



National TFRI Team Summary



WOMEN — 2025 Checkpoint #7, May 13

1

Washington (Mo.)

UAA



1

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Jasmine WRIGHT	JR	11.78w (2.8)	3/29/25	8	0.65	8.65
▶ 100H	23	Lauren GAY	SR	14.25 (-0.1)	4/12/25	1.5	0.37	1.87
▶ 200m	9	Lauren GAY	SR	24.12 (0.1)	5/9/25	14	0.97	14.97
▶ 200m	15	Kylie SPYTEK	JR	24.22w (2.5)	4/27/25	6	0.68	6.68
▶ 200m	27	Nicole STEWART	SR	24.40w (2.7)	4/27/25	0.85	0.27	1.12
▶ 200m	48	Quinn BIRD	FR	24.62w (2.5)	4/27/25	0.05	0.00	0.05
▶ 400m	10	Kylie SPYTEK	JR	55.16	4/27/25	12	0.92	12.92
▶ 400m	28	Catherine CHRISTOPHER	SO	55.68	3/29/25	0.8	0.27	1.07
▶ 800m	4	Izzy GORTON	SR	2:07.15	5/9/25	24	2.12	26.12
▶ 800m	22	Catherine CHRISTOPHER	SO	2:10.64	5/9/25	2	0.39	2.39
▶ 800m	24	Caroline ECHOLS	SO	2:10.94	3/28/25	1	0.32	1.32
▶ 800m	36	Lauren RALEY	FR	2:12.37	5/2/25	0.4	0.00	0.40
▶ 1500m	13	Sophie BEKINS	SR	4:27.95	5/10/25	8	1.02	9.02
▶ 1500m	21	Katie RECTOR	JR	4:29.97	5/10/25	2.5	0.43	2.93
▶ 1500m	30	Izzy GORTON	SR	4:31.40	4/27/25	0.7	0.21	0.91
▶ Steeple	10	Abigail PATTERSON	SR	10:42.42	5/10/25	12	0.92	12.92
▶ Steeple	32	Julia PATTERSON	SR	10:57.35	5/10/25	0.6	0.10	0.70
▶ Steeple	35	Riley CLARK	JR	10:59.03	5/10/25	0.45	0.02	0.47
▶ 4x100	3	Lauren Gay, Kylie Spytek, Nicole Stewart, Jasmine Wright		45.82	5/9/25	26	2.86	28.86
▶ 4x400	8	Quinn Bird, Catherine Christopher, Kylie Spytek, Izzy Gorton		3:45.82	3/29/25	16	1.73	17.73
▶ HJ	3	Ebunoluwa OPATA	SR	1.72m 5-7¾	4/27/25	26	2.18	28.18
▶ HJ	37	Olivia THEISEN	SO	1.63m 5-4¼	4/12/25	0.35	0.00	0.35
▶ PV	1	Yasmin RUFF	SR	4.17m 13-8¼	4/27/25	30	4.87	34.87
▶ PV	50	Makenzie STOCK	SR	3.57m 11-8½	4/27/25	0.01	0.00	0.01
▶ LJ	21	Ebunoluwa OPATA	SR	5.80mw 19-½ (2.1)	4/27/25	D	0.29	2.29
▶ TJ	1	Ebunoluwa OPATA	SR	12.82m 42-¾ (0.5)	4/18/25	30	4.20	34.20
▶ SP	5	Jenae BOTHE	JR	14.45m 47-5	4/18/25	22	2.06	24.06

WASHINGTON (MO.) TFRI Team Total

275.07

2

UW-La Crosse

WIAC



1

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	1	Lauren JARRETT	JR	11.23 (1.9)	4/18/25	30	5.18	35.18
▶ 100m	39	Anna PLAUTZ	SO	11.94w (2.3)	5/9/25	0.275	0.13	0.41
▶ 100H	24	Regan SCOTT	FR	14.26 (1.6)	5/9/25	1	0.34	1.34
▶ 100H	39	Olivia NAVIN	FR	14.49 (1.6)	5/9/25	0.275	0.00	0.28
▶ 100H	48	Megan ZEMKE	FR	14.64w (2.4)	5/9/25	0.05	0.00	0.05
▶ 200m	2	Lauren JARRETT	JR	23.69 (-0.9)	4/19/25	28	2.63	30.63
▶ 400m	24	Anna PLAUTZ	SO	55.55	5/3/25	1	0.42	1.42
▶ 400H	33	Andie OTTO	FR	1:02.64	5/3/25	0.55	0.09	0.64
▶ 400H	46	Gretchen MCNEAL	JR	1:03.05	5/9/25	0.1	0.00	0.10
▶ Steeple	13	Katelyn CHADWICK	SR	10:44.87	5/3/25	8	0.70	8.70
▶ Steeple	21	Lily HIGGINS	SO	10:50.61	5/3/25	2.5	0.42	2.92
▶ Steeple	23	Becca IMMER	SO	10:51.72	5/9/25	1.5	0.37	1.87
▶ 5000m	36	Lucy DUCHAC	JR	16:54.84	4/18/25	0.4	0.04	0.44
▶ 10,000m	11	Lucy DUCHAC	JR	35:22.51	3/28/25	10	0.80	10.80
▶ 10,000m	13	Madelynn MCINTYRE	SR	35:26.00	3/28/25	8	0.72	8.72
▶ 10,000m	44	Brooklyn LUEBKE	SO	36:51.65	3/28/25	0.15	0.00	0.15
▶ 4x100	2	Julie Yang, Anika Reiland, Makenna Zak, Lauren Jarrett		45.72	5/3/25	28	3.16	31.16
▶ 4x400	1	Anna Plautz, Alli Thomas, Morgan Jennings, Macy Reybrock		3:43.83	4/18/25	30	3.18	33.18
▶ HJ	33	Izzy BENDER	FR	1.64m 5-4½	5/9/25	0.55	0.00	0.55
▶ HJ	37	Alexys SCHEUERELL	JR	1.63m 5-4¼	4/18/25	0.35	0.00	0.35
▶ PV	5	Maddy HABBERSTAD	SO	4.01m 13-1¾	4/12/25	22	2.01	24.01
▶ PV	10	Araceli DE LEO LOPEZ	JR	3.92m 12-10¼	4/18/25	12	0.98	12.98
▶ PV	18	Marisa HARVEY	SO	3.83m 12-6¾	4/27/25	4	0.42	4.42
▶ PV	33	Jackie BERGERON	FR	3.70m 12-1½	5/9/25	0.55	0.00	0.55
▶ PV	36	Amanda VANCALSTER	FR	3.66m 12-0	4/12/25	0.4	0.00	0.40
▶ LJ	19	Maya EVANS	JR	5.82mw 19-1¼ (2.6)	5/9/25	3.5	0.38	3.88
▶ LJ	26	Jenna MILLER	JR	5.78m 18-11¾ (1.0)	5/9/25	0.9	0.21	1.11
▶ LJ	38	Regan SCOTT	FR	5.70m 18-8½ (2.0)	5/9/25	0.3	0.00	0.30
▶ LJ	49	Amber GROSSE	JR	5.64mw 18-6 (3.6)	5/9/25	0.025	0.00	0.03
▶ TJ	16	Mackenzey KRONBERG	JR	11.97m 39-3¼ (1.9)	5/9/25	5	0.53	5.53
▶ TJ	20	Maya EVANS	JR	11.90mw 39-½ (2.5)	5/9/25	3	0.39	3.39
▶ SP	25	Madilyn VANDER SANDEN	SO	13.53m 44-4¾	4/12/25	0.95	0.12	1.07
▶ JAV	8	Gabby JOHNSON	SR	42.89m 140-9	4/5/25	16	1.46	17.46
▶ JAV	42	Ella PULS	JR	39.18m 128-7	5/3/25	0.2	0.00	0.20
▶ HEPT	7	Amber GROSSE	JR	4,869	4/18/25	18	1.38	19.38
▶ HEPT	15	Alexys SCHEUERELL	JR	4,663	4/18/25	6	0.50	6.50

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

2

UW-La Crosse

W

1

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
► HEPT	36	Madeline THORESON	FR	4,302	4/18/25	0.4	0.00	0.40
UW-LA CROSSE TFRI Team Total							270.49	

UW-LA CROSSE TFRI Team Total

270.49

3

MIT

NEWMAC

unch

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	34	Marina MILLER	SR	55.87	4/19/25	0.5	0.15	0.65
► 400m	43	Krystal MONTGOMERY	JR	56.39	4/26/25	0.175	0.00	0.18
► 400m	50	Olivia DIAS	SR	56.53	5/10/25	0.01	0.00	0.01
► 800m	16	Krystal MONTGOMERY	JR	2:09.85	4/19/25	5	0.58	5.58
► 800m	48	Maeve SULLIVAN	FR	2:13.21	5/10/25	0.05	0.00	0.05
► 1500m	4	Gillian ROEDER	SR	4:26.24	5/10/25	24	1.61	25.61
► 1500m	24	Christina CROW	SR	4:30.16	5/10/25	1	0.39	1.39
► 1500m	46	Lexi FERNANDEZ	JR	4:33.94	4/12/25	0.1	0.00	0.10
► Steeple	11	Liv GIRAND	SO	10:43.02	5/10/25	10	0.86	10.86
► Steeple	50	Heather JENSEN	SO	11:08.85	4/26/25	0.01	0.00	0.01
► 5000m	15	Kate SANDERSON	JR	16:37.54	5/10/25	6	0.90	6.90
► 5000m	20	Rujuta SANE	JR	16:42.26	4/19/25	3	0.56	3.56
► 5000m	22	Gillian ROEDER	SR	16:44.25	4/19/25	2	0.42	2.42
► 5000m	50	Liv GIRAND	SO	17:06.27	4/19/25	0.01	0.00	0.01
► 10,000m	5	Kate SANDERSON	JR	34:52.91	3/29/25	22	1.54	23.54
► 10,000m	12	Rujuta SANE	JR	35:23.27	3/29/25	9	0.78	9.78
► 4x400	10	Olivia Dias, Shreya Kalyan, Krystal Montgomery, Marina Miller		3:46.51	5/10/25	12	1.26	13.26
► PV	2	Katelyn HOWARD	JR	4.07m 13-4¼	5/10/25	28	3.08	31.08
► PV	14	Hailey SURACE	JR	3.88m 12-8¾	4/19/25	7	0.73	7.73
► PV	36	Elise DOYLE	FR	3.66m 12-0	4/5/25	0.4	0.00	0.40
► TJ	9	Nony OTU UGWU	JR	12.09mw 39-8 (2.6)	4/18/25	14	0.96	14.96
► SP	1	Alexis BOYKIN	SR	15.39m 50-6	5/3/25	30	5.73	35.73
► DISC	2	Alexis BOYKIN	SR	51.93m 170-5	5/3/25	D 2	5.22	7.22
► DISC	14	Emily BALL	SR	45.79m 150-3	5/3/25	7	0.56	7.56
► HT	1	Alexis BOYKIN	SR	62.26m 204-3	4/26/25	30	6.15	36.15
► HT	49	Emily BALL	SR	50.01m 164-1	4/5/25	0.025	0.00	0.03
► JAV	7	Elaine WANG	JR	42.91m 140-10	4/19/25	18	1.48	19.48
► JAV	40	Emily BALL	SR	39.24m 128-9	4/19/25	0.25	0.00	0.25
► JAV	43	Olivia CARPENTER	FR	39.17m 128-6	4/5/25	0.175	0.00	0.18
MIT TFR1 Team Total								264.68



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

SUNY Geneseo
Empire 8

unch
LW: 4

SUNY GENESEO TFRI Team Total 204.87

Emory
UAA

unch
LW: 5

EMORY TFR1 Team Total 172.20



National TFRI Team Summary



WOMEN — 2025 Checkpoint #7, May 13

6

UW-Eau Claire

WIAC

unch

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	24	Allyson KAKES	SO	11.87w (2.3)	5/9/25	1	0.33	1.33
▶ 100H	15	Emilee BOOKER	SR	14.17w (3.6)	5/9/25	6	0.64	6.64
▶ 200m	10	Allyson KAKES	SO	24.13 (0.3)	5/3/25	12	0.94	12.94
▶ 400m	30	Kylee GRABARSKI	JR	55.75	5/9/25	0.7	0.23	0.93
▶ 400H	30	Mya CINNAMO	SO	1:02.61	5/3/25	0.7	0.11	0.81
▶ 400H	36	Lauren DIMLER	JR	1:02.70	5/9/25	0.4	0.06	0.46
▶ 400H	42	Michaela DICK	SO	1:02.92	5/3/25	0.2	0.00	0.20
▶ 400H	43	McKenzie KRUSE	FR	1:02.95	5/3/25	0.175	0.00	0.18
▶ 10,000m	40	Keeley BEHR	JR	36:33.60	4/18/25	0.25	0.00	0.25
▶ 4x100	9	Hope Schueller, Allyson Kakes, Kylee Grabarski, Sophia Crespo		46.34	5/9/25	14	1.40	15.40
▶ 4x400	12	Emilee Booker, Mya Cinnamo, Lauren Jex, Kylee Grabarski		3:46.58	5/9/25	9	1.23	10.23
▶ HJ	23	Emma GRUEN	SR	1.66m 5-5¼	4/18/25	1.5	0.28	1.78
▶ HJ	37	Laura BERTRANG	SO	1.63m 5-4¼	4/27/25	0.35	0.00	0.35
▶ PV	35	Haley BLAGDON	SR	3.69m 12-1¼	4/19/25	0.45	0.00	0.45
▶ LJ	40	Anna THALER	FR	5.68m 18-7¾ (1.0)	5/3/25	0.25	0.00	0.25
▶ LJ	44	Emilee BOOKER	SR	5.66m 18-7 (0.8)	4/18/25	0.15	0.00	0.15
▶ TJ	44	Anna THALER	FR	11.56m 37-11¼ (0.0)	5/2/25	0.15	0.00	0.15
▶ DISC	9	Kayla BEHNKE	SR	46.23m 151-8	5/9/25	14	0.71	14.71
▶ DISC	44	Teagan JONES	SR	43.44m 142-6	5/9/25	0.15	0.00	0.15
▶ HT	4	Teagan JONES	SR	58.14m 190-9	5/9/25	24	3.01	27.01
▶ HT	18	Kayla BEHNKE	SR	52.98m 173-10	4/18/25	4	0.37	4.37
▶ JAV	41	Laura BERTRANG	SO	39.20m 128-8	5/9/25	0.225	0.00	0.23
▶ HEPT	2	Emilee BOOKER	SR	5,074	4/18/25	28	2.85	30.85
▶ HEPT	6	Emma GRUEN	SR	4,917	4/18/25	20	1.67	21.67
▶ HEPT	31	Lauren DIMLER	JR	4,403	5/3/25	0.65	0.00	0.65
▶ HEPT	49	Brooklyn LAMERS	FR	4,155	4/18/25	0.025	0.00	0.03

