



## Conference TFRI Event Summary



AEC

as of 4/22/2025 12:03:56 AM ET

## Women's 100 Meters

1	Fanta DUKULY	FR	#5	Gwynedd Mercy	12.75	(1.5)	4/12
2	Aniyah HOLMES	SO	#6	Neumann	13.04	(0.3)	4/19
3	Ilana HAWKINS	SO	#2	Marymount (Va.)	13.22	(-4.2)	4/19
4	Kate NOLAN	FR	#4	Pratt Institute	13.51w	(2.1)	3/29
5	Mary STEINBICKER	JR	#3	Immaculata	13.59	(0.2)	4/5
6	Siena SUJITNO	SR	#4	Pratt Institute {2}	13.60	(1.3)	3/29
7	Abby MEGOTZ	SO	#1	Marywood	13.65	(-0.6)	4/4
8	Emerson ABER	SO	#2	Marymount (Va.) {2}	13.74	(-0.5)	4/5
9	Kalie FERNANDEZ	FR	#1	Marywood {2}	13.86w	(2.6)	4/19
10	Gianna MANLEY-PEREZ	SO	#6	Neumann {2}	14.21	(-1.0)	4/17

## Women's 100 Meter Hurdles

1	62 Deziree CONKLIN	SR	#2	Marymount (Va.)	15.01	(0.5)	4/14
2	Natalie O'NEILL	SR	#5	Gwynedd Mercy	18.24	(-1.6)	3/22
3	Brooke SCHREFFLER	FR	#4	Pratt Institute	19.06w	(2.5)	3/29
4	Emma WAGNER	SR	#1	Marywood	20.43	(-0.4)	4/19
5	Kayla GALVAN	SR	#4	Pratt Institute {2}	22.50	(1.1)	3/29

## Women's 200 Meters

1	Ilana HAWKINS	SO	#2	Marymount (Va.)	25.64w	(3.7)	4/14
2	Abby MEGOTZ	SO	#1	Marywood	26.67w	(2.6)	4/14
3	Aniyah HOLMES	SO	#6	Neumann	26.72	(0.2)	4/19
4	Fanta DUKULY	FR	#5	Gwynedd Mercy	26.82	(1.2)	4/5
5	Deziree CONKLIN	SR	#2	Marymount (Va.) {2}	27.20	(0.2)	3/15
6	Mary STEINBICKER	JR	#3	Immaculata	28.11	(-0.8)	3/29
7	Emerson ABER	SO	#2	Marymount (Va.) {3}	28.49	(-0.8)	3/29
8	Ava EZZIE	FR	#5	Gwynedd Mercy {2}	28.67	(-0.7)	3/29
9	Kalie FERNANDEZ	FR	#1	Marywood {2}	29.20	(-0.2)	3/29
10	Gianna MANLEY-PEREZ	SO	#6	Neumann {2}	29.85	(0.3)	4/19

## Women's 400 Meters

1	77 Ilana HAWKINS	SO	#2	Marymount (Va.)	57.84		3/29
2	Abby MEGOTZ	SO	#1	Marywood	1:01.32		4/14
3	Deziree CONKLIN	SR	#2	Marymount (Va.) {2}	1:01.51		3/15
4	Mary STEINBICKER	JR	#3	Immaculata	1:01.83		3/29
5	Aniyah HOLMES	SO	#6	Neumann	1:02.23		3/29
6	Jayla GROSS	SO	#3	Immaculata {2}	1:03.39		3/29
7	Ava EZZIE	FR	#5	Gwynedd Mercy	1:04.82		4/12
8	Kalie FERNANDEZ	FR	#1	Marywood {2}	1:07.22c	(1:08.11)	4/19
9	Kate NOLAN	FR	#4	Pratt Institute	1:07.69		4/12
10	Fanta DUKULY	FR	#5	Gwynedd Mercy {2}	1:07.88		3/29

## Women's 400 Meter Hurdles

1	65 Deziree CONKLIN	SR	#2	Marymount (Va.)	1:05.30		4/14
2	Abby MEGOTZ	SO	#1	Marywood	1:13.28		4/19
3	Natalie O'NEILL	SR	#5	Gwynedd Mercy	1:17.30		4/12
4	Kyla SALEEM	SR	#1	Marywood {2}	1:21.66		4/19
5	Emma WAGNER	SR	#1	Marywood {3}	1:29.84		4/19

## Women's 800 Meters

1	Abby HUGHES	SO	#2	Marymount (Va.)	2:28.86		4/5
2	Milana STRAUB	SR	#1	Marywood	2:29.35		3/29
3	Mary STEINBICKER	JR	#3	Immaculata	2:30.12		3/23
4	Jayla GROSS	SO	#3	Immaculata {2}	2:33.20		4/5
5	Aubrey DONAHUE	SO	#3	Immaculata {3}	2:35.49		4/5
6	Madeleine PARE	JR	#2	Marymount (Va.) {2}	2:37.34		4/5
7	Ava EZZIE	FR	#5	Gwynedd Mercy	2:38.31		4/5
8	Abigail ADAMSKY	FR	#1	Marywood {2}	2:39.01		3/29
9	Gabrielle SNEE	SR	#1	Marywood {3}	2:46.45		3/29
10	Sarah CAWLEY	SR	#4	Pratt Institute	2:47.49		3/29

## Women's 1500 Meters

1	Milana STRAUB	SR	#1	Marywood	4:51.15		3/29
2	Aubrey DONAHUE	SO	#3	Immaculata	5:09.54		4/5
3	Abby HUGHES	SO	#2	Marymount (Va.)	5:16.41		4/14
4	Madeleine PARE	JR	#2	Marymount (Va.) {2}	5:23.49		3/22
5	Jayla GROSS	SO	#3	Immaculata {2}	5:25.19		3/29
6	Giovanna LISA	JR	#4	Pratt Institute	5:34.83		4/12
7	Gabrielle SNEE	SR	#1	Marywood {2}	5:40.40		3/29
8	Bella AUCHENBACH	JR	#1	Marywood {3}	5:45.44		3/29
9	Gabrielle WEIRSKY	JR	#2	Marymount (Va.) {3}	5:52.50		4/5
10	Abigail ADAMSKY	FR	#1	Marywood {4}	5:54.10		3/22

## Women's Steeplechase

1	78 Milana STRAUB	SR	#1	Marywood	11:29.35		4/4
2	Madeleine PARE	JR	#2	Marymount (Va.)	13:09.26		4/5
3	Gabrielle SNEE	SR	#1	Marywood {2}	13:27.27		4/4
4	Abby HUGHES	SO	#2	Marymount (Va.) {2}	14:08.80		4/5

## Women's 5000 Meters

1	Milana STRAUB	SR	#1	Marywood	17:53.99		4/14
2	Brier AMERLINCK	SO	#2	Marymount (Va.)	18:42.14		4/5
3	Aubrey DONAHUE	SO	#3	Immaculata	18:49.48		4/12
4	Paige REDMAN	JR	#1	Marywood {2}	20:29.62		4/4
5	Bella AUCHENBACH	JR	#1	Marywood {3}	21:23.23c	(21:33.05)	4/19
6	Gabrielle WEIRSKY	JR	#2	Marymount (Va.) {2}	21:30.93		3/22
7	Gabrielle SNEE	SR	#1	Marywood {4}	22:24.29		3/22
8	Cassandra JULIANO	FR	#1	Marywood {5}	22:51.62		4/4
9	Breanne DYMEK	FR	#3	Immaculata {2}	22:53.64		3/23
10	Elizabeth DELACORTE	FR	#2	Marymount (Va.) {3}	23:01.79		3/22

## Women's 10,000 Meters

1	96 Brier AMERLINCK	SO	#2	Marymount (Va.)	38:39.53		4/14
2	Milana STRAUB	SR	#1	Marywood	39:28.16		4/19
3	Aubrey DONAHUE	SO	#3	Immaculata	39:51.08		3/29
4	Bella AUCHENBACH	JR	#1	Marywood {2}	44:27.10		4/4
5	Paige REDMAN	JR	#1	Marywood {3}	44:29.27		4/19
6	Gabrielle WEIRSKY	JR	#2	Marymount (Va.) {2}	44:29.65		3/29
7	Gabrielle SNEE	SR	#1	Marywood {4}	45:30.48		4/19
8	Breanne DYMEK	FR	#3	Immaculata {2}	48:17.36		3/29
9	Elizabeth DELACORTE	FR	#2	Marymount (Va.) {3}	48:39.94		3/29



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



AEC

as of 4/22/2025 12:03:57 AM ET

## Women's 4x100 Relay

1	Marisa Roscetti, Ilana Hawkins, Emerson Aber, Deziree Conklin	#2 Marymount (Va.)	51.69	4/19
2	Siena Sujitno, Kayla Galvan, Kaeden Green, Kate Nolan	#4 Pratt Institute	52.90	3/29
3	Brigid McCluskey, Natalie O'Neill, Ava Ezzie, Fanta Dukuly	#5 Gwynedd Mercy	54.06	3/29
4	Kalie Fernandez, Emma Wagner, Brooke Barwick, Abby Megotz	#1 Marywood	54.34	4/19
5	#Type!	#3 Immaculata	57.29	4/5

## Women's 4x400 Relay

1	Ilana Hawkins, Madeleine Pare, Abby Hughes, Deziree Conklin	#2 Marymount (Va.)	4:23.24	3/15
2	#Type!	#1 Marywood	4:28.26	3/29
3	Shannon Barycki, Jayla Gross, Mary Steinbicker, Jillian Humphries	#3 Immaculata	4:42.23	3/23
4	#Type!	#5 Gwynedd Mercy	4:47.20	4/5
5	Sahdahya Addy, Aniyah Holmes, Quinaya Barker, Neshaya Overton	#6 Neumann	4:55.17	3/23
6	Sarah Cawley, Lili Gadret, Alyssa Trujillo, Giovanna Lisa	#4 Pratt Institute	5:04.67	4/5

## Women's High Jump

1	Jillian HUMPHRIES	SR	#3 Immaculata	1.42m	4-7¾	3/23
2	Marissa MARTIN	SO	#1 Marywood	1.32m	4-4	4/15
3	Natalie O'NEILL	SR	#5 Gwynedd Mercy	1.31m	4-3½	4/12
4	Brigid MCCLUSKEY	SO	#5 Gwynedd Mercy {2}	1.27m	4-2	3/22
4	Kalie FERNANDEZ	FR	#1 Marywood {2}	1.27m	4-2	4/15
6	Esther PAZ	FR	#2 Marymount (Va.)	1.26m	4-1½	4/19

## Women's Pole Vault

1	Esther PAZ	FR	#2 Marymount (Va.)	2.74m	8-11¾	4/5
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## Women's Long Jump

1	Deziree CONKLIN	SR	#2 Marymount (Va.)	5.16mw	16-11¼ (2.4)	3/22
2	Kaeden GREEN	FR	#4 Pratt Institute	5.10m	16-8¾ (0.7)	3/29
3	Sahdahya ADDY	JR	#6 Neumann	5.03m	16-6 (0.0)	3/29
4	Natalie O'NEILL	SR	#5 Gwynedd Mercy	4.88m	16-¼ (0.0)	3/22
5	Marissa MARTIN	SO	#1 Marywood	4.69mw	15-4¾ (2.6)	4/15
6	Gianna MANLEY-PEREZ	SO	#6 Neumann {2}	4.56m	14-11½ (0.0)	4/19
7	Emerson ABER	SO	#2 Marymount (Va.) {2}	4.32m	14-2¼ (-1.7)	4/19
8	Kalie FERNANDEZ	FR	#1 Marywood {2}	4.20m	13-9½ (0.0)	3/29
9	Samantha RIVERA	JR	#3 Immaculata	4.06m	13-4 (0.4)	4/15
10	Emma WAGNER	SR	#1 Marywood {3}	3.88m	12-8¾ (0.0)	3/29

## Women's Triple Jump

1	Kaeden GREEN	FR	#4 Pratt Institute	10.70m	35-1¼ (0.6)	3/29
2	Deziree CONKLIN	SR	#2 Marymount (Va.)	10.67m	35-¼ (-2.1)	4/19

## Women's Shot Put

1	Rosalyn PAGE	SR	#1 Marywood	11.42m	37-5¾	4/4
2	Isabella RIVERA	SO	#2 Marymount (Va.)	10.21m	33-6	4/19
3	Truly HEFT	FR	#5 Gwynedd Mercy	9.83m	32-3	3/29
4	Alli GRISCAVAGE	SO	#1 Marywood {2}	9.69m	31-9½	4/4
5	Allison SIRAVO	JR	#6 Neumann	9.62m	31-6¾	4/4
6	Shayla WYNDER	SR	#2 Marymount (Va.) {2}	9.52m	31-2¾	3/29
7	Jordana HALPERN	FR	#4 Pratt Institute	9.31m	30-6½	3/29
8	Hannah KIM	SO	#4 Pratt Institute {2}	8.99m	29-6	3/29
9	Leah ZAMBETTI	JR	#1 Marywood {3}	8.60m	28-2¾	4/15
10	Sydney WILSON	JR	#6 Neumann {2}	8.28m	27-2	4/4

## Women's Discus

1	Rosalyn PAGE	SR	#1 Marywood	37.24m	122-2	4/4
2	Isabella RIVERA	SO	#2 Marymount (Va.)	33.67m	110-6	4/5
3	Leah ZAMBETTI	JR	#1 Marywood {2}	33.21m	109-0	4/4
4	Hannah KIM	SO	#4 Pratt Institute	31.22m	102-5	4/12
5	Alli GRISCAVAGE	SO	#1 Marywood {3}	29.97m	98-4	4/4
6	Shayla WYNDER	SR	#2 Marymount (Va.) {2}	28.53m	93-7¼	4/19
7	Jordana HALPERN	FR	#4 Pratt Institute {2}	28.10m	92-2¼	4/12
8	Maggie FRIEND	SO	#3 Immaculata	25.00m	82-¼	3/23
9	Truly HEFT	FR	#5 Gwynedd Mercy	23.61m	77-5½	3/22
10	Allison SIRAVO	JR	#6 Neumann	22.08m	72-5¼	3/23

## Women's Hammer

1	Isabella RIVERA	SO	#2 Marymount (Va.)	41.94m	137-7	4/19
2	Marisa ROSCETTI	SO	#2 Marymount (Va.) {2}	37.15m	121-11	4/19
3	Shayla WYNDER	SR	#2 Marymount (Va.) {3}	37.03m	121-6	4/5
4	Allison SIRAVO	JR	#6 Neumann	30.43m	99-10	4/4
5	Rosalyn PAGE	SR	#1 Marywood	29.71m	97-5¾	4/15
6	Jordana HALPERN	FR	#4 Pratt Institute	28.98m	95-1	4/12
7	Ihyana MASON	FR	#2 Marymount (Va.) {4}	26.43m	86-8½	3/22
8	Truly HEFT	FR	#5 Gwynedd Mercy	24.43m	80-2	4/5
9	Hannah KIM	SO	#4 Pratt Institute {2}	23.85m	78-3	4/12
10	Alexandra PAPADOPOULOS	SO	#5 Gwynedd Mercy {2}	23.07m	75-8¼	4/12

## Women's Javelin

1	Leah ZAMBETTI	JR	#1 Marywood	35.11m	115-2	3/22
2	Hannah KIM	SO	#4 Pratt Institute	29.38m	96-4¾	4/12
3	Kyleigh JONIEC	JR	#6 Neumann	29.20m	95-9¾	4/19
4	Abby HUGHES	SO	#2 Marymount (Va.)	27.55m	90-4¾	4/19
5	Maggie FRIEND	SO	#3 Immaculata	26.85m	88-1¼	3/29
6	Truly HEFT	FR	#5 Gwynedd Mercy	26.80m	87-11¼	3/22
7	Shayla WYNDER	SR	#2 Marymount (Va.) {2}	26.62m	87-4	4/5
8	Sydney WILSON	JR	#6 Neumann {2}	25.65m	84-2	4/17
9	Emerson ABER	SO	#2 Marymount (Va.) {3}	25.64m	84-1½	3/15
10	Rosalyn PAGE	SR	#1 Marywood {2}	25.18m	82-7½	4/15



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



## American Rivers

as of 4/22/2025 12:03:57 AM ET

### Women's 100 Meters

1	<b>4</b>	Emma SEIPEL	SR	<b>#3</b>	Loras	<b>11.69w</b>	(2.2)	4/15
2	<b>56</b>	Ava PARKINS	SO	<b>#2</b>	Central (Iowa)	<b>12.17w</b>	(3.7)	3/28
3	<b>61</b>	JoJo TYNISMMAA	JR	<b>#1</b>	Wartburg	<b>12.20</b>	(0.9)	4/12
4	<b>62</b>	Harmony CREASY	SR	<b>#3</b>	Loras	{2} <b>12.21w</b>	(2.7)	4/5
5	<b>89</b>	Mary GUSTASON	JR	<b>#2</b>	Central (Iowa)	{2} <b>12.31w</b>	(3.7)	3/28
6		Natalie CUMMINS	SR	<b>#4</b>	Nebraska Wesley	<b>12.36</b>	(-0.4)	4/11
6		Keira ALLISS	JR	<b>#5</b>	Dubuque	<b>12.36</b>	(1.6)	<b>4/18</b>
8		Emily MCMARTIN	JR	<b>#2</b>	Central (Iowa)	{3} <b>12.42w</b>	(2.7)	4/5
9		Addie PARKER	SR	<b>#1</b>	Wartburg	{2} <b>12.44w</b>	(2.8)	4/5
10		Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>12.49w</b>	(3.7)	3/28

### Women's 100 Meter Hurdles

1	<b>18</b>	JoJo TYNISMMAA	JR	<b>#1</b>	Wartburg	<b>14.34w</b>	(2.3)	4/12
2	<b>24</b>	Grace BRADEN	SO	<b>#1</b>	Wartburg	{2} <b>14.43w</b>	(2.3)	4/12
3	<b>35</b>	Olivia BOHLEN	JR	<b>#2</b>	Central (Iowa)	<b>14.66w</b>	(2.4)	<b>4/18</b>
4	<b>60</b>	Ryann DECKER	FR	<b>#1</b>	Wartburg	{3} <b>15.00w</b>	(2.3)	4/12
5	<b>77</b>	Keeley HOURIGAN	SR	<b>#4</b>	Nebraska Wesley	<b>15.09</b>	(0.6)	4/11
6	<b>80</b>	Rachel SMITH	SO	<b>#4</b>	Nebraska Wesley	{2} <b>15.12</b>	(1.5)	4/8
7		Maddax DEVAULT	JR	<b>#6</b>	Simpson (Iowa)	<b>15.48w</b>	(2.1)	<b>4/18</b>
8		Sophia STAHL	SO	<b>#1</b>	Wartburg	{4} <b>15.70</b>	(1.7)	4/12
9		Caitlin BENESH	SO	<b>#1</b>	Wartburg	{5} <b>15.74</b>	(1.7)	4/12
10		Annika ELCO	JR	<b>#7</b>	Luther	<b>16.03</b>	(1.3)	4/5

### Women's 200 Meters

1	<b>12</b>	Emma SEIPEL	SR	<b>#3</b>	Loras	<b>24.36</b>	(0.0)	4/15
2	<b>35</b>	Emily MCMARTIN	JR	<b>#2</b>	Central (Iowa)	<b>24.73w</b>	(3.0)	3/28
3		Mary GUSTASON	JR	<b>#2</b>	Central (Iowa)	{2} <b>25.38cw</b>	(25.77) (2.4)	4/5
4		Harmony CREASY	SR	<b>#3</b>	Loras	{2} <b>25.41</b>	(0.0)	4/15
5		JoJo TYNISMMAA	JR	<b>#1</b>	Wartburg	<b>25.43w</b>	(2.9)	4/12
6		Addie PARKER	SR	<b>#1</b>	Wartburg	{2} <b>25.47</b>	(1.0)	3/29
7		Raegan LEVI	JR	<b>#4</b>	Nebraska Wesley	<b>25.49</b>	(0.0)	4/11
7		Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>25.49w</b>	(3.0)	3/28
9		Natalie CUMMINS	SR	<b>#4</b>	Nebraska Wesley	{2} <b>25.58w</b>	(2.3)	4/8
10		Jaide FLOWERS	SO	<b>#5</b>	Dubuque	<b>25.70</b>	(1.9)	<b>4/18</b>

### Women's 400 Meters

1	<b>69</b>	Alivia ROERDINK	SO	<b>#2</b>	Central (Iowa)	<b>57.72</b>		<b>4/19</b>
2	<b>84</b>	Harmony CREASY	SR	<b>#3</b>	Loras	<b>58.04</b>		4/12
3		Jaide FLOWERS	SO	<b>#5</b>	Dubuque	<b>59.01</b>		4/12
4		Natalie BORK	FR	<b>#1</b>	Wartburg	<b>59.05</b>		<b>4/19</b>
5		Layla HUGHES	SO	<b>#3</b>	Loras	{2} <b>59.22</b>		4/12
6		Gianna BORZILERI	SR	<b>#5</b>	Dubuque	{2} <b>59.43</b>		<b>4/18</b>
7		Lizzy VAN UTRECHT	SO	<b>#2</b>	Central (Iowa)	{2} <b>59.70</b>		4/11
8		Ava PARKINS	SO	<b>#2</b>	Central (Iowa)	{3} <b>59.75</b>		4/11
9		Olivia TOLLARI	JR	<b>#1</b>	Wartburg	{2} <b>59.87c</b>	(1:00.67)	4/5
10		Nicole MIDDENTS	FR	<b>#6</b>	Simpson (Iowa)	<b>1:01.30</b>		4/11

### Women's 400 Meter Hurdles

1	<b>5</b>	JoJo TYNISMMAA	JR	<b>#1</b>	Wartburg	<b>1:01.37</b>		3/29
2	<b>27</b>	Sophia STAHL	SO	<b>#1</b>	Wartburg	{2} <b>1:03.48</b>		3/29
3	<b>43</b>	Madison HAYS	JR	<b>#6</b>	Simpson (Iowa)	<b>1:04.38</b>		<b>4/18</b>
4	<b>56</b>	Ryann DECKER	FR	<b>#1</b>	Wartburg	{3} <b>1:04.98</b>		<b>4/19</b>
5	<b>87</b>	Grace BRADEN	SO	<b>#1</b>	Wartburg	{4} <b>1:05.98</b>		<b>4/19</b>
6		Caitlin BENESH	SO	<b>#1</b>	Wartburg	{5} <b>1:07.21</b>		<b>4/18</b>
7		Maddax DEVAULT	JR	<b>#6</b>	Simpson (Iowa)	{2} <b>1:07.32</b>		<b>4/18</b>
8		Rachel SMITH	SO	<b>#4</b>	Nebraska Wesley	<b>1:08.27</b>		4/8
9		Tatum BUENNING	FR	<b>#1</b>	Wartburg	{6} <b>1:08.94</b>		<b>4/18</b>
10		Mackenzie RADER	JR	<b>#5</b>	Dubuque	<b>1:09.49</b>		<b>4/18</b>

### Women's 800 Meters

1	<b>18</b>	Peyton STEFFEN	JR	<b>#2</b>	Central (Iowa)	<b>2:11.67</b>		<b>4/18</b>
2	<b>30</b>	Alivia ROERDINK	SO	<b>#2</b>	Central (Iowa)	{2} <b>2:13.34</b>		4/11
3	<b>42</b>	Frankie CHAIDEZ	SR	<b>#3</b>	Loras	<b>2:14.07</b>		4/12
4	<b>93</b>	Haley MEYER	JR	<b>#1</b>	Wartburg	<b>2:17.06</b>		4/12
5		Elly BURDS	JR	<b>#3</b>	Loras	{2} <b>2:18.07</b>		4/12
6		Delaney VACEK	JR	<b>#4</b>	Nebraska Wesley	<b>2:18.12</b>		4/8
7		Hannah RAMSEY	SO	<b>#1</b>	Wartburg	{2} <b>2:19.13</b>		4/12
8		JoJo TYNISMMAA	JR	<b>#1</b>	Wartburg	{3} <b>2:19.20c</b>	(2:20.80)	4/5
9		Ella JOHNSON	SO	<b>#1</b>	Wartburg	{4} <b>2:19.97</b>		<b>4/18</b>
10		Riley PACKER	JR	<b>#2</b>	Central (Iowa)	{3} <b>2:20.57</b>		4/11

### Women's 1500 Meters

1	<b>4</b>	Peyton STEFFEN	JR	<b>#2</b>	Central (Iowa)	<b>4:27.48</b>		<b>4/18</b>
2	<b>35</b>	Frankie CHAIDEZ	SR	<b>#3</b>	Loras	<b>4:34.47</b>		4/15
3	<b>55</b>	Addy PARROTT	SR	<b>#2</b>	Central (Iowa)	{2} <b>4:37.54</b>		<b>4/18</b>
4		Ellie MEYER	SR	<b>#1</b>	Wartburg	<b>4:42.42</b>		4/5
5		Haley MEYER	JR	<b>#1</b>	Wartburg	{2} <b>4:43.99</b>		4/5
6		Becca DIDDIA	SR	<b>#3</b>	Loras	{2} <b>4:47.29</b>		4/15
7		Nadia BOWDEN	FR	<b>#1</b>	Wartburg	{3} <b>4:47.31</b>		4/5
8		Teah MILLER	FR	<b>#2</b>	Central (Iowa)	{3} <b>4:50.54</b>		<b>4/18</b>
9		Megan BAKKE	SO	<b>#8</b>	Buena Vista	<b>4:52.32</b>		<b>4/18</b>
10		Maddie MERNA	JR	<b>#1</b>	Wartburg	{4} <b>4:53.04</b>		<b>4/18</b>

### Women's Steeplechase

1	<b>4</b>	Peyton STEFFEN	JR	<b>#2</b>	Central (Iowa)	<b>10:33.85</b>		4/11
2	<b>6</b>	Ellie MEYER	SR	<b>#1</b>	Wartburg	<b>10:36.88</b>		3/28
3	<b>15</b>	Addy PARROTT	SR	<b>#2</b>	Central (Iowa)	{2} <b>10:55.96</b>		<b>4/18</b>
4		Maddie MERNA	JR	<b>#1</b>	Wartburg	{2} <b>11:40.89</b>		4/5
5		Lily PETERSON	JR	<b>#1</b>	Wartburg	{3} <b>11:46.24</b>		4/5
6		Teah MILLER	FR	<b>#2</b>	Central (Iowa)	{3} <b>11:48.94</b>		4/11
7		Delisha DAVIS	SO	<b>#5</b>	Dubuque	<b>11:49.99</b>		<b>4/18</b>
8		Sydney BOCHMANN	FR	<b>#1</b>	Wartburg	{4} <b>11:50.22</b>		4/5
9		Emily RICHTER	SR	<b>#1</b>	Wartburg	{5} <b>11:50.66</b>		<b>4/18</b>
10		Bailey VAUGHAN	JR	<b>#3</b>	Loras	<b>11:51.22</b>		4/5



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



## American Rivers

as of 4/22/2025 12:03:57 AM ET

### Women's 5000 Meters

1	18	Ellie MEYER	SR	#1 Wartburg	16:50.15	4/12
2	24	Peyton STEFFEN	JR	#2 Central (Iowa)	16:53.39	3/28
3	67	Teghan BOOTH	SR	#6 Simpson (Iowa)	17:24.88	4/12
4	75	Becca DIDDIA	SR	#3 Loras	17:27.92	4/12
5	82	Addy PARROTT	SR	#2 Central (Iowa) {2}	17:29.60	3/28
6		Lydia MAAS	FR	#1 Wartburg {2}	17:47.77	4/12
7		Bailey VAUGHAN	JR	#3 Loras {2}	17:59.20	4/12
8		Maddie MERNA	JR	#1 Wartburg {3}	17:59.89	4/12
9		Karle KRAMER	JR	#1 Wartburg {4}	18:01.26	4/12
10		Alyssa BLANKENSHIP	SR	#7 Luther	18:05.77	4/12

### Women's 10,000 Meters

1	21	Teghan BOOTH	SR	#6 Simpson (Iowa)	35:52.78	3/28
2	48	Kelly GIARDINA	JR	#1 Wartburg	37:25.87	3/28
3	74	Ava VANCE	FR	#1 Wartburg {2}	38:08.33	4/18
4	80	Sydney BOCHMANN	FR	#1 Wartburg {3}	38:17.51	4/18
5	84	Lydia MAAS	FR	#1 Wartburg {4}	38:25.42	4/18
6		Abbey ANGUS	FR	#1 Wartburg {5}	39:01.53	4/5
7		Morgan ENGEL	SO	#1 Wartburg {6}	39:10.19	4/5
8		Avary BYERS	JR	#4 Nebraska Wesley	41:36.67	4/19
9		Payton JORCZAK	FR	#4 Nebraska Wesley{2}	43:07.03	4/19
10		Reese KOZISEK	FR	#4 Nebraska Wesley{3}	43:58.31	4/19

### Women's 4x100 Relay

1	13	Harmony Creasy, Layla Hughes, Meghan McDonald, Emma Seipel	#3 Loras	47.00	4/12
2	18	Keeley Hourigan, Raegan Levi, Chloe Mooberry, Natalie Cummins	#4 Nebraska Wesley	47.30	4/11
3	41	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin	#2 Central (Iowa)	48.06	4/11
4	55	Addie Parker, JoJo Tynismaa, Avery Schultes, Ryann Decker	#1 Wartburg	48.54	4/5
5	56	Jenna Thornburg, Madison Hays, Maddax DeVault, Emma Cooper	#6 Simpson (Iowa)	48.56	4/11
6	83	Keira Alliss, Gianna Borzileri, Kayla Shade, Grace Kahon	#5 Dubuque	49.19	4/18
7		Zoe Rahberg, Annika Elco, Emily Groppoli, Amara Marks	#7 Luther	50.25	4/12
8		#Type!	#9 Coe	51.76	4/12

### Women's 4x400 Relay

1	17	Lizzy Van Utrecht, Alivia Roerdink, Emily McMartin, Ava Parkins	#2 Central (Iowa)	3:51.58	4/11
2	20	Sophia Stahle, Ryann Decker, Natalie Bork, JoJo Tynismaa	#1 Wartburg	3:53.26	4/19
3	45	Chloe Mooberry, Raegan Levi, Natalie Cummins, Delaney Vacek	#4 Nebraska Wesley	4:00.80	4/11
4	47	Madison Hays, Chloe Wierson, Nicole Middents, Maddax DeVault	#6 Simpson (Iowa)	4:00.94	4/11
5	70	Harmony Creasy, Frankie Chaidez, Elly Burd, Layla Hughes	#3 Loras	4:04.98	4/12
6		Delisha Davis, Gianna Borzileri, Mackenzie Rader, Kiana Vogel	#5 Dubuque	4:11.08	4/12
7		#Type!	#9 Coe	4:12.12	4/12
8		Sarah Schmidt, Ava Cummings, Grace Landmesser, Mari Paulsen	#7 Luther	4:40.28	4/5

### Women's High Jump

1	10	Sara HOSKINS	SR	#3 Loras	1.66m	5-5¼	4/15
2	20	Jaden GATTS	SO	#5 Dubuque	1.64m	5-4½	4/18
3	38	Grace PYLE	FR	#4 Nebraska Wesley	1.61m	5-3¼	4/11
4	50	Samantha NIELSEN	JR	#1 Wartburg	1.60m	5-3	4/12
4	50	Olivia BOHLEN	JR	#2 Central (Iowa)	1.60m	5-3	4/18
4	50	Julia KLEIN	JR	#3 Loras {2}	1.60m	5-3	4/12
7	74	Katie DAILEY	SR	#7 Luther	1.59m	5-2½	4/18
8		Abigail WHITE	SR	#2 Central (Iowa) {2}	1.55m	5-1	3/28
8		Cadence SINCLAIR	SO	#2 Central (Iowa) {2}	1.55m	5-1	3/28
10		Jessica LARSON	FR	#2 Central (Iowa) {4}	1.54m	5-½	4/18

### Women's Pole Vault

1	55	Amber VROMAN	SR	#2 Central (Iowa)	3.50m	11-5¾	4/5
2		Emily DRUSE	SR	#4 Nebraska Wesley	3.24m	10-7½	4/19
3		Leah HOWARD	JR	#2 Central (Iowa) {2}	3.20m	10-6	3/28
4		Sydnee CHEEK	FR	#4 Nebraska Wesley{2}	3.09m	10-1½	4/19
5		Kylie MEYER	FR	#2 Central (Iowa) {3}	3.05m	10-0	4/5
6		Linnea HEDIN	JR	#7 Luther	3.00m	9-10	4/18
6		Libby DRIVER	FR	#4 Nebraska Wesley{3}	3.00m	9-10	3/28
8		Kendra POPPE	SO	#4 Nebraska Wesley{4}	2.94m	9-7¼	4/19
9		Jade ANDERSON	SO	#1 Wartburg	2.75m	9-¼	4/5
10		Abby RUSSETH	SR	#7 Luther {2}	2.55m	8-4¼	4/18





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## American Rivers

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### Women's Long Jump

1	3	Emma SEIPEL	SR	#3 Loras	6.05m	19-10¼ (0.3)	4/11
2	25	Harmony CREASY	SR	#3 Loras	{2} 5.70mw	18-8½ (3.7)	4/5
3	36	Natalie CUMMINS	SR	#4 Nebraska Wesley	5.60m	18-4½ (-0.7)	4/11
4	47	Chloe MOOBERRY	SO	#4 Nebraska Wesley	{2} 5.55m	18-2½ (0.0)	4/11
5		Olivia BOHLEN	JR	#2 Central (Iowa)	5.32mw	17-5½ (2.1)	4/18
6		Olivia TOLLARI	JR	#1 Wartburg	5.21m	17-1¼ (0.9)	3/29
6		Jasmyn WILLIAMS	JR	#2 Central (Iowa)	{2} 5.21mw	17-1¼ (2.8)	4/18
8		Isabelle NORING	FR	#6 Simpson (Iowa)	5.18mw	17-0 (3.8)	3/28
9		Madelyn (Maddie) MUCCI	FR	#3 Loras	{3} 5.13m	16-10 (0.6)	4/15
9		Karlee WARNKE	SO	#2 Central (Iowa)	{3} 5.13m	16-10 (1.2)	4/18

### Women's Triple Jump

1	18	Madelyn (Maddie) MUCCI	FR	#3 Loras	11.69m	38-4¼ (0.5)	4/11
2	19	Shaniah JOHNSON	SR	#1 Wartburg	11.65mw	38-2¾ (2.9)	4/4
3	27	Emma SEIPEL	SR	#3 Loras	{2} 11.52m	37-9½ (1.7)	4/15
4	40	Harmony CREASY	SR	#3 Loras	{3} 11.42mw	37-5¾ (2.2)	4/15
5	93	Faith HAYES	FR	#5 Dubuque	10.97mw	36-0 (2.7)	4/5
6		Aaliyah JOHNSON	SR	#6 Simpson (Iowa)	10.88mw	35-8½ (4.0)	4/11
6		Madeline BOULANGER	SO	#1 Wartburg	{2} 10.88mw	35-8½ (3.9)	4/5
8		Julia KLEIN	JR	#3 Loras	{4} 10.81m	35-5¾ (0.2)	4/15
9		Sangai DUKULY	SR	#9 Coe	10.76mw	35-3¾ (3.4)	4/18
10		Amelia WRIGHT	FR	#1 Wartburg	{3} 10.46mw	34-4 (2.6)	4/5

### Women's Shot Put

1	3	Emmilly BERGLUND	SO	#4 Nebraska Wesley	14.13m	46-4¼	4/8
2	12	Chloe REISER	SO	#5 Dubuque	13.65m	44-9½	4/15
3	38	Elle VOY	SO	#1 Wartburg	12.81m	42-½	4/18
3	38	Payton SCHERMERHORN	SO	#8 Buena Vista	12.81m	42-½	4/18
5	45	Taylor FLAIG	SR	#3 Loras	12.77m	41-10¾	4/15
5	45	Riley VICE	SR	#3 Loras	12.77m	41-10¾	4/12
7	51	Abby VELD	FR	#1 Wartburg	{2} 12.74m	41-9¾	4/18
8	53	Olivia MERRILL	FR	#6 Simpson (Iowa)	12.72m	41-8¾	4/18
9	56	Courtney JOHNSON	SR	#8 Buena Vista	{2} 12.70m	41-8	4/12
10	71	Caitlyn COX	JR	#3 Loras	{3} 12.50m	41-¼	4/12

### Women's Discus

1	2	Nai'lah ANDERS	SO	#5 Dubuque	50.01m	164-1	4/18
2	5	Anna LUNDAHL	SR	#4 Nebraska Wesley	46.98m	154-2	3/28
3	6	Kaelyn MEANS	SO	#4 Nebraska Wesley	{2} 46.09m	151-3	3/28
4	13	Emmilly BERGLUND	SO	#4 Nebraska Wesley	{3} 44.82m	147-1	4/19
5	15	Riley VICE	SR	#3 Loras	44.60m	146-4	4/5
6	16	Aspin COLLINS	FR	#4 Nebraska Wesley	{4} 44.53m	146-1	4/11
7	18	Ava LARMON	FR	#4 Nebraska Wesley	{5} 44.48m	145-11	4/8
8	21	Abby VELD	FR	#1 Wartburg	43.95m	144-3	4/18
9	26	Breen DUFFY	JR	#5 Dubuque	{2} 43.80m	143-9	4/15
10	52	Taylor FLAIG	SR	#3 Loras	{2} 41.55m	136-4	4/5

### Women's Hammer

1	2	Emma TRUE	SR	#1 Wartburg	58.53m	192-1	4/18
2	4	Caitlyn COX	JR	#3 Loras	56.37m	184-11	4/5
3	18	Taylor FLAIG	SR	#3 Loras	{2} 51.97m	170-6	4/15
4	33	Breen DUFFY	JR	#5 Dubuque	50.23m	164-10	4/5
5	41	Chloe REISER	SO	#5 Dubuque	{2} 49.76m	163-3	4/5
6	45	Kaelyn MEANS	SO	#4 Nebraska Wesley	49.52m	162-6	4/19
7	50	Tara JOCHUMSEN	SR	#1 Wartburg	{2} 49.01m	160-10	4/18
8	73	Lyndsie BOSQUEZ	FR	#4 Nebraska Wesley	{2} 47.34m	155-4	3/28
9		Tiernan STANTON	SO	#4 Nebraska Wesley	{3} 45.64m	149-9	3/28
10		Sydney LUECK	JR	#5 Dubuque	{3} 45.63m	149-9	4/15

### Women's Javelin

1	1	Avery DECKER	SR	#4 Nebraska Wesley	47.50m	155-10	4/11
2	19	Aliah CLARKE	SR	#4 Nebraska Wesley	{2} 39.97m	131-2	4/8
3	22	Aaliyah JOHNSON	SR	#6 Simpson (Iowa)	39.81m	130-8	3/28
4	37	Ashley GLENNON	JR	#5 Dubuque	38.72m	127-1	4/5
5	77	Brooke SHAFER	SR	#1 Wartburg	36.67m	120-4	4/12
6	88	Taryn RICHEY	FR	#5 Dubuque	{2} 36.10m	118-5	4/12
7	97	Olivia BOHLEN	JR	#2 Central (Iowa)	35.90m	117-10	4/18
8		Chloe REISER	SO	#5 Dubuque	{3} 34.44m	113-0	4/12
9		Courtney JOHNSON	SR	#8 Buena Vista	34.27m	112-5	3/28
10		Addie THOMAS	SR	#4 Nebraska Wesley	{3} 33.87m	111-2	4/11

### Women's Heptathlon

1	3	Olivia BOHLEN	JR	#2 Central (Iowa)	5,045		4/18
2	49	Victoria ZOLTOWSKA	SR	#5 Dubuque	3,912		4/18
3	50	Caitlin BENESH	SO	#1 Wartburg	3,892		4/5
4	56	Brooke SHAFER	SR	#1 Wartburg	{2} 3,799		4/5
5	65	Samantha NIELSEN	JR	#1 Wartburg	{3} 3,657		4/5
6	68	Chloe WIERSON	FR	#6 Simpson (Iowa)	3,536		4/18
7	78	Taylor MARTIN	JR	#5 Dubuque	{2} 3,428		4/18
8	80	Sage AUSTIN	SO	#2 Central (Iowa)	{2} 3,406		4/18
9		Jazmine WOODE	SO	#1 Wartburg	{4} 3,140		4/5
10		Olga FILIPOVIC	FR	#5 Dubuque	{3} 3,120		4/18



## Conference TFRI Event Summary



ASC

as of 4/22/2025 12:03:57 AM ET

## Women's 100 Meters

1	30	Kylah WASHINGTON	SO	#1	Hardin-Simmon:	12.01	(1.0)	3/22
2		Haley SMITH	FR	#1	Hardin-Simmon:{2}	12.38	(2.0)	4/17
3		Mariah GIBSON	FR	#2	UT Dallas	12.78	(0.3)	3/1
4		Paige THOMAS	SO	#2	UT Dallas	{2} 12.92	(1.1)	4/12
4		Randi BECKHAM	SO	#2	UT Dallas	{2} 12.92w	(2.5)	3/29
6		Emily SITTON	FR	#3	East Texas Bapti	12.93w	(4.0)	3/22
7		Rhiana JOHNSON	FR	#2	UT Dallas	{4} 12.99	(0.3)	3/1
8		Danielle PENA	JR	#1	Hardin-Simmon:{3}	13.03	(1.2)	3/29
9		Tia BILLINGSLEY	JR	#2	UT Dallas	{5} 13.06	(1.8)	4/12
10		Sasha SIMONS	SO	#2	UT Dallas	{6} 13.19	(1.1)	4/12

## Women's 100 Meter Hurdles

1		Jacqueline BERRY	FR	#1	Hardin-Simmon:	15.33w	(4.0)	3/22
2		Rowen HUGHES	FR	#2	UT Dallas	15.81	(0.1)	3/1
3		Jayla LEWIS	SO	#2	UT Dallas	{2} 16.50	(0.2)	3/29
4		Emmalee HORTON	JR	#1	Hardin-Simmon:{2}	16.94w	(2.7)	4/12
5		Emma FOYT-GADE	SO	#2	UT Dallas	{3} 17.39w	(2.3)	4/12

## Women's 200 Meters

1		Kylah WASHINGTON	SO	#1	Hardin-Simmon:	25.34w	(4.0)	3/22
2		Haley SMITH	FR	#1	Hardin-Simmon:{2}	26.10w	(2.1)	3/22
3		Danielle PENA	JR	#1	Hardin-Simmon:{3}	26.36w	(2.8)	3/22
4		Mariah GIBSON	FR	#2	UT Dallas	26.39	(1.5)	3/29
5		Brittney SNOW	FR	#3	East Texas Bapti	26.49	(1.6)	3/22
6		Randi BECKHAM	SO	#2	UT Dallas	{2} 26.65	(1.8)	4/12
7		Jacqueline BERRY	FR	#1	Hardin-Simmon:{4}	27.19	(1.8)	3/29
8		Rhiana JOHNSON	FR	#2	UT Dallas	{3} 27.27	(0.1)	4/12
9		Madison AVERY	FR	#2	UT Dallas	{4} 27.36w	(2.4)	4/12
10		Sasha SIMONS	SO	#2	UT Dallas	{5} 27.47	(0.1)	4/12

## Women's 400 Meters

1		Brittney SNOW	FR	#3	East Texas Bapti	59.23		4/12
2		Danielle PENA	JR	#1	Hardin-Simmon:	1:01.45		3/1
3		Catriona WALKER	FR	#2	UT Dallas	1:01.56		3/29
4		Ache' ANDERSON	SR	#3	East Texas Bapti{2}	1:01.69		3/22
5		Madison AVERY	FR	#2	UT Dallas	{2} 1:01.94		3/1
6		Sophie HALE	SO	#1	Hardin-Simmon:{2}	1:02.05		4/17
7		Jada GARDNER	SO	#2	UT Dallas	{3} 1:03.53		3/29
8		Randi BECKHAM	SO	#2	UT Dallas	{4} 1:03.92		4/5
9		Hannah WILLIS	FR	#3	East Texas Bapti{3}	1:04.15		3/22
10		Mariah GIBSON	FR	#2	UT Dallas	{5} 1:04.26		4/5

## Women's 400 Meter Hurdles

1		Rowen HUGHES	FR	#2	UT Dallas	1:07.15		3/1
2		Rhiana JOHNSON	FR	#2	UT Dallas	{2} 1:10.11		3/1
3		Lindsey GOOCH	FR	#3	East Texas Bapti	1:12.49		3/1
4		Jayla LEWIS	SO	#2	UT Dallas	{3} 1:13.10		4/12
5		Jazmin MENDEZ	SR	#1	Hardin-Simmon:	1:13.78		3/29

## Women's 800 Meters

1		Madylin HERRERA	SR	#2	UT Dallas	2:20.90		4/12
2		Lindsey GOOCH	FR	#3	East Texas Bapti	2:24.02		4/5
3		Ache' ANDERSON	SR	#3	East Texas Bapti{2}	2:25.05		4/12
4		Bharvi VARU	FR	#2	UT Dallas	{2} 2:26.70		4/12
5		Becki (Rebecca) JEFFERY	SO	#2	UT Dallas	{3} 2:27.79		4/12
6		Ellie SUO-ANTTILA	FR	#2	UT Dallas	{4} 2:29.16		4/12
7		Hannah WILLIS	FR	#3	East Texas Bapti{3}	2:29.21		4/5
8		Jazmin MENDEZ	SR	#1	Hardin-Simmon:	2:31.65		3/22
9		Hannah CHRISTIANSEN	FR	#3	East Texas Bapti{4}	2:37.32		3/1
10		Faith MILLER	SO	#1	Hardin-Simmon:{2}	2:38.22		3/29

## Women's 1500 Meters

1		Ellie SUO-ANTTILA	FR	#2	UT Dallas	5:07.79		4/5
2		Jazmin MENDEZ	SR	#1	Hardin-Simmon:	5:09.27		3/1
3		Bharvi VARU	FR	#2	UT Dallas	{2} 5:09.83		4/12
4		Danna REQUENA	SO	#3	East Texas Bapti	5:12.48		4/5
5		Becki (Rebecca) JEFFERY	SO	#2	UT Dallas	{3} 5:17.89		4/12
6		Phoebe DUNHAM	JR	#3	East Texas Bapti{2}	5:22.56		3/22
7		Emily SKRABANEK	SO	#2	UT Dallas	{4} 5:27.36		4/12
8		Hope FUENTES	SO	#1	Hardin-Simmon:{2}	5:33.19		3/29
9		Hannah CHRISTIANSEN	FR	#3	East Texas Bapti{3}	5:33.70		4/12
10		Bhavya VARU	FR	#2	UT Dallas	{5} 5:34.82		4/12

## Women's Steeplechase

1	63	Kylah HOLLAND	SR	#1	Hardin-Simmon:	11:24.69		3/29
2		Phoebe DUNHAM	JR	#3	East Texas Bapti	11:39.28		4/5
3		Abigail (Abby) COX	SO	#1	Hardin-Simmon:{2}	13:49.01		3/29

## Women's 5000 Meters

1		Kylah HOLLAND	SR	#1	Hardin-Simmon:	18:32.33		3/1
2		Danna REQUENA	SO	#3	East Texas Bapti	19:04.17		4/12
3		Phoebe DUNHAM	JR	#3	East Texas Bapti{2}	19:31.78		3/22
4		Jazmin MENDEZ	SR	#1	Hardin-Simmon:{2}	19:54.62		3/22
5		Abigail (Abby) COX	SO	#1	Hardin-Simmon:{3}	20:40.21		4/5
6		Lorraine MARTINEAU	FR	#2	UT Dallas	21:08.69		4/5
7		Mary KATE MARK	SO	#3	East Texas Bapti{3}	21:14.74		4/5
8		Hope FUENTES	SO	#1	Hardin-Simmon:{4}	21:45.28		3/22
9		Juliana VELA	FR	#2	UT Dallas	{2} 21:52.04		4/5
10		Megan SMITH	FR	#3	East Texas Bapti{4}	22:40.40		4/5

## Women's 10,000 Meters

1		Mary KATE MARK	SO	#3	East Texas Bapti	43:31.84		4/12
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# USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



ASC

as of 4/22/2025 12:03:57 AM ET

## Women's 4x100 Relay

1	58	Haley Smith, Jacqueline Berry, Danielle Pena, Kyla Washington	#1 Hardin-Simmon:	48.59	4/12
2	64	Tia Billingsly, Randi Beckham, Paige Thomas, Mariah Gibson	#2 UT Dallas	48.82	3/29
3		Nikevia Maxie, Emily Sittton, Vanessa Morales, Brittney Snow	#3 East Texas Bapti	50.39	3/22

## Women's 4x400 Relay

1	75	Rhiana Johnson, Catriona Walker, Madison Avery, Randi Beckham	#2 UT Dallas	4:05.42	3/29
2		Faith Miller, Sophie Hale, Jazmin Mendez, Danielle Pena	#1 Hardin-Simmon:	4:14.03	4/12
3		Brittney Snow, Ache' Anderson, Jillian Mordente, Nikevia Maxie	#3 East Texas Bapti	4:18.17	3/1

## Women's High Jump

1	16	Katie BALLER	SR	#1 Hardin-Simmon:	1.65m	5-5	3/22
2	23	Janae GREEN	JR	#1 Hardin-Simmon:{2}	1.63m	5-4¼	4/17
2	23	Madisyn TAYLOR	FR	#1 Hardin-Simmon:{2}	1.63m	5-4¼	4/17
4	50	Emmalee HORTON	JR	#1 Hardin-Simmon:{4}	1.60m	5-3	3/1
5		Avalon GRIGGS	SO	#1 Hardin-Simmon:{5}	1.53m	5-¼	4/12
6		Lillian STOWE	SO	#3 East Texas Bapti	1.50m	4-11	3/1
6		Emily SITTON	FR	#3 East Texas Bapti	1.50m	4-11	3/8
8		Madison ARTHUR	SO	#1 Hardin-Simmon:{6}	1.30m	4-3¼	3/22

## Women's Pole Vault

1		Adalynn CUNNINGHAM	FR	#1 Hardin-Simmon:	2.65m	8-8¼	3/1
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## Women's Long Jump

1	67	Haley SMITH	FR	#1 Hardin-Simmon:	5.45mw	17-10¾ (2.1)	4/17
2		Annika SOWERS	FR	#1 Hardin-Simmon:{2}	5.19m	17-½ (2.0)	4/17
3		Danielle SAULS	SR	#1 Hardin-Simmon:{3}	4.58mw	15-½ (2.4)	3/22
4		Avalon GRIGGS	SO	#1 Hardin-Simmon:{4}	4.57m	15-0 (1.4)	3/1
5		Faith MILLER	SO	#1 Hardin-Simmon:{5}	4.26m	13-11¾ (1.9)	3/29

## Women's Triple Jump

1		Sophie HALE	SO	#1 Hardin-Simmon:	9.79m	32-1½ (1.3)	3/29
2		Avalon GRIGGS	SO	#1 Hardin-Simmon:{2}	8.92m	29-3¼ (1.6)	4/12

## Women's Shot Put

1		Chisom MBAH	JR	#2 UT Dallas	11.48m	37-8	4/12
2		Shakayla BROWDER	SR	#3 East Texas Bapti	10.81m	35-5¾	3/22
3		Alexsis LUBY	FR	#3 East Texas Bapti{2}	8.74m	28-8¼	3/1

## Women's Discus

1		Shakayla BROWDER	SR	#3 East Texas Bapti	35.00m	114-10	4/12
2		Halle BRUNTMYER	FR	#1 Hardin-Simmon:	34.42m	112-11	4/12
3		Alexsis LUBY	FR	#3 East Texas Bapti{2}	32.46m	106-6	3/8
4		Rachel NORDT	FR	#1 Hardin-Simmon:{2}	30.68m	100-8	4/17
5		Chisom MBAH	JR	#2 UT Dallas	30.40m	99-9	3/29

## Women's Javelin

1		Halle BRUNTMYER	FR	#1 Hardin-Simmon:	29.68m	97-4½	3/1
2		Rachel NORDT	FR	#1 Hardin-Simmon:{2}	24.06m	78-11¼	4/5
3		Faith MILLER	SO	#1 Hardin-Simmon:{3}	21.54m	70-8	4/12
4		Emma FOYT-GADE	SO	#2 UT Dallas	20.87m	68-5¾	4/12
5		Randi BECKHAM	SO	#2 UT Dallas	{2} 20.47m	67-2	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



C2C

as of 4/22/2025 12:03:57 AM ET

## Women's 100 Meters

1	<b>13</b>	Yasmin DEANE	FR	<b>#4</b> Mary Washington	<b>11.87</b>	(1.5)	4/12
2		Karia FORVIL	JR	<b>#3</b> Salisbury	<b>12.36</b>	(-0.7)	3/29
3		Sophia REDMOND	JR	<b>#4</b> Mary Washington	<b>12.38</b>	(-1.2)	<b>4/19</b>
4		Amaya CUMMINS	SR	<b>#1</b> UC Santa Cruz	<b>12.47</b>	(-0.1)	<b>4/19</b>
5		Marlyse HAACK	JR	<b>#3</b> Salisbury	<b>12.61</b>	(-0.5)	4/5
5		Camille M. ANNEET	FR	<b>#1</b> UC Santa Cruz	<b>12.61w</b>	(2.9)	<b>4/19</b>
7		Lilly WILLIAMS	SO	<b>#3</b> Salisbury	<b>12.73</b>	(1.4)	4/5
8		Emma CHRISTMAN	JR	<b>#3</b> Salisbury	<b>12.86</b>	(1.4)	4/5
9		Isha KASANAGOTTU	JR	<b>#1</b> UC Santa Cruz	<b>13.12</b>	(1.8)	3/22
10		Julie THOMAS	SO	<b>#3</b> Salisbury	<b>13.15</b>	(-0.7)	3/29

## Women's 100 Meter Hurdles

1	<b>90</b>	Ellie NUCKOLS	SO	<b>#2</b> Christopher New	<b>15.19</b>	(0.6)	<b>4/19</b>
2		Brooke HAMER	SO	<b>#3</b> Salisbury	<b>15.79</b>	(1.1)	3/15
3		Ashley ELEY	SO	<b>#2</b> Christopher New	<b>15.96</b>	(0.6)	<b>4/19</b>
4		Olivia L. MARINO	FR	<b>#1</b> UC Santa Cruz	<b>16.04w</b>	(3.3)	3/1
5		Isha KASANAGOTTU	JR	<b>#1</b> UC Santa Cruz	<b>16.24</b>	(1.4)	3/15
6		Akira JONES	SO	<b>#1</b> UC Santa Cruz	<b>16.28</b>	(-0.7)	<b>4/19</b>
7		Kennedy ATKINS	SO	<b>#3</b> Salisbury	<b>16.41</b>	(-1.8)	<b>4/19</b>
8		Hayden ADAMS	FR	<b>#3</b> Salisbury	<b>16.91</b>	(-1.8)	<b>4/19</b>
9		Alyssa WOHLFARTH	JR	<b>#3</b> Salisbury	<b>17.38</b>	(1.6)	3/15
10		Eliza ZHENG	FR	<b>#1</b> UC Santa Cruz	<b>18.22</b>	(-0.7)	<b>4/19</b>

## Women's 200 Meters

1	<b>14</b>	Yasmin DEANE	FR	<b>#4</b> Mary Washington	<b>24.42</b>	(-0.4)	4/5
2	<b>59</b>	Sydney TRUSSELL	SR	<b>#2</b> Christopher New	<b>24.94</b>	(0.1)	4/12
3		Karia FORVIL	JR	<b>#3</b> Salisbury	<b>25.48</b>	(-2.0)	3/29
4		Amaya CUMMINS	SR	<b>#1</b> UC Santa Cruz	<b>25.88</b>	(1.8)	3/22
5		Sophia REDMOND	JR	<b>#4</b> Mary Washington	<b>25.99</b>	(0.1)	4/12
6		Camille M. ANNEET	FR	<b>#1</b> UC Santa Cruz	<b>26.39</b>	(0.1)	3/22
7		Lilly WILLIAMS	SO	<b>#3</b> Salisbury	<b>26.41</b>	(-2.7)	<b>4/19</b>
8		Emma SMYSER	FR	<b>#3</b> Salisbury	<b>26.44</b>	(-0.8)	4/5
8		Ellie NUCKOLS	SO	<b>#2</b> Christopher New	<b>26.44</b>	(-1.0)	<b>4/19</b>
10		Marlyse HAACK	JR	<b>#3</b> Salisbury	<b>27.05w</b>	(2.2)	3/8

## Women's 400 Meters

1	<b>59</b>	Sydney TRUSSELL	SR	<b>#2</b> Christopher New	<b>57.49</b>		<b>4/19</b>
2		Ellie NUCKOLS	SO	<b>#2</b> Christopher New	<b>58.48</b>		4/12
3		Caitlin DONOVAN	SR	<b>#1</b> UC Santa Cruz	<b>58.64</b>		<b>4/19</b>
4		Emma SMYSER	FR	<b>#3</b> Salisbury	<b>58.93</b>		<b>4/19</b>
5		Mae STAFFORD	SO	<b>#1</b> UC Santa Cruz	<b>1:00.19</b>		3/22
6		Josie BRUMFIELD	JR	<b>#2</b> Christopher New	<b>1:02.64</b>		<b>4/19</b>
7		Lilly WILLIAMS	SO	<b>#3</b> Salisbury	<b>1:02.74</b>		<b>4/19</b>
8		Esther A. KIM	FR	<b>#1</b> UC Santa Cruz	<b>1:03.80</b>		4/5
9		Alicia DASALLA	JR	<b>#1</b> UC Santa Cruz	<b>1:04.18</b>		3/1
10		Millie WEINHOLD	SR	<b>#2</b> Christopher New	<b>1:04.35</b>		<b>4/19</b>

## Women's 400 Meter Hurdles

1	<b>68</b>	Ellie NUCKOLS	SO	<b>#2</b> Christopher New	<b>1:05.43</b>		4/12
2		Brooke HAMER	SO	<b>#3</b> Salisbury	<b>1:06.81</b>		<b>4/19</b>
3		Alicia DASALLA	JR	<b>#1</b> UC Santa Cruz	<b>1:08.72</b>		3/22
4		Aditi KAMBLE	SO	<b>#1</b> UC Santa Cruz	<b>1:12.45</b>	{2}	4/5
5		Alyssa WOHLFARTH	JR	<b>#3</b> Salisbury	<b>1:16.56</b>	{2}	3/29
6		Kendal BROWN	FR	<b>#2</b> Christopher New	<b>1:19.48</b>	{2}	4/12

## Women's 800 Meters

1	<b>61</b>	Elena STANCIU	SO	<b>#1</b> UC Santa Cruz	<b>2:15.85</b>		<b>4/18</b>
2		Lucia MUTHU	FR	<b>#1</b> UC Santa Cruz	<b>2:18.11</b>	{2}	4/5
3		Sara TEITELBAUM	FR	<b>#1</b> UC Santa Cruz	<b>2:18.37</b>	{3}	4/5
4		Adalyn PEREZ	JR	<b>#2</b> Christopher New	<b>2:19.85</b>		<b>4/19</b>
5		Rosey HARRIS	FR	<b>#1</b> UC Santa Cruz	<b>2:19.91</b>	{4}	<b>4/19</b>
6		Sarah BLAND	FR	<b>#2</b> Christopher New	<b>2:21.65</b>	{2}	4/5
7		Caitlin DONOVAN	SR	<b>#1</b> UC Santa Cruz	<b>2:21.93</b>	{5}	4/5
8		Eyaya FLETCHER	SO	<b>#4</b> Mary Washington	<b>2:22.27</b>		<b>4/19</b>
9		Frieda CEDILLO	JR	<b>#1</b> UC Santa Cruz	<b>2:22.49</b>	{6}	<b>4/19</b>
10		Jordan ROBINSON	FR	<b>#1</b> UC Santa Cruz	<b>2:22.50</b>	{7}	4/5

## Women's 1500 Meters

1	<b>29</b>	Elena STANCIU	SO	<b>#1</b> UC Santa Cruz	<b>4:33.28</b>		<b>4/18</b>
2	<b>75</b>	Lucia MUTHU	FR	<b>#1</b> UC Santa Cruz	<b>4:39.99</b>	{2}	3/22
3	<b>81</b>	Sydney BOYD	SO	<b>#1</b> UC Santa Cruz	<b>4:40.58</b>	{3}	4/5
4		Sara TEITELBAUM	FR	<b>#1</b> UC Santa Cruz	<b>4:42.04</b>	{4}	4/5
5		Hanna HEKKANEN	SR	<b>#1</b> UC Santa Cruz	<b>4:44.73</b>	{5}	3/22
6		Anna BODMER	SO	<b>#3</b> Salisbury	<b>4:45.73</b>		<b>4/19</b>
7		Jordan ROBINSON	FR	<b>#1</b> UC Santa Cruz	<b>4:48.93</b>	{6}	<b>4/19</b>
8		Adalyn PEREZ	JR	<b>#2</b> Christopher New	<b>4:49.69</b>		4/5
9		Helena JANKU	JR	<b>#1</b> UC Santa Cruz	<b>4:50.48</b>	{7}	3/22
10		Faith DYOGI	JR	<b>#1</b> UC Santa Cruz	<b>4:52.42</b>	{8}	<b>4/19</b>

## Women's Steeplechase

1	<b>7</b>	Kenzie SEYMOUR	SO	<b>#1</b> UC Santa Cruz	<b>10:43.21</b>		<b>4/18</b>
2	<b>79</b>	Cheryl CHUANG	JR	<b>#1</b> UC Santa Cruz	<b>11:30.51</b>	{2}	<b>4/19</b>
3	<b>94</b>	Emma WIRZ	JR	<b>#1</b> UC Santa Cruz	<b>11:35.50</b>	{3}	<b>4/19</b>
4		Sofia PLACIAS	SR	<b>#1</b> UC Santa Cruz	<b>11:41.79</b>	{4}	<b>4/19</b>
5		Leah SNYDER	JR	<b>#3</b> Salisbury	<b>12:14.48</b>		3/15
6		Katherine STREETER	FR	<b>#2</b> Christopher New	<b>12:44.59</b>		<b>4/19</b>
7		Josie BRUMFIELD	JR	<b>#2</b> Christopher New	<b>13:18.41</b>	{2}	<b>4/19</b>

## Women's 5000 Meters

1	<b>58</b>	Anna BODMER	SO	<b>#3</b> Salisbury	<b>17:21.36</b>		4/5
2	<b>70</b>	Kenzie SEYMOUR	SO	<b>#1</b> UC Santa Cruz	<b>17:25.45</b>		3/22
3		Helena JANKU	JR	<b>#1</b> UC Santa Cruz	<b>17:35.38</b>	{2}	4/5
4		Sydney BOYD	SO	<b>#1</b> UC Santa Cruz	<b>17:44.63</b>	{3}	3/22
5		Jordan BADEN	SO	<b>#1</b> UC Santa Cruz	<b>17:51.69</b>	{4}	<b>4/19</b>
6		Ryanne REYNOLDS	SO	<b>#1</b> UC Santa Cruz	<b>18:22.00</b>	{5}	3/22
7		Coralie S. NORENBURG	JR	<b>#1</b> UC Santa Cruz	<b>18:36.19</b>	{6}	<b>4/19</b>
8		Madi SISSON	JR	<b>#3</b> Salisbury	<b>18:41.07</b>	{2}	4/5
9		Sarah DAKE	SO	<b>#2</b> Christopher New	<b>18:42.33</b>		4/5
10		Madison LORENZ	FR	<b>#1</b> UC Santa Cruz	<b>18:44.80</b>	{7}	<b>4/19</b>





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



C2C

as of 4/22/2025 12:03:58 AM ET

## Women's 10,000 Meters

1	57	Anna BODMER	SO	#3 Salisbury	37:36.28	3/15
2		Sarah DAKE	SO	#2 Christopher New	39:13.77	4/12
3		Madi SISSON	JR	#3 Salisbury {2}	39:43.09	3/15
4		Kayla LOPEZ	SO	#2 Christopher New {2}	39:43.76	4/12
5		Lena BLAGG	FR	#2 Christopher New {3}	42:09.42	3/29
6		Jessica OBERLIES	SR	#4 Mary Washington	42:26.65	4/12
7		Savannah TRICE	FR	#3 Salisbury {3}	43:19.34	3/15
8		Katherine STREETER	FR	#2 Christopher New {4}	43:24.68	3/29

## Women's 4x100 Relay

1	32	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil	#3 Salisbury	47.82	4/19
2	73	Camille M. Anneet, Amaya Cummins, Aditi Kamble, Caitlin Donovan	#1 UC Santa Cruz	48.97	4/19
3	76	Yasmin Deane, Journey Mason, Jolene Adu, Sophia Redmond	#4 Mary Washington	49.00	3/29

## Women's 4x400 Relay

1	57	Lilly Williams, Marlyse Haack, Karia Forvil, Emma Smyser	#3 Salisbury	4:03.36	3/15
2	77	Camille M. Anneet, Amaya Cummins, Caitlin Donovan, Mae Stafford	#1 UC Santa Cruz	4:05.83	3/22
3		Josie Brumfield, Millie Weinhold, Didi Dasilva, Kayla Lopez	#2 Christopher New	4:36.52	3/29

## Women's High Jump

1	74	Eliza ZHENG	FR	#1 UC Santa Cruz	1.59m	5-2½	3/22
2	86	Ashley ELEY	SO	#2 Christopher New	1.58m	5-2¼	4/19
3		Celine L. CASTANEDA	FR	#1 UC Santa Cruz {2}	1.57m	5-1¾	3/15
4		Mikaylea HARPER- LOUIS	FR	#2 Christopher New {2}	1.48m	4-10¼	4/19
5		Kaitlyn STEVENS	FR	#3 Salisbury	1.47m	4-9¾	4/19
6		Ellie NUCKOLS	SO	#2 Christopher New {3}	1.40m	4-7	4/19
7		Kendal BROWN	FR	#2 Christopher New {4}	1.38m	4-6¼	3/29
8		Isha KASANAGOTTU	JR	#1 UC Santa Cruz {3}	1.37m	4-6	4/19
8		Olivia L. MARINO	FR	#1 UC Santa Cruz {3}	1.37m	4-6	4/19
10		Hayden ADAMS	FR	#3 Salisbury {2}	1.35m	4-5	3/8

## Women's Pole Vault

1		Emma SMYSER	FR	#3 Salisbury	3.25m	10-8	4/19
2		Lily KNOWLES	SO	#2 Christopher New	3.10m	10-2	4/5
3		Allyson PETERSEN	SO	#1 UC Santa Cruz	2.93m	9-7¼	3/22
4		Elizabeth LACOMBE	SO	#2 Christopher New {2}	2.90m	9-6¼	4/12
5		Sofia DELROSSO- FREEMAN	JR	#3 Salisbury {2}	2.80m	9-2¼	4/19
6		Mackenzie TATE	JR	#2 Christopher New {3}	2.62m	8-7	4/19
6		Amelia STEPHENSON	FR	#4 Mary Washington	2.62m	8-7	4/19
8		Faith DYOGI	JR	#1 UC Santa Cruz {2}	2.30m	7-6½	3/1

## Women's Long Jump

1	35	Mia HILL	JR	#3 Salisbury	5.61mw	18-5 (2.6)	4/19
2	59	Ellie NUCKOLS	SO	#2 Christopher New	5.50m	18-½ (0.6)	4/5
3	80	Grace DAMEWOOD	SR	#2 Christopher New {2}	5.41m	17-9 (1.3)	4/19
4	84	Marlyse HAACK	JR	#3 Salisbury {2}	5.39m	17-8¼ (0.9)	3/8
5		Emma CHRISTMAN	JR	#3 Salisbury {3}	5.32mw	17-5½ (2.6)	4/19
6		Ashley ELEY	SO	#2 Christopher New {3}	5.17m	16-11½ (0.0)	4/12
7		Kennedy ATKINS	SO	#3 Salisbury {4}	5.06mw	16-7¼ (2.4)	4/19
8		Celine L. CASTANEDA	FR	#1 UC Santa Cruz	4.95mw	16-3 (2.2)	3/15
9		Simone P. ASSAF	FR	#1 UC Santa Cruz {2}	4.89m	16-½ (0.9)	4/19
10		Akira JONES	SO	#1 UC Santa Cruz {3}	4.86m	15-11½ (1.5)	3/1

## Women's Triple Jump

1	45	Emma CHRISTMAN	JR	#3 Salisbury	11.37m	37-3¾ (1.1)	4/4
2		Marlyse HAACK	JR	#3 Salisbury {2}	10.90m	35-9¼ (-0.1)	3/29
3		D'Yan ROBINSON	SO	#2 Christopher New	10.68m	35-½ (0.3)	4/12
4		Grace DAMEWOOD	SR	#2 Christopher New {2}	10.65mw	34-11¼ (2.8)	4/19
5		Mikaylea HARPER- LOUIS	FR	#2 Christopher New {3}	10.42m	34-2¼ (0.1)	4/19
6		Alex KAPLAN	JR	#1 UC Santa Cruz	10.40mw	34-1½ (3.1)	3/1
7		Jolene ADU	FR	#4 Mary Washington	10.35m	33-11½ (0.0)	3/29
8		Alexandra GUZMAN	JR	#2 Christopher New {4}	10.28m	33-8¾ (0.0)	4/12
9		Celine L. CASTANEDA	FR	#1 UC Santa Cruz {2}	10.23m	33-6¾ (1.0)	4/19
10		Kaitlyn STEVENS	FR	#3 Salisbury {3}	10.08mw	33-1 (2.5)	4/19

## Women's Shot Put

1		Katherine STEVENS	SR	#2 Christopher New	11.67m	38-3½	3/29
2		Charlotte WALDEMAR	FR	#2 Christopher New {2}	10.36m	34-0	4/19
3		Rylee EHRETT	SO	#2 Christopher New {3}	10.20m	33-5¾	3/29
4		Alexa FRICK	FR	#3 Salisbury	9.83m	32-3	4/19
5		Kailey JARBOE	JR	#3 Salisbury {2}	9.68m	31-9¼	3/29
6		Ellie NUCKOLS	SO	#2 Christopher New {4}	9.63m	31-7¼	4/19
7		Jenna WEINGARD	FR	#3 Salisbury {3}	9.38m	30-9¼	4/19
8		Theresa OETGEN	SO	#4 Mary Washington	9.30m	30-6¼	3/29
9		Eleanor EUNGARD	JR	#2 Christopher New {5}	9.29m	30-5¾	4/12
10		Whitney PORTER	JR	#1 UC Santa Cruz	9.19m	30-2	3/15

## Women's Discus

1	21	Katherine STEVENS	SR	#2 Christopher New	43.95m	144-3	4/12
2		Whitney PORTER	JR	#1 UC Santa Cruz	34.88m	114-5	4/19
3		Kailey JARBOE	JR	#3 Salisbury	33.17m	108-10	4/19
4		Rylee EHRETT	SO	#2 Christopher New {2}	31.86m	104-7	4/19
5		Charlotte WALDEMAR	FR	#2 Christopher New {3}	31.32m	102-9	4/19
6		Alexa FRICK	FR	#3 Salisbury {2}	30.97m	101-7	3/29
7		Eleanor EUNGARD	JR	#2 Christopher New {4}	29.45m	96-7½	4/19
8		Kailey LEBA	SO	#1 UC Santa Cruz {2}	25.22m	82-9	3/15
9		Alyssa WOHLFARTH	JR	#3 Salisbury {3}	24.55m	80-6½	3/29
10		Jenna WEINGARD	FR	#3 Salisbury {4}	23.50m	77-1¼	4/19



# USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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C2C

as of 4/22/2025 12:03:58 AM ET

## Women's Hammer

1	27	Katherine STEVENS	SR	#2 Christopher New	50.61m	166-1	3/29
2		Rylee EHRETT	SO	#2 Christopher New{2}	42.59m	139-9	4/19
3		Kailey JARBOE	JR	#3 Salisbury	38.76m	127-2	3/29
4		Charlotte WALDEMAR	FR	#2 Christopher New{3}	35.56m	116-8	4/19
5		Eleanor EUNGARD	JR	#2 Christopher New{4}	34.58m	113-6	4/19
6		Jenna WEINGARD	FR	#3 Salisbury	{2} 32.11m	105-4	4/19
7		Alexa FRICK	FR	#3 Salisbury	{3} 32.09m	105-4	3/29
8		Whitney PORTER	JR	#1 UC Santa Cruz	31.18m	102-4	4/19
9		Kailey LEBA	SO	#1 UC Santa Cruz	{2} 29.84m	97-10¾	4/19
10		Theresa OETGEN	SO	#4 Mary Washington	21.54m	70-8	3/29

## Women's Javelin

1		Kailey LEBA	SO	#1 UC Santa Cruz	31.64m	103-10	3/15
2		Hayden ADAMS	FR	#3 Salisbury	31.03m	101-10	3/15
3		Katherine STEVENS	SR	#2 Christopher New	29.02m	95-2½	3/29
4		Whitney PORTER	JR	#1 UC Santa Cruz	{2} 24.51m	80-5	4/19
5		Karia FORVIL	JR	#3 Salisbury	{2} 23.30m	76-5½	3/29
6		Alyssa WOHLFARTH	JR	#3 Salisbury	{3} 22.56m	74-¼	3/29
7		Mikaylea HARPER-LOUIS	FR	#2 Christopher New{2}	21.59m	70-10	4/19
8		Ashley ELEY	SO	#2 Christopher New{3}	21.37m	70-1½	4/19
9		Kailey JARBOE	JR	#3 Salisbury	{4} 21.08m	69-2	3/29
10		Ellie NUCKOLS	SO	#2 Christopher New{4}	20.76m	68-1½	4/19

## Women's Heptathlon

1	24	Ellie NUCKOLS	SO	#2 Christopher New	4,310		4/19
2	66	Ashley ELEY	SO	#2 Christopher New{2}	3,653		4/19



## Conference TFRI Event Summary



CCIW

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## Women's 100 Meters

1	2	Alyssa BUSKER	SR	#2 Elmhurst	11.63w	(3.4)	3/30
2	11	Lauren MARSHALL	SR	#2 Elmhurst	{2} 11.82w	(2.7)	3/30
3	19	Riana HAYES	JR	#9 North Park	11.92	(1.7)	4/17
4	23	McKenzie RESER	SR	#4 Augustana (Ill.)	11.98	(0.2)	4/18
5	32	De'Andranay CHISM	FR	#8 Millikin	12.05	(1.6)	3/29
6	58	Meja LINDBERG	SO	#9 North Park	{2} 12.19	(1.7)	4/17
7	89	Allie DOCKINS	SR	#1 North Central (Il	12.31w	(2.4)	3/29
8		Tiana GRADY	SO	#2 Elmhurst	{3} 12.35w	(3.2)	4/17
9		Cora DEEMER	SO	#4 Augustana (Ill.)	{2} 12.37	(1.4)	4/12
10		Kyla MILLER	SR	#1 North Central (Il	{2} 12.42w	(2.4)	3/29

## Women's 100 Meter Hurdles

1	23	Thea RING	JR	#9 North Park	14.42w	(3.4)	3/29
2	27	Nakala NADEAU	SR	#2 Elmhurst	14.48w	(2.4)	4/19
3	36	Tiana GRADY	SO	#2 Elmhurst	{2} 14.69	(1.9)	4/19
4	41	Brooke GREAVES	FR	#2 Elmhurst	{3} 14.74	(0.7)	4/19
5		Anna ANDRETICH	SO	#2 Elmhurst	{4} 15.45	(1.5)	4/12
6		Denise PARTEE	SR	#1 North Central (Il	15.52	(0.3)	4/18
7		Anna COTTER	SR	#1 North Central (Il	{2} 15.59	(1.5)	4/12
7		Tara SCHAALMA	SO	#3 Carthage	15.59	(1.8)	3/29
9		Sally ELSÉN	FR	#6 Wheaton (Ill.)	15.68	(1.7)	4/17
10		Isabella VALENTIN	FR	#1 North Central (Il	{3} 15.93	(0.0)	4/12

## Women's 200 Meters

1	1	Alyssa BUSKER	SR	#2 Elmhurst	23.66c	(24.02) (0.4)	3/30
2	5	De'Andranay CHISM	FR	#8 Millikin	23.94w	(3.2)	4/18
3	13	McKenzie RESER	SR	#4 Augustana (Ill.)	24.37	(1.6)	4/5
4	16	Lindsey NOVAK	SR	#1 North Central (Il	24.43	(1.5)	3/29
5	32	Lauren MARSHALL	SR	#2 Elmhurst	{2} 24.69	(0.1)	4/5
6	42	Thea RING	JR	#9 North Park	24.81	(0.1)	4/5
7	51	Riana HAYES	JR	#9 North Park	{2} 24.87	(0.0)	4/5
8		Tiana GRADY	SO	#2 Elmhurst	{3} 25.29	(-1.4)	4/12
9		Meja LINDBERG	SO	#9 North Park	{3} 25.38	(-1.4)	4/12
10		Carmela WOODS	SO	#2 Elmhurst	{4} 25.47	(-1.4)	4/12

## Women's 400 Meters

1	7	Lindsey NOVAK	SR	#1 North Central (Il	55.38		4/5
2	11	McKenzie RESER	SR	#4 Augustana (Ill.)	55.67		4/18
3	44	Thea RING	JR	#9 North Park	56.91		4/5
4	52	Carmela WOODS	SO	#2 Elmhurst	57.18		4/12
5	94	Jordynn GRIFFIN	JR	#5 Illinois Wesleyan	58.21		4/12
6		Cali MINKIE	JR	#1 North Central (Il	{2} 58.80		4/18
7		Alexandra REINHART	FR	#5 Illinois Wesleyan	{2} 59.21		4/19
8		Isabella GONZALEZ	JR	#5 Illinois Wesleyan	{3} 59.83		3/29
9		Sadie RICHERT	JR	#6 Wheaton (Ill.)	59.88		4/12
10		Jordyn VANSANTEN	JR	#4 Augustana (Ill.)	{2} 1:00.03		4/5

## Women's 400 Meter Hurdles

1	91	Hannah HARRIS	FR	#6 Wheaton (Ill.)	1:06.17		4/17
2	97	Sally ELSÉN	FR	#6 Wheaton (Ill.)	{2} 1:06.34		4/12
3		Alivia HENKEL	FR	#1 North Central (Il	1:06.61		4/18
4		Kira NELSON	SR	#4 Augustana (Ill.)	1:07.13		4/12
5		Kelsey MOORE	FR	#5 Illinois Wesleyan	1:07.14		4/12
6		Lauren OELKE	SR	#4 Augustana (Ill.)	{2} 1:07.28		4/12
7		Jasmine PICKETT	SO	#2 Elmhurst	1:07.35		4/12
8		Tara SCHAALMA	SO	#3 Carthage	1:07.41		4/5
9		Isabella VALENTIN	FR	#1 North Central (Il	{2} 1:08.19		4/12
10		Gianna KONIECZNY	SR	#2 Elmhurst	{2} 1:08.63		4/17

## Women's 800 Meters

1	16	Lina MAATOUK	SR	#4 Augustana (Ill.)	2:11.48		4/18
2	35	Alexandra REINHART	FR	#5 Illinois Wesleyan	2:13.64		4/12
3	95	Mackenzie HUBER	SR	#5 Illinois Wesleyan	{2} 2:17.20		4/12
4	100	Lauren HUBER	SR	#5 Illinois Wesleyan	{3} 2:17.41		4/19
5		Adriana CRABTREE	JR	#5 Illinois Wesleyan	{4} 2:18.82		4/19
6		Cire' SMITH	SO	#1 North Central (Il	2:20.91		3/29
7		Molly ROBERTS	JR	#2 Elmhurst	2:22.34		4/5
8		Brooklynn SWEIKAR	FR	#8 Millikin	2:22.72		4/18
9		Nayeli VILLEGAS	SO	#2 Elmhurst	{2} 2:23.11		4/12
10		Olivia DURBIN	FR	#1 North Central (Il	{2} 2:23.51		3/29

## Women's 1500 Meters

1	32	Adriana CRABTREE	JR	#5 Illinois Wesleyan	4:33.77		3/28
2		Ashley KACHURIK	SR	#2 Elmhurst	4:46.26		4/5
3		Lina MAATOUK	SR	#4 Augustana (Ill.)	4:46.95		4/5
4		Julia BENES	SR	#1 North Central (Il	4:51.43		4/12
5		Molly ROBERTS	JR	#2 Elmhurst	{2} 4:51.55		4/5
6		Sarah QUINTANILLA	JR	#6 Wheaton (Ill.)	4:51.70		4/12
7		Abby RICKARD	SO	#6 Wheaton (Ill.)	{2} 4:53.02		4/5
8		Kylie SMITH	SR	#3 Carthage	4:53.89		4/5
9		Emma ODLE	SR	#4 Augustana (Ill.)	{2} 4:54.04		4/18
10		Emma MCGRATH	SR	#5 Illinois Wesleyan	{2} 4:55.43		4/12

## Women's Steeplechase

1	17	Emma ODLE	SR	#4 Augustana (Ill.)	10:58.78		3/28
2	30	Ashley KACHURIK	SR	#2 Elmhurst	11:12.49		4/18
3	80	Natalie FOPMA	SR	#6 Wheaton (Ill.)	11:30.91		4/12
4	91	Bethany SMEED	JR	#1 North Central (Il	11:34.39		4/12
5		Lily LEB0	JR	#6 Wheaton (Ill.)	{2} 11:40.57		4/12
6		Elizabeth LABRIN	JR	#6 Wheaton (Ill.)	{3} 11:47.24		4/17
7		Esther BROWN	SR	#2 Elmhurst	{2} 11:55.62		4/12
8		Emma CECICH	JR	#1 North Central (Il	{2} 12:02.10		4/12
9		Jessica SOLAR	SO	#2 Elmhurst	{3} 12:03.96		4/12
10		Paige RUNKLE	SR	#1 North Central (Il	{3} 12:13.99		4/5



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## Women's 5000 Meters

1	<b>84</b>	Emma ODLE	SR	<b>#4</b> Augustana (Ill.)	<b>17:30.05</b>	4/12
2		Caroline STETINA	SR	<b>#6</b> Wheaton (Ill.)	<b>17:46.06</b>	4/12
3		Annalese CHUDY	SR	<b>#5</b> Illinois Wesleyan	<b>17:46.82</b>	4/12
4		Ashley KACHURIK	SR	<b>#2</b> Elmhurst	<b>18:07.00</b>	3/28
5		Sophia HUBER	SO	<b>#6</b> Wheaton (Ill.) {2}	<b>18:10.67</b>	4/5
6		Sarah QUINTANILLA	JR	<b>#6</b> Wheaton (Ill.) {3}	<b>18:19.83</b>	4/5
7		Julia BENES	SR	<b>#1</b> North Central (Il	<b>18:23.17</b>	3/29
8		Lily LEBO	JR	<b>#6</b> Wheaton (Ill.) {4}	<b>18:24.40</b>	4/5
9		Kylie SMITH	SR	<b>#3</b> Carthage	<b>18:26.00</b>	4/12
10		Lily ANDERSON	SO	<b>#1</b> North Central (Il{2}	<b>18:35.15</b>	4/12

## Women's 10,000 Meters

1	<b>38</b>	Annalese CHUDY	SR	<b>#5</b> Illinois Wesleyan	<b>36:52.47</b>	3/28
2		Lily ANDERSON	SO	<b>#1</b> North Central (Il	<b>39:40.70</b>	3/29
3		Natalie NESTLER	SR	<b>#1</b> North Central (Il{2}	<b>40:52.95</b>	4/5
4		Katie JERBI	JR	<b>#3</b> Carthage	<b>43:16.98</b>	4/5

## Women's 4x100 Relay

1	<b>1</b>	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker	<b>#2</b> Elmhurst	<b>45.61</b>	<b>4/19</b>
2	<b>6</b>	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg	<b>#9</b> North Park	<b>46.49</b>	4/12
3	<b>26</b>	Kyla Miller, Faith Ladin, Cali Minkie, Lindsey Novak	<b>#1</b> North Central (Il	<b>47.63</b>	<b>4/18</b>
4	<b>32</b>	Shakira Wade, McKenzie Reser, Cora Deemer, Jordyn VanSanten	<b>#4</b> Augustana (Ill.)	<b>47.82</b>	<b>4/18</b>
5	<b>50</b>	Katarina Petrovic, Olivia Skibinski, Isabella Gonzalez, Imani Ogunribido	<b>#5</b> Illinois Wesleyan	<b>48.26</b>	4/12
6	<b>84</b>	Sadie Richert, Hannah Harris, Grace Crowder, Heidi Krekelberg	<b>#6</b> Wheaton (Ill.)	<b>49.21</b>	4/12
7	<b>86</b>	Zena Roberts, De'Andranay Chism, Alexis Wike, Mikayla Cowart-Toral	<b>#8</b> Millikin	<b>49.33</b>	<b>4/18</b>
8		Anna Kegel, Sarah Kerfin, Mandy Nelson, Caitlyn Hodgins	<b>#3</b> Carthage	<b>51.30</b>	<b>4/17</b>

## Women's 4x400 Relay

1	<b>24</b>	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	<b>#4</b> Augustana (Ill.)	<b>3:55.00</b>	4/5
2	<b>33</b>	Isabella Gonzalez, Lauren Huber, Alexandra Reinhart, Jordynn Griffin	<b>#5</b> Illinois Wesleyan	<b>3:57.84</b>	4/12
3	<b>37</b>	Carmela Woods, Alyssa Busker, Sadie Hartmann, Nayeli Villegas	<b>#2</b> Elmhurst	<b>3:58.85</b>	4/5
4	<b>60</b>	Cali Minkie, Cire' Smith, Reilly Boyer, Lindsey Novak	<b>#1</b> North Central (Il	<b>4:04.10</b>	<b>4/18</b>
5	<b>78</b>	Alayna Schultz, Brooklynn Sweikar, Audrey Remole, De'Andranay Chism	<b>#8</b> Millikin	<b>4:06.33</b>	4/12
6		Sally Elsen, Hannah Harris, Olivia Kiddy, Sadie Richert	<b>#6</b> Wheaton (Ill.)	<b>4:10.10</b>	<b>4/17</b>
7		Mandy Nelson, Tara Schaalma, Noelle Marsh, Kristin Farabaugh	<b>#3</b> Carthage	<b>4:12.00</b>	3/29
8		Rianna Schultz, Addison Weber, Hana Smith, Rebekah Buboltz	<b>#7</b> Carroll (Wis.)	<b>4:13.24</b>	4/12

## Women's High Jump

1	<b>9</b>	Lauren HUBER	SR	<b>#5</b> Illinois Wesleyan	<b>1.67m</b>	5-5¾	<b>4/19</b>
2	<b>20</b>	Grace CROWDER	SO	<b>#6</b> Wheaton (Ill.)	<b>1.64m</b>	5-4½	4/5
3	<b>50</b>	Hannah SAGO	JR	<b>#8</b> Millikin	<b>1.60m</b>	5-3	3/29
4	<b>74</b>	Faith LADIN	SR	<b>#1</b> North Central (Il	<b>1.59m</b>	5-2½	<b>4/18</b>
5		Teagan JOHNSTON	SR	<b>#3</b> Carthage	<b>1.57m</b>	5-1¾	<b>4/18</b>
6		Clare WHITNEY	FR	<b>#7</b> Carroll (Wis.)	<b>1.56m</b>	5-1¼	4/12
6		Angelina CAMACI	JR	<b>#2</b> Elmhurst	<b>1.56m</b>	5-1¼	4/5
8		Pola KUBRAK	SR	<b>#1</b> North Central (Il{2}	<b>1.54m</b>	5-½	3/29
9		Audrey REMOLE	SO	<b>#8</b> Millikin	{2} <b>1.53m</b>	5-¼	4/12
9		Caylah BOYD	SO	<b>#2</b> Elmhurst	{2} <b>1.53m</b>	5-¼	4/12
9		Brooke GREAVES	FR	<b>#2</b> Elmhurst	{2} <b>1.53m</b>	5-¼	4/12





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## Women's Pole Vault

1	3	Gwen BERENYI	JR	#1 North Central (Il	4.03m	13-2½	3/29
2	20	Natalie JOHNSON	SR	#1 North Central (Il{2}	3.75m	12-3½	4/18
3	65	Cora HELLER	FR	#4 Augustana (Ill.)	3.45m	11-3¾	4/18
4	77	Kate WEBER	JR	#2 Elmhurst	3.40m	11-1¾	4/5
5		Ariana RIVERA	SR	#1 North Central (Il{3}	3.30m	10-9¾	4/18
6		Sophia BACZAK	FR	#5 Illinois Wesleyan	3.15m	10-4	4/19
6		Haylee YELLE	JR	#8 Millikin	3.15m	10-4	4/4
8		Jillian BENEKE	FR	#1 North Central (Il{4}	3.10m	10-2	4/5
9		Ashtin ROY	SO	#6 Wheaton (Ill.)	3.06m	10-½	3/29
10		Grace GILLESPIE	FR	#4 Augustana (Ill.) {2}	3.00m	9-10	4/18
10		Bella BACKUS	FR	#7 Carroll (Wis.)	3.00m	9-10	4/18
10		Hailey NEWILL	JR	#8 Millikin {2}	3.00m	9-10	4/18

## Women's Long Jump

1	28	Chloe SELMER	FR	#2 Elmhurst	5.64m	18-6 (1.1)	4/12
2	29	Paulina TINAJERO	SO	#2 Elmhurst {2}	5.63m	18-5¾ (0.0)	4/12
3	30	Christina HALL	JR	#3 Carthage	5.62m	18-5¼ (1.1)	3/29
4	40	Katelyn MCCANN	JR	#1 North Central (Il	5.59m	18-4¼ (1.8)	3/28
5	54	Vanessa CARR	JR	#2 Elmhurst {3}	5.51m	18-1 (0.0)	4/12
6	62	Zena ROBERTS	SO	#8 Millikin	5.47mw	17-11½ (3.8)	4/18
6	62	Lauren MARSHALL	SR	#2 Elmhurst {4}	5.47m	17-11½ (-1)	4/19
8	67	Thea RING	JR	#9 North Park	5.45m	17-10¾ (0.5)	4/5
9	93	Anna COTTER	SR	#1 North Central (Il{2}	5.36mw	17-7 (3.3)	4/18
10		Teagan JOHNSTON	SR	#3 Carthage {2}	5.35mw	17-6¾ (2.4)	3/29

## Women's Triple Jump

1	10	Imani OGUNRIBIDO	SO	#5 Illinois Wesleyan	11.98m	39-3¾ (1.7)	4/19
2	24	Abigail CALHOUN	SR	#3 Carthage	11.58m	38-0 (0.4)	4/17
3	38	Abbie LAYNE	SO	#1 North Central (Il	11.44m	37-6½ (0.5)	4/12
4	51	Chloe SELMER	FR	#2 Elmhurst	11.34m	37-2½ (1.0)	4/12
5	55	Francesca SMITH	SR	#5 Illinois Wesleyan{2}	11.23m	36-10¼ (1.6)	3/29
6	67	Paulina TINAJERO	SO	#2 Elmhurst {2}	11.15m	36-7 (-1.3)	4/5
7	70	Vanessa CARR	JR	#2 Elmhurst {3}	11.12m	36-5¾ (1.9)	4/12
8	72	Leona AGYEMANG	FR	#1 North Central (Il{2}	11.11mw	36-5½ (2.9)	4/18
9		Tara SCHAALMA	SO	#3 Carthage {2}	10.84m	35-6¾ (1.5)	3/29
10		Anna ANDRETICH	SO	#2 Elmhurst {4}	10.79m	35-4¾ (-1.7)	4/5

## Women's Shot Put

1	8	Maria FALK	SR	#7 Carroll (Wis.)	13.83m	45-4½	4/5
2	13	Vanessa UITENBROEK	SR	#7 Carroll (Wis.) {2}	13.62m	44-8¾	4/18
3	21	Madison PAYNE	JR	#3 Carthage	13.30m	43-7¾	4/17
4	22	Mikayla WRIGHT	SR	#3 Carthage {2}	13.27m	43-6½	4/5
5	49	Alexis MATTOX	SR	#3 Carthage {3}	12.75m	41-10	3/29
6	56	Jackie TUZIL	JR	#3 Carthage {4}	12.70m	41-8	3/29
7	65	Lillian TOWNSEND	SO	#3 Carthage {5}	12.57m	41-3	4/12
8	89	Heather MICHALSKI	SR	#4 Augustana (Ill.)	12.25m	40-2¼	4/12
9		Bridget WUNDERLICH	SR	#4 Augustana (Ill.) {2}	12.14m	39-10	4/12
10		Makensie PEARSON	SO	#3 Carthage {6}	12.13m	39-9¾	4/17

## Women's Discus

1	1	Charlotte FRERE	JR	#4 Augustana (Ill.)	52.70m	172-11	4/18
2	8	Vanessa UITENBROEK	SR	#7 Carroll (Wis.)	46.04m	151-1	4/12
3	10	Nicole TARPLEY	SR	#3 Carthage	45.61m	149-8	4/5
4	26	Jackie TUZIL	JR	#3 Carthage {2}	43.80m	143-9	4/5
5	79	Heather MICHALSKI	SR	#4 Augustana (Ill.) {2}	40.14m	131-9	4/5
6	84	Gabrielle HARDING	SR	#1 North Central (Il	39.90m	130-11	4/18
7	100	Lillian TOWNSEND	SO	#3 Carthage {3}	39.44m	129-5	4/17
8		Arianna TEICHMAN	SR	#1 North Central (Il{2}	38.40m	126-0	4/12
8		Amanda MELTON	JR	#1 North Central (Il{2}	38.40m	126-0	4/12
10		Madison PAYNE	JR	#3 Carthage {4}	37.55m	123-3	4/17

## Women's Hammer

1	9	Carlyssa KING	SR	#5 Illinois Wesleyan	53.94m	177-0	4/12
2	10	Alexis MATTOX	SR	#3 Carthage	53.84m	176-8	4/17
3	13	Nicole TARPLEY	SR	#3 Carthage {2}	53.48m	175-6	4/17
4	20	Vanessa UITENBROEK	SR	#7 Carroll (Wis.)	51.66m	169-6	4/18
5	43	Gabrielle HARDING	SR	#1 North Central (Il	49.70m	163-1	4/12
6	72	Madison PAYNE	JR	#3 Carthage {3}	47.37m	155-5	4/17
7	88	Arianna TEICHMAN	SR	#1 North Central (Il{2}	46.37m	152-2	4/12
8		Charlotte FRERE	JR	#4 Augustana (Ill.)	45.56m	149-6	4/5
9		Caroline PLASIL	SO	#7 Carroll (Wis.) {2}	45.20m	148-4	4/12
10		Grace PEQUIGNOT	SO	#7 Carroll (Wis.) {3}	44.38m	145-7	4/12

## Women's Javelin

1	4	Heather MICHALSKI	SR	#4 Augustana (Ill.)	43.13m	141-6	4/12
2	7	Faith LADIN	SR	#1 North Central (Il	42.01m	137-10	4/5
3	26	Laina NELSON	SO	#4 Augustana (Ill.) {2}	39.67m	130-2	3/29
4	36	Lauren HUBER	SR	#5 Illinois Wesleyan	38.88m	127-7	4/19
5	43	Robin LEE	SR	#1 North Central (Il{2}	38.42m	126-1	4/18
6	82	Caitlin MCCANE	SR	#5 Illinois Wesleyan{2}	36.43m	119-6	4/12
7		Teagan JOHNSTON	SR	#3 Carthage	35.23m	115-7	4/18
8		Carmella LANGE	SR	#3 Carthage {2}	34.38m	112-10	3/29
9		Anna COTTER	SR	#1 North Central (Il{3}	33.89m	111-2	3/29
10		Madison PAYNE	JR	#3 Carthage {3}	33.75m	110-9	3/29

## Women's Heptathlon

1	8	Lauren HUBER	SR	#5 Illinois Wesleyan	4,821		4/19
2	27	Anna COTTER	SR	#1 North Central (Il	4,266		4/18
3	52	Teagan JOHNSTON	SR	#3 Carthage	3,830		4/18
4	54	Isabella VALENTIN	FR	#1 North Central (Il{2}	3,826		4/18
5	83	Julia KRAUS	SO	#3 Carthage {2}	3,376		4/18
6		Addison HUPPERT	SO	#3 Carthage {3}	3,106		4/18
7		Ashley WOJCIECHOWSKI	SO	#7 Carroll (Wis.)	2,790		4/12
8		Khaliah KNOX	FR	#4 Augustana (Ill.)	2,770		4/18
9		Savannah KRZYKOWSKI	SR	#7 Carroll (Wis.) {2}	2,457		4/12
10		Isabel ASUMENDI	FR	#7 Carroll (Wis.) {3}	2,249		4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



CCS

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## Women's 100 Meters

1	<b>78</b>	Kimona HAYNES	JR	#5	Belhaven (Miss.)	<b>12.27</b>	(1.2)	3/9
2		Jakia JOINER	SO	#5	Belhaven (Miss.)	<b>12.48</b>	(1.2)	3/9
3		Ashaunti JONES	SR	#5	Belhaven (Miss.)	<b>12.84</b>	(1.2)	3/9
4		Allison CANTRELL	SO	#1	Piedmont	<b>13.09w</b>	(2.8)	3/15
5		Keyuna PEEBLES	SO	#1	Piedmont	<b>13.12</b>	(1.2)	4/12
6		Emma CHRISTENSEN	SR	#2	Covenant	<b>13.18</b>	(1.2)	4/12
7		Annessia GREER	SR	#5	Belhaven (Miss.)	<b>13.32</b>	(-1.4)	3/22
8		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	<b>13.37w</b>	(2.1)	3/9
9		Harmonee KING	FR	#3	Maryville (Tenn.)	<b>13.46</b>	(1.2)	4/12
10		Nariah TRAVIS	FR	#6	Huntingdon (Ala)	<b>13.47</b>	(1.6)	3/9

## Women's 100 Meter Hurdles

1		Michelle CATES	JR	#1	Piedmont	<b>16.41w</b>	(2.8)	3/9
2		Maggie HIGDON	FR	#4	Asbury (Ky.)	<b>16.46w</b>	(2.5)	3/29
3		Sara BJERKE	FR	#1	Piedmont	<b>17.04w</b>	(2.8)	3/9
4		Mya FARMER	FR	#6	Huntingdon (Ala)	<b>17.05</b>	(1.9)	4/12
5		Mariah THORNTON	FR	#3	Maryville (Tenn.)	<b>17.78</b>	(1.4)	4/12
6		Anna FREEMAN	FR	#1	Piedmont	<b>19.73w</b>	(3.6)	3/22
7		Cosette MELOON	FR	#4	Asbury (Ky.)	<b>21.03</b>	(1.2)	3/29
8		Aleah VESS	SR	#6	Huntingdon (Ala)	<b>22.38w</b>	(2.7)	4/5

## Women's 200 Meters

1	<b>40</b>	Kimona HAYNES	JR	#5	Belhaven (Miss.)	<b>24.80</b>	(1.5)	3/9
2		Ashaunti JONES	SR	#5	Belhaven (Miss.)	<b>25.48</b>	(1.5)	3/9
3		Taylor FAKES	SO	#5	Belhaven (Miss.)	<b>26.86</b>	(2.0)	4/12
4		Nariah TRAVIS	FR	#6	Huntingdon (Ala)	<b>27.31</b>	(1.2)	4/5
5		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	<b>27.37w</b>	(2.4)	4/12
6		Kallee COOPER	FR	#4	Asbury (Ky.)	<b>27.41w</b>	(2.6)	<b>4/18</b>
7		Allison CANTRELL	SO	#1	Piedmont	<b>27.42</b>	(0.2)	3/15
8		Daehla SMITH	SR	#2	Covenant	<b>27.64</b>	(1.4)	4/12
9		Emma CHRISTENSEN	SR	#2	Covenant	<b>27.74</b>	(-0.4)	4/5
10		Keyuna PEEBLES	SO	#1	Piedmont	<b>27.87</b>	(0.6)	4/5

## Women's 400 Meters

1	<b>20</b>	Ashaunti JONES	SR	#5	Belhaven (Miss.)	<b>55.99</b>		3/22
2	<b>23</b>	Kimona HAYNES	JR	#5	Belhaven (Miss.)	<b>56.16</b>		3/22
3		Kallee COOPER	FR	#4	Asbury (Ky.)	<b>1:02.21</b>		3/22
4		Josephine SWINBURNSON	FR	#2	Covenant	<b>1:02.65</b>		3/22
5		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	<b>1:04.05</b>		3/22
6		Tanea DAVIS	JR	#1	Piedmont	<b>1:04.09</b>		4/12
7		Sophia VELLECO	FR	#2	Covenant	<b>1:04.26</b>	{2}	3/22
8		Nariah TRAVIS	FR	#6	Huntingdon (Ala)	<b>1:04.38</b>		3/15
9		Kate SMITH	SR	#6	Huntingdon (Ala)	<b>1:05.08</b>	{2}	3/22
10		Brooke O'CARROLL	JR	#4	Asbury (Ky.)	<b>1:05.52</b>	{2}	3/22

## Women's 400 Meter Hurdles

1		Michelle CATES	JR	#1	Piedmont	<b>1:08.71</b>		3/15
2		Bella CACCAMO	JR	#1	Piedmont	<b>1:11.86</b>	{2}	4/12
3		Paige ASHER	FR	#4	Asbury (Ky.)	<b>1:18.95</b>		4/11
4		Mariah THORNTON	FR	#3	Maryville (Tenn.)	<b>1:19.12</b>		3/22
5		Cosette MELOON	FR	#4	Asbury (Ky.)	<b>1:22.93</b>	{2}	4/11
6		Mya FARMER	FR	#6	Huntingdon (Ala)	<b>1:25.65</b>		4/5
7		Brhea COVINGTON	SO	#1	Piedmont	<b>1:31.54</b>	{3}	3/15

## Women's 800 Meters

1		Bailey GASSMANN	SO	#4	Asbury (Ky.)	<b>2:20.35</b>		<b>4/18</b>
2		Evangelia BERRY	SO	#2	Covenant	<b>2:26.66</b>		4/12
3		Sarah OLSON	SO	#2	Covenant	<b>2:26.90</b>	{2}	4/5
4		Brooke O'CARROLL	JR	#4	Asbury (Ky.)	<b>2:27.58</b>	{2}	3/22
5		Bella CACCAMO	JR	#1	Piedmont	<b>2:28.28</b>		3/15
6		Kate SMITH	SR	#6	Huntingdon (Ala)	<b>2:31.45</b>		4/12
7		Sophia VELLECO	FR	#2	Covenant	<b>2:33.54</b>	{3}	4/12
8		Adyson MATTINGLY	FR	#4	Asbury (Ky.)	<b>2:33.97</b>	{3}	4/5
9		Kenzi STAPLETON	FR	#2	Covenant	<b>2:34.35</b>	{4}	4/5
10		Tanea DAVIS	JR	#1	Piedmont	<b>2:35.37</b>	{2}	4/5

## Women's 1500 Meters

1		Bailey GASSMANN	SO	#4	Asbury (Ky.)	<b>4:52.31</b>		4/5
2		Evangelia BERRY	SO	#2	Covenant	<b>4:57.77</b>		4/5
3		Kenzi STAPLETON	FR	#2	Covenant	<b>5:09.16</b>	{2}	3/28
4		Sarah OLSON	SO	#2	Covenant	<b>5:09.54</b>	{3}	3/28
5		Skyler SEEGER	JR	#1	Piedmont	<b>5:14.12</b>		3/15
6		Brooke O'CARROLL	JR	#4	Asbury (Ky.)	<b>5:17.50</b>	{2}	3/29
7		Emerson TILLERY	SO	#2	Covenant	<b>5:17.62</b>	{4}	3/28
8		Michaela MOORE	SO	#6	Huntingdon (Ala)	<b>5:22.48</b>		3/22
9		Kate SMITH	SR	#6	Huntingdon (Ala)	<b>5:23.02</b>	{2}	4/12
10		Bella CACCAMO	JR	#1	Piedmont	<b>5:23.05</b>	{2}	3/9

## Women's Steeplechase

1		Skyler SEEGER	JR	#1	Piedmont	<b>12:05.80</b>		3/22
2		Brhea COVINGTON	SO	#1	Piedmont	<b>14:17.13</b>	{2}	4/12
3		RaeEllen COFFEY	FR	#3	Maryville (Tenn.)	<b>17:15.34</b>		4/12
4		Kaitlyn SMITH	FR	#3	Maryville (Tenn.)	<b>17:26.29</b>	{2}	4/12

## Women's 5000 Meters

1		Evangelia BERRY	SO	#2	Covenant	<b>18:22.22</b>		4/12
2		Bailey GASSMANN	SO	#4	Asbury (Ky.)	<b>18:35.91</b>		3/22
3		Skyler SEEGER	JR	#1	Piedmont	<b>18:36.94</b>		4/12
4		Emerson TILLERY	SO	#2	Covenant	<b>18:48.25</b>	{2}	4/12
5		Sarah OLSON	SO	#2	Covenant	<b>19:40.28</b>	{3}	4/12
6		Kenzi STAPLETON	FR	#2	Covenant	<b>19:41.05</b>	{4}	4/12
7		Ashley DAVIDSON	SO	#5	Belhaven (Miss.)	<b>20:14.50</b>		4/12
8		JoAnna CORNETTE	FR	#5	Belhaven (Miss.)	<b>20:24.21</b>	{2}	4/12
9		Ava MILLER	JR	#4	Asbury (Ky.)	<b>20:41.04</b>	{2}	3/22
10		Greta MCLEAN	FR	#2	Covenant	<b>20:41.31</b>	{5}	3/22



## Conference TFRI Event Summary



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## Women's 10,000 Meters

1	97	Skyler SEEBER	JR	#1	Piedmont	38:41.48	4/5
2		Evangelia BERRY	SO	#2	Covenant	39:19.22	3/15
3		Emerson TILLERY	SO	#2	Covenant	{2} 40:30.46	3/15
4		Sarah OLSON	SO	#2	Covenant	{3} 41:12.58	3/22
5		Megan SHINN	FR	#3	Maryville (Tenn.)	43:55.92	4/12

## Women's 4x100 Relay

1		Daehla Smith, Josephine Swinburnson, Sophia Velleco, Emma Christensen	#2	Covenant	51.89	4/12
2		Ambria Mack, Brihanna Basil, Kallee Cooper, Paige Asher	#4	Asbury (Ky.)	52.55	3/22
3		#Type!	#3	Maryville (Tenn.)	53.74	4/12

## Women's 4x400 Relay

1		Courtney Adams, Myisha Turner, Bre Taylor, JoAnna Cornette	#5	Belhaven (Miss.)	4:10.32	4/12
2		Michelle Cates, Bella Caccamo, Tanea Davis, Allison Cantrell	#1	Piedmont	4:22.65	3/15
3		Ambria Mack, Kallee Cooper, Brooke O'Carroll, Bailey Gassmann	#4	Asbury (Ky.)	4:22.76	3/22
4		#Type!	#6	Huntingdon (Ala)	4:49.56	3/9

## Women's High Jump

1	86	Emma CHRISTENSEN	SR	#2	Covenant	1.58m	5-2¼	3/22
2		Mikayla RICCIO	FR	#4	Asbury (Ky.)	1.52m	4-11¾	3/22
3		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	1.50m	4-11	3/22
4		Aleah VESS	SR	#6	Huntingdon (Ala)	1.40m	4-7	3/1
4		Sara BJERKE	FR	#1	Piedmont	1.40m	4-7	3/29
6		Bella CACCAMO	JR	#1	Piedmont	{2} 1.36m	4-5½	4/12
6		Sarah HOLLER	SR	#2	Covenant	{2} 1.36m	4-5½	4/12
6		Tanea DAVIS	JR	#1	Piedmont	{2} 1.36m	4-5½	4/12

## Women's Pole Vault

1		Sarah HOLLER	SR	#2	Covenant	2.92m	9-7	4/12
2		Haley MCLEER	FR	#1	Piedmont	2.80m	9-2¼	4/5
3		Emma GROFF	FR	#4	Asbury (Ky.)	2.77m	9-1	4/5
4		Ja'Nia GRAY	FR	#1	Piedmont	{2} 2.23m	7-3¾	3/9

