



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR #12 <i>Lenoir-Rhyne</i>	33.76	11.08	(0.3)	4/19/25	Aggie Invitational
2	Ashley BARRETT	JR #20 <i>New Mexico Highlands</i>	30.39	11.22	(1.9)	4/12/25	Jo Meaker Classic & Multi
3	Leah SMITH	SO #7 <i>Findlay</i>	28.10	11.25w	(3.8)	5/2/25	G-MAC Outdoor Championshi
4	E'lexis HOLLIS	SR #13 <i>Central Washington</i>	25.90	11.27w	(2.3)	3/29/25	Bobcat Invitational (Texas Sta
5	Laila CLEARE	JR #19 <i>U-Mary</i>	23.71	11.29w	(2.1)	4/27/25	U-Mary Senior Day Open
6	Hailey HUNT	SR #15 <i>Cal State San Bernard</i>	21.62	11.30	(-0.4)	5/2/25	CCAA Track & Field Champion
6	Nydia CHANCE	SO #10 <i>Fresno Pacific</i>	21.62	11.30	(0.0)	2/22/25	Sunbird Invitational
8	Diandrenique GAINES	SR #2 <i>Pittsburg State</i>	17.33	11.33w	(3.8)	4/17/25	Pittsburg State Tune-Up
9	Amari WEATHERFORD	SR #15 <i>Cal State San Bernard</i>	15.14	11.35w	(2.4)	5/8/25	APU Franson Last Chance
10	Deborah ACHEAMPONG	SO #3 <i>West Texas A&M</i>	13.05	11.36c	(11.33A) (2.	5/3/25	Lone Star Outdoor Champion
11	Jordan TAYLOR	FR #7 <i>Findlay</i> {2}	10.91	11.38w	(3.8)	5/2/25	G-MAC Outdoor Championshi
12	Jahzara HART	JR <i>Tusculum</i>	9.78	11.40w	(2.2)	4/5/25	Electric City Invitational
12	Josalyn BRANCH	SO <i>Augusta</i>	9.78	11.40w	(3.4)	4/29/25	Peach Belt Outdoor Champio
14	Brianna GREEN	SR #10 <i>Fresno Pacific</i> {2}	2.72	D 11.41	(1.9)	5/8/25	APU Franson Last Chance
15	Shavantae ROBERTS	JR <i>MSU Moorhead</i>	6.65	11.42w	(3.8)	5/10/25	NSIC Outdoor Championships
15	Tamia HORTON	JR <i>Sioux Falls</i>	6.65	11.42w	(2.5)	5/10/25	NSIC Outdoor Championships
15	Brianna BENLOSS	SO <i>Winston-Salem State</i>	6.65	11.42w	(3.9)	5/3/25	CIAA Outdoor Championships
18	Shantae GEORGE	SR #24 <i>Lincoln (Mo.)</i>	4.59	11.43	(1.7)	5/2/25	GLVC Outdoor Championships
19	Grizell SCARLETT	SO <i>Eastern New Mexico</i>	4.03	11.44	(1.1)	4/12/25	Jo Meaker Classic & Multi
20	Ta'Mijha NICHOLS	SO #25 <i>Washburn</i>	3.45	11.46w	(2.7)	5/4/25	MIAA Outdoor Championships
20	Adeyah BREWSTER	SR #4 <i>Minnesota State</i>	2.45	D 11.46	(1.6)	5/10/25	NSIC Outdoor Championships
20	Futura HARRIS	FR <i>Mount Olive</i>	3.45	11.46	(1.9)	5/9/25	Mount Olive Final Qualifier
23	Eseose OKODUWA	SR <i>Converse</i>	1.89	11.48	(2.0)	4/26/25	Conference Carolinas Outdoo
24	Aniya HECKSTALL	JR <i>Barton</i>	1.36	11.49	(-0.3)	5/8/25	Mount Olive First Chance
24	Jasmyn CRAWFORD	SR <i>CUI</i>	1.36	11.49w	(4.0)	5/8/25	APU Franson Last Chance
26	Michala DANIELS	JR <i>Embry-Riddle (Fla.)</i>	1.23	11.50w	(3.4)	4/29/25	Peach Belt Outdoor Champio
26	Nakhia MONTGOMERY	JR <i>Columbus State</i>	1.23	11.50w	(2.9)	4/29/25	Peach Belt Outdoor Champio
26	Gaby HORTON	JR <i>Colorado Mesa</i>	1.23	11.50c	(11.47A) (0.	4/4/25	Maverick Invitational
29	Yakubu BALIKIS	SR <i>West Alabama</i>	0.98	11.53	(1.3)	5/10/25	Lee University Last Chance
29	Sarai BROWN	JR <i>Maryville (Mo.)</i>	0.98	11.53w	(3.7)	3/29/25	SBU Bearcat Invitational
31	Nevaeh LEWIS	FR <i>Tiffin</i>	0.85	11.54w	(3.8)	5/2/25	G-MAC Outdoor Championshi
32	Sariyah COPELAND	SR #10 <i>Fresno Pacific</i> {3}	0.77	11.55w	(2.4)	5/8/25	APU Franson Last Chance
32	Emma CANNAN	JR <i>Simon Fraser</i>	0.77	11.55	(1.1)	5/10/25	GNAC Outdoor Championship
34	Summer SWARTWOUT	FR <i>Cedarville</i>	0.64	11.56w	(3.8)	5/2/25	G-MAC Outdoor Championshi
34	Trinity MILLER	SR #5 <i>Azusa Pacific</i>	0.64	11.56w	(2.8)	5/8/25	APU Franson Last Chance
36	Cadence CRAY	SO <i>Albany State (Ga.)</i>	0.51	11.57w	(3.0)	4/24/25	SIAC Outdoor Championships
37	Riley ALLEN	FR #10 <i>Fresno Pacific</i> {4}	0.43	11.58	(0.0)	2/22/25	Sunbird Invitational
38	Nellie WARTANIAN	FR <i>Western Colorado</i>	0.35	11.59	(0.6)	5/10/25	Air Force Twilight Open
38	Jayla KENNEDY	FR <i>Clark Atlanta</i>	0.35	11.59w	(3.0)	4/24/25	SIAC Outdoor Championships
40	Shenya O'CONNELL	SR <i>Embry-Riddle (Fla.)</i> {2}	0.27	11.60w	(2.9)	4/29/25	Peach Belt Outdoor Champio
40	Jamiya MORGAN	SR #2 <i>Pittsburg State</i> {2}	0.27	11.60w	(2.1)	4/17/25	Pittsburg State Tune-Up
40	Payton KNOWLES	FR <i>Clayton State</i>	0.27	11.60w	(3.4)	4/29/25	Peach Belt Outdoor Champio
40	Shanice COX	JR <i>Tusculum</i> {2}	0.27	11.60w	(2.4)	4/19/25	Aggie Invitational
44	Jaurdin MALLORY	SO <i>Northwest Missouri</i>	0.15	11.61w	(2.7)	5/4/25	MIAA Outdoor Championships
44	Brianna CHENEVEY	SO #18 <i>Ashland</i>	0.15	11.61w	(3.4)	3/30/25	Yellow Jacket Collegiate Open
44	Eleanor MINNING	JR <i>Hillsdale</i>	0.15	11.61w	(2.4)	4/18/25	Hillsdale Gina Relays
44	JaTerralyn HAMILTON	FR <i>Spring Hill (Ala.)</i>	0.15	11.61w	(3.7)	4/5/25	Doc Anderson Invitational
48	Campbell BARTA	FR <i>Northwest Missouri</i> {2}	0.05	11.62w	(2.4)	5/10/25	Loper Twilight
49	Lily PALACIO-LEWIS	SR <i>West Chester</i>	0.03	11.64w	(3.4)	5/10/25	PSAC Outdoor Championships
49	Tionce WALROND	SO #19 <i>U-Mary</i> {2}	0.03	11.64w	(3.8)	5/10/25	NSIC Outdoor Championships



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet
1	Grace JOHNSON	SR	#4 Minnesota State	33.82		13.11	(1.6)	4/19/25 Mt. SAC Relays
1	Adeyah BREWSTER	SR	#4 Minnesota State	33.82		13.11w	(2.2)	4/17/25 Beach Pacific Coast Invitation
3	Esther CONDE-TURPIN	JR	#5 Azusa Pacific	29.04		13.21w	(3.0)	5/8/25 APU Franson Last Chance
4	Charnessa REID	SR	Winston-Salem State	26.20		13.32w	(2.6)	4/19/25 Aggie Invitational
5	Aniya SEWARD	SR	#18 Ashland	23.94		13.36	(0.9)	5/2/25 G-MAC Outdoor Championshi
6	Patreece CLARKE	JR	#20 New Mexico Highlands	21.69		13.41c	(13.37A) (0.	4/27/25 RMAC Outdoor Championship
7	Ashanti HARVEY	JR	#4 Minnesota State {3}	19.38		13.47w	(2.6)	5/10/25 NSIC Outdoor Championships
8	Theresa GREEN-WHITE	JR	Tusculum	17.23		13.50	(1.1)	5/1/25 SAC Outdoor Championships
9	Brianna GREEN	SR	#10 Fresno Pacific	2.94	D	13.56	(-0.7)	4/18/25 Bryan Clay Invitational
10	Esaba OKWARAOI	SO	#4 Minnesota State {4}	12.89		13.57w	(3.0)	4/23/25 Gary Wilson Invitational
10	Kayvon NUBINE	FR	#2 Pittsburg State	12.89		13.57w	(2.2)	4/17/25 Pittsburg State Tune-Up
10	Aaliyannah ANDERSON	SO	#24 Lincoln (Mo.)	12.89		13.57w	(3.2)	5/2/25 GLVC Outdoor Championships
13	Noemie THIBAUD	FR	#4 Minnesota State {5}	8.79		13.59	(1.9)	5/10/25 NSIC Outdoor Championships
13	Blakelee WINN	SR	#2 Pittsburg State {2}	2.79	D	13.59w	(2.5)	5/4/25 MIAA Outdoor Championships
15	Neshara SMITH	JR	Cal Poly Pomona	6.53		13.65w	(2.1)	3/8/25 Beach Opener
16	Channie JEFFERSON	JR	Mount Olive	5.50		13.66w	(2.1)	3/29/25 Trojan Challenge
16	Ashyiria SAVAGE	JR	#11 Missouri Southern	5.50		13.66w	(2.2)	4/17/25 Pittsburg State Tune-Up
18	Caroline MAYES	JR	William Jewell	4.48		13.67w	(2.2)	4/17/25 Pittsburg State Tune-Up
19	Crystal WALKER	SR	Northern Michigan	3.96		13.68	(1.2)	5/2/25 GLIAC Outdoor Championship
20	Brooke BARKOCY	SR	#1 Grand Valley State	3.36		13.72w	(3.3)	4/26/25 GVSU Extra Weekend Meet
20	Ally HAMMOND	SR	#4 Minnesota State {6}	3.36		13.72w	(2.6)	5/10/25 NSIC Outdoor Championships
20	Maricia SPENCE	SR	#17 Angelo State	3.36		13.72cw	(13.68A) (2.	5/3/25 Lone Star Outdoor Champion
23	Kori MOORE	FR	Tusculum {2}	1.83		13.73	(1.1)	5/1/25 SAC Outdoor Championships
23	Isabelle PETERS	SR	#2 Pittsburg State {3}	1.83		13.73	(0.0)	5/10/25 Loper Twilight
25	Hannah CHANG	JR	Seattle Pacific	1.21		13.76	(1.7)	5/10/25 GNAC Outdoor Championship
25	Ellyse WOLFRATH	SR	Northern Michigan {2}	1.21		13.76	(0.7)	5/2/25 GLIAC Outdoor Championship
27	Obiageli AKUBUDE	SO	Claflin	1.09		13.77w	(2.6)	4/12/25 Gamecock Invitational
28	Kylie RAY	FR	#7 Findlay	1.01		13.78w	(2.3)	4/25/25 Hillsdale Outdoor Tune-Up
29	Aisha CARRINGTON	SR	Lincoln (Pa.)	0.89		13.81w	(2.3)	5/3/25 CIAA Outdoor Championships
29	Liv HEITE	SO	Alaska Anchorage	0.89		13.81	(0.7)	5/10/25 GNAC Outdoor Championship
31	Miranda LAUVSTAD	JR	#4 Minnesota State {7}	0.77		13.82w	(3.4)	4/26/25 Drake Relays
32	Emily SWANSON	SR	Sioux Falls	0.67		13.84w	(2.6)	5/10/25 NSIC Outdoor Championships
33	Bracie VAUGHN	JR	UT Tyler	0.59		13.85cw	(13.81A) (2.	5/3/25 Lone Star Outdoor Champion
34	An'Janae LATCHINSON	JR	Tuskegee	0.50		13.87	(0.5)	4/24/25 SIAC Outdoor Championships
35	Destini DORKINS	JR	#1 Grand Valley State {2}	0.45		13.91w	(2.3)	5/2/25 GLIAC Outdoor Championship
36	Eboselulu OMOFOMA	FR	Biola (Calif.)	0.40		13.92	(1.8)	4/17/25 Beach Pacific Coast Invitation
37	Odessa SMITH	SO	#18 Ashland {2}	0.35		13.94	(0.9)	5/2/25 G-MAC Outdoor Championshi
38	Jada KAMTHA	SO	New Haven	0.30		13.96w	(2.3)	5/11/25 New England (NEICAAA) Outd
39	Patrice MANSFIELD	JR	Southern Connecticut	0.28		14.00w	(2.3)	5/11/25 New England (NEICAAA) Outd
40	Gabrielle MAYE	SO	Johnson C. Smith	0.25		14.01w	(2.3)	5/3/25 CIAA Outdoor Championships
41	Aryah MOORE	FR	#11 Missouri Southern {2}	0.23		14.02w	(2.4)	5/4/25 MIAA Outdoor Championships
42	Valerie OLSON	SR	#23 Oklahoma Baptist	0.20		14.03	(0.9)	4/18/25 Bryan Clay Invitational
43	Dounia ROUTBI	JR	#21 Wingate	0.18		14.04	(1.1)	5/1/25 SAC Outdoor Championships
44	Liz LANNOM	FR	Lee (Tenn.)	0.15		14.08	(1.2)	5/3/25 GSC (Gulf South) Outdoor Cha
44	Santiona FREEMAN	SR	Benedict	0.15		14.08	(0.5)	4/24/25 SIAC Outdoor Championships
46	Diaman LEE	FR	#21 Wingate {2}	0.10		14.09w	(2.6)	5/1/25 SAC Outdoor Championships
46	Louisa KLASERNER	SR	Hillsdale	0.10		14.09w	(2.6)	5/9/25 Harrison Dillard Twilight
46	Devyn ERICKSEN	FR	Eastern New Mexico	0.10		14.09cw	(14.05A) (2.	5/3/25 Lone Star Outdoor Champion
46	Hoyane ESPER	JR	#21 Wingate {2}	0.10		14.09	(1.1)	5/1/25 SAC Outdoor Championships
46	Shura ERMAKOV	SR	Hillsdale	0.10		14.09	(2.0)	5/9/25 Harrison Dillard Twilight
46	Sasha LEE	SR	Shippensburg	0.10		14.09w	(2.6)	3/29/25 Dr. Jack M. Toms Alumni Invit



