



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR	#12 Lenoir-Rhyne	{}	37.09	11.08	(0.3)	4/19/25 Aggie Invitational
2	Ashley BARRETT	SO	#19 New Mexico Highlands	{}	31.98	11.22	(1.9)	4/12/25 Jo Meaker Classic & Multi
3	Leah SMITH	SO	#7 Findlay	{}	29.32	11.25w	(3.8)	5/2/25 G-MAC Outdoor Championshi
4	E'lexis HOLLIS	SR	#13 Central Washington	{}	26.88	11.27w	(2.3)	3/29/25 Bobcat Invitational (Texas Sta
5	Laila CLEARE	JR	#20 U-Mary	{}	24.45	11.29w	(2.1)	4/27/25 U-Mary Senior Day Open
6	Hailey HUNT	SR	#15 Cal State San Bernardino	{}	22.23	11.30	(-0.4)	5/2/25 CCAA Track & Field Champion
6	Nydia CHANCE	SO	#10 Fresno Pacific	{}	22.23	11.30	(0.0)	2/22/25 Sunbird Invitational
8	Diandrenique GAINES	SR	#2 Pittsburg State	{}	17.58	11.33w	(3.8)	4/17/25 Pittsburg State Tune-Up
9	Amari WEATHERFORD	SR	#15 Cal State San Bernardino	{}	15.15	11.35w	(2.4)	5/8/25 APU Franson Last Chance
10	Deborah ACHEAMPONG	SO	#4 West Texas A&M	{}	12.94	11.36	(2.0)	5/3/25 Lone Star Outdoor Champion
11	Jordan TAYLOR	SR	#7 Findlay	{}	10.69	11.38w	(3.8)	5/2/25 G-MAC Outdoor Championshi
12	Jahzara HART	JR	Tusculum	{}	9.47	11.40w	(2.2)	4/5/25 Electric City Invitational
13	Tamia HORTON	JR	Sioux Falls	{}	8.26	11.42w	(2.5)	5/10/25 NSIC Outdoor Championships
13	Brianna BENLOSS	SO	Winston-Salem State	{}	8.26	11.42w	(3.9)	5/3/25 CIAA Outdoor Championships
13	Shavantae ROBERTS	JR	MSU Moorhead	{}	8.26	11.42w	(3.8)	5/10/25 NSIC Outdoor Championships
16	Shantae GEORGE	SR	#24 Lincoln (Mo.)	{}	5.15	11.43	(1.7)	5/2/25 GLVC Outdoor Championships
17	Grizell SCARLETT	SO	Eastern New Mexico	{}	4.55	11.44	(1.1)	4/12/25 Jo Meaker Classic & Multi
18	Futura HARRIS	FR	Mount Olive	{}	4.00	11.46	(1.9)	5/9/25 Mount Olive Final Qualifier
18	Ta'Mijha NICHOLS	SO	#22 Washburn	{}	4.00	11.46w	(2.7)	5/4/25 MIAA Outdoor Championships
18	Adeyah BREWSTER	SR	#6 Minnesota State	{}	4.00	11.46	(1.6)	5/10/25 NSIC Outdoor Championships
21	Eseose OKODUWA	SR	Converse	{}	2.50	11.48	(2.0)	4/26/25 Conference Carolinas Outdoo
22	Aniya HECKSTALL	JR	Barton	{}	2.00	11.49	(-0.3)	5/8/25 Mount Olive First Chance



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance		Meet	
1	Grace JOHNSON	SR	#6	Minnesota State	{}	36.42	13.11	(1.6)	4/19/25	Mt. SAC Relays
1	Adeyah BREWSTER	SR	#6	Minnesota State	{}	36.42	13.11w	(2.2)	4/17/25	Beach Pacific Coast Invitation
3	Esther CONDE-TURPIN	JR	#5	Azusa Pacific	{}	30.69	13.21w	(3.0)	5/8/25	APU Franson Last Chance
4	Charnessa REID	JR		Winston-Salem State	{}	26.82	13.32w	(2.6)	4/19/25	Aggie Invitational
5	Aniya SEWARD	SR	#21	Ashland	{}	24.29	13.36	(0.9)	5/2/25	G-MAC Outdoor Championshi
6	Patreece CLARKE	JR	#19	New Mexico Highland	{}	21.87	13.41	(0.1)	4/27/25	RMAC Outdoor Championship
7	Ashanti HARVEY	SR	#6	Minnesota State	{}	19.37	13.47w	(2.6)	5/10/25	NSIC Outdoor Championships
8	Theresa GREEN-WHITE	JR		Tusculum	{}	17.12	13.50	(1.1)	5/1/25	SAC Outdoor Championships
9	Brianna GREEN	SR	#10	Fresno Pacific	{}	14.62	13.56	(-0.7)	4/18/25	Bryan Clay Invitational
10	Esaba OKWARAMOI	SO	#6	Minnesota State	{}	12.54	13.57w	(3.0)	4/23/25	Gary Wilson Invitational
10	Kayvon NUBINE	FR	#2	Pittsburg State	{}	12.54	13.57w	(2.2)	4/17/25	Pittsburg State Tune-Up
10	Aaliyannah ANDERSON	SO	#24	Lincoln (Mo.)	{}	12.54	13.57w	(3.2)	5/2/25	GLVC Outdoor Championships
13	Blakelee WINN	JR	#2	Pittsburg State	{}	8.38	13.59w	(2.5)	5/4/25	MIAA Outdoor Championships
13	Noemie THIBAUD	FR	#6	Minnesota State	{}	8.38	13.59	(1.9)	5/10/25	NSIC Outdoor Championships
15	Neshara SMITH	JR		Cal Poly Pomona	{}	6.00	13.65w	(2.1)	3/8/25	Beach Opener
16	Ashyiria SAVAGE	JR	#11	Missouri Southern	{}	5.00	13.66w	(2.2)	4/17/25	Pittsburg State Tune-Up
16	Channie JEFFERSON	JR		Mount Olive	{}	5.00	13.66w	(2.1)	3/29/25	Trojan Challenge
18	Caroline MAYES	JR		William Jewell	{}	4.00	13.67w	(2.2)	4/17/25	Pittsburg State Tune-Up
19	Crystal WALKER	SR		Northern Michigan	{}	3.50	13.68	(1.2)	5/2/25	GLIAC Outdoor Championship
20	Brooke BARKOCY	SR	#1	Grand Valley State	{}	3.00	13.72w	(3.3)	4/26/25	GVSU Extra Weekend Meet
20	Maricia SPENCE	SR	#17	Angelo State	{}	3.00	13.72w	(2.4)	5/3/25	Lone Star Outdoor Champion
22	Jada KAMTHA	SO		New Haven	{}	2.00	13.96w	(2.3)	5/11/25	New England (NEICAAA) Outd



