



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



East

as of 4/22/2025 12:03:38 AM ET

Women's 100 Meters

1	13	Simone WAHEED	SO	#3	Colby	11.87	(1.6)	3/28
2	15	Michaina LORISTON	JR	#13	Wheaton (Mass.)	11.88	(1.7)	4/19
3	33	Amaris GOODWIN	SR	#9	Gordon (Mass.)	12.06	(0.4)	3/15
4	45	Aryanna GARCEAU	JR	#17	UMass Boston	12.13	(-0.3)	4/18
5	71	Alison MCDONOUGH	SR	#8	Bridgewater Sta	12.24	(1.2)	4/11
6	78	Makayla MORIARTY	FR	#2	Tufts	12.27	(1.6)	4/19
6	78	Kiara ABRANTES	SR	#8	Bridgewater Sta{2}	12.27	(1.6)	4/19
6	78	Grace INACIO	FR	#8	Bridgewater Sta{2}	12.27w	(2.6)	4/19
9	89	Simi LAWAL	SO	#2	Tufts	{2} 12.31	(1.8)	3/22
9	89	JoJo MILLER	SO	#1	MIT	12.31	(1.7)	4/19

Women's 100 Meter Hurdles

1	1	Aryanna GARCEAU	JR	#17	UMass Boston	13.80	(1.9)	4/19
2	21	Alison MCDONOUGH	SR	#8	Bridgewater Sta	14.39	(1.8)	4/19
3	68	Lila BRILLHART	FR		Colby-Sawyer	15.03	(0.6)	4/19
4	83	Moriah SCHARN	JR	#5	Bates	15.15	(-1.3)	4/19
5	88	Emma BURR	SO	#18	Thomas (Maine)	15.18	(-0.7)	4/11
6		Catherine UWAKWE	JR	#4	Bowdoin	15.36	(1.7)	3/23
7		Victoria HART	FR	#14	Babson	15.62w	(2.4)	4/19
8		Molly LU MCKELLAR	JR	#21	Keene State	15.64	(1.3)	4/14
9		Lauren ZIPOLI	FR	#2	Tufts	15.73w	(2.6)	4/19
10		Arielle CHECHILE	FR	#2	Tufts	{2} 15.76w	(2.6)	4/19

Women's 200 Meters

1	11	Aryanna GARCEAU	JR	#17	UMass Boston	24.34	(1.8)	4/19
2	40	Amaris GOODWIN	SR	#9	Gordon (Mass.)	24.80w	(2.7)	4/11
3	42	Simone WAHEED	SO	#3	Colby	24.81	(-0.4)	3/28
4	46	Kiara ABRANTES	SR	#8	Bridgewater Sta	24.83w	(2.7)	4/11
5	58	Peterly LEROY	FR	#6	Brandeis	24.93w	(3.1)	4/17
6	63	Fiona MEJICO	SR	#3	Colby	{2} 24.95	(-0.4)	3/28
7	79	Marina MILLER	SR	#1	MIT	25.09w	(2.2)	4/12
8	85	Shreya KALYAN	JR	#1	MIT	{2} 25.16	(0.6)	4/19
9	94	Emma BURR	SO	#18	Thomas (Maine)	25.21	(1.5)	4/19
10	99	JoJo MILLER	SO	#1	MIT	{3} 25.26	(0.6)	4/19

Women's 400 Meters

1	6	Peterly LEROY	FR	#6	Brandeis	55.36		4/17
2	13	Kiara ABRANTES	SR	#8	Bridgewater Sta	55.70		4/19
3	16	Fiona MEJICO	SR	#3	Colby	55.83		4/19
4	18	Marina MILLER	SR	#1	MIT	55.87		4/19
5	46	Olivia DIAS	SR	#1	MIT	{2} 56.99		4/19
6	47	Kaitlyn EWALD	SO	#3	Colby	{2} 57.02		4/19
7	57	Makayla MORIARTY	FR	#2	Tufts	57.47		4/12
8	58	Olivia DOHERTY	JR	#3	Colby	{3} 57.48		3/22
9	61	Krystal MONTGOMERY	JR	#1	MIT	{3} 57.54		3/29
10	90	Kristina PIZZI	SR	#3	Colby	{4} 58.13		4/19

Women's 400 Meter Hurdles

1	2	Fiona MEJICO	SR	#3	Colby	59.79		3/22
2	25	Emma SMITH	SR	#2	Tufts	1:03.35		3/22
3	28	Arielle CHECHILE	FR	#2	Tufts	{2} 1:03.57		4/12
4	66	Alexis KARANTZA	JR	#7	Southern Maine	1:05.38		4/14
5	68	Michelle BARNES	SO	#3	Colby	{2} 1:05.43		3/28
6	82	Anne-Sophie JANSSEN	JR	#2	Tufts	{3} 1:05.91		3/22
7	88	Hannah BOHBOT-DRIDI	SR	#6	Brandeis	1:06.04		4/4
8		Beth BROWN	JR	#10	WPI	1:06.89		4/12
9		Dara SALKA	FR	#5	Bates	1:07.63		4/12
10		Natalie LIAPIS	SO	#6	Brandeis	{2} 1:07.69		4/4

Women's 800 Meters

1	10	Krystal MONTGOMERY	JR	#1	MIT	2:09.85		4/19
2	54	Astrid MCGUIRE	FR	#4	Bowdoin	2:15.46		4/19
3	62	Olivia DOHERTY	JR	#3	Colby	2:16.00		4/19
4		Kaylee HALE	FR	#4	Bowdoin	{2} 2:17.70		4/11
5		Carly RINKO	SR	#2	Tufts	2:17.74		4/19
6		Maeve SULLIVAN	FR	#1	MIT	{2} 2:17.77		4/11
7		Erin HOVENDON	JR	#1	MIT	{3} 2:17.85		4/19
8		Hannah RISKO	SR	#11	Endicott	2:18.03		4/4
9		Phoebe BRYAR	FR	#2	Tufts	{2} 2:18.16		4/12
10		Michelle BARNES	SO	#3	Colby	{2} 2:18.37		3/28

Women's 1500 Meters

1	11	Gillian ROEDER	SR	#1	MIT	4:30.21		4/12
2	21	Christina CROW	SR	#1	MIT	{2} 4:32.26		4/12
3	33	Lexi FERNANDEZ	JR	#1	MIT	{3} 4:33.94		4/12
4	40	Amalia DORION	SR	#15	Suffolk	4:35.28		4/5
5	70	Hannah RISKO	SR	#11	Endicott	4:39.71		4/19
6		Isabelle DEMERITT	SR	#5	Bates	4:43.16		4/19
7		Megan DIULUS	SO	#1	MIT	{4} 4:44.23		4/19
8		Cam MEYER	FR	#4	Bowdoin	4:44.28		4/19
9		Amy PATTELENA	JR	#15	Suffolk	{2} 4:46.27		4/19
10		Jessica MEZA	SO	#1	MIT	{5} 4:46.33		4/12

Women's Steeplechase

1	16	Liv GIRAND	SO	#1	MIT	10:56.68		3/29
2	35	Heather JENSEN	SO	#1	MIT	{2} 11:13.95		3/29
3	38	Ella WHINNEY	JR	#12	Wellesley	11:15.33		4/12
4	62	Simone BEAUCHAMP	JR	#12	Wellesley	{2} 11:24.57		4/19
5	74	Lexi DEAN	JR	#2	Tufts	11:27.30		4/5
6	93	Emma STEEDMAN	SO	#19	UMass Dartmouth	11:35.10		4/12
7	97	Ella WARKENTINE	JR	#6	Brandeis	11:36.07		4/12
8	100	Sophie CARPENTER	SO	#2	Tufts	{2} 11:37.19		4/5
9		Sophia REYNOLDS	JR	#10	WPI	11:38.64		4/7
10		Taylor NELDNER	SO	#2	Tufts	{3} 11:46.65		4/12



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Women's 5000 Meters

1	6	Rachel BRENNAN	SR	#9 Gordon (Mass.)	16:36.12	4/19
2	10	Rujuta SANE	JR	#1 MIT	16:42.26	4/19
3	13	Gillian ROEDER	SR	#1 MIT {2}	16:44.25	4/19
4	38	Liv GIRAND	SO	#1 MIT {3}	17:06.27	4/19
5	41	Kate SANDERSON	JR	#1 MIT {4}	17:09.40	4/19
6	63	Christina CROW	SR	#1 MIT {5}	17:22.48	4/19
7	85	Isabelle DEMERITT	SR	#5 Bates	17:30.74	4/11
8	86	Heather JENSEN	SO	#1 MIT {6}	17:31.55	4/19
9		Sophie DEMERITT	SR	#5 Bates {2}	17:37.81	4/11
10		Claire BEEBE	SR	#3 Colby	17:39.26	4/12

Women's 10,000 Meters

1	4	Rachel BRENNAN	SR	#9 Gordon (Mass.)	34:28.04	3/28
2	5	Kate SANDERSON	JR	#1 MIT	34:52.91	3/29
3	12	Rujuta SANE	JR	#1 MIT {2}	35:23.27	3/29
4	23	Elizabeth DONAHUE	JR	#2 Tufts	36:05.44	4/14
5	25	Naomi CASS	JR	#8 Bridgewater Sta	36:11.08	4/12
6	39	Nina PARZIALE	SR	#16 Univ. of New Eng	36:53.08	4/14
7	41	Carolyn DAY	SR	#9 Gordon (Mass.) {2}	36:57.38	3/28
8	58	Emily BRYDGES	JR	#12 Wellesley	37:36.58	4/12
9	82	Sophia REYNOLDS	JR	#10 WPI	38:23.15	4/12
10	86	Shea ROCHE	JR	#17 UMass Boston	38:26.70	3/29

Women's 4x100 Relay

1	9	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman	#3 Colby	46.79	3/28
2	20	Emily Zielinski, Wendy Wooden, Inez Medeiros, Michaina Loriston	#13 Wheaton (Mass.)	47.40	4/5
3	43	Peterly Leroy, Sarai Sealy, Shaniece Nugent, Jasmin Berganza	#6 Brandeis	48.14	4/17
4	61	Sophia Young, Juliette Coley, Anna Kim, Catherine Uwakwe	#4 Bowdoin	48.71	4/19
5	64	Cameron Stanton, Makayla Moriarty, Elysse Cumberland, Simi Lawal	#2 Tufts	48.82	3/22
6	93	Emily Cain, Graca Bila, Moriah Scharn, Madison Alves	#5 Bates	49.46	4/19
7	94	Erin Dickinson, Merete Ogah, Sara Maeve Klingensmith, Ellie Wolf	#12 Wellesley	49.47	4/19
8		Elizabeth Gaskill, Amaris Goodwin, Emily Bengtson, Jenna Lindsay	#9 Gordon (Mass.)	49.83	4/11
9		Reese Gallant, Robyn Wilkes, Angela Hagstrom, Victoria Hart	#14 Babson	49.98	4/19
10		Khalsa Hammith, Mya Austin, Heaven Conley, Janiah Young	#7 Southern Maine	50.21	4/19



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Women's 4x400 Relay

1	2	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico	#3 Colby	3:44.14	3/28
2	7	Marina Miller, Olivia Dias, Shreya Kalyan, Krystal Montgomery	#1 MIT	3:47.58	3/29
3	15	Peterly Leroy, Jasmin Berganza, Shaniece Nugent, Hannah Bohbot-Dridi	#6 Brandeis	3:49.69	4/18
4	18	Harper Meek, Emma Smith, Makayla Moriarty, Arielle Chechile	#2 Tufts	3:52.20	3/22
5	85	Janiah Young, Heaven Conley, Mya Austin, Alexis Karantza	#7 Southern Maine	4:07.25	4/19
6	88	Charlie Barron, Aoife Fitzgerald, Claire Peng, Ella Whinney	#12 Wellesley	4:07.44	4/19
7	95	Ava Smart, Cheri Willems, Alexia Young, Audrey Bilodeau	#22 Saint Joseph's (I	4:08.52	4/19
8		Jessica Dickson, Mimi Batista, Maya Thomas, Eliza Speidel	#13 Wheaton (Mass.)	4:10.40	4/11
9		Jenna Lindsay, Amaris Goodwin, Elizabeth Gaskill, Caroline Roberts	#9 Gordon (Mass.)	4:12.28	3/15
10		Madison Alves, Graca Bila, Gabby Monaco, Dara Salka	#5 Bates	4:12.34	4/12

Women's High Jump

1	4	Serenity SANDS	SR	#8 Bridgewater Sta	1.69m	5-6½	4/11
2	16	Amrit REHAL	FR	#14 Babson	1.65m	5-5	3/22
3	38	Alannah ARDREY	SO	#5 Bates	1.61m	5-3¼	4/19
3	38	Abby GRIFFITH	FR	#11 Endicott	1.61m	5-3¼	3/29
5	50	Harper MEEK	SR	#2 Tufts	1.60m	5-3	3/22
6	86	Desiree ROBINSON	SR	#20 Emmanuel (Mas:	1.58m	5-2¼	4/19
6	86	Averie DENELLE	FR	#15 Suffolk	1.58m	5-2¼	4/19
6	86	Aiana COLAS	JR	#6 Brandeis	1.58m	5-2¼	4/19
9		Bella GROVER	FR	#8 Bridgewater Sta	{2} 1.57m	5-1¾	4/5
10		Dorinda OKORJI	SR	#17 UMass Boston	1.56m	5-1¼	3/29
10		Katherine KEMPF	JR	#1 MIT	1.56m	5-1¼	4/12
10		Campbell JOHNSON	FR	#5 Bates	{2} 1.56m	5-1¼	4/12
10		Julia CHASE	FR	#16 Univ. of New Eng	1.56m	5-1¼	4/19
10		Ani FLYNN	FR	#24 Plymouth State	1.56m	5-1¼	4/4
10		Juliana PATRONE	SR	#8 Bridgewater Sta	{3} 1.56m	5-1¼	3/29

Women's Pole Vault

1	8	Katelyn HOWARD	JR	#1 MIT	3.93m	12-10¾	4/19
2	10	Charlotte HODGE	SR	#4 Bowdoin	3.91m	12-10	4/12
3	11	Hailey SURACE	JR	#1 MIT	{2} 3.88m	12-8¾	4/19
4	28	Elise DOYLE	FR	#1 MIT	{3} 3.66m	12-0	4/5
5	40	Nyla THOMPSON	SR	#2 Tufts	3.55m	11-7¾	3/29
5	40	Lena TANG	SO	#2 Tufts	3.55m	11-7¾	4/5
5	40	Emma GALL	SO	#2 Tufts	3.55m	11-7¾	4/12
5	40	Natalie GERMANOV	FR	#2 Tufts	3.55m	11-7¾	3/29
9	73	Devyn BATTISTONI	SO	#15 Suffolk	3.43m	11-3	4/19
9	73	Alisha ANDERSON	SR	#6 Brandeis	3.43m	11-3	4/19

Women's Long Jump

1	1	Kennedy KIRKLAND	SO	#4 Bowdoin	6.28m		3/22
2	4	Elysse CUMBERLAND	FR	#2 Tufts	6.04m	19-9¾ (2.0)	4/19
3	14	Jordan ANDREW	SR	#2 Tufts	{2} 5.80mw	19-½ (2.8)	4/19
4	54	Ciara ADU-ADDO	SO	#23 Worcester State	5.51mw	18-1 (2.2)	4/4
5	76	Sarai SEALY	FR	#6 Brandeis	5.42m	17-9½ (0.0)	4/5
6	87	Nora JEAN-JACQUES	SO	#2 Tufts	{3} 5.38mw	17-8 (2.8)	4/19
7		Desiree ROBINSON	SR	#20 Emmanuel (Mas:	5.29m	17-4¼ (1.1)	4/19
8		Cameron STANTON	FR	#2 Tufts	{4} 5.27m	17-3½ (1.5)	3/22
9		Lauren ZIPOLI	FR	#2 Tufts	{5} 5.26m	17-3¼ (1.4)	4/19
10		Kinneal DICKENS	SR	#11 Endicott	5.23m	17-2 (1.7)	4/19
10		Trishannah SCOTT	JR	#25 Fitchburg State	5.23m	17-2 (2.0)	4/19

Women's Triple Jump

1	2	Elysse CUMBERLAND	FR	#2 Tufts	12.66mw	41-6½ (2.5)	4/19
2	3	Jordan ANDREW	SR	#2 Tufts	{2} 12.29mw	40-4 (2.1)	4/19
3	7	Nony OTU UGWU	JR	#1 MIT	12.09mw	39-8 (2.6)	4/19
4	55	Olivia SPIELBERGER	SR	#10 WPI	11.23mw	36-10¼ (2.6)	4/19
4	55	Nora JEAN-JACQUES	SO	#2 Tufts	{3} 11.23mw	36-10¼ (3.0)	4/19
6	60	Trishannah SCOTT	JR	#25 Fitchburg State	11.20m	36-9 (0.7)	4/19
7	63	Desiree ROBINSON	SR	#20 Emmanuel (Mas:	11.18mw	36-8¼ (2.5)	4/19
8	66	Arielle CHECHILE	FR	#2 Tufts	{4} 11.16mw	36-7½ (2.7)	4/19
9	82	Tamia DUBIDAD	JR	#2 Tufts	{5} 11.05mw	36-3 (2.1)	4/19
10		Trista SICARD	JR	#14 Babson	10.85m	35-7¼ (2.0)	4/5

Women's Shot Put

1	1	Alexis BOYKIN	SR	#1 MIT	15.34m	50-4	3/29
2	15	Zoe BARNES	SR	#7 Southern Maine	13.49m	44-3¼	4/11
3	27	Emily BALL	SR	#1 MIT	{2} 13.00m	42-8	4/19
4	92	Jaigan BOUDREAU	SR	#7 Southern Maine	{2} 12.24m	40-2	4/11
5		Jadah STOKES	SO	#23 Worcester State	11.91m	39-1	4/11
6		Kate HOCKENBURY	SR	#19 UMass Dartmoul	11.86m	38-11	4/13
7		Emma GIBBENS	SR	#4 Bowdoin	11.73m	38-6	4/12
8		Ginger ARNOLD	SO	#4 Bowdoin	{2} 11.59m	38-¼	3/23
9		Molly LU MCKELLAR	JR	#21 Keene State	11.52m	37-9½	3/28
10		Mary DISANTO	SR	#18 Thomas (Maine)	11.50m	37-8¾	4/19



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Women's Discus

1	4	Alexis BOYKIN	SR	#1 MIT	48.32m	158-7	3/29
2	11	Zoe BARNES	SR	#7 Southern Maine	45.60m	149-7	4/11
3	16	Emily BALL	SR	#1 MIT	{2} 44.53m	146-1	4/12
4	55	Mia KURTZ	FR	#2 Tufts	41.41m	135-11	3/22
5	85	Mardy NOVAK	SO	#4 Bowdoin	39.88m	130-10	4/19
6	88	Macy BRENNAN	SO	#1 MIT	{3} 39.70m	130-3	3/29
7	91	Jaigan BOUDREAU	SR	#7 Southern Maine	{2} 39.67m	130-2	4/14
8		Sarah LAVITA	JR	#16 Univ. of New Eng	38.79m	127-3	4/19
9		Emma GIBBENS	SR	#4 Bowdoin	{2} 37.64m	123-6	4/19
10		Julia SAPORITO	FR	#2 Tufts	{2} 37.36m	122-7	4/19

Women's Hammer

1	1	Alexis BOYKIN	SR	#1 MIT	59.73m	196-0	4/19
2	28	Carli CIAVARELLI	JR	#5 Bates	50.56m	165-11	4/12
3	31	Alivia GERAGHTY	SO	#9 Gordon (Mass.)	50.36m	165-3	4/5
4	35	Emily BALL	SR	#1 MIT	{2} 50.01m	164-1	4/5
5	48	Cecilia LABARGE	SO	#2 Tufts	49.12m	161-2	4/12
6	57	Macy BRENNAN	SO	#1 MIT	{3} 48.68m	159-9	4/19
7	81	Anika WAGNER	JR	#13 Wheaton (Mass.)	47.05m	154-5	4/13
8		Olivia CHASE	JR	#16 Univ. of New Eng	45.83m	150-5	4/6
9		Emma LIU	JR	#6 Brandeis	45.72m	150-0	3/29
10		Elizabeth GRAHAM	SR	#2 Tufts	{2} 44.41m	145-9	4/19

Women's Javelin

1	2	Riley REITCHEL	JR	#7 Southern Maine	44.24m	145-2	4/5
2	5	Elaine WANG	JR	#1 MIT	42.91m	140-10	4/19
3	17	Ellie LEECH	FR	#22 Saint Joseph's (I	40.04m	131-5	4/19
4	21	Ginger ARNOLD	SO	#4 Bowdoin	39.89m	130-11	3/23
5	32	Emily BALL	SR	#1 MIT	{2} 39.24m	128-9	4/19
6	33	Olivia CARPENTER	FR	#1 MIT	{3} 39.17m	128-6	4/5
7	35	Jackie WELLS	SO	#2 Tufts	38.98m	127-11	4/19
8	39	Mardy NOVAK	SO	#4 Bowdoin	{2} 38.62m	126-9	4/12
9	52	Harper DANFORTH	FR	#2 Tufts	{2} 37.80m	124-0	4/12
10	65	Julia RENY	SR	#18 Thomas (Maine)	37.20m	122-1	4/19

Women's Heptathlon

1	12	Emma BURR	SO	#18 Thomas (Maine)	4,650	4/19
2	32	Tessa PLAYER	SO	#2 Tufts	4,197	4/19
3	43	Lauren ZIPOLI	FR	#2 Tufts	{2} 3,955	4/19
4	51	Molly LU MCKELLAR	JR	#21 Keene State	3,863	3/28
5	73	Laci SANTOS	JR	Wentworth (Mas	3,489	4/12
6	75	Carrie BURR	SR	UMaine Farming	3,458	4/10
7	77	Meagan MCANDREWS	FR	#11 Endicott	3,432	4/12
8	93	Lauren COUTU	JR	#10 WPI	3,286	4/10
9	95	Caetlyn EMBREE	FR	#10 WPI	{2} 3,250	4/10
10	96	Olivia NOVELLO	SO	#11 Endicott	{2} 3,231	4/12



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Women's 100 Meters

1	3	Madjo DOUMBIA	SR	#6 Centre	11.68w	(2.1)	4/18
2	16	Sydney RADIGAN	JR	#3 Calvin	11.90	(0.3)	3/28
3	18	Dakota HOUSTON	FR	#5 John Carroll	11.91w	(3.4)	3/30
4	31	Kenadee WAYT	SR	#2 Mount Union	12.03	(1.3)	4/19
5	34	Chloe HEIN	SO	#6 Centre	{2} 12.08	(1.7)	3/22
6	41	Meghan FRAZIER	SR	#7 Wittenberg	12.12	(1.3)	4/19
7	45	Katherine DORTMUND	FR	#12 Ohio Wesleyan	12.13	(1.5)	4/12
8	54	Sara SCHERMERHORN	JR	#10 Hope	12.15w	(2.3)	3/22
9	71	Mackenzie MILLER	SR	#11 Trine	12.24w	(2.4)	4/18
10	87	Mia SCOTT	SR	#5 John Carroll	{2} 12.30w	(2.5)	3/30
10	87	Sandra KING	FR	#5 John Carroll	{2} 12.30	(-0.5)	4/13

Women's 100 Meter Hurdles

1	8	Katherine DORTMUND	FR	#12 Ohio Wesleyan	14.19w	(2.5)	4/12
2	15	Jameire HONZU	FR	#13 Baldwin Wallace	14.31w	(2.5)	4/12
3	16	Liberty SCOTT	SO	#4 DePauw	14.32w	(2.5)	4/18
4	26	Daysia HARGRAVE	SR	#20 Wooster	14.46w	(2.5)	4/12
5	40	Avonlea JEFFERSON	SO	#2 Mount Union	14.73w	(3.5)	4/5
6	48	Katie MOORE	SR	#4 DePauw	{2} 14.86	(2.0)	4/19
6	48	Olyvia ASHBROOK	SR	#1 Ohio Northern	14.86w	(2.5)	4/12
8	51	Je'Leycia PROCTER	FR	#1 Ohio Northern	{2} 14.89w	(2.5)	4/12
9	55	Elizabeth MASON	SO	#2 Mount Union	{2} 14.93w	(2.8)	4/19
10	62	Natasha ZAHURSKY	SR	#2 Mount Union	{3} 15.01w	(2.8)	4/19

Women's 200 Meters

1	4	Dakota HOUSTON	FR	#5 John Carroll	23.83cw	(24.20) (2.6)	3/30
2	14	Madjo DOUMBIA	SR	#6 Centre	24.42	(-1.6)	4/5
3	17	Sara SCHERMERHORN	JR	#10 Hope	24.45	(-0.1)	4/19
4	21	Sydney RADIGAN	JR	#3 Calvin	24.52	(-0.1)	4/19
5	23	Abby COLLIER	SR	#13 Baldwin Wallace	24.53w	(3.2)	3/29
6	28	Kenadee WAYT	SR	#2 Mount Union	24.65	(2.0)	4/19
7	42	Chloe HEIN	SO	#6 Centre	{2} 24.81w	(2.6)	4/18
8	45	Meghan FRAZIER	SR	#7 Wittenberg	24.82	(2.0)	4/19
9	47	Tatum WALSH	FR	#1 Ohio Northern	24.84cw	(25.22) (2.6)	3/30
10	57	Rose TALBERT	SO	#17 Rose-Hulman	24.92	(1.7)	4/12

Women's 400 Meters

1	4	Sara SCHERMERHORN	JR	#10 Hope	55.02		4/19
2	14	Kenadee WAYT	SR	#2 Mount Union	55.81		3/22
3	19	Madison MILES	SR	#2 Mount Union	{2} 55.92		4/13
4	21	Rose TALBERT	SO	#17 Rose-Hulman	56.07		4/18
5	24	Abby COLLIER	SR	#13 Baldwin Wallace	56.21		4/19
6	30	Meghan FRAZIER	SR	#7 Wittenberg	56.44		4/12
7	34	Catherine LEAHY	JR	#10 Hope	{2} 56.59		3/15
8	35	Mary MASON	SR	#2 Mount Union	{3} 56.62		4/19
9	37	Shelby STALL	SO	#4 DePauw	56.66		3/29
10	50	Madjo DOUMBIA	SR	#6 Centre	57.08		4/5

Women's 400 Meter Hurdles

1	9	Liberty SCOTT	SO	#4 DePauw	1:02.01		4/12
2	20	Katie MOORE	SR	#4 DePauw	{2} 1:03.07		3/22
3	22	Emily BRENNAN	JR	#16 Denison	1:03.08		4/12
4	32	Daysia HARGRAVE	SR	#20 Wooster	1:03.86		4/19
5	34	Chloe LOVETT	JR	#14 Wilmington (Ohi	1:03.99		4/19
5	34	Olyvia ASHBROOK	SR	#1 Ohio Northern	1:03.99		4/12
7	40	Isabelle HENDERSON	FR	#7 Wittenberg	1:04.24		4/19
8	51	Janea BOTTINELLI	SR	#6 Centre	1:04.70		3/22
9	54	De'Aunee THOMPSON	FR	#2 Mount Union	1:04.90		4/13
10	58	London ELDRIDGE	SR	Olivet	1:05.00		4/12

