



WOMEN — 2025 Checkpoint #3, April 15

EAST			
Current	Team	Score	Last Week
1	Tufts	1035.01	1
2	MIT	1028.53	2
3	Bowdoin	437.86	4 ▲ 1
4	Bates	416.73	5 ▲ 1
5	Colby	414.44	3 ▼ 2
6	Bridgewater State	313.01	8 ▲ 2
7	Gordon (Mass.)	273.79	6 ▼ 1
8	Southern Maine	270.16	10 ▲ 2
9	WPI	256.75	9
10	Brandeis	232.91	7 ▼ 3
11	Wheaton (Mass.)	178.87	11
12	Endicott	164.22	12
13	UMass Boston	131.38	14 ▲ 1
14	Wellesley	120.21	25 ▲ 11
15	UMass Dartmouth	119.56	16 ▲ 1

GREAT LAKES			
Current	Team	Score	Last Week
1	Mount Union	553.50	3 ▲ 2
2	Ohio Northern	553.01	1 ▼ 1
3	Calvin	539.04	2 ▼ 1
4	DePauw	425.85	4
5	John Carroll	392.15	13 ▲ 8
6	Centre	337.88	6
7	Wittenberg	327.27	5 ▼ 2
8	Case Western Reserve	288.23	7 ▼ 1
9	Allegheny (Pa.)	262.05	9
10	Hope	246.09	10
11	Ohio Wesleyan	222.72	8 ▼ 3
12	Baldwin Wallace	212.66	12
13	Trine	205.68	11 ▼ 2
14	Wilmington (Ohio)	181.64	14
15	Denison	148.63	15

METRO			
Current	Team	Score	Last Week
1	Rowan	652.39	1
2	TCNJ	646.64	3 ▲ 1
3	Moravian	601.34	4 ▲ 1
4	Stockton	562.68	2 ▼ 2
5	Widener	464.46	7 ▲ 2
6	Swarthmore	428.48	6
7	Stevens	418.15	5 ▼ 2
8	DeSales	305.87	8
9	Eastern (Pa.)	249.37	10 ▲ 1
10	Ursinus	246.30	11 ▲ 1
11	Montclair State	237.75	9 ▼ 2
12	Drew	172.55	12
13	Muhlenberg	169.01	15 ▲ 2
14	Haverford	161.42	13 ▼ 1
15	Arcadia	144.32	14 ▼ 1

MID-ATLANTIC			
Current	Team	Score	Last Week
1	Johns Hopkins	1169.16	1
2	Scranton	401.49	6 ▲ 4
3	Carnegie Mellon	388.29	3
4	Grove City	367.49	2 ▼ 2
5	Lebanon Valley	336.22	5
6	Salisbury	316.97	4 ▼ 2
7	Dickinson	306.62	8 ▲ 1
8	King's College (Pa.)	301.36	7 ▼ 1
9	Westminster (Pa.)	272.04	9
10	Elizabethtown	252.31	10
11	Susquehanna	236.67	12 ▲ 1
12	Misericordia	197.98	11 ▼ 1
13	Gettysburg	163.20	13
14	Juniata	162.30	14
15	York (Pa.)	147.52	15

MIDEAST			
Current	Team	Score	Last Week
1	Williams	1076.76	1
2	Middlebury	863.85	2
3	Amherst	804.96	3
4	RPI	477.46	9 ▲ 5
5	Connecticut College	350.64	4 ▼ 1
6	Coast Guard	306.45	7 ▲ 1
7	Springfield (Mass.)	282.27	5 ▼ 2
8	Vassar	266.98	6 ▼ 2
9	Rhode Island College	251.54	8 ▼ 1
10	Hartford	229.67	10
11	Trinity (Conn.)	163.79	11
12	Roger Williams	162.94	13 ▲ 1
13	Eastern Connecticut S	158.92	14 ▲ 1
14	Westfield State	131.68	12 ▼ 2
15	Wesleyan (Conn.)	130.66	15

