



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



East

as of 4/1/2025 7:52:52 AM ET

## Women's 100 Meters

1	6	Simone WAHEED	SO	#2 Colby	11.87	(1.6)	3/28
2	18	Amaris GOODWIN	SR	#6 Gordon (Mass.)	12.06	(0.4)	3/15
3	45	Simi LAWAL	SO	#1 Tufts	12.31	(1.8)	3/22
4	57	Alison MCDONOUGH	SR	#9 Bridgewater Sta	12.35	(1.8)	3/29
5	66	Peterly LEROY	FR	#11 Brandeis	12.39	(0.7)	3/29
6	79	Grace INACIO	FR	#9 Bridgewater Sta	12.44w	(2.1)	3/28
7	93	Elizabeth GASKILL	SO	#6 Gordon (Mass.)	12.49	(0.4)	3/15
8		Tally ZELLER	JR	#2 Colby	12.57w	(2.1)	3/28
8		Jailene ESCALERA	SR	#9 Bridgewater Sta	12.57	(1.1)	3/28
10		Charlotte BRAKE-HOFFMAN	FR	#2 Colby	12.64	(0.0)	3/28

## Women's 100 Meter Hurdles

1	19	Alison MCDONOUGH	SR	#9 Bridgewater Sta	14.95	(1.8)	3/29
2	40	Catherine UWAKWE	JR	#3 Bowdoin	15.36	(1.7)	3/23
3	90	Juno ROGERS	FR	#5 Bates	15.87	(1.7)	3/23
4	95	Rose JENKINS	SO	#3 Bowdoin	15.96	(1.7)	3/23
5		Olivia NOVELLO	SO	#8 Endicott	16.04	(1.7)	3/23
6		Moriah SCHARN	JR	#5 Bates	16.14w	(2.5)	3/29
7		Victoria HART	FR	#10 Babson	16.26	(0.2)	3/29
8		Arielle CHECHILE	FR	#1 Tufts	16.34	(1.6)	3/22
9		Julia PIKE	JR	#10 Babson	16.38	(0.2)	3/29
10		Catherine MADDEN	SR	#13 Suffolk	16.68	(1.8)	3/29

## Women's 200 Meters

1	17	Simone WAHEED	SO	#2 Colby	24.81	(-0.4)	3/28
2	26	Fiona MEJICO	SR	#2 Colby	24.95	(-0.4)	3/28
3	28	Amaris GOODWIN	SR	#6 Gordon (Mass.)	24.99	(0.2)	3/15
4	63	Grace INACIO	FR	#9 Bridgewater Sta	25.45w	(2.2)	3/28
4	63	Simi LAWAL	SO	#1 Tufts	25.45	(1.8)	3/22
6	72	Tally ZELLER	JR	#2 Colby	25.50w	(2.2)	3/28
7	89	Peterly LEROY	FR	#11 Brandeis	25.64	(1.8)	3/29
8		Charlotte BRAKE-HOFFMAN	FR	#2 Colby	25.92	(0.7)	3/28
9		Keely GIORDANO	FR	#16 Keene State	26.00	(0.2)	3/28
10		Jailene ESCALERA	SR	#9 Bridgewater Sta	26.04	(-0.4)	3/28

## Women's 400 Meters

1	14	Marina MILLER	SR	#4 MIT	56.93		3/29
2	16	Olivia DIAS	SR	#4 MIT	57.31		3/29
3	19	Olivia DOHERTY	JR	#2 Colby	57.48		3/22
4	21	Krystal MONTGOMERY	JR	#4 MIT	57.54		3/29
5	27	Makayla MORIARTY	FR	#1 Tufts	57.79		3/22
6	32	Kaitlyn EWALD	SO	#2 Colby	58.23		3/22
7	37	Arielle CHECHILE	FR	#1 Tufts	58.33		3/22
8	74	Harper MEEK	SR	#1 Tufts	59.45		3/22
9		Jenna LINDSAY	FR	#6 Gordon (Mass.)	1:00.62		3/15
10		Lia TRAFICONTE	SO	#5 Bates	1:01.10		3/23

## Women's 400 Meter Hurdles

1	2	Fiona MEJICO	SR	#2 Colby	59.79		3/22
2	8	Emma SMITH	SR	#1 Tufts	1:03.35		3/22
3	24	Michelle BARNES	SO	#2 Colby	1:05.43	{2}	3/28
4	31	Anne-Sophie JANSSEN	JR	#1 Tufts	1:05.91	{2}	3/22
5	77	Catherine UWAKWE	JR	#3 Bowdoin	1:07.98		3/23
6	78	Graca BILA	FR	#5 Bates	1:07.99		3/23
7	80	Meagan MCANDREWS	FR	#8 Endicott	1:08.17		3/23
8	85	Beth BROWN	JR	#12 WPI	1:08.37		3/29
9	88	Natalie LIAPIS	SO	#11 Brandeis	1:08.43		3/29
10	89	Colleen CORMAN	SO	#10 Babson	1:08.52		3/22

## Women's 800 Meters

1	52	Michelle BARNES	SO	#2 Colby	2:18.37		3/28
2	54	Olivia DOHERTY	JR	#2 Colby	2:18.61	{2}	3/28
3	66	Astrid MCGUIRE	FR	#3 Bowdoin	2:19.54		3/30
4	89	Avery KERR	FR	#1 Tufts	2:20.74		3/22
5	95	Kaylee HALE	FR	#3 Bowdoin	2:20.90	{2}	3/30
6		Logan ELIE	FR	#1 Tufts	2:22.62	{2}	3/29
7		Phoebe BRYAR	FR	#1 Tufts	2:22.74	{3}	3/29
8		Amalia DORION	SR	#13 Suffolk	2:22.95		3/30
9		Cam MEYER	FR	#3 Bowdoin	2:23.90	{3}	3/30
10		Eugenie HORISBERGER	SO	#1 Tufts	2:24.36	{4}	3/29

## Women's 1500 Meters

1	67	Amalia DORION	SR	#13 Suffolk	4:46.06		3/30
2	90	Hannah RISKO	SR	#8 Endicott	4:48.19		3/29
3	94	Isabelle DEMERITT	SR	#5 Bates	4:48.61		3/29
4		Astrid MCGUIRE	FR	#3 Bowdoin	4:49.81		3/23
5		Phoebe BRYAR	FR	#1 Tufts	4:51.18		3/29
6		Lexi DEAN	JR	#1 Tufts	4:51.31	{2}	3/22
7		Carolyn DAY	SR	#6 Gordon (Mass.)	4:53.06		3/15
8		Kaylee HALE	FR	#3 Bowdoin	4:53.94	{2}	3/23
9		Ella WARKENTINE	JR	#11 Brandeis	4:55.95		3/29
10		Sonia OLSON	SO	#1 Tufts	4:57.06	{3}	3/22

## Women's Steeplechase

1	9	Liv GIRAND	SO	#4 MIT	10:56.68		3/29
2	16	Heather JENSEN	SO	#4 MIT	11:13.95	{2}	3/29
3	59	Ava DOWLING	SR	#14 Husson	11:51.88		3/15
4	64	Alexa SUCHY	SO	#8 Endicott	11:56.14		3/29
5	74	Emma STEEDMAN	SO	#7 UMass Dartmouth	12:02.39		3/29
6		Bee GREENBERG	SR	#7 UMass Dartmouth	12:28.61	{2}	3/29
7		Aurora COUTO	SR	#16 Keene State	12:39.13		3/30
8		Grace BEDORE	JR	#14 Husson	13:02.71	{2}	3/15
9		Alexia GONSALVES	FR	#7 UMass Dartmouth	13:31.67	{3}	3/29
10		Alyssa EDGREN	SO	#16 Keene State	13:36.52	{2}	3/30



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## Women's 5000 Meters

1	39	Naomi CASS	JR	#9 Bridgewater Sta	17:42.76	3/28
2	43	Sophie DEMERITT	SR	#5 Bates	17:45.49	3/29
3	46	Elizabeth DONAHUE	JR	#1 Tufts	17:48.41	3/29
4	59	Katya HENISZ	SO	#1 Tufts {2}	17:55.47	3/29
5	81	Zoe MARGOLIES	FR	#1 Tufts {3}	18:08.32	3/29
6	88	Kyra AU	SR	#11 Brandeis	18:10.44	3/29
7	89	Sophie CARPENTER	SO	#1 Tufts {4}	18:10.89	3/29
8		Cam MEYER	FR	#3 Bowdoin	18:18.23	3/23
9		Anna BATELLI	SR	#11 Brandeis {2}	18:18.33	3/29
10		Gwen ANDERSON	SO	#5 Bates {2}	18:19.88	3/29

## Women's 10,000 Meters

1	2	Rachel BRENNAN	SR	#6 Gordon (Mass.)	34:28.04	3/28
2	3	Kate SANDERSON	JR	#4 MIT	34:52.91	3/29
3	7	Rujuta SANE	JR	#4 MIT {2}	35:23.27	3/29
4	22	Carolyn DAY	SR	#6 Gordon (Mass.) {2}	36:57.38	3/28
5	42	Shea ROCHE	JR	#18 UMass Boston	38:26.70	3/29
6	46	Hannah RISKI	SR	#8 Endicott	38:43.16	3/23
7	53	Grace COLON	SR	#18 UMass Boston {2}	39:11.19	3/29
8	63	Kate BUBAN	SO	#22 Framingham Sta	39:38.17	3/29
9	65	Kelsee GLADU	SR	#17 Univ. of New Eng	39:39.58	3/29
10	82	Vivian LAU	JR	#1 Tufts	40:05.86	3/29

## Women's 4x100 Relay

1	3	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman	#2 Colby	46.79	3/28
2	23	#Type!	#15 Wheaton (Mass.)	48.38	3/29
3	30	Cameron Stanton, Makayla Moriarty, Elysse Cumberland, Simi Lawal	#1 Tufts	48.82	3/22
4	80	Amanda Walden, Emily Concepcion, Hilma Ortega, Jainaba Conteh	#13 Suffolk	50.85	3/29
5	92	Corryn Fisher, Lauren Mitcheson, Julia Fronc, Rayna Thompson	#12 WPI	51.21	3/29
6	93	#Type!	#10 Babson	51.25	3/29
7		Brooke Chase, Niamiah Perry, Natasha Monreal, Molly Dearborn	#14 Husson	52.41	3/15
8		Kaylee Whitney, Olivia Novello, Kayla Budny, Kaylee Carver	#8 Endicott	52.50	3/23
9		Aleyo Amasa-Titus, Janet Amasa-Titus, Olivia Dench, Abigail Kilbride	#23 Regis (Mass.)	52.59	3/23
10		Alexis Cowan, Alexia Young, Madalyn Guindon, Ella Labrie	#24 Saint Joseph's (N	53.47	3/15

## Women's 4x400 Relay

1	1	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico	#2 Colby	3:44.14	3/28
2	5	Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery	#4 MIT	3:47.58	3/29
3	7	Harper Meek, Emma Smith, Makayla Moriarty, Arielle Chechile	#1 Tufts	3:52.20	3/22
4	61	Jenna Lindsay, Amaris Goodwin, Elizabeth Gaskill, Caroline Roberts	#6 Gordon (Mass.)	4:12.28	3/15
5	66	Colleen Corman, Sophia Draxler, Angela Hagstrom, Chloe Clifford	#10 Babson	4:13.43	3/22
6	78	#Type!	#15 Wheaton (Mass.)	4:16.95	3/29
7	92	Francine Miller, Catherine Uwakwe, Audrey Stevens, Kaylee Hale	#3 Bowdoin	4:21.86	3/30
8	96	Emma Steedman, Julia Latura, Sara Lopez, Anya Aadland	#7 UMass Dartmouth	4:22.18	3/29

## Women's High Jump

1	4	Amrit REHAL	FR	#10 Babson	1.65m	5-5	3/22
2	11	Abby GRIFFITH	FR	#8 Endicott	1.61m	5-3¼	3/29
3	15	Serenity SANDS	SR	#9 Bridgewater Sta	1.60m	5-3	3/28
3	15	Harper MEEK	SR	#1 Tufts	1.60m	5-3	3/22
5	40	Juliana PATRONE	SR	#9 Bridgewater Sta {2}	1.56m	5-1¼	3/29
5	40	Averie DENELLE	FR	#13 Suffolk	1.56m	5-1¼	3/29
5	40	Dorinda OKORJI	SR	#18 UMass Boston	1.56m	5-1¼	3/29
8	86	Juno ROGERS	FR	#5 Bates	1.53m	5-¼	3/23
9		Lexi KING	SO	#1 Tufts {2}	1.50m	4-11	3/22
10		Molly LU MCKELLAR	JR	#16 Keene State	1.48m	4-10¼	3/28

## Women's Pole Vault

1	15	Nyla THOMPSON	SR	#1 Tufts	3.55m	11-7¾	3/29
1	15	Natalie GERMANOV	FR	#1 Tufts	3.55m	11-7¾	3/29
3	30	Charlotte HODGE	SR	#3 Bowdoin	3.40m	11-1¾	3/23
3	30	Alisha ANDERSON	SR	#11 Brandeis	3.40m	11-1¾	3/29
3	30	Emma GALL	SO	#1 Tufts {3}	3.40m	11-1¾	3/29
6	52	Lena TANG	SO	#1 Tufts {4}	3.30m	10-9¾	3/22
7	61	Sophie MAGUIRE	JR	#3 Bowdoin {2}	3.25m	10-8	3/23
8		Gabriella BRESNICK	FR	#2 Colby	3.00m	9-10	3/28
9		Charly PAINTER	SO	#12 WPI	2.95m	9-8	3/29
9		Sonia KATAHDIN	FR	#3 Bowdoin {3}	2.95m	9-8	3/23



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## Women's Long Jump

1	<b>4</b>	Elysse CUMBERLAND	FR	<b>#1</b> Tufts	<b>5.84m</b>	19-2 (1.4)	3/22
2	<b>35</b>	Jordan ANDREW	SR	<b>#1</b> Tufts	{2} <b>5.36m</b>	17-7 (0.1)	<b>3/29</b>
3	<b>47</b>	Ciara ADU-ADDO	SO	<b>#19</b> Worcester State	<b>5.29m</b>	17-4¼ (-1.3)	<b>3/29</b>
4	<b>55</b>	Cameron STANTON	FR	<b>#1</b> Tufts	{3} <b>5.27m</b>	17-3½ (1.5)	3/22
5	<b>98</b>	Alannah ARDREY	SO	<b>#5</b> Bates	<b>5.13m</b>	16-10 (1.2)	3/23
6		Lauren ZIPOLI	FR	<b>#1</b> Tufts	{4} <b>5.10m</b>	16-8¾ (0.2)	<b>3/29</b>
7		Ella LABRIE	FR	<b>#24</b> Saint Joseph's (N.J.)	<b>5.09m</b>	16-8½ (0.9)	3/15
8		Natasha MONREAL	FR	<b>#14</b> Husson	<b>5.06m</b>	16-7¼ (1.6)	3/8
9		Elizabeth GASKILL	SO	<b>#6</b> Gordon (Mass.)	<b>5.03m</b>	16-6 (0.6)	3/15
10		Dorinda OKORJI	SR	<b>#18</b> UMass Boston	<b>4.98m</b>	16-4¼ (1.5)	<b>3/29</b>

## Women's Triple Jump

1	<b>7</b>	Nony OTU UGWU	JR	<b>#4</b> MIT	<b>11.74m</b>	38-6¼ (-0.1)	<b>3/29</b>
2	<b>40</b>	Nora JEAN-JACQUES	SO	<b>#1</b> Tufts	<b>10.99m</b>	36-¾ (0.0)	3/22
3	<b>61</b>	Trishannah SCOTT	JR	<b>#21</b> Fitchburg State	<b>10.83m</b>	35-6½ (0.0)	<b>3/29</b>
4	<b>63</b>	Arielle CHECHILE	FR	<b>#1</b> Tufts	{2} <b>10.82m</b>	35-6 (-1.6)	3/22
5	<b>68</b>	Tamia DUBIDAD	JR	<b>#1</b> Tufts	{3} <b>10.75m</b>	35-3¼ (1.6)	<b>3/29</b>
6	<b>74</b>	Abby GRIFFITH	FR	<b>#8</b> Endicott	<b>10.69m</b>	35-1 (0.2)	3/23
7	<b>83</b>	Ariel ESTIME	FR	<b>#2</b> Colby	<b>10.63m</b>	34-10½ (0.0)	3/22
7	<b>83</b>	Lauren HINCKLEY	SO	<b>#15</b> Wheaton (Mass.)	<b>10.63m</b>	34-10½ (0.7)	<b>3/29</b>
9	<b>93</b>	Erin DICKINSON	SR	<b>#20</b> Wellesley	<b>10.52m</b>	34-6¼ (1.9)	<b>3/29</b>
10	<b>97</b>	Julia KANE	FR	<b>#3</b> Bowdoin	<b>10.50mw</b>	34-5½ (2.2)	3/23
10	<b>97</b>	Trista SICARD	JR	<b>#10</b> Babson	<b>10.50m</b>	34-5½ (1.4)	3/22

## Women's Shot Put

1	<b>1</b>	Alexis BOYKIN	SR	<b>#4</b> MIT	<b>15.34m</b>	50-4	<b>3/29</b>
2	<b>32</b>	Emily BALL	SR	<b>#4</b> MIT	{2} <b>12.44m</b>	40-9¾	<b>3/29</b>
3		Ginger ARNOLD	SO	<b>#3</b> Bowdoin	<b>11.59m</b>	38-¼	3/23
3		Emma GIBBENS	SR	<b>#3</b> Bowdoin	<b>11.59m</b>	38-¼	3/23
5		Molly LU MCKELLAR	JR	<b>#16</b> Keene State	<b>11.52m</b>	37-9½	<b>3/28</b>
6		Jadah STOKES	SO	<b>#19</b> Worcester State	<b>11.35m</b>	37-3	<b>3/29</b>
7		Kate HOCKENBURY	SR	<b>#7</b> UMass Dartmouth	<b>11.27m</b>	36-11¾	3/23
8		Marie-Eve MAILLET	FR	<b>#5</b> Bates	<b>11.08m</b>	36-4¼	3/23
9		Jackie WELLS	SO	<b>#1</b> Tufts	<b>10.92m</b>	35-10	3/22
10		Cheyenne CAHILL	JR	<b>#17</b> Univ. of New Eng	<b>10.74m</b>	35-3	<b>3/29</b>

## Women's Discus

1	<b>1</b>	Alexis BOYKIN	SR	<b>#4</b> MIT	<b>48.32m</b>	158-7	<b>3/29</b>
2	<b>21</b>	Mia KURTZ	FR	<b>#1</b> Tufts	<b>41.41m</b>	135-11	3/22
3	<b>41</b>	Emily BALL	SR	<b>#4</b> MIT	{2} <b>39.78m</b>	130-6	<b>3/29</b>
4	<b>42</b>	Macy BRENNAN	SO	<b>#4</b> MIT	{3} <b>39.70m</b>	130-3	<b>3/29</b>
5		Sarah LAVITA	JR	<b>#17</b> Univ. of New Eng	<b>35.52m</b>	116-7	<b>3/29</b>
6		Neisha BOITEUX	SR	<b>#7</b> UMass Dartmouth	<b>35.47m</b>	116-5	<b>3/29</b>
7		Julia SAPORITO	FR	<b>#1</b> Tufts	{2} <b>34.85m</b>	114-4	<b>3/29</b>
8		Mardy NOVAK	SO	<b>#3</b> Bowdoin	<b>34.37m</b>	112-9	3/23
9		Olivia SEUTTER	FR	<b>#7</b> UMass Dartmouth	{2} <b>32.23m</b>	105-9	<b>3/29</b>
10		Kassidy PLUMMER	SR	<b>#17</b> Univ. of New Eng	{2} <b>32.02m</b>	105-1	<b>3/29</b>

## Women's Hammer

1	<b>1</b>	Alexis BOYKIN	SR	<b>#4</b> MIT	<b>58.12m</b>	190-8	<b>3/29</b>
2	<b>14</b>	Alivia GERAGHTY	SO	<b>#6</b> Gordon (Mass.)	<b>49.51m</b>	162-5	<b>3/29</b>
3	<b>34</b>	Anika WAGNER	JR	<b>#15</b> Wheaton (Mass.)	<b>46.41m</b>	152-3	<b>3/29</b>
4	<b>36</b>	Emily BALL	SR	<b>#4</b> MIT	{2} <b>46.28m</b>	151-10	<b>3/29</b>
5	<b>41</b>	Emma LIU	JR	<b>#11</b> Brandeis	<b>45.72m</b>	150-0	<b>3/29</b>
6	<b>70</b>	Cecilia LABARGE	SO	<b>#1</b> Tufts	<b>43.97m</b>	144-3	3/22
7		Elizabeth GRAHAM	SR	<b>#1</b> Tufts	{2} <b>40.53m</b>	133-0	3/22
8		Emily HESKETH	SO	<b>#7</b> UMass Dartmouth	<b>40.34m</b>	132-4	3/23
9		Neisha BOITEUX	SR	<b>#7</b> UMass Dartmouth	{2} <b>39.71m</b>	130-4	<b>3/29</b>
10		Nicole KUHL	SO	<b>#1</b> Tufts	{3} <b>38.57m</b>	126-7	3/22

## Women's Javelin

1	<b>3</b>	Elaine WANG	JR	<b>#4</b> MIT	<b>40.82m</b>	133-11	<b>3/29</b>
2	<b>8</b>	Ginger ARNOLD	SO	<b>#3</b> Bowdoin	<b>39.89m</b>	130-11	3/23
3	<b>30</b>	Mardy NOVAK	SO	<b>#3</b> Bowdoin	{2} <b>36.96m</b>	121-3	3/23
4	<b>38</b>	Harper DANFORTH	FR	<b>#1</b> Tufts	<b>36.62m</b>	120-2	3/22
5	<b>40</b>	Jackie WELLS	SO	<b>#1</b> Tufts	{2} <b>36.54m</b>	119-11	3/22
6	<b>45</b>	Kathryn GORDEN	JR	<b>#12</b> WPI	<b>36.16m</b>	118-8	<b>3/29</b>
7	<b>64</b>	Tessa PLAYER	SO	<b>#1</b> Tufts	{3} <b>35.23m</b>	115-7	3/22
8	<b>68</b>	Sarah LAVITA	JR	<b>#17</b> Univ. of New Eng	<b>35.08m</b>	115-1	<b>3/29</b>
9	<b>78</b>	Sophie HEPLER	FR	<b>#21</b> Fitchburg State	<b>34.52m</b>	113-3	<b>3/29</b>
10	<b>89</b>	Piper O'CONNELL	SR	<b>#12</b> WPI	{2} <b>34.23m</b>	112-4	<b>3/29</b>

## Women's Heptathlon

1	<b>9</b>	Molly LU MCKELLAR	JR	<b>#16</b> Keene State	<b>3,863</b>	<b>3/28</b>
2	<b>27</b>	Sarah LENOX	FR	<b>#2</b> Colby	<b>2,930</b>	<b>3/28</b>



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Great Lakes

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## Women's 100 Meters

1	7	Sydney RADIGAN	JR	#2 Calvin	11.90	(0.3)	3/28
2	8	Dakota HOUSTON	FR	#12 John Carroll	11.91w	(3.4)	3/30
3	9	Madjo DOUMBIA	SR	#11 Centre	11.92w	(2.8)	3/22
4	19	Chloe HEIN	SO	#11 Centre	{2}12.08	(1.7)	3/22
5	23	Kenadee WAYT	SR	#4 Mount Union	12.14	(1.0)	3/22
6	24	Sara SCHERMERHORN	JR	#7 Hope	12.15w	(2.3)	3/22
7	43	Mia SCOTT	SR	#12 John Carroll	{2}12.30w	(2.5)	3/30
8	53	Katherine DORTMUND	FR	#8 Ohio Wesleyan	12.34	(1.1)	3/23
9	57	Anaya JOLIVETTE	SR	#18 Denison	12.35	(1.4)	3/30
10	67	Kendra KRICHBAUM	SR	#1 Ohio Northern	12.40w	(3.8)	3/30

## Women's 100 Meter Hurdles

1	7	Liberty SCOTT	SO	#3 DePauw	14.38	(2.0)	3/22
2	9	Daysia HARGRAVE	SR	Wooster	14.54w	(2.2)	3/22
3	10	Katherine DORTMUND	FR	#8 Ohio Wesleyan	14.55	(1.6)	3/23
4	21	Jameire HONZU	FR	#13 Baldwin Wallace	14.96	(0.8)	3/29
5	34	Emily NORKOWSKI	SR	Olivet	15.30w	(2.2)	3/28
6	35	Mia DEJONGE	JR	#2 Calvin	15.31w	(2.2)	3/28
7	38	Isabelle HENDERSON	FR	#6 Wittenberg	15.33w	(2.3)	3/22
8	40	Olyvia ASHBROOK	SR	#1 Ohio Northern	15.36w	(3.4)	3/30
9	77	Katie MOORE	SR	#3 DePauw	{2}15.70	(-1.9)	3/29
10	81	Cadence DROUGAL	FR	#2 Calvin	{2}15.76	(1.2)	3/28

## Women's 200 Meters

1	2	Dakota HOUSTON	FR	#12 John Carroll	24.20w	(2.6)	3/30
2	6	Abby COLLIER	SR	#13 Baldwin Wallace	24.53w	(3.2)	3/29
3	9	Sara SCHERMERHORN	JR	#7 Hope	24.67	(-0.8)	3/22
4	12	Madjo DOUMBIA	SR	#11 Centre	24.71	(-0.8)	3/22
5	18	Sydney RADIGAN	JR	#2 Calvin	24.84	(-0.4)	3/28
6	23	Kenadee WAYT	SR	#4 Mount Union	24.91	(-2.0)	3/22
7	29	Chloe HEIN	SO	#11 Centre	{2}25.00	(1.8)	3/22
8	44	Tatum WALSH	FR	#1 Ohio Northern	25.22w	(2.6)	3/30
9	45	Catherine LEAHY	JR	#7 Hope	{2}25.25	(-0.2)	3/22
10	49	Kymiah BLAIR	SR	#25 Berea (Ky.)	25.28	(0.9)	3/29

## Women's 400 Meters

1	4	Kenadee WAYT	SR	#4 Mount Union	55.81		3/22
2	8	Rose TALBERT	SO	#14 Rose-Hulman	56.18		3/29
3	11	Catherine LEAHY	JR	#7 Hope	56.59		3/15
4	13	Shelby STALL	SO	#3 DePauw	56.66		3/29
5	15	Abby COLLIER	SR	#13 Baldwin Wallace	57.07		3/29
6	38	Emma FEHRMAN	SR	#22 Marietta	58.38		3/15
7	52	Abigail DANNE	JR	#6 Wittenberg	58.93		3/22
8	53	Sandra KING	FR	#12 John Carroll	58.94		3/30
9	66	Ainsley WILSON	SO	#11 Centre	59.30		3/29
10	72	Tatum WALSH	FR	#1 Ohio Northern	59.39		3/30

## Women's 400 Meter Hurdles

1	4	Liberty SCOTT	SO	#3 DePauw	1:02.32		3/29
2	6	Katie MOORE	SR	#3 DePauw	{2}1:03.07		3/22
3	18	Janea BOTTINELLI	SR	#11 Centre	1:04.70		3/22
4	20	Emily BRENNAN	JR	#18 Denison	1:04.94		3/30
5	29	Isabelle HENDERSON	FR	#6 Wittenberg	1:05.81		3/22
6	37	Chloe LOVETT	JR	#15 Wilmington (Ohi	1:06.01		3/30
7	50	Molly DUROW	JR	#7 Hope	1:06.95		3/22
8	58	Reese NEUMEYER	SR	#6 Wittenberg	{2}1:07.27		3/22
9	64	Aliisa JAMES	SR	#8 Ohio Wesleyan	1:07.49		3/30
10	68	Adrianne JACKSON	JR	#9 Trine	1:07.80		3/30

## Women's 800 Meters

1	16	Hope MURPHY	SR	#13 Baldwin Wallace	2:15.02		3/29
2	22	Arianna HOLBROOK	SO	#5 Case Western Re	2:15.80		3/29
3	44	Kenadee WAYT	SR	#4 Mount Union	2:17.77		3/29
4	46	Anna BROWN	JR	#16 Kenyon	2:17.98		3/22
5	48	Peyton LUDWIG	FR	#2 Calvin	2:18.06		3/28
6	51	Julia HLUCK	JR	#5 Case Western Re	{2}2:18.35		3/29
7	64	Jessica CAMPBELL	SR	#20 Franciscan	2:19.37		3/15
8	65	Molly DUROW	JR	#7 Hope	2:19.43		3/22
9	75	Lauren DOSCH	SO	#20 Franciscan	{2}2:19.87		3/29
10	84	Amanda MARKHAM	SO	#7 Hope	{2}2:20.44		3/22

## Women's 1500 Meters

1	11	Bailey PUCKETT	JR	#9 Trine	4:35.38		3/28
2	18	Natalie TEBBEN	SR	#2 Calvin	4:38.46		3/28
3	33	Nelly STAFFORD	SR	#10 Allegheny (Pa.)	4:41.10		3/29
4	55	Abby MATTHEWS	SR	#1 Ohio Northern	4:44.72		3/28
5	63	Anna BROWN	JR	#16 Kenyon	4:45.63		3/22
6	98	Jessica CAMPBELL	SR	#20 Franciscan	4:49.25		3/29
7	100	Julia HLUCK	JR	#5 Case Western Re	4:49.32		3/22
8		Claire WALTERS	SR	#20 Franciscan	{2}4:50.70		3/15
9		Morgan THARP	JR	#3 DePauw	4:51.38		3/22
10		Jocelyn ONSTOT	SO	#14 Rose-Hulman	4:51.70		3/22

## Women's Steeplechase

1	1	Sophie BULL	JR	#2 Calvin	10:24.32		3/28
2	6	Jenna ALLMAN	SR	#2 Calvin	{2}10:54.54		3/28
3	17	Marrin CRIST	SR	#10 Allegheny (Pa.)	11:15.63		3/29
4	28	Maddy STRUCK	SR	#7 Hope	11:24.33		3/15
5	30	Kendall MANN	SR	#3 DePauw	11:27.38		3/22
6	33	Natalie ARMBRUSTER	JR	#1 Ohio Northern	11:29.80		3/28
7	34	Jocelyn ONSTOT	SO	#14 Rose-Hulman	11:30.66		3/29
8	40	Ayla GRABENBAUER	JR	#5 Case Western Re	11:36.46		3/22
9	41	Lily MONNETT	SR	#3 DePauw	{2}11:38.25		3/22
10	45	Annika SYTSMA	SO	#7 Hope	{2}11:41.08		3/15