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NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR #12 Lenoir-Rhyne	33.81	22.67	(2.0)	3/29/25	Raleigh Relays
2	Collinique FARRINGTON	SR #14 Southwest Baptist	30.35	23.00w	(2.6)	3/29/25	SBU Bearcat Invitational
3	Diandrenique GAINES	SR #2 Pittsburg State	28.09	23.06	(0.5)	5/4/25	MIAA Outdoor Championships
4	Blessing AKINTOYE	SO #3 West Texas A&M	26.00	23.08w	(2.2)	4/12/25	Jo Meaker Classic & Multi
5	Jordan TAYLOR	FR #7 Findlay	23.36	23.23	(1.6)	5/2/25	G-MAC Outdoor Championshi
6	Amari WEATHERFORD	SR #15 Cal State San Bernard	21.31	23.24	(1.7)	5/2/25	CCAA Track & Field Champion
6	Deborah ACHEAMPONG	SO #3 West Texas A&M {2}	21.31	23.24w	(3.3)	3/22/25	West Texas Relays
8	Shantae GEORGE	SR #24 Lincoln (Mo.)	17.19	23.27	(1.5)	5/2/25	GLVC Outdoor Championships
9	Leah SMITH	SO #7 Findlay {2}	15.14	23.28	(1.6)	5/2/25	G-MAC Outdoor Championshi
10	Ashley BARRETT	JR #20 New Mexico Highlands	13.07	23.30c	(23.23A) (0.	4/27/25	RMAC Outdoor Championship
10	Hailey HUNT	SR #15 Cal State San Bernard	13.07	23.30	(1.7)	5/2/25	CCAA Track & Field Champion
12	Tionce WALROND	SO #19 U-Mary	10.04	23.31	(0.8)	3/27/25	Yellowjackets Open
13	Sariyah COPELAND	SR #10 Fresno Pacific	8.90	23.36	(-1.4)	5/8/25	APU Franson Last Chance
14	Sakena MASSIAH	SR #19 U-Mary {2}	7.87	23.37	(0.8)	3/27/25	Yellowjackets Open
15	Emma CANNAN	JR Simon Fraser	6.84	23.38	(0.9)	4/25/25	Pee Wee Halsell Invitational
15	Laila CLEARE	JR #19 U-Mary {3}	6.84	23.38w	(2.5)	4/27/25	U-Mary Senior Day Open
17	E'lexis HOLLIS	SR #13 Central Washington	5.26	23.41	(0.9)	4/25/25	Pee Wee Halsell Invitational
17	Stephanique DEAN	JR #14 Southwest Baptist {2}	5.26	23.41w	(2.6)	3/29/25	SBU Bearcat Invitational
19	Cadence CRAY	SO Albany State (Ga.)	4.20	23.43	(0.7)	4/24/25	SIAC Outdoor Championships
19	Jahzara HART	JR Tusculum	4.20	23.43w	(3.8)	4/19/25	Aggie Invitational
21	Peace NWALEHIA	FR #3 West Texas A&M {3}	3.12	23.46	(1.6)	4/12/25	Jo Meaker Classic & Multi
22	Jamiya MORGAN	SR #2 Pittsburg State {2}	2.48	23.51	(-0.8)	5/4/25	MIAA Outdoor Championships
23	Anna SALISBURY	SR Lubbock Christian	1.84	23.61w	(2.2)	4/12/25	Jo Meaker Classic & Multi
24	Cynai CHRISTOPHER	SR #22 Texas A&M-Kingsville	1.33	23.62w	(4.0)	3/22/25	UTSA Invitational
25	Yakubu BALIKIS	SR West Alabama	1.21	23.67	(1.1)	4/25/25	Mike McMillian Invite
25	Damyja ALEJANDRO-ORTI	JR #12 Lenoir-Rhyne {2}	1.21	23.67	(-0.5)	5/1/25	SAC Outdoor Championships
27	Futura HARRIS	FR Mount Olive	1.10	23.68w	(2.7)	3/22/25	Alan Connie Shamrock Invitati
28	Aniya HECKSTALL	JR Barton	1.02	23.70	(0.0)	5/8/25	Mount Olive First Chance
29	Grizell SCARLETT	SO Eastern New Mexico	0.94	23.72c	(23.65A) (1.	5/3/25	Lone Star Outdoor Champion
30	Asia FOSTER	FR #23 Oklahoma Baptist	0.86	23.74	(0.7)	5/2/25	Great American (GAC) Outdoo
31	Alexis WHITE	SR #15 Cal State San Bernard	0.80	23.75	(1.7)	5/2/25	CCAA Track & Field Champion
32	Faith WYMAN	SR #16 Lewis	0.72	23.77	(1.5)	5/2/25	GLVC Outdoor Championships
33	Summer SWARTWOUT	FR Cedarville	0.66	23.78c	(24.15) (0.4)	3/30/25	Yellow Jacket Collegiate Open
34	Jasmyn CRAWFORD	SR CUI	0.59	23.79	(-0.9)	5/8/25	APU Franson Last Chance
35	Hannah CAIOLA	JR Southern Connecticut	0.52	23.81w	(2.7)	5/11/25	New England (NEICAAA) Outd
35	Gaby HORTON	JR Colorado Mesa	0.52	23.81c	(23.74A) (1.	4/27/25	RMAC Outdoor Championship
37	Kacian POWELL	SO #20 New Mexico Highlands	0.40	23.82cw	(23.75A) (3.	4/27/25	RMAC Outdoor Championship
38	Grace OBOUR	JR #4 Minnesota State	0.34	23.83	(1.1)	4/12/25	Minnesota State Open
38	Nevaeh LEWIS	FR Tiffin	0.34	23.83	(1.8)	5/2/25	G-MAC Outdoor Championshi
40	Hannah HILL	SR North Greenville	0.28	23.84	(1.8)	4/26/25	Conference Carolinas Outdoo
41	Rasha BADRANI	JR Cal State San Marcos	0.24	23.85	(-0.3)	4/5/25	UCSD Triton Invitational
42	Trinity MILLER	SR #5 Azusa Pacific	0.20	23.89	(1.0)	4/5/25	UCSD Triton Invitational
42	Shanice COX	JR Tusculum {2}	0.20	23.89w	(2.7)	4/19/25	Aggie Invitational
44	Sarai BROWN	JR Maryville (Mo.)	0.15	23.91	(1.5)	5/2/25	GLVC Outdoor Championships
45	Dasia GILYARD	SR Albany State (Ga.) {2}	0.13	23.94	(0.7)	4/24/25	SIAC Outdoor Championships
46	Tayen WERNER	FR #19 U-Mary {4}	0.10	23.95w	(3.6)	5/10/25	NSIC Outdoor Championships
47	Brianna BENLOSS	SO Winston-Salem State	0.08	23.96	(1.8)	5/3/25	CIAA Outdoor Championships
47	Tiffany HUGHEY	SR Northwest Missouri	0.08	23.96	(1.5)	4/11/25	Mule Relays
49	Eleanor MINNING	JR Hillsdale	0.03	23.97	(0.6)	4/25/25	Hillsdale Outdoor Tune-Up
50	Brianna CHENEVEY	SO #18 Ashland	0.01	23.98	(-0.5)	4/5/25	Oliver Nikoloff Open
50	Sai BROOKINS-FLEMING	SO Central Oklahoma	0.01	23.98	(0.3)	5/11/25	WT Last Chance
50	Nydia CHANCE	SO #10 Fresno Pacific {2}	0.01	23.98	(1.6)	4/26/25	PacWest Track & Field Champi



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NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Peace NWAELEHIA	FR #3	West Texas A&M	32.71	52.22c (52.11A)	5/3/25 Lone Star Outdoor Champion
2	Hannah CAIOLA	JR	Southern Connecticut	30.43	52.36	4/19/25 UCONN Northeast Challenge
3	Anna SALISBURY	SR	Lubbock Christian	28.37	52.39c (52.28A)	5/3/25 Lone Star Outdoor Champion
4	Blessing AKINTOYE	SO #3	West Texas A&M {2}	26.31	52.42c (52.31A)	5/3/25 Lone Star Outdoor Champion
5	Tiffany HUGHEY	SR	Northwest Missouri	24.22	52.47	5/4/25 MIAA Outdoor Championships
6	Omolara OGUNMAKINJU	SO	Harding	21.87	52.65	5/9/25 Arkansas Twilight
7	Rasha BADRANI	JR	Cal State San Marcos	19.73	52.72	4/19/25 Mt. SAC Relays
8	Brianna GREEN	SR #10	Fresno Pacific	17.39	52.90	5/3/25 Fresno State Invitational
9	Collinique FARRINGTON	SR #14	Southwest Baptist	15.23	53.01	4/11/25 Mule Relays
10	Bec BENNETT	JR	Western Washington	13.10	53.11	5/10/25 GNAC Outdoor Championship
11	Kylie RAY	FR #7	Findlay	10.91	53.26	4/25/25 Hillsdale Outdoor Tune-Up
11	Kamaria CARR	SO	UT Tyler	10.91	53.26	5/9/25 Arkansas Twilight
13	Tetiana KHARASHCHUK	FR	Harding {2}	8.90	53.27	4/25/25 John McDonnell Invitational
14	Damyja ALEJANDRO-ORTI	JR #12	Lenoir-Rhyne	7.85	53.31	5/1/25 SAC Outdoor Championships
15	Shevanae THOMAS	SR #24	Lincoln (Mo.)	6.72	53.41	5/2/25 GLVC Outdoor Championships
16	Asia FOSTER	FR #23	Oklahoma Baptist	5.69	53.44	5/2/25 Great American (GAC) Outdoo
17	Alayna VERNER	SR #5	Azusa Pacific	5.18	53.45	5/8/25 APU Franson Last Chance
18	Melanie ROLAND	JR	Northwest Missouri {2}	4.56	53.64	5/9/25 Concordia (Neb.) Twilight Mee
19	Alexis WHITE	SR #15	Cal State San Bernard	3.99	53.75	5/2/25 CCAA Track & Field Champion
20	Chloe SAENZ	SR	Northwest Missouri {3}	3.49	53.76	5/4/25 MIAA Outdoor Championships
21	Sakena MASSIAH	SR #19	U-Mary	2.97	53.78	5/10/25 NSIC Outdoor Championships
22	Cynai CHRISTOPHER	SR #22	Texas A&M-Kingsville	2.46	53.80c (53.69A)	5/3/25 Lone Star Outdoor Champion
23	Kamani JOHNS	SR	Lincoln (Pa.)	1.91	53.89	5/3/25 CIAA Outdoor Championships
24	Kereser AUGUSTIN	JR #25	Washburn	1.34	54.00	5/9/25 Ward Haylett Invitational
25	Caliyah WALLACE	JR	Tiffin	1.24	54.08	5/7/25 Hillsdale College Last Chance
25	Oneika BRISSETT	FR #22	Texas A&M-Kingsville{2}	1.24	54.08	5/8/25 APU Franson Last Chance
27	Liana RODRIGUEZ	SR	Tiffin {2}	1.13	54.09	5/7/25 Hillsdale College Last Chance
27	Kennedy COOK	SO	Western Washington {2}	1.13	54.09	4/5/25 UCSD Triton Invitational
29	Ariana VERA	SR #10	Fresno Pacific {2}	0.92	54.27	5/8/25 APU Franson Last Chance
30	Elise HOPPER	JR #13	Central Washington	0.82	54.35	5/10/25 GNAC Outdoor Championship
31	Leah SMITH	SO #7	Findlay {2}	0.75	54.38	4/25/25 Hillsdale Outdoor Tune-Up
32	Robynn ROLLE-CURRY	SR #4	Minnesota State	0.66	54.45	4/19/25 Mt. SAC Relays
32	Alese SARTAIN	SR #6	Adams State	0.66	54.45c (54.34A)	4/27/25 RMAC Outdoor Championship
34	Britney BROWN	JR #24	Lincoln (Mo.) {2}	0.55	54.46	5/10/25 Loper Twilight
35	Sharonda PRIESTER	SO #12	Lenoir-Rhyne {2}	0.48	54.50	4/5/25 High Point VertKlasse Meeting
36	Kenahdi HASLIP	SO #10	Fresno Pacific {3}	0.42	54.51	4/26/25 PacWest Track & Field Champi
37	Addison WASHLER	SO #1	Grand Valley State	0.35	54.58	5/2/25 GLIAC Outdoor Championship
38	Tayen WERNER	FR #19	U-Mary {2}	0.30	54.65	4/6/25 Al Bortke Open
39	Jani DAY	JR #12	Lenoir-Rhyne {3}	0.28	54.67	5/1/25 SAC Outdoor Championships
40	Shaniya RANDOLPH	SO #10	Fresno Pacific {4}	0.25	54.69	4/26/25 PacWest Track & Field Champi
41	Brooke DALGITY	SR	Vanguard (Calif.)	0.23	54.71	4/12/25 Pomona-Pitzer Invitational
42	Berna ZUKINA	JR	Edinboro	0.20	54.77	5/10/25 PSAC Outdoor Championships
43	Treasure VALLERIE	SO	Central Oklahoma	0.18	54.78	4/26/25 Rock Chalk Classic
44	Lina HANICH	SR	Academy of Art	0.15	54.84	4/5/25 Stanford Invitational
45	Olivia COSBY	SO	Winston-Salem State	0.13	54.85	5/3/25 CIAA Outdoor Championships
46	Sai BROOKINS-FLEMING	SO	Central Oklahoma {2}	0.10	54.86	5/11/25 WT Last Chance
47	Jessica JAMES	JR	Cal Poly Pomona	0.08	54.92	3/22/25 Jim Bush Legends Invitational
48	Eryn BURKE	SR	Vanguard (Calif.) {2}	0.05	54.94	3/22/25 UC Riverside Spring Track Clas
49	Catherine GUCKENBERGEI	SO #1	Grand Valley State {2}	0.03	54.95	5/2/25 GLIAC Outdoor Championship
50	Lacey BOOZER	SR	Anderson (S.C.)	0.01	54.97	5/1/25 SAC Outdoor Championships



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Rasha BADRANI	JR	Cal State San Marcos	33.77	57.79	4/5/25 UCSD Triton Invitational
2	Brianna GREEN	SR	#10 Fresno Pacific	31.76	57.80	4/5/25 Stanford Invitational
3	Kylie RAY	FR	#7 Findlay	29.21	58.08	5/9/25 Len Paddock Open
4	Nathalia ROWE	SR	Albany State (Ga.)	25.88	58.83	5/3/25 UNF East Coast Relays
5	Olivia ALEXANDRE	SR	#5 Azusa Pacific	23.46	59.16	4/18/25 Bryan Clay Invitational
6	Victoria AMIADAMEN	SO	#6 Adams State	21.34	59.26c (59.15A)	5/3/25 CSU Pueblo Last Chance Invit
7	Avril MENDOZA	FR	#10 Fresno Pacific {2}	19.15	59.41	5/8/25 APU Franson Last Chance
8	Asana HAMIDU	JR	#3 West Texas A&M	17.05	59.49	4/12/25 Jo Meaker Classic & Multi
9	Allison COMER	SR	#8 Colo. School of Mines	15.04	59.50c (59.39A)	4/27/25 RMAC Outdoor Championship
10	Miranda LAUVSTAD	JR	#4 Minnesota State	2.98	D 59.55	4/17/25 Beach Pacific Coast Invitation
11	Mila REAL	SO	Stanislaus State	10.79	59.70	5/8/25 APU Franson Last Chance
12	Eboselulu OMOFOMA	FR	Biola (Calif.)	9.77	59.72	5/3/25 Steve Scott Invitational
13	Odeshia NANTON	SO	#24 Lincoln (Mo.)	8.74	59.74	5/2/25 GLVC Outdoor Championships
14	Haley BRENNY	SR	Seton Hill	7.66	59.81	5/10/25 PSAC Outdoor Championships
15	Morgan HERTZ	SR	#19 U-Mary	6.63	59.83	3/27/25 Yellowjackets Open
16	Shackelia GREEN	JR	#17 Angelo State	5.62	59.84c (59.73A)	5/3/25 Lone Star Outdoor Champion
17	Isabelle FLORES	SR	Belmont Abbey	5.11	59.85	5/11/25 Lenoir-Rhyne Last Chance & M
18	Keneisha THOMAS	SO	Wayne State (Mich.)	4.57	59.88	5/9/25 Len Paddock Open
19	Shevanae THOMAS	SR	#24 Lincoln (Mo.) {2}	4.01	59.93	5/2/25 GLVC Outdoor Championships
20	Abigael REID	SR	Emporia State	3.48	59.95	5/4/25 MIAA Outdoor Championships
21	Destini DORKINS	JR	#1 Grand Valley State	2.97	59.96	5/2/25 GLIAC Outdoor Championship
22	An'Janae LATCHINSON	JR	Tuskegee	2.43	59.99	4/5/25 Doc Anderson Invitational
22	Temitope ADENUGA	SO	#3 West Texas A&M {2}	2.43	59.99	5/11/25 WT Last Chance
24	Gabrielle MAYE	SO	Johnson C. Smith	1.42	---	5/3/25 CIAA Outdoor Championships
25	Carley HUBER	SR	#13 Central Washington	1.24	1:00.13	5/10/25 GNAC Outdoor Championship
26	Anjelena CARDER	FR	Northwest Missouri	1.16	1:00.17	5/10/25 Loper Twilight
27	Allie MURPHY	JR	Tampa	1.08	1:00.22	4/12/25 South Florida Invitational (out
28	Lisa RETAILLEAU	JR	Harding	1.03	1:00.23	4/25/25 John McDonnell Invitational
28	Natasha BERNETT	SR	Seton Hill {2}	1.03	1:00.23	5/9/25 Harrison Dillard Twilight
30	Deriyah LEE	SO	Central Oklahoma	0.90	1:00.27	5/11/25 WT Last Chance
31	Reba MADER	JR	Fort Hays State	0.82	1:00.33	5/10/25 Loper Twilight
32	Trell'Kyrah WATKINS	JR	Midwestern State	0.75	1:00.35	5/11/25 WT Last Chance
33	Jaedy COMMINS	SR	Northwest Missouri {2}	0.69	1:00.37	4/17/25 Cal State LA Twilight
34	Krissie SANDERS	SO	UC-Colorado Springs	0.62	1:00.41c (1:00.30A)	4/27/25 RMAC Outdoor Championship
35	Regan FEIT	SR	Winona State	0.54	1:00.46	5/10/25 NSIC Outdoor Championships
36	Sharonda PRIESTER	SO	#12 Lenoir-Rhyne	0.45	1:00.52	3/29/25 Raleigh Relays
37	Sarah MCGARRY	FR	Point Loma Nazarene	0.38	1:00.55	4/26/25 PacWest Track & Field Champi
38	Mary MCKEY	SR	#23 Oklahoma Baptist	0.33	1:00.56	5/2/25 Great American (GAC) Outdoo
39	Grace MILDICE	SR	UW-Parkside	0.28	1:00.60	5/2/25 GLIAC Outdoor Championship
39	Madison ROWE	JR	Southeastern Oklaho	0.28	1:00.60	5/2/25 Great American (GAC) Outdoo
41	Kendall TIETJEN	JR	Black Hills State	0.23	1:00.61	5/10/25 Loper Twilight
42	Hoyane ESPER	JR	#21 Wingate	0.20	1:00.65	4/12/25 Duke Invitational
43	Ahna LARSON	SR	Northern Michigan	0.18	1:01.04	5/2/25 GLIAC Outdoor Championship
44	Aani HARDESTY	SO	#8 Colo. School of Mines {2}	0.15	1:01.20c (1:01.09A)	4/27/25 RMAC Outdoor Championship
45	Dounia ROUTBI	JR	#21 Wingate {2}	0.13	1:01.22	3/29/25 Raleigh Relays
45	Liv HEITE	SO	Alaska Anchorage	0.13	1:01.22	5/10/25 GNAC Outdoor Championship
47	Jordyn BURKE	SR	Vanguard (Calif.)	0.08	1:01.27	3/22/25 UC Riverside Spring Track Clas
48	Macada MCDONALD	SO	Savannah State	0.05	1:01.28	4/24/25 SIAC Outdoor Championships
49	Zanri BLACK	FR	#7 Findlay {2}	0.03	1:01.51	5/7/25 Hillsdale College Last Chance
50	Kaylee PRICE	FR	#17 Angelo State {2}	0.01	1:01.56	4/17/25 Angelo State Invitational