UW-EAU CLAIRE TFRI Team Total 152.15

7

Chicago

UAA



7

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Gabri MESCHINO	SR	11.78w (2.8)	3/29/25	8	0.65	8.65
▶ 100H	2	Ren BROWN	SR	13.73w (2.5)	4/27/25	28	3.35	31.35
▶ 400H	1	Ren BROWN	SR	59.25	4/12/25	30	4.61	34.61
▶ 800m	35	Claudia HARNETT	SR	2:12.17	4/5/25	0.45	0.02	0.47
▶ 800m	46	Emma KELLY	JR	2:13.17	5/10/25	0.1	0.00	0.10
▶ 1500m	5	Elisabeth CAMIC	SR	4:26.81	5/10/25	22	1.36	23.36
▶ 1500m	19	Claudia HARNETT	SR	4:29.50	4/27/25	3.5	0.57	4.07
▶ 5000m	6	Anna WATSON	SR	16:33.53	5/10/25	20	1.19	21.19
▶ 5000m	34	Estelle SNIDER	SO	16:52.39	4/12/25	0.5	0.13	0.63
▶ 5000m	49	Nora HOLMES	JR	17:06.07	3/28/25	0.025	0.00	0.03
▶ 10,000m	21	Estelle SNIDER	SO	35:41.70	3/28/25	2.5	0.39	2.89
▶ 4x100	25	Maddie Lyons, Gabri Meschino, Camila Garanton, Arielle Troadec		47.14	5/10/25	0.95	0.20	1.15
▶ 4x400	14	Ava Hagwell, Camila Garanton, Christin Facey, Ren Brown		3:47.25	5/10/25	7	0.91	7.91
▶ LJ	13	Marina SEMPLE	JR	5.90m 19-4¼ (1.9)	4/26/25	8	0.73	8.73

CHICAGO TFRI Team Total 145.13

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

8

Johns Hopkins
Centennial



4

LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	5	Mirra KLIMOV	JR	11.67w (3.7)	5/4/25	22	1.34	23.34
► 100m	50	Lauren PHILLIPS	SR	12.00 (0.2)	5/12/25	0.01	0.00	0.01
► 200m	28	Lauren PHILLIPS	SR	24.42 (0.8)	5/12/25	0.8	0.24	1.04
► 200m	31	Mirra KLIMOV	JR	24.48 (0.0)	5/12/25	0.65	0.16	0.81
► 400m	15	Lauren PHILLIPS	SR	55.24	5/4/25	6	0.82	6.82
► 400H	29	Lianne SAUSSY	JR	1:02.46	5/12/25	0.75	0.19	0.94
► 800m	7	Annie HUANG	SR	2:07.48	5/12/25	18	1.87	19.87
► 800m	41	Emma KOTHARI	JR	2:12.86	3/29/25	0.225	0.00	0.23
► 800m	50	Harrinee SETHILKUMAR	SR	2:13.26	4/5/25	0.01	0.00	0.01
► 1500m	16	Annie HUANG	SR	4:29.14	4/19/25	5	0.67	5.67
► 1500m	25	Emma KOTHARI	JR	4:30.28	4/19/25	0.95	0.37	1.32
► 1500m	35	Mackenzie SETTON	JR	4:32.55	4/14/25	0.45	0.05	0.50
► 1500m	50	Harrinee SETHILKUMAR	SR	4:34.53	5/4/25	0.01	0.00	0.01
► Steeple	8	Cooper BROTHERTON	JR	10:38.03	5/12/25	16	1.35	17.35
► Steeple	35	Sydney SHOCK	FR	10:59.03	5/12/25	0.45	0.02	0.47
► 5000m	13	Adriana CATALANO	JR	16:37.30	4/14/25	8	0.92	8.92
► 5000m	14	Carter BROTHERTON	FR	16:37.31	5/12/25	7	0.92	7.92
► 5000m	48	Jamie STELNIK	SR	17:06.04	5/12/25	0.05	0.00	0.05
► 10,000m	33	Jamie STELNIK	SR	36:14.66	4/14/25	0.55	0.00	0.55
► 10,000m	37	Storrie KULYNYCH-IRVIN	FR	36:27.31	4/14/25	0.35	0.00	0.35
► 4x100	31	Mirra Klimov, Lianne Saussy, Anna Zinsser, Lauren Phillips		47.30	5/4/25	0.65	0.05	0.70
► 4x400	21	Lauren Phillips, Annie Huang, Harrinee Senthilkumar, Lianne Saussy		3:49.28	5/4/25	2.5	0.22	2.72
► HJ	37	Jaclyn DONOHO	JR	1.63m 5-4¼	5/4/25	0.35	0.00	0.35
► PV	25	Clarissa NEWMAN	FR	3.75m 12-3½	5/12/25	0.95	0.00	0.95
► TJ	14	Sara BARTLETT	SR	12.05m 39-6½ (0.2)	5/12/25	7	0.81	7.81
► SP	35	Erika EZUMBA	JR	13.26m 43-6	4/5/25	0.45	0.00	0.45
► HT	9	Erika EZUMBA	JR	53.95m 177-0	5/4/25	14	0.77	14.77
► HEPT	24	Claudia OUIMET	FR	4,548	5/4/25	1	0.14	1.14
► HEPT	43	Jaclyn DONOHO	JR	4,254	5/4/25	0.175	0.00	0.18
JOHNS HOPKINS TFRI Team Total								125.25

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Augustana (Ill.)



2

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	31	McKenzie RESER	SR	11.90 (1.8)	4/26/25	0.65	0.24	0.89
▶ 200m	8	McKenzie RESER	SR	24.09 (0.0)	5/3/25	16	1.05	17.05
▶ 400m	8	McKenzie RESER	SR	55.10	5/3/25	16	1.00	17.00
▶ 800m	6	Lina MAATOUK	SR	2:07.46	4/26/25	20	1.89	21.89
▶ Steeple	27	Emma ODLE	SR	10:53.12	5/10/25	0.85	0.30	1.15
▶ 4x100	44	Shakira Wade, McKenzie Reser, Cora Deemer, Jordyn VanSanten		47.61	5/3/25	0.15	0.00	0.15
▶ 4x400	20	Cora Deemer, Jordyn VanSanten, Lina Maatouk, McKenzie Reser		3:49.15	5/3/25	3	0.25	3.25
▶ DISC	1	Charlotte FRERE	JR	52.70m 172-11	4/18/25	30	5.97	35.97
▶ JAV	6	Heather MICHALSKI	SR	43.13m 141-6	4/12/25	20	1.65	21.65
▶ JAV	17	Laina NELSON	SO	40.97m 134-5	5/3/25	4.5	0.52	5.02
AUGUSTANA (ILL.) TFRI Team Total								124.03

10

UW-Oshkosh
WIAC



13

LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	23	Cyna MADIGAN	SR	2:10.65	5/10/25	1.5	0.39	1.89
▶ 800m	32	Libby GEISNESS	SR	2:12.08	4/17/25	0.6	0.04	0.64
▶ 1500m	7	Amelia LEHMAN	SR	4:27.36	5/10/25	18	1.19	19.19
▶ 1500m	8	Libby GEISNESS	SR	4:27.37	5/10/25	16	1.19	17.19
▶ 5000m	31	Amelia LEHMAN	SR	16:50.90	4/12/25	0.65	0.18	0.83
▶ 4x400	25	Addie Baker, Olivia Stenzel, Cyna Madigan, Maddy LaVoi		3:50.46	5/3/25	0.95	0.00	0.95
▶ HJ	23	Megan HUNT	SR	1.66m 5-5¼	4/12/25	1.5	0.28	1.78
▶ LJ	10	Megan HUNT	SR	5.94mw 19-6 (2.5)	4/23/25	12	0.98	12.98
▶ SP	21	Brenna MASLOROFF	SR	13.72m 45-¼	5/3/25	D 2	0.37	2.37
▶ DISC	6	Brenna MASLOROFF	SR	47.27m 155-1	5/9/25	20	1.35	21.35
▶ HT	2	Brenna MASLOROFF	SR	59.34m 194-8	5/3/25	28	3.93	31.93
▶ HT	30	Bobbi BLAHNIK	SR	51.63m 169-5	4/26/25	0.7	0.01	0.71
▶ HEPT	11	Megan HUNT	SR	4,804	4/12/25	10	0.98	10.98
UW-OSHKOSH TFRI Team Total								122.80

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

11

Rochester (N.Y.)

Liberty League



6

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	4	Megan BELL	SR	54.50c (55.22)	4/19/25	24	1.95	25.95
► 400m	39	Nora CHEN	SO	56.21c (56.95)	4/19/25	0.275	0.00	0.28
► 400H	3	Nora CHEN	SO	1:00.40	5/12/25	26	2.58	28.58
► 400H	27	Eva CIUFFETELLI	SO	1:02.31	4/5/25	0.85	0.27	1.12
► 800m	2	Megan BELL	SR	2:05.34	4/5/25	28	3.51	31.51
► 1500m	6	Megan BELL	SR	4:27.12	4/14/25	D 2	1.26	3.26
► Steeple	45	Sab LIN	SR	11:05.22	4/26/25	0.125	0.00	0.13
► 4x400	2	Eva Ciuffetelli, Nora Chen, Raquella Casserino, Megan Bell		3:43.84	5/12/25	28	3.17	31.17
► DISC	33	Cora ROSE	SR	44.06m 144-7	5/3/25	0.55	0.00	0.55
► HT	50	Cora ROSE	SR	49.95m 163-11	5/3/25	0.01	0.00	0.01
ROCHESTER (N.Y.) TFRI Team Total								122.55

12

Loras



4

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Emma SEIPEL	SR	11.69w (2.2)	4/15/25	18	1.17	19.17
▶ 200m	12	Emma SEIPEL	SR	24.17 (0.2)	5/10/25	D 2	0.83	2.83
▶ 400m	45	Harmony CREASY	SR	56.46	5/2/25	0.125	0.00	0.13
▶ 1500m	28	Frankie CHAIDEZ	SR	4:31.02	5/10/25	0.8	0.27	1.07
▶ 4x100	14	Harmony Creasy, Layla Hughes, Meghan McDonald, Emma Seipel		46.72	5/10/25	7	0.67	7.67
▶ 4x400	16	Harmony Creasy, Layla Hughes, Frankie Chaidez, Emma Seipel		3:47.93	4/26/25	5	0.58	5.58
▶ HJ	7	Sara HOSKINS	SR	1.70m 5-7	5/2/25	18	1.24	19.24
▶ LJ	4	Emma SEIPEL	SR	6.05m 19-10¼ (0.3)	4/12/25	24	2.09	26.09
▶ LJ	38	Harmony CREASY	SR	5.70mw 18-8½ (3.7)	4/4/25	0.3	0.00	0.30
▶ TJ	26	Harmony CREASY	SR	11.77mw 38-7½ (2.7)	5/8/25	0.9	0.15	1.05
▶ TJ	35	Madelyn (Maddie) MUCCI	FR	11.69m 38-4¼ (0.5)	4/12/25	0.45	0.00	0.45
▶ TJ	48	Emma SEIPEL	SR	11.52m 37-9½ (1.7)	4/15/25	0.05	0.00	0.05
▶ SP	37	Caitlyn COX	JR	13.15m 43-1¾	5/10/25	0.35	0.00	0.35
▶ SP	37	Riley VICE	SR	13.15m 43-1¾	5/10/25	0.35	0.00	0.35
▶ DISC	24	Riley VICE	SR	44.60m 146-4	4/5/25	1	0.15	1.15
▶ HT	5	Caitlyn COX	JR	56.37m 184-11	4/5/25	22	2.04	24.04
▶ HT	10	Taylor FLAIG	SR	53.94m 177-0	5/2/25	12	0.76	12.76
LORAS TFRI Team Total								122.28



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

13 Centre
SAA

▼ 4
LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	3	Madjo DOUMBIA	SR	11.58 (0.4)	4/26/25	26	2.10	28.10
► 100m	13	Chloe HEIN	SO	11.78 (0.4)	4/26/25	8	0.65	8.65
► 200m	11	Madjo DOUMBIA	SR	24.16w (2.2)	4/26/25	10	0.85	10.85
► 200m	24	Chloe HEIN	SO	24.35w (2.2)	4/26/25	1	0.34	1.34
► 400m	48	Madjo DOUMBIA	SR	56.52	4/26/25	0.05	0.00	0.05
► 4x100	11	Amari Robinson, Janea Bottinelli, Chloe Hein, Madjo Dombia		46.49	4/26/25	10	1.11	11.11
► 4x400	27	Ainsley Wilson, Janea Bottinelli, Faith Peterson, Madjo Dombia		3:50.81	5/10/25	0.85	0.00	0.85
► HJ	3	Serena MCNEILLY	SO	1.72m 5-7¾	4/12/25	26	2.18	28.18
► LJ	6	Chloe HEIN	SO	6.03m 19-9½ (0.9)	5/6/25	20	1.84	21.84
► LJ	24	Madjo DOUMBIA	SR	5.79m 19-0 (0.0)	4/12/25	1	0.25	1.25
► LJ	44	Serena MCNEILLY	SO	5.66m 18-7 (0.2)	4/25/25	0.15	0.00	0.15
► TJ	14	Serena MCNEILLY	SO	12.05m 39-6½ (0.0)	4/25/25	7	0.81	7.81
► HEPT	30	Serena MCNEILLY	SO	4,404	4/12/25	0.7	0.00	0.70
CENTRE TFRI Team Total								120.90