Women's 800 Meters

1	8	Mary MASON	SR	#2 Mount Union	2:09.29		4/14
2	14	Hope MURPHY	SR	#13 Baldwin Wallace	2:10.95		4/14
3	31	Lauren DOSCH	SO	#23 Franciscan	2:13.41		4/14
4	50	Arianna HOLBROOK	SO	#8 Case Western Re	2:14.96		4/19
5	75	Annie HIGGINS	SR	#5 John Carroll	2:16.60		4/19
6	78	Molly DUROW	JR	#10 Hope	2:16.71		4/19
7	87	Anna BROWN	JR	#18 Kenyon	2:16.89		4/12
8	97	Sage SERRAINO	SR	#25 Oberlin	2:17.31		4/19
9		Taylor HENNESSY	SO	#2 Mount Union	{2} 2:17.49		4/13
10		Kenadee WAYT	SR	#2 Mount Union	{3} 2:17.77		3/29

Women's 1500 Meters

1	15	Bailey PUCKETT	JR	#11 Trine	4:30.97		4/19
2	22	Faith DUNCAN	JR	#14 Wilmington (Ohi	4:32.28		4/5
3	58	Natalie TEBBEN	SR	#3 Calvin	4:38.46		3/28
4	61	Eleanor YOUNG	JR	#11 Trine	{2} 4:38.62		4/19
5	62	Jenna ALLMAN	SR	#3 Calvin	{2} 4:38.63		4/5
6	63	Paige ANDERSON	SR	Kalamazoo	4:38.82		4/12
7	69	Alyssa VIS	SO	#5 John Carroll	4:39.65		4/5
8	84	Chloe BONSON	JR	#9 Allegheny (Pa.)	4:40.70		4/18
9	86	Annie HIGGINS	SR	#5 John Carroll	{2} 4:40.80		4/14
10	88	Nelly STAFFORD	SR	#9 Allegheny (Pa.)	{2} 4:41.10		3/29

Women's Steeplechase

1	1	Sophie BULL	JR	#3 Calvin	10:24.32		3/28
2	14	Jenna ALLMAN	SR	#3 Calvin	{2} 10:54.54		3/28
3	27	Kendall MANN	SR	#4 DePauw	11:10.56		4/12
4	37	Ayla GRABENBAUER	JR	#8 Case Western Re	11:14.69		4/14
5	39	Marrin CRIST	SR	#9 Allegheny (Pa.)	11:15.63		3/29
6	48	Natalie ARMBRUSTER	JR	#1 Ohio Northern	11:18.24		4/12
7	54	Jocelyn ONSTOT	SO	#17 Rose-Hulman	11:20.53		4/12
8	59	Lily MONNETT	SR	#4 DePauw	{2} 11:22.93		4/12
9	61	Maddy STRUCK	SR	#10 Hope	11:24.33		3/15
10		Ellia AGAR	FR	#3 Calvin	{3} 11:37.24		4/12



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Women's 5000 Meters

1	1	Faith DUNCAN	JR	#14	Wilmington (Ohi	16:12.17	4/19
2	11	Chloe BONSON	JR	#9	Allegheny (Pa.)	16:43.76	4/14
3	15	Sophie BULL	JR	#3	Calvin	16:46.86	4/12
4	21	Jenna ALLMAN	SR	#3	Calvin {2}	16:51.75	4/12
5	32	Sidney SWICK	JR	#11	Trine	17:00.80	4/18
6	33	Lauren IAGNEMMA	JR	#8	Case Western Re	17:05.12	4/14
7	51	Abby SCHROFF	JR	#5	John Carroll	17:17.79	4/14
8	73	Nelly STAFFORD	SR	#9	Allegheny (Pa.) {2}	17:27.20	4/14
9		Anne REA	FR	#5	John Carroll {2}	17:35.16	4/14
10		Grace FLORES	SO	#4	DePauw	17:40.97	4/12

Women's 10,000 Meters

1	1	Faith DUNCAN	JR	#14	Wilmington (Ohi	32:57.31	3/29
2	14	Sophie PORTER	SR	#4	DePauw	35:31.67	3/28
3	42	Grace FLORES	SO	#4	DePauw {2}	37:00.44	3/28
4	43	Ashley HOCKSTOK	SR	#1	Ohio Northern	37:17.23	3/28
5	64	Megan KEYS	SR	#7	Wittenberg	37:51.00	3/28
6	66	Brynn URBAN	SR	#4	DePauw {3}	37:55.24	3/28
7	68	Olivia IDE	SO	#18	Kenyon	38:00.14	4/12
8	69	Kennedy RADER	JR	#1	Ohio Northern {2}	38:01.92	3/28
9	89	Emma HAWK	JR	#7	Wittenberg {2}	38:34.19	3/28
10	99	Cath KORTMAN	SR	#3	Calvin	38:41.89	4/18

Women's 4x100 Relay

1	8	#Type!	#5	John Carroll	46.76	4/19
2	16	Kenadee Wayt, Madison Miles, Paula Incorvati, Kennedy Berger	#2	Mount Union	47.29	4/19
3	21	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn	#10	Hope	47.46	3/22
4	25	Zora Shakhant, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson	#7	Wittenberg	47.62	4/12
5	28	Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbacher	#12	Ohio Wesleyan	47.67	3/30
6	29	Amari Robinson, Janea Bottinelli, Chloe Hein, Madjo Doumbia	#6	Centre	47.80	4/18
7	35	Mia DeJonge, Julienne Strydom, Jessie Bossenbroek, Sydney Radigan	#3	Calvin	47.92	4/19
8	37	Sophia Peter, Aniyah Small, Ariana Todd, Mackenzie Miller	#11	Trine	47.95	4/18
9	59	Adeline Miller, Shelby Stall, Elizabeth Raborn, Liberty Scott	#4	DePauw	48.68	4/12
10	72	Kenae Moore, Abby Collier, Jessica Klonowski, Jameire Honzu	#13	Baldwin Wallace	48.95	4/12



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Women's 4x400 Relay

1	12	Mary Mason, Madison Miles, Carlie Besecker, Kenadee Wayt	#2 Mount Union	3:49.00	4/5
2	21	Catherine Leahy, Frances Cozzens, Sofia Fisher, Sara Schermerhorn	#10 Hope	3:53.27	4/12
3	29	Alexandria Masden, Janea Bottinelli, Chloe Hein, Madjo Doumbia	#6 Centre	3:56.97	4/5
4	32	Emily Loera, Lily Hovda, Liberty Scott, Shelby Stall	#4 DePauw	3:57.69	4/18
5	34	Abigail Danne, Isabelle Henderson, Meghan Frazier, Tymeerah De'Armond	#7 Wittenberg	3:57.97	4/12
6	35	Katerina Kovalevskaya, Kymiah Blair, Kristin Fischli, Muhorakeye Joyeuse	#22 Berea (Ky.)	3:58.38	4/5
7	52	Abby Collier, Katurah Plecko, Amaya Crowder, Hope Murphy	#13 Baldwin Wallace	4:02.03	4/19
8	55	Chloe Lovett, Haley Cook, Hayden Setty, Sophia Hardwick	#14 Wilmington (Ohi)	4:02.77	4/19
9	63	Isabella Cozzie, Ignacia Mendez, Daysia Hargrave, Amelia Mitchell	#20 Wooster	4:04.33	4/5
10	66	Jessie Bossenbroek, Trinity Kolka, Emmy Nordbeck, Peyton Ludwig	#3 Calvin	4:04.46	3/28

Women's High Jump

1	3	Serena MCNEILLY	SO	#6 Centre	1.72m	5-7¾	4/12
2	23	Alysia TOWNSEND	FR	Adrian	1.63m	5-4¼	4/19
3	35	Michaela BRYAN	SR	#5 John Carroll	1.62m	5-3¾	4/5
3	35	Rylee GORRELL	SO	#13 Baldwin Wallace	1.62m	5-3¾	4/19
5	38	Emersyn GERKEN	FR	#1 Ohio Northern	1.61m	5-3¼	4/19
6	50	Julissa WILLIAMS	SR	#7 Wittenberg	1.60m	5-3	4/5
6	50	Audrey EDWARDS	SO	#17 Rose-Hulman	1.60m	5-3	3/22
6	50	Helena SNYDER	SR	Alma	1.60m	5-3	3/28
6	50	Taylor ROARK	SR	Transylvania	1.60m	5-3	4/12
10	74	Karalyn RUTKOWSKI	JR	Hiram	1.59m	5-2½	4/19

Women's Pole Vault

1	7	Claire SCHWELLER	JR	#1 Ohio Northern	3.94m	12-11	4/19
2	12	Emily THOMPSON	JR	#24 Marietta	3.84m	12-7¼	3/29
3	23	Ellie FORD	JR	#1 Ohio Northern	{2} 3.74m	12-3¼	4/19
4	46	Holly SCHREIBER	SO	#8 Case Western Re	3.53m	11-7	4/19
5	48	Story LAING	SO	#7 Wittenberg	3.52m	11-6½	4/5
6	50	Jaclyn BOARDMAN	SR	#1 Ohio Northern	{3} 3.51m	11-6¼	4/19
7	55	Claire COLEMAN	JR	#12 Ohio Wesleyan	3.50m	11-5¾	4/19
8	63	Anna MARCHINY	FR	#1 Ohio Northern	{4} 3.46m	11-4¼	4/19
9	65	Katie SEINEN	JR	#3 Calvin	3.45m	11-3¾	4/12
10	87	Corinne INKLEY	SO	#9 Allegheny (Pa.)	3.36m	11-¼	3/29
10	87	Jessica MASON	SO	#2 Mount Union	3.36m	11-¼	3/29

Women's Long Jump

1	6	Chloe HEIN	SO	#6 Centre	5.92m	19-5¼ (0.5)	3/21
2	16	Madjo DOUMBIA	SR	#6 Centre	{2} 5.79m	19-0 (0.0)	4/11
3	17	Dakota HOUSTON	FR	#5 John Carroll	5.77m	18-11¼ (1.4)	4/11
4	30	Isabelle HENDERSON	FR	#7 Wittenberg	5.62m	18-5¼ (1.2)	3/22
5	36	Serena MCNEILLY	SO	#6 Centre	{3} 5.60m	18-4½ (0.0)	4/11
6	65	Kalie CAMPBELL	SO	#2 Mount Union	5.46mw	17-11 (2.6)	3/22
6	65	Evie ELLENBERGER	FR	#9 Allegheny (Pa.)	5.46m	17-11 (0.0)	4/18
8	70	Paula SORIC	SR	#18 Kenyon	5.44m	17-10¼ (0.4)	4/12
9	87	Emma FORKER	JR	#11 Trine	5.38mw	17-8 (3.3)	3/30
10	93	Julienne STRYDOM	JR	#3 Calvin	5.36mw	17-7 (3.2)	4/19
10	93	Tessa KOCHERT	JR	#4 DePauw	5.36mw	17-7 (2.7)	4/18
10	93	Rylie HAYNES	SO	#2 Mount Union	{2} 5.36m	17-7 (1.5)	4/13
10	93	Niyah SHIPMAN	FR	#12 Ohio Wesleyan	5.36m	17-7 (1.0)	4/5

Women's Triple Jump

1	15	Paula SORIC	SR	#18 Kenyon	11.82m	38-9½ (1.5)	4/11
2	23	Ashyia MADDICKES	SO	#22 Berea (Ky.)	11.61m	38-1¼ (0.0)	3/29
3	34	Tessa KOCHERT	JR	#4 DePauw	11.46m	37-7¼ (-1.6)	4/12
4	42	Madeline BURGESS	FR	#2 Mount Union	11.41m	37-5¼ (0.4)	4/19
5	58	Julienne STRYDOM	JR	#3 Calvin	11.22m	36-9¾ (-0.1)	4/19
6	79	Jeri ROY	FR	#3 Calvin	{2} 11.06m	36-3½ (-2.1)	4/12
6	79	Jordan SU	SR	#8 Case Western Re	11.06m	36-3½ (0.4)	3/22
8	85	Emma FEHRMAN	SR	#24 Marietta	11.04m	36-2¾ (-0.1)	3/29
9	98	Julissa WILLIAMS	SR	#7 Wittenberg	10.95mw	35-11¼ (3.0)	4/19
10		Charlie DOLLIVER	JR	#15 Otterbein	10.80m	35-5¼ (0.0)	4/19

Women's Shot Put

1	10	Carley CAMP	SR	#19 Manchester	13.73m	45-½	4/19
2	11	Jessie STENGER	SR	#21 Hanover	13.71m	44-11¾	3/30
3	20	Izzy BURMAN	SR	#1 Ohio Northern	13.31m	43-8	4/19
4	26	Makayla SITZLAR	JR	#2 Mount Union	13.06m	42-10¼	3/29
5	28	Anastasia SMITH	FR	#15 Otterbein	12.99m	42-7½	4/5
6	29	Hannah FRIEND	SR	#1 Ohio Northern	{2} 12.98m	42-7	4/19
7	30	Tess ANTHONY	SR	Albion	12.91m	42-4¼	4/12
8	32	Michaela BURKHAUSER	SR	#8 Case Western Re	12.89m	42-3½	3/29
9	35	Sydney FLORES	JR	#16 Denison	12.88m	42-3¼	3/30
10	41	Ryann ROHRER	JR	#3 Calvin	12.80m	42-0	4/19



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Women's Discus

1	14	Landry DRISKEL	SO	#15 Otterbein	44.71m	146-8	4/19
2	21	Michaela BURKHAUSER	SR	#8 Case Western Re	43.95m	144-3	4/19
3	28	Hannah FRIEND	SR	#1 Ohio Northern	43.73m	143-6	4/19
4	32	Jessie STENGER	SR	#21 Hanover	43.25m	141-11	3/30
5	35	Lindsey KOSSICK	SR	#3 Calvin	42.80m	140-5	4/12
6	37	Karen BEKHET	SR	#3 Calvin	{2} 42.64m	139-11	4/19
7	40	Samantha SELLERS	SR	#1 Ohio Northern	{2} 42.50m	139-5	3/30
8	48	Mykell BOWEN	SO	#14 Wilmington (Ohi	41.98m	137-9	4/19
9	53	Emily DAVIS	JR	#12 Ohio Wesleyan	41.47m	136-1	3/30
10	56	Carley CAMP	SR	#19 Manchester	41.40m	135-10	4/12

Women's Hammer

1	12	Izzy BURMAN	SR	#1 Ohio Northern	53.65m	176-0	4/19
2	17	Carley CAMP	SR	#19 Manchester	52.03m	170-9	4/12
3	19	Laila DAVIS	SR	#9 Allegheny (Pa.)	51.77m	169-10	4/18
4	32	Ailean DUFFIE	SR	#8 Case Western Re	50.27m	164-11	4/19
5	36	Hannah FRIEND	SR	#1 Ohio Northern	{2} 49.98m	164-0	4/19
6	49	Michaela BURKHAUSER	SR	#8 Case Western Re	{2} 49.04m	160-11	3/29
7	51	Rachel GINN	SR	#8 Case Western Re	{3} 48.98m	160-9	4/19
8	52	Lauren ROSKUSZKA	SR	#8 Case Western Re	{4} 48.94m	160-7	4/19
9	55	Lucy TROUT	JR	#14 Wilmington (Ohi	48.92m	160-6	3/30
10	60	Amy MYERS	JR	#14 Wilmington (Ohi	{2} 48.37m	158-9	4/19

Women's Javelin

1	12	Lily SHAHAN	FR	#5 John Carroll	40.61m	133-3	4/13
2	31	Angie BAWEK	SO	#9 Allegheny (Pa.)	39.31m	129-0	4/5
3	34	Elizabeth LUBOLD	JR	#9 Allegheny (Pa.)	{2} 39.05m	128-2	4/14
4	45	Leah FRITSCH	JR	#5 John Carroll	{2} 38.31m	125-8	4/13
5	58	Katlyn FLOYD	SO	#1 Ohio Northern	37.48m	123-0	3/30
6	59	Madalyn HUDNALL	JR	Mount St. Josep	37.47m	122-11	4/18
7	71	Alexis GIBSON	SR	Earlham	36.94m	121-3	4/12
8	85	Jessie STENGER	SR	#21 Hanover	36.20m	118-9	3/30
9	88	Hazel JOLLIFF	JR	#12 Ohio Wesleyan	36.10m	118-5	3/30
10	92	Peyton CARPENTER	SR	#15 Otterbein	36.05m	118-3	4/12

Women's Heptathlon

1	15	Katie MOORE	SR	#4 DePauw	4,565	4/19
2	20	Serena MCNEILLY	SO	#6 Centre	4,404	4/12
3	58	Ella EASTERLING	FR	#3 Calvin	3,789	3/28
4	76	Charlie DOLLIVER	JR	#15 Otterbein	3,445	3/22



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Metro

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Women's 100 Meters

1	21	Mariam KOITA	SO	#4 Widener	11.95	(1.1)	4/14
2	71	Reyanna HENDERSON	SR	#14 New Jersey City	12.24	(1.0)	3/29
3	77	Maria MUZZARELLI	SR	#4 Widener	{2} 12.26	(1.5)	4/14
4	78	McKay ALBY	FR	#10 Montclair State	12.27	(1.0)	3/29
5	98	Maya RICHWINE	SO	#12 Muhlenberg	12.32w	(2.8)	4/14
6		Ashley GORDON	SO	#17 Ramapo	12.34w	(2.7)	3/29
7		Molly LODGE	SR	#1 Rowan	12.37	(-1.2)	3/29
8		Sage HENDERSHOT	SO	#13 Drew	12.46w	(2.1)	4/19
9		Kayla JULIEN	SO	#1 Rowan	{2} 12.54w	(2.1)	4/14
10		Brooke SIGNORELLA	FR	#8 DeSales	12.57	(1.7)	4/5

Women's 100 Meter Hurdles

1	13	Nyla JONES	FR	#1 Rowan	14.27	(1.6)	4/5
2	50	Kaelin RYAN	JR	#9 Ursinus	14.88	(0.7)	4/14
3	92	Kayla ROBINSON	SO	#4 Widener	15.20	(-0.2)	4/19
4	97	Samantha WECHSLER	SO	#9 Ursinus	{2} 15.24	(0.3)	4/19
5		Elaina STYER	SO	#5 Stockton	15.41	(-0.2)	4/19
6		Hannah SWALE	JR	#6 Swarthmore	15.48	(0.1)	4/19
7		Emma SHAFNISKY	FR	#3 Moravian	15.53	(-2.1)	4/19
8		Eliza BRUNCAJ	SR	#2 TCNJ	15.55	(1.7)	3/29
9		Sarah SCEPKOWSKI	JR	#2 TCNJ	{2} 15.58w	(2.5)	3/29
9		Isabella SHANLEY	SO	#7 Stevens	15.58	(1.0)	4/19

Women's 200 Meters

1	19	Mariam KOITA	SO	#4 Widener	24.51	(1.1)	4/14
2	36	Molly LODGE	SR	#1 Rowan	24.75	(1.0)	4/19
3	50	Reyanna HENDERSON	SR	#14 New Jersey City	24.86	(1.9)	4/19
4	63	Jasmine BROADWAY	SR	#1 Rowan	{2} 24.95	(1.0)	4/19
5	82	Kayla ROBINSON	SO	#4 Widener	{2} 25.13	(-0.4)	3/29
6	88	Emily CAMLET	JR	#13 Drew	25.18c	(25.57) (0.3)	4/19
7		Maria MUZZARELLI	SR	#4 Widener	{3} 25.29	(-0.6)	3/29
8		Nevaeh LORJUSTE	SR	#1 Rowan	{3} 25.36	(0.8)	4/5
9		Toshel GOFFE	FR	#18 Medgar Evers	25.44	(1.5)	4/12
10		Abigail GIAMONI	SR	#3 Moravian	25.45	(1.1)	4/14

Women's 400 Meters

1	16	Emily CAMLET	JR	#13 Drew	55.83c	(56.57)	4/19
2	36	Abigail GIAMONI	SR	#3 Moravian	56.64		3/29
3	42	Molly LODGE	SR	#1 Rowan	56.82		4/19
4	44	Nevaeh LORJUSTE	SR	#1 Rowan	{2} 56.91		4/5
5	56	Rukiyat DARANIJO	SO	#2 TCNJ	57.38		4/19
6	64	Reyanna HENDERSON	SR	#14 New Jersey City	57.60		4/19
7	96	Emma PETROLIA	JR	#5 Stockton	58.25		3/29
8	98	Kayla SULLIVAN	JR	#5 Stockton	{2} 58.28		4/5
9	99	Isabella SHANLEY	SO	#7 Stevens	58.29		3/29
10		Mariam KOITA	SO	#4 Widener	58.51		4/19

Women's 400 Meter Hurdles

1	4	Emma PETROLIA	JR	#5 Stockton	1:01.32		4/19
2	7	Molly LODGE	SR	#1 Rowan	1:01.69		4/5
3	14	Mackenzie BURKE	SO	#2 TCNJ	1:02.73		4/19
4	18	Nyla JONES	FR	#1 Rowan	{2} 1:02.93		4/19
5	52	Lauren ALLEY	FR	#7 Stevens	1:04.78		4/19
6	96	Anya SADOWSKI	FR	#7 Stevens	{2} 1:06.33		4/19
7		Isabella SHANLEY	SO	#7 Stevens	{3} 1:06.55		4/5
8		Eliza BRUNCAJ	SR	#2 TCNJ	{2} 1:06.75		4/12
9		Anahrie ANDERSON	SO	#11 Eastern (Pa.)	1:06.79		4/19
10		Julia ACEVEDO	SR	#10 Montclair State	1:07.70		4/19

Women's 800 Meters

1	2	Kayla KASS	JR	#5 Stockton	2:07.13		4/19
2	21	Hailey SHREFFLER	SR	#11 Eastern (Pa.)	2:12.34		4/19
3	25	Kelly O'GRADY	JR	#2 TCNJ	2:12.82		4/19
4	57	Anna SASSE	SR	#1 Rowan	2:15.69		3/29
5	75	Gabriella NYE	JR	#4 Widener	2:16.60		4/19
6	77	Anastasia JAYCOBS	SO	#16 Haverford	2:16.70		4/19
7	80	Kay WISCOUNT	FR	#8 DeSales	2:16.73		3/29
8	85	Elizabeth PAGE	FR	#6 Swarthmore	2:16.78		3/29
9	86	Amanda MCNALLY	SR	#5 Stockton	{2} 2:16.82		4/19
10	89	Alex GRIVAS	JR	#2 TCNJ	{2} 2:16.97		4/19

Women's 1500 Meters

1	34	Gabriella NYE	JR	#4 Widener	4:34.09		4/19
2	53	Elizabeth PAGE	FR	#6 Swarthmore	4:37.20		4/4
3	56	Hailey SHREFFLER	SR	#11 Eastern (Pa.)	4:37.89		4/14
4	73	Anna SASSE	SR	#1 Rowan	4:39.98		3/29
5	100	Gabriella PAGANO	JR	#1 Rowan	{2} 4:41.85		4/4
6		Madelyn VALASEK	JR	#5 Stockton	4:45.16		4/12
7		Alina IRVINE	SR	#6 Swarthmore	{2} 4:45.63		4/19
8		Kayla KASS	JR	#5 Stockton	{2} 4:45.84		3/29
9		Tori SUTERA	FR	#10 Montclair State	4:46.51		4/19
10		Olivia MONTINI	JR	#6 Swarthmore	{3} 4:47.45		4/19

Women's Steeplechase

1	34	Anna SASSE	SR	#1 Rowan	11:13.91		4/19
2	64	Gabriella PAGANO	JR	#1 Rowan	{2} 11:25.16		4/19
3	65	Rachael GOODMAN	SR	#3 Moravian	11:25.18		4/14
4	69	Amber PONIKTERA	SR	#3 Moravian	{2} 11:25.76		4/14
5	99	Kaitlyn ADAMS	SO	#7 Stevens	11:36.25		4/19
6		Haley ESTUS	SR	#8 DeSales	11:41.54		4/5
7		Molly BOSSDORF	SR	#2 TCNJ	11:41.59		4/19
8		Julia WADE	FR	#11 Eastern (Pa.)	11:59.76		4/5
9		Alice SAPPENFIELD	SO	#16 Haverford	11:59.77		4/12
10		Alyssa HOCKENBERRY	SO	#3 Moravian	{3} 12:05.46		4/19



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Women's 5000 Meters

1	17	Gabriella NYE	JR	#4 Widener	16:48.07	4/14
2	90	Gabriella PAGANO	JR	#1 Rowan	17:32.29	3/29
3	99	Tara SMURLA	JR	#3 Moravian	17:35.04	4/4
4		Hailey SHREFFLER	SR	#11 Eastern (Pa.)	17:39.90	3/29
5		Kathryn LONG	JR	#4 Widener {2}	17:41.39	4/14
6		Madelyn VALASEK	JR	#5 Stockton	17:50.62	4/19
7		Cassidy QUINN	SR	#2 TCNJ	17:58.94	4/19
8		Haley ESTUS	SR	#8 DeSales	17:59.28	3/29
9		Abigail CHURCHILL	FR	#10 Montclair State	18:11.04c (18:19.39)	4/19
10		Olivia MONTINI	JR	#6 Swarthmore	18:12.24	3/29

Women's 10,000 Meters

1	31	Tara SMURLA	JR	#3 Moravian	36:33.52	4/14
2	40	Ellie KOZICH	FR	#8 DeSales	36:56.42	3/29
3	49	April BROWNE	SR	#15 Arcadia	37:26.08	3/29
4	55	Kathryn LONG	JR	#4 Widener	37:35.15	3/29
5		Meghan MYERS	JR	#3 Moravian {2}	39:36.29	4/14
6		Aubrey DONAHUE	SO	#25 Immaculata	39:51.08	3/29
7		Fionna FEERICK	SR	#7 Stevens	40:21.93	3/29
8		Guinevere KENNEDY	JR	#5 Stockton	40:30.16	3/29
9		Evie PARTS	SR	#6 Swarthmore	40:30.70	4/12
10		Julianna WATSON	SR	#16 Haverford	40:33.58	3/29

Women's 4x100 Relay

1	11	#Type!	#1 Rowan	46.94	4/19
2	51	#Type!	#4 Widener	48.28	4/5
3	56	Michelle Itoua, Aisha Garcia, Maile O'Neill, McKay Alby	#10 Montclair State	48.56	4/19
4	74	#Type!	#2 TCNJ	48.98	4/19
5	88	#Type!	#14 New Jersey City	49.35	4/19
6	92	Katelyn Davis, Abigail Giamoni, Shai Knight, Emma Shafnisky	#3 Moravian	49.45	4/19
7		Lauren Siesky, Maya Richwine, Niki Matthews, Shira Gamson	#12 Muhlenberg	49.76	4/19
8		Ashley Gordon, Jianna Gorospe, Bryanna Shepperson, Mia Perez	#17 Ramapo	49.95	4/19
9		Isabel Duval, Adrienne Austin, Cameron Radcliffe, Marlie DiPalma	#5 Stockton	49.98	3/29
10		#Type!	#9 Ursinus	50.02	4/19

Women's 4x400 Relay

1	10	Molly Lodge, Nyla Jones, Jasmine Broadway, Nevaeh Lorjuste	#1 Rowan	3:48.24	4/14
2	11	#Type!	#2 TCNJ	3:48.97	4/19
3	22	Kayla Sullivan, Emma Petrolia, Emma Conroy, Kayla Kass	#5 Stockton	3:53.34	3/29
4	97	#Type!	#4 Widener	4:08.74	4/19
5		#Type!	#10 Montclair State	4:09.89	4/5
6		#Type!	#6 Swarthmore	4:10.40	4/19
7		Meghan Carroll, Jaycie Miller, Alexa Mervine, Kaelin Ryan	#9 Ursinus	4:10.79	4/14
8		#Type!	#11 Eastern (Pa.)	4:11.47	4/19
9		#Type!	#3 Moravian	4:13.60	4/5
10		Jianna Gorospe, Kamalah Williams, Victoria Romanov, Abby Petrolia	#17 Ramapo	4:13.93c (4:17.30)	4/19