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Abigail ABUGIRE	FR #3	West Texas A&M	33.23	2:03.26c	(2:03.73A)	5/3/25 Lone Star Outdoor Champion
2	Helen BRAYBROOK	SR #9	CSU Pueblo	31.07	2:03.45c	(2:04.11A)	3/29/25 Chuck Haering Classic
3	Lina HANICH	SR	Academy of Art	28.95	2:03.60		4/5/25 Stanford Invitational
4	Lieke HOOGSTEEEN	JR #6	Adams State	26.63	2:03.99		4/18/25 Bryan Clay Invitational
5	Elizabeth ACHESON	SR #19	U-Mary	23.82	2:05.07c	(2:05.74A)	3/29/25 Chuck Haering Classic
6	Leah KEISLER	JR #9	CSU Pueblo {2}	21.69	2:05.31c	(2:05.98A)	3/29/25 Chuck Haering Classic
7	Olivia ALEXANDRE	SR #5	Azusa Pacific	19.47	2:05.72		4/18/25 Bryan Clay Invitational
8	Jade AVANCE	JR #18	Ashland	17.47	2:05.73		5/2/25 G-MAC Outdoor Championshi
9	Nidhi SINGH	SR	Midwestern State	15.04	2:06.53c	(2:07.01A)	5/3/25 Lone Star Outdoor Champion
10	Megan POSTMA	FR #1	Grand Valley State	12.98	2:06.65		5/11/25 GVSU 10-Event Last Chance M
11	Ines MACADAM	SR	Tiffin	10.73	2:07.24		5/8/25 APU Franson Last Chance
12	Taylor ROTH	SO	Embry-Riddle (Fla.)	9.67	2:07.48		5/10/25 Lee University Last Chance
13	Shaneal CLARKE-GIDDING	SO #24	Lincoln (Mo.)	8.66	2:07.52		5/10/25 Loper Twilight
14	Jessica SIMON	SR #6	Adams State {2}	7.62	2:07.68		4/18/25 Bryan Clay Invitational
15	Lilly ALBERTS	JR #1	Grand Valley State {2}	6.60	2:07.76		4/18/25 Bryan Clay Invitational
16	Kate STRADER	SR #2	Pittsburg State	5.59	2:07.78		4/25/25 John McDonnell Invitational
17	Mia CABRERA	JR #21	Wingate	2.54	2:07.99		3/29/25 Raleigh Relays
18	Maggie WILLIAMS	JR	Biola (Calif.)	4.49	2:08.19		4/5/25 Stanford Invitational
19	Ellie FRYE	JR	Dallas Baptist	3.98	2:08.21c	(2:08.70A)	5/3/25 Lone Star Outdoor Champion
20	Alaysia BROOKS	SR	Ursuline	3.48	2:08.23		5/2/25 G-MAC Outdoor Championshi
21	Savannah SCHLEY	SR	Minnesota Duluth	2.89	2:08.57		5/10/25 NSIC Outdoor Championships
22	Jadyn BARNES	SO	Northwest Missouri	2.39	2:08.58		5/4/25 MIAA Outdoor Championships
23	Annie WILD	SO	Stanislaus State	1.84	2:08.76		4/18/25 Bryan Clay Invitational
24	Arisa HATCHER	JR	Cal Poly Pomona	1.33	2:08.80		4/5/25 Rafer Johnson/Jackie Joyner-
25	Jadyn HERRON	JR #9	CSU Pueblo {3}	1.27	2:08.82		4/18/25 Bryan Clay Invitational
26	Grace SOUTHERN	SR	Academy of Art {2}	1.21	2:08.86		4/18/25 Bryan Clay Invitational
27	Claire BRUENING	SR #2	Pittsburg State {2}	1.16	2:08.88		5/4/25 MIAA Outdoor Championships
28	Addison WASHLER	SO #1	Grand Valley State {3}	1.10	2:08.90		4/18/25 Bryan Clay Invitational
29	Lydia MCGLOCKLIN	JR	Northwest Missouri {2}	1.03	2:08.98		5/10/25 Loper Twilight
30	Taylor STONE	SR	Flagler	0.89	2:09.36		3/29/25 Raleigh Relays
31	Marie DEA	FR	Northwest Missouri {3}	0.83	2:09.38		5/4/25 MIAA Outdoor Championships
32	Jenna RODRIGUEZ	JR	Cal State East Bay	0.74	2:09.55		4/18/25 Bryan Clay Invitational
33	Reese DRAGOVICH	SR	Hillsdale	0.68	2:09.57		5/9/25 Harrison Dillard Twilight
34	Kendra KRUEGER	SO	Tampa	0.61	2:09.68		4/5/25 Embry-Riddle Running Eleme
35	Hope SIEVERT	SR #18	Ashland {2}	0.51	2:09.88		5/7/25 Hillsdale College Last Chance
36	Allegra TRINER	FR	Embry-Riddle (Fla.) {2}	0.40	2:10.15		5/10/25 Lee University Last Chance
37	Mia CROCKER	SR	Western Washington	0.35	2:10.17		4/25/25 Pee Wee Halsell Invitational
38	Evyn HUMPHREY	FR	Hillsdale {2}	0.30	2:10.30		4/12/25 Calvin Invite
39	Grace HAMPEL	JR	Alabama-Huntsville	0.28	2:10.41		4/12/25 Crimson Tide Invite
40	Kimberly MCKINNEY	SR #23	Oklahoma Baptist	0.25	2:10.50		5/9/25 Arkansas Twilight
41	Klaudia O'MALLEY	SR #1	Grand Valley State {4}	0.23	2:10.51		3/29/25 Raleigh Relays
42	Mattie WHIPPLE	FR #10	Fresno Pacific	0.20	2:10.58		4/18/25 Bryan Clay Invitational
43	Michaela ANDREWS	SR	Academy of Art {3}	0.18	2:10.61		4/5/25 Brutus Hamilton Invitational
44	Lily HARE	SR	Lee (Tenn.)	0.15	2:10.68		4/19/25 Georgia Tech Invitational
45	Addie MATHIS	SR	Truman	0.13	2:10.69		4/18/25 Bryan Clay Invitational
46	Brooke MILLER	JR	Colorado Mesa	0.10	2:10.83c	(2:11.53A)	3/29/25 Chuck Haering Classic
47	Lisa RETAILLEAU	JR	Harding	0.08	2:11.02		5/2/25 Great American (GAC) Outdoo
48	Natalie GRABER	SR #1	Grand Valley State {5}	0.05	2:11.18		3/29/25 Raleigh Relays
49	Estella CLEMONS	FR	Lee (Tenn.) {2}	0.03	2:11.23		4/19/25 Georgia Tech Invitational
50	Maggie NEAL	FR	Midwestern State {2}	0.01	2:11.26c	(2:11.76A)	5/3/25 Lone Star Outdoor Champion



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Ava O'CONNOR	SR	#6 Adams State	33.28		4:15.31	4/18/25 Bryan Clay Invitational
2	Helen BRAYBROOK	SR	#9 CSU Pueblo	31.09		4:15.75	4/18/25 Bryan Clay Invitational
3	Jadyn HERRON	JR	#9 CSU Pueblo {2}	28.38		4:17.40	4/18/25 Bryan Clay Invitational
4	Klaudia O'MALLEY	SR	#1 Grand Valley State	25.95		4:18.43	3/29/25 Raleigh Relays
5	Mia CABRERA	JR	#21 Wingate	23.78		4:18.83	4/18/25 Bryan Clay Invitational
6	Kate STRADER	SR	#2 Pittsburg State	21.60		4:19.24	5/9/25 Oregon Twilight
7	Annie WILD	SO	Stanislaus State	19.42		4:19.67	4/18/25 Bryan Clay Invitational
8	Grace STRONGMAN	JR	#8 Colo. School of Mines	17.24		4:20.15c (4:27.46A)	4/27/25 RMAC Outdoor Championship
9	Abigail ABUGIRE	FR	#3 West Texas A&M	15.12		4:20.57	4/18/25 Bryan Clay Invitational
10	Natalie GRABER	SR	#1 Grand Valley State {2}	13.03		4:20.92	3/29/25 Raleigh Relays
11	Maggie MCCLESKEY	JR	#6 Adams State {2}	11.00		4:21.02c (4:27.13A)	3/30/25 New Mexico Spring Invitationa
12	Taylor STONE	SR	Flagler	9.88		4:21.45	3/29/25 Raleigh Relays
13	Elena CAREY	SR	#6 Adams State {3}	8.83		4:21.63	4/18/25 Bryan Clay Invitational
14	Evie BROOKS	SO	#21 Wingate {2}	7.77		4:21.84	4/12/25 Duke Invitational
15	Vivian MARTINEZ	SO	Cal Poly Pomona	6.76		4:21.87	5/8/25 APU Franson Last Chance
16	Shannon KING	SR	Colorado Christian	5.73		4:21.97	4/18/25 Bryan Clay Invitational
17	Lieke HOOGSTEN	JR	#6 Adams State {4}	5.13		4:22.36c (4:27.59A)	4/4/25 Maverick Invitational
18	Jori PARADIS	SR	CUI	4.58		4:22.52	5/8/25 APU Franson Last Chance
19	Sarah KOOMSON	SO	#3 West Texas A&M {2}	4.02		4:22.73	4/18/25 Bryan Clay Invitational
20	Olivia ALEXANDRE	SR	#5 Azusa Pacific	2.52	D	4:22.75	5/8/25 APU Franson Last Chance
21	Claire RETHMAN	JR	Walsh	3.00		4:22.82	5/2/25 G-MAC Outdoor Championshi
22	Emily WALSH	SR	Cedarville	2.50		4:22.89	5/9/25 Billy Hayes Invitational
23	Evyn HUMPHREY	FR	Hillsdale	1.88		4:23.73	5/10/25 Portland Twilight
24	Brianna ROBLES	SR	#6 Adams State {5}	1.36		4:23.85c (4:30.02A)	3/30/25 New Mexico Spring Invitationa
25	Maria MITCHELL	JR	#1 Grand Valley State {3}	1.28		4:24.08	4/18/25 Bryan Clay Invitational
26	Paige MULLEN	SO	#2 Pittsburg State {2}	1.18		4:24.47	4/25/25 John McDonnell Invitational
27	Lily DOWDELL	SR	#18 Ashland	1.12		4:24.55	5/2/25 G-MAC Outdoor Championshi
28	Lily HARE	SR	Lee (Tenn.)	1.03		4:24.82	4/19/25 Georgia Tech Invitational
29	Estella CLEMONS	FR	Lee (Tenn.) {2}	0.97		4:24.92	5/10/25 Lee University Last Chance
30	Bethany MAPES	JR	Biola (Calif.)	0.90		4:25.04	5/8/25 APU Franson Last Chance
31	Eliette CHAPUT	JR	#3 West Texas A&M {3}	0.83		4:25.15	4/18/25 Bryan Clay Invitational
32	Fiona HAWKINS	SR	#6 Adams State {6}	0.75		4:25.40	4/18/25 Bryan Clay Invitational
33	Claire BRUENING	SR	#2 Pittsburg State {3}	0.67		4:25.66	5/4/25 MIAA Outdoor Championships
34	Addie MATHIS	SR	Truman	0.58		4:25.93	5/9/25 Arkansas Twilight
35	Ines MACADAM	SR	Tiffin	0.51		4:26.10	4/18/25 Bryan Clay Invitational
36	Katie HUGHES	JR	#6 Adams State {7}	0.44		4:26.23c (4:31.54A)	4/4/25 Maverick Invitational
37	Kalkidan VINCEDEAU	SR	#3 West Texas A&M {4}	0.35		4:26.69	4/18/25 Bryan Clay Invitational
38	Lina HANICH	SR	Academy of Art	0.30		4:27.00	3/22/25 Hornet Invitational
39	Anna KOZAK	SR	#16 Lewis	0.28		4:27.08	4/18/25 Bryan Clay Invitational
39	Kassidy STUCKEY	FR	Neb.-Kearney	0.28		4:27.08	5/8/25 APU Franson Last Chance
41	Grace SOUTHERN	SR	Academy of Art {2}	0.23		4:27.85	4/18/25 Bryan Clay Invitational
42	Emma KJELSEN	JR	Western Colorado	0.20		4:28.60	4/18/25 Bryan Clay Invitational
43	Camille RENO	SR	#9 CSU Pueblo {3}	0.18		4:28.63	4/18/25 Bryan Clay Invitational
44	Margot THOMAS	SR	#9 CSU Pueblo {4}	0.15		4:28.71	4/18/25 Bryan Clay Invitational
45	Beth SYKES	JR	Charleston (W.Va.)	0.13		4:28.88	4/18/25 Bryan Clay Invitational
46	Johanna EBERT	FR	UW-Parkside	0.10		4:28.98	4/18/25 Bryan Clay Invitational
47	Lesli SALAS	SO	Dallas Baptist	0.08		4:29.14	4/18/25 Bryan Clay Invitational
48	Lydia MCGLOCKLIN	JR	Northwest Missouri	0.05		4:29.47	5/4/25 MIAA Outdoor Championships
49	Karissa PICARD	SR	Saginaw Valley State	0.03		4:29.63	5/10/25 St. Francis Fighting Chance In
50	Cadence CORDOVA	SO	Rogers State	0.01		4:29.74	4/18/25 Bryan Clay Invitational



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Ava O'CONNOR	SR	#6 Adams State	36.06	9:46.22	4/18/25 Bryan Clay Invitational
2	Eliette CHAPUT	JR	#3 West Texas A&M	31.20	10:06.00	4/18/25 Bryan Clay Invitational
3	Maria MITCHELL	JR	#1 Grand Valley State	28.24	10:12.92	4/18/25 Bryan Clay Invitational
4	Firdaouss HRICHE	FR	#21 Wingate	25.91	10:15.27	5/4/25 Duke Twilight
5	Anna IGIMS	SR	Slippery Rock	23.66	10:17.13	4/26/25 129th Penn Relays
6	Allison BEASLEY	JR	Western Colorado	21.45	10:18.68	4/18/25 Bryan Clay Invitational
7	Emily LAMENA	FR	#8 Colo. School of Mines	19.40	10:19.09c (10:39.03A)	4/27/25 RMAC Outdoor Championship
8	Sira BO	JR	#21 Wingate {2}	17.32	10:19.91	5/4/25 Duke Twilight
9	Mary EDWARDS	SO	#16 Lewis	15.25	10:20.77	4/18/25 Bryan Clay Invitational
10	Ila DAVIS	SR	Western Washington	13.23	10:20.91	4/5/25 Stanford Invitational
11	Thailiya CHRISTENSEN	SR	Wayne State (Mich.)	10.72	10:27.15	5/9/25 Harrison Dillard Twilight
12	Emily SCHOELLKOPF	SR	#6 Adams State {2}	9.71	10:27.46	4/18/25 Bryan Clay Invitational
13	Maya EWING	JR	Seattle Pacific	8.70	10:27.61	4/18/25 Bryan Clay Invitational
14	Margot THOMAS	SR	#9 CSU Pueblo	7.67	10:28.37	4/18/25 Bryan Clay Invitational
15	Margaux BASART	JR	#8 Colo. School of Mines {2}	6.65	10:28.71	4/5/25 Stanford Invitational
16	Jessica KAMPMAN	SR	#5 Azusa Pacific	5.52	10:31.78	4/18/25 Bryan Clay Invitational
17	Ella BARYO	SR	Davenport (Mich.)	5.00	10:32.07	5/10/25 St. Francis Fighting Chance In
18	Camille RENOU	SR	#9 CSU Pueblo {2}	4.50	10:32.10c (10:47.48A)	5/3/25 CSU Pueblo Last Chance Invit
19	Eve WEBER	SR	#25 Washburn	4.00	10:32.21	5/9/25 Ward Haylett Invitational
20	Haley HARKRIDER	SO	#6 Adams State {3}	3.48	10:32.51	4/18/25 Bryan Clay Invitational
21	Rachel RICHTMAN	SR	UC-Colorado Springs	2.97	10:32.78c (10:53.16A)	4/27/25 RMAC Outdoor Championship
22	Kate NACTIGAL	JR	Ouachita Baptist	2.39	10:34.66	4/18/25 Bryan Clay Invitational
23	Johanna EBERT	FR	UW-Parkside	1.85	10:35.45	4/18/25 Bryan Clay Invitational
24	Katherine RAY	SR	Wayne State (Mich.) {2}	1.28	10:37.28	5/9/25 Harrison Dillard Twilight
25	Shannon KING	SR	Colorado Christian	1.21	10:37.61	4/18/25 Bryan Clay Invitational
26	Ashley REECK	JR	Western Washington {2}	1.04	10:40.46	4/18/25 Bryan Clay Invitational
27	Emily MCBRIDE	SR	Augusta	0.99	10:40.50	5/8/25 APU Franson Last Chance
28	Kimberly MORAN	SR	Southern Connecticut	0.90	10:41.45	4/19/25 UCONN Northeast Challenge
29	Whitney FARRELL	JR	Ferris State	0.81	10:42.34	4/26/25 GVSU Extra Weekend Meet
30	Jayda NIX	SO	Western Colorado {2}	0.76	10:42.41	4/18/25 Bryan Clay Invitational
31	Elena CAREY	SR	#6 Adams State {4}	0.70	10:42.46	5/8/25 APU Franson Last Chance
32	Marissa DICK	SR	#2 Pittsburg State	0.64	10:42.82	4/18/25 Bryan Clay Invitational
33	Brynn HIRSCHFELD	JR	Neb.-Kearney	0.55	10:44.96	4/26/25 Drake Relays
34	Haley WOOD	SR	Western Colorado {3}	0.50	10:45.30	4/18/25 ULV Leopard Invitational
35	Ashlyn ILIFF	SR	Lee (Tenn.)	0.45	10:46.72	4/19/25 Georgia Tech Invitational
36	Ella VOIT	FR	Winona State	0.40	10:46.99	4/26/25 Drake Relays
37	Audrey BRUNKEN	SO	UC-Colorado Springs {2}	0.35	10:48.74	5/8/25 APU Franson Last Chance
38	Elise KNIGHT	JR	Ouachita Baptist {2}	0.30	10:49.18	4/18/25 Bryan Clay Invitational
39	Miranda PALACIOS	FR	Cal Poly Pomona	0.28	10:51.31	3/8/25 Beach Opener
40	Olivia WEIDER	JR	Lubbock Christian	0.25	10:51.98c (11:03.54A)	5/3/25 Lone Star Outdoor Champion
41	Aubrey HAYES	JR	Cedarville	0.23	10:52.66	4/12/25 Fast Break Athletics Invitation
42	Josie PARKS	JR	Harding	0.20	10:52.71	3/29/25 Texas Relays
43	Elie BASSETT	JR	Western Washington {3}	0.18	10:53.69	4/5/25 Mike Fanelli Track Classic
44	Mary BROWN	SR	#17 Angelo State	0.15	10:54.00c (11:05.60A)	5/3/25 Lone Star Outdoor Champion
45	Marie GARET	FR	#6 Adams State {5}	0.13	10:54.18c (11:15.25A)	4/27/25 RMAC Outdoor Championship
46	Madison MATZEK	JR	#4 Minnesota State	0.10	10:54.72	4/26/25 Drake Relays
47	Jaina KANG	FR	Biola (Calif.)	0.08	10:54.84	4/5/25 Mike Fanelli Track Classic
48	Brooke MOSS	JR	UC-Colorado Springs {3}	0.05	10:54.91c (11:16.00A)	4/27/25 RMAC Outdoor Championship
49	Daisy SALINAS	SR	SF State	0.03	10:55.33	4/5/25 Mike Fanelli Track Classic
50	Megan GARRETT	SO	#6 Adams State {6}	0.01	10:57.19	4/18/25 ULV Leopard Invitational



