



Conference TFRI Event Summary



CACC

as of 5/20/2025 6:54:01 AM ET

Women's 100 Meters

1	Temiloluwa MUSTAPHA	SR	#3	Wilmington (Del.	12.34	(0.5)	5/3
2	Ryley DIXON	FR	#4	Goldey-Beacom	12.37w	(2.1)	4/4
3	Chimeremya ODOH	FR	#1	Felician	12.38w	(2.1)	4/4
3	Ocelia JONES	SO	#2	Holy Family (Pa.)	12.38	(0.5)	5/3
5	Jahtivya WILLIAMS	JR	#2	Holy Family (Pa.) {2}	12.51	(-2.9)	5/3
6	Eliza HILDRETH	SO	#3	Wilmington (Del.) {2}	12.54	(-0.1)	4/17
7	Chennaya TSCHOPP	JR	#7	Caldwell	12.60	(-0.3)	5/9
8	Kahdia JONES	SR	#2	Holy Family (Pa.) {3}	12.63	(0.5)	5/3
9	Karla CHARDON	SR	#4	Goldey-Beacom {2}	12.69w	(2.9)	4/4
10	Tiara CARGILL	SO	#10	Dominican (N.Y.)	12.80	(0.5)	5/3

Women's 100 Meter Hurdles

1	Aarysa MOORE	SO	#1	Felician	14.66w	(2.2)	4/4
1	Ocelia JONES	SO	#2	Holy Family (Pa.)	14.66	(0.3)	4/19
3	Jada CARROLL	SR	#1	Felician {2}	15.05w	(2.2)	4/4
4	Danalee BROCK	SR	#2	Holy Family (Pa.) {2}	15.16	(-0.2)	4/19
5	Brianna COATES	JR	#2	Holy Family (Pa.) {3}	15.69	(1.8)	4/4
6	Cadence BELL	FR	#3	Wilmington (Del.)	16.35	(0.3)	4/12
7	Liv DREWING	FR	#4	Goldey-Beacom	17.19	(0.1)	4/26
8	Anna-Mae NELLIS	FR	#8	Bridgeport	17.55	(0.4)	4/10
9	Mia MARTINEZ	SR	#1	Felician {3}	18.80	(0.7)	3/29
10	Jessica FRONDA	JR	#6	Jefferson (Pa.)	20.35	(1.9)	4/12

Women's 200 Meters

1	Ryley DIXON	FR	#4	Goldey-Beacom	25.17	(0.3)	4/19
2	Jahtivya WILLIAMS	JR	#2	Holy Family (Pa.)	25.69	(1.7)	4/4
3	Chimeremya ODOH	FR	#1	Felician	25.77w	(3.1)	4/4
4	Darrian LEWIS	JR	#1	Felician {2}	25.98	(1.7)	4/4
5	Katelyn PERAZZIA	FR	#2	Holy Family (Pa.) {2}	26.04	(2.0)	4/4
6	Chennaya TSCHOPP	JR	#7	Caldwell	26.20	(1.8)	5/9
7	Eliza HILDRETH	SO	#3	Wilmington (Del.)	26.21	(-0.5)	4/12
8	Danalee BROCK	SR	#2	Holy Family (Pa.) {3}	26.27	(0.2)	4/19
9	Chantoya THOMAS	SR	#1	Felician {3}	26.31	(-1.0)	3/22
10	Deja CURRY	JR	#3	Wilmington (Del.) {2}	26.35	(-0.5)	4/12

Women's 400 Meters

1	65 Chantoya THOMAS	SR	#1	Felician	55.31		5/3
2	Imani FITZPATRICK	JR	#1	Felician {2}	57.03		5/3
3	Ryley DIXON	FR	#4	Goldey-Beacom	57.16		5/3
4	Liv DREWING	FR	#4	Goldey-Beacom {2}	58.41		5/3
5	Mia MARTINEZ	SR	#1	Felician {3}	58.81		5/3
6	Darrian LEWIS	JR	#1	Felician {4}	58.91		5/3
7	Isabella POLLOCK	JR	#7	Caldwell	59.16		5/3
8	Lesedi ANYIKA	FR	#2	Holy Family (Pa.)	59.20		4/19
9	Deja CURRY	JR	#3	Wilmington (Del.)	59.80		4/19
10	Jade JONES	SR	#2	Holy Family (Pa.) {2}	1:00.13		4/19

Women's 400 Meter Hurdles

1	76 Ocelia JONES	SO	#2	Holy Family (Pa.)	1:02.63		5/3
2	90 Danalee BROCK	SR	#2	Holy Family (Pa.) {2}	1:02.99		5/3
3	Brianna COATES	JR	#2	Holy Family (Pa.) {3}	1:04.50		5/3
4	Anne NOONAN	SO	#1	Felician	1:05.16		5/3
5	Liv DREWING	FR	#4	Goldey-Beacom	1:06.24		5/3
6	Cadence BELL	FR	#3	Wilmington (Del.)	1:08.28		4/19
7	Mia MARTINEZ	SR	#1	Felician {2}	1:08.96		5/3
8	Selena ERTCELL-EASLEY	FR	#1	Felician {3}	1:09.34		3/29
9	Ny'jashia SMITH	SR	#4	Goldey-Beacom {2}	1:09.65		5/3
10	Jada PETERSON	FR	#2	Holy Family (Pa.) {4}	1:09.68		3/29

Women's 800 Meters

1	Annalee CAPUANO	JR	#6	Jefferson (Pa.)	2:16.20		3/29
2	Liv DREWING	FR	#4	Goldey-Beacom	2:18.23		4/4
3	Amirah BEASLEY	SR	#5	Georgian Court	2:19.40		5/3
4	Amy CHOMO	JR	#3	Wilmington (Del.)	2:21.99		4/26
5	Eliana MCNAMEE	SR	#7	Caldwell	2:22.69		5/3
6	Catherine CATIPAY	SR	#1	Felician	2:23.36		5/3
7	Natalie MCFADDEN	SO	#6	Jefferson (Pa.) {2}	2:23.46		4/19
8	Hannah POWELL	JR	#6	Jefferson (Pa.) {3}	2:23.49		4/5
9	Imani FITZPATRICK	JR	#1	Felician {2}	2:23.85		3/29
10	Dayanara GRAU	SO	#7	Caldwell	2:24.98		5/3

Women's 1500 Meters

1	Annalee CAPUANO	JR	#6	Jefferson (Pa.)	4:40.24		3/29
2	Natalie MCFADDEN	SO	#6	Jefferson (Pa.) {2}	4:47.85		4/19
3	Hannah POWELL	JR	#6	Jefferson (Pa.) {3}	4:48.59		4/19
4	Amirah BEASLEY	SR	#5	Georgian Court	4:54.64		4/26
5	Catherine CATIPAY	SR	#1	Felician	5:00.17		3/29
6	Tiffany BANING	JR	#3	Wilmington (Del.)	5:01.92		3/15
7	Ana ESHRAGHI	SR	#6	Jefferson (Pa.) {4}	5:03.33		4/5
8	Amy CHOMO	JR	#3	Wilmington (Del.) {2}	5:03.69		4/19
9	Audrey PHAM	JR	#6	Jefferson (Pa.) {5}	5:11.13		4/19
10	Oriah DIEBOLD	SO	#6	Jefferson (Pa.) {6}	5:11.41		5/3

Women's Steeplechase

1	Natalie MCFADDEN	SO	#6	Jefferson (Pa.)	11:37.77		5/3
2	Rebecca DALTON	JR	#9	Chestnut Hill	12:36.76		4/5
3	Tahasia THOMAS	SR	#1	Felician	13:35.26		5/3
4	Gabby HASSLER	SO	#9	Chestnut Hill {2}	13:57.32		4/5
5	Ny'jashia SMITH	SR	#4	Goldey-Beacom	14:43.56		3/23



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Women's 5000 Meters

1	Sydney WATTS	SR	#9 Chestnut Hill	18:35.45	3/29
2	Tiffany BANNIING	JR	#3 Wilmington (Del.	18:48.15	3/15
3	Hannah POWELL	JR	#6 Jefferson (Pa.)	19:05.42	4/12
4	Natalie MCFADDEN	SO	#6 Jefferson (Pa.) {2}	19:05.61	4/12
5	Cynthia DELAPAZ	SR	#1 Felician	19:12.71	4/4
6	Sarah LORENZ	FR	#6 Jefferson (Pa.) {3}	19:27.51	4/19
7	Sammy BANNING	JR	#3 Wilmington (Del.) {2}	19:37.90	3/15
8	Ana ESHRAGHI	SR	#6 Jefferson (Pa.) {4}	19:46.89	3/23
9	Audrey PHAM	JR	#6 Jefferson (Pa.) {5}	19:46.97	4/5
10	Callie NEGRO	SR	#1 Felician {2}	20:53.52	4/12

Women's 10,000 Meters

1	Tiffany BANNIING	JR	#3 Wilmington (Del.	38:52.95	3/29
2	Cynthia DELAPAZ	SR	#1 Felician	40:38.20	3/29
3	Emma MCNAMEE	SR	#2 Holy Family (Pa.)	41:19.18	3/29
4	Sarah LORENZ	FR	#6 Jefferson (Pa.)	41:41.61	3/29
5	Sammy BANNING	JR	#3 Wilmington (Del.) {2}	42:00.35	3/29
6	Ana ESHRAGHI	SR	#6 Jefferson (Pa.) {2}	42:14.87	3/29
7	Crystal MARGOTTA	FR	#1 Felician {2}	45:20.12	3/29
8	Kelsey PEREIRA	SR	#1 Felician {3}	45:21.78	3/29
9	Jennifer TRAN	SO	#6 Jefferson (Pa.) {3}	45:22.24	3/29
10	Callie NEGRO	SR	#1 Felician {4}	45:23.38	3/29

Women's 4x100 Relay

1	86	Chantoya Thomas, Darrian Lewis, Chimeremya Odoh, Shaquira Walcott	#1 Felician	47.52	5/3
2	94	Jahtivya Williams, Kahdia Jones, Danalee Brock, Katelyn Perazzia	#2 Holy Family (Pa.)	47.77	5/3
3		Deja Curry, Eliza Hildreth, Cadence Bell, Temiloluwa Mustapha	#3 Wilmington (Del.	49.37	5/3
4		Angel Cruz-Fletcher, Sejadea Mincey, Hannah Juleus, Chennaya Tschopp	#7 Caldwell	49.82	5/3
5		Jayda Jones, Lynn Jacob, Genesis Jimenez, Tiara Cargill	#10 Dominican (N.Y.)	50.54	5/3
6		Savannah Boyce, Karla Chardon, Aiyana Adams, Kaylah Hill	#4 Goldey-Beacom	52.18	5/3
7		Abety Kivaghenni, Faith Hershberger, Kara Sampath, Anna-Mae Nellis	#8 Bridgeport	53.02	4/26
8		Nina Ceccanecchio, Jessica Fronda, Sydney Huynh, Colleen Chojnacki	#6 Jefferson (Pa.)	53.48	5/3

Women's 4x400 Relay

1	78	Lesedi Anyika, Danalee Brock, Jade Jones, Ocelia Jones	#2 Holy Family (Pa.)	3:54.49	5/3
2	88	Darrian	JR #1 Felician	3:55.32	4/26
3		Kathleenjoy Gordon, Dayanara Grau, Isabella Pollock, Eliana McNamee	#7 Caldwell	4:06.59	5/3
4		Liv Drewling, Aiyana Adams, Izzy Popoff, Ryley Dixon	#4 Goldey-Beacom	4:09.50	5/3
5		#Type!	#3 Wilmington (Del.	4:14.94	3/29
6		Amirah Beasley, Leela McConnell, Molly Burns, Tishanna Cohen	#5 Georgian Court	4:15.13	5/3
7		Nina	JR #6 Jefferson (Pa.)	4:18.43	4/26
8		Anjalice Arias, Sarai Cruz, Anna Murphy, Tiara Cargill	#10 Dominican (N.Y.)	4:23.10	5/3
9		Anna-Mae Nellis, Abety Kivaghenni, Lynzie Lawton, Kara Sampath	#8 Bridgeport	4:36.38	5/3

Women's High Jump

1	99	Jada CARROLL	SR #1 Felician	1.63m	5-4¼	5/3
2		Sydonia TURNER	JR #2 Holy Family (Pa.)	1.62m	5-3¾	3/22
3		Liv DREWING	FR #4 Goldey-Beacom	1.58m	5-2¼	5/3
4		Aarysa MOORE	SO #1 Felician {2}	1.55m	5-1	4/4
5		Savannah BOYCE	SR #4 Goldey-Beacom {2}	1.53m	5-¼	5/3
5		April DISLA	FR #1 Felician {3}	1.53m	5-¼	5/3
7		Juliana DOGOSTINO	FR #5 Georgian Court	1.51m	4-11½	3/29
8		Makayla CHIARIELLO	FR #1 Felician {4}	1.42m	4-7¾	3/22
8		Ria DATTA	FR #7 Caldwell	1.42m	4-7¾	4/4
10		Anna-Mae NELLIS	FR #8 Bridgeport	1.40m	4-7	3/29

Women's Pole Vault

1		Faith HERSHBERGER	SR #8 Bridgeport	2.35m	7-8½	4/18
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Women's Long Jump

1		Liv DREWING	FR #4 Goldey-Beacom	5.31mw	17-5¼ (2.7)	4/26
2		Sydonia TURNER	JR #2 Holy Family (Pa.)	5.25m	17-2¾ (0.0)	3/29
3		Angel CRUZ-FLETCHER	FR #7 Caldwell	5.24m	17-2¼ (0.0)	4/15
4		Temiloluwa MUSTAPHA	SR #3 Wilmington (Del.	5.16m	16-11¼ (-0.)	4/12
5		Jada CARROLL	SR #1 Felician	5.15m	16-10¾ (0.3)	3/29
6		Aarysa MOORE	SO #1 Felician {2}	5.13mw	16-10 (2.2)	4/12
7		Abety KIVAGHENI	FR #8 Bridgeport	4.92m	16-1¾ (0.3)	4/26
8		Tishanna COHEN	JR #5 Georgian Court	4.83mw	15-10¼ (2.9)	4/17
9		Genesis JIMENEZ	FR #10 Dominican (N.Y.)	4.82m	15-9¾ (-1.6)	3/29
10		Tiara CARGILL	SO #10 Dominican (N.Y.) {2}	4.81m	15-9½ (-4.0)	3/29



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Women's Triple Jump

1	76	Jada CARROLL	SR	#1 Felician	11.66m	38-3¼ (-0.6)	4/26
2		Tishanna COHEN	JR	#5 Georgian Court	11.09m	36-4¾ (0.9)	4/26
3		Jewel PIERRECHARLES	FR	#5 Georgian Court {2}	10.79m	35-4¾ (0.0)	4/26
4		Angel CRUZ- FLETCHER	FR	#7 Caldwell	10.71m	35-1¾ (1.9)	4/15
5		Selena ERTCELL- EASLEY	FR	#1 Felician {2}	9.90m	32-5¾ (2.0)	4/12
6		Mikayla HALL	JR	#2 Holy Family (Pa.)	9.00m	29-6½ (0.0)	3/29

Women's Shot Put

1	76	Sytieia BROWN	FR	#3 Wilmington (Del.)	13.41m	44-0	5/3
2		Destiny FIELDS	JR	#1 Felician	12.25m	40-2¼	5/3
3		Kaydence FISCHER	SO	#5 Georgian Court	12.10m	39-8½	5/3
4		Dominique LEWIS	FR	#4 Goldey-Beacom	11.96m	39-3	4/19
5		Anna-Mae NELLIS	FR	#8 Bridgeport	11.89m	39-¼	4/18
6		Anastasia WATSON	SR	#9 Chestnut Hill	11.50m	37-8¾	5/3
7		Jada OBEGI	JR	#3 Wilmington (Del.) {2}	11.49m	37-8½	3/23
8		Jourdyn RUMPH	SR	#4 Goldey-Beacom {2}	11.43m	37-6	5/8
9		Adrianna FODERA	FR	#5 Georgian Court {2}	11.11m	36-5½	4/26
10		Trinyce SYMISTER	SO	#1 Felician {2}	10.90m	35-9¼	4/4

Women's Discus

1	65	Sytieia BROWN	FR	#3 Wilmington (Del.)	44.31m	145-5	5/18
2		Kaydence FISCHER	SO	#5 Georgian Court	42.66m	140-0	5/3
3		Destiny FIELDS	JR	#1 Felician	40.23m	132-0	4/26
4		Anastasia WATSON	SR	#9 Chestnut Hill	39.19m	128-7	3/29
5		Chiamaka WOKOCHA	SO	#5 Georgian Court {2}	39.15m	128-6	5/3
6		Daliana ROJAS	FR	#1 Felician {2}	37.06m	121-7	5/3
7		Kencye SCAVELLA	FR	#10 Dominican (N.Y.)	36.61m	120-2	5/3
8		Jourdyn RUMPH	SR	#4 Goldey-Beacom	36.50m	119-9	4/19
9		Sabrina HALK	SO	#5 Georgian Court {3}	34.51m	113-3	3/22
10		Dominique LEWIS	FR	#4 Goldey-Beacom {2}	32.23m	105-9	4/4

Women's Hammer

1	99	Sytieia BROWN	FR	#3 Wilmington (Del.)	50.03m	164-2	4/4
2		Chiamaka WOKOCHA	SO	#5 Georgian Court	44.56m	146-3	3/29
3		Jourdyn RUMPH	SR	#4 Goldey-Beacom	42.20m	138-6	5/3
4		Daliana ROJAS	FR	#1 Felician	40.14m	131-9	5/3
5		Jada OBEGI	JR	#3 Wilmington (Del.) {2}	39.27m	128-10	4/4
6		Adrianna FODERA	FR	#5 Georgian Court {2}	38.57m	126-7	4/12
7		Destiny FIELDS	JR	#1 Felician {2}	38.42m	126-1	5/3
8		Sabrina HALK	SO	#5 Georgian Court {3}	37.28m	122-4	3/29
9		Kaydence FISCHER	SO	#5 Georgian Court {4}	36.39m	119-5	3/29
10		Anna-Mae NELLIS	FR	#8 Bridgeport	36.01m	118-2	5/3

Women's Javelin

1	41	Ava REARDON	SO	#5 Georgian Court	42.41m	139-2	4/26
2	100	Karla CHARDON	SR	#4 Goldey-Beacom	38.88m	127-7	3/8
3		Trinyce SYMISTER	SO	#1 Felician	38.80m	127-4	5/3
4		Anna-Mae NELLIS	FR	#8 Bridgeport	37.66m	123-7	4/5
5		Ana LOPEZ	SR	#1 Felician {2}	34.70m	113-10	3/22
6		Adrianna FODERA	FR	#5 Georgian Court {2}	31.73m	104-1	3/29
6		Juliana DOGOSTINO	FR	#5 Georgian Court {2}	31.73m	104-1	3/29
8		Grace MOTT	FR	#9 Chestnut Hill	28.74m	94-3½	5/3
9		Morgan DOLAGHAN	FR	#7 Caldwell	28.08m	92-1½	5/3
10		Anastasia WATSON	SR	#9 Chestnut Hill {2}	27.64m	90-8¼	4/19

Women's Heptathlon

1		Anna-Mae NELLIS	FR	#8 Bridgeport	3,669	4/10
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Conference TFRI Event Summary



CCAA

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Women's 100 Meters

1	6	Hailey HUNT	SR	#3 Cal State San Be	11.30	(-0.4)	5/2
2	9	Amari WEATHERFORD	SR	#3 Cal State San Be{2}	11.35w	(2.4)	5/8
3	73	Alexandra ACKERMAN	SR	#3 Cal State San Be{3}	11.75w	(4.0)	5/8
4	78	Rionna WALLACE	JR	#4 Stanislaus State	11.76	(1.0)	5/2
5		Ta'Ahhjah FANN	FR	#1 Cal Poly Pomona	11.90w	(2.3)	5/8
6		Samira STEVENSON	FR	#1 Cal Poly Pomona{2}	11.92	(-0.4)	5/2
7		Rasha BADRANI	JR	#5 Cal State San Ma	12.04	(1.6)	5/8
8		Alyssa MEEKS	JR	#12 Cal State Domin	12.08w	(3.6)	4/19
9		Mina TSAI	SR	#8 SF State	12.14	(0.0)	2/22
10		Neshara SMITH	JR	#1 Cal Poly Pomona{3}	12.19	(1.2)	2/22

Women's 100 Meter Hurdles

1	15	Neshara SMITH	JR	#1 Cal Poly Pomona	13.65w	(2.1)	3/8
2	85	Joy HANO	SO	#9 Cal Poly Humbol	14.41	(1.7)	4/12
3		Shaylee MUTKA	SO	#5 Cal State San Ma	14.59	(2.0)	3/28
4		Natalie MUSE	SR	#2 Chico State	14.77	(1.7)	4/12
5		Mila REAL	SO	#4 Stanislaus State	14.84	(0.2)	5/2
6		Sarah LINDENTHAL	SR	#1 Cal Poly Pomona{2}	14.88w	(2.5)	5/8
7		Kathleen O'BRIEN	JR	#8 SF State	14.89	(0.2)	5/2
8		Talynn SCHROEDER	JR	#8 SF State {2}	14.92	(1.2)	5/2
8		Cyvanna BOWEN	JR	#12 Cal State Domin	14.92	(0.3)	4/12
10		Kathryn RUST	JR	#6 Sonoma State	15.00	(0.0)	2/21

Women's 200 Meters

1	6	Amari WEATHERFORD	SR	#3 Cal State San Be	23.24	(1.7)	5/2
2	10	Hailey HUNT	SR	#3 Cal State San Be{2}	23.30	(1.7)	5/2
3	32	Alexis WHITE	SR	#3 Cal State San Be{3}	23.75	(1.7)	5/2
4	41	Rasha BADRANI	JR	#5 Cal State San Ma	23.85	(-0.3)	4/5
5	59	Rionna WALLACE	JR	#4 Stanislaus State	24.03w	(2.4)	5/2
6	70	Jessica JAMES	JR	#1 Cal Poly Pomona	24.14	(1.7)	5/2
7		Alexandra ACKERMAN	SR	#3 Cal State San Be{4}	24.38	(1.6)	5/2
8		Coryssa HOPE	SO	#3 Cal State San Be{5}	24.40	(1.2)	4/19
9		Samira STEVENSON	FR	#1 Cal Poly Pomona{2}	24.45	(0.7)	5/2
10		Cierra ELLIS	JR	#3 Cal State San Be{6}	24.65w	(2.4)	5/2

Women's 400 Meters

1	7	Rasha BADRANI	JR	#5 Cal State San Ma	52.72		4/19
2	19	Alexis WHITE	SR	#3 Cal State San Be	53.75		5/2
3	47	Jessica JAMES	JR	#1 Cal Poly Pomona	54.92		3/22
4	72	Amari WEATHERFORD	SR	#3 Cal State San Be{2}	55.49		5/11
5	89	Coryssa HOPE	SO	#3 Cal State San Be{3}	55.71		4/12
6		Jenna RODRIGUEZ	JR	#10 Cal State East Ba	56.76		3/22
7		Danielle BACON	SR	#2 Chico State	56.86		4/12
8		Prishencia NNOHAM	SR	#3 Cal State San Be{4}	57.01		5/11
9		Mila REAL	SO	#4 Stanislaus State	57.06		4/5
10		Arisa HATCHER	JR	#1 Cal Poly Pomona{2}	57.21		4/12

Women's 400 Meter Hurdles

1	1	Rasha BADRANI	JR	#5 Cal State San Ma	57.79		4/5
2	12	Mila REAL	SO	#4 Stanislaus State	59.70		5/8
3	60	Dalia ROMO	JR	#7 Cal State LA	1:01.97		5/2
4	84	Shaylynn WYNN	SR	#4 Stanislaus State {2}	1:02.90		5/2
5		Tianna JARDSTROM	SR	#1 Cal Poly Pomona	1:03.98		3/8
6		Taylor YOST	SR	#11 Cal State Monter	1:04.57		5/2
7		Paula ROMO	JR	#7 Cal State LA {2}	1:05.17		5/2
8		Sydney LOPES	SR	#6 Sonoma State	1:05.75		4/26
9		Keneyia HALL	FR	#1 Cal Poly Pomona{2}	1:07.08		3/22
10		Lydia BINGER	SR	#8 SF State	1:07.21		3/22

Women's 800 Meters

1	24	Annie WILD	SO	#4 Stanislaus State	2:08.76		4/18
2	25	Arisa HATCHER	JR	#1 Cal Poly Pomona	2:08.80		4/5
3	33	Jenna RODRIGUEZ	JR	#10 Cal State East Ba	2:09.55		4/18
4	63	Crystal HERNANDEZ	SO	#4 Stanislaus State {2}	2:12.21		4/18
5	79	Artana NICE	FR	#9 Cal Poly Humbol	2:13.09		4/18
6	95	Sidney GARCIA	JR	#2 Chico State	2:13.45		4/18
7		Rachel HOOPS	FR	#11 Cal State Monter	2:13.58		4/5
8		Sienna BIANCHI	SO	#2 Chico State {2}	2:14.07		4/18
9		Mikenna CONAN	FR	#9 Cal Poly Humbol{2}	2:14.20		5/2
10		Kai MARROQUIN	JR	#3 Cal State San Be	2:14.70		3/28

Women's 1500 Meters

1	7	Annie WILD	SO	#4 Stanislaus State	4:19.67		4/18
2	15	Vivian MARTINEZ	SO	#1 Cal Poly Pomona	4:21.87		5/8
3	52	Sienna BIANCHI	SO	#2 Chico State	4:29.81		5/8
4	69	Kaya SCUBA	FR	#2 Chico State {2}	4:31.95		5/2
5	70	Crystal HERNANDEZ	SO	#4 Stanislaus State {2}	4:32.01		4/18
6	74	Artana NICE	FR	#9 Cal Poly Humbol	4:32.48		4/5
7	76	Della MOLINA	SO	#2 Chico State {3}	4:32.57		4/12
8	85	Iresh MOLINA	SO	#2 Chico State {4}	4:33.65		4/12
9		Tessa VASQUEZ	SO	#4 Stanislaus State {3}	4:35.08		3/29
10		Alondra ARIAS	JR	#1 Cal Poly Pomona{2}	4:36.88		5/2

Women's Steeplechase

1	37	Miranda PALACIOS	FR	#1 Cal Poly Pomona	10:51.31		3/8
2	47	Daisy SALINAS	SR	#8 SF State	10:55.33		4/5
3	49	Galilea JIMENEZ	SO	#1 Cal Poly Pomona{2}	10:57.68		4/19
4	50	Olivia BESCHORNER	FR	#2 Chico State	10:57.95		4/18
5	82	Isabela MORENO	SR	#4 Stanislaus State	11:14.10		4/5
6	93	Jordan DENNERT	SO	#3 Cal State San Be	11:18.54		3/28
7		Cozette WOOD	SO	#11 Cal State Monter	11:25.26		4/5
8		Zoe AITKEN	FR	#2 Chico State {2}	11:26.79		4/18
9		Hannah AMUNDSEN	FR	#11 Cal State Monter{2}	11:26.84		5/8
10		Constance ONEAL	JR	#6 Sonoma State	11:26.87		5/2



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Women's 5000 Meters

1	15	Della MOLINA	SO	#2 Chico State	16:17.53	4/18
2	17	Iresh MOLINA	SO	#2 Chico State {2}	16:21.15	4/18
3	47	Vivian MARTINEZ	SO	#1 Cal Poly Pomona	16:49.73	4/19
4	65	Jade KINGSTON	FR	#1 Cal Poly Pomona {2}	16:58.63	3/21
5	77	Jacqueline SANCHEZ	SO	#4 Stanislaus State	17:04.82	4/5
6		Yahaira ZUNIGA	SR	#4 Stanislaus State {2}	17:16.75	3/1
7		Jasmine FLETCHER	JR	#2 Chico State {3}	17:27.16	4/18
8		Miranda PALACIOS	FR	#1 Cal Poly Pomona {3}	17:28.69	3/21
9		Alondra ARIAS	JR	#1 Cal Poly Pomona {4}	17:31.81	5/8
10		Artana NICE	FR	#9 Cal Poly Humboldt	17:32.01	3/8

Women's 10,000 Meters

1	6	Iresh MOLINA	SO	#2 Chico State	34:08.97	4/5
2	7	Della MOLINA	SO	#2 Chico State {2}	34:09.93	4/5
3	45	Kelsi HART	FR	#5 Cal State San Marcos	35:49.82	3/8
4	60	Makenzie KORDIC	FR	#4 Stanislaus State	36:22.91	4/5
5	61	Angela MCMANUS	JR	#5 Cal State San Marcos {2}	36:26.28	4/18
6	69	Jade KINGSTON	FR	#1 Cal Poly Pomona	36:34.88	4/19
7	78	Paige MOORE	SR	#1 Cal Poly Pomona {2}	36:52.24	4/19
8	80	Megan MALLOY	SO	#2 Chico State {3}	36:57.32	4/5
9		Jacqueline SANCHEZ	SO	#4 Stanislaus State {2}	37:21.78	5/2
10		Yahaira ZUNIGA	SR	#4 Stanislaus State {3}	37:27.02	5/2

Women's 4x100 Relay

1	4	Alexandra Ackerman, Hailey Hunt, Alexis White, Amari Weatherford	#3 Cal State San Bernardino	44.60	5/8
2	27	Samira Stevenson, Jessica James, Ta'Ahjah Fann, Hannah Luster	#1 Cal Poly Pomona	45.86	5/2
3	88	Orchid Concha, Clara Haungs, Taylor Gomez, Adriana Hewitt	#5 Cal State San Marcos	47.61	5/2
4	93	Mila Real, Rionna Wallace, Reyna Dismukes, Shaylynn Wynn	#4 Stanislaus State	47.74	5/2
5	100	Katie Sheldon, Aniaya Bishop, Delaney Brown, Mia Cecilio	#6 Sonoma State	47.85	5/2
6		Joy Hano, Chris Roberds, Cadence Peery, Mia Roberts	#9 Cal Poly Humboldt	47.87	5/2
7		Tianna Thompson, Madi Monroe, Kaitlyn Gonzales, Breah Bell	#2 Chico State	48.17	4/19
8		Emmerson Wiggins, Sydney Holmes, Alyssa Polk, Ski'lar Wallace	#7 Cal State LA	48.31	5/11
9		Cyvanna Bowen, Raisa Miller, Teloni Ervin, Alyssa Meeks	#12 Cal State Dominguez	48.34	3/8
10		Mina Tsai, Zyah Harris-Bazuaye, Inelaboh Ajayi, Myla Easley	#8 SF State	48.78	2/22



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Women's 4x400 Relay

1	11	Coryssa Hope, Hailey Hunt, Amari Weatherford, Alexis White	#3	Cal State San Be	3:39.22	4/19
2	43	Trinity Moseby, Arissa Hatcher, Jordan Garcia, Jessica James	#1	Cal Poly Pomona	3:47.61	3/22
3	51	Kristin Cole, Rasha Badrani, Clara Haungs, Adriana Hewitt	#5	Cal State San Ma	3:49.77	3/28
4	61	Reyna Dismukes, Mila Real, Rionna Wallace, Shaylynn Wynn	#4	Stanislaus State	3:51.16	5/2
5	67	Emmerson Wiggins, Destiny Moedano, Dalia Roma, Paula Romo	#7	Cal State LA	3:52.43	5/2
6	75	Danielle Bacon, Sidney Garcia, Kaitlyn Gonzales, Madi Monroe	#2	Chico State	3:53.61	4/18
7		Brielle Jimerson, Ginny Brooks, Joy Hano, Grace Kasberger	#9	Cal Poly Humbol	3:59.17	3/29
8		Mia Cecilio, Sydney Lopes, Delaney Brown, Katie Sheldon	#6	Sonoma State	4:00.37	5/2
9		Simryn Parikh, Rachael Simpson, Julia Carmona, Jenna Rodriguez	#10	Cal State East Ba	4:00.52	5/2
10		Leloni Ervin, Alyssa Meeks, Christine Duarte, Hanna Espinoza	#12	Cal State Domin	4:03.71	3/8

Women's High Jump

1	35	Amber WALKER	FR	#6	Sonoma State	1.69m	5-6½	5/2
2	36	Allie GOETZ	FR	#2	Chico State	1.68m	5-6	4/19
3	68	Samone CABLE	FR	#5	Cal State San Ma	1.65m	5-5	2/28
4	91	Sarah LINDENTHAL	SR	#1	Cal Poly Pomona	1.64m	5-4½	5/2
4	91	Neshara SMITH	JR	#1	Cal Poly Pomona	1.64m	5-4½	5/2
6	99	Kendra PEARSON	SR	#2	Chico State	{2} 1.63m	5-4¼	4/18
7		Sabrina CARLE-PARRA	JR	#8	SF State	1.62m	5-3¾	4/5
7		Aaliyah MENDOZA	JR	#1	Cal Poly Pomona	{3} 1.62m	5-3¾	3/28
7		Emily NGUYEN	SR	#3	Cal State San Be	1.62m	5-3¾	4/26
10		Jazmine SEVERO	SO	#6	Sonoma State	{2} 1.61m	5-3¼	4/26

Women's Pole Vault

1	18	Isabelle CARREON	SR	#1	Cal Poly Pomona	3.96m	12-11¾	5/11
2	26	Janey RUBIO	SO	#2	Chico State	3.90m	12-9½	5/2
3	87	Kendra WILLIAMS	FR	#1	Cal Poly Pomona	{2} 3.58m	11-9	5/8
4	97	Katie SNEDDEN	FR	#6	Sonoma State	3.50m	11-5¾	3/8
5		Miranda SEITZ	FR	#2	Chico State	{2} 3.46m	11-4¼	3/29
6		Shannon GAITAN	JR	#1	Cal Poly Pomona	{3} 3.43m	11-3	5/8
7		Alexis WACHOWSKI	SO	#8	SF State	3.35m	10-11¾	2/22
8		Katarina MUELLERLEILE	FR	#10	Cal State East Ba	3.23m	10-7	3/22
9		Samantha RODRIGUEZ	SO	#6	Sonoma State	{2} 3.20m	10-6	4/19
9		Bailie HORTON	JR	#1	Cal Poly Pomona	{4} 3.20m	10-6	5/2

Women's Long Jump

1	5	Jonon YOUNG	JR	#7	Cal State LA	6.35mw	20-10 (2.7)	5/1
2	27	Neshara SMITH	JR	#1	Cal Poly Pomona	6.03mw	19-9½ (3.3)	5/2
3	35	Jordyn BROOKS	SO	#5	Cal State San Ma	5.96mw	19-6¼ (2.5)	5/1
4	65	Amari WEATHERFORD	SR	#3	Cal State San Be	5.80mw	19-½ (2.7)	5/2
5	69	Autumn SHOMAKER	FR	#5	Cal State San Ma	{2} 5.78m	18-11¾ (1.0)	5/8
6		Natalie MUSE	SR	#2	Chico State	5.64m	18-6 (-1.4)	4/12
7		Kelsey EHINLAIYE	JR	#1	Cal Poly Pomona	{2} 5.61mw	18-5 (2.6)	2/28
8		Megan CARRIGAN	FR	#1	Cal Poly Pomona	{3} 5.58m	18-3¾ (0.7)	3/8
9		Reyna DISMUKES	SR	#4	Stanislaus State	5.57m	18-3¼ (1.7)	3/8
10		Emily NGUYEN	SR	#3	Cal State San Be	{2} 5.55mw	18-2½ (3.0)	4/12

Women's Triple Jump

1	6	Jonon YOUNG	SO	#7	Cal State LA	12.62m	41-5 (0.1)	4/17
2	45	Julia CARMONA	FR	#10	Cal State East Ba	11.85mw	38-10½ (4.0)	5/2
3	48	Natalie LIN	SR	#1	Cal Poly Pomona	11.84mw	38-10¼ (2.8)	5/8
4	57	Reyna DISMUKES	SR	#4	Stanislaus State	11.79m	38-8¼ (0.0)	5/2
5	60	Jordyn BROOKS	SO	#5	Cal State San Ma	11.78m	38-7¾ (0.4)	5/2
6	78	Ehinomen EGHOBOR	FR	#1	Cal Poly Pomona	{2} 11.62mw	38-1½ (2.3)	5/2
7	86	Essence JACKSON	JR	#8	SF State	11.55mw	37-10¾ (3.0)	5/2
8	90	Nyah PAULDING	JR	#1	Cal Poly Pomona	{3} 11.54mw	37-10½ (2.1)	5/2
9		Cecille LIGHTBOURN	FR	#7	Cal State LA	{2} 11.28m	37-¼ (0.6)	4/17
10		Andrea ALVARADO	JR	#5	Cal State San Ma	{2} 11.23m	36-10¼ (0.0)	3/8

Women's Shot Put

1	48	Mi'ah MOLETTE	FR	#1	Cal Poly Pomona	13.87m	45-6¼	5/2
2	49	Gianna FRANK	FR	#3	Cal State San Be	13.79m	45-3	3/22
3	69	Sinaiah POINTER	SO	#7	Cal State LA	13.49m	44-3¾	5/2
4	71	Ariyah FORD	JR	#6	Sonoma State	13.47m	44-2½	4/26
5	83	Alexis NINO	JR	#4	Stanislaus State	13.29m	43-7¾	5/2
6		Mayra MEJIA HALLER	SR	#3	Cal State San Be	{2} 12.07m	39-7¼	4/18
7		Tesa LIUFAU	FR	#6	Sonoma State	{2} 12.06m	39-6¼	5/2
8		Kennedi JONES	SO	#8	SF State	12.00m	39-4½	3/22
9		Grace KASBERGER	SR	#9	Cal Poly Humbol	11.84m	38-10¼	5/2
10		Angelina ESCOBAR	SR	#2	Chico State	11.83m	38-9¾	5/2



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Women's Discus

1	38	Ariyah FORD	JR	#6 Sonoma State	46.40m	152-3	4/19
2	58	Liz GHAZANCHIAN	SR	#3 Cal State San Be	44.89m	147-4	4/26
3	86	Angelina ESCOBAR	SR	#2 Chico State	43.41m	142-5	4/5
4		Isabelle CAMPOS	JR	#1 Cal Poly Pomona	42.91m	140-10	2/28
5		Samantha SMITH	SO	#9 Cal Poly Humbol	40.55m	133-1	4/19
6		Cynthia HURTADO	SR	#1 Cal Poly Pomona{2}	40.40m	132-7	2/22
7		Sinaiah POINTER	SO	#7 Cal State LA	40.31m	132-3	3/8
8		Melina JONES	FR	#6 Sonoma State {2}	39.57m	129-10	5/2
9		Breanna LAWRENCE	JR	#2 Chico State {2}	36.74m	120-7	4/12
10		Miranda OWEN	JR	#3 Cal State San Be{2}	36.29m	119-1	4/12

Women's Hammer

1	54	Alexis NINO	JR	#4 Stanislaus State	52.50m	172-3	3/1
2	66	Sage COYLE	SR	#2 Chico State	51.78m	169-11	4/12
3	90	Ariyah FORD	JR	#6 Sonoma State	50.62m	166-1	4/26
4	92	Angelina ESCOBAR	SR	#2 Chico State {2}	50.41m	165-5	5/8
5		Mi'ah MOLETTE	FR	#1 Cal Poly Pomona	49.58m	162-8	3/8
6		Elizabeth RUSHING	SR	#3 Cal State San Be	48.08m	157-9	4/26
7		Isabelle CAMPOS	JR	#1 Cal Poly Pomona{2}	47.75m	156-8	4/12
8		Vanessa PORTILLO	SR	#7 Cal State LA	46.82m	153-8	5/8
9		Cynthia HURTADO	SR	#1 Cal Poly Pomona{3}	46.77m	153-6	2/22
10		Bianca TOWNSEND	JR	#1 Cal Poly Pomona{4}	46.55m	152-9	3/8

Women's Javelin

1	36	Josie PETERSON	SR	#2 Chico State	42.95m	140-11	4/5
2	49	Andrea VILLALTA	SR	#2 Chico State {2}	41.85m	137-4	5/8
3	83	Rachelle ZILAVEC	SR	#5 Cal State San Ma	39.77m	130-6	3/8
4		Vanessa PORTILLO	SR	#7 Cal State LA	38.00m	124-8	5/2
5		Jessi RAE FLYNN	FR	#2 Chico State {3}	37.33m	122-6	5/2
6		Emily NGUYEN	SR	#3 Cal State San Be	36.08m	118-5	4/26
7		Rebecca HAMPTON	SR	#6 Sonoma State	34.94m	114-8	4/5
8		Daeja DOWNING	FR	#2 Chico State {4}	34.93m	114-7	5/2
9		Amelia ADAMSON	SR	#1 Cal Poly Pomona	34.24m	112-4	5/2
10		Jaclyn BROWN	SR	#3 Cal State San Be{2}	33.74m	110-9	3/8

Women's Heptathlon

1	31	Neshara SMITH	JR	#1 Cal Poly Pomona	4,792	5/2
2	56	Grace KASBERGER	SR	#9 Cal Poly Humbol	4,553	5/2
3	70	Natalie MUSE	SR	#2 Chico State	4,434	4/4
4	71	Sarah LINDENTHAL	SR	#1 Cal Poly Pomona{2}	4,430	5/2
5		Talynn SCHROEDER	JR	#8 SF State	4,117	5/2
6		Kathryn RUST	JR	#6 Sonoma State	3,980	2/21
7		Amelia ADAMSON	SR	#1 Cal Poly Pomona{3}	3,944	5/2
8		Annabelle LOW	JR	#2 Chico State {2}	3,773	2/21
9		Kayla JAMES	SR	#5 Cal State San Ma	3,764	5/2
10		Annie BELTER	JR	#2 Chico State {3}	3,628	5/2



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Women's 100 Meters

1	15	Brianna BENLOSS	SO	#1 Winston-Salem S	11.42w	(3.9)	5/3
2		Jadah RASOOL	SO	#3 Claflin	11.91	(1.7)	5/3
3		Morgan COVERSON-SPRINGS	FR	#3 Claflin	{2} 11.92	(1.7)	5/3
4		Aisha CARRINGTON	SR	#5 Lincoln (Pa.)	11.96	(1.8)	5/3
5		Ziyah ETCHISON	SO	#2 Fayetteville Stat	11.99w	(3.9)	5/3
6		Nijah LEWIS	FR	#6 Johnson C. Smitl	12.04	(0.1)	4/19
7		Lydia CHAPPLE	SR	#1 Winston-Salem S	{2} 12.07w	(2.5)	4/13
8		Jayla GREENE	JR	#4 Virginia State	12.08	(1.2)	4/5
9		Christal ROLACK	JR	#9 Virginia Union	12.09	(1.8)	5/3
10		Malayasia GABRIEL	SO	#1 Winston-Salem S	{3} 12.12w	(3.9)	5/3

Women's 100 Meter Hurdles

1	4	Charnessa REID	SR	#1 Winston-Salem S	13.32w	(2.6)	4/19
2	27	Obiageli AKUBUDE	SO	#3 Claflin	13.77w	(2.6)	4/12
3	29	Aisha CARRINGTON	SR	#5 Lincoln (Pa.)	13.81w	(2.3)	5/3
4	40	Gabrielle MAYE	SO	#6 Johnson C. Smitl	14.01w	(2.3)	5/3
5	50	Morgan COVERSON-SPRINGS	FR	#3 Claflin	{2} 14.10	(1.1)	4/12
6	78	Layla SIMPSON	JR	#1 Winston-Salem S	{2} 14.38w	(2.3)	5/3
7	82	Jaelynn WYNDER-HILL	JR	#4 Virginia State	14.39w	(2.3)	5/3
8		Ida Rose MOORE	SR	#5 Lincoln (Pa.)	{2} 14.55	(0.4)	5/3
9		Amiyah MURRAY	SR	#1 Winston-Salem S	{3} 14.66	(1.7)	5/3
10		Aria GOODE	SR	#6 Johnson C. Smitl	{2} 14.87	(1.7)	5/3

Women's 200 Meters

1	47	Brianna BENLOSS	SO	#1 Winston-Salem S	23.96	(1.8)	5/3
2	81	Morgan COVERSON-SPRINGS	FR	#3 Claflin	24.21	(1.0)	5/3
3	85	Janya MOORE	SO	#2 Fayetteville Stat	24.23w	(2.7)	3/22
4		Olivia COSBY	SO	#1 Winston-Salem S	{2} 24.42	(1.5)	5/3
5		Asheika SMITH	SO	#1 Winston-Salem S	{3} 24.51	(0.0)	5/3
5		Obiageli AKUBUDE	SO	#3 Claflin	{2} 24.51	(1.8)	4/5
7		Nijah LEWIS	FR	#6 Johnson C. Smitl	24.69	(1.0)	5/3
8		Brea CHILDS	FR	#3 Claflin	{3} 24.72	(0.0)	5/3
9		Daijion LEE	JR	#1 Winston-Salem S	{4} 24.78	(1.0)	5/3
10		Elisha BARNES	JR	#4 Virginia State	24.85	(-0.5)	4/12

Women's 400 Meters

1	23	Kamani JOHNS	SR	#5 Lincoln (Pa.)	53.89		5/3
2	45	Olivia COSBY	SO	#1 Winston-Salem S	54.85		5/3
3	67	Asheika SMITH	SO	#1 Winston-Salem S	{2} 55.45		5/3
4		Brea CHILDS	FR	#3 Claflin	56.08		4/12
5		Simone KELLY	SO	#1 Winston-Salem S	{3} 56.22		4/19
6		Daijion LEE	JR	#1 Winston-Salem S	{4} 56.77		4/19
7		Jeaneva GOLDEN	SO	#2 Fayetteville Stat	56.85		5/3
8		Leannah JORDAN	FR	#5 Lincoln (Pa.)	{2} 57.19		5/3
9		Gabrielle MAYE	SO	#6 Johnson C. Smitl	57.46		3/22
10		Jonnica FULLER	SR	#3 Claflin	{2} 57.83		3/22

Women's 400 Meter Hurdles

1	26	Gabrielle MAYE	SO	#6 Johnson C. Smitl	---		5/3
2	60	Layla SIMPSON	JR	#1 Winston-Salem S	1:01.97		5/3
3	67	Faith JONES	FR	#3 Claflin	1:02.21		5/3
4	96	Pheijana BURNSIDE	JR	#3 Claflin	{2} 1:03.27		5/3
5		Khrisalyn KEGLER	JR	#11 Bluefield State	1:04.46		5/3
6		Rihan PRICE	FR	#6 Johnson C. Smitl	{2} 1:05.76		5/3
7		Desairey GRAY	JR	#4 Virginia State	1:05.99		5/3
8		Amani ADAMS	JR	#5 Lincoln (Pa.)	1:06.94		3/29
9		Shaneil JOHNSON	SO	#8 Shaw	1:07.36		3/8
10		Jonnica FULLER	SR	#3 Claflin	{3} 1:07.64		4/19

Women's 800 Meters

1		Kamani JOHNS	SR	#5 Lincoln (Pa.)	2:13.96		4/4
2		Brenda CHEBOI	JR	#2 Fayetteville Stat	2:15.71		5/3
3		Elicia BRYANT	SO	#1 Winston-Salem S	2:16.42		5/3
4		Toni MIDDLEBROOKS	SO	#9 Virginia Union	2:16.59		5/3
5		Ashley BELL	SO	#2 Fayetteville Stat	{2} 2:17.02		5/3
6		Rainn SHEPPARD	SO	#1 Winston-Salem S	{2} 2:17.95		4/13
7		Simone KELLY	SO	#1 Winston-Salem S	{3} 2:19.53		4/13
8		Repline CHEPTOO	JR	#2 Fayetteville Stat	{3} 2:20.75		4/5
9		Precious DURAND	FR	#6 Johnson C. Smitl	2:21.09		4/19
10		Nia GIBSON	JR	#2 Fayetteville Stat	{4} 2:21.39		4/19

Women's 1500 Meters

1		Rose MUTURI	SO	#4 Virginia State	4:44.82		4/19
2		Elicia BRYANT	SO	#1 Winston-Salem S	4:47.37		5/3
3		Brenda CHEBOI	JR	#2 Fayetteville Stat	4:52.71		5/3
4		Nia GIBSON	JR	#2 Fayetteville Stat	{2} 4:59.78		5/3
5		Ashley BELL	SO	#2 Fayetteville Stat	{3} 4:59.84		4/5
6		Rainn SHEPPARD	SO	#1 Winston-Salem S	{2} 5:01.88		5/3
7		Repline CHEPTOO	JR	#2 Fayetteville Stat	{4} 5:04.29		5/3
8		Trinity BUMBRY	JR	#10 Livingstone	5:10.05		3/22
9		Ananda HAMLIN	FR	#4 Virginia State	{2} 5:10.67		5/3
10		Jaiyah NELSON	JR	#1 Winston-Salem S	{3} 5:14.61		5/3

Women's 5000 Meters

1		Rose MUTURI	SO	#4 Virginia State	18:08.64		4/19
2		Abijah JEPKEMBOI	SO	#9 Virginia Union	19:36.80		3/21
3		Miranda MCLEAN	SO	#5 Lincoln (Pa.)	21:11.22		4/17
4		Sharon KURUI	JR	#8 Shaw	23:57.38		3/8
5		Courtney GREEN	JR	#8 Shaw	{2} 24:37.05		4/26
6		Nadia HERNANDEZ-DAVIS	FR	#8 Shaw	{3} 25:48.14		3/8

Women's 10,000 Meters

1		Courtney GREEN	JR	#8 Shaw	50:29.67		3/8
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Conference TFRI Event Summary



CIAA

as of 5/20/2025 6:54:02 AM ET

Women's 4x100 Relay

1	50	Kamauree Randolph, Asheika Smith, Lydia Chapple, Brianna Benloss	#1 Winston-Salem S	46.60	3/29
2	57	Malaysia Barber, Janya Moore, Ziyah Etchison, Ronee Tudor	#2 Fayetteville Stat	46.98	3/22
2	57	Jayla Greene, Eden Ramirez, Elisha Barnes, Markeria King	#4 Virginia State	46.98	5/3
4	64	#Type!	#3 Claflin	47.08	4/19
5	76	Gabrielle Maye, Maniah Powell, Kamaya Speight, Nijah Lewis	#6 Johnson C. Smitl	47.29	4/19
6	81	Aleisia Robinson, Destiny Ross-Bates, Amaya Williams, Ty'kira Garrett	#10 Livingstone	47.39	3/22
7	92	Jade Lane, Christal Rolack, Taylor Porter, Kayla Lee	#9 Virginia Union	47.68	5/3
8		Aisha Carrington, Leannah Jordan, Ida Rose Moore, Sabianka Alexis	#5 Lincoln (Pa.)	47.96	3/29
9		Shyasia White, Kani'a Dozier, Nataya Walker, Anijah Medley	#7 Bowie State	51.39	5/3

Women's 4x400 Relay

1	21	Daijion Lee, Asheika Smith, Simone Kelly, Olivia Cosby	#1 Winston-Salem S	3:41.92	4/19
2	42	Jonnica Fuller, Obiageli Akubude, Brea Childs, Faith Jones	#3 Claflin	3:47.58	5/3
3	47	Leannah	FR #5 Lincoln (Pa.)	3:49.00	4/26
4	64	Sierrah Matthews, Sanai Forte, Abraonna Williams, Jeaneva Golden	#2 Fayetteville Stat	3:51.56	5/3
5	70	Abigail Wicks, Rihan Price, Precious Durand, Gabrielle Maye	#6 Johnson C. Smitl	3:53.09	5/3
6		Thomyka Valcent, Keneah Romney, Ty'kira Garrett, Trinity Bumbry	#10 Livingstone	3:58.74	3/29
7		Jayla Greene, Torie Satterwhite, Desairey Gray, Elisha Barnes	#4 Virginia State	3:58.91	5/3
8		Nykia Fort, Toni MiddleBrooks, Christal Rolack, Jailyn Johnson	#9 Virginia Union	3:59.50	5/3
9		Brijette Basden, Camila Prieto, Shaneil Johnson, Reginae Bastian	#8 Shaw	4:14.70	3/14
10		Emetem Bezezuh, Mylah Faulk, Fisayo Sule, Nasya Fields	#7 Bowie State	4:16.06	4/4

Women's High Jump

1	26	Domanique KNOWLES	SR #2 Fayetteville Stat	1.70m	5-7	5/3
2	91	Kenedy SHIELDS	FR #4 Virginia State	1.64m	5-4½	4/5
3		Charnessa REID	SR #1 Winston-Salem S	1.60m	5-3	4/13
3		Sheree WRIGHT	JR #2 Fayetteville Stat{2}	1.60m	5-3	4/19
5		Omeika HOGG	SO #4 Virginia State	{2} 1.57m	5-1¾	4/12
6		Samiya DELL	FR #4 Virginia State	{3} 1.56m	5-1¼	3/22
7		Marlayna MCBRIDE	SO #3 Claflin	1.55m	5-1	4/19
7		Zhaire MACK	SO #3 Claflin	1.55m	5-1	4/19
9		Gabrielle LANIER	FR #5 Lincoln (Pa.)	1.50m	4-11	4/4
9		Zoe CHESSON	FR #1 Winston-Salem S{2}	1.50m	4-11	3/29
9		Layla SIMPSON	JR #1 Winston-Salem S{2}	1.50m	4-11	5/3
9		Kaiya WRIGHT	JR #2 Fayetteville Stat{3}	1.50m	4-11	4/19
9		Amiyah MURRAY	SR #1 Winston-Salem S{2}	1.50m	4-11	4/19

Women's Pole Vault

1		Arianna WICKLIFF	JR #11 Bluefield State	2.01m	6-7	4/11
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Conference TFRI Event Summary



CIAA

as of 5/20/2025 6:54:02 AM ET

Women's Long Jump

1	26	Charnessa REID	JR	#1 Winston-Salem S	6.04m	19-9¾ (0.0)	5/2
2	37	Jhnyia KNUCKLES	SO	#3 Claflin	5.95m	19-6¼ (-2.0)	5/3
3	44	Abraonna WILLIAMS	JR	#2 Fayetteville Stat	5.91m	19-4¾ (1.0)	4/18
4	69	Trinity BROOKS	FR	#1 Winston-Salem S	{2} 5.78mw	18-11¾ (3.8)	4/19
5	75	Mikalyn CHAMBERS	SO	#2 Fayetteville Stat	{2} 5.77m	18-11¼ (-2.)	5/3
6	82	Domanique KNOWLES	SR	#2 Fayetteville Stat	{3} 5.74m	18-10 (-2.3)	5/3
6	82	Holley JOHNSON	JR	#2 Fayetteville Stat	{3} 5.74m	18-10 (1.5)	4/5
8		Anijah MEDLEY	SO	#7 Bowie State	5.54m	18-2¼ (-0.3)	3/29
9		Jade LANE	SR	#9 Virginia Union	5.53m	18-1¾ (0.4)	4/19
10		Kenedy SHIELDS	FR	#4 Virginia State	5.51m	18-1 (-1.9)	5/3

Women's Triple Jump

1	16	Jhnyia KNUCKLES	SO	#3 Claflin	12.35m	40-6¼ (1.6)	5/2
2	21	Domanique KNOWLES	SR	#2 Fayetteville Stat	12.18m	39-11½ (0.5)	5/2
3	51	Morgan COVERSON-SPRINGS	FR	#3 Claflin	{2} 11.82mw	38-9½ (2.2)	4/12
4	92	Nijah LEWIS	FR	#6 Johnson C. Smitl	11.53m	37-10 (1.5)	3/29
5	95	Mikalyn CHAMBERS	SO	#2 Fayetteville Stat	{2} 11.51m	37-9¼ (1.5)	4/5
5	95	Trinity BROOKS	FR	#1 Winston-Salem S	11.51m	37-9¼ (1.4)	5/3
7		Marlayna MCBRIDE	SO	#3 Claflin	{3} 11.38m	37-4 (1.9)	5/3
8		Aria GOODE	SR	#6 Johnson C. Smitl	{2} 11.29m	37-½ (0.0)	3/29
9		JeNia HAIGLER	FR	#3 Claflin	{4} 11.22mw	36-9¾ (3.3)	4/5
10		A'Marah PARRISH	FR	#4 Virginia State	11.06m	36-3½ (1.8)	5/3

Women's Shot Put

1	14	Yassine KAMARA	JR	#7 Bowie State	14.87m	48-9½	4/4
2	71	Aaliyah WHYTE	JR	#2 Fayetteville Stat	13.47m	44-2½	5/3
3		Janiya HARMON	JR	#4 Virginia State	12.86m	42-2¼	4/19
4		McKenna SWINTON	FR	#3 Claflin	12.19m	40-0	4/12
5		Maeghan WALLACE	JR	#1 Winston-Salem S	11.96m	39-3	4/5
6		Jazmyne MCGIRT	JR	#7 Bowie State	{2} 11.94m	39-2¼	4/4
7		Gabrielle HENRY	SR	#8 Shaw	11.81m	38-9	5/3
8		A'Mayia WHITE	SO	#3 Claflin	{2} 11.64m	38-2¼	5/3
9		Kalia HOPSON	FR	#10 Livingstone	11.46m	37-7¼	3/29
10		Dynasty ANDREWS	JR	#11 Bluefield State	11.42m	37-5¾	4/26

Women's Discus

1	7	Yassine KAMARA	JR	#7 Bowie State	50.84m	166-10	4/26
2		Janiya HARMON	JR	#4 Virginia State	40.99m	134-6	3/22
3		Mikayla BALL	FR	#6 Johnson C. Smitl	40.57m	133-1	4/13
4		Ashanti WRIGHT	JR	#8 Shaw	40.53m	133-0	3/29
5		Zion COSBY	FR	#8 Shaw	{2} 40.24m	132-0	5/3
6		Aaliyah WHYTE	JR	#2 Fayetteville Stat	39.72m	130-4	5/3
7		Oliviah GREEN	JR	#11 Bluefield State	39.70m	130-3	5/3
8		Gabrielle HENRY	SR	#8 Shaw	{3} 37.31m	122-5	5/3
9		Paige SIMMONS-NORRIS	FR	#2 Fayetteville Stat	{2} 37.28m	122-4	5/3
10		Na'Shae EARLY	SR	#7 Bowie State	{2} 36.13m	118-7	4/4

Women's Hammer

1		Aaliyah WHYTE	JR	#2 Fayetteville Stat	43.89m	144-0	4/19
2		Belvia ANN YANGUE	SO	#7 Bowie State	39.85m	130-9	3/29
3		Na'Shae EARLY	SR	#7 Bowie State	{2} 37.13m	121-10	4/19
4		Mikayla BALL	FR	#6 Johnson C. Smitl	36.87m	121-0	4/19
5		Dasani ROBINSON	SR	#7 Bowie State	{3} 32.49m	106-7	3/29
6		Emoniee HOLLOWELL	FR	#9 Virginia Union	31.38m	103-0	4/5
7		Sierra BUSH	FR	#9 Virginia Union	{2} 23.43m	76-10½	4/5

Women's Javelin

1	96	Zhaire MACK	SO	#3 Claflin	39.03m	128-1	4/5
2		Jade LANE	SR	#9 Virginia Union	38.19m	125-4	5/3
3		Cheyenne WILLIAMS	FR	#3 Claflin	{2} 34.29m	112-6	5/3
4		Samiya DELL	FR	#4 Virginia State	32.15m	105-6	4/26
5		Paige SIMMONS-NORRIS	FR	#2 Fayetteville Stat	30.06m	98-7½	4/19
6		Nariah FURR	SO	#10 Livingstone	30.05m	98-7¼	3/29
7		Daina MORRISON	JR	#8 Shaw	29.62m	97-2¼	3/29
8		Na'Shae EARLY	SR	#7 Bowie State	29.60m	97-1½	5/3
9		Jazmyne MCGIRT	JR	#7 Bowie State	{2} 28.78m	94-5¼	3/29
10		Janiya HARMON	JR	#4 Virginia State	{2} 28.39m	93-1¾	4/5



Conference TFRI Event Summary



Conference Carolinas

as of 5/20/2025 6:54:02 AM ET

Women's 100 Meters

1	20	Futura HARRIS	FR	#1 Mount Olive	11.46	(1.9)	5/9
2	23	Eseose OKODUWA	SR	#2 Converse	11.48	(2.0)	4/26
3	24	Aniya HECKSTALL	JR	#8 Barton	11.49	(-0.3)	5/8
4	98	Bre'Asia ROBINSON	FR	#4 North Greenville	11.84	(2.0)	4/26
5		LaSira NICHOLSON	JR	#1 Mount Olive	{2} 11.89w	(2.1)	3/22
6		Hannah HILL	SR	#4 North Greenville	{2} 11.95	(0.2)	4/12
7		Heaven ROBERTS	SO	#1 Mount Olive	{3} 11.97	(1.8)	3/29
8		Keiarra TUTT	JR	#8 Barton	{2} 11.99	(1.1)	3/8
9		Makayla WILSON	JR	#9 Southern Wesley	12.03w	(3.9)	4/12
10		Sanyiah SHIELDS	FR	#1 Mount Olive	{4} 12.06	(0.8)	3/29
10		Erica MCCLARY	SO	#8 Barton	{3} 12.06	(1.9)	5/9

Women's 100 Meter Hurdles

1	16	Channie JEFFERSON	JR	#1 Mount Olive	13.66w	(2.1)	3/29
2	64	Kiwanza PEMBERTON	SR	#1 Mount Olive	{2} 14.28	(1.5)	4/26
2	64	Isabelle FLORES	SR	#3 Belmont Abbey	14.28	(0.6)	3/29
4	93	Kennedy WRIGHT	FR	#2 Converse	14.47	(1.5)	4/26
5		Alexandra THOMAS	SO	#3 Belmont Abbey	{2} 14.53	(1.5)	4/26
6		TraVon LAY	SR	#9 Southern Wesley	14.66w	(2.9)	3/29
6		Hannah HILL	SR	#4 North Greenville	14.66	(-0.9)	5/11
8		Tylyia TRIGGS	SR	#1 Mount Olive	{3} 14.80w	(2.1)	3/29
9		Kamille CUNNINGHAM	SO	#2 Converse	{2} 14.81	(0.3)	4/26
10		Nashari EDWARDS	FR	#6 Shorter	15.17	(1.9)	4/12

Women's 200 Meters

1	28	Futura HARRIS	FR	#1 Mount Olive	23.68w	(2.7)	3/22
2	29	Aniya HECKSTALL	JR	#8 Barton	23.70	(0.2)	5/8
3	40	Hannah HILL	SR	#4 North Greenville	23.84	(1.8)	4/26
4	57	Eseose OKODUWA	SR	#2 Converse	24.01	(1.8)	4/26
5		Isabelle FLORES	SR	#3 Belmont Abbey	24.42w	(2.3)	4/4
6		Sanyiah SHIELDS	FR	#1 Mount Olive	{2} 24.60w	(3.6)	3/29
7		Keiarra TUTT	JR	#8 Barton	{2} 24.69	(-2.2)	3/14
8		Heaven ROBERTS	SO	#1 Mount Olive	{3} 24.82w	(2.7)	3/22
9		Savannah WELCH	FR	#6 Shorter	24.90	(-1.0)	4/19
10		Madison ROSE	SR	#6 Shorter	{2} 24.98	(0.5)	4/26

