



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Alyssa BUSKER	SR	#8 Elmhurst	33.60	11.63w	(3.4)	3/30/25	Yellow Jacket Collegiate Ope
2	Brynn MOONEY	SO	#15 SUNY Geneseo	30.31	11.76w	(3.9)	4/5/25	Geneseo Early Season Invite
3	Rachel ARTHUR	SR	#3 Williams	28.11	11.78w	(2.8)	3/22/25	Emory Spring Break Classic
3	Gabri MESCHINO	SR	#6 Chicago	28.11	11.78w	(2.8)	3/29/25	Washington (Mo.) Invitational
3	Jasmine WRIGHT	JR	#1 Washington (Mo.)	28.11	11.78w	(2.8)	3/29/25	Washington (Mo.) Invitational
6	Kamayah WOOTEN	SO	North Carolina Wesley	21.92	11.80w	(3.0)	4/5/25	Tennessee Invite
7	Emma SEIPEL	SR	#10 Loras	19.82	11.81w	(2.7)	4/5/25	Wartburg Outdoor Select
8	Lauren MARSHALL	SR	#8 Elmhurst {2}	17.72	11.82w	(2.7)	3/30/25	Yellow Jacket Collegiate Ope
9	Simone WAHEED	SO	#16 Colby	15.24	11.87	(1.6)	3/28/25	Thrills In The Hills
10	Ti'asia BRYANT	SO	North Carolina Wesley{2}	12.95	11.90	(1.8)	4/5/25	Tennessee Invite
10	Sydney RADIGAN	JR	#25 Calvin	12.95	11.90	(0.3)	3/28/25	Thrills In The Hills
12	Dakota HOUSTON	FR	John Carroll	9.89	11.91w	(3.4)	3/30/25	Yellow Jacket Collegiate Ope
13	Madjo DOUMBIA	SR	Centre	8.83	11.92w	(2.8)	3/22/25	Emory Spring Break Classic
13	Josephine JETT	SO	Claremont-Mudd-Scri	8.83	11.92	(1.3)	3/22/25	Aztec Invitational
15	Michaina LORISTON	JR	Wheaton (Mass.)	6.60	11.97	(1.2)	4/5/25	Emory Dooley Elite
15	Victoria BREWSTER	JR	Houghton	6.60	11.97w	(3.9)	4/5/25	Geneseo Early Season Invite
17	Aynisha MCQUILLAR	FR	#24 Ithaca	5.07	11.98	(1.6)	3/29/25	Dr. Harry G.M. Jopson Invitati
18	Eva CARCHIDI	SR	#2 Emory	4.51	12.00	(0.3)	3/28/25	Thrills In The Hills
18	Kyrstin WILSON	JR	Puget Sound	4.51	12.00	(1.5)	3/8/25	Pacific Lutheran Opener
20	Yasmin DEANE	FR	Mary Washington	3.48	12.01	(1.1)	3/29/25	Seahawk Invitational
20	McKenzie RESER	SR	#18 Augustana (Ill.)	3.48	12.01	(1.3)	4/5/25	Augustana Viking Olympics
20	Kylah WASHINGTON	SO	Hardin-Simmons	3.48	12.01	(1.0)	3/22/25	Wes Kittley Invitational
23	Kelly HUERTA	FR	#17 UW-Whitewater	1.88	12.04w	(2.4)	3/29/25	First Chance Invitational
23	Riana HAYES	JR	North Park	1.88	12.04w	(2.5)	4/5/25	Chicagoland Outdoor Champi
25	De'Andranay CHISM	FR	Millikin	1.30	12.05	(1.6)	3/29/25	Big Blue Alumni Invite
26	Amaris GOODWIN	SR	Gordon (Mass.)	1.22	12.06	(0.4)	3/15/25	Myrtle Beach Collegiate Chall
27	Chloe HEIN	SO	Centre {2}	1.10	12.08	(1.7)	3/22/25	Emory Spring Break Classic
28	Jada KENNER	FR	#2 Emory {2}	0.96	12.11	(0.9)	3/28/25	Thrills In The Hills
28	Olivia FREEMAN	JR	Rhodes	0.96	12.11w	(2.8)	3/29/25	Washington (Mo.) Invitational
30	Mirra KLIMOV	JR	#11 Johns Hopkins	0.80	12.13	(1.4)	4/5/25	George Mason Ebanks Invitati
30	Jocelyn SMITH	SO	Scranton	0.80	12.13w	(3.0)	3/29/25	Jim Taylor Invitational
32	Autumn PITTMAN	SR	SUNY Cortland	0.67	12.14	(1.3)	4/6/25	SUNY Cortland Red Dragon O
32	Kenadee WAYT	SR	Mount Union	0.67	12.14	(1.0)	3/22/25	49er Classic
34	Sara SCHERMERHORN	JR	Hope	0.54	12.15w	(2.3)	3/22/25	Emory Spring Break Classic
35	Julie YANG	FR	#5 UW-La Crosse	0.46	12.16w	(3.1)	4/5/25	Ashton May Invitational
35	Jillian STRYNAR	FR	Trinity (Conn.)	0.46	12.16	(0.9)	4/5/25	UMASS Flagship Opener
37	Ava PARKINS	SO	Central (Iowa)	0.35	12.17w	(3.7)	3/28/25	Central (Iowa) Dutch Informatio
38	Mariam KOITA	SO	Widener	0.30	12.18	(1.0)	4/5/25	Ursinus College Invitational
38	Sabrina SEMMERE	JR	#23 Redlands (Calif.)	0.30	12.18w	(2.9)	3/29/25	SCIAC Multi-Dual Series
40	Erin OLSAVSKY	JR	Dickinson	0.25	12.19w	(3.0)	3/29/25	Jim Taylor Invitational
40	Katriona KIRKPATRICK	JR	Pomona-Pitzer	0.25	12.19w	(2.9)	3/29/25	SCIAC Multi-Dual Series
42	Meja LINDBERG	SO	North Park {2}	0.20	12.20	(1.8)	4/5/25	Chicagoland Outdoor Champi
43	Quadetra WILBURN	FR	St. Thomas (Texas)	0.18	12.21w	(2.7)	3/29/25	Trinity (Texas) Invitational
43	Harmony CREASY	SR	#10 Loras {2}	0.18	12.21w	(2.7)	4/5/25	Wartburg Outdoor Select
45	Dakota MITCHELL	FR	#17 UW-Whitewater {2}	0.13	12.22	(-0.3)	4/4/25	Rex Foster Twilight
45	Anika REILAND	SO	#5 UW-La Crosse {2}	0.13	12.22	(1.5)	4/5/25	Ashton May Invitational
47	Aubrey GUYDEN	JR	Oglethorpe	0.08	12.23w	(2.3)	3/22/25	Emory Spring Break Classic
47	Allyson HAMMOND	JR	Pacific (Ore.)	0.08	12.23	(-0.9)	3/29/25	Pacific (Ore.) Open
47	Audrey JOHNSON	SR	#2 Emory {3}	0.08	12.23	(1.1)	3/28/25	Thrills In The Hills
50	Reyanna HENDERSON	SR	New Jersey City	0.01	12.24	(1.0)	3/29/25	Ramapo College Invitational
50	Allyson KAKES	SO	UW-Eau Claire	0.01	12.24w	(2.8)	4/5/25	Ashton May Invitational
50	Lilly VERSEN	FR	Washington and Lee	0.01	12.24	(1.6)	3/29/25	Dr. Harry G.M. Jopson Invitati
50	Cici STENNETT	FR	#17 UW-Whitewater {3}	0.01	12.24	(1.0)	4/4/25	Rex Foster Twilight



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Rachel LARSON	JR #24 Ithaca	33.20	13.98 (1.2)	4/6/25 SUNY Cortland Red Dragon O
2	Chloe YODER	SR Susquehanna	30.80	14.05w (2.7)	3/29/25 Jim Taylor Invitational
3	Aryianna GARCEAU	JR UMass Boston	28.45	14.11 (0.5)	4/4/25 Regis (Mass.) Spring Classic
4	Allyson HAMMOND	JR Pacific (Ore.)	26.11	14.17 (1.0)	3/22/25 Oregon Preview (outdoor)
5	Laura SUPPA	JR #24 Ithaca {2}	23.88	14.21 (1.2)	4/6/25 SUNY Cortland Red Dragon O
6	Nikki BOON	SR #2 Emory	3.77 D	14.23 (1.3)	3/28/25 Thrills In The Hills
7	Nyla JONES	FR #12 Rowan	19.58	14.27 (1.6)	4/5/25 Embry-Riddle Running Eleme
8	Josephine JETT	SO Claremont-Mudd-Scri	17.54	14.28 (1.6)	4/5/25 UCSD Triton Invitational
8	Ren BROWN	SR #6 Chicago	17.54	14.28 (-1.9)	3/29/25 Washington (Mo.) Invitational
10	Betsy MOHNKERN	SR #22 Lynchburg	13.24	14.36w (2.6)	3/29/25 Dr. Jack M. Toms Alumni Invit
11	Liberty SCOTT	SO DePauw	11.17	14.38 (2.0)	3/22/25 Rose-Hulman Early Bird Invita
12	Thea RING	JR North Park	10.02	14.42w (3.4)	3/29/25 Redbird Challenge
13	Hannah ZASTROW	SR UW-Stout	8.94	14.46w (2.3)	4/5/25 Ashton May Invitational
14	Daysia HARGRAVE	SR Wooster	7.79	14.54w (2.2)	3/22/25 Alan Connie Shamrock Invitat
15	Katherine DORTMUND	FR Ohio Wesleyan	6.77	14.55 (1.6)	3/23/25 Virginia Opener
16	Danya SELBER	SR #21 Trinity (Texas)	5.73	14.57w (2.2)	3/22/25 Texas Lutheran DIII Challenge
17	Ciarra FRANZ	SR St. John Fisher	5.11	14.64w (3.7)	4/5/25 Geneseo Early Season Invite
18	Nakala NADEAU	SR #8 Elmhurst	4.51	14.69w (2.7)	3/30/25 Yellow Jacket Collegiate Ope
19	Avonlea JEFFERSON	SO Mount Union	3.94	14.73w (3.5)	4/5/25 Braves Track Classic
19	Olivia BOHLEN	JR Central (Iowa)	3.94	14.73w (3.6)	4/5/25 Wartburg Outdoor Select
19	Naj CAMPBELL	SR McMurry	3.94	14.73w (2.2)	3/22/25 Texas Lutheran DIII Challenge
22	Eleanor BACHMEIER	SR #23 Redlands (Calif.)	2.33	14.79 (0.5)	3/29/25 SCIAC Multi-Dual Series
23	Ayahna BAHATI	SR #13 George Fox	1.80	14.81 (1.9)	3/8/25 Rich Allen Classic
24	Amanda ROMANO	SR Washington and Lee	1.26	14.83w (2.3)	3/29/25 Dr. Harry G.M. Jopson Invitati
25	Grace BRADEN	SO #7 Wartburg	1.20	14.84w (3.6)	4/5/25 Wartburg Outdoor Select
26	Alison MCDONOUGH	SR Bridgewater State	1.11	14.86 (0.5)	4/4/25 Regis (Mass.) Spring Classic
27	Aleese TRIMINGHAM	SO Illinois College	1.04	14.87w (3.1)	4/4/25 Illinois College True Blue Invit
28	Katherine DEFOSSE	SO Springfield (Mass.)	0.96	14.89 (0.0)	4/7/25 Springfield College Classic
29	Emilee BOOKER	SR UW-Eau Claire	0.87	14.91w (2.7)	4/5/25 Ashton May Invitational
30	JoJo TYNISMAA	JR #7 Wartburg {2}	0.79	14.93 (-1.9)	3/29/25 Washington (Mo.) Invitational
31	Eve SHELTON	SR Concordia Chicago	0.70	14.95 (1.8)	3/29/25 First Chance Invitational
32	Jameire HONZU	FR Baldwin Wallace	0.63	14.96 (0.8)	3/29/25 Bob Kahn Invitational
33	Megan ZEMKE	FR #5 UW-La Crosse	0.57	14.97w (3.6)	4/5/25 Ashton May Invitational
34	Elizabeth MASON	SO Mount Union {2}	0.50	15.00w (3.5)	4/5/25 Braves Track Classic
35	Jenna HUNTSMAN	JR #13 George Fox {2}	0.45	15.01 (1.9)	3/8/25 Rich Allen Classic
36	Jaiden SCHRAG	FR SUNY Oneonta	0.40	15.02 (1.2)	4/6/25 SUNY Cortland Red Dragon O
37	Hannah ALDERFER	SR Susquehanna {2}	0.35	15.03w (2.7)	3/29/25 Jim Taylor Invitational
38	Katherine THORNTON	SR Willamette	0.30	15.04 (0.0)	3/8/25 L&C Electric Forest Collegiate
39	Cali LEONARD	SR Hartford	0.28	15.06 (-0.2)	4/6/25 Rage in the Cage Invitational
40	Elisabeth EICHINGER	JR #23 Redlands (Calif.) {2}	0.25	15.07 (1.2)	3/29/25 SCIAC Multi-Dual Series
41	Lauren DUNNIGAN	SO Franklin & Marshall	0.23	15.09 (1.2)	3/23/25 The Little Three: Dickinson-Fr
42	Olivia VIERS	SO Roanoke	0.20	15.10w (2.6)	3/29/25 Dr. Jack M. Toms Alumni Invit
43	Alexys SCHEUERELL	JR #5 UW-La Crosse {2}	0.18	15.11 (1.8)	4/5/25 Ashton May Invitational
44	Kaelin RYAN	JR Ursinus	0.15	15.14 (-0.1)	4/5/25 Ursinus College Invitational
45	Olyvia ASHBROOK	SR Ohio Northern	0.13	15.15 (0.5)	4/5/25 Manchester Invitational
46	Amber GROSSE	JR #5 UW-La Crosse {3}	0.10	15.17w (2.3)	4/5/25 Ashton May Invitational
46	Justus FLOREN	SR Saint Benedict	0.10	15.17w (2.2)	3/22/25 Texas Lutheran DIII Challenge
48	Emma GRUEN	SR UW-Eau Claire {2}	0.05	15.19w (2.3)	4/5/25 Ashton May Invitational
49	Brooklyn LAMERS	FR UW-Eau Claire {3}	0.03	15.20w (2.3)	4/5/25 Ashton May Invitational
50	Olivia BATES	JR Bridgewater (Va.)	0.01	15.24 (1.9)	4/5/25 Colonial Relays



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Kamiah WOOTEN	SO	North Carolina Wesley	33.98	23.74w	(2.5)	4/5/25	Tennessee Invite
2	Alyssa BUSKER	SR	#8 Elmhurst	31.10	23.95	(0.0)	4/5/25	Chicagoland Outdoor Champi
3	Dakota HOUSTON	FR	John Carroll	28.08	24.20w	(2.6)	3/30/25	Yellow Jacket Collegiate Ope
3	Brynn MOONEY	SO	#15 SUNY Geneseo	28.08	24.20w	(4.0)	4/5/25	Geneseo Early Season Invite
5	Eva CARCHIDI	SR	#2 Emory	23.92	24.24	(-0.3)	4/5/25	Emory Dooley Elite
6	Lauren GAY	SR	#1 Washington (Mo.)	21.55	24.33	(1.5)	3/29/25	Washington (Mo.) Invitational
7	McKenzie RESER	SR	#18 Augustana (Ill.)	19.39	24.37	(1.6)	4/5/25	Augustana Viking Olympics
8	Madjo DOUMBIA	SR	Centre	17.19	24.42	(-1.6)	4/5/25	Centre Invitational
8	Yasmin DEANE	FR	Mary Washington	17.19	24.42	(-0.4)	4/5/25	Colonial Relays
10	Lindsey NOVAK	SR	#19 North Central (Ill.)	13.15	24.43	(1.5)	3/29/25	First Chance Invitational
11	Sara SCHERMERHORN	JR	Hope	10.92	24.51	(-0.1)	4/5/25	GVSU Early Meet
12	Shaesha JOHNSON	FR	SUNY Delhi	9.90	24.52w	(2.4)	3/29/25	Ramapo College Invitational
13	Abby COLLIER	SR	Baldwin Wallace	8.87	24.53w	(3.2)	3/29/25	Bob Kahn Invitational
14	Trinity PROVOST	JR	St. Thomas (Texas)	7.58	24.64w	(3.7)	3/22/25	Texas Lutheran DIII Challenge
15	Rachel ARTHUR	SR	#3 Williams	6.55	24.65	(-0.4)	3/28/25	Thrills In The Hills
16	Lauren MARSHALL	SR	#8 Elmhurst {2}	5.48	24.69	(0.1)	4/5/25	Chicagoland Outdoor Champi
16	Miranda COLE	JR	SUNY Delhi {2}	5.48	24.69w	(2.4)	3/29/25	Ramapo College Invitational
18	Kyrstin WILSON	JR	Puget Sound	4.47	24.70w	(3.3)	3/8/25	Pacific Lutheran Opener
19	Emily MCMARTIN	JR	Central (Iowa)	3.93	24.73w	(3.0)	3/28/25	Central (Iowa) Dutch Invitatio
20	Josephine JETT	SO	Claremont-Mudd-Scri	2.38	24.77	(1.4)	3/29/25	SCIAC Multi-Dual Series
20	De'Andranay CHISM	FR	Millikin	3.38	24.77	(1.8)	3/29/25	Big Blue Alumni Invite
22	Kimona HAYNES	JR	Belhaven (Miss.)	2.34	24.80	(1.5)	3/9/25	UWA Invitational
23	Thea RING	JR	North Park	1.82	24.81	(0.1)	4/5/25	Chicagoland Outdoor Champi
23	Simone WAHEED	SO	#16 Colby	1.82	24.81	(-0.4)	3/28/25	Thrills In The Hills
25	Sydney RADIGAN	JR	#25 Calvin	1.23	24.84	(-0.4)	3/28/25	Thrills In The Hills
26	Jada KENNER	FR	#2 Emory {2}	1.15	24.87	(-0.3)	4/5/25	Emory Dooley Elite
26	Annabelle LANIK	FR	#21 Trinity (Texas)	1.15	24.87w	(3.7)	3/22/25	Texas Lutheran DIII Challenge
26	Reyanna HENDERSON	SR	New Jersey City	1.15	24.87w	(2.4)	3/29/25	Ramapo College Invitational
26	Allyson HAMMOND	JR	Pacific (Ore.)	1.15	24.87	(1.0)	3/22/25	Oregon Preview (outdoor)
26	Riana HAYES	JR	North Park {2}	1.15	24.87	(0.0)	4/5/25	Chicagoland Outdoor Champi
31	Katriona KIRKPATRICK	JR	Pomona-Pitzer	0.86	24.90	(1.0)	3/1/25	SCIAC Multi-Dual Series
32	Kenadee WAYT	SR	Mount Union	0.79	24.91	(-2.0)	3/22/25	49er Classic
33	Molly LODGE	SR	#12 Rowan	0.73	24.92	(-0.6)	3/29/25	Danny Curran Invitational
34	Quinn BIRD	FR	#1 Washington (Mo.) {2}	0.65	24.94	(1.0)	3/29/25	Washington (Mo.) Invitational
35	Nikki BOON	SR	#2 Emory {3}	0.59	24.95	(2.0)	3/28/25	Thrills In The Hills
35	Fiona MEJICO	SR	#16 Colby {2}	0.59	24.95	(-0.4)	3/28/25	Thrills In The Hills
37	Amaris GOODWIN	SR	Gordon (Mass.)	0.44	24.99	(0.2)	3/15/25	Myrtle Beach Collegiate Chall
38	Chloe HEIN	SO	Centre {2}	0.38	25.00	(1.8)	3/22/25	Emory Spring Break Classic
39	Bella KING-HARVEY	SO	#3 Williams {2}	0.34	25.01	(-0.8)	3/22/25	Emory Spring Break Classic
40	Kelly HUERTA	FR	#17 UW-Whitewater	0.30	25.02	(1.5)	3/29/25	First Chance Invitational
40	Khia LASTER	SR	Buffalo State	0.30	25.02	(-0.6)	3/29/25	Danny Curran Invitational
42	Jocelyn SMITH	SO	Scranton	0.24	25.03w	(3.4)	3/29/25	Jim Taylor Invitational
43	Trinity HAYES	SR	Rhode Island College	0.20	25.04	(0.9)	4/4/25	Ocean State Cup
43	Autumn PITTMAN	SR	SUNY Cortland	0.20	25.04	(-1.2)	4/6/25	SUNY Cortland Red Dragon O
45	Natalia SAWYER	JR	Buffalo State {2}	0.13	25.06	(-0.6)	3/29/25	Danny Curran Invitational
46	Sana UDOEKONG	FR	Principia	0.10	25.07w	(2.5)	3/29/25	Billiken Invitational
46	Nicole STEWART	SR	#1 Washington (Mo.) {3}	0.10	25.07	(1.5)	3/29/25	Washington (Mo.) Invitational
48	Aryianna GARCEAU	JR	UMass Boston	0.05	25.10	(0.6)	4/4/25	Regis (Mass.) Spring Classic
48	Lindsey HOBIN	JR	Roanoke	0.05	25.10	(1.6)	4/5/25	High Point VertKlasse Meeting
50	Anaya JOLIVETTE	SR	Denison	0.01	25.12	(1.6)	4/5/25	High Point VertKlasse Meeting
50	Sydney TRUSSELL	SR	Christopher Newport	0.01	25.12	(-1.0)	4/5/25	Colonial Relays