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Klaudia O'MALLEY	SR	#1 Grand Valley State	33.45		15:42.43	4/18/25 Bryan Clay Invitational
2	Jenna RAMSEY-RUTLEDGE	SR	#8 Colo. School of Mines	30.80		15:48.74	4/18/25 Bryan Clay Invitational
3	Ava O'CONNOR	SR	#6 Adams State	4.70	D	15:49.65	5/8/25 APU Franson Last Chance
4	Brianna ROBLES	SR	#6 Adams State {2}	26.18		15:54.76	4/18/25 Bryan Clay Invitational
5	Annika ESVELT	SR	Seattle Pacific	23.96		15:56.94	4/5/25 Stanford Invitational
6	Natalie GRABER	SR	#1 Grand Valley State {2}	21.85		15:57.95	4/18/25 Bryan Clay Invitational
7	Tristian SPENCE	SO	#6 Adams State {3}	19.77		15:58.75	4/18/25 Bryan Clay Invitational
8	Maggie MCCLESKEY	JR	#6 Adams State {4}	17.53		16:02.12	4/18/25 Bryan Clay Invitational
9	Emily SCHOELLKOPF	SR	#6 Adams State {5}	15.06		16:09.13	4/18/25 Bryan Clay Invitational
10	Kalkidan VINCEDEAU	SR	#3 West Texas A&M	13.05		16:09.29	4/18/25 Bryan Clay Invitational
11	Hannah SMRCKA	SR	#16 Lewis	11.04		16:09.42	4/18/25 Bryan Clay Invitational
12	Mia CABRERA	JR	#21 Wingate	9.92		16:11.22	4/18/25 Bryan Clay Invitational
13	Paige MULLEN	SO	#2 Pittsburg State	8.89		16:11.62	3/28/25 Washington (Mo.) Distance Ca
14	Sarah KOOMSON	SO	#3 West Texas A&M {2}	7.69		16:17.42	3/29/25 Raleigh Relays
15	Della MOLINA	SO	Chico State	6.69		16:17.53	4/18/25 Bryan Clay Invitational
16	Naomi ADDO	FR	#3 West Texas A&M {3}	5.61		16:20.01	3/29/25 Raleigh Relays
17	Elizabeth WAMSLEY	SR	Hillsdale	5.09		16:20.46	5/9/25 Harrison Dillard Twilight
18	Iresh MOLINA	SO	Chico State {2}	4.57		16:21.15	4/18/25 Bryan Clay Invitational
19	Anna FAUSKE	SR	UC-Colorado Springs	4.06		16:21.36c (16:47.05A)	3/29/25 Chuck Haering Classic
20	Lily DOWDELL	SR	#18 Ashland	3.54		16:22.03	5/10/25 St. Francis Fighting Chance In
21	Elise LEVEEL	SR	#3 West Texas A&M {4}	2.95		16:24.89	4/18/25 Bryan Clay Invitational
22	Katie HUGHES	JR	#6 Adams State {6}	2.42		16:25.63	4/18/25 Bryan Clay Invitational
23	Maddie MILLER	JR	Illinois-Springfield	1.85		16:27.78	4/18/25 Bryan Clay Invitational
24	Lesli SALAS	SO	Dallas Baptist	1.32		16:28.72	4/18/25 Bryan Clay Invitational
25	Bethany MAPES	JR	Biola (Calif.)	1.24		16:29.80	4/18/25 Bryan Clay Invitational
26	Evie BROOKS	SO	#21 Wingate {2}	1.18		16:29.85	4/18/25 Bryan Clay Invitational
27	Allie ARNSMAN	SO	#1 Grand Valley State {3}	1.08		16:31.51	4/18/25 Bryan Clay Invitational
28	Allison BEASLEY	JR	Western Colorado	1.00		16:32.33	4/18/25 Bryan Clay Invitational
29	Ana Patricia CAMPOS	SR	Lee (Tenn.)	0.76		16:38.37	5/10/25 Lee University Last Chance
30	Sarah MAY	SR	#16 Lewis {2}	0.71		16:38.41	5/10/25 St. Francis Fighting Chance In
31	Anna IGIMS	SR	Slippery Rock	0.65		16:38.85	4/14/25 Bison Outdoor Classic
32	Allison KUZMA	FR	Hillsdale {2}	0.60		16:40.09	3/29/25 Texas Relays
33	Lauren WILLSON	SO	Western Colorado {2}	0.55		16:41.39	4/18/25 Bryan Clay Invitational
34	Ella BAKKEN	SR	Augustana (S.D.)	0.50		16:41.44	3/28/25 Washington (Mo.) Distance Ca
35	Alexis HERR	JR	#8 Colo. School of Mines {2}	0.45		16:42.08	4/5/25 Mike Fanelli Track Classic
36	Jessica KAMPMAN	SR	#5 Azusa Pacific	0.40		16:43.15	3/21/25 Bob Larsen Distance Carnival
37	Sophia STRANGE	SR	#23 Oklahoma Baptist	0.35		16:43.44	4/18/25 Bryan Clay Invitational
38	Grace BURRELL	JR	#21 Wingate {3}	0.30		16:43.93	4/18/25 Bryan Clay Invitational
39	Callen NASH	SO	#8 Colo. School of Mines {3}	0.28		16:44.41	4/5/25 Mike Fanelli Track Classic
40	Madeline REEVES	JR	Point Loma Nazarene	0.25		16:44.46	3/22/25 Aztec Invitational
41	Abbi STEINER	SO	UW-Parkside	0.23		16:44.58	3/28/25 Washington (Mo.) Distance Ca
42	Gretchen SLATTUM	SR	Western Colorado {3}	0.20		16:46.60	4/18/25 Bryan Clay Invitational
43	Naylah ALLEN	SR	#16 Lewis {3}	0.18		16:46.99	4/18/25 Bryan Clay Invitational
44	Anastasia TUCKER	SR	#1 Grand Valley State {4}	0.15		16:47.21	5/10/25 St. Francis Fighting Chance In
45	Alyssa BECKER	SR	#19 U-Mary	0.13		16:48.94c (17:15.35A)	3/29/25 Chuck Haering Classic
46	Maria MITCHELL	JR	#1 Grand Valley State {5}	0.10		16:49.08	5/2/25 GLIAC Outdoor Championship
47	Margot THOMAS	SR	#9 CSU Pueblo	0.08		16:49.55c (17:15.98A)	3/29/25 Chuck Haering Classic
48	Vivian MARTINEZ	SO	Cal Poly Pomona	0.05		16:49.73	4/19/25 Mt. SAC Relays
49	Precious ROBINSON	SR	#6 Adams State {7}	0.03		16:52.09	4/18/25 Bryan Clay Invitational
50	Hannah GIBSON	SO	#2 Pittsburg State {2}	0.01		16:52.18	3/28/25 Washington (Mo.) Distance Ca



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#8 Colo. School of Mines	35.04	32:31.16	3/29/25 Sound Running: "The Ten"
2	Brianna ROBLES	SR	#6 Adams State	32.20	32:50.18	4/5/25 Stanford Invitational
3	Anna FAUSKE	SR	UC-Colorado Springs	28.81	33:22.66	4/5/25 Stanford Invitational
4	Annika ESVELT	SR	Seattle Pacific	26.32	33:34.30	4/18/25 Bryan Clay Invitational
5	Hannah SMRCKA	SR	#16 Lewis	24.14	33:38.71	3/28/25 Washington (Mo.) Distance Ca
6	Iresh MOLINA	SO	Chico State	21.25	34:08.97	4/5/25 Stanford Invitational
7	Della MOLINA	SO	Chico State {2}	19.22	34:09.93	4/5/25 Stanford Invitational
8	Naomi ADDO	FR	#3 West Texas A&M	17.13	34:13.37	4/18/25 Bryan Clay Invitational
9	Paige MULLEN	SO	#2 Pittsburg State	14.89	34:22.37	4/18/25 Bryan Clay Invitational
10	Ana Patricia CAMPOS	SR	Lee (Tenn.)	12.80	34:25.64	3/29/25 Raleigh Relays
11	Madeline REEVES	JR	Point Loma Nazarene	10.72	34:28.75	4/5/25 Stanford Invitational
12	Maddie MILLER	JR	Illinois-Springfield	9.70	34:29.52	3/28/25 Washington (Mo.) Distance Ca
13	Hannah GIBSON	SO	#2 Pittsburg State {2}	8.60	34:33.04	4/18/25 Bryan Clay Invitational
14	Sophia STRANGE	SR	#23 Oklahoma Baptist	7.58	34:33.68	3/28/25 Washington (Mo.) Distance Ca
15	Allison KUZMA	FR	Hillsdale	6.54	34:36.69	5/2/25 G-MAC Outdoor Championshi
16	Anastasia TUCKER	SR	#1 Grand Valley State	5.52	34:37.77	4/18/25 Bryan Clay Invitational
17	Elise LEVEEL	SR	#3 West Texas A&M {2}	4.93	34:45.06	3/29/25 Raleigh Relays
18	Emily DIERCKS	JR	Fort Hays State	4.41	34:46.53	5/8/25 APU Franson Last Chance
19	Madison CLAY	JR	Catawba	3.85	34:51.05	4/18/25 Wake Forest Invitational
20	Reagan JUSTICE	SR	Wayne State (Mich.)	3.34	34:52.00	3/28/25 Washington (Mo.) Distance Ca
21	Andrijana FUNDIAK	SR	#19 U-Mary	2.82	34:53.08	4/18/25 Bryan Clay Invitational
22	Ella BAKKEN	SR	Augustana (S.D.)	2.30	34:54.34	4/26/25 Drake Relays
23	Laila ABOUZAIID	SR	#21 Wingate	1.79	34:55.28	4/18/25 Bryan Clay Invitational
24	Shaelyn HOSTAGER	SR	Minnesota Duluth	1.27	34:56.62	4/26/25 Drake Relays
25	Katie HUGHES	JR	#6 Adams State {2}	1.22	34:56.93c (36:08.29A)	4/25/25 Don Kirby Twilight
26	Lynette RUIZ	SR	Biola (Calif.)	1.16	34:57.53	4/5/25 Stanford Invitational
27	Abigail VANDERKOOI	SO	#1 Grand Valley State {2}	1.11	34:57.56	4/18/25 Bryan Clay Invitational
28	Alliyah MOLINA	JR	Fort Lewis	1.06	34:57.96c (36:24.11A)	4/27/25 RMAC Outdoor Championship
29	Sylvia BROWN	SR	Black Hills State	0.93	35:03.93	4/18/25 Bryan Clay Invitational
30	Kseniya NIKANOROV	JR	UC-Colorado Springs {2}	0.87	35:04.96c (36:31.39A)	4/27/25 RMAC Outdoor Championship
31	Julie LAFARE	JR	#3 West Texas A&M {3}	0.81	35:05.29	4/18/25 Bryan Clay Invitational
32	Callen NASH	SO	#8 Colo. School of Mines {2}	0.73	35:07.57c (36:34.11A)	4/12/25 Kit Mayer Memorial Classic
33	Naylah ALLEN	SR	#16 Lewis {2}	0.68	35:07.60	3/28/25 Washington (Mo.) Distance Ca
34	Maggie O'MALLEY	JR	#1 Grand Valley State {3}	0.50	35:20.38	4/18/25 Bryan Clay Invitational
35	Precious ROBINSON	SR	#6 Adams State {3}	0.45	35:24.60c (36:36.91A)	4/25/25 Don Kirby Twilight
36	Campbell CALDWELL	JR	Tampa	0.40	35:25.31	3/28/25 Washington (Mo.) Distance Ca
37	Annika SANDMAN	FR	#1 Grand Valley State {4}	0.35	35:33.42	4/18/25 Bryan Clay Invitational
38	Ivanova YANES	JR	#22 Texas A&M-Kingsville	0.30	35:36.02	4/18/25 Bryan Clay Invitational
39	Madilyn CALLOWAY	JR	#16 Lewis {3}	0.28	35:42.47	3/28/25 Washington (Mo.) Distance Ca
40	Lorna RAE PIERCE	FR	#2 Pittsburg State {3}	0.25	35:43.37	5/4/25 MIAA Outdoor Championships
41	Josephine BOBER	SR	#16 Lewis {4}	0.23	35:45.64	3/28/25 Washington (Mo.) Distance Ca
42	Marissa BRUNO	SO	MSU Denver	0.20	35:47.14c (37:15.31A)	4/27/25 RMAC Outdoor Championship
43	Madison EBRIGHT	JR	#1 Grand Valley State {5}	0.18	35:47.28	5/2/25 GLIAC Outdoor Championship
44	Ruthie HUGHES	JR	Slippery Rock	0.15	35:48.09	4/14/25 Bison Outdoor Classic
45	Kelsi HART	FR	Cal State San Marcos	0.13	35:49.82	3/8/25 Oxy Distance Carnival and Spr
46	Savannah ACKLEY	SR	Cedarville	0.10	35:50.12	4/12/25 Fast Break Athletics Invitation
47	Sarah RENBERG	JR	#9 CSU Pueblo	0.08	35:50.13c (37:18.42A)	4/27/25 RMAC Outdoor Championship
48	Katie KRUEGER	SR	Lee (Tenn.) {2}	0.05	35:50.76	4/12/25 Fast Break Athletics Invitation
49	Skylar GRUBB	SR	Northern Michigan	0.03	35:52.42	5/2/25 GLIAC Outdoor Championship
50	Katie BYRD	SR	Rogers State	0.01	35:59.57	5/4/25 MIAA Outdoor Championships



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Rujeko Munetsi, Ashley Barrett, Kacian Powell, Patreece Clarke	#20 New Mexico Highlands	33.44	44.33c	(44.21A)	4/27/25 RMAC Outdoor Championship
2	Riley Allen, Brianna Green, Sariah Copeland, Shaniya Randolph	#10 Fresno Pacific	31.12	44.42		5/8/25 APU Franson Last Chance
3	Taylor Ivory, Leah Smith, Kylie RAY, Jordan Taylor	#7 Findlay	29.09	44.43		4/25/25 Hillsdale Outdoor Tune-Up
4	Alexandra Ackerman, Hailey Hunt, Alexis White, Amari Weatherford	#15 Cal State San Bernard	26.49	44.60		5/8/25 APU Franson Last Chance
5	Kayvon Nubine, Diandrenique Gaines, Jamiya Morgan, Blakelee Winn	#2 Pittsburg State	24.31	44.65		4/25/25 John McDonnell Invitational
6	Zanetta Udo-Obong, Damya Alejandro-ortiz, Molly McGrath, Alexis Brown	#12 Lenoir-Rhyne	22.03	44.73		5/1/25 SAC Outdoor Championships
7	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#3 West Texas A&M	19.65	44.84		4/12/25 Jo Meaker Classic & Multi
8	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse	#25 Washburn	17.55	44.87		5/4/25 MIAA Outdoor Championships
9	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	Tusculum	15.49	44.89		4/19/25 Aggie Invitational
10	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#14 Southwest Baptist	13.23	45.00		3/29/25 SBU Bearcat Invitational
11	Tionce Walrond, Sakena Massiah, Kelescia Downes, Laila Cleare	#19 U-Mary	11.05	45.08		4/27/25 U-Mary Senior Day Open
12	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#13 Central Washington	10.03	45.09		4/11/25 Whitworth Jeffrahn Classic
13	Catherine Guckenberger, Taylor Kyle, Claire Neumann, Alaina Diaz	#1 Grand Valley State	8.96	45.12		5/11/25 GVSU 10-Event Last Chance M
13	Denita Jackson, Shantae George, Aaliyannah Anderson, Shevanae Thomas	#24 Lincoln (Mo.)	8.96	45.12		5/2/25 GLVC Outdoor Championships
15	Serenity Burnett-Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	Colorado Mesa	6.59	45.28c	(45.16A)	4/27/25 RMAC Outdoor Championship
16	Chloe Saenz, Jaurdin Mallory, Kyah Luhning, Campbell Barta	Northwest Missouri	5.55	45.30		5/4/25 MIAA Outdoor Championships
17	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#5 Azusa Pacific	5.02	45.31		4/18/25 Bryan Clay Invitational
18	Nevaeh White, Caliyah Wallace, Liana Rodriguez, Nevaeh Lewis	Tiffin	4.43	45.38		5/2/25 G-MAC Outdoor Championshi
19	Onii Bivens, Efemena Egberi, Mallory Witherspoon, Skylar Southern	Catawba	3.84	45.46		5/1/25 SAC Outdoor Championships
19	#Type!	Mount Olive	3.84	45.46		5/11/25 Lenoir-Rhyne Last Chance & M



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

21	Adeyah Brewster, Miranda Lauvstad, Ally Hammond, Norah D'almeida	#4 Minnesota State	2.78	45.51		4/26/25 Drake Relays
22	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush	#17 Angelo State	2.22	45.56c	(45.44A)	5/3/25 Lone Star Outdoor Champion
23	Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	Albany State (Ga.)	1.68	45.60		4/12/25 Alice Coachman Invitational
24	Deja Hines, Summer Sutherlin, Jadlyn Debardlabon, Jordyn Dortch	Alabama-Huntsville	1.16	45.62		4/12/25 Crimson Tide Invite
25	Odessa Smith, Brianna Chenevey, Greta Barker, Hailey Rios	#18 Ashland	0.95	45.76		4/5/25 Oliver Nikoloff Open
26	Valerie Olson, Asia Foster, Delaney Riekert, Olivia Tate	#23 Oklahoma Baptist	0.90	45.85		4/12/25 Arkansas Spring Invitational
27	Samira Stevenson, Jessica James, Ta'Ahjah Fann, Hannah Luster	Cal Poly Pomona	0.85	45.86		5/2/25 CCAA Track & Field Champion
28	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	CUI	0.80	45.89		4/5/25 UCSD Triton Invitational
29	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	Eastern New Mexico	0.75	45.90		4/12/25 Jo Meaker Classic & Multi
30	Danaya Kinnard, Zane Bullock, Madissyn Moore, Victoria Farinas	UC-Colorado Springs	0.70	45.93		4/12/25 Jo Meaker Classic & Multi
31	Makayla Myers, Sarai Brown, Chloe Davis, Lorena Alonso	Maryville (Mo.)	0.65	45.94		4/11/25 Mule Relays
32	#Type!	West Virginia State	0.60	45.96		4/29/25 Mountain East Outdoor Cham
33	Erica McClary, Keiarra Tutt, Aniya Heckstall, Angel Agyeman	Barton	0.55	45.97		5/9/25 Mount Olive Final Qualifier
34	Catalla Jones, Avery Wilson, Elyse Miller, Rachel Overgaard	Wayne State (Mich.)	0.50	46.17		4/25/25 Hillsdale Outdoor Tune-Up
35	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	Lubbock Christian	0.45	46.20		4/12/25 Jo Meaker Classic & Multi
36	Liz Johnson, Nellie Wartanian, Jada Hynds, Gabi Huggins	Western Colorado	0.40	46.22c	(46.10A)	4/27/25 RMAC Outdoor Championship
37	#Type!	Limestone	0.35	46.24		4/5/25 Electric City Invitational
38	Dardielle Exantus, Kisha Francois, Avery Winters, Hannah Caiola	Southern Connecticut	0.30	46.26		5/3/25 Northeast-10 Outdoor Champi
39	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	Slippery Rock	0.28	46.30		5/10/25 PSAC Outdoor Championships
40	Jennifer Noutsougan, Nyanas Kur, Kylee Sallee, Lily Juhnke	Augustana (S.D.)	0.25	46.33		4/26/25 Drake Relays
41	D'Jior Delisser, Deja Harris, Lakay-Sha Clarke, Jada Kamtha	New Haven	0.23	46.40		5/3/25 Northeast-10 Outdoor Champi



