



USTFCCCA NCAA Division III Outdoor Track & Field National TFRI Team Summary



as of 4/22/25 12:01 AM ET
Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

1

Washington (Mo.)

UAA

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Jasmine WRIGHT	JR	11.78w (2.8)	3/29/25	18	1.20	19.20
▶ 100m	45	Lauren GAY	SR	12.13 (1.7)	4/12/25	0.125	0.00	0.13
▶ 100H	12	Lauren GAY	SR	14.25 (-0.1)	4/12/25	9	0.93	9.93
▶ 200m	10	Lauren GAY	SR	24.33 (1.5)	3/29/25	12	0.88	12.88
▶ 200m	25	Kylie SPYTEK	JR	24.61 (1.8)	4/18/25	0.95	0.27	1.22
▶ 200m	26	Nicole STEWART	SR	24.63 (1.8)	4/18/25	0.9	0.24	1.14
▶ 400m	8	Kylie SPYTEK	JR	55.48	3/29/25	16	1.16	17.16
▶ 400m	12	Catherine CHRISTOPHER	SO	55.68	3/29/25	9	0.91	9.91
▶ 400m	40	Quinn BIRD	FR	56.76	4/12/25	0.25	0.01	0.26
▶ 400H	48	Ruby KAPLAN	SR	1:04.59	4/12/25	0.05	0.00	0.05
▶ 800m	9	Izzy GORTON	SR	2:09.68	3/28/25	14	1.17	15.17
▶ 800m	13	Caroline ECHOLS	SO	2:10.94	3/28/25	8	0.68	8.68
▶ 800m	23	Catherine CHRISTOPHER	SO	2:12.70	4/12/25	1.5	0.29	1.79
▶ 1500m	14	Sophie BEKINS	SR	4:30.53	3/28/25	7	0.83	7.83
▶ 1500m	27	Katie RECTOR	JR	4:33.03	3/28/25	0.85	0.32	1.17
▶ 1500m	37	Izzy GORTON	SR	4:34.69	4/12/25	0.35	0.08	0.43
▶ 1500m	44	Virginia PRIDGEN	SR	4:36.54	3/28/25	0.15	0.00	0.15
▶ Steeple	10	Abigail PATTERSON	SR	10:49.47	3/28/25	12	1.04	13.04
▶ Steeple	23	Julia PATTERSON	SR	11:04.36	4/12/25	1.5	0.38	1.88
▶ Steeple	29	Riley CLARK	JR	11:11.77	4/12/25	0.75	0.12	0.87
▶ 5000m	45	Jillian HETH	JR	17:13.82	4/12/25	0.125	0.00	0.13
▶ 4x100	5	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright		46.46	4/12/25	22	1.88	23.88
▶ 4x400	5	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton		3:45.82	3/29/25	22	2.63	24.63
▶ HJ	10	Ebunoluwa OPATA	SR	1.66m 5-5¼	3/29/25	12	0.71	12.71
▶ HJ	23	Olivia THEISEN	SO	1.63m 5-4¼	4/12/25	1.5	0.25	1.75
▶ PV	1	Yasmin RUFF	SR	4.11m 13-5¾	4/12/25	30	3.85	33.85
▶ LJ	21	Ebunoluwa OPATA	SR	5.74m 18-10 (0.0)	4/12/25	D	0.36	2.36
▶ TJ	1	Ebunoluwa OPATA	SR	12.82m 42-¾ (0.5)	4/18/25	30	5.23	35.23
▶ SP	2	Jenae BOTHE	JR	14.45m 47-5	4/18/25	28	3.30	31.30
▶ DISC	44	Jenae BOTHE	JR	42.18m 138-5	4/12/25	0.15	0.00	0.15
WASHINGTON (MO.) TFRI Team Total								288.88

2

UW-La Crosse

WIAC

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2

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	1	Lauren JARRETT	JR	11.23 (1.9)	4/18/25	30	5.81	35.81
▶ 100m	34	Makenna ZAK	JR	12.08 (0.4)	4/18/25	0.5	0.05	0.55
▶ 100m	41	Anika REILAND	SO	12.12 (1.1)	4/18/25	0.225	0.00	0.23
▶ 100m	41	Julie YANG	FR	12.12 (0.2)	4/18/25	0.225	0.00	0.23
▶ 100m	50	McKenna SEDLACEK	FR	12.14w (2.3)	4/18/25	0.01	0.00	0.01
▶ 100H	31	Regan SCOTT	FR	14.59w (2.3)	4/18/25	0.65	0.00	0.65
▶ 100H	36	Brie ECKERMAN	SO	14.69w (2.3)	4/18/25	0.4	0.00	0.40
▶ 200m	2	Lauren JARRETT	JR	23.69 (-0.9)	4/19/25	28	3.25	31.25
▶ 400m	28	Anna PLAUTZ	SO	56.42	4/12/25	0.8	0.22	1.02
▶ 400H	50	Gretchen MCNEAL	JR	1:04.65	4/18/25	0.01	0.00	0.01
▶ 800m	44	Macy REYBROCK	FR	2:14.34	4/12/25	0.15	0.00	0.15
▶ Steeple	20	Becca IMMER	SO	11:01.26	3/28/25	3	0.49	3.49
▶ Steeple	26	Katelyn CHADWICK	SR	11:09.00	3/28/25	0.9	0.22	1.12
▶ Steeple	33	Lily HIGGINS	SO	11:13.60	4/18/25	0.55	0.06	0.61
▶ 5000m	27	Lucy DUCHAC	JR	16:54.84	4/18/25	0.85	0.31	1.16
▶ 10,000m	11	Lucy DUCHAC	JR	35:22.51	3/28/25	10	0.89	10.89
▶ 10,000m	13	Madelynn MCINTYRE	SR	35:26.00	3/28/25	8	0.82	8.82
▶ 10,000m	36	Brooklyn LUEBKE	SO	36:51.65	3/28/25	0.4	0.00	0.40
▶ 4x100	4	Makenna Zak, Anika Reiland, Julie Yang, Lauren Jarrett		46.05	4/18/25	24	3.01	27.01
▶ 4x400	1	Anna Plautz, Alli Thomas, Morgan Jennings, Macy Reybrock		3:43.83	4/18/25	30	3.87	33.87
▶ HJ	23	Alexys SCHEUERELL	JR	1.63m 5-4¼	4/18/25	1.5	0.25	1.75
▶ HJ	38	Macie TODD	SR	1.61m 5-3¼	4/18/25	0.3	0.00	0.30
▶ PV	4	Maddy HABBERSTAD	SO	4.01m 13-1¾	4/12/25	24	2.37	26.37
▶ PV	9	Araceli DE LEO LOPEZ	JR	3.92m 12-10¼	4/18/25	14	1.37	15.37
▶ PV	28	Jackie BERGERON	FR	3.66m 12-0	4/12/25	0.8	0.00	0.80
▶ PV	28	Amanda VANCALSTER	FR	3.66m 12-0	4/12/25	0.8	0.00	0.80
▶ PV	48	Gabby PATTERSON	FR	3.52m 11-6½	4/18/25	0.05	0.00	0.05
▶ PV	50	Marisa HARVEY	SO	3.51m 11-6¼	4/5/25	0.01	0.00	0.01
▶ PV	50	Emily SHAFRON	JR	3.51m 11-6¼	4/5/25	0.01	0.00	0.01
▶ LJ	17	Maya EVANS	JR	5.77mw 18-11¼ (2.2)	4/5/25	4.5	0.48	4.98
▶ LJ	30	Jenna MILLER	JR	5.62m 18-5¼ (1.5)	4/12/25	0.7	0.00	0.70
▶ TJ	30	Mackenzey KRONBERG	JR	11.50m 37-8¾ (1.8)	4/5/25	0.7	0.07	0.77
▶ TJ	45	Maya EVANS	JR	11.37m 37-3¾ (0.3)	4/11/25	0.125	0.00	0.13
▶ SP	14	Madilyn VANDER SANDEN	SO	13.53m 44-4¾	4/12/25	7	0.67	7.67
▶ SP	36	Addy MOSELER	FR	12.86m 42-2¼	4/18/25	0.4	0.00	0.40
▶ SP	38	Amber GROSSE	JR	12.81m 42-½	4/18/25	0.3	0.00	0.30



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

2 UW-La Crosse
WIAC

2
LW: 4

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3
MIT
NEWMAC

▼ **1**
LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	18	Marina MILLER	SR	55.87	4/19/25	4	0.67	4.67
▶ 400m	46	Olivia DIAS	SR	56.99	4/19/25	0.1	0.00	0.10
▶ 800m	10	Krystal MONTGOMERY	JR	2:09.85	4/19/25	12	1.10	13.10
▶ 1500m	11	Gillian ROEDER	SR	4:30.21	4/12/25	10	0.93	10.93
▶ 1500m	21	Christina CROW	SR	4:32.26	4/12/25	2.5	0.43	2.93
▶ 1500m	33	Lexi FERNANDEZ	JR	4:33.94	4/12/25	0.55	0.19	0.74
▶ Steeple	16	Liv GIRAND	SO	10:56.68	3/29/25	5	0.65	5.65
▶ Steeple	35	Heather JENSEN	SO	11:13.95	3/29/25	0.45	0.05	0.50
▶ 5000m	10	Rujuta SANE	JR	16:42.26	4/19/25	12	0.97	12.97
▶ 5000m	13	Gillian ROEDER	SR	16:44.25	4/19/25	8	0.82	8.82
▶ 5000m	38	Liv GIRAND	SO	17:06.27	4/19/25	0.3	0.00	0.30
▶ 5000m	41	Kate SANDERSON	JR	17:09.40	4/19/25	0.225	0.00	0.23
▶ 10,000m	5	Kate SANDERSON	JR	34:52.91	3/29/25	22	1.56	23.56
▶ 10,000m	12	Rujuta SANE	JR	35:23.27	3/29/25	9	0.88	9.88
▶ 4x400	7	Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery		3:47.58	3/29/25	18	1.65	19.65
▶ PV	8	Katelyn HOWARD	JR	3.93m 12-10¾	4/19/25	16	1.47	17.47
▶ PV	11	Hailey SURACE	JR	3.88m 12-8¾	4/19/25	10	1.02	11.02
▶ PV	28	Elise DOYLE	FR	3.66m 12-0	4/5/25	0.8	0.00	0.80
▶ TJ	7	Nony OTU UGWU	JR	12.09mw 39-8 (2.6)	4/19/25	18	1.49	19.49
▶ SP	1	Alexis BOYKIN	SR	15.34m 50-4	3/29/25	30	6.55	36.55
▶ SP	27	Emily BALL	SR	13.00m 42-8	4/19/25	0.85	0.00	0.85
▶ DISC	4	Alexis BOYKIN	SR	48.32m 158-7	3/29/25	D 2	2.71	4.71
▶ DISC	16	Emily BALL	SR	44.53m 146-1	4/12/25	5	0.37	5.37
▶ HT	1	Alexis BOYKIN	SR	59.73m 196-0	4/19/25	30	4.98	34.98
▶ HT	35	Emily BALL	SR	50.01m 164-1	4/5/25	0.45	0.00	0.45
▶ JAV	5	Elaine WANG	JR	42.91m 140-10	4/19/25	22	2.11	24.11
▶ JAV	32	Emily BALL	SR	39.24m 128-9	4/19/25	0.6	0.00	0.60
▶ JAV	33	Olivia CARPENTER	FR	39.17m 128-6	4/5/25	0.55	0.00	0.55
MIT TFRI Team Total								270.96



