





						A	AC				as of 4/1/2025 7:53:32 A	AM ET
	И	Vom	en's 100 Meters						Wom	en'	's 400 Meter Hurdles	
1 15	Myesha HALL	SR	#6 Truett-McConne	12.00	(0.9)	3/28	1	47	Autumn SHEPHERD	SR	#6Truett-McConne 1:08.38	3/28
2 49	Morgan JOHNSON	SR	_	12.37	(2.0)	3/29	2	66	Ziykila HENDERSON	FR	#4 Columbia (S.C.) 1:10.38	3/22
3 64	Kendra MARTIN	SO	#3 Brenau (Ga.)	12.47w	(2.8)	3/22	3	86	Mary CUSTODIO	SC	#2 Milligan (Tenn.) 1:12.05	3/22
4 67	Myikayla HOWARD	SO	#4 Columbia (S.C.)	12.48	(1.1)	3/28	4	90	Gabrielle GRANT	FR	#3 Brenau (Ga.) 1:12.75	3/28
5 84	Latrice BROWN	SO	#4 Columbia (S.C.) {2	2}12.57	(1.0)	3/28	5		Destinee LOVEJOY	JR	. ,	3/22
6 90	Grace CLEMENS	SO	_	12.61w	(2.1)	3/28	6		Re'yanna ELLIS-	FR	#3 Brenau (Ga.) {2} 1:15.50	3/28
7 91	L Kenadi AKER	SO	#5 Reinhardt (Ga.)	12.62	(0.2)	3/15			PICKETT		(0.) (0)	- 1
8 92	Adrianna GULLETTE	SR	#1 Montreat (N.C.)	12.63	(2.0)	3/29	7		Taylor KNOX		#3 Brenau (Ga.) {3}1:16.02	3/28
9	Jasmine JOHNSON	JR	#3 Brenau (Ga.) {2	2}12.69	(0.0)	3/28	8		June DELAUDER	FR	• · · · · ·	3/22
10	Brooke WILMOTH	JR	#6 Truett-McConne {2	2} 12.87w	(2.7)	3/22	9		Ragan SPEER	FR	· · ·	3/22
	Wom	en'	s 100 Meter Hurd	lles			10		Bethanee WIGGINS	SC	, , , , ,	3/15
1 12	Mackenzie PRINGLE	SO	#4 Columbia (S.C.)	14.49	(0.7)	3/28				/on	nen's 800 Meters	
2 13	Samantha DEGRACE	FR	#8 Tennessee Wesle	14.50w	(2.2)	3/28	1	1	Ellen-Mary KEARNEY	JR	#2 Milligan (Tenn.) 2:12.07	3/29
3 42	2 Erin PEASE	SO	#10 Union (Ky.)	15.16w	(3.1)	3/22	2	13	Ashlyn	JR	#9 SCAD Atlanta (Ga 2:16.10	3/28
4 45	Emma BARNES	JR	#1 Montreat (N.C.)	15.32w	(2.9)	3/29			VANLANDINGHAM		#0.CCAD Attacks (C.(2)2.24 C2	2/20
5 47	Gabrielle GRANT	FR	#3 Brenau (Ga.)	15.37w	(2.2)	3/28			7 Tatum DYKSTRA	FR	, ,,	3/28
6 57	Heaven CARVER	SR	#11 Pikeville (Ky.)	15.48w	(2.5)	3/29	4		Anna DRILLER		#12 Bryan (Tenn.) 2:23.38	3/22
7 68	Morgan JOHNSON	SR	#7 Columbia Intern	15.86w	(2.9)	3/29	5	68	Meredith LARKWORTHY	FR	#9 SCAD Atlanta (Ga{3} 2:23.90	3/28
8 91	L Ziykila HENDERSON	FR	#4 Columbia (S.C.) {2	2} 16.60w	(2.2)	3/28	6	82	2 Isabelle JOHNSON	JR	#2 Milligan (Tenn.) {2}2:25.15	3/22
9 96	Lisa SCHOEN	FR	#8 Tennessee Wesle{2	2}16.67	(1.3)	3/28	7		Morgan WILSON	JR		3/28
10 98	Ann MOSES	SO	#8 Tennessee Wesle(3	3} 16.70	(1.2)	3/22	8		McKenna SPAULDING			3/22
	И	Vom	en's 200 Meters				9		Sophia JEFFERS	JR		3/28
1 24	Myesha HALL	SR	#6 Truett-McConne	25.00	(1.0)	3/22	10		Kamille DIXON	SR		3/28
2 37	Latrice BROWN	SO	#4 Columbia (S.C.)	25.34w	(2.3)	3/22			IW	om	en's 1500 Meters	
3 60	Morgan JOHNSON	SR	#7 Columbia Intern	25.75w	(2.2)	3/29	1	1		JR		3/29
4 71	Grace CLEMENS	SO	#8 Tennessee Wesle	25.94	(1.6)	3/22	2		Dylan GARCIA	SR	5 , ,	3/29
5 75	Emma BARNES	JR	#1 Montreat (N.C.)	25.99w	(2.2)	3/29			Heather MURPHY	FR	• • • • • • • • • • • • • • • • • • •	3/22
6 83	Ashante SHAW	SO	#4 Columbia (S.C.) {2	2}26.04	(2.0)	3/22			Tatum DYKSTRA	FR		3/28
7 85	Saniya MILLER	SO	#1 Montreat (N.C.) {2	2} 26.06	(1.8)	3/29	5		/ Meredith	FR		3/28
8 87	Samantha DEGRACE	FR	#8 Tennessee Wesle{2	2} 26.08	(1.6)	3/22		•	LARKWORTHY		(3.(2) 1.02123	0,20
8 87	Myikayla HOWARD	SO	#4 Columbia (S.C.) {3	3} 26.08w	(2.2)	3/28	6	39	Ashlyn	JR	#9 SCAD Atlanta (Ga{3}4:52.58	3/22
10 95	Kamryn CHAMBLISS	JR	#3 Brenau (Ga.)	26.11	(1.0)	3/22			VANLANDINGHAM			
	И	Vom	en's 400 Meters				7		Gracie FRANKLIN	FR	#2 Milligan (Tenn.) {2} 4:54.38	3/28
1 46	Kaylene	SO	#1 Montreat (N.C.)	59.20		3/22	8	65	Rylee FISHER	FR	#5 Reinhardt (Ga.) 4:57.41	3/28
	MANTERNACH						9	72	Rarly WILHJELM	FR	#2Milligan (Tenn.) {3} 4:58.26	3/28
2 61	L Emily STANDIFER	SR	#1 Montreat (N.C.) {2	2}59.87		3/22	10	95	Yessenia	SR	* #1 Montreat (N.C.) {3}5:02.49	3/22
3 65	Madison KITSON	FR	#3 Brenau (Ga.)	1:00.15		3/28			CASTELLANOS			
4 73	Lydiana STYLES	SO	#5 Reinhardt (Ga.)	1:00.40		3/28				-	en's Steeplechase	
5 84	Kamryn CHAMBLISS	JR	#3 Brenau (Ga.) {2	2}1:00.65		3/22			Brooke WIEBE	SR	#1 Montreat (N.C.) 11:50.18	3/22
6	Jakara TOBLER	SO	#8 Tennessee Wesle	1:01.49		3/28			Gray PERSHING	SC		3/22
7	Elizabeth	FR	#7 Columbia Intern	1:01.68		3/22			L Kamille DIXON	SR	· · ·	3/22
0	GUSTAFSON		Wa D	N		912.5	4	43	Lily TULLOCK		#5 Reinhardt (Ga.) 13:06.61	3/22
8	Kyla LAURENT			3}1:01.73		3/28			Avarose BUCCINO		#4 Columbia (S.C.) 13:54.96	3/28
9	Carlie OSBORNE		#11 Pikeville (Ky.)	1:02.71		3/22	6	60	Sofia PETZ	FR	#10 Union (Ky.) 13:58.38	3/29
10	Emma HEFNER	FR	#6 Truett-McConne	1:03.07		3/28						



1 21 Jennyfer VIGUERAS

USTFCCCA NAIA Outdoor Track & Field

Conference TFRI Event Summary





as of 4/1/2025 7:53:32 AM ET

					A	AC
		W	ome	en's 5000 Meters		
1	8	Katie CLARKE	SR	#9 SCAD Atlanta (Ga 17:06.32	3/22	1
2	9	Ellen-Mary KEARNEY	JR	#2 Milligan (Tenn.) 17:12.13	3/22	
3	15	Avery RAYMOND	SO	#9 SCAD Atlanta (Ga{2}17:40.86	3/22	
4	36	Karly WILHJELM	FR	#2 Milligan (Tenn.) {2} 18:30.90	3/22	2
5	39	Rylee FISHER	FR	#5 Reinhardt (Ga.) 18:35.05	3/22	_
6	68	Carlyn BOBO	SO	#1 Montreat (N.C.) 18:51.26	3/22	
7		Annie Kate	SR	#2 Milligan (Tenn.) {3}19:31.06	3/28	2
		MCDERMOTT				3
8		Joanna HALTERMAN	FR	#2Milligan (Tenn.) {4}19:32.54	3/28	
9		Carissa WILSON	JR	#12 Bryan (Tenn.) 19:42.68	3/9	
10		Molly WOODBY	SR	#8 Tennessee Wesle 19:44.97	3/28	4
		Wo	me	n's 10,000 Meters		
1	1	Heather MURPHY	FR	#1 Montreat (N.C.) 33:45.36	3/29	
2	5	Ashlyn HAAS	JR	#2 Milligan (Tenn.) 37:29.59	3/22	5
3	9	Anna JONES	JR	#2 Milligan (Tenn.) {2} 38:25.68	3/22	J
4	11	Natalie FELLERS	SR	#2 Milligan (Tenn.) {3} 39:24.68	3/22	
5	12	Carissa WILSON	JR	#12 Bryan (Tenn.) 39:32.69	3/22	
6	23	Elena IRWIN	SR	#12 Bryan (Tenn.) {2} 42:30.00	3/22	6
7	25	Allison CRAFT	SR	#6 Truett-McConne 43:22.43	3/22	
8	35	Elle SIMS	SR	#6 Truett-McConne {2} 45:58.66	3/22	

Women's 5000m Race Walk

#4 Columbia (S.C.) 39:56.65

3/22

		Wom	en's 4x100 Relay	,	
1	17	Myikayla Howard, Ziykila Henderson, Ashante Shaw, Kwamecia Marks	#4 Columbia (S.C.)	47.89	3/28
2	24	Grace Clemens, Jakara Tobler, Mckenna Hubbard, Samantha DeGrace	#8 Tennessee Wesle	48.91	3/22
3	26	Jasmine Johnson, Gabrielle Grant, Kamryn Chambliss, Kendra Martin	#3 Brenau (Ga.)	49.00	3/22
4	30	Abigail Bell, Kenadi Aker, Makenzie Cumbee, Lydiana Styles	#5 Reinhardt (Ga.)	49.35	3/15
5	31	Abigale Smith, Myesha Hall, Brooke Wilmoth, Autumn Shepherd	#6 Truett-McConne	49.38	3/28
6	49	Saniya Miller, Lydia Norman, Adrianna Gullette, Jessica Gakeri	#1 Montreat (N.C.)	50.63	3/22
7	54	Faith Newsom, Kylie Hall, Jaida Garrett, Carlie Osborne	#11 Pikeville (Ky.)	51.31	3/22
8	65	Jessi Swanger, Autumn Stanley, Anna Gardner, Keri Belcher	#2 Milligan (Tenn.)	53.43	3/28
9	67	Lana Hackler, Summer Ward, Aurora Haywood, Alayshia Griffith	#13 Bluefield (Va.)	54.15	3/29



Conference TFRI Event Summary



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				Α	AC				as of	4/1/2025	7:53:33 A	M ET
	Wo	men's 4x400 Relay	,				И	/om	en's High Jump	,		
1 1	Emma	JR #1 Montreat (N.C.)	1:01.15	3/22	1	10	Samantha DEGRACE	_	#8 Tennessee Wesle		5-5¾	3/28
2 12	Kyla Laurent, Kamille	#3 Brenau (Ga.)	4:00.66	3/28			Samantha CRAMER	JR	#5 Reinhardt (Ga.)	1.55m	5-1	3/15
	Dixon, Madison			•	3	44	Tatyana DENIS	FR	#3 Brenau (Ga.)	1.53m	5-1/4	3/9
	Kitson, Kamryn				4		. Maeve HARRIS		#5 Reinhardt (Ga.)	[2] 1.50m	4-11	3/22
	Chambliss				5		Jennaya COUCOULES			[2] 1.48m	4-101/4	3/9
3 22	Emma Hefner, Autumn Shepherd, Destinee Lovejoy,	#6 Truett-McConne	4:07.73	3/28			Elizabeth HARRINGTON	so	#1 Montreat (N.C.)	1.46m	4-91/2	3/22
	Myesha Hall				7		Emma BARNES	JR	#1 Montreat (N.C.)	[2] 1.41m	4-71/2	3/22
4 34	Morgan Johnson,	#7 Columbia Intern	4:16.47	3/22	8		Lisa SCHOEN	FR	#8 Tennessee Wesle	[2] 1.39m	4-63/4	3/22
	Mercy Berkemeyer,				9		Erin PEASE	SO	#10 Union (Ky.)	1.32m	4-4	3/22
	Morgan Hartman, Elizabeth Gustafson				10		Bethanee WIGGINS	SO	#5 Reinhardt (Ga.)	[3] 1.30m	4-31/4	3/28
E //1	Grace Clemens,	#8 Tennessee Wesle	4:10 E0	2/20			1/	lom	en's Pole Vault			
3 41	Jakara Tobler, Joelle	#6 Tennessee West	4:19.50	3/28	1	42	! Keri BELCHER	_	#2 Milligan (Tenn.)	2.90m	9-61/4	3/28
	Bixby, Mckenna						Mary CUSTODIO	so		2.90m	9-61/4	3/28
	Hubbard						Emma PELFREY		#5 Reinhardt (Ga.)	2.85m	9-41/4	3/15
6 44	Noelle Dawes,	#5 Reinhardt (Ga.)	4:20.95	3/22								3/13
	Makenzie Cumbee, Olivia Edwards,								en's Long Jump		10.21/ / 0	c) 2/20
	Lydiana Styles				1		,	SR	#6 Truett-McConne	5.88m	19-3½ (-0.0	-
7 47	Rachel Dulaney, Mary	#2 Milligan (Tenn.)	4:22.66	3/28			Jessica GAKERI	SR	#1 Montreat (N.C.)	5.46m	17-11 (1.4)	
	Custodio, Sophia			-, -	3		Madison KITSON		#3 Brenau (Ga.)	5.41m	17-9 (-1.9)	
	Jeffers, Isabelle				4		Mackenzie PRINGLE		#4 Columbia (S.C.)	5.21m	17-11/4 (-1.3	•
	Johnson				5		Grace CLEMENS	SO	#8 Tennessee Wesle		17-¾ (0.4)	-,
8 58	Jasmine Clouse,	#10 Union (Ky.)	4:34.03	3/15	6		Lydia NORMAN	SO			16-8¾ (0.5	
	Kaylee Hall, Sofia Petz, Bella Townsend				6		Samantha DEGRACE	FR			16-8¾ (0.5	•
	,	men's 4x800 Relay	,		8		Makayla BLANGO		#4 Columbia (S.C.)		16-7¾ (-0.2	
1 6	Brooke Wiebe,	#1 Montreat (N.C.)	9:29.66	3/22	9		Adrianna GULLETTE	SR	#1 Montreat (N.C.)		16-5 (0.9)	3/22
1 0	Yessenia Castellanos,	Montreat (N.C.)	3.23.00	3/22			Erin PEASE		#10 Union (Ky.)		15-10½ (2.	
	Heather Murphy, Dylan Garcia				10	98	Lisa SCHOEN W		#8 Tennessee Wesle en's Triple Jum		15-10½ (0.	0 3/22
2 18	Akin Averie, Kamille	#3 Brenau (Ga.)	10:45.20	3/22	1	1	Myesha HALL	SR	#6 Truett-McConne	12.08m	39-7¾ (0.0	3/28
	Dixon, Victoria	_			2	2	Jessica GAKERI	SR	#1 Montreat (N.C.)	12.07m	39-71/4 (0.4)) 3/22
	Woods, Madi McMahan				3	5	Mackenzie PRINGLE	so	#4 Columbia (S.C.)	11.85mv	v 38-10½ (3.	2 3/22
2 22		#6 Truett McConno	10.EE 70	2/20	4	12	Makayla BLANGO	SO	#4 Columbia (S.C.)	[2] 11.41m	37-51/4 (0.0	3/28
3 22	Presley Madden, Elle Sims, Allison Craft,	#6 Truett-McConne	10.55.76	3/28			Madison KITSON		#3 Brenau (Ga.)		37-1 (0.0)	3/22
	Autumn Shepherd					_	Gabrielle GRANT	FR	#3 Brenau (Ga.)	[2] 10.71m	35-1¾ (0.0	3/22
4 23	Elizabeth Gustafson,	#7 Columbia Intern	11:04.20	3/22	7	41	. Lydia NORMAN	SO	#1 Montreat (N.C.)	[2] 10.50m	34-5½ (0.5	3/22
	Morgan Hartman,				8	53	Sheridan CRUZ	FR	#8 Tennessee Wesle	10.15m	33-3¾ (0.5	3/22
	Jada Figgins, Mercy Berkemeyer				9	54	Emma HEFNER	FR	#6 Truett-McConne	[2] 10.13m	33-3 (0.0)	3/28
E 26	Jasmine Clouse,	#10 Union (Ky.)	11:51.10	3/22	10	65	Taylor KNOX			[3] 9.87mw	_	
J 20	Kaylee Hall, Melanie	"10 Official (Ky.)	11.51.10	3/22					nen's Shot Put			
	Partin, Sofia Petz				1	17	 ′ Darci DAWSON	_	#4 Columbia (S.C.)	12.62m	41-5	3/22
							Kloey PICKENS		#7 Columbia Intern	12.61m		3/22
							Jerrica BRYANT		#3 Brenau (Ga.)	12.15m		3/22
					4		Valerie KENDRICK		#11 Pikeville (Ky.)	11.76m		3/29
					5		Marquia WHITE	JR	#5 Reinhardt (Ga.)	11.64m		3/28
							Coral CURRY	SO	#7 Columbia Intern		_	3/14
							Grace JONES	SR	#6 Truett-McConne			3/22
							Lisa SCHOEN	FR	#8 Tennessee Wesle			-
									#7 Columbia Intern			3/22
							' Acoya HUNT	SR				3/22
					10		Isis GIRON	JR	#1 Montreat (N.C.)	10.58m	34-072	3/8



Conference TFRI Event Summary



AAC

as of 4/1/2025 7:53:33 AM ET

L						
			Wa	omen's Discus		
1	42	Eve D'ANTIGNAC	JR	#9 SCAD Atlanta (Ga 39.01m	128-0	3/22
2	60	Darci DAWSON	SR	#4 Columbia (S.C.) 37.69m	123-8	3/22
3	68	Marquia WHITE	JR	#5 Reinhardt (Ga.) 37.27m	122-4	3/22
4	94	Acoya HUNT	SR	#7 Columbia Intern: 35.86m	117-8	3/8
5		Valerie KENDRICK	SR	#11 Pikeville (Ky.) 35.32m	115-11	3/29
6		Grace JONES	SR	#6 Truett-McConne 35.23m	115-7	3/22
7		Kayla MORRIS	FR	#5 Reinhardt (Ga.) {2}35.09m	115-2	3/22
8		Jasmine RAMSEY	FR	#3 Brenau (Ga.) 35.07m	115-1	3/22
9		Lillian GRUMBLES	SR	#7 Columbia Intern{2}34.75m	114-0	3/22
10		Qusondra WIDEMAN	SO	#4 Columbia (S.C.) {2}34.33m	112-8	3/28
		V	Vor	nen's Hammer		
1	29	Marquia WHITE	JR	#5 Reinhardt (Ga.) 45.56m	149-6	3/28
2	33	Grace JONES	SR	#6 Truett-McConne 45.16m	148-2	3/28
3	36	Kloey PICKENS	SR	#7 Columbia Intern: 44.94m	147-5	3/8
4	40	Coral CURRY	SO	#7 Columbia Intern{2}44.78m	146-11	3/14
5	56	Darci DAWSON	SR	#4 Columbia (S.C.) 42.92m	140-10	3/28
6	68	Anaya CANTY	SR	#4 Columbia (S.C.) {2}42.24m	138-7	3/22
7	82	Doreshia MCALLISTER	SO	#4 Columbia (S.C.) {3}41.17m	135-1	3/28
8		Annika HOEFLER	SO	#2 Milligan (Tenn.) 39.27m	128-10	3/22
9		Joy REKS	SR	#2 Milligan (Tenn.) {2} 39.05m	128-2	3/28
10		Kayla MORRIS	FR	#5 Reinhardt (Ga.) {2}38.30m	125-8	3/15
			Wo	men's Javelin		
1	30	Abigail CRUZ	JR	#5 Reinhardt (Ga.) 36.50m	119-9	3/15
2	38	Emma BARNES	JR	#1 Montreat (N.C.) 35.96m	118-0	3/8
3	47	Kloey PICKENS	SR	#7 Columbia Intern: 35.19m	115-6	3/14
4	56	Lisa SCHOEN	FR	#8 Tennessee Wesle 34.19m	112-2	3/28
5	93	Nevaeh PEREIRA	FR	, , , , ,	99-61/2	3/22
6		Isis GIRON	JR	#1 Montreat (N.C.) {3}29.96m	98-3½	3/8
7		Malene OBERMAYER		#10 Union (Ky.) 29.60m	97-1½	3/15
8		Faith HELTON	FR	#2 Milligan (Tenn.) 28.91m	94-101/4	3/22
9		Grace JONES	SR	#6 Truett-McConnel 28.48m	93-51/4	3/9
10		Bethany RYMER	SR	#7 Columbia Intern{2}28.15m	92-41/4	3/14
				en's Heptathlon		0./00
1	7	Erin PEASE		#10 Union (Ky.) 3,886		3/22
2		Lisa SCHOEN	FR	#8 Tennessee Wesle 3,678		3/22
3		Jennaya COUCOULES	FR	#3 Brenau (Ga.) 2,884		3/28
4		Bethanee WIGGINS	SO	#5 Reinhardt (Ga.) 2,314		3/28
5		Jasmine CLOUSE		#10 Union (Ky.) {2}1,680		3/22
6	26	Rachel TOURNAY	SK	#12 Bryan (Tenn.) 1,141		3/22