MIDWEST			
Current	Team	Score	Last Week
1	Washington (Mo.)	1057.02	1
2	Wartburg	636.54	2
3	Chicago	576.07	3
4	Elmhurst	427.91	4
5	Loras	412.59	6 ▲ 1
6	Nebraska Wesleyan	374.41	11 ▲ 5
7	North Central (Ill.)	349.15	5 ▼ 2
8	Augustana (Ill.)	302.62	8
9	Central (Iowa)	278.52	7 ▼ 2
10	Illinois Wesleyan	255.46	12 ▲ 2
11	Greenville	248.16	9 ▼ 2
12	Dubuque	181.04	10 ▼ 2
13	Simpson (Iowa)	154.44	14 ▲ 1
14	Monmouth (Ill.)	140.39	15 ▲ 1
15	North Park	133.81	16 ▲ 1

NIAGARA			
Current	Team	Score	Last Week
1	SUNY Geneseo	941.94	1
2	Ithaca	686.75	2
3	Rochester (N.Y.)	518.80	3
4	St. John Fisher	476.66	6 ▲ 2
5	NYU	453.21	12 ▲ 7
6	SUNY Cortland	426.26	4 ▼ 2
7	SUNY Brockport	426.01	8 ▲ 1
8	Nazareth	370.27	10 ▲ 2
9	RIT	336.73	7 ▼ 2
10	Hamilton	301.59	5 ▼ 5
11	Utica	199.47	11
12	SUNY Oneonta	181.25	9 ▼ 3
13	SUNY Delhi	176.53	13
14	Houghton	162.75	14
15	Alfred State	106.76	15

NORTH			
Current	Team	Score	Last Week
1	UW-La Crosse	1349.13	1
2	UW-Eau Claire	593.49	2
3	UW-Whitewater	494.91	3
4	UW-Stout	471.11	5 ▲ 1
5	UW-Oshkosh	462.44	4 ▼ 1
6	Bethel (Minn.)	361.04	9 ▲ 3
7	Concordia Moorhead	281.21	17 ▲ 10
8	Carthage	241.40	7 ▼ 1
9	Gustavus Adolphus	209.81	11 ▲ 2
10	Saint Benedict	196.74	6 ▼ 4
11	Ripon	182.43	10 ▼ 1
12	Concordia Wisconsin	174.49	14 ▲ 2
13	UW-Platteville	163.56	15 ▲ 2
14	St. Olaf	163.47	18 ▲ 4
15	UW-River Falls	153.45	8 ▼ 7

SOUTH			
Current	Team	Score	Last Week
1	Emory	1183.40	1
2	Washington and Lee	555.32	2
3	Berry	524.76	3
4	Lynchburg	489.51	4
5	Catholic (D.C.)	364.95	6 ▲ 1
6	Bridgewater (Va.)	346.33	5 ▼ 1
7	Roanoke	273.89	7
8	Christopher Newport	256.48	10 ▲ 2
9	Rhodes	185.01	9
10	Southern Virginia	184.40	8 ▼ 2
11	North Carolina Wesley	169.36	11
12	Belhaven (Miss.)	158.92	12
13	Oglethorpe	156.48	13
14	Randolph	146.81	16 ▲ 2
15	Virginia Wesleyan	145.87	17 ▲ 2



Regional TFRI Team Summary

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Current	Team	Score	Last Week
1	George Fox	595.03	1
2	Trinity (Texas)	463.76	4 ▲ 2
3	Whitworth	462.83	3
4	Claremont-Mudd-Scri	428.36	2 ▼ 2
5	Colorado College	426.65	6 ▲ 1
6	Chapman	398.85	7 ▲ 1
7	Redlands (Calif.)	371.33	5 ▼ 2
8	Pomona-Pitzer	357.20	8
9	McMurry	345.66	11 ▲ 2
10	Willamette	331.48	10
11	UC Santa Cruz	250.53	9 ▼ 2
12	Occidental	245.99	12
13	Lewis & Clark	199.60	16 ▲ 3
14	St. Thomas (Texas)	197.29	13 ▼ 1
15	Hardin-Simmons	190.16	17 ▲ 2