



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 100 Meters

as of 4/22/25 12:11 AM ET

1	William Carey (Miss.)	46.91
LW: 1	SSAC	average 11.73
2	Denai WILSON JR 11.50w (2.4) 4/19 Jim Mize Invitat	
3	Tyeese SMITH JR 11.52 (1.5) 3/22 MissSt Relays	
15	Syniah SIMS SO 11.83w (2.6) 3/29 Southern Miss I	
35	Salieci MYLES SR 12.06w (2.4) 4/19 Jim Mize Invitat	
2	Dillard (La.)	47.74
LW: 2	HBCUAC	average 11.94
5	Kevell BYRD SR 11.64 (1.8) 4/12 HBCUAC	
18	Tori BURTON JR 11.85 (1.1) 4/12 HBCUAC	
37	Ta'nijal MATTHEWS SR 12.07w (2.6) 3/29 Southern Miss I	
54	Ta'nyia FLOWERS JR 12.18 (1.8) 4/12 HBCUAC	
3	Xavier (La.)	47.84
LW: 3	Red River	average 11.96
7	Breanna CLARKE SO 11.68w (3.4) 4/5 Davenport-Milb	
10	Jaelyn MITCHELL SO 11.71w (2.6) 3/22 Louisiana Cl.	
40	Nevaeh LACEY SO 12.09 (1.1) 4/11 Strawberry Rel	
93	Amari BARKLEY SO 12.36 (1.4) 4/11 Strawberry Rel	
4	St. Thomas (Fla.)	48.06
LW: 5	▲ 1 Sun Conference	average 12.02
14	Bri HAY FR 11.82w (3.6) 4/12 South Florida Ir	
21	Khila DARRISAW JR 11.92 (0.8) 4/19 STU Open 3	
37	Jordanne THOMAS FR 12.07 (1.8) 3/29 Texas Relays	
70	Dominique WILSON SO 12.25 (0.8) 4/19 STU Open 3	
5	Lindsey Wilson (Ky.)	48.24
LW: 4	▼ 1 Mid-South	average 12.06
9	Kayly GUTHRIE SR 11.69w (2.8) 4/12 South Florida Ir	
24	Hannah REID FR 11.96w (2.1) 3/22 Alan Connie Sh	
67	Jermani MORRIS FR 12.23w (3.0) 4/5 Tennessee Invit	
93	Jozlen BRISBON JR 12.36 (-0.4) 3/15 Cumberlands E	
6	British Columbia	48.69
LW: 6	Cascade	average 12.17
10	Debbie SULEMAN FR 11.71 4/12	
10	Hanna SOBKOWICH SR 11.71 (2.0) 4/6 Simon Fraser H	
	Tanya DHANOA SO 12.41 4/12	
	Audrey VENNESLAND FR 12.86 (2.0) 4/6 Simon Fraser H	
7	Warner (Fla.)	48.77
LW: 24	▲ 17 Sun Conference	average 12.19
13	Jahhi CLARKE-BLOOMFIELD SO 11.73w (2.4) 4/5 Embry-Riddle R	
48	Jasmin HORNES FR 12.14 (0.8) 4/19 STU Open 3	
	Stacy WHITE SO 12.41 (1.1) 4/5 Embry-Riddle R	
	Anaya FINDLAY SO 12.49 (1.2) 4/11 Keiser Twilight	
8	Southeastern (Fla.)	48.86
LW: 7	▼ 1 Sun Conference	average 12.22
4	Irmiris MENDEZ SR 11.56w (2.8) 4/12 South Florida Ir	
32	Alyssa MORLEY FR 12.04w (2.4) 4/5 Embry-Riddle R	
	Areeyanna BONDS FR 12.61w (2.4) 4/5 Embry-Riddle R	
	Emily POWELSON SO 12.65 (1.1) 3/22 South Florida A	
9	Evangel (Mo.)	48.88
LW: 11	▲ 2 KCAC	average 12.22
21	Morgan LILLY SO 11.92w (2.1) 4/17 Pittsburg State	
68	Alivia PARKER FR 12.24w (3.4) 3/29 SBU Bearcat In	
78	Delaney WEIMER SR 12.31w (3.7) 3/29 SBU Bearcat In	
	Taylor COLLINS JR 12.41w (3.4) 3/29 SBU Bearcat In	
10	Friends (Kan.)	49.02
LW: 8	▼ 2 KCAC	average 12.26
7	Tiyna RIDGE SO 11.68w (3.6) 3/22 TCU Invitationa	
54	Rhianna HILL FR 12.18w (3.8) 3/22 TCU Invitationa	
	Haidyn THOMPSON FR 12.52w (3.9) 4/12 Wichita State K	
	Valeria CRESPO FR 12.64w (3.9) 4/12 Wichita State K	
11	Talladega (Ala.)	49.03
LW: 9	▼ 2 HBCUAC	average 12.26
20	Lamoy DUFFUS SR 11.87 (1.8) 4/12 HBCUAC	
76	Dhaenia PINNOCK JR 12.30 (1.1) 4/12 HBCUAC	
85	Dhenecia PINNOCK JR 12.33 (1.1) 4/12 HBCUAC	
	Kishawna WALLACE SR 12.53 (1.8) 4/12 HBCUAC	
12	Columbia (S.C.)	49.04
LW: 15	▲ 3 AAC	average 12.26
30	Latrice BROWN SO 12.02w (2.9) 4/19 AAC	
54	Myikayla HOWARD SO 12.18w (2.9) 4/19 AAC	
82	Ashante SHAW SO 12.32 (1.9) 4/19 AAC	
	Kwamecia MARKS SO 12.52 (1.9) 4/19 AAC	
13	Ottawa (Kan.)	49.10
LW: 10	▼ 3 KCAC	average 12.28
33	Roy' Janae BROWN SO 12.05w (3.6) 3/28 Emporia State I	
50	Jordyn WEEMS SR 12.16w (2.2) 3/22 Spire Distance C	
97	Jah-Nisha CAMPBELL SO 12.37 (1.9) 4/12 Wichita State K	
	Aba SAM SO 12.52w (3.9) 4/12 Wichita State K	
14	Madonna (Mich.)	49.11
LW: --	WHAC	average 12.28
6	Ny'tierra HOBBS SR 11.65w (2.3) 3/29 Bobcat Invitati	
73	Kiara CARTER SR 12.26 (1.8) 3/29 Texas Relays	
	Kourtlyn CANNON JR 12.58 (1.9) 4/19 Elaine Leigh Inv	
	Robin DAVIS SO 12.62 (1.9) 4/19 Elaine Leigh Inv	



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15	Central Methodist (Mo.)	49.60	
LW: 12 ▼ 3	The Heart	average 12.40	
25	Zakiya PORTER	JR 11.97	(0.4) 4/11 Mule Relays (ou
	Zyaire ROBINSON	SR 12.39w	(2.6) 3/29 Central Method
	Maria SAHAGUN	FR 12.56	(0.4) 4/11 Mule Relays (ou
	Joana VAKASOBUDURU	JR 12.68	(0.0) 3/22 Missouri S&T Mi
16	Cumberlands (Ky.)	49.64	
LW: 22 ▲ 6	Mid-South	average 12.41	
25	Abia KANTE	SO 11.97	(1.3) 3/22 MissSt Relays
64	Lillian GUZMAN	SO 12.22	(-1.6) 4/19 Georgia Tech In
	Allie BRYSON	SO 12.65	(-0.4) 3/15 Cumberlands E
	A'Yana GRAY	JR 12.80w	(3.3) 4/12 The Gordon Boc
17	Our Lady of the Lake (Tex)	49.69	
LW: 13 ▼ 4	Red River	average 12.42	
40	Larrisa MCHENRY	SR 12.09w	(2.9) 3/22 UTSA Invitation
78	Zaniya DUFFIE	FR 12.31w	(3.9) 4/12 Cactus Cup
	Ariana ERICKSON	FR 12.63w	(2.9) 3/22 UTSA Invitation
	Kamdyn BURGESS	SO 12.66w	(2.7) 3/29 Trinity (Texas) I
18	Eastern Oregon	49.77	
LW: 16 ▼ 2	Cascade	average 12.44	
44	Sara MCKEN	SO 12.13	(0.6) 4/4 Whitworth Peac
70	Nora ROSCOE	SO 12.25	(0.6) 4/19 Larry Byerly Inv
	Karina DEYOUNG	SO 12.63	(-0.1) 4/19 Oregon Open (c
	Daisy ARELLANO-RANGEL	SO 12.76	(0.6) 4/19 Larry Byerly Inv
19	Doane (Neb.)	49.79	
LW: 17 ▼ 2	GPAC	average 12.45	
28	Neryah HEKL	SO 12.00	(1.0) 4/8 Doane Invitatio
35	RaeAnn THOMPSON	SO 12.06w	(2.9) 4/18 Jim Dutcher Me
	Morgan MAHONEY	JR 12.50	(1.0) 4/18 Jim Dutcher Me
	Abby FONTANA	SR 13.23w	(3.4) 3/28 Central Nebras
20	Marian (Ind.)	49.87	
LW: 19 ▼ 1	Crossroads	average 12.47	
93	ArmoneY CLAY	SO 12.36	(1.3) 4/12 Indiana Little S
	Hanna REUTER	JR 12.40w	(2.5) 4/19 Indiana State G
	Kathy SORIANO	SO 12.53	(1.4) 4/12 Indiana Little S
	Jovana MILOSEVIC	FR 12.58w	(2.5) 3/22 Polar Bear Invit
21	Florida Memorial	49.88	
LW: 17 ▼ 4	Sun Conference	average 12.47	
52	Amealia SMITH	SR 12.17	(0.8) 4/19 STU Open 3
	Shannon LEVY	SO 12.46	(0.4) 3/29 Hurricane Coll.
	Quanay'a JENKINS	SO 12.62	(1.0) 4/11 Keiser Twilight
	Olecia COLSTON	SO 12.63	(1.0) 4/11 Keiser Twilight
22	Olivet Nazarene (Ill.)	50.18	
LW: 20 ▼ 2	Chicagoland	average 12.54	
27	Carsyn BURDINE	JR 11.98	(1.9) 4/13 Olivet Nazarene
43	Tylar PARKER	FR 12.12	(1.4) 4/19 Indiana State G
	Hailey PERRINE	JR 12.99	(0.2) 4/13 Olivet Nazarene
	Ajadah TAYLOR	FR 13.09	(1.5) 4/5 Chicagoland Ol
23	Saint Mary (Kan.)	50.35	
LW: --	KCAC	average 12.59	
16	Gretchen RANEY	SR 11.84	(1.5) 3/28 Emporia State I
	Keiyah COLE	JR 12.43w	(2.2) 3/28 Emporia State I
	Deslyne COOPER	JR 12.68	(-0.9) 4/19 Kansas Relays
	Misty MOGENE	FR 13.40w	(2.2) 3/22 Spire Distance C
24	Oklahoma Panhandle Stat	50.36	
LW: 21 ▼ 3	SAC	average 12.59	
68	Breyanna KEMP	SO 12.24	(1.0) 4/12 Jo Meaker Clas.
	Ashlynn PEREZ	FR 12.42	(1.9) 4/12 Jo Meaker Clas.
	Paizlie REYNA-MATA	SO 12.65	(1.9) 4/12 Jo Meaker Clas.
	Akia BOWENS	FR 13.05	(1.7) 3/22 West Texas Rel
25	Mount Marty (S.D.)	50.60	
LW: 23 ▼ 2	GPAC	average 12.65	
74	Zelie SORENSEN	JR 12.27	(1.0) 4/8 Doane Invitatio
	Alexis EVEN	JR 12.50	(0.9) 4/12 Sioux City Relay
	Hilaria RODRIGUEZ	SO 12.71	(1.0) 4/8 Doane Invitatio
	Rachel ERK	FR 13.12w	(2.7) 4/16 Red Raider Ope
26	Northwestern (Iowa)	50.66	
LW: 33 ▲ 7	GPAC	average 12.66	
30	Tierney HUSS	FR 12.02w	(3.0) 4/16 Red Raider Ope
	Aleigh ZETTLE	FR 12.75w	(4.0) 4/16 Red Raider Ope
	Erin HEUSINKVELD	FR 12.90	(0.6) 4/16 Red Raider Ope
	Lauren WAYPA	SO 12.99	(0.6) 4/12 Sioux City Relay
27	College of Idaho	50.67	
LW: 14 ▼ 13	Cascade	average 12.67	
21	Charlotte BOWMAN	SR 11.92	(0.4) 3/15 Nighthawks Op
	Isis VILLAFANE	SO 12.65	(0.8) 3/15 Nighthawks Op
	Allison HORSLEY	JR 12.97	(0.8) 3/15 Nighthawks Op
	Stella GRAY	FR 13.13	(0.3) 4/4 Whitworth Peac
28	Siena Heights (Mich.)	50.71	
LW: 30 ▲ 2	WHAC	average 12.68	
28	Jenna-Ann JOHNSON	JR 12.00w	(2.4) 4/18 Hillsdale Gina F
	Terria FISHER	SR 12.69	(1.5) 4/5 Golden Grizzly I
	Jocie BERRY	JR 12.89w	(2.5) 4/18 Hillsdale Gina F
	Brooke SHARP	FR 13.13	(2.0) 4/5 Golden Grizzly I



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29	Montreat (N.C.)	50.88
LW: 32 ▲ 3	AAC	average 12.72
87	Saniya MILLER	SO 12.34w (2.9) 4/19 AAC
	Adrianna GULLETTE	SR 12.63 (2.0) 3/29 SWU GottaRun
	Emma BARNES	JR 12.94 (0.8) 3/22 Montreat College
	Lydia NORMAN	SO 12.97w (2.1) 3/29 SWU GottaRun
30	Dordt (Iowa)	50.99
LW: 57 ▲ 27	GPAC	average 12.75
	Kailee ALTENA	SO 12.44w (2.7) 4/16 Red Raider Open
	Caitlin VANDER KOOY	SO 12.70w (3.0) 4/16 Red Raider Open
	Lindsay GRAU	JR 12.84 (0.6) 4/16 Red Raider Open
	Emma RUSK	SO 13.01w (3.0) 4/16 Red Raider Open
31	Viterbo (Wis.)	51.02
LW: 25 ▼ 6	Chicagoland	average 12.76
	Lillia CHVATAL	SO 12.52w (3.6) 4/12 UW Oshkosh Inv
	Braylee HYATT	SO 12.55w (2.3) 4/18 UW-La Crosse E
	Kaylee MCLEOD	SO 12.58w (3.6) 4/12 UW Oshkosh Inv
	Lainey TEYNOR	JR 13.37w (3.6) 4/12 UW Oshkosh Inv
32	Indiana Tech	51.14
LW: 45 ▲ 13	WHAC	average 12.78
44	Kiya POGUE	SR 12.13 (1.0) 4/19 Indiana State G
	Jorden GORE	FR 12.56 (1.3) 4/12 Indiana Little S
	Andrea LAWRENCE	JR 13.21w (2.8) 4/12 Indiana Little S
	Lola DUNCAN	SO 13.24 (1.3) 4/19 Indiana State G
33	Aquinas (Mich.)	51.16
LW: 28 ▼ 5	WHAC	average 12.79
78	Maelie HOPE	SO 12.31 (1.4) 4/19 Al Owens Classi
	Isabel SPEARING	SR 12.67w (3.7) 4/5 GVSU Early
	Kariesue TAGHON	FR 13.08 (-0.1) 4/12 Davenport Pan
	Leah DECKER	JR 13.10 (0.8) 4/19 Al Owens Classi
34	Park (Mo.)	51.18
LW: 29 ▼ 5	The Heart	average 12.80
33	Mya CHARLES	SO 12.05 (2.0) 4/4 Emporia State I
97	Alexandria SHERMAN	FR 12.37 (1.2) 4/19 Kansas Relays
	Dawn MCINTYRE	JR 13.10 (1.5) 3/22 Spire Distance C
	Jayden DEMERITTE	SO 13.66w (2.2) 3/22 Spire Distance C
35	Truett-McConnell (Ga.)	51.21
LW: 37 ▲ 2	AAC	average 12.80
18	Myesha HALL	SR 11.85w (2.9) 4/19 AAC
	Brooke WILMOTH	JR 12.64 (1.9) 4/19 AAC
	Abigale SMITH	FR 13.06w (2.7) 4/19 AAC
	Destinee LOVEJOY	JR 13.66w (2.5) 3/22 Emory Spring B
36	Bethel (Ind.)	51.26
LW: 26 ▼ 10	Crossroads	average 12.82
	Nicanta SMITH	JR 12.47 (0.5) 4/4 Indiana Tech A
	Brianna HOOTON	SR 12.81 (0.5) 4/4 Indiana Tech A
	Sydney RODGERS	FR 12.87 (0.5) 4/4 Indiana Tech A
	Luisana ALONSO	SR 13.11 (1.4) 4/12 Indiana Little S
37	William Penn (Iowa)	51.26
LW: 27 ▼ 10	The Heart	average 12.82
	Ellasa HORTON	FR 12.47w (2.6) 3/29 Central Methoa
	Lilly OSTERT	SO 12.53 (1.0) 4/11 Jim Duncan Inv
	DeAvae ADDERLEY	SR 12.63 (1.0) 4/11 Jim Duncan Inv
	Allison READ	SR 13.63 (1.6) 3/22 Grand View Viki
38	Lawrence Tech (Mich.)	51.35
LW: 31 ▼ 7	WHAC	average 12.84
	Latrice WILLIAMS	FR 12.46w (2.4) 4/19 Aggie Invitatio
	Martina MONTERRAT-VILAR	FR 12.51 (1.7) 3/30 Yellow Jacket C
	Aniya ADAMS	SR 12.84w (2.2) 3/22 Polar Bear Invi
	Yasmine PRIESTER	FR 13.54w (2.5) 3/22 Polar Bear Invi
39	Spring Arbor (Mich.)	51.41
LW: 34 ▼ 5	Crossroads	average 12.85
	Hope TAYLOR	SO 12.57 (1.7) 3/22 Lee Invitationa
	Alyssa BUDD	SO 12.86 (0.8) 4/4 Spartan Invi
	Lonna PERNA	JR 12.94 (0.8) 4/4 Spartan Invi
	Shailin GOLDEN	SR 13.04 (0.8) 4/4 Spartan Invi
40	Brewton-Parker (Ga.)	51.45
LW: 35 ▼ 5	SSAC	average 12.86
54	Sidni DANIEL	FR 12.18 (1.6) 3/28 Thrills In The Hi
	Kameron NOBLE	JR 12.91 (-2.1) 4/5 UWG Legends I
	Sophia BROWN	FR 13.07 (-0.6) 4/5 UWG Legends I
	Danaysia ROBERTS	SO 13.29 (-0.2) 4/12 Georgia Showd
40	Southwestern (Kan.)	51.45
LW: 35 ▼ 5	KCAC	average 12.86
44	Kyah HILL	SR 12.13w (2.5) 3/29 Mark A. Phillips
	Meliah HANNA	SR 12.89 (0.9) 4/5 Friends Invi
	Alliah BELL	FR 13.13 (0.4) 3/13 Dean Pryor Invi
	Abigail ECKERT	FR 13.30w (3.9) 4/5 Friends Invi
42	Loyola (La.)	51.59
LW: 38 ▼ 4	SSAC	average 12.90
64	Jordyn MINOR	SO 12.22w (3.2) 3/29 Southern Miss I
	Tenosh LANDRY	FR 12.86 (1.8) 4/11 Strawberry Rel
	Khailee CALLOWAY	FR 13.05w (2.5) 3/29 Southern Miss I
	Kyli BAKER	FR 13.46 (-1.4) 3/22 Belhaven Invi



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43	Montana Tech	51.62
LW: 39 ▼ 4	Frontier	average 12.90
Jadyn VERMILLION	SR 12.41	(1.4) 3/27 Yellowjackets C
Ayla JANZEN	FR 12.44	(1.0) 3/27 Yellowjackets C
Grace EKNESS	FR 12.72	(1.0) 3/27 Yellowjackets C
Ellie ARON	SO 14.05	(1.4) 3/27 Yellowjackets C
44	Brescia (Ky.)	51.63
LW: --	River States	average 12.91
Jordyn CARDWELL	SR 12.45	(1.7) 3/22 Lee Invitationa
Alliyah THOMAS	SO 12.64w	(3.9) 4/18 Centre Twilight
Genesis GHIDE-BRYAN	SO 12.82w	(3.9) 4/18 Centre Twilight
McGee TIA	SO 13.72w	(2.1) 3/22 Lee Invitationa
45	Saint Mary-of-the-Woods (51.64)	
LW: 40 ▼ 5	River States	average 12.91
54 Kyla BRADBERRY	FR 12.18w	(2.2) 3/29 Pacesetter Spo
Hope MCGUIRE	SR 12.53w	(3.8) 3/29 Pacesetter Spo
Jaci STONE	JR 12.64	(1.9) 3/22 Rose-Hulman E
Keyshia ARMSTRONG	FR 14.29	(1.5) 4/12 Indiana Little S
46	Dakota State (S.D.)	51.71
LW: 48 ▲ 2	North Star	average 12.93
Molli THORNTON	SO 12.55	(0.4) 4/12 Minnesota Stat
Amelie STEINS	SO 12.66	(-0.1) 4/18 Maverick Invita
Bridget BARTLING	SO 13.24w	(3.0) 4/5 South Dakota E
Averie MARSHALL	FR 13.26	(1.2) 4/12 Minnesota Stat
47	UC Merced (Calif.)	51.74
LW: 41 ▼ 6	Cal Pac	average 12.94
87 Clarisel LOPEZ	SO 12.34	(0.0) 2/22 Sunbird Invitati
Joyce NICHET	FR 12.60	(0.2) 2/22 Sunbird Invitati
Nneka EGBUZIEM	FR 13.13	(0.2) 2/22 Sunbird Invitati
Jordynn LEWIS	JR 13.67	(0.6) 4/5 Brutus Hamilto
48	Wiley (Texas)	51.81
LW: 42 ▼ 6	HBCUAC	average 12.95
Ariel JOHNSON	SO 12.76	(1.8) 4/12 HBCUAC
Meeyesha TUTT-MOOTOUO	JR 12.90	(1.1) 4/12 HBCUAC
Kyla DEYON	SO 13.06	(1.8) 4/12 HBCUAC
Kaiden TAYLOR	SO 13.09w	(2.2) 3/15 McNeese Cowbo
49	Midland (Neb.)	51.83
LW: 48 ▼ 1	GPAC	average 12.96
Aurora GRIFFIN	FR 12.55w	(3.4) 3/28 Central Nebras
Dala DROWNE	SO 12.94w	(2.7) 4/16 Red Raider Ope
Rianna GREENE	FR 13.06w	(3.4) 3/23 Bethel (Kan.) C
Farrah WILSON	FR 13.28	(-0.8) 4/5 Friends Invitati
50	St. Ambrose (Iowa)	52.04
LW: 47 ▼ 3	Chicagoland	average 13.01
76 Sarah JORDAN	SO 12.30w	(3.6) 4/12 Mustang Distar
Tyasia WIGGINS-MILLER	FR 13.02	(1.4) 4/18 Augustana (Ill.)
Asia PEGUES-JARRETT	SO 13.27	(1.3) 4/5 Augustana Viki
Ja'Kniah LEWIS	SO 13.45	(1.4) 4/18 Augustana (Ill.)
51	Keiser (Fla.)	52.07
LW: 43 ▼ 8	Sun Conference	average 13.02
Destiny MCBROOM	FR 12.65	(1.0) 4/11 Keiser Twilight
Gracie ZACARIAS	FR 13.06	(0.5) 3/28 Thrills In The Hi
Jasheena OWENS	SO 13.16	(0.7) 3/22 Alan Connie Sh
Virginia TAN	FR 13.20	(0.0) 3/28 Thrills In The Hi
52	Rocky Mountain (Mont.)	52.14
LW: 44 ▼ 8	Frontier	average 13.04
40 Kellan WAHL	SR 12.09cw 2.06A	(3.4) 3/29 Al Manuel Inviti
Charlize DAVIS	SO 12.74	(1.8) 3/15 Battlin' Bears/
Baylee YOUNG	FR 13.07	(1.4) 3/27 Yellowjackets C
Michelle DALE	FR 14.24	(1.9) 3/22 Battlin' Bears/
52	Tennessee Wesleyan	52.14
LW: 50 ▼ 2	AAC	average 13.04
54 Grace CLEMENS	FR 12.18	(1.9) 4/19 AAC
Mckenna HUBBARD	FR 13.27w	(2.1) 3/22 Lee Invitationa
Ann MOSES	SO 13.32	(-0.1) 3/22 Lee Invitationa
Jakara TOBLER	SO 13.37	(-0.1) 3/22 Lee Invitationa
54	Saint Xavier (Ill.)	52.41
LW: 51 ▼ 3	Chicagoland	average 13.10
64 Emerson COLINS	JR 12.22w	(2.4) 4/18 Hillisdale Gina F
Amaya RIQUE	SO 12.69	(1.3) 4/13 Olivet Nazarene
Rashiya WARFIELD	SO 13.18	(1.3) 4/13 Olivet Nazarene
Sophia THOMAS	FR 14.32	(0.9) 4/5 Chicagoland O
55	Bushnell (Ore.)	52.43
LW: 46 ▼ 9	Cascade	average 13.11
Cyan KELSO-REYNOLDS	FR 12.66	(1.8) 4/12 John Knight Tw
Madeline DESEMONE	SR 12.96	(1.0) 4/5 Mike Fanelli Tr
Macayla PARRISH	SO 13.35	(0.0) 4/12 John Knight Tw
Trinity HAZELITT	SR 13.46	(0.9) 4/5 Mike Fanelli Tr
56	Arizona Christian	52.61
LW: 52 ▼ 4	GSAC	average 13.15
Georgia GOMEZ	FR 12.92w	(2.2) 3/15 Ross and Sharo
Rylan RHODES	FR 13.07	(-0.4) 4/12 Gaucho Collegi
Annabel JOHNSON	FR 13.31	(1.4) 4/5 UNLV Rebel Elit
Lucy LOVELACE	JR 13.31	(-1.3) 4/12 Gaucho Collegi



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57	Pikeville (Ky.)	52.75
LW: 56 ▼ 1	AAC	average 13.19
Heaven CARVER	SR 12.67	(1.9) 4/19 AAC
Carlie OSBORNE	FR 12.84w	(2.7) 4/19 AAC
Faith NEWSOM	JR 13.53	(0.0) 3/29 Landon Bond Ir
Jaida GARRETT	JR 13.71	(1.3) 3/22 Pioneer Invitati
58	Trinity Christian (Ill.)	52.79
LW: 61 ▲ 3	Chicagoland	average 13.20
Alysia ARIAS	JR 12.99	(1.3) 4/12 Mustang Distan
Aolani CANNON	FR 13.22w	(3.1) 4/18 Wisconsin Luth
Daniella KAMPS	FR 13.25	(0.9) 4/12 Mustang Distan
Maike DIONELA	FR 13.33w	(2.1) 4/12 Mustang Distan
59	Mount Mercy (Iowa)	52.80
LW: 53 ▼ 6	The Heart	average 13.20
Brooklyn JOHNSON	JR 12.72w	(3.4) 3/29 Central Method
Kaylee BUNN	FR 12.95	(1.0) 4/12 Mustang Distan
Gralynn MARTIN	FR 13.41	(1.3) 4/12 Mustang Distan
Kiah COFFIN	JR 13.72	(0.0) 4/19 DeBacker Invitc
60	Columbia (Mo.)	52.89
LW: 54 ▼ 6	AMC	average 13.22
Caleigh HUOT	SO 12.56w	(3.0) 3/15 Central Method
Gracie SCHULTZ	SR 12.90	(0.5) 4/18 Culver-Stocktor
Marianna TOMC	SO 13.57w	(2.2) 3/15 Central Method
Whitney SHINN	SO 13.86	(1.1) 4/11 Mule Relays (ou
61	Corban (Ore.)	53.24
LW: 55 ▼ 6	Cascade	average 13.31
Kirsten KUENZI	SO 12.40	(1.8) 4/12 John Knight Tw
Julianna BELL	FR 13.35	(1.6) 3/1 Willamette Ope
Jenna KONZELMAN	FR 13.64	(1.6) 3/1 Willamette Ope
Sadie SMITH	FR 13.85	(1.6) 3/1 Willamette Ope
62	Grace (Ind.)	53.65
LW: 58 ▼ 4	Crossroads	average 13.41
Kaitlyn STRIETELMEIER	FR 12.92	(1.4) 4/12 Indiana Little S
Emma CONRAD	SR 13.42w	(2.8) 4/12 Indiana Little S
Lillian RICHMOND	FR 13.57	(1.8) 4/12 Indiana Little S
Makayla NEAL	JR 13.74	(1.5) 4/12 Indiana Little S
63	Indiana Wesleyan	53.66
LW: 59 ▼ 4	Crossroads	average 13.42
97 Dylainey FLOYD	SO 12.37w	(2.2) 4/18 Rose-Hulman T
Lauren COPPERSMITH	JR 13.11w	(3.8) 3/29 Pacesetter Spo
Abby MATTHEWS	FR 13.17	(1.4) 4/12 Indiana Little S
Lillian CLANNIN	SR 15.01	(1.5) 4/12 Indiana Little S
64	Oregon Tech	53.79
LW: --	Cascade	average 13.45
Sydney SOSKIS	FR 12.54	(0.3) 4/5 Linfield Jenn Bc
Tiffany HUMPHERYS	FR 13.64c	(-3.5) 4/19 Oregon Tech In
Brooke ANDERSON	FR 13.72	(-1.1) 4/5 Linfield Jenn Bc
Sophia SMALL	FR 13.89	(-1.4) 4/5 Linfield Jenn Bc
64	The Master's (Calif.)	53.79
LW: 60 ▼ 4	GSAC	average 13.45
Juliette COLUNGA	SO 12.91	(1.8) 3/8 Oxy Distance Cc
Adjua GIBB GABRIEL	13.48w	(3.8) 3/14 Pat Ryan Invita
Ashleeley MILTON	JR 13.61	(0.3) 3/22 Westmont Colle
Joanne NOORDAM	FR 13.79	(1.5) 3/8 Oxy Distance Cc
66	Hannibal-LaGrange (Mo.)	54.28
LW: 62 ▼ 4	AMC	average 13.57
Breanne HAINES	JR 12.72	(0.5) 4/18 Culver-Stocktor
Tiah CUPP	SR 13.36	(0.2) 4/12 Greenville Sele
Addelyn THOMASON	FR 13.75w	(2.9) 3/15 Central Methoa
Jaynee DURST	SR 14.45	(1.6) 4/12 Greenville Sele
67	UHSP (Mo.)	54.35
LW: 63 ▼ 4	AMC	average 13.59
16 Leah MACON-FORD	FR 11.84w	(2.8) 3/29 Billiken Invitati
16 Leah MACON-FORD	FR 11.84w	(2.8) 3/29 Billiken Invitati
Arianna BUDUAN	JR 13.58w	(3.8) 3/29 Billiken Invitati
Arianna BUDUAN	JR 13.58w	(3.8) 3/29 Billiken Invitati
Jaliyah POTTS	FR 13.82w	(2.9) 3/15 Central Methoa
Jaliyah POTTS	FR 13.82w	(2.9) 3/15 Central Methoa
Janee JONES	FR 15.11	(-1.0) 3/28 SLU Speed/Pow
Janee JONES	FR 15.11	(-1.0) 3/28 SLU Speed/Pow
68	Stillman (Ala.)	54.74
LW: 64 ▼ 4	HBCUAC	average 13.68
Kerrigan CLARK	FR 13.13	(1.6) 3/9 UWA Invitation
Sarah GORDON	FR 13.83	(0.7) 3/9 UWA Invitation
London WOOLEY	JR 13.83	(1.8) 3/29 UAB Spring Tim
Kiera FUQUA-BROWN	SR 13.95	(1.1) 4/12 HBCUAC
69	Bluefield (Va.)	54.75
LW: 66 ▼ 3	AAC	average 13.69
Lana HACKLER	SO 12.62w	(2.7) 4/19 AAC
Alayshia GRIFFITH	13.81w	(2.2) 3/29 Dr. Jack M. Torr
Aurora HAYWOOD	FR 14.15w	(2.8) 3/29 Dr. Jack M. Torr
Emily SPAULDING	FR 14.17w	(2.2) 3/29 Dr. Jack M. Torr
70	Midway (Ky.)	55.03
LW: 65 ▼ 5	River States	average 13.76
Emilee CECIL	JR 12.61	(2.0) 4/12 NKU Norse Invit
Sarah BAKER	FR 14.02w	(2.7) 4/11 Asbury Invitatic
Machaiah POYNTER	FR 14.16w	(2.6) 4/12 NKU Norse Invit
Makayla BROOKS	JR 14.24	(-0.8) 3/29 Landon Bond Ir



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 100 Meters

as of 4/22/25 12:11 AM ET

71	Culver-Stockton (Mo.)	55.21
LW: --	The Heart	average 13.80
Emma SMITH	JR 12.56	(0.5) 4/18 Culver-Stockton
Victoria POLLARD	FR 13.04w	(3.4) 3/29 Central Methodist
Zoi SMITH	JR 14.74	(1.2) 4/5 Cornell College
Faith YOUNCE	SR 14.87w	(2.5) 4/18 Culver-Stockton
72	Graceland (Iowa)	56.03
LW: 67 ▼ 5	The Heart	average 14.01
Ambar FULGENCIO	JR 12.94	(1.6) 3/22 Grand View Viki
Deniyah LOCKMAN	SO 13.85w	(2.5) 3/22 Grand View Viki
Grace TESTERMAN	JR 14.34w	(2.3) 3/22 Grand View Viki
Kevia PETTUS	SO 14.90w	(2.1) 3/29 Central Methodist
73	Park (Ariz.)	56.05
LW: 68 ▼ 5	GSAC	average 14.01
Abrianna MCCASTER	FR 13.17	(-0.8) 4/12 Gaucho Collegi
Johanna JESSOP	SR 13.84	(-1.3) 4/12 Gaucho Collegi
Mikenzie KULISH	FR 14.25	(-1.3) 4/12 Gaucho Collegi
Rebekah SIPINGA	FR 14.79	(-1.3) 4/12 Gaucho Collegi
74	Williams Baptist (Ark.)	56.37
LW: 69 ▼ 5	AMC	average 14.09
Madison WESTBROOK	FR 14.03w	(3.3) 3/20 Ouachita Invita
Alyssa RUSSELL	JR 14.08w	(3.6) 3/20 Ouachita Invita
Dekyrah BANISTER	FR 14.11	(1.7) 3/20 Ouachita Invita
Brineka TAYLOR	FR 14.15	(1.9) 3/1 Hendrix Invitati



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 100 Meter Hurdles

as of 4/22/25 12:11 AM ET

1	Central Methodist (Mo.)	57.80
LW: 2 ▲ 1	The Heart	average 14.45
10	Renee FINKE SR 14.08 (1.9) 3/29 Central Method	
23	Parys SMITH SR 14.45 (1.9) 3/29 Central Method	
25	Haley BELLAMY JR 14.51 (-0.1) 4/19 Georgia Tech In	
39	Zaria JONES FR 14.76 (1.0) 4/18 Culver-Stockto	
2	St. Thomas (Fla.)	57.96
LW: 1 ▼ 1	Sun Conference	average 14.49
8	Nyrانيا BARR-MILLER FR 14.02w (2.1) 4/12 South Florida Ir	
15	Emma DIVERONICA SR 14.22w (3.5) 4/12 South Florida Ir	
19	Sariyah MORALES FR 14.31w (2.1) 4/12 South Florida Ir	
81	LaKeisha MANNING JR 15.41 (1.5) 4/4 STU Outdoor M	
3	Concordia (Neb.)	58.99
LW: 4 ▲ 1	GPAC	average 14.75
2	Adrianna RODENCAL JR 13.46w (2.3) 4/12 Bronco Invitatic	
36	Kayla SVOBODA JR 14.67w (3.3) 4/18 Jim Dutcher Me	
60	Isabelle SALTERS SR 15.14w (3.3) 4/18 Jim Dutcher Me	
	Laney DENNISTON FR 15.72w (2.3) 4/12 Bronco Invitatic	
3	Xavier (La.)	58.99
LW: 3	Red River	average 14.75
15	Jade HARRIS JR 14.22 (1.3) 4/11 Strawberry Rel	
30	Breanna CLARKE SO 14.56 (-1.0) 3/22 Louisiana Cl.	
55	Leojai HIBBERT SO 15.01 (1.3) 4/11 Strawberry Rel	
64	Kyla COLEMAN JR 15.20w (3.5) 4/5 Davenport-Milb	
5	Eastern Oregon	1:01.40
LW: 8 ▲ 3	Cascade	average 15.35
67	Skotlyn HILL SR 15.23w (2.5) 4/19 Oregon Open (c	
68	Sydney PECK JR 15.26 (0.7) 4/19 Larry Byerly Inv	
79	Gracie BIRKINBINE SO 15.38 (0.7) 4/19 Larry Byerly Inv	
94	Adrienne WASHINGTON JR 15.53w (3.5) 4/12 Northwest Naz	
6	Viterbo (Wis.)	1:01.58
LW: 5 ▼ 1	Chicagoland	average 15.40
27	Emily LUDWIG SO 14.54w (2.5) 4/12 UW Oshkosh Inv	
48	Emma JOHNSON SR 14.88w (2.3) 4/18 UW-La Crosse E	
68	Avery POPPE FR 15.26w (3.6) 4/18 UW-La Crosse E	
	Madelyn KASSULKE JR 16.90w (2.5) 4/12 UW Oshkosh Inv	
7	Olivet Nazarene (Ill.)	1:02.42
LW: 12 ▲ 5	Chicagoland	average 15.60
21	Kaylah MCCALL JR 14.40 (1.9) 4/19 Indiana State G	
81	Alonna NALLS SO 15.41 (1.7) 4/17 Hillsdale Mid-W	
	Olivia LENTZ FR 15.87 (-0.7) 4/19 Indiana State G	
	Madelyn HARRIS SO 16.74 (-0.6) 4/13 Olivet Nazarene	
8	Southeastern (Fla.)	1:02.45
LW: 6 ▼ 2	Sun Conference	average 15.61
5	Irmiris MENDEZ SR 13.91 (1.6) 4/5 Embry-Riddle R	
27	Talea GIFFORD FR 14.54 (1.9) 4/5 Embry-Riddle R	
	Jessica BROWN SO 16.44 (-0.4) 3/7 Tampa Spartar	
	Grace COGGINS FR 17.56 (0.9) 4/5 Embry-Riddle R	
9	British Columbia	1:02.48
LW: 7 ▼ 2	Cascade	average 15.62
31	Tanya DHANOA SO 14.59 4/12	
90	Amelia CHA SO 15.47 (-0.7) 3/22 Willie Williams/	
	Alessandra IONESCU-ZANETTI SO 15.96 4/12	
	Audrey VENNESLAND FR 16.46 4/12	
10	Saint Mary (Kan.)	1:02.54
LW: 9 ▼ 1	KCAC	average 15.64
24	Jordyn MILLER-KNUCKLES SO 14.48w (3.2) 4/12 Wichita State K	
66	Jane DUTEIL SR 15.22 (1.0) 3/22 Spire Distance (
77	Hope CRABTREE FR 15.34 (1.0) 3/22 Spire Distance (
	Kylee SIPES FR 17.50w (2.5) 4/19 Kansas Relays	
11	Doane (Neb.)	1:02.83
LW: 13 ▲ 2	GPAC	average 15.71
20	Josie GARRETT JR 14.33 (0.6) 4/11 DUAL: Doane-N	
65	Chaney NELSON SO 15.21 (1.5) 4/8 Doane Invitatio	
	Dayle HAAKE FR 16.05 (1.2) 4/18 Jim Dutcher Me	
	Lauren MALY FR 17.24w (2.7) 4/18 Jim Dutcher Me	
12	Clarke (Iowa)	1:03.06
LW: 10 ▼ 2	The Heart	average 15.76
13	Brei CHRISTOFFER SO 14.14w (2.3) 4/12 Mustang Distar	
59	Annemarie KOERNER SO 15.13w (2.3) 4/12 Mustang Distar	
	Blanca SIEMES FR 16.36 (1.7) 4/12 Mustang Distar	
	Grace ROIG SO 17.43w (3.1) 4/12 Mustang Distar	
13	Taylor (Ind.)	1:03.09
LW: 11 ▼ 2	Crossroads	average 15.77
46	Kiana SIEFERT JR 14.84w (2.8) 3/22 Polar Bear Invit	
91	Addie DRAPER SO 15.49 (-0.5) 4/12 Indiana Little S	
	Claire BAILEY SO 15.74 (0.2) 4/12 Indiana Little S	
	Brooklyn BIXLER SO 17.02 (-0.4) 4/12 Indiana Little S	
14	Hastings (Neb.)	1:03.35
LW: 18 ▲ 4	GPAC	average 15.84
68	Jaida ROWE JR 15.26 (0.1) 4/5 Friends Invitati	
81	Lucy CAREY FR 15.41w (2.4) 4/18 Jim Dutcher Me	
	Ava REESE FR 16.13w (4.0) 4/12 Bronco Invitatic	
	Zailee POULSON SR 16.55w (2.7) 4/18 Jim Dutcher Me	



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Women's 100 Meter Hurdles

as of 4/22/25 12:11 AM ET

15	Marian (Ind.)	1:03.73
LW: 16 ▲ 1	Crossroads	average 15.93
35	Nina MARINKOVIC	SO 14.63 (-0.2) 4/12 Indiana Little S
74	Brooke COFFMAN	SO 15.30 (-1.2) 4/5 Joe Walker Invi
	Bella DEAN	SO 16.78w (2.8) 3/29 Pacesetter Spo
	Taylor ASELAGÉ	FR 17.02 (1.2) 4/18 Rose-Hulman T
16	Our Lady of the Lake (Tex)	1:03.76
LW: 14 ▼ 2	Red River	average 15.94
34	Aziza CLARK	SO 14.62w (3.3) 4/12 Cactus Cup
84	Lori TURNER	SO 15.43 (1.7) 3/29 Trinity (Texas) I
	Ariana ERICKSON	FR 16.05 (1.7) 4/12 Cactus Cup
	Kymberli CAVAZOS	FR 17.66w (2.1) 3/22 UTSA Invitation
17	Indiana Tech	1:03.88
LW: 17	WHAC	average 15.97
11	Kiya POGUE	SR 14.10 (0.1) 4/19 Indiana State G
50	Kayla RORIE	FR 14.92 (0.2) 4/12 Indiana Little S
	Mattie FELL	SO 16.56 (-0.7) 4/19 Indiana State G
	Erionte CARLTON	SO 18.30 (-0.7) 4/4 Indiana Tech Ap
18	Dickinson State (N.D.)	1:03.99
LW: 15 ▼ 3	North Star	average 16.00
17	Kaitlyn MCCOLLY	SR 14.28 (1.9) 4/11 NDSU Spring Cl
	Zoey HEID	SO 16.18 (1.5) 3/22 Marauders Out
	Taytum STUHR	FR 16.63 (1.5) 3/22 Marauders Out
	Peyton MCLAUGHLIN	SO 16.90 (1.5) 4/6 Al Bortke Open
19	Mount Marty (S.D.)	1:05.42
LW: 19	GPAC	average 16.36
	Cassie HOHRMAN	SR 15.82w (4.0) 4/16 Red Raider Ope
	Andrea SUCHA	JR 16.37 (1.3) 4/12 Sioux City Relay
	Taylor HINOJOSA	JR 16.43 (1.5) 4/8 Doane Informatio
	Macala HOOD	JR 16.80w (2.9) 4/5 South Dakota E
20	Arizona Christian	1:06.44
LW: 20	GSAC	average 16.61
	Jade ROBERTS	SR 16.33 (-0.9) 4/12 Gaucho Collegi
	Shaylee QUENZER	FR 16.34 (-0.9) 4/12 Gaucho Collegi
	Niyema KEITH	FR 16.67 (1.3) 3/15 Ross and Sharo
	Abigayle HARVISTON	FR 17.10 (1.8) 4/5 UNLV Rebel Elit
21	Cornerstone (Mich.)	1:07.13
LW: 23 ▲ 2	WHAC	average 16.78
41	Katelynn DIX	JR 14.77 (1.0) 3/29 Billiken Informati
57	Mackenzie GOODWIN	JR 15.06 (-0.5) 4/19 Al Owens Classi
	Jordyn CRAKER	SO 18.56 (1.1) 4/19 Al Owens Classi
	Kenzie MEYER	SO 18.74 (1.1) 4/19 Al Owens Classi
22	College of Idaho	1:07.35
LW: 25 ▲ 3	Cascade	average 16.84
	Brooke LOWERY	SO 16.41w (3.4) 4/12 Northwest Naz
	Dakota BUSSEN	FR 16.93 (1.1) 4/4 Whitworth Pea
	Mattie SHIRTS	SO 16.95 (1.1) 4/4 Whitworth Pea
	Ruby STEWART	SR 17.06 (0.2) 3/15 Nighthawks Op
23	Bethel (Ind.)	1:07.40
LW: 21 ▼ 2	Crossroads	average 16.85
	Vladlena KLYMOVA	SR 15.94 (0.2) 4/12 Indiana Little S
	Alyssa SLOOP	FR 16.04 (-0.4) 4/12 Indiana Little S
	Haylie SKRIPAC	SO 17.50 (-0.4) 4/12 Indiana Little S
	Lauren EDISON	SO 17.92 (-0.2) 4/4 Indiana Tech Ap
24	UHSP (Mo.)	1:07.85
LW: 22 ▼ 2	AMC	average 16.96
	Taylor WASHINGTON	JR 15.73w (2.8) 3/29 Billiken Informati
	Taylor WASHINGTON	JR 15.73w (2.8) 3/29 Billiken Informati
	Mariah SCOTT	JR 16.98 (-0.6) 4/12 Greenville Sele
	Mariah SCOTT	JR 16.98 (-0.6) 4/12 Greenville Sele
	Adison PLAZEK	FR 17.03w (2.8) 3/29 Billiken Informati
	Adison PLAZEK	FR 17.03w (2.8) 3/29 Billiken Informati
	Paulina GUTIERREZ-TREJO	SO 18.11 (0.6) 3/29 Billiken Informati
	Paulina GUTIERREZ-TREJO	SO 18.11 (0.6) 3/29 Billiken Informati
25	Tennessee Wesleyan	1:08.59
LW: 27 ▲ 2	AAC	average 17.15
7	Samantha DEGRACE	FR 14.01w (2.7) 4/19 AAC
	Ann MOSES	SO 16.37w (2.7) 4/19 AAC
	Lisa SCHOEN	FR 16.59w (2.7) 4/19 AAC
	Chloe DAILEY	FR 21.62 (0.3) 4/12 Fast Break Athl
26	Carroll (Mont.)	1:08.62
LW: 24 ▼ 2	Frontier	average 17.16
	Claire BUCKLIN	FR 16.42c 6.38A (1.3) 3/29 Al Manuel Invi
	Katelyn CHRISTENSEN	JR 17.12c 7.08A (0.1) 3/29 Al Manuel Invi
	Anna HUME	FR 17.26c 7.22A (1.3) 3/29 Al Manuel Invi
	Rebecca MIDDLETON	SO 17.82c 7.78A (1.3) 3/29 Al Manuel Invi
27	Jamestown (N.D.)	1:08.91
LW: 26 ▼ 1	North Star	average 17.23
68	Paige ERHARDT	SR 15.26w (3.6) 4/11 NDSU Spring Cl
	Sara BONN	SR 16.98w (3.3) 4/11 NDSU Spring Cl
	Ella GERMUNDSON	FR 17.21w (2.1) 4/19 Al Cassell Class
	Madalyn NEUMANN	FR 19.46 (1.5) 3/22 Marauders Out
28	Dillard (La.)	1:09.32
LW: 28	HBCUAC	average 17.33
96	Laila JOHNSON	FR 15.59 (-1.0) 3/22 Louisiana Cl.
	Darnee WILLIAMS	JR 16.92 (-1.0) 3/22 Louisiana Cl.
	Trinity MARSHALL	JR 17.49 (-0.2) 3/22 Louisiana Cl.
	Shaloni WALKER	FR 19.32 (-1.5) 4/12 HBCUAC