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## Women's 5000 Meters

1	8	Chloe BONSON	JR	#10 Allegheny (Pa.)	17:08.80	3/29
2	9	Sidney SWICK	JR	#9 Trine	17:19.52	3/28
3	10	Lauren IAGNEMMA	JR	#5 Case Western Re	17:19.76	3/28
4	42	Gianini VENUTO	SR	#4 Mount Union	17:45.17	3/29
5	53	Allison DIETZ	SO	#8 Ohio Wesleyan	17:53.21	3/28
6	56	Eleanor YOUNG	JR	#9 Trine {2}	17:54.67	3/28
7	71	Sophie BOULDIN	JR	#11 Centre	18:02.59	3/22
8	73	Ashley NOVAK	JR	#5 Case Western Re {2}	18:03.80	3/22
9	86	Samantha ROTH	JR	#1 Ohio Northern	18:09.47	3/28
10	95	AnnaSophia GOWER	SO	#1 Ohio Northern {2}	18:12.51	3/28

## Women's 10,000 Meters

1	1	Faith DUNCAN	JR	#15 Wilmington (Ohi	32:57.31	3/29
2	9	Sophie PORTER	SR	#3 DePauw	35:31.67	3/28
3	23	Grace FLORES	SO	#3 DePauw {2}	37:00.44	3/28
4	24	Ashley HOCKSTOK	SR	#1 Ohio Northern	37:17.23	3/28
5	34	Megan KEYS	SR	#6 Wittenberg	37:51.00	3/28
6	35	Brynn URBAN	SR	#3 DePauw {3}	37:55.24	3/28
7	36	Kennedy RADER	JR	#1 Ohio Northern {2}	38:01.92	3/28
8	44	Emma HAWK	JR	#6 Wittenberg {2}	38:34.19	3/28
9	47	Maddi CLARK	SO	#6 Wittenberg {3}	38:43.56	3/28
10	51	Grace THOMAS	SO	#3 DePauw {4}	39:00.69	3/28

## Women's 4x100 Relay

1	9	Mia Scott, Sandra King, Kaleigh McNamara, Dakota Houston	#12 John Carroll	47.33	3/30
2	10	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn	#7 Hope	47.46	3/22
3	11	Kennedy Berger, Paula Incorvati, Madison Miles, Kenadee Wayt	#4 Mount Union	47.49	3/29
4	13	Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger	#8 Ohio Wesleyan	47.67	3/30
5	15	Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson	#6 Wittenberg	47.81	3/30
6	42	Paige Simpson, Kendra Krichbaum, Stacey Legg, Tatum Walsh	#1 Ohio Northern	49.12	3/30
7	43	Elizabeth Raborn, Shelby Stall, Olivia Boe, Adeline Miller	#3 DePauw	49.15	3/29
8	57	Emma Johns, Rose Talbert, Iliana Hernandez, Alexandra Adams	#14 Rose-Hulman	49.88	3/29
9	65	Lauren Fenstermaker, Paige Allis, Alexis Ames, DB Edwards	Albion	50.25	3/28
10	66	Ryley Steggall, Yrva Desormeaux, Heather Benway, Anna Fritz	Oberlin	50.29	3/29



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## Women's 4x400 Relay

1	9	Ella McElwee, Carlie Besecker, Cora Liskai, Callie Cyrus	#4 Mount Union	3:55.56	3/29
2	29	Kyngston Collins, Abigail Danne, Aubrey Glover, Meghan Frazier	#6 Wittenberg	4:04.29	3/30
3	30	Jessie Bossenbroek, Trinity Kolka, Emmy Nordbeck, Peyton Ludwig	#2 Calvin	4:04.46	3/28
4	37	Jada Hunter-Hays, Emma Johns, Rose Talbert, Jocelyn Onstot	#14 Rose-Hulman	4:07.18	3/22
5	45	Jakeisha Lewis, Katerina Kovalevskaya, Muhorakeye Joyeuse, Kristin Fischli	#25 Berea (Ky.)	4:08.90	3/22
6	46	Siena Kannenberg, Julia Hluck, Arianna Holbrook, Melanie Taylor	#5 Case Western Re	4:08.92	3/29
7	51	Catherine Leahy, Amanda Markham, Molly Durow, Frances Cozzens	#7 Hope	4:09.82	3/15
8	56	Mea Kaufman, Abigail Derry, Emily Keylor, Averi Wallace	#24 Muskingum	4:10.78	3/22
9	58	Lauren Brawt, Sophia Sanford, Jordan Fox, Helena Snyder	#23 Alma	4:11.15	3/28
10	65	Olyvia Ashbrook, Alexa Lane, Katelyn Messner, Lily Wolfe	#1 Ohio Northern	4:13.42	3/30

## Women's High Jump

1	15	Helena SNYDER	SR #23 Alma	1.60m	5-3	3/28
1	15	Audrey EDWARDS	SO #14 Rose-Hulman	1.60m	5-3	3/22
3	31	Rylee GORRELL	SO #13 Baldwin Wallace	1.58m	5-2¼	3/29
3	31	Emersyn GERKEN	FR #1 Ohio Northern	1.58m	5-2¼	3/30
5	40	Marissa HILL	SO #24 Muskingum	1.56m	5-1¼	3/29
6	52	Julissa WILLIAMS	SR #6 Wittenberg	1.55m	5-1	3/22
6	52	Taylor ROARK	SR Transylvania	1.55m	5-1	3/22
6	52	Karalyn RUTKOWSKI	JR Hiram	1.55m	5-1	3/29
9	86	Michaela BRYAN	SR #12 John Carroll	1.53m	5-¼	3/30
9	86	Makenna OSZUST	FR #4 Mount Union	1.53m	5-¼	3/29
9	86	Emmaline LEATHERMAN	SO #9 Trine	1.53m	5-¼	3/30

## Women's Pole Vault

1	3	Claire SCHWELLER	JR #1 Ohio Northern	3.89m	12-9	3/30
2	5	Emily THOMPSON	JR #22 Marietta	3.84m	12-7¼	3/29
3	37	Corinne INKLEY	SO #10 Allegheny (Pa.)	3.36m	11-¼	3/29
3	37	Jessica MASON	SO #4 Mount Union	3.36m	11-¼	3/29
5	47	Jaclyn BOARDMAN	SR #1 Ohio Northern	{2} 3.34m	10-11½	3/30
5	47	Olivia ANDREWS	FR #9 Trine	3.34m	10-11½	3/30
5	47	Anna MARCHINY	FR #1 Ohio Northern	{2} 3.34m	10-11½	3/30
8	50	Cate GAGNIER	SR #18 Denison	3.33m	10-11	3/30
9	52	Story LAING	SO #6 Wittenberg	3.30m	10-9¾	3/22
9	52	Bella CHARRON	SR #2 Calvin	3.30m	10-9¾	3/28
9	52	Katie SEINEN	JR #2 Calvin	3.30m	10-9¾	3/28

## Women's Long Jump

1	2	Chloe HEIN	SO #11 Centre	5.92m	19-5¼ (0.5)	3/22
2	13	Isabelle HENDERSON	FR #6 Wittenberg	5.62m	18-5¼ (1.2)	3/22
3	25	Kalie CAMPBELL	SO #4 Mount Union	5.46mw	17-11 (2.6)	3/22
4	33	Emma FORKER	JR #9 Trine	5.38mw	17-8 (3.3)	3/30
5	38	Evie ELLENBERGER	FR #10 Allegheny (Pa.)	5.34m	17-6¼ (1.9)	3/29
6	55	Lauryn WOLTERS	JR #1 Ohio Northern	5.27mw	17-3½ (2.7)	3/30
7	59	Callie GORMLEY	SR #11 Centre	{2} 5.25m	17-2¾ (1.5)	3/22
8	70	Mackenzie DAVIS	SO #4 Mount Union	{2} 5.20m	17-¾ (1.6)	3/22
9	74	Jordan SU	SR #5 Case Western Re	5.19mw	17-½ (2.7)	3/22
10	76	Paula SORIC	SR #16 Kenyon	5.18m	17-0 (0.3)	3/30

## Women's Triple Jump

1	10	Paula SORIC	SR #16 Kenyon	11.67m	38-3½ (1.9)	3/30
2	18	Tessa KOCHERT	JR #3 DePauw	11.39m	37-4½ (0.5)	3/22
3	34	Jordan SU	SR #5 Case Western Re	11.06m	36-3½ (0.4)	3/22
4	35	Julienne STRYDOM	JR #2 Calvin	11.05m	36-3 (-1.1)	3/28
5	36	Emma FEHRMAN	SR #22 Marietta	11.04m	36-2¾ (-0.1)	3/29
6	44	Madeline BURGESS	FR #4 Mount Union	10.94m	35-10¾ (-1)	3/29
7	72	Julissa WILLIAMS	SR #6 Wittenberg	10.73m	35-2½ (0.0)	3/30
8	86	Jeri ROY	FR #2 Calvin	{2} 10.60m	34-9½ (0.0)	3/28
9	88	Marie DE AMOUR MANIRAKIZA	FR #11 Centre	10.59m	34-9 (0.0)	3/22
10	94	Emily NORKOWSKI	SR Olivet	10.51mw	34-5¾ (2.7)	3/28

## Women's Shot Put

1	4	Jessie STENGER	SR #19 Hanover	13.71m	44-11¾	3/30
2	6	Carley CAMP	SR #21 Manchester	13.49m	44-3¾	3/30
3	9	Makayla SITZLAR	JR #4 Mount Union	13.06m	42-10¼	3/29
4	11	Michaela BURKHAUSER	SR #5 Case Western Re	12.89m	42-3½	3/29
5	13	Sydney FLORES	JR #18 Denison	12.88m	42-3¾	3/30
5	13	Hannah FRIEND	SR #1 Ohio Northern	12.88m	42-3¾	3/30
7	19	Ryann ROHRER	JR #2 Calvin	12.69m	41-7¾	3/28
8	20	Emma MILLER	SR #10 Allegheny (Pa.)	12.60m	41-4¼	3/29
9	24	Hailey COLE	FR #9 Trine	12.53m	41-1½	3/22
10	26	Abby SANNER	JR #9 Trine	{2} 12.48m	40-11½	3/22



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## Women's Discus

1	9	Hannah FRIEND	SR	#1 Ohio Northern	43.44m	142-6	3/30
2	11	Jessie STENGER	SR	#19 Hanover	43.25m	141-11	3/30
3	14	Samantha SELLERS	SR	#1 Ohio Northern {2}	42.50m	139-5	3/30
4	15	Michaela BURKHAUSER	SR	#5 Case Western Re	42.32m	138-10	3/29
5	19	Emily DAVIS	JR	#8 Ohio Wesleyan	41.47m	136-1	3/30
6	22	Landry DRISKEL	SO	#17 Otterbein	41.40m	135-10	3/30
7	25	Carley CAMP	SR	#21 Manchester	40.75m	133-9	3/22
8	29	Karen BEKHET	SR	#2 Calvin	40.55m	133-1	3/28
9	31	Mykell BOWEN	SO	#15 Wilmington (Ohi	40.50m	132-11	3/30
10	52	Jera HOY	FR	#8 Ohio Wesleyan {2}	38.57m	126-7	3/30

## Women's Hammer

1	6	Carley CAMP	SR	#21 Manchester	51.94m	170-5	3/30
2	17	Michaela BURKHAUSER	SR	#5 Case Western Re	49.04m	160-11	3/29
3	18	Lucy TROUT	JR	#15 Wilmington (Ohi	48.92m	160-6	3/30
4	21	Izzy BURMAN	SR	#1 Ohio Northern	48.06m	157-8	3/30
5	28	Laila DAVIS	SR	#10 Allegheny (Pa.)	47.44m	155-8	3/29
6	32	Ailean DUFFIE	SR	#5 Case Western Re{2}	47.19m	154-10	3/29
7	33	Lauren ROSKUSZKA	SR	#5 Case Western Re{3}	47.06m	154-5	3/29
8	37	Hannah FRIEND	SR	#1 Ohio Northern {2}	46.20m	151-7	3/30
9	40	Mykell BOWEN	SO	#15 Wilmington (Ohi{2}	45.78m	150-3	3/29
10	45	Amy MYERS	JR	#15 Wilmington (Ohi{3}	45.60m	149-7	3/30

## Women's Javelin

1	16	Lily SHAHAN	FR	#12 John Carroll	38.16m	125-3	3/30
2	20	Elizabeth LUBOLD	JR	#10 Allegheny (Pa.)	37.55m	123-3	3/22
3	23	Katlyn FLOYD	SO	#1 Ohio Northern	37.48m	123-0	3/30
4	36	Angie BAWEK	SO	#10 Allegheny (Pa.) {2}	36.73m	120-6	3/29
5	43	Leah FRITSCH	JR	#12 John Carroll {2}	36.20m	118-9	3/30
5	43	Jessie STENGER	SR	#19 Hanover	36.20m	118-9	3/30
7	46	Hazel JOLLIFF	JR	#8 Ohio Wesleyan	36.10m	118-5	3/30
8	51	Peyton CARPENTER	SR	#17 Otterbein	35.91m	117-10	3/22
9	59	Lauren ROSKUSZKA	SR	#5 Case Western Re	35.39m	116-2	3/22
10	65	Mariana LAVIGNE	FR	#20 Franciscan	35.20m	115-6	3/15

## Women's Heptathlon

1	11	Ella EASTERLING	FR	#2 Calvin	3,789		3/28
2	16	Charlie DOLLIVER	JR	#17 Otterbein	3,445		3/22



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## Women's 100 Meters

1	35	Reyanna HENDERSON	SR	#17 New Jersey City	12.24	(1.0)	3/29
2	38	McKay ALBY	FR	#9 Montclair State	12.27	(1.0)	3/29
2	38	Maria MUZZARELLI	SR	#8 Widener	12.27	(-1.2)	3/29
4	53	Ashley GORDON	SO	#14 Ramapo	12.34w	(2.7)	3/29
5	62	Molly LODGE	SR	#5 Rowan	12.37	(-1.2)	3/29
6		Brooke SIGMORELLA	FR	#7 DeSales	12.68	(-0.4)	3/29
7		Samantha MAGIN	SO	#1 TCNJ	12.73w	(3.4)	3/29
8		Maya RICHWINE	SO	#16 Muhlenberg	12.75w	(3.3)	3/30
9		Nyla JONES	FR	#5 Rowan	{2}12.81	(-1.2)	3/29
10		Mya WALKER	SO	#5 Rowan	{3}12.82	(-0.2)	3/29

## Women's 100 Meter Hurdles

1	17	Nyla JONES	FR	#5 Rowan	14.93	(-0.7)	3/29
2	60	Eliza BRUNCAJ	SR	#1 TCNJ	15.55	(1.7)	3/29
3	62	Sarah SCEPKOWSKI	JR	#1 TCNJ	{2}15.58w	(2.5)	3/29
4	73	Am'ya JOHNSON	FR	#10 Eastern (Pa.)	15.68	(-0.9)	3/22
5	75	Emma SHAFNISKY	FR	#3 Moravian	15.69	(-0.7)	3/29
6	80	Kendall HALL	FR	#9 Montclair State	15.75	(0.5)	3/29
7	96	Zahara SIMMONS	FR	#8 Widener	15.97	(-0.1)	3/29
8		De'nair DREW	SO	#10 Eastern (Pa.)	{2}16.07	(-1.1)	3/29
9		Isabella SHANLEY	SO	#6 Stevens	16.25	(-0.7)	3/22
10		Hannah SWALE	JR	#4 Swarthmore	16.27w	(2.4)	3/15

## Women's 200 Meters

1	19	Reyanna HENDERSON	SR	#17 New Jersey City	24.87w	(2.4)	3/29
2	24	Molly LODGE	SR	#5 Rowan	24.92	(-0.6)	3/29
3	37	Kayla ROBINSON	SO	#8 Widener	25.13	(-0.4)	3/29
4	50	Maria MUZZARELLI	SR	#8 Widener	{2}25.29	(-0.6)	3/29
5	74	Abigail GIAMONI	SR	#3 Moravian	25.51	(-0.6)	3/29
6		Michelle ITOUA	JR	#9 Montclair State	26.07w	(2.4)	3/29
7		Grace KANE	JR	#18 Delaware Valley	26.39	(-1.1)	3/29
8		Ashley GORDON	SO	#14 Ramapo	26.51w	(2.4)	3/29
9		Sage HENDERSHOT	SO	#12 Drew	26.54	(0.8)	3/29
10		Zahara SIMMONS	FR	#8 Widener	{3}26.55	(-0.2)	3/29

## Women's 400 Meters

1	12	Abigail GIAMONI	SR	#3 Moravian	56.64		3/29
2	23	Rukiyat DARANIJO	SO	#1 TCNJ	57.64		3/29
3	24	Emily CAMLET	JR	#12 Drew	57.65		3/29
4	34	Emma PETROLIA	JR	#2 Stockton	58.25		3/29
5	35	Isabella SHANLEY	SO	#6 Stevens	58.29		3/29
6	54	Kayla SULLIVAN	JR	#2 Stockton	{2}58.99		3/22
7	94	Brenna OMERT	FR	#1 TCNJ	{2}59.99		3/29
8		Bianca BURKE	JR	FDU Florham	1:00.94		3/29
9		Anahrie ANDERSON	SO	#10 Eastern (Pa.)	1:01.34		3/22
10		Odalys GUERRERO-DOMINGUEZ	JR	#9 Montclair State	1:01.41		3/29

## Women's 400 Meter Hurdles

1	12	Emma PETROLIA	JR	#2 Stockton	1:03.52		3/22
2	36	Mackenzie BURKE	SO	#1 TCNJ	1:05.98		3/29
3	41	Lauren ALLEY	FR	#6 Stevens	1:06.41		3/29
4	49	Anahrie ANDERSON	SO	#10 Eastern (Pa.)	1:06.88		3/29
5	69	Eliza BRUNCAJ	SR	#1 TCNJ	{2}1:07.83		3/29
6	75	Ellie HALLMAN	JR	#2 Stockton	{2}1:07.97		3/29
7		Am'ya JOHNSON	FR	#10 Eastern (Pa.)	{2}1:09.47		3/22
8		Natalie KRONCKE	SO	#2 Stockton	{3}1:09.54		3/22
9		Elise DANIEL	SR	#8 Widener	1:10.20		3/29
10		Lynell THOMAS	FR	#14 Ramapo	1:10.47		3/29

## Women's 800 Meters

1	21	Anna SASSE	SR	#5 Rowan	2:15.69		3/29
2	25	Kelly O'GRADY	JR	#1 TCNJ	2:16.30		3/29
3	29	Kay WISCOUNT	FR	#7 DeSales	2:16.73		3/29
4	31	Elizabeth PAGE	FR	#4 Swarthmore	2:16.78		3/29
5	58	Amanda MCNALLY	SR	#2 Stockton	2:18.90		3/22
6	59	Anastasia JAYCOBS	SO	#13 Haverford	2:18.92		3/29
7	63	Ania WONG	FR	#4 Swarthmore	{2}2:19.34		3/29
8	79	Olivia D'AULERIO	JR	#13 Haverford	{2}2:20.24		3/29
9		Morgan MOUER	SR	#4 Swarthmore	{3}2:22.24		3/29
10		Ally WERNIK	SO	#5 Rowan	{2}2:22.95		3/29

## Women's 1500 Meters

1	25	Anna SASSE	SR	#5 Rowan	4:39.98		3/29
2	65	Kayla KASS	JR	#2 Stockton	4:45.84		3/29
3	88	Isabella GABAY	FR	#6 Stevens	4:48.02		3/29
4		Ava BIEMULLER	FR	#1 TCNJ	4:50.50		3/29
5		Alex GRIVAS	JR	#1 TCNJ	{2}4:52.03		3/29
6		Madelyn VALASEK	JR	#2 Stockton	{2}4:52.09		3/29
7		Grace CURNOW	JR	#11 Arcadia	4:53.10		3/29
8		Kay WISCOUNT	FR	#7 DeSales	4:53.47		3/22
9		Abigail CHURCHILL	FR	#9 Montclair State	4:54.86		3/29
10		Tori SUTERA	FR	#9 Montclair State	{2}4:55.33		3/29

## Women's Steeplechase

1	53	Molly BOSSDORF	SR	#1 TCNJ	11:46.33		3/29
2	54	Rachael GOODMAN	SR	#3 Moravian	11:46.86		3/29
3	73	Amber PONIKTERA	SR	#3 Moravian	{2}12:02.09		3/29
4	85	Alyssa HOCKENBERRY	SO	#3 Moravian	{3}12:11.25		3/29
5	94	Alexis HOCKENBERRY	SO	#3 Moravian	{4}12:17.03		3/29
6		Carmelina SANCI	SR	#1 TCNJ	{2}12:37.92		3/29
7		Tia LEISTER	SO	#11 Arcadia	12:45.86		3/29
8		Evelyn AUSTIN	FR	#2 Stockton	12:46.70		3/29
9		Samantha SWEARINGEN	SO	#18 Delaware Valley	13:37.08		3/29
10		Edie HOGANSON	SO	#4 Swarthmore	13:51.91		3/29





# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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## Women's 5000 Meters

1	22	Gabriella PAGANO	JR	#5 Rowan	17:32.29	3/29
2	35	Hailey SHREFFLER	SR	#10 Eastern (Pa.)	17:39.90	3/29
3	66	Haley ESTUS	SR	#7 DeSales	17:59.28	3/29
4	68	Cassidy QUINN	SR	#1 TCNJ	18:00.99	3/29
5	94	Olivia MONTINI	JR	#4 Swarthmore	18:12.24	3/29
6		Emily ZANNI	SO	#5 Rowan {2}	18:16.35	3/29
7		Zoey CASSAVELL	SR	#14 Ramapo	18:22.25	3/29
8		Naesha GADIE	SO	#1 TCNJ {2}	18:31.31	3/29
9		Meghan MYERS	JR	#3 Moravian	18:32.78	3/29
10		Shannon STAKELBECK	SO	#5 Rowan {3}	18:37.07	3/29

## Women's 10,000 Meters

1	21	Ellie KOZICH	FR	#7 DeSales	36:56.42	3/29
2	28	April BROWNE	SR	#11 Arcadia	37:26.08	3/29
3	31	Kathryn LONG	JR	#8 Widener	37:35.15	3/29
4	72	Aubrey DONAHUE	SO	#19 Immaculata	39:51.08	3/29
5	93	Fionna FEERICK	SR	#6 Stevens	40:21.93	3/29
6		Guinevere KENNEDY	JR	#2 Stockton	40:30.16	3/29
7		Julianna WATSON	SR	#13 Haverford	40:33.58	3/29
8		Grace CHEN	SO	#13 Haverford {2}	40:36.15	3/29
9		Nina VIGLIANTI	SR	#7 DeSales {2}	40:49.36	3/29
10		Ally MEEKS	SR	#3 Moravian	40:55.41	3/29

## Women's 4x100 Relay

1	40	#Type!	#9 Montclair State	49.03	3/29
2	47	Mackenzie Burke, Petra Doherty, Samantha Magin, Rukiyat Daranijo	#1 TCNJ	49.27	3/29
3	58	Isabel Duval, Adrienne Austin, Cameron Radcliffe, Marlie DiPalma	#2 Stockton	49.98	3/29
4	70	#Type!	#12 Drew	50.41	3/29
5	83	#Type!	#10 Eastern (Pa.)	50.89	3/29
6	90	Mika Heshiki, Awurabena Anane, Kayla Camille, Novy Goetgeluk	#24 Bryn Mawr	51.18	3/23
7	91	#Type!	#7 DeSales	51.20	3/29
8		#Type!	#11 Arcadia	51.91	3/29
9		Sydney Marshall, Evelyn Macias, Matogoma Meite, Katelynn Aurelus	#22 Rutgers-Camden	53.31	3/22
10		Brigid McCluskey, Natalie O'Neill, Ava Ezzie, Fanta Dukuly	Gwynedd Mercy	54.06	3/29

## Women's 4x400 Relay

1	8	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass	#2 Stockton	3:53.34	3/29
2	12	Eliza Bruncaj, Brenna Omert, Kelly O'Grady, Rukiyat Daranijo	#1 TCNJ	3:57.75	3/29
3	35	#Type!	#5 Rowan	4:05.79	3/29
4	69	#Type!	#7 DeSales	4:14.27	3/29
5	83	#Type!	#14 Ramapo	4:18.49	3/29
6	86	#Type!	#9 Montclair State	4:20.31	3/29
7	92	#Type!	#11 Arcadia	4:21.86	3/29
8		#Type!	#18 Delaware Valley	4:31.72	3/29
9		Anya Sadowski, Taylor Enes, Kate Cen, Gianna Adamo	#6 Stevens	4:37.93	3/22
10		Sydney Marshall, Deleon Foster, A'maya Stanard, Evelyn Macias	#22 Rutgers-Camden	4:40.12	3/22

## Women's High Jump

1	2	Caroline TIGHE	SR	#6 Stevens	1.66m	5-5¼	3/29
2	15	Trelstad T	SR	#4 Swarthmore	1.60m	5-3	3/15
3	52	Allie CANCIANI	SR	#6 Stevens {2}	1.55m	5-1	3/29
3	52	Maggie PREVIGLIAN	JR	#6 Stevens {2}	1.55m	5-1	3/29
3	52	Ali HAEFELE	JR	#3 Moravian	1.55m	5-1	3/29
6	78	Kaitlyn VERVER	SR	#2 Stockton	1.54m	5-½	3/29
6	78	Sarah SCEPKOWSKI	JR	#1 TCNJ	1.54m	5-½	3/29
8	86	Tonna OGINA	JR	#17 New Jersey City	1.53m	5-¼	3/29
8	86	Mazzy CIRINELLI	JR	#12 Drew	1.53m	5-¼	3/29
10	100	Lindsay HAND	SO	#2 Stockton {2}	1.52m	4-11¾	3/22
10	100	Brooke SIGNORELLA	FR	#7 DeSales	1.52m	4-11¾	3/22

## Women's Pole Vault

1	72	Eva MORRISON	JR	#2 Stockton	3.20m	10-6	3/22
1	72	Sydney RICK	FR	#2 Stockton	3.20m	10-6	3/22
3		Maya SCANNELL	SO	#1 TCNJ	3.05m	10-0	3/29
3		Alyson GOLDBACHER	FR	#4 Swarthmore	3.05m	10-0	3/29
3		Juniper BAUROTH-SHERMAN	JR	#15 Ursinus	3.05m	10-0	3/29
3		Alexis MEROLA	JR	#6 Stevens	3.05m	10-0	3/29
7		Mia BOMPENSA	FR	#15 Ursinus {2}	2.90m	9-6¼	3/29
7		Emma MELE	SR	#7 DeSales	2.90m	9-6¼	3/22
9		Grace SIMPSON	FR	#2 Stockton {3}	2.75m	9-¼	3/22
9		Beatrice DAVERSO	FR	#20 Kean	2.75m	9-¼	3/29



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as of 4/1/2025 7:52:53 AM ET

## Women's Long Jump

1	<b>12</b>	Kayla ROBINSON	SO	#8 Widener	<b>5.65m</b>	18-6½ (0.0)	<b>3/29</b>
2	<b>23</b>	Sage HENDERSHOT	SO	#12 Drew	<b>5.49m</b>	18-¼ (-1.2)	<b>3/29</b>
3	<b>31</b>	Samantha WECHSLER	SO	#15 Ursinus	<b>5.40m</b>	17-8¾ (0.0)	<b>3/29</b>
4	<b>47</b>	Brooke SIGMORELLA	FR	#7 DeSales	<b>5.29m</b>	17-4¼ (0.0)	<b>3/29</b>
5	<b>70</b>	Emily BARLAM	FR	#15 Ursinus	{2} <b>5.20m</b>	17-¾ (0.0)	<b>3/29</b>
6	<b>74</b>	Tonna OGINA	JR	#17 New Jersey City	<b>5.19m</b>	17-½ (0.3)	<b>3/29</b>
7	<b>88</b>	Lauryn BROWN	FR	#12 Drew	{2} <b>5.16m</b>	16-11¼ (-1.)	<b>3/29</b>
8		Catherine CRAMPTON	SO	#7 DeSales	{2} <b>5.06m</b>	16-7¼ (0.0)	<b>3/29</b>
9		Emma RIBEIRO	FR	#7 DeSales	{3} <b>5.05m</b>	16-7 (0.0)	<b>3/29</b>
9		Niki MATTHEWS	JR	#16 Muhlenberg	<b>5.05mw</b>	16-7 (2.5)	<b>3/30</b>

## Women's Triple Jump

1	<b>2</b>	Kayla ROBINSON	SO	#8 Widener	<b>12.05m</b>	39-6½ (0.0)	<b>3/29</b>
2	<b>18</b>	Mia FLEMING	SO	#11 Arcadia	<b>11.39m</b>	37-4½ (0.0)	<b>3/29</b>
3	<b>30</b>	Shanice WILLIAMS	JR	#16 Muhlenberg	<b>11.14mw</b>	36-6¾ (2.5)	<b>3/30</b>
4	<b>40</b>	Ali HAEFELE	JR	#3 Moravian	<b>10.99m</b>	36-¾ (0.0)	<b>3/29</b>
5	<b>47</b>	Brooke VALAN	SR	#1 TCNJ	<b>10.92mw</b>	35-10 (2.6)	<b>3/29</b>
6	<b>52</b>	Julia ACEVEDO	SR	#9 Montclair State	<b>10.88m</b>	35-8½ (-2.2)	<b>3/29</b>
7	<b>59</b>	Brooke SIGMORELLA	FR	#7 DeSales	<b>10.84m</b>	35-6¾ (0.0)	<b>3/29</b>
8	<b>61</b>	Lauryn BROWN	FR	#12 Drew	<b>10.83m</b>	35-6½ (-1.8)	<b>3/29</b>
9	<b>90</b>	Emma PETROLIA	JR	#2 Stockton	<b>10.57m</b>	34-8¼ (0.1)	<b>3/29</b>
10		Catherine CRAMPTON	SO	#7 DeSales	{2} <b>10.49m</b>	34-5 (0.0)	3/22

## Women's Shot Put

1	<b>50</b>	Savana DODD	SO	#10 Eastern (Pa.)	<b>12.08m</b>	39-7¾	3/22
2	<b>55</b>	Lee BICKFORD	SR	#4 Swarthmore	<b>12.02m</b>	39-5¼	3/23
3	<b>72</b>	Fejro AKIRI	SR	#21 Rutgers-Newark	<b>11.86m</b>	38-11	<b>3/29</b>
4	<b>80</b>	Tate GARCIA	JR	#4 Swarthmore	{2} <b>11.77m</b>	38-7½	<b>3/29</b>
5	<b>86</b>	Donya BAXTER	JR	#11 Arcadia	<b>11.71m</b>	38-5	3/23
6		Margie RAYNE	JR	#3 Moravian	<b>11.58m</b>	38-0	<b>3/29</b>
7		Kerri MCCARTHY	SR	#1 TCNJ	<b>11.54m</b>	37-10½	<b>3/29</b>
8		Sarah WILCHER	JR	#13 Haverford	<b>11.46m</b>	37-7¼	<b>3/29</b>
9		Allison LAVIN	SO	#1 TCNJ	{2} <b>11.42m</b>	37-5¾	<b>3/29</b>
10		Jess BENTLEY	SO	#2 Stockton	<b>11.32m</b>	37-1¾	<b>3/29</b>