Women's 400 Meters

1	64	Hannah HILL	SR	#4 North Greenville	55.30		4/26
2		Katie-Marie SHERLOCK	SO	#5 UNC Pembroke	56.24		4/26
3		Jermiya BETHEL	SO	#2 Converse	56.32		4/26
4		Channie JEFFERSON	JR	#1 Mount Olive	56.79		3/8
5		Keiarra TUTT	JR	#8 Barton	57.36		4/26
6		Kilaya LUCIEN	SO	#6 Shorter	57.78		4/19
7		Essence SLATE	SO	#1 Mount Olive	{2} 58.04		5/8
8		Morgan HALL	SO	#11 Emmanuel (Ga.)	59.59		4/26
8		Trinity MULBROW-GREEN	FR	#2 Converse	{2} 59.59		3/29
10		Trenee GRIMES	SR	#6 Shorter	{2} 59.67		4/5

Women's 400 Meter Hurdles

1	18	Isabelle FLORES	SR	#3 Belmont Abbey	59.85		5/11
2		Keianna MIMS	SO	#1 Mount Olive	1:03.80		4/26
3		Amiliana SIMMONS	FR	#1 Mount Olive	{2} 1:04.17		5/8
4		Channie JEFFERSON	JR	#1 Mount Olive	{3} 1:05.25		4/19
5		Kiwanza PEMBERTON	SR	#1 Mount Olive	{4} 1:07.91		4/26
6		Olivia WHITE	SR	#3 Belmont Abbey	{2} 1:07.92		4/26
7		Landri MARTINKA	SO	#7 Lees-McRae	1:08.65		4/26
8		Katlyn ROSE	SR	#4 North Greenville	1:09.44		4/26
9		Antaja WHITEHEAD	SR	#13 Erskine	1:09.78		4/12
10		TraVon LAY	SR	#9 Southern Wesley	1:10.10		3/22

Women's 800 Meters

1		Hannah HILL	SR	#4 North Greenville	2:16.06		4/5
2		Ermay VAZQUEZ	SO	#12 King	2:19.17		4/12
3		Linn LINDEVIK	FR	#1 Mount Olive	2:19.84		4/12
4		Ellie TIMMONS	FR	#4 North Greenville	{2} 2:20.67		4/12
5		Mia ZUNIGA	SR	#3 Belmont Abbey	2:20.82		3/29
6		Ruth SPIJKER	JR	#2 Converse	2:22.07		3/22
7		Riley NICHOLSON	JR	#4 North Greenville	{3} 2:22.65		4/26
8		Sofia SKIDMORE	FR	#5 UNC Pembroke	2:22.78		4/26
9		Zoie JUSTICE	JR	#4 North Greenville	{4} 2:23.10		4/5
10		Brynley WALRAVEN	FR	#14 Young Harris	2:23.46		4/26

Women's 1500 Meters

1		Cecily ANDERTON	SO	#4 North Greenville	4:45.34		4/5
2		Ruth SPIJKER	JR	#2 Converse	4:47.63		3/14
3		Ellie TIMMONS	FR	#4 North Greenville	{2} 4:47.69		4/5
4		Mia ZUNIGA	SR	#3 Belmont Abbey	4:48.24		3/29
5		Megan KNAPP	FR	#7 Lees-McRae	4:51.70c	(4:55.30A)	3/22
6		Lauren BEATTY	JR	#2 Converse	{2} 4:52.32		3/14
7		Ermay VAZQUEZ	SO	#12 King	4:54.27		4/12
8		Moureen KIMAIYO	SO	#5 UNC Pembroke	4:54.85		3/29
9		Sofia SKIDMORE	FR	#5 UNC Pembroke	{2} 4:55.58		4/19
10		Riley NICHOLSON	JR	#4 North Greenville	{3} 4:57.41		4/12

Women's Steeplechase

1		Riley SHOPE	SO	#4 North Greenville	11:24.41		4/12
2		Elizabeth YOUNG	FR	#3 Belmont Abbey	11:52.48		4/13
3		Paisley STEPP	SO	#2 Converse	11:57.66		4/26
4		Mackenzie CRANDELL	FR	#2 Converse	{2} 12:28.66		4/12
5		Zoie JUSTICE	JR	#4 North Greenville	{2} 12:35.25		4/12
6		Emma BRIGHT	SR	#4 North Greenville	{3} 13:04.83		4/26
7		Francesca DINAPOLI	SR	#3 Belmont Abbey	{2} 13:20.99		4/13
8		Alyssa CALLIHAN	FR	#1 Mount Olive	13:41.90		4/12
9		Miranda WILKERSON	FR	#3 Belmont Abbey	{3} 13:47.93		4/26
10		Alexis MOORE	FR	#3 Belmont Abbey	{4} 13:51.42		4/13



Conference TFRI Event Summary



Conference Carolinas

as of 5/20/2025 6:54:02 AM ET

Women's 5000 Meters

1	Cecily ANDERTON	SO	#4 North Greenville	17:56.32	4/12
2	Moureen KIMAIYO	SO	#5 UNC Pembroke	18:05.84	4/5
3	Riley SHOPE	SO	#4 North Greenville{2}	18:24.39	3/22
4	Ellie TIMMONS	FR	#4 North Greenville{3}	18:24.53	3/22
5	Sharon NGETICH	SO	#5 UNC Pembroke {2}	18:24.64	4/5
6	Merritt SMITH	JR	#9 Southern Wesley	18:28.31	4/12
7	Campbell DILLE	JR	#7 Lees-McRae	18:36.08	4/12
8	Lucia CENTENO	SO	#6 Shorter	18:41.28	3/22
9	Paris ALSUP	JR	#4 North Greenville{4}	18:41.81	4/5
10	Elizabeth YOUNG	FR	#3 Belmont Abbey	18:41.85c(18:57.71A)	3/22

Women's 10,000 Meters

1	Ashley SOSA	SR	#2 Converse	37:21.33	3/22
2	Lauren BEATTY	JR	#2 Converse {2}	37:25.73	3/22
3	Moureen KIMAIYO	SO	#5 UNC Pembroke	38:07.81	4/26
4	Cecily ANDERTON	SO	#4 North Greenville	38:13.01	4/26
5	Campbell DILLE	JR	#7 Lees-McRae	38:13.07	3/22
6	Riley SHOPE	SO	#4 North Greenville{2}	39:10.89	4/26
7	Paris ALSUP	JR	#4 North Greenville{3}	39:52.31	4/26
8	Lucia CENTENO	SO	#6 Shorter	39:54.24	4/26
9	Michela GRITTI	SO	#5 UNC Pembroke {2}	41:24.19	3/8
10	Rebekah HADDAD	JR	#4 North Greenville{4}	41:26.67	3/8

Women's 4x100 Relay

1	19 #Type!	#1 Mount Olive	45.46	5/11
2	33 Erica McClary, Keiarra Tutt, Aniya Heckstall, Angel Agyeman	#8 Barton	45.97	5/9
3	45 Kamille Cunningham, Jermyra Bethel, Madison Griffin, Eseose Okoduwa	#2 Converse	46.45	4/26
4	53 Savannah Welch, Trinity Gegory, Madison Rose, Tracey Yelegoiye	#6 Shorter	46.71	4/5
5	95 Jasmine Banks, Isabelle Flores, Ella Feehan, Alexandra Thomas	#3 Belmont Abbey	47.80	4/26
6	97 Alexis Knox, Hannah Hill, Destiny James, Bre'Asia Robinson	#4 North Greenville	47.82	4/26
7	Kyla Johnson, Makayla Wilson, Cianna Laginestra, TraVon Lay	#9 Southern Wesley	48.72	3/29
8	Sandryne Camire, Keagan Osika, Symone Taylor, Landri Martinka	#7 Lees-McRae	49.37	4/5
9	Valasha Carter, Morgan Hall, Rayven Thurston, Alexis Wilcher	#11 Emmanuel (Ga.)	49.57	4/26
10	Meri Johnson, Meya McKinney, Shenique Muldrow, Aukeyonna Sims	#10 Francis Marion	52.51	3/22



Conference TFRI Event Summary



Conference Carolinas

as of 5/20/2025 6:54:02 AM ET

Women's 4x400 Relay

1	89	Essence Slate, Heaven Roberts, Amiliana Simmons, Keianna Mims	#1 Mount Olive	3:55.65	4/26
2		Treneice Grimes, Kilaya Lucien, Savannah Welch, Madison Rose	#6 Shorter	3:58.44	4/26
3		Triniti Muldrow- Green, Talaijah Bartley, Kennedy Wright, Jermyra Bethel	#2 Converse	4:00.12	4/26
4		Keiarra Tutt, Erica Mcclary, Angel Agyeman, Aniya Heckstall	#8 Barton	4:00.17	4/26
5		Taniyah Glaspie, Mckylee Mosby, Sofia Skidmore, Katie- Marie Sherlock	#5 UNC Pembroke	4:06.32	4/26
6		Destiny James, Julia Van Dine, Zoie Justice, Hannah Hill	#4 North Greenville	4:06.43	4/26
7		Keagan Osika, Ellie Cobb, Sandryne Camire, Landri Martinka	#7 Lees-McRae	4:07.65	4/26
8		Ashlyn Stroud, Antaja Whitehead, Shamyra Hudson, Colette Dismukes	#13 Erskine	4:12.19	4/26
9		Jasmine Banks, Ella Feehan, Annika Deveau, Tori Thompson	#3 Belmont Abbey	4:13.13	4/26
10		Morgan Hall, Jayda Spikes, Rayven Thurston, Bailee Stanley	#11 Emmanuel (Ga.)	4:19.68	4/26

Women's High Jump

1	68	Jordan BROWN	SR	#2 Converse	1.65m	5-5	4/26
2		Aukeyonna SIMS	FR	#10 Francis Marion	1.62m	5-3¾	4/26
2		Shamyra HUDSON	FR	#13 Erskine	1.62m	5-3¾	4/26
2		Kamille CUNNINGHAM	SO	#2 Converse	{2} 1.62m	5-3¾	4/26
5		Keagan OSIKA	JR	#7 Lees-McRae	1.60m	5-3	4/26
5		Janara BRYANT	FR	#1 Mount Olive	1.60m	5-3	3/29
7		Janyia PINCKNEY	SR	#2 Converse	{3} 1.59m	5-2½	4/26
8		Karla HORMAZABAL	SR	#1 Mount Olive	{2} 1.57m	5-1¾	4/12
9		Caydence LINDSEY	SO	#3 Belmont Abbey	1.55m	5-1	4/4
9		Fina MOCHI	SO	#3 Belmont Abbey	1.55m	5-1	3/14

Women's Pole Vault

1	55	Rileigh LACY	JR	#10 Francis Marion	3.70m	12-1½	4/4
2		Carina FIORUCCI	SO	#5 UNC Pembroke	3.38m	11-1	4/19
3		Allison IRICK	FR	#2 Converse	3.29m	10-9½	4/26
4		Ava LABRANT	SR	#9 Southern Wesley	3.10m	10-2	4/5
5		Tori THOMPSON	JR	#3 Belmont Abbey	2.94m	9-7¾	4/26
6		Fina MOCHI	SO	#3 Belmont Abbey	{2} 2.93m	9-7¼	3/14
7		Jocelyn WALKER	JR	#7 Lees-McRae	2.90m	9-6¼	3/28
8		Jenna ROLEN	SR	#6 Shorter	2.85m	9-4¼	3/22
9		Tracey YELEGOIYEE	FR	#6 Shorter	{2} 2.68m	8-9½	3/9
10		Elizabeth BUTLER	FR	#12 King	2.60m	8-6¼	4/4

Women's Long Jump

1	27	Janara BRYANT	FR	#1 Mount Olive	6.03mw	19-9½ (3.1)	4/18
2	42	Hannah HILL	SR	#4 North Greenville	5.92m	19-5¼ (1.1)	4/24
3	69	Haniyyah JOHNSON	JR	#1 Mount Olive	{2} 5.78m	18-11¾ (1.7)	5/3
4		Aukeyonna SIMS	FR	#10 Francis Marion	5.64m	18-6 (1.7)	4/4
5		Channie JEFFERSON	JR	#1 Mount Olive	{3} 5.63mw	18-5¾ (2.2)	3/29
6		Aniya HECKSTALL	JR	#8 Barton	5.60m	18-4½ (-0.4)	3/22
7		Madison ROSE	SR	#6 Shorter	5.50m	18-½ (-1.7)	4/26
8		Jamesha HOWELL	SR	#1 Mount Olive	{4} 5.48m	17-11¾ (-0)	4/26
9		Essence SLATE	SO	#1 Mount Olive	{5} 5.42m	17-9½ (-0.3)	4/26
10		Makayla WILSON	JR	#9 Southern Wesley	5.41m	17-9 (-1.8)	4/26

Women's Triple Jump

1	2	Janara BRYANT	FR	#1 Mount Olive	13.10m	42-11¾ (1.7)	4/24
2	9	Karla HORMAZABAL	SR	#1 Mount Olive	{2} 12.55m	41-2¼ (-0.6)	5/8
3	35	Keza GREEN	JR	#1 Mount Olive	{3} 12.01m	39-5 (1.8)	4/24
4	63	Mackenzie WHITESIDE	SR	#2 Converse	11.75m	38-6¾ (1.8)	4/26
5		Janyia PINCKNEY	SR	#2 Converse	{2} 11.43mw	37-6 (3.0)	4/12
6		Rayven THURSTON	SO	#11 Emmanuel (Ga.)	11.41m	37-5¼ (1.5)	4/26
7		Lora DILLON	JR	#7 Lees-McRae	11.30mw	37-1 (3.0)	3/22
8		Nashari EDWARDS	FR	#6 Shorter	10.89m	35-8¾ (0.0)	3/22
9		Lanessa BRYSON	SO	#5 UNC Pembroke	10.82mw	35-6 (2.3)	4/26
10		Valasha CARTER	SO	#11 Emmanuel (Ga.)	{2} 10.73m	35-2½ (-0.2)	3/22

Women's Shot Put

1		Jasmine COLWELL	FR	#1 Mount Olive	12.62m	41-5	3/8
2		Alla HUTCHINS	FR	#2 Converse	12.23m	40-1½	3/14
3		Haniyyah JOHNSON	JR	#1 Mount Olive	{2} 12.22m	40-1¼	4/26
4		Ashley LINDSEY	JR	#1 Mount Olive	{3} 12.02m	39-5¼	3/22
5		Cynthia THOMAS	JR	#1 Mount Olive	{4} 11.78m	38-7¾	4/26
6		Kaitlin KENAN	SR	#1 Mount Olive	{5} 11.77m	38-7½	4/26
7		Janna TUPUOLA	FR	#1 Mount Olive	{6} 11.72m	38-5½	4/26
8		Jazmine MCDONALD- CRAFT	FR	#10 Francis Marion	11.50m	37-8¾	4/26
9		Comfort AGWU	SO	#5 UNC Pembroke	11.34m	37-2½	3/8
10		Asha CURRY	FR	#2 Converse	{2} 11.23m	36-10¼	4/12



Conference TFRI Event Summary



Conference Carolinas

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Women's Discus

1	Adrienne CRAWFORD	SR	#1 Mount Olive	42.26m	138-8	5/9
2	Jazmine MCDONALD-CRAFT	FR	#10 Francis Marion	41.56m	136-4	4/4
3	Kenisha BARNES	JR	#1 Mount Olive	{2}41.48m	136-1	4/19
4	Comfort AGWU	SO	#5 UNC Pembroke	40.52m	132-11	4/5
5	Jasmine COLWELL	FR	#1 Mount Olive	{3}40.29m	132-2	4/26
6	Elizabeth WOODRUFF	JR	#3 Belmont Abbey	40.20m	131-11	4/26
7	Anna EVATT	FR	#2 Converse	39.75m	130-5	3/22
8	Yanelli DAWKINS	JR	#5 UNC Pembroke	{2}38.46m	126-2	4/26
9	Ashley LINDSEY	JR	#1 Mount Olive	{4}37.49m	123-0	4/26
10	Morgan GRAY	SO	#7 Lees-McRae	37.25m	122-3	4/26

Women's Hammer

1	21 Elin RYDQVIST	SO	#1 Mount Olive	56.63m	185-10	4/26
2	30 Kenisha BARNES	JR	#1 Mount Olive	{2}54.88m	180-1	4/12
3	51 Bella MARTIN	JR	#2 Converse	52.70m	172-11	5/10
4	81 Rolanda DESIR-MOREAU	SR	#1 Mount Olive	{3}51.17m	167-11	4/12
5	85 Adrienne CRAWFORD	SR	#1 Mount Olive	{4}50.88m	166-11	5/9
6	Isabelle GRENA	FR	#1 Mount Olive	{5}49.46m	162-3	5/8
7	Peyton BUCHER	FR	#1 Mount Olive	{6}47.04m	154-4	4/26
8	Kaitlin KENAN	SR	#1 Mount Olive	{7}46.51m	152-7	4/26
9	Comfort AGWU	SO	#5 UNC Pembroke	45.77m	150-2	3/8
10	Morgan GRAY	SO	#7 Lees-McRae	43.76m	143-7	4/26

Women's Javelin

1	56 Hannah HILL	SR	#4 North Greenville	41.31m	135-7	4/26
2	Lauren BAKER	FR	#4 North Greenville	{2}37.62m	123-5	4/26
3	Miranda ANDERSON	SO	#3 Belmont Abbey	37.22m	122-2	4/13
4	Alla HUTCHINS	FR	#2 Converse	35.05m	115-0	4/26
5	Layla-grey BENNETT	SO	#9 Southern Wesley	33.25m	109-1	3/8
6	Isabelle GRENA	FR	#1 Mount Olive	32.98m	108-3	4/26
7	MacKenna GALLON	SO	#1 Mount Olive	{2}32.90m	107-11	5/8
8	Alexandria LUTHER	SO	#9 Southern Wesley	{2}32.70m	107-4	3/29
9	Haley KELLS	SR	#3 Belmont Abbey	{2}31.59m	103-8	4/4
10	Keagan OSIKA	JR	#7 Lees-McRae	31.11m	102-1	4/5

Women's Heptathlon

1	6 Hannah HILL	SR	#4 North Greenville	5,362		5/11
2	79 Kamille CUNNINGHAM	SO	#2 Converse	4,338		4/26
3	Tylyia TRIGGS	SR	#1 Mount Olive	4,042		4/26
4	Keagan OSIKA	JR	#7 Lees-McRae	3,915		4/26
5	Haley KELLS	SR	#3 Belmont Abbey	3,763		4/26
6	Olivia WHITE	SR	#3 Belmont Abbey	{2}3,651		4/26
7	Mia WILLIAMS	SO	#3 Belmont Abbey	{3}3,642		4/26
8	D'asia THOMAS	JR	#2 Converse	{2}3,461		4/26
9	Angely SOTO	FR	#3 Belmont Abbey	{4}3,099		4/13
10	Tracey YELEGOIYEE	FR	#6 Shorter	3,088		4/26



Conference TFRI Event Summary



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Women's 100 Meters

1	Kayla COOPER	JR	#2 UDC	12.18	(1.6)	5/1
2	Sophia HINES	FR	#6 Molloy	12.22	(2.0)	3/29
3	Iyanna JACKSON	SR	#2 UDC	{2} 12.34	(1.6)	5/1
4	Janel BAXTER	JR	#2 UDC	{3} 12.48	(1.6)	5/1
5	Yulesa JOHNSON	FR	#4 St. Thomas Aqu	12.57	(1.6)	5/1
6	Precious DILLON	JR	#5 Staten Island	12.68w	(2.9)	4/4
7	Inioluwa OGUNFOWORA	SR	#5 Staten Island	{2} 12.74	(2.0)	3/29
8	Aalianne GILBERT	SO	#4 St. Thomas Aqu	{2} 12.83w	(2.7)	3/29
9	Aaliyah MCCOY	FR	#1 Roberts Wesleya	12.92w	(2.2)	4/5
10	Alexandria MARTOSCIA	FR	#6 Molloy	{2} 12.94	(2.0)	3/29

Women's 100 Meter Hurdles

1	Kyndra HINES	FR	#2 UDC	14.54w	(2.2)	5/1
2	Kayleigh SHELTON	JR	#2 UDC	{2} 14.90w	(3.5)	4/5
3	Jadyn MULLEN	FR	#1 Roberts Wesleya	14.97w	(2.2)	5/1
4	Adonijah WASHINGTON	FR	#5 Staten Island	15.59	(1.7)	4/12
5	Rebecca SCHULTZ	JR	#3 Daemen	15.98w	(2.2)	5/1
6	Nicole GYSIN	SR	#4 St. Thomas Aqu	16.37w	(2.3)	4/18
7	Skylar SAVAGE	SO	#7 D'Youville	16.58	(0.0)	3/29
8	Julianna ROAN	FR	#6 Molloy	16.59w	(2.2)	5/1
9	Sevilla GROEBE	JR	#7 D'Youville	{2} 17.82	(-2.3)	4/18
10	Tayden PERSONS	FR	#7 D'Youville	{3} 17.83	(1.1)	4/5

Women's 200 Meters

1	Tukey FRANCIS	JR	#2 UDC	25.53	(0.6)	4/19
1	Kayla COOPER	JR	#2 UDC	25.53	(0.2)	5/1
3	Kyndra HINES	FR	#2 UDC	{3} 25.86w	(2.4)	5/1
4	Yulesa JOHNSON	FR	#4 St. Thomas Aqu	25.94	(0.2)	5/1
5	Iyanna JACKSON	SR	#2 UDC	{4} 25.95	(0.1)	4/19
6	Janel BAXTER	JR	#2 UDC	{5} 26.12w	(2.4)	5/1
7	Sophia HINES	FR	#6 Molloy	26.15	(1.8)	4/19
8	Aalianne GILBERT	SO	#4 St. Thomas Aqu	{2} 26.19	(0.4)	4/18
9	Precious DILLON	JR	#5 Staten Island	26.33w	(2.3)	4/4
10	Jadyn MULLEN	FR	#1 Roberts Wesleya	26.40c	(26.81) (0.4)	4/15

Women's 400 Meters

1	Ayesha JARRETT	SR	#2 UDC	59.09		5/1
2	Tukey FRANCIS	JR	#2 UDC	{2} 59.61		5/1
3	Yalix LINA	FR	#2 UDC	{3} 1:01.08		4/19
4	Sevilla GROEBE	JR	#7 D'Youville	1:01.19		4/18
5	Yulesa JOHNSON	FR	#4 St. Thomas Aqu	1:02.54		3/15
6	Lia BRASSACHIO	FR	#3 Daemen	1:02.69		5/1
7	Isabella FARINO-ESPOSITO	SR	#4 St. Thomas Aqu	{2} 1:03.09		5/1
8	Madison MACNEILL	SO	#7 D'Youville	{2} 1:03.12		3/29
9	Alexandrea JACKSON	FR	#5 Staten Island	1:03.50		3/29
10	Fatima MORROBEL	SR	#8 Queens (N.Y.)	1:03.73		5/8

Women's 400 Meter Hurdles

1	82 Jadyn MULLEN	FR	#1 Roberts Wesleya	1:02.83		4/5
2	Sevilla GROEBE	JR	#7 D'Youville	1:06.10		4/14
3	Samantha MORRISON	JR	#2 UDC	1:06.33		5/1
4	Adonijah WASHINGTON	FR	#5 Staten Island	1:06.43		5/1
5	Lia BRASSACHIO	FR	#3 Daemen	1:06.55		4/18
6	Yalix LINA	FR	#2 UDC	{2} 1:07.76		4/19
7	Tayden PERSONS	FR	#7 D'Youville	{2} 1:08.27		5/1
8	Isabella FARINO-ESPOSITO	SR	#4 St. Thomas Aqu	1:11.66		4/4
9	Alexandrea JACKSON	FR	#5 Staten Island	{2} 1:11.87		5/1
10	Kierstin GALLOWAY	SO	#8 Queens (N.Y.)	1:17.97		5/1

Women's 800 Meters

1	75 Carly KOPROWSKI	SO	#8 Queens (N.Y.)	2:12.99		4/25
2	Kylee ODELL	SR	#1 Roberts Wesleya	2:14.10		4/5
3	Samantha MORRISON	JR	#2 UDC	2:15.64		4/19
4	Jadyn MULLEN	FR	#1 Roberts Wesleya	{2} 2:16.77		4/26
5	Zoe MERRYMAN	SO	#4 St. Thomas Aqu	2:20.48		4/18
6	Megan SOHL	SR	#6 Molloy	2:20.49		4/19
7	Acacia BARBER	SR	#1 Roberts Wesleya	{3} 2:20.52		5/1
8	Rachel HORNER-RICHARDSON	JR	#1 Roberts Wesleya	{4} 2:22.48c	(2:24.12)	4/19
9	Emma GRZEBINSKI	SR	#3 Daemen	2:28.12		4/18
10	Lydia ROSELUND	JR	#1 Roberts Wesleya	{5} 2:28.92		4/13

Women's 1500 Meters

1	62 Kylee ODELL	SR	#1 Roberts Wesleya	4:31.34		5/9
2	Sabrina SPEZIA	JR	#6 Molloy	4:42.53		5/1
3	Rachel HORNER-RICHARDSON	JR	#1 Roberts Wesleya	{2} 4:45.73		4/19
4	Paige REESER	FR	#1 Roberts Wesleya	{3} 4:47.58		4/14
5	Zoe MERRYMAN	SO	#4 St. Thomas Aqu	4:52.74		3/29
6	Lydia ROSELUND	JR	#1 Roberts Wesleya	{4} 4:53.11		5/9
7	Carly KOPROWSKI	SO	#8 Queens (N.Y.)	4:54.00		3/29
8	Acacia BARBER	SR	#1 Roberts Wesleya	{5} 4:58.55		5/9
9	Evelyn SCHMIT	FR	#1 Roberts Wesleya	{6} 4:59.78		5/9
10	Camryn BAILEY	SR	#3 Daemen	5:00.88		4/13

Women's Steeplechase

1	69 Lydia SMITH	SR	#7 D'Youville	11:10.99		4/14
2	Carli SCHEIFFELE	FR	#6 Molloy	11:41.53		4/12
3	Kathleen HEALY	JR	#6 Molloy	{2} 11:50.63		4/19
4	Emma GRZEBINSKI	SR	#3 Daemen	12:23.74		5/1
5	Gianna TRIBOTTE	JR	#1 Roberts Wesleya	12:27.71		5/1
6	Samantha FRISBEE	SR	#4 St. Thomas Aqu	12:55.87		4/12
7	Emma BRADY	FR	#7 D'Youville	{2} 13:06.82		4/18
8	Alexis NGUYEN	JR	#3 Daemen	{2} 13:39.08		5/1



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Women's 5000 Meters

1	Rachel HORNER-RICHARDSON	JR	#1 Roberts Wesleya	17:28.02	5/9
2	Paige REESER	FR	#1 Roberts Wesleya{2}	17:45.40	4/26
3	Sabrina SPEZIA	JR	#6 Molloy	17:50.42	4/12
4	Kathleen HEALY	JR	#6 Molloy {2}	18:18.77	4/5
5	Camryn BAILEY	SR	#3 Daemen	18:33.58	4/18
6	Lainie SMITH	JR	#7 D'Youville	18:37.46	5/1
7	Evelyn SCHMIT	FR	#1 Roberts Wesleya{3}	18:47.66	5/1
8	Patsy OBERHOLZER	JR	#3 Daemen {2}	18:47.74	4/18
9	Lydia ROSELUND	JR	#1 Roberts Wesleya{4}	18:49.20	5/1
10	Zoe MERRYMAN	SO	#4 St. Thomas Aquin	18:54.64	3/15

Women's 10,000 Meters

1	Rachel HORNER-RICHARDSON	JR	#1 Roberts Wesleya	39:26.48	5/1
2	Kathleen HEALY	JR	#6 Molloy	39:45.95	5/1
3	Ciara DURCAN	SR	#4 St. Thomas Aquin	41:26.26	3/15
4	Patsy OBERHOLZER	JR	#3 Daemen	42:07.86	5/1
5	Emma CAIN	SR	#3 Daemen {2}	42:45.26	5/1
6	Kaitlyn GOODWIN	JR	#1 Roberts Wesleya{2}	43:18.29	5/1

Women's 4x100 Relay

1	Mariela Hernandez, Kayleigh Shelton, Kyndra Hines, Janel Baxter		#2 UDC	48.89	5/1
1	Julianna Roan, Sophia Hines, Kamryn Drakes, MaryGrace Coll		#6 Molloy	48.89	5/1
3	Diamond Brown, Ciara Doyle, Aalianne Gilbert, Yulesa Johnson		#4 St. Thomas Aquin	51.23	4/4
4	Precious Dillon, Alexandra Tavaréz, Alexis Doyle, Inioluwa Ogunfowora		#5 Staten Island	51.47	5/1
5	Alanna Daniel, Alexandra Robertson, Aaliyah McCoy, Karis Kraf		#1 Roberts Wesleya	52.04	4/26
6	Margaret Middaugh, Grace Gominiak, Rebecca Schultz, Alyssa Amirato		#3 Daemen	52.20	5/1
7	Kierstin Galloway, Maria Flores, Moisa Moneus, Laila Morales		#8 Queens (N.Y.)	54.84	4/25

Women's 4x400 Relay

1	72 Ayesha	SR	#2 UDC	3:53.44	4/26
2	Sevilla Groebe, Lydia Smith, Tayden Persons, Madison Macneill		#7 D'Youville	4:10.33	5/1
3	Isabella Farino-Esposito, Yulesa Johnson, Aalianne Gilbert, Veronica Valentik		#4 St. Thomas Aquin	4:11.82	5/1
4	Fatima Morrobel, Carly Koprowski, Kierstin Galloway, Hayley Matthews		#8 Queens (N.Y.)	4:17.89	5/1
5	#Type!		#6 Molloy	4:20.94	4/5
6	Lia Brassachio, Emma Grzebinski, Alexis Nguyen, Grace Gominiak		#3 Daemen	4:22.01	4/18
7	Aaliyah McCoy, Paige Reeser, Acacia Barber, Kylee Odell		#1 Roberts Wesleya	4:22.20	4/5
8	Alexandrea Jackson, Alexandra Tavaréz, Elizabeth Nicotra, Angelina Guerriero		#5 Staten Island	4:27.73	4/4

Women's High Jump

1	68 Zoe SHAW	JR	#2 UDC	1.65m	5-5	5/1
2	Jadyn MULLEN	FR	#1 Roberts Wesleya	1.60m	5-3	5/1
3	Madison MACNEILL	SO	#7 D'Youville	1.56m	5-1¼	3/29
4	MaryGrace COLL	SO	#6 Molloy	1.55m	5-1	3/29
5	Nicole GYSIN	SR	#4 St. Thomas Aquin	1.52m	4-11¾	4/4
6	Lydia SMITH	SR	#7 D'Youville {2}	1.50m	4-11	4/5
7	Alana RIDER	SO	#4 St. Thomas Aquin{2}	1.45m	4-9	4/18
8	Kelly LUCAS	JR	#7 D'Youville {3}	1.44m	4-8¾	4/13
9	Adonijah WASHINGTON	FR	#5 Staten Island	1.41m	4-7½	4/12
10	Kensley BENJAMIN	SR	#2 UDC {2}	1.40m	4-7	4/5
10	Angelina NATALE	JR	#3 Daemen	1.40m	4-7	5/1

Women's Pole Vault

1	1 Brynn KING	SR	#1 Roberts Wesleya	4.75m	15-7	3/29
2	8 Sarah FERGUSON	SO	#1 Roberts Wesleya{2}	4.18m	13-8½	4/26
3	18 Karis KRAF	FR	#1 Roberts Wesleya{3}	3.96m	12-11¾	5/1
4	34 Alexandra ROBERTSON	FR	#1 Roberts Wesleya{4}	3.85m	12-7½	4/26
5	70 Sarah OUELETTE	FR	#1 Roberts Wesleya{5}	3.65m	11-11¾	4/26
6	Cora SEABURG	SO	#1 Roberts Wesleya{6}	3.37m	11-¾	3/19
7	Molly WINGER	FR	#1 Roberts Wesleya{7}	3.35m	10-11¾	4/26
8	Felicity COOPER	FR	#7 D'Youville	2.09m	6-10¼	3/29



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Women's Long Jump

1	Jadyn MULLEN	FR	#1 Roberts Wesleya	5.66mw	18-7 (3.0)	4/15
2	Kensley BENJAMIN	SR	#2 UDC	5.53m	18-1¾ (-0.8)	4/5
2	Kayla COOPER	JR	#2 UDC	5.53m	18-1¾ (1.3)	5/1
4	Madelyn RUTLEDGE	FR	#1 Roberts Wesleya	{2} 5.36mw	17-7 (2.1)	4/26
5	Zoe SHAW	JR	#2 UDC	{3} 5.28m	17-4 (0.2)	5/1
6	Adonijah WASHINGTON	FR	#5 Staten Island	5.20m	17-¾ (1.0)	4/12
7	Sophia HINES	FR	#6 Molloy	5.06m	16-7¼ (0.8)	5/1
8	Skylar SAVAGE	SO	#7 D'Youville	4.93m	16-2¼ (0.0)	3/29
9	MaryGrace COLL	SO	#6 Molloy	{2} 4.88m	16-¼ (0.8)	5/1
10	Alana RIDER	SO	#4 St. Thomas Aquin	4.84m	15-10½ (-3)	3/29

Women's Triple Jump

1	76 Zoe SHAW	JR	#2 UDC	11.66m	38-3¼ (-0.3)	4/26
2	100 Adonijah WASHINGTON	FR	#5 Staten Island	11.49m	37-8½ (0.0)	3/29
3	Sophia HINES	FR	#6 Molloy	11.38m	37-4 (1.5)	3/29
4	Nicole GYSIN	SR	#4 St. Thomas Aquin	10.76m	35-3¾ (1.3)	4/18
5	Madelyn RUTLEDGE	FR	#1 Roberts Wesleya	10.74m	35-3 (1.0)	5/1
6	MaryGrace COLL	SO	#6 Molloy	{2} 10.47m	34-4¼ (0.7)	4/19
7	Skylar SAVAGE	SO	#7 D'Youville	10.40m	34-1½ (-2.2)	3/29
8	Kensley BENJAMIN	SR	#2 UDC	{2} 10.36m	34-0 (-0.5)	4/5
9	Alyssa AMIRATO	SR	#3 Daemen	10.27m	33-8½ (0.0)	4/18
10	Alana RIDER	SO	#4 St. Thomas Aquin	{2} 10.12m	33-2½ (-1.0)	3/29

Women's Shot Put

1	Moriah MILLS	SR	#1 Roberts Wesleya	11.63m	38-2	5/1
1	Jadyn MULLEN	FR	#1 Roberts Wesleya	11.63m	38-2	5/1
3	Kristen OLIVER	SO	#3 Daemen	10.92m	35-10	3/19
4	Skylar POINTER	SR	#5 Staten Island	10.85m	35-7¼	3/29
5	Kaylea WAGNER	FR	#1 Roberts Wesleya	{3} 10.66m	34-11¾	5/1
6	Julia PETRY	SO	#3 Daemen	{2} 10.34m	33-11¼	4/13
6	Emmanuela KOUAMI-KATOU	JR	#2 UDC	10.34m	33-11¼	3/29
8	D'Naesha QUICKSEY	SO	#3 Daemen	{3} 10.01m	32-10¼	5/1
9	Samantha KABEL	JR	#3 Daemen	{4} 9.94m	32-7½	5/1
10	Hayley MATTHEWS	SR	#8 Queens (N.Y.)	9.81m	32-2¼	5/1

Women's Discus

1	Emmanuela KOUAMI-KATOU	JR	#2 UDC	38.53m	126-5	4/19
2	Moriah MILLS	SR	#1 Roberts Wesleya	37.49m	123-0	5/1
3	Ava THOMPSON	SR	#5 Staten Island	35.16m	115-4	5/1
4	Alana RIDER	SO	#4 St. Thomas Aquin	33.85m	111-1	4/18
5	Samantha KABEL	JR	#3 Daemen	32.66m	107-2	4/18
6	Alexis KRAUSE	SR	#4 St. Thomas Aquin	{2} 30.25m	99-3	3/15
7	Dayna JIMENEZ	FR	#4 St. Thomas Aquin	{3} 28.90m	94-9¾	3/15
8	Kaylea WAGNER	FR	#1 Roberts Wesleya	{2} 28.42m	93-3	3/19
9	D'Naesha QUICKSEY	SO	#3 Daemen	{2} 28.30m	92-10¼	4/13
10	Ryana GOLDSON	JR	#2 UDC	{2} 27.99m	91-10	5/1

Women's Hammer

1	78 Emmanuela KOUAMI-KATOU	JR	#2 UDC	51.29m	168-3	5/1
2	Kristen OLIVER	SO	#3 Daemen	48.00m	157-6	4/13
3	Ava THOMPSON	SR	#5 Staten Island	41.96m	137-8	4/4
4	Samantha KABEL	JR	#3 Daemen	{2} 39.24m	128-9	5/1
5	Skylar POINTER	SR	#5 Staten Island	{2} 38.47m	126-3	5/1
6	Alexis KRAUSE	SR	#4 St. Thomas Aquin	38.43m	126-1	4/4
7	Julia PETRY	SO	#3 Daemen	{3} 37.51m	123-1	4/5
8	Kaylea WAGNER	FR	#1 Roberts Wesleya	37.37m	122-7	4/5
9	Grace COVEY	SO	#3 Daemen	{4} 36.15m	118-7	4/13
10	Dayna JIMENEZ	FR	#4 St. Thomas Aquin	{2} 28.23m	92-7½	4/4

Women's Javelin

1	Angelina GUERRIERO	JR	#5 Staten Island	33.34m	109-5	5/1
2	Kristen KENNEDY	SO	#4 St. Thomas Aquin	31.58m	103-8	5/8
3	Isabella FARINO-ESPOSITO	SR	#4 St. Thomas Aquin	{2} 30.85m	101-3	5/1
4	Lydia SMITH	SR	#7 D'Youville	30.74m	100-10	4/18
5	Jadyn MULLEN	FR	#1 Roberts Wesleya	30.48m	100-0	4/26
6	Ryana GOLDSON	JR	#2 UDC	30.20m	99-1	5/1
7	Barbara KUNZ	SO	#7 D'Youville	{2} 30.08m	98-8¼	5/1
8	Kelly LUCAS	JR	#7 D'Youville	{3} 29.99m	98-4¾	5/1
9	Cristina RUBIO	SO	#1 Roberts Wesleya	{2} 28.22m	92-7	4/13
10	Madelyn MCMATH	JR	#8 Queens (N.Y.)	27.41m	89-11¼	5/1

Women's Heptathlon

1	44 Jadyn MULLEN	FR	#1 Roberts Wesleya	4,630		4/15
2	Adonijah WASHINGTON	FR	#5 Staten Island	3,731		4/12
3	Nicole GYSIN	SR	#4 St. Thomas Aquin	3,179		4/12
4	Angelina GUERRIERO	JR	#5 Staten Island	{2} 2,208		4/12



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Women's 100 Meters

1	73	Valerie OLSON	SR	#3 Oklahoma Bapti	11.75	(1.8)	5/2
2	95	Jerlana WILLIAMS	FR	#1 Harding	11.83	(1.1)	4/12
3		Leila NGAPOUT	SO	#1 Harding	{2} 11.89	(1.8)	5/2
4		Delaney RIEKERT	JR	#3 Oklahoma Bapti	{2} 12.02	(-0.2)	4/25
5		Jordan COLLINS	JR	#4 Southern Arkans	12.05w	(3.5)	4/5
6		Mary MCKEY	SR	#3 Oklahoma Bapti	{3} 12.07	(1.8)	5/2
7		Diamond HILTON	SR	#6 Northwestern Ol	12.18	(1.8)	5/2
8		Anna WOOLSEY	SO	#2 Ouachita Baptist	12.21	(1.4)	3/29
9		Kewes GOMES	FR	#1 Harding	{3} 12.33	(1.8)	4/26
10		Olivia TATE	JR	#3 Oklahoma Bapti	{4} 12.34	(0.5)	5/11
10		Deuna MILLER	SR	#9 Southwestern Ol	12.34	(1.8)	5/2

Women's 100 Meter Hurdles

1	42	Valerie OLSON	SR	#3 Oklahoma Bapti	14.03	(0.9)	4/18
2	64	Belle LINDSEY	SO	#2 Ouachita Baptist	14.28	(0.9)	4/18
3	78	Bella DRIVER	FR	#3 Oklahoma Bapti	{2} 14.38	(-0.8)	5/2
4		Kyndall HICKS	JR	#3 Oklahoma Bapti	{3} 14.50w	(2.2)	4/17
5		Savanna MEEK	FR	#3 Oklahoma Bapti	{4} 14.69w	(2.2)	4/17
6		Addrienna GRAY	SO	#2 Ouachita Baptist	{2} 14.91	(1.6)	4/5
7		Kewes GOMES	FR	#1 Harding	15.01w	(2.8)	4/26
8		Addison SKELTON	SO	#2 Ouachita Baptist	{3} 15.14	(1.3)	4/12
9		Carly TUCKER	FR	#1 Harding	{2} 15.29	(1.5)	5/2
10		Abriel THRASH	SO	#8 Southern Nazare	15.43w	(2.2)	4/17

Women's 200 Meters

1	31	Asia FOSTER	FR	#3 Oklahoma Bapti	23.74	(0.7)	5/2
2	72	Valerie OLSON	SR	#3 Oklahoma Bapti	{2} 24.15	(0.6)	5/2
3	87	Omolara OGUNMAKINJU	SO	#1 Harding	24.24	(0.2)	4/12
4	94	Tetiana KHARASHCHUK	FR	#1 Harding	{2} 24.28	(0.6)	5/2
5		Jerlana WILLIAMS	FR	#1 Harding	{3} 24.45	(1.2)	4/12
6		Delaney RIEKERT	JR	#3 Oklahoma Bapti	{3} 24.52	(1.1)	4/25
7		Leila NGAPOUT	SO	#1 Harding	{4} 24.59	(1.2)	4/12
8		Anna WOOLSEY	SO	#2 Ouachita Baptist	24.68	(0.6)	5/2
9		Madison ROWE	JR	#5 Southeastern Ok	24.73w	(3.5)	3/22
10		Jordan COLLINS	JR	#4 Southern Arkans	25.17	(0.6)	5/2

Women's 400 Meters

1	6	Omolara OGUNMAKINJU	SO	#1 Harding	52.65		5/9
2	13	Tetiana KHARASHCHUK	FR	#1 Harding	{2} 53.27		4/25
3	16	Asia FOSTER	FR	#3 Oklahoma Bapti	53.44		5/2
4	63	Madison ROWE	JR	#5 Southeastern Ok	55.29		5/2
5		Joey BABEL	SO	#2 Ouachita Baptist	55.98		5/2
6		Delaney RIEKERT	JR	#3 Oklahoma Bapti	{2} 56.05		5/2
7		Anna WOOLSEY	SO	#2 Ouachita Baptist	{2} 56.29		4/12
8		Lisa RETAILLEAU	JR	#1 Harding	{3} 56.43		3/22
9		Jayden BOWMAN	FR	#1 Harding	{4} 57.19		5/2
10		Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	{3} 57.45		4/12

Women's 400 Meter Hurdles

1	5	Lisa RETAILLEAU	JR	#1 Harding	58.93		5/11
2	38	Mary MCKEY	SR	#3 Oklahoma Bapti	1:00.56		5/2
3	39	Madison ROWE	JR	#5 Southeastern Ok	1:00.60		5/2
4	56	Belle LINDSEY	SO	#2 Ouachita Baptist	1:01.77		4/18
5	57	Valerie OLSON	SR	#3 Oklahoma Bapti	{2} 1:01.79		4/4
6	90	Savanna MEEK	FR	#3 Oklahoma Bapti	{3} 1:02.99		5/2
7		Zoe WEAVER	SR	#3 Oklahoma Bapti	{4} 1:03.66		4/12
8		Kyndall HICKS	JR	#3 Oklahoma Bapti	{5} 1:03.68		5/2
9		Bella DRIVER	FR	#3 Oklahoma Bapti	{6} 1:03.83		5/2
10		Laynie WHITE	SR	#2 Ouachita Baptist	{2} 1:04.14		4/5

Women's 800 Meters

1	40	Kimberly MCKINNEY	SR	#3 Oklahoma Bapti	2:10.50		5/9
2	47	Lisa RETAILLEAU	JR	#1 Harding	2:11.02		5/2
3	73	Kaylen KING	SR	#3 Oklahoma Bapti	{2} 2:12.85		4/18
4	82	Valerie OLSON	SR	#3 Oklahoma Bapti	{3} 2:13.23		4/18
4	82	Zoe WEAVER	SR	#3 Oklahoma Bapti	{3} 2:13.23		4/18
6	85	Shayna HENDRIX	SO	#3 Oklahoma Bapti	{5} 2:13.30		4/18
7		Veagen JONES	SR	#1 Harding	{2} 2:14.21		5/2
8		Jaci MCGREGOR	SR	#2 Ouachita Baptist	2:14.26		4/18
9		Katlen CLEM	JR	#5 Southeastern Ok	2:14.98		5/2
10		Izzi BREAU	SR	#2 Ouachita Baptist	{2} 2:15.30		4/18

Women's 1500 Meters

1		Jaci MCGREGOR	SR	#2 Ouachita Baptist	4:37.09		4/12
2		Elise KNIGHT	JR	#2 Ouachita Baptist	{2} 4:37.26		4/18
3		Izzi BREAU	SR	#2 Ouachita Baptist	{3} 4:37.84		4/18
4		Sophia STRANGE	SR	#3 Oklahoma Bapti	4:39.35		4/18
5		Audrey HILL	JR	#7 Arkansas Tech	4:39.63		4/18
6		Josie PARKS	JR	#1 Harding	4:40.27		5/2
7		Kaylen KING	SR	#3 Oklahoma Bapti	{2} 4:40.46		4/18
8		Dinah WINDERS	JR	#1 Harding	{2} 4:40.58		3/22
9		Katlen CLEM	JR	#5 Southeastern Ok	4:41.91		5/2
10		Kate NACHTIGAL	JR	#2 Ouachita Baptist	{4} 4:43.32		4/5

Women's Steeplechase

1	21	Kate NACHTIGAL	JR	#2 Ouachita Baptist	10:34.66		4/18
2	36	Elise KNIGHT	JR	#2 Ouachita Baptist	{2} 10:49.18		4/18
3	40	Josie PARKS	JR	#1 Harding	10:52.71		3/29
4	61	Avery STANLEY	JR	#7 Arkansas Tech	11:07.81		4/18
5	62	Macie CASH	SR	#2 Ouachita Baptist	{3} 11:07.99		3/29
6	88	Katlen CLEM	JR	#5 Southeastern Ok	11:16.45		5/2
7		Logan WARREN	SR	#4 Southern Arkans	11:26.16		5/2
8		Jamaira ROSS	JR	#6 Northwestern Ol	11:51.00		5/2
9		Molly FANTAUZZO	FR	#1 Harding	{2} 11:54.50		3/8
10		Rylee PATTERSON	JR	#2 Ouachita Baptist	{4} 12:01.90		5/2



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Women's 5000 Meters

1	36	Sophia STRANGE	SR	#3 Oklahoma Bapti	16:43.44	4/18
2		Mackenzie DAVIS	SR	#2 Ouachita Baptist	17:17.76	4/18
3		Allison HYLKEMA	JR	#2 Ouachita Baptist{2}	17:26.77	4/18
4		Lucy HOLDEN	SO	#2 Ouachita Baptist{3}	17:47.68	4/12
5		Libby BOOTH	JR	#7 Arkansas Tech	17:56.19	3/20
6		Macie CASH	SR	#2 Ouachita Baptist{4}	17:58.75	3/20
7		Marin MURRAY	FR	#2 Ouachita Baptist{5}	17:59.24	3/20
8		Avery STANLEY	JR	#7 Arkansas Tech {2}	17:59.40	4/18
9		Logan WARREN	SR	#4 Southern Arkans	18:00.68	5/2
10		Dinah WINDERS	JR	#1 Harding	18:01.53	5/2

Women's 10,000 Meters

1	14	Sophia STRANGE	SR	#3 Oklahoma Bapti	34:33.68	3/28
2	72	Mackenzie DAVIS	SR	#2 Ouachita Baptist	36:38.24	3/20
3		Allison HYLKEMA	JR	#2 Ouachita Baptist{2}	37:17.47	3/20
4		Jade ROBINSON	SR	#3 Oklahoma Bapti{2}	39:12.55	5/2
5		Felicity WEST	SR	#7 Arkansas Tech	39:28.72	4/18
6		Mackenzie EPPERSON	JR	#7 Arkansas Tech {2}	39:38.46	4/18
7		Emelia ERIKSSON	SO	#2 Ouachita Baptist{3}	39:41.66	3/20
8		Meg SWINDLE	FR	#2 Ouachita Baptist{4}	40:00.27	3/20
9		Carolyne KIMAIYO	JR	#10 East Central (Ok)	40:06.95	5/2
10		Jadyn PAVLIK	SR	#3 Oklahoma Bapti{3}	40:07.71	3/28

Women's 4x100 Relay

1	26	Valerie Olson, Asia Foster, Delaney Riekert, Olivia Tate	#3 Oklahoma Bapti	45.85	4/12
2	54	Tetiana Kharashchuk, Leila Ngapout, Kewes Gomes, Jerlana Williams	#1 Harding	46.74	5/2
3	75	Addrienna Gray, Anna Woolsey, Joey Babel, Angie Rojas	#2 Ouachita Baptist	47.27	4/12
4	90	Brianisha Rolling, Diamond Hilton, Brianna Brantley, Darianne Thompson	#6 Northwestern Ol	47.64	5/2
5		Je'Mela Harris, Andria Williams, Jaiden Leighton, Ashton Carter	#5 Southeastern Ok	48.19	3/8
6		Edriana Hunter, Kamryn Floyd, Jayla Davila, Diamond Brunn	#4 Southern Arkans	48.20	4/19
7		Jackie Horne, Breegan Barnett, Delaney York, Deuna Miller	#9 Southwestern Ol	50.51	4/5
8		Jasmine Brown, Remi Murray, Cheyenne Gaymon, Abriel Thrash	#8 Southern Nazare	51.08	4/12

Women's 4x400 Relay

1	8	Delaney Riekert, Valerie Olson, Mary McKey, Asia Foster	#3 Oklahoma Bapti	3:38.22	4/18
2	15	Omolara Ogunmakinu, Leila Ngapout, Lisa Retailleau, Tetiana Kharashchuk	#1 Harding	3:39.87	5/9
3	45	Joey Babel, Anna Woolsey, Angie Rojas, Laynie White	#2 Ouachita Baptist	3:47.81	4/12
4	55	Madison Rowe, La'Najah Ticey, Tailyn Higginbotham, Ashton Carter	#5 Southeastern Ok	3:50.42	4/12
5		Diamond Hilton, Krissalynn Henderson, Brianna Brantley, Azucena Carrillo	#6 Northwestern Ol	4:01.27	5/2
6		Marleigh Sellars, Kaitlynne Elmore, Peyton Carson, Audrey Hill	#7 Arkansas Tech	4:07.55	5/2
7		Edriana Hunter, Logan Warren, Anaya Ervin, Rylee Robinson	#4 Southern Arkans	4:10.80	5/2
8		Abriel Thrash, Jasmine Brown, Chloe Chouber, Cheyenne Gaymon	#8 Southern Nazare	4:14.33	5/2
9		Breegan Barnett, Delaney York, Madison Radke, Madisan Workman	#9 Southwestern Ol	4:15.38	5/2

Women's High Jump

1	4	Jamora HORACE	JR	#3 Oklahoma Bapti	1.77m	5-9¾	3/29
2	21	Kiera BLANKINSHIP	SR	#1 Harding	1.72m	5-7¾	5/2
2	21	Abriel THRASH	SO	#8 Southern Nazare	1.72m	5-7¾	4/17
4	54	Ally CHEEK	SO	#1 Harding {2}	1.66m	5-5¼	5/2
5	68	Jacey HAMMON	FR	#3 Oklahoma Bapti{2}	1.65m	5-5	4/25
6	99	Mariya HAMLIN	FR	#6 Northwestern Ol	1.63m	5-4¼	5/2
7		Ashlynn DICKEY	FR	#4 Southern Arkans	1.60m	5-3	3/1
7		Carly TUCKER	FR	#1 Harding {3}	1.60m	5-3	5/2
7		Lexii LECRONE	FR	#10 East Central (Ok)	1.60m	5-3	3/29
7		Valerie OLSON	SR	#3 Oklahoma Bapti{3}	1.60m	5-3	5/2
7		Joey BABEL	SO	#2 Ouachita Baptist	1.60m	5-3	5/2



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Women's Pole Vault

1	18	Cadence SANSOM	JR	#1 Harding	3.96m	12-11¾	5/11
2	37	Karyna VEHNER	JR	#1 Harding	{2}3.81m	12-6	5/11
3		Remi MURRAY	FR	#8 Southern Nazare	3.45m	11-3¾	3/13
4		Mariia YASHCHENKO	FR	#1 Harding	{3}3.40m	11-1¾	3/1
4		Melissa TAGORDA	FR	#4 Southern Arkans	3.40m	11-1¾	4/12
6		Hazel JACKSON	SR	#1 Harding	{4}3.25m	10-8	3/1
6		Charley STALLINGS	FR	#2 Ouachita Baptist	3.25m	10-8	4/12
8		Alysha COLBURN	JR	#2 Ouachita Baptist	{2}3.05m	10-0	5/2
9		Olivia SANER	SO	#6 Northwestern Ol	2.90m	9-6¾	3/22
10		Kyla JEFFCOAT	FR	#2 Ouachita Baptist	{3}2.80m	9-2¾	3/1

Women's Long Jump

1	15	Anisha HENDERSON	SR	#3 Oklahoma Bapti	6.12m	20-1 (1.2)	5/11
2	19	Diamond BRUNN	JR	#4 Southern Arkans	6.10m	20-¼ (0.2)	4/10
3	52	Gabriella HALL	FR	#6 Northwestern Ol	5.87m	19-3¾ (1.6)	5/11
4	61	Carly TUCKER	FR	#1 Harding	5.83mw	19-1½ (3.9)	3/1
5	94	Abriel THRASH	SO	#8 Southern Nazare	5.70mw	18-8½ (2.2)	4/24
6		Deuna MILLER	SR	#9 Southwestern Ol	5.66m	18-7 (0.7)	3/29
7		Jackie HORNE	FR	#9 Southwestern Ol	{2}5.58mw	18-3¾ (3.6)	3/1
8		Hanna ONUFRIIEVA	SO	#1 Harding	{2}5.44m	17-10¼ (0.0)	5/2
9		Kelis BOUTTE	SR	#4 Southern Arkans	{2}5.42m	17-9½ (0.2)	4/12
10		Kadi VAUGHN	FR	#1 Harding	{3}5.41m	17-9 (1.6)	3/1

Women's Triple Jump

1	8	Hanna ONUFRIIEVA	SO	#1 Harding	12.59m	41-3¾ (1.7)	5/11
2	11	Karyna VEHNER	JR	#1 Harding	{2}12.49mw	40-11¾ (2.5)	5/11
3	21	Harmonie HUGHES	FR	#6 Northwestern Ol	12.18mw	39-11½ (2.8)	4/30
4	78	Carly TUCKER	FR	#1 Harding	{3}11.62mw	38-1½ (2.5)	5/2
5	83	Diamond BRUNN	JR	#4 Southern Arkans	11.59m	38-¼ (1.0)	4/19
6	90	Jenesis TOMLINSON	FR	#6 Northwestern Ol	{2}11.54mw	37-10½ (3.0)	5/2
7		Anisha HENDERSON	SR	#3 Oklahoma Bapti	11.38mw	37-4 (2.4)	5/2
8		Carmin TOLLIVER	FR	#4 Southern Arkans	{2}11.06mw	36-3½ (2.9)	4/19
9		Breyonna STEWARD	JR	#4 Southern Arkans	{3}11.04m	36-2¾ (1.7)	4/19
10		Celeste PUGA	FR	#1 Harding	{4}10.99mw	36-¾ (3.1)	5/2

Women's Shot Put

1	28	Irieyanna WILSON	SR	#4 Southern Arkans	14.27m	46-10	4/19
2	41	Altyn BARTLEY	SO	#3 Oklahoma Bapti	13.95m	45-9¼	4/17
3	81	Marleigh WEST	SR	#9 Southwestern Ol	13.33m	43-8¾	5/2
4	85	Kailyn THOMAS	SR	#4 Southern Arkans	{2}13.27m	43-6½	5/2
5		Abriel THRASH	SO	#8 Southern Nazare	13.06m	42-10¼	5/2
6		Brenlee LEONARD	SO	#2 Ouachita Baptist	13.01m	42-8¾	5/2
6		Dalice WHITE	JR	#7 Arkansas Tech	13.01m	42-8¾	5/2
8		Valerie OLSON	SR	#3 Oklahoma Bapti	{2}12.60m	41-4¼	3/29
9		Eve BRENNAN	SR	#8 Southern Nazare	{2}12.40m	40-8¾	3/1
10		Torri TOTTRISS	SO	#9 Southwestern Ol	{2}12.30m	40-4¼	5/2

Women's Discus

1	12	Jade BYRD	SR	#3 Oklahoma Bapti	49.33m	161-10	4/4
2	37	Kailyn THOMAS	SR	#4 Southern Arkans	46.44m	152-5	5/11
3	53	Rachel MILLIKAN	FR	#1 Harding	45.22m	148-5	4/19
4	82	Eve BRENNAN	SR	#8 Southern Nazare	43.61m	143-1	4/17
5		Jaci SHELTON	SO	#9 Southwestern Ol	42.98m	141-0	5/2
6		Brylee STEWART	SO	#1 Harding	{2}42.04m	137-11	5/2
7		Lauren OLSON	SO	#3 Oklahoma Bapti	{2}41.63m	136-7	5/2
8		Irieyanna WILSON	SR	#4 Southern Arkans	{2}41.18m	135-1	4/12
9		Kylie PUGH	SO	#4 Southern Arkans	{3}41.09m	134-10	3/8
10		Emma BERRY	SO	#5 Southeastern Ok	40.38m	132-6	5/2

Women's Hammer

1	39	Altyn BARTLEY	SO	#3 Oklahoma Bapti	53.63m	176-0	5/2
2	40	Jade BYRD	SR	#3 Oklahoma Bapti	{2}53.56m	175-9	3/29
3	41	Kailyn THOMAS	SR	#4 Southern Arkans	53.50m	175-6	4/19
4		Eve BRENNAN	SR	#8 Southern Nazare	46.98m	154-2	5/9
5		Keyonce BROWN	SR	#4 Southern Arkans	{2}46.20m	151-7	4/5
6		Irieyanna WILSON	SR	#4 Southern Arkans	{3}45.64m	149-9	5/2
7		Kaitlyn ERVIN	FR	#5 Southeastern Ok	44.93m	147-5	5/2
8		Mariana MENDEZ	JR	#5 Southeastern Ok	{2}42.35m	139-0	5/2
9		Marleigh WEST	SR	#9 Southwestern Ol	42.07m	138-0	4/10
10		Kaylan SWINDLE	SO	#6 Northwestern Ol	41.76m	137-0	3/29

Women's Javelin

1	17	Ashley LOW	FR	#6 Northwestern Ol	46.42m	152-4	3/29
2	53	Ambree COLLINSWORTH	FR	#4 Southern Arkans	41.42m	135-11	4/12
3		Valerie OLSON	SR	#3 Oklahoma Bapti	36.76m	120-7	5/2
4		Jordyn TUCKER	SR	#6 Northwestern Ol	{2}35.94m	117-11	3/22
5		Zoe WEAVER	SR	#3 Oklahoma Bapti	{2}35.86m	117-8	5/2
6		Kiera BARTLETT	FR	#1 Harding	35.52m	116-7	5/2
7		Abriel THRASH	SO	#8 Southern Nazare	35.42m	116-3	5/2
8		Dalice WHITE	JR	#7 Arkansas Tech	34.59m	113-6	3/1
9		Anaya ERVIN	JR	#4 Southern Arkans	{2}33.29m	109-3	5/2
10		Emily LAWRENCE	SR	#2 Ouachita Baptist	33.20m	108-11	4/5

Women's Heptathlon

1	5	Valerie OLSON	SR	#3 Oklahoma Bapti	5,428	3/29
2	11	Abriel THRASH	SO	#8 Southern Nazare	5,203	4/24
3	50	Belle LINDSEY	SO	#2 Ouachita Baptist	4,600	3/7
4	52	Anaya ERVIN	JR	#4 Southern Arkans	4,584	4/12
5	60	Carly TUCKER	FR	#1 Harding	4,510	5/2
6	86	Laynie WHITE	SR	#2 Ouachita Baptist	{2}4,256	4/12
7		Celeste PUGA	FR	#1 Harding	{2}4,025	5/2
8		Ally CHEEK	SO	#1 Harding	{3}3,896	5/2
9		Kiera BARTLETT	FR	#1 Harding	{4}3,793	3/7
10		Bella MAXSON	FR	#2 Ouachita Baptist	{3}3,581	5/2



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Women's 100 Meters

1	86	Taylor KYLE	SR	#1 Grand Valley Sta	11.81w	(2.9)	5/2
2	95	Alaina DIAZ	JR	#1 Grand Valley Sta{2}	11.83w	(2.6)	5/9
3		Julia TUURI	SR	#6 Davenport (Mich	11.86	(1.2)	5/2
4		Sophia THELEN	SR	#5 Saginaw Valley S	11.92	(2.0)	4/25
5		Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{3}	11.93w	(2.9)	5/9
6		Claire NEUMANN	FR	#1 Grand Valley Sta{4}	11.95	(-0.6)	4/5
6		Elyse MILLER	JR	#3 Wayne State (Mi	11.95	(1.8)	4/25
8		Jayla GRAHAM	FR	#1 Grand Valley Sta{5}	12.03	(1.7)	5/11
8		Catalla JONES	SO	#3 Wayne State (Mi{2}	12.03w	(2.9)	5/2
10		Allie DELOST	SO	#7 Ferris State	12.05w	(2.9)	5/2