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet	
1	Alexis BROWN	JR	#12 Lenoir-Rhyne	{}	37.42	22.67	(2.0)	3/29/25 Raleigh Relays
2	Collinique FARRINGTON	JR	#16 Southwest Baptist	{}	32.02	23.00w	(2.6)	3/29/25 SBU Bearcat Invitational
3	Diandrenique GAINES	SR	#2 Pittsburg State	{}	29.42	23.06	(0.5)	5/4/25 MIAA Outdoor Championships
4	Jordan TAYLOR	SR	#7 Findlay	{}	25.72	23.23	(1.6)	5/2/25 G-MAC Outdoor Championshi
5	Amari WEATHERFORD	SR	#15 Cal State San Bernar	{}	23.62	23.24	(1.7)	5/2/25 CCAA Track & Field Champion
5	Deborah ACHEAMPONG	SO	#4 West Texas A&M	{}	23.62	23.24w	(3.3)	3/22/25 West Texas Relays
7	Shantae GEORGE	SR	#24 Lincoln (Mo.)	{}	19.32	23.27	(1.5)	5/2/25 GLVC Outdoor Championships
8	Leah SMITH	SO	#7 Findlay	{}	17.22	23.28	(1.6)	5/2/25 G-MAC Outdoor Championshi
9	Hailey HUNT	SR	#15 Cal State San Bernar	{}	15.06	23.30	(1.7)	5/2/25 CCAA Track & Field Champion
9	Ashley BARRETT	SO	#19 New Mexico Highland	{}	15.06	23.30	(0.4)	4/27/25 RMAC Outdoor Championship
11	Tionce WALROND	SO	#20 U-Mary	{}	11.01	23.31	(0.8)	3/27/25 Yellowjackets Open
12	Sariyah COPELAND	SR	#10 Fresno Pacific	{}	9.76	23.36	(-1.4)	5/8/25 APU Franson Last Chance
13	Sakena MASSIAH	SR	#20 U-Mary	{}	8.71	23.37	(0.8)	3/27/25 Yellowjackets Open
14	Laila CLEARE	JR	#20 U-Mary	{}	7.66	23.38w	(2.5)	4/27/25 U-Mary Senior Day Open
14	Emma CANNAN	JR	Simon Fraser	{}	7.66	23.38	(0.9)	4/25/25 Pee Wee Halsell Invitational
16	E'lexis HOLLIS	SR	#13 Central Washington	{}	5.51	23.41	(0.9)	4/25/25 Pee Wee Halsell Invitational
17	Cadence CRAY	SO	Albany State (Ga.)	{}	4.92	23.43	(0.7)	4/24/25 SIAC Outdoor Championships
17	Jahzara HART	JR	Tusculum	{}	4.92	23.43w	(3.8)	4/19/25 Aggie Invitational
19	Faith WYMAN	SR	#14 Lewis	{}	3.87	23.44	(1.4)	5/10/25 St. Francis Fighting Chance In
20	Jamiya MORGAN	SR	#2 Pittsburg State	{}	3.03	23.51	(-0.8)	5/4/25 MIAA Outdoor Championships
21	Anna SALISBURY	SR	Lubbock Christian	{}	2.50	23.61w	(2.2)	4/12/25 Jo Meaker Classic & Multi
22	Damyja ALEJANDRO-ORTI	JR	#12 Lenoir-Rhyne	{}	2.00	23.67	(-0.5)	5/1/25 SAC Outdoor Championships



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance	Meet
1	Peace NWAELEHIA	FR	#4	West Texas A&M	{}	34.83	52.22	5/3/25 Lone Star Outdoor Champion
2	Hannah CAIOLA	JR		Southern Connecticut	{}	32.18	52.36	4/19/25 UCONN Northeast Challenge
3	Anna SALISBURY	SR		Lubbock Christian	{}	30.04	52.39	5/3/25 Lone Star Outdoor Champion
4	Blessing AKINTOYE	SO	#4	West Texas A&M	{}	27.91	52.42	5/3/25 Lone Star Outdoor Champion
5	Tiffany HUGHEY	SR		Northwest Missouri	{}	25.68	52.47	5/4/25 MIAA Outdoor Championships
6	Omolara OGUNMAKINJU	JR	#23	Harding	{}	22.85	52.65	5/9/25 Arkansas Twilight
7	Collinique FARRINGTON	JR	#16	Southwest Baptist	{}	19.42	53.01	4/11/25 Mule Relays
8	Bec BENNETT	JR		Western Washington	{}	17.20	53.11	5/10/25 GNAC Outdoor Championship
9	Kamaria CARR	SO		UT Tyler	{}	14.86	53.26	5/9/25 Arkansas Twilight
10	Tetiana KHARASHCHUK	FR	#23	Harding	{}	12.84	53.27	4/25/25 John McDonnell Invitational
11	Damyja ALEJANDRO-ORTI	JR	#12	Lenoir-Rhyne	{}	10.75	53.31	5/1/25 SAC Outdoor Championships
12	Shevanae THOMAS	SR	#24	Lincoln (Mo.)	{}	9.53	53.41	5/2/25 GLVC Outdoor Championships
13	Asia FOSTER	JR		Oklahoma Baptist	{}	8.46	53.44	5/2/25 Great American (GAC) Outdoo
14	Alayna VERNER	SR	#5	Azusa Pacific	{}	7.44	53.45	5/8/25 APU Franson Last Chance
15	Melanie ROLAND	JR		Northwest Missouri	{}	6.01	53.64	5/9/25 Concordia (Neb.) Twilight Mee
16	Alexis WHITE	SR	#15	Cal State San Bernard	{}	5.00	53.75	5/2/25 CCAA Track & Field Champion
17	Chloe SAENZ	SR		Northwest Missouri	{}	4.50	53.76	5/4/25 MIAA Outdoor Championships
18	Cynai CHRISTOPHER	SR	#25	Texas A&M-Kingsville	{}	4.00	53.80	5/3/25 Lone Star Outdoor Champion
19	Kamani JOHNS	SR		Lincoln (Pa.)	{}	3.50	53.89	5/3/25 CIAA Outdoor Championships
20	Kereser AUGUSTIN	JR	#22	Washburn	{}	3.00	54.00	5/9/25 Ward Haylett Invitational
21	Caliyah WALLACE	SO		Tiffin	{}	2.50	54.08	5/7/25 Hillsdale College Last Chance
21	Oneika BRISSETT	FR	#25	Texas A&M-Kingsville	{}	2.50	54.08	5/8/25 APU Franson Last Chance



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Andrea APONTE	JR	UPR Mayaguez {}	59.73	4.00	5/1/25	Justas LAI (LAI Fair)
2	Rasha BADRANI	JR	Cal State San Marcos {}	28.05	57.79	4/5/25	UCSD Triton Invitational
3	Brianna GREEN	SR	#10 Fresno Pacific {}	26.05	57.80	4/5/25	Stanford Invitational
4	Kylie RAY	SR	#7 Findlay {}	24.04	58.08	5/9/25	Len Paddock Open
5	Nathalia ROWE	SR	Albany State (Ga.) {}	22.02	58.83	5/3/25	UNF East Coast Relays
6	Lisa RETAILLEAU	JR	#23 Harding {}	20.02	58.93	5/11/25	Harding Mother's Day Last Ch
7	Victoria AMIADAMEN	SO	#3 Adams State {}	18.01	59.26	5/3/25	CSU Pueblo Last Chance Invit
8	Avril MENDOZA	FR	#10 Fresno Pacific {}	16.01	59.41	5/8/25	APU Franson Last Chance
9	Asana HAMIDU	JR	#4 West Texas A&M {}	14.01	59.49	4/12/25	Jo Meaker Classic & Multi
10	Allison COMER	SR	#8 Colo. School of Mines {}	12.01	59.50	4/27/25	RMAC Outdoor Championship
11	Mila REAL	SO	Stanislaus State {}	10.01	59.70	5/8/25	APU Franson Last Chance
12	Eboselulu OMOFOMA	FR	Biola (Calif.) {}	9.01	59.72	5/3/25	Steve Scott Invitational
13	Odeshia NANTON	JR	#24 Lincoln (Mo.) {}	8.00	59.74	5/2/25	GLVC Outdoor Championships
14	Haley BRENNY	SR	Seton Hill {}	7.00	59.81	5/10/25	PSAC Outdoor Championships
15	Morgan HERTZ	SR	#20 U-Mary {}	6.00	59.83	3/27/25	Yellowjackets Open
16	Shackelia GREEN	JR	#17 Angelo State {}	5.00	59.84	5/3/25	Lone Star Outdoor Champion
17	Isabelle FLORES	SR	Belmont Abbey {}	4.50	59.85	5/11/25	Lenoir-Rhyne Last Chance & M
18	Keneisha THOMAS	SO	Wayne State (Mich.) {}	4.00	59.88	5/9/25	Len Paddock Open
18	Hoyane ESPER	JR	#18 Wingate {}	4.00	59.88	5/11/25	Lenoir-Rhyne Last Chance & M
20	Shevanae THOMAS	SR	#24 Lincoln (Mo.) {}	3.00	59.93	5/2/25	GLVC Outdoor Championships
21	Abigael REID	JR	Emporia State {}	2.50	59.95	5/4/25	MIAA Outdoor Championships
22	Destini DORKINS	JR	#1 Grand Valley State {}	2.00	59.96	5/2/25	GLIAC Outdoor Championship