## Women's Long Jump

1		Allison CANTRELL	SO	#1	Piedmont	5.04m	16-6½ (0.9)	3/15
2		Jakia JOINER	SO	#5	Belhaven (Miss.)	4.88m	16-¼ (0.9)	3/9
3		Jamia MADDOX	SO	#5	Belhaven (Miss.)	{2} 4.82m	15-9¾ (0.0)	4/12
4		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	4.74m	15-6¾ (0.3)	3/29
5		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	{2} 4.71m	15-5½ (0.0)	4/12
6		Tierra KELLY	FR	#5	Belhaven (Miss.)	{3} 4.62m	15-2 (1.9)	4/12
7		Sara BJERKE	FR	#1	Piedmont	{2} 4.50m	14-9¼ (1.3)	3/22
8		Josephine SWINBURNSON	FR	#2	Covenant	4.49m	14-8¾ (0.3)	4/12
9		Elie BERNDT	FR	#2	Covenant	{2} 4.45m	14-7¼ (0.6)	4/12
10		Ileyna BROOKS	SR	#1	Piedmont	{3} 4.40m	14-5¼ (0.0)	4/12

## Women's Triple Jump

1	36	Jakia JOINER	SO	#5	Belhaven (Miss.)	11.45m	37-6¾ (0.0)	3/1
2	88	Natalie BLACK	FR	#5	Belhaven (Miss.)	{2} 11.01m	36-1½ (0.0)	3/1
3		Emma CHRISTENSEN	SR	#2	Covenant	10.15m	33-3¾ (-0.1)	3/22
3		Caroline PRESTON	SR	#4	Asbury (Ky.)	10.15m	33-3¾ (0.7)	4/18
5		Alana RODRIGUEZ	SO	#3	Maryville (Tenn.)	9.89m	32-5½ (0.0)	4/12
6		Hailee HARDMAN	SO	#3	Maryville (Tenn.)	{2} 9.69m	31-9½ (0.0)	4/12
7		Elie BERNDT	FR	#2	Covenant	{2} 9.63m	31-7¼ (1.9)	4/5
8		Emma GROFF	FR	#4	Asbury (Ky.)	{2} 8.83m	28-11¾ (1.1)	4/11

## Women's Shot Put

1		Kayla WARD	SO	#1	Piedmont	11.20m	36-9	3/9
2		Abbey COX	FR	#3	Maryville (Tenn.)	11.17m	36-7¾	4/4
3		Rachel DUNBAR	FR	#3	Maryville (Tenn.)	{2} 11.00m	36-1¼	4/4
4		Sophia WIERSEMA	JR	#2	Covenant	10.41m	34-2	3/28
5		Trinity TREADWAY	SO	#6	Huntingdon (Ala)	9.92m	32-6½	3/9
6		Kailyn THOMAS	SR	#1	Piedmont	{2} 9.49m	31-1¾	3/29
7		Maddy MCCLELLAN	SO	#3	Maryville (Tenn.)	{3} 9.30m	30-6¼	3/29
8		Tyrika SMALL	SO	#3	Maryville (Tenn.)	{4} 9.17m	30-1	3/22
9		Adaline CLOUSE	JR	#3	Maryville (Tenn.)	{5} 9.13m	29-11½	4/4
10		Taylor HOPGOOD	SO	#5	Belhaven (Miss.)	8.92m	29-3¾	4/3

## Women's Discus

1	92	Allie FELTUS	SR	#1	Piedmont	39.64m	130-1	4/12
2		Abbey COX	FR	#3	Maryville (Tenn.)	36.39m	119-5	3/29
3		Taylor SAVAGE	JR	#5	Belhaven (Miss.)	35.65m	117-0	3/22
4		Shealee GALLEGOS	SO	#1	Piedmont	{2} 35.38m	116-1	3/22
5		Taylor HOPGOOD	SO	#5	Belhaven (Miss.)	{2} 34.50m	113-2	4/3
6		Kayla WARD	SO	#1	Piedmont	{3} 30.54m	100-3	4/12
7		Kailyn THOMAS	SR	#1	Piedmont	{4} 30.42m	99-9¾	3/29
8		Trinity TREADWAY	SO	#6	Huntingdon (Ala)	29.39m	96-5¼	3/15
9		Rachel DUNBAR	FR	#3	Maryville (Tenn.)	{2} 28.10m	92-2¼	4/4
10		August PRICE	SO	#4	Asbury (Ky.)	27.16m	89-1¼	3/29



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## Women's Hammer

1	Kailyn THOMAS	SR	#1	Piedmont	43.37m	142-4	3/15
2	Abbey COX	FR	#3	Maryville (Tenn.)	39.28m	128-11	4/4
3	Allie FELTUS	SR	#1	Piedmont	{2} 38.01m	124-9	4/5
4	Bonnie LAUDERBACK	SO	#3	Maryville (Tenn.)	{2} 36.92m	121-2	3/29
5	Shealee GALLEGOS	SO	#1	Piedmont	{3} 35.23m	115-7	3/15
6	Kayla WARD	SO	#1	Piedmont	{4} 35.08m	115-1	3/29
7	Maddy MCCLELLAN	SO	#3	Maryville (Tenn.)	{3} 33.12m	108-8	4/4
8	August PRICE	SO	#4	Asbury (Ky.)	32.17m	105-7	3/29
9	Tyrika SMALL	SO	#3	Maryville (Tenn.)	{4} 32.02m	105-1	4/4
10	Rachel DUNBAR	FR	#3	Maryville (Tenn.)	{5} 31.97m	104-11	4/20

## Women's Javelin

1	Sophia WIERSEMA	JR	#2	Covenant	30.72m	100-10	3/28
2	Emma CHRISTENSEN	SR	#2	Covenant	{2} 30.63m	100-6	3/28
3	Allie FELTUS	SR	#1	Piedmont	28.67m	94-¾	4/12
4	Ileyna BROOKS	SR	#1	Piedmont	{2} 27.87m	91-5¼	4/5
5	Bonnie LAUDERBACK	SO	#3	Maryville (Tenn.)	25.11m	82-4¾	3/29
6	Adaline CLOUSE	JR	#3	Maryville (Tenn.)	{2} 24.30m	79-8¾	4/4
7	August PRICE	SO	#4	Asbury (Ky.)	23.89m	78-4½	4/5
8	Anna Belle KING	FR	#1	Piedmont	{3} 23.24m	76-3	3/15
9	Trinity TREADWAY	SO	#6	Huntingdon (Ala)	23.21m	76-1¾	4/12
10	Elie BERNDT	FR	#2	Covenant	{3} 23.04m	75-7¼	4/12

## Women's Heptathlon

1	Aleah VESS	SR	#6	Huntingdon (Ala)	1,581		4/5
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



## Centennial

as of 4/22/2025 12:03:59 AM ET

### Women's 100 Meters

1	45	Mirra KLIMOV	JR	#1	Johns Hopkins	12.13	(1.4)	4/5
2	58	Erin OLSAVSKY	JR	#2	Dickinson	12.19w	(3.0)	3/29
3	98	Maya RICHWINE	SO	#6	Muhlenberg	12.32w	(2.8)	4/14
4		Ellie LEWIS	SO	#1	Johns Hopkins	{2} 12.38	(1.8)	4/5
4		Chloe ZHANG	SO	#1	Johns Hopkins	{2} 12.38w	(2.5)	4/19
6		Bella JOHNSON	FR	#8	Franklin & Marshall	12.55	(1.3)	4/19
7		Claire WANG	JR	#1	Johns Hopkins	{4} 12.75	(1.7)	4/5
8		Novy GOETGELUK	SO	#9	Bryn Mawr	12.79	(1.3)	4/19
9		Anna ZINSSER	SR	#1	Johns Hopkins	{5} 12.81	(1.7)	4/5
10		Leah VALENTINE	FR	#1	Johns Hopkins	{6} 12.96w	(2.5)	4/19

### Women's 100 Meter Hurdles

1	50	Kaelin RYAN	JR	#5	Ursinus	14.88	(0.7)	4/14
2	77	Lauren DUNNIGAN	SO	#8	Franklin & Marshall	15.09	(1.2)	3/23
3	97	Samantha WECHSLER	SO	#5	Ursinus	{2} 15.24	(0.3)	4/19
4		Leah BIWOTT	SR	#2	Dickinson	15.29	(1.2)	3/23
5		Claudia OUIMET	FR	#1	Johns Hopkins	15.32w	(3.3)	4/11
6		Hannah SWALE	JR	#3	Swarthmore	15.48	(0.1)	4/19
7		Annie LEDER	SR	#2	Dickinson	{2} 15.81	(0.6)	4/19
8		Jaclyn DONOHO	JR	#1	Johns Hopkins	{2} 16.06	(0.6)	4/11
9		Hayden ADAMS	FR	#8	Franklin & Marshall	{2} 16.25	(0.0)	4/19
10		Amanda IMHAUSER	JR	#8	Franklin & Marshall	{3} 16.64	(1.1)	4/19

### Women's 200 Meters

1		Erin OLSAVSKY	JR	#2	Dickinson	25.35c	(25.74) (0.3)	4/19
2		Ellie LEWIS	SO	#1	Johns Hopkins	25.43	(-0.8)	4/5
3		Maya RICHWINE	SO	#6	Muhlenberg	25.67c	(26.06) (0.3)	4/19
4		Bella JOHNSON	FR	#8	Franklin & Marshall	25.74w	(3.0)	4/19
5		Mirra KLIMOV	JR	#1	Johns Hopkins	{2} 25.80	(0.0)	3/29
6		Kaelin RYAN	JR	#5	Ursinus	26.06	(1.9)	4/14
7		Anna ZINSSER	SR	#1	Johns Hopkins	{3} 26.35	(-0.1)	4/12
8		Claudia OUIMET	FR	#1	Johns Hopkins	{4} 26.36	(1.8)	4/19
9		Olivia D'AULERIO	JR	#7	Haverford	26.41	(0.4)	4/19
10		Chloe ZHANG	SO	#1	Johns Hopkins	{5} 26.47	(0.7)	4/19

### Women's 400 Meters

1	26	Lauren PHILLIPS	SR	#1	Johns Hopkins	56.23		4/12
2	74	Madison BROWN	SR	#2	Dickinson	57.78c	(58.54)	4/19
3		Marley KUREY	SO	#2	Dickinson	{2} 59.12		4/12
4		Olivia D'AULERIO	JR	#7	Haverford	59.31		4/19
5		Nicole DIA	JR	#1	Johns Hopkins	{2} 1:00.45		4/19
6		Ryan BIGELOW	SO	#1	Johns Hopkins	{3} 1:00.49		4/19
7		Bella JOHNSON	FR	#8	Franklin & Marshall	1:00.58		4/5
8		Jaycie MILLER	JR	#5	Ursinus	1:00.88		4/19
9		Hannah SWALE	JR	#3	Swarthmore	1:00.92		4/5
10		Novy GOETGELUK	SO	#9	Bryn Mawr	1:01.21		4/19

### Women's 400 Meter Hurdles

1	38	Lianne SAUSSY	JR	#1	Johns Hopkins	1:04.19		4/12
2	45	Lillian BOUDREAU	JR	#4	Gettysburg	1:04.52		4/19
3	46	Lorna ARCESE	JR	#1	Johns Hopkins	{2} 1:04.54		4/19
4		Lily SWAIN	SR	#2	Dickinson	1:08.14		4/19
5		Kaelin RYAN	JR	#5	Ursinus	1:09.01		4/5
6		Rachel NOVEMBER	SR	#7	Haverford	1:09.31		4/19
7		Ryan BIGELOW	SO	#1	Johns Hopkins	{3} 1:09.37		3/29
8		Anna RANDO	JR	#10	McDaniel	1:10.79		3/29
9		Nicole DIA	JR	#1	Johns Hopkins	{4} 1:10.80		3/29
10		Evelyne KIM	JR	#1	Johns Hopkins	{5} 1:10.94		4/19

### Women's 800 Meters

1	6	Annie HUANG	SR	#1	Johns Hopkins	2:08.63		3/29
2	26	Emma KOTHARI	JR	#1	Johns Hopkins	{2} 2:12.86		3/29
3	29	Harrinee SENTHILKUMAR	SR	#1	Johns Hopkins	{3} 2:13.26		4/5
4	43	Mackenzie SETTON	JR	#1	Johns Hopkins	{4} 2:14.15		4/5
5	77	Anastasia JAYCOBS	SO	#7	Haverford	2:16.70		4/19
6	82	Lorna ARCESE	JR	#1	Johns Hopkins	{5} 2:16.76		4/12
7	85	Elizabeth PAGE	FR	#3	Swarthmore	2:16.78		3/29
8		Diana VALENTINI	SO	#1	Johns Hopkins	{6} 2:17.61		3/29
9		Ania WONG	FR	#3	Swarthmore	{2} 2:18.25		4/19
10		Lily TREMBA	SO	#1	Johns Hopkins	{7} 2:18.66		4/5

### Women's 1500 Meters

1	9	Annie HUANG	SR	#1	Johns Hopkins	4:29.14		4/19
2	12	Emma KOTHARI	JR	#1	Johns Hopkins	{2} 4:30.28		4/19
3	26	Mackenzie SETTON	JR	#1	Johns Hopkins	{3} 4:32.55		4/14
4	36	Adriana CATALANO	JR	#1	Johns Hopkins	{4} 4:34.62		3/29
5	43	Diana VALENTINI	SO	#1	Johns Hopkins	{5} 4:36.35		4/19
6	48	Harrinee SENTHILKUMAR	SR	#1	Johns Hopkins	{6} 4:37.02		4/14
7	53	Elizabeth PAGE	FR	#3	Swarthmore	4:37.20		4/4
8	87	Carter BROTHERTON	FR	#1	Johns Hopkins	{7} 4:40.81		3/29
9	94	Elena BLODNIKAR	FR	#1	Johns Hopkins	{8} 4:41.51		3/29
10		Liza BARBASH	FR	#2	Dickinson	4:42.28		4/14

### Women's Steeplechase

1	22	Amiyah PRIEBE	SR	#2	Dickinson	11:03.77		4/14
2	25	Cooper BROTHERTON	JR	#1	Johns Hopkins	11:08.98		4/5
3	50	Sydney SHOCK	FR	#1	Johns Hopkins	{2} 11:18.82		4/14
4	60	Diana VALENTINI	SO	#1	Johns Hopkins	{3} 11:23.21		4/14
5	75	Katie SCOTT	SO	#8	Franklin & Marshall	11:27.69		3/23
6	92	Francesca PROTO	SR	#4	Gettysburg	11:34.62		3/23
7	98	Liza BARBASH	FR	#2	Dickinson	{2} 11:36.24		4/19
8		Cameron COLETTI	SO	#1	Johns Hopkins	{4} 11:37.50		4/19
9		Carys COOK	JR	#4	Gettysburg	{2} 11:39.02		4/12
10		Tara SILVERMAN	FR	#8	Franklin & Marshall	{2} 11:59.21		4/19



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### Women's 5000 Meters

1	7	Adriana CATALANO	JR	#1 Johns Hopkins	16:37.30	4/14
2	16	Carter BROTHERTON	FR	#1 Johns Hopkins {2}	16:47.89	4/14
3	53	Aisling CALLAHAN	JR	#1 Johns Hopkins {3}	17:18.53	4/14
4	81	Cooper BROTHERTON	JR	#1 Johns Hopkins {4}	17:29.16	4/14
5		Natalie BOQUIST	SO	#1 Johns Hopkins {5}	17:44.16	4/14
6		Liza BARBASH	FR	#2 Dickinson	17:44.97	4/17
7		Gabrielle THIRY	FR	#4 Gettysburg	17:53.93	3/23
8		Storrie KULYNYCH-IRVIN	FR	#1 Johns Hopkins {6}	17:56.56	3/29
9		Amiyah PRIEBE	SR	#2 Dickinson {2}	18:00.84c(18:09.11)	4/19
10		Elena BLODNIKAR	FR	#1 Johns Hopkins {7}	18:03.67	4/14

### Women's 10,000 Meters

1	27	Jamie STELNIK	SR	#1 Johns Hopkins	36:14.66	4/14
2	30	Storrie KULYNYCH-IRVIN	FR	#1 Johns Hopkins {2}	36:27.31	4/14
3	46	Gabrielle THIRY	FR	#4 Gettysburg	37:24.49	4/5
4	65	Lydia TOLERICO	JR	#1 Johns Hopkins {3}	37:54.77	4/14
5	70	Elyse TANCINI	SO	#4 Gettysburg {2}	38:02.83	4/5
6	73	Myra NAQVI	SR	#2 Dickinson	38:06.32	4/12
7		Maddie GARBER	SR	#2 Dickinson {2}	39:44.33	4/12
8		Evie PARTS	SR	#3 Swarthmore	40:30.70	4/12
9		Juliana WATSON	SR	#7 Haverford	40:33.58	3/29
10		Grace CHEN	SO	#7 Haverford {2}	40:36.15	3/29

### Women's 4x100 Relay

1	36	Mirra Klimov, Lianne Saussy, Anna Zinsser, Ellie Lewis	#1 Johns Hopkins	47.94	4/12
2		Lauren Siesky, Maya Richwine, Niki Matthews, Shira Gamson	#6 Muhlenberg	49.76	4/19
3		#Type!	#5 Ursinus	50.02	4/19
4		Kailey Schissler, Lillian Boudreau, Camryn Rogers, Lauren DiOttavio	#4 Gettysburg	50.14	4/19
5		Annie Leder, Emily Chaine, Lily Swain, Erin Olsavsky	#2 Dickinson	50.21	4/19
6		Mika Heshiki, Awurabena Anane, Kayla Camille, Novy Goetgeluk	#9 Bryn Mawr	51.18	3/23
7		Lauren Dunnigan, Bella Johnson, Mackenzie Ward, Arek Giir	#8 Franklin & Marst	52.16	3/23
8		#Type!	#7 Haverford	52.30	4/19
9		Nakayla Ross, Madison Alexander, Krista DiPalma, Tara Hornung	#10 McDaniel	56.63	3/29

### Women's 4x400 Relay

1	14	Emma Kothari, Annie Huang, Lauren Phillips, Lianne Saussy	#1 Johns Hopkins	3:49.56	4/12
2	44	Marley Kurey, Lily Swain, Emily Chaine, Madison Brown	#2 Dickinson	4:00.73c (4:03.92)	4/19
3		#Type!	#3 Swarthmore	4:10.40	4/19
4		Meghan Carroll, Jaycie Miller, Alexa Mervine, Kaelin Ryan	#5 Ursinus	4:10.79	4/14
5		Camryn Rogers, Theresa Ditri, Bella Yardeni, Lillian Boudreau	#4 Gettysburg	4:11.69	3/23
6		#Type!	#7 Haverford	4:14.08	4/5
7		#Type!	#6 Muhlenberg	4:22.79	4/5
8		Bella Johnson, Emily Jones, Arek Giir, Daniella Dziedzic	#8 Franklin & Marst	4:27.71	3/15
9		Anna Rando, Maya Colavito, Anna Kale, Piper Nagaraj	#10 McDaniel	4:49.45	4/5

### Women's High Jump

1	50	Trelstad T	SR	#3 Swarthmore	1.60m	5-3	4/5
1	50	Jaclyn DONOHO	JR	#1 Johns Hopkins	1.60m	5-3	4/11
3		Abigail LOVELACE	SO	#1 Johns Hopkins {2}	1.54m	5-½	4/11
4		Leah BIWOTT	SR	#2 Dickinson	1.52m	4-11¾	3/23
5		Avery MCNULTY	JR	#6 Muhlenberg	1.51m	4-11½	3/30
6		Colby ROSSMASSLER	SR	#9 Bryn Mawr	1.50m	4-11	4/19
7		Amanda TRASKA	JR	#5 Ursinus	1.48m	4-10¼	4/14
8		Jessica JOHNSON	JR	#9 Bryn Mawr {2}	1.47m	4-9¾	3/23
9		Kailey SCHISLER	SO	#4 Gettysburg	1.46m	4-9½	4/19
10		Caroline HILL	SO	#3 Swarthmore {2}	1.45m	4-9	4/19
10		Claudia OUIMET	FR	#1 Johns Hopkins {3}	1.45m	4-9	3/29

### Women's Pole Vault

1	32	Clarissa NEWMAN	FR	#1 Johns Hopkins	3.65m	11-11¾	4/19
2	93	Sarah-Caulley SOTO	JR	#1 Johns Hopkins {2}	3.35m	10-11¾	4/19
3		Bethany ROLLEY	FR	#4 Gettysburg	3.26m	10-8¾	4/12
4		Lily SWAIN	SR	#2 Dickinson	3.25m	10-8	4/17
4		Sophia LEONE	SO	#10 McDaniel	3.25m	10-8	4/17
6		Tara HORNUNG	FR	#10 McDaniel {2}	3.20m	10-6	4/19
7		Hayden ADAMS	FR	#8 Franklin & Marst	3.11m	10-2½	4/12
8		Alyson GOLDBACHER	FR	#3 Swarthmore	3.10m	10-2	4/19
8		Mia BOMPENSA	FR	#5 Ursinus	3.10m	10-2	4/19
10		Cassidy WOODHAM	FR	#1 Johns Hopkins {3}	3.05m	10-0	4/19
10		Juniper BAUROTH-SHERMAN	JR	#5 Ursinus {2}	3.05m	10-0	3/29



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### Women's Long Jump

1	<b>11</b>	Annie LEDER	SR	<b>#2</b>	Dickinson	<b>5.87mw</b>	19-3¼ (3.2)	<b>4/19</b>
2	<b>62</b>	Samantha WECHSLER	SO	<b>#5</b>	Ursinus	<b>5.47m</b>	17-11½ (1.3)	4/5
3	<b>70</b>	Chloe ZHANG	SO	<b>#1</b>	Johns Hopkins	<b>5.44m</b>	17-10¼ (1.9)	<b>4/19</b>
4	<b>93</b>	Amanda IMHAUSER	JR	<b>#8</b>	Franklin & Marshall	<b>5.36m</b>	17-7 (1.7)	4/12
5		Claudia OUIMET	FR	<b>#1</b>	Johns Hopkins	<b>{2} 5.27m</b>	17-3½ (0.0)	4/11
6		Emily BARLAM	FR	<b>#5</b>	Ursinus	<b>{2} 5.23m</b>	17-2 (0.0)	4/5
7		Shira GAMSON	JR	<b>#6</b>	Muhlenberg	<b>5.11m</b>	16-9¼ (1.3)	<b>4/19</b>
8		Niki MATTHEWS	JR	<b>#6</b>	Muhlenberg	<b>{2} 5.05mw</b>	16-7 (2.5)	3/30
9		Gabrielle DEMARCO	FR	<b>#10</b>	McDaniel	<b>5.04m</b>	16-6½ (-0.2)	4/5
10		Lydia MORRIS-KLIMENT	SO	<b>#3</b>	Swarthmore	<b>4.91m</b>	16-1½ (-0.3)	3/15

### Women's Triple Jump

1	<b>14</b>	Sara BARTLETT	SR	<b>#1</b>	Johns Hopkins	<b>11.84mw</b>	38-10¼ (2.3)	<b>4/19</b>
2	<b>47</b>	Samantha WECHSLER	SO	<b>#5</b>	Ursinus	<b>11.35m</b>	37-3 (1.3)	4/5
3	<b>59</b>	Shira GAMSON	JR	<b>#6</b>	Muhlenberg	<b>11.21mw</b>	36-9½ (3.8)	<b>4/19</b>
4	<b>68</b>	Shanice WILLIAMS	JR	<b>#6</b>	Muhlenberg	<b>{2} 11.14mw</b>	36-6¾ (2.5)	3/30
5		Annie LEDER	SR	<b>#2</b>	Dickinson	<b>10.91m</b>	35-9½ (1.9)	<b>4/19</b>
6		Hannah SWALE	JR	<b>#3</b>	Swarthmore	<b>10.90m</b>	35-9¼ (0.0)	<b>4/19</b>
7		Molly CURTIS	FR	<b>#6</b>	Muhlenberg	<b>{3} 10.75mw</b>	35-3¼ (2.1)	<b>4/19</b>
8		Jessica JOHNSON	JR	<b>#9</b>	Bryn Mawr	<b>10.72m</b>	35-2 (0.0)	<b>4/19</b>
9		Grace HANNIGAN	SO	<b>#7</b>	Haverford	<b>10.41m</b>	34-2 (0.0)	<b>4/19</b>
10		Gabrielle DEMARCO	FR	<b>#10</b>	McDaniel	<b>10.27m</b>	33-8½ (0.0)	4/5

### Women's Shot Put

1	<b>23</b>	Erika EZUMBA	JR	<b>#1</b>	Johns Hopkins	<b>13.26m</b>	43-6	4/5
2	<b>52</b>	Tate GARCIA	JR	<b>#3</b>	Swarthmore	<b>12.73m</b>	41-9¼	4/5
3		Lee BICKFORD	SR	<b>#3</b>	Swarthmore	<b>{2} 12.02m</b>	39-5¼	3/23
4		Phoebe WILLIAMS	JR	<b>#1</b>	Johns Hopkins	<b>{2} 11.68m</b>	38-4	<b>4/19</b>
5		Hannah SWALE	JR	<b>#3</b>	Swarthmore	<b>{3} 11.55m</b>	37-10¾	4/5
6		Claudia OUIMET	FR	<b>#1</b>	Johns Hopkins	<b>{3} 11.54m</b>	37-10½	4/11
7		Sarah WILCHER	JR	<b>#7</b>	Haverford	<b>11.46m</b>	37-7¼	3/29
8		Damien LABRADA	SO	<b>#2</b>	Dickinson	<b>11.38m</b>	37-4	3/29
9		Jordyn BERNARD	SR	<b>#3</b>	Swarthmore	<b>{4} 11.30m</b>	37-1	3/23
10		Kellen IEVERS	FR	<b>#1</b>	Johns Hopkins	<b>{4} 11.04m</b>	36-2¾	4/5

### Women's Discus

1	<b>38</b>	Lydia MORRIS-KLIMENT	SO	<b>#3</b>	Swarthmore	<b>42.61m</b>	139-10	<b>4/19</b>
2	<b>54</b>	Erika EZUMBA	JR	<b>#1</b>	Johns Hopkins	<b>41.46m</b>	136-0	4/5
3	<b>70</b>	Tate GARCIA	JR	<b>#3</b>	Swarthmore	<b>{2} 40.48m</b>	132-10	3/29
4		Kelly STEPHEN	FR	<b>#6</b>	Muhlenberg	<b>37.62m</b>	123-5	3/30
5		Kellen IEVERS	FR	<b>#1</b>	Johns Hopkins	<b>{2} 36.88m</b>	121-0	4/5
6		Sarah WILCHER	JR	<b>#7</b>	Haverford	<b>35.30m</b>	115-10	<b>4/19</b>
7		Hannah QUINN	SO	<b>#5</b>	Ursinus	<b>35.19m</b>	115-6	3/29
8		Lee BICKFORD	SR	<b>#3</b>	Swarthmore	<b>{3} 34.65m</b>	113-8	3/23
9		Phoebe WILLIAMS	JR	<b>#1</b>	Johns Hopkins	<b>{3} 34.42m</b>	112-11	4/5
10		Lea DEL GRIPPO	SO	<b>#4</b>	Gettysburg	<b>33.28m</b>	109-2	4/5

### Women's Hammer

1	<b>42</b>	Erika EZUMBA	JR	<b>#1</b>	Johns Hopkins	<b>49.73m</b>	163-2	<b>4/19</b>
2	<b>79</b>	Phoebe WILLIAMS	JR	<b>#1</b>	Johns Hopkins	<b>{2} 47.17m</b>	154-9	4/12
3		Elizabeth AGYEI	SR	<b>#3</b>	Swarthmore	<b>44.19m</b>	145-0	3/29
4		Jenna DEEP	JR	<b>#2</b>	Dickinson	<b>43.22m</b>	141-10	3/29
5		Lee BICKFORD	SR	<b>#3</b>	Swarthmore	<b>{2} 42.28m</b>	138-9	<b>4/19</b>
6		Caroline GENSINGER	JR	<b>#4</b>	Gettysburg	<b>41.95m</b>	137-8	<b>4/19</b>
7		Hannah QUINN	SO	<b>#5</b>	Ursinus	<b>40.17m</b>	131-10	<b>4/19</b>
8		Tate GARCIA	JR	<b>#3</b>	Swarthmore	<b>{3} 40.00m</b>	131-3	3/23
9		Sarah WILCHER	JR	<b>#7</b>	Haverford	<b>39.38m</b>	129-3	<b>4/19</b>
10		Damien LABRADA	SO	<b>#2</b>	Dickinson	<b>{2} 39.27m</b>	128-10	4/12

### Women's Javelin

1	<b>27</b>	Mackenzie WARD	SO	<b>#8</b>	Franklin & Marshall	<b>39.55m</b>	129-9	<b>4/19</b>
2	<b>69</b>	Trelstad T	SR	<b>#3</b>	Swarthmore	<b>36.95m</b>	121-3	3/15
3		Phoebe WILLIAMS	JR	<b>#1</b>	Johns Hopkins	<b>35.03m</b>	114-11	4/5
4		Claudia OUIMET	FR	<b>#1</b>	Johns Hopkins	<b>{2} 34.54m</b>	113-4	<b>4/19</b>
5		Erin OLSAVSKY	JR	<b>#2</b>	Dickinson	<b>34.19m</b>	112-2	3/29
6		Hannah SWALE	JR	<b>#3</b>	Swarthmore	<b>{2} 33.57m</b>	110-2	3/15
7		Jaclyn DONOHO	JR	<b>#1</b>	Johns Hopkins	<b>{3} 31.93m</b>	104-9	4/11
8		Summer RYAN	SR	<b>#7</b>	Haverford	<b>30.37m</b>	99-7¾	4/12
9		Carina BERITELA	JR	<b>#1</b>	Johns Hopkins	<b>{4} 30.20m</b>	99-1	<b>4/19</b>
10		Amelia LANDRY	JR	<b>#3</b>	Swarthmore	<b>{3} 28.69m</b>	94-1½	<b>4/19</b>

### Women's Heptathlon

1	<b>18</b>	Claudia OUIMET	FR	<b>#1</b>	Johns Hopkins	<b>4,448</b>	4/11
2	<b>39</b>	Jaclyn DONOHO	JR	<b>#1</b>	Johns Hopkins	<b>{2} 4,109</b>	4/11
3	<b>48</b>	Abigail LOVELACE	SO	<b>#1</b>	Johns Hopkins	<b>{3} 3,913</b>	4/11
4	<b>90</b>	Georgia MERCER	JR	<b>#4</b>	Gettysburg	<b>3,316</b>	4/11



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## Women's 100 Meters

1	<b>33</b>	Amaris GOODWIN	SR	<b>#3</b>	Gordon (Mass.)	<b>12.06</b>	(0.4)	3/15
2		Elizabeth GASKILL	SO	<b>#3</b>	Gordon (Mass.) {2}	<b>12.49</b>	(0.4)	3/15
3		Amanda WALDEN	SR	<b>#5</b>	Suffolk	<b>12.72</b>	(0.5)	4/5
4		Gabrielle MCKAYLE	FR	<b>#8</b>	Nichols	<b>12.80</b>	(1.5)	4/14
5		Gabrielle PADMORE	FR	<b>#1</b>	Hartford	<b>12.94w</b>	(2.4)	<b>4/19</b>
6		Averi MCCOY	SO	<b>#1</b>	Hartford {2}	<b>12.98w</b>	(2.7)	<b>4/19</b>
7		Hilma ORTEGA	SO	<b>#5</b>	Suffolk {2}	<b>13.22</b>	(1.1)	4/5
8		Emily BUCHTER	JR	<b>#6</b>	Univ. of New Eng	<b>13.34</b>	(0.3)	<b>4/19</b>
8		Kaylee WHITNEY	SO	<b>#4</b>	Endicott	<b>13.34</b>	(0.3)	3/23
10		Meagan MCANDREWS	FR	<b>#4</b>	Endicott {2}	<b>13.38w</b>	(2.6)	3/29

## Women's 100 Meter Hurdles

1	<b>16</b>	Cali LEONARD	SR	<b>#1</b>	Hartford	<b>14.32w</b>	(2.2)	<b>4/19</b>
2	<b>64</b>	Caroline CROCKER	SO	<b>#1</b>	Hartford {2}	<b>15.02w</b>	(2.2)	<b>4/19</b>
3	<b>79</b>	Tamara GREENE	FR	<b>#1</b>	Hartford {3}	<b>15.11</b>	(0.6)	<b>4/19</b>
4		Jordan MURPHY	SO	<b>#1</b>	Hartford {4}	<b>15.48w</b>	(2.2)	<b>4/19</b>
5		Kinneal DICKENS	SR	<b>#4</b>	Endicott	<b>15.95w</b>	(2.4)	<b>4/19</b>
6		Olivia NOVELLO	SO	<b>#4</b>	Endicott {2}	<b>16.04</b>	(1.7)	3/23
7		Meghan PURCELL	SR	<b>#2</b>	Roger Williams	<b>16.30w</b>	(2.4)	<b>4/19</b>
8		Catherine MADDEN	SR	<b>#5</b>	Suffolk	<b>16.31w</b>	(2.4)	<b>4/19</b>
9		Laci SANTOS	JR	<b>#7</b>	Wentworth (Mas	<b>16.43</b>	(-0.5)	4/5
10		Hilma ORTEGA	SO	<b>#5</b>	Suffolk {2}	<b>16.97</b>	(1.6)	4/5

## Women's 200 Meters

1	<b>40</b>	Amaris GOODWIN	SR	<b>#3</b>	Gordon (Mass.)	<b>24.80w</b>	(2.7)	4/11
2		Elizabeth GASKILL	SO	<b>#3</b>	Gordon (Mass.) {2}	<b>25.83w</b>	(2.7)	4/11
3		Gabrielle MCKAYLE	FR	<b>#8</b>	Nichols	<b>26.00</b>	(0.6)	<b>4/18</b>
4		Amanda WALDEN	SR	<b>#5</b>	Suffolk	<b>26.22</b>	(0.5)	4/5
5		Tamara GREENE	FR	<b>#1</b>	Hartford	<b>26.28w</b>	(2.3)	<b>4/19</b>
6		Jenna LINDSAY	FR	<b>#3</b>	Gordon (Mass.) {3}	<b>26.75w</b>	(2.5)	4/11
7		Averi MCCOY	SO	<b>#1</b>	Hartford {2}	<b>27.13w</b>	(2.3)	<b>4/19</b>
8		Kaylee CARVER	SR	<b>#4</b>	Endicott	<b>27.27</b>	(1.2)	<b>4/19</b>
9		Meagan MCANDREWS	FR	<b>#4</b>	Endicott {2}	<b>27.38</b>	(0.5)	4/12
10		Emily BENGTON	SO	<b>#3</b>	Gordon (Mass.) {4}	<b>27.71</b>	(0.6)	4/5

## Women's 400 Meters

1		Amanda WALDEN	SR	<b>#5</b>	Suffolk	<b>59.76</b>		<b>4/19</b>
2		Emily CONCEPCION	SR	<b>#5</b>	Suffolk {2}	<b>1:00.20</b>		<b>4/19</b>
3		Jenna LINDSAY	FR	<b>#3</b>	Gordon (Mass.)	<b>1:00.34</b>		4/11
4		Emily BENGTON	SO	<b>#3</b>	Gordon (Mass.) {2}	<b>1:01.51</b>		4/4
5		Gabby PENICHE	SO	<b>#4</b>	Endicott	<b>1:02.09</b>		<b>4/19</b>
6		Olivia O'NEILL	SO	<b>#2</b>	Roger Williams	<b>1:02.26</b>		4/4
7		Tabitha DIDONATO	SR	<b>#2</b>	Roger Williams {2}	<b>1:02.59</b>		<b>4/19</b>
8		Kaylie GROOM	JR	<b>#5</b>	Suffolk {3}	<b>1:03.15</b>		<b>4/19</b>
9		Karsyn MEDEIROS	SO	<b>#2</b>	Roger Williams {3}	<b>1:03.27</b>		3/23
10		Angela WEST	FR	<b>#2</b>	Roger Williams {4}	<b>1:03.86</b>		<b>4/19</b>

## Women's 400 Meter Hurdles

1		Meagan MCANDREWS	FR	<b>#4</b>	Endicott	<b>1:08.17</b>		3/23
2		Meghan PURCELL	SR	<b>#2</b>	Roger Williams	<b>1:09.37</b>		<b>4/19</b>
3		Jenna LINDSAY	FR	<b>#3</b>	Gordon (Mass.)	<b>1:09.53</b>		3/29
4		Grace BALDWIN	SO	<b>#2</b>	Roger Williams {2}	<b>1:09.77</b>		3/29
5		Chloe CREAR	SO	<b>#4</b>	Endicott {2}	<b>1:11.57</b>		<b>4/19</b>
6		Alexandra BIRYUKOV	FR	<b>#2</b>	Roger Williams {3}	<b>1:11.58</b>		3/29
7		Joy SEFILINO	FR	<b>#3</b>	Gordon (Mass.) {2}	<b>1:11.97</b>		4/5
8		Madison ZELIN	SO	<b>#2</b>	Roger Williams {4}	<b>1:12.29</b>		<b>4/19</b>
9		Mariah NICHOLS	JR	<b>#1</b>	Hartford	<b>1:12.34</b>		<b>4/19</b>
10		Izabella HAAGENSON	SR	<b>#6</b>	Univ. of New Eng	<b>1:12.80</b>		4/6

## Women's 800 Meters

1		Hannah RISKO	SR	<b>#4</b>	Endicott	<b>2:18.03</b>		4/4
2		Amy PATTELENA	JR	<b>#5</b>	Suffolk	<b>2:21.20</b>		<b>4/19</b>
3		Amalia DORION	SR	<b>#5</b>	Suffolk {2}	<b>2:22.95</b>		3/30
4		Tabitha DIDONATO	SR	<b>#2</b>	Roger Williams	<b>2:25.20</b>		4/4
5		Carolyn DAY	SR	<b>#3</b>	Gordon (Mass.)	<b>2:25.54</b>		3/15
6		Sydney FOGG	SR	<b>#5</b>	Suffolk {3}	<b>2:25.59</b>		<b>4/19</b>
7		Ella STEPHENSON	FR	<b>#1</b>	Hartford	<b>2:26.29</b>		<b>4/19</b>
8		Caroline ROBERTS	SO	<b>#3</b>	Gordon (Mass.) {2}	<b>2:27.03</b>		4/5
9		Alexa SUCHY	SO	<b>#4</b>	Endicott {2}	<b>2:27.07</b>		4/4
10		Adeline COOK	SR	<b>#2</b>	Roger Williams {2}	<b>2:30.18</b>		4/4

## Women's 1500 Meters

1	<b>40</b>	Amalia DORION	SR	<b>#5</b>	Suffolk	<b>4:35.28</b>		4/5
2	<b>70</b>	Hannah RISKO	SR	<b>#4</b>	Endicott	<b>4:39.71</b>		<b>4/19</b>
3		Amy PATTELENA	JR	<b>#5</b>	Suffolk {2}	<b>4:46.27</b>		<b>4/19</b>
4		Sydney FOGG	SR	<b>#5</b>	Suffolk {3}	<b>4:46.97</b>		<b>4/19</b>
5		Carolyn DAY	SR	<b>#3</b>	Gordon (Mass.)	<b>4:53.06</b>		3/15
6		Sofia MOUKADDEM	SO	<b>#5</b>	Suffolk {4}	<b>4:53.44</b>		<b>4/19</b>
7		Caroline ROBERTS	SO	<b>#3</b>	Gordon (Mass.) {2}	<b>5:02.68</b>		4/12
8		Alexa SUCHY	SO	<b>#4</b>	Endicott {2}	<b>5:03.18</b>		<b>4/19</b>
9		Brittany MARTIN	SR	<b>#2</b>	Roger Williams	<b>5:05.47</b>		3/29
10		Elizabeth WHITE	JR	<b>#1</b>	Hartford	<b>5:05.52</b>		4/12

## Women's Steeplechase

1		Alexa SUCHY	SO	<b>#4</b>	Endicott	<b>11:47.95</b>		4/12
2		Olivia MURCH	FR	<b>#3</b>	Gordon (Mass.)	<b>12:23.67</b>		4/12
3		Corinna HOBBS	SO	<b>#6</b>	Univ. of New Eng	<b>12:34.18</b>		4/11
4		Natalie FORNO	SO	<b>#2</b>	Roger Williams	<b>12:48.39</b>		3/29
5		Allie DEVOE	SR	<b>#4</b>	Endicott {2}	<b>12:51.75</b>		4/4
6		Chloe COALE	JR	<b>#1</b>	Hartford	<b>13:16.19</b>		<b>4/19</b>
7		Gabriella SITZER	FR	<b>#2</b>	Roger Williams {2}	<b>14:15.82</b>		4/12





## Conference TFRI Event Summary



CNE

as of 4/22/2025 12:03:59 AM ET

## Women's 5000 Meters

1	<b>6</b>	Rachel BRENNAN	SR	<b>#3</b> Gordon (Mass.)	<b>16:36.12</b>	<b>4/19</b>
2		Carolyn DAY	SR	<b>#3</b> Gordon (Mass.) {2}	<b>17:48.14</b>	4/12
3		Hannah RISKI	SR	<b>#4</b> Endicott	<b>18:03.04</b>	4/12
4		Sofia MOUKADDEM	SO	<b>#5</b> Suffolk	<b>18:14.26</b>	4/5
5		Jessica MARTIN	JR	<b>#6</b> Univ. of New Eng	<b>18:40.78</b>	4/11
6		Kelsee GLADU	SR	<b>#6</b> Univ. of New Eng{2}	<b>18:42.23</b>	4/11
7		Sydney FOGG	SR	<b>#5</b> Suffolk {2}	<b>18:43.93</b>	4/5
8		Brittany MARTIN	SR	<b>#2</b> Roger Williams	<b>19:06.35</b>	4/4
9		Gianna RODRIGUEZ	FR	<b>#6</b> Univ. of New Eng{3}	<b>19:09.62</b>	4/11
10		Natalie FORNO	SO	<b>#2</b> Roger Williams {2}	<b>19:43.81</b>	4/4

## Women's 10,000 Meters

1	<b>4</b>	Rachel BRENNAN	SR	<b>#3</b> Gordon (Mass.)	<b>34:28.04</b>	3/28
2	<b>39</b>	Nina PARZIALE	SR	<b>#6</b> Univ. of New Eng	<b>36:53.08</b>	4/14
3	<b>41</b>	Carolyn DAY	SR	<b>#3</b> Gordon (Mass.) {2}	<b>36:57.38</b>	3/28
4		Hannah RISKI	SR	<b>#4</b> Endicott	<b>38:43.16</b>	3/23
5		Kelsee GLADU	SR	<b>#6</b> Univ. of New Eng{2}	<b>39:39.58</b>	3/29
6		Emma SCHAUMLOFFEL	FR	<b>#7</b> Wentworth (Mas	<b>41:10.38</b>	3/29
7		Teagan SHAUGHNESSY	SO	<b>#4</b> Endicott {2}	<b>44:02.42</b>	3/23

## Women's 4x100 Relay

1		Elizabeth Gaskill, Amaris Goodwin, Emily Bengtson, Jenna Lindsay	<b>#3</b> Gordon (Mass.)	<b>49.83</b>	4/11
2		Amanda Walden, Emily Concepcion, Hilma Ortega, Jainaba Conteh	<b>#5</b> Suffolk	<b>50.85</b>	3/29
3		Averi McCoy, Jaylen Evans, Cali Leonard, Tamara Greene	<b>#1</b> Hartford	<b>51.77</b>	4/12
4		Olivia Novello, Kaylee Carver, Kayla Budny, Kaylee Whitney	<b>#4</b> Endicott	<b>52.01</b>	<b>4/19</b>
5		Amanda Walsh, Natalie Reid, Karsyn Medeiros, Mya D'Antonio	<b>#2</b> Roger Williams	<b>52.52</b>	<b>4/19</b>
6		Sydney Mercadante, Selma Moutaakkil, Lily Carlson, Olivia Holley	<b>#7</b> Wentworth (Mas	<b>53.33</b>	<b>4/19</b>
7		Macie Anderson, Emily Buchter, Izabella Haagenson, Amelia Silver	<b>#6</b> Univ. of New Eng	<b>53.50</b>	<b>4/19</b>

## Women's 4x400 Relay

1		Jenna Lindsay, Amaris Goodwin, Elizabeth Gaskill, Caroline Roberts	<b>#3</b> Gordon (Mass.)	<b>4:12.28</b>	3/15
2		Adeline Cook, Tabitha DiDonato, Gabiella Sitzer, Grace Baldwin	<b>#2</b> Roger Williams	<b>4:23.60</b>	3/23
3		Gabby Peniche, Chloe Crear, Anna McDowell, Brie Am Ende	<b>#4</b> Endicott	<b>4:27.64</b>	4/12
4		Ella Stephenson, Elizabeth White, Mariah Nichols, Ella Grace	<b>#1</b> Hartford	<b>4:28.07</b>	4/6
5		Sydney Mercadante, Erin MacLean, Anabelle Mendez, Lily Carlson	<b>#7</b> Wentworth (Mas	<b>4:39.36</b>	4/5
6		Macie Anderson, Kiley Rolfe, Amelia Silver, Iris Young	<b>#6</b> Univ. of New Eng	<b>4:39.65</b>	<b>4/19</b>

## Women's High Jump

1	<b>5</b>	Jordan MURPHY	SO	<b>#1</b> Hartford	<b>1.68m</b>	5-6	<b>4/19</b>
2	<b>38</b>	Abby GRIFFITH	FR	<b>#4</b> Endicott	<b>1.61m</b>	5-3¼	3/29
3	<b>86</b>	Averie DENELLE	FR	<b>#5</b> Suffolk	<b>1.58m</b>	5-2¼	<b>4/19</b>
4		Julia CHASE	FR	<b>#6</b> Univ. of New Eng	<b>1.56m</b>	5-1¼	<b>4/19</b>
5		Lily CARLSON	SO	<b>#7</b> Wentworth (Mas	<b>1.51m</b>	4-11½	<b>4/19</b>
5		Gabrielle PADMORE	FR	<b>#1</b> Hartford {2}	<b>1.51m</b>	4-11½	<b>4/19</b>
5		Alexandra BIRYUKOV	FR	<b>#2</b> Roger Williams	<b>1.51m</b>	4-11½	3/29
8		Olivia NOVELLO	SO	<b>#4</b> Endicott {2}	<b>1.48m</b>	4-10¼	<b>4/19</b>
9		Catherine BROWN	SR	<b>#5</b> Suffolk {2}	<b>1.46m</b>	4-9½	3/29
9		Iris YOUNG	FR	<b>#6</b> Univ. of New Eng{2}	<b>1.46m</b>	4-9½	<b>4/19</b>

## Women's Pole Vault

1	<b>73</b>	Devyn BATTISTONI	SO	<b>#5</b> Suffolk	<b>3.43m</b>	11-3	<b>4/19</b>
2		Maura DENNIS	SR	<b>#2</b> Roger Williams	<b>2.83m</b>	9-3¼	<b>4/19</b>
3		Kali TRAPP	FR	<b>#1</b> Hartford	<b>2.80m</b>	9-2¼	<b>4/19</b>
4		Giselle SCRIVANICH	FR	<b>#1</b> Hartford {2}	<b>2.40m</b>	7-10½	3/30
5		Cat FOURNIER	SO	<b>#1</b> Hartford {3}	<b>2.20m</b>	7-2½	<b>4/19</b>

## Women's Long Jump

1		Kinneal DICKENS	SR	<b>#4</b> Endicott	<b>5.23m</b>	17-2 (1.7)	<b>4/19</b>
2		Anissa LEWIS	FR	<b>#3</b> Gordon (Mass.)	<b>5.06mw</b>	16-7¼ (2.2)	4/11
3		Abby GRIFFITH	FR	<b>#4</b> Endicott {2}	<b>5.03m</b>	16-6 (1.8)	<b>4/19</b>
3		Elizabeth GASKILL	SO	<b>#3</b> Gordon (Mass.) {2}	<b>5.03m</b>	16-6 (0.6)	3/15
5		Caroline CROCKER	SO	<b>#1</b> Hartford	<b>5.00m</b>	16-5 (0.0)	4/6
6		Olivia SHERMAN	FR	<b>#1</b> Hartford {2}	<b>4.83m</b>	15-10¼ (0.0)	4/6
7		Izabella HAAGENSON	SR	<b>#6</b> Univ. of New Eng	<b>4.81m</b>	15-9½ (0.7)	<b>4/19</b>
8		Dootchina DORIELAN	SR	<b>#5</b> Suffolk	<b>4.79m</b>	15-8¾ (0.0)	4/5
9		Kaylee CARVER	SR	<b>#4</b> Endicott {3}	<b>4.76m</b>	15-7½ (1.6)	<b>4/19</b>
10		Maya DROUILLARD	FR	<b>#3</b> Gordon (Mass.) {3}	<b>4.74m</b>	15-6¾ (0.5)	<b>4/19</b>



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



CNE

as of 4/22/2025 12:03:59 AM ET

## Women's Triple Jump

1	Abby GRIFFITH	FR	#4 Endicott	10.69m	35-1 (0.2)	3/23
2	Anissa LEWIS	FR	#3 Gordon (Mass.)	10.45m	34-3½ (0.2)	4/12
3	Mariah NICHOLS	JR	#1 Hartford	10.06m	33-¼ (0.0)	4/6
4	Kinneal DICKENS	SR	#4 Endicott {2}	10.04mw	32-11¼ (2.5)	4/19
5	Julia CHASE	FR	#6 Univ. of New Eng	9.96m	32-8¼ (1.9)	3/29
6	Kayla BUDNY	FR	#4 Endicott {3}	9.91m	32-6¼ (0.5)	4/19
7	Victoria BETTENCOURT	JR	#2 Roger Williams	9.70m	31-10 (-0.3)	4/4
8	Jordan BENNETT	FR	#7 Wentworth (Mas	9.68m	31-9¼ (2.0)	4/19
9	Alexandra BIRYUKOV	FR	#2 Roger Williams {2}	9.60mw	31-6 (3.0)	4/19
10	Ellie CLAYTON	SO	#2 Roger Williams {3}	9.43m	30-11¼ (0.9)	4/4

## Women's Shot Put

1	37 Hailey GARCIA	FR	#2 Roger Williams	12.84m	42-1½	4/19
2	Madison DIPASQUALE	JR	#1 Hartford	11.70m	38-4¾	3/30
3	Tommie BARKER	JR	#1 Hartford {2}	11.47m	37-7¾	4/19
4	Cheyenne CAHILL	JR	#6 Univ. of New Eng	11.28m	37-¼	4/19
5	Laci SANTOS	JR	#7 Wentworth (Mas	10.60m	34-9½	4/12
6	Tatiana SICARD	SO	#7 Wentworth (Mas{2}	10.59m	34-9	4/19
7	Yovanna CRUZ	JR	#1 Hartford {3}	10.52m	34-6¼	3/30
8	Destinee MAJETT	JR	#1 Hartford {4}	10.36m	34-0	3/30
9	Sarah LAVITA	JR	#6 Univ. of New Eng{2}	10.19m	33-5¼	4/5
10	Emma MINI	JR	#6 Univ. of New Eng{3}	9.98m	32-9	3/29

## Women's Discus

1	62 Madison DIPASQUALE	JR	#1 Hartford	41.15m	135-0	4/19
2	Sarah LAVITA	JR	#6 Univ. of New Eng	38.79m	127-3	4/19
3	Weeko THOMPSON	FR	#1 Hartford {2}	35.22m	115-7	4/12
4	Kassidy PLUMMER	SR	#6 Univ. of New Eng{2}	33.83m	111-0	4/19
5	Grace SHIPPEE	SR	#6 Univ. of New Eng{3}	31.17m	102-3	4/11
5	Laci SANTOS	JR	#7 Wentworth (Mas	31.17m	102-3	4/19
7	Emilie BELL	FR	#6 Univ. of New Eng{4}	31.03m	101-10	4/6
8	Alivia GERAGHTY	SO	#3 Gordon (Mass.)	30.60m	100-5	3/15
9	Kasianna FISCHER	FR	#3 Gordon (Mass.) {2}	30.05m	98-7¼	4/11
10	Ashley QUINTAL	SO	#7 Wentworth (Mas{2}	29.98m	98-4½	4/5

## Women's Hammer

1	31 Alivia GERAGHTY	SO	#3 Gordon (Mass.)	50.36m	165-3	4/5
2	Olivia CHASE	JR	#6 Univ. of New Eng	45.83m	150-5	4/6
3	Madison DIPASQUALE	JR	#1 Hartford	44.05m	144-6	4/19
4	Destinee MAJETT	JR	#1 Hartford {2}	42.65m	139-11	4/12
5	Tommie BARKER	JR	#1 Hartford {3}	42.19m	138-5	3/30
6	Adison DAWE	FR	#8 Nichols	39.80m	130-7	4/18
7	Emma WITHERS	SO	#5 Suffolk	37.91m	124-5	4/19
8	Kassidy PLUMMER	SR	#6 Univ. of New Eng{2}	36.24m	118-11	4/19
9	Sarah LAVITA	JR	#6 Univ. of New Eng{3}	35.32m	115-11	4/6
10	Megan BURNS	JR	#6 Univ. of New Eng{4}	35.16m	115-4	4/19

## Women's Javelin

1	9 Angela WEST	FR	#2 Roger Williams	41.57m	136-5	4/12
2	Sarah LAVITA	JR	#6 Univ. of New Eng	35.53m	116-7	4/19
3	Ashley QUINTAL	SO	#7 Wentworth (Mas	31.33m	102-10	4/19
4	Meagan MCANDREWS	FR	#4 Endicott	30.96m	101-7	4/19
5	Emily BENGTON	SO	#3 Gordon (Mass.)	29.92m	98-2	4/19
6	Morgan IPPOLITO	SO	#2 Roger Williams {2}	29.87m	98-0	4/12
7	Olivia NICHOLSON	SR	#5 Suffolk	29.54m	96-11	4/5
8	Laci SANTOS	JR	#7 Wentworth (Mas{2}	28.79m	94-5½	3/29
9	Eowyn LAPP	FR	#3 Gordon (Mass.) {2}	28.72m	94-2¾	4/5
10	Kaylee BETTEZ	SO	#3 Gordon (Mass.) {3}	28.03m	91-11½	4/5

## Women's Heptathlon

1	40 Jordan MURPHY	SO	#1 Hartford	4,071	4/12
2	73 Laci SANTOS	JR	#7 Wentworth (Mas	3,489	4/12
3	77 Meagan MCANDREWS	FR	#4 Endicott	3,432	4/12
4	96 Olivia NOVELLO	SO	#4 Endicott {2}	3,231	4/12
5	99 Izabella HAAGENSEN	SR	#6 Univ. of New Eng	3,196	4/19
6	Peyton SULLIVAN	JR	#2 Roger Williams	2,910	4/12
7	Ashley BECK	SO	#2 Roger Williams {2}	2,867	4/12
8	Tabitha KLAUS	SR	#2 Roger Williams {3}	2,812	4/12



## Conference TFRI Event Summary



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## Women's 100 Meters

1	Thompson THENICA	FR	#1 Medgar Evers	13.05	(-1.0)	4/17
2	Chung SHANIYA	FR	#1 Medgar Evers {2}	13.39	(-0.1)	4/17
3	Beautifull EARTH	FR	#5 York (N.Y.)	13.58	(1.6)	3/29
4	Jamie RISSO	JR	#2 Hunter	13.64	(-1.1)	4/6
5	Becky LI	SO	#2 Hunter {2}	13.84	(-0.4)	4/6
6	Taelyn MURRAY	JR	#2 Hunter {3}	13.91	(0.9)	3/22
7	Cheyenne GRAY-TAITT	SO	#4 Lehman	14.33	(1.9)	4/12
8	Jennifer METRA	SO	#1 Medgar Evers {3}	14.55	(-1.0)	4/17
9	Rebecca MCKENZIE	FR	#5 York (N.Y.) {2}	14.64w	(2.9)	4/11
10	Evans KEYONA	SO	#1 Medgar Evers {4}	15.02w	(3.9)	3/30

## Women's 100 Meter Hurdles

1	Rinnah BROWN		#1 Medgar Evers	17.89w	(3.4)	3/30
2	Taelyn MURRAY	JR	#2 Hunter	18.43	(-0.6)	4/6
3	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers {2}	19.59	(-0.8)	4/5
4	Lambert JADA	SO	#1 Medgar Evers {3}	20.45w	(3.4)	3/30
5	Hailey THOMAS	FR	#3 CCNY	20.79w	(2.1)	4/11
6	Ivanna ZAMORA SANCHEZ	FR	#3 CCNY {2}	20.94	(1.1)	4/11
7	Enalyse PACHECO	FR	#2 Hunter {2}	21.11	(0.3)	4/12
8	Chung SHANIYA	FR	#1 Medgar Evers {4}	21.16	(-1.1)	4/5

## Women's 200 Meters

1	Toshel GOFFE	FR	#1 Medgar Evers	25.44	(1.5)	4/12
2	Thompson THENICA	FR	#1 Medgar Evers {2}	27.10	(-1.3)	4/5
3	Rinnah BROWN		#1 Medgar Evers {3}	27.68	(0.5)	4/12
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers {4}	28.18	(0.7)	4/12
5	Beautifull EARTH	FR	#5 York (N.Y.)	28.32	(1.3)	3/29
6	Becky LI	SO	#2 Hunter	28.50	(-0.5)	3/29
7	Chung SHANIYA	FR	#1 Medgar Evers {5}	28.72	(0.7)	4/12
8	Lambert JADA	SO	#1 Medgar Evers {6}	30.23	(0.7)	4/12
9	Cheyenne GRAY-TAITT	SO	#4 Lehman	30.45w	(2.9)	3/29
10	Jennifer METRA	SO	#1 Medgar Evers {7}	31.23	(1.5)	3/30

## Women's 400 Meters

1	Toshel GOFFE	FR	#1 Medgar Evers	59.55		4/5
2	Rinnah BROWN		#1 Medgar Evers {2}	1:03.83		4/17
3	Thompson THENICA	FR	#1 Medgar Evers {3}	1:04.06		3/23
4	Mikaelle CESAR	FR	#2 Hunter	1:04.56		4/6
5	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers {4}	1:05.29		4/5
6	Chung SHANIYA	FR	#1 Medgar Evers {5}	1:08.60		3/23
7	Hannah TIEN	FR	#3 CCNY	1:09.33		3/29
8	Enalyse PACHECO	FR	#2 Hunter {2}	1:11.67		3/22
9	Salma EL BEZZAOUI	FR	#2 Hunter {3}	1:13.52		4/19
10	Irving JIANG	SR	#2 Hunter {4}	1:13.98		3/29

## Women's 400 Meter Hurdles

1	Jamie RISSO	JR	#2 Hunter	1:10.30		4/6
2	Rinnah BROWN		#1 Medgar Evers	1:13.75		4/17
3	Chung SHANIYA	FR	#1 Medgar Evers {2}	1:15.17		4/5
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers {3}	1:16.20		4/5
5	Enalyse PACHECO	FR	#2 Hunter {2}	1:21.88		3/29
6	Norma FLORES OLMEDO	FR	#3 CCNY	1:22.45		4/19
7	Lambert JADA	SO	#1 Medgar Evers {4}	1:24.18		4/17
8	Ivanna ZAMORA SANCHEZ	FR	#3 CCNY {2}	1:30.86		4/11
9	Rondella SPOONER	FR	#3 CCNY {3}	1:32.44		4/19
10	Flor DOMINGUEZ	SO	#3 CCNY {4}	1:39.12		4/11

## Women's 800 Meters

1	Mikaelle CESAR	FR	#2 Hunter	2:34.21		3/29
2	Shannon FERRI	SR	#2 Hunter {2}	2:39.29		4/6
3	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	2:43.69		4/12
4	Samantha SURIEL	SR	#2 Hunter {3}	2:47.25		4/6
5	Irving JIANG	SR	#2 Hunter {4}	2:48.21		3/29
6	Rinnah BROWN		#1 Medgar Evers {2}	2:48.34		4/12
7	Norma FLORES OLMEDO	FR	#3 CCNY	2:48.84		3/29
8	Nana SAMAKE	JR	#1 Medgar Evers {3}	2:55.30		4/5
9	Hannah TIEN	FR	#3 CCNY {2}	2:58.13		3/29
10	Melanie LIU	FR	#2 Hunter {5}	2:58.86		3/22

## Women's 1500 Meters

1	Shannon FERRI	SR	#2 Hunter	5:32.08		4/12
2	Mikaelle CESAR	FR	#2 Hunter {2}	5:32.88		4/19
3	Samantha SURIEL	SR	#2 Hunter {3}	5:41.01		3/22
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	5:51.06		3/23
5	Norma FLORES OLMEDO	FR	#3 CCNY	5:52.32		4/11
6	Peach KILROY	FR	#2 Hunter {4}	5:53.76		3/29
7	Nana SAMAKE	JR	#1 Medgar Evers {2}	5:57.62		3/23
8	Williams SAVIAH	FR	#1 Medgar Evers {3}	6:07.45		4/5
9	Irving JIANG	SR	#2 Hunter {5}	6:23.04		3/22
10	Flor DOMINGUEZ	SO	#3 CCNY {2}	6:27.84		4/11

## Women's Steeplechase

1	Norma FLORES OLMEDO	FR	#3 CCNY	14:04.14		4/19
2	Flor DOMINGUEZ	SO	#3 CCNY {2}	14:39.49		3/29
3	Peach KILROY	FR	#2 Hunter	14:40.07		4/6
4	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	14:40.49		3/30
5	Irving JIANG	SR	#2 Hunter {2}	15:33.90		4/19
6	Melanie LIU	FR	#2 Hunter {3}	15:42.60		4/6
7	Lambert JADA	SO	#1 Medgar Evers {2}	17:07.25		4/17
8	Rawnaa ELSHITA	SR	#2 Hunter {4}	18:21.22		4/6
9	Caera BEIGHTOL	SO	#2 Hunter {5}	18:42.67		4/6



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## Women's 5000 Meters

1	Shannon FERRI	SR	#2 Hunter	20:05.26	4/19
2	Samantha SURIEL	SR	#2 Hunter	{2} 21:26.31	4/12
3	Peach KILROY	FR	#2 Hunter	{3} 22:13.04	4/19
4	Nana SAMAKE	JR	#1 Medgar Evers	22:33.93	4/17
5	Norma FLORES OLMEDO	FR	#3 CCNY	22:48.58	3/29
6	Kenia IRISH- BRAMBLE	FR	#1 Medgar Evers	{2} 23:20.80	3/30
7	Karuna AIKAWA	FR	#3 CCNY	{2} 23:57.24	4/19
8	Maritza ARGUETA	FR	#1 Medgar Evers	{3} 26:28.09	4/5

## Women's 10,000 Meters

1	Nana SAMAKE	JR	#1 Medgar Evers	49:19.18	4/5
2	Peach KILROY	FR	#2 Hunter	50:14.70	4/12
3	Williams SAVIAH	FR	#1 Medgar Evers	{2} 54:48.60	4/17
4	Irving JIANG	SR	#2 Hunter	{2} 55:09.46	4/12
5	Maritza ARGUETA	FR	#1 Medgar Evers	{3} 59:18.93	4/17
6	Rawnaa ELSHITA	SR	#2 Hunter	{3} 1:01:37	4/12

## Women's 4x100 Relay

1	#Type!	#1 Medgar Evers	51.94	4/17
2	Becky Li, Taelyn Murray, Salma El bezzaoui, Jamie Risso	#2 Hunter	55.20	4/6
3	Rebecca McKenzie, Beautifull Earth, Keanna Clouden, Alisha Adams	#5 York (N.Y.)	1:03.80	4/11
4	Amariah Emanuel- Tayler, Mariella Nunez, Garyana Altidor, Cheyenne Gray-Taitt	#4 Lehman	1:06.46	4/12

## Women's 4x400 Relay

1	#Type!	#1 Medgar Evers	4:35.39	4/17
2	Irving Jiang, Samantha Suriel, Lily McAndrews, Salma El bezzaoui	#2 Hunter	4:51.56	4/6
3	#Type!	#3 CCNY	5:02.51	3/29
4	Amariah Emanuel- Tayler, Shivani Raghuthu, Mariella Nunez, Angelina Brown	#4 Lehman	5:33.25	3/23

## Women's High Jump

1	Kenia IRISH- BRAMBLE	FR	#1 Medgar Evers	1.40m	4-7	4/17
1	Hailey THOMAS	FR	#3 CCNY	1.40m	4-7	4/19
3	Rinnah BROWN		#1 Medgar Evers	{2} 1.32m	4-4	4/12
4	Lambert JADA	SO	#1 Medgar Evers	{3} 1.30m	4-3¼	4/5
5	Chung SHANIYA	FR	#1 Medgar Evers	{4} 1.20m	3-11¼	4/17

## Women's Long Jump

1	Jamie RISSO	JR	#2 Hunter	5.29m	17-4¼ (0.7)	4/12
2	Rinnah BROWN		#1 Medgar Evers	4.94m	16-2½ (-1.2)	4/17
3	Taelyn MURRAY	JR	#2 Hunter	{2} 4.76m	15-7½ (0.0)	4/6
4	Becky LI	SO	#2 Hunter	{3} 4.51m	14-9¾ (0.0)	4/6
5	Hailey THOMAS	FR	#3 CCNY	4.43m	14-6½ (1.0)	4/11
6	Thompson THENICA	FR	#1 Medgar Evers	{2} 4.38m	14-4½ (0.1)	4/5
7	Lambert JADA	SO	#1 Medgar Evers	{3} 4.18m	13-8¾ (0.0)	4/17
7	Rondella SPOONER	FR	#3 CCNY	{2} 4.18m	13-8¾ (-2.2)	3/29
9	Kenia IRISH- BRAMBLE	FR	#1 Medgar Evers	{4} 4.17m	13-8¾ (-0.3)	4/17
10	Rebecca MCKENZIE	FR	#5 York (N.Y.)	4.11mw	13-6 (2.1)	4/11

## Women's Triple Jump

1	13 Jamie RISSO	JR	#2 Hunter	11.86m	38-11 (1.4)	3/29
2	Taelyn MURRAY	JR	#2 Hunter	{2} 10.53m	34-6¾ (1.0)	4/6
3	Lambert JADA	SO	#1 Medgar Evers	9.90mw	32-5¾ (2.1)	4/17
4	Rinnah BROWN		#1 Medgar Evers	{2} 9.83m	32-3 (1.4)	4/17

## Women's Shot Put

1	Taelyn MURRAY	JR	#2 Hunter	9.76m	32-¼	3/29
2	Nia BUTLER	SO	#1 Medgar Evers	9.33m	30-7½	3/23
3	Jada CLAYTON	SO	#1 Medgar Evers	{2} 9.15m	30-¼	3/23
4	Stephanie TOUSSAINT	SR	#3 CCNY	8.95m	29-4½	4/5
5	Jennifer METRA	SO	#1 Medgar Evers	{3} 8.25m	27-¾	4/17
6	Rondella SPOONER	FR	#3 CCNY	{2} 8.23m	27-0	4/19
7	Elainne ROJAS MESA	SR	#4 Lehman	7.72m	25-4	3/29
8	Nia NOVOTNY	SO	#2 Hunter	{2} 7.48m	24-6½	4/19
9	Raine WILLIAMS	SO	#1 Medgar Evers	{4} 7.26m	23-10	3/23
10	Lambert JADA	SO	#1 Medgar Evers	{5} 6.95m	22-9¾	4/12

## Women's Discus

1	Jada CLAYTON	SO	#1 Medgar Evers	22.32m	73-2¾	4/12
2	Nia BUTLER	SO	#1 Medgar Evers	{2} 20.42m	67-0	4/5
3	Rawnaa ELSHITA	SR	#2 Hunter	20.40m	66-11¼	3/22
4	Nia NOVOTNY	SO	#2 Hunter	{2} 19.90m	65-3½	4/12
5	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 19.51m	64-¼	4/12
6	Elainne ROJAS MESA	SR	#4 Lehman	18.82m	61-9	3/29
7	Sofia CAMPOS	SO	#3 CCNY	14.03m	46-½	3/29
8	Kinnik TIMOTHY	FR	#1 Medgar Evers	{4} 14.00m	45-11¼	4/5
9	Shivani RAGHUTHU	FR	#4 Lehman	{2} 12.85m	42-2	3/23
10	Hailey THOMAS	FR	#3 CCNY	{2} 12.47m	40-11	4/19

## Women's Hammer

1	Nia BUTLER	SO	#1 Medgar Evers	31.49m	103-4	4/5
2	Jada CLAYTON	SO	#1 Medgar Evers	{2} 26.27m	86-2¼	4/5
3	Sofia CAMPOS	SO	#3 CCNY	22.09m	72-5¾	3/29
4	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 19.86m	65-2	4/12
5	Rawnaa ELSHITA	SR	#2 Hunter	18.79m	61-7¾	3/22





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## Women's Javelin

1	Analysé PACHECO	FR	#2 Hunter	30.97m	101-7	3/22
2	Nia NOVOTNY	SO	#2 Hunter	{2} 26.12m	85-8½	4/12
3	Elainne ROJAS MESA	SR	#4 Lehman	25.33m	83-1¼	3/29
4	Toshel GOFFE	FR	#1 Medgar Evers	22.77m	74-8½	4/12
5	Rinnah BROWN		#1 Medgar Evers	{2} 21.60m	70-10½	3/30
6	Raine WILLIAMS	SO	#1 Medgar Evers	{3} 21.46m	70-5	3/30
7	Jennifer METRA	SO	#1 Medgar Evers	{4} 20.00m	65-7½	4/17
8	Rondella SPOONER	FR	#3 CCNY	19.17m	62-10¾	3/29
9	Rawnaa ELSHITA	SR	#2 Hunter	{3} 16.67m	54-8¼	3/22
10	Nia BUTLER	SO	#1 Medgar Evers	{5} 15.20m	49-10½	3/23

## Women's Heptathlon

1	Rinnah BROWN		#1 Medgar Evers	2,982	4/12
2	Kenia IRISH-BRAMBLE	FR	#1 Medgar Evers	{2} 2,456	4/12
3	Lambert JADA	SO	#1 Medgar Evers	{3} 2,219	4/12



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## Women's 100 Meters

1	6	Brynn MOONEY	SO	#1 SUNY Geneseo	11.76w	(3.9)	4/5
2	22	Victoria BREWSTER	JR	#6 Houghton	11.97w	(3.9)	4/5
3	78	Abigail DORUNDA	FR	#3 St. John Fisher	12.27w	(3.9)	4/5
4		Alaina MORLEY	JR	#4 Nazareth	12.35w	(2.1)	4/19
5		Makenna MANSON	FR	#3 St. John Fisher {2}	12.43	(1.4)	4/14
6		Ella RADLEY	FR	#3 St. John Fisher {3}	12.61w	(2.8)	4/14
7		Lexi RODRIGUEZ	JR	#2 SUNY Brockport	12.64w	(2.2)	4/5
8		Mackenzie MIX	SR	#5 Utica	12.68	(1.5)	4/11
9		Kayla HUBA	JR	#1 SUNY Geneseo {2}	12.74	(1.4)	4/14
10		Jordan WAGNER	SO	#4 Nazareth {2}	12.97w	(3.3)	4/5

## Women's 100 Meter Hurdles

1	13	Jill AMBLER	SO	#1 SUNY Geneseo	14.27w	(2.3)	4/14
2	33	Ciarra FRANZ	SR	#3 St. John Fisher	14.64w	(3.7)	4/5
3	74	Samantha LUBA	JR	#4 Nazareth	15.06	(-2.1)	4/19
4		Lainey FLAITS	SO	#1 SUNY Geneseo {2}	15.42	(-0.9)	3/30
5		Lanna WANDY	SR	#1 SUNY Geneseo {3}	15.45	(0.1)	4/15
6		Anne SPILA	SR	#7 Alfred	15.50w	(3.3)	4/11
7		Sophia BARCLAY	SO	#1 SUNY Geneseo {4}	15.85	(0.1)	4/19
8		Mackenzie KUBAT	FR	#1 SUNY Geneseo {5}	16.10w	(3.3)	4/5
9		Amelia PETERSEN	SO	#5 Utica	16.16w	(3.9)	4/19
10		Meya MCKOWN	SO	#4 Nazareth {2}	16.19	(1.9)	4/15

## Women's 200 Meters

1	7	Brynn MOONEY	SO	#1 SUNY Geneseo	24.20w	(4.0)	4/5
2	47	Marissa WISE	SR	#2 SUNY Brockport	24.84	(1.1)	4/14
3	88	Jill AMBLER	SO	#1 SUNY Geneseo {2}	25.18w	(4.0)	4/5
4		Victoria BREWSTER	JR	#6 Houghton	25.28w	(4.0)	4/5
5		Abigail DORUNDA	FR	#3 St. John Fisher	25.68	(1.6)	4/5
6		Alexis LASHER	JR	#4 Nazareth	25.75c	(26.15) (0.0)	4/15
7		Alaina MORLEY	JR	#4 Nazareth {2}	25.77c	(26.17) (0.0)	4/15
8		Lexi RODRIGUEZ	JR	#2 SUNY Brockport {2}	25.80c	(26.20) (-4)	4/19
9		Kayla HUBA	JR	#1 SUNY Geneseo {3}	25.89	(0.3)	4/19
9		Lindsay TELLEZ	FR	#1 SUNY Geneseo {3}	25.89w	(2.5)	4/5

## Women's 400 Meters

1	9	Brynn MOONEY	SO	#1 SUNY Geneseo	55.53		4/14
2		Grace WRIGHT	SR	#3 St. John Fisher	58.52		4/19
3		Nicole GRETZINGER	JR	#1 SUNY Geneseo {2}	58.59		4/19
4		Marissa WISE	SR	#2 SUNY Brockport	59.13		4/5
5		Sophia LEACH	SO	#3 St. John Fisher {2}	59.15		4/19
6		Abigail DORUNDA	FR	#3 St. John Fisher {3}	59.33		4/19
7		Mackenzie MIX	SR	#5 Utica	59.40		4/5
8		Isabella LAGIOS	FR	#1 SUNY Geneseo {3}	59.53c	(1:00.32)	4/15
9		Alexis LASHER	JR	#4 Nazareth	59.86		4/12
10		Abigail BOWMAN	FR	#4 Nazareth {2}	1:00.06c	(1:00.85)	4/15

## Women's 400 Meter Hurdles

1	13	Ava BAGLEY	SO	#1 SUNY Geneseo	1:02.72		4/19
2	16	Lexi RODRIGUEZ	JR	#2 SUNY Brockport	1:02.87		4/14
3	32	Marissa WISE	SR	#2 SUNY Brockport {2}	1:03.86		4/19
4	46	Sophia BARCLAY	SO	#1 SUNY Geneseo {2}	1:04.54		4/19
5	71	Lainey FLAITS	SO	#1 SUNY Geneseo {3}	1:05.60		4/14
6	73	Janelle ECKL	SR	#1 SUNY Geneseo {4}	1:05.64		4/5
7	90	Samantha LUBA	JR	#4 Nazareth	1:06.16		4/19
8	100	Lily REXFORD	SO	#2 SUNY Brockport {3}	1:06.41		4/14
9		Lauren BENDALL	SR	#4 Nazareth {2}	1:07.84		4/12
10		Sophia LEACH	SO	#3 St. John Fisher	1:09.22		3/30

## Women's 800 Meters

1	5	Sierra DOODY	JR	#1 SUNY Geneseo	2:08.09		4/19
2	7	Janelle ECKL	SR	#1 SUNY Geneseo {2}	2:08.89		4/19
3	80	Ethne DEGAN	FR	#2 SUNY Brockport	2:16.73		4/14
4	91	Jaylah COSSIN	SR	#2 SUNY Brockport {2}	2:17.03c	(2:18.61)	4/19
5	98	Nieve MAHOOD	SR	#1 SUNY Geneseo {3}	2:17.34		4/19
6		Dakota LIMBERT	FR	#1 SUNY Geneseo {4}	2:18.44		4/14
7		Abigail BOWMAN	FR	#4 Nazareth	2:19.09c	(2:20.69)	4/19
8		Brianne HURLBURT	FR	#3 St. John Fisher	2:19.76		4/14
9		Vanessa RAMOS	SR	#2 SUNY Brockport {3}	2:21.03		4/14
10		Olivia GRINNELL	JR	#3 St. John Fisher {2}	2:21.20		4/19

## Women's 1500 Meters

1	28	Sierra DOODY	JR	#1 SUNY Geneseo	4:33.11		4/14
2	39	Penelope GREENE	SR	#1 SUNY Geneseo {2}	4:35.18		4/19
3	45	Caitlin VOLOSHEN	JR	#3 St. John Fisher	4:36.60		4/14
4	96	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {3}	4:41.67		4/19
5		Ethne DEGAN	FR	#2 SUNY Brockport	4:43.05		4/19
6		Mia VIZCAINO	SR	#2 SUNY Brockport {2}	4:44.69		4/14
7		Shelby BOISE	SO	#1 SUNY Geneseo {4}	4:49.01		4/14
8		Ella IMPAGLIA	JR	#4 Nazareth	4:49.30		4/12
9		Gabriella MCCARTHY	SR	#1 SUNY Geneseo {5}	4:49.99		4/5
10		Ann BRENNAN	JR	#1 SUNY Geneseo {6}	4:51.62		4/5

## Women's Steeplechase

1	8	Ann BRENNAN	JR	#1 SUNY Geneseo	10:46.82		4/14
2	32	Isabel MARZEC	SR	#1 SUNY Geneseo {2}	11:13.25		4/14
3	44	Ella IMPAGLIA	JR	#4 Nazareth	11:16.59		4/19
4	47	Jillian O'ROURKE	SO	#1 SUNY Geneseo {3}	11:18.01		4/14
5		Ari REBACK	FR	#1 SUNY Geneseo {4}	11:40.11		4/19
6		Julianne WILSON	SR	#2 SUNY Brockport	11:45.14		4/19
7		Bailey VISINGARD	SO	#4 Nazareth {2}	11:45.68		4/19
8		Sabrina ANTONINI	SR	#3 St. John Fisher	11:59.58		4/13
9		Catherine MANNA	FR	#5 Utica	12:10.55		4/5
10		Peyton CARTER	FR	#3 St. John Fisher {2}	12:20.03		4/13



## Conference TFRI Event Summary



Empire 8

as of 4/22/2025 12:04:00 AM ET

## Women's 5000 Meters

1	<b>12</b>	Penelope GREENE	SR	<b>#1</b> SUNY Geneseo	<b>16:43.90</b>	4/5
2	<b>31</b>	Gabriella MCCARTHY	SR	<b>#1</b> SUNY Geneseo {2}	<b>16:59.76</b>	4/14
3	<b>57</b>	Lilly FOWLER- CONNER	SR	<b>#1</b> SUNY Geneseo {3}	<b>17:19.66</b>	4/5
4	<b>91</b>	Ann BRENNAN	JR	<b>#1</b> SUNY Geneseo {4}	<b>17:32.70</b>	3/30
5	<b>98</b>	Ari REBACK	FR	<b>#1</b> SUNY Geneseo {5}	<b>17:34.85</b>	4/14
6		Kaitlyn GROSSMAN	SR	<b>#1</b> SUNY Geneseo {6}	<b>17:36.77</b>	4/14
7		Annika HURLEY	JR	<b>#1</b> SUNY Geneseo {7}	<b>17:44.13</b>	4/14
8		Mia VIZCAINO	SR	<b>#2</b> SUNY Brockport	<b>18:12.92</b>	4/5
9		Isabel MARZEC	SR	<b>#1</b> SUNY Geneseo {8}	<b>18:23.79</b>	3/30
10		Catherine MANNA	FR	<b>#5</b> Utica	<b>18:24.15</b>	<b>4/19</b>

## Women's 10,000 Meters

1	<b>2</b>	Penelope GREENE	SR	<b>#1</b> SUNY Geneseo	<b>33:42.16</b>	4/14
2	<b>7</b>	Lilly FOWLER- CONNER	SR	<b>#1</b> SUNY Geneseo {2}	<b>35:04.34</b>	4/14
3	<b>16</b>	Gabriella MCCARTHY	SR	<b>#1</b> SUNY Geneseo {3}	<b>35:38.67</b>	<b>4/19</b>
4	<b>24</b>	Ann BRENNAN	JR	<b>#1</b> SUNY Geneseo {4}	<b>36:08.28</b>	<b>4/19</b>
5		Riley JAMESON	SR	<b>#3</b> St. John Fisher	<b>40:15.94</b>	4/13
6		Audrey CARRAGHER	SR	<b>#3</b> St. John Fisher {2}	<b>40:21.51</b>	3/30
7		Noelle LINENFELSER	JR	<b>#6</b> Houghton	<b>40:37.47</b>	4/5
8		Marlo TOWNSEND	FR	<b>#5</b> Utica	<b>40:38.97</b>	<b>4/19</b>
9		Brynita HAAS	JR	<b>#8</b> Hartwick	<b>40:46.20</b>	<b>4/19</b>
10		Emberlynn NOLT	FR	<b>#6</b> Houghton {2}	<b>41:06.94</b>	4/5

## Women's 4x100 Relay

1	<b>22</b>	#Type!	<b>#1</b> SUNY Geneseo	<b>47.48</b>	<b>4/19</b>
2	<b>90</b>	Alexis Lasher, Alaina Morley, Jasmine Kendrick, Jordan Wagner	<b>#4</b> Nazareth	<b>49.40</b>	4/12
3		Makenna Manson, Abigail Dorunda, Ella Radley, Grace Wright	<b>#3</b> St. John Fisher	<b>50.06</b>	4/14
4		Davannah Dunn, Jozie Zickafoose, Alexa Belanger, Victoria Brewster	<b>#6</b> Houghton	<b>50.41</b>	4/13
5		Amelia Petersen, Lilly Messler, Nyasia Marsh, Mackenzie Mix	<b>#5</b> Utica	<b>50.70</b>	3/30
6		Abby Mineweaser, Rachel Daskiewicz, Chelsea Reynolds, Bayleigh Woodard	<b>#2</b> SUNY Brockport	<b>53.18</b>	<b>4/19</b>
7		Zoe Rainville, Annabelle Townsend, Natalya Ryckman, Anne Spila	<b>#7</b> Alfred	<b>53.41</b>	4/5
8		Giovanna Wall, Molly Corbett, Maiya King, Pepita Graham	<b>#8</b> Hartwick	<b>55.37</b>	4/12

## Women's 4x400 Relay

1	<b>8</b>	#Type!	<b>#1</b> SUNY Geneseo	<b>3:48.13</b>	<b>4/19</b>
2	<b>27</b>	Lexi Rodriguez, Monica Cammarota, Courtney Bostic, Marissa Wise	<b>#2</b> SUNY Brockport	<b>3:56.72c</b> (3:59.86)	<b>4/19</b>
3	<b>43</b>	Emma Wright, Grace Wright, Sophia Leach, Abigail Dorunda	<b>#3</b> St. John Fisher	<b>4:00.53</b>	4/5
4	<b>57</b>	Alexis Lasher, Lauren Bendall, Abigail Bowman, Samantha Luba	<b>#4</b> Nazareth	<b>4:03.36</b>	4/12
5		Kyra Binney, Jenna Binney, Risa Palmer, Noelle Linenfelser	<b>#6</b> Houghton	<b>4:21.24</b>	3/29
6		Zoe Rainville, Annabelle Townsend, Natalya Ryckman, Anne Spila	<b>#7</b> Alfred	<b>4:29.13</b>	3/19
7		Caroline Young, Lilly Messler, Jade Dening, Emma Charboneau	<b>#5</b> Utica	<b>4:33.88</b>	4/5

## Women's High Jump

1	<b>5</b>	Alexa BELANGER	FR	<b>#6</b> Houghton	<b>1.68m</b>	5-6	4/5
2	<b>23</b>	Hannah ALLISON	SO	<b>#5</b> Utica	<b>1.63m</b>	5-4¼	4/12
3	<b>74</b>	Kathryn HILLYARD	FR	<b>#3</b> St. John Fisher	<b>1.59m</b>	5-2½	4/13
3	<b>74</b>	Michaela LEVESQUE	SR	<b>#2</b> SUNY Brockport	<b>1.59m</b>	5-2½	4/13
5		Janelle ECKL	SR	<b>#1</b> SUNY Geneseo	<b>1.55m</b>	5-1	4/15
6		Anne SPILA	SR	<b>#7</b> Alfred	<b>1.54m</b>	5-½	4/11
6		Sasha SCHRAMM	JR	<b>#2</b> SUNY Brockport {2}	<b>1.54m</b>	5-½	4/13
8		Justice CRANE	SO	<b>#2</b> SUNY Brockport {3}	<b>1.53m</b>	5-¼	<b>4/19</b>
9		Mackenzie KUBAT	FR	<b>#1</b> SUNY Geneseo {2}	<b>1.52m</b>	4-11¾	4/15
10		Sydney LASALLE	JR	<b>#4</b> Nazareth	<b>1.50m</b>	4-11	4/12

## Women's Pole Vault

1	<b>15</b>	Isabel MORSE	JR	<b>#4</b> Nazareth	<b>3.81m</b>	12-6	<b>4/19</b>
2	<b>28</b>	Kiara TORNUSCIOLO	JR	<b>#4</b> Nazareth {2}	<b>3.66m</b>	12-0	<b>4/19</b>
3	<b>87</b>	Isabel SWYERS	SO	<b>#2</b> SUNY Brockport	<b>3.36m</b>	11-¼	4/13
4	<b>93</b>	Kathryn HILLYARD	FR	<b>#3</b> St. John Fisher	<b>3.35m</b>	10-11¾	<b>4/19</b>
5		Emily FRECH	SR	<b>#3</b> St. John Fisher {2}	<b>3.21m</b>	10-6¼	4/13
6		Cassandra WOOD	SO	<b>#5</b> Utica	<b>3.20m</b>	10-6	4/12
6		Madyson BUSH	FR	<b>#4</b> Nazareth {3}	<b>3.20m</b>	10-6	4/5
8		Nicole GRETZINGER	JR	<b>#1</b> SUNY Geneseo	<b>3.17m</b>	10-4¾	4/15
9		Mya HENRY	SR	<b>#2</b> SUNY Brockport {2}	<b>3.06m</b>	10-½	<b>4/19</b>
9		Gianna BATISTA	JR	<b>#1</b> SUNY Geneseo {2}	<b>3.06m</b>	10-½	<b>4/19</b>
9		Kora DININNY	FR	<b>#2</b> SUNY Brockport {2}	<b>3.06m</b>	10-½	<b>4/19</b>



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



Empire 8

as of 4/22/2025 12:04:00 AM ET

## Women's Long Jump

1	<b>13</b>	Jill AMBLER	SO	<b>#1</b>	SUNY Geneseo	<b>5.84m</b>	19-2 (1.2)	4/15
2	<b>24</b>	Lanna WANDY	JR	<b>#1</b>	SUNY Geneseo	{2} <b>5.71m</b>	18-8¾ (0.3)	4/14
3	<b>36</b>	Alaina MORLEY	JR	<b>#4</b>	Nazareth	<b>5.60m</b>	18-4½ (1.6)	4/14
3	<b>36</b>	Veronica DUELL	SR	<b>#3</b>	St. John Fisher	<b>5.60m</b>	18-4½ (-2.1)	4/5
5	<b>42</b>	Jasmine KENDRICK	SO	<b>#4</b>	Nazareth	{2} <b>5.58mw</b>	18-3¾ (3.1)	<b>4/19</b>
6	<b>84</b>	Kayla HUBA	JR	<b>#1</b>	SUNY Geneseo	{3} <b>5.39m</b>	17-8¾ (1.8)	4/15
7		Samantha LUBA	JR	<b>#4</b>	Nazareth	{3} <b>5.32m</b>	17-5½ (0.0)	4/12
8		Corinne ALBICKER	SO	<b>#1</b>	SUNY Geneseo	{4} <b>5.27m</b>	17-3½ (0.3)	<b>4/19</b>
8		Janelle ECKL	SR	<b>#1</b>	SUNY Geneseo	{4} <b>5.27m</b>	17-3½ (0.1)	4/15
10		Katie JACQUES	SR	<b>#4</b>	Nazareth	{4} <b>5.26mw</b>	17-3¼ (2.7)	<b>4/19</b>

## Women's Triple Jump

1	<b>43</b>	Katie JACQUES	SR	<b>#4</b>	Nazareth	<b>11.39m</b>	37-4½ (0.0)	4/14
2	<b>92</b>	Nora DEVITT	SR	<b>#5</b>	Utica	<b>10.98m</b>	36-¼ (0.0)	4/5
3	<b>93</b>	Elyse KLUMP	FR	<b>#1</b>	SUNY Geneseo	<b>10.97m</b>	36-0 (0.3)	4/15
4		Sydney LASALLE	JR	<b>#4</b>	Nazareth	{2} <b>10.79m</b>	35-4¾ (1.3)	<b>4/19</b>
5		Madyson BUSH	FR	<b>#4</b>	Nazareth	{3} <b>10.78m</b>	35-4½ (1.8)	<b>4/19</b>
6		Sasha SCHRAMM	JR	<b>#2</b>	SUNY Brockport	<b>10.74m</b>	35-3 (0.2)	4/13
7		Kianna NAVAL	FR	<b>#3</b>	St. John Fisher	<b>10.64m</b>	34-11 (1.1)	4/13
8		Isabelle BRIGGS	FR	<b>#1</b>	SUNY Geneseo	{2} <b>10.53m</b>	34-6¾ (1.4)	4/15
9		Samantha LUBA	JR	<b>#4</b>	Nazareth	{4} <b>10.43m</b>	34-2¾ (1.3)	4/12
9		Ariana D'ONOFRIO	SO	<b>#1</b>	SUNY Geneseo	{3} <b>10.43m</b>	34-2¾ (-0.7)	4/5

## Women's Shot Put

1	<b>99</b>	Zoe CONNER	SR	<b>#1</b>	SUNY Geneseo	<b>12.16m</b>	39-10¾	<b>4/19</b>
2		Lauren JAKLITSCH	JR	<b>#1</b>	SUNY Geneseo	{2} <b>11.98m</b>	39-3¾	3/30
3		Rebecca HEULER	SR	<b>#2</b>	SUNY Brockport	<b>11.80m</b>	38-8¾	4/13
4		Trinity DEES	JR	<b>#2</b>	SUNY Brockport	{2} <b>11.71m</b>	38-5	<b>4/19</b>
5		Erin MCGUINNESS	JR	<b>#3</b>	St. John Fisher	<b>11.49m</b>	37-8½	<b>4/19</b>
6		Payton MEHALICK	JR	<b>#1</b>	SUNY Geneseo	{3} <b>11.38m</b>	37-4	<b>4/19</b>
7		Emily ROLINCE	SO	<b>#4</b>	Nazareth	<b>11.16m</b>	36-7½	<b>4/19</b>
8		Riley KING	SO	<b>#5</b>	Utica	<b>10.63m</b>	34-10½	4/12
9		Bri DORR	SO	<b>#7</b>	Alfred	<b>10.53m</b>	34-6¾	<b>4/18</b>
10		Ella MANELLIS	FR	<b>#1</b>	SUNY Geneseo	{4} <b>10.47m</b>	34-4¼	4/5

## Women's Discus

1	<b>41</b>	Rebecca HEULER	SR	<b>#2</b>	SUNY Brockport	<b>42.44m</b>	139-3	<b>4/19</b>
2	<b>95</b>	Erin MCGUINNESS	JR	<b>#3</b>	St. John Fisher	<b>39.59m</b>	129-11	<b>4/19</b>
3		Skyler KLIMOW	JR	<b>#1</b>	SUNY Geneseo	<b>39.24m</b>	128-9	4/15
4		Savana HENRY	FR	<b>#2</b>	SUNY Brockport	{2} <b>38.45m</b>	126-2	<b>4/19</b>
5		Bri DORR	SO	<b>#7</b>	Alfred	<b>38.34m</b>	125-10	<b>4/18</b>
6		Hailee GARCIA	FR	<b>#3</b>	St. John Fisher	{2} <b>36.98m</b>	121-4	<b>4/19</b>
7		Ella MANELLIS	FR	<b>#1</b>	SUNY Geneseo	{2} <b>36.63m</b>	120-2	4/5
8		Morgan COLLAZO	SR	<b>#3</b>	St. John Fisher	{3} <b>35.94m</b>	117-11	<b>4/19</b>
9		Lea RICHARD	SR	<b>#4</b>	Nazareth	<b>35.79m</b>	117-5	<b>4/19</b>
10		Ashley TUBBS	SO	<b>#1</b>	SUNY Geneseo	{3} <b>34.31m</b>	112-7	<b>4/19</b>

## Women's Hammer

1	<b>15</b>	Zoe CONNER	SR	<b>#1</b>	SUNY Geneseo	<b>52.51m</b>	172-4	<b>4/19</b>
2	<b>21</b>	Anna STEED	JR	<b>#3</b>	St. John Fisher	<b>51.48m</b>	168-11	<b>4/19</b>
3	<b>46</b>	Lea RICHARD	SR	<b>#4</b>	Nazareth	<b>49.44m</b>	162-3	<b>4/19</b>
4	<b>61</b>	Riley KING	SO	<b>#5</b>	Utica	<b>48.23m</b>	158-3	<b>4/19</b>
5	<b>65</b>	Jazelle MCINTYRE	JR	<b>#3</b>	St. John Fisher	{2} <b>47.94m</b>	157-4	<b>4/19</b>
6	<b>71</b>	Lauren JAKLITSCH	JR	<b>#1</b>	SUNY Geneseo	{2} <b>47.41m</b>	155-7	<b>4/19</b>
7	<b>77</b>	Rebecca HEULER	SR	<b>#2</b>	SUNY Brockport	<b>47.18m</b>	154-10	4/13
8	<b>82</b>	Ella MANELLIS	FR	<b>#1</b>	SUNY Geneseo	{3} <b>47.01m</b>	154-3	4/5
9	<b>94</b>	Sarah PARR	SR	<b>#2</b>	SUNY Brockport	{2} <b>46.20m</b>	151-7	<b>4/19</b>
10		Katrina CHANDLER	JR	<b>#2</b>	SUNY Brockport	{3} <b>45.19m</b>	148-3	4/13

## Women's Javelin

1	<b>11</b>	Rebecca HEULER	SR	<b>#2</b>	SUNY Brockport	<b>41.23m</b>	135-3	4/13
2	<b>25</b>	Skyler KLIMOW	JR	<b>#1</b>	SUNY Geneseo	<b>39.79m</b>	130-7	4/5
3		Sierra MYERS	FR	<b>#3</b>	St. John Fisher	<b>34.95m</b>	114-8	<b>4/19</b>
4		Abbey CONQUEST	SR	<b>#4</b>	Nazareth	<b>33.22m</b>	109-0	<b>4/19</b>
5		Payton MEHALICK	JR	<b>#1</b>	SUNY Geneseo	{2} <b>32.91m</b>	108-0	4/5
6		Jacqueline WILLIAMS	SO	<b>#3</b>	St. John Fisher	{2} <b>32.15m</b>	105-6	4/13
7		Stefania GRIMALDI	SO	<b>#5</b>	Utica	<b>31.72m</b>	104-1	4/12
8		Anne SPILA	SR	<b>#7</b>	Alfred	<b>31.09m</b>	102-0	4/11
9		Hannah MAXSON	SO	<b>#9</b>	Sage Colleges	<b>30.66m</b>	100-7	<b>4/18</b>
10		Madison KIRKPATRICK	SO	<b>#2</b>	SUNY Brockport	{2} <b>29.95m</b>	98-3¼	4/13

## Women's Heptathlon

1	<b>23</b>	Anne SPILA	SR	<b>#7</b>	Alfred	<b>4,341</b>	4/11
2	<b>28</b>	Lanna WANDY	SR	<b>#1</b>	SUNY Geneseo	<b>4,264</b>	4/15
3	<b>62</b>	Stefania GRIMALDI	SO	<b>#5</b>	Utica	<b>3,730</b>	<b>4/19</b>
4	<b>63</b>	Mackenzie KUBAT	FR	<b>#1</b>	SUNY Geneseo	{2} <b>3,719</b>	4/15
5		Victoria ROGOYSKI	FR	<b>#3</b>	St. John Fisher	<b>3,082</b>	<b>4/19</b>
6		Neve TILLEY	JR	<b>#6</b>	Houghton	<b>2,108</b>	4/13
7		Katie PAVELCHAK	JR	<b>#2</b>	SUNY Brockport	<b>1,357</b>	4/13





## Conference TFRI Event Summary



GNAC

as of 4/22/2025 12:04:01 AM ET

## Women's 100 Meters

1	Caroline CAREY	SR	#1 Emmanuel (Mas: {1} 12.54w (2.7) 4/19
2	Reilly SLUSSER	JR	#1 Emmanuel (Mas: {2} 13.02w (2.7) 4/19
3	Kayoni JORDAN	SO	#4 Lasell 13.25 (0.2) 4/4
4	Olivia DENCH	JR	#3 Regis (Mass.) 13.32 (0.2) 4/11
5	Isatu FOFANAH	FR	#6 Simmons 13.40 (1.4) 4/19
5	Lila BRILLHART	FR	#5 Colby-Sawyer 13.40 (-0.6) 3/28
7	Sofia ROWEN	FR	#1 Emmanuel (Mas: {3} 13.69 (0.4) 4/12
8	Janet AMASA-TITUS	SO	#3 Regis (Mass.) {2} 13.71 (0.5) 4/4
9	Zoe INDENGA	FR	#2 Saint Joseph's (I 13.78 (0.7) 4/19
10	Jayla JAMES	FR	#6 Simmons {2} 13.81w (2.2) 4/19

## Women's 100 Meter Hurdles

1 68	Lila BRILLHART	FR	#5 Colby-Sawyer 15.03 (0.6) 4/19
2	Audrey BILODEAU	JR	#2 Saint Joseph's (I 15.98 (-0.1) 4/5
3	Donna GAUVIN	SO	#1 Emmanuel (Mas: {1} 16.75w (2.1) 4/12
4	Kason HUYNH	SO	#1 Emmanuel (Mas: {2} 16.98w (2.4) 4/19
5	Madalyn GUINDON	FR	#2 Saint Joseph's (I {2} 17.32 (-0.9) 4/19
6	Annaliese ROWELL	FR	#5 Colby-Sawyer {2} 17.38 (1.3) 4/14
7	Alexis PATTERSON	FR	#1 Emmanuel (Mas: {3} 17.43w (2.1) 4/12
8	Amy PROUX	SO	#1 Emmanuel (Mas: {4} 17.68w (2.4) 4/19
9	Jayla JAMES	FR	#6 Simmons 17.86w (2.4) 4/19
10	Colleen BARTEL	FR	#4 Lasell 18.86w (3.9) 4/19

## Women's 200 Meters

1	Caroline CAREY	SR	#1 Emmanuel (Mas: {1} 25.74 (1.6) 4/19
2	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.) 26.46w (2.5) 4/11
3	Reilly SLUSSER	JR	#1 Emmanuel (Mas: {2} 26.51 (1.6) 4/19
4	Kayoni JORDAN	SO	#4 Lasell 27.14 (1.2) 4/19
5	Olivia DENCH	JR	#3 Regis (Mass.) {2} 27.79 (1.5) 4/12
6	Aubrey HEISE	FR	#3 Regis (Mass.) {3} 28.03 (0.2) 3/23
6	Debby PEREZ	FR	#6 Simmons 28.03 (1.7) 4/19
8	Aida DAVIS	FR	#1 Emmanuel (Mas: {3} 28.11 (1.7) 4/19
9	Ava SMART	SO	#2 Saint Joseph's (I 28.24 (0.7) 4/11
10	Sofia ROWEN	FR	#1 Emmanuel (Mas: {4} 28.41 (0.7) 4/12

## Women's 400 Meters

1	Ava SMART	SO	#2 Saint Joseph's (I 1:01.03 4/19
2	Audrey BILODEAU	JR	#2 Saint Joseph's (I {2} 1:01.18 4/19
3	Caroline CAREY	SR	#1 Emmanuel (Mas: {1} 1:02.01 4/12
4	Olivia COSTA	FR	#1 Emmanuel (Mas: {2} 1:02.31 4/19
5	Cheri WILLEMS	FR	#2 Saint Joseph's (I {3} 1:02.46 4/19
6	Aida DAVIS	FR	#1 Emmanuel (Mas: {3} 1:02.51 4/5
7	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.) 1:02.53 3/23
8	Sofia ROWEN	FR	#1 Emmanuel (Mas: {4} 1:04.23 3/28
9	Bella KOESELL	FR	#2 Saint Joseph's (I {4} 1:05.15 4/11
10	Aubrey HEISE	FR	#3 Regis (Mass.) {2} 1:05.43 3/29

## Women's 400 Meter Hurdles

1	Audrey BILODEAU	JR	#2 Saint Joseph's (I 1:07.92 4/11
2	Kristen RAFERTY	SR	#1 Emmanuel (Mas: {1} 1:10.65 4/19
3	Olivia BEAN	FR	#2 Saint Joseph's (I {2} 1:12.37 4/19
4	Desiree ROBINSON	SR	#1 Emmanuel (Mas: {2} 1:13.24 4/5
5	Olivia COSTA	FR	#1 Emmanuel (Mas: {3} 1:13.70 3/28
6	Siobhan WALSH	SO	#1 Emmanuel (Mas: {4} 1:14.21 3/28
7	Amy PROUX	SO	#1 Emmanuel (Mas: {5} 1:17.65 3/28
8	Madalyn GUINDON	FR	#2 Saint Joseph's (I {3} 1:17.75 4/19
9	Alexis PATTERSON	FR	#1 Emmanuel (Mas: {6} 1:24.30 3/28

## Women's 800 Meters

1	Aubrey HEISE	FR	#3 Regis (Mass.) 2:24.68 4/12
2	Cheri WILLEMS	FR	#2 Saint Joseph's (I 2:30.01 4/11
3	Aida DAVIS	FR	#1 Emmanuel (Mas: {1} 2:30.66 3/28
4	Alexia YOUNG	JR	#2 Saint Joseph's (I {2} 2:30.87 4/11
5	Kendall NEWTON	SO	#1 Emmanuel (Mas: {2} 2:32.57 4/19
6	Wanda CIRILLO	FR	#6 Simmons 2:32.97 4/19
7	Bella KOESELL	FR	#2 Saint Joseph's (I {3} 2:33.34 4/5
8	Sydney GONZALEZ	JR	#1 Emmanuel (Mas: {3} 2:33.89 3/28
9	Katherine KOHTALA	SO	#4 Lasell 2:38.16 4/19
10	Kelly RANTA	FR	#5 Colby-Sawyer 2:40.31 4/19

## Women's 1500 Meters

1	Sydney GONZALEZ	JR	#1 Emmanuel (Mas: {1} 5:13.01 4/19
2	Bella KOESELL	FR	#2 Saint Joseph's (I 5:13.06 4/19
3	Kendall NEWTON	SO	#1 Emmanuel (Mas: {2} 5:13.87 3/28
4	Aubrey HEISE	FR	#3 Regis (Mass.) 5:15.08 4/12
5	Wanda CIRILLO	FR	#6 Simmons 5:16.74 4/4
6	Ella MEEKER	FR	#4 Lasell 5:26.26 4/19
7	Julia KURTHY	JR	#1 Emmanuel (Mas: {3} 5:50.29 4/4
8	Olivia MMAMELU	FR	#3 Regis (Mass.) {2} 5:51.04 4/4
9	Sofia GIRIONI	FR	#6 Simmons {2} 5:53.60 4/19
10	Lezly ACEVEDO	SR	#4 Lasell {2} 5:59.55 4/5

## Women's Steeplechase

1	Leah O'NEILL	JR	#5 Colby-Sawyer 13:02.61 4/19
2	Lenah HELLERICH	FR	#5 Colby-Sawyer {2} 14:25.17 4/19
3	Julia KURTHY	JR	#1 Emmanuel (Mas: {1} 14:37.00 4/12
4	Gabrielle O'CONNOR	FR	#1 Emmanuel (Mas: {2} 14:46.86 4/12
5	Mia DEMORE	SO	#1 Emmanuel (Mas: {3} 14:47.88 3/28

## Women's 5000 Meters

1	Adriana NADEAU	JR	#5 Colby-Sawyer 19:34.78 3/28
2	Leah O'NEILL	JR	#5 Colby-Sawyer {2} 19:55.92 4/7
3	Haley WILLIAMS	FR	#2 Saint Joseph's (I 20:09.77 4/11
4	Sydney GONZALEZ	JR	#1 Emmanuel (Mas: {1} 20:10.51 4/12
5	Kendall NEWTON	SO	#1 Emmanuel (Mas: {2} 20:21.10 4/12
6	Caroline ABBOTT	FR	#1 Emmanuel (Mas: {3} 20:58.95 4/12
7	Sofia GIRIONI	FR	#6 Simmons 21:22.50 4/4
8	Mia DEMORE	SO	#1 Emmanuel (Mas: {4} 21:53.59 4/4
9	Lenah HELLERICH	FR	#5 Colby-Sawyer {3} 23:04.81 3/28
10	Gabrielle O'CONNOR	FR	#1 Emmanuel (Mas: {5} 23:54.76 4/4



## Conference TFRI Event Summary



GNAC

as of 4/22/2025 12:04:01 AM ET

## Women's 10,000 Meters

1	Adriana NADEAU	JR	#5 Colby-Sawyer	40:10.77	4/12
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## Women's 4x100 Relay

1	Reilly Slusser, Sofia Rowen, Olivia Costa, Caroline Carey	#1 Emmanuel (Mas:)	51.19	4/19
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2	Aleyo Amasa-Titus, Janet Amasa-Titus, Olivia Dench, Abigail Kilbride	#3 Regis (Mass.)	51.70	4/4
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3	Alexis Cowan, Alexia Young, Madalyn Guindon, Ella Labrie	#2 Saint Joseph's (I)	53.47	3/15
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4	Isatu Fofanah, Macaela Stanislas, Carolyn Dorman, Debby Perez	#6 Simmons	53.92	4/19
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5	Giselle Olivar, Mikayla Bokis, Hanna Babek, Kayoni Jordan	#4 Lasell	55.30	4/4
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6	Annaliese Rowell, Anna Hildreth, Marisa Lambert, Kelly Ranta	#5 Colby-Sawyer	58.38	4/7
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## Women's 4x400 Relay

1	95 Ava Smart, Cheri Willems, Alexia Young, Audrey Bilodeau	#2 Saint Joseph's (I)	4:08.52	4/19
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2	Aleyo Amasa-Titus, Abigail Kilbride, Olivia Dench, Aubrey Heise	#3 Regis (Mass.)	4:27.63	4/12
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3	Sofia Gironi, Trinity Williamson, Julia Pellegrino, Gabby Flaherty	#6 Simmons	5:25.69	4/4
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## Women's High Jump

1	86 Desiree ROBINSON	SR	#1 Emmanuel (Mas:)	1.58m	5-2¼	4/19
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2	Emily GREENE	JR	#1 Emmanuel (Mas:{2})	1.53m	5-¼	4/19
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2	Kason HUYNH	SO	#1 Emmanuel (Mas:{2})	1.53m	5-¼	4/19
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4	Breya WHITMAN	SO	#2 Saint Joseph's (I)	1.50m	4-11	4/11
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5	Berkley HUTCHINS	FR	#2 Saint Joseph's ({I2})	1.36m	4-5½	3/28
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6	Colleen BARTEL	FR	#4 Lasell	1.35m	4-5	4/11
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7	Grace MICKLON	JR	#3 Regis (Mass.)	1.33m	4-4¼	3/23
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## Women's Pole Vault

1	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	2.50m	8-2½	4/4
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2	Reilly SLUSSER	JR	#1 Emmanuel (Mas:)	2.20m	7-2½	4/4
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## Women's Long Jump

1	Desiree ROBINSON	SR	#1 Emmanuel (Mas:)	5.29m	17-4¼ (1.1)	4/19
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2	Ella LABRIE	FR	#2 Saint Joseph's (I)	5.09m	16-8½ (0.9)	3/15
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3	Alexis COWAN	SO	#2 Saint Joseph's ({I2})	4.76m	15-7½ (0.0)	4/5
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4	Reilly SLUSSER	JR	#1 Emmanuel (Mas:{2})	4.64mw	15-2¾ (3.0)	4/4
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5	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	4.62mw	15-2 (2.3)	3/29
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6	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	{2} 4.58m	15-½ (0.0)	3/29
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7	Kayoni JORDAN	SO	#4 Lasell	4.56mw	14-11½ (3.0)	4/4
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8	Olivia BEAN	FR	#2 Saint Joseph's ({I3})	4.47m	14-8 (-0.9)	3/28
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9	Cynthia BRITO	SR	#1 Emmanuel (Mas:{3})	4.46m	14-7¾ (0.3)	3/28
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10	Caroline CAREY	SR	#1 Emmanuel (Mas:{4})	4.39m	14-5 (-0.5)	4/12
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## Women's Triple Jump

