



## Conference TFRI Event Summary



AEC

as of 4/15/2025 8:32:26 AM ET

## Women's 100 Meters

1	Fanta DUKULY	FR	#5 Gwynedd Mercy	12.75	(1.5)	4/12
2	Ilana HAWKINS	SO	#1 Marymount (Va.)	13.37	(-0.2)	3/22
3	Kate NOLAN	FR	#4 Pratt Institute	13.51w	(2.1)	3/29
4	Mary STEINBICKER	JR	#3 Immaculata	13.59	(0.2)	4/5
5	Siena SUJITNO	SR	#4 Pratt Institute {2}	13.60	(1.3)	3/29
6	Abby MEGOTZ	SO	#2 Marywood	13.65	(-0.6)	4/4
7	Emerson ABER	SO	#1 Marymount (Va.) {2}	13.74	(-0.5)	4/5
8	Kalie FERNANDEZ	FR	#2 Marywood {2}	14.18	(-0.6)	4/4
9	Cassidy ASINSKI	SR	#2 Marywood {3}	14.28	(-4.3)	3/22
10	Kimberly ALVAREZ	JR	#3 Immaculata {2}	14.40	(0.0)	3/23

## Women's 100 Meter Hurdles

1	52 Deziree CONKLIN	SR	#1 Marymount (Va.)	15.01	(0.5)	4/14
2	Natalie O'NEILL	SR	#5 Gwynedd Mercy	18.24	(-1.6)	3/22
3	Brooke SCHREFFLER	FR	#4 Pratt Institute	19.06w	(2.5)	3/29
4	Emma WAGNER	SR	#2 Marywood	22.20	(-1.1)	3/29
5	Kayla GALVAN	SR	#4 Pratt Institute {2}	22.50	(1.1)	3/29

## Women's 200 Meters

1	Ilana HAWKINS	SO	#1 Marymount (Va.)	25.64w	(3.7)	4/14
2	Abby MEGOTZ	SO	#2 Marywood	26.67w	(2.6)	4/14
3	Fanta DUKULY	FR	#5 Gwynedd Mercy	26.82	(1.2)	4/5
4	Aniyah HOLMES	SO	#6 Neumann	27.00	(-1.1)	3/29
5	Deziree CONKLIN	SR	#1 Marymount (Va.) {2}	27.20	(0.2)	3/15
6	Mary STEINBICKER	JR	#3 Immaculata	28.11	(-0.8)	3/29
7	Emerson ABER	SO	#1 Marymount (Va.) {3}	28.49	(-0.8)	3/29
8	Ava EZZIE	FR	#5 Gwynedd Mercy {2}	28.67	(-0.7)	3/29
9	Kalie FERNANDEZ	FR	#2 Marywood {2}	29.20	(-0.2)	3/29
10	Kayla GALVAN	SR	#4 Pratt Institute	30.07	(-0.5)	3/29

## Women's 400 Meters

1	55 Ilana HAWKINS	SO	#1 Marymount (Va.)	57.84		3/29
2	Abby MEGOTZ	SO	#2 Marywood	1:01.32		4/14
3	Deziree CONKLIN	SR	#1 Marymount (Va.) {2}	1:01.51		3/15
4	Mary STEINBICKER	JR	#3 Immaculata	1:01.83		3/29
5	Aniyah HOLMES	SO	#6 Neumann	1:02.23		3/29
6	Jayla GROSS	SO	#3 Immaculata {2}	1:03.39		3/29
7	Ava EZZIE	FR	#5 Gwynedd Mercy	1:04.82		4/12
8	Kate NOLAN	FR	#4 Pratt Institute	1:07.69		4/12
9	Fanta DUKULY	FR	#5 Gwynedd Mercy {2}	1:07.88		3/29
10	Brooke BARWICK	FR	#2 Marywood {2}	1:08.47		4/4

## Women's 400 Meter Hurdles

1	53 Deziree CONKLIN	SR	#1 Marymount (Va.)	1:05.30		4/14
2	Natalie O'NEILL	SR	#5 Gwynedd Mercy	1:17.30		4/12

## Women's 800 Meters

1	Abby HUGHES	SO	#1 Marymount (Va.)	2:28.86		4/5
2	Milana STRAUB	SR	#2 Marywood	2:29.35		3/29
3	Mary STEINBICKER	JR	#3 Immaculata	2:30.12		3/23
4	Jayla GROSS	SO	#3 Immaculata {2}	2:33.20		4/5
5	Aubrey DONAHUE	SO	#3 Immaculata {3}	2:35.49		4/5
6	Madeleine PARE	JR	#1 Marymount (Va.) {2}	2:37.34		4/5
7	Ava EZZIE	FR	#5 Gwynedd Mercy	2:38.31		4/5
8	Abigail ADAMSKY	FR	#2 Marywood {2}	2:39.01		3/29
9	Gabrielle SNEE	SR	#2 Marywood {3}	2:46.45		3/29
10	Sarah CAWLEY	SR	#4 Pratt Institute	2:47.49		3/29

## Women's 1500 Meters

1	Milana STRAUB	SR	#2 Marywood	4:51.15		3/29
2	Aubrey DONAHUE	SO	#3 Immaculata	5:09.54		4/5
3	Abby HUGHES	SO	#1 Marymount (Va.)	5:16.41		4/14
4	Madeleine PARE	JR	#1 Marymount (Va.) {2}	5:23.49		3/22
5	Jayla GROSS	SO	#3 Immaculata {2}	5:25.19		3/29
6	Giovanna LISA	JR	#4 Pratt Institute	5:34.83		4/12
7	Gabrielle SNEE	SR	#2 Marywood {2}	5:40.40		3/29
8	Bella AUCHENBACH	JR	#2 Marywood {3}	5:45.44		3/29
9	Gabrielle WEIRSKY	JR	#1 Marymount (Va.) {3}	5:52.50		4/5
10	Abigail ADAMSKY	FR	#2 Marywood {4}	5:54.10		3/22

## Women's Steeplechase

1	68 Milana STRAUB	SR	#2 Marywood	11:29.35		4/4
2	Madeleine PARE	JR	#1 Marymount (Va.)	13:09.26		4/5
3	Gabrielle SNEE	SR	#2 Marywood {2}	13:27.27		4/4
4	Abby HUGHES	SO	#1 Marymount (Va.) {2}	14:08.80		4/5

## Women's 5000 Meters

1	Milana STRAUB	SR	#2 Marywood	17:53.99		4/14
2	Brier AMERLINCK	SO	#1 Marymount (Va.)	18:42.14		4/5
3	Aubrey DONAHUE	SO	#3 Immaculata	18:49.48		4/12
4	Paige REDMAN	JR	#2 Marywood {2}	20:29.62		4/4
5	Gabrielle WEIRSKY	JR	#1 Marymount (Va.) {2}	21:30.93		3/22
6	Bella AUCHENBACH	JR	#2 Marywood {3}	21:50.41		3/22
7	Gabrielle SNEE	SR	#2 Marywood {4}	22:24.29		3/22
8	Cassandra JULIANO	FR	#2 Marywood {5}	22:51.62		4/4
9	Breanne DYMEK	FR	#3 Immaculata {2}	22:53.64		3/23
10	Elizabeth DELLACORTE	FR	#1 Marymount (Va.) {3}	23:01.79		3/22

## Women's 10,000 Meters

1	77 Brier AMERLINCK	SO	#1 Marymount (Va.)	38:39.53		4/14
2	Aubrey DONAHUE	SO	#3 Immaculata	39:51.08		3/29
3	Bella AUCHENBACH	JR	#2 Marywood	44:27.10		4/4
4	Gabrielle WEIRSKY	JR	#1 Marymount (Va.) {2}	44:29.65		3/29
5	Breanne DYMEK	FR	#3 Immaculata {2}	48:17.36		3/29
6	Elizabeth DELLACORTE	FR	#1 Marymount (Va.) {3}	48:39.94		3/29



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



AEC

as of 4/15/2025 8:32:27 AM ET

## Women's 4x100 Relay

1	Siena Sujitno, Kayla Galvan, Kaeden Green, Kate Nolan	#4 Pratt Institute	52.90	3/29
2	Brigid McCluskey, Natalie O'Neill, Ava Ezzie, Fanta Dukuly	#5 Gwynedd Mercy	54.06	3/29
3	#Type!	#3 Immaculata	57.29	4/5

## Women's 4x400 Relay

1	Ilana Hawkins, Madeleine Pare, Abby Hughes, Deziree Conklin	#1 Marymount (Va.)	4:23.24	3/15
2	#Type!	#2 Marywood	4:28.26	3/29
3	Shannon Barycki, Jayla Gross, Mary Steinbicker, Jillian Humphries	#3 Immaculata	4:42.23	3/23
4	#Type!	#5 Gwynedd Mercy	4:47.20	4/5
5	Sahdahya Addy, Aniyah Holmes, Quinaya Barker, Neshaya Overton	#6 Neumann	4:55.17	3/23
6	Sarah Cawley, Lili Gadret, Alyssa Trujillo, Giovanna Lisa	#4 Pratt Institute	5:04.67	4/5

## Women's High Jump

1	Jillian HUMPHRIES	SR	#3 Immaculata	1.42m	4-7¾	3/23
2	Natalie O'NEILL	SR	#5 Gwynedd Mercy	1.31m	4-3½	4/12
3	Brigid MCCLUSKEY	SO	#5 Gwynedd Mercy {2}	1.27m	4-2	3/22

## Women's Pole Vault

1	Esther PAZ	FR	#1 Marymount (Va.)	2.74m	8-11¾	4/5
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## Women's Long Jump

1	Deziree CONKLIN	SR	#1 Marymount (Va.)	5.16mw	16-11¼ (2.4)	3/22
2	Kaeden GREEN	FR	#4 Pratt Institute	5.10m	16-8¾ (0.7)	3/29
3	Sahdahya ADDY	JR	#6 Neumann	5.03m	16-6 (0.0)	3/29
4	Natalie O'NEILL	SR	#5 Gwynedd Mercy	4.88m	16-¼ (0.0)	3/22
5	Kalie FERNANDEZ	FR	#2 Marywood	4.20m	13-9½ (0.0)	3/29
6	Emma WAGNER	SR	#2 Marywood {2}	3.88m	12-8¾ (0.0)	3/29

## Women's Triple Jump

1	Kaeden GREEN	FR	#4 Pratt Institute	10.70m	35-1¼ (0.6)	3/29
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## Women's Shot Put

1	Rosalyn PAGE	SR	#2 Marywood	11.42m	37-5¾	4/4
2	Isabella RIVERA	SO	#1 Marymount (Va.)	9.91m	32-6¼	3/29
3	Truly HEFT	FR	#5 Gwynedd Mercy	9.83m	32-3	3/29
4	Alli GRISCAVAGE	SO	#2 Marywood {2}	9.69m	31-9½	4/4
5	Allison SIRAVO	JR	#6 Neumann	9.62m	31-6¾	4/4
6	Shayla WYNDER	SR	#1 Marymount (Va.) {2}	9.52m	31-2¾	3/29
7	Jordana HALPERN	FR	#4 Pratt Institute	9.31m	30-6½	3/29
8	Hannah KIM	SO	#4 Pratt Institute {2}	8.99m	29-6	3/29
9	Sydney WILSON	JR	#6 Neumann {2}	8.28m	27-2	4/4
10	Ihyana MASON	FR	#1 Marymount (Va.) {3}	8.25m	27-¾	4/5

## Women's Discus

1	Rosalyn PAGE	SR	#2 Marywood	37.24m	122-2	4/4
2	Isabella RIVERA	SO	#1 Marymount (Va.)	33.67m	110-6	4/5
3	Leah ZAMBETTI	JR	#2 Marywood {2}	33.21m	109-0	4/4
4	Hannah KIM	SO	#4 Pratt Institute	31.22m	102-5	4/12
5	Alli GRISCAVAGE	SO	#2 Marywood {3}	29.97m	98-4	4/4
6	Jordana HALPERN	FR	#4 Pratt Institute {2}	28.10m	92-2¼	4/12
7	Shayla WYNDER	SR	#1 Marymount (Va.) {2}	28.08m	92-1½	4/5
8	Maggie FRIEND	SO	#3 Immaculata	25.00m	82-¼	3/23
9	Truly HEFT	FR	#5 Gwynedd Mercy	23.61m	77-5½	3/22
10	Allison SIRAVO	JR	#6 Neumann	22.08m	72-5¼	3/23

## Women's Hammer

1	Isabella RIVERA	SO	#1 Marymount (Va.)	39.98m	131-2	4/5
2	Shayla WYNDER	SR	#1 Marymount (Va.) {2}	37.03m	121-6	4/5
3	Marisa ROSCETTI	SO	#1 Marymount (Va.) {3}	33.84m	111-0	4/5
4	Allison SIRAVO	JR	#6 Neumann	30.43m	99-10	4/4
5	Jordana HALPERN	FR	#4 Pratt Institute	28.98m	95-1	4/12
6	Ihyana MASON	FR	#1 Marymount (Va.) {4}	26.43m	86-8½	3/22
7	Truly HEFT	FR	#5 Gwynedd Mercy	24.43m	80-2	4/5
8	Hannah KIM	SO	#4 Pratt Institute {2}	23.85m	78-3	4/12
9	Alexandra PAPADOPOULOS	SO	#5 Gwynedd Mercy {2}	23.07m	75-8¼	4/12
10	Sydney WILSON	JR	#6 Neumann {2}	22.93m	75-2¾	4/4

## Women's Javelin

1	Leah ZAMBETTI	JR	#2 Marywood	35.11m	115-2	3/22
2	Hannah KIM	SO	#4 Pratt Institute	29.38m	96-4¾	4/12
3	Kyleigh JONIEC	JR	#6 Neumann	28.83m	94-7	4/4
4	Maggie FRIEND	SO	#3 Immaculata	26.85m	88-1¼	3/29
5	Truly HEFT	FR	#5 Gwynedd Mercy	26.80m	87-11¼	3/22
6	Shayla WYNDER	SR	#1 Marymount (Va.)	26.62m	87-4	4/5
7	Abby HUGHES	SO	#1 Marymount (Va.) {2}	25.71m	84-4¼	3/29
8	Emerson ABER	SO	#1 Marymount (Va.) {3}	25.64m	84-1½	3/15
9	Sydney WILSON	JR	#6 Neumann {2}	25.24m	82-9¾	3/23
10	Alexandra PAPADOPOULOS	SO	#5 Gwynedd Mercy {2}	19.33m	63-5	4/12



## Conference TFRI Event Summary



## American Rivers

as of 4/15/2025 8:32:27 AM ET

## Women's 100 Meters

1	<b>7</b>	Emma SEIPEL	SR	<b>#2</b>	Loras	<b>11.81w</b>	(2.7)	4/5
2	<b>42</b>	Ava PARKINS	SO	<b>#3</b>	Central (Iowa)	<b>12.17w</b>	(3.7)	3/28
3	<b>46</b>	JoJo TYNISMAL	JR	<b>#1</b>	Wartburg	<b>12.20</b>	(0.9)	<b>4/12</b>
4	<b>48</b>	Harmony CREASY	SR	<b>#2</b>	Loras	{2} <b>12.21w</b>	(2.7)	4/5
5	<b>70</b>	Mary GUSTASON	JR	<b>#3</b>	Central (Iowa)	{2} <b>12.31w</b>	(3.7)	3/28
6	<b>89</b>	Natalie CUMMINS	SR	<b>#4</b>	Nebraska Wesley	<b>12.36</b>	(-0.4)	<b>4/11</b>
7		Emily MCMARTIN	JR	<b>#3</b>	Central (Iowa)	{3} <b>12.42w</b>	(2.7)	4/5
8		Addie PARKER	SR	<b>#1</b>	Wartburg	{2} <b>12.44w</b>	(2.8)	4/5
9		Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>12.49w</b>	(3.7)	3/28
10		Keira ALLISS	JR	<b>#5</b>	Dubuque	<b>12.53</b>	(1.2)	4/5

## Women's 100 Meter Hurdles

1	<b>15</b>	JoJo TYNISMAL	JR	<b>#1</b>	Wartburg	<b>14.34w</b>	(2.3)	<b>4/12</b>
2	<b>21</b>	Grace BRADEN	SO	<b>#1</b>	Wartburg	{2} <b>14.43w</b>	(2.3)	<b>4/12</b>
3	<b>28</b>	Olivia BOHLEN	JR	<b>#3</b>	Central (Iowa)	<b>14.69</b>	(1.7)	<b>4/11</b>
4	<b>50</b>	Ryann DECKER	FR	<b>#1</b>	Wartburg	{3} <b>15.00w</b>	(2.3)	<b>4/12</b>
5	<b>63</b>	Keeley HOURIGAN	SR	<b>#4</b>	Nebraska Wesley	<b>15.09</b>	(0.6)	<b>4/11</b>
6	<b>65</b>	Rachel SMITH	SO	<b>#4</b>	Nebraska Wesley	{2} <b>15.12</b>	(1.5)	4/8
7		Sophia STAHL	SO	<b>#1</b>	Wartburg	{4} <b>15.70</b>	(1.7)	<b>4/12</b>
8		Maddax DEVAULT	JR	<b>#6</b>	Simpson (Iowa)	<b>15.74w</b>	(3.6)	4/5
8		Caitlin BENESH	SO	<b>#1</b>	Wartburg	{5} <b>15.74</b>	(1.7)	<b>4/12</b>
10		Annika ELCO	JR	<b>#7</b>	Luther	<b>16.03</b>	(1.3)	4/5

## Women's 200 Meters

1	<b>18</b>	Emma SEIPEL	SR	<b>#2</b>	Loras	<b>24.57</b>	(-0.4)	<b>4/12</b>
2	<b>25</b>	Emily MCMARTIN	JR	<b>#3</b>	Central (Iowa)	<b>24.73w</b>	(3.0)	3/28
3		Mary GUSTASON	JR	<b>#3</b>	Central (Iowa)	{2} <b>25.38cw</b>	(25.77) (2.4)	4/5
4		JoJo TYNISMAL	JR	<b>#1</b>	Wartburg	<b>25.43w</b>	(2.9)	<b>4/12</b>
5		Addie PARKER	SR	<b>#1</b>	Wartburg	{2} <b>25.47</b>	(1.0)	3/29
6		Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>25.49w</b>	(3.0)	3/28
6		Raegan LEVI	JR	<b>#4</b>	Nebraska Wesley	<b>25.49</b>	(0.0)	<b>4/11</b>
8		Natalie CUMMINS	SR	<b>#4</b>	Nebraska Wesley	{2} <b>25.58w</b>	(2.3)	4/8
9		Jaide FLOWERS	SO	<b>#5</b>	Dubuque	<b>25.83w</b>	(2.8)	4/5
10		Chloe WIERSON	FR	<b>#6</b>	Simpson (Iowa)	{2} <b>26.14</b>	(1.6)	<b>4/11</b>

## Women's 400 Meters

1	<b>62</b>	Harmony CREASY	SR	<b>#2</b>	Loras	<b>58.04</b>		<b>4/12</b>
2	<b>67</b>	Alivia ROERDINK	SO	<b>#3</b>	Central (Iowa)	<b>58.17c</b>	(58.95)	4/5
3		Jaide FLOWERS	SO	<b>#5</b>	Dubuque	<b>59.01</b>		<b>4/12</b>
4		Natalie BORK	FR	<b>#1</b>	Wartburg	<b>59.18c</b>	(59.96)	4/5
5		Layla HUGHES	SO	<b>#2</b>	Loras	{2} <b>59.22</b>		<b>4/12</b>
6		Lizzy VAN UTRECHT	SO	<b>#3</b>	Central (Iowa)	{2} <b>59.70</b>		<b>4/11</b>
7		Ava PARKINS	SO	<b>#3</b>	Central (Iowa)	{3} <b>59.75</b>		<b>4/11</b>
8		Olivia TOLLARI	JR	<b>#1</b>	Wartburg	{2} <b>59.87c</b>	(1:00.67)	4/5
9		Nicole MIDDENTS	FR	<b>#6</b>	Simpson (Iowa)	<b>1:01.30</b>		<b>4/11</b>
10		Riley PACKER	JR	<b>#3</b>	Central (Iowa)	{4} <b>1:01.53c</b>	(1:02.34)	4/5

## Women's 400 Meter Hurdles

1	<b>4</b>	JoJo TYNISMAL	JR	<b>#1</b>	Wartburg	<b>1:01.37</b>		3/29
2	<b>21</b>	Sophia STAHL	SO	<b>#1</b>	Wartburg	{2} <b>1:03.48</b>		3/29
3	<b>35</b>	Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>1:04.42</b>		<b>4/11</b>
4	<b>65</b>	Ryann DECKER	FR	<b>#1</b>	Wartburg	{3} <b>1:05.81</b>		4/5
5		Grace BRADEN	SO	<b>#1</b>	Wartburg	{4} <b>1:07.34</b>		3/29
6		Caitlin BENESH	SO	<b>#1</b>	Wartburg	{5} <b>1:07.37</b>		<b>4/12</b>
7		Rachel SMITH	SO	<b>#4</b>	Nebraska Wesley	<b>1:08.27</b>		4/8
8		Maddax DEVAULT	JR	<b>#6</b>	Simpson (Iowa)	{2} <b>1:08.67</b>		4/5
9		Tatum BUENNING	FR	<b>#1</b>	Wartburg	{6} <b>1:09.46</b>		<b>4/12</b>
10		Taiy PRUETT	FR	<b>#9</b>	Coe	<b>1:10.56</b>		4/4

## Women's 800 Meters

1	<b>23</b>	Alivia ROERDINK	SO	<b>#3</b>	Central (Iowa)	<b>2:13.34</b>		<b>4/11</b>
2	<b>36</b>	Frankie CHAIDEZ	SR	<b>#2</b>	Loras	<b>2:14.07</b>		<b>4/12</b>
3	<b>76</b>	Haley MEYER	JR	<b>#1</b>	Wartburg	<b>2:17.06</b>		<b>4/12</b>
4		Elly BURDS	JR	<b>#2</b>	Loras	{2} <b>2:18.07</b>		<b>4/12</b>
5		Delaney VACEK	JR	<b>#4</b>	Nebraska Wesley	<b>2:18.12</b>		4/8
6		Hannah RAMSEY	SO	<b>#1</b>	Wartburg	{2} <b>2:19.13</b>		<b>4/12</b>
7		JoJo TYNISMAL	JR	<b>#1</b>	Wartburg	{3} <b>2:19.20c</b>	(2:20.80)	4/5
8		Riley PACKER	JR	<b>#3</b>	Central (Iowa)	{2} <b>2:20.57</b>		<b>4/11</b>
9		Sophia STAHL	SO	<b>#1</b>	Wartburg	{4} <b>2:20.61c</b>	(2:22.24)	4/5
10		Peyton MADISON	FR	<b>#3</b>	Central (Iowa)	{3} <b>2:21.34</b>		<b>4/11</b>

## Women's 1500 Meters

1	<b>38</b>	Frankie CHAIDEZ	SR	<b>#2</b>	Loras	<b>4:36.79</b>		3/28
2	<b>53</b>	Peyton STEFFEN	JR	<b>#3</b>	Central (Iowa)	<b>4:39.03</b>		4/5
3	<b>88</b>	Ellie MEYER	SR	<b>#1</b>	Wartburg	<b>4:42.42</b>		4/5
4		Haley MEYER	JR	<b>#1</b>	Wartburg	{2} <b>4:43.99</b>		4/5
5		Addy PARROTT	SR	<b>#3</b>	Central (Iowa)	{2} <b>4:45.66</b>		4/5
6		Nadia BOWDEN	FR	<b>#1</b>	Wartburg	{3} <b>4:47.31</b>		4/5
7		Becca DIDDIA	SR	<b>#2</b>	Loras	{2} <b>4:49.09</b>		4/5
8		Teah MILLER	FR	<b>#3</b>	Central (Iowa)	{3} <b>4:53.82</b>		4/5
9		Alyssa BLANKENSHIP	SR	<b>#7</b>	Luther	<b>4:55.18</b>		4/5
10		Lydia MAAS	FR	<b>#1</b>	Wartburg	{4} <b>4:56.72</b>		4/5

## Women's Steeplechase

1	<b>4</b>	Peyton STEFFEN	JR	<b>#3</b>	Central (Iowa)	<b>10:33.85</b>		<b>4/11</b>
2	<b>5</b>	Ellie MEYER	SR	<b>#1</b>	Wartburg	<b>10:36.88</b>		3/28
3	<b>98</b>	Maddie MERNA	JR	<b>#1</b>	Wartburg	{2} <b>11:40.89</b>		4/5
4		Lily PETERSON	JR	<b>#1</b>	Wartburg	{3} <b>11:46.24</b>		4/5
5		Teah MILLER	FR	<b>#3</b>	Central (Iowa)	{2} <b>11:48.94</b>		<b>4/11</b>
6		Sydney BOCHMANN	FR	<b>#1</b>	Wartburg	{4} <b>11:50.22</b>		4/5
7		Bailey VAUGHAN	JR	<b>#2</b>	Loras	<b>11:51.22</b>		4/5
8		Natalia WROBEL	SR	<b>#2</b>	Loras	{2} <b>11:54.13</b>		4/5
9		Lily MAYO	SO	<b>#9</b>	Coe	<b>11:56.91</b>		<b>4/12</b>
10		Emily RICHTER	SR	<b>#1</b>	Wartburg	{5} <b>12:06.42</b>		4/5



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## American Rivers

as of 4/15/2025 8:32:27 AM ET

### Women's 5000 Meters

1	<b>12</b>	Ellie MEYER	SR	<b>#1</b> Wartburg	<b>16:50.15</b>	<b>4/12</b>
2	<b>17</b>	Peyton STEFFEN	JR	<b>#3</b> Central (Iowa)	<b>16:53.39</b>	3/28
3	<b>52</b>	Teghan BOOTH	SR	<b>#6</b> Simpson (Iowa)	<b>17:24.88</b>	<b>4/12</b>
4	<b>61</b>	Becca DIDDIA	SR	<b>#2</b> Loras	<b>17:27.92</b>	<b>4/12</b>
5	<b>68</b>	Addy PARROTT	SR	<b>#3</b> Central (Iowa)	<b>{2} 17:29.60</b>	3/28
6		Lydia MAAS	FR	<b>#1</b> Wartburg	<b>{2} 17:47.77</b>	<b>4/12</b>
7		Bailey VAUGHAN	JR	<b>#2</b> Loras	<b>{2} 17:59.20</b>	<b>4/12</b>
8		Maddie MERNA	JR	<b>#1</b> Wartburg	<b>{3} 17:59.89</b>	<b>4/12</b>
9		Karle KRAMER	JR	<b>#1</b> Wartburg	<b>{4} 18:01.26</b>	<b>4/12</b>
10		Alyssa BLANKENSHIP	SR	<b>#7</b> Luther	<b>18:05.77</b>	<b>4/12</b>

### Women's 10,000 Meters

1	<b>18</b>	Teghan BOOTH	SR	<b>#6</b> Simpson (Iowa)	<b>35:52.78</b>	3/28
2	<b>40</b>	Kelly GIARDINA	JR	<b>#1</b> Wartburg	<b>37:25.87</b>	3/28
3	<b>87</b>	Abbey ANGUS	FR	<b>#1</b> Wartburg	<b>{2} 39:01.53</b>	4/5
4	<b>89</b>	Morgan ENGEL	SO	<b>#1</b> Wartburg	<b>{3} 39:10.19</b>	4/5

### Women's 4x100 Relay

1	<b>10</b>	Harmony Creasy, Layla Hughes, Meghan McDonald, Emma Seipel	<b>#2</b> Loras	<b>47.00</b>	<b>4/12</b>
2	<b>14</b>	Keeley Hourigan, Raegan Levi, Chloe Mooberry, Natalie Cummins	<b>#4</b> Nebraska Wesley	<b>47.30</b>	<b>4/11</b>
3	<b>32</b>	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin	<b>#3</b> Central (Iowa)	<b>48.06</b>	<b>4/11</b>
4	<b>49</b>	Addie Parker, JoJo Tynismaa, Avery Schultes, Ryann Decker	<b>#1</b> Wartburg	<b>48.54</b>	4/5
5	<b>51</b>	Jenna Thornburg, Madison Hays, Maddax DeVault, Emma Cooper	<b>#6</b> Simpson (Iowa)	<b>48.56</b>	<b>4/11</b>
6	<b>87</b>	Keira Alliss, Gianna Borzileri, Kayla Shade, Grace Kahon	<b>#5</b> Dubuque	<b>49.67</b>	<b>4/12</b>
7		Zoe Rahberg, Annika Elco, Emily Groppoli, Amara Marks	<b>#7</b> Luther	<b>50.25</b>	<b>4/12</b>
8		#Type!	<b>#9</b> Coe	<b>51.76</b>	<b>4/12</b>

### Women's 4x400 Relay

1	<b>13</b>	Lizzy Van Utrecht, Alivia Roerdink, Emily McMartin, Ava Parkins	<b>#3</b> Central (Iowa)	<b>3:51.58</b>	<b>4/11</b>
2	<b>36</b>	Chloe Mooberry, Raegan Levi, Natalie Cummins, Delaney Vacek	<b>#4</b> Nebraska Wesley	<b>4:00.80</b>	<b>4/11</b>
3	<b>38</b>	Madison Hays, Chloe Wierson, Nicole Middents, Maddax DeVault	<b>#6</b> Simpson (Iowa)	<b>4:00.94</b>	<b>4/11</b>
4	<b>50</b>	Bella Skay, Kiana Carnes, Caitlin Benesh, Olivia Tollari	<b>#1</b> Wartburg	<b>4:04.02</b>	3/29
5	<b>62</b>	Harmony Creasy, Frankie Chaidez, Elly Burd, Layla Hughes	<b>#2</b> Loras	<b>4:04.98</b>	<b>4/12</b>
6		Delisha Davis, Gianna Borzileri, Mackenzie Rader, Kiana Vogel	<b>#5</b> Dubuque	<b>4:11.08</b>	<b>4/12</b>
7		#Type!	<b>#9</b> Coe	<b>4:12.12</b>	<b>4/12</b>
8		Sarah Schmidt, Ava Cummings, Grace Landmesser, Mari Paulsen	<b>#7</b> Luther	<b>4:40.28</b>	4/5

### Women's High Jump

1	<b>12</b>	Sara HOSKINS	SR	<b>#2</b> Loras	<b>1.65m</b>	5-5	<b>4/12</b>
2	<b>31</b>	Grace PYLE	FR	<b>#4</b> Nebraska Wesley	<b>1.61m</b>	5-3¼	<b>4/11</b>
3	<b>38</b>	Jaden GATTS	SO	<b>#5</b> Dubuque	<b>1.60m</b>	5-3	4/5
3	<b>38</b>	Julia KLEIN	JR	<b>#2</b> Loras	<b>{2} 1.60m</b>	5-3	<b>4/12</b>
3	<b>38</b>	Samantha NIELSEN	JR	<b>#1</b> Wartburg	<b>1.60m</b>	5-3	<b>4/12</b>
6		Abigail WHITE	SR	<b>#3</b> Central (Iowa)	<b>1.55m</b>	5-1	3/28
6		Katie DAILEY	SR	<b>#7</b> Luther	<b>1.55m</b>	5-1	<b>4/12</b>
6		Cadence SINCLAIR	SO	<b>#3</b> Central (Iowa)	<b>1.55m</b>	5-1	3/28
9		Grace CUMMINS	SO	<b>#2</b> Loras	<b>{3} 1.52m</b>	4-11¾	4/5
10		Ramey DAHLQUIST	FR	<b>#3</b> Central (Iowa)	<b>{3} 1.50m</b>	4-11	3/28
10		Olivia BOHLEN	JR	<b>#3</b> Central (Iowa)	<b>{3} 1.50m</b>	4-11	3/28

### Women's Pole Vault

1	<b>47</b>	Amber VROMAN	SR	<b>#3</b> Central (Iowa)	<b>3.50m</b>	11-5¾	4/5
2		Leah HOWARD	JR	<b>#3</b> Central (Iowa)	<b>{2} 3.20m</b>	10-6	3/28
3		Kylie MEYER	FR	<b>#3</b> Central (Iowa)	<b>{3} 3.05m</b>	10-0	4/5
4		Libby DRIVER	FR	<b>#4</b> Nebraska Wesley	<b>3.00m</b>	9-10	3/28
5		Linnea HEDIN	JR	<b>#7</b> Luther	<b>2.90m</b>	9-6¼	4/5
5		Sydnee CHEEK	FR	<b>#4</b> Nebraska Wesley	<b>{2} 2.90m</b>	9-6¼	<b>4/11</b>
7		Kendra POPPE	SO	<b>#4</b> Nebraska Wesley	<b>{3} 2.76m</b>	9-½	4/5
8		Jade ANDERSON	SO	<b>#1</b> Wartburg	<b>2.75m</b>	9-¼	4/5
9		Abby RUSSETH	SR	<b>#7</b> Luther	<b>{2} 2.40m</b>	7-10½	<b>4/12</b>





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## American Rivers

as of 4/15/2025 8:32:27 AM ET

### Women's Long Jump

1	3	Emma SEIPEL	SR	#2 Loras	6.05m	19-10¼ (0.3)	4/12
2	16	Harmony CREASY	SR	#2 Loras	{2} 5.70mw	18-8½ (3.7)	4/5
3	30	Natalie CUMMINS	SR	#4 Nebraska Wesley	5.60m	18-4½ (-0.7)	4/11
4	40	Chloe MOOBERRY	SO	#4 Nebraska Wesley	{2} 5.55m	18-2½ (0.0)	4/11
5		Olivia TOLLARI	JR	#1 Wartburg	5.21m	17-1¼ (0.9)	3/29
6		Isabelle NORING	FR	#6 Simpson (Iowa)	5.18mw	17-0 (3.8)	3/28
7		Shaniah JOHNSON	SR	#1 Wartburg	{2} 5.05m	16-7 (0.9)	3/29
8		Amara MARKS	SR	#7 Luther	5.00m	16-5 (1.3)	4/12
9		Emma LUECK	FR	#6 Simpson (Iowa)	{2} 4.95m	16-3 (1.4)	4/11
10		Emma COOPER	FR	#6 Simpson (Iowa)	{3} 4.90m	16-1 (1.4)	4/11

### Women's Triple Jump

1	17	Madelyn (Maddie) MUCCI	FR	#2 Loras	11.69m	38-4¼ (0.5)	4/11
2	18	Shaniah JOHNSON	SR	#1 Wartburg	11.65mw	38-2¾ (2.9)	4/5
3	76	Faith HAYES	FR	#5 Dubuque	10.97mw	36-0 (2.7)	4/5
4	95	Madeline BOULANGER	SO	#1 Wartburg	{2} 10.88mw	35-8½ (3.9)	4/5
4	95	Aaliyah JOHNSON	SR	#6 Simpson (Iowa)	10.88mw	35-8½ (4.0)	4/11
6		Amelia WRIGHT	FR	#1 Wartburg	{3} 10.46mw	34-4 (2.6)	4/5
7		Sangai DUKULY	SR	#9 Coe	10.40m	34-1½ (1.2)	4/12
8		Julia KLEIN	JR	#2 Loras	{2} 10.26mw	33-8 (3.0)	4/5
9		Ella JUMPER	FR	#3 Central (Iowa)	9.55mw	31-4 (3.2)	3/28
10		Emma HOUDEK	SR	#1 Wartburg	{4} 9.54m	31-3¾ (0.0)	4/12

### Women's Shot Put

1	2	Emmily BERGLUND	SO	#4 Nebraska Wesley	14.13m	46-4¼	4/8
2	17	Chloe REISER	SO	#5 Dubuque	13.39m	43-11¼	4/12
3	36	Riley VICE	SR	#2 Loras	12.77m	41-10¾	4/12
4	42	Courtney JOHNSON	SR	#8 Buena Vista	12.70m	41-8	4/12
5	47	Payton SCHERMERHORN	SO	#8 Buena Vista	{2} 12.64m	41-5¾	4/12
6	50	Taylor FLAIG	SR	#2 Loras	{2} 12.63m	41-5¼	4/12
7	57	Caitlyn COX	JR	#2 Loras	{3} 12.50m	41-¼	4/12
8	85	Olivia MERRILL	FR	#6 Simpson (Iowa)	12.14m	39-10	4/11
9	94	Abby VELD	FR	#1 Wartburg	12.09m	39-8	4/12
10		Lyndsie BOSQUEZ	FR	#4 Nebraska Wesley	{2} 11.99m	39-4	4/11

### Women's Discus

1	4	Anna LUNDAHL	SR	#4 Nebraska Wesley	46.98m	154-2	3/28
2	5	Nai'lah ANDERS	SO	#5 Dubuque	46.93m	154-0	4/12
3	6	Kaelyn MEANS	SO	#4 Nebraska Wesley	{2} 46.09m	151-3	3/28
4	12	Riley VICE	SR	#2 Loras	44.60m	146-4	4/5
5	13	Aspin COLLINS	FR	#4 Nebraska Wesley	{3} 44.53m	146-1	4/11
6	15	Ava LARMON	FR	#4 Nebraska Wesley	{4} 44.48m	145-11	4/8
7	28	Emmily BERGLUND	SO	#4 Nebraska Wesley	{5} 42.73m	140-2	4/8
8	38	Breen DUFFY	JR	#5 Dubuque	{2} 42.06m	138-0	4/5
9	39	Abby VELD	FR	#1 Wartburg	42.05m	138-0	4/5
10	43	Taylor FLAIG	SR	#2 Loras	{2} 41.55m	136-4	4/5

### Women's Hammer

1	2	Emma TRUE	SR	#1 Wartburg	57.67m	189-3	4/12
2	4	Caitlyn COX	JR	#2 Loras	56.37m	184-11	4/5
3	11	Taylor FLAIG	SR	#2 Loras	{2} 51.50m	169-0	4/12
4	28	Breen DUFFY	JR	#5 Dubuque	50.23m	164-10	4/5
5	33	Chloe REISER	SO	#5 Dubuque	{2} 49.76m	163-3	4/5
6	42	Tara JOCHUMSEN	SR	#1 Wartburg	{2} 48.99m	160-9	4/12
7	55	Kaelyn MEANS	SO	#4 Nebraska Wesley	48.00m	157-6	3/28
8	62	Lyndsie BOSQUEZ	FR	#4 Nebraska Wesley	{2} 47.34m	155-4	3/28
9	89	Tiernan STANTON	SO	#4 Nebraska Wesley	{3} 45.64m	149-9	3/28
10	90	Sydney LUECK	JR	#5 Dubuque	{3} 45.61m	149-8	4/5

### Women's Javelin

1	1	Avery DECKER	SR	#4 Nebraska Wesley	47.50m	155-10	4/11
2	18	Aliah CLARKE	SR	#4 Nebraska Wesley	{2} 39.97m	131-2	4/8
3	20	Aaliyah JOHNSON	SR	#6 Simpson (Iowa)	39.81m	130-8	3/28
4	29	Ashley GLENNON	JR	#5 Dubuque	38.72m	127-1	4/5
5	63	Brooke SHAFER	SR	#1 Wartburg	36.67m	120-4	4/12
6	77	Taryn RICHEY	FR	#5 Dubuque	{2} 36.10m	118-5	4/12
7		Chloe REISER	SO	#5 Dubuque	{3} 34.44m	113-0	4/12
8		Courtney JOHNSON	SR	#8 Buena Vista	34.27m	112-5	3/28
9		Addie THOMAS	SR	#4 Nebraska Wesley	{3} 33.87m	111-2	4/11
10		Olivia BOHLEN	JR	#3 Central (Iowa)	33.84m	111-0	3/28

### Women's Heptathlon

1	25	Caitlin BENESH	SO	#1 Wartburg	3,892	4/5
2	30	Brooke SHAFER	SR	#1 Wartburg	{2} 3,799	4/5
3	39	Samantha NIELSEN	JR	#1 Wartburg	{3} 3,657	4/5
4	71	Jasmine WOODE	SO	#1 Wartburg	{4} 3,140	4/5
5	74	Ava MILLS	FR	#8 Buena Vista	3,092	4/5



## Conference TFRI Event Summary



ASC

as of 4/15/2025 8:32:27 AM ET

## Women's 100 Meters

1	22	Kylah WASHINGTON	SO	#1 Hardin-Simmons	12.01	(1.0)	3/22
2		Haley SMITH	FR	#1 Hardin-Simmons{2}	12.73	(0.2)	3/1
3		Mariah GIBSON	FR	#2 UT Dallas	12.78	(0.3)	3/1
4		Paige THOMAS	SO	#2 UT Dallas {2}	12.92	(1.1)	4/12
4		Randi BECKHAM	SO	#2 UT Dallas {2}	12.92w	(2.5)	3/29
6		Emily SITTON	FR	#3 East Texas Bapti	12.93w	(4.0)	3/22
7		Rhiana JOHNSON	FR	#2 UT Dallas {4}	12.99	(0.3)	3/1
8		Danielle PENA	JR	#1 Hardin-Simmons{3}	13.03	(1.2)	3/29
9		Tia BILLINGSLEY	JR	#2 UT Dallas {5}	13.06	(1.8)	4/12
10		Sasha SIMONS	SO	#2 UT Dallas {6}	13.19	(1.1)	4/12

## Women's 100 Meter Hurdles

1	96	Jacqueline BERRY	FR	#1 Hardin-Simmons	15.33w	(4.0)	3/22
2		Rowen HUGHES	FR	#2 UT Dallas	15.81	(0.1)	3/1
3		Jayla LEWIS	SO	#2 UT Dallas {2}	16.50	(0.2)	3/29
4		Emmalee HORTON	JR	#1 Hardin-Simmons{2}	16.94w	(2.7)	4/12
5		Emma FOYT-GADE	SO	#2 UT Dallas {3}	17.39w	(2.3)	4/12

## Women's 200 Meters

1	96	Kylah WASHINGTON	SO	#1 Hardin-Simmons	25.34w	(4.0)	3/22
2		Haley SMITH	FR	#1 Hardin-Simmons{2}	26.10w	(2.1)	3/22
3		Danielle PENA	JR	#1 Hardin-Simmons{3}	26.36w	(2.8)	3/22
4		Mariah GIBSON	FR	#2 UT Dallas	26.39	(1.5)	3/29
5		Brittney SNOW	FR	#3 East Texas Bapti	26.49	(1.6)	3/22
6		Randi BECKHAM	SO	#2 UT Dallas {2}	26.65	(1.8)	4/12
7		Jacqueline BERRY	FR	#1 Hardin-Simmons{4}	27.19	(1.8)	3/29
8		Rhiana JOHNSON	FR	#2 UT Dallas {3}	27.27	(0.1)	4/12
9		Madison AVERY	FR	#2 UT Dallas {4}	27.36w	(2.4)	4/12
10		Sasha SIMONS	SO	#2 UT Dallas {5}	27.47	(0.1)	4/12

## Women's 400 Meters

1		Brittney SNOW	FR	#3 East Texas Bapti	59.23		4/12
2		Danielle PENA	JR	#1 Hardin-Simmons	1:01.45		3/1
3		Catriona WALKER	FR	#2 UT Dallas	1:01.56		3/29
4		Ache' ANDERSON	SR	#3 East Texas Bapti{2}	1:01.69		3/22
5		Madison AVERY	FR	#2 UT Dallas {2}	1:01.94		3/1
6		Sophie HALE	SO	#1 Hardin-Simmons{2}	1:03.16		4/12
7		Jada GARDNER	SO	#2 UT Dallas {3}	1:03.53		3/29
8		Randi BECKHAM	SO	#2 UT Dallas {4}	1:03.92		4/5
9		Hannah WILLIS	FR	#3 East Texas Bapti{3}	1:04.15		3/22
10		Mariah GIBSON	FR	#2 UT Dallas {5}	1:04.26		4/5

## Women's 400 Meter Hurdles

1		Rowen HUGHES	FR	#2 UT Dallas	1:07.15		3/1
2		Rhiana JOHNSON	FR	#2 UT Dallas {2}	1:10.11		3/1
3		Lindsey GOOCH	FR	#3 East Texas Bapti	1:12.49		3/1
4		Jayla LEWIS	SO	#2 UT Dallas {3}	1:13.10		4/12
5		Jazmin MENDEZ	SR	#1 Hardin-Simmons	1:13.78		3/29

## Women's 800 Meters

1		Madylin HERRERA	SR	#2 UT Dallas	2:20.90		4/12
2		Lindsey GOOCH	FR	#3 East Texas Bapti	2:24.02		4/5
3		Ache' ANDERSON	SR	#3 East Texas Bapti{2}	2:25.05		4/12
4		Bharvi VARU	FR	#2 UT Dallas {2}	2:26.70		4/12
5		Becki (Rebecca) JEFFERY	SO	#2 UT Dallas {3}	2:27.79		4/12
6		Ellie SUO-ANTTILA	FR	#2 UT Dallas {4}	2:29.16		4/12
7		Hannah WILLIS	FR	#3 East Texas Bapti{3}	2:29.21		4/5
8		Jazmin MENDEZ	SR	#1 Hardin-Simmons	2:31.65		3/22
9		Hannah CHRISTIANSEN	FR	#3 East Texas Bapti{4}	2:37.32		3/1
10		Faith MILLER	SO	#1 Hardin-Simmons{2}	2:38.22		3/29

## Women's 1500 Meters

1		Ellie SUO-ANTTILA	FR	#2 UT Dallas	5:07.79		4/5
2		Jazmin MENDEZ	SR	#1 Hardin-Simmons	5:09.27		3/1
3		Bharvi VARU	FR	#2 UT Dallas {2}	5:09.83		4/12
4		Danna REQUENA	SO	#3 East Texas Bapti	5:12.48		4/5
5		Becki (Rebecca) JEFFERY	SO	#2 UT Dallas {3}	5:17.89		4/12
6		Phoebe DUNHAM	JR	#3 East Texas Bapti{2}	5:22.56		3/22
7		Emily SKRABANEK	SO	#2 UT Dallas {4}	5:27.36		4/12
8		Hope FUENTES	SO	#1 Hardin-Simmons{2}	5:33.19		3/29
9		Hannah CHRISTIANSEN	FR	#3 East Texas Bapti{3}	5:33.70		4/12
10		Bhavva VARU	FR	#2 UT Dallas {5}	5:34.82		4/12

## Women's Steeplechase

1	55	Kylah HOLLAND	SR	#1 Hardin-Simmons	11:24.69		3/29
2	92	Phoebe DUNHAM	JR	#3 East Texas Bapti	11:39.28		4/5
3		Abigail (Abby) COX	SO	#1 Hardin-Simmons{2}	13:49.01		3/29

## Women's 5000 Meters

1		Kylah HOLLAND	SR	#1 Hardin-Simmons	18:32.33		3/1
2		Danna REQUENA	SO	#3 East Texas Bapti	19:04.17		4/12
3		Phoebe DUNHAM	JR	#3 East Texas Bapti{2}	19:31.78		3/22
4		Jazmin MENDEZ	SR	#1 Hardin-Simmons{2}	19:54.62		3/22
5		Abigail (Abby) COX	SO	#1 Hardin-Simmons{3}	20:40.21		4/5
6		Lorraine MARTINEAU	FR	#2 UT Dallas	21:08.69		4/5
7		Mary KATE MARK	SO	#3 East Texas Bapti{3}	21:14.74		4/5
8		Hope FUENTES	SO	#1 Hardin-Simmons{4}	21:45.28		3/22
9		Juliana VELA	FR	#2 UT Dallas {2}	21:52.04		4/5
10		Megan SMITH	FR	#3 East Texas Bapti{4}	22:40.40		4/5

## Women's 10,000 Meters

1		Mary KATE MARK	SO	#3 East Texas Bapti	43:31.84		4/12
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



ASC

as of 4/15/2025 8:32:27 AM ET

## Women's 4x100 Relay

1	52	Haley Smith, Jacqueline Berry, Danielle Pena, Kyla Washington	#1 Hardin-Simmons	48.59	4/12
2	59	Tia Billingsly, Randi Beckham, Paige Thomas, Mariah Gibson	#2 UT Dallas	48.82	3/29
3		Nikevia Maxie, Emily Sitton, Vanessa Morales, Brittney Snow	#3 East Texas Bapti	50.39	3/22

## Women's 4x400 Relay

1	67	Rhiana Johnson, Catriona Walker, Madison Avery, Randi Beckham	#2 UT Dallas	4:05.42	3/29
2		Faith Miller, Sophie Hale, Jazmin Mendez, Danielle Pena	#1 Hardin-Simmons	4:14.03	4/12
3		Brittney Snow, Ache' Anderson, Jillian Mordente, Nikevia Maxie	#3 East Texas Bapti	4:18.17	3/1

## Women's High Jump

1	12	Katie BALLER	SR	#1 Hardin-Simmons	1.65m	5-5	3/22
2	38	Janae GREEN	JR	#1 Hardin-Simmons{2}	1.60m	5-3	3/22
2	38	Emmalee HORTON	JR	#1 Hardin-Simmons{2}	1.60m	5-3	3/1
4	71	Madisyn TAYLOR	FR	#1 Hardin-Simmons{4}	1.58m	5-2¼	4/12
5		Avalon GRIGGS	SO	#1 Hardin-Simmons{5}	1.53m	5-¼	4/12
6		Lillian STOWE	SO	#3 East Texas Bapti	1.50m	4-11	3/1
6		Emily SITTON	FR	#3 East Texas Bapti	1.50m	4-11	3/8
8		Madison ARTHUR	SO	#1 Hardin-Simmons{6}	1.30m	4-3¼	3/22

## Women's Pole Vault

1		Adalynn CUNNINGHAM	FR	#1 Hardin-Simmons	2.65m	8-8¼	3/1
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## Women's Long Jump

1		Haley SMITH	FR	#1 Hardin-Simmons	5.28m	17-4 (1.7)	3/22
2		Annika SOWERS	FR	#1 Hardin-Simmons{2}	5.07mw	16-7¾ (3.0)	3/22
3		Danielle SAULS	SR	#1 Hardin-Simmons{3}	4.58mw	15-½ (2.4)	3/22
4		Avalon GRIGGS	SO	#1 Hardin-Simmons{4}	4.57m	15-0 (1.4)	3/1
5		Faith MILLER	SO	#1 Hardin-Simmons{5}	4.26m	13-11¼ (1.9)	3/29

## Women's Triple Jump

1		Sophie HALE	SO	#1 Hardin-Simmons	9.79m	32-1½ (1.3)	3/29
2		Avalon GRIGGS	SO	#1 Hardin-Simmons{2}	8.92m	29-3¼ (1.6)	4/12

## Women's Shot Put

1		Chisom MBAH	JR	#2 UT Dallas	11.48m	37-8	4/12
2		Shakayla BROWDER	SR	#3 East Texas Bapti	10.81m	35-5¾	3/22
3		Alexis LUBY	FR	#3 East Texas Bapti{2}	8.74m	28-8¼	3/1

## Women's Discus

1		Shakayla BROWDER	SR	#3 East Texas Bapti	35.00m	114-10	4/12
2		Halle BRUNTMYER	FR	#1 Hardin-Simmons	34.42m	112-11	4/12
3		Alexis LUBY	FR	#3 East Texas Bapti{2}	32.46m	106-6	3/8
4		Rachel NORDT	FR	#1 Hardin-Simmons{2}	30.52m	100-2	4/12
5		Chisom MBAH	JR	#2 UT Dallas	30.40m	99-9	3/29

## Women's Javelin

1		Halle BRUNTMYER	FR	#1 Hardin-Simmons	29.68m	97-4½	3/1
2		Rachel NORDT	FR	#1 Hardin-Simmons{2}	24.06m	78-11¼	4/5
3		Faith MILLER	SO	#1 Hardin-Simmons{3}	21.54m	70-8	4/12
4		Emma FOYT-GADE	SO	#2 UT Dallas	20.87m	68-5¾	4/12
5		Randi BECKHAM	SO	#2 UT Dallas	{2}20.47m	67-2	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



C2C

as of 4/15/2025 8:32:28 AM ET

## Women's 100 Meters

1	<b>10</b>	Yasmin DEANE	FR	<b>#4</b>	Mary Washington	<b>11.87</b>	(1.5)	<b>4/12</b>
2	<b>89</b>	Karia FORVIL	JR	<b>#3</b>	Salisbury	<b>12.36</b>	(-0.7)	3/29
3		Sophia REDMOND	JR	<b>#4</b>	Mary Washington	<b>12.40</b>	(1.1)	3/29
4		Amaya CUMMINS	SR	<b>#1</b>	UC Santa Cruz	<b>12.48w</b>	(2.1)	3/22
5		Marlyse HAACK	JR	<b>#3</b>	Salisbury	<b>12.61</b>	(-0.5)	4/5
6		Camille M. ANNEET	FR	<b>#1</b>	UC Santa Cruz	<b>12.62</b>	(1.3)	4/5
7		Lilly WILLIAMS	SO	<b>#3</b>	Salisbury	<b>12.73</b>	(1.4)	4/5
8		Emma CHRISTMAN	JR	<b>#3</b>	Salisbury	<b>12.86</b>	(1.4)	4/5
9		Isha KASANAGOTTU	JR	<b>#1</b>	UC Santa Cruz	<b>13.12</b>	(1.8)	3/22
10		Julie THOMAS	SO	<b>#3</b>	Salisbury	<b>13.15</b>	(-0.7)	3/29

## Women's 100 Meter Hurdles

1		Ellie NUCKOLS	SO	<b>#2</b>	Christopher New	<b>15.66</b>	(-0.7)	3/29
2		Brooke HAMER	SO	<b>#3</b>	Salisbury	<b>15.79</b>	(1.1)	3/15
3		Olivia L. MARINO	FR	<b>#1</b>	UC Santa Cruz	<b>16.04w</b>	(3.3)	3/1
4		Isha KASANAGOTTU	JR	<b>#1</b>	UC Santa Cruz	<b>16.24</b>	(1.4)	3/15
5		Akira JONES	SO	<b>#1</b>	UC Santa Cruz	<b>16.49</b>	(1.2)	3/22
6		Ashley ELEY	SO	<b>#2</b>	Christopher New	<b>16.60</b>	(-1.0)	4/5
7		Kennedy ATKINS	SO	<b>#3</b>	Salisbury	<b>16.62</b>	(1.1)	3/15
8		Hayden ADAMS	FR	<b>#3</b>	Salisbury	<b>17.18</b>	(1.1)	3/15
9		Alyssa WOHLFARTH	JR	<b>#3</b>	Salisbury	<b>17.38</b>	(1.6)	3/15
10		Kendal BROWN	FR	<b>#2</b>	Christopher New	<b>19.37</b>	(-3.2)	<b>4/12</b>

## Women's 200 Meters

1	<b>10</b>	Yasmin DEANE	FR	<b>#4</b>	Mary Washington	<b>24.42</b>	(-0.4)	4/5
2	<b>47</b>	Sydney TRUSSELL	SR	<b>#2</b>	Christopher New	<b>24.94</b>	(0.1)	<b>4/12</b>
3		Karia FORVIL	JR	<b>#3</b>	Salisbury	<b>25.48</b>	(-2.0)	3/29
4		Amaya CUMMINS	SR	<b>#1</b>	UC Santa Cruz	<b>25.88</b>	(1.8)	3/22
5		Sophia REDMOND	JR	<b>#4</b>	Mary Washington	<b>25.99</b>	(0.1)	<b>4/12</b>
6		Camille M. ANNEET	FR	<b>#1</b>	UC Santa Cruz	<b>26.39</b>	(0.1)	3/22
7		Emma SMYSER	FR	<b>#3</b>	Salisbury	<b>26.44</b>	(-0.8)	4/5
8		Lilly WILLIAMS	SO	<b>#3</b>	Salisbury	<b>26.46</b>	(1.3)	3/15
9		Marlyse HAACK	JR	<b>#3</b>	Salisbury	<b>27.05w</b>	(2.2)	3/8
10		Caitlin DONOVAN	SR	<b>#1</b>	UC Santa Cruz	<b>27.06</b>	(-0.8)	3/15

## Women's 400 Meters

1	<b>81</b>	Ellie NUCKOLS	SO	<b>#2</b>	Christopher New	<b>58.48</b>		<b>4/12</b>
2	<b>92</b>	Caitlin DONOVAN	SR	<b>#1</b>	UC Santa Cruz	<b>58.78</b>		3/22
3		Sydney TRUSSELL	SR	<b>#2</b>	Christopher New	<b>59.22</b>		3/29
4		Emma SMYSER	FR	<b>#3</b>	Salisbury	<b>59.36</b>		4/5
5		Mae STAFFORD	SO	<b>#1</b>	UC Santa Cruz	<b>1:00.19</b>		3/22
6		Esther A. KIM	FR	<b>#1</b>	UC Santa Cruz	<b>1:03.80</b>		4/5
7		Alicia DASALLA	JR	<b>#1</b>	UC Santa Cruz	<b>1:04.18</b>		3/1
8		Sandrine O. MARTINEZ	FR	<b>#1</b>	UC Santa Cruz	<b>1:04.85</b>		4/5
9		Carter FRENCH	SO	<b>#2</b>	Christopher New	<b>1:10.97</b>		<b>4/12</b>

## Women's 400 Meter Hurdles

1	<b>57</b>	Ellie NUCKOLS	SO	<b>#2</b>	Christopher New	<b>1:05.43</b>		<b>4/12</b>
2		Brooke HAMER	SO	<b>#3</b>	Salisbury	<b>1:07.38</b>		3/15
3		Alicia DASALLA	JR	<b>#1</b>	UC Santa Cruz	<b>1:08.72</b>		3/22
4		Aditi KAMBLE	SO	<b>#1</b>	UC Santa Cruz	<b>1:12.45</b>	{2}	4/5
5		Alyssa WOHLFARTH	JR	<b>#3</b>	Salisbury	<b>1:16.56</b>	{2}	3/29
6		Kendal BROWN	FR	<b>#2</b>	Christopher New	<b>1:19.48</b>	{2}	<b>4/12</b>

## Women's 800 Meters

1	<b>73</b>	Elena STANCIU	SO	<b>#1</b>	UC Santa Cruz	<b>2:16.92</b>		4/5
2		Lucia MUTHU	FR	<b>#1</b>	UC Santa Cruz	<b>2:18.11</b>	{2}	4/5
3		Sara TEITELBAUM	FR	<b>#1</b>	UC Santa Cruz	<b>2:18.37</b>	{3}	4/5
4		Rosey HARRIS	FR	<b>#1</b>	UC Santa Cruz	<b>2:21.30</b>	{4}	3/22
5		Sarah BLAND	FR	<b>#2</b>	Christopher New	<b>2:21.65</b>		4/5
6		Caitlin DONOVAN	SR	<b>#1</b>	UC Santa Cruz	<b>2:21.93</b>	{5}	4/5
7		Jordan ROBINSON	FR	<b>#1</b>	UC Santa Cruz	<b>2:22.50</b>	{6}	4/5
8		Adalyn PEREZ	JR	<b>#2</b>	Christopher New	<b>2:22.78</b>	{2}	<b>4/12</b>
9		Millie WEINHOLD	SR	<b>#2</b>	Christopher New	<b>2:22.92</b>	{3}	4/5
10		Eyaya FLETCHER	SO	<b>#4</b>	Mary Washington	<b>2:24.07</b>		3/29

## Women's 1500 Meters

1	<b>28</b>	Elena STANCIU	SO	<b>#1</b>	UC Santa Cruz	<b>4:35.14</b>		4/5
2	<b>59</b>	Lucia MUTHU	FR	<b>#1</b>	UC Santa Cruz	<b>4:39.99</b>	{2}	3/22
3	<b>65</b>	Sydney BOYD	SO	<b>#1</b>	UC Santa Cruz	<b>4:40.58</b>	{3}	4/5
4	<b>82</b>	Sara TEITELBAUM	FR	<b>#1</b>	UC Santa Cruz	<b>4:42.04</b>	{4}	4/5
5		Hanna HEKKANEN	SR	<b>#1</b>	UC Santa Cruz	<b>4:44.73</b>	{5}	3/22
6		Adalyn PEREZ	JR	<b>#2</b>	Christopher New	<b>4:49.69</b>		4/5
7		Helena JANKU	JR	<b>#1</b>	UC Santa Cruz	<b>4:50.48</b>	{6}	3/22
8		Jordan ROBINSON	FR	<b>#1</b>	UC Santa Cruz	<b>4:51.23</b>	{7}	4/5
9		Rosey HARRIS	FR	<b>#1</b>	UC Santa Cruz	<b>4:57.92</b>	{8}	3/15
10		Courtney MUDD	SO	<b>#2</b>	Christopher New	<b>4:58.34</b>	{2}	<b>4/12</b>

## Women's Steeplechase

1	<b>11</b>	Kenzie SEYMOUR	SO	<b>#1</b>	UC Santa Cruz	<b>10:52.21</b>		4/5
2		Sofia PLACIAS	SR	<b>#1</b>	UC Santa Cruz	<b>11:50.98</b>	{2}	3/22
3		Emma WIRZ	JR	<b>#1</b>	UC Santa Cruz	<b>12:02.65</b>	{3}	3/22
4		Leah SNYDER	JR	<b>#3</b>	Salisbury	<b>12:14.48</b>		3/15
5		Cheryl CHUANG	JR	<b>#1</b>	UC Santa Cruz	<b>12:28.99</b>	{4}	3/22

## Women's 5000 Meters

1	<b>45</b>	Anna BODMER	SO	<b>#3</b>	Salisbury	<b>17:21.36</b>		4/5
2	<b>55</b>	Kenzie SEYMOUR	SO	<b>#1</b>	UC Santa Cruz	<b>17:25.45</b>		3/22
3	<b>85</b>	Helena JANKU	JR	<b>#1</b>	UC Santa Cruz	<b>17:35.38</b>	{2}	4/5
4		Sydney BOYD	SO	<b>#1</b>	UC Santa Cruz	<b>17:44.63</b>	{3}	3/22
5		Ryanne REYNOLDS	SO	<b>#1</b>	UC Santa Cruz	<b>18:22.00</b>	{4}	3/22
6		Madi SISSON	JR	<b>#3</b>	Salisbury	<b>18:41.07</b>	{2}	4/5
7		Sarah DAKE	SO	<b>#2</b>	Christopher New	<b>18:42.33</b>		4/5
8		Kayla LOPEZ	SO	<b>#2</b>	Christopher New	<b>18:54.13</b>	{2}	4/5
9		Madison LORENZ	FR	<b>#1</b>	UC Santa Cruz	<b>19:02.71</b>	{5}	3/22
10		Lena BLAGG	FR	<b>#2</b>	Christopher New	<b>19:03.15</b>	{3}	<b>4/12</b>





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



C2C

as of 4/15/2025 8:32:28 AM ET

## Women's 10,000 Meters

1	47	Anna BODMER	SO	#3 Salisbury	37:36.28	3/15
2	93	Sarah DAKE	SO	#2 Christopher New	39:13.77	4/12
3		Madi SISSON	JR	#3 Salisbury	{2}39:43.09	3/15
4		Kayla LOPEZ	SO	#2 Christopher New	{2}39:43.76	4/12
5		Lena BLAGG	FR	#2 Christopher New	{3}42:09.42	3/29
6		Jessica OBERLIES	SR	#4 Mary Washington	42:26.65	4/12
7		Savannah TRICE	FR	#3 Salisbury	{3}43:19.34	3/15
8		Katherine STREETER	FR	#2 Christopher New	{4}43:24.68	3/29

## Women's 4x100 Relay

1	33	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil	#3 Salisbury	48.10	4/5
2	65	Yasmin Deane, Journey Mason, Jolene Adu, Sophia Redmond	#4 Mary Washington	49.00	3/29

## Women's 4x400 Relay

1	47	Lilly Williams, Marlyse Haack, Karia Forvil, Emma Smyser	#3 Salisbury	4:03.36	3/15
2	69	Camille M. Anneet, Amaya Cummins, Caitlin Donovan, Mae Stafford	#1 UC Santa Cruz	4:05.83	3/22
3		Josie Brumfield, Millie Weinhold, Didi Dasilva, Kayla Lopez	#2 Christopher New	4:36.52	3/29

## Women's High Jump

1	62	Eliza ZHENG	FR	#1 UC Santa Cruz	1.59m	5-2½	3/22
2	84	Celine L. CASTANEDA	FR	#1 UC Santa Cruz	{2}1.57m	5-1¾	3/15
3		Mikaylea HARPER- LOUIS	FR	#2 Christopher New	1.45m	4-9	4/12
4		Ellie NUCKOLS	SO	#2 Christopher New	{2}1.38m	4-6¼	3/29
4		Kendal BROWN	FR	#2 Christopher New	{2}1.38m	4-6¼	3/29
6		Hayden ADAMS	FR	#3 Salisbury	1.35m	4-5	3/8

## Women's Pole Vault

1		Emma SMYER	FR	#3 Salisbury	3.20m	10-6	3/8
2		Lily KNOWLES	SO	#2 Christopher New	3.10m	10-2	4/5
3		Allyson PETERSEN	SO	#1 UC Santa Cruz	2.93m	9-7¼	3/22
4		Elizabeth LACOMBE	SO	#2 Christopher New	{2}2.90m	9-6¼	4/12
5		Mackenzie TATE	JR	#2 Christopher New	{3}2.60m	8-6¼	4/12
6		Sofia DELROSSO- FREEMAN	JR	#3 Salisbury	{2}2.54m	8-4	3/29
7		Faith DYOGI	JR	#1 UC Santa Cruz	{2}2.30m	7-6½	3/1

## Women's Long Jump

1	37	Mia HILL	JR	#3 Salisbury	5.57m	18-3¼ (-0.9)	3/29
2	49	Ellie NUCKOLS	SO	#2 Christopher New	5.50m	18-½ (0.6)	4/5
3	68	Marlyse HAACK	JR	#3 Salisbury	{2}5.39m	17-8¼ (0.9)	3/8
4		Emma CHRISTMAN	JR	#3 Salisbury	{3}5.23m	17-2 (2.0)	3/15
5		Grace DAMEWOOD	SR	#2 Christopher New	{2}5.17m	16-11½ (0.0)	4/12
5		Ashley ELEY	SO	#2 Christopher New	{2}5.17m	16-11½ (0.0)	4/12
7		Celine L. CASTANEDA	FR	#1 UC Santa Cruz	4.95mw	16-3 (2.2)	3/15
8		Simone P. ASSAF	FR	#1 UC Santa Cruz	{2}4.88m	16-¼ (1.1)	3/1
9		Akira JONES	SO	#1 UC Santa Cruz	{3}4.86m	15-11½ (1.5)	3/1
10		Kennedy ATKINS	SO	#3 Salisbury	{4}4.82m	15-9¾ (1.2)	3/29

## Women's Triple Jump

1	36	Emma CHRISTMAN	JR	#3 Salisbury	11.37m	37-3¾ (1.1)	4/5
2	92	Marlyse HAACK	JR	#3 Salisbury	{2}10.90m	35-9¼ (-0.1)	3/29
3		D'Yan ROBINSON	SO	#2 Christopher New	10.68m	35-½ (0.3)	4/12
4		Alex KAPLAN	JR	#1 UC Santa Cruz	10.40mw	34-1½ (3.1)	3/1
5		Jolene ADU	FR	#4 Mary Washington	10.35m	33-11½ (0.0)	3/29
6		Grace DAMEWOOD	SR	#2 Christopher New	{2}10.30m	33-9½ (-2.2)	3/29
7		Alexandra GUZMAN	JR	#2 Christopher New	{3}10.28m	33-8¾ (0.0)	4/12
8		Celine L. CASTANEDA	FR	#1 UC Santa Cruz	{2}10.19m	33-5¼ (1.0)	4/5
9		Simone P. ASSAF	FR	#1 UC Santa Cruz	{3}9.93m	32-7 (0.0)	4/5
10		Arieon MCKOY	FR	#3 Salisbury	{3}9.87m	32-4¾ (-0.5)	3/8

## Women's Shot Put

1		Katherine STEVENS	SR	#2 Christopher New	11.67m	38-3½	3/29
2		Charlotte WALDEMAR	FR	#2 Christopher New	{2}10.31m	33-10	4/12
3		Rylee EHRETT	SO	#2 Christopher New	{3}10.20m	33-5¾	3/29
4		Kailey JARBOE	JR	#3 Salisbury	9.68m	31-9¼	3/29
5		Theresa OETGEN	SO	#4 Mary Washington	9.30m	30-6¼	3/29
6		Eleanor EUNGARD	JR	#2 Christopher New	{4}9.29m	30-5¼	4/12
7		Alexa FRICK	FR	#3 Salisbury	{2}9.26m	30-4¾	3/15
8		Whitney PORTER	JR	#1 UC Santa Cruz	9.19m	30-2	3/15
9		Jenna WEINGARD	FR	#3 Salisbury	{3}8.85m	29-½	3/29
10		Kennedy ATKINS	SO	#3 Salisbury	{4}8.10m	26-7	3/8

## Women's Discus

1	17	Katherine STEVENS	SR	#2 Christopher New	43.95m	144-3	4/12
2		Whitney PORTER	JR	#1 UC Santa Cruz	34.48m	113-2	3/15
3		Rylee EHRETT	SO	#2 Christopher New	{2}31.76m	104-3	4/12
4		Kailey JARBOE	JR	#3 Salisbury	30.99m	101-8	3/29
5		Alexa FRICK	FR	#3 Salisbury	{2}30.97m	101-7	3/29
6		Charlotte WALDEMAR	FR	#2 Christopher New	{3}28.72m	94-2¾	4/12
7		Kailey LEBA	SO	#1 UC Santa Cruz	{2}25.22m	82-9	3/15
8		Alyssa WOHLFARTH	JR	#3 Salisbury	{3}24.55m	80-6½	3/29
9		Eleanor EUNGARD	JR	#2 Christopher New	{4}22.73m	74-7	3/29
10		Jenna WEINGARD	FR	#3 Salisbury	{4}21.49m	70-6¼	3/29



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



C2C

as of 4/15/2025 8:32:28 AM ET

## Women's Hammer

1	21	Katherine STEVENS	SR	#2 Christopher New	50.61m	166-1	3/29
2		Rylee EHRETT	SO	#2 Christopher New	42.43m	139-3	3/29
3		Kailey JARBOE	JR	#3 Salisbury	38.76m	127-2	3/29
4		Charlotte WALDEMAR	FR	#2 Christopher New	35.20m	115-6	4/12
5		Alexa FRICK	FR	#3 Salisbury	32.09m	105-4	3/29
6		Eleanor EUNGARD	JR	#2 Christopher New	30.73m	100-10	3/29
7		Jenna WEINGARD	FR	#3 Salisbury	28.23m	92-7½	3/29
8		Kailey LEBA	SO	#1 UC Santa Cruz	27.65m	90-8¾	3/1
9		Whitney PORTER	JR	#1 UC Santa Cruz	25.64m	84-1½	3/1
10		Theresa OETGEN	SO	#4 Mary Washington	21.54m	70-8	3/29

## Women's Javelin

1		Kailey LEBA	SO	#1 UC Santa Cruz	31.64m	103-10	3/15
2		Hayden ADAMS	FR	#3 Salisbury	31.03m	101-10	3/15
3		Katherine STEVENS	SR	#2 Christopher New	29.02m	95-2½	3/29
4		Karia FORVIL	JR	#3 Salisbury	23.30m	76-5½	3/29
5		Whitney PORTER	JR	#1 UC Santa Cruz	22.98m	75-4¾	3/15
6		Alyssa WOHLFARTH	JR	#3 Salisbury	22.56m	74-¼	3/29
7		Kailey JARBOE	JR	#3 Salisbury	21.08m	69-2	3/29
8		Theresa OETGEN	SO	#4 Mary Washington	19.45m	63-9¾	4/12
9		Mackenzie TATE	JR	#2 Christopher New	18.85m	61-10¼	3/29
10		Alexa FRICK	FR	#3 Salisbury	17.45m	57-3	3/8



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



CCIW

as of 4/15/2025 8:32:28 AM ET

## Women's 100 Meters

1	<b>1</b>	Alyssa BUSKER	SR	<b>#2</b> Elmhurst	<b>11.63w</b>	(3.4)	3/30
2	<b>8</b>	Lauren MARSHALL	SR	<b>#2</b> Elmhurst	{2} <b>11.82w</b>	(2.7)	3/30
3	<b>22</b>	McKenzie RESER	SR	<b>#3</b> Augustana (Ill.)	<b>12.01</b>	(1.3)	4/5
4	<b>24</b>	Riana HAYES	JR	<b>#9</b> North Park	<b>12.04w</b>	(2.5)	4/5
5	<b>26</b>	De'Andranay CHISM	FR	<b>#8</b> Millikin	<b>12.05</b>	(1.6)	3/29
6	<b>46</b>	Meja LINDBERG	SO	<b>#9</b> North Park	{2} <b>12.20</b>	(1.8)	4/5
7	<b>70</b>	Allie DOCKINS	SR	<b>#1</b> North Central (Ill)	<b>12.31w</b>	(2.4)	3/29
8	<b>94</b>	Cora DEEMER	SO	<b>#3</b> Augustana (Ill.)	{2} <b>12.37</b>	(1.4)	<b>4/12</b>
9	100	Tiana GRADY	SO	<b>#2</b> Elmhurst	{3} <b>12.38</b>	(0.9)	4/5
10		Kyla MILLER	SR	<b>#1</b> North Central (Ill){2}	<b>12.42w</b>	(2.4)	3/29

## Women's 100 Meter Hurdles

1	<b>20</b>	Thea RING	JR	<b>#9</b> North Park	<b>14.42w</b>	(3.4)	3/29
2	<b>23</b>	Nakala NADEAU	SR	<b>#2</b> Elmhurst	<b>14.54</b>	(1.5)	<b>4/12</b>
3	<b>61</b>	Brooke GREAVES	FR	<b>#2</b> Elmhurst	{2} <b>15.08</b>	(1.5)	<b>4/12</b>
4		Tiana GRADY	SO	<b>#2</b> Elmhurst	{3} <b>15.40</b>	(1.5)	<b>4/12</b>
5		Anna ANDRETICH	SO	<b>#2</b> Elmhurst	{4} <b>15.45</b>	(1.5)	<b>4/12</b>
6		Denise PARTEE	SR	<b>#1</b> North Central (Ill)	<b>15.56</b>	(1.5)	<b>4/12</b>
7		Anna COTTER	SR	<b>#1</b> North Central (Ill){2}	<b>15.59</b>	(1.5)	<b>4/12</b>
7		Tara SCHAALMA	SO	<b>#4</b> Carthage	<b>15.59</b>	(1.8)	3/29
9		Isabella VALENTIN	FR	<b>#1</b> North Central (Ill){3}	<b>15.93</b>	(0.0)	<b>4/12</b>
10		Sally ELSEN	FR	<b>#6</b> Wheaton (Ill.)	<b>15.94</b>	(-1.3)	<b>4/12</b>

## Women's 200 Meters

1	<b>1</b>	Alyssa BUSKER	SR	<b>#2</b> Elmhurst	<b>23.66c</b>	(24.02) (0.4)	3/30
2	<b>8</b>	McKenzie RESER	SR	<b>#3</b> Augustana (Ill.)	<b>24.37</b>	(1.6)	4/5
3	<b>12</b>	Lindsey NOVAK	SR	<b>#1</b> North Central (Ill)	<b>24.43</b>	(1.5)	3/29
4	<b>13</b>	De'Andranay CHISM	FR	<b>#8</b> Millikin	<b>24.46</b>	(0.3)	<b>4/12</b>
5	<b>21</b>	Lauren MARSHALL	SR	<b>#2</b> Elmhurst	{2} <b>24.69</b>	(0.1)	4/5
6	<b>29</b>	Thea RING	JR	<b>#9</b> North Park	<b>24.81</b>	(0.1)	4/5
7	<b>37</b>	Riana HAYES	JR	<b>#9</b> North Park	{2} <b>24.87</b>	(0.0)	4/5
8	<b>88</b>	Tiana GRADY	SO	<b>#2</b> Elmhurst	{3} <b>25.29</b>	(-1.4)	<b>4/12</b>
9		Meja LINDBERG	SO	<b>#9</b> North Park	{3} <b>25.38</b>	(-1.4)	<b>4/12</b>
10		Carmela WOODS	SO	<b>#2</b> Elmhurst	{4} <b>25.47</b>	(-1.4)	<b>4/12</b>

## Women's 400 Meters

1	<b>4</b>	Lindsey NOVAK	SR	<b>#1</b> North Central (Ill)	<b>55.38</b>		4/5
2	<b>31</b>	Thea RING	JR	<b>#9</b> North Park	<b>56.91</b>		4/5
3	<b>38</b>	Carmela WOODS	SO	<b>#2</b> Elmhurst	<b>57.18</b>		<b>4/12</b>
4	<b>69</b>	Jordynn GRIFFIN	JR	<b>#5</b> Illinois Wesleyan	<b>58.21</b>		<b>4/12</b>
5		Alexandra REINHART	FR	<b>#5</b> Illinois Wesleyan{2}	<b>59.32</b>		3/29
6		Cali MINKIE	JR	<b>#1</b> North Central (Ill){2}	<b>59.44</b>		4/5
7		Isabella GONZALEZ	JR	<b>#5</b> Illinois Wesleyan{3}	<b>59.83</b>		3/29
8		Sadie RICHERT	JR	<b>#6</b> Wheaton (Ill.)	<b>59.88</b>		<b>4/12</b>
9		Jordyn VANSANTEN	JR	<b>#3</b> Augustana (Ill.)	<b>1:00.03</b>		4/5
10		Alivia HENKEL	FR	<b>#1</b> North Central (Ill){3}	<b>1:00.77</b>		3/29

## Women's 400 Meter Hurdles

1	<b>80</b>	Sally ELSEN	FR	<b>#6</b> Wheaton (Ill.)	<b>1:06.34</b>		<b>4/12</b>
2		Kira NELSON	SR	<b>#3</b> Augustana (Ill.)	<b>1:07.13</b>		<b>4/12</b>
3		Kelsey MOORE	FR	<b>#5</b> Illinois Wesleyan	<b>1:07.14</b>		<b>4/12</b>
4		Lauren OELKE	SR	<b>#3</b> Augustana (Ill.)	{2} <b>1:07.28</b>		<b>4/12</b>
5		Jasmine PICKETT	SO	<b>#2</b> Elmhurst	<b>1:07.35</b>		<b>4/12</b>
6		Tara SCHAALMA	SO	<b>#4</b> Carthage	<b>1:07.41</b>		4/5
7		Hannah HARRIS	FR	<b>#6</b> Wheaton (Ill.)	{2} <b>1:07.91</b>		<b>4/12</b>
8		Isabella VALENTIN	FR	<b>#1</b> North Central (Ill)	<b>1:08.19</b>		<b>4/12</b>
9		Charlotte ROSSI	FR	<b>#1</b> North Central (Ill){2}	<b>1:08.70</b>		<b>4/12</b>
10		Reilly BOYER	SO	<b>#1</b> North Central (Ill){3}	<b>1:08.98</b>		<b>4/12</b>

## Women's 800 Meters

1	<b>27</b>	Alexandra REINHART	FR	<b>#5</b> Illinois Wesleyan	<b>2:13.64</b>		<b>4/12</b>
2	<b>30</b>	Lina MAATOUK	SR	<b>#3</b> Augustana (Ill.)	<b>2:13.80</b>		<b>4/12</b>
3	<b>78</b>	Mackenzie HUBER	SR	<b>#5</b> Illinois Wesleyan{2}	<b>2:17.20</b>		<b>4/12</b>
4		Lauren HUBER	SR	<b>#5</b> Illinois Wesleyan{3}	<b>2:18.90</b>		<b>4/12</b>
5		Cire' SMITH	SO	<b>#1</b> North Central (Ill)	<b>2:20.91</b>		3/29
6		Molly ROBERTS	JR	<b>#2</b> Elmhurst	<b>2:22.34</b>		4/5
7		Nayeli VILLEGAS	SO	<b>#2</b> Elmhurst	{2} <b>2:23.11</b>		<b>4/12</b>
8		Brooklynn SWEIKAR	FR	<b>#8</b> Millikin	<b>2:23.25</b>		<b>4/12</b>
9		Olivia DURBIN	FR	<b>#1</b> North Central (Ill){2}	<b>2:23.51</b>		3/29
10		Emmaire MARINO	FR	<b>#6</b> Wheaton (Ill.)	<b>2:23.59</b>		<b>4/12</b>

## Women's 1500 Meters

1	<b>23</b>	Adriana CRABTREE	JR	<b>#5</b> Illinois Wesleyan	<b>4:33.77</b>		3/28
2		Ashley KACHURIK	SR	<b>#2</b> Elmhurst	<b>4:46.26</b>		4/5
3		Lina MAATOUK	SR	<b>#3</b> Augustana (Ill.)	<b>4:46.95</b>		4/5
4		Julia BENES	SR	<b>#1</b> North Central (Ill)	<b>4:51.43</b>		<b>4/12</b>
5		Molly ROBERTS	JR	<b>#2</b> Elmhurst	{2} <b>4:51.55</b>		4/5
6		Sarah QUINTANILLA	JR	<b>#6</b> Wheaton (Ill.)	<b>4:51.70</b>		<b>4/12</b>
7		Abby RICKARD	SO	<b>#6</b> Wheaton (Ill.)	{2} <b>4:53.02</b>		4/5
8		Kylie SMITH	SR	<b>#4</b> Carthage	<b>4:53.89</b>		4/5
9		Emma MCGRATH	SR	<b>#5</b> Illinois Wesleyan{2}	<b>4:55.43</b>		<b>4/12</b>
10		Jessie PAKASKI	JR	<b>#4</b> Carthage	{2} <b>4:57.08</b>		4/5

## Women's Steeplechase

1	<b>15</b>	Emma ODLE	SR	<b>#3</b> Augustana (Ill.)	<b>10:58.78</b>		3/28
2	<b>70</b>	Natalie FOPMA	SR	<b>#6</b> Wheaton (Ill.)	<b>11:30.91</b>		<b>4/12</b>
3	<b>79</b>	Ashley KACHURIK	SR	<b>#2</b> Elmhurst	<b>11:34.33</b>		<b>4/12</b>
4	<b>80</b>	Bethany SMEED	JR	<b>#1</b> North Central (Ill)	<b>11:34.39</b>		<b>4/12</b>
5	<b>96</b>	Lily LEBO	JR	<b>#6</b> Wheaton (Ill.)	{2} <b>11:40.57</b>		<b>4/12</b>
6		Esther BROWN	SR	<b>#2</b> Elmhurst	{2} <b>11:55.62</b>		<b>4/12</b>
7		Emma CECICH	JR	<b>#1</b> North Central (Ill){2}	<b>12:02.10</b>		<b>4/12</b>
8		Jessica SOLAR	SO	<b>#2</b> Elmhurst	{3} <b>12:03.96</b>		<b>4/12</b>
9		Paige RUNKLE	SR	<b>#1</b> North Central (Ill){3}	<b>12:13.99</b>		4/5
10		Elizabeth LABRIN	JR	<b>#6</b> Wheaton (Ill.)	{3} <b>12:16.83</b>		3/29



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	70	Emma ODLE	SR	#3 Augustana (Ill.)	17:30.05	4/12
2		Caroline STETINA	SR	#6 Wheaton (Ill.)	17:46.06	4/12
3		Annalese CHUDY	SR	#5 Illinois Wesleyan	17:46.82	4/12
4		Ashley KACHURIK	SR	#2 Elmhurst	18:07.00	3/28
5		Sophia HUBER	SO	#6 Wheaton (Ill.) {2}	18:10.67	4/5
6		Sarah QUINTANILLA	JR	#6 Wheaton (Ill.) {3}	18:19.83	4/5
7		Julia BENES	SR	#1 North Central (Ill)	18:23.17	3/29
8		Lily LEBO	JR	#6 Wheaton (Ill.) {4}	18:24.40	4/5
9		Kylie SMITH	SR	#4 Carthage	18:26.00	4/12
10		Lily ANDERSON	SO	#1 North Central (Ill){2}	18:35.15	4/12

## Women's 10,000 Meters

1	31	Annalese CHUDY	SR	#5 Illinois Wesleyan	36:52.47	3/28
2		Lily ANDERSON	SO	#1 North Central (Ill)	39:40.70	3/29
3		Natalie NESTLER	SR	#1 North Central (Ill){2}	40:52.95	4/5
4		Katie JERBI	JR	#4 Carthage	43:16.98	4/5

## Women's 4x100 Relay

1	1	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker	#2 Elmhurst	45.73	4/12
2	6	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg	#9 North Park	46.49	4/12
3	41	Katarina Petrovic, Olivia Skibinski, Isabella Gonzalez, Imani Ogunribido	#5 Illinois Wesleyan	48.26	4/12
4	47	Shakira Wade, McKenzie Reser, Cora Deemer, Jordyn VanSanten	#3 Augustana (Ill.)	48.40	4/12
5	54	Kyla Miller, Faith Ladin, Cali Minkie, Lindsey Novak	#1 North Central (Ill)	48.69	4/12
6	74	Sadie Richert, Hannah Harris, Grace Crowder, Heidi Krekelberg	#6 Wheaton (Ill.)	49.21	4/12
7		Alexis Wike, Zena Roberts, Alayna Schultz, Mikayla Cowart-Toral	#8 Millikin	50.08	4/4

## Women's 4x400 Relay

1	18	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#3 Augustana (Ill.)	3:55.00	4/5
2	26	Isabella Gonzalez, Lauren Huber, Alexandra Reinhart, Jordynn Griffin	#5 Illinois Wesleyan	3:57.84	4/12
3	31	Carmela Woods, Alyssa Busker, Sadie Hartmann, Nayeli Villegas	#2 Elmhurst	3:58.85	4/5
4	70	Alayna Schultz, Brooklynn Sweikar, Audrey Remole, De'Andranay Chism	#8 Millikin	4:06.33	4/12
5	98	Reilly Boyer, Cire' Smith, Alivia Henkel, Kyla Miller	#1 North Central (Ill)	4:10.75	4/5
6		Sally Elsen, Sadie Richert, Olivia Kiddy, Hannah Harris	#6 Wheaton (Ill.)	4:11.45	4/5
7		Mandy Nelson, Tara Schaalma, Noelle Marsh, Kristin Farabaugh	#4 Carthage	4:12.00	3/29
8		Rianna Schultz, Addison Weber, Hana Smith, Rebekah Buboltz	#7 Carroll (Wis.)	4:13.24	4/12

## Women's High Jump

1	16	Grace CROWDER	SO	#6 Wheaton (Ill.)	1.64m	5-4½	4/5
2	38	Hannah SAGO	JR	#8 Millikin	1.60m	5-3	3/29
3	91	Clare WHITNEY	FR	#7 Carroll (Wis.)	1.56m	5-1¼	4/12
3	91	Angelina CAMACI	JR	#2 Elmhurst	1.56m	5-1¼	4/5
5		Lauren HUBER	SR	#5 Illinois Wesleyan	1.55m	5-1	4/12
6		Pola KUBRAK	SR	#1 North Central (Ill)	1.54m	5-½	3/29
6		Teagan JOHNSTON	SR	#4 Carthage	1.54m	5-½	3/29
8		Caylah BOYD	SO	#2 Elmhurst {2}	1.53m	5-¼	4/12
8		Brooke GREAVES	FR	#2 Elmhurst {2}	1.53m	5-¼	4/12
8		Audrey REMOLE	SO	#8 Millikin {2}	1.53m	5-¼	4/12

## Women's Pole Vault

1	2	Gwen BERENYI	JR	#1 North Central (Ill)	4.03m	13-2½	3/29
2	39	Natalie JOHNSON	SR	#1 North Central (Ill){2}	3.51m	11-6¼	3/29
3	65	Kate WEBER	JR	#2 Elmhurst	3.40m	11-1¾	4/5
4	78	Cora HELLER	FR	#3 Augustana (Ill.)	3.35m	10-11¾	4/5
5		Haylee YELLE	JR	#8 Millikin	3.15m	10-4	4/4
6		Jillian BENEKE	FR	#1 North Central (Ill){3}	3.10m	10-2	4/5
7		Ariana RIVERA	SR	#1 North Central (Ill){4}	3.06m	10-½	3/29
7		Ashtin ROY	SO	#6 Wheaton (Ill.)	3.06m	10-½	3/29
9		Sophia BACZAK	FR	#5 Illinois Wesleyan	3.00m	9-10	4/12
10		Grace TINDER	SR	#7 Carroll (Wis.)	2.90m	9-6¼	4/12





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## Women's Long Jump

1	23	Chloe SELMER	FR	#2 Elmhurst	5.64m	18-6 (1.1)	4/12
2	24	Paulina TINAJERO	SO	#2 Elmhurst	{2}5.63m	18-5¾ (0.0)	4/12
3	25	Christina HALL	JR	#4 Carthage	5.62m	18-5¼ (1.1)	3/28
4	33	Katelyn MCCANN	JR	#1 North Central (Ill.)	5.59m	18-4¼ (1.8)	3/29
5	44	Vanessa CARR	JR	#2 Elmhurst	{3}5.51m	18-1 (0.0)	4/12
6	53	Thea RING	JR	#9 North Park	5.45m	17-10¾ (0.5)	4/5
7	55	Lauren MARSHALL	SR	#2 Elmhurst	{4}5.44m	17-10¼ (0.0)	4/12
8	81	Teagan JOHNSTON	SR	#4 Carthage	{2}5.35mw	17-6¾ (2.4)	3/29
9		Anna COTTER	SR	#1 North Central (Ill.)	{2}5.24m	17-2¼ (1.8)	3/29
9		Sherlyn CARRASCO	FR	#2 Elmhurst	{5}5.24m	17-2¼ (1.7)	4/5

## Women's Triple Jump

1	12	Imani OGUNRIBIDO	SO	#5 Illinois Wesleyan	11.81m	38-9 (1.7)	3/28
2	33	Abbie LAYNE	SO	#1 North Central (Ill.)	11.44m	37-6½ (0.5)	4/12
3	41	Chloe SELMER	FR	#2 Elmhurst	11.34m	37-2½ (1.0)	4/12
4	48	Francesca SMITH	SR	#5 Illinois Wesleyan	{2}11.23m	36-10¼ (1.6)	3/29
5	55	Paulina TINAJERO	SO	#2 Elmhurst	{2}11.15m	36-7 (-1.3)	4/5
6	59	Vanessa CARR	JR	#2 Elmhurst	{3}11.12m	36-5¾ (1.9)	4/12
7	98	Leona AGYEMANG	FR	#1 North Central (Ill.)	{2}10.87m	35-8 (-0.6)	4/5
8		Tara SCHAALMA	SO	#4 Carthage	10.84m	35-6¾ (1.5)	3/29
9		Anna ANDRETICH	SO	#2 Elmhurst	{4}10.79m	35-4¾ (-1.7)	4/5
10		Elizabeth HAYES	SO	#3 Augustana (Ill.)	10.70mw	35-1¼ (3.9)	4/5

## Women's Shot Put

1	7	Maria FALK	SR	#7 Carroll (Wis.)	13.83m	45-4½	4/5
2	15	Vanessa Uitenbroek	SR	#7 Carroll (Wis.)	{2}13.43m	44-¾	4/5
3	19	Mikayla WRIGHT	SR	#4 Carthage	13.27m	43-6½	4/5
4	22	Madison PAYNE	JR	#4 Carthage	{2}13.21m	43-4¼	4/12
5	38	Alexis MATTOX	SR	#4 Carthage	{3}12.75m	41-10	3/29
6	42	Jackie TUZIL	JR	#4 Carthage	{4}12.70m	41-8	3/29
7	53	Lillian TOWNSEND	SO	#4 Carthage	{5}12.57m	41-3	4/12
8	74	Heather Michalski	SR	#3 Augustana (Ill.)	12.25m	40-2¼	4/12
9	85	Bridget WUNDERLICH	SR	#3 Augustana (Ill.)	{2}12.14m	39-10	4/12
10		Lauryn MOORE	SO	#5 Illinois Wesleyan	11.88m	38-11¾	4/12

## Women's Discus

1	3	Charlotte FRERE	JR	#3 Augustana (Ill.)	48.24m	158-3	4/12
2	7	Vanessa Uitenbroek	SR	#7 Carroll (Wis.)	46.04m	151-1	4/12
3	9	Nicole TARPLEY	SR	#4 Carthage	45.61m	149-8	4/5
4	19	Jackie TUZIL	JR	#4 Carthage	{2}43.80m	143-9	4/5
5	64	Heather Michalski	SR	#3 Augustana (Ill.)	{2}40.14m	131-9	4/5
6		Amanda MELTON	JR	#1 North Central (Ill.)	38.40m	126-0	4/12
6		Arianna TEICHMAN	SR	#1 North Central (Ill.)	38.40m	126-0	4/12
8		Gabrielle HARDING	SR	#1 North Central (Ill.)	{3}37.98m	124-7	4/5
9		Lillian TOWNSEND	SO	#4 Carthage	{3}37.73m	123-10	4/12
10		Allison ROOZEBOOM	FR	#6 Wheaton (Ill.)	37.36m	122-7	4/12

## Women's Hammer

1	6	Carlyssa KING	SR	#5 Illinois Wesleyan	53.94m	177-0	4/12
2	13	Alexis MATTOX	SR	#4 Carthage	51.39m	168-7	3/29
3	15	Nicole TARPLEY	SR	#4 Carthage	{2}51.09m	167-8	4/5
4	17	Vanessa Uitenbroek	SR	#7 Carroll (Wis.)	50.87m	166-11	4/5
5	34	Gabrielle HARDING	SR	#1 North Central (Ill.)	49.70m	163-1	4/12
6	74	Arianna TEICHMAN	SR	#1 North Central (Ill.)	{2}46.37m	152-2	4/12
7	93	Charlotte FRERE	JR	#3 Augustana (Ill.)	45.56m	149-6	4/5
8		Caroline PLASIL	SO	#7 Carroll (Wis.)	{2}45.20m	148-4	4/12
9		Madison PAYNE	JR	#4 Carthage	{3}44.39m	145-8	4/12
10		Grace PEQUIGNOT	SO	#7 Carroll (Wis.)	{3}44.38m	145-7	4/12

## Women's Javelin

1	4	Heather MICHALSKI	SR	#3 Augustana (Ill.)	43.13m	141-6	4/12
2	6	Faith LADIN	SR	#1 North Central (Ill.)	42.01m	137-10	4/5
3	22	Laina NELSON	SO	#3 Augustana (Ill.)	{2}39.67m	130-2	3/29
4	47	Robin LEE	SR	#1 North Central (Ill.)	{2}37.29m	122-4	4/12
5	69	Caitlin MCCANE	SR	#5 Illinois Wesleyan	36.43m	119-6	4/12
6	85	Lauren HUBER	SR	#5 Illinois Wesleyan	{2}35.93m	117-11	4/12
7		Carmella LANGE	SR	#4 Carthage	34.38m	112-10	3/29
8		Anna COTTER	SR	#1 North Central (Ill.)	{3}33.89m	111-2	3/29
9		Madison PAYNE	JR	#4 Carthage	{2}33.75m	110-9	3/29
10		Teagan JOHNSTON	SR	#4 Carthage	{3}33.45m	109-9	4/12

## Women's Heptathlon

1	90	Ashley WOJCIECHOWSKI	SO	#7 Carroll (Wis.)	2,790	4/12
2	100	Savannah KRZYKOWSKI	SR	#7 Carroll (Wis.)	{2}2,457	4/12
3		Isabel ASUMENDI	FR	#7 Carroll (Wis.)	{3}2,249	4/12



## Conference TFRI Event Summary



CCS

as of 4/15/2025 8:32:28 AM ET

## Women's 100 Meters

1	<b>63</b>	Kimona HAYNES	JR	#5 Belhaven (Miss.)	<b>12.27</b>	(1.2)	3/9
2		Jakia JOINER	SO	#5 Belhaven (Miss.) {2}	<b>12.48</b>	(1.2)	3/9
3		Ashaunti JONES	SR	#5 Belhaven (Miss.) {3}	<b>12.84</b>	(1.2)	3/9
4		Allison CANTRELL	SO	#1 Piedmont	<b>13.09w</b>	(2.8)	3/15
5		Keyuna PEEBLES	SO	#1 Piedmont {2}	<b>13.12</b>	(1.2)	<b>4/12</b>
6		Emma CHRISTENSEN	SR	#2 Covenant	<b>13.18</b>	(1.2)	<b>4/12</b>
7		Annesha GREER	SR	#5 Belhaven (Miss.) {4}	<b>13.32</b>	(-1.4)	3/22
8		Alana RODRIGUEZ	SO	#3 Maryville (Tenn.)	<b>13.37w</b>	(2.1)	3/9
9		Harmonee KING	FR	#3 Maryville (Tenn.) {2}	<b>13.46</b>	(1.2)	<b>4/12</b>
10		Nariah TRAVIS	FR	#6 Huntingdon (Ala)	<b>13.47</b>	(1.6)	3/9

## Women's 100 Meter Hurdles

1		Michelle CATES	JR	#1 Piedmont	<b>16.41w</b>	(2.8)	3/9
2		Maggie HIGDON	FR	#4 Asbury (Ky.)	<b>16.46w</b>	(2.5)	3/29
3		Sara BJERKE	FR	#1 Piedmont {2}	<b>17.04w</b>	(2.8)	3/9
4		Mya FARMER	FR	#6 Huntingdon (Ala)	<b>17.05</b>	(1.9)	<b>4/12</b>
5		Mariah THORNTON	FR	#3 Maryville (Tenn.)	<b>17.78</b>	(1.4)	<b>4/12</b>
6		Anna FREEMAN	FR	#1 Piedmont {3}	<b>19.73w</b>	(3.6)	3/22
7		Cosette MELOON	FR	#4 Asbury (Ky.) {2}	<b>21.03</b>	(1.2)	3/29
8		Aleah VESS	SR	#6 Huntingdon (Ala) {2}	<b>22.38w</b>	(2.7)	4/5

## Women's 200 Meters

1	<b>27</b>	Kimona HAYNES	JR	#5 Belhaven (Miss.)	<b>24.80</b>	(1.5)	3/9
2		Ashaunti JONES	SR	#5 Belhaven (Miss.) {2}	<b>25.48</b>	(1.5)	3/9
3		Taylor FAKES	SO	#5 Belhaven (Miss.) {3}	<b>26.86</b>	(2.0)	<b>4/12</b>
4		Nariah TRAVIS	FR	#6 Huntingdon (Ala)	<b>27.31</b>	(1.2)	4/5
5		Alana RODRIGUEZ	SO	#3 Maryville (Tenn.)	<b>27.37w</b>	(2.4)	<b>4/12</b>
6		Allison CANTRELL	SO	#1 Piedmont	<b>27.42</b>	(0.2)	3/15
7		Daehla SMITH	SR	#2 Covenant	<b>27.64</b>	(1.4)	<b>4/12</b>
8		Kallee COOPER	FR	#4 Asbury (Ky.)	<b>27.72</b>	(-3.3)	3/22
9		Emma CHRISTENSEN	SR	#2 Covenant {2}	<b>27.74</b>	(-0.4)	4/5
10		Keyuna PEEBLES	SO	#1 Piedmont {2}	<b>27.87</b>	(0.6)	4/5

## Women's 400 Meters

1	<b>12</b>	Ashaunti JONES	SR	#5 Belhaven (Miss.)	<b>55.99</b>		3/22
2	<b>14</b>	Kimona HAYNES	JR	#5 Belhaven (Miss.) {2}	<b>56.16</b>		3/22
3		Kallee COOPER	FR	#4 Asbury (Ky.)	<b>1:02.21</b>		3/22
4		Josephine SWINBURNSON	FR	#2 Covenant	<b>1:02.65</b>		3/22
5		Alana RODRIGUEZ	SO	#3 Maryville (Tenn.)	<b>1:04.05</b>		3/22
6		Tanea DAVIS	JR	#1 Piedmont	<b>1:04.09</b>		<b>4/12</b>
7		Sophia VELLECO	FR	#2 Covenant {2}	<b>1:04.26</b>		3/22
8		Nariah TRAVIS	FR	#6 Huntingdon (Ala)	<b>1:04.38</b>		3/15
9		Kate SMITH	SR	#6 Huntingdon (Ala) {2}	<b>1:05.08</b>		3/22
10		Brooke O'CARROLL	JR	#4 Asbury (Ky.) {2}	<b>1:05.52</b>		3/22

## Women's 400 Meter Hurdles

1		Michelle CATES	JR	#1 Piedmont	<b>1:08.71</b>		3/15
2		Bella CACCAMO	JR	#1 Piedmont {2}	<b>1:11.86</b>		<b>4/12</b>
3		Paige ASHER	FR	#4 Asbury (Ky.)	<b>1:18.95</b>		<b>4/11</b>
4		Mariah THORNTON	FR	#3 Maryville (Tenn.)	<b>1:19.12</b>		3/22
5		Cosette MELOON	FR	#4 Asbury (Ky.) {2}	<b>1:22.93</b>		<b>4/11</b>
6		Mya FARMER	FR	#6 Huntingdon (Ala)	<b>1:25.65</b>		4/5
7		Brhea COVINGTON	SO	#1 Piedmont {3}	<b>1:31.54</b>		3/15

## Women's 800 Meters

1		Bailey GASSMANN	SO	#4 Asbury (Ky.)	<b>2:21.68</b>		3/22
2		Evangelia BERRY	SO	#2 Covenant	<b>2:26.66</b>		<b>4/12</b>
3		Sarah OLSON	SO	#2 Covenant {2}	<b>2:26.90</b>		4/5
4		Brooke O'CARROLL	JR	#4 Asbury (Ky.) {2}	<b>2:27.58</b>		3/22
5		Bella CACCAMO	JR	#1 Piedmont	<b>2:28.28</b>		3/15
6		Kate SMITH	SR	#6 Huntingdon (Ala)	<b>2:31.45</b>		<b>4/12</b>
7		Sophia VELLECO	FR	#2 Covenant {3}	<b>2:33.54</b>		<b>4/12</b>
8		Adyson MATTINGLY	FR	#4 Asbury (Ky.) {3}	<b>2:33.97</b>		4/5
9		Kenzi STAPLETON	FR	#2 Covenant {4}	<b>2:34.35</b>		4/5
10		Tanea DAVIS	JR	#1 Piedmont {2}	<b>2:35.37</b>		4/5

## Women's 1500 Meters

1		Bailey GASSMANN	SO	#4 Asbury (Ky.)	<b>4:52.31</b>		4/5
2		Evangelia BERRY	SO	#2 Covenant	<b>4:57.77</b>		4/5
3		Kenzi STAPLETON	FR	#2 Covenant {2}	<b>5:09.16</b>		3/28
4		Sarah OLSON	SO	#2 Covenant {3}	<b>5:09.54</b>		3/28
5		Skyler SEEGER	JR	#1 Piedmont	<b>5:14.12</b>		3/15
6		Brooke O'CARROLL	JR	#4 Asbury (Ky.) {2}	<b>5:17.50</b>		3/29
7		Emerson TILLERY	SO	#2 Covenant {4}	<b>5:17.62</b>		3/28
8		Michaela MOORE	SO	#6 Huntingdon (Ala)	<b>5:22.48</b>		3/22
9		Kate SMITH	SR	#6 Huntingdon (Ala) {2}	<b>5:23.02</b>		<b>4/12</b>
10		Bella CACCAMO	JR	#1 Piedmont {2}	<b>5:23.05</b>		3/9

## Women's Steeplechase

1		Skyler SEEGER	JR	#1 Piedmont	<b>12:05.80</b>		3/22
2		Brhea COVINGTON	SO	#1 Piedmont {2}	<b>14:17.13</b>		<b>4/12</b>
3		RaeEllen COFFEY	FR	#3 Maryville (Tenn.)	<b>17:15.34</b>		<b>4/12</b>
4		Kaitlyn SMITH	FR	#3 Maryville (Tenn.) {2}	<b>17:26.29</b>		<b>4/12</b>

## Women's 5000 Meters

1		Evangelia BERRY	SO	#2 Covenant	<b>18:22.22</b>		<b>4/12</b>
2		Bailey GASSMANN	SO	#4 Asbury (Ky.)	<b>18:35.91</b>		3/22
3		Skyler SEEGER	JR	#1 Piedmont	<b>18:36.94</b>		<b>4/12</b>
4		Emerson TILLERY	SO	#2 Covenant {2}	<b>18:48.25</b>		<b>4/12</b>
5		Sarah OLSON	SO	#2 Covenant {3}	<b>19:40.28</b>		<b>4/12</b>
6		Kenzi STAPLETON	FR	#2 Covenant {4}	<b>19:41.05</b>		<b>4/12</b>
7		Ashley DAVIDSON	SO	#5 Belhaven (Miss.)	<b>20:14.50</b>		<b>4/12</b>
8		JoAnna CORNETTE	FR	#5 Belhaven (Miss.) {2}	<b>20:24.21</b>		<b>4/12</b>
9		Ava MILLER	JR	#4 Asbury (Ky.) {2}	<b>20:41.04</b>		3/22
10		Greta MCLEAN	FR	#2 Covenant {5}	<b>20:41.31</b>		3/22



## Conference TFRI Event Summary



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## Women's 10,000 Meters

1	78	Skyler SEEBER	JR	#1	Piedmont	38:41.48	4/5
2	96	Evangelia BERRY	SO	#2	Covenant	39:19.22	3/15
3		Emerson TILLERY	SO	#2	Covenant	{2}40:30.46	3/15
4		Sarah OLSON	SO	#2	Covenant	{3}41:12.58	3/22
5		Megan SHINN	FR	#3	Maryville (Tenn.)	43:55.92	4/12

## Women's 4x100 Relay

1		Daehla Smith, Josephine Swinburnson, Sophia Velleco, Emma Christensen		#2	Covenant	51.89	4/12
2		Ambria Mack, Brihanna Basil, Kallee Cooper, Paige Asher		#4	Asbury (Ky.)	52.55	3/22
3		#Type!		#3	Maryville (Tenn.)	53.74	4/12