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

41	Annabelle Heiman, Caitlyr Cheney, Hannah Polkinghorn, Kennedy Cook	Western Washington	0.23	46.40	4/25/25 Pee Wee Halsell Invitational
43	Rebecca Cravedi, Faith Wyman, Kaitlyn Hutchinson, Denise Hernandez	#16 Lewis	0.18	46.43	4/26/25 Fighting Illini Twilight
43	Emily Meeks, Brooklynn Holtman, Marissa Austene, Kylee Terry	Central Missouri	0.18	46.43	5/4/25 MIAA Outdoor Championships
45	Kamille Cunningham, Jermyra Bethel, Madison Griffin, Eseose Okoduwa	Converse	0.13	46.45	4/26/25 Conference Carolinas Outdoo
46	Morgan Graham, Jayla Kennedy, Anniyah Williams, Shynique McGee	Clark Atlanta	0.10	46.50	4/24/25 SIAC Outdoor Championships
47	Corinne Thorpe, Karissa Nixon, Trell'Kyrh Watkins, Hailee Janzen	Midwestern State	0.08	46.55	4/26/25 Joe Gillespie Invitational
48	Justyce Moses, Hayat Abdeselam, Lara Castano, Margaux Shelton	#21 Wingate	0.05	46.59	5/1/25 SAC Outdoor Championships
48	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	Vanguard (Calif.)	0.05	46.59	3/22/25 UC Riverside Spring Track Clas
50	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	Winston-Salem State	0.01	46.60	3/29/25 Livingstone Blue Bear Invitati



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Ariana Vera, Shaniya Randolph, Kenahdi Haslip, Sariyah Copeland	#10 Fresno Pacific	33.06	3:36.82	5/3/25 Fresno State Invitational
2	Vitiana Robert, Oneika Brissett, Sakara Wade, Cynai Christopher	#22 Texas A&M-Kingsville	30.96	3:36.94	5/8/25 APU Franson Last Chance
3	Kylie RAY, Taylor Ivory, Jordan Taylor, Leah Smith	#7 Findlay	28.85	3:37.08	4/19/25 Virginia Challenge
4	Chloe Saenz, Jady Barnes, Melanie Roland, Tiffany Hughey	Northwest Missouri	26.76	3:37.19	4/18/25 Bryan Clay Invitational
5	#Type!	#12 Lenoir-Rhyne	24.53	3:37.47	5/11/25 Lenoir-Rhyne Last Chance & M
6	Shaneal Clarke-Giddings, Shevanae Thomas, Britney Brown, Odeshia Nanton	#24 Lincoln (Mo.)	22.20	3:37.88	4/26/25 Rock Chalk Classic
7	Trinity Miller, Olivia Alexandre, Kiayra Holmes, Alayna Verner	#5 Azusa Pacific	20.08	3:38.03	5/8/25 APU Franson Last Chance
8	Delaney Riekert, Valerie Olson, Mary McKey, Asia Foster	#23 Oklahoma Baptist	17.93	3:38.22	4/18/25 Bryan Clay Invitational
9	Stephanique Dean, Collinique Farrington, Brianna Lord, Laura Dixon	#14 Southwest Baptist	15.28	3:39.04	3/29/25 SBU Bearcat Invitational
10	Asana Hamidu, Peace Nwaelehia, Abigail Abugire, Blessing Akintoye	#3 West Texas A&M	13.21	3:39.12	3/29/25 Texas Relays
11	Coryssa Hope, Hailey Hunt, Amari Weatherford, Alexis White	#15 Cal State San Bernard	11.13	3:39.22	4/19/25 Mt. SAC Relays
12	Alese Sartain, Jessica Simon, Isila Apkup, Lieke Hoogsteen	#6 Adams State	9.92	3:39.59c (3:39.15A)	4/27/25 RMAC Outdoor Championship
13	Tayen Werner, Kelescia Downes, Tionce Walrond, Sakena Massiah	#19 U-Mary	8.82	3:39.79	4/18/25 Bryan Clay Invitational
14	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#1 Grand Valley State	7.81	3:39.80	4/12/25 We Fly Challenge
15	Omolara Ogunmakinju, Leila Ngapout, Lisa Retaillieu, Tetiana Kharashchuk	Harding	6.77	3:39.87	5/9/25 Arkansas Twilight
16	Brianna Chenevey, Olivia Saylor, Mia Gardner, Jade Avance	#18 Ashland	5.68	3:40.05	5/2/25 G-MAC Outdoor Championshi
17	Annabelle Heiman, Bec Bennett, Caitlyn Cheney, Kennedy Cook	Western Washington	5.10	3:40.20	4/26/25 Ralph Vernacchia Invitational
18	Robynn Rolle-Curry, Miranda Lauvstad, Brianna Shroyer, Grace Obour	#4 Minnesota State	4.60	3:40.21	4/19/25 Mt. SAC Relays
19	Diandrenique Gaines, Blakelee Winn, Kinleigh Hall, Jamiya Morgan	#2 Pittsburg State	4.06	3:40.28	4/25/25 John McDonnell Invitational
20	Cassandra Uribe, Caliyah Wallace, Nevaeh Lewis, Liana Rodriguez	Tiffin	3.15	3:41.68	4/24/25 Walsh Tune-Up at Mount Unio
21	Daijion Lee, Asheika Smith, Simone Kelly, Olivia Cosby	Winston-Salem State	2.59	3:41.92	4/19/25 Aggie Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

22	Elizabeth Florez, Joy Egwu Anne-Lie Waite, Anna Salisbury	Lubbock Christian	2.01	3:42.24	3/29/25 Bobcat Invitational (Texas Sta
23	Summer Sutherland, Aniya Johnson, Grace Hampel, Jordyn Dortch	Alabama-Huntsville	1.50	3:43.36	4/19/25 Georgia Tech Invitational
24	Kaylee James, Isabella Kupka, Naiuri Krein, Kereser Augustin	#25 Washburn	1.00	3:43.48	5/4/25 MIAA Outdoor Championships
25	Kylee Terry, Emily Meeks, Brooklynn Holtman, Anayla Waters	Central Missouri	0.95	3:43.57	5/4/25 MIAA Outdoor Championships
26	Megan Charley, Eryn Burki Elizabeth Betten, Brooke Dalgity	Vanguard (Calif.)	0.90	3:43.80	4/26/25 PacWest Track & Field Champi
27	Nathalia Rowe, Dasia Gilyard, Cadence Cray, Zenay Rhaney	Albany State (Ga.)	0.85	3:44.05	4/24/25 SIAC Outdoor Championships
28	Jessie Heath, Trell'Kyras Watkins, Maggie Neal, Nidhi Singh	Midwestern State	0.80	3:44.47	3/29/25 Texas Relays
29	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush	#17 Angelo State	0.75	3:44.83c (3:44.39A)	5/3/25 Lone Star Outdoor Champion
30	Shura Ermakov, Francesca Federici, Reese Dragovich, Josee Behling	Hillsdale	0.70	3:45.00	5/9/25 Harrison Dillard Twilight
31	Ashlyn Nielsen, Carley Huber, Donna Marie Harris, Elise Hopper	#13 Central Washington	0.65	3:45.23	5/10/25 GNAC Outdoor Championship
32	Milan Snell, Jillian Sydnor, Aubrey Sydnor, Shelby Derkosh	Millersville	0.60	3:45.94	5/10/25 PSAC Outdoor Championships
33	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	#21 Wingate	0.55	3:45.98	5/1/25 SAC Outdoor Championships
34	Avery Winters, Kisha Francois, Dardielle Exantus, Hannah Caiola	Southern Connecticut	0.50	3:46.23	5/11/25 New England (NEICAAA) Outd
35	Kori Moore, Alonda Shelton, Tashianna Gray, McKenzie Morton	Tusculum	0.45	3:46.40	5/1/25 SAC Outdoor Championships
36	Sydney White, Liz Lannom Jydia Faucette, Maddox Mayfield	Lee (Tenn.)	0.40	3:46.45	5/10/25 Lee University Last Chance
37	Rujeko Munetsi, Kacian Powell, Amoya Jameison, Ashley Barrett	#20 New Mexico Highlands	0.35	3:46.55c (3:46.11A)	4/27/25 RMAC Outdoor Championship
38	Avery Wilson, Elyse Miller, Rena Kutcha, Makenzie Wellner	Wayne State (Mich.)	0.30	3:46.74	5/2/25 GLIAC Outdoor Championship
39	Kerrigan Huynh, Treasure Vallerie, Genevieve Young, Deriyah Lee	Central Oklahoma	0.28	3:46.87	5/4/25 MIAA Outdoor Championships
40	Janise Everett, Gabrielle Dunich, Leah Keisler, Helen Braybrook	#9 CSU Pueblo	0.25	3:47.20c (3:46.76A)	4/27/25 RMAC Outdoor Championship
41	Giovana Pelascini, Porshe Eismann, Ruby Bishop, Riley Norris	CUI	0.23	3:47.31	5/3/25 Steve Scott Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

42	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	Academy of Art	0.20	3:47.36	3/22/25	Hornet Invitational
43	Jonnica Fuller, Obiageli Akubude, Brea Childs, Faith Jones	Claflin	0.18	3:47.58	5/3/25	CIAA Outdoor Championships
44	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	Cal Poly Pomona	0.15	3:47.61	3/22/25	Jim Bush Legends Invitational
44	Letsi Burgos, Onii Bivens, Skylar Southern, Efemena Egberi	Catawba	0.15	3:47.61	5/1/25	SAC Outdoor Championships
46	Joey Babel, Anna Woolsey Angie Rojas, Laynie White	Ouachita Baptist	0.10	3:47.81	4/12/25	Carl Kight Invitational
47	Leannah	FR Lincoln (Pa.)	0.08	3:49.00	4/26/25	129th Penn Relays
48	Gianna Sturdivant, Layla Robertson, Haley Brenny, Nemani Moon	Seton Hill	0.05	3:49.27	5/10/25	PSAC Outdoor Championships
49	Abigael Reid, Barbara Bentum, Isabel Vikoler, Mason Bina	Emporia State	0.03	3:49.37	5/4/25	MIAA Outdoor Championships
50	#Type!	West Virginia State	0.01	3:49.50	4/29/25	Mountain East Outdoor Cham



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Rachel WILSON	JR #2 Pittsburg State	35.72		1.85m 6-¾ 5/4/25	MIAA Outdoor Championships
2	C'aira CARTER	SR Tiffin	30.90		1.79m 5-10½ 5/11/25	GVSU 10-Event Last Chance M
2	Emy NTEKPERE	SO #13 Central Washington	30.90		1.79m 5-10½ 3/29/25	Bobcat Invitational (Texas Sta
4	Jamora HORACE	JR #23 Oklahoma Baptist	25.98		1.77m 5-9¾ 3/29/25	Oklahoma Baptist Invitational
5	Haleigh HADLEY	SR #2 Pittsburg State {2}	23.35		1.75m 5-8¾ 4/12/25	Arkansas Spring Invitational
5	Noemie THIBAUD	FR #4 Minnesota State	23.35		1.75m 5-8¾ 4/26/25	Drake Relays
7	Madison ALEGRIA	SR #22 Texas A&M-Kingsville	19.03		1.74m 5-8½ 3/29/25	Trinity (Texas) Invitational
7	Eliana SAUNDERS	SR #5 Azusa Pacific	19.03		1.74m 5-8½ 3/22/25	Jim Bush Legends Invitational
7	Shannon HARNETT	FR East Stroudsburg	19.03		1.74m 5-8½ 5/10/25	PSAC Outdoor Championships
10	Luisa FISCHER	SR #5 Azusa Pacific {2}	2.71	D	1.73m 5-8 4/11/25	Bryan Clay Invitational [Combi
10	Nykole MESHEW	SO Western Colorado	12.71		1.73m 5-8 4/27/25	RMAC Outdoor Championship
10	Bryn GREENWALDT	JR Augustana (S.D.)	12.71		1.73m 5-8 5/10/25	NSIC Outdoor Championships
10	Brianna LEE	FR California (Pa.)	12.71		1.73m 5-8 4/26/25	Paul Kaiser Classic
10	Haila LEAKE	FR #2 Pittsburg State {3}	12.71		1.73m 5-8 5/10/25	Loper Twilight
10	Karmen KUROWICKA	SO #16 Lewis	12.71		1.73m 5-8 5/2/25	GLVC Outdoor Championships
10	Nouhayla ERRAHILI	SR #5 Azusa Pacific {2}	12.71		1.73m 5-8 5/8/25	APU Franson Last Chance
10	Kaylee DIAMOND	SR #1 Grand Valley State	12.71		1.73m 5-8 4/19/25	Al Owens Classic
10	Porschia BENNETT	FR East Stroudsburg {2}	12.71		1.73m 5-8 4/14/25	Bison Outdoor Classic
10	Liezl THERON	SR Lee (Tenn.)	12.71		1.73m 5-8 5/3/25	GSC (Gulf South) Outdoor Cha
10	Afaf BENHADJA	SO #22 Texas A&M-Kingsville{2}	12.71		1.73m 5-8 5/8/25	APU Franson Last Chance
21	Abby WHEELER	JR #18 Ashland	2.93		1.72m 5-7¾ 4/5/25	Oliver Nikoloff Open
21	Kiera BLANKINSHIP	SR Harding	2.93		1.72m 5-7¾ 5/2/25	Great American (GAC) Outdoo
21	Abriel THRASH	SO Southern Nazarene	2.93		1.72m 5-7¾ 4/17/25	Pittsburg State Tune-Up
24	Telma KRISTJANSSON	FR CUI	1.27		1.71m 5-7¼ 4/18/25	ULV Leopard Invitational
24	Cierra PARKER	FR Concord	1.27		1.71m 5-7¼ 3/22/25	49er Classic
26	Heidi NEWHOUSE	FR #1 Grand Valley State {2}	1.01		1.70m 5-7 5/11/25	GVSU 10-Event Last Chance M
26	Ashley CRIDLEBAUGH	SR #4 Minnesota State {2}	1.01		1.70m 5-7 5/10/25	NSIC Outdoor Championships
26	Cadence TANNER	SO Concordia-St. Paul	1.01		1.70m 5-7 5/10/25	NSIC Outdoor Championships
26	Tasia SADLER	FR Neb.-Kearney	1.01		1.70m 5-7 5/4/25	MIAA Outdoor Championships
26	Esther CONDE-TURPIN	JR #5 Azusa Pacific {4}	1.01		1.70m 5-7 4/11/25	Bryan Clay Invitational [Combi
26	Madison RAMOS	JR #22 Texas A&M-Kingsville{3}	1.01		1.70m 5-7 3/22/25	UTSA Invitational
26	Domanique KNOWLES	SR Fayetteville State	1.01		1.70m 5-7 5/3/25	CIAA Outdoor Championships
26	Kora COOK	SO Western Washington	1.01		1.70m 5-7 3/1/25	Ed Boitano Invitational
26	Laila AHMED	FR Oklahoma Christian	1.01		1.70m 5-7 3/29/25	Oklahoma Baptist Invitational
35	Amarianna LOFTON	JR Central State	0.45		1.69m 5-6½ 5/9/25	Harrison Dillard Twilight
35	Amber WALKER	FR Sonoma State	0.45		1.69m 5-6½ 5/2/25	CCAA Track & Field Champion
37	Lillian WASHINGTON	JR #4 Minnesota State {3}	0.35		1.68m 5-6 4/30/25	Maverick Open #1
37	Nailah TAYLOR	SO UW-Parkside	0.35		1.68m 5-6 4/18/25	Bryan Clay Invitational
37	Assiya ELHAFYAN	SO #21 Wingate	0.35		1.68m 5-6 5/1/25	SAC Outdoor Championships
37	Brianna RUSSELL	JR Neb.-Kearney {2}	0.35		1.68m 5-6 4/19/25	UNK Loper Invitational
37	Zania RUFFIN	FR #5 Azusa Pacific {5}	0.35		1.68m 5-6 4/18/25	Bryan Clay Invitational
37	Dunya VAN DEN TOOREN	FR Point Park (Pa.)	0.35		1.68m 5-6 4/29/25	Mountain East Outdoor Cham
37	Allie GOETZ	FR Chico State	0.35		1.68m 5-6 4/19/25	Beach Invitational
37	Lilyana DELAGARZA	SO UC-Colorado Springs	0.35		1.68m 5-6 4/12/25	Jo Meaker Classic & Multi
37	Christine SLEETER	SO Southwest Minnesota	0.35		1.68m 5-6 4/30/25	Maverick Open #1
46	Rojrika CABBELL	SO #20 New Mexico Highlands	0.10		1.67m 5-5¾ 4/27/25	RMAC Outdoor Championship
46	Samantha BRETZ	SR Western Colorado {2}	0.10		1.67m 5-5¾ 4/4/25	Maverick Invitational
46	Kylie PADEN	JR #17 Angelo State	0.10		1.67m 5-5¾ 4/12/25	Cactus Cup
46	Olivia SOLIS	SR #4 Minnesota State {4}	0.10		1.67m 5-5¾ 4/18/25	Maverick Invitational
46	Dani MINSAAS	SO Sioux Falls	0.10		1.67m 5-5¾ 5/10/25	NSIC Outdoor Championships
46	Ashley HUME	SR #5 Azusa Pacific {6}	0.10		1.67m 5-5¾ 4/11/25	Bryan Clay Invitational [Combi
46	Bryn MCNAIR	FR Regis (Colo.)	0.10		1.67m 5-5¾ 4/27/25	RMAC Outdoor Championship
46	Miya KOCH	SR Northwest Nazarene	0.10		1.67m 5-5¾ 3/15/25	Nighthawks Opener
46	Viktoriia ERMOLAEVA	SO #4 Minnesota State {4}	0.10		1.67m 5-5¾ 3/28/25	Emporia State Relays