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance	Meet
1	Abigail ABUGIRE	FR	#4	West Texas A&M	{}	36.24	2:03.26	5/3/25 Lone Star Outdoor Champion
2	Helen BRAYBROOK	JR	#9	CSU Pueblo	{}	33.79	2:03.45	3/29/25 Chuck Haering Classic
3	Lina HANICH	SR		Academy of Art	{}	31.43	2:03.60	4/5/25 Stanford Invitational
4	Lieke HOOGSTEEEN	JR	#3	Adams State	{}	28.50	2:03.99	4/18/25 Bryan Clay Invitational
5	Elizabeth ACHESON	SR	#20	U-Mary	{}	24.23	2:05.07	3/29/25 Chuck Haering Classic
6	Leah KEISLER	JR	#9	CSU Pueblo	{}	21.95	2:05.31	3/29/25 Chuck Haering Classic
7	Olivia ALEXANDRE	SR	#5	Azusa Pacific	{}	19.47	2:05.72	4/18/25 Bryan Clay Invitational
8	Jade AVANCE	JR	#21	Ashland	{}	17.46	2:05.73	5/2/25 G-MAC Outdoor Championshi
9	Nidhi SINGH	SR		Midwestern State	{}	14.54	2:06.53	5/3/25 Lone Star Outdoor Champion
10	Megan POSTMA	FR	#1	Grand Valley State	{}	12.40	2:06.65	5/11/25 GVSU 10-Event Last Chance M
11	Ines MACADAM	SR		Tiffin	{}	10.00	2:07.24	5/8/25 APU Franson Last Chance
12	Taylor ROTH	SO		Embry-Riddle (Fla.)	{}	9.00	2:07.48	5/10/25 Lee University Last Chance
13	Shaneal CLARKE-GIDDING	SO	#24	Lincoln (Mo.)	{}	8.00	2:07.52	5/10/25 Loper Twilight
14	Jessica SIMON	SR	#3	Adams State	{}	7.00	2:07.68	4/18/25 Bryan Clay Invitational
15	Lilly ALBERTS	JR	#1	Grand Valley State	{}	6.00	2:07.76	4/18/25 Bryan Clay Invitational
16	Hope SIEVERT	JR	#21	Ashland	{}	5.00	2:08.05	5/9/25 Harrison Dillard Twilight
17	Maggie WILLIAMS	JR		Biola (Calif.)	{}	4.50	2:08.19	4/5/25 Stanford Invitational
18	Ellie FRYE	JR		Dallas Baptist	{}	4.00	2:08.21	5/3/25 Lone Star Outdoor Champion
19	Alaysia BROOKS	SR		Ursuline	{}	3.50	2:08.23	5/2/25 G-MAC Outdoor Championshi
20	Savannah SCHLEY	SR		Minnesota Duluth	{}	3.00	2:08.57	5/10/25 NSIC Outdoor Championships
21	Jadyn BARNES	SO		Northwest Missouri	{}	2.50	2:08.58	5/4/25 MIAA Outdoor Championships
22	Arisa HATCHER	JR		Cal Poly Pomona	{}	2.00	2:08.80	4/5/25 Rafer Johnson/Jackie Joyner-



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance	Meet
1	Jadyn HERRON	JR	#9	CSU Pueblo	{}	34.93	4:17.40	4/18/25 Bryan Clay Invitational
2	Klaudia O'MALLEY	SR	#1	Grand Valley State	{}	31.99	4:18.43	3/29/25 Raleigh Relays
3	Mia CABRERA	JR	#18	Wingate	{}	29.62	4:18.83	4/18/25 Bryan Clay Invitational
4	Kate STRADER	SR	#2	Pittsburg State	{}	27.25	4:19.24	5/9/25 Oregon Twilight
5	Annie WILD	SO		Stanislaus State	{}	24.86	4:19.67	4/18/25 Bryan Clay Invitational
6	Grace STRONGMAN	JR	#8	Colo. School of Mines	{}	22.42	4:20.15	4/27/25 RMAC Outdoor Championship
7	Maggie MCCLESKEY	JR	#3	Adams State	{}	19.64	4:21.02	3/30/25 New Mexico Spring Invitationa
8	Elena CAREY	SR	#3	Adams State	{}	17.17	4:21.63	4/18/25 Bryan Clay Invitational
9	Evie BROOKS	SO	#18	Wingate	{}	15.08	4:21.84	4/12/25 Duke Invitational
10	Vivian MARTINEZ	SO		Cal Poly Pomona	{}	13.07	4:21.87	5/8/25 APU Franson Last Chance
11	Shannon KING	SR		Colorado Christian	{}	11.02	4:21.97	4/18/25 Bryan Clay Invitational
12	Jori PARADIS	SR		CUI	{}	9.78	4:22.52	5/8/25 APU Franson Last Chance
13	Sarah KOOMSON	JR	#4	West Texas A&M	{}	8.68	4:22.73	4/18/25 Bryan Clay Invitational
14	Claire RETHMAN	JR		Walsh	{}	7.64	4:22.82	5/2/25 G-MAC Outdoor Championshi
15	Emily WALSH	JR		Cedarville	{}	6.61	4:22.89	5/9/25 Billy Hayes Invitational
16	Evyn HUMPHREY	FR		Hillsdale	{}	5.24	4:23.73	5/10/25 Portland Twilight
17	Lily HARE	SR		Lee (Tenn.)	{}	4.50	4:24.82	4/19/25 Georgia Tech Invitational
18	Estella CLEMONS	FR		Lee (Tenn.)	{}	4.00	4:24.92	5/10/25 Lee University Last Chance
19	Bethany MAPES	JR		Biola (Calif.)	{}	3.50	4:25.04	5/8/25 APU Franson Last Chance
20	Fiona HAWKINS	JR	#3	Adams State	{}	3.00	4:25.40	4/18/25 Bryan Clay Invitational
21	Claire BRUENING	SR	#2	Pittsburg State	{}	2.50	4:25.66	5/4/25 MIAA Outdoor Championships
22	Addie MATHIS	SR		Truman	{}	2.00	4:25.93	5/9/25 Arkansas Twilight



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance		Meet		
1	Ava O'CONNOR	SR	#3	Adams State	{}	42.25	9:46.22	4/18/25	Bryan Clay Invitational		
2	Eliette CHAPUT	JR	#4	West Texas A&M	{}	33.41	10:06.00	4/18/25	Bryan Clay Invitational		
3	Maria MITCHELL	JR	#1	Grand Valley State	{}	29.13	10:12.92	4/18/25	Bryan Clay Invitational		
4	Firdaouss HRICHE	FR	#18	Wingate	{}	26.36	10:15.27	5/4/25	Duke Twilight		
5	Anna IGIMS	SR		Slippery Rock	{}	23.76	10:17.13	4/26/25	129th Penn Relays		
6	Allison BEASLEY	JR		Western Colorado	{}	21.26	10:18.68	4/18/25	Bryan Clay Invitational		
7	Emily LAMENA	FR	#8	Colo. School of Mines	{}	19.13	10:19.09	4/27/25	RMAC Outdoor Championship		
8	Sira BO	JR	#18	Wingate	{}	17.00	10:19.91	5/4/25	Duke Twilight		
9	Mary EDWARDS	SO	#14	Lewis	{}	14.86	10:20.77	4/18/25	Bryan Clay Invitational		
10	Ila DAVIS	SR		Western Washington	{}	12.84	10:20.91	4/5/25	Stanford Invitational		
11	Emily SCHOELLKOPF	SR	#3	Adams State	{}	10.00	10:27.46	4/18/25	Bryan Clay Invitational		
12	Maya EWING	JR		Seattle Pacific	{}	9.00	10:27.61	4/18/25	Bryan Clay Invitational		
13	Margot THOMAS	SR	#9	CSU Pueblo	{}	8.00	10:28.37	4/18/25	Bryan Clay Invitational		
14	Margaux BASART	JR	#8	Colo. School of Mines	{}	7.00	10:28.71	4/5/25	Stanford Invitational		
15	Jessica KAMPMAN	SR	#5	Azusa Pacific	{}	6.00	10:31.78	4/18/25	Bryan Clay Invitational		
16	Ella BARYO	SR		Davenport (Mich.)	{}	5.00	10:32.07	5/10/25	St. Francis Fighting Chance In		
17	Camille RENOU	SR	#9	CSU Pueblo	{}	4.50	10:32.10	5/3/25	CSU Pueblo Last Chance Invit		
18	Eve WEBER	SR	#22	Washburn	{}	4.00	10:32.21	5/9/25	Ward Haylett Invitational		
19	Haley HARKRIDER	SO	#3	Adams State	{}	3.50	10:32.51	4/18/25	Bryan Clay Invitational		
20	Rachel RICHTMAN	SR		UC-Colorado Springs	{}	3.00	10:32.78	4/27/25	RMAC Outdoor Championship		
21	Kate NACHTIGAL	JR		Ouachita Baptist	{}	2.50	10:34.66	4/18/25	Bryan Clay Invitational		
22	Johanna EBERT	FR		UW-Parkside	{}	2.00	10:35.45	4/18/25	Bryan Clay Invitational		