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Megan BELL	SR	#14 Rochester (N.Y.)	33.12	54.77	4/5/25 Colonial Relays
2	Ariella ROGAHN-PRESS	FR	Macalester	30.38	55.24c (55.97)	4/5/25 Wartburg Outdoor Select
3	Bella KING-HARVEY	SO	#3 Williams	28.28	55.31	3/28/25 Thrills In The Hills
4	Lindsey NOVAK	SR	#19 North Central (Ill.)	26.17	55.38	4/5/25 Chicagoland Outdoor Champi
5	Kylie SPYTEK	JR	#1 Washington (Mo.)	24.01	55.48	3/29/25 Washington (Mo.) Invitational
6	Catherine CHRISTOPHER	SO	#1 Washington (Mo.) {2}	21.71	55.68	3/29/25 Washington (Mo.) Invitational
7	Kenadee WAYT	SR	Mount Union	19.51	55.81	3/22/25 49er Classic
8	Ashaunti JONES	SR	Belhaven (Miss.)	17.29	55.99	3/22/25 Belhaven Invitational
9	Elizabeth BEISWANGER	SO	Puget Sound	15.13	56.15	3/1/25 Ed Boitano Invitational
10	Kimona HAYNES	JR	Belhaven (Miss.) {2}	13.12	56.16	3/22/25 Belhaven Invitational
11	Rose TALBERT	SO	Rose-Hulman	11.10	56.18	3/29/25 Pacesetter Sports Invitational
12	Trinity PROVOST	JR	St. Thomas (Texas)	9.85	56.43	3/29/25 Trinity (Texas) Invitational
13	Dashiel TAO HARRIS	SR	#2 Emory	8.80	56.48	4/5/25 Emory Dooley Elite
14	Abby COLLIER	SR	Baldwin Wallace	7.76	56.52	4/5/25 Marv Frye Invitational
15	Catherine LEAHY	JR	Hope	6.71	56.59	3/15/25 Myrtle Beach Collegiate Chall
16	Abigail GIAMONI	SR	Moravian	5.68	56.64	3/29/25 Danny Curran Invitational
17	Shelby STALL	SO	DePauw	5.17	56.66	3/29/25 Washington (Mo.) Invitational
18	Thea RING	JR	North Park	4.55	56.91	4/5/25 Chicagoland Outdoor Champi
18	Nevaeh LORJUSTE	SR	#12 Rowan	4.55	56.91	4/5/25 Embry-Riddle Running Eleme
20	Marina MILLER	SR	#4 MIT	3.54	56.93	3/29/25 Raleigh Relays
21	Madjo DOUMBIA	SR	Centre	2.46	D 57.08	4/5/25 Centre Invitational
22	Olivia DIAS	SR	#4 MIT {2}	2.35	57.31	3/29/25 Raleigh Relays
23	Caroline ECHOLS	SO	#1 Washington (Mo.) {3}	1.84	57.32	3/29/25 Washington (Mo.) Invitational
24	Sarah CHARLES	SO	Chapman	1.28	57.45	3/29/25 SCIAAC Multi-Dual Series
25	Olivia DOHERTY	JR	#16 Colby	1.22	57.48	3/22/25 Emory Spring Break Classic
26	Allison HOOKOM	JR	Augsburg	1.16	57.49	3/22/25 Alan Connie Shamrock Invitat
27	Krystal MONTGOMERY	JR	#4 MIT {3}	1.09	57.54	3/29/25 Raleigh Relays
28	CC GRAY	SR	#21 Trinity (Texas)	1.02	57.58	3/29/25 Trinity (Texas) Invitational
29	Kylee GRABARSKI	JR	UW-Eau Claire	0.95	57.62	4/5/25 Ashton May Invitational
30	Rukiyat DARANIJO	SO	TCNJ	0.89	57.64	3/29/25 Trinity (Texas) Invitational
31	Amelia MOSEMAN	JR	Illinois Tech	0.83	57.65	4/5/25 Chicagoland Outdoor Champi
31	Emily CAMLET	JR	Drew	0.83	57.65	3/29/25 Ramapo College Invitational
33	Annika PALUSKA	FR	#3 Williams {2}	0.69	57.73	3/22/25 Emory Spring Break Classic
34	Cate DONALDSON	SO	#3 Williams {3}	0.64	57.74	3/22/25 Emory Spring Break Classic
35	Makayla MORIARTY	FR	Tufts	0.57	57.79	3/22/25 Emory Spring Break Classic
36	Casie EIFRIG	SR	Amherst	0.50	57.82	4/5/25 Amherst Spring Fling
37	Ilana HAWKINS	SO	Marymount (Va.)	0.44	57.84	3/29/25 Osprey Open
37	Hannah RILEY	SO	#2 Emory {2}	0.44	57.84	4/5/25 Emory Dooley Elite
39	Trinity HAYES	SR	Rhode Island College	0.35	57.88	4/4/25 Ocean State Cup
40	Amaya GRANT	FR	#2 Emory {3}	0.32	57.89	3/28/25 Thrills In The Hills
41	Jesma EVANS	JR	Washington and Lee	0.26	57.95	4/5/25 Colonial Relays
42	Izzy GORTON	SR	#1 Washington (Mo.) {4}	0.23	57.96	3/29/25 Washington (Mo.) Invitational
43	Elizabeth HAWLEY	JR	Occidental	0.18	58.11	3/8/25 Oxy Distance Carnival and Spr
44	Kamiah WOOTEN	SO	North Carolina Wesley	0.15	58.12	4/5/25 Tennessee Invite
45	Olivia BARBACCI	JR	Juniata	0.13	58.14	4/5/25 Millersville Metrics
46	Alivia ROERDINK	SO	Central (Iowa)	0.10	58.17c (58.95)	4/5/25 Wartburg Outdoor Select
47	Kaitlyn EWALD	SO	#16 Colby {2}	0.08	58.23	3/22/25 Emory Spring Break Classic
47	Kaylee SMITH	SR	Chapman {2}	0.08	58.23	3/1/25 SCIAAC Quad Cup #1
49	Emma PETROLIA	JR	Stockton	0.03	58.25	3/29/25 Osprey Open
50	Kayla SULLIVAN	JR	Stockton {2}	0.01	58.28	4/5/25 Ursinus College Invitational



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Ren BROWN	SR	#6 Chicago	34.07		59.74	3/29/25 Washington (Mo.) Invitational
2	Fiona MEJICO	SR	#16 Colby	32.01		59.79	3/22/25 Emory Spring Break Classic
3	JoJo TYNNISMAA	JR	#7 Wartburg	28.21		1:01.37	3/29/25 Washington (Mo.) Invitational
4	Nora CHEN	SO	#14 Rochester (N.Y.)	26.03		1:01.53	4/5/25 Colonial Relays
5	Molly LODGE	SR	#12 Rowan	23.86		1:01.69	4/5/25 Embry-Riddle Running Eleme
6	Emma PETROLIA	JR	Stockton	21.49		1:02.05	4/5/25 Ursinus College Invitational
7	Amanda ROMANO	SR	Washington and Lee	19.39		1:02.18	4/5/25 Colonial Relays
8	Eva CIUFFETELLI	SO	#14 Rochester (N.Y.) {2}	17.30		1:02.31	4/5/25 Colonial Relays
9	Liberty SCOTT	SO	DePauw	15.29		1:02.32	3/29/25 Washington (Mo.) Invitational
10	Kelsie SEALOCK	SR	Bethel (Minn.)	13.16		1:02.50	4/5/25 Hamline Invitational
11	Ophelia LADNER	JR	Roanoke	10.82		1:03.00	4/5/25 High Point VertKlasse Meeting
12	Macy MURDOCK	JR	Berry	9.80		1:03.07	4/5/25 UWG Legends Invitational
12	Katie MOORE	SR	DePauw {2}	9.80		1:03.07	3/22/25 Rose-Hulman Early Bird Invita
14	Arden NEFF	SR	Southwestern (Texas)	7.72		1:03.27	3/29/25 Texas Relays
15	Emma SMITH	SR	Tufts	6.70		1:03.35	3/22/25 Emory Spring Break Classic
16	Sophia STAHL	SO	#7 Wartburg {2}	5.65		1:03.48	3/29/25 Washington (Mo.) Invitational
17	Brigid BYRNES	SO	Catholic (D.C.)	5.14		1:03.51	3/21/25 Fred Hardy Invitational
18	Chayanit KITNITCHIVA	SR	Chapman	4.60		1:03.63	3/29/25 SCIAC Multi-Dual Series
19	Sharona SCHWAB	JR	#6 Chicago {2}	4.09		1:03.66	3/29/25 Washington (Mo.) Invitational
20	Clare MARSH	SR	Catholic (D.C.) {2}	3.53		1:03.82	4/5/25 George Mason Ebanks Invitati
21	Lauren BERG	JR	Saint Benedict	2.77		1:04.57	3/28/25 CSB/SJU Optimistic Meet
22	Mia MCCONNELL	SO	Catholic (D.C.) {3}	2.26		1:04.60	4/5/25 George Mason Ebanks Invitati
23	Ava BAGLEY	SO	#15 SUNY Geneseo	1.75		1:04.62	4/5/25 Geneseo Early Season Invite
24	Janea BOTTINELLI	SR	Centre	1.22		1:04.70	3/22/25 Emory Spring Break Classic
25	Hannah KVANT	SO	Bethel (Minn.) {2}	1.14		1:04.80	4/5/25 Hamline Invitational
26	Payton MANN	SR	York (Pa.)	1.08		1:04.83	3/29/25 Danny Curran Invitational
27	Madison HAYS	JR	Simpson (Iowa)	1.01		1:04.89	4/5/25 Wartburg Outdoor Select
28	Emily BRENNAN	JR	Denison	0.94		1:04.94	3/30/25 Denison Lid-Lifter
29	Emily BROWN	SO	Whitworth	0.87		1:04.99	4/4/25 Whitworth Peace Meet
30	Caroline HILL	SR	RIT	0.81		1:05.02	4/5/25 Geneseo Early Season Invite
31	Danya SELBER	SR	#21 Trinity (Texas)	0.76		1:05.04	3/29/25 Trinity (Texas) Invitational
32	Hannah BINGHAM	FR	Bethel (Minn.) {3}	0.70		1:05.07	4/5/25 Hamline Invitational
33	Chloe LOVETT	JR	Wilmington (Ohio)	0.64		1:05.08	4/5/25 Jenna Strong Invitational
34	Jenna HUNTSMAN	JR	#13 George Fox	0.56		1:05.18	3/29/25 Pacific (Ore.) Open
35	Madelyn GOLLIHAR	JR	McMurry	0.51		1:05.19	3/29/25 Bobcat Invitational (Texas Sta
36	Katherine THORNTON	SR	Willamette	0.45		1:05.20	4/5/25 Linfield Jenn Boyman Memori
37	Lilly ROBERTS	JR	UW-Stout	0.35		1:05.38	4/5/25 Ashton May Invitational
38	Michelle BARNES	SO	#16 Colby {2}	0.30		1:05.43	3/28/25 Thrills In The Hills
39	Betsy MOHNKERN	SR	#22 Lynchburg	0.28		1:05.55	4/5/25 Colonial Relays
40	Lianne SAUSSY	JR	#11 Johns Hopkins	0.25		1:05.58	3/29/25 Navy Outdoor Invitational
41	Elsie CHIN	JR	Lewis & Clark	0.23		1:05.59	4/5/25 Mike Fanelli Track Classic
42	Janelle ECKL	SR	#15 SUNY Geneseo {2}	0.20		1:05.64	4/5/25 Geneseo Early Season Invite
43	Ruby KAPLAN	SR	#1 Washington (Mo.)	0.18		1:05.68	3/29/25 Washington (Mo.) Invitational
44	Olivia BARBACCI	JR	Juniata	0.15		1:05.70	3/22/25 Alan Connie Shamrock Invitat
45	Kaylie RATHS	SR	UW-Stout {2}	0.13		1:05.73	4/5/25 Ashton May Invitational
46	Ryann DECKER	FR	#7 Wartburg {3}	0.10		1:05.81	4/5/25 Wartburg Outdoor Select
46	Isabelle HENDERSON	FR	Wittenberg	0.10		1:05.81	3/22/25 Emory Spring Break Classic
48	Melayna PETTIGREW	FR	#2 Emory	0.05		1:05.85	3/22/25 Emory Spring Break Classic
49	Anne-Sophie JANSSEN	JR	Tufts {2}	0.03		1:05.91	3/22/25 Emory Spring Break Classic
50	Caroline HANSEN	SR	#2 Emory {2}	0.01		1:05.93	3/22/25 Emory Spring Break Classic
50	Shriya VELICHALA	JR	Claremont-Mudd-Scri	0.01		1:05.93	3/29/25 SCIAC Multi-Dual Series