Women's High Jump

1	10	Caroline TIGHE	SR	#7 Stevens	1.66m	5-5¼	3/29
2	50	Tonna OGINA	JR	#14 New Jersey City	1.60m	5-3	4/19
2	50	Trelstad T	SR	#6 Swarthmore	1.60m	5-3	4/5
2	50	Maggie PREVIGLIAN	JR	#7 Stevens {2}	1.60m	5-3	4/5
5		Allie CANCIANI	SR	#7 Stevens {3}	1.57m	5-1¾	4/5
6		Ali HAEFELE	JR	#3 Moravian	1.55m	5-1	3/29
6		Petra DOHERTY	FR	#2 TCNJ	1.55m	5-1	4/19
8		Kaitlyn VERVERIER	SR	#5 Stockton	1.54m	5-½	3/29
8		Sarah SCEPKOWSKI	JR	#2 TCNJ {2}	1.54m	5-½	3/29
10		Mazzy CIRINELLI	JR	#13 Drew	1.53m	5-¼	3/29
10		Julia ACEVEDO	SR	#10 Montclair State	1.53m	5-¼	4/19
10		Maya LAPINSKI	SO	#7 Stevens {4}	1.53m	5-¼	4/19

Women's Pole Vault

1	62	Eva MORRISON	JR	#5 Stockton	3.48m	11-5	4/5
2		Alexis MEROLA	JR	#7 Stevens	3.20m	10-6	4/19
2		Sydney RICK	FR	#5 Stockton {2}	3.20m	10-6	3/22
4		Mia BOMPENSA	FR	#9 Ursinus	3.10m	10-2	4/19
4		Alyson GOLDBACHER	FR	#6 Swarthmore	3.10m	10-2	4/19
6		Juniper BAUROTH-SHERMAN	JR	#9 Ursinus {2}	3.05m	10-0	3/29
6		Maya SCANNELL	SO	#2 TCNJ	3.05m	10-0	3/29
8		Ella SARNITSKY	FR	#12 Muhlenberg	2.90m	9-6¼	4/19
8		Emma MELE	SR	#8 DeSales	2.90m	9-6¼	3/22
10		Sophia SPRINGER	JR	#6 Swarthmore {2}	2.80m	9-2¼	4/19
10		Lennix HORSBURGH	FR	#21 Delaware Valley	2.80m	9-2¼	4/19



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Women's Long Jump

1	6	Sage HENDERSHOT	SO	#13 Drew	5.92m	19-5¼ (1.7)	4/19
2	14	Kayla ROBINSON	SO	#4 Widener	5.80m	19-½ (0.0)	4/19
3	62	Samantha WECHSLER	SO	#9 Ursinus	5.47m	17-11½ (1.3)	4/5
4	74	Tonna OGINA	JR	#14 New Jersey City	5.43m	17-9¾ (1.8)	4/12
5	84	Ali HAEFELE	JR	#3 Moravian	5.39m	17-8¼ (1.2)	4/19
6		Brooke SIGMORELLA	FR	#8 DeSales	5.29m	17-4¼ (0.0)	3/29
6		Sidney WHETSTONE	SR	#1 Rowan	5.29m	17-4¼ (1.6)	4/19
8		Emily BARLAM	FR	#9 Ursinus	{2} 5.23m	17-2 (0.0)	4/5
9		Emma SHAFNISKY	FR	#3 Moravian	{2} 5.19m	17-½ (-0.2)	4/5
10		Lauryn BROWN	FR	#13 Drew	{2} 5.16m	16-11¼ (-1)	3/29

Women's Triple Jump

1	6	Kayla ROBINSON	SO	#4 Widener	12.10m	39-8½ (-0.4)	4/14
2	26	Lauryn BROWN	FR	#13 Drew	11.55m	37-10¾ (1.6)	4/19
3	43	Mia FLEMING	SO	#15 Arcadia	11.39m	37-4½ (0.0)	3/28
4	47	Samantha WECHSLER	SO	#9 Ursinus	11.35m	37-3 (1.3)	4/5
4	47	Ali HAEFELE	JR	#3 Moravian	11.35mw	37-3 (3.2)	4/19
6	59	Shira GAMSON	JR	#12 Muhlenberg	11.21mw	36-9½ (3.8)	4/19
7	68	Shanice WILLIAMS	JR	#12 Muhlenberg	{2} 11.14mw	36-6¾ (2.5)	3/30
8	70	Julia ACEVEDO	SR	#10 Montclair State	11.12mw	36-5¾ (2.5)	4/19
9		Brooke VALAN	SR	#2 TCNJ	10.92mw	35-10 (2.6)	3/29
10		Tonna OGINA	JR	#14 New Jersey City	10.91mw	35-9½ (2.3)	4/19
10		Brooke SIGMORELLA	FR	#8 DeSales	10.91mw	35-9½ (3.1)	4/12

Women's Shot Put

1	7	Isabelle DEAL	SR	#1 Rowan	13.92m	45-8	4/5
2	52	Tate GARCIA	JR	#6 Swarthmore	12.73m	41-9¼	4/5
3	56	Margie RAYNE	JR	#3 Moravian	12.70m	41-8	4/19
4	75	Donya BAXTER	JR	#15 Arcadia	12.44m	40-9¾	4/19
5	88	Taniya GILES	JR	#10 Montclair State	12.26m	40-2¾	4/5
6	93	Meghan KREINBERG	FR	#22 FDU Florham	12.23m	40-1½	4/18
7		Fejro AKIRI	SR	#19 Rutgers-Newark	12.10m	39-8½	4/4
8		Savana DODD	SO	#11 Eastern (Pa.)	12.08m	39-7¾	3/22
9		Lee BICKFORD	SR	#6 Swarthmore	{2} 12.02m	39-5¼	3/23
10		Kayla FRANKLIN	JR	#24 Rutgers-Camder	11.82m	38-9½	4/19

Women's Discus

1	38	Lydia MORRIS-KLIMENT	SO	#6 Swarthmore	42.61m	139-10	4/19
2	49	Michaela POMATTO	JR	#5 Stockton	41.89m	137-5	4/19
3	65	Margie RAYNE	JR	#3 Moravian	40.97m	134-5	4/19
4	70	Tate GARCIA	JR	#6 Swarthmore	{2} 40.48m	132-10	3/29
5	82	Adeline KRAICS	FR	#4 Widener	40.05m	131-5	4/19
6	92	Ashley MULIAWAN	SR	#7 Stevens	39.64m	130-1	4/5
7		Kelly STEPHEN	FR	#12 Muhlenberg	37.62m	123-5	3/30
8		Sadie FENSTERMAKER	FR	#8 DeSales	36.97m	121-4	4/5
9		Victoria DEGRAW	FR	Farmingdale Sta	36.88m	121-0	4/18
10		Caillie FISH	SR	#3 Moravian	{2} 35.86m	117-8	3/29

Women's Hammer

1	22	Jessica REILLY	SR	#2 TCNJ	51.28m	168-3	3/29
2	39	Kerri MCCARTHY	SR	#2 TCNJ	{2} 49.88m	163-8	4/19
3	44	Isabel RODRIGUEZ	JR	#4 Widener	49.67m	163-0	4/4
4	84	Isabella FREDA	SR	#5 Stockton	46.72m	153-4	4/12
5		Allison LAVIN	SO	#2 TCNJ	{3} 45.19m	148-3	4/12
6		Elizabeth AGYEI	SR	#6 Swarthmore	44.19m	145-0	3/29
7		Kara VASHEY	JR	#3 Moravian	43.97m	144-3	4/5
8		Fejro AKIRI	SR	#19 Rutgers-Newark	43.88m	144-0	4/4
9		Caillie FISH	SR	#3 Moravian	{2} 43.51m	142-9	3/29
10		Alexia BEY	JR	#1 Rowan	42.95m	140-11	4/19

Women's Javelin

1	10	Isabelle DEAL	SR	#1 Rowan	41.29m	135-6	4/5
2	23	Diamond EADDY	SO	#1 Rowan	{2} 39.80m	130-7	4/19
3	69	Trelstad T	SR	#6 Swarthmore	36.95m	121-3	3/15
4		Adeline KRAICS	FR	#4 Widener	35.14m	115-4	4/19
5		Abby MCCLASKEY	SR	#3 Moravian	34.01m	111-7	3/29
6		Becca CAIRD	FR	#3 Moravian	{2} 33.93m	111-4	3/29
7		Ruby CROWELL	SO	#23 Kean	33.84m	111-0	3/22
8		Dimitra KOSSIS	SR	#1 Rowan	{3} 33.74m	110-9	4/19
9		Lily LORIO	SR	#2 TCNJ	33.58m	110-2	3/29
10		Hannah SWALE	JR	#6 Swarthmore	{2} 33.57m	110-2	3/15

Women's Heptathlon

1	46	Sarah SCEPKOWSKI	JR	#2 TCNJ	3,929		4/12
2	55	Isabella SHANLEY	SO	#7 Stevens	3,807		4/12
3	87	Samantha MAGIN	SO	#2 TCNJ	{2} 3,332		4/12
4		Rinnah BROWN		#18 Medgar Evers	2,982		4/12
5		Stephanie RYAZANOVA	JR	#7 Stevens	{2} 2,926		4/12
6		Janitza HERNANDEZ-ALBINO	SO	#11 Eastern (Pa.)	2,797		4/12
7		Kenia IRISH-BRAMBLE	FR	#18 Medgar Evers	{2} 2,456		4/12
8		Lambert JADA	SO	#18 Medgar Evers	{3} 2,219		4/12



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Mid-Atlantic

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Women's 100 Meters

1	45	Mirra KLIMOV	JR	#1 Johns Hopkins	12.13	(1.4)	4/5
1	45	Jocelyn SMITH	SO	#2 Scranton	12.13w	(3.0)	3/29
3	58	Erin OLSAVSKY	JR	#5 Dickinson	12.19w	(3.0)	3/29
4	64	Kiara WHITE	FR	#4 Grove City	12.22	(2.0)	4/12
5	67	Nancy NYADONGO	FR	#11 Goucher	12.23w	(2.1)	4/19
6		Karia FORVIL	JR	#7 Salisbury	12.36	(-0.7)	3/29
7		Chloe ZHANG	SO	#1 Johns Hopkins {2}	12.38w	(2.5)	4/19
7		Ellie LEWIS	SO	#1 Johns Hopkins {2}	12.38	(1.8)	4/5
9		Molly WAGNER	SR	Carlow (Pa.)	12.46	(1.4)	4/5
10		Hannah ALDERFER	SR	#12 Susquehanna	12.49	(1.8)	4/19

Women's 100 Meter Hurdles

1	4	Chloe YODER	SR	#12 Susquehanna	14.05w	(2.7)	3/29
2	60	Cara DOYLE	FR	#13 Misericordia	15.00	(1.2)	4/15
3	68	Hannah ALDERFER	SR	#12 Susquehanna {2}	15.03w	(2.7)	3/29
4	77	Lauren DUNNIGAN	SO	#15 Franklin & Marst	15.09	(1.2)	3/23
5	84	Kara BROWN	JR	#16 Messiah	15.16	(1.1)	4/12
6		Sarah SCHNEIDER	JR	#22 Washington & Je	15.28	(1.8)	4/19
7		Leah BIWOTT	SR	#5 Dickinson	15.29	(1.2)	3/23
8		Claudia QUIMET	FR	#1 Johns Hopkins	15.32w	(3.3)	4/11
9		Breannnda DAVIS	SR	#8 Westminster (Pa	15.35	(1.7)	4/12
10		Molly WHITE	JR	#2 Scranton	15.36	(1.5)	4/11

Women's 200 Meters

1	19	Nancy NYADONGO	FR	#11 Goucher	24.51c	(24.89) (0.3)	4/19
2	72	Jocelyn SMITH	SO	#2 Scranton	25.03w	(3.4)	3/29
3		Erin OLSAVSKY	JR	#5 Dickinson	25.35c	(25.74) (0.3)	4/19
3		Samantha SHARROW	JR	#2 Scranton {2}	25.35w	(3.4)	3/29
5		Ellie LEWIS	SO	#1 Johns Hopkins	25.43	(-0.8)	4/5
6		Karia FORVIL	JR	#7 Salisbury	25.48	(-2.0)	3/29
7		Olivia BARBACCI	JR	#17 Juniata	25.52w	(3.4)	3/29
8		Kiara WHITE	FR	#4 Grove City	25.62	(0.0)	3/29
9		Bella JOHNSON	FR	#15 Franklin & Marst	25.74w	(3.0)	4/19
10		Mirra KLIMOV	JR	#1 Johns Hopkins {2}	25.80	(0.0)	3/29

Women's 400 Meters

1	26	Lauren PHILLIPS	SR	#1 Johns Hopkins	56.23		4/12
2	48	Kelty OASTER	SR	#10 Elizabethtown	57.03		4/14
3	74	Madison BROWN	SR	#5 Dickinson	57.78c	(58.54)	4/19
4	86	Tanise THORNTON-FILLYAW	JR	#11 Goucher	58.07		4/16
5	91	Olivia BARBACCI	JR	#17 Juniata	58.14		4/5
6		Jenna ZENDRON	SO	#8 Westminster (Pa	58.85		3/15
7		Emma SMYSER	FR	#7 Salisbury	58.93		4/19
8		Marley KUREY	SO	#5 Dickinson {2}	59.12		4/12
9		Ava BUTCHER	SO	#9 King's College (F	59.16		3/29
10		Payton MANN	SR	#18 York (Pa.)	59.29		3/29

Women's 400 Meter Hurdles

1	38	Lianne SAUSSY	JR	#1 Johns Hopkins	1:04.19		4/12
2	42	Aurielle BRUNNER	SR	#19 Chatham	1:04.35		4/12
3	44	Payton MANN	SR	#18 York (Pa.)	1:04.41		4/16
4	45	Lillian BOUDREAU	JR	#14 Gettysburg	1:04.52		4/19
5	46	Lorna ARCESE	JR	#1 Johns Hopkins {2}	1:04.54		4/19
6	76	Olivia BARBACCI	JR	#17 Juniata	1:05.70		3/22
7	86	Cara DOYLE	FR	#13 Misericordia	1:05.95		3/29
8	92	Breannnda DAVIS	SR	#8 Westminster (Pa	1:06.21		4/18
9	94	Hannah ALDERFER	SR	#12 Susquehanna	1:06.26		4/19
10		Nadine LAUFFER	FR	#4 Grove City	1:06.72		4/5

Women's 800 Meters

1	3	Kelty OASTER	SR	#10 Elizabethtown	2:07.19		4/14
2	4	Tanise THORNTON-FILLYAW	JR	#11 Goucher	2:07.42		4/12
3	6	Annie HUANG	SR	#1 Johns Hopkins	2:08.63		3/29
4	26	Emma KOTHARI	JR	#1 Johns Hopkins {2}	2:12.86		3/29
5	29	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins {3}	2:13.26		4/5
6	43	Mackenzie SETTON	JR	#1 Johns Hopkins {4}	2:14.15		4/5
7	45	Lydia BENNETT	SR	#4 Grove City	2:14.40		4/17
8	47	Grace MORNINGSTAR	SO	#13 Misericordia	2:14.63		4/14
9	69	Jacqueline LIU	JR	#3 Carnegie Mellon	2:16.33		4/5
10	71	Miranda CINCOTTA	JR	#23 Saint Vincent	2:16.43		4/17

Women's 1500 Meters

1	6	Kelty OASTER	SR	#10 Elizabethtown	4:27.92		4/5
2	9	Annie HUANG	SR	#1 Johns Hopkins	4:29.14		4/19
3	10	Tanise THORNTON-FILLYAW	JR	#11 Goucher	4:29.99		4/19
4	12	Emma KOTHARI	JR	#1 Johns Hopkins {2}	4:30.28		4/19
5	17	Lydia BENNETT	SR	#4 Grove City	4:31.55		4/5
6	26	Mackenzie SETTON	JR	#1 Johns Hopkins {3}	4:32.55		4/14
7	36	Adriana CATALANO	JR	#1 Johns Hopkins {4}	4:34.62		3/29
8	43	Diana VALENTINI	SO	#1 Johns Hopkins {5}	4:36.35		4/19
9	48	Harrinee SENTHILKUMAR	SR	#1 Johns Hopkins {6}	4:37.02		4/14
10	57	Tanise THORNTON-FILLYAW	JR	#11 Goucher {2}	4:38.30		3/29

Women's Steeplechase

1	9	Grace SMITH	SR	#4 Grove City	10:48.95		4/14
2	18	Ella LYLE	SR	#4 Grove City {2}	10:59.01		4/14
3	19	Samantha HOFFMANN	SR	#2 Scranton	10:59.36		4/14
4	22	Amiyah PRIEBE	SR	#5 Dickinson	11:03.77		4/14
5	25	Cooper BROTHERTON	JR	#1 Johns Hopkins	11:08.98		4/5
6	31	Coyla BARTHOLOMEW	JR	#6 Lebanon Valley	11:12.66		4/14
7	50	Sydney SHOCK	FR	#1 Johns Hopkins {2}	11:18.82		4/14
8	60	Diana VALENTINI	SO	#1 Johns Hopkins {3}	11:23.21		4/14
9	75	Katie SCOTT	SO	#15 Franklin & Marst	11:27.69		3/23
10	78	Milana STRAUB	SR	Marywood	11:29.35		4/4



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Women's 5000 Meters

1	7	Adriana CATALANO	JR	#1	Johns Hopkins	16:37.30	4/14
2	16	Carter BROTHERTON	FR	#1	Johns Hopkins {2}	16:47.89	4/14
3	29	Lydia BENNETT	SR	#4	Grove City	16:56.35	3/29
4	37	Maya DUCKER	SO	#3	Carnegie Mellon	17:06.13	4/14
5	44	Orit SHIANG	JR	#3	Carnegie Mellon {2}	17:11.59	4/14
6	46	Carmen MEDVIT	JR	#20	Geneva	17:14.83	4/14
7	53	Aisling CALLAHAN	JR	#1	Johns Hopkins {3}	17:18.53	4/14
8	55	Brianna WAGNER	SR	#13	Misericordia	17:19.39	4/14
9	58	Anna BODMER	SO	#7	Salisbury	17:21.36	4/5
10	72	Grace GALLAGHER	JR	#13	Misericordia {2}	17:27.09	3/29

Women's 10,000 Meters

1	19	Grace GALLAGHER	JR	#13	Misericordia	35:48.70	4/14
2	27	Jamie STELNIK	SR	#1	Johns Hopkins	36:14.66	4/14
3	30	Storrie KULYNYCH-IRVIN	FR	#1	Johns Hopkins {2}	36:27.31	4/14
4	46	Gabrielle THIRY	FR	#14	Gettysburg	37:24.49	4/5
5	47	Coyla BARTHOLOMEW	JR	#6	Lebanon Valley	37:24.84	3/29
6	51	Claire ANDERSON	JR	#22	Washington & Je	37:30.42	4/14
7	57	Anna BODMER	SO	#7	Salisbury	37:36.28	3/15
8	60	Aylene NOY	JR		Hood	37:45.15	4/12
9	65	Lydia TOLERICO	JR	#1	Johns Hopkins {3}	37:54.77	4/14
10	67	Grace NEUBERT	FR	#23	Saint Vincent	37:55.47	4/14

Women's 4x100 Relay

1	32	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil	#7	Salisbury	47.82	4/19
2	36	Mirra Klimov, Lianne Saussy, Anna Zinsser, Ellie Lewis	#1	Johns Hopkins	47.94	4/12
3	53	Wendy De La Cruz Garcia, Kaia Grantham, Jocelyn Smith, Samantha Sharrow	#2	Scranton	48.30	3/29
4	77	Carolyn Colteryahn, Nadine Lauffer, Rebecca Vezzosi, Kiara White	#4	Grove City	49.02	3/29
5		#Type!	#6	Lebanon Valley	49.92	4/5
6		Kailey Schissler, Lillian Boudreau, Camryn Rogers, Lauren DiOttavio	#14	Gettysburg	50.14	4/19
7		Annie Leder, Emily Chaine, Lily Swain, Erin Olsavsky	#5	Dickinson	50.21	4/19
8		Trista Miller, Sydney Taylor, Ella Cloak, Molly Wagner		Carlow (Pa.)	50.63	4/5
9		Sophie Shadle, Kate Bendall, Melissa Patton, Caleigh Bold	#10	Elizabethtown	50.92	3/29
10		Breanne Spencer, Olivia Barbacci, Gracie French, Ashley Alfree	#17	Juniata	50.93	3/22



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Women's 4x400 Relay

1	14	Emma Kothari, Annie Huang, Lauren Phillips, Lianne Saussy	#1	Johns Hopkins	3:49.56	4/12
2	44	Marley Kurey, Lily Swain, Emily Chaine, Madison Brown	#5	Dickinson	4:00.73c (4:03.92)	4/19
3	50	Tasia Miniotis, Olivia Miller, Kelsey Myler, Jocelyn Smith	#2	Scranton	4:01.80	3/29
4	54	Sophie Shadle, Kirsten Navich, Melissa Patton, Kelty Oaster	#10	Elizabethtown	4:02.38	4/14
5	57	Lilly Williams, Marlyse Haack, Karia Forvil, Emma Smyser	#7	Salisbury	4:03.36	3/15
6	99	Jiahui Tang, Rhythm Satav, Estee Teo, Catherine Stava	#3	Carnegie Mellon	4:09.13	3/29
7		Hannah Alderfer, Ashley Newman, Denicia German, Liza Levin	#12	Susquehanna	4:09.35	3/29
8		Emily Krevey, Cara Doyle, Grace Morningstar, Mary Grasso	#13	Misericordia	4:09.67	4/4
9		Nadine Lauffer, Megan Marchand, Kaylynn Johnson, Annie Herrmann	#4	Grove City	4:09.83	4/17
10		Camryn Rogers, Theresa Ditri, Bella Yardeni, Lillian Boudreau	#14	Gettysburg	4:11.69	3/23

Women's High Jump

1	23	Breannnda DAVIS	SR	#8 Westminster (Pa)	1.63m	5-4¼	3/29
2	35	Madison ARMITAGE	SR	#9 King's College (F)	1.62m	5-3¾	4/4
3	38	Elly BRUNER	SO	#4 Grove City	1.61m	5-3¼	4/12
4	50	Aryanna PAULENA	FR	#11 Goucher	1.60m	5-3	4/16
4	50	Jaclyn DONOHO	JR	#1 Johns Hopkins	1.60m	5-3	4/11
6		Anna SAWICKI	FR	#6 Lebanon Valley	1.56m	5-1¼	4/12
7		Daphne ALEXANDER	SO	#20 Geneva	1.55m	5-1	3/15
7		Kara BROWN	JR	#16 Messiah	1.55m	5-1	4/16
7		Sha'nia STIERS-ROYAL	SR	Thiel	1.55m	5-1	3/22
7		Britney ANYIA	FR	#21 Alvernia	1.55m	5-1	4/16
7		Carson VILLANI	FR	Penn State Harri	1.55m	5-1	4/17
7		Melena KOUTCH	SR	#6 Lebanon Valley {2}	1.55m	5-1	3/29

Women's Pole Vault

1	5	Madison CONLEY	SR	#8 Westminster (Pa)	4.00m	13-1½	4/18
2	15	Aryanna PAULENA	FR	#11 Goucher	3.81m	12-6	4/19
3	25	Hannah WITTER	SR	#16 Messiah	3.70m	12-1½	4/16
4	32	Clarissa NEWMAN	FR	#1 Johns Hopkins	3.65m	11-11¾	4/19
5	39	Olivia BARBACCI	JR	#17 Juniata	3.56m	11-8	4/12
6	50	Hazel BUONOPANE	SO	#3 Carnegie Mellon	3.51m	11-6¼	3/29
7	76	Alita PARAGON	FR	#18 York (Pa.)	3.41m	11-2¼	4/12
8	77	Missy TREHARNE	JR	#8 Westminster (Pa){2}	3.40m	11-1¾	4/18
8	77	Alaina GATTO	FR	#8 Westminster (Pa){2}	3.40m	11-1¾	4/5
10	87	Ava BARNES	FR	#3 Carnegie Mellon {2}	3.36m	11-¼	3/29

Women's Long Jump

1	11	Annie LEDER	SR	#5 Dickinson	5.87mw	19-3¼ (3.2)	4/19
2	19	Samantha SHARROW	JR	#2 Scranton	5.75m	18-10½ (-2)	3/28
3	22	Hannah ALDERFER	SR	#12 Susquehanna	5.73mw	18-9¾ (2.3)	4/18
3	22	Aurielle BRUNNER	SR	#19 Chatham	5.73m	18-9¾ (0.0)	4/11
5	35	Mia HILL	JR	#7 Salisbury	5.61mw	18-5 (2.6)	4/19
6	54	Britney ANYIA	FR	#21 Alvernia	5.51m	18-1 (0.4)	4/12
7	70	Chloe ZHANG	SO	#1 Johns Hopkins	5.44m	17-10¼ (1.9)	4/19
8	84	Marlyse HAACK	JR	#7 Salisbury {2}	5.39m	17-8¼ (0.9)	3/8
9	90	Kate BENDALL	SO	#10 Elizabethtown	5.37m	17-7½ (-4.4)	4/16
10	93	Amanda IMHAUSER	JR	#15 Franklin & Marst	5.36m	17-7 (1.7)	4/12

Women's Triple Jump

1	5	Aurielle BRUNNER	SR	#19 Chatham	12.13m	39-9¾ (0.0)	4/16
2	14	Sara BARTLETT	SR	#1 Johns Hopkins	11.84mw	38-10¼ (2.3)	4/19
3	34	Aryanna PAULENA	FR	#11 Goucher	11.46mw	37-7¼ (2.5)	4/19
4	39	Jocelyn KIEFEL	SR	#3 Carnegie Mellon	11.43m	37-6 (0.0)	4/18
5	45	Emma CHRISTMAN	JR	#7 Salisbury	11.37m	37-3¾ (1.1)	4/4
6	64	Kate BENDALL	SO	#10 Elizabethtown	11.17m	36-7¾ (-3.3)	4/16
7	68	Molly WHITE	JR	#2 Scranton	11.14m	36-6¼ (1.0)	4/5
8	72	Alin AYDOGAN	FR	#3 Carnegie Mellon {2}	11.11m	36-5½ (0.0)	4/18
9	79	Hailey MONAGHAN	SR	#2 Scranton {2}	11.06m	36-3½ (1.5)	4/15
10	86	Iniyaa MOHANRAJ	JR	#3 Carnegie Mellon {3}	11.02m	36-2 (0.3)	3/29

Women's Shot Put

1	23	Erika EZUMBA	JR	#1 Johns Hopkins	13.26m	43-6	4/5
2	31	Brandy VARNER	JR	#9 King's College (F)	12.90m	42-4	4/4
3	49	Lexi SHIDERLY	SR	#8 Westminster (Pa)	12.75m	41-10	4/18
4	69	Shelby RAMBO	JR	#8 Westminster (Pa){2}	12.51m	41-½	4/18
5	93	Kathleen MONAHAN	JR	#3 Carnegie Mellon	12.23m	40-1½	3/29
6		Caitlin KIRK	SO	#9 King's College (F){2}	11.80m	38-8¾	4/4
7		Isabella COWGER	FR	#10 Elizabethtown	11.75m	38-6¾	4/16
8		Mylea NEIDIG	SR	#10 Elizabethtown {2}	11.73m	38-6	4/16
9		Phoebe WILLIAMS	JR	#1 Johns Hopkins {2}	11.68m	38-4	4/19
10		Martha WEAVER	SO	Lancaster Bible	11.64m	38-2¼	4/5
10		Taylor SYMONETTE	SR	#3 Carnegie Mellon {2}	11.64m	38-2¼	4/18