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Women's 100 Meter Hurdles

as of 4/22/25 12:11 AM ET

29	Midway (Ky.)	1:13.13
LW: 29	River States	average 18.28
Kash RICE	SO 16.76w	(2.5) 3/29 Landon Bond Ir
Maddi REED	FR 17.41	(1.2) 3/29 Landon Bond Ir
Sarah BAKER	FR 19.39	(1.3) 4/12 NKU Norse Invit
Brianna TRIGG	FR 19.57	(0.7) 4/11 Asbury Invitatic



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 200 Meters

as of 4/22/25 12:11 AM ET

1	St. Thomas (Fla.)	1:38.18
LW: 1	Sun Conference	average 24.54
3	Tonyan BECKFORD	FR 23.74 (-0.1) 3/22 UCF Black/Gold
17	Khila DARRISAW	JR 24.50w (2.7) 4/12 South Florida Ir
28	Nyrania BARR-MILLER	FR 24.89w (2.4) 4/12 South Florida Ir
41	Jordanne THOMAS	FR 25.05 (0.7) 4/4 STU Outdoor M
2	William Carey (Miss.)	1:38.92
LW: 2	SSAC	average 24.73
5	Denai WILSON	JR 23.88 (0.7) 3/22 MissSt Relays
32	Tyeese SMITH	JR 24.92 (-0.2) 3/22 MissSt Relays
39	Ja'Niya MCDONALD	JR 24.99 (-0.4) 3/22 MissSt Relays
51	Syniah SIMS	SO 25.13w (2.6) 4/19 Jim Mize Invitat
3	Central Methodist (Mo.)	1:39.33
LW: 3	The Heart	average 24.83
13	Zakiya PORTER	JR 24.46w (4.0) 3/29 Central Method
14	Joana VAKASOBUDURU	JR 24.48w (3.1) 3/29 Central Method
48	Diane ONDOBO	JR 25.12w (4.0) 3/29 Central Method
61	Aroa CARBALLO	FR 25.27 (0.4) 4/19 Georgia Tech In
4	Lindsey Wilson (Ky.)	1:39.52
LW: 6	2 Mid-South	average 24.88
9	Kayly GUTHRIE	SR 24.30w (3.7) 4/5 Tennessee Invit
10	Hannah REID	FR 24.32w (3.2) 4/12 South Florida Ir
73	Jermani MORRIS	FR 25.36 (-1.0) 4/19 Georgia Tech In
95	Kyra ENGEL	JR 25.54w (2.8) 4/5 Tennessee Invit
5	Dillard (La.)	1:39.74
LW: 4	1 HBCUAC	average 24.94
7	Kevell BYRD	SR 24.20 (1.4) 3/29 Southern Miss I
25	Tori BURTON	JR 24.75 (0.2) 4/12 HBCUAC
41	Ta'nijal MATTHEWS	SR 25.05w (2.8) 4/12 HBCUAC
	Ta'nyia FLOWERS	JR 25.74 (0.2) 4/12 HBCUAC
6	Cumberlands (Ky.)	1:39.97
LW: 5	1 Mid-South	average 24.99
4	Abia KANTE	SO 23.83w (3.1) 3/29 Central Method
23	Lillian GUZMAN	SO 24.68w (4.0) 3/29 Central Method
85	Mya HINES	SO 25.43 (0.8) 4/5 Electric City Inv
	A'Yana GRAY	JR 26.03 (0.0) 3/15 Cumberlands E
7	Xavier (La.)	1:40.29
LW: 7	Red River	average 25.07
11	Jaelyn MITCHELL	SO 24.38 (0.6) 3/22 Louisiana Cl.
43	Jordan BLAIR	FR 25.06w (2.7) 3/29 Southern Miss I
57	Nevaeh LACEY	SO 25.20 (1.2) 4/11 Strawberry Rel
	Hannah STOUTMIRE	JR 25.65 (1.4) 4/11 Strawberry Rel
8	Madonna (Mich.)	1:40.38
LW: 9	1 WHAC	average 25.10
8	Charity JONES	SR 24.22 (0.8) 3/29 Bobcat Invitati
19	Ny'tierra HOBBS	SR 24.56 (1.3) 3/29 Bobcat Invitati
79	Kiara CARTER	SR 25.39 (0.4) 3/29 Bobcat Invitati
	Kourtlyn CANNON	JR 26.21w (2.7) 4/19 Elaine Leigh Inv
9	Cumberland (Tenn.)	1:40.71
LW: 8	1 Mid-South	average 25.18
2	Praise IDAMADUDU	SR 23.64w (2.4) 4/5 Tennessee Invit
44	Ifunanya MUOGHALU	JR 25.08w (2.5) 4/5 Tennessee Invit
	Isabella LEHTINEN	FR 25.62w (3.0) 4/5 Tennessee Invit
	Leesa MUTANDWA	JR 26.37w (2.7) 3/29 UAB Spring Tim
10	Columbia (S.C.)	1:41.49
LW: 23	13 AAC	average 25.37
20	Latrice BROWN	SO 24.59w (3.1) 4/19 AAC
56	Myikayla HOWARD	SO 25.19w (3.1) 4/19 AAC
	Ashante SHAW	SO 25.63w (3.1) 4/19 AAC
	Kwamecia MARKS	SO 26.08 (1.0) 4/19 AAC
11	Indiana Tech	1:41.68
LW: 10	1 WHAC	average 25.42
37	Junae BENNETT	JR 24.97w (2.5) 4/12 Indiana Little S
59	Aaliyah FREDERICK	SO 25.21 (1.6) 4/12 Indiana Little S
	Kiya POGUE	SR 25.74 (1.6) 4/12 Indiana Little S
	Tamia TAYLOR	FR 25.76 (-0.9) 4/12 Indiana Little S
12	Olivet Nazarene (Ill.)	1:41.69
LW: 11	1 Chicagoland	average 25.42
12	Carsyn BURDINE	JR 24.44 (0.0) 4/13 Olivet Nazarene
27	Tylar PARKER	FR 24.85 (0.0) 4/13 Olivet Nazarene
	Kristen GARTH	SO 25.75 (0.0) 4/13 Olivet Nazarene
	Laurel MUNSON	FR 26.65 (1.4) 4/5 Chicagoland O
13	Marian (Ind.)	1:41.99
LW: 13	Crossroads	average 25.50
55	Jovana MILOSEVIC	FR 25.16 (0.8) 4/5 Joe Walker Invi
63	Hanna REUTER	JR 25.28 (0.3) 4/5 Joe Walker Invi
98	Emma EDWARDS	FR 25.56w (2.7) 3/29 Pacesetter Spo
	Kathy SORIANO	SO 25.99 (2.0) 3/29 Pacesetter Spo
14	Park (Mo.)	1:42.24
LW: 14	The Heart	average 25.56
45	Rosjai CURTIS	FR 25.10 (0.5) 4/12 Wichita State K
67	Alexandria SHERMAN	FR 25.32w (3.5) 4/12 Wichita State K
	Mya CHARLES	SO 25.75 (1.2) 3/22 Spire Distance C
	Faith KLAMM	JR 26.07w (3.2) 4/12 Wichita State K



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Women's 200 Meters

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15	Doane (Neb.)	1:42.34
LW: 17 ▲ 2	GPAC	average 25.58
48	RaeAnn THOMPSON	SO 25.12w (2.3) 4/8 Doane Invitatio
73	Kat VOGT	JR 25.36 (0.0) 4/11 DUAL: Doane-N
	Chaney NELSON	SO 25.87 (1.8) 4/18 Jim Dutcher Me
	Morgan MAHONEY	JR 25.99w (2.3) 4/8 Doane Invitatio

16	Eastern Oregon	1:42.35
LW: 12 ▼ 4	Cascade	average 25.59
28	Sara MCKEN	SO 24.89 (0.6) 4/4 Whitworth Peac
31	Nora ROSCOE	SO 24.90 (0.4) 4/19 Larry Byerly Inv
	Adrienne WASHINGTON	JR 26.07 (0.8) 4/4 Whitworth Peac
	Karina DEYOUNG	SO 26.49 (0.3) 4/19 Oregon Open (c

17	Ottawa (Kan.)	1:42.44
LW: 15 ▼ 2	KCAC	average 25.61
28	Jordyn WEEMS	SR 24.89 (1.5) 4/19 Kansas Relays
63	Roy'Janae BROWN	SO 25.28 (2.0) 3/22 Spire Distance c
78	Jah-Nisha CAMPBELL	SO 25.37w (2.5) 4/12 Wichita State K
	Peyton HIRACHETA	FR 26.90 (0.5) 3/22 Spire Distance c

18	Evangel (Mo.)	1:42.50
LW: 22 ▲ 4	KCAC	average 25.62
51	Morgan LILLY	SO 25.13w (3.8) 4/17 Pittsburg State
	Delaney WEIMER	SR 25.72w (2.6) 3/29 SBU Bearcat In
	Taylor COLLINS	JR 25.79 (2.0) 4/17 Pittsburg State
	Alivia PARKER	FR 25.86w (2.8) 4/17 Pittsburg State

19	Oklahoma Panhandle Stat	1:42.56
LW: 16 ▼ 3	SAC	average 25.64
34	Breyanna KEMP	SO 24.94 (1.8) 4/12 Jo Meaker Clas
57	Jamiah CLAY	SR 25.20w (3.9) 3/22 West Texas Rel
	Paizlie REYNA-MATA	SO 26.10w (3.9) 3/22 West Texas Rel
	Ashlynn PEREZ	FR 26.32w (3.2) 3/22 West Texas Rel

20	Southeastern (Fla.)	1:43.18
LW: 19 ▼ 1	Sun Conference	average 25.80
6	Irmiris MENDEZ	SR 24.08 (1.8) 4/12 South Florida Ir
	Areeyanna BONDS	FR 25.84 (1.2) 4/5 Embry-Riddle R
	Alyssa MORLEY	FR 26.09 (-1.9) 3/30 SSU Tiger Oran
	Ariyah SMITH	SO 27.17 (2.0) 3/22 South Florida A

21	Our Lady of the Lake (Tex	1:43.30
LW: 20 ▼ 1	Red River	average 25.82
63	Larrisa MCHENRY	SR 25.28w (2.8) 3/22 UTSA Invitation
	Autumn ROBERTS	SR 25.91w (3.9) 4/12 Cactus Cup
	Zaniya DUFFIE	FR 26.00w (3.9) 4/12 Cactus Cup
	Jadae FREEMAN	SO 26.11w (4.0) 3/22 UTSA Invitation

22	Talladega (Ala.)	1:43.39
LW: 21 ▼ 1	HBCUAC	average 25.85
26	Lamoy DUFFUS	SR 24.82w (2.4) 4/12 HBCUAC
	Dhenecia PINNOCK	JR 25.70 (-1.3) 4/5 UWG Legends I
	Kishawna WALLACE	SR 26.39w (2.8) 4/12 HBCUAC
	Dhaenia PINNOCK	JR 26.48 (-2.7) 3/29 Morehouse Rel

23	Spring Arbor (Mich.)	1:44.08
LW: 24 ▲ 1	Crossroads	average 26.02
73	Tanana EMMENDORFER	FR 25.36w (2.2) 3/22 Lee Invitationa
	Kylie BROWN	JR 25.98 (-1.2) 4/12 SAU Bill Bippes
	Hope TAYLOR	SO 26.09 (-1.2) 4/12 SAU Bill Bippes
	Shailin GOLDEN	SR 26.65w (2.2) 3/22 Lee Invitationa

24	Friends (Kan.)	1:44.26
LW: 25 ▲ 1	KCAC	average 26.06
88	Rhianna HILL	FR 25.45w (3.5) 4/12 Wichita State K
	Naomi VAGHER	SO 25.64w (3.1) 4/12 Wichita State K
	Haidyn THOMPSON	FR 26.55 (0.8) 4/19 KWU Coyote Cl
	Valeria CRESPO	FR 26.62 (0.8) 4/19 KWU Coyote Cl

25	Tennessee Wesleyan	1:44.29
LW: 37 ▲ 12	AAC	average 26.07
33	Grace CLEMENS	FR 24.93w (3.1) 4/19 AAC
68	Samantha DEGRACE	FR 25.33w (3.1) 4/19 AAC
	Jakara TOBLER	SO 26.68 (0.1) 4/19 AAC
	Mckenna HUBBARD	FR 27.35 (1.0) 3/28 Thrills In The Hi

26	College of Idaho	1:44.29
LW: 18 ▼ 8	Cascade	average 26.07
38	Charlotte BOWMAN	SR 24.98 (1.0) 3/22 Oregon Preview
	Isis VILLAFANE	SO 26.03 (0.6) 3/15 Nighthawks Op
	Stella GRAY	FR 26.44 (0.8) 4/4 Whitworth Peac
	Alexis THRALL	FR 26.84 (0.6) 3/15 Nighthawks Op

27	Northwestern (Iowa)	1:44.34
LW: 28 ▲ 1	GPAC	average 26.08
45	Tierney HUSS	FR 25.10w (2.2) 4/5 South Dakota E
73	Emma BLUM	JR 25.36 (0.0) 4/16 Red Raider Ope
	Aleigh ZETTLE	FR 26.69 (-0.7) 4/12 Sioux City Relay
	Jordan SHULL	FR 27.19w (3.7) 4/5 South Dakota E

28	MidAmerica Nazarene (Ka	1:44.42
LW: 26 ▼ 2	The Heart	average 26.10
89	Daizy SOLIR	SR 25.48w (3.1) 3/29 Central Methoa
	Janiah NICHOLSON	SR 25.93 (0.9) 4/12 Carl Kight Invi
	Reanna GREEN	SR 26.38 (0.9) 4/12 Carl Kight Invi
	Joslyn GRIFFIN	FR 26.63 (0.5) 3/22 Spire Distance c



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29	Mount Marty (S.D.)	1:44.65
LW: 27 ▼ 2	GPAC	average 26.16
71	Zelie SORENSEN JR 25.34w (2.3) 4/8 Doane Invitatio	
85	Alexis EVEN JR 25.43 (-0.7) 4/12 Sioux City Relay	
	Hilaria RODRIGUEZ SO 26.65w (2.3) 4/8 Doane Invitatio	
	Lexa BURTZLAFF SR 27.23w (3.5) 4/8 Doane Invitatio	
30	Dakota State (S.D.)	1:44.77
LW: 39 ▲ 9	North Star	average 26.19
68	Raylee WALLIS JR 25.33w (2.3) 4/12 Minnesota Stat	
	Molli THORNTON SO 26.08 OT (3.4) 3/28 Wildcat Classic	
	Amelie STEINS SO 26.53 (0.6) 4/16 NSAA	
	Averie MARSHALL FR 26.83 (1.9) 4/18 Maverick Invita	
31	Saint Mary-of-the-Woods (1:44.93)	
LW: 30 ▼ 1	River States	average 26.23
16	Kyla BRADBERRY FR 24.49 (0.6) 4/18 Rose-Hulman T	
	Hope MCGUIRE SR 26.20w (2.7) 3/29 Pacesetter Spo	
	Jaci STONE JR 26.96w (2.5) 4/12 Indiana Little S	
	Alexandra HERNANDEZ FR 27.28 (2.0) 3/29 Pacesetter Spo	
32	Saint Mary (Kan.)	1:44.99
LW: 29 ▼ 3	KCAC	average 26.25
21	Gretchen RANEY SR 24.65 (1.8) 3/28 Emporia State I	
	Deslyne COOPER JR 25.64w (2.5) 4/12 Wichita State K	
	Keiyah COLE JR 25.95w (2.4) 4/4 Emporia State I	
	Misty MOGENE FR 28.75w (2.4) 3/22 Spire Distance C	
33	Reinhardt (Ga.)	1:45.04
LW: 35 ▲ 2	AAC	average 26.26
	Kenadi AKER SO 25.77w (3.1) 4/19 AAC	
	Abigail BELL FR 25.96 (1.0) 4/19 AAC	
	Lydiana STYLES SO 26.34 (1.0) 4/19 AAC	
	Makenzie CUMBEE FR 26.97 (1.7) 3/28 Thrills In The Hi	
34	Concordia (Neb.)	1:45.08
LW: 43 ▲ 9	GPAC	average 26.27
99	Kiki NYANOK SO 25.59w (2.3) 4/12 Bronco Invitatio	
	Kennedee CANALES FR 26.30 (1.8) 4/18 Jim Dutcher Me	
	Coral COLLINS FR 26.44w (2.3) 4/12 Bronco Invitatio	
	Josi NOBLE JR 26.75 (1.8) 4/18 Jim Dutcher Me	
34	Montreat (N.C.)	1:45.08
LW: 32 ▼ 2	AAC	average 26.27
	Saniya MILLER SO 25.68w (3.1) 4/19 AAC	
	Emma BARNES JR 25.85 (0.8) 4/5 Electric City Inv	
	Adrianna GULLETTE SR 26.48 (1.8) 3/29 SWU GottaRun	
	Jessica GAKERI SR 27.07 (0.5) 3/29 SWU GottaRun	
36	Southwestern (Kan.)	1:45.23
LW: 38 ▲ 2	KCAC	average 26.31
21	Kyah HILL SR 24.65w (3.3) 3/13 Dean Pryor Invi	
	Meliah HANNA SR 25.72w (3.8) 4/17 Pittsburg State	
	Alliah BELL FR 27.23w (3.2) 3/13 Dean Pryor Invi	
	Abigail ECKERT FR 27.63w (4.0) 3/29 Mark A. Phillips	
37	Siena Heights (Mich.)	1:45.36
LW: 49 ▲ 12	WHAC	average 26.34
40	Jenna-Ann JOHNSON JR 25.00w (2.5) 4/18 Hillsdale Gina F	
	Terria FISHER SR 26.70 (-1.2) 4/12 SAU Bill Bippes	
	Jocie BERRY JR 26.75 (2.0) 4/18 Hillsdale Gina F	
	Faith JACKSON SR 26.91w (2.6) 4/18 Hillsdale Gina F	
38	Saint Xavier (Ill.)	1:45.44
LW: 31 ▼ 7	Chicagoland	average 26.36
	Emerson COLINS JR 25.66w (2.5) 3/29 Billiken Invitati	
	Amaya RIQUE SO 25.80 (0.0) 4/13 Olivet Nazarene	
	Olivia MATHIS JR 26.52 (0.6) 4/5 Chicagoland O	
	Rashiya WARFIELD SO 27.46 (0.0) 4/5 Chicagoland O	
39	Brewton-Parker (Ga.)	1:45.62
LW: 33 ▼ 6	SSAC	average 26.40
	Sidni DANIEL FR 25.65 (-1.2) 3/28 Thrills In The Hi	
	Kendra PAYNE FR 25.79 (0.2) 3/28 Thrills In The Hi	
	Kameron NOBLE JR 26.95 (0.8) 3/28 Thrills In The Hi	
	Danaysia ROBERTS SO 27.23 (0.6) 3/28 Thrills In The Hi	
40	Florida Memorial	1:45.66
LW: 34 ▼ 6	Sun Conference	average 26.42
35	Shanise ELLIS FR 24.95 (0.8) 4/5 Embry-Riddle R	
	Serina ROSE SR 25.96 (0.8) 3/29 Hurricane Coll.	
	Aylannah BAKER FR 27.03 (0.3) 3/8 St. Thomas Unc	
	Quanay'a JENKINS SO 27.72 (0.7) 4/19 STU Open 3	
41	Brenau (Ga.)	1:45.95
LW: 36 ▼ 5	AAC	average 26.49
	Kamryn CHAMBLISS JR 26.11 (1.0) 3/22 Emory Spring B	
	Madison KITSON FR 26.24 (-0.1) 3/22 Emory Spring B	
	Kendra MARTIN SO 26.44 (0.7) 3/28 Thrills In The Hi	
	Kyla LAURENT FR 27.16 (1.6) 3/22 Emory Spring B	
42	Dordt (Iowa)	1:46.10
LW: 42	GPAC	average 26.52
99	Kailee ALTENA SO 25.59 OT (3.4) 3/28 Wildcat Classic	
	Ryli THOMPSEN FR 26.70w (2.7) 4/12 South Dakota C	
	Caitlin VANDER KOOY SO 26.76 (0.0) 4/16 Red Raider Ope	
	Ada DEKKERS FR 27.05 OT (3.4) 3/28 Wildcat Classic	



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43	Truett-McConnell (Ga.)	1:46.43
LW: 41 ▼ 2	AAC	average 26.61
18	Myesha HALL	SR 24.55 (0.8) 4/5 Joe Walker Invit
	Brooke WILMOTH	JR 26.69 (1.0) 4/19 AAC
	Autumn SHEPHERD	SR 27.45 (1.5) 4/5 Joe Walker Invit
	Emma HEFNER	FR 27.74 (1.6) 4/5 Joe Walker Invit
44	Viterbo (Wis.)	1:46.45
LW: 40 ▼ 4	Chicagoland	average 26.61
	Avery POPPE	FR 25.83 (0.5) 3/29 Billiken Invitati
	Braylee HYATT	SO 26.33w (2.8) 4/12 UW Oshkosh Inv
	Pearla TEKO-FOLLY	SO 26.96 (0.5) 3/29 Billiken Invitati
	Emma JOHNSON	SR 27.33w (2.7) 4/5 Mississippi Rive
45	Indiana Wesleyan	1:46.66
LW: 50 ▲ 5	Crossroads	average 26.66
53	Dylainey FLOYD	SO 25.14 (0.6) 4/18 Rose-Hulman T
	Emma HARBERT	SR 26.00w (2.7) 3/29 Pacesetter Spo
	Anna VIE	SO 27.53 (1.0) 3/22 Polar Bear Invit
	Abby MATTHEWS	FR 27.99 (2.0) 3/29 Pacesetter Spo
46	Kansas Wesleyan	1:47.09
LW: 44 ▼ 2	KCAC	average 26.77
	Brionna FLOYD	SO 26.27 (1.2) 4/12 Wichita State K
	Julie ROTTINGHAUS	SO 26.36w (2.2) 4/12 Wichita State K
	Markyla SHAW	FR 27.05 (0.8) 4/19 KWU Coyote Clc
	Lauryn MIKKELSON	FR 27.41w (2.7) 3/28 Emporia State I
47	Huston-Tillotson (Texas)	1:47.10
LW: 45 ▼ 2	Red River	average 26.78
36	Ayanna JOHNSON	SO 24.96 (1.9) 4/17 Angelo State In
	Jazmyne WHITE	SO 26.91 (0.4) 3/29 Bobcat Invitati
	Dejah OKONJI	JR 27.61 (1.2) 3/22 PVAMU Relays
	Jariah JACKSON-SIMON	FR 27.62 (1.9) 3/22 PVAMU Relays
48	Rocky Mountain (Mont.)	1:47.24
LW: --	Frontier	average 26.81
	Kellan WAHL	SR 26.07c 6.00A (0.0) 3/29 Al Manuel Invitc
	Tyne STOKES	JR 26.95 (0.7) 4/19 Blue Hawk Gar
	Baylee YOUNG	FR 27.08 (0.0) 3/22 Battlin' Bears/y
	Charlize DAVIS	SO 27.14c 7.07A (0.0) 3/29 Al Manuel Invitc
49	Taylor (Ind.)	1:47.50
LW: 46 ▼ 3	Crossroads	average 26.88
	Nicole DOMENE	SO 25.74w (2.5) 4/12 Indiana Little S
	Jessie BEAUMONT	SO 26.95w (3.4) 4/12 Indiana Little S
	Addie DRAPER	SO 27.17 (-0.9) 4/12 Indiana Little S
	Claire BAILEY	SO 27.64 (1.5) 4/12 Indiana Little S
50	Southwestern Christian (1:47.70
LW: 47 ▼ 3	SAC	average 26.92
79	Carissa BURNS	SR 25.39 (0.0) 4/10 Red Raven Invit
	Anouchka CAKPO	SO 26.01 (1.8) 4/12 Carl Kight Invit
	Jayden MASON	JR 28.01 (1.5) 4/10 Red Raven Invit
	Camryn MILLER	FR 28.29 (1.5) 4/10 Red Raven Invit
51	Rio Grande (Ohio)	1:47.75
LW: 48 ▼ 3	River States	average 26.94
85	Kylie MONTGOMERY	FR 25.43 (0.1) 4/4 Golden Eagle Ir
	Paris DEBORD	JR 27.15 (-0.8) 3/29 Carnegie Mello
	Kendra GROOMS	SR 27.24w (2.8) 4/12 Craddock-Lync
	Jayden ROACH	SR 27.93 (0.1) 4/4 Golden Eagle Ir
52	Cornerstone (Mich.)	1:48.37
LW: 51 ▼ 1	WHAC	average 27.09
73	Hallie KOOYER	SO 25.36 (0.4) 3/29 Billiken Invitati
	Kendra POSTEMA	SO 26.42 (-1.3) 4/12 Calvin Invite
	Emma KOSTER	JR 27.75 (0.6) 4/5 GVSU Early
	Jordyn CRAKER	SO 28.84 (-2.0) 4/19 Al Owens Classi
53	William Penn (Iowa)	1:48.53
LW: 72 ▲ 19	The Heart	average 27.13
	DeAvae ADDERLEY	SR 26.01 (1.6) 4/11 Jim Duncan Inv
	Ellasa HORTON	FR 26.87 (0.6) 4/11 Jim Duncan Inv
	Ellysse JOHNS	FR 27.28w (3.1) 4/18 Culver-Stockto
	Allison READ	SR 28.37 (1.4) 4/18 Culver-Stockto
54	Aquinas (Mich.)	1:48.61
LW: 52 ▼ 2	WHAC	average 27.15
	Isabel SPEARING	SR 26.62 (-0.1) 3/22 UCF Black/Golc
	Leah DECKER	JR 26.86 (0.3) 4/19 Al Owens Classi
	Kariesue TAGHON	FR 27.39 (0.6) 4/19 Al Owens Classi
	Lindsey STRUTZ	JR 27.74w (3.1) 4/12 Davenport Pan
55	Pikeville (Ky.)	1:48.69
LW: 60 ▲ 5	AAC	average 27.17
	Heaven CARVER	SR 26.36 (0.1) 4/19 AAC
	Carlie OSBORNE	FR 26.73 (1.0) 4/19 AAC
	Jaida GARRETT	JR 27.78 (0.1) 4/19 AAC
	Faith NEWSOM	JR 27.82 (0.0) 3/15 Cumberlands E
56	IU East (Ind.)	1:48.86
LW: 55 ▼ 1	River States	average 27.22
91	India BENTON	SR 25.51c 25.90 (0.9) 3/30 Yellow Jacket C
	Vanessa TEMPLE	JR 27.21 (0.7) 4/4 Indiana Tech A
	Mackenzie ROHDE	FR 27.48 (-0.9) 3/22 Alan Connie Sh
	Sarah MARSHALL	JR 28.66 (0.8) 4/18 Rose-Hulman T



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57	Bushnell (Ore.)	1:48.90
LW: 57	Cascade	average 27.22
	Cyan KELSO-REYNOLDS	FR 26.71w (2.8) 4/12 John Knight Tw
	Madeline DESEMONE	SR 27.06 (-0.2) 4/19 Larry Byerly Inv
	Macayla PARRISH	SO 27.12 (-1.0) 4/19 Larry Byerly Inv
	Lindsey RANKIN	FR 28.01 (1.5) 4/12 John Knight Tw
58	Midland (Neb.)	1:49.08
LW: 52 ▼ 6	GPAC	average 27.27
	Kerrigan MYERS	SR 26.30 (0.6) 4/5 Friends Invitati
	Rianna GREENE	FR 27.44w (2.7) 4/12 South Dakota C
	Farrah WILSON	FR 27.62w (2.7) 4/12 South Dakota C
	Vanessa RICE	FR 27.72w (2.7) 4/12 South Dakota C
59	Columbia (Mo.)	1:49.24
LW: 64 ▲ 5	AMC	average 27.31
	Caleigh HUOT	SO 25.76w (2.5) 3/15 Central Method
	Rachel HARGIS	SO 27.03w (3.0) 4/18 Culver-Stockton
	Leilani GREEN	FR 27.62w (2.8) 4/18 Culver-Stockton
	Whitney SHINN	SO 28.83 (0.8) 4/11 Mule Relays (ou
60	Grace (Ind.)	1:49.44
LW: 54 ▼ 6	Crossroads	average 27.36
	Olivia ADKINS	JR 26.67c '27.08) (0.6) 3/30 Yellow Jacket C
	Kaitlyn STRIETELMEIER	FR 27.01 (1.5) 4/12 Indiana Little S
	Lillian RICHMOND	FR 27.82c '28.25) (0.9) 3/30 Yellow Jacket C
	Makayla NEAL	JR 27.94c '28.37) (0.7) 3/30 Yellow Jacket C
61	Missouri Valley	1:49.47
LW: 56 ▼ 5	The Heart	average 27.37
	Dimitria SWEET	FR 26.65 (0.5) 4/11 Mule Relays (ou
	Emily LECHUGA	JR 26.79 (0.5) 4/11 Mule Relays (ou
	Samantha BITZ	SR 27.96w (2.4) 3/29 Central Method
	Shaliah MCKOY	FR 28.07w (2.8) 3/22 Missouri S&T Mi
62	Culver-Stockton (Mo.)	1:49.56
LW: 73 ▲ 11	The Heart	average 27.39
	Emma SMITH	JR 26.49 (1.4) 4/18 Culver-Stockton
	Victoria POLLARD	FR 26.92w (3.0) 4/18 Culver-Stockton
	Delaney STRAUS	JR 27.28 (1.9) 4/12 Mustang Distar
	Caroline LINDSEY	JR 28.87w (2.9) 4/12 Mustang Distar
63	Trinity Christian (Ill.)	1:49.59
LW: 58 ▼ 5	Chicagoland	average 27.40
	Alysia ARIAS	JR 26.60w (3.4) 4/18 Wisconsin Luth
	Aolani CANNON	FR 27.16w (2.9) 4/12 Mustang Distar
	Daniella KAMPS	FR 27.75w (3.1) 4/18 Wisconsin Luth
	Aalyssa GUNN	SO 28.08w (3.0) 4/18 Wisconsin Luth
64	St. Ambrose (Iowa)	1:49.70
LW: --	Chicagoland	average 27.42
	71 Sarah JORDAN	SO 25.34w (2.9) 4/12 Mustang Distar
	Tyasia WIGGINS-MILLER	FR 27.06w (3.2) 4/18 Augustana (Ill.)
	Ja'Kniah LEWIS	SO 28.56 (1.7) 4/12 Mustang Distar
	Asia PEGUES-JARRETT	SO 28.74 (1.8) 4/5 Augustana Viki
65	Dickinson State (N.D.)	1:50.16
LW: --	North Star	average 27.54
	48 Jewel OLSON	SR 25.12w (3.0) 4/19 Blue Hawk Gan
	Kaitlyn MCCOLLY	SR 27.06 (0.6) 4/16 NSAA
	Taytum STUHR	FR 28.60w (2.1) 3/27 Yellowjackets C
	Jane HARRISON	FR 29.38 (-1.0) 4/6 Al Bortke Open
66	Campbellsville (Ky.)	1:50.17
LW: 65 ▼ 1	Mid-South	average 27.54
	83 Makiyah ALLEN	JR 25.41 (0.8) 3/29 UAB Spring Tim
	Piper CLARK	SO 26.20 (-1.8) 4/19 Georgia Tech In
	Alexandria RIVERS	FR 28.16 (1.8) 4/18 Centre Twilight
	Kenniqua GRATE	FR 30.40 (0.7) 3/15 Myrtle Beach C
67	Corban (Ore.)	1:50.25
LW: 59 ▼ 8	Cascade	average 27.56
	Kirsten KUENZI	SO 25.98w (2.1) 4/12 John Knight Tw
	Julianna BELL	FR 27.29 (1.8) 3/1 Willamette Ope
	Patience HAFF	JR 28.39 (1.4) 3/8 Rich Allen Class
	Haley KLINE	FR 28.59 (-1.3) 4/5 Linfield Jenn B
68	Arizona Christian	1:50.38
LW: 61 ▼ 7	GSAC	average 27.60
	Georgia GOMEZ	FR 27.08 (0.7) 3/8 Arizona Spring
	Lucy LOVELACE	JR 27.62 (1.2) 3/28 Mesa Multis
	Rylan RHODES	FR 27.69w (2.7) 3/8 Arizona Spring
	Jaton PARKS	FR 27.99 (-0.5) 4/12 Gaucho Collegi
69	UC Merced (Calif.)	1:50.42
LW: 62 ▼ 7	Cal Pac	average 27.60
	Joyce NICHET	FR 26.05 (0.8) 3/29 West Coast Rel
	Clarisel LOPEZ	SO 26.07 (-1.8) 4/5 Brutus Hamilto
	Sinthyia DURAN	JR 28.64 (-1.2) 4/5 Brutus Hamilto
	Lyra BARTON	FR 29.66w (2.4) 3/1 Kim Duyst Invi
70	Wiley (Texas)	1:50.50
LW: 63 ▼ 7	HBCUAC	average 27.62
	Ariel JOHNSON	SO 27.28 (1.9) 3/22 PVAMU Relays
	Kaiden TAYLOR	SO 27.30 (1.6) 3/22 PVAMU Relays
	Remi PIERRE	FR 27.90 (1.6) 3/22 PVAMU Relays
	Kyla DEYON	SO 28.02 (1.9) 3/22 PVAMU Relays



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 200 Meters

as of 4/22/25 12:11 AM ET

71	Clarke (Iowa)	1:50.62
LW: --	The Heart	average 27.66
	Annemarie KOERNER	SO 27.11w (3.7) 4/12 Mustang Distar
	Blanca SIEMES	FR 27.60w (3.3) 3/28 Central (Iowa) L
	Carly FERRIS	FR 27.81w (3.2) 4/18 Augustana (Ill.)
	Isabelle MATTHEWS	JR 28.10w (2.6) 4/18 Augustana (Ill.)
72	Defiance (Ohio)	1:51.08
LW: 66 ▼ 6	WHAC	average 27.77
	Mira HORVATH	FR 26.76 (1.7) 3/22 Emory Spring B
	Rakel THOMPSON	FR 26.79 (1.7) 3/22 Emory Spring B
	Taylor HANES	FR 28.70w (2.4) 4/5 Manchester Inv.
	Shelby CLEMENTS	SO 28.83 (0.0) 3/22 Emory Spring B
73	Keiser (Fla.)	1:51.32
LW: 67 ▼ 6	Sun Conference	average 27.83
	Gracie ZACARIAS	FR 26.80 (1.2) 3/28 Thrills In The Hi
	Virginia TAN	FR 26.81w (2.2) 3/22 Alan Connie Sh
	Destiny MCBROOM	FR 27.09 (1.2) 3/28 Thrills In The Hi
	Jordane WALTER	FR 30.62 (1.2) 4/11 Keiser Twilight
74	Mount Vernon Nazarene (1:51.36
LW: 68 ▼ 6	Crossroads	average 27.84
	Kate RUFFLE	FR 26.76w (2.5) 3/30 Denison Lid-Lift
	Maddy LENGACHER	FR 27.56 (1.7) 3/30 Denison Lid-Lift
	Madaline KITCHEN	SR 27.69w (3.3) 3/30 Denison Lid-Lift
	Loey HALLABRIN	SO 29.35w (3.2) 4/19 Tiffin Track Car
75	UHSP (Mo.)	1:51.59
LW: 69 ▼ 6	AMC	average 27.90
91	Leah MACON-FORD	FR 25.51 (0.3) 4/12 Greenville Selec
91	Leah MACON-FORD	FR 25.51 (0.3) 4/12 Greenville Selec
	Arianna BUDUAN	JR 27.77 (0.8) 4/12 Greenville Selec
	Arianna BUDUAN	JR 27.77 (0.8) 4/12 Greenville Selec
	Jalayah POTTS	FR 29.02 (1.3) 3/29 Billiken Invitati
	Jalayah POTTS	FR 29.02 (1.3) 3/29 Billiken Invitati
	Victoria RENTERIA	FR 29.29 (-0.1) 4/12 Greenville Selec
	Victoria RENTERIA	FR 29.29 (-0.1) 4/12 Greenville Selec
76	Ave Maria (Fla.)	1:51.73
LW: 70 ▼ 6	Sun Conference	average 27.93
	Alexis MENDLIK	FR 26.14 (0.7) 4/4 STU Outdoor M
	Allison WATKINS	FR 27.16w (2.2) 12/6 Keiser Universit
	Elena BARNES	JR 29.08 (0.7) 4/4 STU Outdoor M
	Lucia ZVONAR	JR 29.35 (1.2) 4/11 Keiser Twilight
77	Florida National	1:51.92
LW: 71 ▼ 6	Sun Conference	average 27.98
	Khy BURDON	FR 25.99 (1.9) 4/5 Embry-Riddle R
	Joelle BAPTISTE	SO 26.95 (0.3) 4/5 Embry-Riddle R
	Keelee OKORO	FR 28.38 (1.2) 4/11 Keiser Twilight
	Shaniece RICHARDSON	FR 30.60 (0.7) 2/28 Nova Southeas
78	Bethel (Ind.)	1:52.31
LW: 74 ▼ 4	Crossroads	average 28.08
	Nicanta SMITH	JR 26.25w (2.5) 4/12 Indiana Little S
	Luisana ALONSO	SR 27.08 (0.5) 4/4 Indiana Tech A
	Haylie SKRIPAC	SO 29.31 (0.7) 4/12 Indiana Little S
	Camden CHELLIS	JR 29.67 (0.7) 4/4 Indiana Tech A
79	The Master's (Calif.)	1:52.76
LW: 75 ▼ 4	GSAC	average 28.19
	Olivia NANTZ	FR 27.92 (0.0) 2/8 Westmont Suns
	Juliette COLUNGA	SO 28.07 (0.6) 4/12 Pomona-Pitzer
	Joanne NOORDAM	FR 28.20 (0.4) 4/12 Pomona-Pitzer
	Ashleely MILTON	JR 28.57w (2.5) 3/15 Ross and Sharo
80	Graceland (Iowa)	1:52.85
LW: 76 ▼ 4	The Heart	average 28.21
	Amelia NYAMBUKA	SO 27.21 (-1.3) 4/19 DeBacker Invita
	Vashansti GLOVER	SO 27.54 (0.5) 4/11 Mule Relays (ou
	Ambar FULGENCIO	JR 27.73 (-1.6) 3/29 Central Methoa
	Grace TESTERMAN	JR 30.37w (2.1) 3/29 Central Methoa
81	IU Kokomo (Ind.)	1:53.26
LW: 77 ▼ 4	River States	average 28.32
	Paige BROOKS	SO 27.31c (27.73) (1.2) 3/30 Yellow Jacket C
	Jaydi JONES	SO 27.72 (-0.4) 3/15 Cumberlands E
	Mia CASTILLO	FR 28.18c (28.61) (1.2) 3/30 Yellow Jacket C
	Alicia BURNS	SR 30.05 (0.0) 4/12 Indiana Little S
82	Benedictine (Kan.)	1:53.43
LW: 78 ▼ 4	The Heart	average 28.36
	Brynna GORMLEY	JR 26.38 (-0.3) 4/11 Mule Relays (ou
	Maria CONNEALY	SO 26.93 (0.6) 4/5 Friends Invitati
	Marykathryn SMITH	SO 29.52w (2.3) 4/5 Friends Invitati
	Grace ADAMS	JR 30.60 (0.5) 4/11 Mule Relays (ou
83	Loyola (La.)	1:54.19
LW: 79 ▼ 4	SSAC	average 28.55
	Tenosh LANDRY	FR 27.05w (3.0) 3/29 Southern Miss I
	Caitlin PHILLIPS	FR 28.80 (1.4) 4/11 Strawberry Rel
	Madison ACKERMAN	FR 28.88w (2.8) 3/29 Southern Miss I
	Andrea BARDALES	FR 29.46 (1.4) 4/11 Strawberry Rel
84	Governors State (Ill.)	1:54.90
LW: 80 ▼ 4	Chicagoland	average 28.72
	Trinity BONHAM	SO 28.04 (0.0) 4/13 Olivet Nazarene
	Jada CUNNINGHAM	SO 28.75 (0.0) 4/13 Olivet Nazarene
	Alyssa DILLINGER	FR 28.86 (-0.2) 4/13 Olivet Nazarene
	Lanyia WOODEN	FR 29.25 (-0.2) 4/13 Olivet Nazarene



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 200 Meters

as of 4/22/25 12:11 AM ET

85	Union (Ky.)	1:56.39
LW: 81 ▼ 4	AAC	average 29.10
Erin PEASE	SO 26.50w	(2.6) 4/19 AAC
Malene OBERMAYER	FR 29.40	(-2.2) 3/15 Cumberlands E
Melanie PARTIN	SO 29.97	(0.0) 4/5 Centre Invitatio
Jasmine CLOUSE	SO 30.52w	(2.6) 4/19 AAC
86	Midway (Ky.)	1:57.75
LW: 82 ▼ 4	River States	average 29.44
Emilee CECIL	JR 26.34w	(2.9) 4/12 NKU Norse Invit
Maddi REED	FR 28.86	(0.6) 4/12 NKU Norse Invit
Machaiah POYNTER	FR 30.34w	(2.5) 3/29 Landon Bond Ir
Brianna TRIGG	FR 32.21w	(2.5) 3/29 Landon Bond Ir
87	Hannibal-LaGrange (Mo.)	1:58.06
LW: 83 ▼ 4	AMC	average 29.52
Breanne HAINES	JR 26.47	(1.5) 4/12 Greenville Selec
Addelyn THOMASON	FR 29.59w	(2.4) 3/15 Central Method
Jaynee DURST	SR 29.78	(1.9) 4/4 Illinois College
Lydia SONES	SO 32.22	(1.4) 4/18 Culver-Stockton



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 400 Meters

as of 4/22/25 12:11 AM ET

1	Madonna (Mich.)	3:47.02	
LW: 1	WHAC	average 56.76	
2	Charity JONES	SR 54.02	3/29 Bobcat Invitatio
7	Kiara CARTER	SR 55.38	4/12 South Florida Ir
47	Lauren HAMILTON	SO 58.28	4/5 Golden Grizzly I
98	Rahzia RIOS-SMITH	SO 59.34	4/5 Golden Grizzly I
2	Cumberland (Tenn.)	3:49.43	
LW: 2	Mid-South	average 57.36	
1	Praise IDAMADUDU	SR 53.75	3/29 UAB Spring Tim
38	Leesa MUTANDWA	JR 58.07	4/5 Tennessee Invit
60	Ezthia MAYCOCK	JR 58.56	4/5 Tennessee Invit
81	Ifunanya MUOGHALU	JR 59.05	3/29 UAB Spring Tim
3	Central Methodist (Mo.)	3:49.63	
LW: 4	▲ 1 The Heart	average 57.41	
8	Diane ONDOBO	JR 55.75	3/22 Missouri S&T Mi
19	Allena ROWLAND	SO 57.33	4/19 Georgia Tech In
46	Joana VAKASOBUDURU	JR 58.26	4/19 Georgia Tech In
48	Aroa CARBALLO	FR 58.29	4/11 Mule Relays (ou
4	St. Thomas (Fla.)	3:50.06	
LW: 3	▼ 1 Sun Conference	average 57.52	
3	Tonyan BECKFORD	FR 54.66	3/22 UCF Black/Gola
51	Ahlia SANDIFER	SR 58.34	3/8 St. Thomas Unc
57	Wislande PIERRE-LOUIS	SR 58.50	3/22 UCF Black/Gola
60	Hannah TAYLOR	FR 58.56	12/6 Keiser Universit
5	Life (Ga.)	3:50.92	
LW: 5	SSAC	average 57.73	
5	Emeline DELAVILLE	SO 55.08	4/5 Emory Dooley E
13	Najah GIBSON	JR 56.53	4/5 Emory Dooley E
72	Dagbjort MAGNUSDOTTIR	SR 58.77	4/5 Emory Dooley E
	Laisha HERNANDEZ	FR 1:00.54	4/12 Berry Field Day
6	Indiana Tech	3:51.92	
LW: 6	WHAC	average 57.98	
14	Junae BENNETT	JR 56.96	4/12 Indiana Little S
24	Tamia TAYLOR	FR 57.68	4/12 Indiana Little S
59	Aaliyah FREDERICK	SO 58.54	4/12 Indiana Little S
68	Cale SANDERS	FR 58.74	4/19 Indiana State G
7	British Columbia	3:53.15	
LW: 7	Cascade	average 58.29	
4	Hanna SOBKOWICH	SR 54.95	4/19 Beach Inv
18	Mia CAMERON	SO 57.31	4/12
53	Haley MARTIN	FR 58.38	4/12
	Alessandra IONESCU-ZANETTI	SO 1:02.51	4/6 Simon Fraser H
8	Marian (Ind.)	3:54.30	
LW: 10	▲ 2 Crossroads	average 58.58	
16	Hanna REUTER	JR 57.17	4/12 Indiana Little S
23	Emma EDWARDS	FR 57.67	4/12 Indiana Little S
90	Nora STEELE	SR 59.23	4/19 Indiana State G
	Jovana MILOSEVIC	FR 1:00.23	4/12 Indiana Little S
9	Lindsey Wilson (Ky.)	3:55.51	
LW: 11	▲ 2 Mid-South	average 58.88	
6	Hannah REID	FR 55.11	4/5 Tennessee Invit
42	Ta'Shya CRAMER	SO 58.16	4/19 Georgia Tech In
92	Anna GRASSE	FR 59.25	4/19 Georgia Tech In
	Alisha CLAYCOMB	SO 1:02.99	3/15 Cumberlands E
10	Xavier (La.)	3:55.59	
LW: 8	▼ 2 Red River	average 58.90	
44	Jaelyn MITCHELL	SO 58.18	3/29 Southern Miss I
58	Fedjine BELL	JR 58.53	3/22 Louisiana Cl.
63	Vanessa OLADAPO	SR 58.62	3/22 Louisiana Cl.
	Dakota WEST	FR 1:00.26	3/29 Southern Miss I
11	Southeastern (Fla.)	3:55.76	
LW: 9	▼ 2 Sun Conference	average 58.94	
27	Irmiris MENDEZ	SR 57.71	3/30 Spartan Relays
37	Areeyanna BONDS	FR 58.06	3/30 Spartan Relays
40	Jaa'Ln MCBRIDE	FR 58.14	3/22 South Florida A
	Amari GRAHAM	SR 1:01.85	4/5 Embry-Riddle R
12	Concordia (Neb.)	3:56.30	
LW: 18	▲ 6 GPAC	average 59.08	
33	Kayla KIRCHNER	JR 57.96	3/28 Central Nebras
74	Trinity TULS	SR 58.82	4/12 Bronco Invitatio
95	Emily LOSEKE	SR 59.27	4/18 Jim Dutcher Me
	Tayden KIRCHNER	SO 1:00.25	4/18 Jim Dutcher Me
13	MidAmerica Nazarene (Ka	3:56.57	
LW: 12	▼ 1 The Heart	average 59.14	
22	Lakin ESSEX	SO 57.54	4/12 Carl Kight Inviti
82	Joslyn GRIFFIN	FR 59.07	4/12 Carl Kight Inviti
	Janiah NICHOLSON	SR 59.65	3/29 Central Methoa
	Daizy SOLIR	SR 1:00.31	3/29 Central Methoa
14	Cumberlands (Ky.)	3:56.63	
LW: 29	▲ 15 Mid-South	average 59.16	
30	Lillian GUZMAN	SO 57.82	4/5 Tennessee Invit
44	Abia KANTE	SO 58.18	4/19 Georgia Tech In
	MaQuoia RAGLAN	JR 59.83	3/15 Cumberlands E
	A'Yana GRAY	JR 1:00.80	3/15 Cumberlands E