14 UW-Whitewater
WIAC

7
LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Dakota MITCHELL	FR	11.69w (3.3)	4/18/25	18	1.17	19.17
▶ 100m	31	Cici STENNETT	FR	11.90w (3.3)	4/18/25	0.65	0.24	0.89
▶ 100m	41	Angela DALE	FR	11.95w (2.3)	5/9/25	0.225	0.11	0.33
▶ 100m	50	Kelly HUERTA	FR	12.00w (3.3)	4/18/25	0.01	0.00	0.01
▶ 200m	31	Kelly HUERTA	FR	24.48w (2.1)	5/9/25	0.65	0.16	0.81
▶ 200m	40	Dakota MITCHELL	FR	24.55 (0.3)	5/3/25	0.25	0.06	0.31
▶ Steeple	26	Ari DE LA CERDA	SR	10:53.08	5/10/25	0.9	0.30	1.20
▶ 5000m	46	Ari DE LA CERDA	SR	17:05.25	4/12/25	0.1	0.00	0.10
▶ 4x100	4	Danielle Pouska, Dakota Mitchell, Kelly Huerta, Cici Stennett		45.92	4/24/25	24	2.57	26.57
▶ HJ	33	Brynn FUERSTENBERG	JR	1.64m 5-4½	5/9/25	0.55	0.00	0.55
▶ PV	3	Gracie HOLLAND	SR	4.05m 13-3½	4/18/25	26	2.72	28.72
▶ SP	13	Kenni CZARNECKI	SR	14.03m 46-½	5/3/25	8	0.84	8.84
▶ DISC	13	Ryleigh CZARNECKI	SO	46.00m 150-11	3/29/25	8	0.63	8.63
▶ DISC	19	Kenni CZARNECKI	SR	45.23m 148-5	5/9/25 D	2	0.37	2.37
▶ HT	6	Kenni CZARNECKI	SR	55.96m 183-7	4/18/25	20	1.82	21.82
UW-WHITEWATER TFRI Team Total								120.35

15 **Elmhurst**
CCIW

1
LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	4	Alyssa BUSKER	SR	11.63w (3.4)	3/30/25	24	1.68	25.68
▶ 100m	20	Lauren MARSHALL	SR	11.82w (2.7)	3/30/25	3	0.46	3.46
▶ 100H	27	Tiana GRADY	SO	14.32 (-0.2)	5/3/25	0.85	0.20	1.05
▶ 100H	37	Nakala NADEAU	SR	14.48w (2.4)	4/19/25	0.35	0.00	0.35
▶ 200m	1	Alyssa BUSKER	SR	23.62 (0.0)	5/3/25	30	2.94	32.94
▶ Steeple	46	Ashley KACHURIK	SR	11:05.88	5/3/25	0.1	0.00	0.10
▶ 4x100	1	Tiana Grady, Lauren Marshall, Hannah Schwarz, Alyssa Busker		45.61	4/19/25	30	3.48	33.48
▶ 4x400	46	Carmela Woods, Sadie Hartmann, Nayeli Villegas, Alyssa Busker		3:57.04	5/3/25	0.1	0.00	0.10
▶ LJ	17	Paulina TINAJERO	SO	5.84m 19-2 (1.0)	5/3/25	4.5	0.47	4.97
▶ LJ	21	Chloe SELMER	FR	5.80m 19-½ (1.4)	5/9/25	2.5	0.29	2.79
ELMHURST TFRI Team Total								104.93



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

16

Bethel (Minn.)

MIAC



11

LW: 27

BETHEL (MINN.) TFRI Team Total

95.87

17

Tufts

NESCAC



7

LW: 10

TUFTS TFRI Team Total

95.38

18

Nebraska Wesleyan

American Rivers



3

LW: 15

NEBRASKA WESLEYAN TFRI Team Total

93.62

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

19

Wartburg



2

LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	31	JoJo TYNNISMAA	JR	14.34w (2.3)	4/12/25	0.65	0.15	0.80
▶ 100H	34	Grace BRADEN	SO	14.43w (2.3)	4/12/25	0.5	0.00	0.50
▶ 200m	46	JoJo TYNNISMAA	JR	24.60c (24.99) (1.9)	5/2/25	0.1	0.00	0.10
▶ 400m	22	JoJo TYNNISMAA	JR	55.48	5/10/25	2	0.51	2.51
▶ 400H	9	JoJo TYNNISMAA	JR	1:01.37	3/29/25	14	1.12	15.12
▶ 400H	12	Sophia STAHL	SO	1:01.88	5/10/25	9	0.54	9.54
▶ 400H	30	Ryann DECKER	FR	1:02.61	5/10/25	0.7	0.11	0.81
▶ 800m	31	Haley MEYER	JR	2:11.97	5/10/25	0.65	0.07	0.72
▶ Steeple	7	Ellie MEYER	SR	10:36.88	3/28/25	18	1.46	19.46
▶ 5000m	30	Ellie MEYER	SR	16:50.15	4/12/25	0.7	0.21	0.91
▶ 4x100	22	Olivia Tollari, JoJo Tynnismaa, Avery Schultes, Addie Parker		47.09	5/10/25	2	0.25	2.25
▶ 4x400	23	Sophia Stahle, Haley Meyer, Ryann Decker, JoJo Tynnismaa		3:50.29	5/10/25	1.5	0.00	1.50
▶ TJ	25	Shaniah JOHNSON	SR	11.80m 38-8¾ (1.3)	5/8/25	0.95	0.21	1.16
▶ SP	37	Abby VELD	FR	13.15m 43-1¾	5/2/25	0.35	0.00	0.35
▶ DISC	15	Abby VELD	FR	45.66m 149-10	5/2/25	6	0.52	6.52
▶ HT	3	Emma TRUE	SR	58.53m 192-1	4/18/25	26	3.31	29.31
▶ HT	40	Tara JOCHUMSEN	SR	50.67m 166-3	5/2/25	0.25	0.00	0.25
▶ JAV	48	Brooke SHAFER	SR	38.96m 127-10	5/10/25	0.05	0.00	0.05
▶ HEPT	38	Caitlin BENESH	SO	4,286	5/10/25	0.3	0.00	0.30
WARTBURG TFRI Team Total								92.15

20

Rowan
NJAC

2

LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	25	Nyla JONES	FR	14.27 (1.6)	4/5/25	0.95	0.32	1.27
▶ 200m	13	Molly LODGE	SR	24.19w (2.2)	5/4/25	8	0.77	8.77
▶ 400m	21	Nevaeh LORJUSTE	SR	55.44	5/12/25	2.5	0.56	3.06
▶ 400H	4	Nyla JONES	FR	1:00.42	5/4/25	24	2.54	26.54
▶ 400H	10	Molly LODGE	SR	1:01.69	4/5/25	12	0.76	12.76
▶ Steeple	30	Anna SASSE	SR	10:53.71	5/12/25	0.7	0.27	0.97
▶ 4x100	17	#Type!		46.94	4/19/25	4.5	0.39	4.89
▶ 4x400	17	Nyla	FR	3:48.10	4/26/25	4.5	0.50	5.00
▶ SP	9	Isabelle DEAL	SR	14.12m 46-4	5/4/25	14	1.08	15.08
▶ JAV	12	Isabelle DEAL	SR	41.29m 135-6	4/5/25	9	0.65	9.65
▶ JAV	30	Diamond EADDY	SO	39.80m 130-7	4/19/25	0.7	0.05	0.75
ROWAN TFRI Team Total								88.74

21

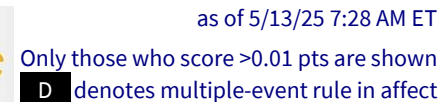
Colby
NESCAC



8

LW: 13

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	24	Simone WAHEED	SO	11.87 (1.6)	3/28/25	1	0.33	1.33
▶ 200m	40	Fiona MEJICO	SR	24.55w (2.3)	5/3/25	0.25	0.06	0.31
▶ 200m	44	Simone WAHEED	SO	24.59w (2.3)	5/3/25	0.15	0.01	0.16
▶ 400m	33	Fiona MEJICO	SR	55.83	4/19/25	0.55	0.18	0.73
▶ 400m	40	Kaitlyn EWALD	SO	56.27	4/26/25	0.25	0.00	0.25
▶ 400H	2	Fiona MEJICO	SR	59.48	5/10/25	28	4.20	32.20
▶ 10,000m	48	Claire BEEBE	SR	36:55.16	5/10/25	0.05	0.00	0.05
▶ 4x100	8	Tally Zeller, Fiona Mejico, Simone Waheed, Charlotte Brake-Hoffman		46.33	5/10/25	16	1.42	17.42
▶ 4x400	3	Tally Zeller, Olivia Doherty, Kaitlyn Ewald, Fiona Mejico		3:44.14	3/28/25	26	2.95	28.95
COLBY TFERI Team Total								81.39



22 Williams
NESCAC

▼ 3
LW: 19

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Rachel ARTHUR	SR	11.78w (2.8)	3/22/25	8	0.65	8.65
▶ 200m	49	Rachel ARTHUR	SR	24.63 (0.1)	5/10/25	0.025	0.00	0.03
▶ 400m	16	Bella KING-HARVEY	SO	55.31	3/28/25	5	0.73	5.73
▶ 800m	20	Annika PALUSKA	FR	2:10.30	4/26/25	3	0.47	3.47
▶ 1500m	29	Lily YAMPOLSKY	FR	4:31.15	3/28/25	0.75	0.25	1.00
▶ 1500m	37	Kate TUTTLE	FR	4:32.67	5/10/25	0.35	0.03	0.38
▶ Steeple	17	Charlene PENG	SO	10:47.49	4/26/25	4.5	0.57	5.07
▶ 5000m	42	Morgan EIGEL	SO	17:03.39	4/26/25	0.2	0.00	0.20
▶ 10,000m	27	Fiona PICONE	JR	36:01.44	5/10/25	0.85	0.16	1.01
▶ 10,000m	30	Julia BRENNAN	SO	36:08.28	5/10/25	0.7	0.07	0.77
▶ 4x100	22	Bella King-Harvey, Rachel Arthur, Ella Sukup, Cate Donaldson		47.09	3/28/25	2	0.25	2.25
▶ 4x400	4	Cate Donaldson, Claire Jensen, Annika Paluska, Bella King-Harvey		3:44.80	3/28/25	24	2.47	26.47
▶ HJ	12	Amelie JAMANKA	JR	1.68m 5-6	4/26/25	9	0.62	9.62
▶ HJ	37	Livi MAZEROLLE	JR	1.63m 5-4¼	5/10/25	0.35	0.00	0.35
▶ PV	15	Ellie FITZGERALD	JR	3.87m 12-8¼	5/10/25	6	0.67	6.67
▶ PV	20	Jae YU	SR	3.82m 12-6¼	5/10/25	3	0.36	3.36
▶ PV	29	Poppy MILLER	SR	3.72m 12-2½	5/10/25	0.75	0.00	0.75
▶ LJ	32	Kelsey TARBV	SO	5.74m 18-10 (0.7)	5/10/25	0.6	0.03	0.63
▶ TJ	32	Rafaela DELGADO	FR	11.71m 38-5 (0.0)	3/27/25	0.6	0.03	0.63
▶ HEPT	21	Livi MAZEROLLE	JR	4,600	5/10/25	2.5	0.31	2.81
WILLIAMS TFRI Team Total								79.84

23 Central (Iowa)

3
LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	45	Olivia BOHLEN	JR	14.62 (-0.3)	5/10/25	0.125	0.00	0.13
▶ 400m	26	Emily McMARTIN	JR	55.62	5/10/25	0.9	0.33	1.23
▶ 800m	30	Peyton STEFFEN	JR	2:11.67	4/18/25	0.7	0.14	0.84
▶ 1500m	9	Peyton STEFFEN	JR	4:27.48	4/18/25	14	1.15	15.15
▶ Steeple	4	Peyton STEFFEN	JR	10:33.21	5/10/25	24	1.88	25.88
▶ Steeple	28	Addy PARROTT	SR	10:53.33	4/26/25	0.8	0.29	1.09
▶ 5000m	19	Peyton STEFFEN	JR	16:42.09	4/26/25	D 2	0.58	2.58
▶ 4x100	34	Mary Gustason, Ava Parkins, Danika Arnold, Emily McMartin		47.39	5/10/25	0.5	0.00	0.50
▶ 4x400	19	Lizzy Van Utrecht, Alivia Roerdink, Emily McMartin, Ava Parkins		3:48.91	4/26/25	3.5	0.31	3.81
▶ HEPT	3	Olivia BOHLEN	JR	5,045	4/18/25	26	2.59	28.59
CENTRAL (IOWA) TFRI Team Total								79.80

24 **George Fox**
NWC

unch
LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	29	Ayahna BAHATI	SR	14.33 (-0.5)	4/27/25	0.75	0.18	0.93
▶ 100H	42	Jenna HUNTSMAN	JR	14.59 (1.9)	4/15/25	0.2	0.00	0.20
▶ 800m	9	Ellie RISING	SR	2:08.60	5/3/25	14	1.08	15.08
▶ 1500m	3	Ellie RISING	SR	4:24.20	5/10/25	26	2.52	28.52
▶ 4x400	42	Jenna Huntsman, Breeauna O'Rear, Karys Gates, Ellie Rising		3:56.65	4/27/25	0.2	0.00	0.20
▶ PV	18	Grace TULLY	SR	3.83m 12-6¾	5/9/25	4	0.42	4.42
▶ JAV	9	Ellena CORWIN	SR	42.77m 140-4	4/27/25	14	1.37	15.37
▶ JAV	25	Brecken VANDENHOEK	SR	40.04m 131-5	3/22/25	0.95	0.15	1.10
▶ HEPT	14	Jenna HUNTSMAN	JR	4,669	4/15/25	7	0.52	7.52
▶ HEPT	18	Breeauna O'REAR	SR	4,622	3/21/25	4	0.37	4.37
GEORGE FOX TFRI Team Total								77.71