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Klaudia O'MALLEY	SR	#1 Grand Valley State {}	37.09	15:42.43	4/18/25 Bryan Clay Invitational
2	Jenna RAMSEY-RUTLEDGE	SR	#8 Colo. School of Mines {}	33.12	15:48.74	4/18/25 Bryan Clay Invitational
3	Ava O'CONNOR	SR	#3 Adams State {}	30.84	15:49.65	5/8/25 APU Franson Last Chance
4	Brianna ROBLES	SR	#3 Adams State {}	27.27	15:54.76	4/18/25 Bryan Clay Invitational
5	Annika ESVELT	SR	Seattle Pacific {}	24.60	15:56.94	4/5/25 Stanford Invitational
6	Natalie GRABER	SR	#1 Grand Valley State {}	22.29	15:57.95	4/18/25 Bryan Clay Invitational
7	Tristian SPENCE	SO	#3 Adams State {}	20.05	15:58.75	4/18/25 Bryan Clay Invitational
8	Maggie MCCLESKEY	JR	#3 Adams State {}	17.46	16:02.12	4/18/25 Bryan Clay Invitational
9	Emily SCHOELLKOPF	SR	#3 Adams State {}	14.40	16:09.13	4/18/25 Bryan Clay Invitational
10	Kalkidan VINCENDEAU	SR	#4 West Texas A&M {}	12.38	16:09.29	4/18/25 Bryan Clay Invitational
11	Hannah SMRCKA	SR	#14 Lewis {}	10.36	16:09.42	4/18/25 Bryan Clay Invitational
12	Mia CABRERA	JR	#18 Wingate {}	9.09	16:11.22	4/18/25 Bryan Clay Invitational
13	Paige MULLEN	SO	#2 Pittsburg State {}	8.03	16:11.62	3/28/25 Washington (Mo.) Distance Ca
14	Sarah KOOMSON	JR	#4 West Texas A&M {}	7.00	16:17.42	3/29/25 Raleigh Relays
15	Della MOLINA	SO	Chico State {}	6.00	16:17.53	4/18/25 Bryan Clay Invitational
16	Naomi ADDO	FR	#4 West Texas A&M {}	5.00	16:20.01	3/29/25 Raleigh Relays
17	Iresh MOLINA	SO	Chico State {}	4.50	16:21.15	4/18/25 Bryan Clay Invitational
18	Anna FAUSKE	SR	UC-Colorado Springs {}	4.00	16:21.36	3/29/25 Chuck Haering Classic
19	Lily DOWDELL	SR	#21 Ashland {}	3.50	16:22.03	5/10/25 St. Francis Fighting Chance In
20	Elise LEVEEL	SR	#4 West Texas A&M {}	3.00	16:24.89	4/18/25 Bryan Clay Invitational
21	Katie HUGHES	JR	#3 Adams State {}	2.50	16:25.63	4/18/25 Bryan Clay Invitational
22	Maddie MILLER	JR	Illinois-Springfield {}	2.00	16:27.78	4/18/25 Bryan Clay Invitational



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jenna RAMSEY-RUTLEDGE	SR	#8 Colo. School of Mines {}	38.86	32:31.16	3/29/25 Sound Running: "The Ten"
2	Brianna ROBLES	SR	#3 Adams State {}	35.06	32:50.18	4/5/25 Stanford Invitational
3	Anna FAUSKE	SR	UC-Colorado Springs {}	30.06	33:22.66	4/5/25 Stanford Invitational
4	Annika ESVELT	SR	Seattle Pacific {}	27.01	33:34.30	4/18/25 Bryan Clay Invitational
5	Hannah SMRCKA	SR	#14 Lewis {}	24.62	33:38.71	3/28/25 Washington (Mo.) Distance Ca
6	Iresh MOLINA	SO	Chico State {}	21.09	34:08.97	4/5/25 Stanford Invitational
7	Della MOLINA	SO	Chico State {}	19.05	34:09.93	4/5/25 Stanford Invitational
8	Naomi ADDO	FR	#4 West Texas A&M {}	16.90	34:13.37	4/18/25 Bryan Clay Invitational
9	Paige MULLEN	SO	#2 Pittsburg State {}	14.51	34:22.37	4/18/25 Bryan Clay Invitational
10	Ana Patricia CAMPOS	SR	Lee (Tenn.) {}	12.36	34:25.64	3/29/25 Raleigh Relays
11	Madeline REEVES	JR	Point Loma Nazarene {}	10.23	34:28.75	4/5/25 Stanford Invitational
12	Maddie MILLER	JR	Illinois-Springfield {}	9.20	34:29.52	3/28/25 Washington (Mo.) Distance Ca
13	Hannah GIBSON	SO	#2 Pittsburg State {}	8.05	34:33.04	4/18/25 Bryan Clay Invitational
14	Sophia STRANGE	SR	Oklahoma Baptist {}	7.02	34:33.68	3/28/25 Washington (Mo.) Distance Ca
15	Allison KUZMA	FR	Hillsdale {}	6.00	34:36.69	5/2/25 G-MAC Outdoor Championshi
16	Anastasia TUCKER	JR	#1 Grand Valley State {}	5.00	34:37.77	4/18/25 Bryan Clay Invitational
17	Abigail VANDERKOOI	SO	#1 Grand Valley State {}	4.50	34:43.67	5/10/25 St. Francis Fighting Chance In
18	Elise LEVEEL	SR	#4 West Texas A&M {}	4.00	34:45.06	3/29/25 Raleigh Relays
19	Naylah ALLEN	SR	#14 Lewis {}	3.50	34:45.77	5/10/25 St. Francis Fighting Chance In
20	Emily DIERCKS	JR	Fort Hays State {}	3.00	34:46.53	5/8/25 APU Franson Last Chance
21	Madison CLAY	JR	Catawba {}	2.50	34:51.05	4/18/25 Wake Forest Invitational
22	Reagan JUSTICE	SR	Wayne State (Mich.) {}	2.00	34:52.00	3/28/25 Washington (Mo.) Distance Ca



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #8, May 20

NPR	Relay Squad	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Munetsi,Barrett,Powell,Cl ke	#19 New Mexico Highland	33.75	44.33	4/27/25 RMAC Outdoor Championship
2	Allen,Green,Copeland,Rar olph	#10 Fresno Pacific	31.40	44.42	5/8/25 APU Franson Last Chance
3	Ivory,Smith,Ray,Taylor	#7 Findlay	29.36	44.43	4/25/25 Hillsdale Outdoor Tune-Up
4	Ackerman,Hunt,White,We herford	#15 Cal State San Bernar	26.71	44.60	5/8/25 APU Franson Last Chance
5	Nubine,Gaines,Morgan,Wi n	#2 Pittsburg State	24.52	44.65	4/25/25 John McDonnell Invitational
6	Udo-Obong,Alejandro- Ortiz,McGrath,Brown	#12 Lenoir-Rhyne	22.22	44.73	5/1/25 SAC Outdoor Championships
7	Nwaelehia,Belfield,Akinto e,Acheampong	#4 West Texas A&M	19.80	44.84	4/12/25 Jo Meaker Classic & Multi
8	Nichols,Hutcherson,Pattis n,Hayse	#22 Washburn	17.68	44.87	5/4/25 MIAA Outdoor Championships
9	Taylor,Cox,Green- White,Hart	Tusculum	15.62	44.89	4/19/25 Aggie Invitational
10	Dean,Lord,Dixon,Farringt n	#16 Southwest Baptist	13.34	45.00	3/29/25 SBU Bearcat Invitational
11	Walrond,Massiah,Downes, leare	#20 U-Mary	11.14	45.08	4/27/25 U-Mary Senior Day Open
12	Hopper,Gonzales,Hollis,Ni lsen	#13 Central Washington	10.12	45.09	4/11/25 Whitworth Jeffrahn Classic
13	Guckenberger,Kyle,Neum. nn,Diaz	#1 Grand Valley State	9.04	45.12	5/11/25 GVSU 10-Event Last Chance M
13	Jackson,George,Anderson Thomas	#24 Lincoln (Mo.)	9.04	45.12	5/2/25 GLVC Outdoor Championships
15	Burnett- Perry,Johansen,Merritt,Hor ton	Colorado Mesa	6.64	45.28	4/27/25 RMAC Outdoor Championship
16	Saenz,Mallory,Luhring,Bai a	Northwest Missouri	5.59	45.30	5/4/25 MIAA Outdoor Championships