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Women's 400 Meters

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15	College of Idaho	3:56.67	
LW: 13 ▼ 2	Cascade	average 59.17	
21	Charlotte BOWMAN	SR 57.53	4/4 Whitworth Peac
80	Zoe BUTLER	SR 59.03	3/15 Nighthawks Op
	Isis VILLAFANE	SO 59.82	3/22 Oregon Preview
	Alexis THRALL	FR 1:00.29	3/15 Nighthawks Op
16	Dillard (La.)	3:57.38	
LW: 15 ▼ 1	HBCUAC	average 59.34	
12	Kevell BYRD	SR 56.35	4/12 HBCUAC
28	Ta'nijal MATTHEWS	SR 57.76	3/22 Louisiana Cl.
	Tori BURTON	JR 1:00.41	3/29 Southern Miss I
	Yasmin PINES	JR 1:02.86	3/29 Southern Miss I
17	Olivet Nazarene (Ill.)	3:57.90	
LW: 16 ▼ 1	Chicagoland	average 59.48	
15	Carsyn BURDINE	JR 57.04	4/5 Chicagoland Ou
90	Kristen GARTH	SO 59.23	4/5 Chicagoland Ou
	Olivia LENTZ	FR 1:00.06	4/13 Olivet Nazarene
	Laurel MUNSON	FR 1:01.57	4/5 Chicagoland Ou
18	Dickinson State (N.D.)	3:58.53	
LW: 17 ▼ 1	North Star	average 59.63	
11	Jewel OLSON	SR 56.14	4/6 Al Bortke Open
78	Kyley BARNETT	JR 58.95	3/27 Yellowjackets C
	Mia HANDRAN	FR 1:01.37	3/27 Yellowjackets C
	Kaitlyn MCCOLLY	SR 1:02.07	4/11 NDSU Spring Cl
19	Saint Mary (Kan.)	4:00.17	
LW: 22 ▲ 3	KCAC	average 1:00.04	
20	Gretchen RANEY	SR 57.52	4/4 Emporia State I
55	Deslyne COOPER	JR 58.45	4/19 Kansas Relays
	Keiyah COLE	JR 1:02.06	4/4 Emporia State I
	Jordyn MILLER-KNUCKLES	SO 1:02.14	4/4 Emporia State I
20	Saint Xavier (Ill.)	4:00.54	
LW: 19 ▼ 1	Chicagoland	average 1:00.13	
65	Yanira DEANNA PANINKA	JR 58.66	4/13 Olivet Nazarene
95	Olivia MATHIS	JR 59.27	4/5 Chicagoland Ou
	Emerson COLINS	JR 1:00.85	4/13 Olivet Nazarene
	Amaya RIQUE	SO 1:01.76	4/5 Chicagoland Ou
21	Dordt (Iowa)	4:00.83	
LW: 23 ▲ 2	GPAC	average 1:00.21	
92	Shelby BUWALDA	JR 59.25	4/12 South Dakota C
	Ayda DEN HERDER	JR 59.88	4/16 Red Raider Ope
	Kaitlin WERCINSKI	FR 1:00.66	4/5 South Dakota E
	Emilee HEYNEN	SR 1:01.04	3/28 Wildcat Classic
22	Doane (Neb.)	4:01.61	
LW: 20 ▼ 2	GPAC	average 1:00.40	
10	Kat VOGT	JR 56.03	4/11 DUAL: Doane-N
66	Danie PARRIOTT	JR 58.67	3/28 Central Nebras
	Kiley HEJTMANEK	SO 1:00.16	3/28 Central Nebras
	Madison LYTLE	SO 1:06.75	3/28 Central Nebras
23	Our Lady of the Lake (Tex)	4:01.91	
LW: 21 ▼ 2	Red River	average 1:00.48	
	Morghan NEELY	SO 59.69	3/29 Trinity (Texas) I
	Tara MADRID	SO ---	3/22 UTSA Invitation
	Alexandria SEGURA	SR 1:00.44	4/12 Cactus Cup
	Brianna RODRIGUEZ	SO 1:01.78	3/29 Trinity (Texas) I
24	Brenau (Ga.)	4:02.33	
LW: 28 ▲ 4	AAC	average 1:00.58	
64	Kamryn CHAMBLISS	JR 58.64	4/19 AAC
69	Madison KITSON	FR 58.76	4/19 AAC
	Kyla LAURENT	FR 1:01.34	4/19 AAC
	Re'yanna ELLIS-PICKETT	FR 1:03.59	3/22 Emory Spring B
25	Rio Grande (Ohio)	4:04.08	
LW: 24 ▼ 1	River States	average 1:01.02	
50	Kylie MONTGOMERY	FR 58.31	4/12 Craddock-Lync
	Kendra GROOMS	SR 1:00.79	4/12 Craddock-Lync
	Jayden ROACH	SR 1:01.88	4/12 Craddock-Lync
	Paris DEBORD	JR 1:03.10	3/15 Myrtle Beach C
26	Keiser (Fla.)	4:04.10	
LW: 25 ▼ 1	Sun Conference	average 1:01.02	
	Virginia TAN	FR 59.46	4/11 Keiser Twilight
	Melissa GRIPACUS	JR 1:00.48	12/6 Keiser Universit
	Jasheena OWENS	SO 1:01.72	4/11 Keiser Twilight
	Camilla ROMERO	FR 1:02.44	4/11 Keiser Twilight
27	Park (Mo.)	4:04.21	
LW: 26 ▼ 1	The Heart	average 1:01.05	
	Adison HAYDEN	SO 1:00.73	4/4 Emporia State I
	Jonnica WILLIAMS	FR 1:00.75	3/22 Spire Distance C
	Hannah MAND	SO 1:01.24	4/12 Wichita State K
	Lilly CAMARCHO	FR 1:01.49	4/12 Wichita State K
28	Evangel (Mo.)	4:04.40	
LW: --	KCAC	average 1:01.10	
	Taylor COLLINS	JR 59.73	4/17 Pittsburg State
	Jayleign FLOOD	FR 1:01.04	4/11 Mule Relays (ou
	Liberty WILES	JR 1:01.17	4/17 Pittsburg State
	Sydney BRYAN	FR 1:02.46	3/29 SBU Bearcat In



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Women's 400 Meters

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29	Montreat (N.C.)	4:04.60	
LW: 27 ▼ 2	AAC	average 1:01.15	
89	Kaylene MANTERNACH	SO 59.20	3/22 Montreat College
	Emily STANDIFER	SR 59.87	3/22 Montreat College
	Adrianna GULLETTE	SR 1:01.08	4/12 Asheville Bulldo
	Natalia NIETO	SO 1:04.45	4/12 Asheville Bulldo
30	IU East (Ind.)	4:05.51	
LW: 47 ▲ 17	River States	average 1:01.38	
52	India BENTON	SR 58.36	4/12 Indiana Little S
	Mackenzie ROHDE	FR 1:00.95	4/18 Rose-Hulman T
	Emily FLEMING	FR 1:01.78	4/18 Rose-Hulman T
	Sarah MARSHALL	JR 1:04.42	4/12 Indiana Little S
31	Mount Vernon Nazarene (4:05.93	
LW: 32 ▲ 1	Crossroads	average 1:01.48	
56	Lyssi SNOUFFER	JR 58.46	4/19 Tiffin Track Car
	Maddy LENGACHER	FR 1:00.20	4/19 Tiffin Track Car
	Caitlyn SHIPLEY	FR 1:03.13	3/30 Denison Lid-Lift
	Ashley BURGESS	SR 1:04.14	3/30 Denison Lid-Lift
32	Friends (Kan.)	4:06.69	
LW: 33 ▲ 1	KCAC	average 1:01.67	
	JaNiya GLASS	FR 1:00.52	4/19 KWU Coyote Cl
	Naomi VAGHER	SO 1:00.77	4/19 KWU Coyote Cl
	Lydia ROBINSON	FR 1:02.68	4/19 KWU Coyote Cl
	Gema DEL VALLE	JR 1:02.72	4/5 Friends Invitati
33	Brewton-Parker (Ga.)	4:06.79	
LW: 30 ▼ 3	SSAC	average 1:01.70	
36	Kendra PAYNE	FR 58.05	4/12 Georgia Showd
	Kameron NOBLE	JR 59.94	4/12 Georgia Showd
	Sophia BROWN	FR 1:03.66	4/5 UWG Legends I
	Mylan TANNER	SO 1:05.14	3/8 John-Hunter Cl
34	Indiana Wesleyan	4:07.55	
LW: 31 ▼ 3	Crossroads	average 1:01.89	
73	Dylainey FLOYD	SO 58.80	3/22 Polar Bear Invi
76	Anna VIE	SO 58.88	4/12 Indiana Little S
84	Kyras MAAS	JR 59.08	4/12 Indiana Little S
	Abby FISHER	SO 1:10.79	3/29 Pacesetter Spo
35	Northwestern (Iowa)	4:09.62	
LW: 35	GPAC	average 1:02.41	
34	Emma BLUM	JR 57.98	4/12 Sioux City Relay
	Jordan SHULL	FR 1:02.43	4/16 Red Raider Ope
	Aleigh ZETTLE	FR 1:04.12	3/28 Wildcat Classic
	Kendra ZEUTENHORST	FR 1:05.09	3/28 Wildcat Classic
36	Eastern Oregon	4:010.00	
LW: 14 ▼ 22	Cascade	average 1:02.50	
85	Sydney PECK	JR 59.12	4/19 Larry Byerly Inv
	Madisen DOUGLAS	SO 59.63	3/15 Nighthawks Op
	Taylor JOYCE	SO 1:00.21	4/19 Oregon Open (c
	Brianna MORRELL	SO 1:11.04	3/15 Nighthawks Op
37	Huntington (Ind.)	4:10.07	
LW: 34 ▼ 3	Crossroads	average 1:02.52	
	Olivia HOWELL	FR 1:00.04	4/4 Indiana Tech A
	Trysta HILTON	JR 1:00.73	4/4 Indiana Tech A
	Lydia BAKER	JR 1:03.04	4/12 Indiana Little S
	Laura VALIENTE	FR 1:06.26	4/12 Indiana Little S
38	Morningside (Iowa)	4:10.20	
LW: --	GPAC	average 1:02.55	
	Jolee MESZ	SO 1:00.63	4/16 Red Raider Ope
	Morgan SACHS	FR 1:01.08	4/16 Red Raider Ope
	Nicole ZUEHL	JR 1:03.93	4/16 Red Raider Ope
	Sydney BROUWER	FR 1:04.56	3/29 Central Metho
39	Siena Heights (Mich.)	4:10.50	
LW: --	WHAC	average 1:02.62	
	Brooke SHARP	FR 59.88	4/18 Hillsdale Gina F
	Terria FISHER	SR 1:00.20	4/18 Hillsdale Gina F
	Leah GREGG	JR 1:02.50	4/12 Davenport Pan
	Emma FESSLER	FR 1:07.92	4/5 Golden Grizzly I
40	Dakota State (S.D.)	4:10.76	
LW: 36 ▼ 4	North Star	average 1:02.69	
67	Raylee WALLIS	JR 58.71	4/12 Minnesota Stat
	Molli THORNTON	SO 1:01.34	4/5 South Dakota E
	Ella CARSTENSEN	FR 1:03.39	4/5 South Dakota E
	Bethany LAWSON	SO 1:07.32	4/12 Minnesota Stat
41	Mount Mercy (Iowa)	4:11.72	
LW: --	The Heart	average 1:02.93	
62	Corine GADIENT	SR 58.59	4/19 DeBacker Invi
	Brooklyn JOHNSON	JR 1:00.58	4/12 Mustang Distar
	Esther ATTWOOD	SO 1:03.39	3/15 Rhodes Invi
	Hannah PETERS	FR 1:09.16	3/15 Rhodes Invi
42	Mount Marty (S.D.)	4:11.75	
LW: --	GPAC	average 1:02.94	
	Josey WAHLSTROM	JR 1:00.91	4/16 Red Raider Ope
	Lexa BURTZLAFF	SR 1:02.00	4/12 Sioux City Relay
	Lauren MITCHELL	SR 1:03.75	4/16 Red Raider Ope
	Rachel ERK	FR 1:05.09	4/16 Red Raider Ope



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Women's 400 Meters

as of 4/22/25 12:11 AM ET

43	Spring Arbor (Mich.)	4:12.43
LW: 37 ▼ 6	Crossroads	average 1:03.11
86	Kylie BROWN JR 59.13	4/12 SAU Bill Bippes
97	Tanana EMMENDORFER FR 59.31	4/12 SAU Bill Bippes
	Stephanie DODD SO 1:04.74	3/22 Lee Invitationa
	Emiliya RAMAZANOVA SO 1:09.25	4/12 SAU Bill Bippes
44	Viterbo (Wis.)	4:13.05
LW: 38 ▼ 6	Chicagoland	average 1:03.26
	Avery POPPE FR 1:00.49	4/12 UW Oshkosh Inv
	Lainey TEYNOR JR 1:02.24	4/12 UW Oshkosh Inv
	Mackenzie GEERS SO 1:04.14	4/12 UW Oshkosh Inv
	Jillian PERGANDE FR 1:06.18	4/12 UW Oshkosh Inv
45	Carroll (Mont.)	4:13.32
LW: --	Frontier	average 1:03.33
30	Madalen SHIPMAN JR 57.82c (57.71A)	4/10 Providence Ope
	Chloe RAATS JR 1:01.52c (1:01.41A)	4/10 Providence Ope
	Kailen HERBSTTRITT SR 1:03.26c (1:03.15A)	4/18 Trudnowski Op
	Harlie JACKSON SO 1:10.72c (1:10.61A)	4/18 Trudnowski Op
46	Grace (Ind.)	4:13.55
LW: 39 ▼ 7	Crossroads	average 1:03.39
	Olivia ADKINS JR 59.66c (1:00.45)	3/30 Yellow Jacket C
	Sophie RUPP SO 1:03.42	4/5 GVSU Early
	Kaitlyn STRIETELMEIER FR 1:05.00c (1:05.86)	3/30 Yellow Jacket C
	Elyse GENZINK SO 1:05.47	4/12 Indiana Little S
47	Reinhardt (Ga.)	4:14.02
LW: 40 ▼ 7	AAC	average 1:03.51
	Lydiana STYLES SO 1:00.40	3/28 Thrills In The Hi
	Noelle DAWES FR 1:03.48	3/15 Falcon Classic
	Kenadi AKER SO 1:03.80	3/22 Emory Spring B
	Olivia EDWARDS FR 1:06.34	3/28 Thrills In The Hi
48	College of Saint Mary (Neb)	4:14.06
LW: --	GPAC	average 1:03.52
	Ava HILGER SO 1:00.94	4/11 Jim Duncan Inv
	Mackenzie STANLEY FR 1:01.47	4/11 Jim Duncan Inv
	Natalie BRIGGS SO 1:05.76	4/18 Jim Dutcher Me
	Ciara WILLIAMS FR 1:05.89	3/28 Central Nebras
49	Taylor (Ind.)	4:14.10
LW: 41 ▼ 8	Crossroads	average 1:03.52
48	Nicole DOMENE SO 58.29	4/12 Indiana Little S
	Delaney GALE JR 1:03.89	4/12 Indiana Little S
	Renee HOYLMAN SO 1:05.57	4/12 Indiana Little S
	Hali DIKHTIAR FR 1:06.35	3/28 Thrills In The Hi
50	Corban (Ore.)	4:14.29
LW: 44 ▼ 6	Cascade	average 1:03.57
	Haley KLINE FR 1:02.75c (1:02.64A)	4/19 Oregon Tech In
	Josephine ROTHMAN FR 1:03.33c (1:03.22A)	4/19 Oregon Tech In
	Patience HAFF JR 1:03.55	3/1 Willamette Ope
	Kristi HIRTE SR 1:04.66	3/1 Willamette Ope
51	Defiance (Ohio)	4:14.39
LW: 49 ▼ 2	WHAC	average 1:03.60
99	Mira HORVATH FR 59.35	3/8 River City Relay
	Shelby CLEMENTS SO 1:03.75	4/18 Joshua Culbrec
	Israa KHAMIS FR 1:05.11	4/18 Joshua Culbrec
	Rakel THOMPSON FR 1:06.18	3/8 River City Relay
52	Columbia (Mo.)	4:14.52
LW: 42 ▼ 10	AMC	average 1:03.63
	Caleigh HUOT SO 1:00.81	4/11 Mule Relays (ou
	Rachel HARGIS SO 1:01.78	4/11 Mule Relays (ou
	Leilani GREEN FR 1:02.87	4/11 Mule Relays (ou
	Whitney SHINN SO 1:09.06	3/15 Central Methoa
53	Wiley (Texas)	4:14.88
LW: 43 ▼ 10	HBCUAC	average 1:03.72
	Meeyesha TUTT-MOOTOUO JR 1:02.32	4/12 HBCUAC
	Kaiden TAYLOR SO 1:03.04	4/12 HBCUAC
	Remi PIERRE FR 1:03.64	4/12 HBCUAC
	Sukanya PEGESE FR 1:05.88	4/12 HBCUAC
54	Loyola (La.)	4:16.31
LW: 45 ▼ 9	SSAC	average 1:04.08
	Olivia LEROUX SO 1:03.09	4/5 Davenport-Milb
	Leila SANTANA FR 1:03.33	3/22 Belhaven Invita
	Ayva SMITH FR 1:03.98	4/11 Strawberry Rel
	Madison READO SO 1:05.91	4/11 Strawberry Rel
55	Trinity Christian (Ill.)	4:16.35
LW: 50 ▼ 5	Chicagoland	average 1:04.09
	Alysia ARIAS JR 1:02.10	4/5 Chicagoland O
	Aolani CANNON FR 1:04.07	4/18 Wisconsin Luth
	Aalyssa GUNN SO 1:05.08	4/5 Chicagoland O
	Ella JOHNSTON SO 1:05.10	4/5 Chicagoland O
56	Arizona Christian	4:16.62
LW: 46 ▼ 10	GSAC	average 1:04.16
	Lucy LOVELACE JR 1:02.01	4/12 Gaucho Collegi
	Shaylee QUENZER FR 1:03.29	12/7 Desert Spectac
	Georgia GOMEZ FR 1:03.49	4/5 UNLV Rebel Elit
	Jade ROBERTS SR 1:07.83	12/7 Desert Spectac



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Women's 400 Meters

as of 4/22/25 12:11 AM ET

57	Ave Maria (Fla.)	4:17.02	
LW: 48 ▼ 9	Sun Conference	average 1:04.25	
Alexis MENDLIK	FR 1:00.44	3/22 South Florida A	
Carol LONG	JR 1:03.37	3/8 St. Thomas Unc	
Genevieve NOVECOSKY	SO 1:06.26	4/11 Keiser Twilight	
Marie SUMERTON	SO 1:06.95	4/4 STU Outdoor M	
58	Lawrence Tech (Mich.)	4:19.11	
LW: 51 ▼ 7	WHAC	average 1:04.78	
Jacqueline ALBO	SR 1:01.55	4/12 SAU Bill Bippes	
Maliea MAY	SR 1:03.05	4/12 SAU Bill Bippes	
Yasmine PRIESTER	FR 1:05.10	4/5 Golden Grizzly I	
Caleigh BOVENSIEP	FR 1:09.41	4/5 Golden Grizzly I	
59	Rocky Mountain (Mont.)	4:19.24	
LW: --	Frontier	average 1:04.81	
Tyne STOKES	JR 1:00.15	4/19 Blue Hawk Gan	
Baylee YOUNG	FR 1:02.94c (1:02.83A)	4/10 Providence Ope	
Rylie SCHOENFELD	JR 1:03.73	3/15 Battlin' Bears/Y	
Lauren RODACKER	JR 1:12.42	3/15 Battlin' Bears/Y	
60	Southwestern Christian (4:19.33	
LW: 52 ▼ 8	SAC	average 1:04.83	
Keyana TREKELL	JR 1:04.22	4/4 John Jacobs Im	
Jayden MASON	JR 1:04.41	4/4 John Jacobs Im	
Camryn MILLER	FR 1:04.46	4/10 Red Raven Invit	
Neveah RAMSEY	FR 1:06.24	4/10 Red Raven Invit	
61	Midland (Neb.)	4:23.58	
LW: --	GPAC	average 1:05.89	
Nevaeh SARABIA	JR 1:02.24	4/16 Red Raider Ope	
Rianna GREENE	FR 1:03.96	4/12 South Dakota C	
Aurora GRIFFIN	FR 1:06.05	4/16 Red Raider Ope	
Kayli CAREY	FR 1:11.33	4/16 Red Raider Ope	
62	Bethel (Kan.)	4:24.56	
LW: 55 ▼ 7	KCAC	average 1:06.14	
Mia ROMAN	SR 1:02.06	4/12 Wichita State K	
Cleo NARANJO	FR 1:02.19	4/19 KWU Coyote Clc	
Bethany SCHRAG	JR 1:08.64	4/19 KWU Coyote Clc	
Emma GRABER	SO 1:11.67	4/19 KWU Coyote Clc	
63	Cotley (Mo.)	4:24.96	
LW: --	AMC	average 1:06.24	
Hannah HAYDUK	JR 1:02.34	4/17 Pittsburg State	
Kate SOUKUP	SO 1:03.26	4/17 Pittsburg State	
Mikaela FABEY	SR 1:07.90	4/5 Lincoln Univers	
Jessie MICK	FR 1:11.46	4/17 Pittsburg State	
64	Missouri Valley	4:26.49	
LW: 53 ▼ 11	The Heart	average 1:06.62	
Emily LECHUGA	JR 1:00.29	4/11 Mule Relays (ou	
Federica GAMMAROTA	JR 1:03.90	4/11 Mule Relays (ou	
Shaliah MCKOY	FR 1:08.46	3/15 Central Methoa	
Brynna WENTLAND	FR 1:13.84	4/5 Lincoln Univers	
65	Bushnell (Ore.)	4:29.76	
LW: 54 ▼ 11	Cascade	average 1:07.44	
Lindsey RANKIN	FR 1:04.26	4/19 Larry Byerly Inv	
Kyra QUINN	FR 1:05.06	4/19 Larry Byerly Inv	
Karlee MYERS	FR 1:08.00	3/8 Rich Allen Class	
Claire SWITZER	FR 1:12.44	3/1 Linfield Erik An	
66	Pikeville (Ky.)	4:31.95	
LW: 56 ▼ 10	AAC	average 1:07.99	
Carlie OSBORNE	FR 1:00.19	4/19 AAC	
Faith NEWSOM	JR 1:03.27	3/15 Cumberlands E	
Gisele YOUNG	SO 1:10.74	3/15 Cumberlands E	
Haliey LITTLE	SR 1:17.75	4/5 Wilmington (Oh	
67	Park (Ariz.)	4:36.16	
LW: 57 ▼ 10	GSAC	average 1:09.04	
Madison TURNER	JR 1:03.50	4/12 Gaucho Collegi	
Kiara RUBIO	FR 1:09.70	4/12 Gaucho Collegi	
Megan ONEILL	FR 1:11.33	4/12 Gaucho Collegi	
Lauren RUNNION	FR 1:11.63	4/12 Gaucho Collegi	
68	Concordia (Mich.)	4:36.87	
LW: 58 ▼ 10	WHAC	average 1:09.22	
Emma PUWAL	FR 1:05.49	4/4 Spartan Invitat	
Merin MERKLE	FR 1:08.53	4/19 Elaine Leigh Inv	
Elissa HINES	SO 1:09.71	4/19 Elaine Leigh Inv	
Chloe GUNTER	SR 1:13.14	4/19 Elaine Leigh Inv	
69	Union (Ky.)	4:40.74	
LW: 59 ▼ 10	AAC	average 1:10.19	
Sofia PETZ	FR 1:07.33	3/15 Cumberlands E	
Jasmine CLOUSE	SO 1:09.49	3/15 Cumberlands E	
Melanie PARTIN	SO 1:11.95	3/15 Cumberlands E	
Bella TOWNSEND	FR 1:11.97	3/15 Cumberlands E	
70	Culver-Stockton (Mo.)	4:46.85	
LW: 60 ▼ 10	The Heart	average 1:11.71	
Malia CARMACK	JR 1:06.13	4/12 Mustang Distar	
Lexi CLARK	FR 1:08.34	4/12 Mustang Distar	
Caroline LINDSEY	JR 1:10.49	4/12 Mustang Distar	
Klaudia BLASZCZYK	SO 1:21.89	4/12 Mustang Distar	



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Women's 400 Meters

as of 4/22/25 12:11 AM ET

71	WVU Tech	4:54.79
LW: 61 ▼ 10	River States	average 1:13.70
Sophie QUINLAN	FR 1:10.85	4/4 Golden Eagle In
Lexie WIKEL	FR 1:11.48	4/4 Golden Eagle In
Martina GOMEZ	FR 1:15.85	4/4 Golden Eagle In
Kelsey HUFFMAN	SR 1:16.61	4/4 Golden Eagle In
72	Oakland City (Ind.)	5:09.18
LW: 62 ▼ 10	River States	average 1:17.30
Esther VAZQUEZ	JR 1:02.38	4/12 Indiana Little S
Chloe O'NEAL	JR 1:19.77	4/18 Rose-Hulman T
Niewa BROWN	SO 1:22.81	4/5 Eastern Illinois
Jolea KENNEDY	JR 1:24.22	3/30 Hanover Invitat



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 400 Meter Hurdles

as of 4/22/25 12:11 AM ET

1	St. Thomas (Fla.)	4:22.92
LW: 1	Sun Conference	average 1:05.73
2	Tonyan BECKFORD	FR 1:00.86 4/12 South Florida Ir
45	Emma DIVERONICA	SR 1:05.79 3/8 St. Thomas Unc
46	Nyrania BARR-MILLER	FR 1:05.82 3/8 St. Thomas Unc
	Sonayah COTHERE	FR 1:10.45 3/8 St. Thomas Unc

2	Eastern Oregon	4:23.18
LW: 3 ▲ 1	Cascade	average 1:05.80
6	Skotlyn HILL	SR 1:01.84 4/19 Oregon Open (c
20	Sydney PECK	JR 1:03.84 4/19 Oregon Open (c
75	Gracie BIRKINBINE	SO 1:07.83 4/19 Larry Byerly Inv
100	Aliviah MODE	FR 1:09.67 4/4 Whitworth Peac

3	Southeastern (Fla.)	4:24.43
LW: 2 ▼ 1	Sun Conference	average 1:06.11
14	Areeyanna BONDS	FR 1:03.38 4/12 South Florida Ir
33	Jessica BROWN	SO 1:05.10 4/12 South Florida Ir
53	Grace COGGINS	FR 1:06.25 3/30 Spartan Relays
	Talea GIFFORD	FR 1:09.70 3/30 Spartan Relays

4	Dickinson State (N.D.)	4:25.14
LW: --	North Star	average 1:06.28
16	Kyley BARNETT	JR 1:03.47 4/19 Blue Hawk Gan
26	Kaitlyn MCCOLLY	SR 1:04.44 4/19 Blue Hawk Gan
71	Peyton MCLAUGHLIN	SO 1:07.52 4/11 NDSU Spring Cl
	Zoey HEID	SO 1:09.71 4/19 Blue Hawk Gan

5	Central Methodist (Mo.)	4:29.03
LW: 4 ▼ 1	The Heart	average 1:07.26
21	Aroa CARBALLO	FR 1:03.98 4/19 Georgia Tech In
47	Shannon O'NEIL	JR 1:05.87 3/15 Central Method
72	Lauren KENNON	FR 1:07.55 3/15 Central Method
	Sofia RIZO	FR 1:11.63 4/18 Culver-Stockto

6	Dordt (Iowa)	4:36.99
LW: 5 ▼ 1	GPAC	average 1:09.25
36	Kaitlin WERCINSKI	FR 1:05.36 4/12 Sioux City Relay
	Jada KOERNER	SO 1:09.82 4/12 Sioux City Relay
	Lydia HERMAN	JR 1:10.29 4/12 South Dakota C
	Faith MINDERHOUD	SO 1:11.52 4/16 Red Raider Ope

7	Our Lady of the Lake (Tex)	4:37.51
LW: 6 ▼ 1	Red River	average 1:09.38
7	Aziza CLARK	SO 1:02.06 4/12 Cactus Cup
	Kymberli CAVAZOS	FR 1:10.39 4/12 Cactus Cup
	Lori TURNER	SO 1:11.74 3/22 UTSA Invitation
	Mariah WATTS	SR 1:13.32 3/29 Trinity (Texas) I

8	Xavier (La.)	4:40.10
LW: 7 ▼ 1	Red River	average 1:10.03
69	Jade HARRIS	JR 1:07.29 4/5 Davenport-Millb
	Laurn MARTIN	FR 1:10.43 4/11 Strawberry Rel
	Leojai HIBBERT	SO 1:11.06 4/5 Davenport-Millb
	Kayla JACKSON	JR 1:11.32 4/5 Davenport-Millb

9	Ave Maria (Fla.)	4:50.71
LW: 9	Sun Conference	average 1:12.68
	Emma PERREAULT	JR 1:09.97 3/8 St. Thomas Unc
	Stephanie SURAN	SO 1:11.37 4/4 STU Outdoor M
	Juliette NICHOLS	FR 1:14.22 4/4 STU Outdoor M
	Annie AUSTIN	FR 1:15.15 4/4 STU Outdoor M

10	College of Idaho	4:51.83
LW: 8 ▼ 2	Cascade	average 1:12.96
77	Dakota BUSSEN	FR 1:08.00 4/4 Whitworth Peac
	Ruby STEWART	SR 1:12.99 3/15 Nighthawks Op
	Brooke LOWERY	SO 1:13.70 3/15 Nighthawks Op
	Graycee LITTON	JR 1:17.14 4/4 Whitworth Peac

11	Arizona Christian	4:52.40
LW: 10 ▼ 1	GSAC	average 1:13.10
38	Shaylee QUENZER	FR 1:05.41 4/5 UNLV Rebel Elit
64	Jade ROBERTS	SR 1:07.04 4/12 Gaucho Collegi
	Abigayle HARVISTON	FR 1:15.14 3/15 Ross and Sharo
	Niyema KEITH	FR 1:24.81 3/8 Arizona Spring

12	Baker (Kan.)	5:01.41
LW: 11 ▼ 1	The Heart	average 1:15.35
	Makenna LONGACRE	JR 1:12.41 3/30 Zach Kindler W
	Rylee LANSDOWN	SO 1:12.81 4/19 Kansas Relays
	Samantha COOK	FR 1:16.31 3/30 Zach Kindler W
	Lauren HAVLIK	SR 1:19.88 3/30 Zach Kindler W



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Women's 800 Meters

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1	British Columbia	8:47.46
LW: 2 ▲ 1	Cascade	average 2:11.87
1	Rachel MORTIMER SR 2:08.44	4/18 Bryan Clay
2	Mackenzie CAMPBELL SR 2:09.22	4/18 Bryan Clay
15	Sarah MACGILLIVRAY JR 2:13.36	4/18 Bryan Clay
35	Rachel MCDONALD FR 2:16.44	4/18 Bryan Clay
2	Marian (Ind.)	9:02.32
LW: 1 ▼ 1	Crossroads	average 2:15.58
5	Katie WOODS JR 2:11.23	4/12 Fast Break Athl
24	Nora STEELE SR 2:15.36	3/29 Pacesetter Spo
48	Gracie FIELDS FR 2:17.60	4/12 Fast Break Athl
54	Adrianna BOYD SR 2:18.13	4/5 Joe Walker Invi
3	The Master's (Calif.)	9:05.54
LW: 6 ▲ 3	GSAC	average 2:16.38
11	Hannah FREDERICKS SR 2:13.06	4/12 Pomona-Pitzer
16	Ellen PALMGREN SR 2:13.57	4/12 Pomona-Pitzer
33	Suzie JOHNSON JR 2:16.36	4/18 Bryan Clay
	Rebekah NIEDNAGEL JR 2:22.55	3/15 Ross and Sharo
4	Southeastern (Fla.)	9:05.72
LW: 3 ▼ 1	Sun Conference	average 2:16.43
6	Maci MILLS JR 2:11.68	4/5 Embry-Riddle R
9	Jaa'Ln MCBRIDE FR 2:12.58	4/5 Embry-Riddle R
79	Jillian BLASER SR 2:20.23	4/12 South Florida Ir
98	Natalie ROHM JR 2:21.23	4/12 South Florida Ir
5	Madonna (Mich.)	9:08.19
LW: 4 ▼ 1	WHAC	average 2:17.05
20	Lauren HAMILTON SO 2:14.27	4/12 South Florida Ir
28	Elizabeth DANCEY JR 2:15.84	4/19 Elaine Leigh Inv
46	Emonie BONNER SO 2:17.48	3/29 Bobcat Invitatio
88	Sofiya SALLY FR 2:20.60	3/29 Bobcat Invitatio
6	Dordt (Iowa)	9:10.23
LW: 5 ▼ 1	GPAC	average 2:17.56
18	Corinne BRAUN FR 2:14.11	4/12 Sioux City Relay
32	Shelby BUWALDA JR 2:16.27	4/12 Sioux City Relay
65	Emilee HEYNEN SR 2:18.71	4/12 Sioux City Relay
94	Jaci BURTIS SO 2:21.14	4/5 South Dakota E
7	Montreat (N.C.)	9:10.79
LW: 10 ▲ 3	AAC	average 2:17.70
12	Dylan GARCIA SR 2:13.17	4/5 Electric City Inv
44	Yessenia CASTELLANOS SR 2:17.27	4/19 AAC
77	Macy PARKS SO 2:19.97	4/19 AAC
82	Emily STANDIFER SR 2:20.38	4/19 AAC
8	Cornerstone (Mich.)	9:11.82
LW: 7 ▼ 1	WHAC	average 2:17.95
25	Ronnie MCMILLAN SR 2:15.44	4/19 Al Owens Classi
40	Emma STEELE FR 2:16.94	4/12 Calvin Invite
56	Jacie REMTEMA SO 2:18.28	4/12 Calvin Invite
95	Payton HOSLEY FR 2:21.16	4/12 Calvin Invite
9	Saint Xavier (Ill.)	9:13.26
LW: 34 ▲ 25	Chicagoland	average 2:18.31
8	Olivia MATHIS JR 2:12.08	4/18 Hillsdale Gina F
36	Alexandra CLARKE SR 2:16.45	4/18 Hillsdale Gina F
71	Yanira DEANNA PANINKA JR 2:19.55	4/18 Hillsdale Gina F
	Kristin BOOKER SR 2:25.18	4/13 Olivet Nazarene
10	Grace (Ind.)	9:15.64
LW: 8 ▼ 2	Crossroads	average 2:18.91
7	Kylie SAUDER SR 2:11.85	4/19 Al Owens Classi
66	Morgan WELCH JR 2:18.81c (2:20.41)	3/30 Yellow Jacket C
96	Cadence MANNING SO 2:21.19	4/5 GVSU Early
	Addison GRADY JR 2:23.79c (2:25.44)	3/30 Yellow Jacket C
11	Aquinas (Mich.)	9:20.88
LW: 13 ▲ 2	WHAC	average 2:20.22
52	Cadence SCHULTZ SO 2:17.99	4/19 Al Owens Classi
57	Lauren WOOPER JR 2:18.33	4/5 GVSU Early
72	Ella KOONS SO 2:19.73	4/19 Al Owens Classi
	Madison REMPALSKI SO 2:24.83	4/12 Davenport Pan
12	College of Saint Mary (Neb)	9:21.60
LW: 11 ▼ 1	GPAC	average 2:20.40
29	Olivia ELBERT FR 2:16.09	4/11 Jim Duncan Inv
59	Mira FOSMER SO 2:18.39	4/11 Jim Duncan Inv
	Josie KARNIK FR 2:23.33	4/11 Jim Duncan Inv
	Kara MULLER FR 2:23.79	4/5 Concordia (Neb
13	Eastern Oregon	9:22.46
LW: 67 ▲ 54	Cascade	average 2:20.62
46	Skotlyn HILL SR 2:17.48	4/19 Larry Byerly Inv
60	Carlee JENSEN FR 2:18.40	4/19 Oregon Open (c
81	Riley MORRIS JR 2:20.37	4/19 Larry Byerly Inv
	Mattie WOODBURY SO 2:26.21	4/19 Larry Byerly Inv
14	College of Idaho	9:22.47
LW: 9 ▼ 5	Cascade	average 2:20.62
19	Kylee QUINTON SO 2:14.13	4/19 Larry Byerly Inv
78	Zoe BUTLER SR 2:20.01	4/4 Whitworth Pea
	Kimbrie KNUDSEN FR 2:22.85	3/22 Oregon Preview
	Mattie SHIRTS SO 2:25.48c (2:26.11A)	4/18 CCC



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

15	Cumberlands (Ky.)	9:24.40	
LW: 12 ▼ 3	Mid-South	average 2:21.10	
49	Viola JEPLETING	FR 2:17.78	3/22 Montreat Colleg
85	Megan KITCHENS	FR 2:20.43	4/12 The Gordon Boc
	Julie DUEDAHL	FR 2:22.52	4/12 The Gordon Boc
	Elisa HELFERICH	SO 2:23.67	4/12 The Gordon Boc
16	SCAD Savannah (Ga.)	9:24.56	
LW: 17 ▲ 1	Sun Conference	average 2:21.14	
21	Maggie FRONING	SR 2:14.36	4/12 Georgia Showd
	Mila GRESH	FR 2:22.92	4/19 Georgia Tech In
	Carlotta WALSER	SO 2:23.63	4/19 Sharonda Colei
	Liz HOGAN	JR 2:23.65	4/12 Georgia Showd
17	Milligan (Tenn.)	9:27.08	
LW: 14 ▼ 3	AAC	average 2:21.77	
4	Ellen-Mary KEARNEY	JR 2:11.10	4/19 AAC
	Hope KRELL	SO 2:24.86	4/4 Tornado Classi
	Isabelle JOHNSON	JR 2:25.15	3/22 Lee Invitationa
	Morgan WILSON	JR 2:25.97	4/19 AAC
18	Central Methodist (Mo.)	9:29.33	
LW: 15 ▼ 3	The Heart	average 2:22.33	
89	Ali GUTIERREZ	JR 2:20.65	4/11 Mule Relays (ou
	Tara OZINGA	FR 2:22.15	3/29 Central Method
	Aliyaha HERON	JR 2:22.89	4/11 Mule Relays (ou
	Maria BURGOS	FR 2:23.64	4/11 Mule Relays (ou
19	Morningside (Iowa)	9:29.61	
LW: 16 ▼ 3	GPAC	average 2:22.40	
	Courtney SPORRER	JR 2:21.34	4/12 Sioux City Relay
	Morgan SACHS	FR 2:21.96	4/12 Sioux City Relay
	Jolee MESZ	SO 2:22.09	3/29 Central Method
	Nicole ZUEHL	JR 2:24.22	4/12 Sioux City Relay
20	Indiana Wesleyan	9:30.15	
LW: 21 ▲ 1	Crossroads	average 2:22.54	
51	Karis HUNTER	JR 2:17.91	4/12 Indiana Little S
83	Kyras MAAS	JR 2:20.39	4/18 Rose-Hulman T
	Abby WALLACE	SO 2:24.58	3/29 Pacesetter Spo
	Olivia BOHANON	SO 2:27.27	4/12 Indiana Little S
21	William Carey (Miss.)	9:30.31	
LW: 19 ▼ 2	SSAC	average 2:22.58	
22	Maria TIRADO	SO 2:15.08	4/19 Jim Mize Invat
75	Maria SIMANCAS	SR 2:19.85	3/22 MissSt Relays
	Hannah MITCHELL	SO 2:25.38	3/22 MissSt Relays
	Aurora LATIMER	FR 2:30.00	4/19 Jim Mize Invat
22	Kansas Wesleyan	9:31.83	
LW: 28 ▲ 6	KCAC	average 2:22.96	
63	Hailey NORDHUS	FR 2:18.58	4/12 Wichita State K
92	Josie KOPPE	SR 2:21.04	4/19 KWU Coyote Cl
	Madisyn EHRLICH	JR 2:25.18	4/12 Wichita State K
	Joni SCHROEDER	JR 2:27.03	4/12 Wichita State K
23	Mount Mercy (Iowa)	9:32.11	
LW: 43 ▲ 20	The Heart	average 2:23.03	
64	Corine GADIENT	SR 2:18.68	3/29 Central Metho
	Catie REITTINGER	FR 2:21.75	4/12 Mustang Dista
	J'Lyn KNUTSON	SR 2:23.72	4/19 DeBacker Invt
	Esther ATTWOOD	SO 2:27.96	4/19 DeBacker Invt
24	Taylor (Ind.)	9:32.73	
LW: 18 ▼ 6	Crossroads	average 2:23.18	
22	Abigail MAYS	SR 2:15.08	4/12 Indiana Little S
	Addie DRAPER	SO 2:25.38	3/22 Polar Bear Invt
	Emersyn FUNK	JR 2:25.45	3/22 Polar Bear Invt
	Audrey BRINKRUFF	SR 2:26.82	3/22 Polar Bear Invt
25	Doane (Neb.)	9:32.98	
LW: 24 ▼ 1	GPAC	average 2:23.25	
17	Danie PARRIOTT	JR 2:13.70	4/8 Doane Informati
	Chaney NELSON	SO 2:23.95	4/18 Jim Dutcher Me
	Ashlei MCDONALD	JR 2:26.90	4/8 Doane Informati
	Maddy RAMEY	JR 2:28.43	4/11 DUAL: Doane-N
26	Oklahoma City	9:34.76	
LW: 20 ▼ 6	SAC	average 2:23.69	
45	Erika PENA	SO 2:17.44	4/18 Bryan Clay
67	Florencia CABRERA	SO 2:18.83	4/12 Wichita State K
	Isabelle SPILLER	SO 2:23.62	4/12 Wichita State K
	Makenzi DEHART	FR 2:34.87	3/29 Oklahoma Bap
27	Tabor (Kan.)	9:35.36	
LW: 32 ▲ 5	KCAC	average 2:23.84	
42	Sonya ZIMMERMAN	SR 2:17.10	4/5 Friends Informati
	Julianna MAXFIELD	SO 2:21.74	4/5 Friends Informati
	Kylie ARNOLD	SO 2:25.85	4/19 KWU Coyote Cl
	Autumn HICKOCK	FR 2:30.67	4/5 Friends Informati
28	SCAD Atlanta (Ga.)	9:37.60	
LW: 22 ▼ 6	AAC	average 2:24.40	
30	Ashlyn VANLANDINGHAM	JR 2:16.10	3/28 Thrills In The Hi
	Tatum DYKSTRA	FR 2:21.63	3/28 Thrills In The Hi
	Meredith LARKWORTHY	FR 2:23.90	3/28 Thrills In The Hi
	Catarina DUBYK-CASSIDY	FR 2:35.97	4/19 AAC



