



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR #22 Lenoir-Rhyne	34.06	11.13	(-0.1)	3/29/25	Raleigh Relays
2	Ashley BARRETT	JR #15 New Mexico Highlands	31.20	11.22	(1.9)	4/12/25	Jo Meaker Classic & Multi
3	E'lexis HOLLIS	SR #11 Central Washington	28.73	11.27w	(2.3)	3/29/25	Bobcat Invitational (Texas Sta
4	Nydia CHANCE	SO #9 Fresno Pacific	26.45	11.30	(0.0)	2/22/25	Sunbird Invitational
5	Diandrenique GAINES	SR #2 Pittsburg State	23.71	11.38	(1.9)	4/12/25	Arkansas Spring Invitational
5	Deborah ACHEAMPONG	SO #1 West Texas A&M	23.71	11.38	(1.6)	3/22/25	West Texas Relays
7	Jahzara HART	JR Tusculum	19.57	11.40w	(2.2)	4/5/25	Electric City Invitational
8	Grizell SCARLETT	SO Eastern New Mexico	17.33	11.44	(1.1)	4/12/25	Jo Meaker Classic & Multi
9	Amari WEATHERFORD	SR #23 Cal State San Bernard	15.02	11.49w	(2.1)	3/28/25	Mangrum Invitational
10	Gaby HORTON	JR Colorado Mesa	12.96	11.50c	(11.47A) (0.	4/4/25	Maverick Invitational
11	Sarai BROWN	JR Maryville (Mo.)	10.78	11.53w	(3.7)	3/29/25	SBU Bearcat Invitational
11	Brianna BENLOSS	SO Winston-Salem State	10.78	11.53w	(2.3)	4/5/25	High Point VertKlasse Meeting
13	Hailey HUNT	SR #23 Cal State San Bernard	8.62	11.56	(1.5)	3/22/25	Hornet Invitational
14	Riley ALLEN	FR #9 Fresno Pacific	{2}	11.58	(0.0)	2/22/25	Sunbird Invitational
15	Yakubu BALIKIS	SR West Alabama	6.53	11.59	(1.5)	3/22/25	Alumni Bulldog Relays
16	JaTerralyn HAMILTON	FR Spring Hill (Ala.)	5.47	11.61w	(3.7)	4/5/25	Doc Anderson Invitational
16	Brianna CHENEVEY	SO #10 Ashland	5.47	11.61w	(3.4)	3/30/25	Yellow Jacket Collegiate Open
18	Ta'Mijha NICHOLS	SO #16 Washburn	4.44	11.62	(1.5)	3/28/25	Emporia State Relays
18	Shantae GEORGE	SR Lincoln (Mo.)	4.44	11.62	(2.0)	4/12/25	Wichita State K.T. Woodman I
20	Laila CLEARE	JR #13 U-Mary	3.38	11.64	(1.4)	3/27/25	Yellowjackets Open
20	Leah SMITH	SO Findlay	3.38	11.64	(0.0)	4/5/25	Oliver Nikoloff Open
20	Nevaeh LEWIS	FR Tiffin	3.38	11.64w	(2.8)	4/12/25	South Florida Invitational (out
23	Collinique FARRINGTON	SR #8 Southwest Baptist	1.85	11.65	(0.4)	4/11/25	Mule Relays
23	Jasmyn CRAWFORD	SR CUI	1.85	11.65	(1.4)	3/29/25	Vince O'Boyle Track and Field
23	Summer SWARTWOUT	FR Cedarville	1.85	11.65w	(3.4)	3/30/25	Yellow Jacket Collegiate Open
26	Iyanna FULLER	JR #9 Fresno Pacific	{3}	11.66	(0.0)	2/22/25	Sunbird Invitational
27	Rujeko MUNETSI	FR #15 New Mexico Highlands	{2}	11.68	(1.9)	4/12/25	Jo Meaker Classic & Multi
28	Eseose OKODUWA	SR Converse	1.00	11.70w	(2.6)	4/5/25	Pepsi Florida Relays
28	Trinity MILLER	SR #3 Azusa Pacific	1.00	11.70	(1.4)	3/29/25	Vince O'Boyle Track and Field
28	Campbell BARTA	FR Northwest Missouri	1.00	11.70	(0.5)	3/28/25	Emporia State Relays
31	Ariana VERA	SR #9 Fresno Pacific	{4}	11.71	(0.0)	2/22/25	Sunbird Invitational
32	Brianna GREEN	SR #9 Fresno Pacific	{5}	11.73w	(2.7)	3/1/25	Kim Duyst Invitational
32	Hughasia FYFFE	SR Limestone	0.71	11.73w	(2.2)	4/5/25	Electric City Invitational
32	Shaniya RANDOLPH	SO #9 Fresno Pacific	{5}	11.73	(0.0)	2/22/25	Sunbird Invitational
35	Aniya HECKSTALL	JR Barton	0.53	11.74	(0.2)	4/12/25	The Trojan Relays
35	Colette PATTI	SO Charleston (W.Va.)	0.53	11.74	(-1.3)	4/4/25	Golden Eagle Invitational
35	Alyssa HUTCHERSON	SR #16 Washburn	{2}	11.74	(1.7)	4/12/25	Arkansas Spring Invitational
38	Sai BROOKINS-FLEMING	SO Central Oklahoma	0.35	11.75	(2.0)	4/12/25	Wichita State K.T. Woodman I
39	Emma CANNAN	JR Simon Fraser	0.30	11.76	(0.4)	4/12/25	Pomona-Pitzer Invitational
39	Joy EGWU	JR Lubbock Christian	0.30	11.76	(1.9)	4/12/25	Jo Meaker Classic & Multi
41	Jayla KENNEDY	FR Clark Atlanta	0.23	11.77w	(2.3)	3/22/25	Emory Spring Break Classic
41	Cadence CRAY	SO Albany State (Ga.)	0.23	11.77	(0.7)	4/12/25	Alice Coachman Invitational
43	Kiera TAYLOR	JR Tusculum	{2}	11.78w	(2.2)	4/5/25	Electric City Invitational
43	Rionna WALLACE	JR Stanislaus State	0.18	11.78w	(2.7)	3/1/25	Kim Duyst Invitational
45	Nellie WARTANIAN	FR Western Colorado	0.13	11.79w	(2.5)	4/12/25	Jo Meaker Classic & Multi
45	Victoria FARINAS	SR #21 UC-Colorado Springs	0.13	11.79cw	(11.76A) (2.	3/29/25	Chuck Haering Classic
47	Nevaeh WILLIAMS	SO #3 Azusa Pacific	{2}	11.80	(1.4)	3/29/25	Vince O'Boyle Track and Field
48	Alexandra ACKERMAN	SR #23 Cal State San Bernard	{8}	11.81	(1.5)	3/22/25	Hornet Invitational
48	Faith WYMAN	SR Lewis	0.05	11.81	(1.9)	4/13/25	Olivet Nazarene Tiger Open
50	Candace MORRIS	SO West Virginia State	0.01	11.82w	(2.3)	4/5/25	High Point VertKlasse Meeting
50	Jordyn DORTCH	SO Alabama-Huntsville	0.01	11.82	(-1.2)	4/12/25	Crimson Tide Invite
50	Margaux SHELTON	SR #25 Wingate	0.01	11.82w	(2.3)	4/5/25	High Point VertKlasse Meeting
50	Alayna VERNER	SR #3 Azusa Pacific	{3}	11.82	(1.1)	3/29/25	Vince O'Boyle Track and Field



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Grace JOHNSON	SR	#5 Minnesota State	33.29	13.29	(1.8)	4/12/25	Minnesota State Open
2	Charnessa REID	SR	Winston-Salem State	30.85	13.36w	(3.6)	4/5/25	High Point VertKlasse Meeting
2	Adeyeh BREWSTER	SR	#5 Minnesota State {2}	30.85	13.36	(0.9)	4/12/25	Minnesota State Open
4	Patreece CLARKE	JR	#15 New Mexico Highlands	26.01	13.50	(1.8)	3/22/25	West Texas Relays
5	Esther CONDE-TURPIN	JR	#3 Azusa Pacific	23.93	13.52	(0.9)	4/11/25	Bryan Clay Invitational
6	Kayvon NUBINE	FR	#2 Pittsburg State	21.60	13.60w	(2.6)	3/28/25	Emporia State Relays
7	Ashanti HARVEY	JR	#5 Minnesota State {3}	19.52	13.62	(1.8)	4/12/25	Minnesota State Open
8	Neshara SMITH	JR	Cal Poly Pomona	17.40	13.65w	(2.1)	3/8/25	Beach Opener
9	Channie JEFFERSON	JR	Mount Olive	15.36	13.66w	(2.1)	3/29/25	Trojan Challenge
10	Aniya SEWARD	SR	#10 Ashland	13.28	13.68	(1.8)	4/13/25	Mount Union John Homan Op
11	Brianna GREEN	SR	#9 Fresno Pacific	2.93	D 13.77	(0.0)	4/5/25	Stanford Invitational
11	Obiageli AKUBUDE	SO	Claflin	10.93	13.77w	(2.6)	4/12/25	Gamecock Invitational
13	Esaba OKWARAOI	SO	#5 Minnesota State {4}	8.83	13.80	(1.8)	4/12/25	Minnesota State Open
14	Ellyse WOLFRATH	SR	Northern Michigan	7.79	13.82w	(3.6)	4/5/25	Ashton May Invitational
15	Caroline MAYES	JR	William Jewell	6.65	13.89w	(2.6)	3/28/25	Emporia State Relays
16	Theresa GREEN-WHITE	JR	Tusculum	5.64	13.90	(-0.2)	4/5/25	Electric City Invitational
17	Blakelee WINN	SR	#2 Pittsburg State {2}	2.58	D 13.93	(0.9)	4/11/25	Bryan Clay Invitational
18	Ally HAMMOND	SR	#5 Minnesota State {5}	4.54	13.95	(1.8)	4/12/25	Minnesota State Open
19	Brooke BARKOCY	SR	#4 Grand Valley State	4.02	13.96	(0.3)	4/12/25	We Fly Challenge
19	Aaliyannah ANDERSON	SO	Lincoln (Mo.)	4.02	13.96	(1.9)	3/29/25	Central Methodist Invitational
21	Eboselulu OMOFOMA	FR	Biola (Calif.)	2.88	14.03	(1.6)	3/15/25	Ross and Sharon Irwin Collegi
22	Liv HEITE	SO	Alaska Anchorage	2.33	14.06	(1.2)	4/5/25	Mike Fanelli Track Classic
23	Aisha CARRINGTON	SR	Lincoln (Pa.)	1.77	14.09w	(2.6)	4/12/25	South Florida Invitational (out
23	Sasha LEE	SR	Shippensburg	1.77	14.09w	(2.6)	3/29/25	Dr. Jack M. Toms Alumni Invit
25	Morgan COVERSON-SPRINGS	FR	Claflin {2}	1.20	14.10	(1.1)	4/12/25	Gamecock Invitational
25	Dounia ROUTBI	JR	#25 Wingate	1.20	14.10w	(2.8)	4/5/25	High Point VertKlasse Meeting
25	Patrice MANSFIELD	JR	Southern Connecticut	1.20	14.10w	(2.5)	4/4/25	UConn Dog Fight
28	Hanna REICHENBERGER	SR	Winona State	1.01	14.12	(0.9)	4/12/25	Minnesota State Open
29	Hannah CHANG	JR	Seattle Pacific	0.87	14.17	(0.1)	4/12/25	Pomona-Pitzer Invitational
29	Ashyria SAVAGE	JR	#19 Missouri Southern	0.87	14.17	(0.8)	4/11/25	Mule Relays
29	Precious OLATUNJI	SR	#5 Minnesota State {6}	0.87	14.17	(1.9)	4/12/25	Minnesota State Open
29	Crystal WALKER	SR	Northern Michigan {2}	0.87	14.17w	(3.4)	3/29/25	Redbird Challenge
33	Isabelle PETERS	SR	#2 Pittsburg State {3}	0.61	14.20w	(2.6)	3/28/25	Emporia State Relays
33	Kori MOORE	FR	Tusculum {2}	0.61	14.20	(-0.2)	4/5/25	Electric City Invitational
33	Alexis RANGER-DUNBAR	SR	#9 Fresno Pacific {2}	0.61	14.20	(2.0)	3/22/25	Hornet Invitational
36	Valerie OLSON	SR	#18 Oklahoma Baptist	0.44	14.21	(-0.4)	3/29/25	Texas Relays
36	Jada KAMTHA	SO	New Haven	0.44	14.21	(1.9)	3/29/25	Ramapo College Invitational
36	Maricia SPENCE	SR	#12 Angelo State	0.44	14.21w	(2.5)	4/5/25	David Noble Relays
39	Sharonda PRIESTER	SO	#22 Lenoir-Rhyne	0.28	14.26	(1.2)	4/13/25	Southside Power & Fitness Inv
39	Sterling WEBB	SO	Lincoln Memorial	0.28	14.26	(1.1)	4/13/25	Southside Power & Fitness Inv
41	Odessa SMITH	SO	#10 Ashland {2}	0.23	14.27	(1.3)	4/12/25	Fast Break Athletics Invitation
42	Isabelle FLORES	SR	Belmont Abbey	0.20	14.28	(0.6)	3/29/25	Davidson Relays
43	Destini DORKINS	JR	#4 Grand Valley State {2}	0.18	14.29	(0.3)	4/12/25	We Fly Challenge
43	Lainey JERNIGAN	FR	#12 Angelo State {2}	0.18	14.29w	(2.5)	4/5/25	David Noble Relays
43	Liz LANNOM	FR	Lee (Tenn.)	0.18	14.29	(0.8)	3/22/25	Lee Invitational
46	Temitope ADENUGA	SO	#1 West Texas A&M	0.10	14.30	(1.8)	4/12/25	Jo Meaker Classic & Multi
47	Bracie VAUGHN	JR	UT Tyler	0.08	14.31w	(2.6)	3/29/25	Bobcat Invitational (Texas Sta
47	Belle LINDSEY	SO	Ouachita Baptist	0.08	14.31w	(2.6)	4/5/25	Joe Walker Invitational
47	Allie MURPHY	JR	Tampa	0.08	14.31	(1.6)	4/5/25	Embry-Riddle Running Eleme
50	Grace COLLETT	SR	Saginaw Valley State	0.01	14.33	(1.3)	4/12/25	Fast Break Athletics Invitation



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR #22 Lenoir-Rhyne	34.32	22.67	(2.0)	3/29/25 Raleigh Relays	
2	Collinique FARRINGTON	SR #8 Southwest Baptist	30.86	23.00w	(2.6)	3/29/25 SBU Bearcat Invitational	
3	Blessing AKINTOYE	SO #1 West Texas A&M	28.51	23.08w	(2.2)	4/12/25 Jo Meaker Classic & Multi	
4	Deborah ACHEAMPONG	SO #1 West Texas A&M {2}	25.83	23.24w	(3.3)	3/22/25 West Texas Relays	
5	Tionce WALROND	SO #13 U-Mary	23.53	23.31	(0.8)	3/27/25 Yellowjackets Open	
6	Sakena MASSIAH	SR #13 U-Mary {2}	21.35	23.37	(0.8)	3/27/25 Yellowjackets Open	
7	Diandrenique GAINES	SR #2 Pittsburg State	19.33	23.38w	(3.3)	4/12/25 Arkansas Spring Invitational	
8	Amari WEATHERFORD	SR #23 Cal State San Bernard	17.24	23.41	(1.2)	3/22/25 Hornet Invitational	
8	Stephanique DEAN	JR #8 Southwest Baptist {2}	17.24	23.41w	(2.6)	3/29/25 SBU Bearcat Invitational	
10	Peace NWAELEHIA	FR #1 West Texas A&M {3}	13.10	23.46	(1.6)	4/12/25 Jo Meaker Classic & Multi	
11	Jahzara HART	JR Tusculum	10.96	23.51	(0.4)	4/5/25 Electric City Invitational	
12	Laila CLEARE	JR #13 U-Mary {3}	9.85	23.55	(0.8)	3/27/25 Yellowjackets Open	
13	Emma CANNAN	JR Simon Fraser	8.82	23.56	(1.1)	4/12/25 Pomona-Pitzer Invitational	
14	Anna SALISBURY	SR Lubbock Christian	7.68	23.61w	(2.2)	4/12/25 Jo Meaker Classic & Multi	
15	Cynai CHRISTOPHER	SR #20 Texas A&M-Kingsville	6.65	23.62w	(4.0)	3/22/25 UTSA Invitational	
16	Jordan TAYLOR	FR Findlay	5.58	23.65	(-0.5)	4/5/25 Oliver Nikoloff Open	
17	Futoria HARRIS	FR Mount Olive	5.03	23.68w	(2.7)	3/22/25 Alan Connie Shamrock Invitati	
18	E'lexis HOLLIS	SR #11 Central Washington	4.49	23.71	(0.8)	4/11/25 Whitworth Jeffrahn Classic	
19	Ashley BARRETT	JR #15 New Mexico Highlands	3.97	23.73w	(3.3)	3/22/25 West Texas Relays	
20	Shantae GEORGE	SR Lincoln (Mo.)	3.45	23.74w	(2.5)	4/12/25 Wichita State K.T. Woodman I	
21	Yakubu BALIKIS	SR West Alabama	2.94	23.75	(-0.4)	3/22/25 Alumni Bulldog Relays	
22	Summer SWARTWOUT	FR Cedarville	2.40	23.78c	(24.15) (0.4)	3/30/25 Yellow Jacket Collegiate Open	
23	Hailey HUNT	SR #23 Cal State San Bernard {2}	1.88	23.79	(1.2)	3/22/25 Hornet Invitational	
24	Grace OBOUR	JR #5 Minnesota State	1.33	23.83	(1.1)	4/12/25 Minnesota State Open	
25	Kacian POWELL	SO #15 New Mexico Highlands {2}	1.26	23.84w	(2.4)	3/22/25 West Texas Relays	
26	Rasha BADRANI	JR Cal State San Marcos	1.20	23.85	(-0.3)	4/5/25 UCSD Triton Invitational	
26	Jamiya MORGAN	SR #2 Pittsburg State {2}	1.20	23.85w	(3.1)	4/12/25 Arkansas Spring Invitational	
28	Hannah HILL	SR North Greenville	1.07	23.87	(0.8)	4/5/25 Electric City Invitational	
29	Trinity MILLER	SR #3 Azusa Pacific	1.00	23.89	(1.0)	4/5/25 UCSD Triton Invitational	
30	Shanice COX	JR Tusculum {2}	0.92	23.91	(0.4)	4/5/25 Electric City Invitational	
30	Jasmyn CRAWFORD	SR CUI	0.92	23.91	(0.8)	3/29/25 Vince O'Boyle Track and Field	
32	Sariyah COPELAND	SR #9 Fresno Pacific	0.78	23.94	(-0.4)	4/5/25 Stanford Invitational	
33	Tiffany HUGHEY	SR Northwest Missouri	0.70	23.96	(1.5)	4/11/25 Mule Relays	
34	Grizell SCARLETT	SO Eastern New Mexico	0.62	23.98w	(2.2)	4/12/25 Jo Meaker Classic & Multi	
34	Brianna CHENEVEY	SO #10 Ashland	0.62	23.98	(-0.5)	4/5/25 Oliver Nikoloff Open	
36	Danaya KINNARD	SO #21 UC-Colorado Springs	0.51	23.99w	(2.3)	4/12/25 Jo Meaker Classic & Multi	
36	Leah SMITH	SO Findlay {2}	0.51	23.99	(-0.5)	4/5/25 Oliver Nikoloff Open	
38	Nevaeh LEWIS	FR Tiffin	0.30	24.07	(1.8)	4/12/25 South Florida Invitational (out	
39	Lauren COLEMAN	FR Drury	0.28	24.09w	(2.6)	3/29/25 SBU Bearcat Invitational	
40	Aniya HECKSTALL	JR Barton	0.25	24.10	(0.0)	4/12/25 The Trojan Relays	
41	Jordyn DORTCH	SO Alabama-Huntsville	0.23	24.11	(-0.3)	4/12/25 Crimson Tide Invite	
42	Nydia CHANCE	SO #9 Fresno Pacific {2}	0.20	24.13	(1.2)	3/29/25 West Coast Relays	
43	Sarai BROWN	JR Maryville (Mo.)	0.18	24.14	(1.5)	4/11/25 Mule Relays	
44	An'Janae LATCHINSON	JR Tuskegee	0.15	24.15	(0.2)	3/29/25 UAB Spring Time Invite	
45	Caliyah WALLACE	JR Tiffin {2}	0.13	24.17	(1.8)	4/12/25 South Florida Invitational (out	
46	Cadence CRAY	SO Albany State (Ga.)	0.10	24.18	(-0.9)	4/5/25 UWG Legends Invitational	
47	Damyja ALEJANDRO-ORTI	JR #22 Lenoir-Rhyne {2}	0.08	24.19	(0.2)	3/29/25 Raleigh Relays	
47	Valerie OLSON	SR #18 Oklahoma Baptist	0.08	24.19	(1.4)	3/29/25 Texas Relays	
47	Gaby HORTON	JR Colorado Mesa	0.08	24.19c	(24.12A) (1.	4/4/25 Maverick Invitiational	
47	Catherine GUCKENBERGEI	SO #4 Grand Valley State	0.08	24.19	(0.4)	4/12/25 We Fly Challenge	



