

WOMEN — 2025 Checkpoint #3, April 15 Regional TFRI Event Summary



Atlantic

			en's 100 Meters							en'	s 400 Meter Hurdles	
1 1	1 Brianna BENLOSS	SO	#3 Winston-Salem S	11.53w	(2.3)	4/5	1	24	Haley BRENNY	SR	#15 Seton Hill 1:01.38	4/14
2 3	5 Colette PATTI	SO	#4 Charleston (W.Va	11.74	(-1.3)	4/4	2	37	Layla SIMPSON	JR	#3 Winston-Salem S 1:02.34	4/5
3 5	Candace MORRIS	SO	#19 West Virginia Sta	11.82w	(2.3)	4/5	3	39	Gabrielle MAYE	SO	Johnson C. Smit 1:02.37	4/5
4 5	4 Samantha GILBERT	SR	#1 Slippery Rock	11.83w	(3.7)	4/5	4	64	Madison MALCOLM	SO	#2 Shippensburg 1:03.31	4/5
5 6	9 Loreena MANSER	FR	#11 California (Pa.)	11.91	(1.5)	4/14	5	66	Melanie BARGER	JR	#2 Shippensburg {2}1:03.37	4/5
6	Zoe LEDET	SO	#19 West Virginia Sta{2	2} 12.06	(1.4)	4/5	6	80	Layla ROBERTSON	JR	#15 Seton Hill {2} 1:03.99	4/14
7	Lydia CHAPPLE	SR	#3 Winston-Salem S{2	2} 12.07w	(2.5)	4/13	7	91	Faith JONES	FR	#6 Claflin 1:04.31	4/12
8	Lily PALACIO-LEWIS	SR	#17 West Chester	12.08	(1.0)	4/5	8		Bella BROZESKI	SO	#18 Indiana (Pa.) 1:04.69	4/14
8	Jayla GREENE	JR	#22 Virginia State	12.08	(1.2)	4/5	9		Camryn PYLE	FR	#2 Shippensburg {3} 1:05.12	4/5
10	Diamond RUSH	SR	#9 Point Park (Pa.)	12.09	(1.1)	4/14	10		Keelin BECKER	SR	#15 Seton Hill {3} 1:05.31	4/14
	Wom	en'	s 100 Meter Hurd	lles					W	om/	ien's 800 Meters	
1	Charnessa REID	SR	#3 Winston-Salem S	13.36w	(3.6)	4/5	1	34	Riley TRENTOWSKI	FR	#7 East Stroudsbur 2:11.28	4/14
2 1	1 Obiageli AKUBUDE	SO	#6 Claflin	13.77w	(2.6)	4/12	2	63	Kamani JOHNS	SR	#23 Lincoln (Pa.) 2:13.96	4/4
3 2	3 Aisha CARRINGTON	SR	#23 Lincoln (Pa.)	14.09w	(2.6)	4/12	3		Lauren TWYMAN	JR	#10 Davis and Elkins 2:15.48	4/12
3 2	3 Sasha LEE	SR	#2 Shippensburg	14.09w	(2.6)	3/29	4		Nicole CARROLL	SO	#16 Lock Haven 2:15.92	4/14
5 2	5 Morgan COVERSON-	FR	#6 Claflin {2	2}14.10	(1.1)	4/12	5		Natalie BARR	SO	#20 Glenville State 2:16.09	4/14
	SPRINGS		_				6		Aubrey SECHRIST	SR	#16 Lock Haven {2} 2:16.58	4/14
6 5	5 Layla SIMPSON	JR	#3 Winston-Salem S{2	2} 14.40 w	(2.5)	4/5	7		Dakota JOHNSON	JR	#25 West Virginia We 2:17.61	4/5
7 8	2 Abby PARISE	FR	#13 Bloomsburg	14.65w	(2.7)	3/29	8		Marina BARAHONA	SR	#4 Charleston (W.Va 2:17.65	4/4
8 8	4 Katelyn MURPHY	SO	#5 Millersville	14.66	(1.1)	3/29	9		Allison PLASSIO	SR	#9 Point Park (Pa.) 2:17.70	4/5
9 9	8 Bryna KELLY	JR	#18 Indiana (Pa.)	14.75	(1.1)	4/14	10		Emily WALLACE	SR	#21 Concord 2:17.71	4/12
10	Zoe MCDONALD	SO	#19 West Virginia Sta	1404	(0.7)	4 /-						
-0	ZOC MCDOTVIED	30	#15 West Virginia Sta	14.04	(0.7)	4/5			W	om	en's 1500 Meters	
10			en's 200 Meters	14.84	(0.7)	4/5	1	31	Beth SYKES	om JR	en's 1500 Meters #4 Charleston (W.V: 4:30.84	4/12
		/om		24.23w	(2.7)	3/22			_	JR		4/12 4/12
1 5	И	om so	en's 200 Meters						Beth SYKES	JR JR	#4 Charleston (W.V: 4:30.84	
1 5 2 5	И 4 Janya MOORE	SO FR	#8 Fayetteville Stat	24.23w	(2.7)	3/22	2		Beth SYKES Lauren TWYMAN	JR JR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81	4/12
1 5 2 5 3 8	4 Janya MOORE 8 Loreena MANSER	SO FR SO	#8 Fayetteville Stat	24.23w 24.26w	(2.7)	3/22 4/14	3		Beth SYKES Lauren TWYMAN Madison WOOLWINE	JR JR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54	4/12 4/12
1 5 2 5 3 8 4 8	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS	SO FR SO	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta	24.23w 24.26w 24.48	(2.7) (3.0) (0.1)	3/22 4/14 4/13	2 3 4		Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN	JR JR SR JR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54	4/12 4/12 3/29
1 5 2 5 3 8 4 8 5 9	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS	SO FR SO SO	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin	24.23w 24.26w 24.48 24.49w	(2.7) (3.0) (0.1) (3.6)	3/22 4/14 4/13 4/5	2 3 4 5		Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS	JR JR SR JR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #1 Slippery Rock 4:41.41	4/12 4/12 3/29 4/5
1 5 2 5 3 8 4 8 5 9	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE	SO FR SO SO	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.)	24.23w 24.26w 24.48 24.49w 24.51	(2.7) (3.0) (0.1) (3.6) (1.8)	3/22 4/14 4/13 4/5 4/5	2 3 4 5 6		Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO	JR JR SR JR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07	4/12 4/12 3/29 4/5 4/14
1 5 2 5 3 8 4 8 5 9 6 9	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH	SO FR SO SO SO SR SR	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.)	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0)	3/22 4/14 4/13 4/5 4/5	2 3 4 5 6 7		Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL	JR JR SR JR SR SR SR SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07	4/12 4/12 3/29 4/5 4/14 4/5
1 5 2 5 3 8 4 8 5 9 6 9 7	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT	SO FR SO SO SO SR SR	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1)	3/22 4/14 4/13 4/5 4/5 4/14	2 3 4 5 6 7 8	38	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID	JR JR SR JR SR SR SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19	4/12 4/12 3/29 4/5 4/14 4/5 3/29
1 5 2 5 3 8 4 8 5 9 6 9 7 8	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH	SO FR SO SO SR SR SO	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S Frostburg State	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1)	3/22 4/14 4/13 4/5 4/5 4/14 4/14	2 3 4 5 6 7 8 9	38	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS	JR JR SR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI	\$0 FR \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S Frostburg State	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 2}24.61 24.64w	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29	2 3 4 5 6 7 8 9 10	38	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 en's Steeplechase	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9 10	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI	\$0 FR \$0 \$0 \$0 \$0 \$0 \$0 \$R \$R \$0 \$R \$0 \$R \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Va	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 2}24.61 24.64w	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29	2 3 4 5 6 7 8 9 10	38	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS	JR JR SR SR SR SO SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase* #1 Slippery Rock 10:19.02	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9 10	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI	SO SO SR SR SO JR SO SR SR	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem \$2 Frostburg State #4 Charleston (W.Valeen's 400 Meters	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 2} 24.61 24.64w 24.74	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29 3/29	2 3 4 5 6 7 8 9 10	2 62	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS Wo Anna IGIMS Ella HESSON	JR JR JR SR SR SR SO SR SO SR SO SR SR SR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #11 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase* #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9 10 1 4 2 4	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI	\$00 \$00 \$00 \$00 \$00 \$00 \$00 \$00 \$00 \$00	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Va	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 22/24.61 24.64w 24.74	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29 3/29	2 3 4 5 6 7 8 9 10	2 62 65	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS WO Anna IGIMS Ella HESSON Sophia KNERR	JR JR JR SR SR SR SO SR SO SR SO SR SO SR SR SR SR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase* #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29
1 5 2 5 3 8 4 8 8 5 9 6 9 7 8 9 10 1 2 4 3 4 4 8	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI M 8 Kamani JOHNS 0 Olivia COSBY	\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Valen's 400 Meters) #23 Lincoln (Pa.) #3 Winston-Salem S	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 22/24.61 24.64w 24.74	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 3/22 3/29 3/29 4/12	2 3 4 5 6 7 8 9 10	2 62 65 83	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS Wo Anna IGIMS Ella HESSON	JR JR JR SR SR SR SO SR SO SR SO SR SO SR SR SR SR SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2} 4:40.47 #10 Davis and Elkins {2} 4:40.54 #11 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 Par's Steeplechase #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2} 11:30.79	4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/5
1 5 2 5 3 8 4 8 8 5 9 6 9 7 8 9 10 10 1 3 4 3 4 3 4 4 3 4 4 3	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI M 3 Kamani JOHNS 0 Olivia COSBY 1 Asheika SMITH	\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Va #1 Charleston (Pa.) #3 Winston-Salem S #23 Lincoln (Pa.) #3 Winston-Salem S #3 Winston-Salem S #3 Winston-Salem S	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 22}24.61 24.64w 24.74 54.02 55.43	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29 3/29 4/12 4/5 4/13	2 3 4 5 6 7 8 9 10	2 62 65 83	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS WO Anna IGIMS Ella HESSON Sophia KNERR Hannah BURGOON	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase* #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2}11:30.79	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/14
1 5 2 5 3 8 4 8 8 5 9 6 9 7 8 9 10 11 2 4 3 4 5 5 5	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI M 8 Kamani JOHNS 0 Olivia COSBY 1 Asheika SMITH 1 Berna ZUKINA	\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Va #1 Charleston (Pa.) #3 Winston-Salem S #23 Lincoln (Pa.) #3 Winston-Salem S #3 Winston-Salem S #3 Winston-Salem S	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 22] 24.61 24.64w 24.74 54.02 55.43 2} 55.48	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29 3/29 4/12 4/5 4/13 3/29	2 3 4 5 6 7 8 9 10	2 62 65 83	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS Wo Anna IGIMS Ella HESSON Sophia KNERR Hannah BURGOON Maddie GRILLO	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase* #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2}11:30.79 #1 Slippery Rock {3}11:32.46	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/14 4/14
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9 10 10 1 3 4 3 4 5 5 6 6 6	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI Kamani JOHNS 0 Olivia COSBY 1 Asheika SMITH 1 Berna ZUKINA 5 Maya CLARK	\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Va #2 Lincoln (Pa.) #3 Winston-Salem S #2 Winston-Salem S #2 Lincoln (Pa.) #3 Winston-Salem S #3 Winston-Salem S #3 Winston-Salem S #4 Charleston (W.Va	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 2} 24.61 24.64w 24.74 54.02 55.43 2} 55.48 55.75	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 4/14 3/22 3/29 3/29 4/12 4/5 4/13 3/29 4/4	2 3 4 5 6 7 8 9 10 1 2 3 4 5	2 62 65 83	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS WO Anna IGIMS Ella HESSON Sophia KNERR Hannah BURGOON Maddie GRILLO Katie SLIMON	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 en's Steeplechase #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2}11:30.79 #1 Slippery Rock {3}11:32.46 #12 Edinboro 11:42.34 #18 Indiana (Pa.) 11:46.85	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/14 4/14 4/14
1 5 2 5 3 8 4 8 5 9 6 9 7 8 9 10 10 1 3 4 3 4 5 5 6 6 6	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI M 3 Kamani JOHNS 0 Olivia COSBY 1 Asheika SMITH 1 Berna ZUKINA 5 Maya CLARK 6 Brea CHILDS	\$0 FR \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S{2 Frostburg State #4 Charleston (W.Valen's 400 Meters #23 Lincoln (Pa.) #3 Winston-Salem S{2 #3 Winston-Salem S{2 #4 Charleston (W.Valen's 400 Meters #24 Charleston (Pa.) #3 Winston-Salem S{2 #12 Edinboro #4 Charleston (W.Valen's 400 Meters) #12 Edinboro #4 Charleston (W.Valen's 400 Meters)	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 2}24.61 24.64w 24.74 54.02 55.43 2}55.48 55.75 56.08	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 3/22 3/29 3/29 4/12 4/5 4/13 3/29 4/4 4/12	2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	2 62 65 83	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS WO Anna IGIMS Ella HESSON Sophia KNERR Hannah BURGOON Maddie GRILLO Katie SLIMON Julia O'BRIEN	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase** #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2}11:30.79 #1 Slippery Rock {3}11:32.46 #12 Edinboro 11:42.34 #18 Indiana (Pa.) 11:46.85 #10 Davis and Elkins {2}11:49.99	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/14 4/14
1 5 2 5 3 8 8 4 8 8 5 9 6 9 7 8 9 10 10 1 3 4 4 5 5 6 6 6 7 7 7	4 Janya MOORE 8 Loreena MANSER 6 Brianna BENLOSS 7 Candace MORRIS 0 Obiageli AKUBUDE 6 Diamond RUSH Samantha GILBERT Asheika SMITH Valerie BOARDS Colette PATTI M 3 Kamani JOHNS 0 Olivia COSBY 1 Asheika SMITH 1 Berna ZUKINA 5 Maya CLARK 6 Brea CHILDS 2 Jianna LONG	\$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$0 \$	#8 Fayetteville Stat #11 California (Pa.) #3 Winston-Salem S #19 West Virginia Sta #6 Claflin #9 Point Park (Pa.) #1 Slippery Rock #3 Winston-Salem S(2 Frostburg State #4 Charleston (W.Valen's 400 Meters) #23 Lincoln (Pa.) #3 Winston-Salem S(2 #12 Edinboro #4 Charleston (W.Valen's 400 Meters) #12 Edinboro #4 Charleston (W.Valen's 400 Meters) #13 Winston-Salem S(2 #14 Edinboro #4 Charleston (W.Valen's 400 Meters) #15 Edinboro	24.23w 24.26w 24.48 24.49w 24.51 24.55w 24.60 22] 24.61 24.64w 24.74 54.02 55.43 22] 55.48 55.75 56.08 56.21 56.91	(2.7) (3.0) (0.1) (3.6) (1.8) (3.0) (1.1) (1.4) (3.9)	3/22 4/14 4/13 4/5 4/5 4/14 3/22 3/29 3/29 4/12 4/5 4/13 3/29 4/4 4/12 4/14	2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7 8 8 9	2 62 65 83 91	Beth SYKES Lauren TWYMAN Madison WOOLWINE Savanna HARDMAN Anna IGIMS Kate PIPILO Nicole CARROLL Jana SCHMID Natalie BARR Madeline CURTIS WO Anna IGIMS Ella HESSON Sophia KNERR Hannah BURGOON Maddie GRILLO Katie SLIMON Julia O'BRIEN Sierra TAYLOR	JR JR SR SR SR SO SR SO SR	#4 Charleston (W.V: 4:30.84 #10 Davis and Elkins 4:31.81 #4 Charleston (W.V:{2}4:40.47 #10 Davis and Elkins {2}4:40.54 #1 Slippery Rock 4:41.41 #15 Seton Hill 4:43.08 #16 Lock Haven 4:44.07 #9 Point Park (Pa.) 4:44.19 #20 Glenville State 4:44.34 #11 California (Pa.) 4:44.37 **In's Steeplechase** #1 Slippery Rock 10:19.02 #10 Davis and Elkins 11:21.30 #14 Kutztown 11:22.61 #1 Slippery Rock {2}11:30.79 #1 Slippery Rock {3}11:32.46 #12 Edinboro 11:42.34 #18 Indiana (Pa.) 11:46.85 #10 Davis and Elkins {2}11:49.99	4/12 4/12 3/29 4/5 4/14 4/5 3/29 3/22 4/14 3/29 4/5 3/29 4/14 4/14 4/14 4/14



Regional TFRI Event Summary



Athletic

Atlantic

Managala 5000 Mataga												
				en's 5000 Meters								
1	10	Anna IGIMS	SR	#1 Slippery Rock	16:38.85	4/14						
2	52	Cassondra O'CONNOR	SO	#9 Point Park (Pa.)	17:04.96	4/14						
3	54	Leigha HALL	SR	#25 West Virginia We	17:06.24	4/14						
4	71	Savanna HARDMAN	JR	#10 Davis and Elkins	17:20.88	4/5						
5	81	Lauren TWYMAN	JR	#10 Davis and Elkins (2)	17:26.45	3/29						
6	86	Payton FALKENSTEIN	SO	#7 East Stroudsbur	17:27.78	4/14						
7	97	Lydia FALKENSTEIN	FR	#10 Davis and Elkins (3)	17:32.09	4/5						
8		Victoria MATTIOLI	JR	#2 Shippensburg	17:37.69	4/14						
9		Kate SZEP	SR	#12 Edinboro	17:39.57	3/22						
10		Jaelyn D'AMELIO	SR	#14 Kutztown	17:48.98	4/14						
		147-		nla 10 000 Matar								
		Wol	me	n's 10,000 Meter:	5							
1	25	Ruthie HUGHES	ne JR	#1 Slippery Rock	35:48.09	4/14						
1 2						4/14 3/22						
_	35	Ruthie HUGHES Cassondra	JR SO	#1 Slippery Rock	35:48.09	•						
2	35 67	Ruthie HUGHES Cassondra O'CONNOR	JR SO JR	#1 Slippery Rock #9 Point Park (Pa.)	35:48.09 36:28.72	3/22						
2	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY	JR SO JR SR	#1 Slippery Rock #9 Point Park (Pa.) #13 Bloomsburg	35:48.09 36:28.72 37:26.63	3/22 4/14						
2 3 4	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY Hannah WEAVER	JR SO JR SR FR	#1 Slippery Rock #9 Point Park (Pa.) #13 Bloomsburg #18 Indiana (Pa.)	35:48.09 36:28.72 37:26.63 37:57.54 38:50.41	3/22 4/14 4/14						
2 3 4 5	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY Hannah WEAVER Lydia FALKENSTEIN	JR SO JR SR FR JR	#13 Bloomsburg #18 Indiana (Pa.) #10 Davis and Elkins	35:48.09 36:28.72 37:26.63 37:57.54 38:50.41	3/22 4/14 4/14 4/12						
2 3 4 5 6	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY Hannah WEAVER Lydia FALKENSTEIN Savanna HARDMAN	JR SO JR SR FR JR	#1 Slippery Rock #9 Point Park (Pa.) #13 Bloomsburg #18 Indiana (Pa.) #10 Davis and Elkins #10 Davis and Elkins {2}	35:48.09 36:28.72 37:26.63 37:57.54 38:50.41	3/22 4/14 4/14 4/12 4/12						
2 3 4 5 6 7	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY Hannah WEAVER Lydia FALKENSTEIN Savanna HARDMAN Madison CORNETT	JR SO JR SR FR JR SR	#1 Slippery Rock #9 Point Park (Pa.) #13 Bloomsburg #18 Indiana (Pa.) #10 Davis and Elkins #10 Davis and Elkins {2}	35:48.09 36:28.72 37:26.63 37:57.54 38:50.41 38:50.52 39:11.20	3/22 4/14 4/14 4/12 4/12 3/15						
2 3 4 5 6 7 8	35 67	Ruthie HUGHES Cassondra O'CONNOR Amanda KELLY Hannah WEAVER Lydia FALKENSTEIN Savanna HARDMAN Madison CORNETT Amy TARCZA	JR SO JR SR FR JR SR	#13 Bloomsburg #18 Indiana (Pa.) #10 Davis and Elkins #10 Davis and Elkins {2} #21 Concord Frostburg State	35:48.09 36:28.72 37:26.63 37:57.54 38:50.41 38:50.52 39:11.20 39:13.44	3/22 4/14 4/14 4/12 4/12 3/15 4/12						

		Wom	en's 4x100 Relay	•	
1	31	Candace Morris, Zoe Ledet, Antiya McAlister, Jaime Preston	#19 West Virginia Sta	46.46	4/5
2	33	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	#3 Winston-Salem S	46.60	3/29
3	45	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	#8 Fayetteville Stat	46.98	3/22
4	48	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	#1 Slippery Rock	47.12	4/5
5	50	Jhourni Eason, Jadah Rasool, Morgan Coverson-Springs, Brea Childs	#6 Claflin	47.14	3/22
6	62	Kiana Young, Beth Schearer, Raechel Bonner, Brook Smith	#14 Kutztown	47.37	3/29
7	63	Aleisia Robinson, Destiny Ross-Bates, Amaya Williams, Ty'kira Garrett	Livingstone	47.39	3/22
8	69	Eden Ramirez, Desairey Gray, Jada Starks, Markeria King	#22 Virginia State	47.59	3/22
9	70	Loreena Manser, Alice Etienne, Riley Tighe, Alessandra Peccon	#11 California (Pa.)	47.69	4/5
10	74	Maliah McCann- Coles, Alexandra Pekic, Maya Clark, Colette Patti	#4 Charleston (W.Va	47.81	3/21



Regional TFRI Event Summary



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				Atla	t lantic as of 4/15/2025 8:30:28 AM E						M ET	
	Wa	omen's 4x400 Relay	,		Women's Pole Vault							
1 10	Simone Kelly, Asheika Smith,	#3 Winston-Salem S		4/13			Annika HUMMEL Anna SCHUESSLER	JR	#17 West Chester #11 California (Pa.)	3.71m 3.66m	12-2 12-0	4/14 3/29
	Daijion Lee, Olivia Cosby				3	49	Natalie HOLLAND	FR	#14 Kutztown	3.65m	11-11¾	3/29
2 3	3 Milan Snell, Jillian Sydnor, Aubrey Sydnor, Shelby	#5 Millersville	3:50.10	4/14		66	Coral SHIVOK Allison TAYLOR Emily DONOGHEN	JR	#13 Bloomsburg #1 Slippery Rock #17 West Chester {	3.55m 3.55m 2}3.51m	11-7¾ 11-7¾ 11-6¼	4/11 4/5 4/14
3 42	Derkosh Haley Brenny, Layla Robertson, Gianna	#15 Seton Hill	3:51.59	4/14		71	Carissa BENDER Taylor FUNK Keala MCCURRY		#2 Shippensburg #14 Kutztown { Wheeling	3.51m 2}3.51m 3.50m	11-6¼ 11-6¼ 11-5¾	4/14 4/14 3/29
	Sturdivant, Nemani Moon	_			_		Kaylie GROFF			3 3.50m	11-5¾	3/29
4 40	5 Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	#2 Shippensburg	3:52.50	4/5	1 2		Ky'Ara ROSS Charnessa REID	SO	en's Long Jump #24 West Liberty Sta #3 Winston-Salem S	6.13m 5.89m	20-1½ (-3.0 19-4 (1.0)	⁰⁾ 3/28 4/5
5 4 9	Jonnica Fuller, Brea Childs, Morgan Coverson-Springs, Obiageli Akubude	#6 Claflin	3:52.88	4/5	5	41 44	Sasha LEE Isabella MASTRIA Holley JOHNSON	SO JR	#2 Shippensburg Frostburg State #8 Fayetteville Stat	5.76m 5.76m 5.74m	18-10¾ (0. 18-10¾ (0. 18-10 (1.5)	4/12 4/5
6 6 :	3 Kirsten Gross, Alessandra Peccon, Loreena Manser, Bekah Priano	#11 California (Pa.)	3:57.70	4/14	7	53 59	Baylee BLAUSER Sierra LANHAM Laura DELGADO DE TORRES		#1 Slippery Rock #24 West Liberty Sta{ #4 Charleston (W.Va	-	18-8¾ (-2.1 18-8 (-3.4) 18-7¾ (0.8	3/29
7 60	Jeaneva Golden, Ashley Bell, Abraonna Williams, Repline Cheptoo	#8 Fayetteville Stat	3:58.13	4/5		86	_	FR OM 6	en's Triple Jump	_	18-6 (1.6) 18-4½ (0.0)	
8 7:	Madeline Newark, Maddison Doren, Mackenzie Huston, Berna Zukina	#12 Edinboro	3:58.54	4/14	3	11 15	Sasha LEE Jhnyia KNUCKLES Shannon HARNETT Samantha CASH	SO FR	#2 Shippensburg #6 Claflin #7 East Stroudsburg #25 West Virginia We	12.27m 12.13m	40-9¾ (0.0) 40-3¼ (1.6) 39-9¾ (1.1) 39-3¾ (3.2)) 4/5) 3/22
9 7:	Thomyka Valcent, Keneah Romney, Ty'kira Garrett, Trinity Bumbry	Livingstone	3:58.74	3/29	5	21	Domanique KNOWLES Stefani VASILEVA	SR	#8 Fayetteville Stat #4 Charleston (W.Va	11.96m	39-3 (0.5)	3/22
10 80	Natalie Gentzel, Nicole Carroll, Lillian	#16 Lock Haven	4:00.13	3/29			Laura DELGADO DE TORRES	JR	#4 Charleston (W.V.	2} 11.83 m 2} 11.82 mv		·
	Bradley, Elizabeth Shultz						Morgan COVERSON- SPRINGS					
		omen's High Jump					Zariyah WHIGHAM Delaney BEARD		#2 Shippensburg { #14 Kutztown	2}11.68m	38-31/4 (0.5)	3/29
1 7		FR #7 East Stroudsburg		5-8 3/29	10	73			nen's Shot Put	11.00111	30 374 (0.0)	3/23
1 7 3 1:	Porschia BENNETT Cierra PARKER	FR #7 East Stroudsburg FR #21 Concord	1.73m 1.71m	5-8 4/14 5-7 ¹ / ₄ 3/22	1	9	Yassine KAMARA	JR	Bowie State	14.87m	48-91/2	4/4
_	B Domanique	SR #8 Fayetteville Stat	1.68m	5-6 3/22			Sarah CORRIE	SR		13.64m		4/12
-, Z.	KNOWLES	on a verterme stat	2.30111	3/22			Janae SCOTT		#20 Glenville State	13.34m		4/14
5 3 4	Dunya VAN DEN TOOREN	FR #9 Point Park (Pa.)	1.66m	5-51/4 3/22		45	Aaliyah WHYTE Rebecca MARTIN	JR JR	#8 Fayetteville Stat	13.32m 2} 13.29m	43-81/2	4/12 4/14
6 4 !	Reagan IRONS	SO #16 Lock Haven	1.65m	5-5 3/29			Sarah HESSLER	JR		13.05m		3/29
6 4 !	Madeline NEWARK	JR #12 Edinboro	1.65m	5-5 3/22	7		Olivia HECKMAN	JR		3} 12.97m		4/5
6 4 !	5 Brianna LEE	FR #11 California (Pa.)	1.65m	5-5 4/5	8	-55	Janiya HARMON		#22 Virginia State	12.74m		4/12
9 6	7 Kenedy SHIELDS	FR #22 Virginia State	1.64m	5-4½ 4/5	9		Abby MCKINNEY	JR	#4 Charleston (W.Va	12.62m	_	4/4
10 72	2 Aria MESSNER	FR #13 Bloomsburg	1.63m	5-4 ¹ / ₄ 4/11	10		Zhayria WASHINGTON			12.57m		4/12
10 72	2 Ally RICHWINE	JR #2 Shippensburg	1.63m	5-4 ¹ / ₄ 4/14								