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #8, May 20

NPR	Relay Squad	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Green,Randolph,Vera,Copland	#10 Fresno Pacific	{ 33.28	3:36.82	5/3/25 Fresno State Invitational
2	Robert,Brissett,Wade,Christopher	#25 Texas A&M-Kingsville	{ 31.17	3:36.94	5/8/25 APU Franson Last Chance
3	Ray,Ivory,Taylor,Smith	#7 Findlay	{ 29.05	3:37.08	4/19/25 Virginia Challenge
4	Saenz,Barnes,Roland,Hughey	Northwest Missouri	{ 26.96	3:37.19	4/18/25 Bryan Clay Invitational
5	Alejandro-Ortiz,Day,Brown,Priester	#12 Lenoir-Rhyne	{ 24.71	3:37.47	5/11/25 Lenoir-Rhyne Last Chance & M
6	Clarke-Giddings,Thomas,Brown,Nanton	#24 Lincoln (Mo.)	{ 22.36	3:37.88	4/26/25 Rock Chalk Classic
7	Miller,Alexandre,Holmes,Vrner	#5 Azusa Pacific	{ 20.23	3:38.03	5/8/25 APU Franson Last Chance
8	Riekert,Olson,McKey,Fost	Oklahoma Baptist	{ 18.07	3:38.22	4/18/25 Bryan Clay Invitational
9	Dean,Farrington,Lord,Dixon	#16 Southwest Baptist	{ 15.37	3:39.04	3/29/25 SBU Bearcat Invitational
10	Hamidu,Nwaelehia,Abugi,Akintoye	#4 West Texas A&M	{ 13.30	3:39.12	3/29/25 Texas Relays
11	Hope,Hunt,Weatherford,White	#15 Cal State San Bernardino	{ 11.21	3:39.22	4/19/25 Mt. SAC Relays
12	Sartain,Simon,Apkup,Hoosteen	#3 Adams State	{ 9.99	3:39.59	4/27/25 RMAC Outdoor Championship
13	Werner,Downes,Walrond,Iassiah	#20 U-Mary	{ 8.88	3:39.79	4/18/25 Bryan Clay Invitational
14	Guckenberger,Neumann,Vashler,Diaz	#1 Grand Valley State	{ 7.87	3:39.80	4/12/25 We Fly Challenge
15	Ogunmakinu,Ngapout,Reaillau,Kharashchuk	#23 Harding	{ 6.83	3:39.87	5/9/25 Arkansas Twilight
16	Chenevey,Saylor,Gardner,vance	#21 Ashland	{ 5.73	3:40.05	5/2/25 G-MAC Outdoor Championshi



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Rachel WILSON	JR	#2 Pittsburg State	{}	40.14	1.85m	6-¾	5/4/25 MIAA Outdoor Championships
2	Emy NTEKPERE	SO	#13 Central Washington	{}	32.23	1.79m	5-10½	3/29/25 Bobcat Invitational (Texas Sta
2	C'aira CARTER	SR	Tiffin	{}	32.23	1.79m	5-10½	5/11/25 GVSU 10-Event Last Chance M
4	Jamora HORACE	JR	Oklahoma Baptist	{}	26.37	1.77m	5-9¾	3/29/25 Oklahoma Baptist Invitational
5	Haleigh HADLEY	JR	#2 Pittsburg State	{}	23.37	1.75m	5-8¾	4/12/25 Arkansas Spring Invitational
5	Noemie THIBAUD	FR	#6 Minnesota State	{}	23.37	1.75m	5-8¾	4/26/25 Drake Relays
7	Shannon HARNETT	FR	East Stroudsburg	{}	18.87	1.74m	5-8½	5/10/25 PSAC Outdoor Championships
7	Madison ALEGRIA	SR	#25 Texas A&M-Kingsville	{}	18.87	1.74m	5-8½	3/29/25 Trinity (Texas) Invitational
7	Eliana SAUNDERS	SR	#5 Azusa Pacific	{}	18.87	1.74m	5-8½	3/22/25 Jim Bush Legends Invitational
10	Bryn GREENWALDT	JR	Augustana (S.D.)	{}	12.37	1.73m	5-8	5/10/25 NSIC Outdoor Championships
10	Nouhayla ERRAHILI	SR	#5 Azusa Pacific	{}	12.37	1.73m	5-8	5/8/25 APU Franson Last Chance
10	Liezl THERON	SR	Lee (Tenn.)	{}	12.37	1.73m	5-8	5/3/25 GSC (Gulf South) Outdoor Cha
10	Afaf BENHADJA	SO	#25 Texas A&M-Kingsville	{}	12.37	1.73m	5-8	5/8/25 APU Franson Last Chance
10	Haila LEAKE	FR	#2 Pittsburg State	{}	12.37	1.73m	5-8	5/10/25 Loper Twilight
10	Brianna LEE	FR	California (Pa.)	{}	12.37	1.73m	5-8	4/26/25 Paul Kaiser Classic
10	Nykole MESHEW	SO	Western Colorado	{}	12.37	1.73m	5-8	4/27/25 RMAC Outdoor Championship
10	Kaylee DIAMOND	SR	#1 Grand Valley State	{}	12.37	1.73m	5-8	4/19/25 Al Owens Classic
10	Porschia BENNETT	FR	East Stroudsburg	{}	12.37	1.73m	5-8	4/14/25 Bison Outdoor Classic
10	Karmen KUROWICKA	SO	#14 Lewis	{}	12.37	1.73m	5-8	5/2/25 GLVC Outdoor Championships
20	Abby WHEELER	JR	#21 Ashland	{}	3.00	1.72m	5-7¾	4/5/25 Oliver Nikoloff Open
20	Abriel THRASH	JR	Southern Nazarene	{}	3.00	1.72m	5-7¾	4/17/25 Pittsburg State Tune-Up
20	Kiera BLANKINSHIP	SR	#23 Harding	{}	3.00	1.72m	5-7¾	5/2/25 Great American (GAC) Outdoo