										as of 4/1/2025 7:53	of 4/1/2025 7:53:33 AM ET	
	И	/om	en's 100 Meters	;					И	/om	en's 400 Meters	
1 7			#3 UHSP (Mo.)	11.84w	(2.8)	3/29	1	75 A	letta JONKER	SR		3/20
1 7	Leah MACON-FORD	FR	#3 UHSP (Mo.)	11.84w	(2.8)	3/29	2	81 A	Alicia ROBINSON	JR	#7 Harris-Stowe Sta 1:00.58	3/15
2 4	5 Alicia ROBINSON	JR	#7 Harris-Stowe Sta	12.33w	(2.8)	3/29	3	A	Ingela WARD	SO	#4 Missouri Baptist 1:02.53	3/29
3 8	1 Caleigh HUOT	SO	#1 Columbia (Mo.)	12.56w	(3.0)	3/15	4	N	Madison DIXON	SR	#2 William Woods (I 1:03.35	3/29
4	Breanne HAINES	JR	#6 Hannibal-LaGrar	12.82	(1.6)	3/22	5	L	eilani GREEN	FR	#1 Columbia (Mo.) 1:03.59	3/15
5	Jesse GRESHAM	FR	#2 William Woods (I	12.99w	(3.5)	3/29	6	J	Iulianne HANSEN	SO	#4 Missouri Baptist {2} 1:05.73	3/22
6	Gracie SCHULTZ	SR	#1 Columbia (Mo.) {	2} 13.08w	(2.2)	3/15	7	F	Rylie BALES	FR	#2 William Woods (I{2}1:06.74	3/29
7	Shamari LONG	SR	#7 Harris-Stowe Sta	2} 13.17	(1.0)	3/29	8	L	aila WELLS	FR	#3 UHSP (Mo.) 1:08.37	3/22
8	Madison DIXON	SR	#2 William Woods (I{	2} 13.23	(-1.0)	3/22	8	L	aila WELLS	FR	#3 UHSP (Mo.) 1:08.37	3/22
9	Julianne HANSEN	SO	#4 Missouri Baptist	13.28	(1.5)	3/29	9	V	Vhitney AUGUSTE	FR	#3 UHSP (Mo.) {2}1:08.76	3/28
10	Marianna TOMC	SO	#1 Columbia (Mo.) {	3} 13.57w	(2.2)	3/15	9	V	Vhitney AUGUSTE	FR	#3 UHSP (Mo.) {2}1:08.76	3/28
	Wom	en's	100 Meter Hur	dles			10) V	Vhitney SHINN	SO	#1 Columbia (Mo.) {2}1:09.06	3/15
1 4	7 Montgomery KECK	FR		15.37	(0.4)	3/15			Wom	en's	s 400 Meter Hurdles	
2 6	6 Taylor WASHINGTON	JR	#3 UHSP (Mo.)	15.73w	(2.8)	3/29	1	28 N	Mia DUNCAN	SR	#4 Missouri Baptist 1:06.14	3/29
2 6	6 Taylor WASHINGTON	JR	#3 UHSP (Mo.)	15.73w	(2.8)	3/29	2	54 T	iah CUPP	SR	#6 Hannibal-LaGrar 1:08.94	3/15
3 7	8 Tiah CUPP	SR	#6 Hannibal-LaGrar	16.23	(1.0)	3/22	3	96 A	Adison PLAZEK	FR	#3 UHSP (Mo.) 1:13.17	3/15
4	Adison PLAZEK	FR	#3 UHSP (Mo.) {	2} 17.03 w	(2.8)	3/29	3	96 A	Adison PLAZEK	FR	#3 UHSP (Mo.) 1:13.17	3/15
4	Adison PLAZEK	FR	#3 UHSP (Mo.) {	2} 17.03 w	(2.8)	3/29	4	. Δ	llyssa RUSSELL	JR	#5 Williams Baptist 1:16.43	3/8
5	Mariah SCOTT	JR	#3 UHSP (Mo.) {	[3] 17.20	(0.6)	3/29	5	K	Kamryn MITCHELL	FR	#1 Columbia (Mo.) 1:17.37	3/15
5	Mariah SCOTT	JR	#3 UHSP (Mo.) {	[3] 17.20	(0.6)	3/29	6	F	Paulina GUTIERREZ-	SO	#3 UHSP (Mo.) {2}1:24.75	3/29
6	Brianna SANSOUCIE	SR	#4 Missouri Baptist	18.10	(0.6)	3/29		Т	REJO			
7	Paulina GUTIERREZ- TREJO	SO	#3UHSP (Mo.) {	4}18.11	(0.6)	3/29	6		Paulina GUTIERREZ- REJO	SO	#3 UHSP (Mo.) {2}1:24.75	3/29
7	Paulina GUTIERREZ-	SO	#3 UHSP (Mo.) {	4} 18.11	(0.6)	3/29			W	om/	en's 800 Meters	
	TREJO						1	41 A	Angela WARD	SO	#4 Missouri Baptist 2:20.54	3/22
8	Kamryn MITCHELL	FR	#1 Columbia (Mo.) {	2} 18.36	(0.4)	3/15	2	Д	Aletta JONKER	SR	#5 Williams Baptist 2:27.31	3/1
9	Alyssa RUSSELL	JR	#5 Williams Baptist	18.80w	(2.7)	3/1	3	N	lyra BAKER	JR	#2 William Woods (I 2:28.54	3/22
10	Samantha SMOLNIK	FR	#3 UHSP (Mo.) {	5} 19.13	(1.8)	3/22	4	· K	Kate SOUKUP	SO	#9 Cottey (Mo.) 2:28.74	3/29
10	Samantha SMOLNIK	FR	#3 UHSP (Mo.) {	5} 19.13	(1.8)	3/22	5	E	lizabeth BURGAN	FR	#4 Missouri Baptist {2}2:35.77	3/22
	W	om/	en's 200 Meters	;			6	N	Mattie NOYES	JR	#4 Missouri Baptist {3} 2:36.90	3/29
1 2	8 Alicia ROBINSON	JR	#7 Harris-Stowe Sta	25.15w	(2.5)	3/29	7	E	mma CLIFFORD	SR	#2 William Woods (I{2}2:36.97	3/15
2 6	2 Caleigh HUOT	SO	#1 Columbia (Mo.)	25.76w	(2.5)	3/15	8	N	Mikaela FABEY	SR	#9 Cottey (Mo.) {2} 2:41.03	3/29
3 8	Leah MACON-FORD	FR	#3 UHSP (Mo.)	26.03w	(2.3)	3/29	9	L	aila WELLS	FR	#3 UHSP (Mo.) 2:42.93	3/28
3 8	0 Leah MACON-FORD	FR	#3 UHSP (Mo.)	26.03w	(2.3)	3/29	9	L	aila WELLS	FR	#3 UHSP (Mo.) 2:42.93	3/28
4	Madison DIXON	SR	#2 William Woods (I	26.50w	(2.9)	3/22	10) 5	Sydney GRUBB	FR	#2 William Woods (I{3}2:43.28	3/29
5	Julianne HANSEN	SO	#4 Missouri Baptist	26.71	(0.5)	3/29			W	ome	en's 1500 Meters	
6	Jesse GRESHAM	FR	#2 William Woods (I{	2} 27.21w	(3.8)	3/29	1	34 ⊦	Hailey GERARD	JR	#2 William Woods (I 4:50.33	3/22
7	Shamari LONG	SR	#7 Harris-Stowe Sta	2} 27.59	(1.2)	3/29	2	47 A	Adrienne ROCKETTE	JR	#4 Missouri Baptist 4:54.20	3/22
8	Rachel HARGIS	SO	#1 Columbia (Mo.) {	2} 27.60	(1.9)	3/15	3	83 (Crystal RUDEN	JR	#2 William Woods (I{2}5:00.82	3/22
9	Arianna BUDUAN	JR	#3 UHSP (Mo.) {	2} 28.47w	(2.3)	3/29	4	· K	(ate SOUKUP	SO	#9 Cottey (Mo.) 5:07.54	3/29
9	Arianna BUDUAN	JR	#3 UHSP (Mo.) {	2} 28.47w	(2.3)	3/29	5	J	Iulia WHORTON	FR	#4 Missouri Baptist {2} 5:07.57	3/22
10	Leilani GREEN	FR	#1 Columbia (Mo.) {	3} 28.58	(1.8)	3/15	6		Camrin WATKINS	FR	#4 Missouri Baptist {3} 5:24.24	3/29
							7	Е	Elizabeth BURGAN	FR	#4 Missouri Baptist {4} 5:24.86	3/29
							8	S	Sarah KIRBY	FR	#2 William Woods (I{3}5:25.24	3/22
							9	A	Amy SCHRECK	FR	#2 William Woods (I{4} 5:26.91	3/29
							10) T	ara LOWE	JR	#2 William Woods (I{5} 5:32.48	3/29







	,			Al	ИС	•			as of	f 4/1/2025	7:53:33 AN	И ET
	Wo	me	n's Steeplechase				W	ome	en's 4x400 Rela	v		
	Mia DUNCAN Adrienne ROCKETTE	SR JR	#4 Missouri Baptist 10:53.85 #4 Missouri Baptist {2}11:53.21	3/28 3/28	1	4	9 Caleigh Huot, Leilani Green, Whitney Shinn, Rachel Hargis		#1 Columbia (Mo.)	4:23.09		3/15
4 63	Jordan UMSTATTD Christian STEUCK Yanibah BEGAY	FR FR SO	#2 William Woods (I 14:53.31	3/22 3/22 3/30	2	5	4 Emma Clifford, Rylie Bales, Sydney Grubb, Myra Baker		#2 William Woods (I	4:29.08		3/29
	Hailey GERARD Paige THIELEN	om JR SO	#1 Columbia (Mo.) 18:44.95	3/28 3/22	3	5	5 Whitney Auguste, Laila Wells, Victoria Renteria, Adison Plazek		#3 UHSP (Mo.)	4:29.09		3/22
4 5	Crystal RUDEN Lauren BERHORST Julia WHORTON	JR FR FR SO	#1 Columbia (Mo.) {2}19:36.93 #4 Missouri Baptist 19:37.85	3/22 3/22 3/28	3	5	5 Whitney Auguste, Laila Wells, Victoria Renteria, Adison Plazek		#3 UHSP (Mo.)	4:29.09		3/22
6 7 8	Xavia CULLERS Camrin WATKINS Sarah KIRBY	FR FR	#4 Missouri Baptist {2} 20:43.64	3/22 3/22 3/22	4	5	9 Jessie Mick, Mikaela Fabey, Kate Soukup, Hannah Hayduk		#9 Cottey (Mo.)	4:34.86		3/29
9	Tara LOWE Sydney GRUBB	JR FR	,,,,	3/22 3/22	5	6	1 Bailey Mike, Yanibah Begay, Sandra St. Clair, Aysa Benally		#8 Haskell	4:38.04		3/30
1 4	Mekayla GIBSON	me SR	n's 10,000 Meters #2 William Woods (I 36:52.22	3/28				ome	en's 4x800 Rela	V		
	Crystal RUDEN	JR	,	3/29	1	2	0 Emma Clifford, Myra Baker, Kyah Weirich,		#2 William Woods (I	<u> </u>		3/29
1 1 7	 ' Anna HART	FR		3/29	2	2	Christian Steuck		#1 Columbia (Mo.)	10:54.77	,	3/15
1 46	Mariah Scott, Leah Macon-Ford, Arianna	ome	en's 4x100 Relay #3UHSP (Mo.) 50.34	3/28	2	2 21 Xavia Cullers, Kierstin Maddox, Nataly Gutierrez, Paige Thielen				10.54.77		3/13
	Buduan, Taylor						И	/om	en's High Jump)		
1 46	Washington Mariah Scott, Leah Macon-Ford, Arianna Buduan, Taylor Washington		#3 UHSP (Mo.) 50.34	3/28	1	5 5	Taylor WASHINGTONTaylor WASHINGTONArianna BUDUANArianna BUDUAN	JR JR	#3 UHSP (Mo.) #3 UHSP (Mo.) #3 UHSP (Mo.) #3 UHSP (Mo.)	1.51m 1.51m 1.51m 1.51m	4-11½ 4-11½ 4-11½ 4-11½	3/15 3/15 3/15 3/15
2 52	Gracie Schultz, Rachel Hargis, Marianna Tomc, Caleigh Huot		#1 Columbia (Mo.) 51.06	3/15	3 4 5		5 Marianna TOMC Ellie REYNOLDS Kamryn MITCHELL		#1 Columbia (Mo.)	{3} 1.36m	4-9½ 4-7½ 4-5½	3/15 3/15 3/15
3 59	Rylie Bales, Jesse Gresham, DePrisha Chatman, Madison Dixon		#2 William Woods (I 51.84	3/29			8 El REAGAN 6 Ashley STRODE	FR JR	#2 William Woods (I	2.85m {2} 2.70m	9-4½ 8-10¼	3/22 3/22
4 64	Kiasia Burns, Rachel Dudley, Alyssa Russell, Brineka Taylor		#5 Williams Baptist 53.40	3/1		9	5 Rachel HARGIS 5 Kiasia BURNS 1 Alicia ROBINSON 7 Heidi BARANAUSKAS Jalyn LEIBLE Jesse GRESHAM DePrisha CHATMAN Mariah SCOTT Mariah SCOTT	SO JR JR SO FR FR JR	#7 Harris-Stowe Sta #2 William Woods (I #1 Columbia (Mo.)	5.02m 4.94m 4.91m 4.85m {2}4.78m	16-5¾ (1.9) 16-2½ (0.1) 16-1½ (1.6) 15-11 (1.1) 15-8¼ (1.9) 15-7½ (1.9) 14-8 (0.9) 13-3¼ (0.0)	3/8 3/22 3/22 3/15 3/29 3/22 3/28



Conference TFRI Event Summary





as of 4/1/2025 7:53:33 AM ET

		_	en's Triple Jump	
	Montgomery KECK	FR	#1 Columbia (Mo.) 10.96m	35-11½ (1.2 3/15
	2 Jalyn LEIBLE	SO	#1 Columbia (Mo.) {2}9.94m	32-7½ (0.0) 3/15
	Whitney SHINN	SO	#1 Columbia (Mo.) {3}9.69m	31-9½ (1.0) 3/15
4 72	2 Jesse GRESHAM	FR	#2 William Woods (I 9.66m	31-8½ (0. <mark>0) 3/29</mark>
5 7 9	Mariana CUBERO	FR	#4 Missouri Baptist 9.37m	30-9 (1.3) 3/29
6 81	L Brianna SANSOUCIE	SR	#4 Missouri Baptist {2}9.25m	30-41/4 (1.6) 3/29
7 88	3 Alicia ROBINSON	JR	#7 Harris-Stowe Sta 8.94m	29-4 (0.0) 3/29
		Wor	nen's Shot Put	
1 42	Therann MOORE	JR	#8 Haskell 12.08m	<i>39-7¾</i> 3/30
2 44	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) 12.05m	<i>39-6</i> ½ 3/28
2 44	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) 12.05m	39-6½ 3/28
3 5 9	Kaylyn POWERS	SR	#6 Hannibal-LaGrar 11.75m	38-6¾ 3/15
4 83	Claudia DIXON	FR	#1 Columbia (Mo.) 11.41m	37-51/4 3/15
5	Hayden KRAMER	SO	#1 Columbia (Mo.) {2}10.52m	34-61/4 3/15
6	Emma PRETTYMAN	SO	#1 Columbia (Mo.) {3}10.44m	34-3 3/15
7	Mackenzie LINNENBRINK	FR	#1 Columbia (Mo.) {4}10.15m	33-3¾ 3/15
8	Allison KENNEAVY	JR	#2 William Woods (I 9.97m	32-81/2 3/22
9	Hanna BURCH	SO	#3 UHSP (Mo.) {2}9.39m	30-93/4 3/15
9	Hanna BURCH	SO	#3 UHSP (Mo.) {2}9.39m	30-9¾ 3/15
10	Saniya THOMAS	FR	#7 Harris-Stowe Sta 9.22m	<i>30-3</i> 3/29
		Wo	men's Discus	
1 98	B Emma PRETTYMAN	SO	#1 Columbia (Mo.) 35.71m	117-2 3/15
2	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) 35.16m	<i>115-4</i> 3/29
2	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) 35.16m	115-4 3/29
3	Reece HALLEY	FR	#3 UHSP (Mo.) {2} 34.84m	114-4 3/29
3	Reece HALLEY	FR	#3 UHSP (Mo.) {2} 34.84m	114-4 3/29
4	Hayden KRAMER	so	#1 Columbia (Mo.) {2}34.48m	113-2 3/15
5	Allison KENNEAVY	JR	#2 William Woods (1 34.32m	112-7 3/29
6	Ellie BERENDZEN	SO	#1 Columbia (Mo.) {3}33.21m	109-0 3/15
7	Kaylyn POWERS	SR	#6 Hannibal-LaGrar 33.17m	108-10 3/15
8	Abigail BECKER	FR	#1 Columbia (Mo.) {4}32.70m	107-4 3/15
9	Calista CHRISTIAN	SR	#5 Williams Baptist 32.69m	107-3 3/8
10	Therann MOORE	JR	#8 Haskell 30.21m	99-11/2 3/30
		Wor	nen's Hammer	
1 38	B Damajee BROWN	SO	#7 Harris-Stowe Sta 44.81m	147-0 3/28
	B Hayden KRAMER	SO	#1 Columbia (Mo.) 43.56m	142-11 3/15
3 5 2	2 Calista CHRISTIAN	SR	#5 Williams Baptist 43.36m	142-3 3/1
4 57	Kaylyn POWERS	SR	#6 Hannibal-LaGrar 42.91m	140-10 3/22
	Ellie BERENDZEN	SO	#1 Columbia (Mo.) {2}42.73m	140-2 3/15
	5 Emma LAWSON	SO	#4 Missouri Baptist 40.08m	131-6 3/29
7	Allison KENNEAVY	JR	#2 William Woods (I 37.88m	124-4 3/29
8	Brianna RAMSEY	JR	#3 UHSP (Mo.) 37.63m	123-6 3/15
8	Brianna RAMSEY	JR	#3 UHSP (Mo.) 37.63m	123-6 3/15
9	Saniya THOMAS	FR	#7 Harris-Stowe Sta{2}37.15m	121-11 3/29
10	Abigail BECKER	FR	#1 Columbia (Mo.) {3}36.66m	120-4 3/15

	Women's Javelin											
1	43 Aysa BENALLY	SR	#8 Haskell 35	5.52m	116-7	3/30						
2	50 Evelyn ROLAND	SR	#1 Columbia (Mo.) 34	1.93m	114-7	3/15						
3	58 Alexis CLIFFORD	SR	#2 William Woods (I 33	3.92m	111-4	3/22						
4	74 Shamari LONG	SR	#7 Harris-Stowe Sta 32	2.30m	106-0	3/22						
5	96 Reece HALLEY	FR	#3 UHSP (Mo.) 30).21m	99-11/2	3/15						
5	96 Reece HALLEY	FR	#3 UHSP (Mo.) 30).21m	99-11/2	3/15						
6	100 Jaynee DURST	SR	#6 Hannibal-LaGrar 30).13m	98-101/4	3/15						
7	Ellie REYNOLDS	JR	#1 Columbia (Mo.) {2}29	9.66m	97-3¾	3/15						
8	Christian STEUCK	FR	#2 William Woods (I{2} 28	3.22m	92-7	3/29						
9	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) {2} 26	5.75m	87-91/4	3/29						
9	Elizabeth FRITZLER	SO	#3 UHSP (Mo.) {2}26	5.75m	87-91/4	3/29						
10	Brynn HANWAY	SO	#1 Columbia (Mo.) {3}26	5.17m	85-101/2	3/15						







	•				Cal	Pa	C		as	of 4/1/2025	7:53:33 AN	√ ET
	И	Vom	en's 100 Meters				W	'ome	en's 1500 Met	ers		
. 4	16 Clarisel LOPEZ	SO		(0.0)	2/22	1	50 Leslie AQUINO		#1 UC Merced (Ca			3/29
2 8	39 Joyce NICHET	FR	#1 UC Merced (Calif{2}12.60	(0.2)	2/22	2	Jaydah AGUILAR	SR	#1 UC Merced (Ca	alif{2} 5:11.57		3/29
3	Nneka EGBUZIEM	FR	#1 UC Merced (Calif{3}13.13	(0.2)	2/22	3	Yuko HASHIMOTO	SO	#2 Soka (Calif.)	5:40.70		3/15
ļ	Naylah SANTOS	JR	#2 Soka (Calif.) 13.20	(1.7)	3/15	4	Kasia HOLLAND	JR	#1 UC Merced (Ca	alif{3} 5:53.28		3/15
5	Kazuyo NASHIDA	JR	#2 Soka (Calif.) {2}13.63w	(2.2)	2/22	5	Mia ABONZA	FR	#1 UC Merced (Ca	alif{4} 5:55.08		3/29
5	Jordynn LEWIS	JR	#1 UC Merced (Calif{4}13.86	(2.0)	3/15	6	Jewelia ZARAGOZA	SO	#3 Simpson (Cali	f.) 6:08.80		3/8
7	Miki KAWAMURA	JR	#2 Soka (Calif.) {3}14.10	(1.7)	3/15	7	Neiva PARSONS	FR	#3 Simpson (Cali	f.) {2} 6:46.14		3/8
3	Alexan SURRENA- THOMPSON	FR	#1 UC Merced (Calif{5}14.19	(0.7)	3/29	1	88 Leslie AQUINO	_	en's 5000 Met		R	3/1
	Wom	en's	s 100 Meter Hurdles			_					•	3/1
L	Julianna LUCHSINGER	FR	#1 UC Merced (Calif 17.72	(-0.9)	3/29	1	48 Clarisel Lopez, Nneka Egbuziem, Julianna		en's 4x100 Re #1 UC Merced (Ca			3/1
<u> </u>	Karyna CARBALLOSA	FR	#2 Soka (Calif.) 19.08	(0.9)	3/15		Luchsinger, Joyce					
	И	Vom	en's 200 Meters				Nichet					
. 8	34 Joyce NICHET	FR	#1 UC Merced (Calif 26.05	(0.8)	3/29		W	ome	en's 4x400 Re	lay		
2	Naylah SANTOS	JR	#2 Soka (Calif.) 27.65w	(2.5)	3/15	1	50 Julianna Luchsinger,		#1 UC Merced (Ca	alif 4:24.90		2/22
3	Miki KAWAMURA	JR	#2 Soka (Calif.) {2} 29.16w	(2.5)	3/15		Sinthya Duran, Jailyn					
ļ	Neiva PARSONS	FR	#3 Simpson (Calif.) 29.66	(-0.3)	3/22		Batis, Jaydah Aguilar					
ļ	Lyra BARTON	FR	#1 UC Merced (Calif{2}29.66w	(2.4)	3/1				en's High Jui	· ·		
5	Alexan SURRENA- THOMPSON	FR	#1 UC Merced (Calif{3}29.69	(0.8)	3/29	1	Mili FUKADA		#2 <mark>Soka (Calif.)</mark> en's Long Jui	1.35m np	4-5	2/8
7	Jewelia ZARAGOZA	SO	#3 Simpson (Calif.) {2}31.33	(-0.3)	3/22	1	Kazuyo NASHIDA	JR	#2 Soka (Calif.)	4.63m	15-2¼ (-1.3) 2/22
	И	Vom	en's 400 Meters			2	Karyna CARBALLOSA	FR	#2 Soka (Calif.)	{2} 4.19m	13-9 (-1.0)	3/15
L	Julianna LUCHSINGER	FR	#1 UC Merced (Calif 1:04.26	i	2/22	3	Mili FUKADA Naiyla DIXON		#2 Soka (Calif.) #2 Soka (Calif.)	{3} 4.11m {4} 4.01m	13-6 (-1.6) 13-2 (-1.0)	2/8 3/15
<u> </u>	Sinthya DURAN	JR	#1 UC Merced (Calif{2}1:06.40)	3/15		W	ome	en's Triple Ju	mp		
3	Naylah SANTOS	JR	#2 Soka (Calif.) 1:06.66	i	3/8	1	78 Lyra BARTON	_	#1 UC Merced (Ca		30-101/4 (1.2	² 3/15
ļ	Neiva PARSONS	FR	#3 Simpson (Calif.) 1:08.93		3/22				nen's Shot Pu			
5	Jewelia ZARAGOZA	SO	#3 Simpson (Calif.) {2}1:10.97	,	3/22	1	56 Isabella OLIVER		#3 Simpson (Cali		38-8¾	3/8
	Wom	en's	s 400 Meter Hurdles			2	Raynija CASSEUS		#3 Simpson (Cali	•	32-5	3/22
. 7	78 Julianna	FR	#1 UC Merced (Calif 1:11.27	,	3/15	3	Addrie RODRIGUEZ		#3 Simpson (Cali		28-81/2	3/8
	LUCHSINGER					4	Elizabeth ALEO		#3 Simpson (Cali		27-101/4	3/8
2	Lyra BARTON		#1 UC Merced (Calif{2}1:22.79		3/29				men's Discus			
	И	_	en's 800 Meters			1	Isabella OLIVER	_	#3 Simpson (Cali		103-11	3/22
. 5	66 Leslie AQUINO	FR	#1 UC Merced (Calif 2:22.31		3/29	2	Jewelia ZARAGOZA		#3 Simpson (Cali			3/8
<u> </u>	Kasia HOLLAND	JR			3/29	3	Elizabeth ALEO		#3 Simpson (Cali			3/8
3	Jaydah AGUILAR		#1 UC Merced (Calif{3}2:29.89		3/1	4	Raynija CASSEUS		#3 Simpson (Cali			3/8
ļ	Jailyn BATIS		#1 UC Merced (Calif{4}2:33.59		3/15				nen's Hamm			
5	Yuko HASHIMOTO	SO			3/15	1	Isabella OLIVER	_	#3 Simpson (Cali		81-4¾	3/22
-	Jewelia ZARAGOZA	SO			3/2	2	Raynija CASSEUS		#3 Simpson (Cali			3/22
7	Jasmine LORENZO	JR	#2 Soka (Calif.) {2}2:50.91		3/15	_	nayinja crioocoo				20/2	3/22
3	Neiva PARSONS		#3 Simpson (Calif.) {2}2:59.88		3/2	1	Elizabeth ALEO	JR	men's Javeli		02_21/-	2 /0
)	Luiza CALLIPO	SO	#2 Soka (Calif.) {3} 3:01.5 5	i	2/8	1						3/8 3/22
						2	Jewelia ZARAGOZA	SO	#3 Simpson (Cali	f.) {2} 20.04 m	65-9	3