Regional TFRI Event Summary



Atlantic

			Wo	omen's Discus			
1	13	Yassine KAMARA	JR	Bowie State	48.35m	158-8	3/29
2	21	Brooke BURNS	SR	#4 Charleston (W.V	'a 47.35m	155-4	4/4
3	27	Sarah HESSLER	JR	#5 Millersville	46.36m	152-1	4/5
4	41	Maddy DOWNS	SR	#5 Millersville	{2} 44.98m	147-7	4/5
5	54	Koschinya JEFFERSON	SR	#15 Seton Hill	44.07m	144-7	4/5
6	83	Janae SCOTT	JR	#20 Glenville State	42.77m	140-4	4/4
7		Pamela KANDRACH	FR	#24 West Liberty Sta	41.59m	136-6	3/22
8		Janiya HARMON	JR	#22 Virginia State	40.99m	134-6	3/22
9		Addy COTTRILL	JR	#20 Glenville State	{2} 40.94m	134-4	4/14
10		Payton BAUER	JR	#2 Shippensburg	40.85m	134-0	4/5
		L	Vor	nen's Hammer			
1	9	Brooke BURNS	SR	#4 Charleston (W.V	7a 58.50m	191-11	4/4
2	28	Samiyah LITTLE	SR	#7 East Stroudsbur	53.81m	176-7	3/22
3	34	Sarah HESSLER	JR	#5 Millersville	53.04m	174-0	3/29
4	54	Maddy DOWNS	SR	#5 Millersville	{2} 51.32m	168-5	4/5
5	62	Seya TRUJILLO	JR	#5 Millersville	{3} 50.65m	166-2	4/14
6	88	Addy COTTRILL	JR	#20 Glenville State	48.90m	160-5	4/4
7	92	Janae SCOTT	JR	#20 Glenville State	{2} 48.69m	159-9	4/4
8	98	Lauren BELLOWS	JR	#2 Shippensburg	48.30m	158-6	4/14
9		Ella NILSSON	SO	#4 Charleston (W.V	i{2} 47.92m	157-3	4/4
10		Abby MCKINNEY	JR	#4 Charleston (W.V	(a{3} 47.38m	155-6	4/12
			Wo	men's Javelin			
1	9	Abby REASONER	SR	#2 Shippensburg	47.25m	155-0	3/29
2	15	Kelly LESZCYNSKI	JR	#13 Bloomsburg	46.27m	151-10	3/29
3	21	Hannah CASSNER	SO	#2 Shippensburg	{2} 44.02m	144-5	3/29
4	28	Isabella BARTOLETTI	JR	#1 Slippery Rock	42.65m	139-11	4/12
5		Kaylla WILLIAMS	SO	#18 Indiana (Pa.)	41.38m	135-9	3/22
6	44	Abbey` HENGST	SO	#13 Bloomsburg	{2} 40.92m	134-3	4/14
7		Olivia SFORZA	SR	#7 East Stroudsbui	40.86m	134-1	3/22
8		Eden RUSH		#12 Edinboro	40.32m	132-4	4/5
9		Maria PUGLIA		#16 Lock Haven	39.84m	130-9	4/14
10	62	Catherine MANCINO	SR	#2 Shippensburg	{3} 39.81m	130-8	4/14
		W		en's Heptathlo	n		
1		Madeline NEWARK	JR	#12 Edinboro	4,632		3/22
2	65	Ellie ZURO	SO	Pitt Johnstown	4,154		3/29
3		Renee SIMMONDS		#18 Indiana (Pa.)	4,121		4/11
4		Cassidy HAMMONDS		#21 Concord	4,107		3/22
5		Leighanne SWAN	SO	#1 Slippery Rock	3,939		4/11
6		Kat HENDERSON		#11 California (Pa.)	3,935		4/11
7	79	Koschinya JEFFERSON		#15 Seton Hill	3,928		3/29
8	81	Tatum HOFFMAN	SR	#11 California (Pa.)	{2} 3,913		4/11
9	88	Madelyn MILLER	JR	#1 Slippery Rock	{2} 3,856		4/11
10	97	Leah PERRY	SR	Clarion	3,779		4/13
7 8 9	79 81 88	Koschinya JEFFERSON Tatum HOFFMAN Madelyn MILLER	SR SR JR	#15 Seton Hill #11 California (Pa.) #1 Slippery Rock	3,928 {2}3,913 {2}3,856		3/2 4/1 4/1



SR #1 Pittsburg State

55.62

10 48 Jamiya MORGAN

WOMEN — 2025 Checkpoint #3, April 15



Central

as of 4/15/2025 8:30:28 AM ET

							Cer	itra	al			as of 4/	15/2025	8:30:28 A	M E I
		W	om	en's 100 Meters	;			Women's 400 Meter Hurdles							
1	5	Diandrenique GAINES	SR	#1 Pittsburg State	11.38	(1.9)	4/12	1	6	Morgan HERTZ	SR	#3 U-Mary	59.83		3/27
2	18	Ta'Mijha NICHOLS	SO	#4 Washburn	11.62	(1.5)	3/28	2	11	Miranda LAUVSTAD	JR	#2 Minnesota State	1:00.29		4/12
3	20	Laila CLEARE	JR	#3 U-Mary	11.64	(1.4)	3/27	3	18	Abigael REID	SR	#17 Emporia State	1:01.13		3/28
4	28	Campbell BARTA	FR	#6 Northwest Misso	11.70	(0.5)	3/28	4	29	Jaedy COMMINS	SR	#6 Northwest Misso	1:01.68		4/11
5	35	Alyssa HUTCHERSON	SR	#4 Washburn	[2] 11.74	(1.7)	4/12	5	31	Valerie OLSON	SR	#5 Oklahoma Bapti:	1:01.79		4/4
6	38	Sai BROOKINS-	SO	#19 Central Oklahom	11.75	(2.0)	4/12	6	33	Deriayah LEE	SO	#19 Central Oklahom	1:01.93		4/12
		FLEMING						7	34	Lisa RETAILLEAU	JR	#7 Harding	1:02.05		4/12
7	54	Jerlana WILLIAMS	FR		11.83	(1.1)	4/12	8	36	Reba MADER	JR	#15 Fort Hays State	1:02.33		4/12
		Adeyah BREWSTER	SR	_	11.87	(-0.2)	4/12	9	38	Mary MCKEY	SR	#5 Oklahoma Bapti:{2	1:02.36		4/12
		McKenzie HAYSE			[3] 11.89w	(3.1)	3/28	10	40	Madison ROWE	JR	#23 Southeastern Ok	1:02.41		4/12
		Renea TAYLOR		#22 Northern State	11.90w	(2.1)	3/22			И	/om	en's 800 Meters			
10	66	Kayvon NUBINE	FR			(2.2)	3/28	1	5	Elizabeth ACHESON	SR	#3 U-Mary	2:05.07	(2:05.74A)	3/29
		Wome	en':	s 100 Meter Hur				2	21	Claire BRUENING	SR	#1 Pittsburg State	2:10.13		3/28
1	1	Grace JOHNSON	SR	#2 Minnesota State	13.29	(1.8)	4/12	3	25	Savannah SCHLEY	SR	#16 Minnesota Dulut	2:10.40		4/12
2	2	Adeyah BREWSTER	SR	#2 Minnesota State	[2] 13.36	(0.9)	4/12	4	40	Lydia MCGLOCKLIN	JR	#6 Northwest Misso	2:11.83		3/28
3	6	Kayvon NUBINE	FR		13.60w	(2.6)	3/28	5	41	Marie DEA	FR	#6 Northwest Misso{2	2:11.91		4/11
4	7	Ashanti HARVEY	JR	#2 Minnesota State	[3] 13.62	(1.8)	4/12	6	45	Jadyn BARNES	SO	#6 Northwest Misso{3	2:12.48		4/11
	13		SO			(1.8)	4/12	7	47	Lisa RETAILLEAU	JR	#7 Harding	2:12.72		4/12
6	17	Blakelee WINN	SR	#1 Pittsburg State {	[2] 13.93	(0.9)	4/11	8	73	Kaylen KING	SR	#5 Oklahoma Bapti:	2:14.40		4/12
7	18	Ally HAMMOND	SR		[5] 13.95	(1.8)	4/12	9	75	Madeline VERKERKE	SR	#16 Minnesota Dulut{2	2:14.43		4/12
8	28	Hanna REICHENBERGER	SR	#14 Winona State	14.12	(0.9)	4/12	10	78	Kimberly MCKINNEY	SR	#5 Oklahoma Bapti:{2	} 2:14.49		4/4
9	20	Precious OLATUNJI	SR	#2 Minnesota State	Gl14 17	(1.9)	4/12			W	om	en's 1500 Meters			
		Ashyiria SAVAGE	JR	#9 Missouri Souther		(0.8)	4/11	1	10	Kate STRADER	SR	#1 Pittsburg State	4:21.91		4/12
<i>y</i>	23	-				(0:0)	4/11	2	44	Kassidy STUCKEY	FR	#11 NebKearney	4:32.67		4/12
,				en's 200 Meters #3 U-Mary		(0.0)	2/27	3	46	Claire BRUENING	SR	#1 Pittsburg State {2	} 4:33.46		4/12
1	5	Tionce WALROND	SO SD	-	23.31	(0.8)	3/27	4	61	Lydia MCGLOCKLIN	JR	#6 Northwest Misso	4:34.91		4/4
2	6	Sakena MASSIAH		-	[2] 23.37	(0.8)	3/27	5	69	Kristine KALTHOFF	SR	#3 U-Mary	4:35.53	(4:41.45A)	3/29
3	7	Diandrenique GAINES	SR		23.38w	(0.8)	4/12	6	74	Cadence CORDOVA	SO	Rogers State	4:36.64	_	4/4
	12 24	Laila CLEARE Grace OBOUR	JR	#2 Minnesota State	[3] 23.55 23.83	(1.1)	3/27 4/12	7	82	Jaci MCGREGOR	SR	#8 Ouachita Baptist	4:37.09		4/12
		Jamiya MORGAN	JR SR			(3.1)	4/12	8	89	Savannah SCHLEY	SR	#16 Minnesota Dulut	4:37.96		4/5
		Tiffany HUGHEY	SR	#6 Northwest Misso		(1.5)	4/12	9	92	Izzi BREAUX	SR	#8 Ouachita Baptist{2	}4:38.30		4/5
		Valerie OLSON		#5 Oklahoma Bapti:		(1.4)	3/29	10		Kylie ANDERSON	JR	#14 Winona State	4:39.22		4/5
		Brooklynn HOLTMAN		#10 Central Missouri		(2.6)	3/29			Wo	ome	n's Steeplechase	9		
		Tayen WERNER			[4] 24.20	(0.8)	3/27	1	10	Eve WEBER	SR	#4Washburn	10:42.08	3	3/28
9	31	-				(0:0)	3/21	2	14	Kate NACHTIGAL	JR	#8 Ouachita Baptist	10:48.83	3	3/20
			_	en's 400 Meters			4/40	3	20	Josie PARKS	JR	#7 Harding	10:52.7	L	3/29
1	6	Tetiana KHARASHCHUK	FK	#7 Harding	53.95		4/12	4	23	Elise KNIGHT	JR	#8 Ouachita Baptist{2	10:54.6 !	5	4/5
2	7	Tiffany HUGHEY	SR	#6 Northwest Misso	53.99		4/11	5	26	Marissa DICK	SR	#1 Pittsburg State	10:55.52	2	3/28
	12	Sakena MASSIAH	SR		54.45		3/27	6	38	Macie CASH	SR	#8 Ouachita Baptist{3	} 11:07.9 9	•	3/29
		Tayen WERNER		-	2} 54.65		4/6	7	39	Brynn HIRSCHFELD	JR	#11 NebKearney	11:08.20)	4/12
		Omolara	so		[2] 54.89		4/5	8	41	Avery STANLEY	JR	Arkansas Tech	11:08.65	5	4/5
		OGUNMAKINJU		·	. .		, -	9	43	Ella VOIT	FR	#14 Winona State	11:09.01	L	4/5
6	26	Kereser AUGUSTIN	JR	# <mark>4</mark> Washburn	54.95		4/12	10	68	Elizabeth VANLOON	JR	#16 Minnesota Dulut	11:23.57	7	4/12
7	33	Melanie ROLAND	JR	#6 Northwest Misso	[2] 55.14		4/11								
8	43	Kelescia DOWNES	FR	#3 U-Mary	[3] 55.49		4/6								
9	45	Gabriella APELIAN	FR	#3 U-Mary	[4] 55.57		4/6								

3/28



Regional TFRI Event Summary





Central

		Wo	ome	en's 5000 Meters		
1	2	Paige MULLEN	SO	#1 Pittsburg State	16:11.62	3/28
2	12	Ella BAKKEN	SR	#13 Augustana (S.D.)	16:41.44	3/28
3	21	Alyssa BECKER	SR	#3 U-Mary	16:48.94c (17:15.35A)	3/29
4	26	Hannah GIBSON	SO	#1 Pittsburg State {2}	16:52.18	3/28
5	31	Emily DIERCKS	JR	#15 Fort Hays State	16:55.67	4/12
6	44	Kylie ANDERSON	JR	#14 Winona State	17:02.31	3/28
7	58	Lorna RAE PIERCE	FR	#1 Pittsburg State [3]	17:11.31	4/11
8	65	Shaelyn HOSTAGER	SR	#16 Minnesota Dulut	17:15.52c (17:23.45)	4/5
9	69	Lou MAQUAIRE	JR	#6 Northwest Misso	17:18.95	4/11
10	76	Reece EWOLDT	FR	#11 NebKearney	17:24.74	4/12
		147-		nic 10 000 Motor	~	
		Wol	mei	n's 10,000 Meter:	•	
1	10	Sophia STRANGE	SR	#5 Oklahoma Bapti:	34:33.68	3/28
1 2		1			-	3/28 3/20
_	39	Sophia STRANGE	SR	#5 Oklahoma Bapti:	34:33.68 36:38.24	
2	39 58	Sophia STRANGE Mackenzie DAVIS	SR SR JR	#5 Oklahoma Bapti: #8 Ouachita Baptist	34:33.68 36:38.24	3/20
2	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA	SR SR JR	#5 Oklahoma Bapti: #8 Ouachita Baptist #8 Ouachita Baptist{2	34:33.68 36:38.24 37:17.47	3/20 3/20
2 3 4	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA McKenna TAYLOR	SR SR JR SR	#8 Ouachita Baptist #8 Ouachita Baptist #8 Ouachita Baptist{2} #14 Winona State #6 Northwest Misso	34:33.68 36:38.24 37:17.47 37:32.60	3/20 3/20 3/28
2 3 4 5	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA McKenna TAYLOR Shelby HARRIS	SR SR JR SR SO	#8 Ouachita Baptist #8 Ouachita Baptist #8 Ouachita Baptist{2} #14 Winona State #6 Northwest Misso	34:33.68 36:38.24 37:17.47 37:32.60 38:07.48	3/20 3/20 3/28 4/11
2 3 4 5 6	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA McKenna TAYLOR Shelby HARRIS Madeline PALMER	SR SR JR SR SO JR	#5 Oklahoma Baptis #8 Ouachita Baptist #8 Ouachita Baptist #14 Winona State #6 Northwest Misso #14 Winona State {2}	34:33.68 36:38.24 37:17.47 37:32.60 38:07.48 38:47.69 38:59.44	3/20 3/20 3/28 4/11 3/28
2 3 4 5 6 7	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA McKenna TAYLOR Shelby HARRIS Madeline PALMER Terez WYCKLENDT	SR SR JR SR SO JR	#5 Oklahoma Baptist #8 Ouachita Baptist{2} #14 Winona State #6 Northwest Misso #14 Winona State {2}	34:33.68 36:38.24 37:17.47 37:32.60 38:07.48 38:47.69 38:59.44 39:41.66	3/20 3/20 3/28 4/11 3/28 4/6
2 3 4 5 6 7 8	39 58 71	Sophia STRANGE Mackenzie DAVIS Allison HYLKEMA McKenna TAYLOR Shelby HARRIS Madeline PALMER Terez WYCKLENDT Emelia ERIKSSON	SR SR JR SR SO JR SO FR	#8 Ouachita Baptist #8 Ouachita Baptist #8 Ouachita Baptist{2} #14 Winona State #6 Northwest Misso #14 Winona State {2} #3 U-Mary #8 Ouachita Baptist{3}	34:33.68 36:38.24 37:17.47 37:32.60 38:07.48 38:47.69 38:59.44 39:41.66	3/20 3/20 3/28 4/11 3/28 4/6 3/20

		Wome	en's 4x100 Relay	,	
1	6	Isabelle Peters, Blakelee Winn, Diandrenique Gaines, Kinleigh Hall	#1 Pittsburg State	45.07	3/28
2	10	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#4 Washburn	45.32	4/12
3	14	Gabriella Apelian, Tionce Walrond, Tayen Werner, Laila Cleare	#3 U-Mary	45.65	4/6
4	16	Valerie Olson, Asia Foster, Delaney Riekert, Olivia Tate	#5 Oklahoma Bapti:	45.85	4/12
5	25	Jaurdin Mallory, Hallie Henfling, Kyah Luhring, Campbell Barta	#6 Northwest Misso	46.09	4/11
6	34	Emily Meeks, Brooklynn Holtman, Mellanie Nellmer, Phebe Thompson	#10 Central Missouri	46.63	4/11
7	44	Jennifer Noutsougan, Nyanas Kur, Kylee Sallee, Lily Juhnke	#13 Augustana (S.D.)	46.97	4/12
8	53	Nevaeh Coffer, Jazmin Barry, Desiree Loyd, Shavante Roberts	#25 MSU Moorhead	47.19	4/6
9	56	Paige Haack, Mackenzie Everson, Kendall Anderson, Tamia Horton	#12 Sioux Falls	47.20	4/12
10	58	Addrienna Gray, Anna Woolsey, Joey Babel, Angie Rojas	#8 Ouachita Baptist	47.27	4/12







	`			Cen	tra	ıl		as of 4	4/15/2025	8:30:28 A	M ET
	Wo	men's 4x400 Relay	,				Won	nen's Pole Vault			
1 9	Valerie Olson,	#5 Oklahoma Bapti:	3:42.81	4/12	1	3 Annabeth BAALMAN	IN JR	#15 Fort Hays State	4.20m	13-91/4	4/12
	Delaney Riekert, Mary McKey, Asia Foster				2	4 Kyla DAVIS	SR	#1 Pittsburg State	4.17m	13-81/4	3/28
2 1E	Lisa Retailleau,	#7 Harding	3:44.64	3/29	2	4 Isabel DEMARCO	FR	# <mark>4</mark> Washburn	4.17m	13-81/4	3/28
2 13	Tetiana	"' Haruling	3.44.04	3/29	4	7 Cannon BOOKER	FR	#1 Pittsburg State	{2} 4.07m	13-41/4	3/28
	Kharashchuk, Jayden				4	7 Isabelle PETERS	SR	#1 Pittsburg State	{2} 4.07m	13-41/4	3/28
	Bowman, Omolara				6	14 Abby HOBBS	JR	#9 Missouri Souther	3.90m	12-9½	4/11
2 42	Ogunmakinju	##.ur 11			7	16 Reagan HOUSLEY	SO		{2} 3.87m	12-81/4	3/28
3 18	Kaylee James, Isabella Kupka,	# <mark>4</mark> Washburn	3:45.77	4/12	7	16 Quincey TURNER	FR	#1 Pittsburg State	{4} 3.87m	12-81/4	3/28
	Naiuri Krein, Kereser				7	16 Mia MANLEY		#17 Emporia State	3.87m	12-81/4	3/28
	Augustin				10	23 McKenna COMSTO		#12 Sioux Falls	3.81m	12-6	4/5
4 24	Sai Brookins-	#19 Central Oklahom	3:47.61	3/29	10	23 Elvira COLLVIN	FR	#2 Minnesota State	3.81m	12-6	4/5
	Fleming, Kerrigan Huynh, Deriayah Lee,						Wom	en's Long Jump)		
	Treasure Vallerie				1	1 Miranda LAUVSTAD	JR	#2 Minnesota State	6.38m	20-11¼ (0.	.1 4/12
5 26	Joey Babel, Anna	#8 Ouachita Baptist	3:47.81	4/12	2	2 Blakelee WINN	JR	#1 Pittsburg State	6.34mw	20-9¾ (2.9) 4/10
	Woolsey, Angie Rojas, Laynie White	·			3	4 MacKenzie WISSBROECKER	FR	#14 Winona State	6.26m	20-6½ (1.5	6) 4/12
6 35	Brianna Shroyer,	#2 Minnesota State	3:50.30	4/12	4	11 Diamond BRUNN	JR	#21 Southern Arkans	6.10m	20-1/4 (0.2)	4/10
	Robynn Rolle-Curry, Grace Obour,				5	12 Anisha HENDERSON	N SR	#5 Oklahoma Bapti:	6.04mw	19-9¾ (2.9	9) 4/12
	Elizabeth Schmidt				6	18 Marissa AUSTENE	FR	#10 Central Missouri	5.97mw	19-7 (2.2)	3/29
7 37	Madison Rowe,	#23 Southeastern Ok	3:50.42	4/12	6	18 Makayla PAVELKA	JR	#1 Pittsburg State	(2) 5.97mw	19-7 (3.2)	4/12
	La'Najah Ticey,			-,	8	27 Molly KAHL	SR	#2 Minnesota State	{2} 5.89mw	19-4 (2.7)	4/12
	Tailyn Higginbotham,				9	32 Arabella KNUDSON	FR	#2 Minnesota State	(3) 5.84m	19-2 (1.0)	4/12
	Ashton Carter				9	32 Brooklyn BAKER	FR	#1 Pittsburg State	(3) 5.84mw	19-2 (3.0)	4/12
8 45	Tayen Werner, Gabriella Apelian,	#3 U-Mary	3:52.49	3/27			Wom	en's Triple Jum	p		
	Bernadette Belzer,				1	7 Ghada HAMDANI	SO	#2 Minnesota State	12.42mv	y 40-9 (3.0)	4/12
	Sakena Massiah				2	8 Lillian WASHINGTO	N JR	#2 Minnesota State	{2} 12.41m v	y 40-8¾ (3.2	2) 4/12
9 50	Diandrenique Gaines,	#1 Pittsburg State	3:53.82	3/28	3	10 Hanna ONOFRIIEVA	SO	#7 Harding	12.32m	40-5 (0.0)	4/12
	Blakelee Winn, Maggie Salsbury,				4	30 Theresa OSEI	FR	#4 Washburn	11.84m	38-101/4 (1.	.7 3/28
	Payton Phillips				5	33 Stella NEOPHYTOU	SR	#2 Minnesota State	(3) 11.82m	38-9½ (0.6) 4/12
10 53	Avary Fitzpatrick,	#16 Minnesota Dulut	3:54.38	4/12	6	37 Kinley SMITH	SO	#1 Pittsburg State	11.74mv	y 38-6¼ (2.3	3) 3/28
	Savannah Schley,				7	52 Makayla PAVELKA	JR	#1 Pittsburg State	{2} 11.56m	37-11¼ (-0). 4/11
	Hailey Hollar, Kate				8	55 Ashanti HARVEY	JR	#2 Minnesota State	{4} 11.53m	37-10 (0.0	4/12
	Fitzgerald				9	57 Renee NICHOL	SR	#17 Emporia State	11.52mv	y 37-9½ (2.8	3) 3/28
		omen's High Jump			10	59 Hanna	SR	#14 Winona State	11.50m	37-8¾ (0.1	4/5
1 1	Rachel WILSON	JR #1 Pittsburg State		5-10 ³ / ₄ 4/12		REICHENBERGER					
2 3	Jamora HORACE			5-9 ³ / ₄ 3/29			_	men's Shot Put			
3 4	Haleigh HADLEY	SR #1 Pittsburg State {		5-8¾ 4/12	1	3 Briar GILLUM		#9 Missouri Souther			4/4
	Abriel THRASH	SO #24 Southern Nazare		5-7 4/12	2	4 Makenzie GARR		#18 Missouri Westerr			3/21
	Bryn GREENWALDT	JR #13 Augustana (S.D.)		5-7 4/12	3	7 Dailynn VANDEREN	FR				3/28
	Olivia SOLIS	SR #2 Minnesota State		5-53/4 4/12		13 Allyssa MAHONE		#18 Missouri Western			3/29
	Ashley CRIDLEBAUGH			5-5 ³ / ₄ 4/12		21 Irieyanna WILSON		#21 Southern Arkans		45-8	4/12
	Viktoriia ERMOLAEVA	SO #2 Minnesota State		5-53/4 3/28		22 Brooklyn KRUSE		#20 Wayne State (Ne	13.91m		4/5
	Maria PEDROSO	SR #13 Augustana (S.D.){		5-5 ¹ / ₄ 4/12		27 Maya LAVENDUSKY	JR			_	4/12
	Tasia SADLER	FR #11 NebKearney		5-51/4 4/5		32 Altyn BARTLEY	SO				3/29
9 34	Dani MINSAAS	SO #12 Sioux Falls	1.66m 5	5-51/4 3/28	9	34 Lily NOVACEK		#11 NebKearney	13.62m	44-81/4	4/5
					10	36 Abby LASITER	JR	#1 Pittsburg State	13.57m	44-61/4	3/29