Women's 100 Meter Hurdles

1	19	Crystal WALKER	SR	#2 Northern Michig	13.68	(1.2)	5/2
2	20	Brooke BARKOCY	SR	#1 Grand Valley Sta	13.72w	(3.3)	4/26
3	25	Ellyse WOLFRATH	SR	#2 Northern Michig{2}	13.76	(0.7)	5/2
4	35	Destini DORKINS	JR	#1 Grand Valley Sta{2}	13.91w	(2.3)	5/2
5	56	Grace COLLETT	SR	#5 Saginaw Valley S	14.20	(0.7)	5/2
6	82	Keneisha THOMAS	SO	#3 Wayne State (Mi	14.39	(1.3)	4/25
7	98	Olivia CARPENTER	SR	#5 Saginaw Valley S{2}	14.48w	(2.3)	5/2
8		Megan ZAHNOW	FR	#3 Wayne State (Mi{2}	14.51	(1.2)	5/2
9		Sofi DIOP	SO	#2 Northern Michig{3}	14.73	(1.2)	5/2
10		Miranda WINKLER	SO	#4 UW-Parkside	15.03w	(2.5)	4/12

Women's 200 Meters

1	64	Alaina DIAZ	JR	#1 Grand Valley Sta	24.05	(1.5)	5/11
2	78	Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{2}	24.19	(0.4)	4/12
3	90	Julia TUURI	SR	#6 Davenport (Mich	24.25	(0.7)	5/2
4	92	Hanne BASTIAANSEN	JR	#3 Wayne State (Mi	24.27	(0.9)	5/2
5		Claire NEUMANN	FR	#1 Grand Valley Sta{3}	24.50	(-0.1)	4/5
6		Sophia THELEN	SR	#5 Saginaw Valley S	24.57	(0.6)	4/25
7		Jayla GRAHAM	FR	#1 Grand Valley Sta{4}	24.62	(0.9)	5/2
7		Soleil MOORE	SO	#6 Davenport (Mich{2}	24.62cw	(25.00) (2.6)	3/30
9		Rachel OVERGAARD	SO	#3 Wayne State (Mi{2}	24.66	(1.6)	5/9
10		Abby WINKLE	JR	#7 Ferris State	24.88w	(3.2)	4/26

Women's 400 Meters

1	37	Addison WASHLER	SO	#1 Grand Valley Sta	54.58		5/2
2	49	Catherine GUCKENBERGER	SO	#1 Grand Valley Sta{2}	54.95		5/2
3	69	Claire NEUMANN	FR	#1 Grand Valley Sta{3}	55.47		5/2
4		Avery WILSON	JR	#3 Wayne State (Mi	56.26		5/2
5		Abby WINKLE	JR	#7 Ferris State	56.36		5/2
6		Erin BOETTCHER	SR	#6 Davenport (Mich	56.46		4/12
7		Renae KUTCHA	SR	#3 Wayne State (Mi{2}	56.58		5/2
8		Lilly ALBERTS	JR	#1 Grand Valley Sta{4}	56.79		4/18
9		Ciara OSTRENGA	JR	#2 Northern Michig	56.91		5/2
10		Soleil MOORE	SO	#6 Davenport (Mich{2}	57.27		4/12

Women's 400 Meter Hurdles

1	19	Keneisha THOMAS	SO	#3 Wayne State (Mi	59.88		5/9
2	23	Destini DORKINS	JR	#1 Grand Valley Sta	59.96		5/2
3	39	Grace MILDICE	SR	#4 UW-Parkside	1:00.60		5/2
4	42	Ahna LARSON	SR	#2 Northern Michig	1:01.04		5/2
5	82	Makenzie WELLNER	SR	#3 Wayne State (Mi{2}	1:02.83		5/2
6	86	Kate ANIOLKOWSKI	FR	#1 Grand Valley Sta{2}	1:02.91		5/2
7	94	Ashtyn GLUCK	SR	#1 Grand Valley Sta{3}	1:03.05		4/12
8		Makayla FUERST	SR	#5 Saginaw Valley S	1:03.98		4/25
9		Nyah TYRON	SR	#7 Ferris State	1:04.41		5/2
10		Brooke BARKOCY	SR	#1 Grand Valley Sta{4}	1:04.83		3/29

Women's 800 Meters

1	10	Megan POSTMA	FR	#1 Grand Valley Sta	2:06.65		5/11
2	15	Lilly ALBERTS	JR	#1 Grand Valley Sta{2}	2:07.76		4/18
3	29	Addison WASHLER	SO	#1 Grand Valley Sta{3}	2:08.90		4/18
4	41	Klaudia O'MALLEY	SR	#1 Grand Valley Sta{4}	2:10.51		3/29
5	48	Natalie GRABER	SR	#1 Grand Valley Sta{5}	2:11.18		3/29
6	56	Maria MITCHELL	JR	#1 Grand Valley Sta{6}	2:11.54		3/29
7	96	Johanna EBERT	FR	#4 UW-Parkside	2:13.49		4/24
8		Anna GDOWSKI	SO	#3 Wayne State (Mi	2:13.78		5/2
9		Grace FOLKEMA	FR	#9 Michigan Tech	2:13.93		4/12
10		Rachel FELSTOW	JR	#3 Wayne State (Mi{2}	2:14.11		4/18

Women's 1500 Meters

1	4	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	4:18.43		3/29
2	10	Natalie GRABER	SR	#1 Grand Valley Sta{2}	4:20.92		3/29
3	25	Maria MITCHELL	JR	#1 Grand Valley Sta{3}	4:24.08		4/18
4	46	Johanna EBERT	FR	#4 UW-Parkside	4:28.98		4/18
5	50	Karissa PICARD	SR	#5 Saginaw Valley S	4:29.63		5/10
6	71	Cara NEWMAN	FR	#1 Grand Valley Sta{4}	4:32.05		5/2
7		Katrina SANDMAN	FR	#1 Grand Valley Sta{5}	4:36.50		5/2
8		Lamar GORDON	SO	#2 Northern Michig	4:38.54		4/18
9		Ella BARYO	SR	#6 Davenport (Mich	4:39.52		4/5
10		Jordyn HOPGOOD	JR	#1 Grand Valley Sta{6}	4:40.37		4/19

Women's Steeplechase

1	3	Maria MITCHELL	JR	#1 Grand Valley Sta	10:12.92		4/18
2	16	Ella BARYO	SR	#6 Davenport (Mich	10:32.07		5/10
3	22	Johanna EBERT	FR	#4 UW-Parkside	10:35.45		4/18
4	27	Whitney FARRELL	JR	#7 Ferris State	10:42.34		4/26
5	55	Jordyn HOPGOOD	JR	#1 Grand Valley Sta{2}	11:02.73		3/29
6	68	Taylor HOPKINS	JR	#3 Wayne State (Mi	11:10.31		4/18
7	80	Claire ENDRES	JR	#9 Michigan Tech	11:13.91		5/2
8	90	Ella RONDEAU	SR	#4 UW-Parkside {2}	11:17.76		4/18
9	95	Dani VANLENTE	SO	#2 Northern Michig	11:19.02		5/2
10		Emma SWEENEY	JR	#2 Northern Michig{2}	11:23.46		4/18



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Women's 5000 Meters

1	1	Klaudia O'MALLEY	SR	#1 Grand Valley Sta	15:42.43	4/18
2	6	Natalie GRABER	SR	#1 Grand Valley Sta{2}	15:57.95	4/18
3	26	Allie ARNSMAN	SO	#1 Grand Valley Sta{3}	16:31.51	4/18
4	40	Abbi STEINER	SO	#4 UW-Parkside	16:44.58	3/28
5	43	Anastasia TUCKER	SR	#1 Grand Valley Sta{4}	16:47.21	5/10
6	45	Maria MITCHELL	JR	#1 Grand Valley Sta{5}	16:49.08	5/2
7	69	Maggie O'MALLEY	JR	#1 Grand Valley Sta{6}	17:01.58	3/29
8	74	Abigail VANDERKOOI	SO	#1 Grand Valley Sta{7}	17:03.32	4/5
9	88	Skylar GRUBB	SR	#2 Northern Michig	17:09.36	5/2
10	94	Sophia RHEIN	SO	#9 Michigan Tech	17:12.26	4/12

Women's 10,000 Meters

1	16	Anastasia TUCKER	SR	#1 Grand Valley Sta	34:37.77	4/18
2	17	Abigail VANDERKOOI	SO	#1 Grand Valley Sta{2}	34:43.67	5/10
3	22	Reagan JUSTICE	SR	#3 Wayne State (Mi	34:52.00	3/28
4	30	Maggie O'MALLEY	JR	#1 Grand Valley Sta{3}	34:58.54	5/10
5	35	Annika SANDMAN	FR	#1 Grand Valley Sta{4}	35:16.92	5/10
6	43	Madison EBRIGHT	JR	#1 Grand Valley Sta{5}	35:47.28	5/2
7	49	Skylar GRUBB	SR	#2 Northern Michig	35:52.42	5/2
8	71	Maria WIDMANN	JR	#1 Grand Valley Sta{6}	36:37.13	4/18
9	90	Cedar GORDON	SR	#9 Michigan Tech	37:06.07	3/28
10		Annalee MISCH	SR	#3 Wayne State (Mi{2}	37:22.61	3/28

Women's 4x100 Relay

1	13	Catherine Guckenberger, Taylor Kyle, Claire Neumann, Alaina Diaz	#1 Grand Valley Sta	45.12	5/11
2	34	Catalla Jones, Avery Wilson, Elyse Miller, Rachel Overgaard	#3 Wayne State (Mi	46.17	4/25
3	56	Lacey Zimmerman, Angela Kotecki, Darnesha Fraley, Allie Delost	#7 Ferris State	46.91	5/2
4	78	Arrionnna Wallace, Hanah Johnson, Jaiden Young, Julia Tuuri	#6 Davenport (Mich	47.33	4/19
5	85	Alicia Fields, Taylor Moyer, Trinity Greer, Sophia Thelen	#5 Saginaw Valley S	47.50	5/2
6	87	Ellyse Wolfrath, Ciara Ostrenga, Ahna Larson, Crystal Walker	#2 Northern Michig	47.58	5/2
7	95	Mayda Conrad, Essence Burrows, Keira Cooper, Rachel Blaskowski	#4 UW-Parkside	47.80	4/24
8		DeAndria Franklin, Carley Grabarczyk, Cailey Weber, Kori Morris	#8 Purdue Northwe	49.56	4/19
9		Haley Howe, Lindsey Tonello, Sofia Salazar, Jayda Williams	#10 Lake Superior St	51.52	5/2



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Women's 4x400 Relay

1	14	Catherine Guckenberger, Claire Neumann, Addison Washler, Alaina Diaz	#1 Grand Valley Sta	3:39.80	4/12
2	37	Avery Wilson, Elyse Miller, Renae Kutcha, Makenzie Wellner	#3 Wayne State (Mi	3:46.74	5/2
3	53	Erin Boettcher, Julia Tuuri, Lacy Hess, Soleil Moore	#6 Davenport (Mich	3:50.10	5/2
4	90	Ahna Larson, Lana Mac, Ciara Ostrenga, Beverly Harper	#2 Northern Michig	3:55.69	5/2
5	94	Trinity Greer, Taylor Moyer, Madisyn Lundquist, Makayla Fuerst	#5 Saginaw Valley S	3:55.99	5/2
6		Abby Winkle, Daisy Englund, Darnesha Fraley, Kendra Montague	#7 Ferris State	3:58.46	5/2
7		Grace Mildice, Nailah Taylor, Josie Kooima, Jasmine Sieben	#4 UW-Parkside	4:01.59	5/2
8		Brielle Kero, Ingrid Seagren, Samantha Shaver, Grace Folkema	#9 Michigan Tech	4:06.94	5/2
9		Lindsey Tonello, Sofia Salazar, Haley Howe, Sydney Kapushinski	#10 Lake Superior St	4:08.11	5/2
10		Sara McGraw, Carley Grabarczyk, Alyssa Dunlap, Cailey Weber	#8 Purdue Northwe	4:09.37	5/2

Women's High Jump

1	10	Kaylee DIAMOND	SR	#1 Grand Valley Sta	1.73m	5-8	4/19
2	26	Heidi NEWHOUSE	FR	#1 Grand Valley Sta{2}	1.70m	5-7	5/11
3	36	Nailah TAYLOR	SO	#4 UW-Parkside	1.68m	5-6	4/18
4	54	Alexis WEBER	SO	#1 Grand Valley Sta{3}	1.66m	5-5½	3/29
5	68	Olivia FINDLAY	FR	#3 Wayne State (Mi	1.65m	5-5	4/19
6		Imogene BRUMBAUGH	FR	#1 Grand Valley Sta{4}	1.61m	5-3¾	3/22
7		Joslyn BENTZ	SO	#1 Grand Valley Sta{5}	1.58m	5-2¼	4/19
7		Lauren ROKOS	FR	#1 Grand Valley Sta{5}	1.58m	5-2¼	4/26
7		Mckenna ARMSTRONG	SR	#4 UW-Parkside {2}	1.58m	5-2¼	4/18
10		Ava STEINHEBEL	FR	#3 Wayne State (Mi{2}	1.57m	5-1¾	4/12

Women's Pole Vault

1	2	Kristen LELAND		#1 Grand Valley Sta	4.45m	14-7¼	5/11
2	3	Brooke BOWERS	FR	#1 Grand Valley Sta{2}	4.30m	14-1¼	4/12
3	64	Kati SMITH	SO	#2 Northern Michig	3.66m	12-0	4/5
3	64	Ava COLLIER	FR	#1 Grand Valley Sta{3}	3.66m	12-0	5/11
5	70	Sidney HEUGEL	SR	#6 Davenport (Mich	3.65m	11-11¾	4/19
6	77	Madisyn LUNDQUIST	FR	#5 Saginaw Valley S	3.64m	11-11¼	5/2
7	97	Giuliana SERAPIGLIA	FR	#1 Grand Valley Sta{4}	3.50m	11-5¾	3/22
8		Rebecca LANE	JR	#2 Northern Michig{2}	3.49m	11-5¼	5/2
9		Emily CZEISZPERGER	JR	#2 Northern Michig{3}	3.46m	11-4¼	4/26
10		Alayna VANDEGRIFF	FR	#2 Northern Michig{4}	3.36m	11-¼	4/5

Women's Long Jump

1	2	Alaina DIAZ	JR	#1 Grand Valley Sta	6.41mw	21-½ (3.1)	4/30
2	41	Crystal WALKER	SR	#2 Northern Michig	5.93mw	19-5½ (3.8)	5/2
3	65	Rachel BLASKOWSKI	JR	#4 UW-Parkside	5.80mw	19-½ (3.2)	5/10
4	69	Zoe ZEISER	FR	#1 Grand Valley Sta{2}	5.78mw	18-11¾ (3.3)	4/19
5	75	Kiara SPATES	SR	#8 Purdue Northwe	5.77mw	18-11¼ (3.0)	5/2
6	86	Kaitlyn MOLNAR	FR	#1 Grand Valley Sta{3}	5.73mw	18-9¾ (2.9)	4/26
7	88	Sofi DIOP	SO	#2 Northern Michig{2}	5.72mw	18-9¾ (3.9)	5/2
8		Angela KOTECKI	JR	#7 Ferris State	5.52m	18-1½ (0.0)	5/2
9		Nyla REED	FR	#1 Grand Valley Sta{4}	5.50mw	18-½ (2.4)	4/26
10		Annabelle SMITH	JR	#3 Wayne State (Mi	5.49mw	18-¼ (3.0)	5/2
10		Essence BURROWS	FR	#4 UW-Parkside {2}	5.49mw	18-¼ (3.2)	5/10

Women's Triple Jump

1	48	Alayna VANDEGRIFF	FR	#2 Northern Michig	11.84mw	38-10¼ (3.8)	4/26
2	54	Essence BURROWS	FR	#4 UW-Parkside	11.80m	38-8¾ (0.0)	4/18
3	57	Kiara SPATES	SR	#8 Purdue Northwe	11.79m	38-8¼ (1.9)	4/19
4	63	Sofi DIOP	SO	#2 Northern Michig{2}	11.75mw	38-6¾ (3.3)	4/26
5		Mckenna ARMSTRONG	SR	#4 UW-Parkside {2}	11.24mw	36-10½ (2.8)	4/12
6		Autumn MORRIS	JR	#5 Saginaw Valley S	11.02m	36-2 (1.3)	4/25
7		Miranda WINKLER	SO	#4 UW-Parkside {3}	10.86mw	35-7¾ (3.7)	4/12
8		Renae KUTCHA	SR	#3 Wayne State (Mi	10.84m	35-6¾ (1.6)	4/25
9		Nicole WARREN	SO	#3 Wayne State (Mi{2}	10.83m	35-6½ (1.8)	5/2
10		Amaya TEAGUE	FR	#2 Northern Michig{3}	10.34m	33-11¼ (1.7)	4/26

Women's Shot Put

1	3	Erika BEISTLE	SR	#1 Grand Valley Sta	16.02m	52-6¾	5/11
2	10	Mackenzie BOHRER	SR	#1 Grand Valley Sta{2}	15.43m	50-7½	4/5
3	29	Paige WESTRA	SO	#1 Grand Valley Sta{3}	14.26m	46-9½	5/11
4	34	Kennedy JACKSON	SO	#1 Grand Valley Sta{4}	14.06m	46-1½	4/5
5	37	Margaret STEVENSON	SR	#1 Grand Valley Sta{5}	13.99m	45-10¾	5/2
6	84	Sofiabella AMIRANTE		#1 Grand Valley Sta{6}	13.28m	43-7	5/11
7	90	Janae HUDSON	FR	#5 Saginaw Valley S	13.20m	43-3¾	5/2
8		Teiolla HARVEY	JR	#2 Northern Michig	12.58m	41-3¾	5/2
9		Jayla PROCTER	SO	#6 Davenport (Mich	12.30m	40-4¼	4/19
10		Makayla STEWART	SO	#3 Wayne State (Mi	12.03m	39-5¾	5/2



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Women's Discus

1	1	Erika BEISTLE	SR	#1 Grand Valley Sta	66.63m	218-7	4/5
2	2	Margaret STEVENSON	SR	#1 Grand Valley Sta{2}	52.95m	173-9	4/12
3	59	Hasely SCHULZ		#1 Grand Valley Sta{3}	44.82m	147-1	5/11
4	83	Sophia SNELLENBERGER	SO	#1 Grand Valley Sta{4}	43.60m	143-1	4/19
5	84	Mariah SACKETT		#1 Grand Valley Sta{5}	43.57m	143-0	4/26
6	95	Jayla PROCTER	SO	#6 Davenport (Mich	43.17m	141-8	3/21
7		Mariah SACKETT		#1 Grand Valley Sta{6}	41.75m	137-0	4/5
8		Janae HUDSON	FR	#5 Saginaw Valley S	40.85m	134-0	5/2
9		Ania TOBOY	FR	#3 Wayne State (Mic	40.36m	132-5	5/2
10		Alizabeth LITTLE	JR	#2 Northern Michig	39.69m	130-3	5/2

Women's Hammer

1	4	Shelby ULVEN	JR	#1 Grand Valley Sta	61.22m	200-10	5/11
2	22	Alaina OMONODE	SR	#1 Grand Valley Sta{2}	56.24m	184-6	5/11
3	58	Hasely SCHULZ		#1 Grand Valley Sta{3}	52.33m	171-8	5/11
4	95	Natalia PLUFF	SO	#1 Grand Valley Sta{4}	50.25m	164-11	4/19
5		Allie DICANIO	SO	#1 Grand Valley Sta{5}	48.46m	159-0	4/19
6		Kennedy JACKSON	SO	#1 Grand Valley Sta{6}	48.03m	157-7	3/22
7		Sophia SNELLENBERGER	SO	#1 Grand Valley Sta{7}	48.01m	157-6	5/2
8		Sofiabella AMIRANTE	FR	#1 Grand Valley Sta{8}	47.69m	156-6	4/5
9		Mariah SACKETT		#1 Grand Valley Sta{9}	47.63m	156-3	4/26
10		Sofiabella AMIRANTE		#1 Grand Valley Sta{10}	47.62m	156-3	5/11
10		Janae HUDSON	FR	#5 Saginaw Valley S	47.62m	156-3	4/25

Women's Javelin

1	61	Teiolla HARVEY	JR	#2 Northern Michig	40.86m	134-1	5/2
2	75	Wilme ELS	JR	#2 Northern Michig{2}	40.20m	131-11	5/2
3		Mckenna ARMSTRONG	SR	#4 UW-Parkside	37.54m	123-2	5/2
4		Bronte HODSON	SO	#6 Davenport (Mich	37.39m	122-8	5/2
5		Kelsi DILLON	SR	#8 Purdue Northwe	36.70m	120-5	4/19
6		Peyton HANSEN	SR	#3 Wayne State (Mic	35.93m	117-11	4/17
7		Hannah FITZPATRICK	FR	#6 Davenport (Mich{2}	35.52m	116-7	5/2
8		Ava DONMYER	SO	#10 Lake Superior St	34.17m	112-1	5/2
9		Shelby HANSHAW	FR	#4 UW-Parkside {2}	33.12m	108-8	5/2
10		Sarah GRAY	SO	#5 Saginaw Valley S	31.65m	103-10	5/2

Women's Heptathlon

1	88	Sarah GRAY	SO	#5 Saginaw Valley S	4,235	5/2
2		Olivia CARPENTER	SR	#5 Saginaw Valley S{2}	3,996	5/2
3		Natasha NOWAKOWSKI	SO	#2 Northern Michig	3,921	5/2
4		Cailey WEBER	FR	#8 Purdue Northwe	3,837	5/2
5		Eva ZONCA	SO	#2 Northern Michig{2}	3,747	4/12
6		Lainey FREDRICK	FR	#4 UW-Parkside	3,585	5/2
7		Tessa BLANKENSHIP	SR	#6 Davenport (Mich	3,453	5/2
8		Kierstyn STOIN	SR	#6 Davenport (Mich{2}	3,438	4/12
9		Abby KISSLING	FR	#5 Saginaw Valley S{3}	3,419	5/2
10		Elizabeth SIMPSON	FR	#2 Northern Michig{3}	3,157	5/2



Conference TFRI Event Summary



GLVC

as of 5/20/2025 6:54:04 AM ET

Women's 100 Meters

1	18	Shantae GEORGE	SR	#3 Lincoln (Mo.)	11.43	(1.7)	5/2
2	29	Sarai BROWN	JR	#5 Maryville (Mo.)	11.53w	(3.7)	3/29
3	34	Faith WYMAN	SR	#1 Lewis	11.56w	(2.5)	5/10
4	52	Collinique FARRINGTON	SR	#2 Southwest Bapti	11.65	(0.4)	4/11
5	73	Lauren COLEMAN	FR	#11 Drury	11.75w	(3.0)	5/8
6		Aaliyannah ANDERSON	SO	#3 Lincoln (Mo.)	{2}11.86	(1.7)	5/2
7		Stephanique DEAN	JR	#2 Southwest Bapti	{2}11.90	(1.7)	4/11
8		Laura DIXON	SO	#2 Southwest Bapti	{3}11.91	(1.7)	5/2
9		Rebecca CRAVEDI	SR	#1 Lewis	{2}11.94	(1.9)	4/13
10		Denise HERNANDEZ	JR	#1 Lewis	{3}12.03	(1.9)	4/13

Women's 100 Meter Hurdles

1	10	Aaliyannah ANDERSON	SO	#3 Lincoln (Mo.)	13.57w	(3.2)	5/2
2	18	Caroline MAYES	JR	#8 William Jewell	13.67w	(2.2)	4/17
3	74	Karmen KUROWICKA	SO	#1 Lewis	14.36	(1.2)	5/2
4		Maya WRIGHT	JR	#7 Missouri S&T	14.61w	(3.2)	5/2
5		Jaynae PINDER	FR	#2 Southwest Bapti	14.73w	(3.2)	5/2
6		Ava AMEY	FR	#3 Lincoln (Mo.)	{2}14.75w	(3.2)	5/2
7		Caitlyn O'BOYLE	SO	#1 Lewis	{2}14.84	(1.2)	5/2
8		Haylie HUTCHINSON	SO	#12 Upper Iowa	14.99w	(3.2)	5/2
9		Mary KIMMERLE	FR	#7 Missouri S&T	{2}15.01	(0.8)	4/11
10		Ellie LINGERICH	SR	#4 Indianapolis	15.36	(1.6)	5/2

Women's 200 Meters

1	2	Collinique FARRINGTON	SR	#2 Southwest Bapti	23.00w	(2.6)	3/29
2	8	Shantae GEORGE	SR	#3 Lincoln (Mo.)	23.27	(1.5)	5/2
3	17	Stephanique DEAN	JR	#2 Southwest Bapti	{2}23.41w	(2.6)	3/29
4	21	Faith WYMAN	SR	#1 Lewis	23.44	(1.4)	5/10
5	44	Sarai BROWN	JR	#5 Maryville (Mo.)	23.91	(1.5)	5/2
6	66	Lauren COLEMAN	FR	#11 Drury	24.09w	(2.6)	3/29
7	83	Laura DIXON	SO	#2 Southwest Bapti	{3}24.22	(1.5)	5/2
8	87	Rebecca CRAVEDI	SR	#1 Lewis	{2}24.24	(1.4)	5/10
9		Aaliyannah ANDERSON	SO	#3 Lincoln (Mo.)	{2}24.39w	(3.1)	3/29
10		Brianna LORD	SO	#2 Southwest Bapti	{4}24.61w	(2.6)	3/29

Women's 400 Meters

1	9	Collinique FARRINGTON	SR	#2 Southwest Bapti	53.01		4/11
2	15	Shevanae THOMAS	SR	#3 Lincoln (Mo.)	53.41		5/2
3	34	Britney BROWN	JR	#3 Lincoln (Mo.)	{2}54.46		5/10
4	54	Odeshia NANTON	SO	#3 Lincoln (Mo.)	{3}55.10		5/2
5	55	Mickayla SUTHERLAND	FR	#9 McKendree	55.11		5/2
6	59	Shaneal CLARKE-GIDDINGS	SO	#3 Lincoln (Mo.)	{4}55.16		4/12
7	86	Stephanique DEAN	JR	#2 Southwest Bapti	{2}55.70		4/11
8	94	Laura DIXON	SO	#2 Southwest Bapti	{3}55.88		4/11
9		Abigail BROOKS	SR	#3 Lincoln (Mo.)	{5}56.03		5/2
10		Brianna LORD	SO	#2 Southwest Bapti	{4}56.22		3/22

Women's 400 Meter Hurdles

1	14	Odeshia NANTON	SO	#3 Lincoln (Mo.)	59.74		5/2
2	21	Shevanae THOMAS	SR	#3 Lincoln (Mo.)	{2}59.93		5/2
3	92	Sara BELLOSO	SO	#9 McKendree	1:03.02		5/2
4		Deschanique DOUGLAS	FR	#3 Lincoln (Mo.)	{3}1:04.03		4/12
5		Ellie LINGERICH	SR	#4 Indianapolis	1:04.16		4/19
6		Cloey SIMON	JR	#4 Indianapolis	{2}1:04.80		4/12
7		Haylie HUTCHINSON	SO	#12 Upper Iowa	1:05.03		5/2
8		Maya WRIGHT	JR	#7 Missouri S&T	1:05.21		5/2
9		Jaynae PINDER	FR	#2 Southwest Bapti	1:05.28		5/2
10		Kaela PEREZ	FR	#6 Truman	1:06.07		5/2

Women's 800 Meters

1	13	Shaneal CLARKE-GIDDINGS	SO	#3 Lincoln (Mo.)	2:07.52		5/10
2	45	Addie MATHIS	SR	#6 Truman	2:10.69		4/18
3	58	Britney BROWN	JR	#3 Lincoln (Mo.)	{2}2:12.00		5/10
4	93	Lexy HENRIKSON	SR	#6 Truman	{2}2:13.42		4/18
5		Anna KOZAK	SR	#1 Lewis	2:14.92		4/13
6		Raina BAKER	JR	#6 Truman	{3}2:16.04		4/18
7		Mallorie METZGER	SO	#5 Maryville (Mo.)	2:16.22		4/19
8		Katie MELZER	SO	#1 Lewis	{2}2:16.87		5/10
9		Raina BAKER	JR	#6 Truman	{4}2:17.19		4/5
10		Kadence WALLACE	FR	#2 Southwest Bapti	2:17.71		5/2

Women's 1500 Meters

1	34	Addie MATHIS	SR	#6 Truman	4:25.93		5/9
2	39	Anna KOZAK	SR	#1 Lewis	4:27.08		4/18
3	54	Hannah SMRCKA	SR	#1 Lewis	{2}4:30.34		4/18
4	58	Lexy HENRIKSON	SR	#6 Truman	{2}4:30.64		3/28
5	66	Sarah MAY	SR	#1 Lewis	{3}4:31.86		4/18
6	83	Mary EDWARDS	SO	#1 Lewis	{4}4:33.47		4/18
7		Kate GUDERJAN	JR	#1 Lewis	{5}4:42.30		4/18
8		Josephine BOBER	SR	#1 Lewis	{6}4:43.87		4/18
9		Lyric FORD	SO	#5 Maryville (Mo.)	4:43.92		4/11
10		Josie DIFFENDAFFER	SO	#11 Drury	4:44.43		4/18

Women's Steeplechase

1	9	Mary EDWARDS	SO	#1 Lewis	10:20.77		4/18
2	57	Marlena STOKLOSA	SO	#1 Lewis	{2}11:05.56		5/2
3		Kati SCHOENEBERG	SR	#6 Truman	11:23.88		5/2
4		Lyric FORD	SO	#5 Maryville (Mo.)	11:25.90		4/19
5		Kyra FLESVIG	SO	#1 Lewis	{3}11:30.55		4/26
6		Morgan GIOIA	SO	#1 Lewis	{4}11:30.99		5/2
7		McKenna LEDGERWOOD	JR	#6 Truman	{2}11:35.08		5/2
8		Olivia CLIVE	JR	#5 Maryville (Mo.)	{2}11:53.39		5/2
9		Carly SHIPMAN	SR	#1 Lewis	{5}11:58.50		4/5
10		Hannah FATADE	FR	#3 Lincoln (Mo.)	12:06.56		5/2



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Women's 5000 Meters

1	11	Hannah SMRCKA	SR	#1 Lewis	16:09.42	4/18
2	22	Maddie MILLER	JR	#10 Illinois-Springfie	16:27.78	4/18
3	29	Sarah MAY	SR	#1 Lewis	{2} 16:38.41	5/10
4	42	Naylah ALLEN	SR	#1 Lewis	{3} 16:46.99	4/18
5	64	Kate GUDERJAN	JR	#1 Lewis	{4} 16:58.13	4/18
6	75	Josephine BOBER	SR	#1 Lewis	{5} 17:03.72	4/18
7	83	Mary EDWARDS	SO	#1 Lewis	{6} 17:06.51	3/28
8	84	Madilyn CALLOWAY	JR	#1 Lewis	{7} 17:07.59	4/18
9		Olivia LITTLETON	SR	#2 Southwest Bapti	17:26.95	4/11
10		Natalie GERDES	FR	#2 Southwest Bapti	{2} 17:29.36	4/11

Women's 10,000 Meters

1	5	Hannah SMRCKA	SR	#1 Lewis	33:38.71	3/28
2	12	Maddie MILLER	JR	#10 Illinois-Springfie	34:29.52	3/28
3	19	Naylah ALLEN	SR	#1 Lewis	{2} 34:45.77	5/10
4	39	Madilyn CALLOWAY	JR	#1 Lewis	{3} 35:42.47	3/28
5	41	Josephine BOBER	SR	#1 Lewis	{4} 35:45.64	3/28
6	76	Kaleigh INNISS	JR	#10 Illinois-Springfie	{2} 36:51.01	4/18
7	89	Olivia LITTLETON	SR	#2 Southwest Bapti	37:05.28	5/2
8		Jordan SERRAHN	SR	#10 Illinois-Springfie	{3} 37:16.48	4/18
9		Chloe WANNAMAKER	SR	#1 Lewis	{5} 37:43.99	5/2
10		Savannah LESHER	SR	#5 Maryville (Mo.)	37:48.47	5/2

Women's 4x100 Relay

1	10	Stephanique Dean, Brianna Lord, Laura Dixon, Collinique Farrington	#2 Southwest Bapti	45.00	3/29
2	13	Denita Jackson, Shantae George, Aaliyannah Anderson, Shevanae Thomas	#3 Lincoln (Mo.)	45.12	5/2
3	31	Makayla Myers, Sarai Brown, Chloe Davis, Lorena Alonso	#5 Maryville (Mo.)	45.94	4/11
4	43	Rebecca Cravedi, Faith Wyman, Kaitlyn Hutchinson, Denise Hernandez	#1 Lewis	46.43	4/26
5		Amber Cotton, Iyanna Dear, Helena Rohde, Divine Ozomma	#9 McKendree	49.24	3/22
6		Leila Moore, Camryn Thomas, Morgan Mayo, Caroline Mayes	#8 William Jewell	50.33	3/28
7		Jillian Dodds, Haylie Hutchinson, Maile Kehano, Carolina Regalado	#12 Upper Iowa	50.45	4/12
8		Ashley Sanderson, Marina Agapios, Caressa Addison, Zaleeya Martin	#4 Indianapolis	50.76	5/2
9		Kaela Perez, Addison Walker, McKenzie Vradenburg, Maddy Hall	#6 Truman	51.18	5/2
10		Sophy Orsi, Ar' Janay Landers, Riley Jahner, Leah Heck	#13 Rockhurst	51.34	5/2



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Women's 4x400 Relay

1	6	Shaneal Clarke-Giddings, Shevanae Thomas, Britney Brown, Odeshia Nanton	#3 Lincoln (Mo.)	3:37.88	4/26
2	9	Stephanique Dean, Collinque Farrington, Brianna Lord, Laura Dixon	#2 Southwest Bapti	3:39.04	3/29
3	57	Adonya Taylor, Divine Ozomma, Iyanna Dear, Mickayla Sutherland	#9 McKendree	3:50.65	4/12
4	85	Emoni Owens, Courtney Talley, Alexa Lofgren, Sarai Brown	#5 Maryville (Mo.)	3:55.08	4/27
5	93	Faith Wyman, Janellisa Ocegueda, Kristina Findley, Rebecca Cravedi	#1 Lewis	3:55.95	5/2
6		Cloey Simon, Ellie Lengerich, Ashley Sanderson, Emily Sonderman	#4 Indianapolis	3:56.96	5/2
7		Phoebe Canatsey, Addie Mathis, Lexy Henrikson, Raina Baker	#6 Truman	4:01.19	5/2
8		Leah Heck, Ellie Beck, Alexis O'Mara, Theresa Berger	#13 Rockhurst	4:06.13	5/2
9		Mary Kimmerle, Ali McClure, Lauryn Fenoglio, Maya Wright	#7 Missouri S&T	4:09.36	5/2
10		Jillian Dodds, Jasheana Tracey, Eryn Sabelka, Haylie Hutchinson	#12 Upper Iowa	4:09.93	4/23

Women's High Jump

1	10	Karmen KUROWICKA	SO	#1 Lewis	1.73m	5-8	5/2
2	68	Olivia HENKEL	SR	#7 Missouri S&T	1.65m	5-5	3/22
2	68	Nehlia MILLS	JR	#3 Lincoln (Mo.)	1.65m	5-5	4/5
4	91	Ellie Lengerich	SR	#4 Indianapolis	1.64m	5-4½	4/11
5		Brynlee KEERAN	JR	#1 Lewis	{2} 1.60m	5-3	4/26
6		Kailyn WAKE	FR	#2 Southwest Bapti	1.57m	5-1¾	4/17
6		Esme AUBUCHON	SO	#6 Truman	1.57m	5-1¾	5/2
8		Lillian BOGARD	JR	#8 William Jewell	1.55m	5-1	4/19
8		Grace GRAHAM	JR	#5 Maryville (Mo.)	1.55m	5-1	5/2
10		Patrycja KARPIESIUKE	JR	#1 Lewis	{3} 1.52m	4-11¾	5/2
10		Maya WRIGHT	JR	#7 Missouri S&T	{2} 1.52m	4-11¾	5/2

Women's Pole Vault

1	16	Brynlee KEERAN	JR	#1 Lewis	3.97m	13-¾	4/26
2	27	Mackenzie VANBIBBER	JR	#4 Indianapolis	3.88m	12-8¾	5/2
3	70	Elizabeth ROTHWEILER	JR	#7 Missouri S&T	3.65m	11-11¾	3/29
4	78	Riley WARREN	FR	#1 Lewis	{2} 3.63m	11-10¾	5/2
4	78	Emily YOUNG	SO	#2 Southwest Bapti	3.63m	11-10¾	5/2
6	88	Sofia OLSSON	FR	#1 Lewis	{3} 3.55m	11-7¾	4/5
7		Patrycja KARPIESIUKE	JR	#1 Lewis	{4} 3.48m	11-5	5/2
7		Lillian CALLAHAN	FR	#4 Indianapolis	{2} 3.48m	11-5	5/2
9		Jenna MUELLER	SO	#7 Missouri S&T	{2} 3.35m	10-11¾	3/29
10		Katelyn TURNER	SO	#5 Maryville (Mo.)	3.15m	10-4	3/22

Women's Long Jump

1	1	Denise HERNANDEZ	JR	#1 Lewis	6.46mw	21-2½ (3.0)	5/1
2	15	Katerina KAKAELAKI	FR	#1 Lewis	{2} 6.12m	20-1 (0.8)	5/2
3	55	Joanna FIELDS	JR	#4 Indianapolis	5.86m	19-2¾ (2.0)	5/1
4	69	Shinelle JHAGROO	FR	#9 McKendree	5.78m	18-11¾ (0.0)	3/22
5	88	Ellie Lengerich	SR	#4 Indianapolis	{2} 5.72m	18-9¾ (1.5)	4/11
6		Brittania INGRAM	SR	#3 Lincoln (Mo.)	5.63m	18-5¾ (1.2)	3/22
7		Ali MCCLURE	FR	#7 Missouri S&T	5.61m	18-5 (0.1)	5/2
8		Kaitlyn HUTCHINSON	SO	#1 Lewis	{3} 5.59m	18-4¾ (0.0)	5/2
9		Paula NIUBO	SO	#9 McKendree	{2} 5.51m	18-1 (1.1)	4/12
10		Brynlee KEERAN	JR	#1 Lewis	{4} 5.39m	17-8¾ (1.6)	3/29

Women's Triple Jump

1	28	Brittania INGRAM	SR	#3 Lincoln (Mo.)	12.10m	39-8½ (1.9)	5/2
2	57	Denise HERNANDEZ	JR	#1 Lewis	11.79mw	38-8¾ (2.5)	5/2
3	72	Brynlee KEERAN	JR	#1 Lewis	{2} 11.69m	38-4¾ (1.4)	5/2
4	86	Hailey SMITH	SO	#7 Missouri S&T	11.55mw	37-10¾ (2.4)	5/2
5		Riley WARREN	FR	#1 Lewis	{3} 11.45mw	37-6¾ (2.5)	5/2
6		Haylie HUTCHINSON	SO	#12 Upper Iowa	11.42mw	37-5¾ (2.9)	4/12
7		Adonya TAYLOR	SO	#9 McKendree	11.41m	37-5¼ (0.7)	5/2
8		Taylor GREEN	FR	#2 Southwest Bapti	10.93mw	35-10½ (2.4)	5/2
9		Leah HECK	FR	#13 Rockhurst	10.85m	35-7¾ (0.5)	4/11
10		Addison WALKER	SR	#6 Truman	10.84mw	35-6¾ (3.4)	5/2

Women's Shot Put

1	18	Cydney BANKS	SR	#8 William Jewell	14.71m	48-3¾	5/2
2	36	Faith HENSEL	JR	#4 Indianapolis	14.00m	45-11¼	4/18
3	49	Sydney MORRIS	FR	#7 Missouri S&T	13.79m	45-3	4/11
4	57	Hannah DART	FR	#4 Indianapolis	{2} 13.71m	44-11¾	5/2
5	60	Loria SNOWDEN	FR	#4 Indianapolis	{3} 13.66m	44-9¾	4/18
6		Julia HAHN	JR	#5 Maryville (Mo.)	13.07m	42-10¾	3/22
7		Liz VERMILLION	JR	#5 Maryville (Mo.)	{2} 13.01m	42-8¾	3/29
8		Macie SWINEHART	SO	#4 Indianapolis	{4} 13.00m	42-8	4/4
9		Amanda NOEL	SO	#4 Indianapolis	{5} 12.91m	42-4¾	4/4
10		Nia LYLES	SR	#5 Maryville (Mo.)	{3} 12.86m	42-2¾	5/2



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Women's Discus

1	27	Aubrey BRINKMAN	JR	#1 Lewis	47.40m	155-6	5/2
2	29	Cydney BANKS	SR	#8 William Jewell	47.39m	155-6	5/2
3	85	Macie SWINEHART	SO	#4 Indianapolis	43.44m	142-6	5/9
4	97	Madelaine FISCHER	FR	#7 Missouri S&T	43.11m	141-5	5/11
5	98	Zoe PENTECOST	SR	#4 Indianapolis	{2}43.10m	141-5	3/30
6		Audra LLOYD	FR	#2 Southwest Bapti	42.92m	140-10	4/17
7		Amanda NOEL	SO	#4 Indianapolis	{3}42.83m	140-6	5/9
8		Audra HOGAN	SR	#4 Indianapolis	{4}42.12m	138-2	5/2
9		Liz VERMILLION	JR	#5 Maryville (Mo.)	41.37m	135-9	5/2
10		Sydney MORRIS	FR	#7 Missouri S&T	{2}40.78m	133-10	5/2

Women's Hammer

1	2	Zoe PENTECOST	SR	#4 Indianapolis	61.35m	201-4	5/2
2	25	Audra HOGAN	SR	#4 Indianapolis	{2}55.85m	183-3	5/2
3	43	Bobbie POLLARD	SR	#8 William Jewell	53.15m	174-5	5/2
4	48	Cydney BANKS	SR	#8 William Jewell	{2}52.89m	173-6	5/2
5	50	MaKenna MASCHINO	SR	#4 Indianapolis	{3}52.83m	173-4	5/2
6	80	Maya EFODI	FR	#4 Indianapolis	{4}51.18m	167-11	4/18
7	82	Aubrey BRINKMAN	JR	#1 Lewis	51.05m	167-6	5/2
8		Macie SWINEHART	SO	#4 Indianapolis	{5}48.95m	160-7	5/7
9		Julia HAHN	JR	#5 Maryville (Mo.)	47.05m	154-5	5/2
10		Laurie LEROY	FR	#6 Truman	46.96m	154-1	5/2

Women's Javelin

1	7	Savannah MANTHEY	SO	#2 Southwest Bapti	48.66m	159-8	4/11
2	9	Alexis O'FARRELL	JR	#2 Southwest Bapti	{2}47.67m	156-5	3/29
3	67	Amelia WHITE	FR	#11 Drury	40.60m	133-3	3/29
4	70	Ayne HELD	FR	#5 Maryville (Mo.)	40.34m	132-4	4/11
5	79	Hope WOODALL	SO	#2 Southwest Bapti	{3}40.03m	131-4	5/2
6	88	Brynlee KEERAN	JR	#1 Lewis	39.55m	129-9	5/2
7	95	Amanda NOEL	SO	#4 Indianapolis	39.04m	128-1	5/2
8	97	Kelsey CRABTREE	FR	#2 Southwest Bapti	{4}38.99m	127-11	5/2
9		Gracie METZGER	SO	#5 Maryville (Mo.)	{2}36.26m	119-0	5/2
10		Liz VERMILLION	JR	#5 Maryville (Mo.)	{3}35.50m	116-6	4/11

Women's Heptathlon

1	19	Ellie LENCHERICH	SR	#4 Indianapolis	5,052	5/2
2	44	Maya WRIGHT	JR	#7 Missouri S&T	4,630	4/12
3	78	Lauryn FENOGLIO	SO	#7 Missouri S&T	{2}4,349	5/2
4	87	Kelsey CRABTREE	FR	#2 Southwest Bapti	4,239	5/2
5	100	Ali MCCLURE	FR	#7 Missouri S&T	{3}4,119	5/2
6		Mary KIMMERLE	FR	#7 Missouri S&T	{4}4,037	5/2
7		Grace GRAHAM	JR	#5 Maryville (Mo.)	3,645	5/2
8		Vada MOORE	SO	#6 Truman	3,097	5/2
9		Aine RONAN	SO	#1 Lewis	2,850	5/2



Conference TFRI Event Summary



G-MAC

as of 5/20/2025 6:54:05 AM ET

Women's 100 Meters

1	3	Leah SMITH	SO	#2 Findlay	11.25w	(3.8)	5/2
2	11	Jordan TAYLOR	FR	#2 Findlay	{2} 11.38w	(3.8)	5/2
3	31	Nevaeh LEWIS	FR	#4 Tiffin	11.54w	(3.8)	5/2
4	34	Summer SWARTWOUT	FR	#5 Cedarville	11.56w	(3.8)	5/2
5	45	Brianna CHENEVEY	SO	#1 Ashland	11.61w	(3.4)	3/30
5	45	Eleanor MINNING	JR	#3 Hillsdale	11.61w	(2.4)	4/18
7	52	Hailey RIOS	SO	#1 Ashland	{2} 11.65w	(3.8)	5/2
8		Tatiana COOPER-LAYLOR	SR	#4 Tiffin	{2} 11.90w	(3.4)	4/24
9		Aniya SEWARD	SR	#1 Ashland	{3} 11.98w	(3.8)	5/9
10		Greta BARKER	SR	#1 Ashland	{4} 11.99	(1.4)	5/2

Women's 100 Meter Hurdles

1	5	Aniya SEWARD	SR	#1 Ashland	13.36	(0.9)	5/2
2	28	Kylie RAY	FR	#2 Findlay	13.78w	(2.3)	4/25
3	37	Odessa SMITH	SO	#1 Ashland	{2} 13.94	(0.9)	5/2
4	57	Cassidy VOGT	SR	#4 Tiffin	14.22	(0.9)	5/2
5	63	Kara FIELDS	SO	#1 Ashland	{3} 14.27	(0.9)	5/2
6		Alena CHANEY	SR	#4 Tiffin	{2} 14.52	(0.7)	4/24
7		Sarah CHAPPELLE	FR	#3 Hillsdale	14.54w	(2.5)	5/2
8		Amelia MIZELLE	JR	#2 Findlay	{2} 14.56w	(3.4)	4/19
9		Keiyera JOHNSON	SO	#7 Northwood (Micl	14.83w	(3.3)	5/9
10		Zanri BLACK	FR	#2 Findlay	{3} 15.04	(0.9)	5/2

Women's 200 Meters

1	5	Jordan TAYLOR	FR	#2 Findlay	23.23	(1.6)	5/2
2	9	Leah SMITH	SO	#2 Findlay	{2} 23.28	(1.6)	5/2
3	33	Summer SWARTWOUT	FR	#5 Cedarville	23.78c	(24.15) (0.4)	3/30
4	38	Nevaeh LEWIS	FR	#4 Tiffin	23.83	(1.8)	5/2
5	49	Eleanor MINNING	JR	#3 Hillsdale	23.97	(0.6)	4/25
6	50	Brianna CHENEVEY	SO	#1 Ashland	23.98	(-0.5)	4/5
7	75	Caliyah WALLACE	JR	#4 Tiffin	{2} 24.16	(1.6)	5/2
8	98	Greta BARKER	SR	#1 Ashland	{2} 24.29c	(24.66) (0.4)	3/30
9		Maddie STACEY	SR	#1 Ashland	{3} 24.42cw	(24.80) (2.6)	3/30
10		Hailey RIOS	SO	#1 Ashland	{4} 24.53w	(3.0)	4/19

Women's 400 Meters

1	11	Kylie RAY	FR	#2 Findlay	53.26		4/25
2	25	Caliyah WALLACE	JR	#4 Tiffin	54.08		5/7
3	27	Liana RODRIGUEZ	SR	#4 Tiffin	{2} 54.09		5/7
4	31	Leah SMITH	SO	#2 Findlay	{2} 54.38		4/25
5	55	Jade AVANCE	JR	#1 Ashland	55.11		5/9
6	62	Jordan TAYLOR	FR	#2 Findlay	{3} 55.28		5/9
7	71	Reese DRAGOVICH	SR	#3 Hillsdale	55.48		5/7
8	77	Allea GRAVES	FR	#9 Malone	55.62		5/2
9	81	Taylor IVORY	SR	#2 Findlay	{4} 55.64		5/2
10	84	Mia GARDNER	SR	#1 Ashland	{2} 55.68		5/2

Women's 400 Meter Hurdles

1	3	Kylie RAY	FR	#2 Findlay	58.08		5/9
2	48	Zanri BLACK	FR	#2 Findlay	{2} 1:01.51		5/7
3	69	Odessa SMITH	SO	#1 Ashland	1:02.39		5/2
4		Jenna GAUL	JR	#7 Northwood (Micl	1:03.99		4/12
5		Montana WALKER	JR	#1 Ashland	{2} 1:04.74		4/19
6		Helen UNGER	FR	#2 Findlay	{3} 1:04.84		4/12
7		Peyton HEITMEYER	JR	#2 Findlay	{4} 1:04.90		4/25
8		Julie WHITE	SR	#6 Walsh	1:04.96		5/9
9		Nola HIPKINS	SO	#3 Hillsdale	1:05.62		4/25
10		Kennedy OUTLAND	FR	#8 Ursuline	1:06.57		5/2

Women's 800 Meters

1	8	Jade AVANCE	JR	#1 Ashland	2:05.73		5/2
2	11	Ines MACADAM	SR	#4 Tiffin	2:07.24		5/8
3	18	Hope SIEVERT	SR	#1 Ashland	{2} 2:08.05		5/9
4	21	Alaysia BROOKS	SR	#8 Ursuline	2:08.23		5/2
5	37	Eryn HUMPHREY	FR	#3 Hillsdale	2:10.30		4/12
6	39	Reese DRAGOVICH	SR	#3 Hillsdale	{2} 2:10.46		4/18
7	66	Nicole MARSHALL	SR	#3 Hillsdale	{3} 2:12.32		5/7
8	80	Claire RETHMAN	JR	#6 Walsh	2:13.12		3/29
9		Ariel WARNER	SO	#7 Northwood (Micl	2:14.28		5/2
10		A'Zaria THOMAS	SR	#8 Ursuline	{2} 2:14.30		3/29

Women's 1500 Meters

1	21	Claire RETHMAN	JR	#6 Walsh	4:22.82		5/2
2	22	Emily WALSH	SR	#5 Cedarville	4:22.89		5/9
3	23	Eryn HUMPHREY	FR	#3 Hillsdale	4:23.73		5/10
4	27	Lily DOWDELL	SR	#1 Ashland	4:24.55		5/2
5	35	Ines MACADAM	SR	#4 Tiffin	4:26.10		4/18
6		Andi MANN	SR	#6 Walsh	{2} 4:34.97		4/5
7		Bailey CHENEVEY	SR	#2 Findlay	4:37.30		4/12
8		Emilie LEMON	JR	#1 Ashland	{2} 4:37.66		5/9
9		Hope SIEVERT	SR	#1 Ashland	{3} 4:38.40		3/30
10		Audrianna ENNS	JR	#5 Cedarville	{2} 4:38.96		5/2

Women's Steeplechase

1	39	Aubrey HAYES	JR	#5 Cedarville	10:52.66		4/12
2	51	Anna ROBERTS	JR	#3 Hillsdale	10:59.17		5/2
3	60	Sydney SWAN	JR	#2 Findlay	11:07.76		5/2
4	71	Abigail ATKINS	JR	#5 Cedarville	{2} 11:11.44		5/9
5	85	Jenna CASSIDY	JR	#9 Malone	11:15.82		5/2
6	91	Sarah REINHART	JR	#2 Findlay	{2} 11:18.26		5/2
7	92	Bailey MENEGAY	JR	#6 Walsh	11:18.31		5/2
8		Landry KOSKI	JR	#7 Northwood (Micl	11:21.20		5/2
9		Savannah ACKLEY	SR	#5 Cedarville	{3} 11:26.37		5/2
10		Eleanor CLARK	SO	#3 Hillsdale	{2} 11:26.91		4/18



Conference TFRI Event Summary



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Women's 5000 Meters

1	19	Lily DOWDELL	SR	#1 Ashland	16:22.03	5/10
2	31	Allison KUZMA	FR	#3 Hillsdale	16:40.09	3/29
3	63	Bella GRAHAM	FR	#6 Walsh	16:57.24	4/14
4	73	Claire RETHMAN	JR	#6 Walsh {2}	17:03.06	3/22
5	86	Savannah ACKLEY	SR	#5 Cedarville	17:09.05	5/9
6		Alyssa STONER	SO	#6 Walsh {3}	17:14.66	4/14
7		Hailey WILSON	SR	#2 Findlay	17:16.92	5/9
8		Camryn BARKER	JR	#6 Walsh {4}	17:23.49	4/14
9		Rylee YOCUM	SR	#9 Malone	17:37.10	4/12
10		Sydney YODER	JR	#5 Cedarville {2}	17:38.68	4/12

Women's 10,000 Meters

1	15	Allison KUZMA	FR	#3 Hillsdale	34:36.69	5/2
2	46	Savannah ACKLEY	SR	#5 Cedarville	35:50.12	4/12
3	53	Bella GRAHAM	FR	#6 Walsh	36:01.03	5/2
4		Izzy RAMMEL	SR	#6 Walsh {2}	37:14.95	5/2
5		Helen RHYMER	FR	#5 Cedarville {2}	37:31.20	5/2
6		Abby DROSDAK	SO	#5 Cedarville {3}	37:40.78	5/2
7		Savannah FAUGHT	JR	#11 Thomas More (K)	37:45.67	5/2
8		Sarah ZEHR	SR	#7 Northwood (Mic)	38:08.83	5/2
9		Molly COLEMAN	SO	#1 Ashland	38:36.61	4/12
10		Kylee GRAY	JR	#9 Malone	38:41.39	4/12

Women's 4x100 Relay

1	3	Taylor Ivory, Leah Smith, Kylie RAY, Jordan Taylor	#2 Findlay	44.43	4/25
2	18	Nevaeh White, Caliyah Wallace, Liana Rodriguez, Nevaeh Lewis	#4 Tiffin	45.38	5/2
3	25	Montana Walker, Brianna Chenevey, Greta Barker, Hailey Rios	#1 Ashland	45.67	5/9
4	51	Sarah Chappelle, Eleanor Minning, Anna Lamoreaux, Tara Townsend	#3 Hillsdale	46.61	4/25
5		#Type!	#9 Malone	48.51	5/9
6		Keiyera Johnson, Jenna Gaul, Vivian Williams, Breanna Hyde	#7 Northwood (Mic)	48.98	5/2
7		Savahnna Gyasi-Nimako, Autumn Burgess, Malicca Brown, Aaliyah Banks	#8 Ursuline	49.60	5/2
8		Faith Yancey, Shyla Pemberton, Nikane Ambos, Naomi Haring	#12 Ohio Dominican	49.80	5/2
9		Addison Vickery, Emma Gullion, Kyla Miller, Talia McLin	#6 Walsh	52.29	4/5

Women's 4x400 Relay

1	3	Kylie RAY, Taylor Ivory, Jordan Taylor, Leah Smith	#2 Findlay	3:37.08	4/19
2	16	Brianna Chenevey, Olivia Saylor, Mia Gardner, Jade Avance	#1 Ashland	3:40.05	5/2
3	20	Cassandra Uribe, Caliyah Wallace, Nevaeh Lewis, Liana Rodriguez	#4 Tiffin	3:41.68	4/24
4	46	Francesca Federici, Reese Dragovich, Nicole Marshall, Josee Behling	#3 Hillsdale	3:48.68	4/25
5		Jessica Ferguson, Hope Carroll, Sydney Diedrich, Angela Williams	#5 Cedarville	3:56.98	5/2
6		Katie Lane, Jocelyn Dornbirer, A'Zaria Thomas, Alaysia Brooks	#8 Ursuline	4:01.13	4/19
7		Keiyera Johnson, Ariel Warner, Brooklyn Wolcott, Kaylee Locke	#7 Northwood (Mic)	4:01.25	5/2
8		Brooklyn McIntyre, Rebekah Stoneman, Cara Pipitone, Allea Graves	#9 Malone	4:01.27	5/2
9		Joelle Klavon, Marlee Ross, Dyllan Hasler, Makayla Abbott	#11 Thomas More (K)	4:14.30	5/2

Women's High Jump

1	2	C'aira CARTER	SR	#4 Tiffin	1.79m	5-10½	5/11
2	21	Abby WHEELER	JR	#1 Ashland	1.72m	5-7¾	4/5
3	54	Baelyn ZITZMANN	FR	#3 Hillsdale	1.66m	5-5¼	5/2
4	91	Kassandra STINE	SR	#2 Findlay	1.64m	5-4½	4/19
4	91	Ashley SIGMON	JR	#2 Findlay	1.64m	5-4½	5/2
4	91	Abigail HARTZLER	SO	#1 Ashland {2}	1.64m	5-4½	5/2
7	99	Reagan DAHLQUIST	SR	#3 Hillsdale {2}	1.63m	5-4¼	5/7
7	99	Cassidy VOGT	SR	#4 Tiffin {2}	1.63m	5-4¼	5/2
9		Aubrie WILSON	FR	#3 Hillsdale {3}	1.59m	5-2½	4/5
9		Maggie WALDO	JR	#10 Lake Erie	1.59m	5-2½	5/2
9		Kara FIELDS	SO	#1 Ashland {3}	1.59m	5-2½	5/9



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Women's Pole Vault

1	9	Tara TOWNSEND	JR	#3 Hillsdale	4.12m	13-6¼	5/7
2	10	Colleen STEINMETZ	FR	#2 Findlay	4.10m	13-5¼	4/19
3	14	Peyton PROFFITT	SO	#12 Ohio Dominican	4.01m	13-1¾	5/2
4	22	Kaylee JACKSON	SR	#3 Hillsdale	{2} 3.95m	12-11½	4/12
5	24	Sarah MASUOKA	SR	#1 Ashland	3.94m	12-11	4/19
6	32	Sophia SCHNEIDER	JR	#5 Cedarville	3.86m	12-8	5/2
6	32	Tru BUDDENBERG	SO	#2 Findlay	{2} 3.86m	12-8	5/2
8	43	Katie CLIFFORD	SR	#3 Hillsdale	{3} 3.78m	12-4¾	3/29
9	50	Makayla MAY	SO	#4 Tiffin	3.72m	12-2½	5/7
10	51	Maci AMES	SO	#2 Findlay	{3} 3.71m	12-2	5/2
10	51	Allie DUNLAP	SO	#1 Ashland	{2} 3.71m	12-2	5/2

Women's Long Jump

1	35	Hailey RIOS	SO	#1 Ashland	5.96m	19-6¾ (-0.4)	5/2
2		Julie WHITE	SR	#6 Walsh	5.69mw	18-8 (3.3)	5/2
3		Breanna HYDE	SO	#7 Northwood (Micl	5.68m	18-7¾ (1.6)	5/2
4		Angela WILLIAMS	FR	#5 Cedarville	5.67mw	18-7¾ (3.8)	5/2
5		C'aira CARTER	SR	#4 Tiffin	5.65m	18-6½ (1.5)	5/2
6		Ashley SIGMON	JR	#2 Findlay	5.63mw	18-5¾ (4.0)	5/2
7		Aniya SEWARD	SR	#1 Ashland	{2} 5.59m	18-4¼ (0.8)	5/2
8		Savahnna GYASI-NIMAKO	SO	#8 Ursuline	5.53m	18-1¾ (2.0)	5/2
9		Katelyn HEATH	JR	#2 Findlay	{2} 5.45mw	17-10¾ (3.5)	5/2
10		Cassidy VOGT	SR	#4 Tiffin	{2} 5.44m	17-10¼ (0.6)	5/2

Women's Triple Jump

1	15	Aniya SEWARD	SR	#1 Ashland	12.38mw	40-7½ (2.3)	4/30
2	75	Moselle PUNNI	SO	#4 Tiffin	11.67m	38-3½ (1.2)	5/7
3	78	Jessica HOBAN	SR	#2 Findlay	11.62m	38-1½ (1.6)	5/2
4	84	Savahnna GYASI-NIMAKO	SO	#8 Ursuline	11.58mw	38-0 (2.6)	5/2
5	99	Sidney SHEPPERT	SO	#1 Ashland	{2} 11.50m	37-8¾ (1.5)	5/2
6		Grace CHEN	SR	#3 Hillsdale	11.32mw	37-1¾ (2.7)	5/2
7		Katelyn HEATH	JR	#2 Findlay	{2} 11.20m	36-9 (0.0)	4/24
8		Katie KENNEDY	FR	#3 Hillsdale	{2} 11.18m	36-8¾ (0.3)	5/7
9		Deona DAVIS	SR	#4 Tiffin	{2} 11.06m	36-3½ (1.3)	4/24
10		Mackenzie CUTLIP	SO	#6 Walsh	10.84m	35-6¾ (1.4)	5/2

Women's Shot Put

1	5	Coulter BROOKE	SR	#2 Findlay	15.71m	51-6½	5/11
2	12	Molly WINNER	SO	#1 Ashland	15.18m	49-9¾	5/9
3	18	Averi PARKER	SR	#3 Hillsdale	14.71m	48-3¾	5/2
4	22	Kelsey HANSEN	SO	#7 Northwood (Micl	14.58m	47-10	5/11
5	40	Kelsey KENNON	SR	#2 Findlay	{2} 13.96m	45-9¾	5/2
6	41	Kelsey KINSLEY	SR	#1 Ashland	{2} 13.95m	45-9¼	5/2
7	52	Katie SAYLES	SR	#3 Hillsdale	{2} 13.78m	45-2½	5/2
8	53	Jennifer PATRICK	FR	#1 Ashland	{3} 13.76m	45-1¾	5/2
9	68	Kennedy FLORES	JR	#1 Ashland	{4} 13.51m	44-4	4/26
10	88	Ava KIEFER	JR	#2 Findlay	{3} 13.24m	43-5¼	4/12

Women's Discus

1	31	Jennifer PATRICK	FR	#1 Ashland	47.12m	154-7	3/30
2	44	Averi PARKER	SR	#3 Hillsdale	45.98m	150-10	5/2
3	49	Leslie POLLOCK	SO	#1 Ashland	{2} 45.63m	149-9	5/2
4	50	Kelsey HANSEN	SO	#7 Northwood (Micl	45.61m	149-8	5/2
5	89	Tatum MILLER	SO	#6 Walsh	43.34m	142-2	5/9
6	96	Alisha HILL	FR	#1 Ashland	{3} 43.16m	141-7	5/2
7		Olivia OOSTDYK	SR	#10 Lake Erie	42.17m	138-4	4/13
8		Harley WEST	SR	#4 Tiffin	42.08m	138-1	3/30
9		Ava KIEFER	JR	#2 Findlay	41.69m	136-10	4/5
10		Mackenzie MORRISON	SR	#3 Hillsdale	{2} 41.20m	135-2	5/2