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

29	Benedictine (Kan.)	9:38.06	
LW: 26 ▼ 3	The Heart	average 2:24.51	
93	Mary Cate GOLDEN	SR 2:21.08	3/30 Zach Kindler W
	Anna CAMPBELL	JR 2:23.14	4/11 Mule Relays (ou
	Josie JANSEN	SO 2:24.46	4/11 Mule Relays (ou
	Gemma DOWNEY	SR 2:29.38	4/19 Kansas Relays
30	Rio Grande (Ohio)	9:38.32	
LW: 23 ▼ 7	River States	average 2:24.58	
41	Laura HAMM	FR 2:16.97	3/29 Carnegie Mello
	Jayden ROACH	SR 2:25.15	4/4 Golden Eagle In
	Kendra GROOMS	SR 2:27.10	4/4 Golden Eagle In
	Mackenzie MCCARTHY	JR 2:29.10	4/4 Golden Eagle In
31	Northwestern (Iowa)	9:39.27	
LW: 29 ▼ 2	GPAC	average 2:24.82	
	Brielle ENGELMANN	SO 2:24.44	4/16 Red Raider Ope
	Allison HOUGH	SO 2:24.87	4/12 Sioux City Relay
	Emily DE GROOT	JR 2:24.93	4/12 Sioux City Relay
	Macy SCHROEDER	FR 2:25.03	4/16 Red Raider Ope
32	Life (Ga.)	9:39.63	
LW: 25 ▼ 7	SSAC	average 2:24.91	
10	Emeline DELAVILLE	SO 2:12.95	4/12 Gamecock Inv
	Najah GIBSON	JR 2:24.16	3/29 Don McGarey In
	Sky JONES	FR 2:26.30	3/29 Don McGarey In
	Carmen CRAWFORD	FR 2:36.22	3/29 Don McGarey In
33	Missouri Baptist	9:40.06	
LW: 27 ▼ 6	AMC	average 2:25.01	
86	Angela WARD	SO 2:20.54	3/22 Missouri S&T M
87	Adrienne ROCKETTE	JR 2:20.56	4/11 Mule Relays (ou
	Mia DUNCAN	SR 2:27.41	4/11 Mule Relays (ou
	Mattie NOYES	JR 2:31.55	4/12 Cougar Classic
34	Saint Francis (Ind.)	9:40.92	
LW: 30 ▼ 4	Crossroads	average 2:25.23	
62	Kiara BAHENA	SO 2:18.57	3/21 Blizzard Buster
	Lea KUNSTMANN	FR 2:21.52	4/5 Wilmington (Oh
	Raleigh BAUMER	FR 2:23.94	3/21 Blizzard Buster
	Lillee STEWART	JR 2:36.89	4/12 Indiana Little S
35	Olivet Nazarene (Ill.)	9:41.15	
LW: 31 ▼ 4	Chicagoland	average 2:25.29	
27	Heidi HELDT	JR 2:15.74	4/19 Indiana State G
55	Taygen BEYER	FR 2:18.26	4/13 Olivet Nazarene
	Tess VARGA	FR 2:29.91	4/5 Chicagoland Ou
	Molly YOUNG	SO 2:37.24	4/5 Chicagoland Ou
36	Dickinson State (N.D.)	9:42.84	
LW: 40 ▲ 4	North Star	average 2:25.71	
80	Mia HANDRAN	FR 2:20.27	4/6 Al Bortke Open
	Morgan AUNE	JR 2:23.17	4/6 Al Bortke Open
	Natalie LILE	JR 2:27.67	4/19 Blue Hawk Gan
	Kaitlyn MCCOLLY	SR 2:31.73	4/16 NSAA
37	MidAmerica Nazarene (Ka	9:43.30	
LW: 33 ▼ 4	The Heart	average 2:25.82	
73	Alex GERE	SO 2:19.79	4/12 Carl Kight Invi
	Isabella MEILI	FR 2:27.66	4/12 Carl Kight Invi
	Anna MCKNIGHT	FR 2:27.68	4/12 Carl Kight Invi
	Casandra REYES	JR 2:28.17	4/12 Carl Kight Invi
38	Park (Mo.)	9:44.56	
LW: 35 ▼ 3	The Heart	average 2:26.14	
	Lilly CAMARCHO	FR 2:22.84	4/12 Wichita State K
	Jonnica WILLIAMS	FR 2:23.04	4/12 Wichita State K
	Hannah MAND	SO 2:28.71	4/12 Wichita State K
	Lily BRECHEISEN	FR 2:29.97	4/12 Wichita State K
39	Mount Vernon Nazarene (9:44.73	
LW: 36 ▼ 3	Crossroads	average 2:26.18	
	Loey HALLABRIN	SO 2:21.56	4/19 Tiffin Track Car
	Ellyn COE	SR 2:23.53	3/30 Denison Lid-Lift
	Caitlyn SHIPLEY	FR 2:29.18	4/4 Ohio Cherry Blc
	Ashley YODER	FR 2:30.46	4/4 Ohio Cherry Blc
40	Carroll (Mont.)	9:45.63	
LW: 39 ▼ 1	Frontier	average 2:26.41	
13	Madalen SHIPMAN	JR 2:13.24c (2:13.75A)	4/18 Trudnowski Op
	Ellie BAXTER	FR 2:28.00c (2:28.42A)	3/29 Al Manuel Invi
	Nikki NAU	FR 2:30.08c (2:30.51A)	3/29 Al Manuel Invi
	Sydney J LAMB	JR 2:34.31c (2:34.75A)	3/29 Al Manuel Invi
41	Rocky Mountain (Mont.)	9:46.21	
LW: 56 ▲ 15	Frontier	average 2:26.55	
31	Maya PEARCY	SO 2:16.23	4/19 Blue Hawk Gan
76	Tyne STOKES	JR 2:19.95c (2:20.35A)	3/29 Al Manuel Invi
	Grace TIMM	SR 2:22.55	3/15 Battlin' Bears/v
	Lauren RODACKER	JR 2:47.48	4/19 Blue Hawk Gan
42	Indiana Tech	9:46.56	
LW: 41 ▼ 1	WHAC	average 2:26.64	
38	Skotti BALL-DULEY	FR 2:16.75	4/19 Indiana State G
	McKenna PALMER	SR 2:22.43	4/4 Indiana Tech A
	Genesis BOROM	SO 2:30.70	4/19 Indiana State G
	Sarah KOKER	FR 2:36.68	4/4 Indiana Tech A



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

43	Our Lady of the Lake (Tex)	9:48.76
LW: 37 ▼ 6	Red River	average 2:27.19
	Madison PEREZ	SO 2:26.66 3/22 UTSA Invitation
	Brianna RODRIGUEZ	SO 2:26.90 4/12 Cactus Cup
	Victoria BARTLETT	SO 2:27.02 3/29 Bobcat Invitatio
	Liliana HERNANDEZ	JR 2:28.18 3/22 UTSA Invitation
44	Ave Maria (Fla.)	9:49.36
LW: 38 ▼ 6	Sun Conference	average 2:27.34
	Clare OWEN	SO 2:23.54 4/11 Keiser Twilight
	Carol LONG	JR 2:24.60 4/11 Keiser Twilight
	Sofia TORRES	SO 2:29.44 3/8 St. Thomas Unc
	Regina PIROLLI	SR 2:31.78 4/4 STU Outdoor M
45	Goshen (Ind.)	9:51.57
LW: 42 ▼ 3	Crossroads	average 2:27.89
	Stephany CLAUDIO	SR 2:27.00 4/12 Indiana Little S
	Mercy CHEBET	JR 2:27.08 3/22 Polar Bear Invit
	Britney ORTEGA	JR 2:27.91 4/12 Indiana Little S
	Ella ARMSTRONG	FR 2:29.58 3/22 Polar Bear Invit
46	Concordia (Neb.)	9:52.36
LW: 47 ▲ 1	GPAC	average 2:28.09
	50 Trinity TULS	SR 2:17.83 4/5 Concordia (Neb
	Kayla KIRCHNER	JR 2:30.06 4/5 Concordia (Neb
	Katelyn NIX	SR 2:31.81 4/18 Jim Dutcher Me
	Claire BEIKMANN	SO 2:32.66 4/12 Bronco Invitatio
47	Governors State (Ill.)	9:52.68
LW: 44 ▼ 3	Chicagoland	average 2:28.17
	Krysta STANKO	SO 2:22.19 4/13 Olivet Nazarene
	Sydney BONHAM	SO 2:25.55 4/13 Olivet Nazarene
	Kaylee O'SULLIVAN	FR 2:30.78 4/13 Olivet Nazarene
	Yahaira RODRIGUEZ	SO 2:34.16 4/13 Olivet Nazarene
48	UC Merced (Calif.)	9:52.69
LW: 45 ▼ 3	Cal Pac	average 2:28.17
	Leslie AQUINO	FR 2:22.31 3/29 West Coast Relc
	Kasia HOLLAND	JR 2:26.90 4/5 Brutus Hamilto
	Jaydah AGUILAR	SR 2:29.89 3/1 Kim Duyst Invita
	Jailyn BATIS	SO 2:33.59 3/15 Aggie Open
49	Cumberland (Tenn.)	9:52.82
LW: 46 ▼ 3	Mid-South	average 2:28.21
	Ezthia MAYCOCK	JR 2:21.40 4/12 Fast Break Athl
	Channon CUNDIFF	FR 2:29.75 3/22 Lee Invitationa
	Sarah WILKERSON	JR 2:29.87 3/22 Lee Invitationa
	Sharon JEROP	SR 2:31.80 3/29 UAB Spring Tim
50	Montana Tech	9:53.16
LW: --	Frontier	average 2:28.29
	74 Kamryn COMBA	JR 2:19.81 4/4 Whitworth Pea
	MaKenzie SHEILS	SO 2:30.29c (2:30.72A) 3/29 Al Manuel Invita
	Peyton WALKER	SO 2:31.44c (2:31.87A) 3/29 Al Manuel Invita
	Abby CLARK	SR 2:31.62c (2:32.21A) 4/18 Trudnowski Op
51	St. Thomas (Fla.)	9:54.36
LW: 48 ▼ 3	Sun Conference	average 2:28.59
	Kaycie AQUILINO	FR 2:25.10 4/4 STU Outdoor M
	Isabella MARTY	SO 2:26.53 3/22 UCF Black/Gold
	Wislande PIERRE-LOUIS	SR 2:29.93 4/4 STU Outdoor M
	Ahlia SANDIFER	SR 2:32.80 4/4 STU Outdoor M
52	Dakota State (S.D.)	9:54.38
LW: 51 ▼ 1	North Star	average 2:28.60
	Lindsey ROTH	JR 2:25.22 4/18 Maverick Invita
	Anna SCHNEIDER	SO 2:25.52 4/18 Maverick Invita
	Kierra MILLER	SO 2:31.51 4/18 Maverick Invita
	Saddie PALMQUIST	SR 2:32.13 4/18 Maverick Invita
53	St. Ambrose (Iowa)	9:56.00
LW: 49 ▼ 4	Chicagoland	average 2:29.00
	Kaitlyn KNOCHE	SO 2:25.02 4/12 Mustang Distar
	Danielle MOORE	FR 2:27.73 4/12 Mustang Distar
	Lexi MINARD	FR 2:28.41 4/12 Mustang Distar
	Carlie WOOLM	SO 2:34.84 4/18 Augustana (Ill.)
54	Spring Arbor (Mich.)	10:00.14
LW: 50 ▼ 4	Crossroads	average 2:30.03
	Olivea GESSNER	FR 2:27.42 3/22 Lee Invitationa
	Stephanie DODD	SO 2:28.48 3/22 Lee Invitationa
	Shelby CADE	SR 2:29.78 4/12 SAU Bill Bippes
	Ava HOUGHTON	JR 2:34.46 4/12 SAU Bill Bippes
55	Southern Oregon	10:01.34
LW: 54 ▼ 1	Cascade	average 2:30.33
	Abi STEVENS	SR 2:22.17c (2:22.79A) 4/18 CCC
	Alyssa JOHNSON	SO 2:26.84 3/15 Lane (Ore.) CC
	Cammeo RAMIREZ	SR 2:30.07 3/15 Lane (Ore.) CC
	Mercedes HARMS	SO 2:42.26 3/8 Wildcat @ Chic
56	Cottey (Mo.)	10:01.96
LW: 53 ▼ 3	AMC	average 2:30.49
	97 Kate SOUKUP	SO 2:21.20 4/11 Mule Relays (ou
	Madalenn FEE	SR 2:22.60 4/11 Mule Relays (ou
	Mikaela FABEY	SR 2:37.90 4/17 Pittsburg State
	Jessie MICK	FR 2:40.26 4/5 Lincoln Univers



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

57	Campbellsville (Ky.)	10:04.39	
LW: 52 ▼ 5	Mid-South	average 2:31.10	
26	Christy SHANK	JR 2:15.71	4/12 The Gordon Bo
	Brianna COLLINS	SO 2:31.04	3/15 Myrtle Beach Co
	Anna-Claire CARWILE	JR 2:37.49	4/12 The Gordon Bo
	Jennifer BUTTERY	FR 2:40.15	3/15 Myrtle Beach Co
58	Midway (Ky.)	10:04.97	
LW: 75 ▲ 17	River States	average 2:31.24	
	Stevie MCSORLEY	SO 2:25.24	4/19 Morehead State
	Trinity SMITH	SR 2:26.47	4/19 Morehead State
	Ariah EGLESTON	FR 2:33.75	4/19 Morehead State
	Macy ADAMS	JR 2:39.51	4/19 Morehead State
59	Friends (Kan.)	10:06.56	
LW: 55 ▼ 4	KCAC	average 2:31.64	
	Gabrielle SCHWABE	FR 2:28.13	4/19 KWU Coyote Cl
	Hannah CRIBLEY	FR 2:30.12	4/12 Wichita State K
	Grace LEE	SO 2:32.41	4/12 Wichita State K
	Kayli GONZALES	SR 2:35.90	4/12 Wichita State K
60	Hastings (Neb.)	10:06.70	
LW: 64 ▲ 4	GPAC	average 2:31.68	
	Cecilia VELARDE	SR 2:28.65	4/18 Jim Dutcher Me
	Lucy CAREY	FR 2:31.46	4/18 Jim Dutcher Me
	Cynthia CHAPARRO BELLOC	SR 2:33.19	4/18 Jim Dutcher Me
	Whitney CURE	SO 2:33.40	4/18 Jim Dutcher Me
61	John Brown (Ark.)	10:09.29	
LW: --	SAC	average 2:32.32	
91	Anna KEYS	SO 2:21.02	4/11 Mule Relays (ou
	Mikey DUNCAN	SR 2:29.00	3/22 Spire Distance
	Tori CALDER	FR 2:37.02	4/17 Pittsburg State
	Hannah FOSTER	FR 2:42.25	4/17 Pittsburg State
62	Culver-Stockton (Mo.)	10:09.82	
LW: 61 ▼ 1	The Heart	average 2:32.46	
39	Delaney STRAUS	JR 2:16.81	4/12 Mustang Distar
	Lexi CLARK	FR 2:31.65	4/18 Culver-Stockton
	Malia CARMACK	JR 2:37.03	3/15 Central Method
	Faith YOUNCE	SR 2:44.33	4/12 Mustang Distar
63	Oregon Tech	10:11.18	
LW: 57 ▼ 6	Cascade	average 2:32.79	
	Lily EVERSON	JR 2:28.14	4/12 John Knight Tw
	Charis CHILDERS	SO 2:28.92	4/12 John Knight Tw
	Corinne CHILDERS	SO 2:29.64	4/12 John Knight Tw
	Madi PERKINS	FR 2:44.48	3/25 Boxer Combine
64	Bethel (Kan.)	10:11.62	
LW: 59 ▼ 5	KCAC	average 2:32.90	
61	Mia ROMAN	SR 2:18.41	4/12 Wichita State K
	Cleo NARANJO	FR 2:24.93	4/19 KWU Coyote Cl
	Bethany SCHRAG	JR 2:42.93	3/23 Bethel (Kan.) Co
	Sydney HART	FR 2:45.35	4/12 Wichita State K
65	Trinity Christian (Ill.)	10:12.11	
LW: 58 ▼ 7	Chicagoland	average 2:33.03	
	Ariadna JUAREZ	SO 2:26.06	4/12 Mustang Distar
	Jordyn FLEENER	JR 2:26.77	4/12 Mustang Distar
	Maite FARIN	FR 2:37.72	4/12 Mustang Distar
	Alyssa SEINEN	FR 2:41.56	4/12 Mustang Distar
66	William Woods (Mo.)	10:13.02	
LW: 60 ▼ 6	AMC	average 2:33.25	
	Myra BAKER	JR 2:26.97	4/11 Mule Relays (ou
	Mekayla GIBSON	SR 2:32.61	4/5 Lincoln Univers
	Hailey GERARD	JR 2:36.47	4/5 Lincoln Univers
	Emma CLIFFORD	SR 2:36.97	3/15 Central Metho
67	Grand View (Iowa)	10:14.58	
LW: 77 ▲ 10	The Heart	average 2:33.65	
	Faith NEELEY	JR 2:24.90c (2:26.57)	4/12 Dick Young Cla
	Liberty LEIS	SR 2:26.43c (2:28.11)	4/12 Dick Young Cla
	Kylie MUECKE	JR 2:38.39c (2:40.21)	4/12 Dick Young Cla
	Victoria PERALES	JR 2:44.86	4/19 DeBacker Invt
68	IU East (Ind.)	10:14.64	
LW: 62 ▼ 6	River States	average 2:33.66	
70	Emily FLEMING	FR 2:19.53	4/12 Indiana Little S
	Hannah BEST	JR 2:33.05	4/12 Indiana Little S
	Jillian JACKSON	FR 2:39.09c (2:40.92)	3/30 Yellow Jacket C
	Maddy WOLF	SR 2:42.97	4/12 Indiana Little S
69	Xavier (La.)	10:16.59	
LW: 63 ▼ 6	Red River	average 2:34.15	
	Skylah BARTON	SR 2:27.18	4/5 Davenport-Mill
	Kayla GARRETT	FR 2:28.87	4/11 Strawberry Rel
	Dakota WEST	FR 2:37.59	4/11 Strawberry Rel
	Vanessa OLADAPO	SR 2:42.95	4/11 Strawberry Rel
70	Reinhardt (Ga.)	10:16.86	
LW: 66 ▼ 4	AAC	average 2:34.22	
	Noelle DAWES	FR 2:22.97	4/19 AAC
	Rylee FISHER	FR 2:33.63	3/15 Falcon Classic
	Olivia EDWARDS	FR 2:36.74	3/22 Emory Spring B
	Lily TULLOCK	FR 2:43.52	3/15 Falcon Classic



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

71	Shawnee State (Ohio)	10:17.97	
LW: 65 ▼ 6	River States	average 2:34.49	
Kirsten EVANS	JR 2:28.20c	(2:29.90)	3/30 Yellow Jacket C
Jessica ELICK	SO 2:28.77c	(2:30.48)	3/30 Yellow Jacket C
Amanda SALMONS	SO 2:30.49c	(2:32.22)	3/30 Yellow Jacket C
Natalie BRAMMER	JR 2:50.51c	(2:52.47)	3/30 Yellow Jacket C
72	Lindsey Wilson (Ky.)	10:19.16	
LW: 68 ▼ 4	Mid-South	average 2:34.79	
Olivia RUDDER	SR 2:25.54		4/12 The Gordon Boc
Alejandra RE CAREY	SO 2:31.54		3/22 Alan Connie Sh
Sancia SMITH	SO 2:31.99		4/12 The Gordon Boc
Zoe WILSON	FR 2:50.09		3/15 Cumberlands E
73	Baker (Kan.)	10:19.43	
LW: 70 ▼ 3	The Heart	average 2:34.86	
Rachel STERNER	SR 2:24.84		4/19 Kansas Relays
Natalie KENNEDY	SO 2:28.43		4/4 Emporia State I
Peyton PETERSON	SR 2:40.39		4/4 Emporia State I
Jana LANDRETH	JR 2:45.77		3/30 Zach Kindler Wi
74	Arizona Christian	10:20.12	
LW: 69 ▼ 5	GSAC	average 2:35.03	
Kaeshia GUILLAUME	SR 2:29.36		3/29 Cody McBride/L
Allena FUGATT	SR 2:31.87		3/29 Cody McBride/L
Lucy LOVELACE	JR 2:38.81		3/15 Ross and Sharo
Adalien SANTA MARIA	JR 2:40.08		3/15 Ross and Sharo
75	Bryan (Tenn.)	10:23.24	
LW: 79 ▲ 4	AAC	average 2:35.81	
Anna DRILLER	JR 2:21.88		4/19 AAC
Carissa WILSON	JR 2:31.23		4/12 Fast Break Athl
Elena IRWIN	SR 2:44.36		3/9 Victor Ice Break
Olivia ERNY	SR 2:45.77		4/19 AAC
76	Brenau (Ga.)	10:23.48	
LW: 71 ▼ 5	AAC	average 2:35.87	
Kamille DIXON	SR 2:28.01		3/28 Thrills In The Hi
Akin AVERIE	SO 2:35.24		3/22 Emory Spring B
Victoria WOODS	SO 2:39.44		4/5 UWG Legends Ir
Re'yanna ELLIS-PICKETT	FR 2:40.79		4/5 UWG Legends Ir
77	Corban (Ore.)	10:27.53	
LW: 72 ▼ 5	Cascade	average 2:36.88	
Shaelee KILLORN	SO 2:22.48		4/12 John Knight Tw
Grace DAWKINS	FR 2:34.90c	(2:35.57A)	4/19 Oregon Tech In
Emalie LINDBERG	FR 2:38.90		4/12 John Knight Tw
Madyson COMBS	FR 2:51.25		4/5 Linfield Jenn Bc
78	Midland (Neb.)	10:30.70	
LW: 73 ▼ 5	GPAC	average 2:37.68	
Nevaeh SARABIA	JR 2:27.93		4/12 South Dakota C
Carly CARSTENS	FR 2:35.80		4/16 Red Raider Ope
Joy JEPKORIR	FR 2:38.36		4/12 South Dakota C
Maddie BERGSTROM	FR 2:48.61		4/12 South Dakota C
79	Bethel (Ind.)	10:34.77	
LW: 74 ▼ 5	Crossroads	average 2:38.69	
Hannah FRUMP	FR 2:27.25		4/12 Indiana Little S
Addison CURTIS	FR 2:33.57		4/12 Indiana Little S
Emaleigh SMITH	FR 2:37.29		4/12 Indiana Little S
Callie CROUSE	SR 2:56.66		4/12 Indiana Little S
80	Nelson (Texas)	10:36.03	
LW: 76 ▼ 4	SAC	average 2:39.01	
Natalie GUILLEN	JR 2:31.97		3/29 Oklahoma Bap
Olyvia TRANTHAM	FR 2:34.97		4/12 McMurry War H
Cordelia MORGAN	SO 2:38.37		4/12 McMurry War H
Betzaidy NAJERA	FR 2:50.72		4/12 McMurry War H
81	Waldorf (Iowa)	10:36.41	
LW: 78 ▼ 3	GPAC	average 2:39.10	
53 Eliza MCKOWN	JR 2:18.10		4/12 Mustang Distar
Marissa O'CONNOR	SO 2:34.51		4/12 Mustang Distar
Danielle WOOD	SR 2:43.63		4/16 Red Raider Ope
Gemma JASSO	SR 3:00.17		3/28 Central (Iowa) I
82	Bushnell (Ore.)	10:38.73	
LW: 81 ▼ 1	Cascade	average 2:39.68	
Karlee MYERS	FR 2:33.74		4/19 Larry Byerly Inv
Cadence SMITH	FR 2:39.57		3/15 Lane (Ore.) CC
Lindsey RANKIN	FR 2:41.49		3/15 Lane (Ore.) CC
Sidney LANE	JR 2:43.93		4/12 John Knight Tw
83	Tennessee Wesleyan	10:42.97	
LW: 82 ▼ 1	AAC	average 2:40.74	
Molly WOODBY	SR 2:23.60		4/19 AAC
Victoria VERRAN	JR 2:34.37		4/19 AAC
Kaelyn PLUTA	SO 2:43.11		3/22 Lee Invitationa
Chloe DAILEY	FR 3:01.89		4/5 Emory Dooley E
84	Concordia (Mich.)	10:44.10	
LW: 80 ▼ 4	WHAC	average 2:41.03	
Rachael BYERS	SO 2:38.43		4/12 SAU Bill Bippes
Macee RIPKE	SO 2:39.71		4/12 SAU Bill Bippes
Michaela KURTH	SO 2:40.38		4/4 Spartan Invitat
Chloe GUNTER	SR 2:45.58		4/12 SAU Bill Bippes



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Women's 800 Meters

as of 4/22/25 12:11 AM ET

85	Montana Western	10:45.93
LW: 84 ▼ 1	Frontier	average 2:41.48
	Olivia HEINER	SO 2:36.80 3/22 Battlin' Bears/
	Ruby SMITH	FR 2:38.99c (2:39.44A) 3/29 Al Manuel Invitc
	Olivia CANNEY	FR 2:42.83c (2:43.46A) 4/18 Trudnowski Op
	Justene SANTI	SO 2:47.31c (2:47.96A) 4/5 Fighting Saints
86	Dalton State (Ga.)	10:48.51
LW: 83 ▼ 3	SSAC	average 2:42.13
	Kylie GRAY	FR 2:36.07 4/5 Emory Dooley E
	Lexi LYON	FR 2:38.76 3/9 Victor Ice Break
	Haley HARTMAN	SO 2:43.63 3/9 Victor Ice Break
	Madison TODD	SO 2:50.05 4/5 Emory Dooley E
87	Mount Marty (S.D.)	10:49.34
LW: 85 ▼ 2	GPAC	average 2:42.33
	Alexis GOSCH	SO 2:30.95 4/12 Sioux City Relay
	Isabella RAMSGARD	FR 2:39.72 4/8 Doane Invitatio
	Rachel ERK	FR 2:45.78 4/8 Doane Invitatio
	Lauren MITCHELL	SR 2:52.89 4/8 Doane Invitatio
88	Siena Heights (Mich.)	10:50.37
LW: 86 ▼ 2	WHAC	average 2:42.59
	Bailey MCCULLOCH	JR 2:24.27 4/12 SAU Bill Bippes
	Perla REYES	SR 2:43.47 4/5 Golden Grizzly I
	Bridgette DUDLEY	JR 2:50.96 4/5 Golden Grizzly I
	Jordyn BRONOWSKI	JR 2:51.67 4/5 Golden Grizzly I
89	Florida National	10:51.02
LW: 89	Sun Conference	average 2:42.76
	Lismar BENTANCOURT	FR 2:37.03 4/11 Keiser Twilight
	Mia BETANCOURT	FR 2:38.17 4/19 STU Open 3
	Keelee OKORO	FR 2:39.03 4/19 STU Open 3
	Daryl QUICHIMBO	JR 2:56.79 4/19 STU Open 3
90	Wayland Baptist (Texas)	10:51.71
LW: 87 ▼ 3	SAC	average 2:42.93
	Teia MORRIS	FR 2:35.63c (2:36.23A) 3/30 Greyhound Ope
	Inmaculada FELIPE DELGADO	JR 2:38.94c (2:39.55A) 3/30 Greyhound Ope
	Jazmine JACKSON	SO 2:44.45 4/12 Jo Meaker Clas
	Mercedes CELIS	FR 2:52.69c (2:53.35A) 3/30 Greyhound Ope
91	Loyola (La.)	10:51.94
LW: 88 ▼ 3	SSAC	average 2:42.99
	Jasmine MARTINEZ	SR 2:25.71 4/11 Strawberry Rel
	Olivia LEROUX	SO 2:34.61 4/11 Strawberry Rel
	Caitlyn SUMMERS	FR 2:53.86 3/22 Belhaven Invita
	Madison LEISHMAN	JR 2:57.76 4/5 Davenport-Milb
92	Saint Mary-of-the-Woods (10:56.64	
LW: 91 ▼ 1	River States	average 2:44.16
	Brinlee MCCLOUD	FR 2:38.94 4/12 Indiana Little S
	Gwen GARMAN	FR 2:39.44 4/18 Rose-Hulman T
	Chloe FIELD	SO 2:42.13 4/18 Rose-Hulman T
	Emma LYNCH	SR 2:56.13 4/12 Indiana Little S
93	York (Neb.)	11:08.35
LW: --	KCAC	average 2:47.09
	Abby SCHOPPER	FR 2:33.91 4/18 Jim Dutcher Me
	Jadon HESS	FR 2:35.54 4/12 Bronco Invitatio
	Morgan DINKLER	FR 2:56.09 4/12 Bronco Invitatio
	Megan DEHART	SO 3:02.81 4/18 Jim Dutcher Me
94	Missouri Valley	11:09.63
LW: 90 ▼ 4	The Heart	average 2:47.41
	Jozelynn BOSTICK	SO 2:29.83 3/22 Missouri S&T Mi
	Camille HUMPHREY	JR 2:38.96 3/29 Central Methoa
	Bryнна WENTLAND	FR 2:58.91 3/29 Central Methoa
	Faraja NYASA	FR 3:01.93 3/22 Missouri S&T Mi
95	Graceland (Iowa)	11:27.07
LW: 92 ▼ 3	The Heart	average 2:51.77
	Hallee CHAMBERLIN	FR 2:42.29 3/22 Grand View Viki
	Thayadorra ECHAVARRIA	SO 2:45.01 3/22 Grand View Viki
	Ella GERLACH	FR 2:56.06 3/29 Central Methoa
	Ambar FULGENCIO	JR 3:03.71 3/29 Central Methoa
96	Spartanburg Methodist (S 11:34.25	
LW: 93 ▼ 3	Continental	average 2:53.56
	Nsimire BAHONGWERHE	FR 2:45.45 3/8 John-Hunter Cl
	Anna ALTMAN	SO 2:55.40 4/4 Tornado Classi
	Averi VANCE	SO 2:55.62 4/4 Tornado Classi
	Bella SHEILDS	SO 2:57.78 3/8 John-Hunter Cl



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 1500 Meters

as of 4/22/25 12:11 AM ET

1	British Columbia	17:50.08
LW: 1	Cascade	average 4:27.52
2	Rachel MORTIMER SR 4:25.05	4/18 Bryan Clay
4	Mackenzie CAMPBELL SR 4:26.64	4/18 Bryan Clay
6	Amelia PFOHL SR 4:28.81	4/18 Bryan Clay
9	Elysse FLEMING SR 4:29.58	4/12
2	The Master's (Calif.)	18:18.12
LW: 2	GSAC	average 4:34.53
3	Hannah FREDERICKS SR 4:26.24	3/21 Bob Larsen Dist
15	Ellen PALMGREN SR 4:35.56	4/18 Bryan Clay
16	Rebekah NIEDNAGEL JR 4:35.77	4/18 Bryan Clay
24	Suzie JOHNSON JR 4:40.55	3/21 Bob Larsen Dist
3	Montreat (N.C.)	18:51.69
LW: 4	AAC	average 4:42.92
8	Dylan GARCIA SR 4:29.17	3/29 Raleigh Relays
46	Heather MURPHY FR 4:45.45	3/22 Montreat Colleg
57	Brooke WIEBE SR 4:48.12	4/5 Electric City Inv
62	Macy PARKS SO 4:48.95	4/19 AAC
4	Marian (Ind.)	18:52.70
LW: 3	Crossroads	average 4:43.18
5	Katie WOODS JR 4:26.75	4/12 Fast Break Athl
48	Summer REMPE FR 4:46.08	3/29 Pacesetter Spo
67	Gracynn HINKLEY SO 4:49.32	3/29 Pacesetter Spo
81	Nora STEELE SR 4:50.55	4/12 Fast Break Athl
5	Milligan (Tenn.)	19:06.09
LW: 9	AAC	average 4:46.52
1	Ellen-Mary KEARNEY JR 4:21.46	3/29 Raleigh Relays
73	Karly WILHJELM FR 4:49.77	4/19 AAC
	Gracie FRANKLIN FR 4:54.38	3/28 King University
	Isabelle JOHNSON JR 5:00.48	4/19 AAC
6	Cumberlands (Ky.)	19:09.17
LW: 7	Mid-South	average 4:47.29
12	Viola JEPLETING FR 4:34.69	4/18 Wake Forest Inv
49	Elizabeth LUCASON JR 4:46.25	4/12 The Gordon Boc
88	Alina BOSHCHUK SO 4:51.47	4/12 The Gordon Boc
	Elisa HELFERICH SO 4:56.76	3/15 Cumberlands E
7	SCAD Savannah (Ga.)	19:11.44
LW: 5	Sun Conference	average 4:47.86
27	Maggie FRONING SR 4:41.83	4/12 Georgia Showd
45	Liz HOGAN JR 4:45.44	4/12 Georgia Showd
74	Talia SULLIVAN SR 4:50.10	4/12 Georgia Showd
	Mila GRESH FR 4:54.07	4/12 Georgia Showd

8	SCAD Atlanta (Ga.)	19:12.66
LW: 6	AAC	average 4:48.17
35	Katie CLARKE SR 4:44.25	4/19 AAC
53	Tatum DYKSTRA FR 4:46.97	3/28 Thrills In The Hi
66	Avery RAYMOND SO 4:49.25	4/5 Tennessee Invit
91	Meredith LARKWORTHY FR 4:52.19	3/28 Thrills In The Hi
9	Taylor (Ind.)	19:16.95
LW: 8	Crossroads	average 4:49.24
23	Noel VANDERWALL JR 4:40.35	4/12 Indiana Little S
63	Abigail MAYS SR 4:48.99	3/22 Polar Bear Invit
97	Emersyn FUNK JR 4:52.73	4/12 Indiana Little S
	Kaitlin BURDEN JR 4:54.88	4/12 Indiana Little S
10	Cornerstone (Mich.)	19:20.54
LW: 13	WHAC	average 4:50.13
44	Jacie REMTEMA SO 4:45.40	4/19 Al Owens Classi
71	Emma STEELE FR 4:49.51	4/19 Al Owens Classi
87	Emma MOORE JR 4:51.42	4/5 GVSU Early
	Payton HOSLEY FR 4:54.21	4/19 Al Owens Classi
11	Saint Mary (Kan.)	19:20.62
LW: 11	KCAC	average 4:50.15
39	Kate MADSEN SR 4:45.05	4/12 Wichita State K
54	Carly HOLADIA SO 4:47.34	3/22 Spire Distance
72	Josie TYRRELL SO 4:49.67	3/22 Spire Distance
	Abigail WHITE JR 4:58.56	3/22 Spire Distance
12	Grace (Ind.)	19:21.60
LW: 12	Crossroads	average 4:50.40
7	Kylie SAUDER SR 4:28.96	4/5 GVSU Early
68	Addison GRADY JR 4:49.38	4/5 GVSU Early
	Tame BAYLIS SO 5:01.44	3/22 Polar Bear Invit
	Morgan WELCH JR 5:01.82	3/22 Polar Bear Invit
13	College of Idaho	19:24.50
LW: 10	Cascade	average 4:51.12
11	Kahea FIGUEIRA SR 4:34.46	4/4 Whitworth Peac
19	Kylee QUINTON SO 4:38.44	4/4 Whitworth Peac
	Kiely MUNSON SO 5:01.72	4/4 Whitworth Peac
	Molly CONNOR SR 5:09.88	3/15 Nighthawks Op
14	Dordt (Iowa)	19:32.00
LW: 22	GPAC	average 4:53.00
38	Corinne BRAUN FR 4:44.85	4/16 Red Raider Ope
86	Jaci BURTIS SO 4:51.26	4/16 Red Raider Ope
	Jeni BURTIS SO 4:55.21	4/16 Red Raider Ope
	Olivia HOOGLAND FR 5:00.68	4/16 Red Raider Ope



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Women's 1500 Meters

as of 4/22/25 12:11 AM ET

15	Southeastern (Fla.)	19:34.41	LW: 14 ▼ 1	Sun Conference	average 4:53.60
56	Maci MILLS	JR 4:47.93	4/12	South Florida Ir	
89	Jillian BLASER	SR 4:52.06	4/5	Embry-Riddle R	
	Jadyn DEVERNA	FR 4:56.68	4/12	South Florida Ir	
	Grace FEDER	SR 4:57.74	4/12	South Florida Ir	
16	Aquinas (Mich.)	19:35.84	LW: 15 ▼ 1	WHAC	average 4:53.96
42	Madison REMPALSKI	SO 4:45.26	4/5	GVSU Early	
	Cadence SCHULTZ	SO 4:56.33	4/12	Davenport Pan	
	Lauren WOOER	JR 4:56.63	4/12	Davenport Pan	
	Ella KOONS	SO 4:57.62	4/12	Davenport Pan	
17	Kansas Wesleyan	19:37.45	LW: 17	KCAC	average 4:54.36
51	Josie KOPPES	SR 4:46.40	4/12	Wichita State K	
52	Madisyn EHRlich	JR 4:46.65	3/22	Spire Distance C	
	Hailey NORDHUS	FR 4:59.86	3/28	Emporia State I	
	Kierra JENSEN	JR 5:04.54	4/19	KWU Coyote Cl	
18	Evangel (Mo.)	19:40.41	LW: 16 ▼ 2	KCAC	average 4:55.10
31	Skylar ADAMS	SR 4:42.46	4/11	Mule Relays (ou	
	Emily HARRIS	JR 4:55.73	4/17	Pittsburg State	
	Macy KOPP	JR 4:56.62	4/11	Mule Relays (ou	
	Adriana MCGREGOR	SO 5:05.60	4/11	Mule Relays (ou	
19	Missouri Baptist	19:41.73	LW: 18 ▼ 1	AMC	average 4:55.43
36	Mia DUNCAN	SR 4:44.37	4/19	Kansas Relays	
	Adrienne ROCKETTE	JR 4:54.20	3/22	Missouri S&T Mi	
	Angela WARD	SO 4:55.59	4/12	Cougar Classic	
	Julia WHORTON	FR 5:07.57	3/22	Missouri S&T Mi	
20	Carroll (Mont.)	19:44.19	LW: 21 ▲ 1	Frontier	average 4:56.05
22	Madalen SHIPMAN	JR 4:39.97	4/4	Whitworth Peac	
	Ellie BAXTER	FR 4:54.61c (4:59.39A)	4/18	Trudnowski Op	
	Anna TERRY	SO 5:04.28c (5:08.09A)	4/10	Providence Ope	
	Nikki NAU	FR 5:05.33c (5:10.29A)	4/5	Fighting Saints	
21	Embry-Riddle (Ariz.)	19:44.70	LW: 20 ▼ 1	GSAC	average 4:56.18
84	Makenna BRAY	SR 4:50.91	4/18	ULV Leopard In	
95	Kylie MONSON	FR 4:52.65	3/28	Mangrum Invit	
	Elyse GRANT	FR 4:58.07	3/8	Oxy Distance C	
	Raelyn YOSHIOKA	SO 5:03.07	3/15	Ross and Sharo	
22	Rocky Mountain (Mont.)	19:46.05	LW: 29 ▲ 7	Frontier	average 4:56.51
28	Kallyn WILKINS	JR 4:42.04c (4:45.33A)	3/29	Al Manuel Invit	
85	Jayden WOODLAND	JR 4:50.93	4/19	Blue Hawk Gan	
	Maya PEARCY	SO 5:05.68	3/15	Battlin' Bears/I	
	Tyne STOKES	JR 5:07.40	3/15	Battlin' Bears/I	
23	Eastern Oregon	19:54.93	LW: 19 ▼ 4	Cascade	average 4:58.73
13	Riley MORRIS	JR 4:35.13	4/4	Whitworth Peac	
94	Mattie WOODBURY	SO 4:52.64	4/19	Oregon Open (c	
	Kiah CARLSON	FR 5:10.45	3/15	Nighthawks Op	
	Ashley TREADWELL	SO 5:16.71	4/19	Larry Byerly Inv	
24	Mount Mercy (Iowa)	19:55.73	LW: 23 ▼ 1	The Heart	average 4:58.93
	Abby KNEPPER	SO 4:53.61	3/15	Rhodes Invitati	
	J'Lyn KNUTSON	SR 4:54.84	4/12	Mustang Distar	
	Corine GADIENT	SR 5:02.28	3/29	Central Methoa	
	Catie REITTINGER	FR 5:05.00	3/15	Rhodes Invitati	
25	Shawnee State (Ohio)	19:56.71	LW: 24 ▼ 1	River States	average 4:59.18
70	Olivia CISCO	JR 4:49.50	3/30	Yellow Jacket C	
	Jessica ELICK	SO 4:54.90	3/30	Yellow Jacket C	
	Kirsten EVANS	JR 5:00.05	4/4	Ohio Cherry Blc	
	Amanda SALMONS	SO 5:12.26	4/4	Ohio Cherry Blc	
26	Oklahoma City	19:58.66	LW: 36 ▲ 10	SAC	average 4:59.66
17	Louise COCKING	SR 4:35.84	4/18	Bryan Clay	
43	Erika PENA	SO 4:45.30	4/18	Bryan Clay	
	Isabelle SPILLER	SO 5:02.89	4/12	Wichita State K	
	Makenzi DEHART	FR 5:34.63	3/29	Oklahoma Bap	
27	Benedictine (Kan.)	19:59.13	LW: 28 ▲ 1	The Heart	average 4:59.78
60	Mary Cate GOLDEN	SR 4:48.57	4/19	Kansas Relays	
	Josie JANSEN	SO 4:54.30	4/11	Mule Relays (ou	
	Julia MCLAUGHLIN	SR 5:08.02	3/30	Zach Kindler W	
	Catherine STARRS	JR 5:08.24	4/11	Mule Relays (ou	
28	Montana Tech	20:01.04	LW: --	Frontier	average 5:00.26
75	Kamryn COMBA	JR 4:50.22c (4:54.93A)	4/18	Trudnowski Op	
	Alyssa JANY	JR 4:56.91c (5:00.63A)	4/10	Providence Ope	
	Alyssa PLANT	SO 4:57.62c (5:02.45A)	4/18	Trudnowski Op	
	Bella BIRMINGHAM	FR 5:16.29c (5:21.43A)	4/18	Trudnowski Op	



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Women's 1500 Meters

as of 4/22/25 12:11 AM ET

29	Indiana Wesleyan	20:02.84	36	Campbellsville (Ky.)	20:14.00		
LW: 31 ▲ 2	Crossroads	average 5:00.71	LW: 33 ▼ 3	Mid-South	average 5:03.50		
61	Abby WALLACE	SO 4:48.94	20	Christy SHANK	JR 4:39.70	4/5	Vargo Inv
	Ella BALDWIN	SR 4:55.41		Brianna COLLINS	SO 5:05.26	4/12	The Gordon Box
	Marissa CATES	SO 5:07.84		Emma MADDING	FR 5:13.81	4/12	The Gordon Box
	Savanna LIDDLE	SO 5:10.65		Nina DAMAN	SR 5:15.23	4/12	The Gordon Box
30	Saint Francis (Ind.)	20:05.07	37	Our Lady of the Lake (Tex	20:16.11		
LW: 25 ▼ 5	Crossroads	average 5:01.27	LW: 34 ▼ 3	Red River	average 5:04.03		
34	Lea KUNSTMANN	FR 4:44.21		Leilani LEZA	JR 4:59.92	3/29	Bobcat Invitati
	Kiara BAHENA	SO 4:57.16		Liliana HERNANDEZ	JR 5:01.33	3/29	Bobcat Invitati
	Rileigh BAUMER	FR 5:05.13		Mia CURIEL	JR 5:06.53	3/22	UTSA Invitation
	Lillee STEWART	JR 5:18.57		Jocelynn REYES	SO 5:08.33	3/29	Bobcat Invitati
31	Evergreen State (Wash.)	20:07.60	38	Doane (Neb.)	20:18.64		
LW: 26 ▼ 5	Cascade	average 5:01.90	LW: 40 ▲ 2	GPAC	average 5:04.66		
18	Alauna CARSTENS	JR 4:37.92	96	Ashlei MCDONALD	JR 4:52.68	4/11	DUAL: Doane-N
	Sherlyn PERALES	FR 5:08.43		Laura HASEMANN	SO 5:05.41	4/18	Jim Dutcher Me
	Maddy PALEK	SO 5:09.34		Maddy RAMEY	JR 5:05.83	4/18	Jim Dutcher Me
	Izabelle TREFTS	JR 5:11.91		Delaney CATRON	SO 5:14.72	4/8	Doane Invitati
32	Olivet Nazarene (Ill.)	20:07.97	39	Ave Maria (Fla.)	20:18.65		
LW: 27 ▼ 5	Chicagoland	average 5:01.99	LW: 35 ▼ 4	Sun Conference	average 5:04.66		
33	Heidi HELDT	JR 4:43.14	99	Sofia TORRES	SO 4:53.30	3/22	South Florida A
76	Taygen BEYER	FR 4:50.32		Madison THOMAS	JR 5:00.13	4/11	Keiser Twilight
	Eleanor FOURNIER	SR 5:06.97		Claudia WOJCIECHOWSKI	SO 5:08.25	3/8	St. Thomas Unc
	Isabella WOJCIECHOWSKI	SO 5:27.54		Regina BAIRD	SO 5:16.97	4/11	Keiser Twilight
33	Madonna (Mich.)	20:08.09	40	Goshen (Ind.)	20:19.94		
LW: 41 ▲ 8	WHAC	average 5:02.02	LW: 37 ▼ 3	Crossroads	average 5:04.99		
41	Elizabeth DANCEY	JR 4:45.12	83	Mercy CHEBET	JR 4:50.80	4/5	GVSU Early
	Sofiya SALLY	FR 4:59.00		Stephany CLAUDIO	SR 5:01.78	4/12	Indiana Little S
	Lauren HAMILTON	SO 5:06.13		Britney ORTEGA	JR 5:10.73	4/12	Indiana Little S
	Emonie BONNER	SO 5:17.84		Caroline JELIMO	SO 5:16.63	4/12	Indiana Little S
34	William Woods (Mo.)	20:10.55	41	College of Saint Mary (Neb	20:22.79		
LW: 30 ▼ 4	AMC	average 5:02.64	LW: 39 ▼ 2	GPAC	average 5:05.70		
77	Hailey GERARD	JR 4:50.33	98	Kara MULLER	FR 4:53.00	4/11	Jim Duncan Inv
	Mekayla GIBSON	SR 4:54.16		Becka KARNIK	FR 5:02.07	4/11	Jim Duncan Inv
	Crystal RUDEN	JR 5:00.82		Corinne MEAD	JR 5:10.83	4/18	Jim Dutcher Me
	Sarah KIRBY	FR 5:25.24		Kiley CRAFT	JR 5:16.89	4/5	Concordia (Neb
35	Governors State (Ill.)	20:11.05	42	Southern Oregon	20:23.98		
LW: 32 ▼ 3	Chicagoland	average 5:02.76	LW: 38 ▼ 4	Cascade	average 5:06.00		
79	Krysta STANKO	SO 4:50.38	21	Cammeo RAMIREZ	SR 4:39.87	3/22	Oregon Preview
	Sydney BONHAM	SO 5:01.77	47	Alyssa JOHNSON	SO 4:45.86	3/22	Oregon Preview
	Kaylee O'SULLIVAN	FR 5:06.69		Ashley JENTZSCH	SO 5:27.51	4/5	Linfield Jenn Bc
	Avery KITTL	SO 5:12.21		Mercedes HARMS	SO 5:30.74	3/8	Wildcat @ Chic