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Megan BELL	SR #14 Rochester (N.Y.)	35.43	2:05.34	4/5/25 Colonial Relays
2	Annie HUANG	SR #11 Johns Hopkins	31.17	2:08.63	3/29/25 Raleigh Relays
3	Izzy GORTON	SR #1 Washington (Mo.)	28.47	2:09.68	3/28/25 Washington (Mo.) Distance Ca
4	Ellie RISING	SR #13 George Fox	26.24	2:10.03	4/5/25 Linfield Jenn Boyman Memori
5	Caroline ECHOLS	SO #1 Washington (Mo.) {2}	23.65	2:10.94	3/28/25 Washington (Mo.) Distance Ca
6	Madison TIAFFAY	JR #2 Emory	21.42	2:11.45	3/28/25 Thrills In The Hills
7	Annika PALUSKA	FR #3 Williams	19.40	2:11.49	3/28/25 Thrills In The Hills
8	Claudia HARNETT	SR #6 Chicago	17.11	2:12.17	4/5/25 Chicagoland Outdoor Champi
9	Kayla KASS	JR Stockton	15.07	2:12.25	4/5/25 Ursinus College Invitational
10	Piper LENTZ	JR Amherst	13.01	2:12.40	4/5/25 Amherst Spring Fling
11	Luna MCCAULEY	JR #2 Emory {2}	10.88	2:12.71	3/28/25 Thrills In The Hills
12	Emma KOTHARI	JR #11 Johns Hopkins {2}	9.82	2:12.86	3/29/25 Navy Outdoor Invitational
13	Ella FULLERTON	JR #9 Colorado College	8.67	2:13.20	3/8/25 Oxy Distance Carnival and Spr
14	Harrinee SENTHILKUMAR	SR #11 Johns Hopkins {3}	7.65	2:13.26	4/5/25 George Mason Ebanks Invitati
15	Sierra DOODY	JR #15 SUNY Geneseo	6.62	2:13.33	4/5/25 Geneseo Early Season Invite
16	Anna ROSE	SR Berry	5.57	2:13.45	3/28/25 Thrills In The Hills
17	Kyla NYGAARD	JR Concordia Moorhead	5.03	2:13.59	4/5/25 Hamline Invitational
18	Allison BARKER	SO #9 Colorado College {2}	4.50	2:13.73	3/8/25 Oxy Distance Carnival and Spr
19	Chloe BULLOCK	SR #23 Redlands (Calif.)	3.96	2:13.91	3/8/25 Oxy Distance Carnival and Spr
20	Libby GEISNESS	SR UW-Oshkosh	3.45	2:13.93	3/28/25 Washington (Mo.) Distance Ca
21	Mackenzie SETTON	JR #11 Johns Hopkins {4}	2.91	2:14.15	4/5/25 George Mason Ebanks Invitati
22	Alexa ESTES	JR Connecticut College	2.35	2:14.42	3/29/25 Bryant Black and Gold Invitati
23	Malia HEIEN	JR Lewis & Clark	1.84	2:14.49	4/5/25 Mike Fanelli Track Classic
24	Emma KELLY	JR #6 Chicago {2}	1.28	2:14.77	3/29/25 Washington (Mo.) Invitational
25	Zoe MARCUS	SO Amherst {2}	1.19	2:14.95	4/5/25 Amherst Spring Fling
26	Hope MURPHY	SR Baldwin Wallace	1.13	2:15.02	3/29/25 Bob Kahn Invitational
27	Rowan MILLER	FR #2 Emory {3}	1.08	2:15.03	4/5/25 Emory Dooley Elite
28	Lydia BENNETT	SR Grove City	1.01	2:15.09	4/5/25 Dave Labor Slippery Rock Invi
29	Annette SMITH	SO #21 Trinity (Texas)	0.91	2:15.35	3/29/25 Trinity (Texas) Invitational
30	Gianna DAWSON	FR NYU	0.81	2:15.59	3/29/25 Raleigh Relays
31	Lara ERICKSON	SR Carleton	0.75	2:15.63	3/28/25 Mangrum Invitational
32	Anna SASSE	SR #12 Rowan	0.69	2:15.69	3/29/25 Danny Curran Invitational
33	Arianna HOLBROOK	SO Case Western Reserve	0.62	2:15.80	3/29/25 Bob Kahn Invitational
34	Hailey SHREFFLER	SR Eastern (Pa.)	0.56	2:15.86	4/5/25 Millersville Metrics
35	Sophie BEKINS	SR #1 Washington (Mo.) {3}	0.47	2:16.01	3/29/25 Washington (Mo.) Invitational
36	Channing BARKER	SR Brevard (N.C.)	0.40	2:16.19	3/28/25 King University Invitational
37	Kelly O'GRADY	JR TCNJ	0.35	2:16.30	3/29/25 Trinity (Texas) Invitational
38	Virginia PRIDGEN	SR #1 Washington (Mo.) {4}	0.30	2:16.33	3/29/25 Washington (Mo.) Invitational
38	Jacqueline LIU	JR Carnegie Mellon	0.30	2:16.33	4/5/25 Dave Labor Slippery Rock Invi
40	Elisabeth CAMIC	SR #6 Chicago {3}	0.25	2:16.49	3/29/25 Washington (Mo.) Invitational
40	Sophia WHITE	SR Coast Guard	0.25	2:16.49	3/29/25 Monmouth Season Opener
42	Lauren RALEY	FR #1 Washington (Mo.) {5}	0.20	2:16.72	4/4/25 Illinois College True Blue Invit
43	Kay WISCOUNT	FR DeSales	0.18	2:16.73	3/29/25 Danny Curran Invitational
44	Nikki BOON	SR #2 Emory {4}	0.15	2:16.77	3/28/25 Thrills In The Hills
45	Elizabeth PAGE	FR Swarthmore	0.13	2:16.78	3/29/25 Danny Curran Invitational
46	Elena STANCIU	SO UC Santa Cruz	0.10	2:16.92	4/5/25 Mike Fanelli Track Classic
47	Heidi BARTON	JR Southern Virginia	0.08	2:17.04	4/5/25 Colonial Relays
48	Katie RECTOR	JR #1 Washington (Mo.) {6}	0.05	2:17.05	3/29/25 Washington (Mo.) Invitational
49	Cate STEVENS	JR #1 Washington (Mo.) {7}	0.03	2:17.14	3/28/25 Washington (Mo.) Distance Ca
50	Annalise GONZALES	JR #13 George Fox {2}	0.01	2:17.25	4/5/25 Linfield Jenn Boyman Memori



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Kelty OASTER	SR	Elizabethtown	33.10		4:27.92	4/5/25 George Mason Ebanks Invitati
2	Madison TIAFFAY	JR	#2 Emory	30.75		4:28.77	3/28/25 Thrills In The Hills
3	Grace MCDONOUGH	JR	Connecticut College	28.62		4:29.06	3/29/25 Bryant Black and Gold Invitati
4	Sophie BEKINS	SR	#1 Washington (Mo.)	26.01		4:30.53	3/28/25 Washington (Mo.) Distance Ca
5	Isabel OLSON	SR	#9 Colorado College	23.81		4:31.02c (4:36.84A)	3/22/25 Dr. Dan Caprioglio Early Bird
6	Lily YAMPOLSKY	FR	#3 Williams	21.75		4:31.15	3/28/25 Thrills In The Hills
7	Lydia BENNETT	SR	Grove City	19.59		4:31.55	4/5/25 Dave Labor Slippery Rock Invi
8	Deyanneira COLON MALDONADO	SR	Aurora	17.46		4:31.91	4/5/25 Chicagoland Outdoor Champi
9	Faith DUNCAN	JR	Wilmington (Ohio)	15.36		4:32.28	4/5/25 Jenna Strong Invitational
10	Katie RECTOR	JR	#1 Washington (Mo.) {2}	13.15		4:33.03	3/28/25 Washington (Mo.) Distance Ca
11	Keira ROGAN	FR	Hamilton	10.96		4:33.73	3/29/25 Monmouth Season Opener
12	Adriana CRABTREE	JR	Illinois Wesleyan	9.95		4:33.77	3/28/25 Washington (Mo.) Distance Ca
13	Mackenzie SETTON	JR	#11 Johns Hopkins	8.84		4:34.19	3/29/25 Raleigh Relays
14	Adriana CATALANO	JR	#11 Johns Hopkins {2}	7.72		4:34.62	3/29/25 Navy Outdoor Invitational
15	Elena STANCIU	SO	UC Santa Cruz	6.64		4:35.14	4/5/25 Mike Fanelli Track Classic
16	Amalia DORION	SR	Suffolk	5.62		4:35.28	4/5/25 Colonial Relays
17	Bailey PUCKETT	JR	Trine	5.11		4:35.38	3/28/25 Washington (Mo.) Distance Ca
18	Emma KOTHARI	JR	#11 Johns Hopkins {3}	4.53		4:35.99	4/5/25 George Mason Ebanks Invitati
19	Emma KELLY	JR	#6 Chicago	4.00		4:36.22	3/28/25 Washington (Mo.) Distance Ca
20	Virginia PRIDGEN	SR	#1 Washington (Mo.) {3}	3.45		4:36.54	3/28/25 Washington (Mo.) Distance Ca
21	Frankie CHAIDEZ	SR	#10 Loras	2.92		4:36.79	3/28/25 Washington (Mo.) Distance Ca
22	Diana VALENTINI	SO	#11 Johns Hopkins {4}	2.41		4:36.87	4/5/25 George Mason Ebanks Invitati
23	Bea PARR	SR	Middlebury	1.89		4:37.03	3/22/25 Aztec Invitational
24	Amelia LEHMAN	SR	UW-Oshkosh	1.37		4:37.16	3/28/25 Washington (Mo.) Distance Ca
25	Sylvan WOLD	SR	Amherst	1.29		4:37.39	4/5/25 Amherst Spring Fling
26	Tanise THORNTON - FILLYAW	JR	Goucher	1.12		4:38.30	3/29/25 Danny Curran Invitational
27	Natalie TEBBEN	SR	#25 Calvin	1.05		4:38.46	3/28/25 Washington (Mo.) Distance Ca
27	Luna MCCAULEY	JR	#2 Emory {2}	1.05		4:38.46	3/28/25 Thrills In The Hills
29	Ellie RISING	SR	#13 George Fox	0.95		4:38.47	3/22/25 Westmont Collegiate Classic
30	Pria PARKER	SR	Smith	0.89		4:38.54	4/5/25 Coast Guard Spring Invitation
31	Jenna ALLMAN	SR	#25 Calvin {2}	0.83		4:38.63	4/5/25 GVSU Early Meet
32	Elisabeth CAMIC	SR	#6 Chicago {2}	0.76		4:38.74	3/28/25 Washington (Mo.) Distance Ca
33	Peyton STEFFEN	JR	Central (Iowa)	0.67		4:39.03	4/5/25 Wartburg Outdoor Select
34	Payton FLEMING	SO	#2 Emory {3}	0.57		4:39.42	3/28/25 Thrills In The Hills
35	Flora BIRO	FR	Amherst {2}	0.51		4:39.49	3/29/25 Bryant Black and Gold Invitati
36	Rowan MILLER	FR	#2 Emory {4}	0.45		4:39.60	3/28/25 Thrills In The Hills
37	Anna SASSE	SR	#12 Rowan	0.35		4:39.98	3/29/25 Danny Curran Invitational
38	Lucia MUTHU	FR	UC Santa Cruz {2}	0.30		4:39.99	3/22/25 Hornet Invitational
39	Liesl SCHERRER	SR	#2 Emory {5}	0.28		4:40.06	3/28/25 Thrills In The Hills
40	Sophia BRESCHI	JR	Washington and Lee	0.25		4:40.19	4/5/25 Colonial Relays
41	Abby GOODFRIED	JR	#9 Colorado College {2}	0.23		4:40.25c (4:46.27A)	3/29/25 Chuck Haering Classic
42	Mackenzie RAUE	FR	#1 Washington (Mo.) {4}	0.20		4:40.44	3/28/25 Washington (Mo.) Distance Ca
43	Riley BUESE	SR	Lewis & Clark	0.18		4:40.54	3/22/25 Oregon Preview (outdoor)
44	Sydney BOYD	SO	UC Santa Cruz {3}	0.15		4:40.58	4/5/25 Mike Fanelli Track Classic
45	Harrinee SENTHILKUMAR	SR	#11 Johns Hopkins {5}	0.13		4:40.64	3/29/25 Raleigh Relays
46	Carter BROTHERTON	FR	#11 Johns Hopkins {6}	0.10		4:40.81	3/29/25 Navy Outdoor Invitational
47	Nelly STAFFORD	SR	Allegheny (Pa.)	0.08		4:41.10	3/29/25 Carnegie Mellon Invitational
48	Kate INGLIS	SR	Catholic (D.C.)	0.05		4:41.21	3/29/25 Towson Invitational
49	Allison DELL	SR	#22 Lynchburg	0.03		4:41.33	3/29/25 Dr. Jack M. Toms Alumni Invi
50	Elena BLODNIKAR	FR	#11 Johns Hopkins {7}	0.01		4:41.51	3/29/25 Navy Outdoor Invitational



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Sophie BULL	JR	#25 Calvin	33.97	10:24.32	3/28/25 Washington (Mo.) Distance Ca
2	Keira ROGAN	FR	Hamilton	31.56	10:27.88	4/5/25 Hamilton Invitational
3	Audrey MACLEAN	SO	Middlebury	29.48	10:28.51	3/22/25 Aztec Invitational
4	Ellie MEYER	SR	#7 Wartburg	26.59	10:36.88	3/28/25 Washington (Mo.) Distance Ca
5	Abigail PATTERSON	SR	#1 Washington (Mo.)	23.63	10:49.47	3/28/25 Washington (Mo.) Distance Ca
6	Sophie MCMANUS	SR	Carleton	21.53	10:50.93	3/28/25 Mangrum Invitational
7	Kenzie SEYMOUR	SO	UC Santa Cruz	19.43	10:52.21	4/5/25 Mike Fanelli Track Classic
8	Jenna ALLMAN	SR	#25 Calvin {2}	17.26	10:54.54	3/28/25 Washington (Mo.) Distance Ca
9	Annika CARLSON	JR	Chapman	15.24	10:54.82	3/1/25 SCIAC Quad Cup #1
10	Grace SMITH	SR	Grove City	13.17	10:55.83	3/29/25 Carnegie Mellon Invitational
11	Liv GIRAND	SO	#4 MIT	11.10	10:56.68	3/29/25 Raleigh Relays
12	Emma ODLE	SR	#18 Augustana (Ill.)	9.95	10:58.78	3/28/25 Washington (Mo.) Distance Ca
13	Becca IMMER	SO	#5 UW-La Crosse	8.78	11:01.26	3/28/25 Washington (Mo.) Distance Ca
14	Charlene PENG	SO	#3 Williams	7.74	11:02.40	3/28/25 Thrills In The Hills
15	Julia PATTERSON	SR	#1 Washington (Mo.) {2}	6.59	11:06.41	3/28/25 Washington (Mo.) Distance Ca
16	Revere SCHMIDT	SO	Claremont-Mudd-Scri	5.51	11:08.56	3/8/25 Oxy Distance Carnival and Spr
17	Cooper BROTHERTON	JR	#11 Johns Hopkins	5.00	11:08.98	4/5/25 George Mason Ebanks Invitati
18	Katelyn CHADWICK	SR	#5 UW-La Crosse {2}	4.50	11:09.00	3/28/25 Washington (Mo.) Distance Ca
19	Heather JENSEN	SO	#4 MIT {2}	3.82	11:13.95	3/29/25 Raleigh Relays
20	Marrin CRIST	SR	Allegheny (Pa.)	3.26	11:15.63	3/29/25 Carnegie Mellon Invitational
21	Libby ROWLAND	SR	Carleton {2}	2.76	11:15.66	3/28/25 Mangrum Invitational
22	Alexandra SIMON	SO	Wesleyan (Conn.)	2.26	11:15.75	4/5/25 Amherst Spring Fling
23	Breanna SCHMITT	SO	#13 George Fox	1.76	11:15.81	3/22/25 Westmont Collegiate Classic
24	Madeleine BOYLE	JR	Lewis & Clark	1.24	11:16.43	3/29/25 Willamette Invitational
25	Claudia WOLF	JR	RPI	1.13	11:17.97	4/5/25 Amherst Spring Fling
26	Samantha HOFFMANN	SR	Scranton	1.06	11:18.72	3/29/25 Jim Taylor Invitational
27	Olivia BACKHOLM	FR	Claremont-Mudd-Scri {2}	0.99	11:19.14	3/29/25 SCIAC Multi-Dual Series
28	Sylvie NAJARIAN	SR	Hamilton {2}	0.92	11:19.68	4/5/25 Hamilton Invitational
29	Amiyah PRIEBE	SR	Dickinson	0.85	11:20.35	3/23/25 The Little Three: Dickinson-Fr
30	Fiona BODKIN	SO	Pomona-Pitzer	0.78	11:20.90	3/29/25 SCIAC Multi-Dual Series
31	Davis JOHNSON	FR	#2 Emory	0.70	11:21.68	3/28/25 Thrills In The Hills
32	Riley CLARK	JR	#1 Washington (Mo.) {3}	0.64	11:22.23	3/28/25 Washington (Mo.) Distance Ca
33	Ella LYLE	SR	Grove City {2}	0.55	11:23.23	3/29/25 Carnegie Mellon Invitational
34	Maddy STRUCK	SR	Hope	0.50	11:24.33	3/15/25 Myrtle Beach Collegiate Chall
35	Kylah HOLLAND	SR	Hardin-Simmons	0.45	11:24.69	3/29/25 Texas Relays
36	Lexi DEAN	JR	Tufts	0.40	11:27.30	4/5/25 Amherst Spring Fling
37	Kendall MANN	SR	DePauw	0.35	11:27.38	3/22/25 Rose-Hulman Early Bird Invita
38	Katie SCOTT	SO	Franklin & Marshall	0.30	11:27.69	3/23/25 The Little Three: Dickinson-Fr
39	Bayleigh REDD	SR	Southern Virginia	0.28	11:29.10	3/22/25 W&L Track & Field Carnival
40	Milana STRAUB	SR	Marywood	0.25	11:29.35	4/4/25 Misericordia Twilight
41	Natalie ARMBRUSTER	JR	Ohio Northern	0.23	11:29.80	3/28/25 Washington (Mo.) Distance Ca
42	Julia ZALEWSKI	FR	#5 UW-La Crosse {3}	0.20	11:30.00	4/5/25 Ashton May Invitational
43	Jocelyn ONSTOT	SO	Rose-Hulman	0.18	11:30.66	3/29/25 Pacesetter Sports Invitational
44	Brianna BREYVAULT	JR	Washington and Lee	0.15	11:31.07	4/5/25 Colonial Relays
45	Madeline LEE	FR	#1 Washington (Mo.) {4}	0.13	11:31.17	4/4/25 Illinois College True Blue Invit
46	Elizabeth SCHWARTZ	SO	#5 UW-La Crosse {4}	0.10	11:31.77	4/5/25 Ashton May Invitational
47	Shea FAJEN	FR	Middlebury {2}	0.08	11:32.27	3/22/25 Aztec Invitational
48	Morgan SHAW	SO	Willamette	0.05	11:33.22	3/8/25 L&C Electric Forest Collegiate
49	Gabby ALLARD	SO	Ripon	0.03	11:34.22	4/5/25 Augustana Viking Olympics
50	Francesca PROTO	SR	Gettysburg	0.01	11:34.62	3/23/25 The Little Three: Dickinson-Fr