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Anna SALISBURY	SR	Lubbock Christian	33.14	52.98	4/12/25	Jo Meaker Classic & Multi
2	Collinique FARRINGTON	SR	#8 Southwest Baptist	31.08	53.01	4/11/25	Mule Relays
3	Peace NWAELEHIA	FR	#1 West Texas A&M	28.89	53.10	4/12/25	Jo Meaker Classic & Multi
4	Blessing AKINTOYE	SO	#1 West Texas A&M {2}	26.35	53.37	4/12/25	Jo Meaker Classic & Multi
5	Brianna GREEN	SR	#9 Fresno Pacific	23.63	53.77	3/29/25	West Coast Relays
6	Tetiana KHARASHCHUK	FR	Harding	21.39	53.95	4/12/25	Little Rock Invite
7	Tiffany HUGHEY	SR	Northwest Missouri	19.34	53.99	4/11/25	Mule Relays
8	Kamani JOHNS	SR	Lincoln (Pa.)	17.30	54.02	4/12/25	South Florida Invitational (out
9	Kennedy COOK	SO	#17 Western Washington	15.21	54.09	4/5/25	UCSD Triton Invitational
10	Alayna VERNER	SR	#3 Azusa Pacific	13.06	54.20	4/5/25	UCSD Triton Invitational
11	Bec BENNETT	JR	#17 Western Washington {2}	11.00	54.25	3/22/25	Willie Williams/Dave Murray Di
12	Sakena MASSIAH	SR	#13 U-Mary	9.74	54.45	3/27/25	Yellowjackets Open
13	Sharonda PRIESTER	SO	#22 Lenoir-Rhyne	8.67	54.50	4/5/25	High Point VertKlasse Meeting
14	Cynai CHRISTOPHER	SR	#20 Texas A&M-Kingsville	7.56	54.60	4/12/25	Cactus Cup
15	Tayen WERNER	FR	#13 U-Mary {2}	6.53	54.65	4/6/25	Al Bortke Open
16	Alexis WHITE	SR	#23 Cal State San Bernard	5.52	54.67	3/22/25	Hornet Invitational
16	Rasha BADRANI	JR	Cal State San Marcos	5.52	54.67	3/28/25	Mangrum Invitational
18	Brooke DALGITY	SR	Vanguard (Calif.)	4.49	54.71	4/12/25	Pomona-Pitzer Invitational
19	Kamaria CARR	SO	UT Tyler	3.91	54.83	4/12/25	Jo Meaker Classic & Multi
20	Lina HANICH	SR	Academy of Art	2.41	54.84	4/5/25	Stanford Invitational
21	Addison WASHLER	SO	#4 Grand Valley State	2.90	54.85	3/29/25	Bobcat Invitational (Texas Sta
22	Hannah CAIOLA	JR	Southern Connecticut	2.38	54.88	4/4/25	UConn Dog Fight
23	Omolara OGUNMAKINJU	SO	Harding {2}	1.87	54.89	4/5/25	Bryan Phillips Invitational
24	Jessica JAMES	JR	Cal Poly Pomona	1.35	54.92	3/22/25	Jim Bush Legends Invitational
25	Eryn BURKE	SR	Vanguard (Calif.) {2}	1.29	54.94	3/22/25	UC Riverside Spring Track Clas
26	Kereser AUGUSTIN	JR	#16 Washburn	1.24	54.95	4/12/25	Arkansas Spring Invitational
27	Kenahdi HASLIP	SO	#9 Fresno Pacific {2}	1.14	55.02	3/22/25	Hornet Invitational
27	Oneika BRISSETT	FR	#20 Texas A&M-Kingsville{2}	1.14	55.02	4/12/25	Cactus Cup
29	Liana RODRIGUEZ	SR	Tiffin	1.03	55.04	4/12/25	South Florida Invitational (out
30	Shaniya RANDOLPH	SO	#9 Fresno Pacific {3}	0.96	55.07	3/29/25	West Coast Relays
31	Giovana PELASCINI	SO	CUI	0.90	55.08	4/5/25	UCSD Triton Invitational
32	Nidhi SINGH	SR	Midwestern State	0.82	55.13	3/22/25	Wes Kitley Invitational
33	Melanie ROLAND	JR	Northwest Missouri {2}	0.76	55.14	4/11/25	Mule Relays
34	Shoneal CLARKE-GIDDING	SO	Lincoln (Mo.)	0.70	55.16	4/12/25	Wichita State K.T. Woodman I
35	Dasia GILYARD	SR	Albany State (Ga.)	0.62	55.20	4/12/25	Alice Coachman Invitational
36	Catherine GUCKENBERGEI	SO	#4 Grand Valley State {2}	0.55	55.24	3/29/25	Bobcat Invitational (Texas Sta
37	Angelica GOMES	FR	Point Loma Nazarene	0.45	55.32	3/22/25	Aztec Invitational
38	Jani DAY	JR	#22 Lenoir-Rhyne {2}	0.37	55.37	4/13/25	Southside Power & Fitness Inv
38	Leah SMITH	SO	Findlay	0.37	55.37	4/12/25	We Fly Challenge
40	Olivia COSBY	SO	Winston-Salem State	0.28	55.43	4/5/25	High Point VertKlasse Meeting
41	Asheika SMITH	SO	Winston-Salem State{2}	0.23	55.48	4/13/25	Southside Power & Fitness Inv
41	Berna ZUKINA	JR	Edinboro	0.23	55.48	3/29/25	Carnegie Mellon Invitational
43	Kelescia DOWNES	FR	#13 U-Mary {3}	0.18	55.49	4/6/25	Al Bortke Open
44	Lacey BOOZER	SR	Anderson (S.C.)	0.15	55.51	4/5/25	Electric City Invitational
45	Gabriella APELIAN	FR	#13 U-Mary {4}	0.13	55.57	4/6/25	Al Bortke Open
46	Damyja ALEJANDRO-ORTI	JR	#22 Lenoir-Rhyne {3}	0.10	55.58	4/13/25	Southside Power & Fitness Inv
47	Claire NEUMANN	FR	#4 Grand Valley State {3}	0.08	55.59	3/29/25	Bobcat Invitational (Texas Sta
48	Jamiya MORGAN	SR	#2 Pittsburg State	0.05	55.62	3/28/25	Emporia State Relays
49	Jozlyn ARANA	JR	Lubbock Christian {2}	0.03	55.63	3/22/25	West Texas Relays
50	Nathalia ROWE	SR	Albany State (Ga.) {2}	0.01	55.67	4/5/25	UWG Legends Invitational



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Rasha BADRANI	JR	Cal State San Marcos	34.50	57.79	4/5/25 UCSD Triton Invitational
2	Brianna GREEN	SR	#9 Fresno Pacific	32.48	57.80	4/5/25 Stanford Invitational
3	Olivia ALEXANDRE	SR	#3 Azusa Pacific	28.38	59.18	4/5/25 UCSD Triton Invitational
4	Asana HAMIDU	JR	#1 West Texas A&M	25.92	59.49	4/12/25 Jo Meaker Classic & Multi
5	Kylie RAY	FR	Findlay	23.74	59.61	4/5/25 Oliver Nikoloff Open
6	Morgan HERTZ	SR	#13 U-Mary	21.45	59.83	3/27/25 Yellowjackets Open
7	An'Janae LATCHINSON	JR	Tuskegee	19.29	59.99	4/5/25 Doc Anderson Invitational
8	Temitope ADENUGA	SO	#1 West Texas A&M {2}	17.20	1:00.08	4/12/25 Jo Meaker Classic & Multi
9	Nathalia ROWE	SR	Albany State (Ga.)	15.12	1:00.16	4/12/25 Alice Coachman Invitational
10	Allie MURPHY	JR	Tampa	13.07	1:00.22	4/12/25 South Florida Invitational (out
11	Miranda LAUVSTAD	JR	#5 Minnesota State	3.00	1:00.29	4/12/25 Minnesota State Open
12	Shevanae THOMAS	SR	Lincoln (Mo.)	9.90	1:00.39	4/12/25 Wichita State K.T. Woodman I
13	Sharonda PRIESTER	SO	#22 Lenoir-Rhyne	8.78	1:00.52	3/29/25 Raleigh Relays
14	Odeshia NANTON	SO	Lincoln (Mo.) {2}	7.66	1:00.64	3/22/25 Missouri S&T Miner Invitationa
15	Hoyane ESPER	JR	#25 Wingate	6.65	1:00.65	4/12/25 Duke Invitational
16	Victoria AMIADAMEN	SO	#7 Adams State	5.50	1:00.94c (1:00.83A)	3/30/25 New Mexico Spring Invitationa
17	Avril MENDOZA	FR	#9 Fresno Pacific {2}	4.98	1:00.98	2/22/25 Sunbird Invitational
18	Abigael REID	SR	Emporia State	4.41	1:01.13	3/28/25 Emporia State Relays
19	Sarah MCGARRY	FR	Point Loma Nazarene	3.90	1:01.14	3/8/25 Ben Brown Invitational/AstroA
20	Dounia ROUTBI	JR	#25 Wingate {2}	3.36	1:01.22	3/29/25 Raleigh Relays
21	Isabelle FLORES	SR	Belmont Abbey	2.85	1:01.25	3/29/25 Davidson Relays
22	Jordyn BURKE	SR	Vanguard (Calif.)	2.34	1:01.27	3/22/25 UC Riverside Spring Track Clas
22	Mila REAL	SO	Stanislaus State	2.34	1:01.27	3/29/25 West Coast Relays
24	Haley BRENNY	SR	Seton Hill	1.29	1:01.38	4/14/25 Bison Outdoor Classic
25	Eboselulu OMOFOMA	FR	Biola (Calif.)	1.21	1:01.44	4/5/25 Stanford Invitational
26	Kendall TIETJEN	JR	Black Hills State	1.14	1:01.48c (1:01.37A)	3/29/25 Chuck Haering Classic
26	Allison COMER	SR	#6 Colo. School of Mines	1.14	1:01.48c (1:01.37A)	3/28/25 Mines Midweek Meet
28	Liv HEITE	SO	Alaska Anchorage	1.00	1:01.56	4/12/25 John Knight Twilight
29	Jaedy COMMINS	SR	Northwest Missouri	0.90	1:01.68	4/11/25 Mule Relays
30	Destini DORKINS	JR	#4 Grand Valley State	0.81	1:01.76	4/12/25 We Fly Challenge
31	Valerie OLSON	SR	#18 Oklahoma Baptist	0.75	1:01.79	4/4/25 John Jacobs Invitational
32	Shackelia GREEN	JR	#12 Angelo State	0.64	1:01.91	4/12/25 Cactus Cup
33	Deriyah LEE	SO	Central Oklahoma	0.58	1:01.93	4/12/25 Wichita State K.T. Woodman I
34	Lisa RETAILLEAU	JR	Harding	0.50	1:02.05	4/12/25 Little Rock Invite
34	Zanri BLACK	FR	Findlay {2}	0.50	1:02.05	4/5/25 Oliver Nikoloff Open
36	Reba MADER	JR	Fort Hays State	0.40	1:02.33	4/12/25 Jo Meaker Classic & Multi
37	Layla SIMPSON	JR	Winston-Salem State	0.35	1:02.34	4/5/25 High Point VertKlasse Meeting
38	Mary MCKEY	SR	#18 Oklahoma Baptist {2}	0.30	1:02.36	4/12/25 Arkansas Spring Invitational
39	Gabrielle MAYE	SO	Johnson C. Smith	0.28	1:02.37	4/5/25 High Point VertKlasse Meeting
40	Madison ROWE	JR	Southeastern Oklaho	0.25	1:02.41	4/12/25 Little Rock Invite
41	Aani HARDESTY	SO	#6 Colo. School of Mines {2}	0.23	1:02.44c (1:02.33A)	4/12/25 Kit Mayer Memorial Classic
42	Ahna LARSON	SR	Northern Michigan	0.20	1:02.49	4/12/25 UW Oshkosh Invitational
43	Keneisha THOMAS	SO	Wayne State (Mich.)	0.18	1:02.59	3/29/25 Bobcat Invitational (Texas Sta
44	Molly MORRIS	FR	Tampa {2}	0.15	1:02.60	3/22/25 South Florida Alumni Invitatio
45	Nidhi SINGH	SR	Midwestern State	0.13	1:02.62	4/5/25 David Noble Relays
46	Jessie HEATH	SO	Midwestern State {2}	0.10	1:02.64	4/5/25 David Noble Relays
47	Carley HUBER	SR	#11 Central Washington	0.08	1:02.70	4/4/25 Whitworth Peace Meet
48	Kaylee PRICE	FR	#12 Angelo State {2}	0.05	1:02.80	3/22/25 Wes Kittley Invitational
49	Jadyn MULLEN	FR	Roberts Wesleyan	0.03	1:02.83	4/5/25 Embry-Riddle Running Eleme
50	Kammi MERRITT	FR	Colorado Mesa	0.01	1:02.90c (1:02.79A)	4/4/25 Maverick Invitational