USTFCCCA NCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

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WOMEN — 2025 Checkpoint #4, April 22

4

SUNY Geneseo

Empire 8



1

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	6	Brynn MOONEY	SO	11.76w (3.9)	4/5/25	20	1.36	21.36
▶ 100H	13	Jill AMBLER	SO	14.27w (2.3)	4/14/25	8	0.84	8.84
▶ 200m	7	Brynn MOONEY	SO	24.20w (4.0)	4/5/25	18	1.26	19.26
▶ 400m	9	Brynn MOONEY	SO	55.53	4/14/25	D 2	1.10	3.10
▶ 400H	13	Ava BAGLEY	SO	1:02.72	4/19/25	8	0.56	8.56
▶ 400H	46	Sophia BARCLAY	SO	1:04.54	4/19/25	0.1	0.00	0.10
▶ 800m	5	Sierra DOODY	JR	2:08.09	4/19/25	22	1.99	23.99
▶ 800m	7	Janelle ECKL	SR	2:08.89	4/19/25	18	1.53	19.53
▶ 1500m	28	Sierra DOODY	JR	4:33.11	4/14/25	0.8	0.31	1.11
▶ 1500m	39	Penelope GREENE	SR	4:35.18	4/19/25	0.275	0.01	0.28
▶ Steeple	8	Ann BRENNAN	JR	10:46.82	4/14/25	16	1.24	17.24
▶ Steeple	32	Isabel MARZEC	SR	11:13.25	4/14/25	0.6	0.07	0.67
▶ Steeple	47	Jillian O'ROURKE	SO	11:18.01	4/14/25	0.075	0.00	0.08
▶ 5000m	12	Penelope GREENE	SR	16:43.90	4/5/25	9	0.85	9.85
▶ 5000m	31	Gabriella MCCARTHY	SR	16:59.76	4/14/25	0.65	0.13	0.78
▶ 10,000m	2	Penelope GREENE	SR	33:42.16	4/14/25	28	3.87	31.87
▶ 10,000m	7	Lilly FOWLER-CONNER	SR	35:04.34	4/14/25	18	1.30	19.30
▶ 10,000m	16	Gabriella MCCARTHY	SR	35:38.67	4/19/25	5	0.56	5.56
▶ 10,000m	24	Ann BRENNAN	JR	36:08.28	4/19/25	1	0.23	1.23
▶ 4x100	22	#Type!		47.48	4/19/25	2	0.25	2.25
▶ 4x400	8	#Type!		3:48.13	4/19/25	16	1.43	17.43
▶ LJ	13	Jill AMBLER	SO	5.84m 19-2 (1.2)	4/15/25	8	0.76	8.76
▶ LJ	24	Lanna WANDY	JR	5.71m 18-8¾ (0.3)	4/14/25	1	0.23	1.23
▶ HT	15	Zoe CONNER	SR	52.51m 172-4	4/19/25	6	0.57	6.57
▶ JAV	25	Skyler KLIMOW	JR	39.79m 130-7	4/5/25	0.95	0.16	1.11
▶ HEPT	28	Lanna WANDY	SR	4,264	4/15/25	0.8	0.00	0.80

SUNY GENESEO TFRI Team Total 230.87

5

Emory

UAA



2

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	26	Eva CARCHIDI	SR	12.00 (0.3)	3/28/25	0.9	0.26	1.16
▶ 100m	38	Audrey JOHNSON	SR	12.11 (1.1)	4/19/25	0.3	0.00	0.30
▶ 100m	38	Jada KENNER	FR	12.11 (0.9)	3/28/25	0.3	0.00	0.30
▶ 100H	9	Nikki BOON	SR	14.21 (1.9)	4/12/25	D 2	1.11	3.11
▶ 200m	9	Eva CARCHIDI	SR	24.24 (-0.3)	4/5/25	14	1.14	15.14
▶ 200m	31	Audrey JOHNSON	SR	24.68 (-0.4)	4/19/25	0.65	0.17	0.82
▶ 400m	1	Eva CARCHIDI	SR	54.22	4/19/25	30	3.34	33.34
▶ 400m	32	Dashiel TAO HARRIS	SR	56.48	4/5/25	0.6	0.18	0.78
▶ 400m	39	Jada KENNER	FR	56.71	4/19/25	0.275	0.04	0.32
▶ 800m	15	Madison TIAFFAY	JR	2:11.45	3/28/25	6	0.57	6.57
▶ 800m	24	Luna MCCAULEY	JR	2:12.71	3/28/25	1	0.29	1.29
▶ 1500m	8	Madison TIAFFAY	JR	4:28.77	3/28/25	16	1.52	17.52
▶ 5000m	39	Liesl SCHERRER	SR	17:08.75	4/12/25	0.275	0.00	0.28
▶ 4x100	2	Nikki Boon, Eva Carchidi, Jada Kenner, Audrey Johnson		45.97	4/5/25	28	3.23	31.23
▶ 4x400	6	Audrey Johnson, Jada Kenner, Dashiel Tao Harris, Eva Carchidi		3:46.96	3/28/25	20	1.93	21.93
▶ HJ	23	Nikki BOON	SR	1.63m 5-4¼	3/28/25	1.5	0.25	1.75
▶ LJ	8	Nikki BOON	SR	5.91m 19-4¾ (0.0)	3/27/25	16	1.28	17.28
▶ TJ	21	Caroline HANSEN	SR	11.63m 38-2 (-0.5)	3/28/25	2.5	0.30	2.80
▶ TJ	27	Audrey JOHNSON	SR	11.52mw 37-9½ (2.7)	4/5/25	0.85	0.10	0.95
▶ TJ	30	Amaya GRANT	FR	11.50m 37-8¾ (-1.9)	3/28/25	0.7	0.07	0.77
▶ SP	24	Sarah FINEMAN	SR	13.13m 43-1	4/19/25	1	0.17	1.17
▶ JAV	28	Nikki BOON	SR	39.49m 129-7	3/28/25	0.8	0.04	0.84
▶ JAV	47	Mable MUTUMWA	SO	38.25m 125-6	4/12/25	0.075	0.00	0.08
▶ HEPT	1	Nikki BOON	SR	5,638	3/28/25	30	6.45	36.45

EMORY TFRI Team Total 196.17



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

6

Nebraska Wesleyan



1

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 4x100	18	Keeley Hourigan, Raegan Levi, Chloe Mooberry, Natalie Cummins		47.30	4/11/25	4	0.41	4.41	
► 4x400	45	Chloe Mooberry, Raegan Levi, Natalie Cummins, Delaney Vacek		4:00.80	4/11/25	0.125	0.00	0.13	
► HJ	38	Grace PYLE	FR	1.61m	5-3¼	4/11/25	0.3	0.00	0.30
► LJ	36	Natalie CUMMINS	SR	5.60m	18-4½ (-0.7)	4/11/25	0.4	0.00	0.40
► LJ	47	Chloe MOOBERRY	SO	5.55m	18-2½ (0.0)	4/11/25	0.075	0.00	0.08
► SP	3	Emmily BERGLUND	SO	14.13m	46-4¼	4/8/25	26	2.13	28.13
► DISC	5	Anna LUNDAHL	SR	46.98m	154-2	3/28/25	22	1.75	23.75
► DISC	6	Kaelyn MEANS	SO	46.09m	151-3	3/28/25	20	1.12	21.12
► DISC	13	Emmilly BERGLUND	SO	44.82m	147-1	4/19/25	8	0.48	8.48
► DISC	16	Aspin COLLINS	FR	44.53m	146-1	4/11/25	5	0.37	5.37
► DISC	18	Ava LARMON	FR	44.48m	145-11	4/8/25	4	0.35	4.35
► HT	45	Kaelyn MEANS	SO	49.52m	162-6	4/19/25	0.125	0.00	0.13
► JAV	1	Avery DECKER	SR	47.50m	155-10	4/11/25	30	7.69	37.69
► JAV	19	Aliah CLARKE	SR	39.97m	131-2	4/8/25	3.5	0.24	3.74
NEBRASKA WESLEYAN TFR1 Team Total								138.07	

7

UW-Whitewater
WIAC

14

LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	4	Dakota MITCHELL	FR	11.69w (3.3)	4/18/25	24	1.93	25.93
▶ 100m	16	Cici STENNETT	FR	11.90w (3.3)	4/18/25	5	0.52	5.55
▶ 100m	26	Kelly HUERTA	FR	12.00w (3.3)	4/18/25	0.9	0.26	1.16
▶ 100m	37	Angela DALE	FR	12.10w (3.3)	4/18/25	0.35	0.00	0.35
▶ 100m	41	Danielle POUSKA	JR	12.12w (3.3)	4/18/25	0.225	0.00	0.23
▶ 100m	50	Hannah BILODEAU	JR	12.14w (3.3)	4/18/25	0.01	0.00	0.01
▶ 200m	39	Dakota MITCHELL	FR	24.78w (3.2)	4/18/25	0.275	0.03	0.30
▶ 200m	49	Kelly HUERTA	FR	24.85w (3.2)	4/18/25	0.025	0.00	0.03
▶ 5000m	34	Ari DE LA CERDA	SR	17:05.25	4/12/25	0.5	0.00	0.50
▶ 4x100	3	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett		46.03	4/12/25	26	3.06	29.06
▶ PV	2	Gracie HOLLAND	SR	4.05m 13-3½	4/18/25	28	2.96	30.96
▶ SP	25	Kenni CZARNECKI	SR	13.09m 42-11½	3/29/25	0.95	0.12	1.07
▶ DISC	9	Ryleigh CZARNECKI	SO	46.00m 150-11	3/29/25	14	1.05	15.05
▶ DISC	39	Kenni CZARNECKI	SR	42.55m 139-7	4/18/25	0.275	0.00	0.28
▶ DISC	46	Caitlin ZINGSHEIM	FR	42.07m 138-0	4/18/25	0.1	0.00	0.10
▶ HT	5	Kenni CZARNECKI	SR	55.96m 183-7	4/18/25	22	2.22	24.22
UW-WHITEWATER TFRI Team Total								134.76