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 1500 Meters

as of 4/22/25 12:11 AM ET

43	Mount Vernon Nazarene (20:30.92
LW: 42 ▼ 1	Crossroads	average 5:07.73
Ellyn COE	SR 4:59.04	4/4 Ohio Cherry Blo
Tammy LIPLIN	FR 5:00.81	3/30 Denison Lid-Lift
Ashley YODER	FR 5:00.98	3/30 Denison Lid-Lift
Lauren GARBER	SO 5:30.09	4/4 Ohio Cherry Blo
44	Rio Grande (Ohio)	20:32.01
LW: 43 ▼ 1	River States	average 5:08.00
80 Laura HAMM	FR 4:50.53	3/15 Myrtle Beach Co
82 Amarissa KERNS	JR 4:50.56	4/4 Golden Eagle In
Mackenzie MCCARTHY	JR 5:04.60	4/4 Golden Eagle In
Kylie GILMORE	FR 5:46.32	4/4 Golden Eagle In
45	St. Ambrose (Iowa)	20:32.35
LW: 74 ▲ 29	Chicagoland	average 5:08.09
Kaitlyn KNOCHE	SO 4:57.36	4/18 Augustana (Ill.)
Lexi MINARD	FR 5:01.25	4/18 Augustana (Ill.)
Addy SMITH	JR 5:14.35	4/18 Augustana (Ill.)
Carlie WOOLM	SO 5:19.39	4/12 Mustang Distan
46	Oregon Tech	20:37.36
LW: --	Cascade	average 5:09.34
Corinne CHILDERS	SO 5:06.17	3/15 Lane (Ore.) CC
Charis CHILDERS	SO 5:07.19c (5:12.71A)	4/19 Oregon Tech In
Jane KUEBRICH	SO 5:07.55c (5:13.08A)	4/19 Oregon Tech In
Chloe CRAWFORD	JR 5:16.45c (5:22.14A)	4/19 Oregon Tech In
47	Morningside (Iowa)	20:38.99
LW: 45 ▼ 2	GPAC	average 5:09.75
69 Courtney SPORRER	JR 4:49.45	3/29 Central Method
Nicole ZUEHL	JR 4:57.63	4/12 Sioux City Relay
Gabby RYAN	SO 5:21.92	4/16 Red Raider Ope
Lillian DAHLHAUSER	FR 5:29.99	4/5 South Dakota E
48	Central Methodist (Mo.)	20:42.27
LW: 44 ▼ 4	The Heart	average 5:10.57
Tara OZINGA	FR 4:54.20	4/11 Mule Relays (ou
Ali GUTIERREZ	JR 5:08.14	3/29 Central Method
Maria BURGOS	FR 5:10.76	3/15 Central Method
Molly MILAZZO	FR 5:29.17	3/29 Central Method
49	John Brown (Ark.)	20:42.49
LW: 46 ▼ 3	SAC	average 5:10.62
Anna KEYS	SO 4:56.42	3/22 Spire Distance
Mikey DUNCAN	SR 5:05.80	4/11 Mule Relays (ou
Tori CALDER	FR 5:19.42	4/11 Mule Relays (ou
Emma BROWN	SR 5:20.85	4/17 Pittsburg State
50	MidAmerica Nazarene (Ka	20:50.15
LW: 47 ▼ 3	The Heart	average 5:12.54
Casandra REYES	JR 5:04.30	4/12 Carl Kight Invi
Anna MCKNIGHT	FR 5:10.19	4/12 Carl Kight Invi
Isabella MEILI	FR 5:13.52	3/30 Zach Kindler W
Julia SWEARENGIN	FR 5:22.14	4/12 Carl Kight Invi
51	Jamestown (N.D.)	20:51.25
LW: 49 ▼ 2	North Star	average 5:12.81
Allyson GOODMANSON	FR 5:09.52	4/6 Al Bortke Open
Lilly PETTY	FR 5:10.50	4/18 UW-La Crosse E
Kirsten VANDER KOOI	SO 5:13.59	4/6 Al Bortke Open
Brooke OLSON	SO 5:17.64	4/6 Al Bortke Open
52	Arizona Christian	20:51.77
LW: 48 ▼ 4	GSAC	average 5:12.94
Kaesha GUILLAUME	SR 5:01.76	3/29 Cody McBride/L
Allena FUGATT	SR 5:10.81	3/8 Arizona Spring
Priscilla CELIS-SALDAVAR	FR 5:17.97	4/5 UNLV Rebel Elit
Priscilla CELIS-SALDIVAR	FR 5:21.23	3/8 Arizona Spring
53	Trinity Christian (Ill.)	20:53.74
LW: 52 ▼ 1	Chicagoland	average 5:13.44
Jordyn FLEENER	JR 4:58.20	4/12 Mustang Distan
Ariadna JUAREZ	SO 5:06.40	4/12 Mustang Distan
Maite FARIN	FR 5:20.57	4/5 Chicagoland O
Maddy BUTLER	JR 5:28.57	4/18 Wisconsin Luth
54	IU East (Ind.)	20:56.41
LW: 53 ▼ 1	River States	average 5:14.10
Emily FLEMING	FR 4:57.64	3/15 Cumberlands E
Cassandra SCHRUBB	JR 5:06.61	4/12 Indiana Little S
Savanna SMITH	FR 5:25.30	4/18 Rose-Hulman T
Maddy WOLF	SR 5:26.86	4/12 Indiana Little S
55	Siena Heights (Mich.)	20:58.04
LW: 50 ▼ 5	WHAC	average 5:14.51
Haley BELL	SR 4:59.89	4/12 SAU Bill Bippes
Bailey MCCULLOCH	JR 5:13.14	4/5 Golden Grizzly I
Hope WILKES	SO 5:14.30	4/12 SAU Bill Bippes
Perla REYES	SR 5:30.71	4/12 SAU Bill Bippes
56	Northwestern (Iowa)	21:00.21
LW: 60 ▲ 4	GPAC	average 5:15.05
Emily DE GROOT	JR 4:57.25	4/5 South Dakota E
Allison HOUGH	SO 5:06.55	4/16 Red Raider Ope
Karina HULZEBOS	SO 5:20.90	4/16 Red Raider Ope
Kiera ROGERS	FR 5:35.51	4/16 Red Raider Ope



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Women's 1500 Meters

as of 4/22/25 12:11 AM ET

57	Cotley (Mo.)	21:03.18	64	Reinhardt (Ga.)	21:15.81				
LW: 55 ▼ 2	AMC	average 5:15.80	LW: 59 ▼ 5	AAC	average 5:18.95				
50	Madalenn FEE	SR 4:46.30	4/17	Pittsburg State	Rylee FISHER	FR 4:57.41	3/28	Thrills In The Hi	
	Kate SOUKUP	SO 5:03.93	4/5	Lincoln Univers	Noelle DAWES	FR 5:18.94	3/28	Thrills In The Hi	
	Mikaela FABEY	SR 5:35.88	4/11	Mule Relays (ou	Teara SNIDER	FR 5:28.04	3/28	Thrills In The Hi	
	Taylor RECHENMACHER	SR 5:37.07	3/29	SBU Bearcat In	Lily TULLOCK	FR 5:31.42	3/15	Falcon Classic	
58	Corban (Ore.)	21:03.96	65	Concordia (Neb.)	21:19.41				
LW: 51 ▼ 7	Cascade	average 5:15.99	LW: 64 ▼ 1	GPAC	average 5:19.85				
64	Shaelee KILLORN	SO 4:49.06	4/12	John Knight Tw	Sammi VOJSLAVEK	JR 5:16.63	4/18	Jim Dutcher Me	
	Carrie BABCOCK	FR 4:56.18	3/20	DUAL: Corban-b	Claire BEIKMANN	SO 5:17.00	4/18	Jim Dutcher Me	
	Makayla ROSE	FR 5:33.78	4/12	John Knight Tw	Hannah BEINTEMA	JR 5:19.60	4/5	Concordia (Neb	
	Madyson COMBS	FR 5:44.94	4/5	Linfield Jenn Bc	Annika STAAB	FR 5:26.18	4/12	Bronco Invitati	
59	UC Merced (Calif.)	21:06.80	66	Montana Western	21:20.71				
LW: 72 ▲ 13	Cal Pac	average 5:16.70	LW: 67 ▲ 1	Frontier	average 5:20.18				
78	Leslie AQUINO	FR 4:50.37	4/5	Brutus Hamilto	Olivia HEINER	SO 5:06.05c (5:11.02A)	4/18	Trudnowski Op	
	Jaydah AGUILAR	SR 5:11.57	3/29	West Coast Relc	Ruby SMITH	FR 5:16.45c (5:21.59A)	4/18	Trudnowski Op	
	Irene MARTINEZ	FR 5:11.58	4/17	Cal State LA Tw	Justene SANTI	SO 5:20.66c (5:24.68A)	4/10	Providence Ope	
	Kasia HOLLAND	JR 5:53.28	3/15	Aggie Open	Olivia CANNEY	FR 5:37.55c (5:41.78A)	4/10	Providence Ope	
60	Bethel (Ind.)	21:08.78	67	Culver-Stockton (Mo.)	21:22.23				
LW: 54 ▼ 6	Crossroads	average 5:17.19	LW: 62 ▼ 5	The Heart	average 5:20.56				
	Hannah FRUMP	FR 5:03.86	4/12	Indiana Little S	Delaney STRAUS	JR 5:10.71	3/22	Grand View Viki	
	Anna ENDERLE	SO 5:13.06	4/4	Indiana Tech A	Lexi CLARK	FR 5:10.83	4/18	Culver-Stockto	
	Emaleigh SMITH	FR 5:25.05	4/12	Indiana Little S	Malia CARMACK	JR 5:29.65	4/12	Mustang Distar	
	Elaina SCHWENDENMANN	SR 5:26.81	4/4	Indiana Tech A	Faith YOUNCE	SR 5:31.04	4/12	Mustang Distar	
61	Dakota State (S.D.)	21:10.02	68	Midway (Ky.)	21:24.44				
LW: 56 ▼ 5	North Star	average 5:17.50	LW: 61 ▼ 7	River States	average 5:21.11				
	Lindsey ROTH	JR 4:55.05	4/5	South Dakota E	Trinity SMITH	SR 5:10.50	3/29	Landon Bond Ir	
	Saddie PALMQUIST	SR 5:18.86	4/5	South Dakota E	Ariah EGLESTON	FR 5:20.92	3/22	Pioneer Invitati	
	Brooke BEAUCAIRE	JR 5:20.97	3/28	Wildcat Classic	Stevie MCSORLEY	SO 5:23.55	3/22	Pioneer Invitati	
	Valerija CURIKOVA	SO 5:35.14	4/12	Minnesota Stat	Macy ADAMS	JR 5:29.47	3/22	Pioneer Invitati	
62	IU Kokomo (Ind.)	21:13.81	69	Viterbo (Wis.)	21:24.64				
LW: 57 ▼ 5	River States	average 5:18.45	LW: 85 ▲ 16	Chicagoland	average 5:21.16				
90	Hannah WELLS	SR 4:52.08	4/5	GVSU Early	40	Tori GERBER	SR 4:45.08	4/18	UW-La Crosse E
	Leslie SPRANKLES	JR 5:06.54	3/30	Yellow Jacket C	Vanessa THOMAS	SR 5:10.09	4/18	UW-La Crosse E	
	Keeley CARPENTER	FR 5:30.99	3/30	Yellow Jacket C	Jolie JAGER	FR 5:40.67	3/29	Billiken Invitati	
	Rachel EBY	JR 5:44.20	3/15	Cumberlands E	Bernadette FRISCH	JR 5:48.80	3/29	Billiken Invitati	
63	Cumberland (Tenn.)	21:15.56	70	St. Francis (Ill.)	21:30.20				
LW: 58 ▼ 5	Mid-South	average 5:18.89	LW: 63 ▼ 7	Chicagoland	average 5:22.55				
	Lauren CRISSINGER	FR 5:13.42	3/29	UAB Spring Tim	Nicole VOLLRATH	FR 5:00.61	4/12	Mustang Distar	
	Channon CUNDIFF	FR 5:16.31	3/29	UAB Spring Tim	Evita MARTINEZ	FR 5:05.73	3/29	First Chance Im	
	Sarah WILKERSON	JR 5:18.27	3/22	Lee Invitationa	Lilia HACKER	FR 5:30.50	4/5	Chicagoland Ou	
	Jenna TOWLES	SO 5:27.56	3/29	UAB Spring Tim	Marianne GERONA	FR 5:53.36	4/5	Chicagoland Ou	



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Women's 1500 Meters

as of 4/22/25 12:11 AM ET

71	Tennessee Southern	21:32.25	78	Rochester Christian (Mich.)	21:53.85
LW: 65 ▼ 6	SSAC	average 5:23.06	LW: 80 ▲ 2	WHAC	average 5:28.46
Lou-Anne BERNARD	FR 5:13.19	3/15 Falcon Classic	Heather ELLER	SR 5:02.57	4/19 Elaine Leigh Inv
Claire DEATON	SO 5:19.48	4/5 UWG Legends In	Aurora JACOBS	FR 5:31.07	4/5 Golden Grizzly I
Emma VIZINA	JR 5:21.51	3/22 Margaret Simm	Mackenzie MONTAGANO	SR 5:32.34	4/12 Davenport Pan
Miriam SCHULZ	SR 5:38.07	4/5 UWG Legends In	Gina COLLINS	JR 5:47.87	4/5 Golden Grizzly I
72	Concordia (Mich.)	21:34.05	79	Dalton State (Ga.)	21:54.39
LW: 66 ▼ 6	WHAC	average 5:23.51	LW: 73 ▼ 6	SSAC	average 5:28.60
Macee RIPKE	SO 5:15.04	4/12 SAU Bill Bippes	Kylie GRAY	FR 5:12.29	4/5 Emory Dooley E
Rachael BYERS	SO 5:16.09	4/12 SAU Bill Bippes	Lexi LYON	FR 5:28.90	3/9 Victor Ice Break
Michaela KURTH	SO 5:25.39	4/19 Elaine Leigh Inv	Madison TODD	SO 5:36.31	3/9 Victor Ice Break
Grace FINLEY	SO 5:37.53	4/12 SAU Bill Bippes	Marlene PAEZ	SR 5:36.89	4/5 Emory Dooley E
73	Columbia (Mo.)	21:41.42	80	Spring Arbor (Mich.)	21:58.87
LW: 68 ▼ 5	AMC	average 5:25.36	LW: 75 ▼ 5	Crossroads	average 5:29.72
Nataly GUTIERREZ	FR 5:18.47	4/11 Mule Relays (ou	Alexis BROWN	FR 5:16.92	4/12 SAU Bill Bippes
Paige THIELEN	SO 5:21.63	4/5 Lincoln Univers	Caitlyn TERRIEN	FR 5:29.52	4/12 SAU Bill Bippes
Lauren BERHORST	FR 5:24.38	4/18 Culver-Stocktor	Emma ADLER	JR 5:31.47	4/4 Spartan Invitat
Xavia CULLERS	SO 5:36.94	4/5 Lincoln Univers	Lillyann PARKS	FR 5:40.96	4/4 Spartan Invitat
74	Brenau (Ga.)	21:45.96	81	Freed-Hardeman (Tenn.)	22:01.92
LW: 69 ▼ 5	AAC	average 5:26.49	LW: 76 ▼ 5	Mid-South	average 5:30.48
Kamille DIXON	SR 5:08.45	3/9 Victor Ice Break	Mary PEARCE	FR 4:58.77	4/20 Mountain Laure
Akin AVERIE	SO 5:09.06	3/28 Thrills In The Hi	Megan LAMPLEY	JR 5:16.71	4/12 Fast Break Athl
Victoria WOODS	SO 5:26.02	3/28 Thrills In The Hi	Eliza POE	JR 5:18.04	4/5 Lincoln Univers
Madi MCMAHAN	SO 6:02.43	3/28 Thrills In The Hi	Elizabeth MCKEEBY	JR 6:28.40	3/8 Harding Invitat
75	Mobile (Ala.)	21:47.22	82	Georgetown (Ky.)	22:05.34
LW: 70 ▼ 5	SSAC	average 5:26.81	LW: --	Mid-South	average 5:31.33
Kaylea HOLMES	SO 5:12.58	3/29 Southern Miss I	Elizabeth LAVINDER	SO 5:11.75	4/19 Morehead State
Kayley BURGESS	SR 5:23.25	3/29 Southern Miss I	Rebecca KAINER	FR 5:15.09	4/12 The Gordon Bo
Reese PRESTRIDGE	JR 5:30.47	4/5 UWG Legends In	Liza POLLIO	FR 5:23.45	3/28 Blue Raider Ru
Claire ATKINS	SO 5:40.92	3/15 Jaguar Opener	Shelby SHEPARD	FR 6:15.05	3/28 Blue Raider Ru
76	Park (Mo.)	21:47.46	83	Wayland Baptist (Texas)	22:17.10
LW: 71 ▼ 5	The Heart	average 5:26.87	LW: 78 ▼ 5	SAC	average 5:34.27
Lily BRECHEISEN	FR 5:18.06	4/19 Kansas Relays	Inmaculada FELIPE	JR 5:03.46c (5:08.35A)	3/30 Greyhound Ope
Jonnica WILLIAMS	FR 5:26.46	3/22 Spire Distance c	DELGADO		
Hannah MAND	SO 5:27.30	3/22 Spire Distance c	Teia MORRIS	FR 5:14.28c (5:18.08A)	4/3 Masked Rider C
Jasmin KLAUNIG	SO 5:35.64	4/12 Wichita State K	Mercedes CELIS	FR 5:35.02	4/12 Jo Meaker Clas.
77	Midland (Neb.)	21:52.74	84	Waldorf (Iowa)	22:20.46
LW: 77	GPAC	average 5:28.18	LW: 84	GPAC	average 5:35.12
Joy JEPKORIR	FR 5:22.91	4/16 Red Raider Ope	Eliza MCKOWN	JR 4:54.02	4/16 Red Raider Ope
Carly CARSTENS	FR 5:24.04	4/16 Red Raider Ope	Danielle WOOD	SR 5:25.87	4/16 Red Raider Ope
Nevaeh SARABIA	JR 5:30.61	3/23 Bethel (Kan.) Cc	Marissa O'CONNOR	SO 5:33.82	4/16 Red Raider Ope
Maddie BERGSTROM	FR 5:35.18	4/12 South Dakota C	Gemma JASSO	SR 6:26.75	4/12 Mustang Distar



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Women's 1500 Meters

as of 4/22/25 12:11 AM ET

85	Nelson (Texas)	22:23.62	92	Graceland (Iowa)	23:23.53
LW: 79 ▼ 6	SAC	average 5:35.90	LW: 89 ▼ 3	The Heart	average 5:50.88
Natalie GUILLEN	JR 5:13.10	4/5 Bill Schmidt Clc	Caitlin GROVER	SO 5:31.01	4/19 DeBacker Invitc
Analia MENENDEZ	SO 5:36.75	4/12 McMurry War H	Cameron SHARP	FR 5:51.81	3/22 Grand View Viki
Betzaida NAJERA	FR 5:41.18	3/29 Oklahoma Bap	Ella GERLACH	FR 5:54.31	4/12 Dick Young Clas
Kelli CIELENCKI	FR 5:52.59	4/5 Bill Schmidt Clc	Sierra DAVENPORT	FR 6:06.40	4/12 Dick Young Clas
86	Dickinson State (N.D.)	22:31.09	93	William Penn (Iowa)	23:28.38
LW: 81 ▼ 5	North Star	average 5:37.77	LW: 87 ▼ 6	The Heart	average 5:52.10
Lauren TAYLOR	JR 5:10.36	3/27 Yellowjackets C	Briana ADMIRE	SO 5:33.02	3/22 Grand View Viki
Natalie LILE	JR 5:33.40	3/22 Marauders Out	Roselaure FULLER	SR 5:37.52	3/28 Central (Iowa) L
Loli JARRETT	SO 5:44.34	3/22 Marauders Out	Avery WATERHOUSE	SO 5:57.42	3/22 Grand View Viki
Jazmyn CARRYWATER	SO 6:02.99	4/6 Al Bortke Open	Morgan TAYLOR	JR 6:20.42	4/12 Dick Young Clas
87	Loyola (La.)	22:33.90	94	Florida National	24:08.14
LW: 82 ▼ 5	SSAC	average 5:38.48	LW: 89 ▼ 5	Sun Conference	average 6:02.04
Jasmine MARTINEZ	SR 4:58.58	4/11 Strawberry Rel	Lismar BENTANCOURT	FR 5:15.69	4/11 Keiser Twilight
Caitlyn SUMMERS	FR 5:36.41	3/22 Belhaven Invita	Mia BETANCOURT	FR 6:08.92	4/5 Embry-Riddle R
Madison LEISHMAN	JR 5:52.74	4/11 Strawberry Rel	Karol PADILLA	SO 6:14.61	4/19 STU Open 3
Sara HAAS	SO 6:06.17	3/22 Belhaven Invita	Daryl QUICHIMBO	JR 6:28.92	4/5 Embry-Riddle R
88	Hastings (Neb.)	22:39.06	95	UHSP (Mo.)	27:22.78
LW: 83 ▼ 5	GPAC	average 5:39.76	LW: 91 ▼ 4	AMC	average 6:50.69
Shania SANTOS	SR 5:23.64	3/15 Ross and Sharo	Ellie CREASEY	SO 6:04.35	4/12 Greenville Selec
Cynthia CHAPARRO BELLOC	SR 5:25.09	4/12 Bronco Invitatio	Ellie CREASEY	SO 6:04.35	4/12 Greenville Selec
Whitney CURE	SO 5:34.69	4/5 Concordia (Neb	Abby BAXTER	JR 6:09.18	3/15 Central Methoa
Destini JOHNSON	FR 6:15.64	3/15 Ross and Sharo	Abby BAXTER	JR 6:09.18	3/15 Central Methoa
89	Saint Xavier (Ill.)	23:01.28	96	Penn State Schuylkill	31:19.01
LW: 86 ▼ 3	Chicagoland	average 5:45.32	LW: 92 ▼ 4	Continental	average 7:49.75
Alexandra CLARKE	SR 5:01.65	4/13 Olivet Nazarene	Malak MOWAFI	SR 6:14.34	4/4 Misericordia Tv
Alexia GUZMAN	SO 5:34.22	4/13 Olivet Nazarene	Jessica CECIL	FR 7:49.54	4/19 Mason-Dixon Cl
Emma KARCZEWSKI	JR 6:09.33	4/13 Olivet Nazarene	Bolu AKINRINADE	FR 8:09.49	3/23 Purple and Gol
Ava MAYER	FR 6:16.08	4/5 Chicagoland Ou	Hanna BULLES	FR 9:05.64	3/23 Purple and Gol
90	Grand View (Iowa)	23:05.71			
LW: 88 ▼ 2	The Heart	average 5:46.43			
Liberty LEIS	SR 5:01.38	4/19 DeBacker Invitc			
Kylie MUECKE	JR 5:46.82	3/22 Grand View Viki			
Victoria PERALES	JR 6:02.64	4/12 Dick Young Clas			
Natalie PLUM	FR 6:14.87	4/19 DeBacker Invitc			
91	Spartanburg Methodist (S	23:07.94			
LW: --	Continental	average 5:46.99			
Sophia OUTHOUS	SO 5:03.65	3/8 John-Hunter Cl			
Polly ADDINGTON	SO 5:50.27	2/28 Susan Rouse In			
Averi VANCE	SO 5:51.87	4/4 Tornado Classic			
Nsimire BAHONGWERHE	FR 6:22.15	2/28 Susan Rouse In			



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Women's Steeplechase

as of 4/22/25 12:11 AM ET

1	Dordt (Iowa)	46:56.28
LW: --	GPAC	average 11:44.07
20	Molly MULDER	JR 11:34.38 4/5 South Dakota E
25	Jada KOERNER	SO 11:38.88 4/5 South Dakota E
29	Adeline CROW	FR 11:46.92 4/16 Red Raider Ope
36	Samantha ANEMA	SR 11:56.10 4/16 Red Raider Ope
2	The Master's (Calif.)	47:31.14
LW: 1 ▼ 1	GSAC	average 11:52.79
2	Emma NELSON	JR 10:49.34 3/21 Bob Larsen Dist
13	Brooke CREGAN	JR 11:23.73 3/21 Bob Larsen Dist
48	Megan TURNER	SR 12:06.47 3/21 Bob Larsen Dist
92	Kylie PAGE	FR 13:11.60 4/12 Pomona-Pitzer
3	St. Ambrose (Iowa)	48:13.46
LW: 2 ▼ 1	Chicagoland	average 12:03.37
23	Kaitlyn KNOCHE	SO 11:36.92 4/12 Mustang Distan
46	Addy SMITH	JR 12:04.91 4/12 Mustang Distan
47	Lexi MINARD	FR 12:05.85 4/12 Mustang Distan
60	Lauren JOHNSON	FR 12:25.78 4/12 Mustang Distan
4	Southeastern (Fla.)	53:20.34
LW: 3 ▼ 1	Sun Conference	average 13:20.09
57	Sophie ROBINSON	JR 12:20.82 4/5 Embry-Riddle R
90	Izzy COLEBANK	FR 13:05.96 3/8 Eagle Invitator
	Natalie ROHM	JR 13:47.27 4/5 Embry-Riddle R
	Sophia DEROSSETT	FR 14:06.29 4/12 South Florida Ir
5	Concordia (Neb.)	54:20.87
LW: 4 ▼ 1	GPAC	average 13:35.22
39	Hannah BEINTEMA	JR 11:58.26 4/18 Jim Dutcher Me
65	Lydia EDMONDS	FR 12:30.84 4/18 Jim Dutcher Me
	Katelyn NIX	SR 14:53.91 3/28 Central Nebras
	Rachel ADA	JR 14:57.86 4/12 Bronco Invitatic



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 5000 Meters

as of 4/22/25 12:11 AM ET

1	The Master's (Calif.)	1:08:20	
LW: 2	▲ 1 GSAC	average 17:05.06	
3	Hannah FREDERICKS	SR 16:16.91	4/18 Bryan Clay
10	Alyssa LOVETT	JR 16:58.76	3/21 Bob Larsen Dist
15	Emma NELSON	JR 17:13.39	3/8 Oxy Distance Co
36	Ellen PALMGREN	SR 17:51.16	3/8 Oxy Distance Co
2	Taylor (Ind.)	1:09:11	
LW: 1	▼ 1 Crossroads	average 17:17.63	
2	Jaynie HALTERMAN	FR 16:09.75	3/22 Polar Bear Invit
18	Noel VANDERWALL	JR 17:20.19	3/22 Polar Bear Invit
19	Samantha PATTERSON	SO 17:22.21	3/22 Polar Bear Invit
57	Rebekah FIRESTONE	JR 18:18.37	4/12 Indiana Little S
3	Cumberlands (Ky.)	1:09:13	
LW: 5	▲ 2 Mid-South	average 17:18.19	
7	Alina BOSHCHUK	SO 16:52.91	4/18 Wake Forest Inv
14	Sharon JEMILI	FR 17:06.50	4/18 Wake Forest Inv
23	Elke WIJMKMANS	SR 17:30.42	4/12 The Gordon Boc
29	Viola JEPLETING	FR 17:42.93	4/5 Tennessee Invit
4	College of Idaho	1:11:21	
LW: 3	▼ 1 Cascade	average 17:50.18	
12	Kahea FIGUEIRA	SR 17:05.39	3/22 Oregon Preview
39	Molly CONNOR	SR 17:57.75	3/22 Oregon Preview
41	Julia GILBERT	SO 18:04.16	4/19 Larry Byerly Inv
50	Kimbrie KNUDSEN	FR 18:13.43	4/4 Whitworth Peac
5	Indiana Wesleyan	1:11:60	
LW: 4	▼ 1 Crossroads	average 17:59.95	
11	Elizabeth BARRETT	JR 17:05.23	3/28 Washington (M
26	Addi DEWEY	SR 17:38.42	3/28 Washington (M
81	Cadence TRAYLOR	SO 18:35.95	3/28 Washington (M
92	Katie MORRISON	SO 18:40.21	3/28 Washington (M
6	SCAD Atlanta (Ga.)	1:12:07	
LW: 9	▲ 3 AAC	average 18:01.73	
13	Katie CLARKE	SR 17:06.32	3/22 GT Yellow Jacke
28	Avery RAYMOND	SO 17:40.86	3/22 GT Yellow Jacke
61	Tatum DYKSTRA	FR 18:19.98	4/19 AAC
	Meredith LARKWORTHY	FR 18:59.76	4/19 AAC
7	Milligan (Tenn.)	1:12:14	
LW: 8	▲ 1 AAC	average 18:03.58	
9	Ellen-Mary KEARNEY	JR 16:57.25	4/19 AAC
52	Karly WILHJELM	FR 18:15.30	4/19 AAC
68	Ashlyn HAAS	JR 18:26.97	4/19 AAC
76	Anna JONES	JR 18:34.81	4/19 AAC
8	Grace (Ind.)	1:12:48	
LW: 7	▼ 1 Crossroads	average 18:12.07	
20	Esther CAMERON	JR 17:22.51	4/5 GVSU Early
42	Tame BAYLIS	SO 18:04.19	4/19 Al Owens Classi
54	Cece MITCHELL	SO 18:16.45	4/5 GVSU Early
	Grace GELLER	JR 19:05.12	4/5 GVSU Early
9	Saint Mary (Kan.)	1:13:04	
LW: 6	▼ 3 KCAC	average 18:16.08	
16	Josie TYRRELL	SO 17:14.60	3/28 Washington (M
71	Kate MADSEN	SR 18:29.39	3/28 Washington (M
91	Gracen GLOVER	SR 18:39.48	4/12 Wichita State K
93	Abigail WHITE	JR 18:40.83	3/28 Washington (M
10	Cornerstone (Mich.)	1:13:55	
LW: 19	▲ 9 WHAC	average 18:28.68	
24	Emma MOORE	JR 17:37.46	4/19 Al Owens Classi
58	Kylie SAILOR	FR 18:18.69	4/19 Al Owens Classi
62	Adelin PATTERSON	JR 18:22.08	4/19 Al Owens Classi
	Aliz PUSZTAI	SO 19:36.51	4/19 Al Owens Classi
11	Embry-Riddle (Ariz.)	1:13:58	
LW: 10	▼ 1 GSAC	average 18:29.43	
37	Zoe TIZARD	SO 17:51.58	3/8 Oxy Distance Co
48	Mia KEMP	FR 18:11.86	3/15 Ross and Sharo
	Tiffany TERRY	JR 18:52.36	3/15 Ross and Sharo
	Makenna BRAY	SR 19:01.91	3/28 Mangrum Invite
12	Evergreen State (Wash.)	1:14:06	
LW: 11	▼ 1 Cascade	average 18:31.58	
8	Alauna CARSTENS	JR 16:55.87	4/19 Oregon Open (c
	Sherlyn PERALES	FR 18:50.29	3/22 Oregon Preview
	Izabelle TREFTS	JR 18:52.59	3/15 PLU Invite
	Maddy PALEK	SO 19:27.57	3/15 PLU Invite
13	Southern Oregon	1:14:19	
LW: --	Cascade	average 18:34.64	
17	Cammeo RAMIREZ	SR 17:18.59	4/19 Larry Byerly Inv
21	Alyssa JOHNSON	SO 17:23.32	4/19 Larry Byerly Inv
	Mercedes HARMS	SO 19:22.58	4/19 Larry Byerly Inv
	Ashley JENTZSCH	SO 20:14.08	4/19 Larry Byerly Inv
14	Dordt (Iowa)	1:14:24	
LW: 12	▼ 2 GPAC	average 18:35.90	
30	Isabella WEBB	SO 17:46.99	4/5 South Dakota E
66	Hannah THONG	FR 18:25.92	4/5 South Dakota E
	Courtney JOINER	JR 18:45.35	4/5 South Dakota E
	Olivia GRABER	SO 19:25.34	4/5 South Dakota E



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 5000 Meters

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15	Eastern Oregon	1:14:34	LW: 13 ▼ 2	Cascade	average 18:38.41
44	Sadie MCCOY	SO 18:08.68	4/4	Whitworth Peak	
47	Kaleah HINES	SO 18:10.67	4/4	Whitworth Peak	
	Kiah CARLSON	FR 18:44.52	4/4	Whitworth Peak	
	Madelyn NICHOLS	SR 19:29.79	4/4	Whitworth Peak	
16	William Woods (Mo.)	1:14:43	LW: 14 ▼ 2	AMC	average 18:40.82
27	Mekayla GIBSON	SR 17:39.06	4/11	Mule Relays (ou	
32	Hailey GERARD	JR 17:49.24	4/11	Mule Relays (ou	
80	Crystal RUDEN	JR 18:35.62	4/11	Mule Relays (ou	
	Tara LOWE	JR 20:39.34	4/12	Greenville Selec	
17	Shawnee State (Ohio)	1:14:49	LW: 17	River States	average 18:42.20
31	Olivia CISCO	JR 17:48.49	3/22	49er Classic	
74	Jessica ELICK	SO 18:33.47	4/4	Ohio Cherry Blo	
	Kirsten EVANS	JR 19:11.01	4/19	Otterbein Twilig	
	Elizabeth MIDDLETON	JR 19:15.85 (19:24.70)	3/30	Yellow Jacket C	
18	Kansas Wesleyan	1:14:53	LW: 15 ▼ 3	KCAC	average 18:43.18
73	Kierra JENSEN	JR 18:32.79	3/22	Spire Distance	
98	Micah DICKENS	FR 18:42.94	3/22	Spire Distance	
	Charlee LIND	JR 18:45.93	3/22	Spire Distance	
	Alayna BEHRMAN	SR 18:51.06	3/22	Spire Distance	
19	Benedictine (Kan.)	1:15:04	LW: 16 ▼ 3	The Heart	average 18:46.01
67	Emilie NELSON	JR 18:26.29	4/11	Mule Relays (ou	
99	Julia MCLAUGHLIN	SR 18:44.06	3/22	Spire Distance	
	Helen ULLRICH	SO 18:56.31	3/22	Spire Distance	
	Catherine AARON	JR 18:57.40	4/11	Mule Relays (ou	
20	Ave Maria (Fla.)	1:15:32	LW: 18 ▼ 2	Sun Conference	average 18:52.99
87	Madison THOMAS	JR 18:37.91	3/22	South Florida A	
90	Sofia TORRES	SO 18:39.31	12/6	Keiser Universit	
97	Claudia WOJCIECHOWSKI	SO 18:42.17	3/22	South Florida A	
	Felicity FOXHOVEN	JR 19:32.58	12/6	Keiser Universit	
21	Southeastern (Fla.)	1:15:54	LW: 20 ▼ 1	Sun Conference	average 18:58.51
72	Jadyn DEVERNA	FR 18:30.42	3/22	South Florida A	
85	Ashlin PRICE	FR 18:37.60	3/22	South Florida A	
	Izzy COLEBANK	FR 19:17.53	4/12	South Florida Ir	
	Jaade MCBRIDE	FR 19:28.47	4/5	Embry-Riddle R	
22	Mount Mercy (Iowa)	1:16:13	LW: 21 ▼ 1	The Heart	average 19:03.25
46	Abby KNEPPER	SO 18:09.25	4/12	Mustang Distar	
	Kayla OVERTON	JR 19:06.97	4/12	Mustang Distar	
	Kalin ROTZOLL	SO 19:13.00	4/12	Mustang Distar	
	Ruth JENNINGS	JR 19:43.78	4/12	Mustang Distar	
23	Governors State (Ill.)	1:16:34	LW: 22 ▼ 1	Chicagoland	average 19:08.53
63	Krysta STANKO	SO 18:23.19	4/5	Chicagoland O	
	Kaylee O'SULLIVAN	FR 19:07.73	3/28	Washington (M	
	Avery KITTL	SO 19:20.30	4/5	Chicagoland O	
	Morgan PIECZYNSKI	JR 19:42.91	4/5	Chicagoland O	
24	Oregon Tech	1:16:48	LW: 23 ▼ 1	Cascade	average 19:11.89
	Charis CHILDERS	SO 18:47.38	3/15	Lane (Ore.) CC	
	Jane KUEBRICH	SO 19:14.84	3/15	Lane (Ore.) CC	
	Chloe CRAWFORD	JR 19:21.46	4/12	John Knight Tw	
	Corinne CHILDERS	SO 19:23.89	4/5	Linfield Jenn B	
25	Olivet Nazarene (Ill.)	1:16:51	LW: 24 ▼ 1	Chicagoland	average 19:12.65
88	Eleanor FOURNIER	SR 18:38.62	4/19	Indiana State G	
	Claire CARTER	FR 19:10.42	4/5	Chicagoland O	
	Hannah HAAG	SO 19:12.53	3/28	Washington (M	
	Violet MONTGOMERY	FR 19:49.03	4/5	Chicagoland O	
26	Carroll (Mont.)	1:17:00	LW: 38 ▲ 12	Frontier	average 19:15.04
82	Anna TERRY	SO 18:37.45 (18:52.21A)	3/29	Al Manuel Invi	
	Nikki NAU	FR 18:58.52 (19:20.52A)	4/18	Trudnowski Op	
	Erika ARTHUR	SR 19:37.82 (20:00.58A)	4/18	Trudnowski Op	
	Jenna CASTRO	SO 19:46.37 (20:09.30A)	4/18	Trudnowski Op	
27	Marian (Ind.)	1:17:00	LW: 25 ▼ 2	Crossroads	average 19:15.08
	Emma BEIMFOHR	JR 18:55.71	3/29	Pacesetter Spo	
	Josie FELDMAN	SO 19:16.23	4/12	Indiana Little S	
	Emersyn WEAVER	FR 19:17.48	3/29	Pacesetter Spo	
	Lindsay HUSTON	JR 19:30.89	3/29	Pacesetter Spo	
28	Spring Arbor (Mich.)	1:17:09	LW: 26 ▼ 2	Crossroads	average 19:17.34
	Madyson OUDBIER	SO 19:04.39	4/4	Spartan Inviat	
	Jynessa LARSEN	SO 19:09.11	4/4	Spartan Inviat	
	Shelby CADE	SR 19:16.12	4/4	Spartan Inviat	
	Emma ADLER	JR 19:39.73	4/12	SAU Bill Bippes	



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Women's 5000 Meters

as of 4/22/25 12:11 AM ET

29	Mount Vernon Nazarene (1:17:50
LW: 27 ▼ 2	Crossroads	average 19:27.60
	Tammy LIPLIN	FR 18:53.13 4/4 Ohio Cherry Blo
	Raelyn BARRETT	JR 19:11.07 4/4 Ohio Cherry Blo
	Julia KANAGY	SR 19:14.85 4/4 Ohio Cherry Blo
	Macy THORNE	SR 20:31.34 4/19 Tiffin Track Car
30	Montreat (N.C.)	1:18:06
LW: 28 ▼ 2	AAC	average 19:31.54
5	Heather MURPHY	FR 16:43.26 4/5 Electric City Inv
	Carlyn BOBO	SO 18:48.51 4/19 AAC
	Aubrey BAHNER	SR 19:47.95 4/5 Electric City Inv
	Ashley JONES	SR 22:46.45 4/5 Electric City Inv
31	St. Ambrose (Iowa)	1:18:19
LW: 29 ▼ 2	Chicagoland	average 19:34.72
	Allison HEIN	JR 18:52.44 4/12 Mustang Distan
	Lexi MINARD	FR 19:11.12 3/28 Washington (M
	Addy SMITH	JR 19:55.16 3/28 Washington (M
	Michaela PIERONI	SO 20:20.17 4/18 Augustana (Ill.)
32	Huntington (Ind.)	1:18:26
LW: 30 ▼ 2	Crossroads	average 19:36.51
22	Emily TEDDER	SR 17:23.39 4/12 Indiana Little S
	Amelia STRZECOWSKI	JR 19:39.15 3/22 Polar Bear Invit
	Lily SPAULDING	SO 20:22.55 3/22 Polar Bear Invit
	Deann FRY	SR 21:00.95 4/12 Indiana Little S
33	Doane (Neb.)	1:18:38
LW: 37 ▲ 4	GPAC	average 19:39.54
	Ashlei MCDONALD	JR 18:48.98 4/18 Jim Dutcher Me
	Kenzy LIPPOLD	FR 19:34.38 4/18 Jim Dutcher Me
	Delaney CATRON	SO 19:56.04 4/11 DUAL: Doane-N
	Alison BRADFORD	FR 20:18.77 4/18 Jim Dutcher Me
34	John Brown (Ark.)	1:19:21
LW: 32 ▼ 2	SAC	average 19:50.32
96	Hope AHNFELDT	JR 18:42.11 3/29 SBU Bearcat In
	Paige ANDREWS	FR 19:48.11 4/17 Pittsburg State
	Emma BROWN	SR 19:49.85 4/11 Mule Relays (ou
	Anna Claire ORR	FR 21:01.23 3/29 SBU Bearcat In
35	Columbia (Mo.)	1:19:33
LW: --	AMC	average 19:53.37
	Paige THIELEN	SO 18:44.95 3/22 Spire Distance c
	Lauren BERHORST	FR 19:15.91 4/11 Mule Relays (ou
	Xavia CULLERS	SO 20:02.16 4/18 Culver-Stocktor
	Nataly GUTIERREZ	FR 21:30.46 4/18 Culver-Stocktor
36	Baker (Kan.)	1:19:39
LW: 31 ▼ 5	The Heart	average 19:54.85
	Haley CARTER	JR 18:57.06 3/22 Spire Distance c
	Kristi CHAMBERS	SR 19:13.50 4/4 Emporia State i
	Ellie BARNARD	JR 19:30.83 3/22 Spire Distance c
	Haley THOMPSON	JR 21:57.99 4/4 Emporia State i
37	Tabor (Kan.)	1:19:44
LW: 35 ▼ 2	KCAC	average 19:56.04
	Adrienne SELZER	JR 19:02.88 4/19 KWU Coyote Clc
	Lauren ADEN	JR 19:15.95 4/19 KWU Coyote Clc
	Kaylee DEANGELIS	JR 20:35.60 4/19 KWU Coyote Clc
	Laurny TURNER	FR 20:49.74 3/30 Zach Kindler W
38	Aquinas (Mich.)	1:20:27
LW: --	WHAC	average 20:06.63
	Mallory BOWKER	SR 18:53.94 4/19 Al Owens Classi
	Claire WALTON	SR 19:40.06 4/19 Al Owens Classi
	Katrina AMRHEIN	JR 20:24.38 4/19 Al Owens Classi
	Noelle HOUSE	SO 21:28.14 4/19 Al Owens Classi
39	Reinhardt (Ga.)	1:20:28
LW: 33 ▼ 6	AAC	average 20:07.05
77	Rylee FISHER	FR 18:35.05 3/22 Emory Spring B
	Teara SNIDER	FR 20:19.08 3/22 Emory Spring B
	Lily TULLOCK	FR 20:43.22 3/28 Thrills In The Hi
	Sara JAMES	SO 20:50.83 3/28 Thrills In The Hi
40	Campbellsville (Ky.)	1:20:60
LW: 34 ▼ 6	Mid-South	average 20:15.00
	Nina DAMAN	SR 19:13.61 3/22 Lee Invitationa
	Emma MADDING	FR 19:35.88 3/22 Pioneer Invitati
	Anna-Claire CARWILE	JR 20:43.48 3/22 Pioneer Invitati
	Jennifer BUTTERY	FR 21:27.02 4/12 The Gordon Bo
41	Missouri Baptist	1:21:13
LW: 39 ▼ 2	AMC	average 20:18.22
	Julia WHORTON	FR 18:47.04 4/11 Mule Relays (ou
	Camrin WATKINS	FR 19:57.80 4/18 Culver-Stocktor
	Lillian HARRIS	JR 21:10.63 3/22 Missouri S&T Mi
	Mercy DEMENT	SR 21:17.39 3/29 Billiken Invitati
42	Morningside (Iowa)	1:21:14
LW: 36 ▼ 6	GPAC	average 20:18.62
79	Courtney SPORRER	JR 18:35.35 3/29 Central Methoa
	Gabby RYAN	SO 20:34.02 3/29 Central Methoa
	London ROGGE	JR 20:41.35 3/29 Central Methoa
	Lillian DAHLHAUSER	FR 21:23.74 3/29 Central Methoa



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 5000 Meters

as of 4/22/25 12:11 AM ET

43	Concordia (Neb.)	1:21:27	
LW: --	GPAC	average 20:21.78	
	Ellie JANDER	JR 19:41.89	4/5 Concordia (Neb)
	Annika STAAB	FR 20:24.49	4/18 Jim Dutcher Me
	Alison STEPANEK	FR 20:26.23	4/5 Concordia (Neb)
	Josie SMITH	SO 20:54.51	4/5 Concordia (Neb)
44	Trinity Christian (Ill.)	1:21:50	
LW: 44	Chicagoland	average 20:27.62	
	Maite FARIN	FR 19:13.16	4/12 Mustang Distan
	Ariadna JUAREZ	SO 19:42.57	4/18 Wisconsin Luth
	Maddy BUTLER	JR 20:53.80	4/12 Mustang Distan
	Jasmine OROZCO	FR 22:00.93	4/5 Chicagoland Ou
45	Mobile (Ala.)	1:22:00	
LW: 40 ▼ 5	SSAC	average 20:30.09	
	Kayley BURGESS	SR 20:10.40	4/5 UWG Legends Ir
	Haley JONES	SR 20:17.17	4/5 UWG Legends Ir
	Claire ATKINS	SO 20:34.87	4/5 UWG Legends Ir
	Trinity PAGE	JR 20:57.90	4/5 UWG Legends Ir
46	Tennessee Southern	1:22:23	
LW: 41 ▼ 5	SSAC	average 20:35.75	
	Claire DEATON	SO 19:52.18	3/22 Margaret Simm
	Emma VIZINA	JR 20:32.99	3/22 Margaret Simm
	Amelia WORSLEY	SO 20:33.43	3/15 Falcon Classic
	Alyssa ANDREA	SO 21:24.38	4/5 UWG Legends Ir
47	Arizona Christian	1:25:56	
LW: 42 ▼ 5	GSAC	average 21:28.96	
	Allena FUGATT	SR 19:02.61	3/15 Ross and Sharo
	Priscilla CELIS-SALDAVAR	FR 19:27.91	3/15 Ross and Sharo
	Madeline DAVIS	SO 23:41.88	4/12 Gaucho Collegi
	Emma COCCIMIGLIO	JR 23:43.43	4/12 Gaucho Collegi
48	Columbia (S.C.)	1:26:19	
LW: 43 ▼ 5	AAC	average 21:34.68	
	Juliana GONZALEZ	SR 19:45.22	4/19 AAC
	Jennyfer VIGUERAS	JR 21:57.09	3/28 Thrills In The Hi
	Avarose BUCCINO	SO 22:14.81	4/5 High Point Verti
	Jennyfer VIGUERAS	22:21.59	3/22 Montreat Colleg
49	Concordia (Mich.)	1:28:24	
LW: 45 ▼ 4	WHAC	average 22:05.91	
	Macee RIPKE	SO 20:18.21	3/22 Polar Bear Invit
	Amanda FOGO	JR 21:57.33	3/22 Polar Bear Invit
	Rachael BYERS	SO 22:00.01	3/22 Polar Bear Invit
	Alison DOERR	JR 24:08.09	3/22 Polar Bear Invit
50	Freed-Hardeman (Tenn.)	1:32:42	
LW: 46 ▼ 4	Mid-South	average 23:10.51	
	49 Mary PEARCE	FR 18:12.78	3/22 Margaret Simm
	Megan LAMPLEY	JR 21:15.66	3/15 Rhodes Invitati
	Elizabeth MCKEEBY	JR 25:57.47	3/15 Rhodes Invitati
	Isabella MINOR	SR 27:16.14	3/15 Rhodes Invitati