1	63 Desiree ROBINSON	SR	#1 Emmanuel (Mas:)	11.18mw	36-8¼ (2.5)	4/19
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2	Cynthia BRITO	SR	#1 Emmanuel (Mas:{2})	10.65m	34-11¼ (0.7)	4/4
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3	Ella LABRIE	FR	#2 Saint Joseph's (I)	10.53m	34-6¾ (-0.1)	4/5
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4	Aleyo AMASA-TITUS	SO	#3 Regis (Mass.)	10.34m	33-11¼ (0.7)	4/4
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5	Zoe INDENGA	FR	#2 Saint Joseph's ({I2})	10.26m	33-8 (0.4)	4/5
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6	Breya WHITMAN	SO	#2 Saint Joseph's ({I3})	10.01m	32-10¼ (0.2)	4/5
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7	Olivia BEAN	FR	#2 Saint Joseph's ({I4})	9.87m	32-4¾ (0.0)	3/28
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8	Emily AHO	SR	#3 Regis (Mass.)	{2} 9.59m	31-5¾ (0.9)	3/23
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9	Colleen BARTEL	FR	#4 Lasell	9.32mw	30-7 (3.8)	4/19
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10	Donna GAUVIN	SO	#1 Emmanuel (Mas:{3})	9.23m	30-3½ (-0.1)	4/5
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## Women's Shot Put

1	Ava FISHER	SO	#1 Emmanuel (Mas:)	9.96m	32-8¼	4/4
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2	Savannah WERNER	SO	#4 Lasell	9.61m	31-6½	3/29
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3	Susy DANIELS	FR	#4 Lasell	{2} 9.51m	31-2½	4/11
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4	Berkley HUTCHINS	FR	#2 Saint Joseph's (I)	9.23m	30-3½	4/5
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5	Jemima KABANGU	FR	#2 Saint Joseph's ({I2})	9.14m	30-0	4/11
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6	Pilar BROWN	JR	#3 Regis (Mass.)	8.92m	29-3¼	4/11
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7	Lillian SULLIVAN	FR	#4 Lasell	{3} 8.90m	29-2½	4/4
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8	Abby O'BRIEN	SR	#2 Saint Joseph's ({I3})	8.89m	29-2	3/15
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9	Katelynn REYNOLDS	JR	#2 Saint Joseph's ({I4})	8.80m	28-10½	4/11
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10	Daeserae WILLIAMSON	FR	#4 Lasell	{4} 8.77m	28-9¼	4/4
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## Women's Discus

1	Abby O'BRIEN	SR	#2 Saint Joseph's (I)	31.27m	102-7	3/28
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2	Isabelle LAPLUME	FR	#5 Colby-Sawyer	30.07m	98-8	4/19
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3	Ava FISHER	SO	#1 Emmanuel (Mas:)	28.82m	94-6¾	4/4
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4	Katelynn REYNOLDS	JR	#2 Saint Joseph's ({I2})	28.68m	94-1¼	4/11
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5	Emma SILVA-HENNINGSSEN	FR	#5 Colby-Sawyer	{2} 27.96m	91-8¾	4/19
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6	Isabella BENNICIE	SO	#1 Emmanuel (Mas:{2})	27.22m	89-3¾	4/4
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7	Susy DANIELS	FR	#4 Lasell	27.08m	88-10¼	4/11
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8	Haley LANG	SO	#2 Saint Joseph's ({I3})	26.22m	86-¼	4/19
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9	Sarah JOE	JR	#2 Saint Joseph's ({I4})	25.10m	82-4¼	4/11
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10	Daeserae WILLIAMSON	FR	#4 Lasell	{2} 24.89m	81-8	4/19
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



GNAC

as of 4/22/2025 12:04:01 AM ET

## Women's Hammer

1	Abby O'BRIEN	SR	#2 Saint Joseph's (I	40.75m	133-9	4/4
2	Agnessa LYSENKO	SO	#6 Simmons	37.12m	121-10	3/29
3	Madison REILLY	SO	#1 Emmanuel (Mas	35.06m	115-1	4/19
4	Katelynn REYNOLDS	JR	#2 Saint Joseph's (I{2}	34.43m	113-0	4/11
5	Ava FISHER	SO	#1 Emmanuel (Mas{2}	30.44m	99-10½	4/4
6	Sarah JOE	JR	#2 Saint Joseph's (I{3}	29.78m	97-8½	4/19
7	Teddy POLLACK	FR	#5 Colby-Sawyer	29.29m	96-1¼	4/19
8	Lillian SULLIVAN	FR	#4 Lasell	26.35m	86-5½	4/19
9	Isabella CLARK-ALDERMAN	JR	#3 Regis (Mass.)	25.96m	85-2	4/4
10	Susy DANIELS	FR	#4 Lasell {2}	25.76m	84-6¼	4/19

## Women's Javelin

1	17 Ellie LEECH	FR	#2 Saint Joseph's (I	40.04m	131-5	4/19
2	Ava FISHER	SO	#1 Emmanuel (Mas	35.52m	116-7	4/19
3	Amy PROUX	SO	#1 Emmanuel (Mas{2}	28.69m	94-1½	3/28
4	Teddy POLLACK	FR	#5 Colby-Sawyer	26.88m	88-2¼	3/28
5	Janet AMASA-TITUS	SO	#3 Regis (Mass.)	26.75m	87-9¼	4/4
6	Avery FAMA	JR	#1 Emmanuel (Mas{3}	24.47m	80-3½	4/19
7	Mikayla BOKIS	SR	#4 Lasell	23.46m	76-11¾	4/19
8	Sarah RICHARD-COTE	FR	#2 Saint Joseph's (I{2}	21.90m	71-10¼	4/19
9	Savannah WERNER	SO	#4 Lasell {2}	21.80m	71-6¼	4/19
10	Haley LANG	SO	#2 Saint Joseph's (I{3}	21.43m	70-3¾	3/15



## Conference TFRI Event Summary



HCAC

as of 4/22/2025 12:04:01 AM ET

## Women's 100 Meters

1	Kymiah BLAIR	SR	#3 Berea (Ky.)	12.41	(0.0)	4/5
2	Alexandra ADAMS	JR	#1 Rose-Hulman	12.42w	(3.8)	3/29
3	Rose TALBERT	SO	#1 Rose-Hulman {2}	12.44	(1.0)	4/5
4	Olivia SPARKS	SO	#5 Transylvania	12.46w	(2.1)	4/18
5	Ashya MADDICKES	SO	#3 Berea (Ky.) {2}	12.82	(1.2)	4/12
6	Jay'ana BLAKELY	JR	#4 Manchester	12.86	(1.9)	3/22
7	Coco TRUELOVE	FR	#4 Manchester {2}	13.06	(-1.0)	4/12
8	Olivia FORTE	SO	#7 Mount St. Joseph	13.16w	(2.6)	4/12
9	Iliana HERNANDEZ	FR	#1 Rose-Hulman {3}	13.19	(-1.0)	4/12
10	Abbey ROWE	SR	#5 Transylvania {2}	13.30	(0.7)	3/22

## Women's 100 Meter Hurdles

1	Coco TRUELOVE	FR	#4 Manchester	16.74	(1.3)	4/19
2	Katie RIPBERGER	FR	#8 Anderson (Ind.)	16.80	(1.2)	4/18
3	Natalie DAY	SR	#2 Hanover	16.85	(0.1)	4/12
4	Irene LEMA MADUENO	SO	#1 Rose-Hulman	17.33	(0.8)	4/18
5	Jerneisha LEWIS	SR	#3 Berea (Ky.)	17.41	(1.7)	4/18
6	Gabby PARRISH	SO	#2 Hanover {2}	17.92	(0.1)	4/18
7	Jada HUNTER-HAYS	SR	#1 Rose-Hulman {2}	18.76	(2.0)	3/22
8	Makayla CORN	FR	#8 Anderson (Ind.) {2}	20.66	(0.5)	4/5
9	Sofie KURRASCH	FR	#6 Earlham	21.02	(-1.6)	4/12

## Women's 200 Meters

1	57 Rose TALBERT	SO	#1 Rose-Hulman	24.92	(1.7)	4/12
2	97 Olivia SPARKS	SO	#5 Transylvania	25.25w	(2.6)	4/12
3	Kymiah BLAIR	SR	#3 Berea (Ky.)	25.28	(0.9)	3/29
4	Alexandra ADAMS	JR	#1 Rose-Hulman {2}	25.94	(0.7)	4/18
5	Ashya MADDICKES	SO	#3 Berea (Ky.) {2}	26.24w	(2.4)	4/12
6	Abbey ROWE	SR	#5 Transylvania {2}	26.74w	(2.6)	4/12
7	Coco TRUELOVE	FR	#4 Manchester	26.91	(1.5)	4/12
8	Katerina KOVALEVSKAYA	SO	#3 Berea (Ky.) {3}	26.96w	(2.4)	4/12
9	Hannah COX	FR	#5 Transylvania {3}	26.97	(1.8)	4/18
10	Jay'ana BLAKELY	JR	#4 Manchester {2}	27.09	(0.3)	3/22

## Women's 400 Meters

1	21 Rose TALBERT	SO	#1 Rose-Hulman	56.07		4/18
2	79 Olivia SPARKS	SO	#5 Transylvania	57.86		4/18
3	Kristin FISCHLI	JR	#3 Berea (Ky.)	1:00.04		4/18
4	Abbey ROWE	SR	#5 Transylvania {2}	1:00.57		4/18
5	Jada HUNTER-HAYS	SR	#1 Rose-Hulman {2}	1:01.03		4/18
6	Katerina KOVALEVSKAYA	SO	#3 Berea (Ky.) {2}	1:01.30		3/29
7	Muhorakeye JOYEUSE	SO	#3 Berea (Ky.) {3}	1:02.63		3/22
8	Isa SLONE	SO	#6 Earlham	1:02.77		4/12
9	Hannah COX	FR	#5 Transylvania {3}	1:03.67		3/30
10	Peyton POTTS	SO	#3 Berea (Ky.) {4}	1:03.70		3/29

## Women's 400 Meter Hurdles

1	74 Natalie DAY	SR	#2 Hanover	1:05.67		4/12
2	Jakeisha LEWIS	SR	#3 Berea (Ky.)	1:07.79		4/5
3	Jada HUNTER-HAYS	SR	#1 Rose-Hulman	1:09.64		4/18
4	Katie RIPBERGER	FR	#8 Anderson (Ind.)	1:11.07		4/12
5	Jaycie SONES	SR	#8 Anderson (Ind.) {2}	1:13.62		4/18
6	Peyton TAN	SO	#5 Transylvania	1:13.66		4/12
7	Jerneisha LEWIS	SR	#3 Berea (Ky.) {2}	1:14.06		4/12
8	Gabby PARRISH	SO	#2 Hanover {2}	1:15.12		4/12
9	Sara KNIGHT	FR	#3 Berea (Ky.) {3}	1:16.97		3/29
10	Brianna DOWELL	SR	#3 Berea (Ky.) {4}	1:19.95		4/5

## Women's 800 Meters

1	Chesnee MILLER	FR	#4 Manchester	2:18.73		4/19
2	Kristin FISCHLI	JR	#3 Berea (Ky.)	2:20.73		3/21
3	Jocelyn ONSTOT	SO	#1 Rose-Hulman	2:22.43		3/22
4	Muhorakeye JOYEUSE	SO	#3 Berea (Ky.) {2}	2:23.40		3/29
5	Paige WILDMAN	SO	#2 Hanover	2:24.04		4/12
6	Kaycee MOORE	JR	#5 Transylvania	2:25.30		4/12
7	Emma LITZELMAN	SR	#2 Hanover {2}	2:26.87		4/12
8	Madison STONESTREET	JR	#3 Berea (Ky.) {3}	2:27.02		3/22
9	Sophia CHEN	FR	#4 Manchester {2}	2:27.85		4/19
10	Rose TALBERT	SO	#1 Rose-Hulman {2}	2:27.98		3/22

## Women's 1500 Meters

1	Jocelyn ONSTOT	SO	#1 Rose-Hulman	4:46.42		4/18
2	Chesnee MILLER	FR	#4 Manchester	4:47.24		4/12
3	Cleo SALTZ	FR	#6 Earlham	4:54.18		4/18
4	Kaycee MOORE	JR	#5 Transylvania	4:56.23		4/18
5	Muhorakeye JOYEUSE	SO	#3 Berea (Ky.)	4:57.39		4/5
6	Callie SWEGMAN	JR	#2 Hanover	4:59.22		4/12
7	Emma LITZELMAN	SR	#2 Hanover {2}	4:59.61		4/18
8	Paige WILDMAN	SO	#2 Hanover {3}	5:00.42		4/18
9	Madison STONESTREET	JR	#3 Berea (Ky.) {2}	5:01.87		3/21
10	Brianna BITTEL	SO	#1 Rose-Hulman {2}	5:02.78		3/22

## Women's Steeplechase

1	54 Jocelyn ONSTOT	SO	#1 Rose-Hulman	11:20.53		4/12
2	Rylee STEPHANY	JR	#4 Manchester	11:58.89		4/5
3	Gwyneth CUNNINGHAM	SO	#5 Transylvania	12:19.30		4/12
4	Lanie ROBERTS	FR	#2 Hanover	12:22.69		3/30
5	Elyse WILSON	JR	#2 Hanover {2}	12:32.60		4/12
6	Camden WILSON	JR	#5 Transylvania {2}	12:46.79		4/12
7	Summer KITE	FR	#1 Rose-Hulman {2}	13:18.74		4/5
8	Eve BRUNELL	SR	#5 Transylvania {3}	13:24.82		3/30
9	Jasiella GRANDY	SR	#3 Berea (Ky.)	13:38.93		4/12
10	Mackenna BESSLER	FR	#1 Rose-Hulman {3}	13:48.99		4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



HCAC

as of 4/22/2025 12:04:01 AM ET

## Women's 5000 Meters

1	Callie SWEGMAN	JR	#2 Hanover	17:55.29	4/5
2	Rylee STEPHANY	JR	#4 Manchester	18:25.70	4/12
3	Kaylee KINSER	FR	#2 Hanover {2}	18:31.72	4/5
4	Lanie ROBERTS	FR	#2 Hanover {3}	18:32.39	4/5
5	Chesnee MILLER	FR	#4 Manchester {2}	18:44.98	3/28
6	Cleo SALTZ	FR	#6 Earlham	18:51.38	4/5
7	Brianna BITTEL	SO	#1 Rose-Hulman	19:03.18	4/12
8	Ella BASHOR	SR	#10 Franklin	19:12.07	4/12
9	Sara SMITH	FR	#9 Bluffton	19:22.86	4/13
10	Rebecca TESTA	JR	#1 Rose-Hulman {2}	19:43.39	3/22

## Women's 10,000 Meters

1	Callie SWEGMAN	JR	#2 Hanover	39:52.27	3/28
2	Basil GATES	SR	#9 Bluffton	40:37.20	4/13
3	Rebecca TESTA	JR	#1 Rose-Hulman	41:20.75	3/29
4	Brianna BITTEL	SO	#1 Rose-Hulman {2}	42:12.92	3/28
5	Sarah JONES	JR	#2 Hanover {2}	43:18.75	3/30
6	Abigail KURFMAN	SR	#1 Rose-Hulman {3}	43:18.77	3/29
7	Brooke DONLEY	JR	#3 Berea (Ky.)	45:31.21	4/5
8	Leslie ESTRADA	JR	#3 Berea (Ky.) {2}	49:48.42	4/5

## Women's 4x100 Relay

1	80 Emma Johns, Rose Talbert, Iliana Hernandez, Alexandra Adams	#1 Rose-Hulman	49.08	4/12
2	Anna Jozsa, Jay'ana Blakely, Irma Robles, Coco Truelove	#4 Manchester	51.47	4/19
3	Angel Patterson, Ashyia Maddickes, Katerina Kovalevskaya, Jerneisha Lewis	#3 Berea (Ky.)	51.50	3/29
4	Lauren Hubbard, Hannah Cox, Peyton Tan, Abbey Rowe	#5 Transylvania	52.01	4/18
5	Amaya Barton, Emma Gill, Anna Stanfield, Natalie Day	#2 Hanover	52.56	4/18
6	Alex Ball, Giuliaanna Russell, Isa Slone, Prynces Robinson	#6 Earlham	52.79	4/18

## Women's 4x400 Relay

1	35 Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Muhorakeye Joyeuse	#3 Berea (Ky.)	3:58.38	4/5
2	83 Jada Hunter-Hays, Emma Johns, Rose Talbert, Jocelyn Onstot	#1 Rose-Hulman	4:07.18	3/22
3	90 Abbey Rowe, Peyton Tan, Kaycee Moore, Olivia Sparks	#5 Transylvania	4:07.98	4/12
4	Isa Slone, Lily Schamel, Sofie Kurrasch, Alex Ball	#6 Earlham	4:29.37	4/12
5	Paige Wildman, Lily Smith, Izzy Miklozek, Emma Litzelman	#2 Hanover	4:32.06	4/12
6	Emerson Pinger, Anna Packer, Julia Gooding, Sicilia Eshman	#7 Mount St. Joseph	4:35.22	4/12
7	Katie Ripberger, Jaycie Sones, Nora Filler, Andrea Diaz	#8 Anderson (Ind.)	4:37.30	4/5

## Women's High Jump

1	50 Taylor ROARK	SR	#5 Transylvania	1.60m	5-3	4/12
1	50 Audrey EDWARDS	SO	#1 Rose-Hulman	1.60m	5-3	3/22
3	Isa SLONE	SO	#6 Earlham	1.53m	5-¼	4/18
4	Ameila ADAMS	SO	#9 Bluffton	1.50m	4-11	3/30
4	Ashyia MADDICKES	SO	#3 Berea (Ky.)	1.50m	4-11	4/18
6	Giulianna RUSSELL	SO	#6 Earlham {2}	1.45m	4-9	3/29
7	Alex BALL	SO	#6 Earlham {3}	1.43m	4-8¼	4/12
7	Isabel EGAN	FR	#10 Franklin	1.43m	4-8¼	4/12
9	Addison PIOTROWSKI	FR	#10 Franklin {2}	1.38m	4-6¼	3/30
10	Farris HOWARD	JR	#5 Transylvania {2}	1.35m	4-5	3/22

## Women's Pole Vault

1	Irene LEMA MADUENO	SO	#1 Rose-Hulman	3.05m	10-0	4/5
2	Ally MCGUIRE	SR	#2 Hanover	2.90m	9-6¼	3/22
3	Ameila ADAMS	SO	#9 Bluffton	2.86m	9-4½	4/13
4	Amelia THIEMAN	JR	#1 Rose-Hulman {2}	2.75m	9-¼	4/5
4	Josie RIGDON	FR	#7 Mount St. Joseph	2.75m	9-¼	4/12
6	Natalie OLIC	SR	#1 Rose-Hulman {3}	2.42m	7-11¼	4/12
7	Angel PATTERSON	SR	#3 Berea (Ky.)	2.35m	7-8½	3/22
8	Olivia HECKENLIVELY	SO	#1 Rose-Hulman {4}	2.25m	7-4½	3/22
9	Ashley BAILEY	SO	#3 Berea (Ky.) {2}	2.17m	7-1½	4/5
10	Sophia GOINS-SMALL		#2 Hanover {2}	1.97m	6-5½	4/18



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## Women's Long Jump

1	Jakeisha LEWIS	SR	#3 Berea (Ky.)	5.17m	16-11½ (0.3)	4/18
2	Isa SLONE	SO	#6 Earlham	5.07m	16-7¾ (0.9)	4/12
3	Prynces ROBINSON	FR	#6 Earlham	{2} 4.88m	16-¼ (1.2)	4/18
4	Jerneisha LEWIS	SR	#3 Berea (Ky.)	{2} 4.78m	15-8¾ (0.0)	4/12
5	Giuliana RUSSELL	SO	#6 Earlham	{3} 4.77m	15-7¾ (1.3)	4/18
6	Ameila ADAMS	SO	#9 Bluffton	4.75m	15-7 (0.0)	4/19
7	Emma GILL	FR	#2 Hanover	4.74mw	15-6¾ (3.0)	4/18
8	Jay'ana BLAKELY	JR	#4 Manchester	4.67m	15-4 (0.4)	3/22
9	Audrey EDWARDS	SO	#1 Rose-Hulman	4.63m	15-2¼ (0.0)	3/29
10	Kennadi LAKINS	JR	#2 Hanover	{2} 4.53m	14-10½ (0.4)	4/12

## Women's Triple Jump

1	23 Ashyia MADDICKES	SO	#3 Berea (Ky.)	11.61m	38-1¼ (0.0)	3/29
2	Prynces ROBINSON	FR	#6 Earlham	10.71m	35-1¾ (1.5)	4/12
3	Audrey EDWARDS	SO	#1 Rose-Hulman	10.01m	32-10¼ (1.5)	3/22
4	Jakeisha LEWIS	SR	#3 Berea (Ky.)	{2} 9.91m	32-6¼ (0.0)	4/12
5	Jerneisha LEWIS	SR	#3 Berea (Ky.)	{3} 9.58m	31-5¼ (0.0)	4/12
6	Jay'ana BLAKELY	JR	#4 Manchester	9.55m	31-4 (0.0)	4/19
7	Ally SMITH	SO	#1 Rose-Hulman	{2} 9.36m	30-8½ (0.0)	4/12

## Women's Shot Put

1	10 Carley CAMP	SR	#4 Manchester	13.73m	45-½	4/19
2	11 Jessie STENGER	SR	#2 Hanover	13.71m	44-11¾	3/30
3	Madalyn HUDNALL	JR	#7 Mount St. Joseph	12.03m	39-5¾	3/21
4	Abbi KOHLER	FR	#4 Manchester	{2} 11.20m	36-9	4/12
5	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	10.48m	34-4¾	4/18
6	Katrina SEJOUR	SO	#4 Manchester	{3} 10.45m	34-3½	4/12
7	Charlotte WILSON	JR	#4 Manchester	{4} 10.39m	34-1¼	4/5
8	Cheyanna LESLIE	FR	#2 Hanover	{2} 10.32m	33-10¼	4/12
9	Kennadi LAKINS	JR	#2 Hanover	{3} 9.94m	32-7½	4/12
10	Katie GRANDSTAFF	FR	#3 Berea (Ky.)	9.56m	31-4½	4/12

## Women's Discus

1	32 Jessie STENGER	SR	#2 Hanover	43.25m	141-11	3/30
2	56 Carley CAMP	SR	#4 Manchester	41.40m	135-10	4/12
3	Abbi KOHLER	FR	#4 Manchester	{2} 39.33m	129-1	4/5
4	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	38.55m	126-6	4/12
5	Charlotte WILSON	JR	#4 Manchester	{3} 35.79m	117-5	4/5
6	Alexis GIBSON	SR	#6 Earlham	33.52m	110-0	4/18
7	Katrina SEJOUR	SO	#4 Manchester	{4} 32.42m	106-5	4/19
8	Sierra SNOWDEN	FR	#1 Rose-Hulman	{2} 30.36m	99-7¼	4/12
9	Cheyanna LESLIE	FR	#2 Hanover	{2} 30.31m	99-5½	3/30
10	Mady REES	JR	#4 Manchester	{5} 29.51m	96-10	4/12

## Women's Hammer

1	17 Carley CAMP	SR	#4 Manchester	52.03m	170-9	4/12
2	100 Katrina SEJOUR	SO	#4 Manchester	{2} 45.95m	150-9	4/19
3	Sienna SLAUGHTER	JR	#7 Mount St. Joseph	42.51m	139-6	3/21
4	Abbi KOHLER	FR	#4 Manchester	{3} 42.47m	139-4	4/12
5	Jessie STENGER	SR	#2 Hanover	41.60m	136-6	3/30
6	Madalyn HUDNALL	JR	#7 Mount St. Joseph	{2} 41.43m	135-11	4/18
7	Carolina SNYDER-PEREZ	JR	#1 Rose-Hulman	38.85m	127-6	3/22
8	Mikayla CONRAD	SR	#8 Anderson (Ind.)	38.63m	126-9	3/30
9	Charlotte WILSON	JR	#4 Manchester	{4} 36.12m	118-6	4/19
10	Victoria ABSTON	JR	#10 Franklin	34.36m	112-9	3/30

## Women's Javelin

1	59 Madalyn HUDNALL	JR	#7 Mount St. Joseph	37.47m	122-11	4/18
2	71 Alexis GIBSON	SR	#6 Earlham	36.94m	121-3	4/12
3	85 Jessie STENGER	SR	#2 Hanover	36.20m	118-9	3/30
4	Mady REES	JR	#4 Manchester	34.65m	113-8	4/12
5	Kennadi LAKINS	JR	#2 Hanover	{2} 31.15m	102-3	4/12
6	Janaye BENNITT	SO	#4 Manchester	{2} 26.64m	87-5	4/5
7	Addison PIOTROWSKI	FR	#10 Franklin	26.53m	87-½	4/5
8	Sofie KURRASCH	FR	#6 Earlham	{2} 26.15m	85-9½	4/12
9	Makayla HARPER	SR	#4 Manchester	{3} 25.30m	83-¼	4/5
10	Cailyn BAECHLE	SO	#10 Franklin	{2} 25.16m	82-6½	4/18



## Conference TFRI Event Summary



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## Women's 100 Meters

1	Ayevah MARINEZ	FR	#1 Johnson & Wales	13.18	(0.3)	4/4
2	Melissa CHARLES	FR	#1 Johnson & Wales{2}	13.30	(1.5)	4/12
3	Kayla KYLES	FR	#2 Western New En	13.54	(0.5)	4/5
3	Fallon PREBLE	FR	#1 Johnson & Wales{3}	13.54	(0.3)	4/4
5	Catherine MIGRE	FR	#1 Johnson & Wales{4}	13.63	(0.7)	4/4
6	Imani BROWN-TAYLOR	FR	#2 Western New En{2}	13.74	(0.5)	4/5
7	Madeleine PLANTE	FR	#1 Johnson & Wales{5}	14.15	(0.3)	4/4
8	Kira PERCEVAL	FR	#1 Johnson & Wales{6}	14.23	(1.8)	4/12
9	Gabrielle MINUTI	FR	#2 Western New En{3}	14.26	(0.0)	4/13
10	Emma ELLIS	FR	#2 Western New En{4}	14.80	(-0.2)	4/18

## Women's 200 Meters

1	Ayevah MARINEZ	FR	#1 Johnson & Wales	26.96	(0.0)	4/4
2	Fallon LYNCH	FR	#2 Western New En	27.50	(0.2)	4/13
3	Melissa CHARLES	FR	#1 Johnson & Wales{2}	27.79	(0.0)	4/4
4	Fallon PREBLE	FR	#1 Johnson & Wales{3}	28.00	(1.5)	4/12
5	Kayla KYLES	FR	#2 Western New En{2}	28.16	(0.5)	4/13
6	Imani BROWN-TAYLOR	FR	#2 Western New En{3}	28.68w	(2.1)	3/29
7	Madeleine PLANTE	FR	#1 Johnson & Wales{4}	29.92	(0.2)	4/4
8	Kira PERCEVAL	FR	#1 Johnson & Wales{5}	30.27	(0.2)	4/4
9	Gabrielle MINUTI	FR	#2 Western New En{4}	30.73	(1.5)	3/29
10	Emma ELLIS	FR	#2 Western New En{5}	31.11	(-0.5)	4/18

## Women's 400 Meters

1	Fallon LYNCH	FR	#2 Western New En	1:02.95		4/18
2	Ayevah MARINEZ	FR	#1 Johnson & Wales	1:04.80		4/12
3	Catherine MIGRE	FR	#1 Johnson & Wales{2}	1:05.33		3/29
4	Samantha MAENDEL	SO	#3 SUNY New Paltz	1:06.30		4/12
5	Gabrielle MINUTI	FR	#2 Western New En{2}	1:10.65		4/18
6	Nina GAROFALO	JR	#2 Western New En{3}	1:11.87		4/5
7	Antonia SCHNEIDER	FR	#5 Clark (Mass.)	1:12.64		3/29
8	Mikayla CECORA	SR	#3 SUNY New Paltz {2}	1:13.30		3/29
9	Megan KRONINGER	FR	#10 Penn State Berk	1:23.90		4/12

## Women's 400 Meter Hurdles

1	Catherine MIGRE	FR	#1 Johnson & Wales	1:14.04		4/19
2	Kyla LEAHY	FR	#1 Johnson & Wales{2}	1:16.65		4/19
3	Gabrielle MINUTI	FR	#2 Western New En	1:23.18		4/13

## Women's 800 Meters

1	Paige ANDERSON	SR	#4 Kalamazoo	2:18.23		4/12
2	Lily CAREY	SR	#5 Clark (Mass.)	2:24.47		4/12
3	Nora O'LEARY	FR	#4 Kalamazoo {2}	2:26.60		4/12
4	Lulani HASLINGER	FR	#1 Johnson & Wales	2:27.49		4/4
5	Rachel ARWOOD	SR	#8 Agnes Scott	2:27.56		3/28
6	Marcella CANDLIN	SR	#3 SUNY New Paltz	2:30.29		4/12
7	Zenaida SACKETT	JR	#4 Kalamazoo {3}	2:33.36		4/12
8	Alison HANKINS	SR	#4 Kalamazoo {4}	2:34.92		4/12
9	Cate COTTER	SO	#4 Kalamazoo {5}	2:38.78		4/12
10	Orquidea BRICENO	SO	#3 SUNY New Paltz {2}	2:39.88		4/12

## Women's 1500 Meters

1	63 Paige ANDERSON	SR	#4 Kalamazoo	4:38.82		4/12
2	Ava KING	FR	#4 Kalamazoo {2}	4:45.50		4/12
3	Nora O'LEARY	FR	#4 Kalamazoo {3}	4:53.73		4/12
4	Lily CAREY	SR	#5 Clark (Mass.)	4:56.31		4/19
5	Lulani HASLINGER	FR	#1 Johnson & Wales	4:58.55		4/12
6	Allison MAYER	FR	#4 Kalamazoo {4}	4:59.74		4/12
7	Marcella CANDLIN	SR	#3 SUNY New Paltz	5:05.91		4/12
8	Maddie HANULCIK	JR	#4 Kalamazoo {5}	5:10.77		4/12
9	Siobhan CONNOLLY	JR	#5 Clark (Mass.) {2}	5:16.91		4/19
10	Olivia KARDOS	JR	#6 Emerson	5:21.38		4/5

## Women's Steeplechase

1	Lulani HASLINGER	FR	#1 Johnson & Wales	11:41.04		4/12
2	Jazmyne DAILY-SIMPSON	SR	#3 SUNY New Paltz	13:21.04		3/29

## Women's 5000 Meters

1	Lulani HASLINGER	FR	#1 Johnson & Wales	18:19.52		3/29
2	Yasmin DEFNE DADIKHI	JR	#6 Emerson	18:25.41		4/5
3	Marcella CANDLIN	SR	#3 SUNY New Paltz	19:25.32		3/29
4	Siobhan CONNOLLY	JR	#5 Clark (Mass.)	19:26.06		4/12
5	Caroline CARTER	FR	#1 Johnson & Wales{2}	19:45.38		3/29
6	Ava BAILOR	FR	#9 Wilkes	19:48.64		4/15
7	Nicole STEELE	SO	#5 Clark (Mass.) {2}	19:52.08		3/29
8	Orquidea BRICENO	SO	#3 SUNY New Paltz {2}	20:14.30		3/29
9	Crystal RUSTAMI	JR	#3 SUNY New Paltz {3}	20:24.67		4/12
10	Marcela FIGUEROA	JR	#3 SUNY New Paltz {4}	20:29.74		4/12

## Women's 10,000 Meters

1	95 Yasmin DEFNE DADIKHI	JR	#6 Emerson	38:39.02		3/29
2	Caroline CARTER	FR	#1 Johnson & Wales	40:33.09		4/12
3	Hunter LARSON	JR	#3 SUNY New Paltz	41:26.88		4/12
4	Ava NARGENTINO	JR	#3 SUNY New Paltz {2}	46:09.23		3/29

## Women's 4x100 Relay

1	#Type!	#1 Johnson & Wales	51.23		4/4
2	Gabrielle Minuti, Fallon Lynch, Imani Brown-Taylor, Kayla Kyles	#2 Western New En	52.12		4/6

## Women's 4x400 Relay

1	#Type!	#1 Johnson & Wales	4:27.30		4/4
2	Maisy Mure, Ava Keleher, Yasmin Defne Dadikhi, Olivia Kardos	#6 Emerson	4:55.50		4/5
3	Nina Garofalo, Lauren Vossler, Alyssa Clemence, Olivia Kay	#2 Western New En	5:00.96		4/18

## Women's High Jump

1	Valenah MAHABAL	FR	#1 Johnson & Wales	1.46m	4-9½	3/29
2	Olivia WELDIN	FR	#1 Johnson & Wales{2}	1.41m	4-7½	3/29



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## Women's Pole Vault

1	Melissa CHARLES	FR	#1 Johnson & Wales	2.87m	9-5	4/4
2	Riley VEITS	FR	#1 Johnson & Wales{2}	2.75m	9-¼	4/19
3	Kayla RODRIGUEZ	FR	#1 Johnson & Wales{3}	2.57m	8-5¼	4/4
4	Samantha MILLER	FR	#1 Johnson & Wales{4}	2.35m	7-8½	3/29

## Women's Long Jump

1	Kayla KYLES	FR	#2 Western New En	5.19m	17-½ (0.6)	4/18
2	Imani BROWN-TAYLOR	FR	#2 Western New En{2}	4.99m	16-4½ (0.1)	4/13
3	Katelyn O'BRIEN	FR	#1 Johnson & Wales	4.67m	15-4 (1.5)	4/4
4	Sheriyah HICKS	FR	#1 Johnson & Wales{2}	4.37m	14-4 (-0.5)	3/29
5	Ava WILDER	FR	#1 Johnson & Wales{3}	4.00m	13-1½ (1.9)	4/12

## Women's Triple Jump

1	Imani BROWN-TAYLOR	FR	#2 Western New En	10.45m	34-3½ (0.0)	4/5
2	Kayla KYLES	FR	#2 Western New En{2}	9.63m	31-7¼ (0.4)	4/13
3	Sheriyah HICKS	FR	#1 Johnson & Wales	9.29mw	30-5¾ (3.1)	4/4
4	Ava WILDER	FR	#1 Johnson & Wales{2}	8.66m	28-5 (0.0)	4/12

## Women's Shot Put

1	Katelyn O'BRIEN	FR	#1 Johnson & Wales	9.94m	32-7½	4/19
2	Erika SANDERS	FR	#1 Johnson & Wales{2}	9.43m	30-11¼	4/4
3	Lena NICHOLSON	FR	#1 Johnson & Wales{3}	9.11m	29-10¾	4/4
4	Jade ETIENE	FR	#1 Johnson & Wales{4}	8.71m	28-7	4/19
5	Avery SIMMONS	FR	#2 Western New En	7.36m	24-1¾	4/13
6	Sofia PIANTEDOSI	FR	#2 Western New En{2}	7.33m	24-¾	3/29
7	Elsa RAYMOND	SO	#2 Western New En{3}	6.37m	20-10¾	4/13
8	Mya LIPSCOMB	FR	#2 Western New En{4}	6.35m	20-10	4/13
9	Ariana MASTERJOHN	SO	#2 Western New En{5}	6.10m	20-¼	3/29

## Women's Discus

1	Erika SANDERS	FR	#1 Johnson & Wales	35.23m	115-7	4/4
2	Jade ETIENE	FR	#1 Johnson & Wales{2}	29.99m	98-4¾	4/4
3	Katelyn O'BRIEN	FR	#1 Johnson & Wales{3}	29.06m	95-4¼	4/4
4	Lena NICHOLSON	FR	#1 Johnson & Wales{4}	25.67m	84-2¾	4/19
5	Avery SIMMONS	FR	#2 Western New En	25.05m	82-2¼	4/5
6	Molly MCCARTHY	FR	#1 Johnson & Wales{5}	22.88m	75-¾	4/4
7	Lauren AYOTTE	FR	#2 Western New En{2}	21.35m	70-½	4/5
8	Riley VEITS	FR	#1 Johnson & Wales{6}	21.02m	68-11¾	4/4
9	Sofia PIANTEDOSI	FR	#2 Western New En{3}	19.77m	64-10½	4/18
10	Abigail RENDECK	FR	#1 Johnson & Wales{7}	19.15m	62-10	4/12

## Women's Hammer

1	Molly MCCARTHY	FR	#1 Johnson & Wales	37.43m	122-10	4/4
2	Erika SANDERS	FR	#1 Johnson & Wales{2}	36.37m	119-4	4/12
3	Lena NICHOLSON	FR	#1 Johnson & Wales{3}	32.10m	105-4	4/4
4	De'naya WILLIAMS	FR	#1 Johnson & Wales{4}	31.84m	104-6	4/12
5	Chidera OBIKE	FR	#1 Johnson & Wales{5}	29.13m	95-7	4/19
6	Abigail RENDECK	FR	#1 Johnson & Wales{6}	28.19m	92-6	4/12

## Women's Javelin

1	68 Katelyn O'BRIEN	FR	#1 Johnson & Wales	37.01m	121-5	4/4
2	Brynn LEAHY	FR	#1 Johnson & Wales{2}	31.40m	103-0	4/4
3	Lauren AYOTTE	FR	#2 Western New En	27.07m	88-9¾	3/29
4	Catherine MIGRE	FR	#1 Johnson & Wales{3}	19.93m	65-4¾	4/4
5	Chidera OBIKE	FR	#1 Johnson & Wales{4}	15.99m	52-5½	4/4
6	Abigail RENDECK	FR	#1 Johnson & Wales{5}	13.89m	45-7	4/4
7	Jade ETIENE	FR	#1 Johnson & Wales{6}	11.19m	36-8½	4/4





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



## Landmark

as of 4/22/2025 12:04:02 AM ET

### Women's 100 Meters

1	<b>45</b>	Jocelyn SMITH	SO	<b>#3</b>	Scranton	<b>12.13w</b>	(3.0)	3/29
2	<b>67</b>	Nancy NYADONGO	FR	<b>#6</b>	Goucher	<b>12.23w</b>	(2.1)	<b>4/19</b>
3		Sage HENDERSHOT	SO	<b>#8</b>	Drew	<b>12.46w</b>	(2.1)	<b>4/19</b>
4		Hannah ALDERFER	SR	<b>#4</b>	Susquehanna	<b>12.49</b>	(1.8)	<b>4/19</b>
5		Erin BUCKLEY	SO	<b>#2</b>	Catholic (D.C.)	<b>12.53w</b>	(2.5)	<b>4/19</b>
6		Olivia BARBACCI	JR	<b>#7</b>	Juniata	<b>12.55w</b>	(3.0)	3/29
7		Kortney CLIPPER	FR	<b>#2</b>	Catholic (D.C.)	{2} <b>12.56w</b>	(2.7)	3/29
8		Samantha SHARROW	JR	<b>#3</b>	Scranton	{2} <b>12.67</b>	(1.7)	4/5
9		Sarah SCHUMACHER	JR	<b>#2</b>	Catholic (D.C.)	{3} <b>12.78</b>	(0.6)	<b>4/19</b>
10		Gracie FRENCH	FR	<b>#7</b>	Juniata	{2} <b>12.79w</b>	(3.0)	3/29

### Women's 100 Meter Hurdles

1	<b>4</b>	Chloe YODER	SR	<b>#4</b>	Susquehanna	<b>14.05w</b>	(2.7)	3/29
2	<b>68</b>	Hannah ALDERFER	SR	<b>#4</b>	Susquehanna	{2} <b>15.03w</b>	(2.7)	3/29
3	<b>82</b>	Brigid BYRNES	SO	<b>#2</b>	Catholic (D.C.)	<b>15.14</b>	(0.7)	<b>4/19</b>
4		Molly WHITE	JR	<b>#3</b>	Scranton	<b>15.36</b>	(1.5)	4/11
5		Emma SHAFNISKY	FR	<b>#1</b>	Moravian	<b>15.53</b>	(-2.1)	<b>4/19</b>
6		Kate BENDALL	SO	<b>#5</b>	Elizabethtown	<b>15.66</b>	(1.6)	3/29
7		Edith TOMASEK	SO	<b>#2</b>	Catholic (D.C.)	{2} <b>16.36w</b>	(2.4)	4/5
8		Kelsey MYLER	SO	<b>#3</b>	Scranton	{2} <b>16.40</b>	(0.9)	3/29
9		Alicia VO	SO	<b>#2</b>	Catholic (D.C.)	{3} <b>16.52</b>	(0.6)	<b>4/19</b>
10		Mia MCCONNELL	SO	<b>#2</b>	Catholic (D.C.)	{4} <b>16.59w</b>	(2.4)	4/5

### Women's 200 Meters

1	<b>19</b>	Nancy NYADONGO	FR	<b>#6</b>	Goucher	<b>24.51c</b>	(24.89) (0.3)	<b>4/19</b>
2	<b>72</b>	Jocelyn SMITH	SO	<b>#3</b>	Scranton	<b>25.03w</b>	(3.4)	3/29
3	<b>88</b>	Emily CAMLET	JR	<b>#8</b>	Drew	<b>25.18c</b>	(25.57) (0.3)	<b>4/19</b>
4		Samantha SHARROW	JR	<b>#3</b>	Scranton	{2} <b>25.35w</b>	(3.4)	3/29
5		Abigail GIAMONI	SR	<b>#1</b>	Moravian	<b>25.45</b>	(1.1)	4/14
6		Olivia BARBACCI	JR	<b>#7</b>	Juniata	<b>25.52w</b>	(3.4)	3/29
7		Erin BUCKLEY	SO	<b>#2</b>	Catholic (D.C.)	<b>25.97</b>	(1.8)	<b>4/19</b>
8		Chloe YODER	SR	<b>#4</b>	Susquehanna	<b>26.08w</b>	(3.4)	3/29
9		Clare MARSH	SR	<b>#2</b>	Catholic (D.C.)	{2} <b>26.17</b>	(1.8)	4/14
10		Sarah SCHUMACHER	JR	<b>#2</b>	Catholic (D.C.)	{3} <b>26.19</b>	(0.7)	<b>4/19</b>

### Women's 400 Meters

1	<b>16</b>	Emily CAMLET	JR	<b>#8</b>	Drew	<b>55.83c</b>	(56.57)	<b>4/19</b>
2	<b>36</b>	Abigail GIAMONI	SR	<b>#1</b>	Moravian	<b>56.64</b>		3/29
3	<b>48</b>	Kelty OASTER	SR	<b>#5</b>	Elizabethtown	<b>57.03</b>		4/14
4	<b>86</b>	Tanise THORNTON-FILLYAW	JR	<b>#6</b>	Goucher	<b>58.07</b>		<b>4/16</b>
5	<b>91</b>	Olivia BARBACCI	JR	<b>#7</b>	Juniata	<b>58.14</b>		4/5
6		Clare MARSH	SR	<b>#2</b>	Catholic (D.C.)	<b>59.07</b>		3/29
7		Brigid BYRNES	SO	<b>#2</b>	Catholic (D.C.)	{2} <b>59.29</b>		3/29
8		Mia MCCONNELL	SO	<b>#2</b>	Catholic (D.C.)	{3} <b>1:00.01</b>		3/29
9		Tamryn THORNTON-FILLYAW	JR	<b>#6</b>	Goucher	{2} <b>1:00.27c</b>	(1:01.07)	<b>4/19</b>
10		Olivia MILLER	JR	<b>#3</b>	Scranton	<b>1:00.47</b>		4/12

### Women's 400 Meter Hurdles

1	<b>15</b>	Clare MARSH	SR	<b>#2</b>	Catholic (D.C.)	<b>1:02.86</b>		<b>4/19</b>
2	<b>17</b>	Brigid BYRNES	SO	<b>#2</b>	Catholic (D.C.)	{2} <b>1:02.92</b>		<b>4/19</b>
3	<b>41</b>	Mia MCCONNELL	SO	<b>#2</b>	Catholic (D.C.)	{3} <b>1:04.34</b>		<b>4/19</b>
4	<b>76</b>	Olivia BARBACCI	JR	<b>#7</b>	Juniata	<b>1:05.70</b>		3/22
5	<b>94</b>	Hannah ALDERFER	SR	<b>#4</b>	Susquehanna	<b>1:06.26</b>		<b>4/19</b>
6		Alicia VO	SO	<b>#2</b>	Catholic (D.C.)	{4} <b>1:07.42</b>		<b>4/19</b>
7		Kirsten NAVICH	FR	<b>#5</b>	Elizabethtown	<b>1:07.53</b>		4/12
8		Molly WHITE	JR	<b>#3</b>	Scranton	<b>1:08.72</b>		4/15
9		Kelsey MYLER	SO	<b>#3</b>	Scranton	{2} <b>1:09.36</b>		4/15
10		Gracie FRENCH	FR	<b>#7</b>	Juniata	{2} <b>1:10.75</b>		3/22

### Women's 800 Meters

1	<b>3</b>	Kelty OASTER	SR	<b>#5</b>	Elizabethtown	<b>2:07.19</b>		4/14
2	<b>4</b>	Tanise THORNTON-FILLYAW	JR	<b>#6</b>	Goucher	<b>2:07.42</b>		4/12
3	<b>64</b>	Emily MOEHRINGER	SR	<b>#2</b>	Catholic (D.C.)	<b>2:16.07</b>		<b>4/19</b>
4		Terrica THORNTON-FILLYAW	FR	<b>#6</b>	Goucher	{2} <b>2:17.46c</b>	(2:19.04)	<b>4/19</b>
5		Victoria URBAEZ	SO	<b>#4</b>	Susquehanna	<b>2:21.21</b>		4/14
6		Liza LEVIN	SR	<b>#4</b>	Susquehanna	{2} <b>2:21.38</b>		4/14
7		Addison KLEINLE	FR	<b>#5</b>	Elizabethtown	{2} <b>2:21.42</b>		4/5
8		Emily CAMLET	JR	<b>#8</b>	Drew	<b>2:21.56</b>		4/12
9		Alexa GRASSI	SO	<b>#2</b>	Catholic (D.C.)	{2} <b>2:22.86</b>		4/14
10		Rylie MURPHY	SR	<b>#1</b>	Moravian	<b>2:24.45c</b>	(2:26.11)	<b>4/19</b>

### Women's 1500 Meters

1	<b>6</b>	Kelty OASTER	SR	<b>#5</b>	Elizabethtown	<b>4:27.92</b>		4/5
2	<b>10</b>	Tanise THORNTON-FILLYAW	JR	<b>#6</b>	Goucher	<b>4:29.99</b>		<b>4/19</b>
3	<b>18</b>	Emily MOEHRINGER	SR	<b>#2</b>	Catholic (D.C.)	<b>4:31.68</b>		4/14
4	<b>57</b>	Tanise THORNTON-FILLYAW	JR	<b>#6</b>	Goucher	{2} <b>4:38.30</b>		3/29
5	<b>90</b>	Kate INGLIS	SR	<b>#2</b>	Catholic (D.C.)	{2} <b>4:41.21</b>		3/29
6		Emily HOPKINS	JR	<b>#3</b>	Scranton	<b>4:49.08</b>		4/5
7		Maureen BOSAK	SR	<b>#5</b>	Elizabethtown	{2} <b>4:54.42</b>		4/14
8		Addison KLEINLE	FR	<b>#5</b>	Elizabethtown	{3} <b>4:55.72</b>		3/29
9		Samantha HOFFMANN	SR	<b>#3</b>	Scranton	{2} <b>4:55.83</b>		4/5
10		Rachael GOODMAN	SR	<b>#1</b>	Moravian	<b>4:56.80</b>		<b>4/19</b>

### Women's Steeplechase

1	<b>11</b>	Kate INGLIS	SR	<b>#2</b>	Catholic (D.C.)	<b>10:49.69</b>		4/14
2	<b>19</b>	Samantha HOFFMANN	SR	<b>#3</b>	Scranton	<b>10:59.36</b>		4/14
3	<b>65</b>	Rachael GOODMAN	SR	<b>#1</b>	Moravian	<b>11:25.18</b>		4/14
4	<b>69</b>	Amber PONIKTERA	SR	<b>#1</b>	Moravian	{2} <b>11:25.76</b>		4/14
5		Callie GORMAN	SO	<b>#3</b>	Scranton	{2} <b>12:00.91</b>		3/29
6		Isabell ANDERSON	JR	<b>#5</b>	Elizabethtown	<b>12:01.79</b>		4/5
7		Alyssa HOCKENBERRY	SO	<b>#1</b>	Moravian	{3} <b>12:05.46</b>		<b>4/19</b>
8		Alexis HOCKENBERRY	SO	<b>#1</b>	Moravian	{4} <b>12:17.03</b>		3/29
9		Maeve KEEFE	SO	<b>#5</b>	Elizabethtown	{2} <b>12:38.88</b>		4/5
10		Ava WARNER	FR	<b>#4</b>	Susquehanna	<b>12:44.91</b>		4/5



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### Women's 5000 Meters

1	<b>77</b>	Kate INGLIS	SR	<b>#2</b>	Catholic (D.C.)	<b>17:28.32</b>	4/5
2	<b>83</b>	Emily HOPKINS	JR	<b>#3</b>	Scranton	<b>17:30.02</b>	4/14
3	<b>99</b>	Tara SMURLA	JR	<b>#1</b>	Moravian	<b>17:35.04</b>	4/4
4		Laurel MCMAHON	SO	<b>#2</b>	Catholic (D.C.)	{2} <b>18:06.90</b>	4/5
5		Georgia NUSSEY	SR	<b>#2</b>	Catholic (D.C.)	{3} <b>18:25.32</b>	4/5
6		Rachael GOODMAN	SR	<b>#1</b>	Moravian	{2} <b>18:31.00</b>	4/4
7		Meghan MYERS	JR	<b>#1</b>	Moravian	{3} <b>18:32.78</b>	3/29
8		Kayla O'NEIL	SO	<b>#1</b>	Moravian	{4} <b>18:40.35</b>	4/14
9		Gwyneth YOUNG	JR	<b>#5</b>	Elizabethtown	<b>18:45.12</b>	<b>4/16</b>
10		Sophia BOSTWICK	SO	<b>#4</b>	Susquehanna	<b>18:51.63</b>	<b>4/16</b>

### Women's 10,000 Meters

1	<b>31</b>	Tara SMURLA	JR	<b>#1</b>	Moravian	<b>36:33.52</b>	4/14
2	<b>61</b>	Laurel MCMAHON	SO	<b>#2</b>	Catholic (D.C.)	<b>37:46.47</b>	4/14
3	<b>91</b>	Georgia NUSSEY	SR	<b>#2</b>	Catholic (D.C.)	{2} <b>38:34.92</b>	4/14
4		Meghan MYERS	JR	<b>#1</b>	Moravian	{2} <b>39:36.29</b>	4/14
5		Gwyneth YOUNG	JR	<b>#5</b>	Elizabethtown	<b>40:06.85</b>	4/5
6		Bridget KENNEDY	SR	<b>#5</b>	Elizabethtown	{2} <b>40:22.91</b>	4/5
7		Katherine BOARD	FR	<b>#1</b>	Moravian	{3} <b>40:42.64</b>	<b>4/19</b>
8		Ally MEEKS	SR	<b>#1</b>	Moravian	{4} <b>40:55.41</b>	3/29
9		Sophia BOSTWICK	SO	<b>#4</b>	Susquehanna	<b>41:20.00</b>	3/29
10		Rebekah JONES	SR	<b>#4</b>	Susquehanna	{2} <b>42:01.62</b>	3/29

### Women's 4x100 Relay

1	<b>53</b>	Wendy De La Cruz Garcia, Kaia Grantham, Jocelyn Smith, Samantha Sharrow	<b>#3</b>	Scranton	<b>48.30</b>	3/29
2	<b>71</b>	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Kortney Clipper	<b>#2</b>	Catholic (D.C.)	<b>48.94</b>	4/5
3	<b>92</b>	Katelyn Davis, Abigail Giamoni, Shai Knight, Emma Shafnisky	<b>#1</b>	Moravian	<b>49.45</b>	<b>4/19</b>
4		#Type!	<b>#8</b>	Drew	<b>50.41</b>	3/29
5		Sophie Shadle, Kate Bendall, Melissa Patton,aleigh Bold	<b>#5</b>	Elizabethtown	<b>50.92</b>	3/29
6		Breanne Spencer, Olivia Barbacci, Gracie French, Ashley Alfree	<b>#7</b>	Juniata	<b>50.93</b>	3/22

### Women's 4x400 Relay

1	<b>30</b>	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes	<b>#2</b>	Catholic (D.C.)	<b>3:57.12</b>	3/29
2	<b>50</b>	Tasia Miniotis, Olivia Miller, Kelsey Myler, Jocelyn Smith	<b>#3</b>	Scranton	<b>4:01.80</b>	3/29
3	<b>54</b>	Sophie Shadle, Kirsten Navich, Melissa Patton, Kelty Oaster	<b>#5</b>	Elizabethtown	<b>4:02.38</b>	4/14
4		Hannah Alderfer, Ashley Newman, Denicia German, Liza Levin	<b>#4</b>	Susquehanna	<b>4:09.35</b>	3/29
5		Jackie Bryant, Olivia Barbacci, Gracie French, Camille McRoberts	<b>#7</b>	Juniata	<b>4:13.07</b>	3/22
6		#Type!	<b>#1</b>	Moravian	<b>4:13.60</b>	4/5
7		#Type!	<b>#8</b>	Drew	<b>4:24.16</b>	4/5

### Women's High Jump

1	<b>50</b>	Aryanna PAULENA	FR	<b>#6</b>	Goucher	<b>1.60m</b>	5-3	<b>4/16</b>
2		Ali HAEFELE	JR	<b>#1</b>	Moravian	<b>1.55m</b>	5-1	3/29
3		Molly WHITE	JR	<b>#3</b>	Scranton	<b>1.54m</b>	5-½	4/11
4		Mazzy CIRINELLI	JR	<b>#8</b>	Drew	<b>1.53m</b>	5-¼	3/29
5		Elena FUNK	SO	<b>#3</b>	Scranton	{2} <b>1.52m</b>	4-11¾	4/15
6		Ashley ALFREE	JR	<b>#7</b>	Juniata	<b>1.50m</b>	4-11	<b>4/17</b>
7		Hannah ALDERFER	SR	<b>#4</b>	Susquehanna	<b>1.48m</b>	4-10¼	4/11
7		Gretchen HARAY	JR	<b>#3</b>	Scranton	{3} <b>1.48m</b>	4-10¼	3/29
7		Charlotte HOULE	SO	<b>#4</b>	Susquehanna	<b>1.48m</b>	4-10¼	3/29
10		Alicia VO	SO	<b>#2</b>	Catholic (D.C.)	<b>1.45m</b>	4-9	3/29

### Women's Pole Vault

1	<b>15</b>	Aryanna PAULENA	FR	<b>#6</b>	Goucher	<b>3.81m</b>	12-6	<b>4/19</b>
2	<b>39</b>	Olivia BARBACCI	JR	<b>#7</b>	Juniata	<b>3.56m</b>	11-8	4/12
3	<b>77</b>	Madi FUERST	FR	<b>#2</b>	Catholic (D.C.)	<b>3.40m</b>	11-1¾	3/29
4		Sarah BOWER	SR	<b>#4</b>	Susquehanna	<b>3.25m</b>	10-8	4/11
5		Josie KELLY	SO	<b>#7</b>	Juniata	{2} <b>2.96m</b>	9-8½	4/12
6		Alison SPONSELLER	SO	<b>#4</b>	Susquehanna	{2} <b>2.90m</b>	9-6¼	3/29
6		Sophia BOSTWICK	SO	<b>#4</b>	Susquehanna	{2} <b>2.90m</b>	9-6¼	<b>4/19</b>
8		Tessa HOPKINS	FR	<b>#1</b>	Moravian	<b>2.75m</b>	9-¼	<b>4/19</b>
9		Katie SEAL	SR	<b>#3</b>	Scranton	<b>2.74m</b>	8-11¾	4/5
10		Hayla BRYANT	SO	<b>#3</b>	Scranton	{2} <b>2.59m</b>	8-6	4/5



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## Women's Long Jump

1	<b>6</b>	Sage HENDERSHOT	SO	#8 Drew	<b>5.92m</b>	19-5¼ (1.7)	<b>4/19</b>
2	<b>19</b>	Samantha SHARROW	JR	#3 Scranton	<b>5.75m</b>	18-10½ (-2)	3/28
3	<b>22</b>	Hannah ALDERFER	SR	#4 Susquehanna	<b>5.73mw</b>	18-9¾ (2.3)	<b>4/18</b>
4	<b>84</b>	Ali HAEFELE	JR	#1 Moravian	<b>5.39m</b>	17-8¼ (1.2)	<b>4/19</b>
5	<b>90</b>	Kate BENDALL	SO	#5 Elizabethtown	<b>5.37m</b>	17-7½ (-4.4)	<b>4/16</b>
6		Emma SHAFNISKY	FR	#1 Moravian	{2} <b>5.19m</b>	17-½ (-0.2)	4/5
7		Lauryn BROWN	FR	#8 Drew	{2} <b>5.16m</b>	16-11¼ (-1)	3/29
8		Addison YAUKEY	SR	#4 Susquehanna	{2} <b>5.12mw</b>	16-9¾ (2.6)	4/11
9		Molly WHITE	JR	#3 Scranton	{2} <b>5.07m</b>	16-7¾ (1.0)	3/29
10		Samantha CEBULSKI	FR	#3 Scranton	{3} <b>5.05m</b>	16-7 (0.0)	4/15

## Women's Triple Jump

1	<b>26</b>	Lauryn BROWN	FR	#8 Drew	<b>11.55m</b>	37-10¾ (1.6)	<b>4/19</b>
2	<b>34</b>	Aryanna PAULENA	FR	#6 Goucher	<b>11.46mw</b>	37-7¼ (2.5)	<b>4/19</b>
3	<b>47</b>	Ali HAEFELE	JR	#1 Moravian	<b>11.35mw</b>	37-3 (3.2)	<b>4/19</b>
4	<b>64</b>	Kate BENDALL	SO	#5 Elizabethtown	<b>11.17m</b>	36-7¾ (-3.3)	<b>4/16</b>
5	<b>68</b>	Molly WHITE	JR	#3 Scranton	<b>11.14m</b>	36-6¾ (1.0)	4/5
6	<b>79</b>	Hailey MONAGHAN	SR	#3 Scranton	{2} <b>11.06m</b>	36-3½ (1.5)	4/15
7	<b>98</b>	Eva CARACHIOLO	FR	#3 Scranton	{3} <b>10.95m</b>	35-11¼ (0.0)	3/29
8		Jackie BRYANT	JR	#7 Juniata	<b>10.65m</b>	34-11¼ (0.3)	<b>4/17</b>
9		Bella FIORE	FR	#1 Moravian	{2} <b>10.53mw</b>	34-6¾ (3.2)	<b>4/19</b>
10		Kennedy SIMONS	FR	#1 Moravian	{3} <b>10.39mw</b>	34-1¼ (2.9)	<b>4/19</b>

## Women's Shot Put

1	<b>56</b>	Margie RAYNE	JR	#1 Moravian	<b>12.70m</b>	41-8	<b>4/19</b>
2	<b>80</b>	Ciara DONEGAN	SR	#2 Catholic (D.C.)	<b>12.38m</b>	40-7½	<b>4/19</b>
3		Kara VASHEY	JR	#1 Moravian	{2} <b>11.81m</b>	38-9	<b>4/19</b>
4		Mikayla WOODRING	SR	#1 Moravian	{3} <b>11.79m</b>	38-8¼	<b>4/19</b>
5		Isabella COWGER	FR	#5 Elizabethtown	<b>11.75m</b>	38-6¾	<b>4/16</b>
6		Mylea NEIDIG	SR	#5 Elizabethtown	{2} <b>11.73m</b>	38-6	<b>4/16</b>
7		Keira CARBONE	SO	#4 Susquehanna	<b>11.24m</b>	36-10½	<b>4/19</b>
8		Max MCCOY	FR	#6 Goucher	<b>11.10m</b>	36-5	<b>4/19</b>
9		Arin PEYKAR	SR	#1 Moravian	{4} <b>10.62m</b>	34-10¼	4/5
10		Jessica PRONCHIK	SO	#5 Elizabethtown	{3} <b>10.58m</b>	34-8½	4/5

## Women's Discus

1	<b>29</b>	Isabella COWGER	FR	#5 Elizabethtown	<b>43.57m</b>	143-0	3/29
2	<b>65</b>	Margie RAYNE	JR	#1 Moravian	<b>40.97m</b>	134-5	<b>4/19</b>
3		DaniRae RENNO	SR	#5 Elizabethtown	{2} <b>38.49m</b>	126-4	4/5
4		Caillie FISH	SR	#1 Moravian	{2} <b>35.86m</b>	117-8	3/29
5		Emma PINKSTON	SR	#7 Juniata	<b>34.67m</b>	113-9	3/29
6		Molly MAXWELL	SR	#2 Catholic (D.C.)	<b>34.64m</b>	113-8	<b>4/19</b>
6		Heather ADAMS	JR	#1 Moravian	{3} <b>34.64m</b>	113-8	3/29
8		Ciara DONEGAN	SR	#2 Catholic (D.C.)	{2} <b>34.28m</b>	112-6	<b>4/19</b>
9		Mylea NEIDIG	SR	#5 Elizabethtown	{3} <b>33.95m</b>	111-5	<b>4/16</b>
10		Chloe SAUER	SO	#7 Juniata	{2} <b>33.00m</b>	108-3	4/5

## Women's Hammer

1		Kara VASHEY	JR	#1 Moravian	<b>43.97m</b>	144-3	4/5
2		Caillie FISH	SR	#1 Moravian	{2} <b>43.51m</b>	142-9	3/29
3		Liz MISKOVSKY	SR	#1 Moravian	{3} <b>42.74m</b>	140-3	<b>4/19</b>
4		Mikayla WOODRING	SR	#1 Moravian	{4} <b>41.72m</b>	136-11	<b>4/19</b>
5		Heather ADAMS	JR	#1 Moravian	{5} <b>39.37m</b>	129-2	<b>4/19</b>
6		Jess HEYDT	FR	#1 Moravian	{6} <b>38.62m</b>	126-9	<b>4/19</b>
7		Isabella COWGER	FR	#5 Elizabethtown	<b>38.51m</b>	126-4	4/5
8		Catherine SIRIGNANO	SO	#4 Susquehanna	<b>38.42m</b>	126-1	4/11
9		Emma SZABO	SO	#4 Susquehanna	{2} <b>38.38m</b>	125-11	4/11
10		Lauren RIZZOLO	SO	#8 Drew	<b>38.00m</b>	124-8	3/29

## Women's Javelin

1	<b>41</b>	Emma COOLIDGE	JR	#7 Juniata	<b>38.51m</b>	126-4	3/29
2	<b>57</b>	Ainslee BINKLEY	JR	#4 Susquehanna	<b>37.49m</b>	123-0	4/11
3		Bella DAUBERMAN	SO	#4 Susquehanna	{2} <b>34.92m</b>	114-7	4/11
4		Abby MCCLASKEY	SR	#1 Moravian	<b>34.01m</b>	111-7	3/29
5		Becca CAIRD	FR	#1 Moravian	{2} <b>33.93m</b>	111-4	3/29
6		Alexis RICH	FR	#5 Elizabethtown	<b>31.47m</b>	103-3	3/29
7		Keira CARBONE	SO	#4 Susquehanna	{3} <b>31.39m</b>	103-0	4/11
8		Hannah ALDERFER	SR	#4 Susquehanna	{4} <b>31.19m</b>	102-4	4/11
9		Maura BRADNEY	SR	#5 Elizabethtown	{2} <b>30.58m</b>	100-4	3/29
10		Justice SHEAFFER	SO	#7 Juniata	{2} <b>29.68m</b>	97-4½	<b>4/17</b>

## Women's Heptathlon

1	<b>14</b>	Hannah ALDERFER	SR	#4 Susquehanna	<b>4,619</b>	4/11
2	<b>26</b>	Molly WHITE	JR	#3 Scranton	<b>4,296</b>	4/11
3	<b>97</b>	Alicia ACOSTA	JR	#3 Scranton	{2} <b>3,213</b>	4/11
4		Kelsey MYLER	SO	#3 Scranton	{3} <b>3,059</b>	4/11
5		Charlotte HOULE	SO	#4 Susquehanna	{2} <b>3,043</b>	4/11



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### Women's 100 Meters

1	23	Aynisha MCQUILLAR	FR	#2	Ithaca	11.98	(1.6)	3/29
2	98	Rachel KULP	JR	#5	RIT	12.32w	(2.2)	4/5
3		Laura SUPPA	JR	#2	Ithaca	{2} 12.37	(0.9)	3/29
4		Christine MALLETTE	SR	#3	RPI	12.41w	(2.4)	4/19
5		Alyssa FICI	SO	#3	RPI	{2} 12.63	(1.5)	4/19
6		Lainie D'AURIA	FR	#4	Vassar	12.67	(1.4)	3/29
7		Marykate RUDNICKI	FR	#2	Ithaca	{3} 12.80	(0.8)	4/19
8		Rachel LARSON	JR	#2	Ithaca	{4} 12.83	(-1.4)	4/19
9		Maya HATCH	JR	#1	Rochester (N.Y.)	12.85	(1.2)	4/19
10		Katie MANNING	SR	#3	RPI	{3} 12.86	(1.5)	4/11

### Women's 100 Meter Hurdles

1	3	Rachel LARSON	JR	#2	Ithaca	13.98	(1.2)	4/6
2	9	Laura SUPPA	JR	#2	Ithaca	{2} 14.21	(1.2)	4/6
3	29	Emma MCGUINN	JR	#3	RPI	14.50	(1.7)	4/19
4	46	Jahmilia DENNIS	JR	#4	Vassar	14.80	(0.6)	4/19
5	72	Alice BRAMBATI	FR	#3	RPI	{2} 15.05	(0.6)	4/19
6		Rania SABRI	JR	#5	RIT	15.55w	(3.3)	4/5
7		Ashley SHELDON	SO	#6	Union (N.Y.)	15.60w	(2.2)	4/19
8		Cameron TING	FR	#2	Ithaca	{3} 15.85w	(2.3)	4/12
9		Faye STEVENS	SR	#4	Vassar	{2} 16.09	(1.9)	3/29
10		Freja NIKLASSON	JR	#4	Vassar	{3} 16.14	(1.7)	4/19

### Women's 200 Meters

1	72	Katie MANNING	SR	#3	RPI	25.03w	(2.4)	4/19
2	81	Megan BELL	SR	#1	Rochester (N.Y.)	25.12w	(3.1)	4/14
3	91	Christine MALLETTE	SR	#3	RPI	{2} 25.20w	(2.4)	4/19
4		Nora CHEN	SO	#1	Rochester (N.Y.)	{2} 25.27c	(25.66) (-4.)	4/19
5		Alyssa FICI	SO	#3	RPI	{3} 25.44w	(3.7)	4/19
6		Aynisha MCQUILLAR	FR	#2	Ithaca	25.51	(-1.2)	4/6
7		Raquella CASSERINO	SO	#1	Rochester (N.Y.)	{3} 25.68c	(26.08) (-4.)	4/19
8		Laura SUPPA	JR	#2	Ithaca	{2} 25.87	(-1.2)	4/6
9		Natalie MACARTHUR	SR	#2	Ithaca	{3} 26.02	(-1.2)	4/6
10		Rachel KULP	JR	#5	RIT	26.07c	(26.47) (-4.)	4/19

### Women's 400 Meters

1	3	Megan BELL	SR	#1	Rochester (N.Y.)	54.50c	(55.22)	4/19
2	24	Nora CHEN	SO	#1	Rochester (N.Y.)	{2} 56.21c	(56.95)	4/19
3	53	Raquella CASSERINO	SO	#1	Rochester (N.Y.)	{3} 57.28c	(58.04)	4/19
4	71	Eva CIUFFETELLI	SO	#1	Rochester (N.Y.)	{4} 57.74c	(58.50)	4/19
5		Caroline HILL	SR	#5	RIT	59.04		3/30
6		Gabrielle BAKER	SR	#6	Union (N.Y.)	59.09		4/19
7		Lauren SZALKOWSKI	SO	#3	RPI	59.33		4/19
8		Natalie MACARTHUR	SR	#2	Ithaca	59.46		3/29
9		Julia RYBA	SO	#2	Ithaca	{2} 59.64c	(1:00.43)	4/19
10		Katie MANNING	SR	#3	RPI	{2} 59.97		4/5

### Women's 400 Meter Hurdles

1	6	Nora CHEN	SO	#1	Rochester (N.Y.)	1:01.53		4/5
2	10	Eva CIUFFETELLI	SO	#1	Rochester (N.Y.)	{2} 1:02.31		4/5
3	31	Caroline HILL	SR	#5	RIT	1:03.76		4/19
4	74	Faye STEVENS	SR	#4	Vassar	1:05.67		4/19
5	95	Samantha CRISCI	JR	#5	RIT	{2} 1:06.32		4/19
6		Rachel LARSON	JR	#2	Ithaca	1:06.58		4/6
7		Justine DRAPER	SR	#5	RIT	{3} 1:07.00		4/19
8		Kaden LECHASE	SO	#2	Ithaca	{2} 1:08.77		4/19
9		Amelia BERTHOLD	JR	#7	St. Lawrence	1:09.53		4/19
10		Elli CLOUTIER	SO	#2	Ithaca	{3} 1:10.02		4/6

### Women's 800 Meters

1	1	Megan BELL	SR	#1	Rochester (N.Y.)	2:05.34		4/5
2	56	Catherine DACEY	SR	#6	Union (N.Y.)	2:15.63		4/19
3	67	Kyleigh RECORD	FR	#6	Union (N.Y.)	{2} 2:16.25		4/19
4	100	Adelaide NYHAN	SO	#4	Vassar	2:17.41		4/5
5		Erin VONHOUSEN	SO	#3	RPI	2:17.57		4/11
6		Norah READE	SO	#4	Vassar	{2} 2:17.66		4/19
7		Emily DILL	SO	#1	Rochester (N.Y.)	{2} 2:18.25c	(2:19.84)	4/19
8		Rita SCIORTINO	JR	#1	Rochester (N.Y.)	{3} 2:18.30c	(2:19.89)	4/15
9		Lizzie LOWE	FR	#4	Vassar	{3} 2:19.24		4/19
10		Charlotte KOUTALIDIS	FR	#3	RPI	{2} 2:19.91		4/11

### Women's 1500 Meters

1	1	Haley SCHOENEGGE	SO	#4	Vassar	4:27.01		4/14
2	2	Megan BELL	SR	#1	Rochester (N.Y.)	4:27.12		4/14
3	24	Erin VONHOUSEN	SO	#3	RPI	4:32.47		4/19
4	50	Adelaide NYHAN	SO	#4	Vassar	{2} 4:37.07		4/14
5	97	Norah READE	SO	#4	Vassar	{3} 4:41.70		4/14
6		Catherine DACEY	SR	#6	Union (N.Y.)	4:45.84		4/11
7		Joy PETERSEN	JR	#2	Ithaca	4:46.26		4/19
8		Charlotte KOUTALIDIS	FR	#3	RPI	{2} 4:46.35		4/19
9		Emily DILL	SO	#1	Rochester (N.Y.)	{2} 4:46.76		4/14
10		Lizzie LOWE	FR	#4	Vassar	{4} 4:49.18		3/29

### Women's Steeplechase

1	13	Erin VONHOUSEN	SO	#3	RPI	10:51.42		4/19
2	28	Sab LIN	SR	#1	Rochester (N.Y.)	11:11.45		4/14
3	46	Claudia WOLF	JR	#3	RPI	{2} 11:17.97		4/5
4	66	Acadia HELFAND	SO	#4	Vassar	11:25.39		4/14
5	87	Alyse KARANIAN	JR	#3	RPI	{3} 11:33.37		4/19
6	88	Tessa BOSSOM	JR	#3	RPI	{4} 11:33.98		4/19
7		Logan BRASACCHIO	JR	#2	Ithaca	11:48.33		4/19
8		Carly ZACK	SO	#7	St. Lawrence	11:49.52		4/5
9		Elsie CORBETT	SO	#3	RPI	{5} 11:52.78		4/19
10		Sophia MARCHIOLI	FR	#4	Vassar	{2} 12:04.74		4/19





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### Women's 5000 Meters

1	2	Haley SCHOENEGGE	SO	#4 Vassar	16:17.29	4/19
2	3	Jules BLESKOSKI	SO	#3 RPI	16:28.51	4/19
3	52	Adelaide NYHAN	SO	#4 Vassar {2}	17:18.32	4/19
4		Ellie PONKO	SR	#1 Rochester (N.Y.)	17:49.06	4/14
5		Claudia WOLF	JR	#3 RPI {2}	18:03.31	4/11
6		Noni PATTINGTON	SR	#4 Vassar {3}	18:06.00	4/14
7		Kyla EISMAN	JR	#2 Ithaca	18:17.24c(18:25.64)	4/19
8		Hannah PAWLOWSKI	FR	#2 Ithaca {2}	18:18.85c(18:27.26)	4/19
9		Cayley SWAIM	SO	#4 Vassar {4}	18:23.77	4/14
10		Ava HANDEL	FR	#3 RPI {3}	18:24.11	4/5

### Women's 10,000 Meters

1	72	Alicia LAWSON	SR	#1 Rochester (N.Y.)	38:04.40	4/14
2	75	Ella BLAU	SO	#1 Rochester (N.Y.) {2}	38:10.87	4/14
3	78	Ava HANDEL	FR	#3 RPI	38:14.34	4/11
4	79	Jules BLESKOSKI	SO	#3 RPI {2}	38:15.67	4/11
5	93	Kyla EISMAN	JR	#2 Ithaca	38:37.06	4/6
6	94	Fran MAVRICOS	SO	#3 RPI {3}	38:39.01	4/11
7	100	Avery BLANCHARD	FR	#7 St. Lawrence	38:41.93	4/11
8		Gianna CORYEA	JR	#3 RPI {4}	39:00.01	4/11
9		Cayley SWAIM	SO	#4 Vassar	39:13.15	3/29
10		Abby PRICE	SR	#3 RPI {5}	39:20.57	4/11

### Women's 4x100 Relay

1	31	Christine Mallette, Katie Manning, Alyssa Fici, Emma McGuinn	#3 RPI	47.81	4/19
2	34	Ava Butler, Laura Suppa, Rachel Larson, Aynisha McQuillar	#2 Ithaca	47.90	4/6
3	68	Caroline Hill, Rachel Kulp, Allison Regnante, Rania Sabri	#5 RIT	48.85	4/19
4	86	Jamie Eu, Jahmilia Dennis, Lianna Camille, Lainie D'Auria	#4 Vassar	49.33	4/19
5		Tina Kyriacou, Maya Hatch, Lizzie Merrill, Raquella Casserino	#1 Rochester (N.Y.)	49.92	4/19
6		Isla Bougard duncan, Caelan McHarney, Samantha Legate, Lydia Wamsganz	#7 St. Lawrence	51.05	4/19
7		Ashley Sheldon, Katherine Doran, Grace Ardito, Gabrielle Baker	#6 Union (N.Y.)	51.54	4/11
8		Jynaiya Grizzle, Gabrielle Parchment, Hawra Moomhala, Carina Cooke	#8 Bard	56.81	4/5

### Women's 4x400 Relay

1	9	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#1 Rochester (N.Y.)	3:48.21	4/14
2	64	Rachel Larson, Laura Suppa, Natalie MacArthur, Julia Ryba	#2 Ithaca	4:04.35c (4:07.59)	4/19
3		Charlotte Koutalidis, Anoua Carrie, Emma McGuinn, Lauren Szalkowski	#3 RPI	4:09.34	4/19
4		Samantha Crisci, Jorja DeCarlo, Justine Draper, Caroline Hill	#5 RIT	4:09.73	4/5
5		Sophia Henderson, Lizzie Lowe, Norah Reade, Margaret McLaughlin	#4 Vassar	4:11.80	4/19
6		Nicole Jeffrey, Cameran Stone, Quinn Sirgany, Nora Graves	#7 St. Lawrence	4:47.67	4/19

### Women's High Jump

1	23	Madeleine WRIGHT	SO	#2 Ithaca	1.63m	5-4¼	4/6
2	86	Celia RYAN	SO	#2 Ithaca {2}	1.58m	5-2¼	4/12
3		Ashley SHELTON	SO	#6 Union (N.Y.)	1.56m	5-1¼	4/19
4		Lydia BARBER	SO	#2 Ithaca {3}	1.51m	4-11½	3/29
4		Cameron TING	FR	#2 Ithaca {3}	1.51m	4-11½	3/29
4		Grace ARDITO	JR	#6 Union (N.Y.) {2}	1.51m	4-11½	4/5
4		Freja NIKLASSON	JR	#4 Vassar	1.51m	4-11½	4/19
8		Tooni OLALAYE	SO	#3 RPI	1.48m	4-10¼	3/23
8		Cecelia LABONTE	JR	#2 Ithaca {5}	1.48m	4-10¼	4/19
10		Amelia BERTHOLD	JR	#7 St. Lawrence	1.47m	4-9¾	4/11

### Women's Pole Vault

1	18	Erin EASTWOOD	JR	#2 Ithaca	3.80m	12-5½	4/19
2	87	Abby KOPECK	FR	#1 Rochester (N.Y.)	3.36m	11-¼	4/19
3	93	Talia HUTCHINSON	SO	#2 Ithaca {2}	3.35m	10-11¾	4/12
3	93	Teagan KIGER	FR	#2 Ithaca {2}	3.35m	10-11¾	4/19
5		Bree BOYLE	JR	#2 Ithaca {4}	3.20m	10-6	4/12
6		Raessler GUTHRIE	FR	#2 Ithaca {5}	3.05m	10-0	4/6
7		Abby REPPERT	FR	#2 Ithaca {6}	2.90m	9-6¼	4/6
8		Ella DYKEMAN	FR	#3 RPI	2.80m	9-2¼	4/5
9		Samantha SCHLECTMAN	JR	#5 RIT	2.76m	9-½	4/19
9		Katie ATKINS	FR	#1 Rochester (N.Y.) {2}	2.76m	9-½	4/19



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### Women's Long Jump

1	46	Alice BRAMBATI	FR	#3	RPI	5.56m	18-3 (0.8)	4/11
2	47	Allison REGNANTE	SR	#5	RIT	5.55m	18-2½ (1.3)	4/19
3	51	Ashleigh BARRETT	JR	#1	Rochester (N.Y.)	5.53m	18-1¾ (1.9)	4/19
4		Grace MCINERNEY	FR	#1	Rochester (N.Y.) {2}	5.31m	17-5¼ (1.5)	4/19
5		Anna JOHNSON	SO	#1	Rochester (N.Y.) {3}	5.25m	17-2¾ (1.1)	4/19
6		Cecelia LABONTE	JR	#2	Ithaca	5.23m	17-2 (-2.3)	4/12
7		Jordyn DOLAN	JR	#2	Ithaca {2}	5.16mw	16-11¼ (3.4)	4/19
8		Gracie CONLAN	FR	#1	Rochester (N.Y.) {4}	5.12m	16-9¾ (0.9)	4/19
9		Rachel KULP	JR	#5	RIT	5.11m	16-9¾ (0.0)	3/30
10		Quinn TAYLOR	SR	#1	Rochester (N.Y.) {5}	5.10m	16-8¾ (1.3)	4/15

### Women's Triple Jump

1	12	Alice BRAMBATI	FR	#3	RPI	11.87m	38-11½ (-0.4)	4/10
2	40	Jahmilia DENNIS	JR	#4	Vassar	11.42m	37-5¾ (0.4)	4/19
3	88	Alexis BROWN	SO	#2	Ithaca	11.01mw	36-1½ (3.9)	4/19
4		Rania SABRI	JR	#5	RIT	10.80m	35-5¼ (-0.6)	4/14
5		Violet AMEELE	SR	#5	RIT	10.60m	34-9½ (0.1)	4/14
6		Luca PECORA	SR	#2	Ithaca	10.45mw	34-3¾ (3.4)	4/19
7		Gracie CONLAN	FR	#1	Rochester (N.Y.)	10.43m	34-2¾ (0.0)	4/15
8		Celia RYAN	SO	#2	Ithaca	10.42m	34-2¼ (1.3)	4/19
9		Jamie EU	JR	#4	Vassar	10.40m	34-1½ (-0.5)	3/29
10		Grace CROFT	SO	#2	Ithaca	10.17mw	33-4½ (3.2)	4/19

### Women's Shot Put

1	32	Lily SEYFERT	JR	#2	Ithaca	12.89m	42-3½	3/29
2	53	Deziree GARRICK	SR	#1	Rochester (N.Y.)	12.72m	41-8¾	4/19
3	62	Leanna WELLS	SO	#3	RPI	12.64m	41-5¾	4/11
4	83	Cora ROSE	SR	#1	Rochester (N.Y.) {2}	12.36m	40-6¾	3/30
5	99	Marinna HEICHBERGER	JR	#5	RIT	12.16m	39-10¾	4/14
6		Emily DIMARCO	SR	#5	RIT	12.01m	39-5	4/14
7		Madison VARGAS	SO	#1	Rochester (N.Y.) {3}	11.79m	38-8¾	4/5
8		Charlotte POWELL	SO	#2	Ithaca	11.74m	38-6¼	3/29
9		Sonya SHIVOK	SR	#5	RIT	11.54m	37-10½	4/19
10		Aimee OSZER	SO	#1	Rochester (N.Y.) {4}	11.20m	36-9	4/5

### Women's Discus

1	43	Cora ROSE	SR	#1	Rochester (N.Y.)	42.25m	138-8	3/30
2	47	Ben KAYSER-COCHRAN	FR	#5	RIT	42.01m	137-10	4/15
3	50	Emily DIMARCO	SR	#5	RIT	41.71m	136-10	4/5
4	58	Aimee OSZER	SO	#1	Rochester (N.Y.) {2}	41.27m	135-5	4/19
5	67	Bailee DRUMMOND	SO	#5	RIT	40.80m	133-10	4/19
6	98	Madison VARGAS	SO	#1	Rochester (N.Y.) {3}	39.51m	129-8	4/19
7		Lily SEYFERT	JR	#2	Ithaca	39.15m	128-6	4/12
8		Sydney PETRIE	JR	#4	Vassar	38.94m	127-9	4/19
9		Grace RICHARD	JR	#3	RPI	37.62m	123-5	4/11
10		Charlotte POWELL	SO	#2	Ithaca	36.98m	121-4	3/29

### Women's Hammer

1	52	Enya GREEN	SO	#2	Ithaca	48.94m	160-7	4/6
2	66	Lily SEYFERT	JR	#2	Ithaca {2}	47.79m	156-10	4/6
3		Cora ROSE	SR	#1	Rochester (N.Y.)	45.21m	148-4	4/15
4		Katie LYNCH	JR	#3	RPI	45.19m	148-3	4/19
5		Zoe CHAFOULEAS	SR	#1	Rochester (N.Y.) {2}	43.95m	144-3	4/19
6		Liv ILASZ	JR	#1	Rochester (N.Y.) {3}	43.68m	143-4	4/19
7		Charlotte POWELL	SO	#2	Ithaca {3}	43.00m	141-1	4/12
8		Grace RICHARD	JR	#3	RPI	42.95m	140-11	4/11
9		Autumn BERNAVA	SO	#5	RIT	42.59m	139-9	4/15
10		Deziree GARRICK	SR	#1	Rochester (N.Y.) {4}	42.24m	138-7	4/19

### Women's Javelin

1	20	Lily SEYFERT	JR	#2	Ithaca	39.90m	130-11	4/19
2	84	Aimee OSZER	SO	#1	Rochester (N.Y.)	36.30m	119-1	4/5
3		Celia RYAN	SO	#2	Ithaca	35.32m	115-11	4/12
4		Charlotte POWELL	SO	#2	Ithaca	34.74m	114-0	4/19
5		Autumn BERNAVA	SO	#5	RIT	33.19m	108-11	4/19
6		Mia GERBER	SO	#5	RIT	33.18m	108-10	4/5
7		Sonya SHIVOK	SR	#5	RIT	33.11m	108-8	4/15
8		Lauryn JOHNSON	FR	#6	Union (N.Y.)	31.99m	105-0	4/19
9		Grace GARMAN	SR	#3	RPI	31.83m	104-5	3/23
10		Cassidy ROMANO	SO	#1	Rochester (N.Y.) {2}	30.86m	101-3	4/15

### Women's Heptathlon

1	57	Cameron TING	FR	#2	Ithaca	3,793		4/12
2	60	Amelia BERTHOLD	JR	#7	St. Lawrence	3,738		4/11
3	72	Grace MCINERNEY	FR	#1	Rochester (N.Y.)	3,494		4/15
4	85	Julia LARGETT	JR	#1	Rochester (N.Y.) {2}	3,355		4/15
5		Halle RAINA	SR	#3	RPI	3,170		4/11
6		Cecelia LABONTE	JR	#2	Ithaca	3,153		4/12
7		Gabby IRVIN	SO	#3	RPI	3,074		4/11
8		Julie DURHAM	FR	#1	Rochester (N.Y.) {3}	3,007		4/15



## Conference TFRI Event Summary



## Little East

as of 4/22/2025 12:04:03 AM ET

## Women's 100 Meters

1	<b>45</b>	Aryianna GARCEAU	JR	#7 UMass Boston	<b>12.13</b>	(-0.3)	<b>4/18</b>
2		Trinity HAYES	SR	#5 Rhode Island Co	<b>12.34</b>	(0.2)	4/14
3		Quiana PEZZA	FR	#5 Rhode Island Co{2}	<b>12.43w</b>	(3.0)	3/22
4		Keely GIORDANO	FR	#4 Keene State	<b>12.64</b>	(1.2)	4/14
5		Janiah YOUNG	JR	#1 Southern Maine	<b>12.72</b>	(-0.1)	4/11
6		Khalsa HAMMITH	FR	#1 Southern Maine {2}	<b>12.78</b>	(0.2)	4/14
7		Bendu KAMARA	FR	#5 Rhode Island Co{3}	<b>12.81</b>	(-0.3)	<b>4/18</b>
8		Heaven CONLEY	SR	#1 Southern Maine {3}	<b>12.84</b>	(0.3)	<b>4/19</b>
9		JHenelle EVANS	SO	#7 UMass Boston {2}	<b>12.89</b>	(1.0)	4/4
10		Elizabeth ROY	SR	#7 UMass Boston {3}	<b>12.97</b>	(-1.0)	<b>4/18</b>

## Women's 100 Meter Hurdles

1	<b>1</b>	Aryianna GARCEAU	JR	#7 UMass Boston	<b>13.80</b>	(1.9)	<b>4/19</b>
2		Molly LU MCKELLAR	JR	#4 Keene State	<b>15.64</b>	(1.3)	4/14
3		Saya BREITING-BROWN	FR	#1 Southern Maine	<b>15.97</b>	(1.3)	4/14
4		Adria OTASH	FR	#1 Southern Maine {2}	<b>17.04</b>	(-0.7)	4/11
5		Ani FLYNN	FR	#6 Plymouth State	<b>17.12</b>	(-1.3)	3/28
6		Belleya FRANCK	FR	#3 UMass Dartmouth	<b>17.36w</b>	(2.7)	<b>4/19</b>
7		Analiese POISSON	SR	#2 Eastern Connect	<b>17.52</b>	(-0.2)	<b>4/18</b>
8		Megan MOYNIHAN	JR	#6 Plymouth State {2}	<b>17.93</b>	(-0.3)	<b>4/19</b>
9		Mary LEVESQUE	FR	#2 Eastern Connect{2}	<b>18.57</b>	(-0.2)	<b>4/18</b>
10		Zairah SAINT-JEAN	FR	#3 UMass Dartmouth{2}	<b>18.90</b>	(1.8)	<b>4/19</b>

## Women's 200 Meters

1	<b>11</b>	Aryianna GARCEAU	JR	#7 UMass Boston	<b>24.34</b>	(1.8)	<b>4/19</b>
2	<b>74</b>	Trinity HAYES	SR	#5 Rhode Island Co	<b>25.04</b>	(0.9)	4/4
3		Saige KIRKLAND	SO	#2 Eastern Connect	<b>25.81</b>	(0.6)	<b>4/18</b>
4		Janiah YOUNG	JR	#1 Southern Maine	<b>25.89</b>	(0.7)	4/11
5		Keely GIORDANO	FR	#4 Keene State	<b>26.00</b>	(0.2)	3/28
6		Quiana PEZZA	FR	#5 Rhode Island Co{2}	<b>26.45</b>	(0.6)	<b>4/18</b>
7		Heaven CONLEY	SR	#1 Southern Maine {2}	<b>26.54</b>	(-0.8)	4/14
8		Tayshia CARY	FR	#5 Rhode Island Co{3}	<b>26.58</b>	(0.6)	<b>4/18</b>
9		Bendu KAMARA	FR	#5 Rhode Island Co{4}	<b>26.71</b>	(0.6)	<b>4/18</b>
10		Mya AUSTIN	FR	#1 Southern Maine {3}	<b>26.78</b>	(0.4)	4/14

## Women's 400 Meters

1	<b>54</b>	Trinity HAYES	SR	#5 Rhode Island Co	<b>57.32</b>		<b>4/18</b>
2		Alexis KARANTZA	JR	#1 Southern Maine	<b>59.48</b>		<b>4/19</b>
3		Heaven CONLEY	SR	#1 Southern Maine {2}	<b>59.83</b>		4/14
4		Paige HURST	SR	#6 Plymouth State	<b>1:00.29</b>		4/4
5		Saige KIRKLAND	SO	#2 Eastern Connect	<b>1:00.48</b>		<b>4/18</b>
6		Bendu KAMARA	FR	#5 Rhode Island Co{2}	<b>1:02.45</b>		4/4
7		Ashley GENTILE	SR	#2 Eastern Connect{2}	<b>1:02.83</b>		4/5
8		Lexi ZAKRZEWSKI	FR	#5 Rhode Island Co{3}	<b>1:03.37</b>		4/4
9		Sara LOPEZ	FR	#3 UMass Dartmouth	<b>1:03.58</b>		<b>4/19</b>
10		Phoebe GESNER	FR	#3 UMass Dartmouth{2}	<b>1:03.97</b>		4/13

## Women's 400 Meter Hurdles

1	<b>66</b>	Alexis KARANTZA	JR	#1 Southern Maine	<b>1:05.38</b>		4/14
2		Ani FLYNN	FR	#6 Plymouth State	<b>1:07.82</b>		<b>4/19</b>
3		Grace RUSSELL	JR	#3 UMass Dartmouth	<b>1:12.74</b>		<b>4/19</b>
4		Megan MOYNIHAN	JR	#6 Plymouth State {2}	<b>1:13.21</b>		<b>4/19</b>
5		Molly LU MCKELLAR	JR	#4 Keene State	<b>1:14.48</b>		4/7
6		Naema CHARLES	FR	#2 Eastern Connect	<b>1:14.90</b>		<b>4/18</b>
7		Analiese POISSON	SR	#2 Eastern Connect{2}	<b>1:14.98</b>		<b>4/18</b>
8		Mary LEVESQUE	FR	#2 Eastern Connect{3}	<b>1:18.06</b>		<b>4/18</b>
9		Valeria URIBE	SO	#5 Rhode Island Co	<b>1:21.07</b>		<b>4/18</b>
10		Shirley PORTILLO	SO	#5 Rhode Island Co{2}	<b>1:24.72</b>		<b>4/18</b>

## Women's 800 Meters

1		Rose KAROW	SO	#6 Plymouth State	<b>2:19.50</b>		<b>4/19</b>
2		Haley OLIVER	JR	#5 Rhode Island Co	<b>2:22.30</b>		4/14
3		Jacqueline EARNER	JR	#7 UMass Boston	<b>2:22.90</b>		<b>4/19</b>
4		Emely MELENDEZ	FR	#2 Eastern Connect	<b>2:25.17</b>		4/12
5		Emma STEEDMAN	SO	#3 UMass Dartmouth	<b>2:25.22</b>		<b>4/19</b>
6		Sarah AMES	SR	#4 Keene State	<b>2:26.05</b>		<b>4/19</b>
7		AnnMarie LIMBERGER	JR	#1 Southern Maine	<b>2:26.89</b>		4/14
8		Meghan GEORGESCU	JR	#2 Eastern Connect{2}	<b>2:28.67</b>		<b>4/18</b>
9		Meghan PRZYBILLA	FR	#1 Southern Maine {2}	<b>2:29.16</b>		4/14
10		Bryn DICKINSON	SO	#4 Keene State {2}	<b>2:30.01</b>		4/14

## Women's 1500 Meters

1		Haley OLIVER	JR	#5 Rhode Island Co	<b>4:49.61</b>		4/14
2		Anna O'REILLY	JR	#4 Keene State	<b>4:52.17</b>		4/12
3		Sarah AMES	SR	#4 Keene State {2}	<b>4:54.51</b>		4/12
4		Alison LECLERC	SR	#2 Eastern Connect	<b>4:57.41</b>		4/5
5		Emma STEEDMAN	SO	#3 UMass Dartmouth	<b>4:59.47</b>		3/23
6		Gwen CATALANO	SO	#1 Southern Maine	<b>4:59.81</b>		<b>4/19</b>
7		Margaret ST JOHN	SR	#4 Keene State {3}	<b>5:00.05</b>		4/7
8		Emely MELENDEZ	FR	#2 Eastern Connect{2}	<b>5:02.50</b>		<b>4/18</b>
9		Shea ROCHE	JR	#7 UMass Boston	<b>5:02.99</b>		<b>4/18</b>
10		Meghan GEORGESCU	JR	#2 Eastern Connect{3}	<b>5:03.99</b>		3/29

## Women's Steeplechase

1	<b>76</b>	Alison LECLERC	SR	#2 Eastern Connect	<b>11:27.86</b>		4/12
2	<b>93</b>	Emma STEEDMAN	SO	#3 UMass Dartmouth	<b>11:35.10</b>		4/12
3		Bee GREENBERG	SR	#3 UMass Dartmouth{2}	<b>12:28.61</b>		3/29
4		Aurora COUTO	SR	#4 Keene State	<b>12:39.13</b>		3/30
5		Mia SWEENEY	FR	#6 Plymouth State	<b>12:44.82</b>		4/4
6		Kiera WARNER	FR	#2 Eastern Connect{2}	<b>12:49.12</b>		4/5
7		Rita CUMMINGS	FR	#4 Keene State {2}	<b>13:05.52</b>		4/14
8		Alyssa EDGREN	SO	#4 Keene State {3}	<b>13:23.45</b>		4/14
9		Alexia GONSALVES	FR	#3 UMass Dartmouth{3}	<b>13:28.42</b>		4/13
10		Lylah THIBEAULT	FR	#3 UMass Dartmouth{4}	<b>14:51.84</b>		4/13



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



Little East

as of 4/22/2025 12:04:03 AM ET

## Women's 5000 Meters

1	Haley OLIVER	JR	#5 Rhode Island Co	17:45.90	3/22
2	Margaret ST JOHN	SR	#4 Keene State	18:11.78	4/12
3	Alison LECLERC	SR	#2 Eastern Connect	18:21.05	3/29
4	Shea ROCHE	JR	#7 UMass Boston	18:31.92	4/13
5	Kallie WARNER	FR	#4 Keene State {2}	18:33.37	4/12
6	Gwen CATALANO	SO	#1 Southern Maine	18:45.26	4/11
7	Carly ALSTON	SR	#2 Eastern Connect{2}	18:49.72	4/12
8	Emily PHILBROOK	SR	#3 UMass Dartmou	18:55.25	3/29
9	Autumn BOISVERT	SR	#4 Keene State {3}	18:57.19	4/14
10	Sara CHRISTIAN	SR	#4 Keene State {4}	19:18.58	4/7

## Women's 10,000 Meters

1	33 Haley OLIVER	JR	#5 Rhode Island Co	36:40.50	3/29
2	86 Shea ROCHE	JR	#7 UMass Boston	38:26.70	3/29
3	Sara CHRISTIAN	SR	#4 Keene State	39:03.86	4/12
4	Grace COLON	SR	#7 UMass Boston {2}	39:11.19	3/29
5	Emily PHILBROOK	SR	#3 UMass Dartmou	39:12.43	4/12
6	Carly ALSTON	SR	#2 Eastern Connect	40:29.80	3/29
7	Sarah LYNCH	SO	#3 UMass Dartmou{2}	40:30.68	4/12
8	Lucy DEPOLITO	JR	#1 Southern Maine	40:52.61	4/11
9	Bethany DAVIS	JR	#8 Castleton	41:06.12	4/7
10	Bee GREENBERG	SR	#3 UMass Dartmou{3}	41:07.84	4/12

## Women's 4x100 Relay

1	66 Bendu Kamara, Trinity Hayes, Tayshia Cary, Quiana Pezza	#5 Rhode Island Co	48.83	4/18
2	Khalsa Hammith, Mya Austin, Heaven Conley, Janiah Young	#1 Southern Maine	50.21	4/19
3	Caroline Cooper, Drea Defreitas, Keely Giordano, Molly Lu McKellar	#4 Keene State	50.53	4/19
4	Montana Casa, Ani Flynn, Cassidy Hanson, Paige Hurst	#6 Plymouth State	50.65	3/28
5	Belen Bolognani, Saige Kirkland, Jasmine Charlery, Laci Davis	#2 Eastern Connect	51.01	4/12

## Women's 4x400 Relay

1	85 Janiah Young, Heaven Conley, Mya Austin, Alexis Karantza	#1 Southern Maine	4:07.25	4/19
2	Bendu Kamara, Haley Oliver, Lexi Zakrzewski, Trinity Hayes	#5 Rhode Island Co	4:10.32	4/18
3	Saige Kirkland, Jasmine Charlery, Laci Davis, Ashley Gentile	#2 Eastern Connect	4:13.08	4/18
4	Emma Steedman, Julia Latura, Sara Lopez, Anya Aadland	#3 UMass Dartmou	4:22.18	3/29
5	Sofia D'addona, Isabel Costa, Haley Greenwood, Rose Karow	#6 Plymouth State	4:29.24	3/28
6	Molly Lu McKellar, Margaret St John, Rita Cummings, Anna O'Reilly	#4 Keene State	4:36.58	4/7

## Women's High Jump

1	Dorinda OKORJI	SR	#7 UMass Boston	1.56m	5-1¼	3/29
1	Ani FLYNN	FR	#6 Plymouth State	1.56m	5-1¼	4/4
1	Angelina TACCOGNA	FR	#2 Eastern Connect	1.56m	5-1¼	4/18
4	Givanni PERRY	FR	#2 Eastern Connect{2}	1.51m	4-11½	4/5
5	Drea DEFREITAS	FR	#4 Keene State	1.50m	4-11	4/19
5	Autumn GERRY	JR	#1 Southern Maine	1.50m	4-11	4/5
7	Hialeah FOSTER	SO	#7 UMass Boston {2}	1.48m	4-10¼	4/5
7	Molly LU MCKELLAR	JR	#4 Keene State {2}	1.48m	4-10¼	3/28
9	Samantha FENLEY	SO	#1 Southern Maine {2}	1.47m	4-9¾	4/14
10	Isabella TACCOGNA	JR	#3 UMass Dartmou	1.46m	4-9½	3/29
10	Allyse BRIEN	FR	#4 Keene State {3}	1.46m	4-9½	4/7
10	Janiah YOUNG	JR	#1 Southern Maine {3}	1.46m	4-9½	4/19

## Women's Pole Vault

1	24 Natasha FRISCH	JR	#2 Eastern Connect	3.72m	12-2½	3/29
2	93 Riley REITCHEL	JR	#1 Southern Maine	3.35m	10-11¾	4/11
3	Katelyn DENUNZIO	SO	#2 Eastern Connect{2}	2.50m	8-2½	3/29
4	Mackenzie JORGENSEN	SR	#7 UMass Boston	2.35m	7-8½	4/4
5	Adria OTASH	FR	#1 Southern Maine {2}	2.00m	6-6¾	4/11





## Conference TFRI Event Summary



Little East

as of 4/22/2025 12:04:03 AM ET

## Women's Long Jump

1	<b>2</b>	Givanni PERRY	FR	<b>#2</b>	Eastern Connect	<b>6.11mw</b>	20-½ (2.3)	<b>4/18</b>
2		Quiana PEZZA	FR	<b>#5</b>	Rhode Island Co	<b>5.29m</b>	17-4¼ (0.9)	3/22
2		Laci DAVIS	SO	<b>#2</b>	Eastern Connect{2}	<b>5.29m</b>	17-4¼ (0.9)	<b>4/18</b>
4		Angelina TACCOGNA	FR	<b>#2</b>	Eastern Connect{3}	<b>5.08m</b>	16-8 (1.8)	<b>4/18</b>
5		Dorinda OKORJI	SR	<b>#7</b>	UMass Boston	<b>4.98m</b>	16-4¼ (1.5)	3/29
6		Hialeah FOSTER	SO	<b>#7</b>	UMass Boston {2}	<b>4.92m</b>	16-1¾ (1.6)	3/29
7		Drea DEFREITAS	FR	<b>#4</b>	Keene State	<b>4.88m</b>	16-¼ (0.0)	4/7
8		Molly LU MCKELLAR	JR	<b>#4</b>	Keene State {2}	<b>4.85m</b>	15-11 (0.0)	4/7
9		Olivia JALBERT	SR	<b>#1</b>	Southern Maine	<b>4.82m</b>	15-9¾ (-1.0)	4/14
10		Emma COUTUIER	SO	<b>#6</b>	Plymouth State	<b>4.77m</b>	15-7¾ (1.5)	4/4

## Women's Triple Jump

1		Laci DAVIS	SO	<b>#2</b>	Eastern Connect	<b>10.93m</b>	35-10½ (0.0)	<b>4/18</b>
2		Givanni PERRY	FR	<b>#2</b>	Eastern Connect{2}	<b>10.85m</b>	35-7¼ (1.8)	4/12
3		Quiana PEZZA	FR	<b>#5</b>	Rhode Island Co	<b>10.67mw</b>	35-¼ (2.7)	3/22
4		Abigail SEAMAN	FR	<b>#8</b>	Castleton	<b>10.48m</b>	34-4¾ (0.7)	3/28
5		Amara CALHUM- FLOWERS	FR	<b>#1</b>	Southern Maine	<b>10.32mw</b>	33-10¼ (2.9)	4/5
6		Drea DEFREITAS	FR	<b>#4</b>	Keene State	<b>10.25m</b>	33-7½ (0.0)	4/7
7		Isabella TACCOGNA	JR	<b>#3</b>	UMass Dartmouth	<b>9.98m</b>	32-9 (0.2)	4/13
8		Angelina TACCOGNA	FR	<b>#2</b>	Eastern Connect{3}	<b>9.88m</b>	32-5 (-1.3)	3/29
9		Sasha SAINRISTIL	JR	<b>#5</b>	Rhode Island Co{2}	<b>9.50mw</b>	31-2 (4.0)	3/22
10		Adrian CLEMENT	FR	<b>#8</b>	Castleton {2}	<b>9.47m</b>	31-1 (0.0)	3/28

## Women's Shot Put

1	<b>15</b>	Zoe BARNES	SR	<b>#1</b>	Southern Maine	<b>13.49m</b>	44-3¼	4/11
2	<b>65</b>	Kalynn STEVENSON	SO	<b>#8</b>	Castleton	<b>12.57m</b>	41-3	<b>4/19</b>
3	<b>89</b>	Samantha SAINRISTILL	SR	<b>#5</b>	Rhode Island Co	<b>12.25m</b>	40-2¼	4/4
4	<b>92</b>	Jaigan BOUDREAU	SR	<b>#1</b>	Southern Maine {2}	<b>12.24m</b>	40-2	4/11
5		Kate HOCKENBURY	SR	<b>#3</b>	UMass Dartmouth	<b>11.86m</b>	38-11	4/13
6		Molly LU MCKELLAR	JR	<b>#4</b>	Keene State	<b>11.52m</b>	37-9½	3/28
7		Isabell LANFEAR	JR	<b>#8</b>	Castleton {2}	<b>11.36m</b>	37-3¼	4/11
8		Anaka EATON	FR	<b>#2</b>	Eastern Connect	<b>10.95m</b>	35-11¼	<b>4/18</b>
9		Karli MARTIN	SO	<b>#8</b>	Castleton {3}	<b>10.82m</b>	35-6	4/11
10		Olivia SEUTTER	FR	<b>#3</b>	UMass Dartmouth{2}	<b>10.70m</b>	35-1¼	3/23
10		Neisha BOITEUX	SR	<b>#3</b>	UMass Dartmouth{2}	<b>10.70m</b>	35-1¼	<b>4/19</b>

## Women's Discus

1	<b>11</b>	Zoe BARNES	SR	<b>#1</b>	Southern Maine	<b>45.60m</b>	149-7	4/11
2	<b>33</b>	Kalynn STEVENSON	SO	<b>#8</b>	Castleton	<b>42.98m</b>	141-0	4/11
3	<b>91</b>	Jaigan BOUDREAU	SR	<b>#1</b>	Southern Maine {2}	<b>39.67m</b>	130-2	4/14
4		Samantha SAINRISTILL	SR	<b>#5</b>	Rhode Island Co	<b>36.55m</b>	119-11	4/14
5		Neisha BOITEUX	SR	<b>#3</b>	UMass Dartmouth	<b>35.47m</b>	116-5	3/29
6		Izzy GRAY	JR	<b>#1</b>	Southern Maine {3}	<b>33.91m</b>	111-3	<b>4/19</b>
7		Olivia SEUTTER	FR	<b>#3</b>	UMass Dartmouth{2}	<b>33.79m</b>	110-11	<b>4/19</b>
8		Katelyn YERDON	SO	<b>#8</b>	Castleton {2}	<b>33.18m</b>	108-10	4/11
9		Sienna NEWTH	FR	<b>#8</b>	Castleton {3}	<b>32.88m</b>	107-11	4/7
10		Luna PERRY-ST. PETER	JR	<b>#8</b>	Castleton {4}	<b>32.56m</b>	106-10	4/7

## Women's Hammer

1	<b>67</b>	Samantha SAINRISTILL	SR	<b>#5</b>	Rhode Island Co	<b>47.68m</b>	156-5	<b>4/18</b>
2		Libby MCINTYRE	SR	<b>#6</b>	Plymouth State	<b>43.52m</b>	142-10	<b>4/19</b>
3		Anaka EATON	FR	<b>#2</b>	Eastern Connect	<b>43.00m</b>	141-1	<b>4/18</b>
4		Kylie TAYLOR	JR	<b>#6</b>	Plymouth State {2}	<b>42.76m</b>	140-4	4/14
5		Zoe BARNES	SR	<b>#1</b>	Southern Maine	<b>42.37m</b>	139-0	<b>4/19</b>
6		Emily HESKETH	SO	<b>#3</b>	UMass Dartmouth	<b>42.28m</b>	138-9	4/13
7		Taryn REED	FR	<b>#5</b>	Rhode Island Co{2}	<b>41.68m</b>	136-9	4/14
8		Lilly CARSON	JR	<b>#1</b>	Southern Maine {2}	<b>41.32m</b>	135-7	<b>4/19</b>
9		Funmilayo MCCLIN	FR	<b>#5</b>	Rhode Island Co{3}	<b>41.18m</b>	135-1	<b>4/18</b>
10		Mia MEJIA-MAALOUF	SR	<b>#3</b>	UMass Dartmouth{2}	<b>40.88m</b>	134-2	<b>4/19</b>

## Women's Javelin

1	<b>2</b>	Riley REITCHEL	JR	<b>#1</b>	Southern Maine	<b>44.24m</b>	145-2	4/5
2	<b>61</b>	Bethanie JEAN PHILIPPE	SO	<b>#5</b>	Rhode Island Co	<b>37.36m</b>	122-7	<b>4/18</b>
3	<b>97</b>	Isabell LANFEAR	JR	<b>#8</b>	Castleton	<b>35.90m</b>	117-10	4/11
4		Olivia JALBERT	SR	<b>#1</b>	Southern Maine {2}	<b>33.65m</b>	110-5	4/14
5		Luna PERRY-ST. PETER	JR	<b>#8</b>	Castleton {2}	<b>32.96m</b>	108-2	3/28
6		Mia MEJIA-MAALOUF	SR	<b>#3</b>	UMass Dartmouth	<b>32.74m</b>	107-5	<b>4/19</b>
7		Molly LU MCKELLAR	JR	<b>#4</b>	Keene State	<b>31.40m</b>	103-0	3/28
8		Katie LEBLANC	FR	<b>#1</b>	Southern Maine {3}	<b>30.58m</b>	100-4	4/11
9		Kate MALCZYNSKI- GRIFFIN	SO	<b>#2</b>	Eastern Connect	<b>30.39m</b>	99-8½	4/12
10		Kate HOCKENBURY	SR	<b>#3</b>	UMass Dartmouth{2}	<b>28.87m</b>	94-8¾	4/13