Regional TFRI Event Summary



Central

				men's Discus			
1	4	Ilaria VILLA	JR	#4 Washburn	51.73m	169-9	3/28
2	5	Madison SMITH	FR	#11 NebKearney	50.21m	164-9	4/12
3	7	Makenzie GARR	SO	#18 Missouri Westerr	49.47m	162-4	4/11
4	8	Jade BYRD	SR	#5 Oklahoma Bapti:	49.33m	161-10	4/4
5	10	Reilly YOUNG	SR	#20 Wayne State (Ne	48.88m	160-5	3/28
6	11	Emma SLADE	FR	#15 Fort Hays State	48.81m	160-2	3/28
7	12	Torrance TSO	SO	#20 Wayne State (Ne{2	}48.41m	158-10	4/12
8	16	Kamry LINDSEY	SR	#12 Sioux Falls	48.12m	157-11	4/12
9	19	Kirsten WOMACK	SO	#9 Missouri Souther	47.53m	155-11	3/28
10	20	Zayda PRIEBE	JR	Bemidji State	47.40m	155-6	4/12
		V	Vor	nen's Hammer			
1	1	Lily NOVACEK	JR	#11 NebKearney	63.92m	209-9	3/28
2	8	Dailynn VANDEREN	FR	#9 Missouri Souther	58.59m	192-3	4/11
3	10	Rachael MOLLOY	SR	#10 Central Missouri	57.90m	190-0	4/11
4	11	Abby LASITER	JR	#1 Pittsburg State	57.14m	187-6	4/11
5	13	Lily BENEKE	SR	#2 Minnesota State	56.26m	184-7	3/28
6	16	Paola CASTALDI	SR	# <mark>4</mark> Washburn	55.84m	183-3	3/28
7	20	Briar GILLUM	SO	#9 Missouri Southei{2	}55.12m	180-10	4/11
8	24	Kirsten WOMACK	SO	#9 Missouri Southei{3	} 54.43 m	178-7	4/4
9	25	Addison	JR	#1 Pittsburg State {2	} 54.28 m	178-1	4/11
		HINTERWEGER					
10	27	Adriel HOLLOWAY	JR	<u> </u>	}53.99m	177-2	4/12
		Territoria de la companya de la comp	_	men's Javelin	_		
1	1	Addison THROCKMORTON	FR	#10 Central Missouri	51.25m	168-2	4/11
2	2	Keilee JOHNSON	SO	#9 Missouri Souther	50.12m	164-5	3/28
3	4	Luisarys TOLEDO	JR	#6 Northwest Misso	49.19m	161-5	3/28
4	7	Ally FOX		#10 Central Missouri {2		156-1	4/11
5	8	Olivia VANDERWEIDE	SO	#1 Pittsburg State	47.26m	155-1	3/23
6	11	Karsyn KANSLER		#10 Central Missouri {3		154-3	3/29
7	13	Ashley LOW	FR	Northwestern Ol	46.42m	152-4	3/29
8	14	Olivia BAUMBERGER		#12 Sioux Falls	46.28m	151-10	4/12
9		Gracie RINER	FR	#1 Pittsburg State {2		147-6	3/29
10		Blakelee WINN	SR	#1 Pittsburg State {3		140-7	3/28
10				en's Heptathlon	12100111		3/20
1	2	Blakelee WINN	SR	#1 Pittsburg State	5,780		4/11
2	4	Miranda LAUVSTAD	JR	#2 Minnesota State	5,529		3/28
3	5	Valerie OLSON	SR	#5 Oklahoma Baptis	5,428		3/29
4	8	Naiuri KREIN	JR	#4 Washburn	5,207		3/28
5	9	Viktoriia ERMOLAEVA	SO	#2 Minnesota State {2			3/28
6	15	Abriel THRASH		#24 Southern Nazare	4,996		3/29
7		Kylee SALLEE		#13 Augustana (S.D.)	4,839		3/29 4/12
8		Maggie SALSBURY	FR	#1 Pittsburg State {2	-		4/11
9		Maria PEDROSO		#13 Augustana (S.D.){2			4/12
10		Payton PHILLIPS	SO	#1 Pittsburg State {3			4/11
TO	20	T dytoll I IIILLIF 3	50	i ittsbuig state (s	1,103		7/11



WOMEN - 2025 Checkpoint #3, April 15





	`			Ea	East as of 4/15/2025 8:					AM ET
	V	Vomen's 100 Meters				Wome	en'	s 400 Meter Hurdle	es	
1	Sophia HINES	FR #11 Molloy 12.22	(2.0)	3/29	1	49 Jadyn MULLEN	FR		1:02.83	4/5
2	Hope SINCLAIR	JR #4 Southern New H 12.32	(1.5)	4/14	2	Meredith	so	#3 Saint Anselm 1	1:05.11	4/14
3	Ryley DIXON	FR #13 Goldey-Beacom 12.37	N (2.1)	4/4		PASQUAROSA				
4	Chimeremya ODOH	FR #2 Felician 12.38	N (2.1)	4/4	3	Reese NICOLOSI	FR	#3 Saint Anselm {2}1	:05.13	4/14
5	Rebecca CADY	SO #3 Saint Anselm 12.45	(0.4)	3/28	4	Danalee BROCK	SR	#9 Holy Family (Pa.) 1	1:05.80	4/4
6	Shareve BLAIR	FR #7 Adelphi 12.46	(0.6)	3/29	5	Ocelia JONES	so	#9 Holy Family (Pa. [2] 1	1:06.02	4/4
7	Temiloluwa	SR #10 Wilmington (Del. 12.47	(0.3)	4/12	6	Sevilla GROEBE	JR	#18 D'Youville 1	1:06.10	4/14
	MUSTAPHA	_			7	Brianna COATES	JR	#9 Holy Family (Pa. [3] 1	1:06.84	3/22
8	Dardielle EXANTUS	SR #1 Southern Conne 12.52	N (2.3)	4/4	8	Petrina OFORI	FR	#3 Saint Anselm {3}1	1:07.31	4/14
9	Jada KAMTHA	SO #6 New Haven 12.53	(-0.2)	4/6	9	Lia BRASSACHIO			1:07.63	4/13
10	Marissa HAYE	SO #7 Adelphi {2}12.57	N (3.9)	4/4	10	Samantha MORRISON	JR	#8 UDC 1	1:07.64	4/5
	Wom	en's 100 Meter Hurdles				W	om	en's 800 Meters		
1 25	Patrice MANSFIELD	JR Southern Conne 14.10	N (2.5)	4/4	1	65 Kylee ODELL	SR	#5 Roberts Wesleya 2	2:14.10	4/5
	Jada KAMTHA	SO #6 New Haven 14.21	(1.9)	3/29	2	Caitlin BURMESTER			2:15.61	3/28
3 78	Kyndra HINES	FR #8 UDC 14.64	N (3.5)	4/5	3	Annalee CAPUANO	JR	#15 Jefferson (Pa.) 2	2:16.20	3/29
4 84	Aarysa MOORE	SO #2 Felician 14.66	N (2.2)	4/4	4	Carly KOPROWSKI	SO	#25 Queens (N.Y.) 2	2:17.46	4/11
5	Kayleigh SHELTON	JR #8 UDC {2}14.90	N (3.5)	4/5	5	Liv DREWLING		,	2:18.23	4/4
6	Jordan WHEATON	SO #4 Southern New H: 14.94	(1.3)	4/14	6	Samantha	FR	#3 Saint Anselm 2	2:19.99	4/14
7	Katrina SULLIVAN	SO #12 Assumption 15.03	(1.8)	4/14	7	DUCHARME	- 10	#0.U.D.C		2/20
8	Jada CARROLL	SR #2 Felician {2}15.05	N (2.2)	4/4	7	Samantha MORRISON			2:20.28	3/29
9	Aniya BUSH	SO #6 New Haven {2}15.27	(1.9)	3/29	8	Jadyn MULLEN	FR	, , ,		3/19
10	Ginny MULLEN	FR #1 Southern Conne(2)15.29	(1.6)	4/4	9	Paige MCINERNEY			2:21.25	4/14
		lomen's 200 Meters			10	Eva GONZALEZ		·	2:22.39	4/14
1	Patrice MANSFIELD	JR #1 Southern Conne 25.21	N (3.0)	4/4				en's 1500 Meters		
2	Ryley DIXON	FR #13 Goldey-Beacom 25.26	(1.7)	4/4		73 Caitlin BURMESTER			l:36.14	3/28
3	Rebecca CADY	SO #3 Saint Anselm 25.41	(-0.8)	4/14	2	Annalee CAPUANO			l:40.24	3/29
4	Deja FITZPATRICK-	FR #1 Southern Conne(2)25.42	N (3.3)	4/4	3	Kylee ODELL	SR		l:45.49	4/14
_	BELL		(0.0)		4	Paige REESER	FR	, , ,		4/14
5	Hope SINCLAIR	JR #4 Southern New H 25.69	(-0.8)	4/14	5	Rachel HORNER- RICHARDSON	JR	#5 Roberts Wesleya(3)4	1:48.44	4/5
5	Jahtivya WILLIAMS	JR #9 Holy Family (Pa.) 25.69	(1.7)	4/4	6	Sabrina SPEZIA	IR	#11 Molloy 4	l:50.55	4/5
7	Chimeremya ODOH	FR #2 Felician 25.77		4/4	6	Erin SOLA	FR	_	l:50.55	4/4
8	Camille LOPEZ	SR #12 Assumption 25.89	(0.4)	4/6	8			#4 Southern New H. 4		4/5
9	Megan SWAN	SO #1 Southern Conne{3}25.97		4/4	9	Lily TEDFORD			l:51.34	3/28
10	Darrian LEWIS	JR #2 Felician {2} 25.98	(1.7)	4/4	10	Hannah POWELL		#15 Jefferson (Pa.) {2}4		4/5
	_	Vomen's 400 Meters						n's Steeplechase		.,3
	Hannah CAIOLA	JR #1 Southern Conne 54.88		4/4	1	9 Kimberly MORAN			10:41.89	0/11
2	Avery WINTERS	JR #1 Southern Conne {2}56.94		4/4	2	42 Corrina OBERNESSER			11:08.93	4/11 4/14
3	Imani FITZPATRICK	JR #2 Felician 58.79		4/12		45 Lydia SMITH			11:08.93	4/14
4	Chantoya THOMAS	SR #2 Felician {2}58.84		3/22		Erika WOJCIK		#4 Southern New H{2}1		4/14
5	Hannah SIPPEL	FR #4 Southern New H 59.25		4/14	5	Natalie MCFADDEN			11:41.29	3/29
6	Camille LOPEZ	SR #12 Assumption 59.54		4/11	6	Carli SCHEIFFELE			11:41.53	4/12
7	Mia MARTINEZ	SR #2 Felician {3}59.77		3/29	7	Lucia KUTNER		•	1:58.54	3/29
8	Rayniah MERCEDAT	FR #6 New Haven 59.82		3/29	8	Rose CONNOLLY		-	12:03.39	4/6
9	Liv DREWLING	FR #13 Goldey-Beacom 1:00.0		3/29	9	Kathleen HEALY		-	12:03.39	4/0
10	Darrian LEWIS	JR #2 Felician {4}1:00.0	9	3/29		Brooke NERI				
					10	DIOUKE NEKI	SK	"20 Defittey I	12:32.50	3/28



Regional TFRI Event Summary



East

		Wo	ome	en's 5000 Meters	;	
1	92	Rachel HORNER- RICHARDSON	JR	#5 Roberts Wesleya	17:29.87	4/14
2		Sabrina SPEZIA	JR	#11 Molloy	17:50.42	4/12
3		Kathleen HEALY	JR	#11 Molloy {2	2}18:18.77	4/5
4		Megan WHITNELL	SO	#1 Southern Conne	18:28.92	4/4
5		Ava O'DONNELL	SO	#3 Saint Anselm	18:30.49	3/28
6		Sydney WATTS	SR	#23 Chestnut Hill	18:35.45	3/29
7		Emilie NOREIKA	SR	#1 Southern Conne(2	2}18:37.41	4/4
8		Deirdre BAILAT	SO	#4 Southern New H	18:45.01	3/28
9		Tiffany BANNIING	JR	#10 Wilmington (Del.	18:48.15	3/15
10		Zoe MERRYMAN	SO	#17 St. Thomas Aqui	18:54.64	3/15
		Wor	me	n's 10,000 Meter	's	
1		Tiffany BANNIING	JR	#10 Wilmington (Del.	38:52.95	3/29
2		Peyton DAUPHINAIS	SO	#1 Southern Conne	39:08.46	4/12
3		Emilie NOREIKA	SR	#1 Southern Conne(2	2}39:55.93	4/12
4		Cynthia DELAPAZ	SR	#2 Felician	40:38.20	3/29
5		Emma MCNAMEE	SR	#9 Holy Family (Pa.)	41:19.18	3/29
6		Ciara DURCAN	SR	#17 St. Thomas Aqui	41:26.26	3/15
7		Sarah LORENZ	FR	#15 Jefferson (Pa.)	41:41.61	3/29
8		Sammy BANNING	JR	#10 Wilmington (Del.{2	2}42:00.35	3/29
9		Ana ESHRAGHI	SR	#15 Jefferson (Pa.) {2	2}42:14.87	3/29
10		Emma CAIN	SR	#21 Daemen	42:53.85	4/5

		Won	nen's 4x100 Relay	/	
1	51	Patrice Mansfield, Kisha Francois, Megan Swan, Avery Winters	#1 Southern Conne	47.15	4/4
2	92	D'Jior Delisser, Deja Harris, Aniya Bush, Jada Kamtha	#6 New Haven	48.32	4/6
3	99	Darrian Lewis, Aarysa Moore, Chimeremya Odoh, Shaquira Walcott	#2 Felician	48.52	4/4
4		Jahtivya Williams, Kahdia Jones, Danalee Brock, Katelyn Perazzia	#9 Holy Family (Pa.	49.11	3/22
5		Sanai Springer, Amari Johnson, Marissa Haye, Shareve Blair	#7 Adelphi	49.35	4/14
6		Abigail Jacobson, Lanette StJohn, Sidney Chapman, Issys Price	#19 Franklin Pierce	49.54	4/5
7		Hope Sinclair, Hannah Sippel, Jordan Wheaton, Madison Lyons	#4 Southern New H	49.70	3/28
8		Rylie McDonough, Camille Lopez, Kate Reagan, Athena Comeau	#12 Assumption	49.81	4/6
9		Mariela Hernandez, Kayleigh Shelton, Janel Baxter, Kyndra Hines	#8 UDC	50.10	3/22
10		Julianna Roan, Sophia Hines, Alexandria Martoscia, Kamryn Drakes	#11 Molloy	50.75	3/23





							Ea	st				as of 4	/15/2025	8:30:29 AM	1 ET
		We	ome	en's 4x400 Relay	,					W	om	en's Long Jump)		
1	22	Avery Winters, Hannah Caiola, Megan Swan, Kisha		#1 Southern Connec	3:47.30		4/4		48	Valencia BEAUBRUN Kisha FRANCOIS D'Jior DELISSER	JR	#7 Adelphi #1 Southern Conner #6 New Haven	5.81mw	19-¾ (3.1) 18-8¾ (2.2) 18-4½ (-0.1)	4/4
2		Francois #Type! Ayesha Jarrett,		#2 Felician #8 UDC	3:59.44 4:00.45		3/29 4/5	4 5		Kensley BENJAMIN Deja FITZPATRICK-	SR FR	#8 UDC #1 Southern Conne	5.53m 2} 5.47mw	18-1 ³ / ₄ (-0.8)	,
J		Iyanna Jackson, Kayla Cooper, Samantha Morrison					.,,	6		Delaney SPEED		#1 Southern Conne			-
4	89	Maya Harper, Jade Jones, Kelisa Beckett, Jada Peterson		#9 Holy Family (Pa.)	4:01.94		4/4	7 8 8 10		Gabrielle TEEL Sydonia TURNER Gillian PENNA Aniya BUSH	SR JR SR SO	#9 Holy Family (Pa.		17-8¼ (-2.7) 17-2¾ (0.0) 17-2¾ (1.5) 17-1¼ (2.8)	3/29 4/12
5		#Type!		#6 New Haven	4:10.33		3/29			W	ome	en's Triple Jum _l)		
6		Kay Wheelock, Hope Sinclair, Hannah Sippel, Hope Hanafin		#4 Southern New H	4:10.93		4/14	2	61	Zoe SHAW Uliana POKUTNIA		#1 Southern Conne	11.49m	37-10¾ (-2. 37-8½ (1.4)	4/4
7		#Type!		#24 Caldwell	4:10.96		3/29	2	61	Adonijah WASHINGTON	FR	#16 Staten Island	11.49m	37-8½ (0.0)	3/29
8		#Type!		#10 Wilmington (Del.	4:14.94		3/29	4	65	Gabrielle TEEL	SR	#6 New Haven	11.47m	37-7¾ (-2.4)	3/29
9		#Type!		#15 Jefferson (Pa.)	4:18.72		4/5	5	80	Sophia HINES	FR	#11 Molloy		37-4 (1.5)	3/29
10		Yulessa Johnson,		#17 St. Thomas Aqui	4:18.86		4/4	6	81	Jada CARROLL	SR	#2 Felician	11.36m	37-31/4 (0.0)	3/22
		Aalianne Gilbert,						7		Ava HOULE	so	#3 Saint Anselm	11.13m	36-61/4 (0.0)	4/14
		Isabella Farino- Esposito, Veronica						8		Aniya BUSH	SO	#6 New Haven {	2} 10.93m	35-10½ (-3.	3/29
		Valentik						9		Tishanna COHEN	JR	#14 Georgian Court	10.85m	35-71/4 (0.0)	3/22
		W	'om	en's High Jump				10		Jewel	FR	#14 Georgian Court {	2} 10.72 m	35-2 (0.0)	3/22
1	80	Sydonia TURNER	JR	#9 Holy Family (Pa.)	1.62m	5-3¾	3/22			PIERRECHARLES	Mar	mania Chat But			
2	89	Zoe SHAW	JR	#8 UDC	1.61m	5-31/4	4/5	1	27		N O I SR	men's Shot Put #4 Southern New H	12 FCm	44-6	0/10
3	100	Jada CARROLL	SR	#2 Felician	1.60m	5-3	4/4	1		Laila BUNNITT Belle SMITH	SO		13.56m		4/14
4		Liv DREWLING	FR	#13 Goldey-Beacom	1.57m	5-1¾	3/23	3	41	Sytieia BROWN		#10 Wilmington (Del.	13.27m 12.46m		4/4 3/15
5		Tori ALLEN	SR	#4 Southern New H	1.56m	5-11/4	3/28	4		Darla JAGROSSE	JR	#1 Southern Conne			3/13 4/12
5		Madison MACNEILL		#18 D'Youville	1.56m	5-11/4	3/29	5		Destiny FIELDS	JR	#2 Felician	11.98m	39-3¾	4/4
7		Gillian PENNA	SR		1.55m	5-1	4/4	6		Anna-Mae NELLIS		#22 Bridgeport	11.66m		4/10
7		Brooke FESSLER		#7 Adelphi	1.55m	5-1	4/4	7		Brianne RETT		#3 Saint Anselm	11.59m		4/5
7		Aarysa MOORE	SO		2}1.55m	5-1	4/4	8		Kaydence FISCHER		#14 Georgian Court	11.52m		3/22
7		MaryGrace COLL		#11 Molloy	1.55m	5-1	3/29	9		Jada OBEGI		#10 Wilmington (Del.{			3/23
				en's Pole Vault	_			10		Jourdyn RUMPH		#13 Goldey-Beacom	11.34m		3/8
1		Brynn KING		#5 Roberts Wesleya		15-7	3/29					men's Discus			
2		Sarah FERGUSON		#5 Roberts Wesleya{2		13-61/4	3/19	1	24	Belle SMITH		#1 Southern Conne	42.74m	140-3	4/12
3		Karis KRAF		#5 Roberts Wesleya		12-61/4	3/19			Kaydence FISCHER		#14 Georgian Court	41.97m		3/29
3	21	Alexandrea ROBERTSON	FR	#5 Roberts Wesleya	3} 3.82m	12-61/4	3/19	3	•	Laila BUNNITT		#4 Southern New H	40.09m		4/14
5	70	Sarah OUELETTE	FR	#5 Roberts Wesleya	5} 3.52m	11-6½	3/19	4		Anastasia WATSON		#23 Chestnut Hill	39.19m		3/29
6		Cora SEABURG	so			11-3/4	3/19	5		Destiny FIELDS	JR	#2 Felician	39.00m		4/4
7		Maddie HATHORN		#1 Southern Conne		10-101/4	4/4	6		Anita HODGE		#6 New Haven	38.63m		3/29
8		Molly WINGER		#5 Roberts Wesleya		10-6¾	3/19	7		Sytieia BROWN	FR	#10 Wilmington (Del.			3/23
9		Molly CLARK	SR	#6 New Haven	3.03m	9-111/4	4/12	8		Chiamaka WOKOCHA				123-10	3/29
10		Ava BENARD	SO	#12 Assumption	2.80m	9-21/4	3/28	9		Madeline STALEY	FR	#7 Adelphi	37.65m	123-6	4/4
10		Tija DILBA	FR	#3 Saint Anselm	2.80m	9-21/4	4/14	10		Emmanuela KOUAMI- KATOU	JR	#8 UDC	36.89m	121-1	3/22