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Women's Discus

1	20	Shelby RAMBO	JR	#8 Westminster (Pa)	44.16m	144-11	4/18
2	29	Isabella COWGER	FR	#10 Elizabethtown	43.57m	143-0	3/29
3	42	Brandy VARNER	JR	#9 King's College (F	42.26m	138-8	4/14
4	54	Erika EZUMBA	JR	#1 Johns Hopkins	41.46m	136-0	4/5
5	81	Alyssa BETZ	SR	#6 Lebanon Valley	40.07m	131-6	4/5
6	95	Sofia HARNOIS	JR	#18 York (Pa.)	39.59m	129-11	4/14
7		Aiyana ROCKWELL	SR	#3 Carnegie Mellon	38.65m	126-10	3/29
8		DaniRae RENNO	SR	#10 Elizabethtown {2}	38.49m	126-4	4/5
9		Kathleen MONAHAN	JR	#3 Carnegie Mellon {2}	38.42m	126-1	4/18
10		Kayla JOHNSON	JR	#19 Chatham	37.65m	123-6	3/29

Women's Hammer

1	30	Alexis MAHAFFEY	SR	Bethany (W.Va.)	50.47m	165-7	4/13
2	34	Katelyn SHOEMAKER	JR	#9 King's College (F	50.10m	164-5	3/29
3	42	Erika EZUMBA	JR	#1 Johns Hopkins	49.73m	163-2	4/19
4	64	Caitlin KIRK	SO	#9 King's College (F{2}	48.02m	157-7	3/29
5	79	Phoebe WILLIAMS	JR	#1 Johns Hopkins {2}	47.17m	154-9	4/12
6		Delaney HILFERTY	SR	#9 King's College (F{3}	45.37m	148-10	4/15
7		Danika SUDAR	SR	#4 Grove City	44.44m	145-10	4/5
8		Anna BELLUCCI	SR	#9 King's College (F{4}	44.34m	145-6	4/4
9		Allison STANDISH	JR	#20 Geneva	44.23m	145-2	3/29
10		Taileen ZECHMAN	SR	Hood	43.61m	143-1	4/19

Women's Javelin

1	27	Mackenzie WARD	SO	#15 Franklin & Marst	39.55m	129-9	4/19
2	38	Natalie DOUBLE	SO	#25 Waynesburg	38.66m	126-10	4/19
3	41	Emma COOLIDGE	JR	#17 Juniata	38.51m	126-4	3/29
4	57	Ainslee BINKLEY	JR	#12 Susquehanna	37.49m	123-0	4/11
5	64	Kaitlyn SNYDER	JR	#6 Lebanon Valley	37.21m	122-1	4/16
6	66	Taileen ZECHMAN	SR	Hood	37.12m	121-10	3/29
7	72	Isabella LESKO	JR	#21 Alvernia	36.84m	120-11	3/29
8	75	Elle HADDON	SO	Albright	36.73m	120-6	4/18
9	81	Josephine CONNOLLY	FR	#6 Lebanon Valley {2}	36.52m	119-10	3/29
10	95	Rocksann SMITH	FR	#24 St. Mary's (Md.)	35.98m	118-1	3/22

Women's Heptathlon

1	14	Hannah ALDERFER	SR	#12 Susquehanna	4,619		4/11
2	18	Claudia QUIMET	FR	#1 Johns Hopkins	4,448		4/11
3	26	Molly WHITE	JR	#2 Scranton	4,296		4/11
4	39	Jaclyn DONOHO	JR	#1 Johns Hopkins {2}	4,109		4/11
5	48	Abigail LOVELACE	SO	#1 Johns Hopkins {3}	3,913		4/11
6	59	Rocksann SMITH	FR	#24 St. Mary's (Md.)	3,772		4/12
7	90	Georgia MERCER	JR	#14 Gettysburg	3,316		4/11
8	97	Alicia ACOSTA	JR	#2 Scranton {2}	3,213		4/11
9		Kelsey MYLER	SO	#2 Scranton {3}	3,059		4/11
10		Charlotte HOULE	SO	#12 Susquehanna {2}	3,043		4/11



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Women's 100 Meters

1	7	Rachel ARTHUR	SR	#1 Williams	11.78w	(2.8)	3/22
2	26	Jillian STRYNAR	FR	#12 Trinity (Conn.)	12.00w	(2.4)	4/19
3	64	Blessing KIEH	FR	#7 Connecticut Coll	12.22w	(2.4)	4/19
4		Trinity HAYES	SR	#10 Rhode Island Col	12.34	(0.2)	4/14
5		Alaina STONEBRAKER	JR	#6 Coast Guard	12.35w	(2.4)	4/19
6		Ellie JOLLY	FR	#3 Amherst	12.40	(2.0)	4/12
7		Malia KLEIN	SR	#1 Williams	{2} 12.41w	(2.7)	3/22
7		Christine MALLETT	SR	#4 RPI	12.41w	(2.4)	4/19
9		Bella KING-HARVEY	SO	#1 Williams	{3} 12.42	(1.1)	3/22
10		Quiana PEZZA	FR	#10 Rhode Island Col	{2} 12.43w	(3.0)	3/22

Women's 100 Meter Hurdles

1	16	Cali LEONARD	SR	#9 Hartford	14.32w	(2.2)	4/19
2	29	Emma MCGUINN	JR	#4 RPI	14.50	(1.7)	4/19
3	33	Eliza CARDWELL	SR	#3 Amherst	14.64	(1.3)	4/12
4	44	Katherine DEFOSSE	SO	#8 Springfield (Mas	14.79	(-0.1)	4/19
5	46	Jahmilia DENNIS	JR	#5 Vassar	14.80	(0.6)	4/19
6	52	Myeh MEDINA	JR	#3 Amherst	{2} 14.91	(2.0)	4/12
7	64	Caroline CROCKER	SO	#9 Hartford	{2} 15.02w	(2.2)	4/19
7	64	Arissa GRACE MCGOWAN	JR	#3 Amherst	{3} 15.02	(2.0)	4/12
9	72	Alice BRAMBATI	FR	#4 RPI	{2} 15.05	(0.6)	4/19
10	79	Tamara GREENE	FR	#9 Hartford	{3} 15.11	(0.6)	4/19

Women's 200 Meters

1	28	Rachel ARTHUR	SR	#1 Williams	24.65	(-0.4)	3/28
2	56	Jillian STRYNAR	FR	#12 Trinity (Conn.)	24.91w	(2.4)	4/19
3	69	Bella KING-HARVEY	SO	#1 Williams	{2} 25.01	(-0.8)	3/22
4	72	Katie MANNING	SR	#4 RPI	25.03w	(2.4)	4/19
5	74	Trinity HAYES	SR	#10 Rhode Island Col	25.04	(0.9)	4/4
6	75	Heloise HUGHES	SO	#3 Amherst	25.05w	(2.2)	4/12
7	91	Christine MALLETT	SR	#4 RPI	{2} 25.20w	(2.4)	4/19
8	94	Alaina STONEBRAKER	JR	#6 Coast Guard	25.21	(0.4)	3/29
9		Juliette SULLIVAN	SO	#14 Wesleyan (Conn.	25.30w	(2.4)	4/19
10		Malia KLEIN	SR	#1 Williams	{3} 25.36	(-1.2)	3/28

Women's 400 Meters

1	5	Bella KING-HARVEY	SO	#1 Williams	55.31		3/28
2	41	Casie EIFRIG	SR	#3 Amherst	56.77		4/19
3	49	Makenna TOPP	SO	#6 Coast Guard	57.05		4/19
4	54	Trinity HAYES	SR	#10 Rhode Island Col	57.32		4/18
5	70	Annika PALUSKA	FR	#1 Williams	{2} 57.73		3/22
6	71	Cate DONALDSON	SO	#1 Williams	{3} 57.74		3/22
7	84	Elle THOMPSON	SR	#2 Middlebury	58.04		4/19
8	88	Piper LENTZ	JR	#3 Amherst	{2} 58.09		4/12
9		Claire JENSEN	SO	#1 Williams	{4} 58.45		3/22
10		Anna KROUSE	SR	#2 Middlebury	{2} 58.56		4/19

Women's 400 Meter Hurdles

1	37	Myeh MEDINA	JR	#3 Amherst	1:04.18		4/12
2	55	Emily RUBIO	JR	#2 Middlebury	1:04.92		4/19
3	74	Faye STEVENS	SR	#5 Vassar	1:05.67		4/19
4	82	Anna MAZUR	SO	#2 Middlebury	{2} 1:05.91		4/19
5		Tara JESSEN	JR	#6 Coast Guard	1:06.63		3/29
6		Eliza LEE	JR	#18 Westfield State	1:07.25		4/19
7		Isabella SCOTT	FR	#22 SUNY Plattsburg	1:07.56		4/18
8		Lia NAVON	FR	#1 Williams	1:07.57		3/28
9		Imagen WALTERS	JR	#14 Wesleyan (Conn.	1:07.98		4/19
10		Sachi ROBINSON	FR	#16 Mount Holyoke	1:08.18		4/19

Women's 800 Meters

1	12	Alexa ESTES	JR	#7 Connecticut Coll	2:10.71		4/12
2	17	Annika PALUSKA	FR	#1 Williams	2:11.49		3/28
3	22	Piper LENTZ	JR	#3 Amherst	2:12.40		4/5
4	37	Grace MCDONOUGH	JR	#7 Connecticut Coll	{2} 2:13.77		4/12
5	49	Zoe MARCUS	SO	#3 Amherst	{2} 2:14.95		4/5
6	56	Catherine DACEY	SR	#19 Union (N.Y.)	2:15.63		4/19
7	60	Sylvan WOLD	SR	#3 Amherst	{3} 2:15.80		4/12
8	67	Kyleigh RECORD	FR	#19 Union (N.Y.)	{2} 2:16.25		4/19
9	70	Lily BULCZYNSKI	JR	#2 Middlebury	2:16.38		4/12
10	73	Sophia WHITE	SR	#6 Coast Guard	2:16.49		3/29

Women's 1500 Meters

1	1	Haley SCHOENEGGE	SO	#5 Vassar	4:27.01		4/14
2	3	Grace MCDONOUGH	JR	#7 Connecticut Coll	4:27.16		4/12
3	16	Lily YAMPOLSKY	FR	#1 Williams	4:31.15		3/28
4	24	Erin VONHOUSEN	SO	#4 RPI	4:32.47		4/19
5	30	Pria PARKER	SR	#15 Smith	4:33.33		4/12
6	41	Sylvan WOLD	SR	#3 Amherst	4:35.98		4/19
7	49	Bea PARR	SR	#2 Middlebury	4:37.03		3/22
8	50	Adelaide NYHAN	SO	#5 Vassar	{2} 4:37.07		4/14
9	64	Julia SCHOR	SR	#3 Amherst	{2} 4:38.99		4/19
10	65	Kiera TALLAS	SO	#7 Connecticut Coll	{2} 4:39.19		4/19

Women's Steeplechase

1	3	Audrey MACLEAN	SO	#2 Middlebury	10:28.51		3/22
2	13	Erin VONHOUSEN	SO	#4 RPI	10:51.42		4/19
3	21	Charlene PENG	SO	#1 Williams	11:02.40		3/28
4	41	Alexandra SIMON	SO	#14 Wesleyan (Conn.	11:15.75		4/5
5	46	Claudia WOLF	JR	#4 RPI	{2} 11:17.97		4/5
6	57	Kiera TALLAS	SO	#7 Connecticut Coll	11:20.94		4/12
7	66	Acadia HELFAND	SO	#5 Vassar	11:25.39		4/14
8	76	Alison LECLERC	SR	#11 Eastern Connect	11:27.86		4/12
9	85	Shea FAJEN	FR	#2 Middlebury	{2} 11:32.27		3/22
10	87	Alyse KARANIAN	JR	#4 RPI	{3} 11:33.37		4/19



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Women's 5000 Meters

1	2	Haley SCHOENEGGE	SO	#5 Vassar	16:17.29	4/19
2	3	Jules BLESKOSKI	SO	#4 RPI	16:28.51	4/19
3	4	Grace MCDONOUGH	JR	#7 Connecticut Coll	16:29.06	4/5
4	40	Audrey MACLEAN	SO	#2 Middlebury	17:08.82	4/12
5	48	Flora BIRO	FR	#3 Amherst	17:16.39	4/5
6	52	Adelaide NYHAN	SO	#5 Vassar	{2} 17:18.32	4/19
7	54	Bea PARR	SR	#2 Middlebury	{2} 17:19.36	4/12
8	59	Morgan EIGEL	SO	#1 Williams	17:21.46	3/28
9	61	Tamar BYL-BRANN	SO	#1 Williams	{2} 17:22.34	3/28
10	66	Charlene PENG	SO	#1 Williams	{3} 17:23.28	4/12

Women's 10,000 Meters

1	33	Haley OLIVER	JR	#10 Rhode Island Co	36:40.50	3/29
2	35	Alsacia TIMMERMAN	JR	#7 Connecticut Coll	36:50.62	4/12
3	56	Claire CALLON	SR	#3 Amherst	37:35.79	3/29
4	78	Ava HANDEL	FR	#4 RPI	38:14.34	4/11
5	79	Jules BLESKOSKI	SO	#4 RPI	{2} 38:15.67	4/11
6	94	Fran MAVRICOS	SO	#4 RPI	{3} 38:39.01	4/11
7	100	Avery BLANCHARD	FR	#20 St. Lawrence	38:41.93	4/11
8		Gianna CORYEA	JR	#4 RPI	{4} 39:00.01	4/11
9		Cayley SWAIM	SO	#5 Vassar	39:13.15	3/29
10		Abby PRICE	SR	#4 RPI	{5} 39:20.57	4/11

Women's 4x100 Relay

1	15	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson	#1 Williams	47.09	3/28
2	31	Christine Mallette, Katie Manning, Alyssa Fici, Emma McGuinn	#4 RPI	47.81	4/19
3	41	Savannah Cece, Jillian Strynar, Jenna Najjar, Brooke Scott	#12 Trinity (Conn.)	48.06	4/19
4	48	Rachel Hubley, Camilla Lash, Eliza Cardwell, Ellie Jolly	#3 Amherst	48.20	4/5
5	54	Katie Bruno, Mackenzie Daggitt, Melissa White, Olive Lawrence	#2 Middlebury	48.50	3/15
6	66	Bendu Kamara, Trinity Hayes, Tayshia Cary, Quiana Pezza	#10 Rhode Island Co	48.83	4/18
7	85	Ioanna Tsoni, Dalia Luckhardt, Aria Mallare, Elle Rimando	#16 Mount Holyoke	49.22	4/19
8	86	Jamie Eu, Jahmilia Dennis, Lianna Camille, Lainie D'Auria	#5 Vassar	49.33	4/19
9		Blessing Kieh, Emmy Castano, Abby Ilusorio, Kailin Fuller	#7 Connecticut Coll	49.92	4/12
9		Devin Whalen, Eliza Lee, Jailene Felix, Delaney Parker	#18 Westfield State	49.92	4/19



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Women's 4x400 Relay

1	3	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King-Harvey	#1 Williams	3:44.80	3/28
2	46	Anna Krouse, Addie Morrison, Annabel Cloney, Mary Elliot	#2 Middlebury	4:00.92	3/22
3	56	Ella Couchon, Julia Brillo, Taylor Gibson, Natalia Marchand	#8 Springfield (Mas	4:02.88	4/19
4	59	Ella Besant, Grace Flynn, Alaina Stonebraker, Makenna Topp	#6 Coast Guard	4:03.43	4/12
5	61	Zoe Marcus, Casie Eifrig, Piper Lentz, Hannah Adhikari	#3 Amherst	4:04.21	4/5
6	91	#Type!	#7 Connecticut Coll	4:08.16	3/29
6	91	Lena Baker, Pria Parker, Hillary Connor, Shams Ferver	#15 Smith	4:08.16	4/19
8		Charlotte Koutalidis, Anoua Carrie, Emma McGuinn, Lauren Szalkowski	#4 RPI	4:09.34	4/19
9		Bendu Kamara, Haley Oliver, Lexi Zakrzewski, Trinity Hayes	#10 Rhode Island Col	4:10.32	4/18
10		Sophia Henderson, Lizzie Lowe, Norah Reade, Margaret McLaughlin	#5 Vassar	4:11.80	4/19

Women's High Jump

1	1	Allie WILDSMITH	JR	#6 Coast Guard	1.78m	5-10	4/19
2	5	Jordan MURPHY	SO	#9 Hartford	1.68m	5-6	4/19
3	16	Amelie JAMANKA	JR	#1 Williams	1.65m	5-5	3/28
4	38	Leah SMITH	SO	#3 Amherst	1.61m	5-3¼	4/12
4	38	Autumn BACIK	FR	#8 Springfield (Mas	1.61m	5-3¼	4/7
6	74	Gabrieanne CHERY	SO	#12 Trinity (Conn.)	1.59m	5-2½	4/19
7		Lauren GRATTAN	FR	#12 Trinity (Conn.)	{2} 1.56m	5-1¼	4/19
7		Ashley SHELDON	SO	#19 Union (N.Y.)	1.56m	5-1¼	4/19
7		Angelina TACCOGNA	FR	#11 Eastern Connect	1.56m	5-1¼	4/18
10		Anaya THOMAS	SR	#3 Amherst	{2} 1.52m	4-11¾	4/5

Women's Pole Vault

1	13	Ellie FITZGERALD	JR	#1 Williams	3.82m	12-6¼	3/22
2	20	Jae YU	SR	#1 Williams	{2} 3.75m	12-3½	3/28
3	24	Natasha FRISCH	JR	#11 Eastern Connect	3.72m	12-2½	3/29
4	35	Poppy MILLER	SR	#1 Williams	{3} 3.60m	11-9¾	3/28
5	40	Payton SORENSEN	SR	#3 Amherst	3.55m	11-7¾	4/12
6	46	Zoe WANG	SR	#2 Middlebury	3.53m	11-7	3/22
7	77	Jillian SCOTT	SR	#8 Springfield (Mas	3.40m	11-1¾	4/7
7	77	Jillian DA COSTA PINTO	JR	#15 Smith	3.40m	11-1¾	4/12
9		Ella SMITH	SR	#8 Springfield (Mas	{2} 3.25m	10-8	3/29
9		Autumn BACIK	FR	#8 Springfield (Mas	{2} 3.25m	10-8	4/7
9		Mollie BRINKER	JR	#6 Coast Guard	3.25m	10-8	4/5
9		Fiona CARROLL	SR	#14 Wesleyan (Conn.	3.25m	10-8	4/5

Women's Long Jump

1	2	Givanni PERRY	FR	#11 Eastern Connect	6.11mw	20-½ (2.3)	4/18
2	19	Mackenzie DAGGITT	SR	#2 Middlebury	5.75m	18-10½ (-1)	4/12
3	30	Kelsey TARBY	SO	#1 Williams	5.62m	18-5¼ (0.5)	3/21
4	46	Alice BRAMBATI	FR	#4 RPI	5.56m	18-3 (0.8)	4/11
5	53	Eliza LEE	JR	#18 Westfield State	5.52m	18-1½ (0.0)	4/19
6	59	Emily RUBIO	JR	#2 Middlebury	{2} 5.50m	18-½ (-0.3)	4/19
6	59	Kaylee WRIGHT	JR	#6 Coast Guard	5.50m	18-½ (1.3)	4/19
8		Heloise HUGHES	SO	#3 Amherst	5.35m	17-6¾ (0.0)	4/5
9		Marissa LEDUC	JR	#22 SUNY Plattsburg	5.34m	17-6¼ (1.4)	4/11
10		Mireya KING	FR	#1 Williams	{2} 5.30m	17-4¾ (1.3)	3/22

Women's Triple Jump

1	12	Alice BRAMBATI	FR	#4 RPI	11.87m	38-11½ (-0)	4/10
2	16	Samantha PAUL	SR	#8 Springfield (Mas	11.79mw	38-8¼ (3.0)	4/19
3	17	Rafaela DELGADO	FR	#1 Williams	11.71m	38-5 (0.0)	3/27
4	21	Maddie GREENE	SR	#6 Coast Guard	11.63m	38-2 (0.3)	3/28
5	25	Eliza LEE	JR	#18 Westfield State	11.57mw	37-11½ (4.0)	4/19
6	40	Jahmilia DENNIS	JR	#5 Vassar	11.42m	37-5¾ (0.4)	4/19
7	54	Ioanna TSONI	SO	#16 Mount Holyoke	11.28mw	37-¼ (2.5)	3/23
8	82	Elle RIMANDO	JR	#16 Mount Holyoke	{2} 11.05m	36-3 (0.0)	4/13
9	86	Gabriella GERIG	SO	#2 Middlebury	11.02mw	36-2 (3.7)	4/12
10		Laci DAVIS	SO	#11 Eastern Connect	10.93m	35-10½ (0.0)	4/18

Women's Shot Put

1	37	Hailey GARCIA	FR	#13 Roger Williams	12.84m	42-1½	4/19
2	62	Leanna WELLS	SO	#4 RPI	12.64m	41-5¾	4/11
3	65	Kalynn STEVENSON	SO	#17 Castleton	12.57m	41-3	4/19
4	73	Katelynn TAYLOR	SR	#8 Springfield (Mas	12.47m	40-11	4/7
5	74	Maria FARETI	FR	#1 Williams	12.46m	40-10½	3/22
6	78	Lillian WURTZ	JR	#2 Middlebury	12.40m	40-8¼	3/22
7	89	Samantha SAINRISTILL	SR	#10 Rhode Island Co	12.25m	40-2¼	4/4
8	99	Julia TULIMIERI	JR	#2 Middlebury	{2} 12.16m	39-10¾	4/5
9		Maureen HAMMOND	SR	#6 Coast Guard	11.89m	39-¼	4/19
10		Hannah DEBIAN	FR	#8 Springfield (Mas	{2} 11.71m	38-5	4/12



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Women's Discus

1	33	Kalynn STEVENSON	SO	#17	Castleton	42.98m	141-0	4/11
2	62	Madison DIPASQUALE	JR	#9	Hartford	41.15m	135-0	4/19
3	68	Madeline SAUDERS	SR	#2	Middlebury	40.68m	133-6	3/22
4	78	Lillian WURTZ	JR	#2	Middlebury	{2} 40.18m	131-10	3/22
5	89	Emma RAMSINGH	SO	#3	Amherst	39.69m	130-3	4/5
6		Sydney PETRIE	JR	#5	Vassar	38.94m	127-9	4/19
7		Bronwyn PINSLY	SO	#18	Westfield State	38.01m	124-9	4/13
8		Grace RICHARD	JR	#4	RPI	37.62m	123-5	4/11
9		Katelynn TAYLOR	SR	#8	Springfield (Mas	36.74m	120-7	4/7
10		Samantha SAINRISTILL	SR	#10	Rhode Island Col	36.55m	119-11	4/14

Women's Hammer

1	67	Samantha SAINRISTILL	SR	#10	Rhode Island Col	47.68m	156-5	4/18
2	83	Jaxon PALMER	SR	#2	Middlebury	46.84m	153-8	4/19
3	89	Maria FARETI	FR	#1	Williams	46.30m	151-11	4/12
4		Chloe SCHNEEBERG	SR	#1	Williams	{2} 45.46m	149-2	3/28
5		Katie LYNCH	JR	#4	RPI	45.19m	148-3	4/19
6		Julia TULIMIERI	JR	#2	Middlebury	{2} 44.86m	147-2	3/22
7		Amaya PENDLETON	SO	#12	Trinity (Conn.)	44.61m	146-4	4/19
8		Madison DIPASQUALE	JR	#9	Hartford	44.05m	144-6	4/19
9		Anaka EATON	FR	#11	Eastern Connect	43.00m	141-1	4/18
10		Grace RICHARD	JR	#4	RPI	{2} 42.95m	140-11	4/11

Women's Javelin

1	9	Angela WEST	FR	#13	Roger Williams	41.57m	136-5	4/12
2	61	Bethanie JEAN PHILIPPE	SO	#10	Rhode Island Col	37.36m	122-7	4/18
3	68	Katelyn O'BRIEN	FR	#21	Johnson & Wale	37.01m	121-5	4/4
4	78	Jaxon PALMER	SR	#2	Middlebury	36.55m	119-11	3/22
5	79	Madison VANT	FR	#3	Amherst	36.54m	119-11	4/19
6	96	Reilly ISLER	SR	#2	Middlebury	{2} 35.95m	118-0	4/12
7	97	Isabell LANFEAR	JR	#17	Castleton	35.90m	117-10	4/11
8		Morgan ROME	JR	#3	Amherst	{2} 35.74m	117-3	3/23
9		Maureen HAMMOND	SR	#6	Coast Guard	35.34m	116-0	3/29
10		Jacey TIPPMAN	SR	#6	Coast Guard	{2} 33.84m	111-0	4/19

Women's Heptathlon

1	40	Jordan MURPHY	SO	#9	Hartford	4,071	4/12
2	60	Amelia BERTHOLD	JR	#20	St. Lawrence	3,738	4/11
3		Halle RAINA	SR	#4	RPI	3,170	4/11
4		Vivian KOLES	FR	#1	Williams	3,142	3/28
5		Gabby IRVIN	SO	#4	RPI	{2} 3,074	4/11
6		Kate DITULLIO	FR	#14	Wesleyan (Conn.	3,061	4/12
7		Elaine MCCARTY	SO	#15	Smith	2,975	4/12
8		Peyton SULLIVAN	JR	#13	Roger Williams	2,910	4/12
9		Ashley BECK	SO	#13	Roger Williams	{2} 2,867	4/12
10		Tabitha KLAUS	SR	#13	Roger Williams	{3} 2,812	4/12



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Women's 100 Meters

1	2	Alyssa BUSKER	SR	#6 Elmhurst	11.63w	(3.4)	3/30
2	4	Emma SEIPEL	SR	#4 Loras	11.69w	(2.2)	4/15
3	7	Jasmine WRIGHT	JR	#1 Washington (Mo	11.78w	(2.8)	3/29
3	7	Gabri MESCHINO	SR	#3 Chicago	11.78w	(2.8)	3/29
5	11	Lauren MARSHALL	SR	#6 Elmhurst	{2} 11.82w	(2.7)	3/30
6	19	Riana HAYES	JR	#15 North Park	11.92	(1.7)	4/17
7	23	McKenzie RESER	SR	#9 Augustana (Ill.)	11.98	(0.2)	4/18
8	32	De'Andranay CHISM	FR	#18 Millikin	12.05	(1.6)	3/29
9	45	Lauren GAY	SR	#1 Washington (Mo	{2} 12.13	(1.7)	4/12
10	56	Ava PARKINS	SO	#8 Central (Iowa)	12.17w	(3.7)	3/28

Women's 100 Meter Hurdles

1	2	Ren BROWN	SR	#3 Chicago	13.85	(1.5)	4/12
2	11	TyKiaza JONES	FR	#12 Greenville	14.22w	(2.5)	4/18
3	12	Lauren GAY	SR	#1 Washington (Mo	14.25	(-0.1)	4/12
4	18	JoJo TYNISMMAA	JR	#2 Wartburg	14.34w	(2.3)	4/12
5	23	Thea RING	JR	#15 North Park	14.42w	(3.4)	3/29
6	24	Grace BRADEN	SO	#2 Wartburg	{2} 14.43w	(2.3)	4/12
7	27	Nakala NADEAU	SR	#6 Elmhurst	14.48w	(2.4)	4/19
8	35	Olivia BOHLEN	JR	#8 Central (Iowa)	14.66w	(2.4)	4/18
9	36	Tiana GRADY	SO	#6 Elmhurst	{2} 14.69	(1.9)	4/19
10	41	Aleese TRIMINGHAM	SO	#19 Illinois College	14.74	(0.3)	4/18
10	41	Brooke GREAVES	FR	#6 Elmhurst	{3} 14.74	(0.7)	4/19