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Brynn KING	SR	Roberts Wesleyan	{}	44.68	4.75m	15-7	3/29/25	Texas Relays
2	Brooke BOWERS	FR	#1 Grand Valley State	{}	31.55	4.30m	14-1¼	4/12/25	South Florida Invitational (out
3	Annabeth BAALMANN	JR	Fort Hays State	{}	29.06	4.28m	14-½	5/4/25	MIAA Outdoor Championships
4	Kyla DAVIS	SR	#2 Pittsburg State	{}	26.56	4.26m	13-11¾	4/25/25	John McDonnell Invitational
4	Isabelle PETERS	JR	#2 Pittsburg State	{}	26.56	4.26m	13-11¾	4/25/25	John McDonnell Invitational
6	Isabel DEMARCO DE QUADROS	FR	#22 Washburn	{}	21.53	4.20m	13-9¼	4/19/25	Beach Invitational
7	Sarah FERGUSON	SO	Roberts Wesleyan	{}	19.28	4.18m	13-8½	4/26/25	Cardinal Classic (St. John Fish
8	Tara TOWNSEND	JR	Hillsdale	{}	16.52	4.12m	13-6¼	5/7/25	Hillsdale College Last Chance
9	Colleen STEINMETZ	FR	#7 Findlay	{}	14.27	4.10m	13-5¼	4/19/25	Virginia Challenge
10	Cannon BOOKER	FR	#2 Pittsburg State	{}	12.00	4.07m	13-4¼	3/28/25	Emporia State Relays
11	Lauryn MCGOUGH	SO	#13 Central Washington	{}	10.00	4.05m	13-3½	3/29/25	Bobcat Invitational (Texas Sta
12	Dale THOMPSON	SR	#8 Colo. School of Mines	{}	9.00	4.03m	13-2½	4/18/25	Mines Midweek #2
13	Peyton PROFFITT	SO	Ohio Dominican	{}	8.00	4.01m	13-1¾	5/2/25	G-MAC Outdoor Championshi
14	Abby HOBBS	JR	#11 Missouri Southern	{}	7.00	3.98m	13-¾	5/9/25	Concordia (Neb.) Twilight Mee
15	Brynn DEPINET	JR	Lee (Tenn.)	{}	6.00	3.97m	13-¼	4/20/25	Mountain Laurel Invitational
15	Brynlee KEERAN	JR	#14 Lewis	{}	6.00	3.97m	13-¼	4/26/25	Fighting Illini Twilight
17	Karis KRAF	FR	Roberts Wesleyan	{}	4.50	3.96m	12-11¾	5/1/25	East Coast Outdoor Champion
17	Kylie PADEN	JR	#17 Angelo State	{}	4.50	3.96m	12-11¾	3/8/25	Blue & Gold Battle
17	Cadence SANSOM	JR	#23 Harding	{}	4.50	3.96m	12-11¾	5/11/25	Harding Mother's Day Last Ch
17	Isabelle CARREON	SR	Cal Poly Pomona	{}	4.50	3.96m	12-11¾	5/11/25	Very Last, Last Chance Meet
21	Elvira COLLVIN	FR	#6 Minnesota State	{}	2.50	3.95m	12-11½	4/30/25	Maverick Open #1
21	Kaylee JACKSON	SR	Hillsdale	{}	2.50	3.95m	12-11½	4/12/25	Calvin Invite



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Denise HERNANDEZ	JR	#14 Lewis	{}	37.46	6.46mw	21-2½ (3.0)	5/1/25 GLVC Outdoor Championships
2	Alaina DIAZ	JR	#1 Grand Valley State	{}	33.54	6.41mw	21-½ (3.1)	5/2/25 GLIAC Outdoor Championship
2	Jodian STEWART	SO	Eastern New Mexico	{}	33.54	6.41mw	21-½ (2.6)	5/3/25 Lone Star Outdoor Champion
4	Jonon YOUNG	JR	Cal State LA	{}	27.24	6.35mw	20-10 (2.7)	5/2/25 CCAA Track & Field Champion
5	Blakelee WINN	JR	#2 Pittsburg State	{}	24.97	6.34mw	20-9¾ (2.9)	4/10/25 Bryan Clay Invitational [Combi
6	MacKenzie WISSBROECKE	FR	Winona State	{}	22.38	6.31m	20-8½ (1.4)	4/30/25 Maverick Open #1
7	Jasmyn CRAWFORD	SR	CUI	{}	19.22	6.25m	20-6¼ (1.9)	3/8/25 Beach Opener
7	Adeyah BREWSTER	SR	#6 Minnesota State	{}	19.22	6.25mw	20-6¼ (2.8)	4/30/25 Maverick Open #1
9	Laniyah CURRY	FR	Oklahoma Christian	{}	14.44	6.21mw	20-4½ (2.3)	4/12/25 Arkansas Spring Invitational
10	Sasha LEE	SR	Shippensburg	{}	12.00	6.15mw	20-2¼ (3.6)	4/16/25 Shippensburg University Mid-
11	Sydney MCCARTY	SR	Carson-Newman	{}	10.00	6.14m	20-1¾ (0.0)	4/30/25 SAC Outdoor Championships
12	Ky'Ara ROSS	SO	West Liberty State	{}	9.00	6.13m	20-1½ (-3.0)	3/28/25 Tim Weaver Invitational
12	Kylee SALLEE	SR	Augustana (S.D.)	{}	9.00	6.13mw	20-1½ (2.3)	4/30/25 Maverick Open #1
14	Katerina KAKAELAKI	FR	#14 Lewis	{}	7.00	6.12m	20-1 (0.8)	5/2/25 GLVC Outdoor Championships
14	Mikaela MILES	JR	Embry-Riddle (Fla.)	{}	7.00	6.12m	20-1 (-1.8)	4/12/25 Pure Athletics Sprint Elite Mee
14	Anisha HENDERSON	SR	Oklahoma Baptist	{}	7.00	6.12m	20-1 (1.2)	5/11/25 WT Last Chance
17	Molly KAHL	SR	#6 Minnesota State	{}	4.50	6.11m	20-½ (1.4)	4/30/25 Maverick Open #1
18	Diamond BRUNN	JR	Southern Arkansas	{}	4.00	6.10m	20-¼ (0.2)	4/10/25 Carl Kight Invitational
18	Brooklyn BAKER	FR	#2 Pittsburg State	{}	4.00	6.10m	20-¼ (1.2)	5/10/25 Loper Twilight
20	Anna BRUNO	SO	#20 U-Mary	{}	3.00	6.07mw	19-11 (3.5)	5/3/25 U-Mary Last Chance
21	Makayla WATSON	JR	#2 Pittsburg State	{}	2.50	6.06mw	19-10¾ (3.5)	5/10/25 Loper Twilight
22	Claudia FERNANDEZ	SR	UPR Rio Piedras	{}	2.00	5.97m	19-7 (1.1)	4/12/25 3ra Clasificatoria LAI



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Emy NTEKPERE	SO	#13 Central Washington	40.16	13.26m	43-6 (0.2)	3/27/25	Bobcat Invitational (Texas Sta
2	Janara BRYANT	FR	Mount Olive	35.69	13.10m	42-11¾ (1.7)	4/26/25	Conference Carolinas Outdoo
3	Mikaela MILES	JR	Embry-Riddle (Fla.)	30.14	12.87m	42-2¾ (1.8)	4/29/25	Peach Belt Outdoor Champio
4	Jazmin RAY	SR	#25 Texas A&M-Kingsville	26.07	12.73mw	41-9¼ (3.1)	3/28/25	Trinity (Texas) Invitational
5	Stella NEOPHYTOU	SR	#6 Minnesota State	23.45	12.65m	41-6 (2.0)	4/30/25	Maverick Open #1
6	Jonon YOUNG	JR	Cal State LA	21.22	12.62m	41-5 (0.1)	4/16/25	Cal State LA Twilight
7	Ghada HAMDANI	SO	#6 Minnesota State	19.14	12.61m	41-4½ (0.4)	5/8/25	NSIC Outdoor Championships
8	Hanna ONUFRIIEVA	SO	#23 Harding	16.98	12.59m	41-3¾ (1.7)	5/11/25	Harding Mother's Day Last Ch
9	Karla HORMAZABAL	SO	Mount Olive	14.67	12.55m	41-2¼ (-0.6)	5/8/25	Mount Olive First Chance
10	Leidy CUESTA	FR	#4 West Texas A&M	12.28	12.50m	41-¼ (-1.9)	5/1/25	Lone Star Outdoor Champion
11	Karyna VEHNER	JR	#23 Harding	10.20	12.49mw	40-11¾ (2.5)	5/11/25	Harding Mother's Day Last Ch
12	Lillian WASHINGTON	JR	#6 Minnesota State	9.00	12.41mw	40-8¾ (3.2)	4/12/25	Minnesota State Open
13	Hayat ABDESELAM	FR	#18 Wingate	8.00	12.40m	40-8¼ (0.0)	5/1/25	SAC Outdoor Championships
14	Aniya SEWARD	SR	#21 Ashland	7.00	12.38mw	40-7½ (2.3)	4/30/25	G-MAC Outdoor Championshi
15	Jhnyia KNUCKLES	SO	Claflin	6.00	12.35m	40-6¼ (1.6)	5/2/25	CIAA Outdoor Championships
15	Rojrika CAMBELL	SO	#19 New Mexico Highland	6.00	12.35mw	40-6¼ (2.8)	4/12/25	Jo Meaker Classic & Multi
17	Audrey UZOUKWU	SR	#4 West Texas A&M	4.50	12.34m	40-6 (1.4)	5/11/25	WT Last Chance
18	Gabrielle TEEL	JR	New Haven	4.00	12.28mw	40-3½ (3.7)	4/19/25	Rutgers Relays
19	Jada DAVID	SR	Benedict	3.50	12.24m	40-2 (1.7)	3/22/25	Weems Baskin Invitational
20	Tyleah MOORER	JR	Limestone	3.00	12.18m	39-11½ (0.0)	5/1/25	SAC Outdoor Championships
20	Makayla PAVELKA	JR	#2 Pittsburg State	3.00	12.18m	39-11½ (1.0)	5/10/25	Loper Twilight
22	Claudia FERNANDEZ	SR	UPR Rio Piedras	2.00	10.00m	#Error	5/1/25	Justas LAI (LAI Fair)