9 **79** Haley MARTIN

10 82 Tiffany HUMPHERYS FR #10 Oregon Tech

FR #1 British Columbia(3)1:00.49

USTFCCCA NAIA Outdoor Track & Field

Conference TFRI Event Summary





		Caso	ade	as of 4/1/2025 7:53:33 AM ET
V	Vomen's 100 Meters		Wome	en's 400 Meter Hurdles
10 Hanna SOBKOWICH	SR #1 British Columbia 11.87	(0.8) 3/22	1 4 Mia CAMERON	SO #1 British Columbia 1:02.51 3/22
2 12 Charlotte BOWMAN	SR #2 College of Idaho 11.92	(0.4) 3/15	2 6 Skotlyn HILL	SR #3 Eastern Oregon 1:02.86 3/15
21 Debbie SULEMAN	FR #1 British Columbia(2)12.08	(0.0) 3/20	3 13 Haley MARTIN	FR #1 British Columbia [2] 1:04.23 3/22
40 Sara MCKEN	SO #3 Eastern Oregon 12.31	(0.4) 3/15	4 25 Sydney PECK	JR #3 Eastern Oregon {2}1:05.91 3/15
61 Karissa LINDNER	SO #4 Lewis-Clark Stat 12.45	(-0.1) 3/21	5 51 Dakota BUSSEN	FR #2 College of Idaho 1:08.78 3/15
71 Kirsten KUENZI	SO #6 Corban (Ore.) 12.49	(1.8) 3/20	6 64 Jordan LAUINGER	FR #5 Bushnell (Ore.) 1:10.24 3/22
7 75 Nora ROSCOE	SO #3 Eastern Oregon {2}12.51	(0.4) 3/15	7 69 Gracie BIRKINBINE	SO #3 Eastern Oregon {3}1:10.52 3/15
81 Lizzy BEHNKE	SR #11 Northwest (Wasł 12.56	(1.5) 3/8	8 70 Kristi HIRTE	SR #6 Corban (Ore.) 1:10.64 3/25
97 Isis VILLAFANE	SO #2 College of Idaho {2} 12.65	(0.8) 3/15	9 92 Ruby STEWART	SR #2 College of Idaho {2} 1:12.99 3/15
0 Naomi LIMB	FR #11 Northwest (Wasl{2}12.76	(0.8) 3/29	10 100 Brooke LOWERY	SO #2 College of Idaho {3} 1:13.70 3/15
Wom	ien's 100 Meter Hurdles		W	omen's 800 Meters
16 Tanya DHANOA	SO #1 British Columbia 14.67	(0.6) 3/22	1 2 Mackenzie CAMPBELL	SR #1 British Columbia 2:12.28 3/29
19 Madigan KELLY	SR #4 Lewis-Clark Stat 14.73	(1.0) 3/22	2 14 Laura BEGHIN	SR #1 British Columbia{2}2:16.50 3/29
47 Abi STEVENS	SR #7 Southern Oregor 15.37	(0.4) 3/25	3 25 Rachel MCDONALD	FR #1 British Columbia{3}2:18.29 3/29
56 Amelia CHA	SO #1 British Columbia{2}15.47	(-0.7) 3/22	4 26 Kara FITZGERALD	FR #1 British Columbia {4}2:18.33 3/29
63 Sydney PECK	JR #3 Eastern Oregon 15.69	(0.2) 3/15	5 27 Kylee QUINTON	SO #2 College of Idaho 2:18.45 3/22
71 Adrienne	JR #3 Eastern Oregon {2}15.94	(0.4) 3/25	6 30 Sarah MACGILLIVRAY	JR #1 British Columbia [5] 2:19.17 3/29
WASHINGTON	<u> </u>		7 31 Grace TIEGS	JR #4 Lewis-Clark Stat 2:19.20 3/22
81 Gracie BIRKINBINE	SO #3 Eastern Oregon {3}16.36	(0.2) 3/15	8 57 Carlee JENSEN	FR #3 Eastern Oregon 2:22.33 3/15
90 Sarah PIMBLETT	JR #1 British Columbia(3)16.58	(0.1) 3/20	9 59 Zoe BUTLER	SR #2 College of Idaho {2} 2:22.50 3/22
99 Aliviah MODE	FR #3 Eastern Oregon {4}16.76	(0.2) 3/15	10 62 Kimbrie KNUDSEN	FR #2 College of Idaho {3} 2:22.85 3/22
0 Ruby STEWART	SR #2 College of Idaho 17.06	(0.2) 3/15	Wo	omen's 1500 Meters
V	Vomen's 200 Meters		1 5 Mackenzie CAMPBELL	
9 Hanna SOBKOWICH	SR #1 British Columbia 24.48	(1.4) 3/22	2 8 Sarah MACGILLIVRAY	JR #1 British Columbia(2) 4:38.71 3/29
2 22 Charlotte BOWMAN	SR #2 College of Idaho 24.98	(1.0) 3/22	3 9 Elysse FLEMING	SR #1 British Columbia(3) 4:39.06 3/29
32 Sara MCKEN	SO #3 Eastern Oregon 25.25	(1.4) 3/15	4 11 Cammeo RAMIREZ	SR #7 Southern Orego: 4:39.87 3/22
47 Debbie SULEMAN	FR #1 British Columbia{2}25.50	(1.5) 3/22	5 15 Laura BEGHIN	SR #1 British Columbia(4) 4:42.15 3/29
5 59 Karissa LINDNER	SO #4 Lewis-Clark Stat 25.73	(-0.2) 3/21	6 19 Grace TIEGS	JR #4 Lewis-Clark Stat 4:44.81 3/22
72 Nora ROSCOE	SO #3 Eastern Oregon {2}25.95	(1.4) 3/15	7 21 Alyssa JOHNSON	SO #7 Southern Oregoi{2}4:45.86 3/22
7 78 Tanya DHANOA	SO #1 British Columbia(3)26.01	(-1.6) 3/29	8 25 Grace BEACH	FR #1 British Columbia [5] 4:47.06 3/29
8 80 Isis VILLAFANE	SO #2 College of Idaho {2} 26.03	(0.6) 3/15	9 36 Kylee QUINTON	SO #2 College of Idaho 4:51.80 3/15
87 Emily COLLINS	JR #4 Lewis-Clark Stat{2}26.08	(0.0) 3/11	10 38 Gabrielle METZGER	SR #8 Multnomah (Ore 4:52.22 3/29
0 91 Adrienne	JR #3 Eastern Oregon {3}26.09	(0.0) 3/25		men's Steeplechase
WASHINGTON	Namanis 400 Matars		1 Elysse FLEMING	SR #1 British Columbia 10:42.73 3/29
	Vomen's 400 Meters	2/20	2 5 Gabrielle METZGER	SR #8 Multnomah (Ore 11:12.21 3/22
	SR #1 British Columbia 55.91	3/29	3 7 Kylee QUINTON	SO #2 College of Idaho 11:14.78 3/22
2 16 Mia CAMERON	SO #1 British Columbia{2}58.02	3/20	4 10 Analynne KLOTZ	JR #8 Multnomah (Ore{2}11:26.43 3/22
3 27 Emily COLLINS	JR #4 Lewis-Clark State 58.59	3/22	5 17 Cadence SMITH	FR #5 Bushnell (Ore.) 12:02.15 3/15
41 Zoe BUTLER	SR #2 College of Idaho 59.03	3/15	6 18 Sadie MCCOY	SO #3 Eastern Oregon 12:02.72 3/15
5 52 Yesenia LAWSON	SR #8 Multnomah (Ore 59.49	3/22	7 30 DeAsia WOSACHLO	SR #8 Multnomah (Ore{3}12:25.30 3/29
55 Madisen DOUGLAS	SO #3 Eastern Oregon 59.63	3/15	8 56 Mariah ANDERSON	JR #5 Bushnell (Ore.) {2}13:51.00 3/15
59 Isis VILLAFANE	SO #2 College of Idaho {2}59.82	3/22		
B 69 Alexis THRALL	FR #2 College of Idaho {3}1:00.29	3/15		
TA III MAADTINI		2/20		

3/20

3/15

WOMEN - 2025 Checkpoint #1, April 1



						Case	cac	le			as c	of 4/1/2025	7:53:34 AM	1 ET
	Wo	ome	en's 5000 Meters						U	Vom	en's Pole Vaul	t		
1 1	Holly MACGILLIVRAY	SR		16:04.85	5	3/29	1	1	Sonya URBANOWICZ	JR	#1 British Columbia		13-51/4	3/22
2 3	Amelia PFOHL	SR				3/29	2	7	Kiriann JOHNSON	FR			11-9¾	3/15
3 4	Alauna CARSTENS	JR	#9 Evergreen State	16:58.27	7	3/22	3	10	Sydney PERKINS	SO	#7 Southern Orego	3.46m	11-41/4	3/8
4 7	Kahea FIGUEIRA	SR	#2 College of Idaho	17:05.39)	3/22	4	17	Harlee GRANT	SO	#3 Eastern Oregon	3.29m	10-91/2	3/15
5 21	Molly CONNOR	SR	#2 College of Idaho {2	}17:57.7 5	j	3/22	5	24	Lucia RUEPPELL	FR	#1 British Columbia	{2} 3.15m	10-4	3/29
6 23	Damaris KIBIWOT	FR	#4 Lewis-Clark Stat	18:09.37	7	3/21	6	25	Leah NASTRI	SR	#6 Corban (Ore.)	3.05m	10-0	3/1
7 25	Julia GILBERT	so	#2 College of Idaho {3	} 18:12.3 3	3	3/22	7	64	Eden WITTEN	SO	#5 Bushnell (Ore.)	2.45m	8-1/2	3/8
8 27	Carrie BABCOCK	FR	#6 Corban (Ore.)	18:15.95	j	3/29	8	68	Keira MERRYMAN	FR	#2 College of Idaho	{2} 2.39m	7-10	3/15
9 46	Lily BENNETT	FR	#4 Lewis-Clark Stat{2	18:38.8 2	2	3/21			И	om/	en's Long Jum	p		
10 64	Charis CHILDERS	SO	#10 Oregon Tech	18:47.38	3	3/15	1	9	Amelia CHA	SO			18-11¼ (1.3	3/22
	Wo	mei	n's 10,000 Meter	S			2	22	Sydnie ZYWINA	SR	#4 Lewis-Clark Stat	5.45m	17-10¾ (0.9	3/22
1 33	Sidney LANE	JR	#5 Bushnell (Ore.)	45:23.06	5	3/15	3	24	Charlotte BOWMAN	SR	#2 College of Idaho	5.44m	17-10¼ (0.6	3/15
	Wom	en'	s 5000m Race We	alk			4	45	Adrienne	JR	#3 Eastern Oregon	5.22m	17-1½ (-0.4)	3/25
1 1	Olivia LUNDMAN	SR		_	5	3/29			WASHINGTON					
2 3	Grace WONG	FR				3/29	5	48	Cyan KELSO-	FR	#5 Bushnell (Ore.)	5.20m	17-¾ (1.3)	3/8
3 4	Chantelle DASS	FR				3/29	•	- 0	REYNOLDS	CD	#7.C th O	. F.10	17 1/ / 1 1\	2/25
	Wa	ome	en's 4x100 Relay						Abi STEVENS	SR	#7 Southern Orego		17-½ (-1.1)	•
1 5	Debbie Suleman,	,,,,,		46.65		3/22	7		Kirsten KUENZI	SO	#6 Corban (Ore.)	5.04m	16-6½ (1.9)	
_	Sonya Urbanowicz,					3/22			Ruby LANE	FR	#5 Bushnell (Ore.)		16-5¾ (-0.8)	,
	Tanya Dhanoa,								Trinity HAZELITT	SR	#5 Bushnell (Ore.)	• •	16-5¾ (1.2)	
	Hanna Sobkowich						10	81	Ellie EKWERE	FR		•	16-3¾ (1.2)	3/1
		ome	en's 4x400 Relay	,							en's Triple Jum	<u> </u>	20 41/ (0 4)	- 1
1 4	Tanya Dhanoa, Haley		#1 British Columbia	3:49.76		3/22	1		Sydnie ZYWINA	SR	#4 Lewis-Clark Stat		38-41/4 (0.1)	
	Martin, Mia Cameron, Hanna Sobkowich								Mattie SHIRTS	SO	#2 College of Idaho		35-6 (1.0)	3/15
2 18	Kahea Figueira,		#2 College of Idaho	4:05.32		3/15			Julianna BELL	FR	#6 Corban (Ore.)		N 32-10½ (2.4	
	Kimbrie Knudsen,		<u> </u>			,	4		Ellie EKWERE	FR	#5 Bushnell (Ore.)	9.96m	32-81/4 (1.9)	-
	Kylee Quinton, Zoe						5		Isabella PEDERSON Sara VANDERWYK	FR JR	#3 Eastern Oregon	9.91m	32-61/4 (-0.4)	
2 20	Butler		#6.6 - ub - u (0 u -)	4.47.04		2/20	6		Keira MERRYMAN		#2 College of Idaho		32-2 (0.6) 31-9½ (0.5)	3/15
3 38	Julianna Bell, Patience Haff, Kirsten		#6 Corban (Ore.)	4:17.04		3/20	7		Macayla PARRISH	FR SO	#2 College of Idaho #5 Bushnell (Ore.)	• •	31-8½ (1.2)	
	Kuenzi, Kayla Morgan								Kiriann JOHNSON	FR	#2 College of Idaho			3/15
4 51	Ellie Ekwere, Cyan		#5 Bushnell (Ore.)	4:25.45		3/8			Sadie SMITH		#6 Corban (Ore.)		31-8 (1.5)	3/8
	Kelso-Reynolds,						9	17			, ,		01 0 (1.0)	3/6
	Macayla Parrish, LIndsey Rankin							-		_	nen's Shot Put		4F 41/	2/20
		o m	onle High Jump				1	4	Michelle DADSON Star HERRON	SR	#1 British Columbia			3/29
1 5	Sarah PIMBLETT	JR	en's High Jump #1 British Columbia	1.69m	5-6½	2/22					#2 College of Idaho			3/22
	Adrienne		#3 Eastern Oregon	1.67m	5-53/4	3/22 3/15			Haylee APPLEFORD	SO	#4 Lewis-Clark State #2 College of Idaho			3/21
2 10	WASHINGTON	JK	Eastern Oregon	1.07111	J-J 74	3/13	4	03	Stella GRAY	FR	#2 College of Idaho		36-3	3/15
3 13	Corona PARKER	SR	#9 Evergreen State	1.66m	5-51/4	3/8	5		Taylor DURFEY Kaylee WUEST	JR FR				3/22 3/15
	Bridgette HANSEN	FR	_		5-41/2	3/22	6		Libby MATHIS	SR	#5 Bushnell (Ore.)	10.99m		3/15
	Mattie SHIRTS		#2 College of Idaho	1.62m	5-3¾	3/15	8		Leah SCHIEWE	JR	#5 Bushnell (Ore.)			3/15
6 21	Abi STEVENS		#7 Southern Oregor	1.61m	5-31/4	3/25	9		Hope ZOLLMAN	FR				3/11
7 30	Dakota BUSSEN	FR	#2 College of Idaho {2	}1.57m	5-13/4	3/15	10		Abi STEVENS		#7 Southern Orego	• •		3/25
8 76	Isabelle RAASCH	JR	#8 Multnomah (Ore	1.48m	4-101/4	3/8	_0			J, (or a second			5,25
9 97	Alessandra IONESCU- ZANETTI	so			4-9	3/23								
10	Karina FOREE	SO	#11 Northwest (Wash	1.38m	4-61/4	3/29								



Conference TFRI Event Summary



Cascade

as of 4/1/2025 7:53:34 AM ET

			Wo	men's Discus			
1	39	Ilyhia GREELY	SR	#7 Southern Oregor 3	39.28m	128-11	3/8
2	47	Kaylee WUEST	FR	#2 College of Idaho 3	38.72m	127-1	3/15
3	49	Star HERRON	SR	#2 College of Idaho {2}3	38.60m	126-8	3/15
4	58	Gabrielle TATA- RODRIGUES	SR	#6 Corban (Ore.)	37.77m	123-11	3/20
5	77	Haylee APPLEFORD	so	#4 Lewis-Clark State 3	36.63m	120-2	3/11
6	81	Leah SCHIEWE	JR	#5 Bushnell (Ore.)	36.53m	119-10	3/8
7		Taylor DURFEY	JR	#2 College of Idaho {3}3	35.50m	116-6	3/15
8		Jalyn SACKRIDER	JR	#9 Evergreen State	35.26m	115-8	3/15
9		Ella CHRISTENSEN	FR	#2 College of Idaho {4}3	35.16m	115-4	3/15
10		Isabella PEDERSON	FR	#3 Eastern Oregon 3	35.06m	115-1	3/15
		l.	Vor	nen's Hammer			
1	2	Bella HALL	JR	#1 British Columbia !	54.72m	179-7	3/29
2	3	Michelle DADSON	SR	#1 British Columbia{2}!	52.70m	172-11	3/20
3	6	Katelyn PUTZ	FR	#1 British Columbia{3}	50.99m	167-4	3/22
4	7	Lauren CURTIS	FR	#1 British Columbia{4}!	50.78m	166-7	3/29
5	15	Star HERRON	SR	#2 College of Idaho 4	48.29m	158-5	3/15
6	44	Gabrielle TATA-	SR	#6 Corban (Ore.)	44.12m	144-9	3/20
		RODRIGUES					
7	53	Ilyhia GREELY	SR	#7 Southern Oregor	43.15m	141-7	3/8
8	77	Taylor DURFEY	JR	#2 College of Idaho {2}4	41.56m	136-4	3/15
9	84	Faith WERSLAND	JR	#4 Lewis-Clark Stat 4	41.15m	135-0	3/21
10	92	Grace OSBORNE	JR	#4 Lewis-Clark Stat{2}4	40.57m	133-1	3/21
			Wo	men's Javelin			
1	4	Sarah SNELL	Wo so		42.30m	138-10	3/29
1 2				#1 British Columbia 4	42.30m 39.83m	138-10 130-8	3/29 3/20
	12	Sarah SNELL	so	#1 British Columbia #6 Corban (Ore.)			•
2	12 20	Sarah SNELL Keelyn O'REILLY Adrienne	SO SR	#1 British Columbia #6 Corban (Ore.)	39.83m 37.89m	130-8	3/20
3	12 20 24	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON	SO SR JR	#3 Eastern Oregon {2}	39.83m 37.89m	130-8 124-4	3/20 3/25
2 3	12 20 24 29	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN	SO SR JR SR	#3 Eastern Oregon {2}	39.83m 37.89m 37.24m 36.56m	130-8 124-4 122-2	3/20 3/25 3/15
2 3 4 5	12 20 24 29 37	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON	SO SR JR SR SO	#3 Eastern Oregon {2} #4 Lewis-Clark Stat #3 Eastern Oregon {3}	39.83m 37.89m 37.24m 36.56m	130-8 124-4 122-2 120-0	3/20 3/25 3/15 3/21
2 3 4 5 6	12 20 24 29 37 45	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY	SO SR JR SR SO SR	#3 Eastern Oregon {2} #4 Lewis-Clark Stat #3 Eastern Oregon {3}	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m	130-8 124-4 122-2 120-0 118-6	3/20 3/25 3/15 3/21 3/15
2 3 4 5 6 7	12 20 24 29 37 45 68	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS	SO SR JR SR SO SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #5 Corban (Ore.) 3 #3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) {2}3 #6 Eastern Oregon {4}3	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m	130-8 124-4 122-2 120-0 118-6 116-3	3/20 3/25 3/15 3/21 3/15 3/8
2 3 4 5 6 7 8	12 20 24 29 37 45 68	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON	SO SR JR SO SR JR FR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) 3 #3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m	130-8 124-4 122-2 120-0 118-6 116-3 107-8	3/20 3/25 3/15 3/21 3/15 3/8 3/15
2 3 4 5 6 7 8 9	12 20 24 29 37 45 68	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH	SO SR JR SO SR SO SR JR FR SR JR	#3 Eastern Oregon {2}; #4 Lewis-Clark Stat #3 Eastern Oregon {3}; #4 Corban (Ore.) #3 Eastern Oregon {3}; #4 Corban (Ore.) {2}; #3 Eastern Oregon {4}; #7 Southern Oregon	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15
2 3 4 5 6 7 8 9	12 20 24 29 37 45 68	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH	SO SR JR SO SR SO SR JR FR SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #5 Corban (Ore.) 3 #3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #8 Multnomah (Ore 2)	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15
2 3 4 5 6 7 8 9	12 20 24 29 37 45 68 92	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH	SO SR JR SR SO SR JR FR SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #8 Multnomah (Ore 2)3 #8 Eastern Oregon {4}3 #8 Eastern Oregon {4}3	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m 30.51m 29.45m	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25
2 3 4 5 6 7 8 9 10	12 20 24 29 37 45 68 92	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WASHINGTON	SO SR JR SR SO SR JR FR SR JR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #4 Lewis-Clark Stat #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #3 Eastern Oregon {4}3 #7 Southern Oregon #8 Multnomah (Ore 2015) #3 Eastern Oregon #3 Eastern Oregon #7 Southern Oregon #7	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m 30.51m 29.45m	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25
2 3 4 5 6 7 8 9 10	12 20 24 29 37 45 68 92	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WASHINGTON Abi STEVENS	SO SR JR SR SO SR JR SR JR SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3 #8 Multnomah (Ore #8 Multnomah (Ore #8 Feptathlon #9 Eastern Oregon {4}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #8 College of Idaho	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 32.81m 30.51m 29.45m 4,638	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25 3/25
2 3 4 5 6 7 8 9 10 1	12 20 24 29 37 45 68 92 1	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WASHINGTON Abi STEVENS Mattie SHIRTS Sarah PIMBLETT	SO SR JR SO SR JR FR SR JR SR JR SR SR SR SR SR SR SR SR SR SR SR SR SR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #4 Lewis-Clark Stat #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #3 Eastern Oregon {4}3 #7 Southern Oregon #8 Multnomah (Ore 2001) #3 Eastern Oregon #4 #7 Southern Oregon #4 #7 Southern Oregon #4 #7 Southern Oregon #4 #7 Southern Oregon #4 #8 College of Idaho #4	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 30.51m 29.45m 4,638 4,617 4,035 3,973	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25 3/25 3/25
2 3 4 5 6 7 8 9 10 1 1 2 3 4	12 20 24 29 37 45 68 92 1	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WASHINGTON Abi STEVENS Mattie SHIRTS Sarah PIMBLETT Alessandra IONESCU-	SO SR JR SO SR JR FR SR JR SR JR SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #8 Multnomah (Ore 2) #8 Multnomah (Ore 3) #8 Eastern Oregon {4}3 #1 Eastern Oregon {4}3 #2 Eastern Oregon {4}3 #3 Eastern Oregon {4}3 #1 British Columbia {2}3 #1 British Columbia {2}3	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 30.51m 29.45m 4,638 4,617 4,035 3,973	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25 3/25 3/25 3/25 3/25
2 3 4 5 6 7 8 9 10 1 2 3 4 5	12 20 24 29 37 45 68 92 1 3 5 6 11	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WASHINGTON Abi STEVENS Mattie SHIRTS Sarah PIMBLETT Alessandra IONESCU-ZANETTI	SO SR JR SO SR JR SR JR SR JR SR JR	#3 Eastern Oregon {2}3 #4 Lewis-Clark Stat 3 #3 Eastern Oregon {3}3 #6 Corban (Ore.) {2}3 #4 Lewis-Clark Stat 3 #6 Corban (Ore.) {2}3 #6 Corban (Ore.) {2}3 #7 Southern Oregon {4}3 #7 Southern Oregon {4}3 #8 Multnomah (Ore 2) #8 Multnomah (Ore 3) #8 Eastern Oregon {4}3 #1 Eastern Oregon {4}3 #2 Eastern Oregon {4}3 #3 Eastern Oregon {4}3 #3 Eastern Oregon {4}4 #4 Eastern Oregon {4}4 #5 Southern Oregon {4}4 #6 Corban (Ore.) {6}4 #7 Southern Oregon {	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 30.51m 29.45m 4,638 4,638 4,635 3,973 3,676	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/15 3/25 3/25 3/25 3/29 3/29
2 3 4 5 6 7 8 9 10 1 2 3 4 5	12 20 24 29 37 45 68 92 1 3 5 6 11	Sarah SNELL Keelyn O'REILLY Adrienne WASHINGTON Madison MACMILLAN Gianna ANDERSON Sammy CONLEY Madelynn STRAUS Jensyn JACOBSON Abi STEVENS Isabelle RAASCH WAAdrienne WASHINGTON Abi STEVENS Mattie SHIRTS Sarah PIMBLETT Alessandra IONESCU-ZANETTI Isabelle RAASCH	SO SR JR SO JR SR SR JR SR JR SR JR SR SR JR SR SR SR SR JR SR	#3 Eastern Oregon {3} #4 Lewis-Clark Stat #3 Eastern Oregon {3} #4 Lewis-Clark Stat #3 Eastern Oregon {4} #6 Corban (Ore.) {2} #3 Eastern Oregon {4} #7 Southern Oregon #8 Multnomah (Ore #7 Southern Oregon #8 Eastern Oregon #8 Eastern Oregon #8 Eastern Oregon #8 Bastern Oregon #9 Eastern Oregon #1 Eastern Oregon #1 British Columbia {2} #1 British Columbia {2} #1 British Columbia {2} #1 British Columbia {3} #1 British Columbia {3} #1 British Columbia {3}	39.83m 37.89m 37.24m 36.56m 36.11m 35.43m 30.51m 29.45m 4,638 4,638 4,635 3,973 3,676	130-8 124-4 122-2 120-0 118-6 116-3 107-8 100-1	3/20 3/25 3/15 3/21 3/15 3/8 3/15 3/25 3/25 3/25 3/25 3/29 3/29