## Women's Heptathlon

1	<b>51</b>	Molly LU MCKELLAR	JR	<b>#4</b>	Keene State	<b>3,863</b>		3/28
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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MAC

as of 4/22/2025 12:04:03 AM ET

## Women's 100 Meters

1	21	Mariam KOITA	SO	#2 Widener	11.95	(1.1)	4/14
2	77	Maria MUZZARELLI	SR	#2 Widener {2}	12.26	(1.5)	4/14
3		Brooke SIGNORELLA	FR	#6 DeSales	12.57	(1.7)	4/5
4		Grace KANE	JR	#12 Delaware Valley	12.71	(0.2)	4/19
5		Halle JENNETT	SR	#7 Messiah	12.73	(-0.2)	3/29
6		Ava MATTER	FR	#1 Lebanon Valley	12.78	(-0.7)	3/29
7		Abigail SPRINGER	SR	#5 King's College (F	12.79w	(3.4)	4/14
8		Angela NUSE	SO	#8 York (Pa.)	12.87	(1.0)	4/5
9		Keziah BOYCE	JR	#8 York (Pa.) {2}	12.91	(1.5)	4/12
10		Jayla GORE	JR	#2 Widener {3}	12.99	(0.3)	4/19

## Women's 100 Meter Hurdles

1	60	Cara DOYLE	FR	#4 Misericordia	15.00	(1.2)	4/15
2	84	Kara BROWN	JR	#7 Messiah	15.16	(1.1)	4/12
3	92	Kayla ROBINSON	SO	#2 Widener	15.20	(-0.2)	4/19
4		Victoria ZULTEVICZ	SR	#5 King's College (F	15.37	(-0.7)	3/29
5		Abigail REED	SO	#1 Lebanon Valley	15.56w	(3.0)	4/16
6		Isabella SHANLEY	SO	#3 Stevens	15.58	(1.0)	4/19
7		Am'ya JOHNSON	FR	#9 Eastern (Pa.)	15.65	(0.7)	4/19
8		Mikayla MITCHELL	SO	#1 Lebanon Valley {2}	15.81	(-0.1)	3/29
9		Zahara SIMMONS	FR	#2 Widener {2}	15.83	(0.1)	4/19
10		Caitlin STERNBERG	SR	#11 Alvernia	15.86w	(3.0)	4/16

## Women's 200 Meters

1	19	Mariam KOITA	SO	#2 Widener	24.51	(1.1)	4/14
2	82	Kayla ROBINSON	SO	#2 Widener {2}	25.13	(-0.4)	3/29
3		Maria MUZZARELLI	SR	#2 Widener {3}	25.29	(-0.6)	3/29
4		Isabella SHANLEY	SO	#3 Stevens	25.78c	(26.18) (-1.1)	4/19
5		Grace KANE	JR	#12 Delaware Valley	26.06	(0.4)	4/19
6		Ava MATTER	FR	#1 Lebanon Valley	26.08	(-1.1)	3/29
7		Keziah BOYCE	JR	#8 York (Pa.)	26.19	(-0.1)	4/16
8		Abigail SPRINGER	SR	#5 King's College (F	26.32	(1.8)	4/14
9		Bianca BURKE	JR	#15 FDU Florham	26.37	(1.9)	4/18
10		Gianna IGLESIAS	SR	#4 Misericordia	26.42	(1.8)	4/15

## Women's 400 Meters

1	99	Isabella SHANLEY	SO	#3 Stevens	58.29		3/29
2		Mariam KOITA	SO	#2 Widener	58.51		4/19
3		Ava BUTCHER	SO	#5 King's College (F	59.16		3/29
4		Payton MANN	SR	#8 York (Pa.)	59.29		3/29
5		Emma SCHULTZ	SR	#2 Widener {2}	59.92		4/19
6		Halle JENNETT	SR	#7 Messiah	1:00.08		4/19
7		Lindsay BEDNAREK	JR	#6 DeSales	1:00.42		4/5
8		Emily KREVEY	FR	#4 Misericordia	1:00.64		4/14
9		Bianca BURKE	JR	#15 FDU Florham	1:00.94		3/29
10		Anahrie ANDERSON	SO	#9 Eastern (Pa.)	1:00.98		4/5

## Women's 400 Meter Hurdles

1	44	Payton MANN	SR	#8 York (Pa.)	1:04.41		4/16
2	52	Lauren ALLEY	FR	#3 Stevens	1:04.78		4/19
3	86	Cara DOYLE	FR	#4 Misericordia	1:05.95		3/29
4	96	Anya SADOWSKI	FR	#3 Stevens {2}	1:06.33		4/19
5		Isabella SHANLEY	SO	#3 Stevens {3}	1:06.55		4/5
6		Anahrie ANDERSON	SO	#9 Eastern (Pa.)	1:06.79		4/19
7		Clara BENNER	JR	#7 Messiah	1:07.07		3/29
8		Abigail REED	SO	#1 Lebanon Valley	1:07.09		3/29
9		Elise DANIEL	SR	#2 Widener	1:08.59		4/5
10		Mikayla MITCHELL	SO	#1 Lebanon Valley {2}	1:08.66		3/29

## Women's 800 Meters

1	21	Hailey SHREFFLER	SR	#9 Eastern (Pa.)	2:12.34		4/19
2	47	Grace MORNINGSTAR	SO	#4 Misericordia	2:14.63		4/14
3	75	Gabriella NYE	JR	#2 Widener	2:16.60		4/19
4	80	Kay WISCOUNT	FR	#6 DeSales	2:16.73		3/29
5		Autumn GARGES	JR	#1 Lebanon Valley	2:17.88		3/29
6		Elana PINEDA	FR	#7 Messiah	2:20.13		4/12
7		Madison KAMMER	JR	#4 Misericordia {2}	2:22.18		3/22
8		Kathryn LONG	JR	#2 Widener {2}	2:22.74		4/19
9		Isabel VOGEL	JR	#3 Stevens	2:22.76		4/19
10		Kerrigan LEBO	JR	#7 Messiah {2}	2:22.79		3/29

## Women's 1500 Meters

1	34	Gabriella NYE	JR	#2 Widener	4:34.09		4/19
2	56	Hailey SHREFFLER	SR	#9 Eastern (Pa.)	4:37.89		4/14
3		Madison KAMMER	JR	#4 Misericordia	4:42.25		3/29
4		Brianna WAGNER	SR	#4 Misericordia {2}	4:43.97		4/4
5		Kathryn LONG	JR	#2 Widener {2}	4:47.47		4/19
6		Isabella GABAY	FR	#3 Stevens	4:48.02		3/29
7		Autumn GARGES	JR	#1 Lebanon Valley	4:48.28		4/14
8		Kyrianna NEMITZ	SO	#1 Lebanon Valley {2}	4:48.40		4/14
9		Jaden SWEELY	JR	#2 Widener {3}	4:49.28		4/19
10		Sierra KAPCSOS	JR	#1 Lebanon Valley {3}	4:50.53		4/14

## Women's Steeplechase

1	31	Coyla BARTHOLOMEW	JR	#1 Lebanon Valley	11:12.66		4/14
2	89	Teddi POWELL	SR	#7 Messiah	11:34.04		4/12
3	99	Kaitlyn ADAMS	SO	#3 Stevens	11:36.25		4/19
4		Haley ESTUS	SR	#6 DeSales	11:41.54		4/5
5		Lindsay FRY	SR	#8 York (Pa.)	11:44.10		3/29
6		Julia WADE	FR	#9 Eastern (Pa.)	11:59.76		4/5
7		Tia LEISTER	SO	#10 Arcadia	12:07.45		4/19
8		Liz EGAN	SR	#2 Widener	12:23.04		4/14
9		Shannon PFEIFER	SO	#2 Widener {2}	12:30.17		4/12
10		Jacqueline LULAJ	SR	#3 Stevens {2}	12:46.52		4/5



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## Women's 5000 Meters

1	17	Gabriella NYE	JR	#2 Widener	16:48.07	4/14
2	55	Brianna WAGNER	SR	#4 Misericordia	17:19.39	4/14
3	72	Grace GALLAGHER	JR	#4 Misericordia {2}	17:27.09	3/29
4		Kyrianna NEMITZ	SO	#1 Lebanon Valley	17:35.42	3/29
5		Hailey SHREFFLER	SR	#9 Eastern (Pa.)	17:39.90	3/29
6		Kathryn LONG	JR	#2 Widener {2}	17:41.39	4/14
7		Autumn GARGES	JR	#1 Lebanon Valley {2}	17:45.61	4/19
8		Coyla BARTHOLOMEW	JR	#1 Lebanon Valley {3}	17:57.30	4/19
9		Haley ESTUS	SR	#6 DeSales	17:59.28	3/29
10		Madison KAMMER	JR	#4 Misericordia {3}	18:03.12	3/22

## Women's 10,000 Meters

1	19	Grace GALLAGHER	JR	#4 Misericordia	35:48.70	4/14
2	40	Ellie KOZICH	FR	#6 DeSales	36:56.42	3/29
3	47	Coyla BARTHOLOMEW	JR	#1 Lebanon Valley	37:24.84	3/29
4	49	April BROWNE	SR	#10 Arcadia	37:26.08	3/29
5	55	Kathryn LONG	JR	#2 Widener	37:35.15	3/29
6	60	Aylene NOY	JR	#13 Hood	37:45.15	4/12
7		Ella SWAYNE	SO	#7 Messiah	38:47.44	3/29
8		Rachel ULRICH	JR	#4 Misericordia {2}	39:46.23	3/22
9		Fionna FEERICK	SR	#3 Stevens	40:21.93	3/29
10		Charlee KURTZ	SO	#1 Lebanon Valley {2}	40:30.06	3/29

## Women's 4x100 Relay

1	51	#Type!	#2 Widener	48.28	4/5
2		#Type!	#1 Lebanon Valley	49.92	4/5
3		#Type!	#10 Arcadia	50.81	4/19
4		#Type!	#9 Eastern (Pa.)	50.89	3/29
5		#Type!	#8 York (Pa.)	51.17	4/5
6		#Type!	#6 DeSales	51.20	3/29
7		Stephanie Ryazanova, Isabella Shanley, Anya Sadowski, Lauren Alley	#3 Stevens	51.59	4/19
8		Elizabeth Schwarz, Giovanni Gibson, Britney Anyia, Caitlin Sternberg	#11 Alvernia	53.16	4/16
9		Becca Hairston, Dallas Fowler, Sarah Kroedel, Kaitlyn Hess	#14 Stevenson	53.22	4/16

## Women's 4x400 Relay

1	97	#Type!	#2 Widener	4:08.74	4/19
2		Emily Krevey, Cara Doyle, Grace Morningstar, Mary Grasso	#4 Misericordia	4:09.67	4/4
3		#Type!	#9 Eastern (Pa.)	4:11.47	4/19
4		Darrian Berkheimer, Ava Matter, Abigail Reed, Mileyska Calderon	#1 Lebanon Valley	4:11.99	4/16
5		#Type!	#6 DeSales	4:14.27	3/29
6		#Type!	#7 Messiah	4:16.19	4/5
7		#Type!	#3 Stevens	4:16.25	4/19
8		Caitlin Sternberg, Paige Jerrahian, Rosnelly Sanchez, Adelina Gularte	#11 Alvernia	4:20.47	4/16
9		Samantha Adams, Julia Johnson, Lindsey Eyer, Ava Butcher	#5 King's College (F	4:21.74	4/4
10		#Type!	#10 Arcadia	4:21.86	3/29

## Women's High Jump

1	10	Caroline TIGHE	SR	#3 Stevens	1.66m	5-5¼	3/29
2	35	Madison ARMITAGE	SR	#5 King's College (F	1.62m	5-3¾	4/4
3	50	Maggie PREVIGLIAN	JR	#3 Stevens {2}	1.60m	5-3	4/5
4		Allie CANCIANI	SR	#3 Stevens {3}	1.57m	5-1¾	4/5
5		Anna SAWICKI	FR	#1 Lebanon Valley	1.56m	5-1¼	4/12
6		Britney ANYIA	FR	#11 Alvernia	1.55m	5-1	4/16
6		Kara BROWN	JR	#7 Messiah	1.55m	5-1	4/16
6		Melena KOUTCH	SR	#1 Lebanon Valley {2}	1.55m	5-1	3/29
9		Maya LAPINSKI	SO	#3 Stevens {4}	1.53m	5-¼	4/19
10		Brooke SIGMORELLA	FR	#6 DeSales	1.52m	4-11¾	3/22

## Women's Pole Vault

1	25	Hannah WITTER	SR	#7 Messiah	3.70m	12-1½	4/16
2	76	Alita PARAGON	FR	#8 York (Pa.)	3.41m	11-2¼	4/12
3		Rachel SNAVELY	JR	#1 Lebanon Valley	3.20m	10-6	3/23
3		Alexis MEROLA	JR	#3 Stevens	3.20m	10-6	4/19
5		Emily ORIEL	JR	#1 Lebanon Valley {2}	3.11m	10-2½	4/12
6		Victoria ZULTEVICZ	SR	#5 King's College (F	3.05m	10-0	3/29
6		Luisanna POLANCO	SO	#1 Lebanon Valley {3}	3.05m	10-0	3/29
8		Emma MELE	SR	#6 DeSales	2.90m	9-6¼	3/22
8		Emma EVANS	FR	#1 Lebanon Valley {4}	2.90m	9-6¼	3/29
10		Madelyn NEUTZEL	JR	#8 York (Pa.) {2}	2.85m	9-4¼	4/16



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## Women's Long Jump

1	<b>14</b>	Kayla ROBINSON	SO	<b>#2</b>	Widener	<b>5.80m</b>	19-½ (0.0)	<b>4/19</b>
2	<b>54</b>	Britney ANYIA	FR	<b>#11</b>	Alvernia	<b>5.51m</b>	18-1 (0.4)	4/12
3		Brooke SIGMORELLA	FR	<b>#6</b>	DeSales	<b>5.29m</b>	17-4¼ (0.0)	3/29
4		Natasha MIHALKO	SR	<b>#4</b>	Misericordia	<b>5.19mw</b>	17-½ (2.5)	4/15
5		Chloe GRADY	SO	<b>#1</b>	Lebanon Valley	<b>5.10m</b>	16-8¾ (0.0)	3/29
6		Melissa PELLER	SR	<b>#6</b>	DeSales	<b>{2} 5.09m</b>	16-8½ (0.0)	4/15
7		Kaitlyn HESS	JR	<b>#14</b>	Stevenson	<b>5.07m</b>	16-7¾ (-2.8)	<b>4/16</b>
8		Omotola OYINKOLADE	FR	<b>#1</b>	Lebanon Valley	<b>{2} 5.06m</b>	16-7¼ (0.0)	3/29
8		Catherine CRAMPTON	SO	<b>#6</b>	DeSales	<b>{3} 5.06m</b>	16-7¼ (0.0)	3/29
10		Emma RIBEIRO	FR	<b>#6</b>	DeSales	<b>{4} 5.05m</b>	16-7 (0.0)	3/29

## Women's Triple Jump

1	<b>6</b>	Kayla ROBINSON	SO	<b>#2</b>	Widener	<b>12.10m</b>	39-8½ (-0.4)	4/14
2	<b>43</b>	Mia FLEMING	SO	<b>#10</b>	Arcadia	<b>11.39m</b>	37-4½ (0.0)	3/28
3		Brooke SIGMORELLA	FR	<b>#6</b>	DeSales	<b>10.91mw</b>	35-9½ (3.1)	4/12
4		Natasha MIHALKO	SR	<b>#4</b>	Misericordia	<b>10.67m</b>	35-¼ (0.0)	4/4
5		Catherine CRAMPTON	SO	<b>#6</b>	DeSales	<b>{2} 10.66m</b>	34-11¾ (-1.)	4/5
6		Kaitlyn HESS	JR	<b>#14</b>	Stevenson	<b>10.51mw</b>	34-5¾ (2.7)	<b>4/19</b>
7		Chloe GRADY	SO	<b>#1</b>	Lebanon Valley	<b>10.41m</b>	34-2 (1.3)	4/5
8		Hailey MYERS	FR	<b>#1</b>	Lebanon Valley	<b>{2} 10.40m</b>	34-1½ (0.0)	4/12
9		Omotola OYINKOLADE	FR	<b>#1</b>	Lebanon Valley	<b>{3} 10.21m</b>	33-6 (-2.2)	<b>4/16</b>
10		Megan AARON	JR	<b>#4</b>	Misericordia	<b>{2} 10.04m</b>	32-11¼ (0.2)	4/4

## Women's Shot Put

1	<b>31</b>	Brandy VARNER	JR	<b>#5</b>	King's College (F	<b>12.90m</b>	42-4	4/4
2	<b>75</b>	Donya BAXTER	JR	<b>#10</b>	Arcadia	<b>12.44m</b>	40-9¾	<b>4/19</b>
3	<b>93</b>	Meghan KREINBERG	FR	<b>#15</b>	FDU Florham	<b>12.23m</b>	40-1½	<b>4/18</b>
4		Savana DODD	SO	<b>#9</b>	Eastern (Pa.)	<b>12.08m</b>	39-7¾	3/22
5		Caitlin KIRK	SO	<b>#5</b>	King's College (F{2}	<b>11.80m</b>	38-8¾	4/4
6		Seanna ROBINSON	FR	<b>#10</b>	Arcadia	<b>{2} 11.56m</b>	37-11¼	<b>4/19</b>
7		Anna SAWICKI	FR	<b>#1</b>	Lebanon Valley	<b>11.25m</b>	36-11	<b>4/16</b>
8		Kayla ROBINSON	SO	<b>#2</b>	Widener	<b>11.06m</b>	36-3½	<b>4/19</b>
9		Delaney HILFERTY	SR	<b>#5</b>	King's College (F{3}	<b>11.02m</b>	36-2	4/4
10		Leah FERSTER	SR	<b>#7</b>	Messiah	<b>10.92m</b>	35-10	4/12

## Women's Discus

1	<b>42</b>	Brandy VARNER	JR	<b>#5</b>	King's College (F	<b>42.26m</b>	138-8	4/14
2	<b>81</b>	Alyssa BETZ	SR	<b>#1</b>	Lebanon Valley	<b>40.07m</b>	131-6	4/5
3	<b>82</b>	Adeline KRAICS	FR	<b>#2</b>	Widener	<b>40.05m</b>	131-5	<b>4/19</b>
4	<b>92</b>	Ashley MULIAWAN	SR	<b>#3</b>	Stevens	<b>39.64m</b>	130-1	4/5
5	<b>95</b>	Sofia HARNOIS	JR	<b>#8</b>	York (Pa.)	<b>39.59m</b>	129-11	4/14
6		Sadie FENSTERMAKER	FR	<b>#6</b>	DeSales	<b>36.97m</b>	121-4	4/5
7		Delaney HILFERTY	SR	<b>#5</b>	King's College (F{2}	<b>36.66m</b>	120-4	4/4
8		Donya BAXTER	JR	<b>#10</b>	Arcadia	<b>35.78m</b>	117-5	3/23
9		Anacarolina VENTURA	SO	<b>#3</b>	Stevens	<b>{2} 35.69m</b>	117-1	3/29
10		Sophia LUKOWSKI	SO	<b>#5</b>	King's College (F{3}	<b>35.65m</b>	117-0	4/4

## Women's Hammer

1	<b>34</b>	Katelyn SHOEMAKER	JR	<b>#5</b>	King's College (F	<b>50.10m</b>	164-5	3/29
2	<b>44</b>	Isabel RODRIGUEZ	JR	<b>#2</b>	Widener	<b>49.67m</b>	163-0	4/4
3	<b>64</b>	Caitlin KIRK	SO	<b>#5</b>	King's College (F{2}	<b>48.02m</b>	157-7	3/29
4		Delaney HILFERTY	SR	<b>#5</b>	King's College (F{3}	<b>45.37m</b>	148-10	4/15
5		Anna BELLUCCI	SR	<b>#5</b>	King's College (F{4}	<b>44.34m</b>	145-6	4/4
6		Taileen ZECHMAN	SR	<b>#13</b>	Hood	<b>43.61m</b>	143-1	<b>4/19</b>
7		Lauren ASSANTE	SR	<b>#1</b>	Lebanon Valley	<b>43.27m</b>	142-0	<b>4/16</b>
8		Hailey SHERWOOD	SO	<b>#8</b>	York (Pa.)	<b>42.95m</b>	140-11	4/12
9		Sofia HARNOIS	JR	<b>#8</b>	York (Pa.)	<b>{2} 42.07m</b>	138-0	3/29
10		Savana DODD	SO	<b>#9</b>	Eastern (Pa.)	<b>41.81m</b>	137-2	<b>4/19</b>

## Women's Javelin

1	<b>64</b>	Kaitlyn SNYDER	JR	<b>#1</b>	Lebanon Valley	<b>37.21m</b>	122-1	<b>4/16</b>
2	<b>66</b>	Taileen ZECHMAN	SR	<b>#13</b>	Hood	<b>37.12m</b>	121-10	3/29
3	<b>72</b>	Isabella LESKO	JR	<b>#11</b>	Alvernia	<b>36.84m</b>	120-11	3/29
4	<b>75</b>	Elle HADDON	SO	<b>#16</b>	Albright	<b>36.73m</b>	120-6	<b>4/18</b>
5	<b>81</b>	Josephine CONNOLLY	FR	<b>#1</b>	Lebanon Valley	<b>{2} 36.52m</b>	119-10	3/29
6		Adeline KRAICS	FR	<b>#2</b>	Widener	<b>35.14m</b>	115-4	<b>4/19</b>
7		Anna SAWICKI	FR	<b>#1</b>	Lebanon Valley	<b>{3} 34.38m</b>	112-10	4/5
8		Katelyn SHOEMAKER	JR	<b>#5</b>	King's College (F	<b>33.92m</b>	111-4	4/15
9		Morgan STOVER	JR	<b>#4</b>	Misericordia	<b>33.36m</b>	109-6	4/12
10		Zoe MYERS	SR	<b>#8</b>	York (Pa.)	<b>33.10m</b>	108-7	<b>4/16</b>

## Women's Heptathlon

1	<b>55</b>	Isabella SHANLEY	SO	<b>#3</b>	Stevens	<b>3,807</b>	4/12
2		Stephanie RYAZANOVA	JR	<b>#3</b>	Stevens	<b>{2} 2,926</b>	4/12
3		Janitza HERNANDEZ-ALBINO	SO	<b>#9</b>	Eastern (Pa.)	<b>2,797</b>	4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



MASCAC

as of 4/22/2025 12:04:04 AM ET

## Women's 100 Meters

1	<b>71</b>	Alison MCDONOUGH	SR	<b>#4</b>	Bridgewater Sta	<b>12.24</b>	(1.2)	4/11
2	<b>78</b>	Kiara ABRANTES	SR	<b>#4</b>	Bridgewater Sta{2}	<b>12.27</b>	(1.6)	<b>4/19</b>
2	<b>78</b>	Grace INACIO	FR	<b>#4</b>	Bridgewater Sta{2}	<b>12.27w</b>	(2.6)	<b>4/19</b>
4		Jailene ESCALERA	SR	<b>#4</b>	Bridgewater Sta{4}	<b>12.42</b>	(1.5)	<b>4/19</b>
5		Delaney PARKER	SR	<b>#1</b>	Westfield State	<b>12.58w</b>	(2.2)	<b>4/19</b>
6		Ciara ADU-ADDIO	SO	<b>#2</b>	Worcester State	<b>12.91</b>	(0.2)	4/4
7		Alexis STRONG	SO	<b>#2</b>	Worcester State {2}	<b>12.97</b>	(-0.3)	<b>4/18</b>
8		Eliza LEE	JR	<b>#1</b>	Westfield State {2}	<b>13.32w</b>	(2.3)	3/29
9		Natalie GRIMALDO	JR	<b>#3</b>	Framingham Sta	<b>13.39</b>	(-0.2)	<b>4/18</b>
10		Emily BODWELL	FR	<b>#2</b>	Worcester State {3}	<b>13.44</b>	(-1.0)	<b>4/18</b>

## Women's 100 Meter Hurdles

1	<b>21</b>	Alison MCDONOUGH	SR	<b>#4</b>	Bridgewater Sta	<b>14.39</b>	(1.8)	<b>4/19</b>
2		Devin WHALEN	SO	<b>#1</b>	Westfield State	<b>16.05</b>	(1.7)	<b>4/19</b>
3		Paola QUINONES RAMOS	FR	<b>#1</b>	Westfield State {2}	<b>16.63</b>	(0.4)	3/23
4		Eliza LEE	JR	<b>#1</b>	Westfield State {3}	<b>17.46</b>	(0.8)	3/29
5		Lauren CONDIKE	SO	<b>#2</b>	Worcester State	<b>17.59</b>	(0.1)	4/4
6		Aria DICATO	SO	<b>#5</b>	Fitchburg State	<b>17.98</b>	(1.2)	<b>4/19</b>
7		Alex LAPOINTE	FR	<b>#2</b>	Worcester State {2}	<b>18.53</b>	(-0.2)	<b>4/18</b>
8		Madison ROOT	FR	<b>#4</b>	Bridgewater Sta{2}	<b>18.64</b>	(0.8)	4/11
9		Kaylynn BAUMGARD	FR	<b>#1</b>	Westfield State {4}	<b>18.85</b>	(2.0)	3/23
10		Jamie MONIZ	SO	<b>#3</b>	Framingham Sta	<b>19.94</b>	(1.3)	4/14

## Women's 200 Meters

1	<b>46</b>	Kiara ABRANTES	SR	<b>#4</b>	Bridgewater Sta	<b>24.83w</b>	(2.7)	4/11
2		Grace INACIO	FR	<b>#4</b>	Bridgewater Sta{2}	<b>25.34w</b>	(2.7)	4/11
3		Jailene ESCALERA	SR	<b>#4</b>	Bridgewater Sta{3}	<b>26.04</b>	(-0.4)	3/28
4		Delaney PARKER	SR	<b>#1</b>	Westfield State	<b>26.39w</b>	(3.7)	<b>4/19</b>
5		Ciara ADU-ADDIO	SO	<b>#2</b>	Worcester State	<b>27.11</b>	(-0.4)	3/29
6		Alexis STRONG	SO	<b>#2</b>	Worcester State {2}	<b>27.14w</b>	(2.5)	4/11
7		Caroline GILSON	SR	<b>#2</b>	Worcester State {3}	<b>27.31</b>	(-0.3)	<b>4/18</b>
8		Eliza LEE	JR	<b>#1</b>	Westfield State {2}	<b>27.36</b>	(-1.7)	3/29
9		Jailene FELIX	FR	<b>#1</b>	Westfield State {3}	<b>27.39</b>	(2.0)	<b>4/19</b>
10		Natalie GRIMALDO	JR	<b>#3</b>	Framingham Sta	<b>27.69</b>	(-0.3)	<b>4/18</b>

## Women's 400 Meters

1	<b>13</b>	Kiara ABRANTES	SR	<b>#4</b>	Bridgewater Sta	<b>55.70</b>		<b>4/19</b>
2		Eliza LEE	JR	<b>#1</b>	Westfield State	<b>59.23</b>		3/23
3		Jailene FELIX	FR	<b>#1</b>	Westfield State {2}	<b>1:00.52</b>		<b>4/19</b>
4		Jailene ESCALERA	SR	<b>#4</b>	Bridgewater Sta{2}	<b>1:01.44</b>		4/5
5		Caroline GILSON	SR	<b>#2</b>	Worcester State	<b>1:01.71</b>		4/4
6		Natalie GRIMALDO	JR	<b>#3</b>	Framingham Sta	<b>1:03.03</b>		4/14
7		Grace INACIO	FR	<b>#4</b>	Bridgewater Sta{3}	<b>1:03.94</b>		4/5
8		Stella D'AMBROSIO	FR	<b>#3</b>	Framingham Sta{2}	<b>1:04.27</b>		4/14
9		Cassie TOTH	SO	<b>#3</b>	Framingham Sta{3}	<b>1:04.41</b>		4/4
10		Jordan KOSAKOWSKI	FR	<b>#4</b>	Bridgewater Sta{4}	<b>1:04.92</b>		4/5

## Women's 400 Meter Hurdles

1		Eliza LEE	JR	<b>#1</b>	Westfield State	<b>1:07.25</b>		<b>4/19</b>
2		Bella GROVER	FR	<b>#4</b>	Bridgewater Sta	<b>1:08.83</b>		4/11
3		Devin WHALEN	SO	<b>#1</b>	Westfield State {2}	<b>1:09.15</b>		<b>4/19</b>
4		Natalie GRIMALDO	JR	<b>#3</b>	Framingham Sta	<b>1:11.08</b>		4/4
5		Paola QUINONES RAMOS	FR	<b>#1</b>	Westfield State {3}	<b>1:12.21</b>		3/23
6		Jamie MONIZ	SO	<b>#3</b>	Framingham Sta{2}	<b>1:12.58</b>		<b>4/18</b>
7		Aria DICATO	SO	<b>#5</b>	Fitchburg State	<b>1:15.91</b>		<b>4/19</b>
8		Faith MCCORMACK	FR	<b>#1</b>	Westfield State {4}	<b>1:26.66</b>		4/5

## Women's 800 Meters

1		Olivia DOWNIN	FR	<b>#4</b>	Bridgewater Sta	<b>2:26.97</b>		<b>4/19</b>
2		Reese STEVENS	FR	<b>#1</b>	Westfield State	<b>2:27.57</b>		4/13
3		Molly KENNEDY	SR	<b>#1</b>	Westfield State {2}	<b>2:28.52</b>		<b>4/19</b>
4		Brynne LECOURS	JR	<b>#1</b>	Westfield State {3}	<b>2:29.12</b>		4/13
5		Bridget O'MALLEY	JR	<b>#2</b>	Worcester State	<b>2:30.11</b>		4/4
6		Meghan JOHNSTON	JR	<b>#3</b>	Framingham Sta	<b>2:31.88</b>		4/4
7		Tealei CHANDONNET	JR	<b>#1</b>	Westfield State {4}	<b>2:34.21</b>		3/29
8		Justinne QUINANOLA	SO	<b>#3</b>	Framingham Sta{2}	<b>2:38.35</b>		4/14
9		Cassie TOTH	SO	<b>#3</b>	Framingham Sta{3}	<b>2:40.19</b>		<b>4/18</b>
10		Rayna CONSIGLIO	SR	<b>#1</b>	Westfield State {5}	<b>2:40.43</b>		3/23

## Women's 1500 Meters

1		Naomi CASS	JR	<b>#4</b>	Bridgewater Sta	<b>4:52.42</b>		4/5
2		Tealei CHANDONNET	JR	<b>#1</b>	Westfield State	<b>4:56.58</b>		3/23
3		Reese STEVENS	FR	<b>#1</b>	Westfield State {2}	<b>4:58.82</b>		3/29
4		Shea HAMEL	JR	<b>#1</b>	Westfield State {3}	<b>5:02.01</b>		3/29
5		Julianne KELLY	JR	<b>#1</b>	Westfield State {4}	<b>5:04.31</b>		<b>4/19</b>
6		Brynne LECOURS	JR	<b>#1</b>	Westfield State {5}	<b>5:09.38</b>		4/5
7		Meghan JOHNSTON	JR	<b>#3</b>	Framingham Sta	<b>5:09.97</b>		4/14
8		Olivia DOWNIN	FR	<b>#4</b>	Bridgewater Sta{2}	<b>5:11.29</b>		4/5
9		Kate BROWN	SR	<b>#4</b>	Bridgewater Sta{3}	<b>5:13.13</b>		<b>4/19</b>
10		Skye GOBA	JR	<b>#5</b>	Fitchburg State	<b>5:13.64</b>		4/5

## Women's Steeplechase

1		Julianne KELLY	JR	<b>#1</b>	Westfield State	<b>12:01.61</b>		4/12
2		Leah BERG	JR	<b>#2</b>	Worcester State	<b>13:05.29</b>		4/11
3		Grace AVERY	FR	<b>#3</b>	Framingham Sta	<b>13:05.53</b>		4/14
4		Lorelei LEE	SO	<b>#6</b>	Massachusetts N	<b>13:43.14</b>		4/5
5		Sarah CAMPBELL	JR	<b>#3</b>	Framingham Sta{2}	<b>13:59.94</b>		4/4
6		Cassandra DIRSA	FR	<b>#2</b>	Worcester State {2}	<b>14:15.85</b>		4/4

## Women's 5000 Meters

1		Naomi CASS	JR	<b>#4</b>	Bridgewater Sta	<b>17:42.76</b>		3/28
2		Tealei CHANDONNET	JR	<b>#1</b>	Westfield State	<b>18:18.44</b>		4/5
3		Kate BUBAN	SO	<b>#3</b>	Framingham Sta	<b>18:39.93</b>		4/14
4		Shea HAMEL	JR	<b>#1</b>	Westfield State {2}	<b>18:42.50</b>		4/5
5		Julianne KELLY	JR	<b>#1</b>	Westfield State {3}	<b>18:50.26</b>		4/5
6		Reese STEVENS	FR	<b>#1</b>	Westfield State {4}	<b>19:29.59</b>		4/13
7		Lily VALCOVIC	SR	<b>#4</b>	Bridgewater Sta{2}	<b>19:30.28</b>		3/29
8		Brynne LECOURS	JR	<b>#1</b>	Westfield State {5}	<b>19:34.04</b>		4/5
9		Skye GOBA	JR	<b>#5</b>	Fitchburg State	<b>19:42.98</b>		4/5
10		Molly KENNEDY	SR	<b>#1</b>	Westfield State {6}	<b>19:46.44</b>		4/5



## Conference TFRI Event Summary



MASCAC

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## Women's 10,000 Meters

1	25	Naomi CASS	JR	#4 Bridgewater Sta	36:11.08	4/12
2		Kate BUBAN	SO	#3 Framingham Sta	39:38.17	3/29
3		Julianne KELLY	JR	#1 Westfield State	39:43.03	3/23
4		Skye GOBA	JR	#5 Fitchburg State	40:41.95	4/12
5		Rebecca PATEL	SR	#1 Westfield State {2}	41:09.19	3/23
6		Kelsey GENDREAU	JR	#2 Worcester State	46:17.01	3/29

## Women's 4x100 Relay

1		Devin Whalen, Eliza Lee, Jailene Felix, Delaney Parker	#1 Westfield State	49.92	4/19
2		Ciara Adu-addo, Arianna Farrell, Caroline Gilson, Alexis Strong	#2 Worcester State	51.72	4/4
3		Maribelis Alcantara, Arie yana Robinson, Alanis Velez, Trishannah Scott	#5 Fitchburg State	53.36	4/19
4		Stella D'Ambrosio, Lydia Marunowski, Natalie Grimaldo, Megan McAuliffe	#3 Framingham Sta	54.31	4/18

## Women's 4x400 Relay

1		Stella D'Ambrosio, Meghan Johnston, Natalie Grimaldo, Cassie Toth	#3 Framingham Sta	4:26.03	4/14
2		Leah Berg, Erin Condon, Caroline Gilson, Mia Guinto	#2 Worcester State	4:40.52	4/18

## Women's High Jump

1	4	Serenity SANDS	SR	#4 Bridgewater Sta	1.69m	5-6½	4/11
2		Bella GROVER	FR	#4 Bridgewater Sta {2}	1.57m	5-1¾	4/5
3		Juliana PATRONE	SR	#4 Bridgewater Sta {3}	1.56m	5-1¼	3/29
4		Alex LAPOINTE	FR	#2 Worcester State	1.46m	4-9½	4/18
4		Chloe DAVIES	FR	#4 Bridgewater Sta {4}	1.46m	4-9½	4/11
6		Emily OTTOMANIELLO	JR	#1 Westfield State	1.43m	4-8¼	3/23
7		Jamie MONIZ	SO	#3 Framingham Sta	1.42m	4-7¾	4/14
8		Lauren CONDIKE	SO	#2 Worcester State {2}	1.41m	4-7½	3/29

## Women's Pole Vault

1		Emily OTTOMANIELLO	JR	#1 Westfield State	2.50m	8-2½	4/19
2		Erin JACOBSON	JR	#1 Westfield State {2}	2.29m	7-6	4/13

## Women's Long Jump

1	53	Eliza LEE	JR	#1 Westfield State	5.52m	18-1½ (0.0)	4/19
2	54	Ciara ADU-ADDO	SO	#2 Worcester State	5.51mw	18-1 (2.2)	4/4
3		Trishannah SCOTT	JR	#5 Fitchburg State	5.23m	17-2 (2.0)	4/19
4		Alexis STRONG	SO	#2 Worcester State {2}	5.13m	16-10 (-0.4)	4/4
5		Emily OTTOMANIELLO	JR	#1 Westfield State {2}	4.77m	15-7¼ (0.2)	3/29
6		Delaney PARKER	SR	#1 Westfield State {3}	4.73m	15-6¼ (1.9)	4/5
7		Alison MCDONOUGH	SR	#4 Bridgewater Sta	4.61m	15-1½ (0.4)	4/19
8		Bridgette BORIOLO	JR	#6 Massachusetts N	4.54m	14-10¾ (0.0)	4/5
9		Alanis VELEZ	JR	#5 Fitchburg State {2}	4.45m	14-7¼ (0.3)	4/5
10		Jamie MONIZ	SO	#3 Framingham Sta	4.44m	14-6¾ (1.0)	4/4

## Women's Triple Jump

1	25	Eliza LEE	JR	#1 Westfield State	11.57mw	37-11½ (4.0)	4/19
2	60	Trishannah SCOTT	JR	#5 Fitchburg State	11.20m	36-9 (0.7)	4/19
3		Emily BODWELL	FR	#2 Worcester State	9.82m	32-2¾ (1.1)	4/4
4		Jamie MONIZ	SO	#3 Framingham Sta	9.81mw	32-2¼ (2.8)	4/4
5		Bridgette BORIOLO	JR	#6 Massachusetts N	9.77m	32-¾ (0.0)	4/5
6		Emily OTTOMANIELLO	JR	#1 Westfield State {2}	9.74m	31-11½ (0.0)	4/13
7		Lydia MARUNOWSKI	JR	#3 Framingham Sta {2}	9.55m	31-4 (0.0)	4/14
8		Delaney PARKER	SR	#1 Westfield State {3}	9.22m	30-3 (0.4)	3/29
9		Lauren CONDIKE	SO	#2 Worcester State {2}	8.93m	29-3¾ (0.2)	3/29

## Women's Shot Put

1		Jadah STOKES	SO	#2 Worcester State	11.91m	39-1	4/11
2		Alyssa CAPUTO	SR	#3 Framingham Sta	11.19m	36-8½	4/4
3		Sthanisha MOREAU	SR	#2 Worcester State {2}	11.04m	36-2¾	4/18
4		Kaylee BECK	SR	#3 Framingham Sta {2}	10.75m	35-3¼	4/4
5		Taylor CROUT	SO	#5 Fitchburg State	10.07m	33-½	4/19
6		Bronwyn PINSLY	SO	#1 Westfield State	10.03m	32-11	4/19
7		Natalie KALGREN	SO	#4 Bridgewater Sta	9.63m	31-7¼	4/19
8		Cassie ISRAELSON	JR	#5 Fitchburg State {2}	9.52m	31-2¾	4/19
9		Ashley CAPUTO	FR	#3 Framingham Sta {3}	9.44m	30-11¾	4/4
10		Ava PICCOLO	JR	#2 Worcester State {3}	9.04m	29-8	3/29

## Women's Discus

1		Bronwyn PINSLY	SO	#1 Westfield State	38.01m	124-9	4/13
2		Alyssa CAPUTO	SR	#3 Framingham Sta	35.44m	116-3	4/4
3		Sophie HEPLER	FR	#5 Fitchburg State	33.64m	110-5	4/19
4		Taylor CROUT	SO	#5 Fitchburg State {2}	31.14m	102-2	4/19
5		Jadah STOKES	SO	#2 Worcester State	30.35m	99-7	4/4
6		Sthanisha MOREAU	SR	#2 Worcester State {2}	29.36m	96-4	4/18
7		Ashley CAPUTO	FR	#3 Framingham Sta {2}	29.14m	95-7¼	4/4
8		Sophia SALAMONE	SR	#5 Fitchburg State {3}	28.38m	93-1½	3/29
9		Kaylee BECK	JR	#3 Framingham Sta {3}	28.20m	92-6¼	3/29
10		Morgan MERRELL	JR	#2 Worcester State {3}	27.77m	91-1½	4/4



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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MASCAC

as of 4/22/2025 12:04:04 AM ET

## Women's Hammer

1	Kaylee BECK	SR	#3 Framingham Sta	41.12m	134-11	4/18
2	Jadah STOKES	SO	#2 Worcester State	40.19m	131-10	4/18
3	Taylor CROUT	SO	#5 Fitchburg State	36.50m	119-9	3/29
4	Arianna CONSTANT	SR	#2 Worcester State {2}	33.26m	109-2	4/11
5	Morgan MERRELL	JR	#2 Worcester State {3}	32.99m	108-3	4/18
6	Charlotte COLLINS	FR	#2 Worcester State {4}	32.62m	107-0	4/11
7	Alyssa CAPUTO	SR	#3 Framingham Sta{2}	32.57m	106-10	4/4
8	Cassie ISRAELSON	JR	#5 Fitchburg State {2}	32.52m	106-9	4/19
9	Sthanisha MOREAU	SR	#2 Worcester State {5}	32.10m	105-4	4/18
10	Luana GRAU-MOURA	SO	#2 Worcester State {6}	30.26m	99-3½	4/18

## Women's Javelin

1	Sophie HEPLER	FR	#5 Fitchburg State	35.07m	115-1	4/5
2	Natalie KALGREN	SO	#4 Bridgewater Sta	32.01m	105-0	4/11
3	Jamie MONIZ	SO	#3 Framingham Sta	31.29m	102-8	3/29
4	Arianna CONSTANT	SR	#2 Worcester State	30.50m	100-1	4/4
5	Angela CROGNALO-TORREZ	FR	#2 Worcester State {2}	30.05m	98-7¼	4/11
6	Ava VASQUEZ	JR	#2 Worcester State {3}	28.87m	94-8¾	4/4
7	Ava PICCOLO	JR	#2 Worcester State {4}	27.04m	88-8¾	4/11
8	Grace AVERY	FR	#3 Framingham Sta{2}	26.21m	86-0	4/4
9	Sophia SALAMONE	SR	#5 Fitchburg State {2}	25.02m	82-1	3/23
10	Reese NEALE	FR	#3 Framingham Sta{3}	23.17m	76-¼	4/18



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



MIAA

as of 4/22/2025 12:04:04 AM ET

## Women's 100 Meters

1	<b>16</b>	Sydney RADIGAN	JR	<b>#1</b> Calvin	<b>11.90</b>	(0.3)	3/28
2	<b>54</b>	Sara SCHERMERHORN	JR	<b>#2</b> Hope	<b>12.15w</b>	(2.3)	3/22
3	<b>71</b>	Mackenzie MILLER	SR	<b>#3</b> Trine	<b>12.24w</b>	(2.4)	<b>4/18</b>
4		Emma FORKER	JR	<b>#3</b> Trine	{2} <b>12.43w</b>	(2.4)	<b>4/18</b>
5		Sofia FISHER	FR	<b>#2</b> Hope	{2} <b>12.54w</b>	(3.7)	4/5
6		Ariana TODD	FR	<b>#3</b> Trine	{3} <b>12.61w</b>	(2.4)	<b>4/18</b>
7		Aniyah SMALL	JR	<b>#3</b> Trine	{4} <b>12.62</b>	(1.7)	3/30
8		Morgan JEFFRIES	SR	<b>#5</b> Olivet	<b>12.69</b>	(0.9)	<b>4/19</b>
9		Paige ALLIS	FR	<b>#4</b> Albion	<b>12.82w</b>	(3.3)	3/28
10		Kaleigh MACHINO	SR	<b>#3</b> Trine	{5} <b>12.88w</b>	(2.5)	<b>4/18</b>

## Women's 100 Meter Hurdles

1	<b>88</b>	Mia DEJONGE	JR	<b>#1</b> Calvin	<b>15.18</b>	(-0.5)	<b>4/19</b>
2		Emily NORKOWSKI	SR	<b>#5</b> Olivet	<b>15.30w</b>	(2.2)	3/28
3		Sophia PETER	FR	<b>#3</b> Trine	<b>15.68w</b>	(2.5)	<b>4/18</b>
4		Cadence DROUGAL	FR	<b>#1</b> Calvin	{2} <b>15.76</b>	(1.2)	3/28
5		London ELDRIDGE	SR	<b>#5</b> Olivet	{2} <b>16.04</b>	(-1.3)	4/12
6		MaryAlice LYNCH	FR	<b>#6</b> Alma	<b>16.15w</b>	(2.2)	3/28
7		Ella EASTERLING	FR	<b>#1</b> Calvin	{3} <b>16.18</b>	(1.3)	3/28
8		Helena SNYDER	SR	<b>#6</b> Alma	{2} <b>16.34</b>	(0.4)	4/12
9		Audrey HOWELL	FR	<b>#1</b> Calvin	{4} <b>16.56</b>	(0.1)	4/12
10		Lydia ROWE	FR	<b>#2</b> Hope	<b>16.60w</b>	(2.3)	3/22

## Women's 200 Meters

1	<b>17</b>	Sara SCHERMERHORN	JR	<b>#2</b> Hope	<b>24.45</b>	(-0.1)	<b>4/19</b>
2	<b>21</b>	Sydney RADIGAN	JR	<b>#1</b> Calvin	<b>24.52</b>	(-0.1)	<b>4/19</b>
3	<b>97</b>	Catherine LEAHY	JR	<b>#2</b> Hope	{2} <b>25.25</b>	(-0.2)	3/22
4		Emma FORKER	JR	<b>#3</b> Trine	<b>25.39w</b>	(2.5)	<b>4/18</b>
5		Aniyah SMALL	JR	<b>#3</b> Trine	{2} <b>25.49c</b>	(25.88) (0.5)	3/30
6		Sophia PETER	FR	<b>#3</b> Trine	{3} <b>25.70w</b>	(2.6)	<b>4/18</b>
7		Alysia TOWNSEND	FR	<b>#7</b> Adrian	<b>25.80c</b>	(26.20) (0.6)	3/30
8		Morgan JEFFRIES	SR	<b>#5</b> Olivet	<b>25.84</b>	(1.4)	<b>4/19</b>
9		Mackenzie MILLER	SR	<b>#3</b> Trine	{4} <b>25.90w</b>	(2.5)	<b>4/18</b>
10		Ariana TODD	FR	<b>#3</b> Trine	{5} <b>25.95c</b>	(26.35) (0.4)	3/30

## Women's 400 Meters

1	<b>4</b>	Sara SCHERMERHORN	JR	<b>#2</b> Hope	<b>55.02</b>		<b>4/19</b>
2	<b>34</b>	Catherine LEAHY	JR	<b>#2</b> Hope	{2} <b>56.59</b>		3/15
3		Lauren BRAWT	SO	<b>#6</b> Alma	<b>59.73</b>		4/12
4		London ELDRIDGE	SR	<b>#5</b> Olivet	<b>59.78</b>		4/5
5		Frances COZZENS	JR	<b>#2</b> Hope	{3} <b>59.85</b>		4/12
6		Lily CONNELLY	SR	<b>#5</b> Olivet	{2} <b>1:00.91</b>		4/5
7		Emmy NORDBECK	FR	<b>#1</b> Calvin	<b>1:00.98</b>		<b>4/19</b>
8		Jessie BOSSENBROEK	FR	<b>#1</b> Calvin	{2} <b>1:01.17</b>		3/28
9		Morgan JEFFRIES	SR	<b>#5</b> Olivet	{3} <b>1:01.28</b>		4/5
10		Olivia GIZA	FR	<b>#6</b> Alma	{2} <b>1:01.42</b>		4/12

## Women's 400 Meter Hurdles

1	<b>58</b>	London ELDRIDGE	SR	<b>#5</b> Olivet	<b>1:05.00</b>		4/12
2		Molly DUROW	JR	<b>#2</b> Hope	<b>1:06.95</b>		3/22
3		Adrianne JACKSON	JR	<b>#3</b> Trine	<b>1:07.80</b>		3/30
4		Elliana JOHNSON	JR	<b>#2</b> Hope	{2} <b>1:08.37</b>		4/12
5		Audrey HOWELL	FR	<b>#1</b> Calvin	<b>1:08.40</b>		4/12
6		Brianna BENNETT	SO	<b>#4</b> Albion	<b>1:10.16</b>		3/28
7		Tessa LONG	SO	<b>#1</b> Calvin	{2} <b>1:10.30</b>		4/5
8		Lauren NEMENS	SO	<b>#2</b> Hope	{3} <b>1:10.31</b>		4/12
9		Marcaill SCHUURMANN	JR	<b>#1</b> Calvin	{3} <b>1:10.91</b>		4/12
10		Jenna BELMAS	SR	<b>#6</b> Alma	<b>1:11.17</b>		4/12

## Women's 800 Meters

1	<b>78</b>	Molly DUROW	JR	<b>#2</b> Hope	<b>2:16.71</b>		<b>4/19</b>
2		Peyton LUDWIG	FR	<b>#1</b> Calvin	<b>2:18.06</b>		3/28
3		Bailey PUCKETT	JR	<b>#3</b> Trine	<b>2:18.48</b>		4/5
4		Natalie TEBBEN	SR	<b>#1</b> Calvin	{2} <b>2:18.64</b>		4/12
5		Amanda MARKHAM	SO	<b>#2</b> Hope	{2} <b>2:20.44</b>		3/22
6		Kennedi WOOD	FR	<b>#1</b> Calvin	{3} <b>2:20.81</b>		4/12
7		Kelly VALLE	JR	<b>#3</b> Trine	{2} <b>2:21.24</b>		4/12
8		Taryn PRATT	FR	<b>#3</b> Trine	{3} <b>2:21.63</b>		4/12
9		Courtney STUDY	FR	<b>#3</b> Trine	{4} <b>2:21.84</b>		4/5
10		Hailey ERICKSON	SO	<b>#1</b> Calvin	{4} <b>2:22.61</b>		4/12

## Women's 1500 Meters

1	<b>15</b>	Bailey PUCKETT	JR	<b>#3</b> Trine	<b>4:30.97</b>		<b>4/19</b>
2	<b>58</b>	Natalie TEBBEN	SR	<b>#1</b> Calvin	<b>4:38.46</b>		3/28
3	<b>61</b>	Eleanor YOUNG	JR	<b>#3</b> Trine	{2} <b>4:38.62</b>		<b>4/19</b>
4	<b>62</b>	Jenna ALLMAN	SR	<b>#1</b> Calvin	{2} <b>4:38.63</b>		4/5
5		Courtney STUDY	FR	<b>#3</b> Trine	{3} <b>4:45.23</b>		<b>4/19</b>
6		Sidney SWICK	JR	<b>#3</b> Trine	{4} <b>4:48.57</b>		4/5
7		Maddy STRUCK	SR	<b>#2</b> Hope	<b>4:51.05</b>		4/12
8		Ellia AGAR	FR	<b>#1</b> Calvin	{3} <b>4:52.07</b>		<b>4/19</b>
9		Noel VANDERBILT	SR	<b>#2</b> Hope	{2} <b>4:52.13</b>		<b>4/19</b>
10		Cath KORTMAN	SR	<b>#1</b> Calvin	{4} <b>4:52.30</b>		4/12

## Women's Steeplechase

1	<b>1</b>	Sophie BULL	JR	<b>#1</b> Calvin	<b>10:24.32</b>		3/28
2	<b>14</b>	Jenna ALLMAN	SR	<b>#1</b> Calvin	{2} <b>10:54.54</b>		3/28
3	<b>61</b>	Maddy STRUCK	SR	<b>#2</b> Hope	<b>11:24.33</b>		3/15
4		Ellia AGAR	FR	<b>#1</b> Calvin	{3} <b>11:37.24</b>		4/12
5		Annika SYTSMA	SO	<b>#2</b> Hope	{2} <b>11:41.08</b>		3/15
6		Alaina SMITH	JR	<b>#1</b> Calvin	{4} <b>11:56.97</b>		4/12
7		Laura TAYLOR	SR	<b>#2</b> Hope	{3} <b>11:59.49</b>		3/22
8		Tessa RINDFLIESCH	FR	<b>#2</b> Hope	{4} <b>12:04.50</b>		3/15
9		Sophia ALTMAN	SO	<b>#3</b> Trine	<b>12:05.55</b>		<b>4/19</b>
10		Bridget WATERSTRADT	SO	<b>#7</b> Adrian	<b>12:11.88</b>		4/12





## Conference TFRI Event Summary



MIAA

as of 4/22/2025 12:04:05 AM ET

## Women's 5000 Meters

1	<b>15</b>	Sophie BULL	JR	<b>#1</b> Calvin	<b>16:46.86</b>	4/12
2	<b>21</b>	Jenna ALLMAN	SR	<b>#1</b> Calvin	{2} <b>16:51.75</b>	4/12
3	<b>32</b>	Sidney SWICK	JR	<b>#3</b> Trine	<b>17:00.80</b>	<b>4/18</b>
4		Chloe GOODRICH	SR	<b>#3</b> Trine	{2} <b>17:47.63</b>	<b>4/18</b>
5		Eleanor YOUNG	JR	<b>#3</b> Trine	{3} <b>17:49.59</b>	4/12
6		Grace DUBSKY	FR	<b>#3</b> Trine	{4} <b>17:58.34</b>	4/12
7		Alexis DEIGHAN	JR	<b>#2</b> Hope	<b>18:26.03</b>	<b>4/19</b>
8		Hannah PARKER	SR	<b>#3</b> Trine	{5} <b>18:31.92</b>	3/28
9		Liesl MCMULLEN	FR	<b>#1</b> Calvin	{3} <b>18:39.53</b>	3/29
10		Alaina SMITH	JR	<b>#1</b> Calvin	{4} <b>18:44.69</b>	<b>4/19</b>

## Women's 10,000 Meters

1	<b>99</b>	Cath KORTMAN	SR	<b>#1</b> Calvin	<b>38:41.89</b>	<b>4/18</b>
2		Chloe GOODRICH	SR	<b>#3</b> Trine	<b>39:48.32</b>	3/28
3		Sophia DECH	JR	<b>#6</b> Alma	<b>40:12.23</b>	4/12
4		Alexis DEIGHAN	JR	<b>#2</b> Hope	<b>40:17.72</b>	3/28
5		Alaina SMITH	JR	<b>#1</b> Calvin	{2} <b>40:18.76</b>	3/29
6		Chloe COLTON	SO	<b>#6</b> Alma	{2} <b>40:46.70</b>	4/12
7		Melanie WERNER	FR	<b>#6</b> Alma	{3} <b>41:01.79</b>	4/12
8		Claire VELLINGA	JR	<b>#2</b> Hope	{2} <b>41:37.63</b>	3/15
9		Erica SLOCUM	SO	<b>#6</b> Alma	{4} <b>41:39.22</b>	4/12
10		Rylie KRAUS	FR	<b>#2</b> Hope	{3} <b>42:09.66</b>	3/15

## Women's 4x100 Relay

1	<b>21</b>	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn	<b>#2</b> Hope	<b>47.46</b>	3/22
2	<b>35</b>	Mia DeJonge, Julienne Strydom, Jessie Bossenbroek, Sydney Radigan	<b>#1</b> Calvin	<b>47.92</b>	<b>4/19</b>
3	<b>37</b>	Sophia Peter, Aniyah Small, Ariana Todd, Mackenzie Miller	<b>#3</b> Trine	<b>47.95</b>	<b>4/18</b>
4		Morgan Jeffries, London Eldridge, Emily Norkowski, Lily Connelly	<b>#5</b> Olivet	<b>49.88</b>	4/5
5		Lauren Fenstermaker, Paige Allis, Alexis Ames, DB Edwards	<b>#4</b> Albion	<b>50.25</b>	3/28
6		Olivia Giza, Dakota Booher, MaryAlice Lynch, Lauren Brawt	<b>#6</b> Alma	<b>50.55</b>	4/12
7		Abigail Miller, Piper Pierce, Ciara Heslet, Alysia Townsend	<b>#7</b> Adrian	<b>52.08</b>	<b>4/19</b>

## Women's 4x400 Relay

1	<b>21</b>	Catherine Leahy, Frances Cozzens, Sofia Fisher, Sara Schermerhorn	<b>#2</b> Hope	<b>3:53.27</b>	4/12
2	<b>66</b>	Jessie Bossenbroek, Trinity Kolka, Emmy Nordbeck, Peyton Ludwig	<b>#1</b> Calvin	<b>4:04.46</b>	3/28
3	<b>82</b>	Lauren Brawt, Olivia Giza, Jordan Fox, Helena Snyder	<b>#6</b> Alma	<b>4:07.09</b>	4/12
4		Bailey Puckett, Courtney Study, Piper Barker, Eleanor Young	<b>#3</b> Trine	<b>4:15.13</b>	4/5
5		Emily Norkowski, London Eldridge, Morgan Jeffries, Aubrey Connelly	<b>#5</b> Olivet	<b>4:22.15</b>	4/12
6		Adalyn Mata, Brianna Bennett, Sarah Kozal, Paige Allis	<b>#4</b> Albion	<b>4:24.07</b>	3/28

## Women's High Jump

1	<b>23</b>	Alysia TOWNSEND	FR	<b>#7</b> Adrian	<b>1.63m</b>	5-4¼	<b>4/19</b>
2	<b>50</b>	Helena SNYDER	SR	<b>#6</b> Alma	<b>1.60m</b>	5-3	3/28
3	<b>86</b>	Allison SCHRAM	SR	<b>#2</b> Hope	<b>1.58m</b>	5-2¼	4/12
3	<b>86</b>	Emmaline LEATHERMAN	SO	<b>#3</b> Trine	<b>1.58m</b>	5-2¼	4/12
5		Ava EPLEY	FR	<b>#1</b> Calvin	<b>1.54m</b>	5-½	4/12
6		Taylin SUTHERLAND	FR	<b>#4</b> Albion	<b>1.51m</b>	4-11½	3/28
7		Bridget CROMBIE	SO	<b>#2</b> Hope	{2} <b>1.50m</b>	4-11	3/22
8		Ciara HESLET	SR	<b>#7</b> Adrian	{2} <b>1.49m</b>	4-10½	4/5
8		Gabi KEMPF	FR	<b>#1</b> Calvin	{2} <b>1.49m</b>	4-10½	4/12
8		Joslyn HECKATHORN	FR	<b>#1</b> Calvin	{2} <b>1.49m</b>	4-10½	4/12

## Women's Pole Vault

1	<b>65</b>	Katie SEINEN	JR	<b>#1</b> Calvin	<b>3.45m</b>	11-3¾	4/12
2		Olivia ANDREWS	FR	<b>#3</b> Trine	<b>3.34m</b>	10-11½	3/30
3		Bella CHARRON	SR	<b>#1</b> Calvin	{2} <b>3.30m</b>	10-9¾	3/28
4		Laura ROBOTHAM	JR	<b>#1</b> Calvin	{3} <b>3.20m</b>	10-6	<b>4/19</b>
5		Avery BOYCE	JR	<b>#3</b> Trine	{2} <b>3.12m</b>	10-2¾	4/12
6		Lauren MCCARTHY	JR	<b>#6</b> Alma	<b>3.05m</b>	10-0	3/28
7		Abigail CUMINGS	SO	<b>#2</b> Hope	<b>3.00m</b>	9-10	3/15
8		Megan LARGE	JR	<b>#3</b> Trine	{3} <b>2.89m</b>	9-5¾	3/30
9		Natalie BENNETT	SO	<b>#2</b> Hope	{2} <b>2.85m</b>	9-4¼	3/15
10		Alayna PAETH	JR	<b>#7</b> Adrian	<b>2.74m</b>	8-11¾	<b>4/19</b>



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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MIAA

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## Women's Long Jump

1	87	Emma FORKER	JR	#3	Trine	5.38mw	17-8 (3.3)	3/30
2	93	Julienne STRYDOM	JR	#1	Calvin	5.36mw	17-7 (3.2)	4/19
3		Mackenzie MILLER	SR	#3	Trine	{2} 5.19m	17-½ (0.0)	4/12
4		Alina VELTKAMP	FR	#1	Calvin	{2} 5.17mw	16-11½ (2.3)	4/19
5		Alysia TOWNSEND	FR	#7	Adrian	5.15m	16-10¾ (0.0)	4/12
6		Piper PIERCE	FR	#7	Adrian	{2} 5.09mw	16-8½ (3.3)	3/30
7		Jeri ROY	FR	#1	Calvin	{3} 5.05m	16-7 (0.5)	3/28
8		Elliana JOHNSON	JR	#2	Hope	5.01m	16-5¼ (1.0)	4/12
9		Jaelah SLOAN	FR	#5	Olivet	5.00mw	16-5 (3.5)	3/28
9		Lovelyn KETEPA	FR	#5	Olivet	5.00mw	16-5 (4.0)	3/28

## Women's Triple Jump

1	58	Julienne STRYDOM	JR	#1	Calvin	11.22m	36-9¾ (-0.1)	4/19
2	79	Jeri ROY	FR	#1	Calvin	{2} 11.06m	36-3½ (-2.1)	4/12
3		Alina VELTKAMP	FR	#1	Calvin	{3} 10.73m	35-2½ (-0.7)	4/19
4		Emily NORKOWSKI	SR	#5	Olivet	10.51mw	34-5¾ (2.7)	3/28
5		Katelyn DEJONGE	JR	#1	Calvin	{4} 10.49m	34-5 (-2.8)	4/12
5		Isabel FERGUSON	SO	#3	Trine	10.49m	34-5 (2.0)	4/18
7		DB EDWARDS	SR	#4	Albion	10.46m	34-4 (-2.1)	4/12
8		Elliana JOHNSON	JR	#2	Hope	10.42m	34-2¼ (-0.1)	4/19
9		Emma TUBERGEN	FR	#1	Calvin	{5} 10.32m	33-10¼ (-0.4)	4/19
10		Kiersten SCHMITT	SO	#2	Hope	{2} 10.29m	33-9¼ (-0.4)	3/22

## Women's Shot Put

1	30	Tess ANTHONY	SR	#4	Albion	12.91m	42-4¼	4/12
2	41	Ryann ROHRER	JR	#1	Calvin	12.80m	42-0	4/19
3	68	Hailey COLE	FR	#3	Trine	12.53m	41-1½	3/22
4	72	Abby SANNER	JR	#3	Trine	{2} 12.48m	40-11½	3/22
5	76	Greta ROBRAHN	SR	#2	Hope	12.42m	40-9	4/5
6	86	Kamryn BICE	JR	#2	Hope	{2} 12.27m	40-3¼	4/5
7		Karen BEKHET	SR	#1	Calvin	{2} 11.61m	38-1¼	4/19
8		Brooke JANKWIETZ	FR	#5	Olivet	11.51m	37-9¼	4/19
9		Ella EASTERLING	FR	#1	Calvin	{3} 11.28m	37-¼	3/28
10		Karly ROELOFS	JR	#2	Hope	{3} 11.08m	36-4¼	4/12

## Women's Discus

1	35	Lindsey KOSSICK	SR	#1	Calvin	42.80m	140-5	4/12
2	37	Karen BEKHET	SR	#1	Calvin	{2} 42.64m	139-11	4/19
3	57	Ryann ROHRER	JR	#1	Calvin	{3} 41.39m	135-10	4/19
4		Abby SANNER	JR	#3	Trine	37.88m	124-4	4/5
5		Kamryn BICE	JR	#2	Hope	36.35m	119-3	4/5
6		Aysia YOKELY	SO	#4	Albion	35.96m	118-0	3/28
7		Tess ANTHONY	SR	#4	Albion	{2} 34.42m	112-11	3/8
8		Greta ROBRAHN	SR	#2	Hope	{2} 34.40m	112-11	4/5
9		Olivia SMITH	SO	#2	Hope	{3} 32.83m	107-9	4/5
10		Morgan HURD	SO	#4	Albion	{3} 32.50m	106-8	4/12

## Women's Hammer

1	98	Lindsey KOSSICK	SR	#1	Calvin	46.00m	150-11	4/12
2		Abby SANNER	JR	#3	Trine	44.59m	146-4	4/12
3		Mikah BAZIUN	JR	#1	Calvin	{2} 42.92m	140-10	4/19
4		Tess ANTHONY	SR	#4	Albion	42.70m	140-1	4/18
5		Leilani CASTEELE	JR	#4	Albion	{2} 40.48m	132-10	4/18
6		Sophia RAYMOND	JR	#2	Hope	40.24m	132-0	4/12
7		Morgan HURD	SO	#4	Albion	{3} 40.15m	131-9	4/12
8		Lily RUSSELL	FR	#5	Olivet	39.30m	128-11	3/28
9		Haleigh LOSO	SO	#3	Trine	{2} 38.01m	124-9	4/5
10		Skye DICKSON	SR	#4	Albion	{4} 37.36m	122-7	3/28

## Women's Javelin

1		Amanda TIMONEN	SR	#2	Hope	34.84m	114-4	4/12
2		Karly ROELOFS	JR	#2	Hope	{2} 31.76m	104-3	4/12
3		Lizzie STOREY	JR	#4	Albion	31.74m	104-2	4/18
4		Ellie BAYNES	SO	#5	Olivet	28.51m	93-6½	4/12
5		Riley ADAMS	FR	#4	Albion	{2} 27.34m	89-8½	4/12
6		Aubrey CONNELLY	SO	#5	Olivet	{2} 27.10m	88-11	4/19
7		Jocelyn SINGER	SR	#4	Albion	{3} 26.86m	88-1½	4/12
8		Natalie BENNETT	SO	#2	Hope	{3} 26.34m	86-5	4/12
9		London ELDRIDGE	SR	#5	Olivet	{3} 26.31m	86-4	4/12
10		Kelah HODGE	FR	#5	Olivet	{4} 26.11m	85-8	4/12

## Women's Heptathlon

1	58	Ella EASTERLING	FR	#1	Calvin	3,789		3/28
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## Conference TFRI Event Summary



MIAC

as of 4/22/2025 12:04:05 AM ET

## Women's 100 Meters

1	38	Zari YOUNG	FR	#8 Saint Mary's (Mi	12.11w	(3.1)	4/12
2	54	Jireh BABALOLA	SR	#5 Bethel (Minn.)	12.15	(1.2)	4/12
3	67	Emily RENG	JR	#2 Concordia Moorl	12.23w	(2.9)	4/11
4	78	Kate CARLSON	SR	#3 Gustavus Adolp	12.27	(0.0)	4/16
5		Andie SANDMAN	SO	#2 Concordia Moorl{2}	12.34w	(2.9)	4/11
6		Ariella ROGAHN-PRESS	FR	#6 Macalester	12.37	(1.2)	4/12
7		Raina KAPING	SO	#5 Bethel (Minn.) {2}	12.51	(2.0)	4/12
8		Autumn MAKI	FR	#5 Bethel (Minn.) {3}	12.53	(2.0)	4/12
9		Claire BECKLEY	FR	#6 Macalester {2}	12.67	(0.0)	4/19
10		Samantha MUNSON	JR	#8 Saint Mary's (Mi{2}	12.71	(1.4)	4/5

## Women's 100 Meter Hurdles

1	39	Jenna KALEVIK	SR	#2 Concordia Moorl	14.72w	(3.6)	4/11
2	86	Justus FLOREN	SR	#1 Saint Benedict	15.17w	(2.2)	3/22
3		Laura THAUVIN	FR	#3 Gustavus Adolp	15.28	(-0.6)	4/16
4		Hannah BINGHAM	FR	#5 Bethel (Minn.)	15.30	(-1.1)	4/12
5		Chloe OSTREM	SO	#1 Saint Benedict {2}	15.44w	(2.1)	4/18
6		Emily PODULKE	FR	#3 Gustavus Adolp{2}	15.99	(1.3)	4/5
7		Ellie HERNES	JR	#5 Bethel (Minn.) {2}	16.09w	(2.8)	4/5
8		Peyton SELLE	SR	#2 Concordia Moorl{2}	16.14	(0.3)	4/13
9		Anya ADELGREN	SO	#1 Saint Benedict {3}	16.21w	(2.1)	4/18
10		Chelsea STAHL	SO	#3 Gustavus Adolp{3}	16.43	(-0.6)	4/16

## Women's 200 Meters

1	6	Megan GERAETS	SR	#3 Gustavus Adolp	24.19	(1.7)	4/12
2	24	Ariella ROGAHN-PRESS	FR	#6 Macalester	24.55	(-0.4)	4/19
3	67	Emily RENG	JR	#2 Concordia Moorl	24.97	(1.7)	4/18
4	68	Kate CARLSON	SR	#3 Gustavus Adolp{2}	24.98c	(25.36) (-0.	4/16
5	70	Sarah STELLMACH	SR	#5 Bethel (Minn.)	25.02	(1.7)	4/12
6		Jireh BABALOLA	SR	#5 Bethel (Minn.) {2}	25.27	(1.7)	4/12
7		Andie SANDMAN	SO	#2 Concordia Moorl{2}	25.57w	(2.7)	4/19
8		Zari YOUNG	FR	#8 Saint Mary's (Mi	25.86w	(3.4)	4/12
9		Allison STACY	FR	#3 Gustavus Adolp{3}	25.96c	(26.37) (-0.	4/16
10		Claire SIEMS	FR	#9 Hamline	26.09	(1.1)	4/12

## Women's 400 Meters

1	2	Ariella ROGAHN-PRESS	FR	#6 Macalester	54.30		4/19
2	10	Shalom SULUNGAIN	SO	#5 Bethel (Minn.)	55.60		4/12
3	27	Allison HOOKOM	JR	#11 Augsburg	56.27		4/12
4	43	Kyla NYGAARD	JR	#2 Concordia Moorl	56.83		4/18
5	82	Emily RENG	JR	#2 Concordia Moorl{2}	58.03		4/18
6	86	Hailey GREGG	SR	#5 Bethel (Minn.) {2}	58.07		4/12
7		Ava REVOIR	FR	#1 Saint Benedict	58.69		4/12
8		Sarah STELLMACH	SR	#5 Bethel (Minn.) {3}	58.76		4/5
9		Megan GERAETS	SR	#3 Gustavus Adolp	58.80		4/5
10		Abbie SWENSON	SR	#5 Bethel (Minn.) {4}	59.51		4/5
10		Izzi JAECKLE	FR	#4 St. Olaf	59.51		4/19

## Women's 400 Meter Hurdles

1	12	Kelsie SEALOCK	SR	#5 Bethel (Minn.)	1:02.50		4/5
2	23	Lauren BERG	JR	#1 Saint Benedict	1:03.25		4/12
3	24	Hannah KVANT	SO	#5 Bethel (Minn.) {2}	1:03.27		4/12
4	60	Hannah BINGHAM	FR	#5 Bethel (Minn.) {3}	1:05.07		4/5
5		Chloe OSTREM	SO	#1 Saint Benedict {2}	1:07.22		4/18
6		Meg SHERCLIFFE	SR	#2 Concordia Moorl	1:07.49		4/18
7		Anya ADELGREN	SO	#1 Saint Benedict {3}	1:08.62		4/12
8		Aliyah ROBRAN	JR	#9 Hamline	1:08.73		4/12
8		Lauren ROCHEFORD	JR	#3 Gustavus Adolp	1:08.73		4/16
10		Emily PODULKE	FR	#3 Gustavus Adolp{2}	1:08.90		4/16

## Women's 800 Meters

1	34	Kyla NYGAARD	JR	#2 Concordia Moorl	2:13.59		4/5
2	41	Isabel WYATT	JR	#4 St. Olaf	2:14.04		4/12
3	55	Lara ERICKSON	SR	#7 Carleton	2:15.58		4/12
4	66	Allison HOOKOM	JR	#11 Augsburg	2:16.21		4/17
5		Shalom SULUNGAIN	SO	#5 Bethel (Minn.)	2:17.75		4/5
6		Anabel BRADLEY	SO	#9 Hamline	2:18.16		4/12
7		Drew FROLEK	SR	#2 Concordia Moorl{2}	2:19.25		4/18
8		Sophie ABERNETHY	SR	#4 St. Olaf {2}	2:19.56		4/19
9		Ella LANDIS	JR	#4 St. Olaf {3}	2:19.68		4/19
10		Jules FROMM	SR	#4 St. Olaf {4}	2:20.40		4/12

## Women's 1500 Meters

1		Aliya LARSEN	SR	#7 Carleton	4:43.10		4/19
2		Sophie MCMANUS	SR	#7 Carleton {2}	4:44.59		3/29
3		Lara ERICKSON	SR	#7 Carleton {3}	4:48.47		4/19
4		Lauren WALDA	JR	#4 St. Olaf	4:48.68		4/12
5		Sophie ABERNETHY	SR	#4 St. Olaf {2}	4:49.00		4/12
6		Jules FROMM	SR	#4 St. Olaf {3}	4:51.00		4/19
7		Ivy COLDREN	SO	#6 Macalester	4:52.61		4/19
8		Mya SLAVIN	FR	#8 Saint Mary's (Mi	4:53.05		4/5
9		Libby ROWLAND	SR	#7 Carleton {4}	4:54.30		4/19
10		Kelyn HENRY-PERLICH	FR	#2 Concordia Moorl	4:54.88		4/5

## Women's Steeplechase

1	12	Sophie MCMANUS	SR	#7 Carleton	10:50.93		3/28
2	40	Libby ROWLAND	SR	#7 Carleton {2}	11:15.66		3/28
3	68	Mary KENNEY	JR	#1 Saint Benedict	11:25.66		4/18
4		Grace MOELLER	JR	#4 St. Olaf	11:42.50		4/17
5		Sofia CARLSON	SR	#4 St. Olaf {2}	11:47.45		4/17
6		Kalli SMITH	SR	#1 Saint Benedict {2}	11:50.99		3/28
7		Kelyn HENRY-PERLICH	FR	#2 Concordia Moorl	11:51.09		4/18
8		Ivy COLDREN	SO	#6 Macalester	11:58.04		4/5
9		Samantha ELLIS	SO	#6 Macalester {2}	12:01.87		4/5
10		Anna HAY	JR	#5 Bethel (Minn.)	12:05.74		4/12



## Conference TFRI Event Summary



MIAC

as of 4/22/2025 12:04:05 AM ET

## Women's 5000 Meters

1	<b>35</b>	Lauren WALDA	JR	<b>#4</b> St. Olaf	<b>17:05.92</b>	3/28
2	<b>42</b>	Alison BODE	SR	<b>#4</b> St. Olaf {2}	<b>17:09.80</b>	4/12
3	<b>47</b>	Sophie MCMANUS	SR	<b>#7</b> Carleton	<b>17:15.17</b>	4/12
4	<b>71</b>	Aliya LARSEN	SR	<b>#7</b> Carleton {2}	<b>17:25.63</b>	4/5
5		Sofia CARLSON	SR	<b>#4</b> St. Olaf {3}	<b>18:06.11</b>	3/28
6		Molly LISTON	JR	<b>#3</b> Gustavus Adolp	<b>18:11.05</b>	4/5
7		Ivy COLDREN	SO	<b>#6</b> Macalester	<b>18:28.41</b>	4/12
8		Samantha ELLIS	SO	<b>#6</b> Macalester {2}	<b>18:33.12</b>	4/12
9		Mary KENNEY	JR	<b>#1</b> Saint Benedict	<b>18:42.37</b>	4/5
10		Lucy LYNGEN	SR	<b>#1</b> Saint Benedict {2}	<b>18:43.01</b>	4/5

## Women's 10,000 Meters

1	<b>20</b>	Alison BODE	SR	<b>#4</b> St. Olaf	<b>35:51.23</b>	3/28
2		Arabella ENGLAND	FR	<b>#4</b> St. Olaf {2}	<b>39:22.55</b>	<b>4/18</b>
3		Ashley NELSON	FR	<b>#2</b> Concordia Moorl	<b>39:28.32</b>	<b>4/18</b>
4		Cate GLEASON	SR	<b>#4</b> St. Olaf {3}	<b>39:48.29</b>	<b>4/18</b>
5		Abby BUFKIN	SO	<b>#1</b> Saint Benedict	<b>40:10.98</b>	<b>4/18</b>
6		Abby WOOD	FR	<b>#10</b> St. Scholastica	<b>40:19.99</b>	<b>4/18</b>
7		Abby TAPAJNA	JR	<b>#9</b> Hamline	<b>40:31.01</b>	<b>4/18</b>
8		Elizabeth WEIDER	FR	<b>#4</b> St. Olaf {4}	<b>40:56.68</b>	<b>4/18</b>
9		Maggie VOTRUBA	SR	<b>#7</b> Carleton	<b>41:44.65</b>	3/28
10		Kendra KLOBE	SR	<b>#8</b> Saint Mary's (Mi	<b>42:11.84</b>	3/28

## Women's 4x100 Relay

1	<b>40</b>	Allison Stacy, Megan Geraets, Laura Thauvin, Kate Carlson	<b>#3</b> Gustavus Adolp	<b>48.02</b>	4/12
2	<b>49</b>	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard	<b>#2</b> Concordia Moorl	<b>48.22</b>	4/11
3	<b>60</b>	Zari Young, McKenzie Munson, Melissa Torres, Samantha Munson	<b>#8</b> Saint Mary's (Mi	<b>48.69</b>	4/12
4	<b>100</b>	Claire Beckley, Emma Cunningham, Seneca Wilson, Ariella Rogahn-Press	<b>#6</b> Macalester	<b>49.72</b>	4/5
5		Grace Buntrock, Anna Gries, Allee Feldman, Myah Nelson	<b>#1</b> Saint Benedict	<b>50.12</b>	4/12
6		Emma Storbakken, Sophie Herweijer, Zoe Matre, Izzi Jaeckle	<b>#4</b> St. Olaf	<b>50.52</b>	<b>4/19</b>
7		Kebeh Temeh, Claire Siems, Grace Hoffmann, Alexi Schneider	<b>#9</b> Hamline	<b>50.57</b>	4/12
8		Takia Campbell, Nacia Griffin, Brookelyn Young, Allison Hookom	<b>#11</b> Augsburg	<b>51.67</b>	3/22

## Women's 4x400 Relay

1	<b>13</b>	Hailey Gregg, Sarah Stellmach, Abbie Swenson, Shalom Sulungaine	<b>#5</b> Bethel (Minn.)	<b>3:49.26</b>	4/12
2	<b>65</b>	Emerson Knapp, Ava Revoir, Kalli Smith, Lauren Berg	<b>#1</b> Saint Benedict	<b>4:04.40</b>	4/12
3	<b>74</b>	Molly DiNardo, Jules Fromm, Nora Mickelson, Isabel Wyatt	<b>#4</b> St. Olaf	<b>4:05.20</b>	4/12
4	<b>76</b>	Meg Shercliffe, Emma Warner, Taylor Christenson, Drew Frolek	<b>#2</b> Concordia Moorl	<b>4:05.68</b>	<b>4/18</b>
5	<b>89</b>	Hadley Wilkins, Anna Warren, Ariella Rogahn-Press, Seneca Wilson	<b>#6</b> Macalester	<b>4:07.45c</b> (4:10.73)	4/5
6		Allison Stacy, Aubrey Mair, Kailyn Walukas, McKenzie Luetmer	<b>#3</b> Gustavus Adolp	<b>4:09.49</b>	4/12
7		Stephanie Baranov, Lara Erickson, Alice Islam, Madeleine Reckmeyer	<b>#7</b> Carleton	<b>4:14.72</b>	<b>4/19</b>
8		Aliyah Robran, Claire Siems, Savannah Janes, Adrienne Karpen	<b>#9</b> Hamline	<b>4:19.11</b>	4/12
9		Mya Slavin, Megan Frosch, Abbie Meyer, Lola Schwinghamer	<b>#8</b> Saint Mary's (Mi	<b>4:30.55</b>	4/12

## Women's High Jump

1	<b>50</b>	Kayla KAJER	FR	<b>#3</b> Gustavus Adolp	<b>1.60m</b>	5-3	<b>4/16</b>
2	<b>74</b>	Jenna KALEVIK	SR	<b>#2</b> Concordia Moorl	<b>1.59m</b>	5-2½	4/13
2	<b>74</b>	Peyton SELLE	SR	<b>#2</b> Concordia Moorl	<b>1.59m</b>	5-2½	4/13
4		Kaia GACK	FR	<b>#2</b> Concordia Moorl{3}	<b>1.55m</b>	5-1	<b>4/18</b>
5		Kiera STOMMES	FR	<b>#1</b> Saint Benedict	<b>1.53m</b>	5-¼	4/5
5		Frankie WITHAM	SO	<b>#9</b> Hamline	<b>1.53m</b>	5-¼	4/5
7		Mara LARSON	SO	<b>#4</b> St. Olaf	<b>1.50m</b>	4-11	4/12
7		Ashlyn JORE	SO	<b>#4</b> St. Olaf	<b>1.50m</b>	4-11	4/12
7		Alice ISLAM	FR	<b>#7</b> Carleton	<b>1.50m</b>	4-11	4/12
7		Samantha BROWN	SO	<b>#1</b> Saint Benedict {2}	<b>1.50m</b>	4-11	<b>4/18</b>





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



MIAC

as of 4/22/2025 12:04:05 AM ET

## Women's Pole Vault

1	35	Jaylyn AHLBERG	JR	#1 Saint Benedict	3.60m	11-9¾	4/12
2	55	Alli GRAFF	SR	#3 Gustavus Adolp†	3.50m	11-5¾	4/16
3		Raina KAPING	SO	#5 Bethel (Minn.)	3.30m	10-9¾	4/12
3		Camille FINNEY	SO	#3 Gustavus Adolp†{2}	3.30m	10-9¾	4/12
3		Emily PEARSON	SO	#5 Bethel (Minn.)	3.30m	10-9¾	4/12
3		Xara GIN	FR	#8 Saint Mary's (Mi	3.30m	10-9¾	4/12
7		LiLi RAIDT	SO	#1 Saint Benedict {2}	3.27m	10-8¾	3/22
8		Erika NESSETH	FR	#4 St. Olaf	3.05m	10-0	4/19
8		Seneca WILSON	SO	#6 Macalester	3.05m	10-0	4/5
10		Maddox LEE	JR	#3 Gustavus Adolp†{3}	2.97m	9-9	3/28
10		McKenna FLINN	FR	#1 Saint Benedict {3}	2.97m	9-9	3/28

## Women's Long Jump

1	26	Megan GERAETS	SR	#3 Gustavus Adolp†	5.67mw	18-7¼ (2.8)	4/5
2	42	Sabriya FARQUHARSON	SO	#1 Saint Benedict	5.58mw	18-3¾ (2.2)	3/21
3		Jordan STANISLOSKI	SO	#5 Bethel (Minn.)	5.32mw	17-5½ (2.4)	4/12
4		Ellie HERNES	JR	#5 Bethel (Minn.) {2}	5.27mw	17-3½ (3.6)	4/12
5		Justus FLOREN	SR	#1 Saint Benedict {2}	5.26mw	17-3¼ (2.7)	3/22
6		Peyton SELLE	SR	#2 Concordia Moorl	5.23mw	17-2 (3.0)	4/19
6		Harmony-Keli TOMETY	SO	#6 Macalester	5.23m	17-2 (1.9)	4/12
8		Anna GRIES	FR	#1 Saint Benedict {3}	5.17mw	16-11½ (2.9)	3/22
9		Lili GUY	SR	#3 Gustavus Adolp†{2}	5.16m	16-11¼ (1.4)	4/16
10		Laura THAUVIN	FR	#3 Gustavus Adolp†{3}	5.08mw	16-8 (3.7)	4/12

## Women's Triple Jump

1	53	Ellie HERNES	JR	#5 Bethel (Minn.)	11.33m	37-2¼ (1.7)	4/5
2	64	Lili GUY	SR	#3 Gustavus Adolp†	11.17mw	36-7¾ (2.5)	4/18
3	77	Sarrah LINDNER	JR	#3 Gustavus Adolp†{2}	11.09m	36-4¾ (1.4)	4/16
4		Sabriya FARQUHARSON	SO	#1 Saint Benedict	10.91mw	35-9½ (2.3)	3/22
5		Kayla KAJER	FR	#3 Gustavus Adolp†{3}	10.71m	35-1¾ (1.4)	4/16
6		Maggie MCCABE	FR	#1 Saint Benedict {2}	10.40m	34-1½ (1.4)	4/12
7		Ameryn DOSTAL	FR	#8 Saint Mary's (Mi	10.33mw	33-10¾ (3.6)	4/5
8		Piper OSBORNE	SO	#2 Concordia Moorl	10.21m	33-6 (0.0)	4/18
9		Jordan STANISLOSKI	SO	#5 Bethel (Minn.) {2}	10.18m	33-4¾ (2.0)	4/5
10		Anna GRIES	FR	#1 Saint Benedict {3}	10.08mw	33-1 (3.4)	3/28

## Women's Shot Put

1	45	Nora WILHELM	JR	#5 Bethel (Minn.)	12.77m	41-10¾	4/18
2	59	Sydney JACKMAN	SR	#8 Saint Mary's (Mi	12.68m	41-7¼	4/12
3		Morgan WALLENDAL	SR	#8 Saint Mary's (Mi	12.12m	39-9¾	4/12
4		Tessa MYATT	SO	#6 Macalester	12.09m	39-8	4/5
5		Arabella SUTCH	FR	#3 Gustavus Adolp†	12.04m	39-6	4/16
6		Allison BANSE	FR	#1 Saint Benedict	11.98m	39-3¾	4/12
7		Kelley BRENNAN	JR	#3 Gustavus Adolp†{2}	11.95m	39-2½	4/5
8		Logan PAULSEN	FR	#4 St. Olaf	11.76m	38-7	4/12
9		Lexi BRAINER	SR	#9 Hamline	11.75m	38-6¾	4/12
10		Ella ENG	JR	#10 St. Scholastica	11.53m	37-10	4/5

## Women's Discus

1	31	Kelley BRENNAN	JR	#3 Gustavus Adolp†	43.35m	142-3	4/12
2	36	Olivia DUNCAN	SO	#3 Gustavus Adolp†{2}	42.67m	140-0	4/5
3	51	Morgan WALLENDAL	SR	#8 Saint Mary's (Mi	41.57m	136-5	4/18
4	59	Nora WILHELM	JR	#5 Bethel (Minn.)	41.25m	135-4	4/12
5	94	Logan PAULSEN	FR	#4 St. Olaf	39.60m	129-11	4/17
6		Ellie WELCH	FR	#2 Concordia Moorl	39.12m	128-4	4/18
7		Arabella SUTCH	FR	#3 Gustavus Adolp†{3}	38.67m	126-11	4/12
8		Ella ENG	JR	#10 St. Scholastica	38.39m	126-0	4/12
9		Keira MCCORD	FR	#3 Gustavus Adolp†{4}	38.20m	125-4	4/16
10		Aries MENDEZ	JR	#4 St. Olaf {2}	37.99m	124-8	4/19

## Women's Hammer

1	24	Kelley BRENNAN	JR	#3 Gustavus Adolp†	51.01m	167-4	4/12
2	25	Lexi BRAINER	SR	#9 Hamline	50.80m	166-8	4/5
3	26	Anna SPERATOS	JR	#5 Bethel (Minn.)	50.75m	166-6	4/12
4	36	Ella STRITESKY	JR	#10 St. Scholastica	49.98m	164-0	4/18
5	62	Jessica LIN	SO	#6 Macalester	48.22m	158-3	4/12
6	70	Nora WILHELM	JR	#5 Bethel (Minn.) {2}	47.53m	155-11	4/12
7	76	Ella ENG	JR	#10 St. Scholastica {2}	47.24m	155-0	4/12
8	85	Morgan WALLENDAL	SR	#8 Saint Mary's (Mi	46.69m	153-2	4/12
9	91	Jade HUNT	SR	#9 Hamline {2}	46.22m	151-8	4/16
10		Anna BECKER	SR	#8 Saint Mary's (Mi	44.41m	145-9	4/18

## Women's Javelin

1	30	Genevieve GRUBA	SO	#2 Concordia Moorl	39.32m	129-0	4/11
2	44	Justus FLOREN	SR	#1 Saint Benedict	38.40m	126-0	4/12
3	46	Abbie SWENSON	SR	#5 Bethel (Minn.)	38.30m	125-8	4/12
4	72	Brooke BOROUGHS	SO	#6 Macalester	36.84m	120-11	4/5
5	87	Kaia GACK	FR	#2 Concordia Moorl{2}	36.15m	118-7	4/11
6	99	Peyton SELLE	SR	#2 Concordia Moorl{3}	35.79m	117-5	4/19
7		Haley WOLSKY	SO	#2 Concordia Moorl{4}	35.19m	115-6	4/19
8		Regan ANDERSON	SR	#2 Concordia Moorl{5}	34.35m	112-9	4/11
9		Catherine GANLEY	SR	#1 Saint Benedict {2}	33.84m	111-0	4/18
10		Claire KEECH	JR	#4 St. Olaf	33.17m	108-10	4/12

## Women's Heptathlon

1	19	Justus FLOREN	SR	#1 Saint Benedict	4,429		4/18
2	29	Peyton SELLE	SR	#2 Concordia Moorl	4,258		4/13
3	31	Jenna KALEVIK	SR	#2 Concordia Moorl{2}	4,203		4/13
4	86	Taylor CHRISTENSON	FR	#2 Concordia Moorl{3}	3,352		4/13
5	88	Emily KOCH	SO	#1 Saint Benedict {2}	3,326		4/18
6		Maisy KOMASTU	FR	#1 Saint Benedict {3}	3,125		4/18
7		Grace CIARROCHI	SO	#2 Concordia Moorl{4}	2,563		4/13



## Conference TFRI Event Summary



MWC

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## Women's 100 Meters

1	Haley GARRETT	SO	#4 Illinois College	12.43w	(2.8)	4/4
2	Maddie RUSK	JR	#3 Monmouth (Ill.)	12.45w	(2.5)	4/18
3	Rajanea LANDERS	FR	#2 Grinnell	12.54w	(4.0)	3/28
3	McKenzie MURRAY	FR	#4 Illinois College {2}	12.54w	(2.5)	4/18
5	Deja ANDERSON	SO	#4 Illinois College {3}	12.55	(1.6)	4/18
6	Makaiha MOORE-BELL	SO	#3 Monmouth (Ill.) {2}	12.58w	(3.6)	4/18
7	Bridget FINN	SR	#1 Ripon	12.67	(1.3)	4/17
8	AJ JONES	SR	#8 Lake Forest	12.72	(1.7)	3/29
9	Fynesse JONES	JR	#4 Illinois College {4}	12.76w	(2.2)	4/12
10	Sidney HOFFA	SO	#1 Ripon {2}	12.78w	(3.9)	4/12
10	Ava TAYLOR	SR	#2 Grinnell {2}	12.78w	(4.0)	3/28

## Women's 100 Meter Hurdles

1	41 Aleese TRIMINGHAM	SO	#4 Illinois College	14.74	(0.3)	4/18
2	84 Bridget FINN	SR	#1 Ripon	15.16	(1.3)	4/12
3	Hailey CAROLAN	JR	#5 Cornell College	16.14w	(2.3)	4/5
4	Jacquelyn HAN	JR	#8 Lake Forest	16.49w	(2.2)	4/12
5	Irene YANK	SR	#6 Lawrence	16.81w	(2.5)	4/12
6	Jessie GOODMAN	JR	#2 Grinnell	16.85	(1.7)	4/19
7	Natalie GONZALEZ	FR	#3 Monmouth (Ill.)	17.01	(0.2)	4/18
8	Patricia RIVERA	SR	#4 Illinois College {2}	18.17w	(3.1)	4/4
9	Niomee CASEY	JR	#7 Beloit	18.24	(0.6)	4/18
10	Nicole ARNHOLD	JR	#1 Ripon {2}	18.31w	(3.1)	3/22

## Women's 200 Meters

1	99 Haley GARRETT	SO	#4 Illinois College	25.26w	(3.1)	3/29
2	Maddie RUSK	JR	#3 Monmouth (Ill.)	25.55w	(2.3)	4/18
3	McKenzie MURRAY	FR	#4 Illinois College {2}	25.87	(0.2)	4/12
4	Fynesse JONES	JR	#4 Illinois College {3}	26.21	(0.2)	4/12
5	Makaiha MOORE-BELL	SO	#3 Monmouth (Ill.) {2}	26.26w	(2.3)	4/18
6	Brooke OAKLEY	JR	#4 Illinois College {4}	26.45	(0.2)	4/12
7	AJ JONES	SR	#8 Lake Forest	26.48	(0.0)	4/5
8	Maile CROWE	SR	#2 Grinnell	26.57	(-1.3)	4/19
9	Sidney HOFFA	SO	#1 Ripon	26.59w	(3.4)	4/18
10	Rajanea LANDERS	FR	#2 Grinnell {2}	26.66	(2.0)	4/5

## Women's 400 Meters

1	Willow ZIEGLER	SO	#5 Cornell College	59.69		4/19
2	Ella FAJARDO-WILDE	SO	#6 Lawrence	1:00.78		4/17
3	Madylyn WOYAK	SO	#1 Ripon	1:00.81		4/17
4	Brooke OAKLEY	JR	#4 Illinois College	1:01.05		4/18
5	Maile CROWE	SR	#2 Grinnell	1:01.11		4/19
6	Cole MILLER	SO	#7 Beloit	1:01.23		3/15
7	Kami RHOADES	FR	#4 Illinois College {2}	1:01.28		4/12
8	McKenzie MURRAY	FR	#4 Illinois College {3}	1:01.35		3/29
9	Alayna FURCH	SR	#7 Beloit {2}	1:01.43		4/12
10	Hailey CAROLAN	JR	#5 Cornell College {2}	1:01.50c	(1:02.31)	4/12

## Women's 400 Meter Hurdles

1	93 Bridget FINN	SR	#1 Ripon	1:06.22		4/18
2	Aleese TRIMINGHAM	SO	#4 Illinois College	1:07.19		4/4
3	Hailey CAROLAN	JR	#5 Cornell College	1:07.56		4/19
4	Kiki SHERMAN	SR	#1 Ripon {2}	1:08.73		4/17
5	Jacquelyn HAN	JR	#8 Lake Forest	1:10.25		4/17
6	Jessie GOODMAN	JR	#2 Grinnell	1:10.95		4/19
7	Natalie GONZALEZ	FR	#3 Monmouth (Ill.)	1:12.82		4/18
8	Josie SHIRAZ	FR	#2 Grinnell {2}	1:14.25		4/19
9	Clara LYFORD	FR	#6 Lawrence	1:16.39		4/17
10	Niomee CASEY	JR	#7 Beloit	1:17.17		3/15

## Women's 800 Meters

1	93 Jenny CORTES	JR	#1 Ripon	2:17.06		4/12
2	Hannah ROARK	JR	#2 Grinnell	2:17.92c	(2:19.52)	4/5
3	Tennyson SHULTZ	FR	#2 Grinnell {2}	2:19.30		4/11
4	Ava CLAUSSEN-TUBBS	JR	#5 Cornell College	2:20.60		4/12
5	Bridget FINN	SR	#1 Ripon {2}	2:22.40		4/12
6	Sindri BONNER	FR	#2 Grinnell {3}	2:22.49c	(2:24.13)	4/12
7	Mila WESTRA	FR	#6 Lawrence	2:23.23		4/12
8	Noelle VU	FR	#2 Grinnell {4}	2:25.18		4/11
9	Minnie HOFFMAN	SO	#1 Ripon {3}	2:25.51		4/5
10	Gaby SKORCZEWSKI	SO	#6 Lawrence {2}	2:25.55		4/17

## Women's 1500 Meters

1	79 Jenny CORTES	JR	#1 Ripon	4:40.54		4/18
2	85 Hannah ROARK	JR	#2 Grinnell	4:40.78		4/19
3	91 Ava CLAUSSEN-TUBBS	JR	#5 Cornell College	4:41.29		4/19
4	Cristyn OLIVER	SR	#6 Lawrence	4:46.31		4/17
5	Tennyson SHULTZ	FR	#2 Grinnell {2}	4:50.51		4/19
6	Alyza KOPPES	JR	#5 Cornell College {2}	4:50.98		4/19
7	Mila WESTRA	FR	#6 Lawrence {2}	4:51.56		4/17
8	Lidia DAHLMAN	FR	#5 Cornell College {3}	4:54.04		4/19
9	Mackenzie ENGBERT	JR	#5 Cornell College {4}	4:54.52		4/19
10	Joley BERGER	FR	#1 Ripon {2}	4:56.08		4/5

## Women's Steeplechase

1	36 Hannah ROTH	SO	#2 Grinnell	11:14.05		4/11
2	90 Gabby ALLARD	SO	#1 Ripon	11:34.22		4/5
3	Riley WINEBRENNER	SR	#6 Lawrence	11:52.97		4/17
4	Kiki SHERMAN	SR	#1 Ripon {2}	12:03.48		4/5
5	Crystal KACZMARCZYK	SR	#2 Grinnell {2}	12:010.00		4/12
6	Diana BARBA	JR	#2 Grinnell {3}	12:18.49		4/19
7	Emma WHARTON-HSIEH	SO	#2 Grinnell {4}	12:22.47		4/12
8	Carley SEELEY	FR	#5 Cornell College	12:28.00		4/19
9	Sophie STUMBO	SO	#5 Cornell College {2}	12:35.31		4/19
10	Francis HILLIARD	JR	#9 Knox	12:49.65		4/18



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## Women's 5000 Meters

1	69	Cristyn OLIVER	SR	#6 Lawrence	17:25.23	4/12
2		Joley BERGER	FR	#1 Ripon	17:40.80	4/12
3		Alyza KOPPE	JR	#5 Cornell College	17:51.34	4/12
4		Gabby ALLARD	SO	#1 Ripon {2}	17:57.62	4/12
5		Mikayla FLYTE	SR	#1 Ripon {3}	17:57.88	4/12
6		Hannah ROTH	SO	#2 Grinnell	18:09.17	4/19
7		Genevieve MADIGAN	FR	#2 Grinnell {2}	18:13.54	4/19
8		Lidia DAHLMAN	FR	#5 Cornell College {2}	18:21.30	4/12
9		Lettia HODA	SO	#8 Lake Forest	18:29.82	4/5
10		Sophie GRAHAM	SO	#8 Lake Forest {2}	18:41.38	4/5

## Women's 10,000 Meters

1	53	Joley BERGER	FR	#1 Ripon	37:33.14	4/18
2	59	Mikayla FLYTE	SR	#1 Ripon {2}	37:44.57	4/18
3	62	Gabby ALLARD	SO	#1 Ripon {3}	37:49.78	4/18
4		Mya GARCIA	SO	#1 Ripon {4}	41:05.58	4/17
5		Zoe PEESEL	SO	#5 Cornell College	41:09.97	4/12
6		Katya LACKEY	SO	#2 Grinnell	41:16.95	4/12
7		Milar LITTLE	FR	#5 Cornell College {2}	41:18.85	4/12
8		Jasmine MOLDENHAUER	SR	#6 Lawrence	42:42.38	4/17
9		Paige LUNTSFORD	FR	#3 Monmouth (Ill.)	43:16.66	4/18
10		Eli WUNDERLICH	JR	#6 Lawrence {2}	44:49.21	4/17

## Women's 4x100 Relay

1	45	McKenzie Murray, Fynesse Jones, Haley Garrett, Deja Anderson	#4 Illinois College	48.15	4/12
2		#Type!	#2 Grinnell	49.81	4/19
3		Maddie Rusk, Natalie Gonzalez, Delaney Rexroat, Makaiha Moore-Bell	#3 Monmouth (Ill.)	50.77	4/12
4		Tatum Trudell, Madylyn Woyak, Sidney Hoffa, Heleyna Weiss	#1 Ripon	50.82	4/12
5		Jaslyn Gama, Alayna Furch, Niomee Casey, Cole Miller	#7 Beloit	51.32	4/12
6		#Type!	#5 Cornell College	51.60	4/19
7		Farah Tawfik, Jacquelyn Han, One Kenosi, AJ Jones	#8 Lake Forest	51.91	4/12
8		Morgan Cross, Anna Vanden Acker, Itzel Vega Juarez, Irene Yank	#6 Lawrence	55.56	4/12
9		Aleen Ramirez, T'Shareah Willingham, Altynai Ruslanova, Brendely Vijzelman	#9 Knox	58.27	4/18

## Women's 4x400 Relay

1	73	Kami Rhoades, McKenzie Murray, Aleese Trimmingham, Brooke Oakley	#4 Illinois College	4:05.10	4/18
2		Bridget Finn, Heleyna Weiss, Madylyn Woyak, Tatum Trudell	#1 Ripon	4:11.88	4/5
3		Klaire Thompson, Tennyson Shultz, Noelle Vu, Maile Crowe	#2 Grinnell	4:13.62	3/28
4		Willow Ziegler, Olivia Cotton, Alexa Hugart, Hailey Carolan	#5 Cornell College	4:14.67c (4:18.05)	4/12
5		Laura Henze, Mila Westra, Faith Onukaogu, Cristyn Oliver	#6 Lawrence	4:17.80	4/5
6		Jaslyn Gama, Alayna Furch, Niomee Casey, Cole Miller	#7 Beloit	4:18.80	4/12
7		AJ Jones, Farah Tawfik, Andrea Fernandez, One Kenosi	#8 Lake Forest	4:19.77	4/12
8		Cecilia Goodin, Francis Hilliard, Eileen Sheetz, Mary Stockdale	#9 Knox	4:48.67	4/5

## Women's High Jump

1	23	Bridget FINN	SR	#1 Ripon	1.63m	5-4¼	4/12
2	74	Hailey CAROLAN	JR	#5 Cornell College	1.59m	5-2½	4/5
3		Chloe STUDINSKI	JR	#1 Ripon {2}	1.53m	5-¼	4/5
4		Brooke OAKLEY	JR	#4 Illinois College	1.50m	4-11	3/29
4		Naomi MURPHY	SO	#7 Beloit	1.50m	4-11	3/15
6		T'Shareah WILLINGHAM	FR	#9 Knox	1.49m	4-10½	4/18
7		Ashlee LONG	SO	#6 Lawrence	1.46m	4-9½	4/17
7		Natalee KRAGIE	FR	#6 Lawrence	1.46m	4-9½	4/17
9		Lauren ANDERSON	SR	#3 Monmouth (Ill.)	1.44m	4-8¾	4/12
9		Maya HODGE	FR	#5 Cornell College {2}	1.44m	4-8¾	4/5

## Women's Pole Vault

1	65	Madeline BENSON	SR	#4 Illinois College	3.45m	11-3¾	4/18
1	65	Miranda HURSEY	JR	#3 Monmouth (Ill.)	3.45m	11-3¾	4/18
3		Megan DAILEY	SR	#3 Monmouth (Ill.) {2}	3.20m	10-6	4/5
4		Naomee CASEY	JR	#7 Beloit	3.15m	10-4	3/15
5		Delaney REXROAT	SR	#3 Monmouth (Ill.) {3}	3.05m	10-0	4/12
6		Haley CARLIN	SO	#7 Beloit {2}	2.76m	9-½	4/12
7		Clara LYFORD	FR	#6 Lawrence	2.55m	8-4¼	4/5
8		Alice GORINSHTEYN	FR	#6 Lawrence {2}	2.25m	7-4½	4/5



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## Women's Long Jump

1	50	Bridget FINN	SR	#1 Ripon	5.54mw	18-2¼ (2.4)	4/12
2	51	Deja ANDERSON	SO	#4 Illinois College	5.53mw	18-1¾ (2.2)	4/12
3		Sidney HOFFA	SO	#1 Ripon	{2} 5.26mw	17-3¼ (2.8)	4/12
4		Maddie RUSK	JR	#3 Monmouth (Ill.)	5.21mw	17-1¼ (3.6)	4/5
5		Hailey CAROLAN	JR	#5 Cornell College	5.15m	16-10¼ (1.1)	4/19
6		Fynesse JONES	JR	#4 Illinois College	{2} 5.08mw	16-8 (2.9)	4/18
7		Rajanea LANDERS	FR	#2 Grinnell	5.05m	16-7 (0.8)	4/19
8		Nicole ARNHOLD	JR	#1 Ripon	{3} 4.91mw	16-1½ (2.3)	4/12
9		Heleyna WEISS	SO	#1 Ripon	{4} 4.80m	15-9 (-1.3)	3/22
10		Naomi MURPHY	SO	#7 Beloit	4.75mw	15-7 (2.9)	4/18

## Women's Triple Jump

1		Rajanea LANDERS	FR	#2 Grinnell	10.54m	34-7 (0.5)	4/19
2		Irene YANK	SR	#6 Lawrence	10.34m	33-11¼ (1.0)	4/17
3		Delaney REXROAT	SR	#3 Monmouth (Ill.)	10.10m	33-1¼ (1.8)	4/12
4		Maddie RUSK	JR	#3 Monmouth (Ill.)	{2} 10.09mw	33-1¼ (2.5)	4/12
5		Nicole ARNHOLD	JR	#1 Ripon	10.02mw	32-10½ (2.9)	3/22
6		Anna VANDEN ACKER	JR	#6 Lawrence	{2} 9.61mw	31-6½ (3.7)	4/12
7		Maya HODGE	FR	#5 Cornell College	9.56m	31-4½ (0.0)	4/5
8		Melanie ODEN	SR	#2 Grinnell	{2} 9.45m	31-0 (0.6)	4/19
8		Zahra TAIT	FR	#8 Lake Forest	9.45m	31-0	4/12
10		Stella ABERNETHY	FR	#8 Lake Forest	{2} 9.40m	30-10¼ (-1.)	4/5

## Women's Shot Put

1	19	Maddie BOLEY	SR	#3 Monmouth (Ill.)	13.34m	43-9¼	4/12
2	41	Kayla BRAUN	JR	#3 Monmouth (Ill.)	{2} 12.80m	42-0	4/12
3		Kylie GALOWITZ	JR	#2 Grinnell	11.96m	39-3	3/22
4		Jillian TOTH	JR	#3 Monmouth (Ill.)	{3} 11.83m	38-9¾	4/12
5		Sara BOOHER	SR	#2 Grinnell	{2} 11.81m	38-9	4/5
6		Alayna EARLE	SO	#3 Monmouth (Ill.)	{4} 11.49m	37-8½	4/12
7		Bridget FINN	SR	#1 Ripon	11.27m	36-11¾	3/22
7		Lindsey RUFF	SR	#4 Illinois College	11.27m	36-11¾	4/12
9		Hannah MICHAELS	FR	#1 Ripon	{2} 11.17m	36-7¾	4/5
10		Leslie EARLES	SR	#4 Illinois College	{2} 10.88m	35-8½	4/18
10		Hadja BAYO	SR	#7 Beloit	10.88m	35-8½	4/12

## Women's Discus

1	3	Maddie BOLEY	SR	#3 Monmouth (Ill.)	49.06m	161-0	4/5
2	59	Kayla BRAUN	JR	#3 Monmouth (Ill.)	{2} 41.25m	135-4	4/18
3		Kyra BIVINS	FR	#3 Monmouth (Ill.)	{3} 38.56m	126-6	4/18
4		Natalie HASTING	FR	#4 Illinois College	38.12m	125-1	4/18
5		Hadja BAYO	SR	#7 Beloit	36.89m	121-1	4/12
6		Jillian TOTH	JR	#3 Monmouth (Ill.)	{4} 35.93m	117-11	3/29
7		Kylie GALOWITZ	JR	#2 Grinnell	35.75m	117-4	4/19
8		Delanie TENO	JR	#4 Illinois College	{2} 35.64m	116-11	4/18
9		Stephanie NELSON	SO	#9 Knox	35.42m	116-3	4/5
10		Alayna EARLE	SO	#3 Monmouth (Ill.)	{5} 34.07m	111-10	4/18