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 10,000 Meters

as of 4/22/25 12:11 AM ET

1	Milligan (Tenn.)	2:34:29
LW: --	AAC	average 38:37.18
15	Ashlyn HAAS JR 37:29.59	3/22 Lee Invitational
29	Anna JONES JR 38:25.68	3/22 Lee Invitational
38	Alyssa BEARZI JR 39:08.76	4/19 AAC
40	Natalie FELLERS SR 39:24.68	3/22 Lee Invitational
2	Grace (Ind.)	2:37:010
LW: 1 ▼ 1	Crossroads	average 39:17.38
19	Esther CAMERON JR 37:41.04	3/30 Yellow Jacket C
28	Tame BAYLIS SO 38:25.23	4/12 Indiana Little S
32	Cece MITCHELL SO 38:39.32	3/30 Yellow Jacket C
78	Emma LONG SO 42:23.92	4/12 Indiana Little S
3	College of Idaho	2:38:17
LW: 2 ▼ 1	Cascade	average 39:34.23
17	Molly CONNOR SR 37:32.79	4/5 Mike Fanelli Trc
27	Julia GILBERT SO 38:12.72	4/5 Mike Fanelli Trc
62	Sarah BOLIN SO 41:12.51	4/4 Whitworth Peac
64	Emma CAMPBELL SR 41:18.90	4/4 Whitworth Peac
4	Marian (Ind.)	2:41:46
LW: 3 ▼ 1	Crossroads	average 40:26.51
37	Emma BEIMFOHR JR 39:05.40	4/12 Indiana Little S
39	Emersyn WEAVER FR 39:09.72	4/12 Indiana Little S
60	Lindsay HUSTON JR 40:55.38	4/12 Indiana Little S
83	Emily BAKER SO 42:35.54	4/12 Indiana Little S
5	Dordt (Iowa)	2:44:51
LW: 4 ▼ 1	GPAC	average 41:12.76
33	Courtney JOINER JR 38:43.56	4/12 Sioux City Relay
34	Hannah THONG FR 38:52.98	4/12 Sioux City Relay
89	Ellie JANDA JR 42:54.88	4/12 Sioux City Relay
	Abigail RUSE JR 44:19.62	4/12 Sioux City Relay
6	Eastern Oregon	2:54:28
LW: --	Cascade	average 43:37.02
57	Kiah CARLSON FR 40:49.11	4/19 Larry Byerly Inv
77	Madelyn NICHOLS SR 42:10.34	4/19 Larry Byerly Inv
	Natalie PUGH SO 45:40.25	4/19 Larry Byerly Inv
	Peyton KNEELAND SO 45:48.39	4/19 Larry Byerly Inv
7	Baker (Kan.)	2:55:38
LW: --	The Heart	average 43:54.58
70	Haley CARTER JR 41:37.64	3/30 Zach Kindler Wi
73	Kristi CHAMBERS SR 41:48.38	3/30 Zach Kindler Wi
87	Ellie BARNARD JR 42:49.42	4/19 Kansas Relays
	Haley THOMPSON JR 49:22.87	3/30 Zach Kindler Wi



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's 5000m Race Walk

as of 4/22/25 12:11 AM ET

1 Southeastern (Fla.) 2:00:07

LW: 1 Sun Conference average 30:01.70

7	Ashlyn POULIN	SO	27:05.31	3/30	Spartan Relays
10	Marlee IRVIN	JR	28:33.83	3/30	Spartan Relays
18	Joselyn RIVERA	SO	30:19.94	4/11	Keiser Twilight
26	Tiarra JACKSON	FR	34:07.72	4/11	Keiser Twilight

2 Columbia (S.C.) 2:38:12

LW: -- AAC average 39:33.02

16	Mina SHULL	SO	29:48.67	4/19	AAC
31	Jennyfer VIGUERAS		39:56.65	3/22	Montreat College
32	Jennyfer VIGUERAS	JR	42:34.47	4/19	AAC
33	Amelia NIFONG	FR	45:52.30	4/19	AAC



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's High Jump

as of 4/22/25 12:11 AM ET

1	Midland (Neb.)	6.49m	21-3½
LW: 1	GPAC	average 1.62m	5-3¾
19	Krista HARDY JR	1.66m	5-5¼ 3/28 Central Nebras.
19	Hannah NEWTON SR	1.66m	5-5¼ 4/16 Red Raider Ope
19	Kerrigan MYERS SR	1.66m	5-5¼ 3/28 Central Nebras.
92	Dala DROWNE SO	1.51m	4-11½ 3/28 Central Nebras.
2	Central Methodist (Mo.)	6.46m	21-2¼
LW: 3	▲ 1 The Heart	average 1.62m	5-3¾
4	Haley BELLAMY JR	1.71m	5-7¼ 4/19 Georgia Tech In
12	Renee FINKE SR	1.68m	5-6 3/22 Missouri S&T Mi
54	Shannon O'NEIL JR	1.56m	5-1¼ 4/18 Culver-Stocktor
92	Claireece CROSS SO	1.51m	4-11½ 4/18 Culver-Stocktor
3	Northwestern (Iowa)	6.45m	21-2
LW: 2	▼ 1 GPAC	average 1.61m	5-3¾
3	Jacie VANDER WAAL SR	1.72m	5-7¾ 3/28 Wildcat Classic
19	Aubrey DEGROOT SO	1.66m	5-5¼ 4/12 Sioux City Relay
54	Karli SWART SO	1.56m	5-1¼ 4/12 Sioux City Relay
92	Erin HEUSINKVELD FR	1.51m	4-11½ 4/16 Red Raider Ope
4	Evangel (Mo.)	6.33m	20-9¼
LW: 4	KCAC	average 1.58m	5-2¼
2	Delaney MILLER JR	1.75m	5-8¾ 3/29 SBU Bearcat In
32	April PHILLIPS SO	1.62m	5-3¾ 4/17 Pittsburg State
	Lilian MERRICK SO	1.50m	4-11 3/22 Missouri S&T Mi
	Sharayah SEYMOUR SO	1.46m	4-9½ 3/15 Central Method
5	Doane (Neb.)	6.32m	20-8¾
LW: 4	▼ 1 GPAC	average 1.58m	5-2¼
19	Katelynn KRATZ FR	1.66m	5-5¼ 4/8 Doane Invitatio
34	Josie GARRETT JR	1.61m	5-3¼ 4/11 DUAL: Doane-N
81	Chaney NELSON SO	1.54m	5-½ 4/18 Jim Dutcher Me
92	Elenna KOENIG JR	1.51m	4-11½ 4/8 Doane Invitatio
6	Concordia (Neb.)	6.24m	20-5½
LW: 8	▲ 2 GPAC	average 1.56m	5-1¼
34	Amanda STEINKE SR	1.61m	5-3¼ 4/18 Jim Dutcher Me
34	Addison REIMER SO	1.61m	5-3¼ 4/5 Concordia (Neb)
92	Eve DOMRES FR	1.51m	4-11½ 4/18 Jim Dutcher Me
92	Kimberly SCHROPFER JR	1.51m	4-11½ 4/12 Bronco Invitatio
6	Huntington (Ind.)	6.24m	20-5½
LW: 6	Crossroads	average 1.56m	5-1¼
34	Josey REINEMAN SR	1.61m	5-3¼ 4/4 Indiana Tech A
34	Anna JEANNIN FR	1.61m	5-3¼ 4/4 Indiana Tech A
54	Erica XAYARATH SR	1.56m	5-1¼ 3/22 Polar Bear Invit
	Trysta HILTON JR	1.46m	4-9½ 4/12 Indiana Little S
8	Marian (Ind.)	6.16m	20-2½
LW: 7	▼ 1 Crossroads	average 1.54m	5-½
10	Brooke COFFMAN SO	1.69m	5-6½ 3/22 Polar Bear Invit
84	Precious KNIGHT SO	1.53m	5-¼ 3/29 Pacesetter Spo
92	Nina MARINKOVIC SO	1.51m	4-11½ 4/12 Indiana Little S
	Taylor ASELAG FR	1.43m	4-8¼ 3/29 Pacesetter Spo
9	Viterbo (Wis.)	6.11m	20-½
LW: --	Chicagoland	average 1.53m	5-0
34	Olivia WINGO SR	1.61m	5-3¼ 4/12 UW Oshkosh In
63	Pearla TEKO-FOLLY SO	1.55m	5-1 4/5 Mississippi Rive
81	Avery POPPE FR	1.54m	5-½ 4/18 UW-La Crosse E
	Megan SOBOTTA JR	1.41m	4-7½ 4/12 UW Oshkosh In
10	Grace (Ind.)	6.11m	20-½
LW: 9	▼ 1 Crossroads	average 1.53m	5-0
27	Emily MCCREARY SR	1.65m	5-5 4/19 Tiffin Track Car
63	Makayla NEAL JR	1.55m	5-1 4/19 Tiffin Track Car
84	Sophie RUPP SO	1.53m	5-¼ 3/30 Yellow Jacket C
	Jade HULEY JR	1.38m	4-6¼ 3/30 Yellow Jacket C
11	Cornerstone (Mich.)	6.06m	19-10½
LW: 10	▼ 1 WHAC	average 1.52m	4-11½
81	Allison VANWESEP SO	1.54m	5-½ 4/12 Calvin Invite
84	Bridget MCHUGH FR	1.53m	5-¼ 4/19 Al Owens Classi
92	Kendall WILLIAMSON JR	1.51m	4-11½ 3/22 Polar Bear Invit
	Kenzie MEYER SO	1.48m	4-10¼ 4/19 Al Owens Classi
12	Columbia (Mo.)	5.84m	19-1¾
LW: --	AMC	average 1.46m	4-9½
	Montgomery KECK FR	1.46m	4-9½ 4/18 Culver-Stocktor
	Kamryn MITCHELL FR	1.46m	4-9½ 4/18 Culver-Stocktor
	Ellie REYNOLDS JR	1.46m	4-9½ 4/18 Culver-Stocktor
	Marianna TOMC SO	1.46m	4-9½ 3/15 Central Methoa
13	Brewton-Parker (Ga.)	5.77m	18-11
LW: 11	▼ 2 SSAC	average 1.44m	4-8¾
	Danaysia ROBERTS SO	1.50m	4-11 3/28 Thrills In The Hi
	Jayla MORGAN FR	1.45m	4-9 4/12 Georgia Showd
	Mylan TANNER SO	1.42m	4-7¾ 4/5 UWG Legends I
	Zyria BATTLE FR	1.40m	4-7 3/28 Thrills In The Hi
14	Culver-Stockton (Mo.)	5.68m	18-7½
LW: 12	▼ 2 The Heart	average 1.42m	4-7¾
54	Abigail MOONEY FR	1.56m	5-1¼ 4/18 Culver-Stocktor
92	Delaney STRAUS JR	1.51m	4-11½ 4/18 Culver-Stocktor
	Kinlie JUDD SO	1.38m	4-6¼ 3/22 Grand View Viki
	Caroline LINDSEY JR	1.23m	4-½ 3/22 Grand View Viki



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's High Jump

as of 4/22/25 12:11 AM ET

15	Carroll (Mont.)	5.61m	18-4³/₄
LW: --	Frontier	average 1.40m	4-7 ¹ / ₄
54	Callie KAISER	SO 1.56mA	5-1 ¹ / ₄ 4/5 Fighting Saints
	Katelyn CHRISTENSEN	JR 1.40mA	4-7 4/10 Providence Ope
	Sorren REESE	JR 1.38mA	4-6 ¹ / ₄ 4/18 Trudnowski Op
	Anna HUME	FR 1.27mA	4-2 4/5 Fighting Saints
16	Indiana Wesleyan	5.57m	18-3¹/₄
LW: --	Crossroads	average 1.39m	4-6 ³ / ₄
	Claire ROBINSON	FR 1.41m	4-7 ¹ / ₂ 3/22 Polar Bear Invit
	Teagan RUPP	FR 1.41m	4-7 ¹ / ₂ 3/22 Polar Bear Invit
	Rachel MANNING	SR 1.38m	4-6 ¹ / ₄ 3/29 Pacesetter Spo
	Emma HARBERT	SR 1.37m	4-6 4/19 Indiana State G
17	Arizona Christian	5.42m	17-9¹/₄
LW: 13 ▼ 4	GSAC	average 1.36m	4-5 ¹ / ₄
	Lucy LOVELACE	JR 1.45m	4-9 3/28 Mesa Multis
	McKenna ROGERS	SO 1.38m	4-6 ¹ / ₄ 3/29 Cody McBride/L
	Cheney GOMEZ	SO 1.37m	4-6 4/12 Gaucho Collegi
	Rylan RHODES	FR 1.22m	4-0 4/12 Gaucho Collegi
18	Tabor (Kan.)	5.38m	17-7³/₄
LW: 14 ▼ 4	KCAC	average 1.35m	4-5
	Autumn HICKOCK	FR 1.36m	4-5 ¹ / ₂ 4/5 Friends Invitati
	Kaitlyn DRAKE	SO 1.36m	4-5 ¹ / ₂ 4/5 Friends Invitati
	Holly UNRUH	FR 1.36m	4-5 ¹ / ₂ 4/5 Friends Invitati
	D'myia COX	SO 1.30m	4-3 ¹ / ₄ 3/30 Zach Kindler W



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Pole Vault

as of 4/22/25 12:11 AM ET

1	Viterbo (Wis.)	14.41m	47-3¼	
LW: 1	Chicagoland	average	3.60m	11-9¾
3	Olivia WINGO	SR	4.02m	13-2¼ 4/12 UW Oshkosh Inv
12	Emma JOHNSON	SR	3.67m	12-½ 4/18 UW-La Crosse E
30	Izzy KECK	SO	3.37m	11-¾ 4/18 UW-La Crosse E
32	Emily LUDWIG	SO	3.35m	10-11¾ 4/12 UW Oshkosh Inv
2	Siena Heights (Mich.)	14.07m	46-2	
LW: 2	WHAC	average	3.52m	11-6½
2	Margherita CONRAD	JR	4.17m	13-8¼ 4/12 Davenport Pan
6	Emma STEWART	SO	3.80m	12-5½ 4/18 Hillsdale Gina F
55	Abigail STAUBER	JR	3.05m	10-0 4/12 Davenport Pan
55	Iris MILLIES	FR	3.05m	10-0 4/18 Hillsdale Gina F
3	Indiana Tech	13.95m	45-9¼	
LW: 3	WHAC	average	3.49m	11-5¼
14	Viviana RODRIGUEZ	FR	3.65m	11-11¾ 4/12 Indiana Little S
22	Evelyn DOLCE	SO	3.50m	11-5¾ 4/4 Indiana Tech Ap
28	Hollyn RENFRO	FR	3.45m	11-3¾ 4/19 Indiana State G
32	Kathrin ERTL	FR	3.35m	10-11¾ 4/4 Indiana Tech Ap
4	Doane (Neb.)	13.80m	45-3¼	
LW: 4	GPAC	average	3.45m	11-3¾
5	Kaylee PRIBYL	SO	3.95m	12-11½ 3/28 Central Nebras
14	Kennedy STANLEY	JR	3.65m	11-11¾ 4/18 Jim Dutcher Me
45	Samantha KNAPP	SR	3.20m	10-6 4/11 DUAL: Doane-N
72	Mariah TESSMAN	FR	3.00m	9-10 3/28 Central Nebras
5	Concordia (Neb.)	12.80m	42-0	
LW: 5	GPAC	average	3.20m	10-6
39	Lillee RICHARD	FR	3.30m	10-9¾ 3/28 Central Nebras
39	Kayla SVOBODA	JR	3.30m	10-9¾ 3/28 Central Nebras
45	Aliana MCNAIR	SO	3.20m	10-6 4/18 Jim Dutcher Me
72	McKenzie BOHLEN	FR	3.00m	9-10 3/28 Central Nebras
6	Marian (Ind.)	12.50m	41-0	
LW: 6	Crossroads	average	3.12m	10-3
14	Delaney TEACHNOR	FR	3.65m	11-11¾ 3/22 Polar Bear Invit
55	Quynh SEDLACEK	FR	3.05m	10-0 3/22 Polar Bear Invit
82	Georgie ASHWORTH	FR	2.90m	9-6¼ 4/12 Indiana Little S
82	Mia CURRAN	SO	2.90m	9-6¼ 4/12 Indiana Little S
7	Huntington (Ind.)	11.90m	39-½	
LW: 7	Crossroads	average	2.98m	9-9
32	Emma SCHIFFLI	FR	3.35m	10-11¾ 4/12 Indiana Little S
55	Elaina MOORE	FR	3.05m	10-0 4/4 Indiana Tech Ap
82	Maeve WILKINSON	FR	2.90m	9-6¼ 3/22 Polar Bear Invit
	Katie BOLT	SO	2.60m	8-6¼ 4/4 Indiana Tech Ap
8	Friends (Kan.)	11.88m	38-11¾	
LW: --	KCAC	average	2.97m	9-9
9	Aaliyah RAMIREZ	JR	3.69m	12-1¼ 4/19 Kansas Relays
70	Brynna HALATA	SR	3.04m	9-11¾ 4/12 Wichita State K
100	Ashlyn HUBBARD	FR	2.75m	9-¼ 4/5 Friends Invitati
	Brianna EDGLEY	FR	2.40m	7-10½ 4/19 KWU Coyote Clc
9	Clarke (Iowa)	11.75m	38-6½	
LW: --	The Heart	average	2.94m	9-7½
22	Grace SQUIRES	JR	3.50m	11-5¾ 4/5 Mississippi Rive
45	Emma GRANT	SR	3.20m	10-6 4/5 Mississippi Rive
100	Malia BEICH	JR	2.75m	9-¼ 4/12 Mustang Distar
	Keara ARNOLD	SO	2.30m	7-6½ 4/15 Loras Mid-Weel



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Long Jump

as of 4/22/25 12:11 AM ET

1	William Carey (Miss.)	22.16m	72-8½
LW: 1	SSAC	average 5.54m	18-2¼
6	Tyeesse SMITH	JR 5.84m	19-2 (0.8) 3/15 Jaguar Opener
20	Fabiana MORALES	SO 5.69mw	18-8 (2.8) 3/15 Jaguar Opener
43	Kerrishma WILLIAMS	JR 5.47mw	7-11½ (3.6) 3/15 Jaguar Opener
	Zaniyah WILSON	JR 5.16m	5-11¼ (-2.0) 4/19 Jim Mize Invitat
2	MidAmerica Nazarene (Ka	22.10m	72-6¼
LW: 2	The Heart	average 5.52m	18-1½
4	Reanna GREEN	SR 5.99m	19-8 (0.9) 4/10 Carl Kight Invita
33	Olivia YOUNG	FR 5.56m	18-3 (0.4) 3/29 Central Method
68	Nala BURNS	JR 5.33m	17-6 (0.0) 3/29 Central Method
89	Hayley LOEWEN	JR 5.22m	17-1½ (0.2) 4/12 Carl Kight Invita
3	Park (Mo.)	21.91m	71-10¾
LW: 5	2 The Heart	average 5.48m	17-11¾
2	Rosjai CURTIS	FR 6.07m	19-11 (0.0) 4/16 Bryan Clay
17	Diamond BOYD	5.71m	18-8¾ (1.7) 3/29 Billiken Invitati
67	Dawn MCINTYRE	JR 5.34m	17-6¼ (0.5) 4/19 KWU Coyote Clc
	Shanai SWEETING	JR 4.79m	15-8¾ (-0.4) 3/22 Spire Distance C
4	Ottawa (Kan.)	21.66m	71-¾
LW: 4	KCAC	average 5.42m	17-9¼
17	Jordyn WEEMS	SR 5.71mw	18-8¾ (3.8) 4/12 Wichita State K
31	Jah-Nisha CAMPBELL	SO 5.57m	18-3¼ (0.4) 3/22 Spire Distance C
74	Aba SAM	SO 5.32m	17-5½ (0.0) 3/22 Spire Distance C
	JayOnna PERRY	JR 5.06m	16-7¼ (1.9) 4/19 Kansas Relays
5	Concordia (Neb.)	21.61m	70-10¾
LW: 3	2 GPAC	average 5.40m	17-8¾
30	Kiki NYANOK	SO 5.58m	18-3¾ (0.0) 4/5 Concordia (Neb)
54	Adrianna RODENCAL	JR 5.41m	17-9 (0.0) 4/5 Concordia (Neb)
57	Hayley MILES	JR 5.39m	17-8¼ (0.0) 4/5 Concordia (Neb)
86	Amanda STEINKE	SR 5.23m	17-2 (1.9) 4/12 Bronco Invitatio
6	Central Methodist (Mo.)	21.28m	69-9¾
LW: 6	The Heart	average 5.32m	17-5½
49	Haley BELLAMY	JR 5.45m	7-10¾ (0.0) 3/29 Central Method
56	Ta'Mya DAVIS	SO 5.40m	17-8¾ (0.1) 3/29 Central Method
74	Maria SAHAGUN	FR 5.32m	17-5½ (0.0) 3/15 Central Method
	Claireece CROSS	SO 5.11m	16-9¼ (0.7) 3/29 Central Method
7	Doane (Neb.)	21.12m	69-3½
LW: 7	GPAC	average 5.28m	17-4
57	Rosalyn ROGGASCH	JR 5.39m	17-8¼ (0.0) 4/11 DUAL: Doane-N
79	Abby FONTANA	SR 5.28m	17-4 (-1.0) 4/11 DUAL: Doane-N
83	Chaney NELSON	SO 5.25m	17-2¾ (1.9) 4/18 Jim Dutcher Me
93	Josie GARRETT	JR 5.20m	17-¾ (0.7) 4/11 DUAL: Doane-N
8	College of Saint Mary (Neb)	21.01m	68-11¼
LW: 12	4 GPAC	average 5.25m	17-2¾
15	Kellesse HEARD	SO 5.73m	18-9¾ (0.0) 4/5 Concordia (Neb)
27	Mikaiya RODGERS	FR 5.61mw	18-5 (2.3) 4/11 Jim Duncan Inv
	Allison ISAACSON	SO 4.99m	16-4½ (0.0) 4/18 Jim Dutcher Me
	Taylor HRABIK	JR 4.68m	15-4¼ (0.0) 4/5 Concordia (Neb)
9	Montreat (N.C.)	20.92m	68-7¾
LW: 8	1 AAC	average 5.23m	17-2
47	Jessica GAKERI	SR 5.46m	17-11 (1.4) 3/22 Montreat Collec
57	Adrianna GULLETTE	SR 5.39mw	17-8¼ (2.4) 4/19 AAC
86	Lydia NORMAN	SO 5.23mw	17-2 (2.2) 4/12 Asheville Bulldc
	Saniya MILLER	SO 4.84mw	5-10½ (3.3) 4/12 Asheville Bulldc
10	Brescia (Ky.)	20.74m	68-½
LW: 9	1 River States	average 5.18m	17-¼
24	Jordyn CARDWELL	SR 5.65mw	18-6½ (2.1) 3/22 Lee Invitationa
	McGee TIA	SO 5.10m	16-8¾ (1.4) 4/12 Greenville Sele
	Genesis GHIDE-BRYAN	SO 5.01m	16-5¼ (1.2) 4/12 Greenville Sele
	Alliyah THOMAS	SO 4.98m	16-4¼ (0.0) 4/12 Greenville Sele
11	Tennessee Wesleyan	20.69m	67-10¾
LW: 13	2 AAC	average 5.17m	16-11¾
31	Grace CLEMENS	FR 5.57mw	18-3¼ (2.4) 4/19 AAC
43	Samantha DEGRACE	FR 5.47m	7-11½ (0.8) 4/5 Emory Dooley E
	Lisa SCHOEN	FR 4.88mw	16-¼ (2.7) 4/19 AAC
	Mckenna HUBBARD	FR 4.77m	15-7¾ (0.6) 4/12 Fast Break Athl
12	Mount Marty (S.D.)	20.65m	67-9
LW: 10	2 GPAC	average 5.16m	16-11¼
89	Paige MILLIKAN	JR 5.22m	17-1½ (-0.9) 4/8 Doane Invitatio
98	Marissa BAWDON	FR 5.18mw	17-0 (2.1) 4/8 Doane Invitatio
100	Lexa BURTZLAFF	SR 5.17mw	6-11½ (2.4) 4/5 South Dakota E
	Rachel ERK	FR 5.08m	16-8 (0.0) 4/8 Doane Invitatio
13	Bushnell (Ore.)	20.60m	67-7
LW: 11	2 Cascade	average 5.15m	16-10¾
49	Cyan KELSO-REYNOLDS	FR 5.45m	7-10¾ (0.0) 4/12 John Knight Tw
	Macayla PARRISH	SO 5.11m	16-9¼ (0.0) 4/5 Mike Fanelli Trc
	Ruby LANE	FR 5.02m	16-5¾ (-0.8) 3/15 Lane (Ore.) CC C
	Trinity HAZELITT	SR 5.02m	16-5¾ (1.2) 3/15 Lane (Ore.) CC C
14	Olivet Nazarene (Ill.)	20.33m	66-8½
LW: 14	Chicagoland	average 5.08m	16-8¼
23	Hailey PERRINE	JR 5.66m	18-7 (0.0) 4/5 Chicagoland Ou
	Chloe VANDERVEEN	SR 4.91m	16-1½ (0.0) 4/19 Indiana State G
	Alonna NALLS	SO 4.88m	16-¼ (0.0) 4/5 Chicagoland Ou
	Tristyn GRUBE	SR 4.88m	16-¼ (-1.5) 4/5 Chicagoland Ou



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Long Jump

as of 4/22/25 12:11 AM ET

15	Clarke (Iowa)	20.27m	66-6
LW: 18 ▲ 3	The Heart	average 5.07m	16-7½
39	Annemarie KOERNER	SO 5.52m	18-1½ (0.9) 4/12 Mustang Distar
	Emma GRANT	SR 5.03mw	16-6 (3.2) 4/18 Augustana (Ill.)
	Isabelle MATTHEWS	JR 4.89m	16-½ (0.0) 4/12 Mustang Distar
	Reese RYAN	FR 4.83m	5-10¼ (0.8) 4/12 Mustang Distar
16	Brenau (Ga.)	20.26m	66-5¾
LW: --	AAC	average 5.06m	16-7½
9	Madison KITSON	FR 5.81mw	19-¾ (2.1) 4/19 AAC
	Gabrielle GRANT	FR 4.99m	16-4½ (1.9) 4/19 AAC
	Jennaya COUCOULES	FR 4.76m	15-7½ (0.1) 3/28 Thrills In The Hi
	Jasmine JOHNSON	JR 4.70m	15-5 (-0.7) 4/5 UWG Legends I
17	Arizona Christian	20.20m	66-3¼
LW: 15 ▼ 2	GSAC	average 5.05m	16-7
28	Rylan RHODES	FR 5.60m	18-4½ (0.0) 12/7 Desert Spectac
	Goldyn HALL	FR 4.93m	16-2¼ (0.5) 4/12 Gaucho Collegi
	Cheney GOMEZ	SO 4.84m	5-10½ (0.0) 3/29 Cody McBride/L
	Lucy LOVELACE	JR 4.83m	5-10¼ (-0.7) 3/28 Mesa Multis
18	Indiana Wesleyan	20.04m	65-9
LW: 17 ▼ 1	Crossroads	average 5.01m	16-5¼
	Makayla KEFFELER	SR 5.10m	16-8¾ (1.4) 4/12 Indiana Little S
	Emma HARBERT	SR 5.03m	16-6 (0.0) 3/29 Pacesetter Spo
	Lauren COPPERSMITH	JR 4.97m	16-3¾ (1.9) 4/12 Indiana Little S
	Teagan RUPP	FR 4.94m	16-2½ (0.9) 4/12 Indiana Little S
19	College of Idaho	19.96m	65-6
LW: 16 ▼ 3	Cascade	average 4.99m	16-4½
51	Charlotte BOWMAN	SR 5.44m	7-10¼ (0.6) 3/15 Nighthawks Op
	Mattie SHIRTS	SO 4.94mA	16-2½ (0.6) 4/18 CCC
	Sara VANDERWYK	JR 4.85m	15-11 (1.2) 4/4 Whitworth Pea
	Keira MERRYMAN	FR 4.73m	15-6¼ (1.9) 4/4 Whitworth Pea
20	Marian (Ind.)	19.84m	65-1¼
LW: --	Crossroads	average 4.96m	16-3¼
51	Hanna REUTER	JR 5.44m	7-10¼ (0.0) 4/19 Indiana State G
	Nina MARINKOVIC	SO 5.14m	6-10½ (0.0) 3/29 Pacesetter Spo
	Holli REUTER	JR 4.78m	15-8¼ (0.0) 4/19 Indiana State G
	Taylor ASELAG	FR 4.48m	14-8½ (0.0) 3/29 Pacesetter Spo
21	Columbia (Mo.)	19.72m	64-8½
LW: --	AMC	average 4.93m	16-2¼
	Gracie SCHULTZ	SR 5.07mw	16-7¾ (3.0) 4/18 Culver-Stockto
	Rachel HARGIS	SO 5.02m	16-5¾ (1.9) 3/15 Central Method
	Madeline BURTON	SR 4.85m	15-11 (-0.1) 4/18 Culver-Stockto
	Jalyn LEIBLE	SO 4.78m	15-8¼ (1.9) 3/15 Central Method
22	Lindsey Wilson (Ky.)	19.50m	63-11¾
LW: 21 ▼ 1	Mid-South	average 4.88m	16-0
68	Charm RONE	SO 5.33m	17-6 (0.5) 4/19 Georgia Tech In
	Rosemond OWUSU	FR 5.15m	6-10¾ (2.0) 3/22 Alan Connie Sh
	Destiny BARNES	SO 4.90m	16-1 (-2.5) 3/28 Blue Raider Ru
	Emma EKBUNDIT	FR 4.12mw	13-6¼ (3.1) 4/12 The Gordon Bo
23	Brewton-Parker (Ga.)	19.48m	63-11
LW: 19 ▼ 4	SSAC	average 4.87m	15-11¾
100	A'Shanti SURREY	SR 5.17m	5-11½ (-0.3) 4/5 UWG Legends I
	Jayla MORGAN	FR 4.82m	15-9¾ (0.0) 4/12 Georgia Showd
	Jaleah RHETT	SR 4.80m	15-9 (0.0) 4/12 Georgia Showd
	RaaShonda KHALIL	FR 4.69m	5-4¾ (-1.5) 4/5 UWG Legends I
24	Midland (Neb.)	19.46m	63-10¼
LW: 24	GPAC	average 4.86m	15-11½
77	Kerrigan MYERS	SR 5.30m	17-4¾ (1.9) 4/19 Kansas Relays
	Vanessa RICE	FR 5.06mw	16-7¼ (3.4) 4/16 Red Raider Ope
	Hannah NEWTON	SR 4.62mw	15-2 (2.5) 4/5 Friends Invitati
	Madelynn DOUGHERTY	FR 4.48m	14-8½ (1.5) 4/12 South Dakota C
25	Xavier (La.)	19.42m	63-8¾
LW: 20 ▼ 5	Red River	average 4.85m	15-11¼
	London PROVO	FR 5.06m	6-7¼ (-0.1) 4/11 Strawberry Rel
	Laila SIGURE	FR 4.93m	6-2¼ (-0.4) 4/11 Strawberry Rel
	Leojai HIBBERT	SO 4.72m	15-6 (1.2) 4/5 Davenport-Milb
	Zoe CORDOVA	SR 4.71m	15-5½ (1.1) 4/11 Strawberry Rel
26	Hastings (Neb.)	19.22m	63-¾
LW: --	GPAC	average 4.80m	15-9¼
	Lucy CAREY	FR 5.00m	16-5 (1.2) 4/18 Jim Dutcher Me
	Kamerin TURNER	FR 4.89m	16-½ (0.0) 4/5 Concordia (Neb
	Zailee POULSON	SR 4.75m	15-7 (0.8) 4/18 Jim Dutcher Me
	Trinity DOUBLIN	JR 4.58m	15-½ (0.0) 4/5 Concordia (Neb
27	Madonna (Mich.)	19.17m	62-10¾
LW: --	WHAC	average 4.79m	15-8¾
68	Sanijah JOHNSON	SO 5.33mw	17-6 (3.6) 4/19 Elaine Leigh Inv
	Kiara CARTER	SR 5.10mw	16-8¾ (2.1) 4/19 Elaine Leigh Inv
	Myesha REESE	JR 4.39mw	14-5 (2.2) 4/5 Golden Grizzly I
	Gabriella STACHOWSKI	FR 4.35m	14-3¼ (1.0) 4/19 Elaine Leigh Inv
28	Culver-Stockton (Mo.)	18.97m	62-3
LW: 26 ▼ 2	The Heart	average 4.74m	15-6¾
33	Delaney STRAUS	JR 5.56mw	18-3 (3.3) 4/5 Cornell College
	Abagail MOONEY	FR 4.73m	15-6¼ (2.0) 4/18 Culver-Stockto
	Kinlie JUDD	SO 4.39m	14-5 (0.3) 3/22 Grand View Viki
	Malia CARMACK	JR 4.29m	14-1 (0.2) 3/22 Grand View Viki



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Long Jump

as of 4/22/25 12:11 AM ET

28	Dillard (La.)	18.97m	62-3	36	Rio Grande (Ohio)	16.70m	54-9½
LW: 22 ▼ 6	HBCUAC	average 4.74m	15-6¾	LW: 31 ▼ 5	River States	average 4.18m	13-8½
	Darnee WILLIAMS	JR 5.00m	16-5 (-1.7) 4/12 HBCUAC		Makayla BRYANT	FR 4.65m	15-3¼ (0.1) 4/4 Golden Eagle Ir
	Shaloni WALKER	FR 4.82m	15-9¾ (-1.0) 4/5 Davenport-Milb		Stella GILCHER	FR 4.17m	13-8¼ (0.3) 4/4 Golden Eagle Ir
	Trinity MARSHALL	JR 4.58m	15-½ (-1.0) 4/12 HBCUAC		Chianti MARKS	JR 3.95m	2-11½ (0.0) 4/4 Golden Eagle Ir
	Ta'nijal MATTHEWS	SR 4.57mw	15-0 (2.3) 3/29 Southern Miss I		Tiffany PORTER	FR 3.93m	2-10¾ (0.0) 4/4 Golden Eagle Ir
30	Bethel (Ind.)	18.93m	62-1¼				
LW: 23 ▼ 7	Crossroads	average 4.73m	15-6½				
	24 Gabrielle ZEILENGA	SO 5.65m	18-6½ (0.0) 4/4 Indiana Tech Ap				
	Denalyn SIEWERT	JR 4.61m	15-1½ (0.0) 4/4 Indiana Tech Ap				
	Haylie SKRIPAC	SO 4.42m	14-6 (0.0) 4/4 Indiana Tech Ap				
	Camden CHELLIS	JR 4.25m	3-11½ (0.0) 4/4 Indiana Tech Ap				
31	Midway (Ky.)	18.48m	60-7¾				
LW: 25 ▼ 6	River States	average 4.62m	15-2				
	Emerson VANSCHOY	SO 5.03m	16-6 (1.3) 4/11 Asbury Invitatic				
	Maddi REED	FR 4.68m	15-4¼ (1.6) 4/11 Asbury Invitatic				
	Kash RICE	SO 4.42mw	14-6 (3.2) 4/11 Asbury Invitatic				
	Makayla BROOKS	JR 4.35m	14-3¼ (0.3) 4/11 Asbury Invitatic				
32	Tabor (Kan.)	18.10m	59-4¾				
LW: 28 ▼ 4	KCAC	average 4.53m	14-10¼				
	85 D'myia COX	SO 5.24m	17-2¼ (1.3) 4/5 Friends Invitativ				
	Dakota VOORTMAN	SR 4.49m	14-8¾ (1.5) 4/19 KWU Coyote Clc				
	Holly UNRUH	FR 4.35m	14-3¼ (1.0) 4/19 KWU Coyote Clc				
	Allison JOHNSON	JR 4.02m	13-2¼ (0.0) 4/5 Friends Invitativ				
33	Saint Mary-of-the-Woods (17.94m 58-10¼						
LW: 27 ▼ 6	River States	average 4.48m	14-8¾				
	Jaci STONE	JR 5.03mw	16-6 (2.4) 4/18 Rose-Hulman T				
	Payton SMITH	FR 4.68m	15-4¼ (1.1) 3/22 Rose-Hulman E				
	Lauren MAJORS	SO 4.38mw	14-4½ (3.7) 4/18 Rose-Hulman T				
	Genesis BOYD	FR 3.85m	12-7¾ (1.0) 3/22 Rose-Hulman E				
34	IU East (Ind.)	17.57m	57-7¾				
LW: 29 ▼ 5	River States	average 4.39m	14-5				
	Naleya KINNEY	SO 4.81mw	15-9½ (2.2) 4/12 Indiana Little S				
	Vanessa TEMPLE	JR 4.51m	14-9¾ (0.0) 4/4 Indiana Tech Ap				
	Alyssa ALLEN	FR 4.47m	14-8 (0.0) 4/4 Indiana Tech Ap				
	Mariah KREUSCH	SO 3.78m	12-5 (1.0) 4/12 Indiana Little S				
35	Soka (Calif.)	16.94m	55-7				
LW: 30 ▼ 5	Cal Pac	average 4.24m	13-10¾				
	Kazuyo NASHIDA	JR 4.63m	15-2¼ (-1.3) 2/22 Rossi Relays				
	Karyna CARBALLOSA	FR 4.19m	13-9 (-1.0) 3/15 Ross and Sharo				
	Mili FUKADA	FR 4.11m	13-6 (-1.6) 2/8 Westmont Suns				
	Naiyla DIXON	SR 4.01m	13-2 (-1.0) 3/15 Ross and Sharo				



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Triple Jump

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1	Doane (Neb.)	44.60m	146-4
LW: --	GPAC	average	11.15m 36-7
13	Josie GARRETT	JR 11.84m	3-10¼ (-1.2) 4/8 Doane Invitatio
26	Rosalyn ROGGASCH	JR 11.38m	37-4 (-0.5) 4/11 DUAL: Doane-N
31	Kyla DAVIS	JR 11.22m	36-9¾ (0.7) 4/8 Doane Invitatio
	Abby REHTUS	SR 10.16m	33-4 (0.0) 4/18 Jim Dutcher Me

2	Concordia (Neb.)	44.28m	145-4
LW: --	GPAC	average	11.07m 36-4
21	Adysen MCCARTER	FR 11.62m	38-1½ (0.0) 4/5 Concordia (Neb
28	Josi NOBLE	JR 11.29m	37-½ (0.0) 4/5 Concordia (Neb
60	Hayley MILES	JR 10.76m	35-3¾ (0.0) 4/18 Jim Dutcher Me
68	JaeLynne KOSMOS	FR 10.61m	34-9¾ (0.0) 4/18 Jim Dutcher Me

3	Central Methodist (Mo.)	43.40m	142-5
LW: 1 ▼ 2	The Heart	average	10.85m 35-7¼
35	Claireece CROSS	SO 11.15m	36-7 (0.2) 4/11 Mule Relays (ou
39	Ta'Mya DAVIS	SO 11.11m	36-5½ (0.9) 3/15 Central Method
60	Emma DEANA PANINKA	JR 10.76m	35-3¾ (0.3) 4/18 Culver-Stocktor
91	Natalie CALCATERRA	FR 10.38m	34-¾ (1.8) 4/18 Culver-Stocktor

4	Xavier (La.)	42.43m	139-3
LW: 2 ▼ 2	Red River	average	10.61m 34-9¾
53	Lauryn MARTIN	FR 10.83m	35-6½ (-0.8) 4/5 Davenport-Milb
55	Leojai HIBBERT	SO 10.82m	35-6 (-2.1) 4/5 Davenport-Milb
64	London PROVO	FR 10.74m	35-3 (0.8) 4/5 Davenport-Milb
	A'Blessin WILSON	SR 10.04m	3-11¼ (-1.2) 4/5 Davenport-Milb

5	Columbia (Mo.)	41.03m	134-8
LW: 3 ▼ 2	AMC	average	10.26m 33-8
42	Montgomery KECK	FR 11.09m	36-4¾ (1.4) 4/11 Mule Relays (ou
	Madeline BURTON	SR 10.15m	33-3¾ (0.6) 4/18 Culver-Stocktor
	Jalyn LEIBLE	SO 9.94m	32-7½ (0.0) 3/15 Central Method
	Gracie SCHULTZ	SR 9.85m	32-3¾ (0.9) 4/18 Culver-Stocktor

6	Midland (Neb.)	40.68m	133-6
LW: --	GPAC	average	10.17m 33-4½
63	Vanessa RICE	FR 10.75m	35-3¼ (3.4) 4/16 Red Raider Ope
	Farrah WILSON	FR 10.17m	33-4½ (0.8) 4/12 South Dakota C
	Madelynn DOUGHERTY	FR 9.89m	32-5½ (-1.1) 3/23 Bethel (Kan.) Co
	Krista HARDY	JR 9.87m	32-4¾ (1.7) 4/12 South Dakota C

7	College of Idaho	40.08m	131-6
LW: 4 ▼ 3	Cascade	average	10.02m 32-10½
55	Mattie SHIRTS	SO 10.82m	35-6 (1.0) 3/15 Nighthawks Op
	Sara VANDERWYK	JR 9.92m	32-6½ (0.0) 4/4 Whitworth Pea
	Keira MERRYMAN	FR 9.69m	31-9½ (0.5) 3/15 Nighthawks Op
	Kiriann JOHNSON	FR 9.65mw	31-8 (2.8) 3/15 Nighthawks Op

8	Culver-Stockton (Mo.)	39.44m	129-5
LW: 5 ▼ 3	The Heart	average	9.86m 32-4¼
37	Delaney STRAUS	JR 11.12m	36-5¾ (1.0) 3/15 Central Methoa
	Abigail MOONEY	FR 9.95m	32-7¾ (0.1) 4/12 Mustang Distar
	Malia CARMACK	JR 9.22m	30-3 (1.2) 3/22 Grand View Viki
	Kinlie JUDD	SO 9.15m	30-¼ (1.3) 3/22 Grand View Viki

9	Bushnell (Ore.)	38.07m	124-11
LW: 6 ▼ 3	Cascade	average	9.52m 31-2¾
	Ellie EKWERE	FR 10.21m	33-6 (0.1) 4/19 Larry Byerly Inv
	Macayla PARRISH	SO 9.66m	31-8½ (1.2) 3/8 Rich Allen Class
	Ruby LANE	FR 9.18m	30-1½ (0.1) 4/12 John Knight Tw
	Trinity HAZELITT	SR 9.02m	29-7¼ (0.0) 4/12 John Knight Tw