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Helen BRAYBROOK	SR #14 CSU Pueblo	33.52	2:03.45c	(2:04.11A)	3/29/25	Chuck Haering Classic
2	Lina HANICH	SR Academy of Art	31.42	2:03.60		4/5/25	Stanford Invitational
3	Abigail ABUGIRE	FR #1 West Texas A&M	28.57	2:04.89		3/29/25	Texas Relays
4	Lieke HOOGSTEN	JR #7 Adams State	26.53	2:04.95c	(2:05.69A)	3/30/25	New Mexico Spring Invitationa
5	Elizabeth ACHESON	SR #13 U-Mary	24.45	2:05.07c	(2:05.74A)	3/29/25	Chuck Haering Classic
6	Leah KEISLER	JR #14 CSU Pueblo {2}	22.30	2:05.31c	(2:05.98A)	3/29/25	Chuck Haering Classic
7	Jade AVANCE	JR #10 Ashland	19.23	2:07.38		4/5/25	Oliver Nikoloff Open
8	Nidhi SINGH	SR Midwestern State	17.07	2:07.77		3/29/25	Texas Relays
9	Jessica SIMON	SR #7 Adams State {2}	15.06	2:07.80c	(2:08.56A)	3/30/25	New Mexico Spring Invitationa
10	Mia CABRERA	JR #25 Wingate	12.98	2:07.99		3/29/25	Raleigh Relays
11	Magdalene WILLIAMS JR.	JR Biola (Calif.)	10.89	2:08.19		4/5/25	Stanford Invitational
12	Ellie FRYE	JR Dallas Baptist	9.82	2:08.36		4/5/25	Stanford Invitational
13	Arisa HATCHER	JR Cal Poly Pomona	8.64	2:08.80		4/5/25	Rafer Johnson/Jackie Joyner-
14	Lilly ALBERTS	JR #4 Grand Valley State	7.61	2:08.88		3/29/25	Raleigh Relays
15	Ines MACADAM	SR Tiffin	6.57	2:08.97		4/12/25	Duke Invitational
16	Taylor ROTH	SO Embry-Riddle (Fla.)	5.47	2:09.35		4/5/25	Embry-Riddle Running Eleme
17	Taylor STONE	SR Flagler	4.97	2:09.36		3/29/25	Raleigh Relays
18	Grace SOUTHERN	SR Academy of Art {2}	4.43	2:09.56		4/5/25	Brutus Hamilton Invitational
19	Kendra KRUEGER	SO Tampa	3.91	2:09.68		4/5/25	Embry-Riddle Running Eleme
20	Shoneal CLARKE-GIDDING	SO Lincoln (Mo.)	3.39	2:09.75		4/12/25	Wichita State K.T. Woodman I
21	Claire BRUENING	SR #2 Pittsburg State	2.81	2:10.13		3/28/25	Washington (Mo.) Distance Ca
22	Hope SIEVERT	SR #10 Ashland {2}	2.30	2:10.20		4/5/25	Oliver Nikoloff Open
23	Evyn HUMPHREY	FR Hillsdale	1.78	2:10.30		4/12/25	Calvin Invite
24	Annie WILD	SO Stanislaus State	1.27	2:10.37		3/29/25	West Coast Relays
25	Savannah SCHLEY	SR Minnesota Duluth	1.21	2:10.40		4/12/25	Bethel Invitational
26	Grace HAMPEL	JR Alabama-Huntsville	1.16	2:10.41		4/12/25	Crimson Tide Invite
27	Klaudia O'MALLEY	SR #4 Grand Valley State {2}	1.09	2:10.51		3/29/25	Raleigh Relays
28	Jenna RODRIGUEZ	JR Cal State East Bay	1.03	2:10.54		3/8/25	Oxy Distance Carnival and Spr
29	Michaela ANDREWS	SR Academy of Art {3}	0.97	2:10.61		4/5/25	Brutus Hamilton Invitational
30	Addison WASHLER	SO #4 Grand Valley State {3}	0.90	2:10.68		3/29/25	Bobcat Invitational (Texas Sta
31	Brooke MILLER	JR Colorado Mesa	0.82	2:10.83c	(2:11.53A)	3/29/25	Chuck Haering Classic
32	Megan POSTMA	FR #4 Grand Valley State {4}	0.71	2:11.13		3/29/25	Raleigh Relays
33	Natalie GRABER	SR #4 Grand Valley State {5}	0.65	2:11.18		3/29/25	Raleigh Relays
34	Riley TRENTOWSKI	FR East Stroudsburg	0.58	2:11.28		4/14/25	Bison Outdoor Classic
35	Abigail MISCH	JR Flagler {2}	0.49	2:11.47		3/8/25	Eagle Invitational
36	Maria MITCHELL	JR #4 Grand Valley State {6}	0.43	2:11.54		3/29/25	Raleigh Relays
36	Mattie WHIPPLE	FR #9 Fresno Pacific	0.43	2:11.54		3/8/25	Oxy Distance Carnival and Spr
38	Estella CLEMONS	FR Lee (Tenn.)	0.33	2:11.56		4/12/25	Fast Break Athletics Invitation
39	Reese DRAGOVICH	SR Hillsdale {2}	0.28	2:11.72c	(2:12.11A)	3/22/25	Mountaineer First Chance
40	Lydia MCGLOCKLIN	JR Northwest Missouri	0.25	2:11.83		3/28/25	Emporia State Relays
41	Marie DEA	FR Northwest Missouri {2}	0.23	2:11.91		4/11/25	Mule Relays
42	Maggie NEAL	FR Midwestern State {2}	0.20	2:12.01		3/29/25	Bobcat Invitational (Texas Sta
43	Lily HARE	SR Lee (Tenn.) {2}	0.18	2:12.21		4/12/25	Fast Break Athletics Invitation
44	Katie BEAM	SO Lee (Tenn.) {3}	0.15	2:12.30		4/12/25	Fast Break Athletics Invitation
45	Jadyn BARNES	SO Northwest Missouri {3}	0.13	2:12.48		4/11/25	Mule Relays
46	Evie BROOKS	SO #25 Wingate {2}	0.10	2:12.65		3/29/25	Raleigh Relays
47	Lisa RETAILLEAU	JR Harding	0.08	2:12.72		4/12/25	Little Rock Invite
48	Allegra TRINER	FR Embry-Riddle (Fla.) {2}	0.05	2:12.77		4/12/25	South Florida Invitational (out
49	Jill THORNING	SO Nova Southeastern	0.03	2:12.81		4/5/25	Embry-Riddle Running Eleme
50	Mia CROCKER	SR #17 Western Washington	0.01	2:12.88		3/22/25	Oregon Preview (outdoor)



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Ava O'CONNOR	SR	#7 Adams State	33.58	4:15.56c	(4:20.65A)	4/4/25	Maverick Invitational
2	Klaudia O'MALLEY	SR	#4 Grand Valley State	30.59	4:18.43		3/29/25	Raleigh Relays
3	Mia CABRERA	JR	#25 Wingate	27.94	4:20.34		3/29/25	Raleigh Relays
4	Natalie GRABER	SR	#4 Grand Valley State {2}	25.75	4:20.92		3/29/25	Raleigh Relays
5	Maggie MCCLESKEY	JR	#7 Adams State {2}	23.71	4:21.02c	(4:27.13A)	3/30/25	New Mexico Spring Invitationa
6	Annie WILD	SO	Stanislaus State	21.60	4:21.36		4/5/25	Stanford Invitational
7	Taylor STONE	SR	Flagler	19.57	4:21.45		3/29/25	Raleigh Relays
8	Jadyn HERRON	JR	#14 CSU Pueblo	17.52	4:21.61c	(4:27.23A)	3/22/25	Dr. Dan Caprioglio Early Bird
9	Evie BROOKS	SO	#25 Wingate {2}	15.44	4:21.84		4/12/25	Duke Invitational
10	Kate STRADER	SR	#2 Pittsburg State	13.42	4:21.91		4/12/25	Arkansas Spring Invitational
11	Elena CAREY	SR	#7 Adams State {3}	11.37	4:22.04c	(4:27.26A)	4/4/25	Maverick Invitational
12	Lieke HOOGSTEN	JR	#7 Adams State {4}	10.27	4:22.36c	(4:27.59A)	4/4/25	Maverick Invitational
13	Grace STRONGMAN	JR	#6 Colo. School of Mines	9.16	4:22.68		4/5/25	Stanford Invitational
14	Brianna ROBLES	SR	#7 Adams State {5}	7.87	4:23.85c	(4:30.02A)	3/30/25	New Mexico Spring Invitationa
15	Shannon KING	SR	Colorado Christian	6.87	4:23.87c	(4:31.28A)	4/12/25	Kit Mayer Memorial Classic
16	Evyn HUMPHREY	FR	Hillsdale	5.57	4:26.21		3/29/25	Bobcat Invitational (Texas Sta
17	Katie HUGHES	JR	#7 Adams State {6}	5.06	4:26.23c	(4:31.54A)	4/4/25	Maverick Invitational
18	Emily WALSH	SR	Cedarville	4.50	4:26.81		4/12/25	Fast Break Athletics Invitation
19	Maria MITCHELL	JR	#4 Grand Valley State {3}	3.99	4:26.90		3/29/25	Raleigh Relays
20	Lina HANICH	SR	Academy of Art	3.48	4:27.00		3/22/25	Hornet Invitational
21	Claire RETHMAN	JR	Walsh	2.97	4:27.07		4/14/25	Bison Outdoor Classic
22	Jori PARADIS	SR	CUI	2.47	4:27.13		4/5/25	Stanford Invitational
23	Grace SOUTHERN	SR	Academy of Art {2}	1.88	4:27.92		4/5/25	Stanford Invitational
24	Lily HARE	SR	Lee (Tenn.)	1.29	4:28.77		3/29/25	Raleigh Relays
25	Estella CLEMONS	FR	Lee (Tenn.) {2}	1.21	4:29.03		3/29/25	Raleigh Relays
26	Vivian MARTINEZ	SO	Cal Poly Pomona	1.14	4:29.18		4/12/25	Pomona-Pitzer Invitational
27	Olivia ALEXANDRE	SR	#3 Azusa Pacific	0.98	4:30.22		2/28/25	RCC Invitational
28	Mia CROCKER	SR	#17 Western Washington	0.91	4:30.46		4/12/25	
29	Fiona HAWKINS	SR	#7 Adams State {7}	0.86	4:30.48c	(4:35.87A)	4/4/25	Maverick Invitational
30	Lexy HENRIKSON	SR	Truman	0.79	4:30.64		3/28/25	Washington (Mo.) Distance Ca
31	Beth SYKES	JR	Charleston (W.Va.)	0.72	4:30.84		4/12/25	Fast Break Athletics Invitation
32	Margot THOMAS	SR	#14 CSU Pueblo {2}	0.66	4:30.93c	(4:36.75A)	3/22/25	Dr. Dan Caprioglio Early Bird
33	Addie MATHIS	SR	Truman {2}	0.60	4:30.97		3/28/25	Washington (Mo.) Distance Ca
34	Sienna BIANCHI	SO	Chico State	0.53	4:31.17		4/12/25	Chico Twilight Invite
35	Emily SCHOELLKOPF	SR	#7 Adams State {8}	0.45	4:31.59c	(4:37.95A)	3/30/25	New Mexico Spring Invitationa
36	Ines MACADAM	SR	Tiffin	0.40	4:31.62		3/29/25	Raleigh Relays
37	Jill THORNING	SO	Nova Southeastern	0.35	4:31.80		2/28/25	Nova Southeastern Invitation
38	Lauren TWYMAN	JR	Davis and Elkins	0.30	4:31.81		4/12/25	Dennis Craddock Coaches Cla
39	Bethany MAPES	JR	Biola (Calif.)	0.28	4:32.05		4/5/25	Mike Fanelli Track Classic
40	Brooke MILLER	JR	Colorado Mesa	0.25	4:32.43c	(4:38.28A)	3/22/25	Dr. Dan Caprioglio Early Bird
41	Artana NICE	FR	Cal Poly Humboldt	0.23	4:32.48		4/5/25	Mike Fanelli Track Classic
42	Della MOLINA	SO	Chico State {2}	0.20	4:32.57		4/12/25	Chico Twilight Invite
43	Crystal HERNANDEZ	SO	Stanislaus State {2}	0.18	4:32.60		4/5/25	Mike Fanelli Track Classic
44	Kassidy STUCKEY	FR	Neb.-Kearney	0.15	4:32.67		4/12/25	Wichita State K.T. Woodman I
45	Mattie WHIPPLE	FR	#9 Fresno Pacific	0.13	4:33.37		4/5/25	Mike Fanelli Track Classic
46	Claire BRUENING	SR	#2 Pittsburg State {2}	0.10	4:33.46		4/12/25	Arkansas Spring Invitational
47	Megan HODGES	JR	Colorado Mesa {2}	0.08	4:33.48c	(4:39.36A)	3/29/25	Chuck Haering Classic
48	Iresh MOLINA	SO	Chico State {3}	0.05	4:33.65		4/12/25	Chico Twilight Invite
49	Taylor BENOIT	JR	Mississippi College	0.03	4:33.91		4/5/25	Joe Walker Invitational
49	Cara NEWMAN	FR	#4 Grand Valley State {4}	0.03	4:33.91		4/5/25	GVSU Early Meet
49	Jessina MORALES	SR	Vanguard (Calif.)	0.03	4:33.91		3/15/25	Ross and Sharon Irwin Collegi



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Eliette CHAPUT	JR #1 West Texas A&M	34.16	10:14.50	3/29/25 Texas Relays
2	Anna IGIMS	SR Slippery Rock	31.49	10:19.02	3/29/25 Raleigh Relays
3	Ila DAVIS	SR #17 Western Washington	29.21	10:20.91	4/5/25 Stanford Invitational
4	Emily LAMENA	FR #6 Colo. School of Mines	27.11	10:21.58	4/5/25 Stanford Invitational
5	Margaux BASART	JR #6 Colo. School of Mines {2}	24.15	10:28.71	4/5/25 Stanford Invitational
6	Rachel RICHTMAN	SR #21 UC-Colorado Springs	21.63	10:34.17	4/5/25 Stanford Invitational
7	Maya EWING	JR Seattle Pacific	19.49	10:35.63	4/5/25 Stanford Invitational
8	Jessica KAMPMAN	SR #3 Azusa Pacific	17.49	10:35.65	4/5/25 Stanford Invitational
9	Kimberly MORAN	SR Southern Connecticut	14.90	10:41.89	4/11/25 Friar Invitational
10	Eve WEBER	SR #16 Washburn	12.88	10:42.08	3/28/25 Washington (Mo.) Distance Ca
11	Emily MCBRIDE	SR Augusta	10.71	10:45.74	3/29/25 Raleigh Relays
12	Ashley REECK	JR #17 Western Washington {2}	9.68	10:46.37	4/5/25 Stanford Invitational
13	Emily SCHOELLKOPF	SR #7 Adams State	8.62	10:47.79c (11:02.32A)	4/4/25 Maverick Invitational
14	Kate NACHTIGAL	JR Ouachita Baptist	7.57	10:48.83	3/20/25 Ouachita Invitational
15	Johanna EBERT	FR UW-Parkside	6.49	10:50.48	3/28/25 Washington (Mo.) Distance Ca
16	Miranda PALACIOS	FR Cal Poly Pomona	5.46	10:51.31	3/8/25 Beach Opener
17	Ashlyn ILIFF	SR Lee (Tenn.)	4.96	10:51.33	4/12/25 Fast Break Athletics Invitation
18	Ella BARYO	SR Davenport (Mich.)	4.42	10:52.14	3/28/25 Washington (Mo.) Distance Ca
19	Aubrey HAYES	SO Cedarville	3.90	10:52.66	4/12/25 Fast Break Athletics Invitation
20	Josie PARKS	JR Harding	3.39	10:52.71	3/29/25 Texas Relays
21	Audrey BRUNKEN	SO #21 UC-Colorado Springs {2}	2.89	10:52.88c (11:13.91A)	4/12/25 Kit Mayer Memorial Classic
22	Elie BASSETT	JR #17 Western Washington {3}	2.35	10:53.69	4/5/25 Mike Fanelli Track Classic
23	Elise KNIGHT	JR Ouachita Baptist {2}	1.80	10:54.65	4/5/25 Joe Walker Invitational
24	Jaina KANG	FR Biola (Calif.)	1.30	10:54.84	4/5/25 Mike Fanelli Track Classic
25	Daisy SALINAS	SR SF State	1.22	10:55.33	4/5/25 Mike Fanelli Track Classic
26	Marissa DICK	SR #2 Pittsburg State	1.17	10:55.52	3/28/25 Washington (Mo.) Distance Ca
27	Whitney FARRELL	JR Ferris State	1.02	10:57.68	3/28/25 Washington (Mo.) Distance Ca
28	Camille RENOU	SR #14 CSU Pueblo	0.90	10:59.17c (11:13.96A)	4/4/25 Maverick Invitational
29	Marie GARET	FR #7 Adams State {2}	0.85	10:59.22c (11:14.01A)	4/4/25 Maverick Invitational
30	Jayda NIX	SO Western Colorado	0.75	11:00.42c (11:15.23A)	4/4/25 Maverick Invitational
31	Jordyn HOPGOOD	JR #4 Grand Valley State	0.65	11:02.73	3/29/25 Raleigh Relays
32	Firdaouss HRICHE	FR #25 Wingate	0.60	11:02.78	4/5/25 High Point VertKlasse Meeting
32	Haley HARKRIDER	SO #7 Adams State {3}	0.60	11:02.78c (11:17.65A)	4/4/25 Maverick Invitational
34	Galilea JIMENEZ	SO Cal Poly Pomona {2}	0.50	11:03.80	3/28/25 Mangrum Invitational
35	Laura HALSELL	JR #17 Western Washington {4}	0.45	11:06.13	4/5/25 Mike Fanelli Track Classic
36	Olivia BESCHORNER	FR Chico State	0.40	11:07.21	4/5/25 Mike Fanelli Track Classic
37	Molly BREUER	JR #21 UC-Colorado Springs {3}	0.35	11:07.35	4/5/25 Stanford Invitational
38	Macie CASH	SR Ouachita Baptist {3}	0.30	11:07.99	3/29/25 Texas Relays
39	Brynn HIRSCHFELD	JR Neb.-Kearney	0.28	11:08.20	4/12/25 Wichita State K.T. Woodman I
40	Claudia VERA	JR CUI	0.25	11:08.56	3/28/25 Mangrum Invitational
41	Avery STANLEY	JR Arkansas Tech	0.23	11:08.65	4/5/25 Bryan Phillips Invitational
42	Corrina OBERNESSER	JR Southern New Hamps	0.20	11:08.93	4/14/25 Ed Daniels Invitational
43	Ella VOIT	FR Winona State	0.18	11:09.01	4/5/25 Ashton May Invitational
44	Olivia WEIDER	JR Lubbock Christian	0.15	11:09.72	4/12/25 Jo Meaker Classic & Multi
45	Lydia SMITH	SR D'Youville	0.13	11:10.99	4/14/25 Bison Outdoor Classic
46	Sydney SWAN	JR Findlay	0.10	11:11.10	4/12/25 We Fly Challenge
47	Mary BROWN	SR #12 Angelo State	0.08	11:12.33	4/5/25 David Noble Relays
48	Shirley WEAVER	FR Colorado Mesa	0.05	11:13.64c (11:28.75A)	4/4/25 Maverick Invitational
49	Brooke MOSS	JR #21 UC-Colorado Springs {4}	0.03	11:14.00c (11:35.71A)	4/12/25 Kit Mayer Memorial Classic
50	Isabela MORENO	SR Stanislaus State	0.01	11:14.10	4/5/25 Mike Fanelli Track Classic