					Ch	icag	ol	an	d	as of 4/1/2025 7:53:34 AM ET			
		И	/om	en's 100 Meters					W	ome	en's 1500 Meters		
1	47	Tylar PARKER	FR	#4 Olivet Nazarene 12.35	1.4) 3	3/29	1		Evita MARTINEZ	FR	#3 St. Francis (Ill.) 5:05.73	3/29	
2	50	Emerson COLINS	JR	#2 Saint Xavier (Ill.) 12.39w (2	2.8) 3	3/29	2		Jolie JAGER	FR	#1 Viterbo (Wis.) 5:40.67	3/29	
3	71	Carsyn BURDINE	JR	#4 Olivet Nazarene {2} 12.49 (2	1.4) 3	3/29	3		Bernadette FRISCH	JR	#1 Viterbo (Wis.) {2}5:48.80	3/29	
4		Lillia CHVATAL	SO	#1 Viterbo (Wis.) 12.75 (2	1.5) 3	3/29	4		Marianne GERONA	FR	#3 St. Francis (Ill.) {2}5:53.98	3/29	
5		Braylee HYATT	SO	#1 Viterbo (Wis.) {2}12.77w (2	2.8) 3	3/29			W	ome	en's 5000 Meters		
6		Amaya RIQUE	SO	#2 Saint Xavier (Ill.) {2} 12.83	(1.5) 3	3/29	1	28	Tori GERBER	SR	#1Viterbo (Wis.) 18:16.75	3/28	
7		Jayna SCHEMA	SO	#1 Viterbo (Wis.) {3}13.42	1.0) 3	3/29	2	71	Dyannara FRANCO	SO	#3 St. Francis (Ill.) 18:52.86	3/28	
8		Mikayla WATSON	FR	#3 St. Francis (III.) 13.46w (3	(3.2) 3	3/29	3	79	Krysta STANKO	SO	#5 Governors State 18:57.40	3/28	
9		Rashiya WARFIELD	SO	#2 Saint Xavier (Ill.){3} 13.50	1.0) 3	3/29	4	87	Kaylee O'SULLIVAN	FR	#5 Governors State {2} 19:07.73	3/28	
10		Jillian PERGANDE	FR	#1 Viterbo (Wis.) {4} 13.91w (3	(3.8) 3	3/29	5	91	Lexi MINARD	FR	#6 St. Ambrose (low 19:11.12	3/28	
		Wom	en's	100 Meter Hurdles			6	93	Hannah HAAG	SO	#4 Olivet Nazarene 19:12.53	3/28	
1	15	Kaylah MCCALL	JR	#4 Olivet Nazarene 14.61	1.1) 3	3/29	7	94	Nicole VOLLRATH	FR	#3 St. Francis (Ill.) {2}19:12.62	3/28	
2	32	Emma JOHNSON	SR	#1 Viterbo (Wis.) 14.99	1.0) 3	3/29	8		Avery KITTL	SO	#5 Governors State {3} 19:35.13	3/28	
3	34	Emily LUDWIG	SO	#1 Viterbo (Wis.) {2}15.02	1.0) 3	3/29	9		Addy SMITH	JR	#6 St. Ambrose (low{2}19:55.16	3/28	
4	52	Rashiya WARFIELD	SO	#2 Saint Xavier (Ill.) 15.45w (2	2.8) 3	3/29	10		Allison HEIN	JR	#6 St. Ambrose (low{3}19:56.75	3/28	
		И	/om	en's 200 Meters					W	ome	en's 4x100 Relay		
1	55	Emerson COLINS	JR	#2 Saint Xavier (Ill.) 25.66w (2	2.5) 3	3/29	1	20	Lillia Chvatal, Olivia		#1 Viterbo (Wis.) 48.22	3/29	
2	65	Avery POPPE	FR	#1 Viterbo (Wis.) 25.83	0.5)	3/29			Wingo, Avery Poppe,		_		
3		Amaya RIQUE	SO	#2 Saint Xavier (Ill.){2}26.59 (0	0.5) 3	3/29	_		Braylee Hyatt				
4		Braylee HYATT	SO	#1 Viterbo (Wis.) {2}26.81	0.5) 3	3/29	2	21	Carsyn Burdine, Kaylah Mccall, Tylar		#4 Olivet Nazarene 48.31	3/29	
5		Pearla TEKO-FOLLY	SO	#1 Viterbo (Wis.) {3}26.96 (0	0.5) 3	3/29			Parker, Kristen Garth				
6		Lauren MANNING	FR	#3 St. Francis (III.) 27.60 (2	1.0) 3	3/29				om	en's 4x400 Relay		
7		Lainey TEYNOR	JR	#1 Viterbo (Wis.) {4} 28.05	1.8) 3	3/29	1	16	Yanira Deanna	OIII	#2 Saint Xavier (Ill.) 4:03.42	3/29	
8		Gianna TRENTER	SR	#3 St. Francis (III.) {2}28.20	1.0) 3	3/29	-		Paninka, Amaya		Sumeravier (may 1888) 12	3,23	
9		Rashiya WARFIELD	SO	#2 Saint Xavier (Ill.){3}28.27 (2	1.2) 3	3/29			Rique, Emerson				
10		Mikayla WATSON	FR	#3 St. Francis (III.) {3}28.51 (3	(1.9) 3	3/29			Colins, Alexandra Clarke				
		И	/om	en's 400 Meters						lom	en's High Jump		
1		Lainey TEYNOR	JR	#1 Viterbo (Wis.) 1:02.66	3	3/29	1	20	Olivia WINGO	SR		3/29	
2		Lauren MANNING	FR	#3 St. Francis (III.) 1:05.00	3	3/29			Pearla TEKO-FOLLY	SO		-,	
3		Gianna TRENTER	SR	#3 St. Francis (Ill.) {2}1:05.48	3	3/29		70				74 3/23	
4		Sophia THOMAS	FR	#2 Saint Xavier (Ill.) 1:10.22	3	3/29	_			_	nen's Pole Vault	1/ 2/20	
		Wom	en's	400 Meter Hurdles			1		Olivia WINGO		#1 Viterbo (Wis.) 3.75m 12-3		
1	1	Hannah ANTKOVIAK	SR	#4 Olivet Nazarene 56.71	3	3/29			Emma JOHNSON		#1 Viterbo (Wis.) {2}3.40m 11-1		
2	12	Yanira DEANNA PANINKA	JR	#2 Saint Xavier (Ill.) 1:04.21	3	3/29	3	18	Emily LUDWIG	so /om	#1 Viterbo (Wis.) {3} 3.25m 10-8 en's Long Jump	3/29	
3	20	Olivia LENTZ	FR	#4 Olivet Nazarene {2} 1:05.68	3	3/29	1	55	Lillia CHVATAL	so	#1 Viterbo (Wis.) 5.14m 16-1	0½ (1 <mark>.3 3/29</mark>	
4	58	Emily LUDWIG	SO	#1 Viterbo (Wis.) 1:09.52	3	3/29			W	om	en's Triple Jump		
		И	/om	en's 800 Meters			1	30	Pearla TEKO-FOLLY	SO	#1 Viterbo (Wis.) 10.85mw 35-7	¹ / ₄ (2. <mark>2) 3/29</mark>	
1	11	Olivia MATHIS		#2 Saint Xavier (Ill.) 2:15.83	3	3/28				Woi	men's Shot Put		
2	12	Heidi HELDT	JR	#4 Olivet Nazarene 2:16.02	3	3/28	1	43	Brooklyn LUDESCHER	FR	#1 Viterbo (Wis.) 12.06m 39-6	3/4 3/29	
3	15	Alexandra CLARKE	SR	#2 Saint Xavier (Ill.){2}2:16.60			2	61	Jamie SIEROCKI	JR	#2 Saint Xavier (Ill.) 11.72m 38-5		
4	83	Evita MARTINEZ		#3 St. Francis (III.) 2:25.16			3	64	Mariah JAMES	FR			
5		Kristin BOOKER	SR	#2 Saint Xavier (Ill.){3}2:28.63			4	88	Katie DEHAAN	JR	#2 Saint Xavier (Ill.){3} 11.34m 37-2		
6		Lilia HACKER	FR	#3 St. Francis (Ill.) {2}2:32.58	3	3/29	5		Amariah SCOTT	so	#2 Saint Xavier (Ill.){4} 10.51m 34-5		
7		Hannah BUTLER	JR	#1 Viterbo (Wis.) 2:33.93			6		Vanessa WRIGHT	FR	#1 Viterbo (Wis.) {2} 10.03m 32-1		
			,	<u> </u>			7		Isabel RUBENZER	FR			
							8		Amelia SCHMUCK	FR	#1 Viterbo (Wis.) {4} 7.32m 24-7		



WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary

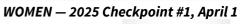


Chicagoland

as of 4/1/2025 7:53:34 AM ET

Women's Discus												
1	66	Mariah JAMES	FR	#2 Saint Xavier (Ill.) 37.34m 122-6	3/29							
2		Jamie SIEROCKI	JR	#2 Saint Xavier (Ill.){2}34.91m 114-7	3/29							
3		Katie DEHAAN	JR	#2 Saint Xavier (Ill.){3} 30.45m 99-11	3/29							
4		Amariah SCOTT	SO	#2 Saint Xavier (Ill.){4}21.23m 69-8	3/29							
			Wor	nen's Hammer								
1	75	Amariah SCOTT	SO	#2 Saint Xavier (Ill.) 41.66m 136-8	3/29							
2		Jamie SIEROCKI	JR	#2 Saint Xavier (Ill.){2}38.61m 126-8	3/29							
3		Katie DEHAAN	JR	#2 Saint Xavier (Ill.){3}34.62m 113-7	3/29							
4		Mariah JAMES	FR	#2 Saint Xavier (Ill.){4}34.39m 112-10	3/29							
			Wo	men's Javelin								
1	67	Jamie SIEROCKI	JR	#2 Saint Xavier (Ill.) 32.82m 107-8	3/29							
2	70	Katie DEHAAN	JR	#2 Saint Xavier (Ill.){2}32.59m 106-11	3/29							
3	89	Martina MCGRATH	SR	#1 Viterbo (Wis.) 30.79m 101-0	3/29							
4	97	Isabel RUBENZER	FR	#1 Viterbo (Wis.) {2}30.20m 99-1	3/29							
5		Avery POPPE	FR	#1 Viterbo (Wis.) {3}23.70m 77-91/4	3/29							







					Contine
		W	'om	en's 100 Meters	
1		Tierrany JETER	FR	#1 Spartanburg Met 13.64 (-1	.7) 3/22
2		Nadia KING	SR	#2 Penn State Schu 14.19 (0.	5) 3/23
3		Jeslyn NTORI	FR	#2 Penn State Schu{2} 14.81w (2.	6) 3/29
		Wom	en's	s 100 Meter Hurdles	
1		Da'Sani KINLAW	FR	#1 Spartanburg Mel 17.45 (1.	0) 3/22
		W	'om	en's 200 Meters	
1		Tierrany JETER	FR	Spartanburg Mel 28.29 (1.	3) 3/22
2		Evelyne LAROSE	FR	#2 Penn State Schu 30.37w (3.	1) 3/29 2
3		Jeslyn NTORI	FR	#2 Penn State Schu{2} 31.61w (3.	1) 3/29
		W	'om	en's 400 Meters	
1		Diamond CROFT	SO	#1 Spartanburg Met 1:07.21	3/22
2		Bella SHEILDS	SO	#1 Spartanburg Me(2)1:10.74	3/8
3		Evelyn LOUCA	JR	#2 Penn State Schu 1:19.74	3/23
		_		s 400 Meter Hurdles	
1		Sophia OUTHOUS	SO	Spartanburg Mel 1:07.33	3/22
2		Polly ADDINGTON	SO	#1 Spartanburg Mel{2}1:10.93	3/22
3	82	Da'Sani KINLAW Nadia KING	FR SR	#1 Spartanburg Me(3)1:11.70 #2 Penn State Schu 1:26.66	3/22
5		Malak MOWAFI	SR	#2 Penn State Schu 1:26.66	3/23
6		Evelyn LOUCA	JR	#2 Penn State Schu{3}1:46.56	3/29
				en's 800 Meters	3/23
1		Nsimire BAHONGWERHE	FR	#1 Spartanburg Mel 2:45.45	3/8
2		Bella SHEILDS	SO	#1 Spartanburg Me{2}2:57.78	3/8
		W	ome	en's 1500 Meters	
1	98	Sophia OUTHOUS	SO	#1 Spartanburg Met 5:03.65	3/8
2		Averi VANCE	SO	#1 Spartanburg Mef{2}6:00.05	3/22
3		Jessica CECIL	FR	#2 Penn State Schu 8:05.99	3/29
4		Bolu AKINRINADE	FR	#2 Penn State Schu{2}8:09.49	3/23
5		Hanna BULLES	FR	#2 Penn State Schu{3}9:05.64	3/23
		Wo	me	n's Steeplechase	
1	67	Malak MOWAFI	SR	Penn State Schu 15:32.16	3/23
		W	ome	en's 5000 Meters	
1		Bolu AKINRINADE	FR	#2 Penn State Schu 31:46.93	3/29
2		Hanna BULLES	FR	#2 Penn State Schu{2}35:38.78	3/29
			ome	en's 4x100 Relay	
1	66	Da'Sani Kinlaw, Diamond Croft, Tierrany Jeter, Bella Sheilds		#1 Spartanburg Mei 53.79	3/22
		W	ome	en's 4x400 Relay	
1	2	Sophia	SO	#1 Spartanburg Met 1:01.57	3/22
		We	ome	en's 4x800 Relay	
1	19	Sophia Outhous, Polly Addington, Nsimire Bahongwerhe, Averi Vance		#1 Spartanburg Mel 10:47.06	3/22

nen	ental as of 4/1/2025 7:53:34 AM ET									
		Won	nen's Shot Put							
1	Megan HAUSER	SO	#2 Penn State Schu	10.17m	33-4½	3/23				
2	Evelyn LOUCA	JR	#2 Penn State Schu[2]	5.26m	17-31/4	3/29				
3	Lily PRYOR	FR	#1 Spartanburg Met	4.74m	15-6¾	3/22				
		Wo	men's Discus							
1	Megan HAUSER	SO	#2 Penn State Schu	29.66m	97-3¾	3/29				
		Wo	men's Javelin							
1	Megan HAUSER	SO	#2 Penn State Schu	27.39m	89-101/2	3/29				
2	Anna ALTMAN	so	#1 Spartanburg Met	18.80m	61-81/4	3/8				



WOMEN - 2025 Checkpoint #1, April 1

SO #2 Indiana Wesleya [4] 18:40.21



Crossroads

as of 4/1/2025 7:53:34 AM ET

						CIUSS	100	au			d3 01 +/ 1/2023 1.33.34	AMET
		И	Vom	en's 100 Meters					Wom	en'	s 400 Meter Hurdles	
1	55	Dylainey FLOYD	so	#2 Indiana Wesleya 12.43w	(2.2)	3/29	1	3	Ally HAWK	JR	#2 Indiana Wesleya 1:02.37	3/29
2	67	Armoney CLAY	SO	#1 Marian (Ind.) 12.48w	(3.8)	3/29	2	26	Trysta HILTON	JR	#6 Huntington (Ind. 1:05.92	3/29
3	84	Hope TAYLOR	so	#4 Spring Arbor (Mi 12.57	(1.7)	3/22	3	27	Mariah MALEY	SR	#8 Saint Francis (Inc 1:06.08	3/21
4	86	Jovana MILOSEVIC	FR	#1 Marian (Ind.) {2}12.58w	(2.5)	3/22	4	32	Ella MAAS	JR	#2 Indiana Wesleya {2} 1:06.63	3/29
5		Kathy SORIANO	so	#1 Marian (Ind.) {3}12.81w	(2.2)	3/22	5	38	Tanana	FR	#4 Spring Arbor (Mi 1:07.29	3/22
6		Jaylah LEGGETT	SO	#9 Goshen (Ind.) 12.87	(0.4)	3/22			EMMENDORFER			
7		Kate RUFFLE	FR	#5 Mount Vernon Na 12.96w	(2.5)	3/30	6	65	Marissa RUTTER	FR	#5 Mount Vernon N; 1:10.32	3/30
8		Emma BOCK	JR	#1 Marian (Ind.) {4}13.03	(0.4)	3/22	7		Kyla BOOKER	SO	#1 Marian (Ind.) 1:20.32	3/22
9		Madaline KITCHEN	SR	#5 Mount Vernon N:{2} 13.06w	(2.5)	3/30			И	<i>lom</i>	en's 800 Meters	
10		Jade DOGAN	SO	#1 Marian (Ind.) {5}13.10w	(2.2)	3/22	1	4	Katie WOODS	JR	#1 Marian (Ind.) 2:13.31	3/29
		Wom	en's	s 100 Meter Hurdles			2	8	Nora STEELE	SR	#1 Marian (Ind.) {2}2:15.36	3/29
1	25	Kiana SIEFERT	JR	#7 Taylor (Ind.) 14.84w	(2.8)	3/22	3	10	Kylie SAUDER	SR	#3 Grace (Ind.) 2:15.61	3/30
2	29	Ally HAWK	JR	#2 Indiana Wesleya 14.96w	(3.7)	3/29	4	23	Olivia HOWELL	FR	#6 Huntington (Ind. 2:17.90	3/29
3	31	Marissa RUTTER	FR	#5 Mount Vernon Na 14.98	(1.5)	3/30	5	24	Gracie FIELDS	FR	#1 Marian (Ind.) {3}2:18.17	3/22
4	36	Nina MARINKOVIC	so	#1 Marian (Ind.) 15.06	(1.2)	3/29	6	28	Kiara BAHENA	SO	#8 Saint Francis (Inc 2:18.57	3/21
5	61	Brooke COFFMAN	so	#1 Marian (Ind.) {2} 15.64	(1.3)	3/29	7	36	Karis HUNTER	JR	#2 Indiana Wesleya 2:20.05	3/29
6	67	Emma CONRAD	SR	#3 Grace (Ind.) 15.84w	(3.4)	3/30	8	37	Adrianna BOYD	SR	#1 Marian (Ind.) {4}2:20.08	3/29
7	73	Allison TEED	JR	#4 Spring Arbor (Mi 16.09	(0.8)	3/22	9	39	Morgan WELCH	JR	#3 Grace (Ind.) {2}2:20.41	3/30
8	79	Madelyn YODER	JR	#3 Grace (Ind.) {2}16.24	(-0.5)	3/22	10	65	Ellyn COE	SR	#5 Mount Vernon N; 2:23.53	3/30
9	89	Makayla NEAL	JR	#3 Grace (Ind.) {3}16.53w	(3.3)	3/30			W	'om	en's 1500 Meters	
10		Bella DEAN	SO	#1 Marian (Ind.) {3}16.78w	(2.8)	3/29	1	4	Kylie SAUDER	SR	#3 Grace (Ind.) 4:30.00	3/30
		И	Vom	en's 200 Meters			2	6	Emily TEDDER	SR	#6 Huntington (Ind. 4:35.55	3/29
1	39	Tanana	FR	#4 Spring Arbor (Mi 25.36w	(2.2)	3/22	3	13	Katie WOODS	JR	#1 Marian (Ind.) 4:41.70	3/22
		EMMENDORFER					4	18	Lea KUNSTMANN	FR	#8 Saint Francis (In: 4:44.21	3/21
2	50	Emma EDWARDS	FR	#1 Marian (Ind.) 25.56w	(2.7)	3/29	5	22	Summer REMPE	FR	#1 Marian (Ind.) {2} 4:46.08	3/29
3	75	Kathy SORIANO	SO	#1 Marian (Ind.) {2} 25.99	(2.0)	3/29	6	28	Abigail MAYS	SR	#7 Taylor (Ind.) 4:48.99	3/22
4	77	Emma HARBERT	SR	#2 Indiana Wesleya 26.00w	(2.7)	3/29	7	30	Gracynn HINKLEY	SO	#1 Marian (Ind.) {3}4:49.32	3/29
5	99	Jade DOGAN	SO	#1 Marian (Ind.) {3}26.15w	(3.2)	3/29	8	44	Vivienne SIEFKER	FR	#1 Marian (Ind.) {4} 4:53.49	3/29
6		Hope TAYLOR	SO	#4 Spring Arbor (Mi{2}26.45w	(2.2)	3/22	9	63	Abby WALLACE	SO	#2 Indiana Wesleya 4:56.96	3/22
7		Dylainey FLOYD	SO	, , ,	(1.0)	3/22	10	75	Kiara BAHENA	SO	#8 Saint Francis (In({2} 4:58.84	3/15
8		Sophia RAMSAY	FR	#1 Marian (Ind.) {4}26.49	(2.0)	3/29			Wo	ome	n's Steeplechase	
9		Shailin GOLDEN	SR	#4 Spring Arbor (Mi{3}26.65w	(2.2)	3/22	1	14	Audrey BRINKRUFF	SR	#7 Taylor (Ind.) 11:52.78	3/22
10		Kate RUFFLE	FR	#5 Mount Vernon Na 26.76w	(2.5)	3/30	2	24	Grace PETTIT	SO	#3 Grace (Ind.) 12:10.04	3/30
		_	Vom	en's 400 Meters			3	35	MacKenzie BREWER	JR	#6 Huntington (Ind. 12:39.29	3/29
1	9	Hanna REUTER	JR	#1 Marian (Ind.) 57.54		3/29	4	40	Sabrina SIEMS	JR	#1 Marian (Ind.) 12:59.75	3/29
2	32	Dylainey FLOYD	SO	•		3/22	5	50	Emma MAXWELL	JR	#10 Bethel (Ind.) 13:18.05	3/22
3	49	Lyssi SNOUFFER	JR	#5 Mount Vernon Na 59.37		3/30			W	ome	en's 5000 Meters	
4	77	Olivia ADKINS	JR	#3 Grace (Ind.) 1:00.45		3/30	1	2	Jaynie HALTERMAN	FR	#7 Taylor (Ind.) 16:09.75	3/22
5	90	Anna VIE	SO	#2 Indiana Wesleya {2} 1:00.76		3/29	2	6	Elizabeth BARRETT	JR	#2 Indiana Wesleya 17:05.23	3/28
6	92	Kyrah MAAS	JR	#2 Indiana Wesleya (3) 1:00.84		3/29	3	12	Noel VANDERWALL	JR	#7 Taylor (Ind.) {2} 17:20.19	3/22
7	98	Maddy LENGACHER	FR			3/30	4	13	Samantha	SO	#7 Taylor (Ind.) {3} 17:22.21	3/22
8		Claire LANGE	SO			3/29			PATTERSON		-	
9		Jade DOGAN	SO			3/29			Addi DEWEY	SR	/ 1/	3/28
10		Maya MUNDY	SO	#1 Marian (Ind.) {4}1:02.62		3/29			Linda KOECH	FR	·	3/21
									Cece MITCHELL	SO		3/22
									Cadence TRAYLOR	SO		3/28
							9	43	Anna ENDERLE	SO	#10 Bethel (Ind.) 18:37.57	3/22