## Women's Discus

1	<b>32</b>	Tate GARCIA	JR	#4 Swarthmore	<b>40.48m</b>	132-10	<b>3/29</b>
2	<b>33</b>	Lydia MORRIS-KLIMENT	SO	#4 Swarthmore	{2} <b>40.38m</b>	132-6	<b>3/29</b>
3	<b>37</b>	Margie RAYNE	JR	#3 Moravian	<b>40.10m</b>	131-7	<b>3/29</b>
4	<b>43</b>	Michaela POMATTO	JR	#2 Stockton	<b>39.59m</b>	129-11	3/22
5	<b>65</b>	Kelly STEPHEN	FR	#16 Muhlenberg	<b>37.62m</b>	123-5	<b>3/30</b>
6	<b>87</b>	Ashley MULIAWAN	SR	#6 Stevens	<b>36.41m</b>	119-6	3/22
7	<b>97</b>	Sadie FENSTERMAKER	FR	#7 DeSales	<b>36.11m</b>	118-6	3/22
8		Caillie FISH	SR	#3 Moravian	{2} <b>35.86m</b>	117-8	<b>3/29</b>
9		Donya BAXTER	JR	#11 Arcadia	<b>35.78m</b>	117-5	3/23
10		Anacarolina VENTURA	SO	#6 Stevens	{2} <b>35.69m</b>	117-1	<b>3/29</b>

## Women's Hammer

1	<b>8</b>	Jessica REILLY	SR	#1 TCNJ	<b>51.28m</b>	168-3	<b>3/29</b>
2	<b>15</b>	Isabel RODRIGUEZ	JR	#8 Widener	<b>49.22m</b>	161-6	<b>3/29</b>
3	<b>25</b>	Kerri MCCARTHY	SR	#1 TCNJ	{2} <b>47.96m</b>	157-4	<b>3/29</b>
4	<b>50</b>	Isabella FREDIA	SR	#2 Stockton	<b>45.25m</b>	148-6	3/22
5	<b>67</b>	Elizabeth AGYEI	SR	#4 Swarthmore	<b>44.19m</b>	145-0	<b>3/29</b>
6	<b>76</b>	Caillie FISH	SR	#3 Moravian	<b>43.51m</b>	142-9	<b>3/29</b>
7	<b>81</b>	Kara VASHEY	JR	#3 Moravian	{2} <b>43.25m</b>	141-11	<b>3/29</b>
8		Fejro AKIRI	SR	#21 Rutgers-Newark	<b>42.22m</b>	138-6	<b>3/29</b>
9		Liz MISKOVSKY	SR	#3 Moravian	{3} <b>41.59m</b>	136-6	<b>3/29</b>
10		Ashley MULIAWAN	SR	#6 Stevens	<b>41.44m</b>	136-0	3/22

## Women's Javelin

1	<b>14</b>	Diamond EADDY	SO	#5 Rowan	<b>38.34m</b>	125-10	<b>3/29</b>
2	<b>31</b>	Trelstad T	SR	#4 Swarthmore	<b>36.95m</b>	121-3	3/15
3	<b>95</b>	Abby MCCLASKEY	SR	#3 Moravian	<b>34.01m</b>	111-7	<b>3/29</b>
4	<b>97</b>	Becca CAIRD	FR	#3 Moravian	{2} <b>33.93m</b>	111-4	<b>3/29</b>
5	100	Ruby CROWELL	SO	#20 Kean	<b>33.84m</b>	111-0	3/22
6		Dimitra KOSSIS	SR	#5 Rowan	{2} <b>33.62m</b>	110-4	<b>3/29</b>
7		Lily LORIO	SR	#1 TCNJ	<b>33.58m</b>	110-2	<b>3/29</b>
8		Hannah SWALE	JR	#4 Swarthmore	{2} <b>33.57m</b>	110-2	3/15
9		Kayla FRANKLIN	JR	#22 Rutgers-Camden	<b>31.49m</b>	103-4	3/22
10		Annalise STEPHENS	SR	#1 TCNJ	{2} <b>31.14m</b>	102-2	<b>3/29</b>



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## Mid-Atlantic

as of 4/1/2025 7:52:54 AM ET

### Women's 100 Meters

1	22	Jocelyn SMITH	SO	#5 Scranton	12.13w	(3.0)	3/29
2	27	Erin OLSAVSKY	JR	#6 Dickinson	12.19w	(3.0)	3/29
3	60	Karia FORVIL	JR	#4 Salisbury	12.36	(-0.7)	3/29
4	75	Ellie LEWIS	SO	#1 Johns Hopkins	12.43	(0.3)	3/29
5		Olivia BARBACCI	JR	#12 Juniata	12.55w	(3.0)	3/29
6		Kiara WHITE	FR	#7 Grove City	12.65	(-1.9)	3/29
7		Marlyse HAACK	JR	#4 Salisbury	{2}12.68	(-0.1)	3/8
8		Nancy NYADONGO	FR	#15 Goucher	12.70	(-1.2)	3/29
9		Molly WAGNER	SR	#24 Carlow (Pa.)	12.72	(-2.0)	3/29
10		Halle JENNETT	SR	#17 Messiah	12.73	(-0.2)	3/29

### Women's 100 Meter Hurdles

1	1	Chloe YODER	SR	#10 Susquehanna	14.05w	(2.7)	3/29
2	23	Hannah ALDERFER	SR	#10 Susquehanna	{2}15.03w	(2.7)	3/29
3	26	Lauren DUNNIGAN	SO	#20 Franklin & Marsh	15.09	(1.2)	3/23
4	31	Leah BIWOTT	SR	#6 Dickinson	15.29	(1.2)	3/23
5	42	Victoria ZULTEVICZ	SR	#8 King's College (P	15.37	(-0.7)	3/29
6	47	Cara DOYLE	FR	#9 Misericordia	15.42	(-0.1)	3/29
7	53	Claudia OUMET	FR	#1 Johns Hopkins	15.45	(1.6)	3/29
8	68	Kate BENDALL	SO	#13 Elizabethtown	15.66	(1.6)	3/29
9	70	Molly WHITE	JR	#5 Scranton	15.67	(0.9)	3/29
10	83	Brooke HAMER	SO	#4 Salisbury	15.79	(1.1)	3/15

### Women's 200 Meters

1	33	Jocelyn SMITH	SO	#5 Scranton	25.03w	(3.4)	3/29
2	37	Nancy NYADONGO	FR	#15 Goucher	25.13	(-0.6)	3/29
3	57	Samantha SHARROW	JR	#5 Scranton	{2}25.35w	(3.4)	3/29
4	68	Karia FORVIL	JR	#4 Salisbury	25.48	(-2.0)	3/29
5	76	Olivia BARBACCI	JR	#12 Juniata	25.52w	(3.4)	3/29
6	87	Kiara WHITE	FR	#7 Grove City	25.62	(0.0)	3/29
7	98	Mirra KLIMOV	JR	#1 Johns Hopkins	25.80	(0.0)	3/29
8		Aurielle BRUNNER	SR	#21 Chatham	26.04	(-1.1)	3/29
9		Chloe YODER	SR	#10 Susquehanna	26.08w	(3.4)	3/29
9		Ava MATTER	FR	#3 Lebanon Valley	26.08	(-1.1)	3/29

### Women's 400 Meters

1	48	Jenna ZENDRON	SO	#11 Westminster (Pa	58.85		3/15
2	51	Madison BROWN	SR	#6 Dickinson	58.92		3/23
3	59	Ava BUTCHER	SO	#8 King's College (P	59.16		3/29
4	64	Payton MANN	SR	#14 York (Pa.)	59.29		3/29
5	87	Nadine LAUFFER	FR	#7 Grove City	59.80		3/29
6		Miranda CINCOTTA	JR	#18 Saint Vincent	1:00.28		3/22
7		Emma SMYSER	FR	#4 Salisbury	1:00.60		3/8
8		Ella RISHELL	SO	#23 Waynesburg	1:00.75		3/29
9		Terrica THORNTON-FILLYAW	FR	#15 Goucher	1:00.93		3/29
10		Keziah BOYCE	JR	#14 York (Pa.)	{2}1:01.08		3/29

### Women's 400 Meter Hurdles

1	19	Payton MANN	SR	#14 York (Pa.)	1:04.83		3/29
2	25	Lianne SAUSSY	JR	#1 Johns Hopkins	1:05.58		3/29
3	28	Olivia BARBACCI	JR	#12 Juniata	1:05.70		3/22
4	34	Cara DOYLE	FR	#9 Misericordia	1:05.95		3/29
5	48	Lillian BOUDREAU	JR	#19 Gettysburg	1:06.85		3/23
6	52	Clara BENNER	JR	#17 Messiah	1:07.07		3/29
7	54	Abigail REED	SO	#3 Lebanon Valley	1:07.09		3/29
8	62	Brooke HAMER	SO	#4 Salisbury	1:07.38		3/15
9	91	Mikayla MITCHELL	SO	#3 Lebanon Valley	{2}1:08.66		3/29
10	97	Kirsten NAVICH	FR	#13 Elizabethtown	1:08.82		3/29

### Women's 800 Meters

1	1	Annie HUANG	SR	#1 Johns Hopkins	2:08.63		3/29
2	8	Emma KOTHARI	JR	#1 Johns Hopkins	{2}2:12.86		3/29
3	37	Diana VALENTINI	SO	#1 Johns Hopkins	{3}2:17.61		3/29
4	39	Grace MORNINGSTAR	SO	#9 Misericordia	2:17.64		3/29
5	45	Autumn GARGES	JR	#3 Lebanon Valley	2:17.88		3/29
6	55	Cayla LAWRENCE	SO	#7 Grove City	2:18.75		3/29
7	57	Amaiah MCINTOSH	SR	#1 Johns Hopkins	{4}2:18.84		3/29
8	72	Emily ROSKOWSKI	FR	#1 Johns Hopkins	{5}2:19.77		3/29
9	81	Amiyah PRIEBE	SR	#6 Dickinson	2:20.37		3/29
10	85	Emma HORSLEY	FR	#2 Carnegie Mellon	2:20.52		3/29

### Women's 1500 Meters

1	9	Mackenzie SETTON	JR	#1 Johns Hopkins	4:34.19		3/29
2	10	Adriana CATALANO	JR	#1 Johns Hopkins	{2}4:34.62		3/29
3	17	Tanise THORNTON-FILLYAW	JR	#15 Goucher	4:38.30		3/29
4	31	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins	{3}4:40.64		3/29
5	32	Carter BROTHERTON	FR	#1 Johns Hopkins	{4}4:40.81		3/29
6	36	Elena BLODNIKAR	FR	#1 Johns Hopkins	{5}4:41.51		3/29
7	39	Madison KAMMER	JR	#9 Misericordia	4:42.25		3/29
8	40	Aisling CALLAHAN	JR	#1 Johns Hopkins	{6}4:42.83		3/29
9	47	Margaret Ann HEALY	JR	#2 Carnegie Mellon	4:43.84		3/29
10	50	Miranda CINCOTTA	JR	#18 Saint Vincent	4:44.48		3/29

### Women's Steeplechase

1	8	Grace SMITH	SR	#7 Grove City	10:55.83		3/29
2	21	Samantha HOFFMANN	SR	#5 Scranton	11:18.72		3/29
3	23	Amiyah PRIEBE	SR	#6 Dickinson	11:20.35		3/23
4	27	Ella LYLE	SR	#7 Grove City	{2}11:23.23		3/29
5	31	Katie SCOTT	SO	#20 Franklin & Marsh	11:27.69		3/23
6	37	Francesca PROTO	SR	#19 Gettysburg	11:34.62		3/23
7	50	Lindsay FRY	SR	#14 York (Pa.)	11:44.10		3/29
8	62	Julianna LINDBERG	FR	#7 Grove City	{3}11:54.75		3/29
9	72	Callie GORMAN	SO	#5 Scranton	{2}12:00.91		3/29
10	75	Breanna FRANCHAK	SO	#6 Dickinson	{2}12:02.43		3/23



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### Women's 5000 Meters

1	<b>4</b>	Lydia BENNETT	SR	#7 Grove City	<b>16:56.35</b>	<b>3/29</b>
2	<b>16</b>	Maya DUCKER	SO	#2 Carnegie Mellon	<b>17:26.58</b>	<b>3/29</b>
3	<b>17</b>	Grace GALLAGHER	JR	#9 Misericordia	<b>17:27.09</b>	<b>3/29</b>
4	<b>20</b>	Claire ANDERSON	JR	Washington & Je	<b>17:29.00</b>	<b>3/29</b>
5	<b>28</b>	Brianna WAGNER	SR	#9 Misericordia {2}	<b>17:34.97</b>	3/22
6	<b>30</b>	Kyrianna NEMITZ	SO	#3 Lebanon Valley	<b>17:35.42</b>	<b>3/29</b>
7	<b>32</b>	Carmen MEDVIT	JR	#16 Geneva	<b>17:37.48</b>	3/15
8	<b>54</b>	Gabrielle THIRY	FR	#19 Gettysburg	<b>17:53.93</b>	3/23
9	<b>55</b>	Ananya DEVPURA	SO	#2 Carnegie Mellon {2}	<b>17:54.50</b>	<b>3/29</b>
10	<b>60</b>	Grace NEUBERT	FR	#18 Saint Vincent	<b>17:56.39</b>	3/22

### Women's 10,000 Meters

1	<b>26</b>	Coyla BARTHOLOMEW	JR	#3 Lebanon Valley	<b>37:24.84</b>	<b>3/29</b>
2	<b>33</b>	Anna BODMER	SO	#4 Salisbury	<b>37:36.28</b>	3/15
3	<b>41</b>	Kristen PRINCE	JR	#18 Saint Vincent	<b>38:23.81</b>	3/22
4	<b>49</b>	Ella SWAYNE	SO	#17 Messiah	<b>38:47.44</b>	<b>3/29</b>
5	<b>69</b>	Madi SISSON	JR	#4 Salisbury {2}	<b>39:43.09</b>	3/15
6	<b>70</b>	Rachel ULRICH	JR	#9 Misericordia	<b>39:46.23</b>	3/22
7	100	Charlee KURTZ	SO	#3 Lebanon Valley {2}	<b>40:30.06</b>	<b>3/29</b>
8		Christine WAGNER	FR	#3 Lebanon Valley {3}	<b>40:52.55</b>	<b>3/29</b>
9		Sophia BOSTWICK	SO	#10 Susquehanna	<b>41:20.00</b>	<b>3/29</b>
10		Audrey MCALISTER	FR	#16 Geneva	<b>41:29.77</b>	3/15

### Women's 4x100 Relay

1	<b>17</b>	Mirra Klimov, Lianne Saussy, Anna Zinsser, Ellie Lewis	#1 Johns Hopkins	<b>48.00</b>	<b>3/29</b>
2	<b>22</b>	Wendy De La Cruz Garcia, Kaia Grantham, Jocelyn Smith, Samantha Sharrow	#5 Scranton	<b>48.30</b>	<b>3/29</b>
3	<b>27</b>	Marlyse Haack, Lilly Williams, Emma Christman, Karia Forvil	#4 Salisbury	<b>48.60</b>	<b>3/29</b>
4	<b>39</b>	Carolyn Colteryahn, Nadine Lauffer, Rebecca Vezzosi, Kiara White	#7 Grove City	<b>49.02</b>	<b>3/29</b>
5	<b>82</b>	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#24 Carlow (Pa.)	<b>50.87</b>	<b>3/29</b>
6	<b>85</b>	Sophie Shadle, Kate Bendall, Melissa Patton, Caleigh Bold	#13 Elizabethtown	<b>50.92</b>	<b>3/29</b>
7	<b>87</b>	Breanne Spencer, Olivia Barbacci, Gracie French, Ashley Alfree	#12 Juniata	<b>50.93</b>	3/22
8	<b>89</b>	Annie Leder, Emily Chaine, Lillian Cusa, Maddie Kyle	#6 Dickinson	<b>51.13</b>	3/23
9	<b>99</b>	Iniyaa Mohanraj, Catherine Stava, Jocelyn Kiefel, Zoe King	#2 Carnegie Mellon	<b>51.55</b>	3/22
10		Chay'La Rivers, Oluwadamilola Akinsanya, Saffiyah Gibson, Rocksann Smith	#22 St. Mary's (Md.)	<b>52.08</b>	<b>3/29</b>



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## Women's 4x400 Relay

1	16	Emma Kothari, Diana Valentini, Lianne Saussy, Ryan Bigelow	#1 Johns Hopkins	3:59.93	3/29
2	20	Tasia Miniotis, Olivia Miller, Kelsey Myler, Jocelyn Smith	#5 Scranton	4:01.80	3/29
3	24	Lilly Williams, Marlyse Haack, Karia Forvil, Emma Smyser	#4 Salisbury	4:03.36	3/15
4	48	Jiahui Tang, Rhythm Satav, Estee Teo, Catherine Stava	#2 Carnegie Mellon	4:09.13	3/29
5	49	Hannah Alderfer, Ashley Newman, Denicia German, Liza Levin	#10 Susquehanna	4:09.35	3/29
6	52	Emily Krevey, Mary Grasso, Cara Doyle, Grace Morningstar	#9 Misericordia	4:10.09	3/22
7	54	Madison Brown, Abbe Kitchin, Lily Swain, Emily Chaine	#6 Dickinson	4:10.33	3/23
8	59	Camryn Rogers, Theresa Ditri, Bella Yardeni, Lillian Boudreau	#19 Gettysburg	4:11.69	3/23
9	63	Jackie Bryant, Olivia Barbacci, Gracie French, Camille McRoberts	#12 Juniata	4:13.07	3/22
10	79	Sophie Shadle, Melissa Patton, Liliana Zimmerman, Caleigh Bold	#13 Elizabethtown	4:16.98	3/29

## Women's High Jump

1	8	Breannnda DAVIS	SR #11 Westminster (Pa)	1.63m	5-4¼	3/29
2	52	Sha'nia STIERS-ROYAL	SR Thiel	1.55m	5-1	3/22
2	52	Jaclyn DONOHO	JR #1 Johns Hopkins	1.55m	5-1	3/29
2	52	Melena KOUTCH	SR #3 Lebanon Valley	1.55m	5-1	3/29
2	52	Daphne ALEXANDER	SO #16 Geneva	1.55m	5-1	3/15
6	86	Elly BRUNER	SO #7 Grove City	1.53m	5-¼	3/29
6	86	Catalina HOWELLS	FR #2 Carnegie Mellon	1.53m	5-¼	3/29
6	86	Molly WHITE	JR #5 Scranton	1.53m	5-¼	3/29
9	100	Leah BIWOTT	SR #6 Dickinson	1.52m	4-11¾	3/23
10		Madison ARMITAGE	SR #8 King's College (P)	1.51m	4-11½	3/22

## Women's Pole Vault

1	4	Madison CONLEY	SR #11 Westminster (Pa)	3.86m	12-8	3/29
2	19	Hazel BUONOPANE	SO #2 Carnegie Mellon	3.51m	11-6¼	3/29
3	21	Hannah WITTER	SR #17 Messiah	3.50m	11-5¾	3/29
4	26	Olivia BARBACCI	JR #12 Juniata	3.45m	11-3¾	3/22
5	37	Ava BARNES	FR #2 Carnegie Mellon {2}	3.36m	11-¼	3/29
6	41	Aryanna PAULENA	FR #15 Goucher	3.35m	10-11¾	3/29
7	66	Kate STAMPER	SR #2 Carnegie Mellon {3}	3.21m	10-6¼	3/29
7	66	Hannah HERRMANN	FR #7 Grove City	3.21m	10-6¼	3/29
9	72	Rachel SNAVELY	JR #3 Lebanon Valley	3.20m	10-6	3/23
9	72	Emma SMYSER	FR #4 Salisbury	3.20m	10-6	3/8
9	72	Lily SWAIN	SR #6 Dickinson	3.20m	10-6	3/29

## Women's Long Jump

1	5	Samantha SHARROW	JR #5 Scranton	5.75m	18-10½ (-2)	3/29
2	6	Aurielle BRUNNER	SR #21 Chatham	5.71m	18-8¾ (0.0)	3/29
3	9	Hannah ALDERFER	SR #10 Susquehanna	5.66m	18-7 (0.0)	3/29
3	9	Annie LEDER	SR #6 Dickinson	5.66m	18-7 (-0.5)	3/29
5	20	Mia HILL	JR #4 Salisbury	5.57m	18-3¼ (-0.9)	3/29
6	32	Marlyse HAACK	JR #4 Salisbury {2}	5.39m	17-8¼ (0.9)	3/8
7	34	Chloe ZHANG	SO #1 Johns Hopkins	5.37m	17-7½ (1.0)	3/29
8	63	Emma CHRISTMAN	JR #4 Salisbury {3}	5.23m	17-2 (2.0)	3/15
9	92	Jocelyn KIEFEL	SR #2 Carnegie Mellon	5.15mw	16-10¾ (2.8)	3/22
10		Chloe GRADY	SO #3 Lebanon Valley	5.10m	16-8¾ (0.0)	3/29
10		Iniyaa MOHANRAJ	JR #2 Carnegie Mellon {2}	5.10m	16-8¾ (0.8)	3/29

## Women's Triple Jump

1	6	Sara BARTLETT	SR #1 Johns Hopkins	11.76m	38-7 (1.0)	3/29
2	8	Aurielle BRUNNER	SR #21 Chatham	11.71m	38-5 (0.0)	3/29
3	23	Aryanna PAULENA	FR #15 Goucher	11.29m	37-½ (0.0)	3/29
4	28	Emma CHRISTMAN	JR #4 Salisbury	11.17m	36-7¾ (-0.1)	3/29
5	31	Jocelyn KIEFEL	SR #2 Carnegie Mellon	11.13m	36-6¼ (-1.5)	3/29
6	37	Iniyaa MOHANRAJ	JR #2 Carnegie Mellon {2}	11.02m	36-2 (0.3)	3/29
7	42	Eva CARACHIOLO	FR #5 Scranton	10.95m	35-11¼ (0.0)	3/29
8	51	Marlyse HAACK	JR #4 Salisbury {2}	10.90m	35-9¼ (-0.1)	3/29
9	53	Kate BENDALL	SO #13 Elizabethtown	10.87m	35-8 (0.0)	3/29
10	92	Natasha MIHALKO	SR #9 Misericordia	10.53m	34-6¾ (0.0)	3/29

## Women's Shot Put

1	26	Erika EZUMBA	JR #1 Johns Hopkins	12.48m	40-11½	3/29
2	33	Brandy VARNER	JR #8 King's College (P)	12.43m	40-9½	3/22
3	44	Kathleen MONAHAN	JR #2 Carnegie Mellon	12.23m	40-1½	3/29
4	64	Shelby RAMBO	JR #11 Westminster (Pa)	11.93m	39-1¾	3/29
5	83	Lexi SHIDERLY	SR #11 Westminster (Pa){2}	11.73m	38-6	3/29
6		Mylea NEIDIG	SR #13 Elizabethtown	11.46m	37-7¼	3/29
7		Jillian ZUKLEY	SO #22 St. Mary's (Md.)	11.45m	37-6¾	3/22
8		Damien LABRADA	SO #6 Dickinson	11.38m	37-4	3/29
8		Martha WEAVER	SO Lancaster Bible	11.38m	37-4	3/23
10		Maggie CLAIR	FR #23 Waynesburg	11.35m	37-3	3/22





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### Women's Discus

1	<b>7</b>	Isabella COWGER	FR	#13 Elizabethtown	<b>43.57m</b>	143-0	3/29
2	<b>13</b>	Shelby RAMBO	JR	#11 Westminster (Pa)	<b>42.71m</b>	140-2	3/29
3	<b>18</b>	Brandy VARNER	JR	#8 King's College (P	<b>42.02m</b>	137-11	3/22
4	<b>50</b>	Aiyana ROCKWELL	SR	#2 Carnegie Mellon	<b>38.65m</b>	126-10	3/29
5	<b>59</b>	Sofia HARNOIS	JR	#14 York (Pa.)	<b>37.99m</b>	124-8	3/29
6	<b>64</b>	Kayla JOHNSON	JR	#21 Chatham	<b>37.65m</b>	123-6	3/29
7	<b>76</b>	Alyssa BETZ	SR	#3 Lebanon Valley	<b>36.90m</b>	121-1	3/29
8	<b>85</b>	Kellen IEVERS	FR	#1 Johns Hopkins	<b>36.43m</b>	119-6	3/29
9	<b>93</b>	Kathleen MONAHAN	JR	#2 Carnegie Mellon {2}	<b>36.31m</b>	119-2	3/29
10		Delaney HILFERTY	SR	#8 King's College (P{2}	<b>35.20m</b>	115-6	3/29

### Women's Hammer

1	<b>11</b>	Katelyn SHOEMAKER	JR	#8 King's College (P	<b>50.10m</b>	164-5	3/29
2	<b>22</b>	Caitlin KIRK	SO	#8 King's College (P{2}	<b>48.02m</b>	157-7	3/29
3	<b>29</b>	Erika EZUMBA	JR	#1 Johns Hopkins	<b>47.38m</b>	155-6	3/29
4	<b>35</b>	Alexis MAHAFFEY	SR	Bethany (W.Va.)	<b>46.35m</b>	152-1	3/29
5	<b>65</b>	Allison STANDISH	JR	#16 Geneva	<b>44.23m</b>	145-2	3/29
6	<b>69</b>	Phoebe WILLIAMS	JR	#1 Johns Hopkins {2}	<b>44.08m</b>	144-8	3/29
7	<b>75</b>	Anna BELLUCCI	SR	#8 King's College (P{3}	<b>43.56m</b>	142-11	3/29
8	<b>83</b>	Jenna DEEP	JR	#6 Dickinson	<b>43.22m</b>	141-10	3/29
9	<b>84</b>	Taileen ZECHMAN	SR	Hood	<b>43.16m</b>	141-7	3/22
10		Kathleen MONAHAN	JR	#2 Carnegie Mellon	<b>42.30m</b>	138-10	3/29

### Women's Javelin

1	<b>13</b>	Emma COOLIDGE	JR	#12 Juniata	<b>38.51m</b>	126-4	3/29
2	<b>25</b>	Kaitlyn SNYDER	JR	#3 Lebanon Valley	<b>37.14m</b>	121-10	3/29
3	<b>26</b>	Taileen ZECHMAN	SR	Hood	<b>37.12m</b>	121-10	3/29
4	<b>33</b>	Isabella LESKO	JR	#25 Alvernia	<b>36.84m</b>	120-11	3/29
5	<b>41</b>	Josephine CONNOLLY	FR	#3 Lebanon Valley {2}	<b>36.52m</b>	119-10	3/29
6	<b>49</b>	Rocksann SMITH	FR	#22 St. Mary's (Md.)	<b>35.98m</b>	118-1	3/22
7	<b>55</b>	Ainslee BINKLEY	JR	#10 Susquehanna	<b>35.58m</b>	116-9	3/29
8	<b>67</b>	Leah ZAMBETTI	JR	Marywood	<b>35.11m</b>	115-2	3/22
9	<b>69</b>	Natalie DOUBLE	SO	#23 Waynesburg	<b>34.95m</b>	114-8	3/29
10	<b>73</b>	Jolie WASSERMAN	SR	#2 Carnegie Mellon	<b>34.81m</b>	114-3	3/29

### Women's Heptathlon

1	<b>30</b>	Victoria LEAK	SO	#7 Grove City	<b>2,672</b>	3/29
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## Women's 100 Meters

1	<b>2</b>	Rachel ARTHUR	SR	<b>#1</b> Williams	<b>11.78w</b>	(2.8)	3/22
2	<b>60</b>	Alaina STONEBRAKER	JR	<b>#5</b> Coast Guard	<b>12.36</b>	(0.6)	<b>3/29</b>
3	<b>69</b>	Malia KLEIN	SR	<b>#1</b> Williams	{2} <b>12.41w</b>	(2.7)	3/22
4	<b>71</b>	Bella KING-HARVEY	SO	<b>#1</b> Williams	{3} <b>12.42</b>	(1.1)	3/22
5	<b>75</b>	Quiana PEZZA	FR	<b>#7</b> Rhode Island Col	<b>12.43w</b>	(3.0)	3/22
6	<b>82</b>	Ella SUKUP	JR	<b>#1</b> Williams	{4} <b>12.45w</b>	(2.1)	<b>3/28</b>
7	<b>87</b>	Katie BRUNO	JR	<b>#2</b> Middlebury	<b>12.47w</b>	(2.1)	3/15
8	<b>93</b>	Kelsey TARBY	SO	<b>#1</b> Williams	{5} <b>12.49w</b>	(2.1)	<b>3/28</b>
9	100	Juliette SULLIVAN	SO	<b>#16</b> Wesleyan (Conn.)	<b>12.54</b>	(1.0)	3/23
10		Blessing KIEH	FR	<b>#4</b> Connecticut Coll	<b>12.58</b>	(1.2)	<b>3/29</b>

## Women's 100 Meter Hurdles

1	<b>31</b>	Ziann FACEY	JR	<b>#1</b> Williams	<b>15.29</b>	(0.7)	<b>3/28</b>
2	<b>50</b>	Olivia LABELLE	FR	<b>#1</b> Williams	{2} <b>15.44</b>	(1.9)	<b>3/28</b>
3	<b>56</b>	Emma MILLS	SO	<b>#2</b> Middlebury	<b>15.49</b>	(0.9)	3/15
4	<b>57</b>	Cali LEONARD	SR	<b>#11</b> Hartford	<b>15.52</b>	(1.3)	<b>3/30</b>
5		Tamara GREENE	FR	<b>#11</b> Hartford	{2} <b>16.09</b>	(1.3)	<b>3/30</b>
5		Faye STEVENS	SR	<b>#6</b> Vassar	<b>16.09</b>	(1.9)	<b>3/29</b>
7		Arissa GRACE MCGOWAN	JR	<b>#3</b> Amherst	<b>16.15w</b>	(2.5)	<b>3/29</b>
8		Freja NIKLASSON	JR	<b>#6</b> Vassar	{2} <b>16.26</b>	(0.7)	<b>3/29</b>
9		Devin WHALEN	SO	<b>#8</b> Westfield State	<b>16.29</b>	(1.7)	3/23
10		Olivia STEELE	SR	<b>#3</b> Amherst	{2} <b>16.47</b>	(0.9)	<b>3/29</b>