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Annika ESVELT	SR	Seattle Pacific	34.47	15:56.94	4/5/25 Stanford Invitational
2	Paige MULLEN	SO	#2 Pittsburg State	31.03	16:11.62	3/28/25 Washington (Mo.) Distance Ca
3	Sarah KOOMSON	SO	#1 West Texas A&M	28.47	16:17.42	3/29/25 Raleigh Relays
4	Naomi ADDO	FR	#1 West Texas A&M {2}	26.22	16:20.01	3/29/25 Raleigh Relays
5	Anna FAUSKE	SR	#21 UC-Colorado Springs	24.09	16:21.36c (16:47.05A)	3/29/25 Chuck Haering Classic
6	Kalkidan VINCEDEAU	SR	#1 West Texas A&M {3}	21.75	16:25.06	3/29/25 Texas Relays
7	Lily DOWDELL	SR	#10 Ashland	19.39	16:29.55	4/12/25 Fast Break Athletics Invitation
8	Della MOLINA	SO	Chico State	17.19	16:32.76	3/22/25 Hornet Invitational
9	Bethany MAPES	JR	Biola (Calif.)	14.95	16:36.68	4/5/25 Mike Fanelli Track Classic
10	Anna IGIMS	SR	Slippery Rock	12.82	16:38.85	4/14/25 Bison Outdoor Classic
11	Allison KUZMA	FR	Hillsdale	10.74	16:40.09	3/29/25 Texas Relays
12	Ella BAKKEN	SR	Augustana (S.D.)	9.66	16:41.44	3/28/25 Washington (Mo.) Distance Ca
13	Alexis HERR	JR	#6 Colo. School of Mines	8.62	16:42.08	4/5/25 Mike Fanelli Track Classic
14	Jessica KAMPMAN	SR	#3 Azusa Pacific	7.56	16:43.15	3/21/25 Bob Larsen Distance Carnival
15	Ana Patricia CAMPOS	SR	Lee (Tenn.)	6.56	16:43.40	3/22/25 Lee Invitational
16	Callen NASH	SO	#6 Colo. School of Mines {2}	5.53	16:44.41	4/5/25 Mike Fanelli Track Classic
17	Madeline REEVES	JR	Point Loma Nazarene	5.02	16:44.46	3/22/25 Aztec Invitational
18	Iresh MOLINA	SO	Chico State {2}	4.52	16:44.55	3/22/25 Hornet Invitational
19	Abbi STEINER	SO	UW-Parkside	4.02	16:44.58	3/28/25 Washington (Mo.) Distance Ca
20	Sarah MAY	SR	Lewis	3.50	16:45.10	3/28/25 Washington (Mo.) Distance Ca
21	Alyssa BECKER	SR	#13 U-Mary	2.89	16:48.94c (17:15.35A)	3/29/25 Chuck Haering Classic
22	Margot THOMAS	SR	#14 CSU Pueblo	2.37	16:49.55c (17:15.98A)	3/29/25 Chuck Haering Classic
23	Vivian MARTINEZ	SO	Cal Poly Pomona	1.84	16:50.36	3/21/25 Bob Larsen Distance Carnival
24	Lesli SALAS	SO	Dallas Baptist	1.31	16:51.60	4/5/25 Mike Fanelli Track Classic
25	Katie HUGHES	JR	#7 Adams State	1.24	16:52.08c (17:16.53A)	4/4/25 Maverick Invitational
26	Hannah GIBSON	SO	#2 Pittsburg State {2}	1.19	16:52.18	3/28/25 Washington (Mo.) Distance Ca
27	Lily HARE	SR	Lee (Tenn.) {2}	1.13	16:52.59	3/22/25 Lee Invitational
28	Taylor WHITFIELD	JR	CUI	1.01	16:54.63	3/8/25 Ben Brown Invitational/AstroA
29	Jadyn HERRON	JR	#14 CSU Pueblo {2}	0.96	16:54.95c (17:19.47A)	4/4/25 Maverick Invitational
30	Alliyah MOLINA	JR	Fort Lewis	0.89	16:55.51c (17:20.04A)	4/4/25 Maverick Invitational
31	Emily DIERCKS	JR	Fort Hays State	0.83	16:55.67	4/12/25 Wichita State K.T. Woodman I
32	Madison CLAY	JR	Catawba	0.74	16:57.08	4/12/25 Duke Invitational
33	Emma MUSSANTE	SR	Florida Southern	0.69	16:57.11	2/22/25 Tampa Spartans Open
34	Bella GRAHAM	FR	Walsh	0.64	16:57.24	4/14/25 Bison Outdoor Classic
35	Gretchen SLATTUM	SR	Western Colorado	0.55	16:58.42c (17:23.02A)	4/4/25 Maverick Invitational
36	Jade KINGSTON	FR	Cal Poly Pomona {2}	0.49	16:58.63	3/21/25 Bob Larsen Distance Carnival
37	Kate GUDERJAN	JR	Lewis {2}	0.44	16:58.86	3/28/25 Washington (Mo.) Distance Ca
38	Olivia HARP	SR	Tampa	0.36	16:59.83	3/28/25 Washington (Mo.) Distance Ca
39	Natalie ALMOND	SO	Catawba {2}	0.33	16:59.88	4/12/25 Duke Invitational
40	Firdaouss HRICHE	FR	#25 Wingate	0.26	17:01.45	3/29/25 Raleigh Relays
41	Maggie O'MALLEY	JR	#4 Grand Valley State	0.23	17:01.58	3/29/25 Raleigh Relays
42	Maya EWING	JR	Seattle Pacific {2}	0.20	17:02.09	3/22/25 Oregon Preview (outdoor)
43	Campbell CALDWELL	JR	Tampa {2}	0.18	17:02.13	2/22/25 Tampa Spartans Open
44	Kylie ANDERSON	JR	Winona State	0.15	17:02.31	3/28/25 Washington (Mo.) Distance Ca
45	Jill THORNING	SO	Nova Southeastern	0.13	17:02.84	2/22/25 Tampa Spartans Open
46	Claire RETHMAN	JR	Walsh {2}	0.10	17:03.06	3/22/25 Stark County Challenge (Mou
47	Abigail VANDERKOOI	SO	#4 Grand Valley State {2}	0.08	17:03.32	4/5/25 GVSU Early Meet
48	Grace BURRELL	JR	#25 Wingate {2}	0.05	17:03.77	3/29/25 Raleigh Relays
49	Kyla POTRATZ	SO	Western Oregon	0.03	17:04.29	3/22/25 Oregon Preview (outdoor)
50	Jacqueline SANCHEZ	SO	Stanislaus State	0.01	17:04.82	4/5/25 Mike Fanelli Track Classic



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#6 Colo. School of Mines	34.62	32:31.16	3/29/25 Sound Running: "The Ten"
2	Brianna ROBLES	SR	#7 Adams State	31.96	32:50.18	4/5/25 Stanford Invitational
3	Anna FAUSKE	SR	#21 UC-Colorado Springs	28.87	33:22.66	4/5/25 Stanford Invitational
4	Hannah SMRCKA	SR	Lewis	26.34	33:38.71	3/28/25 Washington (Mo.) Distance Ca
5	Iresh MOLINA	SO	Chico State	23.64	34:08.97	4/5/25 Stanford Invitational
6	Della MOLINA	SO	Chico State {2}	21.62	34:09.93	4/5/25 Stanford Invitational
7	Ana Patricia CAMPOS	SR	Lee (Tenn.)	19.29	34:25.64	3/29/25 Raleigh Relays
8	Madeline REEVES	JR	Point Loma Nazarene	17.22	34:28.75	4/5/25 Stanford Invitational
9	Maddie MILLER	JR	Illinois-Springfield	15.20	34:29.52	3/28/25 Washington (Mo.) Distance Ca
10	Sophia STRANGE	SR	#18 Oklahoma Baptist	13.12	34:33.68	3/28/25 Washington (Mo.) Distance Ca
11	Elise LEVEEL	SR	#1 West Texas A&M	10.88	34:45.06	3/29/25 Raleigh Relays
12	Reagan JUSTICE	SR	Wayne State (Mich.)	9.76	34:52.00	3/28/25 Washington (Mo.) Distance Ca
13	Lynette RUIZ	SR	Biola (Calif.)	8.70	34:57.53	4/5/25 Stanford Invitational
14	Anastasia TUCKER	SR	#4 Grand Valley State	7.69	34:59.07	3/29/25 Raleigh Relays
15	Madison CLAY	JR	Catawba	6.65	35:02.98	3/29/25 Raleigh Relays
16	Callen NASH	SO	#6 Colo. School of Mines {2}	5.60	35:07.57c (36:34.11A)	4/12/25 Kit Mayer Memorial Classic
17	Naylah ALLEN	SR	Lewis {2}	5.10	35:07.60	3/28/25 Washington (Mo.) Distance Ca
18	Kseniya NIKANOROV	JR	#21 UC-Colorado Springs {2}	4.53	35:14.34	4/5/25 Stanford Invitational
19	Campbell CALDWELL	JR	Tampa	3.92	35:25.31	3/28/25 Washington (Mo.) Distance Ca
20	Laila ABOUZAIID	SR	#25 Wingate	3.40	35:27.48	3/29/25 Raleigh Relays
21	Alliyah MOLINA	JR	Fort Lewis	2.82	35:34.64c (36:41.09A)	3/22/25 Dr. Dan Caprioglio Early Bird
22	Julie LAFARE	JR	#1 West Texas A&M {2}	2.32	35:34.98	3/29/25 Raleigh Relays
23	Madilyn CALLOWAY	JR	Lewis {3}	1.74	35:42.47	3/28/25 Washington (Mo.) Distance Ca
24	Josephine BOBER	SR	Lewis {4}	1.21	35:45.64	3/28/25 Washington (Mo.) Distance Ca
25	Ruthie HUGHES	JR	Slippery Rock	1.14	35:48.09	4/14/25 Bison Outdoor Classic
26	Kelsi HART	FR	Cal State San Marcos	1.07	35:49.82	3/8/25 Oxy Distance Carnival and Spr
27	Savannah ACKLEY	SR	Cedarville	1.02	35:50.12	4/12/25 Fast Break Athletics Invitation
28	Katie KRUEGER	SR	Lee (Tenn.) {2}	0.96	35:50.76	4/12/25 Fast Break Athletics Invitation
29	Emma MUSSANTE	SR	Florida Southern	0.81	36:00.69	3/28/25 Washington (Mo.) Distance Ca
30	Kennedy ROUSH	SO	Anderson (S.C.)	0.76	36:00.96	3/29/25 Raleigh Relays
31	Ivanova YANES	JR	#20 Texas A&M-Kingsville	0.65	36:09.64	3/29/25 Texas Relays
32	Lexi MAUL	JR	#1 West Texas A&M {3}	0.60	36:16.03	3/29/25 Texas Relays
33	Mollie SCOTT	SR	#25 Wingate {2}	0.55	36:19.71	3/22/25 49er Classic
34	Makenzie KORDIC	FR	Stanislaus State	0.50	36:22.91	4/5/25 Mike Fanelli Track Classic
35	Cassandra O'CONNOR	SO	Point Park (Pa.)	0.45	36:28.72	3/22/25 49er Classic
36	Sarah RENBERG	JR	#14 CSU Pueblo	0.40	36:29.96c (37:59.88A)	4/12/25 Kit Mayer Memorial Classic
37	Marissa BRUNO	SO	MSU Denver	0.35	36:30.33c (37:38.51A)	3/22/25 Dr. Dan Caprioglio Early Bird
38	Tea GEARY	SO	#25 Wingate {3}	0.30	36:31.15	3/22/25 49er Classic
39	Mackenzie DAVIS	SR	Ouachita Baptist	0.28	36:38.24	3/20/25 Ouachita Invitational
40	Hannah CAUDILL	SO	Catawba {2}	0.25	36:41.30	3/29/25 Raleigh Relays
41	Angela MCMANUS	JR	Cal State San Marcos {2}	0.23	36:43.33	3/8/25 Oxy Distance Carnival and Spr
42	Beth LUDWICK	FR	Anderson (S.C.) {2}	0.20	36:51.30	4/12/25 Fast Break Athletics Invitation
43	Emma BERG	JR	Western Colorado	0.18	36:52.66c (38:01.54A)	3/22/25 Dr. Dan Caprioglio Early Bird
44	Autumn MCQUITTY	SO	Colorado Mesa	0.15	36:53.62c (38:24.52A)	4/12/25 Kit Mayer Memorial Classic
45	Aislin TAYLOR	JR	Biola (Calif.) {2}	0.13	36:55.41	4/5/25 Mike Fanelli Track Classic
46	Megan MALLOY	SO	Chico State {3}	0.10	36:57.32	4/5/25 Mike Fanelli Track Classic
47	Emma SMITH	SR	#17 Western Washington	0.08	36:58.80	3/1/25 Ed Boitano Invitational
48	Kaleigh INNISS	JR	Illinois-Springfield {2}	0.05	37:00.25	3/28/25 Washington (Mo.) Distance Ca
49	Morgan ERLER	JR	Northwest Nazarene	0.03	37:02.40	3/1/25 Linfield Erik Anderson Icebrea
50	Gretchen SLATTUM	SR	Western Colorado {2}	0.01	37:03.27c (38:12.48A)	3/22/25 Dr. Dan Caprioglio Early Bird



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Rujeko Munetsi, Ashley Barrett, Kacian Powell, Patreece Clarke	#15 New Mexico Highlands	33.21	44.71	4/12/25 Jo Meaker Classic & Multi
2	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#1 West Texas A&M	30.82	44.84	4/12/25 Jo Meaker Classic & Multi
3	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	Tusculum	28.61	44.91	3/29/25 Livingstone Blue Bear Invitati
4	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#8 Southwest Baptist	26.34	45.00	3/29/25 SBU Bearcat Invitational
5	Leah Smith, Taylor Ivory, Jordan Taylor, Kylie RAY	Findlay	24.22	45.04	4/5/25 Oliver Nikoloff Open
6	Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall	#2 Pittsburg State	22.13	45.07	3/28/25 Emporia State Relays
7	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#11 Central Washington	20.07	45.09	4/11/25 Whitworth Jeffrahn Classic
8	Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera	#9 Fresno Pacific	17.62	45.24	3/1/25 Kim Duyst Invitational
9	Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt	#23 Cal State San Bernard	15.56	45.26	3/22/25 Hornet Invitational
10	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#16 Washburn	13.38	45.32	4/12/25 Arkansas Spring Invitational
11	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#3 Azusa Pacific	11.22	45.38	4/5/25 UCSD Triton Invitational
12	Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	Albany State (Ga.)	9.79	45.60	4/12/25 Alice Coachman Invitational
13	Deja Hines, Summer Sutherlin, Jadlyn Debardlabon, Jordyn Dortch	Alabama-Huntsville	8.75	45.62	4/12/25 Crimson Tide Invite
14	Gabriella Apelian, Tionce Walrond, Tayen Werner, Laila Cleare	#13 U-Mary	7.69	45.65	4/6/25 Al Bortke Open
15	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#10 Ashland	6.54	45.76	4/5/25 Oliver Nikoloff Open
16	Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz	#4 Grand Valley State	5.45	45.85	3/29/25 Bobcat Invitational (Texas Sta
16	Valerie Olson, Asia Foster, Delaney Riekert, Olivia Tate	#18 Oklahoma Baptist	5.45	45.85	4/12/25 Arkansas Spring Invitational
18	Tatiana Cooper-Laylor, Caliyah Wallace, Liana Rodriguez, Nevaeh White	Tiffin	4.42	45.88	4/12/25 South Florida Invitational (out
19	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	CUI	3.91	45.89	4/5/25 UCSD Triton Invitational
20	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	Eastern New Mexico	3.40	45.90	4/12/25 Jo Meaker Classic & Multi



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #3, April 15

21	Serenity Burnett-Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	Colorado Mesa	2.89	45.91c	(45.79A)	4/4/25 Maverick Invitational
22	Danaya Kinnard, Zane Bullock, Madissyn Moore, Victoria Farinas	#21 UC-Colorado Springs	2.37	45.93		4/12/25 Jo Meaker Classic & Multi
23	Makayla Myers, Sarai Brown, Chloe Davis, Lorena Alonso	Maryville (Mo.)	1.86	45.94		4/11/25 Mule Relays
24	Trinity Moseby, Ta'Ahhjah Fann, Jessica James, Hannah Luster	Cal Poly Pomona	1.28	46.02		3/28/25 Mangrum Invitational
25	Jaurdin Mallory, Hallie Henfling, Kyah Luhning, Campbell Barta	Northwest Missouri	1.16	46.09		4/11/25 Mule Relays
26	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	Lubbock Christian	1.01	46.20		4/12/25 Jo Meaker Classic & Multi
27	LaSira Nicholson, Futoria Harris, Heaven Roberts, Haniyyah Johnson	Mount Olive	0.95	46.21		3/22/25 Alan Connie Shamrock Invitati
28	Sharonda Priester, Damyj Alejandro-ortiz, Molly McGrath, Zanetta Udo- Obong	#22 Lenoir-Rhyne	0.88	46.23		3/29/25 Raleigh Relays
29	#Type!	Limestone	0.82	46.24		4/5/25 Electric City Invitational
30	Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey	Lincoln (Mo.)	0.70	46.37		3/29/25 Central Methodist Invitational
31	Candace Morris, Zoe Ledel Antiya McAlister, Jaime Preston	West Virginia State	0.65	46.46		4/5/25 High Point VertKlasse Meeting
32	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	Vanguard (Calif.)	0.60	46.59		3/22/25 UC Riverside Spring Track Clas
33	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	Winston-Salem State	0.55	46.60		3/29/25 Livingstone Blue Bear Invitati
34	Emily Meeks, Brooklynn Holtman, Mellanie Nellmer, Phebe Thompson	#24 Central Missouri	0.50	46.63		4/11/25 Mule Relays
35	Morgan Graham, Jayla Kennedy, Anniyah Williams, Karon Warren	Clark Atlanta	0.45	46.71		4/12/25 Alice Coachman Invitational
35	Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee	Shorter	0.45	46.71		4/5/25 UWG Legends Invitational
35	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush	#12 Angelo State	0.45	46.71		3/22/25 Wes Kittley Invitational
38	Rebecca Cravedi, Faith Wyman, Katerina Kakaelaki, Denise Hernandez	Lewis	0.30	46.72		3/22/25 Missouri S&T Miner Invitationa
39	Corinne Thorpe, Karissa Nixon, Jessie Heath, Hailee Janzen	Midwestern State	0.28	46.73		3/22/25 Wes Kittley Invitational
40	Gabi Huggins, Liz Johnson Jada Hynds, Nellie Wartanian	Western Colorado	0.25	46.74		4/12/25 Jo Meaker Classic & Multi



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #3, April 15

41	Lara Castano, Margaux Shelton, Hayat Abdeselam, Diaman Lee	#25 Wingate	0.23	46.82	4/5/25 High Point VertKlasse Meeting
42	Kamille Cunningham, Triniti Muldrow-Green, Jermyra Bethel, Eseose Okoduwa	Converse	0.20	46.84	3/29/25 SWU GottaRun Invite
43	Erica Harrell, Keiarra Tutt, Anya Heckstall, Angel Agyeman	Barton	0.18	46.86	4/12/25 The Trojan Relays
44	Jennifer Noutsougan, Nyanas Kur, Kylee Sallee, Lily Juhnke	Augustana (S.D.)	0.15	46.97	4/12/25 South Dakota Challenge
45	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	Fayetteville State	0.13	46.98	3/22/25 Alan Connie Shamrock Invitati
46	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	Academy of Art	0.10	47.03	3/8/25 Cal Opener
47	Enith Maysonet Rivera, Briannyx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez	UPR Rio Piedras	0.08	47.07	4/12/25 3ra Clasificatoria LAI
48	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	Slippery Rock	0.05	47.12	4/5/25 Dave Labor Slippery Rock Invit
48	Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi	Catawba	0.05	47.12	3/22/25 49er Classic
50	Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs	Claflin	0.01	47.14	3/22/25 UCF Black and Gold Invite