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Women's Shot Put

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1	Dickinson State (N.D.)	54.43m	178-7	8	College of Saint Mary (Neb)	48.61m	159-6
LW: 1	North Star	average 13.61m	44-7¾	LW: 8	GPAC	average 12.15m	39-10½
4	Kori NAGEL	SR 14.43m	47-4¼ 4/6 Al Bortke Open	10	Claire CASPERSEN	SR 13.73m	45-½ 4/18 Jim Dutcher Me
6	Chloe GUNDERSON	SR 14.05m	46-1¼ 4/19 Blue Hawk Gar	93	Marie BIAS	SO 11.78m	38-7¾ 4/5 Concordia (Neb
15	Taylor LAUMEYER	JR 13.39m	43-11¼ 3/27 Yellowjackets C		Syd'ney BIRCH-GEORGE	FR 11.55m	37-10¼ 4/11 Jim Duncan Inv
37	Alician GARCIA	SR 12.56m	41-2½ 3/27 Yellowjackets C		Tavia WILLIAMS	JR 11.55m	37-10¼ 3/28 Central Nebras
2	Doane (Neb.)	53.85m	176-8	9	Dakota State (S.D.)	48.42m	158-10
LW: 2	GPAC	average 13.46m	44-2	LW: 11	North Star	average 12.10m	39-8¾
2	Alivia BAUCOM	JR 14.67m	48-1¾ 4/18 Jim Dutcher Me	20	Bella MAXWELL	SO 13.08m	42-11 4/12 Minnesota Stat
12	Madison HEUSINKVELT	FR 13.65m	44-9½ 4/18 Jim Dutcher Me	50	Oliviya THORNTON	JR 12.38m	40-7½ 4/12 Minnesota Stat
27	Payton CAST	FR 12.78m	41-11¼ 4/11 DUAL: Doane-N	89	Alivia BICKETT	FR 11.83m	38-9¾ 4/12 Minnesota Stat
29	Madison SUTTON	SR 12.75m	41-10 4/18 Jim Dutcher Me		Casey OLSON	SO 11.13m	36-6¼ 4/16 NSAA
3	Concordia (Neb.)	52.08m	170-11	10	Saint Xavier (Ill.)	48.16m	158-0
LW: 3	GPAC	average 13.02m	42-8¾	LW: 8	Chicagoland	average 12.04m	39-6
3	Abigail GERBER	SR 14.61m	47-11¼ 4/12 Bronco Invitatio	33	Jamie SIEROCKI	JR 12.64m	41-5¾ 4/13 Olivet Nazarene
16	Harper BOCHE	FR 13.36m	43-10 4/18 Jim Dutcher Me	82	Lana KROHE	JR 11.92m	39-1¼ 4/5 Chicagoland O
71	Brittni KINNE	SO 12.08m	39-7¾ 4/18 Jim Dutcher Me	84	Amariah SCOTT	SO 11.91m	39-1 4/13 Olivet Nazarene
78	Marissa HEINS	SO 12.03m	39-5¾ 4/12 Bronco Invitatio		Mariah JAMES	FR 11.69m	38-4¼ 3/29 Billiken Invitati
4	IU Kokomo (Ind.)	51.86m	170-2	11	Southeastern (Fla.)	48.04m	157-8
LW: 4	River States	average 12.96m	42-6½	LW: 10	Sun Conference	average 12.01m	39-5
1	Sydney DUNCAN	SO 16.60m	54-5½ 3/30 Yellow Jacket C	25	MarieAnge MOUSSIGNAC	JR 12.85m	42-2 4/5 Embry-Riddle R
62	Faith ROCK	JR 12.19m	40-0 4/19 Al Owens Classi	36	Emma TERRY	JR 12.60m	41-4¼ 3/8 Eagle Invitatio
68	Jada HENSON	FR 12.09m	39-8 4/19 Al Owens Classi	76	Allison CRAIG	JR 12.04m	39-6 3/8 Eagle Invitatio
	Olivia NEWCOM	JR 10.98m	36-¼ 3/30 Yellow Jacket C		Baylie HARTMAN	SR 10.55m	34-7½ 4/5 Embry-Riddle R
5	MidAmerica Nazarene (Ka	49.63m	162-10	12	Valley City State (N.D.)	46.52m	152-8
LW: 5	The Heart	average 12.41m	40-8½	LW: 12	North Star	average 11.63m	38-2
11	Victoria LOTZ	SR 13.67m	44-10¼ 3/22 Spire Distance t	96	Jade AZURE	SR 11.75m	38-6¾ 4/6 Al Bortke Open
68	Caley BLOSSER	SR 12.09m	39-8 3/30 Zach Kindler Wi	98	Sadie HANSEN	SR 11.74m	38-6¼ 4/11 NDSU Spring Cl
76	Ella MARGHEIM	JR 12.04m	39-6 3/30 Zach Kindler Wi		Kendra ODEGARD	SR 11.60m	38-¾ 3/22 Marauders Out
89	Alexandra DICKERSON	FR 11.83m	38-9¾ 4/12 Carl Kight Invi		Emma BASTIAN	SR 11.43m	37-6 3/22 Marauders Out
6	Marian (Ind.)	49.25m	161-7	13	Mount Mercy (Iowa)	46.43m	152-4
LW: 7	Crossroads	average 12.31m	40-4¾	LW: 14	The Heart	average 11.61m	38-1
7	Ozofu MAGAJI	FR 13.99m	45-10¾ 3/29 Pacesetter Spo	44	Ava CONRAD	SR 12.46m	40-10½ 3/29 Central Methoa
43	Gabi BILBREY	SO 12.47m	40-11 4/18 Marian Easter 1	59	Alyssa STRIEGEL	SR 12.23m	40-1½ 4/12 Mustang Distar
	Tracey GOOCH	SO 11.46m	37-7¼ 3/29 Pacesetter Spo		Grace KELLEY	JR 10.97m	36-0 4/12 Mustang Distar
	Hadleigh FILIPOVIVH	FR 11.33m	37-2¼ 4/18 Marian Easter 1		Natalie DEFORD	SO 10.77m	35-4 3/29 Central Methoa
7	Providence (Mont.)	48.87m	160-4	14	College of Idaho	46.29m	151-11
LW: 6	Frontier	average 12.22m	40-1	LW: 13	Cascade	average 11.57m	37-11¾
5	Lauren CIMA	FR 14.07m	46-2 4/10 Providence Ope	59	Stella GRAY	FR 12.23m	40-1½ 4/4 Whitworth Pea
23	Tatiana MARTINEZ	SR 12.87m	42-2¾ 4/10 Providence Ope	80	Star HERRON	SR 11.98m	39-3¾ 3/22 Oregon Preview
	Carissa LINDSAY	FR 11.02m	36-2 4/18 Trudnowski Op		Taylor DURFEY	JR 11.05m	36-3 3/22 Oregon Preview
	Bria HENRY	FR 10.91m	35-9½ 4/18 Trudnowski Op		Kaylee WUEST	FR 11.03m	36-2¼ 4/4 Whitworth Pea



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Women's Shot Put

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15	Midland (Neb.)	46.28m	151-10	
LW: 16 ▲ 1	GPAC	average	11.57m	37-11½
14	Maggie HEESCH	JR	13.51m	44-4 4/16 Red Raider Ope
	Kerrigan MYERS	SR	11.19m	36-8½ 4/5 Friends Invitati
	Sara DIEW	JR	10.90m	35-9¼ 4/12 South Dakota C
	Emmalee BARTAK	SR	10.68m	35-½ 3/28 Central Nebras
16	Indiana Wesleyan	46.10m	151-3	
LW: --	Crossroads	average	11.52m	37-9¾
18	Merideth DEVRIES	SR	13.23m	43-5 3/22 Polar Bear Invit
65	Bri NICHOLS	JR	12.14m	39-10 3/29 Pacesetter Spo
85	Tessa MOZZI	SR	11.89m	39-¼ 4/12 Indiana Little S
	Emma HARBERT	SR	8.84m	29-0 4/19 Indiana State G
17	Keiser (Fla.)	46.08m	151-2	
LW: 15 ▼ 2	Sun Conference	average	11.52m	37-9½
55	Julia SCHARNELL	SO	12.29m	40-4 12/6 Keiser Universit
96	Ezarya DALE	JR	11.75m	38-6¾ 3/28 Thrills In The Hi
	Ashlea KLAM	FR	11.27m	36-11¾ 3/8 St. Thomas Unc
	Niesha ALDAJUSTE	JR	10.77m	35-4 4/11 Keiser Twilight
18	Indiana Tech	46.00m	150-11	
LW: 20 ▲ 2	WHAC	average	11.50m	37-8¾
81	LaTarsha MOORE	SR	11.93m	39-1¾ 4/18 Marian Easter 1
	Emma LONGUEUAY	FR	11.69m	38-4¼ 4/12 Indiana Little S
	Raigan HORSFALL	SO	11.38m	37-4 4/18 Marian Easter 1
	Morgan BROWN	FR	11.00m	36-1¼ 4/18 Marian Easter 1
19	Carroll (Mont.)	45.98m	150-10	
LW: 18 ▼ 1	Frontier	average	11.50m	37-8¾
48	Abigail MCBEAN	SO	12.41mA	40-8¾ 4/5 Fighting Saints
	Madison LEWIS	JR	11.34mA	37-2½ 4/18 Trudnowski Op
	Shelby TADLOCK	FR	11.33m	37-2¼ 3/29 Al Manuel Invitc
	Katelyn CHRISTENSEN	JR	10.90mA	35-9¼ 4/18 Trudnowski Op
20	Dordt (Iowa)	45.94m	150-9	
LW: --	GPAC	average	11.48m	37-8¼
44	Fran TRAVIS	FR	12.46m	40-10½ 4/16 Red Raider Ope
66	Lynne TORMOEHLEN	SR	12.11m	39-8¾ 4/16 Red Raider Ope
	Makenna WALHOF	SO	11.33m	37-2¼ 4/16 Red Raider Ope
	Jenna GLEASON	SR	10.04m	32-11¼ 4/16 Red Raider Ope
21	Viterbo (Wis.)	45.91m	150-8	
LW: 17 ▼ 4	Chicagoland	average	11.48m	37-8
68	Kaylie WIEDMEYER	SO	12.09m	39-8 4/12 UW Oshkosh Inv
73	Brooklyn LUDESCHER	FR	12.06m	39-6¾ 3/29 Billiken Invitati
	Isabel RUBENZER	FR	10.90m	35-9¼ 4/12 UW Oshkosh Inv
	Rebecca SEDBROOK	FR	10.86m	35-7¾ 4/18 UW-La Crosse E
22	Graceland (Iowa)	45.21m	148-4	
LW: 19 ▼ 3	The Heart	average	11.30m	37-1
29	Kady VANDEMARK	JR	12.75m	41-10 4/11 Mule Relays (ou
	Amanda NEWTON	FR	11.46m	37-7¼ 3/22 Grand View Viki
	Hannah KLING	SO	11.26m	36-11½ 3/29 Central Methoa
	Mollie WALKER	SO	9.74m	31-11½ 4/12 Dick Young Cla
23	Montana Tech	44.51m	146-1	
LW: 28 ▲ 5	Frontier	average	11.13m	36-6¼
99	Ava EPLER	FR	11.70mA	38-4¾ 4/18 Trudnowski Op
	Abby CLARK	SR	11.31mA	37-1¼ 4/18 Trudnowski Op
	Emily MCCALLA	FR	10.89mA	35-8¾ 4/18 Trudnowski Op
	Lily SULLIVAN	FR	10.61mA	34-9¾ 4/18 Trudnowski Op
24	Missouri Valley	44.49m	146-0	
LW: 21 ▼ 3	The Heart	average	11.12m	36-6
66	Aarion PICKENS	FR	12.11m	39-8¾ 3/22 Missouri S&T Mi
86	Paula ROMERO RODRIGUEZ	SR	11.88m	38-11¾ 3/22 Missouri S&T Mi
	Kylie LINSON	SR	10.94m	35-10¾ 4/5 Lincoln Univers
	Jaedyn SMITH	FR	9.56m	31-4½ 3/15 Central Methoa
25	Xavier (La.)	44.49m	146-0	
LW: 22 ▼ 3	Red River	average	11.12m	36-6
	Leojai HIBBERT	SO	11.43m	37-6 4/11 Strawberry Rel
	Kayla GANT	SR	11.19m	36-8½ 3/22 Louisiana Cl.
	Charity JOHNSON	FR	11.09m	36-4¾ 3/22 Louisiana Cl.
	Cailyn RILEY	SO	10.78m	35-4½ 4/11 Strawberry Rel
26	Siena Heights (Mich.)	44.34m	145-6	
LW: 29 ▲ 3	WHAC	average	11.08m	36-4½
42	Akiyah ASH	JR	12.48m	40-11½ 4/18 Hillsdale Gina F
93	Jordan LUMBREZER	SR	11.78m	38-7¾ 4/18 Hillsdale Gina F
	Grace SCHEUMANN	SR	10.56m	34-7¾ 4/12 SAU Bill Bippes
	Ava JONES	FR	9.52m	31-2¾ 4/18 Hillsdale Gina F
27	Bushnell (Ore.)	43.65m	143-3	
LW: 33 ▲ 6	Cascade	average	10.91m	35-9¾
56	Libby MATHIS	SR	12.27m	40-3¾ 4/19 Larry Byerly Inv
	Leah SCHIEWE	JR	11.20m	36-9 4/19 Larry Byerly Inv
	Matilyn RICHARDSON	FR	10.59m	34-9 4/19 Larry Byerly Inv
	Ellie GRESHAM	SO	9.59m	31-5¾ 3/1 Linfield Erik An
28	Columbia (Mo.)	43.61m	143-1	
LW: 25 ▼ 3	AMC	average	10.90m	35-9¼
	Claudia DIXON	FR	11.63m	38-2 4/11 Mule Relays (ou
	Emma PRETTYMAN	SO	10.92m	35-10 4/11 Mule Relays (ou
	Mackenzie LINNENBRINK	FR	10.54m	34-7 4/18 Culver-Stockto
	Hayden KRAMER	SO	10.52m	34-6¼ 3/15 Central Methoa



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Women's Shot Put

as of 4/22/25 12:11 AM ET

29	Dillard (La.)	43.41m	142-5	36	Arizona Christian	41.75m	137-0
LW: 23 ▼ 6	HBCUAC	average 10.85m	35-7¼	LW: 33 ▼ 3	GSAC	average 10.44m	34-3
58	Shauntezz-Marie THOMAS JR 12.24m	40-2	4/12 HBCUAC		Sedona DIETRICH FR 10.74m	35-3	3/29 Cody McBride/L
	Reign SNOWDEN FR 10.92m	35-10	3/22 Louisiana Cl.		Cheney GOMEZ SO 10.63m	34-10½	4/5 UNLV Rebel Elit
	Lauren HALL SO 10.25m	33-7½	3/22 Louisiana Cl.		Georgia GOMEZ FR 10.60m	34-9½	4/12 Gaucho Collegi
	Darnee WILLIAMS JR 10.00m	32-9¾	3/22 Louisiana Cl.		Kayla HOURIGAN JR 9.78m	32-1	4/5 UNLV Rebel Elit
30	Benedictine (Kan.)	43.32m	142-2	36	Cumberlands (Ky.)	41.75m	137-0
LW: 24 ▼ 6	The Heart	average 10.83m	35-6½	LW: 33 ▼ 3	Mid-South	average 10.44m	34-3
	Elizabeth GEIST JR 11.20m	36-9	4/5 Friends Invitati		Jaci WOODS SO 10.92m	35-10	4/5 Electric City Inv
	Carolyne ARGANA FR 11.15m	36-7	4/5 Friends Invitati		Maggie BUERGER JR 10.86m	35-7¾	3/28 Blue Raider Rui
	Mary LORANG FR 11.07m	36-4	4/11 Mule Relays (ou		Mya HINES SO 10.50m	34-5½	4/12 The Gordon Bo
	Maria CONNEALY SO 9.90m	32-5¾	4/5 Friends Invitati		Taylor LUNSFORD SO 9.47m	31-1	3/15 Cumberlands E
31	Loyola (La.)	43.13m	141-6	38	St. Thomas (Fla.)	41.67m	136-9
LW: 26 ▼ 5	SSAC	average 10.78m	35-4½	LW: 36 ▼ 2	Sun Conference	average 10.42m	34-2¼
	Renee ANDERSON SO 11.46m	37-7¼	4/5 Davenport-Milb		46 Savianna JOSEPH FR 12.45m	40-10¼	3/8 St. Thomas Unc
	Destiny CLARKSTON FR 10.70m	35-1¼	3/22 Belhaven Invita		Miel JOHNSON FR 10.67m	35-¼	4/4 STU Outdoor M
	Chelsea BISHOP FR 10.52m	34-6¼	4/11 Strawberry Rel		Quianna DAVIS JR 9.70m	31-10	12/6 Keiser Universit
	Kimora DANIEL JR 10.45m	34-3½	4/11 Strawberry Rel		Aaliyah BLOT SO 8.85m	29-½	3/8 St. Thomas Unc
32	Lewis-Clark State (Idaho)	43.05m	141-3	39	Brenau (Ga.)	41.62m	136-7
LW: 27 ▼ 5	Cascade	average 10.76m	35-3¾	LW: 43 ▲ 4	AAC	average 10.40m	34-1¾
63	Haylee APPLEFORD SO 12.17m	39-11¼	4/11 Whitworth Jeffr		41 Jerrica BRYANT SO 12.50m	41-¼	4/19 AAC
	Hope ZOLLMAN FR 11.12m	36-5¾	4/4 Whitworth Peac		Jasmine RAMSEY FR 10.50m	34-5½	4/19 AAC
	Faith WERSLAND JR 10.04m	32-11¼	4/4 Whitworth Peac		Jennaya COUCOULES FR 9.52m	31-2¾	4/19 AAC
	Jacklin LINNEMEYER FR 9.72m	31-10¾	3/11 Sam Adams Cla		Al'licya AUGUSTIN JR 9.10m	29-10¼	3/22 Emory Spring B
33	Columbia (S.C.)	42.42m	139-2	40	Science & Arts (Okla.)	41.37m	135-9
LW: 30 ▼ 3	AAC	average 10.60m	34-9½	LW: 37 ▼ 3	SAC	average 10.34m	33-11¼
35	Darci DAWSON SR 12.62m	41-5	3/22 Alan Connie Sh		Laura BARRIOS-BARDI SO 10.54m	34-7	3/29 Oklahoma Bap
	Azia HOLMES SO 10.50m	34-5½	4/19 AAC		Kyli RESER FR 10.50m	34-5½	4/4 John Jacobs Im
	Anaya CANTY SR 10.05m	32-11¾	3/22 Alan Connie Sh		Kyra WILLETT JR 10.35m	33-11½	3/8 Harding Invitat
	Qusondra WIDEMAN SO 9.25m	30-4¼	3/28 Thrills In The Hi		Macey CRANDALL FR 9.98m	32-9	3/29 Oklahoma Bap
34	Grand View (Iowa)	42.12m	138-2	41	Culver-Stockton (Mo.)	41.32m	135-7
LW: 32 ▼ 2	The Heart	average 10.53m	34-6¾	LW: 39 ▼ 2	The Heart	average 10.33m	33-10¾
82	Carolyn MILLER SO 11.92m	39-1¼	4/12 Dick Young Clas		Donny SHARP SR 11.06m	36-3½	4/12 Mustang Distar
	Brooke STOOKEY SO 11.16m	36-7½	3/22 Grand View Viki		Zoi SMITH JR 10.68m	35-½	4/18 Culver-Stockton
	Mia ALLMON JR 10.37m	34-¼	4/19 DeBacker Invitc		Mackenzie BRYAN FR 9.84m	32-3½	4/5 Cornell College
	Maddie CUNNINGHAM FR 8.67m	28-5½	4/12 Dick Young Clas		Jasmine CARTER SO 9.74m	31-11½	3/15 Central Methoa
35	Columbia International (S	41.94m	137-7	42	Kansas Wesleyan	41.04m	134-8
LW: 31 ▼ 4	AAC	average 10.48m	34-4¾	LW: 38 ▼ 4	KCAC	average 10.26m	33-8
19	Kloey PICKENS SR 13.12m	43-½	4/4 Tornado Classic		Elizabeth STOUT JR 11.64m	38-2¼	3/23 Bethel (Kan.) C
	Coral CURRY SO 11.55m	37-10¾	3/14 Charleston Sou		Chloe GRUSING SO 11.60m	38-¾	4/19 KWU Coyote Cl
	Acoya HUNT SR 11.23m	36-10¼	3/22 Emory Spring B		Aunisty MCNEAL FR 10.03m	32-11	4/19 KWU Coyote Cl
	Mercy BERKEMEYER SR 6.04m	19-9¾	3/8 John-Hunter Cl		Roselyn TORRES FR 7.77m	25-6	4/5 Friends Invitati



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Women's Shot Put

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43	Montreat (N.C.)	40.32m	132-4	50	Oregon Tech	37.88m	124-4
LW: 42 ▼ 1	AAC	average 10.08m	33-1	LW: 48 ▼ 2	Cascade	average 9.47m	31-1
Emma BARNES	JR 11.43m	37-6	4/5 Electric City Inv	Jozie RAMOS	SO 11.02m	36-2	4/12 John Knight Tw
Isis GIRON	JR 10.58m	34-8½	3/8 John-Hunter Cl	Ciena GREGORY	JR 10.15m	33-3¾	3/15 Lane (Ore.) CC
Nevaeh PEREIRA	FR 9.32m	30-7	3/8 John-Hunter Cl	Tarrah BICKFORD	SO 8.93m	29-3¾	4/5 Linfield Jenn Bc
Stephanie HINOJOS	JR 8.99m	29-6	4/19 AAC	Madi PERKINS	FR 7.78mA	25-6¼	4/18 CCC
44	Ottawa (Kan.)	40.30m	132-3	51	Shawnee State (Ohio)	37.88m	124-4
LW: 40 ▼ 4	KCAC	average 10.07m	33-¾	LW: 49 ▼ 2	River States	average 9.47m	31-1
38 Kena LEONARD	FR 12.55m	41-2¼	3/28 Emporia State I	Faith KUHN	JR 10.18m	33-4¾	3/22 49er Classic
Ciera HUTTON-SPIEKER	FR 9.66m	31-8½	3/22 Spire Distance	Jaina BAILEY	JR 9.79m	32-1½	3/30 Yellow Jacket C
Zoie MEANS-THOMAS	JR 9.56m	31-4½	3/22 Spire Distance	Olivia NEWMAN	FR 9.30m	30-6¼	4/19 Otterbein Twiliq
Martha RIOS	JR 8.53m	28-0	3/28 Emporia State I	Tashawna YOUNG	FR 8.61m	28-3	4/19 Otterbein Twiliq
45	Simpson (Calif.)	40.15m	131-9	52	St. Ambrose (Iowa)	37.63m	123-6
LW: 44 ▼ 1	Cal Pac	average 10.04m	32-11¼	LW: --	Chicagoland	average 9.41m	30-10½
86 Isabella OLIVER	FR 11.88m	38-11¾	4/19 Larry Byerly Inv	39 Brianna NEUMILLER	SO 12.52m	41-1	4/12 Mustang Distar
Raynija CASSEUS	FR 9.88m	32-5	3/22 Westmont Colle	Alexis TOMLIN	SO 9.70m	31-10	4/5 Augustana Viki
Addrie RODRIGUEZ	FR 9.67m	31-8¾	4/19 Larry Byerly Inv	Olivia MOISA	FR 8.70m	28-6½	4/18 Augustana (Ill.)
Elizabeth ALEO	JR 8.72m	28-7½	4/5 Linfield Jenn Bc	Rachel ROMILUS	FR 6.71m	22-¼	4/12 Mustang Distar
46	Spring Arbor (Mich.)	40.12m	131-8	53	Hannibal-LaGrange (Mo.)	35.88m	117-9
LW: 41 ▼ 5	Crossroads	average 10.03m	32-11	LW: 50 ▼ 3	AMC	average 8.97m	29-5¼
Jennifer SHERWOOD	SR 10.76m	35-3¾	3/22 Lee Invitationa	22 Kaylyn POWERS	SR 12.90m	42-4	4/18 Culver-Stockto
Lydia HALL	SR 10.59m	34-9	4/4 Spartan Invitat	Shelby STULL	SO 8.50m	27-10¾	4/18 Culver-Stockto
Leah FARLEY	FR 9.77m	32-¾	4/4 Spartan Invitat	Mykaela ELLIOTT	FR 8.26m	27-1¼	4/12 Greenville Selec
Allison TEED	JR 9.00m	29-6½	3/22 Lee Invitationa	Amyah COLYER	FR 6.22m	20-5	3/22 Grand View Viki
47	British Columbia	39.32m	129-0	54	Williams Baptist (Ark.)	34.68m	113-10
LW: 45 ▼ 2	Cascade	average 9.83m	32-3	LW: --	AMC	average 8.67m	28-5½
8 Michelle DADSON	SR 13.83m	45-4½	3/29 British Columbi	Calista CHRISTIAN	SR 10.56m	34-7¾	4/19 Dan Veach Invit
Alessandra IONESCU-ZANETTI	SO 9.33m	30-7½	3/29 British Columbi	Rebecca SIMINGTON	SO 8.64m	28-4¼	3/8 Harding Invitat
Sarah PIMBLETT	JR 9.30m	30-6¼	3/29 British Columbi	Dayshia ESPINOZA-FORD	JR 7.89m	25-10¾	4/19 Dan Veach Invit
Audrey VENNESLAND	FR 6.86m	22-6¼	3/29 British Columbi	Kimberly CRUZ	SO 7.59m	24-11	4/19 Dan Veach Invit
48	Reinhardt (Ga.)	39.19m	128-7	55	Harris-Stowe State (Mo.)	32.16m	105-6
LW: 46 ▼ 2	AAC	average 9.80m	32-1¾	LW: 51 ▼ 4	AMC	average 8.04m	26-4½
91 Marquia WHITE	JR 11.79m	38-8¼	4/19 AAC	Saniya THOMAS	FR 9.22m	30-3	3/29 Billiken Invitati
Kayla MORRIS	FR 10.70m	35-1¼	4/19 AAC	Shamari LONG	SR 9.14m	30-0	3/15 Central Methoa
Ramsey CHAMBERS	JR 10.40m	34-1½	3/28 Thrills In The Hi	maya ATUATASI	FR 6.96m	22-10	3/15 Central Methoa
Bethanee WIGGINS	SO 6.30m	20-8	3/28 Thrills In The Hi	Damajee BROWN	SO 6.84m	22-5¼	3/15 Central Methoa
49	UHSP (Mo.)	38.23m	125-5				
LW: 47 ▼ 2	AMC	average 9.56m	31-4¼				
74 Elizabeth FRITZLER	SO 12.05m	39-6½	3/28 SLU Speed/Pow				
74 Elizabeth FRITZLER	SO 12.05m	39-6½	3/28 SLU Speed/Pow				
Hanna BURCH	SO 9.39m	30-9¾	3/15 Central Method				
Hanna BURCH	SO 9.39m	30-9¾	3/15 Central Method				
Kelsey HONEYCUTT	SO 8.88m	29-1¾	4/12 Greenville Selec				
Kelsey HONEYCUTT	SO 8.88m	29-1¾	4/12 Greenville Selec				
Sage WILLIAMSON	FR 7.91m	25-11½	3/15 Central Method				
Sage WILLIAMSON	FR 7.91m	25-11½	3/15 Central Method				



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Women's Discus

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1	Doane (Neb.)	187.26m	614-5	
LW: 1	GPAC	average	46.82m	153-7
1	Madison SUTTON	SR	50.39m	165-4 3/28 Central Nebras.
3	Alivia BAUCOM	JR	49.06m	161-0 3/28 Central Nebras.
10	Grace DEAN	FR	45.74m	150-1 3/28 Central Nebras.
31	Delaney BURGE	SO	42.07m	138-0 3/28 Central Nebras.
2	Dickinson State (N.D.)	185.69m	609-3	
LW: 2	North Star	average	46.42m	152-4
2	Taylor LAUMEYER	JR	49.62m	162-10 4/19 Blue Hawk Gan
5	Kori NAGEL	SR	47.87m	157-1 4/6 Al Bortke Open
11	Chloe GUNDERSON	SR	45.52m	149-4 4/6 Al Bortke Open
26	Rebecca EACKER	JR	42.68m	140-1 4/11 NDSU Spring Cl
3	Indiana Wesleyan	173.54m	569-4	
LW: 3	Crossroads	average	43.38m	142-4
12	Merideth DEVRIES	SR	45.41m	149-0 3/29 Pacesetter Spo
13	Princess KARA	SR	44.94m	147-5 4/12 Indiana Little S
23	Bri NICHOLS	JR	43.01m	141-2 4/18 Marian Easter 1
49	Tessa MOZZI	SR	40.18m	131-10 4/18 Marian Easter 1
4	Dordt (Iowa)	172.67m	566-6	
LW: 4	GPAC	average	43.17m	141-8
6	Makenna WALHOF	SO	47.67m	156-5 4/5 South Dakota E
7	Fran TRAVIS	FR	47.53m	155-11 4/16 Red Raider Ope
68	Maren HETTINGA	JR	38.93m	127-9 4/16 Red Raider Ope
77	Jenna GLEASON	SR	38.54m	126-6 4/16 Red Raider Ope
5	Providence (Mont.)	166.69m	546-11	
LW: 5	Frontier	average	41.67m	136-9
8	Tatiana MARTINEZ	SR	46.92m	153-11 3/27 Yellowjackets C
16	Lauren CIMA	FR	44.64m	146-6 3/27 Yellowjackets C
42	Avari BATT	JR	40.94m	134-4 4/10 Providence Ope
	Carissa LINDSAY	FR	34.19m	112-2 4/5 Fighting Saints
6	Mount Mercy (Iowa)	166.05m	544-10	
LW: 6	The Heart	average	41.51m	136-3
17	Alyssa STRIEGEL	SR	44.21m	145-1 3/29 Central Method
19	Ava CONRAD	SR	43.77m	143-7 4/12 Mustang Distar
45	Grace KELLEY	JR	40.70m	133-7 3/29 Central Method
98	Natalie DEFORD	SO	37.37m	122-7 3/29 Central Method
7	Concordia (Neb.)	165.38m	542-7	
LW: 7	GPAC	average	41.34m	135-8
29	Carissa KOLLE	FR	42.19m	138-5 4/12 Bronco Invitatic
30	Abigail GERBER	SR	42.12m	138-2 4/5 Concordia (Neb)
33	Harper BOCHE	FR	41.94m	137-7 4/12 Bronco Invitatic
61	Aliyah SINN	SO	39.13m	128-5 4/5 Concordia (Neb)
8	IU Kokomo (Ind.)	159.80m	524-4	
LW: 9	1 River States	average	39.95m	131-1
4	Sydney DUNCAN	SO	48.74m	159-11 4/19 Al Owens Classi
62	Faith ROCK	JR	39.11m	128-4 4/5 GVSU Early
	Olivia NEWCOM	JR	36.39m	119-5 4/19 Al Owens Classi
	Jada HENSON	FR	35.56m	116-8 3/30 Yellow Jacket C
9	Marian (Ind.)	156.88m	514-9	
LW: 10	1 Crossroads	average	39.22m	128-8
14	Gabi BILBREY	SO	44.71m	146-8 3/22 Polar Bear Invit
39	Hadleigh FILIPOVIVH	FR	41.25m	135-4 4/18 Marian Easter 1
	Tracey GOOCH	SO	35.51m	116-6 3/22 Polar Bear Invit
	Nhaydia WATSON	JR	35.41m	116-2 4/18 Marian Easter 1
10	MidAmerica Nazarene (Ka	154.16m	505-9	
LW: 11	1 The Heart	average	38.54m	126-6
9	Victoria LOTZ	SR	46.17m	151-6 3/30 Zach Kindler W
76	Alexandra DICKERSON	FR	38.57m	126-7 3/30 Zach Kindler W
	Alicia HERNANDEZ-MAST	FR	35.62m	116-11 3/30 Zach Kindler W
	Caley BLOSSER	SR	33.80m	110-11 4/12 Carl Kight Invit
11	Keiser (Fla.)	149.87m	491-9	
LW: 12	1 Sun Conference	average	37.47m	122-11
69	Niesha ALDAJUSTE	JR	38.81m	127-4 3/28 Thrills In The Hi
89	Angela AUGUSTE	JR	37.76m	123-11 4/11 Keiser Twilight
94	Ashlea KLAM	FR	37.51m	123-1 3/8 St. Thomas Unc
	Ezarya DALE	JR	35.79m	117-5 3/22 Alan Connie Sh
12	Valley City State (N.D.)	149.31m	489-11	
LW: 16	4 North Star	average	37.33m	122-6
40	Jade AZURE	SR	41.09m	134-10 3/22 Marauders Out
93	Kendra ODEGARD	SR	37.60m	123-5 4/19 Al Cassell Class
	Emma BASTIAN	SR	36.06m	118-4 4/6 Al Bortke Open
	Megan LAHTONEN	JR	34.56m	113-5 4/11 NDSU Spring Cl
13	Southeastern (Fla.)	149.15m	489-4	
LW: 13	Sun Conference	average	37.29m	122-4
79	MarieAnge MOUSSIGNAC	JR	38.43m	126-1 3/30 SSU Tiger Oran
85	Emma TERRY	JR	37.92m	124-5 4/11 Keiser Twilight
97	Baylie HARTMAN	SR	37.45m	122-11 4/5 Embry-Riddle R
	Allison CRAIG	JR	35.35m	116-0 4/5 Embry-Riddle R
14	College of Idaho	148.94m	488-8	
LW: 8	6 Cascade	average	37.24m	122-2
66	Kaylee WUEST	FR	39.05m	128-2 4/19 Oregon Tech In
73	Star HERRON	SR	38.60m	126-8 3/15 Nighthawks Op
	Ella CHRISTENSEN	FR	35.79m	117-5 4/4 Whitworth Pea
	Taylor DURFEY	JR	35.50m	116-6 3/15 Nighthawks Op



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15	Benedictine (Kan.)	147.98m	485-6
LW: 14 ▼ 1	The Heart	average 36.99m	121-5
18	Mary LORANG	FR 44.16m	144-11 4/11 Mule Relays (ou
	Carolyne ARGANA	FR 36.86m	120-11 3/30 Zach Kindler Wi
	Paulina SROKA	SO 36.51m	119-10 3/22 Spire Distance t
	Ava DE SANTOS	SO 30.45m	99-11 3/30 Zach Kindler Wi
16	College of Saint Mary (Neb)	146.82m	481-9
LW: 15 ▼ 1	GPAC	average 36.70m	120-5
82	Clare ULLERY	SO 38.23m	125-5 4/5 Concordia (Neb
	Tavia WILLIAMS	JR 36.85m	120-11 3/28 Central Nebras
	Claire CASPERSEN	SR 36.18m	118-9 3/28 Central Nebras
	Syd'ney BIRCH-GEORGE	FR 35.56m	116-8 3/28 Central Nebras
17	Dakota State (S.D.)	145.81m	478-5
LW: 17	North Star	average 36.45m	119-7
43	Oliviya THORNTON	JR 40.82m	133-11 4/12 Minnesota Stat
78	Gabriella PEITZMEIER	SR 38.46m	126-2 3/28 Wildcat Classic
	Lilly YOUNG	FR 35.23m	115-7 4/18 Maverick Invita
	Bella MAXWELL	SO 31.30m	102-8 4/18 Maverick Invita
18	Lewis-Clark State (Idaho)	143.74m	471-7
LW: 20 ▲ 2	Cascade	average 35.94m	117-11
58	Grace OSBORNE	JR 39.23m	128-9 4/17 Whitworth Twil
	Haylee APPLEFORD	SO 36.63m	120-2 3/11 Sam Adams Cla
	Hope ZOLLMAN	FR 35.68m	117-1 4/4 Whitworth Peac
	Jacklin LINNEMEYER	FR 32.20m	105-8 4/11 Whitworth Jeffr
19	Columbia (Mo.)	143.69m	471-5
LW: 19	AMC	average 35.92m	117-10
63	Hayden KRAMER	SO 39.10m	128-4 4/5 Lincoln Univers
	Emma PRETTYMAN	SO 35.71m	117-2 3/15 Central Method
	Abigail BECKER	FR 35.07m	115-1 4/18 Culver-Stocktor
	Ellie BERENDZEN	SO 33.81m	110-11 4/18 Culver-Stocktor
20	Oregon Tech	140.99m	462-7
LW: 18 ▼ 2	Cascade	average 35.25m	115-8
72	Aurora PARSONS	JR 38.62m	126-9 4/12 John Knight Tw
	Emily BITLER	JR 36.98m	121-4 4/5 Linfield Jenn Bc
	Ciena GREGORY	JR 36.01m	118-2 4/5 Linfield Jenn Bc
	Tarrah BICKFORD	SO 29.38m	96-4¾ 4/5 Linfield Jenn Bc
21	Graceland (Iowa)	138.97m	455-11
LW: 21	The Heart	average 34.74m	114-0
56	Kady VANDEMARK	JR 39.35m	129-1 4/11 Mule Relays (ou
	Amanda NEWTON	FR 36.84m	120-11 3/29 Central Method
	Hannah KLING	SO 32.58m	106-11 4/12 Dick Young Clas
	Malori LEONARD	JR 30.20m	99-1 4/12 Dick Young Clas
22	Columbia International (S	138.48m	454-4
LW: 22	AAC	average 34.62m	113-7
	Lillian GRUMBLES	SR 36.03m	118-3 4/4 Tornado Classi
	Acoya HUNT	SR 35.86m	117-8 3/8 John-Hunter Cl
	Coral CURRY	SO 34.09m	111-10 4/4 Tornado Classi
	Janasia DAY	FR 32.50m	106-8 3/14 Charleston Sou
23	Indiana Tech	137.75m	451-11
LW: 35 ▲ 12	WHAC	average 34.44m	113-0
46	Deneara MBOUG	JR 40.63m	133-4 4/18 Marian Easter 7
	Korah HONIG	JR 36.25m	118-11 4/18 Marian Easter 7
	Raigan HORSFALL	SO 32.70m	107-4 4/18 Marian Easter 7
	Morgan BROWN	FR 28.17m	92-5¼ 4/18 Marian Easter 7
24	Grand View (Iowa)	137.58m	451-5
LW: 23 ▼ 1	The Heart	average 34.40m	112-10
80	Carolyn MILLER	SO 38.31m	125-8 4/12 Dick Young Cla
	Brooke STOOKEY	SO 36.58m	120-0 3/28 Central (Iowa) I
	Mia ALLMON	JR 34.68m	113-10 4/12 Dick Young Cla
	Hannah BRANDT	JR 28.01m	91-10¾ 3/22 Grand View Viki
25	Xavier (La.)	136.71m	448-6
LW: 24 ▼ 1	Red River	average 34.18m	112-2
14	Charity JOHNSON	FR 44.71m	146-8 3/29 Southern Miss I
	Cailyn RILEY	SO 32.14m	105-6 3/29 Southern Miss I
	Britney DIXON	SR 30.09m	98-8¾ 3/22 Louisiana Cl.
	Javara WILLIAMS	FR 29.77m	97-8 4/11 Strawberry Rel
26	Cornerstone (Mich.)	136.52m	447-11
LW: 25 ▼ 1	WHAC	average 34.13m	112-0
27	Claire MEACHAM	JR 42.58m	139-9 4/5 GVSU Early
	Chloe MAY	FR 32.59m	106-11 4/5 GVSU Early
	Heidi KATZ	SO 31.70m	104-0 4/12 Calvin Invite
	Ava MUIR	SR 29.65m	97-3½ 3/22 Polar Bear Invi
27	York (Neb.)	135.68m	445-2
LW: 26 ▼ 1	KCAC	average 33.92m	111-4
	Candice JONES	SR 36.60m	120-1 4/12 Bronco Invitatio
	Abby SCHOPPER	FR 35.06m	115-1 3/28 Central Nebras
	Ascha UTTER	SR 34.58m	113-6 3/28 Central Nebras
	Alexis GIBBONS	JR 29.44m	96-7¼ 3/28 Central Nebras
28	Carroll (Mont.)	134.02m	439-9
LW: 28	Frontier	average 33.50m	109-11
86	Kayla BOTKIN	JR 37.91mA	124-5 4/18 Trudnowski Op
	Abigail MCBEAN	SO 33.73mA	110-8 4/18 Trudnowski Op
	Callie GEMBALLA	FR 31.93mA	104-9 4/10 Providence Ope
	Amaya FISCHER	SO 30.45mA	99-11 4/18 Trudnowski Op



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Women's Discus

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29	Arizona Christian	133.74m	438-10		
LW: 27 ▼ 2	GSAC	average 33.44m	109-9		
87	Cheney GOMEZ	SO 37.78m	124-0	3/29	Cody McBride/L
99	Sedona DIETRICH	FR 37.36m	122-7	3/29	Cody McBride/L
	Georgia GOMEZ	FR 30.64m	100-6	3/29	Cody McBride/L
	Kayla HOURIGAN	JR 27.96m	91-8¾	3/8	Arizona Spring
30	Columbia (S.C.)	133.18m	437-0		
LW: 30	AAC	average 33.30m	109-3		
91	Darci DAWSON	SR 37.69m	123-8	3/22	Alan Connie Sh
	Qusondra WIDEMAN	SO 35.98m	118-1	4/19	AAC
	Kezia JONES	FR 32.09m	105-4	4/12	Asheville Bulldc
	Doreshia MCALLISTER	SO 27.42m	89-11½	3/28	Thrills In The Hi
31	Evangel (Mo.)	133.10m	436-8		
LW: 29 ▼ 2	KCAC	average 33.28m	109-2		
	Haylee GIBSON	FR 34.50m	113-2	3/15	Central Method
	Bree ANGLIN	SO 34.08m	111-10	3/29	SBU Bearcat In
	Molly GEARHART	SR 33.19m	108-11	3/22	Missouri S&T Mi
	Elaina SWISLOSKI	FR 31.33m	102-10	3/22	Missouri S&T Mi
32	Kansas Wesleyan	131.96m	432-11		
LW: 31 ▼ 1	KCAC	average 32.99m	108-3		
51	Chloe GRUSING	SO 39.99m	131-3	3/28	Emporia State I
	Aunisty MCNEAL	FR 35.25m	115-8	3/23	Bethel (Kan.) C
	Elizabeth STOUT	JR 29.05m	95-3¾	3/28	Emporia State I
	Roselyn TORRES	FR 27.67m	90-9½	3/23	Bethel (Kan.) C
33	Goshen (Ind.)	131.21m	430-6		
LW: 32 ▼ 1	Crossroads	average 32.80m	107-8		
	Kaitlyn JOHNSON	SO 36.45m	119-7	4/12	Indiana Little S
	Caroline LAMB	SO 32.74m	107-5	4/19	Elaine Leigh Inv
	Leyna BORGMAN	FR 32.16m	105-6	4/12	Indiana Little S
	Theresa RODRIGUEZ	SR 29.86m	97-11¾	4/19	Elaine Leigh Inv
34	Viterbo (Wis.)	130.66m	428-8		
LW: 37 ▲ 3	Chicagoland	average 32.66m	107-2		
	Brooklyn LUDESCHER	FR 34.01m	111-7	4/12	UW Oshkosh Inv
	Vanessa WRIGHT	FR 33.84m	111-0	4/18	UW-La Crosse E
	Kaylie WIEDMEYER	SO 31.96m	104-10	4/18	UW-La Crosse E
	Rebecca SEDBROOK	FR 30.85m	101-3	4/5	Mississippi Rive
35	Siena Heights (Mich.)	129.36m	424-5		
LW: 34 ▼ 1	WHAC	average 32.34m	106-1		
	Akiyah ASH	JR 36.53m	119-10	4/5	Golden Grizzly I
	Jordan LUMBREZER	SR 34.15m	112-1	4/12	SAU Bill Bippes
	Grace SCHEUMANN	SR 32.21m	105-8	4/18	Hillsdale Gina F
	Ava JONES	FR 26.47m	86-10¼	4/18	Hillsdale Gina F
36	Saint Xavier (Ill.)	128.98m	423-2		
LW: 33 ▼ 3	Chicagoland	average 32.25m	105-10		
	Mariah JAMES	FR 37.34m	122-6	3/29	Billiken Invitati
	Jamie SIEROCKI	JR 34.91m	114-7	3/29	Billiken Invitati
	Katie DEHAAN	JR 30.45m	99-11	3/29	Billiken Invitati
	Amariah SCOTT	SO 26.28m	86-2¾	4/13	Olivet Nazarene
37	Ottawa (Kan.)	128.13m	420-5		
LW: 36 ▼ 1	KCAC	average 32.03m	105-1		
	Zoie MEANS-THOMAS	JR 36.92m	121-2	3/28	Emporia State I
	Ciera HUTTON-SPIEKER	FR 35.25m	115-8	3/28	Emporia State I
	Kena LEONARD	FR 29.46m	96-8	3/28	Emporia State I
	Martha RIOS	JR 26.50m	86-11½	3/28	Emporia State I
38	Culver-Stockton (Mo.)	121.36m	398-2		
LW: 38	The Heart	average 30.34m	99-6½		
	Faith HOPGOOD	SO 36.87m	121-0	4/12	Mustang Distar
	Jasmine CARTER	SO 29.55m	96-11½	4/5	Cornell College
	Donny SHARP	SR 29.21m	95-10	3/22	Grand View Viki
	Mackenzie BRYAN	FR 25.73m	84-5	4/5	Cornell College
39	UHSP (Mo.)	121.06m	397-2		
LW: 39	AMC	average 30.26m	99-3½		
	Elizabeth FRITZLER	SO 35.16m	115-4	3/29	Billiken Invitati
	Elizabeth FRITZLER	SO 35.16m	115-4	3/29	Billiken Invitati
	Reece HALLEY	FR 34.84m	114-4	3/29	Billiken Invitati
	Reece HALLEY	FR 34.84m	114-4	3/29	Billiken Invitati
	Hanna BURCH	SO 26.42m	86-8¼	4/12	Greenville Selec
	Hanna BURCH	SO 26.42m	86-8¼	4/12	Greenville Selec
	Brianna RAMSEY	JR 24.64m	80-10¼	3/22	Emory Spring B
	Brianna RAMSEY	JR 24.64m	80-10¼	3/22	Emory Spring B
40	Loyola (La.)	115.42m	378-8		
LW: 40	SSAC	average 28.86m	94-8		
	Renee ANDERSON	SO 31.70m	104-0	4/5	Davenport-Mill
	Destiny CLARKSTON	FR 30.97m	101-7	3/29	Southern Miss I
	Chelsea BISHOP	FR 28.43m	93-3¼	4/5	Davenport-Mill
	Kimora DANIEL	JR 24.32m	79-9½	4/5	Davenport-Mill
41	Cumberlands (Ky.)	115.10m	377-8		
LW: 41	Mid-South	average 28.78m	94-5		
59	Maggie BUERGER	JR 39.19m	128-7	4/5	Centre Invitati
	Delaney DEATON	FR 36.24m	118-11	4/18	Centre Twilight
	Hannah BAKER	JR 22.67m	74-4½	4/12	The Gordon Boc
	Taylor LUNSFORD	SO 17.00m	55-9¼	3/22	Montreat Collec
42	Lawrence Tech (Mich.)	114.42m	375-5		
LW: 44 ▲ 2	WHAC	average 28.60m	93-10¼		
92	Kathleen RACHWAL	SO 37.61m	123-5	4/19	Elaine Leigh Inv
	Isabella DELONG	FR 35.99m	118-1	4/5	Golden Grizzly I
	Neveah PAYLOR	FR 23.13m	75-10¾	4/12	SAU Bill Bippes
	Caleigh BOVENSIEP	FR 17.69m	58-½	4/12	SAU Bill Bippes