## Women's 200 Meters

1	<b>8</b>	Rachel ARTHUR	SR	<b>#1</b> Williams	<b>24.65</b>	(-0.4)	<b>3/28</b>
2	<b>30</b>	Bella KING-HARVEY	SO	<b>#1</b> Williams	{2} <b>25.01</b>	(-0.8)	3/22
3	<b>43</b>	Alaina STONEBRAKER	JR	<b>#5</b> Coast Guard	<b>25.21</b>	(0.4)	<b>3/29</b>
4	<b>59</b>	Malia KLEIN	SR	<b>#1</b> Williams	{3} <b>25.36</b>	(-1.2)	<b>3/28</b>
5	<b>60</b>	Cate DONALDSON	SO	<b>#1</b> Williams	{4} <b>25.37</b>	(-0.2)	3/22
6	<b>74</b>	Ella SUKUP	JR	<b>#1</b> Williams	{5} <b>25.51w</b>	(2.2)	<b>3/28</b>
7	<b>77</b>	Maggie NICHOLS	FR	<b>#1</b> Williams	{6} <b>25.53</b>	(0.7)	<b>3/28</b>
8	<b>83</b>	Jillian STRYNAR	FR	<b>#15</b> Trinity (Conn.)	<b>25.59</b>	(0.8)	<b>3/30</b>
9	<b>85</b>	Katie BRUNO	JR	<b>#2</b> Middlebury	<b>25.60</b>	(0.7)	3/22
10	<b>95</b>	Juliette SULLIVAN	SO	<b>#16</b> Wesleyan (Conn.)	<b>25.70w</b>	(2.7)	<b>3/29</b>

## Women's 400 Meters

1	<b>1</b>	Bella KING-HARVEY	SO	<b>#1</b> Williams	<b>55.31</b>		<b>3/28</b>
2	<b>25</b>	Annika PALUSKA	FR	<b>#1</b> Williams	{2} <b>57.73</b>		3/22
3	<b>26</b>	Cate DONALDSON	SO	<b>#1</b> Williams	{3} <b>57.74</b>		3/22
4	<b>39</b>	Claire JENSEN	SO	<b>#1</b> Williams	{4} <b>58.45</b>		3/22
5	<b>40</b>	Mary ELLIOT	JR	<b>#2</b> Middlebury	<b>58.58</b>		3/22
6	<b>41</b>	Ella SUKUP	JR	<b>#1</b> Williams	{5} <b>58.59</b>		3/22
7	<b>43</b>	Anna KROUSE	SR	<b>#2</b> Middlebury	{2} <b>58.77</b>		3/22
8	<b>57</b>	Trinity HAYES	SR	<b>#7</b> Rhode Island Col	<b>59.13</b>		3/22
9	<b>63</b>	Eliza LEE	JR	<b>#8</b> Westfield State	<b>59.23</b>		3/23
10	<b>73</b>	Addie MORRISON	SR	<b>#2</b> Middlebury	{3} <b>59.42</b>		3/22

## Women's 400 Meter Hurdles

1	<b>35</b>	Anna MAZUR	SO	<b>#2</b> Middlebury	<b>1:05.97</b>		3/22
2	<b>44</b>	Tara JESSEN	JR	<b>#5</b> Coast Guard	<b>1:06.63</b>		<b>3/29</b>
3	<b>65</b>	Lia NAVON	FR	<b>#1</b> Williams	<b>1:07.57</b>		<b>3/28</b>
4		Alina NEWMAN	SO	<b>#4</b> Connecticut Coll	<b>1:09.54</b>		<b>3/29</b>
5		Cate KREUTZEN	JR	<b>#2</b> Middlebury	{2} <b>1:09.70</b>		3/15
6		Grace BALDWIN	SO	<b>#9</b> Roger Williams	<b>1:09.77</b>		<b>3/29</b>
7		Mads RABB	JR	<b>#3</b> Amherst	<b>1:10.10</b>		<b>3/29</b>
8		Greta VAUGHN	JR	<b>#1</b> Williams	{2} <b>1:10.16</b>		<b>3/28</b>
9		Janie MORGANROTH	JR	<b>#2</b> Middlebury	{3} <b>1:10.31</b>		3/15
10		Liz FREEMAN	JR	<b>#4</b> Connecticut Coll	{2} <b>1:10.96</b>		3/23

## Women's 800 Meters

1	<b>5</b>	Annika PALUSKA	FR	<b>#1</b> Williams	<b>2:11.49</b>		<b>3/28</b>
2	<b>14</b>	Alexa ESTES	JR	<b>#4</b> Connecticut Coll	<b>2:14.42</b>		<b>3/29</b>
3	<b>27</b>	Sophia WHITE	SR	<b>#5</b> Coast Guard	<b>2:16.49</b>		<b>3/29</b>
4	<b>36</b>	Caroline VANSCHAICK	SO	<b>#2</b> Middlebury	<b>2:17.60</b>		3/22
5	<b>47</b>	Kyleigh RECORD	FR	<b>#20</b> Union (N.Y.)	<b>2:18.05</b>		<b>3/30</b>
6	<b>93</b>	LK TUCKER	SO	<b>#4</b> Connecticut Coll	{2} <b>2:20.84</b>		<b>3/29</b>
7		Hannah EDWARDS	FR	<b>#5</b> Coast Guard	{2} <b>2:22.43</b>		<b>3/29</b>
8		April SCHILLING	SO	<b>#4</b> Connecticut Coll	{3} <b>2:23.51</b>		<b>3/29</b>
9		Hannah ADHIKARI	FR	<b>#3</b> Amherst	<b>2:24.09</b>		<b>3/29</b>
10		Cate KREUTZEN	JR	<b>#2</b> Middlebury	{2} <b>2:24.75</b>		3/22

## Women's 1500 Meters

1	<b>2</b>	Grace MCDONOUGH	JR	<b>#4</b> Connecticut Coll	<b>4:29.06</b>		<b>3/29</b>
2	<b>5</b>	Lily YAMPOLSKY	FR	<b>#1</b> Williams	<b>4:31.15</b>		<b>3/28</b>
3	<b>15</b>	Bea PARR	SR	<b>#2</b> Middlebury	<b>4:37.03</b>		3/22
4	<b>23</b>	Flora BIRO	FR	<b>#3</b> Amherst	<b>4:39.49</b>		<b>3/29</b>
5	<b>58</b>	Morgan EIGEL	SO	<b>#1</b> Williams	{2} <b>4:45.05</b>		3/22
6	<b>66</b>	Caroline VANSCHAICK	SO	<b>#2</b> Middlebury	{2} <b>4:45.95</b>		3/22
7	<b>69</b>	Norah READE	SO	<b>#6</b> Vassar	<b>4:46.18</b>		<b>3/29</b>
8	<b>87</b>	Piper LENTZ	JR	<b>#3</b> Amherst	{2} <b>4:47.73</b>		<b>3/29</b>
9	<b>93</b>	Kiera TALLAS	SO	<b>#4</b> Connecticut Coll	{2} <b>4:48.60</b>		<b>3/29</b>
10	<b>95</b>	Lizzie LOWE	FR	<b>#6</b> Vassar	{2} <b>4:49.18</b>		<b>3/29</b>

## Women's Steeplechase

1	<b>2</b>	Audrey MACLEAN	SO	<b>#2</b> Middlebury	<b>10:28.51</b>		3/22
2	<b>12</b>	Charlene PENG	SO	<b>#1</b> Williams	<b>11:02.40</b>		<b>3/28</b>
3	<b>35</b>	Shea FAJEN	FR	<b>#2</b> Middlebury	{2} <b>11:32.27</b>		3/22
4	<b>43</b>	Janie MORGANROTH	JR	<b>#2</b> Middlebury	{3} <b>11:40.37</b>		3/22
5	<b>51</b>	Adrienne CHRISTY	SO	<b>#2</b> Middlebury	{4} <b>11:45.60</b>		3/22
6	<b>55</b>	Clara GAHM	FR	<b>#1</b> Williams	{2} <b>11:47.42</b>		<b>3/28</b>
7	<b>66</b>	Stephanie RENOUF	SO	<b>#2</b> Middlebury	{5} <b>11:56.86</b>		3/22
8	<b>82</b>	Julianne KELLY	JR	<b>#8</b> Westfield State	<b>12:05.94</b>		<b>3/29</b>
9	<b>92</b>	Cate KREUTZEN	JR	<b>#2</b> Middlebury	{6} <b>12:16.67</b>		3/22
10		Mary LONERGAN	SO	<b>#4</b> Connecticut Coll	<b>12:21.88</b>		<b>3/29</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



Midwest

as of 4/1/2025 7:52:54 AM ET

## Women's 5000 Meters

1	<b>11</b>	Morgan EIGEL	SO	<b>#1 Williams</b>	<b>17:21.46</b>	<b>3/28</b>
2	<b>12</b>	Tamar BYL-BRANN	SO	<b>#1 Williams</b>	{2} <b>17:22.34</b>	<b>3/28</b>
3	<b>15</b>	Adelaide NYHAN	SO	<b>#6 Vassar</b>	<b>17:26.05</b>	<b>3/29</b>
4	<b>25</b>	Abby WILLIAMS	SO	<b>#4 Connecticut Coll</b>	<b>17:33.68</b>	<b>3/29</b>
5	<b>27</b>	Nora JOHNSON	SR	<b>#1 Williams</b>	{3} <b>17:34.50</b>	<b>3/28</b>
6	<b>31</b>	Nikki CHOPRA	SO	<b>#3 Amherst</b>	<b>17:36.99</b>	<b>3/29</b>
7	<b>33</b>	Nora HART	FR	<b>#3 Amherst</b>	{2} <b>17:37.90</b>	<b>3/29</b>
8	<b>36</b>	Abby FERNALD	JR	<b>#4 Connecticut Coll</b>	{2} <b>17:40.02</b>	<b>3/29</b>
9	<b>38</b>	Julia BRENNAN	SO	<b>#1 Williams</b>	{4} <b>17:41.56</b>	<b>3/28</b>
10	<b>44</b>	Haley OLIVER	JR	<b>#7 Rhode Island Col</b>	<b>17:45.90</b>	3/22

## Women's 10,000 Meters

1	<b>17</b>	Haley OLIVER	JR	<b>#7 Rhode Island Col</b>	<b>36:40.50</b>	<b>3/29</b>
2	<b>32</b>	Claire CALLON	SR	<b>#3 Amherst</b>	<b>37:35.79</b>	<b>3/29</b>
3	<b>54</b>	Cayley SWAIM	SO	<b>#6 Vassar</b>	<b>39:13.15</b>	<b>3/29</b>
4	<b>64</b>	Elizabeth GERBI	SR	<b>#14 Mount Holyoke</b>	<b>39:39.32</b>	3/23
5	<b>68</b>	Julianne KELLY	JR	<b>#8 Westfield State</b>	<b>39:43.03</b>	3/23
6	<b>76</b>	Daphne THEILER	JR	<b>#3 Amherst</b>	{2} <b>39:55.72</b>	<b>3/29</b>
7	<b>85</b>	Chloe BIBULA	FR	<b>#6 Vassar</b>	{2} <b>40:12.34</b>	<b>3/29</b>
8	<b>95</b>	Katie EARLE	JR	<b>#14 Mount Holyoke</b>	{2} <b>40:24.01</b>	<b>3/29</b>
9	<b>96</b>	Sarah WEST	JR	<b>#14 Mount Holyoke</b>	{3} <b>40:27.45</b>	<b>3/29</b>
10	<b>99</b>	Carly ALSTON	SR	<b>#10 Eastern Connect</b>	<b>40:29.80</b>	<b>3/29</b>

## Women's 4x100 Relay

1	<b>6</b>	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson	<b>#1 Williams</b>	<b>47.09</b>	<b>3/28</b>
2	<b>24</b>	Katie Bruno, Mackenzie Daggitt, Melissa White, Olive Lawrence	<b>#2 Middlebury</b>	<b>48.50</b>	3/15
3	<b>49</b>	Savannah Cece, Brooke Scott, Jenna Najjar, Jillian Strynar	<b>#15 Trinity (Conn.)</b>	<b>49.42</b>	<b>3/30</b>
4	<b>50</b>	Bendu Kamara, Trinity Hayes, Tayshia Cary, Quiana Pezza	<b>#7 Rhode Island Col</b>	<b>49.44</b>	3/22
5	<b>63</b>	Devin Whalen, Eliza Lee, Jailene Felix, Delaney Parker	<b>#8 Westfield State</b>	<b>50.24</b>	3/23
5	<b>63</b>	Blessing Kieh, Emmy Castano, Kailin Fuller, Abby Ilusorio	<b>#4 Connecticut Coll</b>	<b>50.24</b>	<b>3/29</b>
7		Amanda Walsh, Natalie Reid, Karsyn Medeiros, Mya D'Antonio	<b>#9 Roger Williams</b>	<b>52.60</b>	<b>3/29</b>
8		Jasmine Charlery, Saige Kirkland, Belen Bolognani, Laci Davis	<b>#10 Eastern Connect</b>	<b>52.87</b>	<b>3/29</b>
9		Angelina Regels, Jocelyn Howell, Sophia Molfetto, Olivia Tacconi	<b>#17 Salve Regina</b>	<b>53.49</b>	<b>3/29</b>
10		Aiden Levesque, Gabrielle Minuti, Imani Brown-Taylor, Kayla Kyles	<b>#21 Western New En</b>	<b>56.32</b>	<b>3/29</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



Mideast

as of 4/1/2025 7:52:54 AM ET

## Women's 4x400 Relay

1	<b>2</b>	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King- Harvey	<b>#1 Williams</b>	<b>3:44.80</b>	<b>3/28</b>
2	<b>18</b>	Anna Krouse, Addie Morrison, Annabel Cloney, Mary Elliot	<b>#2 Middlebury</b>	<b>4:00.92</b>	3/22
3	<b>40</b>	#Type!	<b>#4 Connecticut Coll</b>	<b>4:08.16</b>	<b>3/29</b>
4	<b>71</b>	#Type!	<b>#6 Vassar</b>	<b>4:14.68</b>	<b>3/29</b>
5	<b>75</b>	Madison Mulas, Julia Brillo, Taylor Gibson, Natalia Marchand	<b>#13 Springfield (Mas:</b>	<b>4:16.35</b>	<b>3/29</b>
6	<b>84</b>	Ava Dubois, Paige Orr, Elizabeth Harris, Jenna Najjar	<b>#15 Trinity (Conn.)</b>	<b>4:18.73</b>	<b>3/30</b>
7		Adeline Cook, Tabitha DiDonato, Gabiella Sitzer, Grace Baldwin	<b>#9 Roger Williams</b>	<b>4:23.60</b>	3/23
8		Haley Robertson, Emely Melendez, Saige Kirkland, Ashley Gentile	<b>#10 Eastern Connect</b>	<b>4:23.68</b>	<b>3/29</b>
9		Lena Baker, Shams Ferver, Sofia Jurusz, Pria Parker	<b>#18 Smith</b>	<b>4:25.49</b>	<b>3/29</b>
10		Amelia King, Ella Stephenson, Lauren Duffy, Elizabeth White	<b>#11 Hartford</b>	<b>4:44.00</b>	<b>3/30</b>

## Women's High Jump

1	<b>4</b>	Amelie JAMANKA	JR	<b>#1 Williams</b>	<b>1.65m</b>	5-5	<b>3/28</b>
2	<b>52</b>	Jordan MURPHY	SO	<b>#11 Hartford</b>	<b>1.55m</b>	5-1	<b>3/30</b>
3		Alexandra BIRYUKOV	FR	<b>#9 Roger Williams</b>	<b>1.51m</b>	4-11½	<b>3/29</b>
4		Gabiella GERIG	SO	<b>#2 Middlebury</b>	<b>1.50m</b>	4-11	3/15
4		Gabrienne CHERY	SO	<b>#15 Trinity (Conn.)</b>	<b>1.50m</b>	4-11	<b>3/30</b>
6		Tooni OLALAYE	SO	<b>#12 RPI</b>	<b>1.48m</b>	4-10¼	3/23
7		Leah SMITH	SO	<b>#3 Amherst</b>	<b>1.47m</b>	4-9¾	<b>3/29</b>
8		Valenah MAHABAL	FR	<b>#19 Johnson &amp; Wales</b>	<b>1.46m</b>	4-9½	<b>3/29</b>
8		Angelina TACCOGNA	FR	<b>#10 Eastern Connect</b>	<b>1.46m</b>	4-9½	<b>3/29</b>
10		Emily OTTOMANIELLO	JR	<b>#8 Westfield State</b>	<b>1.43m</b>	4-8¾	3/23

## Women's Pole Vault

1	<b>6</b>	Ellie FITZGERALD	JR	<b>#1 Williams</b>	<b>3.82m</b>	12-6¼	3/22
2	<b>11</b>	Jae YU	SR	<b>#1 Williams</b>	<b>{2}3.75m</b>	12-3½	<b>3/28</b>
3	<b>12</b>	Natasha FRISCH	JR	<b>#10 Eastern Connect</b>	<b>3.72m</b>	12-2½	<b>3/29</b>
4	<b>13</b>	Poppy MILLER	SR	<b>#1 Williams</b>	<b>{3}3.60m</b>	11-9¾	<b>3/28</b>
5	<b>17</b>	Zoe WANG	SR	<b>#2 Middlebury</b>	<b>3.53m</b>	11-7	3/22
6	<b>61</b>	Ella SMITH	SR	<b>#13 Springfield (Mas:</b>	<b>3.25m</b>	10-8	<b>3/29</b>
7	<b>96</b>	Gracie MATTALIANO	SR	<b>#4 Connecticut Coll</b>	<b>3.10m</b>	10-2	3/23
7	<b>96</b>	Fiona CARROLL	SR	<b>#16 Wesleyan (Conn.</b>	<b>3.10m</b>	10-2	<b>3/29</b>
7	<b>96</b>	Mia KJAER	SO	<b>#16 Wesleyan (Conn.</b>	<b>3.10m</b>	10-2	<b>3/29</b>
10	100	Mollie BRINKER	JR	<b>#5 Coast Guard</b>	<b>3.06m</b>	10-½	<b>3/29</b>

## Women's Long Jump

1	<b>13</b>	Kelsey TARBY	SO	<b>#1 Williams</b>	<b>5.62m</b>	18-5¼ (0.5)	3/22
2	<b>22</b>	Eliza LEE	JR	<b>#8 Westfield State</b>	<b>5.51m</b>	18-1 (0.0)	3/23
3	<b>27</b>	Mackenzie DAGGITT	SR	<b>#2 Middlebury</b>	<b>5.44m</b>	17-10¼ (1.5)	3/22
4	<b>46</b>	Mireya KING	FR	<b>#1 Williams</b>	<b>{2}5.30m</b>	17-4¾ (1.3)	3/22
5	<b>47</b>	Quiana PEZZA	FR	<b>#7 Rhode Island Col</b>	<b>5.29m</b>	17-4¼ (0.9)	3/22
6	<b>92</b>	Kaylee WRIGHT	JR	<b>#5 Coast Guard</b>	<b>5.15m</b>	16-10¾ (0.0)	<b>3/29</b>
7		Laci DAVIS	SO	<b>#10 Eastern Connect</b>	<b>5.07m</b>	16-7¾ (1.3)	<b>3/29</b>
8		Sophia FORD	FR	<b>#3 Amherst</b>	<b>4.94m</b>	16-2½ (0.0)	<b>3/29</b>
8		Gabriella GERIG	SO	<b>#2 Middlebury</b>	<b>{2}4.94m</b>	16-2½ (1.3)	3/22
10		Givanni PERRY	FR	<b>#10 Eastern Connect</b>	<b>{2}4.91m</b>	16-1½ (0.0)	<b>3/29</b>

## Women's Triple Jump

1	<b>8</b>	Rafaela DELGADO	FR	<b>#1 Williams</b>	<b>11.71m</b>	38-5 (0.0)	<b>3/28</b>
2	<b>17</b>	Eliza LEE	JR	<b>#8 Westfield State</b>	<b>11.42mw</b>	37-5¾ (2.1)	3/23
3	<b>26</b>	Ioanna TSONI	SO	<b>#14 Mount Holyoke</b>	<b>11.28mw</b>	37-¼ (2.5)	3/23
4	<b>47</b>	Mireya KING	FR	<b>#1 Williams</b>	<b>{2}10.92m</b>	35-10 (0.0)	<b>3/28</b>
5	<b>79</b>	Quiana PEZZA	FR	<b>#7 Rhode Island Col</b>	<b>10.67mw</b>	35-¼ (2.7)	3/22
6	<b>83</b>	Maddie GREENE	SR	<b>#5 Coast Guard</b>	<b>10.63m</b>	34-10½ (2.0)	<b>3/29</b>
7	<b>90</b>	Laci DAVIS	SO	<b>#10 Eastern Connect</b>	<b>10.57m</b>	34-8¼ (0.0)	<b>3/29</b>
8		Jamie EU	JR	<b>#6 Vassar</b>	<b>10.40m</b>	34-1½ (-0.5)	<b>3/29</b>
9		Gabriella GERIG	SO	<b>#2 Middlebury</b>	<b>10.28mw</b>	33-8¾ (4.0)	3/22
10		Sophia FORD	FR	<b>#3 Amherst</b>	<b>10.25m</b>	33-7½ (0.0)	<b>3/29</b>

## Women's Shot Put

1	<b>23</b>	Hailey GARCIA	FR	<b>#9 Roger Williams</b>	<b>12.58m</b>	41-3¼	3/23
2	<b>28</b>	Maria FARETI	FR	<b>#1 Williams</b>	<b>12.46m</b>	40-10½	3/22
3	<b>34</b>	Lillian WURTZ	JR	<b>#2 Middlebury</b>	<b>12.40m</b>	40-8¼	3/22
4	<b>52</b>	Samantha SAINRISTILL	SR	<b>#7 Rhode Island Col</b>	<b>12.04m</b>	39-6	3/22
5	<b>73</b>	Julia TULIMIERI	JR	<b>#2 Middlebury</b>	<b>{2}11.85m</b>	38-10½	3/22
6	<b>88</b>	Madison DIPASQUALE	JR	<b>#11 Hartford</b>	<b>11.70m</b>	38-4¾	<b>3/30</b>
7		Leanna WELLS	SO	<b>#12 RPI</b>	<b>11.39m</b>	37-4½	3/23
8		Olive LAWRENCE	JR	<b>#2 Middlebury</b>	<b>{3}11.33m</b>	37-2¼	3/22
9		Kelsey CHIASSON	JR	<b>#17 Salve Regina</b>	<b>10.91m</b>	35-9½	<b>3/29</b>
10		Anaka EATON	FR	<b>#10 Eastern Connect</b>	<b>10.77m</b>	35-4	<b>3/29</b>

## Women's Discus

1	<b>27</b>	Madeline SAUDERS	SR	<b>#2 Middlebury</b>	<b>40.68m</b>	133-6	3/22
2	<b>35</b>	Lillian WURTZ	JR	<b>#2 Middlebury</b>	<b>{2}40.18m</b>	131-10	3/22
3	<b>53</b>	Emma RAMSINGH	SO	<b>#3 Amherst</b>	<b>38.56m</b>	126-6	<b>3/29</b>
4		Bronwyn PINSLY	SO	<b>#8 Westfield State</b>	<b>35.98m</b>	118-1	<b>3/29</b>
5		Alanna SAUNDERS	SO	<b>#2 Middlebury</b>	<b>{3}34.69m</b>	113-10	3/15
6		Grace RICHARD	JR	<b>#12 RPI</b>	<b>34.16m</b>	112-1	3/23
7		Isabella NIEMI	SO	<b>#3 Amherst</b>	<b>{2}33.78m</b>	110-10	<b>3/29</b>
8		Margaret KIM	FR	<b>#2 Middlebury</b>	<b>{4}33.25m</b>	109-1	3/15
9		Madison DIPASQUALE	JR	<b>#11 Hartford</b>	<b>33.12m</b>	108-8	<b>3/30</b>
10		Samantha SAINRISTILL	SR	<b>#7 Rhode Island Col</b>	<b>33.11m</b>	108-8	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



## Mideast

as of 4/1/2025 7:52:55 AM ET

### Women's Hammer

1	48	Chloe SCHNEEBERG	SR	#1 Williams	45.46m	149-2	3/28
2	55	Julia TULIMIERI	JR	#2 Middlebury	44.86m	147-2	3/22
3	73	Samantha SAINRISTILL	SR	#7 Rhode Island Col	43.70m	143-5	3/29
4	79	Jaxon PALMER	SR	#2 Middlebury	{2}43.29m	142-1	3/22
5		Tommie BARKER	JR	#11 Hartford	42.19m	138-5	3/30
6		Maria FARETI	FR	#1 Williams	{2}41.84m	137-3	3/22
7		Katie LYNCH	JR	#12 RPI	40.76m	133-9	3/23
8		Lillian WURTZ	JR	#2 Middlebury	{3}40.56m	133-1	3/22
9		Grace RICHARD	JR	#12 RPI	{2}39.95m	131-1	3/23
10		Destinee MAJETT	JR	#11 Hartford	{2}39.69m	130-3	3/30

### Women's Javelin

1	39	Jaxon PALMER	SR	#2 Middlebury	36.55m	119-11	3/22
2	52	Madison VANT	FR	#3 Amherst	35.81m	117-6	3/23
3	53	Reilly ISLER	SR	#2 Middlebury	{2}35.75m	117-4	3/15
4	54	Morgan ROME	JR	#3 Amherst	{2}35.74m	117-3	3/23
5	60	Maureen HAMMOND	SR	#5 Coast Guard	35.34m	116-0	3/29
6	72	Bethanie JEAN PHILIPPE	SO	#7 Rhode Island Col	34.83m	114-3	3/29
7	79	Angela WEST	FR	#9 Roger Williams	34.50m	113-2	3/29
8		Jacey TIPPMAN	SR	#5 Coast Guard	{2}32.79m	107-7	3/29
9		Bailey MCDEVITT	JR	#13 Springfield (Mas:	32.01m	105-0	3/29
10		Grace GARMAN	SR	#12 RPI	31.83m	104-5	3/23

### Women's Heptathlon

1	24	Vivian KOLES	FR	#1 Williams	3,142	3/28
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# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



## Midwest

as of 4/1/2025 7:52:55 AM ET

### Women's 100 Meters

1	<b>1</b>	Alyssa BUSKER	SR	<b>#5</b> Elmhurst	<b>11.63w</b>	(3.4)	<b>3/30</b>
2	<b>2</b>	Gabri MESCHINO	SR	<b>#2</b> Chicago	<b>11.78w</b>	(2.8)	<b>3/29</b>
2	<b>2</b>	Jasmine WRIGHT	JR	<b>#1</b> Washington (Mo.	<b>11.78w</b>	(2.8)	<b>3/29</b>
4	<b>5</b>	Lauren MARSHALL	SR	<b>#5</b> Elmhurst	<b>{2} 11.82w</b>	(2.7)	<b>3/30</b>
5	<b>17</b>	De'Andranay CHISM	FR	<b>#14</b> Millikin	<b>12.05</b>	(1.6)	<b>3/29</b>
6	<b>25</b>	Ava PARKINS	SO	<b>#6</b> Central (Iowa)	<b>12.17w</b>	(3.7)	<b>3/28</b>
7	<b>41</b>	Jocelyn FRITZ	SR	<b>#7</b> Greenville	<b>12.28w</b>	(3.2)	<b>3/29</b>
8	<b>45</b>	Mary GUSTASON	JR	<b>#6</b> Central (Iowa)	<b>{2} 12.31w</b>	(3.7)	<b>3/28</b>
8	<b>45</b>	Riana HAYES	JR	<b>#19</b> North Park	<b>12.31w</b>	(3.2)	<b>3/29</b>
8	<b>45</b>	Allie DOCKINS	SR	<b>#4</b> North Central (Ill	<b>12.31w</b>	(2.4)	<b>3/29</b>

### Women's 100 Meter Hurdles

1	<b>4</b>	Ren BROWN	SR	<b>#2</b> Chicago	<b>14.28</b>	(-1.9)	<b>3/29</b>
2	<b>8</b>	Thea RING	JR	<b>#19</b> North Park	<b>14.42w</b>	(3.4)	<b>3/29</b>
3	<b>12</b>	Nakala NADEAU	SR	<b>#5</b> Elmhurst	<b>14.69w</b>	(2.7)	<b>3/30</b>
4	<b>17</b>	JoJo TYNISMMAA	JR	<b>#3</b> Wartburg	<b>14.93</b>	(-1.9)	<b>3/29</b>
5	<b>19</b>	Eve SHELTON	SR	<b>#22</b> Concordia Chica	<b>14.95</b>	(1.8)	<b>3/29</b>
6	<b>29</b>	Grace BRADEN	SO	<b>#3</b> Wartburg	<b>{2} 15.21</b>	(-1.9)	<b>3/29</b>
7	<b>35</b>	TyKiaza JONES	FR	<b>#7</b> Greenville	<b>15.31</b>	(-1.9)	<b>3/29</b>
8	<b>75</b>	Anna ANDRETICH	SO	<b>#5</b> Elmhurst	<b>{2} 15.69</b>	(1.6)	<b>3/29</b>
9	<b>79</b>	Denise PARTEE	SR	<b>#4</b> North Central (Ill	<b>15.74</b>	(1.6)	<b>3/29</b>
10	<b>84</b>	Ryann DECKER	FR	<b>#3</b> Wartburg	<b>{3} 15.80</b>	(-2.0)	<b>3/29</b>

### Women's 200 Meters

1	<b>1</b>	Alyssa BUSKER	SR	<b>#5</b> Elmhurst	<b>24.02</b>	(0.4)	<b>3/30</b>
2	<b>3</b>	Lauren GAY	SR	<b>#1</b> Washington (Mo.	<b>24.33</b>	(1.5)	<b>3/29</b>
3	<b>4</b>	Lindsey NOVAK	SR	<b>#4</b> North Central (Ill	<b>24.43</b>	(1.5)	<b>3/29</b>
4	<b>13</b>	Emily MCMARTIN	JR	<b>#6</b> Central (Iowa)	<b>24.73w</b>	(3.0)	<b>3/28</b>
5	<b>14</b>	De'Andranay CHISM	FR	<b>#14</b> Millikin	<b>24.77</b>	(1.8)	<b>3/29</b>
6	<b>25</b>	Quinn BIRD	FR	<b>#1</b> Washington (Mo.{2}	<b>24.94</b>	(1.0)	<b>3/29</b>
7	<b>35</b>	Nicole STEWART	SR	<b>#1</b> Washington (Mo.{3}	<b>25.07</b>	(1.5)	<b>3/29</b>
7	<b>35</b>	Sana UDOEKONG	FR	<b>#17</b> Principia	<b>25.07w</b>	(2.5)	<b>3/29</b>
9	<b>46</b>	Haley GARRETT	SO	<b>#20</b> Illinois College	<b>25.26w</b>	(3.1)	<b>3/29</b>
10	<b>63</b>	Lauren BLIEFERNICHT	SR	<b>#16</b> Aurora	<b>25.45w</b>	(2.5)	<b>3/29</b>