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

8 UW-Eau Claire
WIAC

22
LW: 30

***UW-EAU CLAIRE TFRI Team Total* 126.64**

9 Loras American Rivers

2
LW: 11

LORAS TFRI Team Total **123.98**

10 **Rochester (N.Y.)**
Liberty League

unch
LW: 10

ROCHESTER (N.Y.) TFRI Team Total 121.40



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

11 Williams
NESCAC

▼ 5
LW: 6

12 **Chicago** ▼ **4**
 UAA LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Gabri MESCHINO	SR	11.78w (2.8)	3/29/25	18	1.20	19.20
▶ 100H	2	Ren BROWN	SR	13.85 (1.5)	4/12/25	28	3.46	31.46
▶ 400H	1	Ren BROWN	SR	59.25	4/12/25	30	5.15	35.15
▶ 400H	30	Sharona SCHWAB	JR	1:03.66	3/29/25	0.7	0.11	0.81
▶ 800m	20	Claudia HARNETT	SR	2:12.17	4/5/25	3	0.41	3.41
▶ 800m	48	Emma KELLY	JR	2:14.77	3/29/25	0.05	0.00	0.05
▶ 1500m	13	Claudia HARNETT	SR	4:30.41	4/17/25	8	0.87	8.87
▶ 1500m	38	Elisabeth CAMIC	SR	4:34.86	4/12/25	0.3	0.05	0.35
▶ 1500m	42	Emma KELLY	JR	4:36.22	3/28/25	0.2	0.00	0.20
▶ 1500m	46	Nora HOLMES	JR	4:36.63	4/12/25	0.1	0.00	0.10
▶ 5000m	22	Anna WATSON	SR	16:52.17	4/12/25	2	0.40	2.40
▶ 5000m	23	Estelle SNIDER	SO	16:52.39	4/12/25	1.5	0.39	1.89
▶ 5000m	36	Nora HOLMES	JR	17:06.07	3/28/25	0.4	0.00	0.40
▶ 10,000m	17	Estelle SNIDER	SO	35:41.70	3/28/25	4.5	0.53	5.03
▶ 4x100	19	Maddie Lyons, Gabri Meschino, Camila Garanton, Arielle Troadec		47.31	4/17/25	3.5	0.40	3.90
▶ 4x400	25	Ava Hagwell, Elisabeth Camic, Onese Ewherido, Ren Brown		3:55.79	4/12/25	0.95	0.00	0.95
CHICAGO TFR1 Team Total								114.18



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

13 **Elmhurst** **1**
CCIW LW: 12

[illegible]



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

15 **Johns Hopkins**
Centennial

▼ 6
LW: 9

16

Wartburg

American Rivers

▼

3

LW: 13

17 **Whitworth** ▲ **16**
 NWC LW: 33

Event	NOR	Athlete	Yr	Season Qual.	Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season										
► 4x100	43	Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira		48.14		4/11/25	0.175	0.00		0.18
► HJ	5	Brianna TIRA	SO	1.68m	5-6	4/11/25	22	1.27		23.27
► TJ	29	Isabella PEREIRA	SO	11.51m	37-9¼ (-0.2)	2/28/25	0.75	0.08		0.83
► SP	5	Madison CARR	SO	14.00m	45-11¼	4/17/25	22	1.66		23.66
► SP	9	Amblessed OKEMGBO	JR	13.78m	45-2½	4/4/25	14	1.10		15.10
► DISC	6	Amblessed OKEMGBO	JR	46.09m	151-3	4/17/25	20	1.12		21.12
► HT	38	Madison CARR	SO	49.95m	163-11	4/4/25	0.3	0.00		0.30
► JAV	13	Devyn CHELIN	SO	40.57m	133-1	4/11/25	8	0.49		8.49
► HEPT	16	Emily BROWN	SO	4,495		4/15/25	5	0.55		5.55
WHITWORTH TFRI Team Total										98.49



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

18 Augustana (Ill.) CCIW

2
LW: 20

19 Central (Iowa)

29
LW: 48

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	35	Olivia BOHLEN	JR	14.66w (2.4)	4/18/25	0.45	0.00	0.45
▶ 200m	35	Emily MCMARTIN	JR	24.73w (3.0)	3/28/25	0.45	0.10	0.55
▶ 800m	18	Peyton STEFFEN	JR	2:11.67	4/18/25	D	2	0.52 2.52
▶ 800m	30	Alivia ROERDINK	SO	2:13.34	4/11/25	0.7	0.15	0.85
▶ 1500m	4	Peyton STEFFEN	JR	4:27.48	4/18/25	24	2.10	26.10
▶ Steeple	4	Peyton STEFFEN	JR	10:33.85	4/11/25	24	2.23	26.23
▶ Steeple	15	Addy PARROTT	SR	10:55.96	4/18/25	6	0.67	6.67
▶ 5000m	24	Peyton STEFFEN	JR	16:53.39	3/28/25	1	0.36	1.36
▶ 4x100	41	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin		48.06	4/11/25	0.225	0.00	0.23
▶ 4x400	17	Lizzy Van Utrecht, Alivia Roerdink, Emily McMartin, Ava Parkins		3:51.58	4/11/25	4.5	0.27	4.77
▶ HJ	50	Olivia BOHLEN	JR	1.60m 5-3	4/18/25	0.01	0.00	0.01
▶ HEPT	3	Olivia BOHLEN	JR	5,045	4/18/25	26	2.55	28.55
CENTRAL (IOWA) TFRI Team Total								98.29

20 Centre
SAA

5
LW: 15

21 Colby
NESCAC

▼ 4
LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Simone WAHEED	SO	11.87 (1.6)	3/28/25	8	0.68	8.68
▶ 200m	42	Simone WAHEED	SO	24.81 (-0.4)	3/28/25	0.2	0.00	0.20
▶ 400m	16	Fiona MEJICO	SR	55.83	4/19/25	5	0.72	5.72
▶ 400m	47	Kaitlyn EWALD	SO	57.02	4/19/25	0.075	0.00	0.08
▶ 400H	2	Fiona MEJICO	SR	59.79	3/22/25	28	4.31	32.31
▶ 4x100	9	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman		46.79	3/28/25	14	1.26	15.26
▶ 4x400	2	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico		3:44.14	3/28/25	28	3.68	31.68
COLBY TFRI Team Total								93.92



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

22 **Rowan** **4**
NJAC LW: 18

23

UW-Oshkosh

WIAC

▼

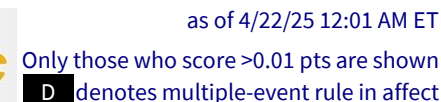
7

LW: 16

24 North Central (Ill.)  **5**
CCIW LW: 19

25 Chapman  **29**
SCIAC LW: 54

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	31	Sarah CHARLES	SO	56.46	4/12/25	0.65	0.20	0.85
▶ 400m	38	Allison KREMER	SR	56.69	4/12/25	0.3	0.05	0.35
▶ 400H	26	Chayanit KITNITCHIVA	SR	1:03.46	4/18/25	0.9	0.21	1.11
▶ 1500m	19	Annika CARLSON	JR	4:31.74	4/12/25	3.5	0.51	4.01
▶ Steeple	5	Annika CARLSON	JR	10:36.04	4/18/25	22	2.03	24.03
▶ 10,000m	45	Brenda DAZA	SO	37:22.54	3/28/25	0.125	0.00	0.13
▶ 4x100	7	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde		46.70	4/18/25	18	1.42	19.42
▶ 4x400	4	Kaylee Smith, Makenna Lizarde, Allison Kremer, Sarah Charles		3:45.14	4/18/25	24	3.05	27.05
CHAPMAN TFRI Team Total								76.94



26

Wilmington (Ohio)

OAC

▲ 26

LW: 52

27 **George Fox**  **13**
NWC LW: 14

28 Connecticut College  **5**
NESCAC LW: 23

29 Vassar  **34**
Liberty League LW: 63

Event	NQR	Athlete	Yr	Season Qual.	Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season										
▶ 100H	46	Jahmilia DENNIS	JR	14.80	(0.6)	4/19/25	0.1	0.00		0.10
▶ 1500m	1	Haley SCHOENEGGE	SO	4:27.01		4/14/25	30	2.32		32.32
▶ 1500m	50	Adelaide NYHAN	SO	4:37.07		4/14/25	0.01	0.00		0.01
▶ 5000m	2	Haley SCHOENEGGE	SO	16:17.29		4/19/25	28	3.56		31.56
▶ T.J	40	Jahmilia DENNIS	JR	11.42m	37-5¼ (0.4)	4/19/25	0.25	0.00		0.25
VASSAR TFR1 Team Total										64.24



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

30 **Illinois Wesleyan** **28**
CCIW LW: 58

[illegible]

33

Monmouth (Ill.)
MWC

▲

2

LW: 35

Event	NQR	Athlete	Yr	Season Qual, Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ SP	19	Maddie BOLEY	SR	13.34m 43-9¼	4/12/25	D 2	0.43	2.43
▶ SP	41	Kayla BRAUN	JR	12.80m 42-0	4/12/25	0.225	0.00	0.23
▶ DISC	3	Maddie BOLEY	SR	49.06m 161-0	4/5/25	26	3.39	29.39
▶ HT	8	Maddie BOLEY	SR	53.96m 177-1	4/18/25	16	1.12	17.12
▶ HT	11	Jillian TOTH	JR	53.77m 176-5	4/5/25	10	1.01	11.01
MONMOUTH (ILL.) TFR1 Team Total								60.19

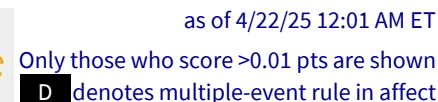
34

Stockton
NJAC

44

LW: 78

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	4	Emma PETROLIA	JR	1:01.32	4/19/25	24	2.01	26.01
▶ 800m	2	Kayla KASS	JR	2:07.13	4/19/25	28	2.66	30.66
▶ 4x400	22	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass		3:53.34	3/29/25	2	0.00	2.00
▶ DISC	49	Michaela POMATTO	JR	41.89m 137-5	4/19/25	0.025	0.00	0.03
STOCKTON TFRI Team Total								58.69



35 **Ithaca**
Liberty League

2
LW: 37

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 100m	23	Aynisha MCQUILLAR	FR	11.98	(1.6)	3/29/25	1.5	0.31	1.81
▶ 100H	3	Rachel LARSON	JR	13.98	(1.2)	4/6/25	26	2.53	28.53
▶ 100H	9	Laura SUPPA	JR	14.21	(1.2)	4/6/25	14	1.11	15.11
▶ 4x100	34	Ava Butler, Laura Suppa, Rachel Larson, Aynisha McQuillar		47.90		4/6/25	0.5	0.00	0.50
▶ HJ	23	Madeleine WRIGHT	SO	1.63m	5-4¼	4/6/25	1.5	0.25	1.75
▶ PV	18	Erin EASTWOOD	JR	3.80m	12-5½	4/19/25	4	0.60	4.60
▶ SP	32	Lily SEYFERT	JR	12.89m	42-3½	3/29/25	0.6	0.00	0.60
▶ JAV	20	Lily SEYFERT	JR	39.90m	130-11	4/19/25	3	0.21	3.21
ITHACA TFRI Team Total									56.12

36 North Carolina Wesleyan

8
LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	10	Kamiyah WOOTEN	SO	11.80w (3.0)	4/5/25	12	1.05	13.05
▶ 100m	11	Ti'asia BRYANT	SO	11.82 (0.2)	4/12/25	10	0.94	10.94
▶ 200m	3	Kamiyah WOOTEN	SO	23.74w (2.5)	4/5/25	26	3.02	29.02
▶ 400m	14	Kamiyah WOOTEN	SO	55.81	4/12/25	D 2	0.75	2.75
NORTH CAROLINA WESLEYAN TFRI Team Total								55.76