## Women's Hammer

1	8	Maddie BOLEY	SR	#3 Monmouth (Ill.)	53.96m	177-1	4/18
2	11	Jillian TOTH	JR	#3 Monmouth (Ill.)	{2} 53.77m	176-5	4/5
3		Alayna EARLE	SO	#3 Monmouth (Ill.)	{3} 45.42m	149-0	4/18
4		Abbie JOHNSON	JR	#3 Monmouth (Ill.)	{4} 43.60m	143-1	4/18
5		Stephanie NELSON	SO	#9 Knox	42.54m	139-7	4/12
6		Natalie HASTING	FR	#4 Illinois College	40.98m	134-6	4/18
7		Katherine KRONBERGER	SR	#7 Beloit	40.94m	134-4	4/12
8		Kylie GALOWITZ	JR	#2 Grinnell	40.89m	134-2	4/5
9		Kayla BRAUN	JR	#3 Monmouth (Ill.)	{5} 40.74m	133-8	4/5
10		Leslie EARLES	SR	#4 Illinois College	{2} 40.38m	132-6	4/18

## Women's Javelin

1	49	Juniper SCHWARTZMAN	SO	#2 Grinnell	38.00m	124-8	3/28
2	53	Bri OSTERSON	SR	#5 Cornell College	37.79m	124-0	4/19
3		Bridget FINN	SR	#1 Ripon	35.72m	117-2	4/12
4		Keyleigh THOMAS	JR	#4 Illinois College	33.35m	109-5	4/18
5		Emmy PUNCHES	JR	#8 Lake Forest	31.24m	102-6	4/17
6		Elaina MANUEL	FR	#4 Illinois College	{2} 29.17m	95-8½	4/12
7		Jillian TOTH	JR	#3 Monmouth (Ill.)	28.28m	92-9½	4/18
8		Haley CARLIN	SO	#7 Beloit	28.19m	92-6	3/15
9		Adelaide SCHMITT	FR	#7 Beloit	{2} 27.65m	90-8¾	3/15
10		Delaney REXROAT	SR	#3 Monmouth (Ill.)	{2} 27.19m	89-2½	4/5

## Women's Heptathlon

1	4	Bridget FINN	SR	#1 Ripon	4,945	4/12
2	100	Nicole ARNHOLD	JR	#1 Ripon	{2} 3,185	4/12





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NAC

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## Women's 100 Meters

1	Shaesha JOHNSON	FR	#1 SUNY Delhi	12.40w	(3.2)	4/12
2	Miranda COLE	JR	#1 SUNY Delhi {2}	12.43w	(3.2)	4/12
3	Carrie BURR	SR	#4 UMaine Farming	13.06	(0.0)	4/7
4	Kaprice SIGLER	SO	#1 SUNY Delhi {3}	13.11	(2.0)	4/19
5	Belvia KONODJI	FR	#1 SUNY Delhi {4}	13.22	(0.9)	4/19
6	Erica JOHNSON	JR	#4 UMaine Farming{2}	13.33	(-0.1)	4/11
7	Molly DEARBORN	FR	#2 Husson	13.38	(1.0)	3/8
8	Niamiah PERRY	JR	#2 Husson {2}	13.45	(1.7)	3/29
9	Cara PERRY	SR	#4 UMaine Farming{3}	13.64	(0.0)	4/7
10	Natasha MONREAL	FR	#2 Husson {3}	13.76	(-1.2)	4/11

## Women's 100 Meter Hurdles

1	88 Emma BURR	SO	#3 Thomas (Maine)	15.18	(-0.7)	4/11
2	Anneliese KLEIN	FR	#5 SUNY Cobleskill	15.90	(1.7)	4/18
3	Erica JOHNSON	JR	#4 UMaine Farming	16.77	(-0.7)	4/11
4	Melinda REID	SO	#1 SUNY Delhi	16.99	(1.8)	4/19
5	Kaprice SIGLER	SO	#1 SUNY Delhi {2}	17.04w	(2.4)	4/12
5	Miya VANDEWERKER	FR	#1 SUNY Delhi {2}	17.04w	(2.8)	4/19
7	Niamiah PERRY	JR	#2 Husson	17.13	(1.6)	3/15
8	Guerna BECKER	FR	#5 SUNY Cobleskill {2}	17.64	(1.5)	4/12
9	Carrie BURR	SR	#4 UMaine Farming{2}	17.67	(0.4)	4/10
10	Alyssa COLE	JR	#1 SUNY Delhi {4}	17.88	(1.8)	4/19

## Women's 200 Meters

1	8 Miranda COLE	JR	#1 SUNY Delhi	24.22w	(2.9)	4/19
2	21 Shaesha JOHNSON	FR	#1 SUNY Delhi {2}	24.52w	(2.4)	3/29
3	94 Emma BURR	SO	#3 Thomas (Maine)	25.21	(1.5)	4/19
4	99 Zoe RODI	JR	#1 SUNY Delhi {3}	25.26w	(2.9)	4/19
5	Belvia KONODJI	FR	#1 SUNY Delhi {4}	26.55w	(2.5)	4/19
6	Carrie BURR	SR	#4 UMaine Farming	26.92	(0.6)	4/10
7	Gabrielle BROWN	FR	#1 SUNY Delhi {5}	27.12w	(2.1)	4/12
8	Molly DEARBORN	FR	#2 Husson	27.74	(1.9)	3/15
9	Erica JOHNSON	JR	#4 UMaine Farming{2}	28.30	(0.1)	3/28
10	Kennedy TODD	JR	#4 UMaine Farming{3}	28.38	(-0.5)	4/19

## Women's 400 Meters

1	Zoe RODI	JR	#1 SUNY Delhi	59.97		4/12
2	Gabrielle BROWN	FR	#1 SUNY Delhi {2}	59.99		4/19
3	Molly DEARBORN	FR	#2 Husson	1:02.75		3/15
4	Kali WOOSTER	JR	#6 Northern Vermo	1:03.38		4/19
5	Carrie BURR	SR	#4 UMaine Farming	1:04.43		4/7
6	Julia RENY	SR	#3 Thomas (Maine)	1:04.66		3/14
7	Shelby ROYEA	FR	#6 Northern Vermo{2}	1:06.48		4/7
8	Lina MARTINEZ NOCITO	FR	#4 UMaine Farming{2}	1:07.67		4/11
9	Cara PERRY	SR	#4 UMaine Farming{3}	1:09.74		3/28
10	Peyton FAIRCHILD	JR	#6 Northern Vermo{3}	1:10.78		4/7

## Women's 400 Meter Hurdles

1	99 Anneliese KLEIN	FR	#5 SUNY Cobleskill	1:06.38		4/12
2	Carrie BURR	SR	#4 UMaine Farming	1:12.38		3/28
3	Ida EAMES	JR	#6 Northern Vermo	1:18.20		4/19
4	Miya VANDEWERKER	FR	#1 SUNY Delhi	1:18.31		4/12
5	Alexis FREEMAN	JR	#2 Husson	1:21.40		3/29
6	Nina GREGORY	JR	#2 Husson {2}	1:25.65		4/11
7	Guerna BECKER	FR	#5 SUNY Cobleskill {2}	1:25.77		3/30
8	Rebekah IRELAND	JR	#3 Thomas (Maine)	1:34.74		4/19

## Women's 800 Meters

1	38 Amanda INTRIERI	FR	#1 SUNY Delhi	2:13.89		4/14
2	Lina MARTINEZ NOCITO	FR	#4 UMaine Farming	2:28.21		4/19
3	Savaughn KUNGXAT-FACENDA	SO	#3 Thomas (Maine)	2:29.95		4/19
4	Ava DOWLING	SR	#2 Husson	2:31.11		3/8
5	Emma BURR	SO	#3 Thomas (Maine) {2}	2:31.99		4/19
6	Mary BRYANT	SO	#1 SUNY Delhi {2}	2:32.66		3/29
7	Gillian MINER	FR	#5 SUNY Cobleskill	2:34.51		4/18
8	Carrie BURR	SR	#4 UMaine Farming{2}	2:38.85		4/10
9	Madison BINETTE	FR	#5 SUNY Cobleskill {2}	2:41.43		4/12
10	Ida EAMES	JR	#6 Northern Vermo	2:41.84		3/28

## Women's 1500 Meters

1	Amanda INTRIERI	FR	#1 SUNY Delhi	4:49.22		3/29
2	Evie EASTMAN	SO	#1 SUNY Delhi {2}	4:55.92		4/14
3	Ava DOWLING	SR	#2 Husson	5:02.46		3/8
4	Savaughn KUNGXAT-FACENDA	SO	#3 Thomas (Maine)	5:05.22		4/19
5	Anna MACDONALD	SR	#4 UMaine Farming	5:16.49		4/19
6	Mackenzie EMERSON	SO	#2 Husson {2}	5:16.83		3/29
7	Eve POTEET	JR	#4 UMaine Farming{2}	5:17.52		4/19
8	Lina MARTINEZ NOCITO	FR	#4 UMaine Farming{3}	5:18.31		4/11
9	Grace BEDORE	JR	#2 Husson {3}	5:24.05		3/15
10	Madison BINETTE	FR	#5 SUNY Cobleskill	5:24.49		4/18

## Women's Steeplechase

1	Charlotte WARNER	FR	#1 SUNY Delhi	11:46.19		4/19
2	Ava DOWLING	SR	#2 Husson	11:51.88		3/15
3	Anna MACDONALD	SR	#4 UMaine Farming	12:09.73		4/12
4	Eve POTEET	JR	#4 UMaine Farming{2}	12:39.65		3/28
5	Grace BEDORE	JR	#2 Husson {2}	13:02.71		3/15
6	Rebekah IRELAND	JR	#3 Thomas (Maine)	14:38.49		4/19
7	Amanda WINSLOW	SR	#3 Thomas (Maine) {2}	14:49.48		4/19
8	Abby HUNT	SO	#2 Husson {3}	15:14.51		3/29
9	Abby MACDONALD	SO	#4 UMaine Farming{3}	15:44.98		3/28
10	Alexis FREEMAN	JR	#2 Husson {4}	15:48.39		4/19



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## Women's 5000 Meters

1	60	Charlotte WARNER	FR	#1	SUNY Delhi	17:22.06	4/14
2		Ava DOWLING	SR	#2	Husson	18:57.22	3/15
3		Amelia BOWMAN-MCCOY	JR	#1	SUNY Delhi {2}	19:15.70	4/12
4		Lina MARTINEZ NOCITO	FR	#4	UMaine Farming	19:33.76	4/7
5		Anna MACDONALD	SR	#4	UMaine Farming {2}	19:35.39	4/7
6		Eve POTEET	JR	#4	UMaine Farming {3}	19:47.50	4/7
7		Grace BEDORE	JR	#2	Husson {2}	20:10.30	4/19
8		Alyssa FREEGUARD	JR	#5	SUNY Cobleskill	20:43.35	4/18
9		Gabrielle WAITE	FR	#5	SUNY Cobleskill {2}	20:44.06	4/12
10		Rebecca HALL	FR	#8	Lesley	22:12.35	4/14

## Women's 10,000 Meters

1		Eve POTEET	JR	#4	UMaine Farming	40:58.49	4/12
2		Amelia BOWMAN-MCCOY	JR	#1	SUNY Delhi	41:17.92	4/19
3		Abby MACDONALD	SO	#4	UMaine Farming {2}	46:21.56	4/11
4		Amanda WINSLOW	SR	#3	Thomas (Maine)	47:13.60	4/11

## Women's 4x100 Relay

1	14	#Type!	#1	SUNY Delhi	47.05	3/29
2		Cara Perry, Carrie Burr, Kennedy Todd, Erica Johnson	#4	UMaine Farming	51.65	3/28
3		Niamiah Perry, Brooke Chase, Natasha Monreal, Molly Dearborn	#2	Husson	51.78	4/19
4		Olivia Davis, Peyton Fairchild, Jenna Jones, Dahlia Maynard	#6	Northern Vermo	54.84	3/28
5		Kara Anderson, Tori Watkins, Brooklyn Allen, Rebekah Ireland	#3	Thomas (Maine)	---	4/19

## Women's 4x400 Relay

1	36	Gabrielle Brown, Miranda Cole, Shaesha Johnson, Zoe Rodi	#1	SUNY Delhi	3:58.50	4/19
2		Carrie Burr, Anna MacDonald, Lina Martinez Nocito, Cara Perry	#4	UMaine Farming	4:29.62	4/19
3		Guerna Becker, Madison Binette, Gillian Miner, Anneliese Klein	#5	SUNY Cobleskill	4:38.33	4/18

## Women's High Jump

1		Emma BURR	SO	#3	Thomas (Maine)	1.54m	5-½	4/19
2		Nina GREGORY	JR	#2	Husson	1.51m	4-11½	4/19
3		Melinda REID	SO	#1	SUNY Delhi	1.44m	4-8¾	4/19
4		Kara ANDERSON	FR	#3	Thomas (Maine) {2}	1.41m	4-7½	4/19
5		Alyssa COLE	JR	#1	SUNY Delhi {2}	1.38m	4-6¼	4/19
6		Carrie BURR	SR	#4	UMaine Farming	1.36m	4-5½	4/10
7		Emma SYPHERS	FR	#4	UMaine Farming {2}	1.31m	4-3½	4/7
8		Miya VANDEWERKER	FR	#1	SUNY Delhi {3}	1.23m	4-½	4/19

## Women's Pole Vault

1		Alexis FREEMAN	JR	#2	Husson	2.95m	9-8	4/19
2		Brianna ANDREWS	FR	#2	Husson {2}	2.05m	6-8¾	4/19
3		Brooke CHASE	FR	#2	Husson {3}	2.00m	6-6¾	4/11
4		Nina GREGORY	JR	#2	Husson {4}	1.90m	6-2¾	4/19

## Women's Long Jump

1	93	Anneliese KLEIN	FR	#5	SUNY Cobleskill	5.36m	17-7 (1.3)	4/12
2		Forest SKILLMAN	FR	#6	Northern Vermo	5.13m	16-10 (1.7)	4/14
3		Natasha MONREAL	FR	#2	Husson	5.06m	16-7¼ (1.6)	3/8
4		Emma BURR	SO	#3	Thomas (Maine)	5.03m	16-6 (0.7)	4/19
5		Gabrielle BROWN	FR	#1	SUNY Delhi	4.89m	16-½ (-1.8)	3/29
6		Emma SYPHERS	FR	#4	UMaine Farming	4.88m	16-¼ (0.0)	3/28
7		Niamiah PERRY	JR	#2	Husson {2}	4.65m	15-3¼ (1.5)	3/15
8		Brooke CHASE	FR	#2	Husson {3}	4.55m	14-11¼ (1.9)	3/8
9		Melinda REID	SO	#1	SUNY Delhi {2}	4.51m	14-9¾ (-3.1)	3/29
10		Carrie BURR	SR	#4	UMaine Farming {2}	4.31m	14-1¾ (-0.7)	3/28

## Women's Triple Jump

1		Erica JOHNSON	JR	#4	UMaine Farming	10.39m	34-1¼ (0.0)	4/7
2		Natasha MONREAL	FR	#2	Husson	10.38mw	34-¾ (2.8)	3/8
3		Brooke CHASE	FR	#2	Husson {2}	10.13mw	33-3 (3.4)	3/8
4		Emma SYPHERS	FR	#4	UMaine Farming {2}	9.99m	32-9½ (0.0)	3/28
5		Guerna BECKER	FR	#5	SUNY Cobleskill	9.40m	30-10¼ (0.2)	4/12

## Women's Shot Put

1		Mary DISANTO	SR	#3	Thomas (Maine)	11.50m	37-8¾	4/19
2		Kitty MESSINA	SR	#1	SUNY Delhi	11.00m	36-1¼	4/19
3		Emma BURR	SO	#3	Thomas (Maine) {2}	10.86m	35-7¾	4/19
4		Chelsey COTE	JR	#3	Thomas (Maine) {3}	10.39m	34-1¼	4/19
5		Desirae SEELEY	FR	#3	Thomas (Maine) {4}	10.09m	33-1¼	3/14
6		Megan FLETCHER	JR	#2	Husson	9.71m	31-10¼	3/8
7		Paige CHESBRO	FR	#2	Husson {2}	9.49m	31-1¾	4/11
8		Mercedes TAUNGATU'A	FR	#3	Thomas (Maine) {5}	9.37m	30-9	4/19
9		Evelyn ELIJAH	FR	#7	UMaine Presque	9.33m	30-7½	4/4
10		Sophia JOHNSON	FR	#6	Northern Vermo	9.31m	30-6½	4/7



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## Women's Discus

1	Chelsey COTE	JR	#3 Thomas (Maine)	35.27m	115-9	4/19
2	Kitty MESSINA	SR	#1 SUNY Delhi	32.61m	107-0	4/19
3	Megan FLETCHER	JR	#2 Husson	32.00m	105-0	3/8
4	Paige CHESBRO	FR	#2 Husson {2}	31.96m	104-10	4/19
5	Evelyn ELIJAH	FR	#7 UMaine Presque	29.90m	98-1¼	4/11
6	Kaitlyn HARMON-BOLDING	SR	#4 UMaine Farming	29.87m	98-0	3/28
7	Dory GOOSELIN	JR	#5 SUNY Cobleskill	29.55m	96-11½	4/18
8	Sophia JOHNSON	FR	#6 Northern Vermo	28.99m	95-1½	4/7
9	Aaralyn SCROGGINS	SR	#2 Husson {3}	28.62m	93-10¾	3/8
10	Sierra REED	FR	#6 Northern Vermo {2}	28.50m	93-6	4/19

## Women's Hammer

1	Kitty MESSINA	SR	#1 SUNY Delhi	38.86m	127-6	4/19
2	Megan FLETCHER	JR	#2 Husson	38.15m	125-2	3/15
3	Eliza WHEELER	FR	#3 Thomas (Maine)	36.68m	120-4	4/19
4	Aaralyn SCROGGINS	SR	#2 Husson {2}	35.91m	117-10	4/19
5	Katharine ELLIOTT	SO	#3 Thomas (Maine) {2}	35.82m	117-6	4/19
6	Kaitlyn HARMON-BOLDING	SR	#4 UMaine Farming	35.67m	117-1	3/28
7	Dory GOOSELIN	JR	#5 SUNY Cobleskill	33.12m	108-8	3/30
8	Desirae SEELEY	FR	#3 Thomas (Maine) {3}	31.22m	102-5	3/14
9	Mary DISANTO	SR	#3 Thomas (Maine) {4}	31.13m	102-2	4/11
10	Chelsey COTE	JR	#3 Thomas (Maine) {5}	30.55m	100-3	3/14

## Women's Javelin

1	65 Julia RENY	SR	#3 Thomas (Maine)	37.20m	122-1	4/19
2	80 Kitty MESSINA	SR	#1 SUNY Delhi	36.53m	119-10	4/19
3	Jessica CARNEY	JR	#5 SUNY Cobleskill	31.57m	103-7	4/18
4	Abbie CONLOGUE	SO	#2 Husson	31.44m	103-2	4/19
5	Emma BURR	SO	#3 Thomas (Maine) {2}	30.27m	99-3¾	4/19
6	Alyssa COLE	JR	#1 SUNY Delhi {2}	27.59m	90-6¼	4/19
7	Sierra REED	FR	#6 Northern Vermo	27.01m	88-7½	4/19
8	Evelyn ELIJAH	FR	#7 UMaine Presque	26.51m	86-11¾	4/11
9	Mercedes TAUNGATU'A	FR	#3 Thomas (Maine) {3}	25.94m	85-1¼	4/19
10	Megan FLETCHER	JR	#2 Husson {2}	25.14m	82-5¾	4/11

## Women's Heptathlon

1	12 Emma BURR	SO	#3 Thomas (Maine)	4,650	4/19
2	75 Carrie BURR	SR	#4 UMaine Farming	3,458	4/10
3	Alyssa COLE	JR	#1 SUNY Delhi	2,730	4/19
4	Melinda REID	SO	#1 SUNY Delhi {2}	2,606	4/19
5	Miya VANDEWERKER	FR	#1 SUNY Delhi {3}	2,416	4/19



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## Women's 100 Meters

1	89	Lauren BLIEFERNICHT	SR	#3 Aurora	12.31	(1.7)	4/17
2		Jacey READ	FR	#2 Concordia Wisco	12.43w	(3.0)	4/18
3		Nicole MAKOPE	SR	#1 St. Norbert	12.75	(1.4)	3/28
4		Sabrina MOORE	SR	#2 Concordia Wisco{2}	12.86	(1.8)	4/12
5		Olivia JAMESON	JR	#5 Illinois Tech	12.87	(0.7)	4/12
6		Annaelle MUKASH	FR	#5 Illinois Tech	{2} 12.88	(1.7)	4/17
7		Gracie WOLFE	JR	#1 St. Norbert	{2} 13.07	(1.3)	4/17
8		Katie SMITH	SO	#1 St. Norbert	{3} 13.12	(0.0)	4/20
9		Ellie STAEHLING	SR	#1 St. Norbert	{4} 13.13	(1.3)	4/17
10		Mary WEISENSEL	FR	#1 St. Norbert	{5} 13.17	(1.9)	4/5

## Women's 100 Meter Hurdles

1	56	Eve SHELTON	SR	#6 Concordia Chica	14.95	(1.8)	3/29
2	96	Maya HIELSCHER	SR	#2 Concordia Wisco	15.22	(1.7)	4/5
3		Eden MARANELL	SO	#1 St. Norbert	15.52w	(2.7)	4/5
4		Gretchen SCHWARZ	SO	#1 St. Norbert	{2} 15.87w	(2.2)	4/12
5		Lauren BORCHARDT	SR	#1 St. Norbert	{3} 15.93w	(2.2)	4/12
6		Emma EILERTSON	SO	#2 Concordia Wisco{2}	15.94	(1.7)	4/5
7		Skylar GIBBS	SR	#3 Aurora	16.09w	(2.4)	3/28
8		Jerzey ALLEN	SR	#6 Concordia Chica{2}	16.36w	(3.5)	4/18
9		Larissa HUFFMAN	SO	#1 St. Norbert	{4} 16.39	(1.7)	4/5
10		Kyra KOPEC	SO	#1 St. Norbert	{5} 17.80	(2.0)	4/17

## Women's 200 Meters

1		Lauren BLIEFERNICHT	SR	#3 Aurora	25.36	(1.1)	4/17
2		Jacey READ	FR	#2 Concordia Wisco	25.60w	(3.4)	4/18
3		Eden MARANELL	SO	#1 St. Norbert	25.97	(-1.0)	4/12
4		Madi CROSSMAN	SO	#1 St. Norbert	{2} 26.17	(-0.2)	4/20
5		Zoe TURNER	JR	#5 Illinois Tech	26.38	(0.6)	4/5
6		Eve SHELTON	SR	#6 Concordia Chica	26.46	(1.2)	3/29
7		Amelia MOSEMAN	JR	#5 Illinois Tech	{2} 26.61	(1.2)	3/29
8		Katie SMITH	SO	#1 St. Norbert	{3} 26.66	(-0.2)	4/20
9		Aniyah ISOM	SR	#6 Concordia Chica{2}	26.75	(1.2)	3/29
10		Lydia LEVRA	FR	#10 Lakeland (Wis.)	26.85	(1.8)	4/5

## Women's 400 Meters

1	68	Amelia MOSEMAN	JR	#5 Illinois Tech	57.65		4/5
2		Lauren BLIEFERNICHT	SR	#3 Aurora	59.92		4/5
3		Lydia LEVRA	FR	#10 Lakeland (Wis.)	1:00.59		4/12
4		Madi CROSSMAN	SO	#1 St. Norbert	1:00.83		4/20
5		Zoe TURNER	JR	#5 Illinois Tech	{2} 1:01.02		3/29
6		Madison GRAMBICKA	FR	#1 St. Norbert	{2} 1:01.40		4/12
7		Nikki TRANEL	SR	#1 St. Norbert	{3} 1:01.63		4/20
8		Rachel ALLEN	FR	#1 St. Norbert	{4} 1:02.39		4/17
9		Jacey READ	FR	#2 Concordia Wisco	1:02.75		3/22
10		Ally ZICKERT	SR	#1 St. Norbert	{5} 1:03.47		4/12

## Women's 400 Meter Hurdles

1		Larissa HUFFMAN	SO	#1 St. Norbert	1:08.09		4/12
2		Olivia EBEL	SO	#2 Concordia Wisco	1:08.77		3/22
3		Skylar GIBBS	SR	#3 Aurora	1:10.55		4/12
4		Lauren BORCHARDT	SR	#1 St. Norbert	{2} 1:11.22		4/20
5		Gretchen LANE	SR	#1 St. Norbert	{3} 1:12.70		4/17
6		Tegan OAS	SR	#6 Concordia Chica	1:12.80		4/18
7		Kyra KOPEC	SO	#1 St. Norbert	{4} 1:13.27		4/17
8		Emily GUY	SO	#10 Lakeland (Wis.)	1:13.28		4/18
9		Laura Anna KOSKINEN	SO	#1 St. Norbert	{5} 1:15.73		4/17
10		Isabella PESCADOR	FR	#7 Edgewood	1:21.14		4/12

## Women's 800 Meters

1		Danielle VAN GRINSVEN	JR	#2 Concordia Wisco	2:22.00		3/22
2		Melanie ARVIS	JR	#2 Concordia Wisco{2}	2:23.51		4/5
3		Mika FIELDS	SO	#3 Aurora	2:23.72		4/12
4		Kera RILEY	SO	#1 St. Norbert	2:24.52		4/17
5		Olivia SHIP	SR	#1 St. Norbert	{2} 2:24.58		4/19
6		Izzy FAIRLESS	SO	#6 Concordia Chica	2:24.89		4/12
7		Rachel BRETTIN	JR	#5 Illinois Tech	2:25.50		4/12
8		Alexis DORNER	FR	#4 MSOE	2:27.54		4/18
9		Elizabeth BACKUS	FR	#2 Concordia Wisco{3}	2:27.88		4/5
10		N'Dya FIELDS	JR	#3 Aurora	{2} 2:29.33		4/17

## Women's 1500 Meters

1	20	Deyanneira COLON MALDONADO	SR	#3 Aurora	4:31.91		4/5
2		Ainara SAINZ DE ROZAS	JR	#2 Concordia Wisco	4:44.06		4/5
3		Olivia SHIP	SR	#1 St. Norbert	4:47.22		4/19
4		Melanie ARVIS	JR	#2 Concordia Wisco{2}	4:50.36		3/29
5		Emma AHRENS	SO	#2 Concordia Wisco{3}	4:54.08		3/22
6		Danielle VAN GRINSVEN	JR	#2 Concordia Wisco{4}	4:56.42		3/29
7		Rachel BRETTIN	JR	#5 Illinois Tech	4:57.81		4/5
8		Kera RILEY	SO	#1 St. Norbert	{2} 5:00.05		4/12
9		N'Dya FIELDS	JR	#3 Aurora	{2} 5:02.98		4/17
10		Elizabeth BACKUS	FR	#2 Concordia Wisco{5}	5:06.88		3/29

## Women's Steeplechase

1		Emma JASUTIS	SO	#3 Aurora	12:13.83		4/17
2		Ellee GRUNWALD	SR	#1 St. Norbert	12:22.81		4/5
3		Ariel MARTINEZ	SR	#6 Concordia Chica	12:26.79		4/5
4		Sabryn BLEY	SR	#4 MSOE	12:33.41		4/18
5		Maya THOMPSON	SO	#7 Edgewood	12:48.37		4/18
6		Mallory ARROYO	FR	#3 Aurora	{2} 12:49.73		4/17
7		Anna FITZGERALD	SO	#1 St. Norbert	{2} 13:26.70		4/12
8		Rachel HOMAN	SO	#8 Wisconsin Luthe	13:32.77		4/18
9		Sarah KULAS	SR	#1 St. Norbert	{3} 13:44.92		4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



NACC

as of 4/22/2025 12:04:06 AM ET

## Women's 5000 Meters

1	<b>8</b>	Deyanneira COLON MALDONADO	SR	<b>#3</b>	Aurora	<b>16:38.23</b>	4/12
2	<b>28</b>	Ainara SAINZ DE ROZAS	JR	<b>#2</b>	Concordia Wisco	<b>16:54.99</b>	4/12
3	<b>86</b>	Emma AHRENS	SO	<b>#2</b>	Concordia Wisco{2}	<b>17:31.55</b>	4/12
4	<b>96</b>	Melanie ARVIS	JR	<b>#2</b>	Concordia Wisco{3}	<b>17:34.49</b>	4/12
5		N'Dya FIELDS	JR	<b>#3</b>	Aurora {2}	<b>18:47.56</b>	4/12
6		Sophia HALAMA	JR	<b>#5</b>	Illinois Tech	<b>19:15.75</b>	4/12
7		Emma JASUTIS	SO	<b>#3</b>	Aurora {3}	<b>19:16.34</b>	4/12
8		Ella JERDEE	JR	<b>#1</b>	St. Norbert	<b>19:28.58</b>	<b>4/17</b>
9		Ella KWATERSKI	SO	<b>#4</b>	MSOE	<b>19:36.97</b>	4/4
10		Holly BLEY	SO	<b>#4</b>	MSOE {2}	<b>19:40.23</b>	4/4

## Women's 10,000 Meters

1	<b>8</b>	Deyanneira COLON MALDONADO	SR	<b>#3</b>	Aurora	<b>35:15.27</b>	3/28
2	<b>10</b>	Ainara SAINZ DE ROZAS	JR	<b>#2</b>	Concordia Wisco	<b>35:19.99</b>	<b>4/18</b>
3	<b>34</b>	Emma AHRENS	SO	<b>#2</b>	Concordia Wisco{2}	<b>36:43.73</b>	<b>4/18</b>
4		Ella KWATERSKI	SO	<b>#4</b>	MSOE	<b>40:29.34</b>	<b>4/18</b>
5		Ella JERDEE	JR	<b>#1</b>	St. Norbert	<b>41:57.02</b>	4/12
6		Holly BLEY	SO	<b>#4</b>	MSOE {2}	<b>42:12.89</b>	3/29
7		August PAUTSCH	SR	<b>#3</b>	Aurora {2}	<b>42:43.22</b>	4/5
8		Abigail LANGE	SO	<b>#2</b>	Concordia Wisco{3}	<b>43:09.87</b>	4/12
9		Gianna CARROLL	FR	<b>#1</b>	St. Norbert {2}	<b>44:15.65</b>	4/12
10		Natalie FLORES	SR	<b>#3</b>	Aurora {3}	<b>44:38.42</b>	4/5

## Women's 4x100 Relay

1	<b>95</b>	Maya Hielscher, Jacey Read, Natiya Ballard, Sabrina Moore		<b>#2</b>	Concordia Wisco	<b>49.49</b>	3/29
2		Ari Mack, Lauren Bliefernicht, Grace Beilfuss, Alayna Koehler		<b>#3</b>	Aurora	<b>49.74</b>	4/12
3		Olivia Jameson, Amelia Moseman, Annaelle Mukash, Zoe Turner		<b>#5</b>	Illinois Tech	<b>49.91</b>	<b>4/17</b>
4		Ellie Staehling, Katie Smith, Gracie Wolfe, Nicole Makope		<b>#1</b>	St. Norbert	<b>50.11</b>	4/5
5		Jerzey Allen, Aniyah Isom, Eve Shelton, Daisia Wilson		<b>#6</b>	Concordia Chica	<b>51.82</b>	4/12
6		Kayla Kerkman, Jordan Lawson, Emma Miller, Stephanie Resendiz		<b>#7</b>	Edgewood	<b>53.71</b>	4/12
7		Madelyn Vanderhoof, Amelia Kelley, Lucia Gallardo Martos, Riley Pink		<b>#8</b>	Wisconsin Luthe	<b>55.67</b>	4/11

## Women's 4x400 Relay

1		Zoe Turner, Isabelle Pullen, Rachel Brettin, Amelia Moseman		<b>#5</b>	Illinois Tech	<b>4:10.30</b>	4/5
2		Madi Crossman, Madison Grambicka, Nikki Tranel, Ally Zickert		<b>#1</b>	St. Norbert	<b>4:13.50</b>	4/12
3		Mika Fields, Lauren Bliefernicht, Susana Martinez, August Pautsch		<b>#3</b>	Aurora	<b>4:18.52</b>	4/12
4		Olivia Ebel, Melanie Arvis, Elizabeth Backus, Danielle Van Grinsven		<b>#2</b>	Concordia Wisco	<b>4:21.13</b>	4/5
5		Tegan Oas, Breanna Walters, Addison McKee, Izzy Fairless		<b>#6</b>	Concordia Chica	<b>4:34.69</b>	4/12
6		Kayla Miotk, Keilley Riddle, Kayla Kerkman, Lauren Mesa		<b>#7</b>	Edgewood	<b>4:39.10</b>	<b>4/18</b>
7		Megan Ruffing, Alexis Dorner, Madeline Griffith, Kaitlyn Denapoli		<b>#4</b>	MSOE	<b>4:41.85</b>	4/12
8		Melissa Gomez, Mia Taullaha, Mackenzie Cuddihy, Sarah Matuszek		<b>#11</b>	Dominican (Ill.)	<b>4:42.96</b>	<b>4/18</b>
9		Madelyn Vanderhoof, Madelyn Beyer, Lauren Rastall, Mabel Beversdorf		<b>#8</b>	Wisconsin Luthe	<b>4:50.15</b>	4/11

## Women's High Jump

1	<b>2</b>	Olivia JAMESON	JR	<b>#5</b>	Illinois Tech	<b>1.73m</b>	5-8	4/5
2	<b>86</b>	Jacey READ	FR	<b>#2</b>	Concordia Wisco	<b>1.58m</b>	5-2¼	4/12
3		Emma EILERTSON	SO	<b>#2</b>	Concordia Wisco{2}	<b>1.55m</b>	5-1	3/22
4		Keyara BAILEY	JR	<b>#3</b>	Aurora	<b>1.53m</b>	5-¼	4/12
4		Rachel ROMENS	SR	<b>#8</b>	Wisconsin Luthe	<b>1.53m</b>	5-¼	4/5
4		Alayna KOEHLER	SR	<b>#3</b>	Aurora	<b>1.53m</b>	5-¼	4/5
7		Noor SAMMOUR	JR	<b>#6</b>	Concordia Chica	<b>1.49m</b>	4-10½	3/29
8		Larissa HUFFMAN	SO	<b>#1</b>	St. Norbert	<b>1.48m</b>	4-10¼	4/5
8		Eden MARANELL	SO	<b>#1</b>	St. Norbert	<b>1.48m</b>	4-10¼	4/12
8		Grace BEILFUSS	SO	<b>#3</b>	Aurora {3}	<b>1.48m</b>	4-10¼	4/5
8		Amereka MCPHERSON	JR	<b>#1</b>	St. Norbert	<b>1.48m</b>	4-10¼	4/12
8		Harmonie COOPER	FR	<b>#6</b>	Concordia Chica{2}	<b>1.48m</b>	4-10¼	<b>4/18</b>



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NACC

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## Women's Pole Vault

1	Isabella GALINDO	JR	#1 St. Norbert	3.21m	10-6¼	3/28
1	Caitlyn WEITZEL	SO	#2 Concordia Wisco	3.21m	10-6¼	3/29
3	Kaitlyn KOTULA	JR	#2 Concordia Wisco{2}	3.15m	10-4	4/18
3	Jaden PROPSON	SO	#1 St. Norbert	{2} 3.15m	10-4	4/5
5	Lara DESHLER	JR	#1 St. Norbert	{3} 3.06m	10-½	3/28
6	Adelle POLZIN	FR	#1 St. Norbert	{4} 2.91m	9-6½	4/12
7	Amelia KELLEY	FR	#8 Wisconsin Luthe	2.70m	8-10¼	4/5
8	Emma NICKERSON	SO	#6 Concordia Chica	2.61m	8-6¾	3/29

## Women's Long Jump

1	Marissa LORENZ	SR	#1 St. Norbert	5.28mw	17-4 (3.9)	3/28
1	Aniyah ISOM	SR	#6 Concordia Chica	5.28m	17-4 (0.0)	4/12
1	Nicole MAKOPE	SR	#1 St. Norbert	5.28m	17-4 (0.1)	4/5
4	Cassandra VAUGHN	FR	#1 St. Norbert	{3} 5.21m	17-1¼ (0.4)	3/28
5	Maya HIELSCHER	SR	#2 Concordia Wisco	5.18m	17-0 (1.3)	3/29
6	Eden MARANELL	SO	#1 St. Norbert	{4} 5.07mw	16-7¾ (2.5)	4/5
7	Natiya BALLARD	FR	#2 Concordia Wisco{2}	5.04m	16-6½ (0.5)	3/29
8	Rachel ROMENS	SR	#8 Wisconsin Luthe	5.03m	16-6 (0.0)	4/5
9	Amereka MCPHERSON	JR	#1 St. Norbert	{5} 5.01mw	16-5¼ (2.3)	3/28
10	Kayla KERKMAN	JR	#7 Edgewood	4.99mw	16-4½ (2.6)	4/18
10	Alli CLARK	SO	#1 St. Norbert	{6} 4.99mw	16-4½ (2.3)	3/28

## Women's Triple Jump

1	47 Amiyah JACKSON	FR	#2 Concordia Wisco	11.35m	37-3 (1.0)	3/28
2	60 Marissa LORENZ	SR	#1 St. Norbert	11.20m	36-9	4/12
3	90 Amereka MCPHERSON	JR	#1 St. Norbert	{2} 11.00m	36-1¼	4/12
4	Alli CLARK	SO	#1 St. Norbert	{3} 10.76m	35-3¾ (1.3)	3/28
5	Kailey NICHOLAS	FR	#5 Illinois Tech	10.74m	35-3 (-0.1)	4/12
6	Faustyna KARPESIUKE	SR	#3 Aurora	10.53m	34-6¾ (0.2)	4/12
7	Kaitlyn KOTULA	JR	#2 Concordia Wisco{2}	10.39m	34-1¼ (1.0)	3/29
8	Noor SAMMOUR	JR	#6 Concordia Chica	9.98m	32-9 (0.0)	4/12
9	Evelyn HORVAT	FR	#4 MSOE	9.79mw	32-1½ (3.3)	4/12
10	Natiya BALLARD	FR	#2 Concordia Wisco{3}	9.75m	32-0 (0.2)	3/22

## Women's Shot Put

1	32 Taylor THIRY	JR	#1 St. Norbert	12.89m	42-3½	4/5
2	43 Jessa ALDERMAN	JR	#4 MSOE	12.79m	41-11½	4/18
3	69 Katrina WAWRZYN	SR	#4 MSOE	{2} 12.51m	41-½	3/29
4	86 Josephine JACKLIN	JR	#4 MSOE	{3} 12.27m	40-3¼	4/4
5	Kylee DOHERTY	JR	#7 Edgewood	12.00m	39-4½	4/12
6	Jordan MONROE	SO	#4 MSOE	{4} 11.89m	39-¼	3/29
7	Peyton PANKA	SR	#9 Benedictine (Ill.)	11.84m	38-10¼	3/29
8	Kayla MIOTK	SO	#7 Edgewood	{2} 10.88m	35-8½	4/12
9	Leah SCHMIDT	JR	#8 Wisconsin Luthe	10.84m	35-6¾	4/11
10	Morgan BOZE	SR	#4 MSOE	{5} 10.65m	34-11¼	4/4

## Women's Discus

1	34 Kylee DOHERTY	JR	#7 Edgewood	42.95m	140-11	4/18
2	77 Josephine JACKLIN	JR	#4 MSOE	40.19m	131-10	4/4
3	Jessa ALDERMAN	JR	#4 MSOE	{2} 38.56m	126-6	4/4
4	Ava LARSON	SR	#4 MSOE	{3} 38.46m	126-2	4/4
5	Taylor THIRY	JR	#1 St. Norbert	37.72m	123-9	4/17
6	Kailey RAMAKER	JR	#2 Concordia Wisco	36.93m	121-2	3/29
7	Jolie FOREMAN	JR	#1 St. Norbert	{2} 36.49m	119-9	4/5
8	Marisa JANECEK	JR	#3 Aurora	35.74m	117-3	4/17
9	Leah SCHMIDT	JR	#8 Wisconsin Luthe	35.25m	115-8	4/5
10	Sofia MUELLER	FR	#8 Wisconsin Luthe{2}	34.85m	114-4	4/5

## Women's Hammer

1	74 Kylie CRUM	JR	#4 MSOE	47.26m	155-1	3/29
2	93 Gloria TYLER	SR	#1 St. Norbert	46.21m	151-7	4/12
3	Josephine JACKLIN	JR	#4 MSOE	{2} 44.94m	147-5	3/29
4	Katrina WAWRZYN	SR	#4 MSOE	{3} 44.92m	147-5	4/18
5	Jessa ALDERMAN	JR	#4 MSOE	{4} 44.73m	146-9	3/29
6	Leah SCHMIDT	JR	#8 Wisconsin Luthe	43.02m	141-2	4/11
7	Ava LARSON	SR	#4 MSOE	{5} 42.46m	139-4	3/29
8	Jordan MONROE	SO	#4 MSOE	{6} 42.24m	138-7	3/29
9	Marisa JANECEK	JR	#3 Aurora	40.73m	133-8	3/28
10	Peyton PANKA	SR	#9 Benedictine (Ill.)	40.49m	132-10	4/18

## Women's Javelin

1	8 Kylee DOHERTY	JR	#7 Edgewood	41.79m	137-1	4/12
2	29 Peyton PANKA	SR	#9 Benedictine (Ill.)	39.34m	129-1	4/12
3	60 Maya HIELSCHER	SR	#2 Concordia Wisco	37.37m	122-7	4/18
4	100 Daphne ARAVENA	FR	#1 St. Norbert	35.76m	117-4	4/17
5	Jamie MAAS	JR	#2 Concordia Wisco{2}	34.91m	114-7	4/12
6	Ellison LILYQUIST	SO	#1 St. Norbert	{2} 34.07m	111-10	4/17
7	Ashlyn NAKASHIMA	SR	#3 Aurora	33.19m	108-11	4/17
8	Eden MARANELL	SO	#1 St. Norbert	{3} 32.11m	105-4	4/17
9	Paige SCHREIBER	SO	#2 Concordia Wisco{3}	29.73m	97-6½	4/12
10	Lauren BORCHARDT	SR	#1 St. Norbert	{4} 29.47m	96-8¼	4/5

## Women's Heptathlon

1	30 Eden MARANELL	SO	#1 St. Norbert	4,248	4/12
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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NCAC

as of 4/22/2025 12:04:06 AM ET

## Women's 100 Meters

1	41	Meghan FRAZIER	SR	#3 Wittenberg	12.12	(1.3)	4/19
2	45	Katherine DORTMUND	FR	#2 Ohio Wesleyan	12.13	(1.5)	4/12
3	89	Anaya JOLIVETTE	SR	#4 Denison	12.31	(1.5)	4/12
4		Aelyn BAUMBARGER	FR	#2 Ohio Wesleyan {2}	12.37w	(4.0)	4/19
5		Lindsey MAGOTEAUX	SR	#3 Wittenberg {2}	12.43	(1.3)	4/19
6		Shelby STALL	SO	#1 DePauw	12.44	(1.9)	3/22
7		Isabelle HENDERSON	FR	#3 Wittenberg {3}	12.45	(1.4)	3/30
8		Zora SHAKHAN	SR	#3 Wittenberg {4}	12.54w	(2.2)	4/19
9		Kennedy ELFERS	FR	#2 Ohio Wesleyan {3}	12.61	(1.5)	4/12
10		Noa HELMBRECHT	FR	#6 Kenyon	12.64w	(2.2)	4/19
10		Adeline MILLER	FR	#1 DePauw {2}	12.64w	(3.2)	3/29

## Women's 100 Meter Hurdles

1	8	Katherine DORTMUND	FR	#2 Ohio Wesleyan	14.19w	(2.5)	4/12
2	16	Liberty SCOTT	SO	#1 DePauw	14.32w	(2.5)	4/18
3	26	Daysia HARGRAVE	SR	#5 Wooster	14.46w	(2.5)	4/12
4	48	Katie MOORE	SR	#1 DePauw {2}	14.86	(2.0)	4/19
5	92	Mira RENALDI	FR	#4 Denison	15.20w	(2.5)	4/12
6		Isabelle HENDERSON	FR	#3 Wittenberg	15.27	(-0.1)	4/12
7		Katie MCKINLEY	SR	#1 DePauw {3}	15.45w	(2.5)	4/18
8		Reese NEUMEYER	SR	#3 Wittenberg {2}	15.63w	(3.0)	4/19
9		Cayla EATON	FR	#3 Wittenberg {3}	15.71	(1.2)	4/13
10		Coral PIERSON	JR	#2 Ohio Wesleyan {2}	15.79w	(3.0)	4/19

## Women's 200 Meters

1	45	Meghan FRAZIER	SR	#3 Wittenberg	24.82	(2.0)	4/19
2	66	Anaya JOLIVETTE	SR	#4 Denison	24.96w	(3.0)	4/19
3	86	Shelby STALL	SO	#1 DePauw	25.17	(1.7)	4/12
4		Aelyn BAUMBARGER	FR	#2 Ohio Wesleyan	25.33	(2.0)	4/19
5		Liberty SCOTT	SO	#1 DePauw {2}	25.40	(0.6)	4/18
6		Kennedy ELFERS	FR	#2 Ohio Wesleyan {2}	25.50	(1.7)	4/19
6		Katherine DORTMUND	FR	#2 Ohio Wesleyan {2}	25.50	(0.8)	4/12
8		Lindsey MAGOTEAUX	SR	#3 Wittenberg {2}	25.82	(1.7)	4/19
9		Amelia MITCHELL	SR	#5 Wooster	26.11	(1.6)	4/12
10		Ryley STEGGALL	JR	#7 Oberlin	26.21	(1.6)	4/12

## Women's 400 Meters

1	30	Meghan FRAZIER	SR	#3 Wittenberg	56.44		4/12
2	37	Shelby STALL	SO	#1 DePauw	56.66		3/29
3		Abigail DANNE	JR	#3 Wittenberg {2}	58.87		4/12
4		Ari SOBEL	FR	#6 Kenyon	58.89		4/19
5		Piper LEE	SO	#4 Denison	59.95		4/19
6		Kennedy ELFERS	FR	#2 Ohio Wesleyan	1:00.16		4/19
7		Camila CIEMBRONIEWICZ	SR	#7 Oberlin	1:00.75		4/19
8		Alisah WARD	FR	#8 Hiram	1:01.26		4/5
9		Libby HORNICK	SO	#4 Denison {2}	1:01.34		4/5
10		Tymeerah DE'ARMOND	JR	#3 Wittenberg {3}	1:01.80		4/5

## Women's 400 Meter Hurdles

1	9	Liberty SCOTT	SO	#1 DePauw	1:02.01		4/12
2	20	Katie MOORE	SR	#1 DePauw {2}	1:03.07		3/22
3	22	Emily BRENNAN	JR	#4 Denison	1:03.08		4/12
4	32	Daysia HARGRAVE	SR	#5 Wooster	1:03.86		4/19
5	40	Isabelle HENDERSON	FR	#3 Wittenberg	1:04.24		4/19
6	71	Aliisa JAMES	SR	#2 Ohio Wesleyan	1:05.60		4/19
7	100	Katie MCKINLEY	SR	#1 DePauw {3}	1:06.41		4/18
8		Reese NEUMEYER	SR	#3 Wittenberg {2}	1:07.27		3/22
9		Ava SINEX	SO	#4 Denison {2}	1:08.02		4/12
10		Addi TOBER	FR	#6 Kenyon	1:10.28		4/19

## Women's 800 Meters

1	87	Anna BROWN	JR	#6 Kenyon	2:16.89		4/12
2	97	Sage SERRAINO	SR	#7 Oberlin	2:17.31		4/19
3		Camila CIEMBRONIEWICZ	SR	#7 Oberlin {2}	2:18.35		4/12
4		McKenna DOWNING	JR	#2 Ohio Wesleyan	2:18.56		4/12
5		Ignacia MENDEZ	SR	#5 Wooster	2:20.71		4/12
6		Mary COX	FR	#1 DePauw	2:22.50		4/18
7		Emma JACOBS	SR	#1 DePauw {2}	2:22.65		4/12
8		Abigail DANNE	JR	#3 Wittenberg	2:22.66		3/30
9		Ashley BEATTY	JR	#2 Ohio Wesleyan {2}	2:23.13		4/19
10		Emma GASIOREK	FR	#1 DePauw {3}	2:23.20		3/29

## Women's 1500 Meters

1		McKenna DOWNING	JR	#2 Ohio Wesleyan	4:41.95		4/18
2		Anna BROWN	JR	#6 Kenyon	4:44.83		4/5
3		Sage SERRAINO	SR	#7 Oberlin	4:45.28		4/12
4		Sophie PORTER	SR	#1 DePauw	4:45.77		4/12
5		Morgan THARP	JR	#1 DePauw {2}	4:47.70		4/18
6		Allison DIETZ	SO	#2 Ohio Wesleyan {2}	4:49.79		4/12
7		Grace FLORES	SO	#1 DePauw {3}	4:49.91		4/18
8		Lily MONNETT	SR	#1 DePauw {4}	4:52.12		4/18
9		Fiona MARTINELLI	SO	#4 Denison	4:52.81		4/5
10		Ella CHOMIC	FR	#2 Ohio Wesleyan {3}	4:54.43		4/12

## Women's Steeplechase

1	27	Kendall MANN	SR	#1 DePauw	11:10.56		4/12
2	59	Lily MONNETT	SR	#1 DePauw {2}	11:22.93		4/12
3		Charlotte PURCELL	SO	#7 Oberlin	11:47.18		4/12
4		Morgan THARP	JR	#1 DePauw {3}	11:48.14		4/12
5		Alexis VERDELL	SO	#4 Denison	11:53.69		4/12
6		Mackenzie KELLEY	JR	#3 Wittenberg	11:58.56		4/5
7		Caleigh LYONS	SR	#7 Oberlin {2}	12:01.37		4/19
8		Elsa HOAM	SO	#2 Ohio Wesleyan	12:02.70		4/12
9		Chloe KRUEGER	SO	#1 DePauw {4}	12:20.66		4/12
10		Lucie PRIOR	FR	#6 Kenyon	12:21.17		4/5



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



NCAC

as of 4/22/2025 12:04:07 AM ET

## Women's 5000 Meters

1	Grace FLORES	SO	#1 DePauw	17:40.97	4/12
2	Allison DIETZ	SO	#2 Ohio Wesleyan	17:43.31	4/18
3	Sophie PORTER	SR	#1 DePauw {2}	17:52.95	4/18
4	Kendall MANN	SR	#1 DePauw {3}	17:54.22	4/18
5	Maddi CLARK	SO	#3 Wittenberg	17:57.76	4/13
6	Sophie COTTS	SO	#2 Ohio Wesleyan {2}	17:58.70	4/18
7	Grace THOMAS	SO	#1 DePauw {4}	18:05.79	4/18
8	Megan KEYS	SR	#3 Wittenberg {2}	18:10.22	4/13
9	Ella CHOMIC	FR	#2 Ohio Wesleyan {3}	18:10.63	4/18
10	Amzie MAIENBROOK	JR	#1 DePauw {5}	18:13.86	4/12

## Women's 10,000 Meters

1	14 Sophie PORTER	SR	#1 DePauw	35:31.67	3/28
2	42 Grace FLORES	SO	#1 DePauw {2}	37:00.44	3/28
3	64 Megan KEYS	SR	#3 Wittenberg	37:51.00	3/28
4	66 Brynn URBAN	SR	#1 DePauw {3}	37:55.24	3/28
5	68 Olivia IDE	SO	#6 Kenyon	38:00.14	4/12
6	89 Emma HAWK	JR	#3 Wittenberg {2}	38:34.19	3/28
7	Maddi CLARK	SO	#3 Wittenberg {3}	38:43.56	3/28
8	Grace THOMAS	SO	#1 DePauw {4}	39:00.69	3/28
9	Elise GREENWALD	SR	#5 Wooster	39:19.79	3/29
10	Amzie MAIENBROOK	JR	#1 DePauw {5}	39:26.54	3/28

## Women's 4x100 Relay

1	25 Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson	#3 Wittenberg	47.62	4/12
2	28 Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger	#2 Ohio Wesleyan	47.67	3/30
3	59 Adeline Miller, Shelby Stall, Elizabeth Raborn, Liberty Scott	#1 DePauw	48.68	4/12
4	97 Piper Lee, Anaya Jolivet, Ava Sinex, Emily Brennan	#4 Denison	49.60	4/5
5	Ryley Steggall, Yrva Desormeaux, Heather Benway, Anna Fritz	#7 Oberlin	50.29	3/29
6	Claire Davis, Isabella Cozzie, Emeili Tarpy, Daysia Hargrave	#5 Wooster	50.98	4/5
7	Noa Helmbrecht, Olivia Gumz, Alina Secrest, Ari Sobel	#6 Kenyon	51.02	4/19

## Women's 4x400 Relay

1	32 Emily Loera, Lily Hovda, Liberty Scott, Shelby Stall	#1 DePauw	3:57.69	4/18
2	34 Abigail Danne, Isabelle Henderson, Meghan Frazier, Tymeerah De'Armond	#3 Wittenberg	3:57.97	4/12
3	63 Isabella Cozzie, Ignacia Mendez, Daysia Hargrave, Amelia Mitchell	#5 Wooster	4:04.33	4/5
4	79 Aliisa James, Kennedy Elfers, Yehdeiah Dennis, Brianna Montgomery	#2 Ohio Wesleyan	4:06.38	4/12
5	80 Libby Hornick, Piper Lee, Ava Sinex, Emily Brennan	#4 Denison	4:06.69	4/5
6	Sage Serraino, Camila Ciembroniewicz, Yrva Desormeaux, Ryley Steggall	#7 Oberlin	4:09.80	4/19
7	Ari Sobel, Addi Tober, Jean Cook, Anna Brown	#6 Kenyon	4:09.90	4/19
8	Alisah Ward, Frances Popik, McKenzie Riley, Kylie Moser	#8 Hiram	4:16.29	4/19

## Women's High Jump

1	50 Julissa WILLIAMS	SR	#3 Wittenberg	1.60m	5-3	4/5
2	74 Karalyn RUTKOWSKI	JR	#8 Hiram	1.59m	5-2½	4/19
3	86 Taylor WEISS	SR	#3 Wittenberg {2}	1.58m	5-2¼	4/12
4	Isabelle HENDERSON	FR	#3 Wittenberg {3}	1.55m	5-1	4/19
4	Cayla EATON	FR	#3 Wittenberg {3}	1.55m	5-1	4/19
6	Amelia MITCHELL	SR	#5 Wooster	1.52m	4-11¾	3/29
6	Katie MOORE	SR	#1 DePauw	1.52m	4-11¾	4/19
6	Amarah MCPHAUL	SO	#2 Ohio Wesleyan	1.52m	4-11¾	3/30
9	Daysia HARGRAVE	SR	#5 Wooster {2}	1.45m	4-9	4/19
9	Lainee VALENTINE	SR	#3 Wittenberg {5}	1.45m	4-9	4/5
9	Maddie DOERMAN	FR	#3 Wittenberg {5}	1.45m	4-9	3/22
9	Julia SCHENA	FR	#4 Denison	1.45m	4-9	4/5

## Women's Pole Vault

1	48 Story LAING	SO	#3 Wittenberg	3.52m	11-6½	4/5
2	55 Claire COLEMAN	JR	#2 Ohio Wesleyan	3.50m	11-5¾	4/19
3	Cate GAGNIER	SR	#4 Denison	3.33m	10-11	3/30
4	Addie BECK	SO	#2 Ohio Wesleyan {2}	3.20m	10-6	4/5
5	Lexie GREER	FR	#3 Wittenberg {2}	3.18m	10-5¼	3/30
6	Gabby PAVEY	FR	#1 DePauw	3.05m	10-0	3/29
6	Sarah HIESTAND	JR	#5 Wooster	3.05m	10-0	4/19
8	Jackie RYCHLIK	SO	#2 Ohio Wesleyan {3}	3.03m	9-11¼	3/30
9	Evangelina SPARKS	FR	#4 Denison {2}	2.90m	9-6¼	4/19
10	Ava SARTINI	FR	#2 Ohio Wesleyan {4}	2.88m	9-5¼	3/30





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NCAC

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## Women's Long Jump

1	<b>30</b>	Isabelle HENDERSON	FR	<b>#3</b>	Wittenberg	<b>5.62m</b>	18-5¼ (1.2)	3/22
2	<b>70</b>	Paula SORIC	SR	<b>#6</b>	Kenyon	<b>5.44m</b>	17-10¼ (0.4)	4/12
3	<b>93</b>	Niyah SHIPMAN	FR	<b>#2</b>	Ohio Wesleyan	<b>5.36m</b>	17-7 (1.0)	4/5
3	<b>93</b>	Tessa KOCHERT	JR	<b>#1</b>	DePauw	<b>5.36mw</b>	17-7 (2.7)	<b>4/18</b>
5		Heather BENWAY	SR	<b>#7</b>	Oberlin	<b>5.21m</b>	17-1¼ (1.1)	4/12
6		Katie MOORE	SR	<b>#1</b>	DePauw	{2} <b>5.17m</b>	16-11½ (0.8)	4/12
7		Cayla EATON	FR	<b>#3</b>	Wittenberg	{2} <b>5.09m</b>	16-8½ (1.7)	4/13
8		Lainee VALENTINE	SR	<b>#3</b>	Wittenberg	{3} <b>5.06m</b>	16-7¼ (1.1)	3/30
9		Anaya JOLIVETTE	SR	<b>#4</b>	Denison	<b>5.01m</b>	16-5¼ (0.8)	3/30
10		Emery KURTH	FR	<b>#4</b>	Denison	{2} <b>5.00m</b>	16-5 (1.8)	3/30

## Women's Triple Jump

1	<b>15</b>	Paula SORIC	SR	<b>#6</b>	Kenyon	<b>11.82m</b>	38-9½ (1.5)	4/11
2	<b>34</b>	Tessa KOCHERT	JR	<b>#1</b>	DePauw	<b>11.46m</b>	37-7¼ (-1.6)	4/12
3	<b>98</b>	Julissa WILLIAMS	SR	<b>#3</b>	Wittenberg	<b>10.95mw</b>	35-11¼ (3.0)	<b>4/19</b>
4		Taylor WEISS	SR	<b>#3</b>	Wittenberg	{2} <b>10.57m</b>	34-8¼ (0.0)	4/5
5		Julia SCHENA	FR	<b>#4</b>	Denison	<b>10.52m</b>	34-6¼ (0.7)	4/5
6		Emery KURTH	FR	<b>#4</b>	Denison	{2} <b>10.44mw</b>	34-3 (3.3)	4/5
7		Reese NEUMEYER	SR	<b>#3</b>	Wittenberg	{3} <b>10.28m</b>	33-8¾ (-0.7)	<b>4/19</b>
8		Anna FRITZ	JR	<b>#7</b>	Oberlin	<b>10.25m</b>	33-7½ (0.0)	4/12
9		Jada COLVIN	FR	<b>#2</b>	Ohio Wesleyan	<b>9.92m</b>	32-6½ (-0.1)	4/5
10		Claire DAVIS	SO	<b>#5</b>	Wooster	<b>9.54m</b>	31-3¾ (0.0)	4/12

## Women's Shot Put

1	<b>35</b>	Sydney FLORES	JR	<b>#4</b>	Denison	<b>12.88m</b>	42-3¼	3/30
2		Evie SANFORD	JR	<b>#5</b>	Wooster	<b>11.95m</b>	39-2½	<b>4/19</b>
3		Samantha VOLPE	SO	<b>#8</b>	Hiram	<b>11.67m</b>	38-3½	3/22
4		Bree MAHONEY-SUTHERLAND	SR	<b>#1</b>	DePauw	<b>11.63m</b>	38-2	4/12
5		Penelope ARTEMIS	FR	<b>#6</b>	Kenyon	<b>11.30m</b>	37-1	<b>4/19</b>
6		Rylie PETROFF	SO	<b>#8</b>	Hiram	{2} <b>10.99m</b>	36-¾	<b>4/19</b>
7		Ziciah GIBSON	JR	<b>#3</b>	Wittenberg	<b>10.61m</b>	34-9¾	4/13
8		Alexis EUSEY	SO	<b>#2</b>	Ohio Wesleyan	<b>10.46m</b>	34-4	4/5
9		Jera HOY	FR	<b>#2</b>	Ohio Wesleyan	{2} <b>10.40m</b>	34-1½	<b>4/19</b>
10		Chloe COOPER	SO	<b>#8</b>	Hiram	{3} <b>10.11m</b>	33-2	3/29

## Women's Discus

1	<b>53</b>	Emily DAVIS	JR	<b>#2</b>	Ohio Wesleyan	<b>41.47m</b>	136-1	3/30
2	<b>75</b>	Sydney FLORES	JR	<b>#4</b>	Denison	<b>40.26m</b>	132-1	<b>4/19</b>
3	<b>86</b>	Samantha VOLPE	SO	<b>#8</b>	Hiram	<b>39.78m</b>	130-6	4/13
4		Jera HOY	FR	<b>#2</b>	Ohio Wesleyan	{2} <b>38.57m</b>	126-7	3/30
5		Leanna PLANK	SO	<b>#5</b>	Wooster	<b>37.52m</b>	123-1	<b>4/19</b>
6		Evie SANFORD	JR	<b>#5</b>	Wooster	{2} <b>36.88m</b>	121-0	4/12
7		Maddie HOMO	FR	<b>#1</b>	DePauw	<b>35.37m</b>	116-1	3/29
8		Emma HENRY	FR	<b>#3</b>	Wittenberg	<b>32.68m</b>	107-3	<b>4/19</b>
9		Mariel DROST	SO	<b>#4</b>	Denison	{2} <b>32.41m</b>	106-4	4/12
10		Emma HALL	JR	<b>#2</b>	Ohio Wesleyan	{3} <b>32.38m</b>	106-3	3/23

## Women's Hammer

1		Mariel DROST	SO	<b>#4</b>	Denison	<b>45.10m</b>	148-0	<b>4/19</b>
2		Lucy STOKES	JR	<b>#1</b>	DePauw	<b>44.60m</b>	146-4	4/12
3		Emma HALL	JR	<b>#2</b>	Ohio Wesleyan	<b>43.02m</b>	141-2	4/5
4		Emily DAVIS	JR	<b>#2</b>	Ohio Wesleyan	{2} <b>42.75m</b>	140-3	4/5
5		Penelope ARTEMIS	FR	<b>#6</b>	Kenyon	<b>42.20m</b>	138-6	4/5
6		Maddie HOMO	FR	<b>#1</b>	DePauw	{2} <b>38.87m</b>	127-7	4/12
7		Evie SANFORD	JR	<b>#5</b>	Wooster	<b>38.53m</b>	126-5	4/12
8		Leanna PLANK	SO	<b>#5</b>	Wooster	{2} <b>38.37m</b>	125-11	<b>4/19</b>
9		Macy DEHART	JR	<b>#3</b>	Wittenberg	<b>36.94m</b>	121-3	<b>4/19</b>
10		Chloe COOPER	SO	<b>#8</b>	Hiram	<b>33.17m</b>	108-10	4/13

## Women's Javelin

1	<b>88</b>	Hazel JOLLIFF	JR	<b>#2</b>	Ohio Wesleyan	<b>36.10m</b>	118-5	3/30
2		Molly STEVENER	SO	<b>#1</b>	DePauw	<b>34.50m</b>	113-2	4/12
3		Phoebe DRESCHER	SO	<b>#2</b>	Ohio Wesleyan	{2} <b>34.29m</b>	112-6	3/23
4		Ziciah GIBSON	JR	<b>#3</b>	Wittenberg	<b>33.36m</b>	109-6	3/30
5		Alexis EUSEY	SO	<b>#2</b>	Ohio Wesleyan	{3} <b>33.22m</b>	109-0	3/23
6		Katie MOORE	SR	<b>#1</b>	DePauw	{2} <b>32.85m</b>	107-10	<b>4/19</b>
7		Lucy STOKES	JR	<b>#1</b>	DePauw	{3} <b>31.27m</b>	102-7	<b>4/18</b>
8		Addison DISMAN	SO	<b>#8</b>	Hiram	<b>30.98m</b>	101-8	4/5
9		Celia VAUGHN	JR	<b>#7</b>	Oberlin	<b>30.22m</b>	99-1¾	4/12
10		Elizabeth THEOBALD	FR	<b>#5</b>	Wooster	<b>29.67m</b>	97-4¼	<b>4/19</b>

## Women's Heptathlon

1	<b>15</b>	Katie MOORE	SR	<b>#1</b>	DePauw	<b>4,565</b>	<b>4/19</b>
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## Conference TFRI Event Summary



NESCAC

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## Women's 100 Meters

1	7	Rachel ARTHUR	SR	#2 Williams	11.78w	(2.8)	3/22
2	13	Simone WAHEED	SO	#5 Colby	11.87	(1.6)	3/28
3	26	Jillian STRYNAR	FR	#10 Trinity (Conn.)	12.00w	(2.4)	4/19
4	64	Blessing KIEH	FR	#7 Connecticut Coll	12.22w	(2.4)	4/19
5	78	Makayla MORIARTY	FR	#1 Tufts	12.27	(1.6)	4/19
6	89	Simi LAWAL	SO	#1 Tufts	{2} 12.31	(1.8)	3/22
7		Ellie JOLLY	FR	#3 Amherst	12.40	(2.0)	4/12
8		Malia KLEIN	SR	#2 Williams	{2} 12.41w	(2.7)	3/22
9		Bella KING-HARVEY	SO	#2 Williams	{3} 12.42	(1.1)	3/22
10		Jenna NAJJAR	FR	#10 Trinity (Conn.)	{2} 12.45w	(2.2)	4/19
10		Ella SUKUP	JR	#2 Williams	{4} 12.45w	(2.1)	3/28

## Women's 100 Meter Hurdles

1	33	Eliza CARDWELL	SR	#3 Amherst	14.64	(1.3)	4/12
2	52	Myeh MEDINA	JR	#3 Amherst	{2} 14.91	(2.0)	4/12
3	64	Arisa GRACE MCGOWAN	JR	#3 Amherst	{3} 15.02	(2.0)	4/12
4	83	Moriah SCHARN	JR	#8 Bates	15.15	(-1.3)	4/19
5		Ziann FACEY	JR	#2 Williams	15.29	(0.7)	3/28
6		Catherine UWAKWE	JR	#6 Bowdoin	15.36	(1.7)	3/23
7		Olivia LABELLE	FR	#2 Williams	{2} 15.44	(1.9)	3/28
8		Savannah CECE	SR	#10 Trinity (Conn.)	15.45w	(2.2)	4/19
9		Emma MILLS	SO	#4 Middlebury	15.49	(0.9)	3/15
10		Lauren ZIPOLI	FR	#1 Tufts	15.73w	(2.6)	4/19

## Women's 200 Meters

1	28	Rachel ARTHUR	SR	#2 Williams	24.65	(-0.4)	3/28
2	42	Simone WAHEED	SO	#5 Colby	24.81	(-0.4)	3/28
3	56	Jillian STRYNAR	FR	#10 Trinity (Conn.)	24.91w	(2.4)	4/19
4	63	Fiona MEJICO	SR	#5 Colby	{2} 24.95	(-0.4)	3/28
5	69	Bella KING-HARVEY	SO	#2 Williams	{2} 25.01	(-0.8)	3/22
6	75	Heloise HUGHES	SO	#3 Amherst	25.05w	(2.2)	4/12
7		Makayla MORIARTY	FR	#1 Tufts	25.28	(2.0)	4/19
8		Juliette SULLIVAN	SO	#11 Wesleyan (Conn.)	25.30w	(2.4)	4/19
9		Malia KLEIN	SR	#2 Williams	{3} 25.36	(-1.2)	3/28
10		Cate DONALDSON	SO	#2 Williams	{4} 25.37	(-0.2)	3/22

## Women's 400 Meters

1	5	Bella KING-HARVEY	SO	#2 Williams	55.31		3/28
2	16	Fiona MEJICO	SR	#5 Colby	55.83		4/19
3	41	Casie EIFRIG	SR	#3 Amherst	56.77		4/19
4	47	Kaitlyn EWALD	SO	#5 Colby	{2} 57.02		4/19
5	57	Makayla MORIARTY	FR	#1 Tufts	57.47		4/12
6	58	Olivia DOHERTY	JR	#5 Colby	{3} 57.48		3/22
7	70	Annika PALUSKA	FR	#2 Williams	{2} 57.73		3/22
8	71	Cate DONALDSON	SO	#2 Williams	{3} 57.74		3/22
9	84	Elle THOMPSON	SR	#4 Middlebury	58.04		4/19
10	88	Piper LENTZ	JR	#3 Amherst	{2} 58.09		4/12

## Women's 400 Meter Hurdles

1	2	Fiona MEJICO	SR	#5 Colby	59.79		3/22
2	25	Emma SMITH	SR	#1 Tufts	1:03.35		3/22
3	28	Arielle CHECHILE	FR	#1 Tufts	{2} 1:03.57		4/12
4	37	Myeh MEDINA	JR	#3 Amherst	1:04.18		4/12
5	55	Emily RUBIO	JR	#4 Middlebury	1:04.92		4/19
6	68	Michelle BARNES	SO	#5 Colby	{2} 1:05.43		3/28
7	82	Anna MAZUR	SO	#4 Middlebury	{2} 1:05.91		4/19
7	82	Anne-Sophie JANSSEN	JR	#1 Tufts	{3} 1:05.91		3/22
9		Olivia WARUCH	FR	#9 Hamilton	1:06.76		4/12
10		Lia NAVON	FR	#2 Williams	1:07.57		3/28

## Women's 800 Meters

1	12	Alexa ESTES	JR	#7 Connecticut Coll	2:10.71		4/12
2	17	Annika PALUSKA	FR	#2 Williams	2:11.49		3/28
3	22	Piper LENTZ	JR	#3 Amherst	2:12.40		4/5
4	37	Grace MCDONOUGH	JR	#7 Connecticut Coll	{2} 2:13.77		4/12
5	49	Zoe MARCUS	SO	#3 Amherst	{2} 2:14.95		4/5
6	54	Astrid MCGUIRE	FR	#6 Bowdoin	2:15.46		4/19
7	60	Sylvan WOLD	SR	#3 Amherst	{3} 2:15.80		4/12
8	62	Olivia DOHERTY	JR	#5 Colby	2:16.00		4/19
9	70	Lily BULCZYNSKI	JR	#4 Middlebury	2:16.38		4/12
10	96	Jordan WALTER	SR	#11 Wesleyan (Conn.)	2:17.28		4/19

## Women's 1500 Meters

1	3	Grace MCDONOUGH	JR	#7 Connecticut Coll	4:27.16		4/12
2	16	Lily YAMPOLSKY	FR	#2 Williams	4:31.15		3/28
3	31	Keira ROGAN	FR	#9 Hamilton	4:33.73		3/29
4	41	Sylvan WOLD	SR	#3 Amherst	4:35.98		4/19
5	49	Bea PARR	SR	#4 Middlebury	4:37.03		3/22
6	64	Julia SCHOR	SR	#3 Amherst	{2} 4:38.99		4/19
7	65	Kiera TALLAS	SO	#7 Connecticut Coll	{2} 4:39.19		4/19
8	67	Flora BIRO	FR	#3 Amherst	{3} 4:39.49		3/29
9		Nora JOHNSON	SR	#2 Williams	{2} 4:42.41		4/12
10		Jordan LISS-RIORDAN	SO	#2 Williams	{3} 4:42.44		4/12

## Women's Steeplechase

1	2	Keira ROGAN	FR	#9 Hamilton	10:27.88		4/5
2	3	Audrey MACLEAN	SO	#4 Middlebury	10:28.51		3/22
3	21	Charlene PENG	SO	#2 Williams	11:02.40		3/28
4	41	Alexandra SIMON	SO	#11 Wesleyan (Conn.)	11:15.75		4/5
5	53	Sylvie NAJARIAN	SR	#9 Hamilton	{2} 11:19.68		4/5
6	57	Kiera TALLAS	SO	#7 Connecticut Coll	11:20.94		4/12
7	74	Lexi DEAN	JR	#1 Tufts	11:27.30		4/5
8	85	Shea FAJEN	FR	#4 Middlebury	{2} 11:32.27		3/22
9	100	Sophie CARPENTER	SO	#1 Tufts	{2} 11:37.19		4/5
10		Stephanie RENOUF	SO	#4 Middlebury	{3} 11:39.53		4/12



## Conference TFRI Event Summary



NESCAC

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## Women's 5000 Meters

1	<b>4</b>	Grace MCDONOUGH	JR	#7 Connecticut Coll	<b>16:29.06</b>	4/5
2	<b>40</b>	Audrey MACLEAN	SO	#4 Middlebury	<b>17:08.82</b>	4/12
3	<b>48</b>	Flora BIRO	FR	#3 Amherst	<b>17:16.39</b>	4/5
4	<b>54</b>	Bea PARR	SR	#4 Middlebury	{2} <b>17:19.36</b>	4/12
5	<b>59</b>	Morgan EIGEL	SO	#2 Williams	<b>17:21.46</b>	3/28
6	<b>61</b>	Tamar BYL-BRANN	SO	#2 Williams	{2} <b>17:22.34</b>	3/28
7	<b>66</b>	Charlene PENG	SO	#2 Williams	{3} <b>17:23.28</b>	4/12
8	<b>68</b>	Jordan LISS-RIORDAN	SO	#2 Williams	{4} <b>17:24.96</b>	4/12
9	<b>85</b>	Isabelle DEMERITT	SR	#8 Bates	<b>17:30.74</b>	4/11
10	<b>93</b>	Abby WILLIAMS	SO	#7 Connecticut Coll	{2} <b>17:33.68</b>	3/29

## Women's 10,000 Meters

1	<b>23</b>	Elizabeth DONAHUE	JR	#1 Tufts	<b>36:05.44</b>	4/14
2	<b>35</b>	Alsacia TIMMERMAN	JR	#7 Connecticut Coll	<b>36:50.62</b>	4/12
3	<b>56</b>	Claire CALLON	SR	#3 Amherst	<b>37:35.79</b>	3/29
4		Daphne THEILER	JR	#3 Amherst	{2} <b>39:55.72</b>	3/29
5		Vivian LAU	JR	#1 Tufts	{2} <b>40:05.86</b>	3/29
6		Mia CORSO	SO	#1 Tufts	{3} <b>40:15.45</b>	3/29
7		Gabbie MOGAVERO	FR	#7 Connecticut Coll	{2} <b>40:28.60</b>	4/12
8		Caitlin BIRD	JR	#7 Connecticut Coll	{3} <b>40:55.64</b>	4/12
9		Abbey WOLFE	SO	#5 Colby	<b>41:12.38</b>	3/28

## Women's 4x100 Relay

1	<b>9</b>	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman	#5 Colby	<b>46.79</b>	3/28
2	<b>15</b>	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson	#2 Williams	<b>47.09</b>	3/28
3	<b>41</b>	Savannah Cece, Jillian Strynar, Jenna Najjar, Brooke Scott	#10 Trinity (Conn.)	<b>48.06</b>	<b>4/19</b>
4	<b>48</b>	Rachel Hubley, Camilla Lash, Eliza Cardwell, Ellie Jolly	#3 Amherst	<b>48.20</b>	4/5
5	<b>54</b>	Katie Bruno, Mackenzie Daggitt, Melissa White, Olive Lawrence	#4 Middlebury	<b>48.50</b>	3/15
6	<b>61</b>	Sophia Young, Juliette Coley, Anna Kim, Catherine Uwakwe	#6 Bowdoin	<b>48.71</b>	<b>4/19</b>
7	<b>64</b>	Cameron Stanton, Makayla Moriarty, Elysse Cumberland, Simi Lawal	#1 Tufts	<b>48.82</b>	3/22
8	<b>93</b>	Emily Cain, Graca Bila, Moriah Scharn, Madison Alves	#8 Bates	<b>49.46</b>	<b>4/19</b>
9		Olivia Waruch, Tatiana McCray, Marley Meyers, Alexa Thomas	#9 Hamilton	<b>49.90</b>	4/5
10		Blessing Kieh, Emmy Castano, Abby Ilusorio, Kailin Fuller	#7 Connecticut Coll	<b>49.92</b>	4/12



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## Women's 4x400 Relay

1	<b>2</b>	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico	<b>#5 Colby</b>	<b>3:44.14</b>	3/28
2	<b>3</b>	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King- Harvey	<b>#2 Williams</b>	<b>3:44.80</b>	3/28
3	<b>18</b>	Harper Meek, Emma Smith, Makayla Moriarty, Arielle Chechile	<b>#1 Tufts</b>	<b>3:52.20</b>	3/22
4	<b>40</b>	Marley Meyers, Renata Mendez- Alvarez, Tatiana McCray, Mia O'Neill	<b>#9 Hamilton</b>	<b>3:59.81c</b> (4:02.99)	<b>4/19</b>
5	<b>46</b>	Anna Krouse, Addie Morrison, Annabel Cloney, Mary Elliot	<b>#4 Middlebury</b>	<b>4:00.92</b>	3/22
6	<b>61</b>	Zoe Marcus, Casie Eifrig, Piper Lentz, Hannah Adhikari	<b>#3 Amherst</b>	<b>4:04.21</b>	4/5
7	<b>91</b>	#Type!	<b>#7 Connecticut Coll</b>	<b>4:08.16</b>	3/29
8		Madison Alves, Graca Bila, Gabby Monaco, Dara Salka	<b>#8 Bates</b>	<b>4:12.34</b>	4/12
9		Anna Kim, Juliette Coley, Catherine Uwakwe, Kennedy Kirkland	<b>#6 Bowdoin</b>	<b>4:16.15</b>	4/12
10		Ava Dubois, Paige Orr, Elizabeth Harris, Jenna Najjar	<b>#10 Trinity (Conn.)</b>	<b>4:18.73</b>	3/30

## Women's High Jump

1	<b>16</b>	Amelie JAMANKA	JR	<b>#2 Williams</b>	<b>1.65m</b>	5-5	3/28
2	<b>38</b>	Alannah ARDREY	SO	<b>#8 Bates</b>	<b>1.61m</b>	5-3¼	<b>4/19</b>
2	<b>38</b>	Leah SMITH	SO	<b>#3 Amherst</b>	<b>1.61m</b>	5-3¼	4/12
4	<b>50</b>	Harper MEEK	SR	<b>#1 Tufts</b>	<b>1.60m</b>	5-3	3/22
5	<b>74</b>	Gabrienne CHERY	SO	<b>#10 Trinity (Conn.)</b>	<b>1.59m</b>	5-2½	<b>4/19</b>
6		Campbell JOHNSON	FR	<b>#8 Bates</b>	{2} <b>1.56m</b>	5-1¼	4/12
6		Lauren GRATTAN	FR	<b>#10 Trinity (Conn.)</b>	{2} <b>1.56m</b>	5-1¼	<b>4/19</b>
8		Juno ROGERS	FR	<b>#8 Bates</b>	{3} <b>1.53m</b>	5-¼	3/23
9		Anaya THOMAS	SR	<b>#3 Amherst</b>	{2} <b>1.52m</b>	4-11¾	4/5
10		Gracie MATTALIANO	SR	<b>#7 Connecticut Coll</b>	<b>1.51m</b>	4-11½	4/5
10		Lexi KING	SO	<b>#1 Tufts</b>	{2} <b>1.51m</b>	4-11½	<b>4/19</b>

## Women's Pole Vault

1	<b>10</b>	Charlotte HODGE	SR	<b>#6 Bowdoin</b>	<b>3.91m</b>	12-10	4/12
2	<b>13</b>	Ellie FITZGERALD	JR	<b>#2 Williams</b>	<b>3.82m</b>	12-6¼	3/22
3	<b>20</b>	Jae YU	SR	<b>#2 Williams</b>	{2} <b>3.75m</b>	12-3½	3/28
4	<b>35</b>	Poppy MILLER	SR	<b>#2 Williams</b>	{3} <b>3.60m</b>	11-9¾	3/28
5	<b>40</b>	Natalie GERMANOV	FR	<b>#1 Tufts</b>	<b>3.55m</b>	11-7¾	3/29
5	<b>40</b>	Lena TANG	SO	<b>#1 Tufts</b>	<b>3.55m</b>	11-7¾	4/5
5	<b>40</b>	Nyla THOMPSON	SR	<b>#1 Tufts</b>	<b>3.55m</b>	11-7¾	3/29
5	<b>40</b>	Emma GALL	SO	<b>#1 Tufts</b>	<b>3.55m</b>	11-7¾	4/12
5	<b>40</b>	Payton SORENSEN	SR	<b>#3 Amherst</b>	<b>3.55m</b>	11-7¾	4/12
10	<b>46</b>	Zoe WANG	SR	<b>#4 Middlebury</b>	<b>3.53m</b>	11-7	3/22

## Women's Long Jump

1	<b>1</b>	Kennedy KIRKLAND	SO	<b>#6 Bowdoin</b>	<b>6.28m</b>		3/22
2	<b>4</b>	Elysse CUMBERLAND	FR	<b>#1 Tufts</b>	<b>6.04m</b>	19-9¾ (2.0)	<b>4/19</b>
3	<b>14</b>	Jordan ANDREW	SR	<b>#1 Tufts</b>	{2} <b>5.80mw</b>	19-½ (2.8)	<b>4/19</b>
4	<b>19</b>	Mackenzie DAGGITT	SR	<b>#4 Middlebury</b>	<b>5.75m</b>	18-10½ (-1)	4/12
5	<b>30</b>	Kelsey TARBY	SO	<b>#2 Williams</b>	<b>5.62m</b>	18-5¼ (0.5)	3/21
6	<b>59</b>	Emily RUBIO	JR	<b>#4 Middlebury</b>	{2} <b>5.50m</b>	18-½ (-0.3)	<b>4/19</b>
7	<b>87</b>	Nora JEAN-JACQUES	SO	<b>#1 Tufts</b>	{3} <b>5.38mw</b>	17-8 (2.8)	<b>4/19</b>
8		Heloise HUGHES	SO	<b>#3 Amherst</b>	<b>5.35m</b>	17-6¾ (0.0)	4/5
9		Mireya KING	FR	<b>#2 Williams</b>	{2} <b>5.30m</b>	17-4¾ (1.3)	3/22
10		Cameron STANTON	FR	<b>#1 Tufts</b>	{4} <b>5.27m</b>	17-3½ (1.5)	3/22

## Women's Triple Jump

1	<b>2</b>	Elysse CUMBERLAND	FR	<b>#1 Tufts</b>	<b>12.66mw</b>	41-6½ (2.5)	<b>4/19</b>
2	<b>3</b>	Jordan ANDREW	SR	<b>#1 Tufts</b>	{2} <b>12.29mw</b>	40-4 (2.1)	<b>4/19</b>
3	<b>17</b>	Rafaela DELGADO	FR	<b>#2 Williams</b>	<b>11.71m</b>	38-5 (0.0)	3/27
4	<b>55</b>	Nora JEAN-JACQUES	SO	<b>#1 Tufts</b>	{3} <b>11.23mw</b>	36-10¼ (3.0)	<b>4/19</b>
5	<b>66</b>	Arielle CHECHILE	FR	<b>#1 Tufts</b>	{4} <b>11.16mw</b>	36-7½ (2.7)	<b>4/19</b>
6	<b>72</b>	Emmeline STOETZEL	FR	<b>#9 Hamilton</b>	<b>11.11mw</b>	36-5½ (2.9)	3/29
7	<b>82</b>	Tamia DUBIDAD	JR	<b>#1 Tufts</b>	{5} <b>11.05mw</b>	36-3 (2.1)	<b>4/19</b>
8	<b>86</b>	Gabriella GERIG	SO	<b>#4 Middlebury</b>	<b>11.02mw</b>	36-2 (3.7)	4/12
9		Mireya KING	FR	<b>#2 Williams</b>	{2} <b>10.92m</b>	35-10 (0.0)	3/28
10		Grace HALL	FR	<b>#4 Middlebury</b>	{2} <b>10.89m</b>	35-8¾ (-0.6)	<b>4/19</b>

## Women's Shot Put

1	<b>74</b>	Maria FARETI	FR	<b>#2 Williams</b>	<b>12.46m</b>	40-10½	3/22
2	<b>78</b>	Lillian WURTZ	JR	<b>#4 Middlebury</b>	<b>12.40m</b>	40-8¼	3/22
3	<b>99</b>	Julia TULIMIERI	JR	<b>#4 Middlebury</b>	{2} <b>12.16m</b>	39-10¾	4/5
4		Emma GIBBENS	SR	<b>#6 Bowdoin</b>	<b>11.73m</b>	38-6	4/12
5		Amaya PENDLETON	SO	<b>#10 Trinity (Conn.)</b>	<b>11.61m</b>	38-1¼	<b>4/19</b>
6		Ginger ARNOLD	SO	<b>#6 Bowdoin</b>	{2} <b>11.59m</b>	38-¼	3/23
7		Marie-Eve MAILLET	FR	<b>#8 Bates</b>	<b>11.46m</b>	37-7¼	4/5
8		Mia KURTZ	FR	<b>#1 Tufts</b>	<b>11.42m</b>	37-5¾	4/5
9		Mardy NOVAK	SO	<b>#6 Bowdoin</b>	{3} <b>11.38m</b>	37-4	<b>4/19</b>
10		Olive LAWRENCE	JR	<b>#4 Middlebury</b>	{3} <b>11.33m</b>	37-2¼	3/22





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## Women's Discus

1	55	Mia KURTZ	FR	#1 Tufts	41.41m	135-11	3/22
2	68	Madeline SAUDERS	SR	#4 Middlebury	40.68m	133-6	3/22
3	78	Lillian WURTZ	JR	#4 Middlebury	{2} 40.18m	131-10	3/22
4	85	Mardy NOVAK	SO	#6 Bowdoin	39.88m	130-10	4/19
5	89	Emma RAMSINGH	SO	#3 Amherst	39.69m	130-3	4/5
6		Emma GIBBENS	SR	#6 Bowdoin	{2} 37.64m	123-6	4/19
7		Julia SAPORITO	FR	#1 Tufts	{2} 37.36m	122-7	4/19
8		Margaret KIM	FR	#4 Middlebury	{3} 35.29m	115-10	4/19
9		Alanna SAUNDERS	SO	#4 Middlebury	{4} 34.69m	113-10	3/15
10		Isabella NIEMI	SO	#3 Amherst	{2} 33.78m	110-10	3/29

## Women's Hammer

1	28	Carli CIAVARELLI	JR	#8 Bates	50.56m	165-11	4/12
2	48	Cecilia LABARGE	SO	#1 Tufts	49.12m	161-2	4/12
3	83	Jaxon PALMER	SR	#4 Middlebury	46.84m	153-8	4/19
4	89	Maria FARETI	FR	#2 Williams	46.30m	151-11	4/12
5		Chloe SCHNEEBERG	SR	#2 Williams	{2} 45.46m	149-2	3/28
6		Julia TULIMIERI	JR	#4 Middlebury	{2} 44.86m	147-2	3/22
7		Amaya PENDLETON	SO	#10 Trinity (Conn.)	44.61m	146-4	4/19
8		Elizabeth GRAHAM	SR	#1 Tufts	{2} 44.41m	145-9	4/19
9		Mia KURTZ	FR	#1 Tufts	{3} 43.64m	143-2	4/19
10		Lily MEADOWS	FR	#3 Amherst	41.27m	135-5	4/12

## Women's Javelin

1	21	Ginger ARNOLD	SO	#6 Bowdoin	39.89m	130-11	3/23
2	35	Jackie WELLS	SO	#1 Tufts	38.98m	127-11	4/19
3	39	Dana SCHWARTZ	JR	#9 Hamilton	38.62m	126-9	4/19
3	39	Mardy NOVAK	SO	#6 Bowdoin	{2} 38.62m	126-9	4/12
5	52	Harper DANFORTH	FR	#1 Tufts	{2} 37.80m	124-0	4/12
6	78	Jaxon PALMER	SR	#4 Middlebury	36.55m	119-11	3/22
7	79	Madison VANT	FR	#3 Amherst	36.54m	119-11	4/19
8	96	Reilly ISLER	SR	#4 Middlebury	{2} 35.95m	118-0	4/12
9		Morgan ROME	JR	#3 Amherst	{2} 35.74m	117-3	3/23
10		Tessa PLAYER	SO	#1 Tufts	{3} 35.23m	115-7	3/22

## Women's Heptathlon

1	32	Tessa PLAYER	SO	#1 Tufts	4,197	4/19
2	43	Lauren ZIPOLI	FR	#1 Tufts	{2} 3,955	4/19
3		Vivian KOLES	FR	#2 Williams	3,142	3/28
4		Kate DITULLIO	FR	#11 Wesleyan (Conn.)	3,061	4/12
5		Sarah LENOX	FR	#5 Colby	2,930	3/28
6		Zoe MULVIHILL	SO	#3 Amherst	2,295	4/12



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## Women's 100 Meters

1	15	Michaina LORISTON	JR	#7 Wheaton (Mass.)	11.88	(1.7)	4/19
2	89	JoJo MILLER	SO	#1 MIT	12.31	(1.7)	4/19
3		Alaina STONEBRAKER	JR	#3 Coast Guard	12.35w	(2.4)	4/19
4		Robyn WILKES	JR	#9 Babson	12.51	(1.7)	4/19
5		Rayna THOMPSON	FR	#4 WPI	12.52	(1.5)	4/19
6		Marina MILLER	SR	#1 MIT	{2} 12.55	(0.9)	4/5
7		Shreya KALYAN	JR	#1 MIT	{3} 12.64	(0.2)	4/5
8		Olivia TACCONI	SO	#10 Salve Regina	12.65w	(2.4)	4/19
9		Ella COUCHON	SO	#2 Springfield (Mas	12.74w	(2.4)	4/19
10		Grace FLYNN	SR	#3 Coast Guard	{2} 12.75w	(3.7)	3/29

## Women's 100 Meter Hurdles

1	44	Katherine DEFOSSE	SO	#2 Springfield (Mas	14.79	(-0.1)	4/19
2		Victoria HART	FR	#9 Babson	15.62w	(2.4)	4/19
3		Corryn FISHER	JR	#4 WPI	15.92	(1.3)	4/12
4		Julia PIKE	JR	#9 Babson	{2} 16.12w	(2.4)	4/19
5		Ioanna TSONI	SO	#5 Mount Holyoke	16.22	(-0.3)	4/13
6		Cassie ZIMMERMAN	SR	#4 WPI	{2} 16.82w	(2.2)	4/19
7		Caetlyn EMBREE	FR	#4 WPI	{3} 17.04	(0.4)	4/10
7		Maya KORCZAK	FR	#10 Salve Regina	17.04w	(2.2)	4/19
9		Elowyn GOTTSACKER	FR	#6 Smith	17.17	(1.1)	4/12
10		Olivia SPIELBERGER	SR	#4 WPI	{4} 17.40w	(2.2)	4/19

## Women's 200 Meters

1	79	Marina MILLER	SR	#1 MIT	25.09w	(2.2)	4/12
2	85	Shreya KALYAN	JR	#1 MIT	{2} 25.16	(0.6)	4/19
3	94	Alaina STONEBRAKER	JR	#3 Coast Guard	25.21	(0.4)	3/29
4	99	JoJo MILLER	SO	#1 MIT	{3} 25.26	(0.6)	4/19
5		Michaina LORISTON	JR	#7 Wheaton (Mass.)	25.30w	(2.7)	4/11
6		Robyn WILKES	JR	#9 Babson	25.87	(0.6)	4/19
7		Rayna THOMPSON	FR	#4 WPI	25.88	(1.7)	4/12
8		Ella COUCHON	SO	#2 Springfield (Mas	25.96w	(3.7)	4/19
9		Camille CONNORS	SO	#7 Wheaton (Mass.)	{2} 26.07	(0.6)	4/19
10		Emily ZIELINSKI	SR	#7 Wheaton (Mass.)	{3} 26.25w	(2.7)	4/11

## Women's 400 Meters

1	18	Marina MILLER	SR	#1 MIT	55.87		4/19
2	46	Olivia DIAS	SR	#1 MIT	{2} 56.99		4/19
3	49	Makenna TOPP	SO	#3 Coast Guard	57.05		4/19
4	61	Krystal MONTGOMERY	JR	#1 MIT	{3} 57.54		3/29
5		Maeve SULLIVAN	FR	#1 MIT	{4} 58.64		4/19
6		Ella BESANT	SO	#3 Coast Guard	{2} 58.76		4/19
7		Rayna THOMPSON	FR	#4 WPI	58.93		4/19
8		Grace FLYNN	SR	#3 Coast Guard	{3} 59.32		4/19
9		Alaina STONEBRAKER	JR	#3 Coast Guard	{4} 59.35		4/5
10		Julia BRILLO	SO	#2 Springfield (Mas	59.69		4/19

## Women's 400 Meter Hurdles

1		Tara JESSEN	JR	#3 Coast Guard	1:06.63		3/29
2		Beth BROWN	JR	#4 WPI	1:06.89		4/12
3		Sachi ROBINSON	FR	#5 Mount Holyoke	1:08.18		4/19
4		Bailey ALLMON	JR	#4 WPI	{2} 1:08.40		4/19
5		Colleen CORMAN	SO	#9 Babson	1:08.51		4/5
6		Aoife FITZGERALD	SR	#8 Wellesley	1:09.17		4/19
7		Kristen DIBELLA	JR	#7 Wheaton (Mass.)	1:09.50		4/19
8		Mackenzie DIDONATO	JR	#2 Springfield (Mas	1:09.72		4/19
9		Kate WICKENHEISSER	JR	#7 Wheaton (Mass.)	{2} 1:10.82		4/11
10		Caetlyn EMBREE	FR	#4 WPI	{3} 1:11.08		4/19

## Women's 800 Meters

1	10	Krystal MONTGOMERY	JR	#1 MIT	2:09.85		4/19
2	73	Sophia WHITE	SR	#3 Coast Guard	2:16.49		3/29
3		Shams FERVER	SR	#6 Smith	2:17.57		4/19
4		Maeve SULLIVAN	FR	#1 MIT	{2} 2:17.77		4/11
5		Erin HOVENDON	JR	#1 MIT	{3} 2:17.85		4/19
6		Makenna TOPP	SO	#3 Coast Guard	{2} 2:18.45		4/5
7		Pria PARKER	SR	#6 Smith	{2} 2:19.90		4/12
8		Kate STEBBINS	SO	#3 Coast Guard	{3} 2:20.14		4/19
9		Elina OLMEDO	SR	#2 Springfield (Mas	2:20.16		4/12
10		Kristina KYLE	JR	#2 Springfield (Mas	{2} 2:20.35		4/19

## Women's 1500 Meters

1	11	Gillian ROEDER	SR	#1 MIT	4:30.21		4/12
2	21	Christina CROW	SR	#1 MIT	{2} 4:32.26		4/12
3	30	Pria PARKER	SR	#6 Smith	4:33.33		4/12
4	33	Lexi FERNANDEZ	JR	#1 MIT	{3} 4:33.94		4/12
5		Paige PHILLIPS	SR	#3 Coast Guard	4:42.09		4/12
6		Lyda MARTIN	JR	#6 Smith	{2} 4:42.53		4/19
7		Serena BRITNER	SR	#6 Smith	{3} 4:43.65		4/19
8		Megan DIULUS	SO	#1 MIT	{4} 4:44.23		4/19
9		Jessica MEZA	SO	#1 MIT	{5} 4:46.33		4/12
10		Rujuta SANE	JR	#1 MIT	{6} 4:47.46		4/11

## Women's Steeplechase

1	16	Liv GIRAND	SO	#1 MIT	10:56.68		3/29
2	35	Heather JENSEN	SO	#1 MIT	{2} 11:13.95		3/29
3	38	Ella WHINNEY	JR	#8 Wellesley	11:15.33		4/12
4	62	Simone BEAUCHAMP	JR	#8 Wellesley	{2} 11:24.57		4/19
5		Sophia REYNOLDS	JR	#4 WPI	11:38.64		4/7
6		Elizabeth GERBI	SR	#5 Mount Holyoke	11:57.55		4/13
7		Tessa LANCASTER	SR	#5 Mount Holyoke	{2} 12:02.29		4/13
8		Kate FRIEDMAN	FR	#1 MIT	{3} 12:08.21		4/19
9		Catherine DALY	FR	#4 WPI	{2} 12:11.41		4/7
10		Leah WILLIS	FR	#8 Wellesley	{3} 13:46.93		4/19



## Conference TFRI Event Summary



NEWMAC

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## Women's 5000 Meters

1	<b>10</b>	Rujuta SANE	JR	<b>#1</b> MIT	<b>16:42.26</b>	<b>4/19</b>
2	<b>13</b>	Gillian ROEDER	SR	<b>#1</b> MIT	{2} <b>16:44.25</b>	<b>4/19</b>
3	<b>38</b>	Liv GIRAND	SO	<b>#1</b> MIT	{3} <b>17:06.27</b>	<b>4/19</b>
4	<b>41</b>	Kate SANDERSON	JR	<b>#1</b> MIT	{4} <b>17:09.40</b>	<b>4/19</b>
5	<b>63</b>	Christina CROW	SR	<b>#1</b> MIT	{5} <b>17:22.48</b>	<b>4/19</b>
6	<b>86</b>	Heather JENSEN	SO	<b>#1</b> MIT	{6} <b>17:31.55</b>	<b>4/19</b>
7		Claire SEMEROD	JR	<b>#3</b> Coast Guard	<b>17:44.71</b>	4/12
8		Maddie SHEA	SR	<b>#2</b> Springfield (Mas	<b>17:46.18</b>	4/12
9		Ava HARTMAN	FR	<b>#1</b> MIT	{7} <b>17:47.14</b>	4/5
10		Paige PHILLIPS	SR	<b>#3</b> Coast Guard	{2} <b>17:55.31</b>	3/29

## Women's 10,000 Meters

1	<b>5</b>	Kate SANDERSON	JR	<b>#1</b> MIT	<b>34:52.91</b>	3/29
2	<b>12</b>	Rujuta SANE	JR	<b>#1</b> MIT	{2} <b>35:23.27</b>	3/29
3	<b>58</b>	Emily BRYDGES	JR	<b>#8</b> Wellesley	<b>37:36.58</b>	4/12
4	<b>82</b>	Sophia REYNOLDS	JR	<b>#4</b> WPI	<b>38:23.15</b>	4/12
5		Elizabeth GERBI	SR	<b>#5</b> Mount Holyoke	<b>39:39.32</b>	3/23
6		Katie EARLE	JR	<b>#5</b> Mount Holyoke	{2} <b>40:24.01</b>	3/29
7		Sarah WEST	JR	<b>#5</b> Mount Holyoke	{3} <b>40:27.45</b>	3/29
8		Meghan SULLIVAN	JR	<b>#2</b> Springfield (Mas	<b>40:37.52</b>	4/12
9		Lucy SMITH	SO	<b>#3</b> Coast Guard	<b>40:43.63</b>	4/12
10		Tessa LANCASTER	SR	<b>#5</b> Mount Holyoke	{4} <b>40:45.67</b>	3/23

## Women's 4x100 Relay

1	<b>20</b>	Emily Zielinski, Wendy Wooden, Inez Medeiros, Michaina Loriston	<b>#7</b> Wheaton (Mass.)	<b>47.40</b>	4/5
2	<b>85</b>	Ioanna Tsoni, Dalia Luckhardt, Aria Mallare, Elle Rimando	<b>#5</b> Mount Holyoke	<b>49.22</b>	<b>4/19</b>
3	<b>94</b>	Erin Dickinson, Merete Ogah, Sara Maeve Klingensmith, Ellie Wolf	<b>#8</b> Wellesley	<b>49.47</b>	<b>4/19</b>
4		Reese Gallant, Robyn Wilkes, Angela Hagstrom, Victoria Hart	<b>#9</b> Babson	<b>49.98</b>	<b>4/19</b>
5		Tiffany Hooker, Niveen Bugueiro, Lena Baker, Daniela Pilier	<b>#6</b> Smith	<b>50.02</b>	<b>4/19</b>
6		Alaina Stonebraker, Kaylee Wright, Ella Besant, Grace Flynn	<b>#3</b> Coast Guard	<b>50.42</b>	4/12
7		Corryn Fisher, Lauren Mitcheson, Julia Fronc, Rayna Thompson	<b>#4</b> WPI	<b>50.45</b>	4/7
8		Shannon Cordle, Paige Dzenutis, Neva Miller, JoJo Miller	<b>#1</b> MIT	<b>50.55</b>	4/5
9		Angelina Regels, Jocelyn Howell, Maya Korczak, Olivia Tacconi	<b>#10</b> Salve Regina	<b>51.05</b>	<b>4/19</b>
10		Mackenzie DiDonato, Abby Hemstrought, Maeve D'Darcy, Julia Brillo	<b>#2</b> Springfield (Mas	<b>52.38</b>	4/12



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## Women's 4x400 Relay

1	7	Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery	#1 MIT	3:47.58	3/29
2	56	Ella Couchon, Julia Brillo, Taylor Gibson, Natalia Marchand	#2 Springfield (Mas	4:02.88	4/19
3	59	Ella Besant, Grace Flynn, Alaina Stonebraker, Makenna Topp	#3 Coast Guard	4:03.43	4/12
4	88	Charlie Barron, Aoife Fitzgerald, Claire Peng, Ella Whinney	#8 Wellesley	4:07.44	4/19
5	91	Lena Baker, Pria Parker, Hillary Connor, Shams Ferver	#6 Smith	4:08.16	4/19
6		Jessica Dickson, Mimi Batista, Maya Thomas, Eliza Speidel	#7 Wheaton (Mass.)	4:10.40	4/11
7		Colleen Corman, Sophia Draxler, Angela Hagstrom, Chloe Clifford	#9 Babson	4:13.43	3/22
8		Beth Brown, Lauren Mitcheson, Julia Fronc, Rayna Thompson	#4 WPI	4:14.22	4/12
9		Sachi Robinson, Greta Trapp, Dalia Luckhardt, Kim Beaver	#5 Mount Holyoke	4:16.28	4/13

## Women's High Jump

1	1	Allie WILDSMITH	JR	#3 Coast Guard	1.78m	5-10	4/19
2	16	Amrit REHAL	FR	#9 Babson	1.65m	5-5	3/22
3	38	Autumn BACIK	FR	#2 Springfield (Mas	1.61m	5-3¼	4/7
4		Katherine KEMPFF	JR	#1 MIT	1.56m	5-1¼	4/12
5		Paige DZENUTIS	FR	#1 MIT	{2} 1.53m	5-¼	4/19
6		Elaine MCCARTY	SO	#6 Smith	1.50m	4-11	4/19
7		Cassie ZIMMERMAN	SR	#4 WPI	1.46m	4-9½	3/29
7		Lydia BEERS	JR	#4 WPI	1.46m	4-9½	4/7
7		Peyton KNOTT	FR	#2 Springfield (Mas{2}	1.46m	4-9½	4/19
10		Aria MALLARE	SR	#5 Mount Holyoke	1.45m	4-9	4/19
10		Ella WHINNEY	JR	#8 Wellesley	1.45m	4-9	4/19

## Women's Pole Vault

1	8	Katelyn HOWARD	JR	#1 MIT	3.93m	12-10¾	4/19
2	11	Hailey SURACE	JR	#1 MIT	{2} 3.88m	12-8¾	4/19
3	28	Elise DOYLE	FR	#1 MIT	{3} 3.66m	12-0	4/5
4	77	Jillian SCOTT	SR	#2 Springfield (Mas	3.40m	11-1¾	4/7
4	77	Jillian DA COSTA PINTO	JR	#6 Smith	3.40m	11-1¾	4/12
6		Ella SMITH	SR	#2 Springfield (Mas{2}	3.25m	10-8	3/29
6		Mollie BRINKER	JR	#3 Coast Guard	3.25m	10-8	4/5
6		Autumn BACIK	FR	#2 Springfield (Mas{2}	3.25m	10-8	4/7
9		Tessa BAKER	SO	#1 MIT	{4} 3.21m	10-6¼	4/5
10		Elizabeth LEWELLING	JR	#2 Springfield (Mas{4}	2.95m	9-8	4/19
10		Charly PAINTER	SO	#4 WPI	2.95m	9-8	3/29
10		Cadence SORENSON	FR	#6 Smith	{2} 2.95m	9-8	4/5

## Women's Long Jump

1	59	Kaylee WRIGHT	JR	#3 Coast Guard	5.50m	18-½ (1.3)	4/19
2		Ioanna TSONI	SO	#5 Mount Holyoke	5.24m	17-2¼ (0.0)	4/5
3		Elle RIMANDO	JR	#5 Mount Holyoke	{2} 5.22m	17-1½ (0.0)	4/13
4		Katherine KEMPFF	JR	#1 MIT	5.21mw	17-1¼ (2.3)	4/19
5		Elizabeth LEWELLING	JR	#2 Springfield (Mas	5.10m	16-8¾ (0.0)	4/19
6		Anella BOLSTER	SO	#7 Wheaton (Mass.)	5.07m	16-7¾ (0.8)	4/19
7		Autumn BACIK	FR	#2 Springfield (Mas{2}	5.01m	16-5¼ (1.6)	4/19
8		Lydia BEERS	JR	#4 WPI	4.91m	16-1½ (-1.7)	3/29
9		Abby CHOI	FR	#8 Wellesley	4.89mw	16-½ (2.4)	3/29
9		Erin DICKINSON	SR	#8 Wellesley	4.89m	16-½ (0.6)	3/29
9		Aria MALLARE	SR	#5 Mount Holyoke	{3} 4.89m	16-½ (1.2)	4/13

## Women's Triple Jump

1	7	Nony OTU UGWU	JR	#1 MIT	12.09mw	39-8 (2.6)	4/19
2	16	Samantha PAUL	SR	#2 Springfield (Mas	11.79mw	38-8¼ (3.0)	4/19
3	21	Maddie GREENE	SR	#3 Coast Guard	11.63m	38-2 (0.3)	3/28
4	54	Ioanna TSONI	SO	#5 Mount Holyoke	11.28mw	37-¼ (2.5)	3/23
5	55	Olivia SPIELBERGER	SR	#4 WPI	11.23mw	36-10¼ (2.6)	4/19
6	82	Elle RIMANDO	JR	#5 Mount Holyoke	{2} 11.05m	36-3 (0.0)	4/13
7		Trista SICARD	JR	#9 Babson	10.85m	35-7¼ (2.0)	4/5
8		Lauren HINCKLEY	SO	#7 Wheaton (Mass.)	10.81mw	35-5¾ (3.6)	4/4
9		Cassie ZIMMERMAN	SR	#4 WPI	{2} 10.57m	34-8¼ (1.7)	4/12
10		Erin DICKINSON	SR	#8 Wellesley	10.56m	34-7¾ (1.2)	4/5

## Women's Shot Put

1	1	Alexis BOYKIN	SR	#1 MIT	15.34m	50-4	3/29
2	27	Emily BALL	SR	#1 MIT	{2} 13.00m	42-8	4/19
3	73	Katelynn TAYLOR	SR	#2 Springfield (Mas	12.47m	40-11	4/7
4		Maureen HAMMOND	SR	#3 Coast Guard	11.89m	39-¼	4/19
5		Hannah DEBIAN	FR	#2 Springfield (Mas{2}	11.71m	38-5	4/12
6		Charlotte GEROW	JR	#2 Springfield (Mas{3}	11.29m	37-½	4/19
7		Kelsey CHIASSON	JR	#10 Salve Regina	10.92m	35-10	4/12
8		Rachel ONWU	FR	#1 MIT	{3} 10.70m	35-1¼	4/19
9		Lilia OULD-HAMMOU	JR	#1 MIT	{4} 10.67m	35-¼	4/19
10		Mackenzie GINGRAS	SR	#2 Springfield (Mas{4}	10.52m	34-6¼	4/19





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## Women's Discus

1	<b>4</b>	Alexis BOYKIN	SR	<b>#1</b> MIT	<b>48.32m</b>	158-7	3/29
2	<b>16</b>	Emily BALL	SR	<b>#1</b> MIT	{2} <b>44.53m</b>	146-1	4/12
3	<b>88</b>	Macy BRENNAN	SO	<b>#1</b> MIT	{3} <b>39.70m</b>	130-3	3/29
4		Katelynn TAYLOR	SR	<b>#2</b> Springfield (Mas	<b>36.74m</b>	120-7	4/7
5		Lily SIEGELMAN	SO	<b>#1</b> MIT	{4} <b>35.69m</b>	117-1	<b>4/19</b>
6		Olivia CARPENTER	FR	<b>#1</b> MIT	{5} <b>35.60m</b>	116-10	<b>4/19</b>
7		Maya SHARAR	FR	#8 Wellesley	<b>34.49m</b>	113-2	4/12
8		Charlotte GEROW	JR	<b>#2</b> Springfield (Mas	{2} <b>33.34m</b>	109-5	<b>4/19</b>
9		Rachel ONWU	FR	<b>#1</b> MIT	{6} <b>32.82m</b>	107-8	4/12
10		Lilia OULD-HAMMOU	JR	<b>#1</b> MIT	{7} <b>32.81m</b>	107-8	<b>4/19</b>