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance		Meet	
1	Hannah RICHARDSON	JR	#5	Azusa Pacific	{}	40.64	16.70m	54-9½	4/18/25	Bryan Clay Invitational
2	Katherine HIGGINS	SR	#9	CSU Pueblo	{}	34.05	16.22m	53-2¾	4/27/25	RMAC Outdoor Championship
3	Erika BEISTLE	SR	#1	Grand Valley State	{}	30.14	16.02m	52-6¾	5/11/25	GVSU 10-Event Last Chance M
4	Makenzie GARR	SR		Missouri Western	{}	26.41	15.82m	51-11	5/9/25	Concordia (Neb.) Twilight Mee
5	Coulter BROOKE	SR	#7	Findlay	{}	23.87	15.71m	51-6½	5/11/25	GVSU 10-Event Last Chance M
6	Dailynn VANDEREN	FR	#11	Missouri Southern	{}	21.78	15.69m	51-5¾	5/4/25	MIAA Outdoor Championships
7	Briar GILLUM	SO	#11	Missouri Southern	{}	19.24	15.58m	51-1½	4/4/25	Emporia State Midwest Classi
8	Febe WESSELS	JR	#9	CSU Pueblo	{}	16.75	15.48m	50-9½	4/27/25	RMAC Outdoor Championship
9	Jessica POLKINGHORN	FR		Western Washington	{}	14.61	15.45m	50-8¾	4/19/25	Central Washington Invitation
10	Mackenzie BOHRER	JR	#1	Grand Valley State	{}	12.51	15.43m	50-7½	4/5/25	GVSU Early Meet
11	Destany HERBERT	SR		Northwest Nazarene	{}	10.00	15.25m	50-½	5/10/25	GNAC Outdoor Championship
12	Molly WINNER	SO	#21	Ashland	{}	9.00	15.18m	49-9¾	5/9/25	Harrison Dillard Twilight
13	Madison MEARS	JR		Central Missouri	{}	8.00	15.02m	49-3½	5/4/25	MIAA Outdoor Championships
14	Yassine KAMARA	SR		Bowie State	{}	7.00	14.87m	48-9½	4/4/25	Towson Senior Twilight Open
15	Kitt RUPAR	SR	#8	Colo. School of Mines	{}	6.00	14.84m	48-8¾	4/18/25	Mines Midweek #2
16	Fedra FLORENTIN	SR	#17	Angelo State	{}	5.00	14.83m	48-8	4/17/25	Angelo State Invitational
17	Sarah CORRIE	SR		Slippery Rock	{}	4.50	14.73m	48-4	5/10/25	PSAC Outdoor Championships
18	Averi PARKER	JR		Hillsdale	{}	4.00	14.71m	48-3¼	5/2/25	G-MAC Outdoor Championshi
18	Cydney BANKS	SR		William Jewell	{}	4.00	14.71m	48-3¼	5/2/25	GLVC Outdoor Championships
20	Kirsten WOMACK	SO	#11	Missouri Southern	{}	3.00	14.68m	48-2	5/9/25	Concordia (Neb.) Twilight Mee
20	Molly OLSON	SR	#5	Azusa Pacific	{}	3.00	14.68m	48-2	4/18/25	Bryan Clay Invitational
22	Kelsey HANSEN	SO		Northwood (Mich.)	{}	2.00	14.58m	47-10	5/11/25	GVSU 10-Event Last Chance M



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Erika BEISTLE	SR	#1 Grand Valley State {}	50.73	66.63m	218-7	4/5/25	GVSU Early Meet
2	Margaret STEVENSON	SR	#1 Grand Valley State {}	30.99	52.95m	173-9	4/12/25	South Florida Invitational (out
3	Reilly YOUNG	SR	Wayne State (Neb.) {}	27.93	52.13m	171-1	4/30/25	Maverick Open #1
4	Kirsten WOMACK	SO	#11 Missouri Southern {}	25.52	51.81m	170-0	4/26/25	Rock Chalk Classic
5	Ilaria VILLA	JR	#22 Washburn {}	23.41	51.73m	169-9	3/28/25	Emporia State Relays
6	Yassine KAMARA	SR	Bowie State {}	20.75	50.84m	166-10	4/26/25	129th Penn Relays
7	Hannah RICHARDSON	JR	#5 Azusa Pacific {}	18.33	50.21m	164-9	4/5/25	UCSD Triton Invitational
7	Madison SMITH	FR	Neb.-Kearney {}	18.33	50.21m	164-9	4/12/25	Wichita State K.T. Woodman I
9	Makenzie GARR	SR	Missouri Western {}	14.00	49.47m	162-4	4/11/25	Mule Relays
10	Victoria MALAKI	SR	UC-Colorado Springs {}	12.00	49.46m	162-3	5/10/25	Loper Twilight
11	Jada SEWELL	SR	#4 West Texas A&M {}	10.00	49.33m	161-10	5/11/25	WT Last Chance
12	Kitt RUPAR	SR	#8 Colo. School of Mines {}	9.00	49.25m	161-7	4/18/25	Mines Midweek #2
13	Kennedy ULMER	JR	Eastern New Mexico {}	8.00	48.91m	160-6	3/30/25	Greyhound Open
14	Emma SLADE	FR	Fort Hays State {}	7.00	48.81m	160-2	3/28/25	Central Nebraska Challenge
15	Briar GILLUM	SO	#11 Missouri Southern {}	6.00	48.68m	159-9	4/17/25	Pittsburg State Tune-Up
16	Torrance TSO	SO	Wayne State (Neb.) {}	5.00	48.41m	158-10	4/12/25	South Dakota Challenge
17	Tayla CRENSHAW	SR	CUI {}	4.50	48.36m	158-8	5/9/25	Titan Tune-Up
18	Tiamara HILL-JOHNSON	SR	#17 Angelo State {}	4.00	48.28m	158-5	4/12/25	Cactus Cup
19	Elise JENSEN	SO	#6 Minnesota State {}	3.50	48.23m	158-3	5/2/25	Maverick Open #2
20	Katie POTTS	SR	Western Washington {}	3.00	48.15m	158-0	4/25/25	Pee Wee Halsell Invitational
21	Kamry LINDSEY	SR	Sioux Falls {}	2.50	48.12m	157-11	4/12/25	South Dakota Challenge
22	Kamryn WILLIAMS	SO	#17 Angelo State {}	2.00	47.99m	157-6	4/12/25	Cactus Cup