## Women's 4x400 Relay

1	96	Courtney Adams, Myisha Turner, Bre Taylor, JoAnna Cornette		#5	Belhaven (Miss.)	4:10.32	4/12
2		Michelle Cates, Bella Caccamo, Tanea Davis, Allison Cantrell		#1	Piedmont	4:22.65	3/15
3		Ambria Mack, Kallee Cooper, Brooke O'Carroll, Bailey Gassmann		#4	Asbury (Ky.)	4:22.76	3/22
4		#Type!		#6	Huntingdon (Ala)	4:49.56	3/9

## Women's High Jump

1	71	Emma CHRISTENSEN	SR	#2	Covenant	1.58m	5-2¼	3/22
2		Mikayla RICCIO	FR	#4	Asbury (Ky.)	1.52m	4-11¾	3/22
3		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	1.50m	4-11	3/22
4		Aleah VESS	SR	#6	Huntingdon (Ala)	1.40m	4-7	3/1
4		Sara BJERKE	FR	#1	Piedmont	1.40m	4-7	3/29
6		Tanea DAVIS	JR	#1	Piedmont	{2}1.36m	4-5½	4/12
6		Sarah HOLLER	SR	#2	Covenant	{2}1.36m	4-5½	4/12
6		Bella CACCAMO	JR	#1	Piedmont	{2}1.36m	4-5½	4/12

## Women's Pole Vault

1		Sarah HOLLER	SR	#2	Covenant	2.92m	9-7	4/12
2		Haley MCLEER	FR	#1	Piedmont	2.80m	9-2¼	4/5
3		Emma GROFF	FR	#4	Asbury (Ky.)	2.77m	9-1	4/5
4		Ja'Nia GRAY	FR	#1	Piedmont	{2}2.23m	7-3¾	3/9

## Women's Long Jump

1		Allison CANTRELL	SO	#1	Piedmont	5.04m	16-6½ (0.9)	3/15
2		Jakia JOINER	SO	#5	Belhaven (Miss.)	4.88m	16-¼ (0.9)	3/9
3		Jamia MADDOX	SO	#5	Belhaven (Miss.)	{2}4.82m	15-9¾ (0.0)	4/12
4		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	4.74m	15-6¾ (0.3)	3/29
5		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	{2}4.71m	15-5½ (0.0)	4/12
6		Tierra KELLY	FR	#5	Belhaven (Miss.)	{3}4.62m	15-2 (1.9)	4/12
7		Sara BJERKE	FR	#1	Piedmont	{2}4.50m	14-9¾ (1.3)	3/22
8		Josephine SWINBURNSON	FR	#2	Covenant	4.49m	14-8¾ (0.3)	4/12
9		Elie BERNDT	FR	#2	Covenant	{2}4.45m	14-7¼ (0.6)	4/12
10		Ileyna BROOKS	SR	#1	Piedmont	{3}4.40m	14-5¼ (0.0)	4/12

## Women's Triple Jump

1	31	Jakia JOINER	SO	#5	Belhaven (Miss.)	11.45m	37-6¾ (0.0)	3/1
2	70	Natalie BLACK	FR	#5	Belhaven (Miss.)	{2}11.01m	36-1½ (0.0)	3/1
3		Emma CHRISTENSEN	SR	#2	Covenant	10.15m	33-3¾ (-0.1)	3/22
4		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	9.89m	32-5½ (0.0)	4/12
5		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	{2}9.69m	31-9½ (0.0)	4/12
6		Elie BERNDT	FR	#2	Covenant	{2}9.63m	31-7¼ (1.9)	4/5
7		Caroline PRESTON	SR	#4	Asbury (Ky.)	9.53m	31-3¾ (1.6)	4/11
8		Emma GROFF	FR	#4	Asbury (Ky.)	{2}8.83m	28-11¾ (1.1)	4/11

## Women's Shot Put

1		Kayla WARD	SO	#1	Piedmont	11.20m	36-9	3/9
2		Abbey COX	FR	#3	Maryville (Tenn.)	11.17m	36-7¾	4/4
3		Rachel DUNBAR	FR	#3	Maryville (Tenn.)	{2}11.00m	36-1¼	4/4
4		Sophia WIERSEMA	JR	#2	Covenant	10.41m	34-2	3/28
5		Trinity TREADWAY	SO	#6	Huntingdon (Ala)	9.92m	32-6½	3/9
6		Kailyn THOMAS	SR	#1	Piedmont	{2}9.49m	31-1¾	3/29
7		Maddy MCCLELLAN	SO	#3	Maryville (Tenn.)	{3}9.30m	30-6¼	3/29
8		Tyrika SMALL	SO	#3	Maryville (Tenn.)	{4}9.17m	30-1	3/22
9		Adaline CLOUSE	JR	#3	Maryville (Tenn.)	{5}9.13m	29-11½	4/4
10		Taylor HOPGOOD	SO	#5	Belhaven (Miss.)	8.92m	29-3¾	4/3

## Women's Discus

1	74	Allie FELTUS	SR	#1	Piedmont	39.64m	130-1	4/12
2		Abbey COX	FR	#3	Maryville (Tenn.)	36.39m	119-5	3/29
3		Taylor SAVAGE	JR	#5	Belhaven (Miss.)	35.65m	117-0	3/22
4		Shealee GALLEGOS	SO	#1	Piedmont	{2}35.38m	116-1	3/22
5		Taylor HOPGOOD	SO	#5	Belhaven (Miss.)	{2}34.50m	113-2	4/3
6		Kayla WARD	SO	#1	Piedmont	{3}30.54m	100-3	4/12
7		Kailyn THOMAS	SR	#1	Piedmont	{4}30.42m	99-9¾	3/29
8		Trinity TREADWAY	SO	#6	Huntingdon (Ala)	29.39m	96-5¼	3/15
9		Rachel DUNBAR	FR	#3	Maryville (Tenn.)	{2}28.10m	92-2¼	4/4
10		August PRICE	SO	#4	Asbury (Ky.)	27.16m	89-1¼	3/29



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



CCS

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## Women's Hammer

1	Kailyn THOMAS	SR	#1 Piedmont	43.37m	142-4	3/15
2	Abbey COX	FR	#3 Maryville (Tenn.)	39.28m	128-11	4/4
3	Allie FELTUS	SR	#1 Piedmont	{2}38.01m	124-9	4/5
4	Bonnie LAUDERBACK	SO	#3 Maryville (Tenn.)	{2}36.92m	121-2	3/29
5	Shealee GALLEGOS	SO	#1 Piedmont	{3}35.23m	115-7	3/15
6	Kayla WARD	SO	#1 Piedmont	{4}35.08m	115-1	3/29
7	Maddy MCCLELLAN	SO	#3 Maryville (Tenn.)	{3}33.12m	108-8	4/4
8	August PRICE	SO	#4 Asbury (Ky.)	32.17m	105-7	3/29
9	Tyrika SMALL	SO	#3 Maryville (Tenn.)	{4}32.02m	105-1	4/4
10	Trinity TREADWAY	SO	#6 Huntingdon (Ala)	31.81m	104-5	4/5

## Women's Javelin

1	Sophia WIERSEMA	JR	#2 Covenant	30.72m	100-10	3/28
2	Emma CHRISTENSEN	SR	#2 Covenant	{2}30.63m	100-6	3/28
3	Allie FELTUS	SR	#1 Piedmont	28.67m	94-¾	4/12
4	Ileyna BROOKS	SR	#1 Piedmont	{2}27.87m	91-5¼	4/5
5	Bonnie LAUDERBACK	SO	#3 Maryville (Tenn.)	25.11m	82-4¾	3/29
6	Adaline CLOUSE	JR	#3 Maryville (Tenn.)	{2}24.30m	79-8¾	4/4
7	August PRICE	SO	#4 Asbury (Ky.)	23.89m	78-4½	4/5
8	Anna Belle KING	FR	#1 Piedmont	{3}23.24m	76-3	3/15
9	Trinity TREADWAY	SO	#6 Huntingdon (Ala)	23.21m	76-1¾	4/12
10	Elie BERNDT	FR	#2 Covenant	{3}23.04m	75-7¼	4/12

## Women's Heptathlon

1	Aleah VESS	SR	#6 Huntingdon (Ala)	1,581	4/5
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## Centennial

as of 4/15/2025 8:32:29 AM ET

### Women's 100 Meters

1	32	Mirra KLIMOV	JR	#1 Johns Hopkins	12.13	(1.4)	4/5
2	44	Erin OLSAVSKY	JR	#2 Dickinson	12.19w	(3.0)	3/29
3	76	Maya RICHWINE	SO	#7 Muhlenberg	12.32w	(2.8)	4/14
4	100	Ellie LEWIS	SO	#1 Johns Hopkins {2}	12.38	(1.8)	4/5
5		Bella JOHNSON	FR	#6 Franklin & Marsh	12.75	(1.5)	4/12
5		Claire WANG	JR	#1 Johns Hopkins {3}	12.75	(1.7)	4/5
7		Anna ZINSSER	SR	#1 Johns Hopkins {4}	12.81	(1.7)	4/5
8		Chloe ZHANG	SO	#1 Johns Hopkins {5}	12.96	(0.3)	3/29
9		Anna RANDO	JR	#9 McDaniel	13.14	(1.6)	3/29
9		Nadine TANG	SO	#8 Haverford	13.14	(0.2)	4/5

### Women's 100 Meter Hurdles

1	41	Kaelin RYAN	JR	#5 Ursinus	14.88	(0.7)	4/14
2	63	Lauren DUNNIGAN	SO	#6 Franklin & Marsh	15.09	(1.2)	3/23
3	88	Leah BIWOTT	SR	#2 Dickinson	15.29	(1.2)	3/23
4	95	Claudia OUIMET	FR	#1 Johns Hopkins	15.32w	(3.3)	4/11
5	96	Samantha WECHSLER	SO	#5 Ursinus {2}	15.33	(0.5)	4/14
6		Jaclyn DONOHO	JR	#1 Johns Hopkins {2}	16.06	(0.6)	4/11
7		Hannah SWALE	JR	#3 Swarthmore	16.27w	(2.4)	3/15
8		Annie LEDER	SR	#2 Dickinson {2}	16.62w	(2.7)	3/29
9		Niki MATTHEWS	JR	#7 Muhlenberg	16.74	(0.0)	4/14
9		Hayden ADAMS	FR	#6 Franklin & Marsh {2}	16.74	(1.2)	3/23

### Women's 200 Meters

1		Ellie LEWIS	SO	#1 Johns Hopkins	25.43	(-0.8)	4/5
2		Erin OLSAVSKY	JR	#2 Dickinson	25.60	(-0.2)	4/12
3		Mirra KLIMOV	JR	#1 Johns Hopkins {2}	25.80	(0.0)	3/29
4		Maya RICHWINE	SO	#7 Muhlenberg	25.81w	(2.1)	4/14
5		Kaelin RYAN	JR	#5 Ursinus	26.06	(1.9)	4/14
6		Bella JOHNSON	FR	#6 Franklin & Marsh	26.14	(-0.2)	4/12
7		Anna ZINSSER	SR	#1 Johns Hopkins {3}	26.35	(-0.1)	4/12
8		Madison BROWN	SR	#2 Dickinson {2}	26.82	(1.8)	4/5
9		Claudia OUIMET	FR	#1 Johns Hopkins {4}	26.95	(-0.6)	4/11
10		Ryan BIGELOW	SO	#1 Johns Hopkins {5}	26.96	(-1.7)	4/5

### Women's 400 Meters

1	16	Lauren PHILLIPS	SR	#1 Johns Hopkins	56.23		4/12
2	98	Madison BROWN	SR	#2 Dickinson	58.85		4/12
3		Marley KUREY	SO	#2 Dickinson {2}	59.12		4/12
4		Bella JOHNSON	FR	#6 Franklin & Marsh	1:00.58		4/5
5		Hannah SWALE	JR	#3 Swarthmore	1:00.92		4/5
6		Olivia D'AULERIO	JR	#8 Haverford	1:01.16		4/12
7		Novy GOETGELUK	SO	#10 Bryn Mawr	1:01.71		4/5
8		Abbe KITCHIN	SR	#2 Dickinson {3}	1:01.81		3/23
9		Annalise KAUFFMAN	JR	#6 Franklin & Marsh {2}	1:02.05		4/5
10		Emily CHAINE	FR	#2 Dickinson {4}	1:02.55		4/12

### Women's 400 Meter Hurdles

1	32	Lianne SAUSSY	JR	#1 Johns Hopkins	1:04.19		4/12
2	76	Lillian BOUDREAU	JR	#4 Gettysburg	1:06.12		4/5
3	78	Lorna ARCESE	JR	#1 Johns Hopkins {2}	1:06.27		4/5
4		Kaelin RYAN	JR	#5 Ursinus	1:09.01		4/5
5		Ryan BIGELOW	SO	#1 Johns Hopkins {3}	1:09.37		3/29
6		Lily SWAIN	SR	#2 Dickinson	1:09.58		4/5
7		Rachel NOVEMBER	SR	#8 Haverford	1:10.40		4/12
8		Anna RANDO	JR	#9 McDaniel	1:10.79		3/29
9		Nicole DIA	JR	#1 Johns Hopkins {4}	1:10.80		3/29
10		Lauren DUNNIGAN	SO	#6 Franklin & Marsh	1:12.63		3/23

### Women's 800 Meters

1	4	Annie HUANG	SR	#1 Johns Hopkins	2:08.63		3/29
2	19	Emma KOTHARI	JR	#1 Johns Hopkins {2}	2:12.86		3/29
3	21	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins {3}	2:13.26		4/5
4	37	Mackenzie SETTON	JR	#1 Johns Hopkins {4}	2:14.15		4/5
5	67	Lorna ARCESE	JR	#1 Johns Hopkins {5}	2:16.76		4/12
6	70	Elizabeth PAGE	FR	#3 Swarthmore	2:16.78		3/29
7	88	Diana VALENTINI	SO	#1 Johns Hopkins {6}	2:17.61		3/29
8		Lily TREMBA	SO	#1 Johns Hopkins {7}	2:18.66		4/5
9		Amaiah MCINTOSH	SR	#1 Johns Hopkins {8}	2:18.84		3/29
10		Anastasia JAYCOBS	SO	#8 Haverford	2:18.92		3/29

### Women's 1500 Meters

1	18	Mackenzie SETTON	JR	#1 Johns Hopkins	4:32.55		4/14
2	25	Adriana CATALANO	JR	#1 Johns Hopkins {2}	4:34.62		3/29
3	31	Emma KOTHARI	JR	#1 Johns Hopkins {3}	4:35.99		4/5
4	39	Diana VALENTINI	SO	#1 Johns Hopkins {4}	4:36.87		4/5
5	40	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins {5}	4:37.02		4/14
6	45	Elizabeth PAGE	FR	#3 Swarthmore	4:37.20		4/4
7	68	Carter BROTHERTON	FR	#1 Johns Hopkins {6}	4:40.81		3/29
8	74	Elena BLODNIKAR	FR	#1 Johns Hopkins {7}	4:41.51		3/29
9	85	Liza BARBASH	FR	#2 Dickinson	4:42.28		4/14
10	92	Aisling CALLAHAN	JR	#1 Johns Hopkins {8}	4:42.83		3/29

### Women's Steeplechase

1	20	Amiyah PRIEBE	SR	#2 Dickinson	11:03.77		4/14
2	23	Cooper BROTHERTON	JR	#1 Johns Hopkins	11:08.98		4/5
3	43	Sydney SHOCK	FR	#1 Johns Hopkins {2}	11:18.82		4/14
4	53	Diana VALENTINI	SO	#1 Johns Hopkins {3}	11:23.21		4/14
5	65	Katie SCOTT	SO	#6 Franklin & Marsh	11:27.69		3/23
6	81	Francesca PROTO	SR	#4 Gettysburg	11:34.62		3/23
7	90	Carys COOK	JR	#4 Gettysburg {2}	11:39.02		4/12
8		Alice SAPPENFIELD	SO	#8 Haverford	11:59.77		4/12
9		Breanna FRANCHAK	SO	#2 Dickinson {2}	12:02.43		3/23
10		Cameron COLETTI	SO	#1 Johns Hopkins {4}	12:12.75		3/29



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	3	Adriana CATALANO	JR	#1 Johns Hopkins	16:37.30	4/14
2	10	Carter BROTHERTON	FR	#1 Johns Hopkins {2}	16:47.89	4/14
3	40	Aisling CALLAHAN	JR	#1 Johns Hopkins {3}	17:18.53	4/14
4	67	Cooper BROTHERTON	JR	#1 Johns Hopkins {4}	17:29.16	4/14
5		Natalie BOQUIST	SO	#1 Johns Hopkins {5}	17:44.16	4/14
6		Gabrielle THIRY	FR	#4 Gettysburg	17:53.93	3/23
7		Storrie KULYNCH-IRVIN	FR	#1 Johns Hopkins {6}	17:56.56	3/29
8		Elena BLODNIKAR	FR	#1 Johns Hopkins {7}	18:03.67	4/14
9		Olivia MONTINI	JR	#3 Swarthmore	18:12.24	3/29
10		Amelia GILES	SO	#1 Johns Hopkins {8}	18:13.58	4/14

## Women's 10,000 Meters

1	23	Jamie STELNIK	SR	#1 Johns Hopkins	36:14.66	4/14
2	25	Storrie KULYNCH-IRVIN	FR	#1 Johns Hopkins {2}	36:27.31	4/14
3	38	Gabrielle THIRY	FR	#4 Gettysburg	37:24.49	4/5
4	52	Lydia TOLERICO	JR	#1 Johns Hopkins {3}	37:54.77	4/14
5	57	Elyse TANCINI	SO	#4 Gettysburg {2}	38:02.83	4/5
6	60	Myra NAQVI	SR	#2 Dickinson	38:06.32	4/12
7		Maddie GARBER	SR	#2 Dickinson {2}	39:44.33	4/12
8		Evie PARTS	SR	#3 Swarthmore	40:30.70	4/12
9		Julianna WATSON	SR	#8 Haverford	40:33.58	3/29
10		Grace CHEN	SO	#8 Haverford {2}	40:36.15	3/29

## Women's 4x100 Relay

1	27	Mirra Klimov, Lianne Saussy, Anna Zinsser, Ellie Lewis		#1 Johns Hopkins	47.94	4/12
2		#Type!		#4 Gettysburg	50.83	4/5
3		Annie Leder, Emily Chaine, Lillian Cusa, Maddie Kyle		#2 Dickinson	51.13	3/23
4		Mika Heshiki, Awurabena Anane, Kayla Camille, Novy Goetgeluk		#10 Bryn Mawr	51.18	3/23
5		Lauren Dunnigan, Bella Johnson, Mackenzie Ward, Arek Giir		#6 Franklin & Marsh	52.16	3/23
6		Nadine Tang, Adriana Cruz-Soto, Abby Ryan, Grace Hannigan		#8 Haverford	53.14	4/12
7		Nakayla Ross, Madison Alexander, Krista DiPalma, Tara Hornung		#9 McDaniel	56.63	3/29

## Women's 4x400 Relay

1	10	Emma Kothari, Annie Huang, Lauren Phillips, Lianne Saussy		#1 Johns Hopkins	3:49.56	4/12
2	72	#Type!		#2 Dickinson	4:06.46	4/5
3	100	Meghan Carroll, Jaycie Miller, Alexa Mervine, Kaelin Ryan		#5 Ursinus	4:10.79	4/14
4		Camryn Rogers, Theresa Ditri, Bella Yardeni, Lillian Boudreau		#4 Gettysburg	4:11.69	3/23
5		#Type!		#8 Haverford	4:14.08	4/5
6		#Type!		#7 Muhlenberg	4:22.79	4/5
7		Bella Johnson, Emily Jones, Arek Giir, Daniella Dziedzic		#6 Franklin & Marsh	4:27.71	3/15
8		Anna Rando, Maya Colavito, Anna Kale, Piper Nagaraj		#9 McDaniel	4:49.45	4/5

## Women's High Jump

1	38	Jaclyn DONOHO	JR	#1 Johns Hopkins	1.60m	5-3	4/11
1	38	Trelstad T	SR	#3 Swarthmore	1.60m	5-3	4/5
3		Abigail LOVELACE	SO	#1 Johns Hopkins {2}	1.54m	5-½	4/11
4		Leah BIWOTT	SR	#2 Dickinson	1.52m	4-11¾	3/23
5		Avery MCNULTY	JR	#7 Muhlenberg	1.51m	4-11½	3/30
6		Amanda TRASKA	JR	#5 Ursinus	1.48m	4-10¼	4/14
7		Jessica JOHNSON	JR	#10 Bryn Mawr	1.47m	4-9¾	3/23
8		Claudia OUIMET	FR	#1 Johns Hopkins {3}	1.45m	4-9	3/29
9		Hayden ADAMS	FR	#6 Franklin & Marsh	1.42m	4-7¾	4/5
10		Tara HORNUNG	FR	#9 McDaniel	1.40m	4-7	4/5
10		Caroline HILL	SO	#3 Swarthmore {2}	1.40m	4-7	3/15

## Women's Pole Vault

1		Bethany ROLLEY	FR	#4 Gettysburg	3.26m	10-8¼	4/12
2		Lily SWAIN	SR	#2 Dickinson	3.20m	10-6	3/29
3		Sophia LEONE	SO	#9 McDaniel	3.19m	10-5½	4/5
4		Hayden ADAMS	FR	#6 Franklin & Marsh	3.11m	10-2½	4/12
5		Alyson GOLDBACHER	FR	#3 Swarthmore	3.05m	10-0	3/29
5		Juniper BAUROTH-SHERMAN	JR	#5 Ursinus	3.05m	10-0	3/29
7		Tara HORNUNG	FR	#9 McDaniel {2}	3.04m	9-11¾	4/5
8		Mia BOMPENSA	FR	#5 Ursinus {2}	3.03m	9-11¼	4/5
9		Olivia TAYLOR	SR	#4 Gettysburg {2}	2.96m	9-8½	4/12
10		Sylvie MCMAKEN-MARSH	JR	#2 Dickinson {2}	2.90m	9-6¼	3/29



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## Centennial

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### Women's Long Jump

1	20	Annie LEDER	SR	#2 Dickinson	5.66m	18-7 (-0.5)	3/28
2	51	Samantha WECHSLER	SO	#5 Ursinus	5.47m	17-11½ (1.3)	4/5
3	70	Chloe ZHANG	SO	#1 Johns Hopkins	5.37m	17-7½ (1.0)	3/29
4	73	Amanda IMHAUSER	JR	#6 Franklin & Marsh	5.36m	17-7 (1.7)	4/12
5		Claudia OUIMET	FR	#1 Johns Hopkins {2}	5.27m	17-3½ (0.0)	4/11
6		Emily BARLAM	FR	#5 Ursinus {2}	5.23m	17-2 (0.0)	4/5
7		Niki MATTHEWS	JR	#7 Muhlenberg	5.05mw	16-7 (2.5)	3/30
8		Gabrielle DEMARCO	FR	#9 McDaniel	5.04m	16-6½ (-0.2)	4/5
9		Lydia MORRIS-KLIMENT	SO	#3 Swarthmore	4.91m	16-1½ (-0.3)	3/15
10		Sam LEO	FR	#5 Ursinus {3}	4.90m	16-1 (0.0)	3/29

### Women's Triple Jump

1	13	Sara BARTLETT	SR	#1 Johns Hopkins	11.77m	38-7½ (0.0)	4/12
2	38	Samantha WECHSLER	SO	#5 Ursinus	11.35m	37-3 (1.3)	4/4
3	56	Shanice WILLIAMS	JR	#7 Muhlenberg	11.14mw	36-6¾ (2.5)	3/30
4		Jessica JOHNSON	JR	#10 Bryn Mawr	10.70m	35-1¼ (1.1)	4/5
5		Hannah SWALE	JR	#3 Swarthmore	10.64m	34-11 (1.1)	4/5
6		Shira GAMSON	JR	#7 Muhlenberg {2}	10.60m	34-9½ (0.3)	4/5
7		Molly CURTIS	FR	#7 Muhlenberg {3}	10.36m	34-0 (0.0)	4/5
8		Gabrielle DEMARCO	FR	#9 McDaniel	10.27m	33-8½ (0.0)	4/5
9		Olivia TAYLOR	SR	#4 Gettysburg	10.05m	32-11¾ (1.3)	4/5
10		Abigail LOVELACE	SO	#1 Johns Hopkins {2}	10.03m	32-11 (0.1)	3/29

### Women's Shot Put

1	20	Erika EZUMBA	JR	#1 Johns Hopkins	13.26m	43-6	4/5
2	39	Tate GARCIA	JR	#3 Swarthmore	12.73m	41-9¼	4/5
3		Lee BICKFORD	SR	#3 Swarthmore {2}	12.02m	39-5¼	3/23
4		Hannah SWALE	JR	#3 Swarthmore {3}	11.55m	37-10¾	4/5
5		Claudia OUIMET	FR	#1 Johns Hopkins {2}	11.54m	37-10½	4/11
6		Sarah WILCHER	JR	#8 Haverford	11.46m	37-7¼	3/29
7		Damien LABRADA	SO	#2 Dickinson	11.38m	37-4	3/29
8		Jordyn BERNARD	SR	#3 Swarthmore {4}	11.30m	37-1	3/23
9		Kellen IEVERS	FR	#1 Johns Hopkins {3}	11.04m	36-2¾	4/5
10		Kelly STEPHEN	FR	#7 Muhlenberg	10.81m	35-5¾	3/30

### Women's Discus

1	40	Lydia MORRIS-KLIMENT	SO	#3 Swarthmore	41.79m	137-1	4/12
2	47	Erika EZUMBA	JR	#1 Johns Hopkins	41.46m	136-0	4/5
3	58	Tate GARCIA	JR	#3 Swarthmore {2}	40.48m	132-10	3/29
4		Kelly STEPHEN	FR	#7 Muhlenberg	37.62m	123-5	3/30
5		Kellen IEVERS	FR	#1 Johns Hopkins {2}	36.88m	121-0	4/5
6		Hannah QUINN	SO	#5 Ursinus	35.19m	115-6	3/29
7		Lee BICKFORD	SR	#3 Swarthmore {3}	34.65m	113-8	3/23
8		Phoebe WILLIAMS	JR	#1 Johns Hopkins {3}	34.42m	112-11	4/5
9		Lea DEL GRIPPO	SO	#4 Gettysburg	33.28m	109-2	4/5
10		Randi WOOD	SO	#5 Ursinus {2}	32.97m	108-2	4/5

### Women's Hammer

1	57	Erika EZUMBA	JR	#1 Johns Hopkins	47.69m	156-6	4/12
2	69	Phoebe WILLIAMS	JR	#1 Johns Hopkins {2}	47.17m	154-9	4/12
3		Elizabeth AGYEI	SR	#3 Swarthmore	44.19m	145-0	3/29
4		Jenna DEEP	JR	#2 Dickinson	43.22m	141-10	3/29
5		Tate GARCIA	JR	#3 Swarthmore {2}	40.00m	131-3	3/23
6		Caroline GENSINGER	JR	#4 Gettysburg	39.43m	129-5	3/23
7		Damien LABRADA	SO	#2 Dickinson {2}	39.27m	128-10	4/12
8		Hannah QUINN	SO	#5 Ursinus	39.21m	128-8	4/5
9		Erica BORBI	SR	#7 Muhlenberg	38.12m	125-1	4/5
10		Lee BICKFORD	SR	#3 Swarthmore {3}	37.42m	122-9	4/5

### Women's Javelin

1	55	Trelstad T	SR	#3 Swarthmore	36.95m	121-3	3/15
2	58	Mackenzie WARD	SO	#6 Franklin & Marsh	36.91m	121-1	4/12
3		Phoebe WILLIAMS	JR	#1 Johns Hopkins	35.03m	114-11	4/5
4		Erin OLSAVSKY	JR	#2 Dickinson	34.19m	112-2	3/29
5		Hannah SWALE	JR	#3 Swarthmore {2}	33.57m	110-2	3/15
6		Jaclyn DONOHO	JR	#1 Johns Hopkins {2}	31.93m	104-9	4/11
7		Summer RYAN	SR	#8 Haverford	30.37m	99-7¾	4/12
8		Carina BERITELA	JR	#1 Johns Hopkins {3}	29.45m	96-7½	3/29
9		Claudia OUIMET	FR	#1 Johns Hopkins {4}	29.42m	96-6¼	4/11
10		Amelia LANDRY	JR	#3 Swarthmore {3}	28.66m	94-½	3/29

### Women's Heptathlon

1	9	Claudia OUIMET	FR	#1 Johns Hopkins	4,448		4/11
2	19	Jaclyn DONOHO	JR	#1 Johns Hopkins {2}	4,109		4/11
3	24	Abigail LOVELACE	SO	#1 Johns Hopkins {3}	3,913		4/11
4	54	Georgia MERCER	JR	#4 Gettysburg	3,316		4/11



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as of 4/15/2025 8:32:29 AM ET

## Women's 100 Meters

1	27	Amaris GOODWIN	SR	#3 Gordon (Mass.)	12.06	(0.4)	3/15
2		Elizabeth GASKILL	SO	#3 Gordon (Mass.) {2}	12.49	(0.4)	3/15
3		Amanda WALDEN	SR	#5 Suffolk	12.72	(0.5)	4/5
4		Gabrielle MCKAYLE	FR	#8 Nichols	12.80	(1.5)	4/14
5		Averi MCCOY	SO	#1 Hartford	13.21	(-0.2)	4/6
6		Hilma ORTEGA	SO	#5 Suffolk {2}	13.22	(1.1)	4/5
7		Kaylee WHITNEY	SO	#4 Endicott	13.34	(0.3)	3/23
8		Meagan MCANDREWS	FR	#4 Endicott {2}	13.38w	(2.6)	3/29
9		Jainaba CONTEH	SO	#5 Suffolk {3}	13.41	(1.8)	3/29
10		Emily BUCHTER	JR	#6 Univ. of New Eng	13.43	(-0.2)	4/6

## Women's 100 Meter Hurdles

1	58	Cali LEONARD	SR	#1 Hartford	15.06	(-0.2)	4/6
2		Tamara GREENE	FR	#1 Hartford {2}	15.48	(-0.2)	4/6
3		Caroline CROCKER	SO	#1 Hartford {3}	15.84	(-0.2)	4/6
4		Olivia NOVELLO	SO	#4 Endicott	16.04	(1.7)	3/23
5		Jordan MURPHY	SO	#1 Hartford {4}	16.12	(-0.6)	4/6
6		Laci SANTOS	JR	#7 Wentworth (Mas	16.43	(-0.5)	4/5
7		Catherine MADDEN	SR	#5 Suffolk	16.55	(-1.0)	4/5
8		Kinneal DICKENS	SR	#4 Endicott {2}	16.60	(-0.5)	4/5
9		Hilma ORTEGA	SO	#5 Suffolk {2}	16.97	(1.6)	4/5
10		Meghan PURCELL	SR	#2 Roger Williams	16.98	(1.7)	3/23

## Women's 200 Meters

1	27	Amaris GOODWIN	SR	#3 Gordon (Mass.)	24.80w	(2.7)	4/11
2		Elizabeth GASKILL	SO	#3 Gordon (Mass.) {2}	25.83w	(2.7)	4/11
3		Amanda WALDEN	SR	#5 Suffolk	26.22	(0.5)	4/5
4		Gabrielle MCKAYLE	FR	#8 Nichols	26.39	(0.1)	3/28
5		Jenna LINDSAY	FR	#3 Gordon (Mass.) {3}	26.75w	(2.5)	4/11
6		Tamara GREENE	FR	#1 Hartford	27.25	(0.4)	4/6
7		Meagan MCANDREWS	FR	#4 Endicott	27.38	(0.5)	4/12
8		Averi MCCOY	SO	#1 Hartford {2}	27.70	(0.4)	4/6
9		Emily BENGTON	SO	#3 Gordon (Mass.) {4}	27.71	(0.6)	4/5
10		Olivia O'NEILL	SO	#2 Roger Williams	27.75	(0.8)	4/4

## Women's 400 Meters

1		Jenna LINDSAY	FR	#3 Gordon (Mass.)	1:00.34		4/11
2		Emily CONCEPCION	SR	#5 Suffolk	1:00.56		4/5
3		Emily BENGTON	SO	#3 Gordon (Mass.) {2}	1:01.51		4/4
4		Olivia O'NEILL	SO	#2 Roger Williams	1:02.26		4/4
5		Gabby PENICHE	SO	#4 Endicott	1:02.48		4/4
6		Karsyn MEDEIROS	SO	#2 Roger Williams {2}	1:03.27		3/23
7		Kaylie GROOM	JR	#5 Suffolk {2}	1:03.82		3/29
8		Kaylee WHITNEY	SO	#4 Endicott {2}	1:03.94		4/4
9		Tabitha DIDONATO	SR	#2 Roger Williams {3}	1:04.12		4/12
10		Angela WEST	FR	#2 Roger Williams {4}	1:04.39		3/23

## Women's 400 Meter Hurdles

1		Meagan MCANDREWS	FR	#4 Endicott	1:08.17		3/23
2		Jenna LINDSAY	FR	#3 Gordon (Mass.)	1:09.53		3/29
3		Grace BALDWIN	SO	#2 Roger Williams	1:09.77		3/29
4		Alexandra BIRYUKOV	FR	#2 Roger Williams {2}	1:11.58		3/29
5		Joy SEFILINO	FR	#3 Gordon (Mass.) {2}	1:11.97		4/5
6		Chloe CREAR	SO	#4 Endicott {2}	1:12.07		4/4
7		Izabella HAAGENSON	SR	#6 Univ. of New Eng	1:12.80		4/6
8		Mariah NICHOLS	JR	#1 Hartford	1:13.15		4/12
9		Madison ZELIN	SO	#2 Roger Williams {3}	1:14.06		3/29
10		Tamara GREENE	FR	#1 Hartford {2}	1:18.38		3/30

## Women's 800 Meters

1		Hannah RISK	SR	#4 Endicott	2:18.03		4/4
2		Amy PATTELENA	JR	#5 Suffolk	2:21.95		4/5
3		Amalia DORION	SR	#5 Suffolk {2}	2:22.95		3/30
4		Tabitha DIDONATO	SR	#2 Roger Williams	2:25.20		4/4
5		Carolyn DAY	SR	#3 Gordon (Mass.)	2:25.54		3/15
6		Caroline ROBERTS	SO	#3 Gordon (Mass.) {2}	2:27.03		4/5
7		Alexa SUCHY	SO	#4 Endicott {2}	2:27.07		4/4
8		Ella STEPHENSON	FR	#1 Hartford	2:29.91		4/6
9		Adeline COOK	SR	#2 Roger Williams {2}	2:30.18		4/4
10		Erin MACLEAN	SR	#7 Wentworth (Mas	2:31.59		4/12

## Women's 1500 Meters

1	29	Amalia DORION	SR	#5 Suffolk	4:35.28		4/5
2		Hannah RISK	SR	#4 Endicott	4:48.19		3/29
3		Amy PATTELENA	JR	#5 Suffolk {2}	4:50.20		4/5
4		Carolyn DAY	SR	#3 Gordon (Mass.)	4:53.06		3/15
5		Sydney FOGG	SR	#5 Suffolk {3}	4:59.52		3/30
6		Caroline ROBERTS	SO	#3 Gordon (Mass.) {2}	5:02.68		4/12
7		Alexa SUCHY	SO	#4 Endicott {2}	5:04.57		4/12
8		Brittany MARTIN	SR	#2 Roger Williams	5:05.47		3/29
9		Elizabeth WHITE	JR	#1 Hartford	5:05.52		4/12
10		Sofia MOUKADDEM	SO	#5 Suffolk {4}	5:07.34		3/30

## Women's Steeplechase

1		Alexa SUCHY	SO	#4 Endicott	11:47.95		4/12
2		Olivia MURCH	FR	#3 Gordon (Mass.)	12:23.67		4/12
3		Corinna HOBBS	SO	#6 Univ. of New Eng	12:34.18		4/11
4		Natalie FORNO	SO	#2 Roger Williams	12:48.39		3/29
5		Allie DEVOE	SR	#4 Endicott {2}	12:51.75		4/4
6		Chloe COALE	JR	#1 Hartford	13:35.55		4/6
7		Gabriella SITZER	FR	#2 Roger Williams {2}	14:15.82		4/12





## Conference TFRI Event Summary



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## Women's 5000 Meters

1	Carolyn DAY	SR	#3 Gordon (Mass.)	17:48.14	4/12
2	Hannah RISKI	SR	#4 Endicott	18:03.04	4/12
3	Sofia MOUKADDEM	SO	#5 Suffolk	18:14.26	4/5
4	Jessica MARTIN	JR	#6 Univ. of New Eng	18:40.78	4/11
5	Kelsee GLADU	SR	#6 Univ. of New Eng{2}	18:42.23	4/11
6	Sydney FOGG	SR	#5 Suffolk {2}	18:43.93	4/5
7	Brittany MARTIN	SR	#2 Roger Williams	19:06.35	4/4
8	Gianna RODRIGUEZ	FR	#6 Univ. of New Eng{3}	19:09.62	4/11
9	Natalie FORNO	SO	#2 Roger Williams {2}	19:43.81	4/4
10	Corinne ROBERT	SO	#4 Endicott {2}	19:57.23	3/23

## Women's 10,000 Meters

1	4 Rachel BRENNAN	SR	#3 Gordon (Mass.)	34:28.04	3/28
2	32 Nina PARZIALE	SR	#6 Univ. of New Eng	36:53.08	4/14
3	34 Carolyn DAY	SR	#3 Gordon (Mass.) {2}	36:57.38	3/28
4	80 Hannah RISKI	SR	#4 Endicott	38:43.16	3/23
5	Kelsee GLADU	SR	#6 Univ. of New Eng{2}	39:39.58	3/29
6	Emma SCHAUMLOFFEL	FR	#7 Wentworth (Mas	41:10.38	3/29
7	Teagan SHAUGHNESSY	SO	#4 Endicott {2}	44:02.42	3/23

## Women's 4x100 Relay

1	92 Elizabeth Gaskill, Amaris Goodwin, Emily Bengtson, Jenna Lindsay	#3 Gordon (Mass.)	49.83	4/11
2	Amanda Walden, Emily Concepcion, Hilma Ortega, Jainaba Conteh	#5 Suffolk	50.85	3/29
3	Averie McCoy, Jaylen Evans, Cali Leonard, Tamara Greene	#1 Hartford	51.77	4/12
4	Kaylee Whitney, Olivia Novello, Kayla Budny, Kaylee Carver	#4 Endicott	52.50	3/23
5	Amanda Walsh, Natalie Reid, Karsyn Medeiros, Mya D'Antonio	#2 Roger Williams	52.60	3/29
6	Macie Anderson, Emily Buchter, Izabella Haagenson, Amelia Silver	#6 Univ. of New Eng	54.18	4/11
7	Sydney Mercadante, Selma Moutaoakkil, Lily Carlson, Olivia Holley	#7 Wentworth (Mas	54.44	4/12

## Women's 4x400 Relay

1	Jenna Lindsay, Amaris Goodwin, Elizabeth Gaskill, Caroline Roberts	#3 Gordon (Mass.)	4:12.28	3/15
2	Adeline Cook, Tabitha DiDonato, Gabriella Sitzer, Grace Baldwin	#2 Roger Williams	4:23.60	3/23
3	Gabby Peniche, Chloe Crear, Anna McDowell, Brie Am Ende	#4 Endicott	4:27.64	4/12
4	Ella Stephenson, Elizabeth White, Mariah Nichols, Ella Grace	#1 Hartford	4:28.07	4/6
5	Sydney Mercadante, Erin MacLean, Anabelle Mendez, Lily Carlson	#7 Wentworth (Mas	4:39.36	4/5
6	Iris Young, Kiley Rolfe, Rylie Harrington, Izabella Haagenson	#6 Univ. of New Eng	4:50.92	4/5

## Women's High Jump

1	19 Jordan MURPHY	SO	#1 Hartford	1.63m	5-4¼	4/6
2	31 Abby GRIFFITH	FR	#4 Endicott	1.61m	5-3¼	3/29
3	91 Averie DENELLE	FR	#5 Suffolk	1.56m	5-1¼	3/29
4	Alexandra BIRYUKOV	FR	#2 Roger Williams	1.51m	4-11½	3/29
5	Olivia NOVELLO	SO	#4 Endicott {2}	1.47m	4-9¾	4/12
6	Lily CARLSON	SO	#7 Wentworth (Mas	1.46m	4-9½	3/29
6	Catherine BROWN	SR	#5 Suffolk {2}	1.46m	4-9½	3/29
6	Julia CHASE	FR	#6 Univ. of New Eng	1.46m	4-9½	3/29
9	Iris YOUNG	FR	#6 Univ. of New Eng{2}	1.41m	4-7½	3/29
10	Gabrielle PADMORE	FR	#1 Hartford {2}	1.40m	4-7	3/30

## Women's Pole Vault

1	Maura DENNIS	SR	#2 Roger Williams	2.72m	8-11	4/4
2	Kali TRAPP	FR	#1 Hartford	2.50m	8-2½	4/6
3	Giselle SCRIVANICH	FR	#1 Hartford {2}	2.40m	7-10½	3/30

## Women's Long Jump

1	Anissa LEWIS	FR	#3 Gordon (Mass.)	5.06mw	16-7¼ (2.2)	4/11
2	Elizabeth GASKILL	SO	#3 Gordon (Mass.) {2}	5.03m	16-6 (0.6)	3/15
3	Caroline CROCKER	SO	#1 Hartford	5.00m	16-5 (0.0)	4/6
4	Olivia SHERMAN	FR	#1 Hartford {2}	4.83m	15-10¼ (0.0)	4/6
5	Dootchina DORIELAN	SR	#5 Suffolk	4.79m	15-8¾ (0.0)	4/5
6	Kinneal DICKENS	SR	#4 Endicott	4.76m	15-7½ (0.8)	4/4
7	Victoria BETTENCOURT	JR	#2 Roger Williams	4.72m	15-6 (1.9)	4/4
7	Jordan MURPHY	SO	#1 Hartford {3}	4.72m	15-6 (0.4)	4/12
9	Olivia NOVELLO	SO	#4 Endicott {2}	4.69m	15-4¾ (1.0)	4/4
10	Jenna LINDSAY	FR	#3 Gordon (Mass.) {3}	4.68m	15-4¼ (0.9)	3/15



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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## Women's Triple Jump

1	Abby GRIFFITH	FR	#4 Endicott	10.69m	35-1 (0.2)	3/23
2	Anissa LEWIS	FR	#3 Gordon (Mass.)	10.45m	34-3½ (0.2)	4/12
3	Mariah NICHOLS	JR	#1 Hartford	10.06m	33-¼ (0.0)	4/6
4	Julia CHASE	FR	#6 Univ. of New Eng	9.96m	32-8¼ (1.9)	3/29
5	Kinneal DICKENS	SR	#4 Endicott	{2} 9.87m	32-4¾ (0.6)	3/23
6	Victoria BETTENCOURT	JR	#2 Roger Williams	9.70m	31-10 (-0.3)	4/4
7	Jordan BENNETT	FR	#7 Wentworth (Mas	9.67m	31-8¾ (1.5)	4/12
8	Kayla BUDNY	FR	#4 Endicott	{3} 9.63m	31-7¼ (1.4)	3/23
9	Ellie CLAYTON	SO	#2 Roger Williams	{2} 9.43m	30-11¼ (0.9)	4/4
10	Megan WIENER	FR	#2 Roger Williams	{3} 9.20m	30-2¼ (0.7)	3/23

## Women's Shot Put

1	45 Hailey GARCIA	FR	#2 Roger Williams	12.66m	41-6½	4/4
2	Madison DIPASQUALE	JR	#1 Hartford	11.70m	38-4¾	3/30
3	Tommie BARKER	JR	#1 Hartford	{2} 11.19m	36-8½	4/12
3	Cheyenne CAHILL	JR	#6 Univ. of New Eng	11.19m	36-8½	4/5
5	Laci SANTOS	JR	#7 Wentworth (Mas	10.60m	34-9½	4/12
6	Yovanna CRUZ	JR	#1 Hartford	{3} 10.52m	34-6¼	3/30
7	Destinee MAJETT	JR	#1 Hartford	{4} 10.36m	34-0	3/30
8	Sarah LAVITA	JR	#6 Univ. of New Eng	{2} 10.19m	33-5¼	4/5
9	Emma MINI	JR	#6 Univ. of New Eng	{3} 9.98m	32-9	3/29
10	Mia LACASSE	FR	#4 Endicott	9.97m	32-8½	4/5

## Women's Discus

1	86 Madison DIPASQUALE	JR	#1 Hartford	39.06m	128-2	4/12
2	Sarah LAVITA	JR	#6 Univ. of New Eng	36.39m	119-5	4/11
3	Weeko THOMPSON	FR	#1 Hartford	{2} 35.22m	115-7	4/12
4	Kassidy PLUMMER	SR	#6 Univ. of New Eng	{2} 32.02m	105-1	3/29
5	Grace SHIPPEE	SR	#6 Univ. of New Eng	{3} 31.17m	102-3	4/11
6	Emilie BELL	FR	#6 Univ. of New Eng	{4} 31.03m	101-10	4/6
7	Alivia GERAGHTY	SO	#3 Gordon (Mass.)	30.60m	100-5	3/15
8	Kasianna FISCHER	FR	#3 Gordon (Mass.)	{2} 30.05m	98-7¼	4/11
9	Ashley QUINTAL	SO	#7 Wentworth (Mas	29.98m	98-4½	4/5
10	Sharaden CALDWELL	SO	#5 Suffolk	29.66m	97-3¾	3/29

## Women's Hammer

1	26 Alivia GERAGHTY	SO	#3 Gordon (Mass.)	50.36m	165-3	4/5
2	85 Olivia CHASE	JR	#6 Univ. of New Eng	45.83m	150-5	4/6
3	Madison DIPASQUALE	JR	#1 Hartford	43.05m	141-3	4/12
4	Destinee MAJETT	JR	#1 Hartford	{2} 42.65m	139-11	4/12
5	Tommie BARKER	JR	#1 Hartford	{3} 42.19m	138-5	3/30
6	Adison DAWE	FR	#8 Nichols	36.01m	118-2	4/5
7	Emma WITHERS	SO	#5 Suffolk	35.79m	117-5	3/29
8	Sarah LAVITA	JR	#6 Univ. of New Eng	{2} 35.32m	115-11	4/6
9	Sharaden CALDWELL	SO	#5 Suffolk	{2} 34.61m	113-7	4/12
10	Megan BURNS	JR	#6 Univ. of New Eng	{3} 34.26m	112-5	4/6

## Women's Javelin

1	8 Angela WEST	FR	#2 Roger Williams	41.57m	136-5	4/12
2	Sarah LAVITA	JR	#6 Univ. of New Eng	35.08m	115-1	3/29
3	Meagan MCANDREWS	FR	#4 Endicott	30.11m	98-9½	3/23
4	Morgan IPPOLITO	SO	#2 Roger Williams	{2} 29.87m	98-0	4/12
5	Olivia NICHOLSON	SR	#5 Suffolk	29.54m	96-11	4/5
6	Laci SANTOS	JR	#7 Wentworth (Mas	28.79m	94-5½	3/29
7	Eowyn LAPP	FR	#3 Gordon (Mass.)	28.72m	94-2¾	4/5
8	Ashley QUINTAL	SO	#7 Wentworth (Mas	{2} 28.62m	93-10¾	4/12
9	Kaylee BETTEZ	SO	#3 Gordon (Mass.)	{2} 28.03m	91-11½	4/5
10	Erin WYNDHAM	FR	#8 Nichols	27.99m	91-10	4/14

## Women's Heptathlon

1	20 Jordan MURPHY	SO	#1 Hartford	4,071	4/12
2	44 Laci SANTOS	JR	#7 Wentworth (Mas	3,489	4/12
3	48 Meagan MCANDREWS	FR	#4 Endicott	3,432	4/12
4	58 Olivia NOVELLO	SO	#4 Endicott	{2} 3,231	4/12
5	86 Peyton SULLIVAN	JR	#2 Roger Williams	2,910	4/12
6	87 Ashley BECK	SO	#2 Roger Williams	{2} 2,867	4/12
7	88 Tabitha KLAUS	SR	#2 Roger Williams	{3} 2,812	4/12



## Conference TFRI Event Summary



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## Women's 100 Meters

1	Thompson THENICA	FR	#1 Medgar Evers	13.25	(-0.9)	4/5
2	Beautiful EARTH	FR	#5 York (N.Y.)	13.58	(1.6)	3/29
3	Jamie RISSO	JR	#2 Hunter	13.64	(-1.1)	4/6
4	Chung SHANIYA	FR	#1 Medgar Evers	{2} 13.72	(-0.9)	4/5
5	Becky LI	SO	#2 Hunter	{2} 13.84	(-0.4)	4/6
6	Taelyn MURRAY	JR	#2 Hunter	{3} 13.91	(0.9)	3/22
7	Cheyenne GRAY-TAITT	SO	#4 Lehman	14.33	(1.9)	4/12
8	Jennifer METRA	SO	#1 Medgar Evers	{3} 14.61w	(2.6)	3/30
9	Rebecca MCKENZIE	FR	#5 York (N.Y.)	{2} 14.64w	(2.9)	4/11
10	Evans KEYONA	SO	#1 Medgar Evers	{4} 15.02w	(3.9)	3/30

## Women's 100 Meter Hurdles

1	Rinnah BROWN		#1 Medgar Evers	17.89w	(3.4)	3/30
2	Taelyn MURRAY	JR	#2 Hunter	18.43	(-0.6)	4/6
3	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{2} 19.59	(-0.8)	4/5
4	Lambert JADA	SO	#1 Medgar Evers	{3} 20.45w	(3.4)	3/30
5	Hailey THOMAS	FR	#3 CCNY	20.79w	(2.1)	4/11
6	Ivanna ZAMORA SANCHEZ	FR	#3 CCNY	{2} 20.94	(1.1)	4/11
7	Analysé PACHECO	FR	#2 Hunter	{2} 21.11	(0.3)	4/12
8	Chung SHANIYA	FR	#1 Medgar Evers	{4} 21.16	(-1.1)	4/5

## Women's 200 Meters

1	Toshel GOFFE	FR	#1 Medgar Evers	25.44	(1.5)	4/12
2	Thompson THENICA	FR	#1 Medgar Evers	{2} 27.10	(-1.3)	4/5
3	Rinnah BROWN		#1 Medgar Evers	{3} 27.68	(0.5)	4/12
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{4} 28.18	(0.7)	4/12
5	Beautiful EARTH	FR	#5 York (N.Y.)	28.32	(1.3)	3/29
6	Becky LI	SO	#2 Hunter	28.50	(-0.5)	3/29
7	Chung SHANIYA	FR	#1 Medgar Evers	{5} 28.72	(0.7)	4/12
8	Lambert JADA	SO	#1 Medgar Evers	{6} 30.23	(0.7)	4/12
9	Cheyenne GRAY-TAITT	SO	#4 Lehman	30.45w	(2.9)	3/29
10	Jennifer METRA	SO	#1 Medgar Evers	{7} 31.23	(1.5)	3/30

## Women's 400 Meters

1	Toshel GOFFE	FR	#1 Medgar Evers	59.55		4/5
2	Thompson THENICA	FR	#1 Medgar Evers	{2} 1:04.06		3/23
3	Mikaelle CESAR	FR	#2 Hunter	1:04.56		4/6
4	Rinnah BROWN		#1 Medgar Evers	{3} 1:04.63		4/5
5	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{4} 1:05.29		4/5
6	Chung SHANIYA	FR	#1 Medgar Evers	{5} 1:08.60		3/23
7	Hannah TIEN	FR	#3 CCNY	1:09.33		3/29
8	Analysé PACHECO	FR	#2 Hunter	{2} 1:11.67		3/22
9	Irving JIANG	SR	#2 Hunter	{3} 1:13.98		3/29
10	Gabriela MIRANDA	SO	#2 Hunter	{4} 1:14.29		3/29

## Women's 400 Meter Hurdles

1	Jamie RISSO	JR	#2 Hunter	1:10.30		4/6
2	Chung SHANIYA	FR	#1 Medgar Evers	1:15.17		4/5
3	Rinnah BROWN		#1 Medgar Evers	{2} 1:15.33		3/30
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{3} 1:16.20		4/5
5	Analysé PACHECO	FR	#2 Hunter	{2} 1:21.88		3/29
6	Lambert JADA	SO	#1 Medgar Evers	{4} 1:25.64		3/30
7	Ivanna ZAMORA SANCHEZ	FR	#3 CCNY	1:30.86		4/11
8	Flor DOMINGUEZ	SO	#3 CCNY	{2} 1:39.12		4/11
9	Rondella SPOONER	FR	#3 CCNY	{3} 1:39.63		3/29

## Women's 800 Meters

1	Mikaelle CESAR	FR	#2 Hunter	2:34.21		3/29
2	Shannon FERRI	SR	#2 Hunter	{2} 2:39.29		4/6
3	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	2:43.69		4/12
4	Samantha SURIEL	SR	#2 Hunter	{3} 2:47.25		4/6
5	Irving JIANG	SR	#2 Hunter	{4} 2:48.21		3/29
6	Rinnah BROWN		#1 Medgar Evers	{2} 2:48.34		4/12
7	Norma FLORES OLMEDO	FR	#3 CCNY	2:48.84		3/29
8	Nana SAMAKE	JR	#1 Medgar Evers	{3} 2:55.30		4/5
9	Hannah TIEN	FR	#3 CCNY	{2} 2:58.13		3/29
10	Melanie LIU	FR	#2 Hunter	{5} 2:58.86		3/22

## Women's 1500 Meters

1	Shannon FERRI	SR	#2 Hunter	5:32.08		4/12
2	Mikaelle CESAR	FR	#2 Hunter	{2} 5:35.82		3/22
3	Samantha SURIEL	SR	#2 Hunter	{3} 5:41.01		3/22
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	5:51.06		3/23
5	Norma FLORES OLMEDO	FR	#3 CCNY	5:52.32		4/11
6	Peach KILROY	FR	#2 Hunter	{4} 5:53.76		3/29
7	Nana SAMAKE	JR	#1 Medgar Evers	{2} 5:57.62		3/23
8	Williams SAVIAH	FR	#1 Medgar Evers	{3} 6:07.45		4/5
9	Irving JIANG	SR	#2 Hunter	{5} 6:23.04		3/22
10	Flor DOMINGUEZ	SO	#3 CCNY	{2} 6:27.84		4/11

## Women's Steeplechase

1	Norma FLORES OLMEDO	FR	#3 CCNY	14:16.04		3/29
2	Flor DOMINGUEZ	SO	#3 CCNY	{2} 14:39.49		3/29
3	Peach KILROY	FR	#2 Hunter	14:40.07		4/6
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	14:40.49		3/30
5	Melanie LIU	FR	#2 Hunter	{2} 15:42.60		4/6
6	Lambert JADA	SO	#1 Medgar Evers	{2} 17:56.29		4/5
7	Rawnaa ELSHITA	SR	#2 Hunter	{3} 18:21.22		4/6
8	Caera BEIGHTOL	SO	#2 Hunter	{4} 18:42.67		4/6



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## Women's 5000 Meters

1	Samantha SURIEL	SR	#2 Hunter	21:26.31	4/12
2	Norma FLORES OLMEDO	FR	#3 CCNY	22:48.58	3/29
3	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	23:20.80	3/30
4	Karuna AIKAWA	FR	#3 CCNY	{2} 24:12.56	3/29
5	Nana SAMAKE	JR	#1 Medgar Evers	{2} 26:13.30	4/5
6	Maritza ARGUETA	FR	#1 Medgar Evers	{3} 26:28.09	4/5

## Women's 10,000 Meters

1	Nana SAMAKE	JR	#1 Medgar Evers	49:19.18	4/5
2	Peach KILROY	FR	#2 Hunter	50:14.70	4/12
3	Irving JIANG	SR	#2 Hunter	{2} 55:09.46	4/12
4	Rawnaa ELSHITA	SR	#2 Hunter	{3} 1:01:37	4/12

## Women's 4x100 Relay

1	Toshel Goffe, Thompson Thenica, Chung Shaniya, Jennifer Metra		#1 Medgar Evers	52.67	4/12
2	Becky Li, Taelyn Murray, Salma El bezzaoui, Jamie Risso		#2 Hunter	55.20	4/6
3	Rebecca McKenzie, Beautifull Earth, Keanna Clouden, Alisha Adams		#5 York (N.Y.)	1:03.80	4/11
4	Amariah Emanuel-Tayler, Mariella Nunez, Garyana Altidor, Cheyenne Gray-Taitt		#4 Lehman	1:06.46	4/12

## Women's 4x400 Relay

1	Irving Jiang, Samantha Suriel, Lily McAndrews, Salma El bezzaoui		#2 Hunter	4:51.56	4/6
2	#Type!		#3 CCNY	5:02.51	3/29
3	Rinnah Brown, Chung Shaniya, Thompson Thenica, Kenia Irish-Bramble		#1 Medgar Evers	5:22.60	4/5
4	Amariah Emanuel-Tayler, Shivani Raghuthu, Mariella Nunez, Angelina Brown		#4 Lehman	5:33.25	3/23

## Women's High Jump

1	Hailey THOMAS	FR	#3 CCNY	1.37m	4-6	4/11
2	Rinnah BROWN		#1 Medgar Evers	1.32m	4-4	4/12
3	Lambert JADA	SO	#1 Medgar Evers	{2} 1.30m	4-3 1/4	4/5
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{3} 1.23m	4-1/2	4/12

## Women's Long Jump

1	98 Jamie RISSO	JR	#2 Hunter	5.29m	17-4 1/4 (0.7)	4/12
2	Taelyn MURRAY	JR	#2 Hunter	{2} 4.76m	15-7 1/2 (0.0)	4/6
3	Becky LI	SO	#2 Hunter	{3} 4.51m	14-9 3/4 (0.0)	4/6
4	Hailey THOMAS	FR	#3 CCNY	4.43m	14-6 1/2 (1.0)	4/11
5	Thompson THENICA	FR	#1 Medgar Evers	4.38m	14-4 1/2 (0.1)	4/5
6	Rinnah BROWN		#1 Medgar Evers	{2} 4.36m	14-3 3/4 (1.1)	4/12
7	Rondella SPOONER	FR	#3 CCNY	{2} 4.18m	13-8 3/4 (-2.2)	3/29
8	Rebecca MCKENZIE	FR	#5 York (N.Y.)	4.11mw	13-6 (2.1)	4/11
9	Lambert JADA	SO	#1 Medgar Evers	{3} 4.06mw	13-4 (3.5)	4/12
9	Cheyenne GRAY-TAITT	SO	#4 Lehman	4.06m	13-4 (2.0)	4/12
9	Ivanna ZAMORA SANCHEZ	FR	#3 CCNY	{3} 4.06m	13-4 (0.0)	4/11

## Women's Triple Jump

1	10 Jamie RISSO	JR	#2 Hunter	11.86m	38-11 (1.4)	3/29
2	Taelyn MURRAY	JR	#2 Hunter	{2} 10.53m	34-6 3/4 (1.0)	4/6
3	Lambert JADA	SO	#1 Medgar Evers	9.53mw	31-3 3/4 (2.7)	3/30

## Women's Shot Put

1	Taelyn MURRAY	JR	#2 Hunter	9.76m	32-1/4	3/29
2	Nia BUTLER	SO	#1 Medgar Evers	9.33m	30-7 1/2	3/23
3	Jada CLAYTON	SO	#1 Medgar Evers	{2} 9.15m	30-1/4	3/23
4	Stephanie TOUSSAINT	SR	#3 CCNY	8.95m	29-4 1/2	4/5
5	Elainne ROJAS MESA	SR	#4 Lehman	7.72m	25-4	3/29
6	Rondella SPOONER	FR	#3 CCNY	{2} 7.70m	25-3 3/4	3/29
7	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 7.26m	23-10	3/23
8	Jennifer METRA	SO	#1 Medgar Evers	{4} 7.09m	23-3 3/4	3/30
9	Lambert JADA	SO	#1 Medgar Evers	{5} 6.95m	22-9 3/4	4/12
10	Rawnaa ELSHITA	SR	#2 Hunter	{2} 6.94m	22-9 1/4	3/22

## Women's Discus

1	Jada CLAYTON	SO	#1 Medgar Evers	22.32m	73-2 3/4	4/12
2	Nia BUTLER	SO	#1 Medgar Evers	{2} 20.42m	67-0	4/5
3	Rawnaa ELSHITA	SR	#2 Hunter	20.40m	66-11 1/4	3/22
4	Nia NOVOTNY	SO	#2 Hunter	{2} 19.90m	65-3 1/2	4/12
5	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 19.51m	64-1/4	4/12
6	Elainne ROJAS MESA	SR	#4 Lehman	18.82m	61-9	3/29
7	Sofia CAMPOS	SO	#3 CCNY	14.03m	46-1/2	3/29
8	Kinnik TIMOTHY	FR	#1 Medgar Evers	{4} 14.00m	45-11 1/4	4/5
9	Shivani RAGHUTHU	FR	#4 Lehman	{2} 12.85m	42-2	3/23

## Women's Hammer

1	Nia BUTLER	SO	#1 Medgar Evers	31.49m	103-4	4/5
2	Jada CLAYTON	SO	#1 Medgar Evers	{2} 26.27m	86-2 1/4	4/5
3	Sofia CAMPOS	SO	#3 CCNY	22.09m	72-5 3/4	3/29
4	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 19.86m	65-2	4/12
5	Rawnaa ELSHITA	SR	#2 Hunter	18.79m	61-7 3/4	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



CUNYAC

as of 4/15/2025 8:32:30 AM ET

## Women's Javelin

1	Analyse PACHECO	FR	#2 Hunter	30.97m	101-7	3/22
2	Nia NOVOTNY	SO	#2 Hunter	{2}26.12m	85-8½	4/12
3	Elainne ROJAS MESA	SR	#4 Lehman	25.33m	83-1¼	3/29
4	Toshel GOFFE	FR	#1 Medgar Evers	22.77m	74-8½	4/12
5	Rinnah BROWN		#1 Medgar Evers	{2}21.60m	70-10½	3/30
6	Raine WILLIAMS	SO	#1 Medgar Evers	{3}21.46m	70-5	3/30
7	Rondella SPOONER	FR	#3 CCNY	19.17m	62-10¾	3/29
8	Rawnaa ELSHITA	SR	#2 Hunter	{3}16.67m	54-8¼	3/22
9	Nia BUTLER	SO	#1 Medgar Evers	{4}15.20m	49-10½	3/23
10	Jennifer METRA	SO	#1 Medgar Evers	{5}13.20m	43-3¾	4/5

## Women's Heptathlon

1	81 Rinnah BROWN		#1 Medgar Evers	2,982	4/12
2	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{2}2,456	4/12
3	Lambert JADA	SO	#1 Medgar Evers	{3}2,219	4/12





## Conference TFRI Event Summary



Empire 8

as of 4/15/2025 8:32:30 AM ET

## Women's 100 Meters

1	<b>2</b>	Brynn MOONEY	SO	<b>#1</b> SUNY Geneseo	<b>11.76w</b>	(3.9)	4/5
2	<b>17</b>	Victoria BREWSTER	JR	<b>#6</b> Houghton	<b>11.97w</b>	(3.9)	4/5
3	<b>63</b>	Abigail DORUNDA	FR	<b>#2</b> St. John Fisher	<b>12.27w</b>	(3.9)	4/5
4		Makenna MANSON	FR	<b>#2</b> St. John Fisher {2}	<b>12.43</b>	(1.4)	<b>4/14</b>
5		Alaina MORLEY	JR	<b>#4</b> Nazareth	<b>12.59</b>	(0.1)	<b>4/12</b>
6		Ella RADLEY	FR	<b>#2</b> St. John Fisher {3}	<b>12.61w</b>	(2.8)	<b>4/14</b>
7		Lexi RODRIGUEZ	JR	<b>#3</b> SUNY Brockport	<b>12.64w</b>	(2.2)	4/5
8		Mackenzie MIX	SR	<b>#5</b> Utica	<b>12.68</b>	(1.5)	<b>4/11</b>
9		Kayla HUBA	JR	<b>#1</b> SUNY Geneseo {2}	<b>12.74</b>	(1.4)	<b>4/14</b>
10		Jordan WAGNER	SO	<b>#4</b> Nazareth {2}	<b>12.97w</b>	(3.3)	4/5

## Women's 100 Meter Hurdles

1	<b>11</b>	Jill AMBLER	SO	<b>#1</b> SUNY Geneseo	<b>14.27w</b>	(2.3)	<b>4/14</b>
2	<b>26</b>	Ciarra FRANZ	SR	<b>#2</b> St. John Fisher	<b>14.64w</b>	(3.7)	4/5
3		Lainey FLAITZ	SO	<b>#1</b> SUNY Geneseo {2}	<b>15.42</b>	(-0.9)	3/30
4		Anne SPILA	SR	<b>#7</b> Alfred	<b>15.50w</b>	(3.3)	<b>4/11</b>
5		Samantha LUBA	JR	<b>#4</b> Nazareth	<b>15.64</b>	(1.0)	<b>4/12</b>
6		Mackenzie KUBAT	FR	<b>#1</b> SUNY Geneseo {3}	<b>16.10w</b>	(3.3)	4/5
7		Lanna WANDY	SR	<b>#1</b> SUNY Geneseo {4}	<b>16.66</b>	(-0.9)	3/30
8		Stefania GRIMALDI	SO	<b>#5</b> Utica	<b>16.74</b>	(0.9)	<b>4/12</b>
9		Meya MCKOWN	SO	<b>#4</b> Nazareth {2}	<b>16.82w</b>	(4.0)	4/5
10		Victoria ROGOYSKI	FR	<b>#2</b> St. John Fisher {2}	<b>17.11</b>	(1.5)	<b>4/13</b>

## Women's 200 Meters

1	<b>5</b>	Brynn MOONEY	SO	<b>#1</b> SUNY Geneseo	<b>24.20w</b>	(4.0)	4/5
2	<b>33</b>	Marissa WISE	SR	<b>#3</b> SUNY Brockport	<b>24.84</b>	(1.1)	<b>4/14</b>
3	<b>76</b>	Jill AMBLER	SO	<b>#1</b> SUNY Geneseo {2}	<b>25.18w</b>	(4.0)	4/5
4	<b>86</b>	Victoria BREWSTER	JR	<b>#6</b> Houghton	<b>25.28w</b>	(4.0)	4/5
5		Abigail DORUNDA	FR	<b>#2</b> St. John Fisher	<b>25.68</b>	(1.6)	4/5
6		Lindsay TELLEZ	FR	<b>#1</b> SUNY Geneseo {3}	<b>25.89w</b>	(2.5)	4/5
7		Mackenzie MIX	SR	<b>#5</b> Utica	<b>25.90</b>	(1.2)	4/5
8		Kayla HUBA	JR	<b>#1</b> SUNY Geneseo {4}	<b>25.92w</b>	(3.1)	<b>4/14</b>
9		Makenna MANSON	FR	<b>#2</b> St. John Fisher {2}	<b>26.01</b>	(1.6)	4/5
10		Grace WRIGHT	SR	<b>#2</b> St. John Fisher {3}	<b>26.55</b>	(1.9)	<b>4/14</b>

## Women's 400 Meters

1	<b>6</b>	Brynn MOONEY	SO	<b>#1</b> SUNY Geneseo	<b>55.53</b>		<b>4/14</b>
2		Marissa WISE	SR	<b>#3</b> SUNY Brockport	<b>59.13</b>		4/5
3		Grace WRIGHT	SR	<b>#2</b> St. John Fisher	<b>59.36</b>		3/30
4		Mackenzie MIX	SR	<b>#5</b> Utica	<b>59.40</b>		4/5
5		Nicole GRETZINGER	JR	<b>#1</b> SUNY Geneseo {2}	<b>59.76</b>		<b>4/14</b>
5		Abigail DORUNDA	FR	<b>#2</b> St. John Fisher {2}	<b>59.76</b>		3/30
7		Alexis LASHER	JR	<b>#4</b> Nazareth	<b>59.86</b>		<b>4/12</b>
8		Sophia LEACH	SO	<b>#2</b> St. John Fisher {3}	<b>1:00.80</b>		4/5
9		Jordan WAGNER	SO	<b>#4</b> Nazareth {2}	<b>1:01.43</b>		<b>4/12</b>
10		Monica CAMMAROTA	FR	<b>#3</b> SUNY Brockport {2}	<b>1:01.47</b>		<b>4/14</b>

## Women's 400 Meter Hurdles

1	<b>13</b>	Lexi RODRIGUEZ	JR	<b>#3</b> SUNY Brockport	<b>1:02.87</b>		<b>4/14</b>
2	<b>28</b>	Ava BAGLEY	SO	<b>#1</b> SUNY Geneseo	<b>1:03.70</b>		<b>4/14</b>
3	<b>60</b>	Lainey FLAITZ	SO	<b>#1</b> SUNY Geneseo {2}	<b>1:05.60</b>		<b>4/14</b>
4	<b>61</b>	Janelle ECKL	SR	<b>#1</b> SUNY Geneseo {3}	<b>1:05.64</b>		4/5
5	<b>83</b>	Lily REXFORD	SO	<b>#3</b> SUNY Brockport {2}	<b>1:06.41</b>		<b>4/14</b>
6		Sophia BARCLAY	SO	<b>#1</b> SUNY Geneseo {4}	<b>1:07.13</b>		<b>4/14</b>
7		Lauren BENDALL	SR	<b>#4</b> Nazareth	<b>1:07.84</b>		<b>4/12</b>
8		Sophia LEACH	SO	<b>#2</b> St. John Fisher	<b>1:09.22</b>		3/30
9		Annabelle TOWNSEND	SR	<b>#7</b> Alfred	<b>1:09.42</b>		<b>4/12</b>
10		Monica CAMMAROTA	FR	<b>#3</b> SUNY Brockport {3}	<b>1:09.51</b>		4/5

## Women's 800 Meters

1	<b>22</b>	Sierra DOODY	JR	<b>#1</b> SUNY Geneseo	<b>2:13.33</b>		4/5
2	<b>65</b>	Ethne DEGAN	FR	<b>#3</b> SUNY Brockport	<b>2:16.73</b>		<b>4/14</b>
3		Dakota LIMBERT	FR	<b>#1</b> SUNY Geneseo {2}	<b>2:18.44</b>		<b>4/14</b>
4		Brianne HURLBURT	FR	<b>#2</b> St. John Fisher	<b>2:19.76</b>		<b>4/14</b>
5		Nieve MAHOOD	SR	<b>#1</b> SUNY Geneseo {3}	<b>2:19.77</b>		<b>4/14</b>
6		Vanessa RAMOS	SR	<b>#3</b> SUNY Brockport {2}	<b>2:21.03</b>		<b>4/14</b>
7		Ella IMPAGLIA	JR	<b>#4</b> Nazareth	<b>2:22.30</b>		<b>4/12</b>
8		Ari REBACK	FR	<b>#1</b> SUNY Geneseo {4}	<b>2:23.80</b>		4/5
9		Kyra BINNEY	JR	<b>#6</b> Houghton	<b>2:24.64</b>		<b>4/14</b>
10		Jenna BINNEY	FR	<b>#6</b> Houghton {2}	<b>2:24.92</b>		3/29

## Women's 1500 Meters

1	<b>20</b>	Sierra DOODY	JR	<b>#1</b> SUNY Geneseo	<b>4:33.11</b>		<b>4/14</b>
2	<b>34</b>	Caitlin VOLOSHEN	JR	<b>#2</b> St. John Fisher	<b>4:36.60</b>		<b>4/14</b>
3		Mia VIZCAINO	SR	<b>#3</b> SUNY Brockport	<b>4:44.69</b>		<b>4/14</b>
4		Ethne DEGAN	FR	<b>#3</b> SUNY Brockport {2}	<b>4:45.47</b>		4/5
5		Shelby BOISE	SO	<b>#1</b> SUNY Geneseo {2}	<b>4:49.01</b>		<b>4/14</b>
6		Ella IMPAGLIA	JR	<b>#4</b> Nazareth	<b>4:49.30</b>		<b>4/12</b>
7		Gabriella MCCARTHY	SR	<b>#1</b> SUNY Geneseo {3}	<b>4:49.99</b>		4/5
8		Ann BRENNAN	JR	<b>#1</b> SUNY Geneseo {4}	<b>4:51.62</b>		4/5
9		Jenna BINNEY	FR	<b>#6</b> Houghton	<b>4:51.94</b>		<b>4/14</b>
10		Kaitlyn GROSSMAN	SR	<b>#1</b> SUNY Geneseo {5}	<b>4:52.76</b>		4/5

## Women's Steeplechase

1	<b>6</b>	Ann BRENNAN	JR	<b>#1</b> SUNY Geneseo	<b>10:46.82</b>		<b>4/14</b>
2	<b>29</b>	Isabel MARZEC	SR	<b>#1</b> SUNY Geneseo {2}	<b>11:13.25</b>		<b>4/14</b>
3	<b>40</b>	Jillian O'ROURKE	SO	<b>#1</b> SUNY Geneseo {3}	<b>11:18.01</b>		<b>4/14</b>
4		Ella IMPAGLIA	JR	<b>#4</b> Nazareth	<b>11:47.27</b>		4/5
5		Sabrina ANTONINI	SR	<b>#2</b> St. John Fisher	<b>11:59.58</b>		<b>4/13</b>
6		Catherine MANNA	FR	<b>#5</b> Utica	<b>12:10.55</b>		4/5
7		Peyton CARTER	FR	<b>#2</b> St. John Fisher {2}	<b>12:20.03</b>		<b>4/13</b>
8		Julia WEINSCHREIDER	FR	<b>#8</b> Hartwick	<b>12:51.11</b>		3/30
9		Megan O'MALLEY	SO	<b>#2</b> St. John Fisher {3}	<b>13:35.88</b>		4/5
10		Maggie DOLLOFF	SR	<b>#2</b> St. John Fisher {4}	<b>13:57.57</b>		4/5



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## Women's 5000 Meters

1	7	Penelope GREENE	SR	#1 SUNY Geneseo	16:43.90	4/5
2	23	Gabriella MCCARTHY	SR	#1 SUNY Geneseo {2}	16:59.76	4/14
3	44	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {3}	17:19.66	4/5
4	76	Ann BRENNAN	JR	#1 SUNY Geneseo {4}	17:32.70	3/30
5	81	Ari REBACK	FR	#1 SUNY Geneseo {5}	17:34.85	4/14
6	88	Kaitlyn GROSSMAN	SR	#1 SUNY Geneseo {6}	17:36.77	4/14
7		Annika HURLEY	JR	#1 SUNY Geneseo {7}	17:44.13	4/14
8		Mia VIZCAINO	SR	#3 SUNY Brockport	18:12.92	4/5
9		Isabel MARZEC	SR	#1 SUNY Geneseo {8}	18:23.79	3/30
10		Marlo TOWNSEND	FR	#5 Utica	18:32.65	4/5

## Women's 10,000 Meters

1	2	Penelope GREENE	SR	#1 SUNY Geneseo	33:42.16	4/14
2	6	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {2}	35:04.34	4/14
3		Riley JAMESON	SR	#2 St. John Fisher	40:15.94	4/13
4		Audrey CARRAGHER	SR	#2 St. John Fisher {2}	40:21.51	3/30
5		Noelle LINENFELSER	JR	#6 Houghton	40:37.47	4/5
6		Emberlynn NOLT	FR	#6 Houghton {2}	41:06.94	4/5
7		Annika HURLEY	JR	#1 SUNY Geneseo {3}	41:11.37	4/5
8		Natalia BIEHL-NARVAEZ	JR	#1 SUNY Geneseo {4}	41:19.75	4/5
9		Kennedy DORAN	SO	#4 Nazareth	41:41.06	4/5
10		Anna TESSIER	JR	#1 SUNY Geneseo {5}	42:16.14	4/5

## Women's 4x100 Relay

1	46	Lindsay Tellez, Brynn Mooney, Jill Ambler, Kayla Huba		#1 SUNY Geneseo	48.35	4/14
2	79	Alexis Lasher, Alaina Morley, Jasmine Kendrick, Jordan Wagner		#4 Nazareth	49.40	4/12
3		Makenna Manson, Abigail Dorunda, Ella Radley, Grace Wright		#2 St. John Fisher	50.06	4/14
4		Davannah Dunn, Jozie Zickafoose, Alexa Belanger, Victoria Brewster		#6 Houghton	50.41	4/13
5		Amelia Petersen, Lilly Messler, Nyasia Marsh, Mackenzie Mix		#5 Utica	50.70	3/30
6		Zoe Rainville, Annabelle Townsend, Natalya Ryckman, Anne Spila		#7 Alfred	53.41	4/5
7		Bayleigh Woodard, Rachel Daskiewicz, Tessa Patchen, Abby Mineweaser		#3 SUNY Brockport	53.74	4/5
8		Giovanna Wall, Molly Corbett, Maiya King, Pepita Graham		#8 Hartwick	55.37	4/12

## Women's 4x400 Relay

1	35	Emma Wright, Grace Wright, Sophia Leach, Abigail Dorunda		#2 St. John Fisher	4:00.53	4/5
2	47	Alexis Lasher, Lauren Bendall, Abigail Bowman, Samantha Luba		#4 Nazareth	4:03.36	4/12
3	52	Nicole Gretzinger, Isabella Lagios, Ava Brogan, Sierra Doody		#1 SUNY Geneseo	4:04.07	4/5
4		Kyra Binney, Jenna Binney, Risa Palmer, Noelle Linenfelser		#6 Houghton	4:21.24	3/29
5		Zoe Rainville, Annabelle Townsend, Natalya Ryckman, Anne Spila		#7 Alfred	4:29.13	3/19
6		Caroline Young, Lilly Messler, Jade Dening, Emma Charboneau		#5 Utica	4:33.88	4/5
7		Gwen Sullivan, Lauren Yonko, Aaliyah Wright, Ashlee Greene		#3 SUNY Brockport	4:37.17	4/13

## Women's High Jump

1	5	Alexa BELANGER	FR	#6 Houghton	1.68m	5-6	4/5
2	19	Hannah ALLISON	SO	#5 Utica	1.63m	5-4¼	4/12
3	62	Kathryn HILLYARD	FR	#2 St. John Fisher	1.59m	5-2½	4/13
3	62	Michaela LEVESQUE	SR	#3 SUNY Brockport	1.59m	5-2½	4/13
5		Sasha SCHRAMM	JR	#3 SUNY Brockport {2}	1.54m	5-½	4/13
5		Anne SPILA	SR	#7 Alfred	1.54m	5-½	4/11
7		Sydney LASALLE	JR	#4 Nazareth	1.50m	4-11	4/12
8		Justice CRANE	SO	#3 SUNY Brockport {3}	1.48m	4-10¼	4/5
8		Jada ANTHONY	JR	#5 Utica {2}	1.48m	4-10¼	3/30
10		Mary CLAIRE ROLLINS	SO	#2 St. John Fisher {2}	1.44m	4-8¾	4/13

## Women's Pole Vault

1	14	Isabel MORSE	JR	#4 Nazareth	3.80m	12-5½	4/5
2	47	Kiara TORNUSCIOLO	JR	#4 Nazareth {2}	3.50m	11-5¾	4/5
3	73	Isabel SWYERS	SO	#3 SUNY Brockport	3.36m	11-¼	4/13
4		Kathryn HILLYARD	FR	#2 St. John Fisher	3.21m	10-6¼	4/13
4		Emily FRECH	SR	#2 St. John Fisher	3.21m	10-6¼	4/13
6		Cassandra WOOD	SO	#5 Utica	3.20m	10-6	4/12
6		Madysen BUSH	FR	#4 Nazareth {3}	3.20m	10-6	4/5
8		Mya HENRY	SR	#3 SUNY Brockport {2}	2.91m	9-6½	4/13
8		Kora DININNY	FR	#3 SUNY Brockport {2}	2.91m	9-6½	4/13
10		Gianna BATISTA	JR	#1 SUNY Geneseo	2.90m	9-6¼	3/30



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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## Women's Long Jump

1	30	Veronica DUELL	SR	#2 St. John Fisher	5.60m	18-4½ (-2.1)	4/4
2	88	Lanna WANDY	SR	#1 SUNY Geneseo	5.33m	17-6 (0.0)	3/30
3	91	Samantha LUBA	JR	#4 Nazareth	5.32m	17-5½ (0.0)	4/12
4		Alaina MORLEY	JR	#4 Nazareth	{2} 5.25m	17-2¾ (-0.3)	4/12
5		Katie JACQUES	SR	#4 Nazareth	{3} 5.23m	17-2 (1.9)	4/13
6		Nyasia MARSH	SO	#5 Utica	5.19mw	17-½ (2.2)	4/12
7		Nora DEVITT	SR	#5 Utica	{2} 5.18m	17-0 (1.5)	4/12
8		Stefania GRIMALDI	SO	#5 Utica	{3} 5.16mw	16-11¼ (3.6)	3/30
8		Elizabeth BRANDT	FR	#2 St. John Fisher	{2} 5.16m	16-11¼ (0.2)	4/13
10		Jasmine KENDRICK	SO	#4 Nazareth	{4} 5.14m	16-10½ (0.0)	4/12

## Women's Triple Jump

1	75	Nora DEVITT	SR	#5 Utica	10.98m	36-¼ (0.0)	4/5
2	98	Katie JACQUES	SR	#4 Nazareth	10.87m	35-8 (-2.6)	4/5
3		Elyse KLUMP	FR	#1 SUNY Geneseo	10.85m	35-7¼ (-1.9)	4/5
4		Sasha SCHRAMM	JR	#3 SUNY Brockport	10.74m	35-3 (0.2)	4/13
5		Sydney LASALLE	JR	#4 Nazareth	{2} 10.69m	35-1 (1.5)	4/12
6		Kianna NAVAL	FR	#2 St. John Fisher	10.64m	34-11 (1.1)	4/13
7		Madysen BUSH	FR	#4 Nazareth	{3} 10.61mw	34-9¾ (2.1)	4/12
8		Ariana D'ONOFRIO	SO	#1 SUNY Geneseo	{2} 10.43m	34-2¾ (-0.7)	4/5
8		Samantha LUBA	JR	#4 Nazareth	{4} 10.43m	34-2¾ (1.3)	4/12
10		Safia SESAY	JR	#3 SUNY Brockport	{2} 10.20m	33-5¾ (-0.4)	4/5

## Women's Shot Put

1		Lauren JAKLITSCH	JR	#1 SUNY Geneseo	11.98m	39-3¾	3/30
1		Zoe CONNER	SR	#1 SUNY Geneseo	11.98m	39-3¾	4/5
3		Rebecca HEULER	SR	#3 SUNY Brockport	11.80m	38-8¾	4/13
4		Erin MCGUINNESS	JR	#2 St. John Fisher	11.37m	37-3¾	4/13
5		Trinity DEES	JR	#3 SUNY Brockport	{2} 11.36m	37-3¾	4/13
6		Payton MEHALICK	JR	#1 SUNY Geneseo	{3} 11.22m	36-9¾	4/5
7		Emily ROLINCE	SO	#4 Nazareth	10.94m	35-10¾	4/13
8		Riley KING	SO	#5 Utica	10.63m	34-10½	4/12
9		Ella MANELLIS	FR	#1 SUNY Geneseo	{4} 10.47m	34-4¼	4/5
10		Bella RIVERIA	FR	#3 SUNY Brockport	{3} 10.46m	34-4	4/13

## Women's Discus

1	87	Erin MCGUINNESS	JR	#2 St. John Fisher	39.00m	128-0	4/13
2	88	Rebecca HEULER	SR	#3 SUNY Brockport	38.96m	127-10	4/13
3		Ella MANELLIS	FR	#1 SUNY Geneseo	36.63m	120-2	4/5
4		Skyler KLIMOW	JR	#1 SUNY Geneseo	{2} 36.28m	119-1	4/5
5		Hailee GARCIA	FR	#2 St. John Fisher	{2} 35.90m	117-10	4/5
6		Savana HENRY	FR	#3 SUNY Brockport	{2} 35.55m	116-8	4/5
7		Katrina CHANDLER	JR	#3 SUNY Brockport	{3} 33.78m	110-10	4/5
8		Meridian BREMEL	FR	#7 Alfred	32.82m	107-8	4/12
9		Rhian CROWLEY	SO	#3 SUNY Brockport	{4} 32.81m	107-8	4/13
10		Lea RICHARD	SR	#4 Nazareth	32.27m	105-11	4/12

## Women's Hammer

1	38	Lea RICHARD	SR	#4 Nazareth	49.20m	161-5	4/12
2	47	Zoe CONNER	SR	#1 SUNY Geneseo	48.75m	159-11	4/5
3	52	Anna STEED	JR	#2 St. John Fisher	48.09m	157-10	4/13
4	59	Riley KING	SO	#5 Utica	47.57m	156-1	3/30
5	63	Jazelle MCINTYRE	JR	#2 St. John Fisher	{2} 47.31m	155-3	4/13
6	68	Rebecca HEULER	SR	#3 SUNY Brockport	47.18m	154-10	4/13
7	71	Ella MANELLIS	FR	#1 SUNY Geneseo	{2} 47.01m	154-3	4/5
8		Lauren JAKLITSCH	JR	#1 SUNY Geneseo	{3} 45.30m	148-8	4/5
9		Katrina CHANDLER	JR	#3 SUNY Brockport	{2} 45.19m	148-3	4/13
10		Hailey HROUDA	SO	#5 Utica	{2} 43.73m	143-6	4/12

## Women's Javelin

1	10	Rebecca HEULER	SR	#3 SUNY Brockport	41.23m	135-3	4/13
2	21	Skyler KLIMOW	JR	#1 SUNY Geneseo	39.79m	130-7	4/5
3		Sierra MYERS	FR	#2 St. John Fisher	33.98m	111-6	4/13
4		Payton MEHALICK	JR	#1 SUNY Geneseo	{2} 32.91m	108-0	4/5
5		Abbey CONQUEST	SR	#4 Nazareth	32.42m	106-5	4/13
6		Jacqueline WILLIAMS	SO	#2 St. John Fisher	{2} 32.15m	105-6	4/13
7		Stefania GRIMALDI	SO	#5 Utica	31.72m	104-1	4/12
8		Anne SPILA	SR	#7 Alfred	31.09m	102-0	4/11
9		Madison KIRKPATRICK	SO	#3 SUNY Brockport	{2} 29.95m	98-3¼	4/13
10		Abigail NUZZO	JR	#6 Houghton	29.46m	96-8	3/19

## Women's Heptathlon

1	13	Anne SPILA	SR	#7 Alfred	4,341		4/11
2		Neve TILLEY	JR	#6 Houghton	2,108		4/13
3		Katie PAVELCHAK	JR	#3 SUNY Brockport	1,357		4/13



## Conference TFRI Event Summary



GNAC

as of 4/15/2025 8:32:30 AM ET

## Women's 100 Meters

1	Caroline CAREY	SR	#1 Emmanuel (Mas	13.11	(0.5)	4/4
2	Kayoni JORDAN	SO	#4 Lasell	13.25	(0.2)	4/4
3	Olivia DENCH	JR	#3 Regis (Mass.)	13.32	(0.2)	4/11
4	Lila BRILLHART	FR	#5 Colby-Sawyer	13.40	(-0.6)	3/28
5	Reilly SLUSSER	JR	#1 Emmanuel (Mas{2}	13.61	(0.0)	4/4
6	Sofia ROWEN	FR	#1 Emmanuel (Mas{3}	13.69	(0.4)	4/12
7	Isatu FOFANA	FR	#6 Simmons	13.70	(1.0)	4/4
8	Janet AMASA-TITUS	SO	#3 Regis (Mass.) {2}	13.71	(0.5)	4/4
9	Zoe INDENGA	FR	#2 Saint Joseph's (I	13.80	(-0.6)	3/28
10	Zoe SCHMALING	FR	#6 Simmons {2}	13.89w	(3.2)	3/29
10	Donna GAUVIN	SO	#1 Emmanuel (Mas{4}	13.89	(1.2)	4/12

## Women's 100 Meter Hurdles

1	Lila BRILLHART	FR	#5 Colby-Sawyer	15.60	(0.0)	4/7
2	Audrey BILODEAU	JR	#2 Saint Joseph's (I	15.98	(-0.1)	4/5
3	Donna GAUVIN	SO	#1 Emmanuel (Mas	16.75w	(2.1)	4/12
4	Annaliese ROWELL	FR	#5 Colby-Sawyer {2}	17.38	(1.3)	4/14
5	Alexis PATTERSON	FR	#1 Emmanuel (Mas{2}	17.43w	(2.1)	4/12
6	Amy PROUX	SO	#1 Emmanuel (Mas{3}	18.02w	(2.1)	4/12
7	Jayla JAMES	FR	#6 Simmons	18.16	(0.5)	4/4
8	Madalyn GUINDON	FR	#2 Saint Joseph's (I{2}	18.18	(-0.2)	4/11
9	Kason HUYNH	SO	#1 Emmanuel (Mas{4}	18.55	(-1.3)	4/4
10	Emily AHO	SR	#3 Regis (Mass.)	19.08	(0.8)	4/11

## Women's 200 Meters

1	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	26.46w	(2.5)	4/11
2	Caroline CAREY	SR	#1 Emmanuel (Mas	26.83	(-1.2)	3/28
3	Reilly SLUSSER	JR	#1 Emmanuel (Mas{2}	27.62	(0.1)	3/28
4	Olivia DENCH	JR	#3 Regis (Mass.) {2}	27.79	(1.5)	4/12
5	Aubrey HEISE	FR	#3 Regis (Mass.) {3}	28.03	(0.2)	3/23
6	Ava SMART	SO	#2 Saint Joseph's (I	28.24	(0.7)	4/11
7	Aida DAVIS	FR	#1 Emmanuel (Mas{3}	28.29	(-0.7)	3/28
8	Sofia ROWEN	FR	#1 Emmanuel (Mas{4}	28.41	(0.7)	4/12
9	Zoe INDENGA	FR	#2 Saint Joseph's (I{2}	28.87	(-0.6)	4/5
10	Eliana JACKSON	FR	#1 Emmanuel (Mas{5}	29.51w	(2.4)	4/12

## Women's 400 Meters

1	Caroline CAREY	SR	#1 Emmanuel (Mas	1:02.01		4/12
2	Ava SMART	SO	#2 Saint Joseph's (I	1:02.24		4/5
3	Aida DAVIS	FR	#1 Emmanuel (Mas{2}	1:02.51		4/5
4	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	1:02.53		3/23
5	Olivia COSTA	FR	#1 Emmanuel (Mas{3}	1:02.90		3/28
6	Cheri WILLEMS	FR	#2 Saint Joseph's (I{2}	1:03.58		4/5
7	Sofia ROWEN	FR	#1 Emmanuel (Mas{4}	1:04.23		3/28
8	Bella KOEPESELL	FR	#2 Saint Joseph's (I{3}	1:05.15		4/11
9	Aubrey HEISE	FR	#3 Regis (Mass.) {2}	1:05.43		3/29
10	Desiree ROBINSON	SR	#1 Emmanuel (Mas{5}	1:06.01		4/12

## Women's 400 Meter Hurdles

1	Audrey BILODEAU	JR	#2 Saint Joseph's (I	1:07.92		4/11
2	Desiree ROBINSON	SR	#1 Emmanuel (Mas	1:13.24		4/5
3	Kristen RAFERTY	SR	#1 Emmanuel (Mas{2}	1:13.36		3/28
4	Olivia BEAN	FR	#2 Saint Joseph's (I{2}	1:13.66		4/11
5	Olivia COSTA	FR	#1 Emmanuel (Mas{3}	1:13.70		3/28
6	Siobhan WALSH	SO	#1 Emmanuel (Mas{4}	1:14.21		3/28
7	Amy PROUX	SO	#1 Emmanuel (Mas{5}	1:17.65		3/28
8	Madalyn GUINDON	FR	#2 Saint Joseph's (I{3}	1:19.49		3/28
9	Alexis PATTERSON	FR	#1 Emmanuel (Mas{6}	1:24.30		3/28

## Women's 800 Meters

1	Aubrey HEISE	FR	#3 Regis (Mass.)	2:24.68		4/12
2	Cheri WILLEMS	FR	#2 Saint Joseph's (I	2:30.01		4/11
3	Aida DAVIS	FR	#1 Emmanuel (Mas	2:30.66		3/28
4	Alexia YOUNG	JR	#2 Saint Joseph's (I{2}	2:30.87		4/11
5	Bella KOEPESELL	FR	#2 Saint Joseph's (I{3}	2:33.34		4/5
6	Sydney GONZALEZ	JR	#1 Emmanuel (Mas{2}	2:33.89		3/28
7	Kendall NEWTON	SO	#1 Emmanuel (Mas{3}	2:35.62		3/28
8	Wanda CIRILLO	FR	#6 Simmons	2:36.04		3/29
9	Lezly ACEVEDO	SR	#4 Lasell	2:43.23		4/4
10	Katherine KOHTALA	SO	#4 Lasell {2}	2:43.75		4/11

## Women's 1500 Meters

1	Sydney GONZALEZ	JR	#1 Emmanuel (Mas	5:13.30		4/4
2	Kendall NEWTON	SO	#1 Emmanuel (Mas{2}	5:13.87		3/28
3	Aubrey HEISE	FR	#3 Regis (Mass.)	5:15.08		4/12
4	Wanda CIRILLO	FR	#6 Simmons	5:16.74		4/4
5	Julia KURTHY	JR	#1 Emmanuel (Mas{3}	5:50.29		4/4
6	Olivia MMAMELU	FR	#3 Regis (Mass.) {2}	5:51.04		4/4
7	Sofia GIRIONI	FR	#6 Simmons {2}	5:56.34		3/29
8	Lezly ACEVEDO	SR	#4 Lasell	5:59.55		4/5
9	Annabelle JEAN-PHILIPPE	SR	#3 Regis (Mass.) {3}	6:12.07		4/11
10	Olivia PENNINGTON	FR	#4 Lasell {2}	6:14.60		4/5

## Women's Steeplechase

1	Leah O'NEILL	JR	#5 Colby-Sawyer	13:23.68		3/28
2	Julia KURTHY	JR	#1 Emmanuel (Mas	14:37.00		4/12
3	Gabrielle O'CONNOR	FR	#1 Emmanuel (Mas{2}	14:46.86		4/12
4	Mia DEMORE	SO	#1 Emmanuel (Mas{3}	14:47.88		3/28
5	Lenah HELLERICH	FR	#5 Colby-Sawyer {2}	14:50.77		4/7

## Women's 5000 Meters

1	Adriana NADEAU	JR	#5 Colby-Sawyer	19:34.78		3/28
2	Leah O'NEILL	JR	#5 Colby-Sawyer {2}	19:55.92		4/7
3	Haley WILLIAMS	FR	#2 Saint Joseph's (I	20:09.77		4/11
4	Sydney GONZALEZ	JR	#1 Emmanuel (Mas	20:10.51		4/12
5	Kendall NEWTON	SO	#1 Emmanuel (Mas{2}	20:21.10		4/12
6	Caroline ABBOTT	FR	#1 Emmanuel (Mas{3}	20:58.95		4/12
7	Sofia GIRIONI	FR	#6 Simmons	21:22.50		4/4
8	Mia DEMORE	SO	#1 Emmanuel (Mas{4}	21:53.59		4/4
9	Lenah HELLERICH	FR	#5 Colby-Sawyer {3}	23:04.81		3/28
10	Gabrielle O'CONNOR	FR	#1 Emmanuel (Mas{5}	23:54.76		4/4





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



GNAC

as of 4/15/2025 8:32:31 AM ET

## Women's 10,000 Meters

1	Adriana NADEAU	JR	#5 Colby-Sawyer	40:10.77	4/12
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## Women's 4x100 Relay

1	Reilly Slusser, Cynthia Brito, Olivia Costa, Caroline Carey	#1 Emmanuel (Mas)	51.44	4/4
2	Aleyo Amasa-Titus, Janet Amasa-Titus, Olivia Dench, Abigail Kilbride	#3 Regis (Mass.)	51.70	4/4
3	Alexis Cowan, Alexia Young, Madalyn Guindon, Ella Labrie	#2 Saint Joseph's (I)	53.47	3/15
4	Isatu Fofanah, Macaela Stanislas, Zoe Schmaling, Debby Perez	#6 Simmons	54.32	3/29
5	Giselle Olivar, Mikayla Bokis, Hanna Babek, Kayoni Jordan	#4 Lasell	55.30	4/4
6	Annaliese Rowell, Anna Hildreth, Marisa Lambert, Kelly Ranta	#5 Colby-Sawyer	58.38	4/7

## Women's 4x400 Relay

1	Ava Smart, Bella Koepsell, Alexia Young, Audrey Bilodeau	#2 Saint Joseph's (I)	4:18.76	4/11
2	Aleyo Amasa-Titus, Abigail Kilbride, Olivia Dench, Aubrey Heise	#3 Regis (Mass.)	4:27.63	4/12
3	Sofia Girioni, Trinity Williamson, Julia Pellegrino, Gabby Flaherty	#6 Simmons	5:25.69	4/4

## Women's High Jump

1	91 Desiree ROBINSON	SR	#1 Emmanuel (Mas)	1.56m	5-1¼	3/28
2	Breya WHITMAN	SO	#2 Saint Joseph's (I)	1.50m	4-11	4/11
3	Emily GREENE	JR	#1 Emmanuel (Mas)	1.46m	4-9½	4/5
4	Kason HUYNH	SO	#1 Emmanuel (Mas)	1.36m	4-5½	4/12
4	Berkley HUTCHINS	FR	#2 Saint Joseph's (I)	1.36m	4-5½	3/28
6	Colleen BARTEL	FR	#4 Lasell	1.35m	4-5	4/11
7	Grace MICKLON	JR	#3 Regis (Mass.)	1.33m	4-4¼	3/23

## Women's Pole Vault

1	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	2.50m	8-2½	4/4
2	Reilly SLUSSER	JR	#1 Emmanuel (Mas)	2.20m	7-2½	4/4

## Women's Long Jump

1	Ella LABRIE	FR	#2 Saint Joseph's (I)	5.09m	16-8½ (0.9)	3/15
2	Desiree ROBINSON	SR	#1 Emmanuel (Mas)	5.04m	16-6½ (0.0)	4/12
3	Alexis COWAN	SO	#2 Saint Joseph's (I)	4.76m	15-7½ (0.0)	4/5
4	Reilly SLUSSER	JR	#1 Emmanuel (Mas)	4.64mw	15-2¾ (3.0)	4/4
5	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	4.62mw	15-2 (2.3)	3/29
6	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	4.58m	15-½ (0.0)	3/29
7	Kayoni JORDAN	SO	#4 Lasell	4.56mw	14-11½ (3.0)	4/4
8	Olivia BEAN	FR	#2 Saint Joseph's (I)	4.47m	14-8 (-0.9)	3/28
9	Cynthia BRITO	SR	#1 Emmanuel (Mas)	4.46m	14-7¾ (0.3)	3/28
10	Caroline CAREY	SR	#1 Emmanuel (Mas)	4.39m	14-5 (-0.5)	4/12

## Women's Triple Jump

1	53 Desiree ROBINSON	SR	#1 Emmanuel (Mas)	11.17mw	36-7¾ (2.2)	4/4
2	Cynthia BRITO	SR	#1 Emmanuel (Mas)	10.65m	34-11¼ (0.7)	4/4
3	Ella LABRIE	FR	#2 Saint Joseph's (I)	10.53m	34-6¾ (-0.1)	4/5
4	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	10.34m	33-11¼ (0.7)	4/4
5	Zoe INDENGA	FR	#2 Saint Joseph's (I)	10.26m	33-8 (0.4)	4/5
6	Breya WHITMAN	SO	#2 Saint Joseph's (I)	10.01m	32-10¼ (0.2)	4/5
7	Olivia BEAN	FR	#2 Saint Joseph's (I)	9.87m	32-4¾ (0.0)	3/28
8	Emily AHO	SR	#3 Regis (Mass.)	9.59m	31-5¾ (0.9)	3/23
9	Donna GAUVIN	SO	#1 Emmanuel (Mas)	9.23m	30-3½ (-0.1)	4/5
10	Emily GREENE	JR	#1 Emmanuel (Mas)	9.17m	30-1 (1.7)	4/12

## Women's Shot Put

1	Ava FISHER	SO	#1 Emmanuel (Mas)	9.96m	32-8¼	4/4
2	Savannah WERNER	SO	#4 Lasell	9.61m	31-6½	3/29
3	Susy DANIELS	FR	#4 Lasell	9.51m	31-2½	4/11
4	Berkley HUTCHINS	FR	#2 Saint Joseph's (I)	9.23m	30-3½	4/5
5	Jemima KABANGU	FR	#2 Saint Joseph's (I)	9.14m	30-0	4/11
6	Pilar BROWN	JR	#3 Regis (Mass.)	8.92m	29-3¼	4/11
7	Lillian SULLIVAN	FR	#4 Lasell	8.90m	29-2½	4/4
8	Abby O'BRIEN	SR	#2 Saint Joseph's (I)	8.89m	29-2	3/15
9	Katelynn REYNOLDS	JR	#2 Saint Joseph's (I)	8.80m	28-10½	4/11
10	Daeserae WILLIAMSON	FR	#4 Lasell	8.77m	28-9¼	4/4

## Women's Discus

1	Abby O'BRIEN	SR	#2 Saint Joseph's (I)	31.27m	102-7	3/28
2	Ava FISHER	SO	#1 Emmanuel (Mas)	28.82m	94-6¾	4/4
3	Katelynn REYNOLDS	JR	#2 Saint Joseph's (I)	28.68m	94-1¼	4/11
4	Isabelle LAPLUME	FR	#5 Colby-Sawyer	27.91m	91-7	3/28
5	Isabella BENNICIE	SO	#1 Emmanuel (Mas)	27.22m	89-3¾	4/4
6	Susy DANIELS	FR	#4 Lasell	27.08m	88-10¼	4/11
7	Haley LANG	SO	#2 Saint Joseph's (I)	25.80m	84-7¾	3/15
8	Sarah JOE	JR	#2 Saint Joseph's (I)	25.10m	82-4¼	4/11
9	Pilar BROWN	JR	#3 Regis (Mass.)	24.49m	80-4¼	3/29
10	Marian KARAN	SO	#1 Emmanuel (Mas)	24.29m	79-8¼	4/4





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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GNAC

as of 4/15/2025 8:32:31 AM ET

## Women's Hammer

1	Abby O'BRIEN	SR	#2 Saint Joseph's (N	40.75m	133-9	4/4
2	Agnessa LYSENKO	SO	#6 Simmons	37.12m	121-10	3/29
3	Madison REILLY	SO	#1 Emmanuel (Mass	35.02m	114-11	4/4
4	Katelynn REYNOLDS	JR	#2 Saint Joseph's (N	34.43m	113-0	4/11
5	Ava FISHER	SO	#1 Emmanuel (Mass	30.44m	99-10½	4/4
6	Sarah JOE	JR	#2 Saint Joseph's (N	29.71m	97-5¾	4/11
7	Teddy POLLACK	FR	#5 Colby-Sawyer	28.79m	94-5½	3/28
8	Isabella CLARK-ALDERMAN	JR	#3 Regis (Mass.)	25.96m	85-2	4/4
9	Jenna SARGENT	JR	#4 Lasell	25.62m	84-¾	4/4
10	Lillian SULLIVAN	FR	#4 Lasell	{2}25.43m	83-5¼	4/5

## Women's Javelin

1	Ava FISHER	SO	#1 Emmanuel (Mass	32.09m	105-4	4/12
2	Amy PROUX	SO	#1 Emmanuel (Mass	28.69m	94-1½	3/28
3	Teddy POLLACK	FR	#5 Colby-Sawyer	26.88m	88-2¾	3/28
4	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	26.75m	87-9¼	4/4
5	Avery FAMA	JR	#1 Emmanuel (Mass	23.52m	77-2	4/5
6	Haley LANG	SO	#2 Saint Joseph's (N	21.43m	70-3¾	3/15
7	Harmony LOPEZ	SR	#3 Regis (Mass.)	{2}21.10m	69-2¾	4/4
8	Sarah RICHARD-COTE	FR	#2 Saint Joseph's (N	20.70m	67-11	4/4
9	Savannah WERNER	SO	#4 Lasell	19.59m	64-3¼	4/4
10	Maryam HASSAR		#1 Emmanuel (Mass	{4}18.53m	60-9½	4/4



## Conference TFRI Event Summary



HCAC

as of 4/15/2025 8:32:31 AM ET

## Women's 100 Meters

1	Kymiah BLAIR	SR	#2 Berea (Ky.)	12.41	(0.0)	4/5
2	Alexandra ADAMS	JR	#1 Rose-Hulman	12.42w	(3.8)	3/29
3	Rose TALBERT	SO	#1 Rose-Hulman	{2} 12.44	(1.0)	4/5
4	Ashyia MADDICKES	SO	#2 Berea (Ky.)	{2} 12.82	(1.2)	4/12
5	Jay'ana BLAKELY	JR	#4 Manchester	12.86	(1.9)	3/22
6	Coco TRUELOVE	FR	#4 Manchester	{2} 13.06	(-1.0)	4/12
7	Olivia FORTE	SO	#7 Mount St. Josepl	13.16w	(2.6)	4/12
8	Iliana HERNANDEZ	FR	#1 Rose-Hulman	{3} 13.19	(-1.0)	4/12
9	Abbey ROWE	SR	#5 Transylvania	13.30	(0.7)	3/22
10	Giulianna RUSSELL	SO	#6 Earlham	13.35w	(2.4)	3/22