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

25

Chapman
SCIAC



5

LW: 30

<i>Event</i>	<i>NOR</i>	<i>Athlete</i>	<i>Yr</i>	<i>Season Oual. Best</i>	<i>Date</i>	<i>Pl. Pts.</i>	<i>Bonus</i>	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 400m	45	Sarah CHARLES	SO	56.46	4/12/25	0.125	0.00	0.13
▶ 400H	21	Chayanit KITNITCHIVA	SR	1:02.15	5/8/25	2.5	0.36	2.86
▶ 1500m	31	Annika CARLSON	JR	4:31.74	4/12/25	0.65	0.16	0.81
▶ Steeple	6	Annika CARLSON	JR	10:36.04	4/18/25	20	1.55	21.55
▶ 4x100	6	Khyra Stiner, Kaylee Smith, Allison Kremer, Makenna Lizarde		46.17	5/8/25	20	1.84	21.84
▶ 4x400	5	Kaylee Smith, Makenna Lizarde, Allison Kremer, Sarah Charles		3:45.14	4/18/25	22	2.22	24.22

CHAPMAN TFRI Team Total 71.41

26

Wilmington (Ohio)



3

LW: 29

<i>Event</i>	<i>NOR</i>	<i>Athlete</i>	<i>Yr</i>	<i>Season Oual. Best</i>	<i>Date</i>	<i>Pl. Pts.</i>	<i>Bonus</i>	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 400H	50	Chloe LOVETT	JR	1:03.18	5/2/25	0.01	0.00	0.01
▶ 1500m	33	Faith DUNCAN	JR	4:32.28	4/5/25	0.55	0.09	0.64
▶ 5000m	1	Faith DUNCAN	JR	16:12.17	4/19/25	30	3.30	33.30
▶ 10,000m	1	Faith DUNCAN	JR	32:57.31	3/29/25	30	5.93	35.93
▶ 4x400	49	Chloe Lovett, Haley Cook, Hayden Setty, Chloe Sutton		3:57.90	5/2/25	0.025	0.00	0.03

WILMINGTON (OHIO) TFRI Team Total 69.90

27

Dubuque



16

LW: 43

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 400m	27	Jaide FLOWERS	SO	55.66		5/10/25	0.85	0.28	1.13
▶ 4x400	47	Grace Kahon, Gianna Borzileri, Mackenzie Rader, Jaide Flowers		3:57.69		5/10/25	0.075	0.00	0.00
▶ HJ	12	Jaden GATTS	SO	1.68m	5-6	5/10/25	9	0.62	9.62
▶ SP	4	Chloe REISER	SO	14.46m	47-5¼	5/10/25	24	2.10	26.10
▶ DISC	3	Nai'lah ANDERS	SO	50.01m	164-1	4/18/25	26	3.34	29.34
▶ DISC	37	Breen DUFFY	JR	43.80m	143-9	4/15/25	0.35	0.00	0.35
▶ HT	26	Chloe REISER	SO	51.87m	170-2	5/2/25	0.9	0.08	0.90
▶ HT	27	Breen DUFFY	JR	51.75m	169-10	5/10/25	0.85	0.05	0.90

DUBUQUE TFRI Team Total 68.49

28

Connecticut College
NESCAC



6

LW: 22

Event	NOR	Athlete	Yr	Season Qual	Best	Date	Pl	Pts	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	19	Blessing KIEH	FR	11.81w (3.2)	5/3/25	3.5	0.49	3.95
▶ 800m	13	Alexa ESTES	JR	2:09.40	4/26/25	8	0.69	8.65
▶ 1500m	2	Grace MCDONOUGH	JR	4:24.12	5/3/25	28	2.55	30.55
▶ Steeple	24	Kiera TALLAS	SO	10:52.93	4/26/25	1	0.31	1.33
▶ 5000m	5	Grace MCDONOUGH	JR	16:29.06	4/5/25	22	1.51	23.53
▶ 10,000m	42	Alsacia TIMMERMAN	JR	36:50.62	4/12/25	0.2	0.00	0.20

CONNECTICUT COLLEGE TFRI Team Total 68.26

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

29

North Central (Ill.)

CCIW



1

LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	46	Lindsey NOVAK	SR	11.97w (3.0)	4/26/25	0.1	0.05	0.15
► 200m	20	Lindsey NOVAK	SR	24.29 (0.0)	5/3/25	3	0.49	3.49
► 400m	18	Lindsey NOVAK	SR	55.36	5/3/25	4	0.66	4.66
► 400H	48	Alivia HENKEL	FR	1:03.13	5/3/25	0.05	0.00	0.05
► 4x100	40	Kyla Miller, Allie Dockins, Cali Minkie, Lindsey Novak		47.52	5/3/25	0.25	0.00	0.25
► 4x400	33	Cali Minkie, Cire' Smith, Lindsey Novak, Kyla Miller		3:52.63	5/3/25	0.55	0.00	0.55
► PV	4	Gwen BERENYI	JR	4.03m 13-2½	3/29/25	24	2.36	26.36
► PV	25	Natalie JOHNSON	SR	3.75m 12-3½	4/18/25	0.95	0.00	0.95
► TJ	47	Abbie LAYNE	SO	11.53m 37-10 (0.0)	5/9/25	0.075	0.00	0.08
► HT	47	Gabrielle HARDING	SR	50.09m 164-4	5/9/25	0.075	0.00	0.08
► JAV	2	Faith LADIN	SR	44.42m 145-9	5/3/25	28	2.89	30.89
► HEPT	40	Anna COTTER	SR	4.266	4/18/25	0.25	0.00	0.25

NORTH CENTRAL (ILL.) TFRI Team Total 67.76

30

Vassar

Liberty League



2

LW: 32

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	1	Haley SCHOENEGGE	SO	4:19.74	4/26/25	30	4.55	34.55
▶ 5000m	3	Haley SCHOENEGGE	SO	16:17.29	4/19/25	26	2.73	28.73
▶ TJ	30	Jahmilia DENNIS	JR	11.74m 38-6¼ (1.0)	5/9/25	0.7	0.09	0.79

VASSAR TFRI Team Total 64.07

31

Greenville

SLIAC

unch

LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100H	21	TyKiaza JONES	FR	14.22w (2.5)	4/18/25	2.5	0.44	2.94
► 4x100	43	Taylor Tucker, Jocelyn Fritz, TyKiaza Jones, Jazmyn Harmon		47.58	4/12/25	0.175	0.00	0.18
► HJ	33	Anna Beth VANCIL	SR	1.64m 5-4½	4/18/25	0.55	0.00	0.55
► PV	12	Kenzie KURDYS	SO	3.90m 12-9½	4/26/25	9	0.85	9.85
► TJ	45	Jazmyn HARMON	SO	11.55m 37-10¾ (0.0)	4/26/25	0.125	0.00	0.13
► SP	2	Talahiva TALANOA	SR	14.65m 48-¾	4/26/25	28	2.84	30.84
► DISC	43	Talahiva TALANOA	SR	43.55m 142-11	3/29/25	0.175	0.00	0.18
► HT	7	Talahiva TALANOA	SR	54.40m 178-6	4/12/25	18	1.01	19.01

GREENVILLE TFRI Team Total 63.66

32

Carroll (Wis.)

CCIW



6

LW: 38

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	3	Maria FALK	SR	14.51m	47-7¼	5/3/25	26	2.29	28.29
► SP	11	Vanessa Uitenbroek	SR	14.09m	46-2¾	5/9/25	10	1.00	11.00
► DISC	5	Vanessa Uitenbroek	SR	47.31m	155-3	4/26/25	22	1.38	23.38
► HT	29	Vanessa Uitenbroek	SR	51.66m	169-6	4/18/25	0.75	0.02	0.77

CARROLL (WIS.) TFR1 Team Total 63.45



National TFRI Team Summary



WOMEN — 2025 Checkpoint #7, May 13

33

Illinois Wesleyan
CCIW▼ 8
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 800m	40	Alexandra REINHART	FR	2:12.78	5/3/25	0.25	0.00	0.25	
▶ 1500m	43	Adriana CRABTREE	JR	4:33.64	4/26/25	0.175	0.00	0.18	
▶ Steeple	16	Adriana CRABTREE	JR	10:45.97	5/3/25	5	0.65	5.65	
▶ 10,000m	46	Annalese CHUDY	SR	36:52.47	3/28/25	0.1	0.00	0.10	
▶ 4x100	48	Katarina Petrovic, Olivia Skibinski, Isabella Gonzalez, Imani Ogunribido		47.76	5/3/25	0.05	0.00	0.05	
▶ 4x400	31	Jordynn Griffin, Mackenzie Huber, Lauren Huber, Isabella Gonzalez		3:52.48	5/3/25	0.65	0.00	0.65	
▶ HJ	20	Lauren HUBER	SR	1.67m	5-5¾	4/19/25	3	0.45	3.45
▶ TJ	4	Imani OGUNRIBIDO	SO	12.57m	41-3 (0.1)	5/3/25	24	2.82	26.82
▶ HT	10	Carlyssa KING	SR	53.94m	177-0	4/12/25	12	0.76	12.76
▶ HEPT	10	Lauren HUBER	SR	4,821		4/19/25	12	1.09	13.09

ILLINOIS WESLEYAN TFRI Team Total

62.99

34

Mount Union
OAC▲ 11
LW: 45

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 200m	24	Kenadee WAYT	SR	24.35	(0.2)	5/2/25	1	0.34	1.34
▶ 400m	8	Kenadee WAYT	SR	55.10		4/24/25	16	1.00	17.00
▶ 400m	31	Madison MILES	SR	55.77		5/2/25	0.65	0.21	0.86
▶ 800m	12	Mary MASON	SR	2:09.29		4/14/25	9	0.74	9.74
▶ 4x100	13	Kennedy Berger, Madison Miles, Paula Incorvati, Kenadee Wayt		46.69		5/2/25	8	0.73	8.73
▶ 4x400	6	Mary Mason, Madison Miles, Elizabeth Funkhouser, Kenadee Wayt		3:45.26		5/9/25	20	2.13	22.13
▶ SP	45	Makayla SITZLAR	JR	13.06m	42-10¼	3/29/25	0.125	0.00	0.13

MOUNT UNION TFRI Team Total

59.94

35

Bowdoin
NESCAC▼ 1
LW: 34

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ PV	11	Charlotte HODGE	SR	3.91m	12-10	4/12/25	10	0.91	10.91
▶ LJ	1	Kennedy KIRKLAND	SO	6.28m	20-7¼ (1.1)	3/22/25	30	5.01	35.01
▶ JAV	10	Mardy NOVAK	SO	41.93m	137-7	4/26/25	12	0.91	12.91
▶ JAV	28	Ginger ARNOLD	SO	39.89m	130-11	3/23/25	0.8	0.09	0.89
▶ HEPT	45	Rose JENKINS	SO	4,202		5/3/25	0.125	0.00	0.13

BOWDOIN TFRI Team Total

59.84

36

Gustavus Adolphus
MIAC▲ 3
LW: 39

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	44	Kate CARLSON	SR	11.96 (2.0)	5/10/25	0.15	0.08	0.23
▶ 200m	7	Megan GERAETS	SR	23.96w (2.4)	5/3/25	18	1.46	19.46
▶ 200m	23	Kate CARLSON	SR	24.32c (24.70) (-1.4)	4/26/25	1.5	0.40	1.90
▶ 400m	1	Megan GERAETS	SR	53.63c (54.34)	4/26/25	30	3.69	33.69
▶ 4x100	40	Allison Stacy, Megan Geraets, Laura Thauvin, Kate Carlson		47.52	5/10/25	0.25	0.00	0.25
▶ LJ	19	Megan GERAETS	SR	5.82m 19-1¼ (0.0)	5/3/25	D 2	0.38	2.38
▶ TJ	27	Lili GUY	SR	11.76m 38-7 (0.2)	5/3/25	0.85	0.13	0.98
▶ DISC	47	Kelley BRENNAN	JR	43.35m 142-3	4/12/25	0.075	0.00	0.08
▶ DISC	49	Olivia DUNCAN	SO	43.25m 141-11	4/30/25	0.025	0.00	0.03
▶ HT	36	Kelley BRENNAN	JR	51.01m 167-4	4/12/25	0.4	0.00	0.40

GUSTAVUS ADOLPHUS TFRI Team Total

59.39



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

37 **Whitworth**
NWC

▼ **11**
LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	23	Emily BROWN	SO	1:02.17	5/7/25	1.5	0.35	1.85
▶ HJ	12	Brianna TIRA	SO	1.68m 5-6	4/11/25	9	0.62	9.62
▶ TJ	50	Isabella PEREIRA	SO	11.51m 37-9¼ (-0.2)	2/28/25	0.01	0.00	0.01
▶ SP	7	Amblessed OKEMGBO	JR	14.20m 46-7¼	4/27/25	18	1.29	19.29
▶ SP	14	Madison CARR	SO	14.00m 45-11¼	4/17/25	7	0.76	7.76
▶ DISC	10	Amblessed OKEMGBO	JR	46.09m 151-3	4/17/25	12	0.66	12.66
▶ HT	37	Madison CARR	SO	50.88m 166-11	5/7/25	0.35	0.00	0.35
▶ JAV	15	Devyn CHELIN	SO	41.24m 135-4	4/27/25	6	0.63	6.63
▶ HEPT	25	Emily BROWN	SO	4,495	4/15/25	0.95	0.00	0.95
WHITWORTH TFRI Team Total								59.13

38 **Lynchburg**
ODAC

4
LW: 42

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	9	Betsy MOHNKERN	SR	14.07w (2.1)	4/26/25	14	1.12	15.12
▶ 800m	19	Hannah EDWARDS	SO	2:10.01	5/12/25	3.5	0.54	4.04
▶ 5000m	39	Allison DELL	SR	16:59.67	4/5/25	0.275	0.00	0.28
▶ 10,000m	6	Allison DELL	SR	34:57.06	4/18/25	20	1.43	21.43
▶ 4x100	29	Kacey Kelly, Betsy Mohnkern, Kiara Smith, Rylee Turner		47.19	4/26/25	0.75	0.15	0.90
▶ PV	50	Allison BOBST	SR	3.57m 11-8½	5/6/25	0.01	0.00	0.01
▶ TJ	9	Kacey KELLY	JR	12.09m 39-8 (1.5)	4/25/25	14	0.96	14.96
▶ JAV	24	Kacey KELLY	JR	40.08m 131-6	4/5/25	1	0.16	1.16
▶ HEPT	26	Margo FOX	JR	4,493	5/11/25	0.9	0.00	0.90
LYNCHBURG TERI Team Total								58.81