37 **Colorado College**
SCAC

▼ 12
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	28	Ella FULLERTON	JR	2:13.20	3/8/25	0.8	0.18	0.98
► 800m	36	Allison BARKER	SO	2:13.73	3/8/25	0.4	0.07	0.47
► 1500m	5	Isabel OLSON	SR	4:27.59	4/12/25	22	2.05	24.05
► 5000m	14	Isabel OLSON	SR	16:45.58	3/28/25	7	0.73	7.73
► 5000m	25	Sydney RANKIN	SR	16:53.85	3/8/25	0.95	0.34	1.29
► 5000m	50	Alison MUELLER-HICKLER	JR	17:16.44	4/12/25	0.01	0.00	0.01
► 10,000m	9	Alison MUELLER-HICKLER	JR	35:18.61	3/28/25	14	0.98	14.98
► 10,000m	22	Charlie FLINT	SO	35:57.42	3/28/25	2	0.35	2.35
► 10,000m	28	Britt HELGAAS	SR	36:14.99	3/28/25	0.8	0.16	0.96
COLORADO COLLEGE TFRI Team Total								52.83

38 **Bowdoin**
NESCAC

3
LW: 41

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	10	Charlotte HODGE	SR	3.91m 12-10	4/12/25	12	1.27	13.27
► LJ	1	Kennedy KIRKLAND	SO	6.28m #Error	3/22/25	30	5.37	35.37
► JAV	21	Ginger ARNOLD	SO	39.89m 130-11	3/23/25	2.5	0.21	2.71
► JAV	39	Mardy NOVAK	SO	38.62m 126-9	4/12/25	0.275	0.00	0.28
BOWDOIN TFRI Team Total								51.62

39 Elizabethtown

▼ **3**
LW: 36

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	48	Kelty OASTER	SR	57.03	4/14/25	0.05	0.00	0.05
▶ 800m	3	Kelty OASTER	SR	2:07.19	4/14/25	26	2.62	28.62
▶ 1500m	6	Kelty OASTER	SR	4:27.92	4/5/25	20	1.90	21.90
▶ DISC	29	Isabella COWGER	FR	43.57m 143-0	3/29/25	0.75	0.02	0.77
ELIZABETHTOWN TFRI Team Total								51.34



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #4, April 22

40

Goucher



34

LW: 74

GOUCHER TFRI Team Total 50.53

41

RPI
Liberty League



60

LW: 101

RPI TFRI Team Total 50.14

42

Gordon (Mass.)
CNE



29

LW: 71

GORDON (MASS.) TFR/ Team Total 49.52

43

Southern Maine



3

LW: 40

SOUTHERN MAINE TFR Team Total 49.12

44

Mount Union
OAC



18

LW: 26

MOUNT UNION TFRI Team Total 48.52



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

45 NYU
UAA

▼ **14**
LW: 31

46

UW-Stout

WIAC

▲ 22

LW: 68

47

Dubuque

American Rivers

▲ 18

LW: 65

48

Lynchburg

ODAC

▲

8

LW: 56

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100H	19	Betsy MOHNKERN	SR	14.36w (2.6)	3/29/25	3.5	0.49	3.99
► 5000m	30	Allison DELL	SR	16:59.67	4/5/25	0.7	0.14	0.84
► 10,000m	6	Allison DELL	SR	34:57.06	4/18/25	20	1.47	21.47
► 4x400	48	Betsy Mohnkern, Rylee Turner, Anna Miller, Hannah Edwards		4:01.13	4/5/25	0.05	0.00	0.05
► LJ	42	Margo FOX	JR	5.58m 18-3¾ (0.2)	3/28/25	0.2	0.00	0.20
► TJ	9	Kacey KELLY	JR	11.99m 39-4 (0.6)	3/28/25	14	1.13	15.13
► JAV	16	Kacey KELLY	JR	40.08m 131-6	4/5/25	5	0.29	5.29
► HEPT	44	Margo FOX	JR	3,942	3/22/25	0.15	0.00	0.15
LYNCHBURG TFR1 Team Total								47.11



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

49 **Greenville** **4**
SLIAC LW: 45

50

Carroll (Wis.)
CCIW

3

LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	8	Maria FALK	SR	13.83m 45-4½	4/5/25	16	1.22	17.22
► SP	13	Vanessa UITENBROEK	SR	13.62m 44-8¼	4/18/25	8	0.79	8.79
► DISC	8	Vanessa UITENBROEK	SR	46.04m 151-1	4/12/25	16	1.08	17.08
► HT	20	Vanessa UITENBROEK	SR	51.66m 169-6	4/18/25	D 2	0.33	2.33
CARROLL (WIS.) TFRI Team Total								45.42

51	UMass Boston Little East	▲ 32 LW: 83
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[illegible]



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

54 **DePauw** **5**
NCAC LW: 49

55

Claremont-Mudd-Scripps

SCIAC

▼ 21

LW: 34

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	19	Josephine JETT	SO	11.92 (1.3)	3/22/25	3.5	0.47	3.97
▶ 100H	6	Josephine JETT	SO	14.08 (0.1)	4/12/25	20	1.82	21.82
▶ 200m	38	Josephine JETT	SO	24.77 (1.4)	3/29/25	0.3	0.04	0.34
▶ Steeple	24	Revere SCHMIDT	SO	11:08.56	3/8/25	1	0.23	1.23
▶ 4x100	37	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens		47.95	4/12/25	0.35	0.00	0.35
▶ HJ	50	Simone ROGERS	SR	1.60m 5-3	3/1/25	0.01	0.00	0.01
▶ PV	32	Madeline SEIFERT	JR	3.65m 11-11¾	4/5/25	0.6	0.00	0.60
▶ HT	16	Antonia HEKSTER	SR	52.20m 171-3	3/29/25	5	0.48	5.48
▶ JAV	14	Sophia LAUDI	FR	40.48m 132-10	3/29/25	7	0.46	7.46
CLAREMONT-MUDD-SCRIPPS TFRI Team Total								41.25

57

Bridgewater State

MASCAC

9

LW: 66

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	21	Alison MCDONOUGH	SR	14.39 (1.8)	4/19/25	2.5	0.42	2.92
▶ 200m	46	Kiara ABRANTES	SR	24.83w (2.7)	4/11/25	0.1	0.00	0.10
▶ 400m	13	Kiara ABRANTES	SR	55.70	4/19/25	8	0.88	8.88
▶ 10,000m	25	Naomi CASS	JR	36:11.08	4/12/25	0.95	0.20	1.15
▶ HJ	4	Serenity SANDS	SR	1.69m 5-6½	4/11/25	24	1.57	25.57
BRIDGEWATER STATE TFRI Team Total								38.63

58

Coast Guard

NEWMAC

6

LW: 64

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	49	Makenna TOPP	SO	57.05	4/19/25	0.025	0.00	0.03
▶ HJ	1	Allie WILDSMITH	JR	1.78m 5-10	4/19/25	30	5.43	35.43
▶ TJ	21	Maddie GREENE	SR	11.63m 38-2 (0.3)	3/28/25	2.5	0.30	2.80
COAST GUARD TFR1 Team Total								38.26



USTFCCCA NCAA Division III Outdoor Track & Field National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

59

Ohio Northern
OAC

▲ 25
LW: 84

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	48	Olyvia ASHBROOK	SR	14.86w (2.5)	4/12/25	0.05	0.00	0.05
▶ 200m	47	Tatum WALSH	FR	24.84cw (25.22) (2.6)	3/30/25	0.075	0.00	0.08
▶ 400H	34	Olyvia ASHBROOK	SR	1:03.99	4/12/25	0.5	0.00	0.50
▶ Steeple	48	Natalie ARMBRUSTER	JR	11:18.24	4/12/25	0.05	0.00	0.05
▶ 10,000m	43	Ashley HOCKSTOK	SR	37:17.23	3/28/25	0.175	0.00	0.18
▶ HJ	38	Emersyn GERKEN	FR	1.61m 5-3¼	4/19/25	0.3	0.00	0.30
▶ PV	7	Claire SCHWELLER	JR	3.94m 12-11	4/19/25	18	1.57	19.57
▶ PV	23	Ellie FORD	JR	3.74m 12-3¼	4/19/25	1.5	0.29	1.79
▶ PV	50	Jaclyn BOARDMAN	SR	3.51m 11-6¼	4/19/25	0.01	0.00	0.01
▶ SP	20	Izzy BURMAN	SR	13.31m 43-8	4/19/25	3	0.40	3.40
▶ SP	29	Hannah FRIEND	SR	12.98m 42-7	4/19/25	0.75	0.00	0.75
▶ DISC	28	Hannah FRIEND	SR	43.73m 143-6	4/19/25	0.8	0.08	0.88
▶ DISC	40	Samantha SELLERS	SR	42.50m 139-5	3/30/25	0.25	0.00	0.25
▶ HT	12	Izzy BURMAN	SR	53.65m 176-0	4/19/25	9	0.95	9.95
▶ HT	36	Hannah FRIEND	SR	49.98m 164-0	4/19/25	0.4	0.00	0.40

OHIO NORTHERN TFRI Team Total 38.15

60

Trinity (Texas)
SCAC

▼ 16
LW: 44

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	30	Danya SELBER	SR	14.55w (3.3)	4/12/25	0.7	0.06	0.76
▶ 4x100	27	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik		47.64	3/22/25	0.85	0.11	0.96
▶ 4x400	28	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray		3:56.75	3/29/25	0.8	0.00	0.80
▶ LJ	5	Annabelle LANIK	FR	5.98mw 19-7½ (2.2)	3/28/25	22	1.84	23.84
▶ LJ	40	Joy AREOLA	SR	5.59mw 18-4¼ (2.9)	3/21/25	0.25	0.00	0.25
▶ TJ	11	Joy AREOLA	SR	11.96m 39-3 (1.8)	3/29/25	10	1.03	11.03

TRINITY (TEXAS) TFRI Team Total 37.64

61

Aurora
NACC

▼ 15
LW: 46

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	20	Deyanneira COLON MALDONADO	SR	4:31.91	4/5/25	D 2	0.48	2.48
▶ 5000m	8	Deyanneira COLON MALDONADO	SR	16:38.23	4/12/25	16	1.27	17.27
▶ 10,000m	8	Deyanneira COLON MALDONADO	SR	35:15.27	3/28/25	16	1.06	17.06

AURORA TFRI Team Total 36.81

62

Hope
MIAA

▲ 31
LW: 93

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	17	Sara SCHERMERHORN	JR	24.45 (-0.1)	4/19/25	4.5	0.53	5.03
▶ 400m	4	Sara SCHERMERHORN	JR	55.02	4/19/25	24	1.77	25.77
▶ 400m	34	Catherine LEAHY	JR	56.59	3/15/25	0.5	0.12	0.62
▶ 4x100	21	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn		47.46	3/22/25	2.5	0.27	2.77
▶ 4x400	21	Catherine Leahy, Frances Cozzens, Sofia Fisher, Sara Schermerhorn		3:53.27	4/12/25	2.5	0.00	2.50