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#8 Southwest Baptist	33.58	3:39.04	3/29/25 SBU Bearcat Invitational
2	Asana Hamidu, Peace Nwaelehia, Abigail Abugire, Blessing Akintoye	#1 West Texas A&M	31.52	3:39.12	3/29/25 Texas Relays
3	Sariyah Copeland, Brianna Green, Shaniya Randolph, Kenahdi Haslip	#9 Fresno Pacific	29.29	3:39.47	4/5/25 Stanford Invitational
4	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#4 Grand Valley State	27.07	3:39.80	4/12/25 We Fly Challenge
5	Bec Bennett, Kennedy Cook, Annabelle Heiman, Caitlyn Cheney	#17 Western Washington	24.36	3:40.87	4/12/25
6	Abigail Brooks, Shevanae Thomas, Odeshia Nanton, Shantae George	Lincoln (Mo.)	21.91	3:41.57	3/29/25 Central Methodist Invitational
7	Prishencia Nnoham, Coryssa Hope, Amari Weatherford, Alexis White	#23 Cal State San Bernard	19.71	3:41.95	3/22/25 Hornet Invitational
8	Elizabeth Florez, Joy Egwu Anne-Lie Waite, Anna Salisbury	Lubbock Christian	17.59	3:42.24	3/29/25 Bobcat Invitational (Texas Sta
9	Valerie Olson, Delaney Riekert, Mary McKey, Asia Foster	#18 Oklahoma Baptist	15.34	3:42.81	4/12/25 Arkansas Spring Invitational
10	Vitiana Robert, Oneika Brissett, Sakara Wade, Cynai Christopher	#20 Texas A&M-Kingsville	13.32	3:42.86	4/12/25 Cactus Cup
11	Trinity Miller, Kiayra Holmes, Olivia Alexandre, Alayna Verner	#3 Azusa Pacific	11.21	3:43.11	3/29/25 Vince O'Boyle Track and Field
12	Sharonda Priestester, Jani Day, Mathilde Etienne, Damyja Alejandro-ortiz	#22 Lenoir-Rhyne	10.10	3:43.37	3/29/25 Raleigh Relays
13	Isila Apkup, Victoria Amiadamen, Alese Sartain, Jessica Simon	#7 Adams State	9.07	3:43.43c	(3:42.99A) 3/30/25 New Mexico Spring Invitationa
14	Jessie Heath, Trell'Kyras Watkins, Maggie Neal, Nidhi Singh	Midwestern State	7.63	3:44.47	3/29/25 Texas Relays
15	Lisa Retailleau, Tetiana Kharashchuk, Jayden Bowman, Omolara Ogunmakinju	Harding	6.59	3:44.64	3/29/25 Texas Relays
16	Simone Kelly, Asheika Smith, Daijion Lee, Olivia Cosby	Winston-Salem State	5.48	3:45.13	4/13/25 Southside Power & Fitness Inv
17	Elizabeth Betten, Brooke Dalgity, Eryn Burke, Jordyn Burke	Vanguard (Calif.)	4.88	3:45.62	4/12/25 Pomona-Pitzer Invitational
18	Kaylee James, Isabella Kupka, Naiuri Krein, Kereser Augustin	#16 Washburn	4.34	3:45.77	4/12/25 Arkansas Spring Invitational
19	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#10 Ashland	3.70	3:46.47	4/5/25 Oliver Nikoloff Open
20	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	#25 Wingate	3.16	3:46.64	3/29/25 Raleigh Relays



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, April 15

21	Deja Hines, Summer Sutherlin, Grace Hampel, Jordyn Dortch	Alabama-Huntsville	2.63	3:46.79		3/29/25	UAB Spring Time Invite
22	Avery Winters, Hannah Caiola, Megan Swan, Kisha Francois	Southern Connecticut	2.02	3:47.30		4/4/25	UConn Dog Fight
23	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	Academy of Art	1.51	3:47.36		3/22/25	Hornet Invitational
24	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	Cal Poly Pomona	1.00	3:47.61		3/22/25	Jim Bush Legends Invitational
24	Sai Brookins-Fleming, Kerrigan Huynh, Deriyah Lee, Treasure Vallerie	Central Oklahoma	1.00	3:47.61		3/29/25	Texas Relays
26	Joey Babel, Anna Woolsey, Angie Rojas, Laynie White	Ouachita Baptist	0.90	3:47.81		4/12/25	Carl Kight Invitational
27	Gabrielle Dunich, Jady Herron, Leah Keisler, Helen Braybrook	#14 CSU Pueblo	0.85	3:47.83c	(3:47.39A)	3/29/25	Chuck Haering Classic
28	Ashley Barrett, Rujeko Munetsi, Amoya Jameison, Kacian Powell	#15 New Mexico Highlands	0.80	3:47.98c	(3:47.54A)	4/3/25	Masked Rider Outdoor Open
29	Donna Marie Harris, Elise Hopper, Carley Huber, Ashlyn Nielsen	#11 Central Washington	0.75	3:48.53		3/29/25	Bobcat Invitational (Texas Sta
30	Caliyah Wallace, Nevaeh Lewis, Cassandra Uribe, Liana Rodriguez	Tiffin	0.70	3:49.46		4/12/25	South Florida Invitational (out
31	Rachel Overgaard, Renae Kutcha, Avery Wilson, Elyse Miller	Wayne State (Mich.)	0.65	3:49.73		4/12/25	Chippewa Challenge
32	Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	Cal State San Marcos	0.60	3:49.77		3/28/25	Mangrum Invitational
33	Milan Snell, Jillian Sydnor, Aubrey Sydnor, Shelby Derkosh	Millersville	0.55	3:50.10		4/14/25	Bison Outdoor Classic
34	Mary Ellis, Taylor Ivory, Helen Unger, Zanri Black	Findlay	0.50	3:50.25		4/5/25	Oliver Nikoloff Open
35	Brianna Shroyer, Robynn Rolle-Curry, Grace Obour, Elizabeth Schmidt	#5 Minnesota State	0.45	3:50.30		4/12/25	Minnesota State Open
36	Giovana Pelascini, Ruby Bishop, Riley Norris, Anna Tucker	CUI	0.40	3:50.34		4/5/25	UCSD Triton Invitational
37	Madison Rowe, La'Najah Ticey, Tailyn Higginbotham, Ashton Carter	Southeastern Oklaho	0.35	3:50.42		4/12/25	Little Rock Invite
38	Adonya Taylor, Divine Ozomma, Iyanna Dear, Mickayla Sutherland	McKendree	0.30	3:50.65		4/12/25	Greenville Select Meet
39	Nathalia Rowe, Dasia Gilyard, Cadence Cray, Zenay Rhaney	Albany State (Ga.)	0.28	3:50.88		4/12/25	Alice Coachman Invitational
40	Makenna Sullivan, Sarah McGarry, Angelica Gomes, Blanca Granados	Point Loma Nazarene	0.25	3:51.09		3/15/25	Ross and Sharon Irwin Collegi
41	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush	#12 Angelo State	0.23	3:51.23		3/29/25	Texas Relays



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, April 15

42	Haley Brenny, Layla Robertson, Gianna Sturdivant, Nemani Moon	Seton Hill	0.20	3:51.59	4/14/25	Bison Outdoor Classic
43	Kammi Merritt, Brooke Miller, Sophia Lindauer, Emma Dikken	Colorado Mesa	0.18	3:51.91c (3:51.47A)	4/4/25	Maverick Invitational
44	Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo	UPR Rio Piedras	0.15	3:52.13	2/22/25	1ra Clasificatoria LAI
45	Tayen Werner, Gabriella Apelian, Bernadette Belzer, Sakena Massiah	#13 U-Mary	0.13	3:52.49	3/27/25	Yellowjackets Open
46	Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	Shippensburg	0.10	3:52.50	4/5/25	Colonial Relays
47	#Type!	Tusculum	0.08	3:52.59	4/5/25	Electric City Invitational
48	Sydney White, Liz Lannom Estella Clemons, Maddox Mayfield	Lee (Tenn.)	0.05	3:52.69	4/5/25	Tennessee Invite
49	Jonnica Fuller, Brea Childs Morgan Coverson-Springs, Obiageli Akubude	Clafin	0.03	3:52.88	4/5/25	High Point VertKlasse Meeting
50	Diandrenique Gaines, Blakelee Winn, Maggie Salisbury, Payton Phillips	#2 Pittsburg State	0.01	3:53.82	3/28/25	Emporia State Relays



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Rachel WILSON	JR	#2 Pittsburg State	34.13	1.80m	5-10¾	4/12/25	Arkansas Spring Invitational
2	Emy NTEKPERE	SO	#11 Central Washington	31.68	1.79m	5-10½	3/29/25	Bobcat Invitational (Texas Sta
3	Jamora HORACE	JR	#18 Oklahoma Baptist	28.77	1.77m	5-9¾	3/29/25	Oklahoma Baptist Invitational
4	Haleigh HADLEY	SR	#2 Pittsburg State {2}	25.90	1.75m	5-8¾	4/12/25	Arkansas Spring Invitational
5	Eliana SAUNDERS	SR	#3 Azusa Pacific	23.60	1.74m	5-8½	3/22/25	Jim Bush Legends Invitational
5	Madison ALEGRIA	SR	#20 Texas A&M-Kingsville	23.60	1.74m	5-8½	3/29/25	Trinity (Texas) Invitational
7	Luisa FISCHER	SR	#3 Azusa Pacific {2}	19.29	1.73m	5-8	4/11/25	Bryan Clay Invitational
7	Shannon HARNETT	FR	East Stroudsburg	19.29	1.73m	5-8	3/29/25	Monmouth Season Opener
7	Porschia BENNETT	FR	East Stroudsburg	19.29	1.73m	5-8	4/14/25	Bison Outdoor Classic
10	Karmen KUROWICKA	SO	Lewis	12.99	1.72m	5-7¾	3/29/25	Washington (Mo.) Invitational
10	Liezl THERON	SR	Lee (Tenn.)	12.99	1.72m	5-7¾	3/22/25	Lee Invitational
10	Abby WHEELER	JR	#10 Ashland	12.99	1.72m	5-7¾	4/5/25	Oliver Nikoloff Open
13	Nouhayla ERRAHILI	SR	#3 Azusa Pacific {3}	8.72	1.71m	5-7¼	3/22/25	Jim Bush Legends Invitational
13	Cierra PARKER	FR	Concord	8.72	1.71m	5-7¼	3/22/25	49er Classic
15	Madison RAMOS	JR	#20 Texas A&M-Kingsville{2}	6.57	1.70m	5-7	3/22/25	UTSA Invitational
15	Afaf BENHADJA	SO	#20 Texas A&M-Kingsville{2}	6.57	1.70m	5-7	3/8/25	Blue & Gold Battle
15	Esther CONDE-TURPIN	JR	#3 Azusa Pacific {4}	2.57	D 1.70m	5-7	4/11/25	Bryan Clay Invitational
15	Abriel THRASH	SO	Southern Nazarene	6.57	1.70m	5-7	4/12/25	Wichita State K.T. Woodman I
15	Kora COOK	SO	#17 Western Washington	6.57	1.70m	5-7	3/1/25	Ed Boitano Invitational
15	Bryn GREENWALDT	JR	Augustana (S.D.)	6.57	1.70m	5-7	4/12/25	South Dakota Challenge
15	Laila AHMED	FR	Oklahoma Christian	6.57	1.70m	5-7	3/29/25	Oklahoma Baptist Invitational
22	Kaylee DIAMOND	SR	#4 Grand Valley State	2.41	1.69m	5-6½	4/5/25	GVSU Early Meet
23	Domanique KNOWLES	SR	Fayetteville State	1.76	1.68m	5-6	3/22/25	Alan Connie Shamrock Invitati
23	Lilyana DELAGARZA	SO	#21 UC-Colorado Springs	1.76	1.68m	5-6	4/12/25	Jo Meaker Classic & Multi
23	C'aira CARTER	SR	Tiffin	1.76	1.68m	5-6	3/30/25	Tiffelberg Open
26	Samantha BRETZ	SR	Western Colorado	1.01	1.67mA	5-5¾	4/4/25	Maverick Invitational
26	Kylie PADEN	JR	#12 Angelo State	1.01	1.67m	5-5¾	4/12/25	Cactus Cup
26	Ashley HUME	SR	#3 Azusa Pacific {5}	1.01	1.67m	5-5¾	4/11/25	Bryan Clay Invitational
26	Viktoriia ERMOLAEVA	SO	#5 Minnesota State	1.01	1.67m	5-5¾	3/28/25	Emporia State Relays
26	Ashley CRIDLEBAUGH	SR	#5 Minnesota State	1.01	1.67m	5-5¾	4/12/25	Minnesota State Open
26	Olivia SOLIS	SR	#5 Minnesota State	1.01	1.67m	5-5¾	4/12/25	Minnesota State Open
26	Telma KRISTJANSSON	FR	CUI	1.01	1.67m	5-5¾	3/28/25	Mangrum Invitational
26	Miya KOCH	SR	Northwest Nazarene	1.01	1.67m	5-5¾	3/15/25	Nighthawks Opener
34	Tasia SADLER	FR	Neb.-Kearney	0.50	1.66m	5-5¼	4/5/25	Concordia (Neb.) Outdoor Invi
34	Dunya VAN DEN TOOREN	FR	Point Park (Pa.)	0.50	1.66m	5-5¼	3/22/25	49er Classic
34	Alexis WEBER	SO	#4 Grand Valley State {2}	0.50	1.66m	5-5¼	3/29/25	Bobcat Invitational (Texas Sta
34	Sterling WEBB	SO	Lincoln Memorial	0.50	1.66m	5-5¼	4/13/25	Southside Power & Fitness Inv
34	Heidi NEWHOUSE	FR	#4 Grand Valley State {2}	0.50	1.66m	5-5¼	3/29/25	Bobcat Invitational (Texas Sta
34	Zania RUFFIN	FR	#3 Azusa Pacific {6}	0.50	1.66m	5-5¼	3/8/25	Beach Opener
34	Liz LANNOM	FR	Lee (Tenn.) {2}	0.50	1.66m	5-5¼	3/22/25	Lee Invitational
34	Maria PEDROSO	SR	Augustana (S.D.) {2}	0.50	1.66m	5-5¼	4/12/25	South Dakota Challenge
34	Assiya ELHAFYAN	SO	#25 Wingate	0.50	1.66m	5-5¼	4/12/25	Duke Invitational
34	Amity DETERS	SR	Western Oregon	0.50	1.66m	5-5¼	3/21/25	Klein/Nwaba Combined Event
34	Dani MINSAAS	SO	Sioux Falls	0.50	1.66m	5-5¼	3/28/25	Wildcat Classic
45	Nehlia MILLS	JR	Lincoln (Mo.)	0.13	1.65m	5-5	4/5/25	Lincoln University Open
45	Dakota JERNIGAN	FR	Coker	0.13	1.65m	5-5	4/4/25	FMU Patriot Invitational
45	Isabel FARUP	FR	Newberry	0.13	1.65m	5-5	3/15/25	Myrtle Beach Collegiate Challe
45	Abbi WEBB	SR	Sioux Falls {2}	0.13	1.65m	5-5	4/12/25	South Dakota Challenge
45	Kiera BLANKINSHIP	SR	Harding	0.13	1.65m	5-5	3/22/25	Ole Miss Classic
45	Nykole MESHEW	SO	Western Colorado {2}	0.13	1.65mA	5-5	4/12/25	Kit Mayer Memorial Classic
45	Jade TCHOAWOU NAYAP	FR	Embry-Riddle (Fla.)	0.13	1.65m	5-5	3/8/25	Eagle Invitational
45	Reagan IRONS	SO	Lock Haven	0.13	1.65m	5-5	3/29/25	Jim Taylor Invitational
45	Mara ANDRITSCH	FR	#1 West Texas A&M	0.13	1.65m	5-5	4/12/25	Jo Meaker Classic & Multi
45	Samone CABLE	FR	Cal State San Marcos	0.13	1.65m	5-5	2/28/25	RCC Invitational



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #3, April 15

45	Bryn MCNAIR	FR	Regis (Colo.)	0.13	1.65mA	5-5	3/22/25	Dr. Dan Caprioglio Early Bird
45	Jerrica PACHL	SR	#13 U-Mary	0.13	1.65m	5-5	3/22/25	Marauders Outdoor Opener
45	Haila LEAKE	FR	#2 Pittsburg State {3}	0.13	1.65m	5-5	3/28/25	Emporia State Relays
45	Ally CHEEK	SO	Harding	0.13	1.65m	5-5	3/1/25	Hendrix Invitational
45	Makaylin CHRISTENSON	SR	St. Cloud State	0.13	1.65m	5-5	3/28/25	Emporia State Relays
45	Brianna LEE	FR	California (Pa.)	0.13	1.65m	5-5	4/5/25	Dave Labor Slippery Rock Invit
45	Tayla DOBRENSKI	SO	Northern State	0.13	1.65m	5-5	3/22/25	Alan Connie Shamrock Invitati
45	Allie GOETZ	FR	Chico State	0.13	1.65m	5-5	2/23/25	CCCAA NorCal Preview
45	Daniela ALEJANDO	SR	UPR Rio Piedras	0.13	1.65m	5-5	2/22/25	1ra Clasificatoria LAI
45	Emily SWANSON	SR	Sioux Falls {2}	0.13	1.65m	5-5	4/12/25	South Dakota Challenge
45	Olivia HENKEL	SR	Missouri S&T	0.13	1.65m	5-5	3/22/25	Missouri S&T Miner Invitationa
45	Madeline NEWARK	JR	Edinboro	0.13	1.65m	5-5	3/22/25	49er Classic