## Women's 100 Meter Hurdles

1	Coco TRUELOVE	FR	#4 Manchester	16.75	(0.5)	4/5
2	Natalie DAY	SR	#3 Hanover	16.85	(0.1)	4/12
3	Katie RIPBERGER	FR	#8 Anderson (Ind.)	17.45	(0.1)	4/12
4	Irene LEMA MADUENO	SO	#1 Rose-Hulman	17.55	(0.1)	4/12
5	Jerneisha LEWIS	SR	#2 Berea (Ky.)	17.87	(1.4)	4/12
6	Jada HUNTER-HAYS	SR	#1 Rose-Hulman	{2} 18.76	(2.0)	3/22
7	Makayla CORN	FR	#8 Anderson (Ind.)	{2} 20.66	(0.5)	4/5
8	Sofie KURRASCH	FR	#6 Earlham	21.02	(-1.6)	4/12

## Women's 200 Meters

1	45 Rose TALBERT	SO	#1 Rose-Hulman	24.92	(1.7)	4/12
2	80 Olivia SPARKS	SO	#5 Transylvania	25.25w	(2.6)	4/12
3	86 Kymiah BLAIR	SR	#2 Berea (Ky.)	25.28	(0.9)	3/29
4	Ashyia MADDICKES	SO	#2 Berea (Ky.)	{2} 26.24w	(2.4)	4/12
5	Alexandra ADAMS	JR	#1 Rose-Hulman	{2} 26.54	(0.3)	3/22
6	Abbey ROWE	SR	#5 Transylvania	{2} 26.74w	(2.6)	4/12
7	Coco TRUELOVE	FR	#4 Manchester	26.91	(1.5)	4/12
8	Katerina KOVALEVSKAYA	SO	#2 Berea (Ky.)	{3} 26.96w	(2.4)	4/12
9	Jay'ana BLAKELY	JR	#4 Manchester	{2} 27.09	(0.3)	3/22
10	Iliana HERNANDEZ	FR	#1 Rose-Hulman	{3} 27.10w	(2.4)	4/12

## Women's 400 Meters

1	14 Rose TALBERT	SO	#1 Rose-Hulman	56.16		4/12
2	Olivia SPARKS	SO	#5 Transylvania	58.91		4/5
3	Kristin FISCHLI	JR	#2 Berea (Ky.)	1:00.60		3/29
4	Katerina KOVALEVSKAYA	SO	#2 Berea (Ky.)	{2} 1:01.30		3/29
5	Abbey ROWE	SR	#5 Transylvania	{2} 1:01.87		4/5
6	Muhorakeye JOYEUSE	SO	#2 Berea (Ky.)	{3} 1:02.63		3/22
7	Isa SLONE	SO	#6 Earlham	1:02.77		4/12
8	Hannah COX	FR	#5 Transylvania	{3} 1:03.67		3/30
9	Peyton POTTS	SO	#2 Berea (Ky.)	{4} 1:03.70		3/29
10	Cheyenne MIDDLETON	SO	#5 Transylvania	{4} 1:03.74		3/30

## Women's 400 Meter Hurdles

1	62 Natalie DAY	SR	#3 Hanover	1:05.67		4/12
2	Jakeisha LEWIS	SR	#2 Berea (Ky.)	1:07.79		4/5
3	Jada HUNTER-HAYS	SR	#1 Rose-Hulman	1:10.65		3/22
4	Katie RIPBERGER	FR	#8 Anderson (Ind.)	1:11.07		4/12
5	Peyton TAN	SO	#5 Transylvania	1:13.66		4/12
6	Jerneisha LEWIS	SR	#2 Berea (Ky.)	{2} 1:14.06		4/12
7	Gabby PARRISH	SO	#3 Hanover	{2} 1:15.12		4/12
8	Sara KNIGHT	FR	#2 Berea (Ky.)	{3} 1:16.97		3/29
9	Brianna DOWELL	SR	#2 Berea (Ky.)	{4} 1:19.95		4/5
10	Sofie KURRASCH	FR	#6 Earlham	1:20.68		4/12

## Women's 800 Meters

1	Chesnee MILLER	FR	#4 Manchester	2:19.83		4/12
2	Kristin FISCHLI	JR	#2 Berea (Ky.)	2:20.73		3/21
3	Jocelyn ONSTOT	SO	#1 Rose-Hulman	2:22.43		3/22
4	Muhorakeye JOYEUSE	SO	#2 Berea (Ky.)	{2} 2:23.40		3/29
5	Paige WILDMAN	SO	#3 Hanover	2:24.04		4/12
6	Kaycee MOORE	JR	#5 Transylvania	2:25.30		4/12
7	Emma LITZELMAN	SR	#3 Hanover	{2} 2:26.87		4/12
8	Madison STONESTREET	JR	#2 Berea (Ky.)	{3} 2:27.02		3/22
9	Rose TALBERT	SO	#1 Rose-Hulman	{2} 2:27.98		3/22
10	Julia GOODING	SR	#7 Mount St. Josepl	2:28.39		3/21

## Women's 1500 Meters

1	Chesnee MILLER	FR	#4 Manchester	4:47.24		4/12
2	Jocelyn ONSTOT	SO	#1 Rose-Hulman	4:51.70		3/22
3	Muhorakeye JOYEUSE	SO	#2 Berea (Ky.)	4:57.39		4/5
4	Kaycee MOORE	JR	#5 Transylvania	4:58.53		3/30
5	Callie SWEGMAN	JR	#3 Hanover	4:59.22		4/12
6	Madison STONESTREET	JR	#2 Berea (Ky.)	{2} 5:01.87		3/21
7	Brianna BITTEL	SO	#1 Rose-Hulman	{2} 5:02.78		3/22
8	Cleo SALTZ	FR	#6 Earlham	5:02.85		4/5
9	Paige WILDMAN	SO	#3 Hanover	{2} 5:05.20		3/22
10	Emma LITZELMAN	SR	#3 Hanover	{3} 5:07.59		3/30

## Women's Steeplechase

1	47 Jocelyn ONSTOT	SO	#1 Rose-Hulman	11:20.53		4/12
2	Rylee STEPHANY	JR	#4 Manchester	11:58.89		4/5
3	Gwyneth CUNNINGHAM	SO	#5 Transylvania	12:19.30		4/12
4	Lanie ROBERTS	FR	#3 Hanover	12:22.69		3/30
5	Elyse WILSON	JR	#3 Hanover	{2} 12:32.60		4/12
6	Camden WILSON	JR	#5 Transylvania	{2} 12:46.79		4/12
7	Summer KITE	FR	#1 Rose-Hulman	{2} 13:18.74		4/5
8	Eve BRUNELL	SR	#5 Transylvania	{3} 13:24.82		3/30
9	Jasiella GRANDY	SR	#2 Berea (Ky.)	13:38.93		4/12
10	Mackenna BESSLER	FR	#1 Rose-Hulman	{3} 13:48.99		4/12



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## Women's 5000 Meters

1	Callie SWEGMAN	JR	#3 Hanover	17:55.29	4/5
2	Rylee STEPHANY	JR	#4 Manchester	18:25.70	4/12
3	Kaylee KINSER	FR	#3 Hanover	{2} 18:31.72	4/5
4	Lanie ROBERTS	FR	#3 Hanover	{3} 18:32.39	4/5
5	Chesnee MILLER	FR	#4 Manchester	{2} 18:44.98	3/28
6	Cleo SALTZ	FR	#6 Earlham	18:51.38	4/5
7	Brianna BITTEL	SO	#1 Rose-Hulman	19:03.18	4/12
8	Ella BASHOR	SR	#10 Franklin	19:12.07	4/12
9	Sara SMITH	FR	#9 Bluffton	19:22.86	4/13
10	Rebecca TESTA	JR	#1 Rose-Hulman	{2} 19:43.39	3/22

## Women's 10,000 Meters

1	Callie SWEGMAN	JR	#3 Hanover	39:52.27	3/28
2	Basil GATES	SR	#9 Bluffton	40:37.20	4/13
3	Rebecca TESTA	JR	#1 Rose-Hulman	41:20.75	3/29
4	Brianna BITTEL	SO	#1 Rose-Hulman	{2} 42:12.92	3/28
5	Sarah JONES	JR	#3 Hanover	{2} 43:18.75	3/30
6	Abigail KURFMAN	SR	#1 Rose-Hulman	{3} 43:18.77	3/29
7	Brooke DONLEY	JR	#2 Berea (Ky.)	45:31.21	4/5
8	Leslie ESTRADA	JR	#2 Berea (Ky.)	{2} 49:48.42	4/5

## Women's 4x100 Relay

1	70 Emma Johns, Rose Talbert, Iliana Hernandez, Alexandra Adams	#1 Rose-Hulman	49.08	4/12
2	Angel Patterson, Ashyia Maddickes, Katerina Kovalevskaya, Jerneisha Lewis	#2 Berea (Ky.)	51.50	3/29
3	Irma Robles, Jay'ana Blakely, Anna Jozsa, Coco Truelove	#4 Manchester	52.17	4/12
4	Amaya Barton, Emma Gill, Ally McGuire, Natalie Day	#3 Hanover	52.78	3/22
5	Alex Ball, Giuliaanna Russell, Isa Slone, Prynces Robinson	#6 Earlham	54.55	3/22

## Women's 4x400 Relay

1	29 Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Muhorakeye Joyeuse	#2 Berea (Ky.)	3:58.38	4/5
2	76 Jada Hunter-Hays, Emma Johns, Rose Talbert, Jocelyn Onstot	#1 Rose-Hulman	4:07.18	3/22
3	80 Abbey Rowe, Peyton Tan, Kaycee Moore, Olivia Sparks	#5 Transylvania	4:07.98	4/12
4	Isa Slone, Lily Schamel, Sofie Kurrasch, Alex Ball	#6 Earlham	4:29.37	4/12
5	Paige Wildman, Lily Smith, Izzy Miklozek, Emma Litzelman	#3 Hanover	4:32.06	4/12
6	Emerson Pinger, Anna Packer, Julia Gooding, Sicilia Eshman	#7 Mount St. Joseph	4:35.22	4/12
7	Katie Ripberger, Jaycie Sones, Nora Filler, Andrea Diaz	#8 Anderson (Ind.)	4:37.30	4/5

## Women's High Jump

1	38 Taylor ROARK	SR	#5 Transylvania	1.60m	5-3	4/12
1	38 Audrey EDWARDS	SO	#1 Rose-Hulman	1.60m	5-3	3/22
3	Ameila ADAMS	SO	#9 Bluffton	1.50m	4-11	3/30
4	Giulianna RUSSELL	SO	#6 Earlham	1.45m	4-9	3/29
5	Alex BALL	SO	#6 Earlham	{2} 1.43m	4-8¼	4/12
5	Isabel EGAN	FR	#10 Franklin	1.43m	4-8¼	4/12
7	Isa SLONE	SO	#6 Earlham	{3} 1.42m	4-7¾	4/5
8	Addison PIOTROWSKI	FR	#10 Franklin	{2} 1.38m	4-6¼	3/30
9	Farris HOWARD	JR	#5 Transylvania	{2} 1.35m	4-5	3/22
10	Amaya BARTON	FR	#3 Hanover	1.33m	4-4¼	3/30

## Women's Pole Vault

1	Irene LEMA MADUENO	SO	#1 Rose-Hulman	3.05m	10-0	4/5
2	Ally MCGUIRE	SR	#3 Hanover	2.90m	9-6¼	3/22
3	Ameila ADAMS	SO	#9 Bluffton	2.86m	9-4½	4/13
4	Amelia THIEMAN	JR	#1 Rose-Hulman	{2} 2.75m	9-¼	4/5
4	Josie RIGDON	FR	#7 Mount St. Joseph	2.75m	9-¼	4/12
6	Natalie OLIC	SR	#1 Rose-Hulman	{3} 2.42m	7-11¼	4/12
7	Angel PATTERSON	SR	#2 Berea (Ky.)	2.35m	7-8½	3/22
8	Olivia HECKENLIVELY	SO	#1 Rose-Hulman	{4} 2.25m	7-4½	3/22
9	Ashley BAILEY	SO	#2 Berea (Ky.)	{2} 2.17m	7-1½	4/5



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## Women's Long Jump

1	Isa SLONE	SO	#6 Earlham	5.07m	16-7¾ (0.9)	4/12
2	Prynces ROBINSON	FR	#6 Earlham	{2}4.78mw	15-8¾ (2.3)	3/15
2	Jerneisha LEWIS	SR	#2 Berea (Ky.)	4.78m	15-8¾ (0.0)	4/12
4	Giuliana RUSSELL	SO	#6 Earlham	{3}4.74m	15-6¾ (0.1)	3/22
5	Jay'ana BLAKELY	JR	#4 Manchester	4.67m	15-4 (0.4)	3/22
6	Audrey EDWARDS	SO	#1 Rose-Hulman	4.63m	15-2¾ (0.0)	3/29
7	Kennadi LAKINS	JR	#3 Hanover	4.53m	14-10½ (0.4)	4/12
8	Lily SMITH	FR	#3 Hanover	{2}4.43m	14-6½ (0.4)	4/12
9	Londyn FRAZIER	JR	#7 Mount St. Josepl	4.37m	14-4 (1.5)	3/29
10	Ally SMITH	SO	#1 Rose-Hulman	{2}4.21m	13-9¾ (0.0)	3/29

## Women's Triple Jump

1	22 Ashya MADDICKES	SO	#2 Berea (Ky.)	11.61m	38-1¼ (0.0)	3/29
2	Prynces ROBINSON	FR	#6 Earlham	10.71m	35-1¾ (1.5)	4/12
3	Audrey EDWARDS	SO	#1 Rose-Hulman	10.01m	32-10¼ (1.5)	3/22
4	Jakeisha LEWIS	SR	#2 Berea (Ky.)	{2}9.91m	32-6¾ (0.0)	4/12
5	Jerneisha LEWIS	SR	#2 Berea (Ky.)	{3}9.58m	31-5¾ (0.0)	4/12
6	Ally SMITH	SO	#1 Rose-Hulman	{2}9.36m	30-8½ (0.0)	4/12

## Women's Shot Put

1	9 Jessie STENGER	SR	#3 Hanover	13.71m	44-11¾	3/30
2	11 Carley CAMP	SR	#4 Manchester	13.49m	44-3¾	3/30
3	Madalyn HUDNALL	JR	#7 Mount St. Josepl	12.03m	39-5¾	3/21
4	Abbi KOHLER	FR	#4 Manchester	{2}11.20m	36-9	4/12
5	Katrina SEJOUR	SO	#4 Manchester	{3}10.45m	34-3½	4/12
6	Charlotte WILSON	JR	#4 Manchester	{4}10.39m	34-1¼	4/5
7	Cheyenna LESLIE	FR	#3 Hanover	{2}10.32m	33-10¼	4/12
8	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	10.17m	33-4½	3/22
9	Kennadi LAKINS	JR	#3 Hanover	{3}9.94m	32-7½	4/12
10	Katie GRANDSTAFF	FR	#2 Berea (Ky.)	9.56m	31-4½	4/12

## Women's Discus

1	25 Jessie STENGER	SR	#3 Hanover	43.25m	141-11	3/30
2	49 Carley CAMP	SR	#4 Manchester	41.40m	135-10	4/12
3	83 Abbi KOHLER	FR	#4 Manchester	{2}39.33m	129-1	4/5
4	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	38.55m	126-6	4/12
5	Charlotte WILSON	JR	#4 Manchester	{3}35.79m	117-5	4/5
6	Alexis GIBSON	SR	#6 Earlham	32.92m	108-0	4/12
7	Katrina SEJOUR	SO	#4 Manchester	{4}31.94m	104-10	3/30
8	Sierra SNOWDEN	FR	#1 Rose-Hulman	{2}30.36m	99-7¼	4/12
9	Cheyenna LESLIE	FR	#3 Hanover	{2}30.31m	99-5½	3/30
10	Mady REES	JR	#4 Manchester	{5}29.51m	96-10	4/12

## Women's Hammer

1	10 Carley CAMP	SR	#4 Manchester	52.03m	170-9	4/12
2	Katrina SEJOUR	SO	#4 Manchester	{2}44.95m	147-6	3/30
3	Sienna SLAUGHTER	JR	#7 Mount St. Josepl	42.51m	139-6	3/21
4	Abbi KOHLER	FR	#4 Manchester	{3}42.47m	139-4	4/12
5	Jessie STENGER	SR	#3 Hanover	41.60m	136-6	3/30
6	Madalyn HUDNALL	JR	#7 Mount St. Josepl	{2}41.42m	135-11	3/29
7	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	38.85m	127-6	3/22
8	Mikayla CONRAD	SR	#8 Anderson (Ind.)	38.63m	126-9	3/30
9	Victoria ABSTON	JR	#10 Franklin	34.36m	112-9	3/30
10	Charlotte WILSON	JR	#4 Manchester	{4}34.21m	112-3	4/5

## Women's Javelin

1	57 Alexis GIBSON	SR	#6 Earlham	36.94m	121-3	4/12
2	73 Jessie STENGER	SR	#3 Hanover	36.20m	118-9	3/30
3	Madalyn HUDNALL	JR	#7 Mount St. Josepl	34.85m	114-4	3/21
4	Mady REES	JR	#4 Manchester	34.65m	113-8	4/12
5	Kennadi LAKINS	JR	#3 Hanover	{2}31.15m	102-3	4/12
6	Janaye BENNITT	SO	#4 Manchester	{2}26.64m	87-5	4/5
7	Addison PIOTROWSKI	FR	#10 Franklin	26.53m	87-½	4/5
8	Sofie KURRASCH	FR	#6 Earlham	{2}26.15m	85-9½	4/12
9	Makayla HARPER	SR	#4 Manchester	{3}25.30m	83-¼	4/5
10	Cailyn BAECHLE	SO	#10 Franklin	{2}24.74m	81-2	3/30



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## Women's 100 Meters

1	Ayevah MARINEZ	FR	#1 Johnson & Wales	13.18	(0.3)	4/4
2	Melissa CHARLES	FR	#1 Johnson & Wales{2}	13.30	(1.5)	4/12
3	Kayla KYLES	FR	#2 Western New En	13.54	(0.5)	4/5
3	Fallon PREBLE	FR	#1 Johnson & Wales{3}	13.54	(0.3)	4/4
5	Catherine MIGRE	FR	#1 Johnson & Wales{4}	13.63	(0.7)	4/4
6	Imani BROWN-TAYLOR	FR	#2 Western New En{2}	13.74	(0.5)	4/5
7	Madeleine PLANTE	FR	#1 Johnson & Wales{5}	14.15	(0.3)	4/4
8	Kira PERCEVAL	FR	#1 Johnson & Wales{6}	14.23	(1.8)	4/12
9	Gabrielle MINUTI	FR	#2 Western New En{3}	14.26	(0.0)	4/13
10	Merari FERRER-PACHECO	FR	#1 Johnson & Wales{7}	14.82	(0.7)	4/4

## Women's 200 Meters

1	Ayevah MARINEZ	FR	#1 Johnson & Wales	26.96	(0.0)	4/4
2	Fallon LYNCH	FR	#2 Western New En	27.50	(0.2)	4/13
3	Melissa CHARLES	FR	#1 Johnson & Wales{2}	27.79	(0.0)	4/4
4	Fallon PREBLE	FR	#1 Johnson & Wales{3}	28.00	(1.5)	4/12
5	Kayla KYLES	FR	#2 Western New En{2}	28.16	(0.5)	4/13
6	Imani BROWN-TAYLOR	FR	#2 Western New En{3}	28.68w	(2.1)	3/29
7	Madeleine PLANTE	FR	#1 Johnson & Wales{4}	29.92	(0.2)	4/4
8	Kira PERCEVAL	FR	#1 Johnson & Wales{5}	30.27	(0.2)	4/4
9	Gabrielle MINUTI	FR	#2 Western New En{4}	30.73	(1.5)	3/29
10	Emma ELLIS	FR	#2 Western New En{5}	31.31	(0.0)	4/13

## Women's 400 Meters

1	Fallon LYNCH	FR	#2 Western New En	1:04.55		4/13
2	Ayevah MARINEZ	FR	#1 Johnson & Wales	1:04.80		4/12
3	Catherine MIGRE	FR	#1 Johnson & Wales{2}	1:05.33		3/29
4	Samantha MAENDEL	SO	#3 SUNY New Paltz	1:06.30		4/12
5	Nina GAROFALO	JR	#2 Western New En{2}	1:11.87		4/5
6	Antonia SCHNEIDER	FR	#6 Clark (Mass.)	1:12.64		3/29
7	Mikayla CECORA	SR	#3 SUNY New Paltz {2}	1:13.30		3/29
8	Megan KRONINGER	FR	#9 Penn State Berk	1:23.90		4/12

## Women's 400 Meter Hurdles

1	Catherine MIGRE	FR	#1 Johnson & Wales	1:14.96		4/4
2	Gabrielle MINUTI	FR	#2 Western New En	1:23.18		4/13

## Women's 800 Meters

1	Paige ANDERSON	SR	#4 Kalamazoo	2:18.23		4/12
2	Lily CAREY	SR	#6 Clark (Mass.)	2:24.47		4/12
3	Nora O'LEARY	FR	#4 Kalamazoo {2}	2:26.60		4/12
4	Lulani HASLINGER	FR	#1 Johnson & Wales	2:27.49		4/4
5	Rachel ARWOOD	SR	#8 Agnes Scott	2:27.56		3/28
6	Marcella CANDLIN	SR	#3 SUNY New Paltz	2:30.29		4/12
7	Zenaida SACKETT	JR	#4 Kalamazoo {3}	2:33.36		4/12
8	Alison HANKINS	SR	#4 Kalamazoo {4}	2:34.92		4/12
9	Cate COTTER	SO	#4 Kalamazoo {5}	2:38.78		4/12
10	Orquidea BRICENO	SO	#3 SUNY New Paltz {2}	2:39.88		4/12

## Women's 1500 Meters

1	52 Paige ANDERSON	SR	#4 Kalamazoo	4:38.82		4/12
2	Ava KING	FR	#4 Kalamazoo {2}	4:45.50		4/12
3	Nora O'LEARY	FR	#4 Kalamazoo {3}	4:53.73		4/12
4	Lulani HASLINGER	FR	#1 Johnson & Wales	4:58.55		4/12
5	Allison MAYER	FR	#4 Kalamazoo {4}	4:59.74		4/12
6	Marcella CANDLIN	SR	#3 SUNY New Paltz	5:05.91		4/12
7	Maddie HANULCIK	JR	#4 Kalamazoo {5}	5:10.77		4/12
8	Olivia KARDOS	JR	#5 Emerson	5:21.38		4/5
9	Piper-Jean FERGUSON	FR	#1 Johnson & Wales{2}	5:22.51		4/12
10	Maisy MURE	SR	#5 Emerson {2}	5:22.89		4/5

## Women's Steeplechase

1	99 Lulani HASLINGER	FR	#1 Johnson & Wales	11:41.04		4/12
2	Jazmyne DAILY-SIMPSON	SR	#3 SUNY New Paltz	13:21.04		3/29

## Women's 5000 Meters

1	Lulani HASLINGER	FR	#1 Johnson & Wales	18:19.52		3/29
2	Yasmin DEFNE DADIKHI	JR	#5 Emerson	18:25.41		4/5
3	Marcella CANDLIN	SR	#3 SUNY New Paltz	19:25.32		3/29
4	Siobhan CONNOLLY	JR	#6 Clark (Mass.)	19:26.06		4/12
5	Caroline CARTER	FR	#1 Johnson & Wales{2}	19:45.38		3/29
6	Nicole STEELE	SO	#6 Clark (Mass.) {2}	19:52.08		3/29
7	Orquidea BRICENO	SO	#3 SUNY New Paltz {2}	20:14.30		3/29
8	Crystal RUSTAMI	JR	#3 SUNY New Paltz {3}	20:24.67		4/12
9	Marcela FIGUEROA	JR	#3 SUNY New Paltz {4}	20:29.74		4/12
10	Olivia KAY	SO	#2 Western New En	20:30.84		4/13

## Women's 10,000 Meters

1	76 Yasmin DEFNE DADIKHI	JR	#5 Emerson	38:39.02		3/29
2	Caroline CARTER	FR	#1 Johnson & Wales	40:33.09		4/12
3	Hunter LARSON	JR	#3 SUNY New Paltz	41:26.88		4/12
4	Ava NARGENTINO	JR	#3 SUNY New Paltz {2}	46:09.23		3/29

## Women's 4x100 Relay

1	#Type!	#1 Johnson & Wales	51.23		4/4
2	Gabrielle Minuti, Fallon Lynch, Imani Brown-Taylor, Kayla Kyles	#2 Western New En	52.12		4/6

## Women's 4x400 Relay

1	#Type!	#1 Johnson & Wales	4:27.30		4/4
2	Maisy Mure, Ava Keleher, Yasmin Defne Dadikhi, Olivia Kardos	#5 Emerson	4:55.50		4/5

## Women's High Jump

1	Valenah MAHABAL	FR	#1 Johnson & Wales	1.46m	4-9½	3/29
2	Olivia WELDIN	FR	#1 Johnson & Wales{2}	1.41m	4-7½	3/29





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



Independent

as of 4/15/2025 8:32:31 AM ET

## Women's Pole Vault

1	Melissa CHARLES	FR	#1 Johnson & Wales	2.87m	9-5	4/4
2	Riley VEITS	FR	#1 Johnson & Wales{2}	2.72m	8-11	4/4
3	Kayla RODRIGUEZ	FR	#1 Johnson & Wales{3}	2.57m	8-5¼	4/4
4	Samantha MILLER	FR	#1 Johnson & Wales{4}	2.35m	7-8½	3/29

## Women's Long Jump

1	Kayla KYLES	FR	#2 Western New En	5.01m	16-5¼ (0.0)	4/13
2	Imani BROWN-TAYLOR	FR	#2 Western New En{2}	4.99m	16-4½ (0.1)	4/13
3	Katelyn O'BRIEN	FR	#1 Johnson & Wales	4.67m	15-4 (1.5)	4/4
4	Sheriyah HICKS	FR	#1 Johnson & Wales{2}	4.37m	14-4 (-0.5)	3/29
5	Ava WILDER	FR	#1 Johnson & Wales{3}	4.00m	13-1½ (1.9)	4/12

## Women's Triple Jump

1	Imani BROWN-TAYLOR	FR	#2 Western New En	10.45m	34-3½ (0.0)	4/5
2	Kayla KYLES	FR	#2 Western New En{2}	9.63m	31-7¼ (0.4)	4/13
3	Sheriyah HICKS	FR	#1 Johnson & Wales	9.29m	30-5¾ (3.1)	4/4
4	Ava WILDER	FR	#1 Johnson & Wales{2}	8.66m	28-5 (0.0)	4/12

## Women's Shot Put

1	Erika SANDERS	FR	#1 Johnson & Wales	9.43m	30-11¼	4/4
2	Katelyn O'BRIEN	FR	#1 Johnson & Wales{2}	9.13m	29-11½	4/12
3	Lena NICHOLSON	FR	#1 Johnson & Wales{3}	9.11m	29-10¾	4/4
4	Jade ETIENE	FR	#1 Johnson & Wales{4}	8.12m	26-7¾	4/12
5	Avery SIMMONS	FR	#2 Western New En	7.36m	24-1¾	4/13
6	Sofia PIANTEDOSI	FR	#2 Western New En{2}	7.33m	24-¾	3/29
7	Elsa RAYMOND	SO	#2 Western New En{3}	6.37m	20-10¾	4/13
8	Mya LIPSCOMB	FR	#2 Western New En{4}	6.35m	20-10	4/13
9	Ariana MASTERJOHN	SO	#2 Western New En{5}	6.10m	20-¼	3/29

## Women's Discus

1	Erika SANDERS	FR	#1 Johnson & Wales	35.23m	115-7	4/4
2	Jade ETIENE	FR	#1 Johnson & Wales{2}	29.99m	98-4¾	4/4
3	Katelyn O'BRIEN	FR	#1 Johnson & Wales{3}	29.06m	95-4¼	4/4
4	Avery SIMMONS	FR	#2 Western New En	25.05m	82-2¼	4/5
5	Lena NICHOLSON	FR	#1 Johnson & Wales{4}	23.65m	77-7¼	4/4
6	Molly MCCARTHY	FR	#1 Johnson & Wales{5}	22.88m	75-¾	4/4
7	Lauren AYOTTE	FR	#2 Western New En{2}	21.35m	70-½	4/5
8	Riley VEITS	FR	#1 Johnson & Wales{6}	21.02m	68-11¾	4/4
9	Abigail RENDOCK	FR	#1 Johnson & Wales{7}	19.15m	62-10	4/12
10	De'naya WILLIAMS	FR	#1 Johnson & Wales{8}	19.01m	62-4½	4/12

## Women's Hammer

1	Molly MCCARTHY	FR	#1 Johnson & Wales	37.43m	122-10	4/4
2	Erika SANDERS	FR	#1 Johnson & Wales{2}	36.37m	119-4	4/12
3	Lena NICHOLSON	FR	#1 Johnson & Wales{3}	32.10m	105-4	4/4
4	De'naya WILLIAMS	FR	#1 Johnson & Wales{4}	31.84m	104-6	4/12
5	Chidera OBIKE	FR	#1 Johnson & Wales{5}	28.99m	95-1½	4/4
6	Abigail RENDOCK	FR	#1 Johnson & Wales{6}	28.19m	92-6	4/12

## Women's Javelin

1	54 Katelyn O'BRIEN	FR	#1 Johnson & Wales	37.01m	121-5	4/4
2	Brynn LEAHY	FR	#1 Johnson & Wales{2}	31.40m	103-0	4/4
3	Lauren AYOTTE	FR	#2 Western New En	27.07m	88-9¾	3/29
4	Catherine MIGRE	FR	#1 Johnson & Wales{3}	19.93m	65-4¾	4/4
5	Chidera OBIKE	FR	#1 Johnson & Wales{4}	15.99m	52-5½	4/4
6	Abigail RENDOCK	FR	#1 Johnson & Wales{5}	13.89m	45-7	4/4
7	Jade ETIENE	FR	#1 Johnson & Wales{6}	11.19m	36-8½	4/4



## Conference TFRI Event Summary



Landmark

as of 4/15/2025 8:32:31 AM ET

## Women's 100 Meters

1	<b>32</b>	Jocelyn SMITH	SO	<b>#2</b> Scranton	<b>12.13w</b>	(3.0)	3/29
2		Olivia BARBACCI	JR	<b>#6</b> Juniata	<b>12.55w</b>	(3.0)	3/29
3		Kortney CLIPPER	FR	<b>#3</b> Catholic (D.C.)	<b>12.56w</b>	(2.7)	3/29
4		Erin BUCKLEY	SO	<b>#3</b> Catholic (D.C.)	{2} <b>12.58</b>	(1.4)	4/5
5		Sage HENDERSHOT	SO	<b>#7</b> Drew	<b>12.63</b>	(1.0)	4/5
6		Samantha SHARROW	JR	<b>#2</b> Scranton	{2} <b>12.67</b>	(1.7)	4/5
7		Nancy NYADONGO	FR	<b>#8</b> Goucher	<b>12.70</b>	(-1.2)	3/29
8		Gracie FRENCH	FR	<b>#6</b> Juniata	{2} <b>12.79w</b>	(3.0)	3/29
9		Kaia GRANTHAM	FR	<b>#2</b> Scranton	{3} <b>12.83</b>	(1.7)	4/5
10		Ashley NEWMAN	JR	<b>#4</b> Susquehanna	<b>12.85w</b>	(3.0)	3/29

## Women's 100 Meter Hurdles

1	<b>3</b>	Chloe YODER	SR	<b>#4</b> Susquehanna	<b>14.05w</b>	(2.7)	3/29
2	<b>57</b>	Hannah ALDERFER	SR	<b>#4</b> Susquehanna	{2} <b>15.03w</b>	(2.7)	3/29
3	100	Molly WHITE	JR	<b>#2</b> Scranton	<b>15.36</b>	(1.5)	<b>4/11</b>
4		Kate BENDALL	SO	<b>#5</b> Elizabethtown	<b>15.66</b>	(1.6)	3/29
5		Emma SHAFNISKY	FR	<b>#1</b> Moravian	<b>15.69</b>	(-0.7)	3/29
6		Brigid BYRNES	SO	<b>#3</b> Catholic (D.C.)	<b>15.90</b>	(-3.0)	3/21
7		Edith TOMASEK	SO	<b>#3</b> Catholic (D.C.)	{2} <b>16.36w</b>	(2.4)	4/5
8		Kelsey MYLER	SO	<b>#2</b> Scranton	{2} <b>16.40</b>	(0.9)	3/29
9		Mia MCCONNELL	SO	<b>#3</b> Catholic (D.C.)	{3} <b>16.59w</b>	(2.4)	4/5
10		Alicia VO	SO	<b>#3</b> Catholic (D.C.)	{4} <b>16.67w</b>	(2.4)	4/5

## Women's 200 Meters

1	<b>59</b>	Jocelyn SMITH	SO	<b>#2</b> Scranton	<b>25.03w</b>	(3.4)	3/29
2	<b>70</b>	Nancy NYADONGO	FR	<b>#8</b> Goucher	<b>25.13</b>	(-0.6)	3/29
3	<b>99</b>	Samantha SHARROW	JR	<b>#2</b> Scranton	{2} <b>25.35w</b>	(3.4)	3/29
4		Abigail GIAMONI	SR	<b>#1</b> Moravian	<b>25.45</b>	(1.1)	<b>4/14</b>
5		Olivia BARBACCI	JR	<b>#6</b> Juniata	<b>25.52w</b>	(3.4)	3/29
6		Emily CAMLET	JR	<b>#7</b> Drew	<b>25.71</b>	(-1.1)	4/5
7		Chloe YODER	SR	<b>#4</b> Susquehanna	<b>26.08w</b>	(3.4)	3/29
8		Clare MARSH	SR	<b>#3</b> Catholic (D.C.)	<b>26.17</b>	(1.8)	<b>4/14</b>
9		Kaia GRANTHAM	FR	<b>#2</b> Scranton	{3} <b>26.23w</b>	(2.7)	3/29
10		Hannah ALDERFER	SR	<b>#4</b> Susquehanna	{2} <b>26.33</b>	(-0.6)	<b>4/11</b>

## Women's 400 Meters

1	<b>26</b>	Abigail GIAMONI	SR	<b>#1</b> Moravian	<b>56.64</b>		3/29
2	<b>34</b>	Kelty OASTER	SR	<b>#5</b> Elizabethtown	<b>57.03</b>		<b>4/14</b>
3	<b>49</b>	Emily CAMLET	JR	<b>#7</b> Drew	<b>57.65</b>		3/29
4	<b>66</b>	Olivia BARBACCI	JR	<b>#6</b> Juniata	<b>58.14</b>		4/5
5		Clare MARSH	SR	<b>#3</b> Catholic (D.C.)	<b>59.07</b>		3/29
6		Brigid BYRNES	SO	<b>#3</b> Catholic (D.C.)	{2} <b>59.29</b>		3/29
7		Mia MCCONNELL	SO	<b>#3</b> Catholic (D.C.)	{3} <b>1:00.01</b>		3/29
8		Olivia MILLER	JR	<b>#2</b> Scranton	<b>1:00.47</b>		<b>4/12</b>
9		Tasia MINIOTIS	JR	<b>#2</b> Scranton	{2} <b>1:00.80</b>		4/5
10		Terrica THORNTON-FILLYAW	FR	<b>#8</b> Goucher	<b>1:00.93</b>		3/29

## Women's 400 Meter Hurdles

1	<b>22</b>	Brigid BYRNES	SO	<b>#3</b> Catholic (D.C.)	<b>1:03.51</b>		3/21
2	<b>27</b>	Clare MARSH	SR	<b>#3</b> Catholic (D.C.)	{2} <b>1:03.68</b>		<b>4/14</b>
3	<b>39</b>	Mia MCCONNELL	SO	<b>#3</b> Catholic (D.C.)	{3} <b>1:04.60</b>		4/5
4	<b>63</b>	Olivia BARBACCI	JR	<b>#6</b> Juniata	<b>1:05.70</b>		3/22
5		Kirsten NAVICH	FR	<b>#5</b> Elizabethtown	<b>1:07.53</b>		<b>4/12</b>
6		Molly WHITE	JR	<b>#2</b> Scranton	<b>1:09.07</b>		4/5
7		Alicia VO	SO	<b>#3</b> Catholic (D.C.)	{4} <b>1:09.42</b>		3/21
8		Kelsey MYLER	SO	<b>#2</b> Scranton	{2} <b>1:10.21</b>		4/5
9		Gracie FRENCH	FR	<b>#6</b> Juniata	{2} <b>1:10.75</b>		3/22
10		Isabella DEMASSA	SR	<b>#1</b> Moravian	<b>1:11.05</b>		3/29

## Women's 800 Meters

1	<b>2</b>	Kelty OASTER	SR	<b>#5</b> Elizabethtown	<b>2:07.19</b>		<b>4/14</b>
2	<b>3</b>	Tanise THORNTON-FILLYAW	JR	<b>#8</b> Goucher	<b>2:07.42</b>		<b>4/12</b>
3		Victoria URBAEZ	SO	<b>#4</b> Susquehanna	<b>2:21.21</b>		<b>4/14</b>
4		Liza LEVIN	SR	<b>#4</b> Susquehanna	{2} <b>2:21.38</b>		<b>4/14</b>
5		Addison KLEINLE	FR	<b>#5</b> Elizabethtown	{2} <b>2:21.42</b>		4/5
6		Alexa GRASSI	SO	<b>#3</b> Catholic (D.C.)	<b>2:22.86</b>		<b>4/14</b>
7		Molly WHITE	JR	<b>#2</b> Scranton	<b>2:25.32</b>		<b>4/11</b>
8		Rylie MURPHY	SR	<b>#1</b> Moravian	<b>2:25.69</b>		4/5
9		Rebecca CHRISTOPHEL	SR	<b>#6</b> Juniata	<b>2:25.87</b>		3/29
10		Emily CAMLET	JR	<b>#7</b> Drew	<b>2:25.93</b>		4/5

## Women's 1500 Meters

1	<b>5</b>	Kelty OASTER	SR	<b>#5</b> Elizabethtown	<b>4:27.92</b>		4/5
2	<b>13</b>	Emily MOEHRINGER	SR	<b>#3</b> Catholic (D.C.)	<b>4:31.68</b>		<b>4/14</b>
3	<b>48</b>	Tanise THORNTON-FILLYAW	JR	<b>#8</b> Goucher	<b>4:38.30</b>		3/29
4	<b>71</b>	Kate INGLIS	SR	<b>#3</b> Catholic (D.C.)	{2} <b>4:41.21</b>		3/29
5		Emily HOPKINS	JR	<b>#2</b> Scranton	<b>4:49.08</b>		4/5
6		Maureen BOSAK	SR	<b>#5</b> Elizabethtown	{2} <b>4:54.42</b>		<b>4/14</b>
7		Addison KLEINLE	FR	<b>#5</b> Elizabethtown	{3} <b>4:55.72</b>		3/29
8		Samantha HOFFMANN	SR	<b>#2</b> Scranton	{2} <b>4:55.83</b>		4/5
9		Emma DILEMME	FR	<b>#2</b> Scranton	{3} <b>4:59.98</b>		4/5
10		April KUSNIER	FR	<b>#7</b> Drew	<b>5:02.18</b>		4/5

## Women's Steeplechase

1	<b>9</b>	Kate INGLIS	SR	<b>#3</b> Catholic (D.C.)	<b>10:49.69</b>		<b>4/14</b>
2	<b>17</b>	Samantha HOFFMANN	SR	<b>#2</b> Scranton	<b>10:59.36</b>		<b>4/14</b>
3	<b>57</b>	Rachael GOODMAN	SR	<b>#1</b> Moravian	<b>11:25.18</b>		<b>4/14</b>
4	<b>60</b>	Amber PONIKTERA	SR	<b>#1</b> Moravian	{2} <b>11:25.76</b>		<b>4/14</b>
5		Callie GORMAN	SO	<b>#2</b> Scranton	{2} <b>12:00.91</b>		3/29
6		Isabell ANDERSON	JR	<b>#5</b> Elizabethtown	<b>12:01.79</b>		4/5
7		Alyssa HOCKENBERRY	SO	<b>#1</b> Moravian	{3} <b>12:11.25</b>		3/29
8		Alexis HOCKENBERRY	SO	<b>#1</b> Moravian	{4} <b>12:17.03</b>		3/29
9		Maeve KEEFE	SO	<b>#5</b> Elizabethtown	{2} <b>12:38.88</b>		4/5
10		Ava WARNER	FR	<b>#4</b> Susquehanna	<b>12:44.91</b>		4/5



## Conference TFRI Event Summary



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as of 4/15/2025 8:32:32 AM ET

## Women's 5000 Meters

1	63	Kate INGLIS	SR	#3 Catholic (D.C.)	17:28.32	4/5
2	69	Emily HOPKINS	JR	#2 Scranton	17:30.02	4/14
3	82	Tara SMURLA	JR	#1 Moravian	17:35.04	4/4
4		Laurel MCMAHON	SO	#3 Catholic (D.C.) {2}	18:06.90	4/5
5		Georgia NUSSEY	SR	#3 Catholic (D.C.) {3}	18:25.32	4/5
6		Rachael GOODMAN	SR	#1 Moravian {2}	18:31.00	4/4
7		Meghan MYERS	JR	#1 Moravian {3}	18:32.78	3/29
8		Kayla O'NEIL	SO	#1 Moravian {4}	18:40.35	4/14
9		Kate RICE	JR	#7 Drew	19:02.64	3/15
10		Sophia MCNAVICH	FR	#3 Catholic (D.C.) {4}	19:29.26	4/5

## Women's 10,000 Meters

1	26	Tara SMURLA	JR	#1 Moravian	36:33.52	4/14
2	50	Laurel MCMAHON	SO	#3 Catholic (D.C.)	37:46.47	4/14
3	72	Georgia NUSSEY	SR	#3 Catholic (D.C.) {2}	38:34.92	4/14
4		Meghan MYERS	JR	#1 Moravian {2}	39:36.29	4/14
5		Gwyneth YOUNG	JR	#5 Elizabethtown	40:06.85	4/5
6		Bridget KENNEDY	SR	#5 Elizabethtown {2}	40:22.91	4/5
7		Ally MEEKS	SR	#1 Moravian {3}	40:55.41	3/29
8		Sophia BOSTWICK	SO	#4 Susquehanna	41:20.00	3/29
9		Rebekah JONES	SR	#4 Susquehanna {2}	42:01.62	3/29
10		Ava WARNER	FR	#4 Susquehanna {3}	42:08.95	3/29

## Women's 4x100 Relay

1	44	Wendy De La Cruz Garcia, Kaia Grantham, Jocelyn Smith, Samantha Sharrow	#2 Scranton	48.30	3/29
2	62	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Kortney Clipper	#3 Catholic (D.C.)	48.94	4/5
3		#Type!	#7 Drew	50.41	3/29
4		Sophie Shadle, Kate Bendall, Melissa Patton, Caleigh Bold	#5 Elizabethtown	50.92	3/29
5		Breanne Spencer, Olivia Barbacci, Gracie French, Ashley Alfree	#6 Juniata	50.93	3/22

## Women's 4x400 Relay

1	23	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes	#3 Catholic (D.C.)	3:57.12	3/29
2	41	Tasia Miniotis, Olivia Miller, Kelsey Myler, Jocelyn Smith	#2 Scranton	4:01.80	3/29
3	44	Sophie Shadle, Kirsten Navich, Melissa Patton, Kelty Oaster	#5 Elizabethtown	4:02.38	4/14
4	88	Hannah Alderfer, Ashley Newman, Denicia German, Liza Levin	#4 Susquehanna	4:09.35	3/29
5		Jackie Bryant, Olivia Barbacci, Gracie French, Camille McRoberts	#6 Juniata	4:13.07	3/22
6		#Type!	#1 Moravian	4:13.60	4/5
7		#Type!	#7 Drew	4:24.16	4/5

## Women's High Jump

1		Ali HAEFELE	JR	#1 Moravian	1.55m	5-1	3/29
2		Molly WHITE	JR	#2 Scranton	1.54m	5-½	4/11
3		Mazzy CIRINELLI	JR	#7 Drew	1.53m	5-¼	3/29
4		Ashley ALFREE	JR	#6 Juniata	1.50m	4-11	3/22
5		Elena FUNK	SO	#2 Scranton {2}	1.48m	4-10¼	3/29
5		Charlotte HOULE	SO	#4 Susquehanna	1.48m	4-10¼	3/29
5		Gretchen HARAY	JR	#2 Scranton {2}	1.48m	4-10¼	3/29
5		Hannah ALDERFER	SR	#4 Susquehanna	1.48m	4-10¼	4/11
9		Alicia VO	SO	#3 Catholic (D.C.)	1.45m	4-9	3/29
10		Edith TOMASEK	SO	#3 Catholic (D.C.) {2}	1.43m	4-8¼	4/5
10		Vincenia MCDONOUGH	FR	#2 Scranton {4}	1.43m	4-8¼	3/29

## Women's Pole Vault

1	30	Olivia BARBACCI	JR	#6 Juniata	3.56m	11-8	4/12
2	65	Madi FUERST	FR	#3 Catholic (D.C.)	3.40m	11-1¾	3/29
3	78	Aryanna PAULENA	FR	#8 Goucher	3.35m	10-11¾	3/29
4		Sarah BOWER	SR	#4 Susquehanna	3.25m	10-8	4/11
5		Josie KELLY	SO	#6 Juniata {2}	2.96m	9-8½	4/12
6		Alison SPONSELLER	SO	#4 Susquehanna {2}	2.90m	9-6¼	3/29
7		Sophia BOSTWICK	SO	#4 Susquehanna {3}	2.75m	9-¼	3/29
8		Tessa HOPKINS	FR	#1 Moravian	2.74m	8-11¾	4/5
8		Katie SEAL	SR	#2 Scranton	2.74m	8-11¾	4/5
10		Hayla BRYANT	SO	#2 Scranton {2}	2.59m	8-6	4/5



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



Landmark

as of 4/15/2025 8:32:32 AM ET

## Women's Long Jump

1	<b>12</b>	Samantha SHARROW	JR	<b>#2</b> Scranton	<b>5.75m</b>	18-10½ (-2)	3/29
2	<b>20</b>	Hannah ALDERFER	SR	<b>#4</b> Susquehanna	<b>5.66m</b>	18-7 (0.0)	3/29
3	<b>50</b>	Sage HENDERSHOT	SO	<b>#7</b> Drew	<b>5.49m</b>	18-¼ (-1.2)	3/29
4		Kate BENDALL	SO	<b>#5</b> Elizabethtown	<b>5.22m</b>	17-1½ (1.8)	4/5
5		Emma SHAFNISKY	FR	<b>#1</b> Moravian	<b>5.19m</b>	17-½ (-0.2)	4/5
6		Lauryn BROWN	FR	<b>#7</b> Drew	<b>{2} 5.16m</b>	16-11¼ (-1)	3/29
7		Addison YAUKEY	SR	<b>#4</b> Susquehanna	<b>{2} 5.12mw</b>	16-9¾ (2.6)	<b>4/11</b>
8		Molly WHITE	JR	<b>#2</b> Scranton	<b>{2} 5.07m</b>	16-7¾ (1.0)	3/29
9		Madeline SAMAR	SO	<b>#2</b> Scranton	<b>{3} 5.04m</b>	16-6½ (-1.3)	3/29
10		Ali HAEFELE	JR	<b>#1</b> Moravian	<b>{2} 4.99m</b>	16-4½ (0.0)	3/29

## Women's Triple Jump

1	<b>45</b>	Aryanna PAULENA	FR	<b>#8</b> Goucher	<b>11.29m</b>	37-½ (0.0)	3/29
2	<b>56</b>	Molly WHITE	JR	<b>#2</b> Scranton	<b>11.14m</b>	36-6¾ (1.0)	4/5
3	<b>72</b>	Ali HAEFELE	JR	<b>#1</b> Moravian	<b>10.99m</b>	36-¾ (0.0)	3/29
4	<b>78</b>	Eva CARACHILO	FR	<b>#2</b> Scranton	<b>{2} 10.95m</b>	35-11¼ (0.0)	3/29
5	<b>98</b>	Kate BENDALL	SO	<b>#5</b> Elizabethtown	<b>10.87m</b>	35-8 (0.0)	3/29
5	<b>98</b>	Lauryn BROWN	FR	<b>#7</b> Drew	<b>10.87m</b>	35-8 (0.0)	4/5
7		Jackie BRYANT	JR	<b>#6</b> Juniata	<b>10.50m</b>	34-5½ (0.0)	<b>4/12</b>
8		Bella FIORE	FR	<b>#1</b> Moravian	<b>{2} 10.37m</b>	34-¼ (0.0)	3/29
9		Hailey MONAGHAN	SR	<b>#2</b> Scranton	<b>{3} 10.24m</b>	33-7¼ (0.0)	3/29
10		Denicia GERMAN	SO	<b>#4</b> Susquehanna	<b>10.23m</b>	33-6¾ (0.0)	<b>4/11</b>

## Women's Shot Put

1	<b>70</b>	Margie RAYNE	JR	<b>#1</b> Moravian	<b>12.28m</b>	40-3½	<b>4/12</b>
2	<b>81</b>	Ciara DONEGAN	SR	<b>#3</b> Catholic (D.C.)	<b>12.17m</b>	39-11¼	3/29
3		Mylea NEIDIG	SR	<b>#5</b> Elizabethtown	<b>11.67m</b>	38-3½	<b>4/12</b>
4		Kara VASHEY	JR	<b>#1</b> Moravian	<b>{2} 11.30m</b>	37-1	4/5
5		Isabella COWGER	FR	<b>#5</b> Elizabethtown	<b>{2} 11.23m</b>	36-10¼	4/5
6		Mikayla WOODRING	SR	<b>#1</b> Moravian	<b>{3} 10.76m</b>	35-3¾	<b>4/12</b>
7		Arin PEYKAR	SR	<b>#1</b> Moravian	<b>{4} 10.62m</b>	34-10¼	4/5
8		Max MCCOY	FR	<b>#8</b> Goucher	<b>10.59m</b>	34-9	3/29
9		Jessica PRONCHIK	SO	<b>#5</b> Elizabethtown	<b>{3} 10.58m</b>	34-8½	4/5
10		Keira CARBONE	SO	<b>#4</b> Susquehanna	<b>10.55m</b>	34-7½	<b>4/11</b>

## Women's Discus

1	<b>21</b>	Isabella COWGER	FR	<b>#5</b> Elizabethtown	<b>43.57m</b>	143-0	3/29
2	<b>65</b>	Margie RAYNE	JR	<b>#1</b> Moravian	<b>40.10m</b>	131-7	3/29
3		DaniRae RENNO	SR	<b>#5</b> Elizabethtown	<b>{2} 38.49m</b>	126-4	4/5
4		Caillie FISH	SR	<b>#1</b> Moravian	<b>{2} 35.86m</b>	117-8	3/29
5		Emma PINKSTON	SR	<b>#6</b> Juniata	<b>34.67m</b>	113-9	3/29
6		Heather ADAMS	JR	<b>#1</b> Moravian	<b>{3} 34.64m</b>	113-8	3/29
7		Molly MAXWELL	SR	<b>#3</b> Catholic (D.C.)	<b>33.34m</b>	109-5	3/29
8		Chloe SAUER	SO	<b>#6</b> Juniata	<b>{2} 33.00m</b>	108-3	4/5
9		Ciara DONEGAN	SR	<b>#3</b> Catholic (D.C.)	<b>{2} 32.95m</b>	108-1	4/5
10		Catherine SIRIGNANO	SO	<b>#4</b> Susquehanna	<b>32.87m</b>	107-10	<b>4/11</b>

## Women's Hammer

1		Kara VASHEY	JR	<b>#1</b> Moravian	<b>43.97m</b>	144-3	4/5
2		Caillie FISH	SR	<b>#1</b> Moravian	<b>{2} 43.51m</b>	142-9	3/29
3		Liz MISKOVSKY	SR	<b>#1</b> Moravian	<b>{3} 42.48m</b>	139-5	4/5
4		Mikayla WOODRING	SR	<b>#1</b> Moravian	<b>{4} 38.69m</b>	126-11	3/29
5		Isabella COWGER	FR	<b>#5</b> Elizabethtown	<b>38.51m</b>	126-4	4/5
6		Catherine SIRIGNANO	SO	<b>#4</b> Susquehanna	<b>38.42m</b>	126-1	<b>4/11</b>
7		Emma SZABO	SO	<b>#4</b> Susquehanna	<b>{2} 38.38m</b>	125-11	<b>4/11</b>
8		Heather ADAMS	JR	<b>#1</b> Moravian	<b>{5} 38.04m</b>	124-10	<b>4/12</b>
9		Lauren RIZZOLO	SO	<b>#7</b> Drew	<b>38.00m</b>	124-8	3/29
10		Bella DAUBERMAN	SO	<b>#4</b> Susquehanna	<b>{3} 37.92m</b>	124-5	<b>4/11</b>

## Women's Javelin

1	<b>31</b>	Emma COOLIDGE	JR	<b>#6</b> Juniata	<b>38.51m</b>	126-4	3/29
2	<b>45</b>	Ainslee BINKLEY	JR	<b>#4</b> Susquehanna	<b>37.49m</b>	123-0	<b>4/11</b>
3		Bella DAUBERMAN	SO	<b>#4</b> Susquehanna	<b>{2} 34.92m</b>	114-7	<b>4/11</b>
4		Abby MCCLASKEY	SR	<b>#1</b> Moravian	<b>34.01m</b>	111-7	3/29
5		Becca CAIRD	FR	<b>#1</b> Moravian	<b>{2} 33.93m</b>	111-4	3/29
6		Alexis RICH	FR	<b>#5</b> Elizabethtown	<b>31.47m</b>	103-3	3/29
7		Keira CARBONE	SO	<b>#4</b> Susquehanna	<b>{3} 31.39m</b>	103-0	<b>4/11</b>
8		Hannah ALDERFER	SR	<b>#4</b> Susquehanna	<b>{4} 31.19m</b>	102-4	<b>4/11</b>
9		Maura BRADNEY	SR	<b>#5</b> Elizabethtown	<b>{2} 30.58m</b>	100-4	3/29
10		Lauren RIZZOLO	SO	<b>#7</b> Drew	<b>28.72m</b>	94-2¾	4/5

## Women's Heptathlon

1	<b>6</b>	Hannah ALDERFER	SR	<b>#4</b> Susquehanna	<b>4,619</b>		<b>4/11</b>
2	<b>14</b>	Molly WHITE	JR	<b>#2</b> Scranton	<b>4,296</b>		<b>4/11</b>
3	<b>59</b>	Alicia ACOSTA	JR	<b>#2</b> Scranton	<b>{2} 3,213</b>		<b>4/11</b>
4	<b>78</b>	Kelsey MYLER	SO	<b>#2</b> Scranton	<b>{3} 3,059</b>		<b>4/11</b>
5	<b>79</b>	Charlotte HOULE	SO	<b>#4</b> Susquehanna	<b>{2} 3,043</b>		<b>4/11</b>



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WOMEN — 2025 Checkpoint #3, April 15



## Liberty League

as of 4/15/2025 8:32:32 AM ET

### Women's 100 Meters

1	<b>19</b>	Aynisha MCQUILLAR	FR	#1 Ithaca	11.98	(1.6)	3/29
2	<b>76</b>	Rachel KULP	JR	#5 RIT	12.32w	(2.2)	4/5
3	<b>94</b>	Laura SUPPA	JR	#1 Ithaca	{2} 12.37	(0.9)	3/29
4		Lainie D'AURIA	FR	#4 Vassar	12.67	(1.4)	3/29
5		Christine MALLETTE	SR	#2 RPI	12.79	(1.0)	3/23
6		Katie MANNING	SR	#2 RPI	{2} 12.86	(1.5)	4/11
7		Ella TUCKER	FR	#1 Ithaca	{3} 12.87	(0.9)	3/29
8		Alyssa FICI	SO	#2 RPI	{3} 13.08	(1.5)	4/11
9		Gabrielle PARCHMENT	SO	#8 Bard	13.14	(1.1)	3/29
10		Tina KYRIACOU	JR	#3 Rochester (N.Y.)	13.16	(1.1)	4/5

### Women's 100 Meter Hurdles

1	<b>2</b>	Rachel LARSON	JR	#1 Ithaca	13.98	(1.2)	4/6
2	<b>8</b>	Laura SUPPA	JR	#1 Ithaca	{2} 14.21	(1.2)	4/6
3	<b>37</b>	Emma MCGUINN	JR	#2 RPI	14.85	(0.9)	4/11
4	<b>83</b>	Jahmilia DENNIS	JR	#4 Vassar	15.27	(0.9)	4/11
5		Rania SABRI	JR	#5 RIT	15.55w	(3.3)	4/5
6		Alice BRAMBATI	FR	#2 RPI	{2} 15.77	(0.7)	4/11
7		Cameron TING	FR	#1 Ithaca	{3} 15.85w	(2.3)	4/12
8		Faye STEVENS	SR	#4 Vassar	{2} 16.09	(1.9)	3/29
9		Freja NIKLASSON	JR	#4 Vassar	{3} 16.26	(0.7)	3/29
10		Ashley SHELDON	SO	#7 Union (N.Y.)	16.28	(0.9)	4/11

### Women's 200 Meters

1	<b>68</b>	Megan BELL	SR	#3 Rochester (N.Y.)	25.12w	(3.1)	4/14
2		Aynisha MCQUILLAR	FR	#1 Ithaca	25.51	(-1.2)	4/6
3		Laura SUPPA	JR	#1 Ithaca	{2} 25.87	(-1.2)	4/6
4		Katie MANNING	SR	#2 RPI	25.93	(0.0)	4/5
5		Raquella CASSERINO	SO	#3 Rochester (N.Y.)	{2} 25.96	(1.8)	4/14
6		Natalie MACARTHUR	SR	#1 Ithaca	{3} 26.02	(-1.2)	4/6
7		Rachel KULP	JR	#5 RIT	26.10w	(2.6)	4/14
8		Ava BUTLER	SO	#1 Ithaca	{4} 26.27w	(2.1)	3/29
9		Lauren SZALKOWSKI	SO	#2 RPI	{2} 26.45	(-1.9)	4/11
10		Marykate RUDNICKI	FR	#1 Ithaca	{5} 26.65	(-1.2)	4/6

### Women's 400 Meters

1	<b>1</b>	Megan BELL	SR	#3 Rochester (N.Y.)	54.77		4/5
2		Caroline HILL	SR	#5 RIT	59.04		3/30
3		Natalie MACARTHUR	SR	#1 Ithaca	59.46		3/29
4		Raquella CASSERINO	SO	#3 Rochester (N.Y.)	{2} 59.50		4/5
5		Lauren SZALKOWSKI	SO	#2 RPI	59.57		4/5
6		Gabrielle BAKER	SR	#7 Union (N.Y.)	59.63		3/30
7		Katie MANNING	SR	#2 RPI	{2} 59.97		4/5
8		Lyla POWERS	SO	#1 Ithaca	{2} 1:01.01		3/29
9		Lianna CAMILLE	FR	#4 Vassar	1:01.29		4/11
10		Anoua CARRIE	FR	#2 RPI	{3} 1:01.35		4/11

### Women's 400 Meter Hurdles

1	<b>5</b>	Nora CHEN	SO	#3 Rochester (N.Y.)	1:01.53		4/5
2	<b>10</b>	Eva CIUFFETELLI	SO	#3 Rochester (N.Y.)	{2} 1:02.31		4/5
3	<b>45</b>	Caroline HILL	SR	#5 RIT	1:05.02		4/5
4	<b>90</b>	Rachel LARSON	JR	#1 Ithaca	1:06.58		4/6
5		Justine DRAPER	SR	#5 RIT	{2} 1:07.08		3/30
6		Samantha CRISCI	JR	#5 RIT	{3} 1:07.51		4/5
7		Amelia BERTHOLD	JR	#6 St. Lawrence	1:09.79		4/5
8		Elli CLOUTIER	SO	#1 Ithaca	{2} 1:10.02		4/6
9		Kaden LECHASE	SO	#1 Ithaca	{3} 1:10.27		4/6
10		Freja NIKLASSON	JR	#4 Vassar	1:11.06		4/11

### Women's 800 Meters

1	<b>1</b>	Megan BELL	SR	#3 Rochester (N.Y.)	2:05.34		4/5
2	<b>80</b>	Adelaide NYHAN	SO	#4 Vassar	2:17.41		4/5
3	<b>85</b>	Erin VONHOUSEN	SO	#2 RPI	2:17.57		4/11
4	<b>98</b>	Kyleigh RECORD	FR	#7 Union (N.Y.)	2:17.80		4/11
5		Emily DILL	SO	#3 Rochester (N.Y.)	{2} 2:19.82		4/5
6		Charlotte KOUTALIDIS	FR	#2 RPI	{2} 2:19.91		4/11
7		Joy PETERSEN	JR	#1 Ithaca	2:20.24		4/6
8		Norah READE	SO	#4 Vassar	{2} 2:20.60		4/5
9		Lizzie LOWE	FR	#4 Vassar	{3} 2:20.85		4/5
10		Anoua CARRIE	FR	#2 RPI	{3} 2:21.67		4/5

### Women's 1500 Meters

1	<b>1</b>	Haley SCHOENEGGE	SO	#4 Vassar	4:27.01		4/14
2	<b>2</b>	Megan BELL	SR	#3 Rochester (N.Y.)	4:27.12		4/14
3	<b>42</b>	Adelaide NYHAN	SO	#4 Vassar	{2} 4:37.07		4/14
4	<b>76</b>	Norah READE	SO	#4 Vassar	{3} 4:41.70		4/14
5		Catherine DACEY	SR	#7 Union (N.Y.)	4:45.84		4/11
6		Emily DILL	SO	#3 Rochester (N.Y.)	{2} 4:46.76		4/14
7		Lizzie LOWE	FR	#4 Vassar	{4} 4:49.18		3/29
8		Sab LIN	SR	#3 Rochester (N.Y.)	{3} 4:49.69		4/5
9		Maria KHALIFEH	FR	#3 Rochester (N.Y.)	{4} 4:49.82		4/14
10		Quinn SIRGANY	SO	#6 St. Lawrence	4:52.45		4/5

### Women's Steeplechase

1	<b>26</b>	Sab LIN	SR	#3 Rochester (N.Y.)	11:11.45		4/14
2	<b>39</b>	Claudia WOLF	JR	#2 RPI	11:17.97		4/5
3	<b>58</b>	Acadia HELFAND	SO	#4 Vassar	11:25.39		4/14
4		Carly ZACK	SO	#6 St. Lawrence	11:49.52		4/5
5		Logan BRASACCHIO	JR	#1 Ithaca	11:53.75		3/29
6		Alyse KARANIAN	JR	#2 RPI	{2} 11:54.94		4/5
7		Tessa BOSSOM	JR	#2 RPI	{3} 11:58.85		4/11
8		Elsie CORBETT	SO	#2 RPI	{4} 12:06.68		4/5
9		Mona ZEGHAL	JR	#2 RPI	{5} 12:32.66		4/5
10		Eva REILLY	SO	#5 RIT	12:38.56		4/5





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### Women's 5000 Meters

1	57	Adelaide NYHAN	SO	#4 Vassar	17:26.05	3/29
2		Ellie PONKO	SR	#3 Rochester (N.Y.)	17:49.06	4/14
3		Jules BLESKOSKI	SO	#2 RPI	18:01.45	4/11
4		Claudia WOLF	JR	#2 RPI {2}	18:03.31	4/11
5		Noni PATTINGTON	SR	#4 Vassar {2}	18:06.00	4/14
6		Cayley SWAIM	SO	#4 Vassar {3}	18:23.77	4/14
7		Ava HANDEL	FR	#2 RPI {3}	18:24.11	4/5
8		Quinn SIRGANY	SO	#6 St. Lawrence	18:25.95	4/11
9		Annabel DOBASH	SO	#7 Union (N.Y.)	18:27.82	4/11
10		Ella BLAU	SO	#3 Rochester (N.Y.) {2}	18:29.08	4/5

### Women's 10,000 Meters

1	59	Alicia LAWSON	SR	#3 Rochester (N.Y.)	38:04.40	4/14
2	61	Ella BLAU	SO	#3 Rochester (N.Y.) {2}	38:10.87	4/14
3	64	Ava HANDEL	FR	#2 RPI	38:14.34	4/11
4	65	Jules BLESKOSKI	SO	#2 RPI {2}	38:15.67	4/11
5	74	Kyla EISMAN	JR	#1 Ithaca	38:37.06	4/6
6	75	Fran MAVRICOS	SO	#2 RPI {3}	38:39.01	4/11
7	79	Avery BLANCHARD	FR	#6 St. Lawrence	38:41.93	4/11
8	85	Gianna CORYEA	JR	#2 RPI {4}	39:00.01	4/11
9	92	Cayley SWAIM	SO	#4 Vassar	39:13.15	3/29
10	98	Abby PRICE	SR	#2 RPI {5}	39:20.57	4/11

### Women's 4x100 Relay

1	26	Ava Butler, Laura Suppa, Rachel Larson, Aynisha McQuillar	#1 Ithaca	47.90	4/6
2	49	Christine Mallette, Katie Manning, Alyssa Fici, Emma McGuinn	#2 RPI	48.54	4/11
3	76	Allison Regnante, Caroline Hill, Rania Sabri, Rachel Kulp	#5 RIT	49.30	4/14
4		Ashley Sheldon, Katherine Doran, Grace Ardito, Gabrielle Baker	#7 Union (N.Y.)	51.54	4/11
5		Isla Bougard duncan, Caelan McHarney, Caroline Hines, Elena Trempe	#6 St. Lawrence	53.74	4/5
6		Jynaiya Grizzle, Gabrielle Parchment, Hawra Moochhala, Carina Cooke	#8 Bard	56.81	4/5

### Women's 4x400 Relay

1	6	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#3 Rochester (N.Y.)	3:48.21	4/14
2	89	Natalie MacArthur, Lyla Powers, Ava Butler, Aynisha McQuillar	#1 Ithaca	4:09.42	3/29
3	93	Samantha Crisci, Jorja DeCarlo, Justine Draper, Caroline Hill	#5 RIT	4:09.73	4/5
4		#Type!	#4 Vassar	4:14.68	3/29

### Women's High Jump

1	19	Madeleine WRIGHT	SO	#1 Ithaca	1.63m	5-4¼	4/6
2	71	Celia RYAN	SO	#1 Ithaca {2}	1.58m	5-2¼	4/12
3		Cameron TING	FR	#1 Ithaca {3}	1.51m	4-11½	3/29
3		Grace ARDITO	JR	#7 Union (N.Y.)	1.51m	4-11½	4/5
3		Lydia BARBER	SO	#1 Ithaca {3}	1.51m	4-11½	3/29
3		Ashley SHELDON	SO	#7 Union (N.Y.)	1.51m	4-11½	4/11
7		Tooni OLALEYE	SO	#2 RPI	1.48m	4-10¼	3/23
8		Amelia BERTHOLD	JR	#6 St. Lawrence	1.47m	4-9¾	4/11
8		Cecelia LABONTE	JR	#1 Ithaca {5}	1.47m	4-9¾	4/12
10		Mia GERBER	SO	#5 RIT	1.38m	4-6¼	4/5
10		Nora DRESLIN	JR	#3 Rochester (N.Y.)	1.38m	4-6¼	3/30
10		Lily HUBERT	SO	#3 Rochester (N.Y.)	1.38m	4-6¼	4/5

### Women's Pole Vault

1	47	Erin EASTWOOD	JR	#1 Ithaca	3.50m	11-5¾	4/6
2	78	Talia HUTCHINSON	SO	#1 Ithaca {2}	3.35m	10-11¾	4/12
3		Abby KOPECK	FR	#3 Rochester (N.Y.)	3.20m	10-6	4/5
3		Bree BOYLE	JR	#1 Ithaca {3}	3.20m	10-6	4/12
5		Raessler GUTHRIE	FR	#1 Ithaca {4}	3.05m	10-0	4/6
5		Teagan KIGER	FR	#1 Ithaca {4}	3.05m	10-0	4/6
7		Abby REPPERT	FR	#1 Ithaca {6}	2.90m	9-6¼	4/6
8		Ella DYKEMAN	FR	#2 RPI	2.80m	9-2¼	4/5
9		Katie ATKINS	FR	#3 Rochester (N.Y.) {2}	2.75m	9-¼	4/5
10		Mia GERBER	SO	#5 RIT	2.45m	8-½	4/5

### Women's Long Jump

1	39	Alice BRAMBATI	FR	#2 RPI	5.56m	18-3 (0.8)	4/11
2		Ashleigh BARRETT	JR	#3 Rochester (N.Y.)	5.28m	17-4 (0.0)	4/5
3		Cecelia LABONTE	JR	#1 Ithaca	5.23m	17-2 (-2.3)	4/12
4		Allison REGNANTE	SR	#5 RIT	5.22m	17-1½ (0.0)	4/5
5		Rachel KULP	JR	#5 RIT {2}	5.11m	16-9¼ (0.0)	3/30
5		Jordyn DOLAN	JR	#1 Ithaca {2}	5.11m	16-9¼ (0.7)	3/29
7		Alexis BROWN	SO	#1 Ithaca {3}	5.01m	16-5¼ (0.0)	3/29
8		Gracie CONLAN	FR	#3 Rochester (N.Y.) {2}	4.92m	16-1¾ (0.0)	3/30
8		Cameron TING	FR	#1 Ithaca {4}	4.92m	16-1¾ (0.0)	4/12
10		Grace MCINERNEY	FR	#3 Rochester (N.Y.) {3}	4.90m	16-1 (1.0)	4/5
10		Faye STEVENS	SR	#4 Vassar	4.90m	16-1 (1.8)	4/5



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## Liberty League

as of 4/15/2025 8:32:32 AM ET

### Women's Triple Jump

1	9	Alice BRAMBATI	FR	#2 RPI	11.87m	38-11½ (-0.4)	4/10
2	54	Jahmilia DENNIS	JR	#4 Vassar	11.16m	36-7½ (0.4)	4/5
3		Rania SABRI	JR	#5 RIT	10.80m	35-5¼ (-0.6)	4/14
4		Alexis BROWN	SO	#1 Ithaca	10.69m	35-1 (0.0)	4/6
5		Violet AMEELE	SR	#5 RIT	{2} 10.60m	34-9½ (0.1)	4/14
6		Jamie EU	JR	#4 Vassar	{2} 10.40m	34-1½ (-0.5)	3/29
7		Gracie CONLAN	FR	#3 Rochester (N.Y.)	10.28m	33-8¾ (0.8)	4/5
8		Ashleigh BARRETT	JR	#3 Rochester (N.Y.)	{2} 10.13m	33-3 (1.6)	4/5
9		Lianna CAMILLE	FR	#4 Vassar	{3} 9.96m	32-8¼ (-0.9)	3/29
10		Grace CROFT	SO	#1 Ithaca	{2} 9.92mw	32-6½ (2.2)	4/12

### Women's Shot Put

1	29	Lily SEYFERT	JR	#1 Ithaca	12.89m	42-3½	3/29
2	47	Leanna WELLS	SO	#2 RPI	12.64m	41-5¾	4/11
3	66	Cora ROSE	SR	#3 Rochester (N.Y.)	12.36m	40-6¾	3/30
4	82	Marinna HEICHBERGER	JR	#5 RIT	12.16m	39-10¾	4/14
5		Emily DIMARCO	SR	#5 RIT	{2} 12.01m	39-5	4/14
6		Madison VARGAS	SO	#3 Rochester (N.Y.)	{2} 11.79m	38-8¾	4/5
7		Charlotte POWELL	SO	#1 Ithaca	{2} 11.74m	38-6¼	3/29
8		Deziree GARRICK	SR	#3 Rochester (N.Y.)	{3} 11.31m	37-1¼	3/30
9		Aimee OSZER	SO	#3 Rochester (N.Y.)	{4} 11.20m	36-9	4/5
10		Amelia GECK	SO	#5 RIT	{3} 11.15m	36-7	4/5

### Women's Discus

1	36	Cora ROSE	SR	#3 Rochester (N.Y.)	42.25m	138-8	3/30
2	42	Emily DIMARCO	SR	#5 RIT	41.71m	136-10	4/5
3	85	Lily SEYFERT	JR	#1 Ithaca	39.15m	128-6	4/12
4		Bailee DRUMMOND	SO	#5 RIT	{2} 38.31m	125-8	3/30
5		Grace RICHARD	JR	#2 RPI	37.62m	123-5	4/11
6		Sydney PETRIE	JR	#4 Vassar	37.32m	122-5	4/5
7		Madison VARGAS	SO	#3 Rochester (N.Y.)	{2} 37.13m	121-10	3/30
8		Charlotte POWELL	SO	#1 Ithaca	{2} 36.98m	121-4	3/29
9		Aimee OSZER	SO	#3 Rochester (N.Y.)	{3} 36.39m	119-5	4/5
10		Katie LYNCH	JR	#2 RPI	{2} 35.62m	116-11	4/11

### Women's Hammer

1	44	Enya GREEN	SO	#1 Ithaca	48.94m	160-7	4/6
2	56	Lily SEYFERT	JR	#1 Ithaca	{2} 47.79m	156-10	4/6
3		Cora ROSE	SR	#3 Rochester (N.Y.)	44.16m	144-11	4/5
4		Katie LYNCH	JR	#2 RPI	43.75m	143-7	4/5
5		Charlotte POWELL	SO	#1 Ithaca	{3} 43.00m	141-1	4/12
6		Grace RICHARD	JR	#2 RPI	{2} 42.95m	140-11	4/11
7		Liv ILASZ	JR	#3 Rochester (N.Y.)	{2} 41.70m	136-10	4/5
8		Autumn BERNAVA	SO	#5 RIT	41.55m	136-4	4/5
9		Zoe CHAFOULEAS	SR	#3 Rochester (N.Y.)	{3} 39.60m	129-11	4/5
10		Amanda HANRAHAN	FR	#4 Vassar	39.06m	128-2	4/5

### Women's Javelin

1	50	Lily SEYFERT	JR	#1 Ithaca	37.22m	122-2	4/12
2	72	Aimee OSZER	SO	#3 Rochester (N.Y.)	36.30m	119-1	4/5
3	99	Celia RYAN	SO	#1 Ithaca	{2} 35.32m	115-11	4/12
4		Mia GERBER	SO	#5 RIT	33.18m	108-10	4/5
5		Sonya SHIVOK	SR	#5 RIT	{2} 32.50m	106-8	3/19
6		Grace GARMAN	SR	#2 RPI	31.83m	104-5	3/23
7		Lauryn JOHNSON	FR	#7 Union (N.Y.)	31.82m	104-5	4/11
8		Autumn BERNAVA	SO	#5 RIT	{3} 31.54m	103-6	4/5
9		Elana PUKEL	FR	#4 Vassar	30.62m	100-6	4/5
10		Charlotte POWELL	SO	#1 Ithaca	{3} 30.22m	99-1¾	4/12

### Women's Heptathlon

1	31	Cameron TING	FR	#1 Ithaca	3,793		4/12
2	37	Amelia BERTHOLD	JR	#6 St. Lawrence	3,738		4/11
3	65	Halle RAINA	SR	#2 RPI	3,170		4/11
4	67	Cecelia LABONTE	JR	#1 Ithaca	{2} 3,153		4/12
5	75	Gabby IRVIN	SO	#2 RPI	{2} 3,074		4/11



## Conference TFRI Event Summary



Little East

as of 4/15/2025 8:32:33 AM ET

## Women's 100 Meters

1	<b>81</b>	Trinity HAYES	SR	#5 Rhode Island Col	<b>12.34</b>	(0.2)	<b>4/14</b>
2		Quiana PEZZA	FR	#5 Rhode Island Col{2}	<b>12.43w</b>	(3.0)	3/22
3		Keely GIORDANO	FR	#4 Keene State	<b>12.64</b>	(1.2)	<b>4/14</b>
4		Janiah YOUNG	JR	#1 Southern Maine	<b>12.72</b>	(-0.1)	<b>4/11</b>
5		Khalsa HAMMITH	FR	#1 Southern Maine {2}	<b>12.78</b>	(0.2)	<b>4/14</b>
6		JHenelle EVANS	SO	#7 UMass Boston	<b>12.89</b>	(1.0)	4/4
7		Bendu KAMARA	FR	#5 Rhode Island Col{3}	<b>12.90w</b>	(2.6)	3/22
8		Mya AUSTIN	FR	#1 Southern Maine {3}	<b>13.00</b>	(0.2)	<b>4/14</b>
9		Alexis KARANTZA	JR	#1 Southern Maine {4}	<b>13.12</b>	(1.5)	<b>4/14</b>
10		Saige KIRKLAND	SO	#2 Eastern Connect	<b>13.17w</b>	(2.1)	4/5

## Women's 100 Meter Hurdles

1	<b>5</b>	Aryianna GARCEAU	JR	#7 UMass Boston	<b>14.09</b>	(-0.3)	<b>4/13</b>
2		Molly LU MCKELLAR	JR	#4 Keene State	<b>15.64</b>	(1.3)	<b>4/14</b>
3		Saya BREITING-BROWN	FR	#1 Southern Maine	<b>15.97</b>	(1.3)	<b>4/14</b>
4		Adria OTASH	FR	#1 Southern Maine {2}	<b>17.04</b>	(-0.7)	<b>4/11</b>
5		Ani FLYNN	FR	#6 Plymouth State	<b>17.12</b>	(-1.3)	3/28
6		Belleya FRANCK	FR	#3 UMass Dartmouth	<b>17.75</b>	(-0.3)	<b>4/13</b>
7		Analiese POISSON	SR	#2 Eastern Connect	<b>18.20</b>	(1.5)	3/29
8		Mary LEVESQUE	FR	#2 Eastern Connect{2}	<b>19.52</b>	(1.0)	4/5
9		Naema CHARLES	FR	#2 Eastern Connect{3}	<b>19.66</b>	(0.8)	<b>4/12</b>
10		Zairah SAINT-JEAN	FR	#3 UMass Dartmouth{2}	<b>21.01</b>	(1.0)	4/5

## Women's 200 Meters

1	<b>24</b>	Aryianna GARCEAU	JR	#7 UMass Boston	<b>24.72</b>	(0.2)	<b>4/13</b>
2	<b>60</b>	Trinity HAYES	SR	#5 Rhode Island Col	<b>25.04</b>	(0.9)	4/4
3		Janiah YOUNG	JR	#1 Southern Maine	<b>25.89</b>	(0.7)	<b>4/11</b>
4		Keely GIORDANO	FR	#4 Keene State	<b>26.00</b>	(0.2)	3/28
5		Saige KIRKLAND	SO	#2 Eastern Connect	<b>26.27</b>	(0.5)	<b>4/12</b>
6		Quiana PEZZA	FR	#5 Rhode Island Col{2}	<b>26.50</b>	(0.9)	4/4
7		Heaven CONLEY	SR	#1 Southern Maine {2}	<b>26.54</b>	(-0.8)	<b>4/14</b>
8		Tayshia CARY	FR	#5 Rhode Island Col{3}	<b>26.61</b>	(0.9)	4/4
9		Mya AUSTIN	FR	#1 Southern Maine {3}	<b>26.78</b>	(0.4)	<b>4/14</b>
10		Bendu KAMARA	FR	#5 Rhode Island Col{4}	<b>26.91w</b>	(2.8)	3/29

## Women's 400 Meters

1	<b>58</b>	Trinity HAYES	SR	#5 Rhode Island Col	<b>57.88</b>		4/4
2		Heaven CONLEY	SR	#1 Southern Maine	<b>59.83</b>		<b>4/14</b>
3		Paige HURST	SR	#6 Plymouth State	<b>1:00.29</b>		4/4
4		Saige KIRKLAND	SO	#2 Eastern Connect	<b>1:00.60</b>		4/5
5		Alexis KARANTZA	JR	#1 Southern Maine {2}	<b>1:00.99</b>		4/5
6		Bendu KAMARA	FR	#5 Rhode Island Col{2}	<b>1:02.45</b>		4/4
7		Ashley GENTILE	SR	#2 Eastern Connect{2}	<b>1:02.83</b>		4/5
8		Lexi ZAKRZEWSKI	FR	#5 Rhode Island Col{3}	<b>1:03.37</b>		4/4
9		Phoebe GESNER	FR	#3 UMass Dartmouth	<b>1:03.97</b>		<b>4/13</b>
10		Mya AUSTIN	FR	#1 Southern Maine {3}	<b>1:04.63</b>		<b>4/11</b>

## Women's 400 Meter Hurdles

1	<b>55</b>	Alexis KARANTZA	JR	#1 Southern Maine	<b>1:05.38</b>		<b>4/14</b>
2		Ani FLYNN	FR	#6 Plymouth State	<b>1:07.96</b>		3/28
3		Grace RUSSELL	JR	#3 UMass Dartmouth	<b>1:12.94</b>		3/23
4		Molly LU MCKELLAR	JR	#4 Keene State	<b>1:14.48</b>		4/7
5		Analiese POISSON	SR	#2 Eastern Connect	<b>1:16.97</b>		4/5
6		Naema CHARLES	FR	#2 Eastern Connect{2}	<b>1:20.52</b>		4/5
7		Mary LEVESQUE	FR	#2 Eastern Connect{3}	<b>1:24.64</b>		3/29

## Women's 800 Meters

1		Rose KAROW	SO	#6 Plymouth State	<b>2:22.25</b>		4/4
2		Haley OLIVER	JR	#5 Rhode Island Col	<b>2:22.30</b>		<b>4/14</b>
3		Emely MELENDEZ	FR	#2 Eastern Connect	<b>2:25.17</b>		<b>4/12</b>
4		Jacqueline EARNER	JR	#7 UMass Boston	<b>2:26.08</b>		4/5
5		AnnMarie LIMBERGER	JR	#1 Southern Maine	<b>2:26.89</b>		<b>4/14</b>
6		Meghan PRZYBILLA	FR	#1 Southern Maine {2}	<b>2:29.16</b>		<b>4/14</b>
7		Bryn DICKINSON	SO	#4 Keene State	<b>2:30.01</b>		<b>4/14</b>
8		Margaret ST JOHN	SR	#4 Keene State {2}	<b>2:30.88</b>		<b>4/14</b>
9		Sara LOPEZ	FR	#3 UMass Dartmouth	<b>2:31.37</b>		<b>4/12</b>
10		Anna O'REILLY	JR	#4 Keene State {3}	<b>2:31.48</b>		4/7

## Women's 1500 Meters

1		Haley OLIVER	JR	#5 Rhode Island Col	<b>4:49.61</b>		<b>4/14</b>
2		Anna O'REILLY	JR	#4 Keene State	<b>4:52.17</b>		<b>4/12</b>
3		Sarah AMES	SR	#4 Keene State {2}	<b>4:54.51</b>		<b>4/12</b>
4		Alison LECLERC	SR	#2 Eastern Connect	<b>4:57.41</b>		4/5
5		Emma STEEDMAN	SO	#3 UMass Dartmouth	<b>4:59.47</b>		3/23
6		Margaret ST JOHN	SR	#4 Keene State {3}	<b>5:00.05</b>		4/7
7		Meghan GEORGESCU	JR	#2 Eastern Connect{2}	<b>5:03.99</b>		3/29
8		Rose KAROW	SO	#6 Plymouth State	<b>5:05.48</b>		3/28
9		Jacqueline EARNER	JR	#7 UMass Boston	<b>5:07.10</b>		<b>4/13</b>
10		Autumn BOISVERT	SR	#4 Keene State {4}	<b>5:07.15</b>		4/7

## Women's Steeplechase

1	<b>66</b>	Alison LECLERC	SR	#2 Eastern Connect	<b>11:27.86</b>		<b>4/12</b>
2	<b>82</b>	Emma STEEDMAN	SO	#3 UMass Dartmouth	<b>11:35.10</b>		<b>4/12</b>
3		Bee GREENBERG	SR	#3 UMass Dartmouth{2}	<b>12:28.61</b>		3/29
4		Aurora COUTO	SR	#4 Keene State	<b>12:39.13</b>		3/30
5		Mia SWEENEY	FR	#6 Plymouth State	<b>12:44.82</b>		4/4
6		Kiera WARNER	FR	#2 Eastern Connect{2}	<b>12:49.12</b>		4/5
7		Rita CUMMINGS	FR	#4 Keene State {2}	<b>13:05.52</b>		<b>4/14</b>
8		Alyssa EDGREN	SO	#4 Keene State {3}	<b>13:23.45</b>		<b>4/14</b>
9		Alexia GONSALVES	FR	#3 UMass Dartmouth{3}	<b>13:28.42</b>		<b>4/13</b>
10		Lylah THIBEAULT	FR	#3 UMass Dartmouth{4}	<b>14:51.84</b>		<b>4/13</b>



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



Little East

as of 4/15/2025 8:32:33 AM ET

## Women's 5000 Meters

1	Haley OLIVER	JR	#5 Rhode Island Col	17:45.90	3/22
2	Margaret ST JOHN	SR	#4 Keene State	18:11.78	4/12
3	Alison LECLERC	SR	#2 Eastern Connect	18:21.05	3/29
4	Shea ROCHE	JR	#7 UMass Boston	18:31.92	4/13
5	Kallie WARNER	FR	#4 Keene State {2}	18:33.37	4/12
6	Gwen CATALANO	SO	#1 Southern Maine	18:45.26	4/11
7	Carly ALSTON	SR	#2 Eastern Connect {2}	18:49.72	4/12
8	Emily PHILBROOK	SR	#3 UMass Dartmouth	18:55.25	3/29
9	Autumn BOISVERT	SR	#4 Keene State {3}	18:57.19	4/14
10	Sara CHRISTIAN	SR	#4 Keene State {4}	19:18.58	4/7

## Women's 10,000 Meters

1	27 Haley OLIVER	JR	#5 Rhode Island Col	36:40.50	3/29
2	69 Shea ROCHE	JR	#7 UMass Boston	38:26.70	3/29
3	88 Sara CHRISTIAN	SR	#4 Keene State	39:03.86	4/12
4	90 Grace COLON	SR	#7 UMass Boston {2}	39:11.19	3/29
5	91 Emily PHILBROOK	SR	#3 UMass Dartmouth	39:12.43	4/12
6	Carly ALSTON	SR	#2 Eastern Connect	40:29.80	3/29
7	Sarah LYNCH	SO	#3 UMass Dartmouth {2}	40:30.68	4/12
8	Lucy DEPOLITO	JR	#1 Southern Maine	40:52.61	4/11
9	Bethany DAVIS	JR	#8 Castleton	41:06.12	4/7
10	Bee GREENBERG	SR	#3 UMass Dartmouth {3}	41:07.84	4/12

## Women's 4x100 Relay

1	80 #Type!	#5 Rhode Island Col	49.42	4/4
2	Montana Casa, Ani Flynn, Cassidy Hanson, Paige Hurst	#6 Plymouth State	50.65	3/28
3	Belen Bolognani, Saige Kirkland, Jasmine Charlery, Laci Davis	#2 Eastern Connect	51.01	4/12
4	Erin Cole, Allyse Brien, Caroline Cooper, Drea Defreitas	#4 Keene State	51.94	4/7

## Women's 4x400 Relay

1	Janiah Young, Meara McVearry, Saya Breiting-Brown, Alexis Karantz	#1 Southern Maine	4:15.84	4/5
2	Emma Steedman, Julia Latura, Sara Lopez, Anya Aadland	#3 UMass Dartmouth	4:22.18	3/29
3	Haley Robertson, Emely Melendez, Saige Kirkland, Ashley Gentile	#2 Eastern Connect	4:23.68	3/29
4	Sofia D'addona, Isabel Costa, Haley Greenwood, Rose Karow	#6 Plymouth State	4:29.24	3/28
5	Molly Lu McKellar, Margaret St John, Rita Cummings, Anna O'Reilly	#4 Keene State	4:36.58	4/7

## Women's High Jump

1	91 Dorinda OKORJI	SR	#7 UMass Boston	1.56m	5-1 1/4	3/29
1	91 Ani FLYNN	FR	#6 Plymouth State	1.56m	5-1 1/4	4/4
3	Givanni PERRY	FR	#2 Eastern Connect	1.51m	4-11 1/2	4/5
4	Autumn GERRY	JR	#1 Southern Maine	1.50m	4-11	4/5
5	Hialeah FOSTER	SO	#7 UMass Boston {2}	1.48m	4-10 1/4	4/5
5	Molly LU MCKELLAR	JR	#4 Keene State	1.48m	4-10 1/4	3/28
7	Samantha FENLEY	SO	#1 Southern Maine {2}	1.47m	4-9 3/4	4/14
8	Isabella TACCOGNA	JR	#3 UMass Dartmouth	1.46m	4-9 1/2	3/29
8	Angelina TACCOGNA	FR	#2 Eastern Connect {2}	1.46m	4-9 1/2	3/29
8	Allyse BRIEN	FR	#4 Keene State {2}	1.46m	4-9 1/2	4/7

## Women's Pole Vault

1	19 Natasha FRISCH	JR	#2 Eastern Connect	3.72m	12-2 1/2	3/29
2	78 Riley REITCHEL	JR	#1 Southern Maine	3.35m	10-11 3/4	4/11
3	Katelyn DENUNZIO	SO	#2 Eastern Connect {2}	2.50m	8-2 1/2	3/29
4	Mackenzie JORGENSEN	SR	#7 UMass Boston	2.35m	7-8 1/2	4/4
5	Adria OTASH	FR	#1 Southern Maine {2}	2.00m	6-6 3/4	4/11

## Women's Long Jump

1	98 Quiana PEZZA	FR	#5 Rhode Island Col	5.29m	17-4 1/4 (0.9)	3/22
2	Laci DAVIS	SO	#2 Eastern Connect	5.20m	17-3/4 (1.0)	4/12
3	Angelina TACCOGNA	FR	#2 Eastern Connect {2}	5.05mw	16-7 (2.4)	4/12
4	Dorinda OKORJI	SR	#7 UMass Boston	4.98m	16-4 1/4 (1.5)	3/29
5	Hialeah FOSTER	SO	#7 UMass Boston {2}	4.92m	16-1 3/4 (1.6)	3/29
6	Givanni PERRY	FR	#2 Eastern Connect {3}	4.91m	16-1 1/2 (0.0)	3/29
7	Drea DEFREITAS	FR	#4 Keene State	4.88m	16-1/4 (0.0)	4/7
8	Molly LU MCKELLAR	JR	#4 Keene State {2}	4.85m	15-11 (0.0)	4/7
9	Olivia JALBERT	SR	#1 Southern Maine	4.82m	15-9 3/4 (-1.0)	4/14
10	Emma COUTUIER	SO	#6 Plymouth State	4.77m	15-7 3/4 (1.5)	4/4

## Women's Triple Jump

1	Givanni PERRY	FR	#2 Eastern Connect	10.85m	35-7 1/4 (1.8)	4/12
2	Quiana PEZZA	FR	#5 Rhode Island Col	10.67mw	35-1/4 (2.7)	3/22
3	Laci DAVIS	SO	#2 Eastern Connect {2}	10.57m	34-8 1/4 (0.0)	3/29
4	Abigail SEAMAN	FR	#8 Castleton	10.48m	34-4 3/4 (0.7)	3/28
5	Amara CALHUM-FLOWERS	FR	#1 Southern Maine	10.32mw	33-10 1/4 (2.9)	4/5
6	Drea DEFREITAS	FR	#4 Keene State	10.25m	33-7 1/2 (0.0)	4/7
7	Isabella TACCOGNA	JR	#3 UMass Dartmouth	9.98m	32-9 (0.2)	4/13
8	Angelina TACCOGNA	FR	#2 Eastern Connect {3}	9.88m	32-5 (-1.3)	3/29
9	Sasha SAINRISTIL	JR	#5 Rhode Island Col {2}	9.50mw	31-2 (4.0)	3/22
10	Adrian CLEMENT	FR	#8 Castleton {2}	9.47m	31-1 (0.0)	3/28



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WOMEN — 2025 Checkpoint #3, April 15



Little East

as of 4/15/2025 8:32:33 AM ET

## Women's Shot Put

1	<b>11</b>	Zoe BARNES	SR	<b>#1</b> Southern Maine	<b>13.49m</b>	44-3¼	<b>4/11</b>
2	<b>74</b>	Samantha SAINRISTILL	SR	<b>#5</b> Rhode Island Col	<b>12.25m</b>	40-2¼	4/4
3	<b>77</b>	Jaigan BOUDREAU	SR	<b>#1</b> Southern Maine {2}	<b>12.24m</b>	40-2	<b>4/11</b>
4	<b>94</b>	Kalynn STEVENSON	SO	<b>#8</b> Castleton	<b>12.09m</b>	39-8	<b>4/11</b>
5		Kate HOCKENBURY	SR	<b>#3</b> UMass Dartmout	<b>11.86m</b>	38-11	<b>4/13</b>
6		Molly LU MCKELLAR	JR	<b>#4</b> Keene State	<b>11.52m</b>	37-9½	3/28
7		Isabell LANFEAR	JR	<b>#8</b> Castleton {2}	<b>11.36m</b>	37-3¼	<b>4/11</b>
8		Karli MARTIN	SO	<b>#8</b> Castleton {3}	<b>10.82m</b>	35-6	<b>4/11</b>
9		Anaka EATON	FR	<b>#2</b> Eastern Connect	<b>10.77m</b>	35-4	3/29
10		Olivia SEUTTER	FR	<b>#3</b> UMass Dartmout {2}	<b>10.70m</b>	35-1¼	3/23

## Women's Discus

1	<b>10</b>	Zoe BARNES	SR	<b>#1</b> Southern Maine	<b>45.60m</b>	149-7	<b>4/11</b>
2	<b>26</b>	Kalynn STEVENSON	SO	<b>#8</b> Castleton	<b>42.98m</b>	141-0	<b>4/11</b>
3	<b>73</b>	Jaigan BOUDREAU	SR	<b>#1</b> Southern Maine {2}	<b>39.67m</b>	130-2	<b>4/14</b>
4		Samantha SAINRISTILL	SR	<b>#5</b> Rhode Island Col	<b>36.55m</b>	119-11	<b>4/14</b>
5		Neisha BOITEUX	SR	<b>#3</b> UMass Dartmout	<b>35.47m</b>	116-5	3/29
6		Katelyn YERDON	SO	<b>#8</b> Castleton {2}	<b>33.18m</b>	108-10	<b>4/11</b>
7		Sienna NEWTH	FR	<b>#8</b> Castleton {3}	<b>32.88m</b>	107-11	4/7
8		Olivia SEUTTER	FR	<b>#3</b> UMass Dartmout {2}	<b>32.75m</b>	107-6	4/5
9		Luna PERRY-ST. PETER	JR	<b>#8</b> Castleton {4}	<b>32.56m</b>	106-10	4/7
10		Emily HESKETH	SO	<b>#3</b> UMass Dartmout {3}	<b>32.45m</b>	106-6	<b>4/13</b>

## Women's Hammer

1	<b>64</b>	Samantha SAINRISTILL	SR	<b>#5</b> Rhode Island Col	<b>47.30m</b>	155-2	<b>4/14</b>
2		Kylie TAYLOR	JR	<b>#6</b> Plymouth State	<b>42.76m</b>	140-4	<b>4/14</b>
3		Emily HESKETH	SO	<b>#3</b> UMass Dartmout	<b>42.28m</b>	138-9	<b>4/13</b>
4		Taryn REED	FR	<b>#5</b> Rhode Island Col {2}	<b>41.68m</b>	136-9	<b>4/14</b>
5		Jaigan BOUDREAU	SR	<b>#1</b> Southern Maine	<b>40.85m</b>	134-0	4/5
6		Anaka EATON	FR	<b>#2</b> Eastern Connect	<b>40.75m</b>	133-9	4/5
7		Funmilayo MCCLIN	FR	<b>#5</b> Rhode Island Col {3}	<b>40.31m</b>	132-3	<b>4/14</b>
8		Libby MCINTYRE	SR	<b>#6</b> Plymouth State {2}	<b>40.24m</b>	132-0	4/4
9		Neisha BOITEUX	SR	<b>#3</b> UMass Dartmout {2}	<b>39.71m</b>	130-4	3/29
10		Lilly CARSON	JR	<b>#1</b> Southern Maine {2}	<b>39.56m</b>	129-10	<b>4/11</b>

## Women's Javelin

1	<b>2</b>	Riley REITCHEL	JR	<b>#1</b> Southern Maine	<b>44.24m</b>	145-2	4/5
2	<b>86</b>	Isabell LANFEAR	JR	<b>#8</b> Castleton	<b>35.90m</b>	117-10	<b>4/11</b>
3		Bethanie JEAN PHILIPPE	SO	<b>#5</b> Rhode Island Col	<b>35.04m</b>	115-0	4/4
4		Olivia JALBERT	SR	<b>#1</b> Southern Maine {2}	<b>33.65m</b>	110-5	<b>4/14</b>
5		Luna PERRY-ST. PETER	JR	<b>#8</b> Castleton {2}	<b>32.96m</b>	108-2	3/28
6		Molly LU MCKELLAR	JR	<b>#4</b> Keene State	<b>31.40m</b>	103-0	3/28
7		Mia MEJIA-MAALOUF	SR	<b>#3</b> UMass Dartmout	<b>31.21m</b>	102-5	<b>4/13</b>
8		Katie LEBLANC	FR	<b>#1</b> Southern Maine {3}	<b>30.58m</b>	100-4	<b>4/11</b>
9		Kate MALCZYNSKI-GRIFFIN	SO	<b>#2</b> Eastern Connect	<b>30.39m</b>	99-8½	<b>4/12</b>
10		Kate HOCKENBURY	SR	<b>#3</b> UMass Dartmout {2}	<b>28.87m</b>	94-8¾	<b>4/13</b>

## Women's Heptathlon

1	<b>27</b>	Molly LU MCKELLAR	JR	<b>#4</b> Keene State	<b>3,863</b>	3/28
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



MAC

as of 4/15/2025 8:32:33 AM ET

## Women's 100 Meters

1	<b>16</b>	Mariam KOITA	SO	<b>#2</b> Widener	<b>11.95</b>	(1.1)	<b>4/14</b>
2	<b>62</b>	Maria MUZZARELLI	SR	<b>#2</b> Widener	{2} <b>12.26</b>	(1.5)	<b>4/14</b>
3		Brooke SIGMORELLA	FR	<b>#6</b> DeSales	<b>12.57</b>	(1.7)	4/5
4		Halle JENNETT	SR	<b>#7</b> Messiah	<b>12.73</b>	(-0.2)	3/29
5		Ava MATTER	FR	<b>#1</b> Lebanon Valley	<b>12.78</b>	(-0.7)	3/29
6		Abigail SPRINGER	SR	<b>#5</b> King's College (P	<b>12.79w</b>	(3.4)	<b>4/14</b>
7		Angela NUSE	SO	<b>#8</b> York (Pa.)	<b>12.87</b>	(1.0)	4/5
8		Keziah BOYCE	JR	<b>#8</b> York (Pa.)	{2} <b>12.91</b>	(1.5)	<b>4/12</b>
9		Gianna IGLESIAS	SR	<b>#3</b> Misericordia	<b>13.02</b>	(0.0)	3/22
10		Arwyn GRUENWALD	JR	<b>#7</b> Messiah	{2} <b>13.04</b>	(-0.2)	3/29

## Women's 100 Meter Hurdles

1	<b>67</b>	Kara BROWN	JR	<b>#7</b> Messiah	<b>15.16</b>	(1.1)	<b>4/12</b>
2		Victoria ZULTEVICZ	SR	<b>#5</b> King's College (P	<b>15.37</b>	(-0.7)	3/29
3		Cara DOYLE	FR	<b>#3</b> Misericordia	<b>15.42</b>	(-0.1)	3/29
4		Kayla ROBINSON	SO	<b>#2</b> Widener	<b>15.54</b>	(0.6)	<b>4/14</b>
5		Am'ya JOHNSON	FR	<b>#9</b> Eastern (Pa.)	<b>15.68</b>	(-0.9)	3/22
6		Isabella SHANLEY	SO	<b>#4</b> Stevens	<b>15.72w</b>	(2.3)	<b>4/12</b>
7		Mikayla MITCHELL	SO	<b>#1</b> Lebanon Valley	<b>15.81</b>	(-0.1)	3/29
8		Zahara SIMMONS	FR	<b>#2</b> Widener	{2} <b>15.93</b>	(0.6)	<b>4/14</b>
9		Abigail REED	SO	<b>#1</b> Lebanon Valley	{2} <b>16.07</b>	(-0.1)	3/29
9		De'nair DREW	SO	<b>#9</b> Eastern (Pa.)	{2} <b>16.07</b>	(-1.1)	3/29

## Women's 200 Meters

1	<b>14</b>	Mariam KOITA	SO	<b>#2</b> Widener	<b>24.51</b>	(1.1)	<b>4/14</b>
2	<b>70</b>	Kayla ROBINSON	SO	<b>#2</b> Widener	{2} <b>25.13</b>	(-0.4)	3/29
3	<b>88</b>	Maria MUZZARELLI	SR	<b>#2</b> Widener	{3} <b>25.29</b>	(-0.6)	3/29
4		Ava MATTER	FR	<b>#1</b> Lebanon Valley	<b>26.08</b>	(-1.1)	3/29
5		Abigail SPRINGER	SR	<b>#5</b> King's College (P	<b>26.32</b>	(1.8)	<b>4/14</b>
6		Grace KANE	JR	<b>#13</b> Delaware Valley	<b>26.39</b>	(-1.1)	3/29
7		Keziah BOYCE	JR	<b>#8</b> York (Pa.)	<b>26.43</b>	(0.0)	3/29
8		Bianca BURKE	JR	<b>#15</b> FDU Florham	<b>26.52</b>	(-0.1)	4/5
9		Zahara SIMMONS	FR	<b>#2</b> Widener	{4} <b>26.55</b>	(-0.2)	3/29
10		Arwyn GRUENWALD	JR	<b>#7</b> Messiah	<b>26.56</b>	(-0.4)	3/29

## Women's 400 Meters

1	<b>74</b>	Isabella SHANLEY	SO	<b>#4</b> Stevens	<b>58.29</b>		3/29
2		Ava BUTCHER	SO	<b>#5</b> King's College (P	<b>59.16</b>		3/29
3		Payton MANN	SR	<b>#8</b> York (Pa.)	<b>59.29</b>		3/29
4		Lindsay BEDNAREK	JR	<b>#6</b> DeSales	<b>1:00.42</b>		4/5
5		Emily KREVEY	FR	<b>#3</b> Misericordia	<b>1:00.64</b>		<b>4/14</b>
6		Bianca BURKE	JR	<b>#15</b> FDU Florham	<b>1:00.94</b>		3/29
7		Anahrie ANDERSON	SO	<b>#9</b> Eastern (Pa.)	<b>1:00.98</b>		4/5
8		Keziah BOYCE	JR	<b>#8</b> York (Pa.)	{2} <b>1:01.08</b>		3/29
9		Grace MORNINGSTAR	SO	<b>#3</b> Misericordia	{2} <b>1:01.26</b>		3/22
10		Darrian BERKHEIMER	SR	<b>#1</b> Lebanon Valley	<b>1:01.39</b>		<b>4/12</b>

## Women's 400 Meter Hurdles

1	<b>36</b>	Payton MANN	SR	<b>#8</b> York (Pa.)	<b>1:04.53</b>		<b>4/14</b>
2	<b>71</b>	Cara DOYLE	FR	<b>#3</b> Misericordia	<b>1:05.95</b>		3/29
3	<b>83</b>	Lauren ALLEY	FR	<b>#4</b> Stevens	<b>1:06.41</b>		3/29
4	<b>88</b>	Isabella SHANLEY	SO	<b>#4</b> Stevens	{2} <b>1:06.55</b>		4/5
5	<b>99</b>	Anahrie ANDERSON	SO	<b>#9</b> Eastern (Pa.)	<b>1:06.88</b>		3/29
6		Clara BENNER	JR	<b>#7</b> Messiah	<b>1:07.07</b>		3/29
7		Abigail REED	SO	<b>#1</b> Lebanon Valley	<b>1:07.09</b>		3/29
8		Anya SADOWSKI	FR	<b>#4</b> Stevens	{3} <b>1:08.03</b>		4/5
9		Elise DANIEL	SR	<b>#2</b> Widener	<b>1:08.59</b>		4/5
10		Mikayla MITCHELL	SO	<b>#1</b> Lebanon Valley	{2} <b>1:08.66</b>		3/29

## Women's 800 Meters

1	<b>41</b>	Grace MORNINGSTAR	SO	<b>#3</b> Misericordia	<b>2:14.63</b>		<b>4/14</b>
2	<b>53</b>	Hailey SHREFFLER	SR	<b>#9</b> Eastern (Pa.)	<b>2:15.86</b>		4/5
3	<b>65</b>	Kay WISCOUNT	FR	<b>#6</b> DeSales	<b>2:16.73</b>		3/29
4	<b>100</b>	Autumn GARGES	JR	<b>#1</b> Lebanon Valley	<b>2:17.88</b>		3/29
5		Elana PINEDA	FR	<b>#7</b> Messiah	<b>2:20.13</b>		<b>4/12</b>
6		Madison KAMMER	JR	<b>#3</b> Misericordia	{2} <b>2:22.18</b>		3/22
7		Kerrigan LEBO	JR	<b>#7</b> Messiah	{2} <b>2:22.79</b>		3/29
8		Brianna WAGNER	SR	<b>#3</b> Misericordia	{3} <b>2:23.78</b>		3/22
9		Grace CURNOW	JR	<b>#10</b> Arcadia	<b>2:23.82</b>		<b>4/12</b>
10		Gisella CROGE	FR	<b>#9</b> Eastern (Pa.)	{2} <b>2:24.29</b>		3/22