HOPE TFRI Team Total 36.68

63

Susquehanna
Landmark

▼ 21
LW: 42

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	4	Chloe YODER	SR	14.05w (2.7)	3/29/25	24	2.03	26.03
▶ LJ	22	Hannah ALDERFER	SR	5.73mw 18-9¾ (2.3)	4/18/25	2	0.31	2.31
▶ HEPT	14	Hannah ALDERFER	SR	4,619	4/11/25	7	0.84	7.84

SUSQUEHANNA TFRI Team Total 36.19



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #4, April 22

69 Middlebury
NESCAC

▼ 40
LW: 29

MIDDLEBURY TFRI Team Total	33.20
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70 Eastern Connecticut State Little East

71
LW: 141

EASTERN CONNECTICUT STATE TER/ Team Total	32.54
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71 **Macalester**
MIAC

▼ **1**
LW: 70

MACALESTER TFR! Team Total	32.54
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72 Washington and Lee

▼ 5
LW: 67

WASHINGTON AND LEE TFR! Team Total	32.45
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73 **Hamilton**
NESCAC

▼ **12**
LW: 61

74 Illinois Tech
NACC

▼ **14**
LW: 60



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #4, April 22

75

Linfield
NWC

▼ 25
LW: 50

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	45	Analissa PARESA	FR	3.54m	11-7¼	4/5/25	0.125	0.00	0.13
► LJ	11	Kira HAWAABOO	SO	5.87m	19-3¼ (-1.2)	4/5/25	10	0.96	10.96
► JAV	50	Kira HAWAABOO	SO	37.84m	124-2	4/15/25	0.01	0.00	0.01
► HEPT	7	Kira HAWAABOO	SO	4,840		4/15/25	18	1.52	19.52
LINFIELD TFRI Team Total									30.61

76

Westminster (Pa.) PAC

▲ 16
LW: 92

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	23	BreannDA DAVIS	SR	1.63m 5-4¼	3/29/25	1.5	0.25	1.75
► PV	5	Madison CONLEY	SR	4.00m 13-1½	4/18/25	22	2.22	24.22
► SP	49	Lexi SHIDERLY	SR	12.75m 41-10	4/18/25	0.025	0.00	0.03
► DISC	20	Shelby RAMBO	JR	44.16m 144-11	4/18/25	3	0.24	3.24
WESTMINSTER (PA.) TFRI Team Total								29.23

77

Hartford
CNE

▲ 51
LW: 128

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	16	Cali LEONARD	SR	14.32w (2.2)	4/19/25	5	0.61	5.61
▶ HJ	5	Jordan MURPHY	SO	1.68m 5-6	4/19/25	22	1.27	23.27
▶ HEPT	40	Jordan MURPHY	SO	4,071	4/12/25	0.25	0.00	0.25
HARTFORD TERI Team Total								29.13

78

SUNY Delhi
NAC

▲ 13
LW: 91

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	8	Miranda COLE	JR	24.22w (2.9)	4/19/25	16	1.20	17.20
▶ 200m	21	Shaesha JOHNSON	FR	24.52w (2.4)	3/29/25	2.5	0.40	2.90
▶ 800m	38	Amanda INTRIERI	FR	2:13.89	4/14/25	0.3	0.03	0.33
▶ 4x100	14	#Type!		47.05	3/29/25	7	0.79	7.79
▶ 4x400	36	Gabrielle Brown, Miranda Cole, Shaesha Johnson, Zoe Rodi		3:58.50	4/19/25	0.4	0.00	0.40

SUNY DELHI TFRI Team Total 28.63

79

Penn State Behrend
SUNYAC

1
LW: 80

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► JAV	3	Julia BALASKI	JR	43.34m	142-2	3/29/25	26	2.63
PENN STATE BEHREND TFRI Team Total								28.63

PENN STATE BEHREND TFRI Team Total 28.63

80

Southwestern (Texas)

▼ **1**
LW: 79

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 400H	3	Arden NEFF	SR	1:01.07	4/12/25	26	2.38	28.38	
▶ TJ	47	Ella LEWIS	SO	11.35m	37-3 (1.8)	4/11/25	0.075	0.00	0.08
SOUTHWESTERN (TEXAS) TFR1 Team Total								28.45	

SOUTHWESTERN (TEXAS) TFR1 Team Total 28.45



USTFCCCA NCAA Division III Outdoor Track & Field National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

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81

Brandeis
UAA

▲ 117
LW: 198

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	6	Peterly LEROY	FR	55.36	4/17/25	20	1.32	21.32
▶ 4x100	43	Peterly Leroy, Sarai Sealy, Shaniece Nugent, Jasmin Berganza		48.14	4/17/25	0.175	0.00	0.18
▶ 4x400	15	Peterly Leroy, Jasmin Berganza, Shaniece Nugent, Hannah Bohbot-Dridi		3:49.69	4/18/25	6	0.80	6.80

BRANDEIS TFRI Team Total 28.29

82

Drew
Landmark

▲ 128
LW: 210

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	16	Emily CAMLET	JR	55.83c (56.57)	4/19/25	5	0.72	5.72
▶ LJ	6	Sage HENDERSHOT	SO	5.92m 19-5¼ (1.7)	4/19/25	20	1.36	21.36
▶ TJ	26	Laurn BROWN	FR	11.55m 37-10¾ (1.6)	4/19/25	0.9	0.16	1.06

DREW TFRI Team Total 28.14

83

North Park
CCIW

▼ 11
LW: 72

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	19	Riana HAYES	JR	11.92 (1.7)	4/17/25	3.5	0.47	3.97
▶ 100H	23	Thea RING	JR	14.42w (3.4)	3/29/25	1.5	0.35	1.85
▶ 200m	42	Thea RING	JR	24.81 (0.1)	4/5/25	0.2	0.00	0.20
▶ 400m	44	Thea RING	JR	56.91	4/5/25	0.15	0.00	0.15
▶ 4x100	6	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg		46.49	4/12/25	20	1.80	21.80

NORTH PARK TFRI Team Total 27.97

84

Catholic (D.C.)
Landmark

▼ 11
LW: 73

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	15	Clare MARSH	SR	1:02.86	4/19/25	6	0.49	6.49
▶ 400H	17	Brigid BYRNES	SO	1:02.92	4/19/25	4.5	0.46	4.96
▶ 400H	41	Mia MCCONNELL	SO	1:04.34	4/19/25	0.225	0.00	0.23
▶ 1500m	18	Emily MOEHRINGER	SR	4:31.68	4/14/25	4	0.52	4.52
▶ Steeple	11	Kate INGLIS	SR	10:49.69	4/14/25	10	1.03	11.03
▶ 4x400	30	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes		3:57.12	3/29/25	0.7	0.00	0.70

CATHOLIC (D.C.) TFRI Team Total 27.92

85

Ripon
MWC

▼ 26
LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	23	Bridget FINN	SR	1.63m 5-4¼	4/12/25	1.5	0.25	1.75
▶ LJ	50	Bridget FINN	SR	5.54mw 18-2¼ (2.4)	4/12/25	0.01	0.00	0.01
▶ HEPT	4	Bridget FINN	SR	4,945	4/12/25	24	1.99	25.99

RIPON TFRI Team Total 27.75

86

Chatham
PAC

▲ 20
LW: 106

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	42	Aurielle BRUNNER	SR	1:04.35	4/12/25	0.2	0.00	0.20
▶ LJ	22	Aurielle BRUNNER	SR	5.73m 18-9¾ (0.0)	4/11/25	2	0.31	2.31
▶ TJ	5	Aurielle BRUNNER	SR	12.13m 39-9¾ (0.0)	4/16/25	22	1.64	23.64

CHATHAM TFRI Team Total 26.15



Only those who score >0.01 pts are shown

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87 **Grove City**
PAC

▼ **32**
LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	45	Lydia BENNETT	SR	2:14.40	4/17/25	0.125	0.00	0.13
▶ 1500m	17	Lydia BENNETT	SR	4:31.55	4/5/25	4.5	0.54	5.04
▶ Steeple	9	Grace SMITH	SR	10:48.95	4/14/25	14	1.08	15.08
▶ Steeple	18	Ella LYLE	SR	10:59.01	4/14/25	4	0.56	4.56
▶ 5000m	29	Lydia BENNETT	SR	16:56.35	3/29/25	0.75	0.25	1.00
▶ HJ	38	Elly BRUNER	SO	1.61m 5-3¼	4/12/25	0.3	0.00	0.30
GROVE CITY TFRI Team Total								26.11

88 **Houghton**
Empire 8

▼ **11**
LW: 77

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	22	Victoria BREWSTER	JR	11.97w (3.9)	4/5/25	2	0.34	2.34
► HJ	5	Alexa BELANGER	FR	1.68m	5-6	4/5/25	22	1.27 23.27
HOUGHTON TFRI Team Total								25.61

89 **Millikin**
CCIW

26
LW: 115

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 100m	32	De'Andranay CHISM	FR	12.05	(1.6)	3/29/25	0.6	0.13	0.73
▶ 200m	5	De'Andranay CHISM	FR	23.94w	(3.2)	4/18/25	0.2	2.11	24.11
▶ HJ	50	Hannah SAGO	JR	1.60m	5-3	3/29/25	0.01	0.00	0.01
MILLIKIN TFRI Team Total								24.85	

90 Gustavus Adolphus

▼ **33**
LW: 57

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	6	Megan GERAETS	SR	24.19 (1.7)	4/12/25	20	1.29	21.29
► 4x100	40	Allison Stacy, Megan Geraets, Laura Thauvin, Kate Carlson		48.02	4/12/25	0.25	0.00	0.25
► HJ	50	Kayla KAJER	FR	1.60m 5-3	4/16/25	0.01	0.00	0.01
► LJ	26	Megan GERAETS	SR	5.67mw 18-7¼ (2.8)	4/5/25	0.9	0.07	0.97
► DISC	31	Kelley BRENNAN	JR	43.35m 142-3	4/12/25	0.65	0.00	0.65
► DISC	36	Olivia DUNCAN	SO	42.67m 140-0	4/5/25	0.4	0.00	0.40
► HT	24	Kelley BRENNAN	JR	51.01m 167-4	4/12/25	1	0.14	1.14
GUSTAVUS ADOLPHUS TFRI Team Total								24.72

91 Southern Virginia

7
LW: 98

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	27	Heidi BARTON	JR	2:12.94	4/19/25	0.85	0.24	1.09
▶ HJ	5	Marin SIMONS	FR	1.68m	5-6	4/19/25	22	23.27
SOUTHERN VIRGINIA TRI Team Total								24.36