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Brynn KING	SR	Roberts Wesleyan	37.60	4.75m	15-7	3/29/25	Texas Relays	
2	Kristen LELAND		#1 Grand Valley State	32.15	4.45m	14-7¼	5/11/25	GVSU 10-Event Last Chance M	
3	Brooke BOWERS	FR	#1 Grand Valley State {2}	28.42	4.30m	14-1¼	4/12/25	South Florida Invitational (out	
4	Annabeth BAALMANN	JR	Fort Hays State	26.19	4.28m	14-½	5/4/25	MIAA Outdoor Championships	
5	Isabelle PETERS	SR	#2 Pittsburg State	23.96	4.26m	13-11¾	4/25/25	John McDonnell Invitational	
5	Kyla DAVIS	SR	#2 Pittsburg State	23.96	4.26m	13-11¾	4/25/25	John McDonnell Invitational	
7	Isabel DEMARCO DE QUADROS	FR	#25 Washburn	19.48	4.20m	13-9¼	4/19/25	Beach Invitational	
8	Sarah FERGUSON	SO	Roberts Wesleyan {2}	17.32	4.18m	13-8½	4/26/25	Cardinal Classic (St. John Fish	
9	Tara TOWNSEND	JR	Hillsdale	14.92	4.12m	13-6¼	5/7/25	Hillsdale College Last Chance	
10	Colleen STEINMETZ	FR	#7 Findlay	12.84	4.10m	13-5¼	4/19/25	Virginia Challenge	
11	Cannon BOOKER	FR	#2 Pittsburg State {3}	10.72	4.07m	13-4¼	3/28/25	Emporia State Relays	
12	Lauryn MCGOUGH	SO	#13 Central Washington	9.64	4.05m	13-3½	3/29/25	Bobcat Invitational (Texas Sta	
13	Dale THOMPSON	SR	#8 Colo. School of Mines	8.56	4.03mA	13-2½	4/18/25	Mines Midweek #2	
14	Peyton PROFFITT	SO	Ohio Dominican	7.48	4.01m	13-1¾	5/2/25	G-MAC Outdoor Championshi	
15	Abby HOBBS	JR	#11 Missouri Southern	6.36	3.98m	13-¾	5/9/25	Concordia (Neb.) Twilight Mee	
16	Brynn DEPINET	JR	Lee (Tenn.)	5.32	3.97m	13-¼	4/20/25	Mountain Laurel Invitational	
16	Brynlee KEERAN	JR	#16 Lewis	5.32	3.97m	13-¼	4/26/25	Fighting Illini Twilight	
18	Kylie PADEN	JR	#17 Angelo State	4.28	3.96m	12-11¾	3/8/25	Blue & Gold Battle	
18	Karis KRAF	FR	Roberts Wesleyan {3}	4.28	3.96m	12-11¾	5/1/25	East Coast Outdoor Champion	
18	Isabelle CARREON	SR	Cal Poly Pomona	4.28	3.96m	12-11¾	5/11/25	Very Last, Last Chance Meet	
21	Kaylee JACKSON	SR	Hillsdale {2}	2.74	3.95m	12-11½	4/12/25	Calvin Invite	
21	Elvira COLLVIN	FR	#4 Minnesota State	2.74	3.95m	12-11½	4/30/25	Maverick Open #1	
23	Sarah MASUOKA	SR	#18 Ashland	1.70	3.94m	12-11	4/19/25	Otterbein Twilight	
24	Brooke PETERSON	JR	UC-Colorado Springs	1.16	3.93mA	12-10¾	4/18/25	Mines Midweek #2	
25	Cadence SANSOM	JR	Harding	0.99	3.90m	12-9½	5/9/25	Arkansas Twilight	
25	Janey RUBIO	SO	Chico State	0.99	3.90m	12-9½	5/2/25	CCAA Track & Field Champion	
27	Mackenzie VANBIBBER	JR	Indianapolis	0.85	3.88m	12-8¾	5/2/25	GLVC Outdoor Championships	
27	Quincey TURNER	FR	#2 Pittsburg State {4}	0.85	3.88m	12-8¾	5/4/25	MIAA Outdoor Championships	
27	McKenna COMSTOCK	SR	Sioux Falls	0.85	3.88m	12-8¾	5/2/25	Maverick Open #2	
30	Mia MANLEY	JR	Emporia State	0.70	3.87m	12-8¼	3/28/25	Emporia State Relays	
30	Reagan HOUSLEY	SO	#25 Washburn {2}	0.70	3.87m	12-8¼	3/28/25	Emporia State Relays	
32	Tru BUDDENBERG	SO	#7 Findlay {2}	0.60	3.86m	12-8	5/2/25	G-MAC Outdoor Championshi	
32	Sophia SCHNEIDER	JR	Cedarville	0.60	3.86m	12-8	5/2/25	G-MAC Outdoor Championshi	
34	Allison TAYLOR	JR	Slippery Rock	0.50	3.85m	12-7½	5/2/25	SRU Last Chance Meet	
34	Alexandrea ROBERTSON	FR	Roberts Wesleyan {4}	0.50	3.85m	12-7½	4/26/25	Cardinal Classic (St. John Fish	
36	Emma HOBBS	JR	#11 Missouri Southern {2}	0.40	3.82m	12-6¼	5/10/25	Loper Twilight	
37	Karyna VEHNER	JR	Harding {2}	0.35	3.80m	12-5½	3/8/25	Harding Invitational	
37	Sydney MOHLMAN	SO	Western Washington	0.35	3.80m	12-5½	4/25/25	Pee Wee Halsell Invitational	
39	Peyton YOSHIDA	SR	Point Loma Nazarene	0.28	3.79m	12-5¼	4/26/25	PacWest Track & Field Champi	
39	Danielle GOULD	SO	Point Loma Nazarene	0.28	3.79m	12-5¼	4/26/25	PacWest Track & Field Champi	
39	Avery MARSHALL	FR	Anderson (S.C.)	0.28	3.79m	12-5¼	4/5/25	Electric City Invitational	
39	Brianne CAMARENA	SR	Point Loma Nazarene	0.28	3.79m	12-5¼	4/26/25	PacWest Track & Field Champi	
43	Katie CLIFFORD	SR	Hillsdale {3}	0.18	3.78m	12-4¾	3/29/25	Trinity (Texas) Invitational	
44	Coral SHIVOK	SO	Bloomsburg	0.15	3.77m	12-4½	5/10/25	PSAC Outdoor Championships	
44	Megan MALECKI	SR	Millersville	0.15	3.77m	12-4½	5/10/25	PSAC Outdoor Championships	
46	Raegan MILLER	JR	Alabama-Huntsville	0.10	3.75m	12-3½	3/29/25	UAB Spring Time Invite	
47	Keala MCCURRY	SR	Wheeling	0.08	3.74m	12-3¼	4/19/25	Otterbein Twilight	
48	Makayla MILES	FR	#4 Minnesota State {2}	0.05	3.73m	12-2¾	5/2/25	Maverick Open #2	
48	Alexus SALAZAR	FR	#5 Azusa Pacific	0.05	3.73m	12-2¾	5/8/25	APU Franson Last Chance	
50	Makayla MAY	SO	Tiffin	0.01	3.72m	12-2½	5/7/25	Hillsdale College Last Chance	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Denise HERNANDEZ	JR #16 Lewis	33.57	6.46mw	21-2½ (3.0) 5/1/25 GLVC Outdoor Championships
2	Alaina DIAZ	JR #1 Grand Valley State	30.96	6.41mw	21-½ (3.1) 5/2/25 GLIAC Outdoor Championship
2	Jodian STEWART	SO Eastern New Mexico	30.96	6.41mw	21-½ (2.6) 5/1/25 Lone Star Outdoor Champion
4	Miranda LAUVSTAD	JR #4 Minnesota State	26.59	6.38m	20-11¼ (0.1) 4/12/25 Minnesota State Open
5	Jonon YOUNG	SO Cal State LA	24.21	6.35mw	20-10 (2.7) 5/2/25 CCAA Track & Field Champion
6	Blakelee WINN	SR #2 Pittsburg State	22.11	6.34mw	20-9¾ (2.9) 4/11/25 Bryan Clay Invitational [Combi
7	MacKenzie WISSBROECKE	FR Winona State	19.86	6.31m	20-8½ (1.4) 4/30/25 Maverick Open #1
8	Adeyah BREWSTER	SR #4 Minnesota State {2}	17.36	6.25mw	20-6¾ (2.8) 4/30/25 Maverick Open #1
8	Jasmyn CRAWFORD	SR CUI	17.36	6.25m	20-6¾ (1.9) 3/8/25 Beach Opener
10	Laniyah CURRY	FR Oklahoma Christian	13.03	6.21mw	20-4½ (2.3) 4/12/25 Arkansas Spring Invitational
11	Sasha LEE	SR Shippensburg	10.68	6.15mw	20-2¼ (3.6) 4/16/25 Shippensburg University Mid-
12	Sydney MCCARTY	SR Carson-Newman	9.64	6.14m	20-1¾ (0.0) 4/30/25 SAC Outdoor Championships
13	Ky'Ara ROSS	SO West Liberty State	8.60	6.13m	20-1½ (-3.0) 3/28/25 Tim Weaver Invitational
13	Kylee SALLEE	SR Augustana (S.D.)	8.60	6.13mw	20-1½ (2.3) 4/30/25 Maverick Open #1
15	Katerina KAKAELAKI	FR #16 Lewis {2}	6.55	6.12m	20-1 (0.8) 5/1/25 GLVC Outdoor Championships
15	Anisha HENDERSON	SR #23 Oklahoma Baptist	6.55	6.12m	20-1 (1.2) 5/11/25 WT Last Chance
15	Mikaela MILES	JR Embry-Riddle (Fla.)	6.55	6.12m	20-1 (-1.8) 4/12/25 Pure Athletics Sprint Elite Mee
18	Molly KAHL	SR #4 Minnesota State {3}	4.51	6.11m	20-½ (1.4) 4/30/25 Maverick Open #1
19	Brooklyn BAKER	FR #2 Pittsburg State {2}	3.97	6.10m	20-¼ (1.2) 5/10/25 Loper Twilight
19	Diamond BRUNN	JR Southern Arkansas	3.97	6.10m	20-¼ (0.2) 4/10/25 Carl Kight Invitational
21	Esther CONDE-TURPIN	JR #5 Azusa Pacific	2.34	6.07mw	19-11 (2.5) 5/8/25 APU Franson Last Chance
21	Anna BRUNO	SO #19 U-Mary	2.84	6.07mw	19-11 (3.5) 5/3/25 U-Mary Last Chance
23	Makayla WATSON	JR #2 Pittsburg State {3}	1.80	6.06mw	19-10¾ (3.5) 5/10/25 Loper Twilight
24	D'Jior DELISSER	SO New Haven	1.26	6.05m	19-10¼ (1.6) 4/26/25 Jim Barber & Jack Maloney In
24	Kylie FRUSH	JR #17 Angelo State	1.26	6.05mw	19-10¼ (3.4) 4/16/25 Angelo State Invitational
26	Charnessa REID	SR Winston-Salem State	1.11	6.04m	19-9¾ (0.0) 5/3/25 CIAA Outdoor Championships
27	Neshara SMITH	JR Cal Poly Pomona	1.02	6.03mw	19-9½ (3.3) 5/1/25 CCAA Track & Field Champion
27	Janara BRYANT	FR Mount Olive	1.02	6.03mw	19-9½ (3.1) 4/18/25 Aggie Invitational
27	Makayla JACKSON	SR #4 Minnesota State {4}	1.02	6.03m	19-9½ (1.2) 4/23/25 Gary Wilson Invitational
30	Makayla PAVELKA	JR #2 Pittsburg State {4}	0.79	6.01m	19-8¾ (1.7) 5/10/25 Loper Twilight
31	Rojrika CAMBELL	SO #20 New Mexico Highlands	0.69	6.00m	19-8¼ (0.0) 4/10/25 Jo Meaker Classic & Multi
32	Maricia SPENCE	SR #17 Angelo State {2}	0.60	5.99mwA	19-8 (3.2) 5/3/25 Lone Star Outdoor Champion
33	Claudia FERNANDEZ	SR UPR Rio Piedras	0.55	5.97m	19-7 (1.1) 4/12/25 3ra Clasificatoria LAI
33	Marissa AUSTENE	FR Central Missouri	0.55	5.97mw	19-7 (2.2) 3/27/25 SBU Bearcat Invitational
35	Hailey RIOS	SO #18 Ashland	0.45	5.96m	19-6¾ (-0.4) 4/30/25 G-MAC Outdoor Championshi
35	Jordyn BROOKS	SO Cal State San Marcos	0.45	5.96mw	19-6¾ (2.5) 5/2/25 CCAA Track & Field Champion
37	Jhnyia KNUCKLES	SO Claflin	0.35	5.95m	19-6¼ (-2.0) 5/3/25 CIAA Outdoor Championships
38	Madissyn MOORE	JR UC-Colorado Springs	0.30	5.94mA	19-6 (1.6) 3/29/25 Chuck Haering Classic
38	Madison ALEGRIA	SR #22 Texas A&M-Kingsville	0.30	5.94m	19-6 (1.2) 5/1/25 Lone Star Outdoor Champion
38	Kailee BENTON	JR #3 West Texas A&M	0.30	5.94mw	19-6 (2.4) 4/12/25 Jo Meaker Classic & Multi
41	Crystal WALKER	SR Northern Michigan	0.23	5.93mw	19-5½ (3.8) 5/2/25 GLIAC Outdoor Championship
42	Hannah HILL	SR North Greenville	0.20	5.92m	19-5¼ (1.1) 4/24/25 Conference Carolinas Outdoo
42	Jazmin BARRY	FR MSU Moorhead	0.20	5.92m	19-5¼ (1.8) 5/8/25 NSIC Outdoor Championships
44	Jayda BECKER	SR Augustana (S.D.) {2}	0.15	5.91mw	19-4¾ (3.0) 4/30/25 Maverick Open #1
44	Emy NTEPERE	SO #13 Central Washington	0.15	5.91m	19-4¾ (0.3) 3/27/25 Bobcat Invitational (Texas Sta
44	Abraonna WILLIAMS	JR Fayetteville State	0.15	5.91m	19-4¾ (1.0) 4/19/25 Aggie Invitational
44	Madison FLUGENCE	SO Mississippi College	0.15	5.91m	19-4¾ (0.4) 5/1/25 GSC (Gulf South) Outdoor Cha
44	Efemena EGBERI	JR Catawba	0.15	5.91m	19-4¾ (0.0) 5/1/25 SAC Outdoor Championships
49	Afaf BENHADJA	SO #22 Texas A&M-Kingsville {2}	0.03	5.90mw	19-4¼ (3.5) 3/21/25 UTSA Invitational
50	Brooklyn GOULD	SR Embry-Riddle (Fla.) {2}	0.01	5.89m	19-4 (1.4) 4/11/25 Bryan Clay Invitational [Combi



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Emy NTEKPERE	SO #13 Central Washington	35.11	13.26m	43-6 (0.2)	3/29/25 Bobcat Invitational (Texas Sta
2	Janara BRYANT	FR Mount Olive	32.16	13.10m	42-11¼ (1.7)	4/24/25 Conference Carolinas Outdoo
3	Mikaela MILES	JR Embry-Riddle (Fla.)	28.80	12.87m	42-2¾ (1.8)	4/29/25 Peach Belt Outdoor Champio
4	Jazmin RAY	SR #22 Texas A&M-Kingsville	25.99	12.73mw	41-9¼ (3.1)	3/29/25 Trinity (Texas) Invitational
5	Stella NEOPHYTOU	SR #4 Minnesota State	23.67	12.65m	41-6 (2.0)	4/30/25 Maverick Open #1
6	Jonon YOUNG	JR Cal State LA	21.55	12.62m	41-5 (0.1)	4/16/25 Cal State LA Twilight
7	Ghada HAMDANI	SO #4 Minnesota State {2}	19.51	12.61m	41-4½ (0.4)	5/8/25 NSIC Outdoor Championships
8	Karla HORMAZABAL	SR Mount Olive {2}	17.27	12.55m	41-2¼ (-0.6)	5/8/25 Mount Olive First Chance
8	Hanna ONUFRIIEVA	SO Harding	17.27	12.55mw	41-2¼ (3.5)	5/2/25 Great American (GAC) Outdoo
10	Leidy CUESTA	FR #3 West Texas A&M	13.07	12.50mA	41-¼ (-1.9)	5/3/25 Lone Star Outdoor Champion
11	Sasha LEE	SR Shippensburg	10.83	12.44m	40-9¾ (0.0)	3/29/25 Dr. Jack M. Toms Alumni Invit
12	Lillian WASHINGTON	JR #4 Minnesota State {3}	9.74	12.41mw	40-8¾ (3.2)	4/12/25 Minnesota State Open
13	Hayat ABDESELAM	FR #21 Wingate	8.72	12.40m	40-8¼ (0.0)	5/1/25 SAC Outdoor Championships
14	Aniya SEWARD	SR #18 Ashland	7.68	12.38mw	40-7½ (2.3)	5/2/25 G-MAC Outdoor Championshi
15	Jhnyia KNUCKLES	SO Claflin	6.61	12.35m	40-6¼ (1.6)	5/2/25 CIAA Outdoor Championships
15	Rojrika CAMBELL	SO #20 New Mexico Highlands	6.61	12.35mw	40-6¼ (2.8)	4/12/25 Jo Meaker Classic & Multi
17	Audrey UZOUKWU	SR #3 West Texas A&M {2}	5.09	12.34m	40-6 (1.4)	5/11/25 WT Last Chance
18	Gabrielle TEEL	JR New Haven	4.47	12.28mw	40-3½ (3.7)	4/19/25 Rutgers Relays
19	Jada DAVID	SR Benedict	3.89	12.24m	40-2 (1.7)	3/22/25 Weems Baskin Invitational
20	Tyleah MOORER	JR Limestone	3.27	12.18m	39-11½ (0.0)	4/30/25 SAC Outdoor Championships
20	Harmonie HUGHES	FR Northwestern Oklaho	3.27	12.18mw	39-11½ (2.8)	4/30/25 Great American (GAC) Outdoo
20	Domanique KNOWLES	SR Fayetteville State	3.27	12.18m	39-11½ (0.5)	5/2/25 CIAA Outdoor Championships
20	Makayla PAVELKA	JR #2 Pittsburg State	3.27	12.18m	39-11½ (1.0)	5/10/25 Loper Twilight
24	Stefani VASILEVA	JR Charleston (W.Va.)	1.25	12.17m	39-11¼ (0.8)	4/29/25 Mountain East Outdoor Cham
25	Shannon HARNETT	FR East Stroudsburg	1.12	12.13m	39-9¾ (1.1)	3/22/25 Shippensburg Keystone State
26	Ennessey SORRELLS	SR #21 Wingate {2}	1.03	12.11m	39-8¾ (0.7)	4/12/25 Duke Invitational
27	Brittania INGRAM	SR #24 Lincoln (Mo.)	0.96	12.10m	39-8½ (1.9)	5/2/25 GLVC Outdoor Championships
28	Claire KINTZLEY	SR #8 Colo. School of Mines	0.88	12.09mA	39-8 (-0.5)	4/18/25 Mines Midweek #2
28	Kennedy JOHNSON	FR Midwestern State	0.88	12.09m	39-8 (-3.4)	5/1/25 Lone Star Outdoor Champion
30	Payton RODGERS	FR UC-Colorado Springs	0.76	12.08mw	39-7¾ (2.6)	4/10/25 Jo Meaker Classic & Multi
31	Hanna REICHENBERGER	SR Winona State	0.65	12.05m	39-6½ (0.6)	4/30/25 Maverick Open #1
32	Brooke TAYLOR	JR Carson-Newman	0.60	12.03m	39-5¾ (0.5)	5/1/25 SAC Outdoor Championships
33	Holly KONE	SR #12 Lenoir-Rhyne	0.55	12.02m	39-5¼ (0.0)	5/10/25 Lenoir-Rhyne Last Chance & M
34	Keza GREEN	JR Mount Olive {3}	0.50	12.01m	39-5 (1.8)	4/24/25 Conference Carolinas Outdoo
35	Alice ETIENNE	JR California (Pa.)	0.45	12.00m	39-4½ (0.4)	5/8/25 PSAC Outdoor Championships
36	Samantha CASH	SR West Virginia Wesleya	0.40	11.98mw	39-3¾ (3.2)	4/5/25 Dave Labor Slippery Rock Invit
37	Shynique MCGEE	JR Clark Atlanta	0.35	11.96m	39-3 (1.5)	3/15/25 Falcon Classic
38	Camila SALVUCCI	FR Chadron State	0.30	11.92mA	39-1¼ (0.0)	3/29/25 Jack Christiansen Invitational
39	Delaney BEARD	SR Kutztown	0.28	11.90m	39-½ (0.9)	5/10/25 PSAC Outdoor Championships
39	Leah DOTSON	SR Limestone {2}	0.28	11.90m	39-½ (0.7)	3/22/25 Weems Baskin Invitational
39	Karyna VEHNER	JR Harding {2}	0.28	11.90mw	39-½ (3.7)	5/2/25 Great American (GAC) Outdoo
39	Ashanti HARVEY	JR #4 Minnesota State {4}	0.28	11.90mw	39-½ (2.1)	4/23/25 Gary Wilson Invitational
43	Kylie FRUSH	JR #17 Angelo State	0.18	11.87mA	38-11½ (-0.)	5/3/25 Lone Star Outdoor Champion
43	Theresa OSEI	FR #25 Washburn	0.18	11.87m	38-11½ (0.5)	5/4/25 MIAA Outdoor Championships
45	Julia CARMONA	FR Cal State East Bay	0.13	11.85mw	38-10½ (4.0)	5/2/25 CCAA Track & Field Champion
45	Celina THOMAS	SO Eastern New Mexico	0.13	11.85mw	38-10½ (2.7)	5/11/25 WT Last Chance
45	Olivia WINDBIEL	JR Simon Fraser	0.13	11.85m	38-10½ (-0.)	4/12/25 Pomona-Pitzer Invitational
48	Alayna VANDEGRIFT	FR Northern Michigan	0.05	11.84mw	38-10¼ (3.8)	4/26/25 St. Norbert Invitational
48	Natalie LIN	SR Cal Poly Pomona	0.05	11.84mw	38-10¼ (2.8)	5/8/25 APU Franson Last Chance
50	Laura DELGADO DE TORRE	JR Charleston (W.Va.) {2}	0.01	11.83m	38-9¾ (-0.1)	3/29/25 Raleigh Relays