39 **Chatham**
PAC

53
LW: 92

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► LJ	3	Aurielle BRUNNER	SR	6.07m 19-11 (-1.2)	5/10/25	26	2.35		28.35
► TJ	7	Aurielle BRUNNER	SR	12.13m 39-9¾ (0.3)	4/16/25	D	2	1.11	3.11
► HEPT	4	Aurielle BRUNNER	SR	4,947	5/11/25	24	1.85		25.85
CHATHAM TFRI Team Total									57.31

40 **Trinity (Texas)**
SCAC

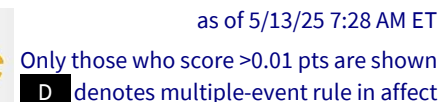
5
LW: 35

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	4	Danya SELBER	SR	13.96w (2.6)	4/27/25	24	1.67	25.67
▶ 4x100	45	Nia Scott, CC Gray, Danya Selber, Annabelle Lanik		47.64	3/22/25	0.125	0.00	0.13
▶ 4x400	44	Halle Hamilton, Annette Smith, Lilly Broussard, CC Gray		3:56.75	3/29/25	0.15	0.00	0.15
▶ PV	44	Addison DOSS	FR	3.60m 11-9¾	5/11/25	0.15	0.00	0.15
▶ LJ	8	Annabelle LANIK	FR	5.98mw 19-7½ (2.2)	3/28/25	16	1.33	17.33
▶ LJ	35	Joy AREOLA	SR	5.71m 18-8¾ (1.5)	4/27/25	0.45	0.00	0.45
▶ TJ	11	Joy AREOLA	SR	12.08m 39-7¾ (0.8)	5/11/25	10	0.92	10.92
TRINITY (TEXAS) TFRI Team Total								54.79

41 Claremont-Mudd-Scripps

24
LW: 65

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	9	Josephine JETT	SO	11.74w (2.8)	5/8/25	14	0.87	14.87
▶ 100H	4	Josephine JETT	SO	13.96w (2.4)	5/8/25	24	1.67	25.67
▶ 200m	29	Josephine JETT	SO	24.45 (1.7)	4/27/25	0.75	0.20	0.95
▶ Steeple	38	Revere SCHMIDT	SO	10:59.72	5/3/25	0.3	0.00	0.30
▶ Steeple	39	Olivia BACKHOLM	FR	10:59.81	4/27/25	0.275	0.00	0.28
▶ PV	28	Madeline SEIFERT	JR	3.73m 12-2¾	5/8/25	0.8	0.00	0.80
▶ HT	23	Antonia HEKSTER	SR	52.20m 171-3	3/29/25	1.5	0.17	1.67
▶ JAV	12	Sophia LAUDI	FR	41.29m 135-6	4/27/25	9	0.65	9.65
CLAREMONT-MUDD-SCRIPPS TFRI Team Total								54.19



WOMEN — 2025 Checkpoint #7, May 13

42

Carthage

 **28**
LW: 70

CARTHAGE TFR/ Team Total 53.46

43

Monmouth (Ill.)

3
LW: 46

MONMOUTH (ILL.) TFRI Team Total 52.91

44

Ohio Northern

OAC

▼ 4
LW: 40

OHIO NORTHERN TFR1 Team Total	52.70
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45

Stockton
NJAC

3
LW: 48

STOCKTON TFRI Team Total 52.34

46

John Carroll
OAC

▼ **2**
LW: 44

JOHN CARROLL TFRI Team Total 52.09



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

47 Middlebury NESCAC

6
LW: 53

MIDDLEBURY TFRI Team Total	51.53
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48 UW-Stout
WIAC

▼ **15**
LW: 33

UW-STOUT TFRI Team Total	51.47
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49 Calvin
MIAA

▼ **12**
LW: 37

Category	Item	Unit	Quantity	Unit Price	Total Price	Remarks
Material	CEMENT	kg	100	1.20	120.00	
	BRICK	kg	100	1.20	120.00	
Labor	SKILLER	hr	100	1.20	120.00	
	UNSKILLER	hr	100	1.20	120.00	
CAI VIN TERI Team Total					50.30	

50 Eastern Connecticut State

▲ 21
LW: 71

EASTERN CONNECTICUT STATE TFERI Team Total	48.37
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51 **Goucher**
Landmark

▼ **2**
LW: 49

GOUCHER TEPF Team Total	47	35
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WOMEN — 2025 Checkpoint #7, May 13

52

North Carolina Wesleyan
USA South

unch

LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	17	Kamiah WOOTEN	SO	11.79w (2.2)	4/26/25	D 2	0.60	2.60
▶ 100m	20	Ti'asia BRYANT	SO	11.82 (0.2)	4/12/25	3	0.46	3.46
▶ 200m	3	Kamiah WOOTEN	SO	23.74w (2.5)	4/5/25	26	2.41	28.41
▶ 400m	12	Kamiah WOOTEN	SO	55.20	5/3/25	9	0.87	9.87
▶ 4x100	38	Kamiah Wooten, T'Miya Bryant, KeSondra Pickett, Ti'asia Bryant		47.48	4/26/25	0.3	0.00	0.30

NORTH CAROLINA WESLEYAN TFRI Team Total 44.64

53

Redlands (Calif.)
SCIAC

▲ 24

LW: 77

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	31	Eleanor BACHMEIER	SR	14.34 (1.8)	5/8/25	0.65	0.15	0.80
▶ 4x400	36	Eleanor Bachmeier, Faith Kasper, Sabrina Semmere, Elisabeth Eichinger		3:54.44	4/18/25	0.4	0.00	0.40
▶ HJ	12	Mari EVONUK	FR	1.68m 5-6	5/8/25	9	0.62	9.62
▶ LJ	49	Maigan ADAMS	SR	5.64m 18-6 (0.0)	4/26/25	0.025	0.00	0.03
▶ TJ	6	Maigan ADAMS	SR	12.22m 40-1¼ (1.1)	4/12/25	20	1.45	21.45
▶ HEPT	12	Eleanor BACHMEIER	SR	4,761	5/8/25	9	0.81	9.81
▶ HEPT	22	Elisabeth EICHINGER	JR	4,593	5/8/25	2	0.28	2.28

REDLANDS (CALIF.) TFRI Team Total 44.39

54

RPI
Liberty League

▲ 4

LW: 58

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	11	Emma MCGUINN	JR	14.13 (-0.6)	5/12/25	10	0.83	10.83
▶ 1500m	32	Erin VONHOUSEN	SO	4:31.96	4/25/25	0.6	0.13	0.73
▶ 1500m	38	Jules BLESKOSKI	SO	4:32.89	4/25/25	0.3	0.00	0.30
▶ Steeple	22	Erin VONHOUSEN	SO	10:51.42	4/19/25	2	0.38	2.38
▶ 5000m	4	Jules BLESKOSKI	SO	16:28.51	4/19/25	24	1.55	25.55
▶ 10,000m	26	Jules BLESKOSKI	SO	36:00.58	5/3/25	0.9	0.17	1.07
▶ 4x100	47	Christine Mallette, Katie Manning, Alyssa Fici, Emma McGuinn		47.75	5/3/25	0.075	0.00	0.08
▶ TJ	21	Alice BRAMBATI	FR	11.87m 38-11½ (-0.8)	4/10/25	2.5	0.34	2.84
▶ SP	35	Leanna WELLS	SO	13.26m 43-6	4/25/25	0.45	0.00	0.45

RPI TFRI Team Total 44.23

55

Amherst
NESCAC

▲ 29

LW: 84

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	41	Heloise HUGHES	SO	11.95 (0.6)	5/10/25	0.225	0.11	0.33
▶ 100H	45	Eliza CARDWELL	SR	14.62 (0.7)	5/10/25	0.125	0.00	0.13
▶ 200m	36	Heloise HUGHES	SO	24.51 (0.1)	5/10/25	0.4	0.12	0.52
▶ 400H	13	Myeh MEDINA	JR	1:01.90	4/26/25	8	0.52	8.52
▶ 800m	25	Piper LENTZ	JR	2:11.00	4/26/25	0.95	0.30	1.25
▶ 1500m	49	Sylvan WOLD	SR	4:34.39	4/26/25	0.025	0.00	0.03
▶ 5000m	8	Hannah STEPHENSON	FR	16:34.49	5/10/25	16	1.12	17.12
▶ 10,000m	14	Flora BIRO	FR	35:29.61	5/10/25	7	0.63	7.63
▶ 10,000m	43	Nikki CHOPRA	SO	36:50.77	5/3/25	0.175	0.00	0.18
▶ 4x100	16	Rachel Hubley, Camilla Lash, Ellie Jolly, Heloise Hughes		46.88	5/10/25	5	0.45	5.45
▶ 4x400	30	Christa Prasertsintanah, Zoe Marcus, Piper Lentz, Casie Eifrig		3:52.38	5/10/25	0.7	0.00	0.70
▶ HJ	37	Leah SMITH	SO	1.63m 5-4¼	5/10/25	0.35	0.00	0.35
▶ PV	29	Payton SORENSEN	SR	3.72m 12-2½	5/10/25	0.75	0.00	0.75
▶ LJ	35	Heloise HUGHES	SO	5.71m 18-8¾ (0.0)	4/26/25	0.45	0.00	0.45
▶ TJ	37	Anaya THOMAS	SR	11.66m 38-3¼ (1.4)	5/3/25	0.35	0.00	0.35
▶ DISC	48	Emma RAMSINGH	SO	43.29m 142-1	5/10/25	0.05	0.00	0.05

AMHERST TFRI Team Total 43.79



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

56 **Widener**
MAC

20
LW: 76

WIDENER TFRI Team Total 43.64

57 **Ripon**
MWC

▼ 6
LW: 51

RIPON TFRI Team Total 43.25

58 **Gordon (Mass.)**
CNE

▼ **17**
LW: 41

GORDON (MASS.) TFR/ Team Total 41.60

59 **Brandeis**
UAA

3
LW: 56

BRANDEIS TFRI Team Total 41.33

60 Bridgewater State MASCAC

13
LW: 47

BRIDGEWATER STATE TFR Team Total 41.19

61 **Lewis & Clark**
NWC

4
LW: 57

LEWIS & CLARK TFRI Team Total 40.87



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

62 **Ithaca**
Liberty League

2
LW: 64

ITHACA TFRI Team Total 40.79

63 **UMass Boston**
Little East

 4
LW: 67

UMASS BOSTON TFR1 Team Total 40.16

64 Linfield
NWC

15
LW: 79

LINFIELD TFRI Team Total 39.59

65 **SUNY Delhi**
SUNYAC

▼ 4
LW: 61

SUNY DELHI TFR1 Team Total 38.90

66 **Coast Guard**
NEWMAC

▼ **30**
LW: 36

COAST GUARD TFR/ Team Total	37.69
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67 Elizabethtown

▼ **13**
LW: 54

ELIZABETHTOWN TFR1 Team Total 35.34



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

68

Southern Maine

6
LW: 62

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	27	Zoe BARNES	SR	13.49m	44-3¼	4/11/25	0.85	0.06	0.91
► SP	49	Jaigan BOUDREAU	SR	13.02m	42-8¾	5/3/25	0.025	0.00	0.03
► DISC	17	Zoe BARNES	SR	45.60m	149-7	4/11/25	4.5	0.50	5.00
► DISC	40	Jaigan BOUDREAU	SR	43.74m	143-6	5/3/25	0.25	0.00	0.25
► JAV	3	Riley REITCHEL	JR	44.24m	145-2	4/5/25	26	2.68	28.68

SOUTHERN MAINE TFRI Team Total **34.87**

69

Hope
MIAA

11
LW: 80

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	19	Sara SCHERMERHORN	JR	24.28 (0.8)	5/2/25	3.5	0.52	4.02
▶ 400m	7	Sara SCHERMERHORN	JR	55.02	4/19/25	18	1.10	19.10
▶ 400m	38	Catherine LEAHY	JR	56.19	5/2/25	0.3	0.00	0.30
▶ 800m	37	Molly DUROW	JR	2:12.62	5/10/25	0.35	0.00	0.35
▶ 4x100	26	Ava Schmidt, Catherine Leahy, Sofia Fisher, Sara Schermerhorn		47.16	5/10/25	0.9	0.18	1.08
▶ 4x400	13	Catherine Leahy, Frances Cozzens, Jasmine Zimmerman, Sara Schermerhorn		3:47.18	5/10/25	8	0.94	8.94

HOPE TFRI Team Total 33.79

70

Hamilton
NESCAC

▼ 4
LW: 66

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	44	Keira ROGAN	FR	4:33.73	3/29/25	0.15	0.00	0.15
▶ Steeple	3	Keira ROGAN	FR	10:27.88	4/5/25	26	2.68	28.68
▶ 5000m	29	Keira ROGAN	FR	16:48.61	4/26/25	0.75	0.26	1.01
▶ JAV	20	Dana SCHWARTZ	JR	40.42m 132-8	5/5/25	3	0.30	3.30

HAMILTON TFRI Team Total 33.14

71

Mary Washington

▼ **2**
LW: 69

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	2	Yasmin DEANE	FR	11.57w (3.8)	5/3/25	28	2.19	30.19
► 100m	27	Sophia REDMOND	JR	11.89w (3.8)	5/3/25	0.85	0.27	1.12
► 200m	24	Yasmin DEANE	FR	24.35 (1.0)	5/3/25	1	0.34	1.34

MARY WASHINGTON TFRI Team Total	32.65
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72