## Women's 1500 Meters

1	<b>47</b>	Hailey SHREFFLER	SR	<b>#9</b> Eastern (Pa.)	<b>4:37.89</b>		<b>4/14</b>
2	<b>84</b>	Madison KAMMER	JR	<b>#3</b> Misericordia	<b>4:42.25</b>		3/29
3		Brianna WAGNER	SR	<b>#3</b> Misericordia	{2} <b>4:43.97</b>		4/4
4		Isabella GABAY	FR	<b>#4</b> Stevens	<b>4:48.02</b>		3/29
5		Autumn GARGES	JR	<b>#1</b> Lebanon Valley	<b>4:48.28</b>		<b>4/14</b>
6		Kyrianna NEMITZ	SO	<b>#1</b> Lebanon Valley	{2} <b>4:48.40</b>		<b>4/14</b>
7		Sierra KAPCSOS	JR	<b>#1</b> Lebanon Valley	{3} <b>4:50.53</b>		<b>4/14</b>
8		Grace CURNOW	JR	<b>#10</b> Arcadia	<b>4:53.10</b>		3/29
9		Kay WISCOUNT	FR	<b>#6</b> DeSales	<b>4:53.47</b>		3/22
10		Grace GALLAGHER	JR	<b>#3</b> Misericordia	{3} <b>4:53.67</b>		4/4

## Women's Steeplechase

1	<b>28</b>	Coyla BARTHOLOMEW	JR	<b>#1</b> Lebanon Valley	<b>11:12.66</b>		<b>4/14</b>
2	<b>77</b>	Teddi POWELL	SR	<b>#7</b> Messiah	<b>11:34.04</b>		<b>4/12</b>
3		Haley ESTUS	SR	<b>#6</b> DeSales	<b>11:41.54</b>		4/5
4		Lindsay FRY	SR	<b>#8</b> York (Pa.)	<b>11:44.10</b>		3/29
5		Kaitlyn ADAMS	SO	<b>#4</b> Stevens	<b>11:53.53</b>		4/5
6		Julia WADE	FR	<b>#9</b> Eastern (Pa.)	<b>11:59.76</b>		4/5
7		Liz EGAN	SR	<b>#2</b> Widener	<b>12:23.04</b>		<b>4/14</b>
8		Shannon PFEIFER	SO	<b>#2</b> Widener	{2} <b>12:30.17</b>		<b>4/12</b>
9		Tia LEISTER	SO	<b>#10</b> Arcadia	<b>12:45.86</b>		3/29
10		Jacqueline LULAJ	SR	<b>#4</b> Stevens	{2} <b>12:46.52</b>		4/5



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MAC

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## Women's 5000 Meters

1	<b>11</b>	Gabriella NYE	JR	<b>#2</b>	Widener	<b>16:48.07</b>	<b>4/14</b>
2	<b>42</b>	Brianna WAGNER	SR	<b>#3</b>	Misericordia	<b>17:19.39</b>	<b>4/14</b>
3	<b>58</b>	Grace GALLAGHER	JR	<b>#3</b>	Misericordia {2}	<b>17:27.09</b>	3/29
4	<b>86</b>	Kyrianna NEMITZ	SO	<b>#1</b>	Lebanon Valley	<b>17:35.42</b>	3/29
5	<b>98</b>	Hailey SHREFFLER	SR	<b>#9</b>	Eastern (Pa.)	<b>17:39.90</b>	3/29
6		Kathryn LONG	JR	<b>#2</b>	Widener {2}	<b>17:41.39</b>	<b>4/14</b>
7		Haley ESTUS	SR	<b>#6</b>	DeSales	<b>17:59.28</b>	3/29
8		Madison KAMMER	JR	<b>#3</b>	Misericordia {3}	<b>18:03.12</b>	3/22
9		Abigail HUNT	JR	<b>#1</b>	Lebanon Valley {2}	<b>18:19.49</b>	3/29
10		Aylene NOY	JR	<b>#12</b>	Hood	<b>18:21.69</b>	4/5

## Women's 10,000 Meters

1	<b>16</b>	Grace GALLAGHER	JR	<b>#3</b>	Misericordia	<b>35:48.70</b>	<b>4/14</b>
2	<b>33</b>	Ellie KOZICH	FR	<b>#6</b>	DeSales	<b>36:56.42</b>	3/29
3	<b>39</b>	Coyla BARTHOLOMEW	JR	<b>#1</b>	Lebanon Valley	<b>37:24.84</b>	3/29
4	<b>41</b>	April BROWNE	SR	<b>#10</b>	Arcadia	<b>37:26.08</b>	3/29
5	<b>45</b>	Kathryn LONG	JR	<b>#2</b>	Widener	<b>37:35.15</b>	3/29
6	<b>49</b>	Aylene NOY	JR	<b>#12</b>	Hood	<b>37:45.15</b>	<b>4/12</b>
7	<b>83</b>	Ella SWAYNE	SO	<b>#7</b>	Messiah	<b>38:47.44</b>	3/29
8		Rachel ULRICH	JR	<b>#3</b>	Misericordia {2}	<b>39:46.23</b>	3/22
9		Fionna FEERICK	SR	<b>#4</b>	Stevens	<b>40:21.93</b>	3/29
10		Charlee KURTZ	SO	<b>#1</b>	Lebanon Valley {2}	<b>40:30.06</b>	3/29

## Women's 4x100 Relay

1	<b>42</b>	#Type!	<b>#2</b>	Widener	<b>48.28</b>	4/5
2	<b>95</b>	#Type!	<b>#1</b>	Lebanon Valley	<b>49.92</b>	4/5
3		#Type!	<b>#9</b>	Eastern (Pa.)	<b>50.89</b>	3/29
4		#Type!	<b>#8</b>	York (Pa.)	<b>51.17</b>	4/5
5		#Type!	<b>#6</b>	DeSales	<b>51.20</b>	3/29
6		#Type!	<b>#10</b>	Arcadia	<b>51.91</b>	3/29
7		Dallas Fowler, Becca Hairston, Kaitlyn Hess, Destiny Stephens	<b>#14</b>	Stevenson	<b>54.10</b>	3/29

## Women's 4x400 Relay

1	<b>92</b>	Emily Krevey, Cara Doyle, Grace Morningstar, Mary Grasso	<b>#3</b>	Misericordia	<b>4:09.67</b>	4/4
2		#Type!	<b>#6</b>	DeSales	<b>4:14.27</b>	3/29
3		#Type!	<b>#9</b>	Eastern (Pa.)	<b>4:14.95</b>	4/5
4		#Type!	<b>#7</b>	Messiah	<b>4:16.19</b>	4/5
5		#Type!	<b>#4</b>	Stevens	<b>4:16.45</b>	4/5
6		Samantha Adams, Julia Johnson, Lindsey Eyer, Ava Butcher	<b>#5</b>	King's College (P	<b>4:21.74</b>	4/4
7		#Type!	<b>#10</b>	Arcadia	<b>4:21.86</b>	3/29
8		#Type!	<b>#8</b>	York (Pa.)	<b>4:29.90</b>	4/5
9		#Type!	<b>#13</b>	Delaware Valley	<b>4:31.72</b>	3/29
10		#Type!	<b>#12</b>	Hood	<b>4:32.87</b>	3/29

## Women's High Jump

1	<b>8</b>	Caroline TIGHE	SR	<b>#4</b>	Stevens	<b>1.66m</b>	5-5¼	3/29
2	<b>29</b>	Madison ARMITAGE	SR	<b>#5</b>	King's College (P	<b>1.62m</b>	5-3¾	4/4
3	<b>38</b>	Maggie PREVIGLIAN	JR	<b>#4</b>	Stevens {2}	<b>1.60m</b>	5-3	4/5
4	<b>84</b>	Allie CANCIANI	SR	<b>#4</b>	Stevens {3}	<b>1.57m</b>	5-1¾	4/5
5	<b>91</b>	Anna SAWICKI	FR	<b>#1</b>	Lebanon Valley	<b>1.56m</b>	5-1¼	<b>4/12</b>
6		Melena KOUTCH	SR	<b>#1</b>	Lebanon Valley {2}	<b>1.55m</b>	5-1	3/29
7		Brooke SIGNORELLA	FR	<b>#6</b>	DeSales	<b>1.52m</b>	4-11¾	3/22
8		Carolina WEGMAN	JR	<b>#1</b>	Lebanon Valley {3}	<b>1.50m</b>	4-11	3/29
8		Kara BROWN	JR	<b>#7</b>	Messiah	<b>1.50m</b>	4-11	4/5
8		Britney ANYIA	FR	<b>#11</b>	Alvernia	<b>1.50m</b>	4-11	3/29

## Women's Pole Vault

1	<b>20</b>	Hannah WITTER	SR	<b>#7</b>	Messiah	<b>3.66m</b>	12-0	<b>4/12</b>
2	<b>64</b>	Alita PARAGON	FR	<b>#8</b>	York (Pa.)	<b>3.41m</b>	11-2¼	<b>4/12</b>
3		Rachel SNAVELY	JR	<b>#1</b>	Lebanon Valley	<b>3.20m</b>	10-6	3/23
4		Alexis MEROLA	JR	<b>#4</b>	Stevens	<b>3.19m</b>	10-5½	4/5
5		Emily ORIEL	JR	<b>#1</b>	Lebanon Valley {2}	<b>3.11m</b>	10-2½	<b>4/12</b>
6		Victoria ZULTEVICZ	SR	<b>#5</b>	King's College (P	<b>3.05m</b>	10-0	3/29
6		Luisanna POLANCO	SO	<b>#1</b>	Lebanon Valley {3}	<b>3.05m</b>	10-0	3/29
8		Emma MELE	SR	<b>#6</b>	DeSales	<b>2.90m</b>	9-6¼	3/22
8		Emma EVANS	FR	<b>#1</b>	Lebanon Valley {4}	<b>2.90m</b>	9-6¼	3/29
10		Madelyn NEUTZEL	JR	<b>#8</b>	York (Pa.) {2}	<b>2.81m</b>	9-2½	<b>4/12</b>

## Women's Long Jump

1	<b>22</b>	Kayla ROBINSON	SO	<b>#2</b>	Widener	<b>5.65m</b>	18-6½ (0.0)	3/29
2	<b>44</b>	Britney ANYIA	FR	<b>#11</b>	Alvernia	<b>5.51m</b>	18-1 (0.4)	<b>4/10</b>
3	<b>98</b>	Brooke SIGNORELLA	FR	<b>#6</b>	DeSales	<b>5.29m</b>	17-4¼ (0.0)	3/29
4		Chloe GRADY	SO	<b>#1</b>	Lebanon Valley	<b>5.10m</b>	16-8¾ (0.0)	3/29
5		Omotola OYINKOLADE	FR	<b>#1</b>	Lebanon Valley {2}	<b>5.06m</b>	16-7¼ (0.0)	3/29
5		Catherine CRAMPTON	SO	<b>#6</b>	DeSales {2}	<b>5.06m</b>	16-7¼ (0.0)	3/29
7		Emma RIBEIRO	FR	<b>#6</b>	DeSales {3}	<b>5.05m</b>	16-7 (0.0)	3/29
8		Melissa PELLER	SR	<b>#6</b>	DeSales {4}	<b>5.01m</b>	16-5¼ (0.8)	3/22
9		Darby STETTER	SO	<b>#8</b>	York (Pa.)	<b>4.98m</b>	16-4¼ (0.0)	4/5
10		Victoria ZULTEVICZ	SR	<b>#5</b>	King's College (P	<b>4.96mw</b>	16-3¼ (2.6)	4/4

## Women's Triple Jump

1	<b>3</b>	Kayla ROBINSON	SR	<b>#2</b>	Widener	<b>12.10m</b>	39-8½ (-0.4)	<b>4/12</b>
2	<b>35</b>	Mia FLEMING	SO	<b>#10</b>	Arcadia	<b>11.39m</b>	37-4½ (0.0)	3/29
3	<b>89</b>	Brooke SIGNORELLA	FR	<b>#6</b>	DeSales	<b>10.91mw</b>	35-9½ (3.1)	<b>4/12</b>
4		Natasha MIHALKO	SR	<b>#3</b>	Misericordia	<b>10.67m</b>	35-¼ (0.0)	4/4
5		Catherine CRAMPTON	SO	<b>#6</b>	DeSales {2}	<b>10.66m</b>	34-11¼ (-1)	4/5
6		Chloe GRADY	SO	<b>#1</b>	Lebanon Valley	<b>10.41m</b>	34-2 (1.3)	4/5
7		Hailey MYERS	FR	<b>#1</b>	Lebanon Valley {2}	<b>10.40m</b>	34-1½ (0.0)	<b>4/12</b>
8		Megan AARON	JR	<b>#3</b>	Misericordia {2}	<b>10.04m</b>	32-11¼ (0.2)	4/4
9		Kaitlyn HESS	JR	<b>#14</b>	Stevenson	<b>10.02m</b>	32-10½ (0.0)	3/29
10		Omotola OYINKOLADE	FR	<b>#1</b>	Lebanon Valley {3}	<b>10.01mw</b>	32-10¼ (2.7)	4/5



## Conference TFRI Event Summary



MAC

as of 4/15/2025 8:32:34 AM ET

## Women's Shot Put

1	28	Brandy VARNER	JR	#5 King's College (P	12.90m	42-4	4/4
2	97	Savana DODD	SO	#9 Eastern (Pa.)	12.08m	39-7¾	3/22
3		Donya BAXTER	JR	#10 Arcadia	11.94m	39-2¼	4/5
4		Caitlin KIRK	SO	#5 King's College (P{2}	11.80m	38-8¾	4/4
5		Delaney HILFERTY	SR	#5 King's College (P{3}	11.02m	36-2	4/4
6		Leah FERSTER	SR	#7 Messiah	10.92m	35-10	4/12
7		Anna SAWICKI	FR	#1 Lebanon Valley	10.91m	35-9½	3/23
8		Sophia LUKOWSKI	SO	#5 King's College (P{4}	10.82m	35-6	3/22
9		Emily PERRY	FR	#12 Hood	10.56m	34-7¾	3/22
10		Ella HENRITZY	FR	#10 Arcadia {2}	10.44m	34-3	3/23
10		Greta PLECHNER	SR	#1 Lebanon Valley {2}	10.44m	34-3	3/29

## Women's Discus

1	34	Brandy VARNER	JR	#5 King's College (P	42.26m	138-8	4/14
2	66	Alyssa BETZ	SR	#1 Lebanon Valley	40.07m	131-6	4/5
3	74	Ashley MULIAWAN	SR	#4 Stevens	39.64m	130-1	4/5
4	77	Sofia HARNOIS	JR	#8 York (Pa.)	39.59m	129-11	4/14
5		Sadie FENSTERMAKER	FR	#6 DeSales	36.97m	121-4	4/5
6		Adeline KRAICS	FR	#2 Widener	36.74m	120-7	4/4
7		Delaney HILFERTY	SR	#5 King's College (P{2}	36.66m	120-4	4/4
8		Donya BAXTER	JR	#10 Arcadia	35.78m	117-5	3/23
9		Anacarolina VENTURA	SO	#4 Stevens {2}	35.69m	117-1	3/29
10		Sophia LUKOWSKI	SO	#5 King's College (P{3}	35.65m	117-0	4/4

## Women's Hammer

1	29	Katelyn SHOEMAKER	JR	#5 King's College (P	50.10m	164-5	3/29
2	35	Isabel RODRIGUEZ	JR	#2 Widener	49.67m	163-0	4/4
3	54	Caitlin KIRK	SO	#5 King's College (P{2}	48.02m	157-7	3/29
4		Anna BELLUCCI	SR	#5 King's College (P{3}	44.34m	145-6	4/4
5		Taileen ZECHMAN	SR	#12 Hood	43.16m	141-7	3/22
6		Delaney HILFERTY	SR	#5 King's College (P{4}	43.14m	141-7	4/4
7		Hailey SHERWOOD	SO	#8 York (Pa.)	42.95m	140-11	4/12
8		Lauren ASSANTE	SR	#1 Lebanon Valley	42.14m	138-3	3/29
9		Sofia HARNOIS	JR	#8 York (Pa.) {2}	42.07m	138-0	3/29
10		Ashley MULIAWAN	SR	#4 Stevens	41.44m	136-0	3/22

## Women's Javelin

1	51	Kaitlyn SNYDER	JR	#1 Lebanon Valley	37.14m	121-10	3/29
2	52	Taileen ZECHMAN	SR	#12 Hood	37.12m	121-10	3/29
3	59	Isabella LESKO	JR	#11 Alvernia	36.84m	120-11	3/29
4	66	Josephine CONNOLLY	FR	#1 Lebanon Valley {2}	36.52m	119-10	3/29
5	70	Elle HADDON	SO	#16 Albright	36.35m	119-3	4/5
6		Anna SAWICKI	FR	#1 Lebanon Valley {3}	34.38m	112-10	4/5
7		Morgan STOVER	JR	#3 Misericordia	33.36m	109-6	4/12
8		Reagan WILDASIN	SO	#14 Stevenson	32.00m	105-0	4/5
9		Zoe MYERS	SR	#8 York (Pa.)	31.89m	104-8	4/12
10		Katelyn SHOEMAKER	JR	#5 King's College (P	31.30m	102-8	3/22

## Women's Heptathlon

1	29	Isabella SHANLEY	SO	#4 Stevens	3,807	4/12
2	85	Stephanie RYAZANOVA	JR	#4 Stevens {2}	2,926	4/12
3	89	Janitza HERNANDEZ-ALBINO	SO	#9 Eastern (Pa.)	2,797	4/12



## Conference TFRI Event Summary



## MASCAC

as of 4/15/2025 8:32:34 AM ET

## Women's 100 Meters

1	57	Alison MCDONOUGH	SR	#4 Bridgewater Sta	12.24	(1.2)	4/11
2		Grace INACIO	FR	#4 Bridgewater Sta{2}	12.41	(1.2)	4/11
3		Jailene ESCALERA	SR	#4 Bridgewater Sta{3}	12.57	(1.1)	3/28
4		Ciara ADU-ADDIO	SO	#2 Worcester State	12.91	(0.2)	4/4
5		Alexis STRONG	SO	#2 Worcester State {2}	12.99	(1.2)	4/11
6		Delaney PARKER	SR	#1 Westfield State	13.03	(0.0)	4/13
7		Eliza LEE	JR	#1 Westfield State {2}	13.32w	(2.3)	3/29
8		Caroline GILSON	SR	#2 Worcester State {3}	13.52	(0.2)	4/11
9		Emily BODWELL	FR	#2 Worcester State {4}	13.63	(0.2)	4/11
10		Emerson RICCIARDI	FR	#4 Bridgewater Sta{4}	13.75	(1.5)	4/11

## Women's 100 Meter Hurdles

1	25	Alison MCDONOUGH	SR	#4 Bridgewater Sta	14.57	(0.8)	4/11
2		Devin WHALEN	SO	#1 Westfield State	16.29	(1.7)	3/23
3		Paola QUINONES RAMOS	FR	#1 Westfield State {2}	16.63	(0.4)	3/23
4		Eliza LEE	JR	#1 Westfield State {3}	17.46	(0.8)	3/29
5		Lauren CONDIKE	SO	#2 Worcester State	17.59	(0.1)	4/4
6		Aria DICATO	SO	#5 Fitchburg State	18.51	(2.0)	3/23
7		Madison ROOT	FR	#4 Bridgewater Sta{2}	18.64	(0.8)	4/11
8		Kaylynn BAUMGARD	FR	#1 Westfield State {4}	18.85	(2.0)	3/23
9		Jamie MONIZ	SO	#3 Framingham Sta	19.94	(1.3)	4/14
10		Bridgette BORIOLO	JR	#6 Massachusetts M	25.58	(0.2)	4/4

## Women's 200 Meters

1	32	Kiara ABRANTES	SR	#4 Bridgewater Sta	24.83w	(2.7)	4/11
2	96	Grace INACIO	FR	#4 Bridgewater Sta{2}	25.34w	(2.7)	4/11
3		Jailene ESCALERA	SR	#4 Bridgewater Sta{3}	26.04	(-0.4)	3/28
4		Ciara ADU-ADDIO	SO	#2 Worcester State	27.11	(-0.4)	3/29
5		Alexis STRONG	SO	#2 Worcester State {2}	27.14w	(2.5)	4/11
6		Delaney PARKER	SR	#1 Westfield State	27.20	(0.2)	4/13
7		Eliza LEE	JR	#1 Westfield State {2}	27.36	(-1.7)	3/29
8		Caroline GILSON	SR	#2 Worcester State {3}	27.60	(0.5)	4/11
9		Jailene FELIX	FR	#1 Westfield State {3}	27.62	(1.5)	3/23
10		Jordan KOSAKOWSKI	FR	#4 Bridgewater Sta{4}	28.06w	(2.5)	4/11

## Women's 400 Meters

1	30	Kiara ABRANTES	SR	#4 Bridgewater Sta	56.79		4/11
2		Eliza LEE	JR	#1 Westfield State	59.23		3/23
3		Jailene ESCALERA	SR	#4 Bridgewater Sta{2}	1:01.44		4/5
4		Caroline GILSON	SR	#2 Worcester State	1:01.71		4/4
5		Jailene FELIX	FR	#1 Westfield State {2}	1:02.36		4/13
6		Natalie GRIMALDO	JR	#3 Framingham Sta	1:03.03		4/14
7		Grace INACIO	FR	#4 Bridgewater Sta{3}	1:03.94		4/5
8		Stella D'AMBROSIO	FR	#3 Framingham Sta{2}	1:04.27		4/14
9		Cassie TOTH	SO	#3 Framingham Sta{3}	1:04.41		4/4
10		Jordan KOSAKOWSKI	FR	#4 Bridgewater Sta{4}	1:04.92		4/5

## Women's 400 Meter Hurdles

1		Bella GROVER	FR	#4 Bridgewater Sta	1:08.83		4/11
2		Devin WHALEN	SO	#1 Westfield State	1:10.26		4/13
3		Natalie GRIMALDO	JR	#3 Framingham Sta	1:11.08		4/4
4		Paola QUINONES RAMOS	FR	#1 Westfield State {2}	1:12.21		3/23
5		Jamie MONIZ	SO	#3 Framingham Sta{2}	1:13.49		4/5
6		Aria DICATO	SO	#5 Fitchburg State	1:16.07		4/5
7		Faith MCCORMACK	FR	#1 Westfield State {3}	1:26.66		4/5

## Women's 800 Meters

1		Reese STEVENS	FR	#1 Westfield State	2:27.57		4/13
2		Brynne LECOURS	JR	#1 Westfield State {2}	2:29.12		4/13
3		Olivia DOWNIN	FR	#4 Bridgewater Sta	2:29.27		3/29
4		Bridget O'MALLEY	JR	#2 Worcester State	2:30.11		4/4
5		Meghan JOHNSTON	JR	#3 Framingham Sta	2:31.88		4/4
6		Tealei CHANDONNET	JR	#1 Westfield State {3}	2:34.21		3/29
7		Molly KENNEDY	SR	#1 Westfield State {4}	2:34.86		4/13
8		Justinne QUINANOLA	SO	#3 Framingham Sta{2}	2:38.35		4/14
9		Rayna CONSIGLIO	SR	#1 Westfield State {5}	2:40.43		3/23
10		Kate BROWN	SR	#4 Bridgewater Sta{2}	2:40.67		4/11

## Women's 1500 Meters

1		Naomi CASS	JR	#4 Bridgewater Sta	4:52.42		4/5
2		Tealei CHANDONNET	JR	#1 Westfield State	4:56.58		3/23
3		Reese STEVENS	FR	#1 Westfield State {2}	4:58.82		3/29
4		Shea HAMEL	JR	#1 Westfield State {3}	5:02.01		3/29
5		Brynne LECOURS	JR	#1 Westfield State {4}	5:09.38		4/5
6		Meghan JOHNSTON	JR	#3 Framingham Sta	5:09.97		4/14
7		Olivia DOWNIN	FR	#4 Bridgewater Sta{2}	5:11.29		4/5
8		Skye GOBA	JR	#5 Fitchburg State	5:13.64		4/5
9		Molly KENNEDY	SR	#1 Westfield State {5}	5:13.68		4/5
10		Julianne KELLY	JR	#1 Westfield State {6}	5:15.48		4/13

## Women's Steeplechase

1		Julianne KELLY	JR	#1 Westfield State	12:01.61		4/12
2		Leah BERG	JR	#2 Worcester State	13:05.29		4/11
3		Grace AVERY	FR	#3 Framingham Sta	13:05.53		4/14
4		Lorelei LEE	SO	#6 Massachusetts M	13:43.14		4/5
5		Sarah CAMPBELL	JR	#3 Framingham Sta{2}	13:59.94		4/4
6		Cassandra DIRSA	FR	#2 Worcester State {2}	14:15.85		4/4

## Women's 5000 Meters

1		Naomi CASS	JR	#4 Bridgewater Sta	17:42.76		3/28
2		Tealei CHANDONNET	JR	#1 Westfield State	18:18.44		4/5
3		Kate BUBAN	SO	#3 Framingham Sta	18:39.93		4/14
4		Shea HAMEL	JR	#1 Westfield State {2}	18:42.50		4/5
5		Julianne KELLY	JR	#1 Westfield State {3}	18:50.26		4/5
6		Reese STEVENS	FR	#1 Westfield State {4}	19:29.59		4/13
7		Lily VALCOVIC	SR	#4 Bridgewater Sta{2}	19:30.28		3/29
8		Brynne LECOURS	JR	#1 Westfield State {5}	19:34.04		4/5
9		Skye GOBA	JR	#5 Fitchburg State	19:42.98		4/5
10		Molly KENNEDY	SR	#1 Westfield State {6}	19:46.44		4/5





## Conference TFRI Event Summary



MASCAC

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## Women's 10,000 Meters

1	21	Naomi CASS	JR	#4 Bridgewater Sta	36:11.08	4/12
2		Kate BUBAN	SO	#3 Framingham Sta	39:38.17	3/29
3		Julianne KELLY	JR	#1 Westfield State	39:43.03	3/23
4		Skye GOBA	JR	#5 Fitchburg State	40:41.95	4/12
5		Rebecca PATEL	SR	#1 Westfield State {2}	41:09.19	3/23
6		Kelsey GENDREAU	JR	#2 Worcester State	46:17.01	3/29

## Women's 4x100 Relay

1		Devin Whalen, Eliza Lee, Jailene Felix, Delaney Parker		#1 Westfield State	50.24	3/23
2		Ciara Adu-addo, Arianna Farrell, Caroline Gilson, Alexis Strong		#2 Worcester State	51.72	4/4
3		Maribelis Alcantara, Alanis Velez, Trishannah Scott, Arieana Robinson		#5 Fitchburg State	53.57	3/23
4		Stella D'Ambrosio, Megan McAuliffe, Lydia Marunowski, Natalie Grimaldo		#3 Framingham Sta	55.18	4/14

## Women's 4x400 Relay

1		Stella D'Ambrosio, Meghan Johnston, Natalie Grimaldo, Cassie Toth		#3 Framingham Sta	4:26.03	4/14
2		Caroline Gilson, Mia Guinto, Bridget O'malley, Aubrey Tunnera		#2 Worcester State	4:56.23	4/11

## Women's High Jump

1	4	Serenity SANDS	SR	#4 Bridgewater Sta	1.69m	5-6½	4/11
2	84	Bella GROVER	FR	#4 Bridgewater Sta {2}	1.57m	5-1¾	4/5
3	91	Juliana PATRONE	SR	#4 Bridgewater Sta {3}	1.56m	5-1¼	3/29
4		Chloe DAVIES	FR	#4 Bridgewater Sta {4}	1.46m	4-9½	4/11
5		Emily OTTOMANIELLO	JR	#1 Westfield State	1.43m	4-8¼	3/23
6		Jamie MONIZ	SO	#3 Framingham Sta	1.42m	4-7¾	4/14
7		Lauren CONDIKE	SO	#2 Worcester State	1.41m	4-7½	3/29
8		Alex LAPOINTE	FR	#2 Worcester State {2}	1.36m	4-5½	3/29

## Women's Pole Vault

1		Emily OTTOMANIELLO	JR	#1 Westfield State	2.34m	7-8	4/13
2		Erin JACOBSON	JR	#1 Westfield State {2}	2.29m	7-6	4/13

## Women's Long Jump

1	1	Norah RUSSELL	SO	#3 Framingham Sta	36.36m	119-4 (0.0)	4/5
2	44	Eliza LEE	JR	#1 Westfield State	5.51m	18-1 (0.0)	3/23
2	44	Ciara ADU-ADDO	SO	#2 Worcester State	5.51mw	18-1 (2.2)	4/4
4		Alexis STRONG	SO	#2 Worcester State {2}	5.13m	16-10 (-0.4)	4/4
5		Emily OTTOMANIELLO	JR	#1 Westfield State {2}	4.77m	15-7¼ (0.2)	3/29
5		Trishannah SCOTT	JR	#5 Fitchburg State	4.77m	15-7¼ (1.6)	4/12
7		Delaney PARKER	SR	#1 Westfield State {3}	4.73m	15-6¼ (1.9)	4/5
8		Bridgette BORIOLO	JR	#6 Massachusetts N	4.54m	14-10¾ (0.0)	4/5
9		Alanis VELEZ	JR	#5 Fitchburg State {2}	4.45m	14-7¼ (0.3)	4/5
10		Jamie MONIZ	SO	#3 Framingham Sta {2}	4.44m	14-6¾ (1.0)	4/4

## Women's Triple Jump

1	34	Eliza LEE	JR	#1 Westfield State	11.42mw	37-5¾ (2.1)	3/23
2		Trishannah SCOTT	JR	#5 Fitchburg State	10.83m	35-6½ (0.0)	3/29
3		Emily BODWELL	FR	#2 Worcester State	9.82m	32-2¾ (1.1)	4/4
4		Jamie MONIZ	SO	#3 Framingham Sta	9.81mw	32-2¼ (2.8)	4/4
5		Bridgette BORIOLO	JR	#6 Massachusetts N	9.77m	32-¾ (0.0)	4/5
6		Emily OTTOMANIELLO	JR	#1 Westfield State {2}	9.74m	31-11½ (0.0)	4/13
7		Lydia MARUNOWSKI	JR	#3 Framingham Sta {2}	9.55m	31-4 (0.0)	4/14
8		Delaney PARKER	SR	#1 Westfield State {3}	9.22m	30-3 (0.4)	3/29
9		Lauren CONDIKE	SO	#2 Worcester State {2}	8.93m	29-3¾ (0.2)	3/29

## Women's Shot Put

1		Jadah STOKES	SO	#2 Worcester State	11.91m	39-1	4/11
2		Alyssa CAPUTO	SR	#3 Framingham Sta	11.19m	36-8½	4/4
3		Kaylee BECK	SR	#3 Framingham Sta {2}	10.75m	35-3¼	4/4
4		Sthanisha MOREAU	SR	#2 Worcester State {2}	10.34m	33-11¼	4/11
5		Bronwyn PINSLY	SO	#1 Westfield State	9.86m	32-4¼	4/13
6		Taylor CROUT	SO	#5 Fitchburg State	9.49m	31-1¾	4/12
7		Ashley CAPUTO	FR	#3 Framingham Sta {3}	9.44m	30-11¾	4/4
8		Cassie ISRAELSON	JR	#5 Fitchburg State {2}	9.08m	29-9½	3/23
9		Ava PICCOLO	JR	#2 Worcester State {3}	9.04m	29-8	3/29
10		Luana GRAU-MOURA	SO	#2 Worcester State {4}	8.81m	28-11	4/11

## Women's Discus

1		Bronwyn PINSLY	SO	#1 Westfield State	38.01m	124-9	4/13
2		Alyssa CAPUTO	SR	#3 Framingham Sta	35.44m	116-3	4/4
3		Taylor CROUT	SO	#5 Fitchburg State	30.82m	101-2	4/12
4		Jadah STOKES	SO	#2 Worcester State	30.35m	99-7	4/4
5		Sophie HEPLER	FR	#5 Fitchburg State {2}	29.77m	97-8	3/23
6		Ashley CAPUTO	FR	#3 Framingham Sta {2}	29.14m	95-7¼	4/4
7		Sophia SALAMONE	SR	#5 Fitchburg State {3}	28.38m	93-1½	3/29
8		Kaylee BECK	SR	#3 Framingham Sta {3}	28.20m	92-6¼	3/29
9		Morgan MERRELL	JR	#2 Worcester State {2}	27.77m	91-1½	4/4
10		Luana GRAU-MOURA	SO	#2 Worcester State {3}	27.73m	90-11¾	3/29





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



MASCAC

as of 4/15/2025 8:32:34 AM ET

## Women's Hammer

1	Jadah STOKES	SO	#2 Worcester State	37.68m	123-8	3/29
2	Taylor CROUT	SO	#5 Fitchburg State	36.50m	119-9	3/29
3	Kaylee BECK	SR	#3 Framingham Sta	34.74m	114-0	4/4
4	Arianna CONSTANT	SR	#2 Worcester State {2}	33.26m	109-2	4/11
5	Charlotte COLLINS	FR	#2 Worcester State {3}	32.62m	107-0	4/11
6	Alyssa CAPUTO	SR	#3 Framingham Sta{2}	32.57m	106-10	4/4
7	Sthanisha MOREAU	SR	#2 Worcester State {4}	30.96m	101-7	4/11
8	Cassie ISRAELSON	JR	#5 Fitchburg State {2}	30.08m	98-8¼	4/12
9	Sophie HEPLER	FR	#5 Fitchburg State {3}	29.92m	98-2	4/12
10	Sydney SAWYER	JR	#6 Massachusetts N	29.07m	95-4½	4/12

## Women's Javelin

1	Sophie HEPLER	FR	#5 Fitchburg State	35.07m	115-1	4/5
2	Natalie KALGREN	SO	#4 Bridgewater Sta	32.01m	105-0	4/11
3	Jamie MONIZ	SO	#3 Framingham Sta	31.29m	102-8	3/29
4	Arianna CONSTANT	SR	#2 Worcester State	30.50m	100-1	4/4
5	Angela CROGNALO-TORREZ	FR	#2 Worcester State {2}	30.05m	98-7¼	4/11
6	Ava VASQUEZ	JR	#2 Worcester State {3}	28.87m	94-8¾	4/4
7	Ava PICCOLO	JR	#2 Worcester State {4}	27.04m	88-8¾	4/11
8	Grace AVERY	FR	#3 Framingham Sta{2}	26.21m	86-0	4/4
9	Sophia SALAMONE	SR	#5 Fitchburg State {2}	25.02m	82-1	3/23
10	Sydney SAWYER	JR	#6 Massachusetts N	22.96m	75-4	4/4



## Conference TFRI Event Summary



MIAA

as of 4/15/2025 8:32:34 AM ET

## Women's 100 Meters

1	<b>12</b>	Sydney RADIGAN	JR	<b>#1 Calvin</b>	<b>11.90</b>	(0.3)	3/28
2	<b>38</b>	Sara SCHERMERHORN	JR	<b>#2 Hope</b>	<b>12.15w</b>	(2.3)	3/22
3		Mackenzie MILLER	SR	<b>#3 Trine</b>	<b>12.41w</b>	(2.7)	3/30
4		Sofia FISHER	FR	<b>#2 Hope</b>	{2} <b>12.54w</b>	(3.7)	4/5
5		Aniyah SMALL	JR	<b>#3 Trine</b>	{2} <b>12.62</b>	(1.7)	3/30
6		Ariana TODD	FR	<b>#3 Trine</b>	{3} <b>12.68</b>	(1.7)	3/30
7		Emma FORKER	JR	<b>#3 Trine</b>	{4} <b>12.70</b>	(1.1)	<b>4/12</b>
8		Paige ALLIS	FR	<b>#4 Albion</b>	<b>12.82w</b>	(3.3)	3/28
9		Alysia TOWNSEND	FR	<b>#7 Adrian</b>	<b>12.93</b>	(2.0)	4/5
10		Jessie BOSSENBROEK	FR	<b>#1 Calvin</b>	{2} <b>12.94w</b>	(3.0)	<b>4/12</b>

## Women's 100 Meter Hurdles

1	<b>92</b>	Emily NORKOWSKI	SR	<b>#5 Olivet</b>	<b>15.30w</b>	(2.2)	3/28
2	<b>94</b>	Mia DEJONGE	JR	<b>#1 Calvin</b>	<b>15.31w</b>	(2.2)	3/28
3		Cadence DROUGAL	FR	<b>#1 Calvin</b>	{2} <b>15.76</b>	(1.2)	3/28
4		Sophia PETER	FR	<b>#3 Trine</b>	<b>15.84w</b>	(2.3)	3/30
5		London ELDRIDGE	SR	<b>#5 Olivet</b>	{2} <b>16.04</b>	(-1.3)	<b>4/12</b>
6		MaryAlice LYNCH	FR	<b>#6 Alma</b>	<b>16.15w</b>	(2.2)	3/28
7		Ella EASTERLING	FR	<b>#1 Calvin</b>	{3} <b>16.18</b>	(1.3)	3/28
8		Helena SNYDER	SR	<b>#6 Alma</b>	{2} <b>16.34</b>	(0.4)	<b>4/12</b>
9		Audrey HOWELL	FR	<b>#1 Calvin</b>	{4} <b>16.56</b>	(0.1)	<b>4/12</b>
10		Lydia ROWE	FR	<b>#2 Hope</b>	<b>16.60w</b>	(2.3)	3/22

## Women's 200 Meters

1	<b>14</b>	Sara SCHERMERHORN	JR	<b>#2 Hope</b>	<b>24.51</b>	(-0.1)	4/5
2	<b>33</b>	Sydney RADIGAN	JR	<b>#1 Calvin</b>	<b>24.84</b>	(-0.4)	3/28
3	<b>80</b>	Catherine LEAHY	JR	<b>#2 Hope</b>	{2} <b>25.25</b>	(-0.2)	3/22
4		Aniyah SMALL	JR	<b>#3 Trine</b>	<b>25.49c</b>	(25.88) (0.5)	3/30
5		Emma FORKER	JR	<b>#3 Trine</b>	{2} <b>25.64w</b>	(2.4)	<b>4/12</b>
6		Alysia TOWNSEND	FR	<b>#7 Adrian</b>	<b>25.80c</b>	(26.20) (0.6)	3/30
7		Sophia PETER	FR	<b>#3 Trine</b>	{3} <b>25.86c</b>	(26.26) (0.7)	3/30
8		Ariana TODD	FR	<b>#3 Trine</b>	{4} <b>25.95c</b>	(26.35) (0.4)	3/30
9		Mackenzie MILLER	SR	<b>#3 Trine</b>	{5} <b>26.02</b>	(1.7)	<b>4/12</b>
10		Jessie BOSSENBROEK	FR	<b>#1 Calvin</b>	{2} <b>26.12</b>	(0.8)	3/28

## Women's 400 Meters

1	<b>25</b>	Catherine LEAHY	JR	<b>#2 Hope</b>	<b>56.59</b>		3/15
2		Lauren BRAWT	SO	<b>#6 Alma</b>	<b>59.73</b>		<b>4/12</b>
3		London ELDRIDGE	SR	<b>#5 Olivet</b>	<b>59.78</b>		4/5
4		Frances COZZENS	JR	<b>#2 Hope</b>	{2} <b>59.85</b>		<b>4/12</b>
5		Lily CONNELLY	SR	<b>#5 Olivet</b>	{2} <b>1:00.91</b>		4/5
6		Jessie BOSSENBROEK	FR	<b>#1 Calvin</b>	<b>1:01.17</b>		3/28
7		Morgan JEFFRIES	SR	<b>#5 Olivet</b>	{3} <b>1:01.28</b>		4/5
8		Olivia GIZA	FR	<b>#6 Alma</b>	{2} <b>1:01.42</b>		<b>4/12</b>
9		Emmy NORDBECK	FR	<b>#1 Calvin</b>	{2} <b>1:01.50</b>		3/28
10		Aubrey CONNELLY	SO	<b>#5 Olivet</b>	{4} <b>1:01.53</b>		<b>4/12</b>

## Women's 400 Meter Hurdles

1	<b>44</b>	London ELDRIDGE	SR	<b>#5 Olivet</b>	<b>1:05.00</b>		<b>4/12</b>
2		Molly DUROW	JR	<b>#2 Hope</b>	<b>1:06.95</b>		3/22
3		Adrienne JACKSON	JR	<b>#3 Trine</b>	<b>1:07.80</b>		3/30
4		Elliana JOHNSON	JR	<b>#2 Hope</b>	{2} <b>1:08.37</b>		<b>4/12</b>
5		Audrey HOWELL	FR	<b>#1 Calvin</b>	<b>1:08.40</b>		<b>4/12</b>
6		Brianna BENNETT	SO	<b>#4 Albion</b>	<b>1:10.16</b>		3/28
7		Tessa LONG	SO	<b>#1 Calvin</b>	{2} <b>1:10.30</b>		4/5
8		Lauren NEMENS	SO	<b>#2 Hope</b>	{3} <b>1:10.31</b>		<b>4/12</b>
9		Marcaill SCHUURMANN	JR	<b>#1 Calvin</b>	{3} <b>1:10.91</b>		<b>4/12</b>
10		Jenna BELMAS	SR	<b>#6 Alma</b>	<b>1:11.17</b>		<b>4/12</b>

## Women's 800 Meters

1		Peyton LUDWIG	FR	<b>#1 Calvin</b>	<b>2:18.06</b>		3/28
2		Bailey PUCKETT	JR	<b>#3 Trine</b>	<b>2:18.48</b>		4/5
3		Natalie TEBBEN	SR	<b>#1 Calvin</b>	{2} <b>2:18.64</b>		<b>4/12</b>
4		Molly DUROW	JR	<b>#2 Hope</b>	<b>2:19.43</b>		3/22
5		Amanda MARKHAM	SO	<b>#2 Hope</b>	{2} <b>2:20.44</b>		3/22
6		Kennedi WOOD	FR	<b>#1 Calvin</b>	{3} <b>2:20.81</b>		<b>4/12</b>
7		Kelly VALLE	JR	<b>#3 Trine</b>	{2} <b>2:21.24</b>		<b>4/12</b>
8		Taryn PRATT	FR	<b>#3 Trine</b>	{3} <b>2:21.63</b>		<b>4/12</b>
9		Courtney STUDY	FR	<b>#3 Trine</b>	{4} <b>2:21.84</b>		4/5
10		Hailey ERICKSON	SO	<b>#1 Calvin</b>	{4} <b>2:22.61</b>		<b>4/12</b>

## Women's 1500 Meters

1	<b>30</b>	Bailey PUCKETT	JR	<b>#3 Trine</b>	<b>4:35.38</b>		3/28
2	<b>49</b>	Natalie TEBBEN	SR	<b>#1 Calvin</b>	<b>4:38.46</b>		3/28
3	<b>51</b>	Jenna ALLMAN	SR	<b>#1 Calvin</b>	{2} <b>4:38.63</b>		4/5
4		Courtney STUDY	FR	<b>#3 Trine</b>	{2} <b>4:48.32</b>		<b>4/12</b>
5		Sidney SWICK	JR	<b>#3 Trine</b>	{3} <b>4:48.57</b>		4/5
6		Eleanor YOUNG	JR	<b>#3 Trine</b>	{4} <b>4:49.11</b>		4/5
7		Maddy STRUCK	SR	<b>#2 Hope</b>	<b>4:51.05</b>		<b>4/12</b>
8		Cath KORTMAN	SR	<b>#1 Calvin</b>	{3} <b>4:52.30</b>		<b>4/12</b>
9		Liesl MCMULLEN	FR	<b>#1 Calvin</b>	{4} <b>4:55.15</b>		<b>4/12</b>
10		Maddie VANDEBUNTE	FR	<b>#2 Hope</b>	{2} <b>4:55.26</b>		3/15

## Women's Steeplechase

1	<b>1</b>	Sophie BULL	JR	<b>#1 Calvin</b>	<b>10:24.32</b>		3/28
2	<b>12</b>	Jenna ALLMAN	SR	<b>#1 Calvin</b>	{2} <b>10:54.54</b>		3/28
3	<b>54</b>	Maddy STRUCK	SR	<b>#2 Hope</b>	<b>11:24.33</b>		3/15
4	<b>87</b>	Ellia AGAR	FR	<b>#1 Calvin</b>	{3} <b>11:37.24</b>		<b>4/12</b>
5	100	Annika SYTSMA	SO	<b>#2 Hope</b>	{2} <b>11:41.08</b>		3/15
6		Alaina SMITH	JR	<b>#1 Calvin</b>	{4} <b>11:56.97</b>		<b>4/12</b>
7		Laura TAYLOR	SR	<b>#2 Hope</b>	{3} <b>11:59.49</b>		3/22
8		Tessa RINDFLIESCH	FR	<b>#2 Hope</b>	{4} <b>12:04.50</b>		3/15
9		Bridget WATERSTRADT	SO	<b>#7 Adrian</b>	<b>12:11.88</b>		<b>4/12</b>
10		Mia GRIESMEYER	JR	<b>#3 Trine</b>	<b>12:13.75</b>		<b>4/12</b>



## Conference TFRI Event Summary



MIAA

as of 4/15/2025 8:32:34 AM ET

## Women's 5000 Meters

1	9	Sophie BULL	JR	#1 Calvin	16:46.86	4/12
2	14	Jenna ALLMAN	SR	#1 Calvin	{2} 16:51.75	4/12
3	43	Sidney SWICK	JR	#3 Trine	17:19.52	3/28
4		Eleanor YOUNG	JR	#3 Trine	{2} 17:49.59	4/12
5		Grace DUBSKY	FR	#3 Trine	{3} 17:58.34	4/12
6		Chloe GOODRICH	SR	#3 Trine	{4} 18:00.16	4/12
7		Hannah PARKER	SR	#3 Trine	{5} 18:31.92	3/28
8		Liesl MCMULLEN	FR	#1 Calvin	{3} 18:39.53	3/29
9		Cath KORTMAN	SR	#1 Calvin	{4} 18:49.63	3/29
10		Sophia DECH	JR	#6 Alma	18:54.47	4/5

## Women's 10,000 Meters

1		Chloe GOODRICH	SR	#3 Trine	39:48.32	3/28
2		Sophia DECH	JR	#6 Alma	40:12.23	4/12
3		Alexis DEIGHAN	JR	#2 Hope	40:17.72	3/28
4		Alaina SMITH	JR	#1 Calvin	40:18.76	3/29
5		Chloe COLTON	SO	#6 Alma	{2} 40:46.70	4/12
6		Melanie WERNER	FR	#6 Alma	{3} 41:01.79	4/12
7		Claire VELLINGA	JR	#2 Hope	{2} 41:37.63	3/15
8		Erica SLOCUM	SO	#6 Alma	{4} 41:39.22	4/12
9		Rylie KRAUS	FR	#2 Hope	{3} 42:09.66	3/15
10		Lilly HARSEVOORT	SO	#1 Calvin	{2} 43:26.87	3/29

## Women's 4x100 Relay

1	17	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn	#2 Hope	47.46	3/22
2	57	Mia DeJonge, Julienne Strydom, Jessie Bossenbroek, Sydney Radigan	#1 Calvin	48.80	4/12
3	93	Morgan Jeffries, London Eldridge, Emily Norkowski, Lily Connelly	#5 Olivet	49.88	4/5
4		Lauren Fenstermaker, Paige Allis, Alexis Ames, DB Edwards	#4 Albion	50.25	3/28
5		Olivia Giza, Dakota Booher, MaryAlice Lynch, Lauren Brawt	#6 Alma	50.55	4/12

## Women's 4x400 Relay

1	16	Catherine Leahy, Frances Cozzens, Sofia Fisher, Sara Schermerhorn	#2 Hope	3:53.27	4/12
2	58	Jessie Bossenbroek, Trinity Kolka, Emmy Nordbeck, Peyton Ludwig	#1 Calvin	4:04.46	3/28
3	75	Lauren Brawt, Olivia Giza, Jordan Fox, Helena Snyder	#6 Alma	4:07.09	4/12
4		Bailey Puckett, Courtney Study, Piper Barker, Eleanor Young	#3 Trine	4:15.13	4/5
5		Emily Norkowski, London Eldridge, Morgan Jeffries, Aubrey Connelly	#5 Olivet	4:22.15	4/12
6		Adalyn Mata, Brianna Bennett, Sarah Kozal, Paige Allis	#4 Albion	4:24.07	3/28

## Women's High Jump

1	38	Helena SNYDER	SR	#6 Alma	1.60m	5-3	3/28
2	62	Alysia TOWNSEND	FR	#7 Adrian	1.59m	5-2½	4/5
3	71	Allison SCHRAM	SR	#2 Hope	1.58m	5-2¼	4/12
3	71	Emmaline LEATHERMAN	SO	#3 Trine	1.58m	5-2¼	4/12
5		Ava EPLEY	FR	#1 Calvin	1.54m	5-½	4/12
6		Taylin SUTHERLAND	FR	#4 Albion	1.51m	4-11½	3/28
7		Bridget CROMBIE	SO	#2 Hope	{2} 1.50m	4-11	3/22
8		Joslyn HECKATHORN	FR	#1 Calvin	{2} 1.49m	4-10½	4/12
8		Ciara HESLET	SR	#7 Adrian	{2} 1.49m	4-10½	4/5
8		Gabi KEMPF	FR	#1 Calvin	{2} 1.49m	4-10½	4/12

## Women's Pole Vault

1	56	Katie SEINEN	JR	#1 Calvin	3.45m	11-3¾	4/12
2	86	Olivia ANDREWS	FR	#3 Trine	3.34m	10-11½	3/30
3	91	Bella CHARRON	SR	#1 Calvin	{2} 3.30m	10-9¾	3/28
4		Avery BOYCE	JR	#3 Trine	{2} 3.12m	10-2¾	4/12
5		Laura ROBOTHAM	JR	#1 Calvin	{3} 3.08m	10-1¼	4/5
6		Lauren MCCARTHY	JR	#6 Alma	3.05m	10-0	3/28
7		Abigail CUMINGS	SO	#2 Hope	3.00m	9-10	3/15
8		Megan LARGE	JR	#3 Trine	{3} 2.89m	9-5¾	3/30
9		Natalie BENNETT	SO	#2 Hope	{2} 2.85m	9-4¼	3/15
10		Claire PACER	SO	#1 Calvin	{4} 2.70m	8-10¼	4/12



## Conference TFRI Event Summary



MIAA

as of 4/15/2025 8:32:35 AM ET

## Women's Long Jump

1	69	Emma FORKER	JR	#3 Trine	5.38mw	17-8 (3.3)	3/30
2		Julienne STRYDOM	JR	#1 Calvin	5.20m	17-¾ (1.7)	4/12
3		Mackenzie MILLER	SR	#3 Trine	{2} 5.19m	17-½ (0.0)	4/12
4		Alysia TOWNSEND	FR	#7 Albion	5.15m	16-10¾ (0.0)	4/12
5		Piper PIERCE	FR	#7 Adrian	{2} 5.09mw	16-8½ (3.3)	3/30
6		Jeri ROY	FR	#1 Calvin	{2} 5.05m	16-7 (0.5)	3/28
7		Elliana JOHNSON	JR	#2 Hope	5.01m	16-5¼ (1.0)	4/12
8		Lovelyn KETEPA	FR	#5 Olivet	5.00mw	16-5 (4.0)	3/28
8		Jaelah SLOAN	FR	#5 Olivet	5.00mw	16-5 (3.5)	3/28
10		Katelyn DEJONGE	JR	#1 Calvin	{3} 4.99m	16-4½ (-1.9)	3/28

## Women's Triple Jump

1	52	Julienne STRYDOM	JR	#1 Calvin	11.19m	36-8½ (0.0)	4/12
2	64	Jeri ROY	FR	#1 Calvin	{2} 11.06m	36-3½ (-2.1)	4/12
3		Alina VELTKAMP	FR	#1 Calvin	{3} 10.52m	34-6¼ (-1.5)	4/12
4		Emily NORKOWSKI	SR	#5 Olivet	10.51mw	34-5¾ (2.7)	3/28
5		Katelyn DEJONGE	JR	#1 Calvin	{4} 10.49m	34-5 (-2.8)	4/12
6		DB EDWARDS	SR	#4 Albion	10.46m	34-4 (-2.1)	4/12
7		Elliana JOHNSON	JR	#2 Hope	10.30m	33-9½ (-1.2)	3/22
8		Kiersten SCHMITT	SO	#2 Hope	{2} 10.29m	33-9¼ (-0.4)	3/22
9		Emmaline LEATHERMAN	SO	#3 Trine	10.25m	33-7½ (1.2)	3/30
10		Isabel FERGUSON	SO	#3 Trine	{2} 10.14m	33-3¼ (1.6)	3/30

## Women's Shot Put

1	27	Tess ANTHONY	SR	#4 Albion	12.91m	42-4¼	4/12
2	40	Ryann ROHRER	JR	#1 Calvin	12.72m	41-8¾	4/12
3	55	Hailey COLE	FR	#3 Trine	12.53m	41-1½	3/22
4	58	Abby SANNER	JR	#3 Trine	{2} 12.48m	40-11½	3/22
5	62	Greta ROBRAHN	SR	#2 Hope	12.42m	40-9	4/5
6	71	Kamryn BICE	JR	#2 Hope	{2} 12.27m	40-3¼	4/5
7		Karen BEKHET	SR	#1 Calvin	{2} 11.35m	37-3	3/28
8		Brooke JANKWIETZ	FR	#5 Olivet	11.28m	37-¼	3/28
8		Ella EASTERLING	FR	#1 Calvin	{3} 11.28m	37-¼	3/28
10		Karly ROELOFS	JR	#2 Hope	{3} 11.08m	36-4¼	4/12

## Women's Discus

1	27	Lindsey KOSSICK	SR	#1 Calvin	42.80m	140-5	4/12
2	41	Karen BEKHET	SR	#1 Calvin	{2} 41.73m	136-11	4/5
3	76	Ryann ROHRER	JR	#1 Calvin	{3} 39.62m	130-0	4/12
4		Abby SANNER	JR	#3 Trine	37.88m	124-4	4/5
5		Kamryn BICE	JR	#2 Hope	36.35m	119-3	4/5
6		Aysia YOKELY	SO	#4 Albion	35.96m	118-0	3/28
7		Tess ANTHONY	SR	#4 Albion	{2} 34.42m	112-11	3/8
8		Greta ROBRAHN	SR	#2 Hope	{2} 34.40m	112-11	4/5
9		Olivia SMITH	SO	#2 Hope	{3} 32.83m	107-9	4/5
10		Morgan HURD	SO	#4 Albion	{3} 32.50m	106-8	4/12

## Women's Hammer

1	82	Lindsey KOSSICK	SR	#1 Calvin	46.00m	150-11	4/12
2		Abby SANNER	JR	#3 Trine	44.59m	146-4	4/12
3		Mikah BAZIUN	JR	#1 Calvin	{2} 41.77m	137-1	4/5
4		Tess ANTHONY	SR	#4 Albion	41.58m	136-5	4/5
5		Sophia RAYMOND	JR	#2 Hope	40.24m	132-0	4/12
6		Morgan HURD	SO	#4 Albion	{2} 40.15m	131-9	4/12
7		Lily RUSSELL	FR	#5 Olivet	39.30m	128-11	3/28
8		Leilani CASTEELE	JR	#4 Albion	{3} 38.59m	126-7	4/12
9		Haleigh LOSO	SO	#3 Trine	{2} 38.01m	124-9	4/5
10		Skye DICKSON	SR	#4 Albion	{4} 37.36m	122-7	3/28

## Women's Javelin

1		Amanda TIMONEN	SR	#2 Hope	34.84m	114-4	4/12
2		Karly ROELOFS	JR	#2 Hope	{2} 31.76m	104-3	4/12
3		Lizzie STOREY	JR	#4 Albion	28.82m	94-6¾	3/8
4		Ellie BAYNES	SO	#5 Olivet	28.51m	93-6½	4/12
5		Riley ADAMS	FR	#4 Albion	{2} 27.34m	89-8½	4/12
6		Jocelyn SINGER	SR	#4 Albion	{3} 26.86m	88-1½	4/12
7		Natalie BENNETT	SO	#2 Hope	{3} 26.34m	86-5	4/12
8		London ELDRIDGE	SR	#5 Olivet	{2} 26.31m	86-4	4/12
9		Kelah HODGE	FR	#5 Olivet	{3} 26.11m	85-8	4/12
9		Aubrey CONNELLY	SO	#5 Olivet	{3} 26.11m	85-8	4/12

## Women's Heptathlon

1	32	Ella EASTERLING	FR	#1 Calvin	3,789	3/28
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



MIAC

as of 4/15/2025 8:32:35 AM ET

## Women's 100 Meters

1	30	Zari YOUNG	FR	#6 Saint Mary's (Mir	12.11w	(3.1)	4/12
2	38	Jireh BABALOLA	SR	#2 Bethel (Minn.)	12.15	(1.2)	4/12
3	53	Emily RENGÓ	JR	#4 Concordia Moorl	12.23w	(2.9)	4/11
4	81	Andie SANDMAN	SO	#4 Concordia Moorl{2}	12.34w	(2.9)	4/11
5	94	Ariella ROGAHN-PRESS	FR	#7 Macalester	12.37	(1.2)	4/12
6		Kate CARLSON	SR	#3 Gustavus Adolph	12.41	(1.2)	4/12
7		Raina KAPING	SO	#2 Bethel (Minn.) {2}	12.51	(2.0)	4/12
8		Autumn MAKI	FR	#2 Bethel (Minn.) {3}	12.53	(2.0)	4/12
9		Samantha MUNSON	JR	#6 Saint Mary's (Mir{2}	12.71	(1.4)	4/5
10		Allison STACY	FR	#3 Gustavus Adolph{2}	12.72	(2.0)	4/12
10		Ava FINK	JR	#10 St. Scholastica	12.72	(2.0)	4/12

## Women's 100 Meter Hurdles

1	30	Jenna KALEVIK	SR	#4 Concordia Moorl	14.72w	(3.6)	4/11
2	69	Justus FLOREN	SR	#1 Saint Benedict	15.17w	(2.2)	3/22
3	92	Hannah BINGHAM	FR	#2 Bethel (Minn.)	15.30	(-1.1)	4/12
4		Laura THAUVIN	FR	#3 Gustavus Adolph	15.78	(1.3)	4/5
5		Chloe OSTREM	SO	#1 Saint Benedict {2}	15.94	(-0.8)	4/12
6		Emily PODULKE	FR	#3 Gustavus Adolph{2}	15.99	(1.3)	4/5
7		Ellie HERNES	JR	#2 Bethel (Minn.) {2}	16.09w	(2.8)	4/5
8		Peyton SELLE	SR	#4 Concordia Moorl{2}	16.14	(0.3)	4/13
9		Anya ADELGREN	SO	#1 Saint Benedict {3}	16.32w	(2.8)	4/5
10		Hailey SCHOLTEN	JR	#2 Bethel (Minn.) {3}	16.57w	(2.8)	4/5

## Women's 200 Meters

1	4	Megan GERAETS	SR	#3 Gustavus Adolph	24.19	(1.7)	4/12
2	53	Ariella ROGAHN-PRESS	FR	#7 Macalester	25.00	(1.7)	4/12
3	56	Sarah STELLMACH	SR	#2 Bethel (Minn.)	25.02	(1.7)	4/12
4	83	Jireh BABALOLA	SR	#2 Bethel (Minn.) {2}	25.27	(1.7)	4/12
5		Kate CARLSON	SR	#3 Gustavus Adolph{2}	25.37	(1.7)	4/12
6		Zari YOUNG	FR	#6 Saint Mary's (Mir	25.86w	(3.4)	4/12
7		Emily RENGÓ	JR	#4 Concordia Moorl	25.88	(1.7)	3/28
8		Claire SIEMS	FR	#9 Hamline	26.09	(1.1)	4/12
9		Samantha MUNSON	JR	#6 Saint Mary's (Mir{2}	26.26	(-2.7)	3/28
10		Allison STACY	FR	#3 Gustavus Adolph{3}	26.36	(0.1)	4/12

## Women's 400 Meters

1	2	Ariella ROGAHN-PRESS	FR	#7 Macalester	55.24c	(55.97)	4/5
2	7	Shalom SULUNGAINÉ	SO	#2 Bethel (Minn.)	55.60		4/12
3	17	Allison HOOKOM	JR	#11 Augsburg	56.27		4/12
4	35	Kyla NYGAARD	JR	#4 Concordia Moorl	57.06		4/11
5	63	Hailey GREGG	SR	#2 Bethel (Minn.) {2}	58.07		4/12
6	89	Ava REVOIR	FR	#1 Saint Benedict	58.69		4/12
7	90	Sarah STELLMACH	SR	#2 Bethel (Minn.) {3}	58.76		4/5
8	96	Megan GERAETS	SR	#3 Gustavus Adolph	58.80		4/5
9		Abbie SWENSON	SR	#2 Bethel (Minn.) {4}	59.51		4/5
10		Izzi JAECKLE	FR	#5 St. Olaf	59.89		4/12
10		Madi PELOWSKI	JR	#2 Bethel (Minn.) {5}	59.89		4/5

## Women's 400 Meter Hurdles

1	12	Kelsie SEALOCK	SR	#2 Bethel (Minn.)	1:02.50		4/5
2	18	Lauren BERG	JR	#1 Saint Benedict	1:03.25		4/12
3	19	Hannah KVANT	SO	#2 Bethel (Minn.) {2}	1:03.27		4/12
4	47	Hannah BINGHAM	FR	#2 Bethel (Minn.) {3}	1:05.07		4/5
5		Chloe OSTREM	SO	#1 Saint Benedict {2}	1:07.25		4/12
6		Anya ADELGREN	SO	#1 Saint Benedict {3}	1:08.62		4/12
7		Aliyah ROBRAN	JR	#9 Hamline	1:08.73		4/12
8		Lauren ROCHEFORD	JR	#3 Gustavus Adolph	1:10.35		4/5
9		Hailey SCHOLTEN	JR	#2 Bethel (Minn.) {4}	1:11.13		4/12
10		Emma SAHLY	SR	#5 St. Olaf	1:11.31		4/12

## Women's 800 Meters

1	26	Kyla NYGAARD	JR	#4 Concordia Moorl	2:13.59		4/5
2	35	Isabel WYATT	JR	#5 St. Olaf	2:14.04		4/12
3	48	Lara ERICKSON	SR	#8 Carleton	2:15.58		4/12
4	81	Allison HOOKOM	JR	#11 Augsburg	2:17.44		3/22
5	94	Shalom SULUNGAINÉ	SO	#2 Bethel (Minn.)	2:17.75		4/5
6		Anabel BRADLEY	SO	#9 Hamline	2:18.16		4/12
7		Jules FROMM	SR	#5 St. Olaf {2}	2:20.40		4/12
8		Taylor RADAICH	SO	#1 Saint Benedict	2:20.82		3/28
9		Mya SLAVIN	FR	#6 Saint Mary's (Mir	2:20.94		4/12
10		Hadley WILKINS	JR	#7 Macalester	2:21.09c	(2:22.72)	4/5

## Women's 1500 Meters

1		Sophie MCMANUS	SR	#8 Carleton	4:44.59		3/29
2		Lauren WALDA	JR	#5 St. Olaf	4:48.68		4/12
3		Sophie ABERNETHY	SR	#5 St. Olaf {2}	4:49.00		4/12
4		Aliya LARSEN	SR	#8 Carleton {2}	4:49.86		4/12
5		Mya SLAVIN	FR	#6 Saint Mary's (Mir	4:53.05		4/5
6		Kelyn HENRY-PERLICH	FR	#4 Concordia Moorl	4:54.88		4/5
7		Ella LANDIS	JR	#5 St. Olaf {3}	4:55.98		4/12
8		Molly LISTON	JR	#3 Gustavus Adolph	4:56.94		4/12
9		Siri ERICKSON	SO	#5 St. Olaf {4}	4:57.09		4/12
10		Mary KENNEY	JR	#1 Saint Benedict	4:57.22		4/12

## Women's Steeplechase

1	10	Sophie MCMANUS	SR	#8 Carleton	10:50.93		3/28
2	35	Libby ROWLAND	SR	#8 Carleton {2}	11:15.66		3/28
3		Mary KENNEY	JR	#1 Saint Benedict	11:45.98		3/28
4		Kalli SMITH	SR	#1 Saint Benedict {2}	11:50.99		3/28
5		Ivy COLDREN	SO	#7 Macalester	11:58.04		4/5
6		Samantha ELLIS	SO	#7 Macalester {2}	12:01.87		4/5
7		Anna HAY	JR	#2 Bethel (Minn.)	12:05.74		4/12
8		Kelyn HENRY-PERLICH	FR	#4 Concordia Moorl	12:10.44		4/11
9		Julia BABINEAU	SO	#1 Saint Benedict {3}	12:43.42		4/5
10		Airial JOHNSON	SR	#4 Concordia Moorl{2}	12:43.58		4/11





## Conference TFRI Event Summary



MIAC

as of 4/15/2025 8:32:35 AM ET

## Women's 5000 Meters

1	26	Lauren WALDA	JR	#5 St. Olaf	17:05.92	3/28
2	31	Alison BODE	SR	#5 St. Olaf	{2} 17:09.80	4/12
3	35	Sophie MCMANUS	SR	#8 Carleton	17:15.17	4/12
4	56	Aliya LARSEN	SR	#8 Carleton	{2} 17:25.63	4/5
5		Sofia CARLSON	SR	#5 St. Olaf	{3} 18:06.11	3/28
6		Molly LISTON	JR	#3 Gustavus Adolphus	18:11.05	4/5
7		Ivy COLDREN	SO	#7 Macalester	18:28.41	4/12
8		Samantha ELLIS	SO	#7 Macalester	{2} 18:33.12	4/12
9		Mary KENNEY	JR	#1 Saint Benedict	18:42.37	4/5
10		Lucy LYNGEN	SR	#1 Saint Benedict	{2} 18:43.01	4/5

## Women's 10,000 Meters

1	17	Alison BODE	SR	#5 St. Olaf	35:51.23	3/28
2		Maggie VOTRUBA	SR	#8 Carleton	41:44.65	3/28
3		Kendra KLOBE	SR	#6 Saint Mary's (Mir)	42:11.84	3/28

## Women's 4x100 Relay

1	30	Allison Stacy, Megan Geraets, Laura Thauvin, Kate Carlson	#3 Gustavus Adolphus	48.02	4/12
2	40	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard	#4 Concordia Moorhead	48.22	4/11
3	54	Zari Young, McKenzie Munson, Melissa Torres, Samantha Munson	#6 Saint Mary's (Mir)	48.69	4/12
4	89	Claire Beckley, Emma Cunningham, Seneca Wilson, Ariella Rogahn-Press	#7 Macalester	49.72	4/5
5		Grace Buntrock, Anna Gries, Allee Feldman, Myah Nelson	#1 Saint Benedict	50.12	4/12
6		Kebeh Temeh, Claire Siems, Grace Hoffmann, Alexi Schneider	#9 Hamline	50.57	4/12
7		Takia Campbell, Nacia Griffin, Brookelyn Young, Allison Hookom	#11 Augsburg	51.67	3/22

## Women's 4x400 Relay

1	9	Hailey Gregg, Sarah Stellmach, Abbie Swenson, Shalom Sulungaine	#2 Bethel (Minn.)	3:49.26	4/12
2	57	Emerson Knapp, Ava Revoir, Kalli Smith, Lauren Berg	#1 Saint Benedict	4:04.40	4/12
3	65	Molly DiNardo, Jules Fromm, Nora Mickelson, Isabel Wyatt	#5 St. Olaf	4:05.20	4/12
4	79	Hadley Wilkins, Anna Warren, Ariella Rogahn-Press, Seneca Wilson	#7 Macalester	4:07.45c (4:10.73)	4/5
5	90	Allison Stacy, Aubrey Mair, Kailyn Walukas, McKenzie Luetmer	#3 Gustavus Adolphus	4:09.49	4/12
6		Charlotte Kusch, Lara Erickson, Kayla Marx, Alice Islam	#8 Carleton	4:14.89	3/28
7		Aliyah Robran, Claire Siems, Savannah Janes, Adrienne Karpen	#9 Hamline	4:19.11	4/12
8		Drew Frolek, Kelyn Henry-Perlich, Addie Dahl, Londyn Ames	#4 Concordia Moorhead	4:21.73	4/11
9		Mya Slavin, Megan Frosch, Abbie Meyer, Lola Schwinghamer	#6 Saint Mary's (Mir)	4:30.55	4/12

## Women's High Jump

1	62	Peyton SELLE	SR	#4 Concordia Moorhead	1.59m	5-2½	4/13
1	62	Jenna KALEVIK	SR	#4 Concordia Moorhead	1.59m	5-2½	4/13
3		Kiera STOMMES	FR	#1 Saint Benedict	1.53m	5-¼	4/5
3		Frankie WITHAM	SO	#9 Hamline	1.53m	5-¼	4/5
5		Kayla KAJER	FR	#3 Gustavus Adolphus	1.50m	4-11	3/28
5		Mara LARSON	SO	#5 St. Olaf	1.50m	4-11	4/12
5		Alice ISLAM	FR	#8 Carleton	1.50m	4-11	4/12
5		Kaia GACK	FR	#4 Concordia Moorhead	1.50m	4-11	3/28
5		Ashlyn JORE	SO	#5 St. Olaf	1.50m	4-11	4/12
10		Xara GIN	FR	#6 Saint Mary's (Mir)	1.48m	4-10¼	4/12

## Women's Pole Vault

1	25	Jaylyn AHLBERG	JR	#1 Saint Benedict	3.60m	11-9¾	4/12
2	91	Raina KAPING	SO	#2 Bethel (Minn.)	3.30m	10-9¾	4/12
2	91	Camille FINNEY	SO	#3 Gustavus Adolphus	3.30m	10-9¾	4/12
2	91	Xara GIN	FR	#6 Saint Mary's (Mir)	3.30m	10-9¾	4/12
2	91	Emily PEARSON	SO	#2 Bethel (Minn.)	3.30m	10-9¾	4/12
6		LiLi RAIDT	SO	#1 Saint Benedict	{2} 3.27m	10-8¾	3/22
7		Alli GRAFF	SR	#3 Gustavus Adolphus	{2} 3.20m	10-6	4/5
8		Seneca WILSON	SO	#7 Macalester	3.05m	10-0	4/5
9		Erika NESSETH	FR	#5 St. Olaf	3.00m	9-10	4/12
10		McKenna FLINN	FR	#1 Saint Benedict	{3} 2.97m	9-9	3/28
10		Maddox LEE	JR	#3 Gustavus Adolphus	{3} 2.97m	9-9	3/28



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



MIAC

as of 4/15/2025 8:32:35 AM ET

## Women's Long Jump

1	19	Megan GERAETS	SR	#3 Gustavus Adolphus	5.67mw	18-7¼ (2.8)	4/5
2	35	Sabriya FARQUHARSON	SO	#1 Saint Benedict	5.58mw	18-3¾ (2.2)	3/21
3	91	Jordan STANISLOSKI	SO	#2 Bethel (Minn.)	5.32mw	17-5½ (2.4)	4/12
4		Ellie HERNES	JR	#2 Bethel (Minn.)	{2} 5.27mw	17-3½ (3.6)	4/12
5		Justus FLOREN	SR	#1 Saint Benedict	{2} 5.26mw	17-3¼ (2.7)	3/22
6		Harmony-Keli TOMETY	SO	#7 Macalester	5.23m	17-2 (1.9)	4/12
7		Anna GRIES	FR	#1 Saint Benedict	{3} 5.17mw	16-11½ (2.9)	3/22
8		Laura THAUVIN	FR	#3 Gustavus Adolphus	{2} 5.08mw	16-8 (3.7)	4/12
9		Lili GUY	SR	#3 Gustavus Adolphus	{3} 5.04m	16-6½ (1.4)	4/12
10		Addyson BARRETT	FR	#9 Hamline	5.03mw	16-6 (2.2)	4/12

## Women's Triple Jump

1	43	Ellie HERNES	JR	#2 Bethel (Minn.)	11.33m	37-2¼ (1.7)	4/5
2	63	Lili GUY	SR	#3 Gustavus Adolphus	11.07m	36-4 (1.2)	4/5
3	89	Sabriya FARQUHARSON	SO	#1 Saint Benedict	10.91mw	35-9½ (2.3)	3/22
4		Maggie MCCABE	FR	#1 Saint Benedict	{2} 10.40m	34-1½ (1.4)	4/12
5		Ameryn DOSTAL	FR	#6 Saint Mary's (Mir)	10.33mw	33-10¾ (3.6)	4/5
6		Jordan STANISLOSKI	SO	#2 Bethel (Minn.)	{2} 10.18m	33-4¾ (2.0)	4/5
7		Anna GRIES	FR	#1 Saint Benedict	{3} 10.08mw	33-1 (3.4)	3/28
8		Kayla KAJER	FR	#3 Gustavus Adolphus	{2} 9.98m	32-9 (0.6)	4/12
9		Jillian BILBEN	FR	#10 St. Scholastica	9.92m	32-6½ (0.0)	4/12
9		Sami SOLHEID	SO	#1 Saint Benedict	{4} 9.92m	32-6½ (0.4)	3/28

## Women's Shot Put

1	44	Sydney JACKMAN	SR	#6 Saint Mary's (Mir)	12.68m	41-7¼	4/12
2	82	Nora WILHELM	JR	#2 Bethel (Minn.)	12.16m	39-10¾	4/12
3	89	Morgan WALLENDAL	SR	#6 Saint Mary's (Mir)	{2} 12.12m	39-9¼	4/12
4	94	Tessa MYATT	SO	#7 Macalester	12.09m	39-8	4/5
5		Allison BANSE	FR	#1 Saint Benedict	11.98m	39-3¾	4/12
6		Kelley BRENNAN	JR	#3 Gustavus Adolphus	11.95m	39-2½	4/5
7		Logan PAULSEN	FR	#5 St. Olaf	11.76m	38-7	4/12
8		Lexi BRAINER	SR	#9 Hamline	11.75m	38-6¾	4/12
9		Arabella SUTCH	FR	#3 Gustavus Adolphus	{2} 11.68m	38-4	4/12
10		Ella ENGEN	JR	#10 St. Scholastica	11.53m	37-10	4/5

## Women's Discus

1	24	Kelley BRENNAN	JR	#3 Gustavus Adolphus	43.35m	142-3	4/12
2	30	Olivia DUNCAN	SO	#3 Gustavus Adolphus	{2} 42.67m	140-0	4/5
3	50	Nora WILHELM	JR	#2 Bethel (Minn.)	41.25m	135-4	4/12
4	94	Arabella SUTCH	FR	#3 Gustavus Adolphus	{3} 38.67m	126-11	4/12
5		Logan PAULSEN	FR	#5 St. Olaf	38.50m	126-4	4/12
6		Ella ENGEN	JR	#10 St. Scholastica	38.39m	126-0	4/12
7		Jade HUNT	SR	#9 Hamline	37.89m	124-4	4/12
8		Ellie WELCH	FR	#4 Concordia Moorhead	37.76m	123-11	4/11
9		Allison BANSE	FR	#1 Saint Benedict	37.75m	123-10	4/12
10		Morgan WALLENDAL	SR	#6 Saint Mary's (Mir)	37.13m	121-10	4/5

## Women's Hammer

1	16	Kelley BRENNAN	JR	#3 Gustavus Adolphus	51.01m	167-4	4/12
2	18	Lexi BRAINER	SR	#9 Hamline	50.80m	166-8	4/5
3	20	Anna SPERATOS	JR	#2 Bethel (Minn.)	50.75m	166-6	4/12
4	36	Ella STRITESKY	JR	#10 St. Scholastica	49.63m	162-10	4/12
5	51	Jessica LIN	SO	#7 Macalester	48.22m	158-3	4/12
6	60	Nora WILHELM	JR	#2 Bethel (Minn.)	{2} 47.53m	155-11	4/12
7	67	Ella ENGEN	JR	#10 St. Scholastica	{2} 47.24m	155-0	4/12
8	73	Morgan WALLENDAL	SR	#6 Saint Mary's (Mir)	46.69m	153-2	4/12
9		Anna BECKER	SR	#6 Saint Mary's (Mir)	{2} 43.89m	144-0	4/12
10		Brooke KANGAS	SR	#4 Concordia Moorhead	43.37m	142-4	4/11

## Women's Javelin

1	25	Genevieve GRUBA	SO	#4 Concordia Moorhead	39.32m	129-0	4/11
2	33	Justus FLOREN	SR	#1 Saint Benedict	38.40m	126-0	4/12
3	36	Abbie SWENSON	SR	#2 Bethel (Minn.)	38.30m	125-8	4/12
4	59	Brooke BOROUGHS	SO	#7 Macalester	36.84m	120-11	4/5
5	75	Kaia GACK	FR	#4 Concordia Moorhead	{2} 36.15m	118-7	4/11
6		Regan ANDERSON	SR	#4 Concordia Moorhead	{3} 34.35m	112-9	4/11
7		Haley WOLSKY	SO	#4 Concordia Moorhead	{4} 33.23m	109-0	4/11
8		Claire KEECH	JR	#5 St. Olaf	33.17m	108-10	4/12
9		Peyton SELLE	SR	#4 Concordia Moorhead	{5} 31.58m	103-8	4/13
10		Aries MENDEZ	JR	#5 St. Olaf	{2} 31.50m	103-4	4/12

## Women's Heptathlon

1	15	Peyton SELLE	SR	#4 Concordia Moorhead	4,258	4/13
2	17	Jenna KALEVIK	SR	#4 Concordia Moorhead	{2} 4,203	4/13
3	51	Taylor CHRISTENSON	FR	#4 Concordia Moorhead	{3} 3,352	4/13
4	97	Grace CIARROCHI	SO	#4 Concordia Moorhead	{4} 2,563	4/13



## Conference TFRI Event Summary



MWC

as of 4/15/2025 8:32:36 AM ET

## Women's 100 Meters

1	Haley GARRETT	SO	#3 Illinois College	12.43w	(2.8)	4/4
2	Rajanea LANDERS	FR	#1 Grinnell	12.54w	(4.0)	3/28
3	Maddie RUSK	JR	#4 Monmouth (Ill.)	12.60	(1.3)	4/5
4	McKenzie MURRAY	FR	#3 Illinois College {2}	12.63w	(2.8)	4/4
5	AJ JONES	SR	#8 Lake Forest	12.72	(1.7)	3/29
6	Makaiha MOORE-BELL	SO	#4 Monmouth (Ill.) {2}	12.75	(1.3)	4/5
7	Fynesse JONES	JR	#3 Illinois College {3}	12.76w	(2.2)	4/12
8	Sidney HOFFA	SO	#2 Ripon	12.78w	(3.9)	4/12
8	Ava TAYLOR	SR	#1 Grinnell {2}	12.78w	(4.0)	3/28
10	Tatum TRUDELL	FR	#2 Ripon {2}	13.24	(1.4)	3/28

## Women's 100 Meter Hurdles

1	39 Aleese TRIMINGHAM	SO	#3 Illinois College	14.87w	(3.1)	4/4
2	67 Bridget FINN	SR	#2 Ripon	15.16	(1.3)	4/12
3	Hailey CAROLAN	JR	#5 Cornell College	16.14w	(2.3)	4/5
4	Jacquelyn HAN	JR	#8 Lake Forest	16.49w	(2.2)	4/12
5	Irene YANK	SR	#7 Lawrence	16.81w	(2.5)	4/12
6	Jessie GOODMAN	JR	#1 Grinnell	17.13w	(2.7)	3/22
7	Natalie GONZALEZ	FR	#4 Monmouth (Ill.)	17.89	(-0.1)	4/5
8	Patricia RIVERA	SR	#3 Illinois College {2}	18.17w	(3.1)	4/4
9	Nicole ARNHOLD	JR	#2 Ripon {2}	18.31w	(3.1)	3/22
10	Niamee CASEY	JR	#6 Beloit	18.43	(1.6)	3/15

## Women's 200 Meters

1	82 Haley GARRETT	SO	#3 Illinois College	25.26w	(3.1)	3/29
2	McKenzie MURRAY	FR	#3 Illinois College {2}	25.87	(0.2)	4/12
3	Fynesse JONES	JR	#3 Illinois College {3}	26.21	(0.2)	4/12
4	Brooke OAKLEY	JR	#3 Illinois College {4}	26.45	(0.2)	4/12
5	Maddie RUSK	JR	#4 Monmouth (Ill.)	26.47w	(3.0)	3/29
6	AJ JONES	SR	#8 Lake Forest	26.48	(0.0)	4/5
7	Rajanea LANDERS	FR	#1 Grinnell	26.66	(2.0)	4/5
8	Makaiha MOORE-BELL	SO	#4 Monmouth (Ill.) {2}	26.72w	(3.0)	3/29
9	Sidney HOFFA	SO	#2 Ripon	26.94	(1.6)	4/5
10	Ava TAYLOR	SR	#1 Grinnell {2}	27.07	(1.6)	3/22

## Women's 400 Meters

1	Willow ZIEGLER	SO	#5 Cornell College	1:00.21c	(1:01.01)	4/12
2	Cole MILLER	SO	#6 Beloit	1:01.23		3/15
3	Kami RHOADES	FR	#3 Illinois College	1:01.28		4/12
4	Brooke OAKLEY	JR	#3 Illinois College {2}	1:01.32		3/29
5	Madylyn WOYAK	SO	#2 Ripon	1:01.35		4/12
5	McKenzie MURRAY	FR	#3 Illinois College {3}	1:01.35		3/29
7	Alayna FURCH	SR	#6 Beloit {2}	1:01.43		4/12
8	Hailey CAROLAN	JR	#5 Cornell College {2}	1:01.50c	(1:02.31)	4/12
9	Maile CROWE	SR	#1 Grinnell	1:03.76		4/5
10	Gaby SKORCZEWSKI	SO	#7 Lawrence	1:04.01		4/12

## Women's 400 Meter Hurdles

1	93 Bridget FINN	SR	#2 Ripon	1:06.72		3/22
2	Aleese TRIMINGHAM	SO	#3 Illinois College	1:07.19		4/4
3	Hailey CAROLAN	JR	#5 Cornell College	1:09.93		4/5
4	Kiki SHERMAN	SR	#2 Ripon {2}	1:10.95		4/12
5	Jessie GOODMAN	JR	#1 Grinnell	1:12.65		4/12
6	Natalie GONZALEZ	FR	#4 Monmouth (Ill.)	1:15.63		4/5
7	Jacquelyn HAN	JR	#8 Lake Forest	1:16.06		4/12
8	Niamee CASEY	JR	#6 Beloit	1:17.17		3/15
9	Nicole ARNHOLD	JR	#2 Ripon {3}	1:17.32		4/5
10	Patricia RIVERA	SR	#3 Illinois College {2}	1:18.30		3/29

## Women's 800 Meters

1	76 Jenny CORTES	JR	#2 Ripon	2:17.06		4/12
2	Hannah ROARK	JR	#1 Grinnell	2:17.92c	(2:19.52)	4/5
3	Tennyson SHULTZ	FR	#1 Grinnell {2}	2:19.30		4/11
4	Ava CLAUSSEN-TUBBS	JR	#5 Cornell College	2:20.60		4/12
5	Bridget FINN	SR	#2 Ripon {2}	2:22.40		4/12
6	Sindri BONNER	FR	#1 Grinnell {3}	2:22.49c	(2:24.13)	4/12
7	Mila WESTRA	FR	#7 Lawrence	2:23.23		4/12
8	Noelle VU	FR	#1 Grinnell {4}	2:25.18		4/11
9	Minnie HOFFMAN	SO	#2 Ripon {3}	2:25.51		4/5
10	Faith ONUKAOGU	JR	#7 Lawrence {2}	2:28.25		3/28

## Women's 1500 Meters

1	99 Jenny CORTES	JR	#2 Ripon	4:43.70		3/28
2	Hannah ROARK	JR	#1 Grinnell	4:45.16		4/5
3	Cristyn OLIVER	SR	#7 Lawrence	4:51.83		4/5
4	Tennyson SHULTZ	FR	#1 Grinnell {2}	4:54.11		4/5
5	Alyza KOPPEs	JR	#5 Cornell College	4:55.11		4/5
6	Joley BERGER	FR	#2 Ripon {2}	4:56.08		4/5
7	Ava CLAUSSEN-TUBBS	JR	#5 Cornell College {2}	4:56.49		4/5
8	Mikayla FLYTE	SR	#2 Ripon {3}	4:56.66		4/5
9	Genevieve MADIGAN	FR	#1 Grinnell {3}	4:58.66		4/12
10	Mila WESTRA	FR	#7 Lawrence {2}	4:59.76		4/5

## Women's Steeplechase

1	31 Hannah ROTH	SO	#1 Grinnell	11:14.05		4/11
2	78 Gabby ALLARD	SO	#2 Ripon	11:34.22		4/5
3	Kiki SHERMAN	SR	#2 Ripon {2}	12:03.48		4/5
4	Crystal KACZMARCZYK	SR	#1 Grinnell {2}	12:010.00		4/12
5	Emma WHARTON-HSIEH	SO	#1 Grinnell {3}	12:22.47		4/12
6	Riley WINEBRENNER	SR	#7 Lawrence	12:29.86		4/5
7	Diana BARBA	JR	#1 Grinnell {4}	12:46.58		4/11
8	Morgan CARRINO	SO	#3 Illinois College	12:54.53		4/4
9	Sophie STUMBO	SO	#5 Cornell College	12:58.05		4/5
10	Murray PAGE	SO	#5 Cornell College {2}	13:00.21		4/5



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## Women's 5000 Meters

1	<b>54</b>	Cristyn OLIVER	SR	#7 Lawrence	17:25.23	4/12
2		Joley BERGER	FR	#2 Ripon	17:40.80	4/12
3		Alyza KOPPES	JR	#5 Cornell College	17:51.34	4/12
4		Gabby ALLARD	SO	#2 Ripon {2}	17:57.62	4/12
5		Mikayla FLYTE	SR	#2 Ripon {3}	17:57.88	4/12
6		Lidia DAHLMAN	FR	#5 Cornell College {2}	18:21.30	4/12
7		Genevieve MADIGAN	FR	#1 Grinnell	18:27.69	4/11
8		Lettia HODA	SO	#8 Lake Forest	18:29.82	4/5
9		Sophie GRAHAM	SO	#8 Lake Forest {2}	18:41.38	4/5
10		Hannah ROARK	JR	#1 Grinnell {2}	18:43.98	3/28

## Women's 10,000 Meters

1		Zoe PEESEL	SO	#5 Cornell College	41:09.97	4/12
2		Katya LACKEY	SO	#1 Grinnell	41:16.95	4/12
3		Milar LITTLE	FR	#5 Cornell College {2}	41:18.85	4/12
4		Ellie CLARK	FR	#8 Lake Forest	45:40.87	4/5
5		Eli WUNDERLICH	JR	#7 Lawrence	48:04.98	4/5
6		Emmeline RUSSELL	SR	#6 Beloit	49:43.87	4/12

## Women's 4x100 Relay

1	<b>36</b>	McKenzie Murray, Fynesse Jones, Haley Garrett, Deja Anderson	#3 Illinois College	48.15	4/12
2		Jessie Goodman, Ava Taylor, Maile Crowe, Rajanea Landers	#1 Grinnell	50.08	4/12
3		Maddie Rusk, Natalie Gonzalez, Delaney Rexroat, Makaiha Moore-Bell	#4 Monmouth (Ill.)	50.77	4/12
4		Tatum Trudell, Madylyn Woyak, Sidney Hoffa, Heleyna Weiss	#2 Ripon	50.82	4/12
5		Jaslyn Gama, Alayna Furch, Niomee Casey, Cole Miller	#6 Beloit	51.32	4/12
6		Farah Tawfik, Jacquelyn Han, One Kenosi, AJ Jones	#8 Lake Forest	51.91	4/12
7		#Type!	#5 Cornell College	55.05	4/5
8		Morgan Cross, Anna Vanden Acker, Itzel Vega Juarez, Irene Yank	#7 Lawrence	55.56	4/12

## Women's 4x400 Relay

1	<b>68</b>	Kami Rhoades, McKenzie Murray, Aleese Trimmingham, Brooke Oakley	#3 Illinois College	4:05.66	4/12
2		Bridget Finn, Heleyna Weiss, Madylyn Woyak, Tatum Trudell	#2 Ripon	4:11.88	4/5
3		Klaire Thompson, Tennyson Shultz, Noelle Vu, Maile Crowe	#1 Grinnell	4:13.62	3/28
4		Willow Ziegler, Olivia Cotton, Alexa Hugart, Hailey Carolan	#5 Cornell College	4:14.67c (4:18.05)	4/12
5		Laura Henze, Mila Westra, Faith Onukaogu, Cristyn Oliver	#7 Lawrence	4:17.80	4/5
6		Jaslyn Gama, Alayna Furch, Niomee Casey, Cole Miller	#6 Beloit	4:18.80	4/12
7		AJ Jones, Farah Tawfik, Andrea Fernandez, One Kenosi	#8 Lake Forest	4:19.77	4/12
8		Cecilia Goodin, Francis Hilliard, Eileen Sheetz, Mary Stockdale	#9 Knox	4:48.67	4/5

## Women's High Jump

1	<b>19</b>	Bridget FINN	SR	#2 Ripon	1.63m	5-4¼	4/12
2	<b>62</b>	Hailey CAROLAN	JR	#5 Cornell College	1.59m	5-2½	4/5
3		Chloe STUDINSKI	JR	#2 Ripon {2}	1.53m	5-¼	4/5
4		Brooke OAKLEY	JR	#3 Illinois College	1.50m	4-11	3/29
4		Naomi MURPHY	SO	#6 Beloit	1.50m	4-11	3/15
6		T'Shareah WILLINGHAM	FR	#9 Knox	1.45m	4-9	3/28
7		Lauren ANDERSON	SR	#4 Monmouth (Ill.)	1.44m	4-8¾	4/12
7		Maya HODGE	FR	#5 Cornell College {2}	1.44m	4-8¾	4/5
9		Nicole ARNHOLD	JR	#2 Ripon {3}	1.39m	4-6¾	3/22
10		Ashlee LONG	SO	#7 Lawrence	1.36m	4-5½	4/12

## Women's Pole Vault

1	<b>91</b>	Madeline BENSON	SR	#3 Illinois College	3.30m	10-9¾	4/4
2		Miranda HURSEY	JR	#4 Monmouth (Ill.)	3.28m	10-9	3/29
3		Megan DAILEY	SR	#4 Monmouth (Ill.) {2}	3.20m	10-6	4/5
4		Naomee CASEY	JR	#6 Beloit	3.15m	10-4	3/15
5		Delaney REXROAT	SR	#4 Monmouth (Ill.) {3}	3.05m	10-0	4/12
6		Haley CARLIN	SO	#6 Beloit {2}	2.76m	9-½	4/12
7		Clara LYFORD	FR	#7 Lawrence	2.55m	8-4¼	4/5
8		Alice GORINSHTEYN	FR	#7 Lawrence {2}	2.25m	7-4½	4/5



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## Women's Long Jump

1	42	Bridget FINN	SR	#2 Ripon	5.54mw	18-2¼ (2.4)	4/11
2	43	Deja ANDERSON	SO	#3 Illinois College	5.53mw	18-1¾ (2.2)	4/12
3		Sidney HOFFA	SO	#2 Ripon	{2} 5.26mw	17-3¼ (2.8)	4/12
4		Maddie RUSK	JR	#4 Monmouth (Ill.)	5.21mw	17-1¼ (3.6)	4/5
5		Nicole ARNHOLD	JR	#2 Ripon	{3} 4.91mw	16-1½ (2.3)	4/12
6		Rajanea LANDERS	FR	#1 Grinnell	4.87m	15-11¾ (0.5)	3/22
7		Heleyna WEISS	SO	#2 Ripon	{4} 4.80m	15-9 (-1.3)	3/22
8		Hailey CAROLAN	JR	#5 Cornell College	4.73m	15-6¼ (1.7)	4/5
9		Fynesse JONES	JR	#3 Illinois College	{2} 4.67mw	15-4 (2.9)	3/29
10		Lacie SCHULTZ	SO	#3 Illinois College	{3} 4.64m	15-2¾ (-0.1)	4/12

## Women's Triple Jump

1		Rajanea LANDERS	FR	#1 Grinnell	10.51m	34-5¼ (0.0)	3/22
2		Delaney REXROAT	SR	#4 Monmouth (Ill.)	10.10m	33-1¾ (1.8)	4/12
3		Maddie RUSK	JR	#4 Monmouth (Ill.)	{2} 10.09mw	33-1¼ (2.5)	4/12
4		Nicole ARNHOLD	JR	#2 Ripon	10.02mw	32-10½ (2.9)	3/22
5		Anna VANDEN ACKER	JR	#7 Lawrence	9.61mw	31-6½ (3.7)	4/12
6		Maya HODGE	FR	#5 Cornell College	9.56m	31-4½ (0.0)	4/5
7		Zahra TAIT	FR	#8 Lake Forest	9.45m	31-0	4/12
8		Stella ABERNETHY	FR	#8 Lake Forest	{2} 9.40m	30-10¼ (-1.)	4/5

## Women's Shot Put

1	18	Maddie BOLEY	SR	#4 Monmouth (Ill.)	13.34m	43-9¼	4/12
2	34	Kayla BRAUN	JR	#4 Monmouth (Ill.)	{2} 12.80m	42-0	4/12
3		Kylie GALOWITZ	JR	#1 Grinnell	11.96m	39-3	3/22
4		Jillian TOTH	JR	#4 Monmouth (Ill.)	{3} 11.83m	38-9¾	4/12
5		Sara BOOHER	SR	#1 Grinnell	{2} 11.81m	38-9	4/5
6		Alayna EARLE	SO	#4 Monmouth (Ill.)	{4} 11.49m	37-8½	4/12
7		Lindsey RUFF	SR	#3 Illinois College	11.27m	36-11¾	4/12
7		Bridget FINN	SR	#2 Ripon	11.27m	36-11¾	3/22
9		Hannah MICHAELS	FR	#2 Ripon	{2} 11.17m	36-7¾	4/5
10		Hadja BAYO	SR	#6 Beloit	10.88m	35-8½	4/12

## Women's Discus

1	1	Maddie BOLEY	SR	#4 Monmouth (Ill.)	49.06m	161-0	4/5
2	92	Kayla BRAUN	JR	#4 Monmouth (Ill.)	{2} 38.81m	127-4	3/29
3		Hadja BAYO	SR	#6 Beloit	36.89m	121-1	4/12
4		Jillian TOTH	JR	#4 Monmouth (Ill.)	{3} 35.93m	117-11	3/29
5		Kylie GALOWITZ	JR	#1 Grinnell	35.65m	117-0	3/22
6		Natalie HASTING	FR	#3 Illinois College	35.56m	116-8	4/12
7		Stephanie NELSON	SO	#9 Knox	35.42m	116-3	4/5
8		Kyra BIVINS	FR	#4 Monmouth (Ill.)	{4} 34.99m	114-10	4/5
9		Nalwanga NSUBUGA	SO	#9 Knox	{2} 33.62m	110-4	3/28
10		Alayna EARLE	SO	#4 Monmouth (Ill.)	{5} 33.59m	110-3	4/5

## Women's Hammer

1	7	Jillian TOTH	JR	#4 Monmouth (Ill.)	53.77m	176-5	4/5
2	27	Maddie BOLEY	SR	#4 Monmouth (Ill.)	{2} 50.34m	165-2	4/5
3		Stephanie NELSON	SO	#9 Knox	42.54m	139-7	4/12
4		Abbie JOHNSON	JR	#4 Monmouth (Ill.)	{3} 41.87m	137-5	4/12
5		Alayna EARLE	SO	#4 Monmouth (Ill.)	{4} 41.27m	135-5	4/12
6		Katherine KRONBERGER	SR	#6 Beloit	40.94m	134-4	4/12
7		Kylie GALOWITZ	JR	#1 Grinnell	40.89m	134-2	4/5
8		Natalie HASTING	FR	#3 Illinois College	40.85m	134-0	4/4
9		Kayla BRAUN	JR	#4 Monmouth (Ill.)	{5} 40.74m	133-8	4/5
10		Kyra BIVINS	FR	#4 Monmouth (Ill.)	{6} 40.37m	132-6	4/12

## Women's Javelin

1	39	Juniper SCHWARTZMAN	SO	#1 Grinnell	38.00m	124-8	3/28
2	89	Bridget FINN	SR	#2 Ripon	35.72m	117-2	4/12
3		Bri OSTERSON	SR	#5 Cornell College	34.08m	111-10	4/5
4		Keyleigh THOMAS	JR	#3 Illinois College	31.93m	104-9	4/12
5		Emmy PUNCHES	JR	#8 Lake Forest	30.99m	101-8	4/5
6		Elaina MANUEL	FR	#3 Illinois College	{2} 29.17m	95-8½	4/12
7		Haley CARLIN	SO	#6 Beloit	28.19m	92-6	3/15
8		Adelaide SCHMITT	FR	#6 Beloit	{2} 27.65m	90-8¾	3/15
9		Delaney REXROAT	SR	#4 Monmouth (Ill.)	27.19m	89-2½	4/5
10		Jillian TOTH	JR	#4 Monmouth (Ill.)	{2} 26.79m	87-10¾	4/5

## Women's Heptathlon

1	2	Bridget FINN	SR	#2 Ripon	4,945	4/12
2	64	Nicole ARNHOLD	JR	#2 Ripon	{2} 3,185	4/12





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## Women's 100 Meters

1	Carrie BURR	SR	#2 UMaine Farming	13.06	(0.0)	4/7
2	Erica JOHNSON	JR	#2 UMaine Farming {2}	13.33	(-0.1)	4/11
3	Molly DEARBORN	FR	#1 Husson	13.38	(1.0)	3/8
4	Niamiah PERRY	JR	#1 Husson {2}	13.45	(1.7)	3/29
5	Kaprice SIGLER	SO	#4 SUNY Delhi	13.48w	(2.7)	3/29
6	Cara PERRY	SR	#2 UMaine Farming {3}	13.64	(0.0)	4/7
7	Natasha MONREAL	FR	#1 Husson {3}	13.76	(-1.2)	4/11
8	Kalifa DONALD	SO	#4 SUNY Delhi {2}	13.80	(0.2)	3/29
9	Kennedy TODD	JR	#2 UMaine Farming {4}	14.04	(0.0)	4/7
10	Shelby ROYEA	FR	#6 Northern Vermont	14.06	(0.0)	4/7

## Women's 100 Meter Hurdles

1	71 Emma BURR	SO	#3 Thomas (Maine)	15.18	(-0.7)	4/11
2	Erica JOHNSON	JR	#2 UMaine Farming	16.77	(-0.7)	4/11
3	Niamiah PERRY	JR	#1 Husson	17.13	(1.6)	3/15
4	Anneliese KLEIN	FR	#5 SUNY Cobleskill	17.60	(0.9)	4/12
5	Guerna BECKER	FR	#5 SUNY Cobleskill {2}	17.64	(1.5)	4/12
6	Carrie BURR	SR	#2 UMaine Farming {2}	17.67	(0.4)	4/10
7	Melinda REID	SO	#4 SUNY Delhi	17.75	(1.9)	3/29
8	Brooke CHASE	FR	#1 Husson {2}	18.04	(1.6)	3/8
9	Alexis FREEMAN	JR	#1 Husson {3}	18.61	(-0.2)	4/11
10	Olivia DAVIS	SO	#6 Northern Vermont	19.73	(0.0)	4/7

## Women's 200 Meters

1	16 Shaesha JOHNSON	FR	#4 SUNY Delhi	24.52w	(2.4)	3/29
2	21 Miranda COLE	JR	#4 SUNY Delhi {2}	24.69w	(2.4)	3/29
3	Carrie BURR	SR	#2 UMaine Farming	26.92	(0.6)	4/10
4	Molly DEARBORN	FR	#1 Husson	27.74	(1.9)	3/15
5	Erica JOHNSON	JR	#2 UMaine Farming {2}	28.30	(0.1)	3/28
6	Cara PERRY	SR	#2 UMaine Farming {3}	28.41	(0.7)	4/11
7	Niamiah PERRY	JR	#1 Husson {2}	28.60	(-1.8)	3/8
8	Kali WOOSTER	JR	#6 Northern Vermont	28.63	(1.9)	3/28
9	Kennedy TODD	JR	#2 UMaine Farming {4}	28.99w	(2.2)	4/7
10	Kalifa DONALD	SO	#4 SUNY Delhi {3}	29.17w	(2.9)	3/29

## Women's 400 Meters

1	Molly DEARBORN	FR	#1 Husson	1:02.75		3/15
2	Carrie BURR	SR	#2 UMaine Farming	1:04.43		4/7
3	Julia RENY	SR	#3 Thomas (Maine)	1:04.66		3/14
4	Shelby ROYEA	FR	#6 Northern Vermont	1:06.48		4/7
5	Lina MARTINEZ NOCITO	FR	#2 UMaine Farming {2}	1:07.67		4/11
6	Cara PERRY	SR	#2 UMaine Farming {3}	1:09.74		3/28
7	Peyton FAIRCHILD	JR	#6 Northern Vermont {2}	1:10.78		4/7
8	Kennedy TODD	JR	#2 UMaine Farming {4}	1:11.91		4/11
9	Olivia UNDERWOOD	FR	#1 Husson {2}	1:14.38		3/29
10	Madelaine JACKSON	JR	#1 Husson {3}	1:22.46		4/11

## Women's 400 Meter Hurdles

1	82 Anneliese KLEIN	FR	#5 SUNY Cobleskill	1:06.38		4/12
2	Carrie BURR	SR	#2 UMaine Farming	1:12.38		3/28
3	Alexis FREEMAN	JR	#1 Husson	1:21.40		3/29
4	Nina GREGORY	JR	#1 Husson {2}	1:25.65		4/11
5	Guerna BECKER	FR	#5 SUNY Cobleskill {2}	1:25.77		3/30
6	Rebekah IRELAND	JR	#3 Thomas (Maine)	1:46.27		4/11

## Women's 800 Meters

1	32 Amanda INTRIERI	FR	#4 SUNY Delhi	2:13.89		4/14
2	Lina MARTINEZ NOCITO	FR	#2 UMaine Farming	2:29.45		3/28
3	Savaughn KUNGXAT-FACENDA	SO	#3 Thomas (Maine)	2:29.99		3/14
4	Ava DOWLING	SR	#1 Husson	2:31.11		3/8
5	Mary BRYANT	SO	#4 SUNY Delhi {2}	2:32.66		3/29
6	Gillian MINER	FR	#5 SUNY Cobleskill	2:38.08		4/12
7	Carrie BURR	SR	#2 UMaine Farming {2}	2:38.85		4/10
8	Madison BINETTE	FR	#5 SUNY Cobleskill {2}	2:41.43		4/12
9	Ida EAMES	JR	#6 Northern Vermont	2:41.84		3/28
10	Grace BEDORE	JR	#1 Husson {2}	2:48.52		4/11

## Women's 1500 Meters

1	Amanda INTRIERI	FR	#4 SUNY Delhi	4:49.22		3/29
2	Evie EASTMAN	SO	#4 SUNY Delhi {2}	4:55.92		4/14
3	Ava DOWLING	SR	#1 Husson	5:02.46		3/8
4	Mackenzie EMERSON	SO	#1 Husson {2}	5:16.83		3/29
5	Lina MARTINEZ NOCITO	FR	#2 UMaine Farming	5:18.31		4/11
6	Grace BEDORE	JR	#1 Husson {3}	5:24.05		3/15
7	Gillian MINER	FR	#5 SUNY Cobleskill	5:26.72		4/12
8	Madison BINETTE	FR	#5 SUNY Cobleskill {2}	5:31.63		4/12
9	Alyssa FREEGUARD	JR	#5 SUNY Cobleskill {3}	5:41.14		4/12
10	Maddie POWER	SO	#6 Northern Vermont	5:48.56		3/28

## Women's Steeplechase

1	Ava DOWLING	SR	#1 Husson	11:51.88		3/15
2	Anna MACDONALD	SR	#2 UMaine Farming	12:09.73		4/12
3	Eve POTEET	JR	#2 UMaine Farming {2}	12:39.65		3/28
4	Grace BEDORE	JR	#1 Husson {2}	13:02.71		3/15
5	Abby HUNT	SO	#1 Husson {3}	15:14.51		3/29
6	Abby MACDONALD	SO	#2 UMaine Farming {3}	15:44.98		3/28
7	Rebekah IRELAND	JR	#3 Thomas (Maine)	16:02.29		4/11

## Women's 5000 Meters

1	47 Charlotte WARNER	FR	#4 SUNY Delhi	17:22.06		4/14
2	Ava DOWLING	SR	#1 Husson	18:57.22		3/15
3	Lina MARTINEZ NOCITO	FR	#2 UMaine Farming	19:33.76		4/7
4	Anna MACDONALD	SR	#2 UMaine Farming {2}	19:35.39		4/7
5	Eve POTEET	JR	#2 UMaine Farming {3}	19:47.50		4/7
6	Gabrielle WAITE	FR	#5 SUNY Cobleskill	20:44.06		4/12
7	Rebecca HALL	FR	#8 Lesley	22:12.35		4/14
8	Eden CARR	SO	#4 SUNY Delhi {2}	24:18.64		3/29



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NAC

as of 4/15/2025 8:32:36 AM ET

## Women's 10,000 Meters

1	Eve POTEET	JR	#2 UMaine Farming	40:58.49	4/12
2	Amelia BOWMAN-MCCOY	JR	#4 SUNY Delhi	41:35.45	3/29
3	Abby MACDONALD	SO	#2 UMaine Farming {2}	46:21.56	4/11
4	Amanda WINSLOW	SR	#3 Thomas (Maine)	47:13.60	4/11

## Women's 4x100 Relay

1	11 #Type!	#4 SUNY Delhi	47.05	3/29
2	Cara Perry, Carrie Burr, Kennedy Todd, Erica Johnson	#2 UMaine Farming	51.65	3/28
3	Brooke Chase, Niamiah Perry, Natasha Monreal, Molly Dearborn	#1 Husson	52.41	3/15
4	Olivia Davis, Peyton Fairchild, Jenna Jones, Dahlia Maynard	#6 Northern Vermo	54.84	3/28

## Women's 4x400 Relay

1	53 #Type!	#4 SUNY Delhi	4:04.09	3/29
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## Women's High Jump