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Grace MCDONOUGH	JR	Connecticut College	34.32	16:29.06	4/5/25 Coast Guard Spring Invitation
2	Penelope GREENE	SR	#15 SUNY Geneseo	30.86	16:43.90	4/5/25 Geneseo Early Season Invite
3	Isabel OLSON	SR	#9 Colorado College	28.70	16:45.58	3/28/25 Washington (Mo.) Distance Ca
4	Peyton STEFFEN	JR	Central (Iowa)	25.95	16:53.39	3/28/25 Washington (Mo.) Distance Ca
5	Sydney RANKIN	SR	#9 Colorado College {2}	23.91	16:53.85	3/8/25 Oxy Distance Carnival and Spr
6	Lydia BENNETT	SR	Grove City	21.69	16:56.35	3/29/25 Carnegie Mellon Invitational
7	Anna WATSON	SR	#6 Chicago	19.68	16:56.52	3/28/25 Washington (Mo.) Distance Ca
8	Allison DELL	SR	#22 Lynchburg	17.48	16:59.67	4/5/25 Colonial Relays
9	Lauren WALDA	JR	St. Olaf	15.09	17:05.92	3/28/25 Washington (Mo.) Distance Ca
10	Nora HOLMES	JR	#6 Chicago {2}	13.08	17:06.07	3/28/25 Washington (Mo.) Distance Ca
11	Chloe BONSON	JR	Allegheny (Pa.)	10.92	17:08.80	3/29/25 Carnegie Mellon Invitational
12	Flora BIRO	FR	Amherst	9.64	17:16.39	4/5/25 Amherst Spring Fling
13	Sidney SWICK	JR	Trine	8.55	17:19.52	3/28/25 Washington (Mo.) Distance Ca
14	Lilly FOWLER-CONNER	SR	#15 SUNY Geneseo {2}	7.54	17:19.66	4/5/25 Geneseo Early Season Invite
15	Lauren IAGNEMMA	JR	Case Western Reserve	6.54	17:19.76	3/28/25 Washington (Mo.) Distance Ca
16	Anna BODMER	SO	Salisbury	5.49	17:21.36	4/5/25 George Mason Ebanks Invitati
17	Morgan EIGEL	SO	#3 Williams	4.99	17:21.46	3/28/25 Thrills In The Hills
18	Tamar BYL-BRANN	SO	#3 Williams {2}	4.46	17:22.34	3/28/25 Thrills In The Hills
19	Charlie FLINT	SO	#9 Colorado College {3}	3.95	17:22.70	3/8/25 Oxy Distance Carnival and Spr
20	Kenzie SEYMOUR	SO	UC Santa Cruz	3.37	17:25.45	3/22/25 Hornet Invitational
21	Aliya LARSEN	SR	Carleton	2.86	17:25.63	4/5/25 Hamline Invitational
22	Adelaide NYHAN	SO	Vassar	2.35	17:26.05	3/29/25 Ramapo College Invitational
23	Maya DUCKER	SO	Carnegie Mellon	1.83	17:26.58	3/29/25 Carnegie Mellon Invitational
24	Grace GALLAGHER	JR	Misericordia	1.32	17:27.09	3/29/25 Danny Curran Invitational
25	Sophia BRESCHI	JR	Washington and Lee	1.23	17:28.24	3/22/25 W&L Track & Field Carnival
26	Kate INGLIS	SR	Catholic (D.C.)	1.18	17:28.32	4/5/25 George Mason Ebanks Invitati
27	Britt HELGAAS	SR	#9 Colorado College {4}	1.12	17:28.73	3/8/25 Oxy Distance Carnival and Spr
28	Claire ANDERSON	JR	Washington & Jefferso	1.06	17:29.00	3/29/25 Carnegie Mellon Invitational
29	Addy PARROTT	SR	Central (Iowa) {2}	0.99	17:29.60	3/28/25 Washington (Mo.) Distance Ca
30	Gabriella PAGANO	JR	#12 Rowan	0.86	17:32.29	3/29/25 Danny Curran Invitational
31	Ann BRENNAN	JR	#15 SUNY Geneseo {3}	0.80	17:32.70	3/30/25 Bill Q Invite
32	Taylor MYERS	FR	Bridgewater (Va.)	0.73	17:33.36	3/22/25 W&L Track & Field Carnival
33	Abby WILLIAMS	SO	Connecticut College {2}	0.67	17:33.68	3/29/25 Bryant Black and Gold Invitati
34	Gabriella MCCARTHY	SR	#15 SUNY Geneseo {4}	0.60	17:34.16	3/30/25 Bill Q Invite
35	Nora JOHNSON	SR	#3 Williams {3}	0.54	17:34.50	3/28/25 Thrills In The Hills
36	Brianna WAGNER	SR	Misericordia {2}	0.48	17:34.97	3/22/25 W&L Track & Field Carnival
37	Katherine CLINE	SR	Pomona-Pitzer	0.43	17:35.09	3/28/25 Mangrum Invitational
38	Helena JANKU	JR	UC Santa Cruz {2}	0.37	17:35.38	4/5/25 Mike Fanelli Track Classic
39	Kyrianna NEMITZ	SO	Lebanon Valley	0.34	17:35.42	3/29/25 Danny Curran Invitational
40	Nikki CHOPRA	SO	Amherst {2}	0.27	17:36.99	3/29/25 Bryant Black and Gold Invitati
41	Addison MCGOEY	FR	Amherst {3}	0.24	17:37.15	4/5/25 Amherst Spring Fling
42	Carmen MEDVIT	JR	Geneva	0.21	17:37.48	3/15/25 Myrtle Beach Collegiate Chall
43	Nora HART	FR	Amherst {4}	0.18	17:37.90	3/29/25 Bryant Black and Gold Invitati
44	Emma MITCHELL	SR	Washington and Lee {2}	0.15	17:38.65	4/5/25 Colonial Relays
45	Anna ROSE	SR	Berry	0.13	17:39.38	3/28/25 Thrills In The Hills
46	Hailey SHREFFLER	SR	Eastern (Pa.)	0.10	17:39.90	3/29/25 Danny Curran Invitational
47	Abby FERNALD	JR	Connecticut College {3}	0.08	17:40.02	3/29/25 Bryant Black and Gold Invitati
48	Mira TERDIMAN	SR	Pomona-Pitzer {2}	0.05	17:41.50	3/28/25 Mangrum Invitational
49	Julia BRENNAN	SO	#3 Williams {4}	0.03	17:41.56	3/28/25 Thrills In The Hills
50	Kiera TALLAS	SO	Connecticut College {4}	0.01	17:42.75	4/5/25 Coast Guard Spring Invitation



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Faith DUNCAN	JR	Wilmington (Ohio)	35.76	32:57.31	3/29/25 Raleigh Relays
2	Riley BUESE	SR	Lewis & Clark	31.13	34:16.33	4/5/25 Stanford Invitational
3	Rachel BRENNAN	SR	Gordon (Mass.)	28.76	34:28.04	3/28/25 Washington (Mo.) Distance Ca
4	Kate SANDERSON	JR	#4 MIT	26.02	34:52.91	3/29/25 Raleigh Relays
5	Deyanneira COLON MALDONADO	SR	Aurora	23.55	35:15.27	3/28/25 Washington (Mo.) Distance Ca
6	Alison MUELLER-HICKLER	JR	#9 Colorado College	21.49	35:18.61	3/28/25 Washington (Mo.) Distance Ca
7	Lucy DUCHAC	JR	#5 UW-La Crosse	19.41	35:22.51	3/28/25 Washington (Mo.) Distance Ca
8	Rujuta SANE	JR	#4 MIT {2}	17.39	35:23.27	3/29/25 Raleigh Relays
9	Madelynn MCINTYRE	SR	#5 UW-La Crosse {2}	15.33	35:26.00	3/28/25 Washington (Mo.) Distance Ca
10	Sophie PORTER	SR	DePauw	13.22	35:31.67	3/28/25 Washington (Mo.) Distance Ca
11	Estelle SNIDER	SO	#6 Chicago	11.02	35:41.70	3/28/25 Washington (Mo.) Distance Ca
12	Jenna LENAY	JR	Occidental	9.98	35:43.36	3/8/25 Oxy Distance Carnival and Spr
13	Alison BODE	SR	St. Olaf	8.89	35:51.23	3/28/25 Washington (Mo.) Distance Ca
14	Teghan BOOTH	SR	Simpson (Iowa)	7.88	35:52.78	3/28/25 Washington (Mo.) Distance Ca
15	Charlie FLINT	SO	#9 Colorado College {2}	6.83	35:57.42	3/28/25 Washington (Mo.) Distance Ca
16	Lucy GOTT	JR	NYU	5.66	36:13.96	3/29/25 Raleigh Relays
17	Britt HELGAAS	SR	#9 Colorado College {3}	5.15	36:14.99	3/28/25 Washington (Mo.) Distance Ca
18	Haley OLIVER	JR	Rhode Island College	4.40	36:40.50	3/29/25 Bryant Black and Gold Invitati
19	Brooklyn LUEBKE	SO	#5 UW-La Crosse {3}	3.80	36:51.65	3/28/25 Washington (Mo.) Distance Ca
20	Taylor MYERS	FR	Bridgewater (Va.)	3.29	36:52.27	3/29/25 Dr. Harry G.M. Jopson Invitati
21	Annalese CHUDY	SR	Illinois Wesleyan	2.79	36:52.47	3/28/25 Washington (Mo.) Distance Ca
22	Ellie KOZICH	FR	DeSales	2.25	36:56.42	3/29/25 Danny Curran Invitational
23	Carolyn DAY	SR	Gordon (Mass.) {2}	1.74	36:57.38	3/28/25 Washington (Mo.) Distance Ca
24	Grace FLORES	SO	DePauw {2}	1.21	37:00.44	3/28/25 Washington (Mo.) Distance Ca
25	Ashley HOCKSTOK	SR	Ohio Northern	1.00	37:17.23	3/28/25 Washington (Mo.) Distance Ca
26	Brenda DAZA	SO	Chapman	0.90	37:22.54	3/28/25 Mangrum Invitational
27	Gabrielle THIRY	FR	Gettysburg	0.85	37:24.49	4/5/25 Millersville Metrics
28	Coyla BARTHOLOMEW	JR	Lebanon Valley	0.80	37:24.84	3/29/25 Danny Curran Invitational
29	Kelly GIARDINA	JR	#7 Wartburg	0.75	37:25.87	3/28/25 Washington (Mo.) Distance Ca
30	April BROWNE	SR	Arcadia	0.70	37:26.08	3/29/25 Danny Curran Invitational
31	Mallory REISER	SO	#5 UW-La Crosse {4}	0.65	37:32.31	3/28/25 Washington (Mo.) Distance Ca
32	Vivienne LARSON	SO	#1 Washington (Mo.)	0.60	37:33.80	3/28/25 Washington (Mo.) Distance Ca
33	Kathryn LONG	JR	Widener	0.55	37:35.15	3/29/25 Danny Curran Invitational
34	Claire CALLON	SR	Amherst	0.50	37:35.79	3/29/25 Bryant Black and Gold Invitati
35	Anna BODMER	SO	Salisbury	0.45	37:36.28	3/15/25 Myrtle Beach Collegiate Chall
36	Megan KEYS	SR	Wittenberg	0.40	37:51.00	3/28/25 Washington (Mo.) Distance Ca
37	Brynn URBAN	SR	DePauw {3}	0.35	37:55.24	3/28/25 Washington (Mo.) Distance Ca
38	Kennedy RADER	JR	Ohio Northern {2}	0.30	38:01.92	3/28/25 Washington (Mo.) Distance Ca
39	Elyse TANCINI	SO	Gettysburg {2}	0.28	38:02.83	4/5/25 Millersville Metrics
40	Sarah PULLEN	JR	#13 George Fox	0.25	38:03.45	3/1/25 Linfield Erik Anderson Icebrea
41	Jamie CATANIA	JR	UW-Oshkosh	0.23	38:11.36	3/28/25 Washington (Mo.) Distance Ca
42	Abigail JOHNSON	SR	#23 Redlands (Calif.)	0.20	38:11.41	3/8/25 Oxy Distance Carnival and Spr
43	Ariel ELLIS	JR	Berry	0.18	38:21.51	3/28/25 Washington (Mo.) Distance Ca
44	Kristen PRINCE	JR	Saint Vincent	0.15	38:23.81	3/22/25 W&L Track & Field Carnival
45	Shea ROCHE	JR	UMass Boston	0.13	38:26.70	3/29/25 Snowflake Classic
46	Hannah FLISS	SR	UW-Platteville	0.10	38:27.81	3/28/25 Washington (Mo.) Distance Ca
47	Emma HAWK	JR	Wittenberg {2}	0.08	38:34.19	3/28/25 Washington (Mo.) Distance Ca
48	Ella HANSEN	SO	#17 UW-Whitewater	0.05	38:35.49	3/28/25 Washington (Mo.) Distance Ca
49	Kyla EISMAN	JR	#24 Ithaca	0.03	38:37.06	4/6/25 SUNY Cortland Red Dragon O
50	Yasmin DEFNE DADIKHI	JR	Emerson	0.01	38:39.02	3/29/25 Snowflake Classic



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Nikki Boon, Eva Carchidi, Jada Kenner, Audrey Johnson	#2 Emory	34.61	45.97	4/5/25 Emory Dooley Elite
2	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker	#8 Elmhurst	31.95	46.20	3/30/25 Yellow Jacket Collegiate Ope
3	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett	#17 UW-Whitewater	29.20	46.46	4/4/25 Rex Foster Twilight
4	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman	#16 Colby	26.27	46.79	3/28/25 Thrills In The Hills
5	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.)	24.16	46.83	3/29/25 Washington (Mo.) Invitational
6	#Type!	SUNY Delhi	21.66	47.05	3/29/25 Ramapo College Invitational
7	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson	#3 Williams	19.59	47.09	3/28/25 Thrills In The Hills
8	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton	St. Thomas (Texas)	17.22	47.29	3/22/25 Texas Lutheran DIII Challenge
9	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	Chapman	15.20	47.30	3/1/25 SCIAC Quad Cup #1
10	Mia Scott, Sandra King, Kaleigh McNamara, Dakota Houston	John Carroll	13.14	47.33	3/30/25 Yellow Jacket Collegiate Ope
11	Harmony Creasy, Layla Hughes, Meghan McDonald, Emma Seipel	#10 Loras	11.05	47.38	4/5/25 Wartburg Outdoor Select
12	Emily Zielinski, Wendy Wooden, Inez Medeiros, Michaina Loriston	Wheaton (Mass.)	10.01	47.40	4/5/25 Emory Dooley Elite
13	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn	Hope	8.90	47.46	3/22/25 Emory Spring Break Classic
14	Kennedy Berger, Paula Incorvati, Madison Miles, Kenadee Wayt	Mount Union	7.85	47.49	3/29/25 Carnegie Mellon Invitational
15	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik	#21 Trinity (Texas)	6.58	47.64	3/22/25 Texas Lutheran DIII Challenge
16	Nalonda Henderson, Lindsey Hobin, Mae Kaufman, Eleanor Hincley	Roanoke	5.52	47.67	3/29/25 Raleigh Relays
16	Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger	Ohio Wesleyan	5.52	47.67	3/30/25 Denison Lid-Lifter
18	Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson	Wittenberg	4.31	47.81	3/30/25 Denison Lid-Lifter
19	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	Pomona-Pitzer	3.75	47.87	3/22/25 UC Riverside Spring Track Cla
20	Amari Robinson, Janea Bottinelli, Chloe Hein, Madjo Doubia	Centre	3.24	47.88	4/5/25 Centre Invitational



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

21	Hope Schueller, Allyson Kakes, Libby Huber, Sophia Crespo	UW-Eau Claire	2.73	47.89	4/5/25	Ashton May Invitational
22	Ava Butler, Laura Suppa, Rachel Larson, Aynisha McQuillar	#24 Ithaca	2.23	47.90	4/6/25	SUNY Cortland Red Dragon O
23	Mirra Klimov, Lianne Saussy, Anna Zinsser, Ellie Lewis	#11 Johns Hopkins	1.64	48.00	3/29/25	Navy Outdoor Invitational
24	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens	Claremont-Mudd-Scri	1.10	48.04	4/5/25	UCSD Triton Invitational
25	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil	Salisbury	1.00	48.10	4/5/25	George Mason Ebanks Invitati
26	Jocelyn Fritz, TyKiaza Jones, Taylor Tucker, Jazmyn Harmon	Greenville	0.93	48.12	3/29/25	Washington (Mo.) Invitational
27	Jade Buckles, Adalia Coleman, Summer Wallace, Olivia Bates	Bridgewater (Va.)	0.85	48.15	3/29/25	Dr. Harry G.M. Jopson Invitati
28	Sabrina Tanouye, Sabrina Semmere, Eleanor Bachmeier, Maigan Adams	#23 Redlands (Calif.)	0.80	48.18	3/29/25	SCIAC Multi-Dual Series
29	Rachel Hubley, Camilla Lash, Eliza Cardwell, Ellie Jolly	Amherst	0.75	48.20	4/5/25	Amherst Spring Fling
30	#Type!	Widener	0.70	48.28	4/5/25	Ursinus College Invitational
31	Peterly Leroy, Sarai Sealy, Hannah Bohbot-Dridi, Jasmin Berganza	Brandeis	0.65	48.30	4/4/25	Regis (Mass.) Spring Classic
31	Wendy De La Cruz Garcia, Kaia Grantham, Jocelyn Smith, Samantha Sharrow	Scranton	0.65	48.30	3/29/25	Jim Taylor Invitational
33	Katie Bruno, Mackenzie Daggitt, Melissa White, Olive Lawrence	Middlebury	0.55	48.50	3/15/25	Ross and Sharon Irwin Collegi
34	Addie Parker, JoJo Tyynismaa, Avery Schultes, Ryann Decker	#7 Wartburg	0.50	48.54	4/5/25	Wartburg Outdoor Select
35	Emily Rengo, Andie Sandman, Piper Osborne, Kyla Nygaard	Concordia Moorhead	0.45	48.57	3/28/25	CSB/SJU Optimistic Meet
36	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin	Central (Iowa)	0.40	48.62	4/5/25	Wartburg Outdoor Select
37	Sophia Rivas, Elizabeth Beiswanger, Victoria Bradshaw, Kyrstin Wilson	Puget Sound	0.35	48.73	3/1/25	Ed Boitano Invitational
38	Keri Edwards, Malia Melton, Evan Thomas, Aubrey Guyden	Oglethorpe	0.30	48.80	4/5/25	Embry-Riddle Running Eleme
39	Tia Billingsly, Randi Beckham, Paige Thomas, Mariah Gibson	UT Dallas	0.28	48.82	3/29/25	Trinity (Texas) Invitational
39	Cameron Stanton, Makayla Moriarty, Elysse Cumberland, Simi Lawal	Tufts	0.28	48.82	3/22/25	Emory Spring Break Classic
41	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg	North Park	0.23	48.83	3/29/25	Redbird Challenge