Women's 200 Meters

1	1	Alyssa BUSKER	SR	#6 Elmhurst	23.66c	(24.02) (0.4)	3/30
2	5	De'Andranay CHISM	FR	#18 Millikin	23.94w	(3.2)	4/18
3	10	Lauren GAY	SR	#1 Washington (Mo	24.33	(1.5)	3/29
4	12	Emma SEIPEL	SR	#4 Loras	24.36	(0.0)	4/15
5	13	McKenzie RESER	SR	#9 Augustana (Ill.)	24.37	(1.6)	4/5
6	16	Lindsey NOVAK	SR	#5 North Central (Il	24.43	(1.5)	3/29
7	25	Kylie SPYTEK	JR	#1 Washington (Mo	{2} 24.61	(1.8)	4/18
8	26	Nicole STEWART	SR	#1 Washington (Mo	{3} 24.63	(1.8)	4/18
9	32	Lauren MARSHALL	SR	#6 Elmhurst	{2} 24.69	(0.1)	4/5
10	35	Emily MCMARTIN	JR	#8 Central (Iowa)	24.73w	(3.0)	3/28

Women's 400 Meters

1	7	Lindsey NOVAK	SR	#5 North Central (Il	55.38		4/5
2	8	Kylie SPYTEK	JR	#1 Washington (Mo	55.48		3/29
3	11	McKenzie RESER	SR	#9 Augustana (Ill.)	55.67		4/18
4	12	Catherine CHRISTOPHER	SO	#1 Washington (Mo	{2} 55.68		3/29
5	40	Quinn BIRD	FR	#1 Washington (Mo	{3} 56.76		4/12
6	44	Thea RING	JR	#15 North Park	56.91		4/5
7	52	Carmela WOODS	SO	#6 Elmhurst	57.18		4/12
8	54	Caroline ECHOLS	SO	#1 Washington (Mo	{4} 57.32		3/29
9	66	Julia CORIC	SO	#1 Washington (Mo	{5} 57.63		4/12
10	68	Amelia MOSEMAN	JR	#22 Illinois Tech	57.65		4/5

Women's 400 Meter Hurdles

1	1	Ren BROWN	SR	#3 Chicago	59.25		4/12
2	5	JoJo TYNISMMAA	JR	#2 Wartburg	1:01.37		3/29
3	27	Sophia STAHL	SO	#2 Wartburg	{2} 1:03.48		3/29
4	30	Sharona SCHWAB	JR	#3 Chicago	{2} 1:03.66		3/29
5	43	Madison HAYS	JR	#13 Simpson (Iowa)	1:04.38		4/18
6	48	Ruby KAPLAN	SR	#1 Washington (Mo	1:04.59		4/12
7	56	Ryann DECKER	FR	#2 Wartburg	{3} 1:04.98		4/19
8	61	Camila GARANTON	JR	#3 Chicago	{3} 1:05.12		4/12
9	87	Grace BRADEN	SO	#2 Wartburg	{4} 1:05.98		4/19
10	91	Hannah HARRIS	FR	#17 Wheaton (Ill.)	1:06.17		4/17

Women's 800 Meters

1	9	Izzy GORTON	SR	#1 Washington (Mo	2:09.68		3/28
2	13	Caroline ECHOLS	SO	#1 Washington (Mo	{2} 2:10.94		3/28
3	16	Lina MAATOUK	SR	#9 Augustana (Ill.)	2:11.48		4/18
4	18	Peyton STEFFEN	JR	#8 Central (Iowa)	2:11.67		4/18
5	20	Claudia HARNETT	SR	#3 Chicago	2:12.17		4/5
6	23	Catherine CHRISTOPHER	SO	#1 Washington (Mo	{3} 2:12.70		4/12
7	30	Alivia ROERDINK	SO	#8 Central (Iowa)	{2} 2:13.34		4/11
8	35	Alexandra REINHART	FR	#10 Illinois Wesleyan	2:13.64		4/12
9	42	Frankie CHAIDEZ	SR	#4 Loras	2:14.07		4/12
10	48	Emma KELLY	JR	#3 Chicago	{2} 2:14.77		3/29

Women's 1500 Meters

1	4	Peyton STEFFEN	JR	#8 Central (Iowa)	4:27.48		4/18
2	13	Claudia HARNETT	SR	#3 Chicago	4:30.41		4/17
3	14	Sophie BEKINS	SR	#1 Washington (Mo	4:30.53		3/28
4	20	Deyanneira COLON MALDONADO	SR	#16 Aurora	4:31.91		4/5
5	27	Katie RECTOR	JR	#1 Washington (Mo	{2} 4:33.03		3/28
6	32	Adriana CRABTREE	JR	#10 Illinois Wesleyan	4:33.77		3/28
7	35	Frankie CHAIDEZ	SR	#4 Loras	4:34.47		4/15
8	37	Izzy GORTON	SR	#1 Washington (Mo	{3} 4:34.69		4/12
9	38	Elisabeth CAMIC	SR	#3 Chicago	{2} 4:34.86		4/12
10	42	Emma KELLY	JR	#3 Chicago	{3} 4:36.22		3/28

Women's Steeplechase

1	4	Peyton STEFFEN	JR	#8 Central (Iowa)	10:33.85		4/11
2	6	Ellie MEYER	SR	#2 Wartburg	10:36.88		3/28
3	10	Abigail PATTERSON	SR	#1 Washington (Mo	10:49.47		3/28
4	15	Addy PARROTT	SR	#8 Central (Iowa)	{2} 10:55.96		4/18
5	17	Emma ODLE	SR	#9 Augustana (Ill.)	10:58.78		3/28
6	23	Julia PATTERSON	SR	#1 Washington (Mo	{2} 11:04.36		4/12
7	29	Riley CLARK	JR	#1 Washington (Mo	{3} 11:11.77		4/12
8	30	Ashley KACHURIK	SR	#6 Elmhurst	11:12.49		4/18
9	36	Hannah ROTH	SO	#21 Grinnell	11:14.05		4/11
10	49	Gretchen CARIE	SR	#12 Greenville	11:18.36		4/12



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Women's 5000 Meters

1	8	Deyanneira COLON MALDONADO	SR	#16 Aurora	16:38.23	4/12
2	18	Ellie MEYER	SR	#2 Wartburg	16:50.15	4/12
3	22	Anna WATSON	SR	#3 Chicago	16:52.17	4/12
4	23	Estelle SNIDER	SO	#3 Chicago {2}	16:52.39	4/12
5	24	Peyton STEFFEN	JR	#8 Central (Iowa)	16:53.39	3/28
6	36	Nora HOLMES	JR	#3 Chicago {3}	17:06.07	3/28
7	45	Jillian HETH	JR	#1 Washington (Mo)	17:13.82	4/12
8	67	Teghan BOOTH	SR	#13 Simpson (Iowa)	17:24.88	4/12
9	75	Becca DIDDIA	SR	#4 Loras	17:27.92	4/12
10	82	Addy PARROTT	SR	#8 Central (Iowa) {2}	17:29.60	3/28

Women's 10,000 Meters

1	8	Deyanneira COLON MALDONADO	SR	#16 Aurora	35:15.27	3/28
2	17	Estelle SNIDER	SO	#3 Chicago	35:41.70	3/28
3	21	Teghan BOOTH	SR	#13 Simpson (Iowa)	35:52.78	3/28
4	38	Annalese CHUDY	SR	#10 Illinois Wesleyan	36:52.47	3/28
5	48	Kelly GIARDINA	JR	#2 Wartburg	37:25.87	3/28
6	54	Vivienne LARSON	SO	#1 Washington (Mo)	37:33.80	3/28
7	74	Ava VANCE	FR	#2 Wartburg {2}	38:08.33	4/18
8	80	Sydney BOCHMANN	FR	#2 Wartburg {3}	38:17.51	4/18
9	84	Lydia MAAS	FR	#2 Wartburg {4}	38:25.42	4/18
10		Abbey ANGUS	FR	#2 Wartburg {5}	39:01.53	4/5

Women's 4x100 Relay

1	1	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker	#6 Elmhurst	45.61	4/19
2	5	Maya Davis, Lauren Gay, Nicole Stewart, Jasmine Wright	#1 Washington (Mo)	46.46	4/12
3	6	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg	#15 North Park	46.49	4/12
4	13	Harmony Creasy, Layla Hughes, Meghan McDonald, Emma Seipel	#4 Loras	47.00	4/12
5	18	Keeley Hourigan, Raegan Levi, Chloe Mooberry, Natalie Cummins	#7 Nebraska Wesley	47.30	4/11
6	19	Maddie Lyons, Gabri Meschino, Camila Garanton, Arielle Troadec	#3 Chicago	47.31	4/17
7	24	Taylor Tucker, Jocelyn Fritz, TyKiaza Jones, Jazmyn Harmon	#12 Greenville	47.58	4/12
8	26	Kyla Miller, Faith Ladin, Cali Minkie, Lindsey Novak	#5 North Central (Il)	47.63	4/18
9	32	Shakira Wade, McKenzie Reser, Cora Deemer, Jordyn VanSanten	#9 Augustana (Ill.)	47.82	4/18
10	41	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin	#8 Central (Iowa)	48.06	4/11



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Women's 4x400 Relay

1	5	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton	#1 Washington (Mo)	3:45.82	3/29
2	17	Lizzy Van Utrecht, Alivia Roerdink, Emily McMartin, Ava Parkins	#8 Central (Iowa)	3:51.58	4/11
3	20	Sophia Stahle, Ryann Decker, Natalie Bork, JoJo Tyynismaa	#2 Wartburg	3:53.26	4/19
4	24	Jordyn VanSanten, Cora Deemer, Lina Maatouk, McKenzie Reser	#9 Augustana (Ill.)	3:55.00	4/5
5	25	Ava Hagwell, Elisabeth Camic, Onese Ewherido, Ren Brown	#3 Chicago	3:55.79	4/12
6	33	Isabella Gonzalez, Lauren Huber, Alexandra Reinhart, Jordynn Griffin	#10 Illinois Wesleyan	3:57.84	4/12
7	37	Carmela Woods, Alyssa Busker, Sadie Hartmann, Nayeli Villegas	#6 Elmhurst	3:58.85	4/5
8	45	Chloe Mooberry, Raegan Levi, Natalie Cummins, Delaney Vacek	#7 Nebraska Wesleyan	4:00.80	4/11
9	47	Madison Hays, Chloe Wierson, Nicole Middents, Maddax DeVault	#13 Simpson (Iowa)	4:00.94	4/11
10	49	Jazmyn Harmon, Eva Schwaab, Taylor Tucker, Norah Swinigan	#12 Greenville	4:01.29	4/12

Women's High Jump

1	2	Olivia JAMESON	JR #22 Illinois Tech	1.73m	5-8	4/5
2	9	Lauren HUBER	SR #10 Illinois Wesleyan	1.67m	5-5¾	4/19
3	10	Sara HOSKINS	SR #4 Loras	1.66m	5-5¼	4/15
3	10	Hannah MYERS	JR #20 Principia	1.66m	5-5¼	4/18
3	10	Ebunoluwa OPATA	SR #1 Washington (Mo)	1.66m	5-5¼	3/29
6	20	Anna Beth VANCIL	SR #12 Greenville	1.64m	5-4½	4/18
6	20	Jaden GATTS	SO #11 Dubuque	1.64m	5-4½	4/18
6	20	Grace CROWDER	SO #17 Wheaton (Ill.)	1.64m	5-4½	4/5
9	23	Olivia THEISEN	SO #1 Washington (Mo){2}	1.63m	5-4¼	4/12
10	38	Grace PYLE	FR #7 Nebraska Wesleyan	1.61m	5-3¾	4/11

Women's Pole Vault

1	1	Yasmin RUFF	SR #1 Washington (Mo)	4.11m	13-5¾	4/12
2	3	Gwen BERENYI	JR #5 North Central (Ill)	4.03m	13-2½	3/29
3	20	Natalie JOHNSON	SR #5 North Central (Ill){2}	3.75m	12-3½	4/18
3	20	Kenzie KURDYS	SO #12 Greenville	3.75m	12-3½	4/4
5	55	Amber VROMAN	SR #8 Central (Iowa)	3.50m	11-5¾	4/5
6	65	Cora HELLER	FR #9 Augustana (Ill.)	3.45m	11-3¾	4/18
6	65	Madeline BENSON	SR #19 Illinois College	3.45m	11-3¾	4/18
6	65	Miranda HURSEY	JR #14 Monmouth (Ill.)	3.45m	11-3¾	4/18
6	65	Mackenzie WALKER	JR #1 Washington (Mo){2}	3.45m	11-3¾	4/4
6	65	Meredyth BARR	SO #1 Washington (Mo){2}	3.45m	11-3¾	4/12
6	65	Makenzie STOCK	SR #1 Washington (Mo){2}	3.45m	11-3¾	4/4

Women's Long Jump

1	3	Emma SEIPEL	SR #4 Loras	6.05m	19-10¼ (0.3)	4/11
2	21	Ebunoluwa OPATA	SR #1 Washington (Mo)	5.74m	18-10 (0.0)	4/12
3	25	Harmony CREAMY	SR #4 Loras	{2} 5.70mw	18-8½ (3.7)	4/5
4	28	Chloe SELMER	FR #6 Elmhurst	5.64m	18-6 (1.1)	4/12
5	29	Paulina TINAJERO	SO #6 Elmhurst	{2} 5.63m	18-5¾ (0.0)	4/12
6	36	Natalie CUMMINS	SR #7 Nebraska Wesleyan	5.60m	18-4½ (-0.7)	4/11
7	40	Katelyn MCCANN	JR #5 North Central (Ill)	5.59m	18-4¼ (1.8)	3/28
8	47	Chloe MOOBERRY	SO #7 Nebraska Wesleyan	{2} 5.55m	18-2½ (0.0)	4/11
9	51	Deja ANDERSON	SO #19 Illinois College	5.53mw	18-1¾ (2.2)	4/12
10	54	Vanessa CARR	JR #6 Elmhurst	{3} 5.51m	18-1 (0.0)	4/12
10	54	Marina SEMPLE	JR #3 Chicago	5.51m	18-1 (0.0)	4/12

Women's Triple Jump

1	1	Ebunoluwa OPATA	SR #1 Washington (Mo)	12.82m	42-¾ (0.5)	4/18
2	10	Imani OGUNRIBIDO	SO #10 Illinois Wesleyan	11.98m	39-3¾ (1.7)	4/19
3	18	Madelyn (Maddie) MUCCI	FR #4 Loras	11.69m	38-4¼ (0.5)	4/11
4	19	Shaniah JOHNSON	SR #2 Wartburg	11.65mw	38-2¾ (2.9)	4/4
5	27	Emma SEIPEL	SR #4 Loras	{2} 11.52m	37-9½ (1.7)	4/15
6	38	Abbie LAYNE	SO #5 North Central (Ill)	11.44m	37-6½ (0.5)	4/12
7	40	Harmony CREAMY	SR #4 Loras	{3} 11.42mw	37-5¾ (2.2)	4/15
8	51	Chloe SELMER	FR #6 Elmhurst	11.34m	37-2½ (1.0)	4/12
9	55	Francesca SMITH	SR #10 Illinois Wesleyan	{2} 11.23m	36-10¼ (1.6)	3/29
10	60	Jazmyn HARMON	SO #12 Greenville	11.20m	36-9 (1.1)	4/12

Women's Shot Put

1	2	Jenae BOTHE	JR #1 Washington (Mo)	14.45m	47-5	4/18
2	3	Emmily BERGLUND	SO #7 Nebraska Wesleyan	14.13m	46-4¼	4/8
3	12	Chloe REISER	SO #11 Dubuque	13.65m	44-9½	4/15
4	17	Talahiva TALANOA	SR #12 Greenville	13.47m	44-2½	4/12
5	19	Maddie BOLEY	SR #14 Monmouth (Ill.)	13.34m	43-9¼	4/12
6	38	Payton SCHERMERHORN	SO #24 Buena Vista	12.81m	42-½	4/18
6	38	Elle VOY	SO #2 Wartburg	12.81m	42-½	4/18
8	41	Kayla BRAUN	JR #14 Monmouth (Ill.)	{2} 12.80m	42-0	4/12
9	45	Riley VICE	SR #4 Loras	12.77m	41-10¾	4/12
9	45	Taylor FLAIG	SR #4 Loras	12.77m	41-10¾	4/15



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Women's Discus

1	1	Charlotte FRERE	JR	#9 Augustana (Ill.)	52.70m	172-11	4/18
2	2	Nai'lah ANDERS	SO	#11 Dubuque	50.01m	164-1	4/18
3	3	Maddie BOLEY	SR	#14 Monmouth (Ill.)	49.06m	161-0	4/5
4	5	Anna LUNDAHL	SR	#7 Nebraska Wesley	46.98m	154-2	3/28
5	6	Kaelyn MEANS	SO	#7 Nebraska Wesley{2}	46.09m	151-3	3/28
6	13	Emmilly BERGLUND	SO	#7 Nebraska Wesley{3}	44.82m	147-1	4/19
7	15	Riley VICE	SR	#4 Loras	44.60m	146-4	4/5
8	16	Aspin COLLINS	FR	#7 Nebraska Wesley{4}	44.53m	146-1	4/11
9	18	Ava LARMON	FR	#7 Nebraska Wesley{5}	44.48m	145-11	4/8
10	21	Abby VELD	FR	#2 Wartburg	43.95m	144-3	4/18

Women's Hammer

1	2	Emma TRUE	SR	#2 Wartburg	58.53m	192-1	4/18
2	4	Caitlyn COX	JR	#4 Loras	56.37m	184-11	4/5
3	6	Talahiva TALANOA	SR	#12 Greenville	54.40m	178-6	4/12
4	8	Maddie BOLEY	SR	#14 Monmouth (Ill.)	53.96m	177-1	4/18
5	9	Carlyssa KING	SR	#10 Illinois Wesleyan	53.94m	177-0	4/12
6	11	Jillian TOTH	JR	#14 Monmouth (Ill.) {2}	53.77m	176-5	4/5
7	18	Taylor FLAIG	SR	#4 Loras	{2} 51.97m	170-6	4/15
8	33	Breen DUFFY	JR	#11 Dubuque	50.23m	164-10	4/5
9	41	Chloe REISER	SO	#11 Dubuque	{2} 49.76m	163-3	4/5
10	43	Gabrielle HARDING	SR	#5 North Central (Il	49.70m	163-1	4/12

Women's Javelin

1	1	Avery DECKER	SR	#7 Nebraska Wesley	47.50m	155-10	4/11
2	4	Heather MICHALSKI	SR	#9 Augustana (Ill.)	43.13m	141-6	4/12
3	7	Faith LADIN	SR	#5 North Central (Il	42.01m	137-10	4/5
4	19	Aliah CLARKE	SR	#7 Nebraska Wesley{2}	39.97m	131-2	4/8
5	22	Aaliyah JOHNSON	SR	#13 Simpson (Iowa)	39.81m	130-8	3/28
6	26	Laina NELSON	SO	#9 Augustana (Ill.) {2}	39.67m	130-2	3/29
7	29	Peyton PANKA	SR	Benedictine (Ill.)	39.34m	129-1	4/12
8	36	Lauren HUBER	SR	#10 Illinois Wesleyan	38.88m	127-7	4/19
9	37	Ashley GLENNON	JR	#11 Dubuque	38.72m	127-1	4/5
10	43	Robin LEE	SR	#5 North Central (Il{2}	38.42m	126-1	4/18

Women's Heptathlon

1	3	Olivia BOHLEN	JR	#8 Central (Iowa)	5,045	4/18
2	8	Lauren HUBER	SR	#10 Illinois Wesleyan	4,821	4/19
3	27	Anna COTTER	SR	#5 North Central (Il	4,266	4/18
4	49	Victoria ZOLTOWSKA	SR	#11 Dubuque	3,912	4/18
5	50	Caitlin BENESH	SO	#2 Wartburg	3,892	4/5
6	54	Isabella VALENTIN	FR	#5 North Central (Il{2}	3,826	4/18
7	56	Brooke SHAFER	SR	#2 Wartburg	{2} 3,799	4/5
8	65	Samantha NIELSEN	JR	#2 Wartburg	{3} 3,657	4/5
9	68	Chloe WIERSON	FR	#13 Simpson (Iowa)	3,536	4/18
10	78	Taylor MARTIN	JR	#11 Dubuque	{2} 3,428	4/18



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Women's 100 Meters

1	6	Brynn MOONEY	SO	#1 SUNY Geneseo	11.76w	(3.9)	4/5
2	22	Victoria BREWSTER	JR	#14 Houghton	11.97w	(3.9)	4/5
3	23	Aynisha MCQUILLAR	FR	#3 Ithaca	11.98	(1.6)	3/29
4	50	Autumn PITTMAN	SR	#4 SUNY Cortland	12.14	(1.3)	4/6
4	50	Khia LASTER	SR	#15 Buffalo State	12.14	(-0.9)	4/15
6	78	Abigail DORUNDA	FR	#6 St. John Fisher	12.27w	(3.9)	4/5
7	98	Rachel KULP	JR	#9 RIT	12.32w	(2.2)	4/5
8		Alaina MORLEY	JR	#8 Nazareth	12.35w	(2.1)	4/19
9		Laura SUPPA	JR	#3 Ithaca {2}	12.37	(0.9)	3/29
10		Shaesha JOHNSON	FR	#10 SUNY Delhi	12.40w	(3.2)	4/12

Women's 100 Meter Hurdles

1	3	Rachel LARSON	JR	#3 Ithaca	13.98	(1.2)	4/6
2	9	Laura SUPPA	JR	#3 Ithaca {2}	14.21	(1.2)	4/6
3	13	Jill AMBLER	SO	#1 SUNY Geneseo	14.27w	(2.3)	4/14
4	33	Ciarra FRANZ	SR	#6 St. John Fisher	14.64w	(3.7)	4/5
5	64	Jaiden SCHRAG	FR	#13 SUNY Oneonta	15.02	(1.2)	4/6
6	74	Samantha LUBA	JR	#8 Nazareth	15.06	(-2.1)	4/19
7		Dasha JACKSON	JR	#7 NYU	15.27	(1.2)	4/5
8		Lilly SWYERS	JR	#4 SUNY Cortland	15.40w	(3.3)	4/19
9		Lainey FLAITZ	SO	#1 SUNY Geneseo {2}	15.42	(-0.9)	3/30
10		Lanna WANDY	SR	#1 SUNY Geneseo {3}	15.45	(0.1)	4/15

Women's 200 Meters

1	7	Brynn MOONEY	SO	#1 SUNY Geneseo	24.20w	(4.0)	4/5
2	8	Miranda COLE	JR	#10 SUNY Delhi	24.22w	(2.9)	4/19
3	18	Autumn PITTMAN	SR	#4 SUNY Cortland	24.46w	(2.9)	4/19
4	21	Shaesha JOHNSON	FR	#10 SUNY Delhi {2}	24.52w	(2.4)	3/29
5	47	Marissa WISE	SR	#5 SUNY Brockport	24.84	(1.1)	4/14
6	70	Khia LASTER	SR	#15 Buffalo State	25.02	(-0.6)	3/29
7	76	Natalia SAWYER	JR	#15 Buffalo State {2}	25.06	(-0.6)	3/29
8	81	Megan BELL	SR	#2 Rochester (N.Y.)	25.12w	(3.1)	4/14
9	88	Jill AMBLER	SO	#1 SUNY Geneseo {2}	25.18w	(4.0)	4/5
10	99	Zoe RODI	JR	#10 SUNY Delhi {3}	25.26w	(2.9)	4/19

Women's 400 Meters

1	3	Megan BELL	SR	#2 Rochester (N.Y.)	54.50c	(55.22)	4/19
2	9	Brynn MOONEY	SO	#1 SUNY Geneseo	55.53		4/14
3	24	Nora CHEN	SO	#2 Rochester (N.Y.) {2}	56.21c	(56.95)	4/19
4	53	Raquella CASSERINO	SO	#2 Rochester (N.Y.) {3}	57.28c	(58.04)	4/19
5	71	Eva CIUFFETELLI	SO	#2 Rochester (N.Y.) {4}	57.74c	(58.50)	4/19
6		Grace WRIGHT	SR	#6 St. John Fisher	58.52		4/19
7		Nicole GRETZINGER	JR	#1 SUNY Geneseo {2}	58.59		4/19
8		Caroline HILL	SR	#9 RIT	59.04		3/30
9		Marissa WISE	SR	#5 SUNY Brockport	59.13		4/5
10		Sophia LEACH	SO	#6 St. John Fisher {2}	59.15		4/19

Women's 400 Meter Hurdles

1	6	Nora CHEN	SO	#2 Rochester (N.Y.)	1:01.53		4/5
2	10	Eva CIUFFETELLI	SO	#2 Rochester (N.Y.) {2}	1:02.31		4/5
3	13	Ava BAGLEY	SO	#1 SUNY Geneseo	1:02.72		4/19
4	16	Lexi RODRIGUEZ	JR	#5 SUNY Brockport	1:02.87		4/14
5	31	Caroline HILL	SR	#9 RIT	1:03.76		4/19
6	32	Marissa WISE	SR	#5 SUNY Brockport {2}	1:03.86		4/19
7	46	Sophia BARCLAY	SO	#1 SUNY Geneseo {2}	1:04.54		4/19
8	71	Lainey FLAITZ	SO	#1 SUNY Geneseo {3}	1:05.60		4/14
9	73	Janelle ECKL	SR	#1 SUNY Geneseo {4}	1:05.64		4/5
10	80	Jaiden SCHRAG	FR	#13 SUNY Oneonta	1:05.80		4/19

Women's 800 Meters

1	1	Megan BELL	SR	#2 Rochester (N.Y.)	2:05.34		4/5
2	5	Sierra DOODY	JR	#1 SUNY Geneseo	2:08.09		4/19
3	7	Janelle ECKL	SR	#1 SUNY Geneseo {2}	2:08.89		4/19
4	38	Amanda INTRIERI	FR	#10 SUNY Delhi	2:13.89		4/14
5	40	Gianna DAWSON	FR	#7 NYU	2:13.96		4/14
6	80	Ethne DEGAN	FR	#5 SUNY Brockport	2:16.73		4/14
7	91	Jaylah COSSIN	SR	#5 SUNY Brockport {2}	2:17.03c	(2:18.61)	4/19
8	98	Nieve MAHOOD	SR	#1 SUNY Geneseo {3}	2:17.34		4/19
9	99	Katherine SCIBELLI	JR	#11 Hamilton	2:17.36c	(2:18.94)	4/19
10		Stella KUTTNER	FR	#7 NYU {2}	2:18.16		4/14

Women's 1500 Meters

1	2	Megan BELL	SR	#2 Rochester (N.Y.)	4:27.12		4/14
2	28	Sierra DOODY	JR	#1 SUNY Geneseo	4:33.11		4/14
3	31	Keira ROGAN	FR	#11 Hamilton	4:33.73		3/29
4	39	Penelope GREENE	SR	#1 SUNY Geneseo {2}	4:35.18		4/19
5	45	Caitlin VOLOSHEN	JR	#6 St. John Fisher	4:36.60		4/14
6	47	Stella KUTTNER	FR	#7 NYU	4:36.70		4/14
7	96	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo {3}	4:41.67		4/19
8		Katherine CHENG	SR	#7 NYU {2}	4:42.77		4/14
9		Ethne DEGAN	FR	#5 SUNY Brockport	4:43.05		4/19
10		Emily POGOZELSKI	JR	#11 Hamilton {2}	4:44.57		3/29