Colorado College
SCAC

▼ **22**
LW: 50

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	47	Clara LIPPERT	JR	56.48	5/8/25	0.075	0.00	0.08
► 800m	47	Ella FULLERTON	JR	2:13.20	3/8/25	0.075	0.00	0.08
► 1500m	10	Isabel OLSON	SR	4:27.59	4/12/25	12	1.12	13.12
► 5000m	23	Isabel OLSON	SR	16:45.58	3/28/25	1.5	0.37	1.87
► 5000m	35	Sydney RANKIN	SR	16:53.85	3/8/25	0.45	0.08	0.53
► 10,000m	9	Alison MUELLER-HICKLER	JR	35:18.61	3/28/25	14	0.90	14.90
► 10,000m	25	Charlie FLINT	SO	35:57.42	3/28/25	0.95	0.20	1.15
► 10,000m	34	Britt HELGAAS	SR	36:14.99	3/28/25	0.5	0.00	0.50

COLORADO COLLEGE TFRI Team Total 32.22

73

NYU
UAA

▼ **18**
LW: 55

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	44	Gianna DAWSON	FR	2:13.11	5/12/25	0.15	0.00	0.15
► 1500m	26	Stella KUTTNER	FR	4:30.42	5/3/25	0.9	0.35	1.25
► 1500m	42	Janie COOPER	JR	4:33.62	5/3/25	0.2	0.00	0.20
► Steeple	41	Olivia JACKSON	SO	11:02.56	5/12/25	0.225	0.00	0.23
► 5000m	9	Janie COOPER	JR	16:35.47	4/14/25	14	1.05	15.05
► 5000m	17	Kate COCHRAN	SR	16:38.31	4/14/25	4.5	0.85	5.35
► 5000m	27	Josephine DZIEDZIC	SO	16:47.35	5/10/25	0.85	0.30	1.15
► 10,000m	17	Grace ROWLEY	SO	35:37.25	4/14/25	4.5	0.45	4.95
► 10,000m	20	Lucy GOTT	JR	35:39.75	5/10/25	3	0.42	3.42

NYU TFRI Team Total 31.74



National TFRI Team Summary



WOMEN — 2025 Checkpoint #7, May 13

74 Macalester
MIAC▲ 8
LW: 82

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 200m	40	Ariella ROGAHN-PRESS	FR	24.55	(-0.4)	4/19/25	0.25	0.06	0.31
▶ 400m	2	Ariella ROGAHN-PRESS	FR	53.89		5/10/25	28	3.16	31.16

MACALESTER TFRI Team Total 31.48

75 McMurry
SCAC▼ 7
LW: 68

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100H	14	Naj CAMPBELL	SR	14.16	(0.1)	4/27/25	7	0.69	7.69
▶ PV	6	Brenna STELL	SO	4.00m	13-1½	4/12/25	20	1.88	21.88
▶ SP	30	Kendra HUMPHRIES	SO	13.44m	44-1¼	4/17/25	0.7	0.00	0.70
▶ DISC	35	Tori COLMAN	SO	43.95m	144-3	4/17/25	0.45	0.00	0.45

MCMURRY TFRI Team Total 30.72

76 Illinois Tech
NACC▼ 3
LW: 73

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	2	Olivia JAMESON	JR	1.73m	5-8	4/5/25	28	2.68	30.68
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ILLINOIS TECH TFRI Team Total 30.68

77 DePauw
NCAC▼ 18
LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100H	13	Liberty SCOTT	SO	14.15	(1.5)	5/3/25	8	0.73	8.73
▶ 100H	39	Katie MOORE	SR	14.49	(1.8)	5/3/25	0.275	0.00	0.28
▶ 400H	18	Liberty SCOTT	SO	1:02.01		4/12/25	4	0.44	4.44
▶ 400H	40	Katie MOORE	SR	1:02.85		5/3/25	0.25	0.00	0.25
▶ Steeple	31	Kendall MANN	SR	10:55.68		5/3/25	0.65	0.18	0.83
▶ 10,000m	15	Sophie PORTER	SR	35:31.67		3/28/25	6	0.58	6.58
▶ 4x400	35	Katie Moore, Lily Hovda, Liberty Scott, Shelby Stall		3:54.00		5/3/25	0.45	0.00	0.45

▶ HEPT	13	Katie MOORE	SR	4,751		4/27/25	8	0.78	8.78
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DEPAUW TFRI Team Total 30.33

78 North Park
CCIW▼ 15
LW: 63

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	37	Riana HAYES	JR	11.92	(1.7)	4/17/25	0.35	0.19	0.54
▶ 100H	33	Thea RING	JR	14.42w	(3.4)	3/29/25	0.55	0.00	0.55
▶ 200m	31	Riana HAYES	JR	24.48	(0.0)	5/3/25	0.65	0.16	0.81
▶ 4x100	11	Mariana Costa, Riana Hayes, Thea Ring, Meja Lindberg		46.49		4/12/25	10	1.11	11.11
▶ HEPT	9	Thea RING	JR	4,825		5/3/25	14	1.11	15.11

NORTH PARK TFRI Team Total 28.12



WOMEN — 2025 Checkpoint #7, May 13

79

Catholic (D.C.)
Landmark▼ 19
LW: 60

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	13	Brigid BYRNES	SO	1:01.90	5/4/25	8	0.52	8.52
▶ 400H	15	Clare MARSH	SR	1:01.92	5/12/25	6	0.50	6.50
▶ 400H	43	Mia MCCONNELL	SO	1:02.95	5/4/25	0.175	0.00	0.18
▶ 800m	18	Emily MOEHRINGER	SR	2:09.89	5/4/25	4	0.57	4.57
▶ 1500m	20	Emily MOEHRINGER	SR	4:29.83	4/26/25	3	0.47	3.47
▶ Steeple	19	Kate INGLIS	SR	10:49.69	4/14/25	3.5	0.47	3.97
▶ 4x400	34	Mia McConnell, Brigid Byrnes, Zoey Brown, Clare Marsh		3:52.75	5/4/25	0.5	0.00	0.50

CATHOLIC (D.C.) TFRI Team Total 27.71

80

Berry
SAA▲ 17
LW: 97

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 400H	11	Macy MURDOCK	JR	1:01.71	5/7/25	10	0.73	10.73	
▶ 1500m	27	Anna ROSE	SR	4:30.50	5/7/25	0.85	0.34	1.19	
▶ HJ	37	Kris WILLIAMS	SO	1.63m	5-4¼	4/5/25	0.35	0.00	0.35
▶ SP	9	Onoyeme EGURE	SO	14.12m	46-4	4/12/25	14	1.08	15.08
BERRY TFR1 Team Total								27.36	

BERRY TFRI Team Total 27.36

81

Edgewood
NACCunch
LW: 81

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ DISC	31	Kylee DOHERTY	JR	44.19m	145-0	5/9/25	0.65	0.01	0.66
▶ JAV	4	Kylee DOHERTY	JR	43.72m	143-5	4/24/25	24	2.11	26.11
EDGEWOOD TFRI Team Total									26.77

EDGEWOOD TFRI Team Total 26.77

82

Aurora
NACC▼ 10
LW: 72

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	15	Deyanneira COLON MALDONADO	SR	4:28.99	5/10/25	6	0.71	6.71
▶ 5000m	16	Deyanneira COLON MALDONADO	SR	16:38.23	4/12/25	D 2	0.85	2.85
▶ 10,000m	8	Deyanneira COLON MALDONADO	SR	35:15.27	3/28/25	16	0.98	16.98

AURORA TFRI Team Total 26.54

83

Millikin
CCIWunch
LW: 83

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	4	De'Andranay CHISM	FR	23.78 (0.0)	5/3/25	24	2.24	26.24

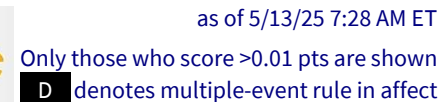
MILLIKIN TFRI Team Total 26.24

84

Puget Sound
NWC▲ 81
LW: 165

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	10	Kyrstin WILSON	JR	11.75w (2.4)	5/8/25	12	0.82	12.82
▶ 200m	43	Kyrstin WILSON	JR	24.56w (2.1)	5/8/25	0.175	0.05	0.22
▶ 400m	11	Elizabeth BEISWANGER	SO	55.17	5/8/25	10	0.91	10.91
▶ 4x400	39	Kyrstin Wilson, Erin Schmidlin, Victoria Bradshaw, Elizabeth Beiswanger		3:56.08	4/27/25	0.275	0.00	0.28

PUGET SOUND TFRI Team Total 24.22



85 **Susquehanna** **7**
Landmark LW: 78

86

Penn State Behrend

SUNYAC

2

LW: 88

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► JAV	5	Julia BALASKI	JR	43.34m 142-2	3/29/25	22	1.81	23.81
PENN STATE BEHREND TFRI Team Total								23.81

87

Westminster (Pa.)
PAC

LW: 85

Event	NQR	Athlete	Yr	Season Qual.	Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season										
HJ	37	BreannaDA DAVIS	SR	1.63m	5-4¼	3/29/25	0.35	0.00		0.35
PV	6	Madison CONLEY	SR	4.00m	13-1½	4/18/25	20	1.88		21.88
LJ	49	BreannaDA DAVIS	SR	5.64m	18-6 (0.0)	4/24/25	0.025	0.00		0.03
SP	44	Shelby RAMBO	JR	13.08m	42-11	4/24/25	0.15	0.00		0.15
DISC	32	Shelby RAMBO	JR	44.16m	144-11	4/18/25	0.6	0.00		0.60
WESTMINSTER (PA.) TFR I Team Total										23.01

88

Wheaton (Mass.)

NEWMAC

8

LW: 96

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100m	12	Michaina LORISTON	JR	11.77w (2.7)	4/26/25	9	0.71		9.71
▶ 4x100	10	Emily Zielinski, Wendy Wooden, Camille Connors, Michaina Loriston		46.46	5/10/25	12	1.17		13.17
WHEATON (MASS.) TFRI Team Total									22.88

89

Southwestern (Texas)

SCAC

3

LW: 86

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	6	Arden NEFF	SR	1:01.07	4/12/25	20	1.46	21.46
▶ TJ	36	Ella LEWIS	SO	11.68m 38-4 (1.8)	5/11/25	0.4	0.00	0.40
SOUTHWESTERN (TEXAS) TFRI Team Total								21.86

90

Houghton

Empire 8

3

LW: 87

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	46	Victoria BREWSTER	JR	11.97w (3.9)	4/5/25	0.1	0.05	0.15
▶ HJ	6	Alexa BELANGER	FR	1.71m 5-7¼	5/3/25	20	1.69	21.69
HOUGHTON TFRI Team Total								21.84

91

Southern Virginia
USA South

LW: 100

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 800m	15	Heidi BARTON	JR	2:09.45	5/12/25	6	0.68		6.68
▶ HJ	9	Marin SIMONS	FR	1.69m 5-6½	5/6/25	14	0.90		14.90
SOUTHERN VIRGINIA TFRI Team Total									21.58

92

Rose-Hulman

HCAC

▲ 74

LW: 166

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	6	Rose TALBERT	SO	54.98	5/9/25	20	1.15	21.15
ROSE-HULMAN TFRI Team Total								21.15



USTFCCA NCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

93 UW-Platteville
WIAC▼ 2
LW: 91

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	27	Isabel PETERSON	JR	11.89 (0.9)	5/3/25	0.85	0.27	1.12
200m	20	Isabel PETERSON	JR	24.29 (0.3)	5/3/25	3	0.49	3.49
4x100	15	Haley Stannard, Elianna Dalamangas, Madison Ahrens, Isabel Peterson		46.86	4/18/25	6	0.46	6.46
HJ	31	Hailey CAMPBELL	SO	1.65m 5-5	4/24/25	0.65	0.11	0.76
SP	14	Brenna NOON	SR	14.00m 45-11¼	4/12/25	7	0.76	7.76

UW-PLATTEVILLE TFRI Team Total 19.60

94 Juniata
Landmark▲ 89
LW: 183

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
400H	7	Olivia BARBACCI	JR	1:01.31	5/12/25	18	1.18	19.18

JUNIATA TFRI Team Total 19.18

95 Otterbein
OAC▲ 46
LW: 141

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
HJ	9	Alexis WEBER	SO	1.69m 5-6½	5/9/25	14	0.90	14.90
HJ	23	Emma KLOSTERMAN	SR	1.66m 5-5¼	5/9/25	1.5	0.28	1.78
DISC	23	Landry DRISKEL	SO	44.71m 146-8	4/19/25	1.5	0.19	1.69

OTTERBEIN TFRI Team Total 18.37

96 Concordia Wisconsin
NACC▼ 7
LW: 89

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
5000m	18	Ainara SAINZ DE ROZAS	JR	16:41.05	4/26/25	4	0.65	4.65
10,000m	10	Ainara SAINZ DE ROZAS	JR	35:19.99	4/18/25	12	0.86	12.86
10,000m	41	Emma AHRENS	SO	36:43.73	4/18/25	0.225	0.00	0.23

CONCORDIA WISCONSIN TFRI Team Total 17.74

97 Washington and Lee
ODAC▼ 23
LW: 74

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
400m	48	Jesma EVANS	JR	56.52	4/19/25	0.05	0.00	0.05
400H	17	Amanda ROMANO	SR	1:01.94	4/19/25	4.5	0.48	4.98
1500m	34	Olivia WARR	SO	4:32.32	4/19/25	0.5	0.08	0.58
HJ	12	Camille GILLUM	JR	1.68m 5-6	4/26/25	9	0.62	9.62
PV	22	Ashley D'AMBROSIA	SR	3.81m 12-6	4/19/25	2	0.30	2.30

WASHINGTON AND LEE TFRI Team Total 17.52

98 Grove City
PAC▼ 23
LW: 75

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
1500m	11	Lydia BENNETT	SR	4:27.84	5/2/25	10	1.05	11.05
Steeple	18	Grace SMITH	SR	10:48.95	4/14/25	4	0.50	4.50
Steeple	34	Ella LYLE	SR	10:59.01	4/14/25	0.5	0.02	0.52
5000m	37	Lydia BENNETT	SR	16:56.35	3/29/25	0.35	0.00	0.35
4x400	50	Kiara White, Megan Marchand, Nadine Lauffer, Audrey Karwowski		3:58.08	5/2/25	0.01	0.00	0.01