WOMEN — 2025 Checkpoint #3, April 15

USTFCCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary



East

L							
			Vor	nen's Hammer	,		
1	70	Belle SMITH	SO			164-3	4/12
2	73	Sytieia BROWN	FR	#10 Wilmington (Del	. 50.03m	164-2	4/4
3	80	Emmanuela KOUAMI- KATOU	JR	#8 UDC	49.31m	161-10	4/5
4	82	Laila BUNNITT	SR	#4 Southern New H	49.29m	161-9	4/14
5	86	Celine BOZUKLUIAN	JR	#1 Southern Conne	e{2} 48.95m	160-7	4/4
6		Kristen OLIVER	SO	#21 Daemen	48.00m	157-6	4/13
7		Chiamaka WOKOCHA	SO	#14 Georgian Court	44.56m	146-3	3/29
8		Madison LUPINO	JR	#12 Assumption	43.26m	141-11	4/6
9		Brianne RETT	SR	#3 Saint Anselm	43.02m	141-2	4/5
10		Anita HODGE	JR	#6 New Haven	42.34m	138-11	4/12
			Wo	men's Javelin			
1	19	Malina BOHLMANN	SO	#12 Assumption	44.10m	144-8	4/14
2	57	Kayla FRANKS	SO	#4 Southern New H	40.01m	131-3	4/14
3	64	Sophia MORIN	so	#3 Saint Anselm	39.73m	130-4	3/28
4	68	Harmony MARQUEZ	SO	#3 Saint Anselm	{2} 39.60m	129-11	4/14
5	78	Karla CHARDON	SR	#13 Goldey-Beacom	38.88m	127-7	3/8
6	81	Ava REARDON	SO	#14 Georgian Court	38.63m	126-9	4/5
7		Anna-Mae NELLIS	FR	#22 Bridgeport	37.66m	123-7	4/5
8		Trinyce SYMISTER	SO	#2 Felician	36.62m	120-2	3/29
9		Lanette STJOHN	SO	#19 Franklin Pierce	34.90m	114-6	4/5
10		Ana LOPEZ	SR	#2 Felician	{2} 34.70m	113-10	3/22
		W	om	en's Heptathlo	n		
1	69	Gillian PENNA	SR	#1 Southern Conne	4,111		4/12
2	91	Ginny MULLEN	FR	#1 Southern Conne	e{2} 3,826		4/12
3		Adonijah WASHINGTON	FR	#16 Staten Island	3,731		4/12
4		Anna-Mae NELLIS	FR	#22 Bridgeport	3,669		4/10
5		Nicole GYSIN	SR	#17 St. Thomas Aqui	i 3,179		4/12
6		Gabrielle STAFFORD	FR	#7 Adelphi	3,158		4/12
7		Angelina GUERRIERO	JR	#16 Staten Island	{2} 2,208		4/12



22 Summer

36 Leah SMITH

8 38 Nevaeh LEWIS

10 43 Sarai BROWN

9 39 Lauren COLEMAN

SWARTWOUT

6 34 Brianna CHENEVEY

USTFCCCA NCAA Division II Outdoor Track & Field

Regional TFRI Event Summary



Athletic

as of 4/15/2025 8:30:29 AM ET

							Mid	we	st
		И	/om	en's 100 Meters					
1	11	Sarai BROWN	JR	#15 Maryville (Mo.)	11.53w	(3.7)	3/29	1	2
2	16	Brianna CHENEVEY	SO	#2 Ashland	11.61w	(3.4)	3/30		
3	18	Shantae GEORGE	SR	#5 Lincoln (Mo.)	11.62	(2.0)	4/12	2	2:
4	20	Nevaeh LEWIS	FR	#8 Tiffin	11.64w	(2.8)	4/12	3	29
4	20	Leah SMITH	SO	#3 Findlay	11.64	(0.0)	4/5	4	34
6	23	Collinique FARRINGTON	SR	#6 Southwest Bapti	11.65	(0.4)	4/11	5	30
6	23	Summer SWARTWOUT	FR	#13 Cedarville	11.65w	(3.4)	3/30	6	38
8	48	Faith WYMAN	SR	#4 Lewis	11.81	(1.9)	4/13	7	4
9	56	Lauren COLEMAN	FR	#25 Drury	11.85w	(2.4)	3/29	8	5
10	57	Taylor KYLE	SR	#1 Grand Valley Sta	11.86	(1.5)	3/29	9	52
10	57	Julia TUURI	SR	#16 Davenport (Mich	11.86w	(2.7)	3/30	10	5
		Wom	en's	s 100 Meter Hurd	les				
1	10	Aniya SEWARD	SR	#2 Ashland	13.68	(1.8)	4/13	1	5
2	14	Ellyse WOLFRATH	SR	#10 Northern Michiga	13.82w	(3.6)	4/5	2	1:
3	15	Caroline MAYES	JR	#19 William Jewell	13.89w	(2.6)	3/28	3	14
4	19	Brooke BARKOCY	SR	#1 Grand Valley Sta	13.96	(0.3)	4/12	4	30
4	19	Aaliyannah ANDERSON	so	#5 Lincoln (Mo.)	13.96	(1.9)	3/29	5	42
6	29	Crystal WALKER	SR	#10 Northern Michig (2)	14.17w	(3.4)	3/29	7	43
7	41	Odessa SMITH	SO	#2 Ashland {2]	14.27	(1.3)	4/12	8	5
8	43	Destini DORKINS	JR	#1 Grand Valley Sta{2	14.29	(0.3)	4/12	9	70
9	50	Grace COLLETT	SR	#21 Saginaw Valley S	14.33	(1.3)	4/12	10	80
10	61	Kylie RAY	FR	#3 Findlay	14.46	(0.3)	4/12		
		И	/om	en's 200 Meters				1	7
1	2	Collinique FARRINGTON	SR	#6 Southwest Bapti	23.00w	(2.6)	3/29	2	14
2	8	Stephanique DEAN	JR	#6 Southwest Bapti[2]	23.41w	(2.6)	3/29	4	20
3	16	Jordan TAYLOR	FR	#3 Findlay	23.65	(-0.5)	4/5		
4	20	Shantae GEORGE	SR	#5 Lincoln (Mo.)	23.74w	(2.5)	4/12	5	2:

FR #13 Cedarville

SO #2 Ashland

SO #3 Findlay

FR #8 Tiffin

FR #25 Drury

JR #15 Maryville (Mo.)

23.78c

23.98

24.07

24.14

24.09w

{2}**23.99**

(24.15) (0.4) 3/30

4/5

4/5

4/12

3/29

4/11

(-0.5)

(-0.5)

(1.8)

(2.6)

(1.5)

ve	St			as 01 4	/15/2025 8:30:29 /	AIVI E I
			Vom	en's 400 Meters		
1	2	Collinique FARRINGTON	SR	#6 Southwest Bapti	53.01	4/11
2	21	Addison WASHLER	SO	#1 Grand Valley Sta	54.85	3/29
3	29	Liana RODRIGUEZ	SR	#8 Tiffin	55.04	4/12
4	34	Shoneal CLARKE- GIDDINGS	SO	#5 Lincoln (Mo.)	55.16	4/12
5	36	Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{2	2}55.24	3/29
6	38	Leah SMITH	SO	#3 Findlay	55.37	4/12
7	47	Claire NEUMANN	FR	#1 Grand Valley Sta{	3}55.59	3/29
8	51	Taylor IVORY	SR	#3 Findlay {2	2}55.68	4/5
9	52	Stephanique DEAN	JR	#6 Southwest Bapti{2	2}55.70	4/11
10	57	Laura DIXON	SO	#6 Southwest Bapti{3	3}55.88	4/11
		Wom	en's	400 Meter Huro	lles	
1	5	Kylie RAY	FR	#3 Findlay	59.61	4/5
2	12	Shevanae THOMAS	SR	#5 Lincoln (Mo.)	1:00.39	4/12
3	14		SO	#5 Lincoln (Mo.) {2	2}1:00.64	3/22
4		Destini DORKINS	JR	#1 Grand Valley Sta	1:01.76	4/12
5		Zanri BLACK	FR	, ,	2}1:02.05	4/5
6	42	Ahna LARSON	SR	#10 Northern Michig	1:02.49	4/12
7	43	Keneisha THOMAS	SO	#12 Wayne State (Mic	1:02.59	3/29
8	57	Ashtyn GLUCK	SR	#1 Grand Valley Sta{2	2}1:03.05	4/12
9	76	Grace MILDICE	SR	#11 UW-Parkside	1:03.84	4/4
10	80	Jenna GAUL	JR	#20 Northwood (Mic	1:03.99	4/12
		И	Vom	en's 800 Meters		
1	7	Jade AVANCE	JR	#2 Ashland	2:07.38	4/5
2	14	Lilly ALBERTS	JR	#1 Grand Valley Sta	2:08.88	3/29
3		Ines MACADAM	SR	#8 Tiffin	2:08.97	4/12
4	20	Shoneal CLARKE- GIDDINGS	SO	#5 Lincoln (Mo.)	2:09.75	4/12
5	22	Hope SIEVERT	SR	#2 Ashland {2	2} 2:10.20	4/5
6	23	Evyn HUMPHREY	FR	#7 Hillsdale	2:10.30	4/12
7	27	Klaudia O'MALLEY	SR	#1 Grand Valley Sta{2		3/29
8	30	Addison WASHLER	SO	#1 Grand Valley Sta	3}2:10.68	3/29
9	32	Megan POSTMA	FR	#1 Grand Valley Sta		3/29
10	33	Natalie GRABER	SR	#1 Grand Valley Sta	5}2:11.18	3/29
		W	ome	en's 1500 Meters	;	
1	2	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	4:18.43	3/29
2	4	Natalie GRABER	SR	#1 Grand Valley Sta{2	2}4:20.92	3/29
3	16	Evyn HUMPHREY	FR	#7 Hillsdale	4:26.21	3/29
4	18	Emily WALSH	SR	#13 Cedarville	4:26.81	4/12
5	19	Maria MITCHELL	JR	#1 Grand Valley Sta{	B} 4:26.90	3/29
6	21	Claire RETHMAN	JR	#14 Walsh	4:27.07	4/14
7	30	Lexy HENRIKSON	SR	#22 Truman	4:30.64	3/28
8	33	Addie MATHIS	SR	#22 Truman {2	2}4:30.97	3/28
9	36	Ines MACADAM	SR	#8 Tiffin	4:31.62	3/29
10	49	Cara NEWMAN	FR	#1 Grand Valley Sta{	1}4:33.91	4/5



Regional TFRI Event Summary



Athletic

Mid	west

Tuuri

			_				_
		Wo	me	n's Steeplechas	se		
1	15	Johanna EBERT	FR	#11 UW-Parkside	10:50.48	3/28	1
2	18	Ella BARYO	SR	#16 Davenport (Mich	10:52.14	3/28	
3	19	Aubrey HAYES	so	#13 Cedarville	10:52.66	4/12	
4	27	Whitney FARRELL	JR	#24 Ferris State	10:57.68	3/28	2
5	31	Jordyn HOPGOOD	JR	#1 Grand Valley Sta	11:02.73	3/29	_
6	46	Sydney SWAN	JR	#3 Findlay	11:11.10	4/12	
7	57	Abigail ATKINS	JR	#13 Cedarville {	[2] 11:18.74	4/12	3
8	58	Bailey MENEGAY	JR	#14 Walsh	11:19.57	4/14	
9	59	Taylor HOPKINS	JR	#12 Wayne State (Mic	11:20.99	4/5	
10	60	Claire ENDRES	JR	Michigan Tech	11:21.02	4/12	4
		Wo	ome	en's 5000 Meter	s		
1	7	Lily DOWDELL	SR	#2 Ashland	16:29.55	4/12	
2	11	Allison KUZMA	FR	#7 Hillsdale	16:40.09	3/29	5
3	19	Abbi STEINER	SO	#11 UW-Parkside	16:44.58	3/28	•
4	20	Sarah MAY	SR	# <mark>4</mark> Lewis	16:45.10	3/28	
5	34	Bella GRAHAM	FR	#14 Walsh	16:57.24	4/14	
6	37	Kate GUDERJAN	JR	#4 Lewis {	[2] 16:58.86	3/28	6
7	41	Maggie O'MALLEY	JR	#1 Grand Valley Sta	17:01.58	3/29	0
8	46	Claire RETHMAN	JR	#14 Walsh {	[2] 17:03.06	3/22	
9	47	Abigail VANDERKOOI	SO	#1 Grand Valley Sta	[2] 17:03.32	4/5	7
10	55	Mary EDWARDS	SO	#4 Lewis {	[3] 17:06.51	3/28	
		Wo	me	n's 10,000 Mete	rs		
1	4	Hannah SMRCKA	SR	#4 Lewis	33:38.71	3/28	8
2	9	Maddie MILLER	JR	#23 Illinois-Springfie	34:29.52	3/28	
3	12	Reagan JUSTICE	SR	#12 Wayne State (Mic	34:52.00	3/28	
4	14	Anastasia TUCKER	SR	#1 Grand Valley Sta	34:59.07	3/29	
5	17	Naylah ALLEN	SR	#4 Lewis {	[2] 35:07.60	3/28	9
6	23	Madilyn CALLOWAY	JR	# <mark>4</mark> Lewis {	[3] 35:42.47	3/28	
7	24	Josephine BOBER	SR	#4 Lewis {	[4] 35:45.64	3/28	
8	27	Savannah ACKLEY		#13 Cedarville	35:50.12	4/12	10
9	48	Kaleigh INNISS	JR	#23 Illinois-Springfie	[2] 37:00.25	3/28	
10	53	Cedar GORDON	SR	Michigan Tech	37:06.07	3/28	

				, ,	
		Won	nen's 4x100 Relay	,	
1	4		#6 Southwest Bapti	45.00	3/29
2	5	Leah Smith, Taylor Ivory, Jordan Taylor, Kylie RAY	#3 Findlay	45.04	4/5
3	15	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#2 Ashland	45.76	4/5
4	16	Catherine Guckenberger, Taylor Kyle, Jayla Graham, Alaina Diaz	#1 Grand Valley Sta	45.85	3/29
5	18	Tatiyana Cooper- Laylor, Caliyah Wallace, Liana Rodriguez, Nevaeh White	#8 Tiffin	45.88	4/12
6	23	Makayla Myers, Sarai Brown, Chloe Davis, Lorena Alonso	#15 Maryville (Mo.)	45.94	4/11
7	30	Aaliyannah Anderson, Shantae George, Mattie Brown, Monea Carey	#5Lincoln (Mo.)	46.37	3/29
8	38	Rebecca Cravedi, Faith Wyman, Katerina Kakaelaki, Denise Hernandez	#4 Lewis	46.72	3/22
9	52	Elyse Miller, Avery Wilson, Hanne Bastiaansen, Rachel Overgaard	#12 Wayne State (Mic	47.16	3/29
10	67	Arrionnna Wallace, Hanah Johnson, Jaiden Young, Julia	#16 Davenport (Mich	47.45	4/12





	,			Mid	west		as of	4/15/2025 8	3:30:29 AM I	ET
	Wa	omen's 4x400 Relay	v			И	Vomen's Pole Vaul	t		
1 1	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#6 Southwest Bapti		3/29	1 2 9 3 1:	Brooke BOWERS	FR #1 Grand Valley Sta FR #3 Findlay SO Ohio Dominican	4.30m	13-3½	4/12 4/5 4/5
2 4		#1 Grand Valley Sta	3:39.80	4/12	5 14	Xaylee JACKSON Tara TOWNSEND Mackenzie VANBIBBER	SR #7 Hillsdale JR #7 Hillsdale JR #9 Indianapolis	3.95m {2}3.90m 3.85m	12-9½ 3	4/12 3/29 4/4
3 6	Abigail Brooks, Shevanae Thomas, Odeshia Nanton, Shantae George	#5 Lincoln (Mo.)	3:41.57	3/29	7 2	5 Sarah MASUOKA 5 Brynlee KEERAN 9 Tru BUDDENBERG	SR #2 Ashland JR #4 Lewis SO #3 Findlay	3.80m 3.80m {2}3.79m	12-5½	4/5 3/29 3/30
4 19	Brianna Chenevey, Montana Walker, Jade Avance, Mia Gardner	#2 <mark>Ashland</mark>	3:46.47	4/5	1 8	Alaina DIAZ	/omen's Long Jum JR #1 Grand Valley Sta	6.19m	20-3¾ (1.4)	
5 30	Caliyah Wallace, Nevaeh Lewis, Cassandra Uribe, Liana Rodriguez	#8 Tiffin	3:49.46	4/12	3 2 4 3 9	L Denise HERNANDEZ Katerina KAKAELAKI Shinelle JHAGROO Ellie LENGERICH	JR #4 Lewis FR #4 Lewis FR #18 McKendree SR #9 Indianapolis	{2} 5.91mw 5.78m	19-6¼ (2.6) 3 19-4¾ (2.9) 3 18-11¾ (0.0 3 18-9¼ (1.5) 4	3/29 3/22
6 31	Rachel Overgaard, Renae Kutcha, Avery Wilson, Elyse Miller	#12 Wayne State (Mid	3:49.73	4/12	6 74	Brittania INGRAM Kaitlyn MOLNAR India MULTE	SR #5 Lincoln (Mo.) FR #1 Grand Valley Sta	{2} 5.63mw		4/5
7 34	Mary Ellis, Taylor Ivory, Helen Unger, Zanri Black	#3 Findlay	3:50.25	4/5	8 8 6 9 10	5 Julie WHITE Paula NIUBO Nyla REED	SR #14 Walsh SO #18 McKendree FR #1 Grand Valley Sta	{2} 5.51m	18-4½ (-1.5) 3 18-1 (1.1) 4 17-11¾ (1.7	4/12
8 38	Adonya Taylor, Divine Ozomma, Iyanna Dear, Mickayla Sutherland	#18 McKendree	3:50.65	4/12		Brittania INGRAM Sofi DIOP	omen's Triple Jum JR #5 Lincoln (Mo.) SO #10 Northern Michig	12.04mw		4/11 4/12
9 62	Paith Wyman, Janellisa Oceguera, Rebecca Cravedi, Kristina Findley	#4 Lewis	3:56.95	3/29	3 48	3 Essence BURROWS 3 Alayna VANDEGRIFF 4 Savahnna GYASI-NIMAKO	FR #11 UW-Parkside FR #10 Northern Michig SO Ursuline			3/29 4/12 3/29
10 64	Emily Sonderman, Ashley Sanderson, Marina Agapios, Cloey Simon	#9 Indianapolis	3:57.98	4/12	7 90	5 Haylie HUTCHINSON D Jessica HOBAN Mckenna ARMSTRONG	SO Upper Iowa SR #3 Findlay SR #11 UW-Parkside	11.42mw 11.28m {2}11.24mw		4/5
		omen's High Jump			9 9	7 Adonya TAYLOR	SO #18 McKendree	11.23m	36-10¼ (0 <mark>.0 4</mark>	4/12
	Karmen KUROWICKA	SO #4 Lewis		-7¾ 3/29	10 99	Hailey SMITH	SO #17 Missouri S&T	11.22m	36-9 ³ / ₄ (0. <mark>2) 4</mark>	4/11
	Abby WHEELER	JR #2 Ashland SR #1 Grand Valley Sta		-7 ³ / ₄ 4/5 -6 ¹ / ₂ 4/5			Women's Shot Put			
	Raylee DIAMOND C'airra CARTER	SR #1 Grand Valley Sta SR #8 Tiffin		-6½ 4/5 -6 3/30	1 5		SR #1 Grand Valley Sta	15.43m	50-7½	4/5
	Heidi NEWHOUSE	FR #1 Grand Valley Sta		-51/4 3/29	2 6	Molly WINNER	SO #2 Ashland	15.01m	49-3	4/5
	Alexis WEBER	SO #1 Grand Valley Sta		-51/4 3/29	3 1	Cydney BANKS	SR #19 William Jewell	14.44m	47-4½ 4	4/11
	Nehlia MILLS	JR #5 Lincoln (Mo.)		-5 4/5	4 19	Coulter BROOKE	SR #3 Findlay	14.11m	46-31/2	4/12
	Olivia HENKEL	SR #17 Missouri S&T		-5 3/22	5 2 0	Kennedy JACKSON	SO #1 Grand Valley Sta	{2} 14.06m	46-11/2	4/5
	' Ellie LENGERICH	SR #9 Indianapolis		-4½ 4/11	6 2 3	3 Kelsey KINSLEY	SR #2 Ashland	{2} 13.87m	45-61/4	4/5
	Baelyn ZITZMANN	FR #7 Hillsdale		-4½ 4/5		Sydney MORRIS Averi PARKER	FR #17 Missouri S&T SR #7 Hillsdale	13.79m 13.70m		4/11 4/12
						Kelsey HANSEN Kelsey KENNON	SO #20 Northwood (Mic SR #3 Findlay	13.61m {2}13.33m		3/22 4/12



Regional TFRI Event Summary



Midwest

			Mc	omen's Discus			
1	1	Erika BEISTLE	SR	#1 Grand Valley Sta	66.63m	218-7	4/5
2	2	Margaret STEVENSON	SR	#1 Grand Valley Sta{		173-9	4/12
3		Jennifer PATRICK	FR	#2 Ashland	47.12m	154-7	3/30
4		Aubrey BRINKMAN	JR	#4 Lewis	46.73m	153-4	4/5
5		Cydney BANKS		#19 William Jewell	44.61m	146-4	4/11
6		Kelsey HANSEN	SO	#20 Northwood (Mic	44.30m	145-4	4/12
7		Jayla PROCTER	so	#16 Davenport (Mich	43.17m	141-8	3/21
8		Zoe PENTECOST	SR	#9 Indianapolis	43.10m	141-5	3/30
9		Leslie POLLOCK	SO		2} 42.78m	140-4	4/5
10	92	Olivia OOSTDYK	SR	Lake Erie	42.17m	138-4	4/13
		V	Vor	nen's Hammer			
1	2	Molly WINNER	SO	#2 Ashland	61.14m	200-7	3/30
2	4	Zoe PENTECOST	SR	#9 Indianapolis	60.34m	198-0	4/12
3	7	Shelby ULVEN	JR	#1 Grand Valley Sta	59.64m	195-8	3/29
4	14	Alaina OMONODE	SR	#1 Grand Valley Sta{	2} 55.96m	183-7	4/5
5	15	Averi PARKER	SR	#7 Hillsdale	55.95m	183-7	4/12
6	17	Leslie POLLOCK	so	#2 Ashland {	2} 55.64m	182-7	4/13
7	18	Kaylyn BARNETTE	SR	#2 Ashland {	3} 55.60m	182-5	3/30
8	29	Audra HOGAN	SR	#9 Indianapolis {	2} 53.79m	176-6	3/30
9	31	Kelsey HANSEN	SO	#20 Northwood (Mic	53.59m	175-10	4/12
10	33	Richella SPIELVOGEL	SR	Lake Erie	53.10m	174-3	4/13
			Wo	men's Javelin			
1	5	Savannah MANTHEY	SO	#6 Southwest Bapti	48.66m	159-8	4/11
2	6	Alexis O'FARRELL	JR	#6 Southwest Bapti{	2} 47.67m	156-5	3/29
_	۰		• • • •				
3		Amelia WHITE	FR	#25 Drury	40.60m	133-3	3/29
	50		FR	#25 Drury #15 Maryville (Mo.)	40.60m 40.34m	133-3 132-4	3/29 4/11
3	50 52	Amelia WHITE	FR				
3	50 52 69	Amelia WHITE Ayne HELD	FR FR	#15 Maryville (Mo.) #4 Lewis	40.34m	132-4	4/11
3 4 5	50 52 69 70	Amelia WHITE Ayne HELD Brynlee KEERAN	FR FR JR	#15 Maryville (Mo.) #4 Lewis	40.34m 39.49m 39.45m	132-4 129-7	4/11 4/13
3 4 5 6	50 52 69 70	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS	FR FR JR JR SO	#15 Maryville (Mo.) #4 Lewis #10 Northern Michiga	40.34m 39.49m 39.45m	132-4 129-7 129-5	4/11 4/13 4/12
3 4 5 6 7	50 52 69 70	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna	FR FR JR JR SO	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigate Southwest Bapti	40.34m 39.49m 39.45m 3}38.06m	132-4 129-7 129-5 124-11	4/11 4/13 4/12 3/29
3 4 5 6 7 8	50 52 69 70	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG	FR FR JR JR SO SR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis	40.34m 39.49m 39.45m 3}38.06m 37.41m	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/29
3 4 5 6 7 8	50 52 69 70	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL	FR FR JR JR SO SR SO JR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/29 3/30
3 4 5 6 7 8	50 52 69 70 90	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL	FR FR JR JR SO SR SO JR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis #13 Cedarville	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/29 3/30
3 4 5 6 7 8 9	50 52 69 70 90 14	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL WG Ellie LENGERICH Maya WRIGHT	FR FR JR SO SR SO JR SO JR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Baptif #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlon	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/29 3/30 3/30
3 4 5 6 7 8 9 10	50 52 69 70 90 14	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL WC Ellie LENGERICH	FR FR JR SO SR SO JR SM SR SR SR SR SR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlor #9 Indianapolis #17 Missouri S&T #8 Tiffin	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/29 3/30 3/30 4/11 4/12 4/12
3 4 5 6 7 8 9 10	50 52 69 70 90 14 30 55 58	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL WG Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS	FR FR JR SO SR SO JR SO JR SR SR SR SR SR SR SR SR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Baptif #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlor #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 4/11 4/12 4/12
3 4 5 6 7 8 9 10 1 2 3 4 5	50 52 69 70 90 14 30 55 58 71	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS Julie WHITE	FR FR JR SO SR SO JR SO JR SR SR SR SR SR SR SR SR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlor #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland #14 Walsh	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268 4,095	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 4/11 4/12 4/13 4/11
3 4 5 6 7 8 9 10 1 2 3 4 5 6	50 52 69 70 90 14 30 55 58 71	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL WC Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS Julie WHITE Joyce STALLARD	FR FR JR JR SO SR SO JR SO JR SR SR SR SR FR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlon #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland #14 Walsh #2 Ashland {	40.34m 39.49m 39.45m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268 4,095 2}3,899	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 4/11 4/12 4/12 4/13 4/11
3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	50 52 69 70 90 14 30 55 58 71	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS Julie WHITE Joyce STALLARD Cailey WEBER	FR FR JR JR SO SR SO JR SO JR SR SR SR FR FR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigi #6 Southwest Bapti{ #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlon #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland #14 Walsh #2 Ashland { Purdue Northwe	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268 4,095 2}3,899 3,759	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 3/30 4/11 4/12 4/13 4/11 4/13 4/12
3 4 5 6 7 8 9 10 1 2 3 4 5 6 7 8	50 52 69 70 90 14 30 55 58 71	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL WC Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS Julie WHITE Joyce STALLARD Cailey WEBER Eva ZONCA	FR FR JR JR SO SR SO JR SR SO JR SR FR SO SR FR FR SO	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Baptif #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlor #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland #14 Walsh #2 Ashland Furdue Northwe #10 Northern Michigs	40.34m 39.49m 39.45m 3)38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268 4,095 2}3,899 3,759 3,747	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 4/11 4/12 4/13 4/11 4/13 4/12 4/12
3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	50 52 69 70 90 14 30 55 58 71	Amelia WHITE Ayne HELD Brynlee KEERAN Wilme ELS Hope WOODALL Mckenna ARMSTRONG Amanda NOEL Raegen HOWDYSHELL Ellie LENGERICH Maya WRIGHT Cassidy VOGT Kara FIELDS Julie WHITE Joyce STALLARD Cailey WEBER	FR FR JR SO SR SO JR SO SR SR FR SO SR SR SO SR	#15 Maryville (Mo.) #4 Lewis #10 Northern Michigs #6 Southwest Baptif #11 UW-Parkside #9 Indianapolis #13 Cedarville en's Heptathlor #9 Indianapolis #17 Missouri S&T #8 Tiffin #2 Ashland #14 Walsh #2 Ashland Furdue Northwe #10 Northern Michigs	40.34m 39.49m 39.45m 3}38.06m 37.41m 36.77m 36.70m 5,029 4,630 4,301 4,268 4,095 2}3,899 3,759	132-4 129-7 129-5 124-11 122-9	4/11 4/13 4/12 3/29 3/30 3/30 3/30 4/11 4/12 4/13 4/11 4/13 4/12