92 TCNJ NJAC

24
LW: 116

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	14	Mackenzie BURKE	SO	1:02.73	4/19/25	7	0.55	7.55
▶ 800m	25	Kelly O'GRADY	JR	2:12.82	4/19/25	0.95	0.27	1.22
▶ 4x400	11	#Type!		3:48.97	4/19/25	10	1.09	11.09
▶ HT	22	Jessica REILLY	SR	51.28m 168-3	3/29/25	2	0.22	2.22
▶ HT	39	Kerri MCCARTHY	SR	49.88m 163-8	4/19/25	0.275	0.00	0.28
▶ HEPT	46	Sarah SCEPKOWSKI	JR	3,929	4/12/25	0.1	0.00	0.10
TCNJ TFRI Team Total								22.45



Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

93 UC Santa Cruz
C2C

16
LW: 109

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	29	Elena STANCIU	SO	4:33.28	4/18/25	0.75	0.28	1.03
▶ Steeple	7	Kenzie SEYMOUR	SO	10:43.21	4/18/25	18	1.50	19.50
UC SANTA CRUZ TFR1 Team Total								20.53

94 **Pacific (Ore.)**
NWC

6
LW: 88

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	7	Allyson HAMMOND	JR	14.17 (1.0)	3/22/25	18	1.30	19.30
▶ HEPT	45	Courtney TIERNAN	JR	3,940	4/15/25	0.125	0.00	0.13
PACIFIC (ORE.) TFRI Team Total								19.43

95 **Pomona-Pitzer**
SCJAC

▼ **19**
LW: 76

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x100	29	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick		47.80	4/12/25	0.75	0.00	0.75
► 4x400	26	Katriona Kirkpatrick, Anna Marston, Kensington Binstadt, Olivia Reichle		3:56.36	4/12/25	0.9	0.00	0.90
► LJ	47	Ella BOWERS	SR	5.55mw 18-2½ (2.1)	3/29/25	0.075	0.00	0.08
► TJ	8	Ella BOWERS	JR	12.01mw 39-5 (3.2)	4/12/25	16	1.21	17.21
POMONA-PITZER TFRI Team Total								18.93

96 **Ohio Wesleyan**
NCAC

▼ 7
LW: 89

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	45	Katherine DORTMUND	FR	12.13 (1.5)	4/12/25	0.125	0.00	0.13
▶ 100H	8	Katherine DORTMUND	FR	14.19w (2.5)	4/12/25	16	1.21	17.21
▶ 4x100	28	Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger		47.67	3/30/25	0.8	0.08	0.88

OHIO WESLEYAN TFR/ Team Total	18.22
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97 Baldwin Wallace
OAC

▼ **22**
LW: 75

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	15	Jameire HONZU	FR	14.31w (2.5)	4/12/25	6	0.65	6.65
▶ 200m	23	Abby COLLIER	SR	24.53w (3.2)	3/29/25	1.5	0.39	1.89
▶ 400m	24	Abby COLLIER	SR	56.21	4/19/25	1	0.35	1.35
▶ 800m	14	Hope MURPHY	SR	2:10.95	4/14/25	7	0.68	7.68
▶ HJ	35	Rylee GORRELL	SO	1.62m 5-3¾	4/19/25	0.45	0.10	0.55
BALDWIN WALLACE TFR1 Team Total								18.12

98 **SUNY Brockport**
Empire 8

▼ 8
LW: 90

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	47	Marissa WISE	SR	24.84 (1.1)	4/14/25	0.075	0.00	0.08
► 400H	16	Lexi RODRIGUEZ	JR	1:02.87	4/14/25	5	0.48	5.48
► 400H	32	Marissa WISE	SR	1:03.86	4/19/25	0.6	0.02	0.62
► 4x400	27	Lexi Rodriguez, Monica Cammarota, Courtney Bostic, Marissa Wise		3:56.72c (3:59.86)	4/19/25	0.85	0.00	0.85
► DISC	41	Rebecca HEULER	SR	42.44m 139-3	4/19/25	0.225	0.00	0.23
► JAV	11	Rebecca HEULER	SR	41.23m 135-3	4/13/25	10	0.77	10.77
SUNY BROCKPORT TFR1 Team Total								18.03



Only those who score >0.01 pts are shown

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WOMEN — 2025 Checkpoint #4, April 22

99 **Manchester**
HCAC

▼ **13**
LW: 86

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	10	Carley CAMP	SR	13.73m	45-½	4/19/25	12	0.97	12.97
► HT	17	Carley CAMP	SR	52.03m	170-9	4/12/25	4.5	0.43	4.93
MANCHESTER TFRI Team Total									17.91

100 **Edgewood**
NACC

5
LW: 95

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► DISC	34	Kylee DOHERTY	JR	42.95m	140-11	4/18/25	0.5	0.00	0.50
► JAV	8	Kylee DOHERTY	JR	41.79m	137-1	4/12/25	16	1.18	17.18
EDGEWOOD TFRI Team Total									17.68

101 Buffalo State
SUNYAC

36
LW: 137

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	50	Khia LASTER	SR	12.14 (-0.9)	4/15/25	0.01	0.00	0.01
► LJ	8	Khia LASTER	SR	5.91m 19-4¾ (1.6)	4/15/25	16	1.28	17.28
BUFFALO STATE TFR1 Team Total								17.29

102 **Mary Washington**
C2C

▼ 20
LW: 82

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	13	Yasmin DEANE	FR	11.87 (1.5)	4/12/25	8	0.68	8.68
► 200m	14	Yasmin DEANE	FR	24.42 (-0.4)	4/5/25	7	0.61	7.61
MARY WASHINGTON TFR1 Team Total								16.29

103 Allegheny (Pa.) PAC

▼ **18**
LW: 85

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	39	Marrin CRIST	SR	11:15.63	3/29/25	0.275	0.00	0.28
► 5000m	11	Chloe BONSON	JR	16:43.76	4/14/25	10	0.86	10.86
► HT	19	Laila DAVIS	SR	51.77m 169-10	4/18/25	3.5	0.36	3.86
► JAV	31	Angie BAWEK	SO	39.31m 129-0	4/5/25	0.65	0.00	0.65
► JAV	34	Elizabeth LUBOLD	JR	39.05m 128-2	4/14/25	0.5	0.00	0.50
ALLEGHENY (PA.) TFRI Team Total								16.14

104 **Roger Williams**
CNE

▼ 7
IW·97

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	37	Hailey GARCIA	FR	12.84m	42-1½	4/19/25	0.35	0.00	0.35
► JAV	9	Angela WEST	FR	41.57m	136-5	4/12/25	14	1.00	15.00
ROGER WILLIAMS TFR1 Team Total									15.35

105 **Concordia Wisconsin**
NACC

37
LW: 142

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 5000m	28	Ainara SAINZ DE ROZAS	JR	16:54.99	4/12/25	0.8	0.30	1.10	
► 10,000m	10	Ainara SAINZ DE ROZAS	JR	35:19.99	4/18/25	12	0.95	12.95	
► 10,000m	34	Emma AHRENS	SO	36:43.73	4/18/25	0.5	0.00	0.50	
► TJ	47	Amiyah JACKSON	FR	11.35m	37-3 (1.0)	3/28/25	0.075	0.00	0.08
CONCORDIA WISCONSIN TERI Team Total								14.63	

106 Dickinson
Centennial

23
LW: 129

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	22	Amiyah PRIEBE	SR	11:03.77	4/14/25	2	0.40	2.40
► 4x400	44	Marley Kurey, Lily Swain, Emily Chaine, Madison Brown		4:00.73c (4:03.92)	4/19/25	0.15	0.00	0.15
► LJ	11	Annie LEDER	SR	5.87mw 19-3¼ (3.2)	4/19/25	10	0.96	10.96
DICKINSON TFRI Team Total								13.51



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

107 Principia
SLIAC

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	36	Sana UDOEKONG	FR	24.75 (1.8)	4/18/25	0.4	0.07	0.47
▶ HJ	10	Hannah MYERS	JR	1.66m 5-5¼	4/18/25	12	0.71	12.71
PRINCIPIA TFRI Team Total								13.18

108 **Stevens**
MAC

LW: 96

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	10	Caroline TIGHE	SR	1.66m	5-5½	3/29/25	12	0.71	12.71
► HJ	50	Maggie PREVIGLIAN	JR	1.60m	5-3	4/5/25	0.01	0.00	0.01
STEVENS TFRI Team Total									12.72

109 **Hanover**
HCAC

LW: 100

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	11	Jessie STENGER	SR	13.71m	44-11¾	3/30/25	10	0.93	10.93
► DISC	32	Jessie STENGER	SR	43.25m	141-11	3/30/25	0.6	0.00	0.60
HANOVER TFR1 Team Total									11.53

110 **Carleton**
MIAC

LW: 104

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	12	Sophie MCMANUS	SR	10:50.93	3/28/25	9	0.94	9.94
► Steeple	40	Libby ROWLAND	SR	11:15.66	3/28/25	0.25	0.00	0.25
► 5000m	47	Sophie MCMANUS	SR	17:15.17	4/12/25	0.075	0.00	0.08
CARLETON TFR1 Team Total								10.27

111 **Hardin-Simmons**
ASC

LW: 108

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	30	Kylah WASHINGTON	SO	12.01 (1.0)	3/22/25	0.7	0.23	0.93
▶ HJ	16	Katie BALLER	SR	1.65m 5-5	3/22/25	5	0.56	5.56
▶ HJ	23	Madisyn TAYLOR	FR	1.63m 5-4¼	4/17/25	1.5	0.25	1.75
▶ HJ	23	Janae GREEN	JR	1.63m 5-4¼	4/17/25	1.5	0.25	1.75
▶ HJ	50	Emmalee HORTON	JR	1.60m 5-3	3/1/25	0.01	0.00	0.01
HARDIN-SIMMONS TFR1 Team Total								10.00

112 **Wheaton (Mass.)**
NEWMAC

LW: 114

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	15	Michaina LORISTON	JR	11.88	(1.7)	4/19/25	6	0.63	6.63
▶ 4x100	20	Emily Zielinski, Wendy Wooden, Inez Medeiros, Michaina Loriston		47.40		4/5/25	3	0.32	3.32
WHEATON (MASS.) TFR1 Team Total									9.95

113 **Thomas (Maine)**
NAC

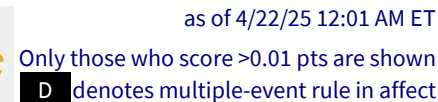
LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	12	Emma BURR	SO	4,650	4/19/25	9	0.92	9.92
THOMAS (MAINE) TFRI Team Total								9.92

114 Marietta
OAC

LW: 111

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	12	Emily THOMPSON	JR	3.84m	12-7¼	3/29/25	9	0.81
MARIETTA TFRI Team Total								9.81



115 **Scranton** **28**
Landmark LW: 87

116 **UW-River Falls**  **6**
 WIAC LW: 110

117

Hunter

CUNYAC

▼

10

LW: 107

118 Nazareth  **4**
Empire 8 LW: 122

119

Otterbein

OAC

▲ 38

LW: 157

120 **Occidental**  **15**
SCIAC LW: 105

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 10,000m	18	Jenna LENAY	JR	35:43.36	3/8/25	4	0.51	4.51
► 4x400	19	Skylar Cottell, Delphine Way, Phoebe Ogden, Elizabeth Hawley		3:52.53	4/12/25	3.5	0.08	3.58
OCCIDENTAL TFRI Team Total								8.09



