



USTFCCCA NCAA Division II Outdoor Track & Field Regional TFRI Team Summary



WOMEN — 2025 Checkpoint #4, April 22

ATLANTIC			
Current	Team	Score	Last Week
1	Slippery Rock	642.77	1
2	Shippensburg	479.78	2
3	Winston-Salem State	449.16	3
4	Charleston (W.Va.)	393.02	4
5	Millersville	291.96	5
6	Claflin	278.28	6
7	Fayetteville State	265.48	8 ▲ 1
8	East Stroudsburg	263.03	7 ▼ 1
9	California (Pa.)	249.69	11 ▲ 2
10	Bloomsburg	246.06	13 ▲ 3
11	Point Park (Pa.)	238.22	9 ▼ 2
12	Davis and Elkins	225.61	10 ▼ 2
13	Kutztown	225.61	14 ▲ 1
14	Edinboro	215.48	12 ▼ 2
15	Lock Haven	197.34	16 ▲ 1

CENTRAL			
Current	Team	Score	Last Week
1	Pittsburg State	979.42	1
2	Minnesota State	787.95	2
3	U-Mary	523.65	3
4	Northwest Missouri	420.82	6 ▲ 2
5	Oklahoma Baptist	392.02	5
6	Washburn	370.23	4 ▼ 2
7	Missouri Southern	295.54	9 ▲ 2
8	Harding	274.69	7 ▼ 1
9	Ouachita Baptist	257.16	8 ▼ 1
10	Central Missouri	247.52	10
11	Neb.-Kearney	210.48	11
12	Sioux Falls	185.73	12
13	Minnesota Duluth	172.33	16 ▲ 3
14	Augustana (S.D.)	167.21	13 ▼ 1
15	Fort Hays State	140.91	15

EAST			
Current	Team	Score	Last Week
1	Southern Connecticut	949.45	1
2	Saint Anselm	486.66	3 ▲ 1
3	Roberts Wesleyan	448.92	5 ▲ 2
4	Southern New Hamps	424.61	4
5	Felician	414.39	2 ▼ 3
6	New Haven	404.17	6
7	UDC	335.10	8 ▲ 1
8	Adelphi	307.25	7 ▼ 1
9	Holy Family (Pa.)	291.86	9
10	Molloy	244.74	11 ▲ 1
11	Goldey-Beacom	207.76	13 ▲ 2
12	Wilmington (Del.)	203.76	10 ▼ 2
13	Assumption	197.87	12 ▼ 1
14	Jefferson (Pa.)	184.21	15 ▲ 1
15	Franklin Pierce	165.82	19 ▲ 4

MIDWEST			
Current	Team	Score	Last Week
1	Grand Valley State	1168.46	1
2	Ashland	674.96	2
3	Lewis	492.63	4 ▲ 1
4	Findlay	480.10	3 ▼ 1
5	Hillsdale	410.97	7 ▲ 2
6	Lincoln (Mo.)	354.06	5 ▼ 1
7	Southwest Baptist	315.85	6 ▼ 1
8	Tiffin	295.63	8
9	Northern Michigan	264.52	10 ▲ 1
10	Indianapolis	251.13	9 ▼ 1
11	UW-Parkside	213.71	11
12	Wayne State (Mich.)	190.83	12
13	Cedarville	163.26	13
14	Davenport (Mich.)	131.80	16 ▲ 2
15	Maryville (Mo.)	129.35	15

SOUTH			
Current	Team	Score	Last Week
1	Lee (Tenn.)	907.51	1
2	Alabama-Huntsville	777.50	2
3	Embry-Riddle (Fla.)	654.35	3
4	Tampa	480.47	4
5	Albany State (Ga.)	368.36	5
6	Mississippi College	367.21	6
7	Montevallo	316.78	8 ▲ 1
8	UPR Rio Piedras	298.35	7 ▼ 1
9	Clark Atlanta	285.53	9
10	Benedict	200.24	10
11	Tuskegee	191.27	11
12	Nova Southeastern	190.91	13 ▲ 1
13	Florida Southern	175.17	12 ▼ 1
14	West Alabama	144.95	15 ▲ 1
15	Shorter	143.03	16 ▲ 1

SOUTH CENTRAL			
Current	Team	Score	Last Week
1	West Texas A&M	911.49	1
2	Angelo State	642.35	2
3	Colo. School of Mines	570.47	4 ▲ 1
4	Adams State	546.87	6 ▲ 2
5	UC-Colorado Springs	510.59	3 ▼ 2
6	Texas A&M-Kingsville	450.93	5 ▼ 1
7	CSU Pueblo	373.46	8 ▲ 1
8	Colorado Mesa	329.87	7 ▼ 1
9	New Mexico Highland	287.95	10 ▲ 1
10	Lubbock Christian	267.85	9 ▼ 1
11	Western Colorado	265.06	12 ▲ 1
12	Eastern New Mexico	263.03	11 ▼ 1
13	UT Tyler	164.42	14 ▲ 1
14	Midwestern State	161.54	13 ▼ 1
15	Black Hills State	138.42	15

SOUTHEAST			
Current	Team	Score	Last Week
1	Wingate	1085.83	1
2	Mount Olive	682.53	2
3	Lenoir-Rhyne	643.99	3
4	Tusculum	410.63	4
5	Catawba	313.13	6 ▲ 1
6	Converse	300.03	5 ▼ 1
7	Anderson (S.C.)	288.92	7
8	Lincoln Memorial	281.30	8
9	Newberry	225.21	10 ▲ 1
10	Flagler	203.18	9 ▼ 1
11	Limestone	200.48	13 ▲ 2
12	Belmont Abbey	191.67	12
13	North Greenville	185.61	11 ▼ 2
14	Carson-Newman	150.17	14
15	UNC Pembroke	126.77	15

WEST			
Current	Team	Score	Last Week
1	Azusa Pacific	729.53	1
2	Western Washington	570.22	2
3	Cal Poly Pomona	441.73	4 ▲ 1
4	Fresno Pacific	430.99	3 ▼ 1
5	CUI	397.95	5
6	Chico State	389.65	7 ▲ 1
7	Central Washington	373.70	8 ▲ 1
8	Biola (Calif.)	370.86	6 ▼ 2
9	Point Loma Nazarene	296.00	9
10	Cal State San Bernard	274.42	10
11	Academy of Art	251.31	11
12	Stanislaus State	221.71	12
13	Cal State San Marcos	209.01	13
14	Western Oregon	183.77	16 ▲ 2
15	Seattle Pacific	157.76	17 ▲ 2