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Women's Discus

as of 4/22/25 12:11 AM ET

43	Simpson (Calif.)	110.50m	362-7
LW: 42 ▼ 1	Cal Pac	average 27.62m	90-7¾
	Isabella OLIVER	FR 31.67m	103-11 3/22 Westmont Colle
	Jewelina ZARAGOZA	SO 29.30m	96-1½ 3/8 Wildcat @ Chic
	Elizabeth ALEO	JR 25.11m	82-4¾ 3/8 Wildcat @ Chic
	Raynija CASSEUS	FR 24.42m	80-1½ 3/8 Wildcat @ Chic
44	Montreat (N.C.)	110.10m	361-3
LW: 43 ▼ 1	AAC	average 27.52m	90-3¾
	Isis GIRON	JR 32.74m	107-5 3/22 Montreat Colleg
	Stephanie HINOJOS	JR 31.98m	104-11 3/22 Montreat Colleg
	Shelby BROWN	SO 25.23m	82-9½ 3/22 Montreat Colleg
	Izzy ACKERMAN	SR 20.15m	66-1½ 3/8 John-Hunter Cl
45	Shawnee State (Ohio)	110.09m	361-2
LW: 46 ▲ 1	River States	average 27.52m	90-3¾
	Alexis SUDDERTH	FR 29.37m	96-4¼ 4/19 Otterbein Twili
	Olivia NEWMAN	FR 27.66m	90-9 4/19 Otterbein Twili
	Jaina BAILEY	JR 27.21m	89-3¼ 3/15 Cumberlands E
	Tashawna YOUNG	FR 25.85m	84-9¾ 4/19 Otterbein Twili
46	Williams Baptist (Ark.)	109.74m	360-1
LW: 47 ▲ 1	AMC	average 27.44m	90-¼
	Calista CHRISTIAN	SR 32.69m	107-3 3/8 Harding Invitat
	Kimberly CRUZ	SO 30.66m	100-7 4/19 Dan Veach Invit
	Rebecca SIMINGTON	SO 25.32m	83-1 3/20 Ouachita Invita
	Dayshia ESPINOZA-FORD	JR 21.07m	69-1½ 4/19 Dan Veach Invit
47	Dillard (La.)	105.83m	347-3
LW: 45 ▼ 2	HBCUAC	average 26.46m	86-9¾
	Reign SNOWDEN	FR 32.92m	108-0 4/5 Davenport-Milb
	Charra BRIDGES	SR 27.91m	91-7 4/12 HBCUAC
	Lauren HALL	SO 23.27m	76-4¼ 4/5 Davenport-Milb
	Darnee WILLIAMS	JR 21.73m	71-3½ 4/12 HBCUAC
48	Hannibal-LaGrange (Mo.)	95.23m	312-5
LW: 48	AMC	average 23.81m	78-1¼
	Kaylyn POWERS	SR 35.27m	115-9 4/18 Culver-Stocktor
	Shelby STULL	SO 24.11m	79-1¼ 3/15 Central Method
	Mykaela ELLIOTT	FR 20.25m	66-5¼ 4/12 Greenville Selec
	Amyah COLYER	FR 15.60m	51-2¼ 3/15 Central Method
49	Our Lady of the Lake (Tex)	78.95m	259-0
LW: 49	Red River	average 19.74m	64-9¼
	Autumn ROBERTS	SR 24.22m	79-5½ 4/12 Cactus Cup
	Larrisa MCHENRY	SR 23.02m	75-6¼ 4/12 Cactus Cup
	Aziza CLARK	SO 18.56m	60-10¾ 4/12 Cactus Cup
	Kymberli CAVAZOS	FR 13.15m	43-1¾ 4/12 Cactus Cup



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Women's Hammer

as of 4/22/25 12:11 AM ET

1	British Columbia	211	
LW: 1	Cascade	average 52.72m	173-0
3	Bella HALL JR	54.72m	179-7 3/29 British Columbi
6	Michelle DADSON SR	52.70m	172-11 3/20 PV/ALTIS Invite
8	Lauren CURTIS FR	52.49m	172-3 4/18 Bryan Clay
17	Katelyn PUTZ FR	50.99m	167-4 3/22 Willie Williams/
2	Dickinson State (N.D.)	203	
LW: 3	▲ 1 North Star	average 50.82m	166-9
2	Kori NAGEL SR	55.54m	182-3 4/19 Blue Hawk Gar
16	Taylor LAUMEYER JR	51.00m	167-4 4/19 Blue Hawk Gar
30	Rebecca EACKER JR	48.50m	159-2 4/19 Blue Hawk Gar
31	Alician GARCIA SR	48.26m	158-4 3/27 Yellowjackets C
3	Dakota State (S.D.)	195.83m	642-6
LW: 5	▲ 2 North Star	average 48.96m	160-8
5	Gabriella PEITZMEIER SR	53.04m	174-0 4/18 Maverick Invita
18	Oliviyah THORNTON JR	50.77m	166-7 4/12 Minnesota Stat
27	Bella MAXWELL SO	48.92m	160-6 4/12 Minnesota Stat
89	Lilly YOUNG FR	43.10m	141-5 4/12 Minnesota Stat
4	Concordia (Neb.)	194.42m	637-11
LW: 2	▼ 2 GPAC	average 48.60m	159-6
9	Abi WOHLGEMUTH SR	51.97m	170-6 4/12 Bronco Invitatio
22	Abigail GERBER SR	49.87m	163-8 4/5 Concordia (Neb
38	Marissa HEINS SO	47.26m	155-1 4/5 Concordia (Neb
62	Aliyah SINN SO	45.32m	148-8 4/18 Jim Dutcher Me
5	MidAmerica Nazarene (Ka	193.45m	634-8
LW: 4	▼ 1 The Heart	average 48.36m	158-8
1	Victoria LOTZ SR	59.02m	193-8 4/19 Kansas Relays
33	Caley BLOSSER SR	47.49m	155-10 4/12 Carl Kight Invita
64	Alexandra DICKERSON FR	45.15m	148-2 3/30 Zach Kindler Wi
	Alicia HERNANDEZ-MAST FR	41.79m	137-1 4/12 Carl Kight Invita
6	Dordt (Iowa)	192.86m	632-9
LW: 6	GPAC	average 48.22m	158-2
20	Makenna WALHOF SO	50.65m	166-2 3/28 Wildcat Classic
28	Maren HETTINGA JR	48.82m	160-2 4/16 Red Raider Ope
34	Lynne TORMOEHLEN SR	47.41m	155-7 4/16 Red Raider Ope
50	Jenna GLEASON SR	45.98m	150-10 3/28 Wildcat Classic
7	Doane (Neb.)	190.27m	624-3
LW: 7	GPAC	average 47.57m	156-1
11	Madison SUTTON SR	51.75m	169-10 3/28 Central Nebras
21	Mia KNIGGE JR	50.45m	165-6 4/18 Jim Dutcher Me
59	Kaylie LOTSPEICH SO	45.54m	149-5 4/18 Jim Dutcher Me
	Natylie MYERS SO	42.53m	139-7 3/28 Central Nebras
8	Marian (Ind.)	185.16m	607-6
LW: 10	▲ 2 Crossroads	average 46.29m	151-11
32	Courtney BUTLER SO	48.00m	157-6 4/18 Marian Easter 1
39	Keeley HUGHES SR	46.85m	153-9 4/12 Indiana Little S
55	Nhaydia WATSON JR	45.70m	149-11 4/12 Fast Break Athl
74	Ozofu MAGAJI FR	44.61m	146-4 4/18 Marian Easter 1
9	Providence (Mont.)	181.15m	594-4
LW: 8	▼ 1 Frontier	average 45.29m	148-7
12	Lauren CIMA FR	51.55mA	169-2 4/18 Trudnowski Op
48	Tatiana MARTINEZ SR	46.21m	151-7 3/27 Yellowjackets C
	Avari BATT JR	42.53mA	139-7 4/5 Fighting Saints
	Shelbey KLEIN JR	40.86mA	134-1 4/5 Fighting Saints
10	Columbia (Mo.)	176.25m	578-3
LW: 11	▲ 1 AMC	average 44.06m	144-7
4	Mackenzie LINNENBRINK FR	53.30m	174-11 4/5 Lincoln Univers
85	Hayden KRAMER SO	43.56m	142-11 3/15 Central Methoa
98	Ellie BERENDZEN SO	42.73m	140-2 3/15 Central Methoa
	Abigail BECKER FR	36.66m	120-4 3/15 Central Methoa
11	Mount Mercy (Iowa)	175.86m	577-0
LW: 12	▲ 1 The Heart	average 43.96m	144-3
52	Natalie DEFORD SO	45.79m	150-3 4/19 DeBacker Invita
57	Alyssa STRIEGEL SR	45.65m	149-9 4/12 Mustang Distar
90	Ava CONRAD SR	43.04m	141-3 4/12 Mustang Distar
	Grace KELLEY JR	41.38m	135-9 4/19 DeBacker Invita
12	Indiana Tech	172.23m	565-1
LW: 15	▲ 3 WHAC	average 43.06m	141-3
23	Deneara MBOUG JR	49.78m	163-4 4/18 Marian Easter 1
55	LaTarsha MOORE SR	45.70m	149-11 4/12 Indiana Little S
	Amaya QUARLES SO	40.39m	132-6 4/18 Marian Easter 1
	Korah HONIG JR	36.36m	119-4 4/18 Marian Easter 1
13	College of Idaho	171.72m	563-5
LW: 9	▼ 4 Cascade	average 42.93m	140-10
10	Star HERRON SR	51.81m	170-0 4/4 Whitworth Pea
	Taylor DURFEY JR	41.56m	136-4 3/15 Nighthawks Op
	Ella CHRISTENSEN FR	39.83mA	130-8 4/19 Oregon Tech In
	Janika BARKER SO	38.52mA	126-5 4/19 Oregon Tech In
14	Benedictine (Kan.)	171.26m	561-11
LW: 13	▼ 1 The Heart	average 42.82m	140-6
24	Alyssa HALL SR	49.51m	162-5 4/11 Mule Relays (ou
94	Mary LORANG FR	42.80m	140-5 3/30 Zach Kindler Wi
	Elizabeth GEIST JR	42.37m	139-0 3/30 Zach Kindler Wi
	Paulina SROKA SO	36.58m	120-0 3/30 Zach Kindler Wi



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Women's Hammer

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15	Columbia (S.C.)	171.10m	561-4
LW: 14 ▼ 1	AAC	average 42.78m	140-4
36	Doeshia MCALLISTER	SO 47.36m	155-5 4/5 High Point Vert
49	Anaya CANTY	SR 46.03m	151-0 4/19 AAC
84	Darci DAWSON	SR 43.57m	143-0 4/5 High Point Vert
	Azia HOLMES	SO 34.14m	112-0 4/12 Asheville Bulldo

16	Graceland (Iowa)	167.75m	550-5
LW: 18 ▲ 2	The Heart	average 41.94m	137-7
14	Kady VANDEMARK	JR 51.35m	168-6 4/11 Mule Relays (ou
	Hannah KLING	SO 39.34m	129-1 3/22 Grand View Viki
	Amanda NEWTON	FR 38.89m	127-7 3/22 Grand View Viki
	Kaydence WYNGLARZ	JR 38.17m	125-3 4/19 DeBacker Invitc

17	York (Neb.)	167.03m	548-0
LW: 16 ▼ 1	KCAC	average 41.76m	137-0
53	Elizabeth ZAIGER	SR 45.74m	150-1 4/12 Bronco Invitatic
72	Candice JONES	SR 44.67m	146-7 4/12 Bronco Invitatic
	Ascha UTTER	SR 39.70m	130-3 4/12 Bronco Invitatic
	Delanie NAMUTH	SR 36.92m	121-2 4/18 Jim Dutcher Me

18	Southeastern (Fla.)	165.37m	542-7
LW: 17 ▼ 1	Sun Conference	average 41.34m	135-8
25	MarieAnge MOUSSIGNAC	JR 49.17m	161-4 4/5 Embry-Riddle R
	Emma TERRY	JR 41.93m	137-7 3/22 South Florida A
	Baylie HARTMAN	SR 37.88m	124-4 3/8 Eagle Invitator
	Allison CRAIG	JR 36.39m	119-5 4/5 Embry-Riddle R

19	Lewis-Clark State (Idaho)	164.73m	540-6
LW: 19	Cascade	average 41.18m	135-2
68	Grace OSBORNE	JR 44.81m	147-0 4/11 Whitworth Jeffr
99	Faith WERSLAND	JR 42.64m	139-11 4/17 Whitworth Twil
	Haylee APPLEFORD	SO 39.27m	128-10 4/17 Whitworth Twil
	Hope ZOLLMAN	FR 38.01m	124-9 4/17 Whitworth Twil

20	Columbia International (S	162.38m	532-9
LW: 20	AAC	average 40.60m	133-2
66	Kloey PICKENS	SR 44.94m	147-5 3/8 John-Hunter Cl
71	Coral CURRY	SO 44.78m	146-11 3/14 Charleston Sou
	Lillian GRUMBLES	SR 36.91m	121-1 2/28 Susan Rouse In
	Acoya HUNT	SR 35.75m	117-4 4/19 AAC

21	Cornerstone (Mich.)	161.73m	530-8
LW: 24 ▲ 3	WHAC	average 40.43m	132-8
26	Claire MEACHAM	JR 49.01m	160-10 4/5 GVSU Early
	Chloe MAY	FR 40.87m	134-1 4/19 Al Owens Classi
	Ava MUIR	SR 36.36m	119-4 4/19 Al Owens Classi
	Heidi KATZ	SO 35.49m	116-5 4/12 Davenport Pani

22	Missouri Valley	160.29m	525-11
LW: 21 ▼ 1	The Heart	average 40.07m	131-6
74	Paula ROMERO	SR 44.61m	146-4 4/11 Mule Relays (ou
	Isabella KUENKAMP	SO 39.92m	131-0 3/29 Central Methoa
	Aarion PICKENS	FR 39.00m	128-0 3/15 Central Methoa
	Kylie LINSON	SR 36.76m	120-7 4/11 Mule Relays (ou

23	Siena Heights (Mich.)	159.85m	524-6
LW: 26 ▲ 3	WHAC	average 39.96m	131-2
51	Jordan LUMBREZER	SR 45.88m	150-6 4/18 Hillsdale Gina F
	Akiyah ASH	JR 39.36m	129-2 4/12 SAU Bill Bippes
	Leah GREGG	JR 38.01m	124-9 4/12 Davenport Pan
	Grace SCHEUMANN	SR 36.60m	120-1 4/18 Hillsdale Gina F

24	Morningside (Iowa)	159.60m	523-8
LW: 25 ▲ 1	GPAC	average 39.90m	130-11
	Shelby MILLS	JR 41.48m	136-1 4/16 Red Raider Ope
	Aleena EDWARDS	FR 40.67m	133-5 3/28 Wildcat Classic
	Jacee TINDALL	JR 40.21m	131-11 4/16 Red Raider Ope
	Maddy STANEK	FR 37.24m	122-2 4/16 Red Raider Ope

25	Valley City State (N.D.)	158.64m	520-6
LW: 23 ▼ 2	North Star	average 39.66m	130-2
	Emma BASTIAN	SR 41.47m	136-1 4/6 Al Bortke Open
	Kendra ODEGARD	SR 40.49m	132-10 4/6 Al Bortke Open
	Jade AZURE	SR 38.86m	127-6 4/6 Al Bortke Open
	Carlee FUCHS	SO 37.82m	124-1 4/19 Al Cassell Class

26	Friends (Kan.)	157.77m	517-8
LW: 22 ▼ 4	KCAC	average 39.44m	129-5
13	Abby GREEN	JR 51.49m	168-11 4/5 Friends Invitati
	Braelynn CUNNINGHAM	SO 40.81m	133-11 3/28 Emporia State i
	Nikayia WILDER	FR 33.85m	111-1 3/28 Emporia State i
	Alyssa RHODES	FR 31.62m	103-9 3/22 TCU Invitationa

27	Saint Xavier (Ill.)	154.79m	507-10
LW: 27	Chicagoland	average 38.70m	127-0
	Amariah SCOTT	SO 41.66m	136-8 3/29 Billiken Invitati
	Mariah JAMES	FR 39.06m	128-2 4/13 Olivet Nazarene
	Jamie SIEROCKI	JR 38.61m	126-8 3/29 Billiken Invitati
	Katie DEHAAN	JR 35.46m	116-4 4/13 Olivet Nazarene

28	IU Kokomo (Ind.)	154.76m	507-9
LW: 28	River States	average 38.69m	126-11
67	Sydney DUNCAN	SO 44.91m	147-4 3/22 Polar Bear Invit
	Gracie CONKLIN-DAVIS	SO 40.90m	134-2 4/19 Al Owens Classi
	Olivia NEWCOM	JR 37.70m	123-8 3/15 Cumberland E
	Faith ROCK	JR 31.25m	102-7 4/12 Indiana Little S



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Women's Hammer

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29	College of Saint Mary (Neb)	154.67m	507-6
LW: 31 ▲ 2	GPAC	average 38.67m	126-11
80	Clare ULLERY	SO 44.02m	144-5 4/18 Jim Dutcher Me
	Syd'ney BIRCH-GEORGE	FR 40.28m	132-2 3/28 Central Nebras
	Claire CASPERSEN	SR 36.20m	118-9 3/28 Central Nebras
	Rylie PREISTER	FR 34.17m	112-1 4/18 Jim Dutcher Me
30	Grand View (Iowa)	154.42m	506-8
LW: 29 ▼ 1	The Heart	average 38.61m	126-8
65	Mia ALLMON	JR 45.13m	148-1 3/28 Central (Iowa) L
	Brooke STOOKEY	SO 42.36m	139-0 3/22 Grand View Viki
	Carolyn MILLER	SO 39.86m	130-9 4/5 Cornell College
	Maddie CUNNINGHAM	FR 27.07m	88-9¾ 3/28 Central (Iowa) L
31	St. Thomas (Fla.)	153.64m	504-1
LW: 30 ▼ 1	Sun Conference	average 38.41m	126-0
78	Alexia KORNILOV	SO 44.35m	145-6 4/19 STU Open 3
	Nicole GUTIERREZ	JR 38.18m	125-3 4/4 STU Outdoor M
	Savianna JOSEPH	FR 36.39m	119-5 4/4 STU Outdoor M
	Miel JOHNSON	FR 34.72m	113-11 4/19 STU Open 3
32	Milligan (Tenn.)	148.80m	488-2
LW: 33 ▲ 1	AAC	average 37.20m	122-1
99	Annika HOEFLER	SO 42.64m	139-11 4/19 AAC
	Joy REKS	SR 39.05m	128-2 3/28 King University
	Iliana MARTINEZ	SR 35.75m	117-4 4/19 AAC
	Faith HELTON	FR 31.36m	102-11 3/28 King University
33	Madonna (Mich.)	148.65m	487-9
LW: --	WHAC	average 37.16m	121-11
60	Aubree NANIEWICZ	SR 45.50m	149-4 4/19 Elaine Leigh Inv
92	Susie KISH	SO 42.99m	141-1 4/19 Elaine Leigh Inv
	Kieyanna GIMEZ	FR 32.78m	107-7 4/19 Elaine Leigh Inv
	Keyara SZYMANSKI	SO 27.38m	89-10 4/19 Elaine Leigh Inv
34	Cumberlands (Ky.)	147.64m	484-5
LW: 32 ▼ 2	Mid-South	average 36.91m	121-1
82	Maggie BUERGER	JR 43.86m	143-11 4/5 Centre Invitatio
	Delaney DEATON	FR 38.17m	125-3 3/15 Cumberlands E
	Taylor LUNSFORD	SO 37.36m	122-7 4/12 The Gordon Box
	Hannah BAKER	JR 28.25m	92-8¼ 4/18 Centre Twilight
35	Spring Arbor (Mich.)	143.18m	469-9
LW: 34 ▼ 1	Crossroads	average 35.80m	117-5
	Jennifer SHERWOOD	SR 42.59m	139-9 4/12 SAU Bill Bippes
	Leah FARLEY	FR 39.23m	128-9 4/12 SAU Bill Bippes
	Lydia HALL	SR 33.16m	108-10 3/22 Lee Invitationa
	Jaylee GILL	FR 28.20m	92-6¼ 4/12 SAU Bill Bippes
36	Xavier (La.)	139.39m	457-4
LW: 35 ▼ 1	Red River	average 34.85m	114-4
	Charity JOHNSON	FR 37.92m	124-5 3/22 Louisiana Cl.
	Kayla GANT	SR 34.46m	113-1 4/11 Strawberry Rel
	Cailyn RILEY	SO 34.44m	113-0 4/11 Strawberry Rel
	Makayla FANNIN	FR 32.57m	106-10 3/22 Louisiana Cl.
37	Montreat (N.C.)	137.38m	450-9
LW: 36 ▼ 1	AAC	average 34.34m	112-8
	Stephanie HINOJOS	JR 36.93m	121-2 3/22 Montreat Collec
	Shelby BROWN	SO 34.55m	113-4 4/12 Asheville Bulldo
	Isis GIRON	JR 34.48m	113-2 3/8 John-Hunter Cl.
	Izzy ACKERMAN	SR 31.42m	103-1 4/12 Asheville Bulldo
38	Ottawa (Kan.)	131.30m	430-9
LW: 37 ▼ 1	KCAC	average 32.83m	107-9
	Rian BOUB	SR 36.67m	120-4 3/28 Emporia State i
	Martha RIOS	JR 34.53m	113-4 4/4 Emporia State i
	Ciera HUTTON-SPIEKER	FR 34.38m	112-10 3/28 Emporia State i
	Kena LEONARD	FR 25.72m	84-4¾ 3/28 Emporia State i
39	Dillard (La.)	129.17m	423-10
LW: 38 ▼ 1	HBCUAC	average 32.29m	106-0
	Reign SNOWDEN	FR 42.54m	139-7 3/22 Louisiana Cl.
	Lauren HALL	SO 33.79m	110-11 4/5 Davenport-Mill
	Charra BRIDGES	SR 31.54m	103-6 3/22 Louisiana Cl.
	Darnee WILLIAMS	JR 21.30m	69-10¾ 3/22 Louisiana Cl.
40	Shawnee State (Ohio)	128.88m	422-10
LW: 40	River States	average 32.22m	105-9
43	Jaina BAILEY	JR 46.42m	152-4 4/12 Fast Break Athl
	Alexis SUDDERTH	FR 34.32m	112-7 3/15 Cumberlands E
	Tashawna YOUNG	FR 27.40m	89-10¾ 4/19 Otterbein Twilig
	Olivia NEWMAN	FR 20.74m	68-½ 4/4 Ohio Cherry Blc
41	Baker (Kan.)	125.97m	413-4
LW: 39 ▼ 2	The Heart	average 31.49m	103-4
	Julie COFFEY	JR 39.29m	128-11 3/30 Zach Kindler W
	Marta PIANTANIDA	FR 35.12m	115-3 3/30 Zach Kindler W
	Ruth MUTTUKU	SR 28.64m	93-11¾ 3/30 Zach Kindler W
	Ashtyn KEO	FR 22.92m	75-2½ 3/30 Zach Kindler W
42	Loyola (La.)	124.72m	409-2
LW: 41 ▼ 1	SSAC	average 31.18m	102-4
	Renee ANDERSON	SO 37.78m	124-0 4/5 Davenport-Mill
	Destiny CLARKSTON	FR 31.86m	104-7 4/5 Davenport-Mill
	Kimora DANIEL	JR 28.81m	94-6¼ 4/11 Strawberry Rel
	Chelsea BISHOP	FR 26.27m	86-2¼ 4/11 Strawberry Rel



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Hammer

as of 4/22/25 12:11 AM ET

43	Arizona Christian	109.50m	359-3
LW: 42 ▼ 1	GSAC	average 27.38m	89-9¾
	Sedona DIETRICH	FR 32.93m	108-1 4/12 Gaucho Collegi
	Kayla HOURIGAN	JR 31.86m	104-7 4/5 UNLV Rebel Elit
	Cheney GOMEZ	SO 22.41m	73-6¼ 4/12 Gaucho Collegi
	Adalien SANTA MARIA	JR 22.30m	73-2 4/5 UNLV Rebel Elit
44	Wiley (Texas)	87.47m	287-0
LW: 43 ▼ 1	HBCUAC	average 21.87m	71-9
	Elisa CLAY	SO 26.23m	86-¾ 4/12 HBCUAC
	Remi PIERRE	FR 23.23m	76-2¾ 4/12 HBCUAC
	Jean MARIE FARINHA	JR 20.61m	67-7½ 4/12 HBCUAC
	Ladaija FITZGERALD	SO 17.40m	57-1 3/8 Harding Invitat



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Javelin

as of 4/22/25 12:11 AM ET

1	Providence (Mont.)	156.33m	512-11		
LW: 1	Frontier	average	39.08m	128-3	
8	Shelbey KLEIN	JR	42.80mA	140-5	4/18 Trudnowski Op
21	Havyn VANDENACRE	FR	40.34m	132-4	3/15 Battlin' Bears/Y
47	MacKenzie LAYNG	FR	36.97mA	121-4	4/10 Providence Ope
62	Lauren CROWDER	FR	36.22mA	118-10	4/10 Providence Ope
2	Benedictine (Kan.)	155.07m	508-9		
LW: 2	The Heart	average	38.77m	127-2	
1	Mary LORANG	FR	45.07m	147-11	3/30 Zach Kindler Wi
48	Mary WHITESIDE	SO	36.96m	121-3	4/11 Mule Relays (ou
52	Grace GODARD	SR	36.70m	120-5	3/22 Spire Distance C
58	Maria CONNEALY	SO	36.34m	119-3	3/30 Zach Kindler Wi
3	Doane (Neb.)	154.17m	505-10		
LW: 3	GPAC	average	38.54m	126-6	
20	Delaney BURGE	SO	40.38m	132-6	4/18 Jim Dutcher Me
31	Mattie POHL	SO	38.38m	125-11	4/18 Jim Dutcher Me
33	Kalli SUTTON	SO	38.20m	125-4	4/11 DUAL: Doane-N
43	Madison HEUSINKVELT	FR	37.21m	122-1	4/18 Jim Dutcher Me
4	Montana Tech	149.48m	490-5		
LW: --	Frontier	average	37.37m	122-7	
5	Jenna JORDAN	SR	43.58mA	143-0	4/18 Trudnowski Op
37	Tyra OPPERMAN	SO	37.58mA	123-4	4/18 Trudnowski Op
83	Quinn SKAGGS	FR	34.90mA	114-6	4/18 Trudnowski Op
	Abby CLARK	SR	33.42mA	109-8	4/18 Trudnowski Op
5	Valley City State (N.D.)	149.13m	489-3		
LW: 5	North Star	average	37.28m	122-4	
7	Kendra ODEGARD	SR	42.97m	141-0	4/19 Al Cassell Class
44	Sadie HANSEN	SR	37.19m	122-0	4/19 Al Cassell Class
76	Alana ANDERSON	FR	35.14m	115-4	4/11 NDSU Spring Cl
97	Emma MUGGLI	SO	33.83m	111-0	4/16 NSAA
6	Eastern Oregon	146.70m	481-4		
LW: 4	▼ 2 Cascade	average	36.67m	120-4	
32	Adrienne WASHINGTON	JR	38.21m	125-5	4/4 Whitworth Peac
41	Madison MACMILLAN	SR	37.24m	122-2	3/15 Nighthawks Op
64	Sammy CONLEY	SR	36.11m	118-6	3/15 Nighthawks Op
76	Jensyn JACOBSON	FR	35.14m	115-4	4/19 Larry Byerly Inv
7	Concordia (Neb.)	145.44m	477-2		
LW: 6	▼ 1 GPAC	average	36.36m	119-4	
23	Gretchen STOTTEMYRE	SR	39.83m	130-8	4/12 Bronco Invitatio
40	Carissa KOLLE	FR	37.25m	122-3	4/12 Bronco Invitatio
75	GraCee GOINGS	FR	35.20m	115-6	4/18 Jim Dutcher Me
	Addison REIMER	SO	33.16m	108-10	3/28 Central Nebras.
8	Clarke (Iowa)	144.97m	475-8		
LW: 9	▲ 1 The Heart	average	36.24m	118-11	
13	Isabelle MATTHEWS	JR	41.54m	136-4	4/15 Loras Mid-Weel
22	Brei CHRISTOFFER	SO	40.14m	131-9	4/18 Augustana (Ill.)
96	Annemarie KOERNER	SO	33.92m	111-4	4/12 Mustang Distar
	Reese RYAN	FR	29.37m	96-4¼	4/18 Augustana (Ill.)
9	Indiana Tech	142.41m	467-3		
LW: 7	▼ 2 WHAC	average	35.60m	116-10	
14	Emma LONGUEUAY	FR	41.46m	136-0	4/12 Indiana Little S
55	Ryah DIGIACOMO	SO	36.48m	119-8	3/30 Yellow Jacket C
92	Kathrin ERTL	FR	34.08m	111-10	4/4 Indiana Tech Aj
	Korah HONIG	JR	30.39m	99-8½	4/4 Indiana Tech Aj
10	Dickinson State (N.D.)	142.01m	465-11		
LW: --	North Star	average	35.50m	116-6	
6	Codi NAGLE	FR	43.33m	142-2	4/19 Blue Hawk Gan
65	Kaitlyn MCCOLLY	SR	36.06m	118-4	4/16 NSAA
	Clara LAIRD	FR	32.65m	107-2	3/27 Yellowjackets C
	Taylor LAUMEYER	JR	29.97m	98-4	4/19 Blue Hawk Gan
11	Carroll (Mont.)	138.57m	454-8		
LW: 8	▼ 3 Frontier	average	34.64m	113-8	
38	Katelyn CHRISTENSEN	JR	37.53mA	123-2	4/5 Fighting Saints
89	Danielle SEXTON	SO	34.27mA	112-5	4/10 Providence Ope
90	Emily SHUMAKER	JR	34.25mA	112-5	4/5 Fighting Saints
	Hailey HERDA	FR	32.52mA	106-9	4/5 Fighting Saints
12	British Columbia	131.69m	432-1		
LW: 11	▼ 1 Cascade	average	32.92m	108-0	
2	Sarah SNELL	SO	44.22m	145-1	4/17 Cal State LA Tw
46	Liepa BAJARUNAS	JR	37.06m	121-7	4/12
	Sarah PIMBLETT	JR	28.50m	93-6	4/12
	Alessandra IONESCU-ZANETTI	SO	21.91m	71-10¾	3/29 British Columbi
13	Southeastern (Fla.)	130.51m	428-2		
LW: 10	▼ 3 Sun Conference	average	32.63m	107-1	
39	Emma TERRY	JR	37.44m	122-10	3/30 SSU Tiger Oran
45	Avery BRINCAT	SO	37.11m	121-9	4/11 Keiser Twilight
	Baylie HARTMAN	SR	28.91m	94-10¼	4/5 Embry-Riddle R
	Jazlyn GRAHAM	FR	27.05m	88-9	3/30 SSU Tiger Oran
14	Ottawa (Kan.)	129.35m	424-5		
LW: 12	▼ 2 KCAC	average	32.34m	106-1	
26	Rian BOUB	SR	39.55m	129-9	3/28 Emporia State i
80	Saraiah ERVIN	JR	34.94m	114-8	3/22 Spire Distance C
	Madison MIRANDA	SO	29.64m	97-3	3/28 Emporia State i
	Zoie MEANS-THOMAS	JR	25.22m	82-9	3/22 Spire Distance C



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Javelin

as of 4/22/25 12:12 AM ET

15	Culver-Stockton (Mo.)	127.70m	419-0	LW: 17 ▲ 2	The Heart	average 31.92m	104-9
69	Delaney STRAUS	JR 35.71m	117-2	3/15	Central Method		
	Emma STAATS	FR 32.75m	107-6	4/18	Culver-Stockton		
	Zoi SMITH	JR 31.80m	104-4	4/18	Culver-Stockton		
	Kinlie JUDD	SO 27.44m	90-½	3/29	Central Method		
16	Montreat (N.C.)	127.69m	418-11	LW: 15 ▼ 1	AAC	average 31.92m	104-9
66	Emma BARNES	JR 35.96m	118-0	3/8	John-Hunter Cl		
	Elizabeth HARRINGTON	SO 31.43m	103-2	4/19	AAC		
	Nevaeh PEREIRA	FR 30.34m	99-6½	3/22	Montreat Colleg		
	Isis GIRON	JR 29.96m	98-3½	3/8	John-Hunter Cl		
17	St. Thomas (Fla.)	126.96m	416-7	LW: 13 ▼ 4	Sun Conference	average 31.74m	104-2
10	Davanna COLLIE	JR 42.21m	138-6	4/19	STU Open 3		
59	Sierra SHARP	FR 36.30m	119-1	4/4	STU Outdoor M		
	Aaliyah BLOT	SO 27.00m	88-7	4/4	STU Outdoor M		
	Maydine NICHOLS	JR 21.45m	70-4½	4/4	STU Outdoor M		
18	Columbia (Mo.)	125.62m	412-2	LW: 16 ▼ 2	AMC	average 31.40m	103-1
81	Evelyn ROLAND	SR 34.93m	114-7	3/15	Central Method		
	Emma PRETTYMAN	SO 31.08m	102-0	4/11	Mule Relays (ou		
	Brynn HANWAY	SO 29.95m	98-3¼	4/18	Culver-Stockton		
	Ellie REYNOLDS	JR 29.66m	97-3¼	3/15	Central Method		
19	Nelson (Texas)	125.38m	411-4	LW: 14 ▼ 5	SAC	average 31.34m	102-10
	Autumn CROUCH	SO 33.54m	110-1	4/12	McMurry War H		
	Brooklyn TAYLOR	SR 31.94m	104-10	3/29	Oklahoma Bap		
	Lily EMEYABBI	FR 31.84m	104-6	4/5	Bill Schmidt Clc		
	Kelli CIELENCKI	FR 28.06m	92-¾	4/12	McMurry War H		
20	Hastings (Neb.)	124.31m	407-10	LW: 21 ▲ 1	GPAC	average 31.08m	102-0
35	Ellie LLOYD	FR 37.98m	124-7	4/18	Jim Dutcher Me		
	Kamerin TURNER	FR 29.62m	97-2¼	4/18	Jim Dutcher Me		
	Zailee POULSON	SR 28.50m	93-6	4/18	Jim Dutcher Me		
	Lucy CAREY	FR 28.21m	92-6¾	4/12	Bronco Invitatio		
21	Marian (Ind.)	119.85m	393-3	LW: 19 ▼ 2	Crossroads	average 29.96m	98-3¾
	Grace FELTZ	FR 33.18m	108-10	3/22	Polar Bear Invit		
	Bella DEAN	SO 30.89m	101-4	4/12	Indiana Little S		
	Taylor ASELAGÉ	FR 28.50m	93-6	4/18	Rose-Hulman T		
	Gabi BILBREY	SO 27.28m	89-6	3/22	Polar Bear Invit		
22	Midland (Neb.)	119.35m	391-7	LW: 18 ▼ 4	GPAC	average 29.84m	97-10¾
81	Shyanne PIPKIN	JR 34.93m	114-7	3/23	Bethel (Kan.) C		
	Kerrigan MYERS	SR 32.55m	106-10	4/12	South Dakota C		
	Madelynn DOUGHERTY	FR 27.07m	88-9¾	3/28	Central Nebras		
	Hannah NEWTON	SR 24.80m	81-4½	3/28	Central Nebras		
23	Huntington (Ind.)	117.53m	385-7	LW: 20 ▼ 3	Crossroads	average 29.38m	96-4¾
68	Anna JEANNIN	FR 35.83m	117-7	4/12	Indiana Little S		
	Ashley GUNKELMAN	FR 32.79m	107-7	4/4	Indiana Tech A		
	Janai HANEY	JR 28.29m	92-9¾	4/12	Indiana Little S		
	Eliza BYRUM	FR 20.62m	67-8	4/4	Indiana Tech A		
24	Viterbo (Wis.)	116.89m	383-6	LW: 24	Chicagoland	average 29.22m	95-10½
98	Martina MCGRATH	SR 33.73m	110-8	4/12	UW Oshkosh Im		
	Isabel RUBENZER	FR 30.20m	99-1	3/29	Billiken Invitati		
	Avery POPPE	FR 28.51m	93-6½	4/18	UW-La Crosse E		
	Grace GROGAN	JR 24.45m	80-2¾	4/18	UW-La Crosse E		
25	Northwestern (Iowa)	116.11m	380-11	LW: 23 ▼ 2	GPAC	average 29.03m	95-3
86	Sara THONVOLD	FR 34.58m	113-6	4/16	Red Raider Ope		
	Camryn WILKINSON	FR 30.66m	100-7	4/12	Sioux City Relay		
	Jasmine LUX	JR 25.84m	84-9½	4/16	Red Raider Ope		
	Mia SKIPPINGS	SO 25.03m	82-1½	4/12	Sioux City Relay		
26	St. Ambrose (Iowa)	115.53m	379-1	LW: 25 ▼ 1	Chicagoland	average 28.88m	94-9¼
49	Ryleigh WARDEN	JR 36.94m	121-3	4/18	Augustana (Ill.)		
99	Annaliese BOWSER	SO 33.68m	110-6	4/18	Augustana (Ill.)		
	Kate SURWILLO	JR 23.25m	76-3½	4/12	Mustang Distar		
	Lou CADY	FR 21.66m	71-¾	4/12	Mustang Distar		
27	Arizona Christian	115.37m	378-6	LW: 22 ▼ 5	GSAC	average 28.84m	94-7½
99	Cheney GOMEZ	SO 33.68m	110-6	4/5	UNLV Rebel Elit		
	Lucy LOVELACE	JR 29.21m	95-10	3/8	Arizona Spring		
	Rylan RHODES	FR 26.68m	87-6½	3/8	Arizona Spring		
	McKenna ROGERS	SO 25.80m	84-7¾	4/12	Gaucha Collegi		
28	Graceland (Iowa)	109.46m	359-2	LW: 31 ▲ 3	The Heart	average 27.36m	89-9½
	Mollie WALKER	SO 30.96m	101-7	4/19	DeBacker Invitc		
	Malori LEONARD	JR 28.10m	92-2¼	4/19	DeBacker Invitc		
	Grace TESTERMAN	JR 26.45m	86-9½	3/29	Central Methoo		
	Kaydence WYNGLARZ	JR 23.95m	78-7	4/12	Dick Young Cla		



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Javelin

as of 4/22/25 12:12 AM ET

29	Mount Mercy (Iowa)			109.43m		359-0	
LW: 30	▲ 1	The Heart	average	27.36m	89-9¼		
87	Miyah FOX	FR	34.56m	113-5	4/12	Mustang Distar	
	Dayna MAIERS	JR	29.09m	95-5¼	4/19	DeBacker Invitc	
	Claire GEERTS	FR	24.36m	79-11¼	4/19	DeBacker Invitc	
	Hannah PETERS	FR	21.42m	70-3½	4/19	DeBacker Invitc	
30	Loyola (La.)			108.92m		357-4	
LW: 26	▼ 4	SSAC	average	27.23m	89-4		
	Olivia LEROUX	SO	32.90m	107-11	4/11	Strawberry Rel	
	Sofia DIVINCENTI	FR	32.49m	106-7	3/29	Southern Miss I	
	Chelsea BISHOP	FR	25.95m	85-1¾	4/11	Strawberry Rel	
	Andrea BARDALES	FR	17.58m	57-8¼	4/5	Davenport-Milb	
31	Briar Cliff (Iowa)			105.06m		344-8	
LW: --	GPAC		average	26.26m	86-2¼		
27	Lilly PETERS	FR	39.33m	129-1	4/16	Red Raider Ope	
	Caitlin ANDERHOLM	JR	30.55m	100-3	4/16	Red Raider Ope	
	Jade MAMMEN	JR	20.31m	66-7¾	4/12	Sioux City Relay	
	Lyndsey MCGOWAN	SR	14.87m	48-9½	4/12	Sioux City Relay	
32	Dordt (Iowa)			104.48m		342-10	
LW: 33	▲ 1	GPAC	average	26.12m	85-8½		
79	Kendra DEWOLDE	SO	34.99m	114-10	4/12	South Dakota C	
	Ava INGWERSEN	FR	24.50m	80-4¾	4/16	Red Raider Ope	
	Jennifer LUMKES	FR	24.16m	79-3¼	4/16	Red Raider Ope	
	Faith MINDERHOUD	SO	20.83m	68-4¼	4/12	South Dakota C	
33	Cornerstone (Mich.)			104.44m		342-8	
LW: 29	▼ 4	WHAC	average	26.11m	85-8		
	Katelynn DIX	JR	30.16m	98-11½	4/12	Davenport Pan	
	Kenzie MEYER	SO	27.91m	91-7	4/19	Al Owens Classi	
	Taryn PRESTON	FR	27.86m	91-5	4/12	Davenport Pan	
	Emma O'NEIL	JR	18.51m	60-8¾	4/19	Al Owens Classi	
34	UHSP (Mo.)			103.88m		340-10	
LW: 27	▼ 7	AMC	average	25.97m	85-2½		
	Reece HALLEY	FR	30.21m	99-1½	3/15	Central Method	
	Reece HALLEY	FR	30.21m	99-1½	3/15	Central Method	
	Elizabeth FRITZLER	SO	26.75m	87-9¼	3/29	Billiken Invitati	
	Elizabeth FRITZLER	SO	26.75m	87-9¼	3/29	Billiken Invitati	
	Hanna BURCH	SO	25.32m	83-1	4/12	Greenville Selec	
	Hanna BURCH	SO	25.32m	83-1	4/12	Greenville Selec	
	Brianna RAMSEY	JR	21.60m	70-10½	4/12	Greenville Selec	
	Brianna RAMSEY	JR	21.60m	70-10½	4/12	Greenville Selec	
35	Brescia (Ky.)			103.38m		339-2	
LW: 28	▼ 7	River States	average	25.84m	84-9½		
	Kaitlyn ORANGE	SO	31.04m	101-10	3/29	Brent Chumbley	
	Malyea PARTINGER	FR	29.71m	97-5¾	4/12	Greenville Selec	
	Ashby GREENWELL	SR	27.24m	89-4½	3/29	Brent Chumbley	
	Marie DE JONG	FR	15.39m	50-6	3/22	Lee Invitationa	

36	Xavier (La.)			100.94m		331-2	
LW: 32	▼ 4	Red River	average	25.24m	82-9½		
	A'Blessin WILSON	SR	28.81m	94-6¼	4/5	Davenport-Milb	
	Leojai HIBBERT	SO	25.42m	83-4¾	4/5	Davenport-Milb	
	Cailyn RILEY	SO	23.38m	76-8½	4/11	Strawberry Rel	
	Javara WILLIAMS	FR	23.33m	76-6½	3/22	Louisiana Cl.	
37	Columbia International (S			98.21m		322-3	
LW: 35	▼ 2	AAC	average	24.55m	80-6¾		
56	Kloey PICKENS	SR	36.40m	119-5	4/19	AAC	
	Bethany RYMER	SR	29.79m	97-9	4/4	Tornado Classi	
	Olivia TANCHAK	SO	16.68m	54-8¾	3/14	Charleston Sou	
	Caroline RIMMER	SO	15.34m	50-4	3/22	Emory Spring B	
38	Grace (Ind.)			97.27m		319-2	
LW: 34	▼ 4	Crossroads	average	24.32m	79-9½		
	Makayla NEAL	JR	27.48m	90-2	3/30	Yellow Jacket C	
	Lanae CROWE	SR	26.48m	86-10½	4/12	Indiana Little S	
	Jade HULEY	JR	24.22m	79-5½	3/30	Yellow Jacket C	
	Vinyl VALASTEK	FR	19.09m	62-7¾	4/12	Indiana Little S	
39	Dillard (La.)			93.43m		306-7	
LW: 36	▼ 3	HBCUAC	average	23.36m	76-7¾		
	Charra BRIDGES	SR	27.92m	91-7¼	3/29	Southern Miss I	
	Lauren HALL	SO	22.69m	74-5½	3/29	Southern Miss I	
	Shauntezz-Marie THOMAS	JR	21.73m	71-3½	3/22	Charles Austin C	
	Reign SNOWDEN	FR	21.09m	69-2½	4/5	Davenport-Milb	
40	IU Kokomo (Ind.)			93.16m		305-8	
LW: 37	▼ 3	River States	average	23.29m	76-5		
	Gracie CONKLIN-DAVIS	SO	26.31m	86-4	4/12	Indiana Little S	
	Maleah WINGER	JR	24.70m	81-½	4/12	Indiana Little S	
	Elise VANDEVENTER	JR	24.12m	79-1¾	4/12	Indiana Little S	
	Elle STORY	FR	18.03m	59-2	4/12	Indiana Little S	
41	Grand View (Iowa)			89.35m		293-2	
LW: 38	▼ 3	The Heart	average	22.34m	73-3½		
	Mickey SEELY	SO	27.14m	89-½	4/12	Dick Young Cla	
	Mia ALLMON	JR	24.18m	79-4	4/12	Dick Young Cla	
	Carolyn MILLER	SO	20.09m	65-11	4/12	Dick Young Cla	
	Maddie CUNNINGHAM	FR	17.94m	58-10¼	4/19	DeBacker Invitc	
42	Brenau (Ga.)			87.62m		287-6	
LW: 39	▼ 3	AAC	average	21.90m	71-10½		
	Jasmine JOHNSON	JR	24.79m	81-4	3/22	Emory Spring B	
	Jennaya COUCOULES	FR	22.75m	74-7¾	4/19	AAC	
	Tatyana DENIS	FR	21.04m	69-½	3/28	Thrills In The Hi	
	Jasmine RAMSEY	FR	19.04m	62-5¾	3/22	Emory Spring B	



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Women's Javelin

as of 4/22/25 12:12 AM ET

43	Lawrence Tech (Mich.)	82.97m	272-3
LW: 40 ▼ 3	WHAC	average 20.74m	68-¾
	Caleigh BOVENSIEP	FR 24.14m	79-2½ 3/30 Yellow Jacket C
	Isabella DELONG	FR 22.27m	73-¾ 4/12 SAU Bill Bippes
	Jacqueline ALBO	SR 20.79m	68-2½ 4/12 SAU Bill Bippes
	Neveah PAYLOR	FR 15.77m	51-9 3/22 Polar Bear Invit
44	Wiley (Texas)	81.30m	266-9
LW: 41 ▼ 3	HBCUAC	average 20.32m	66-8¼
	Remi PIERRE	FR 23.33m	76-6½ 4/12 HBCUAC
	LaDija THOMAS	SO 21.00m	68-10¾ 4/12 HBCUAC
	Ladaija FITZGERALD	SO 19.82m	65-½ 3/15 McNeese Cowbo
	Jean MARIE FARINHA	JR 17.15m	56-3¼ 3/15 McNeese Cowbo
45	Brewton-Parker (Ga.)	80.96m	265-8
LW: 42 ▼ 3	SSAC	average 20.24m	66-5
	Jaleah RHETT	SR 27.35m	89-8¾ 4/12 Georgia Showd
	Keelie JORDAN	JR 21.34m	70-¼ 3/8 John-Hunter Cl
	A'Shanti SURREY	SR 16.96m	55-7¾ 3/28 Thrills In The Hi
	Kendra PAYNE	FR 15.31m	50-2¾ 4/12 Georgia Showd



#EventSquad Rankings — 2025 Checkpoint #4, April 22

Women's Heptathlon

as of 4/22/25 12:12 AM ET

1

Concordia (Neb.)

15,374

LW: --

GPAC

average 3,844

15	Josi NOBLE	JR	4,193	4/18	Jim Dutcher Me
23	Emma KUCERA	SO	3,872	4/18	Jim Dutcher Me
33	Addison REIMER	SO	3,657	4/18	Jim Dutcher Me
34	Kennedee CANALES	FR	3,652	4/18	Jim Dutcher Me

2

Doane (Neb.)

12,177

LW: --

GPAC

average 3,044

6	Chaney NELSON	SO	4,607	4/18	Jim Dutcher Me
24	Dayle HAAKE	FR	3,867	4/18	Jim Dutcher Me
44	Lauren MALY	FR	3,339	4/18	Jim Dutcher Me
65	Britta DEDEN	SO	364	4/18	Jim Dutcher Me