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Brynn KING	SR	Roberts Wesleyan	38.09	4.75m	15-7	3/29/25 Texas Relays
2	Brooke BOWERS	FR #4	Grand Valley State	31.36	4.30m	14-1¼	4/12/25 South Florida Invitational (out
3	Annabeth BAALMANN	JR	Fort Hays State	28.31	4.20m	13-9¼	4/12/25 Jo Meaker Classic & Multi
4	Isabel DEMARCO	FR #16	Washburn	26.00	4.17m	13-8¼	3/28/25 Emporia State Relays
4	Kyla DAVIS	SR #2	Pittsburg State	26.00	4.17m	13-8¼	3/28/25 Emporia State Relays
6	Sarah FERGUSON	SO	Roberts Wesleyan {2}	21.60	4.12m	13-6¼	3/19/25 Redhawk Invitational
7	Cannon BOOKER	FR #2	Pittsburg State {2}	19.24	4.07m	13-4¼	3/28/25 Emporia State Relays
7	Isabelle PETERS	SR #2	Pittsburg State {2}	19.24	4.07m	13-4¼	3/28/25 Emporia State Relays
9	Lauryn MCGOUGH	SO #11	Central Washington	15.10	4.05m	13-3½	3/29/25 Bobcat Invitational (Texas Sta
9	Colleen STEINMETZ	FR	Findlay	15.10	4.05m	13-3½	4/5/25 Oliver Nikoloff Open
11	Kylie PADEN	JR #12	Angelo State	10.70	3.96m	12-11¾	3/8/25 Blue & Gold Battle
12	Peyton PROFFITT	SO	Ohio Dominican	9.66	3.95m	12-11½	4/5/25 Oliver Nikoloff Open
12	Kaylee JACKSON	SR	Hillsdale	9.66	3.95m	12-11½	4/12/25 Calvin Invite
14	Tara TOWNSEND	JR	Hillsdale {2}	7.47	3.90m	12-9½	3/29/25 Bobcat Invitational (Texas Sta
14	Abby HOBBS	JR #19	Missouri Southern	7.47	3.90m	12-9½	4/11/25 Mule Relays
16	Quincey TURNER	FR #2	Pittsburg State {4}	5.36	3.87m	12-8¼	3/28/25 Emporia State Relays
16	Dale THOMPSON	SR #6	Colo. School of Mines	5.36	3.87mA	12-8¼	4/12/25 Kit Mayer Memorial Classic
16	Mia MANLEY	JR	Emporia State	5.36	3.87m	12-8¼	3/28/25 Emporia State Relays
16	Reagan HOUSLEY	SO #16	Washburn {2}	5.36	3.87m	12-8¼	3/28/25 Emporia State Relays
20	Mackenzie VANBIBBER	JR	Indianapolis	3.29	3.85m	12-7½	4/4/25 Indiana Tech April Open
21	Karis KRAF	FR	Roberts Wesleyan {3}	2.68	3.82m	12-6¼	3/19/25 Redhawk Invitational
21	Alexandrea ROBERTSON	FR	Roberts Wesleyan {3}	2.68	3.82m	12-6¼	3/19/25 Redhawk Invitational
23	Elvira COLLVIN	FR #5	Minnesota State	1.64	3.81m	12-6	4/5/25 South Dakota Early Bird
23	McKenna COMSTOCK	SR	Sioux Falls	1.64	3.81m	12-6	4/5/25 South Dakota Early Bird
25	Cadence SANSOM	JR	Harding	1.05	3.80m	12-5½	3/8/25 Harding Invitational
25	Brynlee KEERAN	JR	Lewis	1.05	3.80m	12-5½	3/29/25 Washington (Mo.) Invitational
25	Karyna VEHNER	JR	Harding	1.05	3.80m	12-5½	3/8/25 Harding Invitational
25	Sarah MASUOKA	SR #10	Ashland	1.05	3.80m	12-5½	4/5/25 Oliver Nikoloff Open
29	Tru BUDDENBERG	SO	Findlay {2}	0.82	3.79m	12-5¼	3/30/25 Yellow Jacket Collegiate Open
29	Avery MARSHALL	FR	Anderson (S.C.)	0.82	3.79m	12-5¼	4/5/25 Electric City Invitational
31	Katie CLIFFORD	SR	Hillsdale {3}	0.68	3.78m	12-4¾	3/29/25 Trinity (Texas) Invitational
31	Isabelle CARREON	SR	Cal Poly Pomona	0.68	3.78m	12-4¾	3/8/25 Beach Opener
33	Danielle GOULD	SO	Point Loma Nazarene	0.55	3.77m	12-4½	4/5/25 UCSD Triton Invitational
34	Brynn DEPINET	JR	Lee (Tenn.)	0.50	3.76m	12-4	4/12/25 Fast Break Athletics Invitation
35	Brooke PETERSON	JR #21	UC-Colorado Springs	0.45	3.75mA	12-3½	3/22/25 Dr. Dan Caprioglio Early Bird
35	Raegan MILLER	JR	Alabama-Huntsville	0.45	3.75m	12-3½	3/29/25 UAB Spring Time Invite
35	Brianne CAMARENA	SR	Point Loma Nazarene {2}	0.45	3.75m	12-3½	2/22/25 Rossi Relays
38	Annika HUMMEL	JR	West Chester	0.30	3.71m	12-2	4/14/25 Bison Outdoor Classic
39	Rileigh LACY	JR	Francis Marion	0.28	3.70m	12-1½	4/4/25 FMU Patriot Invitational
39	Haley SEXTON	FR #24	Central Missouri	0.28	3.70m	12-1½	4/11/25 Mule Relays
41	Peyton YOSHIDA	SR	Point Loma Nazarene {3}	0.23	3.68m	12-¾	3/22/25 Aztec Invitational
42	Janey RUBIO	SO	Chico State	0.20	3.67m	12-½	4/12/25 Chico Twilight Invite
43	Bekah WALZ	SO	Northern State	0.18	3.66m	12-0	4/12/25 South Dakota Challenge
43	Kati SMITH	SO	Northern Michigan	0.18	3.66m	12-0	4/5/25 Ashton May Invitational
43	Peyton HANSON	SO	Sioux Falls {2}	0.18	3.66m	12-0	4/12/25 South Dakota Challenge
43	Anna SCHUESSLER	FR	California (Pa.)	0.18	3.66m	12-0	3/29/25 Carnegie Mellon Invitational
43	Jenna SIKEL	JR #5	Minnesota State {2}	0.18	3.66m	12-0	4/5/25 South Dakota Early Bird
43	Camryn BARROS	SR #12	Angelo State {2}	0.18	3.66m	12-0	4/12/25 Cactus Cup
49	Alexus SALAZAR	FR #3	Azusa Pacific	0.03	3.65m	11-11¾	4/12/25 Pomona-Pitzer Invitational
49	Kaira MANNIO	FR #24	Central Missouri {2}	0.03	3.65m	11-11¾	3/29/25 SBU Bearcat Invitational
49	Makayla MILES	FR #5	Minnesota State {3}	0.03	3.65m	11-11¾	4/12/25 Minnesota State Open
49	Natalie HOLLAND	FR	Kutztown	0.03	3.65m	11-11¾	3/29/25 Dr. Jack M. Toms Alumni Invit
49	Makayla MAY	SO	Tiffin	0.03	3.65m	11-11¾	3/30/25 Tiffelberg Open
49	Katherine HEEKIN	JR	Point Loma Nazarene {4}	0.03	3.65m	11-11¾	4/12/25 Pomona-Pitzer Invitational



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #3, April 15

49	Allie DUNLAP	SO	#10 Ashland	{2}	0.03	3.65m	11-11¾	4/5/25	Oliver Nikoloff Open
49	Elizabeth ROTHWEILER	JR	Missouri S&T		0.03	3.65m	11-11¾	3/29/25	SBU Bearcat Invitational
49	Reanna MAROON	SR	Biola (Calif.)		0.03	3.65m	11-11¾	4/12/25	Pomona-Pitzer Invitational
49	Sydney MOHLMAN	SO	#17 Western Washington		0.03	3.65m	11-11¾	3/8/25	Pacific Lutheran Opener



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Miranda LAUVSTAD	JR	#5 Minnesota State	33.59	6.38m	20-11¼ (0.1)	4/12/25	Minnesota State Open
2	Blakelee WINN	JR	#2 Pittsburg State	31.13	6.34mw	20-9¾ (2.9)	4/10/25	Bryan Clay Invitational
3	Jodian STEWART	SO	Eastern New Mexico	28.78	6.31m	#Error	4/10/25	Jo Meaker Classic & Multi
4	MacKenzie WISSBROECKE	FR	Winona State	26.20	6.26m	20-6½ (1.5)	4/12/25	Minnesota State Open
5	Jasmyn CRAWFORD	SR	CUI	24.08	6.25m	20-6¼ (1.9)	3/8/25	Beach Opener
5	Jonon YOUNG	SO	Cal State LA	24.08	6.25m	20-6¼ (0.0)	3/8/25	Beach Opener
7	Laniyah CURRY	FR	Oklahoma Christian	19.76	6.21mw	20-4½ (2.3)	4/12/25	Arkansas Spring Invitational
8	Alaina DIAZ	JR	#4 Grand Valley State	17.60	6.19m	20-3¾ (1.4)	4/5/25	GVSU Early Meet
9	Ky'Ara ROSS	SO	West Liberty State	15.13	6.13m	20-1½ (-3.0)	3/28/25	Tim Weaver Invitational
10	Mikaela MILES	JR	Embry-Riddle (Fla.)	13.08	6.12m	20-1 (0.5)	4/12/25	Pure Athletics Sprint Elite Mee
11	Diamond BRUNN	JR	Southern Arkansas	11.00	6.10m	20-¼ (0.2)	4/10/25	Carl Kight Invitational
12	Anisha HENDERSON	SR	#18 Oklahoma Baptist	9.76	6.04mw	19-9¾ (2.9)	4/12/25	Arkansas Spring Invitational
13	Esther CONDE-TURPIN	JR	#3 Azusa Pacific	2.68	D 6.02mw	19-9 (2.9)	4/10/25	Bryan Clay Invitational
14	Kylie FRUSH	JR	#12 Angelo State	7.64	6.01mw	19-8¾ (2.4)	4/5/25	David Noble Relays
15	Rojrika CABELL	SO	#15 New Mexico Highlands	6.60	6.00m	19-8¼ (0.3)	4/10/25	Jo Meaker Classic & Multi
16	Sydney MCCARTY	SR	Carson-Newman	5.56	5.99mw	19-8 (2.9)	4/5/25	Tennessee Invite
17	Maricia SPENCE	SR	#12 Angelo State {2}	5.02	5.98mw	19-7½ (3.0)	4/5/25	David Noble Relays
18	Makayla PAVELKA	JR	#2 Pittsburg State {2}	4.48	5.97mw	19-7 (3.2)	4/12/25	Arkansas Spring Invitational
18	Claudia FERNANDEZ	SR	UPR Rio Piedras	4.48	5.97m	19-7 (1.1)	4/12/25	3ra Clasificatoria LAI
18	Marissa AUSTENE	FR	#24 Central Missouri	4.48	5.97mw	19-7 (2.2)	3/29/25	SBU Bearcat Invitational
21	Denise HERNANDEZ	JR	Lewis	2.90	5.95mw	19-6¼ (2.6)	3/21/25	Missouri S&T Miner Invitationa
22	Kailee BENTON	JR	#1 West Texas A&M	2.36	5.94mw	19-6 (2.4)	4/10/25	Jo Meaker Classic & Multi
22	Madissyn MOORE	JR	#21 UC-Colorado Springs	2.36	5.94mA	19-6 (1.6)	3/29/25	Chuck Haering Classic
24	Emy NTEKPERE	SO	#11 Central Washington	1.24	5.91m	19-4¾ (0.3)	3/29/25	Bobcat Invitational (Texas Sta
24	Katerina KAKAELAKI	FR	Lewis {2}	1.24	5.91mw	19-4¾ (2.9)	3/29/25	Washington (Mo.) Invitational
26	Afaf BENHADJA	SO	#20 Texas A&M-Kingsville	1.10	5.90mw	19-4¼ (3.5)	3/22/25	UTSA Invitational
27	Charnessa REID	SR	Winston-Salem State	1.01	5.89m	19-4 (1.0)	4/5/25	High Point VertKlasse Meeting
27	Brooklyn GOULD	SR	Embry-Riddle (Fla.) {2}	1.01	5.89m	19-4 (1.4)	4/10/25	Bryan Clay Invitational
27	Molly KAHL	SR	#5 Minnesota State {2}	1.01	5.89mw	19-4 (2.7)	4/12/25	Minnesota State Open
30	Chisom OBIOHA	SR	#15 New Mexico Highlands {2}	0.82	5.88m	19-3½ (1.2)	4/10/25	Jo Meaker Classic & Multi
31	Janara BRYANT	FR	Mount Olive	0.65	5.85m	19-2½ (1.2)	4/12/25	The Trojan Relays
32	Brooklyn BAKER	FR	#2 Pittsburg State {3}	0.60	5.84mw	19-2 (3.0)	4/12/25	Arkansas Spring Invitational
32	Arabella KNUDSON	FR	#5 Minnesota State {3}	0.60	5.84m	19-2 (1.0)	4/12/25	Minnesota State Open
34	Carly TUCKER	FR	Harding	0.50	5.83mw	19-1½ (3.9)	3/1/25	Hendrix Invitational
34	Jazmin BARRY	FR	MSU Moorhead	0.50	5.83m	19-1½ (0.8)	4/6/25	Al Bortke Open
36	Anna BRUNO	SO	#13 U-Mary	0.40	5.82m	19-1¼ (2.0)	4/11/25	NDSU Spring Classic
37	Valencia BEAUBRUN	JR	Adelphi	0.35	5.81mw	19-¾ (3.1)	3/29/25	Monmouth Season Opener
38	Jazmin RAY	SR	#20 Texas A&M-Kingsville {2}	0.30	5.79mw	19-0 (2.5)	3/29/25	Trinity (Texas) Invitational
39	Shinelle JHAGROO	FR	McKendree	0.28	5.78m	18-11¾ (0.0)	3/22/25	Missouri S&T Miner Invitationa
40	Neshara SMITH	JR	Cal Poly Pomona	0.25	5.77m	18-11¼ (2.0)	2/28/25	RCC Invitational
41	Sasha LEE	SR	Shippensburg	0.23	5.76m	18-10¾ (0.0)	3/29/25	Dr. Jack M. Toms Alumni Invit
41	Isabella MASTRIA	SO	Frostburg State	0.23	5.76m	18-10¾ (0.0)	4/12/25	Messiah Invitational
43	Makayla WATSON	JR	#2 Pittsburg State {4}	0.18	5.75mw	18-10½ (3.8)	4/12/25	Arkansas Spring Invitational
44	Jayme HAGERMAN	SO	Fort Hays State	0.15	5.74m	18-10 (1.8)	4/12/25	Jo Meaker Classic & Multi
44	Holley JOHNSON	JR	Fayetteville State	0.15	5.74m	18-10 (1.5)	4/5/25	High Point VertKlasse Meeting
44	Kennah SHAFFER	SR	Westmont (Calif.)	0.15	5.74m	18-10 (2.0)	4/12/25	UCSB Open
47	Ellie Lengerich	SR	Indianapolis	0.08	5.72m	18-9¼ (1.5)	4/11/25	Bryan Clay Invitational
48	Kisha FRANCOIS	SR	Southern Connecticut	0.05	5.71mw	18-8¾ (2.2)	4/4/25	UConn Dog Fight
48	Baylee BLAUSER	JR	Slippery Rock	0.05	5.71m	18-8¾ (-2.1)	3/29/25	Tim Weaver Invitational
50	Luisa FISCHER	SR	#3 Azusa Pacific {2}	0.01	5.70mw	18-8½ (3.1)	4/11/25	Bryan Clay Invitational
50	Hannah POLKINGHORN	JR	#17 Western Washington	0.01	5.70m	18-8½ (0.4)	4/5/25	UCSD Triton Invitational
50	Madison ALEGRIA	SR	#20 Texas A&M-Kingsville {3}	0.01	5.70mw	18-8½ (3.2)	3/22/25	UTSA Invitational



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Emy NTEKPERE	SO	#11 Central Washington	35.86	13.26m	43-6 (0.2)	3/29/25 Bobcat Invitational (Texas Sta
2	Janara BRYANT	FR	Mount Olive	31.08	12.77mw	41-10¼ (2.8)	4/4/25 Tennessee Invite
3	Jazmin RAY	SR	#20 Texas A&M-Kingsville	28.85	12.73mw	41-9¼ (3.1)	3/29/25 Trinity (Texas) Invitational
4	Mikaela MILES	JR	Embry-Riddle (Fla.)	26.08	12.59m	41-3¾ (2.0)	3/28/25 Terry Long Florida State Relay
5	Jonon YOUNG	SO	Cal State LA	23.93	12.55m	41-2¼ (0.8)	4/5/25 Rafer Johnson/Jackie Joyner-
6	Sasha LEE	SR	Shippensburg	21.50	12.44m	40-9¾ (0.0)	3/28/25 Dr. Jack M. Toms Alumni Invit
7	Ghada HAMDANI	SO	#5 Minnesota State	19.43	12.42mw	40-9 (3.0)	4/12/25 Minnesota State Open
8	Lillian WASHINGTON	JR	#5 Minnesota State {2}	17.39	12.41mw	40-8¾ (3.2)	4/12/25 Minnesota State Open
9	Rojrika CAMBELL	SO	#15 New Mexico Highlands	15.16	12.35mw	40-6¼ (2.8)	4/10/25 Jo Meaker Classic & Multi
10	Hanna ONOFRIIEVA	SO	Harding	13.04	12.32m	40-5 (0.0)	4/12/25 Little Rock Invite
11	Jhnyia KNUCKLES	SO	Clafin	10.88	12.27m	40-3¼ (1.6)	4/5/25 High Point VertKlasse Meeting
12	Jada DAVID	SR	Benedict	9.82	12.24m	40-2 (1.7)	3/22/25 Weems Baskin Invitational
13	Leidy CUESTA	FR	#1 West Texas A&M	8.80	12.23m	#Error	4/10/25 Jo Meaker Classic & Multi
14	Claudia FERNANDEZ	SR	UPR Rio Piedras	7.68	12.17m	#Error	2/21/25 1ra Clasificatoria LAI
15	Shannon HARNETT	FR	East Stroudsburg	6.61	12.13m	39-9¾ (1.1)	3/22/25 Shippensburg Keystone State
16	Ennessey SORRELLS	SR	#25 Wingate	5.57	12.11m	39-8¾ (0.7)	4/12/25 Duke Invitational
17	Payton RODGERS	FR	#21 UC-Colorado Springs	5.01	12.08mw	39-7¾ (2.6)	4/10/25 Jo Meaker Classic & Multi
18	Brittania INGRAM	JR	Lincoln (Mo.)	4.43	12.04mw	39-6 (2.7)	4/11/25 Wichita State K.T. Woodman I
19	Tyleah MOORER	SR	Limestone	3.81	11.98m	39-3¾ (1.7)	4/5/25 Electric City Invitational
19	Samantha CASH	SR	West Virginia Wesleya	3.81	11.98mw	39-3¾ (3.2)	4/5/25 Dave Labor Slippery Rock Invit
21	Domanique KNOWLES	SR	Fayetteville State	2.77	11.96m	39-3 (0.5)	3/22/25 Alan Connie Shamrock Invitati
21	Shynique MCGEE	JR	Clark Atlanta	2.77	11.96m	39-3 (1.5)	3/15/25 Falcon Classic
23	Karla HORMAZABAL	SR	Mount Olive {2}	1.75	11.95m	39-2½ (1.4)	4/5/25 Tennessee Invite
24	Stefani VASILEVA	JR	Charleston (W.Va.)	1.23	11.94m	39-2¼ (1.6)	4/12/25 Fast Break Athletics Invitation
25	Camila SALVUCCI	FR	Chadron State	1.14	11.92mA	39-1¼ (0.0)	3/29/25 Jack Christiansen Invitational
26	Claire KINTZLEY	SR	#6 Colo. School of Mines	1.06	11.90mA	39-½ (1.3)	4/12/25 Kit Mayer Memorial Classic
26	Leah DOTSON	SR	Limestone {2}	1.06	11.90m	39-½ (0.7)	3/22/25 Weems Baskin Invitational
28	Olivia WINDBIEL	JR	Simon Fraser	0.86	11.85m	38-10½ (-0.)	4/12/25 Pomona-Pitzer Invitational
28	Audrey UZOUKWU	SR	#1 West Texas A&M {2}	0.86	11.85mw	38-10½ (2.7)	3/22/25 West Texas Relays
30	Theresa OSEI	FR	#16 Washburn	0.74	11.84m	38-10¼ (1.7)	3/28/25 Emporia State Relays
30	Celina THOMAS	SO	Eastern New Mexico	0.74	11.84m	38-10¼ (1.5)	3/22/25 Willie Williams/Dave Murray Di
32	Laura DELGADO DE TORRE	JR	Charleston (W.Va.) {2}	0.62	11.83m	38-9¾ (-0.1)	3/29/25 Raleigh Relays
33	Stella NEOPHYTOU	SR	#5 Minnesota State {3}	0.55	11.82m	38-9½ (0.6)	4/12/25 Minnesota State Open
33	Morgan COVERSON-SPRINGS	FR	Clafin {2}	0.55	11.82mw	38-9½ (2.2)	4/12/25 Gamecock Invitational
35	Gracie STEPHENS	FR	#12 Angelo State	0.45	11.80mw	38-8¾ (2.2)	4/5/25 David Noble Relays
36	Kylie FRUSH	JR	#12 Angelo State {2}	0.40	11.78mw	38-7¾ (3.5)	3/8/25 Blue & Gold Battle
37	Jaylen WALKER	FR	Academy of Art	0.35	11.74m	38-6¼ (1.0)	3/22/25 Hornet Invitational
37	Kinley SMITH	SO	#2 Pittsburg State	0.35	11.74mw	38-6¼ (2.3)	3/28/25 Emporia State Relays
39	Sofi DIOP	SO	Northern Michigan	0.28	11.73m	38-6 (1.9)	4/12/25 UW Oshkosh Invitational
40	Makenna SULLIVAN	SR	Point Loma Nazarene	0.25	11.71m	38-5 (0.9)	4/5/25 UCSD Triton Invitational
40	Tiana SMITH	JR	Spring Hill (Ala.)	0.25	11.71m	38-5 (1.1)	4/5/25 Doc Anderson Invitational
40	Natalie LIN	SR	Cal Poly Pomona	0.25	11.71m	38-5 (0.0)	3/28/25 Mangrum Invitational
43	Zariyah WHIGHAM	FR	Shippensburg {2}	0.18	11.68m	38-4 (0.2)	3/29/25 Dr. Jack M. Toms Alumni Invit
43	Holly KONE	SR	#22 Lenoir-Rhyne	0.18	11.68m	38-4 (0.8)	4/13/25 Southside Power & Fitness Inv
45	Delaney BEARD	SR	Kutztown	0.13	11.66m	38-3¼ (0.5)	3/29/25 Dr. Jack M. Toms Alumni Invit
45	Brooke TAYLOR	JR	Carson-Newman	0.13	11.66m	38-3¼ (1.8)	4/5/25 Tennessee Invite
47	Kennedy JOHNSON	FR	Midwestern State	0.08	11.65mw	38-2¾ (3.8)	3/22/25 Wes Kittley Invitational
48	Alayna VANDEGRIFF	FR	Northern Michigan {2}	0.05	11.63m	38-2 (1.3)	4/12/25 UW Oshkosh Invitational
48	Essence BURROWS	FR	UW-Parkside	0.05	11.63m	38-2 (1.4)	3/29/25 Billiken Invitational
50	Jordyn BROOKS	SO	Cal State San Marcos	0.01	11.59m	38-¼ (1.0)	3/29/25 Vince O'Boyle Track and Field