1	Nina GREGORY	JR	#1 Husson	1.45m	4-9	4/11
2	Carrie BURR	SR	#2 UMaine Farming	1.36m	4-5½	4/10
3	Emma SYPHERS	FR	#2 UMaine Farming {2}	1.31m	4-3½	4/7

## Women's Pole Vault

1	Alexis FREEMAN	JR	#1 Husson	2.75m	9-¼	4/11
2	Brianna ANDREWS	FR	#1 Husson {2}	2.00m	6-6¾	4/11
2	Brooke CHASE	FR	#1 Husson {2}	2.00m	6-6¾	4/11

## Women's Long Jump

1	73 Anneliese KLEIN	FR	#5 SUNY Cobleskill	5.36m	17-7 (1.3)	4/12
2	Forest SKILLMAN	FR	#6 Northern Vermo	5.13m	16-10 (1.7)	4/14
3	Natasha MONREAL	FR	#1 Husson	5.06m	16-7¼ (1.6)	3/8
4	Gabrielle BROWN	FR	#4 SUNY Delhi	4.89m	16-½ (-1.8)	3/29
5	Emma SYPHERS	FR	#2 UMaine Farming	4.88m	16-¼ (0.0)	3/28
6	Niamiah PERRY	JR	#1 Husson {2}	4.65m	15-3¼ (1.5)	3/15
7	Brooke CHASE	FR	#1 Husson {3}	4.55m	14-11¼ (1.9)	3/8
8	Melinda REID	SO	#4 SUNY Delhi {2}	4.51m	14-9¾ (-3.1)	3/29
9	Carrie BURR	SR	#2 UMaine Farming {2}	4.31m	14-1¾ (-0.7)	3/28
10	Brooklyn ALLEN	SO	#3 Thomas (Maine)	4.12m	13-6¼ (0.0)	3/14

## Women's Triple Jump

1	Erica JOHNSON	JR	#2 UMaine Farming	10.39m	34-1¼ (0.0)	4/7
2	Natasha MONREAL	FR	#1 Husson	10.38mw	34-¾ (2.8)	3/8
3	Brooke CHASE	FR	#1 Husson {2}	10.13mw	33-3 (3.4)	3/8
4	Emma SYPHERS	FR	#2 UMaine Farming {2}	9.99m	32-9½ (0.0)	3/28
5	Guerna BECKER	FR	#5 SUNY Cobleskill	9.40m	30-10¼ (0.2)	4/12

## Women's Shot Put

1	Mary DISANTO	SR	#3 Thomas (Maine)	10.93m	35-10½	4/11
2	Chelsey COTE	JR	#3 Thomas (Maine) {2}	10.15m	33-3¾	3/14
3	Desirae SEELEY	FR	#3 Thomas (Maine) {3}	10.09m	33-1¼	3/14
4	Megan FLETCHER	JR	#1 Husson	9.71m	31-10¼	3/8
5	Paige CHESBRO	FR	#1 Husson {2}	9.49m	31-1¼	4/11
6	Evelyn ELIJAH	FR	#7 UMaine Presque	9.33m	30-7½	4/4
7	Sophia JOHNSON	FR	#6 Northern Vermo	9.31m	30-6½	4/7
8	Liz BOWMAN	JR	#3 Thomas (Maine) {4}	9.22m	30-3	4/11
9	Aaralyn SCROGGINS	SR	#1 Husson {3}	9.11m	29-10¾	3/8
10	Sierra REED	FR	#6 Northern Vermo {2}	8.91m	29-2¾	3/28

## Women's Discus

1	Megan FLETCHER	JR	#1 Husson	32.00m	105-0	3/8
2	Chelsey COTE	JR	#3 Thomas (Maine)	30.39m	99-8½	4/11
3	Evelyn ELIJAH	FR	#7 UMaine Presque	29.90m	98-1¼	4/11
4	Kaitlyn HARMON-BOLDING	SR	#2 UMaine Farming	29.87m	98-0	3/28
5	Paige CHESBRO	FR	#1 Husson {2}	29.42m	96-6¼	3/15
6	Sophia JOHNSON	FR	#6 Northern Vermo	28.99m	95-1½	4/7
7	Aaralyn SCROGGINS	SR	#1 Husson {3}	28.62m	93-10¾	3/8
8	Dory GOOSELIN	JR	#5 SUNY Cobleskill	28.53m	93-7¼	3/30
9	Eliza WHEELER	FR	#3 Thomas (Maine) {2}	26.96m	88-5½	4/11
10	Katharine ELLIOTT	SO	#3 Thomas (Maine) {3}	26.11m	85-8	4/11

## Women's Hammer

1	Megan FLETCHER	JR	#1 Husson	38.15m	125-2	3/15
2	Katharine ELLIOTT	SO	#3 Thomas (Maine)	35.71m	117-2	4/11
3	Kaitlyn HARMON-BOLDING	SR	#2 UMaine Farming	35.67m	117-1	3/28
4	Aaralyn SCROGGINS	SR	#1 Husson {2}	34.01m	111-7	4/11
5	Dory GOOSELIN	JR	#5 SUNY Cobleskill	33.12m	108-8	3/30
6	Eliza WHEELER	FR	#3 Thomas (Maine) {2}	32.76m	107-6	4/11
7	Desirae SEELEY	FR	#3 Thomas (Maine) {3}	31.22m	102-5	3/14
8	Mary DISANTO	SR	#3 Thomas (Maine) {4}	31.13m	102-2	4/11
9	Chelsey COTE	JR	#3 Thomas (Maine) {5}	30.55m	100-3	3/14
10	Molly SOTTAK	SR	#3 Thomas (Maine) {6}	30.36m	99-7¼	4/11

## Women's Javelin

1	76 Julia RENY	SR	#3 Thomas (Maine)	36.12m	118-6	4/11
2	Jessica CARNEY	JR	#5 SUNY Cobleskill	30.49m	100-1	3/30
3	Emma BURR	SO	#3 Thomas (Maine) {2}	29.64m	97-3	4/11
4	Abbie CONLOGUE	SO	#1 Husson	29.40m	96-5½	4/11
5	Evelyn ELIJAH	FR	#7 UMaine Presque	26.51m	86-11¾	4/11
6	Sierra REED	FR	#6 Northern Vermo	26.38m	86-6¾	4/14
7	Megan FLETCHER	JR	#1 Husson {2}	25.14m	82-5¾	4/11
8	Carrie BURR	SR	#2 UMaine Farming	24.55m	80-6½	3/28
9	Desirae SEELEY	FR	#3 Thomas (Maine) {3}	24.42m	80-1½	3/14
10	Aaralyn SCROGGINS	SR	#1 Husson {3}	24.35m	79-10¾	4/11

## Women's Heptathlon

1	45 Carrie BURR	SR	#2 UMaine Farming	3,458	4/10
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## Conference TFRI Event Summary



NACC

as of 4/15/2025 8:32:37 AM ET

## Women's 100 Meters

1	94	Lauren BLIEFERNICHT	SR	#3 Aurora	12.37w	(2.8)	3/29
2		Jacey READ	FR	#2 Concordia Wisco	12.44	(1.9)	4/5
3		Nicole MAKOPÉ	SR	#1 St. Norbert	12.75	(1.4)	3/28
4		Sabrina MOORE	SR	#2 Concordia Wisco{2}	12.86	(1.8)	4/12
5		Olivia JAMESON	JR	#5 Illinois Tech	12.87	(0.7)	4/12
6		Annaelle MUKASH	FR	#5 Illinois Tech {2}	12.89	(1.6)	3/29
7		Gracie WOLFE	JR	#1 St. Norbert {2}	13.10	(1.4)	3/28
8		Katie SMITH	SO	#1 St. Norbert {3}	13.15	(1.8)	4/12
9		Mary WEISENSEL	FR	#1 St. Norbert {4}	13.17	(1.9)	4/5
10		Amelia MOSEMAN	JR	#5 Illinois Tech {3}	13.18	(-0.8)	4/12

## Women's 100 Meter Hurdles

1	46	Eve SHELTON	SR	#6 Concordia Chica	14.95	(1.8)	3/29
2	77	Maya HIELSCHER	SR	#2 Concordia Wisco	15.22	(1.7)	4/5
3		Eden MARANELL	SO	#1 St. Norbert	15.52w	(2.7)	4/5
4		Gretchen SCHWARZ	SO	#1 St. Norbert {2}	15.87w	(2.2)	4/12
5		Lauren BORCHARDT	SR	#1 St. Norbert {3}	15.93w	(2.2)	4/12
6		Emma EILERTSON	SO	#2 Concordia Wisco{2}	15.94	(1.7)	4/5
7		Skylar GIBBS	SR	#3 Aurora	16.09w	(2.4)	3/28
8		Larissa HUFFMAN	SO	#1 St. Norbert {4}	16.39	(1.7)	4/5
9		Jerzey ALLEN	SR	#6 Concordia Chica{2}	17.63	(1.8)	3/29
10		Kyra KOPEC	SO	#1 St. Norbert {5}	17.91	(1.5)	3/28

## Women's 200 Meters

1		Lauren BLIEFERNICHT	SR	#3 Aurora	25.45w	(2.5)	3/29
2		Jacey READ	FR	#2 Concordia Wisco	25.95	(1.5)	3/29
3		Eden MARANELL	SO	#1 St. Norbert	25.97	(-1.0)	4/12
4		Zoe TURNER	JR	#5 Illinois Tech	26.38	(0.6)	4/5
5		Madi CROSSMAN	SO	#1 St. Norbert {2}	26.42	(1.3)	3/28
6		Eve SHELTON	SR	#6 Concordia Chica	26.46	(1.2)	3/29
7		Amelia MOSEMAN	JR	#5 Illinois Tech {2}	26.61	(1.2)	3/29
8		Katie SMITH	SO	#1 St. Norbert {3}	26.69w	(2.1)	4/5
9		Aniyah ISOM	SR	#6 Concordia Chica{2}	26.75	(1.2)	3/29
10		Lydia LEVRA	FR	#10 Lakeland (Wis.)	26.85	(1.8)	4/5

## Women's 400 Meters

1	49	Amelia MOSEMAN	JR	#5 Illinois Tech	57.65		4/5
2		Lauren BLIEFERNICHT	SR	#3 Aurora	59.92		4/5
3		Lydia LEVRA	FR	#10 Lakeland (Wis.)	1:00.59		4/12
4		Zoe TURNER	JR	#5 Illinois Tech {2}	1:01.02		3/29
5		Madi CROSSMAN	SO	#1 St. Norbert	1:01.08		3/28
6		Madison GRAMBLICKA	FR	#1 St. Norbert {2}	1:01.40		4/12
7		Jacey READ	FR	#2 Concordia Wisco	1:02.75		3/22
8		Ally ZICKERT	SR	#1 St. Norbert {3}	1:03.47		4/12
9		Rachel ALLEN	FR	#1 St. Norbert {4}	1:03.56		4/5
10		Kaitlyn DENAPOLI	SO	#4 MSOE	1:03.89		4/12

## Women's 400 Meter Hurdles

1		Larissa HUFFMAN	SO	#1 St. Norbert	1:08.09		4/12
2		Olivia EBEL	SO	#2 Concordia Wisco	1:08.77		3/22
3		Skylar GIBBS	SR	#3 Aurora	1:10.55		4/12
4		Kyra KOPEC	SO	#1 St. Norbert {2}	1:13.31		4/5
5		Lauren BORCHARDT	SR	#1 St. Norbert {3}	1:14.37		4/12
6		Emily GUY	SO	#10 Lakeland (Wis.)	1:16.22		4/5
7		Gretchen LANE	SR	#1 St. Norbert {4}	1:16.57		4/5
8		Laura Anna KOSKINEN	SO	#1 St. Norbert {5}	1:18.98		4/12
9		Isabella PESCADOR	FR	#7 Edgewood	1:21.14		4/12

## Women's 800 Meters

1		Danielle VAN GRINSVEN	JR	#2 Concordia Wisco	2:22.00		3/22
2		Melanie ARVIS	JR	#2 Concordia Wisco{2}	2:23.51		4/5
3		Mika FIELDS	SO	#3 Aurora	2:23.72		4/12
4		Izzy FAIRLESS	SO	#6 Concordia Chica	2:24.89		4/12
5		Rachel BRETTIN	JR	#5 Illinois Tech	2:25.50		4/12
6		Kera RILEY	SO	#1 St. Norbert	2:25.98		4/5
7		Olivia SHIP	SR	#1 St. Norbert {2}	2:27.28		4/5
8		Elizabeth BACKUS	FR	#2 Concordia Wisco{3}	2:27.88		4/5
9		Alexis DORNER	FR	#4 MSOE	2:29.05		4/12
10		Susana MARTINEZ	FR	#3 Aurora {2}	2:29.64		4/12

## Women's 1500 Meters

1	15	Deyanneira COLON MALDONADO	SR	#3 Aurora	4:31.91		4/5
2		Ainara SAINZ DE ROZAS	JR	#2 Concordia Wisco	4:44.06		4/5
3		Melanie ARVIS	JR	#2 Concordia Wisco{2}	4:50.36		3/29
4		Emma AHRENS	SO	#2 Concordia Wisco{3}	4:54.08		3/22
5		Olivia SHIP	SR	#1 St. Norbert	4:54.94		4/5
6		Danielle VAN GRINSVEN	JR	#2 Concordia Wisco{4}	4:56.42		3/29
7		Rachel BRETTIN	JR	#5 Illinois Tech	4:57.81		4/5
8		Kera RILEY	SO	#1 St. Norbert {2}	5:00.05		4/12
9		Elizabeth BACKUS	FR	#2 Concordia Wisco{5}	5:06.88		3/29
10		N'Dya FIELDS	JR	#3 Aurora {2}	5:07.86		4/5

## Women's Steeplechase

1		Emma JASUTIS	SO	#3 Aurora	12:20.48		4/5
2		Ellee GRUNWALD	SR	#1 St. Norbert	12:22.81		4/5
3		Ariel MARTINEZ	SR	#6 Concordia Chica	12:26.79		4/5
4		Sabryn BLEY	SR	#4 MSOE	12:37.55		4/4
5		Maya THOMPSON	SO	#7 Edgewood	13:02.70		4/5
6		Anna FITZGERALD	SO	#1 St. Norbert {2}	13:26.70		4/12
7		Sarah KULAS	SR	#1 St. Norbert {3}	13:44.92		4/12



## Conference TFRI Event Summary



NACC

as of 4/15/2025 8:32:37 AM ET

## Women's 5000 Meters

1	<b>4</b>	Deyanneira COLON MALDONADO	SR	<b>#3</b> Aurora	<b>16:38.23</b>	<b>4/12</b>
2	<b>20</b>	Ainara SAINZ DE ROZAS	JR	<b>#2</b> Concordia Wisco	<b>16:54.99</b>	<b>4/12</b>
3	<b>72</b>	Emma AHRENS	SO	<b>#2</b> Concordia Wisco{2}	<b>17:31.55</b>	<b>4/12</b>
4	<b>79</b>	Melanie ARVIS	JR	<b>#2</b> Concordia Wisco{3}	<b>17:34.49</b>	<b>4/12</b>
5		N'Dya FIELDS	JR	<b>#3</b> Aurora {2}	<b>18:47.56</b>	<b>4/12</b>
6		Sophia HALAMA	JR	<b>#5</b> Illinois Tech	<b>19:15.75</b>	<b>4/12</b>
7		Emma JASUTIS	SO	<b>#3</b> Aurora {3}	<b>19:16.34</b>	<b>4/12</b>
8		Ella KWATERSKI	SO	<b>#4</b> MSOE	<b>19:36.97</b>	4/4
9		Holly BLEY	SO	<b>#4</b> MSOE {2}	<b>19:40.23</b>	4/4
10		Anna FITZGERALD	SO	<b>#1</b> St. Norbert	<b>19:45.72</b>	3/28

## Women's 10,000 Meters

1	<b>7</b>	Deyanneira COLON MALDONADO	SR	<b>#3</b> Aurora	<b>35:15.27</b>	3/28
2		Ella JERDEE	JR	<b>#1</b> St. Norbert	<b>41:57.02</b>	<b>4/12</b>
3		Holly BLEY	SO	<b>#4</b> MSOE	<b>42:12.89</b>	3/29
4		Ella KWATERSKI	SO	<b>#4</b> MSOE {2}	<b>42:21.83</b>	3/29
5		August PAUTSCH	SR	<b>#3</b> Aurora {2}	<b>42:43.22</b>	4/5
6		Abigail LANGE	SO	<b>#2</b> Concordia Wisco	<b>43:09.87</b>	<b>4/12</b>
7		Gianna CARROLL	FR	<b>#1</b> St. Norbert {2}	<b>44:15.65</b>	<b>4/12</b>
8		Natalie FLORES	SR	<b>#3</b> Aurora {3}	<b>44:38.42</b>	4/5
9		Natalie DRANE	SR	<b>#1</b> St. Norbert {3}	<b>45:38.44</b>	<b>4/12</b>
10		Isabella ENCINAS	SR	<b>#3</b> Aurora {4}	<b>45:55.09</b>	4/5

## Women's 4x100 Relay

1	<b>83</b>	Maya Hielscher, Jacey Read, Natiya Ballard, Sabrina Moore		<b>#2</b> Concordia Wisco	<b>49.49</b>	3/29
2	<b>90</b>	Ari Mack, Lauren Bliefernicht, Grace Beilfuss, Alayna Koehler		<b>#3</b> Aurora	<b>49.74</b>	<b>4/12</b>
3		Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope		<b>#1</b> St. Norbert	<b>50.11</b>	4/5
4		Jerzey Allen, Aniyah Isom, Eve Shelton, Daisia Wilson		<b>#6</b> Concordia Chicago	<b>51.82</b>	<b>4/12</b>
5		Kayla Kerkman, Jordan Lawson, Emma Miller, Stephanie Resendiz		<b>#7</b> Edgewood	<b>53.71</b>	<b>4/12</b>
6		Madelyn Vanderhoof, Amelia Kelley, Lucia Gallardo Martos, Riley Pink		<b>#8</b> Wisconsin Lutheran	<b>55.67</b>	<b>4/11</b>

## Women's 4x400 Relay

1	<b>95</b>	Zoe Turner, Isabelle Pullen, Rachel Brettin, Amelia Moseman		<b>#5</b> Illinois Tech	<b>4:10.30</b>	4/5
2		Madi Crossman, Madison Gramblicka, Nikki Tranel, Ally Zickert		<b>#1</b> St. Norbert	<b>4:13.50</b>	<b>4/12</b>
3		Mika Fields, Lauren Bliefernicht, Susana Martinez, August Pautsch		<b>#3</b> Aurora	<b>4:18.52</b>	<b>4/12</b>
4		Olivia Ebel, Melanie Arvis, Elizabeth Backus, Danielle Van Grinsven		<b>#2</b> Concordia Wisco	<b>4:21.13</b>	4/5
5		Tegan Oas, Breanna Walters, Addison McKee, Izzy Fairless		<b>#6</b> Concordia Chicago	<b>4:34.69</b>	<b>4/12</b>
6		Megan Ruffing, Alexis Dornier, Madeline Griffith, Kaitlyn Denapoli		<b>#4</b> MSOE	<b>4:41.85</b>	<b>4/12</b>
7		Madelyn Vanderhoof, Madelyn Beyer, Lauren Rastall, Mabel Beversdorf		<b>#8</b> Wisconsin Lutheran	<b>4:50.15</b>	<b>4/11</b>
8		Tia Garr, Mackenzie Cuddihy, Melissa Gomez, Lauren Mark		<b>#11</b> Dominican (Ill.)	<b>5:13.17</b>	<b>4/12</b>

## Women's High Jump

1	<b>1</b>	Olivia JAMESON	JR	<b>#5</b> Illinois Tech	<b>1.73m</b>	5-8	4/5
2	<b>71</b>	Jacey READ	FR	<b>#2</b> Concordia Wisco	<b>1.58m</b>	5-2¼	<b>4/12</b>
3		Emma EILERTSON	SO	<b>#2</b> Concordia Wisco{2}	<b>1.55m</b>	5-1	3/22
4		Keyara BAILEY	JR	<b>#3</b> Aurora	<b>1.53m</b>	5-¼	<b>4/12</b>
4		Alayna KOEHLER	SR	<b>#3</b> Aurora	<b>1.53m</b>	5-¼	4/5
4		Rachel ROMENS	SR	<b>#8</b> Wisconsin Lutheran	<b>1.53m</b>	5-¼	4/5
7		Noor SAMMOUR	JR	<b>#6</b> Concordia Chicago	<b>1.49m</b>	4-10½	3/29
8		Amereka MCPHERSON	JR	<b>#1</b> St. Norbert	<b>1.48m</b>	4-10¼	<b>4/12</b>
8		Eden MARANELL	SO	<b>#1</b> St. Norbert	<b>1.48m</b>	4-10¼	<b>4/12</b>
8		Grace BEILFUSS	SO	<b>#3</b> Aurora {3}	<b>1.48m</b>	4-10¼	4/5
8		Larissa HUFFMAN	SO	<b>#1</b> St. Norbert	<b>1.48m</b>	4-10¼	4/5

## Women's Pole Vault

1		Caitlyn WEITZEL	SO	<b>#2</b> Concordia Wisco	<b>3.21m</b>	10-6¼	3/29
1		Isabella GALINDO	JR	<b>#1</b> St. Norbert	<b>3.21m</b>	10-6¼	3/28
3		Jaden PROPSON	SO	<b>#1</b> St. Norbert {2}	<b>3.15m</b>	10-4	4/5
4		Kaitlyn KOTULA	JR	<b>#2</b> Concordia Wisco{2}	<b>3.06m</b>	10-½	<b>4/12</b>
4		Lara DESHLER	JR	<b>#1</b> St. Norbert {3}	<b>3.06m</b>	10-½	3/28
6		Adelle POLZIN	FR	<b>#1</b> St. Norbert {4}	<b>2.91m</b>	9-6½	<b>4/12</b>
7		Amelia KELLEY	FR	<b>#8</b> Wisconsin Lutheran	<b>2.70m</b>	8-10¼	4/5
8		Emma NICKERSON	SO	<b>#6</b> Concordia Chicago	<b>2.61m</b>	8-6¾	3/29





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NACC

as of 4/15/2025 8:32:37 AM ET

## Women's Long Jump

1	Marissa LORENZ	SR	#1 St. Norbert	5.28mw	17-4 (3.9)	3/28
1	Aniyah ISOM	SR	#6 Concordia Chica	5.28m	17-4 (0.0)	4/12
1	Nicole MAKOPÉ	SR	#1 St. Norbert	5.28m	17-4 (0.1)	4/5
4	Cassandra VAUGHN	FR	#1 St. Norbert	{3} 5.21m	17-1¼ (0.4)	3/28
5	Maya HIELSCHER	SR	#2 Concordia Wisco	5.18m	17-0 (1.3)	3/29
6	Eden MARANELL	SO	#1 St. Norbert	{4} 5.07mw	16-7¾ (2.5)	4/5
7	Natiya BALLARD	FR	#2 Concordia Wisco	{2} 5.04m	16-6½ (0.5)	3/29
8	Rachel ROMENS	SR	#8 Wisconsin Luthe	5.03m	16-6 (0.0)	4/5
9	Amereka MCPHERSON	JR	#1 St. Norbert	{5} 5.01mw	16-5¼ (2.3)	3/28
10	Alli CLARK	SO	#1 St. Norbert	{6} 4.99mw	16-4½ (2.3)	3/28

## Women's Triple Jump

1	38 Amiyah JACKSON	FR	#2 Concordia Wisco	11.35m	37-3 (1.0)	3/28
2	50 Marissa LORENZ	SR	#1 St. Norbert	11.20m	36-9	4/12
3	71 Amereka MCPHERSON	JR	#1 St. Norbert	{2} 11.00m	36-1¼	4/12
4	Alli CLARK	SO	#1 St. Norbert	{3} 10.76m	35-3¾ (1.3)	3/28
5	Kailey NICHOLAS	FR	#5 Illinois Tech	10.74m	35-3 (-0.1)	4/12
6	Faustyna KARPESIUŁ	SR	#3 Aurora	10.53m	34-6¾ (0.2)	4/12
7	Kaitlyn KOTULA	JR	#2 Concordia Wisco	{2} 10.39m	34-1¼ (1.0)	3/29
8	Noor SAMMOUR	JR	#6 Concordia Chica	9.98m	32-9 (0.0)	4/12
9	Evelyn HORVAT	FR	#4 MSOE	9.79mw	32-1½ (3.3)	4/12
10	Natiya BALLARD	FR	#2 Concordia Wisco	{3} 9.75m	32-0 (0.2)	3/22

## Women's Shot Put

1	29 Taylor THIRY	JR	#1 St. Norbert	12.89m	42-3½	4/5
2	56 Katrina WAWRZYN	SR	#4 MSOE	12.51m	41-½	3/29
3	71 Josephine JACKLIN	JR	#4 MSOE	{2} 12.27m	40-3¼	4/4
4	Kylee DOHERTY	JR	#7 Edgewood	12.00m	39-4½	4/12
5	Jordan MONROE	SO	#4 MSOE	{3} 11.89m	39-¼	3/29
6	Peyton PANKA	SR	#9 Benedictine (Ill.)	11.84m	38-10¼	3/29
7	Jessa ALDERMAN	JR	#4 MSOE	{4} 11.60m	38-¾	4/4
8	Kayla MIOTK	SO	#7 Edgewood	{2} 10.88m	35-8½	4/12
9	Leah SCHMIDT	JR	#8 Wisconsin Luthe	10.84m	35-6¾	4/11
10	Morgan BOZE	SR	#4 MSOE	{5} 10.65m	34-11¼	4/4

## Women's Discus

1	62 Josephine JACKLIN	JR	#4 MSOE	40.19m	131-10	4/4
2	78 Kylee DOHERTY	JR	#7 Edgewood	39.54m	129-9	4/12
3	Jessa ALDERMAN	JR	#4 MSOE	{2} 38.56m	126-6	4/4
4	Ava LARSON	SR	#4 MSOE	{3} 38.46m	126-2	4/4
5	Kailey RAMAKER	JR	#2 Concordia Wisco	36.93m	121-2	3/29
6	Jolie FOREMAN	JR	#1 St. Norbert	36.49m	119-9	4/5
7	Leah SCHMIDT	JR	#8 Wisconsin Luthe	35.25m	115-8	4/5
8	Sofia MUELLER	FR	#8 Wisconsin Luthe	{2} 34.85m	114-4	4/5
9	Keilley RIDDLE	SO	#7 Edgewood	{2} 34.84m	114-4	4/5
10	Avery BROWN	SO	#11 Dominican (Ill.)	34.44m	113-0	3/29

## Women's Hammer

1	65 Kylie CRUM	JR	#4 MSOE	47.26m	155-1	3/29
2	78 Gloria TYLER	SR	#1 St. Norbert	46.21m	151-7	4/12
3	Josephine JACKLIN	JR	#4 MSOE	{2} 44.94m	147-5	3/29
4	Jessa ALDERMAN	JR	#4 MSOE	{3} 44.73m	146-9	3/29
5	Leah SCHMIDT	JR	#8 Wisconsin Luthe	43.02m	141-2	4/11
6	Katrina WAWRZYN	SR	#4 MSOE	{4} 42.60m	139-9	4/12
7	Ava LARSON	SR	#4 MSOE	{5} 42.46m	139-4	3/29
8	Jordan MONROE	SO	#4 MSOE	{6} 42.24m	138-7	3/29
9	Marisa JANECEK	JR	#3 Aurora	40.73m	133-8	3/28
10	Peyton PANKA	SR	#9 Benedictine (Ill.)	39.30m	128-11	4/12

## Women's Javelin

1	7 Kylee DOHERTY	JR	#7 Edgewood	41.79m	137-1	4/12
2	24 Peyton PANKA	SR	#9 Benedictine (Ill.)	39.34m	129-1	4/12
3	97 Maya HIELSCHER	SR	#2 Concordia Wisco	35.34m	116-0	3/22
4	Daphne ARAVENA	FR	#1 St. Norbert	35.22m	115-7	4/12
5	Jamie MAAS	JR	#2 Concordia Wisco	{2} 34.91m	114-7	4/12
6	Ellison LILYQUIST	SO	#1 St. Norbert	{2} 33.53m	110-0	4/12
7	Ashlyn NAKASHIMA	SR	#3 Aurora	32.98m	108-3	4/12
8	Paige SCHREIBER	SO	#2 Concordia Wisco	{3} 29.73m	97-6½	4/12
9	Lauren BORCHARDT	SR	#1 St. Norbert	{3} 29.47m	96-8¼	4/5
10	Jenna FABIAN	JR	#4 MSOE	28.93m	94-11	4/4

## Women's Heptathlon

1	16 Eden MARANELL	SO	#1 St. Norbert	4,248	4/12
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## Conference TFRI Event Summary



NCAC

as of 4/15/2025 8:32:37 AM ET

## Women's 100 Meters

1	32	Katherine DORTMUND	FR	#3 Ohio Wesleyan	12.13	(1.5)	4/12
2	70	Anaya JOLIVETTE	SR	#4 Denison	12.31	(1.5)	4/12
3		Shelby STALL	SO	#1 DePauw	12.44	(1.9)	3/22
3		Aelyn BAUMBARGER	FR	#3 Ohio Wesleyan	{2}12.44	(1.4)	3/30
5		Isabelle HENDERSON	FR	#2 Wittenberg	12.45	(1.4)	3/30
6		Lindsey MAGOTEAUX	SR	#2 Wittenberg	{2}12.57	(1.7)	4/12
7		Meghan FRAZIER	SR	#2 Wittenberg	{3}12.61	(0.1)	4/5
7		Kennedy ELFERS	FR	#3 Ohio Wesleyan	{3}12.61	(1.5)	4/12
9		Adeline MILLER	FR	#1 DePauw	{2}12.64w	(3.2)	3/29
10		Zora SHAKHAN	SR	#2 Wittenberg	{4}12.66	(1.4)	3/30

## Women's 100 Meter Hurdles

1	7	Katherine DORTMUND	FR	#3 Ohio Wesleyan	14.19w	(2.5)	4/12
2	17	Liberty SCOTT	SO	#1 DePauw	14.38	(2.0)	3/22
3	22	Daysia HARGRAVE	SR	#6 Wooster	14.46w	(2.5)	4/12
4	74	Mira RENALDI	FR	#4 Denison	15.20w	(2.5)	4/12
5	82	Katie MOORE	SR	#1 DePauw	{2}15.26	(0.1)	4/12
6	83	Isabelle HENDERSON	FR	#2 Wittenberg	15.27	(-0.1)	4/12
7		Katie MCKINLEY	SR	#1 DePauw	{3}15.71	(0.1)	4/12
7		Cayla EATON	FR	#2 Wittenberg	{2}15.71	(1.2)	4/13
9		Reese NEUMEYER	SR	#2 Wittenberg	{3}15.82w	(2.7)	3/22
10		Coral PIERSON	JR	#3 Ohio Wesleyan	{2}16.13	(1.9)	4/12

## Women's 200 Meters

1	68	Anaya JOLIVETTE	SR	#4 Denison	25.12	(1.6)	4/5
2	74	Shelby STALL	SO	#1 DePauw	25.17	(1.7)	4/12
3		Aelyn BAUMBARGER	FR	#3 Ohio Wesleyan	25.50	(0.8)	4/12
3		Katherine DORTMUND	FR	#3 Ohio Wesleyan	25.50	(0.8)	4/12
5		Meghan FRAZIER	SR	#2 Wittenberg	25.56	(1.3)	3/30
6		Kennedy ELFERS	FR	#3 Ohio Wesleyan	{3}25.90	(0.8)	4/12
7		Lindsey MAGOTEAUX	SR	#2 Wittenberg	{2}25.95	(0.2)	4/12
8		Amelia MITCHELL	SR	#6 Wooster	26.11	(1.6)	4/12
9		Ryley STEGGALL	JR	#7 Oberlin	26.21	(1.6)	4/12
10		Yehdeiah DENNIS	FR	#3 Ohio Wesleyan	{4}26.25	(1.7)	3/30

## Women's 400 Meters

1	20	Meghan FRAZIER	SR	#2 Wittenberg	56.44		4/12
2	27	Shelby STALL	SO	#1 DePauw	56.66		3/29
3		Abigail DANNE	JR	#2 Wittenberg	{2}58.87		4/12
4		Ari SOBEL	FR	#5 Kenyon	59.55		3/22
5		Piper LEE	SO	#4 Denison	1:00.70		4/5
6		Alisah WARD	FR	#8 Hiram	1:01.26		4/5
7		Libby HORNICK	SO	#4 Denison	{2}1:01.34		4/5
8		Tymeerah DE'ARMOND	JR	#2 Wittenberg	{3}1:01.80		4/5
9		Yehdeiah DENNIS	FR	#3 Ohio Wesleyan	1:02.06		3/30
10		Lexie GREER	FR	#2 Wittenberg	{4}1:02.17		3/22

## Women's 400 Meter Hurdles

1	7	Liberty SCOTT	SO	#1 DePauw	1:02.01		4/12
2	15	Katie MOORE	SR	#1 DePauw	{2}1:03.07		3/22
3	17	Emily BRENNAN	JR	#4 Denison	1:03.08		4/12
4	54	Daysia HARGRAVE	SR	#6 Wooster	1:05.37		4/12
5	65	Isabelle HENDERSON	FR	#2 Wittenberg	1:05.81		3/22
6	86	Aliisa JAMES	SR	#3 Ohio Wesleyan	1:06.46		4/12
7		Reese NEUMEYER	SR	#2 Wittenberg	{2}1:07.27		3/22
8		Katie MCKINLEY	SR	#1 DePauw	{3}1:07.85		4/12
9		Ava SINEX	SO	#4 Denison	{2}1:08.02		4/12
10		Addi TOBER	FR	#5 Kenyon	1:11.06		4/12

## Women's 800 Meters

1	72	Anna BROWN	JR	#5 Kenyon	2:16.89		4/12
2		Sage SERRAINO	SR	#7 Oberlin	2:18.06		4/5
3		Camila CIEMBRONIEWICZ	SR	#7 Oberlin	{2}2:18.35		4/12
4		McKenna DOWNING	JR	#3 Ohio Wesleyan	2:18.56		4/12
5		Ignacia MENDEZ	SR	#6 Wooster	2:20.71		4/12
6		Emma JACOBS	SR	#1 DePauw	2:22.65		4/12
7		Abigail DANNE	JR	#2 Wittenberg	2:22.66		3/30
8		Emma GASIOREK	FR	#1 DePauw	{2}2:23.20		3/29
9		Mary COX	FR	#1 DePauw	{3}2:23.59		4/12
10		Brianna MONTGOMERY	SO	#3 Ohio Wesleyan	{2}2:24.55		3/28

## Women's 1500 Meters

1		Anna BROWN	JR	#5 Kenyon	4:44.83		4/5
2		Sage SERRAINO	SR	#7 Oberlin	4:45.28		4/12
3		Sophie PORTER	SR	#1 DePauw	4:45.77		4/12
4		Allison DIETZ	SO	#3 Ohio Wesleyan	4:49.79		4/12
5		Morgan THARP	JR	#1 DePauw	{2}4:51.38		3/22
6		McKenna DOWNING	JR	#3 Ohio Wesleyan	{2}4:51.61		4/5
7		Fiona MARTINELLI	SO	#4 Denison	4:52.81		4/5
8		Ella CHOMIC	FR	#3 Ohio Wesleyan	{3}4:54.43		4/12
9		Megan KEYS	SR	#2 Wittenberg	4:56.08		4/5
10		Ashley BEATTY	JR	#3 Ohio Wesleyan	{4}4:58.33		4/12

## Women's Steeplechase

1	25	Kendall MANN	SR	#1 DePauw	11:10.56		4/12
2	52	Lily MONNETT	SR	#1 DePauw	{2}11:22.93		4/12
3		Charlotte PURCELL	SO	#7 Oberlin	11:47.18		4/12
4		Morgan THARP	JR	#1 DePauw	{3}11:48.14		4/12
5		Alexis VERDELL	SO	#4 Denison	11:53.69		4/12
6		Mackenzie KELLEY	JR	#2 Wittenberg	11:58.56		4/5
7		Elsa HOAM	SO	#3 Ohio Wesleyan	12:02.70		4/12
8		Chloe KRUEGER	SO	#1 DePauw	{4}12:20.66		4/12
9		Lucie PRIOR	FR	#5 Kenyon	12:21.17		4/5
10		Caleigh LYONS	SR	#7 Oberlin	{2}12:25.77		3/29



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	Grace FLORES	SO	#1 DePauw	17:40.97	4/12
2	Allison DIETZ	SO	#3 Ohio Wesleyan	17:53.21	3/28
3	Maddi CLARK	SO	#2 Wittenberg	17:57.76	4/13
4	Grace THOMAS	SO	#1 DePauw	{2} 18:10.02	4/12
5	Megan KEYS	SR	#2 Wittenberg	{2} 18:10.22	4/13
6	Amzie MAIENBROOK	JR	#1 DePauw	{3} 18:13.86	4/12
7	Lily MONNETT	SR	#1 DePauw	{4} 18:14.44	3/28
8	McKenna DOWNING	JR	#3 Ohio Wesleyan	{2} 18:15.57	3/28
9	Olivia IDE	SO	#5 Kenyon	18:15.93	3/30
10	Zoe WARD	SO	#3 Ohio Wesleyan	{3} 18:18.79	3/28

## Women's 10,000 Meters

1	12 Sophie PORTER	SR	#1 DePauw	35:31.67	3/28
2	35 Grace FLORES	SO	#1 DePauw	{2} 37:00.44	3/28
3	51 Megan KEYS	SR	#2 Wittenberg	37:51.00	3/28
4	53 Brynn URBAN	SR	#1 DePauw	{3} 37:55.24	3/28
5	55 Olivia IDE	SO	#5 Kenyon	38:00.14	4/12
6	71 Emma HAWK	JR	#2 Wittenberg	{2} 38:34.19	3/28
7	81 Maddi CLARK	SO	#2 Wittenberg	{3} 38:43.56	3/28
8	86 Grace THOMAS	SO	#1 DePauw	{4} 39:00.69	3/28
9	97 Elise GREENWALD	SR	#6 Wooster	39:19.79	3/29
10	Amzie MAIENBROOK	JR	#1 DePauw	{5} 39:26.54	3/28

## Women's 4x100 Relay

1	20 Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson	#2 Wittenberg	47.62	4/12
2	22 Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger	#3 Ohio Wesleyan	47.67	3/30
3	53 Adeline Miller, Shelby Stall, Elizabeth Raborn, Liberty Scott	#1 DePauw	48.68	4/12
4	85 Piper Lee, Anaya Jolivet, Ava Sinex, Emily Brennan	#4 Denison	49.60	4/5
5	Rylee Steggall, Yrva Desormeaux, Heather Benway, Anna Fritz	#7 Oberlin	50.29	3/29
6	Claire Davis, Isabella Cozzie, Emeili Tarpy, Daysia Hargrave	#6 Wooster	50.98	4/5
7	Noa Helmbrecht, Olivia Gumz, Alina Secrest, Ari Sobel	#5 Kenyon	51.68	4/12

## Women's 4x400 Relay

1	28 Abigail Danne, Isabelle Henderson, Meghan Frazier, Tymeerah De'Armond	#2 Wittenberg	3:57.97	4/12
2	46 Emily Loera, Emma Gray, Liberty Scott, Shelby Stall	#1 DePauw	4:03.31	4/12
3	56 Isabella Cozzie, Ignacia Mendez, Daysia Hargrave, Amelia Mitchell	#6 Wooster	4:04.33	4/5
4	71 Aliisa James, Kennedy Elfers, Yehdeiah Dennis, Brianna Montgomery	#3 Ohio Wesleyan	4:06.38	4/12
5	73 Libby Hornick, Piper Lee, Ava Sinex, Emily Brennan	#4 Denison	4:06.69	4/5
6	Ari Sobel, Addi Tober, Jean Cook, Anna Brown	#5 Kenyon	4:12.75	4/5
7	Sage Serraino, Camila Ciembroniewicz, Clara Smith, Celia Vaughn	#7 Oberlin	4:23.37	4/5
8	Alisah Ward, Frances Popik, Makyndree Smith, McKenzie Riley	#8 Hiram	4:24.61	4/5

## Women's High Jump

1	38 Julissa WILLIAMS	SR	#2 Wittenberg	1.60m	5-3	4/5
2	71 Taylor WEISS	SR	#2 Wittenberg	{2} 1.58m	5-2¼	4/12
3	84 Karalyn RUTKOWSKI	JR	#8 Hiram	1.57m	5-1¾	4/5
4	Amarah MCPHAUL	SO	#3 Ohio Wesleyan	1.52m	4-11¾	3/30
4	Isabelle HENDERSON	FR	#2 Wittenberg	{3} 1.52m	4-11¾	3/30
4	Amelia MITCHELL	SR	#6 Wooster	1.52m	4-11¾	3/29
7	Maddie DOERMAN	FR	#2 Wittenberg	{4} 1.45m	4-9	3/22
7	Julia SCHENA	FR	#4 Denison	1.45m	4-9	4/5
7	Lainee VALENTINE	SR	#2 Wittenberg	{4} 1.45m	4-9	4/5
10	Rose BOHLSSEN	SO	#4 Denison	{2} 1.43m	4-8¼	4/12
10	Emery KURTH	FR	#4 Denison	{2} 1.43m	4-8¼	4/12
10	Abby HARTMAN	SR	#1 DePauw	1.43m	4-8¼	4/12

## Women's Pole Vault

1	38 Story LAING	SO	#2 Wittenberg	3.52m	11-6½	4/5
2	89 Cate GAGNIER	SR	#4 Denison	3.33m	10-11	3/30
3	Addie BECK	SO	#3 Ohio Wesleyan	3.20m	10-6	4/5
4	Lexie GREER	FR	#2 Wittenberg	{2} 3.18m	10-5¼	3/30
4	Claire COLEMAN	JR	#3 Ohio Wesleyan	{2} 3.18m	10-5¼	3/30
6	Gabby PAVEY	FR	#1 DePauw	3.05m	10-0	3/29
7	Jackie RYCHLIK	SO	#3 Ohio Wesleyan	{3} 3.03m	9-11¼	3/30
8	Sarah HIESTAND	JR	#6 Wooster	3.00m	9-10	4/12
9	Ava SARTINI	FR	#3 Ohio Wesleyan	{4} 2.88m	9-5¼	3/30
10	Evangelina SPARKS	FR	#4 Denison	{2} 2.85m	9-4¼	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NCAC

as of 4/15/2025 8:32:37 AM ET

## Women's Long Jump

1	25	Isabelle HENDERSON	FR	#2 Wittenberg	5.62m	18-5¼ (1.2)	3/21
2	55	Paula SORIC	SR	#5 Kenyon	5.44m	17-10¼ (0.4)	4/12
3	73	Niyah SHIPMAN	FR	#3 Ohio Wesleyan	5.36m	17-7 (1.0)	4/5
4	94	Tessa KOCHERT	JR	#1 DePauw	5.31m	17-5¼ (0.0)	4/12
5		Heather BENWAY	SR	#7 Oberlin	5.21m	17-1¼ (1.1)	4/12
6		Katie MOORE	SR	#1 DePauw	{2} 5.17m	16-11½ (0.8)	4/12
7		Cayla EATON	FR	#2 Wittenberg	{2} 5.09m	16-8½ (1.7)	4/13
8		Lainee VALENTINE	SR	#2 Wittenberg	{3} 5.06m	16-7¼ (1.1)	3/30
9		Anaya JOLIVETTE	SR	#4 Denison	5.01m	16-5¼ (0.8)	3/30
10		Emery KURTH	FR	#4 Denison	{2} 5.00m	16-5 (1.8)	3/30

## Women's Triple Jump

1	11	Paula SORIC	SR	#5 Kenyon	11.82m	38-9½ (1.5)	4/11
2	30	Tessa KOCHERT	JR	#1 DePauw	11.46m	37-7¼ (-1.6)	4/12
3		Julissa WILLIAMS	SR	#2 Wittenberg	10.73m	35-2½ (0.0)	3/30
4		Taylor WEISS	SR	#2 Wittenberg	{2} 10.57m	34-8¼ (0.0)	4/5
5		Julia SCHENA	FR	#4 Denison	10.52m	34-6¼ (0.7)	4/5
6		Emery KURTH	FR	#4 Denison	{2} 10.44mw	34-3 (3.3)	4/5
7		Reese NEUMEYER	SR	#2 Wittenberg	{3} 10.27m	33-8½ (1.4)	3/30
8		Anna FRITZ	JR	#7 Oberlin	10.25m	33-7½ (0.0)	4/12
9		Jada COLVIN	FR	#3 Ohio Wesleyan	9.92m	32-6½ (-0.1)	4/5
10		Claire DAVIS	SO	#6 Wooster	9.54m	31-3¼ (0.0)	4/12

## Women's Shot Put

1	32	Sydney FLORES	JR	#4 Denison	12.88m	42-3¼	3/30
2		Evie SANFORD	JR	#6 Wooster	11.90m	39-½	4/5
3		Samantha VOLPE	SO	#8 Hiram	11.67m	38-3½	3/22
4		Bree MAHONEY-SUTHERLAND	SR	#1 DePauw	11.63m	38-2	4/12
5		Penelope ARTEMIS	FR	#5 Kenyon	11.11m	36-5½	3/30
6		Rylie PETROFF	SO	#8 Hiram	{2} 10.62m	34-10¼	4/13
7		Ziciah GIBSON	JR	#2 Wittenberg	10.61m	34-9¾	4/13
8		Alexis EUSEY	SO	#3 Ohio Wesleyan	10.46m	34-4	4/5
9		Jera HOY	FR	#3 Ohio Wesleyan	{2} 10.19m	33-5¼	4/12
10		Chloe COOPER	SO	#8 Hiram	{3} 10.11m	33-2	3/29

## Women's Discus

1	46	Emily DAVIS	JR	#3 Ohio Wesleyan	41.47m	136-1	3/30
2	68	Samantha VOLPE	SO	#8 Hiram	39.78m	130-6	4/13
3	100	Jera HOY	FR	#3 Ohio Wesleyan	{2} 38.57m	126-7	3/30
4		Sydney FLORES	JR	#4 Denison	38.49m	126-4	3/30
5		Evie SANFORD	JR	#6 Wooster	36.88m	121-0	4/12
6		Maddie HOMO	FR	#1 DePauw	35.37m	116-1	3/29
7		Leanna PLANK	SO	#6 Wooster	{2} 33.18m	108-10	4/12
8		Mariel DROST	SO	#4 Denison	{2} 32.41m	106-4	4/12
9		Emma HALL	JR	#3 Ohio Wesleyan	{3} 32.38m	106-3	3/23
10		Macy DEHART	JR	#2 Wittenberg	32.26m	105-10	4/5

## Women's Hammer

1		Lucy STOKES	JR	#1 DePauw	44.60m	146-4	4/12
2		Emma HALL	JR	#3 Ohio Wesleyan	43.02m	141-2	4/5
3		Emily DAVIS	JR	#3 Ohio Wesleyan	{2} 42.75m	140-3	4/5
4		Penelope ARTEMIS	FR	#5 Kenyon	42.20m	138-6	4/5
5		Mariel DROST	SO	#4 Denison	40.32m	132-4	4/12
6		Maddie HOMO	FR	#1 DePauw	{2} 38.87m	127-7	4/12
7		Evie SANFORD	JR	#6 Wooster	38.53m	126-5	4/12
8		Macy DEHART	JR	#2 Wittenberg	34.23m	112-4	3/30
9		Leanna PLANK	SO	#6 Wooster	{2} 33.96m	111-5	4/12
10		Chloe COOPER	SO	#8 Hiram	33.17m	108-10	4/13

## Women's Javelin

1	77	Hazel JOLLIFF	JR	#3 Ohio Wesleyan	36.10m	118-5	3/30
2		Molly STEVENER	SO	#1 DePauw	34.50m	113-2	4/12
3		Phoebe DRESCHER	SO	#3 Ohio Wesleyan	{2} 34.29m	112-6	3/23
4		Ziciah GIBSON	JR	#2 Wittenberg	33.36m	109-6	3/30
5		Alexis EUSEY	SO	#3 Ohio Wesleyan	{3} 33.22m	109-0	3/23
6		Addison DISMAN	SO	#8 Hiram	30.98m	101-8	4/5
7		Katie MOORE	SR	#1 DePauw	{2} 30.37m	99-7¼	3/29
8		Celia VAUGHN	JR	#7 Oberlin	30.22m	99-1¼	4/12
9		Lucy STOKES	JR	#1 DePauw	{3} 29.12m	95-6½	3/22
10		Ali MURRAY	SO	#5 Kenyon	28.97m	95-½	3/30



## Conference TFRI Event Summary



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## Women's 100 Meters

1	3	Rachel ARTHUR	SR	#1 Williams	11.78w	(2.8)	3/22
2	10	Simone WAHEED	SO	#6 Colby	11.87	(1.6)	3/28
3	40	Jillian STRYNAR	FR	#10 Trinity (Conn.)	12.16	(0.9)	4/5
4	70	Simi LAWAL	SO	#2 Tufts	12.31	(1.8)	3/22
5		Ellie JOLLY	FR	#4 Amherst	12.40	(2.0)	4/12
6		Malia KLEIN	SR	#1 Williams	{2}12.41w	(2.7)	3/22
6		Blessing KIEH	FR	#8 Connecticut Coll	12.41w	(2.3)	4/5
8		Bella KING-HARVEY	SO	#1 Williams	{3}12.42	(1.1)	3/22
9		Ella SUKUP	JR	#1 Williams	{4}12.45w	(2.1)	3/28
10		Heloise HUGHES	SO	#4 Amherst	{2}12.47	(0.2)	4/5
10		Katie BRUNO	JR	#3 Middlebury	12.47w	(2.1)	3/15

## Women's 100 Meter Hurdles

1	26	Eliza CARDWELL	SR	#4 Amherst	14.64	(1.3)	4/12
2	44	Myeh MEDINA	JR	#4 Amherst	{2}14.91	(2.0)	4/12
3	54	Arissa GRACE MCGOWAN	JR	#4 Amherst	{3}15.02	(2.0)	4/12
4	83	Moriah SCHARN	JR	#7 Bates	15.27	(0.9)	4/5
5	88	Ziann FACEY	JR	#1 Williams	15.29	(0.7)	3/28
6	100	Catherine UWAKWE	JR	#5 Bowdoin	15.36	(1.7)	3/23
7		Olivia LABELLE	FR	#1 Williams	{2}15.44	(1.9)	3/28
8		Emma MILLS	SO	#3 Middlebury	15.49	(0.9)	3/15
9		Lauren ZIPOLI	FR	#2 Tufts	15.84w	(2.3)	4/12
10		Juno ROGERS	FR	#7 Bates	{2}15.87	(1.7)	3/23

## Women's 200 Meters

1	20	Rachel ARTHUR	SR	#1 Williams	24.65	(-0.4)	3/28
2	29	Simone WAHEED	SO	#6 Colby	24.81	(-0.4)	3/28
3	51	Fiona MEJICO	SR	#6 Colby	{2}24.95	(-0.4)	3/28
4	55	Bella KING-HARVEY	SO	#1 Williams	{2}25.01	(-0.8)	3/22
5	61	Heloise HUGHES	SO	#4 Amherst	25.05w	(2.2)	4/12
6		Malia KLEIN	SR	#1 Williams	{3}25.36	(-1.2)	3/28
7		Cate DONALDSON	SO	#1 Williams	{4}25.37	(-0.2)	3/22
8		Jillian STRYNAR	FR	#10 Trinity (Conn.)	25.40	(0.5)	4/5
9		Simi LAWAL	SO	#2 Tufts	25.45	(1.8)	3/22
10		Blessing KIEH	FR	#8 Connecticut Coll	25.47	(1.5)	4/12

## Women's 400 Meters

1	3	Bella KING-HARVEY	SO	#1 Williams	55.31		3/28
2	41	Makayla MORIARTY	FR	#2 Tufts	57.47		4/12
3	42	Olivia DOHERTY	JR	#6 Colby	57.48		3/22
4	51	Annika PALUSKA	FR	#1 Williams	{2}57.73		3/22
5	52	Cate DONALDSON	SO	#1 Williams	{3}57.74		3/22
6	54	Casie EIFRIG	SR	#4 Amherst	57.82		4/5
7	64	Piper LENTZ	JR	#4 Amherst	{2}58.09		4/12
8	71	Kaitlyn EWALD	SO	#6 Colby	{2}58.23		3/22
9	75	Arielle CHECHILE	FR	#2 Tufts	{2}58.33		3/22
10	80	Claire JENSEN	SO	#1 Williams	{4}58.45		3/22

## Women's 400 Meter Hurdles

1	2	Fiona MEJICO	SR	#6 Colby	59.79		3/22
2	20	Emma SMITH	SR	#2 Tufts	1:03.35		3/22
3	23	Arielle CHECHILE	FR	#2 Tufts	{2}1:03.57		4/12
4	31	Myeh MEDINA	JR	#4 Amherst	1:04.18		4/12
5	57	Michelle BARNES	SO	#6 Colby	{2}1:05.43		3/28
6	68	Anne-Sophie JANSSEN	JR	#2 Tufts	{3}1:05.91		3/22
7	72	Anna MAZUR	SO	#3 Middlebury	1:05.97		3/22
8	96	Olivia WARUCH	FR	#9 Hamilton	1:06.76		4/12
9		Lia NAVON	FR	#1 Williams	1:07.57		3/28
10		Dara SALKA	FR	#7 Bates	1:07.63		4/12

## Women's 800 Meters

1	8	Alexa ESTES	JR	#8 Connecticut Coll	2:10.71		4/12
2	13	Annika PALUSKA	FR	#1 Williams	2:11.49		3/28
3	16	Piper LENTZ	JR	#4 Amherst	2:12.40		4/5
4	29	Grace MCDONOUGH	JR	#8 Connecticut Coll	{2}2:13.77		4/12
5	43	Zoe MARCUS	SO	#4 Amherst	{2}2:14.95		4/5
6	51	Sylvan WOLD	SR	#4 Amherst	{3}2:15.80		4/12
7	60	Lily BULCZYNSKI	JR	#3 Middlebury	2:16.38		4/12
8	71	Astrid MCGUIRE	FR	#5 Bowdoin	2:16.88		4/11
9	84	Julia SCHOR	SR	#4 Amherst	{4}2:17.53		4/12
10	87	Caroline VANSCHAICK	SO	#3 Middlebury	{2}2:17.60		3/22

## Women's 1500 Meters

1	3	Grace MCDONOUGH	JR	#8 Connecticut Coll	4:27.16		4/12
2	10	Lily YAMPOLSKY	FR	#1 Williams	4:31.15		3/28
3	22	Keira ROGAN	FR	#9 Hamilton	4:33.73		3/29
4	41	Bea PARR	SR	#3 Middlebury	4:37.03		3/22
5	46	Sylvan WOLD	SR	#4 Amherst	4:37.39		4/5
6	55	Flora BIRO	FR	#4 Amherst	{2}4:39.49		3/29
7	87	Nora JOHNSON	SR	#1 Williams	{2}4:42.41		4/12
8	89	Jordan LISS-RIORDAN	SO	#1 Williams	{3}4:42.44		4/12
9		Emily POGOZELSKI	JR	#9 Hamilton	{2}4:44.57		3/29
10		Jordan WALTER	SR	#11 Wesleyan (Conn.)	4:44.72		4/12

## Women's Steeplechase

1	2	Keira ROGAN	FR	#9 Hamilton	10:27.88		4/5
2	3	Audrey MACLEAN	SO	#3 Middlebury	10:28.51		3/22
3	19	Charlene PENG	SO	#1 Williams	11:02.40		3/28
4	36	Alexandra SIMON	SO	#11 Wesleyan (Conn.)	11:15.75		4/5
5	46	Sylvie NAJARIAN	SR	#9 Hamilton	{2}11:19.68		4/5
6	50	Kiera TALLAS	SO	#8 Connecticut Coll	11:20.94		4/12
7	64	Lexi DEAN	JR	#2 Tufts	11:27.30		4/5
8	75	Shea FAJEN	FR	#3 Middlebury	{2}11:32.27		3/22
9	86	Sophie CARPENTER	SO	#2 Tufts	{2}11:37.19		4/5
10	93	Stephanie RENOUF	SO	#3 Middlebury	{3}11:39.53		4/12



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>1</b>	Grace MCDONOUGH	JR	#8 Connecticut Coll	16:29.06	4/5
2	<b>30</b>	Audrey MACLEAN	SO	#3 Middlebury	17:08.82	4/12
3	<b>36</b>	Flora BIRO	FR	#4 Amherst	17:16.39	4/5
4	<b>41</b>	Bea PARR	SR	#3 Middlebury	{2} 17:19.36	4/12
5	<b>46</b>	Morgan EIGEL	SO	#1 Williams	17:21.46	3/28
6	<b>48</b>	Tamar BYL-BRANN	SO	#1 Williams	{2} 17:22.34	3/28
7	<b>51</b>	Charlene PENG	SO	#1 Williams	{3} 17:23.28	4/12
8	<b>53</b>	Jordan LISS-RIORDAN	SO	#1 Williams	{4} 17:24.96	4/12
9	<b>71</b>	Isabelle DEMERITT	SR	#7 Bates	17:30.74	4/11
10	<b>78</b>	Abby WILLIAMS	SO	#8 Connecticut Coll	{2} 17:33.68	3/29

## Women's 10,000 Meters

1	<b>20</b>	Elizabeth DONAHUE	JR	#2 Tufts	36:05.44	4/14
2	<b>28</b>	Alsacia TIMMERMAN	JR	#8 Connecticut Coll	36:50.62	4/12
3	<b>46</b>	Claire CALLON	SR	#4 Amherst	37:35.79	3/29
4		Daphne THEILER	JR	#4 Amherst	{2} 39:55.72	3/29
5		Vivian LAU	JR	#2 Tufts	{2} 40:05.86	3/29
6		Mia CORSO	SO	#2 Tufts	{3} 40:15.45	3/29
7		Gabbie MOGAVERO	FR	#8 Connecticut Coll	{2} 40:28.60	4/12
8		Caitlin BIRD	JR	#8 Connecticut Coll	{3} 40:55.64	4/12
9		Abbey WOLFE	SO	#6 Colby	41:12.38	3/28

## Women's 4x100 Relay

1	<b>8</b>	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman	#6 Colby	46.79	3/28
2	<b>12</b>	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson	#1 Williams	47.09	3/28
3	<b>39</b>	Rachel Hubley, Camilla Lash, Eliza Cardwell, Ellie Jolly	#4 Amherst	48.20	4/5
4	<b>48</b>	Katie Bruno, Mackenzie Daggitt, Melissa White, Olive Lawrence	#3 Middlebury	48.50	3/15
5	<b>59</b>	Cameron Stanton, Makayla Moriarty, Elysse Cumberland, Simi Lawal	#2 Tufts	48.82	3/22
6	<b>72</b>	Savannah Cece, Ava Dubois, Jenna Najjar, Jillian Strynar	#10 Trinity (Conn.)	49.16	4/5
7	<b>94</b>	Olivia Waruch, Tatiana McCray, Marley Meyers, Alexa Thomas	#9 Hamilton	49.90	4/5
8	<b>95</b>	Blessing Kieh, Emmy Castano, Abby Ilusorio, Kailin Fuller	#8 Connecticut Coll	49.92	4/12
9		Emily Cain, Graca Bila, Lia Traficante, Madison Alves	#7 Bates	50.44	4/5
10		Sophia Young, Juliette Coley, Anna Kim, Catherine Uwakwe	#5 Bowdoin	50.66	4/5





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NESCAC

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## Women's 4x400 Relay

1	<b>1</b>	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico	#6 Colby	<b>3:44.14</b>	3/28
2	<b>2</b>	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King- Harvey	#1 Williams	<b>3:44.80</b>	3/28
3	<b>14</b>	Harper Meek, Emma Smith, Makayla Moriarty, Arielle Chechile	#2 Tufts	<b>3:52.20</b>	3/22
4	<b>37</b>	Anna Krouse, Addie Morrison, Annabel Cloney, Mary Elliot	#3 Middlebury	<b>4:00.92</b>	3/22
5	<b>51</b>	Claire Tratnyek, Olivia Waruch, Katherine Scibelli, Mia O'Neill	#9 Hamilton	<b>4:04.06</b>	3/29
6	<b>54</b>	Zoe Marcus, Casie Eifrig, Piper Lentz, Hannah Adhikari	#4 Amherst	<b>4:04.21</b>	4/5
7	<b>81</b>	#Type!	#8 Connecticut Coll	<b>4:08.16</b>	3/29
8		Madison Alves, Lia Traficante, Graca Bila, Dara Salka	#7 Bates	<b>4:12.34</b>	4/12
9		Anna Kim, Juliette Coley, Catherine Uwakwe, Kennedy Kirkland	#5 Bowdoin	<b>4:16.15</b>	4/12
10		Ava Dubois, Paige Orr, Elizabeth Harris, Jenna Najjar	#10 Trinity (Conn.)	<b>4:18.73</b>	3/30

## Women's High Jump

1	<b>7</b>	Emily RUBIO	JR	#3 Middlebury	<b>1.67m</b>	5-5¾	4/12
2	<b>12</b>	Amelie JAMANKA	JR	#1 Williams	<b>1.65m</b>	5-5	3/28
3	<b>31</b>	Leah SMITH	SO	#4 Amherst	<b>1.61m</b>	5-3¼	4/12
4	<b>38</b>	Harper MEEK	SR	#2 Tufts	<b>1.60m</b>	5-3	3/22
5	<b>71</b>	Anaya THOMAS	SR	#4 Amherst	{2} <b>1.58m</b>	5-2¼	4/12
6	<b>91</b>	Campbell JOHNSON	FR	#7 Bates	<b>1.56m</b>	5-1¼	4/12
7		Juno ROGERS	FR	#7 Bates	{2} <b>1.53m</b>	5-¼	3/23
7		Lauren GRATTAN	FR	#10 Trinity (Conn.)	<b>1.53m</b>	5-¼	4/5
7		Gabrieanne CHERY	SO	#10 Trinity (Conn.)	<b>1.53m</b>	5-¼	4/5
7		Alannah ARDREY	SO	#7 Bates	{2} <b>1.53m</b>	5-¼	4/5

## Women's Pole Vault

1	<b>6</b>	Charlotte HODGE	SR	#5 Bowdoin	<b>3.91m</b>	12-10	4/12
2	<b>12</b>	Ellie FITZGERALD	JR	#1 Williams	<b>3.82m</b>	12-6¼	3/22
3	<b>17</b>	Jae YU	SR	#1 Williams	{2} <b>3.75m</b>	12-3½	3/28
4	<b>25</b>	Poppy MILLER	SR	#1 Williams	{3} <b>3.60m</b>	11-9¾	3/28
5	<b>31</b>	Natalie GERMANOV	FR	#2 Tufts	<b>3.55m</b>	11-7¾	3/29
5	<b>31</b>	Lena TANG	SO	#2 Tufts	<b>3.55m</b>	11-7¾	4/5
5	<b>31</b>	Nyla THOMPSON	SR	#2 Tufts	<b>3.55m</b>	11-7¾	3/29
5	<b>31</b>	Emma GALL	SO	#2 Tufts	<b>3.55m</b>	11-7¾	4/12
5	<b>31</b>	Payton SORENSEN	SR	#4 Amherst	<b>3.55m</b>	11-7¾	4/12
10	<b>37</b>	Zoe WANG	SR	#3 Middlebury	<b>3.53m</b>	11-7	3/22

## Women's Long Jump

1	<b>2</b>	Kennedy KIRKLAND	SO	#5 Bowdoin	<b>6.28m</b>	3/22
2	<b>8</b>	Elysse CUMBERLAND	FR	#2 Tufts	<b>5.84m</b>	19-2 (1.4) 3/22
3	<b>12</b>	Mackenzie DAGGITT	SR	#3 Middlebury	<b>5.75m</b>	18-10½ (1.5) 4/12
4	<b>25</b>	Kelsey TARBY	SO	#1 Williams	<b>5.62m</b>	18-5¼ (0.5) 3/21
5	<b>73</b>	Jordan ANDREW	SR	#2 Tufts	{2} <b>5.36m</b>	17-7 (0.1) 3/29
6	<b>81</b>	Heloise HUGHES	SO	#4 Amherst	<b>5.35m</b>	17-6¾ (0.0) 4/5
7	<b>95</b>	Mireya KING	FR	#1 Williams	{2} <b>5.30m</b>	17-4¾ (1.3) 3/22
8		Cameron STANTON	FR	#2 Tufts	{3} <b>5.27m</b>	17-3½ (1.5) 3/22
9		Alannah ARDREY	SO	#7 Bates	<b>5.13m</b>	16-10 (1.2) 3/23
10		Lauren ZIPOLI	FR	#2 Tufts	{4} <b>5.10m</b>	16-8¾ (0.2) 3/29

## Women's Triple Jump

1	<b>4</b>	Jordan ANDREW	SR	#2 Tufts	<b>12.02mw</b>	39-5¼ (3.5) 4/12
2	<b>7</b>	Elysse CUMBERLAND	FR	#2 Tufts	{2} <b>11.96m</b>	39-3 (1.5) 4/12
3	<b>15</b>	Rafaela DELGADO	FR	#1 Williams	<b>11.71m</b>	38-5 (0.0) 3/27
4	<b>60</b>	Emmeline STOETZEL	FR	#9 Hamilton	<b>11.11mw</b>	36-5½ (2.9) 3/29
5	<b>68</b>	Gabriella GERIG	SO	#3 Middlebury	<b>11.02mw</b>	36-2 (3.7) 4/12
6	<b>72</b>	Nora JEAN-JACQUES	SO	#2 Tufts	{3} <b>10.99m</b>	36-¾ (0.0) 3/22
7	<b>84</b>	Mireya KING	FR	#1 Williams	{2} <b>10.92m</b>	35-10 (0.0) 3/28
8		Arielle CHECHILE	FR	#2 Tufts	{4} <b>10.82m</b>	35-6 (-1.6) 3/22
9		Tamia DUBIDAD	JR	#2 Tufts	{5} <b>10.75m</b>	35-3¼ (1.6) 3/29
10		Ariel ESTIME	FR	#6 Colby	<b>10.63m</b>	34-10½ (0.0) 3/22

## Women's Shot Put

1	<b>60</b>	Maria FARETI	FR	#1 Williams	<b>12.46m</b>	40-10½ 3/22
2	<b>63</b>	Lillian WURTZ	JR	#3 Middlebury	<b>12.40m</b>	40-8¼ 3/22
3	<b>82</b>	Julia TULIMIERI	JR	#3 Middlebury	{2} <b>12.16m</b>	39-10¾ 4/5
4		Emma GIBBENS	SR	#5 Bowdoin	<b>11.73m</b>	38-6 4/12
5		Ginger ARNOLD	SO	#5 Bowdoin	{2} <b>11.59m</b>	38-¼ 3/23
6		Marie-Eve MAILLET	FR	#7 Bates	<b>11.46m</b>	37-7¼ 4/5
7		Mia KURTZ	FR	#2 Tufts	<b>11.42m</b>	37-5¾ 4/5
8		Olive LAWRENCE	JR	#3 Middlebury	{3} <b>11.33m</b>	37-2¼ 3/22
9		Amaya PENDLETON	SO	#10 Trinity (Conn.)	<b>11.31m</b>	37-1¼ 4/5
10		Mardy NOVAK	SO	#5 Bowdoin	{3} <b>11.04m</b>	36-2¾ 4/12

## Women's Discus

1	<b>48</b>	Mia KURTZ	FR	#2 Tufts	<b>41.41m</b>	135-11 3/22
2	<b>54</b>	Madeline SAUDERS	SR	#3 Middlebury	<b>40.68m</b>	133-6 3/22
3	<b>63</b>	Lillian WURTZ	JR	#3 Middlebury	{2} <b>40.18m</b>	131-10 3/22
4	<b>71</b>	Emma RAMSINGH	SO	#4 Amherst	<b>39.69m</b>	130-3 4/5
5		Julia SAPORITO	FR	#2 Tufts	{2} <b>34.85m</b>	114-4 3/29
6		Alanna SAUNDERS	SO	#3 Middlebury	{3} <b>34.69m</b>	113-10 3/15
7		Mardy NOVAK	SO	#5 Bowdoin	<b>34.37m</b>	112-9 3/23
8		Isabella NIEMI	SO	#4 Amherst	{2} <b>33.78m</b>	110-10 3/29
9		Margaret KIM	FR	#3 Middlebury	{4} <b>33.57m</b>	110-2 4/5
10		Emma GIBBENS	SR	#5 Bowdoin	{2} <b>32.60m</b>	107-0 4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NESCAC

as of 4/15/2025 8:32:38 AM ET

## Women's Hammer

1	22	Carli CIAVARELLI	JR	#7 Bates	50.56m	165-11	4/12
2	39	Cecilia LABARGE	SO	#2 Tufts	49.12m	161-2	4/12
3	75	Maria FARETI	FR	#1 Williams	46.30m	151-11	4/12
4	96	Chloe SCHNEEBERG	SR	#1 Williams	{2}45.46m	149-2	3/28
5	100	Jaxon PALMER	SR	#3 Middlebury	45.33m	148-9	4/12
6		Julia TULIMIERI	JR	#3 Middlebury	{2}44.86m	147-2	3/22
7		Amaya PENDLETON	SO	#10 Trinity (Conn.)	44.37m	145-7	4/5
8		Elizabeth GRAHAM	SR	#2 Tufts	{2}43.65m	143-3	4/12
9		Mia KURTZ	FR	#2 Tufts	{3}42.34m	138-11	4/12
10		Lily MEADOWS	FR	#4 Amherst	41.27m	135-5	4/12

## Women's Javelin

1	19	Ginger ARNOLD	SO	#5 Bowdoin	39.89m	130-11	3/23
2	30	Mardy NOVAK	SO	#5 Bowdoin	{2}38.62m	126-9	4/12
3	40	Dana SCHWARTZ	JR	#9 Hamilton	37.97m	124-7	4/12
4	42	Harper DANFORTH	FR	#2 Tufts	37.80m	124-0	4/12
5	64	Jaxon PALMER	SR	#3 Middlebury	36.55m	119-11	3/22
6	65	Jackie WELLS	SO	#2 Tufts	{2}36.54m	119-11	3/22
7	84	Reilly ISLER	SR	#3 Middlebury	{2}35.95m	118-0	4/12
8	87	Madison VANT	FR	#4 Amherst	35.81m	117-6	3/23
9	88	Morgan ROME	JR	#4 Amherst	{2}35.74m	117-3	3/23
10		Tessa PLAYER	SO	#2 Tufts	{3}35.23m	115-7	3/22

## Women's Heptathlon

1	10	Emily RUBIO	JR	#3 Middlebury	4,436	4/12
2	35	Rose JENKINS	SO	#5 Bowdoin	3,763	4/12
3	42	Juno ROGERS	FR	#7 Bates	3,517	4/12
4	63	Inga DOVRE	SR	#5 Bowdoin	{2}3,189	4/12
5	69	Anna YANG	JR	#5 Bowdoin	{3}3,147	4/12
6	70	Vivian KOLES	FR	#1 Williams	3,142	3/28
7	77	Kate DITULLIO	FR	#11 Wesleyan (Conn.)	3,061	4/12
8	83	Carly BUCK	SO	#7 Bates	{2}2,968	4/12
9	84	Sarah LENOX	FR	#6 Colby	2,930	3/28
10	99	Anaya THOMAS	SR	#4 Amherst	2,489	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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NEWMAC

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## Women's 100 Meters

1	17	Michaina LORISTON	JR	#5 Wheaton (Mass.)	11.97	(1.2)	4/5
2	89	Alaina STONEBRAKER	JR	#2 Coast Guard	12.36	(0.6)	3/29
3		Rayna THOMPSON	FR	#4 WPI	12.53	(2.0)	4/12
4		Marina MILLER	SR	#1 MIT	12.55	(0.9)	4/5
5		Shreya KALYAN	JR	#1 MIT	{2} 12.64	(0.2)	4/5
6		Grace FLYNN	SR	#2 Coast Guard	{2} 12.75w	(3.7)	3/29
7		Merete OGAH	SR	#8 Wellesley	12.77w	(2.3)	4/5
8		Robyn WILKES	JR	#9 Babson	12.78	(0.7)	3/29
9		Emily ZIELINSKI	SR	#5 Wheaton (Mass.)	{2} 12.82	(-1.7)	4/5
9		Katherine DEFOSSE	SO	#3 Springfield (Mas:	12.82	(0.0)	4/7

## Women's 100 Meter Hurdles

1	35	Katherine DEFOSSE	SO	#3 Springfield (Mas:	14.82	(2.0)	4/12
2		Corryn FISHER	JR	#4 WPI	15.92	(1.3)	4/12
3		Ioanna TSONI	SO	#7 Mount Holyoke	16.22	(-0.3)	4/13
4		Victoria HART	FR	#9 Babson	16.26	(0.2)	3/29
5		Julia PIKE	JR	#9 Babson	{2} 16.38	(0.2)	3/29
6		Caetlyn EMBREE	FR	#4 WPI	{2} 17.04	(0.4)	4/10
7		Elowyn GOTTSACKER	FR	#6 Smith	17.18	(1.7)	3/29
8		Lydia BEERS	JR	#4 WPI	{3} 17.53w	(2.3)	4/12
9		Tara JESSEN	JR	#2 Coast Guard	17.59	(-0.7)	3/29
10		Emma CONWAY	FR	#4 WPI	{4} 17.86	(2.0)	4/10

## Women's 200 Meters

1	65	Marina MILLER	SR	#1 MIT	25.09w	(2.2)	4/12
2	78	Alaina STONEBRAKER	JR	#2 Coast Guard	25.21	(0.4)	3/29
3	90	Michaina LORISTON	JR	#5 Wheaton (Mass.)	25.30w	(2.7)	4/11
4		Shreya KALYAN	JR	#1 MIT	{2} 25.79	(0.5)	4/5
5		JoJo MILLER	SO	#1 MIT	{3} 25.84	(0.5)	4/5
6		Rayna THOMPSON	FR	#4 WPI	25.88	(1.7)	4/12
7		Emily ZIELINSKI	SR	#5 Wheaton (Mass.)	{2} 26.25w	(2.7)	4/11
8		Robyn WILKES	JR	#9 Babson	26.26	(1.5)	4/12
9		Camille CONNORS	SO	#5 Wheaton (Mass.)	{3} 26.36w	(2.5)	4/11
10		Ioanna TSONI	SO	#7 Mount Holyoke	26.56	(0.2)	4/13

## Women's 400 Meters

1	33	Marina MILLER	SR	#1 MIT	56.93		3/29
2	39	Olivia DIAS	SR	#1 MIT	{2} 57.31		3/29
3	43	Krystal MONTGOMERY	JR	#1 MIT	{3} 57.54		3/29
4		Alaina STONEBRAKER	JR	#2 Coast Guard	59.35		4/5
5		Maeve SULLIVAN	FR	#1 MIT	{4} 59.50		4/5
6		Lena BAKER	JR	#6 Smith	1:00.36		4/5
7		Julia BRILLO	SO	#3 Springfield (Mas:	1:00.55		4/12
8		Ella BESANT	SO	#2 Coast Guard	{2} 1:00.56		4/5
9		Jessica DICKSON	SO	#5 Wheaton (Mass.)	1:00.59		4/5
10		Mimi BATISTA	FR	#5 Wheaton (Mass.)	{2} 1:00.98		4/4

## Women's 400 Meter Hurdles

1	91	Tara JESSEN	JR	#2 Coast Guard	1:06.63		3/29
2	100	Beth BROWN	JR	#4 WPI	1:06.89		4/12
3		Colleen CORMAN	SO	#9 Babson	1:08.51		4/5
4		Kristen DIBELLA	JR	#5 Wheaton (Mass.)	1:09.65		4/5
5		Aoife FITZGERALD	SR	#8 Wellesley	1:10.50		4/5
6		Mackenzie DIDONATO	JR	#3 Springfield (Mas:	1:10.80		4/7
7		Kate WICKENHEISSER	JR	#5 Wheaton (Mass.)	{2} 1:10.82		4/11
8		Bailey ALLMON	JR	#4 WPI	{2} 1:11.34		4/12
9		Caetlyn EMBREE	FR	#4 WPI	{3} 1:12.12		4/7
9		Abbie CRAMER	JR	#5 Wheaton (Mass.)	{3} 1:12.12		4/11

## Women's 800 Meters

1	11	Krystal MONTGOMERY	JR	#1 MIT	2:11.30		4/11
2	61	Sophia WHITE	SR	#2 Coast Guard	2:16.49		3/29
3	96	Maeve SULLIVAN	FR	#1 MIT	{2} 2:17.77		4/11
4		Makenna TOPP	SO	#2 Coast Guard	{2} 2:18.45		4/5
5		Shams FERVER	SR	#6 Smith	2:19.52		4/5
6		Pria PARKER	SR	#6 Smith	{2} 2:19.90		4/12
7		Elina OLMEDO	SR	#3 Springfield (Mas:	2:20.16		4/12
8		Erin HOVENDON	JR	#1 MIT	{3} 2:20.20		4/5
9		Olivia DIAS	SR	#1 MIT	{4} 2:20.87		4/11
10		Maeve STECKLEY	SO	#4 WPI	2:21.13		4/12

## Women's 1500 Meters

1	8	Gillian ROEDER	SR	#1 MIT	4:30.21		4/12
2	16	Christina CROW	SR	#1 MIT	{2} 4:32.26		4/12
3	21	Pria PARKER	SR	#6 Smith	4:33.33		4/12
4	24	Lexi FERNANDEZ	JR	#1 MIT	{3} 4:33.94		4/12
5	83	Paige PHILLIPS	SR	#2 Coast Guard	4:42.09		4/12
6		Jessica MEZA	SO	#1 MIT	{4} 4:46.33		4/12
7		Megan DIULUS	SO	#1 MIT	{5} 4:46.79		4/5
8		Serena BRITNER	SR	#6 Smith	{2} 4:47.13		4/12
9		Rujuta SANE	JR	#1 MIT	{6} 4:47.46		4/11
10		Claire SEMEROD	JR	#2 Coast Guard	{2} 4:49.13		4/5

## Women's Steeplechase

1	14	Liv GIRAND	SO	#1 MIT	10:56.68		3/29
2	30	Heather JENSEN	SO	#1 MIT	{2} 11:13.95		3/29
3	33	Ella WHINNEY	JR	#8 Wellesley	11:15.33		4/12
4	56	Simone BEAUCHAMP	JR	#8 Wellesley	{2} 11:25.09		4/12
5	89	Sophia REYNOLDS	JR	#4 WPI	11:38.64		4/7
6		Elizabeth GERBI	SR	#7 Mount Holyoke	11:57.55		4/13
7		Tessa LANCASTER	SR	#7 Mount Holyoke	{2} 12:02.29		4/13
8		Catherine DALY	FR	#4 WPI	{2} 12:11.41		4/7



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## Women's 5000 Meters

1	Claire SEMEROD	JR	#2 Coast Guard	17:44.71	4/12
2	Maddie SHEA	SR	#3 Springfield (Mas:	17:46.18	4/12
3	Ava HARTMAN	FR	#1 MIT	17:47.14	4/5
4	Paige PHILLIPS	SR	#2 Coast Guard {2}	17:55.31	3/29
5	Lauren MELLON	JR	#2 Coast Guard {3}	18:07.29	3/29
6	Anna WEYGANG	SO	#10 Salve Regina	18:07.65	4/12
7	Emily BRYDGES	JR	#8 Wellesley	18:11.23	4/5
8	Annabel MOLNER	SO	#2 Coast Guard {4}	18:11.75	4/12
9	Isabella HASTINGS	SO	#10 Salve Regina {2}	18:14.33	4/12
10	Pria PARKER	SR	#6 Smith	18:15.71	3/29

## Women's 10,000 Meters

1	5 Kate SANDERSON	JR	#1 MIT	34:52.91	3/29
2	10 Rujuta SANE	JR	#1 MIT {2}	35:23.27	3/29
3	48 Emily BRYDGES	JR	#8 Wellesley	37:36.58	4/12
4	67 Sophia REYNOLDS	JR	#4 WPI	38:23.15	4/12
5	Elizabeth GERBI	SR	#7 Mount Holyoke	39:39.32	3/23
6	Katie EARLE	JR	#7 Mount Holyoke {2}	40:24.01	3/29
7	Sarah WEST	JR	#7 Mount Holyoke {3}	40:27.45	3/29
8	Meghan SULLIVAN	JR	#3 Springfield (Mas:	40:37.52	4/12
9	Lucy SMITH	SO	#2 Coast Guard	40:43.63	4/12
10	Tessa LANCASTER	SR	#7 Mount Holyoke {4}	40:45.67	3/23

## Women's 4x100 Relay

1	16 Emily Zielinski, Wendy Wooden, Inez Medeiros, Michaina Loriston	#5 Wheaton (Mass.)	47.40	4/5
2	Alaina Stonebraker, Kaylee Wright, Ella Basant, Grace Flynn	#2 Coast Guard	50.42	4/12
3	Corryn Fisher, Lauren Mitcheson, Julia Fronc, Rayna Thompson	#4 WPI	50.45	4/7
4	Shannon Cordle, Paige Dzenutis, Neva Miller, JoJo Miller	#1 MIT	50.55	4/5
5	Reese Gallant, Robyn Wilkes, Angela Hagstrom, Victoria Hart	#9 Babson	51.07	4/5
6	Erin Dickinson, Merete Ogah, Charlie Barron, Ellie Wolf	#8 Wellesley	51.70	4/5
7	Angelina Regels, Jocelyn Howell, Sophia Molfetto, Olivia Tacconi	#10 Salve Regina	52.15	4/12
8	Mackenzie DiDonato, Abby Hemstrought, Maeve D'Darcy, Julia Brillo	#3 Springfield (Mas:	52.38	4/12

## Women's 4x400 Relay

1	5 Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery	#1 MIT	3:47.58	3/29
2	49 Ella Besant, Grace Flynn, Alaina Stonebraker, Makenna Topp	#2 Coast Guard	4:03.43	4/12
3	97 Jessica Dickson, Mimi Batista, Maya Thomas, Eliza Speidel	#5 Wheaton (Mass.)	4:10.40	4/11
4	Ella Couchon, Julia Brillo, Elina Olmedo, Mackenzie DiDonato	#3 Springfield (Mas:	4:12.09	4/7
5	Colleen Corman, Sophia Draxler, Angela Hagstrom, Chloe Clifford	#9 Babson	4:13.43	3/22
6	Beth Brown, Lauren Mitcheson, Julia Fronc, Rayna Thompson	#4 WPI	4:14.22	4/12
7	Sachi Robinson, Greta Trapp, Dalia Luckhardt, Kim Beaver	#7 Mount Holyoke	4:16.28	4/13
8	Lena Baker, Amelia Dion, Gwyneth Howes, Elowyn Gottsacker	#6 Smith	4:18.19	4/12

## Women's High Jump

1	3 Allie WILDSMITH	JR	#2 Coast Guard	1.71m	5-7¼	4/5
2	12 Amrit REHAL	FR	#9 Babson	1.65m	5-5	3/22
3	31 Autumn BACIK	FR	#3 Springfield (Mas:	1.61m	5-3¼	4/7
4	91 Katherine KEMPFF	JR	#1 MIT	1.56m	5-1¼	4/12
5	Elaine MCCARTY	SO	#6 Smith	1.46m	4-9½	4/12
5	Cassie ZIMMERMAN	SR	#4 WPI	1.46m	4-9½	3/29
5	Paige DZENUTIS	FR	#1 MIT {2}	1.46m	4-9½	4/12
5	Lydia BEERS	JR	#4 WPI	1.46m	4-9½	4/7
9	Summer SOBIESKI	SO	#3 Springfield (Mas:{2}	1.41m	4-7½	3/29
9	Peyton KNOTT	FR	#3 Springfield (Mas:{2}	1.41m	4-7½	4/7

## Women's Pole Vault

1	10 Katelyn HOWARD	JR	#1 MIT	3.85m	12-7½	4/12
2	20 Elise DOYLE	FR	#1 MIT {2}	3.66m	12-0	4/5
3	39 Hailey SURACE	JR	#1 MIT {3}	3.51m	11-6¼	4/5
4	65 Jillian SCOTT	SR	#3 Springfield (Mas:	3.40m	11-1¾	4/7
4	65 Jillian DA COSTA PINTO	JR	#6 Smith	3.40m	11-1¾	4/12
6	Mollie BRINKER	JR	#2 Coast Guard	3.25m	10-8	4/5
6	Autumn BACIK	FR	#3 Springfield (Mas:{2}	3.25m	10-8	4/7
6	Ella SMITH	SR	#3 Springfield (Mas:{2}	3.25m	10-8	3/29
9	Tessa BAKER	SO	#1 MIT {4}	3.21m	10-6¼	4/5
10	Charly PAINTER	SO	#4 WPI	2.95m	9-8	3/29
10	Cadence SORENSON	FR	#6 Smith {2}	2.95m	9-8	4/5



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## Women's Long Jump

1	Ioanna TSONI	SO	#7 Mount Holyoke	5.24m	17-2¼ (0.0)	4/5
2	Elle RIMANDO	JR	#7 Mount Holyoke {2}	5.22m	17-1½ (0.0)	4/13
3	Kaylee WRIGHT	JR	#2 Coast Guard	5.15m	16-10¾ (0.0)	3/29
4	Lydia BEERS	JR	#4 WPI	4.91m	16-1½ (-1.7)	3/29
4	Anella BOLSTER	SO	#5 Wheaton (Mass.)	4.91m	16-1½ (0.0)	4/11
6	Erin DICKINSON	SR	#8 Wellesley	4.89m	16-½ (0.6)	3/29
6	Aria MALLARE	SR	#7 Mount Holyoke {3}	4.89m	16-½ (1.2)	4/13
6	Abby CHOI	FR	#8 Wellesley	4.89mw	16-½ (2.4)	3/29
9	Elizabeth LEWELLING	JR	#3 Springfield (Mas:	4.88m	16-¼ (-0.5)	4/7
9	Sophia MOLFETTO	FR	#10 Salve Regina	4.88m	16-¼ (0.0)	4/12

## Women's Triple Jump

1	14 Nony OTU UGWU	JR	#1 MIT	11.74m	38-6¼ (-0.1)	3/29
2	20 Maddie GREENE	SR	#2 Coast Guard	11.63m	38-2 (0.3)	3/28
3	22 Samantha PAUL	SR	#3 Springfield (Mas:	11.61m	38-1¼ (0.0)	4/6
4	46 Ioanna TSONI	SO	#7 Mount Holyoke	11.28mw	37-¼ (2.5)	3/23
5	66 Elle RIMANDO	JR	#7 Mount Holyoke {2}	11.05m	36-3 (0.0)	4/13
6	82 Olivia SPIELBERGER	SR	#4 WPI	10.93mw	35-10½ (3.0)	4/12
7	Trista SICARD	JR	#9 Babson	10.85m	35-7¼ (2.0)	4/5
8	Lauren HINCKLEY	SO	#5 Wheaton (Mass.)	10.81mw	35-5¾ (3.6)	4/4
9	Cassie ZIMMERMAN	SR	#4 WPI {2}	10.57m	34-8¼ (1.7)	4/12
10	Erin DICKINSON	SR	#8 Wellesley	10.56m	34-7¾ (1.2)	4/5

## Women's Shot Put

1	1 Alexis BOYKIN	SR	#1 MIT	15.34m	50-4	3/29
2	59 Katelynn TAYLOR	SR	#3 Springfield (Mas:	12.47m	40-11	4/7
3	61 Emily BALL	SR	#1 MIT {2}	12.44m	40-9¾	3/29
4	Hannah DEBIAN	FR	#3 Springfield (Mas:	11.71m	38-5	4/12
5	Kelsey CHIASSON	JR	#10 Salve Regina	10.92m	35-10	4/12
6	Maureen HAMMOND	SR	#2 Coast Guard	10.90m	35-9¼	4/5
7	Kenya FRANCIS	JR	#8 Wellesley	9.96m	32-8¼	4/12
8	Anika WAGNER	JR	#5 Wheaton (Mass.)	9.94m	32-7½	4/13
9	Rachel ONWU	FR	#1 MIT {3}	9.86m	32-4¼	4/5
10	Mackenzie GINGRAS	SR	#3 Springfield (Mas:	9.81m	32-2¼	4/7

## Women's Discus

1	2 Alexis BOYKIN	SR	#1 MIT	48.32m	158-7	3/29
2	13 Emily BALL	SR	#1 MIT {2}	44.53m	146-1	4/12
3	70 Macy BRENNAN	SO	#1 MIT {3}	39.70m	130-3	3/29
4	Katelynn TAYLOR	SR	#3 Springfield (Mas:	36.74m	120-7	4/7
5	Lily SIEGELMAN	SO	#1 MIT {4}	35.30m	115-10	4/12
6	Olivia CARPENTER	FR	#1 MIT {5}	35.10m	115-2	4/5
7	Maya SHARAR	FR	#8 Wellesley	34.49m	113-2	4/12
8	Rachel ONWU	FR	#1 MIT {6}	32.82m	107-8	4/12
9	Lilia OULD-HAMMOU	JR	#1 MIT {7}	32.64m	107-1	4/12
10	Hannah DEBIAN	FR	#3 Springfield (Mas:	31.88m	104-7	4/7

## Women's Hammer

1	1 Alexis BOYKIN	SR	#1 MIT	59.34m	194-8	4/12
2	30 Emily BALL	SR	#1 MIT {2}	50.01m	164-1	4/5
3	70 Anika WAGNER	JR	#5 Wheaton (Mass.)	47.05m	154-5	4/13
4	Macy BRENNAN	SO	#1 MIT {3}	44.26m	145-3	4/12
5	Kenya FRANCIS	JR	#8 Wellesley	42.45m	139-3	4/12
6	Madilynn O'SULLIVAN VAN ETEN	FR	#3 Springfield (Mas:	42.25m	138-8	4/7
7	Katelynn TAYLOR	SR	#3 Springfield (Mas:	41.97m	137-9	4/7
8	Lilia OULD-HAMMOU	JR	#1 MIT {4}	40.54m	133-0	4/5
9	Jacey TIPPMAN	SR	#2 Coast Guard	38.34m	125-10	4/12
10	Lily SIEGELMAN	SO	#1 MIT {5}	37.05m	121-7	4/5

## Women's Javelin

1	11 Elaine WANG	JR	#1 MIT	40.82m	133-11	3/29
2	27 Olivia CARPENTER	FR	#1 MIT {2}	39.17m	128-6	4/5
3	68 Emily BALL	SR	#1 MIT {3}	36.44m	119-7	4/12
4	74 Kathryn GORDEN	JR	#4 WPI	36.16m	118-8	3/29
5	97 Maureen HAMMOND	SR	#2 Coast Guard	35.34m	116-0	3/29
6	Piper O'CONNELL	SR	#4 WPI {2}	34.23m	112-4	3/29
7	Amelia BRONHARD- YATES	FR	#1 MIT {4}	33.84m	111-0	4/12
8	Lauren COUTU	JR	#4 WPI {3}	33.02m	108-4	4/10
9	Bailey MCDEVITT	JR	#3 Springfield (Mas:	32.96m	108-2	4/7
10	Jacey TIPPMAN	SR	#2 Coast Guard {2}	32.79m	107-7	3/29

## Women's Heptathlon

1	56 Lauren COUTU	JR	#4 WPI	3,286		4/10
2	57 Caetlyn EMBREE	FR	#4 WPI {2}	3,250		4/10
3	73 Emma CONWAY	FR	#4 WPI {3}	3,094		4/10
4	82 Elaine MCCARTY	SO	#6 Smith	2,975		4/12
5	91 Madaket STOLTZ	SO	#9 Babson	2,780		4/12
6	Juliet MAY	SR	#6 Smith {2}	1,785		4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



NJAC

as of 4/15/2025 8:32:39 AM ET

## Women's 100 Meters

1	<b>57</b>	Reyanna HENDERSON	SR	#6 New Jersey City	<b>12.24</b>	(1.0)	3/29
2	<b>63</b>	McKay ALBY	FR	#4 Montclair State	<b>12.27</b>	(1.0)	3/29
3	<b>81</b>	Ashley GORDON	SO	#5 Ramapo	<b>12.34w</b>	(2.7)	3/29
4	<b>94</b>	Molly LODGE	SR	#2 Rowan	<b>12.37</b>	(-1.2)	3/29
5		Kayla JULIEN	SO	#2 Rowan	{2} <b>12.54w</b>	(2.1)	<b>4/14</b>
6		Mya WALKER	SO	#2 Rowan	{3} <b>12.58w</b>	(2.1)	<b>4/14</b>
7		Maile O'NEILL	FR	#4 Montclair State	{2} <b>12.63</b>	(1.7)	4/5
8		Samantha MAGIN	SO	#3 TCNJ	<b>12.73w</b>	(3.4)	3/29
9		Nyla JONES	FR	#2 Rowan	{4} <b>12.81</b>	(-1.2)	3/29
10		Sidney WHETSTONE	SR	#2 Rowan	{5} <b>12.84</b>	(1.1)	4/5

## Women's 100 Meter Hurdles

1	<b>11</b>	Nyla JONES	FR	#2 Rowan	<b>14.27</b>	(1.6)	4/5
2		Eliza BRUNCAJ	SR	#3 TCNJ	<b>15.55</b>	(1.7)	3/29
3		Sarah SCEPKOWSKI	JR	#3 TCNJ	{2} <b>15.58w</b>	(2.5)	3/29
4		Kendall HALL	FR	#4 Montclair State	<b>15.75</b>	(0.5)	3/29
5		Marlie DIPALMA	FR	#1 Stockton	<b>15.98</b>	(1.3)	4/5
6		Mackenzie BURKE	SO	#3 TCNJ	{3} <b>16.26</b>	(1.7)	<b>4/12</b>
7		Natalie KRONCKE	SO	#1 Stockton	{2} <b>16.87</b>	(-0.9)	3/22
8		Abigail GALLACHER	SO	#1 Stockton	{3} <b>16.99</b>	(-0.9)	3/22
9		Regine LLADOC	SO	#5 Ramapo	<b>17.62</b>	(1.7)	<b>4/12</b>
10		Samantha MAGIN	SO	#3 TCNJ	{4} <b>17.78</b>	(0.2)	<b>4/12</b>

## Women's 200 Meters

1	<b>37</b>	Reyanna HENDERSON	SR	#6 New Jersey City	<b>24.87w</b>	(2.4)	3/29
2	<b>45</b>	Molly LODGE	SR	#2 Rowan	<b>24.92</b>	(-0.6)	3/29
3	<b>65</b>	Jasmine BROADWAY	SR	#2 Rowan	{2} <b>25.09w</b>	(3.0)	<b>4/14</b>
4		Nevaeh LORJUSTE	SR	#2 Rowan	{3} <b>25.36</b>	(0.8)	4/5
5		Mya WALKER	SO	#2 Rowan	{4} <b>25.87</b>	(1.9)	4/5
6		Michelle ITOUA	JR	#4 Montclair State	<b>26.07w</b>	(2.4)	3/29
7		Kayla JULIEN	SO	#2 Rowan	{5} <b>26.11</b>	(1.9)	<b>4/14</b>
8		Ava REILLY	FR	#2 Rowan	{6} <b>26.17</b>	(1.2)	4/5
9		Petra DOHERTY	FR	#3 TCNJ	<b>26.31</b>	(1.7)	<b>4/12</b>
10		Paige FRANKLIN	FR	#2 Rowan	{7} <b>26.44</b>	(0.3)	4/5

## Women's 400 Meters

1	<b>31</b>	Nevaeh LORJUSTE	SR	#2 Rowan	<b>56.91</b>		4/5
2	<b>48</b>	Rukiyat DARANIJO	SO	#3 TCNJ	<b>57.64</b>		3/29
3	<b>72</b>	Emma PETROLIA	JR	#1 Stockton	<b>58.25</b>		3/29
4	<b>73</b>	Kayla SULLIVAN	JR	#1 Stockton	{2} <b>58.28</b>		4/5
5		Ava REILLY	FR	#2 Rowan	{2} <b>58.86</b>		4/5
6		Zrreyah MOORE	SR	#8 Rutgers-Newark	<b>58.99</b>		<b>4/11</b>
7		Kelly O'GRADY	JR	#3 TCNJ	{2} <b>59.07</b>		<b>4/12</b>
8		Emma CONROY	JR	#1 Stockton	{3} <b>59.54</b>		4/5
9		Paige FRANKLIN	FR	#2 Rowan	{3} <b>59.82</b>		4/5
10		Brenna OMERT	FR	#3 TCNJ	{3} <b>59.99</b>		3/29

## Women's 400 Meter Hurdles

1	<b>6</b>	Molly LODGE	SR	#2 Rowan	<b>1:01.69</b>		4/5
2	<b>8</b>	Emma PETROLIA	JR	#1 Stockton	<b>1:02.05</b>		4/5
3	<b>73</b>	Mackenzie BURKE	SO	#3 TCNJ	<b>1:05.98</b>		3/29
4	<b>95</b>	Eliza BRUNCAJ	SR	#3 TCNJ	{2} <b>1:06.75</b>		<b>4/12</b>
5		Ellie HALLMAN	JR	#1 Stockton	{2} <b>1:07.97</b>		3/29
6		Natalie KRONCKE	SO	#1 Stockton	{3} <b>1:08.61</b>		4/5
7		Julia ACEVEDO	SR	#4 Montclair State	<b>1:09.36</b>		<b>4/12</b>
8		Lynell THOMAS	FR	#5 Ramapo	<b>1:10.47</b>		3/29
9		Samantha GONZALEZ	FR	#7 Kean	<b>1:11.25</b>		3/29
10		Regine LLADOC	SO	#5 Ramapo	{2} <b>1:11.68</b>		4/5

## Women's 800 Meters

1	<b>15</b>	Kayla KASS	JR	#1 Stockton	<b>2:12.25</b>		4/5
2	<b>49</b>	Anna SASSE	SR	#2 Rowan	<b>2:15.69</b>		3/29
3	<b>58</b>	Kelly O'GRADY	JR	#3 TCNJ	<b>2:16.30</b>		3/29
4	<b>86</b>	Dale LEONARD	SO	#5 Ramapo	<b>2:17.59</b>		4/5
5		Amanda MCNALLY	SR	#1 Stockton	{2} <b>2:18.90</b>		3/22
6		Rizzo AVA	SO	#2 Rowan	{2} <b>2:19.00</b>		4/5
7		Brenna OMERT	FR	#3 TCNJ	{2} <b>2:22.80</b>		<b>4/12</b>
8		Ally WERNIK	SO	#2 Rowan	{3} <b>2:22.95</b>		3/29
9		Gianna BURGIO	JR	#2 Rowan	{4} <b>2:22.97</b>		3/29
10		Rachel HAYES	JR	#1 Stockton	{3} <b>2:23.17</b>		4/5

## Women's 1500 Meters

1	<b>58</b>	Anna SASSE	SR	#2 Rowan	<b>4:39.98</b>		3/29
2	<b>80</b>	Gabriella PAGANO	JR	#2 Rowan	{2} <b>4:41.85</b>		4/4
3		Kayla KASS	JR	#1 Stockton	<b>4:45.84</b>		3/29
4		Zoey CASSAVELL	SR	#5 Ramapo	<b>4:48.78</b>		<b>4/14</b>
5		Ava BIEMULLER	FR	#3 TCNJ	<b>4:50.50</b>		3/29
6		Alex GRIVAS	JR	#3 TCNJ	{2} <b>4:52.03</b>		3/29
7		Madelyn VALASEK	JR	#1 Stockton	{2} <b>4:52.09</b>		3/29
8		Cassidy QUINN	SR	#3 TCNJ	{3} <b>4:52.88</b>		<b>4/12</b>
9		Emily ZANNI	SO	#2 Rowan	{3} <b>4:53.93</b>		4/4
10		Abigail CHURCHILL	FR	#4 Montclair State	<b>4:54.86</b>		3/29

## Women's Steeplechase

1		Molly BOSSDORF	SR	#3 TCNJ	<b>11:46.33</b>		3/29
2		Carmelina SANCI	SR	#3 TCNJ	{2} <b>12:37.92</b>		3/29
3		Evelyn AUSTIN	FR	#1 Stockton	<b>12:46.70</b>		3/29
4		Alissa TAYLOR	FR	#4 Montclair State	<b>14:16.02</b>		4/5
5		Kelly WITTERS	JR	#4 Montclair State	{2} <b>14:39.58</b>		3/29



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## Women's 5000 Meters

1	<b>75</b>	Gabriella PAGANO	JR	<b>#2</b> Rowan	<b>17:32.29</b>	3/29
2		Madelyn VALASEK	JR	<b>#1</b> Stockton	<b>17:58.79</b>	4/5
3		Cassidy QUINN	SR	<b>#3</b> TCNJ	<b>18:00.99</b>	3/29
4		Abigail CHURCHILL	FR	<b>#4</b> Montclair State	<b>18:14.84</b>	4/5
5		Emily ZANNI	SO	<b>#2</b> Rowan {2}	<b>18:16.35</b>	3/29
6		Zoey CASSAVELL	SR	<b>#5</b> Ramapo	<b>18:22.25</b>	3/29
7		Naesha GADIE	SO	<b>#3</b> TCNJ {2}	<b>18:31.31</b>	3/29
8		Shannon STAKELBECK	SO	<b>#2</b> Rowan {3}	<b>18:37.07</b>	3/29
9		Michelet MAGGIE	SO	<b>#2</b> Rowan {4}	<b>18:53.83</b>	3/29
10		Denisse AGUILAR	SR	<b>#4</b> Montclair State {2}	<b>18:58.98</b>	<b>4/12</b>

## Women's 10,000 Meters

1		Guinevere KENNEDY	JR	<b>#1</b> Stockton	<b>40:30.16</b>	3/29
2		Morgan MARCKRES	SR	<b>#8</b> Rutgers-Newark	<b>41:00.03</b>	3/29
3		Megan FAUCETT	JR	<b>#1</b> Stockton {2}	<b>41:24.66</b>	3/29
4		Isabella CAMPIGLIA	JR	<b>#1</b> Stockton {3}	<b>41:29.51</b>	3/29

## Women's 4x100 Relay

1	<b>67</b>	#Type!		<b>#4</b> Montclair State	<b>49.03</b>	3/29
2	<b>72</b>	Nyla Jones, Mya Walker, Sidney Whetstone, Kayla Julien		<b>#2</b> Rowan	<b>49.16</b>	4/5
3	<b>75</b>	Mackenzie Burke, Petra Doherty, Samantha Magin, Rukiyat Daranijo		<b>#3</b> TCNJ	<b>49.27</b>	3/29
4	<b>98</b>	Isabel Duval, Adrienne Austin, Cameron Radcliffe, Marlie DiPalma		<b>#1</b> Stockton	<b>49.98</b>	3/29
5		#Type!		<b>#5</b> Ramapo	<b>50.75</b>	<b>4/12</b>
6		#Type!		<b>#6</b> New Jersey City	<b>50.90</b>	<b>4/12</b>
7		Sydney Marshall, Evelyn Macias, Matogoma Meite, Katelynn Aurelus		<b>#9</b> Rutgers-Camden	<b>53.31</b>	3/22

## Women's 4x400 Relay

1	<b>7</b>	Molly Lodge, Nyla Jones, Jasmine Broadway, Nevaeh Lorjuste		<b>#2</b> Rowan	<b>3:48.24</b>	<b>4/14</b>
2	<b>17</b>	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass		<b>#1</b> Stockton	<b>3:53.34</b>	3/29
3	<b>25</b>	Eliza Bruncaj, Brenna Omert, Kelly O'Grady, Rukiyat Daranijo		<b>#3</b> TCNJ	<b>3:57.75</b>	3/29
4	<b>94</b>	#Type!		<b>#4</b> Montclair State	<b>4:09.89</b>	4/5
5		#Type!		<b>#5</b> Ramapo	<b>4:18.49</b>	3/29
6		Sarah Knoetig, Alondra Sanjurjo Mercado, Samantha Gonzalez, Free Daley		<b>#7</b> Kean	<b>4:30.19</b>	<b>4/12</b>
7		#Type!		<b>#9</b> Rutgers-Camden	<b>4:31.15</b>	4/5

## Women's High Jump

1		Tonna OGINA	JR	<b>#6</b> New Jersey City	<b>1.55m</b>	5-1	4/5
2		Kaitlyn VERVER	SR	<b>#1</b> Stockton	<b>1.54m</b>	5-½	3/29
2		Sarah SCEPKOWSKI	JR	<b>#3</b> TCNJ	<b>1.54m</b>	5-½	3/29
4		Lindsay HAND	SO	<b>#1</b> Stockton {2}	<b>1.52m</b>	4-11¾	3/22
5		Petra DOHERTY	FR	<b>#3</b> TCNJ {2}	<b>1.49m</b>	4-10½	3/29
6		Jessica BRANHAM	JR	<b>#5</b> Ramapo	<b>1.48m</b>	4-10¼	3/29
6		Julia ACEVEDO	SR	<b>#4</b> Montclair State	<b>1.48m</b>	4-10¼	3/29
8		Abigail PFAFF	SR	<b>#3</b> TCNJ {3}	<b>1.43m</b>	4-8¼	<b>4/12</b>
8		Bryanna SHEPPERSON	FR	<b>#5</b> Ramapo {2}	<b>1.43m</b>	4-8¼	3/29
10		Sarah LUMAS	FR	<b>#4</b> Montclair State {2}	<b>1.38m</b>	4-6¼	<b>4/12</b>