## Women's Hammer

1	<b>1</b>	Alexis BOYKIN	SR	<b>#1</b> MIT	<b>59.73m</b>	196-0	<b>4/19</b>
2	<b>35</b>	Emily BALL	SR	<b>#1</b> MIT	{2} <b>50.01m</b>	164-1	4/5
3	<b>57</b>	Macy BRENNAN	SO	<b>#1</b> MIT	{3} <b>48.68m</b>	159-9	<b>4/19</b>
4	<b>81</b>	Anika WAGNER	JR	#7 Wheaton (Mass.)	<b>47.05m</b>	154-5	4/13
5		Kenya FRANCIS	JR	#8 Wellesley	<b>42.45m</b>	139-3	4/12
6		Madilynn O'SULLIVAN VAN ETTEN	FR	<b>#2</b> Springfield (Mas	<b>42.25m</b>	138-8	4/7
7		Katelynn TAYLOR	SR	<b>#2</b> Springfield (Mas	{2} <b>41.97m</b>	137-9	4/7
8		Lilia OULD-HAMMOU	JR	<b>#1</b> MIT	{4} <b>40.54m</b>	133-0	4/5
9		Jacey TIPPMAN	SR	<b>#3</b> Coast Guard	<b>38.34m</b>	125-10	4/12
10		Margaret STEVENS	SO	<b>#2</b> Springfield (Mas	{3} <b>37.36m</b>	122-7	<b>4/19</b>

## Women's Javelin

1	<b>5</b>	Elaine WANG	JR	<b>#1</b> MIT	<b>42.91m</b>	140-10	<b>4/19</b>
2	<b>32</b>	Emily BALL	SR	<b>#1</b> MIT	{2} <b>39.24m</b>	128-9	<b>4/19</b>
3	<b>33</b>	Olivia CARPENTER	FR	<b>#1</b> MIT	{3} <b>39.17m</b>	128-6	4/5
4	<b>86</b>	Kathryn GORDEN	JR	<b>#4</b> WPI	<b>36.16m</b>	118-8	3/29
5	<b>94</b>	Amelia BRONHARD-YATES	FR	<b>#1</b> MIT	{4} <b>36.01m</b>	118-2	<b>4/19</b>
6		Maureen HAMMOND	SR	<b>#3</b> Coast Guard	<b>35.34m</b>	116-0	3/29
7		Piper O'CONNELL	SR	<b>#4</b> WPI	{2} <b>34.78m</b>	114-1	<b>4/19</b>
8		Jacey TIPPMAN	SR	<b>#3</b> Coast Guard	{2} <b>33.84m</b>	111-0	<b>4/19</b>
9		Lauren COUTU	JR	<b>#4</b> WPI	{3} <b>33.02m</b>	108-4	4/10
10		Bailey MCDEVITT	JR	<b>#2</b> Springfield (Mas	<b>32.96m</b>	108-2	4/7

## Women's Heptathlon

1	<b>93</b>	Lauren COUTU	JR	<b>#4</b> WPI	<b>3,286</b>	4/10
2	<b>95</b>	Caetlyn EMBREE	FR	<b>#4</b> WPI	{2} <b>3,250</b>	4/10
3		Emma CONWAY	FR	<b>#4</b> WPI	{3} <b>3,094</b>	4/10
4		Elaine MCCARTY	SO	#6 Smith	<b>2,975</b>	4/12
5		Madaket STOLTZ	SO	#9 Babson	<b>2,780</b>	4/12
6		Juliet MAY	SR	#6 Smith	{2} <b>1,785</b>	4/12



## Conference TFRI Event Summary



NJAC

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## Women's 100 Meters

1	71	Reyanna HENDERSON	SR	#6	New Jersey City	12.24	(1.0)	3/29
2	78	McKay ALBY	FR	#4	Montclair State	12.27	(1.0)	3/29
3		Ashley GORDON	SO	#5	Ramapo	12.34w	(2.7)	3/29
4		Molly LODGE	SR	#1	Rowan	12.37	(-1.2)	3/29
5		Kayla JULIEN	SO	#1	Rowan	{2} 12.54w	(2.1)	4/14
6		Mya WALKER	SO	#1	Rowan	{3} 12.58w	(2.1)	4/14
7		Maile O'NEILL	FR	#4	Montclair State	{2} 12.63	(1.7)	4/5
8		Samantha MAGIN	SO	#2	TCNJ	12.73w	(3.4)	3/29
9		Michelle ITOUA	JR	#4	Montclair State	{3} 12.79	(1.8)	4/19
10		Nyla JONES	FR	#1	Rowan	{4} 12.81	(-1.2)	3/29

## Women's 100 Meter Hurdles

1	13	Nyla JONES	FR	#1	Rowan	14.27	(1.6)	4/5
2		Elaina STYER	SO	#3	Stockton	15.41	(-0.2)	4/19
3		Eliza BRUNCAJ	SR	#2	TCNJ	15.55	(1.7)	3/29
4		Sarah SCEPKOWSKI	JR	#2	TCNJ	{2} 15.58w	(2.5)	3/29
5		Kendall HALL	FR	#4	Montclair State	15.75	(0.5)	3/29
6		Marlie DIPALMA	FR	#3	Stockton	{2} 15.98	(1.3)	4/5
7		Mackenzie BURKE	SO	#2	TCNJ	{3} 16.26	(1.7)	4/12
8		Natalie KRONCKE	SO	#3	Stockton	{3} 16.87	(-0.9)	3/22
9		Abigail GALLACHER	SO	#3	Stockton	{4} 16.99	(-0.9)	3/22
10		Regine LLADOC	SO	#5	Ramapo	17.62	(1.7)	4/12

## Women's 200 Meters

1	36	Molly LODGE	SR	#1	Rowan	24.75	(1.0)	4/19
2	50	Reyanna HENDERSON	SR	#6	New Jersey City	24.86	(1.9)	4/19
3	63	Jasmine BROADWAY	SR	#1	Rowan	{2} 24.95	(1.0)	4/19
4		Nevaeh LORJUSTE	SR	#1	Rowan	{3} 25.36	(0.8)	4/5
5		Mya WALKER	SO	#1	Rowan	{4} 25.87	(1.9)	4/5
6		Ava REILLY	FR	#1	Rowan	{5} 25.94	(1.3)	4/19
7		Michelle ITOUA	JR	#4	Montclair State	26.07w	(2.4)	3/29
8		Kayla JULIEN	SO	#1	Rowan	{6} 26.11	(1.9)	4/14
9		Cameron RADCLIFFE	SO	#3	Stockton	26.29	(0.4)	4/19
10		Petra DOHERTY	FR	#2	TCNJ	26.31	(1.7)	4/12

## Women's 400 Meters

1	42	Molly LODGE	SR	#1	Rowan	56.82		4/19
2	44	Nevaeh LORJUSTE	SR	#1	Rowan	{2} 56.91		4/5
3	56	Rukiyat DARANIJO	SO	#2	TCNJ	57.38		4/19
4	64	Reyanna HENDERSON	SR	#6	New Jersey City	57.60		4/19
5	96	Emma PETROLIA	JR	#3	Stockton	58.25		3/29
6	98	Kayla SULLIVAN	JR	#3	Stockton	{2} 58.28		4/5
7		Brenna OMERT	FR	#2	TCNJ	{2} 58.59		4/19
8		Ava REILLY	FR	#1	Rowan	{3} 58.76		4/19
9		Zrreyah MOORE	SR	#9	Rutgers-Newark	58.99		4/11
10		Kelly O'GRADY	JR	#2	TCNJ	{3} 59.07		4/12

## Women's 400 Meter Hurdles

1	4	Emma PETROLIA	JR	#3	Stockton	1:01.32		4/19
2	7	Molly LODGE	SR	#1	Rowan	1:01.69		4/5
3	14	Mackenzie BURKE	SO	#2	TCNJ	1:02.73		4/19
4	18	Nyla JONES	FR	#1	Rowan	{2} 1:02.93		4/19
5		Eliza BRUNCAJ	SR	#2	TCNJ	{2} 1:06.75		4/12
6		Julia ACEVEDO	SR	#4	Montclair State	1:07.70		4/19
7		Ellie HALLMAN	JR	#3	Stockton	{2} 1:07.97		3/29
8		Natalie KRONCKE	SO	#3	Stockton	{3} 1:08.61		4/5
9		Lynell THOMAS	FR	#5	Ramapo	1:10.47		3/29
10		Barbara EXILUS	SR	#5	Ramapo	{2} 1:11.23		4/19

## Women's 800 Meters

1	2	Kayla KASS	JR	#3	Stockton	2:07.13		4/19
2	25	Kelly O'GRADY	JR	#2	TCNJ	2:12.82		4/19
3	57	Anna SASSE	SR	#1	Rowan	2:15.69		3/29
4	86	Amanda MCNALLY	SR	#3	Stockton	{2} 2:16.82		4/19
5	89	Alex GRIVAS	JR	#2	TCNJ	{2} 2:16.97		4/19
6		Dale LEONARD	SO	#5	Ramapo	2:17.59		4/5
7		Rizzo AVA	SO	#1	Rowan	{2} 2:19.00		4/5
8		Rachel HAYES	JR	#3	Stockton	{3} 2:20.73		4/19
9		Erin HANLON	SR	#2	TCNJ	{3} 2:21.79		4/19
10		Zoey CASSAVELL	SR	#5	Ramapo	{2} 2:22.53c (2:24.17)		4/19

## Women's 1500 Meters

1	73	Anna SASSE	SR	#1	Rowan	4:39.98		3/29
2	100	Gabriella PAGANO	JR	#1	Rowan	{2} 4:41.85		4/4
3		Madelyn VALASEK	JR	#3	Stockton	4:45.16		4/12
4		Kayla KASS	JR	#3	Stockton	{2} 4:45.84		3/29
5		Tori SUTERA	FR	#4	Montclair State	4:46.51		4/19
6		Naesha GADIE	SO	#2	TCNJ	4:47.64		4/19
7		Zoey CASSAVELL	SR	#5	Ramapo	4:48.78		4/14
8		Ava BIEMULLER	FR	#2	TCNJ	{2} 4:50.50		3/29
9		Alex GRIVAS	JR	#2	TCNJ	{3} 4:52.03		3/29
10		Cassidy QUINN	SR	#2	TCNJ	{4} 4:52.88		4/12

## Women's Steeplechase

1	34	Anna SASSE	SR	#1	Rowan	11:13.91		4/19
2	64	Gabriella PAGANO	JR	#1	Rowan	{2} 11:25.16		4/19
3		Molly BOSSDORF	SR	#2	TCNJ	11:41.59		4/19
4		Evelyn AUSTIN	FR	#3	Stockton	12:17.98		4/19
5		Carmelina SANCI	SR	#2	TCNJ	{2} 12:24.73		4/19
6		Liliana SNYDER	FR	#4	Montclair State	13:13.17		4/19
7		Ella FEEHAN	FR	#2	TCNJ	{3} 13:24.09		4/19
8		Alysa SIZINTSEV	FR	#2	TCNJ	{4} 13:48.75		4/19
9		Alissa TAYLOR	FR	#4	Montclair State	{2} 14:16.02		4/5
10		Kelly WITTERS	JR	#4	Montclair State	{3} 14:33.83		4/19



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



NJAC

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## Women's 5000 Meters

1	90	Gabriella PAGANO	JR	#1 Rowan	17:32.29	3/29
2		Madelyn VALASEK	JR	#3 Stockton	17:50.62	4/19
3		Cassidy QUINN	SR	#2 TCNJ	17:58.94	4/19
4		Abigail CHURCHILL	FR	#4 Montclair State	18:11.04c (18:19.39)	4/19
5		Emily ZANNI	SO	#1 Rowan	{2} 18:16.35	3/29
6		Shannon STAKELBECK	SO	#1 Rowan	{3} 18:16.38	4/19
7		Zoey CASSAVELL	SR	#5 Ramapo	18:22.25	3/29
8		Zoey DOELLING	FR	#1 Rowan	{4} 18:22.35	4/19
9		Ava BIEMULLER	FR	#2 TCNJ	{2} 18:29.02	4/19
10		Naesha GADIE	SO	#2 TCNJ	{3} 18:31.31	3/29

## Women's 10,000 Meters

1		Guinevere KENNEDY	JR	#3 Stockton	40:30.16	3/29
2		Morgan MARCKRES	SR	#9 Rutgers-Newark	41:00.03	3/29
3		Megan FAUCETT	JR	#3 Stockton	{2} 41:24.66	3/29
4		Isabella CAMPIGLIA	JR	#3 Stockton	{3} 41:29.51	3/29

## Women's 4x100 Relay

1	11	#Type!		#1 Rowan	46.94	4/19
2	56	Michelle Itoua, Aisha Garcia, Maile O'Neill, McKay Alby		#4 Montclair State	48.56	4/19
3	74	#Type!		#2 TCNJ	48.98	4/19
4	88	#Type!		#6 New Jersey City	49.35	4/19
5		Ashley Gordon, Jianna Gorospe, Bryanna Shepperson, Mia Perez		#5 Ramapo	49.95	4/19
6		Isabel Duval, Adrienne Austin, Cameron Radcliffe, Marlie DiPalma		#3 Stockton	49.98	3/29
7		#Type!		#7 Rutgers-Camder	52.09	4/19

## Women's 4x400 Relay

1	10	Molly Lodge, Nyla Jones, Jasmine Broadway, Nevaeh Lorjuste		#1 Rowan	3:48.24	4/14
2	11	#Type!		#2 TCNJ	3:48.97	4/19
3	22	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass		#3 Stockton	3:53.34	3/29
4		#Type!		#4 Montclair State	4:09.89	4/5
5		Jianna Gorospe, Kamalah Williams, Victoria Romanov, Abby Petrolia		#5 Ramapo	4:13.93c (4:17.30)	4/19
6		#Type!		#7 Rutgers-Camder	4:20.90	4/19
7		Sarah Knoetig, Alondra Sanjurjo Mercado, Samantha Gonzalez, Free Daley		#8 Kean	4:30.19	4/12

## Women's High Jump

1	50	Tonna OGINA	JR	#6 New Jersey City	1.60m	5-3	4/19
2		Petra DOHERTY	FR	#2 TCNJ	1.55m	5-1	4/19
3		Kaitlyn VERVER	SR	#3 Stockton	1.54m	5-1½	3/29
3		Sarah SCEPKOWSKI	JR	#2 TCNJ	{2} 1.54m	5-1½	3/29
5		Julia ACEVEDO	SR	#4 Montclair State	1.53m	5-¼	4/19
6		Lindsay HAND	SO	#3 Stockton	{2} 1.52m	4-11¾	3/22
7		Abigail PFAFF	SR	#2 TCNJ	{3} 1.50m	4-11	4/19
8		Bryanna SHEPPERSON	FR	#5 Ramapo	1.48m	4-10¼	4/19
8		Jessica BRANHAM	JR	#5 Ramapo	1.48m	4-10¼	3/29
10		Sarah LUMAS	FR	#4 Montclair State	{2} 1.43m	4-8¼	4/19

## Women's Pole Vault

1	62	Eva MORRISON	JR	#3 Stockton	3.48m	11-5	4/5
2		Sydney RICK	FR	#3 Stockton	{2} 3.20m	10-6	3/22
3		Maya SCANNELL	SO	#2 TCNJ	3.05m	10-0	3/29
4		Grace SIMPSON	FR	#3 Stockton	{3} 2.75m	9-¼	3/22
4		Beatrice DAVERSO	FR	#8 Kean	2.75m	9-¼	3/29
6		Erika SCHINASI	FR	#1 Rowan	2.58m	8-5½	4/5
7		Cadence MULLER	SO	#1 Rowan	{2} 2.28m	7-5¾	4/5

## Women's Long Jump

1	74	Tonna OGINA	JR	#6 New Jersey City	5.43m	17-9¾ (1.8)	4/12
2		Sidney WHETSTONE	SR	#1 Rowan	5.29m	17-4¼ (1.6)	4/19
3		Marlie DIPALMA	FR	#3 Stockton	5.11m	16-9¼ (0.3)	4/12
4		Isabel DUVAL	SO	#3 Stockton	{2} 5.07m	16-7¾ (0.7)	4/5
5		Elaina STYER	SO	#3 Stockton	{3} 5.06m	16-7¼ (0.0)	4/19
6		Lia MALAVE	SO	#2 TCNJ	5.05m	16-7 (0.0)	4/19
7		Kaelyn RODRIGUEZ	FR	#4 Montclair State	5.04mw	16-6½ (2.5)	4/12
8		Sarah SCEPKOWSKI	JR	#2 TCNJ	{2} 5.03m	16-6 (0.3)	4/12
8		Brianna HARRIS	SR	#8 Kean	5.03m	16-6 (0.0)	3/22
10		Rhi'Onna TIMMONS	FR	#1 Rowan	{2} 4.91m	16-1½ (1.6)	4/19

## Women's Triple Jump

1	70	Julia ACEVEDO	SR	#4 Montclair State	11.12mw	36-5¾ (2.5)	4/19
2		Brooke VALAN	SR	#2 TCNJ	10.92mw	35-10 (2.6)	3/29
3		Tonna OGINA	JR	#6 New Jersey City	10.91mw	35-9½ (2.3)	4/19
4		Emma PETROLIA	JR	#3 Stockton	10.57m	34-8¼ (0.1)	3/29
5		Sarah LUMAS	FR	#4 Montclair State	{2} 10.49mw	34-5 (3.2)	4/19
6		Maryam KARIYM	FR	#4 Montclair State	{3} 10.47mw	34-4¼ (2.4)	4/12
7		Kaitlyn VERVER	SR	#3 Stockton	{2} 10.13m	33-3 (1.3)	3/29
8		Erin MCGAULEY	JR	#2 TCNJ	{2} 10.09m	33-1¼ (0.0)	4/19
9		Isabel DUVAL	SO	#3 Stockton	{3} 10.00m	32-9¾ (1.3)	3/29



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## Women's Shot Put

1	<b>7</b>	Isabelle DEAL	SR	<b>#1</b> Rowan	<b>13.92m</b>	45-8	4/5
2	<b>88</b>	Taniya GILES	JR	<b>#4</b> Montclair State	<b>12.26m</b>	40-2¾	4/5
3		Fejro AKIRI	SR	<b>#9</b> Rutgers-Newark	<b>12.10m</b>	39-8½	4/4
4		Kayla FRANKLIN	JR	<b>#7</b> Rutgers-Camder	<b>11.82m</b>	38-9½	<b>4/19</b>
5		Alexia BEY	JR	<b>#1</b> Rowan	{2} <b>11.76m</b>	38-7	<b>4/19</b>
6		Shanil AUGUSTE	SR	<b>#9</b> Rutgers-Newark	{2} <b>11.71m</b>	38-5	4/4
7		Allison LAVIN	SO	<b>#2</b> TCNJ	<b>11.55m</b>	37-10¾	4/12
8		Kerri MCCARTHY	SR	<b>#2</b> TCNJ	{2} <b>11.54m</b>	37-10½	3/29
9		Jess BENTLEY	SO	<b>#3</b> Stockton	<b>11.32m</b>	37-1¾	3/29
10		Maya YESALONIS	SO	<b>#4</b> Montclair State	{2} <b>10.87m</b>	35-8	4/5

## Women's Discus

1	<b>49</b>	Michaela POMATTO	JR	<b>#3</b> Stockton	<b>41.89m</b>	137-5	<b>4/19</b>
2		Alaijha WILSON	SO	<b>#1</b> Rowan	<b>35.68m</b>	117-1	4/12
3		Bree COONEY	FR	<b>#1</b> Rowan	{2} <b>34.78m</b>	114-1	<b>4/19</b>
4		Jessica REILLY	SR	<b>#2</b> TCNJ	<b>33.12m</b>	108-8	<b>4/19</b>
5		Kayla FRANKLIN	JR	<b>#7</b> Rutgers-Camder	<b>32.94m</b>	108-1	<b>4/19</b>
6		Allison LAVIN	SO	<b>#2</b> TCNJ	{2} <b>32.53m</b>	106-9	<b>4/19</b>
7		Isabella CERVANTES	SO	<b>#3</b> Stockton	{2} <b>31.87m</b>	104-7	<b>4/19</b>
8		Jess BENTLEY	SO	<b>#3</b> Stockton	{3} <b>31.32m</b>	102-9	3/29
9		Fejro AKIRI	SR	<b>#9</b> Rutgers-Newark	<b>31.28m</b>	102-8	4/4
10		Katie LITTLE	FR	<b>#1</b> Rowan	{3} <b>30.65m</b>	100-7	4/5

## Women's Hammer

1	<b>22</b>	Jessica REILLY	SR	<b>#2</b> TCNJ	<b>51.28m</b>	168-3	3/29
2	<b>39</b>	Kerri MCCARTHY	SR	<b>#2</b> TCNJ	{2} <b>49.88m</b>	163-8	<b>4/19</b>
3	<b>84</b>	Isabella FRED A	SR	<b>#3</b> Stockton	<b>46.72m</b>	153-4	4/12
4		Allison LAVIN	SO	<b>#2</b> TCNJ	{3} <b>45.19m</b>	148-3	4/12
5		Fejro AKIRI	SR	<b>#9</b> Rutgers-Newark	<b>43.88m</b>	144-0	4/4
6		Alexia BEY	JR	<b>#1</b> Rowan	<b>42.95m</b>	140-11	<b>4/19</b>
7		Bree COONEY	FR	<b>#1</b> Rowan	{2} <b>39.73m</b>	130-4	<b>4/19</b>
8		Katie LITTLE	FR	<b>#1</b> Rowan	{3} <b>37.05m</b>	121-7	4/12
9		Maya YESALONIS	SO	<b>#4</b> Montclair State	<b>34.93m</b>	114-7	4/5
10		Morgan FARRELL	JR	<b>#3</b> Stockton	{2} <b>34.55m</b>	113-4	4/12

## Women's Javelin

1	<b>10</b>	Isabelle DEAL	SR	<b>#1</b> Rowan	<b>41.29m</b>	135-6	4/5
2	<b>23</b>	Diamond EADDY	SO	<b>#1</b> Rowan	{2} <b>39.80m</b>	130-7	<b>4/19</b>
3		Ruby CROWELL	SO	<b>#8</b> Kean	<b>33.84m</b>	111-0	3/22
4		Dimitra KOSSIS	SR	<b>#1</b> Rowan	{3} <b>33.74m</b>	110-9	<b>4/19</b>
5		Lily LORIO	SR	<b>#2</b> TCNJ	<b>33.58m</b>	110-2	3/29
6		Kayla FRANKLIN	JR	<b>#7</b> Rutgers-Camder	<b>33.01m</b>	108-4	<b>4/19</b>
7		Allison LAVIN	SO	<b>#2</b> TCNJ	{2} <b>32.91m</b>	108-0	4/12
8		Paige FRANKLIN	FR	<b>#1</b> Rowan	{4} <b>32.45m</b>	106-6	<b>4/19</b>
9		Annalise STEPHENS	SR	<b>#2</b> TCNJ	{3} <b>31.14m</b>	102-2	3/29
10		Sabrina BAER		<b>#1</b> Rowan	{5} <b>29.88m</b>	98-½	<b>4/19</b>

## Women's Heptathlon

1	<b>46</b>	Sarah SCEPKOWSKI	JR	<b>#2</b> TCNJ	<b>3,929</b>		4/12
2	<b>87</b>	Samantha MAGIN	SO	<b>#2</b> TCNJ	{2} <b>3,332</b>		4/12





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



NWC

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## Women's 100 Meters

1	26	Kyrstin WILSON	JR	#8 Puget Sound	12.00	(1.5)	3/8
2	67	Allyson HAMMOND	JR	#4 Pacific (Ore.)	12.23	(-0.9)	3/29
3		Kira HAWAABOO	SO	#7 Linfield	12.36	(0.3)	4/5
4		Jordyn LUNGO	SR	#2 Whitworth	12.45	(0.4)	4/17
5		Ayahna BAHATI	SR	#1 George Fox	12.69	(1.3)	3/8
5		Elizabeth BEISWANGER	SO	#8 Puget Sound	{2} 12.69	(-0.4)	3/15
5		Isabella PEREIRA	SO	#2 Whitworth	{2} 12.69	(0.5)	3/1
8		Mashani COLEMAN	JR	#3 Willamette	12.74	(1.8)	3/20
9		Brianna TIRA	SO	#2 Whitworth	{3} 12.79	(0.6)	4/11
9		Paige KASSO	SO	#7 Linfield	{2} 12.79	(-0.2)	3/22

## Women's 100 Meter Hurdles

1	7	Allyson HAMMOND	JR	#4 Pacific (Ore.)	14.17	(1.0)	3/22
2	22	Ayahna BAHATI	SR	#1 George Fox	14.41	(0.7)	4/19
3	31	Jenna HUNTSMAN	JR	#1 George Fox	{2} 14.59	(1.9)	4/15
4	38	Katherine THORNTON	SR	#3 Willamette	14.70	(0.5)	4/12
5	70	Addisen HERRING	FR	#6 Pacific Lutheran	15.04	(0.7)	4/19
6		Kira HAWAABOO	SO	#7 Linfield	15.26	(1.9)	4/15
6		Jordan ROBERTS	SO	#7 Linfield	15.26	(0.7)	4/19
8		Ella THOMPSON	FR	#3 Willamette	{2} 15.52	(0.0)	3/8
9		Courtney TIERNAN	JR	#4 Pacific (Ore.)	{2} 15.65w	(2.3)	4/15
10		Lecia SINCERE	JR	#3 Willamette	{3} 15.72	(-1.0)	2/22

## Women's 200 Meters

1	33	Kyrstin WILSON	JR	#8 Puget Sound	24.70w	(3.3)	3/8
2	51	Allyson HAMMOND	JR	#4 Pacific (Ore.)	24.87	(1.0)	3/22
3		Kira HAWAABOO	SO	#7 Linfield	25.47	(2.0)	4/15
4		Elizabeth BEISWANGER	SO	#8 Puget Sound	{2} 25.66	(-0.2)	4/5
5		Emily BROWN	SO	#2 Whitworth	25.68	(2.0)	4/15
5		Jenna HUNTSMAN	JR	#1 George Fox	25.68	(2.0)	4/15
7		Jordyn LUNGO	SR	#2 Whitworth	{2} 25.79	(1.6)	4/11
8		Ayahna BAHATI	SR	#1 George Fox	{2} 25.92	(0.1)	3/22
9		Rachelle SILIS	JR	#7 Linfield	{2} 26.16	(1.4)	4/12
10		Paige KASSO	SO	#7 Linfield	{3} 26.22	(1.0)	3/22

## Women's 400 Meters

1	22	Elizabeth BEISWANGER	SO	#8 Puget Sound	56.15		3/1
2		Angelica GATICA GOMEZ	SR	#4 Pacific (Ore.)	58.69		4/19
3		Elsie CHIN	JR	#5 Lewis & Clark	59.06		4/12
4		Malia HEIEN	JR	#5 Lewis & Clark	{2} 59.16		3/29
5		Karys GATES	FR	#1 George Fox	59.46		4/12
6		Rachelle SILIS	JR	#7 Linfield	59.48		4/12
7		Ella FRERICH	FR	#2 Whitworth	59.95		4/4
8		Maleda SIMS	SR	#9 Whitman	1:00.24		4/11
9		Callow SOTO	SO	#5 Lewis & Clark	{3} 1:01.00		4/12
10		Margaret BYLE	SR	#2 Whitworth	{2} 1:01.17		4/4

## Women's 400 Meter Hurdles

1	36	Elsie CHIN	JR	#5 Lewis & Clark	1:04.06		4/12
2	39	Katherine THORNTON	SR	#3 Willamette	1:04.23		4/12
3	57	Emily BROWN	SO	#2 Whitworth	1:04.99		4/4
4	62	Jenna HUNTSMAN	JR	#1 George Fox	1:05.18		3/29
5		Mashani COLEMAN	JR	#3 Willamette	{2} 1:06.57		4/5
6		Katie BRIGGS	JR	#3 Willamette	{3} 1:07.65		3/29
7		Addisen HERRING	FR	#6 Pacific Lutheran	1:07.83		3/29
8		Natalia FREIMUTH	FR	#7 Linfield	1:08.84		4/19
9		Hannah MARCOE	SO	#2 Whitworth	{2} 1:08.88		4/11
10		Marlee PAGET	FR	#2 Whitworth	{3} 1:08.95		4/17

## Women's 800 Meters

1	11	Ellie RISING	SR	#1 George Fox	2:10.03		4/5
2	33	Malia HEIEN	JR	#5 Lewis & Clark	2:13.58		4/19
3	72	Annalise GONZALES	JR	#1 George Fox	{2} 2:16.47		4/19
4		Erin SCHMIDLIN	SO	#8 Puget Sound	2:19.63		3/8
5		Natalie TAYLOR	SR	#4 Pacific (Ore.)	2:19.90		4/5
6		Hannah TRANBY	JR	#1 George Fox	{3} 2:20.98		3/22
7		Lulu BRADY	SR	#2 Whitworth	2:21.27		3/11
8		Anna BIKLE	JR	#3 Willamette	2:21.78		4/12
9		Morgan SHAW	SO	#3 Willamette	{2} 2:21.83		4/12
10		Miriam RESIDE	JR	#5 Lewis & Clark	{2} 2:22.14		4/5

## Women's 1500 Meters

1	7	Ellie RISING	SR	#1 George Fox	4:28.68		4/12
2	72	Madeleine BOYLE	JR	#5 Lewis & Clark	4:39.93		4/19
3	79	Riley BUESE	SR	#5 Lewis & Clark	{2} 4:40.54		3/22
4	82	Malia HEIEN	JR	#5 Lewis & Clark	{3} 4:40.61		4/12
5		Erin SCHMIDLIN	SO	#8 Puget Sound	4:42.28		4/5
6		Breanna SCHMITT	SO	#1 George Fox	{2} 4:43.68		4/12
7		Natalie TAYLOR	SR	#4 Pacific (Ore.)	4:46.72		3/29
8		Hannah TRANBY	JR	#1 George Fox	{3} 4:46.96		3/8
9		Annalise GONZALES	JR	#1 George Fox	{4} 4:47.53		4/12
10		Sarah PULLEN	JR	#1 George Fox	{5} 4:51.47		3/22

## Women's Steeplechase

1	42	Breanna SCHMITT	SO	#1 George Fox	11:15.81		3/22
2	43	Madeleine BOYLE	JR	#5 Lewis & Clark	11:16.43		3/29
3	58	Morgan BODDY	SO	#4 Pacific (Ore.)	11:22.53		4/12
4	84	Allie WILBER	SR	#1 George Fox	{2} 11:31.82		4/12
5	86	Morgan SHAW	SO	#3 Willamette	11:33.22		3/8
6		Cris BRETHOWER	SR	#4 Pacific (Ore.)	{2} 11:39.74		4/12
7		Megan FEITZ	JR	#4 Pacific (Ore.)	{3} 11:43.69		4/12
8		Anastasiia LEMESH	JR	#3 Willamette	{2} 11:53.99		4/5
9		Norah BECK	JR	#8 Puget Sound	12:16.93		4/13
10		Hannah HIGENS	SO	#2 Whitworth	12:49.56		4/4



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## Women's 5000 Meters

1	20	Riley BUESE	SR	#5	Lewis & Clark	16:51.56	4/19
2	43	Breanna SCHMITT	SO	#1	George Fox	17:11.26	4/18
3		Sarah PULLEN	JR	#1	George Fox {2}	17:36.03	4/18
4		Madeleine BOYLE	JR	#5	Lewis & Clark {2}	17:49.54	3/22
5		Kezlie THYGESEN	SO	#2	Whitworth	18:12.54	4/4
6		Chloe COOK	SO	#1	George Fox {3}	18:15.75	4/12
7		Ashlyn DARY	FR	#2	Whitworth {2}	18:19.11	4/4
8		Erin SCHMIDLIN	SO	#8	Puget Sound	18:22.31	4/13
9		Hope BRIDGE	SO	#1	George Fox {4}	18:24.28	3/8
10		Lily JONES	SO	#2	Whitworth {3}	18:40.85	4/11

## Women's 10,000 Meters

1	3	Riley BUESE	SR	#5	Lewis & Clark	34:16.33	4/5
2	71	Sarah PULLEN	JR	#1	George Fox	38:03.45	3/1
3		Megan FEITZ	JR	#4	Pacific (Ore.)	38:54.28	3/1
4		Lillian COURTAGE-DYKE	FR	#3	Willamette	39:16.36	3/1
5		Dori BUTTLEMAN	SR	#9	Whitman	39:40.25	3/1
6		Cris BRETHER	SR	#4	Pacific (Ore.) {2}	39:52.88	3/1
7		Hope BRIDGE	SO	#1	George Fox {2}	39:52.92	4/5
8		Kezlie THYGESEN	SO	#2	Whitworth	40:03.03	3/1
9		Abbie GOODWIN	SO	#1	George Fox {3}	40:04.90	3/1
10		Ashlyn DARY	FR	#2	Whitworth {2}	40:14.12	3/1

## Women's 4x100 Relay

1	43	Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira	#2	Whitworth	48.14	4/11
2	62	Sophia Rivas, Elizabeth Beiswanger, Victoria Bradshaw, Kyrstin Wilson	#8	Puget Sound	48.73	3/1
3	68	Katherine Thornton, Mashani Coleman, Kenzie Lee, Ella Thompson	#3	Willamette	48.85	3/29
4	75	Jenna Huntsman, Ayahna Bahati, Beth Parangan, Karys Gates	#1	George Fox	48.99	3/22
5	99	Taylor Roles, Paige Kasso, Rachelle Silis, Kira Hawaaboo	#7	Linfield	49.68	3/1
6		Addisen Herring, D'Yhana Clemons, Sarah Brandt, Abigail Caprye	#6	Pacific Lutheran	50.53	4/5
7		Callow Soto, Elsie Chin, Tessa Robinson, Rose Dinh	#5	Lewis & Clark	51.32	3/29
8		Dani Hammond, Paige Villanueva, Angelica Gatica Gomez, Jonette Singh	#4	Pacific (Ore.)	51.34	4/5

## Women's 4x400 Relay

1	41	Elsie Chin, Miriam Reside, Callow Soto, Malia Heien	#5	Lewis & Clark	4:00.04	4/19
2	42	Victoria Bradshaw, Erin Schmidlin, Kyrstin Wilson, Elizabeth Beiswanger	#8	Puget Sound	4:00.45	3/29
3	62	Margaret Byle, Jordyn Lungo, Ella Frerichs, Emily Brown	#2	Whitworth	4:04.24	4/4
4	69	Karys Gates, Annalise Gonzales, Marcella Leita, Ellie Rising	#1	George Fox	4:04.79	3/22
5	81	Katherine Thornton, Mashani Coleman, Katie Wingo, Katie Briggs	#3	Willamette	4:07.01	4/12
6		Ava Schreffler, Lauren Ortega, Megan Feitz, Angelica Gatica Gomez	#4	Pacific (Ore.)	4:14.23	3/29
7		Taylor Roles, Natalia Freimuth, Paige Kasso, Rachelle Silis	#7	Linfield	4:16.91	3/8
8		Lilly Achterling, Kiana Neir, Jessalyn Robles, Addisen Herring	#6	Pacific Lutheran	4:22.30	4/5
9		Payton Davies, Ally Kim, Emme Rousseau, Maleda Sims	#9	Whitman	4:28.11	4/4

## Women's High Jump

1	5	Brianna TIRA	SO	#2	Whitworth	1.68m	5-6	4/11
2	23	Erica SNYDER	JR	#3	Willamette	1.63m	5-4¼	4/15
3	50	Ella THOMPSON	FR	#3	Willamette {2}	1.60m	5-3	4/15
3	50	Whitley STEPP	JR	#3	Willamette {2}	1.60m	5-3	3/1
3	50	Breeauna O'REAR	SR	#1	George Fox	1.60m	5-3	3/21
6	86	Abigail CAPRYE	SO	#6	Pacific Lutheran	1.58m	5-2¼	4/19
7		Brecken VANDENHOEK	SR	#1	George Fox {2}	1.55m	5-1	3/22
8		Dani HAMMOND	FR	#4	Pacific (Ore.)	1.54m	5-½	4/15
8		Kira HAWAABOO	SO	#7	Linfield	1.54m	5-½	3/21
10		Cadence LORENZ	FR	#2	Whitworth {2}	1.53m	5-¼	3/1
10		Logan ROBERTS	JR	#7	Linfield {2}	1.53m	5-¼	4/5
10		Sydney SPARKS	FR	#6	Pacific Lutheran {2}	1.53m	5-¼	4/19



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## Women's Pole Vault

1	18	Grace TULLY	SR	#1 George Fox	3.80m	12-5½	3/22
2	45	Analissa PARESA	FR	#7 Linfield	3.54m	11-7¼	4/5
3	84	Shelby LARSON	SR	#1 George Fox	{2} 3.39m	11-1½	3/1
4		Evie BRADBURY	FR	#2 Whitworth	3.28m	10-9	4/11
5		Kiana NEIR	FR	#6 Pacific Lutheran	3.25m	10-8	3/29
6		Abigail WOODRUFF	FR	#1 George Fox	{3} 3.24m	10-7½	3/1
6		Angela HAWKINS	JR	#1 George Fox	{3} 3.24m	10-7½	4/19
8		Anna WILSON	JR	#1 George Fox	{5} 3.20m	10-6	3/8
9		Claire NARDELLA	FR	#2 Whitworth	{2} 3.16m	10-4¼	4/17
10		Victoria BRADSHAW	SR	#8 Puget Sound	2.94m	9-7¾	4/13
10		Analia AVALOS-MCBAIN	FR	#2 Whitworth	{3} 2.94m	9-7¾	4/4
10		Madison DOWNEY	SO	#6 Pacific Lutheran	{2} 2.94m	9-7¾	4/19

## Women's Long Jump

1	11	Kira HAWAABOO	SO	#7 Linfield	5.87m	19-3¼ (-1.2)	4/5
2	45	Victoria AZAR	SR	#1 George Fox	5.57m	18-3¼ (0.3)	4/5
3	80	Whitley STEPP	JR	#3 Willamette	5.41m	17-9 (0.4)	4/5
4	90	Brianna TIRA	SO	#2 Whitworth	5.37m	17-7½ (1.9)	4/11
5	93	Ella THOMPSON	FR	#3 Willamette	{2} 5.36m	17-7 (0.7)	4/15
6		Emily BROWN	SO	#2 Whitworth	{2} 5.31m	17-5¼ (0.0)	4/15
7		Isabella PEREIRA	SO	#2 Whitworth	{3} 5.29m	17-4¼ (0.0)	3/11
8		Jenna HUNTSMAN	JR	#1 George Fox	{2} 5.27m	17-3½ (0.0)	4/5
9		Madison DOWNEY	SO	#6 Pacific Lutheran	5.16m	16-11¼ (1.1)	4/5
10		Rose DINH	SO	#5 Lewis & Clark	5.10m	16-8¾ (0.0)	4/5

## Women's Triple Jump

1	20	Kyleigh ARCHER	SO	#6 Pacific Lutheran	11.64m	38-2¼ (1.4)	4/5
2	29	Isabella PEREIRA	SO	#2 Whitworth	11.51m	37-9¼ (-0.2)	2/28
3	32	Madison DOWNEY	SO	#6 Pacific Lutheran	{2} 11.49m	37-8½ (0.2)	4/4
4	72	Brianna TIRA	SO	#2 Whitworth	{2} 11.11m	36-5½ (0.0)	3/11
5		Kyesha FARMER	FR	#1 George Fox	10.85m	35-7¼ (0.0)	4/12
6		Mallory ELLIOTT	FR	#2 Whitworth	{3} 10.76m	35-3¾ (0.0)	4/17
6		Ella THOMPSON	FR	#3 Willamette	10.76m	35-3¾ (0.1)	3/29
8		Jonette SINGH	SO	#4 Pacific (Ore.)	10.68m	35-½ (0.3)	3/8
8		Amanda MCARTHUR	FR	#3 Willamette	{2} 10.68m	35-½ (0.0)	3/29
10		Jordan ROBERTS	JR	#7 Linfield	10.54m	34-7 (-1.7)	4/5

## Women's Shot Put

1	5	Madison CARR	SO	#2 Whitworth	14.00m	45-11¼	4/17
2	9	Amblessed OKEMGBO	JR	#2 Whitworth	{2} 13.78m	45-2½	4/4
3	95	Izzy BOYD	SO	#2 Whitworth	{3} 12.21m	40-¾	4/17
3	95	Ellena CORWIN	SR	#1 George Fox	12.21m	40-¾	4/5
5		Kylie LOVELESS	SO	#2 Whitworth	{4} 12.06m	39-6¾	4/17
6		Tenley GRANT	SR	#3 Willamette	12.01m	39-5	3/20
7		Nia PILE	JR	#5 Lewis & Clark	12.00m	39-4½	4/5
8		Henri OSBORNE	FR	#3 Willamette	{2} 11.85m	38-10½	4/12
9		Islee SILIGA	FR	#7 Linfield	11.65m	38-2¾	4/5
10		Evan ROBERTS	FR	#1 George Fox	{2} 11.46m	37-7¼	4/5

## Women's Discus

1	6	Amblessed OKEMGBO	JR	#2 Whitworth	46.09m	151-3	4/17
2	72	Izzy CARPENTER	JR	#2 Whitworth	{2} 40.31m	132-3	4/17
3	98	Addie WENGNER	SR	#1 George Fox	39.51m	129-8	4/5
4		Makayla TUIOLEMOTU	JR	#4 Pacific (Ore.)	38.03m	124-9	3/1
5		Eva WIRTH	SR	#6 Pacific Lutheran	37.46m	122-11	3/8
6		Sophie HULKE	FR	#7 Linfield	36.77m	120-8	4/5
7		Kylie LOVELESS	SO	#2 Whitworth	{3} 36.37m	119-4	4/4
8		Madison CARR	SO	#2 Whitworth	{4} 36.21m	118-10	4/4
9		Margaritah BANUELOS	SO	#7 Linfield	{2} 35.97m	118-0	4/5
10		Divinity SINGLETON	SO	#5 Lewis & Clark	35.43m	116-3	3/8

## Women's Hammer

1	38	Madison CARR	SO	#2 Whitworth	49.95m	163-11	4/4
2	54	Tenley GRANT	SR	#3 Willamette	48.93m	160-7	4/12
3		Eva WIRTH	SR	#6 Pacific Lutheran	45.91m	150-8	3/22
4		Alessandra VALMONTE	JR	#6 Pacific Lutheran	{2} 45.56m	149-6	3/22
5		Makayla TUIOLEMOTU	JR	#4 Pacific (Ore.)	44.67m	146-7	3/8
6		Izzy CARPENTER	JR	#2 Whitworth	{2} 44.37m	145-7	3/11
7		Samayia WHITE	SO	#6 Pacific Lutheran	{3} 42.88m	140-8	3/1
8		Evan ROBERTS	FR	#1 George Fox	42.74m	140-3	3/8
9		Devyn CHELIN	SO	#2 Whitworth	{3} 42.40m	139-1	4/17
10		Kylie LOVELESS	SO	#2 Whitworth	{4} 41.97m	137-9	3/11

## Women's Javelin

1	13	Devyn CHELIN	SO	#2 Whitworth	40.57m	133-1	4/11
2	15	Ellena CORWIN	SR	#1 George Fox	40.44m	132-8	4/5
3	17	Brecken VANDENHOEK	SR	#1 George Fox	{2} 40.04m	131-5	3/22
4	50	Kira HAWAABOO	SO	#7 Linfield	37.84m	124-2	4/15
5	67	Kaiona APIO	SR	#3 Willamette	37.02m	121-6	3/1
6	93	Katy COOK	JR	#6 Pacific Lutheran	36.02m	118-2	3/15
7		Ashley GAMBLE	SR	#4 Pacific (Ore.)	35.64m	116-11	4/19
8		Andrea SHIRLEY	FR	#1 George Fox	{3} 35.49m	116-5	3/22
9		Makayla TUIOLEMOTU	JR	#4 Pacific (Ore.)	{2} 34.87m	114-5	3/8
10		Natalie ELLIS	SO	#2 Whitworth	{2} 34.77m	114-1	3/11

## Women's Heptathlon

1	7	Kira HAWAABOO	SO	#7 Linfield	4,840		4/15
2	10	Jenna HUNTSMAN	JR	#1 George Fox	4,669		4/15
3	13	Breeauna O'REAR	SR	#1 George Fox	{2} 4,622		3/21
4	16	Emily BROWN	SO	#2 Whitworth	4,495		4/15
5	33	Ella THOMPSON	FR	#3 Willamette	4,191		4/15
6	41	Erica SNYDER	JR	#3 Willamette	{2} 4,057		4/15
7	45	Courtney TIERNAN	JR	#4 Pacific (Ore.)	3,940		4/15
8	69	Savannah JOHNSTONE	FR	#1 George Fox	{3} 3,534		4/15
9	70	Natalie LANGENBERG	FR	#1 George Fox	{4} 3,532		4/15
10	74	Dani HAMMOND	FR	#4 Pacific (Ore.)	{2} 3,473		4/15



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## Women's 100 Meters

1	18	Dakota HOUSTON	FR	#3	John Carroll	11.91w	(3.4)	3/30
2	31	Kenadee WAYT	SR	#1	Mount Union	12.03	(1.3)	4/19
3	87	Sandra KING	FR	#3	John Carroll	{2} 12.30	(-0.5)	4/13
3	87	Mia SCOTT	SR	#3	John Carroll	{2} 12.30w	(2.5)	3/30
5		Paula INCORVATI	FR	#1	Mount Union	{2} 12.35	(1.3)	4/19
6		Brianna BRAATZ	FR	#8	Heidelberg	12.39	(0.2)	4/19
7		Kendra KRICHBAUM	SR	#2	Ohio Northern	12.40w	(3.8)	3/30
8		Paige SIMPSON	SO	#2	Ohio Northern	{2} 12.43	(1.5)	4/12
9		Kennedy BERGER	FR	#1	Mount Union	{3} 12.47w	(3.6)	4/19
10		Tatum WALSH	FR	#2	Ohio Northern	{3} 12.53	(1.0)	4/5

## Women's 100 Meter Hurdles

1	15	Jameire HONZU	FR	#4	Baldwin Wallace	14.31w	(2.5)	4/12
2	40	Avonlea JEFFERSON	SO	#1	Mount Union	14.73w	(3.5)	4/5
3	48	Olyvia ASHBROOK	SR	#2	Ohio Northern	14.86w	(2.5)	4/12
4	51	Je'Leycia PROCTER	FR	#2	Ohio Northern	{2} 14.89w	(2.5)	4/12
5	55	Elizabeth MASON	SO	#1	Mount Union	{2} 14.93w	(2.8)	4/19
6	62	Natasha ZAHURSKY	SR	#1	Mount Union	{3} 15.01w	(2.8)	4/19
7	97	Savannah JONES	FR	#1	Mount Union	{4} 15.24	(-1.3)	4/13
8		Charlie DOLLIVER	JR	#5	Otterbein	15.41w	(3.0)	4/19
9		Lexi WACHTMAN	SR	#8	Heidelberg	15.51w	(2.5)	4/12
10		Ashley COCKRELL	FR	#1	Mount Union	{5} 15.58w	(2.8)	4/19

## Women's 200 Meters

1	4	Dakota HOUSTON	FR	#3	John Carroll	23.83cw	(24.20) (2.6)	3/30
2	23	Abby COLLIER	SR	#4	Baldwin Wallace	24.53w	(3.2)	3/29
3	28	Kenadee WAYT	SR	#1	Mount Union	24.65	(2.0)	4/19
4	47	Tatum WALSH	FR	#2	Ohio Northern	24.84cw	(25.22) (2.6)	3/30
5	59	Sandra KING	FR	#3	John Carroll	{2} 24.94cw	(25.32) (2.6)	3/30
6	90	Madison MILES	SR	#1	Mount Union	{2} 25.19	(2.0)	4/19
7		Brianna BRAATZ	FR	#8	Heidelberg	25.31	(1.6)	4/19
8		Mary MASON	SR	#1	Mount Union	{3} 25.45	(1.7)	4/19
9		Mia SCOTT	SR	#3	John Carroll	{3} 25.52c	(25.91) (0.5)	3/30
10		Kenae MOORE	FR	#4	Baldwin Wallace	{2} 25.65w	(3.2)	3/29

## Women's 400 Meters

1	14	Kenadee WAYT	SR	#1	Mount Union	55.81		3/22
2	19	Madison MILES	SR	#1	Mount Union	{2} 55.92		4/13
3	24	Abby COLLIER	SR	#4	Baldwin Wallace	56.21		4/19
4	35	Mary MASON	SR	#1	Mount Union	{3} 56.62		4/19
5	66	Sandra KING	FR	#3	John Carroll	57.63		4/13
6	80	Carlie BESECKER	FR	#1	Mount Union	{4} 57.87		4/13
7	99	Callie CYRUS	FR	#1	Mount Union	{5} 58.29		4/19
8		Emma FEHRMAN	SR	#9	Marietta	58.38		3/15
9		Tatum WALSH	FR	#2	Ohio Northern	58.39		4/12
10		Cora LISKAI	FR	#1	Mount Union	{6} 58.81		4/19

## Women's 400 Meter Hurdles

1	34	Olyvia ASHBROOK	SR	#2	Ohio Northern	1:03.99		4/12
1	34	Chloe LOVETT	JR	#6	Wilmington (Ohi	1:03.99		4/19
3	54	De'Aunee THOMPSON	FR	#1	Mount Union	1:04.90		4/13
4	98	Alexa LANE	FR	#2	Ohio Northern	{2} 1:06.35		4/12
5		Emalea COLLINS	JR	#2	Ohio Northern	{3} 1:07.96		4/12
6		Avonlea JEFFERSON	SO	#1	Mount Union	{2} 1:08.12		3/22
7		Genevieve LEGAWIEC	SO	#5	Otterbein	1:08.72		4/12
8		Alex VARGO	FR	#2	Ohio Northern	{4} 1:08.78		4/12
9		Rebecca SANTOM	SR	#1	Mount Union	{3} 1:09.01		4/13
10		Katelyn MESSNER	SR	#2	Ohio Northern	{5} 1:09.36		4/12

## Women's 800 Meters

1	8	Mary MASON	SR	#1	Mount Union	2:09.29		4/14
2	14	Hope MURPHY	SR	#4	Baldwin Wallace	2:10.95		4/14
3	75	Annie HIGGINS	SR	#3	John Carroll	2:16.60		4/19
4		Taylor HENNESSY	SO	#1	Mount Union	{2} 2:17.49		4/13
5		Kenadee WAYT	SR	#1	Mount Union	{3} 2:17.77		3/29
6		Alyssa VIS	SO	#3	John Carroll	{2} 2:18.01		4/19
7		Abby SCHROFF	JR	#3	John Carroll	{3} 2:18.41		4/19
8		Halle COCHRAN	SR	#1	Mount Union	{4} 2:18.84		4/19
9		Meghan SCHWARTZ	FR	#1	Mount Union	{5} 2:18.96		4/19
10		Marah BETHEL	FR	#1	Mount Union	{6} 2:19.12		4/13

## Women's 1500 Meters

1	22	Faith DUNCAN	JR	#6	Wilmington (Ohi	4:32.28		4/5
2	69	Alyssa VIS	SO	#3	John Carroll	4:39.65		4/5
3	86	Annie HIGGINS	SR	#3	John Carroll	{2} 4:40.80		4/14
4	89	Abby SCHROFF	JR	#3	John Carroll	{3} 4:41.17		4/5
5		Gianini VENUTO	SR	#1	Mount Union	4:42.62		4/5
6		Hope MURPHY	SR	#4	Baldwin Wallace	4:44.36		4/5
7		Abby MATTHEWS	SR	#2	Ohio Northern	4:44.72		3/28
8		Anne REA	FR	#3	John Carroll	{4} 4:45.30		4/5
9		Marah BETHEL	FR	#1	Mount Union	{2} 4:48.27		4/5
10		Alyssa MATTIS	SR	#5	Otterbein	4:48.38		4/12

## Women's Steeplechase

1	48	Natalie ARMBRUSTER	JR	#2	Ohio Northern	11:18.24		4/12
2		AnnaSophia GOWER	SO	#2	Ohio Northern	{2} 11:43.46		4/5
3		Sydney WINGLER	JR	#3	John Carroll	11:59.83		4/13
4		Brenna LAY	FR	#5	Otterbein	12:03.14		4/12
5		Ava HARTMAN	FR	#1	Mount Union	12:08.27		4/19
6		Jada AMES	FR	#1	Mount Union	{2} 12:42.83		4/19
7		Caitlyn GATTA	SR	#1	Mount Union	{3} 12:55.05		4/19
8		Elizabeth BURNS	SR	#4	Baldwin Wallace	14:02.76		4/12





## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>1</b>	Faith DUNCAN	JR	#6 Wilmington (Ohi	16:12.17	4/19
2	<b>51</b>	Abby SCHROFF	JR	#3 John Carroll	17:17.79	4/14
3		Anne REA	FR	#3 John Carroll {2}	17:35.16	4/14
4		Gianini VENUTO	SR	#1 Mount Union	17:45.17	3/29
5		Samantha ROTH	JR	#2 Ohio Northern	18:02.22	4/12
6		AnnaSophia GOWER	SO	#2 Ohio Northern {2}	18:12.51	3/28
7		Ashley HOCKSTOK	SR	#2 Ohio Northern {3}	18:20.84	4/12
8		Jasmine ARNOLD	SR	#1 Mount Union {2}	18:27.82	4/19
9		Dani WIDMARK	JR	#2 Ohio Northern {4}	18:41.97	4/12
10		Kierstin KNELL	SO	#5 Otterbein	18:46.46	4/12

## Women's 10,000 Meters

1	<b>1</b>	Faith DUNCAN	JR	#6 Wilmington (Ohi	32:57.31	3/29
2	<b>43</b>	Ashley HOCKSTOK	SR	#2 Ohio Northern	37:17.23	3/28
3	<b>69</b>	Kennedy RADER	JR	#2 Ohio Northern {2}	38:01.92	3/28
4		Taylor FORBES	FR	#1 Mount Union	40:34.63	4/13
5		Olivia ELLIS	SO	#10 Capital	40:36.21	4/12
6		Ashley COOPER	JR	#1 Mount Union {2}	40:43.79	4/13
7		Jensen WOLFE	SR	#4 Baldwin Wallace	40:50.23	4/12
8		Amy BURCHETT	SO	#4 Baldwin Wallace {2}	41:05.08	4/12
9		Kennedy HELTON	FR	#5 Otterbein	41:14.71	4/12
10		Isabelle PULEO	SR	#1 Mount Union {3}	41:22.54	4/13

## Women's 4x100 Relay

1	<b>8</b>	#Type!	#3 John Carroll	46.76	4/19
2	<b>16</b>	Kenadee Wayt, Madison Miles, Paula Incorvati, Kennedy Berger	#1 Mount Union	47.29	4/19
3	<b>72</b>	Kenae Moore, Abby Collier, Jessica Klonowski, Jameire Honzu	#4 Baldwin Wallace	48.95	4/12
4	<b>81</b>	Paige Simpson, Kendra Krichbaum, Stacey Legg, Tatum Walsh	#2 Ohio Northern	49.12	3/30
5		#Type!	#6 Wilmington (Ohi	49.96	4/12
6		Natalie Nichols, Genevieve Legawiec, Mallory Bostick, Brooke Hamilton	#5 Otterbein	50.89	4/5
7		Mea Kaufman, Jacquelynn Grinnell, Liberty Bunting, Averi Wallace	#7 Muskingum	51.06	3/29

## Women's 4x400 Relay

1	<b>12</b>	Mary Mason, Madison Miles, Carlie Besecker, Kenadee Wayt	#1 Mount Union	3:49.00	4/5
2	<b>52</b>	Abby Collier, Katurah Plecko, Amaya Crowder, Hope Murphy	#4 Baldwin Wallace	4:02.03	4/19
3	<b>55</b>	Chloe Lovett, Haley Cook, Hayden Setty, Sophia Hardwick	#6 Wilmington (Ohi	4:02.77	4/19
4	<b>87</b>	Olyvia Ashbrook, Lily Wolfe, Anastacia Rogan, Emalea Collins	#2 Ohio Northern	4:07.40	4/19
5		Mea Kaufman, Abigail Derry, Emily Keylor, Averi Wallace	#7 Muskingum	4:10.78	3/22
6		Mallory Bostick, Rachel Bollo, Natalie Nichols, Maggie Moon	#5 Otterbein	4:14.00	4/5
7		Ellie Kitsmiller, Emmaline Hannan, Elizabeth Heim, Sam Goodnough	#3 John Carroll	4:18.74	4/13
8		Emma Fehrman, Michaela Hieronymus, Lillian Franchino, Eden Tepe	#9 Marietta	4:31.46	4/12
9		Ariana Hewitt, Kenzie Smith, Gretchen Donley, Ana Henderson	#8 Heidelberg	5:08.04	4/5

## Women's High Jump

1	<b>35</b>	Rylee GORRELL	SO	#4 Baldwin Wallace	1.62m	5-3¾	4/19
1	<b>35</b>	Michaela BRYAN	SR	#3 John Carroll	1.62m	5-3¾	4/5
3	<b>38</b>	Emersyn GERKEN	FR	#2 Ohio Northern	1.61m	5-3¼	4/19
4		Makenna OSZUST	FR	#1 Mount Union	1.57m	5-1¾	4/13
5		Marissa HILL	SO	#7 Muskingum	1.56m	5-1¼	3/29
6		Lindsay WEININGER	JR	#2 Ohio Northern {2}	1.53m	5-¼	4/12
7		Ellie FORD	JR	#2 Ohio Northern {3}	1.50m	4-11	4/5
7		Laney DUFF	SO	#1 Mount Union {2}	1.50m	4-11	4/19
7		Lexi WACHTMAN	SR	#8 Heidelberg	1.50m	4-11	4/19
7		Ella JACOBS	FR	#8 Heidelberg	1.50m	4-11	3/30
7		Paityn CORTHELL	FR	#1 Mount Union {2}	1.50m	4-11	4/19



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OAC

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## Women's Pole Vault

1	7	Claire SCHWELLER	JR	#2 Ohio Northern	3.94m	12-11	4/19
2	12	Emily THOMPSON	JR	#9 Marietta	3.84m	12-7¼	3/29
3	23	Ellie FORD	JR	#2 Ohio Northern {2}	3.74m	12-3¼	4/19
4	50	Jaclyn BOARDMAN	SR	#2 Ohio Northern {3}	3.51m	11-6¼	4/19
5	63	Anna MARCHINY	FR	#2 Ohio Northern {4}	3.46m	11-4¼	4/19
6	87	Jessica MASON	SO	#1 Mount Union	3.36m	11-¼	3/29
7		Eden TEPE	FR	#9 Marietta {2}	3.34m	10-11½	4/19
8		Peyton PUTNAM	FR	#4 Baldwin Wallace	3.30m	10-9¾	4/12
9		Annalyse AMES	SO	#1 Mount Union {2}	3.29m	10-9½	3/22
10		Morgan RILEY	FR	#4 Baldwin Wallace {2}	3.20m	10-6	4/5

## Women's Long Jump

1	17	Dakota HOUSTON	FR	#3 John Carroll	5.77m	18-11¼ (1.4)	4/11
2	65	Kalie CAMPBELL	SO	#1 Mount Union	5.46mw	17-11 (2.6)	3/22
3	93	Rylie HAYNES	SO	#1 Mount Union {2}	5.36m	17-7 (1.5)	4/13
4		Lexi WACHTMAN	SR	#8 Heidelberg	5.34m	17-6¼ (1.2)	4/12
5		Lauryn WOLTERS	JR	#2 Ohio Northern	5.27mw	17-3½ (2.7)	3/30
6		Katelyn STECHSCHULTE	FR	#2 Ohio Northern {2}	5.23m	17-2 (0.0)	4/19
7		Mackenzie DAVIS	SO	#1 Mount Union {3}	5.20m	17-¾ (1.6)	3/22
8		Madeline BURGESS	FR	#1 Mount Union {4}	5.15mw	16-10¾ (2.1)	3/22
9		Massey ANDRYKOVITCH	SR	#3 John Carroll {2}	5.10mw	16-8¾ (2.8)	4/19
10		Megan MAHAFFEY	FR	#1 Mount Union {5}	5.02m	16-5¾ (-1.0)	4/19

## Women's Triple Jump

1	42	Madeline BURGESS	FR	#1 Mount Union	11.41m	37-5¼ (0.4)	4/19
2	85	Emma FEHRMAN	SR	#9 Marietta	11.04m	36-2¾ (-0.1)	3/29
3		Charlie DOLLIVER	JR	#5 Otterbein	10.80m	35-5¼ (0.0)	4/19
4		Lauryn WOLTERS	JR	#2 Ohio Northern	10.57m	34-8¼ (0.0)	4/19
5		Ella GILL	FR	#3 John Carroll	10.28m	33-8¾ (1.4)	3/30
6		Rebecca SANTOM	SR	#1 Mount Union {2}	10.25m	33-7½ (0.0)	4/19
7		Olivia STEFKA	SR	#3 John Carroll {2}	10.20mw	33-5¾ (2.6)	4/19
8		Kyla RUSH	FR	#6 Wilmington (Ohi	10.06m	33-¼ (0.4)	4/19
9		Massey ANDRYKOVITCH	SR	#3 John Carroll {3}	10.03m	32-11 (0.4)	3/30
10		Lily POLK	FR	#1 Mount Union {3}	9.89m	32-5½ (1.0)	4/13

## Women's Shot Put

1	20	Izzy BURMAN	SR	#2 Ohio Northern	13.31m	43-8	4/19
2	26	Makayla SITZLAR	JR	#1 Mount Union	13.06m	42-10¼	3/29
3	28	Anastasia SMITH	FR	#5 Otterbein	12.99m	42-7½	4/5
4	29	Hannah FRIEND	SR	#2 Ohio Northern {2}	12.98m	42-7	4/19
5	60	Katelyn WAGNER	SO	#2 Ohio Northern {3}	12.67m	41-7	4/19
6	63	Anna BRADY	SO	#2 Ohio Northern {4}	12.61m	41-4½	4/12
7	82	Peyton CARPENTER	SR	#5 Otterbein {2}	12.37m	40-7	4/19
8		Makenna RUDY	SO	#1 Mount Union {2}	12.14m	39-10	4/5
9		Emily TORRES	SR	#4 Baldwin Wallace	11.98m	39-3¾	3/29
10		Kenna JOHNSTON	SR	#1 Mount Union {3}	11.89m	39-¼	4/13

## Women's Discus

1	14	Landry DRISKEL	SO	#5 Otterbein	44.71m	146-8	4/19
2	28	Hannah FRIEND	SR	#2 Ohio Northern	43.73m	143-6	4/19
3	40	Samantha SELLERS	SR	#2 Ohio Northern {2}	42.50m	139-5	3/30
4	48	Mykell BOWEN	SO	#6 Wilmington (Ohi	41.98m	137-9	4/19
5	61	Izzy BURMAN	SR	#2 Ohio Northern {3}	41.19m	135-2	4/12
6		Katlyn FLOYD	SO	#2 Ohio Northern {4}	38.96m	127-10	4/5
7		Tori MCGOWAN	FR	#5 Otterbein {2}	38.24m	125-6	4/12
8		Ravyn GOODSON	SR	#5 Otterbein {3}	37.52m	123-1	4/5
9		Katelyn WAGNER	SO	#2 Ohio Northern {5}	37.51m	123-1	4/5
10		Makayla SITZLAR	JR	#1 Mount Union	36.99m	121-4	4/13

## Women's Hammer

1	12	Izzy BURMAN	SR	#2 Ohio Northern	53.65m	176-0	4/19
2	36	Hannah FRIEND	SR	#2 Ohio Northern {2}	49.98m	164-0	4/19
3	55	Lucy TROUT	JR	#6 Wilmington (Ohi	48.92m	160-6	3/30
4	60	Amy MYERS	JR	#6 Wilmington (Ohi {2}	48.37m	158-9	4/19
5	80	Mykell BOWEN	SO	#6 Wilmington (Ohi {3}	47.16m	154-9	4/19
6	96	Cara JEWETT	SR	#3 John Carroll	46.16m	151-6	4/19
7		Janelle ROMINGER	FR	#4 Baldwin Wallace	45.61m	149-8	4/12
8		Sarah HART	JR	#3 John Carroll {2}	44.38m	145-7	4/13
9		Buzz KLINE	SR	#1 Mount Union	44.26m	145-3	4/5
10		Samantha SELLERS	SR	#2 Ohio Northern {3}	44.18m	145-0	4/19

## Women's Javelin

1	12	Lily SHAHAN	FR	#3 John Carroll	40.61m	133-3	4/13
2	45	Leah FRITSCH	JR	#3 John Carroll {2}	38.31m	125-8	4/13
3	58	Katlyn FLOYD	SO	#2 Ohio Northern	37.48m	123-0	3/30
4	92	Peyton CARPENTER	SR	#5 Otterbein	36.05m	118-3	4/12
5		Sophia HARDWICK	FR	#6 Wilmington (Ohi	35.52m	116-7	4/5
6		Katelyn WAGNER	SO	#2 Ohio Northern {2}	34.96m	114-9	4/19
7		Tarrah BEVIER	SR	#2 Ohio Northern {3}	32.56m	106-10	3/30
8		Elizabeth SCHNEGG	JR	#9 Marietta	32.38m	106-3	4/19
9		Emily KEYLOR	JR	#7 Muskingum	32.33m	106-1	4/5
10		Samantha SELLERS	SR	#2 Ohio Northern {4}	32.14m	105-6	3/30

## Women's Heptathlon

1	76	Charlie DOLLIVER	JR	#5 Otterbein	3,445		3/22
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



ODAC

as of 4/22/2025 12:04:09 AM ET

## Women's 100 Meters

1	71	Lilly VERSEN	FR	#1	Washington and	12.24	(1.6)	3/29
2	89	Rylee TURNER	JR	#2	Lynchburg	12.31w	(2.2)	3/29
3	100	Jade BUCKLES	JR	#4	Bridgewater (Va	12.33	(-0.2)	4/5
4		Nalonda HENDERSON	SO	#3	Roanoke	12.36	(0.1)	4/12
5		Kennedy CHAPMAN	SO	#5	Virginia Wesleya	12.48	(2.0)	4/12
6		Ashley D'AMBROSIA	SR	#1	Washington and {2}	12.52	(1.6)	3/29
7		Summer WALLACE	SO	#4	Bridgewater (Va {2}	12.60	(0.5)	4/5
8		Janelle ANDERSON	SR	#7	Shenandoah	12.61	(1.5)	4/12
9		Jazmine PATTERSON	JR	#9	Hollins	12.69	(-1.0)	4/19
9		Jaidyn TURNER	SR	#6	Randolph	12.69w	(2.2)	3/29

## Women's 100 Meter Hurdles

1	19	Betsy MOHNKERN	SR	#2	Lynchburg	14.36w	(2.6)	3/29
2	47	Amanda ROMANO	SR	#1	Washington and	14.83w	(2.3)	3/29
3	58	Olivia VIERS	SO	#3	Roanoke	14.98	(1.0)	4/12
4	80	Cammi WINSTON	SR	#3	Roanoke {2}	15.12	(1.0)	4/12
5	97	Olivia BATES	JR	#4	Bridgewater (Va	15.24	(1.9)	4/5
6		Rebecca CARR	SO	#3	Roanoke {3}	15.28	(1.0)	4/12
7		Olivia CRIGGER	FR	#4	Bridgewater (Va {2}	15.57	(0.2)	4/19
8		Maddie WATSON	FR	#4	Bridgewater (Va {3}	15.98	(0.2)	4/19
8		Margo FOX	JR	#2	Lynchburg {2}	15.98	(0.2)	4/19
10		Joanne LEE	SO	#1	Washington and {2}	16.25w	(2.3)	3/29

## Women's 200 Meters

1	80	Lindsey HOBIN	JR	#3	Roanoke	25.10	(1.6)	4/5
2	86	Jade BUCKLES	JR	#4	Bridgewater (Va	25.17	(0.6)	4/5
3		Summer WALLACE	SO	#4	Bridgewater (Va {2}	25.31w	(2.1)	3/29
4		Rylee TURNER	JR	#2	Lynchburg	25.44	(1.2)	3/29
5		Betsy MOHNKERN	SR	#2	Lynchburg {2}	25.74	(1.1)	3/29
6		Jazmine PATTERSON	JR	#9	Hollins	25.80	(-0.2)	4/19
7		Kennedy CHAPMAN	SO	#5	Virginia Wesleya	25.83	(1.2)	3/29
8		Ashley D'AMBROSIA	SR	#1	Washington and	25.84	(1.8)	4/19
9		Eleanor HINCKLEY	SR	#3	Roanoke {2}	25.85w	(3.6)	4/5
10		Jesma EVANS	JR	#1	Washington and {2}	25.87	(-0.2)	3/22

## Women's 400 Meters

1	33	Jesma EVANS	JR	#1	Washington and	56.52		4/19
2	62	Summer WALLACE	SO	#4	Bridgewater (Va	57.57		4/19
3	92	Jessica TAYLOR	SO	#6	Randolph	58.15		4/19
4		Maryrose MOLINA-SHUMAN	JR	#3	Roanoke	58.63		4/19
5		Mae KAUFMAN	FR	#3	Roanoke {2}	58.69		4/19
6		Lindsey HOBIN	JR	#3	Roanoke {3}	59.36		4/5
7		Jazmine PATTERSON	JR	#9	Hollins	59.87		3/22
8		Ophelia LADNER	JR	#3	Roanoke {4}	59.88		3/29
9		Hannah EDWARDS	SO	#2	Lynchburg	1:00.03		3/29
10		Rylee TURNER	JR	#2	Lynchburg {2}	1:00.08		4/5

## Women's 400 Meter Hurdles

1	8	Amanda ROMANO	SR	#1	Washington and	1:01.94		4/19
2	19	Ophelia LADNER	JR	#3	Roanoke	1:03.00		4/5
3	70	Betsy MOHNKERN	SR	#2	Lynchburg	1:05.55		4/5
4		Jessica TAYLOR	SO	#6	Randolph	1:06.65		4/5
5		Lindsey HOBIN	JR	#3	Roanoke {2}	1:06.98		4/12
6		Anna MILLER	SO	#2	Lynchburg {2}	1:08.40		4/12
7		Margo FOX	JR	#2	Lynchburg {3}	1:08.88		3/29
8		Jennifer MOORE	SR	#6	Randolph {2}	1:09.23		4/5
9		Cammi WINSTON	SR	#3	Roanoke {3}	1:10.88		4/19
10		Joanne LEE	SO	#1	Washington and {2}	1:11.08		3/22

## Women's 800 Meters

1	52	Hannah EDWARDS	SO	#2	Lynchburg	2:15.27		4/12
2		Mimi KEMP	SR	#1	Washington and	2:17.73		3/29
3		Taylor MYERS	FR	#4	Bridgewater (Va	2:19.65		4/11
4		Courtney DRUMM	SR	#2	Lynchburg {2}	2:21.23		3/22
5		Lucie GRAZIANO	SO	#1	Washington and {2}	2:21.78		4/19
6		Emma MITCHELL	SR	#1	Washington and {3}	2:22.45		3/29
7		Brenna LUCZAK	SO	#1	Washington and {4}	2:22.65		3/29
8		Makenna THRUSH	SR	#7	Shenandoah	2:22.70		4/12
9		Amy OLEKSY	JR	#7	Shenandoah {2}	2:22.85		4/12
10		Grace SEMOW	FR	#7	Shenandoah {3}	2:22.89		4/12

## Women's 1500 Meters

1	23	Olivia WARR	SO	#1	Washington and	4:32.32		4/19
2	60	Sophia BRESCHI	JR	#1	Washington and {2}	4:38.56		4/19
3	83	Emma MITCHELL	SR	#1	Washington and {3}	4:40.66		4/19
4	92	Allison DELL	SR	#2	Lynchburg	4:41.33		3/29
5		Makenna THRUSH	SR	#7	Shenandoah	4:41.88		4/12
6		Taylor MYERS	FR	#4	Bridgewater (Va	4:43.15		4/5
7		Mimi KEMP	SR	#1	Washington and {4}	4:44.23		4/5
8		Adelynn CARPENTER	FR	#2	Lynchburg {2}	4:46.91		4/12
9		Reese BROWN	SO	#1	Washington and {5}	4:48.76		4/5
10		Adia VERA	SR	#1	Washington and {6}	4:51.56		4/5

## Women's Steeplechase

1	81	Brianna BREYAULT	JR	#1	Washington and	11:31.07		4/5
2		Reese BROWN	SO	#1	Washington and {2}	11:39.06		4/11
3		Halie MAST	SR	#8	Eastern Mennon	11:53.47		4/19
4		Elili ASEFA	JR	#8	Eastern Mennon {2}	12:13.17		4/19
5		Savannah REID	SR	#3	Roanoke	12:22.57		4/12
6		Allie GALLAHER	SO	#3	Roanoke {2}	12:59.80		4/19
7		Madeleine RHYNE	JR	#3	Roanoke {3}	14:18.35		3/29
8		Elizabeth MCELFRESH	FR	#3	Roanoke {4}	15:03.10		4/19



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	30	Allison DELL	SR	#2 Lynchburg	16:59.67	4/5
2	49	Olivia WARR	SO	#1 Washington and	17:16.43	4/14
3	76	Sophia BRESCHI	JR	#1 Washington and {2}	17:28.24	3/22
4	92	Taylor MYERS	FR	#4 Bridgewater (Va	17:33.36	3/22
5		Emma MITCHELL	SR	#1 Washington and {3}	17:38.65	4/5
6		Adelynn CARPENTER	FR	#2 Lynchburg {2}	17:45.48	4/5
7		Makenna THRUSH	SR	#7 Shenandoah	17:46.72	4/5
8		Lydia HARVEY	SO	#1 Washington and {4}	17:52.01	4/5
9		Delaney SAULSBURY	JR	#2 Lynchburg {3}	18:01.79	4/12
10		Claire HAMLET	SR	#1 Washington and {5}	18:11.93	3/22

## Women's 10,000 Meters

1	6	Allison DELL	SR	#2 Lynchburg	34:57.06	4/18
2	37	Taylor MYERS	FR	#4 Bridgewater (Va	36:52.27	3/29
3		Jenna SASS	SR	#6 Randolph	40:06.13	3/29
4		Madison CHORNEY	FR	#7 Shenandoah	40:24.00	3/22
5		Regan ROBINSON	JR	#4 Bridgewater (Va {2}	42:09.99	3/29
6		Sarah CHRISTY	SR	#7 Shenandoah {2}	42:20.67	3/22
7		Lauren TOOMAN	SO	#7 Shenandoah {3}	43:41.88	3/22
8		Sarah LANE	FR	#7 Shenandoah {4}	47:51.97	3/22

## Women's 4x100 Relay

1	22	Nalonda Henderson, Eleanor Hinckley, Mae Kaufman, Lindsey Hobin	#3 Roanoke	47.48	4/19
2	45	Jade Buckles, Adalia Coleman, Summer Wallace, Olivia Bates	#4 Bridgewater (Va	48.15	3/29
3	52	Kacey Kelly, Betsy Mohnkern, Selah Parker, Rylee Turner	#2 Lynchburg	48.29	4/12
4	66	Jennifer Moore, Jaidyn Turner, Jessica Taylor, Tatianna Langston	#6 Randolph	48.83	4/19
5	78	Ashley D'Ambrosia, Lilly Versen, Olivia D'Ambrosia, Ana Hodneland	#1 Washington and	49.06	3/22
6	98	Kennedy Chapman, Julia Hathaway, Lyric Hoggard, Mekayla Clark	#5 Virginia Wesleya	49.64	4/12
7		Saida Bangura, Cassidy Lewis, Leah Brethren, Hailey Juhasz	#10 Averett	52.17	4/11
8		Jazmine Patterson, Ashlyne Golston, Arianna Gomez, Adelie Condra	#9 Hollins	53.09	4/11
9		Alia Peets, Veronica Barney, Molly Booth, Electra McPherson	#11 Sweet Briar	54.82	4/19

## Women's 4x400 Relay

1	31	Lindsey Hobin, Ophelia Ladner, Mae Kaufman, Maryrose Molina-Shuman	#3 Roanoke	3:57.41	4/5
2	39	Ana Hodneland, Annabelle Sutliff, Amanda Romano, Jesma Evans	#1 Washington and	3:59.04	3/22
3	48	Betsy Mohnkern, Rylee Turner, Anna Miller, Hannah Edwards	#2 Lynchburg	4:01.13	4/5
4	96	Jaidyn Turner, Tatianna Langston, Jennifer Moore, Jessica Taylor	#6 Randolph	4:08.59	4/12
5		Jade Buckles, Olivia Bates, Megan Wimmer, Summer Wallace	#4 Bridgewater (Va	4:11.85	4/11

## Women's High Jump

1	16	Camille GILLUM	JR	#1 Washington and	1.65m	5-5	4/19
2	38	Summer WALLACE	SO	#4 Bridgewater (Va	1.61m	5-3¼	3/29
2	38	Norah CIANO	SR	#5 Virginia Wesleya	1.61m	5-3¼	4/5
4		Margo FOX	JR	#2 Lynchburg	1.57m	5-1¾	3/22
5		Maddie WATSON	FR	#4 Bridgewater (Va {2}	1.56m	5-1¼	3/29
6		Simone KASISCHKE	FR	#1 Washington and {2}	1.55m	5-1	4/19
6		Abby ATWOOD	FR	#8 Eastern Mennon	1.55m	5-1	3/29
8		Rebecca CARR	SO	#3 Roanoke	1.50m	4-11	3/29
9		Katya HOOVER	SR	#7 Shenandoah	1.48m	4-10¼	3/29
10		Madison FREIDEMAN	FR	#9 Hollins	1.45m	4-9	3/29

## Women's Pole Vault

1	15	Ashley D'AMBROSIA	SR	#1 Washington and	3.81m	12-6	4/19
2	55	Allison BOBST	SR	#2 Lynchburg	3.50m	11-5¾	3/29
2	55	Layla KEADLE	FR	#1 Washington and {2}	3.50m	11-5¾	4/19
4	93	Cameron WEBER	SO	#2 Lynchburg {2}	3.35m	10-11¾	3/29
5		Tasha MILLER	JR	#3 Roanoke	3.20m	10-6	4/12
5		Abby CHOLEWA	SO	#1 Washington and {3}	3.20m	10-6	4/11
7		Gabby PULLEN	FR	#1 Washington and {4}	3.05m	10-0	4/11
7		Alyssa TONETTI	SO	#2 Lynchburg {3}	3.05m	10-0	4/12

## Women's Long Jump

1	42	Margo FOX	JR	#2 Lynchburg	5.58m	18-3¾ (0.2)	3/28
2	54	Summer WALLACE	SO	#4 Bridgewater (Va	5.51m	18-1 (0.0)	4/19
3	76	Kacey KELLY	JR	#2 Lynchburg {2}	5.42m	17-9½ (0.0)	3/29
3	76	Kennedy CHAPMAN	SO	#5 Virginia Wesleya	5.42mw	17-9½ (3.5)	4/12
5		Selah PARKER	FR	#2 Lynchburg {3}	5.29m	17-4¼ (0.0)	3/29
6		Olivia CRIGGER	FR	#4 Bridgewater (Va {2}	5.23m	17-2 (0.0)	4/19
7		Arianna GOMEZ	FR	#9 Hollins	5.22m	17-1½ (0.7)	4/19
8		Bella DEVRAJ	SR	#1 Washington and	5.20mw	17-¾ (2.2)	4/19
9		Lilly VERSEN	FR	#1 Washington and {2}	5.18m	17-0 (1.4)	3/22
9		Jade BUCKLES	JR	#4 Bridgewater (Va {3}	5.18m	17-0 (1.5)	3/29





# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



ODAC

as of 4/22/2025 12:04:10 AM ET

## Women's Triple Jump

1	<b>9</b>	Kacey KELLY	JR	<b>#2</b> Lynchburg	<b>11.99m</b>	39-4 (0.6)	3/28
2	<b>33</b>	Olivia CRIGGER	FR	<b>#4</b> Bridgewater (Va.	<b>11.47m</b>	37-7¾ (0.0)	3/21
3	<b>82</b>	Arianna GOMEZ	FR	<b>#9</b> Hollins	<b>11.05m</b>	36-3 (0.8)	<b>4/19</b>
4		Kendra SMITH	SR	<b>#6</b> Randolph	<b>10.84m</b>	35-6¾ (2.0)	<b>4/19</b>
5		Kiara SMITH	SR	<b>#2</b> Lynchburg	<b>{2} 10.82m</b>	35-6 (1.3)	<b>4/19</b>
5		Olivia BATES	JR	<b>#4</b> Bridgewater (Va.	<b>{2} 10.82m</b>	35-6 (1.8)	4/11
7		Mackenzie MORANTE	SO	<b>#1</b> Washington and	<b>10.73m</b>	35-2½ (2.0)	4/11
8		Cammi WINSTON	SR	<b>#3</b> Roanoke	<b>10.58m</b>	34-8½ (0.4)	3/29
9		Angel DAVID	SO	<b>#8</b> Eastern Mennon	<b>10.45m</b>	34-3½ (0.4)	3/29
10		Maddie WATSON	FR	<b>#4</b> Bridgewater (Va.	<b>{3} 10.44m</b>	34-3 (0.0)	3/29

## Women's Shot Put

1	<b>44</b>	Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.	<b>12.78m</b>	41-11¼	3/22
2		Emily JACKSON	FR	<b>#1</b> Washington and	<b>11.69m</b>	38-4¼	3/29
3		Mackenzie SWANSON	JR	<b>#5</b> Virginia Wesleya	<b>11.45m</b>	37-6¾	3/29
4		Bailey HEDGEMON	JR	<b>#1</b> Washington and	<b>{2} 11.38m</b>	37-4	<b>4/19</b>
5		Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>11.37m</b>	37-3¾	3/22
6		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya	<b>{2} 11.23m</b>	36-10¼	3/29
7		Vivianna GUSTIN	SR	<b>#6</b> Randolph	<b>11.16m</b>	36-7½	<b>4/19</b>
8		Kiersten ALLING	SO	<b>#6</b> Randolph	<b>{2} 11.14m</b>	36-6¾	<b>4/19</b>
9		Margo FOX	JR	<b>#2</b> Lynchburg	<b>{2} 10.91m</b>	35-9½	3/22
10		Sarah FUCHS	JR	<b>#3</b> Roanoke	<b>10.85m</b>	35-7¼	<b>4/19</b>

## Women's Discus

1	<b>25</b>	Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.	<b>43.85m</b>	143-11	4/5
2		Denise KAMGAING	FR	<b>#5</b> Virginia Wesleya	<b>38.93m</b>	127-9	3/22
3		Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>38.85m</b>	127-6	4/12
4		Kiersten ALLING	SO	<b>#6</b> Randolph	<b>38.28m</b>	125-7	4/12
5		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya	<b>{2} 38.11m</b>	125-1	4/12
6		Aldora TUILAEPa	FR	<b>#8</b> Eastern Mennon	<b>37.97m</b>	124-7	<b>4/19</b>
7		Elizabeth RAMOS	FR	<b>#4</b> Bridgewater (Va.	<b>{2} 36.66m</b>	120-4	<b>4/19</b>
8		Bailey HEDGEMON	JR	<b>#1</b> Washington and	<b>35.12m</b>	115-3	<b>4/19</b>
9		Claudia DISBROW	JR	<b>#3</b> Roanoke	<b>34.70m</b>	113-10	3/22
10		Nalonda HENDERSON	SO	<b>#3</b> Roanoke	<b>{2} 34.36m</b>	112-9	<b>4/19</b>

## Women's Hammer

1	<b>56</b>	Bailey HEDGEMON	JR	<b>#1</b> Washington and	<b>48.69m</b>	159-9	3/29
2		Kiersten ALLING	SO	<b>#6</b> Randolph	<b>45.39m</b>	148-11	4/5
3		Aldora TUILAEPa	FR	<b>#8</b> Eastern Mennon	<b>45.00m</b>	147-8	4/5
4		Sarah FUCHS	JR	<b>#3</b> Roanoke	<b>42.99m</b>	141-1	4/5
5		Brianna MORGAN	JR	<b>#4</b> Bridgewater (Va.	<b>42.79m</b>	140-5	4/11
6		Denise KAMGAING	FR	<b>#5</b> Virginia Wesleya	<b>42.57m</b>	139-8	4/5
7		Daryl TUCKER	JR	<b>#5</b> Virginia Wesleya	<b>{2} 42.07m</b>	138-0	4/12
8		Abby MIKOLAY	SO	<b>#4</b> Bridgewater (Va.	<b>{2} 41.94m</b>	137-7	3/29
9		Kenzie SWICEGOOD	SO	<b>#2</b> Lynchburg	<b>41.69m</b>	136-10	3/29
10		Sanaa BELTON	JR	<b>#9</b> Hollins	<b>40.77m</b>	133-9	3/22

## Women's Javelin

1	<b>16</b>	Kacey KELLY	JR	<b>#2</b> Lynchburg	<b>40.08m</b>	131-6	4/5
2	<b>83</b>	Katya HOOVER	SR	<b>#7</b> Shenandoah	<b>36.34m</b>	119-3	3/22
3		Claudia DISBROW	JR	<b>#3</b> Roanoke	<b>34.16m</b>	112-1	<b>4/19</b>
4		Carlota GONZALEZ	SO	<b>#10</b> Averett	<b>34.06m</b>	111-9	4/11
5		Mackenzie PLOWMAN	SR	<b>#7</b> Shenandoah	<b>{2} 31.80m</b>	104-4	3/22
6		Jaiden MITCHELL	SO	<b>#5</b> Virginia Wesleya	<b>30.68m</b>	100-8	4/5
7		Margo FOX	JR	<b>#2</b> Lynchburg	<b>{2} 30.14m</b>	98-10¾	4/12
8		Katie WOOD	FR	<b>#1</b> Washington and	<b>29.74m</b>	97-7	4/11
9		Jasmine CARTWRIGHT	SO	<b>#13</b> Guilford	<b>29.57m</b>	97-¼	<b>4/19</b>
10		Lilian BIGGER	FR	<b>#12</b> Ferrum	<b>27.93m</b>	91-7¾	3/14

## Women's Heptathlon

1	<b>44</b>	Margo FOX	JR	<b>#2</b> Lynchburg	<b>3,942</b>		3/22
2		Maria PLUMMER	FR	<b>#5</b> Virginia Wesleya	<b>2,393</b>		<b>4/19</b>
3		Zantia DURAND	SO	<b>#5</b> Virginia Wesleya	<b>{2} 1,879</b>		<b>4/19</b>
4		Kendra SMITH	SR	<b>#6</b> Randolph	<b>1,694</b>		3/22
5		Ashley DICKERSON	SO	<b>#5</b> Virginia Wesleya	<b>{3} 1,588</b>		<b>4/19</b>



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



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## Women's 100 Meters

1	64	Kiara WHITE	FR	#1	Grove City	12.22	(2.0)	4/12
2		Jenna ZENDRON	SO	#3	Westminster (Pa	12.75	(0.6)	4/18
3		Gabrielle DOVE	FR	#5	Saint Vincent	12.83	(-0.1)	3/22
4		Nadine LAUFFER	FR	#1	Grove City	{2} 12.86w	(2.4)	4/5
5		Carolyn COLTERYAHN	SR	#1	Grove City	{3} 12.90w	(2.4)	4/5
6		Sara VOS	FR	#4	Geneva	13.00w	(2.4)	4/5
7		Aubryanna SNYDER	SO	#2	Allegheny (Pa.)	13.07w	(2.4)	4/5
8		Madison DONELSON	SO	#10	Bethany (W.Va.)	13.21	(1.2)	4/13
9		Sarah SCHNEIDER	JR	#6	Washington & Je	13.22w	(2.4)	4/12
10		Alyssa TRN	FR	#6	Washington & Je	{2} 13.30w	(2.4)	4/5

## Women's 100 Meter Hurdles

1		Sarah SCHNEIDER	JR	#6	Washington & Je	15.28	(1.8)	4/19
2		Breannnda DAVIS	SR	#3	Westminster (Pa	15.35	(1.7)	4/12
3		Aurielle BRUNNER	SR	#7	Chatham	16.07	(-2.5)	3/29
4		Elyse LENHART	FR	#2	Allegheny (Pa.)	16.59w	(3.3)	4/18
4		Ryann ESSEY	SR	#3	Westminster (Pa	{2} 16.59	(1.1)	4/18
6		Hannah COSTA	SO	#1	Grove City	16.71	(1.1)	4/5
7		Lucy GYERGYO	FR	#1	Grove City	{2} 16.88	(1.1)	4/5
8		Daphne ALEXANDER	SO	#4	Geneva	16.93	(1.1)	4/5
9		Rosa MONARCH	SO	#2	Allegheny (Pa.)	{2} 17.22	(1.7)	3/22
10		Victoria LEAK	SO	#1	Grove City	{3} 17.39	(1.1)	4/5

## Women's 200 Meters

1		Kiara WHITE	FR	#1	Grove City	25.62	(0.0)	3/29
2		Aurielle BRUNNER	SR	#7	Chatham	26.04	(-1.1)	3/29
3		Jenna ZENDRON	SO	#3	Westminster (Pa	26.28	(0.0)	4/18
4		Carolyn COLTERYAHN	SR	#1	Grove City	{2} 26.86	(1.3)	4/12
5		Nadine LAUFFER	FR	#1	Grove City	{3} 26.91	(-0.8)	3/29
5		Logan WAGNER	JR	#2	Allegheny (Pa.)	26.91w	(2.9)	4/14
7		Ella RISHHELL	SO	#9	Waynesburg	26.96	(0.4)	3/29
8		Gabrielle DOVE	FR	#5	Saint Vincent	27.01	(2.0)	3/22
9		Sara VOS	FR	#4	Geneva	27.17w	(2.2)	4/5
10		Aubryanna SNYDER	SO	#2	Allegheny (Pa.)	{2} 27.29	(0.0)	4/18

## Women's 400 Meters

1		Jenna ZENDRON	SO	#3	Westminster (Pa	58.85		3/15
2		Nadine LAUFFER	FR	#1	Grove City	59.80		3/29
3		Lauren DOSCH	SO	#8	Franciscan	59.81		3/15
4		Miranda CINCOTTA	JR	#5	Saint Vincent	1:00.28		3/22
5		Celia COCCA	SR	#2	Allegheny (Pa.)	1:00.44		4/18
6		Logan WAGNER	JR	#2	Allegheny (Pa.)	{2} 1:00.64		4/18
7		Ella RISHHELL	SO	#9	Waynesburg	1:00.75		3/29
8		Sara VOS	FR	#4	Geneva	1:02.00		3/29
9		Cayla LAWRENCE	SO	#1	Grove City	{2} 1:02.03		4/5
10		Imogen DEBLOIS	FR	#11	Thiel	1:02.05		3/29
10		Marina GRADO	SO	#6	Washington & Je	1:02.05		4/19

## Women's 400 Meter Hurdles

1	42	Aurielle BRUNNER	SR	#7	Chatham	1:04.35		4/12
2	92	Breannnda DAVIS	SR	#3	Westminster (Pa	1:06.21		4/18
3		Nadine LAUFFER	FR	#1	Grove City	1:06.72		4/5
4		Renee TETLOW	JR	#2	Allegheny (Pa.)	1:07.45		4/5
5		Samantha STRAUB	FR	#5	Saint Vincent	1:09.40		4/17
6		Ryann ESSEY	SR	#3	Westminster (Pa	{2} 1:09.85		4/18
7		Lainey HARTNER	FR	#6	Washington & Je	1:10.89		4/12
8		Lucy GYERGYO	FR	#1	Grove City	{2} 1:11.21		4/5
9		Shaelyn ANTHONY	FR	#10	Bethany (W.Va.)	1:11.52		4/13
10		Hannah COSTA	SO	#1	Grove City	{3} 1:12.58		4/12

## Women's 800 Meters

1	31	Lauren DOSCH	SO	#8	Franciscan	2:13.41		4/14
2	45	Lydia BENNETT	SR	#1	Grove City	2:14.40		4/17
3	71	Miranda CINCOTTA	JR	#5	Saint Vincent	2:16.43		4/17
4		Celia COCCA	SR	#2	Allegheny (Pa.)	2:17.90		4/14
5		Jessica CAMPBELL	SR	#8	Franciscan	{2} 2:18.05		4/4
6		Cayla LAWRENCE	SO	#1	Grove City	{2} 2:18.75		3/29
7		Julianna LINDBERG	FR	#1	Grove City	{3} 2:19.16		4/12
8		Kaylynn JOHNSON	SR	#1	Grove City	{4} 2:19.72		4/12
9		Grace NEUBERT	FR	#5	Saint Vincent	{2} 2:20.68		3/29
10		Nelly STAFFORD	SR	#2	Allegheny (Pa.)	{2} 2:21.10		3/29

## Women's 1500 Meters

1	17	Lydia BENNETT	SR	#1	Grove City	4:31.55		4/5
2	84	Chloe BONSON	JR	#2	Allegheny (Pa.)	4:40.70		4/18
3	88	Nelly STAFFORD	SR	#2	Allegheny (Pa.)	{2} 4:41.10		3/29
4	98	Claire WALTERS	SR	#8	Franciscan	4:41.80		4/14
5		Miranda CINCOTTA	JR	#5	Saint Vincent	4:44.19		4/14
6		Grace NEUBERT	FR	#5	Saint Vincent	{2} 4:45.06		3/29
7		Cayla LAWRENCE	SO	#1	Grove City	{2} 4:45.58		3/29
8		Kaylynn JOHNSON	SR	#1	Grove City	{3} 4:46.84		4/17
9		Lily MURPHY	JR	#5	Saint Vincent	{3} 4:48.31		4/14
9		Carmen MEDVIT	JR	#4	Geneva	4:48.31		4/17

## Women's Steeplechase

1	9	Grace SMITH	SR	#1	Grove City	10:48.95		4/14
2	18	Ella LYLE	SR	#1	Grove City	{2} 10:59.01		4/14
3	39	Marrin CRIST	SR	#2	Allegheny (Pa.)	11:15.63		3/29
4		Virginia WILLIAMS	SR	#1	Grove City	{3} 11:49.55		4/17
5		Julianna LINDBERG	FR	#1	Grove City	{4} 11:54.75		3/29
6		Chloe LOCASTRO	JR	#6	Washington & Je	12:01.40		4/14
7		Monica CURTIS	JR	#3	Westminster (Pa	12:08.37		4/17
8		Genevieve RUTH	SO	#6	Washington & Je	{2} 12:33.38		4/19
9		Catherine O'DONNELL	SR	#4	Geneva	12:46.71		4/12
10		Lydia NAGEL	SO	#4	Geneva	{2} 12:57.66		4/12



## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>11</b>	Chloe BONSON	JR	<b>#2 Allegheny (Pa.)</b>	<b>16:43.76</b>	4/14
2	<b>29</b>	Lydia BENNETT	SR	<b>#1 Grove City</b>	<b>16:56.35</b>	3/29
3	<b>46</b>	Carmen MEDVIT	JR	<b>#4 Geneva</b>	<b>17:14.83</b>	4/14
4	<b>73</b>	Nelly STAFFORD	SR	<b>#2 Allegheny (Pa.) {2}</b>	<b>17:27.20</b>	4/14
5	<b>79</b>	Claire ANDERSON	JR	<b>#6 Washington &amp; Je</b>	<b>17:29.00</b>	3/29
6		Claire WALTERS	SR	<b>#8 Franciscan</b>	<b>17:41.45</b>	4/14
7		Grace NEUBERT	FR	<b>#5 Saint Vincent</b>	<b>17:56.39</b>	3/22
8		Marrin CRIST	SR	<b>#2 Allegheny (Pa.) {3}</b>	<b>18:15.08</b>	<b>4/18</b>
9		Ella LYLE	SR	<b>#1 Grove City {2}</b>	<b>18:28.53</b>	4/5
10		Grace SMITH	SR	<b>#1 Grove City {3}</b>	<b>18:33.65</b>	4/5

## Women's 10,000 Meters

1	<b>51</b>	Claire ANDERSON	JR	<b>#6 Washington &amp; Je</b>	<b>37:30.42</b>	4/14
2	<b>67</b>	Grace NEUBERT	FR	<b>#5 Saint Vincent</b>	<b>37:55.47</b>	4/14
3	<b>83</b>	Kristen PRINCE	JR	<b>#5 Saint Vincent {2}</b>	<b>38:23.81</b>	3/22
4		Grace TANKSLEY	JR	<b>#9 Waynesburg</b>	<b>39:19.12</b>	4/12
5		Virginia WILLIAMS	SR	<b>#1 Grove City</b>	<b>39:24.57</b>	4/5
6		Julia BAUER	SR	<b>#1 Grove City {2}</b>	<b>39:53.66</b>	4/5
7		Audrey MCALISTER	FR	<b>#4 Geneva</b>	<b>41:29.77</b>	3/15
8		Erin DELONG	SO	<b>#9 Waynesburg {2}</b>	<b>43:29.38</b>	4/12
9		Maggie MOLLENAUER	FR	<b>#1 Grove City {3}</b>	<b>44:38.35</b>	4/5
10		Ayva FETTEROLF	FR	<b>#4 Geneva {2}</b>	<b>45:06.46</b>	3/15

## Women's 4x100 Relay

1	<b>77</b>	Carolyn Colteryahn, Nadine Lauffer, Rebecca Vezzosi, Kiara White		<b>#1 Grove City</b>	<b>49.02</b>	3/29
2		Breannnda Davis, Ryann Essey, Emma Morris, Jenna Zendron		<b>#3 Westminster (Pa</b>	<b>51.22</b>	4/5
3		Amanda Kane, Gabrielle Dove, Samantha Straub, Caroline Kozera		<b>#5 Saint Vincent</b>	<b>52.01</b>	4/12
4		Rowan Dennis, Sara Vos, Arionna White, Favour Oladapo		<b>#4 Geneva</b>	<b>52.28</b>	4/5
4		Sarah Schneider, Marina Grado, Lainey Hartner, Alyssa Trn		<b>#6 Washington &amp; Je</b>	<b>52.28</b>	<b>4/19</b>
6		Madison Donelson, Shaelyn Anthony, Cierra Toland, Shunnye Christopher		<b>#10 Bethany (W.Va.)</b>	<b>52.87</b>	4/13
7		Rosa Monarch, Evie Ellenberger, Megan Zimmerman, Aubryanna Snyder		<b>#2 Allegheny (Pa.)</b>	<b>53.01</b>	3/22
8		Rebecca Bolster, Maria McInnis, Nora Hilgeman, MaryGrace Gauntner		<b>#8 Franciscan</b>	<b>53.27</b>	<b>4/17</b>

## Women's 4x400 Relay

1		Nadine Lauffer, Megan Marchand, Kaylynn Johnson, Annie Herrmann		<b>#1 Grove City</b>	<b>4:09.83</b>	<b>4/17</b>
2		Celia Cocca, Renee Tetlow, Shyann Rulander, Logan Wagner		<b>#2 Allegheny (Pa.)</b>	<b>4:11.32</b>	<b>4/18</b>
3		Breannnda Davis, Ryann Essey, Lily Atwood, Jenna Zendron		<b>#3 Westminster (Pa</b>	<b>4:12.60</b>	4/12
4		Jessica Campbell, Lauren Dosch, Emily Maag, Claire Walters		<b>#8 Franciscan</b>	<b>4:15.24</b>	<b>4/17</b>
5		Gabrielle Dove, Samantha Straub, Lily Murphy, Miranda Cincotta		<b>#5 Saint Vincent</b>	<b>4:24.24</b>	3/22
6		Rachel Blessing, Rowan Dennis, Sara Vos, Favour Oladapo		<b>#4 Geneva</b>	<b>4:25.70</b>	3/29
7		Ella Boothe, JaLisa Fuller, Amber Sallee, Ella Rishell		<b>#9 Waynesburg</b>	<b>4:34.47</b>	4/12
8		Molly Standing, Camryn Noll, Virginia Malkin, Piper Young		<b>#7 Chatham</b>	<b>4:39.02</b>	<b>4/17</b>

## Women's High Jump

1	<b>23</b>	Breannnda DAVIS	SR	<b>#3 Westminster (Pa</b>	<b>1.63m</b>	5-4¼	3/29
2	<b>38</b>	Elly BRUNER	SO	<b>#1 Grove City</b>	<b>1.61m</b>	5-3¼	4/12
3		Sha'nia STIERS- ROYAL	SR	<b>#11 Thiel</b>	<b>1.55m</b>	5-1	3/22
3		Daphne ALEXANDER	SO	<b>#4 Geneva</b>	<b>1.55m</b>	5-1	3/15
5		Ryann ESSEY	SR	<b>#3 Westminster (Pa){2}</b>	<b>1.53m</b>	5-¼	<b>4/17</b>
6		Katelyn MATHEWS	SO	<b>#4 Geneva {2}</b>	<b>1.50m</b>	4-11	4/12
6		Olivia SEETOO	FR	<b>#4 Geneva {2}</b>	<b>1.50m</b>	4-11	4/12
8		Kendall CODDINGTON	SO	<b>#1 Grove City {2}</b>	<b>1.45m</b>	4-9	4/12
8		Alyssa TRN	FR	<b>#6 Washington &amp; Je</b>	<b>1.45m</b>	4-9	3/22
8		Megan ZIMMERMAN	FR	<b>#2 Allegheny (Pa.)</b>	<b>1.45m</b>	4-9	3/22
8		Rylee MILLER	SO	<b>#6 Washington &amp; Je</b>	<b>1.45m</b>	4-9	3/22

## Women's Pole Vault

1	<b>5</b>	Madison CONLEY	SR	<b>#3 Westminster (Pa</b>	<b>4.00m</b>	13-1½	<b>4/18</b>
2	<b>77</b>	Missy TREHARNE	JR	<b>#3 Westminster (Pa){2}</b>	<b>3.40m</b>	11-1¾	<b>4/18</b>
2	<b>77</b>	Alaina GATTO	FR	<b>#3 Westminster (Pa){2}</b>	<b>3.40m</b>	11-1¾	4/5
4	<b>87</b>	Corinne INKLEY	SO	<b>#2 Allegheny (Pa.)</b>	<b>3.36m</b>	11-¼	3/29
5		Hannah HERRMANN	FR	<b>#1 Grove City</b>	<b>3.21m</b>	10-6¼	3/29
6		Jessica ROSS	SO	<b>#7 Chatham</b>	<b>2.95m</b>	9-8	4/5
7		Amanda MCGURK	SO	<b>#1 Grove City {2}</b>	<b>2.91m</b>	9-6½	3/29
8		Emma THELLMAN	FR	<b>#4 Geneva</b>	<b>2.70m</b>	8-10¼	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



PAC

as of 4/22/2025 12:04:10 AM ET

## Women's Long Jump

1	22	Aurielle BRUNNER	SR	#7 Chatham	5.73m	18-9¾ (0.0)	4/11
2	65	Evie ELLENBERGER	FR	#2 Allegheny (Pa.)	5.46m	17-11 (0.0)	4/18
3		Corinne INKLEY	SO	#2 Allegheny (Pa.) {2}	5.27m	17-3½ (0.0)	4/18
4		Breannnda DAVIS	SR	#3 Westminster (Pa)	5.16m	16-11¼ (0.0)	4/12
5		Alexis MCFADDEN	SR	#11 Thiel	5.06m	16-7¼ (1.0)	4/17
6		Kaelyn HARTMAN	SO	#4 Geneva	5.01m	16-5¼ (-0.4)	3/29
7		Claire WISLER	FR	#1 Grove City	4.95m	16-3 (-2.6)	4/17
7		Aubryanna SNYDER	SO	#2 Allegheny (Pa.) {3}	4.95m	16-3 (1.5)	3/29
9		Victoria LEAK	SO	#1 Grove City {2}	4.92m	16-1¾ (0.0)	4/17
10		Sarah SCHNEIDER	JR	#6 Washington & Je	4.91mw	16-1½ (4.0)	3/22

## Women's Triple Jump

1	5	Aurielle BRUNNER	SR	#7 Chatham	12.13m	39-9¾ (0.0)	4/16
2		Samantha STRAUB	FR	#5 Saint Vincent	10.54m	34-7 (0.0)	4/12
3		Lucy GYERGYO	FR	#1 Grove City	10.51m	34-5¾ (1.7)	4/5
4		Evie ELLENBERGER	FR	#2 Allegheny (Pa.)	10.41m	34-2 (0.0)	4/18
5		Alexis MCFADDEN	SR	#11 Thiel	10.37m	34-¼ (1.4)	4/5
6		Ella RISHHELL	SO	#9 Waynesburg	10.30m	33-9½ (-0.8)	3/29
7		Aubryanna SNYDER	SO	#2 Allegheny (Pa.) {2}	10.08m	33-1 (-0.8)	3/29
8		Kaya SKINNER	SR	#3 Westminster (Pa)	9.95m	32-7¾ (0.4)	4/5
9		Najiyah SMITH	FR	#7 Chatham {2}	9.93m	32-7 (0.0)	4/12
10		Victoria LEAK	SO	#1 Grove City {2}	9.84mw	32-3½ (2.3)	4/5

## Women's Shot Put

1	49	Lexi SHIDERLY	SR	#3 Westminster (Pa)	12.75m	41-10	4/18
2	64	Emma MILLER	SR	#2 Allegheny (Pa.)	12.60m	41-4¼	3/29
3	69	Shelby RAMBO	JR	#3 Westminster (Pa){2}	12.51m	41-½	4/18
4	84	Laila DAVIS	SR	#2 Allegheny (Pa.) {2}	12.35m	40-6¼	3/29
5		Maggie CLAIR	FR	#9 Waynesburg	11.35m	37-3	3/22
5		Katie KOVALCHICK	SO	#6 Washington & Je	11.35m	37-3	4/18
7		Allison STANDISH	JR	#4 Geneva	11.26m	36-11½	4/17
8		Kayla JOHNSON	JR	#7 Chatham	11.18m	36-8¼	4/5
9		Brooke GECINA	FR	#3 Westminster (Pa){3}	11.09m	36-4¾	4/17
10		Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	11.08m	36-4¼	4/13

## Women's Discus

1	20	Shelby RAMBO	JR	#3 Westminster (Pa)	44.16m	144-11	4/18
2		Kayla JOHNSON	JR	#7 Chatham	37.65m	123-6	3/29
3		Molly GIBSON	SO	#3 Westminster (Pa){2}	34.80m	114-2	4/17
4		Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	33.50m	109-11	4/13
5		Kyla PARKS	FR	#4 Geneva	33.36m	109-6	4/5
6		Allison STANDISH	JR	#4 Geneva {2}	32.56m	106-10	4/17
7		Emma MILLER	SR	#2 Allegheny (Pa.)	32.55m	106-10	4/5
8		Makenna PHILSON	JR	#10 Bethany (W.Va.) {2}	32.25m	105-10	4/13
9		Danika SUDAR	SR	#1 Grove City	32.24m	105-9	3/29
10		Marissa FRENCH	FR	#10 Bethany (W.Va.) {3}	32.08m	105-3	3/22

## Women's Hammer

1	19	Laila DAVIS	SR	#2 Allegheny (Pa.)	51.77m	169-10	4/18
2	30	Alexis MAHAFFEY	SR	#10 Bethany (W.Va.)	50.47m	165-7	4/13
3		Danika SUDAR	SR	#1 Grove City	44.44m	145-10	4/5
4		Allison STANDISH	JR	#4 Geneva	44.23m	145-2	3/29
5		Emma MILLER	SR	#2 Allegheny (Pa.) {2}	41.42m	135-11	3/29
6		Brooke GECINA	FR	#3 Westminster (Pa)	39.92m	131-0	4/12
7		Sarah YANNAYON	SO	#7 Chatham	35.89m	117-9	3/29
8		Makenna PHILSON	JR	#10 Bethany (W.Va.) {2}	34.11m	111-11	4/13
9		Rylie BAKER	SO	#9 Waynesburg	32.95m	108-1	3/29
10		Kyla PARKS	FR	#4 Geneva {2}	32.31m	106-0	3/22