Women's Hammer

1	5	Molly WINNER	SO	#1 Ashland	61.14m	200-7	3/30
2	14	Averi PARKER	SR	#3 Hillsdale	57.27m	187-11	5/2
3	15	Kelsey HANSEN	SO	#7 Northwood (Micl	57.17m	187-7	5/2
4	17	Leslie POLLOCK	SO	#1 Ashland	{2} 57.07m	187-3	5/2
5	24	Katie SAYLES	SR	#3 Hillsdale	{2} 55.92m	183-6	5/2
6	26	Kaylyn BARNETTE	SR	#1 Ashland	{3} 55.60m	182-5	3/30
7	29	Coulter BROOKE	SR	#2 Findlay	54.90m	180-2	5/11
8	31	Richella SPIELVOGEL	SR	#10 Lake Erie	54.87m	180-0	5/9
9	33	Kennedy FLORES	JR	#1 Ashland	{4} 54.72m	179-7	5/2
10	57	Kelsey KENNON	SR	#2 Findlay	{2} 52.34m	171-9	4/25

Women's Javelin

1	85	Raegen HOWDYSHELL	JR	#5 Cedarville	39.65m	130-1	4/19
2	98	Marilyn POPPLEWELL	FR	#3 Hillsdale	38.92m	127-8	4/18
3		Kassandra STINE	SR	#2 Findlay	37.60m	123-5	4/19
4		Cassidy VOGT	SR	#4 Tiffin	35.29m	115-10	5/2
5		Kara FIELDS	SO	#1 Ashland	35.27m	115-9	5/2
6		Onalee KEYSOR	JR	#4 Tiffin	{2} 34.70m	113-10	5/2
7		Mackenzie CUTLIP	SO	#6 Walsh	34.62m	113-7	4/13
8		Hailey GRANATA	SR	#7 Northwood (Micl	32.45m	106-6	5/2
9		Katelyn MCMOORE	SR	#10 Lake Erie	32.31m	106-0	5/2
10		Allie MOFFIT	JR	#7 Northwood (Micl	{2} 31.92m	104-9	3/22

Women's Heptathlon

1	29	Cassidy VOGT	SR	#4 Tiffin	4,798	5/2
2	53	Kara FIELDS	SO	#1 Ashland	4,578	5/2
3	73	Baelyn ZITZMANN	FR	#3 Hillsdale	4,410	5/2
4	91	Neva POLO	SR	#3 Hillsdale	{2} 4,201	5/2
5	95	Julie WHITE	SR	#6 Walsh	4,162	5/2
6		Joyce STALLARD	FR	#1 Ashland	{2} 4,024	5/2
7		Olivia LAZARUS	SO	#1 Ashland	{3} 3,890	5/2
8		Aubrie WILSON	FR	#3 Hillsdale	{3} 3,802	5/2
9		Alaina HELLER	FR	#1 Ashland	{4} 3,523	4/13
10		Porter SMITH	FR	#6 Walsh	{2} 3,298	5/2



Conference TFRI Event Summary



GNAC

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Women's 100 Meters

1	4	E'lexis HOLLIS	SR	#2 Central Washing	11.27w	(2.3)	3/29
2	32	Emma CANNAN	JR	#6 Simon Fraser	11.55	(1.1)	5/10
3	89	Nerissa THOMPSON	JR	#3 Western Oregon	11.82w	(3.6)	4/19
3	89	Ashlyn NIELSEN	FR	#2 Central Washing{2}	11.82	(0.6)	5/10
5		Jaeland CUMMINGS	JR	#6 Simon Fraser {2}	11.91	(1.1)	5/10
6		Caitlyn CHENEY	SR	#1 Western Washing{2}	11.97	(1.5)	4/5
7		Bec BENNETT	JR	#1 Western Washing{2}	12.03		4/12
8		Kennedy COOK	SO	#1 Western Washing{3}	12.08w	(2.2)	4/17
9		Zoe GONZALES	SO	#2 Central Washing{3}	12.09	(1.1)	4/26
10		Annabelle HEIMAN	SO	#1 Western Washing{4}	12.10w	(3.3)	4/26

Women's 100 Meter Hurdles

1	25	Hannah CHANG	JR	#5 Seattle Pacific	13.76	(1.7)	5/10
2	29	Liv HEITE	SO	#4 Alaska Anchorag	13.81	(0.7)	5/10
3	92	Lacie SIMMONS	SO	#4 Alaska Anchorag{2}	14.46	(0.7)	5/10
4		Mette VAN DER MEER	SR	#4 Alaska Anchorag{3}	14.50	(1.7)	5/10
5		Amariyah CLAY	JR	#3 Western Oregon	14.75	(0.7)	5/10
6		Macy CLEMENS	SR	#3 Western Oregon{2}	14.76	(1.7)	5/10
7		Ari NGUYEN	SO	#1 Western Washing	14.81	(0.7)	5/10
8		Emy NTEKPERE	SO	#2 Central Washing	14.82w	(2.3)	3/29
8		Isabella PORTER	SR	#1 Western Washing{2}	14.82	(1.4)	4/25
10		Isabel ZAMORA-MERCADO	FR	#3 Western Oregon{3}	14.86	(1.7)	5/10

Women's 200 Meters

1	15	Emma CANNAN	JR	#6 Simon Fraser	23.38	(0.9)	4/25
2	17	E'lexis HOLLIS	SR	#2 Central Washing	23.41	(0.9)	4/25
3	53	Bec BENNETT	JR	#1 Western Washing	23.99	(1.7)	4/17
4	85	Ashlyn NIELSEN	FR	#2 Central Washing{2}	24.23	(1.5)	5/10
5	90	Elise HOPPER	JR	#2 Central Washing{3}	24.25	(0.8)	4/11
6	94	Nerissa THOMPSON	JR	#3 Western Oregon	24.28	(1.3)	4/19
7		Kennedy COOK	SO	#1 Western Washing{2}	24.33w	(3.3)	3/8
8		Jaeland CUMMINGS	JR	#6 Simon Fraser {2}	24.45	(0.9)	4/25
9		Caitlyn CHENEY	SR	#1 Western Washing{3}	24.62	(2.0)	4/17
10		Hannah POLKINGHORN	JR	#1 Western Washing{4}	24.68w	(3.4)	4/17

Women's 400 Meters

1	10	Bec BENNETT	JR	#1 Western Washing	53.11		5/10
2	27	Kennedy COOK	SO	#1 Western Washing{2}	54.09		4/5
3	30	Elise HOPPER	JR	#2 Central Washing	54.35		5/10
4		Donna Marie HARRIS	JR	#2 Central Washing{2}	56.11		5/10
5		Annabelle HEIMAN	SO	#1 Western Washing{3}	56.27		5/10
6		Jada SARRYS	FR	#5 Seattle Pacific	57.54		4/12
7		Johanna BROWN	SR	#5 Seattle Pacific {2}	57.61		5/10
8		Jessy HART	SR	#3 Western Oregon	58.24		5/10
9		Bella KLEIN	JR	#8 Montana St.-Billi	58.26		3/27
10		Veronica ROBERTSON	JR	#6 Simon Fraser	58.31		4/12

Women's 400 Meter Hurdles

1	27	Carley HUBER	SR	#2 Central Washing	1:00.13		5/10
2	44	Liv HEITE	SO	#4 Alaska Anchorag	1:01.22		5/10
3	63	Ari NGUYEN	SO	#1 Western Washing	1:02.09		5/10
4	65	Alejandra GOMEZ	SR	#7 Northwest Nazari	1:02.12		5/10
5	95	Madeline LAMBING	SR	#3 Western Oregon	1:03.15		4/12
6		Lacie SIMMONS	SO	#4 Alaska Anchorag{2}	1:05.24		5/10
7		Maddie WEATHERFORD	FR	#7 Northwest Nazari{2}	1:06.20		4/25
8		Ila DAVIS	SR	#1 Western Washing{2}	1:06.64		4/26
9		Hannah CHANG	JR	#5 Seattle Pacific	1:06.76		4/12
10		McKinley EDDINGTON	FR	#4 Alaska Anchorag{3}	1:07.93		4/19

Women's 800 Meters

1	36	Mia CROCKER	SR	#1 Western Washing	2:10.17		4/25
2	54	Ryann SMITH	FR	#4 Alaska Anchorag	2:11.50		5/10
3	76	Emmy KROONTJE	JR	#1 Western Washing{2}	2:13.03		4/18
4	86	Stephanie MILLAR	SO	#6 Simon Fraser	2:13.32		5/10
5	89	Elizabeth VANDERPUT	SR	#6 Simon Fraser {2}	2:13.36		5/10
6	100	Amelia MERRITT	SO	#3 Western Oregon	2:13.57		5/10
7		Selin TASDEMIR	JR	#6 Simon Fraser {3}	2:13.77		4/25
8		Carley HUBER	SR	#2 Central Washing	2:16.58		4/11
9		Alexandra OTTO	SO	#4 Alaska Anchorag{2}	2:16.79		4/5
10		Lucia GARCIA	SO	#4 Alaska Anchorag{3}	2:17.21		5/10
10		Madeline SEVERSON	SR	#8 Montana St.-Billi	2:17.21		4/25

Women's 1500 Meters

1	56	Ila DAVIS	SR	#1 Western Washing	4:30.42		4/26
2	57	Mia CROCKER	SR	#1 Western Washing{2}	4:30.46		4/12
3	59	Jill PHILBIN	JR	#1 Western Washing{3}	4:30.76		5/10
4	68	Rachael WATKINS	JR	#6 Simon Fraser	4:31.90		5/10
5	80	Annika ESVELT	SR	#5 Seattle Pacific	4:33.24		5/10
6	94	Selin TASDEMIR	JR	#6 Simon Fraser {2}	4:34.52		4/12
7	99	Alexandra OTTO	SO	#4 Alaska Anchorag	4:34.95		4/5
8		Ryann SMITH	FR	#4 Alaska Anchorag{2}	4:35.54		3/22
9		Emmy KROONTJE	JR	#1 Western Washing{4}	4:35.92		3/22
10		Lilli LINDNER	JR	#4 Alaska Anchorag{3}	4:40.36		4/5

Women's Steeplechase

1	10	Ila DAVIS	SR	#1 Western Washing	10:20.91		4/5
2	12	Maya EWING	JR	#5 Seattle Pacific	10:27.61		4/18
3	24	Ashley REECK	JR	#1 Western Washing{2}	10:40.46		4/18
4	41	Elie BASSETT	JR	#1 Western Washing{3}	10:53.69		4/5
5	59	Laura HALSELL	JR	#1 Western Washing{4}	11:06.13		4/5
6	63	Olivia FLACK	SR	#3 Western Oregon	11:08.27		5/10
7	64	Ella EDENS	SO	#1 Western Washing{5}	11:08.84		5/10
8	79	Skye STENEHJEM	FR	#1 Western Washing{6}	11:13.81		5/10
9	83	Katelyn FLOLO	JR	#5 Seattle Pacific {2}	11:14.11		5/10
10	87	Selin TASDEMIR	JR	#6 Simon Fraser	11:16.19		4/5



Conference TFRI Event Summary



GNAC

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Women's 5000 Meters

1	5	Annika ESVELT	SR	#5 Seattle Pacific	15:56.94	4/5
2	54	Maya EWING	JR	#5 Seattle Pacific {2}	16:55.22	5/10
3	76	Kyla POTRATZ	SO	#3 Western Oregon	17:04.29	3/22
4	98	Alexandra OTTO	SO	#4 Alaska Anchorage	17:13.73	4/18
5		Rachael WATKINS	JR	#6 Simon Fraser	17:19.17	4/26
6		Ryann SMITH	FR	#4 Alaska Anchorage {2}	17:25.33	4/5
7		Payton CONOVER	FR	#2 Central Washington	17:29.44	4/26
8		Emma SMITH	SR	#1 Western Washington	17:30.79	3/22
9		Ashley REECK	JR	#1 Western Washington {2}	17:36.51	3/22
10		Danielle MCLAIN	SO	#1 Western Washington {3}	17:37.51	4/5

Women's 10,000 Meters

1	4	Annika ESVELT	SR	#5 Seattle Pacific	33:34.30	4/18
2	73	Kyla POTRATZ	SO	#3 Western Oregon	36:38.45	5/10
3	79	Payton CONOVER	FR	#2 Central Washington	36:54.96	5/10
4	81	Emma SMITH	SR	#1 Western Washington	36:58.80	3/1
5	83	Morgan ERLER	JR	#7 Northwest Nazarene	37:02.40	3/1
6	84	Danielle MCLAIN	SO	#1 Western Washington {2}	37:03.44	5/10
7		Alexis PARKER	JR	#1 Western Washington {3}	37:20.74	5/10
8		Anna PRUSSIAN	SO	#5 Seattle Pacific {2}	37:30.81	5/10
9		Matise MULCH	JR	#5 Seattle Pacific {3}	37:41.71	5/10
10		Ella EDENS	SO	#1 Western Washington {4}	37:55.42	3/1

Women's 4x100 Relay

1	12	Elise Hopper, Zoe Gonzales, E'lexis Hollis, Ashlyn Nielsen	#2 Central Washington	45.09	4/11
2	41	Annabelle Heiman, Caitlyn Cheney, Hannah Polkinghorn, Kennedy Cook	#1 Western Washington	46.40	4/25
3		Alyse Fountain, Jessie Hart, Tori Houg, Jazmine Dotson	#3 Western Oregon	48.38	5/10
4		Jada Sarrys, Johanna Brown, Sophie Hanay, Evangeline Rowland	#5 Seattle Pacific	48.49	4/12
5		Bella Klein, Mya Richardson, Kyanna Jarvis, Katelyn Hamill	#8 Montana St.-Billings	48.80	5/10

Women's 4x400 Relay

1	17	Annabelle Heiman, Bec Bennett, Caitlyn Cheney, Kennedy Cook	#1 Western Washington	3:40.20	4/26
2	30	Ashlyn Nielsen, Carley Huber, Donna Marie Harris, Elise Hopper	#2 Central Washington	3:45.23	5/10
3	73	Emma Cannan, Elizabeth Vanderput, Veronica Robertson, Selin Tasdemir	#6 Simon Fraser	3:53.45	4/26
4	74	Hannah Chang, Johanna Brown, Sophie Hanay, Jada Sarrys	#5 Seattle Pacific	3:53.57	5/10
5	96	Taylor Brasfield, Amelia Merritt, Madeline Lambing, Jessy Hart	#3 Western Oregon	3:56.16	5/10
6	100	Lacie Simmons, Liv Heite, Lucia Garcia, Mya Campbell	#4 Alaska Anchorage	3:56.68	4/26
7		Bella Klein, Mya Richardson, Katelyn Hamill, Madeline Severson	#8 Montana St.-Billings	3:57.94	5/10
8		Maddie Weatherford, Gabriella Harms, Makenze Knowles, Alejandra Gomez	#7 Northwest Nazarene	3:58.76	5/10
9		Madison Vu, Kadence Merritt, Mira Jayarama, Kya Ramirez	#9 Saint Martin's	4:32.30	3/15

Women's High Jump

1	2	Emy NTEKPERE	SO	#2 Central Washington	1.79m	5-10½	3/29
2	26	Kora COOK	SO	#1 Western Washington	1.70m	5-7	3/1
3	45	Miya KOCH	SR	#7 Northwest Nazarene	1.67m	5-5¾	3/15
4	54	Amity DETERS	SR	#3 Western Oregon	1.66m	5-5¼	3/21
5	99	Macy CLEMENS	SR	#3 Western Oregon {2}	1.63m	5-4¼	3/21
5	99	Olivia BOYD	FR	#3 Western Oregon {2}	1.63m	5-4¼	4/19
7		Hannah COOPER	SO	#8 Montana St.-Billings	1.62m	5-3¾	4/5
7		Olivia WINDBIEL	JR	#6 Simon Fraser	1.62m	5-3¾	4/26
9		Mya CAMPBELL	FR	#4 Alaska Anchorage	1.58m	5-2¼	4/19
9		Kylie GRIFFIN	JR	#3 Western Oregon {4}	1.58m	5-2¼	3/29
9		Karma WALKER	SO	#1 Western Washington {2}	1.58m	5-2¼	3/8



Conference TFRI Event Summary



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Women's Pole Vault

1	12	Lauryn MCGOUGH	SO	#2 Central Washing	4.05m	13-3½	3/29
2	38	Sydney MOHLMAN	SO	#1 Western Washing	3.80m	12-5½	4/25
3		Kaitlyn ASKAY	FR	#5 Seattle Pacific	3.49m	11-5¼	5/10
4		Cariann BRYANT	SO	#2 Central Washing{2}	3.39m	11-1½	5/10
5		Alena ROSS	SO	#2 Central Washing{3}	3.24m	10-7½	5/10
5		Isabel ZAMORA-MERCADO	FR	#3 Western Oregon	3.24m	10-7½	4/19
7		Audrey SMITH	FR	#2 Central Washing{4}	3.10m	10-2	4/25
8		Alecia LEMEZA	SO	#3 Western Oregon {2}	2.94m	9-7¾	4/5
8		Alexa MCGOWAN	FR	#3 Western Oregon {2}	2.94m	9-7¾	3/1
10		Kayley MORRISSEY	FR	#7 Northwest Nazai	2.70m	8-10¼	4/25

Women's Long Jump

1	44	Emy NTEKPERE	SO	#2 Central Washing	5.91m	19-4¾ (0.3)	3/29
2	75	Mya CAMPBELL	FR	#4 Alaska Anchorag	5.77m	18-11¼ (1.1)	4/26
3	79	Nicole AVERY	JR	#1 Western Washing	5.76mw	18-10¾ (3.8)	4/19
4	94	Hannah POLKINGHORN	JR	#1 Western Washing{2}	5.70m	18-8½ (0.4)	4/5
5		Alyssa DUNCAN	JR	#9 Saint Martin's	5.65m	18-6½ (0.0)	5/10
6		Vivien LIESSFELD	SO	#4 Alaska Anchorag{2}	5.63m	18-5¾ (0.3)	4/26
7		Kora COOK	SO	#1 Western Washing{3}	5.53m	18-1¾ (0.1)	4/17
8		Macy CLEMENS	SR	#3 Western Oregon	5.52m	18-1½ (1.9)	3/8
9		Carley HUBER	SR	#2 Central Washing{2}	5.45m	17-10¾ (1.3)	5/10
10		Jasleen NAGRA	FR	#6 Simon Fraser	5.43m	17-9¾ (0.0)	4/17

Women's Triple Jump

1	1	Emy NTEKPERE	SO	#2 Central Washing	13.26m	43-6 (0.2)	3/27
2	45	Olivia WINDBIEL	JR	#6 Simon Fraser	11.85m	38-10½ (-0.)	4/12
3	51	Amariyah CLAY	JR	#3 Western Oregon	11.82m	38-9½ (0.0)	5/10
4	65	Tehya MOORE	JR	#2 Central Washing{2}	11.74m	38-6¼ (0.6)	5/10
5	71	Alyssa DUNCAN	JR	#9 Saint Martin's	11.70m	38-4¾ (0.0)	5/10
6	85	Macy CLEMENS	SR	#3 Western Oregon {2}	11.57m	37-11½ (0.0)	5/3
7		Amity DETERS	SR	#3 Western Oregon {3}	11.18m	36-8¼ (0.0)	5/10
8		Rylee KILTGAARD	FR	#7 Northwest Nazai	11.13mw	36-6¼ (2.1)	4/12
9		Ayla DANNER-BUNN	SO	#1 Western Washing	10.94m	35-10¾ (0.7)	5/10
10		Jasleen NAGRA	FR	#6 Simon Fraser {2}	10.73m	35-2½ (0.0)	4/18

Women's Shot Put

1	9	Jessica POLKINGHORN	FR	#1 Western Washing	15.45m	50-8¼	4/19
2	11	Destany HERBERT	SR	#7 Northwest Nazai	15.25m	50-½	5/10
3	22	Maddy GRANDBOIS	SR	#1 Western Washing{2}	14.58m	47-10	4/26
4	30	Kathryn CHAPIN	FR	#1 Western Washing{3}	14.21m	46-7½	3/22
5	31	Katie POTTS	SR	#1 Western Washing{4}	14.14m	46-4¾	5/10
6	38	Mara PARKS	JR	#1 Western Washing{5}	13.97m	45-10	4/26
7	67	Capri SIMS	SO	#2 Central Washing	13.53m	44-4¾	4/19
8		Rylee ANDREWS	FR	#1 Western Washing{6}	13.13m	43-1	3/29
9		Hannah COOPER	SO	#8 Montana St.-Billi	13.01m	42-8¼	4/25
10		Grace LAM TIANG	JR	#3 Western Oregon	12.89m	42-3½	5/10

Women's Discus

1	22	Katie POTTS	SR	#1 Western Washing	48.15m	158-0	4/25
2	100	Emma KWOK	SO	#7 Northwest Nazai	43.03m	141-2	4/25
3		Hannah COOPER	SO	#8 Montana St.-Billi	42.99m	141-1	5/10
4		Jordan ELDRIDGE	SR	#7 Northwest Nazai{2}	42.91m	140-10	4/25
5		Payton ELENBAAS	SR	#2 Central Washing	42.80m	140-5	5/3
6		Destany HERBERT	SR	#7 Northwest Nazai{3}	42.33m	138-11	4/25
7		Jessica POLKINGHORN	FR	#1 Western Washing{2}	40.88m	134-2	5/10
8		Maddy GRANDBOIS	SR	#1 Western Washing{3}	39.09m	128-3	4/25
9		Adriannah GALVAN	SO	#1 Western Washing{4}	39.04m	128-1	4/25
10		Brenna BOARD	SR	#2 Central Washing{2}	39.02m	128-0	4/25

Women's Hammer

1	27	Payton ELENBAAS	SR	#2 Central Washing	55.44m	181-11	5/10
2	37	Destany HERBERT	SR	#7 Northwest Nazai	53.82m	176-7	4/25
3	44	Kathryn CHAPIN	FR	#1 Western Washing	53.14m	174-4	5/10
4	65	Zuzanna LINIEWSKI	SR	#6 Simon Fraser	51.81m	170-0	5/10
5	72	Jocelyn SARIBAY	SR	#9 Saint Martin's	51.37m	168-7	4/25
6	83	Jordan ELDRIDGE	SR	#7 Northwest Nazai{2}	50.96m	167-2	4/25
7	98	Hannah COOPER	SO	#8 Montana St.-Billi	50.07m	164-3	4/12
8		Mara PARKS	JR	#1 Western Washing{2}	49.80m	163-5	4/25
9		Guinevere RYDBERG	JR	#3 Western Oregon	48.35m	158-8	5/10
9		Brenna BOARD	SR	#2 Central Washing{2}	48.35m	158-8	5/10

Women's Javelin

1	27	Lauryn MCGOUGH	SO	#2 Central Washing	43.92m	144-1	5/10
2	28	Emily POWERS	JR	#7 Northwest Nazai	43.84m	143-10	4/4
3	59	Grace LAM TIANG	JR	#3 Western Oregon	40.93m	134-4	5/10
4	63	Jessica POLKINGHORN	FR	#1 Western Washing	40.79m	133-10	4/19
5	82	Olivia BOYD	FR	#3 Western Oregon {2}	39.88m	130-10	4/19
6	89	Rylee ANDREWS	FR	#1 Western Washing{2}	39.46m	129-6	5/10
7	99	Bailey BOARD	FR	#2 Central Washing{2}	38.91m	127-8	5/10
8		Hannah COOPER	SO	#8 Montana St.-Billi	38.66m	126-10	5/10
9		Vivien LIESSFELD	SO	#4 Alaska Anchorag	37.88m	124-4	5/10
10		Kamia TOOTOOSIS-DIDIER	FR	#2 Central Washing{3}	35.34m	116-0	4/4

Women's Heptathlon

1	35	Emy NTEKPERE	SO	#2 Central Washing	4,768	5/10
2	39	Macy CLEMENS	SR	#3 Western Oregon	4,673	5/10
3	47	Amariyah CLAY	JR	#3 Western Oregon {2}	4,619	3/21
4	49	Carley HUBER	SR	#2 Central Washing{2}	4,610	5/10
5	80	Vivien LIESSFELD	SO	#4 Alaska Anchorag	4,303	3/25
6	82	Amity DETERS	SR	#3 Western Oregon {3}	4,283	3/21
7	98	Nicole AVERY	JR	#1 Western Washing	4,137	4/4
8		Hannah COOPER	SO	#8 Montana St.-Billi	4,003	5/10
9		Aliyah TABA	FR	#3 Western Oregon {4}	3,809	3/25
10		Joy AYODEJI	FR	#2 Central Washing{3}	3,687	3/8



Conference TFRI Event Summary



GSC

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Women's 100 Meters

1	29	Yakubu BALIKIS	SR	#5 West Alabama	11.53	(1.3)	5/10
2	89	Jordyn DORTCH	SO	#1 Alabama-Huntsv	11.82	(-1.2)	4/12
3		Mikia HUTCHINGS	SR	#5 West Alabama {2}	11.92	(0.5)	4/25
4		Liz LANNOM	FR	#2 Lee (Tenn.)	11.93	(1.9)	4/5
5		Livia FISCHER	SO	#3 Mississippi Colle	11.98	(2.0)	4/5
6		Alana GREEN	JR	#3 Mississippi Colle{2}	12.02	(1.1)	4/19
7		Summer SUTHERLIN	FR	#1 Alabama-Huntsv{2}	12.14	(-0.8)	4/19
7		Jydia FAUCETTE	SR	#2 Lee (Tenn.) {2}	12.14w	(4.0)	4/5
9		Deja HINES	FR	#1 Alabama-Huntsv{3}	12.16	(1.1)	4/19
10		Keziah MICKLER	SO	#1 Alabama-Huntsv{4}	12.29	(-0.4)	4/19

Women's 100 Meter Hurdles

1	44	Liz LANNOM	FR	#2 Lee (Tenn.)	14.08	(1.2)	5/3
2	71	Madison FLUGENCE	SO	#3 Mississippi Colle	14.32	(1.2)	5/3
3	74	Ivy TEACHEY	SO	#1 Alabama-Huntsv	14.36	(1.2)	4/19
4		Katie GATES	SO	#3 Mississippi Colle{2}	14.68	(-1.2)	4/19
5		Liezl THERON	SR	#2 Lee (Tenn.) {2}	14.78	(0.7)	3/22
6		Ashanti SLAUGHTER	FR	#1 Alabama-Huntsv{2}	14.86	(0.9)	5/3
7		Lily BROWN	SO	#2 Lee (Tenn.) {3}	14.97w	(3.2)	4/12
8		Ane PEASLSY	JR	#2 Lee (Tenn.) {4}	15.03	(-0.4)	4/19
9		Gioia SCOPEL	JR	#7 Christian Brothe	15.13	(1.1)	3/22
10		Hallie HARRELL	FR	#4 Montevallo	15.36w	(3.4)	5/3

Women's 200 Meters

1	26	Yakubu BALIKIS	SR	#5 West Alabama	23.67	(1.1)	4/25
2	59	Jordyn DORTCH	SO	#1 Alabama-Huntsv	24.03w	(2.9)	5/3
3	66	Deja HINES	FR	#1 Alabama-Huntsv{2}	24.09w	(2.9)	5/3
4	80	Alana GREEN	JR	#3 Mississippi Colle	24.20	(1.8)	5/3
5		Liz LANNOM	FR	#2 Lee (Tenn.)	24.33	(1.8)	5/3
6		Jydia FAUCETTE	SR	#2 Lee (Tenn.) {2}	24.59w	(2.9)	5/3
6		Summer SUTHERLIN	FR	#1 Alabama-Huntsv{3}	24.59	(1.8)	5/3
8		Mikia HUTCHINGS	SR	#5 West Alabama {2}	24.82	(0.4)	4/19
9		Livia FISCHER	SO	#3 Mississippi Colle{2}	24.83	(1.1)	4/25
9		Maddox MAYFIELD	FR	#2 Lee (Tenn.) {3}	24.83	(1.8)	5/3

Women's 400 Meters

1	67	Hilary UDECHUKWU	SR	#3 Mississippi Colle	55.45		4/25
2		Maddox MAYFIELD	FR	#2 Lee (Tenn.)	56.00		5/10
3		Summer SUTHERLIN	FR	#1 Alabama-Huntsv	56.13		5/3
3		Augusta ARNOLD	SR	#5 West Alabama	56.13		5/3
5		Grace HAMPEL	JR	#1 Alabama-Huntsv{2}	56.41		3/29
6		Aniya JOHNSON	SO	#1 Alabama-Huntsv{3}	56.42		3/29
7		Livia FISCHER	SO	#3 Mississippi Colle{2}	57.61		4/25
8		Deja HINES	FR	#1 Alabama-Huntsv{4}	57.96		5/3
9		Sydney WHITE	SR	#2 Lee (Tenn.) {2}	58.37		4/19
10		Sara COTHRAN	FR	#1 Alabama-Huntsv{5}	59.29		3/29
10		Jamaya DANCY	FR	#5 West Alabama {2}	59.29		4/25

Women's 400 Meter Hurdles

1	53	Hilary UDECHUKWU	SR	#3 Mississippi Colle	1:01.70		4/25
2	89	Ivy TEACHEY	SO	#1 Alabama-Huntsv	1:02.97		4/19
3		Aniya JOHNSON	SO	#1 Alabama-Huntsv{2}	1:03.45		4/12
4		Jydia FAUCETTE	SR	#2 Lee (Tenn.)	1:03.84		5/3
5		Madison FLUGENCE	SO	#3 Mississippi Colle{2}	1:04.51		5/3
6		Hope COLLINS	FR	#1 Alabama-Huntsv{3}	1:04.73		4/12
7		Ashanti SLAUGHTER	FR	#1 Alabama-Huntsv{4}	1:06.18		5/3
8		Lily BROWN	SO	#2 Lee (Tenn.) {2}	1:06.49		4/19
9		Ashlyn ILIFF	SR	#2 Lee (Tenn.) {3}	1:07.21		5/3
10		Chane DE BEER	JR	#6 Trevecca Nazare	1:10.88		3/22

Women's 800 Meters

1	38	Grace HAMPEL	JR	#1 Alabama-Huntsv	2:10.41		4/12
2	44	Lily HARE	SR	#2 Lee (Tenn.)	2:10.68		4/19
3	49	Estella CLEMONS	FR	#2 Lee (Tenn.) {2}	2:11.23		4/19
4	65	Katie BEAM	SO	#2 Lee (Tenn.) {3}	2:12.30		4/12
5	100	Taylor BENOIT	JR	#3 Mississippi Colle	2:13.57		4/19
6		Augusta ARNOLD	SR	#5 West Alabama	2:15.36		3/29
7		Abi MOORE	FR	#2 Lee (Tenn.) {4}	2:16.62		4/12
8		Anna Katherine HOPKINS	FR	#1 Alabama-Huntsv{2}	2:17.72		5/3
9		Sara COTHRAN	FR	#1 Alabama-Huntsv{3}	2:18.22		5/10
10		Raegan HELDT	SR	#6 Trevecca Nazare	2:18.67		4/18

Women's 1500 Meters

1	28	Lily HARE	SR	#2 Lee (Tenn.)	4:24.82		4/19
2	29	Estella CLEMONS	FR	#2 Lee (Tenn.) {2}	4:24.92		5/10
3	53	Taylor BENOIT	JR	#3 Mississippi Colle	4:30.17		4/25
4		Katie BEAM	SO	#2 Lee (Tenn.) {3}	4:35.32		4/12
5		Ana Patricia CAMPOS	SR	#2 Lee (Tenn.) {4}	4:36.45		4/19
6		Abi MOORE	FR	#2 Lee (Tenn.) {5}	4:39.49		4/12
7		Mercy LOMURIA	FR	#5 West Alabama	4:43.73		3/9
8		Tamsyn GIBBS	FR	#1 Alabama-Huntsv	4:46.99		3/22
9		Sophia KNOX	SO	#1 Alabama-Huntsv{2}	4:47.75		5/3
10		Meghan TURNER	JR	#7 Christian Brothe	4:49.18		5/3

Women's Steeplechase

1	33	Ashlyn ILIFF	SR	#2 Lee (Tenn.)	10:46.72		4/19
2	77	Tamsyn GIBBS	FR	#1 Alabama-Huntsv	11:13.44		5/3
3		Shana SELLERS	JR	#3 Mississippi Colle	11:25.76		5/3
4		Emily LIDDLE	FR	#2 Lee (Tenn.) {2}	11:49.48		5/3
5		Kathryn FINCH	FR	#3 Mississippi Colle{2}	11:59.85		4/12
6		Abby WEIST	SR	#1 Alabama-Huntsv{2}	12:01.31		5/3
7		Autumn BETTS	FR	#1 Alabama-Huntsv{3}	12:02.65		4/12
8		Elizabeth CAIN	SO	#1 Alabama-Huntsv{4}	12:05.58		5/3
9		Ashley ALSVIG	SO	#6 Trevecca Nazare	12:06.95		4/18
10		Julia HALTERMAN	JR	#2 Lee (Tenn.) {3}	12:15.32		4/12



Conference TFRI Event Summary



GSC

as of 5/20/2025 6:54:06 AM ET

Women's 5000 Meters

1	28	Ana Patricia CAMPOS	SR	#2 Lee (Tenn.)	16:38.37	5/10
2	50	Lily HARE	SR	#2 Lee (Tenn.) {2}	16:52.59	3/22
3	87	Taylor BENOIT	JR	#3 Mississippi Colle	17:09.21	4/12
4	91	Megan ADAMS	JR	#2 Lee (Tenn.) {3}	17:11.31	4/12
5		Katie KRUEGER	SR	#2 Lee (Tenn.) {4}	17:33.61	5/10
6		Mercy LOMURIA	FR	#5 West Alabama	17:36.65	3/28
7		Kaylee ESTRIDGE	SO	#2 Lee (Tenn.) {5}	17:37.15	4/12
8		Kinley HARRIS	FR	#3 Mississippi Colle {2}	18:04.00	5/3
9		Lyndi CHAPMAN	FR	#2 Lee (Tenn.) {6}	18:13.48	5/3
10		Shana SELLERS	JR	#3 Mississippi Colle {3}	18:13.69	3/1

Women's 10,000 Meters

1	10	Ana Patricia CAMPOS	SR	#2 Lee (Tenn.)	34:25.64	3/29
2	48	Katie KRUEGER	SR	#2 Lee (Tenn.) {2}	35:50.76	4/12
3	86	Lyndi CHAPMAN	FR	#2 Lee (Tenn.) {3}	37:03.98	4/12
4		Aylin VEGA	JR	#1 Alabama-Huntsv	37:16.22	4/12
5		Lucy BARKER	FR	#1 Alabama-Huntsv {2}	37:20.49	4/12
6		Ava WARDLAW	JR	#3 Mississippi Colle	38:19.48	4/12
7		Karis KALLEY	FR	#2 Lee (Tenn.) {4}	39:50.06	4/12
8		Zoe ARRINGTON	FR	#2 Lee (Tenn.) {5}	40:19.11	4/12
9		Amelia BRADY	SR	#1 Alabama-Huntsv {3}	40:35.75	5/3
10		Kaylee ESTRIDGE	SO	#2 Lee (Tenn.) {6}	40:42.09	5/3

Women's 4x100 Relay

1	24	Deja Hines, Summer Sutherlin, Jadlyn Debardlabon, Jordyn Dortch	#1 Alabama-Huntsv	45.62	4/12
2	68	Ane Peasly, Liz Lannom, Sydney White, Jydia Faucette	#2 Lee (Tenn.)	47.19	4/12
3	72	Mikia Hutchings, Gabriel Stephens, Erica Smith, Yakubu Balikis	#5 West Alabama	47.22	4/5
4	73	Livia Fischer, Noeli Klassen, Ann Cobb, Alana Green	#3 Mississippi Colle	47.25	4/19
5		Hallie Harrell, Zauren Burton, Libby Wright, Samantha Bennett	#4 Montevallo	50.63	3/15
6		Micaiah Halliburton, Amira Doss, Jackelin Ruiz, Gioia Scopel	#7 Christian Brothe	52.02	5/3
7		Chane De beer, Ava Skaggs, Nina Willoughby, Jamelia Stovall	#6 Trevecca Nazare	52.46	3/15

Women's 4x400 Relay

1	23	Summer Sutherlin, Aniya Johnson, Grace Hampel, Jordyn Dortch	#1 Alabama-Huntsv	3:43.36	4/19
2	35	Sydney White, Liz Lannom, Jydia Faucette, Maddox Mayfield	#2 Lee (Tenn.)	3:46.45	5/10
3	63	Livia Fischer, Noeli Klassen, Alana Green, Hilary Udechukwu	#3 Mississippi Colle	3:51.55	4/19
4		Augusta Arnold, Hayley Cook-Graham, Mikia Hutchings, Jamaya Dancy	#5 West Alabama	4:08.52	5/3
5		Isabella Zurita, Danielle Booker, Laura De Llano, Meghan Turner	#7 Christian Brothe	4:09.38	4/19
6		Chane De beer, Ximenia Acosta, Ava Skaggs, Raegan Heldt	#6 Trevecca Nazare	4:16.50	3/29
7		Lauren Dellezay, Sarah Turner, Leah Dendy, Rachel Smith	#4 Montevallo	4:27.55	3/15

Women's High Jump

1	10	Liezl THERON	SR	#2 Lee (Tenn.)	1.73m	5-8	5/3
2	54	Liz LANNOM	FR	#2 Lee (Tenn.) {2}	1.66m	5-5¼	3/22
3	99	Aniya JOHNSON	SO	#1 Alabama-Huntsv	1.63m	5-4¼	5/3
4		Zauren BURTON	SR	#4 Montevallo	1.60m	5-3	3/9
5		Sydney WHITE	SR	#2 Lee (Tenn.) {3}	1.55m	5-1	5/3
5		Gioia SCOPEL	JR	#7 Christian Brothe	1.55m	5-1	3/22
5		Elizabeth HAYHURST	JR	#4 Montevallo {2}	1.55m	5-1	5/3
5		Ashlyn ROCK	FR	#1 Alabama-Huntsv {2}	1.55m	5-1	4/20
9		Morgan MCCARTNEY	FR	#4 Montevallo {3}	1.50m	4-11	3/9
9		Cali POLASTRO	JR	#1 Alabama-Huntsv {3}	1.50m	4-11	4/12

Women's Pole Vault

1	16	Brynn DEPINET	JR	#2 Lee (Tenn.)	3.97m	13-¼	4/20
2	46	Raegan MILLER	JR	#1 Alabama-Huntsv	3.75m	12-3½	3/29
3	97	Leah DENDY	JR	#4 Montevallo	3.50m	11-5¾	5/3
3	97	Nicole COUNTER	SO	#2 Lee (Tenn.) {2}	3.50m	11-5¾	3/22
5		Hallie GRACE WILLIAMSON	SR	#1 Alabama-Huntsv {2}	3.25m	10-8	4/20
6		Skylar SUGGITT	SR	#4 Montevallo {2}	3.00m	9-10	3/15
6		Ayla MISAVAGE	FR	#2 Lee (Tenn.) {3}	3.00m	9-10	4/12
8		Sydney TRUESDAIL	SO	#1 Alabama-Huntsv {3}	2.95m	9-8	5/3



Conference TFRI Event Summary



GSC

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Women's Long Jump

1	44	Madison FLUGENCE	SO	#3 Mississippi Colle	5.91m	19-4¾ (0.4)	5/1
2	91	Jadlyn DEBARDLABON	SO	#1 Alabama-Huntsv	5.71m	18-8¾ (0.3)	5/3
3		Jydia FAUCETTE	SR	#2 Lee (Tenn.)	5.62m	18-5¼ (-0.3)	5/3
4		Liezl THERON	SR	#2 Lee (Tenn.)	{2} 5.55m	18-2½ (1.7)	4/5
4		Hannah JACKSON	SO	#3 Mississippi Colle	{2} 5.55m	18-2½ (-0.1)	5/3
6		Khila CORROTHERS	SO	#4 Montevallo	5.29m	17-4¼ (0.4)	5/3
7		Farrah HAWKINS	SO	#4 Montevallo	{2} 5.27mw	17-3¾ (2.7)	3/15
8		Hallie HARRELL	FR	#4 Montevallo	{3} 5.25m	17-2¾ (0.7)	3/15
9		Liz LANNOM	FR	#2 Lee (Tenn.)	{3} 5.22m	17-1½ (0.0)	3/22
10		Kyla ROHLING	FR	#1 Alabama-Huntsv	{2} 5.20mw	17-¾ (2.2)	4/12

Women's Triple Jump

1	62	Jydia FAUCETTE	SR	#2 Lee (Tenn.)	11.76m	38-7 (0.1)	5/3
2		Farrah HAWKINS	SO	#4 Montevallo	11.15mw	36-7 (2.8)	3/15
3		Kyla ROHLING	FR	#1 Alabama-Huntsv	11.04m	36-2¾ (0.0)	5/10
4		Alana COLEMAN	FR	#1 Alabama-Huntsv	{2} 10.64m	34-11 (1.9)	4/5
5		Jadlyn DEBARDLABON	SO	#1 Alabama-Huntsv	{3} 10.56m	34-7¾ (0.0)	3/29
6		Kiffin BRUN	SR	#4 Montevallo	{2} 10.24m	33-7¼ (1.1)	3/15
7		Morgan MCCARTNEY	FR	#4 Montevallo	{3} 10.08m	33-1 (1.5)	4/5
8		Leah DENDY	JR	#4 Montevallo	{4} 9.96m	32-8¼ (0.6)	5/3
9		Hope COLLINS	FR	#1 Alabama-Huntsv	{4} 9.73m	31-11¼ (-0.)	5/3
10		Alyssa PEREZ	SR	#4 Montevallo	{5} 9.31mw	30-6½ (2.5)	3/15

Women's Shot Put

1	56	Graice WAITE	FR	#2 Lee (Tenn.)	13.73m	45-½	4/5
2	85	Emily WOLF	SO	#4 Montevallo	13.27m	43-6½	5/3
3		A'Cynthia BROWN	FR	#1 Alabama-Huntsv	12.63m	41-5¼	5/3
4		Kennedy THOMPSON	SO	#3 Mississippi Colle	12.04m	39-6	4/12
5		Sarah TANG	SO	#1 Alabama-Huntsv	{2} 11.94m	39-2¼	4/20
6		Morgan THRIFT	FR	#3 Mississippi Colle	{2} 11.89m	39-¼	4/12
7		Sydney WHITE	SR	#2 Lee (Tenn.)	{2} 11.63m	38-2	5/3
8		McKenna JACKSON	FR	#4 Montevallo	{2} 11.62m	38-1½	4/12
9		Rebekah ZWEERINK	FR	#3 Mississippi Colle	{3} 11.58m	38-0	5/3
10		Keva THOMAS	FR	#3 Mississippi Colle	{4} 11.45m	37-6¾	4/12

Women's Discus

1	42	Katie WILKERSON	FR	#4 Montevallo	46.08m	151-2	5/3
2	56	Emily WOLF	SO	#4 Montevallo	{2} 44.93m	147-5	3/15
3	63	Kennedy THOMPSON	SO	#3 Mississippi Colle	44.40m	145-8	5/3
4	74	TaNiyah THOMAS	SR	#1 Alabama-Huntsv	43.97m	144-3	3/22
5		Graice WAITE	FR	#2 Lee (Tenn.)	41.93m	137-7	3/22
6		Rebekah ZWEERINK	FR	#3 Mississippi Colle	{2} 41.35m	135-8	4/5
7		Morgan THRIFT	FR	#3 Mississippi Colle	{3} 39.51m	129-8	4/12
8		Keva THOMAS	FR	#3 Mississippi Colle	{4} 38.92m	127-8	3/29
9		Hailey SMITH	JR	#1 Alabama-Huntsv	{2} 38.33m	125-9	5/3
10		Sarah TANG	SO	#1 Alabama-Huntsv	{3} 37.96m	124-7	4/20

Women's Hammer

1		Emily WOLF	SO	#4 Montevallo	49.38m	162-0	5/3
2		Sarah TANG	SO	#1 Alabama-Huntsv	47.90m	157-2	3/29
3		Samara BRINKS	JR	#2 Lee (Tenn.)	47.66m	156-5	4/5
4		Hailey SMITH	JR	#1 Alabama-Huntsv	{2} 47.05m	154-5	3/22
5		Kylie RINKE	JR	#1 Alabama-Huntsv	{3} 45.52m	149-4	5/3
6		Sakari FAULKNER	SR	#3 Mississippi Colle	44.04m	144-6	5/3
7		Kennedy THOMPSON	SO	#3 Mississippi Colle	{2} 43.21m	141-9	3/29
8		Graice WAITE	FR	#2 Lee (Tenn.)	{2} 43.08m	141-4	3/22
9		Rebekah ZWEERINK	FR	#3 Mississippi Colle	{3} 42.77m	140-4	4/12
10		A'Cynthia BROWN	FR	#1 Alabama-Huntsv	{4} 42.46m	139-4	5/3

Women's Javelin

1	19	Aspen ARROWSMITH	SO	#1 Alabama-Huntsv	46.22m	151-8	4/12
2	43	Olivia DAVIDSON	SO	#2 Lee (Tenn.)	42.31m	138-10	4/12
3	69	Elizabeth HAYHURST	JR	#4 Montevallo	40.45m	132-9	4/12
4	86	Katie WILKERSON	FR	#4 Montevallo	{2} 39.62m	130-0	4/12
5		Katelyn BROTHERS	SO	#4 Montevallo	{3} 38.40m	126-0	3/9
6		Campbell JOHNSON	JR	#6 Trevecca Nazare	38.01m	124-9	3/29
7		Hailey SMITH	JR	#1 Alabama-Huntsv	{2} 37.79m	124-0	3/29
8		Sydney WHITE	SR	#2 Lee (Tenn.)	{2} 37.77m	123-11	4/12
9		Sara COTHRAN	FR	#1 Alabama-Huntsv	{3} 36.12m	118-6	3/22
10		Claire SCHULTZ	FR	#1 Alabama-Huntsv	{4} 35.64m	116-11	4/12

Women's Heptathlon

1	66	Liz LANNOM	FR	#2 Lee (Tenn.)	4,452		3/22
2	75	Sydney WHITE	SR	#2 Lee (Tenn.)	{2} 4,397		3/22
3		Hope COLLINS	FR	#1 Alabama-Huntsv	3,989		5/3
4		Hallie HARRELL	FR	#4 Montevallo	3,890		4/5
5		Kiffin BRUN	SR	#4 Montevallo	{2} 3,639		5/3
6		Campbell JOHNSON	JR	#6 Trevecca Nazare	2,989		5/3
7		Nina WILLOUGHBY	SO	#6 Trevecca Nazare	{2} 2,851		5/3



Conference TFRI Event Summary



Independents

as of 5/20/2025 6:54:06 AM ET

Women's 100 Meters

1	Enith MAYSONET	SO	#1 UPR Rio Piedras	11.93	(1.6)	4/12
2	Briannxy MALDONADO	SO	#1 UPR Rio Piedras {2}	11.95	(0.4)	4/12
3	Estefania RIVERA-GONZALEZ	FR	#1 UPR Rio Piedras {3}	12.13	(0.5)	2/22
4	Claudia FERNANDEZ	SR	#1 UPR Rio Piedras {4}	12.51	(1.5)	2/22
5	Brianne PRESLEY	SO	#11 Cheyney	14.69	(-0.9)	3/29

Women's 100 Meter Hurdles

1	Kamila OSORIO	SO	#1 UPR Rio Piedras	15.37	(1.9)	4/12
2	Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {2}	16.19w	(2.7)	4/12
3	Kintla PENN	FR	#2 Alaska	18.24	(0.2)	3/29

Women's 400 Meters

1	Victoria NIEVES	SR	#1 UPR Rio Piedras	57.05		2/22
2	Valeria CARRASQUILLO	JR	#1 UPR Rio Piedras {2}	58.09		2/22
3	Camila ORTIZ RUIZ		#1 UPR Rio Piedras {3}	58.81		4/12
4	Alondra MAS NET	FR	#1 UPR Rio Piedras {4}	59.22		4/12
5	Camila ORTIZ	FR	#1 UPR Rio Piedras {5}	1:00.22		2/22

Women's 400 Meter Hurdles

1	Valeria OCASIO	SR	#1 UPR Rio Piedras	1:07.16		4/12
2	Carely TORRECH	FR	#1 UPR Rio Piedras {2}	1:08.31		2/22
3	Zulmarylee MORALES-OTERO	FR	#1 UPR Rio Piedras {3}	1:10.16		2/22
4	Kintla PENN	FR	#2 Alaska	1:16.46		4/12

Women's 800 Meters

1	Teegan SILVA	JR	#2 Alaska	2:15.85		3/29
2	Rosie FORDHAM	SR	#2 Alaska {2}	2:16.87		4/12
3	Jayleann SERRANO	SR	#1 UPR Rio Piedras	2:17.75		4/12
4	Riga GRUBIS	SO	#2 Alaska {3}	2:18.86		4/12
5	Olivia MANLEY	SO	#2 Alaska {4}	2:20.90		4/18
6	Ella BURNETT	FR	#3 Valdosta State	2:21.95		4/19
7	Sierra HOWARD	FR	#5 West Florida	2:22.06		3/29
8	Madison SCHUH	FR	#2 Alaska {5}	2:26.83		4/12
9	Caitlyn KOSKE	SR	#3 Valdosta State {2}	2:28.38		4/5
10	Jasmin HOLST	FR	#2 Alaska {6}	2:29.23		4/12

Women's 1500 Meters

1	98 Rosie FORDHAM	SR	#2 Alaska	4:34.83		4/12
2	Teegan SILVA	JR	#2 Alaska {2}	4:41.84		4/18
3	Lucca DUKE	SO	#2 Alaska {3}	4:47.65		3/29
4	Jayleann SERRANO	SR	#1 UPR Rio Piedras	4:52.89		4/12
5	Chloe ROOK	JR	#5 West Florida	4:54.11		3/29
6	Emily BOWERS	FR	#4 Gannon	4:56.73		4/12
7	Ella BURNETT	FR	#3 Valdosta State	4:58.23		4/26
8	Katherine LACROIX	SR	#3 Valdosta State {2}	5:01.80		4/19
9	Gabby JOURDAIN	SO	#9 USC Aiken	5:04.96		4/19
10	Dalines GONZALEZ	SR	#1 UPR Rio Piedras {2}	5:05.17		2/22

Women's Steeplechase

1	Alexandra NIEVES RIOS		#1 UPR Rio Piedras	12:53.89		2/22
2	Amanda LOPEZ	JR	#1 UPR Rio Piedras {2}	13:16.93		4/12
3	Asalah FADI ABUHAIAH	SO	#1 UPR Rio Piedras {3}	13:27.50		2/22
4	Norah STUBBS	FR	#7 Saint Michael's	14:58.58		4/19

Women's 5000 Meters

1	Lucca DUKE	SO	#2 Alaska	17:23.07		4/18
2	Emily BOWERS	FR	#4 Gannon	18:02.30		4/26
3	Victoria MARKHAM	SO	#6 Union (Tenn.)	18:15.05		4/12
4	Addi AGUAYO	SO	#6 Union (Tenn.) {2}	18:16.07		4/12
5	Alexis ABBETT	FR	#4 Gannon {2}	18:29.13		4/26
6	Chloe ROOK	JR	#5 West Florida	18:41.76		3/9
7	Gabby JOURDAIN	SO	#9 USC Aiken	18:42.33		4/5
8	Megan ICKES	SO	#4 Gannon {3}	18:50.27		4/26
9	Ava BALDAUF	JR	#5 West Florida {2}	18:52.47		3/15
10	Ayla YOUNG	JR	#6 Union (Tenn.) {3}	18:56.23		4/12

Women's 10,000 Meters

1	Aniris ROMAN	SR	#1 UPR Rio Piedras	42:38.47		4/12
2	Yariana CATALA	SR	#1 UPR Rio Piedras {2}	42:39.94		2/22
3	Amanda LOPEZ	JR	#1 UPR Rio Piedras {3}	43:57.62		2/22
4	Kamila RODRIGUEZ	SR	#1 UPR Rio Piedras {4}	45:07.83		4/12

Women's 4x100 Relay

1	63 Enith Maysonet Rivera, Briannxy Maldonado, Claudia Fernandez, Estefania Rivera-gonzalez		#1 UPR Rio Piedras	47.07		4/12
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Women's 4x400 Relay

1	65 Victoria Nieves Rios, Alondra Mas Net, Camila Ortiz Ruiz, Valeria Carrasquillo		#1 UPR Rio Piedras	3:52.13		2/22
2	Rosie Fordham, Teegan Silva, Olivia Manley, Riga Grubis		#2 Alaska	4:06.81		4/12

Women's High Jump

1	68 Daniela ALEJANDO	SR	#1 UPR Rio Piedras	1.65m	5-5	2/22
2	Carely TORRECH	FR	#1 UPR Rio Piedras {2}	1.60m	5-3	2/22
3	Wilmarie MCGRANTH MARRER		#1 UPR Rio Piedras {3}	1.45m	4-9	2/22

Women's Long Jump

1	33 Claudia FERNANDEZ	SR	#1 UPR Rio Piedras	5.97m	19-7 (1.1)	4/12
2	Daniela ALEJANDO	SR	#1 UPR Rio Piedras {2}	5.57m	18-3 3/4 (0.1)	2/22

Women's Shot Put

1	Gabriela SOTO	SR	#1 UPR Rio Piedras	11.35m	37-3	4/12
2	Tatiana VIZCARRONDO	SR	#1 UPR Rio Piedras {2}	10.66m	34-11 3/4	4/12
3	Ilmarilis KERKADO BERMUDE	SR	#1 UPR Rio Piedras {3}	10.58m	34-8 1/2	4/12
4	Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {4}	8.61m	28-3	4/12



Conference TFRI Event Summary



Independents

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Women's Discus

1	Clarmar RODRIGUEZ	SR	#1 UPR Rio Piedras	33.36m	109-6	4/12
2	Ilmarilys KERKADO BERMUDE	SR	#1 UPR Rio Piedras {2}	31.26m	102-7	4/12
3	Mileny RIVERA PEREZ		#1 UPR Rio Piedras {3}	25.19m	82-7¾	4/12
4	Dalines GONZALEZ	SR	#1 UPR Rio Piedras {4}	21.39m	70-2¼	4/12

Women's Hammer

1	Gabriela SOTO	SR	#1 UPR Rio Piedras	40.20m	131-11	2/22
2	Clarmar RODRIGUEZ	SR	#1 UPR Rio Piedras {2}	37.10m	121-9	4/12
3	Yeitza RIVERA PEREZ		#1 UPR Rio Piedras {3}	24.62m	80-9¼	2/22

Women's Javelin

1	Yalimar NIEVES SOLIVERA		#1 UPR Rio Piedras	38.38m	125-11	4/12
2	Tatiana VIZCARRONDO	SR	#1 UPR Rio Piedras {2}	35.20m	115-6	4/12



Conference TFRI Event Summary



Lone Star

as of 5/20/2025 6:54:07 AM ET

Women's 100 Meters

1	10	Deborah ACHEAMPONG	SO	#1	West Texas A&M	11.36c	(11.33A) (2.	5/3
2	19	Grizell SCARLETT	SO	#6	Eastern New Me	11.44	(1.1)	4/12
3	78	Joy EGWU	JR	#4	Lubbock Christia	11.76	(1.9)	4/12
4	95	Leah BELFIELD	SR	#1	West Texas A&M {2}	11.83c	(11.80A) (2.	5/3
5		Brandi DRAKE	JR	#8	UT Tyler	11.93	(1.0)	3/29
6		Shackelia GREEN	JR	#2	Angelo State	11.95	(2.0)	4/17
7		Laniyah CURRY	FR	#9	Oklahoma Christ	11.98c	(11.95A) (2.	5/3
7		Cynai CHRISTOPHER	SR	#3	Texas A&M-King	11.98w	(3.9)	3/22
9		Anika BEUKES	SO	#4	Lubbock Christia{2}	11.99w	(2.5)	4/12
10		Corinne THORPE	SR	#5	Midwestern Stat	12.00c	(11.97A) (2.	5/3

Women's 100 Meter Hurdles

1	20	Maricia SPENCE	SR	#2	Angelo State	13.72cw	(13.68A) (2.	5/3
2	33	Bracie VAUGHN	JR	#8	UT Tyler	13.85cw	(13.81A) (2.	5/3
3	46	Devyn ERICKSEN	FR	#6	Eastern New Me	14.09cw	(14.05A) (2.	5/3
4	67	Lainey JERNIGAN	FR	#2	Angelo State {2}	14.29w	(2.5)	4/5
5	68	Temitope ADENUGA	SO	#1	West Texas A&M	14.30	(1.8)	4/12
6	90	Cierra WHEELER	SO	#7	Dallas Baptist	14.45c	(14.41A) (1.	5/3
7	93	Isabel JAKOBSEN	SO	#8	UT Tyler {2}	14.47cw	(14.43A) (2.	5/3
8		Kailee BENTON	JR	#1	West Texas A&M {2}	14.62cw	(14.58A) (3.	5/3
9		Kaylee PRICE	FR	#2	Angelo State {3}	14.64w	(2.1)	4/17
9		Annabell PHILLIPS	FR	#4	Lubbock Christia	14.64c	(14.60A) (1.	5/3

Women's 200 Meters

1	4	Blessing AKINTOYE	SO	#1	West Texas A&M	23.08w	(2.2)	4/12
2	6	Deborah ACHEAMPONG	SO	#1	West Texas A&M {2}	23.24w	(3.3)	3/22
3	22	Peace NWAELEHIA	FR	#1	West Texas A&M {3}	23.46	(1.6)	4/12
4	24	Anna SALISBURY	SR	#4	Lubbock Christia	23.61w	(2.2)	4/12
5	25	Cynai CHRISTOPHER	SR	#3	Texas A&M-King	23.62w	(4.0)	3/22
6	30	Grizell SCARLETT	SO	#6	Eastern New Me	23.72c	(23.65A) (1.	5/3
7	94	Oneika BRISETT	FR	#3	Texas A&M-King{2}	24.28	(1.3)	4/25
8	99	Anne-Lie WAITE	FR	#4	Lubbock Christia{2}	24.30	(1.6)	4/12
9		Joy EGWU	JR	#4	Lubbock Christia{3}	24.31w	(3.3)	3/22
10		Reanna ARGULLIN	SR	#4	Lubbock Christia{4}	24.44c	(24.37A) (1.	5/3

Women's 400 Meters

1	1	Peace NWAELEHIA	FR	#1	West Texas A&M	52.22c	(52.11A)	5/3
2	3	Anna SALISBURY	SR	#4	Lubbock Christia	52.39c	(52.28A)	5/3
3	4	Blessing AKINTOYE	SO	#1	West Texas A&M {2}	52.42c	(52.31A)	5/3
4	11	Kamaria CARR	SO	#8	UT Tyler	53.26		5/9
5	22	Cynai CHRISTOPHER	SR	#3	Texas A&M-King	53.80c	(53.69A)	5/3
6	25	Oneika BRISETT	FR	#3	Texas A&M-King{2}	54.08		5/8
7	57	Jozlyn ARANA	JR	#4	Lubbock Christia{2}	55.12c	(55.01A)	5/3
8	58	Nidhi SINGH	SR	#5	Midwestern Stat	55.13		3/22
9	79	Vitiana ROBERT	SR	#3	Texas A&M-King{3}	55.63		4/25
10	86	Elizabeth FLOREZ	SO	#4	Lubbock Christia{3}	55.70		3/22

Women's 400 Meter Hurdles

1	9	Asana HAMIDU	JR	#1	West Texas A&M	59.49		4/12
2	17	Shackelia GREEN	JR	#2	Angelo State	59.84c	(59.73A)	5/3
3	24	Temitope ADENUGA	SO	#1	West Texas A&M {2}	59.99		5/11
4	32	Trell'Kyrah WATKINS	JR	#5	Midwestern Stat	1:00.35		5/11
5	49	Kaylee PRICE	FR	#2	Angelo State {2}	1:01.56		4/17
6	53	Devyn ERICKSEN	FR	#6	Eastern New Me	1:01.70c	(1:01.59A)	4/25
7	58	Hannah LAKIN	FR	#8	UT Tyler	1:01.87c	(1:01.76A)	5/3
8	62	Lainey JERNIGAN	FR	#2	Angelo State {3}	1:02.05		4/17
9	75	Nidhi SINGH	SR	#5	Midwestern Stat{2}	1:02.62		4/5
10	77	Jessie HEATH	SO	#5	Midwestern Stat{3}	1:02.64		4/5

Women's 800 Meters

1	1	Abigail ABUGIRE	FR	#1	West Texas A&M	2:03.26c	(2:03.73A)	5/3
2	9	Nidhi SINGH	SR	#5	Midwestern Stat	2:06.53c	(2:07.01A)	5/3
3	20	Ellie FRYE	JR	#7	Dallas Baptist	2:08.21c	(2:08.70A)	5/3
4	50	Maggie NEAL	FR	#5	Midwestern Stat{2}	2:11.26c	(2:11.76A)	5/3
5	52	Kymia WOODARD	FR	#8	UT Tyler	2:11.44c	(2:11.94A)	5/3
6	74	Jadyn DANGERFIELD	JR	#5	Midwestern Stat{3}	2:12.88c	(2:13.39A)	5/3
7	81	Kamaria CARR	SO	#8	UT Tyler {2}	2:13.22		4/12
8	92	Jessie HEATH	SO	#5	Midwestern Stat{4}	2:13.41		4/25
9		Macy COGBURN	FR	#8	UT Tyler {3}	2:14.38		4/12
10		Calista SEGURA	SR	#8	UT Tyler {4}	2:15.46		4/12

Women's 1500 Meters

1	9	Abigail ABUGIRE	FR	#1	West Texas A&M	4:20.57		4/18
2	19	Sarah KOOMSON	SO	#1	West Texas A&M {2}	4:22.73		4/18
3	31	Eliette CHAPUT	JR	#1	West Texas A&M {3}	4:25.15		4/18
4	37	Kalkidan VINCENDEAU	SR	#1	West Texas A&M {4}	4:26.69		4/18
5	47	Lesli SALAS	SO	#7	Dallas Baptist	4:29.14		4/18
6	88	Maya ESPINOSA	SR	#3	Texas A&M-King	4:34.18		4/18
7		Kailynn DENNEY	SO	#8	UT Tyler	4:36.84		4/12
8		Ellie FRYE	JR	#7	Dallas Baptist {2}	4:36.91		4/12
9		Jaycee LYONS	SO	#5	Midwestern Stat	4:38.02c	(4:42.50A)	5/3
10		Macy COGBURN	FR	#8	UT Tyler {2}	4:38.25		4/12