GROVE CITY TFRI Team Total 16.43

99 Rutgers-Newark
NJAC▼ 4
LW: 95

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
200m	22	Zrreyah MOORE	SR	24.31w (2.2)	5/4/25	2	0.43	2.43
400m	20	Zrreyah MOORE	SR	55.41	5/4/25	3	0.60	3.60
SP	12	Shanil AUGUSTE	SR	14.06m 46-1½	4/19/25	9	0.92	9.92
SP	42	Fejiro AKIRI	SR	13.09m 42-11½	4/19/25	0.2	0.00	0.20

RUTGERS-NEWARK TFRI Team Total 16.15



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

100 **Cornell College**
MWC

▼ **1**
LW: 99

Scored bests come from CURRENT qualifying season

CORNELL COLLEGE TFRI Team Total 15.20

101 Drew Landmark

▼ **11**
LW: 90

Scored bests come from CURRENT qualifying season

DREW TFRI Team Total 14.41

102 **Wooster**
NCAC

unch
LW: 102

Scored bests come from CURRENT qualifying season

WOOSTER TFRI Team Total 13.73

103 **King's College (Pa.)**
MAC

55
LW: 158

Scored bests come from CURRENT qualifying season

KING'S COLLEGE (PA.) TFRI Team Total 13.64

104 **St. Olaf**
MIAC

▲ 27
LW: 131

Scored bests come from CURRENT qualifying season

ST. OLAF TFR1 Team Total 13.43

105 **Baldwin Wallace**
OAC

 **8**
LW: 113

Scored bests come from CURRENT qualifying season

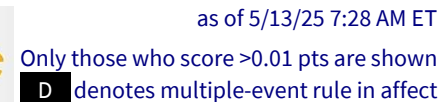
BALDWIN WALLACE TFR1 Team Total 13.20

106 **Roger Williams**
CNE

▼ **2**
LW: 104

Scored bests come from CURRENT qualifying season

ROGER WILLIAMS TFR1 Team Total 11.95



107 **Pomona-Pitzer**
SCIAC

7
LW: 114

POMONA-PITZER TFRI Team Total 11.80

108 Allegheny (Pa.)
PAC

▼ 1
LW: 107

ALLEGHENY (PA.) TFRI Team Total 11.53

109 **TCNJ**
NJAC

2
LW: 111

TCNJ TFRI Team Total 10.85

110 **Hartford**
CNE

12
LW: 98

HARTFORD TFRI Team Total	10.82
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111 Springfield (Mass.) NEWMAC

6
LW: 105

SPRINGFIELD (MASS.) TFR Team Total 10.52

112 UC Santa Cruz
C2C

18
LW: 94

UC SANTA CRUZ TFRI Team Total 10.09

113 **Buffalo State**
SUNYAC

12
LW: 101

BUFFALO STATE TFRI Team Total 9.81



Only those who score >0.01 pts are shown

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WOMEN — 2025 Checkpoint #7, May 13

114 **Mount Holyoke**
NEWMAC

▼ **11**
LW: 103

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	13	Ioanna TSONI	SO	5.90mw 19-4¼ (3.2)	5/2/25	8	0.73	8.73
► TJ	27	Ioanna TSONI	SO	11.76mw 38-7 (3.1)	5/2/25	0.85	0.13	0.98
MOUNT HOLYOKE TFRI Team Total								9.71

115 **SUNY Brockport**
Empire 8

9
LW: 124

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400H	22	Marissa WISE	SR	1:02.16	5/12/25	2	0.36	2.36
► 400H	26	Lexi RODRIGUEZ	JR	1:02.24	5/12/25	0.9	0.31	1.21
► 4x400	43	Lexi Rodriguez, Monica Cammarota, Courtney Bostic, Marissa Wise		3:56.72c (3:59.86)	4/19/25	0.175	0.00	0.18
► JAV	16	Rebecca HEULER	SR	41.23m 135-3	4/13/25	5	0.63	5.63
SUNY BROCKPORT TFRI Team Total								9.37

116 **SUNY Cortland**
SUNYAC

▼ 4
LW: 112

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	44	Autumn PITTMAN	SR	11.96 (0.0)	4/26/25	0.15	0.08	0.23
► 200m	30	Autumn PITTMAN	SR	24.46w (2.9)	4/19/25	0.7	0.19	0.89
► HT	14	Cheyenne MCPEEK	SO	53.66m 176-1	5/3/25	7	0.62	7.62
► HT	34	Hannah MCMASTERS	JR	51.26m 168-2	4/19/25	0.5	0.00	0.50
SUNY CORTLAND TFRI Team Total								9.24

117 Christopher Newport
C2C

▼ 9
LW: 108

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	33	Ellie NUCKOLS	SO	1:02.64	5/12/25	0.55	0.09	0.64
▶ LJ	47	Ellie NUCKOLS	SO	5.65m 18-6½ (1.5)	5/3/25	0.075	0.00	0.08
▶ DISC	18	Katherine STEVENS	SR	45.41m 149-0	5/3/25	4	0.43	4.43
▶ HT	20	Katherine STEVENS	SR	52.56m 172-5	5/12/25	3	0.26	3.26
▶ HEPT	35	Ellie NUCKOLS	SO	4,310	4/19/25	0.45	0.00	0.45
CHRISTOPHER NEWPORT TFI Team Total								8.86

118 **Carleton**
MIAC

 **14**
LW: 132

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	45	Lara ERICKSON	SR	2:13.13	5/10/25	0.125	0.00	0.13
▶ Steeple	14	Sophie MCMANUS	SR	10:45.19	5/10/25	7	0.69	7.69
▶ Steeple	48	Nora DALEY	SO	11:07.39	5/10/25	0.05	0.00	0.05
▶ 10,000m	35	Aliya LARSEN	SR	36:20.94	4/26/25	0.45	0.00	0.45
CARLETON TRI Team Total								8.31

119 Carnegie Mellon
UAA

11
LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	21	Jacqueline LIU	JR	2:10.45	5/12/25	2.5	0.44	2.94
▶ 5000m	32	Maya DUCKER	SO	16:51.25	5/12/25	0.6	0.17	0.77
▶ 10,000m	19	Orit SHIANG	JR	35:38.81	4/27/25	3.5	0.43	3.93
▶ PV	44	Ava BARNES	FR	3.60m 11-9½"	4/12/25	0.15	0.00	0.15
CARNEGIE MELLON TRI Team Total								7.78

120 **Mount St. Joseph**
HCAC

unch
LW: 120

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► JAV	14	Madalyn HUDNALL	JR	41.27m	135-5	4/26/25	7	0.64
MOUNT ST. JOSEPH TFR1 Team Total								7.64



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

121 **Swarthmore** **11**
Centennial LW: 110

122 Wellesley
NEWMAC ▲ 71
LW: 193

123 Pacific (Ore.)
NWC ▼ 6
LW: 117

124 Dickinson  **9**
Centennial LW: 115

125

Manchester

HCAC

▼

3

LW: 122

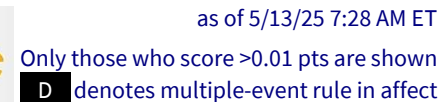
126 **Roanoke**  **20**
QDAC LW: 106

ROANOKE TFRI Team Total	6.19
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127 **Smith** ▼ **18**
 NEWMAC LW: 109

128 **Thomas (Maine)**  **12**
NAC LW: 116

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	47	Emma BURR	SO	14.63 (1.5)	5/3/25	0.075	0.00	0.08
▶ HEPT	16	Emma BURR	SO	4,650	4/19/25	5	0.46	5.46
THOMAS (MAINE) TFRI Team Total								5.54



WOMEN — 2025 Checkpoint #7, May 13

129 Eastern (Pa.)
MAC

25
LW: 154

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	17	Hailey SHREFFLER	SR	2:09.87	5/12/25	4.5	0.58	5.08
► 1500m	36	Hailey SHREFFLER	SR	4:32.63	5/2/25	0.4	0.04	0.44
EASTERN (PA.) TFRI Team Total								5.51

130 **Trine**
MIAA

 **6**
LW: 136

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	17	Bailey PUCKETT	JR	4:29.35	5/10/25	4.5	0.61	5.11
▶ 5000m	41	Sidney SWICK	JR	17:00.80	4/18/25	0.225	0.00	0.23
TRINE TFRI Team Total								5.34

131 **Ohio Wesleyan**
NCAC

▼ 6
LW: 125

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100H	18	Katherine DORTMUND	FR	14.19w (2.5)	4/12/25	4	0.54	4.54
► 4x100	32	Katherine Dortmund, Kennedy Elfers, Amarah McPhaul, Aelyn Baumbarger		47.32	5/3/25	0.6	0.03	0.63
► JAV	44	Hazel JOLLIFF	JR	39.07m 128-2	5/3/25	0.15	0.00	0.15
OHIO WESLEYAN TFRI Team Total								5.32

132 **Kenyon**
NCAC

6
LW: 126

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► TJ	17	Paula SORIC	SR	11.96m	39-3 (0.6)	5/3/25	4.5	0.51	5.01
KENYON TFR1 Team Total									5.01

133 Case Western Reserve

▼ **12**
LW: 121

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► Steeple	40	Ayla GRABENBAUER	JR	11:00.94	4/27/25	0.25	0.00	0.25	
► 5000m	45	Lauren IAGNEMMA	JR	17:05.12	4/14/25	0.125	0.00	0.13	
► PV	50	Holly SCHREIBER	SO	3.57m	11-8½	4/27/25	0.01	0.00	0.01
► SP	31	Michaela BURKHAUSER	SR	13.34m	43-9¼	4/27/25	0.65	0.00	0.65
► DISC	20	Michaela BURKHAUSER	SR	45.06m	147-10	4/27/25	3	0.31	3.31
► HT	38	Lauren ROSKUSZKA	SR	50.84m	166-10	5/9/25	0.3	0.00	0.30
► HT	41	Rachel GINN	SR	50.61m	166-1	4/27/25	0.225	0.00	0.23
► HT	45	Ailean DUFFIE	SR	50.27m	164-11	4/19/25	0.125	0.00	0.13
► JAV	50	Sarah VIVEIROS	FR	38.94m	127-9	5/8/25	0.01	0.00	0.01
CASE WESTERN RESERVE TFRI Team Total								5.01	

134 Marietta
OAC

▼ 15
LW: 119

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	17	Emily THOMPSON	JR	3.84m	12-7¼	3/29/25	4.5	0.48
MARIETTA TFRI Team Total								4.98

135 UW-River Falls

▼ **17**
LW: 118

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► PV	20	Annika GUNDERSON	JR	3.82m 12-6¼	4/12/25	3	0.36	3.36
► PV	32	Abigail BIGGS	FR	3.71m 12-2	4/26/25	0.6	0.00	0.60
► PV	36	Kalli Jo KLOCKE	SR	3.66m 12-0	4/26/25	0.4	0.00	0.40
► HEPT	39	Haylie RASMUSSEN	SO	4.271	5/3/25	0.275	0.00	0.28
UW-RIVER FALLS TFRI Team Total								4.63

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

136 **St. Norbert**
NACC

▼ 9
LW: 127

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	46	Eden MARANELL	SO	1:03.05	5/3/25	0.1	0.00	0.10
▶ TJ	19	Eden MARANELL	SO	11.91mw 39-1 (2.2)	4/26/25	3.5	0.41	3.91
▶ HEPT	44	Eden MARANELL	SO	4,248	4/12/25	0.15	0.00	0.15
ST. NORBERT TFRI Team Total								4.16

137 **Concordia Moorhead**
MIAC

unch
LW: 137

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	41	Jenna KALEVIK	SR	14.55 (-1.5)	5/10/25	0.225	0.00	0.23
▶ 800m	28	Kyla NYGAARD	JR	2:11.38	5/10/25	0.8	0.21	1.01
▶ 4x100	49	Andie Sandman, Emily Rengo, Piper Osborne, Kyla Nygaard		47.81	5/10/25	0.025	0.00	0.03
▶ 4x400	28	Emily Rengo, Meg Shercliffe, Emma Warner, Kyla Nygaard		3:51.02	5/10/25	0.8	0.00	0.80
▶ JAV	38	Genevieve GRUBA	SO	39.32m 129-0	4/11/25	0.3	0.00	0.30
▶ JAV	46	Kaia GACK	FR	38.99m 127-11	5/10/25	0.1	0.00	0.10
▶ HEPT	27	Jenna KALEVIK	SR	4,489	5/2/25	0.85	0.00	0.85
▶ HEPT	29	Peyton SELLE	SR	4,442	5/2/25	0.75	0.00	0.75
CONCORDIA MOORHEAD TFRI Team Total								4.06

138 **St. Thomas (Texas)**
SCAC

▼ 15
LW: 123

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	50	Quadetra WILBURN	FR	12.00w (2.4)	4/27/25	0.01	0.00	0.01
▶ 200m	50	Trinity PROVOST	JR	24.64w (3.7)	3/22/25	0.01	0.00	0.01
▶ 400m	44	Trinity PROVOST	JR	56.43	3/29/25	0.15	0.00	0.15
▶ 4x100	19	Quadetra Wilburn, Trinity Provost, Kaela Sawyers, Ny'Cierra Hinton		46.99	4/27/25	3.5	0.34	3.84
ST. THOMAS (TEXAS) TFRI Team Total								4.01

139 Lebanon Valley MAC

▼ 5
LW: 134

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	33	Coyla BARTHOLOMEW	JR	10:58.16	5/12/25	0.55	0.06	0.61
► HEPT	20	Anna SAWICKI	FR	4,607	5/2/25	3	0.33	3.33
LEBANON VALLEY TFRI Team Total								3.94

140 **Occidental**
SCIAC

▼ 5
LW: 135

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	31	Elizabeth HAWLEY	JR	55.77	5/8/25	0.65	0.21	0.86
▶ 10,000m	22	Jenna LENAY	JR	35:43.36	3/8/25	2	0.37	2.37
▶ 4x400	32	Skylar Cottell, Delphine Way, Phoebe Ogden, Elizabeth Hawley		3:52.53	4/12/25	0.6	0.00	0.60
OCCIDENTAL TFRI Team Total								3.84