## Women's Pole Vault

1	<b>53</b>	Eva MORRISON	JR	<b>#1</b> Stockton	<b>3.48m</b>	11-5	4/5
2		Sydney RICK	FR	<b>#1</b> Stockton {2}	<b>3.20m</b>	10-6	3/22
3		Maya SCANNELL	SO	<b>#3</b> TCNJ	<b>3.05m</b>	10-0	3/29
4		Grace SIMPSON	FR	<b>#1</b> Stockton {3}	<b>2.75m</b>	9-¼	3/22
4		Beatrice DAVERSO	FR	<b>#7</b> Kean	<b>2.75m</b>	9-¼	3/29
6		Erika SCHINASI	FR	<b>#2</b> Rowan	<b>2.58m</b>	8-5½	4/5
7		Cadence MULLER	SO	<b>#2</b> Rowan {2}	<b>2.28m</b>	7-5¾	4/5

## Women's Long Jump

1	<b>59</b>	Tonna OGINA	JR	<b>#6</b> New Jersey City	<b>5.43m</b>	17-9¾ (1.8)	<b>4/12</b>
2		Isabel DUVAL	SO	<b>#1</b> Stockton	<b>5.07m</b>	16-7¾ (0.7)	4/5
3		Kaelyn RODRIGUEZ	FR	<b>#4</b> Montclair State	<b>5.04mw</b>	16-6½ (2.5)	<b>4/12</b>
4		Sarah SCEPKOWSKI	JR	<b>#3</b> TCNJ	<b>5.03m</b>	16-6 (0.3)	<b>4/12</b>
4		Brianna HARRIS	SR	<b>#7</b> Kean	<b>5.03m</b>	16-6 (0.0)	3/22
6		Marlie DIPALMA	FR	<b>#1</b> Stockton {2}	<b>4.98m</b>	16-4¼ (0.0)	3/22
7		Bryanna SHEPPERSON	FR	<b>#5</b> Ramapo	<b>4.88m</b>	16-¼ (-4.1)	3/29
8		Jessica HOLLER	JR	<b>#4</b> Montclair State {2}	<b>4.69m</b>	15-4¾ (-1.6)	3/29
9		Brooke VALAN	SR	<b>#3</b> TCNJ {2}	<b>4.62m</b>	15-2 (1.4)	3/29
9		Aaliyah HAMILTON	JR	<b>#7</b> Kean {2}	<b>4.62m</b>	15-2 (-0.1)	3/29

## Women's Triple Jump

1	<b>84</b>	Brooke VALAN	SR	<b>#3</b> TCNJ	<b>10.92mw</b>	35-10 (2.6)	3/29
2	<b>95</b>	Julia ACEVEDO	SR	<b>#4</b> Montclair State	<b>10.88m</b>	35-8½ (-2.2)	3/29
3		Emma PETROLIA	JR	<b>#1</b> Stockton	<b>10.57m</b>	34-8¼ (0.1)	3/29
4		Maryam KARIYM	FR	<b>#4</b> Montclair State {2}	<b>10.47mw</b>	34-4¼ (2.4)	<b>4/12</b>
5		Sarah LUMAS	FR	<b>#4</b> Montclair State {3}	<b>10.15m</b>	33-3¾ (-2.5)	3/29
6		Kaitlyn VERVER	SR	<b>#1</b> Stockton {2}	<b>10.13m</b>	33-3 (1.3)	3/29
7		Isabel DUVAL	SO	<b>#1</b> Stockton {3}	<b>10.00m</b>	32-9¾ (1.3)	3/29
8		Erin MCGAULEY	JR	<b>#3</b> TCNJ {2}	<b>9.89m</b>	32-5½ (0.7)	3/29



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## Women's Shot Put

1	<b>5</b>	Isabelle DEAL	SR	<b>#2</b> Rowan	<b>13.92m</b>	45-8	4/5
2	<b>73</b>	Taniya GILES	JR	<b>#4</b> Montclair State	<b>12.26m</b>	40-2¾	4/5
3	<b>91</b>	Fejro AKIRI	SR	<b>#8</b> Rutgers-Newark	<b>12.10m</b>	39-8½	4/4
4		Shanil AUGUSTE	SR	<b>#8</b> Rutgers-Newark {2}	<b>11.71m</b>	38-5	4/4
5		Allison LAVIN	SO	<b>#3</b> TCNJ	<b>11.55m</b>	37-10¾	<b>4/12</b>
6		Kerri MCCARTHY	SR	<b>#3</b> TCNJ	{2} <b>11.54m</b>	37-10½	3/29
7		Jess BENTLEY	SO	<b>#1</b> Stockton	<b>11.32m</b>	37-1¾	3/29
8		Maya YESALONIS	SO	<b>#4</b> Montclair State {2}	<b>10.87m</b>	35-8	4/5
9		Kayla FRANKLIN	JR	<b>#9</b> Rutgers-Camden	<b>10.67m</b>	35-¼	4/5
10		Chloe BRIJBAG	FR	<b>#4</b> Montclair State {3}	<b>10.38m</b>	34-¾	4/5

## Women's Discus

1	<b>45</b>	Michaela POMATTO	JR	<b>#1</b> Stockton	<b>41.53m</b>	136-3	4/5
2		Alaijha WILSON	SO	<b>#2</b> Rowan	<b>33.07m</b>	108-6	4/5
3		Kayla FRANKLIN	JR	<b>#9</b> Rutgers-Camden	<b>32.87m</b>	107-10	4/5
4		Jess BENTLEY	SO	<b>#1</b> Stockton	{2} <b>31.32m</b>	102-9	3/29
5		Fejro AKIRI	SR	<b>#8</b> Rutgers-Newark	<b>31.28m</b>	102-8	4/4
6		Katie LITTLE	FR	<b>#2</b> Rowan	{2} <b>30.65m</b>	100-7	4/5
7		Shanil AUGUSTE	SR	<b>#8</b> Rutgers-Newark {2}	<b>29.39m</b>	96-5¼	3/29
8		Isabella CERVANTES	SO	<b>#1</b> Stockton	{3} <b>28.58m</b>	93-9¼	3/22
9		Jennah ATTIA	SR	<b>#7</b> Kean	<b>28.20m</b>	92-6¼	3/29
10		Taniya GILES	JR	<b>#4</b> Montclair State	<b>27.73m</b>	90-11¾	4/5

## Women's Hammer

1	<b>14</b>	Jessica REILLY	SR	<b>#3</b> TCNJ	<b>51.28m</b>	168-3	3/29
2	<b>39</b>	Kerri MCCARTHY	SR	<b>#3</b> TCNJ	{2} <b>49.12m</b>	161-2	<b>4/12</b>
3		Isabella FRED A	SR	<b>#1</b> Stockton	<b>45.25m</b>	148-6	3/22
4		Allison LAVIN	SO	<b>#3</b> TCNJ	{3} <b>45.19m</b>	148-3	<b>4/12</b>
5		Fejro AKIRI	SR	<b>#8</b> Rutgers-Newark	<b>43.88m</b>	144-0	4/4
6		Maya YESALONIS	SO	<b>#4</b> Montclair State	<b>34.93m</b>	114-7	4/5
7		Evelyn TAHMAZIAN	SR	<b>#6</b> New Jersey City	<b>33.60m</b>	110-3	3/29
8		Morgan FARRELL	JR	<b>#1</b> Stockton	{2} <b>33.57m</b>	110-2	4/5
9		Shyanne ANSON	JR	<b>#6</b> New Jersey City {2}	<b>32.14m</b>	105-6	4/5
10		Shanil AUGUSTE	SR	<b>#8</b> Rutgers-Newark {2}	<b>31.56m</b>	103-7	4/4

## Women's Javelin

1	<b>9</b>	Isabelle DEAL	SR	<b>#2</b> Rowan	<b>41.29m</b>	135-6	4/5
2	<b>34</b>	Diamond EADDY	SO	<b>#2</b> Rowan	{2} <b>38.34m</b>	125-10	3/29
3		Ruby CROWELL	SO	<b>#7</b> Kean	<b>33.84m</b>	111-0	3/22
4		Dimitra KOSSIS	SR	<b>#2</b> Rowan	{3} <b>33.62m</b>	110-4	3/29
5		Lily LORIO	SR	<b>#3</b> TCNJ	<b>33.58m</b>	110-2	3/29
6		Allison LAVIN	SO	<b>#3</b> TCNJ	{2} <b>32.91m</b>	108-0	<b>4/12</b>
7		Kayla FRANKLIN	JR	<b>#9</b> Rutgers-Camden	<b>32.28m</b>	105-11	4/5
8		Annalise STEPHENS	SR	<b>#3</b> TCNJ	{3} <b>31.14m</b>	102-2	3/29
9		Sabrina BAER		<b>#2</b> Rowan	{4} <b>29.08m</b>	95-5	3/29
10		Brianna HARRIS	SR	<b>#7</b> Kean	{2} <b>27.50m</b>	90-2¾	3/29

## Women's Heptathlon

1	<b>23</b>	Sarah SCEPKOWSKI	JR	<b>#3</b> TCNJ	<b>3,929</b>	<b>4/12</b>
2	<b>52</b>	Samantha MAGIN	SO	<b>#3</b> TCNJ	{2} <b>3,332</b>	<b>4/12</b>



## Conference TFRI Event Summary



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as of 4/15/2025 8:32:39 AM ET

## Women's 100 Meters

1	20	Kyrstin WILSON	JR	#8 Puget Sound	12.00	(1.5)	3/8
2	53	Allyson HAMMOND	JR	#4 Pacific (Ore.)	12.23	(-0.9)	3/29
3	89	Kira HAWAABOO	SO	#7 Linfield	12.36	(0.3)	4/5
4		Jordyn LUNGO	SR	#2 Whitworth	12.46	(0.5)	3/1
5		Isabella PEREIRA	SO	#2 Whitworth	{2} 12.69	(0.5)	3/1
5		Ayahna BAHATI	SR	#1 George Fox	12.69	(1.3)	3/8
5		Elizabeth BEISWANGER	SO	#8 Puget Sound	{2} 12.69	(-0.4)	3/15
8		Mashani COLEMAN	JR	#3 Willamette	12.74	(1.8)	3/20
9		Brianna TIRA	SO	#2 Whitworth	{3} 12.79	(0.6)	4/11
9		Paige KASSO	SO	#7 Linfield	{2} 12.79	(-0.2)	3/22

## Women's 100 Meter Hurdles

1	6	Allyson HAMMOND	JR	#4 Pacific (Ore.)	14.17	(1.0)	3/22
2	29	Katherine THORNTON	SR	#3 Willamette	14.70	(0.5)	4/12
3	34	Ayahna BAHATI	SR	#1 George Fox	14.81	(1.9)	3/8
4	52	Jenna HUNTSMAN	JR	#1 George Fox	{2} 15.01	(1.9)	3/8
5		Addisen HERRING	FR	#6 Pacific Lutheran	15.46	(-0.4)	4/5
6		Ella THOMPSON	FR	#3 Willamette	{2} 15.52	(0.0)	3/8
7		Lecia SINCERE	JR	#3 Willamette	{3} 15.72	(-1.0)	2/22
8		Kira HAWAABOO	SO	#7 Linfield	15.78	(0.0)	3/21
9		Jordan ROBERTS	JR	#7 Linfield	{2} 15.87	(-0.2)	4/12
10		Greta KOEGLER	SO	#4 Pacific (Ore.)	{2} 15.92	(1.0)	4/12

## Women's 200 Meters

1	23	Kyrstin WILSON	JR	#8 Puget Sound	24.70w	(3.3)	3/8
2	37	Allyson HAMMOND	JR	#4 Pacific (Ore.)	24.87	(1.0)	3/22
3		Kira HAWAABOO	SO	#7 Linfield	25.47	(2.0)	4/15
4		Elizabeth BEISWANGER	SO	#8 Puget Sound	{2} 25.66	(-0.2)	4/5
5		Jenna HUNTSMAN	JR	#1 George Fox	25.68	(2.0)	4/15
5		Emily BROWN	SO	#2 Whitworth	25.68	(2.0)	4/15
7		Jordyn LUNGO	SR	#2 Whitworth	{2} 25.79	(1.6)	4/11
8		Ayahna BAHATI	SR	#1 George Fox	{2} 25.92	(0.1)	3/22
9		Rachelle SILIS	JR	#7 Linfield	{2} 26.16	(1.4)	4/12
10		Paige KASSO	SO	#7 Linfield	{3} 26.22	(1.0)	3/22

## Women's 400 Meters

1	13	Elizabeth BEISWANGER	SO	#8 Puget Sound	56.15		3/1
2		Elsie CHIN	JR	#5 Lewis & Clark	59.06		4/12
3		Malia HEIEN	JR	#5 Lewis & Clark	{2} 59.16		3/29
4		Angelica GATICA GOMEZ	SR	#4 Pacific (Ore.)	59.17		3/1
5		Karys GATES	FR	#1 George Fox	59.46		4/12
6		Rachelle SILIS	JR	#7 Linfield	59.48		4/12
7		Ella FRERICH	FR	#2 Whitworth	59.95		4/4
8		Maleda SIMS	SR	#9 Whitman	1:00.24		4/11
9		Callow SOTO	SO	#5 Lewis & Clark	{3} 1:01.00		4/12
10		Margaret BYLE	SR	#2 Whitworth	{2} 1:01.17		4/4

## Women's 400 Meter Hurdles

1	30	Elsie CHIN	JR	#5 Lewis & Clark	1:04.06		4/12
2	33	Katherine THORNTON	SR	#3 Willamette	1:04.23		4/12
3	43	Emily BROWN	SO	#2 Whitworth	1:04.99		4/4
4	50	Jenna HUNTSMAN	JR	#1 George Fox	1:05.18		3/29
5	89	Mashani COLEMAN	JR	#3 Willamette	{2} 1:06.57		4/5
6		Katie BRIGGS	JR	#3 Willamette	{3} 1:07.65		3/29
7		Addisen HERRING	FR	#6 Pacific Lutheran	1:07.83		3/29
8		Hannah MARCOE	SO	#2 Whitworth	{2} 1:08.88		4/11
9		Margaret BYLE	SR	#2 Whitworth	{3} 1:08.96		3/21
10		Marlee PAGET	FR	#2 Whitworth	{4} 1:09.37		3/29

## Women's 800 Meters

1	7	Ellie RISING	SR	#1 George Fox	2:10.03		4/5
2	39	Malia HEIEN	JR	#5 Lewis & Clark	2:14.49		4/5
3	79	Annalise GONZALES	JR	#1 George Fox	{2} 2:17.25		4/5
4		Erin SCHMIDLIN	SO	#8 Puget Sound	2:19.63		3/8
5		Natalie TAYLOR	SR	#4 Pacific (Ore.)	2:19.90		4/5
6		Hannah TRANBY	JR	#1 George Fox	{3} 2:20.98		3/22
7		Lulu BRADY	SR	#2 Whitworth	2:21.27		3/11
8		Anna BIKLE	JR	#3 Willamette	2:21.78		4/12
9		Morgan SHAW	SO	#3 Willamette	{2} 2:21.83		4/12
10		Miriam RESIDE	JR	#5 Lewis & Clark	{2} 2:22.14		4/5

## Women's 1500 Meters

1	6	Ellie RISING	SR	#1 George Fox	4:28.68		4/12
2	64	Riley BUESE	SR	#5 Lewis & Clark	4:40.54		3/22
3	66	Malia HEIEN	JR	#5 Lewis & Clark	{2} 4:40.61		4/12
4	85	Erin SCHMIDLIN	SO	#8 Puget Sound	4:42.28		4/5
5	98	Breanna SCHMITT	SO	#1 George Fox	{2} 4:43.68		4/12
6		Madeleine BOYLE	JR	#5 Lewis & Clark	{3} 4:44.77		4/5
7		Natalie TAYLOR	SR	#4 Pacific (Ore.)	4:46.72		3/29
8		Hannah TRANBY	JR	#1 George Fox	{3} 4:46.96		3/8
9		Annalise GONZALES	JR	#1 George Fox	{4} 4:47.53		4/12
10		Sarah PULLEN	JR	#1 George Fox	{5} 4:51.47		3/22

## Women's Steeplechase

1	37	Breanna SCHMITT	SO	#1 George Fox	11:15.81		3/22
2	38	Madeleine BOYLE	JR	#5 Lewis & Clark	11:16.43		3/29
3	51	Morgan BODDY	SO	#4 Pacific (Ore.)	11:22.53		4/12
4	74	Allie WILBER	SR	#1 George Fox	{2} 11:31.82		4/12
5	76	Morgan SHAW	SO	#3 Willamette	11:33.22		3/8
6	94	Cris BRETHER	SR	#4 Pacific (Ore.)	{2} 11:39.74		4/12
7		Megan FEITZ	JR	#4 Pacific (Ore.)	{3} 11:43.69		4/12
8		Anastasiia LEMESH	JR	#3 Willamette	{2} 11:53.99		4/5
9		Norah BECK	JR	#8 Puget Sound	12:16.93		4/13
10		Hannah HIGENS	SO	#2 Whitworth	12:49.56		4/4



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## Women's 5000 Meters

1	Madeleine BOYLE	JR	#5 Lewis & Clark	17:49.54	3/22
2	Breanna SCHMITT	SO	#1 George Fox	18:08.18	3/8
3	Sarah PULLEN	JR	#1 George Fox {2}	18:10.35	3/22
4	Kezlie THYGESEN	SO	#2 Whitworth	18:12.54	4/4
5	Chloe COOK	SO	#1 George Fox {3}	18:15.75	4/12
6	Ashlyn DARY	FR	#2 Whitworth {2}	18:19.11	4/4
7	Erin SCHMIDLIN	SO	#8 Puget Sound	18:22.31	4/13
8	Hope BRIDGE	SO	#1 George Fox {4}	18:24.28	3/8
9	Riley BUESE	SR	#5 Lewis & Clark {2}	18:27.48	3/8
10	Lily JONES	SO	#2 Whitworth {3}	18:40.85	4/11

## Women's 10,000 Meters

1	3 Riley BUESE	SR	#5 Lewis & Clark	34:16.33	4/5
2	58 Sarah PULLEN	JR	#1 George Fox	38:03.45	3/1
3	84 Megan FEITZ	JR	#4 Pacific (Ore.)	38:54.28	3/1
4	94 Lillian COURTNAGE-DYKE	FR	#3 Willamette	39:16.36	3/1
5	Dori BUTTLEMAN	SR	#9 Whitman	39:40.25	3/1
6	Cris BRETHER	SR	#4 Pacific (Ore.) {2}	39:52.88	3/1
7	Hope BRIDGE	SO	#1 George Fox {2}	39:52.92	4/5
8	Kezlie THYGESEN	SO	#2 Whitworth	40:03.03	3/1
9	Abbie GOODWIN	SO	#1 George Fox {3}	40:04.90	3/1
10	Ashlyn DARY	FR	#2 Whitworth {2}	40:14.12	3/1

## Women's 4x100 Relay

1	35 Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira	#2 Whitworth	48.14	4/11
2	56 Sophia Rivas, Elizabeth Beiswanger, Victoria Bradshaw, Kyrstin Wilson	#8 Puget Sound	48.73	3/1
3	61 Katherine Thornton, Mashani Coleman, Kenzie Lee, Ella Thompson	#3 Willamette	48.85	3/29
4	64 Jenna Huntsman, Ayahna Bahati, Beth Parangan, Karys Gates	#1 George Fox	48.99	3/22
5	88 Taylor Roles, Paige Kasso, Rachelle Silis, Kira Hawaaboo	#7 Linfield	49.68	3/1
6	Addisen Herring, D'Yhana Clemons, Sarah Brandt, Abigail Caprye	#6 Pacific Lutheran	50.53	4/5
7	Callow Soto, Elsie Chin, Tessa Robinson, Rose Dinh	#5 Lewis & Clark	51.32	3/29
8	Dani Hammond, Paige Villanueva, Angelica Gatica Gomez, Jonette Singh	#4 Pacific (Ore.)	51.34	4/5

## Women's 4x400 Relay

1	34 Victoria Bradshaw, Erin Schmidlin, Kyrstin Wilson, Elizabeth Beiswanger	#8 Puget Sound	4:00.45	3/29
2	45 Elsie Chin, Miriam Reside, Callow Soto, Malia Heien	#5 Lewis & Clark	4:02.89	4/12
3	55 Margaret Byle, Jordyn Lungo, Ella Frerichs, Emily Brown	#2 Whitworth	4:04.24	4/4
4	61 Karys Gates, Annalise Gonzales, Marcella Leita, Ellie Rising	#1 George Fox	4:04.79	3/22
5	74 Katherine Thornton, Mashani Coleman, Katie Wingo, Katie Briggs	#3 Willamette	4:07.01	4/12
6	Ava Schreffler, Lauren Ortega, Megan Feitz, Angelica Gatica Gomez	#4 Pacific (Ore.)	4:14.23	3/29
7	Taylor Roles, Natalia Freimuth, Paige Kasso, Rachelle Silis	#7 Linfield	4:16.91	3/8
8	Lilly Achterling, Kiana Neir, Jessalyn Robles, Addisen Herring	#6 Pacific Lutheran	4:22.30	4/5
9	Payton Davies, Ally Kim, Emme Rousseau, Maleda Sims	#9 Whitman	4:28.11	4/4

## Women's High Jump

1	5 Brianna TIRA	SO	#2 Whitworth	1.68m	5-6	4/11
2	19 Erica SNYDER	JR	#3 Willamette	1.63m	5-4¼	4/15
3	38 Ella THOMPSON	FR	#3 Willamette {2}	1.60m	5-3	4/15
3	38 Whitley STEPP	JR	#3 Willamette {2}	1.60m	5-3	3/1
3	38 Breeauna O'REAR	SR	#1 George Fox	1.60m	5-3	3/21
6	Brecken VANDENHOEK	SR	#1 George Fox {2}	1.55m	5-1	3/22
6	Abigail CAPRYE	SO	#6 Pacific Lutheran	1.55m	5-1	3/22
8	Dani HAMMOND	FR	#4 Pacific (Ore.)	1.54m	5-½	4/15
8	Kira HAWAABOO	SO	#7 Linfield	1.54m	5-½	3/21
10	Cadence LORENZ	FR	#2 Whitworth {2}	1.53m	5-¼	3/1
10	Logan ROBERTS	JR	#7 Linfield {2}	1.53m	5-¼	4/5





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## Women's Pole Vault

1	<b>14</b>	Grace TULLY	SR	<b>#1</b> George Fox	<b>3.80m</b>	12-5½	3/22
2	<b>36</b>	Analissa PARESA	FR	<b>#7</b> Linfield	<b>3.54m</b>	11-7¼	4/5
3	<b>72</b>	Shelby LARSON	SR	<b>#1</b> George Fox	{2} <b>3.39m</b>	11-1½	3/1
4		Evie BRADBURY	FR	<b>#2</b> Whitworth	<b>3.28m</b>	10-9	<b>4/11</b>
5		Kiana NEIR	FR	<b>#6</b> Pacific Lutheran	<b>3.25m</b>	10-8	3/29
6		Abigail WOODRUFF	FR	<b>#1</b> George Fox	{3} <b>3.24m</b>	10-7½	3/1
7		Anna WILSON	JR	<b>#1</b> George Fox	{4} <b>3.20m</b>	10-6	3/8
7		Angela HAWKINS	JR	<b>#1</b> George Fox	{4} <b>3.20m</b>	10-6	3/22
9		Claire NARDELLA	FR	<b>#2</b> Whitworth	{2} <b>3.13m</b>	10-3¼	<b>4/11</b>
10		Victoria BRADSHAW	SR	<b>#8</b> Puget Sound	<b>2.94m</b>	9-7¾	<b>4/13</b>
10		Analia AVALOS-MCBAIN	FR	<b>#2</b> Whitworth	{3} <b>2.94m</b>	9-7¾	4/4

## Women's Long Jump

1	<b>7</b>	Kira HAWAABOO	SO	<b>#7</b> Linfield	<b>5.87m</b>	19-3¼ (-1.2)	4/5
2	<b>37</b>	Victoria AZAR	SR	<b>#1</b> George Fox	<b>5.57m</b>	18-3¼ (0.3)	4/5
3	<b>65</b>	Whitley STEPP	JR	<b>#3</b> Willamette	<b>5.41m</b>	17-9 (0.4)	4/5
4	<b>70</b>	Brianna TIRA	SO	<b>#2</b> Whitworth	<b>5.37m</b>	17-7½ (1.9)	<b>4/11</b>
5	<b>98</b>	Isabella PEREIRA	SO	<b>#2</b> Whitworth	{2} <b>5.29m</b>	17-4¼ (0.0)	3/11
6		Jenna HUNTSMAN	JR	<b>#1</b> George Fox	{2} <b>5.27m</b>	17-3½ (0.0)	4/5
7		Madison DOWNEY	SO	<b>#6</b> Pacific Lutheran	<b>5.16m</b>	16-11¼ (1.1)	4/5
8		Ella THOMPSON	FR	<b>#3</b> Willamette	{2} <b>5.14m</b>	16-10½ (1.2)	3/1
9		Emily BROWN	SO	<b>#2</b> Whitworth	{3} <b>5.10m</b>	16-8¾ (1.4)	3/21
9		Rose DINH	SO	<b>#5</b> Lewis & Clark	<b>5.10m</b>	16-8¾ (0.0)	4/5

## Women's Triple Jump

1	<b>19</b>	Kyleigh ARCHER	SO	<b>#6</b> Pacific Lutheran	<b>11.64m</b>	38-2¼ (1.4)	4/5
2	<b>25</b>	Isabella PEREIRA	SO	<b>#2</b> Whitworth	<b>11.51m</b>	37-9¼ (-0.2)	2/28
3	<b>28</b>	Madison DOWNEY	SO	<b>#6</b> Pacific Lutheran	{2} <b>11.49m</b>	37-8½ (0.2)	4/5
4	<b>60</b>	Brianna TIRA	SO	<b>#2</b> Whitworth	{2} <b>11.11m</b>	36-5½ (0.0)	3/11
5		Kyesha FARMER	FR	<b>#1</b> George Fox	<b>10.85m</b>	35-7¼ (0.0)	<b>4/12</b>
6		Ella THOMPSON	FR	<b>#3</b> Willamette	<b>10.76m</b>	35-3¾ (0.1)	3/29
7		Jonette SINGH	SO	<b>#4</b> Pacific (Ore.)	<b>10.68m</b>	35-½ (0.3)	3/8
7		Amanda MCARTHUR	FR	<b>#3</b> Willamette	{2} <b>10.68m</b>	35-½ (0.0)	3/29
9		Jordan ROBERTS	JR	<b>#7</b> Linfield	<b>10.54m</b>	34-7 (-1.7)	4/5
10		Mallory ELLIOTT	FR	<b>#2</b> Whitworth	{3} <b>10.53m</b>	34-6¾ (1.6)	<b>4/11</b>

## Women's Shot Put

1	<b>8</b>	Amblessed OKEMGBO	JR	<b>#2</b> Whitworth	<b>13.78m</b>	45-2½	4/4
2	<b>16</b>	Madison CARR	SO	<b>#2</b> Whitworth	{2} <b>13.41m</b>	44-0	<b>4/11</b>
3	<b>79</b>	Ellena CORWIN	SR	<b>#1</b> George Fox	<b>12.21m</b>	40-¾	4/5
4	<b>99</b>	Izzy BOYD	SO	<b>#2</b> Whitworth	{3} <b>12.04m</b>	39-6	4/4
5		Tenley GRANT	SR	<b>#3</b> Willamette	<b>12.01m</b>	39-5	3/20
6		Nia PILE	JR	<b>#5</b> Lewis & Clark	<b>12.00m</b>	39-4½	4/5
7		Henri OSBORNE	FR	<b>#3</b> Willamette	{2} <b>11.85m</b>	38-10½	<b>4/12</b>
8		Islee SILIGA	FR	<b>#7</b> Linfield	<b>11.65m</b>	38-2¾	4/5
9		Kylie LOVELESS	SO	<b>#2</b> Whitworth	{4} <b>11.46m</b>	37-7¼	4/4
9		Evan ROBERTS	FR	<b>#1</b> George Fox	{2} <b>11.46m</b>	37-7¼	4/5

## Women's Discus

1	<b>20</b>	Amblessed OKEMGBO	JR	<b>#2</b> Whitworth	<b>43.72m</b>	143-5	4/4
2	<b>79</b>	Addie WENGENDER	SR	<b>#1</b> George Fox	<b>39.51m</b>	129-8	4/5
3		Makayla TUIOLEMOTU	JR	<b>#4</b> Pacific (Ore.)	<b>38.03m</b>	124-9	3/1
4		Eva WIRTH	SR	<b>#6</b> Pacific Lutheran	<b>37.46m</b>	122-11	3/8
5		Sophie HULKE	FR	<b>#7</b> Linfield	<b>36.77m</b>	120-8	4/5
6		Kylie LOVELESS	SO	<b>#2</b> Whitworth	{2} <b>36.37m</b>	119-4	4/4
7		Madison CARR	SO	<b>#2</b> Whitworth	{3} <b>36.21m</b>	118-10	4/4
8		Margaritah BANUELOS	SO	<b>#7</b> Linfield	{2} <b>35.97m</b>	118-0	4/5
9		Izzy CARPENTER	JR	<b>#2</b> Whitworth	{4} <b>35.75m</b>	117-4	4/4
10		Divinity SINGLETON	SO	<b>#5</b> Lewis & Clark	<b>35.43m</b>	116-3	3/8

## Women's Hammer

1	<b>31</b>	Madison CARR	SO	<b>#2</b> Whitworth	<b>49.95m</b>	163-11	4/4
2	<b>45</b>	Tenley GRANT	SR	<b>#3</b> Willamette	<b>48.93m</b>	160-7	<b>4/12</b>
3	<b>84</b>	Eva WIRTH	SR	<b>#6</b> Pacific Lutheran	<b>45.91m</b>	150-8	3/22
4	<b>93</b>	Alessandra VALMONTE	JR	<b>#6</b> Pacific Lutheran	{2} <b>45.56m</b>	149-6	3/22
5		Makayla TUIOLEMOTU	JR	<b>#4</b> Pacific (Ore.)	<b>44.67m</b>	146-7	3/8
6		Izzy CARPENTER	JR	<b>#2</b> Whitworth	{2} <b>44.37m</b>	145-7	3/11
7		Samayia WHITE	SO	<b>#6</b> Pacific Lutheran	{3} <b>42.88m</b>	140-8	3/1
8		Evan ROBERTS	FR	<b>#1</b> George Fox	<b>42.74m</b>	140-3	3/8
9		Kylie LOVELESS	SO	<b>#2</b> Whitworth	{3} <b>41.97m</b>	137-9	3/11
10		Carly WAYSS	JR	<b>#8</b> Puget Sound	<b>41.92m</b>	137-7	3/1

## Women's Javelin

1	<b>13</b>	Devyn CHELIN	SO	<b>#2</b> Whitworth	<b>40.57m</b>	133-1	<b>4/11</b>
2	<b>15</b>	Ellena CORWIN	SR	<b>#1</b> George Fox	<b>40.44m</b>	132-8	4/5
3	<b>17</b>	Brecken VANDENHOEK	SR	<b>#1</b> George Fox	{2} <b>40.04m</b>	131-5	3/22
4	<b>53</b>	Kaiona APIO	SR	<b>#3</b> Willamette	<b>37.02m</b>	121-6	3/1
5	<b>82</b>	Katy COOK	JR	<b>#6</b> Pacific Lutheran	<b>36.02m</b>	118-2	3/15
6	<b>94</b>	Andrea SHIRLEY	FR	<b>#1</b> George Fox	{3} <b>35.49m</b>	116-5	3/22
7		Makayla TUIOLEMOTU	JR	<b>#4</b> Pacific (Ore.)	<b>34.87m</b>	114-5	3/8
8		Natalie ELLIS	SO	<b>#2</b> Whitworth	{2} <b>34.77m</b>	114-1	3/11
9		Beth PARANGAN	SO	<b>#1</b> George Fox	{4} <b>34.65m</b>	113-8	<b>4/12</b>
10		Kira HAWAABOO	SO	<b>#7</b> Linfield	<b>34.37m</b>	112-9	3/21

## Women's Heptathlon

1	<b>4</b>	Kira HAWAABOO	SO	<b>#7</b> Linfield	<b>4,629</b>	3/21
2	<b>5</b>	Breeauna O'REAR	SR	<b>#1</b> George Fox	<b>4,622</b>	3/21
3	<b>8</b>	Jenna HUNTSMAN	JR	<b>#1</b> George Fox	{2} <b>4,456</b>	3/21
4	<b>20</b>	Emily BROWN	SO	<b>#2</b> Whitworth	<b>4,071</b>	3/21
5	<b>26</b>	Ella THOMPSON	FR	<b>#3</b> Willamette	<b>3,891</b>	3/20
6	<b>33</b>	Erica SNYDER	JR	<b>#3</b> Willamette	{2} <b>3,786</b>	3/20
7	<b>36</b>	Courtney TIERNAN	JR	<b>#4</b> Pacific (Ore.)	<b>3,758</b>	3/25
8	<b>41</b>	Savannah JOHNSTONE	FR	<b>#1</b> George Fox	{3} <b>3,524</b>	3/21
9	<b>47</b>	Natalie LANGENBERG	FR	<b>#1</b> George Fox	{4} <b>3,436</b>	3/21
10	<b>53</b>	Shayla HILLSTROM	FR	<b>#2</b> Whitworth	{2} <b>3,320</b>	3/21



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



OAC

as of 4/15/2025 8:32:39 AM ET

## Women's 100 Meters

1	<b>13</b>	Dakota HOUSTON	FR	<b>#3</b>	John Carroll	<b>11.91w</b>	(3.4)	3/30
2	<b>36</b>	Kenadee WAYT	SR	<b>#1</b>	Mount Union	<b>12.14</b>	(1.0)	3/22
3	<b>68</b>	Mia SCOTT	SR	<b>#3</b>	John Carroll	{2} <b>12.30w</b>	(2.5)	3/30
3	<b>68</b>	Sandra KING	FR	<b>#3</b>	John Carroll	{2} <b>12.30</b>	(-0.5)	<b>4/13</b>
5		Kendra KRICHBAUM	SR	<b>#2</b>	Ohio Northern	<b>12.40w</b>	(3.8)	3/30
6		Paige SIMPSON	SO	<b>#2</b>	Ohio Northern	{2} <b>12.43</b>	(1.5)	<b>4/12</b>
7		Paula INCORVATI	FR	<b>#1</b>	Mount Union	{2} <b>12.44w</b>	(2.3)	4/5
8		Tatum WALSH	FR	<b>#2</b>	Ohio Northern	{3} <b>12.53</b>	(1.0)	4/5
8		Brianna BRAATZ	FR	<b>#9</b>	Heidelberg	<b>12.53</b>	(0.9)	<b>4/12</b>
10		Kennedy BERGER	FR	<b>#1</b>	Mount Union	{3} <b>12.66</b>	(0.2)	4/5
10		Paige MUNCHICK	JR	<b>#3</b>	John Carroll	{4} <b>12.66</b>	(0.2)	4/5

## Women's 100 Meter Hurdles

1	<b>13</b>	Jameire HONZU	FR	<b>#4</b>	Baldwin Wallace	<b>14.31w</b>	(2.5)	<b>4/12</b>
2	<b>31</b>	Avonlea JEFFERSON	SO	<b>#1</b>	Mount Union	<b>14.73w</b>	(3.5)	4/5
3	<b>38</b>	Olyvia ASHBROOK	SR	<b>#2</b>	Ohio Northern	<b>14.86w</b>	(2.5)	<b>4/12</b>
4	<b>42</b>	Je'Leycia PROCTER	FR	<b>#2</b>	Ohio Northern	{2} <b>14.89w</b>	(2.5)	<b>4/12</b>
5	<b>50</b>	Elizabeth MASON	SO	<b>#1</b>	Mount Union	{2} <b>15.00w</b>	(3.5)	4/5
6	<b>78</b>	Natasha ZAHURSKY	SR	<b>#1</b>	Mount Union	{3} <b>15.23</b>	(2.0)	4/5
7	<b>79</b>	Savannah JONES	FR	<b>#1</b>	Mount Union	{4} <b>15.24</b>	(-1.3)	<b>4/13</b>
8		Charlie DOLLIVER	JR	<b>#5</b>	Otterbein	<b>15.49w</b>	(2.5)	<b>4/12</b>
9		Lexi WACHTMAN	SR	<b>#9</b>	Heidelberg	<b>15.51w</b>	(2.5)	<b>4/12</b>
10		Ashley COCKRELL	FR	<b>#1</b>	Mount Union	{5} <b>15.76</b>	(2.0)	4/5

## Women's 200 Meters

1	<b>3</b>	Dakota HOUSTON	FR	<b>#3</b>	John Carroll	<b>23.83cw</b>	(24.20) (2.6)	3/30
2	<b>17</b>	Abby COLLIER	SR	<b>#4</b>	Baldwin Wallace	<b>24.53w</b>	(3.2)	3/29
3	<b>33</b>	Tatum WALSH	FR	<b>#2</b>	Ohio Northern	<b>24.84cw</b>	(25.22) (2.6)	3/30
4	<b>44</b>	Kenadee WAYT	SR	<b>#1</b>	Mount Union	<b>24.91</b>	(-2.0)	3/22
5	<b>47</b>	Sandra KING	FR	<b>#3</b>	John Carroll	{2} <b>24.94cw</b>	(25.32) (2.6)	3/30
6		Mia SCOTT	SR	<b>#3</b>	John Carroll	{3} <b>25.52c</b>	(25.91) (0.5)	3/30
7		Madison MILES	SR	<b>#1</b>	Mount Union	{2} <b>25.57</b>	(-1.1)	3/29
8		Brianna BRAATZ	FR	<b>#9</b>	Heidelberg	<b>25.64</b>	(0.8)	<b>4/12</b>
9		Kenae MOORE	FR	<b>#4</b>	Baldwin Wallace	{2} <b>25.65w</b>	(3.2)	3/29
10		Melanie PLECKO	FR	<b>#1</b>	Mount Union	{3} <b>25.77w</b>	(3.0)	4/5

## Women's 400 Meters

1	<b>9</b>	Kenadee WAYT	SR	<b>#1</b>	Mount Union	<b>55.81</b>		3/22
2	<b>11</b>	Madison MILES	SR	<b>#1</b>	Mount Union	{2} <b>55.92</b>		<b>4/13</b>
3	<b>23</b>	Abby COLLIER	SR	<b>#4</b>	Baldwin Wallace	<b>56.52</b>		4/5
4	<b>46</b>	Sandra KING	FR	<b>#3</b>	John Carroll	<b>57.63</b>		<b>4/13</b>
5	<b>57</b>	Carlie BESECKER	FR	<b>#1</b>	Mount Union	{3} <b>57.87</b>		<b>4/13</b>
6	<b>76</b>	Emma FEHRMAN	SR	<b>#8</b>	Marietta	<b>58.38</b>		3/15
7	<b>77</b>	Tatum WALSH	FR	<b>#2</b>	Ohio Northern	<b>58.39</b>		<b>4/12</b>
8	<b>85</b>	Mary MASON	SR	<b>#1</b>	Mount Union	{4} <b>58.57</b>		4/5
9		Halle COCHRAN	SR	<b>#1</b>	Mount Union	{5} <b>58.96</b>		4/5
10		Paige MUNCHICK	JR	<b>#3</b>	John Carroll	{2} <b>59.17</b>		<b>4/13</b>

## Women's 400 Meter Hurdles

1	<b>29</b>	Olyvia ASHBROOK	SR	<b>#2</b>	Ohio Northern	<b>1:03.99</b>		<b>4/12</b>
2	<b>42</b>	De'Aunee THOMPSON	FR	<b>#1</b>	Mount Union	<b>1:04.90</b>		<b>4/13</b>
3	<b>48</b>	Chloe LOVETT	JR	<b>#6</b>	Wilmington (Ohi	<b>1:05.08</b>		4/5
4	<b>81</b>	Alexa LANE	FR	<b>#2</b>	Ohio Northern	{2} <b>1:06.35</b>		<b>4/12</b>
5		Emalea COLLINS	JR	<b>#2</b>	Ohio Northern	{3} <b>1:07.96</b>		<b>4/12</b>
6		Avonlea JEFFERSON	SO	<b>#1</b>	Mount Union	{2} <b>1:08.12</b>		3/22
7		Genevieve LEGAWIEC	SO	<b>#5</b>	Otterbein	<b>1:08.72</b>		<b>4/12</b>
8		Alex VARGO	FR	<b>#2</b>	Ohio Northern	{4} <b>1:08.78</b>		<b>4/12</b>
9		Rebecca SANTOM	SR	<b>#1</b>	Mount Union	{3} <b>1:09.01</b>		<b>4/13</b>
10		Katelyn MESSNER	SR	<b>#2</b>	Ohio Northern	{5} <b>1:09.36</b>		<b>4/12</b>

## Women's 800 Meters

1	<b>5</b>	Mary MASON	SR	<b>#1</b>	Mount Union	<b>2:09.29</b>		<b>4/14</b>
2	<b>10</b>	Hope MURPHY	SR	<b>#4</b>	Baldwin Wallace	<b>2:10.95</b>		<b>4/14</b>
3	<b>82</b>	Taylor HENNESSY	SO	<b>#1</b>	Mount Union	{2} <b>2:17.49</b>		<b>4/13</b>
4	<b>96</b>	Kenadee WAYT	SR	<b>#1</b>	Mount Union	{3} <b>2:17.77</b>		3/29
5		Marah BETHEL	FR	<b>#1</b>	Mount Union	{4} <b>2:19.12</b>		<b>4/13</b>
6		Michaela HIERONYMUS	JR	<b>#8</b>	Marietta	<b>2:19.91</b>		<b>4/12</b>
7		Katurah PLECKO	JR	<b>#4</b>	Baldwin Wallace	{2} <b>2:19.93</b>		<b>4/12</b>
8		Halle COCHRAN	SR	<b>#1</b>	Mount Union	{5} <b>2:20.15</b>		<b>4/14</b>
9		Callie CYRUS	FR	<b>#1</b>	Mount Union	{6} <b>2:20.69</b>		<b>4/13</b>
10		Hayden SETTY	SO	<b>#6</b>	Wilmington (Ohi	<b>2:20.89</b>		4/5

## Women's 1500 Meters

1	<b>17</b>	Faith DUNCAN	JR	<b>#6</b>	Wilmington (Ohi	<b>4:32.28</b>		4/5
2	<b>57</b>	Alyssa VIS	SO	<b>#3</b>	John Carroll	<b>4:39.65</b>		4/5
3	<b>67</b>	Annie HIGGINS	SR	<b>#3</b>	John Carroll	{2} <b>4:40.80</b>		<b>4/14</b>
4	<b>70</b>	Abby SCHROFF	JR	<b>#3</b>	John Carroll	{3} <b>4:41.17</b>		4/5
5	<b>90</b>	Gianini VENUTO	SR	<b>#1</b>	Mount Union	<b>4:42.62</b>		4/5
6		Hope MURPHY	SR	<b>#4</b>	Baldwin Wallace	<b>4:44.36</b>		4/5
7		Abby MATTHEWS	SR	<b>#2</b>	Ohio Northern	<b>4:44.72</b>		3/28
8		Anne REA	FR	<b>#3</b>	John Carroll	{4} <b>4:45.30</b>		4/5
9		Marah BETHEL	FR	<b>#1</b>	Mount Union	{2} <b>4:48.27</b>		4/5
10		Alyssa MATTIS	SR	<b>#5</b>	Otterbein	<b>4:48.38</b>		<b>4/12</b>

## Women's Steeplechase

1	<b>41</b>	Natalie ARMBRUSTER	JR	<b>#2</b>	Ohio Northern	<b>11:18.24</b>		<b>4/12</b>
2		AnnaSophia GOWER	SO	<b>#2</b>	Ohio Northern	{2} <b>11:43.46</b>		4/5
3		Sydney WINGLER	JR	<b>#3</b>	John Carroll	<b>11:59.83</b>		<b>4/13</b>
4		Brenna LAY	FR	<b>#5</b>	Otterbein	<b>12:03.14</b>		<b>4/12</b>
5		Elizabeth BURNS	SR	<b>#4</b>	Baldwin Wallace	<b>14:02.76</b>		<b>4/12</b>



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WOMEN — 2025 Checkpoint #3, April 15



OAC

as of 4/15/2025 8:32:40 AM ET

## Women's 5000 Meters

1	<b>39</b>	Abby SCHROFF	JR	<b>#3</b> John Carroll	<b>17:17.79</b>	<b>4/14</b>
2	<b>84</b>	Anne REA	FR	<b>#3</b> John Carroll {2}	<b>17:35.16</b>	<b>4/14</b>
3		Gianini VENUTO	SR	<b>#1</b> Mount Union	<b>17:45.17</b>	3/29
4		Samantha ROTH	JR	<b>#2</b> Ohio Northern	<b>18:02.22</b>	<b>4/12</b>
5		AnnaSophia GOWER	SO	<b>#2</b> Ohio Northern {2}	<b>18:12.51</b>	3/28
6		Ashley HOCKSTOK	SR	<b>#2</b> Ohio Northern {3}	<b>18:20.84</b>	<b>4/12</b>
7		Dani WIDMARK	JR	<b>#2</b> Ohio Northern {4}	<b>18:41.97</b>	<b>4/12</b>
8		Kierstin KNELL	SO	<b>#5</b> Otterbein	<b>18:46.46</b>	<b>4/12</b>
9		Jasmine ARNOLD	SR	<b>#1</b> Mount Union {2}	<b>18:56.86</b>	3/29
10		Casey WACCHUAS	JR	<b>#1</b> Mount Union {3}	<b>18:58.76</b>	<b>4/13</b>

## Women's 10,000 Meters

1	<b>1</b>	Faith DUNCAN	JR	<b>#6</b> Wilmington (Ohi	<b>32:57.31</b>	3/29
2	<b>36</b>	Ashley HOCKSTOK	SR	<b>#2</b> Ohio Northern	<b>37:17.23</b>	3/28
3	<b>56</b>	Kennedy RADER	JR	<b>#2</b> Ohio Northern {2}	<b>38:01.92</b>	3/28
4		Taylor FORBES	FR	<b>#1</b> Mount Union	<b>40:34.63</b>	<b>4/13</b>
5		Olivia ELLIS	SO	<b>#10</b> Capital	<b>40:36.21</b>	<b>4/12</b>
6		Ashley COOPER	JR	<b>#1</b> Mount Union {2}	<b>40:43.79</b>	<b>4/13</b>
7		Jensen WOLFE	SR	<b>#4</b> Baldwin Wallace	<b>40:50.23</b>	<b>4/12</b>
8		Amy BURCHETT	SO	<b>#4</b> Baldwin Wallace {2}	<b>41:05.08</b>	<b>4/12</b>
9		Kennedy HELTON	FR	<b>#5</b> Otterbein	<b>41:14.71</b>	<b>4/12</b>
10		Isabelle PULEO	SR	<b>#1</b> Mount Union {3}	<b>41:22.54</b>	<b>4/13</b>

## Women's 4x100 Relay

1	<b>7</b>	Mia Scott, Sandra King, Paige Munchick, Dakota Houston	<b>#3</b> John Carroll	<b>46.76</b>	<b>4/13</b>
2	<b>18</b>	Kennedy Berger, Paula Incorvati, Madison Miles, Kenadee Wayt	<b>#1</b> Mount Union	<b>47.49</b>	3/29
3	<b>63</b>	Kenae Moore, Abby Collier, Jessica Klonowski, Jameire Honzu	<b>#4</b> Baldwin Wallace	<b>48.95</b>	<b>4/12</b>
4	<b>71</b>	Paige Simpson, Kendra Krichbaum, Stacey Legg, Tatum Walsh	<b>#2</b> Ohio Northern	<b>49.12</b>	3/30
5	<b>97</b>	#Type!	<b>#6</b> Wilmington (Ohi	<b>49.96</b>	<b>4/12</b>
6		Natalie Nichols, Genevieve Legawiec, Mallory Bostick, Brooke Hamilton	<b>#5</b> Otterbein	<b>50.89</b>	4/5
7		Mea Kaufman, Jacquelyn Grinnell, Liberty Bunting, Averi Wallace	<b>#7</b> Muskingum	<b>51.06</b>	3/29

## Women's 4x400 Relay

1	<b>8</b>	Mary Mason, Madison Miles, Carlie Besecker, Kenadee Wayt	<b>#1</b> Mount Union	<b>3:49.00</b>	4/5
2	<b>66</b>	Abby Collier, Katurah Plecko, Jameire Honzu, Hope Murphy	<b>#4</b> Baldwin Wallace	<b>4:05.27</b>	4/5
3	<b>85</b>	Tatum Walsh, Olyvia Ashbrook, Kaylana Logan, Lily Wolfe	<b>#2</b> Ohio Northern	<b>4:08.92</b>	4/5
4	<b>91</b>	#Type!	<b>#6</b> Wilmington (Ohi	<b>4:09.59</b>	<b>4/12</b>
5	<b>99</b>	Mea Kaufman, Abigail Derry, Emily Keylor, Averi Wallace	<b>#7</b> Muskingum	<b>4:10.78</b>	3/22
6		Mallory Bostick, Rachel Bollo, Natalie Nichols, Maggie Moon	<b>#5</b> Otterbein	<b>4:14.00</b>	4/5
7		Ellie Kitsmiller, Emmaline Hannan, Elizabeth Heim, Sam Goodnough	<b>#3</b> John Carroll	<b>4:18.74</b>	<b>4/13</b>
8		Emma Fehrman, Michaela Hieronymus, Lillian Franchino, Eden Tepe	<b>#8</b> Marietta	<b>4:31.46</b>	<b>4/12</b>
9		Ariana Hewitt, Kenzie Smith, Gretchen Donley, Ana Henderson	<b>#9</b> Heidelberg	<b>5:08.04</b>	4/5

## Women's High Jump

1	<b>29</b>	Michaela BRYAN	SR	<b>#3</b> John Carroll	<b>1.62m</b>	5-3¾	4/5
2	<b>38</b>	Emersyn GERKEN	FR	<b>#2</b> Ohio Northern	<b>1.60m</b>	5-3	4/5
3	<b>71</b>	Rylee GORRELL	SO	<b>#4</b> Baldwin Wallace	<b>1.58m</b>	5-2¼	3/29
4	<b>84</b>	Makenna OSZUST	FR	<b>#1</b> Mount Union	<b>1.57m</b>	5-1¾	<b>4/13</b>
5	<b>91</b>	Marissa HILL	SO	<b>#7</b> Muskingum	<b>1.56m</b>	5-1¼	3/29
6		Lindsay WEININGER	JR	<b>#2</b> Ohio Northern {2}	<b>1.53m</b>	5-¼	<b>4/12</b>
7		Ella JACOBS	FR	<b>#9</b> Heidelberg	<b>1.50m</b>	4-11	3/30
7		Ellie FORD	JR	<b>#2</b> Ohio Northern {3}	<b>1.50m</b>	4-11	4/5
9		Megan MAHAFFEY	FR	<b>#1</b> Mount Union {2}	<b>1.48m</b>	4-10¼	3/29
9		Paityn CORTHELL	FR	<b>#1</b> Mount Union {2}	<b>1.48m</b>	4-10¼	4/5

## Women's Pole Vault

1	<b>8</b>	Claire SCHWELLER	JR	<b>#2</b> Ohio Northern	<b>3.90m</b>	12-9½	<b>4/12</b>
2	<b>11</b>	Emily THOMPSON	JR	<b>#8</b> Marietta	<b>3.84m</b>	12-7¼	3/29
3	<b>73</b>	Jessica MASON	SO	<b>#1</b> Mount Union	<b>3.36m</b>	11-¼	3/29
4	<b>86</b>	Anna MARCHINY	FR	<b>#2</b> Ohio Northern {2}	<b>3.34m</b>	10-11½	3/30
4	<b>86</b>	Jaclyn BOARDMAN	SR	<b>#2</b> Ohio Northern {2}	<b>3.34m</b>	10-11½	3/30
6	<b>91</b>	Peyton PUTNAM	FR	<b>#4</b> Baldwin Wallace	<b>3.30m</b>	10-9¾	<b>4/12</b>
6	<b>91</b>	Eden TEPE	FR	<b>#8</b> Marietta {2}	<b>3.30m</b>	10-9¾	<b>4/12</b>
8		Annalyse AMES	SO	<b>#1</b> Mount Union {2}	<b>3.29m</b>	10-9½	3/22
9		Morgan RILEY	FR	<b>#4</b> Baldwin Wallace {2}	<b>3.20m</b>	10-6	4/5
10		Abigail WHITEHEAD	FR	<b>#3</b> John Carroll	<b>3.16m</b>	10-4¼	<b>4/13</b>



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## Women's Long Jump

1	<b>10</b>	Dakota HOUSTON	FR	<b>#3</b>	John Carroll	<b>5.77m</b>	18-11¼ (1.4)	<b>4/11</b>
2	<b>52</b>	Kalie CAMPBELL	SO	<b>#1</b>	Mount Union	<b>5.46mw</b>	17-11 (2.6)	3/22
3	<b>73</b>	Rylie HAYNES	SO	<b>#1</b>	Mount Union	{2} <b>5.36m</b>	17-7 (1.5)	<b>4/13</b>
4	<b>85</b>	Lexi WACHTMAN	SR	<b>#9</b>	Heidelberg	<b>5.34m</b>	17-6¼ (1.2)	<b>4/12</b>
5		Lauryn WOLTERS	JR	<b>#2</b>	Ohio Northern	<b>5.27mw</b>	17-3½ (2.7)	3/30
6		Mackenzie DAVIS	SO	<b>#1</b>	Mount Union	{3} <b>5.20m</b>	17-¾ (1.6)	3/22
7		Madeline BURGESS	FR	<b>#1</b>	Mount Union	{4} <b>5.15mw</b>	16-10¾ (2.1)	3/22
8		Katelyn STECHSCHULTE	FR	<b>#2</b>	Ohio Northern	{2} <b>5.11m</b>	16-9¼ (0.9)	<b>4/12</b>
9		Ella ZAMBRUNO	JR	<b>#3</b>	John Carroll	{2} <b>5.01mw</b>	16-5¼ (3.0)	3/30
10		Megan MAHAFFEY	FR	<b>#1</b>	Mount Union	{5} <b>4.99mw</b>	16-4½ (2.2)	3/22
10		Maddie ELDRIDGE	FR	<b>#1</b>	Mount Union	{5} <b>4.99m</b>	16-4½ (0.7)	<b>4/13</b>

## Women's Triple Jump

1	<b>58</b>	Madeline BURGESS	FR	<b>#1</b>	Mount Union	<b>11.13m</b>	36-6¼ (1.1)	<b>4/13</b>
2	<b>67</b>	Emma FEHRMAN	SR	<b>#8</b>	Marietta	<b>11.04m</b>	36-2¾ (-0.1)	3/29
3		Charlie DOLLIVER	JR	<b>#5</b>	Otterbein	<b>10.48m</b>	34-4¾ (1.7)	3/30
4		Lauryn WOLTERS	JR	<b>#2</b>	Ohio Northern	<b>10.31m</b>	33-10 (1.9)	<b>4/12</b>
5		Ella GILL	FR	<b>#3</b>	John Carroll	<b>10.28m</b>	33-8¾ (1.4)	3/30
6		Massey ANDRYKOVITCH	SR	<b>#3</b>	John Carroll	{2} <b>10.03m</b>	32-11 (0.4)	3/30
7		Rebecca SANTOM	SR	<b>#1</b>	Mount Union	{2} <b>10.02m</b>	32-10½ (0.9)	<b>4/13</b>
8		Lily POLK	FR	<b>#1</b>	Mount Union	{3} <b>9.89m</b>	32-5½ (1.0)	<b>4/13</b>
9		Leah FRITSCH	JR	<b>#3</b>	John Carroll	{3} <b>9.88m</b>	32-5 (0.5)	3/30
10		Eriana HOLLOWELL	FR	<b>#4</b>	Baldwin Wallace	<b>9.85m</b>	32-3¾ (-1.3)	4/5

## Women's Shot Put

1	<b>25</b>	Makayla SITZLAR	JR	<b>#1</b>	Mount Union	<b>13.06m</b>	42-10¼	3/29
2	<b>26</b>	Anastasia SMITH	FR	<b>#5</b>	Otterbein	<b>12.99m</b>	42-7½	4/5
3	<b>32</b>	Hannah FRIEND	SR	<b>#2</b>	Ohio Northern	<b>12.88m</b>	42-3¼	3/30
4	<b>37</b>	Izzy BURMAN	SR	<b>#2</b>	Ohio Northern	{2} <b>12.76m</b>	41-10½	<b>4/12</b>
5	<b>51</b>	Anna BRADY	SO	<b>#2</b>	Ohio Northern	{3} <b>12.61m</b>	41-4½	<b>4/12</b>
6	<b>68</b>	Katelyn WAGNER	SO	<b>#2</b>	Ohio Northern	{4} <b>12.33m</b>	40-5½	3/30
7	<b>85</b>	Makenna RUDY	SO	<b>#1</b>	Mount Union	{2} <b>12.14m</b>	39-10	4/5
8	<b>98</b>	Peyton CARPENTER	SR	<b>#5</b>	Otterbein	{2} <b>12.05m</b>	39-6½	4/5
9		Emily TORRES	SR	<b>#4</b>	Baldwin Wallace	<b>11.98m</b>	39-3¾	3/29
10		Kenna JOHNSTON	SR	<b>#1</b>	Mount Union	{3} <b>11.89m</b>	39-¼	<b>4/13</b>

## Women's Discus

1	<b>23</b>	Hannah FRIEND	SR	<b>#2</b>	Ohio Northern	<b>43.44m</b>	142-6	3/30
2	<b>31</b>	Samantha SELLERS	SR	<b>#2</b>	Ohio Northern	{2} <b>42.50m</b>	139-5	3/30
3	<b>34</b>	Landry DRISKEL	SO	<b>#5</b>	Otterbein	<b>42.26m</b>	138-8	<b>4/12</b>
4	<b>51</b>	Izzy BURMAN	SR	<b>#2</b>	Ohio Northern	{3} <b>41.19m</b>	135-2	<b>4/12</b>
5	<b>57</b>	Mykell BOWEN	SO	<b>#6</b>	Wilmington (Ohi	<b>40.50m</b>	132-11	3/30
6	<b>88</b>	Katlyn FLOYD	SO	<b>#2</b>	Ohio Northern	{4} <b>38.96m</b>	127-10	4/5
7		Tori MCGOWAN	FR	<b>#5</b>	Otterbein	{2} <b>38.24m</b>	125-6	<b>4/12</b>
8		Ravyn GOODSON	SR	<b>#5</b>	Otterbein	{3} <b>37.52m</b>	123-1	4/5
9		Katelyn WAGNER	SO	<b>#2</b>	Ohio Northern	{5} <b>37.51m</b>	123-1	4/5
10		Makayla SITZLAR	JR	<b>#1</b>	Mount Union	<b>36.99m</b>	121-4	<b>4/13</b>

## Women's Hammer

1	<b>37</b>	Izzy BURMAN	SR	<b>#2</b>	Ohio Northern	<b>49.49m</b>	162-5	4/5
2	<b>46</b>	Lucy TROUT	JR	<b>#6</b>	Wilmington (Ohi	<b>48.92m</b>	160-6	3/30
3	<b>79</b>	Hannah FRIEND	SR	<b>#2</b>	Ohio Northern	{2} <b>46.20m</b>	151-7	3/30
4	<b>86</b>	Mykell BOWEN	SO	<b>#6</b>	Wilmington (Ohi	{2} <b>45.78m</b>	150-3	3/29
5	<b>90</b>	Janelle ROMINGER	FR	<b>#4</b>	Baldwin Wallace	<b>45.61m</b>	149-8	<b>4/12</b>
6	<b>92</b>	Amy MYERS	JR	<b>#6</b>	Wilmington (Ohi	{3} <b>45.60m</b>	149-7	3/30
7		Sarah HART	JR	<b>#3</b>	John Carroll	<b>44.38m</b>	145-7	<b>4/13</b>
8		Buzz KLINE	SR	<b>#1</b>	Mount Union	<b>44.26m</b>	145-3	4/5
9		Cara JEWETT	SR	<b>#3</b>	John Carroll	{2} <b>44.14m</b>	144-10	3/30
10		Reese OSBORN	JR	<b>#1</b>	Mount Union	{2} <b>44.04m</b>	144-6	4/5

## Women's Javelin

1	<b>12</b>	Lily SHAHAN	FR	<b>#3</b>	John Carroll	<b>40.61m</b>	133-3	<b>4/13</b>
2	<b>35</b>	Leah FRITSCH	JR	<b>#3</b>	John Carroll	{2} <b>38.31m</b>	125-8	<b>4/13</b>
3	<b>46</b>	Katlyn FLOYD	SO	<b>#2</b>	Ohio Northern	<b>37.48m</b>	123-0	3/30
4	<b>81</b>	Peyton CARPENTER	SR	<b>#5</b>	Otterbein	<b>36.05m</b>	118-3	<b>4/12</b>
5	<b>93</b>	Sophia HARDWICK	FR	<b>#6</b>	Wilmington (Ohi	<b>35.52m</b>	116-7	4/5
6		Katelyn WAGNER	SO	<b>#2</b>	Ohio Northern	{2} <b>33.42m</b>	109-8	3/30
7		Tarrah BEVIER	SR	<b>#2</b>	Ohio Northern	{3} <b>32.56m</b>	106-10	3/30
8		Emily KEYLOR	JR	<b>#7</b>	Muskingum	<b>32.33m</b>	106-1	4/5
9		Samantha SELLERS	SR	<b>#2</b>	Ohio Northern	{4} <b>32.14m</b>	105-6	3/30
10		Elizabeth SCHNEGG	JR	<b>#8</b>	Marietta	<b>32.08m</b>	105-3	4/5

## Women's Heptathlon

1	<b>46</b>	Charlie DOLLIVER	JR	<b>#5</b>	Otterbein	<b>3,445</b>	3/22
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## Conference TFRI Event Summary



ODAC

as of 4/15/2025 8:32:40 AM ET

## Women's 100 Meters

1	<b>57</b>	Lilly VERSEN	FR	<b>#1</b> Washington and	<b>12.24</b>	(1.6)	3/29
2	<b>70</b>	Rylee TURNER	JR	<b>#2</b> Lynchburg	<b>12.31w</b>	(2.2)	3/29
3	<b>78</b>	Jade BUCKLES	JR	<b>#4</b> Bridgewater (Va.	<b>12.33</b>	(-0.2)	4/5
4	<b>89</b>	Nalonda HENDERSON	SO	<b>#3</b> Roanoke	<b>12.36</b>	(0.1)	<b>4/12</b>
5		Kennedy CHAPMAN	SO	<b>#5</b> Virginia Wesleya	<b>12.48</b>	(2.0)	<b>4/12</b>
6		Ashley D'AMBROSIA	SR	<b>#1</b> Washington and {2}	<b>12.52</b>	(1.6)	3/29
7		Summer WALLACE	SO	<b>#4</b> Bridgewater (Va. {2}	<b>12.60</b>	(0.5)	4/5
8		Janelle ANDERSON	SR	<b>#6</b> Shenandoah	<b>12.61</b>	(1.5)	<b>4/12</b>
9		Jaidyn TURNER	SR	<b>#7</b> Randolph	<b>12.69w</b>	(2.2)	3/29
10		Jessica TAYLOR	SO	<b>#7</b> Randolph {2}	<b>12.71w</b>	(2.6)	3/22

## Women's 100 Meter Hurdles

1	<b>16</b>	Betsy MOHNKERN	SR	<b>#2</b> Lynchburg	<b>14.36w</b>	(2.6)	3/29
2	<b>36</b>	Amanda ROMANO	SR	<b>#1</b> Washington and	<b>14.83w</b>	(2.3)	3/29
3	<b>48</b>	Olivia VIERS	SO	<b>#3</b> Roanoke	<b>14.98</b>	(1.0)	<b>4/12</b>
4	<b>65</b>	Cammi WINSTON	SR	<b>#3</b> Roanoke {2}	<b>15.12</b>	(1.0)	<b>4/12</b>
5	<b>79</b>	Olivia BATES	JR	<b>#4</b> Bridgewater (Va.	<b>15.24</b>	(1.9)	4/5
6	<b>87</b>	Rebecca CARR	SO	<b>#3</b> Roanoke {3}	<b>15.28</b>	(1.0)	<b>4/12</b>
7		Olivia CRIGGER	FR	<b>#4</b> Bridgewater (Va. {2}	<b>15.64w</b>	(2.3)	3/29
8		Maddie WATSON	FR	<b>#4</b> Bridgewater (Va. {3}	<b>16.16</b>	(-1.0)	4/5
9		Joanne LEE	SO	<b>#1</b> Washington and {2}	<b>16.25w</b>	(2.3)	3/29
10		Margo FOX	JR	<b>#2</b> Lynchburg {2}	<b>16.40</b>	(1.6)	4/5

## Women's 200 Meters

1	<b>67</b>	Lindsey HOBIN	JR	<b>#3</b> Roanoke	<b>25.10</b>	(1.6)	4/5
2	<b>74</b>	Jade BUCKLES	JR	<b>#4</b> Bridgewater (Va.	<b>25.17</b>	(0.6)	4/5
3	<b>92</b>	Summer WALLACE	SO	<b>#4</b> Bridgewater (Va. {2}	<b>25.31w</b>	(2.1)	3/29
4		Rylee TURNER	JR	<b>#2</b> Lynchburg	<b>25.44</b>	(1.2)	3/29
5		Betsy MOHNKERN	SR	<b>#2</b> Lynchburg {2}	<b>25.74</b>	(1.1)	3/29
6		Kennedy CHAPMAN	SO	<b>#5</b> Virginia Wesleya	<b>25.83</b>	(1.2)	3/29
7		Eleanor HINCKLEY	SR	<b>#3</b> Roanoke {2}	<b>25.85w</b>	(3.6)	4/5
8		Jesma EVANS	JR	<b>#1</b> Washington and	<b>25.87</b>	(-0.2)	3/22
9		Lilly VERSEN	FR	<b>#1</b> Washington and {2}	<b>25.91</b>	(-0.2)	3/22
10		Ashley D'AMBROSIA	SR	<b>#1</b> Washington and {3}	<b>26.02</b>	(-2.1)	3/22

## Women's 400 Meters

1	<b>24</b>	Jesma EVANS	JR	<b>#1</b> Washington and	<b>56.58</b>		<b>4/11</b>
2	<b>77</b>	Jessica TAYLOR	SO	<b>#7</b> Randolph	<b>58.39</b>		<b>4/12</b>
3		Maryrose MOLINA-SHUMAN	JR	<b>#3</b> Roanoke	<b>59.32</b>		3/29
4		Lindsey HOBIN	JR	<b>#3</b> Roanoke {2}	<b>59.36</b>		4/5
5		Jazmine PATTERSON	JR	<b>#9</b> Hollins	<b>59.87</b>		3/22
6		Ophelia LADNER	JR	<b>#3</b> Roanoke {3}	<b>59.88</b>		3/29
7		Hannah EDWARDS	SO	<b>#2</b> Lynchburg	<b>1:00.03</b>		3/29
8		Rylee TURNER	JR	<b>#2</b> Lynchburg {2}	<b>1:00.08</b>		4/5
9		Annabelle SUTLIFF	SO	<b>#1</b> Washington and {2}	<b>1:00.76</b>		4/5
10		Julia HATHAWAY	JR	<b>#5</b> Virginia Wesleya	<b>1:00.82</b>		4/5

## Women's 400 Meter Hurdles

1	<b>9</b>	Amanda ROMANO	SR	<b>#1</b> Washington and	<b>1:02.18</b>		4/5
2	<b>14</b>	Ophelia LADNER	JR	<b>#3</b> Roanoke	<b>1:03.00</b>		4/5
3	<b>59</b>	Betsy MOHNKERN	SR	<b>#2</b> Lynchburg	<b>1:05.55</b>		4/5
4	<b>92</b>	Jessica TAYLOR	SO	<b>#7</b> Randolph	<b>1:06.65</b>		4/5
5		Lindsey HOBIN	JR	<b>#3</b> Roanoke {2}	<b>1:06.98</b>		<b>4/12</b>
6		Anna MILLER	SO	<b>#2</b> Lynchburg {2}	<b>1:08.40</b>		<b>4/12</b>
7		Margo FOX	JR	<b>#2</b> Lynchburg {3}	<b>1:08.88</b>		3/29
8		Jennifer MOORE	SR	<b>#7</b> Randolph {2}	<b>1:09.23</b>		4/5
9		Joanne LEE	SO	<b>#1</b> Washington and {2}	<b>1:11.08</b>		3/22
10		Destiny JOSEPH	FR	<b>#4</b> Bridgewater (Va.	<b>1:13.86</b>		<b>4/11</b>

## Women's 800 Meters

1	<b>46</b>	Hannah EDWARDS	SO	<b>#2</b> Lynchburg	<b>2:15.27</b>		<b>4/12</b>
2	<b>92</b>	Mimi KEMP	SR	<b>#1</b> Washington and	<b>2:17.73</b>		3/29
3		Taylor MYERS	FR	<b>#4</b> Bridgewater (Va.	<b>2:19.65</b>		<b>4/11</b>
4		Courtney DRUMM	SR	<b>#2</b> Lynchburg {2}	<b>2:21.23</b>		3/22
5		Lucie GRAZIANO	SO	<b>#1</b> Washington and {2}	<b>2:22.16</b>		3/29
6		Emma MITCHELL	SR	<b>#1</b> Washington and {3}	<b>2:22.45</b>		3/29
7		Brenna LUCZAK	SO	<b>#1</b> Washington and {4}	<b>2:22.65</b>		3/29
8		Makenna THRUSH	SR	<b>#6</b> Shenandoah	<b>2:22.70</b>		<b>4/12</b>
9		Amy OLEKSY	JR	<b>#6</b> Shenandoah {2}	<b>2:22.85</b>		<b>4/12</b>
10		Grace SEMOW	FR	<b>#6</b> Shenandoah {3}	<b>2:22.89</b>		<b>4/12</b>

## Women's 1500 Meters

1	<b>61</b>	Sophia BRESCHI	JR	<b>#1</b> Washington and	<b>4:40.19</b>		4/5
2	<b>72</b>	Allison DELL	SR	<b>#2</b> Lynchburg	<b>4:41.33</b>		3/29
3	<b>81</b>	Makenna THRUSH	SR	<b>#6</b> Shenandoah	<b>4:41.88</b>		<b>4/12</b>
4	<b>93</b>	Taylor MYERS	FR	<b>#4</b> Bridgewater (Va.	<b>4:43.15</b>		4/5
5	<b>96</b>	Emma MITCHELL	SR	<b>#1</b> Washington and {2}	<b>4:43.56</b>		3/22
6		Mimi KEMP	SR	<b>#1</b> Washington and {3}	<b>4:44.23</b>		4/5
7		Adelynn CARPENTER	FR	<b>#2</b> Lynchburg {2}	<b>4:46.91</b>		<b>4/12</b>
8		Reese BROWN	SO	<b>#1</b> Washington and {4}	<b>4:48.76</b>		4/5
9		Adia VERA	SR	<b>#1</b> Washington and {5}	<b>4:51.56</b>		4/5
10		Madeline LOTT	SR	<b>#6</b> Shenandoah {2}	<b>4:51.75</b>		<b>4/12</b>

## Women's Steeplechase

1	<b>71</b>	Brianna BREYVAULT	JR	<b>#1</b> Washington and	<b>11:31.07</b>		4/5
2	<b>91</b>	Reese BROWN	SO	<b>#1</b> Washington and {2}	<b>11:39.06</b>		<b>4/11</b>
3		Halie MAST	SR	<b>#8</b> Eastern Mennon	<b>12:01.57</b>		<b>4/11</b>
4		Savannah REID	SR	<b>#3</b> Roanoke	<b>12:22.57</b>		<b>4/12</b>
5		Elili ASEFA	JR	<b>#8</b> Eastern Mennon {2}	<b>12:58.44</b>		3/29
6		Madeleine RHYNE	JR	<b>#3</b> Roanoke {2}	<b>14:18.35</b>		3/29





## Conference TFRI Event Summary



ODAC

as of 4/15/2025 8:32:40 AM ET

## Women's 5000 Meters

1	22	Allison DELL	SR	#2 Lynchburg	16:59.67	4/5
2	37	Olivia WARR	SO	#1 Washington and	17:16.43	4/14
3	62	Sophia BRESCHI	JR	#1 Washington and {2}	17:28.24	3/22
4	77	Taylor MYERS	FR	#4 Bridgewater (Va.	17:33.36	3/22
5	94	Emma MITCHELL	SR	#1 Washington and {3}	17:38.65	4/5
6		Adelynn CARPENTER	FR	#2 Lynchburg {2}	17:45.48	4/5
7		Makenna THRUSH	SR	#6 Shenandoah	17:46.72	4/5
8		Lydia HARVEY	SO	#1 Washington and {4}	17:52.01	4/5
9		Delaney SAULSBURY	JR	#2 Lynchburg {3}	18:01.79	4/12
10		Claire HAMLET	SR	#1 Washington and {5}	18:11.93	3/22

## Women's 10,000 Meters

1	30	Taylor MYERS	FR	#4 Bridgewater (Va.	36:52.27	3/29
2		Jenna SASS	SR	#7 Randolph	40:06.13	3/29
3		Madison CHORNEY	FR	#6 Shenandoah	40:24.00	3/22
4		Regan ROBINSON	JR	#4 Bridgewater (Va. {2}	42:09.99	3/29
5		Sarah CHRISTY	SR	#6 Shenandoah {2}	42:20.67	3/22
6		Lauren TOOMAN	SO	#6 Shenandoah {3}	43:41.88	3/22
7		Sarah LANE	FR	#6 Shenandoah {4}	47:51.97	3/22

## Women's 4x100 Relay

1	22	Nalonda Henderson, Lindsey Hobin, Mae Kaufman, Eleanor Hinckley	#3 Roanoke	47.67	3/29
2	36	Jade Buckles, Adalia Coleman, Summer Wallace, Olivia Bates	#4 Bridgewater (Va.	48.15	3/29
3	43	Kacey Kelly, Betsy Mohnkern, Selah Parker, Rylee Turner	#2 Lynchburg	48.29	4/12
4	68	Ashley D'Ambrosia, Lilly Versen, Olivia D'Ambrosia, Ana Hodneland	#1 Washington and	49.06	3/22
5	76	Jennifer Moore, Jaidyn Turner, Jessica Taylor, Tatianna Langston	#7 Randolph	49.30	4/12
6	86	Kennedy Chapman, Julia Hathaway, Lyric Hoggard, Mekayla Clark	#5 Virginia Wesleya	49.64	4/12
7		Saida Bangura, Cassidy Lewis, Leah Brethren, Hailey Juhasz	#10 Averett	52.17	4/11
8		Jazmine Patterson, Ashlyne Golston, Arianna Gomez, Adelie Condra	#9 Hollins	53.09	4/11
9		Veronica Barney, Julianna McIntyre, Molly Booth, Electra McPherson	#11 Sweet Briar	56.37	4/11

## Women's 4x400 Relay

1	24	Lindsey Hobin, Ophelia Ladner, Mae Kaufman, Maryrose Molina-Shuman	#3 Roanoke	3:57.41	4/5
2	33	Ana Hodneland, Annabelle Sutliff, Amanda Romano, Jesma Evans	#1 Washington and	3:59.04	3/22
3	39	Betsy Mohnkern, Rylee Turner, Anna Miller, Hannah Edwards	#2 Lynchburg	4:01.13	4/5
4	84	Jaidyn Turner, Tatianna Langston, Jennifer Moore, Jessica Taylor	#7 Randolph	4:08.59	4/12
5		Jade Buckles, Olivia Bates, Megan Wimmer, Summer Wallace	#4 Bridgewater (Va.	4:11.85	4/11

## Women's High Jump

1	16	Camille GILLUM	JR	#1 Washington and	1.64m	5-4½	3/22
2	31	Norah CIANO	SR	#5 Virginia Wesleya	1.61m	5-3¼	4/5
2	31	Summer WALLACE	SO	#4 Bridgewater (Va.	1.61m	5-3¼	3/29
4	84	Margo FOX	JR	#2 Lynchburg	1.57m	5-1¾	3/22
5	91	Maddie WATSON	FR	#4 Bridgewater (Va. {2}	1.56m	5-1¼	3/29
6		Abby ATWOOD	FR	#8 Eastern Mennon	1.55m	5-1	3/29
7		Simone KASISCHKE	FR	#1 Washington and {2}	1.51m	4-11½	3/29
8		Rebecca CARR	SO	#3 Roanoke	1.50m	4-11	3/29
9		Katya HOOVER	SR	#6 Shenandoah	1.48m	4-10¼	3/29
10		Madison FREIDEMAN	FR	#9 Hollins	1.45m	4-9	3/29

## Women's Pole Vault

1	14	Ashley D'AMBROSIA	SR	#1 Washington and	3.80m	12-5½	4/11
2	47	Allison BOBST	SR	#2 Lynchburg	3.50m	11-5¾	3/29
3	53	Layla KEADLE	FR	#1 Washington and {2}	3.48m	11-5	3/29
4	78	Cameron WEBER	SO	#2 Lynchburg {2}	3.35m	10-11¾	3/29
5		Abby CHOLEWA	SO	#1 Washington and {3}	3.20m	10-6	4/11
5		Tasha MILLER	JR	#3 Roanoke	3.20m	10-6	4/12
7		Gabby PULLEN	FR	#1 Washington and {4}	3.05m	10-0	4/11
7		Alyssa TONETTI	SO	#2 Lynchburg {3}	3.05m	10-0	4/12

## Women's Long Jump

1	35	Margo FOX	JR	#2 Lynchburg	5.58m	18-3¾ (0.2)	3/29
2	61	Kacey KELLY	JR	#2 Lynchburg {2}	5.42m	17-9½ (0.0)	3/29
2	61	Kennedy CHAPMAN	SO	#5 Virginia Wesleya	5.42mw	17-9½ (3.5)	4/12
4	98	Selah PARKER	FR	#2 Lynchburg {3}	5.29m	17-4¼ (0.0)	3/29
4	98	Summer WALLACE	SO	#4 Bridgewater (Va.	5.29m	17-4¼ (1.9)	3/29
6		Lilly VERSEN	FR	#1 Washington and	5.18m	17-0 (1.4)	3/22
6		Jade BUCKLES	JR	#4 Bridgewater (Va. {2}	5.18m	17-0 (1.5)	3/29
8		Olivia CRIGGER	FR	#4 Bridgewater (Va. {3}	5.15m	16-10¾ (0.3)	3/29
9		Madelyn VENABLE	SR	#1 Washington and {2}	5.08m	16-8 (0.5)	3/22
10		Bella DEVRAJ	SR	#1 Washington and {3}	5.06m	16-7¼ (0.8)	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



ODAC

as of 4/15/2025 8:32:40 AM ET

## Women's Triple Jump

1	<b>6</b>	Kacey KELLY	JR	<b>#2</b> Lynchburg	<b>11.99m</b>	39-4 (0.6)	3/29
2	<b>29</b>	Olivia CRIGGER	FR	<b>#4</b> Bridgewater (Va.	<b>11.47m</b>	37-7¾ (0.0)	3/22
3		Olivia BATES	JR	<b>#4</b> Bridgewater (Va.{2}	<b>10.82m</b>	35-6 (1.8)	<b>4/11</b>
4		Mackenzie MORANTE	SO	<b>#1</b> Washington and	<b>10.73m</b>	35-2½ (2.0)	<b>4/11</b>
5		Arianna GOMEZ	FR	<b>#9</b> Hollins	<b>10.68m</b>	35-½ (1.4)	<b>4/11</b>
6		Kiara SMITH	SR	<b>#2</b> Lynchburg	<b>{2}10.60mw</b>	34-9½ (2.4)	3/22
7		Cammi WINSTON	SR	<b>#3</b> Roanoke	<b>10.58m</b>	34-8½ (0.4)	3/29
8		Angel DAVID	SO	<b>#8</b> Eastern Mennonite	<b>10.45m</b>	34-3½ (0.4)	3/29
9		Maddie WATSON	FR	<b>#4</b> Bridgewater (Va.{3}	<b>10.44m</b>	34-3 (0.0)	3/29
10		Kendra SMITH	SR	<b>#7</b> Randolph	<b>10.38m</b>	34-¾ (0.6)	<b>4/12</b>

## Women's Shot Put

1	<b>35</b>	Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.	<b>12.78m</b>	41-11¼	3/22
2		Emily JACKSON	FR	<b>#1</b> Washington and	<b>11.69m</b>	38-4¼	3/29
3		Mackenzie SWANSON	JR	<b>#5</b> Virginia Wesleya	<b>11.45m</b>	37-6¾	3/29
4		Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>11.37m</b>	37-3¾	3/22
5		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya{2}	<b>11.23m</b>	36-10¼	3/29
6		Bailey HEDGEMON	JR	<b>#1</b> Washington and {2}	<b>11.05m</b>	36-3	<b>4/11</b>
7		Margo FOX	JR	<b>#2</b> Lynchburg	<b>{2}10.91m</b>	35-9½	3/22
8		Katie WOOD	FR	<b>#1</b> Washington and {3}	<b>10.77m</b>	35-4	3/29
9		Sanaa BELTON	JR	<b>#9</b> Hollins	<b>10.57m</b>	34-8¼	<b>4/11</b>
10		Sarah FUCHS	JR	<b>#3</b> Roanoke	<b>10.54m</b>	34-7	3/22

## Women's Discus

1	<b>18</b>	Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.	<b>43.85m</b>	143-11	4/5
2	<b>90</b>	Denise KAMGAING	FR	<b>#5</b> Virginia Wesleya	<b>38.93m</b>	127-9	3/22
3	<b>91</b>	Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>38.85m</b>	127-6	<b>4/12</b>
4		Kiersten ALLING	SO	<b>#7</b> Randolph	<b>38.28m</b>	125-7	<b>4/12</b>
5		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya{2}	<b>38.11m</b>	125-1	<b>4/12</b>
6		Aldora TUILAEPa	FR	<b>#8</b> Eastern Mennonite	<b>35.11m</b>	115-2	3/22
7		Bailey HEDGEMON	JR	<b>#1</b> Washington and	<b>34.93m</b>	114-7	4/5
8		Claudia DISBROW	JR	<b>#3</b> Roanoke	<b>34.70m</b>	113-10	3/22
9		Elizabeth RAMOS	FR	<b>#4</b> Bridgewater (Va.{2}	<b>33.65m</b>	110-5	<b>4/11</b>
10		Emily JACKSON	FR	<b>#1</b> Washington and {2}	<b>32.65m</b>	107-2	3/22

## Women's Hammer

1	<b>49</b>	Bailey HEDGEMON	JR	<b>#1</b> Washington and	<b>48.69m</b>	159-9	3/29
2	<b>99</b>	Kiersten ALLING	SO	<b>#7</b> Randolph	<b>45.39m</b>	148-11	4/5
3		Aldora TUILAEPa	FR	<b>#8</b> Eastern Mennonite	<b>45.00m</b>	147-8	4/5
4		Sarah FUCHS	JR	<b>#3</b> Roanoke	<b>42.99m</b>	141-1	4/5
5		Brianna MORGAN	JR	<b>#4</b> Bridgewater (Va.	<b>42.79m</b>	140-5	<b>4/11</b>
6		Denise KAMGAING	FR	<b>#5</b> Virginia Wesleya	<b>42.57m</b>	139-8	4/5
7		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya{2}	<b>42.07m</b>	138-0	<b>4/12</b>
8		Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.{2}	<b>41.94m</b>	137-7	3/29
9		Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>41.69m</b>	136-10	3/29
10		Sanaa BELTON	JR	<b>#9</b> Hollins	<b>40.77m</b>	133-9	3/22

## Women's Javelin

1	<b>16</b>	Kacey KELLY	JR	<b>#2</b> Lynchburg	<b>40.08m</b>	131-6	4/5
2	<b>71</b>	Katya HOOVER	SR	<b>#6</b> Shenandoah	<b>36.34m</b>	119-3	3/22
3		Carlota GONZALEZ	SO	<b>#10</b> Averett	<b>34.06m</b>	111-9	<b>4/11</b>
4		Claudia DISBROW	JR	<b>#3</b> Roanoke	<b>32.47m</b>	106-7	3/29
5		Mackenzie PLOWMAN	SR	<b>#6</b> Shenandoah {2}	<b>31.80m</b>	104-4	3/22
6		Jaiden MITCHELL	SO	<b>#5</b> Virginia Wesleya	<b>30.68m</b>	100-8	4/5
7		Margo FOX	JR	<b>#2</b> Lynchburg	<b>{2}30.14m</b>	98-10¾	<b>4/12</b>
8		Katie WOOD	FR	<b>#1</b> Washington and	<b>29.74m</b>	97-7	<b>4/11</b>
9		Jasmine CARTWRIGHT	SO	<b>#13</b> Guilford	<b>28.84m</b>	94-7½	<b>4/13</b>
10		Lilian BIGGER	FR	<b>#12</b> Ferrum	<b>27.93m</b>	91-7¾	3/14

## Women's Heptathlon

1	<b>22</b>	Margo FOX	JR	<b>#2</b> Lynchburg	<b>3,942</b>	3/22
2		Kendra SMITH	SR	<b>#7</b> Randolph	<b>1,694</b>	3/22



## Conference TFRI Event Summary



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## Women's 100 Meters

1	50	Kiara WHITE	FR	#1 Grove City	12.22	(2.0)	4/12
2		Gabrielle DOVE	FR	#5 Saint Vincent	12.83	(-0.1)	3/22
3		Nadine LAUFFER	FR	#1 Grove City	{2}12.86w	(2.4)	4/5
4		Carolyn COLTERYAHN	SR	#1 Grove City	{3}12.90w	(2.4)	4/5
5		Jenna ZENDRON	SO	#3 Westminster (Pa)	12.95	(1.1)	3/15
6		Sara VOS	FR	#4 Geneva	13.00w	(2.4)	4/5
7		Aubryanna SNYDER	SO	#2 Allegheny (Pa.)	13.07w	(2.4)	4/5
8		Madison DONELSON	SO	#10 Bethany (W.Va.)	13.21	(1.2)	4/13
9		Sarah SCHNEIDER	JR	#6 Washington & Je	13.22w	(2.4)	4/12
10		Alyssa TRN	FR	#6 Washington & Je	{2}13.30w	(2.4)	4/5

## Women's 100 Meter Hurdles

1	99	Breannnda DAVIS	SR	#3 Westminster (Pa)	15.35	(1.7)	4/12
2		Sarah SCHNEIDER	JR	#6 Washington & Je	15.41	(1.7)	4/12
3		Aurielle BRUNNER	SR	#7 Chatham	16.07	(-2.5)	3/29
4		Hannah COSTA	SO	#1 Grove City	16.71	(1.1)	4/5
5		Lucy GYERGYO	FR	#1 Grove City	{2}16.88	(1.1)	4/5
6		Daphne ALEXANDER	SO	#4 Geneva	16.93	(1.1)	4/5
7		Rosa MONARCH	SO	#2 Allegheny (Pa.)	17.22	(1.7)	3/22
8		Ryann ESSEY	SR	#3 Westminster (Pa)	{2}17.30w	(2.7)	4/5
9		Victoria LEAK	SO	#1 Grove City	{3}17.39	(1.1)	4/5
10		Lainey HARTNER	FR	#6 Washington & Je	{2}17.42	(0.7)	4/12

## Women's 200 Meters

1		Kiara WHITE	FR	#1 Grove City	25.62	(0.0)	3/29
2		Aurielle BRUNNER	SR	#7 Chatham	26.04	(-1.1)	3/29
3		Jenna ZENDRON	SO	#3 Westminster (Pa)	26.76	(1.3)	4/12
4		Carolyn COLTERYAHN	SR	#1 Grove City	{2}26.86	(1.3)	4/12
5		Nadine LAUFFER	FR	#1 Grove City	{3}26.91	(-0.8)	3/29
5		Logan WAGNER	JR	#2 Allegheny (Pa.)	26.91w	(2.9)	4/14
7		Ella RISHHELL	SO	#8 Waynesburg	26.96	(0.4)	3/29
8		Gabrielle DOVE	FR	#5 Saint Vincent	27.01	(2.0)	3/22
9		Sara VOS	FR	#4 Geneva	27.17w	(2.2)	4/5
10		Aubryanna SNYDER	SO	#2 Allegheny (Pa.)	{2}27.56	(-2.0)	3/29

## Women's 400 Meters

1	98	Jenna ZENDRON	SO	#3 Westminster (Pa)	58.85		3/15
2		Nadine LAUFFER	FR	#1 Grove City	59.80		3/29
3		Lauren DOSCH	SO	#9 Franciscan	59.81		3/15
4		Miranda CINCOTTA	JR	#5 Saint Vincent	1:00.28		3/22
5		Ella RISHHELL	SO	#8 Waynesburg	1:00.75		3/29
6		Logan WAGNER	JR	#2 Allegheny (Pa.)	1:01.76		4/14
7		Sara VOS	FR	#4 Geneva	1:02.00		3/29
8		Cayla LAWRENCE	SO	#1 Grove City	{2}1:02.03		4/5
9		Imogen DEBLOIS	FR	#11 Thiel	1:02.05		3/29
10		Megan MARCHAND	FR	#1 Grove City	{3}1:02.46		4/12

## Women's 400 Meter Hurdles

1	34	Aurielle BRUNNER	SR	#7 Chatham	1:04.35		4/12
2	93	Nadine LAUFFER	FR	#1 Grove City	1:06.72		4/5
3		Renee TETLOW	JR	#2 Allegheny (Pa.)	1:07.45		4/5
4		Samantha STRAUB	FR	#5 Saint Vincent	1:09.45		4/12
5		Lainey HARTNER	FR	#6 Washington & Je	1:10.89		4/12
6		Breannnda DAVIS	SR	#3 Westminster (Pa)	1:10.96		4/5
7		Lucy GYERGYO	FR	#1 Grove City	{2}1:11.21		4/5
8		Shaelyn ANTHONY	FR	#10 Bethany (W.Va.)	1:11.52		4/13
9		Ryann ESSEY	SR	#3 Westminster (Pa)	{2}1:11.60		4/5
10		Hannah COSTA	SO	#1 Grove City	{3}1:12.58		4/12

## Women's 800 Meters

1	24	Lauren DOSCH	SO	#9 Franciscan	2:13.41		4/14
2	45	Lydia BENNETT	SR	#1 Grove City	2:15.09		4/5
3		Celia COCCA	SR	#2 Allegheny (Pa.)	2:17.90		4/14
4		Jessica CAMPBELL	SR	#9 Franciscan	{2}2:18.05		4/4
5		Cayla LAWRENCE	SO	#1 Grove City	{2}2:18.75		3/29
6		Julianna LINDBERG	FR	#1 Grove City	{3}2:19.16		4/12
7		Kaylynn JOHNSON	SR	#1 Grove City	{4}2:19.72		4/12
8		Grace NEUBERT	FR	#5 Saint Vincent	2:20.68		3/29
9		Nelly STAFFORD	SR	#2 Allegheny (Pa.)	{2}2:21.10		3/29
10		Chloe BONSON	JR	#2 Allegheny (Pa.)	{3}2:24.47		3/29

## Women's 1500 Meters

1	12	Lydia BENNETT	SR	#1 Grove City	4:31.55		4/5
2	69	Nelly STAFFORD	SR	#2 Allegheny (Pa.)	4:41.10		3/29
3	78	Claire WALTERS	SR	#9 Franciscan	4:41.80		4/14
4		Miranda CINCOTTA	JR	#5 Saint Vincent	4:44.19		4/14
5		Grace NEUBERT	FR	#5 Saint Vincent	{2}4:45.06		3/29
6		Cayla LAWRENCE	SO	#1 Grove City	{2}4:45.58		3/29
7		Chloe BONSON	JR	#2 Allegheny (Pa.)	{2}4:46.05		4/5
8		Lily MURPHY	JR	#5 Saint Vincent	{3}4:48.31		4/14
9		Jessica CAMPBELL	SR	#9 Franciscan	{2}4:49.25		3/29
10		Carmen MEDVIT	JR	#4 Geneva	4:49.40		3/29

## Women's Steeplechase

1	7	Grace SMITH	SR	#1 Grove City	10:48.95		4/14
2	16	Ella LYLE	SR	#1 Grove City	{2}10:59.01		4/14
3	34	Marrin CRIST	SR	#2 Allegheny (Pa.)	11:15.63		3/29
4		Julianna LINDBERG	FR	#1 Grove City	{3}11:54.75		3/29
5		Chloe LOCASTRO	JR	#6 Washington & Je	12:01.40		4/14
6		Monica CURTIS	JR	#3 Westminster (Pa)	12:20.13		3/29
7		Genevieve RUTH	SO	#6 Washington & Je	{2}12:40.68		3/29
8		Catherine O'DONNELL	SR	#4 Geneva	12:46.71		4/12
9		Lydia NAGEL	SO	#4 Geneva	{2}12:57.66		4/12
10		Reagan PETTIS	JR	#8 Waynesburg	13:14.96		3/29



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	6	Chloe BONSON	JR	#2 Allegheny (Pa.)	16:43.76	4/14
2	21	Lydia BENNETT	SR	#1 Grove City	16:56.35	3/29
3	34	Carmen MEDVIT	JR	#4 Geneva	17:14.83	4/14
4	59	Nelly STAFFORD	SR	#2 Allegheny (Pa.) {2}	17:27.20	4/14
5	65	Claire ANDERSON	JR	#6 Washington & Je	17:29.00	3/29
6		Claire WALTERS	SR	#9 Franciscan	17:41.45	4/14
7		Grace NEUBERT	FR	#5 Saint Vincent	17:56.39	3/22
8		Ella LYLE	SR	#1 Grove City {2}	18:28.53	4/5
9		Grace SMITH	SR	#1 Grove City {3}	18:33.65	4/5
10		Maria GILLES	JR	#6 Washington & Je {2}	18:51.33	4/14

## Women's 10,000 Meters

1	42	Claire ANDERSON	JR	#6 Washington & Je	37:30.42	4/14
2	54	Grace NEUBERT	FR	#5 Saint Vincent	37:55.47	4/14
3	68	Kristen PRINCE	JR	#5 Saint Vincent {2}	38:23.81	3/22
4	95	Grace TANKSLEY	JR	#8 Waynesburg	39:19.12	4/12
5	100	Virginia WILLIAMS	SR	#1 Grove City	39:24.57	4/5
6		Julia BAUER	SR	#1 Grove City {2}	39:53.66	4/5
7		Audrey MCALISTER	FR	#4 Geneva	41:29.77	3/15
8		Erin DELONG	SO	#8 Waynesburg {2}	43:29.38	4/12
9		Maggie MOLLENAUER	FR	#1 Grove City {3}	44:38.35	4/5
10		Ayva FETTEROLF	FR	#4 Geneva {2}	45:06.46	3/15

## Women's 4x100 Relay

1	66	Carolyn Colteryahn, Nadine Lauffer, Rebecca Vezzosi, Kiara White		#1 Grove City	49.02	3/29
2		Breannnda Davis, Ryann Essey, Emma Morris, Jenna Zendron		#3 Westminster (Pa)	51.22	4/5
3		Amanda Kane, Gabrielle Dove, Samantha Straub, Caroline Kozera		#5 Saint Vincent	52.01	4/12
4		Rowan Dennis, Sara Vos, Arionna White, Favour Oladapo		#4 Geneva	52.28	4/5
5		Madison Donelson, Shaelyn Anthony, Cierra Toland, Shunnye Christopher		#10 Bethany (W.Va.)	52.87	4/13
6		Rosa Monarch, Evie Ellenberger, Megan Zimmerman, Aubryanna Snyder		#2 Allegheny (Pa.)	53.01	3/22
7		Lainey Hartner, Marina Grado, Rylee Miller, Alyssa Trn		#6 Washington & Je	54.51	4/5

## Women's 4x400 Relay

1		Breannnda Davis, Ryann Essey, Lily Atwood, Jenna Zendron		#3 Westminster (Pa)	4:12.60	4/12
2		Celia Cocca, Renee Tetlow, Shyann Rulander, Nelly Stafford		#2 Allegheny (Pa.)	4:14.12	4/5
3		Megan Marchand, Hannah Roegiers, Mia Clutter, Annie Herrmann		#1 Grove City	4:18.26	4/12
4		Gabrielle Dove, Samantha Straub, Lily Murphy, Miranda Cincotta		#5 Saint Vincent	4:24.24	3/22
5		Rachel Blessing, Rowan Dennis, Sara Vos, Favour Oladapo		#4 Geneva	4:25.70	3/29
6		Kathryn Bolster, Ann O'Boyle, MaryGrace Gauntner, Meredith Tentor		#9 Franciscan	4:32.71	4/12
7		Ella Boothe, JaLisa Fuller, Amber Sallee, Ella Rishell		#8 Waynesburg	4:34.47	4/12

## Women's High Jump

1	19	Breannnda DAVIS	SR	#3 Westminster (Pa)	1.63m	5-4¼	3/29
2	31	Elly BRUNER	SO	#1 Grove City	1.61m	5-3¾	4/12
3		Sha'nia STIERS- ROYAL	SR	#11 Thiel	1.55m	5-1	3/22
3		Daphne ALEXANDER	SO	#4 Geneva	1.55m	5-1	3/15
5		Katelyn MATHEWS	SO	#4 Geneva {2}	1.50m	4-11	4/12
5		Olivia SEETOO	FR	#4 Geneva {2}	1.50m	4-11	4/12
7		Kendall CODDINGTON	SO	#1 Grove City {2}	1.45m	4-9	4/12
7		Rylee MILLER	SO	#6 Washington & Je	1.45m	4-9	3/22
7		Megan ZIMMERMAN	FR	#2 Allegheny (Pa.)	1.45m	4-9	3/22
7		Alyssa TRN	FR	#6 Washington & Je	1.45m	4-9	3/22

## Women's Pole Vault

1	9	Madison CONLEY	SR	#3 Westminster (Pa)	3.86m	12-8	3/29
2	65	Alaina GATTO	FR	#3 Westminster (Pa) {2}	3.40m	11-1¾	4/5
3	73	Corinne INKLEY	SO	#2 Allegheny (Pa.)	3.36m	11-¼	3/29
4		Hannah HERRMANN	FR	#1 Grove City	3.21m	10-6¼	3/29
5		Missy TREHARNE	JR	#3 Westminster (Pa) {3}	3.10m	10-2	4/5
6		Jessica ROSS	SO	#7 Chatham	2.95m	9-8	4/5
7		Amanda MCGURK	SO	#1 Grove City {2}	2.91m	9-6½	3/29
8		Emma THELLMAN	FR	#4 Geneva	2.70m	8-10¼	4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



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as of 4/15/2025 8:32:41 AM ET

## Women's Long Jump

1	<b>15</b>	Aurielle BRUNNER	SR	#7 Chatham	<b>5.73m</b>	18-9¾ (0.0)	<b>4/11</b>
2	<b>85</b>	Evie ELLENBERGER	FR	#2 Allegheny (Pa.)	<b>5.34m</b>	17-6¼ (1.9)	3/29
3		Breannnda DAVIS	SR	#3 Westminster (Pa)	<b>5.16m</b>	16-11¼ (0.0)	<b>4/12</b>
4		Kaelyn HARTMAN	SO	#4 Geneva	<b>5.01m</b>	16-5¼ (-0.4)	3/29
5		Aubryanna SNYDER	SO	#2 Allegheny (Pa.) {2}	<b>4.95m</b>	16-3 (1.5)	3/29
6		Sarah SCHNEIDER	JR	#6 Washington & Je	<b>4.91mw</b>	16-1½ (4.0)	3/22
7		Maria MCINNIS	FR	#9 Franciscan	<b>4.87m</b>	15-11¾ (0.0)	3/29
8		Rebecca VEZZOSI	SO	#1 Grove City	<b>4.85m</b>	15-11 (0.0)	4/5
9		Alexis MCFADDEN	SR	#11 Thiel	<b>4.83m</b>	15-10¼ (0.0)	<b>4/12</b>
10		Najiyah SMITH	FR	#7 Chatham {2}	<b>4.76m</b>	15-7½ (1.2)	3/22
10		Corinne INKLEY	SO	#2 Allegheny (Pa.) {3}	<b>4.76m</b>	15-7½ (0.9)	3/29

## Women's Triple Jump

1	<b>15</b>	Aurielle BRUNNER	SR	#7 Chatham	<b>11.71m</b>	38-5 (0.0)	3/28
2		Samantha STRAUB	FR	#5 Saint Vincent	<b>10.54m</b>	34-7 (0.0)	<b>4/12</b>
3		Lucy GYERGYO	FR	#1 Grove City	<b>10.51m</b>	34-5¾ (1.7)	4/5
4		Alexis MCFADDEN	SR	#11 Thiel	<b>10.37m</b>	34-¼ (1.4)	4/5
5		Ella RISHILL	SO	#8 Waynesburg	<b>10.30m</b>	33-9½ (-0.8)	3/29
6		Aubryanna SNYDER	SO	#2 Allegheny (Pa.)	<b>10.08m</b>	33-1 (-0.8)	3/29
7		Kaya SKINNER	SR	#3 Westminster (Pa	<b>9.95m</b>	32-7¾ (0.4)	4/5
8		Najiyah SMITH	FR	#7 Chatham {2}	<b>9.93m</b>	32-7 (0.0)	<b>4/12</b>
9		Victoria LEAK	SO	#1 Grove City {2}	<b>9.84mw</b>	32-3½ (2.3)	4/5
10		Nora HILGEMAN	FR	#9 Franciscan	<b>9.45m</b>	31-0 (-0.5)	3/29

## Women's Shot Put

1	<b>47</b>	Lexi SHIDERLY	SR	#3 Westminster (Pa	<b>12.64m</b>	41-5¾	4/5
2	<b>52</b>	Emma MILLER	SR	#2 Allegheny (Pa.)	<b>12.60m</b>	41-4¼	3/29
3	<b>67</b>	Laila DAVIS	SR	#2 Allegheny (Pa.) {2}	<b>12.35m</b>	40-6¼	3/29
4	<b>91</b>	Shelby RAMBO	JR	#3 Westminster (Pa){2}	<b>12.10m</b>	39-8½	4/5
5		Maggie CLAIR	FR	#8 Waynesburg	<b>11.35m</b>	37-3	3/22
6		Kayla JOHNSON	JR	#7 Chatham	<b>11.18m</b>	36-8¼	4/5
7		Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	<b>11.08m</b>	36-4¼	<b>4/13</b>
8		Allison STANDISH	JR	#4 Geneva	<b>10.92m</b>	35-10	3/22
9		Lauren BURKS	FR	#3 Westminster (Pa){3}	<b>10.82m</b>	35-6	3/29
10		Danika SUDAR	SR	#1 Grove City	<b>10.75m</b>	35-3¼	4/5

## Women's Discus

1	<b>29</b>	Shelby RAMBO	JR	#3 Westminster (Pa	<b>42.71m</b>	140-2	3/29
2		Kayla JOHNSON	JR	#7 Chatham	<b>37.65m</b>	123-6	3/29
3		Molly GIBSON	SO	#3 Westminster (Pa){2}	<b>34.47m</b>	113-1	3/29
4		Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	<b>33.50m</b>	109-11	<b>4/13</b>
5		Kyla PARKS	FR	#4 Geneva	<b>33.36m</b>	109-6	4/5
6		Emma MILLER	SR	#2 Allegheny (Pa.)	<b>32.55m</b>	106-10	4/5
7		Makenna PHILSON	JR	#10 Bethany (W.Va.) {2}	<b>32.25m</b>	105-10	<b>4/13</b>
8		Danika SUDAR	SR	#1 Grove City	<b>32.24m</b>	105-9	3/29
9		Marissa FRENCH	FR	#10 Bethany (W.Va.) {3}	<b>32.08m</b>	105-3	3/22
10		Rachel BRADY	JR	#3 Westminster (Pa){3}	<b>31.89m</b>	104-8	3/29

## Women's Hammer

1	<b>25</b>	Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	<b>50.47m</b>	165-7	<b>4/13</b>
2	<b>43</b>	Laila DAVIS	SR	#2 Allegheny (Pa.)	<b>48.97m</b>	160-8	4/5
3		Danika SUDAR	SR	#1 Grove City	<b>44.44m</b>	145-10	4/5
4		Allison STANDISH	JR	#4 Geneva	<b>44.23m</b>	145-2	3/29
5		Emma MILLER	SR	#2 Allegheny (Pa.) {2}	<b>41.42m</b>	135-11	3/29
6		Brooke GECINA	FR	#3 Westminster (Pa	<b>39.92m</b>	131-0	<b>4/12</b>
7		Sarah YANNAYON	SO	#7 Chatham	<b>35.89m</b>	117-9	3/29
8		Makenna PHILSON	JR	#10 Bethany (W.Va.) {2}	<b>34.11m</b>	111-11	<b>4/13</b>
9		Rylie BAKER	SO	#8 Waynesburg	<b>32.95m</b>	108-1	3/29
10		Kyla PARKS	FR	#4 Geneva {2}	<b>32.31m</b>	106-0	3/22

## Women's Javelin

1	<b>26</b>	Angie BAWEK	SO	#2 Allegheny (Pa.)	<b>39.31m</b>	129-0	4/5
2	<b>28</b>	Elizabeth LUBOLD	JR	#2 Allegheny (Pa.) {2}	<b>39.05m</b>	128-2	<b>4/14</b>
3	<b>67</b>	Natalie DOUBLE	SO	#8 Waynesburg	<b>36.48m</b>	119-8	<b>4/12</b>
4		Mariana LAVIGNE	FR	#9 Franciscan	<b>35.20m</b>	115-6	3/15
5		Megan BARRY	SR	#8 Waynesburg {2}	<b>35.12m</b>	115-3	<b>4/12</b>
6		Katie KOVALCHICK	SO	#6 Washington & Je	<b>34.66m</b>	113-9	<b>4/12</b>
7		Emily GARVIN	SO	#4 Geneva	<b>34.11m</b>	111-11	3/22
8		Rachel BRADY	JR	#3 Westminster (Pa	<b>32.92m</b>	108-0	3/15
9		Emenet RICHARDSON	FR	#7 Chatham	<b>32.83m</b>	107-9	<b>4/12</b>
10		Delaney THOMAS	FR	#4 Geneva {2}	<b>31.32m</b>	102-9	4/5
10		Peyton KUHNS	SO	#8 Waynesburg {3}	<b>31.32m</b>	102-9	4/5