Women's Steeplechase

1	2	Eliette CHAPUT	JR	#1	West Texas A&M	10:06.00		4/18
2	38	Olivia WEIDER	JR	#4	Lubbock Christia	10:51.98c	(11:03.54A)	5/3
3	42	Mary BROWN	SR	#2	Angelo State	10:54.00c	(11:05.60A)	5/3
4		Anastasia TRONICEK	SO	#7	Dallas Baptist	11:22.00		4/12
5		Rosalene REYES PEREZ	JR	#5	Midwestern Stat	11:27.96c	(11:40.16A)	5/3
6		Kylie HIMES	SO	#7	Dallas Baptist {2}	11:29.82		4/12
7		Mariana SANCHEZ	JR	#5	Midwestern Stat{2}	11:47.92		4/26
8		Pia SCHWEITZER	FR	#11	Cameron	11:49.67c	(12:02.26A)	5/3
9		Chasity BENSON	FR	#2	Angelo State {2}	11:52.87c	(12:05.51A)	5/3
10		Kylie KNAPP	JR	#4	Lubbock Christia{2}	12:14.46c	(12:27.49A)	5/3



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Women's 5000 Meters

1	10	Kalkidan VINCEDEAU	SR	#1	West Texas A&M	16:09.29	4/18
2	14	Sarah KOOMSON	SO	#1	West Texas A&M {2}	16:17.42	3/29
3	16	Naomi ADDO	FR	#1	West Texas A&M {3}	16:20.01	3/29
4	20	Elise LEVEEL	SR	#1	West Texas A&M {4}	16:24.89	4/18
5	23	Lesli SALAS	SO	#7	Dallas Baptist	16:28.72	4/18
6	60	Kinley KITE	FR	#9	Oklahoma Christ	16:55.98	4/18
7	90	Ivanova YANES	JR	#3	Texas A&M-King	17:10.93	4/18
8	100	Lexi MAUL	JR	#1	West Texas A&M {5}	17:14.27	4/18
9		Ella PANDO	JR	#5	Midwestern Stat	17:31.94	4/4
10		Mia RIVERA	JR	#10	St. Edward's	17:33.37	4/12

Women's 10,000 Meters

1	8	Naomi ADDO	FR	#1	West Texas A&M	34:13.37	4/18
2	18	Elise LEVEEL	SR	#1	West Texas A&M {2}	34:45.06	3/29
3	33	Julie LAFARE	JR	#1	West Texas A&M {3}	35:05.29	4/18
4	38	Ivanova YANES	JR	#3	Texas A&M-King	35:36.02	4/18
5	55	Lexi MAUL	JR	#1	West Texas A&M {4}	36:16.03	3/29
6	62	Ella PANDO	JR	#5	Midwestern Stat	36:26.86c (37:16.63A)	5/3
7		Rosalene REYES PEREZ	JR	#5	Midwestern Stat {2}	37:52.29c (38:44.01A)	5/3
8		Finley HUNTING	SO	#8	UT Tyler	38:19.90c (39:12.24A)	5/3
9		Caroline WILDRICK	SR	#10	St. Edward's	38:19.93c (39:12.28A)	5/3
10		Caroline KARR	JR	#9	Oklahoma Christ	38:25.40	4/12

Women's 4x100 Relay

1	7	Peace Nwaelehia, Leah Belfield, Blessing Akintoye, Deborah Acheampong	#1	West Texas A&M	44.84	4/12
2	22	Maricia Spence, Shackelia Green, Alliyah Harrison, Kylie Frush	#2	Angelo State	45.56c (45.44A)	5/3
3	29	Jodian Stewart, Riley Midgett, Gabriela Elizalde, Grizell Scarlett	#6	Eastern New Me	45.90	4/12
4	35	Anika Beukes, Anna Salisbury, Jozlyn Arana, Joy Egwu	#4	Lubbock Christia	46.20	4/12
5	47	Corinne Thorpe, Karissa Nixon, Trell'Kyrah Watkins, Hailee Janzen	#5	Midwestern Stat	46.55	4/26
6	65	Laniyah Curry, Katie Bosley, Aaliyah Haugh, Jamie Morgan	#9	Oklahoma Christ	47.09c (46.97A)	5/3
7		Karly Weyand, Jasmine Cooke, Audrey Wistain, Yamila Cartwright	#10	St. Edward's	48.01c (47.89A)	5/3
8		Aubrey Ford, Kendal Brown, Cierra Wheeler, Meadow Housman	#7	Dallas Baptist	48.13c (48.01A)	5/3
9		Ariyana Blackwell, Lucia Mendoza, Kyra Nunez, Jazmine Miller	#3	Texas A&M-King	49.71	3/8
10		Key'Auri Hildreth, Terrionna Taylor, Pia Schweitzer, Noa Garcia-Mejias	#11	Cameron	54.78c (54.66A)	5/3



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Women's 4x400 Relay

1	2	Vitiana Robert, Oneika Brissett, Sakara Wade, Cynai Christopher	#3 Texas A&M-King	3:36.94	5/8
2	10	Asana Hamidu, Peace Nwaelehia, Abigail Abugire, Blessing Akintoye	#1 West Texas A&M	3:39.12	3/29
3	22	Elizabeth Florez, Joy Egwu, Anne-Lie Waite, Anna Salisbury	#4 Lubbock Christi	3:42.24	3/29
4	28	Jessie Heath, Trell'Kyrah Watkins, Maggie Neal, Nidhi Singh	#5 Midwestern Stat	3:44.47	3/29
5	29	Shackelia Green, Maricia Spence, Lainey Jernigan, Kylie Frush	#2 Angelo State	3:44.83c (3:44.39A)	5/3
6	87	Mahault Lebrun, Gabriela Elizalde, Meghan Rodriguez, Meredith Brown	#6 Eastern New Me	3:55.17c (3:54.73A)	5/3
7	95	Yamila Cartwright, Hailey Rodriguez, Karly Weyand, Sarah Willson	#10 St. Edward's	3:56.03	3/29
8		Ellie Frye, Jesse Swan, Addyson Hulett, Danielle Graham	#7 Dallas Baptist	3:58.13	3/29
9		Katie Bosley, Lauren Kirk, Aaliyah Haugh, Kristen Kirk	#9 Oklahoma Christ	4:00.61	4/25
10		Nayeli Cobos, Jeanette Rivera, Isabella Medina, Veronika Garcia	#12 Western New Me	4:10.69	4/12

Women's High Jump

1	7	Madison ALEGRIA	SR	#3 Texas A&M-King	1.74m	5-8½	3/29
2	10	Afaf BENHADJA	SO	#3 Texas A&M-King {2}	1.73m	5-8	5/8
3	26	Madison RAMOS	JR	#3 Texas A&M-King {3}	1.70m	5-7	3/22
3	26	Laila AHMED	FR	#9 Oklahoma Christ	1.70m	5-7	3/29
5	45	Kylie PADEN	JR	#2 Angelo State	1.67m	5-5¾	4/12
6	68	Mara ANDRITSCH	FR	#1 West Texas A&M	1.65m	5-5	4/12
7	99	Kylie FRUSH	JR	#2 Angelo State {2}	1.63m	5-4¼	4/17
8		Abbey BRADSHAW	SR	#7 Dallas Baptist	1.61mA	5-3¼	5/3
8		Emory GLAVAN	FR	#9 Oklahoma Christ {2}	1.61m	5-3¼	4/4
8		Maricia SPENCE	SR	#2 Angelo State {3}	1.61m	5-3¼	4/5

Women's Pole Vault

1	18	Kylie PADEN	JR	#2 Angelo State	3.96m	12-11¾	3/8
2	64	Camryn BARROS	SR	#2 Angelo State {2}	3.66m	12-0	4/12
3	97	Minerva CERDA- HERNANDEZ	SO	#6 Eastern New Me	3.50mA	11-5¾	5/3
3	97	Olivia MITCHELL	SO	#8 UT Tyler	3.50m	11-5¾	3/22
5		Drew GRELLHESL	SO	#4 Lubbock Christi	3.35mA	10-11¾	5/3
5		Jillian HALFMANN	SO	#2 Angelo State {3}	3.35m	10-11¾	4/5
7		Bella KENNEY	JR	#1 West Texas A&M	3.20m	10-6	3/22
8		Katelyn BOHENSKY	SR	#2 Angelo State {4}	3.06m	10-½	4/12
9		Kylie KNAPP	JR	#4 Lubbock Christi {2}	2.90mA	9-6¼	4/26
9		Hollis STOWE	FR	#4 Lubbock Christi {2}	2.90mA	9-6¼	3/30

Women's Long Jump

1	2	Jodian STEWART	SO	#6 Eastern New Me	6.41mw	21-½ (2.6)	5/1
2	10	Laniyah CURRY	FR	#9 Oklahoma Christ	6.21mw	20-4½ (2.3)	4/12
3	24	Kylie FRUSH	JR	#2 Angelo State	6.05mw	19-10¼ (3.4)	4/16
4	32	Maricia SPENCE	SR	#2 Angelo State {2}	5.99mw	19-8 (3.2)	5/1
5	38	Madison ALEGRIA	SR	#3 Texas A&M-King	5.94m	19-6 (1.2)	5/1
5	38	Kailee BENTON	JR	#1 West Texas A&M	5.94mw	19-6 (2.4)	4/12
7	49	Afaf BENHADJA	SO	#3 Texas A&M-King {2}	5.90mw	19-4¼ (3.5)	3/22
8	52	Jamie MORGAN	FR	#9 Oklahoma Christ {2}	5.87mw	19-3¼ (2.4)	5/3
9	68	Jazmin RAY	SR	#3 Texas A&M-King {3}	5.79mw	19-0 (2.5)	3/29
10		Celina THOMAS	SO	#6 Eastern New Me {2}	5.66mw	18-7 (2.1)	5/3

Women's Triple Jump

1	4	Jazmin RAY	SR	#3 Texas A&M-King	12.73mw	41-9¼ (3.1)	3/28
2	10	Leidy CUESTA	FR	#1 West Texas A&M	12.50m	41-¼ (-1.9)	5/1
3	18	Audrey UZOUKWU	SR	#1 West Texas A&M {2}	12.34m	40-6 (1.4)	5/11
4	29	Kennedy JOHNSON	FR	#5 Midwestern Stat	12.09m	39-8 (-3.4)	5/1
5	43	Kylie FRUSH	JR	#2 Angelo State	11.87mA	38-11½ (-0)	5/3
6	45	Celina THOMAS	SO	#6 Eastern New Me	11.85mw	38-10½ (2.7)	5/11
7	54	Gracie STEPHENS	FR	#2 Angelo State {2}	11.80mw	38-8¾ (2.2)	4/5
8	73	Maggie MORALES	JR	#2 Angelo State {3}	11.68mA	38-4 (-2.9)	5/3
9		Maren WARE	FR	#8 UT Tyler	11.42mA	37-5¾ (0.0)	5/3
10		Jayda ROSALES	SR	#4 Lubbock Christi	11.39mA	37-4½ (-2.2)	5/3

Women's Shot Put

1	16	Fedra FLORENTIN	SR	#2 Angelo State	14.83m	48-8	4/17
2	24	Jada SEWELL	SR	#1 West Texas A&M	14.57mA	47-9¾	5/3
3	59	Karina ALVAREZ	SO	#3 Texas A&M-King	13.69m	44-11	3/29
4	77	Devon WILLIAMS	SR	#3 Texas A&M-King {2}	13.39m	43-11¼	3/8
5	88	Meadow GALLENTINE	JR	#1 West Texas A&M {2}	13.24m	43-5¼	4/12
6	95	Kaylea DEMETRIUS	SO	#3 Texas A&M-King {3}	13.18mA	43-3	5/3
7		Kamryn WILLIAMS	SO	#2 Angelo State {2}	13.03m	42-9	4/17
8		Alexandria TICE	JR	#1 West Texas A&M {3}	12.73m	41-9¼	4/12
9		Federica DOZIO	FR	#2 Angelo State {3}	12.61mA	41-4½	5/3
10		Abigail JONES	SR	#4 Lubbock Christi	12.46m	40-10½	3/22



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Women's Discus

1	12	Jada SEWELL	SR	#1 West Texas A&M	49.33m	161-10	5/11
2	15	Kennedy ULMER	JR	#6 Eastern New Me	48.91m	160-6	3/30
3	20	Tiamara HILL-JOHNSON	SR	#2 Angelo State	48.28m	158-5	4/12
4	22	Devon WILLIAMS	SR	#3 Texas A&M-King	48.15m	158-0	3/22
5	25	Kamryn WILLIAMS	SO	#2 Angelo State	{2} 47.99m	157-6	4/12
6	76	Kaylea DEMETRIUS	SO	#3 Texas A&M-King	{2} 43.95m	144-3	4/12
7	88	Precious SILGUERO	SO	#3 Texas A&M-King	{3} 43.36m	142-3	4/12
8		Alexandria TICE	JR	#1 West Texas A&M	{2} 43.02m	141-2	3/30
9		Shelby ROBINSON	FR	#4 Lubbock Christia	42.55m	139-7	3/30
10		Hope GRAY	JR	#1 West Texas A&M	{3} 42.47m	139-4	3/30

Women's Hammer

1	3	Marie SCHULER	JR	#2 Angelo State	61.32m	201-2	5/3
2	19	Esmá PAJT	JR	#2 Angelo State	{2} 56.80m	186-4	5/11
3	53	Meadow GALLENTINE	JR	#1 West Texas A&M	52.64m	172-9	5/3
4	62	Kamryn WILLIAMS	SO	#2 Angelo State	{3} 52.01m	170-8	5/3
5	67	Hope GRAY	JR	#1 West Texas A&M	{2} 51.76m	169-10	3/22
6	93	Abigail PROVOST	SO	#1 West Texas A&M	{3} 50.34m	165-2	4/12
7		Kennedy ULMER	JR	#6 Eastern New Me	50.02m	164-1	4/12
8		Abigail JONES	SR	#4 Lubbock Christia	48.68m	159-9	5/3
9		Jada SEWELL	SR	#1 West Texas A&M	{4} 48.58m	159-5	3/22
10		Jha'Niah JOHNSON	JR	#6 Eastern New Mex	{2} 48.46m	159-0	3/30

Women's Javelin

1	5	Federica DOZIO	FR	#2 Angelo State	50.03m	164-2	4/5
2	25	Mara ANDRITSCH	FR	#1 West Texas A&M	44.56m	146-3	5/3
3	30	Kennedy ULMER	JR	#6 Eastern New Me	43.81m	143-9	4/26
4	51	Deziree BOSQUEZ	SO	#6 Eastern New Mex	{2} 41.77m	137-1	5/3
5	55	Maricia SPENCE	SR	#2 Angelo State	{2} 41.37m	135-9	5/3
6		Kendal BROWN	SO	#7 Dallas Baptist	37.26m	122-3	5/3
7		Kylie FRUSH	JR	#2 Angelo State	{3} 35.15m	115-4	5/3
8		Kailee BENTON	JR	#1 West Texas A&M	{2} 34.98m	114-9	5/3
9		Esparanza CRUZ	SO	#4 Lubbock Christia	34.40m	112-11	5/3
10		Abbey BRADSHAW	SR	#7 Dallas Baptist	{2} 34.20m	112-3	4/12

Women's Heptathlon

1	7	Maricia SPENCE	SR	#2 Angelo State	5,333		4/5
2	16	Kylie FRUSH	JR	#2 Angelo State	{2} 5,063		4/5
3	20	Afaf BENHADJA	SO	#3 Texas A&M-King	4,937		4/5
4	27	Mara ANDRITSCH	FR	#1 West Texas A&M	4,815		4/12
5	28	Kailee BENTON	JR	#1 West Texas A&M	{2} 4,803c	(4803A)	5/3
6	32	Juliane FRUEH	JR	#8 UT Tyler	4,791		4/12
7	48	Kendal BROWN	SO	#7 Dallas Baptist	4,611c	(4611A)	5/3
8	63	Gracie STEPHENS	FR	#2 Angelo State	{3} 4,476		4/5
9		Erin MARTIN	FR	#1 West Texas A&M	{3} 3,888		4/12



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MIAA

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Women's 100 Meters

1	8	Diandrenique GAINES	SR	#1 Pittsburg State	11.33w	(3.8)	4/17
2	20	Ta'Mijha NICHOLS	SO	#3 Washburn	11.46w	(2.7)	5/4
3	41	Jamiya MORGAN	SR	#1 Pittsburg State {2}	11.60w	(2.1)	4/17
4	45	Jaurdin MALLORY	SO	#2 Northwest Misso	11.61w	(2.7)	5/4
5	49	Campbell BARTA	FR	#2 Northwest Misso{2}	11.62w	(2.4)	5/10
6	54	Kayvon NUBINE	FR	#1 Pittsburg State {3}	11.66w	(3.8)	4/17
7	59	McKenzie HAYSE	FR	#3 Washburn {2}	11.70	(1.2)	5/4
8	65	Maya PATTISON	JR	#3 Washburn {3}	11.73w	(2.7)	5/4
9	70	Alyssa HUTCHERSON	SR	#3 Washburn {4}	11.74	(1.7)	4/12
10	73	Sai BROOKINS-FLEMING	SO	#10 Central Oklahorr	11.75	(2.0)	4/12

Women's 100 Meter Hurdles

1	10	Kayvon NUBINE	FR	#1 Pittsburg State	13.57w	(2.2)	4/17
2	13	Blakelee WINN	SR	#1 Pittsburg State {2}	13.59w	(2.5)	5/4
3	16	Ashyiria SAVAGE	JR	#6 Missouri Southei	13.66w	(2.2)	4/17
4	23	Isabelle PETERS	SR	#1 Pittsburg State {3}	13.73	(0.0)	5/10
5	41	Aryah MOORE	FR	#6 Missouri Southei{2}	14.02w	(2.4)	5/4
6	58	Grace HILL	SO	#2 Northwest Misso	14.24	(0.0)	5/10
7	59	Naiuri KREIN	JR	#3 Washburn	14.26	(-0.4)	5/4
8	85	Kaylee JAMES	JR	#3 Washburn {2}	14.41w	(2.5)	5/4
9	87	Deriayah LEE	SO	#10 Central Oklahorr	14.43w	(3.1)	3/22
10	90	Payton PHILLIPS	SO	#1 Pittsburg State {4}	14.45w	(2.3)	5/4

Women's 200 Meters

1	3	Diandrenique GAINES	SR	#1 Pittsburg State	23.06	(0.5)	5/4
2	23	Jamiya MORGAN	SR	#1 Pittsburg State {2}	23.51	(-0.8)	5/4
3	47	Tiffany HUGHEY	SR	#2 Northwest Misso	23.96	(1.5)	4/11
4	50	Sai BROOKINS-FLEMING	SO	#10 Central Oklahorr	23.98	(0.3)	5/11
5	56	Brooklynn HOLTMAN	JR	#5 Central Missouri	24.00	(-0.8)	5/4
6	81	Ta'Mijha NICHOLS	SO	#3 Washburn	24.21	(0.5)	5/4
7	87	Blakelee WINN	SR	#1 Pittsburg State {3}	24.24	(1.4)	4/11
8		Kyah LUHRING	SR	#2 Northwest Misso{2}	24.36	(2.0)	5/10
8		McKenzie HAYSE	FR	#3 Washburn {2}	24.36	(-0.8)	5/4
10		Chloe SAENZ	SR	#2 Northwest Misso{3}	24.37	(0.6)	4/17

Women's 400 Meters

1	5	Tiffany HUGHEY	SR	#2 Northwest Misso	52.47		5/4
2	18	Melanie ROLAND	JR	#2 Northwest Misso{2}	53.64		5/9
3	20	Chloe SAENZ	SR	#2 Northwest Misso{3}	53.76		5/4
4	24	Kereser AUGUSTIN	JR	#3 Washburn	54.00		5/9
5	43	Treasure VALLERIE	SO	#10 Central Oklahorr	54.78		4/26
6	46	Sai BROOKINS-FLEMING	SO	#10 Central Oklahorr{2}	54.86		5/11
7	65	Kinleigh HALL	JR	#1 Pittsburg State	55.31		5/4
8	76	Isabella KUPKA	JR	#3 Washburn {2}	55.59		5/4
9	77	Jamiya MORGAN	SR	#1 Pittsburg State {2}	55.62		3/28
10	91	Brooklynn HOLTMAN	JR	#5 Central Missouri	55.78		4/11

Women's 400 Meter Hurdles

1	22	Abigael REID	SR	#8 Emporia State	59.95		5/4
2	28	Anjelena CARDER	FR	#2 Northwest Misso	1:00.17		5/10
3	30	Deriayah LEE	SO	#10 Central Oklahorr	1:00.27		5/11
4	31	Reba MADER	JR	#7 Fort Hays State	1:00.33		5/10
5	33	Jaedy COMMINS	SR	#2 Northwest Misso{2}	1:00.37		4/17
6	84	Ashley HEAVNER	JR	#3 Washburn	1:02.90		4/19
7		Isabella DAVIE	FR	#8 Emporia State {2}	1:04.46		3/28
8		Isabel VIKOLER	SO	#8 Emporia State {3}	1:04.94		3/28
9		Kinzley CANTWELL	FR	#6 Missouri Southei	1:05.94		4/17
10		Cortney KNUTSON	FR	#5 Central Missouri	1:06.40		5/4

Women's 800 Meters

1	16	Kate STRADER	SR	#1 Pittsburg State	2:07.78		4/25
2	23	Jadyn BARNES	SO	#2 Northwest Misso	2:08.58		5/4
3	28	Claire BRUENING	SR	#1 Pittsburg State {2}	2:08.88		5/4
4	30	Lydia MCGLOCKLIN	JR	#2 Northwest Misso{2}	2:08.98		5/10
5	32	Marie DEA	FR	#2 Northwest Misso{3}	2:09.38		5/4
6	66	Federica LEGA	SR	#2 Northwest Misso{4}	2:12.32		5/9
7	78	Lexie FONTAINE	JR	#3 Washburn	2:13.08		5/4
8		Charis ROBINSON	SO	#4 Neb.-Kearney	2:13.61		5/10
9		Kassidy STUCKEY	FR	#4 Neb.-Kearney {2}	2:14.28		4/19
10		Maeli MEIER	JR	#4 Neb.-Kearney {3}	2:15.73		5/4

Women's 1500 Meters

1	6	Kate STRADER	SR	#1 Pittsburg State	4:19.24		5/9
2	26	Paige MULLEN	SO	#1 Pittsburg State {2}	4:24.47		4/25
3	33	Claire BRUENING	SR	#1 Pittsburg State {3}	4:25.66		5/4
4	39	Kassidy STUCKEY	FR	#4 Neb.-Kearney	4:27.08		5/8
5	48	Lydia MCGLOCKLIN	JR	#2 Northwest Misso	4:29.47		5/4
6	51	Cadence CORDOVA	SO	#11 Rogers State	4:29.74		4/18
7	75	Olivia BAKKER	FR	#2 Northwest Misso{2}	4:32.55		5/4
8	92	Mayson HARTLEY	SO	#2 Northwest Misso{3}	4:34.40		5/4
9		Hannah GIBSON	SO	#1 Pittsburg State {4}	4:35.15		4/25
10		Emily DIERCKS	JR	#7 Fort Hays State	4:36.45		4/19

Women's Steeplechase

1	18	Eve WEBER	SR	#3 Washburn	10:32.21		5/9
2	30	Marissa DICK	SR	#1 Pittsburg State	10:42.82		4/18
3	31	Brynn HIRSCHFELD	JR	#4 Neb.-Kearney	10:44.96		4/26
4	72	Whitney POST	JR	#2 Northwest Misso	11:12.83		5/4
5	84	Makenzie PREMIER	FR	#7 Fort Hays State	11:15.30		5/4
6	86	Mayson HARTLEY	SO	#2 Northwest Misso{2}	11:16.05		5/4
7		Kayanna ADAMS	SR	#6 Missouri Southei	11:23.04		5/4
8		Ava GEHLEN	FR	#2 Northwest Misso{3}	11:48.99		4/25
9		Emma BARTHOLOME	FR	#8 Emporia State	11:54.30		4/4
10		Brenna MURPHY	SO	#7 Fort Hays State {2}	11:55.54		5/4



Conference TFRI Event Summary



MIAA

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Women's 5000 Meters

1	13	Paige MULLEN	SO	#1 Pittsburg State	16:11.62	3/28
2	49	Hannah GIBSON	SO	#1 Pittsburg State {2}	16:52.18	3/28
3	57	Emily DIERCKS	JR	#7 Fort Hays State	16:55.67	4/12
4	91	Lorna RAE PIERCE	FR	#1 Pittsburg State {3}	17:11.31	4/11
5	93	Cadence CORDOVA	SO	#11 Rogers State	17:11.59	5/8
6		Marissa DICK	SR	#1 Pittsburg State {4}	17:14.56	5/4
7		Katie BYRD	SR	#11 Rogers State {2}	17:18.43	4/18
8		Lou MAQUAIRE	JR	#2 Northwest Misso	17:18.95	4/11
9		Reece EWOLDT	FR	#4 Neb.-Kearney	17:24.74	4/12
10		Lilah GENEL	JR	#6 Missouri Southei	17:26.41	5/4

Women's 10,000 Meters

1	9	Paige MULLEN	SO	#1 Pittsburg State	34:22.37	4/18
2	13	Hannah GIBSON	SO	#1 Pittsburg State {2}	34:33.04	4/18
3	20	Emily DIERCKS	JR	#7 Fort Hays State	34:46.53	5/8
4	40	Lorna RAE PIERCE	FR	#1 Pittsburg State {3}	35:43.37	5/4
5	50	Katie BYRD	SR	#11 Rogers State	35:59.57	5/4
6	74	Grace BONSALE	SR	#4 Neb.-Kearney	36:39.22	5/4
7	87	Emma WEINER	FR	#7 Fort Hays State {2}	37:04.20	5/4
8	91	Hailey NELSON	JR	#6 Missouri Southei	37:06.57	5/4
9		Abby KINNEY	SR	#9 Missouri Westerr	37:35.86	5/4
10		Rayna KUCHARYSKI	SO	#11 Rogers State {2}	37:42.96	5/4

Women's 4x100 Relay

1	5	Kayvon Nubine, Diandrenique Gaines, Jamiya Morgan, Blakelee Winn		#1 Pittsburg State	44.65	4/25
2	8	Ta'Mijha Nichols, Alyssa Hutcherson, Maya Pattison, McKenzie Hayse		#3 Washburn	44.87	5/4
3	16	Chloe Saenz, Jaurdin Mallory, Kyah Luhrling, Campbell Barta		#2 Northwest Misso	45.30	5/4
4	43	Emily Meeks, Brooklynn Holtman, Marissa Austene, Kylee Terry		#5 Central Missouri	46.43	5/4
5	79	Kerrigan Huynh, Treasure Vallerie, Sai Brookins-Fleming, Genevieve Young		#10 Central Oklahorr	47.35	3/29
6	83	Aryah Moore, Morgan Pork, Ashyiria Savage, Maggie Kauk		#6 Missouri Southei	47.42	3/29
7		Aaliyah Franklin, Maeli Meier, Koral Schmidt, Abby Rose		#4 Neb.-Kearney	48.09	5/4
8		Josie Orear, Jayda Harris, Hailey Anderson, Barbara Bentum		#8 Emporia State	49.26	5/4

Women's 4x400 Relay

1	4	Chloe Saenz, Jady Barnes, Melanie Roland, Tiffany Hughey		#2 Northwest Misso	3:37.19	4/18
2	19	Diandrenique Gaines, Blakelee Winn, Kinleigh Hall, Jamiya Morgan		#1 Pittsburg State	3:40.28	4/25
3	24	Kaylee James, Isabella Kupka, Naiuri Krein, Kereser Augustin		#3 Washburn	3:43.48	5/4
4	25	Kylee Terry, Emily Meeks, Brooklynn Holtman, Anayla Waters		#5 Central Missouri	3:43.57	5/4
5	38	Kerrigan Huynh, Treasure Vallerie, Genevieve Young, Deriyah Lee		#10 Central Oklahorr	3:46.87	5/4
6	49	Abigael Reid, Barbara Bentum, Isabel Vikoler, Mason Bina		#8 Emporia State	3:49.37	5/4
7	69	Maeli Meier, Charis Robinson, Koral Schmidt, Abby Rose		#4 Neb.-Kearney	3:52.68	5/4
8	84	Amelia Foster, Makenzie Premer, Eden Bathurst, Reba Mader		#7 Fort Hays State	3:55.05	5/4
9		Aneesa Abdul- Hameed, Yesenia Carrillo, Haley Sampson, Bailey Cutler		#9 Missouri Westerr	3:57.38	5/4

Women's High Jump

1	1	Rachel WILSON	JR	#1 Pittsburg State	1.85m	6-¾	5/4
2	5	Haleigh HADLEY	SR	#1 Pittsburg State {2}	1.75m	5-8¾	4/12
3	10	Haila LEAKE	FR	#1 Pittsburg State {3}	1.73m	5-8	5/10
4	26	Tasia SADLER	FR	#4 Neb.-Kearney	1.70m	5-7	5/4
5	36	Brianna RUSSELL	JR	#4 Neb.-Kearney {2}	1.68m	5-6	4/19
6	68	Coryn FAIR	FR	#6 Missouri Southei	1.65m	5-5	5/10
7	99	Brooklyn STAAB	SR	#4 Neb.-Kearney {3}	1.63m	5-4¼	4/19
7	99	Bethany UMBARGER	FR	#1 Pittsburg State {4}	1.63m	5-4¼	4/11
9		Blakelee WINN	SR	#1 Pittsburg State {5}	1.61m	5-3¼	4/11
10		Keira JONES	FR	#4 Neb.-Kearney {4}	1.60m	5-3	5/10



Conference TFRI Event Summary



MIAA

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Women's Pole Vault

1	4	Annabeth BAALMANN	JR	#7 Fort Hays State	4.28m	14-½	5/4
2	5	Kyla DAVIS	SR	#1 Pittsburg State	4.26m	13-11¾	4/25
2	5	Isabelle PETERS	SR	#1 Pittsburg State	4.26m	13-11¾	4/25
4	7	Isabel DEMARCO DE QUADROS	FR	#3 Washburn	4.20m	13-9¼	4/19
5	11	Cannon BOOKER	FR	#1 Pittsburg State {3}	4.07m	13-4¼	3/28
6	15	Abby HOBBS	JR	#6 Missouri Southern	3.98m	13-¾	5/9
7	27	Quincey TURNER	FR	#1 Pittsburg State {4}	3.88m	12-8¾	5/4
8	30	Mia MANLEY	JR	#8 Emporia State	3.87m	12-8¼	3/28
8	30	Reagan HOUSLEY	SO	#3 Washburn {2}	3.87m	12-8¼	3/28
10	36	Emma HOBBS	JR	#6 Missouri Southern	3.82m	12-6¼	5/10

Women's Long Jump

1	6	Blakelee WINN	JR	#1 Pittsburg State	6.34mw	20-9¾ (2.9)	4/10
2	19	Brooklyn BAKER	FR	#1 Pittsburg State {2}	6.10m	20-¼ (1.2)	5/10
3	23	Makayla WATSON	JR	#1 Pittsburg State {3}	6.06mw	19-10¾ (3.5)	5/10
4	30	Makayla PAVELKA	JR	#1 Pittsburg State {4}	6.01m	19-8¾ (1.7)	5/10
5	33	Marissa AUSTENE	FR	#5 Central Missouri	5.97mw	19-7 (2.2)	3/29
6	56	Campbell BARTA	FR	#2 Northwest Missouri	5.85mw	19-2½ (2.3)	5/4
7	75	Isabelle PETERS	SR	#1 Pittsburg State {5}	5.77m	18-11¼ (1.4)	5/10
8	82	Jayne HAGERMAN	SO	#7 Fort Hays State	5.74m	18-10 (1.8)	4/12
9	94	McKenzie HAYSE	FR	#3 Washburn	5.70mw	18-8½ (3.0)	5/4
10		Phoebe THOMPSON	FR	#5 Central Missouri {2}	5.69mw	18-8 (3.0)	3/29

Women's Triple Jump

1	21	Makayla PAVELKA	JR	#1 Pittsburg State	12.18m	39-11½ (1.0)	5/10
2	43	Theresa OSEI	FR	#3 Washburn	11.87m	38-11½ (0.5)	5/4
3	60	Kinley SMITH	SO	#1 Pittsburg State {2}	11.78m	38-7¾ (0.6)	5/4
4	68	Brooklyn BAKER	FR	#1 Pittsburg State {3}	11.72mw	38-5½ (3.7)	4/17
5	73	Myah MORRIS	JR	#5 Central Missouri	11.68mw	38-4 (3.2)	4/19
6	94	Renee NICHOL	SR	#8 Emporia State	11.52mw	37-9½ (2.8)	3/28
7	100	Jayda HARRIS	JR	#8 Emporia State {2}	11.49m	37-8½ (1.4)	3/28
8		Marissa AUSTENE	FR	#5 Central Missouri {2}	11.38m	37-4 (0.5)	4/26
9		Jayne HAGERMAN	SO	#7 Fort Hays State	11.32mw	37-1¾ (3.2)	4/12
10		Abbey HENRY	FR	#9 Missouri Western	11.26mw	36-11½ (3.2)	3/29

Women's Shot Put

1	4	Makenzie GARR	SO	#9 Missouri Western	15.82m	51-11	5/9
2	6	Dailynn VANDEREN	FR	#6 Missouri Southern	15.69m	51-5¾	5/4
3	7	Briar GILLUM	SO	#6 Missouri Southern {2}	15.58m	51-1½	4/4
4	13	Madison MEARS	JR	#5 Central Missouri	15.02m	49-3½	5/4
5	20	Kirsten WOMACK	SO	#6 Missouri Southern {3}	14.68m	48-2	5/9
6	25	Allyssa MAHONE	SR	#9 Missouri Western {2}	14.48m	47-6¼	3/29
6	25	Abby LASITER	JR	#1 Pittsburg State	14.48m	47-6¼	4/17
8	43	Adriel HOLLOWAY	JR	#3 Washburn	13.94m	45-9	5/4
9	46	Kelsey FIELDS	FR	#2 Northwest Missouri	13.88m	45-6½	5/4
10	62	Lily NOVACEK	JR	#4 Neb.-Kearney	13.62m	44-8¼	4/5

Women's Discus

1	5	Kirsten WOMACK	SO	#6 Missouri Southern	51.81m	170-0	4/26
2	6	Ilaria VILLA	JR	#3 Washburn	51.73m	169-9	3/28
3	8	Madison SMITH	FR	#4 Neb.-Kearney	50.21m	164-9	4/12
4	10	Makenzie GARR	SO	#9 Missouri Western	49.47m	162-4	4/11
5	16	Emma SLADE	FR	#7 Fort Hays State	48.81m	160-2	3/28
6	17	Briar GILLUM	SO	#6 Missouri Southern {2}	48.68m	159-9	4/17
7	26	Lily NOVACEK	JR	#4 Neb.-Kearney {2}	47.55m	156-0	5/9
8	32	Toree SLAVIK	SO	#4 Neb.-Kearney {3}	46.92m	153-11	3/28
9	33	Addison HINTERWEGER	JR	#1 Pittsburg State	46.82m	153-8	4/17
10	35	Rachael MOLLOY	SR	#5 Central Missouri	46.56m	152-9	4/17

Women's Hammer

1	1	Lily NOVACEK	JR	#4 Neb.-Kearney	64.54m	211-9	5/4
2	8	Rachael MOLLOY	SR	#5 Central Missouri	59.92m	196-7	5/10
3	10	Dailynn VANDEREN	FR	#6 Missouri Southern	58.59m	192-3	4/11
4	11	Paola CASTALDI	SR	#3 Washburn	58.53m	192-1	4/19
5	13	Kirsten WOMACK	SO	#6 Missouri Southern {2}	57.78m	189-7	5/4
6	16	Abby LASITER	JR	#1 Pittsburg State	57.14m	187-6	4/11
7	18	Briar GILLUM	SO	#6 Missouri Southern {3}	56.93m	186-10	5/4
8	23	Adriel HOLLOWAY	JR	#3 Washburn {2}	56.11m	184-1	5/10
9	34	Addison HINTERWEGER	JR	#1 Pittsburg State {2}	54.28m	178-1	4/11
10	36	Liberty BOOKER	JR	#7 Fort Hays State	54.05m	177-4	4/25

Women's Javelin

1	1	Addison THROCKMORTON	FR	#5 Central Missouri	52.04m	170-9	5/4
2	4	Keilee JOHNSON	SO	#6 Missouri Southern	50.12m	164-5	3/28
3	6	Luisarys TOLEDO	JR	#2 Northwest Missouri	49.19m	161-5	3/28
4	8	Ally FOX	SO	#5 Central Missouri {2}	48.03m	157-7	5/4
5	10	Olivia VANDERWEIDE	SO	#1 Pittsburg State	47.26m	155-1	3/23
6	12	Karsyn KANSLER	SO	#5 Central Missouri {3}	47.02m	154-3	3/29
7	13	Adrienne CASEY	SO	#6 Missouri Southern {2}	46.87m	153-9	5/10
8	20	Shelby SOGAARD	JR	#1 Pittsburg State {2}	45.89m	150-7	5/4
9	24	Gracie RINER	FR	#1 Pittsburg State {3}	44.95m	147-6	3/29
10	32	Ally TRIER	SO	#8 Emporia State	43.34m	142-2	5/4

Women's Heptathlon

1	2	Blakelee WINN	SR	#1 Pittsburg State	5,780		4/11
2	10	Naiuri KREIN	JR	#3 Washburn	5,252		5/4
3	24	Payton PHILLIPS	SO	#1 Pittsburg State {2}	4,869		5/4
4	34	Maggie SALSBUURY	FR	#1 Pittsburg State {3}	4,771		4/11
5	36	Maggie KAUK	SO	#6 Missouri Southern	4,745		5/4
6	42	Kristen JONES	SO	#5 Central Missouri	4,654		3/29
7	57	Isabel VIKOLER	SO	#8 Emporia State	4,546		5/4
8	92	Scarlett BEGLEY	SO	#8 Emporia State {2}	4,197		4/12
9		Kylin RUDZIK	JR	#7 Fort Hays State	3,141		5/4



Conference TFRI Event Summary



Mountain East

as of 5/20/2025 6:54:08 AM ET

Women's 100 Meters

1	70	Colette PATTI	SO	#1 Charleston (W.V.)	11.74	(-1.3)	4/4
2	86	Candace MORRIS	SO	#5 West Virginia Sta	11.81w	(2.4)	4/19
3		Zoe LEDET	SO	#5 West Virginia Sta{2}	12.05	(1.9)	5/9
4		Antiya MCALISTER	SO	#5 West Virginia Sta{3}	12.07	(1.9)	5/9
5		Diamond RUSH	SR	#2 Point Park (Pa.)	12.09	(1.1)	4/14
6		Ky'Ara ROSS	SO	#4 West Liberty Sta	12.15	(-0.3)	4/29
7		Valerie BOARDS	JR	#9 Frostburg State	12.21	(1.5)	4/12
8		Ayanna WOODS	SO	#3 West Virginia We	12.33	(1.4)	4/14
8		Sierra LANHAM	JR	#4 West Liberty Sta{2}	12.33	(-0.3)	4/29
10		Isabella MASTRIA	SO	#9 Frostburg State {2}	12.37	(1.3)	4/19

Women's 100 Meter Hurdles

1	53	Zoe MCDONALD	SO	#5 West Virginia Sta	14.17	(0.6)	5/9
2	98	Emma ROEMER	SO	#2 Point Park (Pa.)	14.48	(0.2)	4/18
3		Samantha CASH	SR	#3 West Virginia We	14.86	(-0.2)	4/29
4		Jorden GOLDEN	FR	#3 West Virginia We{2}	14.90	(-0.5)	4/29
5		Marissa SCOTT	SO	#4 West Liberty Sta	15.06	(-1.2)	4/18
6		Cassidy HAMMONDS	FR	#6 Concord	15.07	(-0.2)	4/29
7		Minke ENGELBRECHT	SO	#1 Charleston (W.V.)	15.08	(-0.5)	4/29
8		Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.){2}	15.34	(1.2)	4/4
9		Ayanna WOODS	SO	#3 West Virginia We{3}	15.36	(-0.2)	4/29
10		Isabella MASTRIA	SO	#9 Frostburg State	15.47	(0.6)	4/29

Women's 200 Meters

1	65	Candace MORRIS	SO	#5 West Virginia Sta	24.07	(-0.7)	4/29
2	92	Colette PATTI	SO	#1 Charleston (W.V.)	24.27	(-0.7)	4/29
3		Zoe LEDET	SO	#5 West Virginia Sta{2}	24.31	(-0.7)	4/29
4		Diamond RUSH	SR	#2 Point Park (Pa.)	24.55w	(3.0)	4/14
5		Valerie BOARDS	JR	#9 Frostburg State	24.63w	(2.1)	4/29
6		Maya CLARK	SO	#1 Charleston (W.V.){2}	24.66	(0.8)	4/29
7		Ky'Ara ROSS	SO	#4 West Liberty Sta	24.73	(0.8)	4/29
8		Antiya MCALISTER	SO	#5 West Virginia Sta{3}	24.76w	(2.1)	4/29
9		Jaime PRESTON	SO	#5 West Virginia Sta{4}	25.03w	(3.9)	4/5
10		Ayanna WOODS	SO	#3 West Virginia We	25.16w	(3.7)	4/14

Women's 400 Meters

1	52	Maya CLARK	SO	#1 Charleston (W.V.)	55.05		4/29
2	98	Jaime PRESTON	SO	#5 West Virginia Sta	55.94		4/29
3		Diamond RUSH	SR	#2 Point Park (Pa.)	55.97		4/29
4		Jayla WOODS	FR	#5 West Virginia Sta{2}	56.18		4/29
5		Candace MORRIS	SO	#5 West Virginia Sta{3}	56.91		3/29
6		Brookelyn REYNOLDS	SO	#4 West Liberty Sta	57.42		4/29
7		Paige MARNELL	FR	#2 Point Park (Pa.) {2}	58.39		4/29
8		Lucy CROWE	SO	#9 Frostburg State	58.54		4/29
9		Deja Simone CURRY-BROWN	SO	#5 West Virginia Sta{4}	58.94		4/29
10		Antiya MCALISTER	SO	#5 West Virginia Sta{5}	59.05		5/8

Women's 400 Meter Hurdles

1	79	Samantha CASH	SR	#3 West Virginia We	1:02.76		4/29
2	80	Jorden GOLDEN	FR	#3 West Virginia We{2}	1:02.81		4/29
3		Camila HOYA	SR	#1 Charleston (W.V.)	1:04.76		4/29
4		Keala MCCURRY	SR	#10 Wheeling	1:04.80		4/29
5		Casey COLCOMBE	FR	#2 Point Park (Pa.)	1:05.79		4/29
6		Zoe MCDONALD	SO	#5 West Virginia Sta	1:06.41		4/29
7		Marimo AKITA	JR	#3 West Virginia We{3}	1:06.72		4/29
8		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.) {2}	1:06.85		4/14
9		Lindsay SIMMONS	SO	#2 Point Park (Pa.) {3}	1:06.99		4/29
10		Madelyn CISAR	FR	#4 West Liberty Sta	1:07.82		5/3

Women's 800 Meters

1	59	Beth SYKES	JR	#1 Charleston (W.V.)	2:12.13		4/18
2		Lauren TWYMAN	JR	#8 Davis and Elkins	2:15.48		4/12
3		Dakota JOHNSON	JR	#3 West Virginia We	2:15.73		4/29
4		Natalie BARR	SO	#7 Glenville State	2:15.85		4/29
5		Allison PLASSIO	SR	#2 Point Park (Pa.)	2:16.29		4/29
6		Jana SCHMID	SR	#2 Point Park (Pa.) {2}	2:16.61		4/18
7		Marina BARAHONA	SR	#1 Charleston (W.V.){2}	2:17.65		4/4
8		Emily WALLACE	SR	#6 Concord	2:17.71		4/12
9		Amanda FERRANTE	FR	#1 Charleston (W.V.){3}	2:18.00		4/29
10		Madison WOOLWINE	SR	#1 Charleston (W.V.){4}	2:19.12		4/4

Women's 1500 Meters

1	45	Beth SYKES	JR	#1 Charleston (W.V.)	4:28.88		4/18
2	65	Lauren TWYMAN	JR	#8 Davis and Elkins	4:31.81		4/12
3		Madison WOOLWINE	SR	#1 Charleston (W.V.){2}	4:37.22		4/29
4		Emily WALLACE	SR	#6 Concord	4:40.12		4/29
5		Savanna HARDMAN	JR	#8 Davis and Elkins {2}	4:40.54		3/29
6		Allison PLASSIO	SR	#2 Point Park (Pa.)	4:41.50		5/9
7		Amanda FERRANTE	FR	#1 Charleston (W.V.){3}	4:43.07		4/29
8		Jana SCHMID	SR	#2 Point Park (Pa.) {2}	4:44.19		3/29
9		Natalie BARR	SO	#7 Glenville State	4:44.34		3/22
10		Ella HESSON	SR	#8 Davis and Elkins {3}	4:44.78		4/12

Women's Steeplechase

1	53	Leigha HALL	SR	#3 West Virginia We	11:01.46		4/29
2	99	Lindsey DILLON	FR	#3 West Virginia We{2}	11:20.65		4/29
3		Ella HESSON	SR	#8 Davis and Elkins	11:21.30		4/5
4		Lotte ZETHOF	JR	#2 Point Park (Pa.)	11:37.68		4/29
5		Sierra TAYLOR	SO	#8 Davis and Elkins {2}	11:49.99		4/12
6		Jenna BARNETT	FR	#7 Glenville State	11:51.75		4/29
7		Hannah SCHAUMAN	SO	#9 Frostburg State	11:52.26		4/29
8		Alina VALLENTGOED	FR	#8 Davis and Elkins {3}	12:07.67		4/12
9		Aubrey PAES	FR	#3 West Virginia We{3}	12:27.71		4/29
10		Kate KELLY	FR	#6 Concord	12:35.77		4/29



Conference TFRI Event Summary



Mountain East

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Women's 5000 Meters

1	79	Cassandra O'CONNOR	SO	#2 Point Park (Pa.)	17:04.96	4/14
2	82	Leigha HALL	SR	#3 West Virginia We	17:06.24	4/14
3		Savanna HARDMAN	JR	#8 Davis and Elkins	17:20.88	4/5
4		Lauren TWYMAN	JR	#8 Davis and Elkins {2}	17:26.45	3/29
5		Lydia FALKENSTEIN	FR	#8 Davis and Elkins {3}	17:32.09	4/5
6		Madison WOOLWINE	SR	#1 Charleston (W.V.)	17:38.84	4/18
7		Natalie BARR	SO	#7 Glenville State	17:59.77	4/4
8		Allison PLASSIO	SR	#2 Point Park (Pa.) {2}	18:11.67	3/29
9		Zoe BELSHAN	SO	#8 Davis and Elkins {4}	18:27.77	4/12
10		Brooke JACOBS	SO	#8 Davis and Elkins {5}	18:41.68	4/12

Women's 10,000 Meters

1	56	Cassandra O'CONNOR	SO	#2 Point Park (Pa.)	36:16.83	4/29
2	65	Lydia FALKENSTEIN	FR	#8 Davis and Elkins	36:30.81	4/29
3	75	Savanna HARDMAN	JR	#8 Davis and Elkins {2}	36:40.45	4/29
4		Leigha HALL	SR	#3 West Virginia We	38:22.35	4/29
5		Taylor HESS	FR	#3 West Virginia We {2}	38:46.55	4/29
6		Madison CORNETT	SR	#6 Concord	39:11.20	3/15
7		Amy TARCZA	SR	#9 Frostburg State	39:13.44	4/12
8		Mercy JEPLETING	SR	#1 Charleston (W.V.)	39:38.47	4/29
9		Morgan LESNANSKY	JR	#4 West Liberty Sta	39:45.12	4/29
10		Katy WALKUP	JR	#6 Concord {2}	39:47.16	3/22

Women's 4x100 Relay

1	32	#Type!	#5 West Virginia Sta	45.96	4/29
2	52	#Type!	#1 Charleston (W.V.)	46.70	4/29
3	80	#Type!	#4 West Liberty Sta	47.38	4/29
4		Isabella Mastria, Lucy Crowe, Erin Collins, Valerie Boards	#9 Frostburg State	47.98	3/29
5		#Type!	#6 Concord	49.80	4/29
6		Casey Colcombe, Diamond Rush, RaKeya Ellsberry, Emma Roemer	#2 Point Park (Pa.)	50.03	3/22
7		#Type!	#7 Glenville State	50.38	4/29
8		#Type!	#3 West Virginia We	50.97	4/29

Women's 4x400 Relay

1	50	#Type!	#5 West Virginia Sta	3:49.50	4/29
2	76	#Type!	#1 Charleston (W.V.)	3:54.17	4/29
3		#Type!	#2 Point Park (Pa.)	3:59.57	4/29
4		#Type!	#6 Concord	4:01.88	4/29
5		#Type!	#3 West Virginia We	4:03.36	4/29
6		Lucy Crowe, Erin Collins, Isabella Mastria, Valerie Boards	#9 Frostburg State	4:03.51	3/29
7		#Type!	#7 Glenville State	4:07.15	4/29
8		#Type!	#4 West Liberty Sta	4:13.84	4/29
9		#Type!	#8 Davis and Elkins	4:24.42	4/29
10		#Type!	#10 Wheeling	5:00.58	4/29

Women's High Jump

1	24	Cierra PARKER	FR	#6 Concord	1.71m	5-7¼	3/22
2	36	Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.)	1.68m	5-6	4/29
3		Samantha CASH	SR	#3 West Virginia We	1.62m	5-3¾	4/29
4		Jessica WILLIAMS	SO	#3 West Virginia We {2}	1.55m	5-1	4/5
4		Hailey HARRIS	FR	#4 West Liberty Sta	1.55m	5-1	4/29
6		Bridgette KNAPP	JR	#7 Glenville State	1.53m	5-¼	4/4
7		Tara PERRY	SR	#10 Wheeling	1.52m	4-11¾	3/29
8		Makayla RICE	JR	#2 Point Park (Pa.) {2}	1.50m	4-11	4/18
8		Casey COLCOMBE	FR	#2 Point Park (Pa.) {2}	1.50m	4-11	4/18
8		Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.)	1.50m	4-11	4/12

Women's Pole Vault

1	47	Keala MCCURRY	SR	#10 Wheeling	3.74m	12-3¼	4/19
2		Jordyn TAYLOR	FR	#7 Glenville State	3.20m	10-6	4/29
3		Courtney HURST	FR	#10 Wheeling {2}	3.19m	10-5½	4/19
4		Abby MCDONOUGH	SO	#3 West Virginia We	3.05m	10-0	4/29
4		Clover STAMAT	FR	#3 West Virginia We	3.05m	10-0	3/29
6		Ava CASH	FR	#4 West Liberty Sta	2.90m	9-6¼	3/29
7		Marimo AKITA	JR	#3 West Virginia We {3}	2.75m	9-¼	4/29
7		Regan SIVIC	FR	#9 Frostburg State	2.75m	9-¼	3/22
9		Marissa SCOTT	SO	#4 West Liberty Sta {2}	2.60m	8-6¼	4/29
10		Sara LOWE	JR	#7 Glenville State {2}	2.45m	8-½	3/29
10		Bridgette KNAPP	JR	#7 Glenville State {2}	2.45m	8-½	3/29

Women's Long Jump

1	13	Ky'Ara ROSS	SO	#4 West Liberty Sta	6.13m	20-1½ (-3.0)	3/28
2	69	Isabella MASTRIA	SO	#9 Frostburg State	5.78m	18-11¾ (-0.)	4/29
3	94	Cassidy HAMMONDS	FR	#6 Concord	5.70m	18-8½ (0.5)	4/29
4		Sierra LANHAM	JR	#4 West Liberty Sta {2}	5.69m	18-8 (-3.4)	3/29
5		Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.)	5.68m	18-7¾ (0.8)	4/12
6		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.)	5.52m	18-1½ (0.6)	4/29
6		Stefani VASILEVA	JR	#1 Charleston (W.V.) {2}	5.52m	18-1½ (1.0)	4/29
8		Emma ROEMER	SO	#2 Point Park (Pa.) {2}	5.38m	17-8 (-0.7)	4/29
9		Sydney PFEIFFER	FR	#1 Charleston (W.V.) {3}	5.37m	17-7½ (1.6)	3/21
10		Kayla LEMKUS	SR	#1 Charleston (W.V.) {4}	5.36m	17-7 (1.9)	4/29

Women's Triple Jump

1	25	Stefani VASILEVA	JR	#1 Charleston (W.V.)	12.17m	39-11¼ (0.8)	4/29
2	37	Samantha CASH	SR	#3 West Virginia We	11.98mw	39-3¾ (3.2)	4/5
3	50	Laura DELGADO DE TORRES	JR	#1 Charleston (W.V.) {2}	11.83m	38-9¾ (-0.1)	3/29
4		Kayla LEMKUS	SR	#1 Charleston (W.V.) {3}	11.03m	36-2¼ (0.0)	4/29
5		Camila HOYA	SR	#1 Charleston (W.V.) {4}	10.72mw	35-2 (2.6)	4/18
6		Cassidy HAMMONDS	FR	#6 Concord	10.35mw	33-11½ (3.4)	4/5
7		Luchama LUBIN	SR	#2 Point Park (Pa.)	10.29m	33-9¼ (1.1)	3/22
8		Makayla RICE	JR	#2 Point Park (Pa.) {2}	10.25m	33-7½ (0.0)	4/29
9		Ava HOFFMAN	FR	#4 West Liberty Sta	10.21m	33-6 (0.0)	4/29
10		Regan SIVIC	FR	#9 Frostburg State	10.20m	33-5¾ (-2.1)	3/29



Conference TFRI Event Summary



Mountain East

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Women's Shot Put

1	71	Janae SCOTT	JR	#7 Glenville State	13.47m	44-2½	4/29
2		Abby MCKINNEY	JR	#1 Charleston (W.V.)	12.93m	42-5¼	4/18
3		Addy COTTRILL	JR	#7 Glenville State {2}	12.56m	41-2½	4/14
4		Brooke BURNS	SR	#1 Charleston (W.V.) {2}	12.51m	41-½	4/29
5		Mallory MCGINNIS	SO	#3 West Virginia We	12.38m	40-7½	4/29
6		Mallory CROWDER	SO	#1 Charleston (W.V.) {3}	12.29m	40-4	4/29
7		Pamela KANDRACH	FR	#4 West Liberty Sta	12.20m	40-½	4/29
8		Ella NILSSON	SO	#1 Charleston (W.V.) {4}	11.85m	38-10½	4/12
9		Victoria COLON	SO	#5 West Virginia Sta	11.63m	38-2	4/29
10		Sierra DAVIS	SO	#4 West Liberty Sta {2}	11.52m	37-9½	4/13

Women's Discus

1	30	Brooke BURNS	SR	#1 Charleston (W.V.)	47.35m	155-4	4/4
2		Janae SCOTT	JR	#7 Glenville State	42.77m	140-4	4/4
3		Pamela KANDRACH	FR	#4 West Liberty Sta	42.21m	138-6	4/18
4		Sierra DAVIS	SO	#4 West Liberty Sta {2}	41.24m	135-4	4/19
5		Addy COTTRILL	JR	#7 Glenville State {2}	41.19m	135-2	4/18
6		Mallory MCGINNIS	SO	#3 West Virginia We	38.24m	125-6	4/18
7		Kalista MILNE	JR	#1 Charleston (W.V.) {2}	37.87m	124-3	4/18
8		Brianna BROWNING	JR	#7 Glenville State {3}	35.55m	116-8	3/22
9		Meagan POTICHER	SO	#6 Concord	35.42m	116-3	4/29
10		Mallory CROWDER	SO	#1 Charleston (W.V.) {3}	35.37m	116-1	4/4

Women's Hammer

1	12	Brooke BURNS	SR	#1 Charleston (W.V.)	58.50m	191-11	4/4
2		Addy COTTRILL	JR	#7 Glenville State	48.90m	160-5	4/4
3		Janae SCOTT	JR	#7 Glenville State {2}	48.69m	159-9	4/4
4		Ella NILSSON	SO	#1 Charleston (W.V.) {2}	47.92m	157-3	4/4
5		Abby MCKINNEY	JR	#1 Charleston (W.V.) {3}	47.38m	155-6	4/12
6		Mia HUBER	SO	#1 Charleston (W.V.) {4}	47.16m	154-9	4/29
7		Jacquelin LEAMAN	JR	#3 West Virginia We	46.01m	151-0	4/18
8		Mallory CROWDER	SO	#1 Charleston (W.V.) {5}	45.87m	150-6	4/29
9		Victoria COLON	SO	#5 West Virginia Sta	44.91m	147-4	4/19
10		Macy HILVERS	SO	#7 Glenville State {3}	44.72m	146-9	4/4

Women's Javelin

1		Kalista MILNE	JR	#1 Charleston (W.V.)	38.17m	125-3	4/12
2		Lilly JACKSON	JR	#6 Concord	35.07m	115-1	3/29
3		Cassidy HAMMONDS	FR	#6 Concord {2}	33.73m	110-8	4/29
4		Trinity ORTIZ	SR	#10 Wheeling	33.64m	110-5	4/13
5		Lina SINGLE	SO	#2 Point Park (Pa.)	33.58m	110-2	4/29
6		Brooklyn LUCAS	FR	#4 West Liberty Sta	32.30m	106-0	4/29
7		Meagan POTICHER	SO	#6 Concord {3}	31.81m	104-5	4/11
8		Bailee EINSPAHR	SO	#3 West Virginia We	31.19m	102-4	4/18
9		Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.) {2}	30.24m	99-2½	3/29
10		Sarah HEASLEY	FR	#9 Frostburg State	29.57m	97-¼	4/12

Women's Heptathlon

1	43	Cassidy HAMMONDS	FR	#6 Concord	4,635	4/29
2	46	Samantha CASH	SR	#3 West Virginia We	4,620	4/29
3	65	Dunya VAN DEN TOOREN	FR	#2 Point Park (Pa.)	4,454	4/29
4	94	Isabella MASTRIA	SO	#9 Frostburg State	4,175	4/29
5		Casey COLCOMBE	FR	#2 Point Park (Pa.) {2}	3,581	4/29
6		Emma ROEMER	SO	#2 Point Park (Pa.) {3}	3,417	3/29
7		Marimo AKITA	JR	#3 West Virginia We {2}	3,341	4/29
8		Ashley MARTIN	FR	#4 West Liberty Sta	3,008	4/29
9		Luchama LUBIN	SR	#2 Point Park (Pa.) {4}	2,976	4/29
10		Hannah BOND	SR	#2 Point Park (Pa.) {5}	2,881	3/29



Conference TFRI Event Summary



Northeast-10

as of 5/20/2025 6:54:08 AM ET

Women's 100 Meters

1	89	Kisha FRANCOIS	SR	#1 Southern Conne	11.82	(2.0)	5/11
2		Hope SINCLAIR	JR	#4 Southern New H	11.90w	(2.2)	5/11
3		Jada KAMTHA	SO	#3 New Haven	12.05	(0.6)	4/26
4		Rebecca CADY	SO	#2 Saint Anselm	12.29w	(4.0)	4/18
5		Lakaysha CLARKE	FR	#3 New Haven {2}	12.31w	(2.2)	5/11
6		Dardielle EXANTUS	SR	#1 Southern Conne{2}	12.41	(0.8)	4/19
7		Hannah SIPPEL	FR	#4 Southern New H{2}	12.43w	(4.0)	4/18
8		Shareve BLAIR	FR	#5 Adelphi	12.46	(0.6)	3/29
8		Issys PRICE	FR	#7 Franklin Pierce	12.46	(1.7)	4/19
10		Sidney CHAPMAN	SO	#7 Franklin Pierce {2}	12.47w	(2.7)	4/19

Women's 100 Meter Hurdles

1	38	Jada KAMTHA	SO	#3 New Haven	13.96w	(2.3)	5/11
2	39	Patrice MANSFIELD	JR	#1 Southern Conne	14.00w	(2.3)	5/11
3	74	Amari JOHNSON	SR	#5 Adelphi	14.36	(-0.3)	4/19
4		Katrina SULLIVAN	SO	#6 Assumption	14.76	(1.6)	5/11
5		Aniya BUSH	SO	#3 New Haven {2}	14.89w	(2.1)	4/19
6		Jordan WHEATON	SO	#4 Southern New H	14.94	(1.3)	4/14
7		Johnelle THOMAS	SR	#9 American Intern	15.12	(-2.2)	4/25
8		Briahna BOUCHARD	SR	#7 Franklin Pierce	15.15	(1.7)	4/26
9		Reese NICOLOSI	FR	#2 Saint Anselm	15.27	(1.2)	4/18
10		Ginny MULLEN	FR	#1 Southern Conne{2}	15.29	(1.6)	4/4

Women's 200 Meters

1	35	Hannah CAIOLA	JR	#1 Southern Conne	23.81w	(2.7)	5/11
2		Kisha FRANCOIS	SR	#1 Southern Conne{2}	24.85	(1.7)	5/3
3		Avery WINTERS	JR	#1 Southern Conne{3}	24.93	(-0.1)	5/3
4		Hope SINCLAIR	JR	#4 Southern New H	25.12	(0.0)	5/3
5		Patrice MANSFIELD	JR	#1 Southern Conne{4}	25.21w	(3.0)	4/4
6		Rebecca CADY	SO	#2 Saint Anselm	25.36	(1.8)	5/3
7		Dardielle EXANTUS	SR	#1 Southern Conne{5}	25.39w	(2.8)	4/19
8		Deja FITZPATRICK-BELL	FR	#1 Southern Conne{6}	25.42w	(3.3)	4/4
9		Lakaysha CLARKE	FR	#3 New Haven	25.45	(0.0)	5/3
10		Hannah SIPPEL	FR	#4 Southern New H{2}	25.48	(1.7)	5/3

Women's 400 Meters

1	2	Hannah CAIOLA	JR	#1 Southern Conne	52.36		4/19
2	93	Avery WINTERS	JR	#1 Southern Conne{2}	55.83		4/19
3		Hannah SIPPEL	FR	#4 Southern New H	57.07		5/3
4		Rayniah MERCEDAT	FR	#3 New Haven	57.98		5/3
5		Camille LOPEZ	SR	#6 Assumption	57.99		4/19
6		Fiona MALONEY	SR	#5 Adelphi	59.01		5/3
7		Samantha DUCHARME	FR	#2 Saint Anselm	59.09		5/11
8		Rebecca CADY	SO	#2 Saint Anselm {2}	59.28		4/19
9		Jada BONDS	FR	#3 New Haven {2}	59.92		5/3
10		Brianna COLE	SO	#1 Southern Conne{3}	1:00.23		5/3