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as of 4/22/25 12:01 AM ET

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121 Trine MIAA ▲ 42 LW: 163

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	15	Bailey PUCKETT	JR	4:30.97	4/19/25	6	0.70	6.70
▶ 5000m	32	Sidney SWICK	JR	17:00.80	4/18/25	0.6	0.10	0.70
▶ 4x100	37	Sophia Peter, Aniyah Small, Ariana Todd, Mackenzie Miller		47.95	4/18/25	0.35	0.00	0.35

TRINE TFRI Team Total 7.75

122 St. Thomas (Texas) SCAC ▼ 23 LW: 99

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	27	Trinity PROVOST	JR	24.64w (3.7)	3/22/25	0.85	0.23	1.08
▶ 400m	29	Trinity PROVOST	JR	56.43	3/29/25	0.75	0.21	0.96
▶ 4x100	16	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton		47.29	3/22/25	5	0.42	5.42

ST. THOMAS (TEXAS) TFRI Team Total 7.46

123 SUNY Cortland SUNYAC ▲ 16 LW: 139

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	50	Autumn PITTMAN	SR	12.14 (1.3)	4/6/25	0.01	0.00	0.01
▶ 200m	18	Autumn PITTMAN	SR	24.46w (2.9)	4/19/25	4	0.50	4.50
▶ HT	23	Hannah MCMASTERS	JR	51.26m	168-2	1.5	0.21	1.71
▶ HT	29	Cheyenne MCPEEK	SO	50.48m	165-8	0.75	0.00	0.75
▶ HT	47	Jennifer NDUKWU	JR	49.33m	161-10	0.075	0.00	0.08

SUNY CORTLAND TFRI Team Total 7.05

124 Roanoke ODAC ▼ 11 LW: 113

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	19	Ophelia LADNER	JR	1:03.00	4/5/25	3.5	0.42	3.92
▶ 4x100	22	Nalonda Henderson, Eleanor Hinckley, Mae Kaufman, Lindsey Hobin		47.48	4/19/25	2	0.25	2.25
▶ 4x400	31	Lindsey Hobin, Ophelia Ladner, Mae Kaufman, Maryrose Molina-Shuman		3:57.41	4/5/25	0.65	0.00	0.65

ROANOKE TFRI Team Total 6.82

125 Kenyon NCAC ▼ 13 LW: 112

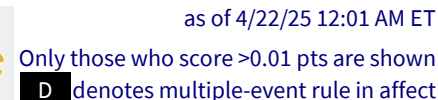
Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ TJ	15	Paula SORIC	SR	11.82m 38-9½ (1.5)	4/11/25	6	0.65	6.65

KENYON TFRI Team Total 6.65

126 Saint Benedict MIAC ▲ 5 LW: 131

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	23	Lauren BERG	JR	1:03.25	4/12/25	1.5	0.31	1.81
▶ PV	35	Jaylyn AHLBERG	JR	3.60m 11-9¾	4/12/25	0.45	0.00	0.45
▶ LJ	42	Sabriya FARQUHARSON	SO	5.58mw 18-3¾ (2.2)	3/21/25	0.2	0.00	0.20
▶ JAV	44	Justus FLOREN	SR	38.40m 126-0	4/12/25	0.15	0.00	0.15
▶ HEPT	19	Justus FLOREN	SR	4,429	4/18/25	3.5	0.39	3.89

SAINT BENEDICT TFRI Team Total 6.49



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127 **Belhaven (Miss.)**
CCS

▼ 33
LW: 94

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	40	Kimona HAYNES	JR	24.80 (1.5)	3/9/25	0.25	0.00	0.25
▶ 400m	20	Ashaunti JONES	SR	55.99	3/22/25	3	0.52	3.52
▶ 400m	23	Kimona HAYNES	JR	56.16	3/22/25	1.5	0.38	1.88
▶ TJ	36	Jakia JOINER	SO	11.45m 37-6¾ (0.0)	3/1/25	0.4	0.00	0.40
BELHAVEN (MISS.) TFRI Team Total								6.05

128 Springfield (Mass.)
NEWMAC

▲ 16
LW: 144

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	44	Katherine DEFOSSE	SO	14.79 (-0.1)	4/19/25	0.15	0.00	0.15
▶ HJ	38	Autumn BACIK	FR	1.61m 5-3¼	4/7/25	0.3	0.00	0.30
▶ TJ	16	Samantha PAUL	SR	11.79m 38-8¼ (3.0)	4/19/25	5	0.59	5.59
SPRINGFIELD (MASS.) TFRI Team Total								6.04

129 **Babson**
NEWMAC

▼ 12
LW: 117

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	16	Amrit REHAL	FR	1.65m	5-5	3/22/25	5	0.56
BABSON TFRI Team Total								5.56

130 **Simpson (Iowa)**
American Rivers

▼ 9
LW: 121

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	43	Madison HAYS	JR	1:04.38	4/18/25	0.175	0.00	0.18
▶ 10,000m	21	Teghan BOOTH	SR	35:52.78	3/28/25	2.5	0.40	2.90
▶ 4x400	47	Madison Hays, Chloe Wierson, Nicole Middents, Maddax DeVault		4:00.94	4/11/25	0.075	0.00	0.08
▶ JAV	22	Aaliyah JOHNSON	SR	39.81m 130-8	3/28/25	2	0.17	2.17
SIMPSON (IOWA) TFRI Team Total								5.33

131 Case Western Reserve

▲ 14
LW: 145

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	50	Arianna HOLBROOK	SO	2:14.96	4/19/25	0.01	0.00	0.01
▶ Steeple	37	Ayla GRABENBAUER	JR	11:14.69	4/14/25	0.35	0.02	0.37
▶ 5000m	33	Lauren IAGNEMMA	JR	17:05.12	4/14/25	0.55	0.00	0.55
▶ PV	46	Holly SCHREIBER	SO	3.53m 11-7	4/19/25	0.1	0.00	0.10
▶ SP	32	Michaela BURKHAUSER	SR	12.89m 42-3½	3/29/25	0.6	0.00	0.60
▶ DISC	21	Michaela BURKHAUSER	SR	43.95m 144-3	4/19/25	2.5	0.16	2.66
▶ HT	32	Ailean DUFFIE	SR	50.27m 164-11	4/19/25	0.6	0.00	0.60
▶ HT	49	Michaela BURKHAUSER	SR	49.04m 160-11	3/29/25	0.025	0.00	0.03
CASE WESTERN RESERVE TFRI Team Total								4.92

132 Saint Joseph's (Maine)

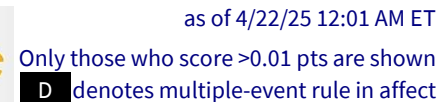
LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► JAV	17	Ellie LEECH	FR	40.04m	131-5	4/19/25	4.5	0.27	4.77
SAINT JOSEPH'S (MAINE) TFRI Team Total									4.77

133 Christopher Newport
C2C

▼ 9
LW: 124

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DISC	21	Katherine STEVENS	SR	43.95m 144-3	4/12/25	2.5	0.16	2.66
► HT	27	Katherine STEVENS	SR	50.61m 166-1	3/29/25	0.85	0.03	0.88
► HEPT	24	Ellie NUCKOLS	SO	4,310	4/19/25	1	0.10	1.10
CHRISTOPHER NEWPORT TFRI Team Total								4.64



134 **Puget Sound** **31**
NWC LW: 103

135 **Amherst** ▼ **17**
 NESCAC LW: 118

136 **St. Olaf**  **11**
MIAC LW: 125

137 **St. John Fisher**  **13**
Empire 8 LW: 150

138 Misericordia  **6**
MAC IW: 132

139 **Pacific Lutheran** ▼ **3**
NWC LW: 136

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► TJ	20	Kyleigh ARCHER	SO	11.64m	38-2¼ (1.4)	4/5/25	3	0.32	3.32
► TJ	32	Madison DOWNEY	SO	11.49m	37-8½ (0.2)	4/4/25	0.6	0.05	0.65
PACIFIC LUTHERAN TFRI Team Total									3.97



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as of 4/22/25 12:01 AM ET

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WOMEN — 2025 Checkpoint #4, April 22

140 Wittenberg NCAC

▼ 21
LW: 119

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	41	Meghan FRAZIER	SR	12.12 (1.3)	4/19/25	0.225	0.00	0.23
▶ 200m	45	Meghan FRAZIER	SR	24.82 (2.0)	4/19/25	0.125	0.00	0.13
▶ 400m	30	Meghan FRAZIER	SR	56.44	4/12/25	0.7	0.21	0.91
▶ 400H	40	Isabelle HENDERSON	FR	1:04.24	4/19/25	0.25	0.00	0.25
▶ 4x100	25	Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson		47.62	4/12/25	0.95	0.13	1.08
▶ 4x400	34	Abigail Danne, Isabelle Henderson, Meghan Frazier, Tymeerah De'Armond		3:57.97	4/12/25	0.5	0.00	0.50
▶ HJ	50	Julissa WILLIAMS	SR	1.60m 5-3	4/5/25	0.01	0.00	0.01
▶ PV	48	Story LAING	SO	3.52m 11-6½	4/5/25	0.05	0.00	0.05
▶ LJ	30	Isabelle HENDERSON	FR	5.62m 18-5¼ (1.2)	3/22/25	0.7	0.00	0.70

WITTENBERG TFRI Team Total 3.85

141 Wheaton (Ill.) CCIW

▼ 7
LW: 134

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ HJ	20	Grace CROWDER	SO	1.64m 5-4½	4/5/25	3	0.40	3.40

WHEATON (ILL.) TFRI Team Total 3.40

142 Concordia Moorhead MIAC

▼ 40
LW: 102

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	39	Jenna KALEVIK	SR	14.72w (3.6)	4/11/25	0.275	0.00	0.28
▶ 400m	43	Kyla NYGAARD	JR	56.83	4/18/25	0.175	0.00	0.18
▶ 800m	34	Kyla NYGAARD	JR	2:13.59	4/5/25	0.5	0.10	0.60
▶ 4x100	49	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard		48.22	4/11/25	0.025	0.00	0.03
▶ JAV	30	Genevieve GRUBA	SO	39.32m 129-0	4/11/25	0.7	0.00	0.70
▶ HEPT	29	Peyton SELLE	SR	4,258	4/13/25	0.75	0.00	0.75
▶ HEPT	31	Jenna KALEVIK	SR	4,203	4/13/25	0.65	0.00	0.65

CONCORDIA MOORHEAD TFRI Team Total 3.17

143 Willamette NWC

▼ 16
LW: 127

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	38	Katherine THORNTON	SR	14.70 (0.5)	4/12/25	0.3	0.00	0.30
▶ 400H	39	Katherine THORNTON	SR	1:04.23	4/12/25	0.275	0.00	0.28
▶ HJ	23	Erica SNYDER	JR	1.63m 5-4¼	4/15/25	1.5	0.25	1.75
▶ HJ	50	Whitley STEPP	JR	1.60m 5-3	3/1/25	0.01	0.00	0.01
▶ HJ	50	Ella THOMPSON	FR	1.60m 5-3	4/15/25	0.01	0.00	0.01
▶ HEPT	33	Ella THOMPSON	FR	4,191	4/15/25	0.55	0.00	0.55
▶ HEPT	41	Erica SNYDER	JR	4,057	4/15/25	0.225	0.00	0.23