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						So	utl	h			as of 4/1	5/2025 8:30:30	AM ET
	W	om	en's 100 Meters						Wom	en':	s 400 Meter Hurdle	es	
1 15	Yakubu BALIKIS	SR	#15 West Alabama	11.59	(1.5)	3/22	1	7	An'Janae	JR	#11 Tuskegee 5	59.99	4/5
2 16	JaTerralyn HAMILTON	FR	#17 Spring Hill (Ala.)	11.61w	(3.7)	4/5			LATCHINSON		_		
3 41	. Cadence CRAY	so	#5 Albany State (Ga	11.77	(0.7)	4/12	2	9	Nathalia ROWE	SR	#5 Albany State (Ga 1	L:00.16	4/12
3 41	. Jayla KENNEDY	FR	#9 Clark Atlanta	11.77 w	(2.3)	3/22	3	10	Allie MURPHY	JR	#4 Tampa 1	L:00.22	4/12
5 50	Jordyn DORTCH	so	#2 Alabama-Huntsv	11.82	(-1.2)	4/12	4	44	Molly MORRIS	FR	#4 Tampa {2} 1	L:02.60	3/22
6 74	Enith MAYSONET	so	#7 UPR Rio Piedras	11.93	(1.6)	4/12	5	60	Kate CARTER	FR	#4 Tampa {3} 1	L:03.29	3/22
5 74	Liz LANNOM	FR	#1 Lee (Tenn.)	11.93	(1.9)	4/5	6	69	Aniya JOHNSON	SO	#2 Alabama-Huntsv 1	L:03.45	4/12
81	. Briannyx	so	#7 UPR Rio Piedras {2	2}11.95	(0.4)	4/12	7	74	Macada MCDONALD	SO	#20 Savannah State 1	L:03.78	4/12
	MALDONADO		_				8	78	Mira AKAN	FR		L:03.92	4/11
86	Dasia GILYARD	SR			(2.3)	3/22	9		Hilary UDECHUKWU	SR		L:04.54	3/29
0 94	Livia FISCHER	SO	#6 Mississippi Colle	11.98	(2.0)	4/5	10)	Hope COLLINS	FR	#2 Alabama-Huntsv{2} 1	L:04.73	4/12
	Wome	en'	s 100 Meter Hurd	lles					И	om/	en's 800 Meters		
1 43	Liz LANNOM	FR	#1 Lee (Tenn.)	14.29	(0.8)	3/22	1	16	Taylor ROTH	SO	#3 Embry-Riddle (F 2	2:09.35	4/5
2 47	' Allie MURPHY	JR	#4 Tampa	14.31	(1.6)	4/5	2	19	Kendra KRUEGER	SO		2:09.68	4/5
3 52	Molly MORRIS	FR	#4 Tampa {2	2}14.38	(1.6)	4/5	3	26	Grace HAMPEL	JR		2:10.41	4/12
4 57	V Ivy TEACHEY	so	#2 Alabama-Huntsv	14.42	(1.0)	3/29	4	38	Estella CLEMONS	FR	#1 Lee (Tenn.) 2	2:11.56	4/12
5 70	Santiona FREEMAN	SR	#10 Benedict	14.56	(2.0)	3/22	5	43	Lily HARE	SR	#1 Lee (Tenn.) {2}2	2:12.21	4/12
5 78	Madison FLUGENCE	SO	#6 Mississippi Colle	14.64w	(2.5)	3/9	6	44	Katie BEAM	SO	#1 Lee (Tenn.) {3}2	2:12.30	4/12
7 90	Lindsey KOWNICK	so	#4 Tampa {3	3}14.69	(1.9)	4/5	7	48	Allegra TRINER	FR	#3 Embry-Riddle (F {2}2	2:12.77	4/12
7 90	Briana MADISON	SR	#14 Fort Valley State	14.69	(-0.7)	4/5	8	49	Jill THORNING	SO	#13 Nova Southeaste 2	2:12.81	4/5
93	Macada MCDONALD	SO	#20 Savannah State	14.71	(0.4)	4/12	9	64	Bella BUTLER	SO	#13 Nova Southeast (2) 2	2:14.09	4/5
0 99	Katie GATES	SO	#6 Mississippi Colle{2	2} 14.76w	(2.5)	3/9	10	98	Augusta ARNOLD	SR	#15 West Alabama 2	2:15.36	3/29
	<i>W</i>	om	en's 200 Meters						_ W	ome	en's 1500 Meters		
1 21	. Yakubu BALIKIS	SR	#15 West Alabama	23.75	(-0.4)	3/22	1	24	Lily HARE	SR	#1 Lee (Tenn.) 4	1:28.77	3/29
2 41	. Jordyn DORTCH	SO	#2 Alabama-Huntsv	24.11	(-0.3)	4/12	2	25	Estella CLEMONS	FR	#1 Lee (Tenn.) {2}4	1:29.03	3/29
3 44	An'Janae	JR	#11 Tuskegee	24.15	(0.2)	3/29	3	37	Jill THORNING	SO	#13 Nova Southeaste 4	4:31.80	2/28
	LATCHINSON				()		4	49	Taylor BENOIT	JR	#6 Mississippi Colle 4	4:33.91	4/5
	Cadence CRAY	SO		24.18	(-0.9)	4/5	5	67	Katie BEAM	SO	. , ,	4:35.32	4/12
	Liz LANNOM	FR		24.35	(1.6)	3/22	6	87	Eden TOAL		#13 Nova Southeast (2) 4	1:37.68	4/5
	Anniyah WILLIAMS	JR		24.37	(-1.4)	3/29	7	95	Kendra KRUEGER	SO	<u> </u>	1:38.54	2/22
	O Jayla KENNEDY	FR	·	2}24.57	(-1.4)	3/29	8		Abi MOORE	FR	, , ,	1:39.49	4/12
3	Jurnie HEMSLEY		#18 Central State	24.58c		(0.9) 3/30	9		Emily KRINEY	JR		1:39.54	4/5
9			#2 Alabama-Huntsv{2			3/29	10)	Campbell CALDWELL	JR	#4 Tampa {3}4	1:39.92	3/22
0	Shantel WILLIAMS		#10 Benedict	24.72w	(2.2)	3/29			Wa	me	n's Steeplechase		
	_		en's 400 Meters				1	17	Ashlyn ILIFF	SR	#1 Lee (Tenn.)	10:51.33	4/12
	Dasia GILYARD		#5 Albany State (Ga			4/12	2	76	Tamsyn GIBBS	FR	#2 Alabama-Huntsv 1	L1:26.92	3/28
	Nathalia ROWE	SR				4/5	3		Emily TUBBS	FR	#3 Embry-Riddle (Fl 1	L1:49.40	3/8
	Karon WARREN	JR		56.04		3/29	4		Shana SELLERS	JR	#6 Mississippi Colle 1	L1:50.90	4/5
	Summer SUTHERLIN		#2 Alabama-Huntsv	56.29		4/12	5		Bella ASCONE	FR	#13 Nova Southeaste 1	L1:53.44	3/22
	Grace HAMPEL	JR	_			3/29	6		Emily LIDDLE	FR	#1 Lee (Tenn.) {2} 1	L1:53.88	4/12
	Aniya JOHNSON	SO				3/29	7		Rachel	JR	#12 Florida Southerr 1	11:57.55	4/12
	Liora BEST		#3 Embry-Riddle (F	56.63		3/8			HOCKENBERRY				
3	Maddox MAYFIELD	FR		56.95		4/12	8		Kathryn FINCH	FR			4/12
9	Victoria NIEVES	SR		57.05		2/22	9		Autumn BETTS	FR			4/12
0	Allie MURPHY	JR	#4 Tampa	57.15		3/22	10		Elizabeth CAIN	SO	#2 Alabama-Huntsv{3} 1	L2:10.43	4/12





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		Wo	ome	en's 5000 Meter	'S	
1	15	Ana Patricia CAMPOS	SR	#1 Lee (Tenn.)	16:43.40	3/22
2	27	Lily HARE	SR	#1 Lee (Tenn.)	{2} 16:52.59	3/22
3	33	Emma MUSSANTE	SR	#12 Florida Southern	16:57.11	2/22
4	38	Olivia HARP	SR	# <mark>4</mark> Tampa	16:59.83	3/28
5	43	Campbell CALDWELL	JR	# <mark>4</mark> Tampa	{2} 17:02.13	2/22
6	45	Jill THORNING	SO	#13 Nova Southeaste	17:02.84	2/22
7	57	Taylor BENOIT	JR	#6 Mississippi Colle	17:09.21	4/12
8	58	Megan ADAMS	JR	#1 Lee (Tenn.)	{3} 17:11.31	4/12
9	68	Emily KRINEY	JR	# <mark>4</mark> Tampa	{3} 17:17.31	3/22
10		Mercy LOMURIA	FR	#15 West Alabama	17:36.65	3/28
		Wo	me	n's 10,000 Mete	rs	
1	7	Ana Patricia CAMPOS	SR	#1 Lee (Tenn.)	34:25.64	3/29
2	19	Campbell CALDWELL	JR	#4 Tampa	35:25.31	3/28
3	28	Katie KRUEGER	SR	#1 Lee (Tenn.)	{2} 35:50.76	4/12
4	29	Emma MUSSANTE	SR	#12 Florida Southern	36:00.69	3/28
5	52	Lyndi CHAPMAN	FR	#1 Lee (Tenn.)	{3} 37:03.98	4/12
6	54	Mya STAM	SR	#12 Florida Southern	{2} 37:08.78	3/28
7	57	Aylin VEGA	JR	#2 Alabama-Huntsv	37:16.22	4/12
8	59	Lucy BARKER	FR	#2 Alabama-Huntsv	{2} 37:20.49	4/12
9	70	Ellie FLUMAN	SR	#12 Florida Southern	{3} 37:31.64	3/28
10	90	Leena SAIDI	SR	#13 Nova Southeaste	38:15.06	3/22

		Wom	ien's 4x100 Relay	•	
1	12	Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	#5 Albany State (Ga	45.60	4/12
2	13	Deja Hines, Summer Sutherlin, Jadlyn Debardlabon, Jordyn Dortch	#2 Alabama-Huntsv	45.62	4/12
3	35	Morgan Graham, Jayla Kennedy, Anniyah Williams, Karon Warren	#9 Clark Atlanta	46.71	4/12
3	35	Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiyee	#16 Shorter	46.71	4/5
5	47	Enith Maysonet Rivera, Briannyx Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez	#7 UPR Rio Piedras	47.07	4/12
6	53	Ane Peaslsy, Liz Lannom, Sydney White, Jydia Faucette	#1 Lee (Tenn.)	47.19	4/12
7	57	Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis	#15 West Alabama	47.22	4/5
8	68	#Type!	#6 Mississippi Colle	47.58	3/9
9	78	Ashley Mosesso, Allie Murphy, Lillian Hicks, Chloe Green	#4 Tampa	47.98	4/5
10	83	Santiona Freeman, Shantel Williams, Xaria Bascombe, Kiara Scott	#10 Benedict	48.04	3/22





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	W	ome	en's 4x400 Relay	,					И	/on	ien's Pole Vault			
1 21	Deja Hines, Summer Sutherlin, Grace Hampel, Jordyn			3:46.79		3/29	2	35	Brynn DEPINET Raegan MILLER	JR JR	#1 Lee (Tenn.) #2 Alabama-Huntsv	3.76m 3.75m	12-4 12-3½	4/12 3/29
2 39	Dortch Nathalia Rowe, Dasia Gilyard, Cadence		#5 Albany State (Ga	3:50.88		4/12	3 4 5	11	Nicole COUNTER Leah DENDY Leilani SPRUILL	SO JR FR	#8 Montevallo	3.40m 3.20m	11-5¾ 11-1¾ 10-6	3/22 3/22 4/5
3 44	Victoria Nieves Rios, Alondra Mas Net,		#7 UPR Rio Piedras	3:52.13		2/22	6 7		Anabel PORTUONDO Hallie GRACE WILLIAMSON	FR SR		3.05m 2}3.00m	9-10	4/5 4/12
	Camila Ortiz Ruiz, Valeria Carrasquillo						7		Ayla MISAVAGE Skylar SUGGITT	FR SR	, , ,	3.00m 3.00m	9-10 9-10	4/12 3/15
4 48	Sydney White, Liz Lannom, Estella Clemons, Maddox Mayfield		#1 Lee (Tenn.)	3:52.69		4/5	10 10		Jenna ROLEN Sydney TRUESDAIL	SR SO	#16 Shorter #2 Alabama-Huntsv{3	2.85m	9-41/4	3/22 4/12
5 52	Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams		#9 Clark Atlanta	3:54.31		3/22		18	Mikaela MILES Claudia FERNANDEZ Brooklyn GOULD	_	en's Long Jump #3 Embry-Riddle (Fl #7 UPR Rio Piedras #3 Embry-Riddle (Fl{2	6.12m 5.97m }5.89m	20-1 (0.5) 19-7 (1.1) 19-4 (1.4)	4/12 4/12 4/10
6 55	Marielle Clayton, Kate Carter, Lillian Hicks, Allie Murphy		<mark>#4</mark> Tampa	3:54.66		4/5	4 5 6	80 86	Madison FLUGENCE Measha JONES Daniela ALEJANDO	SO JR SR		5.62m 5.60mw	18-5¼ (2.0) 18-4½ (2.2) 18-3¼ (0.1)	3/9 4/4
7 56	Livia Fischer, Ann Cobb, Alana Green, Hilary Udechukwu		#6 Mississippi Colle	3:55.32		3/29	6		Morgan GRAHAM Liezl THERON	FR SR	#9 Clark Atlanta #1 Lee (Tenn.)	5.57mw 5.55m	18-3½ (2.8) 18-2½ (1.7)	3/15
8 61	Liora Best, Taylor Roth, Allegra Triner, Nina Richardson		#3 Embry-Riddle (F	3:56.66		3/8	9		Jydia FAUCETTE De'Shell CARR		#11 Lee (Tenn.) {2 #11 Tuskegee en's Triple Jump	5.45m	18-2¼ (3.8) 17-10¾ (0.0	
9 69	Emma Smith, Alijah Giustino, Tessa Bray, Mira Akan		#19 Lynn	3:58.16		4/5	1 2	4	Mikaela MILES Jada DAVID	JR	#3 Embry-Riddle (F	12.59m	41-3 ³ / ₄ (2.0) 40-2 (1.7)	3/28 3/22
10 70	Jaylin Bradshaw, Kapri Dawkins, Ciara Valentine, Jurnie Hemsley		#18 Central State	3:58.29c	(4:01.45)	3/30	5	21 40	Claudia FERNANDEZ Shynique MCGEE Tiana SMITH		#17 Spring Hill (Ala.)	11.71m	39-3 (1.5) 38-5 (1.1)	2/21 3/15 4/5
	W	om/	en's High Jump				7	33	Taniyah KELLEY Farrah HAWKINS	SO SO	#5 Albany State (Ga #8 Montevallo		37-10¾ (1.3 v 36-7 (2.8)	3/15
1 10	Liezl THERON	SR	#1 Lee (Tenn.)	1.72m	5-7¾	3/22	8		Jydia FAUCETTE		#1 Lee (Tenn.)		36-3½ (1. <mark>1</mark>)	
	Jade TCHOUAWOU NAYAP		#1 Lee (Tenn.) {2	1.65m	5-5 ¹ / ₄ 5-5	3/22 3/8	9 10		Nashari EDWARDS Alana COLEMAN	FR	#16 Shorter #2 Alabama-Huntsv	10.89m	35-8¾ (0.0) 34-11 (1.9)	3/22
3 45	Daniela ALEJANDO	SR	#7 UPR Rio Piedras	1.65m	5-5	2/22				_	nen's Shot Put	_		
	Brooklyn GOULD	SR	#3 Embry-Riddle (F)[2	2} 1.64m	5-41/2	4/11	1	28	Graice WAITE	FR	#1 Lee (Tenn.)	13.73m	45-1/2	4/5
	Zauren BURTON		#8 Montevallo	1.60m	5-3	3/9	2	56	Diamond RICHARDSON	SR	#14 Fort Valley State	13.17m	43-21/2	3/8
	Aquila KERR		#14 Fort Valley State		5-3	3/8	3	68	Emily WOLF	so	#8 Montevallo	13.06m	42-101/4	4/5
	Carely TORRECH		#7 UPR Rio Piedras {2		5-3	2/22	4	96	Darcey DORRIS	JR	#18 Central State	12.78m		4/5
	Aniya JOHNSON		#2 Alabama-Huntsv		5-3	3/22	5		Yassmine CHAMBERS	JR	#10 Benedict	12.68m	41-71/4	3/22
	Julianna KERN		#5 Albany State (Ga		5-3	3/8	6		A'Cynthia BROWN	FR	#2 Alabama-Huntsv	12.37m	40-7	3/22
	Paris MCKINNON		#22 Edward Waters (1.60m	5-3	3/30	7		Mykhayla CARROLL	JR	#5 Albany State (Ga	12.21m	40-3/4	4/12
0 100	Anaiya HOUSEAL	30	#10 Benedict	1.60m	5-3	3/29	8		Sierra COWARD	SR	#3 Embry-Riddle (F	12.10m	39-81/2	3/8
							9		Kennedy THOMPSON	so	#6 Mississippi Colle	12.04m	39-6	4/12
							10		Madison MORRIS	SR	#3 Embry-Riddle (F {2	}11.94m	39-21/4	4/5



Regional TFRI Event Summary



L							
			Wo	omen's Discus			
1	35	Diamond RICHARDSON		#14 Fort Valley State	45.90m	150-7	3/22
2	42	Emily WOLF	SO	#8 Montevallo	44.93m	147-5	3/15
3	48	Katie WILKERSON	FR	#8 Montevallo	{2} 44.52m	146-1	3/15
4	50	Madison MORRIS	SR	#3 Embry-Riddle (F	44.40m	145-8	4/5
5	56	Yassmine CHAMBERS	JR	#10 Benedict	44.03m	144-6	3/29
6	58	TaNiyah THOMAS	SR	#2 Alabama-Hunts	43.97m	144-3	3/22
7	68	Kennedy THOMPSON	so	#6 Mississippi Colle	43.30m	142-1	4/12
8	98	Graice WAITE	FR	#1 Lee (Tenn.)	41.93m	137-7	3/22
9		Rebekah ZWEERINK	FR	#6 Mississippi Colle	{2} 41.35m	135-8	4/5
10		Desire' POOLE	JR	#21 Kentucky State	39.88m	130-10	4/13
		L	Voi	nen's Hammer			
1	23	Kirsten ROLLE	SR	#3 Embry-Riddle (F	54.77m	179-8	4/5
2	75	Diamond RICHARDSON	SR	#14 Fort Valley State	49.90m	163-9	3/22
3	91	Emily WOLF	so	#8 Montevallo	48.75m	159-11	4/12
4		Sarah TANG	SO	#2 Alabama-Hunts	47.90m	157-2	3/29
5		Samara BRINKS	JR	#1 Lee (Tenn.)	47.66m	156-5	4/5
6		Paris STANTON	SR	#10 Benedict	47.52m	155-11	4/12
7		Mykhayla CARROLL	JR	#5 Albany State (Ga	47.50m	155-10	4/5
8		Hailey SMITH	JR	#2 Alabama-Hunts\	/{2} 47.05 m	154-5	3/22
9		Kylie RINKE	JR	#2 Alabama-Hunts	/{3} 43.55m	142-11	4/12
10		Kennedy THOMPSON	SO	#6 Mississippi Colle	43.21m	141-9	3/29
			Wo	men's Javelin			
1	12	Maxime KIRSCHNER	SR	#3 Embry-Riddle (F	46.45m	152-5	3/28
2	16	Aspen ARROWSMITH	SO	#2 Alabama-Hunts	46.22m	151-8	4/12
3	23	Hailey BRUCE	SO	#3 Embry-Riddle (F	• •	143-6	3/28
4	26	Zaniya RUSH	FR	#17 Spring Hill (Ala.)	42.90m	140-9	3/1
5	31	Olivia DAVIDSON	SO	#1 Lee (Tenn.)	42.31m	138-10	4/12
6		Elizabeth HAYHURST	JR	#8 Montevallo	40.45m	132-9	4/12
7		Katie WILKERSON	FR	#8 Montevallo	{2} 39.62m	130-0	4/12
8		Katelyn BROTHERS	SO	#8 Montevallo	{3} 38.40m	126-0	3/9
9		Yalimar NIEVES SOLIVERA		#7 UPR Rio Piedras		125-11	4/12
10	92	Campbell JOHNSON	JR	Trevecca Nazare	38.01m	124-9	3/29
		W	om	en's Heptathlo	n		
1	7	Brooklyn GOULD	SR	#3 Embry-Riddle (F	5,260		4/11
2	44	Liz LANNOM	FR	#1 Lee (Tenn.)	4,452		3/22
3		Sydney WHITE	SR	#1 Lee (Tenn.)	{2} 4,397		3/22
4	74	Hope COLLINS	FR	#2 Alabama-Hunts	3,977		4/5
5	85	Hallie HARRELL	FR	#8 Montevallo	3,890		4/5
6		Shynique MCGEE	JR	#9 Clark Atlanta	3,732		3/29
7		Jahkaya MCBURNEY		#11 Tuskegee	3,729		4/5
8		Sydney CASH	JR	#3 Embry-Riddle (F			4/5
9		Serenity MITCHELL		#11 Tuskegee	{2} 3,226		4/5
10		De'Shell CARR	JR	#11 Tuskegee	{3} 3,180		4/5





10 67 Alese SARTAIN

#6 Adams State

56.10c (55.99A)