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Hannah RICHARDSON	JR	#5 Azusa Pacific	35.19	16.70m	54-9½	4/18/25	Bryan Clay Invitational
2	Katherine HIGGINS	SR	#9 CSU Pueblo	31.55	16.22mA	53-2¾	4/27/25	RMAC Outdoor Championship
3	Erika BEISTLE	SR	#1 Grand Valley State	28.87	16.02m	52-6¾	5/11/25	GVSU 10-Event Last Chance M
4	Makenzie GARR	SO	Missouri Western	26.23	15.82m	51-11	5/9/25	Concordia (Neb.) Twilight Mee
5	Coulter BROOKE	SR	#7 Findlay	23.97	15.71m	51-6½	5/11/25	GVSU 10-Event Last Chance M
6	Dailynn VANDEREN	FR	#11 Missouri Southern	21.93	15.69m	51-5¾	5/4/25	MIAA Outdoor Championships
7	Briar GILLUM	SO	#11 Missouri Southern {2}	19.67	15.58m	51-1½	4/4/25	Emporia State Midwest Classi
8	Febe WESSELS	JR	#9 CSU Pueblo {2}	17.44	15.48mA	50-9½	4/27/25	RMAC Outdoor Championship
9	Jessica POLKINGHORN	FR	Western Washington	15.37	15.45m	50-8¾	4/19/25	Central Washington Invitation
10	Mackenzie BOHRER	SR	#1 Grand Valley State {2}	13.32	15.43m	50-7½	4/5/25	GVSU Early Meet
11	Destany HERBERT	SR	Northwest Nazarene	10.99	15.25m	50-½	5/10/25	GNAC Outdoor Championship
12	Molly WINNER	SO	#18 Ashland	9.89	15.17m	49-9¼	5/2/25	G-MAC Outdoor Championshi
13	Madison MEARS	JR	Central Missouri	8.71	15.02m	49-3½	5/4/25	MIAA Outdoor Championships
14	Yassine KAMARA	JR	Bowie State	7.53	14.87m	48-9½	4/4/25	Towson Senior Twilight Open
15	Kitt RUPAR	SR	#8 Colo. School of Mines	6.50	14.84mA	48-8¼	4/18/25	Mines Midweek #2
16	Fedra FLORENTIN	SR	#17 Angelo State	5.49	14.83m	48-8	4/17/25	Angelo State Invitational
17	Sarah CORRIE	SR	Slippery Rock	4.87	14.73m	48-4	5/10/25	PSAC Outdoor Championships
18	Averi PARKER	SR	Hillsdale	4.34	14.71m	48-3¼	5/2/25	G-MAC Outdoor Championshi
18	Cydney BANKS	SR	William Jewell	4.34	14.71m	48-3¼	5/2/25	GLVC Outdoor Championships
20	Molly OLSON	SR	#5 Azusa Pacific {2}	3.31	14.68m	48-2	4/18/25	Bryan Clay Invitational
20	Kirsten WOMACK	SO	#11 Missouri Southern {3}	2.31	14.68m	48-2	5/9/25	Concordia (Neb.) Twilight Mee
22	Maddy GRANDBOIS	SR	Western Washington {2}	2.19	14.58m	47-10	4/26/25	Ralph Vernacchia Invitational
22	Kelsey HANSEN	SO	Northwood (Mich.)	2.19	14.58m	47-10	5/11/25	GVSU 10-Event Last Chance M
24	Jada SEWELL	SR	#3 West Texas A&M	1.17	14.57mA	47-9¾	5/3/25	Lone Star Outdoor Champion
25	Abby LASITER	JR	#2 Pittsburg State	1.02	14.48m	47-6¼	4/17/25	Pittsburg State Tune-Up
25	Allyssa MAHONE	SR	Missouri Western {2}	1.02	14.48m	47-6¼	3/29/25	Texas Relays
27	Amber LAWLESS	JR	#21 Wingate	0.85	14.30m	46-11	5/11/25	Lenoir-Rhyne Last Chance & M
28	Irieyanna WILSON	SR	Southern Arkansas	0.80	14.27m	46-10	4/19/25	Dan Veach Invitational
29	Paige WESTRA	SO	#1 Grand Valley State {3}	0.75	14.26m	46-9½	5/11/25	GVSU 10-Event Last Chance M
30	Kathryn CHAPIN	FR	Western Washington {3}	0.70	14.21m	46-7½	3/22/25	Oregon Preview (outdoor)
31	Katie POTTS	SR	Western Washington {4}	0.65	14.14m	46-4¾	5/10/25	GNAC Outdoor Championship
32	Emma OSIER	SO	#4 Minnesota State	0.60	14.12m	46-4	5/10/25	NSIC Outdoor Championships
33	Tobi PETERSON	FR	Sioux Falls	0.55	14.08m	46-2½	5/10/25	NSIC Outdoor Championships
34	Kennedy JACKSON	SO	#1 Grand Valley State {4}	0.50	14.06m	46-1½	4/5/25	GVSU Early Meet
35	Kami WADSWORTH	SO	Sioux Falls {2}	0.45	14.03m	46-½	4/30/25	Maverick Open #1
36	Faith HENSEL	JR	Indianapolis	0.40	14.00m	45-11¼	4/18/25	Hillsdale Gina Relays
37	Margaret STEVENSON	SR	#1 Grand Valley State {5}	0.35	13.99m	45-10¾	5/2/25	GLIAC Outdoor Championship
38	Olivia SCHWARZROCK	JR	Wayne State (Neb.)	0.30	13.97m	45-10	5/10/25	NSIC Outdoor Championships
38	Mara PARKS	JR	Western Washington {5}	0.30	13.97m	45-10	4/26/25	Ralph Vernacchia Invitational
40	Kelsey KENNON	SR	#7 Findlay {2}	0.25	13.96m	45-9¾	5/2/25	G-MAC Outdoor Championshi
41	Kelsey KINSLEY	SR	#18 Ashland {2}	0.23	13.95m	45-9¼	5/2/25	G-MAC Outdoor Championshi
41	Altyn BARTLEY	SO	#23 Oklahoma Baptist	0.23	13.95m	45-9¼	4/17/25	Pittsburg State Tune-Up
43	Adriel HOLLOWAY	JR	#25 Washburn	0.18	13.94m	45-9	5/4/25	MIAA Outdoor Championships
44	Brooklyn KRUSE	SO	Wayne State (Neb.) {2}	0.15	13.91m	45-7¾	4/5/25	Concordia (Neb.) Outdoor Invi
45	Savannah JORGENSE	JR	UC-Colorado Springs	0.13	13.90m	45-7¼	5/9/25	Concordia (Neb.) Twilight Mee
46	Belle SMITH	SO	Southern Connecticut	0.10	13.88m	45-6½	5/3/25	Northeast-10 Outdoor Champi
46	Kelsey FIELDS	FR	Northwest Missouri	0.10	13.88m	45-6½	5/4/25	MIAA Outdoor Championships
48	Mi'ah MOLETTE	FR	Cal Poly Pomona	0.05	13.87m	45-6¼	5/2/25	CCAA Track & Field Champion
49	Sydney MORRIS	FR	Missouri S&T	0.03	13.79m	45-3	4/11/25	Mule Relays
49	Christina PALMER	SR	Colorado Mesa	0.03	13.79mA	45-3	4/27/25	RMAC Outdoor Championship
49	Gianna FRANK	FR	#15 Cal State San Bernard	0.03	13.79m	45-3	3/22/25	Hornet Invitational



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Erika BEISTLE	SR	#1 Grand Valley State	43.12	66.63m	218-7	4/5/25	GVSU Early Meet
2	Margaret STEVENSON	SR	#1 Grand Valley State {2}	30.58	52.95m	173-9	4/12/25	South Florida Invitational (out
3	Reilly YOUNG	SR	Wayne State (Neb.)	27.95	52.13m	171-1	4/30/25	Maverick Open #1
4	Julia PISENTI	SO	Jessup (Calif.)	25.75	51.87m	170-2	4/5/25	Brutus Hamilton Invitational
5	Kirsten WOMACK	SO	#11 Missouri Southern	23.70	51.81m	170-0	4/26/25	Rock Chalk Classic
6	Ilaria VILLA	JR	#25 Washburn	21.64	51.73m	169-9	3/28/25	Emporia State Relays
7	Yassine KAMARA	JR	Bowie State	19.15	50.84m	166-10	4/26/25	129th Penn Relays
8	Madison SMITH	FR	Neb.-Kearney	16.82	50.21m	164-9	4/12/25	Wichita State K.T. Woodman I
8	Hannah RICHARDSON	JR	#5 Azusa Pacific	16.82	50.21m	164-9	4/5/25	UCSD Triton Invitational
10	Makenzie GARR	SO	Missouri Western	12.49	49.47m	162-4	4/11/25	Mule Relays
11	Victoria MALAKI	JR	UC-Colorado Springs	10.49	49.46m	162-3	5/10/25	Loper Twilight
12	Jade BYRD	SR	#23 Oklahoma Baptist	9.45	49.33m	161-10	4/4/25	John Jacobs Invitational
12	Jada SEWELL	SR	#3 West Texas A&M	9.45	49.33m	161-10	5/11/25	WT Last Chance
14	Kitt RUPAR	SR	#8 Colo. School of Mines	7.43	49.25mA	161-7	4/18/25	Mines Midweek #2
15	Kennedy ULMER	JR	Eastern New Mexico	6.34	48.91mA	160-6	3/30/25	Greyhound Open
16	Emma SLADE	FR	Fort Hays State	5.31	48.81m	160-2	3/28/25	Central Nebraska Challenge
17	Briar GILLUM	SO	#11 Missouri Southern {2}	4.78	48.68m	159-9	4/17/25	Pittsburg State Tune-Up
18	Torrance TSO	SO	Wayne State (Neb.) {2}	4.21	48.41m	158-10	4/12/25	South Dakota Challenge
19	Tayla CRENSHAW	SR	CUI	3.69	48.36m	158-8	5/9/25	Titan Tune-Up
20	Tiamara HILL-JOHNSON	SR	#17 Angelo State	3.17	48.28m	158-5	4/12/25	Cactus Cup
21	Elise JENSEN	SO	#4 Minnesota State	2.66	48.23m	158-3	5/2/25	Maverick Open #2
22	Katie POTTS	SR	Western Washington	2.14	48.15m	158-0	4/25/25	Pee Wee Halsell Invitational
22	Devon WILLIAMS	SR	#22 Texas A&M-Kingsville	2.14	48.15m	158-0	3/22/25	UTSA Invitational
24	Kamry LINDSEY	SR	Sioux Falls	1.13	48.12m	157-11	4/12/25	South Dakota Challenge
25	Kamryn WILLIAMS	SO	#17 Angelo State {2}	1.04	47.99m	157-6	4/12/25	Cactus Cup
26	Lily NOVACEK	JR	Neb.-Kearney {2}	0.90	47.55m	156-0	5/9/25	Concordia (Neb.) Twilight Mee
27	Aubrey BRINKMAN	JR	#16 Lewis	0.85	47.40m	155-6	5/2/25	GLVC Outdoor Championships
27	Zayda PRIEBE	JR	Bemidji State	0.85	47.40m	155-6	4/12/25	Minnesota State Open
29	Cydney BANKS	SR	William Jewell	0.75	47.39m	155-6	5/2/25	GLVC Outdoor Championships
30	Brooke BURNS	SR	Charleston (W.Va.)	0.70	47.35m	155-4	4/4/25	Golden Eagle Invitational
31	Jennifer PATRICK	FR	#18 Ashland	0.65	47.12m	154-7	3/30/25	Yellow Jacket Collegiate Open
32	Toree SLAVIK	SO	Neb.-Kearney {3}	0.60	46.92m	153-11	3/28/25	Central Nebraska Challenge
33	Addison HINTERWEGER	JR	#2 Pittsburg State	0.55	46.82m	153-8	4/17/25	Pittsburg State Tune-Up
34	Sarah HESSLER	JR	Millersville	0.50	46.62m	153-0	4/26/25	Paul Kaiser Classic
35	Rachael MOLLOY	SR	Central Missouri	0.45	46.56m	152-9	4/17/25	Pittsburg State Tune-Up
36	Maddy DOWNS	SR	Millersville {2}	0.40	46.49m	152-7	4/26/25	Paul Kaiser Classic
37	Ariyah FORD	JR	Sonoma State	0.35	46.40m	152-3	4/19/25	Johnny Mathis Invitational
38	Christina PALMER	SR	Colorado Mesa	0.30	46.33mA	152-0	4/4/25	Maverick Invitational
39	Kailyn THOMAS	SR	Southern Arkansas	0.28	46.32m	152-0	5/2/25	Great American (GAC) Outdoo
40	Hope WILLIS	FR	Biola (Calif.)	0.25	46.17m	151-6	4/5/25	UCSD Triton Invitational
41	Brooklyn STAAB	SR	Neb.-Kearney {4}	0.23	46.15m	151-5	3/28/25	Central Nebraska Challenge
42	Katie WILKERSON	FR	Montevallo	0.20	46.08m	151-2	5/3/25	GSC (Gulf South) Outdoor Cha
43	Jessica SAUNDERS	SR	Fort Hays State {2}	0.18	45.99m	150-11	3/28/25	Central Nebraska Challenge
44	Averi PARKER	SR	Hillsdale	0.15	45.98m	150-10	5/2/25	G-MAC Outdoor Championshi
45	Diamond RICHARDSON	SR	Fort Valley State	0.13	45.90m	150-7	3/22/25	Emory Spring Break Classic
46	Allyssa MAHONE	SR	Missouri Western {2}	0.10	45.80m	150-3	3/21/25	Reiver Rust Buster
47	Molly OLSON	SR	#5 Azusa Pacific {2}	0.08	45.66m	149-10	4/5/25	UCSD Triton Invitational
48	Khaiya SIMPSON	SR	CUI {2}	0.05	45.64m	149-9	5/3/25	Steve Scott Invitational
49	Leslie POLLOCK	SO	#18 Ashland {2}	0.03	45.63m	149-9	5/2/25	G-MAC Outdoor Championshi
50	Kelsey HANSEN	SO	Northwood (Mich.)	0.01	45.61m	149-8	5/2/25	G-MAC Outdoor Championshi