10 48 Katie MORRISON



WOMEN — 2025 Checkpoint #1, April 1





	C									s	as of 4/1/2025 7:53:34 AM ET				
		Wo	mei	n's 10,000 Mete	rs				Women's Pole Vault						
1	6	Esther CAMERON	JR	#3 Grace (Ind.)	37:41.04	1	3/30	1	5	Delaney TEACHNOR	FR	#1 Marian (Ind.)	3.65m	11-113/4	3/22
2	7	Abbey GENTZ	JR	#6 Huntington (Ind.	37:48.78	3	3/29	2	9	Teagan RUPP	FR	#2 Indiana Wesleya	3.50m	11-5¾	3/22
3	10	Cece MITCHELL	SO	#3 Grace (Ind.)	2} 38:39.3 2	2	3/30	3	19	Emma SCHIFFLI	FR	#6 Huntington (Ind.	3.20m	10-6	3/22
4	24	Heidi SPAHR	SO	#3 Grace (Ind.)	3} 42:55.1 0)	3/30	4	25	Hailey HOLBROOK	SO	#2 Indiana Wesleya {2	2} 3.05m	10-0	3/22
5	31	Alana BOHLS	SR	#3 Grace (Ind.)	4} 45:04.9 2	2	3/30	4	25	Maria PETRU	FR	#4 Spring Arbor (Mi	3.05m	10-0	3/22
6	32	Avery SAMMS	JR	#3 Grace (Ind.)	5} 45:12.3 9	9	3/30	4	25	Quynh SEDLACEK	FR	#1 Marian (Ind.) {2	2}3.05m	10-0	3/22
		W	отє	en's 4x100 Rela	y			7	40	Claire ROBINSON	FR	#2 Indiana Wesleya {3	3} 2.95m	9-8	3/29
1	13	Armoney Clay, Janae		#1 Marian (Ind.)	47.62		3/29	8	42	Mailand ZIMMERMAN	SO	#7 Taylor (Ind.)	2.90m	9-61/4	3/22
		Bailey, Jovana						8	42	Maeve WILKINSON	FR	#6 Huntington (Ind.{2	2} 2.90m	9-61/4	3/22
		Milosevic, Hanna Reuter								W	om	en's Long Jump			
2	23	Alyssa Budd, Grace		#4 Spring Arbor (Mi	48.76		3/22	1	39	Erica XAYARATH	SR	#6 Huntington (Ind.	5.26m	17-3¼ (2.0) 3/29
_		Collins, Shailin		and opting and of their	10110		3/22	2	41	Lyssi SNOUFFER	JR	#5 Mount Vernon Na	5.24m	17-2¼ (1.2	2) 3/30
		Golden, Hope Taylor				_		2	41	Alyssa BUDD	SO	#4 Spring Arbor (Mi	5.24m	17-21/4 (0.5	3/22
3	44	Ally Hawk, Lauren		#2 Indiana Wesleya	50.25		3/29	4	43	Kate RUFFLE	FR	#5 Mount Vernon N:{2	2} 5.23m	17-2 (1.6)	3/30
		Coppersmith, Abby Matthews, Dylainey						5	55	Nina MARINKOVIC	SO	#1 Marian (Ind.)	5.14m	16-10½ (0.	.0 3/29
		Floyd						6	72	Emma HARBERT	SR	#2 Indiana Wesleya	5.03m	16-6 (0.0)	3/29
			ome	en's 4x400 Rela				7	95	Allison TEED	JR	#4 Spring Arbor (Mi{2	2} 4.88m	16-1/4 (0.0)	3/22
1	15	Nora Steele, Katie	UIIIC	#1 Marian (Ind.)	4:02.26		3/29	8		Teagan RUPP	FR	#2 Indiana Wesleya {2	2}4.81m	15-9½ (0.0) 3/29
-		Woods, Claire Lange,		Marian (ma.)	4.02.20		3/23	9		Makayla KEFFELER	SR	#2 Indiana Wesleya {3	8} 4.69m	15-4¾ (0.0) 3/29
		Emma Edwards						10		Lauren	JR	#2 Indiana Wesleya {4	l}4.61m	15-1½ (0.0) 3/29
2	33	Olivea Gessner, Ava		#4 Spring Arbor (Mi	4:16.07		3/22			COPPERSMITH					
		Houghton, Jacqueline Flores-										en's Triple Jump)		
		Fortanel, Grace								Shirmara ANDERSON	JR	#1 Marian (Ind.)		36-2¾ (0.5	•
		Collins						2	22	Makayla KEFFELER	SR	#2 Indiana Wesleya	11.02m	36-2 (0.1)	3/29
3	40	#Type!		#2 Indiana Wesleya	4:17.93		3/22			<u> </u>	Nor	nen's Shot Put			
		W	ome	en's 4x800 Rela	V			1	3	Ozofu MAGAJI	FR	#1 Marian (Ind.)	13.99m	45-10¾	3/29
1	5	Olivia Howell,	_	#6 Huntington (Ind.	9:29.53		3/29	2	12	Merideth DEVRIES	SR	#2 Indiana Wesleya	13.23m	43-5	3/22
		MacKenzie Brewer,						3	15	Alecia PARKER	JR	#10 Bethel (Ind.)	12.74m	41-9¾	3/22
		Abbey Gentz, Emily Tedder						4	31	Shyanne MOSER	JR	#5 Mount Vernon Na		40-8¾	3/30
			10.00	anda Himb Issası				5	39	Bri NICHOLS	JR	#2 Indiana Wesleya {2	2}12.14m	39-10	3/29
				en's High Jump		F C1/	2/22	6	51	Gabi BILBREY	SO	#1 Marian (Ind.) {2	2} 11.90 m	39-1/2	3/22
1		Lyssi SNOUFFER	JR	#5 Mount Vernon Na		5-61/2	3/30	7	62	Tessa MOZZI	SR	#2 Indiana Wesleya {3	3} 11.70m	38-4¾	3/22
1		Brooke COFFMAN	SO CD	#1 Marian (Ind.)	1.69m	5-61/2	3/22	8	79	Tracey GOOCH	SO		8} 11.46m		3/29
		Emily MCCREARY	SR		1.56m	5-11/4	3/22	9	85	Gracelyn FRAME	JR	#5 Mount Vernon N _i {2	2} 11.38m	37-4	3/30
		Erica XAYARATH	SR	#6 Huntington (Ind.		5-11/4	3/22	10		Hadleigh FILIPOVIVH	FR	#1 Marian (Ind.) {	l}11.06m	36-3½	3/29
		Josey REINEMAN Sophie RUPP	SR	#6 Huntington (Ind.	1.56m	5-11/4	3/22				Wo	men's Discus	_		
		Precious KNIGHT	SO SO		2} 1.53m	5-1/4 5-1/4	3/30	1	8	Merideth DEVRIES	SR	#2 Indiana Wesleya	45.41m	149-0	3/29
6			SO ED		2}1.53m	4-11½	3/29	2	9	Gabi BILBREY	SO	#1 Marian (Ind.)	44.71m	146-8	3/22
8		Meg STEVENS Anna JEANNIN	FR FR	#7 Taylor (Ind.) #6 Huntington (Ind.)	1.51m	4-111/2	3/22	3	14	Princess KARA	SR	#2 Indiana Wesleya{2	2} 44.08 m	144-8	3/29
8		Allison TEED	JR			4-111/2	3/22	4	17	Lanae CROWE	SR	#3 Grace (Ind.)	43.04m	141-3	3/30
8	30	AUSOIT LED	JK	Spring Arbor (Mil	1.31111	7 44/2	3/22	5	35	Bri NICHOLS	JR	#2 Indiana Wesleya {3	3 39.86m	130-9	3/29
								6	37	Hadleigh FILIPOVIVH	FR	#1 Marian (Ind.) {2	2}39.57m	129-10	3/22
								7	54	Tessa MOZZI	SR	#2 Indiana Wesleya {4	}38.37m	125-11	3/22
								8	86	Lydia HALL	SR	#4 Spring Arbor (Mi	36.38m	119-4	3/22
								9		Tracey GOOCH	SO	#1 Marian (Ind.) {3	3 35.51m	116-6	3/22
								10		Karley KABEL	JR	#7 Taylor (Ind.)	35.19m	115-6	3/22

WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



Crossroads

as of 4/1/2025 7:53:35 AM ET

		Į.	Vor	nen's Hammer		
1	8	Bri NICHOLS	JR	#2 Indiana Wesleya 50.73m	166-5	3/22
2	27	Kaitlyn JOHNSON	SO	#9 Goshen (Ind.) 45.71m	150-0	3/22
3	28	Nhaydia WATSON	JR	#1 Marian (Ind.) 45.64m	149-9	3/22
4	50	Allie MILLER	SR	#1 Marian (Ind.) {2}43.53m	142-10	3/29
5	67	Keeley HUGHES	SR	#1 Marian (Ind.) {3}42.25m	138-8	3/22
6	70	Karen WILLAREDT	SO	#1 Marian (Ind.) {4}42.02m	137-11	3/29
7	81	Jennifer SHERWOOD	SR	#4 Spring Arbor (Mi 41.19m	135-2	3/22
8	91	Hadleigh FILIPOVIVH	FR	#1 Marian (Ind.) {5}40.60m	133-3	3/22
9		Nevaeh WILLIAMS	SO	#5 Mount Vernon Na 39.55m	129-9	3/30
10		Courtney BUTLER	SO	#1 Marian (Ind.) {6} 39.18m	128-7	3/22
			Wo	men's Javelin		
1	8	Hannah BOERSEMA	JR	#8 Saint Francis (Inc 40.84m	134-0	3/21
2	62	Grace FELTZ	FR	#1 Marian (Ind.) 33.18m	108-10	3/22
3	85	Sarah BROWN	SR	#10 Bethel (Ind.) 31.24m	102-6	3/22
4	86	Malena RICKS	SR	#8 Saint Francis (In(2)31.10m	102-1	3/15
5		Grace STEVENS	SR	#9 Goshen (Ind.) 27.74m	91-1/4	3/22
6		Bella DEAN	SO	#1 Marian (Ind.) {2}27.66m	90-9	3/29
7		Makayla NEAL	JR	#3 Grace (Ind.) 27.48m	90-2	3/30
8		Gabi BILBREY	SO	#1 Marian (Ind.) {3}27.28m	89-6	3/22
9		Bri NICHOLS	JR	#2 Indiana Wesleya 27.25m	89-5	3/29
10		Taylor ASELAGE	FR	#1 Marian (Ind.) {4}27.01m	88-71/2	3/22
		W	om	en's Heptathlon		
1	9	Allison TEED	JR	#4 Spring Arbor (Mi 3,808		3/22







					Fro	ntier	•	as of 4/1/2025 7:53:35 AM ET			
	И	/om	en's 100 Meters				V	Vom	en's 800 Meters		
1 2	3 Kellan WAHL			(12.06A) (<mark>3</mark>	3/29	1 1	8 Madalen SHIPMAN	JR	#3 Carroll (Mont.) 2:17.22c (2:17.61A) 3/29		
2 5	3 Jadyn VERMILLION		#2 Montana Tech 12.41	(1.4)	3/27	2 3	5 Tyne STOKES	JR	#1 Rocky Mountain 2:19.95c (2:20.35A) 3/29		
3 6	• Ayla JANZEN	FR	#2 Montana Tech {2} 12.44	(1.0)	3/27	3 5	Maya PEARCY	so	#1 Rocky Mountain {2} 2:21.77c (2:22.17A) 3/29		
4 7	8 Brooklyn LUDEMANN	FR	#4 Providence (Mor 12.53	(1.0)	3/27	4 6	O Grace TIMM	SR	#1 Rocky Mountain {3} 2:22.55 3/15		
5	Grace EKNESS	FR	#2 Montana Tech {3} 12.72	(1.0)	3/27	5 9	9 Kamryn COMBA	JR	#2 Montana Tech 2:26.64c (2:27.06A) 3/29		
6	Charlize DAVIS	SO	#1 Rocky Mountain {2} 12.74	(1.8)	3/15	6	Ellie BAXTER	FR	#3 Carroll (Mont.) {2}2:28.00c (2:28.42A) 3/29		
7	Baylee YOUNG	FR	#1 Rocky Mountain {3} 13.07	(1.4)	3/27	7	Nikki NAU	FR	#3 Carroll (Mont.) {3}2:30.08c (2:30.51A) 3/29		
8	Ellie ARON	SO	#2 Montana Tech {4} 14.05	(1.4)	3/27	8	MaKenzie SHEILS	so	#2 Montana Tech {2}2:30.29c (2:30.72A) 3/29		
9	Harlie JACKSON	SO	#3 Carroll (Mont.) 14.23c	(14.20A) (<mark>1</mark>	3/29	9	Peyton WALKER	SO	#2 Montana Tech {3}2:31.44c (2:31.87A) 3/29		
10	Michelle DALE	FR	#1 Rocky Mountain (4) 14.24	(1.9)	3/22	10	Savannah IVINS	FR	#4 Providence (Mor 2:33.22 3/27		
	Wom	en's	100 Meter Hurdles				W	'ome	n's 1500 Meters		
1 2	6 Charlize DAVIS	SO	#1 Rocky Mountain 14.88c	(14.84A) (<mark>0</mark>	. 3/29	1 1	4 Kallyn WILKINS	JR	#1 Rocky Mountain 4:42.04c (4:45.33A) 3/29		
2 5	4 Ayla JANZEN	FR	#2 Montana Tech 15.46	(0.0)	3/27	2 4	6 Kelsey STENSLAND-	FR	#4 Providence (Mor 4:53.62 3/27		
3 5	8 Havyn VANDENACRE	FR	#4 Providence (Mor 15.51	(0.0)	3/27		PLYMALE				
4 6	2 Abby CLARK	SR	#2 Montana Tech {2}15.65	(0.0)	3/27	3	Maya PEARCY	SO	#1 Rocky Mountain {2} 5:05.68 3/15		
5 7	6 Olleca SEVERSON	SR	#2 Montana Tech {3}16.15	(0.0)	3/27	4	Tyne STOKES	JR	#1 Rocky Mountain {3} 5:07.40 3/15		
6 8	4 Claire BUCKLIN	FR	#3 Carroll (Mont.) 16.42c	(16.38A) (<mark>1</mark>	3/29	5	Hannah GEISEN	FR	#1 Rocky Mountain {4} 5:14.64 3/15		
7	Katelyn	JR	#3 Carroll (Mont.) {2}17.12c	(17.08A) (<mark>0</mark>	. 3/29	6	Olivia HEINER	SO	#5 Montana Wester 5:16.66 3/22		
	CHRISTENSEN					7	Savannah IVINS	FR	#4 Providence (Mor{2}5:17.40 3/27		
8	Devon MCHENRY	SO	#1 Rocky Mountain {2} 17.22w	(2.3)	3/22	8	Bella BIRMINGHAM	FR	#2 Montana Tech 5:18.73c (5:22.45A) 3/29		
9	Gracie YAKOS	FR	#5 Montana Wester 17.24c	(17.20A) (<mark>1</mark>	. 3/29	9	Ruby SMITH	FR	#5 Montana Wester{2}5:23.70c (5:27.48A) 3/29		
10	Anna HUME	FR	#3 Carroll (Mont.) {3}17.26c	(17.22A) (<mark>1</mark>	3/29	10	Jayden WOODLAND	JR	#1 Rocky Mountain {5} 5:24.57 3/22		
	N	/om	en's 200 Meters				We	ome	n's Steeplechase		
1 5	1 Abby CLARK	SR	#2 Montana Tech 25.59	(1.6)	3/27	_	Grace TIMM	SR	#1 Rocky Mountain 11:25.35c(11:33.63A) 3/29		
2 8	6 Kellan WAHL		Rocky Mountain 26.07c	(26.00A) (<mark>0</mark>	. 3/29		1 Alyssa JANY	JR	#2 Montana Tech 11:32.75c(11:41.12A) 3/29		
3	Grace EKNESS	FR	#2 Montana Tech {2}26.31w	(2.1)	3/27	3 2	6 Hannah SEMPF	JR	#3 Carroll (Mont.) 12:18.53c(12:27.45A) 3/29		
4	Baylee YOUNG	FR		(0.0)	3/22		9 Rylie SCHOENFELD	JR	#1 Rocky Mountain {2} 12:24.72c(12:33.72A) 3/29		
5	Charlize DAVIS	SO	Rocky Mountain (3) 27.14c	(27.07A) (0	-, -		3 Jenna CASTRO	SO	#3 Carroll (Mont.) {2}12:32.91c(12:42.01A) 3/29		
6	Katelyn CHRISTENSEN	JR	#3 Carroll (Mont.) 28.29c	(28.22A) (<mark>0</mark>	. 3/29		4 Justene SANTI	SO	#5 Montana Wester 12:37.15c(12:46.30A) 3/29		
7		60	#2 Carrell (Mont) (2) 20 E9s	/20 E1A) /0	2/20	7 3	7 Erika ARTHUR	SR	#3 Carroll (Mont.) {3} 12:44.95c(12:54.19A) 3/29		
1	Harlie JACKSON		#3 Carroll (Mont.) {2}30.58c	(30.51A) (<mark>0</mark>	. 3/29		W		n's 5000 Meters		
		_	en's 400 Meters	(1.02.204)	- 100		2 Anna TERRY		#3 Carroll (Mont.) 18:37.45c(18:52.21A) 3/29		
1	Chloe RAATS			c (1:02.39A)			2 Olivia HEINER		#5 Montana Wester 18:53.72c(19:08.69A) 3/29		
2	Rylie SCHOENFELD		Rocky Mountain 1:03.73	- /1.04.264	3/15	3 8	2 Hannah GEISEN	FR	#1 Rocky Mountain 18:59.25c(19:14.30A) 3/29		
3	Baylee YOUNG	FR		(1:04.26A)		4	Jayden WOODLAND	JR	#1 Rocky Mountain {2} 19:31.74c(19:47.22A) 3/29		
4	Lauren RODACKER	JR	, , ,	/1.12.014	3/15	5	Ali CUNNINGHAM	JR	#3 Carroll (Mont.) {2}20:27.43c(20:43.64A) 3/29		
5	Justene SANTI		#5 Montana Wester 1:13.02	(1:12.91A)	3/29	6	Justene SANTI	SO	,		
			400 Meter Hurdles			7	Ruby SMITH	FR	#5 Montana Wester{3} 21:29.39 3/22		
	4 Olleca SEVERSON		#2 Montana Tech 1:07.89		3/27		W	'ome	n's 4x100 Relay		
	1 Gracie YAKOS		_	c (1:09.73A)		1 4	• Kellan Wahl, Baylee		#1 Rocky Mountain 50.04 3/15		
3	Jasmyn MURPHY		#4 Providence (Mor 1:14.48		3/27		Young, Brooke Wirkkala, Charlize				
4	Ellie ARON		#2 Montana Tech {2}1:17.37	_	3/27		Davis				
5	Justene SANTI	SO	#5 Montana Wester {2} 1:25.24		3/22	2 5	7 Havyn Vandenacre, Jasmyn Murphy, MacKenzie Layng, Grace Alexander		#4 Providence (Mor 51.57 3/27		