3/22

USTFCCCA NCAA Division II Outdoor Track & Field Regional TFRI Event Summary



South Central

	<u> </u>				3	outn	Cent	ıaı		as 01 4/15/2025 8:30:30 /				
		W	omen's 100 Meters				Women's 400 Meter Hurdles							
1	2	Ashley BARRETT	JR #10 New Mexico High	11.22	(1.9)	4/12	1 4	Asana HAMIDU	JR		4/12			
2	5	Deborah ACHEAMPONG	SO #1 West Texas A&M	11.38	(1.6)	3/22	2 8		SO	• • • • • • • • • • • • • • • • • • • •	4/12			
3	8	Grizell SCARLETT	SO #11 Eastern New Mex	11.44	(1.1)	4/12		Victoria AMIADAMEN	SO	#6 Adams State 1:00.94c (1:00.83A				
4		Gaby HORTON	JR #7 Colorado Mesa	11.50c	(11.47A) (-		Allison COMER	SR		,			
5		Rujeko MUNETSI	FR #10 New Mexico High [2		(1.9)	4/12		Kendall TIETJEN		#15 Black Hills State 1:01.48c (1:01.37/				
6		Joy EGWU	JR #9 Lubbock Christia		(1.9)	4/12		2 Shackelia GREEN	JR		4/12			
7		Victoria FARINAS	SR #3 UC-Colorado Spr					Aani HARDESTY	SO	. ,	•			
7		Nellie WARTANIAN		11.79w	(2.5)	4/12		Nidhi SINGH		#13 Midwestern Stat 1:02.62	4/5			
9		Leah BELFIELD	SR #1 West Texas A&M {2		(1.9)	4/12		Jessie HEATH		#13 Midwestern Stat{2}1:02.64	4/5			
		Danaya KINNARD	SO #3 UC-Colorado Spr{2	•	(2.0)	4/12	10 48	Kaylee PRICE	FR		3/22			
		-	en's 100 Meter Huro		, ,		1			en's 800 Meters	1) 2/20			
1	4	Patreece CLARKE	JR #10 New Mexico High		(1.8)	3/22	1 1		SR					
2		Maricia SPENCE	SR #2 Angelo State	14.21w	(2.5)	4/5	2 3 3		FR		3/29			
3		Lainey JERNIGAN		2} 14.29 w	(2.5)	4/5			JR					
4		Temitope ADENUGA	SO #1 West Texas A&M	14.30	(1.8)	4/12	4 6		JR					
5		Bracie VAUGHN	JR #14 UT Tyler	14.31w	(2.6)	3/29	5 8			#13 Midwestern Stat 2:07.77	3/29			
6		Devyn ERICKSEN		14.45	(1.3)	4/12	6 9		SR	, ,				
7		Maya RIES	SR #18 MSU Denver	14.47	(1.3)	4/12		Ellie FRYE		#17 Dallas Baptist 2:08.36	4/5			
8		Avery WRIGHT	JR #4 Colo. School of N		(14.50A) (-		Brooke MILLER	JR	#7 Colorado Mesa 2:10.83c (2:11.53/				
9		Isabel JAKOBSEN		2} 14.60 w	(2.9)	3/22		Maggie NEAL		#13 Midwestern Stat{2}2:12.01	3/29			
10		Lisa SUTHERLAND	SO #4 Colo. School of M2	-	(14.60A) (10 54	Kamaria CARR		#14 UT Tyler 2:13.22	4/12			
10		Payton RODGERS	FR #3 UC-Colorado Spr	•	(1.8)	4/12			_	en's 1500 Meters				
			omen's 200 Meters				1 1		SR					
							2 5	Maggie MCCLESKEY	JR	#6 Adams State {2} 4:21.02c (4:27.13)) 3/30			
1	3			23.08w	(2.2)	4/12	2 0			#0 CCU Duahla 4-21 C1 a /4-27 22/	11 2/22			
1		Blessing AKINTOYE	SO #1 West Texas A&M	23.08w	(2.2)	4/12 3/22	3 8	Jadyn HERRON	JR	#8 CSU Pueblo 4:21.61c (4:27.23)				
2					(2.2)	4/12 3/22	4 11	Jadyn HERRON Elena CAREY	JR SR	#6 Adams State {3} 4:22.04c (4:27.26)	4/4			
	4	Blessing AKINTOYE Deborah	SO #1 West Texas A&M	2} 23.24w			4 11 5 12	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN	JR SR JR	#6 Adams State {3} 4:22.04c (4:27.26)/ #6 Adams State {4} 4:22.36c (4:27.59)/	4/4 1) 4/4			
2	10	Blessing AKINTOYE Deborah ACHEAMPONG	SO #1 West Texas A&M SO #1 West Texas A&M {2	2} 23.24w 3} 23.46	(3.3)	3/22	4 11 5 12 6 13	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN	JR SR JR JR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68	4/4 4/4 4/5			
3	10 14	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3	2} 23.24w 3} 23.46	(3.3)	3/22 4/12	4 11 5 12 6 13 7 14	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES	JR SR JR JR SR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A	4/4 4/4 4/5 1) 3/30			
3 4 5	10 14 15	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY	SO #1 West Texas A&M SO #1 West Texas A&M { FR #1 West Texas A&M { SR #9 Lubbock Christia	2}23.24w 8}23.46 23.61w 23.62w	(3.3) (1.6) (2.2)	3/22 4/12 4/12	4 11 5 12 6 13 7 14 8 15	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING	JR SR JR JR SR	#6 Adams State {3}4:22.04c (4:27.26)4 #6 Adams State {4}4:22.36c (4:27.59)4 #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02)4 #23 Colorado Christi 4:23.87c (4:31.28)4	4/4 4/5 3/30 4/12			
3 4 5	10 14 15	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings	2]23.24w 3]23.46 23.61w 23.62w 23.73w	(3.3) (1.6) (2.2) (4.0)	3/22 4/12 4/12 3/22	4 11 5 12 6 13 7 14 8 15 9 17	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES	JR SR JR JR SR SR JR	#6 Adams State {3} 4:22.04c (4:27.264) #6 Adams State {4 4:22.36c (4:27.594) #4 Colo. School of N 4:22.68 #6 Adams State {5 4:23.85c (4:30.024) #23 Colorado Christi 4:23.87c (4:31.284) #6 Adams State {6 4:26.23c (4:31.544)	4/4 4/5 3/30 4/12 4/4			
3 4 5	10 14 15 19 25	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christic SR #5 Texas A&M-Kings JR #10 New Mexico High	2}23.24w 3}23.46 23.61w 23.62w 23.73w 2}23.84w	(3.3) (1.6) (2.2) (4.0) (3.3)	3/22 4/12 4/12 3/22 3/22	4 11 5 12 6 13 7 14 8 15 9 17	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS	JR SR JR JR SR SR SR	#6 Adams State {3}4:22.04c (4:27.26)4 #6 Adams State {4}4:22.36c (4:27.59)4 #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02)4 #23 Colorado Christi 4:23.87c (4:31.28)4 #6 Adams State {6}4:26.23c (4:31.54)4 #6 Adams State {7}4:30.48c (4:35.874)	4/4 4/5 3/30 4/12 4/4			
3 4 5 6 7 8	10 14 15 19 25 34	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High	2}23.24w 3}23.46 23.61w 23.62w 23.73w 2}23.84w	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4)	3/22 4/12 4/12 3/22 3/22 3/22	4 11 5 12 6 13 7 14 8 15 9 17 10 29	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS	JR SR JR SR SR SR JR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A #23 Colorado Christi 4:23.87c (4:31.28A #6 Adams State {6}4:26.23c (4:31.54A #6 Adams State {7}4:30.48c (4:35.87A #7 Steeplechase	1) 4/4 1) 4/4 4/5 1) 3/30 1) 4/12 1) 4/4 1) 4/4			
3 4 5 6 7 8 9	10 14 15 19 25 34 36	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT	SO #1 West Texas A&M SO #1 West Texas A&M { FR #1 West Texas A&M { SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High{ SO #11 Eastern New Mex	2}23.24w 8}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12	4 11 5 12 6 13 7 14 8 19 9 17 10 29	Jadyn HERRON Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS WC Eliette CHAPUT	JR SR JR SR SR SR JR SR JR SR	#6 Adams State {3}4:22.04c (4:27.264) #6 Adams State {4}4:22.36c (4:27.594) #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.024) #23 Colorado Christi 4:23.87c (4:31.284) #6 Adams State {6}4:26.23c (4:31.544) #6 Adams State {7}4:30.48c (4:35.874) **In's Steeplechase** #1 West Texas A&M 10:14.50	4/4 4/5 3/30 4/12 4/4 3/29			
3 4 5 6 7 8 9	10 14 15 19 25 34 36	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON	SO #1 West Texas A&M SO #1 West Texas A&M { FR #1 West Texas A&M { SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Mexico SO #3 UC-Colorado Spr JR #7 Colorado Mesa	2}23.24w 8}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w 23.99w	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12	4 11 5 12 6 13 7 14 8 15 9 17 10 25	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS WC Eliette CHAPUT Emily LAMENA	JR SR JR SR SR SR JR SR JR FR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A #23 Colorado Christi 4:23.87c (4:31.28A #6 Adams State {6}4:26.23c (4:31.54A #6 Adams State {7}4:30.48c (4:35.87A *** **To 's Steeplechase*** *** West Texas A&M 10:14.50 *** **To Colo. School of N 10:21.58	4/44 4/5 4/5 3/30 4/12 1) 4/4 3/29 4/5			
3 4 5 6 7 8 9	10 14 15 19 25 34 36) 47	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Mex SO #3 UC-Colorado Spr JR #7 Colorado Mesa //omen's 400 Meters	2}23.24w 8}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w 23.99w 24.19c	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12 (1. 4/4	4 11 5 12 6 13 7 14 8 15 9 17 10 29 1 1 2 4 3 5	Jadyn HERRON L Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS WC Eliette CHAPUT Emily LAMENA Margaux BASART	JR SR JR SR SR SR JR SR JR SR SR JR SR JR JR JR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A #23 Colorado Christi 4:23.87c (4:31.28A #6 Adams State {6}4:26.23c (4:31.54A #6 Adams State {7}4:30.48c (4:35.87A #0 Steeplechase #1 West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N{2}10:28.71	4/44 4/5 3/30 4/12 4/4 3/29 4/5 4/5			
3 4 5 6 7 8 9 10	10 14 15 19 25 34 36 0 47	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON WANNA SALISBURY	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Mes SO #3 UC-Colorado Spr JR #7 Colorado Mesa /omen's 400 Meters SR #9 Lubbock Christia	2}23.24w 8}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w 24.19c	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12 (1. 4/4	4 11 5 12 6 13 7 14 8 12 9 17 10 29 1 1 2 4 3 5 4 6	Jadyn HERRON LElena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS WC Eliette CHAPUT Emily LAMENA Margaux BASART Rachel RICHTMAN	JR SR JR JR SR SR JR SR JR SR	#6 Adams State {3}4:22.04c (4:27.26A #6 Adams State {4}4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A #23 Colorado Christi 4:23.87c (4:31.28A #6 Adams State {6}4:26.23c (4:31.54A #6 Adams State {7}4:30.48c (4:35.87A #0 Steeplechase #1 West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N{2}10:28.71 #3 UC-Colorado Spr 10:34.17	4/44 4/5 3/30 4/12 3/29 4/5 4/5 4/5			
2 3 4 5 6 7 8 9 10	10 14 15 19 25 34 36 0) 47	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON W Anna SALISBURY Peace NWAELEHIA	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Mex SO #3 UC-Colorado Spr JR #7 Colorado Mesa /omen's 400 Meters SR #9 Lubbock Christia FR #1 West Texas A&M	2}23.24w 3}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w 23.99w 24.19c 52.98 53.10	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12 4/12 4/12 4/12	4 11 5 12 6 13 7 14 8 15 9 17 10 29 1 1 2 4 3 5 4 6 5 13	Jadyn HERRON LElena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS Eliette CHAPUT Emily LAMENA Margaux BASART Rachel RICHTMAN BEMILY SCHOELLKOPF	JR SR JR JR SR SR SR JR SR	#6 Adams State {3} 4:22.04c (4:27.264) #6 Adams State {4} 4:22.36c (4:27.594) #4 Colo. School of N 4:22.68 #6 Adams State {5} 4:23.85c (4:30.024) #23 Colorado Christi 4:23.87c (4:31.284) #6 Adams State {6} 4:26.23c (4:31.544) #6 Adams State {7} 4:30.48c (4:35.874) ***I West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N{2} 10:28.71 #3 UC-Colorado Spi 10:34.17 #6 Adams State 10:47.79c(11:02.32)	4/44 4/5 3/30 4/12 3/29 4/5 4/5 4/5 4/4			
2 3 4 5 6 7 8 9 100	10 14 15 19 25 34 36 0 47	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON MANNA SALISBURY Peace NWAELEHIA Blessing AKINTOYE	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christia SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Mes SO #3 UC-Colorado Spr JR #7 Colorado Mesa /omen's 400 Meters SR #9 Lubbock Christia	2}23.24w 2}23.24w 23.61w 23.62w 23.73w 2}23.84w 23.98w 23.99w 24.19c 52.98 53.10	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 3/22 4/12 4/12 4/12 4/12 4/12	4 11 5 12 6 13 7 14 8 15 9 17 10 29 1 1 1 2 4 3 5 4 6 5 13 6 21	Jadyn HERRON Elena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS WC Eliette CHAPUT Emily LAMENA Margaux BASART Rachel RICHTMAN Emily SCHOELLKOPF L Audrey BRUNKEN	JR SR JR JR SR SR JR SR JR SR	#6 Adams State {3} 4:22.04c (4:27.264) #6 Adams State {4} 4:22.36c (4:27.264) #4 Colo. School of N 4:22.68 #6 Adams State {5} 4:23.87c (4:30.024) #6 Adams State {6} 4:26.23c (4:31.544) #6 Adams State {7} 4:30.48c (4:35.874) #1 West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N {2} 10:28.71 #3 UC-Colorado Spr 10:34.17 #6 Adams State 10:47.79c(11:02.32) #3 UC-Colorado Spr {2} 10:52.88c(11:13.91)	4/44 4/5 3/30 4/12 3/29 4/5 4/5 4/5 4/4 4/4 4/4 4/4 4/4 4/4 4/4			
2 3 4 5 6 7 8 9 10	10 14 15 19 25 34 36 0 47	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON WANNA SALISBURY Peace NWAELEHIA Blessing AKINTOYE Cynai CHRISTOPHER	SO #1 West Texas A&M SO #1 West Texas A&M {2 FR #1 West Texas A&M {3 SR #9 Lubbock Christic SR #5 Texas A&M-Kings JR #10 New Mexico High SO #10 New Mexico High SO #11 Eastern New Me) SO #3 UC-Colorado Spr JR #7 Colorado Mesa /omen's 400 Meters SR #9 Lubbock Christic FR #1 West Texas A&M SO #1 West Texas A&M	2}23.24w 2}23.24w 23.61w 23.62w 23.73w 2}23.84w 23.98w 23.99w 24.19c 52.98 53.10	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 4/12 3/22 3/22 4/12 4/12 4/12 4/12 4/12 4/12	4 11 5 12 6 13 7 14 8 19 10 29 11 2 4 3 5 4 6 5 13 6 21 7 28	Jadyn HERRON LElena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS Eliette CHAPUT Emily LAMENA Margaux BASART Rachel RICHTMAN Emily SCHOELLKOPF Audrey BRUNKEN GCamille RENOU	JR SR JR SR SR SR JR SR	#6 Adams State {3}4:22.04c (4:27.26A) #6 Adams State {4}4:22.36c (4:27.59A) #4 Colo. School of N 4:22.68 #6 Adams State {5}4:23.85c (4:30.02A) #23 Colorado Christi 4:23.87c (4:31.28A) #6 Adams State {6}4:26.23c (4:31.54A) #6 Adams State {7}4:30.48c (4:35.87A) **I West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N 10:21.58 #4 Colo. School of N 10:34.17 #6 Adams State 10:47.79c(11:02.32A) #8 CSU Pueblo 10:59.17c(11:13.96A) #8 CSU Pueblo 10:59.17c(11:13.96A)	4/44 4/5 3/30 4/12 3/29 4/5 4/5 4/4 4/4 4/4 4/4 4/4 4/4 4/4			
2 3 4 5 6 7 8 9 10 1 2 3 4	10 14 15 19 25 34 36 0 47 1 1 3 4 14 19	Blessing AKINTOYE Deborah ACHEAMPONG Peace NWAELEHIA Anna SALISBURY Cynai CHRISTOPHER Ashley BARRETT Kacian POWELL Grizell SCARLETT Danaya KINNARD Gaby HORTON MANNA SALISBURY Peace NWAELEHIA Blessing AKINTOYE	SO #1 West Texas A&M {SO #10 New Mexico High SO #10 New Mexico High SO #3 UC-Colorado Spr JR #7 Colorado Mesa SO #3 UC-Colorado Mesa SO #3 UC-Colorado Mesa SO #1 West Texas A&M {SO #1 West Texas A&M {SO #1 West Texas A&M {SO #1 Texas {SO #	2}23.24w 3}23.46 23.61w 23.62w 23.73w 2}23.84w 23.98w 24.19c 52.98 53.10 2}53.37 54.60 54.83	(3.3) (1.6) (2.2) (4.0) (3.3) (2.4) (2.2) (2.3)	3/22 4/12 3/22 3/22 3/22 4/12 4/12 4/12 4/12 4/12 4/12 4/12 4	4 11 5 12 6 13 7 14 8 19 10 29 1 1 2 4 3 5 4 6 5 13 6 21 7 28 8 29	Jadyn HERRON Lelena CAREY Lieke HOOGSTEEN Grace STRONGMAN Brianna ROBLES Shannon KING Katie HUGHES Fiona HAWKINS Eliette CHAPUT Emily LAMENA Margaux BASART Rachel RICHTMAN Emily SCHOELLKOPF Audrey BRUNKEN Camille RENOU Marie GARET	JR SR JR JR SR SR SR JR SR SR SR SR SR FR FR FR FR FR FR FR FR	#6 Adams State {3} 4:22.04c (4:27.26A #6 Adams State {4} 4:22.36c (4:27.59A #4 Colo. School of N 4:22.68 #6 Adams State {5} 4:23.85c (4:30.02A #23 Colorado Christi 4:23.87c (4:31.28A #6 Adams State {6} 4:26.23c (4:31.54A #6 Adams State {7} 4:30.48c (4:35.87A #7 S Steeplechase #1 West Texas A&M 10:14.50 #4 Colo. School of N 10:21.58 #4 Colo. School of N 10:21.58 #4 Colo. School of N 10:34.17 #6 Adams State 10:47.79c/11:02.32 #3 UC-Colorado Spr 10:34.17 #6 Adams State 10:47.79c/11:02.32 #8 CSU Pueblo 10:59.17c/11:13.96 #6 Adams State {2} 10:59.22c/11:14.01	3/29 4/5 4/5 4/10 3/30 3/30 3/4/12 3/29 4/5 4/5 4/5 4/5 4/4 4/4 4/4 4/4 4/4 4/4			
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WOMEN - 2025 Checkpoint #3, April 15



South Central

		Wo	ome	en's 5000 Meters		
1	3	Sarah KOOMSON	so	#1 West Texas A&M	16:17.42	3/29
2	4	Naomi ADDO	FR	#1 West Texas A&M {2}	16:20.01	3/29
3	5	Anna FAUSKE	SR	#3 UC-Colorado Spr	16:21.36c (16:47.05A)	3/29
4	6	Kalkidan VINCENDEAU	SR	#1 West Texas A&M {3}	16:25.06	3/29
5	13	Alexis HERR	JR	#4 Colo. School of N	16:42.08	4/5
6	16	Callen NASH	so	#4 Colo. School of N{2}	16:44.41	4/5
7	22	Margot THOMAS	SR	#8 CSU Pueblo	16:49.55c (17:15.98A)	3/29
8	24	Lesli SALAS	so	#17 Dallas Baptist	16:51.60	4/5
9	25	Katie HUGHES	JR	#6 Adams State	16:52.08c (17:16.53A)	4/4
10	29	Jadyn HERRON	JR	#8 CSU Pueblo {2}	16:54.95c (17:19.47A)	4/4
		Wor	mei	n's 10,000 Meters	;	
1	1	Jenna RAMSEY- RUTLEDGE	SR	#4 Colo. School of N	32:31.16	3/29
2	2	Brianna ROBLES	SR	#6 Adams State	32:50.18	4/5
3	3	Anna FAUSKE	SR	#3 UC-Colorado Spr	33:22.66	4/5
4	11	Elise LEVEEL	SR	#1 West Texas A&M	34:45.06	3/29
5	16	Callen NASH	so	#4 Colo. School of N{2}	35:07.57c (36:34.11A)	4/12
6	18	Kseniya NIKANOROV	JR	#3 UC-Colorado Spr{2}	35:14.34	4/5
7	21	Alliyah MOLINA	JR	#24 Fort Lewis	35:34.64c (36:41.09A)	3/22
8	22	Julie LAFARE	JR	#1 West Texas A&M {2}	35:34.98	3/29
9	31	Ivanova YANES	JR	#5 Texas A&M-Kings	36:09.64	3/29
10	32	Lexi MAUL	JR	#1 West Texas A&M (3)	36:16.03	3/29

		Wom	en's 4x100 Relay	,		
1	1	Rujeko Munetsi, Ashley Barrett, Kacian Powell, Patreece Clarke	#10 New Mexico High	44.71		4/12
2	2	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#1 West Texas A&M	44.84		4/12
3	20	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	#11 Eastern New Me)	45.90		4/12
4	21	Serenity Burnett- Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	#7 Colorado Mesa	45.91c	(45.79A)	4/4
5	22	Danaya Kinnard, Zane Bullock, Madissyn Moore, Victoria Farinas	#3 UC-Colorado Spi	45.93		4/12
6	26	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	#9 Lubbock Christia	46.20		4/12
7	35	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush	#2 Angelo State	46.71		3/22
8	39	Corinne Thorpe, Karissa Nixon, Jessie Heath, Hailee Janzen	#13 Midwestern Stat	46.73		3/22
9	40	Gabi Huggins, Liz Johnson, Jada Hynds, Nellie Wartanian	#12 Western Colorad	46.74		4/12
10	81	Maya Ries, Jessica Hobson, Naleia Sowell, Odone Omofoma	#18 MSU Denver	48.00c	(47.88A)	3/22



Regional TFRI Event Summary



South Central

		men's 4x400 Relay	,		Women's Pole Vault							
1	2 Asana Hamidu, Peace	#1 West Texas A&M	3:39.12	3/29	1	11	Kylyie PADEN		#2 Angelo State	3.96m	12-11¾	3/8
1	Nwaelehia, Abigail	West Texas Adm	3.33.12	3/23			Dale THOMPSON	SR		3.87mA		4/12
	Abugire, Blessing						Brooke PETERSON	JR	#3 UC-Colorado Spr			3/22
	Akintoye				4			SR			12-0	
2	8 Elizabeth Florez, Joy	#9 Lubbock Christia	3:42.24	3/29	-		Camryn BARROS			2}3.66m	11-111/4	4/12
	Egwu, Anne-Lie Waite, Anna Salisbury				5		Phia EDWARDS	SO		•		4/12
2	10 Vitiana Robert,	#5 Texas A&M-Kings	3:42.86	4/12	6		Taylor HINDMAN		#4 Colo. School of N	•		3/22
3	Oneika Brissett,	Texas Adm-Killg:	3.42.00	4/12	7		Olivia MITCHELL		#14 UT Tyler	3.50m	11-5¾	3/22
	Sakara Wade, Cynai						Erin WEIBEL		#15 Black Hills State	3.50mA		4/6
	Christopher						Arabella CHEN	FR		•		3/28
4	13 Isila Apkup, Victoria	#6 Adams State	3:43.43c (3:42.99A)	3/30	-	11	Brekkan LOCKHART		#15 Black Hills State	3.50mA	11-5%	4/6
	Amiadamen, Alese Sartain, Jessica								en's Long Jump			
	Simon				1	3	Jodian STEWART		#11 Eastern New Mex	6.31m		4/10
5	14 Jessie Heath,	#13 Midwestern Stat	3:44.47	3/29	2	7	Laniyah CURRY		#16 Oklahoma Christ		20-4½ (2.5	
	Trell'Kyrah Watkins,				3		Kylie FRUSH	JR			19-8¾ (2.4	
	Maggie Neal, Nidhi				4		Rojrika CAMBELL		#10 New Mexico High	6.00m	19-81/4 (0.3	*
	Singh	"0 00 117 11	(2 (7 22 4)	0 /00	5	17	Maricia SPENCE	SR	#2 Angelo State {	2} 5.98mw	19-7½ (3.0	9) 4/5
6	27 Gabrielle Dunich, Jadyn Herron, Leah	#8 CSU Pueblo	3:47.83c (3:47.39A)	3/29	6	22	Kailee BENTON	JR	#1 West Texas A&M	5.94mw	19-6 (2.4)	4/10
	Keisler, Helen				6	22	Madissyn MOORE	JR	#3 UC-Colorado Spr		19-6 (1.6)	3/29
	Braybrook				8	26	Afaf BENHADJA	SO	#5 Texas A&M-Kings	5.90mw	19-41/4 (3.5	3/22
7	28 Ashley Barrett,	#10 New Mexico High	3:47.98c (3:47.54A)	4/3	9	30	Chisom OBIOHA	SR	#10 New Mexico High		19-3½ (1.2	
	Rujeko Munetsi,				10	38	Jazmin RAY	SR	#5 Texas A&M-King:{2	2} 5.79mw	19-0 (2.5)	3/29
	Amoya Jameison, Kacian Powell						Wo	ome	en's Triple Jump)		
8	41 Shackelia Green,	#2 Angelo State	3:51.23	3/29	1	3	Jazmin RAY	SR	#5 Texas A&M-Kings	12.73mv	v 41-9¼ (3.1	3/29
	Maricia Spence,	goto otato	0.000	0,20	2	9	Rojrika CAMBELL	so	#10 New Mexico High	12.35mv	v 40-6¼ (2.8	3) 4/10
	Lainey Jernigan,				3	13	Leidy CUESTA	FR	#1 West Texas A&M	12.23m		4/10
	Kylie Frush				4	17	Payton RODGERS	FR	#3 UC-Colorado Spr	12.08mv	v 39-7¾ (2.6	6) 4/10
9	43 Kammi Merritt, Brooke Miller, Sophia	#7 Colorado Mesa	3:51.91c (3:51.47A)	4/4	5	25	Camila SALVUCCI	FR	#19 Chadron State	11.92m/	39-11/4 (0.0) 3/29
	Lindauer, Emma				6	26	Claire KINTZLEY	SR	#4 Colo. School of N	11.90m/	39-½ (1.3)	4/12
	Dikken				7	28	Audrey UZOUKWU	SR	#1 West Texas A&M {	2} 11.85m v	v 38-10½ (2.	7 3/22
10	59 Yamila Cartwright,	#21 St. Edward's	3:56.03	3/29	8	30	Celina THOMAS	SO	#11 Eastern New Mex	11.84m	38-101/4 (1.	.5 3/22
	Hailey Rodriguez,				9	35	Gracie STEPHENS	FR	#2 Angelo State	11.80mv	v 38-8¾ (2.2	2) 4/5
	Karly Weyand, Sarah Willson				10	36	Kylie FRUSH	JR	#2 Angelo State {	2} 11.78m v	v 38-7¾ (3.5	5) 3/8
	We	omen's High Jump					ı	Voi	men's Shot Put			
1		SR #5 Texas A&M-Kings	1.74m 5-8½	3/29	1	2	Katherine HIGGINS	SR	#8 CSU Pueblo	15.67mA	51-5	4/4
2		JR #5 Texas A&M-King:{2		3/22	2	10	Febe WESSELS	JR	#8 CSU Pueblo {2	2} 14.81m /	48-71/4	4/4
2		SO #5 Texas A&M-King:{2		3/8	3	11	Fedra FLORENTIN	SR	#2 Angelo State	14.74m	48-4½	4/12
2		FR #16 Oklahoma Christ		3/29	4	14	Kitt RUPAR	SR	#4 Colo. School of N	14.47m/	47-5¾	4/12
		SO #3 UC-Colorado Spr	1.68m 5-6	4/12	5	18	Jada SEWELL	SR	#1 West Texas A&M	14.16m/	46-51/2	3/30
6	,	JR #2 Angelo State	1.67m 5-5¾	4/12	6	31	Karina ALVAREZ	SO	#5 Texas A&M-Kings	13.69m	44-11	3/29
6		SR #12 Western Colorad	1.67mA 5-5¾	4/4	7	41	Devon WILLIAMS	SR	#5 Texas A&M-King:{	2} 13.39m	43-111/4	3/8
8		FR #20 Regis (Colo.)	1.65mA 5-5	3/22	8	48	Christina PALMER	SR	#7 Colorado Mesa	13.25mA	43-53/4	4/12
8		FR #1 West Texas A&M	1.65m 5-5	4/12	9	50	Meadow GALLENTINE	JR	#1 West Texas A&M {		_	4/12
8		SO #12 Western Colorad{2		4/12	10	52	Bailey YOUNG	JR	#3 UC-Colorado Spr	13.23m/	43-5	3/29
U	THY NOTE IN EDITIENT	Tresterii eotorau	,	7								