Women's Steeplechase

1	2	Keira ROGAN	FR	#11 Hamilton	10:27.88		4/5
2	8	Ann BRENNAN	JR	#1 SUNY Geneseo	10:46.82		4/14
3	28	Sab LIN	SR	#2 Rochester (N.Y.)	11:11.45		4/14
4	32	Isabel MARZEC	SR	#1 SUNY Geneseo {2}	11:13.25		4/14
5	44	Ella IMPAGLIA	JR	#8 Nazareth	11:16.59		4/19
6	47	Jillian O'ROURKE	SO	#1 SUNY Geneseo {3}	11:18.01		4/14
7	53	Sylvie NAJARIAN	SR	#11 Hamilton {2}	11:19.68		4/5
8	67	Olivia JACKSON	SO	#7 NYU	11:25.63		4/12
9	71	Alexa WOLCOTT	JR	#4 SUNY Cortland	11:26.73		4/14
10	95	Melissa INNOCENT	SO	#4 SUNY Cortland {2}	11:35.61		3/29



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Women's 5000 Meters

1	5	Janie COOPER	JR	#7 NYU	16:35.47	4/14
2	9	Kate COCHRAN	SR	#7 NYU	{2} 16:38.31	4/14
3	12	Penelope GREENE	SR	#1 SUNY Geneseo	16:43.90	4/5
4	26	Josephine DZIEDZIC	SO	#7 NYU	{3} 16:54.61	4/14
5	31	Gabriella MCCARTHY	SR	#1 SUNY Geneseo	{2} 16:59.76	4/14
6	56	Lucy GOTT	JR	#7 NYU	{4} 17:19.57	4/19
7	57	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo	{3} 17:19.66	4/5
8	60	Charlotte WARNER	FR	#10 SUNY Delhi	17:22.06	4/14
9	74	Grace ROWLEY	SO	#7 NYU	{5} 17:27.53	4/4
10	91	Ann BRENNAN	JR	#1 SUNY Geneseo	{4} 17:32.70	3/30

Women's 10,000 Meters

1	2	Penelope GREENE	SR	#1 SUNY Geneseo	33:42.16	4/14
2	7	Lilly FOWLER-CONNER	SR	#1 SUNY Geneseo	{2} 35:04.34	4/14
3	15	Grace ROWLEY	SO	#7 NYU	35:37.25	4/14
4	16	Gabriella MCCARTHY	SR	#1 SUNY Geneseo	{3} 35:38.67	4/19
5	24	Ann BRENNAN	JR	#1 SUNY Geneseo	{4} 36:08.28	4/19
6	26	Lucy GOTT	JR	#7 NYU	{2} 36:13.96	3/29
7	72	Alicia LAWSON	SR	#2 Rochester (N.Y.)	38:04.40	4/14
8	75	Ella BLAU	SO	#2 Rochester (N.Y.)	{2} 38:10.87	4/14
9	93	Kyla EISMAN	JR	#3 Ithaca	38:37.06	4/6
10		Gia ENGEL	SO	#13 SUNY Oneonta	39:36.93	3/30

Women's 4x100 Relay

1	14	#Type!	#10 SUNY Delhi	47.05	3/29
2	22	#Type!	#1 SUNY Geneseo	47.48	4/19
3	34	Ava Butler, Laura Suppa, Rachel Larson, Aynisha McQuillar	#3 Ithaca	47.90	4/6
4	68	Caroline Hill, Rachel Kulp, Allison Regnante, Rania Sabri	#9 RIT	48.85	4/19
5	82	Jaiden Schrag, Danielle Jackson, Kristanna Samascott, Nicolette DuBose	#13 SUNY Oneonta	49.13	4/19
6	90	Alexis Lasher, Alaina Morley, Jasmine Kendrick, Jordan Wagner	#8 Nazareth	49.40	4/12
7		Olivia Waruch, Tatiana McCray, Marley Meyers, Alexa Thomas	#11 Hamilton	49.90	4/5
8		Tina Kyriacou, Maya Hatch, Lizzie Merrill, Raquella Casserino	#2 Rochester (N.Y.)	49.92	4/19
9		Makenna Manson, Abigail Dorunda, Ella Radley, Grace Wright	#6 St. John Fisher	50.06	4/14
10		Gianna Motto, Yasmine Peralta, Faith Nelson, Kendall Sobczyk	#4 SUNY Cortland	50.41	4/19
10		Davannah Dunn, Jozie Zickafoose, Alexa Belanger, Victoria Brewster	#14 Houghton	50.41	4/13



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Women's 4x400 Relay

1	8	#Type!	#1 SUNY Geneseo	3:48.13	4/19
2	9	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell	#2 Rochester (N.Y.)	3:48.21	4/14
3	27	Lexi Rodriguez, Monica Cammarota, Courtney Bostic, Marissa Wise	#5 SUNY Brockport	3:56.72c (3:59.86)	4/19
4	36	Gabrielle Brown, Miranda Cole, Shaesha Johnson, Zoe Rodi	#10 SUNY Delhi	3:58.50	4/19
5	40	Marley Meyers, Renata Mendez-Alvarez, Tatiana McCray, Mia O'Neill	#11 Hamilton	3:59.81c (4:02.99)	4/19
6	43	Emma Wright, Grace Wright, Sophia Leach, Abigail Dorunda	#6 St. John Fisher	4:00.53	4/5
7	57	Alexis Lasher, Lauren Bendall, Abigail Bowman, Samantha Luba	#8 Nazareth	4:03.36	4/12
8	64	Rachel Larson, Laura Suppa, Natalie MacArthur, Julia Ryba	#3 Ithaca	4:04.35c (4:07.59)	4/19
9	100	Abby Hardy, Izzie Bosko, Yasmine Peralta, Faith Nelson	#4 SUNY Cortland	4:09.25	4/19
10		Samantha Crisci, Jorja DeCarlo, Justine Draper, Caroline Hill	#9 RIT	4:09.73	4/5

Women's High Jump

1	5	Alexa BELANGER	FR #14 Houghton	1.68m	5-6	4/5
2	23	Madeleine WRIGHT	SO #3 Ithaca	1.63m	5-4¼	4/6
2	23	Hannah ALLISON	SO #12 Utica	1.63m	5-4¼	4/12
4	74	Kathryn HILLYARD	FR #6 St. John Fisher	1.59m	5-2½	4/13
4	74	Michaela LEVESQUE	SR #5 SUNY Brockport	1.59m	5-2½	4/13
6	86	Rhiannon BUTCHKO	JR #21 SUNY Oswego	1.58m	5-2¼	4/19
6	86	Celia RYAN	SO #3 Ithaca {2}	1.58m	5-2¼	4/12
6	86	Emily RICHARDSON	FR #18 Alfred State	1.58m	5-2¼	4/5
9		Janelle ECKL	SR #1 SUNY Geneseo	1.55m	5-1	4/15
9		Reilly QUINN	SO #4 SUNY Cortland	1.55m	5-1	4/19

Women's Pole Vault

1	15	Isabel MORSE	JR #8 Nazareth	3.81m	12-6	4/19
2	18	Erin EASTWOOD	JR #3 Ithaca	3.80m	12-5½	4/19
3	28	Kiara TORNUSCIOLO	JR #8 Nazareth {2}	3.66m	12-0	4/19
4	34	Cara PELLECHIA	JR #20 Fredonia	3.62m	11-10½	4/15
5	87	Abby KOPECK	FR #2 Rochester (N.Y.)	3.36m	11-¼	4/19
5	87	Isabel SWYERS	SO #5 SUNY Brockport	3.36m	11-¼	4/13
7	93	Kathryn HILLYARD	FR #6 St. John Fisher	3.35m	10-11¾	4/19
7	93	Ryan STARK	FR #4 SUNY Cortland	3.35m	10-11¾	4/12
7	93	Talia HUTCHINSON	SO #3 Ithaca {2}	3.35m	10-11¾	4/12
7	93	Teagan KIGER	FR #3 Ithaca {2}	3.35m	10-11¾	4/19

Women's Long Jump

1	8	Khia LASTER	SR #15 Buffalo State	5.91m	19-4¾ (1.6)	4/15
2	13	Jill AMBLER	SO #1 SUNY Geneseo	5.84m	19-2 (1.2)	4/15
3	24	Lanna WANDY	JR #1 SUNY Geneseo {2}	5.71m	18-8¾ (0.3)	4/14
4	36	Alaina MORLEY	JR #8 Nazareth	5.60m	18-4½ (1.6)	4/14
4	36	Veronica DUELL	SR #6 St. John Fisher	5.60m	18-4½ (-2.1)	4/5
6	42	Jasmine KENDRICK	SO #8 Nazareth {2}	5.58mw	18-3¾ (3.1)	4/19
7	47	Allison REGNANTE	SR #9 RIT	5.55m	18-2½ (1.3)	4/19
8	51	Ashleigh BARRETT	JR #2 Rochester (N.Y.)	5.53m	18-1¾ (1.9)	4/19
9	84	Kayla HUBA	JR #1 SUNY Geneseo {3}	5.39m	17-8¾ (1.8)	4/15
10	93	Anneliese KLEIN	FR #22 SUNY Cobleskill	5.36m	17-7 (1.3)	4/12

Women's Triple Jump

1	13	Jamie RISSO	JR #19 Hunter	11.86m	38-11 (1.4)	3/29
2	43	Katie JACQUES	SR #8 Nazareth	11.39m	37-4½ (0.0)	4/14
3	72	Emmeline STOETZEL	FR #11 Hamilton	11.11mw	36-5½ (2.9)	3/29
4	88	Alexis BROWN	SO #3 Ithaca	11.01mw	36-1½ (3.9)	4/19
5	91	Lilly SWYERS	JR #4 SUNY Cortland	10.99m	36-¾ (0.0)	4/6
6	92	Nora DEVITT	SR #12 Utica	10.98m	36-¼ (0.0)	4/5
7	93	Elyse KLUMP	FR #1 SUNY Geneseo	10.97m	36-0 (0.3)	4/15
8		Dasha JACKSON	JR #7 NYU	10.87m	35-8 (1.6)	3/29
9		Rania SABRI	JR #9 RIT	10.80m	35-5¼ (-0.6)	4/14
10		Sydney LASALLE	JR #8 Nazareth {2}	10.79m	35-4¾ (1.3)	4/19

Women's Shot Put

1	32	Lily SEYFERT	JR #3 Ithaca	12.89m	42-3½	3/29
2	53	Deziree GARRICK	SR #2 Rochester (N.Y.)	12.72m	41-8¾	4/19
3	83	Cora ROSE	SR #2 Rochester (N.Y.) {2}	12.36m	40-6¾	3/30
4	98	Jennifer NDUKWU	JR #4 SUNY Cortland	12.20m	40-½	4/19
5	99	Zoe CONNER	SR #1 SUNY Geneseo	12.16m	39-10¾	4/19
5	99	Marinna HEICHBERGER	JR #9 RIT	12.16m	39-10¾	4/14
7		Emily DIMARCO	SR #9 RIT {2}	12.01m	39-5	4/14
8		Cheyenne MCPEEK	SO #4 SUNY Cortland {2}	12.00m	39-4½	4/19
9		Lauren JAKLITSCH	JR #1 SUNY Geneseo {2}	11.98m	39-3¾	3/30
10		Hannah MCMASTERS	JR #4 SUNY Cortland {3}	11.95m	39-2½	4/12



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Niagara

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Women's Discus

1	41	Rebecca HEULER	SR	#5	SUNY Brockport	42.44m	139-3	4/19
2	43	Cora ROSE	SR	#2	Rochester (N.Y.)	42.25m	138-8	3/30
3	47	Ben KAYSER-COCHRAN	FR	#9	RIT	42.01m	137-10	4/15
4	50	Emily DIMARCO	SR	#9	RIT	{2} 41.71m	136-10	4/5
5	58	Aimee OSZER	SO	#2	Rochester (N.Y.)	{2} 41.27m	135-5	4/19
6	66	Gabby BILLETZ	SO	#23	Manhattanville	40.91m	134-3	3/29
7	67	Bailee DRUMMOND	SO	#9	RIT	{3} 40.80m	133-10	4/19
8	95	Erin MCGUINNESS	JR	#6	St. John Fisher	39.59m	129-11	4/19
9	98	Madison VARGAS	SO	#2	Rochester (N.Y.)	{3} 39.51m	129-8	4/19
10		Michelle UVIEGHARA	SR	#7	NYU	39.34m	129-1	3/29

Women's Hammer

1	15	Zoe CONNER	SR	#1	SUNY Geneseo	52.51m	172-4	4/19
2	21	Anna STEED	JR	#6	St. John Fisher	51.48m	168-11	4/19
3	23	Hannah MCMASTERS	JR	#4	SUNY Cortland	51.26m	168-2	4/19
4	29	Cheyenne MCPEEK	SO	#4	SUNY Cortland	{2} 50.48m	165-8	3/29
5	46	Lea RICHARD	SR	#8	Nazareth	49.44m	162-3	4/19
6	47	Jennifer NDUKWU	JR	#4	SUNY Cortland	{3} 49.33m	161-10	4/19
7	52	Enya GREEN	SO	#3	Ithaca	48.94m	160-7	4/6
8	61	Riley KING	SO	#12	Utica	48.23m	158-3	4/19
9	65	Jazelle MCINTYRE	JR	#6	St. John Fisher	{2} 47.94m	157-4	4/19
10	66	Lily SEYFERT	JR	#3	Ithaca	{2} 47.79m	156-10	4/6

Women's Javelin

1	3	Julia BALASKI	JR	#16	Penn State Behr	43.34m	142-2	3/29
2	11	Rebecca HEULER	SR	#5	SUNY Brockport	41.23m	135-3	4/13
3	20	Lily SEYFERT	JR	#3	Ithaca	39.90m	130-11	4/19
4	25	Skyler KLIMOW	JR	#1	SUNY Geneseo	39.79m	130-7	4/5
5	39	Dana SCHWARTZ	JR	#11	Hamilton	38.62m	126-9	4/19
6	62	Emma GRUNIN	JR	#7	NYU	37.26m	122-3	4/5
7	69	Sage DOUGLASS	SR	#13	SUNY Oneonta	36.95m	121-3	3/30
8	80	Kitty MESSINA	SR	#10	SUNY Delhi	36.53m	119-10	4/19
9	84	Aimee OSZER	SO	#2	Rochester (N.Y.)	36.30m	119-1	4/5
10		Celia RYAN	SO	#3	Ithaca	{2} 35.32m	115-11	4/12

Women's Heptathlon

1	23	Anne SPILA	SR	#17	Alfred	4,341		4/11
2	28	Lanna WANDY	SR	#1	SUNY Geneseo	4,264		4/15
3	57	Cameron TING	FR	#3	Ithaca	3,793		4/12
4	62	Stefania GRIMALDI	SO	#12	Utica	3,730		4/19
5	63	Mackenzie KUBAT	FR	#1	SUNY Geneseo	{2} 3,719		4/15
6	64	AnJalyna TALMADGE	JR	#4	SUNY Cortland	3,715		4/19
7	72	Grace MCINERNEY	FR	#2	Rochester (N.Y.)	3,494		4/15
8	85	Julia LARGETT	JR	#2	Rochester (N.Y.)	{2} 3,355		4/15
9	92	Katie BALL	FR	#4	SUNY Cortland	{2} 3,289		4/19
10		Cecelia LABONTE	JR	#3	Ithaca	{2} 3,153		4/12



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Women's 100 Meters

1	1	Lauren JARRETT	JR	#1	UW-La Crosse	11.23	(1.9)	4/18
2	4	Dakota MITCHELL	FR	#4	UW-Whitewater	11.69w	(3.3)	4/18
3	16	Cici STENNETT	FR	#4	UW-Whitewater {2}	11.90w	(3.3)	4/18
4	23	Isabel PETERSON	JR	#11	UW-Platteville	11.98w	(3.3)	4/18
5	26	Kelly HUERTA	FR	#4	UW-Whitewater {3}	12.00w	(3.3)	4/18
6	34	Makenna ZAK	JR	#1	UW-La Crosse {2}	12.08	(0.4)	4/18
7	37	Angela DALE	FR	#4	UW-Whitewater {4}	12.10w	(3.3)	4/18
8	38	Zari YOUNG	FR	#21	Saint Mary's (Minn.)	12.11w	(3.1)	4/12
9	41	Anika REILAND	SO	#1	UW-La Crosse {3}	12.12	(1.1)	4/18
9	41	Danielle POUSKA	JR	#4	UW-Whitewater {5}	12.12w	(3.3)	4/18
9	41	Julie YANG	FR	#1	UW-La Crosse {3}	12.12	(0.2)	4/18

Women's 100 Meter Hurdles

1	5	Hannah ZASTROW	SR	#3	UW-Stout	14.06w	(2.6)	4/18
2	25	Kaylie RATHS	SR	#3	UW-Stout {2}	14.45w	(2.3)	4/18
3	28	Lilly ROBERTS	JR	#3	UW-Stout {3}	14.49w	(2.6)	4/18
4	31	Regan SCOTT	FR	#1	UW-La Crosse	14.59w	(2.3)	4/18
5	36	Brie ECKERMAN	SO	#1	UW-La Crosse {2}	14.69w	(2.3)	4/18
6	39	Jenna KALEVIK	SR	#8	Concordia Moorhous	14.72w	(3.6)	4/11
7	52	Emilee BOOKER	SR	#2	UW-Eau Claire	14.91w	(2.7)	4/5
7	52	Olivia NAVIN	FR	#1	UW-La Crosse {3}	14.91w	(2.3)	4/18
9	57	Megan ZEMKE	FR	#1	UW-La Crosse {4}	14.97w	(3.6)	4/5
10	64	Lena BECKER	SR	#4	UW-Whitewater	15.02	(0.6)	4/18

Women's 200 Meters

1	2	Lauren JARRETT	JR	#1	UW-La Crosse	23.69	(-0.9)	4/19
2	6	Megan GERAETS	SR	#9	Gustavus Adolphus	24.19	(1.7)	4/12
3	24	Ariella ROGAHN-PRESS	FR	#16	Macalester	24.55	(-0.4)	4/19
4	30	Allyson KAKES	SO	#2	UW-Eau Claire	24.67	(1.7)	4/18
5	34	Isabel PETERSON	JR	#11	UW-Platteville	24.72w	(3.2)	4/18
6	39	Dakota MITCHELL	FR	#4	UW-Whitewater	24.78w	(3.2)	4/18
7	49	Kelly HUERTA	FR	#4	UW-Whitewater {2}	24.85w	(3.2)	4/18
8	67	Emily RENGO	JR	#8	Concordia Moorhous	24.97	(1.7)	4/18
9	68	Kate CARLSON	SR	#9	Gustavus Adolphus {2}	24.98c	(25.36) (-0.4)	4/16
10	70	Sarah STELLMACH	SR	#6	Bethel (Minn.)	25.02	(1.7)	4/12

Women's 400 Meters

1	2	Ariella ROGAHN-PRESS	FR	#16	Macalester	54.30		4/19
2	10	Shalom SULUNGAIN	SO	#6	Bethel (Minn.)	55.60		4/12
3	27	Allison HOOKOM	JR	#23	Augsburg	56.27		4/12
4	28	Anna PLAUTZ	SO	#1	UW-La Crosse	56.42		4/12
5	43	Kyla NYGAARD	JR	#8	Concordia Moorhous	56.83		4/18
6	65	Kylee GRABARSKI	JR	#2	UW-Eau Claire	57.62		4/5
7	76	Macy REYBROCK	FR	#1	UW-La Crosse {2}	57.83		4/19
8	82	Emily RENGO	JR	#8	Concordia Moorhous {2}	58.03		4/18
9	86	Hailey GREGG	SR	#6	Bethel (Minn.) {2}	58.07		4/12
10	88	Morgan JENNINGS	JR	#1	UW-La Crosse {3}	58.09		4/12

Women's 400 Meter Hurdles

1	11	Lilly ROBERTS	JR	#3	UW-Stout	1:02.46		4/12
2	12	Kelsie SEALOCK	SR	#6	Bethel (Minn.)	1:02.50		4/5
3	23	Lauren BERG	JR	#10	Saint Benedict	1:03.25		4/12
4	24	Hannah KVANT	SO	#6	Bethel (Minn.) {2}	1:03.27		4/12
5	29	Kaylie RATHS	SR	#3	UW-Stout {2}	1:03.63		4/12
6	48	McKenzie KRUSE	FR	#2	UW-Eau Claire	1:04.59		4/12
7	50	Gretchen MCNEAL	JR	#1	UW-La Crosse	1:04.65		4/18
8	53	Grace MORAVCHIK	SO	#24	Northwestern State	1:04.86		4/12
9	60	Hannah BINGHAM	FR	#6	Bethel (Minn.) {3}	1:05.07		4/5
10	64	Mya CINNAMON	SO	#2	UW-Eau Claire {2}	1:05.25		4/12

Women's 800 Meters

1	19	Libby GEISNESS	SR	#5	UW-Oshkosh	2:12.08		4/17
2	34	Kyla NYGAARD	JR	#8	Concordia Moorhous	2:13.59		4/5
3	41	Isabel WYATT	JR	#13	St. Olaf	2:14.04		4/12
4	44	Macy REYBROCK	FR	#1	UW-La Crosse	2:14.34		4/12
5	46	Lauren JEX	JR	#2	UW-Eau Claire	2:14.51		4/12
6	55	Lara ERICKSON	SR	#15	Carleton	2:15.58		4/12
7	57	Alli THOMAS	SO	#1	UW-La Crosse {2}	2:15.69		4/19
8	66	Allison HOOKOM	JR	#23	Augsburg	2:16.21		4/17
9	88	Olivia STENZEL	JR	#5	UW-Oshkosh {2}	2:16.96		4/17
10	90	Kylie STOCKTON	JR	#1	UW-La Crosse {3}	2:16.99		4/12

Women's 1500 Meters

1	52	Amelia LEHMAN	SR	#5	UW-Oshkosh	4:37.16		3/28
2	54	Libby GEISNESS	SR	#5	UW-Oshkosh {2}	4:37.49		4/18
3	73	Ari DE LA CERDA	SR	#4	UW-Whitewater	4:39.98		4/18
4	79	Jenny CORTES	JR	#14	Ripon	4:40.54		4/18
5		Aliya LARSEN	SR	#15	Carleton	4:43.10		4/19
6		Ryana MATHIS	FR	#1	UW-La Crosse	4:43.78		4/18
7		Ainara SAINZ DE ROZAS	JR	#12	Concordia Wisco	4:44.06		4/5
8		Becca IMMER	SO	#1	UW-La Crosse {2}	4:44.26		4/5
9		Sophie MCMANUS	SR	#15	Carleton {2}	4:44.59		3/29
10		Katie ERB	JR	#4	UW-Whitewater {2}	4:45.13		3/28

Women's Steeplechase

1	12	Sophie MCMANUS	SR	#15	Carleton	10:50.93		3/28
2	20	Becca IMMER	SO	#1	UW-La Crosse	11:01.26		3/28
3	26	Katelyn CHADWICK	SR	#1	UW-La Crosse {2}	11:09.00		3/28
4	33	Lily HIGGINS	SO	#1	UW-La Crosse {3}	11:13.60		4/18
5	40	Libby ROWLAND	SR	#15	Carleton {2}	11:15.66		3/28
6	45	Breklyn LAMMERT	SR	#3	UW-Stout	11:17.19		4/18
7	68	Mary KENNEY	JR	#10	Saint Benedict	11:25.66		4/18
8	70	Ella DUFAULT	SO		Crown	11:26.00		4/12
9	73	Julia ZALEWSKI	FR	#1	UW-La Crosse {4}	11:27.23		4/18
10	83	Elizabeth SCHWARTZ	SO	#1	UW-La Crosse {5}	11:31.77		4/5



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Women's 5000 Meters

1	19	Amelia LEHMAN	SR	#5 UW-Oshkosh	16:50.90	4/12
2	27	Lucy DUCHAC	JR	#1 UW-La Crosse	16:54.84	4/18
3	28	Ainara SAINZ DE ROZAS	JR	#12 Concordia Wisco	16:54.99	4/12
4	34	Ari DE LA CERDA	SR	#4 UW-Whitewater	17:05.25	4/12
5	35	Lauren WALDA	JR	#13 St. Olaf	17:05.92	3/28
6	42	Alison BODE	SR	#13 St. Olaf {2}	17:09.80	4/12
7	47	Sophie MCMANUS	SR	#15 Carleton	17:15.17	4/12
8	62	McKayla FELTON	SR	#3 UW-Stout	17:22.42	4/12
9	69	Cristyn OLIVER	SR	Lawrence	17:25.23	4/12
10	71	Aliya LARSEN	SR	#15 Carleton {2}	17:25.63	4/5

Women's 10,000 Meters

1	10	Ainara SAINZ DE ROZAS	JR	#12 Concordia Wisco	35:19.99	4/18
2	11	Lucy DUCHAC	JR	#1 UW-La Crosse	35:22.51	3/28
3	13	Madelynn MCINTYRE	SR	#1 UW-La Crosse {2}	35:26.00	3/28
4	20	Alison BODE	SR	#13 St. Olaf	35:51.23	3/28
5	29	McKayla FELTON	SR	#3 UW-Stout	36:25.00	4/18
6	32	Keeley BEHR	JR	#2 UW-Eau Claire	36:33.60	4/18
7	34	Emma AHRENS	SO	#12 Concordia Wisco {2}	36:43.73	4/18
8	36	Brooklyn LUEBKE	SO	#1 UW-La Crosse {3}	36:51.65	3/28
9	44	Olivia DONOHUE	SR	#3 UW-Stout {2}	37:18.28	4/18
10	50	Reagan ZIMMERMAN	JR	#2 UW-Eau Claire {2}	37:27.55	4/18

Women's 4x100 Relay

1	3	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett	#4 UW-Whitewater	46.03	4/12
2	4	Makenna Zak, Anika Reiland, Julie Yang, Lauren Jarrett	#1 UW-La Crosse	46.05	4/18
3	10	Haley Stannard, Elianna Dalamangas, Madison Ahrens, Isabel Peterson	#11 UW-Platteville	46.86	4/18
4	12	Hope Schueller, Allyson Kakes, Libby Huber, Sophia Crespo	#2 UW-Eau Claire	46.97	4/12
5	39	Jenna Driscoll, Lilly Gamache, Makayla Durango, Esme Irel	#3 UW-Stout	47.98	4/12
6	40	Allison Stacy, Megan Geraets, Laura Thauvin, Kate Carlson	#9 Gustavus Adolphi	48.02	4/12
7	49	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard	#8 Concordia Moorhead	48.22	4/11
8	60	Zari Young, McKenzie Munson, Melissa Torres, Samantha Munson	#21 Saint Mary's (Minn)	48.69	4/12
9	70	Nyla Brown, Andrea Glaz, Devin Hable, Addie Baker	#5 UW-Oshkosh	48.89	4/17
10	95	Maya Hielscher, Jacey Read, Natiya Ballard, Sabrina Moore	#12 Concordia Wisco	49.49	3/29