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #2, April 8

42	Katherine Thornton, Mashani Coleman, Kenzie Lee, Ella Thompson	Willamette	0.20	48.85	3/29/25	Willamette Invitational
42	Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira	Whitworth	0.20	48.85	3/11/25	Sam Adams Classic
44	Haley Stannard, Elianna Dalamangas, Madison Ahrens, Kayla Lipsey	UW-Platteville	0.15	48.87	4/6/25	Mississippi River Rumble
45	Maddie Lyons, Gabri Meschino, Arielle Troadec, Ava Hagwell	#6 Chicago	0.13	48.94	3/29/25	Washington (Mo.) Invitational
45	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Kortney Clipper	Catholic (D.C.)	0.13	48.94	4/5/25	George Mason Ebanks Invitati
47	Jenna Huntsman, Ayahna Bahati, Beth Parangan, Karys Gates	#13 George Fox	0.08	48.99	3/22/25	Westmont Collegiate Classic
48	Yasmin Deane, Journey Mason, Jolene Adu, Sophia Redmond	Mary Washington	0.05	49.00	3/29/25	Seahawk Invitational
49	Carolyn Colteryahn, Nadine Lauffer, Rebecca Vezzosi, Kiara White	Grove City	0.03	49.02	3/29/25	Carnegie Mellon Invitational
50	#Type!	Montclair State	0.01	49.03	3/29/25	Ramapo College Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Tally Zeller, Olivia Doherty Kaitlyn Ewald, Fiona Mejico	#16 Colby	34.45	3:44.14	3/28/25 Thrills In The Hills
2	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King-Harvey	#3 Williams	32.13	3:44.80	3/28/25 Thrills In The Hills
3	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton	#1 Washington (Mo.)	29.64	3:45.82	3/29/25 Washington (Mo.) Invitational
4	Audrey Johnson, Jada Kenner, Dashiell Tao Harris, Eva Carchidi	#2 Emory	27.09	3:46.96	3/28/25 Thrills In The Hills
5	Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery	#4 MIT	24.80	3:47.58	3/29/25 Raleigh Relays
6	Mary Mason, Madison Miles, Carlie Besecker, Kenadee Wayt	Mount Union	22.27	3:49.00	4/5/25 Braves Track Classic
7	Molly Lodge, Ava Reilly, Jasmine Broadway, Nevaeh Lorjuste	#12 Rowan	19.84	3:50.34	4/5/25 Embry-Riddle Running Eleme
8	Kaylee Smith, Makenna Lizarde, Chayanit Kitnitchiva, Sarah Charles	Chapman	17.65	3:50.97	3/14/25 Riverside City College Open
9	Harper Meek, Emma Smith, Makayla Moriarty, Arielle Chechile	Tufts	15.27	3:52.20	3/22/25 Emory Spring Break Classic
10	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass	Stockton	12.93	3:53.34	3/29/25 Osprey Open
11	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#18 Augustana (Ill.)	10.67	3:55.00	4/5/25 Augustana Viking Olympics
12	Lianne Saussy, Lauren Phillips, Ryan Bigelow, Lorna Arcese	#11 Johns Hopkins	9.47	3:56.31	4/5/25 George Mason Ebanks Invitati
13	Mya Cinnamo, Michaela Dick, Lauren Jex, Kylee Grabarski	UW-Eau Claire	8.47	3:56.36	4/5/25 Ashton May Invitational
14	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray	#21 Trinity (Texas)	7.41	3:56.75	3/29/25 Trinity (Texas) Invitational
15	Alexandria Masden, Janea Bottinelli, Chloe Hein, Madjo Doumbia	Centre	6.38	3:56.97	4/5/25 Centre Invitational
16	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes	Catholic (D.C.)	5.35	3:57.12	3/29/25 Towson Invitational
17	Lindsey Hobin, Ophelia Ladner, Mae Kaufman, Maryrose Molina-Shuman	Roanoke	4.81	3:57.41	4/5/25 High Point VertKlasse Meeting
18	Eliza Bruncaj, Brenna Omert, Kelly O'Grady, Rukiyat Daranijo	TCNJ	4.26	3:57.75	3/29/25 Texas Relays
19	Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Muhorakeye Joyeuse	Berea (Ky.)	3.67	3:58.38	4/5/25 Centre Invitational
20	Anika Reiland, Alli Thoma: Brie Eckerman, Sarah Grubbs	#5 UW-La Crosse	3.12	3:58.71	4/5/25 Ashton May Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

21	Carmela Woods, Alyssa Busker, Sadie Hartmann, Nayeli Villegas	#8 <i>Elmhurst</i>	2.60	3:58.85	4/5/25	Chicagoland Outdoor Champi
22	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Chloe Bullock	#23 <i>Redlands (Calif.)</i>	2.09	3:58.87	3/29/25	SCIAC Multi-Dual Series
23	Ana Hodneland, Annabell Sutliff, Amanda Romano, Jesma Evans	<i>Washington and Lee</i>	1.57	3:59.04	3/22/25	W&L Track & Field Carnival
24	Lizzy Van Utrecht, Danika Arnold, Ava Parkins, Emily McMartin	<i>Central (Iowa)</i>	1.07	3:59.06c (4:02.23)	4/5/25	Wartburg Outdoor Select
25	Katriona Kirkpatrick, Anna Marston, Tania Rachidi, Olivia Reichle	<i>Pomona-Pitzer</i>	0.96	3:59.48	3/22/25	UC Riverside Spring Track Cla
26	Victoria Bradshaw, Erin Schmidlin, Kyrstin Wilson, Elizabeth Beiswanger	<i>Puget Sound</i>	0.90	4:00.45	3/29/25	Peyton-Shotwell Invitational
27	Emma Wright, Grace Wright, Sophia Leach, Abigail Dorunda	<i>St. John Fisher</i>	0.85	4:00.53	4/5/25	Geneseo Early Season Invite
28	Anna Krouse, Addie Morrison, Annabel Cloney, Mary Elliot	<i>Middlebury</i>	0.80	4:00.92	3/22/25	Aztec Invitational
29	Betsy Mohnkern, Rylee Turner, Anna Miller, Hannah Edwards	#22 <i>Lynchburg</i>	0.75	4:01.13	4/5/25	Colonial Relays
30	Tasia Miniotis, Olivia Mille Kelsey Myler, Jocelyn Smith	<i>Scranton</i>	0.70	4:01.80	3/29/25	Jim Taylor Invitational
31	Onese Ewherido, Elisabet Camic, Emma Kelly, Ava Hagwell	#6 <i>Chicago</i>	0.65	4:01.83	4/5/25	Chicagoland Outdoor Champi
32	Katelyn Hernandez, Madelyn Gollihar, Jacee Dinkins, Naj Campbell	<i>McMurry</i>	0.60	4:01.87	3/29/25	Trinity (Texas) Invitational
33	Skylar Cottell, Delphine Way, Brooke Tompkins, Phoebe Ogden	<i>Occidental</i>	0.55	4:02.13	3/30/25	SCIAC Multi-Dual Series
34	Grace Pearson, Selest Edwards, Lexie Allred Rojas, Trinity Provost	<i>St. Thomas (Texas)</i>	0.50	4:02.28	3/29/25	Trinity (Texas) Invitational
35	Lilly Williams, Marlyse Haack, Karia Forvil, Emma Smyser	<i>Salisbury</i>	0.45	4:03.36	3/15/25	Myrtle Beach Collegiate Chall
36	Bella Skay, Kiana Carnes, Caitlin Benesh, Olivia Tollari	#7 <i>Wartburg</i>	0.40	4:04.02	3/29/25	Washington (Mo.) Invitational
37	Claire Tratnyek, Olivia Waruch, Katherine Scibelli, Mia O'Neill	<i>Hamilton</i>	0.35	4:04.06	3/29/25	Monmouth Season Opener
38	Nicole Gretzinger, Isabella Lagios, Ava Brogan, Sierra Doody	#15 <i>SUNY Geneseo</i>	0.30	4:04.07	4/5/25	Geneseo Early Season Invite
39	#Type!	<i>SUNY Delhi</i>	0.28	4:04.09	3/29/25	Ramapo College Invitational
40	Zoe Marcus, Casie Eifrig, Piper Lentz, Hannah Adhikari	<i>Amherst</i>	0.25	4:04.21	4/5/25	Amherst Spring Fling
41	Margaret Byle, Jordyn Lungo, Ella Frerichs, Emily Brown	<i>Whitworth</i>	0.23	4:04.24	4/4/25	Whitworth Peace Meet



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #2, April 8

42	Elsie Chin, Miriam Reside, Callow Soto, Malia Heien	<i>Lewis & Clark</i>	0.20	4:04.26	3/8/25 L&C Electric Forest Collegiate
43	Kyngston Collins, Abigail Danne, Aubrey Glover, Meghan Frazier	<i>Wittenberg</i>	0.18	4:04.29	3/30/25 Denison Lid-Lifter
44	Jessie Bossenbroek, Trinity Kolka, Emmy Nordbeck, Peyton Ludwig	#25 <i>Calvin</i>	0.15	4:04.46	3/28/25 Thrills In The Hills
45	Kathryn Kostelnik, Sage Bartlett, Ciarah Garcia, Kamilah Tanner	<i>Texas Lutheran</i>	0.13	4:04.48	3/22/25 Texas Lutheran DIII Challenge
46	Julianne Shirley, Lucy Nicholson, Marianna Moell, Macy Murdock	<i>Berry</i>	0.10	4:04.53	3/28/25 Thrills In The Hills
47	Karys Gates, Annalise Gonzales, Marcella Leita, Ellie Rising	#13 <i>George Fox</i>	0.08	4:04.79	3/22/25 Westmont Collegiate Classic
48	Hailey Wright, Kirsten Wright, Hannah Rhodes, Evan Thomas	<i>Oglethorpe</i>	0.05	4:05.09	4/5/25 Embry-Riddle Running Eleme
49	Abby Collier, Katurah Plecko, Jameire Honzu, Hope Murphy	<i>Baldwin Wallace</i>	0.03	4:05.27	4/5/25 Marv Frye Invitational
50	Rhiana Johnson, Catriona Walker, Madison Avery, Randi Beckham	<i>UT Dallas</i>	0.01	4:05.42	3/29/25 Trinity (Texas) Invitational



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Olivia JAMESON	JR	Illinois Tech	34.79	1.73m	5-8	4/5/25	Chicagoland Outdoor Champi
2	Allie WILDSMITH	JR	Coast Guard	31.84	1.71m	5-7¼	4/5/25	Coast Guard Spring Invitation
3	Alexa BELANGER	FR	Houghton	28.40	1.68m	5-6	4/5/25	Geneseo Early Season Invite
4	Marin SIMONS	FR	Southern Virginia	25.50	1.66m	5-5¼	4/5/25	Colonial Relays
4	Caroline TIGHE	SR	Stevens	25.50	1.66m	5-5¼	3/29/25	Danny Curran Invitational
4	Ebunoluwa OPATA	SR	#1 Washington (Mo.)	25.50	1.66m	5-5¼	3/29/25	Washington (Mo.) Invitational
7	Amrit REHAL	FR	Babson	19.18	1.65m	5-5	3/22/25	Alan Connie Shamrock Invitat
7	Katie BALLER	SR	Hardin-Simmons	19.18	1.65m	5-5	3/22/25	Wes Kittley Invitational
7	Amelie JAMANKA	JR	#3 Williams	19.18	1.65m	5-5	3/28/25	Thrills In The Hills
10	Grace CROWDER	SO	Wheaton (Ill.)	12.85	1.64m	5-4½	4/5/25	Chicagoland Outdoor Champi
10	Camille GILLUM	JR	Washington and Lee	12.85	1.64m	5-4½	3/22/25	W&L Track & Field Carnival
10	Emma GRUEN	SR	UW-Eau Claire	12.85	1.64m	5-4½	4/5/25	Ashton May Invitational
13	Kris WILLIAMS	SO	Berry	8.59	1.63m	5-4¼	4/5/25	UWG Legends Invitational
13	Anna Beth VANCIL	SR	Greenville	8.59	1.63m	5-4¼	4/4/25	Illinois College True Blue Invit
13	Bridget FINN	SR	Ripon	8.59	1.63m	5-4¼	3/22/25	Alan Connie Shamrock Invitat
13	Jordan MURPHY	SO	Hartford	8.59	1.63m	5-4¼	4/6/25	Rage in the Cage Invitational
13	Nikki BOON	SR	#2 Emory	2.59	D 1.63m	5-4¼	3/28/25	Thrills In The Hills
13	Madeleine WRIGHT	SO	#24 Ithaca	8.59	1.63m	5-4¼	4/6/25	SUNY Cortland Red Dragon O
13	Breannnda DAVIS	SR	Westminster (Pa.)	8.59	1.63m	5-4¼	3/29/25	Carnegie Mellon Invitational
20	Hannah ALLISON	SO	Utica	3.42	1.62m	5-3¾	4/5/25	Hamilton Invitational
20	Sara HOSKINS	SR	#10 Loras	3.42	1.62m	5-3¾	4/5/25	Wartburg Outdoor Select
20	Madison ARMITAGE	SR	King's College (Pa.)	3.42	1.62m	5-3¾	4/4/25	Misericordia Twilight
23	Summer WALLACE	SO	Bridgewater (Va.)	1.76	1.61m	5-3¼	3/29/25	Dr. Harry G.M. Jopson Invitati
23	Autumn BACIK	FR	Springfield (Mass.)	1.76	1.61m	5-3¼	4/7/25	Springfield College Classic
23	Abby GRIFFITH	FR	Endicott	1.76	1.61m	5-3¼	3/29/25	Snowflake Classic
23	Norah CIANO	SR	Virginia Wesleyan	1.76	1.61m	5-3¼	4/5/25	Colonial Relays
23	Olivia THEISEN	SO	#1 Washington (Mo.) {2}	1.76	1.61m	5-3¼	3/29/25	Washington (Mo.) Invitational
28	Harper MEEK	SR	Tufts	0.90	1.60m	5-3	3/22/25	Emory Spring Break Classic
28	Audrey EDWARDS	SO	Rose-Hulman	0.90	1.60m	5-3	3/22/25	Rose-Hulman Early Bird Invita
28	Emersyn GERKEN	FR	Ohio Northern	0.90	1.60m	5-3	4/5/25	Manchester Invitational
28	Maggie PREVIGLIAN	JR	Stevens {2}	0.90	1.60m	5-3	4/5/25	Muhlenberg Invitational
28	Emmalee HORTON	JR	Hardin-Simmons {2}	0.90	1.60m	5-3	3/1/25	CenTex Invite
28	Simone ROGERS	SR	Claremont-Mudd-Scri	0.90	1.60m	5-3	3/1/25	SCIAC Multi-Dual Series
28	Janae GREEN	JR	Hardin-Simmons {2}	0.90	1.60m	5-3	3/22/25	Wes Kittley Invitational
28	Whitley STEPP	JR	Willamette	0.90	1.60m	5-3	3/1/25	Willamette Opener
28	Hannah SAGO	JR	Millikin	0.90	1.60m	5-3	3/29/25	Big Blue Alumni Invite
28	Trelstad T	SR	Swarthmore	0.90	1.60m	5-3	4/5/25	Ursinus College Invitational
28	Julissa WILLIAMS	SR	Wittenberg	0.90	1.60m	5-3	4/5/25	Centre Invitational
28	Mari EVONUK	FR	#23 Redlands (Calif.)	0.90	1.60m	5-3	3/1/25	SCIAC Quad Cup #1
28	Jaden GATTS	SO	Dubuque	0.90	1.60m	5-3	4/6/25	Mississippi River Rumble
28	Hailey CAMPBELL	SO	UW-Platteville	0.90	1.60m	5-3	4/6/25	Mississippi River Rumble
28	Breeauna O'REAR	SR	#13 George Fox	0.90	1.60m	5-3	3/21/25	Klein/Nwaba Combined Event
28	Helena SNYDER	SR	Alma	0.90	1.60m	5-3	3/28/25	Albion-Alma-Olivet
28	Serenity SANDS	SR	Bridgewater State	0.90	1.60m	5-3	3/28/25	Thrills In The Hills
45	Hailey CAROLAN	JR	Cornell College	0.13	1.59m	5-2½	4/5/25	Cornell College Invitational
45	Alysia TOWNSEND	FR	Adrian	0.13	1.59m	5-2½	4/5/25	Hillsdale Invitational
45	Hannah ZASTROW	SR	UW-Stout	0.13	1.59m	5-2½	4/5/25	Ashton May Invitational
45	Emily WILLIAMS	SR	UW-Eau Claire {2}	0.13	1.59m	5-2½	4/5/25	Ashton May Invitational
45	Laura BERTRANG	SO	UW-Eau Claire {2}	0.13	1.59m	5-2½	4/5/25	Ashton May Invitational
45	Zoe RODER	FR	#17 UW-Whitewater	0.13	1.59m	5-2½	3/29/25	First Chance Invitational
45	Eliza ZHENG	FR	UC Santa Cruz	0.13	1.59m	5-2½	3/22/25	Hornet Invitational