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Hannah RICHARDSON	JR	#3 Azusa Pacific	35.26	16.52m	54-2½	4/5/25	UCSD Triton Invitational
2	Katherine HIGGINS	SR	#14 CSU Pueblo	30.93	15.67mA	51-5	4/4/25	Maverick Invitational
3	Briar GILLUM	SO	#19 Missouri Southern	28.69	15.58m	51-1½	4/4/25	Emporia State Midwest Classi
4	Makenzie GARR	SO	Missouri Western	26.47	15.50m	50-10¼	3/21/25	Reiver Rust Buster
5	Mackenzie BOHRER	SR	#4 Grand Valley State	24.27	15.43m	50-7½	4/5/25	GVSU Early Meet
6	Molly WINNER	SO	#10 Ashland	21.48	15.01m	49-3	4/5/25	Oliver Nikoloff Open
7	Dailynn VANDEREN	FR	#19 Missouri Southern {2}	19.43	14.98m	49-1¾	3/28/25	Emporia State Relays
8	Destany HERBERT	SR	Northwest Nazarene	17.37	14.95m	49-¾	4/4/25	Whitworth Peace Meet
9	Yassine KAMARA	JR	Bowie State	15.22	14.87m	48-9½	4/4/25	Towson Senior Twilight Open
10	Febe WESSELS	JR	#14 CSU Pueblo {2}	13.11	14.81mA	48-7¼	4/4/25	Maverick Invitational
11	Fedra FLORENTIN	SR	#12 Angelo State	11.03	14.74m	48-4½	4/12/25	Cactus Cup
12	Jessica POLKINGHORN	FR	#17 Western Washington	9.88	14.59m	47-10½	3/8/25	Pacific Lutheran Opener
13	Allyssa MAHONE	SR	Missouri Western {2}	8.78	14.48m	47-6¼	3/29/25	Texas Relays
14	Kitt RUPAR	SR	#6 Colo. School of Mines	7.77	14.47mA	47-5¾	4/12/25	Kit Mayer Memorial Classic
15	Cydney BANKS	SR	William Jewell	6.74	14.44m	47-4½	4/11/25	Mule Relays
16	Molly OLSON	SR	#3 Azusa Pacific {2}	5.66	14.36m	47-1½	3/22/25	Jim Bush Legends Invitational
17	Kathryn CHAPIN	FR	#17 Western Washington {2}	5.01	14.21m	46-7½	3/22/25	Oregon Preview (outdoor)
18	Jada SEWELL	SR	#1 West Texas A&M	4.47	14.16mA	46-5½	3/30/25	Greyhound Open
19	Coulter BROOKE	SR	Findlay	3.92	14.11m	46-3½	4/12/25	Davenport Panther Classic
20	Kennedy JACKSON	SO	#4 Grand Valley State {2}	3.37	14.06m	46-1½	4/5/25	GVSU Early Meet
21	Irieyanna WILSON	SR	Southern Arkansas	2.73	13.92m	45-8	4/12/25	Carl Kight Invitational
22	Brooklyn KRUSE	SO	Wayne State (Neb.)	2.22	13.91m	45-7¾	4/5/25	Concordia (Neb.) Outdoor Invi
23	Kelsey KINSLEY	SR	#10 Ashland {2}	1.68	13.87m	45-6¼	4/5/25	Oliver Nikoloff Open
24	Katie POTTS	SR	#17 Western Washington {3}	1.13	13.82m	45-4¼	4/5/25	UCSD Triton Invitational
25	Gianna FRANK	FR	#23 Cal State San Bernard	1.06	13.79m	45-3	3/22/25	Hornet Invitational
25	Sydney MORRIS	FR	Missouri S&T	1.06	13.79m	45-3	4/11/25	Mule Relays
27	Maya LAVENDUSKY	JR	Concordia-St. Paul	0.92	13.75m	45-1½	4/12/25	Minnesota State Open
28	Graice WAITE	FR	Lee (Tenn.)	0.85	13.73m	45-½	4/5/25	Tennessee Invite
29	Esther CONDE-TURPIN	JR	#3 Azusa Pacific {3}	0.78	13.71m	44-11¾	3/29/25	Vince O'Boyle Track and Field
30	Averi PARKER	SR	Hillsdale	0.72	13.70m	44-11½	4/12/25	Calvin Invite
31	Karina ALVAREZ	SO	#20 Texas A&M-Kingsville	0.66	13.69m	44-11	3/29/25	Trinity (Texas) Invitational
32	Altyn BARTLEY	SO	#18 Oklahoma Baptist	0.60	13.65m	44-9½	3/29/25	Oklahoma Baptist Invitational
33	Sarah CORRIE	SR	Slippery Rock	0.55	13.64m	44-9	4/12/25	Westminster (Pa.) Invitational
34	Lily NOVACEK	JR	Neb.-Kearney	0.50	13.62m	44-8¼	4/5/25	Concordia (Neb.) Outdoor Invi
35	Kelsey HANSEN	SO	Northwood (Mich.)	0.45	13.61m	44-8	3/22/25	Lee Invitational
36	Abby LASITER	JR	#2 Pittsburg State	0.40	13.57m	44-6¼	3/29/25	SBU Bearcat Invitational
37	Laila BUNNITT	SR	Southern New Hamps	0.35	13.56m	44-6	4/14/25	Ed Daniels Invitational
38	Madison MEARS	JR	#24 Central Missouri	0.30	13.53m	44-4¾	4/11/25	Mule Relays
39	Amber LAWLESS	JR	#25 Wingate	0.28	13.49m	44-3¼	4/12/25	Duke Invitational
40	Tobi PETERSON	FR	Sioux Falls	0.25	13.47m	44-2½	4/12/25	South Dakota Challenge
41	Devon WILLIAMS	SR	#20 Texas A&M-Kingsville{2}	0.23	13.39m	43-11¼	3/8/25	Blue & Gold Battle
42	Janae SCOTT	JR	Glenville State	0.20	13.34m	43-9¼	4/14/25	Bison Outdoor Classic
43	Kelsey KENNON	SR	Findlay {2}	0.18	13.33m	43-8¾	4/12/25	Davenport Panther Classic
43	Kami WADSWORTH	SO	Sioux Falls {2}	0.18	13.33m	43-8¾	4/12/25	South Dakota Challenge
45	Aaliyah WHYTE	JR	Fayetteville State	0.13	13.32m	43-8½	4/12/25	The Trojan Relays
46	Rebecca MARTIN	JR	Slippery Rock {2}	0.10	13.29m	43-7¼	4/14/25	Bison Outdoor Classic
47	Belle SMITH	SO	Southern Connecticut	0.08	13.27m	43-6½	4/4/25	UConn Dog Fight
48	Christina PALMER	SR	Colorado Mesa	0.05	13.25mA	43-5¾	4/12/25	Kit Mayer Memorial Classic
48	Faith HENSEL	JR	Indianapolis	0.05	13.25m	43-5¾	4/4/25	Indiana Tech April Open
50	Ava KIEFER	JR	Findlay {3}	0.01	13.24m	43-5¼	4/12/25	Davenport Panther Classic
50	Meadow GALLENTINE	JR	#1 West Texas A&M {2}	0.01	13.24m	43-5¼	4/12/25	Jo Meaker Classic & Multi



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Erika BEISTLE	SR	#4 Grand Valley State	42.17	66.63m	218-7	4/5/25	GVSU Early Meet
2	Margaret STEVENSON	SR	#4 Grand Valley State {2}	30.87	52.95m	173-9	4/12/25	South Florida Invitational (out
3	Julia PISENTI	SO	Jessup (Calif.)	28.14	51.87m	170-2	4/5/25	Brutus Hamilton Invitational
4	Ilaria VILLA	JR	#16 Washburn	26.04	51.73m	169-9	3/28/25	Emporia State Relays
5	Madison SMITH	FR	Neb.-Kearney	23.25	50.21m	164-9	4/12/25	Wichita State K.T. Woodman I
5	Hannah RICHARDSON	JR	#3 Azusa Pacific	23.25	50.21m	164-9	4/5/25	UCSD Triton Invitational
7	Makenzie GARR	SO	Missouri Western	18.91	49.47m	162-4	4/11/25	Mule Relays
8	Jade BYRD	SR	#18 Oklahoma Baptist	16.84	49.33m	161-10	4/4/25	John Jacobs Invitational
9	Kennedy ULMER	JR	Eastern New Mexico	14.65	48.91mA	160-6	3/30/25	Greyhound Open
10	Reilly YOUNG	SR	Wayne State (Neb.)	12.63	48.88m	160-5	3/28/25	Wildcat Classic
11	Emma SLADE	FR	Fort Hays State	10.61	48.81m	160-2	3/28/25	Central Nebraska Challenge
12	Torrance TSO	SO	Wayne State (Neb.) {2}	9.51	48.41m	158-10	4/12/25	South Dakota Challenge
13	Yassine KAMARA	JR	Bowie State	8.50	48.35m	158-8	3/29/25	Maryland Invitational
14	Tiamara HILL-JOHNSON	SR	#12 Angelo State	7.48	48.28m	158-5	4/12/25	Cactus Cup
15	Devon WILLIAMS	SR	#20 Texas A&M-Kingsville	6.45	48.15m	158-0	3/22/25	UTSA Invitational
16	Kamry LINDSEY	SR	Sioux Falls	5.44	48.12m	157-11	4/12/25	South Dakota Challenge
17	Kamryn WILLIAMS	SO	#12 Angelo State {2}	4.91	47.99m	157-6	4/12/25	Cactus Cup
18	Tayla CRENSHAW	SR	CUI	4.35	47.75m	156-8	4/5/25	UCSD Triton Invitational
19	Kirsten WOMACK	SO	#19 Missouri Southern	3.80	47.53m	155-11	3/28/25	Emporia State Relays
20	Zayda PRIEBE	JR	Bemidji State	3.27	47.40m	155-6	4/12/25	Minnesota State Open
21	Brooke BURNS	SR	Charleston (W.Va.)	2.76	47.35m	155-4	4/4/25	Golden Eagle Invitational
22	Jennifer PATRICK	FR	#10 Ashland	2.20	47.12m	154-7	3/30/25	Yellow Jacket Collegiate Open
23	Toree SLAVIK	SO	Neb.-Kearney {2}	1.66	46.92m	153-11	3/28/25	Central Nebraska Challenge
24	Aubrey BRINKMAN	JR	Lewis	1.11	46.73m	153-4	4/5/25	Chicagoland Outdoor Champi
25	Katie POTTS	SR	#17 Western Washington	1.02	46.56m	152-9	4/5/25	UCSD Triton Invitational
26	Elise JENSEN	FR	#5 Minnesota State	0.97	46.55m	152-9	4/5/25	South Dakota Early Bird
27	Sarah HESSLER	JR	Millersville	0.87	46.36m	152-1	4/5/25	Millersville Metrics
28	Christina PALMER	SR	Colorado Mesa	0.82	46.33mA	152-0	4/4/25	Maverick Invitational
29	Hope WILLIS	FR	Biola (Calif.)	0.75	46.17m	151-6	4/5/25	UCSD Triton Invitational
30	Brooklyn STAAB	SR	Neb.-Kearney {3}	0.70	46.15m	151-5	3/28/25	Central Nebraska Challenge
31	Kitt RUPAR	SR	#6 Colo. School of Mines	0.65	46.12mA	151-4	3/28/25	Mines Midweek Meet
32	Addison HINTERWEGER	JR	#2 Pittsburg State	0.60	46.11m	151-4	4/12/25	Arkansas Spring Invitational
33	Briar GILLUM	SO	#19 Missouri Southern {2}	0.55	46.02m	151-0	3/28/25	Emporia State Relays
34	Jessica SAUNDERS	SR	Fort Hays State {2}	0.50	45.99m	150-11	3/28/25	Central Nebraska Challenge
35	Diamond RICHARDSON	SR	Fort Valley State	0.45	45.90m	150-7	3/22/25	Emory Spring Break Classic
36	Allyssa MAHONE	SR	Missouri Western {2}	0.40	45.80m	150-3	3/21/25	Reiver Rust Buster
37	Molly OLSON	SR	#3 Azusa Pacific {2}	0.35	45.66m	149-10	4/5/25	UCSD Triton Invitational
38	Khaiya SIMPSON	SR	CUI {2}	0.30	45.52m	149-4	4/5/25	UCSD Triton Invitational
39	Delanie VANDRIEL	JR	Sioux Falls {2}	0.28	45.50m	149-4	3/28/25	Wildcat Classic
40	Kailyn THOMAS	SR	Southern Arkansas	0.25	45.39m	148-11	3/20/25	Ouachita Invitational
41	Maddy DOWNS	SR	Millersville {2}	0.23	44.98m	147-7	4/5/25	Millersville Metrics
42	Emily WOLF	SO	Montevallo	0.20	44.93m	147-5	3/15/25	Falcon Classic
43	Michalee BROWNAWELL	SO	Neb.-Kearney {4}	0.18	44.92m	147-5	3/28/25	Central Nebraska Challenge
44	Lily NOVACEK	JR	Neb.-Kearney {5}	0.15	44.83m	147-1	3/28/25	Central Nebraska Challenge
45	Ariyah FORD	JR	Sonoma State	0.13	44.71m	146-8	4/11/25	Titans Friday Night Lights Trac
46	Victoria MALAKI	JR	#21 UC-Colorado Springs	0.10	44.69m	146-8	4/12/25	Jo Meaker Classic & Multi
47	Cydney BANKS	SR	William Jewell	0.08	44.61m	146-4	4/11/25	Mule Relays
48	Katie WILKERSON	FR	Montevallo {2}	0.05	44.52m	146-1	3/15/25	Falcon Classic
49	Marley SANDS	JR	#24 Central Missouri	0.03	44.47m	145-11	4/11/25	Mule Relays
50	Madison MORRIS	SR	Embry-Riddle (Fla.)	0.01	44.40m	145-8	4/5/25	Embry-Riddle Running Eleme