WILLAMETTE TFRI Team Total 3.12

144 Rose-Hulman HCAC

▼ 21
LW: 123

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	21	Rose TALBERT	SO	56.07	4/18/25	2.5	0.44	2.94
▶ HJ	50	Audrey EDWARDS	SO	1.60m 5-3	3/22/25	0.01	0.00	0.01

ROSE-HULMAN TFRI Team Total 2.95

145 Eastern (Pa.) MAC

▲ 63
LW: 208

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	21	Hailey SHREFFLER	SR	2:12.34	4/19/25	2.5	0.37	2.87

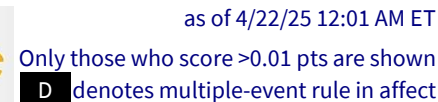
EASTERN (PA.) TFRI Team Total 2.87

146 Denison NCAC

▼ 13
LW: 133

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	22	Emily BRENNAN	JR	1:03.08	4/12/25	2	0.39	2.39
▶ SP	35	Sydney FLORES	JR	12.88m 42-3¼	3/30/25	0.45	0.00	0.45

DENISON TFRI Team Total 2.84



147 **Bridgewater (Va.)** **21**
ODAC LW: 126

148 Berea (Ky.)  **2**
HCAC LW: 146

149 **King's College (Pa.)** **unch**
 MAC LW: 149

150 **Wooster** ▲ **1**
 NCAC LW: 151

151 **Adrian**
MIAA LW:

151 **Utica**  **8**
Empire 8 LW: 143

153

Alfred

Empire 8

▼

33

LW: 120

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	23	Anne SPILA	SR	4,341	4/11/25	1.5	0.18	1.68
ALFRED TFRI Team Total								1.68



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

154

Trinity (Conn.)

NESCAC

▲

40

LW: 194

155

St. Norbert
NACC

25

LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	32	Taylor THIRY	JR	12.89m	42-3½	4/5/25	0.6	0.00	0.60
► HEPT	30	Eden MARANELL	SO	4,248		4/12/25	0.7	0.00	0.70
ST. NORBERT TFRI Team Total									1.30

156 **Moravian**  **3**
Landmark LW: 153

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	36	Abigail GIAMONI	SR	56.64	3/29/25	0.4	0.08	0.48
▶ 10,000m	31	Tara SMURLA	JR	36:33.52	4/14/25	0.65	0.00	0.65
▶ TJ	47	Ali HAEFELE	JR	11.35mw 37-3 (3.2)	4/19/25	0.075	0.00	0.08
MORAVIAN TFR1 Team Total								1.21

157 **Salisbury**
C2C ▼ **1**
LW: 156

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x100	32	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil		47.82	4/19/25	0.6	0.00	0.60
► LJ	35	Mia HILL	JR	5.61mw 18-5 (2.6)	4/19/25	0.45	0.00	0.45
► TJ	45	Emma CHRISTMAN	JR	11.37m 37-3¾ (1.1)	4/4/25	0.125	0.00	0.13
SALISBURY TFRI Team Total								1.18

158 **Augsburg**  **23**
MIAC LW: 135

159

Westfield State

MASCAC

▲ 16

LW: 175

160 **Bates**  **8**
NESCAC | W: 152

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
HJ	28	Alannah ARDEY	SO	1.61m	5.31%	4/19/25	0.2	0.00	0.20

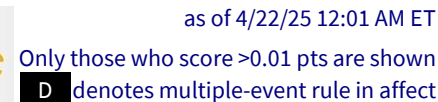
161 **Messiah**  **14**
MAC LW: 147

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
SV	25	Hannah WITTER	SR	3.70m	12.11%	4/16/25	0.05	0.00	1.00

162 **Hamline**  **22**
MIAC LW: 140

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								

HT	25	Lexi BRAINER	SR	50.80m	166-8	4/5/25	0.95	0.08	1.03
HAMLIN TFR Team Total									1.03



163 **Smith** **15**
NEWMAC LW: 148

164 Franklin & Marshall Centennial LW:

165 **RIT**  **24**
Liberty League LW: 189

166 Lebanon Valley  **6**
MAC LW: 160

167

Franciscan

PAC

▼

8

LW: 159

168 Carnegie Mellon ▼ **14**
 UAA LW: 154

169 **Rhodes**  **14**
SAA LW: 155

170 **Benedictine (Ill.)**  **9**
NACC LW: 161

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► JAV	29	Peyton PANKA	SR	39.34m 129-1	4/12/25	0.75	0.00	0.75
BENEDICTINE (ILL.) TFR1 Team Total								0.75



Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

171 **Albion**
MIAA

▼ **1**
LW: 170

171 **Bethany (W.Va.)**  **9**
PAC LW: 162

173 **Castleton**  **5**
Little East LW: 168

173 **Rhode Island College**  **3**
 Little East LW: 170

175 **Fredonia**  **33**
SUNYAC LW: 208

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	34	Cara PELLECHIA	JR	3.62m	11-10½	4/15/25	0.5	0.00
FREDONIA TFRI Team Total								0.50

175 **Juniata**
Landmark

▼ **17**
LW: 158

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	39	Olivia BARBACCI	JR	3.56m	11-8	4/12/25	0.275	0.00	0.28
► JAV	41	Emma COOLIDGE	JR	38.51m	126-4	3/29/25	0.225	0.00	0.23
JUNIATA TFRI Team Total									0.50

177 **Grinnell**
MWC

▼ **12**
LW: 165

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	36	Hannah ROTH	SO	11:14.05	4/11/25	0.4	0.04	0.44
► JAV	49	Juniper SCHWARTZMAN	SO	38.00m	124-8 3/28/25	0.025	0.00	0.03
GRINNELL TFRI Team Total								0.47

178 **Methodist**
USA South

▼ 5
LW: 173

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► TJ	36	Treasure ROSARIO-WATSON	JR	11.45mw 37-6% (2.5)	4/5/25	0.4	0.00	0.40
METHODIST TFR1 Team Total								0.40

178 St. Scholastica
MIAC

 **8**
LW: 186

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HT	36	Ella STRITESKY	JR	49.98m 164-0	4/18/25	0.4	0.00	0.40
ST. SCHOLASTICA TFRI Team Total								0.40

178 UW-Stevens Point

26
LW: 204

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	36	Jordan SHAMION	SR	4,141	4/18/25	0.4	0.00	0.40
UW-STEVENS POINT TFRI Team Total								0.40



Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

181 Illinois College
MWC

▼ **12**
LW: 169

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 100H	41	Aleese TRIMINGHAM	SO	14.74	(0.3)	4/18/25	0.225	0.00	0.23
▶ 4x100	45	McKenzie Murray, Fynesse Jones, Haley Garrett, Deja Anderson		48.15		4/12/25	0.125	0.00	0.13
ILLINOIS COLLEGE TFRI Team Total									0.35

181 LeTourneau
SCAC

▼ 43
LW: 138

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	37	Victoria WILSON	JR	4,140	4/12/25	0.35	0.00	0.35
LETOURNEAU TFRI Team Total								0.35

183 **Swarthmore**
Centennial

▼ **17**
LW: 166

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	50	Trelstad T	SR	1.60m 5-3	4/5/25	0.01	0.00	0.01
► DISC	38	Lydia MORRIS-KLIMENT	SO	42.61m 139-10	4/19/25	0.3	0.00	0.30
SWARTMORE TFR1 Team Total								0.31

184 Buena Vista
American Rivers

9
LW: 193

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	38	Payton SCHERMERHORN	SO	12.81m 42-½	4/18/25	0.3	0.00	0.30
BUENA VISTA TFRI Team Total								0.30

184 **Endicott**
CNE

▼ **10**
LW: 174

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	38	Abby GRIFFITH	FR	1.61m	5-3¼	3/29/25	0.3	0.00
ENDICOTT TFR1 Team Total								0.30

184 Saint Mary's (Minn.)

▼ 20
LW: 164

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	38	Zari YOUNG	FR	12.11w (3.1)	4/12/25	0.3	0.00	0.30
SAINT MARY'S (MINN.) TFR1 Team Total								0.30

184 **Virginia Wesleyan**
ODAC

▼ 7
LW: 177

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	38	Norah CIANO	SR	1.61m	5-3¼	4/5/25	0.3	0.00
VIRGINIA WESLEYAN TFRI Team Total								0.30

184 **Waynesburg**
PAC

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► JAV	38	Natalie DOUBLE	SO	38.66m	126-10	4/19/25	0.3	0.00
WAYNESBURG TFRI Team Total								0.30

184 Wellesley
NEWMAC

▼ 6
LW: 178

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	38	Ella WHINNEY	JR	11:15.33	4/12/25	0.3	0.00	0.30
WELLESLEY TFR1 Team Total								0.30



Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

190 **Univ. of New England**  **11**
CNE LW: 179

191 **DeSales**  **11**
MAC LW: 180

191 **Suffolk**  **24**
CNE LW: 167

193 **Gettysburg**  **3**
Centennial LW: 190

193 Wesleyan (Conn.)  **8**
NESAC LW: 185

195 **Arcadia**  **19**
MAC LW: 176

196 **MSOE**
NACC LW:

197 **York (Pa.)**  **11**
MAC LW: 186

198 **Geneva**  **16**
PAC LW: 182

199 **Ursinus**  **18**
Centennial LW: 181

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	50	Kaelin RYAN	JR	14.88 (0.7)	4/14/25	0.01	0.00	0.01
▶ TJ	47	Samantha WECHSLER	SO	11.35m 37-3 (1.3)	4/5/25	0.075	0.00	0.08
URSINUS TFR1 Team Total								0.09



WOMEN — 2025 Checkpoint #4, April 22

200 New Jersey City
NJAC▼ 16
LW: 184

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 200m	50	Reyanna HENDERSON	SR	24.86 (1.9)	4/19/25	0.01	0.00	0.01
▶ HJ	50	Tonna OGINA	JR	1.60m 5-3	4/19/25	0.01	0.00	0.01

NEW JERSEY CITY TFRI Team Total 0.02

201 Alma
MIAA▼ 11
LW: 190

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	50	Helena SNYDER	SR	1.60m 5-3	3/28/25	0.01	0.00	0.01
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ALMA TFRI Team Total 0.01

201 Cal Lutheran
SCIAC▼ 5
LW: 196

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 1500m	50	Summer GELMAN	JR	4:37.07	4/12/25	0.01	0.00	0.01
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CAL LUTHERAN TFRI Team Total 0.01

201 Transylvania
HCAC▼ 11
LW: 190

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	50	Taylor ROARK	SR	1.60m 5-3	4/12/25	0.01	0.00	0.01
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TRANSYLVANIA TFRI Team Total 0.01