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Women's 4x400 Relay

1	1	Anna Plautz, Alli Thomas, Morgan Jennings, Macy Reybrock	#1 UW-La Crosse	3:43.83	4/18
2	13	Hailey Gregg, Sarah Stellmach, Abbie Swenson, Shalom Sulungaine	#6 Bethel (Minn.)	3:49.26	4/12
3	16	Emilee Booker, Mya Cinnamo, Lauren Jex, Kylee Grabarski	#2 UW-Eau Claire	3:50.61	4/12
4	38	Libby Geisness, Cyna Madigan, Olivia Stenzel, Emma Boegh	#5 UW-Oshkosh	3:58.97	4/12
5	65	Emerson Knapp, Ava Revoir, Kalli Smith, Lauren Berg	#10 Saint Benedict	4:04.40	4/12
6	74	Molly DiNardo, Jules Fromm, Nora Mickelson, Isabel Wyatt	#13 St. Olaf	4:05.20	4/12
7	76	Meg Shercliffe, Emma Warner, Taylor Christenson, Drew Frolek	#8 Concordia Moorl	4:05.68	4/18
8	84	Jaimie Deschand, Kya Smith, Audrey Rabitz, Mel Princl	#20 UW-Stevens Poir	4:07.22	4/12
9	89	Hadley Wilkins, Anna Warren, Ariella Rogahn-Press, Seneca Wilson	#16 Macalester	4:07.45c (4:10.73)	4/5
10	93	Paige Fassbender, Brynn Fuerstenberg, Katie Erb, Emma Henningfeld	#4 UW-Whitewater	4:08.21	4/4

Women's High Jump

1	10	Megan HUNT	SR	#5 UW-Oshkosh	1.66m	5-5¼	4/12
1	10	Emma GRUEN	SR	#2 UW-Eau Claire	1.66m	5-5¼	4/18
3	23	Bridget FINN	SR	#14 Ripon	1.63m	5-4¼	4/12
3	23	Alexys SCHEUERELL	JR	#1 UW-La Crosse	1.63m	5-4¼	4/18
5	38	Hannah ZASTROW	SR	#3 UW-Stout	1.61m	5-3¼	4/18
5	38	Macie TODD	SR	#1 UW-La Crosse {2}	1.61m	5-3¼	4/18
5	38	Laura BERTRANG	SO	#2 UW-Eau Claire {2}	1.61m	5-3¼	4/18
8	50	Kayla KAJER	FR	#9 Gustavus Adolp	1.60m	5-3	4/16
8	50	Hailey CAMPBELL	SO	#11 UW-Platteville	1.60m	5-3	4/5
8	50	McKailey REISEN	FR	#2 UW-Eau Claire {3}	1.60m	5-3	4/12
8	50	Emilee BOOKER	SR	#2 UW-Eau Claire {3}	1.60m	5-3	4/18

Women's Pole Vault

1	2	Gracie HOLLAND	SR	#4 UW-Whitewater	4.05m	13-3½	4/18
2	4	Maddy HABBERSTAD	SO	#1 UW-La Crosse	4.01m	13-1¾	4/12
3	9	Araceli DE LEO LOPEZ	JR	#1 UW-La Crosse {2}	3.92m	12-10¼	4/18
4	13	Annika GUNDERSON	JR	#18 UW-River Falls	3.82m	12-6¼	4/12
5	26	Haley BLAGDON	SR	#2 UW-Eau Claire	3.69m	12-1¼	4/19
6	27	Leah ZASTROW	JR	#3 UW-Stout	3.67m	12-½	4/18
7	28	Amanda VANCALSTER	FR	#1 UW-La Crosse {3}	3.66m	12-0	4/12
7	28	Jackie BERGERON	FR	#1 UW-La Crosse {3}	3.66m	12-0	4/12
9	35	Raegan SORENSEN	SR	#3 UW-Stout {2}	3.60m	11-9¾	4/12
9	35	Jaylyn AHLBERG	JR	#10 Saint Benedict	3.60m	11-9¾	4/12

Women's Long Jump

1	8	Megan HUNT	SR	#5 UW-Oshkosh	5.91m	19-4¾ (1.1)	4/16
2	17	Maya EVANS	JR	#1 UW-La Crosse	5.77mw	18-11¼ (2.2)	4/5
3	26	Megan GERAETS	SR	#9 Gustavus Adolp	5.67mw	18-7¼ (2.8)	4/5
4	27	Emilee BOOKER	SR	#2 UW-Eau Claire	5.66m	18-7 (0.8)	4/18
5	30	Jenna MILLER	JR	#1 UW-La Crosse {2}	5.62m	18-5¼ (1.5)	4/12
5	30	Christina HALL	JR	#7 Carthage	5.62m	18-5¼ (1.1)	3/29
5	30	Jenna DRISCOLL	SR	#3 UW-Stout	5.62mw	18-5¼ (2.1)	4/5
8	42	Sabriya FARQUHARSON	SO	#10 Saint Benedict	5.58mw	18-3¾ (2.2)	3/21
9	50	Bridget FINN	SR	#14 Ripon	5.54mw	18-2¼ (2.4)	4/12
10	70	Ashley DAVIES	SO	#1 UW-La Crosse {3}	5.44mw	17-10¼ (3.3)	4/5

Women's Triple Jump

1	24	Abigail CALHOUN	SR	#7 Carthage	11.58m	38-0 (0.4)	4/17
2	30	Mackenzey KRONBERG	JR	#1 UW-La Crosse	11.50m	37-8¾ (1.8)	4/5
3	45	Maya EVANS	JR	#1 UW-La Crosse {2}	11.37m	37-3¾ (0.3)	4/11
4	47	Amiyah JACKSON	FR	#12 Concordia Wisco	11.35m	37-3 (1.0)	3/28
5	51	Anna THALER	FR	#2 UW-Eau Claire	11.34mw	37-2½ (2.1)	4/5
6	53	Ellie HERNES	JR	#6 Bethel (Minn.)	11.33m	37-2¼ (1.7)	4/5
7	60	Marissa LORENZ	SR	#19 St. Norbert	11.20m	36-9	4/12
8	64	Lili GUY	SR	#9 Gustavus Adolp	11.17mw	36-7¾ (2.5)	4/18
9	77	Sarrah LINDNER	JR	#9 Gustavus Adolp {2}	11.09m	36-4¾ (1.4)	4/16
10	90	Amereka MCPHERSON	JR	#19 St. Norbert {2}	11.00m	36-1¼	4/12

Women's Shot Put

1	5	Brenna NOON	SR	#11 UW-Platteville	14.00m	45-11¼	4/12
2	8	Maria FALK	SR	#17 Carroll (Wis.)	13.83m	45-4½	4/5
3	13	Vanessa UITENBROEK	SR	#17 Carroll (Wis.) {2}	13.62m	44-8¼	4/18
4	14	Madilyn VANDER SANDEN	SO	#1 UW-La Crosse	13.53m	44-4¾	4/12
5	15	Brenna MASLOROFF	SR	#5 UW-Oshkosh	13.49m	44-3¼	4/12
6	21	Madison PAYNE	JR	#7 Carthage	13.30m	43-7¾	4/17
7	22	Mikayla WRIGHT	SR	#7 Carthage {2}	13.27m	43-6½	4/5
8	25	Kenni CZARNECKI	SR	#4 UW-Whitewater	13.09m	42-11½	3/29
9	32	Taylor THIRY	JR	#19 St. Norbert	12.89m	42-3½	4/5
10	36	Addy MOSELER	FR	#1 UW-La Crosse {2}	12.86m	42-2¼	4/18



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North

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Women's Discus

1	8	Vanessa UITENBROEK	SR	#17 Carroll (Wis.)	46.04m	151-1	4/12
2	9	Ryleigh CZARNECKI	SO	#4 UW-Whitewater	46.00m	150-11	3/29
3	10	Nicole TARPLEY	SR	#7 Carthage	45.61m	149-8	4/5
4	12	Kayla BEHNKE	SR	#2 UW-Eau Claire	45.14m	148-1	4/12
5	19	Aubree KOENINGS	SO	#3 UW-Stout	44.43m	145-9	4/5
6	26	Jackie TUZIL	JR	#7 Carthage {2}	43.80m	143-9	4/5
7	31	Kelley BRENNAN	JR	#9 Gustavus Adolp	43.35m	142-3	4/12
8	34	Kylee DOHERTY	JR	#22 Edgewood	42.95m	140-11	4/18
9	36	Olivia DUNCAN	SO	#9 Gustavus Adolp {2}	42.67m	140-0	4/5
10	39	Kenni CZARNECKI	SR	#4 UW-Whitewater {2}	42.55m	139-7	4/18

Women's Hammer

1	3	Brenna MASLOROFF	SR	#5 UW-Oshkosh	57.52m	188-9	4/12
2	5	Kenni CZARNECKI	SR	#4 UW-Whitewater	55.96m	183-7	4/18
3	7	Teagan JONES	SR	#2 UW-Eau Claire	54.36m	178-4	4/18
4	10	Alexis MATTOX	SR	#7 Carthage	53.84m	176-8	4/17
5	13	Nicole TARPLEY	SR	#7 Carthage {2}	53.48m	175-6	4/17
6	14	Kayla BEHNKE	SR	#2 UW-Eau Claire {2}	52.98m	173-10	4/18
7	20	Vanessa UITENBROEK	SR	#17 Carroll (Wis.)	51.66m	169-6	4/18
8	24	Kelley BRENNAN	JR	#9 Gustavus Adolp	51.01m	167-4	4/12
9	25	Lexi BRAINER	SR	#25 Hamline	50.80m	166-8	4/5
10	26	Anna SPERATOS	JR	#6 Bethel (Minn.)	50.75m	166-6	4/12

Women's Javelin

1	6	Gabby JOHNSON	SR	#1 UW-La Crosse	42.89m	140-9	4/5
2	8	Kylee DOHERTY	JR	#22 Edgewood	41.79m	137-1	4/12
3	23	Raegan SORENSEN	SR	#3 UW-Stout	39.80m	130-7	4/18
4	30	Genevieve GRUBA	SO	#8 Concordia Moorl	39.32m	129-0	4/11
5	44	Justus FLOREN	SR	#10 Saint Benedict	38.40m	126-0	4/12
6	46	Abbie SWENSON	SR	#6 Bethel (Minn.)	38.30m	125-8	4/12
7	48	Ella PULS	JR	#1 UW-La Crosse {2}	38.19m	125-4	4/5
8	55	Emily WILLIAMS	SR	#2 UW-Eau Claire	37.62m	123-5	4/18
9	60	Maya HIELSCHER	SR	#12 Concordia Wisco	37.37m	122-7	4/18
10	63	Laura BERTRANG	SO	#2 UW-Eau Claire {2}	37.25m	122-3	4/12

Women's Heptathlon

1	2	Emilee BOOKER	SR	#2 UW-Eau Claire	5,074		4/18
2	4	Bridget FINN	SR	#14 Ripon	4,945		4/12
3	5	Emma GRUEN	SR	#2 UW-Eau Claire {2}	4,917		4/18
4	6	Amber GROSSE	JR	#1 UW-La Crosse	4,869		4/18
5	9	Megan HUNT	SR	#5 UW-Oshkosh	4,804		4/12
6	11	Alexys SCHEUERELL	JR	#1 UW-La Crosse {2}	4,663		4/18
7	19	Justus FLOREN	SR	#10 Saint Benedict	4,429		4/18
8	21	Lauren DIMLER	JR	#2 UW-Eau Claire {3}	4,387		4/18
9	25	Madeline THORESON	FR	#1 UW-La Crosse {3}	4,302		4/18
10	29	Peyton SELLE	SR	#8 Concordia Moorl	4,258		4/13



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South

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Women's 100 Meters

1	10	Kamiah WOOTEN	SO #12 North Carolina W	11.80w	(3.0)	4/5
2	11	Ti'asia BRYANT	SO #12 North Carolina W	11.82	(0.2)	4/12
3	13	Yasmin DEANE	FR #18 Mary Washington	11.87	(1.5)	4/12
4	26	Eva CARCHIDI	SR #1 Emory	12.00	(0.3)	3/28
5	34	Olivia FREEMAN	JR #11 Rhodes	12.08	(1.6)	4/12
6	38	Jada KENNER	FR #1 Emory	{2} 12.11	(0.9)	3/28
6	38	Audrey JOHNSON	SR #1 Emory	{2} 12.11	(1.1)	4/19
8	64	Maura DIANNO	SR #1 Emory	{4} 12.22	(1.1)	4/19
9	67	Aubrey GUYDEN	JR #15 Oglethorpe	12.23w	(2.3)	3/22
10	71	Lilly VERSEN	FR #2 Washington and	12.24	(1.6)	3/29

Women's 100 Meter Hurdles

1	9	Nikki BOON	SR #1 Emory	14.21	(1.9)	4/12
2	19	Betsy MOHNKERN	SR #4 Lynchburg	14.36w	(2.6)	3/29
3	47	Amanda ROMANO	SR #2 Washington and	14.83w	(2.3)	3/29
4	58	Olivia VIERS	SO #8 Roanoke	14.98	(1.0)	4/12
5	62	Deziree CONKLIN	SR #16 Marymount (Va.)	15.01	(0.5)	4/14
6	80	Cammi WINSTON	SR #8 Roanoke	{2} 15.12	(1.0)	4/12
7	82	Brigid BYRNES	SO #5 Catholic (D.C.)	15.14	(0.7)	4/19
8	90	Ellie NUCKOLS	SO #7 Christopher New	15.19	(0.6)	4/19
9	97	Olivia BATES	JR #6 Bridgewater (Va.)	15.24	(1.9)	4/5
10		Rebecca CARR	SO #8 Roanoke	{3} 15.28	(1.0)	4/12

Women's 200 Meters

1	3	Kamiah WOOTEN	SO #12 North Carolina W	23.74w	(2.5)	4/5
2	9	Eva CARCHIDI	SR #1 Emory	24.24	(-0.3)	4/5
3	14	Yasmin DEANE	FR #18 Mary Washington	24.42	(-0.4)	4/5
4	31	Audrey JOHNSON	SR #1 Emory	{2} 24.68	(-0.4)	4/19
5	40	Kimona HAYNES	JR #14 Belhaven (Miss.)	24.80	(1.5)	3/9
6	51	Jada KENNER	FR #1 Emory	{3} 24.87	(-0.3)	4/5
7	59	Sydney TRUSSELL	SR #7 Christopher New	24.94	(0.1)	4/12
7	59	Ti'asia BRYANT	SO #12 North Carolina W	{2} 24.94	(0.0)	4/12
9	63	Nikki BOON	SR #1 Emory	{4} 24.95	(2.0)	3/28
10	80	Lindsey HOBIN	JR #8 Roanoke	25.10	(1.6)	4/5

Women's 400 Meters

1	1	Eva CARCHIDI	SR #1 Emory	54.22		4/19
2	14	Kamiah WOOTEN	SO #12 North Carolina W	55.81		4/12
3	20	Ashaunti JONES	SR #14 Belhaven (Miss.)	55.99		3/22
4	23	Kimona HAYNES	JR #14 Belhaven (Miss.)	{2} 56.16		3/22
5	32	Dashiel TAO HARRIS	SR #1 Emory	{2} 56.48		4/5
6	33	Jesma EVANS	JR #2 Washington and	56.52		4/19
7	39	Jada KENNER	FR #1 Emory	{3} 56.71		4/19
8	59	Sydney TRUSSELL	SR #7 Christopher New	57.49		4/19
9	60	Amaya GRANT	FR #1 Emory	{4} 57.53		4/19
10	62	Summer WALLACE	SO #6 Bridgewater (Va.)	57.57		4/19

Women's 400 Meter Hurdles

1	8	Amanda ROMANO	SR #2 Washington and	1:01.94		4/19
2	15	Clare MARSH	SR #5 Catholic (D.C.)	1:02.86		4/19
3	17	Brigid BYRNES	SO #5 Catholic (D.C.)	{2} 1:02.92		4/19
4	19	Ophelia LADNER	JR #8 Roanoke	1:03.00		4/5
5	20	Macy MURDOCK	JR #3 Berry	1:03.07		4/5
6	41	Mia MCCONNELL	SO #5 Catholic (D.C.)	{3} 1:04.34		4/19
7	65	Deziree CONKLIN	SR #16 Marymount (Va.)	1:05.30		4/14
8	68	Ellie NUCKOLS	SO #7 Christopher New	1:05.43		4/12
9	70	Betsy MOHNKERN	SR #4 Lynchburg	1:05.55		4/5
10	81	Melayna PETTIGREW	FR #1 Emory	1:05.85		3/22

Women's 800 Meters

1	15	Madison TIAFFAY	JR #1 Emory	2:11.45		3/28
2	24	Luna MCCAULEY	JR #1 Emory	{2} 2:12.71		3/28
3	27	Heidi BARTON	JR #10 Southern Virgini	2:12.94		4/19
4	32	Anna ROSE	SR #3 Berry	2:13.45		3/28
5	51	Rowan MILLER	FR #1 Emory	{3} 2:15.03		4/5
6	52	Hannah EDWARDS	SO #4 Lynchburg	2:15.27		4/12
7	64	Emily MOEHRINGER	SR #5 Catholic (D.C.)	2:16.07		4/19
8	65	Channing BARKER	SR Brevard (N.C.)	2:16.19		3/28
9	84	Nikki BOON	SR #1 Emory	{4} 2:16.77		3/28
10		Payton SULLIVAN	JR #1 Emory	{5} 2:17.49		3/28

Women's 1500 Meters

1	8	Madison TIAFFAY	JR #1 Emory	4:28.77		3/28
2	18	Emily MOEHRINGER	SR #5 Catholic (D.C.)	4:31.68		4/14
3	23	Olivia WARR	SO #2 Washington and	4:32.32		4/19
4	25	Anna ROSE	SR #3 Berry	4:32.53		4/19
5	58	Luna MCCAULEY	JR #1 Emory	{2} 4:38.46		3/28
6	60	Sophia BRESCHI	JR #2 Washington and	{2} 4:38.56		4/19
7	66	Payton FLEMING	SO #1 Emory	{3} 4:39.42		3/28
8	68	Rowan MILLER	FR #1 Emory	{4} 4:39.60		3/28
9	76	Liesl SCHERRER	SR #1 Emory	{5} 4:40.06		3/28
10	83	Emma MITCHELL	SR #2 Washington and	{3} 4:40.66		4/19

Women's Steeplechase

1	11	Kate INGLIS	SR #5 Catholic (D.C.)	10:49.69		4/14
2	52	Cameron GUPTA	SO #1 Emory	11:19.36		4/12
3	55	Davis JOHNSON	FR #1 Emory	{2} 11:20.88		4/12
4	77	Bayleigh REDD	SR #10 Southern Virgini	11:29.10		3/22
5	81	Brianna BREYALT	JR #2 Washington and	11:31.07		4/5
6		Reese BROWN	SO #2 Washington and	{2} 11:39.06		4/11
7		Halie MAST	SR #19 Eastern Mennon	11:53.47		4/19
8		Skyler SEEGER	JR #17 Piedmont	12:05.80		3/22
9		Riley MICHAUD	SR #15 Oglethorpe	12:07.49		4/12
10		Elili ASEFA	JR #19 Eastern Mennon	{2} 12:13.17		4/19



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Women's 5000 Meters

1	30	Allison DELL	SR	#4 Lynchburg	16:59.67	4/5
2	39	Liesl SCHERRER	SR	#1 Emory	17:08.75	4/12
3	49	Olivia WARR	SO	#2 Washington and	17:16.43	4/14
4	76	Sophia BRESCHI	JR	#2 Washington and {2}	17:28.24	3/22
5	77	Kate INGLIS	SR	#5 Catholic (D.C.)	17:28.32	4/5
6	92	Taylor MYERS	FR	#6 Bridgewater (Va.	17:33.36	3/22
7		Emma MITCHELL	SR	#2 Washington and {3}	17:38.65	4/5
8		Anna ROSE	SR	#3 Berry	17:39.38	3/28
9		Adelynn CARPENTER	FR	#4 Lynchburg {2}	17:45.48	4/5
10		Makenna THRUSH	SR	#20 Shenandoah	17:46.72	4/5

Women's 10,000 Meters

1	6	Allison DELL	SR	#4 Lynchburg	34:57.06	4/18
2	37	Taylor MYERS	FR	#6 Bridgewater (Va.	36:52.27	3/29
3	61	Laurel MCMAHON	SO	#5 Catholic (D.C.)	37:46.47	4/14
4	81	Ariel ELLIS	JR	#3 Berry	38:21.51	3/28
5	91	Georgia NUSSEY	SR	#5 Catholic (D.C.) {2}	38:34.92	4/14
6	96	Brier AMERLINCK	SO	#16 Marymount (Va.)	38:39.53	4/14
7	97	Skyler SEEGER	JR	#17 Piedmont	38:41.48	4/5
8		Sarah DAKE	SO	#7 Christopher New	39:13.77	4/12
9		Evangelia BERRY	SO	#21 Covenant	39:19.22	3/15
10		Kayla LOPEZ	SO	#7 Christopher New {2}	39:43.76	4/12

Women's 4x100 Relay

1	2	Nikki Boon, Eva Carchidi, Jada Kenner, Audrey Johnson	#1 Emory	45.97	4/5
2	22	Nalonda Henderson, Eleanor Hinckley, Mae Kaufman, Lindsey Hobin	#8 Roanoke	47.48	4/19
3	45	Jade Buckles, Adalia Coleman, Summer Wallace, Olivia Bates	#6 Bridgewater (Va	48.15	3/29
4	52	Kacey Kelly, Betsy Mohnkern, Selah Parker, Rylee Turner	#4 Lynchburg	48.29	4/12
5	63	Keri Edwards, Malia Melton, Evan Thomas, Aubrey Guyden	#15 Oglethorpe	48.80	4/5
6	66	Jennifer Moore, Jaidyn Turner, Jessica Taylor, Tatianna Langston	#13 Randolph	48.83	4/19
7	71	Erin Buckley, Sarah Schumacher, Felicity Giampietro, Kortney Clipper	#5 Catholic (D.C.)	48.94	4/5
8	76	Yasmin Deane, Journey Mason, Jolene Adu, Sophia Redmond	#18 Mary Washington	49.00	3/29
9	78	Ashley D'Ambrosia, Lilly Versen, Olivia D'Ambrosia, Ana Hodneland	#2 Washington and	49.06	3/22
10	96	Marianna Moell, Julia Shipes, Marissa Green, Lucy Nicholson	#3 Berry	49.58	4/5



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Women's 4x400 Relay

1	6	Audrey Johnson, Jada Kenner, Dashiel Tao Harris, Eva Carchidi	#1 Emory	3:46.96	3/28
2	30	Clare Marsh, Mia McConnell, Zoey Brown, Brigid Byrnes	#5 Catholic (D.C.)	3:57.12	3/29
3	31	Lindsey Hobin, Ophelia Ladner, Mae Kaufman, Maryrose Molina-Shuman	#8 Roanoke	3:57.41	4/5
4	39	Ana Hodneland, Annabelle Sutliff, Amanda Romano, Jesma Evans	#2 Washington and	3:59.04	3/22
5	48	Betsy Mohnkern, Rylee Turner, Anna Miller, Hannah Edwards	#4 Lynchburg	4:01.13	4/5
6	68	Julianne Shirley, Lucy Nicholson, Marianna Moell, Macy Murdock	#3 Berry	4:04.53	3/28
7	72	Hailey Wright, Kirsten Wright, Hannah Rhodes, Evan Thomas	#15 Oglethorpe	4:05.09	4/5
8	96	Jaidyn Turner, Tatianna Langston, Jennifer Moore, Jessica Taylor	#13 Randolph	4:08.59	4/12
9		Courtney Adams, Myisha Turner, Bre Taylor, JoAnna Cornette	#14 Belhaven (Miss.)	4:10.32	4/12
10		Jade Buckles, Olivia Bates, Megan Wimmer, Summer Wallace	#6 Bridgewater (Va)	4:11.85	4/11

Women's High Jump

1	5	Marin SIMONS	FR #10 Southern Virgini	1.68m	5-6	4/19
2	16	Camille GILLUM	JR #2 Washington and	1.65m	5-5	4/19
3	23	Nikki BOON	SR #1 Emory	1.63m	5-4¼	3/28
3	23	Kris WILLIAMS	SO #3 Berry	1.63m	5-4¼	4/5
5	38	Norah CIANO	SR #9 Virginia Wesleya	1.61m	5-3¾	4/5
5	38	Summer WALLACE	SO #6 Bridgewater (Va)	1.61m	5-3¾	3/29
7	86	Emma CHRISTENSEN	SR #21 Covenant	1.58m	5-2¼	3/22
7	86	Ashley ELEY	SO #7 Christopher New	1.58m	5-2¼	4/19
9		Margo FOX	JR #4 Lynchburg	1.57m	5-1¾	3/22
10		Maddie WATSON	FR #6 Bridgewater (Va){2}	1.56m	5-1¼	3/29
10		Julia SHIPES	SO #3 Berry {2}	1.56m	5-1¼	4/12

Women's Pole Vault

1	15	Ashley D'AMBROSIA	SR #2 Washington and	3.81m	12-6	4/19
2	55	Allison BOBST	SR #4 Lynchburg	3.50m	11-5¾	3/29
2	55	Layla KEADLE	FR #2 Washington and {2}	3.50m	11-5¾	4/19
4	65	Erin MAKHANIAN	FR #1 Emory	3.45m	11-3¾	4/5
5	77	Madi FUERST	FR #5 Catholic (D.C.)	3.40m	11-1¾	3/29
6	93	Cameron WEBER	SO #4 Lynchburg {2}	3.35m	10-11¾	3/29
7		Madeline HUBBERT	SR #3 Berry	3.30m	10-9¾	3/28
8		Surraiya MAHMUD	FR #10 Southern Virgini	3.25m	10-8	4/5
9		Tasha MILLER	JR #8 Roanoke	3.20m	10-6	4/12
9		Abby CHOLEWA	SO #2 Washington and {3}	3.20m	10-6	4/11

Women's Long Jump

1	8	Nikki BOON	SR #1 Emory	5.91m	19-4¾ (0.0)	3/27
2	42	Margo FOX	JR #4 Lynchburg	5.58m	18-3¾ (0.2)	3/28
3	54	Summer WALLACE	SO #6 Bridgewater (Va)	5.51m	18-1 (0.0)	4/19
4	59	Ellie NUCKOLS	SO #7 Christopher New	5.50m	18-½ (0.6)	4/5
5	74	Anna JENNINGS	FR #1 Emory {2}	5.43m	17-9¾ (2.0)	4/5
6	76	Kacey KELLY	JR #4 Lynchburg {2}	5.42m	17-9½ (0.0)	3/29
6	76	Kennedy CHAPMAN	SO #9 Virginia Wesleya	5.42mw	17-9½ (3.5)	4/12
8	80	Grace DAMEWOOD	SR #7 Christopher New{2}	5.41m	17-9 (1.3)	4/19
9		Selah PARKER	FR #4 Lynchburg {3}	5.29m	17-4¼ (0.0)	3/29
10		Macy MURDOCK	JR #3 Berry	5.28mw	17-4 (2.2)	4/12

Women's Triple Jump

1	9	Kacey KELLY	JR #4 Lynchburg	11.99m	39-4 (0.6)	3/28
2	21	Caroline HANSEN	SR #1 Emory	11.63m	38-2 (-0.5)	3/28
3	27	Audrey JOHNSON	SR #1 Emory {2}	11.52mw	37-9½ (2.7)	4/5
4	30	Amaya GRANT	FR #1 Emory {3}	11.50m	37-8¾ (-1.9)	3/28
5	33	Olivia CRIGGER	FR #6 Bridgewater (Va)	11.47m	37-7¾ (0.0)	3/21
6	36	Treasure ROSARIO-WATSON	JR #25 Methodist	11.45mw	37-6¾ (2.5)	4/5
6	36	Jakia JOINER	SO #14 Belhaven (Miss.)	11.45m	37-6¾ (0.0)	3/1
8	76	Elsa BILDTSTEN	SO #1 Emory {4}	11.10m	36-5 (1.6)	4/5
9	78	Eleanor SCOTT	JR #23 Millsaps	11.08m	36-4¼ (0.0)	4/12
10	82	Arianna GOMEZ	FR Hollins	11.05m	36-3 (0.8)	4/19