### Women's 400 Meters

1	<b>2</b>	Kylie SPYTEK	JR	<b>#1</b> Washington (Mo.	<b>55.48</b>		<b>3/29</b>
2	<b>3</b>	Catherine CHRISTOPHER	SO	<b>#1</b> Washington (Mo.{2}	<b>55.68</b>		<b>3/29</b>
3	<b>9</b>	Lindsey NOVAK	SR	<b>#4</b> North Central (Ill	<b>56.41</b>		<b>3/29</b>
4	<b>17</b>	Caroline ECHOLS	SO	<b>#1</b> Washington (Mo.{3}	<b>57.32</b>		<b>3/29</b>
5	<b>30</b>	Izzy GORTON	SR	<b>#1</b> Washington (Mo.{4}	<b>57.96</b>		<b>3/29</b>
6	<b>44</b>	Sana UDOEKONG	FR	<b>#17</b> Principia	<b>58.78</b>		<b>3/29</b>
7	<b>46</b>	Gayle HENDERSON	SO	<b>#1</b> Washington (Mo.{5}	<b>58.79</b>		<b>3/29</b>
8	<b>47</b>	Amelia MOSEMAN	JR	<b>#23</b> Illinois Tech	<b>58.83</b>		<b>3/29</b>
9	<b>67</b>	Alexandra REINHART	FR	<b>#9</b> Illinois Wesleyan	<b>59.32</b>		<b>3/29</b>
10	<b>84</b>	Alison CONNER	FR	<b>#1</b> Washington (Mo.{6}	<b>59.69</b>		<b>3/29</b>

### Women's 400 Meter Hurdles

1	<b>1</b>	Ren BROWN	SR	<b>#2</b> Chicago	<b>59.74</b>		<b>3/29</b>
2	<b>3</b>	JoJo TYNISMMAA	JR	<b>#3</b> Wartburg	<b>1:01.37</b>		<b>3/29</b>
3	<b>10</b>	Sophia STAHL	SO	<b>#3</b> Wartburg	<b>{2} 1:03.48</b>		<b>3/29</b>
4	<b>14</b>	Sharona SCHWAB	JR	<b>#2</b> Chicago	<b>{2} 1:03.66</b>		<b>3/29</b>
5	<b>27</b>	Ruby KAPLAN	SR	<b>#1</b> Washington (Mo.	<b>1:05.68</b>		<b>3/29</b>
6	<b>42</b>	Ryann DECKER	FR	<b>#3</b> Wartburg	<b>{3} 1:06.47</b>		<b>3/29</b>
7	<b>46</b>	Clare MARCHANT	FR	<b>#1</b> Washington (Mo.{2}	<b>1:06.77</b>		<b>3/29</b>
8	<b>58</b>	Emma BLODGETT	FR	<b>#2</b> Chicago	<b>{3} 1:07.27</b>		<b>3/29</b>
9	<b>61</b>	Grace BRADEN	SO	<b>#3</b> Wartburg	<b>{4} 1:07.34</b>		<b>3/29</b>
10	<b>73</b>	Aleese TRIMINGHAM	SO	<b>#20</b> Illinois College	<b>1:07.91</b>		<b>3/29</b>

### Women's 800 Meters

1	<b>2</b>	Izzy GORTON	SR	<b>#1</b> Washington (Mo.	<b>2:09.68</b>		<b>3/28</b>
2	<b>3</b>	Caroline ECHOLS	SO	<b>#1</b> Washington (Mo.{2}	<b>2:10.94</b>		<b>3/28</b>
3	<b>15</b>	Emma KELLY	JR	<b>#2</b> Chicago	<b>2:14.77</b>		<b>3/29</b>
4	<b>23</b>	Sophie BEKINS	SR	<b>#1</b> Washington (Mo.{3}	<b>2:16.01</b>		<b>3/29</b>
5	<b>26</b>	Virginia PRIDGEN	SR	<b>#1</b> Washington (Mo.{4}	<b>2:16.33</b>		<b>3/29</b>
6	<b>27</b>	Elisabeth CAMIC	SR	<b>#2</b> Chicago	<b>{2} 2:16.49</b>		<b>3/29</b>
7	<b>32</b>	Katie RECTOR	JR	<b>#1</b> Washington (Mo.{5}	<b>2:17.05</b>		<b>3/29</b>
8	<b>33</b>	Cate STEVENS	JR	<b>#1</b> Washington (Mo.{6}	<b>2:17.14</b>		<b>3/28</b>
9	<b>49</b>	Ellie CAIN	FR	<b>#1</b> Washington (Mo.{7}	<b>2:18.17</b>		<b>3/29</b>
10	<b>50</b>	Morgan FOWLER	SR	<b>#1</b> Washington (Mo.{8}	<b>2:18.20</b>		<b>3/29</b>

### Women's 1500 Meters

1	<b>3</b>	Sophie BEKINS	SR	<b>#1</b> Washington (Mo.	<b>4:30.53</b>		<b>3/28</b>
2	<b>6</b>	Katie RECTOR	JR	<b>#1</b> Washington (Mo.{2}	<b>4:33.03</b>		<b>3/28</b>
3	<b>8</b>	Adriana CRABTREE	JR	<b>#9</b> Illinois Wesleyan	<b>4:33.77</b>		<b>3/28</b>
4	<b>12</b>	Emma KELLY	JR	<b>#2</b> Chicago	<b>4:36.22</b>		<b>3/28</b>
5	<b>13</b>	Virginia PRIDGEN	SR	<b>#1</b> Washington (Mo.{3}	<b>4:36.54</b>		<b>3/28</b>
6	<b>14</b>	Frankie CHAIDEZ	SR	<b>#24</b> Loras	<b>4:36.79</b>		<b>3/28</b>
7	<b>21</b>	Elisabeth CAMIC	SR	<b>#2</b> Chicago	<b>{2} 4:38.74</b>		<b>3/28</b>
8	<b>29</b>	Mackenzie RAUE	FR	<b>#1</b> Washington (Mo.{4}	<b>4:40.44</b>		<b>3/28</b>
9	<b>44</b>	Jillian HETH	JR	<b>#1</b> Washington (Mo.{5}	<b>4:43.76</b>		<b>3/28</b>
10	<b>86</b>	Lauren RALEY	FR	<b>#1</b> Washington (Mo.{6}	<b>4:47.56</b>		<b>3/28</b>

### Women's Steeplechase

1	<b>3</b>	Ellie MEYER	SR	<b>#3</b> Wartburg	<b>10:36.88</b>		<b>3/28</b>
2	<b>4</b>	Abigail PATTERSON	SR	<b>#1</b> Washington (Mo.	<b>10:49.47</b>		<b>3/28</b>
3	<b>10</b>	Emma ODLE	SR	<b>#10</b> Augustana (Ill.)	<b>10:58.78</b>		<b>3/28</b>
4	<b>13</b>	Julia PATTERSON	SR	<b>#1</b> Washington (Mo.{2}	<b>11:06.41</b>		<b>3/28</b>
5	<b>26</b>	Riley CLARK	JR	<b>#1</b> Washington (Mo.{3}	<b>11:22.23</b>		<b>3/28</b>
6	<b>46</b>	Natalie FOPMA	SR	<b>#11</b> Wheaton (Ill.)	<b>11:42.17</b>		<b>3/29</b>
7	<b>47</b>	Lily LEBE	JR	<b>#11</b> Wheaton (Ill.)	<b>{2} 11:42.77</b>		<b>3/29</b>
8	<b>77</b>	Bethany SMEED	JR	<b>#4</b> North Central (Ill	<b>12:02.95</b>		<b>3/29</b>
9	<b>93</b>	Elizabeth LABRIN	JR	<b>#11</b> Wheaton (Ill.)	<b>{3} 12:16.83</b>		<b>3/29</b>
10		Ariel MARTINEZ	SR	<b>#22</b> Concordia Chica	<b>12:31.05</b>		<b>3/29</b>



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## Midwest

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### Women's 5000 Meters

1	2	Peyton STEFFEN	JR	#6 Central (Iowa)	16:53.39	3/28
2	5	Anna WATSON	SR	#2 Chicago	16:56.52	3/28
3	7	Nora HOLMES	JR	#2 Chicago {2}	17:06.07	3/28
4	21	Addy PARROTT	SR	#6 Central (Iowa) {2}	17:29.60	3/28
5	78	Ashley KACHURIK	SR	#5 Elmhurst	18:07.00	3/28
6	92	Becca DIDDIA	SR	#24 Loras	18:11.68	3/28
7		Julia BENES	SR	#4 North Central (Ill)	18:23.17	3/29
8		Irene WILLIAMS	JR	#1 Washington (Mo.)	18:32.16	3/28
9		Sofia SHELDON	FR	#1 Washington (Mo.) {2}	18:32.42	3/28
10		Chloe WEATHERS	JR	Ozarks (Ark.)	18:36.54	3/1

### Women's 10,000 Meters

1	4	Deyanneira COLON MALDONADO	SR	#16 Aurora	35:15.27	3/28
2	10	Estelle SNIDER	SO	#2 Chicago	35:41.70	3/28
3	13	Teghan BOOTH	SR	#15 Simpson (Iowa)	35:52.78	3/28
4	20	Annalese CHUDY	SR	#9 Illinois Wesleyan	36:52.47	3/28
5	27	Kelly GIARDINA	JR	#3 Wartburg	37:25.87	3/28
6	30	Vivienne LARSON	SO	#1 Washington (Mo.)	37:33.80	3/28
7	67	Lily ANDERSON	SO	#4 North Central (Ill)	39:40.70	3/29
8	77	Ella WILLIAMS	SO	#18 Hendrix	39:57.01	3/15
9		Chloe WEATHERS	JR	Ozarks (Ark.)	41:22.25	3/15

### Women's 4x100 Relay

1	1	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker	#5 Elmhurst	46.20	3/30
2	4	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.)	46.83	3/29
3	18	Jocelyn Fritz, TyKiaza Jones, Taylor Tucker, Jazmyn Harmon	#7 Greenville	48.12	3/29
4	29	Ryann Decker, Addie Parker, Olivia Tollari, JoJo Tyynismaa	#3 Wartburg	48.79	3/29
5	32	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg	#19 North Park	48.83	3/29
6	35	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin	#6 Central (Iowa)	48.91	3/28
7	36	Maddie Lyons, Gabri Meschino, Arielle Troadec, Ava Hagwell	#2 Chicago	48.94	3/29
8	45	Isabella Gonzalez, Katarina Petrovic, Jordynn Griffin, Olivia Skibinski	#9 Illinois Wesleyan	49.21	3/29
9	46	Jenna Thornburg, Madison Hays, Maddax DeVault, Emma Cooper	#15 Simpson (Iowa)	49.22	3/28
10	73	Klaire Thompson, Ava Taylor, Maile Crowe, Rajanea Landers	#13 Grinnell	50.57	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Midwest

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## Women's 4x400 Relay

1	<b>3</b>	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton	<b>#1</b>	Washington (Mo.)	<b>3:45.82</b>	<b>3/29</b>
2	<b>19</b>	Lizzy Van Utrecht, Emily McMartin, Danika Arnold, Ava Parkins	<b>#6</b>	Central (Iowa)	<b>4:01.60</b>	<b>3/28</b>
3	<b>25</b>	Bella Skay, Kiana Carnes, Caitlin Benesh, Olivia Tollari	<b>#3</b>	Wartburg	<b>4:04.02</b>	<b>3/29</b>
4	<b>39</b>	Isabella Gonzalez, Caroline Hill, Alexandra Reinhart, Jordynn Griffin	<b>#9</b>	Illinois Wesleyan	<b>4:08.15</b>	<b>3/29</b>
5	<b>40</b>	Lauren Oelke, Cora Deemer, McKenzie Reser, Jordyn VanSanten	<b>#10</b>	Augustana (Ill.)	<b>4:08.16</b>	<b>3/29</b>
6	<b>43</b>	Lauren Haacke, Jazmyn Harmon, Eva Schwaab, Norah Swinigan	<b>#7</b>	Greenville	<b>4:08.46</b>	<b>3/29</b>
7	<b>53</b>	Alayna Schultz, Brooklynn Sweikar, Audrey Remole, De'Andranay Chism	<b>#14</b>	Millikin	<b>4:10.30</b>	<b>3/29</b>
8	<b>67</b>	Klaire Thompson, Tennyson Shultz, Noelle Vu, Maile Crowe	<b>#13</b>	Grinnell	<b>4:13.62</b>	<b>3/28</b>
9	<b>89</b>	Tavinya Taylor, Olivia Kiddy, Julia Snider, Abby Rickard	<b>#11</b>	Wheaton (Ill.)	<b>4:21.06</b>	<b>3/29</b>
10		Anna Cantrell, Ella Williams, Sophie Sanders, Emily Jones	<b>#18</b>	Hendrix	<b>4:31.99</b>	<b>3/15</b>

## Women's High Jump

1	<b>2</b>	Ebunoluwa OPATA	SR	<b>#1</b>	Washington (Mo.)	<b>1.66m</b>	5-5¼	<b>3/29</b>
2	<b>11</b>	Olivia THEISEN	SO	<b>#1</b>	Washington (Mo){2}	<b>1.61m</b>	5-3¼	<b>3/29</b>
3	<b>15</b>	Hannah SAGO	JR	<b>#14</b>	Millikin	<b>1.60m</b>	5-3	<b>3/29</b>
4	<b>27</b>	Grace CROWDER	SO	<b>#11</b>	Wheaton (Ill.)	<b>1.59m</b>	5-2½	<b>3/29</b>
5	<b>40</b>	Elizabeth MULVANEY	SO	<b>#2</b>	Chicago	<b>1.56m</b>	5-1¼	<b>3/29</b>
5	<b>40</b>	Anna Beth VANCIL	SR	<b>#7</b>	Greenville	<b>1.56m</b>	5-1¼	<b>3/29</b>
5	<b>40</b>	Samantha NIELSEN	JR	<b>#3</b>	Wartburg	<b>1.56m</b>	5-1¼	<b>3/29</b>
8	<b>52</b>	Abigail WHITE	SR	<b>#6</b>	Central (Iowa)	<b>1.55m</b>	5-1	<b>3/28</b>
8	<b>52</b>	Cadence SINCLAIR	SO	<b>#6</b>	Central (Iowa)	<b>1.55m</b>	5-1	<b>3/28</b>
10	<b>78</b>	Pola KUBRAK	SR	<b>#4</b>	North Central (Ill)	<b>1.54m</b>	5-½	<b>3/29</b>

## Women's Pole Vault

1	<b>1</b>	Yasmin RUFF	SR	<b>#1</b>	Washington (Mo.)	<b>4.10m</b>	13-5¼	<b>3/29</b>
2	<b>2</b>	Gwen BERENYI	JR	<b>#4</b>	North Central (Ill)	<b>4.03m</b>	13-2½	<b>3/29</b>
3	<b>19</b>	Natalie JOHNSON	SR	<b>#4</b>	North Central (Ill){2}	<b>3.51m</b>	11-6¼	<b>3/29</b>
4	<b>21</b>	Kenzie KURDYS	SO	<b>#7</b>	Greenville	<b>3.50m</b>	11-5¼	<b>3/29</b>
5	<b>37</b>	Kate WEBER	JR	<b>#5</b>	Elmhurst	<b>3.36m</b>	11-¼	<b>3/29</b>
6	<b>41</b>	Amber VROMAN	SR	<b>#6</b>	Central (Iowa)	<b>3.35m</b>	10-11¾	<b>3/28</b>
6	<b>41</b>	Celeste TAYLOR	JR	<b>#2</b>	Chicago	<b>3.35m</b>	10-11¾	<b>3/29</b>
8	<b>59</b>	Miranda HURSEY	JR	<b>#12</b>	Monmouth (Ill.)	<b>3.28m</b>	10-9	<b>3/29</b>
9	<b>72</b>	Leah HOWARD	JR	<b>#6</b>	Central (Iowa)	<b>{2} 3.20m</b>	10-6	<b>3/28</b>
9	<b>72</b>	Sophie MENON	FR	<b>#2</b>	Chicago	<b>{2} 3.20m</b>	10-6	<b>3/29</b>
9	<b>72</b>	Mackenzie WALKER	JR	<b>#1</b>	Washington (Mo){2}	<b>3.20m</b>	10-6	<b>3/29</b>
9	<b>72</b>	Meredyth BARR	SO	<b>#1</b>	Washington (Mo){2}	<b>3.20m</b>	10-6	<b>3/29</b>
9	<b>72</b>	Makenzie STOCK	SR	<b>#1</b>	Washington (Mo){2}	<b>3.20m</b>	10-6	<b>3/29</b>

## Women's Long Jump

1	<b>9</b>	Ebunoluwa OPATA	SR	<b>#1</b>	Washington (Mo.)	<b>5.66mw</b>	18-7 (3.4)	<b>3/29</b>
2	<b>16</b>	Katelyn MCCANN	JR	<b>#4</b>	North Central (Ill)	<b>5.59m</b>	18-4¼ (1.8)	<b>3/29</b>
3	<b>38</b>	Vanessa CARR	JR	<b>#5</b>	Elmhurst	<b>5.34m</b>	17-6¼ (1.1)	<b>3/29</b>
4	<b>40</b>	Madison KACEVICIUS	FR	<b>#7</b>	Greenville	<b>5.33mw</b>	17-6 (2.9)	<b>3/29</b>
5	<b>43</b>	Olivia THEISEN	SO	<b>#1</b>	Washington (Mo){2}	<b>5.32m</b>	17-5½ (1.0)	<b>3/29</b>
6	<b>61</b>	Anna COTTER	SR	<b>#4</b>	North Central (Ill){2}	<b>5.24m</b>	17-2¼ (1.8)	<b>3/29</b>
7	<b>63</b>	Aniyah ISOM	SR	<b>#22</b>	Concordia Chica	<b>5.23m</b>	17-2 (1.1)	<b>3/29</b>
8	<b>67</b>	Olivia TOLLARI	JR	<b>#3</b>	Wartburg	<b>5.21m</b>	17-1¼ (0.9)	<b>3/29</b>
9	<b>76</b>	Isabelle NORING	FR	<b>#15</b>	Simpson (Iowa)	<b>5.18mw</b>	17-0 (3.8)	<b>3/28</b>
10		Hannah MYERS	JR	<b>#17</b>	Principia	<b>5.11m</b>	16-9¼ (0.2)	<b>3/29</b>

## Women's Triple Jump

1	<b>1</b>	Ebunoluwa OPATA	SR	<b>#1</b>	Washington (Mo.)	<b>12.09m</b>	39-8 (1.2)	<b>3/29</b>
2	<b>22</b>	Shaniah JOHNSON	SR	<b>#3</b>	Wartburg	<b>11.31m</b>	37-1¼ (1.7)	<b>3/29</b>
3	<b>27</b>	Francesca SMITH	SR	<b>#9</b>	Illinois Wesleyan	<b>11.23m</b>	36-10¼ (1.6)	<b>3/29</b>
4	<b>37</b>	Vanessa CARR	JR	<b>#5</b>	Elmhurst	<b>11.02mw</b>	36-2 (2.8)	<b>3/29</b>
5	<b>68</b>	Grace STERNBERGER	SO	<b>#2</b>	Chicago	<b>10.75m</b>	35-3¼ (0.9)	<b>3/29</b>
6	<b>81</b>	Kailey NICHOLAS	FR	<b>#23</b>	Illinois Tech	<b>10.65m</b>	34-11¼ (1.0)	<b>3/29</b>
7	<b>94</b>	Rajanea LANDERS	FR	<b>#13</b>	Grinnell	<b>10.51m</b>	34-5¼ (0.0)	<b>3/22</b>
8		Arielle TROADEC	SO	<b>#2</b>	Chicago	<b>{2} 10.46mw</b>	34-4 (2.4)	<b>3/29</b>
9		Madeline BOULANGER	SO	<b>#3</b>	Wartburg	<b>{2} 10.40m</b>	34-1½ (0.0)	<b>3/29</b>
10		Lainey HICKS	JR	<b>#7</b>	Greenville	<b>10.36mw</b>	34-0 (2.4)	<b>3/29</b>

## Women's Shot Put

1	<b>3</b>	Jenae BOTHE	JR	<b>#1</b>	Washington (Mo.)	<b>13.87m</b>	45-6¼	<b>3/29</b>
2	<b>5</b>	Emmily BERGLUND	SO	<b>#8</b>	Nebraska Wesley	<b>13.55m</b>	44-5½	<b>3/28</b>
3	<b>7</b>	Talhiva TALANOA	SR	<b>#7</b>	Greenville	<b>13.31m</b>	43-8	<b>3/29</b>
4	<b>20</b>	Maddie BOLEY	SR	<b>#12</b>	Monmouth (Ill.)	<b>12.60m</b>	41-4¼	<b>3/29</b>
5	<b>46</b>	Courtney JOHNSON	SR	<b>#21</b>	Buena Vista	<b>12.22m</b>	40-1¼	<b>3/28</b>
6	<b>50</b>	Heather MICHALSKI	SR	<b>#10</b>	Augustana (Ill.)	<b>12.08m</b>	39-7¾	<b>3/29</b>
7	<b>60</b>	Kylie GALOWITZ	JR	<b>#13</b>	Grinnell	<b>11.96m</b>	39-3	<b>3/22</b>
8	<b>63</b>	Payton SCHERMERHORN	SO	<b>#21</b>	Buena Vista	<b>{2} 11.94m</b>	39-2¼	<b>3/28</b>
9	<b>68</b>	Elle VOY	SO	<b>#3</b>	Wartburg	<b>11.89m</b>	39-¼	<b>3/29</b>
10	<b>75</b>	Peyton PANKA	SR		Benedictine (Ill.)	<b>11.84m</b>	38-10¼	<b>3/29</b>



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## Midwest

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### Women's Discus

1	2	Anna LUNDAHL	SR	#8 Nebraska Wesley	46.98m	154-2	3/28
2	3	Maddie BOLEY	SR	#12 Monmouth (Ill.)	46.59m	152-10	3/29
3	4	Kaelyn MEANS	SO	#8 Nebraska Wesley{2}	46.09m	151-3	3/28
4	8	Talahiva TALANOA	SR	#7 Greenville	43.55m	142-11	3/29
5	12	Aspin COLLINS	FR	#8 Nebraska Wesley{3}	43.11m	141-5	3/28
6	26	Jenae BOTHE	JR	#1 Washington (Mo.	40.69m	133-6	3/29
7	36	Tara JOCHUMSEN	SR	#3 Wartburg	40.17m	131-10	3/29
8	40	Heather MICHALSKI	SR	#10 Augustana (Ill.)	39.84m	130-9	3/29
9	47	Ava LARMON	FR	#8 Nebraska Wesley{4}	38.98m	127-11	3/28
10	49	Kayla BRAUN	JR	#12 Monmouth (Ill.) {2}	38.81m	127-4	3/29

### Women's Hammer

1	2	Emma TRUE	SR	#3 Wartburg	54.28m	178-1	3/29
2	3	Talahiva TALANOA	SR	#7 Greenville	53.85m	176-8	3/29
3	4	Carlyssa KING	SR	#9 Illinois Wesleyan	52.78m	173-2	3/29
4	22	Maddie BOLEY	SR	#12 Monmouth (Ill.)	48.02m	157-7	3/29
5	24	Kaelyn MEANS	SO	#8 Nebraska Wesley	48.00m	157-6	3/28
6	26	Jillian TOTH	JR	#12 Monmouth (Ill.) {2}	47.62m	156-3	3/29
7	30	Lyndsie BOSQUEZ	FR	#8 Nebraska Wesley{2}	47.34m	155-4	3/28
8	39	Ella RAY	SR	#7 Greenville {2}	45.87m	150-6	3/29
9	43	Tiernan STANTON	SO	#8 Nebraska Wesley{3}	45.64m	149-9	3/28
10	45	Gabrielle HARDING	SR	#4 North Central (Ill)	45.60m	149-7	3/29

### Women's Javelin

1	2	Heather MICHALSKI	SR	#10 Augustana (Ill.)	42.90m	140-9	3/29
2	5	Avery DECKER	SR	#8 Nebraska Wesley	40.13m	131-8	3/28
3	9	Aaliyah JOHNSON	SR	#15 Simpson (Iowa)	39.81m	130-8	3/28
4	11	Laina NELSON	SO	#10 Augustana (Ill.) {2}	39.59m	129-11	3/29
5	17	Juniper SCHWARTZMAN	SO	#13 Grinnell	38.00m	124-8	3/28
6	27	Peyton PANKA	SR	Benedictine (Ill.)	37.03m	121-6	3/29
7	50	Robin LEE	SR	#4 North Central (Ill)	35.95m	118-0	3/29
8	77	Brooke SHAFER	SR	#3 Wartburg	34.53m	113-4	3/29
9	80	Yichen DING	SO	#2 Chicago	34.40m	112-11	3/29
10	83	Isabelle LLEWELLYN	SR	#25 Webster	34.32m	112-7	3/29



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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Niagara

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## Women's 100 Meters

1	<b>11</b>	Aynisha MCQUILLAR	FR	<b>#1</b>	Ithaca	<b>11.98</b>	(1.6)	<b>3/29</b>
2	<b>31</b>	Autumn PITTMAN	SR	<b>#4</b>	SUNY Cortland	<b>12.23</b>	(-1.2)	<b>3/29</b>
3	<b>43</b>	Victoria BREWSTER	JR	<b>#7</b>	Houghton	<b>12.30</b>	(0.9)	<b>3/29</b>
4	<b>62</b>	Laura SUPPA	JR	<b>#1</b>	Ithaca	<b>{2}12.37</b>	(0.9)	<b>3/29</b>
5		Seneca GUNERATNE	SO	<b>#9</b>	NYU	<b>12.73</b>	(1.1)	<b>3/29</b>
6		Tatiana MCCRAY	FR	<b>#2</b>	Hamilton	<b>12.80</b>	(1.1)	<b>3/29</b>
7		Ella TUCKER	FR	<b>#1</b>	Ithaca	<b>{3}12.87</b>	(0.9)	<b>3/29</b>
8		Alexia PRINCE	SO	<b>#4</b>	SUNY Cortland	<b>{2}12.88</b>	(-0.2)	<b>3/29</b>
9		Jaade DUNCAN	FR	<b>#15</b>	Penn State Behr	<b>12.96</b>	(-2.0)	<b>3/29</b>
10		Alexa THOMAS	SO	<b>#2</b>	Hamilton	<b>{2}13.05</b>	(2.0)	<b>3/29</b>

## Women's 100 Meter Hurdles

1	<b>47</b>	Lainey FLAITZ	SO	<b>#3</b>	SUNY Geneseo	<b>15.42</b>	(-0.9)	<b>3/30</b>
2	<b>65</b>	Rania SABRI	JR	<b>#5</b>	RIT	<b>15.61</b>	(-0.9)	<b>3/30</b>
3		Cameron TING	FR	<b>#1</b>	Ithaca	<b>16.06</b>	(0.1)	<b>3/29</b>
4		Amelia JOHNSON	FR	<b>#2</b>	Hamilton	<b>16.31w</b>	(3.1)	<b>3/29</b>
5		Cecelia LABONTE	JR	<b>#1</b>	Ithaca	<b>{2}16.45w</b>	(2.3)	<b>3/29</b>
6		Lilly SWYERS	JR	<b>#4</b>	SUNY Cortland	<b>16.46</b>	(-0.1)	<b>3/29</b>
7		Lanna WANDY	SR	<b>#3</b>	SUNY Geneseo	<b>{2}16.66</b>	(-0.9)	<b>3/30</b>
8		Clara WINKEL	SO	<b>#2</b>	Hamilton	<b>{2}16.70</b>	(-0.7)	<b>3/29</b>
9		Anne SPILA	SR	<b>#16</b>	Alfred	<b>16.79</b>	(-4.2)	<b>3/19</b>
10		Jaiden SCHRAG	FR	<b>#6</b>	SUNY Oneonta	<b>17.03</b>	(0.5)	<b>3/30</b>

## Women's 200 Meters

1	<b>5</b>	Shaesha JOHNSON	FR	<b>#12</b>	SUNY Delhi	<b>24.52w</b>	(2.4)	<b>3/29</b>
2	<b>10</b>	Miranda COLE	JR	<b>#12</b>	SUNY Delhi	<b>{2}24.69w</b>	(2.4)	<b>3/29</b>
3	<b>31</b>	Khia LASTER	SR	<b>#14</b>	Buffalo State	<b>25.02</b>	(-0.6)	<b>3/29</b>
4	<b>34</b>	Natalia SAWYER	JR	<b>#14</b>	Buffalo State	<b>{2}25.06</b>	(-0.6)	<b>3/29</b>
5	<b>41</b>	Autumn PITTMAN	SR	<b>#4</b>	SUNY Cortland	<b>25.20</b>	(-0.6)	<b>3/29</b>
6		Alexia PRINCE	SO	<b>#4</b>	SUNY Cortland	<b>{2}25.99</b>	(-0.4)	<b>3/29</b>
7		Ava BUTLER	SO	<b>#1</b>	Ithaca	<b>26.27w</b>	(2.1)	<b>3/29</b>
8		Abigail DORUNDA	FR	<b>#10</b>	St. John Fisher	<b>26.50</b>	(-2.0)	<b>3/30</b>
9		Tatiana MCCRAY	FR	<b>#2</b>	Hamilton	<b>26.66</b>	(2.0)	<b>3/29</b>
10		Ella TUCKER	FR	<b>#1</b>	Ithaca	<b>{2}26.78</b>	(0.6)	<b>3/29</b>

## Women's 400 Meters

1	<b>55</b>	Caroline HILL	SR	<b>#5</b>	RIT	<b>59.04</b>		<b>3/30</b>
2	<b>70</b>	Grace WRIGHT	SR	<b>#10</b>	St. John Fisher	<b>59.36</b>		<b>3/30</b>
3	<b>75</b>	Natalie MACARTHUR	SR	<b>#1</b>	Ithaca	<b>59.46</b>		<b>3/29</b>
4	<b>81</b>	Oli KRAYNIK	SO	<b>#13</b>	Alfred State	<b>59.66</b>		<b>3/29</b>
5	<b>85</b>	Abigail DORUNDA	FR	<b>#10</b>	St. John Fisher	<b>{2}59.76</b>		<b>3/30</b>
6		Mackenzie MIX	SR	<b>#11</b>	Utica	<b>1:00.96</b>		<b>3/30</b>
7		Lyla POWERS	SO	<b>#1</b>	Ithaca	<b>{2}1:01.01</b>		<b>3/29</b>
8		Maya HATCH	JR	<b>#8</b>	Rochester (N.Y.)	<b>1:01.55</b>		<b>3/30</b>
9		Samantha CRISCI	JR	<b>#5</b>	RIT	<b>{2}1:01.62</b>		<b>3/30</b>
10		Claire TRATNYEK	JR	<b>#2</b>	Hamilton	<b>1:01.68</b>		<b>3/29</b>