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Yasmin RUFF	SR	#1 Washington (Mo.)	33.54	4.10m	13-5¼	3/29/25	Washington (Mo.) Invitational	
2	Gracie HOLLAND	SR	#17 UW-Whitewater	30.78	4.03m	13-2½	4/4/25	Rex Foster Twilight	
2	Gwen BERENYI	JR	#19 North Central (Ill.)	30.78	4.03m	13-2½	3/29/25	First Chance Invitational	
4	Araceli DE LEO LOPEZ	JR	#5 UW-La Crosse	25.76	3.91m	12-10	4/5/25	Ashton May Invitational	
4	Maddy HABBERSTAD	SO	#5 UW-La Crosse	25.76	3.91m	12-10	4/5/25	Ashton May Invitational	
6	Charlotte HODGE	SR	Bowdoin	21.68	3.90m	12-9½	4/5/25	Emory Dooley Elite	
7	Claire SCHWELLER	JR	Ohio Northern	19.61	3.89m	12-9	3/30/25	Yellow Jacket Collegiate Ope	
8	Madison CONLEY	SR	Westminster (Pa.)	17.39	3.86m	12-8	3/29/25	Carnegie Mellon Invitational	
9	Emily THOMPSON	JR	Marietta	15.24	3.84m	12-7¼	3/29/25	Amy Adams Memorial Invitati	
10	Ellie FITZGERALD	JR	#3 Williams	13.10	3.82m	12-6¼	3/22/25	Emory Spring Break Classic	
11	Katelyn HOWARD	JR	#4 MIT	11.06	3.81m	12-6	4/5/25	UMASS Flagship Opener	
11	Annika GUNDERSON	JR	UW-River Falls	11.06	3.81m	12-6	3/28/25	CSB/SJU Optimistic Meet	
13	Isabel MORSE	JR	Nazareth	9.02	3.80m	12-5½	4/5/25	Geneseo Early Season Invite	
13	Grace TULLY	SR	#13 George Fox	9.02	3.80m	12-5½	3/22/25	Westmont Collegiate Classic	
15	Ashley D'AMBROSIA	SR	Washington and Lee	6.94	3.78m	12-4¾	3/29/25	Dr. Harry G.M. Jopson Invitati	
15	Brenna STELL	SO	McMurry	6.94	3.78m	12-4¾	3/29/25	Trinity (Texas) Invitational	
17	Jae YU	SR	#3 Williams {2}	5.33	3.75m	12-3½	3/28/25	Thrills In The Hills	
17	Kenzie KURDYS	SO	Greenville	5.33	3.75m	12-3½	4/4/25	Illinois College True Blue Invit	
19	Natasha FRISCH	JR	Eastern Connecticut S	4.21	3.72m	12-2½	3/29/25	Corsair Classic	
20	Elise DOYLE	FR	#4 MIT {2}	3.48	3.66m	12-0	4/5/25	UMASS Flagship Opener	
21	Madeline SEIFERT	JR	Claremont-Mudd-Scri	2.94	3.65m	11-11¾	4/5/25	UCSD Triton Invitational	
21	Hannah WITTER	SR	Messiah	2.94	3.65m	11-11¾	4/5/25	Millersville Metrics	
23	Poppy MILLER	SR	#3 Williams {3}	1.75	3.60m	11-9¾	3/28/25	Thrills In The Hills	
24	Abigail BIGGS	FR	UW-River Falls {2}	1.14	3.57m	11-8½	3/28/25	CSB/SJU Optimistic Meet	
25	Natalie GERMANOV	FR	Tufts	1.01	3.55m	11-7¾	3/29/25	Snowflake Classic	
25	Nyla THOMPSON	SR	Tufts	1.01	3.55m	11-7¾	3/29/25	Snowflake Classic	
25	Lena TANG	SO	Tufts	1.01	3.55m	11-7¾	4/5/25	Amherst Spring Fling	
28	Analissa PARESA	FR	Linfield	0.82	3.54m	11-7¼	4/5/25	Linfield Jenn Boyman Memori	
29	Zoe WANG	SR	Middlebury	0.75	3.53m	11-7	3/22/25	Aztec Invitational	
30	Story LAING	SO	Wittenberg	0.70	3.52m	11-6½	4/5/25	Centre Invitational	
31	Amanda VANCALSTER	FR	#5 UW-La Crosse {3}	0.65	3.51m	11-6¼	4/5/25	Ashton May Invitational	
31	Marisa HARVEY	SO	#5 UW-La Crosse {3}	0.65	3.51m	11-6¼	4/5/25	Ashton May Invitational	
31	Hazel BUONOPANE	SO	Carnegie Mellon	0.65	3.51m	11-6¼	3/29/25	Carnegie Mellon Invitational	
31	Emily SHAFRON	JR	#5 UW-La Crosse {3}	0.65	3.51m	11-6¼	4/5/25	Ashton May Invitational	
31	Jackie BERGERON	FR	#5 UW-La Crosse {3}	0.65	3.51m	11-6¼	4/5/25	Ashton May Invitational	
31	Natalie JOHNSON	SR	#19 North Central (Ill.) {2}	0.65	3.51m	11-6¼	3/29/25	First Chance Invitational	
31	Hailey SURACE	JR	#4 MIT {3}	0.65	3.51m	11-6¼	4/5/25	UMASS Flagship Opener	
38	Amber VROMAN	SR	Central (Iowa)	0.30	3.50m	11-5¾	4/5/25	Wartburg Outdoor Select	
38	Allison BOBST	SR	#22 Lynchburg	0.30	3.50m	11-5¾	3/29/25	Dr. Jack M. Toms Alumni Invit	
38	Kiara TORNUSCIOLO	JR	Nazareth {2}	0.30	3.50m	11-5¾	4/5/25	Geneseo Early Season Invite	
38	Zoey HRABE	FR	Occidental	0.30	3.50m	11-5¾	2/16/25	Pomona-Pitzer Salo/Crenna I	
38	Erin EASTWOOD	JR	#24 Ithaca	0.30	3.50m	11-5¾	4/6/25	SUNY Cortland Red Dragon O	
38	Cara PELLECHIA	JR	Fredonia	0.30	3.50m	11-5¾	4/5/25	Geneseo Early Season Invite	
44	Eva MORRISON	JR	Stockton	0.15	3.48m	11-5	4/5/25	Ursinus College Invitational	
44	Layla KEADLE	FR	Washington and Lee {2}	0.15	3.48m	11-5	3/29/25	Dr. Harry G.M. Jopson Invitati	
46	Erin MAKHANIAN	FR	#2 Emory	0.10	3.45m	11-3¾	4/5/25	Emory Dooley Elite	
46	Mackenzie WALKER	JR	#1 Washington (Mo.) {2}	0.10	3.45m	11-3¾	4/4/25	Illinois College True Blue Invit	
46	Olivia BARBACCI	JR	Juniata	0.10	3.45m	11-3¾	3/22/25	Alan Connie Shamrock Invitat	
46	Makenzie STOCK	SR	#1 Washington (Mo.) {2}	0.10	3.45m	11-3¾	4/4/25	Illinois College True Blue Invit	
50	Kalli Jo KLOCKE	SR	UW-River Falls {3}	0.01	3.42m	11-2½	3/28/25	CSB/SJU Optimistic Meet	
50	Jaylyn AHLBERG	JR	Saint Benedict	0.01	3.42m	11-2½	3/22/25	Texas Lutheran DIII Challenge	
50	Addison DOSS	FR	#21 Trinity (Texas)	0.01	3.42m	11-2½	3/22/25	Texas Lutheran DIII Challenge	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Annabelle LANIK	FR #21	Trinity (Texas)	34.06	5.98mw	19-7½ (2.2) 3/29/25 Trinity (Texas) Invitational
2	Chloe HEIN	SO	Centre	31.23	5.92m	19-5¼ (0.5) 3/22/25 Emory Spring Break Classic
3	Nikki BOON	SR #2	Emory	29.10	5.91m	19-4¾ (0.0) 3/28/25 Thrills In The Hills
4	Kira HAWAABOO	SO	Linfield	26.54	5.87m	19-3¼ (-1.2) 4/5/25 Linfield Jenn Boyman Memori
5	Emma SEIPEL	SR #10	Loras	24.18	5.84mw	19-2 (3.2) 4/5/25 Wartburg Outdoor Select
5	Elysse CUMBERLAND	FR	Tufts	24.18	5.84m	19-2 (1.4) 3/22/25 Emory Spring Break Classic
7	Maya EVANS	JR #5	UW-La Crosse	19.52	5.77mw	18-11¼ (2.0) 4/5/25 Ashton May Invitational
8	Samantha SHARROW	JR	Scranton	17.34	5.75m	18-10½ (-2.0) 3/29/25 Jim Taylor Invitational
9	Aurielle BRUNNER	SR	Chatham	14.96	5.71m	18-8¾ (0.0) 3/29/25 Carnegie Mellon Invitational
10	Harmony CREASY	SR #10	Loras {2}	12.87	5.70mw	18-8½ (3.7) 4/5/25 Wartburg Outdoor Select
11	Khia LASTER	SR	Buffalo State	10.79	5.69m	18-8 (0.0) 3/29/25 Danny Curran Invitational
12	Megan GERAETS	SR	Gustavus Adolphus	9.69	5.67mw	18-7¼ (2.8) 4/5/25 Norse Invite
13	Annie LEDER	SR	Dickinson	8.64	5.66m	18-7 (-0.5) 3/29/25 Jim Taylor Invitational
13	Hannah ALDERFER	SR	Susquehanna	8.64	5.66m	18-7 (0.0) 3/29/25 Jim Taylor Invitational
13	Ebunoluwa OPATA	SR #1	Washington (Mo.)	2.64	5.66mw	18-7 (3.4) 3/29/25 Washington (Mo.) Invitational
16	Kayla ROBINSON	SO	Widener	5.60	5.65m	18-6½ (0.0) 3/29/25 Danny Curran Invitational
17	Kelsey TARBY	SO #3	Williams	4.95	5.62m	18-5¼ (0.5) 3/22/25 Emory Spring Break Classic
17	Isabelle HENDERSON	FR	Wittenberg	4.95	5.62m	18-5¼ (1.2) 3/22/25 Emory Spring Break Classic
17	Jenna DRISCOLL	SR	UW-Stout	4.95	5.62mw	18-5¼ (2.1) 4/5/25 Ashton May Invitational
17	Christina HALL	JR	Carthage	4.95	5.62m	18-5¼ (1.1) 3/29/25 First Chance Invitational
21	Veronica DUELL	SR	St. John Fisher	2.86	5.60m	18-4½ (-2.1) 4/5/25 Geneseo Early Season Invite
22	Katelyn MCCANN	JR #19	North Central (Ill.)	2.31	5.59m	18-4¼ (1.8) 3/29/25 First Chance Invitational
22	Joy AREOLA	SR #21	Trinity (Texas) {2}	2.31	5.59mw	18-4¼ (2.9) 3/22/25 Texas Lutheran DIII Challenge
24	Sabriya FARQUHARSON	SO	Saint Benedict	1.26	5.58mw	18-3¾ (2.2) 3/22/25 Texas Lutheran DIII Challenge
24	Margo FOX	JR #22	Lynchburg	1.26	5.58m	18-3¾ (0.2) 3/29/25 Dr. Jack M. Toms Alumni Invit
26	Mia HILL	JR	Salisbury	1.12	5.57m	18-3¼ (-0.9) 3/29/25 Blue and Silver Challenge
26	Victoria AZAR	SR #13	George Fox	1.12	5.57m	18-3¼ (0.3) 4/5/25 Linfield Jenn Boyman Memori
28	Ella BOWERS	SR	Pomona-Pitzer	0.92	5.55mw	18-2½ (2.1) 3/29/25 SCIAC Multi-Dual Series
28	Paulina TINAJERO	SO #8	Elmhurst	0.92	5.55m	18-2½ (0.3) 4/5/25 Chicagoland Outdoor Champi
30	Eliza LEE	JR	Westfield State	0.70	5.51m	18-1 (0.0) 3/23/25 Wesleyan (Conn.) J. Elmer Sw
30	Ciara ADU-ADDO	SO	Worcester State	0.70	5.51mw	18-1 (2.2) 4/4/25 Regis (Mass.) Spring Classic
32	Ellie NUCKOLS	SO	Christopher Newport	0.60	5.50m	18-½ (0.6) 4/5/25 Colonial Relays
33	Sage HENDERSHOT	SO	Drew	0.55	5.49m	18-¼ (-1.2) 3/29/25 Ramapo College Invitational
34	Samantha WECHSLER	SO	Ursinus	0.50	5.47m	17-11½ (1.0) 4/5/25 Ursinus College Invitational
35	Kalie CAMPBELL	SO	Mount Union	0.45	5.46mw	17-11 (2.6) 3/22/25 Stark County Challenge (Mou
36	Maigan ADAMS	SR #23	Redlands (Calif.)	0.40	5.45m	17-10¾ (-1.0) 2/16/25 Pomona-Pitzer Salo/Crenna I
36	Thea RING	JR	North Park	0.40	5.45m	17-10¾ (0.0) 4/5/25 Chicagoland Outdoor Champi
38	Ashley DAVIES	SO #5	UW-La Crosse {2}	0.30	5.44mw	17-10¼ (3.0) 4/5/25 Ashton May Invitational
38	Mackenzie DAGGITT	SR	Middlebury	0.30	5.44m	17-10¼ (1.0) 3/22/25 Aztec Invitational
38	Lindsey GRAY	JR	Chapman	0.30	5.44m	17-10¼ (1.0) 3/29/25 SCIAC Multi-Dual Series
41	Anna JENNINGS	FR #2	Emory {2}	0.23	5.43m	17-9¾ (2.0) 4/5/25 Emory Dooley Elite
42	Josie BLUM	SO #5	UW-La Crosse {3}	0.20	5.42mw	17-9½ (2.8) 4/5/25 Ashton May Invitational
42	Kacey KELLY	JR #22	Lynchburg {2}	0.20	5.42m	17-9½ (0.0) 3/29/25 Dr. Jack M. Toms Alumni Invit
42	Sarai SEALY	FR	Brandeis	0.20	5.42m	17-9½ (0.0) 4/5/25 Amherst Spring Fling
45	Eleanor BACHMEIER	SR #23	Redlands (Calif.) {2}	0.13	5.41mw	17-9 (2.8) 3/29/25 SCIAC Multi-Dual Series
45	Whitley STEPP	JR	Willamette	0.13	5.41m	17-9 (0.4) 4/5/25 Linfield Jenn Boyman Memori
47	Marlyse HAACK	JR	Salisbury {2}	0.08	5.39m	17-8¾ (0.9) 3/8/25 Lloyd Sigler Spring Meet
48	Emma FORKER	JR	Trine	0.05	5.38mw	17-8 (3.3) 3/30/25 Yellow Jacket Collegiate Ope
48	Lauren MARSHALL	SR #8	Elmhurst {2}	0.05	5.38m	17-8 (0.4) 4/5/25 Chicagoland Outdoor Champi
50	Chloe ZHANG	SO #11	Johns Hopkins	0.01	5.37m	17-7½ (1.0) 3/29/25 Navy Outdoor Invitational



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Ebunoluwa OPATA	SR	#1 Washington (Mo.)	33.57	12.09m	39-8 (1.2)	3/29/25	Washington (Mo.) Invitational
2	Kayla ROBINSON	SO	Widener	31.27	12.05m	39-6½ (0.0)	3/29/25	Danny Curran Invitational
3	Kacey KELLY	JR	#22 Lynchburg	28.83	11.99m	39-4 (0.6)	3/29/25	Dr. Jack M. Toms Alumni Invit
4	Joy AREOLA	SR	#21 Trinity (Texas)	26.61	11.96m	39-3 (1.8)	3/29/25	Trinity (Texas) Invitational
5	Maigan ADAMS	SR	#23 Redlands (Calif.)	24.54	11.95mw	39-2½ (3.2)	3/29/25	SCIAC Multi-Dual Series
6	Jamie RISSO	JR	Hunter	21.90	11.86m	38-11 (1.4)	3/29/25	The Big Hurt
7	Sara BARTLETT	SR	#11 Johns Hopkins	19.40	11.76m	38-7 (1.0)	3/29/25	Navy Outdoor Invitational
8	Nony OTU UGWU	JR	#4 MIT	17.30	11.74m	38-6¼ (-0.1)	3/29/25	Raleigh Relays
9	Rafaela DELGADO	FR	#3 Williams	15.15	11.71m	38-5 (0.0)	3/28/25	Thrills In The Hills
9	Aurielle BRUNNER	SR	Chatham	15.15	11.71m	38-5 (0.0)	3/29/25	Carnegie Mellon Invitational
11	Paula SORIC	SR	Kenyon	10.96	11.67m	38-3½ (1.9)	3/30/25	Denison Lid-Lifter
12	Shaniah JOHNSON	SR	#7 Wartburg	9.86	11.65mw	38-2¾ (2.9)	4/5/25	Wartburg Outdoor Select
13	Kyleigh ARCHER	SO	Pacific Lutheran	8.81	11.64m	38-2¼ (1.4)	4/5/25	PLU Spring Invite
14	Caroline HANSEN	SR	#2 Emory	7.76	11.63m	38-2 (-0.5)	3/28/25	Thrills In The Hills
15	Samantha PAUL	SR	Springfield (Mass.)	6.69	11.61m	38-1¼ (0.0)	4/7/25	Springfield College Classic
16	Ella BOWERS	SR	Pomona-Pitzer	5.49	11.53m	37-10 (2.0)	3/29/25	SCIAC Multi-Dual Series
17	Audrey JOHNSON	SR	#2 Emory {2}	4.96	11.52mw	37-9½ (2.7)	4/5/25	Emory Dooley Elite
18	Isabella PEREIRA	SO	Whitworth	4.44	11.51m	37-9¼ (-0.2)	3/1/25	Ed Boitano Invitational
19	Amaya GRANT	FR	#2 Emory {3}	3.91	11.50m	37-8¾ (-1.9)	3/28/25	Thrills In The Hills
19	Mackenzey KRONBERG	JR	#5 UW-La Crosse	3.91	11.50m	37-8¾ (1.8)	4/5/25	Ashton May Invitational
21	Madison DOWNEY	SO	Pacific Lutheran {2}	2.89	11.49m	37-8½ (0.2)	4/5/25	PLU Spring Invite
22	Olivia CRIGGER	FR	Bridgewater (Va.)	2.34	11.47m	37-7¾ (0.0)	3/22/25	W&L Track & Field Carnival
23	Jakia JOINER	SO	Belhaven (Miss.)	1.79	11.45m	37-6¾ (0.0)	3/1/25	MC Spring Cleaning Classic
23	Treasure ROSARIO-WATSON	JR	Methodist	1.79	11.45mw	37-6¾ (2.5)	4/5/25	Braves Track Classic
25	Eliza LEE	JR	Westfield State	1.16	11.42mw	37-5¾ (2.1)	3/23/25	Wesleyan (Conn.) J. Elmer Sw
26	Tessa KOCHERT	JR	DePauw	1.04	11.39m	37-4½ (0.5)	3/22/25	Rose-Hulman Early Bird Invtia
26	Mia FLEMING	SO	Arcadia	1.04	11.39m	37-4½ (0.0)	3/29/25	Danny Curran Invitational
28	Emma CHRISTMAN	JR	Salisbury	0.89	11.37m	37-3¾ (1.1)	4/5/25	George Mason Ebanks Invitati
29	Samantha WECHSLER	SO	Ursinus	0.79	11.35m	37-3 (1.3)	4/5/25	Ursinus College Invitational
29	Ella LEWIS	SO	Southwestern (Texas)	0.79	11.35m	37-3 (1.8)	3/29/25	Trinity (Texas) Invitational
29	Amiyah JACKSON	FR	Concordia Wisconsin	0.79	11.35m	37-3 (1.0)	3/29/25	First Chance Invitational
32	Anna THALER	FR	UW-Eau Claire	0.61	11.34mw	37-2½ (2.1)	4/5/25	Ashton May Invitational
33	Ellie HERNES	JR	Bethel (Minn.)	0.55	11.33m	37-2¼ (1.7)	4/5/25	Hamline Invitational
34	Aryanna PAULENA	FR	Goucher	0.50	11.29m	37-½ (0.0)	3/29/25	Danny Curran Invitational
35	Ioanna TSONI	SO	Mount Holyoke	0.45	11.28mw	37-¼ (2.5)	3/23/25	Wesleyan (Conn.) J. Elmer Sw
36	Jocelyn KIEFEL	SR	Carnegie Mellon	0.40	11.27m	36-11¾ (0.)	4/5/25	Dave Labor Slippery Rock Invi
37	Francesca SMITH	SR	Illinois Wesleyan	0.35	11.23m	36-10¼ (1.)	3/29/25	Redbird Challenge
38	Madelyn (Maddie) MUCCI	FR	#10 Loras	0.30	11.21mw	36-9½ (2.3)	4/5/25	Wartburg Outdoor Select
39	Chloe SELMER	FR	#8 Elmhurst	0.28	11.17m	36-7¾ (-1.9)	4/5/25	Chicagoland Outdoor Champi
39	Desiree ROBINSON	SR	Emmanuel (Mass.)	0.28	11.17mw	36-7¾ (2.2)	4/4/25	Regis (Mass.) Spring Classic
41	Jahmilia DENNIS	JR	Vassar	0.23	11.16m	36-7½ (0.4)	4/5/25	Coast Guard Spring Invitation
42	Paulina TINAJERO	SO	#8 Elmhurst {2}	0.20	11.15m	36-7 (-1.3)	4/5/25	Chicagoland Outdoor Champi
43	Shanice WILLIAMS	JR	Muhlenberg	0.18	11.14mw	36-6¾ (2.5)	3/30/25	Lafayette Open
43	Molly WHITE	JR	Scranton	0.18	11.14m	36-6¾ (1.0)	4/5/25	Muhlenberg Invitational
45	Brianna TIRA	SO	Whitworth {2}	0.13	11.11m	36-5½ (0.0)	3/11/25	Sam Adams Classic
45	Emmeline STOETZEL	FR	Hamilton	0.13	11.11mw	36-5½ (2.9)	3/29/25	Monmouth Season Opener
47	Elsa BILDSTEN	SO	#2 Emory {4}	0.08	11.10m	36-5 (1.6)	4/5/25	Emory Dooley Elite
48	Lili GUY	SR	Gustavus Adolphus	0.05	11.07m	36-4 (1.2)	4/5/25	Norse Invite
49	Jordan SU	SR	Case Western Reserve	0.03	11.06m	36-3½ (0.4)	3/22/25	W&L Track & Field Carnival
50	Ashyia MADDICKES	SO	Berea (Ky.)	0.01	11.05m	36-3 (0.0)	4/5/25	Centre Invitational
50	Julienne STRYDOM	JR	#25 Calvin	0.01	11.05m	36-3 (-1.1)	3/28/25	Thrills In The Hills