4 **76** Ava EPLER

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90 Shelby TADLOCK

Madison LEWIS

Carissa LINDSAY

Emily MCCALLA

Alexandra DAVID

Lily SULLIVAN

FR #2 Montana Tech

FR #3 Carroll (Mont.) {2}11.33m 37-21/4

JR #3 Carroll (Mont.) {3}10.58m 34-8½

FR #2 Montana Tech {2}10.50m 34-5½

FR #4 Providence (Mor{3}10.43m 34-234

FR #2 Montana Tech {3}10.27m 33-81/2

FR #1 Rocky Mountain 9.49m 31-134

11.49m 37-8½

3/29

3/29

3/29

3/29

3/27

3/29

USTFCCCA NAIA Outdoor Track & Field





				Fro	nti	er			as of 4/1/2025 7:53:35 AM ET		
	W	omen's 4x400 Rela	y					Wo	men's Discus		
1 2	21 Madalen Shipman,	#3 Carroll (Mont.)	4:07.30c (4:06.86A	3/29	1	3	Tatiana MARTINEZ	SR	#4 Providence (Mor 46.92m	153-11	3/27
	Claire Bucklin, Chloe Raats, Kailen				2	11	Lauren CIMA	FR	#4 Providence (Mor{2}44.64m	146-6	3/27
	Herbstritt				3	30 /	Avari BATT	JR	#4 Providence (Mor{3}40.55m	133-1	3/27
2 3	37 Tyne Stokes, Maya	#1 Rocky Mountain	4:16.90	3/15	4	76 H	Kayla BOTKIN	JR	#3 Carroll (Mont.) 36.73m	120-6	3/29
	Pearcy, Grace Timm,				5	A	Alexandra DAVID	FR	Rocky Mountain 32.46m	106-6	3/15
	Kallyn Wilkins				6	F	Abigail MCBEAN	SO	#3 Carroll (Mont.) {2} 32.32m	106-1	3/29
3 4	45 MaKenzie Sheils,	#2 Montana Tech	4:21.20c (4:20.76A	3/29	7	I	Lily SULLIVAN	FR	#2 Montana Tech 31.74m	104-2	3/29
	Kamryn Comba, Peyton Walker, Bella				8	(Carissa LINDSAY	FR	#4 Providence (Mor{4}31.69m	104-0	3/27
	Birmingham				9	E	Braden KOPP	FR	#5 Montana Wester 31.16m	102-3	3/29
		omen's 4x800 Rela	V		10	E	Emily MCCALLA	FR	#2 Montana Tech {2} 28.86m	94-81/4	3/29
1	2 #Type!	#1 Rocky Mountain	9:16.34	3/27				Won	nen's Hammer		
		omen's High Jump			1	17	Lauren CIMA	FR	#4 Providence (Mor 47.82m	156-11	3/27
1 1	17 Brooke WIRKKALA	JR #1 Rocky Mountain	1.65m 5-5	3/15	2	23	Tatiana MARTINEZ	SR	#4 Providence (Mor{2}46.21m	151-7	3/27
	19 Abby CLARK	SR #2 Montana Tech	1.62m 5-3 ³ / ₄	3/29	3	85 L	Lily SULLIVAN	FR	#2 Montana Tech 41.05m	134-8	3/29
	61 Charlize DAVIS	SO #1 Rocky Mountain		3/23	4	96 <i>A</i>	Avari BATT	JR	#4 Providence (Mor{3}40.05m	131-5	3/22
3 (3/22	5	A	Ava EPLER	FR	#2 Montana Tech {2} 38.81m	127-4	3/29
		/omen's Pole Vault			5	9	Shelbey KLEIN	JR	#4 Providence (Mor{4}38.81m	127-4	3/22
1 1	19 Hannah CHRISTMAN	SO #1 Rocky Mountain	3.20m 10-6	3/27	7	(Carissa LINDSAY	FR	#4 Providence (Mor{5}38.10m	125-0	3/27
	W	omen's Long Jump			8	E	Emily MCCALLA	FR	#2 Montana Tech {3} 35.12m	115-3	3/29
	1 Jadyn VERMILLION	#2 Montana Tech	5.96m 19-6¾ (0.	1) 3/27	9	ŀ	Kayla BOTKIN	JR	#3 Carroll (Mont.) 34.62m	113-7	3/29
2	Abby CLARK	SR #2 Montana Tech	[2] 5.71m 18-8¾ (0.	0) 3/27	10	L	Lauren CROWDER	FR	#4 Providence (Mor{6}32.13m	105-5	3/22
3 1	19 Charlize DAVIS	SO #1 Rocky Mountain	5.55m 18-2½ (1.	6) 3/22				Wo	men's Javelin		
4 3	Brooke WIRKKALA	JR #1 Rocky Mountain	• •	-,	1	5	Shelbey KLEIN	JR	#4 Providence (Mor 42.17m	138-4	3/22
5 8	39 Claire BUCKLIN	FR #3 Carroll (Mont.)	4.92m 16-1¾ (0.	0) 3/29	2	10	Havyn VANDENACRE	FR	#4 Providence (Mor{2}40.34m	132-4	3/15
6	Braedyn JOHNSON	FR #3 Carroll (Mont.)	•				Jenna JORDAN	SR	#2 Montana Tech 40.24m	132-0	3/29
7	Emma MCCAULEY	SO #2 Montana Tech	[3] 4.60m 15-11/4 (1.	0) 3/27	4	22	Tyra OPPERMAN	SO	#2 Montana Tech {2}37.55m	123-3	3/29
8	Anna HUME	FR #3 Carroll (Mont.)	[3] 4.58m 15-½ (0.0)	3/29	5		Charlize DAVIS	SO	#1 Rocky Mountain 35.55m	116-8	3/29
	W	omen's Triple Jum _i	o		6	46	MacKenzie LAYNG	FR	#4 Providence (Mor{3}35.42m	116-3	3/15
1 2	23 Ayla JANZEN	FR #2 Montana Tech	11.01mw 36-1½ (3.	<i>2)</i> 3/27	7	53 L	Lauren CROWDER	FR	#4 Providence (Mor{4}34.43m	113-0	3/22
2 4	47 Braedyn JOHNSON	FR #3 Carroll (Mont.)	10.29m 33-91/4 (0.	9) 3/29	8	61 2	Zoey ALBERT	SO	#1 Rocky Mountain {2} 33.21m	109-0	3/15
		Women's Shot Put			9		Quinn SKAGGS	FR	#2 Montana Tech {3} 31.46m	103-3	3/29
1	7 Lauren CIMA	FR #4 Providence (Mor	13.39m 43-111/4	3/27	10		Sarah CLARK	FR		98-6	3/22
2 2	25 Tatiana MARTINEZ	SR #4 Providence (Mor	[2] 12.50m 41-1/4	3/27							
3	73 Abigail MCBEAN	SO #3 Carroll (Mont.)	11.55m 37-10¾	3/29							







	•			GF	PAC	:			as of 4/1/2025 7:53:35	AM ET
	W	/om	en's 100 Meters				И	en's 800 Meters		
1 80	Aurora GRIFFIN		#3 Midland (Neb.) 12.55w (3.4)	3/28	1	51	L Eliza MCKOWN	JR	#8 Waldorf (Iowa) 2:21.80	3/28
2	Taylor HRABIK	JR	#9 College of Saint 12.90w (3.4)	3/28	2	54	Jolee MESZ	SO	#5 Morningside (lov 2:22.09	3/29
3	Rianna GREENE	FR	#3 Midland (Neb.) {2}13.06w (3.4)	3/23	3	9!	Morgan SACHS	FR	#5 Morningside (lov{2}2:26.10	3/29
4	Erica PALISOC	FR	#8 Waldorf (Iowa) 13.07w (4.0)	3/28	4		Cecilia VELARDE	SR	#7 Hastings (Neb.) 2:29.15	3/15
4	Meredith DRAPER	SO	#5 Morningside (lov 13.07w (3.4)	3/29	5		Nevaeh SARABIA	JR	#3 Midland (Neb.) 2:29.59	3/28
6	Abby FONTANA	SR	#1 Doane (Neb.) 13.23w (3.4)	3/28	6		Macy SCHROEDER	FR	#4 Northwestern (Ic 2:31.02 OT	3/28
7	Kamerin TURNER	FR	#7 Hastings (Neb.) 13.40 (1.3)	3/15	7		Brooklyn FRYAR	FR	#4 Northwestern (Id{2}2:32.23 OT	3/28
8	Kayli CAREY	FR	#3 Midland (Neb.) {3}13.61w (3.4)	3/28	8		Brielle ENGELMANN	SO	#4 Northwestern (Id{3}2:32.29 OT	3/28
	Wom	en's	s 100 Meter Hurdles		9		Marissa MILES	FR	#1 Doane (Neb.) 2:33.52	3/28
1 5		_	#3 Midland (Neb.) 14.24 (0.6)	3/23	10		Allison HOUGH	so	#4 Northwestern (៤{4}2:34.19 OT	3/28
	-		en's 200 Meters	·			W	ome	en's 1500 Meters	
1 29	Tierney HUSS	FR		3/28	1	31	Courtney SPORRER	JR	#5 Morningside (lov 4:49.45	3/29
	L Kailee ALTENA	SO	#6 Dordt (Iowa) 25.59 OTw(3.4)	3/28	2	78	B Eliza MCKOWN	JR	#8 Waldorf (Iowa) 4:59.37	3/22
	Fmma BLUM	JR	#4 Northwestern (I{2}25.98 OTw/3.4)	3/28	3	86	Nicole ZUEHL	JR	#5 Morningside (lov{2}5:01.08	3/29
4	Ada DEKKERS	FR	#6 Dordt (lowa) {2}27.05 OTw/3.4)	3/28	4		Ashlei MCDONALD	JR	#1 Doane (Neb.) 5:08.34	3/28
5	Erica PALISOC	FR	#8 Waldorf (Iowa) 27.08w (2.6)	3/28	5		Emily DE GROOT	JR	#4 Northwestern (Ic 5:10.51 OT	3/28
6	Sydney BROUWER	FR		3/29	6		Laura HASEMANN	SO	#1 Doane (Neb.) {2}5:21.76	3/28
7	Morgan SACHS	FR		3/29	7		Kiley CRAFT	JR	#9 College of Saint 5:22.00	3/28
8	Megan VANDER KOOI		#6 Dordt (lowa) {3}27.50 OTw/4.0)	3/28	8		Shania SANTOS	SR	#7 Hastings (Neb.) 5:23.64	3/15
9	Meredith DRAPER	SO		3/29	9		Cynthia CHAPARRO	SR	#7 Hastings (Neb.) {2}5:26.71	3/28
10	Emilee HEYNEN		#6 Dordt (lowa) {4}27.71 OTw(3.4)	3/28			BELLOC			
10			en's 400 Meters	5/20	10		Joy JEPKORIR	FR	#3 Midland (Neb.) 5:30.44	3/28
1 15	Kayla KIRCHNER	JR	#2 Concordia (Neb.) 57.96	3/28			Wa	me	n's Steeplechase	
	Danie PARRIOTT	JR	#1 Doane (Neb.) 58.67	3/28	1	44	Hannah BEINTEMA	JR	#2 Concordia (Neb.) 13:06.64	3/28
	Femma BLUM	JR	#4 Northwestern (Ic 59.13 OT	3/28	2	54	Lydia EDMONDS	FR	#2 Concordia (Neb. {2} 13:39.05	3/28
	7 Trinity TULS	SR		3/28	3	64	Katelyn NIX	SR	#2 Concordia (Neb. {3} 14:53.91	3/28
	6 Kiley HEJTMANEK	SO		3/28	4	66	Rachel ADA	JR	#2 Concordia (Neb. [4] 15:24.76	3/28
	5 Emilee HEYNEN	SR	#6 Dordt (lowa) 1:01.04 OT	3/28			W	omo	en's 5000 Meters	
7	Isabelle SALTERS	SR		3/28	1	40	Courtney SPORRER	JR	#5 Morningside (lov 18:35.35	3/29
8	Tayden KIRCHNER		#2 Concordia (Neb. [4] 1:02.12	3/28	2		Gabby RYAN	SO		3/29
9	Arisyn BRATT		#2 Concordia (Neb. \{5\}1:02.36	3/28	3		London ROGGE	JR	#5 Morningside (lov{3}20:41.35	3/29
10	Mackenzie STANLEY			3/28	4		Joy JEPKORIR	FR	#3 Midland (Neb.) 20:55.13	3/23
10				5/20	5		Danielle WOOD	SR	#8 Waldorf (Iowa) 21:06.27	3/22
1 7			400 Meter Hurdles	2/20	6		Autumn SIMONS	SR	#9 College of Saint 21:19.19	3/28
1 7			#7 Hastings (Neb.) 1:03.18	3/28	7		Lillian DAHLHAUSER	FR	#5 Morningside (lov{4}21:23.74	3/29
	L Kaitlin WERCINSKI	FR		3/28	8		Maddie BERGSTROM	FR	#3 Midland (Neb.) {2}21:24.26	3/23
	Chaney NELSON	SO	· · ·	3/28	9		Ellie ZEUTENHORST	JR	#4 Northwestern (Ic 21:53.04 OT	3/28
	Lucy CAREY	FR	• • • • • •	3/15	10		Katelyn IWATA	FR	#1 Doane (Neb.) 22:30.21	3/28
	Brandi PECK	JR	#8 Waldorf (lowa) 1:13.12 #2 Concordia (Neb.) 1:13.85	3/22			Wo	me	n's 10,000 Meters	
6	Landrey WALTER	JR		3/28	1	37	7 Danielle WOOD	-	#8 Waldorf (Iowa) 46:13.17	3/28
7	Kenna GUSTAFSON	FR	•	3/28					s 5000m Race Walk	5,25
8	Ava REESE	rk	#7 Hastings (Neb.) {3}1:24.37	3/28	1	11	Ava BRACKHAN		#7 Hastings (Neb.) 33:46.23	3/28
							Destini JOHNSON	FR		
					2	T	Destill JOHNSON	rĸ	#7 Hastings (Neb.) {2}35:58.82	3/28







						GP	PAC	<u>:</u>			as o	f 4/1/2025	7:53:35 A	M ET
	W	ome	en's 4x100 Relay	,					И	/om	en's Long Jum	n		
1 8	RaeAnn Thompson,		#1 Doane (Neb.)	47.04		3/28	1	69	Kinsey ALT	_	#5 Morningside (lov		16-6½ (3.7	7) 3/28
	Morgan Mahoney,						2	94	Ava LUDWIG		#10 Dakota Wesleya		16-½ (2.9)	3/28
	Kat Vogt, Neryah Hekl						3		Dani DEFFENBAUGH	SO	#10 Dakota Wesleya	{2} 4.73mw	15-6¼ (3.3) 3/28
2 19	Cambria Saunders, Kayla Kirchner, Emily		#2 Concordia (Neb.)	48.01		3/28	4		Kamerin TURNER	FR	#7 Hastings (Neb.)	4.70m	15-5 (-0.7)	3/15
	Loseke, Adrianna						5		Dayle HAAKE	FR	#1 Doane (Neb.)	4.61mw	15-1½ (3.3	3/28
	Rodencal						6		Farrah WILSON	FR	#3 Midland (Neb.)	4.40m	14-51/4 (-0.	8) 3/23
3 33	Ryli Thompsen, Ada Dekkers, Kailee		#6 Dordt (Iowa)	49.60 O	Г	3/28	7		Madelynn DOUGHERTY	FR	#3 Midland (Neb.)	{2} 4.37m	14-4 (-2.6)	3/23
	Altena, Lydia Herman									,	anda Tainda dana			
4 37	Lauren Waypa,		#4 Northwestern (Ic	49.89 OT	г	3/28		-	-	_	en's Triple Jum	_	22 51/ / 1	1) 2/22
	Emma Blum, Erin Heusinkveld, Tierney						1	64	Madelynn DOUGHERTY	FR	#3 Midland (Neb.)	9.89m	32-5½ (-1	1) 3/23
	Huss						2	74	Kenna GUSTAFSON	FR	#4 Northwestern (Id	9.65m	31-8 (1.3)	3/28
5 42	Dala Drowne, Aurora		#3 Midland (Neb.)	50.08		3/28	3	77	Farrah WILSON	FR	#3 Midland (Neb.)	{2} 9.56m	31-4½ (-2.	3) 3/23
	Griffin, Farrah Wilson,									Wor	nen's Shot Put			
	Rianna Greene		W711 12 12 12 12 1			0/22	1	2	Abigail GERBER	SR	#2 Concordia (Neb.	14.09m	46-2¾	3/28
6 56	Kamerin Turner, Ava Reese, Cecilia		#7 Hastings (Neb.)	51.52		3/28	2	10	Alivia BAUCOM	JR	#1 Doane (Neb.)	13.30m	43-7¾	3/28
	Velarde, Lucy Carey						3	11	Claire CASPERSEN	SR	#9 College of Saint	13.28m	43-7	3/28
	W	ome	en's 4x400 Relay	,			4	13	Abby MAGNUSON	SR	#10 Dakota Wesleya	13.15m	43-1¾	3/28
1 31	Macy Schroeder,		#4 Northwestern (Ic		ОТ	3/28	5	17	Grace DEAN	FR	#1 Doane (Neb.)	{2} 12.62m	41-5	3/28
	Brielle Engelmann, Kendra Zeutenhorst,		, ,			-, -	6	35	Madison HEUSINKVELT	FR	#1 Doane (Neb.)	{3} 12.23 m	40-11/2	3/28
	Allison Hough						7	37	Payton CAST	FR	#1 Doane (Neb.)	{4} 12.16m	39-10¾	3/28
	И	om/	en's High Jump				8		Fran TRAVIS	FR	#6 Dordt (Iowa)	11.98m		3/28
1 3	Jacie VANDER WAAL	SR	#4 Northwestern (Ic	1.72m	5-73/4	3/28	9	62	Kajsa FINNERN	FR	#2 Concordia (Neb.	{2} 11.70m	38-4¾	3/28
2 13	Kerrigan MYERS	SR	#3 Midland (Neb.)	1.66m	5-5½	3/28	10		Aliyah SINN	so	#2 Concordia (Neb.			3/28
2 13	Krista HARDY	JR	#3 Midland (Neb.)	1.66m	5-51/4	3/28	10	66	Brittni KINNE	SO	#2 Concordia (Neb.	{3} 11.65m	38-2¾	3/28
4 21	Aubrey DEGROOT	SO	#4 Northwestern (Id{2	2} 1.61m	5-31/4	3/28				Wo	men's Discus			
4 21	Hannah NEWTON	SR	#3 Midland (Neb.) {3	3} 1.61m	5-31/4	3/23	1	1	Madison SUTTON	SR		50.39m	165-4	3/28
4 21	Katelynn KRATZ	FR	#1 Doane (Neb.)	1.61m	5-31/4	3/28	2	2	Alivia BAUCOM	JR		{2} 49.06m	161-0	3/28
7 31	Amanda STEINKE	SR	#2 Concordia (Neb.)	1.56m	5-11/4	3/28	3	6	Grace DEAN	FR		{3} 45.74m		3/28
7 31	Zailee POULSON	SR	#7 Hastings (Neb.)	1.56m	5-11/4	3/28	4	7	Makenna WALHOF	SO	#6 Dordt (Iowa)	45.58m	149-7	3/28
9 50	Karli SWART	SO	#4 Northwestern (Id{3	3} 1.51m	4-111/2	3/28	5	12	Fran TRAVIS	FR	#6 Dordt (Iowa)	{2} 44.43 m	145-9	3/28
9 50	Elizabeth HEINEN	FR	#10 Dakota Wesleyar	1.51m	4-111/2	3/28	6	19	Delaney BURGE	SO	#1 Doane (Neb.)	{4} 42.07m	138-0	3/28
9 50	Dala DROWNE	SO	#3 Midland (Neb.) {4	4} 1.51m	4-11½	3/28	7	23	Harper BOCHE	FR	#2 Concordia (Neb.	41.24m	135-4	3/28
	И	/om	en's Pole Vault				8	26	Sara DIEW	JR	#3 Midland (Neb.)	40.97m	134-5	3/28
1 2	Kaylee PRIBYL	SO	#1 Doane (Neb.)	3.95m	12-11½	3/28	9	29	Carissa KOLLE	FR	#2 Concordia (Neb.	{2} 40.64m	133-4	3/28
2 11	Kennedy STANLEY	JR	#1 Doane (Neb.) {2	2} 3.45m	11-3¾	3/28	10	33	Abby MAGNUSON	SR	#10 Dakota Wesleya	39.95m	131-1	3/28
3 15	Kayla SVOBODA	JR	#2 Concordia (Neb.)	3.30m	10-9¾	3/28				Wor	nen's Hammer			
3 15	Lillee RICHARD	FR	#2 Concordia (Neb.)	3.30m	10-9¾	3/28	1	4	Madison SUTTON	SR	#1 Doane (Neb.)	51.75m	169-10	3/28
5 19	Aleigh ZETTLE	FR	· ·	3.20m	10-6	3/28	2	5	Abi WOHLGEMUTH	SR	#2 Concordia (Neb.	51.65m	169-6	3/28
	Maiya SPEER	FR			10-0	3/28	3	9	Makenna WALHOF	SO	#6 Dordt (Iowa)	50.65m	166-2	3/28
	Aliana MCNAIR	SO	#2 Concordia (Neb. [3		9-10	3/28	4	13	Mia KNIGGE	JR		{2} 48.72 m	159-10	3/28
	McKenzie BOHLEN	FR	#2 Concordia (Neb. [3		9-10	3/28	5	18	Maren HETTINGA	JR	#6 Dordt (Iowa)	{2} 47.73 m	156-7	3/28
	Mariah TESSMAN	FR		3} 3.00m	9-10	3/28	6	21	Marissa HEINS	SO	#2 Concordia (Neb.	{2} 46.30m	151-11	3/28
	Jerzi MAHER	JR		4} 2.85m	9-41/4	3/28	7	25	Jenna GLEASON	SR		{3} 45.98m		3/28
10 48	Natalee	JR	#1 Doane (Neb.) {4	4} 2.85m	9-41/4	3/28	8	42	Abigail GERBER	SR	#2 Concordia (Neb.	{3} 44.43m	145-9	3/28
10 40	KEODOUANGDY Ellee VANBUSKIRK	SR	#2 Concordia (Neb. [5	51 2 85 m	9-41/4	3/28	9	43	Aliyah SINN	SO	#2 Concordia (Neb.	{4} 44.38m	145-7	3/28
	Cassie PEATROWSKY	SO			9-41/4	3/28	10	48	Kylee HASSELMANN	JR	#7 Hastings (Neb.)	43.56m	142-11	3/28



WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



GPAC as of 4/1/2025 7:53:35 AM ET

	Women's Javelin										
1	18	Madalynn RHODES	SR	#9 College of Saint I	38.02m	124-9	3/28				
2	21	Gretchen STOTTLEMYRE	SR	#2 Concordia (Neb.)	37.66m	123-7	3/28				
3	39	Kalli SUTTON	SO	#1 Doane (Neb.)	35.76m	117-4	3/28				
4	48	Jacee TINDALL	JR	#5 Morningside (lov	35.17m	115-5	3/28				
5	50	Shyanne PIPKIN	JR	#3 Midland (Neb.)	34.93m	114-7	3/23				
6	54	Carissa KOLLE	FR	#2 Concordia (Neb. [2]	34.24m	112-4	3/28				
6	54	Ellie LLOYD	FR	#7 Hastings (Neb.)	34.24m	112-4	3/28				
8	57	Mattie POHL	SO	#1 Doane (Neb.) {2	34.14m	112-0	3/28				
9	60	Lilly PETERS	FR	#11 Briar Cliff (Iowa)	33.38m	109-6	3/21				
10	63	Addison REIMER	SO	#2 Concordia (Neb.][3]	33.16m	108-10	3/28				