## Women's Javelin

1	31	Angie BAWEK	SO	#2 Allegheny (Pa.)	39.31m	129-0	4/5
2	34	Elizabeth LUBOLD	JR	#2 Allegheny (Pa.) {2}	39.05m	128-2	4/14
3	38	Natalie DOUBLE	SO	#9 Waynesburg	38.66m	126-10	4/19
4		Megan BARRY	SR	#9 Waynesburg {2}	35.62m	116-11	4/19
5		Mariana LAVIGNE	FR	#8 Franciscan	35.20m	115-6	3/15
6		Emily GARVIN	SO	#4 Geneva	35.18m	115-5	4/17
7		Katie KOVALCHICK	SO	#6 Washington & Je	34.66m	113-9	4/12
8		Emenet RICHARDSON	FR	#7 Chatham	33.26m	109-2	4/17
9		Rachel BRADY	JR	#3 Westminster (Pa)	32.92m	108-0	3/15
10		Victoria LEAK	SO	#1 Grove City	31.42m	103-1	4/17

## Women's Heptathlon

1		Victoria LEAK	SO	#1 Grove City	2,672		3/29
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## Conference TFRI Event Summary



SAA

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## Women's 100 Meters

1	3	Madjo DOUMBIA	SR	#1 Centre	11.68w	(2.1)	4/18
2	34	Olivia FREEMAN	JR	#3 Rhodes	12.08	(1.6)	4/12
2	34	Chloe HEIN	SO	#1 Centre	{2} 12.08	(1.7)	3/22
4	67	Aubrey GUYDEN	JR	#4 Oglethorpe	12.23w	(2.3)	3/22
5		Lucy NICHOLSON	FR	#2 Berry	12.34w	(3.5)	4/12
6		Amari ROBINSON	SO	#1 Centre	{3} 12.47w	(2.1)	4/18
7		Kirsten WRIGHT	SO	#4 Oglethorpe	{2} 12.51w	(3.1)	4/5
8		Journey MORRISON	FR	#5 Univ. of the Sout	12.85	(1.0)	3/28
9		Hannah BROWN	SO	#6 Millsaps	12.91	(1.6)	4/12
10		Malia MELTON	JR	#4 Oglethorpe	{3} 12.94w	(2.7)	4/12

## Women's 100 Meter Hurdles

1		Journey MORRISON	FR	#5 Univ. of the Sout	15.29	(0.7)	3/28
2		Macy MURDOCK	JR	#2 Berry	15.44w	(2.8)	3/9
3		Alexandria MASDEN	FR	#1 Centre	15.56	(1.7)	4/18
4		Serena MCNEILLY	SO	#1 Centre	{2} 15.86	(-0.9)	4/12
5		Callie GORMLEY	SR	#1 Centre	{3} 16.13	(1.9)	4/12
6		Megan WEILMUNSTER	SR	#3 Rhodes	16.18	(0.0)	4/12
7		Janea BOTTINELLI	SR	#1 Centre	{4} 16.24	(1.9)	4/12
8		Chloe HEIN	SO	#1 Centre	{5} 16.28	(1.7)	4/18
8		Hailey WRIGHT	JR	#4 Oglethorpe	16.28	(2.0)	4/5
10		Josie LOGGINS	JR	#2 Berry	{2} 16.34w	(2.8)	3/9

## Women's 200 Meters

1	14	Madjo DOUMBIA	SR	#1 Centre	24.42	(-1.6)	4/5
2	42	Chloe HEIN	SO	#1 Centre	{2} 24.81w	(2.6)	4/18
3		Lucy NICHOLSON	FR	#2 Berry	25.35	(0.7)	3/28
4		Evan THOMAS	SO	#4 Oglethorpe	25.44	(1.2)	4/5
5		Kirsten WRIGHT	SO	#4 Oglethorpe	{2} 25.49w	(3.6)	4/12
6		Olivia FREEMAN	JR	#3 Rhodes	25.57	(1.5)	3/29
7		Amari ROBINSON	SO	#1 Centre	{3} 26.08w	(2.6)	4/18
8		Macy MURDOCK	JR	#2 Berry	{2} 26.35	(-1.2)	3/28
9		Fiona SELDERS	SO	#6 Millsaps	26.40	(2.0)	4/12
10		Julianne SHIRLEY	FR	#2 Berry	{3} 26.62	(1.2)	3/28

## Women's 400 Meters

1	50	Madjo DOUMBIA	SR	#1 Centre	57.08		4/5
2		Evan THOMAS	SO	#4 Oglethorpe	59.19		4/5
3		Ainsley WILSON	SO	#1 Centre	{2} 59.30		3/29
4		Julianne SHIRLEY	FR	#2 Berry	1:00.39		4/12
5		Faith PETERSON	FR	#1 Centre	{3} 1:00.57		4/12
6		Alexandria MASDEN	FR	#1 Centre	{4} 1:01.03		4/12
7		Chloe HEIN	SO	#1 Centre	{5} 1:01.31		4/5
8		Fiona SELDERS	SO	#6 Millsaps	1:01.44		4/12
9		Megan WEILMUNSTER	SR	#3 Rhodes	1:01.46		4/12
10		Marianna MOELL	SR	#2 Berry	{2} 1:02.06		3/22

## Women's 400 Meter Hurdles

1	20	Macy MURDOCK	JR	#2 Berry	1:03.07		4/5
2	51	Janea BOTTINELLI	SR	#1 Centre	1:04.70		3/22
3		Megan WEILMUNSTER	SR	#3 Rhodes	1:07.04		4/5
4		Shannen ALACK	SO	#3 Rhodes	{2} 1:07.18		4/5
5		Josie LOGGINS	JR	#2 Berry	{2} 1:08.26		3/22
6		Arden CAMPBELL	SO	#1 Centre	{2} 1:08.41		4/18
7		Alexandria MASDEN	FR	#1 Centre	{3} 1:08.91		4/18
8		Esther LAMB	SR	#3 Rhodes	{3} 1:11.08		3/22
9		Jocelyn COVANEY	SR	#5 Univ. of the Sout	1:11.31		4/20
10		Gabriella ANDINO	FR	#4 Oglethorpe	1:13.01		4/12

## Women's 800 Meters

1	32	Anna ROSE	SR	#2 Berry	2:13.45		3/28
2		Erin HAUGH	SR	#1 Centre	2:19.37		4/18
3		Anna CANTRELL	SO	#7 Hendrix	2:20.11		3/22
4		Janea BOTTINELLI	SR	#1 Centre	{2} 2:22.36		3/22
5		Hannah RHODES	JR	#4 Oglethorpe	2:22.37		3/28
6		Laney KALSU	FR	#5 Univ. of the Sout	2:22.63		4/20
7		Sienna COLLIER	SO	#3 Rhodes	2:23.88		4/5
8		Emma MUSGRAVE	SO	#1 Centre	{3} 2:25.02		3/22
9		Kate KELLER	SR	#1 Centre	{4} 2:25.14		4/5
10		Nina BROWN	FR	#3 Rhodes	{2} 2:25.74		4/12

## Women's 1500 Meters

1	25	Anna ROSE	SR	#2 Berry	4:32.53		4/19
2		Anna CANTRELL	SO	#7 Hendrix	4:44.48		4/12
3		Elena GENTRY	FR	#3 Rhodes	4:47.12		4/12
4		Erin HAUGH	SR	#1 Centre	4:47.73		4/12
5		Anna AYERS	JR	#2 Berry	{2} 4:53.77		4/12
6		Olivia LAMBERT	SO	#2 Berry	{3} 4:55.95		3/22
7		Vivian KALB	JR	#3 Rhodes	{2} 4:58.19		4/12
8		Emma MUSGRAVE	SO	#1 Centre	{2} 4:58.66		4/18
9		Hannah RHODES	JR	#4 Oglethorpe	5:00.32		4/5
10		Riley IMBORNONE	SO	#3 Rhodes	{3} 5:01.12		3/15

## Women's Steeplechase

1		Riley MICHAUD	SR	#4 Oglethorpe	12:07.49		4/12
2		Riley IMBORNONE	SO	#3 Rhodes	12:27.14		3/29
3		Rachel GAYNOR	SR	#1 Centre	12:32.63		4/5
4		Elizabeth COOK	FR	#5 Univ. of the Sout	12:39.52		4/12
5		Layce SANNER	JR	#1 Centre	{2} 12:45.60		4/5
6		Claudia DEMPSEY	SO	#6 Millsaps	12:55.96		4/12
7		Katie FRANKMAN	JR	#2 Berry	12:58.36		3/22
8		Lauren WRIGHT	SR	#1 Centre	{3} 13:12.78		4/5
9		Emma HENAGER	JR	#3 Rhodes	{2} 13:19.96		4/12
10		Abbott RENFRO	FR	#1 Centre	{4} 13:22.73		4/12



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## Women's 5000 Meters

1	Anna ROSE	SR	#2 Berry	17:39.38	3/28
2	Sophie BOULDIN	JR	#1 Centre	18:02.59	3/22
3	Anna AYERS	JR	#2 Berry	{2} 18:04.73	3/28
4	Elena GENTRY	FR	#3 Rhodes	18:09.48	4/5
5	Gracie WEST	JR	#1 Centre	{2} 18:10.42	4/12
6	Ariel ELLIS	JR	#2 Berry	{3} 18:13.93	4/12
7	Erin HAUGH	SR	#1 Centre	{3} 18:24.64	3/22
8	Ella WILLIAMS	SO	#7 Hendrix	18:28.92	4/12
9	Cara TAYLOR	JR	#1 Centre	{4} 18:31.05	4/12
10	Frances EDWARDS	SR	#6 Millsaps	18:40.97	4/12

## Women's 10,000 Meters

1	81 Ariel ELLIS	JR	#2 Berry	38:21.51	3/28
2	Ella WILLIAMS	SO	#7 Hendrix	39:57.01	3/15
3	Emma LAMBERT	SR	#2 Berry	{2} 40:28.20	3/9
4	Frances EDWARDS	SR	#6 Millsaps	40:55.63	3/15
5	Sinclair DENNEY	SR	#2 Berry	{3} 41:52.75	3/9
6	Marissa POLIO	JR	#1 Centre	42:48.40	4/5
7	Elliott BAKER	JR	#4 Oglethorpe	43:45.40	4/5
8	Isabella TEDESCO	SR	#2 Berry	{4} 44:13.43	3/28
9	Lily MATTHIESSEN	SR	#1 Centre	{2} 45:13.93	4/5
10	Kyle KITCHENS-HAYES	SO	#2 Berry	{5} 48:14.53	3/9

## Women's 4x100 Relay

1	29 Amari Robinson, Janea Bottinelli, Chloe Hein, Madjo Doumbia	#1 Centre	47.80	4/18
2	63 Keri Edwards, Malia Melton, Evan Thomas, Aubrey Guyden	#4 Oglethorpe	48.80	4/5
3	96 Marianna Moell, Julia Shipes, Marissa Green, Lucy Nicholson	#2 Berry	49.58	4/5
4	Emory Rhodes, Arianna Shirak, Jocelyn Covaney, Journey Morrison	#5 Univ. of the Sout	51.46	4/20
5	Megan Weilmuenster, Shannen Alack, Sienna Collier, Olivia Freeman	#3 Rhodes	52.50	4/12

## Women's 4x400 Relay

1	29 Alexandria Masden, Janea Bottinelli, Chloe Hein, Madjo Doumbia	#1 Centre	3:56.97	4/5
2	68 Julianne Shirley, Lucy Nicholson, Marianna Moell, Macy Murdock	#2 Berry	4:04.53	3/28
3	72 Hailey Wright, Kirsten Wright, Hannah Rhodes, Evan Thomas	#4 Oglethorpe	4:05.09	4/5
4	Megan Weilmuenster, Ellie Spears, Shannen Alack, Sienna Collier	#3 Rhodes	4:13.42	4/12
5	Arianna Shirak, Laney Kalsu, Emory Rhodes, Abigail Armstrong	#5 Univ. of the Sout	4:21.46	3/22
6	Anna Cantrell, Ella Williams, Sophie Sanders, Emily Jones	#7 Hendrix	4:31.99	3/15
7	Molly Northam, Suzanna Busbee, Claudia Dempsey, Fiona Selders	#6 Millsaps	4:34.15	4/12

## Women's High Jump

1	3 Serena MCNEILLY	SO	#1 Centre	1.72m	5-7¾	4/12
2	23 Kris WILLIAMS	SO	#2 Berry	1.63m	5-4¼	4/5
3	Julia SHIPES	SO	#2 Berry	{2} 1.56m	5-1¼	4/12
4	Madi DUKE	SR	#2 Berry	{3} 1.55m	5-1	3/22
4	Eleanor SCOTT	JR	#6 Millsaps	1.55m	5-1	3/22
6	Kym YOUNG	SR	#3 Rhodes	1.53m	5-¼	4/12
6	Shannen ALACK	SO	#3 Rhodes	1.53m	5-¼	4/12
8	Hailey WRIGHT	JR	#4 Oglethorpe	1.50m	4-11	3/22
9	Ember HUGHES	JR	#7 Hendrix	1.48m	4-10¼	3/22
10	Claire ACKERMAN	SO	#1 Centre	{2} 1.46m	4-9½	4/12

## Women's Pole Vault

1	Madeline HUBBERT	SR	#2 Berry	3.30m	10-9¾	3/28
2	Emilee EASLEY	SO	#2 Berry	{2} 3.15m	10-4	3/28
3	Lyla BORDWINE	FR	#1 Centre	3.12m	10-2¾	4/18
4	Ella PINE	SO	#2 Berry	{3} 3.10m	10-2	4/20
5	Emory RHODES	FR	#5 Univ. of the Sout	3.05m	10-0	4/12
6	Kylee CRAIG	SR	#3 Rhodes	2.91m	9-6½	3/22
7	Addie BLAKE	SR	#2 Berry	{4} 2.70m	8-10¼	3/28
8	Mia PULLIAM	SO	#3 Rhodes	{2} 2.59m	8-6	4/5



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## Women's Long Jump

1	6	Chloe HEIN	SO	#1 Centre	5.92m	19-5¼ (0.5)	3/21
2	16	Madjo DOUMBIA	SR	#1 Centre	{2} 5.79m	19-0 (0.0)	4/11
3	36	Serena MCNEILLY	SO	#1 Centre	{3} 5.60m	18-4½ (0.0)	4/11
4		Macy MURDOCK	JR	#2 Berry	5.28mw	17-4 (2.2)	4/12
5		Callie GORMLEY	SR	#1 Centre	{4} 5.25m	17-2¾ (1.5)	3/22
6		Hailey WRIGHT	JR	#4 Oglethorpe	5.24m	17-2¼ (-0.1)	3/28
7		Malia MELTON	JR	#4 Oglethorpe	{2} 5.15m	16-10¾ (1.2)	4/5
8		Julia SHIPES	SO	#2 Berry	{2} 5.07m	16-7¾ (1.3)	3/22
9		Lauren COOK	FR	#2 Berry	{3} 4.93m	16-2¼ (-1.7)	4/5
10		Keri EDWARDS	FR	#4 Oglethorpe	{3} 4.90m	16-1 (-0.7)	3/28
10		Amari ROBINSON	SO	#1 Centre	{5} 4.90m	16-1 (1.2)	4/18

## Women's Triple Jump

1	78	Eleanor SCOTT	JR	#6 Millsaps	11.08m	36-4¼ (0.0)	4/12
2		Keri EDWARDS	FR	#4 Oglethorpe	10.80m	35-5¼ (0.0)	3/22
3		Marie DE AMOUR MANIRAKIZA	FR	#1 Centre	10.59m	34-9 (0.0)	3/22
4		Courtney JONES	SR	#2 Berry	10.50m	34-5½ (-0.6)	3/28
5		Kym YOUNG	SR	#3 Rhodes	10.16m	33-4 (0.5)	4/12
6		Annabelle TARTER	FR	#1 Centre	{2} 9.95m	32-7¾ (1.3)	4/18
7		Marissa GREEN	SO	#2 Berry	{2} 9.90m	32-5¾ (0.0)	3/28
8		Claire ACKERMAN	SO	#1 Centre	{3} 9.78m	32-1 (1.4)	4/18

## Women's Shot Put

1	4	Onoyeme EGURE	SO	#2 Berry	14.12m	46-4	4/12
2	55	Avery JONES	JR	#2 Berry	{2} 12.71m	41-8½	4/12
3		Malysa WINSTON	JR	#2 Berry	{3} 12.01m	39-5	4/12
4		Zoey SHAHID-SCOTT	FR	#1 Centre	11.84m	38-10¼	3/22
5		Lindsay JESSIE	SO	#1 Centre	{2} 11.40m	37-5	4/18
5		Lindsey BROWNING	JR	#1 Centre	{2} 11.40m	37-5	4/18
7		Caeley WILSON	FR	#1 Centre	{4} 11.32m	37-1¾	4/18
8		Kym YOUNG	SR	#3 Rhodes	11.30m	37-1	3/29
9		Cydney WRIGHT	JR	#5 Univ. of the Sout	11.25m	36-11	4/20
10		Zoe CURTIS	SR	#3 Rhodes	{2} 11.02m	36-2	3/15

## Women's Discus

1		Lindsay JESSIE	SO	#1 Centre	39.01m	128-0	4/18
2		Bronwyn ADAMS	FR	#7 Hendrix	38.09m	125-0	3/22
3		Kym YOUNG	SR	#3 Rhodes	37.15m	121-11	4/12
4		Lindsey BROWNING	JR	#1 Centre	{2} 35.94m	117-11	4/18
5		Zoe CURTIS	SR	#3 Rhodes	{2} 35.70m	117-2	4/12
6		Onoyeme EGURE	SO	#2 Berry	34.98m	114-9	3/9
7		Zoey SHAHID-SCOTT	FR	#1 Centre	{3} 34.19m	112-2	3/29
8		Cydney WRIGHT	JR	#5 Univ. of the Sout	34.16m	112-1	4/12
9		Sofia HENDERSON	SO	#2 Berry	{2} 33.90m	111-3	4/20
10		Sophia HUGHES	FR	#2 Berry	{3} 33.45m	109-9	4/20

## Women's Hammer

1		Malysa WINSTON	JR	#2 Berry	45.18m	148-3	3/28
2		Lindsey BROWNING	JR	#1 Centre	44.25m	145-2	4/12
3		Zoe CURTIS	SR	#3 Rhodes	42.56m	139-8	3/22
4		Sofia HENDERSON	SO	#2 Berry	{2} 42.44m	139-3	4/20
5		Lindsay JESSIE	SO	#1 Centre	{2} 41.80m	137-2	4/5
6		Evan DUET	SR	#3 Rhodes	{2} 41.53m	136-3	3/22
7		Kym YOUNG	SR	#3 Rhodes	{3} 41.35m	135-8	3/29
8		Onoyeme EGURE	SO	#2 Berry	{3} 40.05m	131-5	3/9
9		Sadie PHILLIPS	JR	#2 Berry	{4} 40.03m	131-4	4/20
10		Avery JONES	JR	#2 Berry	{5} 39.64m	130-1	4/20

## Women's Javelin

1	42	Evan DUET	SR	#3 Rhodes	38.44m	126-2	4/12
2	54	Cortney BROWN	SR	#2 Berry	37.73m	123-10	4/12
3		Sadie PHILLIPS	JR	#2 Berry	{2} 35.75m	117-4	4/20
4		Ember HUGHES	JR	#7 Hendrix	34.70m	113-10	4/5
5		Dayanara MENDEZ	JR	#1 Centre	34.36m	112-9	4/12
6		Macy MURDOCK	JR	#2 Berry	{3} 33.81m	110-11	4/12
7		Zoe CURTIS	SR	#3 Rhodes	{2} 32.90m	107-11	3/15
8		Tyler HAMBY	SR	#6 Millsaps	31.43m	103-2	3/1
9		Callie GORMLEY	SR	#1 Centre	{2} 30.31m	99-5½	4/5
10		Laken DAY	FR	#6 Millsaps	{2} 29.57m	97-¼	3/15

## Women's Heptathlon

1	20	Serena MCNEILLY	SO	#1 Centre	4,404		4/12
2	79	Cortney BROWN	SR	#2 Berry	3,413		4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



SCAC

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## Women's 100 Meters

1	62	Quadetra WILBURN	FR	#5 St. Thomas (Texi	12.21w	(2.7)	3/29
2		Kaela SAWYERS	SR	#5 St. Thomas (Texi{2}	12.35w	(2.7)	3/29
3		Trinity PROVOST	JR	#5 St. Thomas (Texi{3}	12.37	(1.8)	4/12
4		Madelyn GOLLIHAR	JR	#2 McMurry	12.38w	(2.9)	4/12
5		Brynn YANEZ	JR	#2 McMurry {2}	12.41w	(2.9)	4/12
6		Ny'Cierra HINTON	SR	#5 St. Thomas (Texi{4}	12.42w	(2.7)	3/29
7		Clara LIPPERT	JR	#3 Colorado Collegi	12.43w	(2.9)	4/12
8		Nia SCOTT	FR	#1 Trinity (Texas)	12.53w	(2.7)	3/29
9		Natalie GARCIA	JR	#4 Texas Lutheran	12.59w	(2.6)	4/12
10		Mikayla KIDNEY	FR	#4 Texas Lutheran {2}	12.63w	(2.6)	4/12

## Women's 100 Meter Hurdles

1	20	Naj CAMPBELL	SR	#2 McMurry	14.38w	(2.2)	4/12
2	30	Danya SELBER	SR	#1 Trinity (Texas)	14.55w	(3.3)	4/12
3	59	Annikah FRANK	FR	#2 McMurry {2}	14.99w	(2.2)	4/12
4		Emily JACKSON	FR	#2 McMurry {3}	15.29w	(2.2)	4/12
5		Taylor NORRELL	SR	#4 Texas Lutheran	15.43w	(2.2)	4/12
6		Ciara CAVAZOS	SR	#4 Texas Lutheran {2}	15.60w	(2.2)	4/12
7		Madelyn GOLLIHAR	JR	#2 McMurry {4}	15.61w	(2.8)	4/5
8		Victoria WILSON	JR	#7 LeTourneau	15.91	(1.1)	4/12
9		Ciandra CARRICO	SO	#1 Trinity (Texas) {2}	16.35w	(2.2)	3/22
10		Jene BOOKER	FR	#2 McMurry {5}	16.41w	(2.7)	4/12

## Women's 200 Meters

1	27	Trinity PROVOST	JR	#5 St. Thomas (Texi	24.64w	(3.7)	3/22
2	51	Annabelle LANIK	FR	#1 Trinity (Texas)	24.87w	(3.7)	3/22
3		CC GRAY	SR	#1 Trinity (Texas) {2}	25.33w	(3.7)	3/22
4		Quadetra WILBURN	FR	#5 St. Thomas (Texi{2}	25.60w	(3.7)	3/22
5		Clara LIPPERT	JR	#3 Colorado Collegi	25.67c	(25.60A) (-0)	3/29
6		Kaela SAWYERS	SR	#5 St. Thomas (Texi{3}	25.68w	(2.9)	3/29
7		Ny'Cierra HINTON	SR	#5 St. Thomas (Texi{4}	25.80	(1.8)	4/12
8		Nia SCOTT	FR	#1 Trinity (Texas) {3}	26.22	(0.3)	3/1
9		Madelyn GOLLIHAR	JR	#2 McMurry	26.34	(0.6)	3/29
10		Natalie GARCIA	JR	#4 Texas Lutheran	26.48w	(2.4)	4/12
10		Rylee WHORTON	SO	#8 Concordia Texas	26.48	(1.5)	3/29

## Women's 400 Meters

1	29	Trinity PROVOST	JR	#5 St. Thomas (Texi	56.43		3/29
2	63	CC GRAY	SR	#1 Trinity (Texas)	57.58		3/29
3	73	Clara LIPPERT	JR	#3 Colorado Collegi	57.77		4/19
4		Selest EDWARDS	SO	#5 St. Thomas (Texi{2}	58.85		3/29
5		Kathryn KOSTELNIK	SO	#4 Texas Lutheran	58.86		3/29
6		Christina STINSON	SR	#5 St. Thomas (Texi{3}	59.39		4/12
7		Annette SMITH	SO	#1 Trinity (Texas) {2}	59.49		3/22
8		Lilly BROUSSARD	JR	#1 Trinity (Texas) {3}	59.62		3/29
9		Grace PEARSON	SO	#5 St. Thomas (Texi{4}	1:00.14		3/29
10		Halle HAMILTON	JR	#1 Trinity (Texas) {4}	1:00.35		3/22

## Women's 400 Meter Hurdles

1	3	Arden NEFF	SR	#6 Southwestern (T	1:01.07		4/12
2	59	Danya SELBER	SR	#1 Trinity (Texas)	1:05.04		3/29
3	63	Madelyn GOLLIHAR	JR	#2 McMurry	1:05.19		3/29
4		Triniti GRAY	FR	#6 Southwestern (T{2}	1:07.67		4/12
5		Lexie ALLRED ROJAS	FR	#5 St. Thomas (Texi	1:07.94		3/29
6		Sage BARTLETT	JR	#4 Texas Lutheran	1:07.97		3/1
7		Kamilah TANNER	JR	#4 Texas Lutheran {2}	1:08.23		3/22
8		Lily MCWHORTER	JR	#6 Southwestern (T{3}	1:08.33		4/12
9		Naj CAMPBELL	SR	#2 McMurry {2}	1:08.51		4/12
10		Annikah FRANK	FR	#2 McMurry {3}	1:10.04		4/12

## Women's 800 Meters

1	28	Ella FULLERTON	JR	#3 Colorado Collegi	2:13.20		3/8
2	36	Allison BARKER	SO	#3 Colorado Collegi{2}	2:13.73		3/8
3	53	Annette SMITH	SO	#1 Trinity (Texas)	2:15.35		3/29
4	82	Chloe JOHNSON	FR	#3 Colorado Collegi{3}	2:16.76		4/12
5		Emerson VOLDAN	FR	#1 Trinity (Texas) {2}	2:17.75		3/29
6		Gabriela LUES	SO	#3 Colorado Collegi{4}	2:18.15		4/12
7		Halle HAMILTON	JR	#1 Trinity (Texas) {3}	2:18.82		3/1
8		Cali GOOD	SO	#1 Trinity (Texas) {4}	2:22.28		4/12
9		Josette GURULE	JR	#1 Trinity (Texas) {5}	2:23.01		4/12
10		Felice MULLINAX	FR	#7 LeTourneau	2:23.04		4/12
10		Gianna KEENA	JR	#1 Trinity (Texas) {6}	2:23.04		4/12

## Women's 1500 Meters

1	5	Isabel OLSON	SR	#3 Colorado Collegi	4:27.59		4/12
2	77	Abby GOODFRIED	JR	#3 Colorado Collegi{2}	4:40.25c	(4:46.27A)	3/29
3		Breanna STEELE	JR	#6 Southwestern (T	4:43.77		3/1
4		Allison BARKER	SO	#3 Colorado Collegi{3}	4:45.71		4/12
5		Sydney RANKIN	SR	#3 Colorado Collegi{4}	4:46.10c	(4:52.25A)	3/22
6		Annette SMITH	SO	#1 Trinity (Texas)	4:46.36		3/22
6		Josette GURULE	JR	#1 Trinity (Texas)	4:46.36		3/1
8		Charlie FLINT	SO	#3 Colorado Collegi{5}	4:46.41c	(4:52.57A)	3/22
9		Emerson VOLDAN	FR	#1 Trinity (Texas) {3}	4:46.89		3/22
10		Abby GOULAS	JR	#3 Colorado Collegi{6}	4:47.43		4/12

## Women's Steeplechase

1		Ellie CATRON	SR	#1 Trinity (Texas)	11:40.78		3/29
2		Savanna DANNER	JR	#2 McMurry	11:55.95		4/12
3		Madeline BREWSTER	FR	#3 Colorado Collegi	11:56.91		4/12
4		Emilia WEINROBE	SO	#3 Colorado Collegi{2}	11:58.08		4/12
5		Madison HABECK	SR	#1 Trinity (Texas) {2}	12:08.83		4/12
6		Sophie MUNOZ	SO	#1 Trinity (Texas) {3}	12:18.41		4/12
7		Aliyah FONSECA	FR	#4 Texas Lutheran	12:20.37		4/12
8		Stephanie SUAREZ	FR	#1 Trinity (Texas) {4}	12:39.94		4/12
9		Hannah FALK	FR	#3 Colorado Collegi{3}	12:49.99		4/12
10		Madelyn DELOSSANTOS	SO	#7 LeTourneau	13:25.73		4/12





## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>14</b>	Isabel OLSON	SR	<b>#3</b>	Colorado College	<b>16:45.58</b>	3/28
2	<b>25</b>	Sydney RANKIN	SR	<b>#3</b>	Colorado College	<b>16:53.85</b>	3/8
3	<b>50</b>	Alison MUELLER-HICKLER	JR	<b>#3</b>	Colorado College	<b>17:16.44</b>	4/12
4	<b>64</b>	Charlie FLINT	SO	<b>#3</b>	Colorado College	<b>17:22.70</b>	3/8
5	<b>78</b>	Britt HELGAAS	SR	<b>#3</b>	Colorado College	<b>17:28.73</b>	3/8
6		Emerson VOLDAN	FR	<b>#1</b>	Trinity (Texas)	<b>17:40.06</b>	4/12
7		Elliot SINGER	SR	<b>#3</b>	Colorado College	<b>17:48.51</b>	4/12
8		Abby GOODFRIED	JR	<b>#3</b>	Colorado College	<b>17:52.23</b>	3/8
9		Gianna KEENA	JR	<b>#1</b>	Trinity (Texas)	<b>17:56.54</b>	4/12
10		Allison FORTMAN	SO	<b>#1</b>	Trinity (Texas)	<b>17:57.35</b>	4/12

## Women's 10,000 Meters

1	<b>9</b>	Alison MUELLER-HICKLER	JR	<b>#3</b>	Colorado College	<b>35:18.61</b>	3/28
2	<b>22</b>	Charlie FLINT	SO	<b>#3</b>	Colorado College	<b>35:57.42</b>	3/28
3	<b>28</b>	Britt HELGAAS	SR	<b>#3</b>	Colorado College	<b>36:14.99</b>	3/28
4		Savanna DANNER	JR	<b>#2</b>	McMurry	<b>39:54.58</b>	3/22
5		Ashley SHEA	SR	<b>#2</b>	McMurry	<b>40:03.69</b>	3/22
6		Chloe WEATHERS	JR	<b>#10</b>	Ozarks (Ark.)	<b>41:22.25</b>	3/15
7		Cheyenne SUNDELL-TURNER	SO	<b>#3</b>	Colorado College	<b>41:28.16</b>	4/12
8		Peyton CHANEY	FR	<b>#7</b>	LeTourneau	<b>47:58.82</b>	3/15
9		Allison LEONESIO	FR	<b>#12</b>	Dallas	<b>48:23.48</b>	3/15

## Women's 4x100 Relay

1	<b>16</b>	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton	<b>#5</b>	St. Thomas (Tex.)	<b>47.29</b>	3/22
2	<b>27</b>	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik	<b>#1</b>	Trinity (Texas)	<b>47.64</b>	3/22
3	<b>78</b>	Naj Campbell, Brenna Stell, Madelyn Gollihar, Brynn Yanez	<b>#2</b>	McMurry	<b>49.06</b>	4/12
4	<b>91</b>	Taylor Norrell, Natalie Garcia, Kathryn Kostelnik, Mikayla Kidney	<b>#4</b>	Texas Lutheran	<b>49.44</b>	3/1
5		Zaniya BrunoMunn, Emma Jones, Alina Miranda, Clara Lippert	<b>#3</b>	Colorado College	<b>50.15</b>	<b>4/19</b>
6		Ashanti Bradshaw, Camille McWhorter, Cachel Flores, Rylee Whorton	<b>#8</b>	Concordia Texas	<b>50.39</b>	4/12
7		Katelin Pilarski, Charlotte Scannel, Keren-Elia Gnau-Guei, Ella Lewis	<b>#6</b>	Southwestern (T)	<b>50.46</b>	3/1
8		Kooper Bogenschutz, Heather Shaw, Madelyn Hirneise, Victoria Wilson	<b>#7</b>	LeTourneau	<b>52.70</b>	4/5
9		Kira Bufford, Katelyn Boyd, Abby De Hoyos, Eriana Raines	<b>#9</b>	Schreiner	<b>53.01</b>	3/29



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## Women's 4x400 Relay

1	28	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray	#1	Trinity (Texas)	3:56.75	3/29
2	51	Katelyn Hernandez, Madelyn Gollihar, Jacee Dinkins, Naj Campbell	#2	McMurry	4:01.87	3/29
3	53	Grace Pearson, Selest Edwards, Lexie Allred Rojas, Trinity Provost	#5	St. Thomas (Tex)	4:02.28	3/29
4	67	Kathryn Kostelnik, Sage Bartlett, Ciarah Garcia, Kamilah Tanner	#4	Texas Lutheran	4:04.48	3/22
5	86	Lauren Penders, Triniti Gray, Arden Neff, Lily McWhorter	#6	Southwestern (T	4:07.34	4/12
6	94	Clara Lippert, Allison Barker, Ella Fullerton, Gabriela Lues	#3	Colorado College	4:08.32c (4:07.88A)	3/22
7		Eriana Raines, Jordyn Braxton, Jaia Ashley, Malanie Gonzales	#9	Schreiner	4:11.88	4/12
8		Heather Shaw, Alayna Galloway, Madelyn DeLosSantos, Felice Mullinax	#7	LeTourneau	4:25.94	4/5
9		Ashanti Bradshaw, Cachel Flores, Camille McWhorter, Rylee Whorton	#8	Concordia Texas	4:26.29	3/15

## Women's High Jump

1	86	Kylie FLIPPIN	SO	#2	McMurry	1.58m	5-2¼	4/12
2		Sophia ORTIZ	FR	#1	Trinity (Texas)	1.57m	5-1¾	3/22
3		Emily JACKSON	FR	#2	McMurry	{2} 1.54m	5-½	3/22
4		Victoria WILSON	JR	#7	LeTourneau	1.51m	4-11½	4/12
5		Emma JONES	JR	#3	Colorado College	1.48m	4-10¼	4/12
5		Josephine LOUIS	SO	#3	Colorado College	1.48m	4-10¼	4/19
7		Anika HATLEVIG	FR	#1	Trinity (Texas)	{2} 1.47m	4-9¾	4/12
8		Emilie MIRELES	SO	#1	Trinity (Texas)	{3} 1.45m	4-9	3/22
8		Bethany WOOD	SR	#2	McMurry	{3} 1.45m	4-9	3/22
8		Katelyn BROWN	JR	#4	Texas Lutheran	1.45m	4-9	3/22

## Women's Pole Vault

1	5	Brenna STELL	SO	#2	McMurry	4.00m	13-1½	4/12
2	63	Madeline SUMIEN	FR	#2	McMurry	{2} 3.46m	11-4¼	4/12
3	75	Addison DOSS	FR	#1	Trinity (Texas)	3.42m	11-2½	3/22
4	77	Eliza DYE	FR	#7	LeTourneau	3.40m	11-1¾	3/1
5		Victoria BAKER	SO	#1	Trinity (Texas)	{2} 3.33m	10-11	3/29
6		Jacee DINKINS	SR	#2	McMurry	{3} 3.18m	10-5¼	3/29
7		Josephine LOUIS	SO	#3	Colorado College	3.16m	10-4¼	4/12
8		Chloe MCCLOSKEY	FR	#1	Trinity (Texas)	{3} 3.12m	10-2¾	3/22
9		Kaelin LEISHMAN	JR	#1	Trinity (Texas)	{4} 3.06m	10-½	4/12
10		Caroline WALDROP	FR	#2	McMurry	{4} 2.90m	9-6¼	4/17

## Women's Long Jump

1	5	Annabelle LANIK	FR	#1	Trinity (Texas)	5.98mw	19-7½ (2.2)	3/28
2	40	Joy AREOLA	SR	#1	Trinity (Texas)	{2} 5.59mw	18-4¼ (2.9)	3/21
3		Ella LEWIS	SO	#6	Southwestern (T	5.30mw	17-4¾ (3.6)	4/12
4		Clara LIPPERT	JR	#3	Colorado College	5.27mw	17-3½ (2.6)	4/12
5		Ciandra CARRICO	SO	#1	Trinity (Texas)	{3} 5.18m	17-0 (1.5)	3/22
6		Destini MATHERSON	JR	#4	Texas Lutheran	5.05mw	16-7 (3.2)	4/12
7		Emily JACKSON	FR	#2	McMurry	4.98m	16-4¼ (0.5)	3/29
8		Meriah GONZALEZ	JR	#2	McMurry	{2} 4.97m	16-3¾ (1.4)	4/17
9		Quadetra WILBURN	FR	#5	St. Thomas (Tex)	4.96m	16-3¼ (1.1)	3/29
10		Molly VANCE	SO	#3	Colorado College	{2} 4.94mw	16-2½ (4.0)	4/12

## Women's Triple Jump

1	11	Joy AREOLA	SR	#1	Trinity (Texas)	11.96m	39-3 (1.8)	3/29
2	47	Ella LEWIS	SO	#6	Southwestern (T	11.35m	37-3 (1.8)	4/11
3		Ciandra CARRICO	SO	#1	Trinity (Texas)	{2} 10.93mw	35-10½ (2.5)	3/22
4		Jakayla RAY	JR	#5	St. Thomas (Tex)	10.75m	35-3¼ (1.1)	3/29
5		Emilie MIRELES	SO	#1	Trinity (Texas)	{3} 10.42mw	34-2¼ (2.2)	3/22
6		Ciarah GARCIA	FR	#4	Texas Lutheran	10.40mw	34-1½ (3.3)	4/12
7		Kylie FLIPPIN	SO	#2	McMurry	10.28mw	33-8¾ (3.3)	4/17
8		Myla WOLF	SO	#6	Southwestern (T	{2} 10.18m	33-4¾ (1.7)	4/12
9		Grayson SHUGART	FR	#11	Centenary (La.)	9.90m	32-5¾ (0.3)	3/1
10		Meriah GONZALEZ	JR	#2	McMurry	{2} 9.79mw	32-1½ (3.2)	4/12

## Women's Shot Put

1	18	Kendra HUMPHRIES	SO	#2	McMurry	13.44m	44-1¼	4/17
2	78	Julissa RODRIGUEZ	SR	#4	Texas Lutheran	12.40m	40-8¼	3/22
3		Tori COLMAN	SO	#2	McMurry	{2} 12.10m	39-8½	4/5
4		Makia GONZALES	FR	#8	Concordia Texas	12.02m	39-5¼	3/15
5		Jaycee GREEN	FR	#6	Southwestern (T	11.89m	39-¼	3/1
6		Erin CAPELL	SR	#3	Colorado College	11.85mA	38-10½	3/29
7		Kate BALLENGEE	SR	#1	Trinity (Texas)	11.35m	37-3	4/12
8		Emagen STYRA	JR	#4	Texas Lutheran	{2} 11.14m	36-6¾	3/22
9		Madeleine SEABOLT	JR	#1	Trinity (Texas)	{2} 11.06m	36-3½	4/5
10		Kaycie WILLIS	SR	#9	Schreiner	10.79m	35-4¾	3/29



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## Women's Discus

1	<b>21</b>	Tori COLMAN	SO	<b>#2</b>	McMurry	<b>43.95m</b>	144-3	<b>4/17</b>
2	<b>69</b>	Julissa RODRIGUEZ	SR	<b>#4</b>	Texas Lutheran	<b>40.54m</b>	133-0	3/22
3	<b>72</b>	Rachel BELL	SO	<b>#1</b>	Trinity (Texas)	<b>40.31m</b>	132-3	4/12
4	<b>87</b>	Madeleine SEABOLT	JR	<b>#1</b>	Trinity (Texas)	{2} <b>39.75m</b>	130-5	4/12
5		Madison WRIGHT	SO	<b>#4</b>	Texas Lutheran	{2} <b>39.43m</b>	129-5	3/1
6		Kendra HUMPHRIES	SO	<b>#2</b>	McMurry	{2} <b>38.51m</b>	126-4	4/12
7		Kirsten SMITH	JR	<b>#4</b>	Texas Lutheran	{3} <b>37.56m</b>	123-3	4/12
8		Hannah HUTCHISON	JR	<b>#2</b>	McMurry	{3} <b>36.10m</b>	118-5	4/12
9		Makia GONZALES	FR	<b>#8</b>	Concordia Texas	<b>35.22m</b>	115-7	3/15
10		Maria BODDEN	SO	<b>#1</b>	Trinity (Texas)	{3} <b>34.88m</b>	114-5	4/12

## Women's Hammer

1		Elizabeth CUNNINGHAM	SR	<b>#2</b>	McMurry	<b>44.69m</b>	146-8	<b>4/17</b>
2		Julissa RODRIGUEZ	SR	<b>#4</b>	Texas Lutheran	<b>44.50m</b>	146-0	3/1
2		Tori COLMAN	SO	<b>#2</b>	McMurry	{2} <b>44.50m</b>	146-0	3/29
4		Jaycee GREEN	FR	<b>#6</b>	Southwestern (T	<b>44.30m</b>	145-4	3/29
5		Kenna KUBENKA	JR	<b>#4</b>	Texas Lutheran	{2} <b>43.34m</b>	142-2	4/12
6		Rachel BELL	SO	<b>#1</b>	Trinity (Texas)	<b>42.74m</b>	140-3	4/12
7		Kate BALLENGEE	SR	<b>#1</b>	Trinity (Texas)	{2} <b>40.26m</b>	132-1	3/22
8		Kaila HAMILTON	JR	<b>#6</b>	Southwestern (T	{2} <b>39.12m</b>	128-4	3/1
9		Kirsten SMITH	JR	<b>#4</b>	Texas Lutheran	{3} <b>38.71m</b>	127-0	3/22
10		Kendra HUMPHRIES	SO	<b>#2</b>	McMurry	{3} <b>37.40m</b>	122-9	<b>4/17</b>

## Women's Javelin

1		Kendra HUMPHRIES	SO	<b>#2</b>	McMurry	<b>35.31m</b>	115-10	3/22
2		Jacee DINKINS	SR	<b>#2</b>	McMurry	{2} <b>34.45m</b>	113-0	4/12
3		Alexa MARTIN	JR	<b>#4</b>	Texas Lutheran	<b>34.03m</b>	111-8	3/1
4		Bethany WOOD	SR	<b>#2</b>	McMurry	{3} <b>33.43m</b>	109-8	3/22
5		Julissa RODRIGUEZ	SR	<b>#4</b>	Texas Lutheran	{2} <b>32.53m</b>	106-9	3/1
6		Madeleine SEABOLT	JR	<b>#1</b>	Trinity (Texas)	<b>31.98m</b>	104-11	3/1
7		Natalie FERDI	SO	<b>#7</b>	LeTourneau	<b>31.95m</b>	104-10	3/22
8		Leandra MOTELET	JR	<b>#6</b>	Southwestern (T	<b>31.37m</b>	102-11	4/12
9		Madison WRIGHT	SO	<b>#4</b>	Texas Lutheran	{3} <b>31.15m</b>	102-3	3/22
10		Kirsten SMITH	JR	<b>#4</b>	Texas Lutheran	{4} <b>31.00m</b>	101-9	3/22

## Women's Heptathlon

1	<b>37</b>	Victoria WILSON	JR	<b>#7</b>	LeTourneau	<b>4,140</b>	4/12
2		Emily JACKSON	FR	<b>#2</b>	McMurry	<b>3,153</b>	4/5
3		Jene BOOKER	FR	<b>#2</b>	McMurry	{2} <b>2,657</b>	4/5



## Conference TFRI Event Summary



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as of 4/22/2025 12:04:11 AM ET

## Women's 100 Meters

1	19	Josephine JETT	SO	#1 Claremont-Mudc	11.92	(1.3)	3/22
2	57	Sabrina SEMMERE	JR	#3 Redlands (Calif.)	12.18w	(2.9)	3/29
3	58	Katriona KIRKPATRICK	JR	#4 Pomona-Pitzer	12.19w	(2.9)	3/29
4	100	Elizabeth HAWLEY	JR	#5 Occidental	12.33	(-0.4)	3/30
4	100	Makenna LIZARDE	JR	#2 Chapman	12.33	(1.5)	2/22
6		Kaylee SMITH	SR	#2 Chapman {2}	12.34	(1.6)	3/14
7		Maigan ADAMS	SR	#3 Redlands (Calif.) {2}	12.45w	(2.9)	3/29
8		Gracie GERVACIO	FR	#6 Cal Lutheran	12.46w	(4.0)	4/4
9		Sabrina TANOUYE	SO	#3 Redlands (Calif.) {3}	12.48w	(2.4)	3/29
10		Luna YOUNG	FR	#1 Claremont-Mudc {2}	12.54	(1.3)	4/12

## Women's 100 Meter Hurdles

1	6	Josephine JETT	SO	#1 Claremont-Mudc	14.08	(0.1)	4/12
2	44	Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	14.79	(0.5)	3/29
3	75	Elisabeth EICHINGER	JR	#3 Redlands (Calif.) {2}	15.07	(1.2)	3/29
4		Khyra STINER	SR	#2 Chapman	15.43	(1.2)	3/29
5		Kaitlyn CREIGHTON	FR	#1 Claremont-Mudc {2}	15.63	(1.0)	2/22
6		Georgia ROGERS	SO	#1 Claremont-Mudc {3}	15.64	(0.2)	4/12
7		Regina O'LEARY	FR	#2 Chapman {2}	15.97	(1.2)	3/29
8		Shaylee HERON	SO	#3 Redlands (Calif.) {3}	16.02	(1.2)	3/29
9		Kayla KIM	SO	#2 Chapman {3}	16.06	(0.2)	4/12
10		Jodie OPARANAKU	JR	#6 Cal Lutheran	16.12	(1.0)	4/12

## Women's 200 Meters

1	38	Josephine JETT	SO	#1 Claremont-Mudc	24.77	(1.4)	3/29
2	55	Katriona KIRKPATRICK	JR	#4 Pomona-Pitzer	24.90	(1.0)	3/1
3	82	Sabrina SEMMERE	JR	#3 Redlands (Calif.)	25.13	(1.4)	3/29
4	91	Elizabeth HAWLEY	JR	#5 Occidental	25.20	(1.8)	3/30
5	96	Makenna LIZARDE	JR	#2 Chapman	25.22	(-0.9)	4/12
6		Kaylee SMITH	SR	#2 Chapman {2}	25.27	(1.4)	3/29
7		Sarah CHARLES	SO	#2 Chapman {3}	25.55	(1.4)	3/29
8		Allison KREMER	SR	#2 Chapman {4}	25.68	(1.4)	3/29
9		Ariana RAPHAEL	SR	#2 Chapman {5}	25.72	(0.0)	4/12
10		Gracie GERVACIO	FR	#6 Cal Lutheran	25.85w	(3.9)	4/4

## Women's 400 Meters

1	31	Sarah CHARLES	SO	#2 Chapman	56.46		4/12
2	38	Allison KREMER	SR	#2 Chapman {2}	56.69		4/12
3	51	Elizabeth HAWLEY	JR	#5 Occidental	57.11		4/12
4	75	Kaylee SMITH	SR	#2 Chapman {3}	57.80		4/12
5	82	Phoebe OGDEN	FR	#5 Occidental {2}	58.03		4/12
6	93	Sabrina SEMMERE	JR	#3 Redlands (Calif.)	58.18		4/12
7		Olivia REICHLER	SR	#4 Pomona-Pitzer	59.13		3/22
8		Faith KASPER	SO	#3 Redlands (Calif.) {2}	59.38		3/29
9		Skylar COTTELL	FR	#5 Occidental {3}	59.40		4/12
10		Delphine WAY	SO	#5 Occidental {4}	59.51		4/18

## Women's 400 Meter Hurdles

1	26	Chayanit KITNITCHIVA	SR	#2 Chapman	1:03.46		4/18
2	84	Shriya VELICHALA	JR	#1 Claremont-Mudc	1:05.93		3/29
3	89	Brooke TOMPKINS	SO	#5 Occidental	1:06.05		3/30
4		Kaitlyn CREIGHTON	FR	#1 Claremont-Mudc {2}	1:07.67		3/22
5		Fatima CERVANTES	SR	#6 Cal Lutheran	1:09.52		4/12
6		Martrisha DAVIS	FR	#7 La Verne	1:11.24		3/1
7		Madison SCHAEFER	FR	#3 Redlands (Calif.)	1:11.39		3/1
8		Olivia SCHLEIFER	SR	#1 Claremont-Mudc {3}	1:11.49		4/12
9		Mia SHANNON	FR	#2 Chapman {2}	1:11.71		4/12
10		Elliette SINCLAIR	FR	#6 Cal Lutheran {2}	1:11.98		3/30

## Women's 800 Meters

1	39	Chloe BULLOCK	SR	#3 Redlands (Calif.)	2:13.91		3/8
2		Chloe GUDAS	FR	#1 Claremont-Mudc	2:17.61		3/8
3		Olivia REICHLER	SR	#4 Pomona-Pitzer	2:17.64		4/18
4		Delphine WAY	SO	#5 Occidental	2:17.83		4/12
4		Peyton CARRERA	JR	#7 La Verne	2:17.83		4/18
6		Mia VOCE	SR	#1 Claremont-Mudc {2}	2:18.44		4/5
7		Tania RACHIDI	FR	#4 Pomona-Pitzer {2}	2:19.05		3/8
8		Annika CARLSON	JR	#2 Chapman	2:19.55		3/14
9		Eva NOVY-HILDESLEY	SO	#4 Pomona-Pitzer {3}	2:19.71		4/12
10		Rosemary MCMANUS	FR	#1 Claremont-Mudc {3}	2:20.38		3/1

## Women's 1500 Meters

1	19	Annika CARLSON	JR	#2 Chapman	4:31.74		4/12
2	50	Summer GELMAN	JR	#6 Cal Lutheran	4:37.07		4/12
3	71	Megan COVER	JR	#5 Occidental	4:39.82		4/18
4		Jamie HABIB	SR	#1 Claremont-Mudc	4:42.10		4/18
5		Sara WEXLER	JR	#1 Claremont-Mudc {2}	4:43.15		4/5
6		Olivia BACKHOLM	FR	#1 Claremont-Mudc {3}	4:43.63		4/5
7		Chloe BULLOCK	SR	#3 Redlands (Calif.)	4:44.08		3/29
8		Jie YI DENISE CHEN	FR	#1 Claremont-Mudc {4}	4:44.18		4/5
9		Tania RACHIDI	FR	#4 Pomona-Pitzer	4:44.48		3/28
10		Sally GASKELL	SO	#1 Claremont-Mudc {5}	4:46.60		3/8

## Women's Steeplechase

1	5	Annika CARLSON	JR	#2 Chapman	10:36.04		4/18
2	24	Revere SCHMIDT	SO	#1 Claremont-Mudc	11:08.56		3/8
3	51	Olivia BACKHOLM	FR	#1 Claremont-Mudc {2}	11:19.14		3/29
4	56	Fiona BODKIN	SO	#4 Pomona-Pitzer	11:20.90		3/29
5		Emily KENDRICK	JR	#1 Claremont-Mudc {3}	11:42.51		4/12
6		Kendall MADINE	FR	#4 Pomona-Pitzer {2}	11:43.75		4/18
7		Olivia DEBOER	SO	#1 Claremont-Mudc {4}	11:50.51		4/12
8		Eve MAVY	JR	#3 Redlands (Calif.)	11:59.98		3/1
9		Jenna MILBRODT	JR	#1 Claremont-Mudc {5}	12:15.27		3/1
10		Bella ANDERSON	JR	#3 Redlands (Calif.) {2}	14:04.76		3/29





## Conference TFRI Event Summary



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## Women's 5000 Meters

1	<b>65</b>	Sara WEXLER	JR	<b>#1</b>	Claremont-Mudc	<b>17:22.75</b>	<b>4/18</b>
2	<b>94</b>	Mira TERDIMAN	SR	<b>#4</b>	Pomona-Pitzer	<b>17:33.80</b>	<b>4/18</b>
3	<b>95</b>	Fiona BODKIN	SO	<b>#4</b>	Pomona-Pitzer {2}	<b>17:34.41</b>	<b>4/18</b>
4		Katherine CLINE	SR	<b>#4</b>	Pomona-Pitzer {3}	<b>17:35.09</b>	3/28
5		Angela GUSHUE	SR	<b>#1</b>	Claremont-Mudc{2}	<b>17:42.99</b>	3/8
6		Summer GELMAN	JR	<b>#6</b>	Cal Lutheran	<b>17:46.41</b>	3/8
7		Brenda DAZA	SO	<b>#2</b>	Chapman	<b>17:46.93</b>	<b>4/18</b>
8		Jie YI DENISE CHEN	FR	<b>#1</b>	Claremont-Mudc{3}	<b>17:52.17</b>	3/8
9		Joya TERDIMAN	JR	<b>#4</b>	Pomona-Pitzer {4}	<b>17:52.43</b>	3/28
10		Chloe CONNOLLY	SR	<b>#4</b>	Pomona-Pitzer {5}	<b>18:01.58</b>	3/8

## Women's 10,000 Meters

1	<b>18</b>	Jenna LENAY	JR	<b>#5</b>	Occidental	<b>35:43.36</b>	3/8
2	<b>45</b>	Brenda DAZA	SO	<b>#2</b>	Chapman	<b>37:22.54</b>	3/28
3	<b>77</b>	Abigail JOHNSON	SR	<b>#3</b>	Redlands (Calif.)	<b>38:11.41</b>	3/8
4		Chloe CONNOLLY	SR	<b>#4</b>	Pomona-Pitzer	<b>38:47.03</b>	3/28
5		Madison BRAVO	JR	<b>#7</b>	La Verne	<b>39:28.10</b>	3/8
6		Ameya TELI	SO	<b>#4</b>	Pomona-Pitzer {2}	<b>39:32.15</b>	3/28
7		Mei Mei BAYMAN	SR	<b>#5</b>	Occidental {2}	<b>39:34.37</b>	3/28
8		Rosemary PETERS	SO	<b>#5</b>	Occidental {3}	<b>40:04.65</b>	3/28
9		Sarah BENITEZ	SR	<b>#3</b>	Redlands (Calif.){2}	<b>40:10.15</b>	3/8
10		Julia SCHWARTZ	SR	<b>#4</b>	Pomona-Pitzer {3}	<b>40:58.55</b>	3/28

## Women's 4x100 Relay

1	<b>7</b>	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	<b>#2</b>	Chapman	<b>46.70</b>	<b>4/18</b>
2	<b>29</b>	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	<b>#4</b>	Pomona-Pitzer	<b>47.80</b>	4/12
3	<b>37</b>	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens	<b>#1</b>	Claremont-Mudc	<b>47.95</b>	4/12
4	<b>47</b>	Sabrina Tanouye, Sabrina Semmere, Eleanor Bachmeier, Maigan Adams	<b>#3</b>	Redlands (Calif.)	<b>48.18</b>	3/29
5	<b>89</b>	Zoey Hrabe, Phoebe Ogden, Isabel Yaffe, Elizabeth Hawley	<b>#5</b>	Occidental	<b>49.36</b>	3/1
6		Jennyfer Hernandez Rosas, Carly Christensen, Gracie Gervacio, Gabriela Pullen	<b>#6</b>	Cal Lutheran	<b>50.04</b>	3/1
7		Lily Randall, Ivy Brainard, Isha Goswami, Isabela Cenicerros	<b>#8</b>	Caltech	<b>50.30</b>	4/12
8		Abbey Villegas, Naomi Onyekwelu, Maya Galvan, Samantha Armenta	<b>#9</b>	Whittier	<b>52.75</b>	3/22
9		Martrisha Davis, Gennessy Ortega, Jaila Counts, Soleil Stevenson	<b>#7</b>	La Verne	<b>54.17</b>	3/1



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



SCIAC

as of 4/22/2025 12:04:11 AM ET

## Women's 4x400 Relay

1	<b>4</b>	Kaylee Smith, Makenna Lizarde, Allison Kremer, Sarah Charles	<b>#2 Chapman</b>	<b>3:45.14</b>	<b>4/18</b>
2	<b>19</b>	Skylar Cottell, Delphine Way, Phoebe Ogden, Elizabeth Hawley	<b>#5 Occidental</b>	<b>3:52.53</b>	4/12
3	<b>23</b>	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Elisabeth Eichinger	<b>#3 Redlands (Calif.)</b>	<b>3:54.44</b>	<b>4/18</b>
4	<b>26</b>	Katriona Kirkpatrick, Anna Marston, Kensington Binstadt, Olivia Reichle	<b>#4 Pomona-Pitzer</b>	<b>3:56.36</b>	4/12
5	<b>71</b>	Kathryn Cooper, Luna Young, Shriya Velichala, Mia Voce	<b>#1 Claremont-Mudc</b>	<b>4:05.06</b>	4/12
6		Isha Goswami, Ivy Brainard, Katelyn Sadorf, Hypatia Hamkins	<b>#8 Caltech</b>	<b>4:12.81</b>	3/30
7		Jennyfer Hernandez Rosas, Gracie Gervacio, Bella Fuentes, Gabriela Pullen	<b>#6 Cal Lutheran</b>	<b>4:20.45</b>	3/8
8		Peyton Carrera, Chloe Chong, Kaliah Ramirez, Martrisha Davis	<b>#7 La Verne</b>	<b>4:33.51</b>	3/30
9		Abbey Villegas, Naomi Onyekwelu, Samantha Armenta, Mariana Lopez	<b>#9 Whittier</b>	<b>4:52.35</b>	2/22

## Women's High Jump

1	<b>50</b>	Simone ROGERS	SR	<b>#1 Claremont-Mudc</b>	<b>1.60m</b>	5-3	3/1
1	<b>50</b>	Mari EVONUK	FR	<b>#3 Redlands (Calif.)</b>	<b>1.60m</b>	5-3	3/1
3		Fatima CERVANTES	SR	<b>#6 Cal Lutheran</b>	<b>1.56m</b>	5-1¼	3/30
4		Madison EATON	JR	<b>#3 Redlands (Calif.)</b>	<b>{2} 1.55m</b>	5-1	2/16
4		Taylor DOMINGUEZ	FR	<b>#6 Cal Lutheran</b>	<b>{2} 1.55m</b>	5-1	3/22
4		Georgia ROGERS	SO	<b>#1 Claremont-Mudc</b>	<b>{2} 1.55m</b>	5-1	3/1
4		Gabriela HENDERSON	FR	<b>#1 Claremont-Mudc</b>	<b>{2} 1.55m</b>	5-1	3/29
8		Natalia COSSIO	SR	<b>#4 Pomona-Pitzer</b>	<b>1.50m</b>	4-11	2/16
8		Mai LINH WONG	JR	<b>#5 Occidental</b>	<b>1.50m</b>	4-11	2/8
10		Eleanor BACHMEIER	SR	<b>#3 Redlands (Calif.)</b>	<b>{3} 1.49m</b>	4-10½	4/4
10		Elisabeth EICHINGER	JR	<b>#3 Redlands (Calif.)</b>	<b>{3} 1.49m</b>	4-10½	4/4

## Women's Pole Vault

1	<b>32</b>	Madeline SEIFERT	JR	<b>#1 Claremont-Mudc</b>	<b>3.65m</b>	11-11¾	4/5
2	<b>55</b>	Zoey HRABE	FR	<b>#5 Occidental</b>	<b>3.50m</b>	11-5¾	2/16
3	<b>93</b>	Taylor DOMINGUEZ	FR	<b>#6 Cal Lutheran</b>	<b>3.35m</b>	10-11¾	2/16
4		Samantha DANIELS	JR	<b>#2 Chapman</b>	<b>3.05m</b>	10-0	3/29
5		Elise RAFFIANI	FR	<b>#2 Chapman</b>	<b>{2} 2.75m</b>	9-¼	3/29
6		Mia BERTONE	FR	<b>#6 Cal Lutheran</b>	<b>{2} 2.60m</b>	8-6¼	4/12
7		Charlotte ALMOND	FR	<b>#1 Claremont-Mudc</b>	<b>{2} 2.45m</b>	8-½	4/12
8		Chloe CHONG	FR	<b>#7 La Verne</b>	<b>2.15m</b>	7-½	4/12

## Women's Long Jump

1	<b>47</b>	Ella BOWERS	SR	<b>#4 Pomona-Pitzer</b>	<b>5.55mw</b>	18-2½ (2.1)	3/29
2	<b>67</b>	Maigan ADAMS	SR	<b>#3 Redlands (Calif.)</b>	<b>5.45m</b>	17-10¾ (-1.)	2/16
3	<b>70</b>	Lindsey GRAY	JR	<b>#2 Chapman</b>	<b>5.44m</b>	17-10¼ (1.9)	3/29
4	<b>80</b>	Eleanor BACHMEIER	SR	<b>#3 Redlands (Calif.)</b>	<b>{2} 5.41mw</b>	17-9 (2.8)	3/29
5	<b>87</b>	Gennessy ORTEGA	FR	<b>#7 La Verne</b>	<b>5.38m</b>	17-8 (1.0)	<b>4/18</b>
6		Felicia AKINDE	SO	<b>#4 Pomona-Pitzer</b>	<b>{2} 5.27m</b>	17-3½ (0.9)	4/12
7		Christen WILEY	SR	<b>#3 Redlands (Calif.)</b>	<b>{3} 5.25m</b>	17-2¾ (0.9)	2/16
8		Madeline SEIFERT	JR	<b>#1 Claremont-Mudc</b>	<b>5.18m</b>	17-0 (0.2)	3/29
9		Ellie CHI	FR	<b>#4 Pomona-Pitzer</b>	<b>{3} 5.13m</b>	16-10 (0.0)	4/12
10		Elisabeth EICHINGER	JR	<b>#3 Redlands (Calif.)</b>	<b>{4} 5.12mw</b>	16-9¾ (2.1)	3/29

## Women's Triple Jump

1	<b>4</b>	Maigan ADAMS	SR	<b>#3 Redlands (Calif.)</b>	<b>12.22m</b>	40-1¼ (1.1)	4/12
2	<b>8</b>	Ella BOWERS	JR	<b>#4 Pomona-Pitzer</b>	<b>12.01mw</b>	39-5 (3.2)	4/12
3	<b>96</b>	Elsa VAN DYKE	FR	<b>#4 Pomona-Pitzer</b>	<b>{2} 10.96m</b>	35-11½ (0.3)	<b>4/18</b>
4		Niani JONES	SO	<b>#6 Cal Lutheran</b>	<b>10.92m</b>	35-10 (-0.5)	4/12
5		Felicia AKINDE	SO	<b>#4 Pomona-Pitzer</b>	<b>{3} 10.87m</b>	35-8 (1.0)	3/22
6		Regina O'LEARY	FR	<b>#2 Chapman</b>	<b>10.86m</b>	35-7¾ (1.6)	3/29
7		Christen WILEY	SR	<b>#3 Redlands (Calif.)</b>	<b>{2} 10.75m</b>	35-3¼ (0.7)	2/16
8		Lindsey GRAY	JR	<b>#2 Chapman</b>	<b>{2} 10.65m</b>	34-11¼ (1.3)	3/29
9		Jasmine PRAJITNO	FR	<b>#7 La Verne</b>	<b>10.50m</b>	34-5½ (1.0)	3/8
10		Ellie CHI	FR	<b>#4 Pomona-Pitzer</b>	<b>{4} 10.39m</b>	34-1¼ (-1.1)	3/1
10		Lilly COOPER	JR	<b>#2 Chapman</b>	<b>{3} 10.39mw</b>	34-1¼ (2.2)	3/29

## Women's Shot Put

1		Chelsea GROVES	SR	<b>#5 Occidental</b>	<b>12.13m</b>	39-9¾	4/12
2		Eva NDOYE	FR	<b>#2 Chapman</b>	<b>11.92m</b>	39-1¼	3/29
3		Sophia STEVEN	JR	<b>#8 Caltech</b>	<b>10.86m</b>	35-7¾	2/16
4		Eleanor BACHMEIER	SR	<b>#3 Redlands (Calif.)</b>	<b>10.62m</b>	34-10¼	4/4
5		Elisabeth EICHINGER	JR	<b>#3 Redlands (Calif.)</b>	<b>{2} 10.57m</b>	34-8¼	3/29
6		Renn CORLEY	FR	<b>#1 Claremont-Mudc</b>	<b>10.40m</b>	34-1½	2/22
7		Sophia LAUDI	FR	<b>#1 Claremont-Mudc</b>	<b>{2} 10.22m</b>	33-6½	3/29
8		Ellie MANN	SO	<b>#3 Redlands (Calif.)</b>	<b>{3} 10.17m</b>	33-4½	4/12
9		Clara STEVENS	FR	<b>#8 Caltech</b>	<b>{2} 10.01m</b>	32-10¼	2/16
10		Izzy SABATINO	SR	<b>#4 Pomona-Pitzer</b>	<b>9.86m</b>	32-4¼	2/16



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



SCIAC

as of 4/22/2025 12:04:11 AM ET

## Women's Discus

1	Chelsea GROVES	SR	#5 Occidental	38.41m	126-0	4/12
2	Chloe MITCHELL	FR	#2 Chapman	36.89m	121-1	3/29
3	Kyra PHAYCHANPHENG	FR	#8 Caltech	36.50m	119-9	4/18
4	Katelyn SEWELL	SO	#1 Claremont-Mudc	36.40m	119-5	3/1
5	Cheyenne RODRIGUEZ	JR	#6 Cal Lutheran	35.84m	117-7	3/1
6	Ellie MANN	SO	#3 Redlands (Calif.)	33.66m	110-5	3/1
7	Eva NDOYE	FR	#2 Chapman {2}	33.29m	109-3	3/29
8	Ashley GRANGER	JR	#2 Chapman {3}	33.08m	108-7	1/31
9	Renn CORLEY	FR	#1 Claremont-Mudc{2}	32.68m	107-3	3/1
10	Sophia GREEN	JR	#6 Cal Lutheran {2}	32.40m	106-4	3/1

## Women's Hammer

1	16 Antonia HEKSTER	SR	#1 Claremont-Mudc	52.20m	171-3	3/29
2	Cheyenne RODRIGUEZ	JR	#6 Cal Lutheran	45.65m	149-9	3/30
3	Emily HU	SR	#8 Caltech	42.94m	140-11	2/22
4	Ashley GRANGER	JR	#2 Chapman	40.85m	134-0	3/29
5	Chelsea GROVES	SR	#5 Occidental	39.33m	129-1	2/22
6	Gizelle HERRERA	FR	#1 Claremont-Mudc{2}	39.16m	128-6	3/14
7	Sophia GREEN	JR	#6 Cal Lutheran {2}	37.74m	123-10	4/4
8	Clara STEVENS	FR	#8 Caltech {2}	36.98m	121-4	4/12
9	Chloe MITCHELL	FR	#2 Chapman {2}	36.95m	121-3	4/12
10	Journee JONES	FR	#7 La Verne	35.05m	115-0	3/22

## Women's Javelin

1	14 Sophia LAUDI	FR	#1 Claremont-Mudc	40.48m	132-10	3/29
2	51 Logan SPOONEMORE	SR	#4 Pomona-Pitzer	37.82m	124-1	3/29
3	56 Caiya NIEWINSKI	FR	#4 Pomona-Pitzer {2}	37.58m	123-4	4/12
4	74 Quinn SMITH	FR	#1 Claremont-Mudc{2}	36.74m	120-7	2/16
5	Keegan SHERRY	JR	#3 Redlands (Calif.)	34.66m	113-9	3/1
6	Michelle LAGUNAS-MONROY	SR	#5 Occidental	33.38m	109-6	3/30
7	Antonia HEKSTER	SR	#1 Claremont-Mudc{3}	32.94m	108-1	3/22
8	Cheyenne RODRIGUEZ	JR	#6 Cal Lutheran	32.84m	107-9	3/30
9	Elisabeth EICHINGER	JR	#3 Redlands (Calif.){2}	31.76m	104-3	4/4
10	Samantha DANIELS	JR	#2 Chapman	31.07m	101-11	1/31

## Women's Heptathlon

1	17 Eleanor BACHMEIER	SR	#3 Redlands (Calif.)	4,477		4/4
2	22 Elisabeth EICHINGER	JR	#3 Redlands (Calif.){2}	4,385		4/4
3	Shaylee HERON	SO	#3 Redlands (Calif.){3}	3,154		4/4
4	Madison EATON	JR	#3 Redlands (Calif.){4}	3,022		4/4



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



## Skyline

as of 4/22/2025 12:04:12 AM ET

### Women's 100 Meters

1	Alexxis MCNEIL	SR	#1 Farmingdale Sta	13.08	(-1.0)	4/18
2	Ifeoluwa LONGE	FR	#1 Farmingdale Sta{2}	13.29	(-0.4)	4/18
3	Maria BALDWIN	JR	#4 Mount Saint Mar	13.45w	(3.3)	3/30
4	Amora BROWN	FR	#1 Farmingdale Sta{3}	13.49	(-0.4)	4/18
4	Jayne SANTASIERO	FR	#2 Merchant Marine	13.49	(0.6)	4/5
6	Faith SAMMONS	JR	#2 Merchant Marine{2}	13.54	(-0.9)	4/19
7	Olivia FINNEGAN	JR	#1 Farmingdale Sta{4}	13.58	(0.4)	4/5
8	Meyah ROBERTS	FR	#1 Farmingdale Sta{5}	13.59	(-0.4)	4/18
9	Mia HARRIS	SO	#1 Farmingdale Sta{6}	13.72	(-0.4)	4/18
10	Jennifer SCHMIDT	SR	#3 Manhattanville	14.03	(0.3)	3/23

### Women's 100 Meter Hurdles

1	Morgan DOLL	FR	#2 Merchant Marine	17.58	(-3.6)	4/19
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	18.95	(0.3)	4/12
3	Mishell DELGADO	SO	#1 Farmingdale Sta	19.28	(1.0)	4/5

### Women's 200 Meters

1	Maria BALDWIN	JR	#4 Mount Saint Mar	27.53w	(3.6)	3/30
2	Jayne SANTASIERO	FR	#2 Merchant Marine	27.72	(-2.7)	4/19
3	Faith SAMMONS	JR	#2 Merchant Marine{2}	27.84	(-3.3)	4/19
4	Ifeoluwa LONGE	FR	#1 Farmingdale Sta	27.96	(-0.3)	4/18
4	Olivia FINNEGAN	JR	#1 Farmingdale Sta	27.96	(2.0)	4/12
6	Meyah ROBERTS	FR	#1 Farmingdale Sta{3}	28.17	(-0.2)	4/18
7	Mia HARRIS	SO	#1 Farmingdale Sta{4}	28.88	(-0.3)	4/18
8	Jennifer SCHMIDT	SR	#3 Manhattanville	29.37	(1.5)	3/23
9	Uzoma NWEZE	FR	#3 Manhattanville {2}	29.74	(0.2)	3/29
10	Jade WINTERS	FR	#2 Merchant Marine{3}	29.99	(-2.0)	4/19

### Women's 400 Meters

1	Maria BALDWIN	JR	#4 Mount Saint Mar	1:05.64		4/12
2	Alice VALENZUELA	FR	#1 Farmingdale Sta	1:05.68		4/5
3	Sydnee SIMMONS	SO	#1 Farmingdale Sta{2}	1:06.04		4/12
4	Faith SAMMONS	JR	#2 Merchant Marine	1:06.30		4/5
5	Jayne SANTASIERO	FR	#2 Merchant Marine{2}	1:06.38		4/19
6	Jade WINTERS	FR	#2 Merchant Marine{3}	1:06.40		4/19
7	Jennifer SCHMIDT	SR	#3 Manhattanville	1:07.40		3/29
8	Myah ROBERTS	FR	#1 Farmingdale Sta{3}	1:07.51		4/18
9	Adelina RODRIGUEZ	FR	#3 Manhattanville {2}	1:14.85		4/6
10	Kelley LAKAWITCH	SR	#2 Merchant Marine{4}	1:20.43		4/12

### Women's 400 Meter Hurdles

1	Morgan DOLL	FR	#2 Merchant Marine	1:13.59		3/29
2	Mishell DELGADO	SO	#1 Farmingdale Sta	1:16.19		4/18
3	Myah ROBERTS	FR	#1 Farmingdale Sta{2}	1:29.18		4/18

### Women's 800 Meters

1	Katherine KERCHNER	SR	#2 Merchant Marine	3:02.80		4/5
2	Karley RUSH	FR	#2 Merchant Marine{2}	3:14.48		3/29
3	Loamy MALDONADO	SR	#1 Farmingdale Sta	3:55.91		4/5

### Women's 1500 Meters

1	Katherine KERCHNER	SR	#2 Merchant Marine	6:08.92		4/19
2	Michaela STACK	FR	#4 Mount Saint Mar	6:10.18		3/30
3	Karley RUSH	FR	#2 Merchant Marine{2}	6:20.66		4/12
4	Sarah KANNENBERG	JR	#4 Mount Saint Mar{2}	6:24.79		4/12
5	Jennifer OLIVEROS	FR	#3 Manhattanville	6:35.18		4/6
6	Katerina (Katie) BRAY	JR	#2 Merchant Marine{3}	6:38.89		4/5
7	Loamy MALDONADO	SR	#1 Farmingdale Sta	7:32.78		4/18

### Women's Steeplechase

1	Katherine KERCHNER	SR	#2 Merchant Marine	13:52.88		4/19
2	Margaret ADAMS	SR	#1 Farmingdale Sta	21:27.29		4/5

### Women's 5000 Meters

1	Sarah KANNENBERG	JR	#4 Mount Saint Mar	23:32.18		3/30
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### Women's 4x100 Relay

1	Haley Agin, Katerina (Katie) Bray, Lily Cary, Morgan Doll	#2 Merchant Marine	51.94		4/19
2	Olivia Finnegan, Ifeoluwa Longe, Amora Brown, Alexis McNeil	#1 Farmingdale Sta	53.70		4/18
3	#Type!	#3 Manhattanville	55.44		3/29

### Women's High Jump

1	Olivia FINNEGAN	JR	#1 Farmingdale Sta	1.46m	4-9½	4/5
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	1.45m	4-9	4/12
3	Jayne SANTASIERO	FR	#2 Merchant Marine	1.40m	4-7	4/19
3	Morgan DOLL	FR	#2 Merchant Marine	1.40m	4-7	4/19

### Women's Pole Vault

1	Mishell DELGADO	SO	#1 Farmingdale Sta	2.35m	7-8½	4/5
2	Jasmine PREDUM	FR	#2 Merchant Marine	2.13m	6-11¾	4/12

### Women's Long Jump

1	Morgan DOLL	FR	#2 Merchant Marine	4.76mw	15-7½ (2.3)	4/5
2	Lilly O'BRIEN	JR	#4 Mount Saint Mar	4.66m	15-3½ (1.3)	4/12
3	Jade WINTERS	FR	#2 Merchant Marine{2}	4.47mw	14-8 (4.0)	4/5
4	Jayne SANTASIERO	FR	#2 Merchant Marine{3}	4.44m	14-6¾ (0.5)	4/19
5	Treesha JAYAKODY	SO	#1 Farmingdale Sta	4.32mw	14-2¼ (3.4)	4/5
6	Kenia HURTADO	SR	#1 Farmingdale Sta{2}	3.92m	12-10½ (0.2)	4/18

### Women's Triple Jump

1	Olivia FINNEGAN	JR	#1 Farmingdale Sta	9.96m	32-8¼ (0.1)	4/18
2	Jade WINTERS	FR	#2 Merchant Marine	9.86m	32-4¼ (0.7)	4/19
3	Treesha JAYAKODY	SO	#1 Farmingdale Sta{2}	9.77m	32-¾ (1.7)	4/18
4	Jayne SANTASIERO	FR	#2 Merchant Marine{2}	9.62m	31-6¾ (0.5)	4/19
5	Lilly O'BRIEN	JR	#4 Mount Saint Mar	9.45mw	31-0 (3.1)	3/30
6	Morgan DOLL	FR	#2 Merchant Marine{3}	8.86m	29-1 (0.2)	4/19





# USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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## Skyline

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### Women's Shot Put

1	Gabby BILLETZ	SO	#3	Manhattanville	11.64m	38-2¼	3/23
2	Victoria DEGRAW	FR	#1	Farmingdale Sta	10.96m	35-11½	4/18
3	Jordan WASHINGTON	JR	#2	Merchant Marine	9.28m	30-5½	4/19
4	Kayla QUINN	FR	#1	Farmingdale Sta{2}	8.34m	27-4½	4/18
5	Katelin HANIFAN	JR	#2	Merchant Marine{2}	8.10m	26-7	4/12
6	Florence HARRISON	JR	#3	Manhattanville {2}	8.01m	26-3½	3/23
7	Gigi ALVERO	SR	#3	Manhattanville {3}	7.63m	25-½	3/23
8	Claudia GONZALEZ	FR	#1	Farmingdale Sta{3}	6.17m	20-3	4/18
9	Judy CELESTIN	SO	#1	Farmingdale Sta{4}	5.47m	17-11½	4/12

### Women's Discus

1	66 Gabby BILLETZ	SO	#3	Manhattanville	40.91m	134-3	3/29
2	Victoria DEGRAW	FR	#1	Farmingdale Sta	36.88m	121-0	4/18
3	Jordan WASHINGTON	JR	#2	Merchant Marine	32.75m	107-6	3/29
4	Katelin HANIFAN	JR	#2	Merchant Marine{2}	27.90m	91-6½	3/29
5	Kayla QUINN	FR	#1	Farmingdale Sta{2}	18.13m	59-5¾	4/18
6	Claudia GONZALEZ	FR	#1	Farmingdale Sta{3}	17.17m	56-4	4/18
7	Judy CELESTIN	SO	#1	Farmingdale Sta{4}	9.91m	32-6¼	4/12

### Women's Hammer

1	Victoria DEGRAW	FR	#1	Farmingdale Sta	38.96m	127-10	4/18
2	Jordan WASHINGTON	JR	#2	Merchant Marine	37.73m	123-10	4/19
3	Katelin HANIFAN	JR	#2	Merchant Marine{2}	30.44m	99-10½	3/29
4	Florence HARRISON	JR	#3	Manhattanville	25.84m	84-9½	3/29
5	Claudia GONZALEZ	FR	#1	Farmingdale Sta{2}	16.06m	52-8¼	4/18

### Women's Javelin

1	Gigi ALVERO	SR	#3	Manhattanville	23.67m	77-8	3/23
2	Faith WELSH	SO	#4	Mount Saint Mar	20.95m	68-8¾	4/12
3	Jordan WASHINGTON	JR	#2	Merchant Marine	20.33m	66-8½	4/19
4	Katelin HANIFAN	JR	#2	Merchant Marine{2}	15.07m	49-5½	4/19



## Conference TFRI Event Summary



SLIAC

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## Women's 100 Meters

1	85	Jocelyn FRITZ	SR	#1 Greenville	12.28w	(3.2)	3/29
2		Taylor TUCKER	SR	#1 Greenville	{2} 12.52w	(3.2)	3/29
3		Sana UDOEKONG	FR	#2 Principia	12.57	(-0.1)	3/20
4		Michaiah ADAMS	SR	#3 Mississippi Univ.	12.70	(1.3)	4/11
5		Kianna PATTON	SR	#5 Webster	12.89w	(3.5)	3/29
6		Holly HIGGS	SO	#4 Spalding	12.95w	(2.1)	4/18
7		Vonisha TOWNS	SR	#3 Mississippi Univ.	{2} 12.96	(1.2)	3/9
8		Amarachi EJIMADU	SO	#2 Principia	{2} 13.04	(-1.2)	4/12
9		Lana BALLARD	JR	#6 Lyon (Ark.)	13.06	(0.8)	4/12
10		Aissata KAMARA	JR	#5 Webster	{2} 13.10w	(3.4)	3/29

## Women's 100 Meter Hurdles

1	11	TyKiaza JONES	FR	#1 Greenville	14.22w	(2.5)	4/18
2	43	Kenzie KURDYS	SO	#1 Greenville	{2} 14.78	(1.2)	4/18
3		Princess LOFTON	FR	#3 Mississippi Univ.	16.13	(1.3)	4/11
4		Madison KACEVICIUS	FR	#1 Greenville	{3} 16.20	(1.2)	4/18
5		Olivia NELSEN	JR	#5 Webster	17.65	(0.1)	4/18
6		Roslyn STULL	SO	#4 Spalding	18.24w	(2.7)	4/18
7		Josephine CAESAR	FR	#5 Webster	{2} 18.56	(-0.3)	4/12
8		Mirsa BOYER	JR	#2 Principia	18.73	(-1.7)	4/12
9		Alyssa BUFFINGTON	FR	#1 Greenville	{4} 18.80	(-0.3)	4/12
10		Morganne PIERCY	SO	#4 Spalding	{2} 19.53w	(2.7)	4/18

## Women's 200 Meters

1	36	Sana UDOEKONG	FR	#2 Principia	24.75	(1.8)	4/18
2		Jocelyn FRITZ	SR	#1 Greenville	25.60	(0.3)	4/12
3		Taylor TUCKER	SR	#1 Greenville	{2} 25.88	(1.0)	3/29
4		Madison KACEVICIUS	FR	#1 Greenville	{3} 26.34	(1.5)	4/12
5		Moenaisa SIDIQUE	SR	#7 Westminster (Mc	26.38w	(3.0)	4/18
6		Amarachi EJIMADU	SO	#2 Principia	{2} 26.46	(1.8)	4/12
7		Brianna KRANTZ	SO	#6 Lyon (Ark.)	26.53w	(2.4)	4/12
8		Vonisha TOWNS	SR	#3 Mississippi Univ.	26.56	(1.3)	4/11
9		Michaiah ADAMS	SR	#3 Mississippi Univ.	{2} 26.74w	(2.7)	3/29
10		Kianna PATTON	SR	#5 Webster	27.02w	(2.4)	3/29

## Women's 400 Meters

1		Sana UDOEKONG	FR	#2 Principia	58.78		3/29
2		Moenaisa SIDIQUE	SR	#7 Westminster (Mc	1:00.73		4/18
3		Brianna KRANTZ	SO	#6 Lyon (Ark.)	1:01.03		4/12
4		Taylor TUCKER	SR	#1 Greenville	1:01.95		4/4
5		Amarachi EJIMADU	SO	#2 Principia	{2} 1:03.95		3/29
6		Vonisha TOWNS	SR	#3 Mississippi Univ.	1:04.37		4/11
7		Lana BALLARD	JR	#6 Lyon (Ark.)	{2} 1:05.60		4/5
8		Lauren HAACKE	FR	#1 Greenville	{2} 1:05.63		4/12
9		Myka FENTON	SO	#2 Principia	{3} 1:05.79		3/29
10		Kamiyah WHITING	FR	#3 Mississippi Univ.	{2} 1:06.19		3/29

## Women's 400 Meter Hurdles

1		Roslyn STULL	SO	#4 Spalding	1:13.73		4/18
2		Olivia NELSEN	JR	#5 Webster	1:14.75		4/12
3		Princess LOFTON	FR	#3 Mississippi Univ.	1:15.39		3/29
4		TyKiaza JONES	FR	#1 Greenville	1:15.40		4/18
5		Samantha LOVE	FR	#6 Lyon (Ark.)	1:24.41		4/12
6		Alyssa BUFFINGTON	FR	#1 Greenville	{2} 1:27.30		4/18
7		Morganne PIERCY	SO	#4 Spalding	{2} 1:28.28		4/11

## Women's 800 Meters

1		Eva SCHWAAB	SR	#1 Greenville	2:22.19		4/18
2		Norah SWINIGAN	JR	#1 Greenville	{2} 2:26.86		4/4
3		Myka FENTON	SO	#2 Principia	2:28.88		4/12
4		Gretchen CARIE	SR	#1 Greenville	{3} 2:33.15		4/18
5		Raven VANCE	SO	#1 Greenville	{4} 2:37.88		4/18
6		Alivia CLAYTON	FR	#1 Greenville	{5} 2:38.88		4/18
7		Avory HAMBLIN	FR	#4 Spalding	2:40.30		3/29
8		Makayla CORDES	FR	#7 Westminster (Mc	2:42.55		3/22
9		Rachel FISHER	JR	#8 Eureka	2:44.82		4/12
10		Bessie KELLEY	SO	#4 Spalding	{2} 2:46.09		3/21

## Women's 1500 Meters

1		Gretchen CARIE	SR	#1 Greenville	4:56.14		4/18
2		Norah SWINIGAN	JR	#1 Greenville	{2} 5:02.96		4/12
3		Makayla CORDES	FR	#7 Westminster (Mc	5:21.02		4/18
4		Alivia CLAYTON	FR	#1 Greenville	{3} 5:22.71		4/4
5		Raven VANCE	SO	#1 Greenville	{4} 5:26.71		4/4
6		Olivia LETKEY	FR	#6 Lyon (Ark.)	5:32.90		3/8
7		Myka FENTON	SO	#2 Principia	5:35.56		3/22
8		Sophia GREEN	FR	#2 Principia	{2} 5:37.68		3/29
9		Hannah OWENS	SO	#3 Mississippi Univ.	5:44.36		4/11
10		Reganne PIERCY	SO	#4 Spalding	5:45.87		3/21

## Women's Steeplechase

1	49	Gretchen CARIE	SR	#1 Greenville	11:18.36		4/12
2		Muskan JAMSHED	JR	#4 Spalding	13:52.40		4/18

## Women's 5000 Meters

1		Alivia CLAYTON	FR	#1 Greenville	20:13.69		4/12
2		Sophia GREEN	FR	#2 Principia	20:53.77		4/18
3		Hannah OWENS	SO	#3 Mississippi Univ.	21:06.11		4/5
4		Reganne PIERCY	SO	#4 Spalding	21:08.78		4/18
5		Chloe AUBUSCHON	FR	#1 Greenville	{2} 21:23.42		4/12
6		Olivia LETKEY	FR	#6 Lyon (Ark.)	21:28.67		4/5
7		Muskan JAMSHED	JR	#4 Spalding	{2} 21:31.65		4/18
8		Hannah WYMER	JR	#2 Principia	{2} 23:11.04		4/18
9		Brie INMAN	FR	#5 Webster	23:28.62		4/12
10		Sarah ERICKSON	JR	#2 Principia	{3} 24:05.35		3/28



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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SLIAC

as of 4/22/2025 12:04:12 AM ET

## Women's 4x100 Relay

1	24	Taylor Tucker, Jocelyn Fritz, TyKiaza Jones, Jazmyn Harmon	#1 Greenville	47.58	4/12
2		#Type!	#3 Mississippi Univ.	50.01	3/9
3		Amarachi Ejimadu, Lydia Stalnaker, Mirsa Boyer, Sana Udoekong	#2 Principia	50.85	3/29
4		Emely Alvarenga, Lana Ballard, Lakendra Bishop, Brianna Krantz	#6 Lyon (Ark.)	51.55	4/12
5		Josephine Caesar, Aissata Kamara, Elicia Therooff, Kianna Patton	#5 Webster	52.17	4/5
6		Shyanne Hagan, Morganne Piercy, Roslyn Stull, Holly Higgs	#4 Spalding	54.20	3/29

## Women's 4x400 Relay

1	49	Jazmyn Harmon, Eva Schwaab, Taylor Tucker, Norah Swinigan	#1 Greenville	4:01.29	4/12
2		Mirsa Boyer, Myka Fenton, Amarachi Ejimadu, Sana Udoekong	#2 Principia	4:19.12	4/12
3		Lana Ballard, Lakendra Bishop, Brianna Krantz, Olivia Letkey	#6 Lyon (Ark.)	4:35.48	3/20
4		Aissata Kamara, Kianna Patton, Elicia Therooff, Olivia Nelsen	#5 Webster	4:44.89	4/18
5		Takara Williams, Avory Hamblen, Daisia Jones, Roslyn Stull	#4 Spalding	4:57.00	4/11

## Women's High Jump

1	10	Hannah MYERS	JR	#2 Principia	1.66m	5-5¼	4/18
2	20	Anna Beth VANCIL	SR	#1 Greenville	1.64m	5-4½	4/18
3		Kiara SMITH	FR	#2 Principia	{2} 1.56m	5-1¼	4/18
4		Elicia THEROFF	FR	#5 Webster	1.51m	4-11½	3/29
5		Hali SINEGAL	FR	#3 Mississippi Univ.	1.50m	4-11	4/11
6		Samantha LOVE	FR	#6 Lyon (Ark.)	1.43m	4-8¼	4/5
6		Lainey HICKS	JR	#1 Greenville	{2} 1.43m	4-8¼	4/12
8		Kendrailia NASH	FR	#3 Mississippi Univ.	{2} 1.40m	4-7	4/11
9		Daisia JONES	FR	#4 Spalding	1.35m	4-5	4/11

## Women's Pole Vault

1	20	Kenzie KURDYS	SO	#1 Greenville	3.75m	12-3½	4/4
2		Katie FARROW	FR	#1 Greenville	{2} 2.85m	9-4¼	4/12
3		Mirsa BOYER	JR	#2 Principia	2.45m	8-½	4/18
4		Takara WILLIAMS	SO	#4 Spalding	2.30m	7-6½	3/29
5		Princess LOFTON	FR	#3 Mississippi Univ.	1.52m	4-11¼	4/11

## Women's Long Jump

1		Madison KACEVICIUS	FR	#1 Greenville	5.33mw	17-6 (2.9)	3/29
2		Hannah MYERS	JR	#2 Principia	5.32m	17-5½ (0.8)	4/18
3		Hali SINEGAL	FR	#3 Mississippi Univ.	5.20m	17-¾ (0.8)	4/5
4		Lainey HICKS	JR	#1 Greenville	{2} 5.13m	16-10 (0.0)	4/18
5		Jazmyn HARMON	SO	#1 Greenville	{3} 5.12m	16-9¾ (0.0)	4/12
5		Kiara SMITH	FR	#2 Principia	{2} 5.12m	16-9¾ (0.5)	4/18
7		Kendrailia NASH	FR	#3 Mississippi Univ.	{2} 4.97m	16-3¾ (-0.6)	4/11
8		Ariana WILLIAMS	JR	#2 Principia	{3} 4.93m	16-2¼ (1.1)	4/12
9		Lamiya TERRELL	FR	#2 Principia	{4} 4.81mw	15-9½ (2.9)	4/18
9		Lana BALLARD	JR	#6 Lyon (Ark.)	4.81m	15-9½ (2.0)	4/5

## Women's Triple Jump

1	60	Jazmyn HARMON	SO	#1 Greenville	11.20m	36-9 (1.1)	4/12
2		Hali SINEGAL	FR	#3 Mississippi Univ.	10.89m	35-8¾ (-1.6)	4/5
3		Hannah MYERS	JR	#2 Principia	10.80m	35-5¼ (0.4)	4/18
4		Shyanne HAGAN	JR	#4 Spalding	10.52m	34-6¼ (1.8)	4/18
5		Lainey HICKS	JR	#1 Greenville	{2} 10.36mw	34-0 (2.4)	3/29
6		Waters MADELEINE	SO	#2 Principia	{2} 10.29mw	33-9¼ (2.9)	3/22
7		Madison KACEVICIUS	FR	#1 Greenville	{3} 10.10m	33-1¾ (1.2)	4/12
8		Daisia JONES	FR	#4 Spalding	{2} 9.86m	32-4¼ (1.5)	4/18
9		Morganne PIERCY	SO	#4 Spalding	{3} 8.42m	27-7½ (0.0)	3/21

## Women's Shot Put

1	17	Talahiva TALANOVA	SR	#1 Greenville	13.47m	44-2½	4/12
2		Brooklyn KELLEY	FR	#3 Mississippi Univ.	11.67m	38-3½	3/9
3		Ella RAY	SR	#1 Greenville	{2} 10.76m	35-3¾	4/18
4		Cali PAVLISKO	JR	#5 Webster	10.52m	34-6¼	3/29
5		Arie'Onna MCCOLLUM	SO	#3 Mississippi Univ.	{2} 10.49m	34-5	4/11
6		Riana CALDWELL	SO	#4 Spalding	10.24m	33-7¼	4/18
7		Makayla GIVAN	FR	#3 Mississippi Univ.	{3} 9.94m	32-7½	3/9
8		Emma BRABY	SO	#7 Westminster (Mc	9.73m	31-11¼	4/18
9		Isabelle LLEWELLYN	SR	#5 Webster	{2} 9.66m	31-8½	3/29
10		Takeiyah CONN	SO	#4 Spalding	{2} 9.07m	29-9¼	4/18



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



SLIAC

as of 4/22/2025 12:04:12 AM ET

## Women's Discus

1	30	Talahiva TALANOVA	SR	#1 Greenville	43.55m	142-11	3/29
2		Isabelle LLEWELLYN	SR	#5 Webster	35.85m	117-8	4/12
3		Amber DIERLING	FR	#7 Westminster (Mc	34.29m	112-6	4/5
4		Ella RAY	SR	#1 Greenville	{2} 33.51m	109-11	3/29
5		Arie'Onna MCCOLLUM	SO	#3 Mississippi Univ.	33.47m	109-10	4/5
6		Grace WALDROP	SO	#1 Greenville	{3} 31.24m	102-6	4/12
7		Riana CALDWELL	SO	#4 Spalding	30.34m	99-6½	3/29
8		Symphony SCHODROSKI	SO	#5 Webster	{2} 28.92m	94-10¾	4/12
9		Makayla GIVAN	FR	#3 Mississippi Univ.	{2} 26.10m	85-7¾	4/11
10		Emma BRABY	SO	#7 Westminster (Mc	{2} 25.09m	82-3¾	4/18

## Women's Hammer

1	6	Talahiva TALANOVA	SR	#1 Greenville	54.40m	178-6	4/12
2	89	Ella RAY	SR	#1 Greenville	{2} 46.30m	151-11	4/12
3		Isabelle LLEWELLYN	SR	#5 Webster	43.24m	141-11	3/29
4		Cali PAVLISKO	JR	#5 Webster	{2} 36.88m	121-0	4/12
5		Takeiyah CONN	SO	#4 Spalding	35.32m	115-11	4/18
6		Grace WALDROP	SO	#1 Greenville	{3} 35.07m	115-1	4/12
7		Brooklyn KELLEY	FR	#3 Mississippi Univ.	33.84m	111-0	3/9
8		Symphony SCHODROSKI	SO	#5 Webster	{3} 33.64m	110-5	4/18
9		Arie'Onna MCCOLLUM	SO	#3 Mississippi Univ.	{2} 30.51m	100-1	3/9
10		Riana CALDWELL	SO	#4 Spalding	{2} 29.10m	95-5¾	4/18

## Women's Javelin

1		Isabelle LLEWELLYN	SR	#5 Webster	34.32m	112-7	3/29
2		Arie'Onna MCCOLLUM	SO	#3 Mississippi Univ.	34.27m	112-5	3/9
3		Emma BRABY	SO	#7 Westminster (Mc	30.84m	101-2	4/18
4		Grace WALDROP	SO	#1 Greenville	29.82m	97-10	4/12
4		Karen GOODIN	FR	#7 Westminster (Mc	{2} 29.82m	97-10	3/29
6		Madison KEMPKER	FR	#7 Westminster (Mc	{3} 28.86m	94-8¼	4/18
7		Talahiva TALANOVA	SR	#1 Greenville	{2} 28.00m	91-10½	4/18
8		Amber DIERLING	FR	#7 Westminster (Mc	{4} 27.80m	91-2½	4/18
9		Aziza TAKHI	JR	#6 Lyon (Ark.)	24.92m	81-9¼	4/12
10		Cali PAVLISKO	JR	#5 Webster	{2} 23.05m	75-7½	4/12



## Conference TFRI Event Summary



## SUNYAC

as of 4/22/2025 12:04:12 AM ET

## Women's 100 Meters

1	50	Autumn PITTMAN	SR	#1	SUNY Cortland	12.14	(1.3)	4/6
1	50	Khia LASTER	SR	#8	Buffalo State	12.14	(-0.9)	4/15
3		Jaade DUNCAN	FR	#3	Penn State Behr	12.59	(0.6)	4/18
4		Nicolette DUBOSE	SO	#2	SUNY Oneonta	12.66	(1.3)	4/6
5		Danielle JACKSON	SR	#2	SUNY Oneonta	{2} 12.71w	(3.1)	4/19
5		Cara PELLECHIA	JR	#6	Fredonia	12.71	(-3.2)	4/19
7		Emily RICHARDSON	FR	#4	Alfred State	12.82	(1.0)	4/13
8		Faith NELSON	SR	#1	SUNY Cortland	{2} 12.83w	(3.1)	4/19
9		Alexia PRINCE	SO	#1	SUNY Cortland	{3} 12.88	(-0.2)	3/29
10		Brianna SENATORE	SO	#2	SUNY Oneonta	{3} 12.91w	(3.4)	4/14

## Women's 100 Meter Hurdles

1	64	Jaiden SCHRAG	FR	#2	SUNY Oneonta	15.02	(1.2)	4/6
2		Lilly SWYERS	JR	#1	SUNY Cortland	15.40w	(3.3)	4/19
3		AnJalyna TALMADGE	JR	#1	SUNY Cortland	{2} 15.61w	(2.7)	4/19
4		Eko DODD-BROWN	SO	#2	SUNY Oneonta	{2} 15.66w	(3.9)	4/19
5		Zakiah MCQUEEN	FR	#8	Buffalo State	16.17	(1.9)	4/15
6		Marissa LEDUC	JR	#5	SUNY Plattsburg	16.35	(1.7)	4/18
7		Isabella SCOTT	FR	#5	SUNY Plattsburg	{2} 16.69	(0.7)	4/11
8		Katie BALL	FR	#1	SUNY Cortland	{3} 16.95	(1.8)	4/19
9		Brenna O'BRIEN	SO	#7	SUNY Oswego	17.36w	(3.3)	4/19
10		Gabby COLLINS	FR	#1	SUNY Cortland	{4} 17.40w	(3.9)	4/19

## Women's 200 Meters

1	18	Autumn PITTMAN	SR	#1	SUNY Cortland	24.46w	(2.9)	4/19
2	70	Khia LASTER	SR	#8	Buffalo State	25.02	(-0.6)	3/29
3	76	Natalia SAWYER	JR	#8	Buffalo State	{2} 25.06	(-0.6)	3/29
4		Alexia PRINCE	SO	#1	SUNY Cortland	{2} 25.28w	(2.9)	4/19
5		Danielle JACKSON	SR	#2	SUNY Oneonta	25.92w	(2.4)	4/19
6		Jaade DUNCAN	FR	#3	Penn State Behr	26.33	(0.0)	4/18
7		Yasmine PERALTA	JR	#1	SUNY Cortland	{3} 26.58w	(2.4)	4/19
8		Emily YOUSEY	SR	#9	SUNY Potsdam	26.64w	(2.4)	4/19
9		Grace YARKOSKY	SO	#5	SUNY Plattsburg	26.68	(1.2)	4/5
10		Nicolette DUBOSE	SO	#2	SUNY Oneonta	{2} 26.79w	(2.6)	4/14

## Women's 400 Meters

1		Grace YARKOSKY	SO	#5	SUNY Plattsburg	59.17		4/11
2		Emily YOUSEY	SR	#9	SUNY Potsdam	59.38		4/19
3		Oli KRAYNIK	SO	#4	Alfred State	59.66		3/29
4		Danielle JACKSON	SR	#2	SUNY Oneonta	1:00.14		4/19
5		Eva WOODWORTH	JR	#2	SUNY Oneonta	{2} 1:00.88		4/6
6		Faith NELSON	SR	#1	SUNY Cortland	1:01.38		4/6
7		Abby HARDY	SO	#1	SUNY Cortland	{2} 1:01.56		4/19
7		Izzie BOSKO	SO	#1	SUNY Cortland	{2} 1:01.56		4/6
9		Matty LUCEY	SO	#1	SUNY Cortland	{4} 1:01.70		3/29
10		Ivy LAFFAN	SR	#3	Penn State Behr	1:02.69		4/5

## Women's 400 Meter Hurdles

1	80	Jaiden SCHRAG	FR	#2	SUNY Oneonta	1:05.80		4/19
2		Isabella SCOTT	FR	#5	SUNY Plattsburg	1:07.56		4/18
3		Zakiah MCQUEEN	FR	#8	Buffalo State	1:10.22		4/15
4		Ivy LAFFAN	SR	#3	Penn State Behr	1:10.36		4/18
5		Sage DOUGLASS	SR	#2	SUNY Oneonta	{2} 1:10.67		4/19
6		Jewel JONES	SO	#1	SUNY Cortland	1:11.97		4/19
7		Amelia KONSTANTY	SO	#1	SUNY Cortland	{2} 1:12.67		4/19
8		Deirdre SULLIVAN	SR	#1	SUNY Cortland	{3} 1:15.11		4/19
9		Charis EVANS	SO	#4	Alfred State	1:17.48		4/18
10		Hazel BACHE	FR	#6	Fredonia	1:19.04		4/19

## Women's 800 Meters

1		Oli KRAYNIK	SO	#4	Alfred State	2:18.24		4/5
2		Eva WOODWORTH	JR	#2	SUNY Oneonta	2:25.38		4/14
3		Grace ESTUS	SO	#5	SUNY Plattsburg	2:26.78		4/11
4		Marissa COLVIN	JR	#5	SUNY Plattsburg	{2} 2:27.92		4/11
5		Elena GAFFNEY	FR	#7	SUNY Oswego	2:28.05		4/6
6		Olivia KOMACEK	SO	#2	SUNY Oneonta	{2} 2:28.78		4/19
7		Hailey KUMPF	SO	#4	Alfred State	{2} 2:29.67		4/5
8		Amilcar CENTENO	FR	#6	Fredonia	2:29.69		4/19
9		Samantha KRAYESKI	SO	#2	SUNY Oneonta	{3} 2:30.70		4/19
10		Samantha SALISBURY	FR	#1	SUNY Cortland	2:31.88		4/19

## Women's 1500 Meters

1		Melissa INNOCENT	SO	#1	SUNY Cortland	4:52.21		4/6
2		Elena GAFFNEY	FR	#7	SUNY Oswego	4:52.39		4/14
3		Marissa COLVIN	JR	#5	SUNY Plattsburg	4:55.13		4/5
4		Alexa WOLCOTT	JR	#1	SUNY Cortland	{2} 4:56.75		4/6
5		Jewel JONES	SO	#1	SUNY Cortland	{3} 4:58.02		4/6
6		Deirdre SULLIVAN	SR	#1	SUNY Cortland	{4} 5:00.10		4/6
7		Sabrina MENA	SR	#2	SUNY Oneonta	5:03.16		4/6
8		Natalia SWEAT	FR	#2	SUNY Oneonta	{2} 5:03.86		4/19
9		Olivia KOMACEK	SO	#2	SUNY Oneonta	{3} 5:04.56		4/6
10		Oli KRAYNIK	SO	#4	Alfred State	5:05.71		4/18

## Women's Steeplechase

1	71	Alexa WOLCOTT	JR	#1	SUNY Cortland	11:26.73		4/14
2	95	Melissa INNOCENT	SO	#1	SUNY Cortland	{2} 11:35.61		3/29
3		Jewel JONES	SO	#1	SUNY Cortland	{3} 11:38.03		4/14
4		Deirdre SULLIVAN	SR	#1	SUNY Cortland	{4} 11:41.61		4/14
5		Anna KERN	FR	#2	SUNY Oneonta	12:18.50		4/19
6		Bethany LITWILER	JR	#3	Penn State Behr	12:22.87		4/18
7		Calie HUDSON	FR	#6	Fredonia	12:33.90		4/19
8		Sophia ALLEN	FR	#2	SUNY Oneonta	{2} 12:36.73		3/30
9		Sam ABATE	FR	#3	Penn State Behr	{2} 12:37.13		4/18
10		Olivia KOMACEK	SO	#2	SUNY Oneonta	{3} 12:42.46		3/30





## Conference TFRI Event Summary



## SUNYAC

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## Women's 5000 Meters

1	Deirdre SULLIVAN	SR	#1 SUNY Cortland	18:30.35	4/19
2	Alexa WOLCOTT	JR	#1 SUNY Cortland {2}	18:30.42	4/19
3	Elena GAFFNEY	FR	#7 SUNY Oswego	18:31.51	4/19
4	Marissa COLVIN	JR	#5 SUNY Plattsburg	18:37.26	4/19
5	Melissa INNOCENT	SO	#1 SUNY Cortland {3}	18:44.08	4/19
6	Julia BENTON	FR	#1 SUNY Cortland {4}	18:46.17	4/19
7	Gia ENGEL	SO	#2 SUNY Oneonta	18:51.51	4/11
8	Sabrina MENA	SR	#2 SUNY Oneonta {2}	18:52.99	4/11
9	Jewel JONES	SO	#1 SUNY Cortland {5}	18:53.96	4/19
10	Phoebe PEER	FR	#1 SUNY Cortland {6}	19:05.60	3/29

## Women's 10,000 Meters

1	Gia ENGEL	SO	#2 SUNY Oneonta	39:36.93	3/30
2	Hartle LINDSEY	JR	#3 Penn State Behr	39:54.94	4/5
3	Bethany LITWILER	JR	#3 Penn State Behr {2}	39:58.73	4/5
4	Julia BENTON	FR	#1 SUNY Cortland	41:09.68	4/12
5	Jade HORNICK	SO	#1 SUNY Cortland {2}	41:20.91	4/12
6	Phoebe PEER	FR	#1 SUNY Cortland {3}	41:24.87	4/12
7	Brianna OSTHELLER	FR	#1 SUNY Cortland {4}	41:28.46	4/12
8	Olivia HOLLAND	JR	#2 SUNY Oneonta {2}	41:30.19	3/30
9	Rowan LEDDY	FR	#1 SUNY Cortland {5}	41:30.53	4/12
10	Annelise (Anne) BARNEY	SO	#1 SUNY Cortland {6}	42:16.43	4/12

## Women's 4x100 Relay

1	82 Jaiden Schrag, Danielle Jackson, Kristanna Samascott, Nicolette DuBose	#2 SUNY Oneonta	49.13	4/19
2	Gianna Motto, Yasmine Peralta, Faith Nelson, Kendall Sobczyk	#1 SUNY Cortland	50.41	4/19
3	Haley Beman, Emily Richardson, Oli Kraynik, Madison Snayczuk	#4 Alfred State	50.46	4/18
4	Jaade Duncan, Ivy Laffan, Ella McGowan, Chloe Yazembiak	#3 Penn State Behr	51.59	4/18
5	Madison Wagner, Emily Yousey, Emma Robbins, Raven Winters	#9 SUNY Potsdam	51.89	4/6
6	Alexis McDonald, Brianna Wise, Annie Schneider, Isabella Scott	#5 SUNY Plattsburg	53.38	4/5
7	Tanasha Brown, Riley Flynn, Sabrina Schmitt, Rhiannon Butchko	#7 SUNY Oswego	54.59	4/6
8	Milla Gonzalez, Jaidon Brodie, Aaliyah Standbrook, Mikaela Phu	#10 SUNY Morrisville	57.62	4/12

## Women's 4x400 Relay

1	100 Abby Hardy, Izzie Bosko, Yasmine Peralta, Faith Nelson	#1 SUNY Cortland	4:09.25	4/19
2	Rachel Skoczlas, Ella McGowan, Caroline McDevitt, Ivy Laffan	#3 Penn State Behr	4:25.28	4/18
3	Vanessa Ryhal, Evelyn Zdrojewski, Amilcar Centeno, Hazel Bache	#6 Fredonia	4:31.67	4/19
4	Charis Evans, Hailey Kumpf, Olivia Plummer, Oli Kraynik	#4 Alfred State	4:31.93	4/13
5	Milla Gonzalez, Jaidon Brodie, Mikaela Phu, Aaliyah Standbrook	#10 SUNY Morrisville	5:00.75	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



SUNYAC

as of 4/22/2025 12:04:12 AM ET

## Women's High Jump

1	86	Rhiannon BUTCHKO	JR	#7 SUNY Oswego	1.58m	5-2¼	4/19
1	86	Emily RICHARDSON	FR	#4 Alfred State	1.58m	5-2¼	4/5
3		Reilly QUINN	SO	#1 SUNY Cortland	1.55m	5-1	4/19
4		Katie BALL	FR	#1 SUNY Cortland {2}	1.50m	4-11	4/19
5		Regan KAISER	SR	#1 SUNY Cortland {3}	1.48m	4-10¼	4/6
5		Brayton TRIPI	FR	#6 Fredonia	1.48m	4-10¼	4/5
7		AnJalyna TALMADGE	JR	#1 SUNY Cortland {4}	1.47m	4-9¾	4/19
8		Zakiah MCQUEEN	FR	#8 Buffalo State	1.45m	4-9	3/29
9		Kaleigh DURSO	FR	#7 SUNY Oswego {2}	1.41m	4-7½	4/19
10		Grace REED	FR	#1 SUNY Cortland {5}	1.38m	4-6¾	4/12