Women's Shot Put

1	4	Onoyeme EGURE	SO #3 Berry	14.12m	46-4	4/12
2	24	Sarah FINEMAN	SR #1 Emory	13.13m	43-1	4/19
3	44	Abby MIKOLAY	SO #6 Bridgewater (Va)	12.78m	41-11¼	3/22
4	55	Avery JONES	JR #3 Berry {2}	12.71m	41-8½	4/12
5	80	Ciara DONEGAN	SR #5 Catholic (D.C.)	12.38m	40-7½	4/19
6	85	Nikki BOON	SR #1 Emory {2}	12.32m	40-5	3/28
7		Christian VAN NORDEN	SR #12 North Carolina W	12.03m	39-5¾	3/22
8		Malysa WINSTON	JR #3 Berry {3}	12.01m	39-5	4/12
9		Jeanette HYDUKOVICH	FR #1 Emory {3}	11.94m	39-2¼	4/5
10		Emily JACKSON	FR #2 Washington and	11.69m	38-4¼	3/29



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South

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Women's Discus

1	21	Katherine STEVENS	SR	#7 Christopher New	43.95m	144-3	4/12
2	25	Abby MIKOLAY	SO	#6 Bridgewater (Va.	43.85m	143-11	4/5
3	63	Jeanette HYDUKOVICH	FR	#1 Emory	41.06m	134-9	4/20
4	92	Allie FELTUS	SR	#17 Piedmont	39.64m	130-1	4/12
5		Denise KAMGAING	FR	#9 Virginia Wesleya	38.93m	127-9	3/22
6		Kenzie SWICEGOOD	SO	#4 Lynchburg	38.85m	127-6	4/12
7		Nikki BOON	SR	#1 Emory {2}	38.59m	126-7	4/5
8		Kiersten ALLING	SO	#13 Randolph	38.28m	125-7	4/12
9		Daryl TUCKER	JR	#9 Virginia Wesleya{2}	38.11m	125-1	4/12
10		Aldora TUILAEPa	FR	#19 Eastern Mennon	37.97m	124-7	4/19

Women's Hammer

1	27	Katherine STEVENS	SR	#7 Christopher New	50.61m	166-1	3/29
2	56	Bailey HEDGEMON	JR	#2 Washington and	48.69m	159-9	3/29
3		Kiersten ALLING	SO	#13 Randolph	45.39m	148-11	4/5
4		Malysha WINSTON	JR	#3 Berry	45.18m	148-3	3/28
5		Aldora TUILAEPa	FR	#19 Eastern Mennon	45.00m	147-8	4/5
6		Abigail ROBERTS	FR	#1 Emory	43.51m	142-9	4/5
7		Kailyn THOMAS	SR	#17 Piedmont	43.37m	142-4	3/15
8		Sarah FUCHS	JR	#8 Roanoke	42.99m	141-1	4/5
9		Brianna MORGAN	JR	#6 Bridgewater (Va.	42.79m	140-5	4/11
10		Rylee EHRETT	SO	#7 Christopher New{2}	42.59m	139-9	4/19

Women's Javelin

1	16	Kacey KELLY	JR	#4 Lynchburg	40.08m	131-6	4/5
2	28	Nikki BOON	SR	#1 Emory	39.49m	129-7	3/28
3	42	Evan DUET	SR	#11 Rhodes	38.44m	126-2	4/12
4	47	Mable MUTUMWA	SO	#1 Emory {2}	38.25m	125-6	4/12
5	54	Cortney BROWN	SR	#3 Berry	37.73m	123-10	4/12
6	83	Katya HOOVER	SR	#20 Shenandoah	36.34m	119-3	3/22
7		Sadie PHILLIPS	JR	#3 Berry {2}	35.75m	117-4	4/20
8		Jilane PEDERSEN	SR	#10 Southern Virgini	35.68m	117-1	4/19
9		Arie'Onna MCCOLLUM	SO	#22 Mississippi Univ.	34.27m	112-5	3/9
10		Claudia DISBROW	JR	#8 Roanoke	34.16m	112-1	4/19

Women's Heptathlon

1	1	Nikki BOON	SR	#1 Emory	5,638		3/28
2	24	Ellie NUCKOLS	SO	#7 Christopher New	4,310		4/19
3	44	Margo FOX	JR	#4 Lynchburg	3,942		3/22
4	66	Ashley ELEY	SO	#7 Christopher New{2}	3,653		4/19
5	79	Cortney BROWN	SR	#3 Berry	3,413		4/12
6		Maria PLUMMER	FR	#9 Virginia Wesleya	2,393		4/19
7		Zantia DURAND	SO	#9 Virginia Wesleya{2}	1,879		4/19
8		Kendra SMITH	SR	#13 Randolph	1,694		3/22
9		Ashley DICKERSON	SO	#9 Virginia Wesleya{3}	1,588		4/19
10		Aleah VESS	SR	Huntingdon (Ala	1,581		4/5



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West

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Women's 100 Meters

1	19	Josephine JETT	SO	#4 Claremont-Mudc	11.92	(1.3)	3/22
2	26	Kyrstin WILSON	JR	#19 Puget Sound	12.00	(1.5)	3/8
3	30	Kylah WASHINGTON	SO	#14 Hardin-Simmon	12.01	(1.0)	3/22
4	57	Sabrina SEMMERE	JR	#7 Redlands (Calif.)	12.18w	(2.9)	3/29
5	58	Katriona KIRKPATRICK	JR	#8 Pomona-Pitzer	12.19w	(2.9)	3/29
6	62	Quadetra WILBURN	FR	#16 St. Thomas (Tex)	12.21w	(2.7)	3/29
7	67	Allyson HAMMOND	JR	#15 Pacific (Ore.)	12.23	(-0.9)	3/29
8	100	Makenna LIZARDE	JR	#6 Chapman	12.33	(1.5)	2/22
8	100	Elizabeth HAWLEY	JR	#11 Occidental	12.33	(-0.4)	3/30
10		Kaylee SMITH	SR	#6 Chapman {2}	12.34	(1.6)	3/14

Women's 100 Meter Hurdles

1	6	Josephine JETT	SO	#4 Claremont-Mudc	14.08	(0.1)	4/12
2	7	Allyson HAMMOND	JR	#15 Pacific (Ore.)	14.17	(1.0)	3/22
3	20	Naj CAMPBELL	SR	#9 McMurry	14.38w	(2.2)	4/12
4	22	Ayahna BAHATI	SR	#1 George Fox	14.41	(0.7)	4/19
5	30	Danya SELBER	SR	#3 Trinity (Texas)	14.55w	(3.3)	4/12
6	31	Jenna HUNTSMAN	JR	#1 George Fox {2}	14.59	(1.9)	4/15
7	38	Katherine THORNTON	SR	#10 Willamette	14.70	(0.5)	4/12
8	44	Eleanor BACHMEIER	SR	#7 Redlands (Calif.)	14.79	(0.5)	3/29
9	59	Annikah FRANK	FR	#9 McMurry {2}	14.99w	(2.2)	4/12
10	70	Addisen HERRING	FR	#17 Pacific Lutheran	15.04	(0.7)	4/19

Women's 200 Meters

1	27	Trinity PROVOST	JR	#16 St. Thomas (Tex)	24.64w	(3.7)	3/22
2	33	Kyrstin WILSON	JR	#19 Puget Sound	24.70w	(3.3)	3/8
3	38	Josephine JETT	SO	#4 Claremont-Mudc	24.77	(1.4)	3/29
4	51	Annabelle LANIK	FR	#3 Trinity (Texas)	24.87w	(3.7)	3/22
4	51	Allyson HAMMOND	JR	#15 Pacific (Ore.)	24.87	(1.0)	3/22
6	55	Katriona KIRKPATRICK	JR	#8 Pomona-Pitzer	24.90	(1.0)	3/1
7	82	Sabrina SEMMERE	JR	#7 Redlands (Calif.)	25.13	(1.4)	3/29
8	91	Elizabeth HAWLEY	JR	#11 Occidental	25.20	(1.8)	3/30
9	96	Makenna LIZARDE	JR	#6 Chapman	25.22	(-0.9)	4/12
10		Kaylee SMITH	SR	#6 Chapman {2}	25.27	(1.4)	3/29

Women's 400 Meters

1	22	Elizabeth BEISWANGER	SO	#19 Puget Sound	56.15		3/1
2	29	Trinity PROVOST	JR	#16 St. Thomas (Tex)	56.43		3/29
3	31	Sarah CHARLES	SO	#6 Chapman	56.46		4/12
4	38	Allison KREMER	SR	#6 Chapman {2}	56.69		4/12
5	51	Elizabeth HAWLEY	JR	#11 Occidental	57.11		4/12
6	63	CC GRAY	SR	#3 Trinity (Texas)	57.58		3/29
7	73	Clara LIPPERT	JR	#5 Colorado Colleg	57.77		4/19
8	75	Kaylee SMITH	SR	#6 Chapman {3}	57.80		4/12
9	82	Phoebe OGDEN	FR	#11 Occidental {2}	58.03		4/12
10	93	Sabrina SEMMERE	JR	#7 Redlands (Calif.)	58.18		4/12

Women's 400 Meter Hurdles

1	3	Arden NEFF	SR	#21 Southwestern (T	1:01.07		4/12
2	26	Chayanit KITNITCHIVA	SR	#6 Chapman	1:03.46		4/18
3	36	Elsie CHIN	JR	#13 Lewis & Clark	1:04.06		4/12
4	39	Katherine THORNTON	SR	#10 Willamette	1:04.23		4/12
5	57	Emily BROWN	SO	#2 Whitworth	1:04.99		4/4
6	59	Danya SELBER	SR	#3 Trinity (Texas)	1:05.04		3/29
7	62	Jenna HUNTSMAN	JR	#1 George Fox	1:05.18		3/29
8	63	Madelyn GOLLIHAR	JR	#9 McMurry	1:05.19		3/29
9	84	Shriya VELICHALA	JR	#4 Claremont-Mudc	1:05.93		3/29
10	89	Brooke TOMPKINS	SO	#11 Occidental	1:06.05		3/30

Women's 800 Meters

1	11	Ellie RISING	SR	#1 George Fox	2:10.03		4/5
2	28	Ella FULLERTON	JR	#5 Colorado Colleg	2:13.20		3/8
3	33	Malia HEIEN	JR	#13 Lewis & Clark	2:13.58		4/19
4	36	Allison BARKER	SO	#5 Colorado Colleg{2}	2:13.73		3/8
5	39	Chloe BULLOCK	SR	#7 Redlands (Calif.)	2:13.91		3/8
6	53	Annette SMITH	SO	#3 Trinity (Texas)	2:15.35		3/29
7	61	Elena STANCIU	SO	#12 UC Santa Cruz	2:15.85		4/18
8	72	Annalise GONZALES	JR	#1 George Fox {2}	2:16.47		4/19
9	82	Chloe JOHNSON	FR	#5 Colorado Colleg{3}	2:16.76		4/12
10		Chloe GUDAS	FR	#4 Claremont-Mudc	2:17.61		3/8

Women's 1500 Meters

1	5	Isabel OLSON	SR	#5 Colorado Colleg	4:27.59		4/12
2	7	Ellie RISING	SR	#1 George Fox	4:28.68		4/12
3	19	Annika CARLSON	JR	#6 Chapman	4:31.74		4/12
4	29	Elena STANCIU	SO	#12 UC Santa Cruz	4:33.28		4/18
5	50	Summer GELMAN	JR	#22 Cal Lutheran	4:37.07		4/12
6	71	Megan COVER	JR	#11 Occidental	4:39.82		4/18
7	72	Madeleine BOYLE	JR	#13 Lewis & Clark	4:39.93		4/19
8	75	Lucia MUTHU	FR	#12 UC Santa Cruz {2}	4:39.99		3/22
9	77	Abby GOODFRIED	JR	#5 Colorado Colleg{2}	4:40.25c	(4:46.27A)	3/29
10	79	Riley BUESE	SR	#13 Lewis & Clark {2}	4:40.54		3/22

Women's Steeplechase

1	5	Annika CARLSON	JR	#6 Chapman	10:36.04		4/18
2	7	Kenzie SEYMOUR	SO	#12 UC Santa Cruz	10:43.21		4/18
3	24	Revere SCHMIDT	SO	#4 Claremont-Mudc	11:08.56		3/8
4	42	Breanna SCHMITT	SO	#1 George Fox	11:15.81		3/22
5	43	Madeleine BOYLE	JR	#13 Lewis & Clark	11:16.43		3/29
6	51	Olivia BACKHOLM	FR	#4 Claremont-Mudc{2}	11:19.14		3/29
7	56	Fiona BODKIN	SO	#8 Pomona-Pitzer	11:20.90		3/29
8	58	Morgan BODDY	SO	#15 Pacific (Ore.)	11:22.53		4/12
9	63	Kylah HOLLAND	SR	#14 Hardin-Simmon	11:24.69		3/29
10	79	Cheryl CHUANG	JR	#12 UC Santa Cruz {2}	11:30.51		4/19



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Women's 5000 Meters

1	14	Isabel OLSON	SR	#5	Colorado College	16:45.58	3/28
2	20	Riley BUESE	SR	#13	Lewis & Clark	16:51.56	4/19
3	25	Sydney RANKIN	SR	#5	Colorado College	16:53.85	3/8
4	43	Breanna SCHMITT	SO	#1	George Fox	17:11.26	4/18
5	50	Alison MUELLER-HICKLER	JR	#5	Colorado College	17:16.44	4/12
6	64	Charlie FLINT	SO	#5	Colorado College	17:22.70	3/8
7	65	Sara WEXLER	JR	#4	Claremont-Mudd	17:22.75	4/18
8	70	Kenzie SEYMOUR	SO	#12	UC Santa Cruz	17:25.45	3/22
9	78	Britt HELGAAS	SR	#5	Colorado College	17:28.73	3/8
10	94	Mira TERDIMAN	SR	#8	Pomona-Pitzer	17:33.80	4/18

Women's 10,000 Meters

1	3	Riley BUESE	SR	#13	Lewis & Clark	34:16.33	4/5
2	9	Alison MUELLER-HICKLER	JR	#5	Colorado College	35:18.61	3/28
3	18	Jenna LENAY	JR	#11	Occidental	35:43.36	3/8
4	22	Charlie FLINT	SO	#5	Colorado College	35:57.42	3/28
5	28	Britt HELGAAS	SR	#5	Colorado College	36:14.99	3/28
6	45	Brenda DAZA	SO	#6	Chapman	37:22.54	3/28
7	71	Sarah PULLEN	JR	#1	George Fox	38:03.45	3/1
8	77	Abigail JOHNSON	SR	#7	Redlands (Calif.)	38:11.41	3/8
9		Chloe CONNOLLY	SR	#8	Pomona-Pitzer	38:47.03	3/28
10		Megan FEITZ	JR	#15	Pacific (Ore.)	38:54.28	3/1

Women's 4x100 Relay

1	7	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde	#6	Chapman	46.70	4/18
2	16	Quadetra Wilburn, Kaela Sawyers, Trinity Provost, Ny'Cierra Hinton	#16	St. Thomas (Tex.)	47.29	3/22
3	27	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik	#3	Trinity (Texas)	47.64	3/22
4	29	Olivia Richards, Olivia Reichle, Kensington Binstadt, Katriona Kirkpatrick	#8	Pomona-Pitzer	47.80	4/12
5	37	Luna Young, Josephine Jett, Mallory Venezia, Sydney Behrens	#4	Claremont-Mudd	47.95	4/12
6	43	Brianna Tira, Jordyn Lungo, Margaret Byle, Isabella Pereira	#2	Whitworth	48.14	4/11
7	47	Sabrina Tanouye, Sabrina Semmere, Eleanor Bachmeier, Maigan Adams	#7	Redlands (Calif.)	48.18	3/29
8	58	Haley Smith, Jacqueline Berry, Danielle Pena, Kylah Washington	#14	Hardin-Simmons	48.59	4/12
9	62	Sophia Rivas, Elizabeth Beiswanger, Victoria Bradshaw, Kyrstin Wilson	#19	Puget Sound	48.73	3/1
10	64	Tia Billingsly, Randi Beckham, Paige Thomas, Mariah Gibson	#24	UT Dallas	48.82	3/29



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Women's 4x400 Relay

1	4	Kaylee Smith, Makenna Lizarde, Allison Kremer, Sarah Charles	#6 Chapman	3:45.14	4/18
2	19	Skylar Cottell, Delphine Way, Phoebe Ogden, Elizabeth Hawley	#11 Occidental	3:52.53	4/12
3	23	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Elisabeth Eichinger	#7 Redlands (Calif.)	3:54.44	4/18
4	26	Katriona Kirkpatrick, Anna Marston, Kensington Binstadt, Olivia Reichle	#8 Pomona-Pitzer	3:56.36	4/12
5	28	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray	#3 Trinity (Texas)	3:56.75	3/29
6	41	Elsie Chin, Miriam Reside, Callow Soto, Malia Heien	#13 Lewis & Clark	4:00.04	4/19
7	42	Victoria Bradshaw, Erin Schmidlin, Kyrstin Wilson, Elizabeth Beiswanger	#19 Puget Sound	4:00.45	3/29
8	51	Katelyn Hernandez, Madelyn Gollihar, Jacee Dinkins, Naj Campbell	#9 McMurry	4:01.87	3/29
9	53	Grace Pearson, Selest Edwards, Lexie Allred Rojas, Trinity Provost	#16 St. Thomas (Tex)	4:02.28	3/29
10	62	Margaret Byle, Jordyn Lungo, Ella Frerichs, Emily Brown	#2 Whitworth	4:04.24	4/4

Women's High Jump

1	5	Brianna TIRA	SO	#2 Whitworth	1.68m	5-6	4/11
2	16	Katie BALLER	SR	#14 Hardin-Simmons	1.65m	5-5	3/22
3	23	Erica SNYDER	JR	#10 Willamette	1.63m	5-4¼	4/15
3	23	Janae GREEN	JR	#14 Hardin-Simmons{2}	1.63m	5-4¼	4/17
3	23	Madisyn TAYLOR	FR	#14 Hardin-Simmons{2}	1.63m	5-4¼	4/17
6	50	Simone ROGERS	SR	#4 Claremont-Mudc	1.60m	5-3	3/1
6	50	Emmalee HORTON	JR	#14 Hardin-Simmons{4}	1.60m	5-3	3/1
6	50	Breeauna O'REAR	SR	#1 George Fox	1.60m	5-3	3/21
6	50	Whitley STEPP	JR	#10 Willamette {2}	1.60m	5-3	3/1
6	50	Ella THOMPSON	FR	#10 Willamette {2}	1.60m	5-3	4/15
6	50	Mari EVONUK	FR	#7 Redlands (Calif.)	1.60m	5-3	3/1

Women's Pole Vault

1	5	Brenna STELL	SO	#9 McMurry	4.00m	13-1½	4/12
2	18	Grace TULLY	SR	#1 George Fox	3.80m	12-5½	3/22
3	32	Madeline SEIFERT	JR	#4 Claremont-Mudc	3.65m	11-11¾	4/5
4	45	Analissa PARESA	FR	#18 Linfield	3.54m	11-7¼	4/5
5	55	Zoey HRABE	FR	#11 Occidental	3.50m	11-5¾	2/16
6	63	Madeline SUMIEN	FR	#9 McMurry {2}	3.46m	11-4¼	4/12
7	75	Addison DOSS	FR	#3 Trinity (Texas)	3.42m	11-2½	3/22
8	77	Eliza DYE	FR	#23 LeTourneau	3.40m	11-1¾	3/1
9	84	Shelby LARSON	SR	#1 George Fox {2}	3.39m	11-1½	3/1
10	93	Taylor DOMINGUEZ	FR	#22 Cal Lutheran	3.35m	10-11¾	2/16

Women's Long Jump

1	5	Annabelle LANIK	FR	#3 Trinity (Texas)	5.98mw	19-7½ (2.2)	3/28
2	11	Kira HAWAABOO	SO	#18 Linfield	5.87m	19-3¼ (-1.2)	4/5
3	40	Joy AREOLA	SR	#3 Trinity (Texas) {2}	5.59mw	18-4¼ (2.9)	3/21
4	45	Victoria AZAR	SR	#1 George Fox	5.57m	18-3¼ (0.3)	4/5
5	47	Ella BOWERS	SR	#8 Pomona-Pitzer	5.55mw	18-2½ (2.1)	3/29
6	67	Maigan ADAMS	SR	#7 Redlands (Calif.)	5.45m	17-10¾ (-1.)	2/16
6	67	Haley SMITH	FR	#14 Hardin-Simmons	5.45mw	17-10¾ (2.1)	4/17
8	70	Lindsey GRAY	JR	#6 Chapman	5.44m	17-10¼ (1.9)	3/29
9	80	Whitley STEPP	JR	#10 Willamette	5.41m	17-9 (0.4)	4/5
9	80	Eleanor BACHMEIER	SR	#7 Redlands (Calif.){2}	5.41mw	17-9 (2.8)	3/29

Women's Triple Jump

1	4	Maigan ADAMS	SR	#7 Redlands (Calif.)	12.22m	40-1¼ (1.1)	4/12
2	8	Ella BOWERS	JR	#8 Pomona-Pitzer	12.01mw	39-5 (3.2)	4/12
3	11	Joy AREOLA	SR	#3 Trinity (Texas)	11.96m	39-3 (1.8)	3/29
4	20	Kyleigh ARCHER	SO	#17 Pacific Lutheran	11.64m	38-2¼ (1.4)	4/5
5	29	Isabella PEREIRA	SO	#2 Whitworth	11.51m	37-9¼ (-0.2)	2/28
6	32	Madison DOWNEY	SO	#17 Pacific Lutheran{2}	11.49m	37-8½ (0.2)	4/4
7	47	Ella LEWIS	SO	#21 Southwestern (T	11.35m	37-3 (1.8)	4/11
8	72	Brianna TIRA	SO	#2 Whitworth {2}	11.11m	36-5½ (0.0)	3/11
9	96	Elsa VAN DYKE	FR	#8 Pomona-Pitzer {2}	10.96m	35-11½ (0.3)	4/18
10		Ciandra CARRICO	SO	#3 Trinity (Texas) {2}	10.93mw	35-10½ (2.5)	3/22

Women's Shot Put

1	5	Madison CARR	SO	#2 Whitworth	14.00m	45-11¼	4/17
2	9	Amblessed OKEMGBO	JR	#2 Whitworth {2}	13.78m	45-2½	4/4
3	18	Kendra HUMPHRIES	SO	#9 McMurry	13.44m	44-1¼	4/17
4	78	Julissa RODRIGUEZ	SR	#20 Texas Lutheran	12.40m	40-8¼	3/22
5	95	Izzy BOYD	SO	#2 Whitworth {3}	12.21m	40-¾	4/17
5	95	Ellena CORWIN	SR	#1 George Fox	12.21m	40-¾	4/5
7		Chelsea GROVES	SR	#11 Occidental	12.13m	39-9¾	4/12
8		Tori COLMAN	SO	#9 McMurry {2}	12.10m	39-8½	4/5
9		Kylie LOVELESS	SO	#2 Whitworth {4}	12.06m	39-6¾	4/17
10		Makia GONZALES	FR	Concordia Texas	12.02m	39-5¼	3/15



USTFCCA NCAA Division III Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #4, April 22



West

as of 4/22/2025 12:03:43 AM ET

Women's Discus

1	6	Amblessed OKEMGBO	JR	#2	Whitworth	46.09m	151-3	4/17
2	21	Tori COLMAN	SO	#9	McMurry	43.95m	144-3	4/17
3	69	Julissa RODRIGUEZ	SR	#20	Texas Lutheran	40.54m	133-0	3/22
4	72	Rachel BELL	SO	#3	Trinity (Texas)	40.31m	132-3	4/12
4	72	Izzy CARPENTER	JR	#2	Whitworth	{2} 40.31m	132-3	4/17
6	87	Madeleine SEABOLT	JR	#3	Trinity (Texas)	{2} 39.75m	130-5	4/12
7	98	Addie WENGENDER	SR	#1	George Fox	39.51m	129-8	4/5
8		Madison WRIGHT	SO	#20	Texas Lutheran	{2} 39.43m	129-5	3/1
9		Kendra HUMPHRIES	SO	#9	McMurry	{2} 38.51m	126-4	4/12
10		Chelsea GROVES	SR	#11	Occidental	38.41m	126-0	4/12

Women's Hammer

1	16	Antonia HEKSTER	SR	#4	Claremont-Mudc	52.20m	171-3	3/29
2	38	Madison CARR	SO	#2	Whitworth	49.95m	163-11	4/4
3	54	Tenley GRANT	SR	#10	Willamette	48.93m	160-7	4/12
4		Eva WIRTH	SR	#17	Pacific Lutheran	45.91m	150-8	3/22
5		Cheyenne RODRIGUEZ	JR	#22	Cal Lutheran	45.65m	149-9	3/30
6		Alessandra VALMONTE	JR	#17	Pacific Lutheran	{2} 45.56m	149-6	3/22
7		Elizabeth CUNNINGHAM	SR	#9	McMurry	44.69m	146-8	4/17
8		Makayla TUIOLEMOTU	JR	#15	Pacific (Ore.)	44.67m	146-7	3/8
9		Julissa RODRIGUEZ	SR	#20	Texas Lutheran	44.50m	146-0	3/1
9		Tori COLMAN	SO	#9	McMurry	{2} 44.50m	146-0	3/29

Women's Javelin

1	13	Devyn CHELIN	SO	#2	Whitworth	40.57m	133-1	4/11
2	14	Sophia LAUDI	FR	#4	Claremont-Mudc	40.48m	132-10	3/29
3	15	Ellena CORWIN	SR	#1	George Fox	40.44m	132-8	4/5
4	17	Brecken VANDENHOEK	SR	#1	George Fox	{2} 40.04m	131-5	3/22
5	50	Kira HAWAABOO	SO	#18	Linfield	37.84m	124-2	4/15
6	51	Logan SPOONEMORE	SR	#8	Pomona-Pitzer	37.82m	124-1	3/29
7	56	Caiya NIEWINSKI	FR	#8	Pomona-Pitzer	{2} 37.58m	123-4	4/12
8	67	Kaiona APIO	SR	#10	Willamette	37.02m	121-6	3/1
9	74	Quinn SMITH	FR	#4	Claremont-Mudc	{2} 36.74m	120-7	2/16
10	93	Katy COOK	JR	#17	Pacific Lutheran	36.02m	118-2	3/15

Women's Heptathlon

1	7	Kira HAWAABOO	SO	#18	Linfield	4,840	4/15
2	10	Jenna HUNTSMAN	JR	#1	George Fox	4,669	4/15
3	13	Breeauna O'REAR	SR	#1	George Fox	{2} 4,622	3/21
4	16	Emily BROWN	SO	#2	Whitworth	4,495	4/15
5	17	Eleanor BACHMEIER	SR	#7	Redlands (Calif.)	4,477	4/4
6	22	Elisabeth EICHINGER	JR	#7	Redlands (Calif.)	{2} 4,385	4/4
7	33	Ella THOMPSON	FR	#10	Willamette	4,191	4/15
8	37	Victoria WILSON	JR	#23	LeTourneau	4,140	4/12
9	41	Erica SNYDER	JR	#10	Willamette	{2} 4,057	4/15
10	45	Courtney TIERNAN	JR	#15	Pacific (Ore.)	3,940	4/15