Women's 400 Meter Hurdles

1	74	Reese NICOLOSI	FR	#2 Saint Anselm	1:02.61		5/3
2		Deja HARRIS	SR	#3 New Haven	1:04.54		5/3
3		Meredith PASQUAROSA	SO	#2 Saint Anselm {2}	1:05.11		4/14
4		Petrina OFORI	FR	#2 Saint Anselm {3}	1:05.30		5/3
5		Briahna BOUCHARD	SR	#7 Franklin Pierce	1:07.41		5/3
6		Isabella BOSTIC	SR	#3 New Haven {2}	1:08.27		5/3
7		Kay WHEELock	SO	#4 Southern New H	1:08.33		5/3
8		Jordan WHEATON	SO	#4 Southern New H{2}	1:08.90		5/3
9		Corrina OBERNESSER	JR	#4 Southern New H{3}	1:09.16		4/25
10		Alyson SIMPSON	SR	#6 Assumption	1:09.18		5/3

Women's 800 Meters

1	96	Caitlin BURMESTER	SR	#8 Bentley	2:13.49		5/3
2		Julia MANSFIELD	SR	#1 Southern Conne	2:14.99		4/25
3		Erika WOJCIK	SO	#4 Southern New H	2:16.13		5/3
4		Paige MCINERNEY	FR	#4 Southern New H{2}	2:17.67		5/3
5		Ava O'DONNELL	SO	#2 Saint Anselm	2:19.04		5/3
6		Abigail BAJOREK	SO	#1 Southern Conne{2}	2:19.53		5/3
7		Samantha DUCHARME	FR	#2 Saint Anselm {2}	2:19.99		4/14
8		Eva GONZALEZ	FR	#5 Adelphi	2:20.84		5/3
9		Sumaira MAYAN	JR	#5 Adelphi {2}	2:21.55		4/26
10		Erin SOLA	FR	#1 Southern Conne{3}	2:21.87		4/25

Women's 1500 Meters

1	49	Caitlin BURMESTER	SR	#8 Bentley	4:29.62		5/15
2		Lily TEDFORD	FR	#8 Bentley {2}	4:40.21		5/3
3		Ava O'DONNELL	SO	#2 Saint Anselm	4:41.03		5/3
4		Courtney HENCHCLIFFE	JR	#1 Southern Conne	4:43.77		5/3
5		Corrina OBERNESSER	JR	#4 Southern New H	4:47.73		5/3
6		Erin SOLA	FR	#1 Southern Conne{2}	4:50.24		5/3
7		Sumaira MAYAN	JR	#5 Adelphi	4:52.93		4/4
8		Paige MCINERNEY	FR	#4 Southern New H{2}	4:53.10		3/28
9		Erika WOJCIK	SO	#4 Southern New H{3}	4:53.40		4/5
10		Rose CONNOLLY	JR	#6 Assumption	4:53.94		5/3

Women's Steeplechase

1	26	Kimberly MORAN	SR	#1 Southern Conne	10:41.45		4/19
2	65	Corrina OBERNESSER	JR	#4 Southern New H	11:08.93		4/14
3		Rose CONNOLLY	JR	#6 Assumption	11:34.02		5/3
4		Erika WOJCIK	SO	#4 Southern New H{2}	11:38.55		4/14
5		Lucia KUTNER	JR	#5 Adelphi	11:44.05		5/3
6		Brooke NERI	SR	#8 Bentley	12:32.50		3/28
7		Sumaira MAYAN	JR	#5 Adelphi {2}	12:36.06		3/29
8		Isabelle CODY	SO	#2 Saint Anselm	13:42.34		5/3
9		Katie KRAFT	SO	#4 Southern New H{3}	13:44.46		4/14
10		Emma POLLOCK	FR	#3 New Haven	13:56.81		3/29



Conference TFRI Event Summary



Northeast-10

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Women's 5000 Meters

1	Courtney HENCHCLIFFE	JR	#1 Southern Conn	17:18.14	5/11
2	Megan WHITNELL	SO	#1 Southern Conn	{2} 17:54.84	5/11
3	Ava O'DONNELL	SO	#2 Saint Anselm	18:30.49	3/28
4	Emilie NOREIKA	SR	#1 Southern Conn	{3} 18:37.41	4/4
5	Deirdre BAILAT	SO	#4 Southern New H	18:45.01	3/28
6	Peyton DAUPHINAIS	SO	#1 Southern Conn	{4} 18:45.10	4/19
7	Corrina OBERNESSER	JR	#4 Southern New H	{2} 18:47.16	4/19
8	Sophia OLSEN	SO	#2 Saint Anselm	{2} 18:55.13	4/5
9	Nora CONWAY	SO	#2 Saint Anselm	{3} 18:58.29	4/5
10	Lucia KUTNER	JR	#5 Adelphi	19:10.56	4/14

Women's 10,000 Meters

1	Peyton DAUPHINAIS	SO	#1 Southern Conn	37:29.28	5/11
2	Emilie NOREIKA	SR	#1 Southern Conn	{2} 39:55.93	4/12
3	April MAUCERI	SR	#3 New Haven	40:06.60	5/11
4	Nora CONWAY	SO	#2 Saint Anselm	40:21.27	5/3
5	Kora HAY	SO	#4 Southern New H	41:58.73	5/3
6	Maya SUAREZ	SO	#5 Adelphi	42:12.27	5/3
7	Cara MORRIS	SO	#2 Saint Anselm	{2} 42:22.87	5/3
8	Marisa RAYHILL	FR	#8 Bentley	42:41.29	5/3
9	Karen JACKSON	FR	#5 Adelphi	{2} 43:38.54	3/29
10	Maddie GERBY	SR	#5 Adelphi	{3} 44:54.96	3/29

Women's 4x100 Relay

1	38 Dardielle Exantus, Kisha Francois, Avery Winters, Hannah Caiola		#1 Southern Conn	46.26	5/3
2	41 D'Jior Delisser, Deja Harris, Lakay-Sha Clarke, Jada Kamtha		#3 New Haven	46.40	5/3
3	Abigail Jacobson, Sidney Chapman, Briahna Bouchard, Issys Price		#7 Franklin Pierce	47.88	5/3
4	Mia Cruz, Rebecca Cady, Jennifer Baker, Meredith Pasquarosa		#2 Saint Anselm	48.23	4/18
5	Valencia Beaubrun, Amari Johnson, Marissa Haye, Shareve Blair		#5 Adelphi	48.61	5/3
6	Hope Sinclair, Hannah Sippel, Jordan Wheaton, Carly Schofield		#4 Southern New H	49.18	5/3
7	Rylie McDonough, Camille Lopez, Kate Reagan, Athena Comeau		#6 Assumption	49.51	5/3
8	Monique Malcolm, Johnelle Thomas, Sadiyah Edmunds, Jada Carvahlo		#9 American Intern	54.18	5/3

Women's 4x400 Relay

1	33 Avery Winters, Kisha Francois, Dardielle Exantus, Hannah Caiola		#1 Southern Conn	3:46.23	5/11
2	83 Valencia Beaubrun, Fiona Maloney, Eva Gonzalez, Marissa Haye		#5 Adelphi	3:54.80	5/3
3	90 Reese Nicolosi, Samantha Ducharme, Petrina Ofori, Rebecca Cady		#2 Saint Anselm	3:55.69	5/3
4	Reagan Davis, Alyson Simpson, Michaela Namiotka, Camille Lopez		#6 Assumption	4:00.22	5/3
5	Christina Crowley, Jada Bonds, Deja Harris, Rayniah Mercedat		#3 New Haven	4:02.44	5/3
6	Hope Sinclair, Hannah Sippel, Hope Hanafin, Kay Wheelock		#4 Southern New H	4:03.71	5/3
7	Abigail Jacobson, Jennifer Kulick, Sidney Chapman, Lanette StJohn		#7 Franklin Pierce	4:12.02	5/3
8	Hannah Croteau, India Haynesworth, Amelia Luetjen, Caitlin Burmester		#8 Bentley	4:12.80	5/3

Women's High Jump

1	Tori ALLEN	SR	#4 Southern New H	1.62m	5-3¾	5/3
2	Jennifer KULICK	JR	#7 Franklin Pierce	1.57m	5-1¾	5/3
2	D'Jior DELISSER	SO	#3 New Haven	1.57m	5-1¾	5/3
4	Gillian PENNA	SR	#1 Southern Conn	1.55m	5-1	4/4
4	Brooke FESSLER	FR	#5 Adelphi	1.55m	5-1	4/4
4	Miana QUINONEZ	FR	#3 New Haven	{2} 1.55m	5-1	4/26
7	Jordan WHEATON	SO	#4 Southern New H	{2} 1.52m	4-11¾	5/3
7	Angela MATEOS	SO	#4 Southern New H	{2} 1.52m	4-11¾	5/3
9	Wilnye JOSEPH	FR	#3 New Haven	{3} 1.51m	4-11½	4/19
10	Alexandria O'SHEA	SR	#6 Assumption	1.50m	4-11	4/26
10	Gabrielle STAFFORD	FR	#5 Adelphi	{2} 1.50m	4-11	5/3
10	Petrina OFORI	FR	#2 Saint Anselm	1.50m	4-11	4/5

Women's Pole Vault

1	Maddie HATHORN	JR	#1 Southern Conn	3.40m	11-1¾	5/3
2	Ava BENARD	SO	#6 Assumption	3.20m	10-6	5/3
2	Gabriela DINISOE	SO	#1 Southern Conn	{2} 3.20m	10-6	5/3
4	Molly CLARK	SR	#3 New Haven	3.03m	9-11¼	4/12
5	Elizabeth JONES	JR	#7 Franklin Pierce	2.90m	9-6¼	5/3
6	Tija DILBA	FR	#2 Saint Anselm	2.80m	9-2¼	4/14
7	Chloe LAWRENCE	SO	#2 Saint Anselm	{2} 2.75m	9-¼	5/3
8	Teresa DEASY	SR	#7 Franklin Pierce	{2} 2.45m	8-½	4/25
9	Makayla SANDERS	FR	#6 Assumption	{2} 2.28m	7-5¾	4/26



USTFCCA NCAA Division II Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #8, May 20



Northeast-10

as of 5/20/2025 6:54:09 AM ET

Women's Long Jump

1	24	D'Jior DELISSER	SO	#3 New Haven	6.05m	19-10¼ (1.6)	4/26
2	56	Jada KAMTHA	SO	#3 New Haven {2}	5.85m	19-2½ (1.6)	4/19
3	63	Kisha FRANCOIS	SR	#1 Southern Conne	5.81m	19-¾ (0.0)	5/3
3	63	Valencia BEAUBRUN	JR	#5 Adelphi	5.81mw	19-¾ (3.1)	3/29
5		Deja FITZPATRICK-BELL	FR	#1 Southern Conne {2}	5.66m	18-7 (0.9)	4/26
6		Delaney SPEED	FR	#1 Southern Conne {3}	5.65m	18-6½ (1.1)	4/19
7		Gabrielle TEEL	SR	#3 New Haven {3}	5.39m	17-8¼ (-2.7)	3/29
8		Issys PRICE	FR	#7 Franklin Pierce	5.38mw	17-8 (2.2)	4/19
9		Aniya BUSH	SO	#3 New Haven {4}	5.28m	17-4 (0.4)	4/26
10		Gillian PENNA	SR	#1 Southern Conne {4}	5.25m	17-2¾ (1.5)	4/12

Women's Triple Jump

1	19	Gabrielle TEEL	JR	#3 New Haven	12.28mw	40-3½ (3.7)	4/19
2	100	Uliana POKUTNIA	FR	#1 Southern Conne	11.49m	37-8½ (1.4)	4/4
3		Aniya BUSH	SO	#3 New Haven {2}	11.31mw	37-1¼ (3.5)	4/19
4		Ava HOULE	SO	#2 Saint Anselm	11.17m	36-7¾ (0.0)	5/3
5		Imani MUDIAY	SO	#5 Adelphi	10.94m	35-10¾ (0.9)	4/19
6		Shareve BLAIR	FR	#5 Adelphi {2}	10.75m	35-3¼ (0.0)	5/3
7		Katrina SULLIVAN	SO	#6 Assumption	10.69m	35-1 (0.0)	5/3
8		Mia BONNER	SO	#8 Bentley	10.67m	35-¼ (0.0)	5/3
9		Jada KAMTHA	SO	#3 New Haven {3}	10.62m	34-10¼ (0.0)	5/3
10		Deja FITZPATRICK-BELL	FR	#1 Southern Conne {2}	10.60m	34-9½ (0.0)	5/3

Women's Shot Put

1	46	Belle SMITH	SO	#1 Southern Conne	13.88m	45-6½	5/3
2	64	Laila BUNNITT	SR	#4 Southern New H.	13.61m	44-8	4/18
3		Darla JAGROSSE	JR	#1 Southern Conne {2}	13.07m	42-10¾	5/3
4		Kayla JOHNSON	FR	#1 Southern Conne {3}	12.22m	40-1¼	5/3
4		Brianne RETT	SR	#2 Saint Anselm	12.22m	40-1¼	5/3
6		Vanessa CONNOLLY	JR	#3 New Haven	11.48m	37-8	5/3
7		Sophia MORIN	SO	#2 Saint Anselm {2}	11.33m	37-2¼	5/3
8		Lori MELVILLE	FR	#5 Adelphi	11.17m	36-7¾	5/3
9		Serenity MAYHEW	JR	#9 American Interni	11.03m	36-2¼	5/3
10		Emily NHUN	JR	#7 Franklin Pierce	10.94m	35-10¾	3/28

Women's Discus

1	54	Belle SMITH	SO	#1 Southern Conne	45.18m	148-3	4/26
2	73	Anita HODGE	JR	#3 New Haven	44.02m	144-5	5/3
3	94	Laila BUNNITT	SR	#4 Southern New H.	43.19m	141-9	5/3
4		Darla JAGROSSE	JR	#1 Southern Conne {2}	40.70m	133-7	4/26
5		Alanah WEAVER	SO	#3 New Haven {2}	37.96m	124-7	5/3
6		Madeline STALEY	FR	#5 Adelphi	37.65m	123-6	4/4
7		Lori MELVILLE	FR	#5 Adelphi {2}	37.50m	123-1	4/26
8		Valerie TORRES	SO	#1 Southern Conne {3}	35.78m	117-5	5/3
9		Brooke BIBBO	JR	#4 Southern New H. {2}	34.81m	114-3	4/19
10		Emily NHUN	JR	#7 Franklin Pierce	34.23m	112-4	5/3

Women's Hammer

1	42	Belle SMITH	SO	#1 Southern Conne	53.17m	174-6	4/26
2	91	Laila BUNNITT	SR	#4 Southern New H.	50.46m	165-7	5/3
3		Celine BOZUKLUAN	JR	#1 Southern Conne {2}	49.80m	163-5	4/26
4		Madison LUPINO	JR	#6 Assumption	46.41m	152-3	4/19
5		Abigail PHILBIN	FR	#7 Franklin Pierce	46.28m	151-10	5/11
6		Anita HODGE	JR	#3 New Haven	45.43m	149-1	4/19
7		Sophia MORIN	SO	#2 Saint Anselm	45.06m	147-10	5/3
8		Dolbier SYDNEY	JR	#1 Southern Conne {3}	44.36m	145-7	4/26
9		Brianne RETT	SR	#2 Saint Anselm {2}	43.36m	142-3	5/3
10		Rebecca TOURE	JR	#9 American Interni	41.78m	137-1	4/25

Women's Javelin

1	21	Malina BOHLMANN	SO	#6 Assumption	45.49m	149-3	5/3
2	47	Sophia MORIN	SO	#2 Saint Anselm	42.05m	138-0	5/3
3	71	Kayla FRANKS	SO	#4 Southern New H.	40.33m	132-4	5/3
4	87	Harmony MARQUEZ	SO	#2 Saint Anselm {2}	39.60m	129-11	4/14
5		Gabrielle STAFFORD	FR	#5 Adelphi	37.06m	121-7	4/18
6		Lanette STJOHN	SO	#7 Franklin Pierce	36.74m	120-7	5/11
7		Erica KOROWSKI	FR	#2 Saint Anselm {3}	36.26m	119-0	4/18
8		Emma CRAHAN	SO	#7 Franklin Pierce {2}	35.43m	116-3	5/3
9		Abby CAMELIO	JR	#6 Assumption {2}	34.69m	113-10	3/28
10		Rachel ROMERO	SO	#2 Saint Anselm {4}	34.55m	113-4	4/18

Women's Heptathlon

1	77	Tori ALLEN	SR	#4 Southern New H.	4,352		5/3
2	83	Lanette STJOHN	SO	#7 Franklin Pierce	4,279		5/3
3		Gillian PENNA	SR	#1 Southern Conne	4,111		4/12
4		Ginny MULLEN	FR	#1 Southern Conne {2}	3,833		5/3
5		Gabrielle STAFFORD	FR	#5 Adelphi	3,363		5/3
6		Madison LYONS	SO	#4 Southern New H. {2}	3,129		5/3
7		Shaylee OWENS	SO	#2 Saint Anselm	3,104		5/3
8		Christina BARRETT	SO	#6 Assumption	3,051		5/3
9		Marissa ABBIS	FR	#2 Saint Anselm {2}	2,775		5/3
10		Ashley O'DONOVAN	FR	#2 Saint Anselm {3}	2,112		5/3



Conference TFRI Event Summary



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Women's 100 Meters

1	5	Laila CLEARE	JR	#2 U-Mary	11.29w	(2.1)	4/27
2	15	Tamia HORTON	JR	#3 Sioux Falls	11.42w	(2.5)	5/10
2	15	Shavantae ROBERTS	JR	#12 MSU Moorhead	11.42w	(3.8)	5/10
4	20	Adeyah BREWSTER	SR	#1 Minnesota State	11.46	(1.6)	5/10
5	50	Tionce WALROND	SO	#2 U-Mary	{2} 11.64w	(3.8)	5/10
6	56	Madison HUBBARD	SO	#1 Minnesota State {2}	11.67w	(3.8)	5/10
7	57	Norah D'ALMEIDA	JR	#1 Minnesota State {3}	11.68w	(2.5)	5/10
8	59	Ally HAMMOND	SR	#1 Minnesota State {4}	11.70w	(3.8)	5/10
9	63	Renea TAYLOR	SR	#6 Northern State	11.71w	(2.5)	5/10
10	84	Lily JUHNKE	JR	#4 Augustana (S.D.)	11.80w	(3.8)	5/10

Women's 100 Meter Hurdles

1	1	Adeyah BREWSTER	SR	#1 Minnesota State	13.11w	(2.2)	4/17
1	1	Grace JOHNSON	SR	#1 Minnesota State	13.11	(1.6)	4/19
3	7	Ashanti HARVEY	JR	#1 Minnesota State {3}	13.47w	(2.6)	5/10
4	10	Esaba OKWARAMOI	SO	#1 Minnesota State {4}	13.57w	(3.0)	4/23
5	13	Noemie THIBAUD	FR	#1 Minnesota State {5}	13.59	(1.9)	5/10
6	20	Ally HAMMOND	SR	#1 Minnesota State {6}	13.72w	(2.6)	5/10
7	31	Miranda LAUVSTAD	JR	#1 Minnesota State {7}	13.82w	(3.4)	4/26
8	32	Emily SWANSON	SR	#3 Sioux Falls	13.84w	(2.6)	5/10
9	52	Hanna REICHENBERGER	SR	#8 Winona State	14.12	(0.9)	4/12
10	53	Precious OLATUNJI	SR	#1 Minnesota State {8}	14.17	(1.9)	4/12

Women's 200 Meters

1	12	Tionce WALROND	SO	#2 U-Mary	23.31	(0.8)	3/27
2	14	Sakena MASSIAH	SR	#2 U-Mary	{2} 23.37	(0.8)	3/27
3	15	Laila CLEARE	JR	#2 U-Mary	{3} 23.38w	(2.5)	4/27
4	38	Grace OBOUR	JR	#1 Minnesota State	23.83	(1.1)	4/12
5	46	Tayen WERNER	FR	#2 U-Mary	{4} 23.95w	(3.6)	5/10
6	57	Miranda LAUVSTAD	JR	#1 Minnesota State {2}	24.01	(1.5)	4/26
7	62	Nyanas KUR	SR	#4 Augustana (S.D.)	24.04w	(3.2)	5/10
8	70	Norah D'ALMEIDA	JR	#1 Minnesota State {3}	24.14w	(2.8)	4/23
9	99	Kendall BERG	JR	#2 U-Mary	{5} 24.30w	(3.6)	5/10
10		Robynn ROLLE-CURRY	SR	#1 Minnesota State {4}	24.41	(1.2)	4/17

Women's 400 Meters

1	21	Sakena MASSIAH	SR	#2 U-Mary	53.78		5/10
2	32	Robynn ROLLE-CURRY	SR	#1 Minnesota State	54.45		4/19
3	38	Tayen WERNER	FR	#2 U-Mary	{2} 54.65		4/6
4	69	Nyanas KUR	SR	#4 Augustana (S.D.)	55.47		4/26
5	72	Kelescia DOWNES	FR	#2 U-Mary	{3} 55.49		4/6
6	75	Gabriella APELIAN	FR	#2 U-Mary	{4} 55.57		4/6
7		Sierra CLIFFORD	SR	#11 Southwest Minn	56.14		4/30
8		Brianna SHROYER	SO	#1 Minnesota State {2}	56.21		4/26
9		Elizabeth ACHESON	SR	#2 U-Mary	{5} 56.60		4/6
10		Alyssa LARSON	JR	#8 Winona State	56.61		5/10

Women's 400 Meter Hurdles

1	11	Miranda LAUVSTAD	JR	#1 Minnesota State	59.55		4/17
2	16	Morgan HERTZ	SR	#2 U-Mary	59.83		3/27
3	35	Regan FEIT	SR	#8 Winona State	1:00.46		5/10
4	50	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {2}	1:01.62		5/10
5	68	Renea TAYLOR	SR	#6 Northern State	1:02.32		5/3
6	78	Bernadette BELZER	SO	#2 U-Mary	{2} 1:02.73		4/27
7	87	Avary FITZPATRICK	FR	#5 Minnesota Dulut	1:02.92		5/10
8	92	Maria PEDROSO	SR	#4 Augustana (S.D.)	1:03.02		5/10
9		Anna TISCH	FR	#2 U-Mary	{3} 1:03.42		5/3
10		Aspen ESLINGER	FR	#2 U-Mary	{4} 1:03.43		5/3

Women's 800 Meters

1	5	Elizabeth ACHESON	SR	#2 U-Mary	2:05.07c	(2:05.74A)	3/29
2	22	Savannah SCHLEY	SR	#5 Minnesota Dulut	2:08.57		5/10
3	55	Caroline SUDBECK	SR	#4 Augustana (S.D.)	2:11.52		4/23
4	57	Isabela SHEPARD	SR	#1 Minnesota State	2:11.75		4/18
5	61	Alli JACKSON	SR	#6 Northern State	2:12.16		5/10
6	69	Madeline VERKERKE	SR	#5 Minnesota Dulut {2}	2:12.74		4/18
7	84	Nyadio CHAN	JR	#9 Concordia-St. Pa	2:13.27		5/10
8	87	Bailey WRIDE	SO	#10 Minot State	2:13.33		4/25
9	88	Sydnee SERCK	SO	#4 Augustana (S.D.) {2}	2:13.34		5/10
10	89	Rachel ULRICH	SO	#5 Minnesota Dulut {3}	2:13.36		4/18

Women's 1500 Meters

1	55	Elizabeth ACHESON	SR	#2 U-Mary	4:30.35		4/18
2	72	Morgan GEHL	SR	#3 Sioux Falls	4:32.18		5/10
3	78	Madeline VERKERKE	SR	#5 Minnesota Dulut	4:32.68		4/18
4	82	Ashley OVERGAAUW	SO	#1 Minnesota State	4:33.39		4/18
5	84	Savannah SCHLEY	SR	#5 Minnesota Dulut {2}	4:33.55		4/18
6	91	Kristine KALTHOFF	SR	#2 U-Mary	{2} 4:34.36		4/18
7		Kylie ANDERSON	JR	#8 Winona State	4:36.01		5/10
8		Rachel ULRICH	SO	#5 Minnesota Dulut {3}	4:37.14		4/18
9		Caroline SUDBECK	SR	#4 Augustana (S.D.)	4:37.67		5/3
10		Giselle JAHNER	FR	#2 U-Mary	{3} 4:41.68		5/10

Women's Steeplechase

1	34	Ella VOIT	FR	#8 Winona State	10:46.99		4/26
2	44	Madison MATZEK	JR	#1 Minnesota State	10:54.72		4/26
3	58	Elizabeth VANLOON	JR	#5 Minnesota Dulut	11:05.88		4/26
4	70	Lindsey YOUNG	JR	#4 Augustana (S.D.)	11:11.01		5/10
5	81	Sidra SADOWSKY	SR	#10 Minot State	11:13.98		4/19
6	89	Maggie MCCARTHY	JR	#13 Bemidji State	11:17.57		5/10
7	96	Madison MARCO	SO	#11 Southwest Minn	11:19.75		5/10
8		Alexi MACDONALD	JR	#1 Minnesota State {2}	11:22.65		5/10
9		Grace DORSHER	SR	#12 MSU Moorhead	11:25.59		5/10
10		Mileena SULLIVAN	FR	#5 Minnesota Dulut {2}	11:30.09		4/26



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Women's 5000 Meters

1	33	Ella BAKKEN	SR	#4 Augustana (S.D.)	16:41.44	3/28
2	44	Alyssa BECKER	SR	#2 U-Mary	16:48.94 <i>c(17:15.35A)</i>	3/29
3	51	Ashley OVERGAAUW	SO	#1 Minnesota State	16:52.69	4/18
4	71	Kylie ANDERSON	JR	#8 Winona State	17:02.31	3/28
5	80	Kristine KALTHOFF	SR	#2 U-Mary	{2} 17:04.99	4/18
6	89	Shaelyn HOSTAGER	SR	#5 Minnesota Dulut	17:10.41	5/10
7		Madison MATZEK	JR	#1 Minnesota State	{2} 17:26.55	5/10
8		Amanda OVERGAAUW	FR	#1 Minnesota State	{3} 17:27.16	4/19
9		Andrijana FUNDAC	SR	#2 U-Mary	{3} 17:28.13 <i>c(17:55.57A)</i>	3/29
10		Taylor MELTON	SR	#4 Augustana (S.D.)	{2} 17:29.22	5/10

Women's 10,000 Meters

1	23	Andrijana FUNDAC	SR	#2 U-Mary	34:53.08	4/18
2	24	Ella BAKKEN	SR	#4 Augustana (S.D.)	34:54.34	4/26
3	26	Shaelyn HOSTAGER	SR	#5 Minnesota Dulut	34:56.62	4/26
4	94	Taylor MELTON	SR	#4 Augustana (S.D.)	{2} 37:08.39	5/10
5	95	Emery SMITH	JR	#10 Minot State	37:08.53	4/18
6	100	Amanda OVERGAAUW	FR	#1 Minnesota State	37:13.39	5/10
7		Terez WYCKLENDT	JR	#2 U-Mary	{2} 37:27.11	5/10
8		McKenna TAYLOR	SR	#8 Winona State	37:32.60	3/28
9		Madeline PALMER	JR	#8 Winona State	{2} 37:39.20	4/18
10		Eve ANDERSON	SR	#5 Minnesota Dulut	{2} 38:38.77	5/10

Women's 4x100 Relay

1	11	Tionce Walrond, Sakena Massiah, Kelescia Downes, Laila Cleare	#2 U-Mary	45.08	4/27
2	21	Adeyah Brewster, Miranda Lauvstad, Ally Hammond, Norah D'almeida	#1 Minnesota State	45.51	4/26
3	40	Jennifer Noutsougan, Nyanas Kur, Kylee Sallee, Lily Juhnke	#4 Augustana (S.D.)	46.33	4/26
4	55	Emily Swanson, Paige Haack, Kendall Anderson, Tamia Horton	#3 Sioux Falls	46.89	5/10
5	59	Emily Anderson, Kate Fitzgerald, Jordan Grell, Hailey Hollar	#5 Minnesota Dulut	47.00	5/10
6	68	Nevaeh Coffey, Jazmin Barry, Desiree Loyd, Shavante Roberts	#12 MSU Moorhead	47.19	4/6
7	77	Karissa Birch, Caitlyn Casella, Courtney Lukas, MacKenzie Wissbroecker	#8 Winona State	47.32	5/10
8	97	Elisabet Osk Jonsdottir, Renea Taylor, Anna Skachenko, Kyanna Collymore	#6 Northern State	47.82	4/23
9		Jaidynn Dietel, Chidera Osuoha, Ella Frieling, Destiny Mattingly	#9 Concordia-St. Pa	47.99	4/30
10		Michelle Marquard, Ella Doble, Lexy Gilbert, Sierra Clifford	#11 Southwest Minn	48.10	4/30



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Women's 4x400 Relay

1	13	Tayen Werner, Kelescica Downes, Tionce Walrond, Sakena Massiah	#2 U-Mary	3:39.79	4/18
2	18	Robynn Rolle-Curry, Miranda Lauvstad, Brianna Shroyer, Grace Obour	#1 Minnesota State	3:40.21	4/19
3	62	Caroline Sudbeck, Maia Peterson, Ella Heinitz, Nyanas Kur	#4 Augustana (S.D.)	3:51.18	5/10
4	66	Avary Fitzpatrick, Hailey Hollar, Kate Fitzgerald, Savannah Schley	#5 Minnesota Dulut	3:52.39	5/10
5	81	Kyanna Collymore, Elisabet Osk Jonsdottir, Alli Jackson, Anna Skachenko	#6 Northern State	3:54.68	4/26
6	82	Karissa Birch, Alyssa Larson, Jenna Anders, Regan Feit	#8 Winona State	3:54.71	5/10
7	99	Bailey Wride, Sidra Sadowsky, Afton Wride, Summer Krebsbach	#10 Minot State	3:56.64	5/10
8		Karlina Zimmerman, Ella Frieling, Nyadio Chan, Destiny Mattingly	#9 Concordia-St. Pa	3:57.52	5/10
9		Sierra Clifford, Ella Doble, Kyra Kusnierek, Brooke Wetterstrom	#11 Southwest Minn	3:58.05	5/10
10		Mackenzie Everson, Paige Haack, Ellie Tramp, Tierney Faulk	#3 Sioux Falls	3:58.94	5/10

Women's High Jump

1	5	Noemie THIBAUD	FR	#1 Minnesota State	1.75m	5-8¾	4/26
2	10	Bryn GREENWALDT	JR	#4 Augustana (S.D.)	1.73m	5-8	5/10
3	26	Cadence TANNER	SO	#9 Concordia-St. Pa	1.70m	5-7	5/10
3	26	Ashley CRIDLEBAUGH	SR	#1 Minnesota State {2}	1.70m	5-7	5/10
5	36	Christine SLEETER	SO	#11 Southwest Minn	1.68m	5-6	4/30
5	36	Lillian WASHINGTON	JR	#1 Minnesota State {3}	1.68m	5-6	4/30
7	45	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {4}	1.67m	5-5¾	3/28
7	45	Olivia SOLIS	SR	#1 Minnesota State {4}	1.67m	5-5¾	4/18
7	45	Dani MINSAAS	SO	#3 Sioux Falls	1.67m	5-5¾	5/10
10	54	Maria PEDROSO	SR	#4 Augustana (S.D.) {2}	1.66m	5-5¼	4/12
10	54	Emily SWANSON	SR	#3 Sioux Falls	{2} 1.66m	5-5¼	4/26

Women's Pole Vault

1	22	Elvira COLLVIN	FR	#1 Minnesota State	3.95m	12-11½	4/30
2	27	McKenna COMSTOCK	SR	#3 Sioux Falls	3.88m	12-8¾	5/2
3	48	Makayla MILES	FR	#1 Minnesota State {2}	3.73m	12-2¾	5/2
4	51	Romane MAUGEST	FR	#6 Northern State	3.71m	12-2	5/10
5	59	Bekah WALZ	SO	#6 Northern State {2}	3.67m	12-½	4/26
6	64	Peyton HANSON	SO	#3 Sioux Falls {2}	3.66m	12-0	4/12
6	64	Jenna SIKEL	JR	#1 Minnesota State {3}	3.66m	12-0	4/5
8	82	Willow OEHMICHEN	SO	#1 Minnesota State {4}	3.61m	11-10	4/23
9	90	Leya TEICHER	SO	#12 MSU Moorhead	3.53m	11-7	5/3
10	92	Hope STANGEL	SO	#1 Minnesota State {5}	3.52m	11-6½	4/18

Women's Long Jump

1	4	Miranda LAUVSTAD	JR	#1 Minnesota State	6.38m	20-11¼ (0.1)	4/12
2	7	MacKenzie WISSBROECKER	FR	#8 Winona State	6.31m	20-8½ (1.4)	4/30
3	8	Adeyah BREWSTER	SR	#1 Minnesota State {2}	6.25mw	20-6¼ (2.8)	4/30
4	13	Kylee SALLEE	SR	#4 Augustana (S.D.)	6.13mw	20-1½ (2.3)	4/30
5	18	Molly KAHL	SR	#1 Minnesota State {3}	6.11m	20-½ (1.4)	4/30
6	21	Anna BRUNO	SO	#2 U-Mary	6.07mw	19-11 (3.5)	5/3
7	27	Makayla JACKSON	SR	#1 Minnesota State {4}	6.03m	19-9½ (1.2)	4/23
8	42	Jazmin BARRY	FR	#12 MSU Moorhead	5.92m	19-5¼ (1.8)	5/8
9	44	Jayda BECKER	SR	#4 Augustana (S.D.) {2}	5.91mw	19-4¾ (3.0)	4/30
10	58	Arabella KNUDSON	FR	#1 Minnesota State {5}	5.84m	19-2 (1.0)	4/12

Women's Triple Jump

1	5	Stella NEOPHYTOU	SR	#1 Minnesota State	12.65m	41-6 (2.0)	4/30
2	7	Ghada HAMDANI	SO	#1 Minnesota State {2}	12.61m	41-4½ (0.4)	5/10
3	13	Lillian WASHINGTON	JR	#1 Minnesota State {3}	12.41mw	40-8¾ (3.2)	4/12
4	32	Hanna REICHENBERGER	SR	#8 Winona State	12.05m	39-6½ (0.6)	4/30
5	40	Ashanti HARVEY	JR	#1 Minnesota State {4}	11.90mw	39-½ (2.1)	4/23
6	67	Erin STEINMAN	SO	#5 Minnesota Dulut	11.73m	38-6 (0.5)	4/18
7	95	Allysah LARSON	FR	#5 Minnesota Dulut {2}	11.51m	37-9¼ (1.5)	5/10
8		Anna BRUNO	SO	#2 U-Mary	11.46mw	37-7¼ (3.1)	5/3
9		Anna NASSET	FR	#2 U-Mary	{2} 11.45mw	37-6¾ (3.4)	5/3
10		Afton WRIDE	FR	#10 Minot State	11.29m	37-½ (1.3)	5/10

Women's Shot Put

1	32	Emma OSIER	SO	#1 Minnesota State	14.12m	46-4	5/10
2	33	Tobi PETERSON	FR	#3 Sioux Falls	14.08m	46-2½	5/10
3	35	Kami WADSWORTH	SO	#3 Sioux Falls	{2} 14.03m	46-½	4/30
4	38	Olivia SCHWARZROCK	JR	#7 Wayne State (Ne	13.97m	45-10	5/10
5	44	Brooklyn KRUSE	SO	#7 Wayne State (Ne {2}	13.91m	45-7¾	4/5
6	54	Maya LAVENDUSKY	JR	#9 Concordia-St. Pa	13.75m	45-1½	4/12
7	55	Nicole FLYNN	SR	#3 Sioux Falls	{3} 13.74m	45-1	4/30
8	62	Grace KUCH	FR	#6 Northern State	13.62m	44-8¾	5/10
9	65	Kayla VANOSDEL	SR	#3 Sioux Falls	{4} 13.60m	44-7½	4/18
10	66	Kamry LINDSEY	SR	#3 Sioux Falls	{5} 13.55m	44-5½	5/10



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Women's Discus

1	3	Reilly YOUNG	SR	#7 Wayne State (Ne	52.13m	171-1	4/30
2	18	Torrance TSO	SO	#7 Wayne State (Ne{2}	48.41m	158-10	4/12
3	21	Elise JENSEN	SO	#1 Minnesota State	48.23m	158-3	5/2
4	24	Kamry LINDSEY	SR	#3 Sioux Falls	48.12m	157-11	4/12
5	27	Zayda PRIEBE	JR	#13 Bemidji State	47.40m	155-6	4/12
6	51	Delanie VANDRIEL	JR	#3 Sioux Falls {2}	45.50m	149-4	3/28
7	52	Julia ALBERTS	SO	#1 Minnesota State {2}	45.36m	148-10	4/30
8	55	Nicole FLYNN	SR	#3 Sioux Falls {3}	45.14m	148-1	5/2
9	62	Andi MEHRER	SO	#6 Northern State	44.43m	145-9	4/23
10	67	Brooklyn KRUSE	SO	#7 Wayne State (Ne{3}	44.17m	144-11	4/12

Women's Hammer

1	9	Lily BENEKE	SR	#1 Minnesota State	59.43m	195-0	4/19
2	28	Hailey BAKER	SR	#7 Wayne State (Ne	55.22m	181-2	4/30
3	64	Reilly YOUNG	SR	#7 Wayne State (Ne{2}	51.88m	170-3	4/12
4	68	Mony ANDERSEN	JR	#1 Minnesota State {2}	51.66m	169-6	3/28
5	77	Olivia SCHWARZROCK	JR	#7 Wayne State (Ne{3}	51.30m	168-4	4/30
6	87	Bernie BARNHARDT	FR	#9 Concordia-St. Pa	50.72m	166-5	5/2
7	88	Nadia SANFORD	SR	#11 Southwest Minn	50.65m	166-2	4/18
8	99	Lauren BIRD	SO	#1 Minnesota State {3}	50.03m	164-2	4/30
9		McKenna MARKLE	SR	#7 Wayne State (Ne{4}	49.91m	163-9	4/23
10		Jalecia WILLIAMS	FR	#7 Wayne State (Ne{5}	48.25m	158-4	4/30

Women's Javelin

1	18	Olivia BAUMBERGER	SR	#3 Sioux Falls	46.28m	151-10	4/12
2	35	Kami WADSWORTH	SO	#3 Sioux Falls {2}	42.96m	141-0	5/10
3	40	Macoya HANSEN	FR	#6 Northern State	42.53m	139-7	4/12
4	73	Maya SHORTER	SO	#1 Minnesota State	40.29m	132-2	5/10
4	73	Jordan WEST	SO	#6 Northern State {2}	40.29m	132-2	4/16
6	80	Kassidy SIEDOW	SR	#1 Minnesota State {2}	40.00m	131-3	4/12
7		Anna BENDISH	SO	#2 U-Mary	38.78m	127-3	4/11
8		Mikenna PATTRIN	SR	#13 Bemidji State	38.66m	126-10	5/10
9		Ellie FEENEY	SO	#2 U-Mary {2}	38.33m	125-9	4/19
10		Trista BILDEN	FR	#13 Bemidji State {2}	38.02m	124-9	5/10

Women's Heptathlon

1	4	Miranda LAUVSTAD	JR	#1 Minnesota State	5,529	3/28
2	8	Emily SWANSON	SR	#3 Sioux Falls	5,260	4/26
3	12	Viktoriia ERMOLAEVA	SO	#1 Minnesota State {2}	5,174	3/28
4	21	Kylee SALLEE	SR	#4 Augustana (S.D.)	4,902	4/26
5	23	Mehlayna STRAUB	SO	#9 Concordia-St. Pa	4,880	5/10
6	26	Morgan SHELTON	JR	#6 Northern State	4,830	5/10
7	33	Maria PEDROSO	SR	#4 Augustana (S.D.) {2}	4,778	4/26
8	38	Alexa POST	JR	#1 Minnesota State {3}	4,685	5/10
9	40	Esther MILLER	SR	#1 Minnesota State {4}	4,662	4/26
10	61	Makaylin CHRISTENSON	SR	#14 St. Cloud State	4,488	4/18



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Women's 100 Meters

1	6	Nydia CHANCE	SO	#3 Fresno Pacific	11.30	(0.0)	2/22
2	14	Brianna GREEN	SR	#3 Fresno Pacific {2}	11.41	(1.9)	5/8
3	24	Jasmyn CRAWFORD	SR	#2 CUI	11.49w	(4.0)	5/8
4	32	Sariyah COPELAND	SR	#3 Fresno Pacific {3}	11.55w	(2.4)	5/8
5	34	Trinity MILLER	SR	#1 Azusa Pacific	11.56w	(2.8)	5/8
6	38	Riley ALLEN	FR	#3 Fresno Pacific {4}	11.58	(0.0)	2/22
7	54	Iyanna FULLER	JR	#3 Fresno Pacific {5}	11.66	(0.0)	2/22
8	63	Ariana VERA	SR	#3 Fresno Pacific {6}	11.71	(0.0)	2/22
9	65	Shaniya RANDOLPH	SO	#3 Fresno Pacific {7}	11.73	(0.0)	2/22
10	73	Nevaeh WILLIAMS	SO	#1 Azusa Pacific {2}	11.75	(1.1)	4/26

Women's 100 Meter Hurdles

1	3	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	13.21w	(3.0)	5/8
2	9	Brianna GREEN	SR	#3 Fresno Pacific	13.56	(-0.7)	4/18
3	36	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	13.92	(1.8)	4/17
4	51	Alexis RANGER-DUNBAR	SR	#3 Fresno Pacific {2}	14.11	(-0.5)	4/26
5	59	Hannah HANSON	SO	#4 Biola (Calif.) {2}	14.26	(1.9)	4/17
6	72	Avril MENDOZA	FR	#3 Fresno Pacific {3}	14.34w	(2.3)	5/3
7	74	Giovana PELASCINI	SO	#2 CUI	14.36	(-0.7)	4/26
8		Erica WASEQ	JR	#8 Jessup (Calif.)	14.49	(1.4)	5/9
9		Luisa FISCHER	SR	#1 Azusa Pacific {2}	14.60w	(3.2)	4/11
9		Maika CUENCA	JR	#7 Academy of Art	14.60w	(2.2)	3/29

Women's 200 Meters

1	13	Sariyah COPELAND	SR	#3 Fresno Pacific	23.36	(-1.4)	5/8
2	34	Jasmyn CRAWFORD	SR	#2 CUI	23.79	(-0.9)	5/8
3	42	Trinity MILLER	SR	#1 Azusa Pacific	23.89	(1.0)	4/5
4	50	Nydia CHANCE	SO	#3 Fresno Pacific {2}	23.98	(1.6)	4/26
5	59	Nevaeh WILLIAMS	SO	#1 Azusa Pacific {2}	24.03	(0.1)	4/26
6	62	Brianna GREEN	SR	#3 Fresno Pacific {3}	24.04	(-1.4)	5/8
7	78	Mikiyla ROYAL	FR	#3 Fresno Pacific {4}	24.19	(1.6)	5/3
8	83	Shaniya RANDOLPH	SO	#3 Fresno Pacific {5}	24.22	(0.9)	4/26
9		Brooke DALGITY	SR	#6 Vanguard (Calif.)	24.31	(1.1)	4/12
10		Ariana VERA	SR	#3 Fresno Pacific {6}	24.38	(1.6)	4/26

Women's 400 Meters

1	8	Brianna GREEN	SR	#3 Fresno Pacific	52.90		5/3
2	17	Alayna VERNER	SR	#1 Azusa Pacific	53.45		5/8
3	29	Ariana VERA	SR	#3 Fresno Pacific {2}	54.27		5/8
4	36	Kenahdi HASLIP	SO	#3 Fresno Pacific {3}	54.51		4/26
5	40	Shaniya RANDOLPH	SO	#3 Fresno Pacific {4}	54.69		4/26
6	41	Brooke DALGITY	SR	#6 Vanguard (Calif.)	54.71		4/12
7	44	Lina HANICH	SR	#7 Academy of Art	54.84		4/5
8	48	Eryn BURKE	SR	#6 Vanguard (Calif.) {2}	54.94		3/22
9	51	Angelica GOMES	FR	#5 Point Loma Nazarene	55.03		5/8
10	53	Giovana PELASCINI	SO	#2 CUI	55.08		4/5

Women's 400 Meter Hurdles

1	2	Brianna GREEN	SR	#3 Fresno Pacific	57.80		4/5
2	6	Olivia ALEXANDRE	SR	#1 Azusa Pacific	59.16		4/18
3	8	Avril MENDOZA	FR	#3 Fresno Pacific {2}	59.41		5/8
4	13	Eboselulu OMOFOMA	FR	#4 Biola (Calif.)	59.72		5/3
5	37	Sarah MCGARRY	FR	#5 Point Loma Nazarene	1:00.55		4/26
6	46	Jordyn BURKE	SR	#6 Vanguard (Calif.)	1:01.27		3/22
7	52	Hannah HANSON	SO	#4 Biola (Calif.) {2}	1:01.68		5/3
8	55	Giovana PELASCINI	SO	#2 CUI	1:01.71		5/3
9	70	Cyan HASLIP	FR	#3 Fresno Pacific {3}	1:02.40		5/8
10	81	Joley SPROUL	SR	#4 Biola (Calif.) {3}	1:02.82		4/26

Women's 800 Meters

1	3	Lina HANICH	SR	#7 Academy of Art	2:03.60		4/5
2	7	Olivia ALEXANDRE	SR	#1 Azusa Pacific	2:05.72		4/18
3	19	Maggie WILLIAMS	JR	#4 Biola (Calif.)	2:08.19		4/5
4	27	Grace SOUTHERN	SR	#7 Academy of Art {2}	2:08.86		4/18
5	42	Mattie WHIPPLE	FR	#3 Fresno Pacific	2:10.58		4/18
6	43	Michaela ANDREWS	SR	#7 Academy of Art {3}	2:10.61		4/5
7	62	Porshe EISMANN	SR	#2 CUI	2:12.19		4/18
8	69	Aubree GENTRY	JR	#5 Point Loma Nazarene	2:12.74		4/26
9	98	Eryn BURKE	SR	#6 Vanguard (Calif.)	2:13.50		4/12
10	99	Megan CHARLEY	FR	#6 Vanguard (Calif.) {2}	2:13.56		3/8

Women's 1500 Meters

1	18	Jori PARADIS	SR	#2 CUI	4:22.52		5/8
2	20	Olivia ALEXANDRE	SR	#1 Azusa Pacific	4:22.75		5/8
3	30	Bethany MAPES	JR	#4 Biola (Calif.)	4:25.04		5/8
4	38	Lina HANICH	SR	#7 Academy of Art	4:27.00		3/22
5	41	Grace SOUTHERN	SR	#7 Academy of Art {2}	4:27.85		4/18
6	67	Madeline REEVES	JR	#5 Point Loma Nazarene	4:31.89		4/18
7	81	Mattie WHIPPLE	FR	#3 Fresno Pacific	4:33.37		4/5
8	87	Jessina MORALES	SR	#6 Vanguard (Calif.)	4:33.91		3/15
9	90	Jessica KAMPMAN	SR	#1 Azusa Pacific {2}	4:34.20		3/8
10	96	Kate BARANSKI	SR	#6 Vanguard (Calif.) {2}	4:34.68		3/15

Women's Steeplechase

1	15	Jessica KAMPMAN	SR	#1 Azusa Pacific	10:31.78		4/18
2	45	Jaina KANG	FR	#4 Biola (Calif.)	10:54.84		4/5
3	53	Claudia VERA	JR	#2 CUI	11:01.46		4/26
4	66	Abigail HUNDLEY	JR	#9 Westmont (Calif.)	11:09.59		4/26
5	74	Lia MARKERT	SR	#5 Point Loma Nazarene	11:13.17		5/8
6		Janelle SANTOS	JR	#1 Azusa Pacific {2}	11:25.27		4/26
7		Emily LITTLEFIELD	SO	#2 CUI {2}	11:25.85		3/28
8		Karis BROWN	JR	#4 Biola (Calif.) {2}	11:31.59		4/26
9		Zaila SMITH	JR	#5 Point Loma Nazarene {2}	11:40.63		3/22
10		Alyssa STUMBO	SO	#4 Biola (Calif.) {3}	12:03.55		4/26



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Women's 5000 Meters

1	24	Bethany MAPES	JR	#4 Biola (Calif.)	16:29.80	4/18
2	35	Jessica KAMPMAN	SR	#1 Azusa Pacific	16:43.15	3/21
3	39	Madeline REEVES	JR	#5 Point Loma Nazarene	16:44.46	3/22
4	52	Taylor WHITFIELD	JR	#2 CUI	16:54.63	3/8
5	81	Grace SOUTHERN	SR	#7 Academy of Art	17:06.09	3/22
6	85	Jori PARADIS	SR	#2 CUI {2}	17:08.79	3/8
7	99	Julia MARTINEZ	SO	#3 Fresno Pacific	17:14.07	4/18
8		Porshe EISMANN	SR	#2 CUI {3}	17:14.36	4/18
9		Lynette RUIZ	SR	#4 Biola (Calif.) {2}	17:26.73	3/8
10		Jessina MORALES	SR	#6 Vanguard (Calif.)	17:27.54	3/8

Women's 10,000 Meters

1	11	Madeline REEVES	JR	#5 Point Loma Nazarene	34:28.75	4/5
2	28	Lynette RUIZ	SR	#4 Biola (Calif.)	34:57.53	4/5
3	58	Aislin TAYLOR	JR	#4 Biola (Calif.) {2}	36:19.22	4/26
4	64	Sofia VASQUEZ	JR	#1 Azusa Pacific	36:29.42	4/26
5		Audrey BARCENAS	JR	#2 CUI	37:21.49	4/26
6		Ryley BURNS	JR	#5 Point Loma Nazarene {2}	37:37.19	4/26
7		Julissa AVILA	JR	#3 Fresno Pacific	38:01.25	4/5
8		Madyson NAKAMURA	FR	#6 Vanguard (Calif.)	38:28.91	4/26
9		Ellie STETINA	JR	#4 Biola (Calif.) {3}	38:29.81	4/5
10		Karis BROWN	JR	#4 Biola (Calif.) {4}	38:30.39	4/5

Women's 4x100 Relay

1	2	Riley Allen, Brianna Green, Sariyah Copeland, Shaniya Randolph	#3 Fresno Pacific	44.42	5/8
2	17	Alayna Verner, Kiayra Holmes, Nevaeh Williams, Trinity Miller	#1 Azusa Pacific	45.31	4/18
3	28	Jasmyn Crawford, Nataleah Yanez, Logan Nelson, Ruby Bishop	#2 CUI	45.89	4/5
4	48	Jordyn Burke, Brooke Dalgity, Eryn Burke, Elizabeth Betten	#6 Vanguard (Calif.)	46.59	3/22
5	61	Tresley Love, Juvonna Cornette, Erine Collard, Jaylen Walker	#7 Academy of Art	47.03	3/8
6	68	Madi Simmers, Lily Gomez, Angelica Gomes, Blanca Granados	#5 Point Loma Nazarene	47.19	3/22
7	81	Priscilla Jones, Audrey Mousa, Kailey Centers, Caden Hunter	#4 Biola (Calif.)	47.39	4/19
8	83	Grace Soberanis, Kennah Shaffer, Jaiden Rodrigues, Charlotte Williams	#9 Westmont (Calif.)	47.42	4/12
9		Caytlin Capulong, LaNicia Ellis, Vivian Rodrigues, Tatyana Robles	#10 Dominican (Calif.)	50.30	4/19
10		Erica Waseq, Paloma Baumert, Karsyn Leikauf, Aurora Osburn	#8 Jessup (Calif.)	51.13	3/22



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Women's 4x400 Relay

1	1	Ariana Vera, Shaniya Randolph, Kenahdi Haslip, Sariah Copeland	#3	Fresno Pacific	3:36.82	5/3
2	7	Trinity Miller, Olivia Alexandre, Kiayra Holmes, Alayna Verner	#1	Azusa Pacific	3:38.03	5/8
3	26	Megan Charley, Eryn Burke, Elizabeth Betten, Brooke Dalgity	#6	Vanguard (Calif.)	3:43.80	4/26
4	40	Giovana Pelascini, Porshe Eismann, Ruby Bishop, Riley Norris	#2	CUI	3:47.31	5/3
5	41	Tresley Love, Lina Hanich, Michaela Andrews, Juvonna Cornette	#7	Academy of Art	3:47.36	3/22
6	56	Hannah Hanson, Maggie Williams, Eboselulu Omofoma, Jaden Murray	#4	Biola (Calif.)	3:50.51	4/26
7	59	Makenna Sullivan, Sarah McGarry, Angelica Gomes, Blanca Granados	#5	Point Loma Nazarene	3:51.09	3/15
8		Kennah Shaffer, Abigail Hundley, Jaiden Rodrigues, Charlotte Williams	#9	Westmont (Calif.)	3:57.30	4/26
9		Sarah Chavez, LaNicia Ellis, Bella Bueno, Vivian Rodrigues	#10	Dominican (Calif.)	4:08.71	4/26
10		#Type!	#8	Jessup (Calif.)	4:20.97	5/9

Women's High Jump

1	7	Eliana SAUNDERS	SR	#1	Azusa Pacific	1.74m	5-8½	3/22
2	10	Luisa FISCHER	SR	#1	Azusa Pacific	{2} 1.73m	5-8	4/11
2	10	Nouhayla ERRAHILI	SR	#1	Azusa Pacific	{2} 1.73m	5-8	5/8
4	24	Telma KRISTJANSSON	FR	#2	CUI	1.71m	5-7¼	4/18
5	26	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	{4} 1.70m	5-7	4/11
6	36	Zania RUFFIN	FR	#1	Azusa Pacific	{5} 1.68m	5-6	4/18
7	45	Ashley HUME	SR	#1	Azusa Pacific	{6} 1.67m	5-5¾	4/11
8		Joley SPROUL	SR	#4	Biola (Calif.)	1.61m	5-3¾	4/11
8		Riley NORRIS	JR	#2	CUI	{2} 1.61m	5-3¾	5/8
8		Rowan CEBULSKI	SO	#5	Point Loma Nazarene	1.61m	5-3¾	3/8
8		Eboselulu OMOFOMA	FR	#4	Biola (Calif.)	1.61m	5-3¾	3/8

Women's Pole Vault

1	39	Brianne CAMARENA	SR	#5	Point Loma Nazarene	3.79m	12-5¼	4/26
1	39	Peyton YOSHIDA	SR	#5	Point Loma Nazarene	3.79m	12-5¼	4/26
1	39	Danielle GOULD	SO	#5	Point Loma Nazarene	3.79m	12-5¼	4/26
4	48	Alexus SALAZAR	FR	#1	Azusa Pacific	3.73m	12-2¾	5/8
5	70	Reanna MAROON	SR	#4	Biola (Calif.)	3.65m	11-11¾	4/12
5	70	Katherine HEEKIN	JR	#5	Point Loma Nazarene	{4} 3.65m	11-11¾	4/12
7	86	Paloma BAUMERT	SO	#8	Jessup (Calif.)	3.59m	11-9¼	4/26
8	97	Bridget BOURDON	FR	#2	CUI	3.50m	11-5¾	4/5
9		Evanthia KOUTELIERIS	SR	#5	Point Loma Nazarene	{5} 3.35m	10-11¾	4/5
10		Lorraine MANKINS	SR	#3	Fresno Pacific	3.29m	10-9½	4/26

Women's Long Jump

1	8	Jasmyn CRAWFORD	SR	#2	CUI	6.25m	20-6¼ (1.9)	3/8
2	21	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	6.07mw	19-11 (2.5)	5/8
3	82	Kennah SHAFFER	SR	#9	Westmont (Calif.)	5.74m	18-10 (2.0)	4/12
4	94	Luisa FISCHER	SR	#1	Azusa Pacific	{2} 5.70mw	18-8½ (3.1)	4/11
5		Eboselulu OMOFOMA	FR	#4	Biola (Calif.)	5.69m	18-8 (1.6)	3/29
5		Autumn MURRAY	SO	#4	Biola (Calif.)	5.69m	18-8 (2.0)	4/12
7		Maika CUENCA	JR	#7	Academy of Art	5.55m	18-2½ (0.0)	4/18
7		Ashley HUME	SR	#1	Azusa Pacific	{3} 5.55mw	18-2½ (2.4)	4/11
9		Jaylen WALKER	FR	#7	Academy of Art	{2} 5.50m	18-½ (0.0)	4/26
9		Cami MARTIN	FR	#2	CUI	{2} 5.50m	18-½ (0.7)	4/26

Women's Triple Jump

1	54	Makenna SULLIVAN	SR	#5	Point Loma Nazarene	11.80m	38-8¾ (0.0)	4/26
2	65	Jaylen WALKER	FR	#7	Academy of Art	11.74m	38-6¼ (1.0)	3/22
3		Eboselulu OMOFOMA	FR	#4	Biola (Calif.)	11.47m	37-7¾ (1.3)	4/12
4		Zania RUFFIN	FR	#1	Azusa Pacific	11.14m	36-6¼ (1.4)	3/8
5		Autumn MURRAY	SO	#4	Biola (Calif.)	{2} 11.11m	36-5½ (0.5)	4/12
6		Kolena APANA	FR	#6	Vanguard (Calif.)	11.03m	36-2¼ (-0.8)	2/22
7		Aurora OSBURN	FR	#8	Jessup (Calif.)	10.78m	35-4½ (1.8)	3/29
7		Cami MARTIN	FR	#2	CUI	10.78m	35-4½ (-0.1)	4/18
9		Alexandra ORTIZ	JR	#2	CUI	{2} 10.76m	35-3¾ (1.2)	4/5
9		Kylie ROBERTS	FR	#3	Fresno Pacific	10.76m	35-3¾ (0.0)	4/26

Women's Shot Put

1	1	Hannah RICHARDSON	JR	#1	Azusa Pacific	16.70m	54-9½	4/18
2	20	Molly OLSON	SR	#1	Azusa Pacific	{2} 14.68m	48-2	4/18
3	57	Esther CONDE-TURPIN	JR	#1	Azusa Pacific	{3} 13.71m	44-11¾	3/29
4	90	Nevaeh DYER	FR	#2	CUI	13.20m	43-3¾	3/8
5	99	Julia PISENTI	SO	#8	Jessup (Calif.)	13.15m	43-1¾	4/19
6		Luisa FISCHER	SR	#1	Azusa Pacific	{4} 13.05m	42-9¾	4/11
7		Jasmyn RIOS	SO	#2	CUI	{2} 12.79m	41-11½	4/18
8		Jaelah BUTLER	SR	#6	Vanguard (Calif.)	12.76m	41-10½	3/29
9		Laura BRENNAN	SO	#4	Biola (Calif.)	12.74m	41-9¾	4/19
10		Alexa HUME	JR	#1	Azusa Pacific	{5} 12.34m	40-6	3/22



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PacWest

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Women's Discus

1	4	Julia PISENTI	SO	#8 Jessup (Calif.)	51.87m	170-2	4/5
2	8	Hannah RICHARDSON	JR	#1 Azusa Pacific	50.21m	164-9	4/5
3	19	Tayla CRENSHAW	SR	#2 CUI	48.36m	158-8	5/9
4	40	Hope WILLIS	FR	#4 Biola (Calif.)	46.17m	151-6	4/5
5	47	Molly OLSON	SR	#1 Azusa Pacific	{2} 45.66m	149-10	4/5
6	48	Khaiya SIMPSON	SR	#2 CUI	{2} 45.64m	149-9	5/3
7	70	Jocelyn PEDRETTI	SO	#8 Jessup (Calif.)	{2} 44.05m	144-6	3/29
8	99	Whitney GRIFFITH	FR	#2 CUI	{3} 43.06m	141-3	2/22
9		Norah DEYOUNG	SO	#4 Biola (Calif.)	{2} 40.85m	134-0	4/12
10		Leah GILMORE	SO	#4 Biola (Calif.)	{3} 40.37m	132-6	3/15

Women's Hammer

1	70	Hannah RICHARDSON	JR	#1 Azusa Pacific	51.57m	169-3	4/26
2		Tayla CRENSHAW	SR	#2 CUI	49.35m	161-11	4/26
3		Jaelah BUTLER	SR	#6 Vanguard (Calif.)	48.38m	158-9	4/26
4		Casey DAVIS	SR	#3 Fresno Pacific	48.20m	158-2	4/26
5		Faith WINNINGHAM	SO	#4 Biola (Calif.)	47.85m	157-0	4/26
6		Alexa HUME	JR	#1 Azusa Pacific	{2} 46.43m	152-4	4/26
7		Luca ROMEO	JR	#3 Fresno Pacific	{2} 46.11m	151-4	4/19
8		Khaiya SIMPSON	SR	#2 CUI	{2} 45.89m	150-7	3/29
9		Ashley HEYER	SO	#2 CUI	{3} 44.07m	144-7	3/29
10		Hope WILLIS	FR	#4 Biola (Calif.)	{2} 43.08m	141-4	2/22

Women's Javelin

1	3	Luisa FISCHER	SR	#1 Azusa Pacific	50.14m	164-6	4/26
2	33	G'nea PITT	FR	#7 Academy of Art	43.04m	141-3	4/26
3	39	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	{2} 42.65m	139-11	3/29
4	48	Julia PISENTI	SO	#8 Jessup (Calif.)	41.91m	137-6	3/29
5	76	Whitney GRIFFITH	FR	#2 CUI	40.18m	131-10	3/29
6	77	Molly OLSON	SR	#1 Azusa Pacific	{3} 40.16m	131-9	4/26
7	78	Emma HEIN	FR	#1 Azusa Pacific	{4} 40.12m	131-8	3/29
8	90	Harper FORSHEE	FR	#2 CUI	{2} 39.40m	129-3	4/26
9		Hope WILLIS	FR	#4 Biola (Calif.)	38.58m	126-7	4/26
10		Ashley HUME	SR	#1 Azusa Pacific	{5} 37.39m	122-8	5/8

Women's Heptathlon

1	1	Esther CONDE-TURPIN	JR	#1 Azusa Pacific	5,974		4/11
2	3	Luisa FISCHER	SR	#1 Azusa Pacific	{2} 5,616		4/11
3	13	Riley NORRIS	JR	#2 CUI	5,086		5/8
4	17	Ashley HUME	SR	#1 Azusa Pacific	{3} 5,061		5/8
5	22	Giovana PELASCINI	SO	#2 CUI	{2} 4,894		4/26
6	30	Joley SPROUL	SR	#4 Biola (Calif.)	4,797		4/11
7	55	Maika CUENCA	JR	#7 Academy of Art	4,572		3/29
8	59	Rowan CEBULSKI	SO	#5 Point Loma Nazarene	4,512		3/29
9	81	Jocelyn PEDRETTI	SO	#8 Jessup (Calif.)	4,285		5/9
10	85	Reagan COLE	JR	#5 Point Loma Nazarene	{2} 4,275		3/29



