central (Okla.)	85.28	10

GLIAC

Current	Team	Score	Last Week
1	Grand Valley State	1856.22	1
2	Wayne State (Mich.)	831.59	2
3	Northern Michigan	761.11	3
4	UW-Parkside	620.10	4
5	Davenport (Mich.)	584.64	5
6	Saginaw Valley State	375.94	7 ▲ 1
7	Ferris State	325.57	6 ▼ 1
8	Purdue Northwest (In	231.53	8
9	Michigan Tech	192.16	9
10	Lake Superior State	97.30	10

GLVC

Current	Team	Score	Last Week
1	Lewis	1108.10	1
2	Southwest Baptist	673.25	3 ▲ 1
3	Indianapolis	634.58	2 ▼ 1
4	Lincoln (Mo.)	597.19	5 ▲ 1
5	Maryville (Mo.)	582.87	4 ▼ 1
6	Truman	526.04	6
7	Missouri S&T	408.96	7
8	McKendree	281.42	8
9	William Jewell	207.59	9
10	Illinois-Springfield	193.34	10
11	Rockhurst	142.55	11
12	Drury	135.59	12
13	Upper Iowa	130.58	13
14	Quincy (Ill.)	7.73	15 ▲ 1
15	UMSL	6.19	14 ▼ 1

G-MAC

Current	Team	Score	Last Week
1	Ashland	1348.42	1
2	Findlay	993.92	3 ▲ 1
3	Hillsdale	872.01	2 ▼ 1
4	Tiffin	632.03	6 ▲ 2
5	Cedarville	487.63	4 ▼ 1
6	Walsh	475.20	5 ▼ 1
7	Northwood (Mich.)	302.25	7
8	Ursuline	234.26	8
9	Malone	153.86	10 ▲ 1
10	Lake Erie	116.47	11 ▲ 1
11	Thomas More (Ky.)	105.80	9 ▼ 2
12	Ohio Dominican	60.01	12

GNAC

Current	Team	Score	Last Week
1	Western Washington	1458.50	1
2	Central Washington	1024.57	2
3	Western Oregon	879.85	3
4	Alaska Anchorage	501.18	5 ▲ 1
5	Seattle Pacific	497.22	4 ▼ 1
6	Northwest Nazarene	404.86	6
7	Simon Fraser	382.38	8 ▲ 1
8	Montana St.-Billings	265.04	7 ▼ 1
9	Saint Martin's	148.37	9

GSC

Current	Team	Score	Last Week
1	Lee (Tenn.)	1334.65	2 ▲ 1
2	Alabama-Huntsville	1314.96	1 ▼ 1
3	Mississippi College	796.34	4 ▲ 1
4	Montevallo	752.56	3 ▼ 1
5	West Alabama	287.69	5
6	Trevecca Nazarene	188.78	6
7	Christian Brothers	126.03	7



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INDEPENDENTS

Current	Team	Score	Last Week
1	UPR Rio Piedras	1288.36	1
2	Alaska	321.09	2
3	West Florida	118.15	3
4	Valdosta State	111.86	4
5	Union (Tenn.)	86.95	10 ▲ 5
6	Gannon	74.41	5 ▼ 1
7	Georgia College	72.27	7
8	Auburn Montgomery (	62.78	6 ▼ 2
9	USC Aiken	40.74	9
10	Saint Michael's	36.76	8 ▼ 2
11	Cheyney	22.00	11
12	Shepherd	0.13	12

LONE STAR

Current	Team	Score	Last Week
1	West Texas A&M	1203.45	2 ▲ 1
2	Angelo State	910.28	1 ▼ 1
3	Texas A&M-Kingsville	716.06	3
4	Lubbock Christian	586.50	4
5	Midwestern State	471.12	5
6	Dallas Baptist	457.31	7 ▲ 1
7	Eastern New Mexico	434.34	6 ▼ 1
8	UT Tyler	415.14	8
9	Oklahoma Christian	268.42	9
10	St. Edward's	196.30	10
11	Cameron	95.71	11
12	Western New Mexico	55.08	12

MIAA

Current	Team	Score	Last Week
1	Pittsburg State	1315.21	1
2	Washburn	700.09	2
3	Northwest Missouri	681.65	7 ▲ 4
4	Central Missouri	552.76	4
5	Neb.-Kearney	502.19	5
6	Missouri Southern	476.74	3 ▼ 3
7	Emporia State	373.76	6 ▼ 1
8	Fort Hays State	362.38	8
9	Missouri Western	256.84	10 ▲ 1
10	Central Oklahoma	249.67	9 ▼ 1
11	Rogers State	129.02	11

MOUNTAIN EAST

Current	Team	Score	Last Week
1	Charleston (W.Va.)	1002.90	1
2	Point Park (Pa.)	834.64	2
3	West Liberty State	615.45	4 ▲ 1
4	West Virginia Wesleya	614.56	3 ▼ 1
5	Concord	503.75	5
6	Glenville State	475.08	6
7	Davis and Elkins	419.38	8 ▲ 1
8	West Virginia State	380.89	7 ▼ 1
9	Frostburg State	367.62	9
10	Wheeling	154.44	10