## Women's Pole Vault

1	34	Cara PELLECHIA	JR	#6 Fredonia	3.62m	11-10½	4/15
2	93	Ryan STARK	FR	#1 SUNY Cortland	3.35m	10-11¾	4/12
3		Noelani TAKEI	SR	#3 Penn State Behr	3.00m	9-10	4/12
4		Skylar FRENCH	FR	#6 Fredonia {2}	2.90m	9-6¼	4/5
5		Ashley LAREDDOLA	FR	#2 SUNY Oneonta	2.80m	9-2¼	4/19
5		Gracie JONES	SR	#3 Penn State Behr {2}	2.80m	9-2¼	4/5
7		Emma MAHONEY	FR	#5 SUNY Plattsburg	2.65m	8-8¼	4/19
8		Abby CARBERRY	SO	#1 SUNY Cortland {2}	2.60m	8-6¼	4/12

## Women's Long Jump

1	8	Khia LASTER	SR	#8 Buffalo State	5.91m	19-4¾ (1.6)	4/15
2		Marissa LEDUC	JR	#5 SUNY Plattsburg	5.34m	17-6¼ (1.4)	4/11
3		Eko DODD-BROWN	SO	#2 SUNY Oneonta	5.24m	17-2¼ (0.0)	4/19
4		Jaiden SCHRAG	FR	#2 SUNY Oneonta {2}	5.21mw	17-1¼ (3.5)	3/30
5		Madison SNAYCZUK	SR	#4 Alfred State	5.17m	16-11½ (1.7)	3/29
6		Lilly SWYERS	JR	#1 SUNY Cortland	5.16m	16-11¼ (1.2)	4/19
7		Haley BEMAN	FR	#4 Alfred State {2}	5.08m	16-8 (0.0)	4/13
7		AnJalyna TALMADGE	JR	#1 SUNY Cortland {2}	5.08mw	16-8 (3.4)	4/12
9		Grace REED	FR	#1 SUNY Cortland {3}	4.92mw	16-1¾ (2.5)	4/12
10		Zakiah MCQUEEN	FR	#8 Buffalo State {2}	4.85m	15-11 (0.0)	4/18

## Women's Triple Jump

1	91	Lilly SWYERS	JR	#1 SUNY Cortland	10.99m	36-¾ (0.0)	4/6
2		Madison SNAYCZUK	SR	#4 Alfred State	10.51m	34-5¾ (0.0)	3/29
3		Caitlin MAHER	JR	#1 SUNY Cortland {2}	10.21m	33-6 (0.0)	4/6
4		Kira DAVIDSON	JR	#6 Fredonia	10.12m	33-2½ (0.0)	4/15
5		Nicolette DUBOSE	SO	#2 SUNY Oneonta	10.06m	33-¼ (0.0)	4/14
6		Hannah NOLAN	FR	#1 SUNY Cortland {3}	10.01m	32-10¼ (0.0)	4/6
7		Lexi CLARK	FR	#1 SUNY Cortland {4}	9.85m	32-3¾ (0.0)	4/6
8		Ashley LAREDDOLA	FR	#2 SUNY Oneonta {2}	9.79m	32-1½ (0.2)	4/12
9		Emma ROBBINS	SR	#9 SUNY Potsdam	9.50m	31-2 (1.4)	4/12
10		Jaidon BRODIE	FR	#10 SUNY Morrisville	9.48mw	31-1¼ (3.8)	3/30

## Women's Shot Put

1	98	Jennifer NDUKWU	JR	#1 SUNY Cortland	12.20m	40-½	4/19
2		Cheyenne MCPEEK	SO	#1 SUNY Cortland {2}	12.00m	39-4½	4/19
3		Hannah MCMASTERS	JR	#1 SUNY Cortland {3}	11.95m	39-2½	4/12
4		AnJalyna TALMADGE	JR	#1 SUNY Cortland {4}	11.89m	39-¼	4/6
5		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta	11.86m	38-11	4/19
6		Tarryn HERMAN	JR	#2 SUNY Oneonta {2}	11.35m	37-3	4/19
7		Kayla TRETOLA	FR	#1 SUNY Cortland {5}	11.22m	36-9¾	4/6
8		Wealthy ROBINSON	FR	#2 SUNY Oneonta {3}	11.00m	36-1¼	4/19
9		Paige PAVELSKI	SR	#8 Buffalo State	10.83m	35-6½	4/5
10		Colleen PATRIE	JR	#1 SUNY Cortland {6}	10.49m	34-5	4/19

## Women's Discus

1		Cheyenne MCPEEK	SO	#1 SUNY Cortland	38.00m	124-8	3/29
2		Kayla TRETOLA	FR	#1 SUNY Cortland {2}	36.30m	119-1	4/19
3		Janiesha DURENY	FR	#4 Alfred State	35.59m	116-9	4/13
4		Sophia MITRESKI	SO	#2 SUNY Oneonta	34.29m	112-6	4/19
5		Jessica NEUBERT	JR	#1 SUNY Cortland {3}	33.99m	111-6	4/19
6		Jennifer NDUKWU	JR	#1 SUNY Cortland {4}	33.47m	109-10	4/19
7		Hannah MCMASTERS	JR	#1 SUNY Cortland {5}	32.16m	105-6	4/6
8		Norah KEENEY	FR	#3 Penn State Behr	31.79m	104-4	4/5
9		Colleen PATRIE	JR	#1 SUNY Cortland {6}	31.39m	103-0	4/6
10		Kailey ALLEN	FR	#2 SUNY Oneonta {2}	31.30m	102-8	4/19

## Women's Hammer

1	23	Hannah MCMASTERS	JR	#1 SUNY Cortland	51.26m	168-2	4/19
2	29	Cheyenne MCPEEK	SO	#1 SUNY Cortland {2}	50.48m	165-8	3/29
3	47	Jennifer NDUKWU	JR	#1 SUNY Cortland {3}	49.33m	161-10	4/19
4	69	Tarryn HERMAN	JR	#2 SUNY Oneonta	47.56m	156-1	4/19
5		Mackenzie GILLETTE	SR	#4 Alfred State	42.76m	140-4	4/18
6		Kayla TRETOLA	FR	#1 SUNY Cortland {4}	41.09m	134-10	4/19
7		Mackenzie LAWRENCE	FR	#2 SUNY Oneonta {2}	40.55m	133-1	4/19
8		Jessica PARK	JR	#3 Penn State Behr	39.46m	129-6	4/12
9		Jessica NEUBERT	JR	#1 SUNY Cortland {5}	39.28m	128-11	4/12
10		Taygin JUMP	SO	#5 SUNY Plattsburg	38.85m	127-6	4/11

## Women's Javelin

1	3	Julia BALASKI	JR	#3 Penn State Behr	43.34m	142-2	3/29
2	69	Sage DOUGLASS	SR	#2 SUNY Oneonta	36.95m	121-3	3/30
3		Lily PLAIA	FR	#2 SUNY Oneonta {2}	33.28m	109-2	3/30
4		Taygin JUMP	SO	#5 SUNY Plattsburg	31.60m	103-8	4/5
5		Caroline LEWIS	FR	#3 Penn State Behr {2}	31.42m	103-1	3/29
6		Braylee LUKEHART	FR	#3 Penn State Behr {3}	30.82m	101-2	4/5
7		Tarryn HERMAN	JR	#2 SUNY Oneonta {3}	27.92m	91-7¼	4/6
8		Janiesha DURENY	FR	#4 Alfred State	26.64m	87-5	4/5
9		Marissa LEDUC	JR	#5 SUNY Plattsburg {2}	26.16m	85-10	4/19
10		AnJalyna TALMADGE	JR	#1 SUNY Cortland	24.92m	81-9¼	4/19

## Women's Heptathlon

1	64	AnJalyna TALMADGE	JR	#1 SUNY Cortland	3,715		4/19
2	92	Katie BALL	FR	#1 SUNY Cortland {2}	3,289		4/19
3		Kaleigh DURSO	FR	#7 SUNY Oswego	2,640		4/19



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## Women's 100 Meters

1	7	Gabri MESCHINO	SR	#3 Chicago	11.78w	(2.8)	3/29
1	7	Jasmine WRIGHT	JR	#1 Washington (Mo	11.78w	(2.8)	3/29
3	26	Eva CARCHIDI	SR	#2 Emory	12.00	(0.3)	3/28
4	38	Jada KENNER	FR	#2 Emory	{2} 12.11	(0.9)	3/28
4	38	Audrey JOHNSON	SR	#2 Emory	{2} 12.11	(1.1)	4/19
6	45	Lauren GAY	SR	#1 Washington (Mo	{2} 12.13	(1.7)	4/12
7	64	Maura DIANNO	SR	#2 Emory	{4} 12.22	(1.1)	4/19
8	89	Kaya BINETTI	SR	#2 Emory	{5} 12.31	(-0.8)	4/19
9	100	Maya DAVIS	SO	#1 Washington (Mo	{3} 12.33	(0.6)	4/18
10		Dashiel TAO HARRIS	SR	#2 Emory	{6} 12.38	(1.1)	3/28

## Women's 100 Meter Hurdles

1	2	Ren BROWN	SR	#3 Chicago	13.85	(1.5)	4/12
2	9	Nikki BOON	SR	#2 Emory	14.21	(1.9)	4/12
3	12	Lauren GAY	SR	#1 Washington (Mo	14.25	(-0.1)	4/12
4		Dasha JACKSON	JR	#6 NYU	15.27	(1.2)	4/5
5		Melayna PETTIGREW	FR	#2 Emory	{2} 15.38	(0.7)	3/28
6		Iniyaa MOHANRAJ	JR	#5 Carnegie Mellon	15.89	(1.7)	4/12
7		Alin AYDOGAN	FR	#5 Carnegie Mellon	{2} 15.93	(1.1)	4/18
8		Holland KANTAR	SO	#1 Washington (Mo	{2} 16.08	(1.0)	4/18
9		Sharona SCHWAB	JR	#3 Chicago	{2} 16.55	(-2.2)	3/29
10		Gabby ALPHONSE	JR	#4 Case Western Re	17.27	(1.8)	4/19

## Women's 200 Meters

1	9	Eva CARCHIDI	SR	#2 Emory	24.24	(-0.3)	4/5
2	10	Lauren GAY	SR	#1 Washington (Mo	24.33	(1.5)	3/29
3	25	Kylie SPYTEK	JR	#1 Washington (Mo	{2} 24.61	(1.8)	4/18
4	26	Nicole STEWART	SR	#1 Washington (Mo	{3} 24.63	(1.8)	4/18
5	31	Audrey JOHNSON	SR	#2 Emory	{2} 24.68	(-0.4)	4/19
6	51	Jada KENNER	FR	#2 Emory	{3} 24.87	(-0.3)	4/5
7	58	Peterly LEROY	FR	#7 Brandeis	24.93w	(3.1)	4/17
8	59	Quinn BIRD	FR	#1 Washington (Mo	{4} 24.94	(1.0)	3/29
9	63	Nikki BOON	SR	#2 Emory	{4} 24.95	(2.0)	3/28
10		Kaya BINETTI	SR	#2 Emory	{5} 25.27	(-0.4)	3/28

## Women's 400 Meters

1	1	Eva CARCHIDI	SR	#2 Emory	54.22		4/19
2	6	Peterly LEROY	FR	#7 Brandeis	55.36		4/17
3	8	Kylie SPYTEK	JR	#1 Washington (Mo	55.48		3/29
4	12	Catherine CHRISTOPHER	SO	#1 Washington (Mo	{2} 55.68		3/29
5	32	Dashiel TAO HARRIS	SR	#2 Emory	{2} 56.48		4/5
6	39	Jada KENNER	FR	#2 Emory	{3} 56.71		4/19
7	40	Quinn BIRD	FR	#1 Washington (Mo	{3} 56.76		4/12
8	54	Caroline ECHOLS	SO	#1 Washington (Mo	{4} 57.32		3/29
9	60	Amaya GRANT	FR	#2 Emory	{4} 57.53		4/19
10	66	Julia CORIC	SO	#1 Washington (Mo	{5} 57.63		4/12

## Women's 400 Meter Hurdles

1	1	Ren BROWN	SR	#3 Chicago	59.25		4/12
2	30	Sharona SCHWAB	JR	#3 Chicago	{2} 1:03.66		3/29
3	48	Ruby KAPLAN	SR	#1 Washington (Mo	1:04.59		4/12
4	61	Camila GARANTON	JR	#3 Chicago	{3} 1:05.12		4/12
5	81	Melayna PETTIGREW	FR	#2 Emory	1:05.85		3/22
6	84	Caroline HANSEN	SR	#2 Emory	{2} 1:05.93		3/22
7	88	Hannah BOHBOT-DRIDI	SR	#7 Brandeis	1:06.04		4/4
8		Clare MARCHANT	FR	#1 Washington (Mo	{2} 1:06.77		3/29
9		Emma BLODGETT	FR	#3 Chicago	{4} 1:07.08		4/12
10		Izzie THOMPSON	FR	#2 Emory	{3} 1:07.26		4/19

## Women's 800 Meters

1	9	Izzy GORTON	SR	#1 Washington (Mo	2:09.68		3/28
2	13	Caroline ECHOLS	SO	#1 Washington (Mo	{2} 2:10.94		3/28
3	15	Madison TIAFFAY	JR	#2 Emory	2:11.45		3/28
4	20	Claudia HARNETT	SR	#3 Chicago	2:12.17		4/5
5	23	Catherine CHRISTOPHER	SO	#1 Washington (Mo	{3} 2:12.70		4/12
6	24	Luna MCCAULEY	JR	#2 Emory	{2} 2:12.71		3/28
7	40	Gianna DAWSON	FR	#6 NYU	2:13.96		4/14
8	48	Emma KELLY	JR	#3 Chicago	{2} 2:14.77		3/29
9	50	Arianna HOLBROOK	SO	#4 Case Western Re	2:14.96		4/19
10	51	Rowan MILLER	FR	#2 Emory	{3} 2:15.03		4/5

## Women's 1500 Meters

1	8	Madison TIAFFAY	JR	#2 Emory	4:28.77		3/28
2	13	Claudia HARNETT	SR	#3 Chicago	4:30.41		4/17
3	14	Sophie BEKINS	SR	#1 Washington (Mo	4:30.53		3/28
4	27	Katie RECTOR	JR	#1 Washington (Mo	{2} 4:33.03		3/28
5	37	Izzy GORTON	SR	#1 Washington (Mo	{3} 4:34.69		4/12
6	38	Elisabeth CAMIC	SR	#3 Chicago	{2} 4:34.86		4/12
7	42	Emma KELLY	JR	#3 Chicago	{3} 4:36.22		3/28
8	44	Virginia PRIDGEN	SR	#1 Washington (Mo	{4} 4:36.54		3/28
9	46	Nora HOLMES	JR	#3 Chicago	{4} 4:36.63		4/12
10	47	Stella KUTTNER	FR	#6 NYU	4:36.70		4/14

## Women's Steeplechase

1	10	Abigail PATTERSON	SR	#1 Washington (Mo	10:49.47		3/28
2	23	Julia PATTERSON	SR	#1 Washington (Mo	{2} 11:04.36		4/12
3	29	Riley CLARK	JR	#1 Washington (Mo	{3} 11:11.77		4/12
4	37	Ayla GRABENBAUER	JR	#4 Case Western Re	11:14.69		4/14
5	52	Cameron GUPTA	SO	#2 Emory	11:19.36		4/12
6	55	Davis JOHNSON	FR	#2 Emory	{2} 11:20.88		4/12
7	67	Olivia JACKSON	SO	#6 NYU	11:25.63		4/12
8	72	Sally CARRINGTON	FR	#1 Washington (Mo	{4} 11:26.74		4/12
9	82	Madeline LEE	FR	#1 Washington (Mo	{5} 11:31.17		4/4
10	97	Ella WARKENTINE	JR	#7 Brandeis	11:36.07		4/12



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## Women's 5000 Meters

1	5	Janie COOPER	JR	#6 NYU	16:35.47	4/14
2	9	Kate COCHRAN	SR	#6 NYU	{2} 16:38.31	4/14
3	22	Anna WATSON	SR	#3 Chicago	16:52.17	4/12
4	23	Estelle SNIDER	SO	#3 Chicago	{2} 16:52.39	4/12
5	26	Josephine DZIEDZIC	SO	#6 NYU	{3} 16:54.61	4/14
6	33	Lauren IAGNEMMA	JR	#4 Case Western Re	17:05.12	4/14
7	36	Nora HOLMES	JR	#3 Chicago	{3} 17:06.07	3/28
8	37	Maya DUCKER	SO	#5 Carnegie Mellon	17:06.13	4/14
9	39	Liesl SCHERRER	SR	#2 Emory	17:08.75	4/12
10	44	Orit SHIANG	JR	#5 Carnegie Mellon	{2} 17:11.59	4/14

## Women's 10,000 Meters

1	15	Grace ROWLEY	SO	#6 NYU	35:37.25	4/14
2	17	Estelle SNIDER	SO	#3 Chicago	35:41.70	3/28
3	26	Lucy GOTT	JR	#6 NYU	{2} 36:13.96	3/29
4	54	Vivienne LARSON	SO	#1 Washington (Mo	37:33.80	3/28
5		Laurn MCKENNA	SR	#5 Carnegie Mellon	40:30.75	4/12

## Women's 4x100 Relay

1	2	Nikki Boon, Eva Carchidi, Jada Kenner, Audrey Johnson	#2 Emory	45.97	4/5
2	5	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo	46.46	4/12
3	19	Maddie Lyons, Gabri Meschino, Camila Garanton, Arielle Troadec	#3 Chicago	47.31	4/17
4	43	Peterly Leroy, Sarai Sealy, Shaniece Nugent, Jasmin Berganza	#7 Brandeis	48.14	4/17
5		Sarah Ball, Melanie Taylor, Gabby Alphonse, Riley Friedman	#4 Case Western Re	51.15	4/19
6		Iniyaa Mohanraj, Catherine Stava, Jocelyn Kiefel, Alin Aydogan	#5 Carnegie Mellon	51.35	4/18

## Women's 4x400 Relay

1	5	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton	#1 Washington (Mo	3:45.82	3/29
2	6	Audrey Johnson, Jada Kenner, Dashiel Tao Harris, Eva Carchidi	#2 Emory	3:46.96	3/28
3	15	Peterly Leroy, Jasmin Berganza, Shaniece Nugent, Hannah Bohbot-Dridi	#7 Brandeis	3:49.69	4/18
4	25	Ava Hagwell, Elisabeth Camic, Onese Ewherido, Ren Brown	#3 Chicago	3:55.79	4/12
5	98	Siena Kannenberg, Julia Hluck, Arianna Holbrook, Melanie Taylor	#4 Case Western Re	4:08.92	3/29
6	99	Jiahui Tang, Rhythm Satav, Estee Teo, Catherine Stava	#5 Carnegie Mellon	4:09.13	3/29
7		Areyanna McCarthy, Rina Kurihara, Katharine Frank, Caroline Mackinnon	#6 NYU	4:19.28	4/5

## Women's High Jump

1	10	Ebunoluwa OPATA	SR	#1 Washington (Mo	1.66m	5-5¼	3/29
2	23	Nikki BOON	SR	#2 Emory	1.63m	5-4¼	3/28
2	23	Olivia THEISEN	SO	#1 Washington (Mo	{2} 1.63m	5-4¼	4/12
4	86	Elizabeth MULVANEY	SO	#3 Chicago	1.58m	5-2¼	4/12
4	86	Aiana COLAS	JR	#7 Brandeis	1.58m	5-2¼	4/19
6		Catalina HOWELLS	FR	#5 Carnegie Mellon	1.53m	5-¼	3/29
6		Sophie SEGAL	SO	#7 Brandeis	{2} 1.53m	5-¼	4/19
6		Selah DUNGEY	JR	#3 Chicago	{2} 1.53m	5-¼	4/12
6		Clara BENNETT	SO	#3 Chicago	{2} 1.53m	5-¼	4/12
10		Jordan SU	SR	#4 Case Western Re	1.49m	4-10½	4/19

## Women's Pole Vault

1	1	Yasmin RUFF	SR	#1 Washington (Mo	4.11m	13-5¾	4/12
2	46	Holly SCHREIBER	SO	#4 Case Western Re	3.53m	11-7	4/19
3	50	Hazel BUONOPANE	SO	#5 Carnegie Mellon	3.51m	11-6¼	3/29
4	65	Makenzie STOCK	SR	#1 Washington (Mo	{2} 3.45m	11-3¾	4/4
4	65	Erin MAKHANIAN	FR	#2 Emory	3.45m	11-3¾	4/5
4	65	Meredyth BARR	SO	#1 Washington (Mo	{2} 3.45m	11-3¾	4/12
4	65	Mackenzie WALKER	JR	#1 Washington (Mo	{2} 3.45m	11-3¾	4/4
8	73	Alisha ANDERSON	SR	#7 Brandeis	3.43m	11-3	4/19
9	87	Ava BARNES	FR	#5 Carnegie Mellon	{2} 3.36m	11-¼	3/29
10	93	Celeste TAYLOR	JR	#3 Chicago	3.35m	10-11¾	3/29





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## Women's Long Jump

1	8	Nikki BOON	SR	#2 Emory	5.91m	19-4¾ (0.0)	3/27
2	21	Ebunoluwa OPATA	SR	#1 Washington (Mo	5.74m	18-10 (0.0)	4/12
3	54	Marina SEMPLE	JR	#3 Chicago	5.51m	18-1 (0.0)	4/12
4	74	Anna JENNINGS	FR	#2 Emory {2}	5.43m	17-9¾ (2.0)	4/5
5	76	Sarai SEALY	FR	#7 Brandeis	5.42m	17-9½ (0.0)	4/5
6		Iniyaa MOHANRAJ	JR	#5 Carnegie Mellon	5.33m	17-6 (0.0)	4/5
7		Olivia THEISEN	SO	#1 Washington (Mo {2}	5.32m	17-5½ (1.0)	3/29
8		Jordan SU	SR	#4 Case Western Re	5.19mw	17-½ (2.7)	3/22
9		Caroline HANSEN	SR	#2 Emory {3}	5.17m	16-11½ (0.4)	3/22
10		Brooke MILLAR	JR	#3 Chicago {2}	5.16m	16-11¼ (0.8)	4/17

## Women's Triple Jump

1	1	Ebunoluwa OPATA	SR	#1 Washington (Mo	12.82m	42-¾ (0.5)	4/18
2	21	Caroline HANSEN	SR	#2 Emory	11.63m	38-2 (-0.5)	3/28
3	27	Audrey JOHNSON	SR	#2 Emory {2}	11.52mw	37-9½ (2.7)	4/5
4	30	Amaya GRANT	FR	#2 Emory {3}	11.50m	37-8¾ (-1.9)	3/28
5	39	Jocelyn KIEFEL	SR	#5 Carnegie Mellon	11.43m	37-6 (0.0)	4/18
6	72	Alin AYDOGAN	FR	#5 Carnegie Mellon {2}	11.11m	36-5½ (0.0)	4/18
7	76	Elsa BILDSTEN	SO	#2 Emory {4}	11.10m	36-5 (1.6)	4/5
8	79	Jordan SU	SR	#4 Case Western Re	11.06m	36-3½ (0.4)	3/22
9	86	Iniyaa MOHANRAJ	JR	#5 Carnegie Mellon {3}	11.02m	36-2 (0.3)	3/29
10	98	Grace STERNBERGER	SO	#3 Chicago	10.95m	35-11¼ (1.0)	4/12

## Women's Shot Put

1	2	Jenae BOTHE	JR	#1 Washington (Mo	14.45m	47-5	4/18
2	24	Sarah FINEMAN	SR	#2 Emory	13.13m	43-1	4/19
3	32	Michaela BURKHAUSER	SR	#4 Case Western Re	12.89m	42-3½	3/29
4	85	Nikki BOON	SR	#2 Emory {2}	12.32m	40-5	3/28
5	93	Kathleen MONAHAN	JR	#5 Carnegie Mellon	12.23m	40-1½	3/29
6		Rielley MCNEILL	SO	#3 Chicago	12.04m	39-6	4/5
7		Taylor SIMPSON	SR	#1 Washington (Mo {2}	12.00m	39-4½	4/12
8		Jeanette HYDUKOVICH	FR	#2 Emory {3}	11.94m	39-2¼	4/5
9		Catryn CATTOOR	SR	#1 Washington (Mo {3}	11.68m	38-4	4/12
10		Taylor SYMONETTE	SR	#5 Carnegie Mellon {2}	11.64m	38-2¼	4/18

## Women's Discus

1	21	Michaela BURKHAUSER	SR	#4 Case Western Re	43.95m	144-3	4/19
2	44	Jenae BOTHE	JR	#1 Washington (Mo	42.18m	138-5	4/12
3	63	Jeanette HYDUKOVICH	FR	#2 Emory	41.06m	134-9	4/20
4		Michelle UVIEGHARA	SR	#6 NYU	39.34m	129-1	3/29
5		Catryn CATTOOR	SR	#1 Washington (Mo {2}	38.79m	127-3	4/12
6		Aiyana ROCKWELL	SR	#5 Carnegie Mellon	38.65m	126-10	3/29
7		Rielley MCNEILL	SO	#3 Chicago	38.63m	126-9	4/5
8		Nikki BOON	SR	#2 Emory {2}	38.59m	126-7	4/5
9		Kathleen MONAHAN	JR	#5 Carnegie Mellon {2}	38.42m	126-1	4/18
10		Karyssa MACK	JR	#1 Washington (Mo {3}	37.18m	122-0	4/12

## Women's Hammer

1	32	Ailean DUFFIE	SR	#4 Case Western Re	50.27m	164-11	4/19
2	49	Michaela BURKHAUSER	SR	#4 Case Western Re {2}	49.04m	160-11	3/29
3	51	Rachel GINN	SR	#4 Case Western Re {3}	48.98m	160-9	4/19
4	52	Lauren ROSKUSZKA	SR	#4 Case Western Re {4}	48.94m	160-7	4/19
5	99	Taylor SIMPSON	SR	#1 Washington (Mo	45.97m	150-10	4/12
6		Emma LIU	JR	#7 Brandeis	45.72m	150-0	3/29
7		Brooke CALDWELL	SO	#3 Chicago	45.04m	147-9	4/17
8		Karyssa MACK	JR	#1 Washington (Mo {2}	44.15m	144-10	4/18
9		Abigail ROBERTS	FR	#2 Emory	43.51m	142-9	4/5
10		Michelle LEE	JR	#4 Case Western Re {5}	43.31m	142-1	3/29

## Women's Javelin

1	28	Nikki BOON	SR	#2 Emory	39.49m	129-7	3/28
2	47	Mable MUTUMWA	SO	#2 Emory {2}	38.25m	125-6	4/12
3	62	Emma GRUNIN	JR	#6 NYU	37.26m	122-3	4/5
4		Lauren ROSKUSZKA	SR	#4 Case Western Re	35.39m	116-2	3/22
5		Jolie WASSERMAN	SR	#5 Carnegie Mellon	34.81m	114-3	3/29
6		Sarah VIVEIROS	FR	#4 Case Western Re {2}	34.69m	113-10	4/19
7		Bailey BOWEN	FR	#4 Case Western Re {3}	34.51m	113-3	4/19
8		Yichen DING	SO	#3 Chicago	34.40m	112-11	3/29
9		Nida ACHRAMAVICIUTE	FR	#4 Case Western Re {4}	33.35m	109-5	3/22
10		Molly MORTON	SR	#1 Washington (Mo	31.47m	103-3	4/12

## Women's Heptathlon

1	1	Nikki BOON	SR	#2 Emory	5,638		3/28
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## Conference TFRI Event Summary



UEC

as of 4/22/2025 12:04:13 AM ET

## Women's 100 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	12.46	(1.4)	4/5
2	Rocksann SMITH	FR	#1 St. Mary's (Md.)	12.92	(-1.4)	3/29
3	Trista MILLER	SR	#5 Carlow (Pa.) {2}	12.98	(1.5)	4/12
4	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	13.17	(0.2)	4/5
5	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	13.21	(-0.1)	3/22
6	Alyssa MALDONADO	FR	#2 Cedar Crest	13.57w	(2.6)	4/19
7	Lizzie DIMOV	FR	#3 Lancaster Bible	13.59	(-0.2)	4/12
8	Ella CLOAK	JR	#5 Carlow (Pa.) {3}	13.73	(0.0)	4/5
9	Tray MOBRAY	JR	#1 St. Mary's (Md.) {3}	13.83w	(2.5)	4/12
10	Chasiti NCHANGNWI	SO	#8 Notre Dame (Md)	13.84	(-0.5)	4/5

## Women's 100 Meter Hurdles

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	16.37	(1.7)	4/12
2	Chay'La RIVERS	JR	#1 St. Mary's (Md.) {2}	17.73	(-0.7)	3/22
3	Faith GARBER	SO	#3 Lancaster Bible	19.81	(-0.4)	3/29
4	Zakiyyah SABIR	SR	#2 Cedar Crest	20.30	(1.9)	4/12
5	Dina JONES	JR	#1 St. Mary's (Md.) {3}	22.05	(-0.7)	3/22
6	Lexus KUTZ	SO	#2 Cedar Crest {2}	22.13	(1.9)	4/12
7	Emma CASSEL	FR	#3 Lancaster Bible {2}	22.47	(1.7)	4/5

## Women's 200 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	26.17w	(2.3)	4/5
2	Trista MILLER	SR	#5 Carlow (Pa.) {2}	27.05w	(2.1)	4/12
3	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	27.19	(0.4)	4/18
4	Rocksann SMITH	FR	#1 St. Mary's (Md.)	27.88	(0.5)	4/12
5	Lizzie DIMOV	FR	#3 Lancaster Bible	28.00	(0.0)	4/12
6	Destiny SAMUELS	FR	#4 Penn State Harrisburg	28.02	(-0.8)	4/12
7	Avery ARIZZI	SO	#1 St. Mary's (Md.) {2}	28.03w	(3.3)	4/12
8	Keira MASON		#1 St. Mary's (Md.) {3}	28.57	(0.7)	3/29
9	Linsey NESTER	SR	#2 Cedar Crest	28.60	(1.9)	4/5
10	Mel VAL	FR	#2 Cedar Crest {2}	28.64	(-0.3)	3/29

## Women's 400 Meters

1	Molly WAGNER	SR	#5 Carlow (Pa.)	1:00.74		4/5
2	Destiny SAMUELS	FR	#4 Penn State Harrisburg	1:01.39		4/17
3	Avery ARIZZI	SO	#1 St. Mary's (Md.)	1:02.39		4/19
4	Linsey NESTER	SR	#2 Cedar Crest	1:05.88		3/29
5	Mel VAL	FR	#2 Cedar Crest {2}	1:06.18		4/5
6	Mi'Leah COTTON	FR	#1 St. Mary's (Md.) {2}	1:07.17		3/22
7	Ella CLOAK	JR	#5 Carlow (Pa.) {2}	1:07.32		3/29
8	Chloe TOLSON	JR	#1 St. Mary's (Md.) {3}	1:07.35		3/22
9	Teni OLAYINKA-YUSUF	FR	#7 Penn State Abington	1:07.82		4/5
10	Oluwadamilola AKINSANYA	FR	#1 St. Mary's (Md.) {4}	1:08.93		4/19

## Women's 400 Meter Hurdles

1	Linsey NESTER	SR	#2 Cedar Crest	1:13.95		4/19
2	Zakiyyah SABIR	SR	#2 Cedar Crest {2}	1:20.93		4/5
3	Chay'La RIVERS	JR	#1 St. Mary's (Md.)	1:24.03		3/29
4	Dina JONES	JR	#1 St. Mary's (Md.) {2}	1:25.02		3/29
5	Elise GEIGER	FR	#1 St. Mary's (Md.) {3}	1:32.30		4/19
6	Lexus KUTZ	SO	#2 Cedar Crest {3}	1:35.15		4/19

## Women's 800 Meters

1	Mi'Leah COTTON	FR	#1 St. Mary's (Md.)	2:23.95		4/19
2	Macy WORONIECKI	FR	#1 St. Mary's (Md.) {2}	2:36.92		3/29
3	Avery ARIZZI	SO	#1 St. Mary's (Md.) {3}	2:36.93		3/22
4	Seana DOUGHERTY	FR	#3 Lancaster Bible	2:36.95		4/16
5	Erica COOK	FR	#2 Cedar Crest	2:38.29		3/29
6	Katie GARCIA	FR	#2 Cedar Crest {2}	2:41.18c (2:43.03)		4/19
7	Kylee ANTRIM	FR	#3 Lancaster Bible {2}	2:48.25		4/16
8	Cadee CAMERON	FR	#3 Lancaster Bible {3}	2:50.99		4/16
9	Rocksann SMITH	FR	#1 St. Mary's (Md.) {4}	2:51.73		4/12
10	Alyssa ROJAS	FR	#8 Notre Dame (Md)	2:56.72		4/5

## Women's 1500 Meters

1	Mi'Leah COTTON	FR	#1 St. Mary's (Md.)	4:59.43		3/29
2	Macy WORONIECKI	FR	#1 St. Mary's (Md.) {2}	5:15.01		3/29
3	Seana DOUGHERTY	FR	#3 Lancaster Bible	5:16.55		3/23
4	Abby AMES	SO	#3 Lancaster Bible {2}	5:17.91		3/23
5	Ella MITCHELL	FR	#1 St. Mary's (Md.) {3}	5:25.22		3/22
6	Cadee CAMERON	FR	#3 Lancaster Bible {3}	5:33.17		4/5
7	Kylee ANTRIM	FR	#3 Lancaster Bible {4}	5:38.45		3/29
8	Katie GARCIA	FR	#2 Cedar Crest	5:48.19		4/12
9	Erica COOK	FR	#2 Cedar Crest {2}	5:52.45		4/5
10	Laci SCHWIRIAN	JR	#5 Carlow (Pa.)	5:54.05		4/12

## Women's Steeplechase

1	Giada SMITH	FR	#2 Cedar Crest	14:11.51		4/19
2	Mackayla REED	SR	#2 Cedar Crest {2}	14:17.33		4/19
3	Elise GEIGER	FR	#1 St. Mary's (Md.)	15:09.92		3/22
4	Melina DHITAL	JR	#4 Penn State Harrisburg	15:30.57		4/12
5	Farangiz KHOLMATOVA	JR	#4 Penn State Harrisburg {2}	15:38.70		4/17

## Women's 5000 Meters

1	Seana DOUGHERTY	FR	#3 Lancaster Bible	18:44.14		3/29
2	Ella MITCHELL	FR	#1 St. Mary's (Md.)	19:46.91		4/19
3	Macy WORONIECKI	FR	#1 St. Mary's (Md.) {2}	19:51.93		4/19
4	Cadee CAMERON	FR	#3 Lancaster Bible {2}	20:18.76		4/12
5	Madison KINGSLEY	SO	#1 St. Mary's (Md.) {3}	22:23.08		3/22
6	Giada SMITH	FR	#2 Cedar Crest	22:56.83		3/29
7	Mackenna RANKIN	FR	#5 Carlow (Pa.)	23:13.30		4/5
8	Laci SCHWIRIAN	JR	#5 Carlow (Pa.) {2}	23:17.26		4/5
9	Ariana LECOURAS	SR	#1 St. Mary's (Md.) {4}	23:23.51		3/29
10	Olivia ARMSTRONG	SO	#6 Gallaudet	23:44.31		4/12



## Conference TFRI Event Summary



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## Women's 10,000 Meters

1	Seana DOUGHERTY	FR	#3 Lancaster Bible	39:21.85	4/12
2	Ella MITCHELL	FR	#1 St. Mary's (Md.)	43:37.36	4/5
3	Rosa JOHNSON	SO	#3 Lancaster Bible {2}	50:25.41	4/12
4	Farangiz KHOLMATOVA	JR	#4 Penn State Harri	51:47.17	4/5
5	Melina DHITAL	JR	#4 Penn State Harri{2}	52:00.58	4/5
6	Alexis HODGES	SO	#1 St. Mary's (Md.) {2}	53:31.75	4/5
7	Layna HORNER	FR	#4 Penn State Harri{3}	56:28.20	4/5

## Women's 4x100 Relay

1	Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner	#5 Carlow (Pa.)	50.63	4/5
2	#Type!	#1 St. Mary's (Md.)	52.07	4/19
3	Alyssa Maldonado, Linsey Nester, Krishana Brooks, Zakiiyah Sabir	#2 Cedar Crest	53.10	4/19
4	Faith Garber, Allison Robinson, Becky Dimov, Lizzie Dimov	#3 Lancaster Bible	55.09	4/16
5	Carson Villani, Destiny Samuels, Katrin Cavanaugh, Kaitlyn Davis	#4 Penn State Harri	56.29	4/12

## Women's 4x400 Relay

1	Ella Cloak, Laci Schwirian, Molly Wagner, Trista Miller	#5 Carlow (Pa.)	4:28.41	3/29
2	Linsey Nester, Erica Cook, Katie Garcia, Mel Val	#2 Cedar Crest	4:29.35c (4:32.92)	4/19
3	#Type!	#1 St. Mary's (Md.)	4:33.34	4/19
4	Faith Garber, Cadee Cameron, Kylee Antrim, Lizzie Dimov	#3 Lancaster Bible	4:39.00	4/16
5	Melina Dhital, Destiny Samuels, Katrin Cavanaugh, Layna Horner	#4 Penn State Harri	4:51.69	4/17

## Women's High Jump

1	Carson VILLANI	FR	#4 Penn State Harri	1.55m	5-1	4/17
2	Rocksann SMITH	FR	#1 St. Mary's (Md.)	1.48m	4-10¼	3/22
3	Emma CASSEL	FR	#3 Lancaster Bible	1.35m	4-5	3/23
4	Olivia HORNINGER	JR	#2 Cedar Crest	1.31m	4-3½	3/22
5	Faith GARBER	SO	#3 Lancaster Bible {2}	1.20m	3-11¼	4/12

## Women's Pole Vault

1	Katrin CAVANAUGH	SO	#4 Penn State Harri	2.95m	9-8	4/17
2	Emma MCMURRAY	JR	#3 Lancaster Bible	2.81m	9-2½	4/12
3	Alecia MILLER	SO	#6 Gallaudet	1.69m	5-6½	4/5

## Women's Long Jump

1	Rocksann SMITH	FR	#1 St. Mary's (Md.)	4.88m	16-¼ (-3.5)	4/12
2	Sydney TAYLOR	SO	#5 Carlow (Pa.)	4.73m	15-6¼ (1.8)	3/29
3	Keira MASON		#1 St. Mary's (Md.) {2}	4.71m	15-5½ (0.1)	3/29
4	Leia DAY	JR	#5 Carlow (Pa.) {2}	4.52m	14-10 (0.0)	4/12
5	Faith GARBER	SO	#3 Lancaster Bible	4.31m	14-1¼ (1.2)	3/23
6	Lizzie DIMOV	FR	#3 Lancaster Bible {2}	4.27m	14-¼ (0.6)	3/23
7	Olivia HORNINGER	JR	#2 Cedar Crest	4.23mw	13-10½ (2.6)	3/22
8	Saffiyah GIBSON	SO	#1 St. Mary's (Md.) {3}	4.16m	13-7¾ (1.5)	4/19
9	Trista MILLER	SR	#5 Carlow (Pa.) {3}	4.15m	13-7½ (0.0)	4/12
10	Emma CASSEL	FR	#3 Lancaster Bible {3}	3.95m	12-11½ (0.0)	3/29

## Women's Triple Jump

1	Sydney TAYLOR	SO	#5 Carlow (Pa.)	10.40m	34-1½ (0.0)	4/12
2	Rocksann SMITH	FR	#1 St. Mary's (Md.)	10.26m	33-8 (0.8)	4/19
3	Katrin CAVANAUGH	SO	#4 Penn State Harri	9.07m	29-9¼ (-1.8)	4/12

## Women's Shot Put

1	Martha WEAVER	SO	#3 Lancaster Bible	11.64m	38-2¼	4/5
2	Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	11.45m	37-6¾	3/22
3	Midajah DAVIS	SR	#6 Gallaudet	11.01m	36-1½	4/5
4	Isabella MCGUIRE	FR	#4 Penn State Harri	9.91m	32-6¼	3/29
5	Juliana OGRODOWSKI	JR	#5 Carlow (Pa.)	9.62m	31-6¾	3/29
6	Alana CONNER	JR	#2 Cedar Crest	9.56m	31-4½	4/12
7	Vera INNERST	FR	#3 Lancaster Bible {2}	9.51m	31-2½	4/16
8	Rocksann SMITH	FR	#1 St. Mary's (Md.) {2}	9.50m	31-2	4/5
9	Isabella BOZEN	JR	#2 Cedar Crest {2}	9.35m	30-8¼	4/5
10	Allison ROBINSON	SO	#3 Lancaster Bible {3}	9.00m	29-6½	4/5

## Women's Discus

1	Isabella BOZEN	JR	#2 Cedar Crest	34.70m	113-10	4/19
2	Isabella MCGUIRE	FR	#4 Penn State Harri	34.30m	112-7	3/22
3	Safiya STIMELY	SO	#1 St. Mary's (Md.)	34.08m	111-10	3/22
4	Mya WAAGE	JR	#5 Carlow (Pa.)	32.83m	107-9	3/29
5	Jillian ZUKLEY	SO	#1 St. Mary's (Md.) {2}	32.45m	106-6	3/29
6	Martha WEAVER	SO	#3 Lancaster Bible	30.46m	99-11¼	3/23
7	Elaina TORTA	JR	#4 Penn State Harri{2}	30.06m	98-7½	3/29
8	Gabrielle DEITRICH	SO	#4 Penn State Harri{3}	29.31m	96-2	3/22
9	Mackenzie SCHIRG	FR	#6 Gallaudet	28.99m	95-1½	3/29
10	Vera INNERST	FR	#3 Lancaster Bible {2}	26.88m	88-2¼	4/12

## Women's Hammer

1	Martha WEAVER	SO	#3 Lancaster Bible	40.49m	132-10	3/29
2	Elaina TORTA	JR	#4 Penn State Harri	38.59m	126-7	4/5
3	Jillian ZUKLEY	SO	#1 St. Mary's (Md.)	37.80m	124-0	4/19
4	Gabrielle DEITRICH	SO	#4 Penn State Harri{2}	35.80m	117-6	3/22
5	Fladaina BRUNO	JR	#1 St. Mary's (Md.) {2}	35.32m	115-11	4/19
6	Safiya STIMELY	SO	#1 St. Mary's (Md.) {3}	35.10m	115-2	4/19
7	Isabella MCGUIRE	FR	#4 Penn State Harri{3}	33.13m	108-9	3/22
8	Alana CONNER	JR	#2 Cedar Crest	32.66m	107-2	4/19
9	Midajah DAVIS	SR	#6 Gallaudet	29.94m	98-2¾	4/5
10	Isabella BOZEN	JR	#2 Cedar Crest {2}	29.65m	97-3½	3/22



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



UEC

as of 4/22/2025 12:04:13 AM ET

## Women's Javelin

1	95	Rocksann SMITH	FR	#1	St. Mary's (Md.)	35.98m	118-1	3/22
2		Isabella BOZEN	JR	#2	Cedar Crest	31.75m	104-2	4/19
3		Mackenzie SCHIRG	FR	#6	Gallaudet	30.89m	101-4	3/29
4		Isabella SEIBERT	FR	#4	Penn State Harri	30.04m	98-6¾	3/22
5		Martha WEAVER	SO	#3	Lancaster Bible	27.54m	90-4¼	4/12
6		Allison ROBINSON	SO	#3	Lancaster Bible {2}	25.48m	83-7¼	4/16
7		Symarah DREY	FR	#2	Cedar Crest	{2} 22.34m	73-3½	4/12
8		Juliana OGRODOWSKI	JR	#5	Carlow (Pa.)	21.17m	69-5½	4/12
9		Tray MOBRAW	JR	#1	St. Mary's (Md.) {2}	20.86m	68-5¼	4/19
10		Safiya STIMELY	SO	#1	St. Mary's (Md.) {3}	19.38m	63-7	3/29

## Women's Heptathlon

1	59	Rocksann SMITH	FR	#1	St. Mary's (Md.)	3,772	4/12
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## Conference TFRI Event Summary



UMAC

as of 4/22/2025 12:04:13 AM ET

## Women's 100 Meters

1	Deanna TRUCKSESS	SR	#4 Northwestern-S	12.76	(2.0)	4/12
2	Catelyn KETTERLING	FR	#6 North Central (M	12.84	(0.0)	4/16
3	Camille RING	SO	#5 Crown	12.96	(2.0)	4/12
4	Alvine NJOUNANG	SO	#4 Northwestern-S{2}	13.20	(0.0)	4/17
5	Grace MORAVCHIK	SO	#4 Northwestern-S{3}	13.36	(0.0)	4/17
6	Mariah SCHULTZ	FR	#2 Martin Luther	13.47w	(2.5)	4/18
6	Taryn ZELLMANN	FR	#7 Bethany Luthera	13.47	(1.8)	4/5
8	Aylie DAHL	SO	#1 UW-Superior	13.53w	(3.4)	4/5
9	Jazzmin CELIS	FR	#6 North Central (M{2}	13.59w	(3.5)	4/5
10	Deshawna HODGES	SO	#6 North Central (M{3}	13.63w	(2.8)	4/17

## Women's 100 Meter Hurdles

1	Camille RING	SO	#5 Crown	15.96w	(2.5)	4/19
2	Hannah RODMYRE	FR	#2 Martin Luther	16.71	(1.9)	4/12
3	Joyce HORTON	FR	#6 North Central (M	16.88	(-0.8)	4/12
4	Summer HESSELD AHL	SO	#1 UW-Superior	16.96w	(2.5)	4/12
5	Ari KLEIN	FR	#6 North Central (M{2}	17.11	(-0.6)	4/16
6	Mariah SCHULTZ	FR	#2 Martin Luther {2}	18.03	(1.7)	4/5
7	Eve ZIMMERMAN	FR	#3 Minnesota Morri	18.98	(0.9)	4/12
8	Keira HESSELD AHL	FR	#1 UW-Superior {2}	19.01	(0.7)	4/12
9	Riley TOIVONEN	FR	#1 UW-Superior {3}	19.09w	(2.6)	4/18
10	Bel DIMAZE	FR	#1 UW-Superior {4}	19.45w	(2.6)	4/18

## Women's 200 Meters

1	Catelyn KETTERLING	FR	#6 North Central (M	26.59c	(27.00) (-0.	4/16
2	Deanna TRUCKSESS	SR	#4 Northwestern-S	26.82	(1.1)	4/12
3	Brycelyn BREWSTER	JR	#6 North Central (M{2}	26.88c	(27.30) (-0.	4/16
4	Camille RING	SO	#5 Crown	27.15	(1.7)	3/28
5	Mariah SCHULTZ	FR	#2 Martin Luther	27.62	(1.8)	4/12
6	Naomi FOLEY	JR	#2 Martin Luther {2}	27.73	(1.8)	4/12
7	Taryn ZELLMANN	FR	#7 Bethany Luthera	27.81	(0.7)	3/28
8	Alvine NJOUNANG	SO	#4 Northwestern-S{2}	27.87w	(3.4)	3/28
9	Riley PING	SO	#7 Bethany Luthera{2}	28.00w	(2.1)	4/5
10	Lily CISKE	FR	#6 North Central (M{3}	28.11	(-0.1)	4/12

## Women's 400 Meters

1	Brycelyn BREWSTER	JR	#6 North Central (M	59.43c	(1:00.22)	4/16
2	Grace MORAVCHIK	SO	#4 Northwestern-S	1:00.89		4/5
3	Emery MAKI	SO	#4 Northwestern-S{2}	1:01.89		4/5
4	Deanna TRUCKSESS	SR	#4 Northwestern-S{3}	1:02.18		4/17
5	Alvine NJOUNANG	SO	#4 Northwestern-S{4}	1:02.64		4/12
6	Naomi FOLEY	JR	#2 Martin Luther	1:03.13c	(1:03.97)	4/16
7	Lindsey MORRISON	FR	#5 Crown	1:04.31		4/5
8	Meghan CORBETT	FR	#4 Northwestern-S{5}	1:04.38		4/17
9	Taryn ZELLMANN	FR	#7 Bethany Luthera	1:04.47		4/12
10	Riley PING	SO	#7 Bethany Luthera{2}	1:04.55		3/28

## Women's 400 Meter Hurdles

1	53 Grace MORAVCHIK	SO	#4 Northwestern-S	1:04.86		4/12
2	Brayli REIMER	SO	#5 Crown	1:08.64		4/19
3	Emma NELSON	SR	#2 Martin Luther	1:08.65		4/16
4	Joyce HORTON	FR	#6 North Central (M	1:11.61		4/12
5	Mariah SCHULTZ	FR	#2 Martin Luther {2}	1:11.89		4/16
6	Eve ZIMMERMAN	FR	#3 Minnesota Morri	1:18.15		4/19
7	Macie VANDENHEUVEL	JR	#2 Martin Luther {3}	1:18.42		4/12
8	Summer HESSELD AHL	SO	#1 UW-Superior	1:20.02		4/12
9	Keira HESSELD AHL	FR	#1 UW-Superior {2}	1:25.18		4/12
10	Kenzy KREUZER	SR	#1 UW-Superior {3}	1:25.50		3/28

## Women's 800 Meters

1	Emery MAKI	SO	#4 Northwestern-S	2:18.37		4/12
2	Ruth BRUECKNER	JR	#5 Crown	2:18.90		4/19
3	Ella DUFAULT	SO	#5 Crown {2}	2:19.36		4/19
4	Simone STEPHENS	SO	#1 UW-Superior	2:23.19		4/12
5	Meghan CORBETT	FR	#4 Northwestern-S{2}	2:25.37		4/12
6	Mia ARROYO	FR	#5 Crown {3}	2:26.48		4/12
7	Savi RAE	SO	#6 North Central (M	2:27.33		4/12
8	Brycelyn BREWSTER	JR	#6 North Central (M{2}	2:27.81		4/12
9	Lindsey MORRISON	FR	#5 Crown {4}	2:29.36		3/28
10	Halle BARKER	SR	#1 UW-Superior {2}	2:31.28		4/12

## Women's 1500 Meters

1	Emery MAKI	SO	#4 Northwestern-S	4:52.46		4/5
2	Simone STEPHENS	SO	#1 UW-Superior	4:52.82		4/18
3	Ella DUFAULT	SO	#5 Crown	4:52.98		3/28
4	Halle BARKER	SR	#1 UW-Superior {2}	4:59.85		4/12
5	Ruth BRUECKNER	JR	#5 Crown {2}	5:00.26		3/28
6	Mia ARROYO	FR	#5 Crown {3}	5:01.83		4/19
7	Jemimah HABBEN	FR	#2 Martin Luther	5:07.65		4/16
8	Tea BOERNER	SR	#1 UW-Superior {3}	5:10.85		4/12
9	Cora HUDELLA	JR	#1 UW-Superior {4}	5:12.89		4/12
10	Meghan CORBETT	FR	#4 Northwestern-S{2}	5:14.11		4/5

## Women's Steeplechase

1	70 Ella DUFAULT	SO	#5 Crown	11:26.00		4/12
2	Jemimah HABBEN	FR	#2 Martin Luther	12:20.91		4/18
3	Ruth BRUECKNER	JR	#5 Crown {2}	12:29.26		4/5
4	Olivia STANLEY	FR	#5 Crown {3}	13:00.58		4/12
5	Lilley SMITH	SO	#1 UW-Superior	13:00.93		4/12
6	Lindsey MORRISON	FR	#5 Crown {4}	13:04.51		4/5
7	Gracelyn FOSTER	FR	#5 Crown {5}	13:29.46		4/19
8	Jessica REDMAN	SO	#6 North Central (M	13:35.53		4/12
9	Maya HABBEN	SR	#2 Martin Luther {2}	13:48.74		4/18
10	Lindsey HAUSE	FR	#3 Minnesota Morri	14:07.90		4/12



## Conference TFRI Event Summary



UMAC

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## Women's 5000 Meters

1	Ella DUFAULT	SO	#5 Crown	18:48.22	4/19
2	Halle BARKER	SR	#1 UW-Superior	18:57.51	4/5
3	Simone STEPHENS	SO	#1 UW-Superior {2}	19:00.11	4/5
4	Emery MAKI	SO	#4 Northwestern-Si	19:05.85	3/28
5	Ruth BRUECKNER	JR	#5 Crown {2}	19:16.55	4/19
6	Tea BOERNER	SR	#1 UW-Superior {3}	19:17.66	4/5
7	Sylvia PESCH	SO	#3 Minnesota Morri	19:30.29	4/19
8	Cora HUDELLA	JR	#1 UW-Superior {4}	19:39.61	4/5
9	Lilley SMITH	SO	#1 UW-Superior {5}	19:54.88	4/18
10	Jemimah HABBEN	FR	#2 Martin Luther	20:03.35	4/12

## Women's 4x100 Relay

1	Mariah Schultz, Macie VanDenHeuvel, Hannah Rodmyre, Grace Powers	#2 Martin Luther	53.14	4/12
1	Alvine Njounang, Deanna Trucksess, Faith Matvey, Grace Moravchik	#4 Northwestern-Si	53.14	4/17
3	Bel Dimaze, Summer Hesseldahl, Lillianna Jones, Cora Schmitz	#1 UW-Superior	53.34	4/12
4	Emma Rowen, Taryn Zellmann, Samantha Kedsch, Riley Ping	#7 Bethany Luthera	53.64	4/5

## Women's 4x400 Relay

1	Ruth Brueckner, Mia Arroyo, Ella Dufault, Olivia Stanley	#5 Crown	4:17.00	4/12
2	Mariah Schultz, Naomi Foley, Hannah Rodmyre, Emma Nelson	#2 Martin Luther	4:21.61	4/12
3	Meghan Corbett, Kimberlyn Case, Samary Acuna, Faith Matvey	#4 Northwestern-Si	4:31.45	4/17
4	Taylor DeCook, Simone Stephens, Scarlett Vanderscheuren, Tea Boerner	#1 UW-Superior	4:34.40	4/12

## Women's High Jump

1	Naomi WALLACE	FR	#4 Northwestern-Si	1.50m	4-11	4/12
1	Elena BRAUER	JR	#2 Martin Luther	1.50m	4-11	3/28
3	Ella SCHLEI	JR	#2 Martin Luther {2}	1.47m	4-9¾	4/12
4	Olivia STANLEY	FR	#5 Crown	1.45m	4-9	4/12
4	Bel DIMAZE	FR	#1 UW-Superior	1.45m	4-9	3/28
4	Trinity VERRETT	FR	#5 Crown	1.45m	4-9	3/28
7	Lily HUBBARD	FR	#4 Northwestern-Si {2}	1.43m	4-8¼	4/17
8	Joyce HORTON	FR	#6 North Central (M	1.40m	4-7	4/16
9	Lindsey HAUSE	FR	#3 Minnesota Morri	1.35m	4-5	4/19
10	Lily CISKE	FR	#6 North Central (M {2}	1.28m	4-2¼	4/5
10	Riley TOIVONEN	FR	#1 UW-Superior {2}	1.28m	4-2¼	4/5

## Women's Pole Vault

1	Hannah HUTTON	FR	#1 UW-Superior	3.07m	10-¾	4/18
2	Brynna YORK	FR	#3 Minnesota Morri	2.90m	9-6¼	4/12
3	Kayela PUTNAM	FR	#1 UW-Superior {2}	2.77m	9-1	4/18
4	Naomi FOLEY	JR	#2 Martin Luther	2.60m	8-6¼	4/5
4	Siri OVERTURF	JR	#3 Minnesota Morri {2}	2.60m	8-6¼	4/5
6	McKenna NASH	SO	#1 UW-Superior {3}	2.30m	7-6½	4/5
6	Abbie HOUGH	SO	#5 Crown	2.30m	7-6½	4/5
6	Maggie LANDWER	SR	#3 Minnesota Morri {3}	2.30m	7-6½	4/5
9	Keira HESSELD AHL	FR	#1 UW-Superior {4}	2.25m	7-4½	4/12
10	Kenzy KREUZER	SR	#1 UW-Superior {5}	1.80m	5-10¾	4/12

## Women's Long Jump

1	Samantha KEDSCH	FR	#7 Bethany Luthera	5.09m	16-8½ (2.0)	3/28
2	Hannah RODMYRE	FR	#2 Martin Luther	5.07m	16-7¾ (0.6)	4/12
3	Stephanie WITBROD	SR	#7 Bethany Luthera {2}	5.05m	16-7 (-0.1)	4/12
4	Grace MORAVCHIK	SO	#4 Northwestern-Si	5.01mw	16-5¼ (3.2)	4/12
5	Summer HESSELD AHL	SO	#1 UW-Superior	4.96m	16-3¼ (1.9)	4/12
6	Aylie DAHL	SO	#1 UW-Superior {2}	4.80mw	15-9 (3.0)	4/12
7	Grace NONNEMACHER	FR	#1 UW-Superior {3}	4.75m	15-7 (0.0)	4/12
8	Bel DIMAZE	FR	#1 UW-Superior {4}	4.67m	15-4 (1.3)	4/12
9	Chloe BJORLIN	SO	#6 North Central (M	4.48m	14-8½ (1.7)	4/16
10	Myla VOLK	JR	#1 UW-Superior {5}	4.45mw	14-7¼ (3.3)	4/12

## Women's Triple Jump

1	Joyce HORTON	FR	#6 North Central (M	10.61m	34-9¾ (0.8)	4/12
2	Myla VOLK	JR	#1 UW-Superior	10.34m	33-11¼ (1.8)	4/18
2	Hannah RODMYRE	FR	#2 Martin Luther	10.34m	33-11¼ (2.0)	4/16
4	Aylie DAHL	SO	#1 UW-Superior {2}	10.29mw	33-9¾ (2.4)	4/12
5	Lily CISKE	FR	#6 North Central (M {2}	10.22m	33-6½ (1.4)	4/16
6	Samantha KEDSCH	FR	#7 Bethany Luthera	10.03m	32-11 (1.2)	4/5
7	Macie VANDENHEUVEL	JR	#2 Martin Luther {2}	9.78mw	32-1 (3.3)	4/16
8	Naomi FOLEY	JR	#2 Martin Luther {3}	9.19m	30-2 (1.4)	4/5
9	Maren NELSON	FR	#6 North Central (M {3}	8.99mw	29-6 (2.5)	4/16





# USTFCCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



UMAC

as of 4/22/2025 12:04:14 AM ET

## Women's Shot Put

1	<b>80</b>	Stephanie WITBROD	SR	#7	Bethany Luthera	<b>12.38m</b>	40-7½	3/28
2		Natalie ENRIGHT	SO	#3	Minnesota Morri	<b>11.66m</b>	38-3¼	4/12
3		Sidney BADER	JR	#1	UW-Superior	<b>11.17m</b>	36-7¾	4/12
4		Kory WINDISH	FR	#1	UW-Superior	{2} <b>11.10m</b>	36-5	4/12
5		Elise NOLTE	JR	#2	Martin Luther	<b>10.92m</b>	35-10	4/5
6		Emma NELSON	SR	#2	Martin Luther	{2} <b>10.87m</b>	35-8	<b>4/16</b>
7		Madelinn ROMSDAHL	JR	#2	Martin Luther	{3} <b>10.74m</b>	35-3	4/12
8		Amaya WILLIS	FR	#3	Minnesota Morri	{2} <b>10.55m</b>	34-7½	4/12
9		Ella SCHLEI	JR	#2	Martin Luther	{4} <b>10.14m</b>	33-3¼	4/12
10		Leah DOMKE	JR	#2	Martin Luther	{5} <b>9.71m</b>	31-10¼	4/5

## Women's Discus

1		Jordan BJORK	JR	#3	Minnesota Morri	<b>37.59m</b>	123-4	<b>4/19</b>
2		Amaya WILLIS	FR	#3	Minnesota Morri	{2} <b>37.49m</b>	123-0	4/12
3		Madelinn ROMSDAHL	JR	#2	Martin Luther	<b>35.75m</b>	117-4	4/12
4		Kory WINDISH	FR	#1	UW-Superior	<b>34.29m</b>	112-6	4/12
5		Ella SCHLEI	JR	#2	Martin Luther	{2} <b>33.41m</b>	109-8	4/5
6		Isabel MILLER	FR	#1	UW-Superior	{2} <b>32.85m</b>	107-10	<b>4/18</b>
7		Elise NOLTE	JR	#2	Martin Luther	{3} <b>32.44m</b>	106-5	<b>4/16</b>
8		Leah DOMKE	JR	#2	Martin Luther	{4} <b>31.83m</b>	104-5	4/5
9		Natalie ENRIGHT	SO	#3	Minnesota Morri	{3} <b>30.09m</b>	98-8¾	4/12
10		Sidney BADER	JR	#1	UW-Superior	{3} <b>29.90m</b>	98-1¼	4/12

## Women's Hammer

1	<b>68</b>	Stephanie WITBROD	SR	#7	Bethany Luthera	<b>47.58m</b>	156-1	4/12
2		Siri OVERTURF	JR	#3	Minnesota Morri	<b>41.22m</b>	135-3	<b>4/19</b>
3		Sidney BADER	JR	#1	UW-Superior	<b>40.70m</b>	133-7	4/12
4		Amaya WILLIS	FR	#3	Minnesota Morri	{2} <b>39.56m</b>	129-10	4/12
5		Kat PLACIDO	SO	#3	Minnesota Morri	{3} <b>37.08m</b>	121-8	4/12
6		Elise NOLTE	JR	#2	Martin Luther	<b>36.65m</b>	120-3	4/5
7		Anna BRIGGS	SR	#3	Minnesota Morri	{4} <b>36.17m</b>	118-8	4/5
8		Natalie ENRIGHT	SO	#3	Minnesota Morri	{5} <b>35.01m</b>	114-11	<b>4/19</b>
9		Madelinn ROMSDAHL	JR	#2	Martin Luther	{2} <b>34.72m</b>	113-11	4/5
10		Sydney COX	JR	#1	UW-Superior	{2} <b>33.92m</b>	111-4	4/12

## Women's Javelin

1	<b>76</b>	Emily ASHTON	JR	#4	Northwestern-St	<b>36.69m</b>	120-5	4/12
2	<b>91</b>	Sidney BADER	JR	#1	UW-Superior	<b>36.07m</b>	118-4	3/28
3		Jordan BJORK	JR	#3	Minnesota Morri	<b>34.60m</b>	113-6	4/5
4		Stephanie WITBROD	SR	#7	Bethany Luthera	<b>32.64m</b>	107-1	4/5
5		Elena BRAUER	JR	#2	Martin Luther	<b>32.07m</b>	105-3	<b>4/16</b>
6		Madelinn ROMSDAHL	JR	#2	Martin Luther	{2} <b>31.36m</b>	102-11	4/12
7		Rachel GROTH	SO	#2	Martin Luther	{3} <b>27.78m</b>	91-1¾	3/28
8		Natalie ENRIGHT	SO	#3	Minnesota Morri	{2} <b>26.73m</b>	87-8½	4/12
9		Paige DIEKMANN	JR	#3	Minnesota Morri	{3} <b>26.04m</b>	85-5¼	4/5
10		Riley TOIVONEN	FR	#1	UW-Superior	{2} <b>25.06m</b>	82-2¾	<b>4/18</b>

## Women's Heptathlon

1		Bel DIMAZE	FR	#1	UW-Superior	<b>2,779</b>		<b>4/18</b>
2		Riley TOIVONEN	FR	#1	UW-Superior	{2} <b>2,459</b>		<b>4/18</b>



## Conference TFRI Event Summary



## USA South

as of 4/22/2025 12:04:14 AM ET

## Women's 100 Meters

1	<b>10</b>	Kamiyah WOOTEN	SO	#6 North Carolina V	<b>11.80w</b>	(3.0)	4/5
2	<b>11</b>	Ti'asia BRYANT	SO	#6 North Carolina W{2}	<b>11.82</b>	(0.2)	4/12
3		KeSondra PICKETT	FR	#6 North Carolina W{3}	<b>12.67</b>	(0.4)	4/12
4		Sarah BARE	FR	#5 Brevard (N.C.)	<b>12.73w</b>	(2.3)	3/28
5		Mesiyah HOWELL	FR	#4 Pfeiffer	<b>13.00</b>	(0.4)	3/22
6		Abigail CLAYTON	FR	#2 Meredith	<b>13.07</b>	(-1.2)	4/12
7		Haylea Layne MILLER	SR	#5 Brevard (N.C.) {2}	<b>13.09</b>	(0.9)	4/12
8		Erykalyn NEAL	JR	#3 Methodist	<b>13.14</b>	(-0.6)	3/8
9		Maia HUNT	FR	#1 Southern Virgini	<b>13.16</b>	(1.1)	4/5
10		Imani SINGLETON	JR	#5 Brevard (N.C.) {3}	<b>13.25</b>	(1.8)	3/28

## Women's 100 Meter Hurdles

1		Flo TORRES	SR	#1 Southern Virgini	<b>15.45w</b>	(2.3)	3/29
2		Katena MORRISON	SO	#3 Methodist	<b>16.35w</b>	(3.5)	4/5
3		Shandrey ALLMAN	JR	#1 Southern Virgini{2}	<b>16.59</b>	(1.9)	4/5
4		Elizabeth FOSTER	FR	#5 Brevard (N.C.)	<b>17.27w</b>	(2.4)	3/28
5		Haylea Layne MILLER	SR	#5 Brevard (N.C.) {2}	<b>17.69</b>	(1.0)	3/22
6		Ellie-Reed ZIMMERMAN	FR	#2 Meredith	<b>17.90</b>	(1.6)	3/8
7		Avery MCMILLAN	FR	#2 Meredith {2}	<b>18.35</b>	(1.9)	4/5
8		ZiNiyah CANNON	FR	#4 Pfeiffer	<b>21.24</b>	(0.8)	3/22

## Women's 200 Meters

1	<b>3</b>	Kamiyah WOOTEN	SO	#6 North Carolina V	<b>23.74w</b>	(2.5)	4/5
2	<b>59</b>	Ti'asia BRYANT	SO	#6 North Carolina W{2}	<b>24.94</b>	(0.0)	4/12
3		Mesiyah HOWELL	FR	#4 Pfeiffer	<b>25.62w</b>	(3.6)	4/5
4		Treasure ROSARIO-WATSON	JR	#3 Methodist	<b>25.69</b>	(0.3)	4/12
5		Flo TORRES	SR	#1 Southern Virgini	<b>26.03</b>	(-0.2)	<b>4/19</b>
6		Abigail CLAYTON	FR	#2 Meredith	<b>26.09</b>	(1.2)	4/5
7		Sarah BARE	FR	#5 Brevard (N.C.)	<b>26.45w</b>	(3.1)	4/12
8		Abrianna CASAREZ	FR	#2 Meredith {2}	<b>26.70w</b>	(3.1)	4/5
9		Erykalyn NEAL	JR	#3 Methodist {2}	<b>27.41</b>	(-0.1)	3/29
10		Quierra HAWKINS	SR	#3 Methodist {3}	<b>27.80</b>	(0.1)	3/29

## Women's 400 Meters

1	<b>14</b>	Kamiyah WOOTEN	SO	#6 North Carolina V	<b>55.81</b>		4/12
2		Treasure ROSARIO-WATSON	JR	#3 Methodist	<b>58.49</b>		4/12
3		Channing BARKER	SR	#5 Brevard (N.C.)	<b>59.07</b>		4/4
4		Abigail CLAYTON	FR	#2 Meredith	<b>59.55</b>		4/5
5		Mesiyah HOWELL	FR	#4 Pfeiffer	<b>59.68</b>		3/29
6		Ti'asia BRYANT	SO	#6 North Carolina W{2}	<b>1:00.90</b>		3/8
7		Katelyn LENTZ	SO	#4 Pfeiffer {2}	<b>1:02.04</b>		3/22
8		Abrianna CASAREZ	FR	#2 Meredith {2}	<b>1:02.07</b>		4/5
9		KeSondra PICKETT	FR	#6 North Carolina W{3}	<b>1:02.19</b>		4/12
10		Ryan GERMAIN	FR	#4 Pfeiffer {3}	<b>1:04.17</b>		4/5

## Women's 400 Meter Hurdles

1		Flo TORRES	SR	#1 Southern Virgini	<b>1:06.99</b>		3/29
2		Katena MORRISON	SO	#3 Methodist	<b>1:08.90</b>		4/5
3		Abrianna CASAREZ	FR	#2 Meredith	<b>1:11.18</b>		4/12
4		Shandrey ALLMAN	JR	#1 Southern Virgini{2}	<b>1:11.53</b>		4/5
5		Haylea Layne MILLER	SR	#5 Brevard (N.C.)	<b>1:12.09</b>		4/12
6		Ellie-Reed ZIMMERMAN	FR	#2 Meredith {2}	<b>1:18.71</b>		4/12
7		ZiNiyah CANNON	FR	#4 Pfeiffer	<b>1:20.33</b>		4/12

## Women's 800 Meters

1	<b>27</b>	Heidi BARTON	JR	#1 Southern Virgini	<b>2:12.94</b>		<b>4/19</b>
2	<b>65</b>	Channing BARKER	SR	#5 Brevard (N.C.)	<b>2:16.19</b>		3/28
3		Katelyn LENTZ	SO	#4 Pfeiffer	<b>2:24.98</b>		3/29
4		Ryan GERMAIN	FR	#4 Pfeiffer {2}	<b>2:29.84</b>		3/29
5		Lilly DALEBOUT	SR	#1 Southern Virgini{2}	<b>2:31.20</b>		3/22
6		Izzy WALLEY	FR	#1 Southern Virgini{3}	<b>2:31.90</b>		4/12
7		Jasmine DE SOUZA	FR	#1 Southern Virgini{4}	<b>2:34.13</b>		4/12
8		Caitlin BROWN	JR	#2 Meredith	<b>2:36.08</b>		4/12
9		Delaney BUNDY	SO	#2 Meredith {2}	<b>2:37.18</b>		4/12
10		Hayley BORST	SO	#4 Pfeiffer {3}	<b>2:43.59</b>		4/12

## Women's 1500 Meters

1	<b>99</b>	Heidi BARTON	JR	#1 Southern Virgini	<b>4:41.81</b>		3/22
2		Channing BARKER	SR	#5 Brevard (N.C.)	<b>4:53.26</b>		3/22
3		Bayleigh REDD	SR	#1 Southern Virgini{2}	<b>4:57.07</b>		3/22
4		Caroline MOTLEY	SR	#7 Mary Baldwin	<b>5:04.41</b>		3/29
5		Nicky BLACK	FR	#7 Mary Baldwin {2}	<b>5:06.24</b>		4/11
6		Lilly DALEBOUT	SR	#1 Southern Virgini{3}	<b>5:08.15</b>		<b>4/19</b>
7		Ryan GERMAIN	FR	#4 Pfeiffer	<b>5:08.35</b>		4/12
8		Katelyn LENTZ	SO	#4 Pfeiffer {2}	<b>5:16.38</b>		4/5
9		Jasmine DE SOUZA	FR	#1 Southern Virgini{4}	<b>5:18.47</b>		3/29
10		Izzy WALLEY	FR	#1 Southern Virgini{5}	<b>5:19.28</b>		<b>4/19</b>

## Women's Steeplechase

1	<b>77</b>	Bayleigh REDD	SR	#1 Southern Virgini	<b>11:29.10</b>		3/22
2		Makayla BORST	SO	#4 Pfeiffer	<b>12:57.95</b>		4/12

## Women's 5000 Meters

1		Maddie HLADIK	SO	#4 Pfeiffer	<b>18:17.97</b>		4/12
2		Nicky BLACK	FR	#7 Mary Baldwin	<b>18:36.86</b>		3/22
3		Lilly DALEBOUT	SR	#1 Southern Virgini	<b>18:45.36</b>		4/12
4		Heidi BARTON	JR	#1 Southern Virgini{2}	<b>18:54.80</b>		3/22
5		Caroline MOTLEY	SR	#7 Mary Baldwin {2}	<b>19:32.58</b>		3/29
6		Channing BARKER	SR	#5 Brevard (N.C.)	<b>19:43.71</b>		4/4
7		Jasmine DE SOUZA	FR	#1 Southern Virgini{3}	<b>19:59.93</b>		4/12
8		Hayley BORST	SO	#4 Pfeiffer {2}	<b>20:20.90</b>		4/12
9		Laura BROWN	JR	#2 Meredith	<b>21:14.56</b>		4/12
10		Delaney BUNDY	SO	#2 Meredith {2}	<b>21:44.36</b>		3/29

## Women's 10,000 Meters

1		Lilly DALEBOUT	SR	#1 Southern Virgini	<b>39:58.76</b>		4/5
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# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



USA South

as of 4/22/2025 12:04:14 AM ET

## Women's 4x100 Relay

1	Erykalyne Neal, Treasure Rosario- watson, Quierra Hawkins, Kayleen Grullon	#3 Methodist	50.17	3/29
2	Serenity Jordan, Sarah Bare, Haylea Layne Miller, Imani Singleton	#5 Brevard (N.C.)	50.29	4/4
3	T'Miya Bryant, Ti'asia Bryant, KeSondra Pickett, Kamiyah Wooten	#6 North Carolina V	50.31	4/5
4	Shandrey Allman, Elise Curtis, Maia Hunt, Flo Torres	#1 Southern Virgini	50.37	3/22
5	Abigail Clayton, Natasha Elder, Maddie Morton, Abrianna Casarez	#2 Meredith	51.94	4/5
6	Mesiyah Howell, ZiNiyah Cannon, Ryan Germain, Katelyn Lentz	#4 Pfeiffer	53.94	4/12

## Women's 4x400 Relay

1	Maddie Morton, Natasha Elder, Abrianna Casarez, Abigail Clayton	#2 Meredith	4:17.66	4/12
2	Katelyn Lentz, Ryan Germain, Makayla Borst, Mesiyah Howell	#4 Pfeiffer	4:20.83	4/12
3	Heidi Barton, Izzy Walley, Jasmine De Souza, Lilly Dalebout	#1 Southern Virgini	4:22.35	4/19
4	Serenity Jordan, Haylea Layne Miller, Kayla Jean, Channing Barker	#5 Brevard (N.C.)	4:22.46	4/12
5	#Type!	#6 North Carolina V	4:22.55	4/5
6	Treasure Rosario- watson, Patti Busch, Alexandria Wilborn, Katena Morrison	#3 Methodist	4:27.39	4/5

## Women's High Jump

1	5 Marin SIMONS	FR #1 Southern Virgini	1.68m	5-6	4/19
2	Jilane PEDERSEN	SR #1 Southern Virgini{2}	1.51m	4-11½	4/5
3	Elise CURTIS	SO #1 Southern Virgini{3}	1.45m	4-9	4/12
3	Kayleen GRULLON	FR #3 Methodist	1.45m	4-9	3/22
5	Elyssa HOLMAN	SO #1 Southern Virgini{4}	1.44m	4-8¾	3/22
6	Treasure ROSARIO- WATSON	JR #3 Methodist	{2} 1.40m	4-7	3/29
7	Avery MCMILLAN	FR #2 Meredith	1.25m	4-1¼	3/29

## Women's Pole Vault

1	Surraiya MAHMUD	FR #1 Southern Virgini	3.25m	10-8	4/5
2	Sophia WELLS	FR #1 Southern Virgini{2}	2.30m	7-6½	4/19

## Women's Long Jump

1	Andee NELSON	FR #1 Southern Virgini	4.99m	16-4½ (1.1)	4/19
2	Imani SINGLETON	JR #5 Brevard (N.C.)	4.94m	16-2½ (-1.4)	4/4
3	KeSondra PICKETT	FR #6 North Carolina V	4.92m	16-1¾ (-1.7)	3/22
4	Elyssa HOLMAN	SO #1 Southern Virgini{2}	4.72m	15-6 (0.1)	4/12
5	Halona BRYANT	FR #2 Meredith	4.71m	15-5½ (0.2)	4/12
5	Kayleen GRULLON	FR #3 Methodist	4.71m	15-5½ (1.9)	3/8
7	Arriana WHITE	SO #3 Methodist	{2} 4.53m	14-10½ (0.0)	4/12
8	Elizabeth FOSTER	FR #5 Brevard (N.C.)	{2} 4.46m	14-7¾ (0.1)	4/4
9	Niya JOHNSON	SO #3 Methodist	{3} 4.25m	13-11½ (-0)	3/22
10	Jaelyne THORNTON	FR #2 Meredith	{2} 4.15m	13-7½ (1.3)	3/8

## Women's Triple Jump

1	36 Treasure ROSARIO- WATSON	JR #3 Methodist	11.45mw	37-6¾ (2.5)	4/5
2	KeSondra PICKETT	FR #6 North Carolina V	10.86m	35-7¾ (-2.4)	3/22
3	Imani SINGLETON	JR #5 Brevard (N.C.)	10.55m	34-7½ (0.0)	4/4
4	Kendall CARROLL	SO #2 Meredith	10.47m	34-4¼ (1.0)	3/8
5	Katena MORRISON	SO #3 Methodist	{2} 10.03mw	32-11 (2.1)	3/22
6	Elyssa HOLMAN	SO #1 Southern Virgini	9.72m	31-10¾ (1.1)	4/12
7	Halona BRYANT	FR #2 Meredith	{2} 8.98m	29-5½ (0.0)	4/12

## Women's Shot Put

1	Christian VAN NORDEN	SR #6 North Carolina V	12.03m	39-5¾	3/22
2	Surraiya MAHMUD	FR #1 Southern Virgini	11.14m	36-6¾	3/22
3	Athena MOWATT	SO #2 Meredith	11.06m	36-3½	4/5
4	Rebecca MCGAUGHNEA	SR #3 Methodist	10.34m	33-11¼	4/12
5	Paris BENNETT	SO #4 Pfeiffer	10.21m	33-6	4/12
6	KJ HENDERSON	SO #5 Brevard (N.C.)	9.82m	32-2¾	4/12
7	Carmin DAVIS	FR #3 Methodist	{2} 9.66m	31-8½	3/8
8	Makayla ANDERSON	SO #4 Pfeiffer	{2} 9.64m	31-7½	4/12
9	Maddie MORTON	FR #2 Meredith	{2} 8.44m	27-8¼	3/29
10	Hazel ALLEN	FR #1 Southern Virgini{2}	8.23m	27-0	4/19

## Women's Discus

1	Paris BENNETT	SO #4 Pfeiffer	34.50m	113-2	4/12
2	Rebecca MCGAUGHNEA	SR #3 Methodist	33.51m	109-11	3/29
3	Hazel ALLEN	FR #1 Southern Virgini	31.95m	104-10	4/19
4	Surraiya MAHMUD	FR #1 Southern Virgini{2}	29.73m	97-6½	4/19
5	Makayla ANDERSON	SO #4 Pfeiffer	{2} 29.63m	97-2½	3/29
6	Athena MOWATT	SO #2 Meredith	27.31m	89-7¼	3/29
7	Samantha CARMICHAEL	SO #2 Meredith	{2} 27.11m	88-11½	3/29
8	Mason RINKER	FR #7 Mary Baldwin	24.22m	79-5½	3/29
9	Carmin DAVIS	FR #3 Methodist	{2} 23.17m	76-¼	4/5
10	Jordan PECORELLA	SR #3 Methodist	{3} 22.71m	74-6¼	4/12



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## USA South

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### Women's Hammer

1	Katrina GARDNER	SO	#1 Southern Virgini	39.99m	131-3	4/5
2	Rebecca MCGAUGHNEA	SR	#3 Methodist	37.23m	122-2	4/5
3	Kinsley BURRIS-WHITESIDES	FR	#5 Brevard (N.C.)	35.66m	117-0	3/28
4	Makayla ANDERSON	SO	#4 Pfeiffer	35.58m	116-9	3/22
5	Jordan PECORELLA	SR	#3 Methodist	{2} 35.15m	115-4	4/5
6	Hazel ALLEN	FR	#1 Southern Virgini	{2} 30.09m	98-8¾	3/22
7	Samantha CARMICHAEL	SO	#2 Meredith	29.58m	97-¾	3/29
8	Athena MOWATT	SO	#2 Meredith	{2} 27.42m	89-11½	4/12
9	Polosomo RHYNE	FR	#1 Southern Virgini	{3} 27.40m	89-10¾	4/12
10	Lamiyah MARTINEZ	SR	#7 Mary Baldwin	22.72m	74-6½	4/11

### Women's Javelin

1	Jilane PEDERSEN	SR	#1 Southern Virgini	35.68m	117-1	4/19
2	Andee NELSON	FR	#1 Southern Virgini	{2} 30.53m	100-2	3/29
3	Katrina GARDNER	SO	#1 Southern Virgini	{3} 28.40m	93-2¼	4/12
4	Athena MOWATT	SO	#2 Meredith	28.28m	92-9½	4/5
5	Hazel ALLEN	FR	#1 Southern Virgini	{4} 25.22m	82-9	4/12
6	Samantha CARMICHAEL	SO	#2 Meredith	{2} 24.48m	80-3¾	3/29
7	Alma GONZALEZ-HAYES	FR	#7 Mary Baldwin	24.11m	79-1¼	4/11
8	Christian VAN NORDEN	SR	#6 North Carolina V	23.60m	77-5¼	3/22
9	Caidyn BARRIGER	JR	#3 Methodist	22.57m	74-¾	4/12
10	KJ HENDERSON	SO	#5 Brevard (N.C.)	18.95m	62-2¼	4/12



# USTFCCA NCAA Division III Outdoor Track & Field Conference TFRI Event Summary

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WIAC

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## Women's 100 Meters

1	<b>1</b>	Lauren JARRETT	JR	<b>#1</b> UW-La Crosse	<b>11.23</b>	(1.9)	<b>4/18</b>
2	<b>4</b>	Dakota MITCHELL	FR	<b>#4</b> UW-Whitewater	<b>11.69w</b>	(3.3)	<b>4/18</b>
3	<b>16</b>	Cici STENNETT	FR	<b>#4</b> UW-Whitewater {2}	<b>11.90w</b>	(3.3)	<b>4/18</b>
4	<b>23</b>	Isabel PETERSON	JR	<b>#6</b> UW-Platteville	<b>11.98w</b>	(3.3)	<b>4/18</b>
5	<b>26</b>	Kelly HUERTA	FR	<b>#4</b> UW-Whitewater {3}	<b>12.00w</b>	(3.3)	<b>4/18</b>
6	<b>34</b>	Makenna ZAK	JR	<b>#1</b> UW-La Crosse {2}	<b>12.08</b>	(0.4)	<b>4/18</b>
7	<b>37</b>	Angela DALE	FR	<b>#4</b> UW-Whitewater {4}	<b>12.10w</b>	(3.3)	<b>4/18</b>
8	<b>41</b>	Anika REILAND	SO	<b>#1</b> UW-La Crosse {3}	<b>12.12</b>	(1.1)	<b>4/18</b>
8	<b>41</b>	Danielle POUSKA	JR	<b>#4</b> UW-Whitewater {5}	<b>12.12w</b>	(3.3)	<b>4/18</b>
8	<b>41</b>	Julie YANG	FR	<b>#1</b> UW-La Crosse {3}	<b>12.12</b>	(0.2)	<b>4/18</b>

## Women's 100 Meter Hurdles

1	<b>5</b>	Hannah ZASTROW	SR	<b>#3</b> UW-Stout	<b>14.06w</b>	(2.6)	<b>4/18</b>
2	<b>25</b>	Kaylie RATHS	SR	<b>#3</b> UW-Stout {2}	<b>14.45w</b>	(2.3)	<b>4/18</b>
3	<b>28</b>	Lilly ROBERTS	JR	<b>#3</b> UW-Stout {3}	<b>14.49w</b>	(2.6)	<b>4/18</b>
4	<b>31</b>	Regan SCOTT	FR	<b>#1</b> UW-La Crosse	<b>14.59w</b>	(2.3)	<b>4/18</b>
5	<b>36</b>	Brie ECKERMAN	SO	<b>#1</b> UW-La Crosse {2}	<b>14.69w</b>	(2.3)	<b>4/18</b>
6	<b>52</b>	Emilee BOOKER	SR	<b>#2</b> UW-Eau Claire	<b>14.91w</b>	(2.7)	4/5
6	<b>52</b>	Olivia NAVIN	FR	<b>#1</b> UW-La Crosse {3}	<b>14.91w</b>	(2.3)	<b>4/18</b>
8	<b>57</b>	Megan ZEMKE	FR	<b>#1</b> UW-La Crosse {4}	<b>14.97w</b>	(3.6)	4/5
9	<b>64</b>	Lena BECKER	SR	<b>#4</b> UW-Whitewater	<b>15.02</b>	(0.6)	<b>4/18</b>
10	<b>70</b>	Brielle KUECHLE	FR	<b>#7</b> UW-River Falls	<b>15.04w</b>	(2.5)	<b>4/19</b>

## Women's 200 Meters

1	<b>2</b>	Lauren JARRETT	JR	<b>#1</b> UW-La Crosse	<b>23.69</b>	(-0.9)	<b>4/19</b>
2	<b>30</b>	Allyson KAKES	SO	<b>#2</b> UW-Eau Claire	<b>24.67</b>	(1.7)	<b>4/18</b>
3	<b>34</b>	Isabel PETERSON	JR	<b>#6</b> UW-Platteville	<b>24.72w</b>	(3.2)	<b>4/18</b>
4	<b>39</b>	Dakota MITCHELL	FR	<b>#4</b> UW-Whitewater	<b>24.78w</b>	(3.2)	<b>4/18</b>
5	<b>49</b>	Kelly HUERTA	FR	<b>#4</b> UW-Whitewater {2}	<b>24.85w</b>	(3.2)	<b>4/18</b>
6	<b>77</b>	Hannah BILODEAU	JR	<b>#4</b> UW-Whitewater {3}	<b>25.08w</b>	(3.2)	<b>4/18</b>
6	<b>77</b>	Makenna ZAK	JR	<b>#1</b> UW-La Crosse {2}	<b>25.08</b>	(1.2)	4/12
8	<b>84</b>	Anna PLAUTZ	SO	<b>#1</b> UW-La Crosse {3}	<b>25.15</b>	(1.2)	4/12
9	<b>91</b>	Anika REILAND	SO	<b>#1</b> UW-La Crosse {4}	<b>25.20</b>	(-0.1)	<b>4/19</b>
10		Julie YANG	FR	<b>#1</b> UW-La Crosse {5}	<b>25.30</b>	(-0.3)	4/12

## Women's 400 Meters

1	<b>28</b>	Anna PLAUTZ	SO	<b>#1</b> UW-La Crosse	<b>56.42</b>		4/12
2	<b>65</b>	Kylee GRABARSKI	JR	<b>#2</b> UW-Eau Claire	<b>57.62</b>		4/5
3	<b>76</b>	Macy REYBROCK	FR	<b>#1</b> UW-La Crosse {2}	<b>57.83</b>		<b>4/19</b>
4	<b>88</b>	Morgan JENNINGS	JR	<b>#1</b> UW-La Crosse {3}	<b>58.09</b>		4/12
5	<b>94</b>	Hannah BILODEAU	JR	<b>#4</b> UW-Whitewater	<b>58.21</b>		4/12
6		Sarah GRUBBS	SO	<b>#1</b> UW-La Crosse {4}	<b>58.40</b>		4/12
7		Ashley KELEHER	SR	<b>#1</b> UW-La Crosse {5}	<b>58.56</b>		4/12
7		Maddy LAVOI	SO	<b>#5</b> UW-Oshkosh	<b>58.56</b>		4/5
9		Mya CINNAMO	SO	<b>#2</b> UW-Eau Claire {2}	<b>58.79</b>		4/5
10		Josephine YURS	FR	<b>#6</b> UW-Platteville	<b>58.83</b>		<b>4/18</b>

## Women's 400 Meter Hurdles

1	<b>11</b>	Lilly ROBERTS	JR	<b>#3</b> UW-Stout	<b>1:02.46</b>		4/12
2	<b>29</b>	Kaylie RATHS	SR	<b>#3</b> UW-Stout {2}	<b>1:03.63</b>		4/12
3	<b>48</b>	McKenzie KRUSE	FR	<b>#2</b> UW-Eau Claire	<b>1:04.59</b>		4/12
4	<b>50</b>	Gretchen MCNEAL	JR	<b>#1</b> UW-La Crosse	<b>1:04.65</b>		<b>4/18</b>
5	<b>64</b>	Mya CINNAMO	SO	<b>#2</b> UW-Eau Claire {2}	<b>1:05.25</b>		4/12
6	<b>67</b>	Lauren DIMLER	JR	<b>#2</b> UW-Eau Claire {3}	<b>1:05.42</b>		4/12
7	<b>77</b>	Ava SULLIVAN	SO	<b>#1</b> UW-La Crosse {2}	<b>1:05.72</b>		<b>4/18</b>
8	<b>78</b>	Michaela DICK	SO	<b>#2</b> UW-Eau Claire {4}	<b>1:05.74</b>		<b>4/18</b>
9	<b>79</b>	Megan LIEBERS	SO	<b>#3</b> UW-Stout {3}	<b>1:05.76</b>		4/12
10		Brooklyn LAMERS	FR	<b>#2</b> UW-Eau Claire {5}	<b>1:06.43</b>		4/5

## Women's 800 Meters

1	<b>19</b>	Libby GEISNESS	SR	<b>#5</b> UW-Oshkosh	<b>2:12.08</b>		<b>4/17</b>
2	<b>44</b>	Macy REYBROCK	FR	<b>#1</b> UW-La Crosse	<b>2:14.34</b>		4/12
3	<b>46</b>	Lauren JEX	JR	<b>#2</b> UW-Eau Claire	<b>2:14.51</b>		4/12
4	<b>57</b>	Alli THOMAS	SO	<b>#1</b> UW-La Crosse {2}	<b>2:15.69</b>		<b>4/19</b>
5	<b>88</b>	Olivia STENZEL	JR	<b>#5</b> UW-Oshkosh {2}	<b>2:16.96</b>		<b>4/17</b>
6	<b>90</b>	Kylie STOCKTON	JR	<b>#1</b> UW-La Crosse {3}	<b>2:16.99</b>		4/12
7		Paige FASSBENDER	SR	<b>#4</b> UW-Whitewater	<b>2:18.45</b>		4/12
8		Emma BOEGH	FR	<b>#5</b> UW-Oshkosh {3}	<b>2:18.86</b>		4/12
9		Cyna MADIGAN	SR	<b>#5</b> UW-Oshkosh {4}	<b>2:20.41</b>		3/28
10		Katie ERB	JR	<b>#4</b> UW-Whitewater {2}	<b>2:20.55</b>		4/4

## Women's 1500 Meters

1	<b>52</b>	Amelia LEHMAN	SR	<b>#5</b> UW-Oshkosh	<b>4:37.16</b>		3/28
2	<b>54</b>	Libby GEISNESS	SR	<b>#5</b> UW-Oshkosh {2}	<b>4:37.49</b>		<b>4/18</b>
3	<b>73</b>	Ari DE LA CERDA	SR	<b>#4</b> UW-Whitewater	<b>4:39.98</b>		<b>4/18</b>
4		Ryana MATHIS	FR	<b>#1</b> UW-La Crosse	<b>4:43.78</b>		<b>4/18</b>
5		Becca IMMER	SO	<b>#1</b> UW-La Crosse {2}	<b>4:44.26</b>		4/5
6		Katie ERB	JR	<b>#4</b> UW-Whitewater {2}	<b>4:45.13</b>		3/28
7		Cyna MADIGAN	SR	<b>#5</b> UW-Oshkosh {3}	<b>4:45.20</b>		<b>4/17</b>
8		Lily HIGGINS	SO	<b>#1</b> UW-La Crosse {3}	<b>4:45.80</b>		4/5
9		Adison WILDE	FR	<b>#7</b> UW-River Falls	<b>4:47.01</b>		<b>4/19</b>
10		Breklyn LAMMERT	SR	<b>#3</b> UW-Stout	<b>4:47.63</b>		4/12

## Women's Steeplechase

1	<b>20</b>	Becca IMMER	SO	<b>#1</b> UW-La Crosse	<b>11:01.26</b>		3/28
2	<b>26</b>	Katelyn CHADWICK	SR	<b>#1</b> UW-La Crosse {2}	<b>11:09.00</b>		3/28
3	<b>33</b>	Lily HIGGINS	SO	<b>#1</b> UW-La Crosse {3}	<b>11:13.60</b>		<b>4/18</b>
4	<b>45</b>	Breklyn LAMMERT	SR	<b>#3</b> UW-Stout	<b>11:17.19</b>		<b>4/18</b>
5	<b>73</b>	Julia ZALEWSKI	FR	<b>#1</b> UW-La Crosse {4}	<b>11:27.23</b>		<b>4/18</b>
6	<b>83</b>	Elizabeth SCHWARTZ	SO	<b>#1</b> UW-La Crosse {5}	<b>11:31.77</b>		4/5
7	<b>96</b>	Bryn SATO	JR	<b>#1</b> UW-La Crosse {6}	<b>11:35.80</b>		4/5
8		Hanna MARTENSEN	FR	<b>#1</b> UW-La Crosse {7}	<b>11:44.79</b>		<b>4/18</b>
9		Ella PAHL	JR	<b>#1</b> UW-La Crosse {8}	<b>11:45.54</b>		<b>4/18</b>
10		Makaela MALIN	FR	<b>#8</b> UW-Stevens Poir	<b>11:48.65</b>		<b>4/18</b>





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WIAC

as of 4/22/2025 12:04:14 AM ET

## Women's 5000 Meters

1	19	Amelia LEHMAN	SR	#5 UW-Oshkosh	16:50.90	4/12
2	27	Lucy DUCHAC	JR	#1 UW-La Crosse	16:54.84	4/18
3	34	Ari DE LA CERDA	SR	#4 UW-Whitewater	17:05.25	4/12
4	62	McKayla FELTON	SR	#3 UW-Stout	17:22.42	4/12
5	80	Katelyn CHADWICK	SR	#1 UW-La Crosse	{2} 17:29.13	4/12
6	88	Claudia LASIOWSKI	SO	#3 UW-Stout	{2} 17:31.95	4/12
7	89	Olivia DONOHUE	SR	#3 UW-Stout	{3} 17:32.08	4/12
8	100	Madelynn MCINTYRE	SR	#1 UW-La Crosse	{3} 17:35.07	4/18
9		Reagan ZIMMERMAN	JR	#2 UW-Eau Claire	17:35.57	4/12
10		Keeley BEHR	JR	#2 UW-Eau Claire	{2} 17:38.00	4/12

## Women's 10,000 Meters

1	11	Lucy DUCHAC	JR	#1 UW-La Crosse	35:22.51	3/28
2	13	Madelynn MCINTYRE	SR	#1 UW-La Crosse	{2} 35:26.00	3/28
3	29	McKayla FELTON	SR	#3 UW-Stout	36:25.00	4/18
4	32	Keeley BEHR	JR	#2 UW-Eau Claire	36:33.60	4/18
5	36	Brooklyn LUEBKE	SO	#1 UW-La Crosse	{3} 36:51.65	3/28
6	44	Olivia DONOHUE	SR	#3 UW-Stout	{2} 37:18.28	4/18
7	50	Reagan ZIMMERMAN	JR	#2 UW-Eau Claire	{2} 37:27.55	4/18
8	52	Mallory REISER	SO	#1 UW-La Crosse	{4} 37:32.31	3/28
9	63	Claudia LASIOWSKI	SO	#3 UW-Stout	{3} 37:50.45	4/18
10	76	Jamie CATANIA	JR	#5 UW-Oshkosh	38:11.36	3/28

## Women's 4x100 Relay

1	3	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett	#4 UW-Whitewater	46.03	4/12
2	4	Makenna Zak, Anika Reiland, Julie Yang, Lauren Jarrett	#1 UW-La Crosse	46.05	4/18
3	10	Haley Stannard, Elianna Dalamangas, Madison Ahrens, Isabel Peterson	#6 UW-Platteville	46.86	4/18
4	12	Hope Schueller, Allyson Kakes, Libby Huber, Sophia Crespo	#2 UW-Eau Claire	46.97	4/12
5	39	Jenna Driscoll, Lilly Gamache, Makayla Durango, Esme Irel	#3 UW-Stout	47.98	4/12
6	70	Nyla Brown, Andrea Glaz, Devin Hable, Addie Baker	#5 UW-Oshkosh	48.89	4/17
7		Mel Princl, Madi Fisher, Grace Goodness, Adyn Theriault	#8 UW-Stevens Poir	49.77	4/4
8		Brianna Strehlau, Abigail Biggs, Kyla Kubera, Annika Gunderson	#7 UW-River Falls	50.34	4/19

## Women's 4x400 Relay

1	1	Anna Plautz, Alli Thomas, Morgan Jennings, Macy Reybrock	#1 UW-La Crosse	3:43.83	4/18
2	16	Emilee Booker, Mya Cinnamo, Lauren Jex, Kylee Grabarski	#2 UW-Eau Claire	3:50.61	4/12
3	38	Libby Geisness, Cyna Madigan, Olivia Stenzel, Emma Boegh	#5 UW-Oshkosh	3:58.97	4/12
4	84	Jaimie Deschand, Kya Smith, Audrey Rabitz, Mel Princl	#8 UW-Stevens Poir	4:07.22	4/12
5	93	Paige Fassbender, Brynn Fuerstenberg, Katie Erb, Emma Henningfeld	#4 UW-Whitewater	4:08.21	4/4
6		Margaret Rusch, Lindsey Barnes, Zoe James, Josephine Yurs	#6 UW-Platteville	4:16.54	4/5
7		Brianna Strehlau, Issabella Jeurissen, Adison Wilde, Cailyn Kuechle	#7 UW-River Falls	4:19.03	4/19

## Women's High Jump

1	10	Megan HUNT	SR	#5 UW-Oshkosh	1.66m	5-5¼	4/12
1	10	Emma GRUEN	SR	#2 UW-Eau Claire	1.66m	5-5¼	4/18
3	23	Alexys SCHEUERELL	JR	#1 UW-La Crosse	1.63m	5-4¼	4/18
4	38	Laura BERTRANG	SO	#2 UW-Eau Claire	{2} 1.61m	5-3¼	4/18
4	38	Hannah ZASTROW	SR	#3 UW-Stout	1.61m	5-3¼	4/18
4	38	Macie TODD	SR	#1 UW-La Crosse	{2} 1.61m	5-3¼	4/18
7	50	Hailey CAMPBELL	SO	#6 UW-Platteville	1.60m	5-3	4/5
7	50	Emilee BOOKER	SR	#2 UW-Eau Claire	{3} 1.60m	5-3	4/18
7	50	McKailey REISEN	FR	#2 UW-Eau Claire	{3} 1.60m	5-3	4/12
10	74	Emily WILLIAMS	SR	#2 UW-Eau Claire	{5} 1.59m	5-2½	4/5
10	74	Zoe RODER	FR	#4 UW-Whitewater	1.59m	5-2½	3/29

## Women's Pole Vault

1	2	Gracie HOLLAND	SR	#4 UW-Whitewater	4.05m	13-3½	4/18
2	4	Maddy HABBERSTAD	SO	#1 UW-La Crosse	4.01m	13-1¾	4/12
3	9	Araceli DE LEO LOPEZ	JR	#1 UW-La Crosse	{2} 3.92m	12-10¼	4/18
4	13	Annika GUNDERSON	JR	#7 UW-River Falls	3.82m	12-6¼	4/12
5	26	Haley BLAGDON	SR	#2 UW-Eau Claire	3.69m	12-1¼	4/19
6	27	Leah ZASTROW	JR	#3 UW-Stout	3.67m	12-½	4/18
7	28	Jackie BERGERON	FR	#1 UW-La Crosse	{3} 3.66m	12-0	4/12
7	28	Amanda VANCALSTER	FR	#1 UW-La Crosse	{3} 3.66m	12-0	4/12
9	35	Raegan SORENSEN	SR	#3 UW-Stout	{2} 3.60m	11-9¾	4/12
10	38	Abigail BIGGS	FR	#7 UW-River Falls	{2} 3.57m	11-8½	3/28



## Conference TFRI Event Summary



WIAC

as of 4/22/2025 12:04:14 AM ET

## Women's Long Jump

1	8	Megan HUNT	SR	#5	UW-Oshkosh	5.91m	19-4¾ (1.1)	4/16
2	17	Maya EVANS	JR	#1	UW-La Crosse	5.77mw	18-11¼ (2.2)	4/5
3	27	Emilee BOOKER	SR	#2	UW-Eau Claire	5.66m	18-7 (0.8)	4/18
4	30	Jenna DRISCOLL	SR	#3	UW-Stout	5.62mw	18-5¼ (2.1)	4/5
4	30	Jenna MILLER	JR	#1	UW-La Crosse	{2} 5.62m	18-5¼ (1.5)	4/12
6	70	Ashley DAVIES	SO	#1	UW-La Crosse	{3} 5.44mw	17-10¼ (3.3)	4/5
7	76	Josie BLUM	SO	#1	UW-La Crosse	{4} 5.42mw	17-9½ (2.8)	4/5
8	83	Anna THALER	FR	#2	UW-Eau Claire	{2} 5.40m	17-8¾ (1.3)	4/12
9	90	Becca HANSEN	SO	#3	UW-Stout	{2} 5.37mw	17-7½ (3.6)	4/12
10	93	Audrey BRAUN	JR	#1	UW-La Crosse	{5} 5.36mw	17-7 (2.4)	4/5
10	93	Lindsey TAYLOR	SO	#8	UW-Stevens Poir	5.36m	17-7 (1.7)	3/28
10	93	Alexys SCHEUERELL	JR	#1	UW-La Crosse	{5} 5.36m	17-7 (1.9)	4/5

## Women's Triple Jump

1	30	Mackenzey KRONBERG	JR	#1	UW-La Crosse	11.50m	37-8¾ (1.8)	4/5
2	45	Maya EVANS	JR	#1	UW-La Crosse	{2} 11.37m	37-3¾ (0.3)	4/11
3	51	Anna THALER	FR	#2	UW-Eau Claire	11.34mw	37-2½ (2.1)	4/5
4	93	Elianna DALAMANGAS	SO	#6	UW-Platteville	10.97m	36-0 (0.5)	4/12
5	96	Jaden HACKEL	FR	#1	UW-La Crosse	{3} 10.96mw	35-11½ (3.0)	4/18
6	98	Ally AMUNDSON	JR	#3	UW-Stout	10.95mw	35-11¼ (3.1)	4/5
6	98	Lexie WEIER	JR	#4	UW-Whitewater	10.95m	35-11¼ (1.0)	3/29
8		Ashley DAVIES	SO	#1	UW-La Crosse	{4} 10.92m	35-10 (0.8)	4/12
9		Isabelle JAENICKE	FR	#3	UW-Stout	{2} 10.91m	35-9½ (1.5)	4/12
10		Josie BLUM	SO	#1	UW-La Crosse	{5} 10.90m	35-9¼ (0.7)	4/12

## Women's Shot Put

1	5	Brenna NOON	SR	#6	UW-Platteville	14.00m	45-11¼	4/12
2	14	Madilyn VANDER SANDEN	SO	#1	UW-La Crosse	13.53m	44-4¾	4/12
3	15	Brenna MASLOROFF	SR	#5	UW-Oshkosh	13.49m	44-3¾	4/12
4	25	Kenni CZARNECKI	SR	#4	UW-Whitewater	13.09m	42-11½	3/29
5	36	Addy MOSELER	FR	#1	UW-La Crosse	{2} 12.86m	42-2¼	4/18
6	38	Amber GROSSE	JR	#1	UW-La Crosse	{3} 12.81m	42-½	4/18
7	48	Jadyn RODEN	FR	#1	UW-La Crosse	{4} 12.76m	41-10½	4/18
8	61	Lupe CORN	SR	#8	UW-Stevens Poir	12.66m	41-6½	4/4
9	67	Carly HUELSKAMP	FR	#5	UW-Oshkosh	{2} 12.56m	41-2½	4/12
10	77	Ella PULS	JR	#1	UW-La Crosse	{5} 12.41m	40-8¾	4/18

## Women's Discus

1	9	Ryleigh CZARNECKI	SO	#4	UW-Whitewater	46.00m	150-11	3/29
2	12	Kayla BEHNKE	SR	#2	UW-Eau Claire	45.14m	148-1	4/12
3	19	Aubree KOENINGS	SO	#3	UW-Stout	44.43m	145-9	4/5
4	39	Kenni CZARNECKI	SR	#4	UW-Whitewater	{2} 42.55m	139-7	4/18
5	45	Brenna MASLOROFF	SR	#5	UW-Oshkosh	42.16m	138-4	4/17
6	46	Caitlin ZINGSHEIM	FR	#4	UW-Whitewater	{3} 42.07m	138-0	4/18
7	71	Teagan JONES	SR	#2	UW-Eau Claire	{2} 40.41m	132-7	4/12
8	79	Brooke BAUMANN	JR	#3	UW-Stout	{2} 40.14m	131-9	4/18
9	83	Georgia MUNDT	FR	#7	UW-River Falls	40.02m	131-4	3/28
10	90	Sydney TORGERSON	SO	#1	UW-La Crosse	39.68m	130-2	4/5

## Women's Hammer

1	3	Brenna MASLOROFF	SR	#5	UW-Oshkosh	57.52m	188-9	4/12
2	5	Kenni CZARNECKI	SR	#4	UW-Whitewater	55.96m	183-7	4/18
3	7	Teagan JONES	SR	#2	UW-Eau Claire	54.36m	178-4	4/18
4	14	Kayla BEHNKE	SR	#2	UW-Eau Claire	{2} 52.98m	173-10	4/18
5	40	Aubree KOENINGS	SO	#3	UW-Stout	49.84m	163-6	4/12
6	57	Jadyn RODEN	FR	#1	UW-La Crosse	48.68m	159-9	4/18
7	59	Madilyn VANDER SANDEN	SO	#1	UW-La Crosse	{2} 48.43m	158-11	4/12
8	63	Bobbi BLAHNIK	SR	#5	UW-Oshkosh	{2} 48.07m	157-9	4/12
9	75	Kendall THURSTON	SO	#2	UW-Eau Claire	{3} 47.25m	155-0	4/12
10	77	Lauryn SCHUTZ	FR	#7	UW-River Falls	47.18m	154-10	4/19

## Women's Javelin

1	6	Gabby JOHNSON	SR	#1	UW-La Crosse	42.89m	140-9	4/5
2	23	Raegan SORENSEN	SR	#3	UW-Stout	39.80m	130-7	4/18
3	48	Ella PULS	JR	#1	UW-La Crosse	{2} 38.19m	125-4	4/5
4	55	Emily WILLIAMS	SR	#2	UW-Eau Claire	37.62m	123-5	4/18
5	63	Laura BERTRANG	SO	#2	UW-Eau Claire	{2} 37.25m	122-3	4/12
6	90	Jordan SHAMION	SR	#8	UW-Stevens Poir	36.09m	118-5	4/4
7		Amber GROSSE	JR	#1	UW-La Crosse	{3} 35.49m	116-5	4/18
8		Lindsey TAYLOR	SO	#8	UW-Stevens Poir	{2} 34.73m	114-0	4/12
9		Noelle HACKENMUELLER	JR	#1	UW-La Crosse	{4} 34.32m	112-7	4/18
10		Jessica KEMSTRA	SR	#2	UW-Eau Claire	{3} 33.29m	109-3	4/5

## Women's Heptathlon

1	2	Emilee BOOKER	SR	#2	UW-Eau Claire	5,074		4/18
2	5	Emma GRUEN	SR	#2	UW-Eau Claire	{2} 4,917		4/18
3	6	Amber GROSSE	JR	#1	UW-La Crosse	4,869		4/18
4	9	Megan HUNT	SR	#5	UW-Oshkosh	4,804		4/12
5	11	Alexys SCHEUERELL	JR	#1	UW-La Crosse	{2} 4,663		4/18
6	21	Lauren DIMLER	JR	#2	UW-Eau Claire	{3} 4,387		4/18
7	25	Madeline THORESON	FR	#1	UW-La Crosse	{3} 4,302		4/18
8	34	Becca HANSEN	SO	#3	UW-Stout	4,187		4/18
9	35	Brooklyn LAMERS	FR	#2	UW-Eau Claire	{4} 4,155		4/18
10	36	Jordan SHAMION	SR	#8	UW-Stevens Poir	4,141		4/18