Conference TFRI Event Summary



PBC

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Women's 100 Meters

1	12	Josalyn BRANCH	SO	#2 Augusta	11.40w	(3.4)	4/29
2	26	Nakhia MONTGOMERY	JR	#4 Columbus State	11.50w	(2.9)	4/29
3	41	Payton KNOWLES	FR	#5 Clayton State	11.60w	(3.4)	4/29
4	59	Destiny HANNA	JR	#5 Clayton State	{2} 11.70w	(3.4)	4/29
4	59	Madison MITCHELL	FR	#2 Augusta	{2} 11.70w	(2.9)	4/29
6	84	Cayla BROWN	SR	#5 Clayton State	{3} 11.80w	(2.9)	4/29
7		Caalyn HYMAN	FR	#3 Lander	12.00w	(3.4)	4/29
8		Chassidy LOCK	FR	#4 Columbus State	{2} 12.20w	(3.4)	4/29
8		Dionna RIVERS	FR	#7 USC Beaufort (S.	12.20w	(2.9)	4/29
10		Azorria HIGGINS	FR	#4 Columbus State	{3} 12.30w	(2.9)	4/29

Women's 100 Meter Hurdles

1		Zoe ZINNIE	SO	#1 Flagler	14.85w	(3.5)	4/29
2		LeeAisha FORD	JR	#7 USC Beaufort (S.	14.87w	(2.4)	4/29
3		Liza VARNUM	SO	#4 Columbus State	15.40w	(2.4)	4/29
4		De'Andra BROWN	JR	#7 USC Beaufort (S.	{2} 15.83	(-0.8)	4/29
5		Kaitlyn ALSTON	FR	#4 Columbus State	{2} 15.91w	(2.4)	4/29
6		Courtney MCGOUGH	FR	#1 Flagler	{2} 16.15w	(2.1)	4/5
7		Syni LACY	SO	#4 Columbus State	{3} 16.96	(-0.4)	4/5
8		Destiny LOVE	FR	#5 Clayton State	17.45w	(2.2)	3/28
9		Rebekah KLOSSNER	SO	#2 Augusta	17.72	(-0.8)	4/29
10		Sara MILLER	FR	#1 Flagler	{3} 17.88	(0.1)	3/30

Women's 200 Meters

1	77	Nakhia MONTGOMERY	JR	#4 Columbus State	24.18w	(3.3)	4/29
2		Cayla BROWN	SR	#5 Clayton State	24.34w	(3.3)	4/29
3		Josalyn BRANCH	SO	#2 Augusta	24.91	(1.8)	4/29
4		Payton KNOWLES	FR	#5 Clayton State	{2} 24.97w	(3.3)	4/29
5		Tymia WILLIS	FR	#3 Lander	25.33w	(3.3)	4/29
6		Madison MITCHELL	FR	#2 Augusta	{2} 25.46w	(2.6)	4/29
7		Ziona HARRIS	SO	#5 Clayton State	{3} 25.54	(1.4)	4/29
8		Rebecca OJI	FR	#5 Clayton State	{4} 25.77w	(2.6)	4/29
9		LeeAisha FORD	JR	#7 USC Beaufort (S.	25.86	(1.4)	4/29
10		Destiny HANNA	JR	#5 Clayton State	{5} 25.93	(1.8)	4/29

Women's 400 Meters

1		Tymia WILLIS	FR	#3 Lander	57.18		4/29
2		Ziona HARRIS	SO	#5 Clayton State	57.66		4/29
3		Marley TATE	SO	#5 Clayton State	{2} 57.76		4/29
4		Rebecca OJI	FR	#5 Clayton State	{3} 59.75		4/29
5		Maggie OLSEN	FR	#7 USC Beaufort (S.	1:00.46		3/8
6		Alesia JOHNSON	SR	#4 Columbus State	1:00.62		3/15
7		Megan VREELAND	FR	#1 Flagler	1:01.98		4/29
8		Kasey THOMPSON	FR	#7 USC Beaufort (S.	{2} 1:02.58		3/8
9		Sophia ALEXANDER	SR	#6 North Georgia	1:02.63		2/28
10		Brie ANDREWS	FR	#2 Augusta	1:02.77		3/8

Women's 400 Meter Hurdles

1		Ivorie SMITH	JR	#5 Clayton State	1:03.73		4/29
2		Liza VARNUM	SO	#4 Columbus State	1:05.26		4/29
3		Aaliyah JORDAN	SO	#1 Flagler	1:07.30		4/29
4		Sophia ALEXANDER	SR	#6 North Georgia	1:08.18		4/29
5		Maggie OLSEN	FR	#7 USC Beaufort (S.	1:08.47		4/29
6		Anna PLUM	FR	#1 Flagler	{2} 1:09.30		4/12
7		Sara MILLER	FR	#1 Flagler	{3} 1:10.37		4/29
8		Tessa THOMPSON	FR	#1 Flagler	{4} 1:10.41		3/8
9		Janiya ENGLAND	SO	#2 Augusta	1:11.59		3/8
10		Madison MILLER	SO	#1 Flagler	{5} 1:12.95		3/30

Women's 800 Meters

1	31	Taylor STONE	SR	#1 Flagler	2:09.36		3/29
2	53	Abigail MISCH	JR	#1 Flagler	{2} 2:11.47		3/8
3	71	Ella SToudenMIRE	SR	#6 North Georgia	2:12.80		4/29
4		Zoie MARCHANT	JR	#1 Flagler	{3} 2:14.10		4/29
5		Grace GYETKO	JR	#2 Augusta	2:18.32		4/29
6		Ahlana FAILEY	JR	#5 Clayton State	2:18.35		4/29
7		Clemence TREGUER	JR	#1 Flagler	{4} 2:19.68		4/5
8		Ivorie SMITH	JR	#5 Clayton State	{2} 2:19.80		3/28
9		Franzi MARTENS	FR	#1 Flagler	{5} 2:20.33		4/12
10		JaBresha PALMER	JR	#5 Clayton State	{3} 2:21.01		3/28

Women's 1500 Meters

1	12	Taylor STONE	SR	#1 Flagler	4:21.45		3/29
2		Abigail MISCH	JR	#1 Flagler	{2} 4:41.49		3/8
3		Ella SToudenMIRE	SR	#6 North Georgia	4:42.57		4/5
4		Clemence TREGUER	JR	#1 Flagler	{3} 4:43.99		4/5
5		Zoie MARCHANT	JR	#1 Flagler	{4} 4:44.33		4/5
6		Chloe SMITH	JR	#1 Flagler	{5} 4:45.45		4/5
7		Monique WHITEMAN	SR	#1 Flagler	{6} 4:47.34		4/29
8		Enola SAVEL	SR	#1 Flagler	{7} 4:47.39		4/5
9		Sophia COOK	FR	#2 Augusta	4:50.11		4/5
10		Iris THEUNIS	FR	#1 Flagler	{8} 4:50.70c	(5:17.84A)	4/19

Women's Steeplechase

1	25	Emily MCBRIDE	SR	#2 Augusta	10:40.50		5/8
2	75	Anna CHASTEEN	SR	#6 North Georgia	11:13.21		5/10
3		Franzi MARTENS	FR	#1 Flagler	11:42.47		4/29
4		Hope SINER	JR	#1 Flagler	{2} 11:45.36		4/12
5		Aubrey DISHMAN	FR	#6 North Georgia	{2} 12:01.52		4/29
6		Maggie WELP	FR	#6 North Georgia	{3} 12:05.52		4/29
7		Danielle THAYER	SO	#2 Augusta	{2} 12:10.62		4/29
8		Katie HARPER	FR	#6 North Georgia	{4} 12:17.60		4/12
9		Teagan LAMP	FR	#6 North Georgia	{5} 12:20.33		4/29
10		Story ALEXANDER	SR	#5 Clayton State	12:31.80		4/12



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Women's 5000 Meters

1	Emily MCBRIDE	SR	#2 Augusta	17:35.00	3/8
2	Monique WHITEMAN	SR	#1 Flagler	17:38.25	3/29
3	Abigail MISCH	JR	#1 Flagler {2}	17:43.70	3/22
4	Chloe SMITH	JR	#1 Flagler {3}	17:52.05c(18:07.21A)	4/19
5	Madison KENNEDY	JR	#2 Augusta {2}	17:56.69	3/8
6	Enola SAVEL	SR	#1 Flagler {4}	18:05.13c(18:20.47A)	4/19
7	Clemence TREGUER	JR	#1 Flagler {5}	18:15.15	3/22
8	Hope SINER	JR	#1 Flagler {6}	18:27.17	3/22
9	Carly FUEL	SO	#3 Lander	18:33.83	3/22
10	Eden GODDARD	JR	#1 Flagler {7}	18:35.57	3/22

Women's 10,000 Meters

1	93 Madison KENNEDY	JR	#2 Augusta	37:08.13	4/18
2	Enola SAVEL	SR	#1 Flagler	37:31.46	3/22
3	Carly FUEL	SO	#3 Lander	39:45.38	4/5
4	Maria BIONDOLLO	SO	#2 Augusta {2}	40:06.75	4/5
5	Chloe SMITH	JR	#1 Flagler {2}	42:06.88	4/29
6	Lily MCDONALD	FR	#2 Augusta {3}	43:01.89	4/29
7	Jessie GATES	SO	#1 Flagler {3}	44:12.62	4/29
8	Francesca PECE	JR	#1 Flagler {4}	44:12.81	4/29
9	Jupiter BOERS	FR	#2 Augusta {4}	45:57.66	4/29

Women's 4x100 Relay

1	60 #Type!	#5 Clayton State	47.02	4/29
2	#Type!	#2 Augusta	48.03	4/29
3	#Type!	#4 Columbus State	48.70	4/29
4	LeeAisha Ford, De'Andra Brown, Maggie Olsen, Dionna Rivers	#7 USC Beaufort (S.	49.42	4/12
5	#Type!	#3 Lander	50.68	4/5
6	Madison Miller, Sara Miller, Megan Vreeland, Zoe Zinnie	#1 Flagler	51.22	4/5
7	#Type!	#6 North Georgia	56.52	4/29

Women's 4x400 Relay

1	86 #Type!	#5 Clayton State	3:55.16	4/29
2	#Type!	#1 Flagler	4:01.38	4/29
3	Sophia Alexander, Aubrey Dishman, Adi Myers, Ella Stoudenmire	#6 North Georgia	4:07.32	3/22
4	#Type!	#7 USC Beaufort (S.	4:11.48	4/29
5	Madison Mitchell, Joselyn Branch, Janiya England, Brie Andrews	#2 Augusta	4:15.46	3/8
6	Tymia Willis, Tamiya Mobley, Keyonna Morgan, Kiersten Thatcher	#3 Lander	4:18.12	3/22
7	Nakhia Montgomery, Liza Varnum, Amber Elder, Chassidy Lock	#4 Columbus State	4:18.52	3/22

Women's High Jump

1	Tamiya MOBLEY	FR	#3 Lander	1.50m	4-11	4/5
2	McCayla WILLINGHAM	SR	#3 Lander {2}	1.45m	4-9	4/5
2	Paige JUSTICE	FR	#2 Augusta	1.45m	4-9	3/22
2	Liza VARNUM	SO	#4 Columbus State	1.45m	4-9	4/5
2	Zoe ZINNIE	SO	#1 Flagler	1.45m	4-9	4/29
2	Riley WOLTERS	JR	#3 Lander {2}	1.45m	4-9	2/28
2	De'Andra BROWN	JR	#7 USC Beaufort (S.	1.45m	4-9	4/12
8	Kasey THOMPSON	FR	#7 USC Beaufort (S.{2}	1.40m	4-7	4/12
8	Sarah ARNOLD	SO	#4 Columbus State {2}	1.40m	4-7	3/15
10	Kiersten THATCHER	SO	#3 Lander {4}	1.36m	4-5½	4/5

Women's Pole Vault

1	Sarah ARNOLD	SO	#4 Columbus State	3.20m	10-6	4/12
2	Faith O'NEAL	FR	#4 Columbus State {2}	3.00m	9-10	4/5
3	Rebekah KLOSSNER	SO	#2 Augusta	2.90m	9-6¼	4/29
3	Amber JOHNSON	JR	#4 Columbus State {3}	2.90m	9-6¼	4/29
5	Alesia JOHNSON	SR	#4 Columbus State {4}	2.75m	9-¼	4/29
5	Allyson WOOLEVER	FR	#3 Lander	2.75m	9-¼	4/29
7	Kate CURRY	FR	#7 USC Beaufort (S.	2.45m	8-½	4/29
8	Kasey THOMPSON	FR	#7 USC Beaufort (S.{2}	2.30m	7-6½	4/5

Women's Long Jump

1	Nene AKAOSE	FR	#2 Augusta	5.56m	18-3 (1.2)	3/22
2	Ny'Asia GREEN	SR	#6 North Georgia	5.31m	17-5½ (1.6)	4/12
3	De'Andra BROWN	JR	#7 USC Beaufort (S.	5.27m	17-3½ (0.6)	4/29
4	Madison MILLS	SO	#2 Augusta {2}	5.20mw	17-¾ (2.2)	4/5
5	Rebekah KLOSSNER	SO	#2 Augusta {3}	4.98m	16-4¼ (1.2)	4/29
6	Zoe ZINNIE	SO	#1 Flagler	4.71mw	15-5½ (2.2)	4/5
7	Sara MILLER	FR	#1 Flagler {2}	4.65mw	15-3¼ (2.7)	4/5
7	Kaitlyn ALSTON	FR	#4 Columbus State	4.65m	15-3¼ (0.1)	4/5
9	Maya JACKSON	SO	#5 Clayton State	4.60m	15-1¼ (-0.7)	3/28
10	Jamelaah MOSLEY	FR	#4 Columbus State {2}	4.55mw	14-11¼ (2.4)	4/29

Women's Triple Jump

1	Ny'Asia GREEN	SR	#6 North Georgia	11.07m	36-4 (1.4)	4/12
2	Deandra DOWNER	JR	#4 Columbus State	11.05m	36-3 (0.0)	3/22
3	Kaitlyn ALSTON	FR	#4 Columbus State {2}	10.79m	35-4¾ (1.9)	4/29
4	De'Andra BROWN	JR	#7 USC Beaufort (S.	10.37m	34-¼ (0.8)	4/12
5	Maya JACKSON	SO	#5 Clayton State	9.96m	32-8¼ (-0.8)	3/28
6	Jamelaah MOSLEY	FR	#4 Columbus State {3}	9.48m	31-1¼ (-0.5)	3/22

Women's Shot Put

1	Jamia CLARK	SO	#3 Lander	12.36m	40-6¾	4/29
2	Jala WILLIAMS	SO	#2 Augusta	11.17m	36-7¾	2/28
3	Kyleo WORRIELS	JR	#5 Clayton State	11.09m	36-4¾	4/29
4	Jakeira ANDERSON	FR	#3 Lander {2}	10.47m	34-4¼	4/29
5	Yiddisha LYLES	FR	#3 Lander {3}	10.40m	34-1½	4/12
6	Kayli MILLER	SO	#4 Columbus State	10.36m	34-0	3/22
7	Keeva TRACEY	FR	#2 Augusta {2}	10.34m	33-11¼	4/5
8	Dana MCDANIEL	SO	#4 Columbus State {2}	10.06m	33-¼	3/22
9	De'Andra BROWN	JR	#7 USC Beaufort (S.	10.01m	32-10¼	4/29
10	Sophia STALFORD	JR	#7 USC Beaufort (S.{2}	9.20m	30-2¼	4/12



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Women's Discus

1	Jala WILLIAMS	SO	#2 Augusta	37.31m	122-5	4/29
2	Sophia STALFORD	JR	#7 USC Beaufort (S.	37.03m	121-6	4/5
3	Jakeira ANDERSON	FR	#3 Lander	35.30m	115-10	3/22
4	Kayli MILLER	SO	#4 Columbus State	35.14m	115-4	3/15
5	Yiddisha LYLES	FR	#3 Lander	{2}32.82m	107-8	4/29
6	Dana MCDANIEL	SO	#4 Columbus State	{2}32.65m	107-2	3/22
7	Mya PETERSON	FR	#1 Flagler	25.64m	84-1½	3/8
8	Emma AVANT	JR	#3 Lander	{3}25.61m	84-¼	3/22
9	Carmen SPEARS	SO	#3 Lander	{4}25.16m	82-6½	4/5
10	Elizabeth COVINGTON	FR	#3 Lander	{5}24.03m	78-10¼	4/5

Women's Hammer

1	Yiddisha LYLES	FR	#3 Lander	40.68m	133-6	4/29
2	Jakeira ANDERSON	FR	#3 Lander	{2}37.25m	122-3	4/29
3	Emma AVANT	JR	#3 Lander	{3}36.50m	119-9	4/12
4	Sophia STALFORD	JR	#7 USC Beaufort (S.	35.91m	117-10	4/5
5	Dana MCDANIEL	SO	#4 Columbus State	35.83m	117-7	3/22
6	Kayli MILLER	SO	#4 Columbus State	{2}35.78m	117-5	3/15
7	Carmen SPEARS	SO	#3 Lander	{4}28.42m	93-3	4/29
8	Elizabeth COVINGTON	FR	#3 Lander	{5}23.54m	77-2¾	4/12

Women's Javelin

1	Sara MILLER	FR	#1 Flagler	31.79m	104-4	4/5
2	Jamia CLARK	SO	#3 Lander	30.51m	100-1	4/29
3	Mya PETERSON	FR	#1 Flagler	{2}30.29m	99-4½	3/8
4	Yiddisha LYLES	FR	#3 Lander	{2}28.59m	93-9¾	4/5
5	Keeva TRACEY	FR	#2 Augusta	26.63m	87-4½	4/5
6	Brianna EGGLESTON	SO	#5 Clayton State	24.79m	81-4	4/12
7	Kyleo WORRIELS	JR	#5 Clayton State	{2}24.11m	79-1¼	4/29
8	De'Andra BROWN	JR	#7 USC Beaufort (S.	22.27m	73-¾	4/12
9	Katie LEA	SO	#3 Lander	{3}21.46m	70-5	4/29
10	Zoe ZINNIE	SO	#1 Flagler	{3}21.04m	69-½	4/5

Women's Heptathlon

1	De'Andra BROWN	JR	#7 USC Beaufort (S.	3,809		4/29
2	Kiersten THATCHER	SO	#3 Lander	2,989		4/5
3	Rebekah KLOSSNER	SO	#2 Augusta	2,645		4/29



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Women's 100 Meters

1	50	Lily PALACIO-LEWIS	SR	#8 West Chester	11.64w	(3.4)	5/10
2	65	Samantha GILBERT	SR	#1 Slippery Rock	11.73w	(3.4)	5/10
3	80	Mayah CHARITY	SR	#13 Pitt Johnstown	11.77w	(3.4)	5/10
4		Loreena MANSER	FR	#4 California (Pa.)	11.86w	(2.2)	5/10
5		Aasly DE LEON	FR	#3 Millersville	11.92w	(3.4)	5/10
6		Cahsia PAGE	SR	#11 Indiana (Pa.)	11.99w	(2.2)	5/10
7		Regan JOHNSON	SR	#1 Slippery Rock	{2} 12.06w	(3.4)	5/10
8		Riley TIGHE	FR	#4 California (Pa.)	{2} 12.07w	(3.4)	5/10
9		Kiana YOUNG	JR	#5 Kutztown	12.12w	(2.2)	3/29
10		Brook SMITH	SO	#5 Kutztown	{2} 12.14w	(2.2)	5/10

Women's 100 Meter Hurdles

1	46	Sasha LEE	SR	#2 Shippensburg	14.09w	(2.6)	3/29
2	69	Katelyn MURPHY	SO	#3 Millersville	14.31	(0.1)	5/10
3	87	Bryna KELLY	JR	#11 Indiana (Pa.)	14.43	(0.1)	5/10
4	98	Morgan PERA	FR	#8 West Chester	14.48	(0.1)	5/10
5		Chaley YOUNKIN	SR	#1 Slippery Rock	14.57	(1.8)	5/10
6		Abby PARISE	FR	#6 Bloomsburg	14.65w	(2.7)	3/29
7		Makayla SMITH	SO	#7 East Stroudsburg	14.78w	(3.4)	5/10
8		Madeline NEWARK	JR	#10 Edinboro	14.85	(0.5)	4/14
9		Ellie ZURO	SO	#13 Pitt Johnstown	14.88	(0.0)	5/2
10		Sabela ZABLACKIS	SR	#3 Millersville	{2} 14.89	(0.1)	5/10

Women's 200 Meters

1	68	Lily PALACIO-LEWIS	SR	#8 West Chester	24.12w	(2.1)	5/10
2	72	Loreena MANSER	FR	#4 California (Pa.)	24.15w	(2.1)	5/10
3		Samantha GILBERT	SR	#1 Slippery Rock	24.46w	(2.1)	5/10
4		Mayah CHARITY	SR	#13 Pitt Johnstown	24.57w	(2.1)	5/10
5		Aasly DE LEON	FR	#3 Millersville	24.69w	(2.1)	5/10
6		Beth SCHEARER	SO	#5 Kutztown	24.72w	(2.1)	5/10
7		Berna ZUKINA	JR	#10 Edinboro	24.92	(1.7)	4/14
8		Cahsia PAGE	SR	#11 Indiana (Pa.)	24.95w	(2.1)	5/10
9		Raechel BONNER	SR	#5 Kutztown	{2} 24.98w	(3.4)	5/10
10		Jianna LONG	FR	#1 Slippery Rock	{2} 25.02	(0.0)	4/18

Women's 400 Meters

1	42	Berna ZUKINA	JR	#10 Edinboro	54.77		5/10
2	61	Jillian SYDNOR	FR	#3 Millersville	55.21		5/10
3		Jianna LONG	FR	#1 Slippery Rock	56.08		5/10
4		Nemani MOON	FR	#12 Seton Hill	56.18		5/10
5		Shelby DERKOSH	JR	#3 Millersville	{2} 56.61		5/10
6		Alyssa WERT	JR	#2 Shippensburg	56.69		5/10
7		Aubrey SYDNOR	SR	#3 Millersville	{3} 56.94		5/10
8		Beth SCHEARER	SO	#5 Kutztown	57.09c	(57.84)	4/19
9		Haley BRENNY	SR	#12 Seton Hill	{2} 57.57		4/26
10		Raechel BONNER	SR	#5 Kutztown	{2} 57.91		4/26

Women's 400 Meter Hurdles

1	15	Haley BRENNY	SR	#12 Seton Hill	59.81		5/10
2	66	Ellie ZURO	SO	#13 Pitt Johnstown	1:02.18		5/2
3	72	Layla ROBERTSON	JR	#12 Seton Hill	{2} 1:02.43		5/10
4	98	Madison MALCOLM	SO	#2 Shippensburg	1:03.31		4/5
5	99	Melanie BARGER	JR	#2 Shippensburg	{2} 1:03.32		5/10
6		Bella BROZESKI	SO	#11 Indiana (Pa.)	1:04.14		5/10
7		Abby PARISE	FR	#6 Bloomsburg	1:04.28		5/3
8		Keelin BECKER	SR	#12 Seton Hill	{3} 1:04.43		5/10
9		Makayla WEBER	JR	#9 Lock Haven	1:04.49		5/3
10		Evabella COX	FR	#1 Slippery Rock	1:04.56		5/2

Women's 800 Meters

1	51	Riley TRENTOWSKI	FR	#7 East Stroudsburg	2:11.28		4/14
2		Nicole CARROLL	SO	#9 Lock Haven	2:14.83		5/10
3		Abby STITZER	FR	#14 Clarion	2:15.51		5/10
4		Aubrey SECHRIST	SR	#9 Lock Haven	{2} 2:15.97		4/19
5		Gabriella FRALIN	SO	#4 California (Pa.)	2:17.08		4/18
6		Eliza MILLER	FR	#10 Edinboro	2:17.78		5/10
7		Claire HAUSER	SR	#9 Lock Haven	{3} 2:18.46		5/3
8		Rosalyn PEROZZI	SO	#4 California (Pa.)	{2} 2:18.62		5/3
9		Mackey DONOVAN	JR	#5 Kutztown	2:18.68		5/10
10		Nemani MOON	FR	#12 Seton Hill	2:19.24		3/29

Women's 1500 Meters

1		Anna IGIMS	SR	#1 Slippery Rock	4:37.79		5/10
2		Riley TRENTOWSKI	FR	#7 East Stroudsburg	4:38.53		5/10
3		Kate PIPILO	SR	#12 Seton Hill	4:40.40		5/10
4		Nicole CARROLL	SO	#9 Lock Haven	4:44.07		4/5
5		Madeline CURTIS	SR	#4 California (Pa.)	4:44.26		5/10
6		Aubrey SECHRIST	SR	#9 Lock Haven	{2} 4:44.74		4/5
7		Kristina TAPIA	JR	#8 West Chester	4:44.79		4/5
8		Kadi BAUER	SO	#10 Edinboro	4:44.91		3/29
9		Ruthie HUGHES	JR	#1 Slippery Rock	{2} 4:45.81		4/5
10		Payton FALKENSTEIN	SO	#7 East Stroudsburg	{2} 4:46.04		4/26

Women's Steeplechase

1	5	Anna IGIMS	SR	#1 Slippery Rock	10:17.13		4/26
2	97	Sophia KNERR	SR	#5 Kutztown	11:20.17		5/10
3	100	Hannah BURGOON	JR	#1 Slippery Rock	{2} 11:20.80		5/10
4		Katie SLIMON	SO	#10 Edinboro	11:26.52		5/10
5		Maddie GRILLO	SR	#1 Slippery Rock	{3} 11:32.46		4/14
6		Sydney WERNER	SO	#6 Bloomsburg	11:33.07		5/3
7		Olivia SOLOMON	FR	#5 Kutztown	{2} 11:33.63		5/10
8		Morgan DENNISON	SR	#1 Slippery Rock	{4} 11:40.56		5/10
9		Jensen KRAFT	SO	#5 Kutztown	{3} 11:46.27		5/10
10		Julia O'BRIEN	JR	#11 Indiana (Pa.)	11:46.85		4/14



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Women's 5000 Meters

1	30	Anna IGIMS	SR	#1 Slippery Rock	16:38.85	4/14
2		Payton FALKENSTEIN	SO	#7 East Stroudsburg	17:27.78	4/14
3		Victoria MATTIOLI	JR	#2 Shippensburg	17:37.69	4/14
4		Kate SZEP	SR	#10 Edinboro	17:39.57	3/22
5		Jaelyn D'AMELIO	SR	#5 Kutztown	17:48.98	4/14
6		Gwen LLOYD	SR	#9 Lock Haven	17:50.55	4/14
7		Sophia KNERR	SR	#5 Kutztown	{2} 17:55.29	4/14
8		Ruthie HUGHES	JR	#1 Slippery Rock	{2} 17:56.58	4/18
9		Alyssa CUNNINGHAM	SO	#6 Bloomsburg	18:00.48	4/5
10		Madeline CURTIS	SR	#4 California (Pa.)	18:09.70	3/29

Women's 10,000 Meters

1	44	Ruthie HUGHES	JR	#1 Slippery Rock	35:48.09	4/14
2		Amanda KELLY	JR	#6 Bloomsburg	37:26.63	4/14
3		Hannah WEAVER	SR	#11 Indiana (Pa.)	37:57.54	4/14
4		Payton FALKENSTEIN	SO	#7 East Stroudsburg	38:09.86	5/10
5		Victoria MATTIOLI	JR	#2 Shippensburg	38:15.69	5/10
6		Victoria BARTHOLOMEW	FR	#2 Shippensburg	{2} 38:54.26	5/10
7		Maura LENHART	SO	#5 Kutztown	38:58.01	5/10
8		Emily MASSAGE	SR	#3 Millersville	39:06.07	5/10
9		Jocelyn WILSON	SO	#10 Edinboro	39:17.11	4/5
10		Sage DUNKLEBERGER	SO	#5 Kutztown	{2} 39:21.13	5/10

Women's 4x100 Relay

1	39	Samantha Gilbert, Regan Johnson, Layne Miller, Jianna Long	#1 Slippery Rock	46.30	5/10
2	66	Alessandra Peccon, Loreena Manser, Alice Etienne, Riley Tighe	#4 California (Pa.)	47.10	5/10
3	71	Taniyah Lawler, Beth Schearer, Raechel Bonner, Brook Smith	#5 Kutztown	47.20	5/10
4	74	Gabby Curtis, Katja Larsen, Genevieve McDonald, Lily Palacio-Lewis	#8 West Chester	47.26	5/10
5	91	Aasly De Leon, Heather Lesinski, Delaney Wenger, Arianna Kouakou	#3 Millersville	47.65	4/26
6	99	Renee Simmonds, Cahsia Page, Anna Kadlubek, Emma Laughlin	#11 Indiana (Pa.)	47.84	4/19
7		Melanie Barger, Sasha Lee, Emily Calamia, Addalyn Brower	#2 Shippensburg	48.19	4/26
8		Mackenzie Huston, Madeline Newark, Maddison Doren, Berna Zukina	#10 Edinboro	48.53	3/29
9		Mayah Charity, Kara McKenzie, Rihanna Hillegas, Ava Menzies	#13 Pitt Johnstown	48.79	4/26
10		Makayla Smith, Kristian Dorsett, Alyssa Vogt, Aaliyah Cancel	#7 East Stroudsburg	49.33	3/29



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Women's 4x400 Relay

1	31	Milan Snell, Jillian Sydnor, Aubrey Sydnor, Shelby Derkosh	#3 Millersville	3:45.94	5/10
2	48	Gianna Sturdivant, Layla Robertson, Haley Brenny, Nemani Moon	#12 Seton Hill	3:49.27	5/10
3	68	Emily Calamia, Melanie Barger, Madison Malcolm, Alyssa Wert	#2 Shippensburg	3:52.50	4/5
4	71	Samantha Gilbert, Annasophia Stauffer, Lydia Reed, Jianna Long	#1 Slippery Rock	3:53.41	5/10
5	97	Kirsten Gross, Gabriella Fralin, Loreena Manser, Bekah Priano	#4 California (Pa.)	3:56.23	5/10
6		Natalie Gentzel, Makayla Weber, Elizabeth Shultz, Nicole Carroll	#9 Lock Haven	3:56.71	4/19
7		Rebekah Burnshaw, Genevieve McDonald, Lily Palacio-Lewis, Amanda Marquis	#8 West Chester	3:57.15	5/10
8		Madeline Newark, Maddison Doren, Mackenzie Huston, Berna Zukina	#10 Edinboro	3:57.27	5/10
9		Aaliyah	SO #7 East Stroudsburg	3:57.63	4/26
10		Taniyah Lawler, Mackey Donovan, Beth Schearer, Raechel Bonner	#5 Kutztown	4:01.63	4/26

Women's High Jump

1	7	Shannon HARNETT	FR #7 East Stroudsburg	1.74m	5-8½	5/10
2	10	Porschia BENNETT	FR #7 East Stroudsburg	{2} 1.73m	5-8	4/14
2	10	Brianna LEE	FR #4 California (Pa.)	1.73m	5-8	4/26
4	54	Kat HENDERSON	SR #4 California (Pa.)	{2} 1.66m	5-5¼	5/10
4	54	Ashley LAUKUS	SO #2 Shippensburg	1.66m	5-5¼	5/10
4	54	Natalie LIPPINCOTT	JR #13 Pitt Johnstown	1.66m	5-5¼	5/10
4	54	Samantha TRENCH	SO #9 Lock Haven	1.66m	5-5¼	5/10
4	54	Paige GRIFFITH	JR #1 Slippery Rock	1.66m	5-5¼	5/10
4	54	Tatum HOFFMAN	SR #4 California (Pa.)	{2} 1.66m	5-5¼	5/10
10	68	Emily MAHLE	SO #4 California (Pa.)	{4} 1.65m	5-5	4/18
10	68	Reagan IRONS	SO #9 Lock Haven	{2} 1.65m	5-5	3/29
10	68	Madeline NEWARK	JR #10 Edinboro	1.65m	5-5	3/22

Women's Pole Vault

1	34	Allison TAYLOR	JR #1 Slippery Rock	3.85m	12-7½	5/2
2	44	Coral SHIVOK	SO #6 Bloomsburg	3.77m	12-4½	5/10
2	44	Megan MALECKI	SR #3 Millersville	3.77m	12-4½	5/10
4	51	Annika HUMMEL	JR #8 West Chester	3.71m	12-2	4/14
5	59	Kaylie GROFF	SO #8 West Chester	{2} 3.67m	12-½	5/10
6	64	Anna SCHUESSLER	FR #4 California (Pa.)	3.66m	12-0	3/29
7	70	Taylor FUNK	SO #5 Kutztown	3.65m	11-11¾	4/19
7	70	Natalie HOLLAND	FR #5 Kutztown	3.65m	11-11¾	3/29
9	84	Carissa BENDER	SO #2 Shippensburg	3.60m	11-9¾	4/26
10	88	Emily DONOGHEN	JR #8 West Chester	{3} 3.55m	11-7¾	4/19

Women's Long Jump

1	11	Sasha LEE	SR #2 Shippensburg	6.15mw	20-2¼ (3.6)	4/17
2	52	Baylee BLAUSER	JR #1 Slippery Rock	5.87mw	19-3¼ (2.2)	5/8
3	58	Loreena MANSER	FR #4 California (Pa.)	5.84m	19-2 (-2.8)	4/26
4	62	Shannon HARNETT	FR #7 East Stroudsburg	5.82m	19-1¼ (1.1)	4/18
5	65	Abby PARISE	FR #6 Bloomsburg	5.80m	19-½ (1.3)	4/17
6	79	Zariyah WHIGHAM	FR #2 Shippensburg	{2} 5.76mw	18-10¾ (2.9)	5/10
7	86	Nataiah ROBERTSON	SO #11 Indiana (Pa.)	5.73mw	18-9¾ (3.4)	5/10
8		Maddison DOREN	SR #10 Edinboro	5.68m	18-7¾ (1.7)	4/26
9		Samantha GILBERT	SR #1 Slippery Rock	{2} 5.66m	18-7 (0.7)	4/26
10		Aria MESSNER	FR #6 Bloomsburg	{2} 5.60mw	18-4½ (2.6)	4/19

Women's Triple Jump

1	12	Sasha LEE	SR #2 Shippensburg	12.44m	40-9¾ (0.0)	3/28
2	26	Shannon HARNETT	FR #7 East Stroudsburg	12.13m	39-9¾ (1.1)	3/22
3	36	Alice ETIENNE	JR #4 California (Pa.)	12.00m	39-4½ (0.4)	5/10
4	40	Delaney BEARD	SR #5 Kutztown	11.90m	39-½ (0.9)	5/10
5	69	Zariyah WHIGHAM	FR #2 Shippensburg	{2} 11.71m	38-5 (0.4)	4/17
6	78	Anne GARDNER	FR #2 Shippensburg	{3} 11.62mw	38-1½ (2.7)	5/10
7	86	Baylee BLAUSER	JR #1 Slippery Rock	11.55m	37-10¾ (-0.)	5/10
8	92	Devin HUBLER	JR #6 Bloomsburg	11.53m	37-10 (1.1)	5/10
9		Aleksandra BROZESKI	SR #1 Slippery Rock	{2} 11.33m	37-2¼ (0.0)	4/26
10		Jahnaya TROTTER-WIMBERLY	FR #11 Indiana (Pa.)	11.28m	37-¼ (-1.4)	5/2

Women's Shot Put

1	17	Sarah CORRIE	SR #1 Slippery Rock	14.73m	48-4	5/10
2	70	Olivia HECKMAN	JR #1 Slippery Rock	{2} 13.48m	44-2¾	5/10
3	74	Rebecca MARTIN	JR #1 Slippery Rock	{3} 13.45m	44-1½	4/26
4	90	Maria CLARK	FR #5 Kutztown	13.20m	43-3¾	5/10
4	90	Sarah HESSLER	JR #3 Millersville	13.20m	43-3¾	5/10
6		Becca MARTIN	SR #6 Bloomsburg	13.07m	42-10¾	5/10
7		ShanAnn SIMMONS	SR #2 Shippensburg	13.05m	42-9¾	5/10
8		Autumn STEWART	SO #1 Slippery Rock	{4} 12.63m	41-5¼	5/10
9		Zhayria WASHINGTON	SR #8 West Chester	12.57m	41-3	4/12
10		Maddy DOWNS	SR #3 Millersville	{2} 12.44m	40-9¾	5/10



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Women's Discus

1	34	Sarah HESSLER	JR	#3 Millersville	46.62m	153-0	4/26
2	36	Maddy DOWNS	SR	#3 Millersville	{2} 46.49m	152-7	4/26
3	68	Koschinya JEFFERSON	SR	#12 Seton Hill	44.07m	144-7	4/5
4	87	Makalya DECKER	SR	#2 Shippensburg	43.38m	142-4	4/17
5		Sydney HALE	SO	#1 Slippery Rock	41.37m	135-9	5/10
6		Julia BECCARI	FR	#6 Bloomsburg	41.18m	135-1	4/25
7		Zhayria WASHINGTON	SR	#8 West Chester	40.88m	134-2	5/10
8		Payton BAUER	JR	#2 Shippensburg	{2} 40.85m	134-0	4/5
9		ShanAnn SIMMONS	SR	#2 Shippensburg	{3} 40.37m	132-6	4/17
10		Lauren BELLOWS	JR	#2 Shippensburg	{4} 39.99m	131-3	4/5

Women's Hammer

1	38	Samiyah LITTLE	SR	#7 East Stroudsburg	53.81m	176-7	3/22
2	45	Sarah HESSLER	JR	#3 Millersville	53.04m	174-0	3/29
3	76	Maddy DOWNS	SR	#3 Millersville	{2} 51.32m	168-5	4/5
4	88	Seya TRUJILLO	JR	#3 Millersville	{3} 50.65m	166-2	4/14
5	97	Lauren BELLOWS	JR	#2 Shippensburg	50.19m	164-8	4/26
6		Anna ELDER	SO	#10 Edinboro	49.85m	163-7	4/26
7		Alyssa VANGORDER	JR	#9 Lock Haven	49.28m	161-8	5/10
8		Sarah GILLIAM	SR	#12 Seton Hill	47.65m	156-4	5/2
9		Briannan ECKARD	SR	#6 Bloomsburg	47.00m	154-3	4/19
10		Madison FORINGER	JR	#14 Clarion	46.92m	153-11	4/18

Women's Javelin

1	2	Kelly LESZCYNski	JR	#6 Bloomsburg	50.40m	165-4	5/3
2	11	Abby REASONER	SR	#2 Shippensburg	47.25m	155-0	3/29
3	21	Kaylla WILLIAMS	SO	#11 Indiana (Pa.)	45.49m	149-3	4/19
4	23	Isabella BARTOLETTI	JR	#1 Slippery Rock	45.17m	148-3	5/10
5	26	Hannah CASSNER	SO	#2 Shippensburg	{2} 44.02m	144-5	3/29
6	34	Autumn PETTINATO	SR	#14 Clarion	42.98m	141-0	5/10
7	45	Catherine MANCINO	SR	#2 Shippensburg	{3} 42.25m	138-8	5/10
8	52	Eva TOKAR	SO	#1 Slippery Rock	{2} 41.50m	136-2	4/18
9	60	Abbey` HENGST	SO	#6 Bloomsburg	{2} 40.92m	134-3	4/14
10	61	Olivia SFORZA	SR	#7 East Stroudsburg	40.86m	134-1	3/22

Women's Heptathlon

1	36	Madeline NEWARK	JR	#10 Edinboro	4,745	5/10
2	51	Kat HENDERSON	SR	#4 California (Pa.)	4,591	5/10
3	62	Koschinya JEFFERSON	SR	#12 Seton Hill	4,478	5/10
4	64	Nicola PUGGE	SR	#2 Shippensburg	4,473	5/10
5	67	Ellie ZURO	SO	#13 Pitt Johnstown	4,448	5/10
6	72	Tatum HOFFMAN	SR	#4 California (Pa.)	{2} 4,428	5/10
7	84	Renee SIMMONDS	JR	#11 Indiana (Pa.)	4,277	5/10
8		Sabela ZABLACKIS	SR	#3 Millersville	4,106	5/10
9		Leighanne SWAN	SO	#1 Slippery Rock	3,939	4/11
10		Madelyn MILLER	JR	#1 Slippery Rock	{2} 3,925	5/10



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Women's 100 Meters

1	2	Ashley BARRETT	JR	#7 New Mexico High	11.22	(1.9)	4/12
2	26	Gaby HORTON	JR	#3 Colorado Mesa	11.50c	(11.47A) (0.	4/4
3	39	Nellie WARTANIAN	FR	#6 Western Colorad	11.59	(0.6)	5/10
4	57	Rujeko MUNETSI	FR	#7 New Mexico High{2}	11.68	(1.9)	4/12
5	82	Victoria FARINAS	SR	#1 UC-Colorado Spr	11.79cw	(11.76A) (2.	3/29
6	99	Patreece CLARKE	JR	#7 New Mexico High{3}	11.85c	(11.82A) (-0.	4/18
7		Kacian POWELL	SO	#7 New Mexico High{4}	11.88c	(11.85A) (1.	4/27
8		Danaya KINNARD	SO	#1 UC-Colorado Spr{2}	11.92	(2.0)	4/12
9		Madissyn MOORE	JR	#1 UC-Colorado Spr{3}	11.95	(2.0)	4/12
10		Zane BULLOCK	SO	#1 UC-Colorado Spr{4}	11.97w	(2.5)	4/12

Women's 100 Meter Hurdles

1	6	Patreece CLARKE	JR	#7 New Mexico High	13.41c	(13.37A) (0.	4/27
2	82	Krissie SANDERS	SO	#1 UC-Colorado Spr	14.39c	(14.35A) (0.	4/27
3	93	Maya RIES	SR	#9 MSU Denver	14.47	(1.3)	4/12
4		Avery WRIGHT	JR	#2 Colo. School of M	14.49c	(14.45A) (0.	4/27
5		Kaitlyn PEARSON	FR	#3 Colorado Mesa	14.61c	(14.57A) (0.	4/27
6		Payton RODGERS	FR	#1 UC-Colorado Spr{2}	14.64	(1.8)	4/12
6		Lisa SUTHERLAND	SO	#2 Colo. School of M{2}	14.64c	(14.60A) (1.	3/22
8		Atahlia MILLS	FR	#3 Colorado Mesa {2}	14.65w	(4.0)	4/12
9		Kelia PORTIS	SR	#6 Western Colorad	14.90c	(14.86A) (-0.	4/27
10		Lily CROFTS	JR	#11 Westminster (Ut	14.93c	(14.89A) (0.	4/27

Women's 200 Meters

1	10	Ashley BARRETT	JR	#7 New Mexico High	23.30c	(23.23A) (0.	4/27
2	35	Gaby HORTON	JR	#3 Colorado Mesa	23.81c	(23.74A) (1.	4/27
3	37	Kacian POWELL	SO	#7 New Mexico High{2}	23.82cw	(23.75A) (3.	4/27
4	53	Nellie WARTANIAN	FR	#6 Western Colorad	23.99cw	(23.92A) (3.	4/27
4	53	Danaya KINNARD	SO	#1 UC-Colorado Spr	23.99w	(2.3)	4/12
6		Zane BULLOCK	SO	#1 UC-Colorado Spr{2}	24.38cw	(24.31A) (3.	4/27
7		Rujeko MUNETSI	FR	#7 New Mexico High{3}	24.54w	(3.2)	3/22
8		Isila APKUP	SR	#4 Adams State	24.60cw	(24.53A) (3.	4/27
9		Serenity BURNETT-PERRY	SR	#3 Colorado Mesa {2}	24.62w	(2.1)	5/8
10		Odone OMOFOMA	FR	#9 MSU Denver	24.73cw	(24.66A) (3.	4/27

Women's 400 Meters

1	32	Alese SARTAIN	SR	#4 Adams State	54.45c	(54.34A)	4/27
2	74	Janise EVERETT	JR	#5 CSU Pueblo	55.55c	(55.44A)	4/27
3	82	Naleia SOWELL	SR	#9 MSU Denver	55.66c	(55.55A)	4/27
4	96	Amoya JAMEISON	FR	#7 New Mexico High	55.91c	(55.80A)	4/27
5		Isila APKUP	SR	#4 Adams State {2}	56.25c	(56.14A)	5/3
6		Helen BRAYBROOK	SR	#5 CSU Pueblo {2}	56.55c	(56.44A)	3/22
7		Alivia PRESTON	SR	#11 Westminster (Ut	56.67c	(56.56A)	4/27
8		Sarah COHEN	JR	#4 Adams State {3}	57.06c	(56.95A)	3/30
9		Gabrielle DUNICH	JR	#5 CSU Pueblo {3}	57.35c	(57.24A)	3/29
10		Sophia LINDAUER	SR	#3 Colorado Mesa	57.40c	(57.29A)	4/27

Women's 400 Meter Hurdles

1	7	Victoria AMIADAMEN	SO	#4 Adams State	59.26c	(59.15A)	5/3
2	10	Allison COMER	SR	#2 Colo. School of M	59.50c	(59.39A)	4/27
3	34	Krissie SANDERS	SO	#1 UC-Colorado Spr	1:00.41c	(1:00.30A)	4/27
4	41	Kendall TIETJEN	JR	#8 Black Hills State	1:00.61		5/10
5	43	Aani HARDESTY	SO	#2 Colo. School of M{2}	1:01.20c	(1:01.09A)	4/27
6	51	Kelia PORTIS	SR	#6 Western Colorad	1:01.65c	(1:01.54A)	5/3
7	59	Kammi MERRITT	FR	#3 Colorado Mesa	1:01.94c	(1:01.83A)	4/27
8	71	Gigi DOUILLARD	SO	#1 UC-Colorado Spr{2}	1:02.42		5/10
9		Carlie DEBOER	FR	#8 Black Hills State {2}	1:03.76c	(1:03.65A)	4/27
10		Lexie WILLIAMS	SR	#3 Colorado Mesa {2}	1:03.89c	(1:03.78A)	4/4

Women's 800 Meters

1	2	Helen BRAYBROOK	SR	#5 CSU Pueblo	2:03.45c	(2:04.11A)	3/29
2	4	Lieke HOOGSTEEN	JR	#4 Adams State	2:03.99		4/18
3	6	Leah KEISLER	JR	#5 CSU Pueblo {2}	2:05.31c	(2:05.98A)	3/29
4	14	Jessica SIMON	SR	#4 Adams State {2}	2:07.68		4/18
5	26	Jadyn HERRON	JR	#5 CSU Pueblo {3}	2:08.82		4/18
6	46	Brooke MILLER	JR	#3 Colorado Mesa	2:10.83c	(2:11.53A)	3/29
7	91	Avary CATCHINGS	JR	#2 Colo. School of M	2:13.37c	(2:14.38A)	3/28
8		Emma KJELLEN	JR	#6 Western Colorad	2:13.73		4/18
9		Rachel GOODRICH	SR	#1 UC-Colorado Spr	2:14.60c	(2:15.32A)	3/29
10		Olivia SARGENT	FR	#1 UC-Colorado Spr{2}	2:14.61c	(2:15.33A)	3/29

Women's 1500 Meters

1	1	Ava O'CONNOR	SR	#4 Adams State	4:15.31		4/18
2	2	Helen BRAYBROOK	SR	#5 CSU Pueblo	4:15.75		4/18
3	3	Jadyn HERRON	JR	#5 CSU Pueblo {2}	4:17.40		4/18
4	8	Grace STRONGMAN	JR	#2 Colo. School of M	4:20.15c	(4:27.46A)	4/27
5	11	Maggie MCCLESKEY	JR	#4 Adams State {2}	4:21.02c	(4:27.13A)	3/30
6	13	Elena CAREY	SR	#4 Adams State {3}	4:21.63		4/18
7	16	Shannon KING	SR	#12 Colorado Christi	4:21.97		4/18
8	17	Lieke HOOGSTEEN	JR	#4 Adams State {4}	4:22.36c	(4:27.59A)	4/4
9	24	Brianna ROBLES	SR	#4 Adams State {5}	4:23.85c	(4:30.02A)	3/30
10	32	Fiona HAWKINS	SR	#4 Adams State {6}	4:25.40		4/18

Women's Steeplechase

1	1	Ava O'CONNOR	SR	#4 Adams State	9:46.22		4/18
2	6	Allison BEASLEY	JR	#6 Western Colorad	10:18.68		4/18
3	7	Emily LAMENA	FR	#2 Colo. School of M	10:19.09c	(10:39.03A)	4/27
4	11	Emily SCHOELLKOPF	SR	#4 Adams State {2}	10:27.46		4/18
5	13	Margot THOMAS	SR	#5 CSU Pueblo	10:28.37		4/18
6	14	Margaux BASART	JR	#2 Colo. School of M{2}	10:28.71		4/5
7	17	Camille RENOU	SR	#5 CSU Pueblo {2}	10:32.10c	(10:47.48A)	5/3
8	19	Haley HARKRIDER	SO	#4 Adams State {3}	10:32.51		4/18
9	20	Rachel RICHTMAN	SR	#1 UC-Colorado Spr	10:32.78c	(10:53.16A)	4/27
10	23	Shannon KING	SR	#12 Colorado Christi	10:37.61		4/18



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Women's 5000 Meters

1	2	Jenna RAMSEY-RUTLEDGE	SR	#2 Colo. School of M	15:48.74	4/18
2	3	Ava O'CONNOR	SR	#4 Adams State	15:49.65	5/8
3	4	Brianna ROBLES	SR	#4 Adams State	{2} 15:54.76	4/18
4	7	Tristian SPENCE	SO	#4 Adams State	{3} 15:58.75	4/18
5	8	Maggie MCCLESKEY	JR	#4 Adams State	{4} 16:02.12	4/18
6	9	Emily SCHOELLKOPF	SR	#4 Adams State	{5} 16:09.13	4/18
7	18	Anna FAUSKE	SR	#1 UC-Colorado Spr	16:21.36c (16:47.05A)	3/29
8	21	Katie HUGHES	JR	#4 Adams State	{6} 16:25.63	4/18
9	27	Allison BEASLEY	JR	#6 Western Colorad	16:32.33	4/18
10	32	Lauren WILLSON	SO	#6 Western Colorad	{2} 16:41.39	4/18

Women's 10,000 Meters

1	1	Jenna RAMSEY-RUTLEDGE	SR	#2 Colo. School of M	32:31.16	3/29
2	2	Brianna ROBLES	SR	#4 Adams State	32:50.18	4/5
3	3	Anna FAUSKE	SR	#1 UC-Colorado Spr	33:22.66	4/5
4	27	Katie HUGHES	JR	#4 Adams State	{2} 34:56.93c (36:08.29A)	4/25
5	29	Alliyah MOLINA	JR	#15 Fort Lewis	34:57.96c (36:24.11A)	4/27
6	31	Sylvia BROWN	SR	#8 Black Hills State	35:03.93	4/18
7	32	Kseniya NIKANOROV	JR	#1 UC-Colorado Spr	{2} 35:04.96c (36:31.39A)	4/27
8	34	Callen NASH	SO	#2 Colo. School of M	{2} 35:07.57c (36:34.11A)	4/12
9	36	Precious ROBINSON	SR	#4 Adams State	{3} 35:24.60c (36:36.91A)	4/25
10	42	Marissa BRUNO	SO	#9 MSU Denver	35:47.14c (37:15.31A)	4/27

Women's 4x100 Relay

1	1	Rujeko Munetsi, Ashley Barrett, Kacian Powell, Patreece Clarke	#7 New Mexico High	44.33c	(44.21A)	4/27
2	15	Serenity Burnett-Perry, Sylvia Johansen, Kammi Merritt, Gaby Horton	#3 Colorado Mesa	45.28c	(45.16A)	4/27
3	30	Danaya Kinnard, Zane Bullock, Madissyn Moore, Victoria Farinas	#1 UC-Colorado Spr	45.93		4/12
4	36	Liz Johnson, Nellie Wartanian, Jada Hynds, Gabi Huggins	#6 Western Colorad	46.22c	(46.10A)	4/27
5		Maya Ries, Jessica Hobson, Naleia Sowell, Odone Omofoma	#9 MSU Denver	48.00c	(47.88A)	3/22
6		Shantae Morgan, Camila Salvucci, Laynie Goertz, Eva Nitschke	#10 Chadron State	48.02c	(47.90A)	4/27
7		Avery Wright, Claire Kintzley, Aani Hardesty, Maya Evans	#2 Colo. School of M	48.20c	(48.08A)	4/27
8		Laken Meier, Ashley Vil, Madeline Schemling, Tara Smoker	#12 Colorado Christi	48.96c	(48.84A)	4/27
9		Angela Martin-Rubin, Haven Finley, Lily Crofts, Alivia Preston	#11 Westminster (Ut	49.72c	(49.60A)	4/27



USTFCCA NCAA Division II Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #8, May 20



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Women's 4x400 Relay

1	12	Alese Sartain, Jessica Simon, Isila Apkup, Lieke Hoogsteen	#4 Adams State	3:39.59c (3:39.15A)	4/27
2	36	Rujeko Munetsi, Kacian Powell, Amoya Jameison, Ashley Barrett	#7 New Mexico Highl	3:46.55c (3:46.11A)	4/27
3	39	Janise Everett, Gabrielle Dunich, Leah Keisler, Helen Braybrook	#5 CSU Pueblo	3:47.20c (3:46.76A)	4/27
4	52	Maya Evans, Avari Catchings, Aani Hardesty, Allison Comer	#2 Colo. School of M	3:50.03c (3:49.59A)	4/27
5	58	Hannah Schissler, Lexie Williams, Sophia Lindauer, Kammi Merritt	#3 Colorado Mesa	3:51.02c (3:50.58A)	4/27
6	60	Alyssa Lopez, Lilyana Delagarza, Danaya Kinnard, Gigi Douillard	#1 UC-Colorado Spr	3:51.10c (3:50.66A)	4/27
7		Audrynn Street, Odone Omofoma, Mara Rodgers, Naleia Sowell	#9 MSU Denver	3:57.65c (3:57.21A)	4/27
8		Saraya Afrank, Gracie Wilts, Jillian Brennan, Kendall Tietjen	#8 Black Hills State	3:58.15	4/11
9		Alivia Preston, Lily Crofts, Mia McKay, Angela Martin-Rubin	#11 Westminster (Ut	3:59.91c (3:59.47A)	4/27
10		Penny Nichols, Kelia Portis, Peyton Weiss, Meghan Benkendorf	#6 Western Colorad	4:03.85c (4:03.41A)	4/4

Women's High Jump

1	10	Nycole MESHEW	SO	#6 Western Colorad	1.73m	5-8	4/27
2	36	Lilyana DELAGARZA	SO	#1 UC-Colorado Spr	1.68m	5-6	4/12
3	45	Rojrika CAMBELL	SO	#7 New Mexico Highl	1.67m	5-5¾	4/27
3	45	Bryn MCNAIR	FR	#13 Regis (Colo.)	1.67m	5-5¾	4/27
3	45	Samantha BRETZ	SR	#6 Western Colorad {2}	1.67m	5-5¾	4/4
6		Kaelea GIBSON	JR	#3 Colorado Mesa	1.62m	5-3¾	4/4
6		Dallis ROBINSON	SO	#1 UC-Colorado Spr {2}	1.62m	5-3¾	4/12
6		Hope MATTESON	SR	#3 Colorado Mesa	1.62m	5-3¾	4/4
9		Atahlia MILLS	FR	#3 Colorado Mesa {3}	1.57m	5-1¾	4/4
10		Kendall MORRISON	FR	#6 Western Colorad {3}	1.55m	5-1	4/12
10		Jaysen EATON	FR	#2 Colo. School of M	1.55m	5-1	4/12

Women's Pole Vault

1	13	Dale THOMPSON	SR	#2 Colo. School of M	4.03m	13-2½	4/18
2	25	Brooke PETERSON	JR	#1 UC-Colorado Spr	3.93m	12-10¾	4/18
3	57	Erin WEIBEL	JR	#8 Black Hills State	3.68m	12-¾	4/27
3	57	Phia EDWARDS	SO	#1 UC-Colorado Spr {2}	3.68m	12-¾	5/9
5	78	Taylor HINDMAN	FR	#2 Colo. School of M {2}	3.63m	11-10¾	4/18
6	90	Arabella CHEN	FR	#2 Colo. School of M {3}	3.53m	11-7	4/27
7	97	Brekkan LOCKHART	SO	#8 Black Hills State {2}	3.50m	11-5¾	4/6
8		Madeline OBUCHOWSKI	SO	#2 Colo. School of M {4}	3.42m	11-2½	4/12
9		Gretchen ADAMSKI	FR	#8 Black Hills State {3}	3.38m	11-1	4/27
9		Madison CLAUSE	JR	#10 Chadron State	3.38m	11-1	4/27

Women's Long Jump

1	31	Rojrika CAMBELL	SO	#7 New Mexico Highl	6.00m	19-8¼ (0.0)	4/10
2	38	Madissyn MOORE	JR	#1 UC-Colorado Spr	5.94m	19-6 (1.6)	3/29
3	51	Chisom OBIOHA	SR	#7 New Mexico Highl {2}	5.88m	19-3½ (1.2)	4/10
4		Danaya KINNARD	SO	#1 UC-Colorado Spr {2}	5.66m	18-7 (0.0)	3/29
5		Gabi HUGGINS	SO	#6 Western Colorad	5.65m	18-6½ (0.2)	3/29
6		Chelsea HOWARD	JR	#1 UC-Colorado Spr {3}	5.63m	18-5¾ (0.0)	3/29
7		Kathryn CARROLL	JR	#1 UC-Colorado Spr {4}	5.56m	18-3 (2.8)	4/18
7		Zane BULLOCK	SO	#1 UC-Colorado Spr {4}	5.56m	18-3 (0.0)	4/27
9		Claire KINTZLEY	SR	#2 Colo. School of M	5.54m	18-2¼ (0.0)	4/12
10		Kyla RUZICH	FR	#5 CSU Pueblo	5.53m	18-1¾ (1.2)	3/29

Women's Triple Jump

1	16	Rojrika CAMBELL	SO	#7 New Mexico Highl	12.35mw	40-6¼ (2.8)	4/12
2	29	Claire KINTZLEY	SR	#2 Colo. School of M	12.09m	39-8 (-0.5)	4/18
3	31	Payton RODGERS	FR	#1 UC-Colorado Spr	12.08mw	39-7¾ (2.6)	4/10
4	39	Camila SALVUCCI	FR	#10 Chadron State	11.92m	39-1¼ (0.0)	3/29
5	78	Emma ALFORD	SO	#6 Western Colorad	11.62m	38-1½ (0.0)	4/27
6	86	Ashley VIL	SR	#12 Colorado Christi	11.55m	37-10¾ (-0.)	4/27
7		Kathryn CARROLL	JR	#1 UC-Colorado Spr {2}	11.44m	37-6½ (0.7)	5/10
8		Brielle BRACKEN	SO	#1 UC-Colorado Spr {3}	11.37m	37-3¾ (0.0)	4/27
9		Kendra RITZMAN	FR	#3 Colorado Mesa	11.27m	36-11¾ (0.0)	4/27
10		Sophia BOWSER	FR	#1 UC-Colorado Spr {4}	11.17m	36-7¾ (0.0)	4/27

Women's Shot Put

1	2	Katherine HIGGINS	SR	#5 CSU Pueblo	16.22m	53-2¾	4/27
2	8	Febe WESSELS	JR	#5 CSU Pueblo {2}	15.48m	50-9½	4/27
3	15	Kitt RUPAR	SR	#2 Colo. School of M	14.84m	48-8¼	4/18
4	45	Savannah JORGENS	JR	#1 UC-Colorado Spr	13.90m	45-7¼	5/9
5	49	Christina PALMER	SR	#3 Colorado Mesa	13.79m	45-3	4/27
6	61	Bailey YOUNG	JR	#1 UC-Colorado Spr {2}	13.64m	44-9	4/27
7	75	Lushous DAVIS	SR	#9 MSU Denver	13.42m	44-½	4/27
8	82	Avery WRIGHT	JR	#2 Colo. School of M {2}	13.30m	43-7¾	5/8
9	90	Jaedyn KOHN	FR	#1 UC-Colorado Spr {3}	13.20m	43-3¾	4/27
10		Morgan EKWALL	SR	#10 Chadron State	12.60m	41-4¼	4/12



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Women's Discus

1	11	Victoria MALAKI	JR	#1	UC-Colorado Spr	49.46m	162-3	5/10
2	14	Kitt RUPAR	SR	#2	Colo. School of M	49.25m	161-7	4/18
3	39	Christina PALMER	SR	#3	Colorado Mesa	46.33m	152-0	4/4
4	66	Augustine HANCOCK	JR	#3	Colorado Mesa	{2} 44.20m	145-0	5/8
5	68	Katherine HIGGINS	SR	#5	CSU Pueblo	44.07m	144-7	4/27
6	77	Febe WESSELS	JR	#5	CSU Pueblo	{2} 43.78m	143-8	4/27
7	80	Kylie MAYER	FR	#3	Colorado Mesa	{3} 43.62m	143-2	4/27
8	91	Kaiya GRAVES	SO	#3	Colorado Mesa	{4} 43.28m	142-0	3/29
9	93	Katrina TRAHAN	FR	#6	Western Colorad	43.20m	141-9	4/27
10		Savannah JORGENS	JR	#1	UC-Colorado Spr	{2} 42.93m	140-10	4/27

Women's Hammer

1	6	Jennifer JARNAGIN	SR	#2	Colo. School of M	60.49m	198-6	4/12
2	7	Abigail GILLESPIE	SR	#2	Colo. School of M	{2} 60.17m	197-5	4/12
3	20	Savannah JORGENS	JR	#1	UC-Colorado Spr	56.71m	186-1	4/12
4	35	Augustine HANCOCK	JR	#3	Colorado Mesa	54.23m	177-11	4/12
5	48	Kitt RUPAR	SR	#2	Colo. School of M	{3} 52.89m	173-6	3/28
6	56	Bailey YOUNG	JR	#1	UC-Colorado Spr	{2} 52.37m	171-10	4/27
7	59	Victoria MALAKI	JR	#1	UC-Colorado Spr	{3} 52.20m	171-3	4/27
8	71	Rylee BLANTON	JR	#6	Western Colorad	51.56m	169-2	3/29
9	79	Lushous DAVIS	SR	#9	MSU Denver	51.21m	168-0	4/12
10		Katherine HIGGINS	SR	#5	CSU Pueblo	48.78m	160-1	4/4