WOMEN — 2025 Checkpoint #3, April 15



South Central

			Wc	omen's Discus			
1	9	Kennedy ULMER		#11 Eastern New Mex	48.91mA	160-6	3/30
2		Tiamara HILL-	SR	#2 Angelo State	48.28m	158-5	4/12
		JOHNSON		3			,
3	15	Devon WILLIAMS	SR	#5 Texas A&M-Kings	48.15m	158-0	3/22
4	17	Kamryn WILLIAMS	SO	#2 Angelo State {2]	47.99m	157-6	4/12
5	28	Christina PALMER	SR	#7 Colorado Mesa	46.33mA	152-0	4/4
6	31	Kitt RUPAR	SR	#4 Colo. School of N	46.12mA	151-4	3/28
7	46	Victoria MALAKI	JR	#3 UC-Colorado Spr	44.69m	146-8	4/12
8	60	Kaylea DEMETRIUS	SO	#5 Texas A&M-King:{2	43.95m	144-3	4/12
9	63	Augustine HANCOCK	JR	#7 Colorado Mesa {2	43.82mA	143-9	4/4
10	66	Precious SILGUERO	SO	#5 Texas A&M-King:{3	43.36m	142-3	4/12
		V	Vor	nen's Hammer			
1	3	Jennifer JARNAGIN	SR	#4 Colo. School of N	60.49mA	198-6	4/12
2	5	Abigail GILLESPIE	SR	#4 Colo. School of N{2	60.17mA	197-5	4/12
3	6	Marie SCHULER	JR	#2 Angelo State	60.01m	196-11	3/8
4	12	Savannah JORGENS	JR	#3 UC-Colorado Spr	56.71m	186-1	4/12
5	19	Esma PAJT	JR	#2 Angelo State {2]	55.13m	180-11	3/8
6	26	Augustine HANCOCK	JR	#7 Colorado Mesa	54.23m	177-11	4/12
7	36	Kitt RUPAR	SR	#4 Colo. School of N(3)	52.89mA	173-6	3/28
8	47	Hope GRAY	JR	#1 West Texas A&M	51.76m	169-10	3/22
9	50	Rylee BLANTON	JR	#12 Western Colorad	51.56mA	169-2	3/29
10	56	Lushous DAVIS	SR	#18 MSU Denver	51.21m	168-0	4/12
10	56	Meadow GALLENTINE	JR	#1 West Texas A&M {2	51.21m	168-0	4/12
			Wo	men's Javelin			
1	3	Federica DOZIO	FR	#2 Angelo State	50.03m	164-2	4/5
2	18	Lindsey CURE	FR	#20 Regis (Colo.)	44.46mA	145-11	3/22
3	20	Keturah TEMPLEMAN	FR	#8 CSU Pueblo	44.05mA	144-6	4/4
4	24	Kennedy ULMER	JR	#11 Eastern New Mex	43.12mA	141-6	3/30
5	32	Sophia PREITO	SR	#22 Westminster (Ut	42.13m	138-3	3/22
6	42	Lauren O'CAMPO	so	#6 Adams State	41.21mA	135-3	3/30
7	70	Maricia SPENCE	SR	#2 Angelo State {2]	39.45m	129-5	3/22
8	72	Deziree BOSQUEZ	so	#11 Eastern New Mex{2]	39.35m	129-1	4/12
9	75	Adisyn SCHENCK	JR	#25 South Dakota Mi	39.17mA	128-6	3/22
10	97	Kaiya GRAVES	SO	#7 Colorado Mesa	37.78mA	124-0	4/4
		Wo	om	en's Heptathlon			
1	6	Maricia SPENCE	SR	#2 Angelo State	5,333		4/5
2	12	Kylie FRUSH	JR	#2 Angelo State {2	5,063		4/5
3	13	Avery WRIGHT	JR	#4 Colo. School of N	5,057c	(5057A)	4/12
4	18	Afaf BENHADJA	SO	#5 Texas A&M-Kings	4,937		4/5
5	20	Mara ANDRITSCH	FR	#1 West Texas A&M	4,815		4/12
6	22	Juliane FRUEH	JR	#14 UT Tyler	4,791		4/12
7	34	Kailee BENTON	JR	#1 West Texas A&M {2	4,602		4/12
8	38	Lisa SUTHERLAND	SO	#4 Colo. School of N{2	4,573c	(4573A)	4/12
9	43	Gracie STEPHENS	FR	#2 Angelo State {3]	4,476		4/5
10	45	Kaitlyn PEARSON	FR	#7 Colorado Mesa	4,447		4/12



8 87 Natalie PINZAN

10

Channie JEFFERSON

McKenzie MORTON

JR #1 Wingate

SO #4 Tusculum

#2 Mount Olive

56.45

56.79

{2}57.02

4/12

3/8

4/5

USTFCCCA NCAA Division II Outdoor Track & Field

Regional TFRI Event Summary



	S								ast	:	as of 4	as of 4/15/2025 8:30:31 AM ET		
		W	om	en's 100 Meter	s					Wom	en'.	s 400 Meter Hur	dles	
1	1	Alexis BROWN	JR	#3 Lenoir-Rhyne	11.13	(-0.1)	3/29	1	13	Sharonda PRIESTER	SO	#3 Lenoir-Rhyne	1:00.52	3/29
2	7	Jahzara HART	JR	#4 Tusculum	11.40w	(2.2)	4/5	2	15	Hoyane ESPER	JR	#1 Wingate	1:00.65	4/12
3	28	Eseose OKODUWA	SR	#5 Converse	11.70w	(2.6)	4/5	3	20	Dounia ROUTBI	JR	#1Wingate {	2}1:01.22	3/29
4	32	Hughasia FYFFE	SR	#13 Limestone	11.73w	(2.2)	4/5	4	21	Isabelle FLORES	SR	#12 Belmont Abbey	1:01.25	3/29
5	35	Aniya HECKSTALL	JR	#19 Barton	11.74	(0.2)	4/12	5	85	Lidija DJOKIC	SR	#8 Lincoln Memoria	1:04.14	3/28
6	43	Kiera TAYLOR	JR	#4 Tusculum	{2} 11.78w	(2.2)	4/5	6		Keianna MIMS	SO	#2 Mount Olive	1:04.54	4/12
7	50	Margaux SHELTON	SR	#1Wingate	11.82w	(2.3)	4/5	7		Nia OVERBY	SO	#13 Limestone	1:04.61	4/12
8	63	LaSira NICHOLSON	JR	#2 Mount Olive	11.89w	(2.1)	3/22	8		Kori MOORE	FR	#4 Tusculum	1:04.79	4/5
9	74	Shanice COX	JR	#4 Tusculum	{3} 11.93cw	(11.90A)	(2. 3/22	9		Amiliana SIMMONS	FR	#2 Mount Olive {	2}1:05.30	3/29
10	81	Hannah HILL	SR	#11 North Greenville	11.95	(0.2)	4/12	10		Magnalen CAMARA	SR	#13 Limestone {	2}1:05.69	4/12
		Wome	en's	s 100 Meter Hui	rdles					W	om	en's 800 Meters	<u>:</u>	
1	9	Channie JEFFERSON	JR	#2 Mount Olive	13.66w	(2.1)	3/29	1	10	Mia CABRERA	JR	#1Wingate	2:07.99	3/29
2	16	Theresa GREEN-	JR	#4 Tusculum	13.90	(-0.2)	4/5	2	17	Taylor STONE	SR	#9 Flagler	2:09.36	3/29
		WHITE				/- -1		3	35	Abigail MISCH	JR	#9 Flagler {	2} 2:11.47	3/8
3		Dounia ROUTBI	JR		14.10w	(2.8)	4/5	4	46	Evie BROOKS	SO	#1 Wingate {	2} 2:12.65	3/29
4		Kori MOORE	FR		{2} 14.20	(-0.2)	4/5	5	51	Ella STOUDENMIRE	SR	#16 North Georgia	2:12.99	3/22
5		Sterling WEBB	SO			(1.1)	4/13	6	61	Theresa BROSTHAUS	SO	#8 Lincoln Memoria	2:13.79	4/5
5		Sharonda PRIESTER	SO		14.26	(1.2)	4/13	7	89	Harper RUSSELL	SR	#8 Lincoln Memoria{	2} 2:14.98	3/28
7		Isabelle FLORES		#12 Belmont Abbey	14.28	(0.6)	3/29	8	91	Zoie MARCHANT	JR	#9 Flagler {	3} 2:15.03	4/12
8		Diaman LEE			{2} 14.34	(0.8)	3/22	9	92	Eden BARNWELL	FR	#6 Catawba	2:15.09	3/29
9		Kiwanna PEMBERTON			{2} 14.44 w	(3.5)	4/5	10		Jacie BEGLEY	FR	#8 Lincoln Memoria{	3} 2:15.88	4/5
10		Simone GIGGETTS		#20 Mars Hill	14.66	(1.6)	4/12			We	ome	en's 1500 Meter	s	
		Hoyane ESPER			{3} 14.66	(-2.0)	3/29	1	3	Mia CABRERA	JR	#1Wingate	4:20.34	3/29
10	84	TraVon LAY		#22 Southern Wesley		(2.9)	3/29	2	7	Taylor STONE	SR	#9 Flagler	4:21.45	3/29
				en's 200 Meter				3	9	Evie BROOKS	SO	#1 Wingate {	2} 4:21.84	4/12
1		Alexis BROWN		#3 Lenoir-Rhyne	22.67	(2.0)	3/29	4	58	Natalie ALMOND	SO	#6 Catawba	4:34.70	3/29
2		Jahzara HART		#4 Tusculum	23.51	(0.4)	4/5	5	82	Sira BO	JR	#1 Wingate {	3} 4:37.09	3/29
3		Futoria HARRIS		#2 Mount Olive	23.68w	(2.7)	3/22	6	99	Grace BURRELL	JR		4} 4:39.04	4/12
4		Hannah HILL		#11 North Greenville		(0.8)	4/5	7		Riya KESHAW	SO	#1 Wingate {	5} 4:39.65	3/22
5		Shanice COX	JR		{2}23.91	(0.4)	4/5	8		Ona ALONSO	JR	#1Wingate {	6} 4:39.81	4/12
6		Aniya HECKSTALL		#19 Barton	24.10	(0.0)	4/12	9		Emer MCGLYNN	JR		2} 4:39.87	3/29
1	47	Damyja ALEJANDRO- ORTIZ	JR	#3 Lenoir-Rhyne	{2} 24.19	(0.2)	3/29	10		Baia TOUZA	FR	#1 Wingate {	7} 4:40.89	3/22
8	53	Eseose OKODUWA	SR	#5 Converse	24.22w	(2.2)	3/29			Wo	me	n's Steeplechas	e	
9		Kori MOORE			{3} 24.33	(-1.1)	3/29	1	11	Emily MCBRIDE		#18 Augusta	10:45.74	3/29
		Sharonda PRIESTER	so		{3} 24.37	(1.8)	4/5	2	32	Firdaouss HRICHE	FR	#1Wingate	11:02.78	4/5
				en's 400 Meter			, -	3	55	Anna CHASTEEN		#16 North Georgia	11:16.54	4/12
1	12	Sharonda PRIESTER		#3 Lenoir-Rhyne	5 4. 50		4/5	4	69	Riley SHOPE	SO	#11 North Greenville	11:24.41	4/12
		Jani DAY			{2} 55.37		4/13	5	72	Elizabeth KESSLER		#3 Lenoir-Rhyne	11:25.31c(11:34.20)	
3		Lacey BOOZER		#7 Anderson (S.C.)	55.51		4/5			Maria CHACHA			2} 11:27.55	4/5
4		Damyja ALEJANDRO-			{3} 55.58		4/13	7	96	Maud LAMBOTTE			3}11:33.39	4/5
		ORTIZ	٠,٠	zonom knyme	(_,,,		-,=-	8		Hope SINER		#9 Flagler	11:45.36	4/12
5	58	Tashianna GRAY	SR	#4 Tusculum	55.90		4/5	9		Elizabeth YOUNG		#12 Belmont Abbey	11:52.48	4/13
5	58	Hannah HILL	SR	#11 North Greenville	55.90		4/12	10		Elisa LE REST	FR	#1 Wingate {	4}12:04.11	4/5
7	80	Katie-Marie	SO	#15 UNC Pembroke	56.40		3/29							
		SHERLOCK		_										



9 66 Lauren BEATTY

10 69 Enola SAVEL

USTFCCCA NCAA Division II Outdoor Track & Field

Regional TFRI Event Summary

{2}37:25.73

37:31.46

3/22

3/22



as of 4/15/2025 8:30:31 AM ET

Southeast

-							
		W	ome	en's 5000 Mete	rs		
1	32	Madison CLAY	JR	#6 Catawba	16:57.08	4/12	
2	39	Natalie ALMOND	SO	#6 Catawba	{2}16:59.88	4/12	
3	40	Firdaouss HRICHE	FR	#1 Wingate	17:01.45	3/29	
4	48	Grace BURRELL	JR	#1Wingate	{2} 17:03.77	3/29	
5	51	Hannah CAUDILL	SO	#6 Catawba	{3} 17:04.88	4/12	
6	66	Mollie SCOTT	SR	#1 Wingate	{3} 17:15.68	4/12	
7	77	Riya KESHAW	SO	#1 Wingate	{4}17:25.16	4/12	
8	91	Emer MCGLYNN	JR	#6 Catawba	{4}17:29.84	4/12	
9		Grace ROSE	SR	#8 Lincoln Memori	a 17:34.37	3/28	
10		Emily MCBRIDE	SR	#18 Augusta	17:35.00	3/8	
		Wo	me	n's 10,000 Met	ers		
1	15	Madison CLAY	JR	#6 Catawba	35:02.98	3/29	
2	20	Laila ABOUZAID	SR	#1 Wingate	35:27.48	3/29	
3	30	Kennedy ROUSH	SO	#7 Anderson (S.C.)	36:00.96	3/29	
4	33	Mollie SCOTT	SR	#1 Wingate	{2} 36:19.71	3/22	
5	38	Tea GEARY	SO	#1 Wingate	{3} 36:31.15	3/22	
6	40	Hannah CAUDILL	SO	#6 Catawba	{2} 36:41.30	3/29	
7	42	Beth LUDWICK	FR	#7 Anderson (S.C.)	{2} 36:51.30	4/12	
8	60	Ashley SOSA	SR	#5 Converse	37:21.33	3/22	

JR #5 Converse

SR #9 Flagler

				,	
		Wom	en's 4x100 Relay	,	
1	3	Kiera Taylor, Shanice Cox, Theresa Green- White, Jahzara Hart	#4 Tusculum	44.91	3/29
2	27	LaSira Nicholson, Futoria Harris, Heavan Roberts, Haniyyah Johnson	#2 Mount Olive	46.21	3/22
3	28	Sharonda Priester, Damyja Alejandro- ortiz, Molly McGrath, Zanetta Udo-Obong	#3 Lenoir-Rhyne	46.23	3/29
4	29	#Type!	#13 Limestone	46.24	4/5
5	41	Lara Castano, Margaux Shelton, Hayat Abdeselam, Diaman Lee	#1 Wingate	46.82	4/5
6	42	Kamille Cunningham, Triniti Muldrow- Green, Jermyra Bethel, Eseose Okoduwa	#5 Converse	46.84	3/29
7	43	Erica Harrell, Keiarra Tutt, Aniya Heckstall, Angel Agyeman	#19 Barton	46.86	4/12
8	48	Letsi Burgos, Mallory Witherspoon, Skylar Southern, Efemena Egberi	#6 Catawba	47.12	3/22
9	76	Alexandra Thomas, Ella Feehan, Isabelle Flores, Jasmine Banks	#12 Belmont Abbey	47.93	4/4
10	81	Destiny Hanna, Payton Knowles, Jada Jenkins, Cayla Brown	#24 Clayton State	48.00	3/22



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Ava LABRANT

SR #22 Southern Wesley 3.10m 10-2

USTFCCCA NCAA Division II Outdoor Track & Field

WOMEN - 2025 Checkpoint #3, April 15

Regional TFRI Event Summary



							Sout	he	as	t		as of	4/15/2025	8:30:31 AN	√ ET
		W	om	en's 4x400 Relay	,				W	'om	en's Long Jum	p			
1	12	Sharonda Priester, Jani Day, Mathilde Etienne, Damyja Alejandro-ortiz		#3 Lenoir-Rhyne	3:43.37		3/29	1 2 3	31	Sydney MCCARTY Janara BRYANT Haniyyah JOHNSON		#14 Carson-Newmar #2 Mount Olive #2 Mount Olive	5.99mw 5.85m {2}5.69m	19-2½ (1. <mark>2</mark>) 18-8 (1.0)	3/29
2	20	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan		#1 Wingate	3:46.64		3/29	4 4 6 7	59 63	Brooke TAYLOREfemena EGBERIHannah HILLAukeyonna SIMS	JR SR	#14 Carson-Newmar #6 Catawba #11 North Greenville #17 Francis Marion	5.68m	18-7¾ (0.4) 18-7¾ (0.8) 18-7 (3.8) 18-6 (1.7)	
3	47	#Type!		#4 Tusculum	3:52.59		4/5			Channie JEFFERSON		#2 Mount Olive	{3} 5.63mw		
4	86	Jermyra Bethel, Kennedy Wright, Talaijah Bartley, Triniti Muldrow-Green		#5 Converse	4:01.03		4/12	9	86	Aniya HECKSTALL Kimberley OWENS	JR SR	#19 Barton #3 Lenoir-Rhyne en's Triple Jum	5.60m 5.57mw	18-4½ (-0.4 18-3¼ (2.4)	1) 3/22
5	88	Rebecca Oji, Ziona Harris, Ivorie Smith, Marley Tate		#24 Clayton State	4:01.72		3/28		16	Janara BRYANT Ennessey SORRELLS Tyleah MOORER	SR	#2 Mount Olive #1 Wingate #13 Limestone	12.11m	39-8¾ (2.8 39-8¾ (0. <mark>7</mark>) 39-3¾ (1.7)	4/12
6	96	#Type!		#7 Anderson (S.C.)	4:03.71		4/5			3 Karla HORMAZABAL	SR		{2} 11.95 m		
7	99	#Type!		#8 Lincoln Memoria	4:04.24		4/5			Leah DOTSON			{2} 11.90m		3/22
8		Essence Slate, Channie Jefferson, Keianna Mims, Joella Smith		#2 Mount Olive	4:06.47		4/12	6 7	43 45	3 Holly KONE 5 Brooke TAYLOR 3 Janyia PINCKNEY	SR JR		11.68m 11.66m	38-4 (0.8) 38-3¼ (1.8) y37-6 (3.0)	4/13
9		#Type!		#13 Limestone	4:07.32		4/5			7 Kendall WHITEHEAD		#14 Carson-Newmar			•
9		Sophia Alexander, Aubrey Dishman, Adi Myers, Ella Stoudenmire		#16 North Georgia	4:07.32		3/22	10		Lyniah KITT Amber LAWLESS	FR Voi JR	men's Shot Put	11.40m 13.49m	37-5 (2.0) 44-3½	4/4 4/12
			lom	en's High Jump				2		Danyell BOOKER		#4 Tusculum	12.74m		4/5
1	24	Assiya ELHAFYAN		#1 Wingate	1.66m	5-5½	4/12	3		Jasmine COLWELL	FR	#2 Mount Olive	12.62m		3/8
1		Sterling WEBB	so		1.66m	5-51/4	4/13	4		Ashley PARRISH	so	#8 Lincoln Memoria	12.47m	40-11	4/5
3		Dakota JERNIGAN	FR		1.65m	5-5	4/4	5		Alla HUTCHINS	FR	#5 Converse	12.23m	40-11/2	3/14
3		Isabel FARUP		#10 Newberry	1.65m	5-5	3/15	6		Jamia CLARK	so	#25 Lander	12.10m	39-81/2	4/12
5	72	Patricija NEMANYTE	SO	#3 Lenoir-Rhyne	1.63m	5-41/4	4/13	7		Nia ROGERS	SR	#21 UVa-Wise	12.03m	39-5¾	4/12
5	72	Miranda MARR	SR	#3 Lenoir-Rhyne	1.63m	5-41/4	4/13	8		Ashley LINDSEY	JR	#2 Mount Olive	{2} 12.02m	39-51/4	3/22
7	100) Janara BRYANT	FR	#2 Mount Olive	1.60m	5-3	3/29	9		Kiori BUTLER		#10 Newberry	11.80m	38-8¾	3/15
7	100) Mia DIONISIO	SR	#10 Newberry {2	2} 1.60m	5-3	3/15	10		Patricija NEMANYTE	SO	#3 Lenoir-Rhyne	11.71m	38-5	4/13
7	100	Aukeyonna SIMS	FR	#17 Francis Marion	1.60m	5-3	3/8				Wo	omen's Discus			
7	100	Valerie DAEHLER	SR	#1 Wingate {2	2} 1.60m	5-3	3/29			Irma WATSON-PEREZ		_	43.22m	141-10	4/5
7	100) Shamya HUDSON	FR	Erskine	1.60m	5-3	3/22			5 Amber LAWLESS		#1 Wingate	42.61m	_	4/12
		N		nen's Pole Vault					9!	5 Cierra WILLIAMS		#20 Mars Hill	42.04m		3/22
1	29	Avery MARSHALL	FR	#7 Anderson (S.C.)	3.79m	12-51/4	4/5	4		Jazmine MCDONALD- CRAFT	FR	#17 Francis Marion	41.56m	136-4	4/4
2		Rileigh LACY		#17 Francis Marion	3.70m	12-1½	4/4	5		Sarah WIMPEE	IR	#7 Anderson (S.C.)	40.99m	134-6	4/5
3	65	Rylie JENKINS	SO	#7 Anderson (S.C.) {2		11-8	3/22	6		Comfort AGWU		#15 UNC Pembroke	40.52m		4/5
4		Kirsten LEONARD	SR	, , ,		10-1134	3/29	7		Anna EVATT		#5 Converse	39.75m		3/22
4		Haley EDDINGER		#20 Mars Hill	3.35m	10-1134	3/22	8		Kenisha BARNES		#2 Mount Olive	38.75m		4/12
6		Carina FIORUCCI		#15 UNC Pembroke	3.30m	10-93/4	4/5	9		Judith VAQUERO	JR		{2} 38.61m		3/29
6		Jorja FOX	SO SD			10-9¾	4/5	10		Elizabeth WOODRUFF	JR		38.01m		4/4
8		Pearl BALLARD		#3 Lenoir-Rhyne	3.20m	10-6 10-6	4/13								
8		Sarah ARNOLD	SO	Columbus State	3.20m	10-0	4/12								