NORTHEAST-10

Current	Team	Score	Last Week
1	Southern Connecticut	1136.10	1
2	Saint Anselm	885.27	3 ▲ 1
3	New Haven	705.92	2 ▼ 1
4	Southern New Hamps	703.65	5 ▲ 1
5	Adelphi	703.37	4 ▼ 1
6	Assumption	526.18	6
7	Franklin Pierce	363.78	7
8	Bentley	219.44	8
9	American International	83.65	9

NSIC

Current	Team	Score	Last Week
1	Minnesota State	1447.92	3 ▲ 2
2	U-Mary	1016.38	1 ▼ 1
3	Sioux Falls	743.19	2 ▼ 1
4	Augustana (S.D.)	495.28	4
5	Minnesota Duluth	464.27	5
6	Winona State	414.72	6
7	Wayne State (Neb.)	373.43	7
8	Northern State	331.79	8
9	MSU Moorhead	204.85	13 ▲ 4
10	Minot State	167.30	9 ▼ 1
11	St. Cloud State	157.93	10 ▼ 1
12	Concordia-St. Paul	148.12	14 ▲ 2
13	Southwest Minnesota	143.43	11 ▼ 2
14	Bemidji State	140.03	12 ▼ 2

PACWEST

Current	Team	Score	Last Week
1	Azusa Pacific	1066.01	1
2	Biola (Calif.)	871.36	4 ▲ 2
3	CUI	845.49	2 ▼ 1
4	Fresno Pacific	837.51	3 ▼ 1
5	Point Loma Nazarene	663.97	5
6	Vanguard (Calif.)	470.76	6
7	Academy of Art	378.69	7
8	Westmont (Calif.)	235.72	8
9	Jessup (Calif.)	212.79	9
10	Dominican (Calif.)	69.55	10

PBC

Current	Team	Score	Last Week
1	Flagler	950.74	1
2	Augusta	702.67	2
3	Lander	696.02	3
4	Columbus State	651.65	4
5	Clayton State	628.82	5
6	North Georgia	414.77	7 ▲ 1
7	USC Beaufort (S.C.)	377.45	6 ▼ 1

PSAC

Current	Team	Score	Last Week
1	Slippery Rock	1076.29	1
2	Shippensburg	833.51	2
3	Millersville	540.29	3
4	Kutztown	466.91	4
5	Bloomsburg	425.30	9 ▲ 4
6	California (Pa.)	419.54	11 ▲ 5
7	East Stroudsburg	408.46	5 ▼ 2
8	Edinboro	386.50	8
9	West Chester	373.09	7 ▼ 2
10	Lock Haven	369.71	6 ▼ 4
11	Seton Hill	348.83	10 ▼ 1
12	Indiana (Pa.)	318.05	12
13	Clarion	134.47	14 ▲ 1
14	Pitt Johnstown	125.17	13 ▼ 1
15	Mansfield	35.83	15

RMAC

Current	Team	Score	Last Week
1	UC-Colorado Springs	1067.15	2 ▲ 1
2	Colorado Mesa	844.02	1 ▼ 1
3	Colo. School of Mines	797.92	5 ▲ 2
4	CSU Pueblo	621.65	3 ▼ 1
5	Adams State	580.60	4 ▼ 1
6	Western Colorado	548.73	6
7	New Mexico Highland	401.00	7
8	Black Hills State	281.27	8
9	MSU Denver	266.03	9
10	Chadron State	173.98	10
11	Westminster (Utah)	170.33	11
12	Colorado Christian	101.11	15 ▲ 3
13	South Dakota Mines	96.50	12 ▼ 1
14	Fort Lewis	80.39	13 ▼ 1
15	Regis (Colo.)	72.16	14 ▼ 1



Conference TFRI Team Summary

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Current	Team	Score	Last Week
1	Wingate	1429.43	1
2	Lenoir-Rhyne	884.85	2
3	Tusculum	519.34	3
4	Lincoln Memorial	468.35	5 ▲ 1
5	Anderson (S.C.)	435.43	4 ▼ 1
6	Catawba	430.76	8 ▲ 2
7	Newberry	353.81	6 ▼ 1
8	Limestone	286.20	9 ▲ 1
9	Carson-Newman	261.97	7 ▼ 2
10	UVA-Wise	229.25	10
11	Mars Hill	196.25	11
12	Emory & Henry	131.56	12
13	Coker	113.98	13

SIAC

Current	Team	Score	Last Week
1	Albany State (Ga.)	943.86	1
2	Clark Atlanta	819.48	2
3	Tuskegee	735.57	3
4	Benedict	477.48	4
5	Central State	407.94	6 ▲ 1
6	Fort Valley State	351.65	7 ▲ 1
7	Spring Hill (Ala.)	338.46	5 ▼ 2
8	Edward Waters (Fla.)	197.97	9 ▲ 1
9	LeMoyne-Owen	187.60	8 ▼ 1
10	Kentucky State	170.31	11 ▲ 1
11	Lane	143.46	10 ▼ 1
12	Savannah State	139.91	12
13	Allen (S.C.)	127.78	13
14	Miles	95.18	14

SUNSHINE

Current	Team	Score	Last Week
1	Embry-Riddle (Fla.)	1401.12	1
2	Tampa	882.06	2
3	Nova Southeastern	425.74	3
4	Lynn	374.92	4
5	Florida Southern	344.26	5
6	Barry	198.64	6
7	Palm Beach Atlantic	102.53	7