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Lily NOVACEK	JR	Neb.-Kearney	35.30	64.54m	211-9	5/4/25	MIAA Outdoor Championships
2	Zoe PENTECOST	SR	Indianapolis	30.56	61.35m	201-4	5/2/25	GLVC Outdoor Championships
3	Marie SCHULER	JR	#17 Angelo State	28.53	61.32mA	201-2	5/3/25	Lone Star Outdoor Champion
4	Shelby ULVEN	JR	#1 Grand Valley State	26.45	61.22m	200-10	5/11/25	GVSU 10-Event Last Chance M
5	Molly WINNER	SO	#18 Ashland	24.38	61.14m	200-7	3/30/25	Yellow Jacket Collegiate Open
6	Jennifer JARNAGIN	SR	#8 Colo. School of Mines	21.88	60.49mA	198-6	4/12/25	Kit Mayer Memorial Classic
7	Abigail GILLESPIE	SR	#8 Colo. School of Mines {2}	19.69	60.17mA	197-5	4/12/25	Kit Mayer Memorial Classic
8	Rachael MOLLOY	SR	Central Missouri	17.55	59.92m	196-7	5/10/25	Loper Twilight
9	Lily BENEKE	SR	#4 Minnesota State	15.26	59.43m	195-0	4/19/25	Beach Invitational
10	Dailynn VANDEREN	FR	#11 Missouri Southern	12.98	58.59m	192-3	4/11/25	Mule Relays
11	Paola CASTALDI	SR	#25 Washburn	10.96	58.53m	192-1	4/19/25	Kansas Relays
12	Brooke BURNS	SR	Charleston (W.Va.)	9.95	58.50m	191-11	4/4/25	Golden Eagle Invitational
13	Kirsten WOMACK	SO	#11 Missouri Southern {2}	8.73	57.78m	189-7	5/4/25	MIAA Outdoor Championships
14	Averi PARKER	SR	Hillsdale	7.58	57.27m	187-11	5/2/25	G-MAC Outdoor Championshi
15	Kelsey HANSEN	SO	Northwood (Mich.)	6.55	57.17m	187-7	5/2/25	G-MAC Outdoor Championshi
16	Abby LASITER	JR	#2 Pittsburg State	5.54	57.14m	187-6	4/11/25	Mule Relays
17	Leslie POLLOCK	SO	#18 Ashland {2}	5.02	57.07m	187-3	5/2/25	G-MAC Outdoor Championshi
18	Briar GILLUM	SO	#11 Missouri Southern {3}	2.47	56.93m	186-10	5/4/25	MIAA Outdoor Championships
19	Esma PAJT	JR	#17 Angelo State {2}	3.93	56.80m	186-4	5/11/25	WT Last Chance
20	Savannah JORGENS	JR	UC-Colorado Springs	3.41	56.71m	186-1	4/12/25	Jo Meaker Classic & Multi
21	Elin RYDQVIST	SO	Mount Olive	2.88	56.63m	185-10	4/26/25	Conference Carolinas Outdoo
22	Alaina OMONODE	SR	#1 Grand Valley State {2}	2.27	56.24m	184-6	5/11/25	GVSU 10-Event Last Chance M
23	Adriel HOLLOWAY	JR	#25 Washburn {2}	1.73	56.11m	184-1	5/10/25	Loper Twilight
24	Katie SAYLES	SR	Hillsdale {2}	1.17	55.92m	183-6	5/2/25	G-MAC Outdoor Championshi
25	Audra HOGAN	SR	Indianapolis {2}	1.10	55.85m	183-3	5/2/25	GLVC Outdoor Championships
26	Kaylyn BARNETTE	SR	#18 Ashland {3}	0.97	55.60m	182-5	3/30/25	Yellow Jacket Collegiate Open
27	Payton ELENBAAS	SR	#13 Central Washington	0.87	55.44m	181-11	5/10/25	GNAC Outdoor Championship
28	Hailey BAKER	SR	Wayne State (Neb.)	0.80	55.22m	181-2	4/30/25	Maverick Open #1
29	Coulter BROOKE	SR	#7 Findlay	0.75	54.90m	180-2	5/11/25	GVSU 10-Event Last Chance M
30	Kenisha BARNES	JR	Mount Olive {2}	0.70	54.88m	180-1	4/12/25	The Trojan Relays
31	Richella SPIELVOGEL	SR	Lake Erie	0.65	54.80m	179-10	4/19/25	Tiffin Track Carnival
32	Kirsten ROLLE	SR	Embry-Riddle (Fla.)	0.60	54.77m	179-8	4/5/25	Embry-Riddle Running Eleme
33	Kennedy FLORES	JR	#18 Ashland {4}	0.55	54.72m	179-7	5/2/25	G-MAC Outdoor Championshi
34	Addison HINTERWEGER	JR	#2 Pittsburg State {2}	0.50	54.28m	178-1	4/11/25	Mule Relays
35	Augustine HANCOCK	JR	Colorado Mesa	0.45	54.23m	177-11	4/12/25	Jo Meaker Classic & Multi
36	Liberty BOOKER	JR	Fort Hays State	0.40	54.05m	177-4	4/25/25	Alex Francis Classic
37	Destany HERBERT	SR	Northwest Nazarene	0.35	53.82m	176-7	4/25/25	Ed Jacoby Twilight
38	Samiyah LITTLE	SR	East Stroudsburg	0.30	53.81m	176-7	3/22/25	Shippensburg Keystone State
39	Altyn BARTLEY	SO	#23 Oklahoma Baptist	0.28	53.63m	176-0	5/2/25	Great American (GAC) Outdoo
40	Jade BYRD	SR	#23 Oklahoma Baptist {2}	0.25	53.56m	175-9	3/29/25	Oklahoma Baptist Invitational
41	Kailyn THOMAS	SR	Southern Arkansas	0.23	53.50m	175-6	4/19/25	Dan Veach Invitational
42	Belle SMITH	SO	Southern Connecticut	0.20	53.17m	174-6	4/26/25	Jim Barber & Jack Maloney In
43	Bobbie POLLARD	SR	William Jewell	0.18	53.15m	174-5	5/2/25	GLVC Outdoor Championships
44	Kathryn CHAPIN	FR	Western Washington	0.15	53.14m	174-4	5/10/25	GNAC Outdoor Championship
45	Sarah HESSLER	JR	Millersville	0.13	53.04m	174-0	3/29/25	Towson Invitational
46	Emma SLADE	FR	Fort Hays State {2}	0.10	52.91m	173-7	4/19/25	UNK Loper Invitational
46	Andrea PASCUAL RIVERA	SR	Newberry	0.10	52.91m	173-7	3/29/25	SWU GottaRun Invite
48	Kitt RUPAR	SR	#8 Colo. School of Mines {3}	0.05	52.89mA	173-6	3/28/25	Mines Midweek Meet
48	Cydney BANKS	SR	William Jewell {2}	0.05	52.89m	173-6	5/2/25	GLVC Outdoor Championships
50	MaKenna MASCHINO	SR	Indianapolis {3}	0.01	52.83m	173-4	5/2/25	GLVC Outdoor Championships



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Addison THROCKMORTON	FR Central Missouri	34.46	52.04m	170-9	5/4/25 MIAA Outdoor Championships
2	Kelly LESZCZYNSKI	JR Bloomsburg	30.97	50.40m	165-4	5/3/25 LHU Qualifier
3	Luisa FISCHER	SR #5 Azusa Pacific	28.74	50.14m	164-6	4/26/25 PacWest Track & Field Champi
4	Keilee JOHNSON	SO #11 Missouri Southern	26.72	50.12m	164-5	3/28/25 Emporia State Relays
5	Federica DOZIO	FR #17 Angelo State	24.64	50.03m	164-2	4/5/25 David Noble Relays
6	Luisarys TOLEDO	JR Northwest Missouri	22.00	49.19m	161-5	3/28/25 Emporia State Relays
7	Savannah MANTHEY	SO #14 Southwest Baptist	19.67	48.66m	159-8	4/11/25 Mule Relays
8	Ally FOX	SO Central Missouri {2}	17.28	48.03m	157-7	5/4/25 MIAA Outdoor Championships
9	Alexis O'FARRELL	JR #14 Southwest Baptist {2}	15.05	47.67m	156-5	3/29/25 SBU Bearcat Invitational
10	Olivia VANDERWEIDE	SO #2 Pittsburg State	12.89	47.26m	155-1	3/23/25 Jayhawk Spring Fling
11	Abby REASONER	SR Shippensburg	10.88	47.25m	155-0	3/29/25 Dr. Jack M. Toms Alumni Invit
12	Karsyn KANSLER	SO Central Missouri {3}	9.81	47.02m	154-3	3/29/25 SBU Bearcat Invitational
13	Adrianne CASEY	SO #11 Missouri Southern {2}	8.76	46.87m	153-9	5/10/25 Loper Twilight
14	Keturah TEMPLEMAN	FR #9 CSU Pueblo	7.68	46.62m	153-0	5/10/25 Air Force Twilight Open
15	Maxime KIRSCHNER	SR Embry-Riddle (Fla.)	6.63	46.45m	152-5	3/28/25 Terry Long Florida State Relay
16	Lindsey CURE	FR Regis (Colo.)	5.62	46.43mA	152-4	4/27/25 RMAC Outdoor Championship
17	Ashley LOW	FR Northwestern Oklaho	5.12	46.42m	152-4	3/29/25 Oklahoma Baptist Invitational
18	Olivia BAUMBERGER	SR Sioux Falls	4.57	46.28m	151-10	4/12/25 South Dakota Challenge
19	Aspen ARROWSMITH	SO Alabama-Huntsville	4.05	46.22m	151-8	4/12/25 Crimson Tide Invite
20	Shelby SOGAARD	JR #2 Pittsburg State {2}	3.45	45.89m	150-7	5/4/25 MIAA Outdoor Championships
21	Kaylla WILLIAMS	SO Indiana (Pa.)	2.82	45.49m	149-3	4/19/25 Bucknell Team Challenge
21	Malina BOHLMANN	SO Assumption	2.82	45.49m	149-3	5/3/25 Northeast-10 Outdoor Champi
23	Isabella BARTOLETTI	JR Slippery Rock	1.72	45.17m	148-3	5/10/25 PSAC Outdoor Championships
24	Gracie RINER	FR #2 Pittsburg State {3}	1.14	44.95m	147-6	3/29/25 SBU Bearcat Invitational
25	Mara ANDRITSCH	FR #3 West Texas A&M	0.97	44.56mA	146-3	5/3/25 Lone Star Outdoor Champion
26	Hannah CASSNER	SO Shippensburg {2}	0.90	44.02m	144-5	3/29/25 Dr. Jack M. Toms Alumni Invit
27	Lauryn MCGOUGH	SO #13 Central Washington	0.85	43.92m	144-1	5/10/25 GNAC Outdoor Championship
28	Emily POWERS	JR Northwest Nazarene	0.80	43.84m	143-10	4/4/25 Whitworth Peace Meet
29	Lauren O'CAMPO	SO #6 Adams State	0.75	43.82mA	143-9	4/27/25 RMAC Outdoor Championship
30	Kennedy ULMER	JR Eastern New Mexico	0.70	43.81mA	143-9	4/26/25 SPC Texan Invite
31	Hailey BRUCE	SO Embry-Riddle (Fla.) {2}	0.65	43.73m	143-6	3/28/25 Terry Long Florida State Relay
32	Ally TRIER	SO Emporia State	0.60	43.34m	142-2	5/4/25 MIAA Outdoor Championships
33	G'nea PITT	FR Academy of Art	0.55	43.04m	141-3	4/26/25 PacWest Track & Field Champi
34	Autumn PETTINATO	SR Clarion	0.50	42.98m	141-0	5/10/25 PSAC Outdoor Championships
35	Kami WADSWORTH	SO Sioux Falls {2}	0.45	42.96m	141-0	5/10/25 NSIC Outdoor Championships
36	Josie PETERSON	SR Chico State	0.40	42.95m	140-11	4/5/25 Brutus Hamilton Invitational
37	Zaniya RUSH	FR Spring Hill (Ala.)	0.35	42.90m	140-9	3/1/25 MC Spring Cleaning Classic
38	Blakelee WINN	SR #2 Pittsburg State {4}	0.30	42.85m	140-7	3/28/25 Emporia State Relays
39	Esther CONDE-TURPIN	JR #5 Azusa Pacific {2}	0.28	42.65m	139-11	3/29/25 Vince O'Boyle Track and Field
40	Macoya HANSEN	FR Northern State	0.25	42.53m	139-7	4/12/25 South Dakota Challenge
41	Ava REARDON	SO Georgian Court	0.23	42.41m	139-2	4/26/25 Lions' Invitational
42	Maggie KAUK	SO #11 Missouri Southern {3}	0.20	42.37m	139-0	4/17/25 Pittsburg State Tune-Up
43	Olivia DAVIDSON	SO Lee (Tenn.)	0.18	42.31m	138-10	4/12/25 Fast Break Athletics Invitation
44	Sophia PREITO	SR Westminster (Utah)	0.15	42.29mA	138-9	4/26/25 Utah State Aggie Invitational
45	Catherine MANCINO	SR Shippensburg {3}	0.13	42.25m	138-8	5/10/25 PSAC Outdoor Championships
46	Febe WESSELS	JR #9 CSU Pueblo {2}	0.10	42.13mA	138-3	4/27/25 RMAC Outdoor Championship
47	Sophia MORIN	SO Saint Anselm	0.08	42.05m	138-0	5/3/25 Northeast-10 Outdoor Champi
48	Julia PISENTI	SO Jessup (Calif.)	0.05	41.91m	137-6	3/29/25 West Coast Relays
49	Andrea VILLALTA	SR Chico State {2}	0.03	41.85m	137-4	5/8/25 APU Franson Last Chance
50	Marley SANDS	JR Central Missouri {4}	0.01	41.78m	137-1	4/11/25 Mule Relays



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Esther CONDE-TURPIN	JR	#5 Azusa Pacific	35.30	5,974	4/11/25 Bryan Clay Invitational [Combi
2	Blakelee WINN	SR	#2 Pittsburg State	32.01	5,780	4/11/25 Bryan Clay Invitational [Combi
3	Luisa FISCHER	SR	#5 Azusa Pacific {2}	28.92	5,616	4/11/25 Bryan Clay Invitational [Combi
4	Miranda LAUVSTAD	JR	#4 Minnesota State	26.40	5,529	3/28/25 Emporia State Relays
5	Valerie OLSON	SR	#23 Oklahoma Baptist	23.94	5,428	3/29/25 Texas Relays
6	Hannah HILL	SR	North Greenville	21.63	5,362	5/11/25 Lenoir-Rhyne Last Chance & M
7	Maricia SPENCE	SR	#17 Angelo State	19.50	5,333	4/5/25 David Noble Relays
8	Brooklyn GOULD	SR	Embry-Riddle (Fla.)	17.17	5,260	4/11/25 Bryan Clay Invitational [Combi
8	Emily SWANSON	SR	Sioux Falls	17.17	5,260	4/26/25 Drake Relays
10	Naiuri KREIN	JR	#25 Washburn	13.13	5,252	5/4/25 MIAA Outdoor Championships
11	Abriel THRASH	SO	Southern Nazarene	10.91	5,203	4/24/25 Shocker Heptathlon
12	Viktoriia ERMOLAEVA	SO	#4 Minnesota State {2}	9.84	5,174	3/28/25 Emporia State Relays
13	Riley NORRIS	JR	CUI	8.63	5,086	5/8/25 APU Franson Last Chance
14	Sterling WEBB	SO	Lincoln Memorial	7.61	5,077	5/1/25 SAC Outdoor Championships
15	Miranda MARR	SR	#12 Lenoir-Rhyne	6.59	5,067	5/1/25 SAC Outdoor Championships
16	Kylie FRUSH	JR	#17 Angelo State {2}	5.58	5,063	4/5/25 David Noble Relays
17	Ashley HUME	SR	#5 Azusa Pacific {3}	5.07	5,061	5/8/25 APU Franson Last Chance
18	Avery WRIGHT	JR	#8 Colo. School of Mines	4.56	5,057c	(5057A) 4/12/25 Kit Mayer Memorial Classic
19	Ellie Lengerich	SR	Indianapolis	4.05	5,052	5/2/25 GLVC Outdoor Championships
20	Afaf BENHADJA	SO	#22 Texas A&M-Kingsville	3.28	4,937	4/5/25 David Noble Relays
21	Kylee SALLEE	SR	Augustana (S.D.)	2.69	4,902	4/26/25 Drake Relays
22	Giovana PELASCINI	SO	CUI {2}	2.18	4,894	4/26/25 PacWest Track & Field Champi
23	Mehlayna STRAUB	SO	Concordia-St. Paul	1.64	4,880	5/10/25 NSIC Outdoor Championships
24	Payton PHILLIPS	SO	#2 Pittsburg State {2}	1.12	4,869	5/4/25 MIAA Outdoor Championships
25	Ally HOLMBERG	SO	#21 Wingate	0.99	4,838	5/1/25 SAC Outdoor Championships
26	Morgan SHELDON	JR	Northern State	0.92	4,830	5/10/25 NSIC Outdoor Championships
27	Mara ANDRITSCH	FR	#3 West Texas A&M	0.85	4,815	4/12/25 Jo Meaker Classic & Multi
28	Kailee BENTON	JR	#3 West Texas A&M {2}	0.80	4,803c	(4803A) 5/3/25 Lone Star Outdoor Champion
29	Cassidy VOGT	SR	Tiffin	0.75	4,798	5/2/25 G-MAC Outdoor Championshi
30	Joley SPROUL	SR	Biola (Calif.)	0.70	4,797	4/11/25 Bryan Clay Invitational [Combi
31	Neshara SMITH	JR	Cal Poly Pomona	0.65	4,792	5/2/25 CCAA Track & Field Champion
32	Juliane FRUEH	JR	UT Tyler	0.60	4,791	4/12/25 Carl Kight Invitational
33	Maria PEDROSO	SR	Augustana (S.D.) {2}	0.55	4,778	4/26/25 Drake Relays
34	Maggie SALSBURY	FR	#2 Pittsburg State {3}	0.50	4,771	4/11/25 Bryan Clay Invitational [Combi
35	Emy NTEKPERE	SO	#13 Central Washington	0.45	4,768	5/10/25 GNAC Outdoor Championship
36	Madeline NEWARK	JR	Edinboro	0.40	4,745	5/10/25 PSAC Outdoor Championships
36	Maggie KAUK	SO	#11 Missouri Southern	0.40	4,745	5/4/25 MIAA Outdoor Championships
38	Alexa POST	JR	#4 Minnesota State {3}	0.30	4,685	5/10/25 NSIC Outdoor Championships
39	Macy CLEMENS	SR	Western Oregon	0.28	4,673	5/10/25 GNAC Outdoor Championship
40	Esther MILLER	SR	#4 Minnesota State {4}	0.25	4,662	4/26/25 Drake Relays
41	Mathilde ETIENNE	SR	#12 Lenoir-Rhyne {2}	0.23	4,657	5/1/25 SAC Outdoor Championships
42	Kristen JONES	SO	Central Missouri	0.20	4,654	3/29/25 SBU Bearcat Invitational
43	Cassidy HAMMONDS	FR	Concord	0.18	4,635	4/29/25 Mountain East Outdoor Cham
44	Maya WRIGHT	JR	Missouri S&T	0.15	4,630	4/12/25 Jo Meaker Classic & Multi
44	Jadyn MULLEN	FR	Roberts Wesleyan	0.15	4,630	4/15/25 Rochester Spring Twilight
46	Samantha CASH	SR	West Virginia Wesleya	0.10	4,620	4/29/25 Mountain East Outdoor Cham
47	Amariyah CLAY	JR	Western Oregon {2}	0.08	4,619	3/21/25 Klein/Nwaba Combined Event
48	Kendal BROWN	SO	Dallas Baptist	0.05	4,611c	(4611A) 5/3/25 Lone Star Outdoor Champion
49	Carley HUBER	SR	#13 Central Washington {2}	0.03	4,610	5/10/25 GNAC Outdoor Championship
50	Belle LINDSEY	SO	Ouachita Baptist	0.01	4,600	3/7/25 Harding Multi