141 **Bethany Lutheran**
UMAC

▼ **3**
LW: 138

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	20	Stephanie WITBROD	SR	13.79m 45-3	4/26/25	3	0.47	3.47
BETHANY LUTHERAN TFRI Team Total								3.47

142 **Union (N.Y.)**
Liberty League

▼ **14**
LW: 128

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HJ	20	Ashley SLEDON	SO	1.67m	5-5¾	5/3/25	3 0.45	3.45
UNION (N.Y.) TFR1 Team Total								3.45

National TFRI Team Summary



as of 5/13/25 7:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

143 Saint Benedict
MIAC

▲ 16
LW: 159

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	24	Lauren BERG	JR	1:02.18	5/10/25	1	0.34	1.34
▶ PV	44	Jaylyn AHLBERG	JR	3.60m 11-9¾	4/12/25	0.15	0.00	0.15
▶ PV	48	LiLi RAIDT	SO	3.58m 11-9	5/10/25	0.05	0.00	0.05
▶ TJ	27	Sabriya FARQUHARSON	SO	11.76m 38-7 (0.0)	5/10/25	0.85	0.03	0.98
▶ HEPT	28	Justus FLOREN	SR	4,451	5/2/25	0.8	0.00	0.80
SAINT BENEDICT TFRI Team Total								3.32

144 **Simpson (Iowa)**
American Rivers

1
LW: 145

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	30	Madison HAYS	JR	1:02.61	5/10/25	0.7	0.11	0.81
▶ 10,000m	24	Teghan BOOTH	SR	35:52.78	3/28/25	1	0.26	1.26
▶ JAV	29	Aaliyah JOHNSON	SR	39.81m 130-8	3/28/25	0.75	0.05	0.80
▶ HEPT	48	Aaliyah JOHNSON	SR	4:156	5/10/25	0.05	0.00	0.05
SIMPSON (IOWA) TFR1 Team Total								2.92

145 Nazareth
Empire 8

▼ **16**
LW: 129

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	22	Isabel MORSE	JR	3.81m	12-6	4/19/25	2	0.30	2.30
► PV	36	Kiara TORNUSCIOLO	JR	3.66m	12-0	4/19/25	0.4	0.00	0.40
► TJ	50	Katie JACQUES	SR	11.51m	37-9¼ (1.7)	5/11/25	0.01	0.00	0.01
► HT	43	Lea RICHARD	SR	50.48m	165-8	5/3/25	0.175	0.00	0.18
NAZARETH TFR! Team Total									2.88

146 **Bridgewater (Va.)**
OPAC

▼ **13**
LW: 133

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 10,000m	45	Taylor MYERS	FR	36:52.27	3/29/25	0.125	0.00	0.13	
▶ 4x100	38	Olivia Bates, Jade Buckles, Summer Wallace, Adalia Coleman		47.48	4/26/25	0.3	0.00	0.30	
▶ DISC	22	Abby MIKOLAY	SO	44.89m	147-4	4/26/25	2	0.25	2.25
BRIDGEWATER (VA.) TFR1 Team Total								2.68	

147 **Salisbury**
C2C

 **4**
LW: 151

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	25	Anna BODMER	SO	16:46.36	5/12/25	0.95	0.34	1.29
► 4x100	49	Emma Christman, Marlyse Haack, Lilly Williams, Karia Forvil		47.81	5/3/25	0.025	0.00	0.03
► 4x400	48	Marlyse Haack, Lilly Williams, Karia Forvil, Emma Smyser		3:57.76	5/3/25	0.05	0.00	0.05
► LJ	24	Mia HILL	JR	5.79m 19-0 (1.0)	5/12/25	1	0.25	1.25
SALISBURY TFR! Team Total								2.62

148 **Hardin-Simmons**
ASC

▲ 4
LW: 152

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	27	Kylah WASHINGTON	SO	11.89w (3.1)	5/11/25	0.85	0.27	1.12
▶ HJ	31	Katie BALLER	SR	1.65m 5-5	3/22/25	0.65	0.11	0.76
▶ HJ	37	Janae GREEN	JR	1.63m 5-4¼	4/17/25	0.35	0.00	0.35
▶ HJ	37	Madysyn TAYLOR	FR	1.63m 5-4¼	4/17/25	0.35	0.00	0.35
HARDIN-SIMMONS TFR1 Team Total								2.58



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

149 **Belhaven (Miss.)**
CCS

11
LW: 160

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	23	Ashaunti JONES	SR	55.49	5/10/25	1.5	0.50	2.00
▶ 400m	35	Kimona HAYNES	JR	55.95	5/10/25	0.45	0.10	0.55
BELHAVEN (MISS.) TFR1 Team Total								2.55

150 **Hanover**
HCAC

▼ 4
LW: 146

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► SP	22	Jessie STENGER	SR	13.71m	44-11¾	3/30/25	2	0.36	2.36
► DISC	49	Jessie STENGER	SR	43.25m	141-11	3/30/25	0.025	0.00	0.03
HANOVER TFRI Team Total									2.38

151 **St. Scholastica**
MIAC

▼ 7
LW: 144

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HT	22	Ella STRITESKY	JR	52.45m	172-1	5/2/25	2 0.23	2.23
ST. SCHOLASTICA TFRI Team Total								2.23

152 **Scranton**
Landmark

▼ 9
LW: 143

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	37	Samantha HOFFMANN	SR	10:59.36	4/14/25	0.35	0.01	0.36
► 4x100	37	Tasia Miniotis, Samantha Sharrow, Kaia Grantham, Jocelyn Smith		47.44	5/4/25	0.35	0.00	0.35
► 4x400	45	Tasia Miniotis, Kelsey Myler, Olivia Miller, Isabella Fay		3:56.90	5/4/25	0.125	0.00	0.13
► LJ	29	Samantha SHARROW	JR	5.76m 18-10¾ (0.0)	5/3/25	0.75	0.12	0.87
► TJ	50	Molly WHITE	JR	11.51m 37-9¼ (0.0)	4/25/25	0.01	0.00	0.01
► HEPT	37	Molly WHITE	JR	4,296	4/11/25	0.35	0.00	0.35
SCRANTON TFRI Team Total								2.06

153 Illinois College
MWC

▼ 6
LW: 147

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	48	Aleese TRIMMINGHAM	SO	14.64 (-0.1)	5/10/25	0.05	0.00	0.05
▶ LJ	40	Deja ANDERSON	SO	5.68m 18-7¾ (1.9)	5/3/25	0.25	0.00	0.25
▶ JAV	23	Keyleigh THOMAS	JR	40.10m 131-7	5/3/25	1.5	0.17	1.67
ILLINOIS COLLEGE TFRI Team Total								1.97

154 **Misericordia**
MAC

▼ 6
LW: 148

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 10,000m	23	Grace GALLAGHER	JR	35:48.70	4/14/25	1.5	0.31	1.81	
▶ TJ	50	Natasha MIHALKO	SR	11.51m	37-9¼ (1.7)	5/2/25	0.01	0.00	0.01
MISERICORDIA TFR1 Team Total								1.82	

155 **Hunter**
CUNYAC

▼ **16**
LW: 139

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► TJ	23	Jamie RISSO	JR	11.86m	38-11 (1.4)	3/29/25	1.5	0.32	1.82
HUNTER TFRI Team Total									1.82

156 **Babson**
NEWMAC

12
LW: 168

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► HJ	23	Amrit REHAL	FR	1.66m	5-5¼	5/10/25	1.5	0.28	1.78
BABSON TFR1 Team Total									1.78



WOMEN — 2025 Checkpoint #7, May 13

156

Principia
SLIAC▼ 14
LW: 142

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	23	Hannah MYERS	JR	1.66m	5-5¼	4/18/25	1.5	0.28	1.78
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PRINCIPIA TFRI Team Total 1.78

156

Stevens
MAC▼ 16
LW: 140

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ HJ	23	Caroline TIGHE	SR	1.66m	5-5¼	3/29/25	1.5	0.28	1.78
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STEVENS TFRI Team Total 1.78

159

St. John Fisher
Empire 8▼ 10
LW: 149

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100H	48	Ciarra FRANZ	SR	14.64w	(3.7)	4/5/25	0.05	0.00	0.05
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▶ LJ	27	Veronica DUELL	SR	5.77mw	18-11¼ (2.4)	4/26/25	0.85	0.16	1.01
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▶ HT	32	Anna STEED	JR	51.48m	168-11	4/19/25	0.6	0.00	0.60
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ST. JOHN FISHER TFRI Team Total 1.66

160

Wittenberg
NCAC▼ 10
LW: 150

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 400m	42	Meghan FRAZIER	SR	56.29		5/9/25	0.2	0.00	0.20
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▶ 4x100	29	Zora Shakhan, Lindsey Magoteaux, Meghan Frazier, Isabelle Henderson		47.19		5/3/25	0.75	0.15	0.90
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▶ 4x400	40	Abigail Danne, Aubrey Glover, Tymeerah De'Armond, Meghan Frazier		3:56.28		5/3/25	0.25	0.00	0.25
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▶ LJ	44	Isabelle HENDERSON	FR	5.66m	18-7 (-1.4)	5/3/25	0.15	0.00	0.15
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WITTENBERG TFRI Team Total 1.50

161

MSOE
NACC▼ 5
LW: 156

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ SP	26	Jessa ALDERMAN	JR	13.51m	44-4	5/3/25	0.9	0.09	0.99
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▶ SP	41	Josephine JACKLIN	JR	13.10m	42-11¾	5/9/25	0.225	0.00	0.23
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▶ DISC	39	Josephine JACKLIN	JR	43.75m	143-7	5/3/25	0.275	0.00	0.28
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MSOE TFRI Team Total 1.49

162

Westfield State
MASCAC▼ 7
LW: 155

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ LJ	31	Eliza LEE	JR	5.75mw	18-10½ (3.0)	5/3/25	0.65	0.08	0.73
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▶ TJ	33	Eliza LEE	JR	11.70mw	38-4¾ (2.3)	5/3/25	0.55	0.02	0.57
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WESTFIELD STATE TFRI Team Total 1.29

163

Saint Mary's (Minn.)
MIAC

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	26	Zari YOUNG	FR	11.88	(2.0)	5/10/25	0.9	0.30	1.20
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SAINT MARY'S (MINN.) TFRI Team Total 1.20

164

Saint Joseph's (Maine)
GNAC▼ 7
LW: 157

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ JAV	25	Ellie LEECH	FR	40.04m	131-5	4/19/25	0.95	0.15	1.10
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SAINT JOSEPH'S (MAINE) TFRI Team Total 1.10



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

165 **Bates**
NESCAC

11
LW: 176

166 **RIT**  **21**
Liberty League LW: 187

167 Albion  **4**
MIAA LW: 171

168

Ursinus

Centennial

▼

6

LW: 162

169 **Willamette**  **6**
NWC LW: 163

170 **Moravian**  **9**
Landmark LW: 161

171

Denison

NCAC

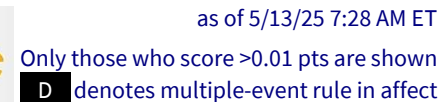
▼

18

LW: 153

172 **Trinity (Conn.)** **unch**
 NESCAC LW: 172

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	39	Jillian STRYNAR	FR	11.94 (1.9)	5/3/25	0.275	0.13	0.41
▶ HJ	37	Lauren GRATTAN	FR	1.63m 5-4¼	5/10/25	0.35	0.00	0.35
TRINITY (CONN.) TFR1 Team Total								0.76



173 **Oglethorpe** **6**
SAA LW: 167

174 **DeSales**  **4**
MAC LW: 170

175 Hamline **unch**
MIAC LW: 175

176 **Wheaton (Ill.)**  **7**
CCIW LW: 169

177 **Alfred**  **1**
Empire 8 LW: 176

178

LeTourneau

SCAC

▲ 16

LW: 194

178

Messiah

MAC

▼

4

LW: 174

180 **Keene State**
Little East LW:

181 **UW-Stevens Point**  **8**
WIAC LW: 173

182 **Castleton**  **4**
Little East LW: 178

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► DISC	36	Kalynn STEVENSON	SO	43.91m 144-1	5/3/25	0.4	0.00	0.40
CASTLETON TFRI Team Total								0.40



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #7, May 13

182 Franklin & Marshall Centennial

2
LW: 184

184 York (Pa.) ▼ **20**
MAC LW: 164

185 **Adrian**  **6**
MIAA LW: 179

185 **Benedictine (Ill.)**  **2**
NACC LW: 187

185 **Utica**  **6**
 Empire 8 LW: 179

188

Kalamazoo

Independent

▼

6

LW: 182

188 **Pacific Lutheran**  **7**
NWC LW: 181

188 **Rhode Island College**  **95**
 Little East LW: 93

191 **Augsburg**  **1**
 MIAC LW: 190

191

Fredonia

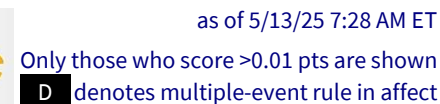
SUNYAC

▼

7

LW: 184

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► PV	40	Cara PELLECHIA	JR	3.65m	11-11¾	5/3/25	0.25	0.00	0.25
FREDONIA TFRI Team Total									0.25



191

Worcester State

MASCAC

▼

2

LW: 189

194 Berea (Ky.)  **10**
 HCAC LW: 184

195 **Endicott**  **13**
CNE LW: 208

195

Grinnell

MWC

▼

1

LW: 194

197 **Crown**
UMAC LW:

198 **Bethany (W.Va.)**  **7**
PAC LW: 191

199

Washington & Jefferson

PAC

▼

1

LW: 198

200

Methodist

USA South

▼

6

LW: 194

200 **Univ. of New England**  **6**
CNE LW: 194

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 10,000m	47	Nina PARZIALE	SR	36:53.08	4/14/25	0.075	0.00	0.08
UNIV. OF NEW ENGLAND TFRI Team Total								0.08