## Women's Heptathlon

1	<b>94</b>	Victoria LEAK	SO	#1 Grove City	<b>2,672</b>		3/29
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



SAA

as of 4/15/2025 8:32:41 AM ET

## Women's 100 Meters

1	<b>14</b>	Madjo DOUMBIA	SR	<b>#1</b> Centre	<b>11.92w</b>	(2.8)	3/22
2	<b>28</b>	Olivia FREEMAN	JR	<b>#3</b> Rhodes	<b>12.08</b>	(1.6)	<b>4/12</b>
2	<b>28</b>	Chloe HEIN	SO	<b>#1</b> Centre	{2} <b>12.08</b>	(1.7)	3/22
4	<b>53</b>	Aubrey GUYDEN	JR	<b>#4</b> Oglethorpe	<b>12.23w</b>	(2.3)	3/22
5	<b>81</b>	Lucy NICHOLSON	FR	<b>#2</b> Berry	<b>12.34w</b>	(3.5)	<b>4/12</b>
6		Kirsten WRIGHT	SO	<b>#4</b> Oglethorpe	{2} <b>12.51w</b>	(3.1)	4/5
7		Amari ROBINSON	SO	<b>#1</b> Centre	{3} <b>12.79</b>	(0.1)	4/5
8		Journey MORRISON	FR	<b>#6</b> Univ. of the Sout	<b>12.85</b>	(1.0)	3/28
9		Hannah BROWN	SO	<b>#5</b> Millsaps	<b>12.91</b>	(1.6)	<b>4/12</b>
10		Malia MELTON	JR	<b>#4</b> Oglethorpe	{3} <b>12.94w</b>	(2.7)	<b>4/12</b>

## Women's 100 Meter Hurdles

1	<b>88</b>	Journey MORRISON	FR	<b>#6</b> Univ. of the Sout	<b>15.29</b>	(0.7)	3/28
2		Macy MURDOCK	JR	<b>#2</b> Berry	<b>15.44w</b>	(2.8)	3/9
3		Alexandria MASDEN	FR	<b>#1</b> Centre	<b>15.81</b>	(0.8)	4/5
4		Serena MCNEILLY	SO	<b>#1</b> Centre	{2} <b>15.86</b>	(-0.9)	<b>4/12</b>
5		Callie GORMLEY	SR	<b>#1</b> Centre	{3} <b>16.13</b>	(1.9)	<b>4/12</b>
6		Megan WEILMUNSTER	SR	<b>#3</b> Rhodes	<b>16.18</b>	(0.0)	<b>4/12</b>
7		Janea BOTTINELLI	SR	<b>#1</b> Centre	{4} <b>16.24</b>	(1.9)	<b>4/12</b>
8		Hailey WRIGHT	JR	<b>#4</b> Oglethorpe	<b>16.28</b>	(2.0)	4/5
9		Josie LOGGINS	JR	<b>#2</b> Berry	{2} <b>16.34w</b>	(2.8)	3/9
10		Esther LAMB	SR	<b>#3</b> Rhodes	{2} <b>16.80</b>	(-2.0)	3/29

## Women's 200 Meters

1	<b>10</b>	Madjo DOUMBIA	SR	<b>#1</b> Centre	<b>24.42</b>	(-1.6)	4/5
2	<b>53</b>	Chloe HEIN	SO	<b>#1</b> Centre	{2} <b>25.00</b>	(1.8)	3/22
3	<b>99</b>	Lucy NICHOLSON	FR	<b>#2</b> Berry	<b>25.35</b>	(0.7)	3/28
4		Evan THOMAS	SO	<b>#4</b> Oglethorpe	<b>25.44</b>	(1.2)	4/5
5		Kirsten WRIGHT	SO	<b>#4</b> Oglethorpe	{2} <b>25.49w</b>	(3.6)	<b>4/12</b>
6		Olivia FREEMAN	JR	<b>#3</b> Rhodes	<b>25.57</b>	(1.5)	3/29
7		Macy MURDOCK	JR	<b>#2</b> Berry	{2} <b>26.35</b>	(-1.2)	3/28
8		Fiona SELDERS	SO	<b>#5</b> Millsaps	<b>26.40</b>	(2.0)	<b>4/12</b>
9		Julianne SHIRLEY	FR	<b>#2</b> Berry	{3} <b>26.62</b>	(1.2)	3/28
10		Amari ROBINSON	SO	<b>#1</b> Centre	{3} <b>26.70</b>	(-1.6)	4/5

## Women's 400 Meters

1	<b>36</b>	Madjo DOUMBIA	SR	<b>#1</b> Centre	<b>57.08</b>		4/5
2		Evan THOMAS	SO	<b>#4</b> Oglethorpe	<b>59.19</b>		4/5
3		Ainsley WILSON	SO	<b>#1</b> Centre	{2} <b>59.30</b>		3/29
4		Julianne SHIRLEY	FR	<b>#2</b> Berry	<b>1:00.39</b>		<b>4/12</b>
5		Faith PETERSON	FR	<b>#1</b> Centre	{3} <b>1:00.57</b>		<b>4/12</b>
6		Alexandria MASDEN	FR	<b>#1</b> Centre	{4} <b>1:01.03</b>		<b>4/12</b>
7		Chloe HEIN	SO	<b>#1</b> Centre	{5} <b>1:01.31</b>		4/5
8		Fiona SELDERS	SO	<b>#5</b> Millsaps	<b>1:01.44</b>		<b>4/12</b>
9		Megan WEILMUNSTER	SR	<b>#3</b> Rhodes	<b>1:01.46</b>		<b>4/12</b>
10		Marianna MOELL	SR	<b>#2</b> Berry	{2} <b>1:02.06</b>		3/22

## Women's 400 Meter Hurdles

1	<b>15</b>	Macy MURDOCK	JR	<b>#2</b> Berry	<b>1:03.07</b>		4/5
2	<b>40</b>	Janea BOTTINELLI	SR	<b>#1</b> Centre	<b>1:04.70</b>		3/22
3		Megan WEILMUNSTER	SR	<b>#3</b> Rhodes	<b>1:07.04</b>		4/5
4		Shannen ALACK	SO	<b>#3</b> Rhodes	{2} <b>1:07.18</b>		4/5
5		Josie LOGGINS	JR	<b>#2</b> Berry	{2} <b>1:08.26</b>		3/22
6		Arden CAMPBELL	SO	<b>#1</b> Centre	{2} <b>1:09.62</b>		<b>4/12</b>
7		Esther LAMB	SR	<b>#3</b> Rhodes	{3} <b>1:11.08</b>		3/22
8		Alexandria MASDEN	FR	<b>#1</b> Centre	{3} <b>1:11.45</b>		4/5
9		Jocelyn COVANEY	SR	<b>#6</b> Univ. of the Sout	<b>1:12.13</b>		3/28
10		Gabriella ANDINO	FR	<b>#4</b> Oglethorpe	<b>1:13.01</b>		<b>4/12</b>

## Women's 800 Meters

1	<b>25</b>	Anna ROSE	SR	<b>#2</b> Berry	<b>2:13.45</b>		3/28
2		Anna CANTRELL	SO	<b>#7</b> Hendrix	<b>2:20.11</b>		3/22
3		Janea BOTTINELLI	SR	<b>#1</b> Centre	<b>2:22.36</b>		3/22
4		Hannah RHODES	JR	<b>#4</b> Oglethorpe	<b>2:22.37</b>		3/28
5		Erin HAUGH	SR	<b>#1</b> Centre	{2} <b>2:22.77</b>		<b>4/12</b>
6		Sienna COLLIER	SO	<b>#3</b> Rhodes	<b>2:23.88</b>		4/5
7		Emma MUSGRAVE	SO	<b>#1</b> Centre	{3} <b>2:25.02</b>		3/22
8		Kate KELLER	SR	<b>#1</b> Centre	{4} <b>2:25.14</b>		4/5
9		Nina BROWN	FR	<b>#3</b> Rhodes	{2} <b>2:25.74</b>		<b>4/12</b>
10		Adelyn SHUPERT	JR	<b>#1</b> Centre	{5} <b>2:25.86</b>		4/5

## Women's 1500 Meters

1	<b>37</b>	Anna ROSE	SR	<b>#2</b> Berry	<b>4:36.74</b>		<b>4/12</b>
2		Anna CANTRELL	SO	<b>#7</b> Hendrix	<b>4:44.48</b>		<b>4/12</b>
3		Elena GENTRY	FR	<b>#3</b> Rhodes	<b>4:47.12</b>		<b>4/12</b>
4		Erin HAUGH	SR	<b>#1</b> Centre	<b>4:47.73</b>		<b>4/12</b>
5		Anna AYERS	JR	<b>#2</b> Berry	{2} <b>4:53.77</b>		<b>4/12</b>
6		Olivia LAMBERT	SO	<b>#2</b> Berry	{3} <b>4:55.95</b>		3/22
7		Vivian KALB	JR	<b>#3</b> Rhodes	{2} <b>4:58.19</b>		<b>4/12</b>
8		Hannah RHODES	JR	<b>#4</b> Oglethorpe	<b>5:00.32</b>		4/5
9		Riley IMBORNONE	SO	<b>#3</b> Rhodes	{3} <b>5:01.12</b>		3/15
10		Kate KELLER	SR	<b>#1</b> Centre	{2} <b>5:01.76</b>		<b>4/12</b>

## Women's Steeplechase

1		Riley MICHAUD	SR	<b>#4</b> Oglethorpe	<b>12:07.49</b>		<b>4/12</b>
2		Riley IMBORNONE	SO	<b>#3</b> Rhodes	<b>12:27.14</b>		3/29
3		Rachel GAYNOR	SR	<b>#1</b> Centre	<b>12:32.63</b>		4/5
4		Elizabeth COOK	FR	<b>#6</b> Univ. of the Sout	<b>12:39.52</b>		<b>4/12</b>
5		Layce SANNER	JR	<b>#1</b> Centre	{2} <b>12:45.60</b>		4/5
6		Claudia DEMPSEY	SO	<b>#5</b> Millsaps	<b>12:55.96</b>		<b>4/12</b>
7		Katie FRANKMAN	JR	<b>#2</b> Berry	<b>12:58.36</b>		3/22
8		Lauren WRIGHT	SR	<b>#1</b> Centre	{3} <b>13:12.78</b>		4/5
9		Emma HENAGER	JR	<b>#3</b> Rhodes	{2} <b>13:19.96</b>		<b>4/12</b>
10		Abbott RENFRO	FR	<b>#1</b> Centre	{4} <b>13:22.73</b>		<b>4/12</b>



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SAA

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## Women's 5000 Meters

1	<b>96</b>	Anna ROSE	SR	<b>#2</b> Berry	<b>17:39.38</b>	3/28
2		Sophie BOULDIN	JR	<b>#1</b> Centre	<b>18:02.59</b>	3/22
3		Anna AYERS	JR	<b>#2</b> Berry	{2} <b>18:04.73</b>	3/28
4		Elena GENTRY	FR	<b>#3</b> Rhodes	<b>18:09.48</b>	4/5
5		Gracie WEST	JR	<b>#1</b> Centre	{2} <b>18:10.42</b>	<b>4/12</b>
6		Ariel ELLIS	JR	<b>#2</b> Berry	{3} <b>18:13.93</b>	<b>4/12</b>
7		Erin HAUGH	SR	<b>#1</b> Centre	{3} <b>18:24.64</b>	3/22
8		Ella WILLIAMS	SO	<b>#7</b> Hendrix	<b>18:28.92</b>	<b>4/12</b>
9		Cara TAYLOR	JR	<b>#1</b> Centre	{4} <b>18:31.05</b>	<b>4/12</b>
10		Frances EDWARDS	SR	<b>#5</b> Millsaps	<b>18:40.97</b>	<b>4/12</b>

## Women's 10,000 Meters

1	<b>66</b>	Ariel ELLIS	JR	<b>#2</b> Berry	<b>38:21.51</b>	3/28
2		Ella WILLIAMS	SO	<b>#7</b> Hendrix	<b>39:57.01</b>	3/15
3		Emma LAMBERT	SR	<b>#2</b> Berry	{2} <b>40:28.20</b>	3/9
4		Frances EDWARDS	SR	<b>#5</b> Millsaps	<b>40:55.63</b>	3/15
5		Sinclair DENNEY	SR	<b>#2</b> Berry	{3} <b>41:52.75</b>	3/9
6		Marissa POLIO	JR	<b>#1</b> Centre	<b>42:48.40</b>	4/5
7		Elliott BAKER	JR	<b>#4</b> Oglethorpe	<b>43:45.40</b>	4/5
8		Isabella TEDESCO	SR	<b>#2</b> Berry	{4} <b>44:13.43</b>	3/28
9		Lily MATTHIESSEN	SR	<b>#1</b> Centre	{2} <b>45:13.93</b>	4/5
10		Kyle KITCHENS-HAYES	SO	<b>#2</b> Berry	{5} <b>48:14.53</b>	3/9

## Women's 4x100 Relay

1	<b>25</b>	Amari Robinson, Janea Bottinelli, Chloe Hein, Madjo Doumbia	<b>#1</b> Centre	<b>47.88</b>	4/5
2	<b>57</b>	Keri Edwards, Malia Melton, Evan Thomas, Aubrey Guyden	<b>#4</b> Oglethorpe	<b>48.80</b>	4/5
3	<b>84</b>	Marianna Moell, Julia Shipes, Marissa Green, Lucy Nicholson	<b>#2</b> Berry	<b>49.58</b>	4/5
4		Emory Rhodes, Arianna Shirak, Jocelyn Covaney, Journey Morrison	<b>#6</b> Univ. of the Sout	<b>51.75</b>	3/28
5		Megan Weilmuenster, Shannen Alack, Sienna Collier, Olivia Freeman	<b>#3</b> Rhodes	<b>52.50</b>	<b>4/12</b>

## Women's 4x400 Relay

1	<b>22</b>	Alexandria Masden, Janea Bottinelli, Chloe Hein, Madjo Doumbia	<b>#1</b> Centre	<b>3:56.97</b>	4/5
2	<b>60</b>	Julianne Shirley, Lucy Nicholson, Marianna Moell, Macy Murdock	<b>#2</b> Berry	<b>4:04.53</b>	3/28
3	<b>64</b>	Hailey Wright, Kirsten Wright, Hannah Rhodes, Evan Thomas	<b>#4</b> Oglethorpe	<b>4:05.09</b>	4/5
4		Megan Weilmuenster, Ellie Spears, Shannen Alack, Sienna Collier	<b>#3</b> Rhodes	<b>4:13.42</b>	<b>4/12</b>
5		Arianna Shirak, Laney Kalsu, Emory Rhodes, Abigail Armstrong	<b>#6</b> Univ. of the Sout	<b>4:21.46</b>	3/22
6		Anna Cantrell, Ella Williams, Sophie Sanders, Emily Jones	<b>#7</b> Hendrix	<b>4:31.99</b>	3/15
7		Molly Northam, Suzanna Busbee, Claudia Dempsey, Fiona Selders	<b>#5</b> Millsaps	<b>4:34.15</b>	<b>4/12</b>

## Women's High Jump

1	<b>2</b>	Serena MCNEILLY	SO	<b>#1</b> Centre	<b>1.72m</b>	5-7¾	<b>4/12</b>
2	<b>19</b>	Kris WILLIAMS	SO	<b>#2</b> Berry	<b>1.63m</b>	5-4¼	4/5
3	<b>91</b>	Julia SHIPES	SO	<b>#2</b> Berry	{2} <b>1.56m</b>	5-1¼	<b>4/12</b>
4		Madi DUKE	SR	<b>#2</b> Berry	{3} <b>1.55m</b>	5-1	3/22
4		Eleanor SCOTT	JR	<b>#5</b> Millsaps	<b>1.55m</b>	5-1	3/22
6		Kym YOUNG	SR	<b>#3</b> Rhodes	<b>1.53m</b>	5-¼	<b>4/12</b>
6		Shannen ALACK	SO	<b>#3</b> Rhodes	<b>1.53m</b>	5-¼	<b>4/12</b>
8		Hailey WRIGHT	JR	<b>#4</b> Oglethorpe	<b>1.50m</b>	4-11	3/22
9		Ember HUGHES	JR	<b>#7</b> Hendrix	<b>1.48m</b>	4-10¼	3/22
10		Claire ACKERMAN	SO	<b>#1</b> Centre	{2} <b>1.46m</b>	4-9½	<b>4/12</b>

## Women's Pole Vault

1	<b>91</b>	Madeline HUBBERT	SR	<b>#2</b> Berry	<b>3.30m</b>	10-9¾	3/28
2		Emilee EASLEY	SO	<b>#2</b> Berry	{2} <b>3.15m</b>	10-4	3/28
3		Lyla BORDWINE	FR	<b>#1</b> Centre	<b>3.07m</b>	10-¾	4/5
4		Emory RHODES	FR	<b>#6</b> Univ. of the Sout	<b>3.05m</b>	10-0	<b>4/12</b>
5		Ella PINE	SO	<b>#2</b> Berry	{3} <b>2.92m</b>	9-7	<b>4/12</b>
6		Kylee CRAIG	SR	<b>#3</b> Rhodes	<b>2.91m</b>	9-6½	3/22
7		Addie BLAKE	SR	<b>#2</b> Berry	{4} <b>2.70m</b>	8-10¼	3/28
8		Mia PULLIAM	SO	<b>#3</b> Rhodes	{2} <b>2.59m</b>	8-6	4/5



## Conference TFRI Event Summary



SAA

as of 4/15/2025 8:32:41 AM ET

## Women's Long Jump

1	5	Chloe HEIN	SO	#1 Centre	5.92m	19-5¼ (0.5)	3/22
2	9	Madjo DOUMBIA	SR	#1 Centre	{2} 5.79m	19-0 (0.0)	4/11
3	30	Serena MCNEILLY	SO	#1 Centre	{3} 5.60m	18-4½ (0.0)	4/11
4		Macy MURDOCK	JR	#2 Berry	5.28mw	17-4 (2.2)	4/12
5		Callie GORMLEY	SR	#1 Centre	{4} 5.25m	17-2¾ (1.5)	3/22
6		Hailey WRIGHT	JR	#4 Oglethorpe	5.24m	17-2¼ (-0.1)	3/28
7		Malia MELTON	JR	#4 Oglethorpe	{2} 5.15m	16-10¾ (1.2)	4/5
8		Julia SHIPES	SO	#2 Berry	{2} 5.07m	16-7¾ (1.3)	3/22
9		Lauren COOK	FR	#2 Berry	{3} 4.93m	16-2¼ (-1.7)	4/5
10		Keri EDWARDS	FR	#4 Oglethorpe	{3} 4.90m	16-1 (-0.7)	3/28

## Women's Triple Jump

1	44	Amirah ALI	FR	#4 Oglethorpe	11.31m		4/3
2	49	Eleanor SCOTT	JR	#5 Millsaps	11.22m	36-9¾ (0.0)	4/3
3		Keri EDWARDS	FR	#4 Oglethorpe	{2} 10.80m	35-5¼ (0.0)	3/22
4		Marie DE AMOUR MANIRAKIZA	FR	#1 Centre	10.59m	34-9 (0.0)	3/22
5		Courtney JONES	SR	#2 Berry	10.50m	34-5½ (-0.6)	3/28
6		Kym YOUNG	SR	#3 Rhodes	10.16m	33-4 (0.5)	4/12
7		Marissa GREEN	SO	#2 Berry	{2} 9.90m	32-5¾ (0.0)	3/28
8		Annabelle TARTER	FR	#1 Centre	{2} 9.77m	32-¾ (-1.7)	3/22

## Women's Shot Put

1	3	Onoyeme EGURE	SO	#2 Berry	14.12m	46-4	4/12
2	41	Avery JONES	JR	#2 Berry	{2} 12.71m	41-8½	4/12
3		Malysha WINSTON	JR	#2 Berry	{3} 12.01m	39-5	4/12
4		Zoey SHAHID-SCOTT	FR	#1 Centre	11.84m	38-10¼	3/22
5		Kym YOUNG	SR	#3 Rhodes	11.30m	37-1	3/29
6		Zoe CURTIS	SR	#3 Rhodes	{2} 11.02m	36-2	3/15
6		Lindsey BROWNING	JR	#1 Centre	{2} 11.02m	36-2	4/12
8		Caeley WILSON	FR	#1 Centre	{3} 11.01m	36-1½	3/22
9		Cydney WRIGHT	JR	#6 Univ. of the Sout	10.95m	35-11¼	3/28
10		Bronwyn ADAMS	FR	#7 Hendrix	10.74m	35-3	4/5

## Women's Discus

1		Bronwyn ADAMS	FR	#7 Hendrix	38.09m	125-0	3/22
2		Lindsay JESSIE	SO	#1 Centre	37.31m	122-5	4/12
3		Kym YOUNG	SR	#3 Rhodes	37.15m	121-11	4/12
4		Zoe CURTIS	SR	#3 Rhodes	{2} 35.70m	117-2	4/12
5		Onoyeme EGURE	SO	#2 Berry	34.98m	114-9	3/9
6		Zoey SHAHID-SCOTT	FR	#1 Centre	{2} 34.19m	112-2	3/29
7		Cydney WRIGHT	JR	#6 Univ. of the Sout	34.16m	112-1	4/12
8		Malysha WINSTON	JR	#2 Berry	{2} 33.12m	108-8	3/22
9		Caroline NAIFEH	FR	#3 Rhodes	{3} 33.04m	108-5	3/29
10		Sofia HENDERSON	SO	#2 Berry	{3} 32.57m	106-10	4/12

## Women's Hammer

1		Malysha WINSTON	JR	#2 Berry	45.18m	148-3	3/28
2		Lindsey BROWNING	JR	#1 Centre	44.25m	145-2	4/12
3		Zoe CURTIS	SR	#3 Rhodes	42.56m	139-8	3/22
4		Lindsay JESSIE	SO	#1 Centre	{2} 41.80m	137-2	4/5
5		Evan DUET	SR	#3 Rhodes	{2} 41.53m	136-3	3/22
6		Kym YOUNG	SR	#3 Rhodes	{3} 41.35m	135-8	3/29
7		Sofia HENDERSON	SO	#2 Berry	{2} 40.28m	132-2	3/28
8		Onoyeme EGURE	SO	#2 Berry	{3} 40.05m	131-5	3/9
9		Zoey SHAHID-SCOTT	FR	#1 Centre	{3} 38.85m	127-6	3/29
10		Bronwyn ADAMS	FR	#7 Hendrix	38.76m	127-2	4/12

## Women's Javelin

1	32	Evan DUET	SR	#3 Rhodes	38.44m	126-2	4/12
2	43	Cortney BROWN	SR	#2 Berry	37.73m	123-10	4/12
3	90	Sadie PHILLIPS	JR	#2 Berry	{2} 35.69m	117-1	4/12
4		Ember HUGHES	JR	#7 Hendrix	34.70m	113-10	4/5
5		Dayanara MENDEZ	JR	#1 Centre	34.36m	112-9	4/12
6		Macy MURDOCK	JR	#2 Berry	{3} 33.81m	110-11	4/12
7		Zoe CURTIS	SR	#3 Rhodes	{2} 32.90m	107-11	3/15
8		Tyler HAMBY	SR	#5 Millsaps	31.43m	103-2	3/1
9		Callie GORMLEY	SR	#1 Centre	{2} 30.31m	99-5½	4/5
10		Laken DAY	FR	#5 Millsaps	{2} 29.57m	97-¼	3/15

## Women's Heptathlon

1	11	Serena MCNEILLY	SO	#1 Centre	4,404		4/12
2	49	Cortney BROWN	SR	#2 Berry	3,413		4/12



## Conference TFRI Event Summary



## SCAC

as of 4/15/2025 8:32:41 AM ET

## Women's 100 Meters

1	48	Quadetra WILBURN	FR	#5 St. Thomas (Texi	12.21w	(2.7)	3/29
2	88	Kaela SAWYERS	SR	#5 St. Thomas (Texi{2}	12.35w	(2.7)	3/29
3	94	Trinity PROVOST	JR	#5 St. Thomas (Texi{3}	12.37	(1.8)	4/12
4	100	Madelyn GOLLIHAR	JR	#2 McMurry	12.38w	(2.9)	4/12
5		Brynn YANEZ	JR	#2 McMurry {2}	12.41w	(2.9)	4/12
6		Ny'Cierra HINTON	SR	#5 St. Thomas (Texi{4}	12.42w	(2.7)	3/29
7		Clara LIPPERT	JR	#3 Colorado Colleg	12.43w	(2.9)	4/12
8		Nia SCOTT	FR	#1 Trinity (Texas)	12.53w	(2.7)	3/29
9		Natalie GARCIA	JR	#4 Texas Lutheran	12.59w	(2.6)	4/12
10		Mikayla KIDNEY	FR	#4 Texas Lutheran {2}	12.63w	(2.6)	4/12

## Women's 100 Meter Hurdles

1	17	Naj CAMPBELL	SR	#2 McMurry	14.38w	(2.2)	4/12
2	24	Danya SELBER	SR	#1 Trinity (Texas)	14.55w	(3.3)	4/12
3	49	Annikah FRANK	FR	#2 McMurry {2}	14.99w	(2.2)	4/12
4	88	Emily JACKSON	FR	#2 McMurry {3}	15.29w	(2.2)	4/12
5		Taylor NORRELL	SR	#4 Texas Lutheran	15.43w	(2.2)	4/12
6		Ciara CAVAZOS	SR	#4 Texas Lutheran {2}	15.60w	(2.2)	4/12
7		Madelyn GOLLIHAR	JR	#2 McMurry {4}	15.61w	(2.8)	4/5
8		Victoria WILSON	JR	#7 LeTourneau	15.91	(1.1)	4/12
9		Ciandra CARRICO	SO	#1 Trinity (Texas) {2}	16.35w	(2.2)	3/22
10		Jene BOOKER	FR	#2 McMurry {5}	16.41w	(2.7)	4/12

## Women's 200 Meters

1	19	Trinity PROVOST	JR	#5 St. Thomas (Texi	24.64w	(3.7)	3/22
2	37	Annabelle LANIK	FR	#1 Trinity (Texas)	24.87w	(3.7)	3/22
3	94	CC GRAY	SR	#1 Trinity (Texas) {2}	25.33w	(3.7)	3/22
4		Quadetra WILBURN	FR	#5 St. Thomas (Texi{2}	25.60w	(3.7)	3/22
5		Clara LIPPERT	JR	#3 Colorado Colleg	25.67c	(25.60A) (-0.3)	3/29
6		Kaela SAWYERS	SR	#5 St. Thomas (Texi{3}	25.68w	(2.9)	3/29
7		Ny'Cierra HINTON	SR	#5 St. Thomas (Texi{4}	25.80	(1.8)	4/12
8		Nia SCOTT	FR	#1 Trinity (Texas) {3}	26.22	(0.3)	3/1
9		Madelyn GOLLIHAR	JR	#2 McMurry	26.34	(0.6)	3/29
10		Natalie GARCIA	JR	#4 Texas Lutheran	26.48w	(2.4)	4/12
10		Rylee WHORTON	SO	#8 Concordia Texas	26.48	(1.5)	3/29

## Women's 400 Meters

1	19	Trinity PROVOST	JR	#5 St. Thomas (Texi	56.43		3/29
2	44	CC GRAY	SR	#1 Trinity (Texas)	57.58		3/29
3	98	Selest EDWARDS	SO	#5 St. Thomas (Texi{2}	58.85		3/29
4		Kathryn KOSTELNIK	SO	#4 Texas Lutheran	58.86		3/29
5		Christina STINSON	SR	#5 St. Thomas (Texi{3}	59.39		4/12
6		Annette SMITH	SO	#1 Trinity (Texas) {2}	59.49		3/22
7		Lilly BROUSSARD	JR	#1 Trinity (Texas) {3}	59.62		3/29
8		Grace PEARSON	SO	#5 St. Thomas (Texi{4}	1:00.14		3/29
9		Clara LIPPERT	JR	#3 Colorado Colleg	1:00.18		3/8
10		Halle HAMILTON	JR	#1 Trinity (Texas) {4}	1:00.35		3/22

## Women's 400 Meter Hurdles

1	3	Arden NEFF	SR	#6 Southwestern (T	1:01.07		4/12
2	46	Danya SELBER	SR	#1 Trinity (Texas)	1:05.04		3/29
3	51	Madelyn GOLLIHAR	JR	#2 McMurry	1:05.19		3/29
4		Triniti GRAY	FR	#6 Southwestern (T{2}	1:07.67		4/12
5		Lexie ALLRED ROJAS	FR	#5 St. Thomas (Texi	1:07.94		3/29
6		Sage BARTLETT	JR	#4 Texas Lutheran	1:07.97		3/1
7		Kamilah TANNER	JR	#4 Texas Lutheran {2}	1:08.23		3/22
8		Lily MCWHORTER	JR	#6 Southwestern (T{3}	1:08.33		4/12
9		Naj CAMPBELL	SR	#2 McMurry {2}	1:08.51		4/12
10		Annikah FRANK	FR	#2 McMurry {3}	1:10.04		4/12

## Women's 800 Meters

1	20	Ella FULLERTON	JR	#3 Colorado Colleg	2:13.20		3/8
2	28	Allison BARKER	SO	#3 Colorado Colleg{2}	2:13.73		3/8
3	47	Annette SMITH	SO	#1 Trinity (Texas)	2:15.35		3/29
4	67	Chloe JOHNSON	FR	#3 Colorado Colleg{3}	2:16.76		4/12
5	94	Emerson VOLDAN	FR	#1 Trinity (Texas) {2}	2:17.75		3/29
6		Gabriela LUES	SO	#3 Colorado Colleg{4}	2:18.15		4/12
7		Halle HAMILTON	JR	#1 Trinity (Texas) {3}	2:18.82		3/1
8		Cali GOOD	SO	#1 Trinity (Texas) {4}	2:22.28		4/12
9		Josette GURULE	JR	#1 Trinity (Texas) {5}	2:23.01		4/12
10		Felice MULLINAX	FR	#7 LeTourneau	2:23.04		4/12
10		Gianna KEENA	JR	#1 Trinity (Texas) {6}	2:23.04		4/12

## Women's 1500 Meters

1	4	Isabel OLSON	SR	#3 Colorado Colleg	4:27.59		4/12
2	62	Abby GOODFRIED	JR	#3 Colorado Colleg{2}	4:40.25c	(4:46.27A)	3/29
3		Breanna STEELE	JR	#6 Southwestern (T	4:43.77		3/1
4		Allison BARKER	SO	#3 Colorado Colleg{3}	4:45.71		4/12
5		Sydney RANKIN	SR	#3 Colorado Colleg{4}	4:46.10c	(4:52.25A)	3/22
6		Josette GURULE	JR	#1 Trinity (Texas)	4:46.36		3/1
6		Annette SMITH	SO	#1 Trinity (Texas)	4:46.36		3/22
8		Charlie FLINT	SO	#3 Colorado Colleg{5}	4:46.41c	(4:52.57A)	3/22
9		Emerson VOLDAN	FR	#1 Trinity (Texas) {3}	4:46.89		3/22
10		Abby GOULAS	JR	#3 Colorado Colleg{6}	4:47.43		4/12

## Women's Steeplechase

1	97	Ellie CATRON	SR	#1 Trinity (Texas)	11:40.78		3/29
2		Savanna DANNER	JR	#2 McMurry	11:55.95		4/12
3		Madeline BREWSTER	FR	#3 Colorado Colleg	11:56.91		4/12
4		Emilia WEINROBE	SO	#3 Colorado Colleg{2}	11:58.08		4/12
5		Madison HABECK	SR	#1 Trinity (Texas) {2}	12:08.83		4/12
6		Sophie MUNOZ	SO	#1 Trinity (Texas) {3}	12:18.41		4/12
7		Aliyah FONSECA	FR	#4 Texas Lutheran	12:20.37		4/12
8		Stephanie SUAREZ	FR	#1 Trinity (Texas) {4}	12:39.94		4/12
9		Hannah FALK	FR	#3 Colorado Colleg{3}	12:49.99		4/12
10		Madelyn DELOSSANTOS	SO	#7 LeTourneau	13:25.73		4/12



## Conference TFRI Event Summary



SCAC

as of 4/15/2025 8:32:41 AM ET

## Women's 5000 Meters

1	<b>8</b>	Isabel OLSON	SR	<b>#3</b> Colorado College	<b>16:45.58</b>	3/28
2	<b>18</b>	Sydney RANKIN	SR	<b>#3</b> Colorado College	<b>16:53.85</b>	3/8
3	<b>38</b>	Alison MUELLER-HICKLER	JR	<b>#3</b> Colorado College	<b>17:16.44</b>	<b>4/12</b>
4	<b>50</b>	Charlie FLINT	SO	<b>#3</b> Colorado College	<b>17:22.70</b>	3/8
5	<b>64</b>	Britt HELGAAS	SR	<b>#3</b> Colorado College	<b>17:28.73</b>	3/8
6	100	Emerson VOLDAN	FR	<b>#1</b> Trinity (Texas)	<b>17:40.06</b>	<b>4/12</b>
7		Elliot SINGER	SR	<b>#3</b> Colorado College	<b>17:48.51</b>	<b>4/12</b>
8		Abby GOODFRIED	JR	<b>#3</b> Colorado College	<b>17:52.23</b>	3/8
9		Gianna KEENA	JR	<b>#1</b> Trinity (Texas)	<b>17:56.54</b>	<b>4/12</b>
10		Allison FORTMAN	SO	<b>#1</b> Trinity (Texas)	<b>17:57.35</b>	<b>4/12</b>

## Women's 10,000 Meters

1	<b>8</b>	Alison MUELLER-HICKLER	JR	<b>#3</b> Colorado College	<b>35:18.61</b>	3/28
2	<b>19</b>	Charlie FLINT	SO	<b>#3</b> Colorado College	<b>35:57.42</b>	3/28
3	<b>24</b>	Britt HELGAAS	SR	<b>#3</b> Colorado College	<b>36:14.99</b>	3/28
4		Savanna DANNER	JR	<b>#2</b> McMurry	<b>39:54.58</b>	3/22
5		Ashley SHEA	SR	<b>#2</b> McMurry	<b>40:03.69</b>	3/22
6		Chloe WEATHERS	JR	<b>#10</b> Ozarks (Ark.)	<b>41:22.25</b>	3/15
7		Cheyenne SUNDELL-TURNER	SO	<b>#3</b> Colorado College	<b>41:28.16</b>	<b>4/12</b>
8		Peyton CHANEY	FR	<b>#7</b> LeTourneau	<b>47:58.82</b>	3/15
9		Allison LEONESIO	FR	<b>#12</b> Dallas	<b>48:23.48</b>	3/15

## Women's 4x100 Relay

1	<b>13</b>	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton	<b>#5</b> St. Thomas (Tex)	<b>47.29</b>	3/22
2	<b>21</b>	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik	<b>#1</b> Trinity (Texas)	<b>47.64</b>	3/22
3	<b>68</b>	Naj Campbell, Brenna Stell, Madelyn Gollihar, Brynn Yanez	<b>#2</b> McMurry	<b>49.06</b>	<b>4/12</b>
4	<b>81</b>	Taylor Norrell, Natalie Garcia, Kathryn Kostelnik, Mikayla Kidney	<b>#4</b> Texas Lutheran	<b>49.44</b>	3/1
5		Ashanti Bradshaw, Camille McWhorter, Cabelle Flores, Rylee Whorton	<b>#8</b> Concordia Texas	<b>50.39</b>	<b>4/12</b>
6		Katelin Pilarski, Charlotte Scannel, Keren-Elia Gnau-Guei, Ella Lewis	<b>#6</b> Southwestern (T	<b>50.46</b>	3/1
7		Zaniya BrunoMunn, Emma Jones, Alina Miranda, Clara Lippert	<b>#3</b> Colorado College	<b>50.79</b>	3/8
8		Kooper Bogenschutz, Heather Shaw, Madelyn Hirneise, Victoria Wilson	<b>#7</b> LeTourneau	<b>52.70</b>	4/5
9		Kira Bufford, Katelyn Boyd, Abby De Hoyos, Eriana Raines	<b>#9</b> Schreiner	<b>53.01</b>	3/29





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



SCAC

as of 4/15/2025 8:32:41 AM ET

## Women's 4x400 Relay

1	21	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray	#1 Trinity (Texas)	3:56.75	3/29
2	42	Katelyn Hernandez, Madelyn Gollihar, Jacee Dinkins, Naj Campbell	#2 McMurry	4:01.87	3/29
3	43	Grace Pearson, Selest Edwards, Lexie Allred Rojas, Trinity Provost	#5 St. Thomas (Texas)	4:02.28	3/29
4	59	Kathryn Kostelnik, Sage Bartlett, Ciarah Garcia, Kamilah Tanner	#4 Texas Lutheran	4:04.48	3/22
5	78	Lauren Penders, Triniti Gray, Arden Neff, Lily McWhorter	#6 Southwestern (Texas)	4:07.34	4/12
6	83	Clara Lippert, Allison Barker, Ella Fullerton, Gabriela Lues	#3 Colorado College	4:08.32c (4:07.88A)	3/22
7		Eriana Raines, Jordyn Braxton, Jaia Ashley, Malanie Gonzales	#9 Schreiner	4:11.88	4/12
8		Heather Shaw, Alayna Galloway, Madelyn DeLosSantos, Felice Mullinax	#7 LeTourneau	4:25.94	4/5
9		Ashanti Bradshaw, Cacherle Flores, Camille McWhorter, Rylee Whorton	#8 Concordia Texas	4:26.29	3/15

## Women's High Jump

1	71	Kylie FLIPPIN	SO	#2 McMurry	1.58m	5-2¼	4/12
2	84	Sophia ORTIZ	FR	#1 Trinity (Texas)	1.57m	5-1¾	3/22
3		Emily JACKSON	FR	#2 McMurry	{2} 1.54m	5-½	3/22
4		Victoria WILSON	JR	#7 LeTourneau	1.51m	4-11½	4/12
5		Emma JONES	JR	#3 Colorado College	1.48m	4-10¼	4/12
6		Josephine LOUIS	SO	#3 Colorado College	{2} 1.47m	4-9¾	3/8
6		Anika HATLEVIG	FR	#1 Trinity (Texas)	{2} 1.47m	4-9¾	4/12
8		Katelyn BROWN	JR	#4 Texas Lutheran	1.45m	4-9	3/22
8		Emilie MIRELES	SO	#1 Trinity (Texas)	{3} 1.45m	4-9	3/22
8		Bethany WOOD	SR	#2 McMurry	{3} 1.45m	4-9	3/22

## Women's Pole Vault

1	5	Brenna STELL	SO	#2 McMurry	4.00m	13-1½	4/12
2	55	Madeline SUMIEN	FR	#2 McMurry	{2} 3.46m	11-4¼	4/12
3	63	Addison DOSS	FR	#1 Trinity (Texas)	3.42m	11-2½	3/22
4	65	Eliza DYE	FR	#7 LeTourneau	3.40m	11-1¾	3/1
5	89	Victoria BAKER	SO	#1 Trinity (Texas)	{2} 3.33m	10-11	3/29
6		Jacee DINKINS	SR	#2 McMurry	{3} 3.18m	10-5¼	3/29
7		Josephine LOUIS	SO	#3 Colorado College	3.16m	10-4¼	4/12
8		Chloe MCCLOSKEY	FR	#1 Trinity (Texas)	{3} 3.12m	10-2¾	3/22
9		Kaelin LEISHMAN	JR	#1 Trinity (Texas)	{4} 3.06m	10-½	4/12
10		Caroline WALDROP	FR	#2 McMurry	{4} 2.86m	9-4½	4/12

## Women's Long Jump

1	4	Annabelle LANIK	FR	#1 Trinity (Texas)	5.98mw	19-7½ (2.2)	3/28
2	33	Joy AREOLA	SR	#1 Trinity (Texas)	{2} 5.59mw	18-4¼ (2.9)	3/21
3	95	Ella LEWIS	SO	#6 Southwestern (Texas)	5.30mw	17-4¾ (3.6)	4/12
4		Clara LIPPERT	JR	#3 Colorado College	5.27mw	17-3¾ (2.6)	4/12
5		Ciandra CARRICO	SO	#1 Trinity (Texas)	{3} 5.18m	17-0 (1.5)	3/22
6		Destini MATHERSON	JR	#4 Texas Lutheran	5.05mw	16-7 (3.2)	4/12
7		Emily JACKSON	FR	#2 McMurry	4.98m	16-4¼ (0.5)	3/29
8		Quadetra WILBURN	FR	#5 St. Thomas (Texas)	4.96m	16-3¼ (1.1)	3/29
9		Molly VANCE	SO	#3 Colorado College	{2} 4.94mw	16-2½ (4.0)	4/12
10		Emilie MIRELES	SO	#1 Trinity (Texas)	{4} 4.93m	16-2¼ (1.5)	3/22

## Women's Triple Jump

1	7	Joy AREOLA	SR	#1 Trinity (Texas)	11.96m	39-3 (1.8)	3/28
2	38	Ella LEWIS	SO	#6 Southwestern (Texas)	11.35m	37-3 (1.8)	3/28
3	82	Ciandra CARRICO	SO	#1 Trinity (Texas)	{2} 10.93mw	35-10½ (2.5)	3/22
4		Jakayla RAY	JR	#5 St. Thomas (Texas)	10.75m	35-3¼ (1.1)	3/29
5		Emilie MIRELES	SO	#1 Trinity (Texas)	{3} 10.42mw	34-2¼ (2.2)	3/22
6		Ciarah GARCIA	FR	#4 Texas Lutheran	10.40mw	34-1½ (3.3)	4/12
7		Myla WOLF	SO	#6 Southwestern (Texas)	{2} 10.18m	33-4¼ (1.7)	4/12
8		Kylie FLIPPIN	SO	#2 McMurry	10.01mw	32-10¼ (3.3)	4/12
9		Grayson SHUGART	FR	#11 Centenary (La.)	9.90m	32-5¾ (0.3)	3/1
10		Meriah GONZALEZ	JR	#2 McMurry	{2} 9.79mw	32-1½ (3.2)	4/12

## Women's Shot Put

1	20	Kendra HUMPHRIES	SO	#2 McMurry	13.26m	43-6	4/5
2	63	Julissa RODRIGUEZ	SR	#4 Texas Lutheran	12.40m	40-8¼	3/22
3	91	Tori COLMAN	SO	#2 McMurry	{2} 12.10m	39-8½	4/5
4		Makia GONZALES	FR	#8 Concordia Texas	12.02m	39-5¼	3/15
5		Jaycee GREEN	FR	#6 Southwestern (Texas)	11.89m	39-¼	3/1
6		Erin CAPELL	SR	#3 Colorado College	11.85m	38-10½	3/29
7		Kate BALLENGEE	SR	#1 Trinity (Texas)	11.35m	37-3	4/12
8		Emagen STYRA	JR	#4 Texas Lutheran	{2} 11.14m	36-6¾	3/22
9		Madeleine SEABOLT	JR	#1 Trinity (Texas)	{2} 11.06m	36-3½	4/5
10		Kaycie WILLIS	SR	#9 Schreiner	10.79m	35-4¾	3/29

## Women's Discus

1	32	Tori COLMAN	SO	#2 McMurry	42.34m	138-11	4/12
2	56	Julissa RODRIGUEZ	SR	#4 Texas Lutheran	40.54m	133-0	3/22
3	60	Rachel BELL	SO	#1 Trinity (Texas)	40.31m	132-3	4/12
4	69	Madeleine SEABOLT	JR	#1 Trinity (Texas)	{2} 39.75m	130-5	4/12
5	80	Madison WRIGHT	SO	#4 Texas Lutheran	{2} 39.43m	129-5	3/1
6		Kendra HUMPHRIES	SO	#2 McMurry	{2} 38.51m	126-4	4/12
7		Kirsten SMITH	JR	#4 Texas Lutheran	{3} 37.56m	123-3	4/12
8		Hannah HUTCHISON	JR	#2 McMurry	{3} 36.10m	118-5	4/12
9		Makia GONZALES	FR	#8 Concordia Texas	35.22m	115-7	3/15
10		Maria BODDEN	SO	#1 Trinity (Texas)	{3} 34.88m	114-5	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



SCAC

as of 4/15/2025 8:32:42 AM ET

## Women's Hammer

1	Julissa RODRIGUEZ	SR	#4 Texas Lutheran	44.50m	146-0	3/1
1	Tori COLMAN	SO	#2 McMurry	44.50m	146-0	3/29
3	Jaycee GREEN	FR	#6 Southwestern (T	44.30m	145-4	3/29
4	Elizabeth CUNNINGHAM	SR	#2 McMurry {2}	43.90m	144-1	4/12
5	Kenna KUBENKA	JR	#4 Texas Lutheran {2}	43.34m	142-2	4/12
6	Rachel BELL	SO	#1 Trinity (Texas)	42.74m	140-3	4/12
7	Kate BALLENGEE	SR	#1 Trinity (Texas) {2}	40.26m	132-1	3/22
8	Kaila HAMILTON	JR	#6 Southwestern (T{2}	39.12m	128-4	3/1
9	Kirsten SMITH	JR	#4 Texas Lutheran {3}	38.71m	127-0	3/22
10	Kendra HUMPHRIES	SO	#2 McMurry {3}	34.60m	113-6	3/29

## Women's Javelin

1	100 Kendra HUMPHRIES	SO	#2 McMurry	35.31m	115-10	3/22
2	Jacee DINKINS	SR	#2 McMurry {2}	34.45m	113-0	4/12
3	Alexa MARTIN	JR	#4 Texas Lutheran	34.03m	111-8	3/1
4	Bethany WOOD	SR	#2 McMurry {3}	33.43m	109-8	3/22
5	Julissa RODRIGUEZ	SR	#4 Texas Lutheran {2}	32.53m	106-9	3/1
6	Madeleine SEABOLT	JR	#1 Trinity (Texas)	31.98m	104-11	3/1
7	Natalie FERDI	SO	#7 LeTourneau	31.95m	104-10	3/22
8	Leandra MOTELET	JR	#6 Southwestern (T	31.37m	102-11	4/12
9	Madison WRIGHT	SO	#4 Texas Lutheran {3}	31.15m	102-3	3/22
10	Kirsten SMITH	JR	#4 Texas Lutheran {4}	31.00m	101-9	3/22

## Women's Heptathlon

1	18 Victoria WILSON	JR	#7 LeTourneau	4,140	4/12
2	67 Emily JACKSON	FR	#2 McMurry	3,153	4/5
3	95 Jene BOOKER	FR	#2 McMurry {2}	2,657	4/5



## Conference TFRI Event Summary



SCIAC

as of 4/15/2025 8:32:42 AM ET

## Women's 100 Meters

1	<b>14</b>	Josephine JETT	SO	<b>#1</b> Claremont-Mudc	<b>11.92</b>	(1.3)	3/22
2	<b>43</b>	Sabrina SEMMERE	JR	<b>#3</b> Redlands (Calif.)	<b>12.18w</b>	(2.9)	3/29
3	<b>44</b>	Katriona KIRKPATRICK	JR	<b>#4</b> Pomona-Pitzer	<b>12.19w</b>	(2.9)	3/29
4	<b>78</b>	Makenna LIZARDE	JR	<b>#2</b> Chapman	<b>12.33</b>	(1.5)	2/22
4	<b>78</b>	Elizabeth HAWLEY	JR	<b>#5</b> Occidental	<b>12.33</b>	(-0.4)	3/30
6	<b>81</b>	Kaylee SMITH	SR	<b>#2</b> Chapman {2}	<b>12.34</b>	(1.6)	3/14
7		Maigan ADAMS	SR	<b>#3</b> Redlands (Calif.) {2}	<b>12.45w</b>	(2.9)	3/29
8		Gracie GERVACIO	FR	<b>#6</b> Cal Lutheran	<b>12.46w</b>	(4.0)	4/4
9		Sabrina TANOUYE	SO	<b>#3</b> Redlands (Calif.) {3}	<b>12.48w</b>	(2.4)	3/29
10		Luna YOUNG	FR	<b>#1</b> Claremont-Mudc {2}	<b>12.54</b>	(1.3)	<b>4/12</b>

## Women's 100 Meter Hurdles

1	<b>4</b>	Josephine JETT	SO	<b>#1</b> Claremont-Mudc	<b>14.08</b>	(0.1)	<b>4/12</b>
2	<b>33</b>	Eleanor BACHMEIER	SR	<b>#3</b> Redlands (Calif.)	<b>14.79</b>	(0.5)	3/29
3	<b>59</b>	Elisabeth EICHINGER	JR	<b>#3</b> Redlands (Calif.) {2}	<b>15.07</b>	(1.2)	3/29
4		Khyra STINER	SR	<b>#2</b> Chapman	<b>15.43</b>	(1.2)	3/29
5		Kaitlyn CREIGHTON	FR	<b>#1</b> Claremont-Mudc {2}	<b>15.63</b>	(1.0)	2/22
6		Georgia ROGERS	SO	<b>#1</b> Claremont-Mudc {3}	<b>15.64</b>	(0.2)	<b>4/12</b>
7		Regina O'LEARY	FR	<b>#2</b> Chapman {2}	<b>15.97</b>	(1.2)	3/29
8		Shaylee HERON	SO	<b>#3</b> Redlands (Calif.) {3}	<b>16.02</b>	(1.2)	3/29
9		Kayla KIM	SO	<b>#2</b> Chapman {3}	<b>16.06</b>	(0.2)	<b>4/12</b>
10		Jodie OPARANAKU	JR	<b>#6</b> Cal Lutheran	<b>16.12</b>	(1.0)	<b>4/12</b>

## Women's 200 Meters

1	<b>26</b>	Josephine JETT	SO	<b>#1</b> Claremont-Mudc	<b>24.77</b>	(1.4)	3/29
2	<b>43</b>	Katriona KIRKPATRICK	JR	<b>#4</b> Pomona-Pitzer	<b>24.90</b>	(1.0)	3/1
3	<b>70</b>	Sabrina SEMMERE	JR	<b>#3</b> Redlands (Calif.)	<b>25.13</b>	(1.4)	3/29
4	<b>77</b>	Elizabeth HAWLEY	JR	<b>#5</b> Occidental	<b>25.20</b>	(1.8)	3/30
5	<b>79</b>	Makenna LIZARDE	JR	<b>#2</b> Chapman	<b>25.22</b>	(-0.9)	<b>4/12</b>
6	<b>83</b>	Kaylee SMITH	SR	<b>#2</b> Chapman {2}	<b>25.27</b>	(1.4)	3/29
7		Sarah CHARLES	SO	<b>#2</b> Chapman {3}	<b>25.55</b>	(1.4)	3/29
8		Allison KREMER	SR	<b>#2</b> Chapman {4}	<b>25.68</b>	(1.4)	3/29
9		Ariana RAPHAEL	SR	<b>#2</b> Chapman {5}	<b>25.72</b>	(0.0)	<b>4/12</b>
10		Gracie GERVACIO	FR	<b>#6</b> Cal Lutheran	<b>25.85w</b>	(3.9)	4/4

## Women's 400 Meters

1	<b>21</b>	Sarah CHARLES	SO	<b>#2</b> Chapman	<b>56.46</b>		<b>4/12</b>
2	<b>28</b>	Allison KREMER	SR	<b>#2</b> Chapman {2}	<b>56.69</b>		<b>4/12</b>
3	<b>37</b>	Elizabeth HAWLEY	JR	<b>#5</b> Occidental	<b>57.11</b>		<b>4/12</b>
4	<b>53</b>	Kaylee SMITH	SR	<b>#2</b> Chapman {3}	<b>57.80</b>		<b>4/12</b>
5	<b>61</b>	Phoebe OGDEN	FR	<b>#5</b> Occidental {2}	<b>58.03</b>		<b>4/12</b>
6	<b>68</b>	Sabrina SEMMERE	JR	<b>#3</b> Redlands (Calif.)	<b>58.18</b>		<b>4/12</b>
7		Olivia REICHL	SR	<b>#4</b> Pomona-Pitzer	<b>59.13</b>		3/22
8		Faith KASPER	SO	<b>#3</b> Redlands (Calif.) {2}	<b>59.38</b>		3/29
9		Skylar COTTELL	FR	<b>#5</b> Occidental {3}	<b>59.40</b>		<b>4/12</b>
10		Chayanit KITNITCHIVA	SR	<b>#2</b> Chapman {4}	<b>59.59</b>		1/31

## Women's 400 Meter Hurdles

1	<b>24</b>	Chayanit KITNITCHIVA	SR	<b>#2</b> Chapman	<b>1:03.63</b>		3/29
2	<b>69</b>	Shriya VELICHALA	JR	<b>#1</b> Claremont-Mudc	<b>1:05.93</b>		3/29
3	<b>75</b>	Brooke TOMPKINS	SO	<b>#5</b> Occidental	<b>1:06.05</b>		3/30
4		Kaitlyn CREIGHTON	FR	<b>#1</b> Claremont-Mudc {2}	<b>1:07.67</b>		3/22
5		Fatima CERVANTES	SR	<b>#6</b> Cal Lutheran	<b>1:09.52</b>		<b>4/12</b>
6		Martrisha DAVIS	FR	<b>#8</b> La Verne	<b>1:11.24</b>		3/1
7		Madison SCHAEFER	FR	<b>#3</b> Redlands (Calif.)	<b>1:11.39</b>		3/1
8		Olivia SCHLEIFER	SR	<b>#1</b> Claremont-Mudc {3}	<b>1:11.49</b>		<b>4/12</b>
9		Mia SHANNON	FR	<b>#2</b> Chapman {2}	<b>1:11.71</b>		<b>4/12</b>
10		Elliette SINCLAIR	FR	<b>#6</b> Cal Lutheran {2}	<b>1:11.98</b>		3/30

## Women's 800 Meters

1	<b>33</b>	Chloe BULLOCK	SR	<b>#3</b> Redlands (Calif.)	<b>2:13.91</b>		3/8
2	<b>88</b>	Chloe GUDAS	FR	<b>#1</b> Claremont-Mudc	<b>2:17.61</b>		3/8
3	<b>90</b>	Olivia REICHL	SR	<b>#4</b> Pomona-Pitzer	<b>2:17.69</b>		3/28
4	<b>99</b>	Delphine WAY	SO	<b>#5</b> Occidental	<b>2:17.83</b>		<b>4/12</b>
5		Mia VOCE	SR	<b>#1</b> Claremont-Mudc {2}	<b>2:18.44</b>		4/5
6		Tania RACHIDI	FR	<b>#4</b> Pomona-Pitzer {2}	<b>2:19.05</b>		3/8
7		Peyton CARRERA	JR	<b>#8</b> La Verne	<b>2:19.42</b>		4/5
8		Annika CARLSON	JR	<b>#2</b> Chapman	<b>2:19.55</b>		3/14
9		Eva NOVY-HILDESLEY	SO	<b>#4</b> Pomona-Pitzer {3}	<b>2:19.71</b>		<b>4/12</b>
10		Rosemary MCMANUS	FR	<b>#1</b> Claremont-Mudc {3}	<b>2:20.38</b>		3/1

## Women's 1500 Meters

1	<b>14</b>	Annika CARLSON	JR	<b>#2</b> Chapman	<b>4:31.74</b>		<b>4/12</b>
2	<b>42</b>	Summer GELMAN	JR	<b>#6</b> Cal Lutheran	<b>4:37.07</b>		<b>4/12</b>
3	<b>93</b>	Sara WEXLER	JR	<b>#1</b> Claremont-Mudc	<b>4:43.15</b>		4/5
4	<b>95</b>	Megan COVER	JR	<b>#5</b> Occidental	<b>4:43.24</b>		3/28
5	<b>97</b>	Olivia BACKHOLM	FR	<b>#1</b> Claremont-Mudc {2}	<b>4:43.63</b>		4/5
6		Chloe BULLOCK	SR	<b>#3</b> Redlands (Calif.)	<b>4:44.08</b>		3/29
7		Jie YI DENISE CHEN	FR	<b>#1</b> Claremont-Mudc {3}	<b>4:44.18</b>		4/5
8		Tania RACHIDI	FR	<b>#4</b> Pomona-Pitzer	<b>4:44.48</b>		3/28
9		Jamie HABIB	SR	<b>#1</b> Claremont-Mudc {4}	<b>4:44.63</b>		<b>4/12</b>
10		Sally GASKELL	SO	<b>#1</b> Claremont-Mudc {5}	<b>4:46.60</b>		3/8

## Women's Steeplechase

1	<b>13</b>	Annika CARLSON	JR	<b>#2</b> Chapman	<b>10:54.82</b>		3/1
2	<b>22</b>	Revere SCHMIDT	SO	<b>#1</b> Claremont-Mudc	<b>11:08.56</b>		3/8
3	<b>44</b>	Olivia BACKHOLM	FR	<b>#1</b> Claremont-Mudc {2}	<b>11:19.14</b>		3/29
4	<b>49</b>	Fiona BODKIN	SO	<b>#4</b> Pomona-Pitzer	<b>11:20.90</b>		3/29
5		Emily KENDRICK	JR	<b>#1</b> Claremont-Mudc {3}	<b>11:42.51</b>		<b>4/12</b>
6		Olivia DEBOER	SO	<b>#1</b> Claremont-Mudc {4}	<b>11:50.51</b>		<b>4/12</b>
7		Eve MAVY	JR	<b>#3</b> Redlands (Calif.)	<b>11:59.98</b>		3/1
8		Kendall MADINE	FR	<b>#4</b> Pomona-Pitzer {2}	<b>12:13.86</b>		3/29
9		Jenna MILBRODT	JR	<b>#1</b> Claremont-Mudc {5}	<b>12:15.27</b>		3/1
10		Bella ANDERSON	JR	<b>#3</b> Redlands (Calif.) {2}	<b>14:04.76</b>		3/29



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>83</b>	Katherine CLINE	SR	<b>#4</b> Pomona-Pitzer	<b>17:35.09</b>	3/28
2		Mira TERDIMAN	SR	<b>#4</b> Pomona-Pitzer {2}	<b>17:41.50</b>	3/28
3		Angela GUSHUE	SR	<b>#1</b> Claremont-Mudc	<b>17:42.99</b>	3/8
4		Summer GELMAN	JR	<b>#6</b> Cal Lutheran	<b>17:46.41</b>	3/8
5		Jie YI DENISE CHEN	FR	<b>#1</b> Claremont-Mudc{2}	<b>17:52.17</b>	3/8
6		Joya TERDIMAN	JR	<b>#4</b> Pomona-Pitzer {3}	<b>17:52.43</b>	3/28
7		Fiona BODKIN	SO	<b>#4</b> Pomona-Pitzer {4}	<b>17:56.83</b>	3/8
8		Chloe CONNOLLY	SR	<b>#4</b> Pomona-Pitzer {5}	<b>18:01.58</b>	3/8
9		Sara WEXLER	JR	<b>#1</b> Claremont-Mudc{3}	<b>18:01.74</b>	3/1
10		Virginia PISTILLI	JR	<b>#7</b> Caltech	<b>18:04.90</b>	3/8

## Women's 10,000 Meters

1	<b>15</b>	Jenna LENAY	JR	<b>#5</b> Occidental	<b>35:43.36</b>	3/8
2	<b>37</b>	Brenda DAZA	SO	<b>#2</b> Chapman	<b>37:22.54</b>	3/28
3	<b>63</b>	Abigail JOHNSON	SR	<b>#3</b> Redlands (Calif.)	<b>38:11.41</b>	3/8
4	<b>82</b>	Chloe CONNOLLY	SR	<b>#4</b> Pomona-Pitzer	<b>38:47.03</b>	3/28
5		Madison BRAVO	JR	<b>#8</b> La Verne	<b>39:28.10</b>	3/8
6		Ameya TELI	SO	<b>#4</b> Pomona-Pitzer {2}	<b>39:32.15</b>	3/28
7		Mei Mei BAYMAN	SR	<b>#5</b> Occidental {2}	<b>39:34.37</b>	3/28
8		Rosemary PETERS	SO	<b>#5</b> Occidental {3}	<b>40:04.65</b>	3/28
9		Sarah BENITEZ	SR	<b>#3</b> Redlands (Calif.){2}	<b>40:10.15</b>	3/8
10		Julia SCHWARTZ	SR	<b>#4</b> Pomona-Pitzer {3}	<b>40:58.55</b>	3/28

## Women's 4x100 Relay

1	<b>14</b>	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	<b>#2</b> Chapman	<b>47.30</b>	3/1
2	<b>24</b>	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	<b>#4</b> Pomona-Pitzer	<b>47.80</b>	<b>4/12</b>
3	<b>28</b>	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens	<b>#1</b> Claremont-Mudc	<b>47.95</b>	<b>4/12</b>
4	<b>38</b>	Sabrina Tanouye, Sabrina Semmere, Eleanor Bachmeier, Maigan Adams	<b>#3</b> Redlands (Calif.)	<b>48.18</b>	3/29
5	<b>78</b>	Zoe Hrabec, Phoebe Ogden, Isabel Yaffe, Elizabeth Hawley	<b>#5</b> Occidental	<b>49.36</b>	3/1
6	100	Jennyfer Hernandez Rosas, Carly Christensen, Gracie Gervacio, Gabriela Pullen	<b>#6</b> Cal Lutheran	<b>50.04</b>	3/1
7		Lily Randall, Ivy Brainard, Isha Goswami, Isabela Cenicerros	<b>#7</b> Caltech	<b>50.30</b>	<b>4/12</b>
8		Abbey Villegas, Naomi Onyekwelu, Maya Galvan, Samantha Armenta	<b>#9</b> Whittier	<b>52.75</b>	3/22
9		Martisha Davis, Gennessy Ortega, Jaila Counts, Soleil Stevenson	<b>#8</b> La Verne	<b>54.17</b>	3/1



## Conference TFRI Event Summary



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as of 4/15/2025 8:32:42 AM ET

## Women's 4x400 Relay

1	<b>12</b>	Kaylee Smith, Makenna Lizarde, Chayanit Kitnitchiva, Sarah Charles	<b>#2 Chapman</b>	<b>3:50.97</b>	3/14
2	<b>15</b>	Skylar Cottell, Delphine Way, Phoebe Ogden, Elizabeth Hawley	<b>#5 Occidental</b>	<b>3:52.53</b>	<b>4/12</b>
3	<b>20</b>	Katriona Kirkpatrick, Anna Marston, Kensington Binstadt, Olivia Reichle	<b>#4 Pomona-Pitzer</b>	<b>3:56.36</b>	<b>4/12</b>
4	<b>27</b>	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Chloe Bullock	<b>#3 Redlands (Calif.)</b>	<b>3:57.87</b>	<b>4/12</b>
5	<b>63</b>	Kathryn Cooper, Luna Young, Shriya Velichala, Mia Voce	<b>#1 Claremont-Mudc</b>	<b>4:05.06</b>	<b>4/12</b>
6		Isha Goswami, Ivy Brainard, Katelyn Sadorf, Hypatia Hamkins	<b>#7 Caltech</b>	<b>4:12.81</b>	3/30
7		Jennyfer Hernandez Rosas, Gracie Gervacio, Bella Fuentes, Gabriela Pullen	<b>#6 Cal Lutheran</b>	<b>4:20.45</b>	3/8
8		Peyton Carrera, Chloe Chong, Kaliah Ramirez, Martrisha Davis	<b>#8 La Verne</b>	<b>4:33.51</b>	3/30
9		Abbey Villegas, Naomi Onyekwelu, Samantha Armenta, Mariana Lopez	<b>#9 Whittier</b>	<b>4:52.35</b>	2/22

## Women's High Jump

1	<b>38</b>	Mari EVONUK	<b>FR #3 Redlands (Calif.)</b>	<b>1.60m</b>	5-3	3/1
1	<b>38</b>	Simone ROGERS	SR <b>#1 Claremont-Mudc</b>	<b>1.60m</b>	5-3	3/1
3	<b>91</b>	Fatima CERVANTES	SR <b>#6 Cal Lutheran</b>	<b>1.56m</b>	5-1¼	3/30
4		Madison EATON	JR <b>#3 Redlands (Calif.)</b> {2}	<b>1.55m</b>	5-1	2/16
4		Taylor DOMINGUEZ	<b>FR #6 Cal Lutheran</b>	<b>{2} 1.55m</b>	5-1	3/22
4		Gabriela HENDERSON	<b>FR #1 Claremont-Mudc</b> {2}	<b>1.55m</b>	5-1	3/29
4		Georgia ROGERS	SO <b>#1 Claremont-Mudc</b> {2}	<b>1.55m</b>	5-1	3/1
8		Natalia COSSIO	SR <b>#4 Pomona-Pitzer</b>	<b>1.50m</b>	4-11	2/16
8		Mai LINH WONG	JR <b>#5 Occidental</b>	<b>1.50m</b>	4-11	2/8
10		Elisabeth EICHINGER	JR <b>#3 Redlands (Calif.)</b> {3}	<b>1.49m</b>	4-10½	4/4
10		Eleanor BACHMEIER	SR <b>#3 Redlands (Calif.)</b> {3}	<b>1.49m</b>	4-10½	4/4

## Women's Pole Vault

1	<b>24</b>	Madeline SEIFERT	JR <b>#1 Claremont-Mudc</b>	<b>3.65m</b>	11-11¾	4/5
2	<b>47</b>	Zoey HRABE	FR <b>#5 Occidental</b>	<b>3.50m</b>	11-5¾	2/16
3	<b>78</b>	Taylor DOMINGUEZ	FR <b>#6 Cal Lutheran</b>	<b>3.35m</b>	10-11¾	2/16
4		Samantha DANIELS	JR <b>#2 Chapman</b>	<b>3.05m</b>	10-0	3/29
5		Elise RAFFIANI	FR <b>#2 Chapman</b>	<b>{2} 2.75m</b>	9-¼	3/29
6		Mia BERTONE	FR <b>#6 Cal Lutheran</b>	<b>{2} 2.60m</b>	8-6¼	<b>4/12</b>
7		Charlotte ALMOND	FR <b>#1 Claremont-Mudc</b> {2}	<b>2.45m</b>	8-½	<b>4/12</b>
8		Chloe CHONG	FR <b>#8 La Verne</b>	<b>2.15m</b>	7-½	<b>4/12</b>

## Women's Long Jump

1	<b>40</b>	Ella BOWERS	SR <b>#4 Pomona-Pitzer</b>	<b>5.55mw</b>	18-2½ (2.1)	3/29
2	<b>53</b>	Maigan ADAMS	SR <b>#3 Redlands (Calif.)</b>	<b>5.45m</b>	17-10¼ (-1)	2/16
3	<b>55</b>	Lindsey GRAY	JR <b>#2 Chapman</b>	<b>5.44m</b>	17-10¼ (1.9)	3/29
4	<b>65</b>	Eleanor BACHMEIER	SR <b>#3 Redlands (Calif.)</b> {2}	<b>5.41mw</b>	17-9 (2.8)	3/29
5		Felicia AKINDE	SO <b>#4 Pomona-Pitzer</b>	<b>{2} 5.27m</b>	17-3½ (0.9)	<b>4/12</b>
6		Christen WILEY	SR <b>#3 Redlands (Calif.)</b> {3}	<b>5.25m</b>	17-2¾ (0.9)	2/16
7		Gennessy ORTEGA	FR <b>#8 La Verne</b>	<b>5.23m</b>	17-2 (0.0)	<b>4/12</b>
8		Madeline SEIFERT	JR <b>#1 Claremont-Mudc</b>	<b>5.18m</b>	17-0 (0.2)	3/29
9		Ellie CHI	FR <b>#4 Pomona-Pitzer</b>	<b>{3} 5.13m</b>	16-10 (0.0)	<b>4/12</b>
10		Elisabeth EICHINGER	JR <b>#3 Redlands (Calif.)</b> {4}	<b>5.12mw</b>	16-9¾ (2.1)	3/29

## Women's Triple Jump

1	<b>1</b>	Maigan ADAMS	SR <b>#3 Redlands (Calif.)</b>	<b>12.22m</b>	40-1¼ (1.1)	<b>4/12</b>
2	<b>5</b>	Ella BOWERS	JR <b>#4 Pomona-Pitzer</b>	<b>12.01mw</b>	39-5 (3.2)	<b>4/12</b>
3	<b>84</b>	Niani JONES	SO <b>#6 Cal Lutheran</b>	<b>10.92m</b>	35-10 (-0.5)	<b>4/12</b>
3	<b>84</b>	Elsa VAN DYKE	FR <b>#4 Pomona-Pitzer</b>	<b>{2} 10.92m</b>	35-10 (0.0)	3/14
5	<b>98</b>	Felicia AKINDE	SO <b>#4 Pomona-Pitzer</b>	<b>{3} 10.87m</b>	35-8 (1.0)	3/22
6		Regina O'LEARY	FR <b>#2 Chapman</b>	<b>10.86m</b>	35-7¾ (1.6)	3/29
7		Christen WILEY	SR <b>#3 Redlands (Calif.)</b> {2}	<b>10.75m</b>	35-3¼ (0.7)	2/16
8		Lindsey GRAY	JR <b>#2 Chapman</b>	<b>{2} 10.65m</b>	34-11¼ (1.3)	3/29
9		Jasmine PRAJITNO	FR <b>#8 La Verne</b>	<b>10.50m</b>	34-5½ (1.0)	3/8
10		Ellie CHI	FR <b>#4 Pomona-Pitzer</b>	<b>{4} 10.39m</b>	34-1¼ (-1.1)	3/1
10		Lilly COOPER	JR <b>#2 Chapman</b>	<b>{3} 10.39mw</b>	34-1¼ (2.2)	3/29

## Women's Shot Put

1	<b>88</b>	Chelsea GROVES	SR <b>#5 Occidental</b>	<b>12.13m</b>	39-9¾	<b>4/12</b>
2		Eva NDOYE	FR <b>#2 Chapman</b>	<b>11.92m</b>	39-1¼	3/29
3		Sophia STEVEN	JR <b>#7 Caltech</b>	<b>10.86m</b>	35-7¾	2/16
4		Eleanor BACHMEIER	SR <b>#3 Redlands (Calif.)</b>	<b>10.62m</b>	34-10¼	4/4
5		Elisabeth EICHINGER	JR <b>#3 Redlands (Calif.)</b> {2}	<b>10.57m</b>	34-8¼	3/29
6		Renn CORLEY	FR <b>#1 Claremont-Mudc</b>	<b>10.40m</b>	34-1½	2/22
7		Sophia LAUDI	FR <b>#1 Claremont-Mudc</b> {2}	<b>10.22m</b>	33-6½	3/29
8		Ellie MANN	SO <b>#3 Redlands (Calif.)</b> {3}	<b>10.17m</b>	33-4½	<b>4/12</b>
9		Clara STEVENS	FR <b>#7 Caltech</b>	<b>{2} 10.01m</b>	32-10¼	2/16
10		Izzy SABATINO	SR <b>#4 Pomona-Pitzer</b>	<b>9.86m</b>	32-4¼	2/16





## Conference TFRI Event Summary



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## Women's Discus

1	Chelsea GROVES	SR	#5 Occidental	38.41m	126-0	4/12
2	Chloe MITCHELL	FR	#2 Chapman	36.89m	121-1	3/29
3	Katelyn SEWELL	SO	#1 Claremont-Mudc	36.40m	119-5	3/1
4	Cheyenne RODRIGUEZ	JR	#6 Cal Lutheran	35.84m	117-7	3/1
5	Kyra PHAYCHANPHENG	FR	#7 Caltech	34.18m	112-2	3/30
6	Ellie MANN	SO	#3 Redlands (Calif.)	33.66m	110-5	3/1
7	Eva NDOYE	FR	#2 Chapman {2}	33.29m	109-3	3/29
8	Ashley GRANGER	JR	#2 Chapman {3}	33.08m	108-7	1/31
9	Renn CORLEY	FR	#1 Claremont-Mudc {2}	32.68m	107-3	3/1
10	Sophia GREEN	JR	#6 Cal Lutheran {2}	32.40m	106-4	3/1

## Women's Hammer

1	9 Antonia HEKSTER	SR	#1 Claremont-Mudc	52.20m	171-3	3/29
2	88 Cheyanne RODRIGUEZ	JR	#6 Cal Lutheran	45.65m	149-9	3/30
3	Emily HU	SR	#7 Caltech	42.94m	140-11	2/22
4	Ashley GRANGER	JR	#2 Chapman	40.85m	134-0	3/29
5	Chelsea GROVES	SR	#5 Occidental	39.33m	129-1	2/22
6	Gizelle HERRERA	FR	#1 Claremont-Mudc {2}	39.16m	128-6	3/14
7	Sophia GREEN	JR	#6 Cal Lutheran {2}	37.74m	123-10	4/4
8	Clara STEVENS	FR	#7 Caltech {2}	36.98m	121-4	4/12
9	Chloe MITCHELL	FR	#2 Chapman {2}	36.95m	121-3	4/12
10	Journee JONES	FR	#8 La Verne	35.05m	115-0	3/22

## Women's Javelin

1	14 Sophia LAUDI	FR	#1 Claremont-Mudc	40.48m	132-10	3/29
2	41 Logan SPOONEMORE	SR	#4 Pomona-Pitzer	37.82m	124-1	3/29
3	44 Caiya NIEWINSKI	FR	#4 Pomona-Pitzer {2}	37.58m	123-4	4/12
4	61 Quinn SMITH	FR	#1 Claremont-Mudc {2}	36.74m	120-7	2/16
5	Keegan SHERRY	JR	#3 Redlands (Calif.)	34.66m	113-9	3/1
6	Michelle LAGUNAS-MONROY	SR	#5 Occidental	33.38m	109-6	3/30
7	Antonia HEKSTER	SR	#1 Claremont-Mudc {3}	32.94m	108-1	3/22
8	Cheyenne RODRIGUEZ	JR	#6 Cal Lutheran	32.84m	107-9	3/30
9	Elisabeth EICHINGER	JR	#3 Redlands (Calif.) {2}	31.76m	104-3	4/4
10	Samantha DANIELS	JR	#2 Chapman	31.07m	101-11	1/31

## Women's Heptathlon

1	7 Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	4,477	4/4
2	12 Elisabeth EICHINGER	JR	#3 Redlands (Calif.) {2}	4,385	4/4
3	66 Shaylee HERON	SO	#3 Redlands (Calif.) {3}	3,154	4/4
4	80 Madison EATON	JR	#3 Redlands (Calif.) {4}	3,022	4/4



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## Skyline

as of 4/15/2025 8:32:42 AM ET

### Women's 100 Meters

1	Maria BALDWIN	JR	#4 Mount Saint Mar	13.45w	(3.3)	3/30
2	Jayme SANTASIERO	FR	#2 Merchant Marine	13.49	(0.6)	4/5
3	Alexxis MCNEIL	SR	#1 Farmingdale Sta	13.57w	(2.3)	4/5
4	Olivia FINNEGAN	JR	#1 Farmingdale Sta{2}	13.58	(0.4)	4/5
5	Faith SAMMONS	JR	#2 Merchant Marine{2}	13.64	(0.6)	4/5
6	Amora BROWN	FR	#1 Farmingdale Sta{3}	13.75	(1.2)	4/12
7	Ifeoluwa LONGE	FR	#1 Farmingdale Sta{4}	13.83	(1.2)	4/12
8	Jennifer SCHMIDT	SR	#3 Manhattanville	14.03	(0.3)	3/23
9	Uzoma NWEZE	FR	#3 Manhattanville {2}	14.13	(0.3)	3/23
10	Mia HARRIS	SO	#1 Farmingdale Sta{5}	14.35	(1.2)	4/12
10	Alicia BIBI	JR	#3 Manhattanville {3}	14.35	(0.3)	3/23

### Women's 100 Meter Hurdles

1	Morgan DOLL	FR	#2 Merchant Marine	17.79w	(2.3)	4/5
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	18.95	(0.3)	4/12
3	Mishell DELGADO	SO	#1 Farmingdale Sta	19.28	(1.0)	4/5

### Women's 200 Meters

1	Maria BALDWIN	JR	#4 Mount Saint Mar	27.53w	(3.6)	3/30
2	Olivia FINNEGAN	JR	#1 Farmingdale Sta	27.96	(2.0)	4/12
3	Jayme SANTASIERO	FR	#2 Merchant Marine	28.47	(2.0)	4/5
4	Faith SAMMONS	JR	#2 Merchant Marine{2}	28.53	(0.8)	3/29
5	Jennifer SCHMIDT	SR	#3 Manhattanville	29.37	(1.5)	3/23
6	Uzoma NWEZE	FR	#3 Manhattanville {2}	29.74	(0.2)	3/29
7	Kaitlin HANSEN	JR	#4 Mount Saint Mar{2}	30.10	(1.5)	3/30
8	Jade WINTERS	FR	#2 Merchant Marine{3}	30.80	(0.2)	3/29
9	Alicia BIBI	JR	#3 Manhattanville {3}	30.92	(1.3)	3/23
10	Adelina RODRIGUEZ	FR	#3 Manhattanville {4}	31.27w	(2.4)	4/12

### Women's 400 Meters

1	Maria BALDWIN	JR	#4 Mount Saint Mar	1:05.64		4/12
2	Alice VALENZUELA	FR	#1 Farmingdale Sta	1:05.68		4/5
3	Sydnee SIMMONS	SO	#1 Farmingdale Sta{2}	1:06.04		4/12
4	Faith SAMMONS	JR	#2 Merchant Marine	1:06.30		4/5
5	Jennifer SCHMIDT	SR	#3 Manhattanville	1:07.40		3/29
6	Jade WINTERS	FR	#2 Merchant Marine{2}	1:08.50		3/29
7	Myah ROBERTS	FR	#1 Farmingdale Sta{3}	1:11.33		4/12
8	Adelina RODRIGUEZ	FR	#3 Manhattanville {2}	1:14.85		4/6
9	Kelley LAKAWITCH	SR	#2 Merchant Marine{3}	1:20.43		4/12

### Women's 400 Meter Hurdles

1	Morgan DOLL	FR	#2 Merchant Marine	1:13.59		3/29
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### Women's 800 Meters

1	Katherine KERCHNER	SR	#2 Merchant Marine	3:02.80		4/5
2	Karley RUSH	FR	#2 Merchant Marine{2}	3:14.48		3/29
3	Loamy MALDONADO	SR	#1 Farmingdale Sta	3:55.91		4/5

### Women's 1500 Meters

1	Michaela STACK	FR	#4 Mount Saint Mar	6:10.18		3/30
2	Karley RUSH	FR	#2 Merchant Marine	6:20.66		4/12
3	Sarah KANNENBERG	JR	#4 Mount Saint Mar{2}	6:24.79		4/12
4	Jennifer OLIVEROS	FR	#3 Manhattanville	6:35.18		4/6
5	Katerina (Katie) BRAY	JR	#2 Merchant Marine{2}	6:38.89		4/5

### Women's Steeplechase

1	Margaret ADAMS	SR	#1 Farmingdale Sta	21:27.29		4/5
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### Women's 5000 Meters

1	Sarah KANNENBERG	JR	#4 Mount Saint Mar	23:32.18		3/30
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### Women's 4x100 Relay

1	Ifeoluwa Longe, Meyah Roberts, Mia Harris, Amora Brown		#1 Farmingdale Sta	53.73		4/12
2	#Type!		#3 Manhattanville	55.44		3/29

### Women's High Jump

1	Olivia FINNEGAN	JR	#1 Farmingdale Sta	1.46m	4-9½	4/5
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	1.45m	4-9	4/12

### Women's Pole Vault

1	Mishell DELGADO	SO	#1 Farmingdale Sta	2.35m	7-8½	4/5
2	Jasmine PREDUM	FR	#2 Merchant Marine	2.13m	6-11¾	4/12

### Women's Long Jump

1	Morgan DOLL	FR	#2 Merchant Marine	4.76mw	15-7½ (2.3)	4/5
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	4.66m	15-3½ (1.3)	4/12
3	Jade WINTERS	FR	#2 Merchant Marine{2}	4.47mw	14-8 (4.0)	4/5
4	Treesha JAYAKODY	SO	#1 Farmingdale Sta	4.32mw	14-2¼ (3.4)	4/5
5	Jayme SANTASIERO	FR	#2 Merchant Marine{3}	4.20m	13-9½ (2.0)	4/5

### Women's Triple Jump

1	Treesha JAYAKODY	SO	#1 Farmingdale Sta	9.64mw	31-7½ (3.6)	4/12
2	Jade WINTERS	FR	#2 Merchant Marine	9.61mw	31-6½ (2.2)	4/5
3	Lilly O'BRIEN	JR	#4 Mount Saint Mar	9.45mw	31-0 (3.1)	3/30

### Women's Shot Put

1	Gabby BILLETZ	SO	#3 Manhattanville	11.64m	38-2¼	3/23
2	Victoria DEGRAW	FR	#1 Farmingdale Sta	10.56m	34-7¾	4/12
3	Jordan WASHINGTON	JR	#2 Merchant Marine	9.00m	29-6½	3/29
4	Katelin HANIFAN	JR	#2 Merchant Marine{2}	8.10m	26-7	4/12
5	Florence HARRISON	JR	#3 Manhattanville {2}	8.01m	26-3½	3/23
6	Gigi ALVERO	SR	#3 Manhattanville {3}	7.63m	25-½	3/23
7	Claudia GONZALEZ	FR	#1 Farmingdale Sta{2}	5.76m	18-10¾	4/5
8	Judy CELESTIN	SO	#1 Farmingdale Sta{3}	5.47m	17-11½	4/12

### Women's Discus

1	53 Gabby BILLETZ	SO	#3 Manhattanville	40.91m	134-3	3/29
2	Victoria DEGRAW	FR	#1 Farmingdale Sta	34.88m	114-5	4/5
3	Jordan WASHINGTON	JR	#2 Merchant Marine	32.75m	107-6	3/29
4	Katelin HANIFAN	JR	#2 Merchant Marine{2}	27.90m	91-6½	3/29
5	Claudia GONZALEZ	FR	#1 Farmingdale Sta{2}	16.79m	55-1	4/5
6	Judy CELESTIN	SO	#1 Farmingdale Sta{3}	9.91m	32-6¼	4/12

### Women's Hammer

1	Jordan WASHINGTON	JR	#2 Merchant Marine	34.77m	114-1	4/12
2	Katelin HANIFAN	JR	#2 Merchant Marine{2}	30.44m	99-10½	3/29
3	Florence HARRISON	JR	#3 Manhattanville	25.84m	84-9½	3/29
4	Claudia GONZALEZ	FR	#1 Farmingdale Sta	15.50m	50-10¼	4/12

### Women's Javelin

1	Gigi ALVERO	SR	#3 Manhattanville	23.67m	77-8	3/23
2	Faith WELSH	SO	#4 Mount Saint Mar	20.95m	68-8¾	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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SLIAC

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## Women's 100 Meters

1	66	Jocelyn FRITZ	SR	#1 Greenville	12.28w	(3.2)	3/29
2		Taylor TUCKER	SR	#1 Greenville	{2}12.52w	(3.2)	3/29
3		Sana UDOEKONG	FR	#3 Principia	12.57	(-0.1)	3/20
4		Michaiah ADAMS	SR	#2 Mississippi Univ.	12.70	(1.3)	4/11
5		Kianna PATTON	SR	#5 Webster	12.89w	(3.5)	3/29
6		Vonisha TOWNS	SR	#2 Mississippi Univ.	{2}12.96	(1.2)	3/9
7		Holly HIGGS	SO	#4 Spalding	13.03w	(3.9)	3/21
8		Amarachi EJIMADU	SO	#3 Principia	{2}13.04	(-1.2)	4/12
9		Lana BALLARD	JR	#6 Lyon (Ark.)	13.06	(0.8)	4/12
10		Aissata KAMARA	JR	#5 Webster	{2}13.10w	(3.4)	3/29

## Women's 100 Meter Hurdles

1	19	TyKiaza JONES	FR	#1 Greenville	14.41	(-0.1)	4/12
2	72	Kenzie KURDYS	SO	#1 Greenville	{2}15.19	(-0.1)	4/12
3		Princess LOFTON	FR	#2 Mississippi Univ.	16.13	(1.3)	4/11
4		Madison KACEVICIUS	FR	#1 Greenville	{3}16.48	(-0.1)	4/12
5		Olivia NELSEN	JR	#5 Webster	18.25	(-0.6)	4/12
6		Josephine CAESAR	FR	#5 Webster	{2}18.56	(-0.3)	4/12
7		Mirsa BOYER	JR	#3 Principia	18.73	(-1.7)	4/12
8		Alyssa BUFFINGTON	FR	#1 Greenville	{4}18.80	(-0.3)	4/12
9		Roslyn STULL	SO	#4 Spalding	19.13	(0.7)	4/11
10		Samantha LOVE	FR	#6 Lyon (Ark.)	20.02	(1.8)	4/5

## Women's 200 Meters

1	63	Sana UDOEKONG	FR	#3 Principia	25.07w	(2.5)	3/29
2		Jocelyn FRITZ	SR	#1 Greenville	25.60	(0.3)	4/12
3		Taylor TUCKER	SR	#1 Greenville	{2}25.88	(1.0)	3/29
4		Madison KACEVICIUS	FR	#1 Greenville	{3}26.34	(1.5)	4/12
5		Amarachi EJIMADU	SO	#3 Principia	{2}26.46	(1.8)	4/12
6		Brianna KRANTZ	SO	#6 Lyon (Ark.)	26.53w	(2.4)	4/12
7		Vonisha TOWNS	SR	#2 Mississippi Univ.	26.56	(1.3)	4/11
8		Michaiah ADAMS	SR	#2 Mississippi Univ.	{2}26.74w	(2.7)	3/29
9		Kianna PATTON	SR	#5 Webster	27.02w	(2.4)	3/29
10		Lana BALLARD	JR	#6 Lyon (Ark.)	{2}27.15	(0.9)	4/12

## Women's 400 Meters

1	92	Sana UDOEKONG	FR	#3 Principia	58.78		3/29
2		Brianna KRANTZ	SO	#6 Lyon (Ark.)	1:01.03		4/12
3		Taylor TUCKER	SR	#1 Greenville	1:01.95		4/4
4		Moenaisa SIDIQUE	SR	#7 Westminster (Mc	1:02.67		3/15
5		Amarachi EJIMADU	SO	#3 Principia	{2}1:03.95		3/29
6		Vonisha TOWNS	SR	#2 Mississippi Univ.	1:04.37		4/11
7		Lana BALLARD	JR	#6 Lyon (Ark.)	{2}1:05.60		4/5
8		Lauren HAACKE	FR	#1 Greenville	{2}1:05.63		4/12
9		Myka FENTON	SO	#3 Principia	{3}1:05.79		3/29
10		Kamiyah WHITING	FR	#2 Mississippi Univ.	{2}1:06.19		3/29

## Women's 400 Meter Hurdles

1		Olivia NELSEN	JR	#5 Webster	1:14.75		4/12
2		Princess LOFTON	FR	#2 Mississippi Univ.	1:15.39		3/29
3		Roslyn STULL	SO	#4 Spalding	1:17.47		4/11
4		Samantha LOVE	FR	#6 Lyon (Ark.)	1:24.41		4/12
5		Morganne PIERCY	SO	#4 Spalding	{2}1:28.28		4/11

## Women's 800 Meters

1		Eva SCHWAAB	SR	#1 Greenville	2:25.40		3/29
2		Norah SWINIGAN	JR	#1 Greenville	{2}2:26.86		4/4
3		Myka FENTON	SO	#3 Principia	2:28.88		4/12
4		Avory HAMBLIN	FR	#4 Spalding	2:40.30		3/29
5		Makayla CORDES	FR	#7 Westminster (Mc	2:42.55		3/22
6		Rachel FISHER	JR	#8 Eureka	2:44.82		4/12
7		Bessie KELLEY	SO	#4 Spalding	{2}2:46.09		3/21
8		Sophia GREEN	FR	#3 Principia	{2}2:46.72		3/29
9		Brianna KRANTZ	SO	#6 Lyon (Ark.)	2:51.12		3/20
10		Alora HUVER	FR	#6 Lyon (Ark.)	{2}2:51.98		4/5

## Women's 1500 Meters

1		Gretchen CARIE	SR	#1 Greenville	5:02.53		3/29
2		Norah SWINIGAN	JR	#1 Greenville	{2}5:02.96		4/12
3		Alivia CLAYTON	FR	#1 Greenville	{3}5:22.71		4/4
4		Makayla CORDES	FR	#7 Westminster (Mc	5:23.08		3/22
5		Raven VANCE	SO	#1 Greenville	{4}5:26.71		4/4
6		Olivia LETKEY	FR	#6 Lyon (Ark.)	5:32.90		3/8
7		Myka FENTON	SO	#3 Principia	5:35.56		3/22
8		Sophia GREEN	FR	#3 Principia	{2}5:37.68		3/29
9		Hannah OWENS	SO	#2 Mississippi Univ.	5:44.36		4/11
10		Reganne PIERCY	SO	#4 Spalding	5:45.87		3/21

## Women's Steeplechase

1	42	Gretchen CARIE	SR	#1 Greenville	11:18.36		4/12
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## Women's 5000 Meters

1		Alivia CLAYTON	FR	#1 Greenville	20:13.69		4/12
2		Hannah OWENS	SO	#2 Mississippi Univ.	21:06.11		4/5
3		Chloe AUBUSCHON	FR	#1 Greenville	{2}21:23.42		4/12
4		Olivia LETKEY	FR	#6 Lyon (Ark.)	21:28.67		4/5
5		Sophia GREEN	FR	#3 Principia	21:50.58		4/4
6		Muskan JAMSHED	JR	#4 Spalding	21:51.50		3/29
7		Reganne PIERCY	SO	#4 Spalding	{2}22:12.80		3/29
8		Brie INMAN	FR	#5 Webster	23:28.62		4/12
9		Sarah ERICKSON	JR	#3 Principia	{2}24:05.35		3/28
10		Emily BAKER	JR	#8 Eureka	24:40.29		3/22



## Conference TFRI Event Summary



SLIAC

as of 4/15/2025 8:32:42 AM ET

## Women's 4x100 Relay

1	19	Taylor Tucker, Jocelyn Fritz, TyKiaza Jones, Jazmyn Harmon	#1 Greenville	47.58	4/12
2	99	#Type!	#2 Mississippi Univ.	50.01	3/9
3		Amarachi Ejimadu, Lydia Stalnaker, Mirsa Boyer, Sana Udoekong	#3 Principia	50.85	3/29
4		Emely Alvarenga, Lana Ballard, Lakendra Bishop, Brianna Krantz	#6 Lyon (Ark.)	51.55	4/12
5		Josephine Caesar, Aissata Kamara, Elicia Therooff, Kianna Patton	#5 Webster	52.17	4/5
6		Shyanne Hagan, Morganne Piercy, Roslyn Stull, Holly Higgs	#4 Spalding	54.20	3/29

## Women's 4x400 Relay

1	40	Jazmyn Harmon, Eva Schwaab, Taylor Tucker, Norah Swinigan	#1 Greenville	4:01.29	4/12
2		Mirsa Boyer, Myka Fenton, Amarachi Ejimadu, Sana Udoekong	#3 Principia	4:19.12	4/12
3		Lana Ballard, Lakendra Bishop, Brianna Krantz, Olivia Letkey	#6 Lyon (Ark.)	4:35.48	3/20
4		Takara Williams, Avory Hamblen, Daisia Jones, Roslyn Stull	#4 Spalding	4:57.00	4/11

## Women's High Jump

1	19	Anna Beth VANCIL	SR	#1 Greenville	1.63m	5-4¼	4/4
2	71	Hannah MYERS	JR	#3 Principia	1.58m	5-2¼	4/12
3		Elicia THEROFF	FR	#5 Webster	1.51m	4-11½	3/29
4		Hali SINEGAL	FR	#2 Mississippi Univ.	1.50m	4-11	4/11
5		Kiara SMITH	FR	#3 Principia	{2} 1.49m	4-10½	3/22
6		Lainey HICKS	JR	#1 Greenville	{2} 1.43m	4-8¼	4/12
6		Samantha LOVE	FR	#6 Lyon (Ark.)	1.43m	4-8¼	4/5
8		Kendrailia NASH	FR	#2 Mississippi Univ.	{2} 1.40m	4-7	4/11
9		Daisia JONES	FR	#4 Spalding	1.35m	4-5	4/11

## Women's Pole Vault

1	17	Kenzie KURDYS	SO	#1 Greenville	3.75m	12-3½	4/4
2		Katie FARROW	FR	#1 Greenville	{2} 2.85m	9-4¼	4/12
3		Takara WILLIAMS	SO	#4 Spalding	2.30m	7-6½	3/29
4		Princess LOFTON	FR	#2 Mississippi Univ.	1.52m	4-11¾	4/11

## Women's Long Jump

1	88	Madison KACEVICIUS	FR	#1 Greenville	5.33mw	17-6 (2.9)	3/29
2		Hali SINEGAL	FR	#2 Mississippi Univ.	5.20m	17-¾ (0.8)	4/5
3		Jazmyn HARMON	SO	#1 Greenville	{2} 5.12m	16-9¾ (0.0)	4/12
4		Hannah MYERS	JR	#3 Principia	5.11m	16-9¾ (0.2)	3/29
5		Lainey HICKS	JR	#1 Greenville	{3} 5.01mw	16-5¼ (3.0)	4/12
6		Kendrailia NASH	FR	#2 Mississippi Univ.	{2} 4.97m	16-3¾ (-0.6)	4/11
7		Ariana WILLIAMS	JR	#3 Principia	{2} 4.93m	16-2¼ (1.1)	4/12
8		Lana BALLARD	JR	#6 Lyon (Ark.)	4.81m	15-9½ (2.0)	4/5
9		Kiara SMITH	FR	#3 Principia	{3} 4.76mw	15-7½ (3.0)	3/29
10		Diamond RAYFORD	SO	#2 Mississippi Univ.	{3} 4.68m	15-4¼ (2.0)	3/9

## Women's Triple Jump

1	50	Jazmyn HARMON	SO	#1 Greenville	11.20m	36-9 (1.1)	4/12
2	94	Hali SINEGAL	FR	#2 Mississippi Univ.	10.89m	35-8¾ (-1.6)	4/5
3		Lainey HICKS	JR	#1 Greenville	{2} 10.36mw	34-0 (2.4)	3/29
4		Waters MADELEINE	SO	#3 Principia	10.29mw	33-9¾ (2.9)	3/22
5		Madison KACEVICIUS	FR	#1 Greenville	{3} 10.10m	33-1¾ (1.2)	4/12
6		Daisia JONES	FR	#4 Spalding	8.92m	29-3¾ (2.0)	4/11
7		Morganne PIERCY	SO	#4 Spalding	{2} 8.42m	27-7½ (0.0)	3/21

## Women's Shot Put

1	14	Talahiva TALANOA	SR	#1 Greenville	13.47m	44-2½	4/12
2		Brooklyn KELLEY	FR	#2 Mississippi Univ.	11.67m	38-3½	3/9
3		Ella RAY	SR	#1 Greenville	{2} 10.52m	34-6¼	4/12
3		Cali PAVLISKO	JR	#5 Webster	10.52m	34-6¼	3/29
5		Arie'Onna MCCOLLUM	SO	#2 Mississippi Univ.	{2} 10.49m	34-5	4/11
6		Makayla GIVAN	FR	#2 Mississippi Univ.	{3} 9.94m	32-7½	3/9
7		Riana CALDWELL	SO	#4 Spalding	9.73m	31-11¼	3/29
8		Isabelle LLEWELLYN	SR	#5 Webster	{2} 9.66m	31-8½	3/29
9		Emma BRABY	SO	#7 Westminster (Mc	8.98m	29-5½	3/15
10		Aziza TAKHI	JR	#6 Lyon (Ark.)	8.53m	28-0	4/5

## Women's Discus

1	22	Talahiva TALANOA	SR	#1 Greenville	43.55m	142-11	3/29
2		Isabelle LLEWELLYN	SR	#5 Webster	35.85m	117-8	4/12
3		Amber DIERLING	FR	#7 Westminster (Mc	34.29m	112-6	4/5
4		Ella RAY	SR	#1 Greenville	{2} 33.51m	109-11	3/29
5		Arie'Onna MCCOLLUM	SO	#2 Mississippi Univ.	33.47m	109-10	4/5
6		Grace WALDROP	SO	#1 Greenville	{3} 31.24m	102-6	4/12
7		Riana CALDWELL	SO	#4 Spalding	30.34m	99-6½	3/29
8		Symphony SCHODROSKI	SO	#5 Webster	{2} 28.92m	94-10¾	4/12
9		Makayla GIVAN	FR	#2 Mississippi Univ.	{2} 26.10m	85-7¾	4/11
10		Cali PAVLISKO	JR	#5 Webster	{3} 24.60m	80-8½	4/12



## Conference TFRI Event Summary



SLIAC

as of 4/15/2025 8:32:43 AM ET

## Women's Hammer

1	5	Talahiva TALANOVA	SR	#1 Greenville	54.40m	178-6	4/12
2	75	Ella RAY	SR	#1 Greenville	{2}46.30m	151-11	4/12
3		Isabelle LLEWELLYN	SR	#5 Webster	43.24m	141-11	3/29
4		Cali PAVLISKO	JR	#5 Webster	{2}36.88m	121-0	4/12
5		Takeiyah CONN	SO	#4 Spalding	35.12m	115-3	3/29
6		Grace WALDROP	SO	#1 Greenville	{3}35.07m	115-1	4/12
7		Brooklyn KELLEY	FR	#2 Mississippi Univ.	33.84m	111-0	3/9
8		Symphony SCHODROSKI	SO	#5 Webster	{3}32.26m	105-10	4/12
9		Arie'Onna MCCOLLUM	SO	#2 Mississippi Univ.	{2}30.51m	100-1	3/9
10		Riana CALDWELL	SO	#4 Spalding	{2}28.64m	93-11¾	3/29

## Women's Javelin

1		Isabelle LLEWELLYN	SR	#5 Webster	34.32m	112-7	3/29
2		Arie'Onna MCCOLLUM	SO	#2 Mississippi Univ.	34.27m	112-5	3/9
3		Grace WALDROP	SO	#1 Greenville	29.82m	97-10	4/12
3		Karen GOODIN	FR	#7 Westminster (Mc	29.82m	97-10	3/29
5		Emma BRABY	SO	#7 Westminster (Mc	{2}27.54m	90-4¼	4/5
6		Aziza TAKHI	JR	#6 Lyon (Ark.)	24.92m	81-9¼	4/12
7		Cali PAVLISKO	JR	#5 Webster	{2}23.05m	75-7½	4/12
8		Symphony SCHODROSKI	SO	#5 Webster	{3}23.03m	75-6¾	4/12
9		Madison KEMPKER	FR	#7 Westminster (Mc	{3}22.14m	72-7¾	4/5
10		Amber DIERLING	FR	#7 Westminster (Mc	{4}20.93m	68-8	4/5





## Conference TFRI Event Summary



SUNYAC

as of 4/15/2025 8:32:43 AM ET

## Women's 100 Meters

1	36	Autumn PITTMAN	SR	#1 SUNY Cortland	12.14	(1.3)	4/6
2		Nicolette DUBOSE	SO	#2 SUNY Oneonta	12.66	(1.3)	4/6
3		Jaade DUNCAN	FR	#3 Penn State Behr	12.73	(1.5)	4/12
4		Emily RICHARDSON	FR	#4 Alfred State	12.82	(1.0)	4/13
5		Alexia PRINCE	SO	#1 SUNY Cortland {2}	12.88	(-0.2)	3/29
6		Brianna SENATORE	SO	#2 SUNY Oneonta {2}	12.91w	(3.4)	4/14
7		Danielle JACKSON	SR	#2 SUNY Oneonta {3}	12.93	(1.3)	4/6
8		Haley BEMAN	FR	#4 Alfred State {2}	12.95	(1.0)	4/13
9		Madison WAGNER	JR	#8 SUNY Potsdam	12.99	(1.3)	4/6
10		Gianna MOTTO	JR	#1 SUNY Cortland {3}	13.09	(1.3)	4/6
10		Yasmine PERALTA	JR	#1 SUNY Cortland {3}	13.09	(1.8)	4/6

## Women's 100 Meter Hurdles

1	54	Jaiden SCHRAG	FR	#2 SUNY Oneonta	15.02	(1.2)	4/6
2		Lilly SWYERS	JR	#1 SUNY Cortland	15.59	(0.6)	4/14
3		AnJalya TALMADGE	JR	#1 SUNY Cortland {2}	16.08	(0.9)	4/12
4		Eko DODD-BROWN	SO	#2 SUNY Oneonta {2}	16.36	(1.2)	4/6
5		Isabella SCOTT	FR	#5 SUNY Plattsburg	16.69	(0.7)	4/11
6		Marissa LEDUC	JR	#5 SUNY Plattsburg {2}	17.22	(1.0)	4/5
7		Brenna O'BRIEN	SO	#6 SUNY Oswego	17.50w	(2.1)	4/6
8		Katie BALL	FR	#1 SUNY Cortland {3}	17.52	(2.0)	4/6
9		Lexi CLARK	FR	#1 SUNY Cortland {4}	17.70	(2.0)	4/6
10		Gabby COLLINS	FR	#1 SUNY Cortland {5}	17.71	(1.5)	4/12

## Women's 200 Meters

1	33	Autumn PITTMAN	SR	#1 SUNY Cortland	24.84	(1.1)	4/14
2	56	Khia LASTER	SR	#7 Buffalo State	25.02	(-0.6)	3/29
3	62	Natalia SAWYER	JR	#7 Buffalo State {2}	25.06	(-0.6)	3/29
4		Alexia PRINCE	SO	#1 SUNY Cortland {2}	25.82w	(3.1)	4/14
5		Danielle JACKSON	SR	#2 SUNY Oneonta	26.57	(-1.2)	4/6
6		Grace YARKOSKY	SO	#5 SUNY Plattsburg	26.68	(1.2)	4/5
7		Nicolette DUBOSE	SO	#2 SUNY Oneonta {2}	26.79w	(2.6)	4/14
8		Yasmine PERALTA	JR	#1 SUNY Cortland {3}	26.81w	(2.8)	4/12
9		Brianna SENATORE	SO	#2 SUNY Oneonta {3}	26.88w	(2.9)	4/14
10		Emily YOUSEY	SR	#8 SUNY Potsdam	26.96w	(2.8)	4/12

## Women's 400 Meters

1		Grace YARKOSKY	SO	#5 SUNY Plattsburg	59.17		4/11
2		Emily YOUSEY	SR	#8 SUNY Potsdam	59.41		4/6
3		Oli KRAYNIK	SO	#4 Alfred State	59.66		3/29
4		Eva WOODWORTH	JR	#2 SUNY Oneonta	1:00.88		4/6
5		Faith NELSON	SR	#1 SUNY Cortland	1:01.38		4/6
6		Izzie BOSKO	SO	#1 SUNY Cortland {2}	1:01.56		4/6
7		Matty LUCEY	SO	#1 SUNY Cortland {3}	1:01.70		3/29
8		Danielle JACKSON	SR	#2 SUNY Oneonta {2}	1:02.14		4/14
9		Ivy LAFFAN	SR	#3 Penn State Behr	1:02.69		4/5
10		Abby HARDY	SO	#1 SUNY Cortland {4}	1:02.75		4/12

## Women's 400 Meter Hurdles

1	87	Jaiden SCHRAG	FR	#2 SUNY Oneonta	1:06.54		4/6
2		Isabella SCOTT	FR	#5 SUNY Plattsburg	1:08.03		4/11
3		Ivy LAFFAN	SR	#3 Penn State Behr	1:12.00		4/12
4		Zakiah MCQUEEN	FR	#7 Buffalo State	1:12.16		3/29
5		Amelia KONSTANTY	SO	#1 SUNY Cortland	1:13.42		4/12
6		Charis EVANS	SO	#4 Alfred State	1:17.95		3/29

## Women's 800 Meters

1		Oli KRAYNIK	SO	#4 Alfred State	2:18.24		4/5
2		Eva WOODWORTH	JR	#2 SUNY Oneonta	2:25.38		4/14
3		Grace ESTUS	SO	#5 SUNY Plattsburg	2:26.78		4/11
4		Marissa COLVIN	JR	#5 SUNY Plattsburg {2}	2:27.92		4/11
5		Elena GAFFNEY	FR	#6 SUNY Oswego	2:28.05		4/6
6		Hailey KUMPF	SO	#4 Alfred State {2}	2:29.67		4/5
7		Mia HANNAN	SO	#1 SUNY Cortland	2:33.05		4/12
8		Ellie LEROY	FR	#5 SUNY Plattsburg {3}	2:34.47		4/11
9		Kristin IEVA	JR	#1 SUNY Cortland {2}	2:35.19		4/12
10		Laura POWERS	FR	#10 SUNY Morrisville	2:35.33		4/6

## Women's 1500 Meters

1		Melissa INNOCENT	SO	#1 SUNY Cortland	4:52.21		4/6
2		Elena GAFFNEY	FR	#6 SUNY Oswego	4:52.39		4/14
3		Marissa COLVIN	JR	#5 SUNY Plattsburg	4:55.13		4/5
4		Alexa WOLCOTT	JR	#1 SUNY Cortland {2}	4:56.75		4/6
5		Jewel JONES	SO	#1 SUNY Cortland {3}	4:58.02		4/6
6		Deirdre SULLIVAN	SR	#1 SUNY Cortland {4}	5:00.10		4/6
7		Sabrinna MENA	SR	#2 SUNY Oneonta	5:03.16		4/6
8		Olivia KOMACEK	SO	#2 SUNY Oneonta {2}	5:04.56		4/6
9		Julia BENTON	FR	#1 SUNY Cortland {5}	5:07.30		3/29
10		Eva WOODWORTH	JR	#2 SUNY Oneonta {3}	5:08.88		3/30