					GS	AC	:				as of 4/1/2025	7:53:35 AM ET
	W	om/	en's 100 Meters					Wom	en's	4	00 Meter Hurdles	
1	Juliette COLUNGA	SO	#1 The Master's (Ca 12.91	(1.8)	3/8	1	18	Shaylee QUENZER	FR	#2	Arizona Christiar 1:05.44	3/29
2	Georgia GOMEZ	FR	#2 Arizona Christiar 12.92w	(2.2)	3/15	2	34	Olivia NANTZ	FR	#1	The Master's (Ca 1:06.77	3/22
3	Rylan RHODES	FR	#2 Arizona Christiar(2) 13.14	(1.7)	3/15	3	42	Mallory TURNER	JR	#4	Park (Ariz.) 1:07.62	3/22
4	Adjua GIBB GABRIEL		#1 The Master's (Ca{2}13.48w	(3.8)	3/14	4	55	Nardia PADILLA	SR	#4	Park (Ariz.) {2}1:08.97	3/22
5	Annabel JOHNSON	FR	#2 Arizona Christiar(3) 13.50	(0.7)	3/15	5	71	Jade ROBERTS	SR	#2	Arizona Christiar{2}1:10.67	3/29
6	Ashleey MILTON	JR	#1 The Master's (Ca{3}13.61	(0.3)	3/22	6	84	Joanne NOORDAM	FR	#1	The Master's (Ca{2}1:11.75	3/22
6	Niyema KEITH	FR	#2 Arizona Christiar(4) 13.61	(1.7)	3/15	7	87	Emma NELSON	JR	#1	The Master's (Ca{3}1:12.17	3/22
8	Joanne NOORDAM	FR	#1 The Master's (Ca{4}13.79	(1.5)	3/8	8		Abigayle HARVISTON	FR	#2	Arizona Christiar{3}1:15.14	3/15
9	Jaton PARKS	FR	#2 Arizona Christiar(5) 13.84	(-1.1)	3/29	9		Johanna JESSOP	SR	#4	Park (Ariz.) {3}1:15.86	3/8
.0	Limariya MILLAGE	FR	#5 Ottawa (Ariz.) 14.03	(0.9)	3/22	10		Niyema KEITH	FR	#2	Arizona Christiar{4}1:24.81	3/8
	Wom	en's	100 Meter Hurdles					W	om/	en	's 800 Meters	
1 64	Mallory TURNER	JR	#4 Park (Ariz.) 15.70	(1.1)	3/8	1	5	Ellen PALMGREN	SR	#1	The Master's (Ca 2:13.98	3/8
2 81	. Nardia PADILLA	SR	#4 Park (Ariz.) {2}16.36	(0.4)	2/15	2	6	Hannah FREDERICKS	SR	#1	The Master's (Ca{2}2:14.54	3/15
3 88	Shaylee QUENZER	FR	#2 Arizona Christiar 16.49	(0.9)	3/15	3	46	Raelyn YOSHIOKA	SO	#3	Embry-Riddle (A 2:21.32	3/28
4 96	Niyema KEITH	FR	#2 Arizona Christiar(2) 16.67	(1.3)	3/15	4	60	Rebekah NIEDNAGEL	JR	#1	The Master's (Ca{3}2:22.55	3/15
5	Jade ROBERTS	SR	#2 Arizona Christiar(3) 17.14	(0.9)	3/15	5	80	Maryan SHARIF	SR	#4	Park (Ariz.) 2:25.11	3/22
6	Lucy LOVELACE	JR	#2 Arizona Christiar {4} 17.27	(1.3)	3/15	6	89	Suzie JOHNSON	JR	#1	The Master's (Ca{4}2:25.53	3/8
7	McKenna ROGERS	SO	#2 Arizona Christiar(5) 17.37	(1.1)	3/8	7		Aubrey KUCK	FR	#1	The Master's (Ca{5}2:27.22	3/8
8	Abigayle HARVISTON	FR	#2 Arizona Christiar(6) 17.94	(1.3)	3/15	8		Makenna BRAY	SR	#3	Embry-Riddle (A{2}2:28.37	3/15
9	Cheney GOMEZ	SO	#2 Arizona Christiar{7}18.32	(1.3)	3/15	9		Madison TURNER	JR	#4	Park (Ariz.) {2}2:28.53	3/22
.0	Abby ROWEDDER	JR	#1 The Master's (Ca 21.36	(0.1)	3/21	10		Kaesha GUILLAUME	SR	#2	Arizona Christiar 2:29.36	3/29
	W	om/	en's 200 Meters					W	ome	n'	s 1500 Meters	
1	Georgia GOMEZ	FR	#2 Arizona Christiar 27.08	(0.7)	3/8	1	2	Hannah FREDERICKS	SR	#1	The Master's (Ca 4:26.24	3/21
2	Lucy LOVELACE	JR	#2 Arizona Christiar(2)27.62	(1.2)	3/28	2	7	Rebekah NIEDNAGEL	JR	#1	The Master's (Ca{2}4:36.72	3/21
3	Rylan RHODES	FR	#2 Arizona Christiar(3) 27.69w	(2.7)	3/8	3	12	Suzie JOHNSON	JR	#1	The Master's (Ca{3}4:40.55	3/21
4	Olivia NANTZ	FR	#1 The Master's (Ca 27.92	(0.0)	2/8	4	17	Ellen PALMGREN	SR	#1	The Master's (Ca{4}4:43.29	3/21
5	Kaydence TSINIGINE	FR	#5 Ottawa (Ariz.) 28.11	(1.0)	3/22	5	40	Kylie MONSON	FR	#3	Embry-Riddle (A 4:52.65	3/28
6	McKenna ROGERS	SO	#2 Arizona Christiar(4) 28.26	(1.5)	3/15	6	55	Makenna BRAY	SR	#3	Embry-Riddle (A{2}4:55.93	3/28
7	Annabel JOHNSON	FR	#2 Arizona Christiar(5) 28.43	(-1.0)	3/29	7	71	Elyse GRANT	FR	#3	Embry-Riddle (A{3} 4:58.07	3/8
7	Crystal KERSON	so	#2 Arizona Christiar(5) 28.43	(0.7)	3/8	8	91	Kaesha GUILLAUME	SR	#2	Arizona Christiar 5:01.76	3/29
9	Kate DIRKES	FR	#2 Arizona Christiar(7) 28.45	(-2.6)	3/29	9	96	Raelyn YOSHIOKA	SO	#3	Embry-Riddle (A{4}5:03.07	3/15
.0	Ashleey MILTON	JR	#1 The Master's (Ca{2}28.57w	(2.5)	3/15	10	100	Ella HOWE	FR	#1	The Master's (Ca{5}5:03.89	3/15
	W		en's 400 Meters					Wo	me	n's	Steeplechase	
1 85	Olivia NANTZ	_	#1 The Master's (Ca 1:00.70		3/8	1	2	Emma NELSON	JR		The Master's (Ca 10:49.3	4 3/21
2	Joanne NOORDAM		#1 The Master's (Ca{2}1:02.60		3/15	2	4	Zoe TIZARD	SO		Embry-Riddle (A 11:10.94	
3	Shaylee QUENZER		#2 Arizona Christiar 1:03.29		12/7	3		Brooke CREGAN	JR		The Master's (Ca{2}11:23.7	
4	Madison TURNER		#4 Park (Ariz.) 1:03.95		3/22			Megan TURNER	SR		The Master's (Ca{3}12:06.4	
5	Jade ROBERTS	SR	#2 Arizona Christiar{2}1:07.83		12/7			Kaesha GUILLAUME	SR		Arizona Christiar 12:07.5	
6	Crystal KERSON		#2 Arizona Christiar(3)1:07.86		3/8			Fionnula CAREW			Embry-Riddle (A{2}12:15.14	
7	Adalien SANTA MARIA		#2 Arizona Christiar(4)1:08.07		3/29			Kylie PAGE			The Master's (Ca{4}13:16.9	
8	Iyanna TOLLIVER		#2 Arizona Christiar{5}1:10.62		3/29		-				(3.0)	-,
9	Abigayle HARVISTON		#2 Arizona Christiar(6)1:10.77		12/7							
.0	Abby ROWEDDER	JR			3/8							
.5	AND Y NOWED DEN	JI			3/0							



Women's Pole Vault

SO #2 Arizona Christiar 3.51m 11-61/4

1 8 McKenna ROGERS





Women's 5000 Meters Women's Long Ju 1 5 Alyssa LOVETT JR #1 The Master's (Ca 16:58.76 3/21 1 1 15 Rylan RHODES FR #2 Arizona Chris	s of 4/1/2025 7:53:36 AM ET
	тр
The state of the s	•
2 10 Emma NELSON JR #1 The Master's (Ca{2}17:13.39 3/8 2 72 Johanna JESSOP SR #4 Park (Ariz.)	5.03m 16-6 (0.8) 3/8
3 18 Ellen PALMGREN SR #1 The Master's (Ca{3}17:51.16 3/8 3 85 Kaydence TSINIGINE FR #5 Ottawa (Ariz.) 4.94m 16-2½ (0.0) 3/22
4 19 Zoe TIZARD SO #3 Embry-Riddle (A 17:51.58 3/8 4 98 Cheney GOMEZ SO #2 Arizona Chris	tiar{2} 4.84m 15-10½ (0 <mark>.0 3/29</mark>
5 24 Mia KEMP FR #3 Embry-Riddle (A{2}18:11.86 3/15 5 Lucy LOVELACE JR #2 Arizona Chris	tiar{3} 4.83m 15-10¼ (- <mark>0. 3/28</mark>
6 31 Brooke CREGAN JR #1 The Master's (Ca{4}18:28.70 3/8 6 Kayli LINCOLN SO #1 The Master's	(Ca 4.81m 15-9½ (0.0) 3/22
7 32 Ella HOWE FR #1 The Master's (Ca{5}18:29.02 3/21 7 Nardia PADILLA SR #4 Park (Ariz.)	{2} 4.75m 15-7 (0.8) 3/22
8 69 Tiffany TERRY JR #3 Embry-Riddle (A{3}18:52.36 3/15 8 Abby ROWEDDER JR #1 The Master's	(Ca{2}3.75m 12-3¾ (0.0) 3/21
9 75 Erini SHAKER	
	(Ca 10.91m 35-9½ (0.3) 2/8
Women's 10,000 Meters Women's Shot P	
1 8 Mia KEMP FR #3 Embry-Riddle (A 37:49.62 3/8 1 Sedona DIETRICH FR #2 Arizona Chris	
2 17 Fionnula CAREW SO #3 Embry-Riddle (A{2}41:22.37 3/8 2 Brianna IRONSIDE SR #1 The Master's	
Women's 4x100 Relay 3 Abby ROWEDDER JR #1 The Master's	
1 47 Georgia Gomez, #2 Arizona Christiar 50.37 3/15 4 Kayla HOURIGAN JR #2 Arizona Christiar	,
Annabel Johnson, 5 Lucy LOVELACE JR #2 Arizona Chris	
Rylan Rhodes, Jade 6 Adalien SANTA MARIA JR #2 Arizona Chris	7.7
Roberts	
2 53 Juliette Colunga, #1 The Master's (Ca 51.30 3/8	
Joanne Noordam, 1 57 Cheney GOMEZ SO #2 Arizona Chris Ashleey Milton, Olivia 2 65 Sedona DIETRICH ED #2 Arizona Chris	
Nantz	tiar{2}37.36m 122-7 3/29
3 Georgia GOMEZ FR #2 Arizona Chris	tiar{3}30.64m 100-6 3/29
Limariya Millage, 4 Kayla HOURIGAN JR #2Arizona Chris	tiar{4} 27.96m 91-8¾ 3/8
	tiar{5}18.78m 61-7½ 3/29
Kaydence Tsinigine Women's Hamm	
Women's 4x400 Relay 1 85 Brianna IRONSIDE SR #1 The Master's	
1 26 Jade Roberts, #2 Arizona Christiar 4:10.91 3/15 2 Sedona DIETRICH FR #2 Arizona Chris	tiar 32.76m 107-6 3/29
Georgia Gomez, Shaylee Quenzer, 3 Kayla HOURIGAN JR #2 Arizona Chris	tiar{2} 31.56m 103-7 3/8
Lucy Lovelace 4 Adalien SANTA MARIA JR #2 Arizona Chris	tiar{3} 17.43m 57-21/4 3/29
2 62 Tori Church, Brooke #1 The Master's (Ca 4:42.43 2/8 Women's Javeli	n
Cregan, Kimberly 1 Lucy LOVELACE JR #2 Arizona Chris	tiar 29.21m 95-10 3/8
Page, Aubrey Kuck 2 Cheney GOMEZ SO #2 Arizona Chris	tiar{2} 28.42m 93-3 3/29
3 65 Ashley Garcia, Sofia Miranda, Kaydence #5 Ottawa (Ariz.) 4:48.61 3/15 3 Ashleey MILTON JR #1 The Master's	(Ca 26.76m 87-9½ 3/22
Tsinigine, Allison 4 Rylan RHODES FR #2 Arizona Chris	tiar{3} 26.68m 87-6½ 3/8
Maethner 5 McKenna ROGERS SO #2 Arizona Chris	tiar{4}25.56m 83-101/4 3/29
Women's 4x800 Relay 6 Abby ROWEDDER JR #1 The Master's	(Ca{2}23.40m 76-91/4 3/8
	tiar{5} 22.03m 72-3½ 3/29
Suzie Johnson, 8 Adalien SANTA MARIA JR #2 Arizona Chris	tiar{6}21.90m 71-10 ¹ / ₄ 3/29
Rebekah Niednagel, 9 Sedona DIETRICH FR #2 Arizona Chris	tiar{7} 21.12m 69-3½ 3/29
Ellen Palmgren	lon
Women's High Jump 1 12 Lucy LOVELACE JR #2 Arizona Chris	
1 61 Katrina GORAUSKAS JR #1 The Master's (Ca 1.50m 4-11 1/25 2 1 Abby ROWEDDER JR #1 The Master's	,
Women's High Jump 1 61 Katrina GORAUSKAS JR #1 The Master's (Ca 1.50m 4-11 1/25 2 73 Mallory TURNER JR #4 Park (Ariz.) 1.49m 4-10½ 3/8 1 1 12 Lucy LOVELACE 2 21 Abby ROWEDDER JR #1 The Master's The Master's (Ca) 3/8	
Women's High Jump 1 61 Katrina GORAUSKAS JR #1 The Master's (Ca 1.50m 4-11 1/25 2 73 Mallory TURNER JR #4 Park (Ariz.) 1.49m 4-10½ 3/8 3 97 Lucy LOVELACE JR #2 Arizona Christiar 1.45m 4-9 3/28	-1
### Park (Ariz.) 1.45m 4-9 3/28 McKenna ROGERS SO #2 Arizona Christiar {2}1.38m 4-6¼ 3/29	
Women's High Jump 1 61 Katrina GORAUSKAS JR #1 The Master's (Ca 1.50m 4-11 1/25 2 73 Mallory TURNER JR #4 Park (Ariz.) 1.49m 4-10½ 3/8 3 97 Lucy LOVELACE JR #2 Arizona Christiar 1.45m 4-9 3/28	



WOMEN — 2025 Checkpoint #1, April 1



						НВС	UA	AC .		as of	f 4/1/2025 7	:53:36 AM ET
	V	Vom	en's 100 Meter	rs					Wom	en's 800 Meters	S	
1	7 Kevell BYRD	SR	#1 Dillard (La.)	11.84w	(2.6)	3/22	1	Jewel CROSS	SO	#3 Talladega (Ala.)	2:30.13	3/29
2 1	7 Tori BURTON	JR	#1 Dillard (La.)	{2} 12.01	(0.9)	3/22	2	Caitlyn GORDON	FR	#1 Dillard (La.)	2:36.48	3/29
3 1	Ta'nijal MATTHEWS	SR	#1 Dillard (La.)	{3} 12.07w	(2.6)	3/29	3	Ja'Neisha COLLINS	JR	#4 Philander Smith	2:36.66	3/22
4 4	10 Lamoy DUFFUS	SR	#3 Talladega (Ala.)	12.31	(-0.9)	3/22	4	Brooklyn ACOSTA	SR	#1 Dillard (La.)	{2} 2:45.61	3/29
5 7	1 Dhenecia PINNOCK	JR	#3 Talladega (Ala.)	{2} 12.49	(0.6)	3/9	5	Ariel JOHNSON	SO	#4 Philander Smith	{2} 2:51.09	3/8
6	Dhaenia PINNOCK	JR	#3 Talladega (Ala.)	{3} 12.71w	(2.3)	3/9	6	Kennedy TIMMONS	JR	#1 Dillard (La.)	{3} 2:52.82	3/29
7	Ariel JOHNSON	so	#2 Wiley (Texas)	12.88	(0.6)	3/22	7	Maya JONES	so	#4 Philander Smith	{3} 2:53.57	3/22
8	Kishawna WALLACE	SR	#3 Talladega (Ala.)	{4} 12.89	(0.6)	3/9	8	Jaiaa SIMS	SO	#6 Stillman (Ala.)	3:28.49	3/22
9	Meeyesha TUTT-	JR	#2 Wiley (Texas)	{2} 13.08	(1.4)	3/15			Wome	en's 1500 Meter	'S	
	MOOTOUO						1	Jewel CROSS		#3 Talladega (Ala.)	5:22.83	3/9
10	Kaiden TAYLOR	SO	#2 Wiley (Texas)	{3} 13.09w	(2.2)	3/15	2	Ja'Neisha COLLINS		#4 Philander Smith	5:37.11	3/22
	Won	ien's	100 Meter Hu	rdles			3	Brooklyn ACOSTA	SR	#1 Dillard (La.)	5:41.82	3/29
1 1	8 Ariel JOHNSON	so	#2 Wiley (Texas)	14.72w	(3.1)	3/22	4	Jakatelyn THOMAS		#2 Wiley (Texas)	6:43.12	3/15
2 5	9 Laila JOHNSON	FR	#1 Dillard (La.)	15.59	(-1.0)	3/22	5	Kennedy TIMMONS			{2} 6:49.46	3/22
3 7	'5 Aliana TAYLOR	FR	#3 Talladega (Ala.)	16.14	(0.3)	3/22	6	Jaiaa SIMS	SO	#6 Stillman (Ala.)	8:00.11	3/22
4	Darnee WILLIAMS	JR	#1 Dillard (La.)	{2} 16.92	(-1.0)	3/22			Wome	en's 5000 Meter	'C	
5	Trinity MARSHALL	JR	#1 Dillard (La.)	{3} 17.49	(-0.2)	3/22	1	 Jewel CROSS	SO	The state of the s	21:52.43	3/22
6	Jakayla BROWN	FR	#7 Voorhees (S.C.)	18.25w	(2.3)	3/22	2	Jade THOMPSON-		#3 Talladega (Ala.)		3/29
7	Shaloni WALKER	FR	#1 Dillard (La.)	{4} 20.23	(1.0)	3/29	_	PARKER		rattaacga (ritar)	(2) 33.33.33	3,23
	V	Vom	en's 200 Meter	rs			3	Tia'monie JACKSO	N FR	#3 Talladega (Ala.)	{3} 34:55.57	3/29
1	5 Kevell BYRD	SR	#1 Dillard (La.)	24.20	(1.4)	3/29			Wome	en's 4x100 Rela	V	
2 1	18 Tori BURTON	JR	#1 Dillard (La.)	{2} 24.81	(0.6)	3/22	1	2 Tori Burton, Kevell		#1 Dillard (La.)	46.08	3/22
3 3	5 Ta'nijal MATTHEWS	SR	#1 Dillard (La.)	{3} 25.33 w	(2.1)	3/29	-	Byrd, Ta'nijal		- Mara (Las)	10.00	0,22
4 5	7 Dhenecia PINNOCK	JR	#3 Talladega (Ala.)	25.71w	(2.2)	3/9		Matthews, Laila				
5 6	3 Lamoy DUFFUS	SR	#3 Talladega (Ala.)	{2} 25.78 w	(2.2)	3/9		Johnson				
6	Ariel JOHNSON	SO	#2 Wiley (Texas)	27.28	(1.9)	3/22	2	16 Kishawna Wallace, Dhaenia Pinnock,		#3 Talladega (Ala.)	47.79	3/9
7	Kaiden TAYLOR	so	#2 Wiley (Texas)	{2} 27.30	(1.6)	3/22		Dhenecia Pinnock,				
8	Essence WREN	SR	# <mark>4</mark> Philander Smitl	h 27.36	(1.6)	3/22		Lamoy Duffus				
9	Kerrigan CLARK	FR	#6 Stillman (Ala.)	27.87	(1.8)	3/9	3	50 Kaiden Taylor, Rem		#2Wiley (Texas)	50.70	3/8
10	Remi PIERRE	FR	#2 Wiley (Texas)	{3} 27.90	(1.6)	3/22		Pierre, Ariel Johnso	on,			
	I/	Vom	en's 400 Meter	rs				Meeyesha Tutt- Mootouo				
1	8 Kevell BYRD	SR		56.48		3/29			Mom	en's 4x400 Rela	V	
	2 Ta'nijal MATTHEWS	SR	#1 Dillard (La.)	{2} 57.76		3/22	1	19 Ta'nijal Matthews,	WOIII	#1 Dillard (La.)	<i>y</i> 4:06.55	3/22
	3 Dhenecia PINNOCK	JR	#3 Talladega (Ala.)			3/29	1	Laila Johnson, Tori	i	Dittaru (La.)	4.00.55	3/22
4 7	'4 Tori BURTON	JR	_	{3} 1:00.41		3/29		Burton, Kevell Byro				
5	Yasmin PINES	JR	#1 Dillard (La.)	{4} 1:02.86		3/29	2	27 Lamoy Duffus,		#3 Talladega (Ala.)	4:11.53	3/29
6	Remi PIERRE	FR		1:04.02		3/8		Dhaenia Pinnock,				
7	Maya JONES	so	#4 Philander Smitl			3/22		Dhenecia Pinnock, Tia'monie Jackson				
8	Sukanya PEGESE	FR	#2 Wiley (Texas)	{2} 1:07.64		3/8	3	36 Remi Pierre, Kaider		#2Wiley (Texas)	4:16.72	3/15
9	Kaiden TAYLOR	so	#2 Wiley (Texas)	{3} 1:08.81		3/8	3	Taylor, Sukanya	11	witey (Texas)	4.10.72	3/13
10	Jakatelyn THOMAS		#2 Wiley (Texas)	{4} 1:09.93		3/22		Pegese, Meeyesha				
			400 Meter Hu					Tutt-Mootouo				
1	9 Laila JOHNSON	FR		1:04.00		3/29			Wome	en's 4x800 Rela	У	
2	Shaloni WALKER		#1 Dillard (La.)	{2} 1:21.64		3/23	1	24 Caitlyn Gordon,		#1 Dillard (La.)	11:46.37	3/22
_	SHOWN WILLER	I IX	Dittara (La.)	(2) 1.21.07		3/22		Kennedy Timmons Yasmin Pines, Brooklyn Acosta	,			
									Wom	en's High Jump	,	
							1	61 Aliana TAYLOR		#3 Talladega (Ala.)		4-11 3/22
							1	61 Alexis GOODMAN		#3 Talladega (Ala.)	1.50m	4-11 3/29



Conference TFRI Event Summary





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as of 4/1/2025 7:53:36 AM ET

		14/	om	on	le Long Jum	n		
1	20				's Long Jum Wiley (Texas)	ρ 5.36m	17-7 (0.4)	2 /0
1	30	Meeyesha TUTT- MOOTOUO	JR		, ,	3.30111		3/8
2	85	Kyla DEYON	SO		Wiley (Texas)	{2} 4.94mw	16-2½ (3.1)	3/15
3		Lamoy DUFFUS	SR		Talladega (Ala.)	4.80m	15-9 (-1.4)	3/22
4		Shaloni WALKER	FR		Dillard (La.)	4.65m	15-31/4 (0.0)	3/22
5		Ta'nijal MATTHEWS	SR		Dillard (La.)	{2} 4.57mw	15-0 (2.3)	3/29
6		Sukanya PEGESE	FR		Wiley (Texas)	{3} 4.54m	14-10¾ (1.8	3/8
7		Trinity MARSHALL	JR	#1	Dillard (La.)	{3} 4.42m	14-6 (-0.4)	3/22
		Wo	ome	en'	s Triple Jum	ıp_		
1	18	Meeyesha TUTT- MOOTOUO	JR	#2	Wiley (Texas)	11.17mv	y 36-7¾ (3.2)	3/22
2	36	Shaloni WALKER	FR	#1	Dillard (La.)	10.69mv	y 35-1 (2.1)	3/29
3	38	Kyla DEYON	so	#2	Wiley (Texas)	{2} 10.54m	34-7 (1.4)	3/15
4	58	Trinity MARSHALL	JR	#1	Dillard (La.)	{2} 10.05m	32-11¾ (- <mark>0.</mark>	3/29
			Vor	ne	n's Shot Put			
1		Shauntezz-Marie	JR		Dillard (La.)	11.11m	36-5½	3/15
		THOMAS						
2		Reign SNOWDEN	FR	#1	Dillard (La.)	{2} 10.92m	35-10	3/22
3		Victoria DOUGLAS	SO		Philander Smith	10.51m	34-5¾	3/22
4		Lauren HALL	SO		Dillard (La.)	{3} 10.25m	33-7½	3/22
5		Darnee WILLIAMS	JR		Dillard (La.)	{4} 10.00m	32-9¾	3/22
6		Jacquelyn BOWNES	SR	#5	Fisk (Tenn.)	9.68m	31-91/4	3/29
6		Destiny MCFADDEN	FR	#7	Voorhees (S.C.)	9.68m	31-91/4	3/22
8		Jordyn PINKSTON	SO	#6	Stillman (Ala.)	9.67m	31-8¾	3/9
9		Charra BRIDGES	SR		Dillard (La.)	{5} 9.55m	31-4	3/29
10		Sydney JOHNSON	JR	#5	Fisk (Tenn.)	{2} 7.93m	26-1/4	3/29
			Wo	m	en's Discus			
1		Jacquelyn BOWNES	SR	#5	Fisk (Tenn.)	31.18m	102-4	3/29
2		Destiny MCFADDEN	FR	#7	Voorhees (S.C.)	29.96m	98-3½	3/22
3		Charra BRIDGES	SR	#1	Dillard (La.)	25.42m	83-4¾	3/29
4		Victoria DOUGLAS	SO	#4	Philander Smith	25.23m	82-91/2	3/15
5		Sydney JOHNSON	JR	#5	Fisk (Tenn.)	{2} 24.42m	80-11/2	3/29
6		Jordyn PINKSTON	SO	#6	Stillman (Ala.)	22.84m	74-111/4	3/9
7		Elisa CLAY	SO	#2	Wiley (Texas)	21.83m	71-71/2	3/15
8		Jean MARIE FARINHA	JR	#2	Wiley (Texas)	{2} 20.66m	67-91/2	3/15
9		Ladaija FITZGERALD	SO	#2	Wiley (Texas)	{3} 18.84m	61-9¾	3/22
10		Netanya-Love DUCKSWORTH	FR	#3	Talladega (Ala.)	18.61m	61-3/4	3/29
		l l	Vor	ne	n's Hammer			
1	62	Reign SNOWDEN	FR		Dillard (La.)	42.54m	139-7	3/22
2		Charra BRIDGES	SR	#1	Dillard (La.)	{2} 31.54m	103-6	3/22
3		Lauren HALL	so	#1	Dillard (La.)	{3} 27.85m	91-4½	3/29
4		Elisa CLAY	SO	#2	Wiley (Texas)	26.06m	85-6	3/8
5		Remi PIERRE	FR	#2	Wiley (Texas)	{2} 23.18m	76-¾	3/15
6		Darnee WILLIAMS	JR	#1	Dillard (La.)	{4} 21.30m	69-10¾	3/22
7		Trinity MARSHALL	JR	#1	Dillard (La.)	{5} 18.20m	59-81/2	3/29
8		Ladaija FITZGERALD	so	#2	Wiley (Texas)	{3} 17.40m	57-1	3/8