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Alexis BOYKIN	SR	#4 MIT	37.89	15.34m	50-4	3/29/25	Raleigh Relays
2	Onoyeme EGURE	SO	Berry	30.82	14.03m	46-½	3/22/25	Emory Spring Break Classic
3	Isabelle DEAL	SR	#12 Rowan	28.39	13.92m	45-8	4/5/25	Ursinus College Invitational
4	Jenae BOTHE	JR	#1 Washington (Mo.)	26.20	13.87m	45-6¼	3/29/25	Washington (Mo.) Invitational
5	Maria FALK	SR	Carroll (Wis.)	24.05	13.83m	45-4½	4/5/25	Augustana Viking Olympics
6	Amblessed OKEMGBO	JR	Whitworth	21.85	13.78m	45-2½	4/4/25	Whitworth Peace Meet
7	Jessie STENGER	SR	Hanover	19.67	13.71m	44-11¾	3/30/25	Hanover Invitational
8	Emmilly BERGLUND	SO	#20 Nebraska Wesleyan	17.25	13.55m	44-5½	3/28/25	Central Nebraska Challenge
9	Carley CAMP	SR	Manchester	15.09	13.49m	44-3¼	3/30/25	Hanover Invitational
10	Vanessa UITENBROEK	SR	Carroll (Wis.) {2}	12.93	13.43m	44-¾	4/5/25	Augustana Viking Olympics
11	Talahiva TALANOA	SR	Greenville	10.75	13.31m	43-8	3/29/25	Washington (Mo.) Invitational
12	Kendra HUMPHRIES	SO	McMurry	9.68	13.26m	43-6	4/5/25	David Noble Relays
12	Erika EZUMBA	JR	#11 Johns Hopkins	9.68	13.26m	43-6	4/5/25	George Mason Ebanks Invitati
14	Brenna MASLOROFF	SR	UW-Oshkosh	7.47	13.10m	42-11¾	4/5/25	Ashton May Invitational
15	Kenni CZARNECKI	SR	#17 UW-Whitewater	6.46	13.09m	42-11½	3/29/25	First Chance Invitational
15	Sarah FINEMAN	SR	#2 Emory	6.46	13.09m	42-11½	4/5/25	Emory Dooley Elite
15	Madison CARR	SO	Whitworth {2}	6.46	13.09m	42-11½	4/4/25	Whitworth Peace Meet
18	Makayla SITZLAR	JR	Mount Union	4.42	13.06m	42-10¼	3/29/25	Carnegie Mellon Invitational
19	Chloe REISER	SO	Dubuque	3.89	13.04m	42-9½	4/6/25	Mississippi River Rumble
20	Brandy VARNER	JR	King's College (Pa.)	3.20	12.90m	42-4	4/4/25	Misericordia Twilight
21	Michaela BURKHAUSER	SR	Case Western Reserve	2.69	12.89m	42-3½	3/29/25	Bob Kahn Invitational
21	Lily SEYFERT	JR	#24 Ithaca	2.69	12.89m	42-3½	3/29/25	Dr. Harry G.M. Jopson Invitati
23	Sydney FLORES	JR	Denison	1.67	12.88m	42-3¼	3/30/25	Denison Lid-Lifter
23	Hannah FRIEND	SR	Ohio Northern	1.67	12.88m	42-3¼	3/30/25	Yellow Jacket Collegiate Ope
25	Brenna NOON	SR	UW-Platteville	1.04	12.82m	42-¾	4/6/25	Mississippi River Rumble
26	Abby MIKOLAY	SO	Bridgewater (Va.)	0.94	12.78m	41-11¼	3/22/25	W&L Track & Field Carnival
26	Tess ANTHONY	SR	Albion	0.94	12.78m	41-11¼	4/5/25	Marv Frye Invitational
28	Alexis MATTOX	SR	Carthage	0.80	12.75m	41-10	3/29/25	First Chance Invitational
29	Tate GARCIA	JR	Swarthmore	0.75	12.73m	41-9¼	4/5/25	Ursinus College Invitational
30	Jackie TUZIL	JR	Carthage {2}	0.70	12.70m	41-8	3/29/25	First Chance Invitational
31	Ryann ROHRER	JR	#25 Calvin	0.65	12.69m	41-7¾	3/28/25	Thrills In The Hills
32	Hailey GARCIA	FR	Roger Williams	0.60	12.66m	41-6½	4/4/25	Ocean State Cup
32	Lupe CORN	SR	UW-Stevens Point	0.60	12.66m	41-6½	4/4/25	Rex Foster Twilight
34	Lexi SHIDERLY	SR	Westminster (Pa.)	0.50	12.64m	41-5¾	4/5/25	Dave Labor Slippery Rock Invi
35	Zoe BARNES	SR	Southern Maine	0.45	12.61m	41-4½	4/5/25	UNH Jim Boulanger Invitation
36	Maddie BOLEY	SR	Monmouth (Ill.)	0.40	12.60m	41-4¼	3/29/25	Redbird Challenge
36	Emma MILLER	SR	Allegheny (Pa.)	0.40	12.60m	41-4¼	3/29/25	Carnegie Mellon Invitational
38	Madison PAYNE	JR	Carthage {3}	0.30	12.59m	41-3¾	3/29/25	First Chance Invitational
38	Taylor FLAIG	SR	#10 Loras	0.30	12.59m	41-3¾	4/5/25	Wartburg Outdoor Select
40	Izzy BURMAN	SR	Ohio Northern {2}	0.25	12.54m	41-1¾	4/5/25	Manchester Invitational
41	Kayla BRAUN	JR	Monmouth (Ill.) {2}	0.23	12.53m	41-1½	4/5/25	Augustana Viking Olympics
41	Hailey COLE	FR	Trine	0.23	12.53m	41-1½	3/22/25	Polar Bear Invitational (Indian
43	Katrina WAWRZYN	SR	MSOE	0.18	12.51m	41-½	3/29/25	First Chance Invitational
44	Abby SANNER	JR	Trine {2}	0.15	12.48m	40-11½	3/22/25	Polar Bear Invitational (Indian
45	Katelynn TAYLOR	SR	Springfield (Mass.)	0.13	12.47m	40-11	4/7/25	Springfield College Classic
46	Mikayla WRIGHT	SR	Carthage {4}	0.10	12.46m	40-10½	3/29/25	First Chance Invitational
46	Maria FARETI	FR	#3 Williams	0.10	12.46m	40-10½	3/22/25	Emory Spring Break Classic
48	Emily BALL	SR	#4 MIT {2}	0.05	12.44m	40-9¾	3/29/25	Raleigh Relays
49	Greta ROBRAHN	SR	Hope	0.03	12.42m	40-9	4/5/25	GVSU Early Meet
49	Payton SCHERMERHORN	SO	Buena Vista	0.03	12.42m	40-9	4/5/25	Wartburg Outdoor Select



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Maddie BOLEY	SR Monmouth (Ill.)	35.08	49.06m	161-0	4/5/25	Augustana Viking Olympics
2	Alexis BOYKIN	SR #4 MIT	6.31	48.32m	158-7	3/29/25	Raleigh Relays
3	Anna LUNDAHL	SR #20 Nebraska Wesleyan	28.90	46.98m	154-2	3/28/25	Central Nebraska Challenge
4	Kaelyn MEANS	SO #20 Nebraska Wesleyan {2}	26.11	46.09m	151-3	3/28/25	Central Nebraska Challenge
5	Ryleigh CZARNECKI	SO #17 UW-Whitewater	24.05	46.00m	150-11	3/29/25	First Chance Invitational
6	Charlotte FRERE	JR #18 Augustana (Ill.)	21.69	45.50m	149-4	4/5/25	Augustana Viking Olympics
7	Kayla BEHNKE	SR UW-Eau Claire	19.41	45.12m	148-1	4/5/25	Ashton May Invitational
8	Nicole TARPLEY	SR Carthage	17.40	45.10m	148-0	3/29/25	First Chance Invitational
9	Riley VICE	SR #10 Loras	15.06	44.60m	146-4	4/5/25	Wartburg Outdoor Select
10	Aubree KOENINGS	SO UW-Stout	13.00	44.43m	145-9	4/5/25	Ashton May Invitational
11	Abby MIKOLAY	SO Bridgewater (Va.)	10.78	43.85m	143-11	4/5/25	High Point VertKlasse Meeting
12	Amblessed OKEMGBO	JR Whitworth	9.73	43.72m	143-5	4/4/25	Whitworth Peace Meet
13	Isabella COWGER	FR Elizabethtown	8.68	43.57m	143-0	3/29/25	Jim Taylor Invitational
14	Talahiva TALANOVA	SR Greenville	2.67	43.55m	142-11	3/29/25	Washington (Mo.) Invitational
15	Hannah FRIEND	SR Ohio Northern	6.63	43.44m	142-6	3/30/25	Yellow Jacket Collegiate Ope
16	Jessie STENGER	SR Hanover	5.56	43.25m	141-11	3/30/25	Hanover Invitational
17	Aspin COLLINS	FR #20 Nebraska Wesleyan {3}	5.01	43.11m	141-5	3/28/25	Central Nebraska Challenge
18	Nai'lah ANDERS	SO Dubuque	4.50	43.09m	141-5	4/6/25	Mississippi River Rumble
19	Shelby RAMBO	JR Westminster (Pa.)	3.86	42.71m	140-2	3/29/25	Carnegie Mellon Invitational
20	Olivia DUNCAN	SO Gustavus Adolphus	3.34	42.67m	140-0	4/5/25	Norse Invite
21	Samantha SELLERS	SR Ohio Northern {2}	2.78	42.50m	139-5	3/30/25	Yellow Jacket Collegiate Ope
22	Michaela BURKHAUSER	SR Case Western Reserve	2.22	42.32m	138-10	3/29/25	Bob Kahn Invitational
23	Cora ROSE	SR #14 Rochester (N.Y.)	1.69	42.25m	138-8	3/30/25	Bill Q Invite
24	Zoe BARNES	SR Southern Maine	1.16	42.16m	138-4	4/5/25	UNH Jim Boulanger Invitation
25	Breen DUFFY	JR Dubuque {2}	1.07	42.06m	138-0	4/6/25	Mississippi River Rumble
26	Abby VELD	FR #7 Wartburg	1.02	42.05m	138-0	4/5/25	Wartburg Outdoor Select
27	Brandy VARNER	JR King's College (Pa.)	0.95	42.02m	137-11	3/22/25	Monarch Invitational
28	Emily BALL	SR #4 MIT {2}	0.83	41.83m	137-3	4/5/25	UMASS Flagship Opener
29	Vanessa UITENBROEK	SR Carroll (Wis.)	0.76	41.76m	137-0	4/5/25	Augustana Viking Olympics
30	Karen BEKHET	SR #25 Calvin	0.70	41.73m	136-11	4/5/25	GVSU Early Meet
31	Emily DIMARCO	SR RIT	0.65	41.71m	136-10	4/5/25	Geneseo Early Season Invite
32	Taylor FLAIG	SR #10 Loras {2}	0.60	41.55m	136-4	4/5/25	Wartburg Outdoor Select
33	Michaela POMATTO	JR Stockton	0.55	41.53m	136-3	4/5/25	Ursinus College Invitational
34	Kenni CZARNECKI	SR #17 UW-Whitewater {2}	0.50	41.51m	136-2	4/4/25	Rex Foster Twilight
35	Emily DAVIS	JR Ohio Wesleyan	0.45	41.47m	136-1	3/30/25	Denison Lid-Lifter
36	Erika EZUMBA	JR #11 Johns Hopkins	0.40	41.46m	136-0	4/5/25	George Mason Ebanks Invitati
37	Mia KURTZ	FR Tufts	0.35	41.41m	135-11	3/22/25	Emory Spring Break Classic
38	Landry DRISKEL	SO Otterbein	0.30	41.40m	135-10	3/30/25	Denison Lid-Lifter
39	Tori COLMAN	SO McMurry	0.28	41.21m	135-3	4/5/25	David Noble Relays
40	Lindsey KOSSICK	SR #25 Calvin {2}	0.25	41.16m	135-1	4/5/25	GVSU Early Meet
41	Jackie TUZIL	JR Carthage {2}	0.23	41.08m	134-10	3/29/25	First Chance Invitational
42	Tara JOCHUMSEN	SR #7 Wartburg {2}	0.20	41.00m	134-6	4/5/25	Wartburg Outdoor Select
43	Emmilly BERGLUND	SO #20 Nebraska Wesleyan {4}	0.18	40.91m	134-3	4/5/25	Concordia (Neb.) Outdoor Inv
43	Gabby BILLETZ	SO Manhattanville	0.18	40.91m	134-3	3/29/25	Ramapo College Invitational
45	Carley CAMP	SR Manchester	0.13	40.75m	133-9	3/22/25	Rose-Hulman Early Bird Invita
46	Jenae BOTHE	JR #1 Washington (Mo.)	0.10	40.69m	133-6	3/29/25	Washington (Mo.) Invitational
47	Madeline SAUDERS	SR Middlebury	0.08	40.68m	133-6	3/22/25	Aztec Invitational
48	Katherine STEVENS	SR Christopher Newport	0.05	40.59m	133-2	4/5/25	Colonial Relays
49	Jeanette HYDUKOVICH	FR #2 Emory	0.03	40.57m	133-1	4/5/25	Emory Dooley Elite
50	Julissa RODRIGUEZ	SR Texas Lutheran	0.01	40.54m	133-0	3/22/25	Texas Lutheran DIII Challenge