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Lily NOVACEK	JR	Neb.-Kearney	{}	42.46	64.54m	211-9	5/4/25 MIAA Outdoor Championships
2	Zoe PENTECOST	SR	Indianapolis	{}	31.69	61.35m	201-4	5/2/25 GLVC Outdoor Championships
3	Marie SCHULER	JR	#17 Angelo State	{}	29.61	61.32m	201-2	5/3/25 Lone Star Outdoor Champion
4	Shelby ULVEN	JR	#1 Grand Valley State	{}	27.34	61.22m	200-10	5/11/25 GVSU 10-Event Last Chance M
5	Molly WINNER	SO	#21 Ashland	{}	25.12	61.14m	200-7	3/30/25 Yellow Jacket Collegiate Open
6	Jennifer JARNAGIN	JR	#8 Colo. School of Mines	{}	21.62	60.49m	198-6	4/12/25 Kit Mayer Memorial Classic
7	Abigail GILLESPIE	SR	#8 Colo. School of Mines	{}	19.18	60.17m	197-5	4/12/25 Kit Mayer Memorial Classic
8	Rachael MOLLOY	SR	Central Missouri	{}	16.83	59.92m	196-7	5/10/25 Loper Twilight
9	Lily BENEKE	SR	#6 Minnesota State	{}	14.15	59.43m	195-0	4/19/25 Beach Invitational
10	Dailynn VANDEREN	FR	#11 Missouri Southern	{}	12.00	58.59m	192-3	4/11/25 Mule Relays
11	Paola CASTALDI	SR	#22 Washburn	{}	10.00	58.53m	192-1	4/19/25 Kansas Relays
12	Brooke BURNS	SR	Charleston (W.Va.)	{}	9.00	58.50m	191-11	4/4/25 Golden Eagle Invitational
13	Kirsten WOMACK	SO	#11 Missouri Southern	{}	8.00	57.78m	189-7	5/4/25 MIAA Outdoor Championships
14	Averi PARKER	JR	Hillsdale	{}	7.00	57.27m	187-11	5/2/25 G-MAC Outdoor Championshi
15	Kelsey HANSEN	SO	Northwood (Mich.)	{}	6.00	57.17m	187-7	5/2/25 G-MAC Outdoor Championshi
16	Abby LASITER	JR	#2 Pittsburg State	{}	5.00	57.14m	187-6	4/11/25 Mule Relays
17	Leslie POLLOCK	SO	#21 Ashland	{}	4.50	57.07m	187-3	5/2/25 G-MAC Outdoor Championshi
18	Briar GILLUM	SO	#11 Missouri Southern	{}	4.00	56.93m	186-10	5/4/25 MIAA Outdoor Championships
19	Esma PAJT	JR	#17 Angelo State	{}	3.50	56.80m	186-4	5/11/25 WT Last Chance
20	Savannah JORGENS	JR	UC-Colorado Springs	{}	3.00	56.71m	186-1	4/12/25 Jo Meaker Classic & Multi
21	Elin RYDQVIST	SO	Mount Olive	{}	2.50	56.63m	185-10	4/26/25 Conference Carolinas Outdoo
22	Alaina OMONODE	SR	#1 Grand Valley State	{}	2.00	56.24m	184-6	5/11/25 GVSU 10-Event Last Chance M



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #8, May 20

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Addison THROCKMORTON	FR	Central Missouri	{}	38.98	52.04m	170-9	5/4/25 MIAA Outdoor Championships
2	Kelly LESZCZYNSKI	SO	Bloomsburg	{}	32.74	50.40m	165-4	5/3/25 LHU Qualifier
3	Luisa FISCHER	SR	#5 Azusa Pacific	{}	30.06	50.14m	164-6	4/26/25 PacWest Track & Field Champi
4	Keilee JOHNSON	SO	#11 Missouri Southern	{}	28.01	50.12m	164-5	3/28/25 Emporia State Relays
5	Federica DOZIO	FR	#17 Angelo State	{}	25.78	50.03m	164-2	4/5/25 David Noble Relays
6	Luisarys TOLEDO	SR	Northwest Missouri	{}	22.17	49.19m	161-5	3/28/25 Emporia State Relays
7	Savannah MANTHEY	SO	#16 Southwest Baptist	{}	19.47	48.66m	159-8	4/11/25 Mule Relays
8	Ally FOX	SO	Central Missouri	{}	16.64	48.03m	157-7	5/4/25 MIAA Outdoor Championships
9	Alexis O'FARRELL	JR	#16 Southwest Baptist	{}	14.16	47.67m	156-5	3/29/25 SBU Bearcat Invitational
10	Abby REASONER	SR	Shippensburg	{}	12.00	47.25m	155-0	3/29/25 Dr. Jack M. Toms Alumni Invit
11	Karsyn KANSLER	SO	Central Missouri	{}	10.00	47.02m	154-3	3/29/25 SBU Bearcat Invitational
12	Adrianne CASEY	SO	#11 Missouri Southern	{}	9.00	46.87m	153-9	5/10/25 Loper Twilight
13	Keturah TEMPLEMAN	FR	#9 CSU Pueblo	{}	8.00	46.62m	153-0	5/10/25 Air Force Twilight Open
14	Maxime KIRSCHNER	SR	Embry-Riddle (Fla.)	{}	7.00	46.45m	152-5	3/28/25 Terry Long Florida State Relay
15	Lindsey CURE	FR	Regis (Colo.)	{}	6.00	46.43m	152-4	4/27/25 RMAC Outdoor Championship
16	Ashley LOW	FR	Northwestern Oklahoma	{}	5.00	46.42m	152-4	3/29/25 Oklahoma Baptist Invitational
17	Olivia BAUMBERGER	SR	Sioux Falls	{}	4.50	46.28m	151-10	4/12/25 South Dakota Challenge
18	Aspen ARROWSMITH	SO	Alabama-Huntsville	{}	4.00	46.22m	151-8	4/12/25 Crimson Tide Invite
19	Shelby SOGAARD	JR	#2 Pittsburg State	{}	3.50	45.89m	150-7	5/4/25 MIAA Outdoor Championships
20	Malina BOHLMANN	SO	Assumption	{}	3.00	45.49m	149-3	5/3/25 Northeast-10 Outdoor Champi
20	Kaylla WILLIAMS	SO	Indiana (Pa.)	{}	3.00	45.49m	149-3	4/19/25 Bucknell Team Challenge
22	Isabella BARTOLETTI	JR	Slippery Rock	{}	2.00	45.17m	148-3	5/10/25 PSAC Outdoor Championships



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #8, May 20

NPR	Athlete		(Team Rank)	Institution	Team Pts.		Scored Performance	Meet
1	Esther CONDE-TURPIN	JR	#5	Azusa Pacific	{}	41.37	5,974	4/11/25 Bryan Clay Invitational [Combi
2	Blakelee WINN	JR	#2	Pittsburg State	{}	35.67	5,780	4/11/25 Bryan Clay Invitational [Combi
3	Luisa FISCHER	SR	#5	Azusa Pacific	{}	30.54	5,616	4/11/25 Bryan Clay Invitational [Combi
4	Valerie OLSON	SR		Oklahoma Baptist	{}	26.17	5,428	3/29/25 Texas Relays
5	Hannah HILL	SR		North Greenville	{}	23.52	5,362	5/11/25 Lenoir-Rhyne Last Chance & M
6	Maricia SPENCE	SR	#17	Angelo State	{}	21.24	5,333	4/5/25 David Noble Relays
7	Brooklyn GOULD	SR		Embry-Riddle (Fla.)	{}	18.52	5,260	4/11/25 Bryan Clay Invitational [Combi
7	Emily SWANSON	SR		Sioux Falls	{}	18.52	5,260	4/26/25 Drake Relays
9	Naiuri KREIN	JR	#22	Washburn	{}	14.44	5,252	5/4/25 MIAA Outdoor Championships
10	Abriel THRASH	JR		Southern Nazarene	{}	12.00	5,203	4/24/25 Shocker Heptathlon
11	Viktoriia ERMOLAEVA	SO	#6	Minnesota State	{}	10.00	5,174	3/28/25 Emporia State Relays
12	Riley NORRIS	SO		CUI	{}	9.00	5,086	5/8/25 APU Franson Last Chance
13	Sterling WEBB	SO		Lincoln Memorial	{}	8.00	5,077	5/1/25 SAC Outdoor Championships
14	Miranda MARR	SR	#12	Lenoir-Rhyne	{}	7.00	5,067	5/1/25 SAC Outdoor Championships
15	Kylie FRUSH	JR	#17	Angelo State	{}	6.00	5,063	4/5/25 David Noble Relays
16	Ashley HUME	SR	#5	Azusa Pacific	{}	5.00	5,061	5/8/25 APU Franson Last Chance