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Lily NOVACEK	JR	Neb.-Kearney	35.13	63.92m	209-9	3/28/25	Central Nebraska Challenge	
2	Molly WINNER	SO	#10 Ashland	31.02	61.14m	200-7	3/30/25	Yellow Jacket Collegiate Open	
3	Jennifer JARNAGIN	SR	#6 Colo. School of Mines	28.53	60.49mA	198-6	4/12/25	Kit Mayer Memorial Classic	
4	Zoe PENTECOST	SR	Indianapolis	26.42	60.34m	198-0	4/12/25	Indiana Little State Invitationa	
5	Abigail GILLESPIE	SR	#6 Colo. School of Mines {2}	24.29	60.17mA	197-5	4/12/25	Kit Mayer Memorial Classic	
6	Marie SCHULER	JR	#12 Angelo State	22.17	60.01m	196-11	3/8/25	Blue & Gold Battle	
7	Shelby ULVEN	JR	#4 Grand Valley State	19.95	59.64m	195-8	3/29/25	Bobcat Invitational (Texas Sta	
8	Dailynn VANDEREN	FR	#19 Missouri Southern	17.40	58.59m	192-3	4/11/25	Mule Relays	
9	Brooke BURNS	SR	Charleston (W.Va.)	15.36	58.50m	191-11	4/4/25	Golden Eagle Invitational	
10	Rachael MOLLOY	SR	#24 Central Missouri	13.07	57.90m	190-0	4/11/25	Mule Relays	
11	Abby LASITER	JR	#2 Pittsburg State	10.87	57.14m	187-6	4/11/25	Mule Relays	
12	Savannah JORGENS	JR	#21 UC-Colorado Springs	9.76	56.71m	186-1	4/12/25	Jo Meaker Classic & Multi	
13	Lily BENEKE	SR	#5 Minnesota State	8.64	56.26m	184-7	3/28/25	Wildcat Classic	
14	Alaina OMONODE	SR	#4 Grand Valley State {2}	7.55	55.96m	183-7	4/5/25	GVSU Early Meet	
15	Averi PARKER	SR	Hillsdale	6.55	55.95m	183-7	4/12/25	Calvin Invite	
16	Paola CASTALDI	SR	#16 Washburn	5.52	55.84m	183-3	3/28/25	Emporia State Relays	
17	Leslie POLLOCK	SO	#10 Ashland {2}	4.97	55.64m	182-7	4/13/25	Mount Union John Homan Op	
18	Kaylyn BARNETTE	SR	#10 Ashland {3}	4.46	55.60m	182-5	3/30/25	Yellow Jacket Collegiate Open	
19	Esma PAJT	JR	#12 Angelo State {2}	3.83	55.13m	180-11	3/8/25	Blue & Gold Battle	
20	Briar GILLUM	SO	#19 Missouri Southern {2}	3.33	55.12m	180-10	4/11/25	Mule Relays	
21	Elin RYDQVIST	SO	Mount Olive	2.82	55.07m	180-8	3/22/25	Alan Connie Shamrock Invitati	
22	Kenisha BARNES	JR	Mount Olive {2}	2.27	54.88m	180-1	4/12/25	The Trojan Relays	
23	Kirsten ROLLE	SR	Embry-Riddle (Fla.)	1.74	54.77m	179-8	4/5/25	Embry-Riddle Running Eleme	
24	Kirsten WOMACK	SO	#19 Missouri Southern {3}	1.15	54.43m	178-7	4/4/25	Emporia State Midwest Classi	
25	Addison HINTERWEGER	JR	#2 Pittsburg State {2}	1.06	54.28m	178-1	4/11/25	Mule Relays	
26	Augustine HANCOCK	JR	Colorado Mesa	0.99	54.23m	177-11	4/12/25	Jo Meaker Classic & Multi	
27	Adriel HOLLOWAY	JR	#16 Washburn {2}	0.88	53.99m	177-2	4/12/25	Wichita State K.T. Woodman I	
28	Samiyah LITTLE	SR	East Stroudsburg	0.80	53.81m	176-7	3/22/25	Shippensburg Keystone State	
29	Audra HOGAN	SR	Indianapolis {2}	0.75	53.79m	176-6	3/30/25	Hanover Invitational	
30	Hailey BAKER	SR	Wayne State (Neb.)	0.70	53.69m	176-2	4/12/25	South Dakota Challenge	
31	Kelsey HANSEN	SO	Northwood (Mich.)	0.65	53.59m	175-10	4/12/25	Chippewa Challenge	
32	Jade BYRD	SR	#18 Oklahoma Baptist	0.60	53.56m	175-9	3/29/25	Oklahoma Baptist Invitational	
33	Richella SPIELVOGEL	SR	Lake Erie	0.55	53.10m	174-3	4/13/25	Mount Union John Homan Op	
34	Sarah HESSLER	JR	Millersville	0.50	53.04m	174-0	3/29/25	Towson Invitational	
35	Andrea PASCUAL RIVERA	SR	Newberry	0.45	52.91m	173-7	3/29/25	SWU GottaRun Invite	
36	Kitt RUPAR	SR	#6 Colo. School of Mines {3}	0.40	52.89mA	173-6	3/28/25	Mines Midweek Meet	
37	Destany HERBERT	SR	Northwest Nazarene	0.35	52.77m	173-2	4/12/25	Northwest Nazarene Open	
38	Kailyn THOMAS	SR	Southern Arkansas	0.30	52.61m	172-7	3/8/25	Harding Invitational	
39	Coulter BROOKE	SR	Findlay	0.28	52.51m	172-4	4/5/25	Oliver Nikoloff Open	
40	Alexis NINO	JR	Stanislaus State	0.25	52.50m	172-3	3/1/25	Kim Duyst Invitational	
41	Payton ELENBAAS	SR	#11 Central Washington	0.23	52.27m	171-6	4/4/25	Whitworth Peace Meet	
42	Allyssa MAHONE	SR	Missouri Western	0.20	52.15m	171-1	3/21/25	Reiver Rust Buster	
43	Liberty BOOKER	JR	Fort Hays State	0.18	51.98m	170-7	4/4/25	Emporia State Midwest Classi	
44	Reilly YOUNG	SR	Wayne State (Neb.) {2}	0.15	51.88m	170-3	4/12/25	Sioux City Relays	
45	Kennedy FLORES	JR	#10 Ashland {4}	0.13	51.87m	170-2	4/13/25	Mount Union John Homan Op	
46	Sage COYLE	SR	Chico State	0.10	51.78m	169-11	4/12/25	Chico Twilight Invite	
47	Hope GRAY	JR	#1 West Texas A&M	0.08	51.76m	169-10	3/22/25	West Texas Relays	
48	Mony ANDERSEN	JR	#5 Minnesota State {2}	0.05	51.66m	169-6	3/28/25	Wildcat Classic	
49	MaKenna MASCHINO	SR	Indianapolis {3}	0.03	51.65m	169-6	4/12/25	Indiana Little State Invitationa	
50	Rylee BLANTON	JR	Western Colorado	0.01	51.56mA	169-2	3/29/25	Chuck Haering Classic	



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Addison THROCKMORTON	FR #24 Central Missouri	33.76	51.25m	168-2	4/11/25	Mule Relays
2	Keilee JOHNSON	SO #19 Missouri Southern	30.93	50.12m	164-5	3/28/25	Emporia State Relays
3	Federica DOZIO	FR #12 Angelo State	28.86	50.03m	164-2	4/5/25	David Noble Relays
4	Luisarys TOLEDO	JR Northwest Missouri	26.32	49.19m	161-5	3/28/25	Emporia State Relays
5	Savannah MANTHEY	SO #8 Southwest Baptist	24.05	48.66m	159-8	4/11/25	Mule Relays
6	Alexis O'FARRELL	JR #8 Southwest Baptist {2}	21.54	47.67m	156-5	3/29/25	SBU Bearcat Invitational
7	Ally FOX	SO #24 Central Missouri {2}	19.50	47.58m	156-1	4/11/25	Mule Relays
8	Olivia VANDERWEIDE	SO #2 Pittsburg State	17.33	47.26m	155-1	3/23/25	Jayhawk Spring Fling
9	Abby REASONER	SR Shippensburg	15.33	47.25m	155-0	3/29/25	Dr. Jack M. Toms Alumni Invit
10	Luisa FISCHER	SR #3 Azusa Pacific	3.28	47.15m	154-8	3/29/25	Vince O'Boyle Track and Field
11	Karsyn KANSLER	SO #24 Central Missouri {3}	11.21	47.02m	154-3	3/29/25	SBU Bearcat Invitational
12	Maxime KIRSCHNER	SR Embry-Riddle (Fla.)	10.00	46.45m	152-5	3/28/25	Terry Long Florida State Relay
13	Ashley LOW	FR Northwestern Oklaho	8.99	46.42m	152-4	3/29/25	Oklahoma Baptist Invitational
14	Olivia BAUMBERGER	SR Sioux Falls	7.96	46.28m	151-10	4/12/25	South Dakota Challenge
15	Kelly LESZCZYNSKI	JR Bloomsburg	6.95	46.27m	151-10	3/29/25	Jim Taylor Invitational
16	Aspen ARROWSMITH	SO Alabama-Huntsville	5.94	46.22m	151-8	4/12/25	Crimson Tide Invite
17	Gracie RINER	FR #2 Pittsburg State {2}	5.10	44.95m	147-6	3/29/25	SBU Bearcat Invitational
18	Lindsey CURE	FR Regis (Colo.)	4.47	44.46mA	145-11	3/22/25	Dr. Dan Caprioglio Early Bird
19	Malina BOHLMANN	SO Assumption	3.88	44.10m	144-8	4/14/25	Ed Daniels Invitational
20	Keturah TEMPLEMAN	FR #14 CSU Pueblo	3.36	44.05mA	144-6	4/4/25	Maverick Invitational
21	Hannah CASSNER	SO Shippensburg {2}	2.85	44.02m	144-5	3/29/25	Dr. Jack M. Toms Alumni Invit
22	Emily POWERS	JR Northwest Nazarene	2.31	43.84m	143-10	4/4/25	Whitworth Peace Meet
23	Hailey BRUCE	SO Embry-Riddle (Fla.) {2}	1.78	43.73m	143-6	3/28/25	Terry Long Florida State Relay
24	Kennedy ULMER	JR Eastern New Mexico	1.11	43.12mA	141-6	3/30/25	Greyhound Open
25	Josie PETERSON	SR Chico State	1.02	42.95m	140-11	4/5/25	Brutus Hamilton Invitational
26	Zaniya RUSH	FR Spring Hill (Ala.)	0.96	42.90m	140-9	3/1/25	MC Spring Cleaning Classic
27	Blakelee WINN	SR #2 Pittsburg State {3}	0.89	42.85m	140-7	3/28/25	Emporia State Relays
28	Esther CONDE-TURPIN	JR #3 Azusa Pacific {2}	0.80	42.65m	139-11	3/29/25	Vince O'Boyle Track and Field
28	Isabella BARTOLETTI	JR Slippery Rock	0.80	42.65m	139-11	4/12/25	Westminster (Pa.) Invitational
30	Macoya HANSEN	FR Northern State	0.70	42.53m	139-7	4/12/25	South Dakota Challenge
31	Olivia DAVIDSON	SO Lee (Tenn.)	0.65	42.31m	138-10	4/12/25	Fast Break Athletics Invitation
32	Sophia PREITO	SR Westminster (Utah)	0.60	42.13m	138-3	3/22/25	Utah Tech Invitational
33	Kami WADSWORTH	SO Sioux Falls {2}	0.55	42.12m	138-2	4/12/25	South Dakota Challenge
33	Shelby SOGAARD	JR #2 Pittsburg State {4}	0.55	42.12m	138-2	4/12/25	Arkansas Spring Invitational
35	Julia PISENTI	SO Jessup (Calif.)	0.45	41.91m	137-6	3/29/25	West Coast Relays
36	Marley SANDS	JR #24 Central Missouri {4}	0.40	41.78m	137-1	4/11/25	Mule Relays
37	G'nea PITT	FR Academy of Art	0.35	41.69m	136-10	4/5/25	Stanford Invitational
38	Ambree COLLINSWORTH	FR Southern Arkansas	0.30	41.42m	135-11	4/12/25	Carl Kight Invitational
39	Kaylla WILLIAMS	SO Indiana (Pa.)	0.28	41.38m	135-9	3/22/25	Ed Fry Invitational
40	Maggie SALSBUURY	FR #2 Pittsburg State {5}	0.25	41.27m	135-5	3/28/25	Emporia State Relays
41	Kristen JONES	SO #24 Central Missouri {5}	0.23	41.24m	135-4	3/29/25	SBU Bearcat Invitational
42	Lauren O'CAMPO	SO #7 Adams State	0.20	41.21mA	135-3	3/30/25	New Mexico Spring Invitationa
43	Andrea VILLALTA	SR Chico State {2}	0.18	41.11m	134-11	4/5/25	Brutus Hamilton Invitational
44	Abbey` HENGST	SO Bloomsburg {2}	0.15	40.92m	134-3	4/14/25	Bison Outdoor Classic
45	Olivia SFORZA	SR East Stroudsburg	0.13	40.86m	134-1	3/22/25	Shippensburg Keystone State
46	Maggie KAUUK	SO #19 Missouri Southern {2}	0.10	40.79m	133-10	4/4/25	Emporia State Midwest Classi
47	Adrienne CASEY	SO #19 Missouri Southern {3}	0.08	40.76m	133-9	4/4/25	Emporia State Midwest Classi
47	Hanna STEWART	JR Neb.-Kearney	0.08	40.76m	133-9	3/28/25	Central Nebraska Challenge
49	Laken MANNS	JR #24 Central Missouri {6}	0.03	40.68m	133-6	3/29/25	SBU Bearcat Invitational
50	Amelia WHITE	FR Drury	0.01	40.60m	133-3	3/29/25	SBU Bearcat Invitational



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Esther CONDE-TURPIN	JR	#3 Azusa Pacific	35.29	5,974	4/11/25	Bryan Clay Invitational
2	Blakelee WINN	SR	#2 Pittsburg State	32.09	5,780	4/11/25	Bryan Clay Invitational
3	Luisa FISCHER	SR	#3 Azusa Pacific {2}	29.07	5,616	4/11/25	Bryan Clay Invitational
4	Miranda LAUVSTAD	JR	#5 Minnesota State	26.59	5,529	3/28/25	Emporia State Relays
5	Valerie OLSON	SR	#18 Oklahoma Baptist	24.16	5,428	3/29/25	Texas Relays
6	Maricia SPENCE	SR	#12 Angelo State	21.75	5,333	4/5/25	David Noble Relays
7	Brooklyn GOULD	SR	Embry-Riddle (Fla.)	19.43	5,260	4/11/25	Bryan Clay Invitational
8	Naiuri KREIN	JR	#16 Washburn	17.21	5,207	3/28/25	Emporia State Relays
9	Viktoriia ERMOLAEVA	SO	#5 Minnesota State {2}	15.07	5,174	3/28/25	Emporia State Relays
10	Hannah HILL	SR	North Greenville	12.98	5,152	4/5/25	Electric City Invitational
11	Sterling WEBB	SO	Lincoln Memorial	10.79	5,069	4/13/25	Southside Power & Fitness Inv
12	Kylie FRUSH	JR	#12 Angelo State {2}	9.78	5,063	4/5/25	David Noble Relays
13	Avery WRIGHT	JR	#6 Colo. School of Mines	8.76	5,057c	(5057A) 4/12/25	Kit Mayer Memorial Classic
14	Ellie Lengerich	SR	Indianapolis	7.70	5,029	4/11/25	Bryan Clay Invitational
15	Abriel THRASH	SO	Southern Nazarene	6.63	4,996	3/29/25	Oklahoma Baptist Invitational
16	Ashley HUME	SR	#3 Azusa Pacific {3}	5.61	4,989	4/11/25	Bryan Clay Invitational
17	Miranda MARR	SR	#22 Lenoir-Rhyne	5.03	4,954	4/13/25	Southside Power & Fitness Inv
18	Afaf BENHADJA	SO	#20 Texas A&M-Kingsville	4.49	4,937	4/5/25	David Noble Relays
19	Kylee SALLEE	SR	Augustana (S.D.)	3.78	4,839	4/12/25	South Dakota Challenge
20	Mara ANDRITSCH	FR	#1 West Texas A&M	3.22	4,815	4/12/25	Jo Meaker Classic & Multi
21	Joley SPROUL	SR	Biola (Calif.)	2.68	4,797	4/11/25	Bryan Clay Invitational
22	Juliane FRUEH	JR	UT Tyler	2.17	4,791	4/12/25	Carl Kight Invitational
23	Maggie SALSBURY	FR	#2 Pittsburg State {2}	1.62	4,771	4/11/25	Bryan Clay Invitational
24	Maria PEDROSO	SR	Augustana (S.D.) {2}	1.11	4,764	4/12/25	South Dakota Challenge
25	Ally HOLMBERG	SO	#25 Wingate	0.95	4,715	4/12/25	Duke Invitational
26	Payton PHILLIPS	SO	#2 Pittsburg State {3}	0.90	4,705	4/11/25	Bryan Clay Invitational
27	Kristen JONES	SO	#24 Central Missouri	0.85	4,654	3/29/25	SBU Bearcat Invitational
28	Macy CLEMENS	SR	Western Oregon	0.80	4,639	3/21/25	Klein/Nwaba Combined Event
29	Madeline NEWARK	JR	Edinboro	0.75	4,632	3/22/25	49er Classic
30	Maya WRIGHT	JR	Missouri S&T	0.70	4,630	4/12/25	Jo Meaker Classic & Multi
31	Riley NORRIS	JR	CUI	0.65	4,625	2/21/25	Ron Kamaka Combined Event
31	Mathilde ETIENNE	SR	#22 Lenoir-Rhyne {2}	0.65	4,625	4/13/25	Southside Power & Fitness Inv
33	Amariyah CLAY	JR	Western Oregon {2}	0.55	4,619	3/21/25	Klein/Nwaba Combined Event
34	Kailee BENTON	JR	#1 West Texas A&M {2}	0.50	4,602	4/12/25	Jo Meaker Classic & Multi
35	Belle LINDSEY	SO	Ouachita Baptist	0.45	4,600	3/7/25	Harding Multi
36	Anaya ERVIN	JR	Southern Arkansas	0.40	4,584	4/12/25	Carl Kight Invitational
37	Giovana PELASCINI	SO	CUI {2}	0.35	4,574	3/14/25	Coast Classic
38	Lisa SUTHERLAND	SO	#6 Colo. School of Mines {2}	0.30	4,573c	(4573A) 4/12/25	Kit Mayer Memorial Classic
39	Maika CUENCA	JR	Academy of Art	0.28	4,572	3/29/25	Bobcat Invitational (Texas Sta
40	Morgan SHELDON	JR	Northern State	0.25	4,531	4/12/25	South Dakota Challenge
41	Rowan CEBULSKI	SO	Point Loma Nazarene	0.23	4,512	3/29/25	Shelia Burrell Aztec Multis
42	Carly TUCKER	FR	Harding	0.20	4,483	4/12/25	Carl Kight Invitational
43	Gracie STEPHENS	FR	#12 Angelo State {3}	0.18	4,476	4/5/25	David Noble Relays
44	Liz LANNOM	FR	Lee (Tenn.)	0.15	4,452	3/22/25	Lee Invitational
45	Kaitlyn PEARSON	FR	Colorado Mesa	0.13	4,447	4/12/25	Jo Meaker Classic & Multi
46	Lilyana DELAGARZA	SO	#21 UC-Colorado Springs	0.10	4,439	4/12/25	Jo Meaker Classic & Multi
47	Natalie MUSE	SR	Chico State	0.08	4,434	4/4/25	Rage in the Cage Invitational
48	Grace KASBERGER	SR	Cal Poly Humboldt	0.05	4,410	3/6/25	Sam Adams Combined Events
49	Mary SCOGGINS	JR	#14 CSU Pueblo	0.03	4,399	4/12/25	Jo Meaker Classic & Multi
50	Sydney WHITE	SR	Lee (Tenn.) {2}	0.01	4,397	3/22/25	Lee Invitational