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Alexis BOYKIN	SR	#4 MIT	35.66	58.12m	190-8	3/29/25	Raleigh Relays
2	Caitlyn COX	JR	#10 Loras	32.02	56.37m	184-11	4/5/25	Wartburg Outdoor Select
3	Emma TRUE	SR	#7 Wartburg	29.57	55.89m	183-5	4/5/25	Wartburg Outdoor Select
4	Brenna MASLOROFF	SR	UW-Oshkosh	27.28	55.57m	182-4	4/5/25	Ashton May Invitational
5	Talahiva TALANOVA	SR	Greenville	24.10	53.85m	176-8	3/29/25	Washington (Mo.) Invitational
6	Jillian TOTH	JR	Monmouth (Ill.)	22.05	53.77m	176-5	4/5/25	Augustana Viking Olympics
7	Carlyssa KING	SR	Illinois Wesleyan	19.42	52.78m	173-2	3/29/25	Redbird Challenge
8	Antonia HEKSTER	SR	Claremont-Mudd-Scri	17.04	52.20m	171-3	3/29/25	SCIAC Multi-Dual Series
9	Carley CAMP	SR	Manchester	14.88	51.94m	170-5	3/30/25	Hanover Invitational
10	Teagan JONES	SR	UW-Eau Claire	12.72	51.70m	169-8	4/5/25	Ashton May Invitational
11	Alexis MATTOX	SR	Carthage	10.62	51.39m	168-7	3/29/25	First Chance Invitational
12	Jessica REILLY	SR	TCNJ	9.58	51.28m	168-3	3/29/25	Trinity (Texas) Invitational
13	Vanessa UITENBROEK	SR	Carroll (Wis.)	8.45	50.87m	166-11	4/5/25	Augustana Viking Olympics
14	Lexi BRAINER	SR	Hamline	7.42	50.80m	166-8	4/5/25	Hamline Invitational
14	Kenni CZARNECKI	SR	#17 UW-Whitewater	7.42	50.80m	166-8	4/4/25	Rex Foster Twilight
16	Katherine STEVENS	SR	Christopher Newport	5.36	50.61m	166-1	3/29/25	Blue and Silver Challenge
17	Cheyenne MCPEEK	SO	SUNY Cortland	4.82	50.48m	165-8	3/29/25	Danny Curran Invitational
18	Kayla BEHNKE	SR	UW-Eau Claire {2}	4.31	50.46m	165-7	4/5/25	Ashton May Invitational
19	Taylor FLAIG	SR	#10 Loras {2}	3.79	50.41m	165-5	4/5/25	Wartburg Outdoor Select
20	Alivia GERAGHTY	SO	Gordon (Mass.)	3.28	50.36m	165-3	4/5/25	Jonathan Tymann Invitationa
21	Maddie BOLEY	SR	Monmouth (Ill.) {2}	2.77	50.34m	165-2	4/5/25	Augustana Viking Olympics
22	Breen DUFFY	JR	Dubuque	2.24	50.23m	164-10	4/6/25	Mississippi River Rumble
23	Katelyn SHOEMAKER	JR	King's College (Pa.)	1.69	50.10m	164-5	3/29/25	Danny Curran Invitational
24	Emily BALL	SR	#4 MIT {2}	1.16	50.01m	164-1	4/5/25	UMASS Flagship Opener
25	Madison CARR	SO	Whitworth	1.09	49.95m	163-11	4/4/25	Whitworth Peace Meet
26	Chloe REISER	SO	Dubuque {2}	0.98	49.76m	163-3	4/6/25	Mississippi River Rumble
27	Nicole TARPLEY	SR	Carthage {2}	0.91	49.70m	163-1	3/29/25	First Chance Invitational
28	Isabel RODRIGUEZ	JR	Widener	0.85	49.67m	163-0	4/4/25	Delaware Invitational
29	Izzy BURMAN	SR	Ohio Northern	0.75	49.49m	162-5	4/5/25	Manchester Invitational
30	Ella STRITESKY	JR	St. Scholastica	0.70	49.13m	161-2	3/28/25	CSB/SJU Optimistic Meet
31	Michaela BURKHAUSER	SR	Case Western Reserve	0.65	49.04m	160-11	3/29/25	Bob Kahn Invitational
32	Laila DAVIS	SR	Allegheny (Pa.)	0.60	48.97m	160-8	4/5/25	Dave Labor Slippery Rock Invi
33	Enya GREEN	SO	#24 Ithaca	0.55	48.94m	160-7	4/6/25	SUNY Cortland Red Dragon O
34	Lucy TROUT	JR	Wilmington (Ohio)	0.50	48.92m	160-6	3/30/25	Yellow Jacket Collegiate Ope
35	Zoe CONNER	SR	#15 SUNY Geneseo	0.45	48.75m	159-11	4/5/25	Geneseo Early Season Invite
36	Bailey HEDGEMON	JR	Washington and Lee	0.40	48.69m	159-9	3/29/25	Dr. Harry G.M. Jopson Invitati
37	Tenley GRANT	SR	Willamette	0.35	48.46m	159-0	3/29/25	Willamette Invitational
38	Lea RICHARD	SR	Nazareth	0.30	48.40m	158-10	4/5/25	Geneseo Early Season Invite
39	Caitlin KIRK	SO	King's College (Pa.) {2}	0.28	48.02m	157-7	3/29/25	Danny Curran Invitational
40	Kaelyn MEANS	SO	#20 Nebraska Wesleyan	0.25	48.00m	157-6	3/28/25	Central Nebraska Challenge
41	Jessica LIN	SO	Macalester	0.23	47.97m	157-5	4/5/25	Wartburg Outdoor Select
42	Kerri MCCARTHY	SR	TCNJ {2}	0.20	47.96m	157-4	3/29/25	Trinity (Texas) Invitational
43	Lily SEYFERT	JR	#24 Ithaca {2}	0.18	47.79m	156-10	4/6/25	SUNY Cortland Red Dragon O
44	Riley KING	SO	Utica	0.15	47.57m	156-1	3/30/25	Utica Almost Spring Invite
45	Kelley BRENNAN	JR	Gustavus Adolphus	0.13	47.46m	155-9	4/5/25	Norse Invite
46	Aubree KOENINGS	SO	UW-Stout	0.10	47.39m	155-6	4/5/25	Ashton May Invitational
47	Erika EZUMBA	JR	#11 Johns Hopkins	0.08	47.38m	155-6	3/29/25	Navy Outdoor Invitational
48	Lyndsie BOSQUEZ	FR	#20 Nebraska Wesleyan {2}	0.05	47.34m	155-4	3/28/25	Central Nebraska Challenge
49	Kylie CRUM	JR	MSOE	0.03	47.26m	155-1	3/29/25	First Chance Invitational
50	Ailean DUFFIE	SR	Case Western Reserve {2}	0.01	47.19m	154-10	3/29/25	Bob Kahn Invitational



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #2, April 8

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Riley REITCHEL	JR	Southern Maine	34.37	44.24m	145-2	4/5/25	UNH Jim Boulanger Invitation
2	Julia BALASKI	JR	Penn State Behrend	31.38	43.34m	142-2	3/29/25	Carnegie Mellon Invitational
3	Heather MICHALSKI	SR	#18 Augustana (Ill.)	28.98	42.98m	141-0	3/29/25	Southern Miss Invitational
4	Gabby JOHNSON	SR	#5 UW-La Crosse	26.88	42.89m	140-9	4/5/25	Ashton May Invitational
5	Faith LADIN	SR	#19 North Central (Ill.)	24.10	42.01m	137-10	4/5/25	Chicagoland Outdoor Champi
6	Isabelle DEAL	SR	#12 Rowan	21.55	41.29m	135-6	4/5/25	Ursinus College Invitational
7	Angela WEST	FR	Roger Williams	19.26	40.90m	134-2	4/4/25	Ocean State Cup
8	Elaine WANG	JR	#4 MIT	17.20	40.82m	133-11	3/29/25	Raleigh Relays
9	Rebecca HEULER	SR	SUNY Brockport	15.06	40.64m	133-4	4/5/25	Geneseo Early Season Invite
10	Sophia LAUDI	FR	Claremont-Mudd-Scri	12.94	40.48m	132-10	3/29/25	SCIAC Multi-Dual Series
11	Ellena CORWIN	SR	#13 George Fox	10.91	40.44m	132-8	4/5/25	Linfield Jenn Boyman Memori
12	Avery DECKER	SR	#20 Nebraska Wesleyan	9.78	40.13m	131-8	3/28/25	Central Nebraska Challenge
13	Kacey KELLY	JR	#22 Lynchburg	8.76	40.08m	131-6	4/5/25	Colonial Relays
14	Brecken VANDENHOEK	SR	#13 George Fox {2}	7.74	40.04m	131-5	3/22/25	Westmont Collegiate Classic
15	Ginger ARNOLD	SO	Bowdoin	6.69	39.89m	130-11	3/23/25	Wesleyan (Conn.) J. Elmer Sw
16	Aaliyah JOHNSON	SR	Simpson (Iowa)	5.66	39.81m	130-8	3/28/25	Central (Iowa) Dutch Invitatio
17	Skyler KLIMOW	JR	#15 SUNY Geneseo	5.15	39.79m	130-7	4/5/25	Geneseo Early Season Invite
18	Laina NELSON	SO	#18 Augustana (Ill.) {2}	4.60	39.67m	130-2	3/29/25	Southern Miss Invitational
19	Devyn CHELIN	SO	Whitworth	4.09	39.65m	130-1	3/29/25	Peyton-Shotwell Invitational
20	Nikki BOON	SR	#2 Emory	2.53	39.49m	129-7	3/28/25	Thrills In The Hills
21	Angie BAWEK	SO	Allegheny (Pa.)	2.96	39.31m	129-0	4/5/25	Dave Labor Slippery Rock Invi
22	Olivia CARPENTER	FR	#4 MIT {2}	2.41	39.17m	128-6	4/5/25	UMASS Flagship Opener
23	Ashley GLENNON	JR	Dubuque	1.73	38.72m	127-1	4/6/25	Mississippi River Rumble
24	Emma COOLIDGE	JR	Juniata	1.15	38.51m	126-4	3/29/25	Jim Taylor Invitational
25	Diamond EADDY	SO	#12 Rowan {2}	1.03	38.34m	125-10	3/29/25	Danny Curran Invitational
26	Ella PULS	JR	#5 UW-La Crosse {2}	0.93	38.19m	125-4	4/5/25	Ashton May Invitational
27	Lily SHAHAN	FR	John Carroll	0.86	38.16m	125-3	3/30/25	Yellow Jacket Collegiate Ope
28	Juniper SCHWARTZMAN	SO	Grinnell	0.80	38.00m	124-8	3/28/25	Central (Iowa) Dutch Invitatio
29	Logan SPOONEMORE	SR	Pomona-Pitzer	0.75	37.82m	124-1	3/29/25	SCIAC Multi-Dual Series
30	Dana SCHWARTZ	JR	Hamilton	0.70	37.65m	123-6	4/5/25	Hamilton Invitational
31	Kylee DOHERTY	JR	Edgewood	0.65	37.58m	123-4	4/5/25	Augustana Viking Olympics
32	Mable MUTUMWA	SO	#2 Emory {2}	0.60	37.55m	123-3	3/28/25	Thrills In The Hills
32	Elizabeth LUBOLD	JR	Allegheny (Pa.) {2}	0.60	37.55m	123-3	3/22/25	Ed Fry Invitational
34	Katlyn FLOYD	SO	Ohio Northern	0.50	37.48m	123-0	3/30/25	Yellow Jacket Collegiate Ope
35	Cortney BROWN	SR	Berry	0.45	37.30m	122-5	3/22/25	Emory Spring Break Classic
36	Kaitlyn SNYDER	JR	Lebanon Valley	0.40	37.14m	121-10	3/29/25	Danny Curran Invitational
37	Taileen ZECHMAN	SR	Hood	0.35	37.12m	121-10	3/29/25	Danny Curran Invitational
38	Peyton PANKA	SR	Benedictine (Ill.)	0.30	37.03m	121-6	3/29/25	First Chance Invitational
39	Kaiona APIO	SR	Willamette	0.28	37.02m	121-6	3/1/25	Willamette Opener
39	Emma GRUNIN	JR	NYU	0.28	37.02m	121-6	3/29/25	Monmouth Season Opener
41	Katelyn O'BRIEN	FR	Johnson & Wales (R.I.)	0.23	37.01m	121-5	4/4/25	Ocean State Cup
42	Mardy NOVAK	SO	Bowdoin {2}	0.20	36.96m	121-3	3/23/25	Wesleyan (Conn.) J. Elmer Sw
43	Sage DOUGLASS	SR	SUNY Oneonta	0.18	36.95m	121-3	3/30/25	Utica Almost Spring Invite
43	Trelstad T	SR	Swarthmore	0.18	36.95m	121-3	3/15/25	Myrtle Beach Collegiate Chall
45	Brooke BOROUGHS	SO	Macalester	0.13	36.84m	120-11	4/5/25	Wartburg Outdoor Select
45	Isabella LESKO	JR	Alvernia	0.13	36.84m	120-11	3/29/25	Danny Curran Invitational
47	Evan DUET	SR	Rhodes	0.08	36.82m	120-10	3/15/25	Rhodes Invitational
48	Quinn SMITH	FR	Claremont-Mudd-Scri{2}	0.05	36.74m	120-7	2/16/25	Pomona-Pitzer Salo/Crenna I
49	Genevieve GRUBA	SO	Concordia Moorhead	0.03	36.63m	120-2	3/28/25	CSB/SJU Optimistic Meet
50	Harper DANFORTH	FR	Tufts	0.01	36.62m	120-2	3/22/25	Emory Spring Break Classic



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #2, April 8

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Nikki BOON	SR	#2 Emory	36.04	5,638	3/28/25	Thrills In The Hills
2	Bridget FINN	SR	Ripon	30.85	4,718	3/22/25	Alan Connie Shamrock Invitat
3	Kira HAWAABOO	SO	Linfield	28.55	4,629	3/21/25	Klein/Nwaba Combined Event
4	Breeauna O'REAR	SR	#13 George Fox	26.52	4,622	3/21/25	Klein/Nwaba Combined Event
5	Eleanor BACHMEIER	SR	#23 Redlands (Calif.)	24.12	4,477	4/4/25	Rage in the Cage Invitational
6	Jenna HUNTSMAN	JR	#13 George Fox {2}	22.07	4,456	3/21/25	Klein/Nwaba Combined Event
7	Elisabeth EICHINGER	JR	#23 Redlands (Calif.) {2}	19.90	4,385	4/4/25	Rage in the Cage Invitational
8	Emily BROWN	SO	Whitworth	17.12	4,071	3/21/25	Buc Scoring Invitational
9	Margo FOX	JR	#22 Lynchburg	14.89	3,942	3/22/25	Alan Connie Shamrock Invitat
10	Caitlin BENESH	SO	#7 Wartburg	12.83	3,892	4/5/25	Wartburg Outdoor Select
11	Ella THOMPSON	FR	Willamette	10.83	3,891	3/20/25	Corban-Willamette Dual
12	Molly LU MCKELLAR	JR	Keene State	9.79	3,863	3/28/25	Thrills In The Hills
13	Haylie RASMUSSEN	SO	UW-River Falls	8.74	3,827	3/21/25	Klein/Nwaba Combined Event
14	Brooke SHAFER	SR	#7 Wartburg {2}	7.70	3,799	4/5/25	Wartburg Outdoor Select
15	Ella EASTERLING	FR	#25 Calvin	6.69	3,789	3/28/25	Thrills In The Hills
16	Erica SNYDER	JR	Willamette {2}	5.68	3,786	3/20/25	Corban-Willamette Dual
17	Courtney TIERNAN	JR	Pacific (Ore.)	5.14	3,758	3/25/25	Boxer Combined Events
18	Brielle KUECHLE	FR	UW-River Falls {2}	4.61	3,734	3/21/25	Klein/Nwaba Combined Event
19	Samantha NIELSEN	JR	#7 Wartburg {3}	4.01	3,657	4/5/25	Wartburg Outdoor Select
20	Savannah JOHNSTONE	FR	#13 George Fox {3}	3.32	3,524	3/21/25	Klein/Nwaba Combined Event
21	Charlie DOLLIVER	JR	Otterbein	2.72	3,445	3/22/25	49er Classic
22	Natalie LANGENBERG	FR	#13 George Fox {4}	2.20	3,436	3/21/25	Klein/Nwaba Combined Event
23	Lauren MACHACEK	FR	UW-River Falls {3}	1.64	3,391	3/21/25	Klein/Nwaba Combined Event
24	Shayla HILLSTROM	FR	Whitworth {2}	1.05	3,320	3/21/25	Buc Scoring Invitational
25	Savannah LEOPOLD	SO	UW-River Falls {4}	0.96	3,293	3/21/25	Klein/Nwaba Combined Event
26	Dani HAMMOND	FR	Pacific (Ore.) {2}	0.90	3,212	3/25/25	Boxer Combined Events
27	Rylee DARNOLD	FR	Whitworth {3}	0.85	3,205	3/21/25	Buc Scoring Invitational
28	Kyesha FARMER	FR	#13 George Fox {5}	0.80	3,201	3/21/25	Klein/Nwaba Combined Event
29	Shaylee HERON	SO	#23 Redlands (Calif.) {3}	0.75	3,154	4/4/25	Rage in the Cage Invitational
30	Emily JACKSON	FR	McMurry	0.70	3,153	4/5/25	David Noble Relays
31	Vivian KOLES	FR	#3 Williams	0.65	3,142	3/28/25	Thrills In The Hills
32	Jazmine WOODE	SO	#7 Wartburg {4}	0.60	3,140	4/5/25	Wartburg Outdoor Select
33	Ava MILLS	FR	Buena Vista	0.55	3,092	4/5/25	Wartburg Outdoor Select
34	Jacklyn TEPLY	FR	UW-River Falls {5}	0.50	3,064	3/21/25	Klein/Nwaba Combined Event
35	Nicole ARNHOLD	JR	Ripon {2}	0.45	3,043	3/22/25	Alan Connie Shamrock Invitat
36	Madison EATON	JR	#23 Redlands (Calif.) {4}	0.40	3,022	4/4/25	Rage in the Cage Invitational
37	Sarah LENOX	FR	#16 Colby	0.35	2,930	3/28/25	Thrills In The Hills
38	Elena FUGLESTAD	SO	UW-River Falls {6}	0.30	2,751	3/21/25	Klein/Nwaba Combined Event
39	Alexis STOREY	FR	Whitworth {4}	0.28	2,742	3/21/25	Buc Scoring Invitational
40	Victoria LEAK	SO	Grove City	0.25	2,672	3/29/25	Tim Weaver Invitational
41	Jene BOOKER	FR	McMurry {2}	0.23	2,657	4/5/25	David Noble Relays
42	Emma HARDY	FR	#13 George Fox {6}	0.20	2,371	3/21/25	Klein/Nwaba Combined Event
43	Kendra SMITH	SR	Randolph	0.18	1,694	3/22/25	Alan Connie Shamrock Invitat
44	Aleah VESS	SR	Huntingdon (Ala.)	0.15	1,581	4/5/25	Doc Anderson Invitational