4/5



WOMEN — 2025 Checkpoint #3, April 15

Regional TFRI Event Summary



Southeast

	Women's Hammer													
1	21	Elin RYDQVIST	SO	#2 Mount Olive	55.07m	180-8	3/22							
2	22	Kenisha BARNES	JR	#2 Mount Olive	{2} 54.88m	180-1	4/12							
3	35 Andrea PASCUAL RIVERA		SR	#10 Newberry	52.91m	173-7	3/29							
4	58	Rolanda DESIR- MOREAU	SR	#2 Mount Olive	{3} 51.17m	167-11	4/12							
5	67	Irma WATSON-PEREZ	SR	#10 Newberry	{2} 50.34m	165-2	4/5							
6	84	Bella MARTIN	JR	#5 Converse	49.10m	161-1	3/14							
7	93	Isabelle GRENA	FR	#2 Mount Olive	{4} 48.59m	159-5	4/5							
8		Comfort AGWU	SO	#15 UNC Pembroke	45.77m	150-2	3/8							
9		Amber HOGAN	SR	#4 Tusculum	44.27mA	145-3	3/22							
10		Peyton BUCHER	FR	#2 Mount Olive	{5} 44.21m	145-1	3/8							
			Wo	men's Javelin										
1	66	Hannah HILL	SR	#11 North Greenville	e 39.68m	130-2	3/22							
2	72	Ally HOLMBERG	SO	#1Wingate	39.35m	129-1	3/22							
3		Lauren BAKER	FR	#11 North Greenville	e{2} 37.39m	122-8	3/22							
4		Miranda ANDERSON	SO	#12 Belmont Abbey	37.22m	122-2	4/13							
5		Braelynn STROUTH	FR	#21 UVa-Wise	36.62m	120-2	4/13							
6		Kiori BUTLER	SO	#10 Newberry	36.31m	119-2	3/29							
7		Miranda MARR	SR	#3 Lenoir-Rhyne	35.95m	118-0	4/13							
8		Alla HUTCHINS	FR	#5 Converse	34.43m	113-0	3/14							
9		Sterling WEBB	SO	#8 Lincoln Memoria	a 33.72m	110-8	4/5							
10		Layla-grey BENNETT	SO	#22 Southern Wesle	y 33.25m	109-1	3/8							
		W	om	en's Heptathlo	n									
1	10	Hannah HILL	SR	#11 North Greenville	e 5,152		4/5							
2	11	Sterling WEBB	SO	#8 Lincoln Memoria	a 5,069		4/13							
3	17	Miranda MARR	SR	#3 Lenoir-Rhyne	4,954		4/13							
4	25	Ally HOLMBERG	SO	#1 Wingate	4,715		4/12							
5	31	Mathilde ETIENNE	SR	#3 Lenoir-Rhyne	{2} 4,625		4/13							
6	62	Patricija NEMANYTE	SO	#3 Lenoir-Rhyne	{3} 4,219		4/13							
7	83	Kamille CUNNINGHAM	SO	#5 Converse	3,900		3/22							
8	90	Braelynn STROUTH	FR	#21 UVa-Wise	3,838		4/13							
9	98	Kieley SMITH	so	#4 Tusculum	3,777		4/5							
10		Tylyia TRIGGS	SR	#2 Mount Olive	3,702		3/22							



WOMEN - 2025 Checkpoint #3, April 15





						We	est				as of 4/	/15/2025 8:30	:31 AM ET
	W	om	ien's 100 Meters						Wome	en'	s 400 Meter Hura	lles	
3	E'lexis HOLLIS	SR	#8 Central Washing	11.27w	(2.3)	3/29	1	1	Rasha BADRANI	JR	#13 Cal State San Ma	57.79	4/5
4	Nydia CHANCE	SO	#3 Fresno Pacific	11.30	(0.0)	2/22	2	2	Brianna GREEN	SR	#3 Fresno Pacific	57.80	4/5
9	Amari WEATHERFORD	SR	#10 Cal State San Be	11.49w	(2.1)	3/28	3	3	Olivia ALEXANDRE	SR	#1 Azusa Pacific	59.18	4/5
13	Hailey HUNT	SR	#10 Cal State San Bel	2} 11.56	(1.5)	3/22	4	17	Avril MENDOZA	FR	#3 Fresno Pacific {2	1:00.98	2/22
14	Riley ALLEN	FR	#3 Fresno Pacific {	2} 11.58	(0.0)	2/22	5	19	Sarah MCGARRY	FR	#9 Point Loma Naza	1:01.14	3/8
23	Jasmyn CRAWFORD	SR	#5 CUI	11.65	(1.4)	3/29	6	22	Mila REAL	so	#12 Stanislaus State	1:01.27	3/29
26	Iyanna FULLER	JR	#3 Fresno Pacific {	3} 11.66	(0.0)	2/22	6	22	Jordyn BURKE	SR	#14 Vanguard (Calif.)	1:01.27	3/22
28	Trinity MILLER	SR	#1 Azusa Pacific	11.70	(1.4)	3/29	8	25	Eboselulu OMOFOMA	FR	#6 Biola (Calif.)	1:01.44	4/5
31	Ariana VERA	SR	#3 Fresno Pacific {	4} 11.71	(0.0)	2/22	9	28	Liv HEITE	so	#21 Alaska Anchorag	1:01.56	4/12
32	Brianna GREEN	SR	#3 Fresno Pacific {	5} 11.73 w	(2.7)	3/1	10	47	Carley HUBER	SR	#8 Central Washing	1:02.70	4/4
32	Shaniya RANDOLPH	so	#3 Fresno Pacific {	5} 11.73	(0.0)	2/22			W	'om	en's 800 Meters		
	Wome	en'	s 100 Meter Huro	dles			1	2	Lina HANICH		#11 Academy of Art	2:03.60	4/5
5	Esther CONDE- TURPIN	JR		13.52	(0.9)	4/11	2	11	Magdalene WILLIAMS JR.			2:08.19	4/5
8	Neshara SMITH	JR	#4 Cal Poly Pomona	13.65w	(2.1)	3/8	3	13	Arissa HATCHER	JR	#4 Cal Poly Pomona	2:08.80	4/5
11	Brianna GREEN	SR	#3 Fresno Pacific	13.77	(0.0)	4/5	4	18	Grace SOUTHERN	SR	#11 Academy of Art {2]2:09.56	4/5
21	Eboselulu OMOFOMA	FR	#6 Biola (Calif.)	14.03	(1.6)	3/15	5	24	Annie WILD	so	#12 Stanislaus State	2:10.37	3/29
22	Liv HEITE	so	#21 Alaska Anchorag	14.06	(1.2)	4/5	6	28	Jenna RODRIGUEZ	JR	Cal State East Ba	2:10.54	3/8
29	Hannah CHANG	JR	#17 Seattle Pacific	14.17	(0.1)	4/12	7	29	Michaela ANDREWS	SR	#11 Academy of Art {3]2:10.61	4/5
33	Alexis RANGER-	SR	#3 Fresno Pacific {	2} 14.20	(2.0)	3/22	8	36	Mattie WHIPPLE	FR	#3 Fresno Pacific	2:11.54	3/8
	DUNBAR						9	50	Mia CROCKER	SR	#2 Western Washing	2:12.88	3/22
52	Hannah HANSON	SO	#6 Biola (Calif.) {	2} 14.38	(-0.2)	2/22	10	56	Eryn BURKE	SR	#14 Vanguard (Calif.)	2:13.50	4/12
54	Giovana PELASCINI	SO	#5 CUI	14.39	(1.3)	3/29			Wo	om	en's 1500 Meters		
56	Joy HANO	SO	#23 Cal Poly Humbol	14.41	(1.7)	4/12	1	6	Annie WILD	SO	#12 Stanislaus State	4:21.36	4/5
	W	om	ien's 200 Meters				2	20	Lina HANICH		#11 Academy of Art	4:27.00	3/22
8	Amari WEATHERFORD	SR	#10 Cal State San Be	23.41	(1.2)	3/22	3	22	Jori PARADIS	SR	#5CUI	4:27.13	4/5
13	Emma CANNAN	JR	#18 Simon Fraser	23.56	(1.1)	4/12	4	23	Grace SOUTHERN	SR	#11 Academy of Art {2]4:27.92	4/5
18	E'lexis HOLLIS	SR	#8 Central Washing	23.71	(0.8)	4/11	5	26	Vivian MARTINEZ	so	#4 Cal Poly Pomona	4:29.18	4/12
23	Hailey HUNT	SR	#10 Cal State San Ber	2} 23.79	(1.2)	3/22	6	27	Olivia ALEXANDRE	SR	#1 Azusa Pacific	4:30.22	2/28
26	Rasha BADRANI	JR	#13 Cal State San Ma	23.85	(-0.3)	4/5	7	28	Mia CROCKER	SR	#2Western Washing	4:30.46	4/12
29	Trinity MILLER	SR	#1 Azusa Pacific	23.89	(1.0)	4/5	8	34	Sienna BIANCHI	SO	#7 Chico State	4:31.17	4/12
30	Jasmyn CRAWFORD	SR	#5 CUI	23.91	(0.8)	3/29	9	39	Bethany MAPES	JR	#6 Biola (Calif.)	4:32.05	4/5
32	Sariyah COPELAND	SR	#3 Fresno Pacific	23.94	(-0.4)	4/5			Artana NICE	FR	#23 Cal Poly Humbol	4:32.48	4/5
42	Nydia CHANCE	SO	#3 Fresno Pacific {	2} 24.13	(1.2)	3/29			Wo	me	n's Steeplechase	3	
57	Elise HOPPER	JR	#8 Central Washing{	2} 24.25	(0.8)	4/11	1	3	Ila DAVIS		#2 Western Washing	10:20.91	4/5
	W	om	ien's 400 Meters				2		Maya EWING		#17 Seattle Pacific	10:35.63	4/5
5	Brianna GREEN	SR	#3 Fresno Pacific	53.77		3/29	3		Jessica KAMPMAN	SR		10:35.65	4/5
9	Kennedy COOK	so	#2 Western Washing	54.09		4/5			Ashley REECK		#2 Western Washins 2		4/5
10	Alayna VERNER	SR	#1 Azusa Pacific	54.20		4/5	5		Miranda PALACIOS		#4 Cal Poly Pomona		3/8
11	Bec BENNETT	JR	#2 Western Washin	2} 54.25		3/22			Elie BASSETT	JR			4/5
16	Alexis WHITE	SR	#10 Cal State San Be	54.67		3/22			Jaina KANG		#6 Biola (Calif.)	10:54.84	4/5
16	Rasha BADRANI	JR	#13 Cal State San Ma	54.67		3/28			Daisy SALINAS		#25 SF State	10:55.33	4/5
18	Brooke DALGITY	SR	#14 Vanguard (Calif.)	54.71		4/12			Galilea JIMENEZ	SO	#4 Cal Poly Pomona{2		3/28
	Lina HANICH	SP	#11 Academy of Art	54.84		4/5			Laura HALSELL		#2 Western Washing 4		4/5
20	LINATIANICH	JA											
	Jessica JAMES	JR		54.92		3/22		33		JA	110000111111111111111111111111111111111	,	



7

13 Lynette RUIZ

34 Makenzie KORDIC

41 Angela MCMANUS

26 Kelsi HART

8 45 Aislin TAYLOR

10 47 Emma SMITH

9 46 Megan MALLOY

USTFCCCA NCAA Division II Outdoor Track & Field

Regional TFRI Event Summary

34:57.53

35:49.82

36:22.91

{2}36:55.41

{3}**36:57.32**

4/5

3/8

4/5

3/8

4/5

4/5

3/1



Athletic

as of 4/15/2025 8:30:31 AM ET

						W	est							
	Women's 5000 Meters													
1	1	Annika ESVELT	SR	#17 Seattle Pacific	15:56.94	4/5	1							
2	8	Della MOLINA	so	#7 Chico State	16:32.76	3/22								
3	9	Bethany MAPES	JR	#6 Biola (Calif.)	16:36.68	4/5	2							
4	14	Jessica KAMPMAN	SR	#1 Azusa Pacific	16:43.15	3/21	2							
5	17	Madeline REEVES	JR	#9 Point Loma Naza	16:44.46	3/22								
6	18	Iresh MOLINA	SO	#7 Chico State {2]	16:44.55	3/22								
7	23	Vivian MARTINEZ	SO	#4 Cal Poly Pomona	16:50.36	3/21	3							
8	28	Taylor WHITFIELD	JR	#5 <mark>CUI</mark>	16:54.63	3/8								
9	36	Jade KINGSTON	FR	#4 Cal Poly Pomona(2)	16:58.63	3/21								
10	42	Maya EWING	JR	#17 Seattle Pacific {2]	17:02.09	3/22	4							
		Wo	me	n's 10,000 Meters	s									
1	5	Iresh MOLINA	SO	#7 Chico State	34:08.97	4/5								
2	6	Della MOLINA	so	#7 Chico State {2]	34:09.93	4/5	5 1							
3	8	Madeline REEVES	JR	#9 Point Loma Naza	34:28.75	4/5								

SR #6 Biola (Calif.)

FR #13 Cal State San Ma

FR #12 Stanislaus State

#6 Biola (Calif.)

#7 Chico State

JR #13 Cal State San Ma{2}36:43.33

SR #2 Western Washing 36:58.80

	Women's 4x100 Relay													
1	7	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#8 Central Washing	45.09	4/11									
2	8	Nydia Chance, Brianna Green, Shaniya Randolph, Ariana Vera	#3 Fresno Pacific	45.24	3/1									
3	9	Alexandra Ackerman, Coryssa Hope, Amari Weatherford, Hailey Hunt	#10 Cal State San Be	45.26	3/22									
4	11	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#1 Azusa Pacific	45.38	4/5									
5	19	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	#5 CUI	45.89	4/5									
6	24	Trinity Moseby, Ta'Ahjah Fann, Jessica James, Hannah Luster	#4 Cal Poly Pomona	46.02	3/28									
7	32	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	#14 Vanguard (Calif.)	46.59	3/22									
8	46	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	#11 Academy of Art	47.03	3/8									
9	53	Madi Simmers, Lily Gomez, Angelica Gomes, Blanca Granados	#9 Point Loma Naza	47.19	3/22									
10	59	Hannah Polkinghorn, Kennedy Cook, Annabelle Heiman, Caitlyn Cheney	#2 Western Washing	47.33	4/5									





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				W	est	:			as of 4/	15/2025	8:30:31 AM	м ет
	Wo	omen's 4x400 Rela	/				W	om/	en's Pole Vault			
1 3		#3 Fresno Pacific	3:39.47	4/5	1 2 3		Lauryn MCGOUGH Isabelle CARREON Danielle GOULD	SO SR SO	#8 Central Washing #4 Cal Poly Pomona #9 Point Loma Naza	4.05m 3.78m 3.77m	13-3½ 12-4¾ 12-4½	3/29 3/8 4/5
2 5	•	#2Western Washing	3:40.87	4/12	6	41 42	Brianne CAMARENA Peyton YOSHIDA Janey RUBIO Sydney MOHLMAN	SR SR SO SO	#9 Point Loma Naza{2} #9 Point Loma Naza{3} #7 Chico State #2 Western Washins		12-3½ 12-¾ 12-½ 11-11¾	2/22 3/22 4/12 3/8
3 7	Prishencia Nnoham, Coryssa Hope, Amari Weatherford, Alexis White	#10 Cal State San Be	3:41.95	3/22	7 7 7	49 49	Alexus SALAZAR Reanna MAROON Katherine HEEKIN	FR SR JR	,	3.65m 3.65m	11-11 ³ / ₄ 11-11 ³ / ₄ 11-11 ³ / ₄	4/12 4/12 4/12
4 1	Trinity Miller, Kiayra Holmes, Olivia Alexandre, Alayna Verner	#1 Azusa Pacific	3:43.11	3/29	1	5 5	Jasmyn CRAWFORD Jonon YOUNG	SR	#5 CUI #20 Cal State LA	6.25m 6.25m	20-6¼ (1.9) 20-6¼ (0.0)	-/-
5 1	7 Elizabeth Betten, Brooke Dalgity, Eryn Burke, Jordyn Burke	#14 Vanguard (Calif.)	3:45.62	4/12	3		Esther CONDE- TURPIN Emy NTEKPERE	JR SO	#1 Azusa Pacific #8 Central Washing	6.02mw 5.91m	19-9 (2.9) 19-4¾ (0.3)	4/10 3/29
6 2	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	#11 Academy of Art	3:47.36	3/22	5 6 7	44	Neshara SMITH Kennah SHAFFER Hannah	JR SR JR	#4 Cal Poly Pomona #24 Westmont (Calif. #2 Western Washing	5.77m 5.74m 5.70m	18-11½ (2.0) 18-10 (2.0) 18-8½ (0.4)	4/12
	4 Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	#4 Cal Poly Pomona	3:47.61	3/22	9	53	POLKINGHORN Luisa FISCHER Eboselulu OMOFOMA		#6 Biola (Calif.)	5.69m	18-8½ (3.1) 18-8 (1.6)	3/29
8 2	9 Donna Marie Harris, Elise Hopper, Carley Huber, Ashlyn Nielsen	#8 Central Washing	3:48.53	3/29	9	1	Autumn MURRAY WC Emy NTEKPERE		#6 Biola (Calif.) en's Triple Jump #8 Central Washing	5.69m 13.26m	18-8 (2.0) 43-6 (0.2)	3/29
9 3 :	2 Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	#13 Cal State San Ma	3:49.77	3/28	3	28	Jonon YOUNG Olivia WINDBIEL Jaylen WALKER	SO JR	#20 Cal State LA #18 Simon Fraser #11 Academy of Art	11.85m	41-2¼ (0.8) 38-10½ (-0. 38-6¼ (1.0)	4/5 4/12
10 3	6 Giovana Pelascini, Ruby Bishop, Riley Norris, Anna Tucker	#5 CUI	3:50.34	4/5	5	40 40	Natalie LIN Makenna SULLIVAN Jordyn BROOKS	SR SR SO	#4 Cal Poly Pomona #9 Point Loma Naza #13 Cal State San Ma		38-5 (0.0) 38-5 (0.9) 38-1/4 (1.0)	3/28 4/5 3/29
	W	omen's High Jump)		8	51	Julia CARMONA	FR	Cal State East Ba	11.58m	38-0 (0.2)	3/22
1 2	•	SO #8 Central Washing		5-10½ 3/29	9	65	Tehya MOORE	JR	#8 Central Washing [2]	11.47m	37-7¾ (1.2)	4/11
2 5 7	Luisa FISCHER		1.74m 2}1.73m	5-8½ 3/22 5-8 4/11	9	65	Eboselulu OMOFOMA		#6 Biola (Calif.) nen's Shot Put	11.47m	37-7¾ (1. <mark>3</mark>)	4/12
	Nouhayla ERRAHILI Kora COOK	SR #1 Azusa Pacific { SO #2 Western Washing	3}1.71m	5-7 ¹ / ₄ 3/22 5-7 3/1	1	1	Hannah RICHARDSON	JR	#1 Azusa Pacific	16.52m	54-21/2	4/5
_	Esther CONDE- TURPIN	`	4} 1.70m	5-7 3/1 5-7 4/11	3		Destany HERBERT Jessica		#15 Northwest Nazaı #2 Western Washinş	14.95m 14.59m		4/4 3/8
7 2	6 Ashley HUME	SR #1 Azusa Pacific {	5} 1.67m	5-5 ³ / ₄ 4/11	Δ	16	POLKINGHORN Molly OLSON	SR	#1 Azusa Pacific {2}	14.36m	47-11/2	3/22
7 2	Miya KOCH	SR #15 Northwest Nazaı	1.67m	<i>5-5</i> ³ / ₄ 3/15			Kathryn CHAPIN		#2 Western Washin {2			3/22
7 2	6 Telma KRISTJANSSON	FR #5 CUI	1.67m	5-5¾ 3/28			Katie POTTS		#2 Western Washin [3]			4/5
10 3	4 Amity DETERS	SR #16 Western Oregon	1.66m	5-5 ¹ / ₄ 3/21	7	25	Gianna FRANK	FR	#10 Cal State San Be	13.79m	45-3	3/22
	4 Zania RUFFIN		6} 1.66m	5-51/4 3/8	8	29	Esther CONDE- TURPIN	JR		13.71m		3/29
							Nevaeh DYER		#5 CUI	13.20m		3/8
							Rylee ANDREWS		#2 Western Washin _{ {4}			3/29
					10	61	Julia PISENTI	SO	#19 Jessup (Calif.)	13.13m	43-1	4/5



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West

			Wo	omen's Discus			
1	3	Julia PISENTI	SO	#19 Jessup (Calif.)	51.87m	170-2	4/5
2	5	Hannah RICHARDSON	JR	#1 Azusa Pacific	50.21m	164-9	4/5
3	18	Tayla CRENSHAW	SR	#5 CUI	47.75m	156-8	4/5
4	25	Katie POTTS	SR	#2 Western Washin	46.56m	152-9	4/5
5	29	Hope WILLIS	FR	#6 Biola (Calif.)	46.17m	151-6	4/5
6	37	Molly OLSON	SR	#1 Azusa Pacific	{2} 45.66m	149-10	4/5
7	38	Khaiya SIMPSON	SR	#5 <mark>CUI</mark>	{2} 45.52m	149-4	4/5
8	45	Ariyah FORD	JR	#22 Sonoma State	44.71m	146-8	4/11
9	55	Jocelyn PEDRETTI	SO	#19 Jessup (Calif.)	{2} 44.05m	144-6	3/29
10	65	Angelina ESCOBAR	SR	#7 Chico State	43.41m	142-5	4/5
		V	Vor	nen's Hammer			
1	37	Destany HERBERT	SR	#15 Northwest Naza	52.77m	173-2	4/12
2	40	Alexis NINO	JR	#12 Stanislaus State	52.50m	172-3	3/1
3	41	Payton ELENBAAS	SR	#8 Central Washing	52.27m	171-6	4/4
4	46	Sage COYLE	SR	#7 Chico State	51.78m	169-11	4/12
5	63	Jocelyn SARIBAY	SR	Saint Martin's	50.64m	166-2	3/8
6	65	Hannah RICHARDSON	JR	#1 Azusa Pacific	50.36m	165-3	4/12
7	69	Angelina ESCOBAR	SR	#7 Chico State	{2} 50.09m	164-4	4/12
8	70	Hannah COOPER	so	Montana StBil	i 50.07m	164-3	4/12
9	78	Mi'ah MOLETTE	FR	#4 Cal Poly Pomon	49.58m	162-8	3/8
10	79	Zuzanna LINIEWSKI	SR	#18 Simon Fraser	49.55m	162-7	4/6
			Wo	men's Javelin			
1	10	Luisa FISCHER	SR	#1 Azusa Pacific	47.15m	154-8	3/29
2	22	Emily POWERS	JR	#15 Northwest Naza	43.84m	143-10	4/4
3	25	Josie PETERSON	SR	#7 Chico State	42.95m	140-11	4/5
4	28	Esther CONDE-	JR	#1 Azusa Pacific	{2} 42.65m	139-11	3/29
		TURPIN					
5	35	Julia PISENTI	SO	#19 Jessup (Calif.)	41.91m	137-6	3/29
6	37	G'nea PITT	FR	#11 Academy of Art	41.69m	136-10	4/5
7		Andrea VILLALTA	SR	#7 Chico State	{2} 41.11m	134-11	4/5
8	54	Whitney GRIFFITH	FR	#5 CUI	40.18m	131-10	3/29
9		Emma HEIN	FR	#1 Azusa Pacific	{3} 40.12m	131-8	3/29
10	56	Molly OLSON	SR	#1 Azusa Pacific	{4} 40.07m	131-6	3/8
		We	om	en's Heptathlo	n		
1	1	Esther CONDE- TURPIN	JR	#1 Azusa Pacific	5,974		4/11
2	3	Luisa FISCHER	SR	#1 Azusa Pacific	{2} 5,616		4/11
3	16	Ashley HUME	SR	#1 Azusa Pacific	{3} 4,989		4/11
4		Joley SPROUL	SR	#6 Biola (Calif.)	4,797		4/11
5		Macy CLEMENS	SR				3/21
6	31	Riley NORRIS	JR	#5CUI	4,625		2/21
7		Amariyah CLAY	JR	#16 Western Oregon			3/21
8		Giovana PELASCINI	SO	#5 CUI	{2}4,574		3/14
9	39	Maika CUENCA	JR	#11 Academy of Art	4,572		3/29
4.0	41	Rowan CEBULSKI	SO	#9 Point Loma Naz	a 4,512		3/29
10							