## Women's 400 Meter Hurdles

1	<b>47</b>	Olivia WARUCH	FR	<b>#2</b>	Hamilton	<b>1:06.79</b>		<b>3/29</b>
2	<b>53</b>	Justine DRAPER	SR	<b>#5</b>	RIT	<b>1:07.08</b>		<b>3/30</b>
3	<b>63</b>	Rachel LARSON	JR	<b>#1</b>	Ithaca	<b>1:07.45</b>		<b>3/29</b>
4	<b>71</b>	Renata MENDEZ-ALVAREZ	SO	<b>#2</b>	Hamilton	<b>{2}1:07.85</b>		<b>3/29</b>
5		Sophia LEACH	SO	<b>#10</b>	St. John Fisher	<b>1:09.22</b>		<b>3/30</b>
6		Nicole GRETZINGER	JR	<b>#3</b>	SUNY Geneseo	<b>1:10.57</b>		<b>3/30</b>
7		Elli CLOUTIER	SO	<b>#1</b>	Ithaca	<b>{2}1:11.09</b>		<b>3/29</b>
8		Anneliese KLEIN	FR	<b>#19</b>	SUNY Cobleskill	<b>1:11.21</b>		<b>3/30</b>
9		Zakiyah MCQUEEN	FR	<b>#14</b>	Buffalo State	<b>1:12.16</b>		<b>3/29</b>
10		Annabelle TOWNSEND	SR	<b>#16</b>	Alfred	<b>1:12.39</b>		<b>3/29</b>

## Women's 800 Meters

1	<b>19</b>	Gianna DAWSON	FR	<b>#9</b>	NYU	<b>2:15.59</b>		<b>3/29</b>
2	<b>94</b>	Katherine SCIBELLI	JR	<b>#2</b>	Hamilton	<b>2:20.89</b>		<b>3/29</b>
3		Jenna BINNEY	FR	<b>#7</b>	Houghton	<b>2:24.92</b>		<b>3/29</b>
4		Emily JOHNSON	SR	<b>#1</b>	Ithaca	<b>2:25.22</b>		<b>3/29</b>
5		Nieve MAHOOD	SR	<b>#3</b>	SUNY Geneseo	<b>2:25.55</b>		<b>3/30</b>
6		Gwenna HAAS	FR	<b>#7</b>	Houghton	<b>{2}2:26.35</b>		<b>3/19</b>
7		Abigail NAUTEL	JR	<b>#5</b>	RIT	<b>2:26.60</b>		<b>3/30</b>
8		Noelle LINENFELSER	JR	<b>#7</b>	Houghton	<b>{3}2:28.82</b>		<b>3/29</b>
9		Kyleigh MILLER	FR	<b>#2</b>	Hamilton	<b>{2}2:31.88</b>		<b>3/29</b>
10		Mary BRYANT	SO	<b>#12</b>	SUNY Delhi	<b>2:32.66</b>		<b>3/29</b>

## Women's 1500 Meters

1	<b>7</b>	Keira ROGAN	FR	<b>#2</b>	Hamilton	<b>4:33.73</b>		<b>3/29</b>
2	<b>52</b>	Emily POGOZELSKI	JR	<b>#2</b>	Hamilton	<b>{2}4:44.57</b>		<b>3/29</b>
3	<b>84</b>	Sierra DOODY	JR	<b>#3</b>	SUNY Geneseo	<b>4:47.40</b>		<b>3/30</b>
4	<b>97</b>	Amanda INTRIERI	FR	<b>#12</b>	SUNY Delhi	<b>4:49.22</b>		<b>3/29</b>
5		Rina KURIHARA	FR	<b>#9</b>	NYU	<b>4:51.64</b>		<b>3/29</b>
6		Joy PETERSEN	JR	<b>#1</b>	Ithaca	<b>4:55.73</b>		<b>3/29</b>
7		Ari REBACK	FR	<b>#3</b>	SUNY Geneseo	<b>{2}4:55.94</b>		<b>3/30</b>
8		Emily DILL	SO	<b>#8</b>	Rochester (N.Y.)	<b>4:56.29</b>		<b>3/30</b>
9		Katharine FRANK	FR	<b>#9</b>	NYU	<b>{2}4:56.76</b>		<b>3/29</b>
10		Olivia JACKSON	SO	<b>#9</b>	NYU	<b>{3}4:57.09</b>		<b>3/29</b>

## Women's Steeplechase

1	<b>38</b>	Melissa INNOCENT	SO	<b>#4</b>	SUNY Cortland	<b>11:35.61</b>		<b>3/29</b>
2	<b>48</b>	Sylvie NAJARIAN	SR	<b>#2</b>	Hamilton	<b>11:42.94</b>		<b>3/29</b>
3	<b>49</b>	Alexa WOLCOTT	JR	<b>#4</b>	SUNY Cortland	<b>{2}11:43.11</b>		<b>3/29</b>
4	<b>61</b>	Logan BRASACCHIO	JR	<b>#1</b>	Ithaca	<b>11:53.75</b>		<b>3/29</b>
5	<b>97</b>	Anna KERN	FR	<b>#6</b>	SUNY Oneonta	<b>12:20.12</b>		<b>3/30</b>
6		Sophia ALLEN	FR	<b>#6</b>	SUNY Oneonta	<b>{2}12:36.73</b>		<b>3/30</b>
7		Olivia KOMACEK	SO	<b>#6</b>	SUNY Oneonta	<b>{3}12:42.46</b>		<b>3/30</b>
8		Charlotte HUCK	FR	<b>#2</b>	Hamilton	<b>{2}12:49.51</b>		<b>3/29</b>
9		Karena LAUFER	SR	<b>#2</b>	Hamilton	<b>{3}12:51.09</b>		<b>3/29</b>
10		Julia WEINSCHREIDER	FR	<b>#20</b>	Hartwick	<b>12:51.11</b>		<b>3/30</b>





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## Niagara

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### Women's 5000 Meters

1	23	Ann BRENNAN	JR	#3 SUNY Geneseo	17:32.70	3/30
2	26	Gabriella MCCARTHY	SR	#3 SUNY Geneseo {2}	17:34.16	3/30
3	64	Charlotte WARNER	FR	#12 SUNY Delhi	17:57.97	3/29
4		Annika HURLEY	JR	#3 SUNY Geneseo {3}	18:21.71	3/30
5		Isabel MARZEC	SR	#3 SUNY Geneseo {4}	18:23.79	3/30
6		Kaitlyn GROSSMAN	SR	#3 SUNY Geneseo {5}	18:25.08	3/30
7		Therese GEORGIA	SO	#5 RIT	18:31.03	3/30
8		Lily MURPHY	SO	#2 Hamilton	18:32.78	3/29
9		Elena GAFFNEY	FR	#17 SUNY Oswego	18:58.86	3/30
10		Jewel JONES	SO	#4 SUNY Cortland	19:00.59	3/29

### Women's 10,000 Meters

1	15	Lucy GOTT	JR	#9 NYU	36:13.96	3/29
2	62	Gia ENGEL	SO	#6 SUNY Oneonta	39:36.93	3/30
3	92	Audrey CARRAGHER	SR	#10 St. John Fisher	40:21.51	3/30
4		Olivia HOLLAND	JR	#6 SUNY Oneonta {2}	41:30.19	3/30
5		Amelia BOWMAN-MCCOY	JR	#12 SUNY Delhi	41:35.45	3/29

### Women's 4x100 Relay

1	5	#Type!	#12 SUNY Delhi	47.05	3/29
2	25	Laura Suppa, Rachel Larson, Aynisha McQuillar, Marykate Rudnicki	#1 Ithaca	48.51	3/29
3	67	Olivia Waruch, Tatiana McCray, Marley Meyers, Alexa Thomas	#2 Hamilton	50.32	3/29
4	76	Amelia Petersen, Lilly Messler, Nyasia Marsh, Mackenzie Mix	#11 Utica	50.70	3/30
5	97	Haley Beman, Emily Richardson, Charis Evans, Madison Snayczuk	#13 Alfred State	51.48	3/29
6		Riley Flynn, Sabrina Schmitt, Rhiannon Butchko, Brenna O'Brien	#17 SUNY Oswego	55.33	3/30
7		#Type!	#18 Manhattanville	55.44	3/29
8		Giovanna Wall, Molly Corbett, Maiya King, Pepita Graham	#20 Hartwick	56.10	3/30

### Women's 4x400 Relay

1	26	Claire Tratnyek, Olivia Waruch, Katherine Scibelli, Mia O'Neill	#2 Hamilton	4:04.06	3/29
2	27	#Type!	#12 SUNY Delhi	4:04.09	3/29
3	50	Natalie MacArthur, Lyla Powers, Ava Butler, Aynisha McQuillar	#1 Ithaca	4:09.42	3/29
4	64	#Type!	#4 SUNY Cortland	4:13.38	3/29
5	90	Kyra Binney, Jenna Binney, Risa Palmer, Noelle Linenfelser	#7 Houghton	4:21.24	3/29
6	95	Isabella Doty, Emily Dill, Julie Durham, Talia Christopher	#8 Rochester (N.Y.)	4:22.02	3/30
7		Zoe Rainville, Annabelle Townsend, Natalya Ryckman, Anne Spila	#16 Alfred	4:29.13	3/19
8		#Type!	#21 CCNY	5:02.51	3/29
9		Amariah Emanuel-Taylor, Shivani Raghuthu, Mariella Nunez, Angelina Brown	#24 Lehman	5:33.25	3/23

### Women's High Jump

1	1	Alexa BELANGER	FR	#7 Houghton	1.67m	5-5¾	3/29
2	11	Hannah ALLISON	SO	#11 Utica	1.61m	5-3¾	3/30
3	40	Madeleine WRIGHT	SO	#1 Ithaca	1.56m	5-1¼	3/29
4	86	Rhiannon BUTCHKO	JR	#17 SUNY Oswego	1.53m	5-¼	3/30
4	86	Kathryn HILLYARD	FR	#10 St. John Fisher	1.53m	5-¼	3/30
6		Lydia BARBER	SO	#1 Ithaca {2}	1.51m	4-11½	3/29
6		Cameron TING	FR	#1 Ithaca {2}	1.51m	4-11½	3/29
8		Reilly QUINN	SO	#4 SUNY Cortland	1.50m	4-11	3/29
9		Jada ANTHONY	JR	#11 Utica {2}	1.48m	4-10¼	3/30
9		Emily RICHARDSON	FR	#13 Alfred State	1.48m	4-10¼	3/29

### Women's Pole Vault

1		Gianna BATISTA	JR	#3 SUNY Geneseo	2.90m	9-6¼	3/30
1		Cassandra WOOD	SO	#11 Utica	2.90m	9-6¼	3/30
3		Ashley LAREDDOLA	FR	#6 SUNY Oneonta	2.75m	9-¼	3/30
3		Emily FRECH	SR	#10 St. John Fisher	2.75m	9-¼	3/30
3		Abby KOPECK	FR	#8 Rochester (N.Y.)	2.75m	9-¼	3/30
6		Molly SEGATORE	SO	#11 Utica {2}	2.15m	7-½	3/30
7		Maiya KING	FR	#20 Hartwick	2.00m	6-6¾	3/30



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Niagara

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## Women's Long Jump

1	7	Khia LASTER	SR	#14 Buffalo State	5.69m	18-8 (0.0)	3/29
2	40	Lanna WANDY	SR	#3 SUNY Geneseo	5.33m	17-6 (0.0)	3/30
3	67	Jaiden SCHRAG	FR	#6 SUNY Oneonta	5.21mw	17-1¼ (3.5)	3/30
4	83	Madison SNAYCZUK	SR	#13 Alfred State	5.17m	16-11½ (1.7)	3/29
5	88	Stefania GRIMALDI	SO	#11 Utica	5.16mw	16-11¼ (3.6)	3/30
6	99	Allison REGNANTE	SR	#5 RIT	5.12m	16-9¾ (0.0)	3/30
7		Jordyn DOLAN	JR	#1 Ithaca	5.11m	16-9¼ (0.7)	3/29
7		Rachel KULP	JR	#5 RIT	{2} 5.11m	16-9¼ (0.0)	3/30
9		Ariana D'ONOFRIO	SO	#3 SUNY Geneseo	{2} 5.08m	16-8 (0.0)	3/30
10		Haley BEMAN	FR	#13 Alfred State	{2} 5.02m	16-5¾ (0.0)	3/29

## Women's Triple Jump

1	32	Emmeline STOETZEL	FR	#2 Hamilton	11.11mw	36-5½ (2.9)	3/29
2	53	Dasha JACKSON	JR	#9 NYU	10.87m	35-8 (1.6)	3/29
3	79	Areyanna MCCARTHY	JR	#9 NYU	{2} 10.67mw	35-¼ (2.3)	3/29
4	94	Madison SNAYCZUK	SR	#13 Alfred State	10.51m	34-5¾ (0.0)	3/29
5		Clara WINKEL	SO	#2 Hamilton	{2} 10.09m	33-1¼ (0.9)	3/29
6		Nicole RIDER	FR	#2 Hamilton	{3} 9.99m	32-9½ (0.2)	3/29
7		Corinne ALBICKER	SO	#3 SUNY Geneseo	9.65m	31-8 (0.0)	3/30
7		Ariana D'ONOFRIO	SO	#3 SUNY Geneseo	9.65m	31-8 (0.0)	3/30
9		Jaidon BRODIE	FR	#23 SUNY Morrisville	9.48mw	31-1¼ (3.8)	3/30
10		Guerna BECKER	FR	#19 SUNY Cobleskill	9.11mw	29-10¾ (2.6)	3/30

## Women's Shot Put

1	11	Lily SEYFERT	JR	#1 Ithaca	12.89m	42-3½	3/29
2	38	Cora ROSE	SR	#8 Rochester (N.Y.)	12.36m	40-6¾	3/30
3	58	Lauren JAKLITSCH	JR	#3 SUNY Geneseo	11.98m	39-3¾	3/30
4	81	Charlotte POWELL	SO	#1 Ithaca	{2} 11.74m	38-6¼	3/29
5	86	Marinna HEICHBERGER	JR	#5 RIT	11.71m	38-5	3/30
6	97	Gabby BILLETZ	SO	#18 Manhattanville	11.64m	38-2¼	3/23
7	100	Cheyenne MCPEEK	SO	#4 SUNY Cortland	11.61m	38-1¼	3/29
8		Zoe CONNER	SR	#3 SUNY Geneseo	{2} 11.52m	37-9½	3/30
9		Madison VARGAS	SO	#8 Rochester (N.Y.)	{2} 11.46m	37-7¼	3/30
10		Deziree GARRICK	SR	#8 Rochester (N.Y.)	{3} 11.31m	37-1¼	3/30

## Women's Discus

1	16	Cora ROSE	SR	#8 Rochester (N.Y.)	42.25m	138-8	3/30
2	24	Gabby BILLETZ	SO	#18 Manhattanville	40.91m	134-3	3/29
3	34	Emily DIMARCO	SR	#5 RIT	40.20m	131-11	3/19
4	46	Michelle UVIEGHARA	SR	#9 NYU	39.34m	129-1	3/29
5	55	Bailee DRUMMOND	SO	#5 RIT	{2} 38.31m	125-8	3/30
6	58	Cheyenne MCPEEK	SO	#4 SUNY Cortland	38.00m	124-8	3/29
7	61	Erin MCGUINNESS	JR	#10 St. John Fisher	37.88m	124-4	3/30
8	70	Madison VARGAS	SO	#8 Rochester (N.Y.)	{2} 37.13m	121-10	3/30
9	72	Charlotte POWELL	SO	#1 Ithaca	36.98m	121-4	3/29
10	76	Lily SEYFERT	JR	#1 Ithaca	{2} 36.90m	121-1	3/29

## Women's Hammer

1	10	Cheyenne MCPEEK	SO	#4 SUNY Cortland	50.48m	165-8	3/29
2	27	Riley KING	SO	#11 Utica	47.57m	156-1	3/30
3	43	Hannah MCMASTERS	JR	#4 SUNY Cortland	{2} 45.64m	149-9	3/29
4	59	Tarryn HERMAN	JR	#6 SUNY Oneonta	44.54m	146-2	3/30
5	66	Lily SEYFERT	JR	#1 Ithaca	44.22m	145-1	3/29
6		Mackenzie GILLETTE	SR	#13 Alfred State	42.36m	139-0	3/29
7		Enya GREEN	SO	#1 Ithaca	{2} 40.25m	132-1	3/29
8		Kayla TRETOLA	FR	#4 SUNY Cortland	{3} 38.04m	124-10	3/29
9		Natalya RYCKMAN	JR	#16 Alfred	37.91m	124-5	3/29
10		Mackenzie YOHE	FR	#7 Houghton	37.80m	124-0	3/29

## Women's Javelin

1	1	Julia BALASKI	JR	#15 Penn State Behr	43.34m	142-2	3/29
2	15	Skyler KLIMOW	JR	#3 SUNY Geneseo	38.21m	125-5	3/30
3	22	Dana SCHWARTZ	JR	#2 Hamilton	37.50m	123-1	3/30
4	28	Emma GRUNIN	JR	#9 NYU	37.02m	121-6	3/29
5	31	Sage DOUGLASS	SR	#6 SUNY Oneonta	36.95m	121-3	3/30
6		Lily PLAIA	FR	#6 SUNY Oneonta	{2} 33.28m	109-2	3/30
7		Sonya SHIVOK	SR	#5 RIT	32.50m	106-8	3/19
8		Caroline LEWIS	FR	#15 Penn State Behr	{2} 31.42m	103-1	3/29
9		Aimee OSZER	SO	#8 Rochester (N.Y.)	31.40m	103-0	3/30
10		Mia GERBER	SO	#5 RIT	{2} 31.03m	101-10	3/30



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

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North

as of 4/1/2025 7:52:56 AM ET

## Women's 100 Meters

1	<b>16</b>	Kelly HUERTA	FR	<b>#2</b>	UW-Whitewater	<b>12.04w</b>	(2.4)	<b>3/29</b>
2	<b>53</b>	Hannah BILODEAU	JR	<b>#2</b>	UW-Whitewater {2}	<b>12.34</b>	(1.7)	<b>3/29</b>
3	<b>82</b>	Andie SANDMAN	SO	<b>#8</b>	Concordia Moorl	<b>12.45w</b>	(3.3)	<b>3/28</b>
4	<b>87</b>	Emily RENGÓ	JR	<b>#8</b>	Concordia Moorl {2}	<b>12.47w</b>	(3.3)	<b>3/28</b>
5		Nicole MAKOPÉ	SR	<b>#5</b>	St. Norbert	<b>12.75</b>	(1.4)	<b>3/28</b>
6		Samantha MUNSON	JR	<b>#13</b>	Saint Mary's (Mir	<b>12.81</b>	(-1.8)	<b>3/28</b>
7		Eden BOWEN	SO	<b>#2</b>	UW-Whitewater {3}	<b>12.90w</b>	(2.4)	<b>3/29</b>
8		Deanna TRUCKSESS	SR	<b>#16</b>	Northwestern-Si	<b>12.98w</b>	(3.3)	<b>3/28</b>
9		Piper OSBORNE	SO	<b>#8</b>	Concordia Moorl {3}	<b>12.99w</b>	(3.3)	<b>3/28</b>
9		Camille RING	SO	<b>#17</b>	Crown	<b>12.99w</b>	(3.3)	<b>3/28</b>

## Women's 100 Meter Hurdles

1	<b>28</b>	Justus FLOREN	SR	<b>#1</b>	Saint Benedict	<b>15.17w</b>	(2.2)	3/22
2	<b>30</b>	Bridget FINN	SR	<b>#9</b>	Ripon	<b>15.26w</b>	(3.3)	3/22
3	<b>42</b>	Maya HIELSCHER	SR	<b>#4</b>	Concordia Wisco	<b>15.37</b>	(1.8)	<b>3/29</b>
3	<b>42</b>	Sam BURGE	FR	<b>#2</b>	UW-Whitewater	<b>15.37</b>	(1.8)	<b>3/29</b>
5	<b>46</b>	Jenna KALEVIK	SR	<b>#8</b>	Concordia Moorl	<b>15.39w</b>	(2.5)	<b>3/28</b>
6	<b>61</b>	Lena BECKER	SR	<b>#2</b>	UW-Whitewater {2}	<b>15.57</b>	(1.8)	<b>3/29</b>
7	<b>62</b>	Mel PRINCL	FR	<b>#7</b>	UW-Stevens Poir	<b>15.58</b>	(1.2)	<b>3/28</b>
8	<b>64</b>	Tara SCHAALMA	SO	<b>#3</b>	Carthage	<b>15.59</b>	(1.8)	<b>3/29</b>
9	<b>94</b>	Brielle KUECHLE	FR	<b>#6</b>	UW-River Falls	<b>15.94</b>	(0.0)	3/21
10		Lauren BORCHARDT	SR	<b>#5</b>	St. Norbert	<b>16.14</b>	(1.2)	<b>3/28</b>

## Women's 200 Meters

1	<b>31</b>	Kelly HUERTA	FR	<b>#2</b>	UW-Whitewater	<b>25.02</b>	(1.5)	<b>3/29</b>
2	<b>54</b>	Hannah BILODEAU	JR	<b>#2</b>	UW-Whitewater {2}	<b>25.33</b>	(1.5)	<b>3/29</b>
3		Emily RENGÓ	JR	<b>#8</b>	Concordia Moorl	<b>25.88</b>	(1.7)	<b>3/28</b>
4		Jacey READ	FR	<b>#4</b>	Concordia Wisco	<b>25.95</b>	(1.5)	<b>3/29</b>
5		Sarah KERFIN	SR	<b>#3</b>	Carthage	<b>26.16</b>	(1.5)	<b>3/29</b>
6		Samantha MUNSON	JR	<b>#13</b>	Saint Mary's (Mir	<b>26.26</b>	(-2.7)	<b>3/28</b>
7		Madi CROSSMAN	SO	<b>#5</b>	St. Norbert	<b>26.42</b>	(1.3)	<b>3/28</b>
8		Charlotte KUSCH	FR	<b>#10</b>	Carleton	<b>26.63</b>	(0.6)	<b>3/28</b>
9		Lily COOPER	SO	<b>#2</b>	UW-Whitewater {3}	<b>26.71</b>	(1.2)	<b>3/29</b>
10		Brynn FURSTENBERG	JR	<b>#2</b>	UW-Whitewater {4}	<b>26.72</b>	(1.0)	<b>3/29</b>

## Women's 400 Meters

1	<b>20</b>	Allison HOOKOM	JR	<b>#19</b>	Augsburg	<b>57.49</b>		3/22
2		Ava REVOIR	FR	<b>#1</b>	Saint Benedict	<b>1:01.06</b>		<b>3/28</b>
3		Madi CROSSMAN	SO	<b>#5</b>	St. Norbert	<b>1:01.08</b>		<b>3/28</b>
4		Cole MILLER	SO	<b>#18</b>	Beloit	<b>1:01.23</b>		3/15
5		Jaimie DESCHAND	JR	<b>#7</b>	UW-Stevens Poir	<b>1:02.02</b>		<b>3/28</b>
6		Madison GRAMBLICKA	FR	<b>#5</b>	St. Norbert {2}	<b>1:02.43</b>		<b>3/28</b>
7		Jacey READ	FR	<b>#4</b>	Concordia Wisco	<b>1:02.75</b>		3/22
8		Hana SMITH	FR	<b>#23</b>	Carroll (Wis.)	<b>1:02.80</b>		<b>3/28</b>
9		Rianna SCHULTZ	FR	<b>#23</b>	Carroll (Wis.) {2}	<b>1:03.14</b>		<b>3/28</b>
10		Kaitlyn DENAPOLI	SO	<b>#11</b>	MSOE	<b>1:03.91</b>		<b>3/29</b>

## Women's 400 Meter Hurdles

1	<b>16</b>	Lauren BERG	JR	<b>#1</b>	Saint Benedict	<b>1:04.57</b>		<b>3/28</b>
2	<b>45</b>	Bridget FINN	SR	<b>#9</b>	Ripon	<b>1:06.72</b>		3/22
3	<b>80</b>	Chloe OSTREM	SO	<b>#1</b>	Saint Benedict {2}	<b>1:08.17</b>		<b>3/28</b>
4	<b>87</b>	Grace MORAVCHIK	SO	<b>#16</b>	Northwestern-Si	<b>1:08.42</b>		<b>3/28</b>
5	<b>95</b>	Olivia EBEL	SO	<b>#4</b>	Concordia Wisco	<b>1:08.77</b>		3/22
6		Anya ADELGREN	SO	<b>#1</b>	Saint Benedict {3}	<b>1:11.06</b>		<b>3/28</b>
7		Emily PODULKE	FR	<b>#21</b>	Gustavus Adolph	<b>1:11.64</b>		<b>3/28</b>
8		Lauren ROCHEFORD	JR	<b>#21</b>	Gustavus Adolph {2}	<b>1:11.80</b>		<b>3/28</b>
9		Kiki SHERMAN	SR	<b>#9</b>	Ripon {2}	<b>1:11.87</b>		<b>3/28</b>
10		Charlotte KUSCH	FR	<b>#10</b>	Carleton	<b>1:12.07</b>		<b>3/29</b>

## Women's 800 Meters

1	<b>13</b>	Libby GEISNESS	SR	<b>#14</b>	UW-Oshkosh	<b>2:13.93</b>		<b>3/28</b>
2	<b>20</b>	Lara ERICKSON	SR	<b>#10</b>	Carleton	<b>2:15.63</b>		<b>3/28</b>
3	<b>34</b>	Allison HOOKOM	JR	<b>#19</b>	Augsburg	<b>2:17.44</b>		3/22
4	<b>73</b>	Kyla NYGAARD	JR	<b>#8</b>	Concordia Moorl	<b>2:19.78</b>		<b>3/28</b>
5	<b>83</b>	Cyna MADIGAN	SR	<b>#14</b>	UW-Oshkosh {2}	<b>2:20.41</b>		<b>3/28</b>
6	<b>92</b>	Taylor RADAICH	SO	<b>#1</b>	Saint Benedict	<b>2:20.82</b>		<b>3/28</b>
7		Ella DUFAULT	SO	<b>#17</b>	Crown	<b>2:21.33</b>		<b>3/28</b>
8		Danielle VAN GRINSVEN	JR	<b>#4</b>	Concordia Wisco	<b>2:22.00</b>		3/22
9		Bridget FINN	SR	<b>#9</b>	Ripon	<b>2:24.25</b>		3/22
10		Rebekah BUBOLTZ	JR	<b>#23</b>	Carroll (Wis.)	<b>2:24.68</b>		<b>3/28</b>

## Women's 1500 Meters

1	<b>16</b>	Amelia LEHMAN	SR	<b>#14</b>	UW-Oshkosh	<b>4:37.16</b>		<b>3/28</b>
2	<b>43</b>	Jenny CORTES	JR	<b>#9</b>	Ripon	<b>4:43.70</b>		<b>3/28</b>
3	<b>53</b>	Sophie MCMANUS	SR	<b>#10</b>	Carleton	<b>4:44.59</b>		<b>3/29</b>
4	<b>60</b>	Katie ERB	JR	<b>#2</b>	UW-Whitewater	<b>4:45.13</b>		<b>3/28</b>
5		Melanie ARVIS	JR	<b>#4</b>	Concordia Wisco	<b>4:50.36</b>		<b>3/29</b>
6		Paige FASSBENDER	SR	<b>#2</b>	UW-Whitewater {2}	<b>4:52.46</b>		<b>3/28</b>
7		Ella DUFAULT	SO	<b>#17</b>	Crown	<b>4:52.98</b>		<b>3/28</b>
8		Emma AHRENS	SO	<b>#4</b>	Concordia Wisco {2}	<b>4:54.08</b>		3/22
9		Danielle VAN GRINSVEN	JR	<b>#4</b>	Concordia Wisco {3}	<b>4:56.42</b>		<b>3/29</b>
10		Olivia SHIP	SR	<b>#5</b>	St. Norbert	<b>4:57.13</b>		<b>3/28</b>

## Women's Steeplechase

1	<b>5</b>	Sophie MCMANUS	SR	<b>#10</b>	Carleton	<b>10:50.93</b>		<b>3/28</b>
2	<b>11</b>	Becca IMMER	SO	<b>#12</b>	UW-La Crosse	<b>11:01.26</b>		<b>3/28</b>
3	<b>15</b>	Katelyn CHADWICK	SR	<b>#12</b>	UW-La Crosse {2}	<b>11:09.00</b>		<b>3/28</b>
4	<b>18</b>	Libby ROWLAND	SR	<b>#10</b>	Carleton {2}	<b>11:15.66</b>		<b>3/28</b>
5	<b>52</b>	Mary KENNEY	JR	<b>#1</b>	Saint Benedict	<b>11:45.98</b>		<b>3/28</b>
6	<b>58</b>	Kalli SMITH	SR	<b>#1</b>	Saint Benedict {2}	<b>11:50.99</b>		<b>3/28</b>
7		Sabryn BLEY	SR	<b>#11</b>	MSOE	<b>12:43.86</b>		<b>3/29</b>
8		Anabella WITSCHEN	SO	<b>#1</b>	Saint Benedict {3}	<b>12:48.41</b>		<b>3/28</b>
9		Mariah BROOKS	FR	<b>#1</b>	Saint Benedict {4}	<b>13:08.46</b>		<b>3/28</b>
10		Emily TESS	SR	<b>#1</b>	Saint Benedict {5}	<b>13:09.18</b>		<b>3/28</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



North

as of 4/1/2025 7:52:56 AM ET

## Women's 5000 Meters

1	<b>6</b>	Lauren WALDA	JR	#15 St. Olaf	17:05.92	3/28
2	<b>77</b>	Sofia CARLSON	SR	#15 St. Olaf	{2}18:06.11	3/28
3		Mikayla FLYTE	SR	#9 Ripon	18:28.14	3/22
4		Kylie SMITH	SR	<b>#3</b> Carthage	18:28.18	3/28
5		Grace MOELLER	JR	#15 St. Olaf	{3}18:45.51	3/28
6		Gabby ALLARD	SO	#9 Ripon	{2}18:50.69	3/22
7		Mya SLAVIN	<b>FR</b>	#13 Saint Mary's (Mir	18:52.44	3/28
8		Emery MAKI	SO	#16 Northwestern-St	19:05.85	3/28
9		Arabella ENGLAND	<b>FR</b>	#15 St. Olaf	{4}19:28.86	3/28
10		Anna FITZGERALD	SO	<b>#5</b> St. Norbert	19:45.72	3/28