Women's Javelin

1	14	Keturah TEMPLEMAN	FR	#5	CSU Pueblo	46.62m	153-0	5/10
2	16	Lindsey CURE	FR	#13	Regis (Colo.)	46.43m	152-4	4/27
3	29	Lauren O'CAMPO	SO	#4	Adams State	43.82m	143-9	4/27
4	44	Sophia PREITO	SR	#11	Westminster (Ut)	42.29m	138-9	4/26
5	46	Febe WESSELS	JR	#5	CSU Pueblo	{2} 42.13m	138-3	4/27
6	81	Brooklynn JONES	JR	#9	MSU Denver	39.95m	131-1	5/3
7	91	Dyanna PARRA	FR	#1	UC-Colorado Spr	39.18m	128-7	4/27
8	92	Adisyn SCHENCK	JR	#14	South Dakota Mi	39.17m	128-6	3/22
9		Alivia WEATHERS	JR	#8	Black Hills State	38.37m	125-11	4/27
10		Kaiya GRAVES	SO	#3	Colorado Mesa	38.25m	125-6	4/27

Women's Heptathlon

1	18	Avery WRIGHT	JR	#2	Colo. School of M	5,057c	(5057A)	4/12
2	54	Lisa SUTHERLAND	SO	#2	Colo. School of M	{2} 4,573c	(4573A)	4/12
3	58	Kaitlyn PEARSON	FR	#3	Colorado Mesa	4,519c	(4519.00A)	4/27
4	69	Lilyana DELAGARZA	SO	#1	UC-Colorado Spr	4,439		4/12
5	74	Mary SCOGGINS	JR	#5	CSU Pueblo	4,399		4/12
6	96	Kyla RUZICH	FR	#5	CSU Pueblo	{2} 4,145		4/12
7	97	Katie THOMSON	JR	#3	Colorado Mesa	{2} 4,138c	(4138.00A)	4/27
8		Atahlia MILLS	FR	#3	Colorado Mesa	{3} 4,015c	(4015.00A)	4/27
9		Mia MCKAY	FR	#11	Westminster (Ut)	3,957c	(3957A)	4/12
10		Alivia WEATHERS	JR	#8	Black Hills State	3,906c	(3906A)	4/6



Conference TFRI Event Summary



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Women's 100 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	11.08	(0.3)	4/19
2	12	Jahzara HART	JR	#3	Tusculum	11.40w	(2.2)	4/5
3	41	Shanice COX	JR	#3	Tusculum	{2} 11.60w	(2.4)	4/19
4	65	Hughasia FYFFE	SR	#8	Limestone	11.73w	(2.2)	4/5
4	65	Qitarah CASTLIN	FR	#3	Tusculum	{3} 11.73	(0.7)	5/1
6	70	Kiera TAYLOR	JR	#3	Tusculum	{4} 11.74	(1.1)	5/1
7	81	Sade DE SOUSA	SR	#9	Carson-Newman	11.78	(1.2)	5/1
8	82	Zanetta UDO-OBONG	SO	#2	Lenoir-Rhyne	{2} 11.79	(0.1)	5/1
9	89	Margaux SHELTON	SR	#1	Wingate	11.82w	(2.3)	4/5
10		Theresa GREEN-WHITE	JR	#3	Tusculum	{5} 11.91	(1.2)	5/1

Women's 100 Meter Hurdles

1	8	Theresa GREEN-WHITE	JR	#3	Tusculum	13.50	(1.1)	5/1
2	23	Kori MOORE	FR	#3	Tusculum	{2} 13.73	(1.1)	5/1
3	43	Dounia ROUTBI	JR	#1	Wingate	14.04	(1.1)	5/1
4	46	Diaman LEE	FR	#1	Wingate	{2} 14.09w	(2.6)	5/1
4	46	Hoyane ESPER	JR	#1	Wingate	{2} 14.09	(1.1)	5/1
6	59	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	14.26	(1.2)	4/13
6	59	Sterling WEBB	SO	#4	Lincoln Memoria	14.26	(1.1)	4/13
8		Miranda MARR	SR	#2	Lenoir-Rhyne	{2} 14.61	(0.5)	5/1
9		Simone GIGGETTS	JR	#11	Mars Hill	14.66	(1.6)	4/12
10		Mackenzie MORETINA	FR	#6	Anderson (S.C.)	14.72w	(2.6)	5/1

Women's 200 Meters

1	1	Alexis BROWN	JR	#2	Lenoir-Rhyne	22.67	(2.0)	3/29
2	19	Jahzara HART	JR	#3	Tusculum	23.43w	(3.8)	4/19
3	26	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	{2} 23.67	(-0.5)	5/1
4	42	Shanice COX	JR	#3	Tusculum	{2} 23.89w	(2.7)	4/19
5	76	Kori MOORE	FR	#3	Tusculum	{3} 24.17w	(2.4)	4/19
6	94	Zanetta UDO-OBONG	SO	#2	Lenoir-Rhyne	{3} 24.28	(0.4)	5/1
7		Kiera TAYLOR	JR	#3	Tusculum	{4} 24.31	(0.4)	5/1
8		Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	{4} 24.37	(1.8)	4/5
9		Jani DAY	JR	#2	Lenoir-Rhyne	{5} 24.39	(1.0)	4/13
10		Efemena EGBERI	JR	#5	Catawba	24.46	(-1.7)	5/1
10		Qitarah CASTLIN	FR	#3	Tusculum	{5} 24.46	(-1.7)	5/1

Women's 400 Meters

1	14	Damyja ALEJANDRO-ORTIZ	JR	#2	Lenoir-Rhyne	53.31		5/1
2	35	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	{2} 54.50		4/5
3	39	Jani DAY	JR	#2	Lenoir-Rhyne	{3} 54.67		5/1
4	50	Lacey BOOZER	SR	#6	Anderson (S.C.)	54.97		5/1
5	79	Onii BIVENS	JR	#5	Catawba	55.63		5/1
6	86	Efemena EGBERI	JR	#5	Catawba	{2} 55.70		5/1
7	90	Tashianna GRAY	SR	#3	Tusculum	55.75		5/1
8		Natalie PINZAN	JR	#1	Wingate	56.34		5/1
9		McKenzie MORTON	SO	#3	Tusculum	{2} 57.02		4/5
10		Skylar SOUTHERN	FR	#5	Catawba	{3} 57.04		5/1

Women's 400 Meter Hurdles

1	19	Hoyane ESPER	JR	#1	Wingate	59.88		5/11
2	36	Sharonda PRIESTER	SO	#2	Lenoir-Rhyne	1:00.52		3/29
3	44	Dounia ROUTBI	JR	#1	Wingate	{2} 1:01.22		3/29
4		Lidija DJOKIC	SR	#4	Lincoln Memoria	1:03.50		5/1
5		Nia OVERBY	SO	#8	Limestone	1:04.61		4/12
6		Magnalen CAMARA	SR	#8	Limestone	{2} 1:04.71		4/19
7		Kori MOORE	FR	#3	Tusculum	1:04.79		4/5
8		Myasia MATTHEWS	JR	#8	Limestone	{3} 1:06.27		4/19
9		T'Asya JAY	SO	#1	Wingate	{3} 1:06.42		5/1
10		Kyra STANLEY	SR	#1	Wingate	{4} 1:06.49		4/5

Women's 800 Meters

1	17	Mia CABRERA	JR	#1	Wingate	2:07.99		3/29
2	60	Theresa BROSTHAUS	SO	#4	Lincoln Memoria	2:12.14		5/1
3	64	Emma WHITAKER	JR	#6	Anderson (S.C.)	2:12.27		5/1
4	68	Evie BROOKS	SO	#1	Wingate	{2} 2:12.65		3/29
5		Jacie BEGLEY	FR	#4	Lincoln Memoria	{2} 2:14.61		5/1
6		Harper RUSSELL	SR	#4	Lincoln Memoria	{3} 2:14.98		3/28
7		Eden BARNWELL	FR	#5	Catawba	2:15.09		3/29
8		Olivia OVERHOLT	JR	#2	Lenoir-Rhyne	2:15.71		5/1
9		Joanna OWCZARZ	FR	#5	Catawba	{2} 2:15.84		5/1
10		Caitlyn CHRISTIE	SO	#2	Lenoir-Rhyne	{2} 2:17.88		4/13

Women's 1500 Meters

1	5	Mia CABRERA	JR	#1	Wingate	4:18.83		4/18
2	14	Evie BROOKS	SO	#1	Wingate	{2} 4:21.84		4/12
3	77	Natalie ALMOND	SO	#5	Catawba	4:32.63		5/10
4	79	Firdaouss HRICHE	FR	#1	Wingate	{3} 4:32.71		4/18
5	89	Sira BO	JR	#1	Wingate	{4} 4:34.19		4/18
6		Hannah CAUDILL	SO	#5	Catawba	{2} 4:35.29c (5:00.99A)		4/19
7		Ona ALONSO	JR	#1	Wingate	{5} 4:35.95		5/10
8		Riya KESHAW	SO	#1	Wingate	{6} 4:36.12		5/10
9		Grace BURRELL	JR	#1	Wingate	{7} 4:39.04		4/12
10		Emer MCGLYNN	JR	#5	Catawba	{3} 4:39.87		3/29

Women's Steeplechase

1	4	Firdaouss HRICHE	FR	#1	Wingate	10:15.27		5/4
2	8	Sira BO	JR	#1	Wingate	{2} 10:19.91		5/4
3	73	Elizabeth KESSLER	SR	#2	Lenoir-Rhyne	11:12.90		5/1
4	98	Maud LAMBOTTE	FR	#1	Wingate	{3} 11:20.44		5/1
5		Maria CHACHA	SO	#1	Wingate	{4} 11:27.55		4/5
6		Harper RUSSELL	SR	#4	Lincoln Memoria	11:44.52		5/10
7		Maissane JOUEN	SO	#1	Wingate	{5} 11:44.75		5/1
8		Greta CHIZZALI	FR	#4	Lincoln Memoria	{2} 11:59.83c (12:09.17A)		4/19
9		Elisa LE REST	FR	#1	Wingate	{6} 12:04.11		4/5
10		Molly HANLON	FR	#6	Anderson (S.C.)	12:07.07		5/1



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Women's 5000 Meters

1	12	Mia CABRERA	JR	#1 Wingate	16:11.22	4/18
2	25	Evie BROOKS	SO	#1 Wingate	{2} 16:29.85	4/18
3	37	Grace BURRELL	JR	#1 Wingate	{3} 16:43.93	4/18
4	58	Laila ABOUZAID	SR	#1 Wingate	{4} 16:55.69	4/18
5	61	Madison CLAY	JR	#5 Catawba	16:57.08	4/12
6	67	Natalie ALMOND	SO	#5 Catawba	{2} 16:59.88	4/12
7	68	Firdaouss HRICHE	FR	#1 Wingate	{5} 17:01.45	3/29
8	78	Hannah CAUDILL	SO	#5 Catawba	{3} 17:04.88	4/12
9		Mollie SCOTT	SR	#1 Wingate	{6} 17:15.68	4/12
10		Kennedy ROUSH	SO	#6 Anderson (S.C.)	17:22.76	5/1

Women's 10,000 Meters

1	21	Madison CLAY	JR	#5 Catawba	34:51.05	4/18
2	25	Laila ABOUZAID	SR	#1 Wingate	34:55.28	4/18
3	52	Kennedy ROUSH	SO	#6 Anderson (S.C.)	36:00.96	3/29
4	59	Mollie SCOTT	SR	#1 Wingate	{2} 36:19.71	3/22
5	66	Tea GEARY	SO	#1 Wingate	{3} 36:31.15	3/22
6	67	Hannah CAUDILL	SO	#5 Catawba	{2} 36:34.06	5/1
7	77	Beth LUDWICK	FR	#6 Anderson (S.C.)	{2} 36:51.30	4/12
8		Manon CADY	SO	#1 Wingate	{4} 37:34.20	3/22
9		Alexis PORTER	SO	#10 UVa-Wise	39:54.25c (40:34.15A)	4/19
10		Madison FISCUS	SO	#12 Emory & Henry	43:25.85	5/1

Women's 4x100 Relay

1	6	Zanetta Udo-Obong, Damyja Alejandro-ortiz, Molly McGrath, Alexis Brown	#2 Lenoir-Rhyne	44.73	5/1
2	9	Kiera Taylor, Shanice Cox, Theresa Green-White, Jahzara Hart	#3 Tusculum	44.89	4/19
3	19	Onii Bivens, Efemena Egberi, Mallory Witherspoon, Skylar Southern	#5 Catawba	45.46	5/1
4	37	#Type!	#8 Limestone	46.24	4/5
5	48	Justyce Moses, Hayat Abdeslam, Lara Castano, Margaux Shelton	#1 Wingate	46.59	5/1
6	67	Tytiana Wilson, Brooke Taylor, Sydney McCarty, Sade De Sousa	#9 Carson-Newman	47.17	5/1
7		#Type!	#7 Newberry	48.72	4/19
8		Madison Sutherland, Destiny Ansley-Cureton, Madison Outland, Haley Faulkner	#10 UVa-Wise	49.05c (48.93A)	4/19
9		Abby Kwasny, Lacey Boozer, Maggie Long, Mackenzie Moretina	#6 Anderson (S.C.)	49.13	5/1
10		Aiyana Blakey, Kai Thomas, Madison Ricketts, Mia Spangler	#12 Emory & Henry	50.14	3/29

Women's 4x400 Relay

1	5	#Type!	#2 Lenoir-Rhyne	3:37.47	5/11
2	32	Taylor Wilson, Hoyane Esper, Dounia Routbi, Natalie Pinzan	#1 Wingate	3:45.98	5/1
3	34	Kori Moore, Alonda Shelton, Tashianna Gray, McKenzie Morton	#3 Tusculum	3:46.40	5/1
4	43	Letsi Burgos, Onii Bivens, Skylar Southern, Efemena Egberi	#5 Catawba	3:47.61	5/1
5	97	Trinity Hine, Lidija Djokic, Sterling Webb, Ereyonna Gore	#4 Lincoln Memoria	3:56.23	5/1
6		Lacey Boozer, Emma Whitaker, Abby Kwasny, Mackenzie Moretina	#6 Anderson (S.C.)	3:59.16	5/1
7		Nia Overby, Magnalen Camara, Tamiya Ellis, Myasia Matthews	#8 Limestone	4:01.69	4/19
8		Maya Turner, Madison Ricketts, McKenzie Tate, Tess Somervell	#12 Emory & Henry	4:05.20	5/1
9		Brittany Montgomery, Nia Quimby, Jameria Davis, Kamryn Adderton	#7 Newberry	4:07.32	5/1
10		Madison Sutherland, Lydia Slemp, Kylie Brodt, Haley Faulkner	#10 UVa-Wise	4:22.13	5/1

Women's High Jump

1	36	Assiya ELHAFYAN	SO	#1 Wingate	1.68m	5-6	5/1
2	54	Sterling WEBB	SO	#4 Lincoln Memoria	1.66m	5-5¼	4/13
3	68	Isabel FARUP	FR	#7 Newberry	1.65m	5-5	3/15
3	68	Margaux SHELTON	SR	#1 Wingate	{2} 1.65m	5-5	5/1
3	68	Dakota JERNIGAN	FR	#13 Coker	1.65m	5-5	4/4
6	99	Patricija NEMANYTE	SO	#2 Lenoir-Rhyne	1.63m	5-4¼	4/13
6	99	Miranda MARR	SR	#2 Lenoir-Rhyne	1.63m	5-4¼	4/13
8		Kyarra NEWTON	SR	#1 Wingate	{3} 1.60m	5-3	5/1
8		Ally HOLMBERG	SO	#1 Wingate	{3} 1.60m	5-3	5/1
8		Mia DIONISIO	SR	#7 Newberry	{2} 1.60m	5-3	3/15
8		Valerie DAEHLER	SR	#1 Wingate	{3} 1.60m	5-3	3/29
8		Meah JACKSON	FR	#7 Newberry	{2} 1.60m	5-3	4/19



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Women's Pole Vault

1	39	Avery MARSHALL	FR	#6 Anderson (S.C.)	3.79m	12-5¼	4/5
2	81	Rylie JENKINS	SO	#6 Anderson (S.C.) {2}	3.62m	11-10½	4/19
3		Kirsten LEONARD	SR	#6 Anderson (S.C.) {3}	3.35m	10-11¾	3/29
3		Haley EDDINGER	JR	#11 Mars Hill	3.35m	10-11¾	3/22
5		Jorja FOX	SO	#6 Anderson (S.C.) {4}	3.30m	10-9¾	4/5
6		Pearl BALLARD	SR	#2 Lenoir-Rhyne	3.20m	10-6	4/13
7		Tylee HEFNEY	FR	#9 Carson-Newman	3.17m	10-4¾	4/19
8		Harper RAMSDALE	FR	#2 Lenoir-Rhyne {2}	3.05m	10-0	4/13
9		Caitlyn LENSCH	FR	#2 Lenoir-Rhyne {3}	3.02m	9-10¾	4/19
10		Elsie OPDYKE	FR	#1 Wingate	2.96m	9-8½	3/22

Women's Long Jump

1	12	Sydney MCCARTY	SR	#9 Carson-Newman	6.14m	20-1¾ (0.0)	5/1
2	44	Efemena EGBERI	JR	#5 Catawba	5.91m	19-4¾ (0.0)	5/1
3	58	Brooke TAYLOR	JR	#9 Carson-Newman {2}	5.84m	19-2 (0.0)	5/1
4	88	Ally HOLMBERG	SO	#1 Wingate	5.72m	18-9¼ (-2.4)	5/11
5	91	Sterling WEBB	SO	#4 Lincoln Memoria	5.71m	18-8¾ (1.4)	5/1
6		Kimberley OWENS	SR	#2 Lenoir-Rhyne	5.65m	18-6½ (0.1)	4/19
7		Alexis BROWN	JR	#2 Lenoir-Rhyne {2}	5.64m	18-6 (3.1)	4/19
8		Meah JACKSON	FR	#7 Newberry	5.59m	18-4¼ (0.0)	5/1
9		Brooke VISSER	SR	#9 Carson-Newman {3}	5.57m	18-3¼ (1.0)	5/1
10		Hayat ABDESELAM	FR	#1 Wingate {2}	5.55m	18-2½ (0.0)	5/1

Women's Triple Jump

1	14	Hayat ABDESELAM	FR	#1 Wingate	12.40m	40-8¼ (0.0)	5/1
2	21	Tyleah MOORER	JR	#8 Limestone	12.18m	39-11½ (0.0)	4/30
3	27	Ennessey SORRELLS	SR	#1 Wingate {2}	12.11m	39-8¾ (0.7)	4/12
4	33	Brooke TAYLOR	JR	#9 Carson-Newman	12.03m	39-5¾ (0.5)	5/1
5	34	Holly KONE	SR	#2 Lenoir-Rhyne	12.02m	39-5¼ (0.0)	5/10
6	40	Leah DOTSON	SR	#8 Limestone {2}	11.90m	39-½ (0.7)	3/22
7	95	Sofia ULANDAY	JR	#2 Lenoir-Rhyne {2}	11.51m	37-9¼ (-0.5)	5/1
8		Kendall WHITEHEAD	SO	#9 Carson-Newman {2}	11.41m	37-5¼ (2.2)	4/5
9		Lyniah KITT	FR	#13 Coker	11.40m	37-5 (2.0)	4/4
10		JoAnn SMILING	SR	#8 Limestone {3}	11.29m	37-½ (1.1)	5/1

Women's Shot Put

1	27	Amber LAWLESS	JR	#1 Wingate	14.30m	46-11	5/11
2	95	Danyell BOOKER	JR	#3 Tusculum	13.18m	43-3	4/19
3		Nia ROGERS	SR	#10 UVa-Wise	12.48m	40-11½	4/19
4		Ashley PARRISH	SO	#4 Lincoln Memoria	12.47m	40-11	4/5
5		Cierra WILLIAMS	JR	#11 Mars Hill	11.87m	38-11½	5/1
6		Kiori BUTLER	SO	#7 Newberry	11.80m	38-8¾	3/15
7		Ally HOLMBERG	SO	#1 Wingate {2}	11.79m	38-8¼	5/1
8		Patricija NEMANYTE	SO	#2 Lenoir-Rhyne	11.71m	38-5	4/13
9		Irma WATSON-PEREZ	SR	#7 Newberry {2}	11.54m	37-10½	5/1
10		Kylee ALVIS	JR	#4 Lincoln Memoria {2}	11.49m	37-8½	5/1

Women's Discus

1	92	Irma WATSON-PEREZ	SR	#7 Newberry	43.22m	141-10	4/5
2		Amber LAWLESS	JR	#1 Wingate	42.61m	139-10	4/12
3		Judith VAQUERO	JR	#1 Wingate {2}	42.42m	139-2	5/1
4		Cierra WILLIAMS	JR	#11 Mars Hill	42.04m	137-11	3/22
5		Sarah WIMPEE	JR	#6 Anderson (S.C.)	40.99m	134-6	4/5
6		Ashley PARRISH	SO	#4 Lincoln Memoria	36.38m	119-4	3/21
7		Nevaeh KERNS	JR	#4 Lincoln Memoria {2}	36.24m	118-11	4/5
8		Kennedy MYERS	SR	#7 Newberry {2}	36.12m	118-6	4/5
9		Nia ROGERS	SR	#10 UVa-Wise	36.10m	118-5	5/1
10		La'miya BLAKE	SR	#11 Mars Hill {2}	35.14m	115-4	3/22

Women's Hammer

1	46	Andrea PASCUAL RIVERA	SR	#7 Newberry	52.91m	173-7	3/29
2	93	Irma WATSON-PEREZ	SR	#7 Newberry {2}	50.34m	165-2	4/5
3		Cate TURNER	SO	#4 Lincoln Memoria	44.46m	145-11	5/1
4		Sarah WIMPEE	JR	#6 Anderson (S.C.)	44.40m	145-8	4/19
5		Amber HOGAN	SR	#3 Tusculum	44.27m	145-3	3/22
6		Ashley PARRISH	SO	#4 Lincoln Memoria {2}	43.49m	142-8	3/28
7		Savannah NIPPA	SR	#2 Lenoir-Rhyne	42.28m	138-9	5/11
8		Nevaeh KERNS	JR	#4 Lincoln Memoria {3}	41.92m	137-7	4/19
9		Nia ROGERS	SR	#10 UVa-Wise	41.53m	136-3	3/28
10		Kylee ALVIS	JR	#4 Lincoln Memoria {4}	39.91m	130-11	5/1

Women's Javelin

1	68	Ally HOLMBERG	SO	#1 Wingate	40.46m	132-9	5/1
2		Braelynn STROUT	FR	#10 UVa-Wise	38.59m	126-7	5/11
3		Kiori BUTLER	SO	#7 Newberry	36.31m	119-2	3/29
4		Miranda MARR	SR	#2 Lenoir-Rhyne	35.95m	118-0	4/13
5		Lyniah KITT	FR	#13 Coker	35.67m	117-1	5/1
6		Sterling WEBB	SO	#4 Lincoln Memoria	33.72m	110-8	4/5
7		Mady BUCHANAN	JR	#10 UVa-Wise {2}	32.97m	108-2	5/1
8		Julia KARNILOWICZ	FR	#2 Lenoir-Rhyne {2}	32.90m	107-11	4/5
9		Alina MUELLER	SR	#11 Mars Hill	32.57m	106-10	3/22
10		Kylee ALVIS	JR	#4 Lincoln Memoria {2}	31.87m	104-7	5/1

Women's Heptathlon

1	14	Sterling WEBB	SO	#4 Lincoln Memoria	5,077		5/1
2	15	Miranda MARR	SR	#2 Lenoir-Rhyne	5,067		5/1
3	25	Ally HOLMBERG	SO	#1 Wingate	4,838		5/1
4	41	Mathilde ETIENNE	SR	#2 Lenoir-Rhyne {2}	4,657		5/1
5	90	Patricija NEMANYTE	SO	#2 Lenoir-Rhyne {3}	4,219		4/13
6	99	Kieley SMITH	SO	#3 Tusculum	4,131		5/1
7		Alina MUELLER	SR	#11 Mars Hill	3,954		5/1
8		Braelynn STROUT	FR	#10 UVa-Wise	3,838		4/13
9		Maggie SANDERSON	JR	#4 Lincoln Memoria {2}	3,551		5/1
10		Jimena MONTERO	FR	#11 Mars Hill {2}	2,985		5/1



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Women's 100 Meters

1	37	Cadence CRAY	SO	#1 Albany State (Ga	11.57w	(3.0)	4/24
2	39	Jayla KENNEDY	FR	#2 Clark Atlanta	11.59w	(3.0)	4/24
3	45	JaTerralyn HAMILTON	FR	#6 Spring Hill (Ala.)	11.61w	(3.7)	4/5
4	86	An'Janae LATCHINSON	JR	#3 Tuskegee	11.81w	(3.0)	4/24
5		D'Iiyah AUSTELL	SR	#7 Fort Valley State	11.88w	(3.0)	4/24
6		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	11.95w	(3.0)	4/24
7		Dasia GILYARD	SR	#1 Albany State (Ga{2}	11.96w	(2.3)	3/22
8		Taniyah KELLEY	SO	#1 Albany State (Ga{3}	12.01w	(2.5)	4/24
9		Shantel WILLIAMS	SR	#5 Benedict	12.16	(1.3)	4/24
10		Chavondria CRIMES	SO	#1 Albany State (Ga{4}	12.19w	(2.5)	4/24

Women's 100 Meter Hurdles

1	34	An'Janae LATCHINSON	JR	#3 Tuskegee	13.87	(0.5)	4/24
2	44	Santiona FREEMAN	SR	#5 Benedict	14.08	(0.5)	4/24
3	55	Macada MCDONALD	SO	#12 Savannah State	14.18	(0.5)	4/24
4	93	Briana MADISON	SR	#7 Fort Valley State	14.47	(0.5)	4/24
5		Genesis WASHINGTON	JR	#2 Clark Atlanta	14.64	(1.8)	5/7
6		Jahkaya MCBURNEY	SO	#3 Tuskegee {2}	14.65	(0.5)	4/24
7		DeAna ALBERT	SO	#1 Albany State (Ga	14.89	(0.1)	4/5
8		Myah THOMPSON	SO	#1 Albany State (Ga{2}	15.22	(0.4)	4/12
9		Janiya HARRIS	JR	#1 Albany State (Ga{3}	15.28	(1.0)	4/24
9		Anaiya HOUSEAL	SO	#5 Benedict {2}	15.28w	(2.9)	3/29

Women's 200 Meters

1	19	Cadence CRAY	SO	#1 Albany State (Ga	23.43	(0.7)	4/24
2	45	Dasia GILYARD	SR	#1 Albany State (Ga{2}	23.94	(0.7)	4/24
3	69	Jayla KENNEDY	FR	#2 Clark Atlanta	24.13	(0.7)	4/24
4	72	An'Janae LATCHINSON	JR	#3 Tuskegee	24.15	(0.2)	3/29
5		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	24.37	(-1.4)	3/29
6		D'Iiyah AUSTELL	SR	#7 Fort Valley State	24.56	(0.9)	4/24
7		Jurnie HEMSLEY	SR	#4 Central State	24.58c	(24.96) (0.9)	3/30
8		Shantel WILLIAMS	SR	#5 Benedict	24.72w	(2.2)	3/29
9		JaTerralyn HAMILTON	FR	#6 Spring Hill (Ala.)	24.79	(0.8)	3/29
10		MyRajah RANKIN	SO	#8 Kentucky State	24.97	(0.9)	4/24

Women's 400 Meters

1	60	Dasia GILYARD	SR	#1 Albany State (Ga	55.20		4/12
2	83	Nathalia ROWE	SR	#1 Albany State (Ga{2}	55.67		4/5
3		Karon WARREN	JR	#2 Clark Atlanta	56.04		3/29
4		Kapri DAWKINS	SR	#4 Central State	56.29		4/24
5		MyRajah RANKIN	SO	#8 Kentucky State	56.92		5/11
6		D'Iiyah AUSTELL	SR	#7 Fort Valley State	57.32		3/29
7		Cadence CRAY	SO	#1 Albany State (Ga{3}	57.60		3/8
8		Jurnie HEMSLEY	SR	#4 Central State {2}	57.95		4/18
9		Measha JONES	JR	#11 Allen (S.C.)	58.11		4/4
10		Anniyah WILLIAMS	JR	#2 Clark Atlanta {2}	58.31		3/15

Women's 400 Meter Hurdles

1	4	Nathalia ROWE	SR	#1 Albany State (Ga	58.83		5/3
2	24	An'Janae LATCHINSON	JR	#3 Tuskegee	59.99		4/5
3	47	Macada MCDONALD	SO	#12 Savannah State	1:01.28		4/24
4		Jahkaya MCBURNEY	SO	#3 Tuskegee {2}	1:04.43		4/19
5		Amira BROUSSARD	SO	#3 Tuskegee {3}	1:05.67		4/24
6		Asia NETTLES	FR	#3 Tuskegee {4}	1:06.00		4/19
7		Genesis WASHINGTON	JR	#2 Clark Atlanta	1:06.01		5/7
8		Janiya HARRIS	JR	#1 Albany State (Ga{2}	1:06.37		4/24
9		Myah THOMPSON	SO	#1 Albany State (Ga{3}	1:07.24		3/29
10		Saniya SWAIN	SO	#12 Savannah State {2}	1:07.94		3/22

Women's 800 Meters

1		Zenay RHANEY	SR	#1 Albany State (Ga	2:16.68		4/5
2		Nathalia ROWE	SR	#1 Albany State (Ga{2}	2:18.92		3/8
3		Cecilia LIGHT	JR	#6 Spring Hill (Ala.)	2:21.22		4/24
4		Akierah WALKER	JR	#3 Tuskegee	2:21.78		4/19
5		Michael ADDISON	SR	#4 Central State	2:23.48		4/18
6		Lailah SELLERS	SO	#2 Clark Atlanta	2:23.95		4/24
7		Anaya MARTIN	SO	#3 Tuskegee {2}	2:24.35		4/19
8		Jamea LINDLEY	FR	#10 LeMoyne-Owen	2:27.85		4/24
9		Amaree HAMILTON	JR	#1 Albany State (Ga{3}	2:30.07		3/29
10		Acacia LOFTON	SO	#2 Clark Atlanta {2}	2:31.80		4/24

Women's 1500 Meters

1		Zenay RHANEY	SR	#1 Albany State (Ga	5:06.07		4/24
2		Anaya MARTIN	SO	#3 Tuskegee	5:06.83		4/24
3		Amaree HAMILTON	JR	#1 Albany State (Ga{2}	5:11.10		4/24
4		Akierah WALKER	JR	#3 Tuskegee {2}	5:13.75		4/24
5		Lailah SELLERS	SO	#2 Clark Atlanta	5:19.67		4/24
6		Evelyn HERERRA	SO	#6 Spring Hill (Ala.)	5:20.61		4/24
7		Jamea LINDLEY	FR	#10 LeMoyne-Owen	5:25.04		3/22
8		Azzaria BROWN	JR	#1 Albany State (Ga{3}	5:25.21		4/24
9		Taylor FRANKLIN	FR	#1 Albany State (Ga{4}	5:25.83		3/8
10		Angela BITOK	JR	#9 Edward Waters (5:28.19		3/30

Women's Steeplechase

1		Anaya MARTIN	SO	#3 Tuskegee	11:58.95		4/24
2		Mariah HUSTON	JR	#4 Central State	12:40.24		3/30
3		Akierah WALKER	JR	#3 Tuskegee {2}	12:44.32		4/24
4		Genesis HARRELL	FR	#3 Tuskegee {3}	13:12.43		4/24
5		Lailah SELLERS	SO	#2 Clark Atlanta	13:53.96		4/24
6		Aliyah JACKSON	JR	#2 Clark Atlanta {2}	14:15.34		4/24
7		Shalyah TRESVANT	FR	#3 Tuskegee {4}	14:24.56		4/24
8		Chanyah TAYLOR	SO	#4 Central State {2}	14:30.35		3/30
9		Jurni JANAC	FR	#3 Tuskegee {5}	15:38.37		4/5
10		Jayda BROOKS	FR	#2 Clark Atlanta {3}	16:44.89		4/24



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Women's 5000 Meters

1	Anaya MARTIN	SO	#3 Tuskegee	20:00.39	3/22
2	Angela BITOK	JR	#9 Edward Waters (20:06.78	4/5
3	Taylor FRANKLIN	FR	#1 Albany State (Ga	20:38.86	3/22
4	Evelyn HERERRA	SO	#6 Spring Hill (Ala.)	20:47.01	4/5
5	Lailah SELLERS	SO	#2 Clark Atlanta	21:18.37	4/5
6	Genesis HARRELL	FR	#3 Tuskegee {2}	21:28.67	3/29
7	Faith CHEMUTAI	FR	#13 Lane	21:43.90	4/24
8	Ivyn JEPKOSGEI	FR	#9 Edward Waters ({2}	22:03.12	4/5
9	Mercy KWAMBAI	SO	#5 Benedict	22:25.54	3/29
10	Azzaria BROWN	JR	#1 Albany State (Ga{2}	22:26.16	4/24

Women's 10,000 Meters

1	Anaya MARTIN	SO	#3 Tuskegee	43:38.17	4/24
2	Taylor FRANKLIN	FR	#1 Albany State (Ga	44:23.29	3/22
3	Angela BITOK	JR	#9 Edward Waters (44:29.32	4/24
4	Faith CHEMUTAI	FR	#13 Lane	45:18.27	4/24
5	Deborah BOYD	SO	#11 Allen (S.C.)	46:33.77	4/24
6	Ivyn JEPKOSGEI	FR	#9 Edward Waters ({2}	47:24.80	4/24
7	Mariah HUSTON	JR	#4 Central State	48:27.62	4/24
8	Genesis HARRELL	FR	#3 Tuskegee {2}	50:01.91	4/24
9	Shalyah TRESVANT	FR	#3 Tuskegee {3}	50:11.94	4/24
10	Mercy KWAMBAI	SO	#5 Benedict	50:41.73	4/24

Women's 4x100 Relay

1	23	Dasia Gilyard, Cadence Cray, Taniyah Kelley, Jeniya Lawrence	#1 Albany State (Ga	45.60	4/12
2	46	Morgan Graham, Jayla Kennedy, Anniyah Williams, Shynique McGee	#2 Clark Atlanta	46.50	4/24
3	62	Kapri Dawkins, Skye Livingston, Michael Addison, Jurnie Hemsley	#4 Central State	47.05	4/24
4		Amira Broussard, An' Janae Latchinson, De'Shell Carr, Nadia Jones	#3 Tuskegee	47.92	4/24
5		Santiona Freeman, Shantel Williams, Xaria Bascombe, Kiara Scott	#5 Benedict	48.04	3/22
6		Aleczaandrea Coffie, Jaaliyah Biggers, MyRajah Rankin, Zhakeya Hawkins	#8 Kentucky State	48.41	4/24
7		Kayla Trawick, Kaylin Robinson, Savannah Sparks, Kamora Taylor	#14 Miles	48.50	3/15
8		Briana Madison, Dalivia McBride, Bridgette Clarke, D'liyah Austell	#7 Fort Valley State	48.67	4/24
9		Nasiya Thomas, Aneya Kight, Victoria Taylor, Samyah Berry	#12 Savannah State	49.53	3/30
10		Paris McKinnon, Abigail Watt, Valerie Brown, Nyela Sims	#9 Edward Waters (49.76	4/24



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Women's 4x400 Relay

1	27	Nathalia Rowe, Dasia Gilyard, Cadence Cray, Zenay Rhaney	#1 Albany State (Ga)	3:44.05	4/24
2	54	Kapri Dawkins, Jaylin Bradshaw, Michael Addison, Jurnie Hemsley	#4 Central State	3:50.37	4/24
3	77	Jayla Kennedy, Kiyami Zimmerman, Karon Warren, Anniyah Williams	#2 Clark Atlanta	3:54.31	3/22
4	79	Amira Broussard, An'Janae Latchinson, Jahkaya McBurney, Asia Nettles	#3 Tuskegee	3:54.52	4/24
5		MyRajah Rankin, Zhakeya Hawkins, Iyanna Thompson-Carson, Hailey Tucker	#8 Kentucky State	4:04.77	4/24
6		Mariam Cosky, Cecilia Light, JaTerralyn Hamilton, Lydia Hamilton	#6 Spring Hill (Ala.)	4:09.92	4/5
7		Azaniah White, Dalivia McBride, Katelynn Hodges, D'liyah Austell	#7 Fort Valley State	4:15.07	3/22

Women's High Jump

1	68	Anaiya HOUSEAL	SO	#5 Benedict	1.65m	5-5	4/24
2		Tiana SMITH	JR	#6 Spring Hill (Ala.)	1.60m	5-3	4/24
2		Julianna KERN	SR	#1 Albany State (Ga)	1.60m	5-3	3/8
2		Aquila KERR	SR	#7 Fort Valley State	1.60m	5-3	3/8
2		Paris MCKINNON	FR	#9 Edward Waters (1.60m	5-3	3/30
6		Paige TURNER	JR	#4 Central State	1.56m	5-1½	4/24
7		Savannah SPARKS	FR	#14 Miles	1.55m	5-1	3/15
8		De'Shell CARR	JR	#3 Tuskegee	1.53m	5-¼	4/24
9		Kennedy WALKER	SO	#1 Albany State (Ga){2}	1.52m	4-11¾	4/12
10		Shynique MCGEE	JR	#2 Clark Atlanta	1.50m	4-11	4/24
10		Dalivia MCBRIDE	FR	#7 Fort Valley State{2}	1.50m	4-11	3/8
10		Karma MOULTRIE	FR	#5 Benedict	{2}1.50m	4-11	3/29

Women's Pole Vault

1		Acacia LOFTON	SO	#2 Clark Atlanta	2.75m	9-¼	4/24
2		Ariana SPRINKLE	FR	#6 Spring Hill (Ala.)	2.50m	8-2½	3/1
3		Allison MANGAN	SO	#6 Spring Hill (Ala.) {2}	2.45m	8-½	4/24
4		DeAna ALBERT	SO	#1 Albany State (Ga)	2.30m	7-6½	4/24
4		Zhakeya HAWKINS	FR	#8 Kentucky State	2.30m	7-6½	4/24
4		Abigail REMICK	SR	#6 Spring Hill (Ala.) {3}	2.30m	7-6½	3/1
7		Janiya HARRIS	JR	#1 Albany State (Ga){2}	2.15m	7-½	4/24
7		Shynique MCGEE	JR	#2 Clark Atlanta	{2}2.15m	7-½	4/24
7		Ariana SIMMONS	SO	#8 Kentucky State	{2}2.15m	7-½	4/24
7		Santiona FREEMAN	SR	#5 Benedict	2.15m	7-½	4/24

Women's Long Jump

1	94	Measha JONES	JR	#11 Allen (S.C.)	5.70m	18-8½ (2.0)	4/24
2		Morgan GRAHAM	FR	#2 Clark Atlanta	5.57mw	18-3¼ (2.8)	3/15
3		De'Shell CARR	JR	#3 Tuskegee	5.45m	17-10¾ (0.0)	3/22
4		Aquila KERR	SR	#7 Fort Valley State	5.36m	17-7 (0.5)	4/24
5		Tajana SIMS	SO	#10 LeMoyne-Owen	5.32m	17-5½ (0.8)	5/3
6		Jada DAVID	SR	#5 Benedict	5.28m	17-4 (1.3)	4/24
7		Shynique MCGEE	JR	#2 Clark Atlanta	{2}5.25m	17-2¾ (0.0)	4/12
8		Anyah STEVENSON	FR	#4 Central State	5.21mw	17-1¼ (2.5)	3/30
9		Malaya YOUNG	FR	#13 Lane	5.16m	16-11¼ (0.4)	3/8
10		Santiona FREEMAN	SR	#5 Benedict	{2}5.15m	16-10¾ (0.8)	3/15

Women's Triple Jump

1	20	Jada DAVID	SR	#5 Benedict	12.24m	40-2 (1.7)	3/22
2	38	Shynique MCGEE	JR	#2 Clark Atlanta	11.96m	39-3 (1.5)	3/15
3	53	Tanyiah KELLEY	SO	#1 Albany State (Ga)	11.81m	38-9 (1.1)	5/3
4	69	Tiana SMITH	JR	#6 Spring Hill (Ala.)	11.71m	38-5 (1.1)	4/5
5		Saniya SWAIN	SO	#12 Savannah State	10.58m	34-8½ (0.0)	4/12
6		Dyniah DAVIS	FR	#13 Lane	10.48m	34-4¾ (0.3)	3/8
7		Anyah STEVENSON	FR	#4 Central State	10.42m	34-2¼ (-0.1)	4/5
8		Isis LEWIS	JR	#2 Clark Atlanta	{2}10.33mw	33-10¾ (2.4)	3/15
9		Teonia WHITELOW	JR	#13 Lane	{2}9.73mw	31-11¼ (2.1)	3/8
10		Tejanae LIPTON	SO	#11 Allen (S.C.)	9.25m	30-4¼ (-1.1)	3/14

Women's Shot Put

1	97	Diamond RICHARDSON	SR	#7 Fort Valley State	13.17m	43-2½	3/8
2	99	Darcey DORRIS	JR	#4 Central State	13.15m	43-1¾	4/24
3		Yasmine CHAMBERS	JR	#5 Benedict	12.68m	41-7¼	3/22
4		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	12.36m	40-6¾	4/24
5		Mykhayla CARROLL	JR	#1 Albany State (Ga)	12.21m	40-¾	4/12
6		Daneika WILLIAMSON	JR	#5 Benedict	{2}11.88m	38-11¾	3/29
7		Jayme REDMOND	SO	#2 Clark Atlanta	{2}11.78m	38-7¾	3/9
8		Paris STANTON	SR	#5 Benedict	{3}11.60m	38-¾	4/12
9		Cierra CRUSOE	SO	#10 LeMoyne-Owen	11.59m	38-¼	3/22
10		Desire' POOLE	JR	#8 Kentucky State	11.42m	37-5¾	4/13

Women's Discus

1	45	Diamond RICHARDSON	SR	#7 Fort Valley State	45.90m	150-7	3/22
2	71	Yasmine CHAMBERS	JR	#5 Benedict	44.03m	144-6	3/29
3	79	Darcey DORRIS	JR	#4 Central State	43.63m	143-2	4/18
4		Desire' POOLE	JR	#8 Kentucky State	39.88m	130-10	4/13
5		Jacky BELTRAN	SO	#10 LeMoyne-Owen	38.31m	125-8	5/3
6		Jada JOSHUA	SO	#10 LeMoyne-Owen	{2}38.18m	125-3	3/15
7		Mykhayla CARROLL	JR	#1 Albany State (Ga)	37.76m	123-11	3/15
8		Dae'Janae HANNAH	SO	#2 Clark Atlanta	37.27m	122-4	3/15
9		Daneika WILLIAMSON	JR	#5 Benedict	{2}37.20m	122-1	3/29
10		Sydni ELLISON-MUSE	FR	#2 Clark Atlanta	{2}35.74m	117-3	4/24



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Women's Hammer

1	68	Diamond RICHARDSON	SR	#7 Fort Valley State	51.66m	169-6	4/24
2	86	Mykhayla CARROLL	JR	#1 Albany State (Ga	50.82m	166-9	4/24
3		Paris STANTON	SR	#5 Benedict	47.57m	156-1	4/24
4		Jayne REDMOND	SO	#2 Clark Atlanta	45.40m	149-0	4/24
5		Yasmine CHAMBERS	JR	#5 Benedict	{2}42.59m	139-9	3/15
6		Danielle WILSON	JR	#3 Tuskegee	42.51m	139-6	4/5
7		Janih'ya CAMPBELL	FR	#2 Clark Atlanta	{2}42.10m	138-2	4/24
8		Daneika WILLIAMSON	JR	#5 Benedict	{3}40.32m	132-4	3/29
9		Matealia HARPER	JR	#3 Tuskegee	{2}36.73m	120-6	4/24
10		Dae' Janae HANNAH	SO	#2 Clark Atlanta	{3}35.15m	115-4	3/9

Women's Javelin

1	37	Zaniya RUSH	FR	#6 Spring Hill (Ala.)	42.90m	140-9	3/1
2		Shynique MCGEE	JR	#2 Clark Atlanta	35.58m	116-9	4/5
3		Matealia HARPER	JR	#3 Tuskegee	33.68m	110-6	4/24
4		Serenity MITCHELL	FR	#3 Tuskegee	{2}32.19m	105-8	4/24
5		Ariyah GRAHAM	FR	#7 Fort Valley State	32.16m	105-6	3/8
6		Danielle WILSON	JR	#3 Tuskegee	{3}31.71m	104-1	3/29
7		Ariana SIMMONS	SO	#8 Kentucky State	30.67m	100-8	4/18
8		Amber RAHMING	FR	#4 Central State	29.94m	98-2¾	4/5
9		Aliyah JACKSON	JR	#2 Clark Atlanta	{2}29.68m	97-4½	4/12
10		Claudia BILLEDEAUX	SO	#6 Spring Hill (Ala.)	{2}29.28m	96-¾	3/15

Women's Heptathlon

1		Shynique MCGEE	JR	#2 Clark Atlanta	3,732		3/29
2		Jahkaya MCBURNEY	SO	#3 Tuskegee	3,729		4/5
3		Amira BROUSSARD	SO	#3 Tuskegee	{2}3,547		4/24
4		Paige TURNER	JR	#4 Central State	3,363		4/24
5		Ariyah GRAHAM	FR	#7 Fort Valley State	3,344		4/24
6		Saniya SWAIN	SO	#12 Savannah State	3,315		4/24
7		Serenity MITCHELL	FR	#3 Tuskegee	{3}3,279		4/24
8		De'Shell CARR	JR	#3 Tuskegee	{4}3,180		4/5
9		Sanya JOSEPH	JR	#9 Edward Waters (3,154		4/5
10		Kennedy WALKER	SO	#1 Albany State (Ga	3,024		4/24



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Sunshine

as of 5/20/2025 6:54:13 AM ET

Women's 100 Meters

1	26	Michala DANIELS	JR	#1 Embry-Riddle (F)	11.50w	(3.4)	4/29
2	41	Shenya O'CONNELL	SR	#1 Embry-Riddle (F){2}	11.60w	(2.9)	4/29
3		Mira AKAN	FR	#4 Lynn	12.24	(1.9)	2/28
4		Chloe GREEN	SO	#2 Tampa	12.28w	(3.1)	4/5
5		Tessa BRAY	FR	#4 Lynn	{2}12.30	(1.0)	4/11
6		Molly MORRIS	FR	#2 Tampa	{2}12.44	(0.0)	3/30
7		Sarah MARTINEZ	SO	#2 Tampa	{3}12.56w	(3.0)	5/3
8		Emma SMITH	FR	#4 Lynn	{3}12.60	(1.9)	2/28
9		Zahmya BROWN	FR	#6 Barry	12.61	(1.4)	4/19
10		Makayla LEWIS	SR	#4 Lynn	{4}12.63	(1.4)	4/19

Women's 100 Meter Hurdles

1	69	Allie MURPHY	JR	#2 Tampa	14.31	(1.6)	4/5
2	78	Molly MORRIS	FR	#2 Tampa	{2}14.38	(1.6)	4/5
3		Kate CARTER	FR	#2 Tampa	{3}14.68	(1.1)	4/19
4		Sierra COWARD	SR	#1 Embry-Riddle (F)	14.69	(1.8)	4/19
4		Lindsey KOWNICK	SO	#2 Tampa	{4}14.69	(1.9)	4/5
6		Michala DANIELS	JR	#1 Embry-Riddle (F){2}	14.84w	(3.5)	4/29
7		Mira AKAN	FR	#4 Lynn	15.03	(1.1)	4/19
8		Brooklyn GOULD	SR	#1 Embry-Riddle (F){3}	15.06w	(3.2)	4/11
9		Helena HUYKE	JR	#1 Embry-Riddle (F){4}	15.22	(0.5)	3/8
10		Dejah SAUNDERS	SR	#1 Embry-Riddle (F){5}	15.25	(0.1)	3/8

Women's 200 Meters

1		Shenya O'CONNELL	SR	#1 Embry-Riddle (F)	24.37w	(3.3)	4/29
2		Sativa JAMES	FR	#3 Nova Southeastern	24.86	(1.6)	4/19
3		Liora BEST	FR	#1 Embry-Riddle (F){2}	25.00w	(3.3)	4/29
4		Brooklyn GOULD	SR	#1 Embry-Riddle (F){3}	25.07	(1.6)	4/19
5		Allie MURPHY	JR	#2 Tampa	25.21w	(2.2)	4/19
6		Nina RICHARDSON	SR	#1 Embry-Riddle (F){4}	25.38	(1.6)	4/19
7		Chloe GREEN	SO	#2 Tampa	{2}25.53	(1.6)	4/19
8		Tessa BRAY	FR	#4 Lynn	25.61w	(2.2)	4/19
9		Sarah MARTINEZ	SO	#2 Tampa	{3}25.62	(0.8)	2/22
10		Mira AKAN	FR	#4 Lynn	{2}25.69	(1.2)	3/8

Women's 400 Meters

1		Sativa JAMES	FR	#3 Nova Southeastern	56.39		4/19
2		Liora BEST	FR	#1 Embry-Riddle (F)	56.63		3/8
3		Allie MURPHY	JR	#2 Tampa	57.15		3/22
4		Allegra TRINER	FR	#1 Embry-Riddle (F){2}	58.16		4/5
5		Kate CARTER	FR	#2 Tampa	{2}58.22		5/3
6		Mira AKAN	FR	#4 Lynn	58.37		4/5
7		Lillian HICKS	SR	#2 Tampa	{3}58.71		5/3
8		Marielle CLAYTON	FR	#2 Tampa	{4}59.02		4/5
9		Bella BUTLER	SO	#3 Nova Southeastern	{2}59.14		4/5
10		Nina RICHARDSON	SR	#1 Embry-Riddle (F){3}	59.16		4/5

Women's 400 Meter Hurdles

1	29	Allie MURPHY	JR	#2 Tampa	1:00.22		4/12
2	63	Kate CARTER	FR	#2 Tampa	{2}1:02.09		4/19
3	73	Molly MORRIS	FR	#2 Tampa	{3}1:02.60		3/22
4		Mira AKAN	FR	#4 Lynn	1:03.92		4/11
5		Kylie DAVIS	FR	#1 Embry-Riddle (F)	1:03.93		4/29
6		Lindsey KOWNICK	SO	#2 Tampa	{4}1:05.88		3/30
7		Jaelynn ROSARIO	FR	#6 Barry	1:07.68		4/19
8		Arianna BITTNER	FR	#3 Nova Southeastern	1:09.24		4/5
9		Sydney CASH	JR	#1 Embry-Riddle (F){2}	1:10.82		4/19
10		Brooke BOND	JR	#4 Lynn	{2}1:11.32		2/22

Women's 800 Meters

1	12	Taylor ROTH	SO	#1 Embry-Riddle (F)	2:07.48		5/10
2	34	Kendra KRUEGER	SO	#2 Tampa	2:09.68		4/5
3	35	Allegra TRINER	FR	#1 Embry-Riddle (F){2}	2:10.15		5/10
4	72	Jill THORNING	SO	#3 Nova Southeastern	2:12.81		4/5
5	77	Bella BUTLER	SO	#3 Nova Southeastern	{2}2:13.04		4/26
6		Eden TOAL	SR	#3 Nova Southeastern	{3}2:14.58		4/26
7		Brooklyn GOULD	SR	#1 Embry-Riddle (F){3}	2:15.97		4/11
8		Amberleigh SORENSEN	SR	#7 Palm Beach Atlantic	2:16.91		4/11
9		Nithya CHUMMAR	SR	#1 Embry-Riddle (F){4}	2:18.25		4/12
10		Mackenzie KELLER	JR	#1 Embry-Riddle (F){5}	2:18.45		4/5

Women's 1500 Meters

1	64	Jill THORNING	SO	#3 Nova Southeastern	4:31.80		2/28
2	100	Eden TOAL	SR	#3 Nova Southeastern	{2}4:34.96		4/19
3		Mackenzie KELLER	JR	#1 Embry-Riddle (F)	4:36.20		4/19
4		Olivia HARP	SR	#2 Tampa	4:36.77		5/3
5		Emily KRINEY	JR	#2 Tampa	{2}4:38.46		4/19
6		Kendra KRUEGER	SO	#2 Tampa	{3}4:38.54		2/22
7		Campbell CALDWELL	JR	#2 Tampa	{4}4:39.92		3/22
8		Amberleigh SORENSEN	SR	#7 Palm Beach Atlantic	4:40.83		5/3
9		Hannah DIETE	FR	#2 Tampa	{5}4:41.37		4/19
10		Molly DEMARZO	SO	#2 Tampa	{6}4:42.94		4/19

Women's Steeplechase

1	76	Emily TUBBS	FR	#1 Embry-Riddle (F)	11:13.31		4/29
2		Mary RICHMOND	FR	#2 Tampa	11:29.47		4/19
3		Maddie GORDON	FR	#2 Tampa	{2}11:37.76		4/19
4		Rachel HOCKENBERRY	JR	#5 Florida Southern	11:50.35		4/19
5		Bella ASCONE	FR	#3 Nova Southeastern	11:53.44		3/22
6		Jessica LOMBARDO	FR	#4 Lynn	12:14.40		4/19
7		Maggie RAGSDALE	SO	#3 Nova Southeastern	{2}12:28.16		4/19
8		Skyler GILLET	SO	#4 Lynn	{2}12:39.15		4/19
9		Julian STANISH	FR	#6 Barry	12:48.84		4/19
10		Hope BRITTENHAM	FR	#6 Barry	{2}14:25.33		3/8



Conference TFRI Event Summary



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Women's 5000 Meters

1	62	Emma MUSSANTE	SR	#5 Florida Southerr	16:57.11	2/22
2	66	Olivia HARP	SR	#2 Tampa	16:59.83	3/28
3	70	Campbell CALDWELL	JR	#2 Tampa {2}	17:02.13	2/22
4	72	Jill THORNING	SO	#3 Nova Southeastern	17:02.84	2/22
5		Emily KRINEY	JR	#2 Tampa {3}	17:17.31	3/22
6		Lindsey VOLKMAN	SO	#2 Tampa {4}	17:30.95	5/3
7		Ellie FLUMAN	SR	#5 Florida Southerr {2}	17:38.40	2/22
8		Grace REED	SO	#5 Florida Southerr {3}	17:47.49	3/7
9		Rachel HOCKENBERRY	JR	#5 Florida Southerr {4}	17:48.12	3/7
10		Molly DEMARZO	SO	#2 Tampa {5}	17:50.03	3/7

Women's 10,000 Meters

1	37	Campbell CALDWELL	JR	#2 Tampa	35:25.31	3/28
2	51	Emma MUSSANTE	SR	#5 Florida Southerr	36:00.69	3/28
3	96	Mya STAM	SR	#5 Florida Southerr {2}	37:08.78	3/28
4		Leena SAIDI	SR	#3 Nova Southeastern	37:30.88	4/19
5		Ellie FLUMAN	SR	#5 Florida Southerr {3}	37:31.64	3/28
6		Sadie NORDMEYER	SR	#7 Palm Beach Atlantic	38:00.33	4/19
7		Emma PFEIFFER	SO	#5 Florida Southerr {4}	38:17.98	3/22
8		Brooke GABLE	SO	#2 Tampa {2}	38:32.05	4/19
9		Isabella NOREIKA	SO	#2 Tampa {3}	39:02.17	4/19
10		Kendall MATHIS	JR	#1 Embry-Riddle (FL)	40:13.40	3/22

Women's 4x100 Relay

1	89	Michala Daniels, Shenyra O'Connell, Kylie Davis, Liora Best		#1 Embry-Riddle (FL)	47.63	4/19
2		Ashley Mosesso, Allie Murphy, Lillian Hicks, Chloe Green		#2 Tampa	47.98	4/5
3		Emma Smith, Mira Akan, Tessa Bray, Alijah Giustino		#4 Lynn	48.54	2/28
4		Jaelynn Rosario, Zahmya Brown, Anabel Portuondo, Alexandria Key		#6 Barry	49.98	4/19
5		Kaylee Brushaber, Sativa James, Mackenzie Wommack, Melissa Mitjans		#3 Nova Southeastern	50.29	4/19
6		Cheyenne Young, Heloise Pinto, Ashly Girouard, Jinia Johnson		#5 Florida Southerr	57.49	4/19

Women's 4x400 Relay

1	80	Marielle Clayton, Kate Carter, Lillian Hicks, Allie Murphy		#2 Tampa	3:54.66	4/5
2	92	#Type!		#1 Embry-Riddle (FL)	3:55.81	4/29
3		Emma Smith, Alijah Giustino, Tessa Bray, Mira Akan		#4 Lynn	3:58.16	4/5
4		Arianna Bittner, Bella Butler, Kayla Wommack, Sativa James		#3 Nova Southeastern	4:01.71	4/5
5		Flavia Almeida, Kira Mothershed, Caitlin Beery, Heloise Pinto		#5 Florida Southerr	4:09.13	4/19
6		Hayley Boyle, Sierra Espinoza, Rachel Crandell, Jaelynn Rosario		#6 Barry	4:17.01	4/19
7		Sadie Nordmeyer, Nella Petersen, Dominyka Petraskaite, Hannah Atwell		#7 Palm Beach Atlantic	4:20.33	2/22

Women's High Jump

1	68	Jade TCHOAUWOU NAYAP	FR	#1 Embry-Riddle (FL)	1.65m	5-5	3/8
2	91	Brooklyn GOULD	SR	#1 Embry-Riddle (FL) {2}	1.64m	5-4½	4/11
3		Megan GRANT	SO	#1 Embry-Riddle (FL) {3}	1.60m	5-3	4/29
4		Sierra COWARD	SR	#1 Embry-Riddle (FL) {4}	1.55m	5-1	4/11
5		Sydney CASH	JR	#1 Embry-Riddle (FL) {5}	1.47m	4-9¾	4/29

Women's Pole Vault

1		Leilani SPRUILL	FR	#1 Embry-Riddle (FL)	3.20m	10-6	4/5
2		Anabel PORTUONDO	FR	#6 Barry	3.05m	10-0	4/5
3		Madeline AMPLEMAN	FR	#1 Embry-Riddle (FL) {2}	2.56m	8-4¾	3/8

Women's Long Jump

1	15	Mikaela MILES	JR	#1 Embry-Riddle (FL)	6.12m	20-1 (-1.8)	4/12
2	50	Brooklyn GOULD	SR	#1 Embry-Riddle (FL) {2}	5.89m	19-4 (1.4)	4/11
3		Kylie DAVIS	FR	#1 Embry-Riddle (FL) {3}	5.46m	17-11 (0.9)	4/29
4		Michala DANIELS	JR	#1 Embry-Riddle (FL) {4}	5.24m	17-2¼ (0.6)	4/29
5		Sierra COWARD	SR	#1 Embry-Riddle (FL) {5}	5.13m	16-10 (0.4)	3/28
6		Dejah SAUNDERS	SR	#1 Embry-Riddle (FL) {6}	5.00m	16-5 (1.7)	4/29
7		Nina RICHARDSON	SR	#1 Embry-Riddle (FL) {7}	4.97mw	16-3¾ (2.1)	4/29
8		Jaelynn ROSARIO	FR	#6 Barry	4.89m	16-½ (0.2)	3/29
9		Sydney CASH	JR	#1 Embry-Riddle (FL) {8}	4.62mw	15-2 (2.7)	4/29

Women's Triple Jump

1	3	Mikaela MILES	JR	#1 Embry-Riddle (FL)	12.87m	42-2¾ (1.8)	4/29
2		Michala DANIELS	JR	#1 Embry-Riddle (FL) {2}	10.97m	36-0 (1.2)	4/29



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Women's Shot Put

1	Madison MORRIS	SR	#1 Embry-Riddle (F1)	12.11m	39-8¾	4/29
2	Sierra COWARD	SR	#1 Embry-Riddle (F2)	12.10m	39-8½	3/8
3	Brooklyn GOULD	SR	#1 Embry-Riddle (F3)	10.58m	34-8½	4/29
4	Anaya SHRIDER	FR	#1 Embry-Riddle (F4)	10.19m	33-5¼	4/29
5	Sydney CASH	JR	#1 Embry-Riddle (F5)	8.66m	28-5	4/5
6	Ally FUGATE	FR	#1 Embry-Riddle (F6)	8.51m	27-11	4/5
7	Jaelynn ROSARIO	FR	#6 Barry	7.92m	26-0	3/8
8	Sarah BAZILE	FR	#6 Barry	{2} 7.37m	24-2¼	4/5
9	Emilia OLIVIERI RAMOS	JR	#4 Lynn	7.25m	23-9½	3/8

Women's Discus

1	63 Madison MORRIS	SR	#1 Embry-Riddle (F1)	44.40m	145-8	4/5
2	Anaya SHRIDER	FR	#1 Embry-Riddle (F2)	37.33m	122-6	4/29
3	Ally FUGATE	FR	#1 Embry-Riddle (F3)	30.54m	100-3	4/29
4	Kirsten ROLLE	SR	#1 Embry-Riddle (F4)	27.97m	91-9¼	4/5
5	Barrett CUTSHALL	SO	#1 Embry-Riddle (F5)	27.47m	90-1½	4/5
6	Jaelynn ROSARIO	FR	#6 Barry	13.93m	45-8½	4/5

Women's Hammer

1	32 Kirsten ROLLE	SR	#1 Embry-Riddle (F1)	54.77m	179-8	4/5
2	Madison MORRIS	SR	#1 Embry-Riddle (F2)	44.89m	147-4	4/29
3	Hailey BRUCE	SO	#1 Embry-Riddle (F3)	38.84m	127-5	4/29
4	Anaya SHRIDER	FR	#1 Embry-Riddle (F4)	35.56m	116-8	4/29
5	Ally FUGATE	FR	#1 Embry-Riddle (F5)	34.80m	114-2	4/29

Women's Javelin

1	15 Maxime KIRSCHNER	SR	#1 Embry-Riddle (F1)	46.45m	152-5	3/28
2	31 Hailey BRUCE	SO	#1 Embry-Riddle (F2)	43.73m	143-6	3/28
3	Brooklyn GOULD	SR	#1 Embry-Riddle (F3)	38.31m	125-8	4/29
4	Sierra COWARD	SR	#1 Embry-Riddle (F4)	36.74m	120-7	3/28
5	Barrett CUTSHALL	SO	#1 Embry-Riddle (F5)	34.08m	111-10	3/8
6	Jaelynn ROSARIO	FR	#6 Barry	26.87m	88-2	5/3
7	Sydney CASH	JR	#1 Embry-Riddle (F6)	23.82m	78-1¾	4/29

Women's Heptathlon

1	8 Brooklyn GOULD	SR	#1 Embry-Riddle (F1)	5,260		4/11
2	Sydney CASH	JR	#1 Embry-Riddle (F2)	3,710		4/29
3	Sierra COWARD	SR	#1 Embry-Riddle (F3)	2,147		4/26