## Women's Steeplechase

1	62	Alexa WOLCOTT	JR	#1 SUNY Cortland	11:26.73		4/14
2	83	Melissa INNOCENT	SO	#1 SUNY Cortland {2}	11:35.61		3/29
3	88	Jewel JONES	SO	#1 SUNY Cortland {3}	11:38.03		4/14
4		Deirdre SULLIVAN	SR	#1 SUNY Cortland {4}	11:41.61		4/14
5		Anna KERN	FR	#2 SUNY Oneonta	12:20.12		3/30
6		Sophia ALLEN	FR	#2 SUNY Oneonta {2}	12:36.73		3/30
7		Olivia KOMACEK	SO	#2 SUNY Oneonta {3}	12:42.46		3/30
8		Sam ABATE	FR	#3 Penn State Behr	12:46.79		4/12
9		Makayla FARMER	FR	#8 SUNY Potsdam	13:21.19		4/6
10		Ava SYLVESTER	FR	#4 Alfred State	13:31.14		4/13



## Conference TFRI Event Summary



## SUNYAC

as of 4/15/2025 8:32:43 AM ET

## Women's 5000 Meters

1	Gia ENGEL	SO	#2 SUNY Oneonta	18:51.51	4/11
2	Sabrina MENA	SR	#2 SUNY Oneonta {2}	18:52.99	4/11
3	Elena GAFFNEY	FR	#6 SUNY Oswego	18:58.86	3/30
4	Jewel JONES	SO	#1 SUNY Cortland	19:00.59	3/29
5	Phoebe PEER	FR	#1 SUNY Cortland {2}	19:05.60	3/29
6	Hartle LINDSEY	JR	#3 Penn State Behr	19:06.69	3/29
7	Olivia HOLLAND	JR	#2 SUNY Oneonta {3}	19:16.97	4/11
8	Bethany LITWILER	JR	#3 Penn State Behr {2}	19:36.70	3/29
9	Brianna OSTHELLER	FR	#1 SUNY Cortland {3}	19:49.93	3/29
10	Anya SLOTH	SO	#2 SUNY Oneonta {4}	19:58.97	3/30

## Women's 10,000 Meters

1	Gia ENGEL	SO	#2 SUNY Oneonta	39:36.93	3/30
2	Hartle LINDSEY	JR	#3 Penn State Behr	39:54.94	4/5
3	Bethany LITWILER	JR	#3 Penn State Behr {2}	39:58.73	4/5
4	Julia BENTON	FR	#1 SUNY Cortland	41:09.68	4/12
5	Jade HORNICK	SO	#1 SUNY Cortland {2}	41:20.91	4/12
6	Phoebe PEER	FR	#1 SUNY Cortland {3}	41:24.87	4/12
7	Brianna OSTHELLER	FR	#1 SUNY Cortland {4}	41:28.46	4/12
8	Olivia HOLLAND	JR	#2 SUNY Oneonta {2}	41:30.19	3/30
9	Rowan LEDDY	FR	#1 SUNY Cortland {5}	41:30.53	4/12
10	Annelise (Anne) BARNEY	SO	#1 SUNY Cortland {6}	42:16.43	4/12

## Women's 4x100 Relay

1	82 Jaiden Schrag, Danielle Jackson, Brianna Senatore, Nicolette DuBose	#2 SUNY Oneonta	49.48	4/6
2	Haley Beman, Emily Richardson, Charis Evans, Madison Snayczuk	#4 Alfred State	51.48	3/29
3	Madison Wagner, Emily Yousey, Emma Robbins, Raven Winters	#8 SUNY Potsdam	51.89	4/6
4	Alexis McDonald, Brianna Wise, Annie Schneider, Isabella Scott	#5 SUNY Plattsburg	53.38	4/5
5	Tanasha Brown, Riley Flynn, Sabrina Schmitt, Rhiannon Butchko	#6 SUNY Oswego	54.59	4/6
6	Rachel Skoczlas, Ivy Laffan, Ella McGowan, Jaade Duncan	#3 Penn State Behr	56.68	4/12
7	Milla Gonzalez, Jaidon Brodie, Aaliyah Standbrook, Mikaela Phu	#10 SUNY Morrisville	57.62	4/12

## Women's 4x400 Relay

1	#Type!	#1 SUNY Cortland	4:13.38	3/29
2	Ivy Laffan, Ella McGowan, Caroline DeVitt, Rachel Skoczlas	#3 Penn State Behr	4:27.51	4/12
3	Charis Evans, Hailey Kumpf, Olivia Plummer, Oli Kraynik	#4 Alfred State	4:31.93	4/13
4	Amilcar Centeno, Shona Boehmer, Hazel Bache, Evelyn Zdrojewski	#9 Fredonia	4:39.60	4/5
5	Milla Gonzalez, Jaidon Brodie, Mikaela Phu, Aaliyah Standbrook	#10 SUNY Morrisville	5:00.75	4/12

## Women's High Jump

1	71 Emily RICHARDSON	FR	#4 Alfred State	1.58m	5-2¼	4/5
2	Rhiannon BUTCHKO	JR	#6 SUNY Oswego	1.53m	5-¼	3/30
2	Reilly QUINN	SO	#1 SUNY Cortland	1.53m	5-¼	4/6
4	Brayton TRIPI	FR	#9 Fredonia	1.48m	4-10¼	4/5
4	Regan KAISER	SR	#1 SUNY Cortland {2}	1.48m	4-10¼	4/6
6	Zakiah MCQUEEN	FR	#7 Buffalo State	1.45m	4-9	3/29
7	Grace REED	FR	#1 SUNY Cortland {3}	1.38m	4-6¼	4/12
7	Kaleigh DURSO	FR	#6 SUNY Oswego {2}	1.38m	4-6¼	3/30
9	Maeve CAREY	FR	#8 SUNY Potsdam	1.23m	4-½	4/6

## Women's Pole Vault

1	47 Cara PELLECHIA	JR	#9 Fredonia	3.50m	11-5¼	4/5
2	78 Ryan STARK	FR	#1 SUNY Cortland	3.35m	10-11¾	4/12
3	Noelani TAKEI	SR	#3 Penn State Behr	3.00m	9-10	4/12
4	Skylar FRENCH	FR	#9 Fredonia {2}	2.90m	9-6¼	4/5
5	Gracie JONES	SR	#3 Penn State Behr {2}	2.80m	9-2¼	4/5
6	Ashley LAREDDOLA	FR	#2 SUNY Oneonta	2.75m	9-¼	3/30
7	Abby CARBERRY	SO	#1 SUNY Cortland {2}	2.60m	8-6¼	4/12
8	Emma MAHONEY	FR	#5 SUNY Plattsburg	2.40m	7-10½	4/11

## Women's Long Jump

1	17 Khia LASTER	SR	#7 Buffalo State	5.69m	18-8 (0.0)	3/29
2	85 Marissa LEDUC	JR	#5 SUNY Plattsburg	5.34m	17-6¼ (1.4)	4/11
3	Jaiden SCHRAG	FR	#2 SUNY Oneonta	5.21mw	17-1¼ (3.5)	3/30
4	Madison SNAYCZUK	SR	#4 Alfred State	5.17m	16-11½ (1.7)	3/29
5	Haley BEMAN	FR	#4 Alfred State {2}	5.08m	16-8 (0.0)	4/13
5	AnJalya TALMADGE	JR	#1 SUNY Cortland	5.08mw	16-8 (3.4)	4/12
7	Eko DODD-BROWN	SO	#2 SUNY Oneonta {2}	4.93m	16-2¼ (1.4)	4/6
8	Grace REED	FR	#1 SUNY Cortland {2}	4.92mw	16-1¾ (2.5)	4/12
9	Lilly SWYERS	JR	#1 SUNY Cortland {3}	4.82m	15-9¾ (0.0)	3/29
10	Katie BALL	FR	#1 SUNY Cortland {4}	4.75m	15-7 (1.8)	4/12



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## Women's Triple Jump

1	72	Lilly SWYERS	JR	#1 SUNY Cortland	10.99m	36-¾ (0.0)	4/6
2		Madison SNAYCZUK	SR	#4 Alfred State	10.51m	34-5¾ (0.0)	3/29
3		Caitlin MAHER	JR	#1 SUNY Cortland {2}	10.21m	33-6 (0.0)	4/6
4		Nicolette DUBOSE	SO	#2 SUNY Oneonta	10.06m	33-¼ (0.0)	4/14
5		Hannah NOLAN	FR	#1 SUNY Cortland {3}	10.01m	32-10¼ (0.0)	4/6
6		Lexi CLARK	FR	#1 SUNY Cortland {4}	9.85m	32-3¾ (0.0)	4/6
7		Ashley LAREDDOLA	FR	#2 SUNY Oneonta {2}	9.79m	32-1½ (0.2)	4/12
8		Kira DAVIDSON	JR	#9 Fredonia	9.60m	31-6 (-0.9)	4/5
9		Emma ROBBINS	SR	#8 SUNY Potsdam	9.50m	31-2 (1.4)	4/12
10		Jaidon BRODIE	FR	#10 SUNY Morrisville	9.48mw	31-1¼ (3.8)	3/30

## Women's Shot Put

1		Hannah MCMASTERS	JR	#1 SUNY Cortland	11.95m	39-2½	4/12
2		AnJalyna TALMADGE	JR	#1 SUNY Cortland {2}	11.89m	39-¼	4/6
3		Cheyenne MCPEEK	SO	#1 SUNY Cortland {3}	11.61m	38-1¼	3/29
4		Tarryn HERMAN	JR	#2 SUNY Oneonta	11.28m	37-¼	4/14
5		Kayla TRETOLA	FR	#1 SUNY Cortland {4}	11.22m	36-9¾	4/6
6		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta {2}	10.97m	36-0	4/6
7		Paige PAVELSKI	SR	#7 Buffalo State	10.83m	35-6½	4/5
8		Wealthy ROBINSON	FR	#2 SUNY Oneonta {3}	10.77m	35-4	3/30
9		Jennifer NDUKWU	JR	#1 SUNY Cortland {5}	10.50m	34-5½	4/6
10		Janiesha DURENY	FR	#4 Alfred State	10.45m	34-3½	4/13

## Women's Discus

1		Cheyenne MCPEEK	SO	#1 SUNY Cortland	38.00m	124-8	3/29
2		Janiesha DURENY	FR	#4 Alfred State	35.59m	116-9	4/13
3		Kayla TRETOLA	FR	#1 SUNY Cortland {2}	34.50m	113-2	4/6
4		Jessica NEUBERT	JR	#1 SUNY Cortland {3}	33.39m	109-7	4/6
5		Hannah MCMASTERS	JR	#1 SUNY Cortland {4}	32.16m	105-6	4/6
6		Norah KEENEY	FR	#3 Penn State Behr	31.79m	104-4	4/5
7		Sophia MITRESKI	SO	#2 SUNY Oneonta	31.62m	103-9	4/6
8		Colleen PATRIE	JR	#1 SUNY Cortland {5}	31.39m	103-0	4/6
9		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta {2}	31.11m	102-1	4/6
10		Molly MCMASTERS	FR	#1 SUNY Cortland {6}	30.18m	99-¼	4/6

## Women's Hammer

1	23	Cheyenne MCPEEK	SO	#1 SUNY Cortland	50.48m	165-8	3/29
1	23	Hannah MCMASTERS	JR	#1 SUNY Cortland	50.48m	165-8	4/12
3	81	Jennifer NDUKWU	JR	#1 SUNY Cortland {3}	46.05m	151-1	4/6
4	96	Tarryn HERMAN	JR	#2 SUNY Oneonta	45.46m	149-2	4/6
5		Mackenzie GILLETTE	SR	#4 Alfred State	42.36m	139-0	3/29
6		Jessica PARK	JR	#3 Penn State Behr	39.46m	129-6	4/12
7		Jessica NEUBERT	JR	#1 SUNY Cortland {4}	39.28m	128-11	4/12
8		Kayla TRETOLA	FR	#1 SUNY Cortland {5}	39.15m	128-6	4/12
9		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta {2}	39.07m	128-2	4/6
10		Taygin JUMP	SO	#5 SUNY Plattsburg	38.85m	127-6	4/11

## Women's Javelin

1	3	Julia BALASKI	JR	#3 Penn State Behr	43.34m	142-2	3/29
2	55	Sage DOUGLASS	SR	#2 SUNY Oneonta	36.95m	121-3	3/30
3		Lily PLAIA	FR	#2 SUNY Oneonta {2}	33.28m	109-2	3/30
4		Taygin JUMP	SO	#5 SUNY Plattsburg	31.60m	103-8	4/5
5		Caroline LEWIS	FR	#3 Penn State Behr {2}	31.42m	103-1	3/29
6		Braylee LUKEHART	FR	#3 Penn State Behr {3}	30.82m	101-2	4/5
7		Tarryn HERMAN	JR	#2 SUNY Oneonta {3}	27.92m	91-7¼	4/6
8		Janiesha DURENY	FR	#4 Alfred State	26.64m	87-5	4/5
9		Rachel SKOCZLAS	SR	#3 Penn State Behr {4}	24.14m	79-2½	4/12
10		Marina MANSFIELD	FR	#7 Buffalo State	19.78m	64-10¾	4/5



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## Women's 100 Meters

1	3	Gabri MESCHINO	SR	#3 Chicago	11.78w	(2.8)	3/29
1	3	Jasmine WRIGHT	JR	#1 Washington (Mo.	11.78w	(2.8)	3/29
3	20	Eva CARCHIDI	SR	#2 Emory	12.00	(0.3)	3/28
4	30	Jada KENNER	FR	#2 Emory	{2}12.11	(0.9)	3/28
5	32	Lauren GAY	SR	#1 Washington (Mo.	{2}12.13	(1.7)	4/12
6	53	Audrey JOHNSON	SR	#2 Emory	{3}12.23	(1.1)	3/28
7	67	Maura DIANNO	SR	#2 Emory	{4}12.29	(0.9)	3/28
8	100	Dashiel TAO HARRIS	SR	#2 Emory	{5}12.38	(1.1)	3/28
9		Peterly LEROY	FR	#7 Brandeis	12.39	(0.7)	3/29
10		Leah PHELPS	FR	#1 Washington (Mo.	{3}12.62w	(2.2)	4/12

## Women's 100 Meter Hurdles

1	1	Ren BROWN	SR	#3 Chicago	13.85	(1.5)	4/12
2	8	Nikki BOON	SR	#2 Emory	14.21	(1.9)	4/12
3	10	Lauren GAY	SR	#1 Washington (Mo.	14.25	(-0.1)	4/12
4	83	Dasha JACKSON	JR	#6 NYU	15.27	(1.2)	4/5
5		Melayna PETTIGREW	FR	#2 Emory	{2}15.38	(0.7)	3/28
6		Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	15.89	(1.7)	4/12
7		Alin AYDOGAN	FR	#4 Carnegie Mellon	{2}15.97	(1.1)	4/5
8		Holland KANTAR	SO	#1 Washington (Mo.	{2}16.34	(-0.1)	4/12
9		Sharona SCHWAB	JR	#3 Chicago	{2}16.55	(-2.2)	3/29
10		Gabby ALPHONSE	JR	#5 Case Western Re	17.96	(0.7)	4/12

## Women's 200 Meters

1	6	Eva CARCHIDI	SR	#2 Emory	24.24	(-0.3)	4/5
2	7	Lauren GAY	SR	#1 Washington (Mo.	24.33	(1.5)	3/29
3	29	Nicole STEWART	SR	#1 Washington (Mo.	{2}24.81	(0.3)	4/12
4	37	Jada KENNER	FR	#2 Emory	{2}24.87	(-0.3)	4/5
5	47	Quinn BIRD	FR	#1 Washington (Mo.	{3}24.94	(1.0)	3/29
6	51	Nikki BOON	SR	#2 Emory	{3}24.95	(2.0)	3/28
7	83	Kaya BINETTI	SR	#2 Emory	{4}25.27	(-0.4)	3/28
8	96	Audrey JOHNSON	SR	#2 Emory	{5}25.34	(-0.3)	4/5
9		Gabri MESCHINO	SR	#3 Chicago	25.46	(1.5)	3/29
10		Jasmine WRIGHT	JR	#1 Washington (Mo.	{4}25.49	(1.5)	3/29

## Women's 400 Meters

1	5	Kylie SPYTEK	JR	#1 Washington (Mo.	55.48		3/29
2	8	Catherine CHRISTOPHER	SO	#1 Washington (Mo.	{2}55.68		3/29
3	22	Dashiel TAO HARRIS	SR	#2 Emory	56.48		4/5
4	29	Quinn BIRD	FR	#1 Washington (Mo.	{3}56.76		4/12
5	40	Caroline ECHOLS	SO	#1 Washington (Mo.	{4}57.32		3/29
6	46	Julia CORIC	SO	#1 Washington (Mo.	{5}57.63		4/12
7	55	Hannah RILEY	SO	#2 Emory	{2}57.84		4/5
8	59	Amaya GRANT	FR	#2 Emory	{3}57.89		3/28
9	60	Izzy GORTON	SR	#1 Washington (Mo.	{6}57.96		3/29
10	94	Gayle HENDERSON	SO	#1 Washington (Mo.	{7}58.79		3/29

## Women's 400 Meter Hurdles

1	1	Ren BROWN	SR	#3 Chicago	59.25		4/12
2	26	Sharona SCHWAB	JR	#3 Chicago	{2}1:03.66		3/29
3	37	Ruby KAPLAN	SR	#1 Washington (Mo.	1:04.59		4/12
4	49	Camila GARANTON	JR	#3 Chicago	{3}1:05.12		4/12
5	67	Melayna PETTIGREW	FR	#2 Emory	1:05.85		3/22
6	69	Caroline HANSEN	SR	#2 Emory	{2}1:05.93		3/22
7	74	Hannah BOHBOT-DRIDI	SR	#7 Brandeis	1:06.04		4/4
8	97	Clare MARCHANT	FR	#1 Washington (Mo.	{2}1:06.77		3/29
9		Emma BLODGETT	FR	#3 Chicago	{4}1:07.08		4/12
10		Izzie THOMPSON	FR	#2 Emory	{3}1:07.49		4/5

## Women's 800 Meters

1	6	Izzy GORTON	SR	#1 Washington (Mo.	2:09.68		3/28
2	9	Caroline ECHOLS	SO	#1 Washington (Mo.	{2}2:10.94		3/28
3	12	Madison TIAFFAY	JR	#2 Emory	2:11.45		3/28
4	14	Claudia HARNETT	SR	#3 Chicago	2:12.17		4/5
5	17	Catherine CHRISTOPHER	SO	#1 Washington (Mo.	{3}2:12.70		4/12
6	18	Luna MCCAULEY	JR	#2 Emory	{2}2:12.71		3/28
7	34	Gianna DAWSON	FR	#6 NYU	2:13.96		4/14
8	42	Emma KELLY	JR	#3 Chicago	{2}2:14.77		3/29
9	44	Rowan MILLER	FR	#2 Emory	{3}2:15.03		4/5
10	50	Cate STEVENS	JR	#1 Washington (Mo.	{4}2:15.74		4/12

## Women's 1500 Meters

1	7	Madison TIAFFAY	JR	#2 Emory	4:28.77		3/28
2	9	Sophie BEKINS	SR	#1 Washington (Mo.	4:30.53		3/28
3	11	Claudia HARNETT	SR	#3 Chicago	4:31.35		4/12
4	19	Katie RECTOR	JR	#1 Washington (Mo.	{2}4:33.03		3/28
5	26	Izzy GORTON	SR	#1 Washington (Mo.	{3}4:34.69		4/12
6	27	Elisabeth CAMIC	SR	#3 Chicago	{2}4:34.86		4/12
7	32	Emma KELLY	JR	#3 Chicago	{3}4:36.22		3/28
8	33	Virginia PRIDGEN	SR	#1 Washington (Mo.	{4}4:36.54		3/28
9	35	Nora HOLMES	JR	#3 Chicago	{4}4:36.63		4/12
10	36	Stella KUTTNER	FR	#6 NYU	4:36.70		4/14

## Women's Steeplechase

1	8	Abigail PATTERSON	SR	#1 Washington (Mo.	10:49.47		3/28
2	21	Julia PATTERSON	SR	#1 Washington (Mo.	{2}11:04.36		4/12
3	27	Riley CLARK	JR	#1 Washington (Mo.	{3}11:11.77		4/12
4	32	Ayla GRABENBAUER	JR	#5 Case Western Re	11:14.69		4/14
5	45	Cameron GUPTA	SO	#2 Emory	11:19.36		4/12
6	48	Davis JOHNSON	FR	#2 Emory	{2}11:20.88		4/12
7	59	Olivia JACKSON	SO	#6 NYU	11:25.63		4/12
8	63	Sally CARRINGTON	FR	#1 Washington (Mo.	{4}11:26.74		4/12
9	72	Madeline LEE	FR	#1 Washington (Mo.	{5}11:31.17		4/4
10	85	Ella WARKENTINE	JR	#7 Brandeis	11:36.07		4/12





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## Women's 5000 Meters

1	2	Janie COOPER	JR	#6 NYU	16:35.47	4/14
2	5	Kate COCHRAN	SR	#6 NYU	{2} 16:38.31	4/14
3	15	Anna WATSON	SR	#3 Chicago	16:52.17	4/12
4	16	Estelle SNIDER	SO	#3 Chicago	{2} 16:52.39	4/12
5	19	Josephine DZIEDZIC	SO	#6 NYU	{3} 16:54.61	4/14
6	24	Lauren IAGNEMMA	JR	#5 Case Western Re	17:05.12	4/14
7	27	Nora HOLMES	JR	#3 Chicago	{3} 17:06.07	3/28
8	28	Maya DUCKER	SO	#4 Carnegie Mellon	17:06.13	4/14
9	29	Liesl SCHERRER	SR	#2 Emory	17:08.75	4/12
10	32	Orit SHIANG	JR	#4 Carnegie Mellon	{2} 17:11.59	4/14

## Women's 10,000 Meters

1	13	Grace ROWLEY	SO	#6 NYU	35:37.25	4/14
2	14	Estelle SNIDER	SO	#3 Chicago	35:41.70	3/28
3	22	Lucy GOTT	JR	#6 NYU	{2} 36:13.96	3/29
4	44	Vivienne LARSON	SO	#1 Washington (Mo.	37:33.80	3/28
5		Lauryn MCKENNA	SR	#4 Carnegie Mellon	40:30.75	4/12

## Women's 4x100 Relay

1	2	Nikki Boon, Eva Carchidi, Jada Kenner, Audrey Johnson	#2 Emory	45.97	4/5
2	5	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo.	46.46	4/12
3	31	Maddie Lyons, Gabri Meschino, Arielle Troadec, Ava Hagwell	#3 Chicago	48.04	4/12
4	44	Peterly Leroy, Sarai Sealy, Hannah Bohbot-Dridi, Jasmin Berganza	#7 Brandeis	48.30	4/4
5		Iniyaa Mohanraj, Catherine Stava, Jocelyn Kiefel, Zoe King	#4 Carnegie Mellon	51.55	3/22

## Women's 4x400 Relay

1	3	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton	#1 Washington (Mo.	3:45.82	3/29
2	4	Audrey Johnson, Jada Kenner, Dashiel Tao Harris, Eva Carchidi	#2 Emory	3:46.96	3/28
3	19	Ava Hagwell, Elisabeth Camic, Onese Ewherido, Ren Brown	#3 Chicago	3:55.79	4/12
4	85	Siena Kannenberg, Julia Hluck, Arianna Holbrook, Melanie Taylor	#5 Case Western Re	4:08.92	3/29
5	87	Jiahui Tang, Rhythm Satav, Estee Teo, Catherine Stava	#4 Carnegie Mellon	4:09.13	3/29
6		Areyanna McCarthy, Rina Kurihara, Katharine Frank, Caroline Mackinnon	#6 NYU	4:19.28	4/5

## Women's High Jump

1	8	Ebunoluwa OPATA	SR	#1 Washington (Mo.	1.66m	5-5¼	3/29
2	19	Nikki BOON	SR	#2 Emory	1.63m	5-4¼	3/28
2	19	Olivia THEISEN	SO	#1 Washington (Mo.	{2} 1.63m	5-4¼	4/12
4	71	Elizabeth MULVANEY	SO	#3 Chicago	1.58m	5-2¼	4/12
5		Catalina HOWELLS	FR	#4 Carnegie Mellon	1.53m	5-¼	3/29
5		Clara BENNETT	SO	#3 Chicago	{2} 1.53m	5-¼	4/12
5		Selah DUNGEY	JR	#3 Chicago	{2} 1.53m	5-¼	4/12
8		Sophie SEGAL	SO	#7 Brandeis	1.52m	4-11¾	4/5
9		Kirsten MAN	SR	#7 Brandeis	{2} 1.46m	4-9½	4/12
9		Anna JENNINGS	FR	#2 Emory	{2} 1.46m	4-9½	4/12

## Women's Pole Vault

1	1	Yasmin RUFF	SR	#1 Washington (Mo.	4.11m	13-5¾	4/12
2	39	Hazel BUONOPANE	SO	#4 Carnegie Mellon	3.51m	11-6¼	3/29
3	56	Makenzie STOCK	SR	#1 Washington (Mo.	{2} 3.45m	11-3¾	4/4
3	56	Erin MAKHANIAN	FR	#2 Emory	3.45m	11-3¾	4/5
3	56	Meredyth BARR	SO	#1 Washington (Mo.	{2} 3.45m	11-3¾	4/12
3	56	Mackenzie WALKER	JR	#1 Washington (Mo.	{2} 3.45m	11-3¾	4/4
3	56	Holly SCHREIBER	SO	#5 Case Western Re	3.45m	11-3¾	4/12
8	65	Alisha ANDERSON	SR	#7 Brandeis	3.40m	11-1¾	3/29
9	73	Ava BARNES	FR	#4 Carnegie Mellon	{2} 3.36m	11-¼	3/29
10	78	Celeste TAYLOR	JR	#3 Chicago	3.35m	10-11¾	3/29





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## Women's Long Jump

1	6	Nikki BOON	SR	#2 Emory	5.91m	19-4¾ (0.0)	3/28
2	14	Ebunoluwa OPATA	SR	#1 Washington (Mo.	5.74m	18-10 (0.0)	4/12
3	44	Marina SEMPLE	JR	#3 Chicago	5.51m	18-1 (0.0)	4/12
4	59	Anna JENNINGS	FR	#2 Emory	{2} 5.43m	17-9¾ (2.0)	4/5
5	61	Sarai SEALY	FR	#7 Brandeis	5.42m	17-9½ (0.0)	4/5
6	88	Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	5.33m	17-6 (0.0)	4/5
7	91	Olivia THEISEN	SO	#1 Washington (Mo.)	{2} 5.32m	17-5½ (1.0)	3/29
8		Jordan SU	SR	#5 Case Western Re	5.19mw	17-½ (2.7)	3/22
9		Caroline HANSEN	SR	#2 Emory	{3} 5.17m	16-11½ (0.4)	3/22
10		Jocelyn KIEFEL	SR	#4 Carnegie Mellon	{2} 5.15mw	16-10¾ (2.8)	3/22
10		Alin AYDOGAN	FR	#4 Carnegie Mellon	{2} 5.15m	16-10¾ (0.2)	4/5

## Women's Triple Jump

1	2	Ebunoluwa OPATA	SR	#1 Washington (Mo.	12.18m	39-11½ (1.2)	3/28
2	20	Caroline HANSEN	SR	#2 Emory	11.63m	38-2 (-0.5)	3/28
3	24	Audrey JOHNSON	SR	#2 Emory	{2} 11.52mw	37-9½ (2.7)	4/5
4	26	Amaya GRANT	FR	#2 Emory	{3} 11.50m	37-8¾ (-1.9)	3/27
5	47	Jocelyn KIEFEL	SR	#4 Carnegie Mellon	11.27m	36-11¾ (0.2)	4/4
6	62	Elsa BILDSTEN	SO	#2 Emory	{4} 11.10m	36-5 (1.6)	4/5
7	64	Jordan SU	SR	#5 Case Western Re	11.06m	36-3½ (0.4)	3/22
8	68	Iniyaa MOHANRAJ	JR	#4 Carnegie Mellon	{2} 11.02m	36-2 (0.3)	3/29
9	78	Grace STERNBERGER	SO	#3 Chicago	10.95m	35-11¼ (1.0)	4/12
10	98	Dasha JACKSON	JR	#6 NYU	10.87m	35-8 (1.6)	3/29

## Women's Shot Put

1	6	Jenae BOTHE	JR	#1 Washington (Mo.	13.88m	45-6½	4/12
2	23	Sarah FINEMAN	SR	#2 Emory	13.09m	42-11½	4/5
3	29	Michaela BURKHAUSER	SR	#5 Case Western Re	12.89m	42-3½	3/29
4	69	Nikki BOON	SR	#2 Emory	{2} 12.32m	40-5	3/28
5	78	Kathleen MONAHAN	JR	#4 Carnegie Mellon	12.23m	40-1½	3/29
6	99	Rielley MCNEILL	SO	#3 Chicago	12.04m	39-6	4/5
7		Taylor SIMPSON	SR	#1 Washington (Mo.)	{2} 12.00m	39-4½	4/12
8		Jeanette HYDUKOVICH	FR	#2 Emory	{3} 11.94m	39-2¼	4/5
9		Catryn CATTOOR	SR	#1 Washington (Mo.)	{3} 11.68m	38-4	4/12
10		Taylor SYMONETTE	SR	#4 Carnegie Mellon	{2} 11.41m	37-5¼	4/12

## Women's Discus

1	33	Michaela BURKHAUSER	SR	#5 Case Western Re	42.32m	138-10	3/29
2	37	Jenae BOTHE	JR	#1 Washington (Mo.	42.18m	138-5	4/12
3	55	Jeanette HYDUKOVICH	FR	#2 Emory	40.57m	133-1	4/5
4	82	Michelle UVIEGHARA	SR	#6 NYU	39.34m	129-1	3/29
5	93	Catryn CATTOOR	SR	#1 Washington (Mo.)	{2} 38.79m	127-3	4/12
6	95	Aiyana ROCKWELL	SR	#4 Carnegie Mellon	38.65m	126-10	3/29
7	98	Rielley MCNEILL	SO	#3 Chicago	38.63m	126-9	4/5
8	99	Nikki BOON	SR	#2 Emory	{2} 38.59m	126-7	4/5
9		Karyssa MACK	JR	#1 Washington (Mo.)	{3} 37.18m	122-0	4/12
10		Sarah FINEMAN	SR	#2 Emory	{3} 36.52m	119-10	4/12

## Women's Hammer

1	41	Michaela BURKHAUSER	SR	#5 Case Western Re	49.04m	160-11	3/29
2	47	Ailean DUFFIE	SR	#5 Case Western Re	{2} 48.75m	159-11	4/12
3	61	Lauren ROSKUSZKA	SR	#5 Case Western Re	{3} 47.37m	155-5	4/12
4	83	Taylor SIMPSON	SR	#1 Washington (Mo.	45.97m	150-10	4/12
5	87	Emma LIU	JR	#7 Brandeis	45.72m	150-0	3/29
6	95	Rachel GINN	SR	#5 Case Western Re	{4} 45.52m	149-4	4/12
7		Abigail ROBERTS	FR	#2 Emory	43.51m	142-9	4/5
8		Michelle LEE	JR	#5 Case Western Re	{5} 43.31m	142-1	3/29
9		Brooke CALDWELL	SO	#3 Chicago	43.21m	141-9	4/12
10		Kathleen MONAHAN	JR	#4 Carnegie Mellon	42.30m	138-10	3/29

## Women's Javelin

1	23	Nikki BOON	SR	#2 Emory	39.49m	129-7	3/28
2	37	Mable MUTUMWA	SO	#2 Emory	{2} 38.25m	125-6	4/12
3	48	Emma GRUNIN	JR	#6 NYU	37.26m	122-3	4/5
4	96	Lauren ROSKUSZKA	SR	#5 Case Western Re	35.39m	116-2	3/22
5		Jolie WASSERMAN	SR	#4 Carnegie Mellon	34.81m	114-3	3/29
6		Yichen DING	SO	#3 Chicago	34.40m	112-11	3/29
7		Nida ACHRAMAVICIUTE	FR	#5 Case Western Re	{2} 33.35m	109-5	3/22
8		Bailey BOWEN	FR	#5 Case Western Re	{3} 32.19m	105-8	3/22
9		Sarah VIVEIROS	FR	#5 Case Western Re	{4} 31.96m	104-10	3/22
10		Molly MORTON	SR	#1 Washington (Mo.	31.47m	103-3	4/12

## Women's Heptathlon

1	1	Nikki BOON	SR	#2 Emory	5,638		3/28
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## Conference TFRI Event Summary



UEC

as of 4/15/2025 8:32:44 AM ET

## Women's 100 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	12.46	(1.4)	4/5
2	Rocksann SMITH	FR	#1 St. Mary's (Md.)	12.92	(-1.4)	3/29
3	Trista MILLER	SR	#5 Carlow (Pa.) {2}	12.98	(1.5)	4/12
4	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	13.17	(0.2)	4/5
5	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	13.21	(-0.1)	3/22
6	Lizzie DIMOV	FR	#3 Lancaster Bible	13.59	(-0.2)	4/12
7	Alyssa MALDONADO	FR	#2 Cedar Crest	13.69	(1.3)	4/12
8	Ella CLOAK	JR	#5 Carlow (Pa.) {3}	13.73	(0.0)	4/5
9	Chasiti NCHANGNWI	SO	#8 Notre Dame (Md.)	13.84	(-0.5)	4/5
10	Tray MOBRAY	JR	#1 St. Mary's (Md.) {3}	13.96	(0.6)	3/29

## Women's 100 Meter Hurdles

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	16.37	(1.7)	4/12
2	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	17.73	(-0.7)	3/22
3	Faith GARBER	SO	#3 Lancaster Bible	19.81	(-0.4)	3/29
4	Zakiyyah SABIR	SR	#2 Cedar Crest	20.30	(1.9)	4/12
5	Dina JONES	JR	#1 St. Mary's (Md.) {3}	22.05	(-0.7)	3/22
6	Lexus KUTZ	SO	#2 Cedar Crest {2}	22.13	(1.9)	4/12
7	Emma CASSEL	FR	#3 Lancaster Bible {2}	22.47	(1.7)	4/5

## Women's 200 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	26.17w	(2.3)	4/5
2	Trista MILLER	SR	#5 Carlow (Pa.) {2}	27.05w	(2.1)	4/12
3	Rocksann SMITH	FR	#1 St. Mary's (Md.)	27.88	(0.5)	4/12
4	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	27.98	(1.7)	4/12
5	Lizzie DIMOV	FR	#3 Lancaster Bible	28.00	(0.0)	4/12
6	Destiny SAMUELS	FR	#4 Penn State Harrisburg	28.02	(-0.8)	4/12
7	Keira MASON		#1 St. Mary's (Md.) {2}	28.57	(0.7)	3/29
8	Linsey NESTER	SR	#2 Cedar Crest	28.60	(1.9)	4/5
9	Mel VAL	FR	#2 Cedar Crest {2}	28.64	(-0.3)	3/29
10	Faith GARBER	SO	#3 Lancaster Bible {2}	28.65	(-0.4)	3/29

## Women's 400 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	1:00.74		4/5
2	Destiny SAMUELS	FR	#4 Penn State Harrisburg	1:02.16		4/12
3	Avery ARIZZI	SO	#1 St. Mary's (Md.)	1:03.06		3/29
4	Linsey NESTER	SR	#2 Cedar Crest	1:05.88		3/29
5	Mel VAL	FR	#2 Cedar Crest {2}	1:06.18		4/5
6	Mi'Leah COTTON	FR	#1 St. Mary's (Md.) {2}	1:07.17		3/22
7	Ella CLOAK	JR	#5 Carlow (Pa.) {2}	1:07.32		3/29
8	Chloe TOLSON	JR	#1 St. Mary's (Md.) {3}	1:07.35		3/22
9	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	1:07.82		4/5
10	Oluwadamilola AKINSANYA	FR	#1 St. Mary's (Md.) {4}	1:09.62		3/29

## Women's 400 Meter Hurdles

1	Linsey NESTER	SR	#2 Cedar Crest	1:15.28		4/5
2	Zakiyyah SABIR	SR	#2 Cedar Crest {2}	1:20.93		4/5
3	Chay'La RIVERS	JR	#1 St. Mary's (Md.)	1:24.03		3/29
4	Dina JONES	JR	#1 St. Mary's (Md.) {2}	1:25.02		3/29

## Women's 800 Meters

1	Mi'Leah COTTON	FR	#1 St. Mary's (Md.)	2:26.24		3/29
2	Macy WORONIECKI	FR	#1 St. Mary's (Md.) {2}	2:36.92		3/29
3	Avery ARIZZI	SO	#1 St. Mary's (Md.) {3}	2:36.93		3/22
4	Erica COOK	FR	#2 Cedar Crest	2:38.29		3/29
5	Katie GARCIA	FR	#2 Cedar Crest {2}	2:41.98		3/29
6	Kylee ANTRIM	FR	#3 Lancaster Bible	2:48.38		3/29
7	Rocksann SMITH	FR	#1 St. Mary's (Md.) {4}	2:51.73		4/12
8	Alyssa ROJAS	FR	#8 Notre Dame (Md.)	2:56.72		4/5
9	Emma CASSEL	FR	#3 Lancaster Bible {2}	3:00.06		4/12
10	Joy WATKINS	FR	#6 Gallaudet	3:00.77		4/5

## Women's 1500 Meters

1	Mi'Leah COTTON	FR	#1 St. Mary's (Md.)	4:59.43		3/29
2	Macy WORONIECKI	FR	#1 St. Mary's (Md.) {2}	5:15.01		3/29
3	Seana DOUGHERTY	FR	#3 Lancaster Bible	5:16.55		3/23
4	Abby AMES	SO	#3 Lancaster Bible {2}	5:17.91		3/23
5	Ella MITCHELL	FR	#1 St. Mary's (Md.) {3}	5:25.22		3/22
6	Cadee CAMERON	FR	#3 Lancaster Bible {3}	5:33.17		4/5
7	Kylee ANTRIM	FR	#3 Lancaster Bible {4}	5:38.45		3/29
8	Katie GARCIA	FR	#2 Cedar Crest	5:48.19		4/12
9	Erica COOK	FR	#2 Cedar Crest {2}	5:52.45		4/5
10	Laci SCHWIRIAN	JR	#5 Carlow (Pa.)	5:54.05		4/12

## Women's Steeplechase

1	Giada SMITH	FR	#2 Cedar Crest	14:46.01		4/5
2	Mackayla REED	SR	#2 Cedar Crest {2}	14:59.36		4/5
3	Elise GEIGER	FR	#1 St. Mary's (Md.)	15:09.92		3/22
4	Melina DHITAL	JR	#4 Penn State Harrisburg	15:30.57		4/12

## Women's 5000 Meters

1	Seana DOUGHERTY	FR	#3 Lancaster Bible	18:44.14		3/29
2	Cadee CAMERON	FR	#3 Lancaster Bible {2}	20:18.76		4/12
3	Ella MITCHELL	FR	#1 St. Mary's (Md.)	20:43.76		3/29
4	Madison KINGSLEY	SO	#1 St. Mary's (Md.) {2}	22:23.08		3/22
5	Giada SMITH	FR	#2 Cedar Crest	22:56.83		3/29
6	Mackenna RANKIN	FR	#5 Carlow (Pa.)	23:13.30		4/5
7	Laci SCHWIRIAN	JR	#5 Carlow (Pa.) {2}	23:17.26		4/5
8	Ariana LECOURAS	SR	#1 St. Mary's (Md.) {3}	23:23.51		3/29
9	Rosa JOHNSON	SO	#3 Lancaster Bible {3}	24:10.62		3/29
10	Olivia ARMSTRONG	SO	#6 Gallaudet	24:23.08		4/5

## Women's 10,000 Meters

1	99 Seana DOUGHERTY	FR	#3 Lancaster Bible	39:21.85		4/12
2	Ella MITCHELL	FR	#1 St. Mary's (Md.)	43:37.36		4/5
3	Rosa JOHNSON	SO	#3 Lancaster Bible {2}	50:25.41		4/12
4	Farangiz KHOLMATOVA	JR	#4 Penn State Harrisburg	51:47.17		4/5
5	Melina DHITAL	JR	#4 Penn State Harrisburg {2}	52:00.58		4/5
6	Alexis HODGES	SO	#1 St. Mary's (Md.) {2}	53:31.75		4/5
7	Layna HORNER	FR	#4 Penn State Harrisburg {3}	56:28.20		4/5



## Conference TFRI Event Summary



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## Women's 4x100 Relay

1	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#5 Carlow (Pa.)	50.63	4/5
2	Chay'La Rivers, Oluwadamilola Akinsanya, Saffiyah Gibson, Rocksann Smith	#1 St. Mary's (Md.)	52.08	3/29
3	Alyssa Maldonado, Linsey Nester, Krishana Brooks, Zakiyyah Sabir	#2 Cedar Crest	54.46	4/12
4	Carson Villani, Destiny Samuels, Katrin Cavanaugh, Kaitlyn Davis	#4 Penn State Harri	56.29	4/12

## Women's 4x400 Relay

1	Ella Cloak, Laci Schwirian, Molly Wagner, Trista Miller	#5 Carlow (Pa.)	4:28.41	3/29
2	Oluwadamilola Akinsanya, Avery Arizzi, Mi'Leah Cotton, Rocksann Smith	#1 St. Mary's (Md.)	4:39.27	3/29
3	Melina Dhital, Destiny Samuels, Layna Horner, Nuzhat Raisa	#4 Penn State Harri	4:59.66	3/22

## Women's High Jump

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	1.48m	4-10¼	3/22
1	Carson VILLANI	FR	#4 Penn State Harri	1.48m	4-10¼	3/29
3	Emma CASSEL	FR	#3 Lancaster Bible	1.35m	4-5	3/23
4	Olivia HORNINGER	JR	#2 Cedar Crest	1.31m	4-3½	3/22
5	Faith GARBER	SO	#3 Lancaster Bible {2}	1.20m	3-11¼	4/12

## Women's Pole Vault

1	Katrin CAVANAUGH	SO	#4 Penn State Harri	2.90m	9-6¼	3/29
2	Emma MCMURRAY	JR	#3 Lancaster Bible	2.81m	9-2½	4/12
3	Alecia MILLER	SO	#6 Gallaudet	1.69m	5-6½	4/5

## Women's Long Jump

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	4.88m	16-¼ (-3.5)	4/12
2	Sydney TAYLOR	SO	#5 Carlow (Pa.)	4.73m	15-6¼ (1.8)	3/29
3	Keira MASON		#1 St. Mary's (Md.) {2}	4.71m	15-5½ (0.1)	3/29
4	Leia DAY	JR	#5 Carlow (Pa.) {2}	4.52m	14-10 (0.0)	4/12
5	Faith GARBER	SO	#3 Lancaster Bible	4.31m	14-1¾ (1.2)	3/23
6	Lizzie DIMOV	FR	#3 Lancaster Bible {2}	4.27m	14-¼ (0.6)	3/23
7	Olivia HORNINGER	JR	#2 Cedar Crest	4.23mw	13-10½ (2.6)	3/22
8	Trista MILLER	SR	#5 Carlow (Pa.) {3}	4.15m	13-7½ (0.0)	4/12
9	Emma CASSEL	FR	#3 Lancaster Bible {3}	3.95m	12-11½ (0.0)	3/29
10	Abril RILEY	SR	#2 Cedar Crest {2}	3.86m	12-8 (-1.1)	4/5

## Women's Triple Jump

1	Sydney TAYLOR	SO	#5 Carlow (Pa.)	10.40m	34-1½ (0.0)	4/12
2	Katrin CAVANAUGH	SO	#4 Penn State Harri	9.07m	29-9¼ (-1.8)	4/12

## Women's Shot Put

1	Martha WEAVER	SO	#3 Lancaster Bible	11.64m	38-2¼	4/5
2	Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	11.45m	37-6¾	3/22
3	Midajah DAVIS	SR	#6 Gallaudet	11.01m	36-1½	4/5
4	Isabella MCGUIRE	FR	#4 Penn State Harri	9.91m	32-6¼	3/29
5	Juliana OGRODOWSKI	JR	#5 Carlow (Pa.)	9.62m	31-6¼	3/29
6	Alana CONNER	JR	#2 Cedar Crest	9.56m	31-4½	4/12
7	Rocksann SMITH	FR	#1 St. Mary's (Md.) {2}	9.50m	31-2	4/5
8	Vera INNERST	FR	#3 Lancaster Bible {2}	9.36m	30-8½	4/12
9	Isabella BOZEN	JR	#2 Cedar Crest {2}	9.35m	30-8¼	4/5
10	Allison ROBINSON	SO	#3 Lancaster Bible {3}	9.00m	29-6½	4/5

## Women's Discus

1	Isabella MCGUIRE	FR	#4 Penn State Harri	34.30m	112-7	3/22
2	Isabella BOZEN	JR	#2 Cedar Crest	34.20m	112-3	4/12
3	Safiya STIMELY	SO	#1 St. Mary's (Md.)	34.08m	111-10	3/22
4	Mya WAAGE	JR	#5 Carlow (Pa.)	32.83m	107-9	3/29
5	Jillian ZUKLEY	SO	#1 St. Mary's (Md.) {2}	32.45m	106-6	3/29
6	Martha WEAVER	SO	#3 Lancaster Bible	30.46m	99-11¼	3/23
7	Elaina TORTA	JR	#4 Penn State Harri {2}	30.06m	98-7½	3/29
8	Gabrielle DEITRICH	SO	#4 Penn State Harri {3}	29.31m	96-2	3/22
9	Mackenzie SCHIRG	FR	#6 Gallaudet	28.99m	95-1½	3/29
10	Vera INNERST	FR	#3 Lancaster Bible {2}	26.88m	88-2¼	4/12

## Women's Hammer

1	Martha WEAVER	SO	#3 Lancaster Bible	40.49m	132-10	3/29
2	Elaina TORTA	JR	#4 Penn State Harri	38.59m	126-7	4/5
3	Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	37.16m	121-11	3/29
4	Gabrielle DEITRICH	SO	#4 Penn State Harri {2}	35.80m	117-6	3/22
5	Fladaina BRUNO	JR	#1 St. Mary's (Md.) {2}	34.48m	113-2	3/29
6	Isabella MCGUIRE	FR	#4 Penn State Harri {3}	33.13m	108-9	3/22
7	Alana CONNER	JR	#2 Cedar Crest	32.05m	105-2	4/12
8	Midajah DAVIS	SR	#6 Gallaudet	29.94m	98-2¾	4/5
9	Isabella BOZEN	JR	#2 Cedar Crest {2}	29.65m	97-3½	3/22
10	Safiya STIMELY	SO	#1 St. Mary's (Md.) {3}	28.85m	94-8	3/29

## Women's Javelin

1	83 Rocksann SMITH	FR	#1 St. Mary's (Md.)	35.98m	118-1	3/22
2	Isabella BOZEN	JR	#2 Cedar Crest	31.69m	104-0	4/12
3	Mackenzie SCHIRG	FR	#6 Gallaudet	30.89m	101-4	3/29
4	Isabella SEIBERT	FR	#4 Penn State Harri	30.04m	98-6¾	3/22
5	Martha WEAVER	SO	#3 Lancaster Bible	27.54m	90-4¼	4/12
6	Allison ROBINSON	SO	#3 Lancaster Bible {2}	24.72m	81-1¼	4/12
7	Symarah DREY	FR	#2 Cedar Crest {2}	22.34m	73-3½	4/12
8	Juliana OGRODOWSKI	JR	#5 Carlow (Pa.)	21.17m	69-5½	4/12
9	Safiya STIMELY	SO	#1 St. Mary's (Md.) {2}	19.38m	63-7	3/29
10	Faith GARBER	SO	#3 Lancaster Bible {3}	18.25m	59-10½	4/12

## Women's Heptathlon

1	34 Rocksann SMITH	FR	#1 St. Mary's (Md.)	3,772		4/12
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## Conference TFRI Event Summary



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as of 4/15/2025 8:32:44 AM ET

## Women's 100 Meters

1	Deanna TRUCKSESS	SR	#5 Northwestern-St	12.76	(2.0)	4/12
2	Catelyn KETTERLING	FR	#7 North Central (M	12.94w	(3.5)	4/5
3	Camille RING	SO	#4 Crown	12.96	(2.0)	4/12
4	Taryn ZELLMANN	FR	#6 Bethany Luthera	13.47	(1.8)	4/5
5	Aylie DAHL	SO	#1 UW-Superior	13.53w	(3.4)	4/5
6	Jazzmin CELIS	FR	#7 North Central (M{2}	13.59w	(3.5)	4/5
7	Nibras LUQMAN	JR	#3 Minnesota Morri	13.64w	(3.4)	4/5
8	Cora SCHMITZ	JR	#1 UW-Superior {2}	13.65w	(3.1)	4/12
9	Ruth BRUECKNER	JR	#4 Crown {2}	13.67	(-0.1)	4/12
10	Mariah SCHULTZ	FR	#2 Martin Luther	13.77w	(3.4)	4/5

## Women's 100 Meter Hurdles

1	Camille RING	SO	#4 Crown	16.23w	(2.8)	4/5
2	Hannah RODMYRE	FR	#2 Martin Luther	16.71	(1.9)	4/12
3	Joyce HORTON	FR	#7 North Central (M	16.88	(-0.8)	4/12
4	Summer HESSELD AHL	SO	#1 UW-Superior	16.96w	(2.5)	4/12
5	Mariah SCHULTZ	FR	#2 Martin Luther {2}	18.03	(1.7)	4/5
6	Eve ZIMMERMAN	FR	#3 Minnesota Morri	18.98	(0.9)	4/12
7	Keira HESSELD AHL	FR	#1 UW-Superior {2}	19.01	(0.7)	4/12
8	Grace POWERS	FR	#2 Martin Luther {3}	19.61w	(2.4)	3/28
9	Riley TOIVONEN	FR	#1 UW-Superior {3}	21.55	(1.5)	3/28

## Women's 200 Meters

1	Catelyn KETTERLING	FR	#7 North Central (M	26.78w	(2.9)	4/5
2	Deanna TRUCKSESS	SR	#5 Northwestern-St	26.82	(1.1)	4/12
3	Brycelyn BREWSTER	JR	#7 North Central (M{2}	27.10	(-0.1)	4/12
4	Camille RING	SO	#4 Crown	27.15	(1.7)	3/28
5	Mariah SCHULTZ	FR	#2 Martin Luther	27.62	(1.8)	4/12
6	Naomi FOLEY	JR	#2 Martin Luther {2}	27.73	(1.8)	4/12
7	Taryn ZELLMANN	FR	#6 Bethany Luthera	27.81	(0.7)	3/28
8	Alvine NJOUNANG	SO	#5 Northwestern-St{2}	27.87w	(3.4)	3/28
9	Riley PING	SO	#6 Bethany Luthera{2}	28.00w	(2.1)	4/5
10	Lily CISKE	FR	#7 North Central (M{3}	28.11	(-0.1)	4/12

## Women's 400 Meters

1	Grace MORAVCHIK	SO	#5 Northwestern-St	1:00.89		4/5
2	Emery MAKI	SO	#5 Northwestern-St{2}	1:01.89		4/5
3	Alvine NJOUNANG	SO	#5 Northwestern-St{3}	1:02.64		4/12
4	Brycelyn BREWSTER	JR	#7 North Central (M	1:02.90		4/5
5	Deanna TRUCKSESS	SR	#5 Northwestern-St{4}	1:03.92		4/5
6	Lindsey MORRISON	FR	#4 Crown	1:04.31		4/5
7	Taryn ZELLMANN	FR	#6 Bethany Luthera	1:04.47		4/12
8	Riley PING	SO	#6 Bethany Luthera{2}	1:04.55		3/28
9	Lily CISKE	FR	#7 North Central (M{2}	1:04.71		4/5
10	Naomi FOLEY	JR	#2 Martin Luther	1:05.10		3/28

## Women's 400 Meter Hurdles

1	41 Grace MORAVCHIK	SO	#5 Northwestern-St	1:04.86		4/12
2	Joyce HORTON	FR	#7 North Central (M	1:11.61		4/12
3	Emma NELSON	SR	#2 Martin Luther	1:11.82		4/12
4	Mariah SCHULTZ	FR	#2 Martin Luther {2}	1:16.71		3/28
5	Macie VANDENHEUVEL	JR	#2 Martin Luther {3}	1:18.42		4/12
6	Summer HESSELD AHL	SO	#1 UW-Superior	1:20.02		4/12
7	Eve ZIMMERMAN	FR	#3 Minnesota Morri	1:23.43		4/12
8	Keira HESSELD AHL	FR	#1 UW-Superior {2}	1:25.18		4/12
9	Kenzy KREUZER	SR	#1 UW-Superior {3}	1:25.50		3/28

## Women's 800 Meters

1	Emery MAKI	SO	#5 Northwestern-St	2:18.37		4/12
2	Ruth BRUECKNER	JR	#4 Crown	2:20.06		4/12
3	Ella DUFAULT	SO	#4 Crown {2}	2:21.33		3/28
4	Simone STEPHENS	SO	#1 UW-Superior	2:23.19		4/12
5	Meghan CORBETT	FR	#5 Northwestern-St{2}	2:25.37		4/12
6	Mia ARROYO	FR	#4 Crown {3}	2:26.48		4/12
7	Savi RAEL	SO	#7 North Central (M	2:27.33		4/12
8	Brycelyn BREWSTER	JR	#7 North Central (M{2}	2:27.81		4/12
9	Lindsey MORRISON	FR	#4 Crown {4}	2:29.36		3/28
10	Halle BARKER	SR	#1 UW-Superior {2}	2:31.28		4/12

## Women's 1500 Meters

1	Emery MAKI	SO	#5 Northwestern-St	4:52.46		4/5
2	Ella DUFAULT	SO	#4 Crown	4:52.98		3/28
3	Halle BARKER	SR	#1 UW-Superior	4:59.85		4/12
4	Ruth BRUECKNER	JR	#4 Crown {2}	5:00.26		3/28
5	Mia ARROYO	FR	#4 Crown {3}	5:10.39		3/28
6	Tea BOERNER	SR	#1 UW-Superior {2}	5:10.85		4/12
7	Jemimah HABBEN	FR	#2 Martin Luther	5:11.84		4/5
8	Cora HUDELLA	JR	#1 UW-Superior {3}	5:12.89		4/12
9	Meghan CORBETT	FR	#5 Northwestern-St{2}	5:14.11		4/5
10	Sarah FELSING	FR	#2 Martin Luther {2}	5:16.36		3/28

## Women's Steeplechase

1	61 Ella DUFAULT	SO	#4 Crown	11:26.00		4/12
2	Ruth BRUECKNER	JR	#4 Crown {2}	12:29.26		4/5
3	Olivia STANLEY	FR	#4 Crown {3}	13:00.58		4/12
4	Lilley SMITH	SO	#1 UW-Superior	13:00.93		4/12
5	Lindsey MORRISON	FR	#4 Crown {4}	13:04.51		4/5
6	Gracelyn FOSTER	FR	#4 Crown {5}	13:32.93		4/12
7	Jessica REDMAN	SO	#7 North Central (M	13:35.53		4/12
8	Lindsey HAUSE	FR	#3 Minnesota Morri	14:07.90		4/12
9	Callie MONTGOMERY	SR	#6 Bethany Luthera	14:18.54		4/12
10	Kenzy KREUZER	SR	#1 UW-Superior {2}	14:55.75		4/12





## Conference TFRI Event Summary



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## Women's 5000 Meters

1	Halle BARKER	SR	#1 UW-Superior	18:57.51	4/5
2	Simone STEPHENS	SO	#1 UW-Superior {2}	19:00.11	4/5
3	Emery MAKI	SO	#5 Northwestern-Si	19:05.85	3/28
4	Tea BOERNER	SR	#1 UW-Superior {3}	19:17.66	4/5
5	Cora HUDELLA	JR	#1 UW-Superior {4}	19:39.61	4/5
6	Jemimah HABBEN	FR	#2 Martin Luther	20:03.35	4/12
7	Sylvia PESCH	SO	#3 Minnesota Morri	20:08.04	4/5
8	Lilley SMITH	SO	#1 UW-Superior {5}	20:16.36	4/5
9	Mia ARROYO	FR	#4 Crown	20:26.53	3/28
10	Alicia ARREDONDO	FR	#5 Northwestern-Si{2}	22:10.13	4/12

## Women's 4x100 Relay

1	Mariah Schultz, Macie VanDenHeuvel, Hannah Rodmyre, Grace Powers	#2 Martin Luther	53.14	4/12
2	Bel Dimaze, Summer Hesseldahl, Lillianna Jones, Cora Schmitz	#1 UW-Superior	53.34	4/12
3	Emma Rowen, Taryn Zellmann, Samantha Kedsch, Riley Ping	#6 Bethany Luthera	53.64	4/5

## Women's 4x400 Relay

1	Ruth Brueckner, Mia Arroyo, Ella Dufault, Olivia Stanley	#4 Crown	4:17.00	4/12
2	Mariah Schultz, Naomi Foley, Hannah Rodmyre, Emma Nelson	#2 Martin Luther	4:21.61	4/12
3	Taylor DeCook, Simone Stephens, Scarlett Vanderscheuren, Tea Boerner	#1 UW-Superior	4:34.40	4/12

## Women's High Jump

1	Elena BRAUER	JR	#2 Martin Luther	1.50m	4-11	3/28
1	Naomi WALLACE	FR	#5 Northwestern-Si	1.50m	4-11	4/12
3	Ella SCHLEI	JR	#2 Martin Luther {2}	1.47m	4-9¾	4/12
4	Olivia STANLEY	FR	#4 Crown	1.45m	4-9	4/12
4	Bel DIMAZE	FR	#1 UW-Superior	1.45m	4-9	3/28
4	Trinity VERRETT	FR	#4 Crown	1.45m	4-9	3/28
7	Lily HUBBARD	FR	#5 Northwestern-Si{2}	1.35m	4-5	4/12
8	Riley TOIVONEN	FR	#1 UW-Superior {2}	1.28m	4-2¼	4/5
8	Lily CISKE	FR	#7 North Central (M	1.28m	4-2¼	4/5

## Women's Pole Vault

1	Brynna YORK	FR	#3 Minnesota Morri	2.90m	9-6¼	4/12
2	Kayela PUTNAM	FR	#1 UW-Superior	2.70m	8-10¼	4/12
3	Hannah HUTTON	FR	#1 UW-Superior {2}	2.67m	8-9	3/28
4	Siri OVERTURF	JR	#3 Minnesota Morri{2}	2.60m	8-6¼	4/5
4	Naomi FOLEY	JR	#2 Martin Luther	2.60m	8-6¼	4/5
6	Maggie LANDWER	SR	#3 Minnesota Morri{3}	2.30m	7-6½	4/5
6	Abbie HOUGH	SO	#4 Crown	2.30m	7-6½	4/5
6	McKenna NASH	SO	#1 UW-Superior {3}	2.30m	7-6½	4/5
9	Keira HESSELD AHL	FR	#1 UW-Superior {4}	2.25m	7-4½	4/12
10	Kenzy KREUZER	SR	#1 UW-Superior {5}	1.80m	5-10¾	4/12

## Women's Long Jump

1	Samantha KEDSCH	FR	#6 Bethany Luthera	5.09m	16-8½ (2.0)	3/28
2	Hannah RODMYRE	FR	#2 Martin Luther	5.07m	16-7¾ (0.6)	4/12
3	Stephanie WITBROD	SR	#6 Bethany Luthera{2}	5.05m	16-7 (-0.1)	4/12
4	Grace MORAVCHIK	SO	#5 Northwestern-Si	5.01mw	16-5¼ (3.2)	4/12
5	Summer HESSELD AHL	SO	#1 UW-Superior	4.96m	16-3¼ (1.9)	4/12
6	Aylie DAHL	SO	#1 UW-Superior {2}	4.80mw	15-9 (3.0)	4/12
7	Grace NONNEMACHER	FR	#1 UW-Superior {3}	4.75m	15-7 (0.0)	4/12
8	Bel DIMAZE	FR	#1 UW-Superior {4}	4.67m	15-4 (1.3)	4/12
9	Myla VOLK	JR	#1 UW-Superior {5}	4.45mw	14-7¼ (3.3)	4/12
10	Grace POWERS	FR	#2 Martin Luther {2}	4.44m	14-6¾ (-1.3)	4/12

## Women's Triple Jump

1	Joyce HORTON	FR	#7 North Central (M	10.61m	34-9¾ (0.8)	4/12
2	Aylie DAHL	SO	#1 UW-Superior	10.29mw	33-9¼ (2.4)	4/12
3	Myla VOLK	JR	#1 UW-Superior {2}	10.20mw	33-5¾ (2.4)	4/12
4	Hannah RODMYRE	FR	#2 Martin Luther	10.12m	33-2½ (2.0)	4/5
5	Samantha KEDSCH	FR	#6 Bethany Luthera	10.03m	32-11 (1.2)	4/5
6	Lily CISKE	FR	#7 North Central (M{2}	9.76mw	32-¼ (3.4)	4/12
7	Naomi FOLEY	JR	#2 Martin Luther {2}	9.19m	30-2 (1.4)	4/5
8	Macie VANDENHEUVEL	JR	#2 Martin Luther {3}	9.13m	29-11½ (0.0)	3/28

## Women's Shot Put

1	65 Stephanie WITBROD	SR	#6 Bethany Luthera	12.38m	40-7½	3/28
2	Natalie ENRIGHT	SO	#3 Minnesota Morri	11.66m	38-3¼	4/12
3	Sidney BADER	JR	#1 UW-Superior	11.17m	36-7¾	4/12
4	Kory WINDISH	FR	#1 UW-Superior {2}	11.10m	36-5	4/12
5	Elise NOLTE	JR	#2 Martin Luther	10.92m	35-10	4/5
6	Madelinn ROMSDAHL	JR	#2 Martin Luther {2}	10.74m	35-3	4/12
7	Amaya WILLIS	FR	#3 Minnesota Morri{2}	10.55m	34-7½	4/12
8	Emma NELSON	SR	#2 Martin Luther {3}	10.48m	34-4¾	4/12
9	Ella SCHLEI	JR	#2 Martin Luther {4}	10.14m	33-3¼	4/12
10	Leah DOMKE	JR	#2 Martin Luther {5}	9.71m	31-10¼	4/5





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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UMAC

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## Women's Discus

1	Amaya WILLIS	FR	#3 Minnesota Morri	37.49m	123-0	4/12
2	Jordan BJORK	JR	#3 Minnesota Morri{2}	35.97m	118-0	4/12
3	Madelinn ROMSDAHL	JR	#2 Martin Luther	35.75m	117-4	4/12
4	Kory WINDISH	FR	#1 UW-Superior	34.29m	112-6	4/12
5	Ella SCHLEI	JR	#2 Martin Luther {2}	33.41m	109-8	4/5
6	Leah DOMKE	JR	#2 Martin Luther {3}	31.83m	104-5	4/5
7	Natalie ENRIGHT	SO	#3 Minnesota Morri{3}	30.09m	98-8¾	4/12
8	Sidney BADER	JR	#1 UW-Superior {2}	29.90m	98-1¼	4/12
9	Isabel MILLER	FR	#1 UW-Superior {3}	29.80m	97-9¼	4/12
10	Elise NOLTE	JR	#2 Martin Luther {4}	29.36m	96-4	4/5

## Women's Hammer

1	58 Stephanie WITBROD	SR	#6 Bethany Luthera	47.58m	156-1	4/12
2	Sidney BADER	JR	#1 UW-Superior	40.70m	133-7	4/12
3	Siri OVERTURF	JR	#3 Minnesota Morri	39.95m	131-1	4/12
4	Amaya WILLIS	FR	#3 Minnesota Morri{2}	39.56m	129-10	4/12
5	Kat PLACIDO	SO	#3 Minnesota Morri{3}	37.08m	121-8	4/12
6	Elise NOLTE	JR	#2 Martin Luther	36.65m	120-3	4/5
7	Anna BRIGGS	SR	#3 Minnesota Morri{4}	36.17m	118-8	4/5
8	Madelinn ROMSDAHL	JR	#2 Martin Luther {2}	34.72m	113-11	4/5
9	Sydney COX	JR	#1 UW-Superior {2}	33.92m	111-4	4/12
10	Ella SCHLEI	JR	#2 Martin Luther {3}	33.68m	110-6	4/12

## Women's Javelin

1	62 Emily ASHTON	JR	#5 Northwestern-SI	36.69m	120-5	4/12
2	80 Sidney BADER	JR	#1 UW-Superior	36.07m	118-4	3/28
3	Jordan BJORK	JR	#3 Minnesota Morri	34.60m	113-6	4/5
4	Stephanie WITBROD	SR	#6 Bethany Luthera	32.64m	107-1	4/5
5	Madelinn ROMSDAHL	JR	#2 Martin Luther	31.36m	102-11	4/12
6	Elena BRAUER	JR	#2 Martin Luther {2}	30.04m	98-6¾	4/12
7	Rachel GROTH	SO	#2 Martin Luther {3}	27.78m	91-1¾	3/28
8	Natalie ENRIGHT	SO	#3 Minnesota Morri{2}	26.73m	87-8½	4/12
9	Paige DIEKMANN	JR	#3 Minnesota Morri{3}	26.04m	85-5¼	4/5
10	Riley TOIVONEN	FR	#1 UW-Superior {2}	21.86m	71-8¾	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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## USA South

as of 4/15/2025 8:32:44 AM ET

### Women's 100 Meters

1	6	Kamayah WOOTEN	SO	#6 North Carolina W	11.80w	(3.0)	4/5
2	8	Ti'asia BRYANT	SO	#6 North Carolina W{2}	11.82	(0.2)	4/12
3		KeSondra PICKETT	FR	#6 North Carolina W{3}	12.67	(0.4)	4/12
4		Sarah BARE	FR	#5 Brevard (N.C.)	12.73w	(2.3)	3/28
5		Mesiyah HOWELL	FR	#4 Pfeiffer	13.00	(0.4)	3/22
6		Abigail CLAYTON	FR	#2 Meredith	13.07	(-1.2)	4/12
7		Haylea Layne MILLER	SR	#5 Brevard (N.C.) {2}	13.09	(0.9)	4/12
8		Erykalyn NEAL	JR	#3 Methodist	13.14	(-0.6)	3/8
9		Maia HUNT	FR	#1 Southern Virgini	13.16	(1.1)	4/5
10		Imani SINGLETON	JR	#5 Brevard (N.C.) {3}	13.25	(1.8)	3/28

### Women's 100 Meter Hurdles

1		Flo TORRES	SR	#1 Southern Virgini	15.45w	(2.3)	3/29
2		Katena MORRISON	SO	#3 Methodist	16.35w	(3.5)	4/5
3		Shandrey ALLMAN	JR	#1 Southern Virgini{2}	16.59	(1.9)	4/5
4		Elizabeth FOSTER	FR	#5 Brevard (N.C.)	17.27w	(2.4)	3/28
5		Haylea Layne MILLER	SR	#5 Brevard (N.C.) {2}	17.69	(1.0)	3/22
6		Ellie-Reed ZIMMERMAN	FR	#2 Meredith	17.90	(1.6)	3/8
7		Avery MCMILLAN	FR	#2 Meredith {2}	18.35	(1.9)	4/5
8		ZiNiyah CANNON	FR	#4 Pfeiffer	21.24	(0.8)	3/22

### Women's 200 Meters

1	2	Kamayah WOOTEN	SO	#6 North Carolina W	23.74w	(2.5)	4/5
2	47	Ti'asia BRYANT	SO	#6 North Carolina W{2}	24.94	(0.0)	4/12
3		Mesiyah HOWELL	FR	#4 Pfeiffer	25.62w	(3.6)	4/5
4		Treasure ROSARIO-WATSON	JR	#3 Methodist	25.69	(0.3)	4/12
5		Abigail CLAYTON	FR	#2 Meredith	26.09	(1.2)	4/5
6		Sarah BARE	FR	#5 Brevard (N.C.)	26.45w	(3.1)	4/12
7		Abrianna CASAREZ	FR	#2 Meredith {2}	26.70w	(3.1)	4/5
8		Erykalyn NEAL	JR	#3 Methodist {2}	27.41	(-0.1)	3/29
9		Quierra HAWKINS	SR	#3 Methodist {3}	27.80	(0.1)	3/29
10		Maia HUNT	FR	#1 Southern Virgini	27.98	(-2.0)	3/22

### Women's 400 Meters

1	9	Kamayah WOOTEN	SO	#6 North Carolina W	55.81		4/12
2	82	Treasure ROSARIO-WATSON	JR	#3 Methodist	58.49		4/12
3		Channing BARKER	SR	#5 Brevard (N.C.)	59.07		4/4
4		Abigail CLAYTON	FR	#2 Meredith	59.55		4/5
5		Mesiyah HOWELL	FR	#4 Pfeiffer	59.68		3/29
6		Ti'asia BRYANT	SO	#6 North Carolina W{2}	1:00.90		3/8
7		Katelyn LENTZ	SO	#4 Pfeiffer {2}	1:02.04		3/22
8		Abrianna CASAREZ	FR	#2 Meredith {2}	1:02.07		4/5
9		KeSondra PICKETT	FR	#6 North Carolina W{3}	1:02.19		4/12
10		Ryan GERMAIN	FR	#4 Pfeiffer {3}	1:04.17		4/5

### Women's 400 Meter Hurdles

1		Flo TORRES	SR	#1 Southern Virgini	1:06.99		3/29
2		Katena MORRISON	SO	#3 Methodist	1:08.90		4/5
3		Abrianna CASAREZ	FR	#2 Meredith	1:11.18		4/12
4		Shandrey ALLMAN	JR	#1 Southern Virgini{2}	1:11.53		4/5
5		Haylea Layne MILLER	SR	#5 Brevard (N.C.)	1:12.09		4/12
6		Ellie-Reed ZIMMERMAN	FR	#2 Meredith {2}	1:18.71		4/12
7		ZiNiyah CANNON	FR	#4 Pfeiffer	1:20.33		4/12

### Women's 800 Meters

1	54	Heidi BARTON	JR	#1 Southern Virgini	2:15.93		4/12
2	56	Channing BARKER	SR	#5 Brevard (N.C.)	2:16.19		3/28
3		Katelyn LENTZ	SO	#4 Pfeiffer	2:24.98		3/29
4		Ryan GERMAIN	FR	#4 Pfeiffer {2}	2:29.84		3/29
5		Lilly DALEBOUT	SR	#1 Southern Virgini{2}	2:31.20		3/22
6		Izzy WALLEY	FR	#1 Southern Virgini{3}	2:31.90		4/12
7		Jasmine DE SOUZA	FR	#1 Southern Virgini{4}	2:34.13		4/12
8		Caitlin BROWN	JR	#2 Meredith	2:36.08		4/12
9		Delaney BUNDY	SO	#2 Meredith {2}	2:37.18		4/12
10		Hayley BORST	SO	#4 Pfeiffer {3}	2:43.59		4/12

### Women's 1500 Meters

1	79	Heidi BARTON	JR	#1 Southern Virgini	4:41.81		3/22
2		Channing BARKER	SR	#5 Brevard (N.C.)	4:53.26		3/22
3		Bayleigh REDD	SR	#1 Southern Virgini{2}	4:57.07		3/22
4		Caroline MOTLEY	SR	#7 Mary Baldwin	5:04.41		3/29
5		Nicky BLACK	FR	#7 Mary Baldwin {2}	5:06.24		4/11
6		Ryan GERMAIN	FR	#4 Pfeiffer	5:08.35		4/12
7		Katelyn LENTZ	SO	#4 Pfeiffer {2}	5:16.38		4/5
8		Jasmine DE SOUZA	FR	#1 Southern Virgini{3}	5:18.47		3/29
9		Delaney BUNDY	SO	#2 Meredith	5:24.36		4/12
10		Izzy WALLEY	FR	#1 Southern Virgini{4}	5:25.63		4/12

### Women's Steeplechase

1	67	Bayleigh REDD	SR	#1 Southern Virgini	11:29.10		3/22
2		Makayla BORST	SO	#4 Pfeiffer	12:57.95		4/12

### Women's 5000 Meters

1		Maddie HLADIK	SO	#4 Pfeiffer	18:17.97		4/12
2		Nicky BLACK	FR	#7 Mary Baldwin	18:36.86		3/22
3		Lilly DALEBOUT	SR	#1 Southern Virgini	18:45.36		4/12
4		Heidi BARTON	JR	#1 Southern Virgini{2}	18:54.80		3/22
5		Caroline MOTLEY	SR	#7 Mary Baldwin {2}	19:32.58		3/29
6		Channing BARKER	SR	#5 Brevard (N.C.)	19:43.71		4/4
7		Jasmine DE SOUZA	FR	#1 Southern Virgini{3}	19:59.93		4/12
8		Hayley BORST	SO	#4 Pfeiffer {2}	20:20.90		4/12
9		Laura BROWN	JR	#2 Meredith	21:14.56		4/12
10		Delaney BUNDY	SO	#2 Meredith {2}	21:44.36		3/29

### Women's 10,000 Meters

1		Lilly DALEBOUT	SR	#1 Southern Virgini	39:58.76		4/5
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



USA South

as of 4/15/2025 8:32:45 AM ET

## Women's 4x100 Relay

1	Erykalyne Neal, Treasure Rosario- watson, Quierra Hawkins, Kayleen Grullon	#3 Methodist	50.17	3/29
2	Serenity Jordan, Sarah Bare, Haylea Layne Miller, Imani Singleton	#5 Brevard (N.C.)	50.29	4/4
3	T'Miya Bryant, Ti'asia Bryant, KeSondra Pickett, Kamiyah Wooten	#6 North Carolina W	50.31	4/5
4	Shandrey Allman, Elise Curtis, Maia Hunt, Flo Torres	#1 Southern Virgini	50.37	3/22
5	Abigail Clayton, Natasha Elder, Maddie Morton, Abrianna Casarez	#2 Meredith	51.94	4/5
6	Mesiyah Howell, ZiNiyah Cannon, Ryan Germain, Katelyn Lentz	#4 Pfeiffer	53.94	4/12

## Women's 4x400 Relay

1	Maddie Morton, Natasha Elder, Abrianna Casarez, Abigail Clayton	#2 Meredith	4:17.66	4/12
2	Katelyn Lentz, Ryan Germain, Makayla Borst, Mesiyah Howell	#4 Pfeiffer	4:20.83	4/12
3	Serenity Jordan, Haylea Layne Miller, Kayla Jean, Channing Barker	#5 Brevard (N.C.)	4:22.46	4/12
4	#Type!	#6 North Carolina W	4:22.55	4/5
5	Treasure Rosario- watson, Patti Busch, Alexandria Wilborn, Katena Morrison	#3 Methodist	4:27.39	4/5

## Women's High Jump

1	8 Marin SIMONS	FR #1 Southern Virgini	1.66m	5-5¼	4/5
2	Jilane PEDERSEN	SR #1 Southern Virgini{2}	1.51m	4-11½	4/5
3	Elise CURTIS	SO #1 Southern Virgini{3}	1.45m	4-9	4/12
3	Kayleen GRULLON	FR #3 Methodist	1.45m	4-9	3/22
5	Elyssa HOLMAN	SO #1 Southern Virgini{4}	1.44m	4-8¾	3/22
6	Treasure ROSARIO- WATSON	JR #3 Methodist	{2} 1.40m	4-7	3/29
7	Avery MCMILLAN	FR #2 Meredith	1.25m	4-1¼	3/29

## Women's Pole Vault

1	Surraiya MAHMUD	FR #1 Southern Virgini	3.25m	10-8	4/5
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## Women's Long Jump

1	Imani SINGLETON	JR #5 Brevard (N.C.)	4.94m	16-2½ (-1.4)	4/4
2	KeSondra PICKETT	FR #6 North Carolina W	4.92m	16-1¾ (-1.7)	3/22
3	Elyssa HOLMAN	SO #1 Southern Virgini	4.72m	15-6 (0.1)	4/12
4	Kayleen GRULLON	FR #3 Methodist	4.71m	15-5½ (1.9)	3/8
4	Halona BRYANT	FR #2 Meredith	4.71m	15-5½ (0.2)	4/12
6	Andee NELSON	FR #1 Southern Virgini{2}	4.68m	15-4¼ (0.0)	4/12
7	Arriana WHITE	SO #3 Methodist	{2} 4.53m	14-10½ (0.0)	4/12
8	Elizabeth FOSTER	FR #5 Brevard (N.C.)	{2} 4.46m	14-7¾ (0.1)	4/4
9	Niya JOHNSON	SO #3 Methodist	{3} 4.25m	13-11½ (-0)	3/22
10	Jaelyne THORNTON	FR #2 Meredith	{2} 4.15m	13-7½ (1.3)	3/8

## Women's Triple Jump

1	31 Treasure ROSARIO- WATSON	JR #3 Methodist	11.45mw	37-6¾ (2.5)	4/5
2	KeSondra PICKETT	FR #6 North Carolina W	10.86m	35-7¾ (-2.4)	3/22
3	Imani SINGLETON	JR #5 Brevard (N.C.)	10.55m	34-7½ (0.0)	4/4
4	Kendall CARROLL	SO #2 Meredith	10.47m	34-4¼ (1.0)	3/8
5	Katena MORRISON	SO #3 Methodist	{2} 10.03mw	32-11 (2.1)	3/22
6	Elyssa HOLMAN	SO #1 Southern Virgini	9.72m	31-10¾ (1.1)	4/12
7	Halona BRYANT	FR #2 Meredith	{2} 8.98m	29-5½ (0.0)	4/12

## Women's Shot Put

1	Christian VAN NORDEN	SR #6 North Carolina W	12.03m	39-5¾	3/22
2	Surraiya MAHMUD	FR #1 Southern Virgini	11.14m	36-6¾	3/22
3	Athena MOWATT	SO #2 Meredith	11.06m	36-3½	4/5
4	Rebecca MCGAUGHNEA	SR #3 Methodist	10.34m	33-11¼	4/12
5	Paris BENNETT	SO #4 Pfeiffer	10.21m	33-6	4/12
6	KJ HENDERSON	SO #5 Brevard (N.C.)	9.82m	32-2¾	4/12
7	Carmin DAVIS	FR #3 Methodist	{2} 9.66m	31-8½	3/8
8	Makayla ANDERSON	SO #4 Pfeiffer	{2} 9.64m	31-7½	4/12
9	Maddie MORTON	FR #2 Meredith	{2} 8.44m	27-8¼	3/29
10	Samantha CARMICHAEL	SO #2 Meredith	{3} 8.02m	26-3¾	3/29

## Women's Discus

1	Paris BENNETT	SO #4 Pfeiffer	34.50m	113-2	4/12
2	Rebecca MCGAUGHNEA	SR #3 Methodist	33.51m	109-11	3/29
3	Hazel ALLEN	FR #1 Southern Virgini	30.10m	98-9	4/12
4	Makayla ANDERSON	SO #4 Pfeiffer	{2} 29.63m	97-2½	3/29
5	Surraiya MAHMUD	FR #1 Southern Virgini{2}	28.31m	92-10¾	4/12
6	Athena MOWATT	SO #2 Meredith	27.31m	89-7¼	3/29
7	Samantha CARMICHAEL	SO #2 Meredith	{2} 27.11m	88-11½	3/29
8	Mason RINKER	FR #7 Mary Baldwin	24.22m	79-5½	3/29
9	Carmin DAVIS	FR #3 Methodist	{2} 23.17m	76-¼	4/5
10	Jordan PECORELLA	SR #3 Methodist	{3} 22.71m	74-6¼	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #3, April 15



## USA South

as of 4/15/2025 8:32:45 AM ET

### Women's Hammer

1	Katrina GARDNER	SO	#1 Southern Virginia	39.99m	131-3	4/5
2	Rebecca MCGAUGHNEA	SR	#3 Methodist	37.23m	122-2	4/5
3	Kinsley BURRIS-WHITESIDES	FR	#5 Brevard (N.C.)	35.66m	117-0	3/28
4	Makayla ANDERSON	SO	#4 Pfeiffer	35.58m	116-9	3/22
5	Jordan PECORELLA	SR	#3 Methodist	{2} 35.15m	115-4	4/5
6	Hazel ALLEN	FR	#1 Southern Virginia	{2} 30.09m	98-8¾	3/22
7	Samantha CARMICHAEL	SO	#2 Meredith	29.58m	97-¾	3/29
8	Athena MOWATT	SO	#2 Meredith	{2} 27.42m	89-11½	4/12
9	Polosomo RHYNE	FR	#1 Southern Virginia	{3} 27.40m	89-10¾	4/12
10	Lamiyah MARTINEZ	SR	#7 Mary Baldwin	22.72m	74-6½	4/11

### Women's Javelin

1	92 Jilane PEDERSEN	SR	#1 Southern Virginia	35.56m	116-8	3/29
2	Andee NELSON	FR	#1 Southern Virginia	{2} 30.53m	100-2	3/29
3	Katrina GARDNER	SO	#1 Southern Virginia	{3} 28.40m	93-2¼	4/12
4	Athena MOWATT	SO	#2 Meredith	28.28m	92-9½	4/5
5	Hazel ALLEN	FR	#1 Southern Virginia	{4} 25.22m	82-9	4/12
6	Samantha CARMICHAEL	SO	#2 Meredith	{2} 24.48m	80-3¾	3/29
7	Alma GONZALEZ-HAYES	FR	#7 Mary Baldwin	24.11m	79-1¼	4/11
8	Christian VAN NORDEN	SR	#6 North Carolina V	23.60m	77-5¼	3/22
9	Caidyn BARRIGER	JR	#3 Methodist	22.57m	74-¾	4/12
10	KJ HENDERSON	SO	#5 Brevard (N.C.)	18.95m	62-2¼	4/12



## Conference TFRI Event Summary



WIAC

as of 4/15/2025 8:32:45 AM ET

## Women's 100 Meters

1	24	Kelly HUERTA	FR	#3 UW-Whitewater	12.04w	(2.4)	3/29
2	40	Julie YANG	FR	#1 UW-La Crosse	12.16w	(3.1)	4/5
3	50	Dakota MITCHELL	FR	#3 UW-Whitewater {2}	12.22	(-0.3)	4/4
3	50	Anika REILAND	SO	#1 UW-La Crosse {2}	12.22	(1.5)	4/5
5	57	Cici STENNETT	FR	#3 UW-Whitewater {3}	12.24	(1.0)	4/4
5	57	Allyson KAKES	SO	#2 UW-Eau Claire	12.24w	(2.8)	4/5
7	70	Lilly GAMACHE	SO	#4 UW-Stout	12.31	(2.0)	4/12
8	81	Hannah BILODEAU	JR	#3 UW-Whitewater {4}	12.34	(1.7)	3/29
8	81	Taylor MOLLING	SO	#1 UW-La Crosse {3}	12.34w	(3.1)	4/5
10	100	Elianna DALAMANGAS	SO	#8 UW-Platteville	12.38w	(3.5)	4/5

## Women's 100 Meter Hurdles

1	14	Hannah ZASTROW	SR	#4 UW-Stout	14.32	(-1.1)	4/12
2	32	Lilly ROBERTS	JR	#4 UW-Stout {2}	14.75	(-1.1)	4/12
3	39	Brie ECKERMAN	SO	#1 UW-La Crosse	14.87	(0.2)	4/12
4	42	Kaylie RATHS	SR	#4 UW-Stout {3}	14.89	(-1.1)	4/12
5	44	Emilee BOOKER	SR	#2 UW-Eau Claire	14.91w	(2.7)	4/5
6	47	Megan ZEMKE	FR	#1 UW-La Crosse {2}	14.97w	(3.6)	4/5
7	54	Regan SCOTT	FR	#1 UW-La Crosse {3}	15.02	(0.9)	4/12
8	59	Olivia NAVIN	FR	#1 UW-La Crosse {4}	15.07	(0.9)	4/12
9	61	Alexys SCHEUERELL	JR	#1 UW-La Crosse {5}	15.08	(0.2)	4/12
10	69	Amber GROSSE	JR	#1 UW-La Crosse {6}	15.17w	(2.3)	4/5

## Women's 200 Meters

1	9	Lauren JARRETT	JR	#1 UW-La Crosse	24.38	(-0.4)	4/12
2	42	Dakota MITCHELL	FR	#3 UW-Whitewater	24.88	(1.2)	4/12
3	56	Kelly HUERTA	FR	#3 UW-Whitewater {2}	25.02	(1.5)	3/29
4	64	Makenna ZAK	JR	#1 UW-La Crosse {2}	25.08	(1.2)	4/12
5	73	Anna PLAUTZ	SO	#1 UW-La Crosse {3}	25.15	(1.2)	4/12
6	90	Julie YANG	FR	#1 UW-La Crosse {4}	25.30	(-0.3)	4/12
7	93	Kylee GRABARSKI	JR	#2 UW-Eau Claire	25.32	(-0.3)	4/12
8	94	Hannah BILODEAU	JR	#3 UW-Whitewater {3}	25.33	(1.5)	3/29
9		Andrea GLAZ	SR	#5 UW-Oshkosh	25.36w	(2.8)	4/12
10		Anika REILAND	SO	#1 UW-La Crosse {5}	25.49	(-0.4)	4/12

## Women's 400 Meters

1	18	Anna PLAUTZ	SO	#1 UW-La Crosse	56.42		4/12
2	45	Kylee GRABARSKI	JR	#2 UW-Eau Claire	57.62		4/5
3	64	Morgan JENNINGS	JR	#1 UW-La Crosse {2}	58.09		4/12
4	69	Hannah BILODEAU	JR	#3 UW-Whitewater	58.21		4/12
5	79	Sarah GRUBBS	SO	#1 UW-La Crosse {3}	58.40		4/12
6	83	Ashley KELEHER	SR	#1 UW-La Crosse {4}	58.56		4/12
6	83	Maddy LAVOI	SO	#5 UW-Oshkosh	58.56		4/5
8	88	Macy REYBROCK	FR	#1 UW-La Crosse {5}	58.64		4/5
9	94	Mya CINNAMO	SO	#2 UW-Eau Claire {2}	58.79		4/5
10		Josephine YURS	FR	#8 UW-Platteville	59.01		4/12

## Women's 400 Meter Hurdles

1	11	Lilly ROBERTS	JR	#4 UW-Stout	1:02.46		4/12
2	24	Kaylie RATHS	SR	#4 UW-Stout {2}	1:03.63		4/12
3	37	McKenzie KRUSE	FR	#2 UW-Eau Claire	1:04.59		4/12
4	52	Mya CINNAMO	SO	#2 UW-Eau Claire {2}	1:05.25		4/12
5	56	Lauren DIMLER	JR	#2 UW-Eau Claire {3}	1:05.42		4/12
6	64	Megan LIEBERS	SO	#4 UW-Stout {3}	1:05.76		4/12
7	77	Gretchen MCNEAL	JR	#1 UW-La Crosse	1:06.13		4/12
8	79	Michaela DICK	SO	#2 UW-Eau Claire {4}	1:06.31		4/12
9	85	Brooklyn LAMERS	FR	#2 UW-Eau Claire {5}	1:06.43		4/5
10	98	Morgan SCHNELLE	SO	#1 UW-La Crosse {2}	1:06.85		4/12

## Women's 800 Meters

1	31	Libby GEISNESS	SR	#5 UW-Oshkosh	2:13.83		4/12
2	38	Macy REYBROCK	FR	#1 UW-La Crosse	2:14.34		4/12
3	40	Lauren JEX	JR	#2 UW-Eau Claire	2:14.51		4/12
4	63	Alli THOMAS	SO	#1 UW-La Crosse {2}	2:16.51		4/12
5	74	Kylie STOCKTON	JR	#1 UW-La Crosse {3}	2:16.99		4/12
6		Paige FASSBENDER	SR	#3 UW-Whitewater	2:18.45		4/12
7		Emma BOEGH	FR	#5 UW-Oshkosh {2}	2:18.86		4/12
8		Olivia STENZEL	JR	#5 UW-Oshkosh {3}	2:20.21		4/5
9		Cyna MADIGAN	SR	#5 UW-Oshkosh {4}	2:20.41		3/28
10		Katie ERB	JR	#3 UW-Whitewater {2}	2:20.55		4/4

## Women's 1500 Meters

1	44	Amelia LEHMAN	SR	#5 UW-Oshkosh	4:37.16		3/28
2	77	Libby GEISNESS	SR	#5 UW-Oshkosh {2}	4:41.78		4/5
3		Becca IMMER	SO	#1 UW-La Crosse	4:44.26		4/5
4		Katie ERB	JR	#3 UW-Whitewater	4:45.13		3/28
5		Ryana MATHIS	FR	#1 UW-La Crosse {2}	4:45.25		4/5
6		Ari DE LA CERDA	SR	#3 UW-Whitewater {2}	4:45.31		4/4
7		Lily HIGGINS	SO	#1 UW-La Crosse {3}	4:45.80		4/5
8		Breklyn LAMMERT	SR	#4 UW-Stout	4:47.63		4/12
9		McKayla FELTON	SR	#4 UW-Stout {2}	4:47.92		4/5
10		Kylie STOCKTON	JR	#1 UW-La Crosse {4}	4:48.96		4/5

## Women's Steeplechase

1	18	Becca IMMER	SO	#1 UW-La Crosse	11:01.26		3/28
2	24	Katelyn CHADWICK	SR	#1 UW-La Crosse {2}	11:09.00		3/28
3	69	Julia ZALEWSKI	FR	#1 UW-La Crosse {3}	11:30.00		4/5
4	73	Elizabeth SCHWARTZ	SO	#1 UW-La Crosse {4}	11:31.77		4/5
5	84	Bryn SATO	JR	#1 UW-La Crosse {5}	11:35.80		4/5
6		Hanna MARTENSEN	FR	#1 UW-La Crosse {6}	11:49.83		4/5
7		Olivia HEILMAN	FR	#1 UW-La Crosse {7}	11:52.84		4/5
8		Paige DAMMAN	FR	#1 UW-La Crosse {8}	12:07.13		4/5
9		Ella PAHL	JR	#1 UW-La Crosse {9}	12:09.89		4/5
10		Natalie JOHNSON	JR	#7 UW-Stevens Poir	12:10.06		4/4





## Conference TFRI Event Summary



WIAC

as of 4/15/2025 8:32:45 AM ET

## Women's 5000 Meters

1	13	Amelia LEHMAN	SR	#5 UW-Oshkosh	16:50.90	4/12
2	25	Ari DE LA CERDA	SR	#3 UW-Whitewater	17:05.25	4/12
3	49	McKayla FELTON	SR	#4 UW-Stout	17:22.42	4/12
4	66	Katelyn CHADWICK	SR	#1 UW-La Crosse	17:29.13	4/12
5	73	Claudia LASIOWSKI	SO	#4 UW-Stout	{2} 17:31.95	4/12
6	74	Olivia DONOHUE	SR	#4 UW-Stout	{3} 17:32.08	4/12
7	87	Reagan ZIMMERMAN	JR	#2 UW-Eau Claire	17:35.57	4/12
8	93	Keeley BEHR	JR	#2 UW-Eau Claire	{2} 17:38.00	4/12
9		Julia ZALEWSKI	FR	#1 UW-La Crosse	{2} 17:40.53	4/12
10		Becca IMMER	SO	#1 UW-La Crosse	{3} 17:45.10	4/12

## Women's 10,000 Meters

1	9	Lucy DUCHAC	JR	#1 UW-La Crosse	35:22.51	3/28
2	11	Madelynn MCINTYRE	SR	#1 UW-La Crosse	{2} 35:26.00	3/28
3	29	Brooklyn LUEBKE	SO	#1 UW-La Crosse	{3} 36:51.65	3/28
4	43	Mallory REISER	SO	#1 UW-La Crosse	{4} 37:32.31	3/28
5	62	Jamie CATANIA	JR	#5 UW-Oshkosh	38:11.36	3/28
6	70	Hannah FLISS	SR	#8 UW-Platteville	38:27.81	3/28
7	73	Ella HANSEN	SO	#3 UW-Whitewater	38:35.49	3/28
8		Allison VAN DER WEGEN	SO	#5 UW-Oshkosh	{2} 40:18.16	3/28
9		Gwen FEITL	JR	#5 UW-Oshkosh	{3} 40:42.12	3/28
10		MacKenzie DIX	JR	#5 UW-Oshkosh	{4} 42:12.11	3/28

## Women's 4x100 Relay

1	3	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett	#3 UW-Whitewater	46.03	4/12
2	4	Makenna Zak, Anika Reiland, Julie Yang, Lauren Jarrett	#1 UW-La Crosse	46.09	4/12
3	9	Hope Schueller, Allyson Kakes, Libby Huber, Sophia Crespo	#2 UW-Eau Claire	46.97	4/12
4	29	Jenna Driscoll, Lilly Gamache, Makayla Durango, Esme Irel	#4 UW-Stout	47.98	4/12
5	34	Haley Stannard, Elianna Dalamangas, Madison Ahrens, Kayla Lipsey	#8 UW-Platteville	48.13	4/12
6	91	Mel Princl, Madi Fisher, Grace Goodness, Adyn Theriault	#7 UW-Stevens Poir	49.77	4/4
7		Brianna Strehlau, Abigail Biggs, Kyla Kubera, Annika Gunderson	#6 UW-River Falls	50.49	4/12

## Women's 4x400 Relay

1	11	Emilee Booker, Mya Cinnamo, Lauren Jex, Kylee Grabarski	#2 UW-Eau Claire	3:50.61	4/12
2	30	Anika Reiland, Alli Thomas, Brie Eckerman, Sarah Grubbs	#1 UW-La Crosse	3:58.71	4/5
3	32	Libby Geisness, Cyna Madigan, Olivia Stenzel, Emma Boegh	#5 UW-Oshkosh	3:58.97	4/12
4	77	Jaimie Deschand, Kya Smith, Audrey Rabitz, Mel Princl	#7 UW-Stevens Poir	4:07.22	4/12
5	82	Paige Fassbender, Brynn Fuerstenberg, Katie Erb, Emma Henningfeld	#3 UW-Whitewater	4:08.21	4/4
6		Margaret Rusch, Lindsey Barnes, Zoe James, Josephine Yurs	#8 UW-Platteville	4:16.54	4/5
7		Brianna Strehlau, Alyson Jeurissen, Sidney Gronski, Issabella Jeurissen	#6 UW-River Falls	4:28.68	4/12

## Women's High Jump

1	8	Megan HUNT	SR	#5 UW-Oshkosh	1.66m	5-5¼	4/12
2	16	Emma GRUEN	SR	#2 UW-Eau Claire	1.64m	5-4½	4/5
3	38	Laura BERTRANG	SO	#2 UW-Eau Claire	{2} 1.60m	5-3	4/12
3	38	Hannah ZASTROW	SR	#4 UW-Stout	1.60m	5-3	4/12
3	38	Hailey CAMPBELL	SO	#8 UW-Platteville	1.60m	5-3	4/5
3	38	McKailey REISEN	FR	#2 UW-Eau Claire	{2} 1.60m	5-3	4/12
7	62	Zoe RODER	FR	#3 UW-Whitewater	1.59m	5-2½	3/29
7	62	Emily WILLIAMS	SR	#2 UW-Eau Claire	{4} 1.59m	5-2½	4/5
9		Abby BURR	SO	#3 UW-Whitewater	{2} 1.55m	5-1	4/12
9		Madeline ZIRBEL	JR	#7 UW-Stevens Poir	1.55m	5-1	3/28
9		Brynn FUERSTENBERG	JR	#3 UW-Whitewater	{2} 1.55m	5-1	4/4
9		Macie TODD	SR	#1 UW-La Crosse	1.55m	5-1	4/12
9		Danielle POUSKA	JR	#3 UW-Whitewater	{2} 1.55m	5-1	4/12
9		Izzy BENDER	FR	#1 UW-La Crosse	1.55m	5-1	4/12



## Conference TFRI Event Summary



WIAC

as of 4/15/2025 8:32:45 AM ET

## Women's Pole Vault

1	2	Gracie HOLLAND	SR	#3 UW-Whitewater	4.03m	13-2½	4/4
2	4	Maddy HABBERSTAD	SO	#1 UW-La Crosse	4.01m	13-1¾	4/12
3	6	Araceli DE LEO LOPEZ	JR	#1 UW-La Crosse	{2} 3.91m	12-10	4/5
4	12	Annika GUNDERSON	JR	#6 UW-River Falls	3.82m	12-6¼	4/12
5	20	Jackie BERGERON	FR	#1 UW-La Crosse	{3} 3.66m	12-0	4/12
5	20	Amanda VANCALSTER	FR	#1 UW-La Crosse	{3} 3.66m	12-0	4/12
7	25	Raegan SORENSEN	SR	#4 UW-Stout	3.60m	11-9¾	4/12
7	25	Leah ZASTROW	JR	#4 UW-Stout	3.60m	11-9¾	4/12
9	29	Abigail BIGGS	FR	#6 UW-River Falls	{2} 3.57m	11-8½	3/28
10	39	Marisa HARVEY	SO	#1 UW-La Crosse	{5} 3.51m	11-6¼	4/5
10	39	Emily SHAFRON	JR	#1 UW-La Crosse	{5} 3.51m	11-6¼	4/5
10	39	Haley BLAGDON	SR	#2 UW-Eau Claire	3.51m	11-6¼	4/12
10	39	Evelyn TROXEL	SO	#8 UW-Platteville	3.51m	11-6¼	4/12
10	39	Gabby PATTERSON	FR	#1 UW-La Crosse	{5} 3.51m	11-6¼	4/12

## Women's Long Jump

1	10	Maya EVANS	JR	#1 UW-La Crosse	5.77mw	18-11¼ (2.2)	4/5
2	18	Megan HUNT	SR	#5 UW-Oshkosh	5.68m	18-7¾ (1.7)	4/12
3	25	Jenna MILLER	JR	#1 UW-La Crosse	{2} 5.62m	18-5¼ (1.5)	4/11
3	25	Jenna DRISCOLL	SR	#4 UW-Stout	5.62mw	18-5¼ (2.1)	4/5
5	55	Ashley DAVIES	SO	#1 UW-La Crosse	{3} 5.44mw	17-10¼ (3.3)	4/5
6	61	Josie BLUM	SO	#1 UW-La Crosse	{4} 5.42mw	17-9½ (2.8)	4/5
7	67	Anna THALER	FR	#2 UW-Eau Claire	5.40m	17-8¾ (1.3)	4/12
8	70	Becca HANSEN	SO	#4 UW-Stout	{2} 5.37mw	17-7½ (3.6)	4/12
9	73	Audrey BRAUN	JR	#1 UW-La Crosse	{5} 5.36mw	17-7 (2.4)	4/5
9	73	Lindsey TAYLOR	SO	#7 UW-Stevens Poir	5.36m	17-7 (1.7)	3/28
9	73	Alexys SCHEUERELL	JR	#1 UW-La Crosse	{5} 5.36m	17-7 (1.9)	4/5

## Women's Triple Jump

1	26	Mackenzey KRONBERG	JR	#1 UW-La Crosse	11.50m	37-8¾ (1.8)	4/5
2	36	Maya EVANS	JR	#1 UW-La Crosse	{2} 11.37m	37-3¾ (0.3)	4/12
3	41	Anna THALER	FR	#2 UW-Eau Claire	11.34mw	37-2½ (2.1)	4/5
4	76	Elianna DALAMANGAS	SO	#8 UW-Platteville	10.97m	36-0 (0.5)	4/12
5	78	Ally AMUNDSON	JR	#4 UW-Stout	10.95mw	35-11¼ (3.1)	4/5
5	78	Lexie WEIER	JR	#3 UW-Whitewater	10.95m	35-11¼ (1.0)	3/29
7	84	Ashley DAVIES	SO	#1 UW-La Crosse	{3} 10.92m	35-10 (0.8)	4/12
8	89	Isabelle JAENICKE	FR	#4 UW-Stout	{2} 10.91m	35-9½ (1.5)	4/12
9	92	Josie BLUM	SO	#1 UW-La Crosse	{4} 10.90m	35-9¼ (0.7)	4/12
10	98	Jaden HACKEL	FR	#1 UW-La Crosse	{5} 10.87m	35-8 (0.0)	4/12

## Women's Shot Put

1	4	Brenna NOON	SR	#8 UW-Platteville	14.00m	45-11¼	4/12
2	10	Madilyn VANDER SANDEN	SO	#1 UW-La Crosse	13.53m	44-4¾	4/12
3	11	Brenna MASLOROFF	SR	#5 UW-Oshkosh	13.49m	44-3¼	4/12
4	23	Kenni CZARNECKI	SR	#3 UW-Whitewater	13.09m	42-11½	3/29
5	45	Lupe CORN	SR	#7 UW-Stevens Poir	12.66m	41-6½	4/4
6	54	Carly HUELSKAMP	FR	#5 UW-Oshkosh	{2} 12.56m	41-2½	4/12
7	74	Lincoln WELLSMITH	JR	#4 UW-Stout	12.25m	40-2¼	4/5
8	79	Samantha KLANN	JR	#8 UW-Platteville	{2} 12.21m	40-¾	4/12
9	90	Aubree KOENINGS	SO	#4 UW-Stout	{2} 12.11m	39-8¾	4/5
10	99	Addy MOSELER	FR	#1 UW-La Crosse	{2} 12.04m	39-6	4/12

## Women's Discus

1	8	Ryleigh CZARNECKI	SO	#3 UW-Whitewater	46.00m	150-11	3/29
2	11	Kayla BEHNKE	SR	#2 UW-Eau Claire	45.14m	148-1	4/12
3	16	Aubree KOENINGS	SO	#4 UW-Stout	44.43m	145-9	4/5
4	43	Kenni CZARNECKI	SR	#3 UW-Whitewater	{2} 41.55m	136-4	4/12
5	59	Teagan JONES	SR	#2 UW-Eau Claire	{2} 40.41m	132-7	4/12
6	67	Georgia MUNDT	FR	#6 UW-River Falls	40.02m	131-4	3/28
7	72	Sydney TORGERSON	SO	#1 UW-La Crosse	39.68m	130-2	4/5
8	81	Madison LEIFER	FR	#6 UW-River Falls	{2} 39.38m	129-3	3/28
9	84	Bella HARRIMAN	JR	#7 UW-Stevens Poir	39.32m	129-0	4/4
10	96	Brooke BAUMANN	JR	#4 UW-Stout	{2} 38.64m	126-9	4/5
10	96	Grace SCHMIDT	FR	#4 UW-Stout	{2} 38.64m	126-9	4/12

## Women's Hammer

1	3	Brenna MASLOROFF	SR	#5 UW-Oshkosh	57.52m	188-9	4/12
2	8	Teagan JONES	SR	#2 UW-Eau Claire	53.21m	174-7	4/12
3	12	Kayla BEHNKE	SR	#2 UW-Eau Claire	{2} 51.47m	168-11	4/12
4	18	Kenni CZARNECKI	SR	#3 UW-Whitewater	50.80m	166-8	4/4
5	32	Aubree KOENINGS	SO	#4 UW-Stout	49.84m	163-6	4/12
6	50	Madilyn VANDER SANDEN	SO	#1 UW-La Crosse	48.43m	158-11	4/12
7	53	Bobbi BLAHNIK	SR	#5 UW-Oshkosh	{2} 48.07m	157-9	4/12
8	66	Kendall THURSTON	SO	#2 UW-Eau Claire	{3} 47.25m	155-0	4/12
9	72	Jadyn RODEN	FR	#1 UW-La Crosse	{2} 46.87m	153-9	4/12
10	77	Ella PULS	JR	#1 UW-La Crosse	{3} 46.22m	151-8	4/12

## Women's Javelin

1	5	Gabby JOHNSON	SR	#1 UW-La Crosse	42.89m	140-9	4/5
2	38	Ella PULS	JR	#1 UW-La Crosse	{2} 38.19m	125-4	4/5
3	49	Laura BERTRANG	SO	#2 UW-Eau Claire	37.25m	122-3	4/12
4	79	Jordan SHAMION	SR	#7 UW-Stevens Poir	36.09m	118-5	4/4
5	91	Raegan SORENSEN	SR	#4 UW-Stout	35.60m	116-10	4/5
6	95	Amber GROSSE	JR	#1 UW-La Crosse	{3} 35.41m	116-2	4/12
7		Emily WILLIAMS	SR	#2 UW-Eau Claire	{2} 35.24m	115-8	4/5
8		Lindsey TAYLOR	SO	#7 UW-Stevens Poir	{2} 34.73m	114-0	4/12
9		Jessica KEMSTRA	SR	#2 UW-Eau Claire	{3} 33.29m	109-3	4/5
10		Delanee KLAAS	JR	#8 UW-Platteville	32.77m	107-6	4/5

## Women's Heptathlon

1	3	Megan HUNT	SR	#5 UW-Oshkosh	4,804		4/12
2	28	Haylie RASMUSSEN	SO	#6 UW-River Falls	3,827		3/21
3	38	Brielle KUECHLE	FR	#6 UW-River Falls	{2} 3,734		3/21
4	40	Halle MEYER	SO	#5 UW-Oshkosh	{2} 3,631		4/12
5	43	Anna BUBOLZ	SR	#5 UW-Oshkosh	{3} 3,497		4/12
6	50	Lauren MACHACEK	FR	#6 UW-River Falls	{3} 3,391		3/21
7	55	Savannah LEOPOLD	SO	#6 UW-River Falls	{4} 3,293		3/21
8	72	Katherine BRAUN	FR	#5 UW-Oshkosh	{4} 3,135		4/12
9	76	Jacklyn TEPLEY	FR	#6 UW-River Falls	{5} 3,064		3/21
10	92	Elena FUGLESTAD	SO	#6 UW-River Falls	{6} 2,751		3/21