## Women's 10,000 Meters

1	<b>6</b>	Lucy DUCHAC	JR	#12 UW-La Crosse	35:22.51	3/28
2	<b>8</b>	Madelynn MCINTYRE	SR	#12 UW-La Crosse	{2}35:26.00	3/28
3	<b>12</b>	Alison BODE	SR	#15 St. Olaf	35:51.23	3/28
4	<b>18</b>	Brooklyn LUEBKE	SO	#12 UW-La Crosse	{3}36:51.65	3/28
5	<b>29</b>	Mallory REISER	SO	#12 UW-La Crosse	{4}37:32.31	3/28
6	<b>38</b>	Jamie CATANIA	JR	#14 UW-Oshkosh	38:11.36	3/28
7	<b>43</b>	Hannah FLISS	SR	UW-Platteville	38:27.81	3/28
8	<b>45</b>	Ella HANSEN	SO	<b>#2</b> UW-Whitewater	38:35.49	3/28
9	<b>90</b>	Allison VAN DER WEGEN	SO	#14 UW-Oshkosh	{2}40:18.16	3/28
10		Gwen FEITL	JR	#14 UW-Oshkosh	{3}40:42.12	3/28

## Women's 4x100 Relay

1	<b>26</b>	Emily Rengo, Andie Sandman, Piper Osborne, Kyla Nygaard	#8 Concordia Moorl	48.57	3/28
2	<b>52</b>	Maya Hielscher, Jacey Read, Natiya Ballard, Sabrina Moore	<b>#4</b> Concordia Wisco	49.49	3/29
3	<b>56</b>	Mel Princ, Madi Fisher, Grace Goodness, Adyn Theriault	#7 UW-Stevens Poir	49.87	3/28
4	<b>72</b>	Xara Gin, McKenzie Munson, Melissa Torres, Samantha Munson	#13 Saint Mary's (Mir	50.53	3/29
5	<b>83</b>	Grace Buntrock, Anna Gries, Myah Nelson, Allee Feldman	<b>#1</b> Saint Benedict	50.89	3/28
6	<b>96</b>	Ellie Staehling, Bijou Phillips, Gracie Wolfe, Nicole Makope	<b>#5</b> St. Norbert	51.34	3/28
7		Takia Campbell, Nacia Griffin, Brookelyn Young, Allison Hookom	#19 Augsburg	51.67	3/22
8		Jaslyn Gama, Naomi Murphy, Niomee Casey, Cole Miller	#18 Beloit	52.70	3/15
9		Mariah Schultz, Hannah Rodmyre, Macie VanDenHeuvel, Grace Powers	#20 Martin Luther	56.03	3/28
10		Madelyn Vanderhoof, Amelia Kelley, Marin Schibbelhut, Lucia Gallardo Martos	#25 Wisconsin Luthe	57.19	3/22

## Women's 4x400 Relay

1	<b>57</b>	Ava Revoir, Taylor Radaich, Kalli Smith, Lauren Berg	<b>#1</b> Saint Benedict	4:10.88	3/28
2	<b>60</b>	Mandy Nelson, Tara Schaalma, Noelle Marsh, Kristin Farabaugh	<b>#3</b> Carthage	4:12.00	3/29
3	<b>73</b>	Charlotte Kusch, Lara Erickson, Kayla Marx, Alice Islam	#10 Carleton	4:14.89	3/28
4		Melanie Arvis, Elizabeth Backus, Kylee Camble, Danielle Van Grinsven	<b>#4</b> Concordia Wisco	4:23.94	3/22
5		Madelyn Vanderhoof, Amelia Kelley, Lauren Rastall, Emily Meiller	#25 Wisconsin Luthe	4:56.23	3/22





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## Women's High Jump

1	8	Bridget FINN	SR	#9 Ripon	1.63m	5-4¼	3/22
2	27	Zoe RODER	FR	#2 UW-Whitewater	1.59m	5-2½	3/29
3	52	Emma EILERTSON	SO	#4 Concordia Wisco	1.55m	5-1	3/22
3	52	Madeline ZIRBEL	JR	#7 UW-Stevens Poir	1.55m	5-1	3/28
5	78	Abby BURR	SO	#2 UW-Whitewater {2}	1.54m	5-½	3/29
5	78	Teagan JOHNSTON	SR	#3 Carthage	1.54m	5-½	3/29
5	78	Brynn FUERSTENBERG	JR	#2 UW-Whitewater {2}	1.54m	5-½	3/29
8	86	Peyton SELLE	SR	#8 Concordia Moorl	1.53m	5-¼	3/28
9		Brielle KUECHLE	FR	#6 UW-River Falls	1.51m	4-11½	3/21
10		Kayla KAJER	FR	#21 Gustavus Adolph	1.50m	4-11	3/28
10		Elena BRAUER	JR	#20 Martin Luther	1.50m	4-11	3/28
10		Kiera STOMMES	FR	#1 Saint Benedict	1.50m	4-11	3/28
10		Kaia GACK	FR	#8 Concordia Moorl {2}	1.50m	4-11	3/28
10		Naomi MURPHY	SO	#18 Beloit	1.50m	4-11	3/15

## Women's Pole Vault

1	7	Annika GUNDERSON	JR	#6 UW-River Falls	3.81m	12-6	3/28
2	14	Abigail BIGGS	FR	#6 UW-River Falls {2}	3.57m	11-8½	3/28
3	27	Jaylyn AHLBERG	JR	#1 Saint Benedict	3.42m	11-2½	3/22
3	27	Kalli Jo KLOCKE	SR	#6 UW-River Falls {3}	3.42m	11-2½	3/28
5	60	Lili RAIDT	SO	#1 Saint Benedict {2}	3.27m	10-8¾	3/22
6	66	Malerie MOREY	SO	#2 UW-Whitewater	3.21m	10-6¼	3/29
6	66	Isabella GALINDO	JR	#5 St. Norbert	3.21m	10-6¼	3/28
6	66	Caitlyn WEITZEL	SO	#4 Concordia Wisco	3.21m	10-6¼	3/29
6	66	Ella MAHER	SR	#2 UW-Whitewater	3.21m	10-6¼	3/29
10	72	Xara GIN	FR	#13 Saint Mary's (Mir	3.20m	10-6	3/28

## Women's Long Jump

1	13	Christina HALL	JR	#3 Carthage	5.62m	18-5¼ (1.1)	3/29
2	18	Sabriya FARQUHARSON	SO	#1 Saint Benedict	5.58mw	18-3¼ (2.2)	3/22
3	35	Lindsey TAYLOR	SO	#7 UW-Stevens Poir	5.36m	17-7 (1.7)	3/28
4	37	Teagan JOHNSTON	SR	#3 Carthage {2}	5.35mw	17-6¾ (2.4)	3/29
5	43	Bridget FINN	SR	#9 Ripon	5.32m	17-5½ (0.9)	3/28
6	53	Marissa LORENZ	SR	#5 St. Norbert	5.28mw	17-4 (3.9)	3/28
7	55	Adyn THERIAULT	JR	#7 UW-Stevens Poir {2}	5.27mw	17-3½ (2.5)	3/28
8	58	Justus FLOREN	SR	#1 Saint Benedict {2}	5.26mw	17-3¼ (2.7)	3/22
9	67	Cassandra VAUGHN	FR	#5 St. Norbert {2}	5.21m	17-1¼ (0.4)	3/28
10	76	Maya HIELSCHER	SR	#4 Concordia Wisco	5.18m	17-0 (1.3)	3/29

## Women's Triple Jump

1	20	Amiyah JACKSON	FR	#4 Concordia Wisco	11.35m	37-3 (1.0)	3/29
2	42	Lexie WEIER	JR	#2 UW-Whitewater	10.95m	35-11¼ (1.0)	3/29
3	50	Sabriya FARQUHARSON	SO	#1 Saint Benedict	10.91mw	35-9½ (2.3)	3/22
4	59	Tara SCHAALMA	SO	#3 Carthage	10.84m	35-6¾ (1.5)	3/29
5	66	Alli CLARK	SO	#5 St. Norbert	10.76m	35-3¾ (1.3)	3/28
6		Kaitlyn KOTULA	JR	#4 Concordia Wisco {2}	10.39m	34-1¼ (1.0)	3/29
7		Maggie MCCABE	FR	#1 Saint Benedict {2}	10.35m	33-11½ (0.0)	3/28
8		Marissa LORENZ	SR	#5 St. Norbert {2}	10.24m	33-7¼ (0.0)	3/28
9		Anna GRIES	FR	#1 Saint Benedict {3}	10.08mw	33-1 (3.4)	3/28
10		Nicole ARNHOLD	JR	#9 Ripon	10.02mw	32-10½ (2.9)	3/22

## Women's Shot Put

1	8	Kenni CZARNECKI	SR	#2 UW-Whitewater	13.09m	42-11½	3/29
2	17	Alexis MATTOX	SR	#3 Carthage	12.75m	41-10	3/29
3	18	Jackie TUZIL	JR	#3 Carthage {2}	12.70m	41-8	3/29
4	22	Madison PAYNE	JR	#3 Carthage {3}	12.59m	41-3¾	3/29
5	25	Katrina WAWRZYN	SR	#11 MSOE	12.51m	41-½	3/29
6	28	Mikayla WRIGHT	SR	#3 Carthage {4}	12.46m	40-10½	3/29
7	36	Stephanie WITBROD	SR	Bethany Luthera	12.38m	40-7½	3/28
8	44	Lupe CORN	SR	#7 UW-Stevens Poir	12.23m	40-1½	3/28
9	49	Josephine JACKLIN	JR	#11 MSOE {2}	12.09m	39-8	3/29
10	60	Taylor THIRY	JR	#5 St. Norbert	11.96m	39-3	3/28

## Women's Discus

1	5	Ryleigh CZARNECKI	SO	#2 UW-Whitewater	46.00m	150-11	3/29
2	6	Nicole TARPLEY	SR	#3 Carthage	45.10m	148-0	3/29
3	20	Kenni CZARNECKI	SR	#2 UW-Whitewater {2}	41.44m	136-0	3/29
4	23	Jackie TUZIL	JR	#3 Carthage {2}	41.08m	134-10	3/29
5	39	Georgia MUNDT	FR	#6 UW-River Falls	40.02m	131-4	3/28
6	45	Madison LEIFER	FR	#6 UW-River Falls {2}	39.38m	129-3	3/28
7	75	Kailey RAMAKER	JR	#4 Concordia Wisco	36.93m	121-2	3/29
8	80	Bella HARRIMAN	JR	#7 UW-Stevens Poir	36.77m	120-8	3/28
9	81	Christian SMITH	SO	#1 Saint Benedict	36.72m	120-6	3/22
10	83	Allison BANSE	FR	#1 Saint Benedict {2}	36.51m	119-10	3/28

## Women's Hammer

1	7	Alexis MATTOX	SR	#3 Carthage	51.39m	168-7	3/29
2	12	Nicole TARPLEY	SR	#3 Carthage {2}	49.70m	163-1	3/29
3	13	Kenni CZARNECKI	SR	#2 UW-Whitewater	49.53m	162-6	3/29
4	16	Ella STRITESKY	JR	#22 St. Scholastica	49.13m	161-2	3/28
5	31	Kylie CRUM	JR	#11 MSOE	47.26m	155-1	3/29
6	54	Josephine JACKLIN	JR	#11 MSOE {2}	44.94m	147-5	3/29
7	56	Jessa ALDERMAN	JR	#11 MSOE {3}	44.73m	146-9	3/29
8	63	Ryleigh CZARNECKI	SO	#2 UW-Whitewater {2}	44.34m	145-6	3/29
9	80	Ella ENGEN	JR	#22 St. Scholastica {2}	43.27m	142-0	3/28
10	84	Lauryn SCHUTZ	FR	#6 UW-River Falls	43.16m	141-7	3/28

## Women's Javelin

1	37	Genevieve GRUBA	SO	#8 Concordia Moorl	36.63m	120-2	3/28
2	47	Sidney BADER	JR	#24 UW-Superior	36.07m	118-4	3/28
3	60	Maya HIELSCHER	SR	#4 Concordia Wisco	35.34m	116-0	3/22
4	63	Justus FLOREN	SR	#1 Saint Benedict	35.29m	115-10	3/28
5	81	Carmella LANGE	SR	#3 Carthage	34.38m	112-10	3/29
6	85	Emily ASHTON	JR	#16 Northwestern-St	34.28m	112-6	3/28
7	92	Lindsey TAYLOR	SO	#7 UW-Stevens Poir	34.16m	112-1	3/28
8		Madison PAYNE	JR	#3 Carthage {2}	33.75m	110-9	3/29
9		Mariah MOEHN	SR	#7 UW-Stevens Poir {2}	32.35m	106-2	3/28
10		Daphne ARAVENA	FR	#5 St. Norbert	31.42m	103-1	3/28





USTFCCCA NCAA Division III Outdoor Track & Field  
**Regional TFRI Event Summary**

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**Women's Heptathlon**

1	<b>2</b>	Bridget FINN	SR	#9 Ripon	<b>4,718</b>	3/22
2	<b>10</b>	Haylie RASMUSSEN	SO	#6 UW-River Falls	<b>3,827</b>	3/21
3	<b>14</b>	Brielle KUECHLE	FR	#6 UW-River Falls	{2} <b>3,734</b>	3/21
4	<b>18</b>	Lauren MACHACEK	FR	#6 UW-River Falls	{3} <b>3,391</b>	3/21
5	<b>20</b>	Savannah LEOPOLD	SO	#6 UW-River Falls	{4} <b>3,293</b>	3/21
6	<b>25</b>	Jacklyn TEPLY	FR	#6 UW-River Falls	{5} <b>3,064</b>	3/21
7	<b>26</b>	Nicole ARNHOLD	JR	#9 Ripon	{2} <b>3,043</b>	3/22
8	<b>28</b>	Elena FUGLESTAD	SO	#6 UW-River Falls	{6} <b>2,751</b>	3/21



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## Women's 100 Meters

1	12	Eva CARCHIDI	SR	#1 Emory	12.00	(0.3)	3/28
2	14	Yasmin DEANE	FR	#21 Mary Washington	12.01	(1.1)	3/29
3	20	Jada KENNER	FR	#1 Emory	{2}12.11	(0.9)	3/28
3	20	Olivia FREEMAN	JR	#8 Rhodes	12.11w	(2.8)	3/29
5	29	Ti'asia BRYANT	SO	#17 North Carolina W	12.20	(-0.1)	3/22
6	31	Aubrey GUYDEN	JR	#20 Oglethorpe	12.23w	(2.3)	3/22
6	31	Audrey JOHNSON	SR	#1 Emory	{3}12.23	(1.1)	3/28
8	35	Lilly VERSEN	FR	#3 Washington and	12.24	(1.6)	3/29
9	37	Kamiyah WOOTEN	SO	#17 North Carolina W	{2}12.25	(1.2)	3/29
10	38	Kimona HAYNES	JR	#9 Belhaven (Miss.)	12.27	(1.2)	3/9

## Women's 100 Meter Hurdles

1	3	Nikki BOON	SR	#1 Emory	14.23	(1.3)	3/28
2	6	Betsy MOHNKERN	SR	#4 Lynchburg	14.36w	(2.6)	3/29
3	16	Amanda ROMANO	SR	#3 Washington and	14.83w	(2.3)	3/29
4	27	Olivia VIERS	SO	#7 Roanoke	15.10w	(2.6)	3/29
5	31	Journey MORRISON	FR	#22 Univ. of the Sout	15.29	(0.7)	3/28
6	37	Deziree CONKLIN	SR	#12 Marymount (Va.)	15.32	(2.0)	3/22
7	45	Melayna PETTIGREW	FR	#1 Emory	{2}15.38	(0.7)	3/28
8	50	Macy MURDOCK	JR	#2 Berry	15.44w	(2.8)	3/9
9	53	Flo TORRES	SR	#10 Southern Virgini	15.45w	(2.3)	3/29
10	55	Cammi WINSTON	SR	#7 Roanoke	{2}15.46w	(2.6)	3/29

## Women's 200 Meters

1	16	Kimona HAYNES	JR	#9 Belhaven (Miss.)	24.80	(1.5)	3/9
2	26	Nikki BOON	SR	#1 Emory	24.95	(2.0)	3/28
3	40	Jade BUCKLES	JR	#5 Bridgewater (Va.	25.19w	(2.1)	3/29
4	47	Kaya BINETTI	SR	#1 Emory	{2}25.27	(-0.4)	3/28
5	52	Summer WALLACE	SO	#5 Bridgewater (Va.)	{2}25.31w	(2.1)	3/29
6	57	Lucy NICHOLSON	FR	#2 Berry	25.35	(0.7)	3/28
7	62	Rylee TURNER	JR	#4 Lynchburg	25.44	(1.2)	3/29
8	68	Ashaunti JONES	SR	#9 Belhaven (Miss.)	{2}25.48	(1.5)	3/9
9	72	Lindsey HOBIN	JR	#7 Roanoke	25.50w	(3.1)	3/22
10	80	Olivia FREEMAN	JR	#8 Rhodes	25.57	(1.5)	3/29
10	80	Ti'asia BRYANT	SO	#17 North Carolina W	25.57	(1.0)	3/22

## Women's 400 Meters

1	5	Ashaunti JONES	SR	#9 Belhaven (Miss.)	55.99		3/22
2	7	Kimona HAYNES	JR	#9 Belhaven (Miss.)	{2}56.16		3/22
3	28	Ilana HAWKINS	SO	#12 Marymount (Va.)	57.84		3/29
4	29	Amaya GRANT	FR	#1 Emory	57.89		3/28
5	56	Clare MARSH	SR	#6 Catholic (D.C.)	59.07		3/29
6	62	Sydney TRUSSELL	SR	#11 Christopher New	59.22		3/29
7	64	Brigid BYRNES	SO	#6 Catholic (D.C.)	{2}59.29		3/29
8	67	Maryrose MOLINA-SHUMAN	JR	#7 Roanoke	59.32		3/29
9	83	Mesiyah HOWELL	FR	Pfeiffer	59.68		3/29
10	90	Jazmine PATTERSON	JR	Hollins	59.87		3/22

## Women's 400 Meter Hurdles

1	5	Amanda ROMANO	SR	#3 Washington and	1:02.68		3/29
2	9	Macy MURDOCK	JR	#2 Berry	1:03.41		3/22
3	11	Brigid BYRNES	SO	#6 Catholic (D.C.)	1:03.51		3/21
4	15	Clare MARSH	SR	#6 Catholic (D.C.)	{2}1:04.44		3/29
5	17	Ophelia LADNER	JR	#7 Roanoke	1:04.61		3/22
6	30	Melayna PETTIGREW	FR	#1 Emory	1:05.85		3/22
7	32	Caroline HANSEN	SR	#1 Emory	{2}1:05.93		3/22
8	40	Mia MCCONNELL	SO	#6 Catholic (D.C.)	{3}1:06.14		3/21
9	51	Flo TORRES	SR	#10 Southern Virgini	1:06.99		3/29
10	57	Deziree CONKLIN	SR	#12 Marymount (Va.)	1:07.23		3/29

## Women's 800 Meters

1	4	Madison TIAFFAY	JR	#1 Emory	2:11.45		3/28
2	7	Luna MCCAULEY	JR	#1 Emory	{2}2:12.71		3/28
3	10	Anna ROSE	SR	#2 Berry	2:13.45		3/28
4	24	Channing BARKER	SR	Brevard (N.C.)	2:16.19		3/28
5	30	Nikki BOON	SR	#1 Emory	{3}2:16.77		3/28
6	35	Payton SULLIVAN	JR	#1 Emory	{4}2:17.49		3/28
7	41	Mimi KEMP	SR	#3 Washington and	2:17.73		3/29
7	41	Payton FLEMING	SO	#1 Emory	{5}2:17.73		3/28
9	53	Sophia POWELL	FR	#1 Emory	{6}2:18.45		3/28
10	62	Rowan MILLER	FR	#1 Emory	{7}2:19.22		3/28

## Women's 1500 Meters

1	1	Madison TIAFFAY	JR	#1 Emory	4:28.77		3/28
2	18	Luna MCCAULEY	JR	#1 Emory	{2}4:38.46		3/28
3	22	Payton FLEMING	SO	#1 Emory	{3}4:39.42		3/28
4	24	Rowan MILLER	FR	#1 Emory	{4}4:39.60		3/28
5	27	Liesl SCHERRER	SR	#1 Emory	{5}4:40.06		3/28
6	34	Kate INGLIS	SR	#6 Catholic (D.C.)	4:41.21		3/29
7	35	Allison DELL	SR	#4 Lynchburg	4:41.33		3/29
8	37	Heidi BARTON	JR	#10 Southern Virgini	4:41.81		3/22
9	38	Anna ROSE	SR	#2 Berry	4:41.85		3/22
10	42	Emma MITCHELL	SR	#3 Washington and	4:43.56		3/22

## Women's Steeplechase

1	25	Davis JOHNSON	FR	#1 Emory	11:21.68		3/28
2	32	Bayleigh REDD	SR	#10 Southern Virgini	11:29.10		3/22
3	42	Brianna BREVAULT	JR	#3 Washington and	11:38.49		3/29
4	81	Skyler SEEGER	JR	#13 Piedmont	12:05.80		3/22
5	85	Halie MAST	SR	#18 Eastern Mennon	12:11.25		3/29
6		Riley IMBORNONE	SO	#8 Rhodes	12:27.14		3/29
7		Savannah REID	SR	#7 Roanoke	12:40.45		3/29
8		Riley MICHAUD	SR	#20 Oglethorpe	12:40.84		3/22
9		Katie FRANKMAN	JR	#2 Berry	12:58.36		3/22
10		Elili ASEFA	JR	#18 Eastern Mennon	{2}12:58.44		3/29



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## Women's 5000 Meters

1	18	Sophia BRESCHI	JR	#3 Washington and	17:28.24	3/22
2	24	Taylor MYERS	FR	#5 Bridgewater (Va.	17:33.36	3/22
3	34	Anna ROSE	SR	#2 Berry	17:39.38	3/28
4	65	Kate INGLIS	SR	#6 Catholic (D.C.)	17:58.62	3/21
5	75	Anna AYERS	JR	#2 Berry {2}	18:04.73	3/28
6	93	Claire HAMLET	SR	#3 Washington and {2}	18:11.93	3/22
7		Delaney SAULSBURY	JR	#4 Lynchburg	18:16.26	3/22
8		Elizabeth CSIKAI	SO	#1 Emory	18:20.26	3/28
9		Laurel MCMAHON	SO	#6 Catholic (D.C.) {2}	18:22.81	3/21
10		Evangelia BERRY	SO	#16 Covenant	18:26.06	3/28

## Women's 10,000 Meters

1	19	Taylor MYERS	FR	#5 Bridgewater (Va.	36:52.27	3/29
2	40	Ariel ELLIS	JR	#2 Berry	38:21.51	3/28
3	52	Brier AMERLINCK	SO	#12 Marymount (Va.)	39:06.81	3/22
4	56	Evangelia BERRY	SO	#16 Covenant	39:19.22	3/15
5	83	Jenna SASS	SR	#14 Randolph	40:06.13	3/29
6	94	Madison CHORNEY	FR	#19 Shenandoah	40:24.00	3/22
7	97	Emma LAMBERT	SR	#2 Berry {2}	40:28.20	3/9
8		Emerson TILLERY	SO	#16 Covenant {2}	40:30.46	3/15
9		Frances EDWARDS	SR	#24 Millsaps	40:55.63	3/15
10		Sarah OLSON	SO	#16 Covenant {3}	41:12.58	3/22

## Women's 4x100 Relay

1	2	Kaya Binetti, Eva Carchidi, Dashiel Tao Harris, Audrey Johnson	#1 Emory	46.78	3/28
2	13	Nalonda Henderson, Lindsey Hobin, Mae Kaufman, Eleanor Hinckley	#7 Roanoke	47.67	3/29
3	20	Jade Buckles, Adalia Coleman, Summer Wallace, Olivia Bates	#5 Bridgewater (Va.	48.15	3/29
4	38	Yasmin Deane, Journey Mason, Jolene Adu, Sophia Redmond	#21 Mary Washington	49.00	3/29
5	41	Ashley D'Ambrosia, Lilly Versen, Olivia D'Ambrosia, Ana Hodneland	#3 Washington and	49.06	3/22
6	53	Jennifer Moore, Jaidyn Turner, Jessica Taylor, Tatianna Langston	#14 Randolph	49.51	3/29
7	55	Marianna Moell, Julia Shipes, Marissa Green, Lucy Nicholson	#2 Berry	49.85	3/22
8	59	Erin Buckley, Kortney Clipper, Sarah Schumacher, Felicity Giampietro	#6 Catholic (D.C.)	50.00	3/29
9	60	#Type!	#25 Mississippi Univ.	50.01	3/9
10	62	Erykalyn Neal, Treazure Rosario-watson, Quierra Hawkins, Kayleen Grullon	#23 Methodist	50.17	3/29



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South

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## Women's 4x400 Relay

1	4	Audrey Johnson, Jada Kenner, Dashiell Tao Harris, Eva Carchidi	#1 Emory	3:46.96	3/28
2	11	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes	#6 Catholic (D.C.)	3:57.12	3/29
3	14	Ana Hodneland, Annabelle Sutliff, Amanda Romano, Jesma Evans	#3 Washington and	3:59.04	3/22
4	32	Julianne Shirley, Lucy Nicholson, Marianna Moell, Macy Murdock	#2 Berry	4:04.53	3/28
5	55	Anna Miller, Genna Andreasik, Hannah Schmincke, Samaria Little	#4 Lynchburg	4:10.55	3/29
6	72	Megan Weilmuenster, Ellie Spears, Sienna Collier, Esther Lamb	#8 Rhodes	4:14.74	3/29
7	91	Arianna Shirak, Laney Kalsu, Emory Rhodes, Abigail Armstrong	#22 Univ. of the Sout	4:21.46	3/22
8	97	Michelle Cates, Bella Caccamo, Tanea Davis, Allison Cantrell	#13 Piedmont	4:22.65	3/15
9	100	Ilana Hawkins, Madeleine Pare, Abby Hughes, Dezieere Conklin	#12 Marymount (Va.)	4:23.24	3/15
10		Quierra Hawkins, Imani Kee, Alexandria Wilborn, Katena Morrison	#23 Methodist	4:31.76	3/22

## Women's High Jump

1	7	Camille GILLUM	JR	#3 Washington and	1.64m	5-4½	3/22
2	8	Nikki BOON	SR	#1 Emory	1.63m	5-4¼	3/28
3	11	Summer WALLACE	SO	#5 Bridgewater (Va.	1.61m	5-3¾	3/29
4	27	Marin SIMONS	FR	#10 Southern Virgini	1.59m	5-2½	3/22
5	31	Norah CIANO	SR	#15 Virginia Wesleya	1.58m	5-2¼	3/22
5	31	Emma CHRISTENSEN	SR	#16 Covenant	1.58m	5-2¼	3/22
5	31	Kris WILLIAMS	SO	#2 Berry	1.58m	5-2¼	3/9
8	37	Margo FOX	JR	#4 Lynchburg	1.57m	5-1¾	3/22
9	40	Maddie WATSON	FR	#5 Bridgewater (Va. {2}	1.56m	5-1¼	3/29
10	52	Madi DUKE	SR	#2 Berry	{2} 1.55m	5-1	3/22
10	52	Abby ATWOOD	FR	#18 Eastern Mennon	1.55m	5-1	3/29
10	52	Eleanor SCOTT	JR	#24 Millsaps	1.55m	5-1	3/22
10	52	Julia SHIPES	SO	#2 Berry	{2} 1.55m	5-1	3/28

## Women's Pole Vault

1	9	Ashley D'AMBROSIA	SR	#3 Washington and	3.78m	12-4¾	3/29
2	21	Allison BOBST	SR	#4 Lynchburg	3.50m	11-5¾	3/29
3	25	Layla KEADLE	FR	#3 Washington and {2}	3.48m	11-5	3/29
4	30	Madi FUERST	FR	#6 Catholic (D.C.)	3.40m	11-1¾	3/29
5	41	Cameron WEBER	SO	#4 Lynchburg	{2} 3.35m	10-11¾	3/29
6	52	Erin MAKHANIAN	FR	#1 Emory	3.30m	10-9¾	3/22
6	52	Madeline HUBBERT	SR	#2 Berry	3.30m	10-9¾	3/28
8	90	Emilee EASLEY	SO	#2 Berry	{2} 3.15m	10-4	3/28
8	90	Hannah RILEY	SO	#1 Emory	{2} 3.15m	10-4	3/22
10		Tasha MILLER	JR	#7 Roanoke	3.05m	10-0	3/29

## Women's Long Jump

1	3	Nikki BOON	SR	#1 Emory	5.91m	19-4¾ (0.0)	3/28
2	18	Margo FOX	JR	#4 Lynchburg	5.58m	18-3¾ (0.2)	3/29
3	29	Kacey KELLY	JR	#4 Lynchburg	{2} 5.42m	17-9½ (0.0)	3/29
4	40	Kennedy CHAPMAN	SO	#15 Virginia Wesleya	5.33m	17-6 (0.0)	3/29
5	47	Summer WALLACE	SO	#5 Bridgewater (Va.	5.29m	17-4¾ (1.9)	3/29
5	47	Selah PARKER	FR	#4 Lynchburg	{3} 5.29m	17-4¾ (0.0)	3/29
7	61	Hailey WRIGHT	JR	#20 Oglethorpe	5.24m	17-2¼ (-0.1)	3/28
8	66	Anna JENNINGS	FR	#1 Emory	{2} 5.22m	17-1½ (1.3)	3/22
9	76	Jade BUCKLES	JR	#5 Bridgewater (Va. {2}	5.18m	17-0 (1.5)	3/29
9	76	Lilly VERSEN	FR	#3 Washington and	5.18m	17-0 (1.4)	3/22

## Women's Triple Jump

1	3	Kacey KELLY	JR	#4 Lynchburg	11.99m	39-4 (0.6)	3/29
2	11	Caroline HANSEN	SR	#1 Emory	11.63m	38-2 (-0.5)	3/28
3	14	Amaya GRANT	FR	#1 Emory	{2} 11.50m	37-8¾ (-1.9)	3/28
4	15	Olivia CRIGGER	FR	#5 Bridgewater (Va.	11.47m	37-7¾ (0.0)	3/22
5	16	Jakia JOINER	SO	#9 Belhaven (Miss.)	11.45m	37-6¾ (0.0)	3/1
6	23	Audrey JOHNSON	SR	#1 Emory	{3} 11.29m	37-½ (-0.6)	3/28
7	29	Treasure ROSARIO-WATSON	JR	#23 Methodist	11.16m	36-7½ (1.9)	3/22
8	39	Natalie BLACK	FR	#9 Belhaven (Miss.) {2}	11.01m	36-1½ (0.0)	3/1
9	57	KeSondra PICKETT	FR	#17 North Carolina W	10.86m	35-7¾ (-2.4)	3/22
10	64	Keri EDWARDS	FR	#20 Oglethorpe	10.80m	35-5¼ (0.0)	3/22

## Women's Shot Put

1	2	Onoyeme EGURE	SO	#2 Berry	14.03m	46-½	3/22
2	15	Sarah FINEMAN	SR	#1 Emory	12.84m	42-1½	3/28
3	16	Abby MIKOLAY	SO	#5 Bridgewater (Va.	12.78m	41-11¼	3/22
4	41	Nikki BOON	SR	#1 Emory	{2} 12.32m	40-5	3/28
5	47	Ciara DONEGAN	SR	#6 Catholic (D.C.)	12.17m	39-11¼	3/29
6	53	Christian VAN NORDEN	SR	#17 North Carolina W	12.03m	39-5¾	3/22
7	68	Jeanette HYDUKOVICH	FR	#1 Emory	{3} 11.89m	39-¼	3/22
8	85	Avery JONES	JR	#2 Berry	{2} 11.72m	38-5½	3/28
9	89	Emily JACKSON	FR	#3 Washington and	11.69m	38-4¼	3/29
10	92	Katherine STEVENS	SR	#11 Christopher New	11.67m	38-3½	3/29
10	92	Brooklyn KELLEY	FR	#25 Mississippi Univ.	11.67m	38-3½	3/9



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## Women's Discus

1	17	Abby MIKOLAY	SO	#5 Bridgewater (Va.)	42.18m	138-5	3/22
2	38	Jeanette HYDUKOVICH	FR	#1 Emory	40.03m	131-4	3/22
3	48	Denise KAMGAING	FR	#15 Virginia Wesleya	38.93m	127-9	3/22
4	51	Allie FELTUS	SR	#13 Piedmont	38.59m	126-7	3/29
5	69	Katherine STEVENS	SR	#11 Christopher New	37.18m	122-0	3/29
6	71	Kenzie SWICEGOOD	SO	#4 Lynchburg	37.00m	121-5	3/29
7	73	Kym YOUNG	SR	#8 Rhodes	36.96m	121-3	3/29
8	91	Abbey COX	FR	Maryville (Tenn.)	36.39m	119-5	3/29
9	96	Kiersten ALLING	SO	#14 Randolph	36.13m	118-7	3/29
10		Taylor SAVAGE	JR	#9 Belhaven (Miss.)	35.65m	117-0	3/22

## Women's Hammer

1	9	Katherine STEVENS	SR	#11 Christopher New	50.61m	166-1	3/29
2	19	Bailey HEDGEMON	JR	#3 Washington and	48.69m	159-9	3/29
3	52	Malysa WINSTON	JR	#2 Berry	45.18m	148-3	3/28
4	72	Kiersten ALLING	SO	#14 Randolph	43.71m	143-5	3/29
5	74	Aldora TUILAEPa	FR	#18 Eastern Mennon	43.57m	143-0	3/22
6	77	Kailyn THOMAS	SR	#13 Piedmont	43.37m	142-4	3/15
7	86	Abigail ROBERTS	FR	#1 Emory	43.13m	141-6	3/28
8	96	Zoe CURTIS	SR	#8 Rhodes	42.56m	139-8	3/22
9	100	Sarah FUCHS	JR	#7 Roanoke	42.45m	139-3	3/29
10		Rylee EHRETT	SO	#11 Christopher New	42.43m	139-3	3/29

## Women's Javelin

1	12	Nikki BOON	SR	#1 Emory	39.49m	129-7	3/28
2	18	Kacey KELLY	JR	#4 Lynchburg	37.90m	124-4	3/29
3	20	Mable MUTUMWA	SO	#1 Emory	{2} 37.55m	123-3	3/28
4	24	Cortney BROWN	SR	#2 Berry	37.30m	122-5	3/22
5	34	Evan DUET	SR	#8 Rhodes	36.82m	120-10	3/15
6	42	Katya HOOVER	SR	#19 Shenandoah	36.34m	119-3	3/22
7	56	Jilane PEDERSEN	SR	#10 Southern Virgini	35.56m	116-8	3/29
8	58	Sadie PHILLIPS	JR	#2 Berry	{2} 35.42m	116-3	3/28
9	86	Arie'Onna MCCOLLUM	SO	#25 Mississippi Univ.	34.27m	112-5	3/9
10		Zoe CURTIS	SR	#8 Rhodes	{2} 32.90m	107-11	3/15

## Women's Heptathlon

1	1	Nikki BOON	SR	#1 Emory	5,638		3/28
2	7	Margo FOX	JR	#4 Lynchburg	3,942		3/22
3	32	Kendra SMITH	SR	#14 Randolph	1,694		3/22





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## Women's 100 Meters

1	9	Josephine JETT	SO	#3 Claremont-Mudc	11.92	(1.3)	3/22
2	12	Kyrstin WILSON	JR	#17 Puget Sound	12.00	(1.5)	3/8
3	14	Kylah WASHINGTON	SO	#14 Hardin-Simmons	12.01	(1.0)	3/22
4	26	Sabrina SEMMERE	JR	#8 Redlands (Calif.)	12.18w	(2.9)	3/29
5	27	Katriona KIRKPATRICK	JR	#7 Pomona-Pitzer	12.19w	(2.9)	3/29
6	30	Quadetra WILBURN	FR	#13 St. Thomas (Tex)	12.21w	(2.7)	3/29
7	31	Allyson HAMMOND	JR	#12 Pacific (Ore.)	12.23	(-0.9)	3/29
8	50	Elizabeth HAWLEY	JR	#11 Occidental	12.33	(-0.4)	3/30
8	50	Makenna LIZARDE	JR	#6 Chapman	12.33	(1.5)	2/22
10	53	Kaylee SMITH	SR	#6 Chapman	{2}12.34	(1.6)	3/14

## Women's 100 Meter Hurdles

1	2	Allyson HAMMOND	JR	#12 Pacific (Ore.)	14.17	(1.0)	3/22
2	5	Josephine JETT	SO	#3 Claremont-Mudc	14.30	(1.1)	3/1
3	11	Danya SELBER	SR	#2 Trinity (Texas)	14.57w	(2.2)	3/22
4	13	Naj CAMPBELL	SR	#10 McMurry	14.73w	(2.2)	3/22
5	14	Eleanor BACHMEIER	SR	#8 Redlands (Calif.)	14.79	(0.5)	3/29
6	15	Ayahna BAHATI	SR	#1 George Fox	14.81	(1.9)	3/8
7	22	Jenna HUNTSMAN	JR	#1 George Fox	{2}15.01	(1.9)	3/8
8	24	Katherine THORNTON	SR	#9 Willamette	15.04	(0.0)	3/8
9	25	Elisabeth EICHINGER	JR	#8 Redlands (Calif.)	{2}15.07	(1.2)	3/29
10	38	Jacqueline BERRY	FR	#14 Hardin-Simmons	15.33w	(4.0)	3/22

## Women's 200 Meters

1	7	Trinity PROVOST	JR	#13 St. Thomas (Tex)	24.64w	(3.7)	3/22
2	11	Kyrstin WILSON	JR	#17 Puget Sound	24.70w	(3.3)	3/8
3	14	Josephine JETT	SO	#3 Claremont-Mudc	24.77	(1.4)	3/29
4	19	Annabelle LANIK	FR	#2 Trinity (Texas)	24.87w	(3.7)	3/22
4	19	Allyson HAMMOND	JR	#12 Pacific (Ore.)	24.87	(1.0)	3/22
6	22	Katriona KIRKPATRICK	JR	#7 Pomona-Pitzer	24.90	(1.0)	3/1
7	37	Sabrina SEMMERE	JR	#8 Redlands (Calif.)	25.13	(1.4)	3/29
8	41	Elizabeth HAWLEY	JR	#11 Occidental	25.20	(1.8)	3/30
9	47	Kaylee SMITH	SR	#6 Chapman	25.27	(1.4)	3/29
10	51	Makenna LIZARDE	JR	#6 Chapman	{2}25.30	(1.4)	3/29

## Women's 400 Meters

1	6	Elizabeth BEISWANGER	SO	#17 Puget Sound	56.15		3/1
2	10	Trinity PROVOST	JR	#13 St. Thomas (Tex)	56.43		3/29
3	18	Sarah CHARLES	SO	#6 Chapman	57.45		3/29
4	22	CC GRAY	SR	#2 Trinity (Texas)	57.58		3/29
5	31	Elizabeth HAWLEY	JR	#11 Occidental	58.11		3/8
6	32	Kaylee SMITH	SR	#6 Chapman	{2}58.23		3/1
7	36	Phoebe OGDEN	FR	#11 Occidental	{2}58.32		3/8
8	42	Allison KREMER	SR	#6 Chapman	{3}58.61		3/29
9	44	Caitlin DONOVAN	SR	#16 UC Santa Cruz	58.78		3/22
10	48	Selest EDWARDS	SO	#13 St. Thomas (Tex)	{2}58.85		3/29

## Women's 400 Meter Hurdles

1	7	Arden NEFF	SR	#20 Southwestern (T	1:03.27		3/29
2	13	Chayanit KITNITCHIVA	SR	#6 Chapman	1:03.63		3/29
3	21	Danya SELBER	SR	#2 Trinity (Texas)	1:05.04		3/29
4	22	Jenna HUNTSMAN	JR	#1 George Fox	1:05.18		3/29
5	23	Madelyn GOLLIHAR	JR	#10 McMurry	1:05.19		3/29
6	26	Katherine THORNTON	SR	#9 Willamette	1:05.61		3/1
7	32	Shriya VELICHALA	JR	#3 Claremont-Mudc	1:05.93		3/29
8	38	Brooke TOMPKINS	SO	#11 Occidental	1:06.05		3/30
9	39	Elsie CHIN	JR	#19 Lewis & Clark	1:06.08		3/22
10	43	Emily BROWN	SO	#5 Whitworth	1:06.61		3/1

## Women's 800 Meters

1	6	Ellie RISING	SR	#1 George Fox	2:12.52		3/1
2	9	Ella FULLERTON	JR	#4 Colorado Colleg	2:13.20		3/8
3	11	Allison BARKER	SO	#4 Colorado Colleg	{2}2:13.73		3/8
4	12	Chloe BULLOCK	SR	#8 Redlands (Calif.)	2:13.91		3/8
5	17	Malia HEIEN	JR	#19 Lewis & Clark	2:15.16		3/22
6	18	Annette SMITH	SO	#2 Trinity (Texas)	2:15.35		3/29
7	37	Chloe GUDAS	FR	#3 Claremont-Mudc	2:17.61		3/8
8	40	Olivia REICHL	SR	#7 Pomona-Pitzer	2:17.69		3/28
9	43	Emerson VOLDAN	FR	#2 Trinity (Texas)	{2}2:17.75		3/29
10	56	Halle HAMILTON	JR	#2 Trinity (Texas)	{3}2:18.82		3/1

## Women's 1500 Meters

1	4	Isabel OLSON	SR	#4 Colorado Colleg	4:31.02c	(4:36.84A)	3/22
2	20	Ellie RISING	SR	#1 George Fox	4:38.47		3/22
3	26	Lucia MUTHU	FR	#16 UC Santa Cruz	4:39.99		3/22
4	28	Abby GOODFRIED	JR	#4 Colorado Colleg	{2}4:40.25c	(4:46.27A)	3/29
5	30	Riley BUESE	SR	#19 Lewis & Clark	4:40.54		3/22
6	41	Megan COVER	JR	#11 Occidental	4:43.24		3/28
7	45	Breanna STEELE	JR	#20 Southwestern (T	4:43.77		3/1
8	46	Summer GELMAN	JR	#22 Cal Lutheran	4:43.80		3/1
9	48	Chloe BULLOCK	SR	#8 Redlands (Calif.)	4:44.08		3/29
10	49	Annika CARLSON	JR	#6 Chapman	4:44.31		3/14

## Women's Steeplechase

1	7	Annika CARLSON	JR	#6 Chapman	10:54.82		3/1
2	14	Revere SCHMIDT	SO	#3 Claremont-Mudc	11:08.56		3/8
3	19	Breanna SCHMITT	SO	#1 George Fox	11:15.81		3/22
4	20	Madeleine BOYLE	JR	#19 Lewis & Clark	11:16.43		3/29
5	22	Olivia BACKHOLM	FR	#3 Claremont-Mudc	{2}11:19.14		3/29
6	24	Fiona BODKIN	SO	#7 Pomona-Pitzer	11:20.90		3/29
7	29	Kylah HOLLAND	SR	#14 Hardin-Simmons	11:24.69		3/29
8	36	Morgan SHAW	SO	#9 Willamette	11:33.22		3/8
9	39	Morgan BODDY	SO	#12 Pacific (Ore.)	11:36.20		3/22
10	44	Ellie CATRON	SR	#2 Trinity (Texas)	11:40.78		3/29



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## Women's 5000 Meters

1	<b>1</b>	Isabel OLSON	SR	<b>#4</b> Colorado College	<b>16:45.58</b>	<b>3/28</b>
2	<b>3</b>	Sydney RANKIN	SR	<b>#4</b> Colorado College	<b>16:53.85</b>	3/8
3	<b>13</b>	Charlie FLINT	SO	<b>#4</b> Colorado College	<b>17:22.70</b>	3/8
4	<b>14</b>	Kenzie SEYMOUR	SO	<b>#16</b> UC Santa Cruz	<b>17:25.45</b>	3/22
5	<b>19</b>	Britt HELGAAS	SR	<b>#4</b> Colorado College	<b>17:28.73</b>	3/8
6	<b>29</b>	Katherine CLINE	SR	<b>#7</b> Pomona-Pitzer	<b>17:35.09</b>	<b>3/28</b>
7	<b>37</b>	Mira TERDIMAN	SR	<b>#7</b> Pomona-Pitzer	<b>17:41.50</b>	<b>3/28</b>
8	<b>40</b>	Angela GUSHUE	SR	<b>#3</b> Claremont-Mudc	<b>17:42.99</b>	3/8
9	<b>41</b>	Sydney BOYD	SO	<b>#16</b> UC Santa Cruz	<b>17:44.63</b>	3/22
10	<b>45</b>	Summer GELMAN	JR	<b>#22</b> Cal Lutheran	<b>17:46.41</b>	3/8

## Women's 10,000 Meters

1	<b>5</b>	Alison MUELLER-HICKLER	JR	<b>#4</b> Colorado College	<b>35:18.61</b>	<b>3/28</b>
2	<b>11</b>	Jenna LENAY	JR	<b>#11</b> Occidental	<b>35:43.36</b>	3/8
3	<b>14</b>	Charlie FLINT	SO	<b>#4</b> Colorado College	<b>35:57.42</b>	<b>3/28</b>
4	<b>16</b>	Britt HELGAAS	SR	<b>#4</b> Colorado College	<b>36:14.99</b>	<b>3/28</b>
5	<b>25</b>	Brenda DAZA	SO	<b>#6</b> Chapman	<b>37:22.54</b>	<b>3/28</b>
6	<b>37</b>	Sarah PULLEN	JR	<b>#1</b> George Fox	<b>38:03.45</b>	3/1
7	<b>39</b>	Abigail JOHNSON	SR	<b>#8</b> Redlands (Calif.)	<b>38:11.41</b>	3/8
8	<b>48</b>	Chloe CONNOLLY	SR	<b>#7</b> Pomona-Pitzer	<b>38:47.03</b>	<b>3/28</b>
9	<b>50</b>	Megan FEITZ	JR	<b>#12</b> Pacific (Ore.)	<b>38:54.28</b>	3/1
10	<b>55</b>	Lillian COURTNAGE-DYKE	FR	<b>#9</b> Willamette	<b>39:16.36</b>	3/1

## Women's 4x100 Relay

1	<b>7</b>	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton	<b>#13</b> St. Thomas (Tex)	<b>47.29</b>	3/22
2	<b>8</b>	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	<b>#6</b> Chapman	<b>47.30</b>	3/1
3	<b>12</b>	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik	<b>#2</b> Trinity (Texas)	<b>47.64</b>	3/22
4	<b>16</b>	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	<b>#7</b> Pomona-Pitzer	<b>47.87</b>	3/22
5	<b>18</b>	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens	<b>#3</b> Claremont-Mudc	<b>48.12</b>	<b>3/29</b>
6	<b>21</b>	Sabrina Tanouye, Sabrina Semmere, Eleanor Bachmeier, Maigan Adams	<b>#8</b> Redlands (Calif.)	<b>48.18</b>	<b>3/29</b>
7	<b>28</b>	Sophia Rivas, Elizabeth Beiswanger, Victoria Bradshaw, Kyrstin Wilson	<b>#17</b> Puget Sound	<b>48.73</b>	3/1
8	<b>30</b>	Tia Billingsly, Randi Beckham, Paige Thomas, Mariah Gibson	<b>#23</b> UT Dallas	<b>48.82</b>	<b>3/29</b>
9	<b>33</b>	Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira	<b>#5</b> Whitworth	<b>48.85</b>	3/11
9	<b>33</b>	Katherine Thornton, Mashani Coleman, Kenzie Lee, Ella Thompson	<b>#9</b> Willamette	<b>48.85</b>	<b>3/29</b>



# USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #1, April 1



West

as of 4/1/2025 7:52:57 AM ET

## Women's 4x400 Relay

1	6	Kaylee Smith, Makenna Lizarde, Chayanit Kitnitchiva, Sarah Charles	#6 Chapman	3:50.97	3/14
2	10	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray	#2 Trinity (Texas)	3:56.75	3/29
3	13	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Chloe Bullock	#8 Redlands (Calif.)	3:58.87	3/29
4	15	Katriona Kirkpatrick, Anna Marston, Tania Rachidi, Olivia Reichle	#7 Pomona-Pitzer	3:59.48	3/22
5	17	Victoria Bradshaw, Erin Schmidlin, Kyrstin Wilson, Elizabeth Beiswanger	#17 Puget Sound	4:00.45	3/29
6	21	Katelyn Hernandez, Madelyn Gollihar, Jacee Dinkins, Naj Campbell	#10 McMurry	4:01.87	3/29
7	22	Skylar Cottell, Delphine Way, Brooke Tompkins, Phoebe Ogden	#11 Occidental	4:02.13	3/30
8	23	Grace Pearson, Selest Edwards, Lexie Allred Rojas, Trinity Provost	#13 St. Thomas (Tex.)	4:02.28	3/29
9	28	Elsie Chin, Miriam Reside, Callow Soto, Malia Heien	#19 Lewis & Clark	4:04.26	3/8
10	31	Kathryn Kostelnik, Sage Bartlett, Ciarah Garcia, Kamilah Tanner	#18 Texas Lutheran	4:04.48	3/22

## Women's High Jump

1	4	Katie BALLER	SR #14 Hardin-Simmons	1.65m	5-5	3/22
2	15	Simone ROGERS	SR #3 Claremont-Mudc	1.60m	5-3	3/1
2	15	Breeauna O'REAR	SR #1 George Fox	1.60m	5-3	3/21
2	15	Whitley STEPP	JR #9 Willamette	1.60m	5-3	3/1
2	15	Mari EVONUK	FR #8 Redlands (Calif.)	1.60m	5-3	3/1
2	15	Janae GREEN	JR #14 Hardin-Simmons {2}	1.60m	5-3	3/22
2	15	Emmalee HORTON	JR #14 Hardin-Simmons {2}	1.60m	5-3	3/1
8	27	Eliza ZHENG	FR #16 UC Santa Cruz	1.59m	5-2½	3/22
9	31	Brianna TIRA	SO #5 Whitworth	1.58m	5-2¼	3/1
10	37	Celine L. CASTANEDA	FR #16 UC Santa Cruz {2}	1.57m	5-1¾	3/15
10	37	Sophia ORTIZ	FR #2 Trinity (Texas)	1.57m	5-1¾	3/22

## Women's Pole Vault

1	8	Grace TULLY	SR #1 George Fox	3.80m	12-5½	3/22
2	9	Brenna STELL	SO #10 McMurry	3.78m	12-4¾	3/29
3	17	Madeline SEIFERT	JR #3 Claremont-Mudc	3.53m	11-7	3/22
4	21	Zoey HRABE	FR #11 Occidental	3.50m	11-5¾	2/16
5	27	Addison DOSS	FR #2 Trinity (Texas)	3.42m	11-2½	3/22
6	30	Eliza DYE	FR #25 LeTourneau	3.40m	11-1¾	3/1
7	35	Analissa PARESA	FR #21 Linfield	3.39m	11-1½	3/1
7	35	Shelby LARSON	SR #1 George Fox {2}	3.39m	11-1½	3/1
9	41	Madeline SUMIEN	FR #10 McMurry {2}	3.35m	10-11¾	3/22
9	41	Taylor DOMINGUEZ	FR #22 Cal Lutheran	3.35m	10-11¾	2/16

## Women's Long Jump

1	1	Annabelle LANIK	FR #2 Trinity (Texas)	5.98mw	19-7½ (2.2)	3/29
2	7	Kira HAWAABOO	SO #21 Linfield	5.69m	18-8 (0.0)	3/1
3	16	Joy AREOLA	SR #2 Trinity (Texas) {2}	5.59mw	18-4¼ (2.9)	3/22
4	21	Ella BOWERS	SR #7 Pomona-Pitzer	5.55mw	18-2½ (2.1)	3/29
5	24	Victoria AZAR	SR #1 George Fox	5.48m	17-11¾ (0.8)	3/1
6	26	Maigan ADAMS	SR #8 Redlands (Calif.)	5.45m	17-10¾ (-1)	2/16
7	27	Lindsey GRAY	JR #6 Chapman	5.44m	17-10¼ (1.9)	3/29
8	30	Eleanor BACHMEIER	SR #8 Redlands (Calif.) {2}	5.41mw	17-9 (2.8)	3/29
9	45	Brianna TIRA	SO #5 Whitworth	5.31m	17-5¼ (0.0)	3/1
10	47	Isabella PEREIRA	SO #5 Whitworth {2}	5.29m	17-4¼ (0.0)	3/11

## Women's Triple Jump

1	4	Joy AREOLA	SR #2 Trinity (Texas)	11.96m	39-3 (1.8)	3/29
2	5	Maigan ADAMS	SR #8 Redlands (Calif.)	11.95mw	39-2½ (3.2)	3/29
3	12	Ella BOWERS	SR #7 Pomona-Pitzer	11.53m	37-10 (2.0)	3/29
4	13	Isabella PEREIRA	SO #5 Whitworth	11.51m	37-9¼ (-0.2)	3/1
5	20	Ella LEWIS	SO #20 Southwestern (T	11.35m	37-3 (1.8)	3/29
6	23	Kyleigh ARCHER	SO #15 Pacific Lutheran	11.29m	37-½ (-0.9)	3/22
7	32	Brianna TIRA	SO #5 Whitworth {2}	11.11m	36-5½ (0.0)	3/11
8	44	Madison DOWNEY	SO #15 Pacific Lutheran {2}	10.94m	35-10¾ (0.0)	3/22
9	46	Ciandra CARRICO	SO #2 Trinity (Texas) {2}	10.93mw	35-10½ (2.5)	3/22
10	47	Elsa VAN DYKE	FR #7 Pomona-Pitzer {2}	10.92m	35-10 (0.0)	3/14

## Women's Shot Put

1	10	Madison CARR	SO #5 Whitworth	12.91m	42-4¼	3/21
2	30	Kendra HUMPHRIES	SO #10 McMurry	12.45m	40-10¼	3/22
3	34	Julissa RODRIGUEZ	SR #18 Texas Lutheran	12.40m	40-8¼	3/22
4	42	Amblessed OKEMGBO	JR #5 Whitworth {2}	12.27m	40-3¼	3/1
5	48	Ellena CORWIN	SR #1 George Fox	12.15m	39-10½	3/8
6	55	Makia GONZALES	FR #24 Concordia Texas	12.02m	39-5¼	3/15
7	57	Tenley GRANT	SR #9 Willamette	12.01m	39-5	3/20
8	62	Chelsea GROVES	SR #11 Occidental	11.95m	39-2½	2/8
9	66	Eva NDOYE	FR #6 Chapman	11.92m	39-1¼	3/29
10	68	Jaycee GREEN	FR #20 Southwestern (T	11.89m	39-¼	3/1



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## Women's Discus

1	<b>10</b>	Amblessed OKEMGBO	JR	<b>#5</b>	Whitworth	<b>43.26m</b>	141-11	3/11
2	<b>28</b>	Tori COLMAN	SO	<b>#10</b>	McMurry	<b>40.67m</b>	133-5	<b>3/29</b>
3	<b>30</b>	Julissa RODRIGUEZ	SR	<b>#18</b>	Texas Lutheran	<b>40.54m</b>	133-0	3/22
4	<b>44</b>	Madison WRIGHT	SO	<b>#18</b>	Texas Lutheran {2}	<b>39.43m</b>	129-5	3/1
5	<b>57</b>	Makayla TUIOLEMOTU	JR	<b>#12</b>	Pacific (Ore.)	<b>38.03m</b>	124-9	3/1
6	<b>66</b>	Eva WIRTH	SR	<b>#15</b>	Pacific Lutheran	<b>37.46m</b>	122-11	3/8
7	<b>67</b>	Addie WENGENDER	SR	<b>#1</b>	George Fox	<b>37.25m</b>	122-3	3/8
8	<b>78</b>	Chloe MITCHELL	FR	<b>#6</b>	Chapman	<b>36.89m</b>	121-1	<b>3/29</b>
9	<b>88</b>	Katelyn SEWELL	SO	<b>#3</b>	Claremont-Mudc	<b>36.40m</b>	119-5	3/1
10	<b>99</b>	Kylie LOVELESS	SO	<b>#5</b>	Whitworth {2}	<b>36.04m</b>	118-3	3/11

## Women's Hammer

1	<b>5</b>	Antonia HEKSTER	SR	<b>#3</b>	Claremont-Mudc	<b>52.20m</b>	171-3	<b>3/29</b>
2	<b>20</b>	Tenley GRANT	SR	<b>#9</b>	Willamette	<b>48.46m</b>	159-0	<b>3/29</b>
3	<b>38</b>	Eva WIRTH	SR	<b>#15</b>	Pacific Lutheran	<b>45.91m</b>	150-8	3/22
4	<b>42</b>	Cheyenne RODRIGUEZ	JR	<b>#22</b>	Cal Lutheran	<b>45.65m</b>	149-9	<b>3/30</b>
5	<b>47</b>	Alessandra VALMONTE	JR	<b>#15</b>	Pacific Lutheran {2}	<b>45.56m</b>	149-6	3/22
6	<b>49</b>	Madison CARR	SO	<b>#5</b>	Whitworth	<b>45.33m</b>	148-9	3/1
7	<b>58</b>	Makayla TUIOLEMOTU	JR	<b>#12</b>	Pacific (Ore.)	<b>44.67m</b>	146-7	3/8
8	<b>60</b>	Julissa RODRIGUEZ	SR	<b>#18</b>	Texas Lutheran	<b>44.50m</b>	146-0	3/1
8	<b>60</b>	Tori COLMAN	SO	<b>#10</b>	McMurry	<b>44.50m</b>	146-0	<b>3/29</b>
10	<b>62</b>	Izzy CARPENTER	JR	<b>#5</b>	Whitworth {2}	<b>44.37m</b>	145-7	3/11

## Women's Javelin

1	<b>4</b>	Sophia LAUDI	FR	<b>#3</b>	Claremont-Mudc	<b>40.48m</b>	132-10	<b>3/29</b>
2	<b>6</b>	Brecken VANDENHOEK	SR	<b>#1</b>	George Fox	<b>40.04m</b>	131-5	3/22
3	<b>7</b>	Ellena CORWIN	SR	<b>#1</b>	George Fox {2}	<b>40.01m</b>	131-3	<b>3/29</b>
4	<b>10</b>	Devyn CHELIN	SO	<b>#5</b>	Whitworth	<b>39.65m</b>	130-1	<b>3/29</b>
5	<b>19</b>	Logan SPOONEMORE	SR	<b>#7</b>	Pomona-Pitzer	<b>37.82m</b>	124-1	<b>3/29</b>
6	<b>28</b>	Kaiona APIO	SR	<b>#9</b>	Willamette	<b>37.02m</b>	121-6	3/1
7	<b>35</b>	Quinn SMITH	FR	<b>#3</b>	Claremont-Mudc {2}	<b>36.74m</b>	120-7	2/16
8	<b>48</b>	Katy COOK	JR	<b>#15</b>	Pacific Lutheran	<b>36.02m</b>	118-2	3/15
9	<b>57</b>	Andrea SHIRLEY	FR	<b>#1</b>	George Fox {3}	<b>35.49m</b>	116-5	3/22
10	<b>62</b>	Kendra HUMPHRIES	SO	<b>#10</b>	McMurry	<b>35.31m</b>	115-10	3/22

## Women's Heptathlon

1	<b>3</b>	Kira HAWAABOO	SO	<b>#21</b>	Linfield	<b>4,629</b>	3/21
2	<b>4</b>	Breeauna O'REAR	SR	<b>#1</b>	George Fox	<b>4,622</b>	3/21
3	<b>5</b>	Jenna HUNTSMAN	JR	<b>#1</b>	George Fox {2}	<b>4,456</b>	3/21
4	<b>6</b>	Emily BROWN	SO	<b>#5</b>	Whitworth	<b>4,071</b>	3/21
5	<b>8</b>	Ella THOMPSON	FR	<b>#9</b>	Willamette	<b>3,891</b>	3/20
6	<b>12</b>	Erica SNYDER	JR	<b>#9</b>	Willamette {2}	<b>3,786</b>	3/20
7	<b>13</b>	Courtney TIERNAN	JR	<b>#12</b>	Pacific (Ore.)	<b>3,758</b>	3/25
8	<b>15</b>	Savannah JOHNSTONE	FR	<b>#1</b>	George Fox {3}	<b>3,524</b>	3/21
9	<b>17</b>	Natalie LANGENBERG	FR	<b>#1</b>	George Fox {4}	<b>3,436</b>	3/21
10	<b>19</b>	Shayla HILLSTROM	FR	<b>#5</b>	Whitworth {2}	<b>3,320</b>	3/21