		Wo	men's Javelin			
1	65 Sydney JOHNSON	JR	#5 Fisk (Tenn.)	33.06m	108-6	3/29
2	Charra BRIDGES	SR	#1 Dillard (La.)	27.84m	91-41/4	3/29
3	Alexis GOODMAN	FR	#3 Talladega (Ala.)	25.11m	82-43/4	3/22
4	Lauren HALL	SO	#1 Dillard (La.)	{2} 22.61m	74-21/4	3/29
5	Shauntezz-Marie	JR	#1 Dillard (La.)	{3} 21.73 m	71-31/2	3/22
	THOMAS					
6	Trinity MARSHALL	JR	#1 Dillard (La.)	{4} 20.92m	68-7¾	3/29
7	Reign SNOWDEN	FR	#1 Dillard (La.)	{5} 20.71m	67-11½	3/29
8	Netanya-Love	FR	#3 Talladega (Ala.)	{2} 20.47m	67-2	3/9
	DUCKSWORTH					
9	Ladaija FITZGERALD	so	#2Wiley (Texas)	19.82m	65-1/2	3/15
10	Jean MARIE FARINHA	JR	#2Wiley (Texas)	{2} 17.15m	56-31/4	3/15



Conference TFRI Event Summary



3/22

SR #3 Kansas Wesleyar [4] 18:51.06

	`					KC	CAC	:			as of 4/1/2025 7:53:36 A	AM ET
	W	'om	en's 100 Meter	'S					Wom	en'	s 400 Meter Hurdles	
1 3	Tiyna RIDGE	SO	#5 Friends (Kan.)	11.68w	(3.6)	3/22	1	5	JayOnna PERRY	JR	#4 Ottawa (Kan.) 1:02.54	3/22
2 7	Gretchen RANEY	SR	#1 Saint Mary (Kan	11.84	(1.5)	3/28	2	10	Hope CRABTREE	FR	#1 Saint Mary (Kan. 1:04.05	3/22
3 18	Roy'Janae BROWN	SO	#4 Ottawa (Kan.)	12.05w	(3.6)	3/28	3	17	Liberty WILES	JR	#2 Evangel (Mo.) 1:05.13	3/22
4 25	Kyah HILL	SR	#9 Southwestern (I	12.13w	(2.5)	3/29	4	19	Taylor COLLINS	JR	#2 Evangel (Mo.) {2} 1:05.62	3/22
5 26	Jordyn WEEMS	SR	#4 Ottawa (Kan.)	{2} 12.16 w	(2.2)	3/22	5	57	Sydney BRYAN	FR	#2 Evangel (Mo.) {3}1:09.29	3/22
6 29	Rhianna HILL	FR	#5 Friends (Kan.)	{2} 12.18w	(3.8)	3/22	6	60	Gema DEL VALLE	JR	#5 Friends (Kan.) 1:09.72	3/28
7 32	Morgan LILLY	SO	#2 Evangel (Mo.)	12.19w	(2.4)	3/29	7	62	Jane DUTEIL	SR	#1 Saint Mary (Kan.{2}1:09.88	3/22
8 35	Alivia PARKER	FR	#2 Evangel (Mo.)	{2} 12.24w	(3.4)	3/29	8	79	Tanzania BARNES	SO	#4 Ottawa (Kan.) {2} 1:11.30	3/28
9 40	Delaney WEIMER	SR	#2 Evangel (Mo.)	{3} 12.31 w	(3.7)	3/29	9	85	Lauryn MIKKELSON	FR	#3 Kansas Wesleyar 1:11.82	3/28
10 53	Taylor COLLINS	JR	#2 Evangel (Mo.)	{4} 12.41w	(3.4)	3/29	10	91	Genesis JOHNSON	FR	#5 Friends (Kan.) {2} 1:12.96	3/22
	Wom	en':	s 100 Meter Hu	rdles					И	Vom	en's 800 Meters	
1 16	Jordyn MILLER-	SO	#1 Saint Mary (Kan	14.67	(1.2)	3/28	1	22	Sonya ZIMMERMAN	SR	#6 Tabor (Kan.) 2:17.83	3/30
	KNUCKLES		_				2	49	Mia ROMAN	SR	#7 Bethel (Kan.) 2:21.66	3/28
	Irian PADULLES	SR	• • • • • • • • • • • • • • • • • • • •	14.93w	(3.0)	3/28	3	73	Julianna MAXFIELD	SO	#6 Tabor (Kan.) {2} 2:24.25	3/30
	Gabriela MILLAN	SO	` '	{2} 15.07w	(2.9)	3/22	4	78	Hailey NORDHUS	FR	#3 Kansas Wesleyar 2:24.59	3/22
	Jane DUTEIL	SR			(1.0)	3/22	5	90	Macy KOPP	JR	#2 Evangel (Mo.) 2:25.67	3/29
	Hope CRABTREE	FR			(1.0)	3/22	6		Cleo NARANJO	FR	#7 Bethel (Kan.) {2} 2:27.01	3/28
	Liberty WILES	JR	#2 Evangel (Mo.)	15.62w	(2.5)	3/29	7		Madisyn EHRLICH	JR	7 1 7	3/28
	Sydney BRYAN	FR		{2}16.43	(2.0)	3/29	8		Makayla LITTLE	FR	#3 Kansas Wesleyar{3}2:30.72	3/28
8	Kylee SIPES	FR			(2.2)	3/28	9		Gabrielle SCHWABE	FR	` '	3/28
			en's 200 Meter				10		Hannah CRIBLEY	FR	#5 Friends (Kan.) {2}2:33.19	3/28
	Kyah HILL	SR	#9 Southwestern (I		(3.3)	3/13			W	om	en's 1500 Meters	
	Gretchen RANEY	SR			(1.8)	3/28	1	23	Madisyn EHRLICH	JR	#3 Kansas Wesleyar 4:46.65	3/22
	Jordyn WEEMS	SR		24.97	(1.8)	3/28	2	26	Carly HOLADIA	SO	#1 Saint Mary (Kan. 4:47.34	3/22
	Roy'Janae BROWN	SO		{2} 25.28	(2.0)	3/22	3	33	Josie TYRRELL	SO	21 17	3/22
	Morgan LILLY	SO		25.50w	(2.6)	3/29	4	62	Kate MADSEN	SR	21. 12	3/22
	Delaney WEIMER	SR		{2} 25.72 w	(2.6)	3/29	5		Josie KOPPES	SR	, , ,	3/22
	Jah-Nisha CAMPBELL	SO	#4 Ottawa (Kan.)	{3} 25.86w	(3.2)	3/28	6		Abigail WHITE	JR		3/22
	Deslyne COOPER	JR	#1 Saint Mary (Kan		(3.9)	3/28	7	79	Hailey NORDHUS	FR	, , ,	3/28
	Alivia PARKER	FR		{3}25.92w	(2.6)	3/29	8		Adriana MCGREGOR	SO		3/29
10 98	Keiyah COLE	JR			(1.2)	3/22	9		Emilia DIAZ	JR	, , , ,	3/22
1			en's 400 Meter			0/00	10		Charlee LIND		#3 Kansas Wesleyar (4) 5:09.31	3/28
	Jah-Nisha CAMPBELL			1:00.30		3/28				_	en's Steeplechase	
	Deslyne COOPER	JR				3/22			Natalia QUIROZ	SR	#12 Oklahoma Wesle 12:03.88	3/29
	Brionna FLOYD	SO	-			3/28	2		Kierra JENSEN	JR		3/28
4	Sydney BRYAN	FR		1:02.46		3/29	3		Allyson TAYLOR		#3 Kansas Wesleyar{2} 13:38.96	3/22
5	Mia ROMAN Fien MOLENBERG	SR FR	#7 Bethel (Kan.) #5 Friends (Kan.)	1:02.57 1:02.80		3/23	4		Sarah DARK	SR		3/30
6 7	Julie ROTTINGHAUS	SO				3/28 3/23	5	65	Lana RODRIGUEZ	SO	#11 Sterling (Kan.) 15:03.40	3/28
8	Cleo NARANJO	FR	#7 Bethel (Kan.)	{2} 1:03.11		3/23					en's 5000 Meters	
9	Kamrie DILLAN	SR	#8 York (Neb.)	1:03.74		3/28			Josie TYRRELL	SO		3/28
10	Naomi VAGHER	so		{2} 1:03.80		3/28	2		Skylar ADAMS	SR		3/29
10	TOOTH WIGHER	30	r richas (Rans)	(2) 2.03.00		3/20	3		Emily HARRIS	JR		3/29
							4		Kate MADSEN	SR		3/28
							5		Kierra JENSEN	JR	•	3/22
							6		Abigail WHITE	JR		3/28
							7		Micah DICKENS	FR	, , ,	3/22
							8		Gracen GLOVER	SR	71 17	3/28
							9	63	Charlee LIND	JR	#3 Kansas Wesleyar{3} 18:45.93	3/22

10 **67** Alayna BEHRMAN



WOMEN - 2025 Checkpoint #1, April 1



				KC	AC				as c	of 4/1/2025	7:53:36 <i>A</i>	AM ET
	Wome	en's 10,000 Meter	'S				W	ome	en's High Jum	р		
29		R #6 Tabor (Kan.)	44:00.65	3/30	1	1 Delaney	/ MILLER		#2 Evangel (Mo.)	1.75m	5-8¾	3/2
	Won	nen's 4x100 Relay	,		2	36 Jordyn	MILLER-	SO	#1 Saint Mary (Kan	. 1.55m	5-1	3/2
7	Aba Sam, Roy'Janae	#4 Ottawa (Kan.)	47.00	3/28		KNUCK						
	Brown, Jah-Nisha						ha CAMPBELL		#4 Ottawa (Kan.)	1.55m	5-1	3/2
	Campbell, Jordyn Weems					43 April PH			#2 Evangel (Mo.)	{2} 1.54m	5-1/2	3/2
1.4	Morgan Lilly, Taylor	#2 Evangel (Mo.)	47.73	3/22		61 Lilian M			#2 Evangel (Mo.)	{3} 1.50m	4-11	3/2
	Collins, Alivia Parker,	Evaliget (Mo.)	41113	3/22		61 Gabriela			#5 Friends (Kan.)	1.50m	4-11	3/2
	Delaney Weimer						ah SEYMOUR		#2 Evangel (Mo.)	{4} 1.46m	4-9½	3/
15	Keiyah Cole, Deslyne	#1 Saint Mary (Kan.	47.78	3/28			nie SCHMIDT		#10 McPherson (Kar		4-9	3/2
	Cooper, Hope Crabtree, Gretchen				9		a PERRY		#4 Ottawa (Kan.)	{2} 1.35m	4-5	3/
	Raney				9	Saraiah			#4 Ottawa (Kan.)	{2} 1.35m	4-5	3/
17	Valeria Crespo,	#5 Friends (Kan.)	47.89	3/22					en's Pole Vaul			
	Rhianna Hill, Haidyn			,		11 Abby BE			#2 Evangel (Mo.)	3.45m	11-3¾	3/
	Thompson, Tiyna					39 Brynna			#5 Friends (Kan.)	2.97m	9-9	3/
20	Ridge Marketa Shaw Julia	#2 Kanaga Waglayar	49.91	2/20		57 Gwen S		SR	#1 Saint Mary (Kan		8-61/4	3/
30	Markyla Shaw, Julie Rottinghaus, Lauryn	#3 Kansas Wesleyar	49.91	3/28	3	57 Emily G			#2 Evangel (Mo.)	{2} 2.60m	8-61/4	3/
	Mikkelson, Brionna								en's Long Jum	p		
	Floyd						ha CAMPBELL		#4 Ottawa (Kan.)	5.57m	18-3¼ (0.	
41	Jaylee Santana,	#9 Southwestern (K	50.06	3/29		25 Jordyn		_	#4 Ottawa (Kan.)	{2} 5.43mw	17-9¾ (2.	-
	Meliah Hanna, Abigail Eckert, Kyah Hill				3	29 Jordyn KNUCK		SO	#1 Saint Mary (Kan	. 5.38m	17-8 (0.2)	3,
61	Julianna Maxfield,	#6 Tabor (Kan.)	52.51	3/30	4	32 Laiklyn	STEPHENS	FR	#2 Evangel (Mo.)	5.33m	17-6 (0.0)	3
	Sonya Zimmerman,					36 Aba SAN			#4 Ottawa (Kan.)	{3} 5.32m	17-5½ (0.	
	D'myia Cox, Chloe Christensen				6	67 Myiah L	OGUE		#7 Bethel (Kan.)	5.06m	16-71/4 (1	5) 3
		aonic Av400 Bolan	,		7	Carissa	MARTIN	JR	#1 Saint Mary (Kan	.{2} 4.80mw	15-9 (2.3)	3/
12	Hope Crabtree,	nen's 4x400 Relay #1 Saint Mary (Kan.	4:00.92	3/28	8	Markyla	SHAW	FR	#3 Kansas Wesleya		15-8¾ (1.	
13	Deslyne Cooper, Jane	Saint Mary (Kan.	4:00.92	3/28	9	Tamara	LOPEZ	FR	#1 Saint Mary (Kan	.{3} 4.67m	15-4 (1.6)	3,
	Duteil, Gretchen				10	Kayla W	HITEAKER	JR	#4 Ottawa (Kan.)	{4} 4.66m	15-3½ (-0	.2) 3,
	Raney						Wo	ome	n's Triple Jun	מו		
32	Allison Johnson, Sydnee Gardner,	#6 Tabor (Kan.)	4:15.45	3/30	1	6 Aba SAN			#4 Ottawa (Kan.)	•	38-101/4 (1	.1 3/
	Dakota Voortman,				2	8 Aneesa	SHEPPARD	SO	#5 Friends (Kan.)	11.78mv	v 38-7¾ (3.	4) 3,
	Kylie Arnold				3	9 April PH	HILLIPS	SO	#2 Evangel (Mo.)	11.76m	38-7 (1.9)	3,
46	Gema del Valle, Grace	#5 Friends (Kan.)	4:21.78	3/28	4	25 Lauren		JR	#2 Evangel (Mo.)	{2} 10.91mv	v 35-9½ (3.	<i>4)</i> 3
	Lee, Rebekah				5	31 Laiklyn	STEPHENS	FR	#2 Evangel (Mo.)	{3} 10.83m	35-6½ (0.	5) 3
	Choriego, Gabrielle Schwabe				6	43 Myiah L	OGUE	SR	#7 Bethel (Kan.)	10.47m	34-41/4 (-4	.7) 3
63	Emma Graber,	#7 Bethel (Kan.)	4:42.69	3/23	7	45 Carissa	MARTIN	JR	#1 Saint Mary (Kan	. 10.39m	34-1¼ (1	2) 3
	Sydney Hart, Cleo			5,-5	8	50 Julie RC	OTTINGHAUS	SO	#3 Kansas Wesleya	r 10.25m	33-7½ (1.	5) 3
	Naranjo, Mia Roman				9	69 Dahn H	ANLON	SO	#3 Kansas Wesleya	r{2} 9.70mw	31-10 (2.5	<i>)</i> 3
	Won	nen's 4x800 Relay	<i>,</i>		10	80 Kayla W	/HITEAKER	JR	#4 Ottawa (Kan.)	{2} 9.29m	30-5¾ (0.	7) 3
8	<u> </u>	#2 Evangel (Mo.)	9:50.42	3/15			l.	Von	ien's Shot Put			
	Emily Harris, Macy				1	14 Cara SH	IULTZ	SO :	^{‡10} McPherson (Kar	12.82m	42-¾	3
1.0	Kopp, Skylar Adams Carly Holadia, Abigail	#1 Saint Mary (Kan.	9:59.26	3/22	2	22 Kena LE	ONARD	FR	# <mark>4</mark> Ottawa (Kan.)	12.55m	41-21/4	3
10	White, Kathryn	Same Mary (Nam.	3.33.20	3/22	3	26 Kara AL	EXANDER	FR	#10 McPherson (Kar	n{2} 12.49m	40-113/4	3,
	Cameron, Emilia Diaz				4	55 Candice	JONES	SR	#8 York (Neb.)	11.81m	38-9	3
					5	68 Elizabet	th STOUT	JR	#3 Kansas Wesleya	r 11.64m	38-21/4	3
					6	77 Malia PI	EARSON	FR	#9 Southwestern (K 11.48m	37-8	3
					7	100 Chloe G	RUSING	SO	#3 Kansas Wesleya	r{2} 11.15m	36-7	3,
					8	Elizabet	th ZAIGER	SR	#8 York (Neb.)	{2} 10.75m	35-31/4	3,
					9	Bree AN	IGLIN	SO	#2 Evangel (Mo.)	10.34m	33-111/4	3/
					10	Ali HOU	SE	JR	#6 Tabor (Kan.)	10.32m	33-101/4	3/

WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



KCAC

as of 4/1/2025 7:53:37 AM ET

			Wo	men's Discus			
1	32	Chloe GRUSING	SO	#3 Kansas Wesleya	r 39.99m	131-3	3/28
2	43	Cara SHULTZ	SO	#10 McPherson (Kan	39.00m	128-0	3/23
3	70	Zoie MEANS-THOMAS	JR	#4 Ottawa (Kan.)	36.92m	121-2	3/28
4	74	Emma MURPHY	FR	#1 Saint Mary (Kan.	36.84m	120-11	3/28
5	92	Aliya MCCLANAHAN	SO	#11 Sterling (Kan.)	36.00m	118-2	3/28
6	93	Carley BARTELL	SO	#7 Bethel (Kan.)	35.97m	118-0	3/28
7		Ciera HUTTON- SPIEKER	FR	# <mark>4</mark> Ottawa (Kan.)	{2} 35.25m	115-8	3/28
7		Aunisty MCNEAL	FR	#3 Kansas Wesleya	r{2} 35.25m	115-8	3/23
9		Abby SCHOPPER	FR	#8 York (Neb.)	35.06m	115-1	3/28
10		Abby GREEN	JR	#5 Friends (Kan.)	34.63m	113-8	3/22
		b	Vor	nen's Hammer			
1	12	Abby GREEN	JR	#5 Friends (Kan.)	48.99m	160-9	3/22
2	88	Braelynn CUNNINGHAM	SO	#5 Friends (Kan.)	{2} 40.81m	133-11	3/28
3	99	Candice JONES	SR	#8 York (Neb.)	39.87m	130-10	3/28
4		Elizabeth ZAIGER	SR	#8 York (Neb.)	{2} 39.62m	130-0	3/28
5		Ali HOUSE	JR	#6 Tabor (Kan.)	37.42m	122-9	3/30
6		Elizabeth STOUT	JR	#3 Kansas Wesleya	7.08m	121-8	3/28
7		Rian BOUB	SR	#4 Ottawa (Kan.)	36.67m	120-4	3/28
8		Allie PARKER	SO	#8 York (Neb.)	{3} 36.01m	118-2	3/28
9		Emma MURPHY	FR	#1 Saint Mary (Kan.	35.79m	117-5	3/22
9		Delanie NAMUTH	SR	#8 York (Neb.)	{4} 35.79m	117-5	3/28
			Wo	men's Javelin			
1	2	Mayce RUSSELL	FR	#3 Kansas Wesleya	44.08m	144-8	3/23
2	3	Maddy WOLF	FR	#3 Kansas Wesleya	r{2} 43.97m	144-3	3/28
3	14	Rian BOUB	SR	#4 Ottawa (Kan.)	39.55m	129-9	3/28
4	27	Aunisty MCNEAL	FR	#3 Kansas Wesleya	r{3} 36.74m	120-7	3/23
5	41	Abigail KOONTZ	FR	#7 Bethel (Kan.)	35.61m	116-10	3/28
6	44	Kiran NAVARATNAM	FR	#2 Evangel (Mo.)	35.50m	116-6	3/22
7	49	Saraiah ERVIN	JR	#4 Ottawa (Kan.)	{2} 34.94m	114-8	3/22
8	66	Keely BARNARD	SO	#1 Saint Mary (Kan.	32.88m	107-11	3/22
9	71	Linley REHKOP	SO	#2 Evangel (Mo.)	{2} 32.57m	106-10	3/29
10		Madison MIRANDA	SO	#4 Ottawa (Kan.)	{3} 29.64m	97-3	3/28



Conference TFRI Event Summary





as of 4/1/2025 7:53:37 AM ET

Mid-South

	w	om	en's 100 Meters				N	/om	en's 800 Meters	
1 11 K	ayly GUTHRIE	SR		(2.1)	3/22	1	21 Viola JEPLETING	FR	#1 Cumberlands (Ky 2:17.78	3/22
2 13 H	annah REID	FR	#2 Lindsey Wilson (\(\{2\}\)11.96w	(2.1)	3/22	2	84 Christy SHANK	JR	#3 Campbellsville (I 2:25.37	3/28
3 14 Al	bia KANTE	SO	#1 Cumberlands (K) 11.97	(1.3)	3/22	3	Chloe WEST	JR	#1 Cumberlands (K ₁ {2}2:29.25	3/22
4 48 Jo	ozlen BRISBON	JR	#2 Lindsey Wilson (\(\{3\}\)12.36	(-0.4)	3/15	4	Channon CUNDIFF	FR	#4 Cumberland (Tel 2:29.75	3/22
5 64 M	lakiyah ALLEN	JR	#3 Campbellsville (I 12.47	(1.4)	3/29	5	Sarah WILKERSON	JR	#4 Cumberland (Te ₁ {2}2:29.87	3/22
6 67 Je	ermani MORRIS	FR	#2 Lindsey Wilson ({4}12.48	(-0.4)	3/15	6	Brianna COLLINS	SO	#3 Campbellsville ({2}2:31.04	3/15
7 87 O	phiellia BERNARD	SO	#2 Lindsey Wilson (\{5\} 12.59	(-0.4)	3/15	7	Megan LAMPLEY	JR	#5 Freed-Hardemar 2:31.17	3/22
8 97 Al	llie BRYSON	SO	#1 Cumberlands (K ₁ (2)12.65	(-0.4)	3/15	8	Alejandra RECAREY	SO	#2Lindsey Wilson (2:31.54	3/22
9 K	yra ENGEL	JR	#2 Lindsey Wilson ({6} 12.69	(0.3)	3/22	9	Sharon JEROP	SR	#4 Cumberland (Te ₁ (3) 2:31.80	3/29
10 A'	'Yana GRAY	JR	#1 Cumberlands (K (3) 12.91	(-0.3)	3/22	10	Elisa HELFERICH	SO	#1 Cumberlands (K <u>y</u> {3}2:32.48	3/22
	Wome	en's	s 100 Meter Hurdles				W	ome	n's 1500 Meters	
1 4 ls	abel URRUTIA	FR	#2 Lindsey Wilson (I 14.23	(0.6)	3/22	1	10 Viola JEPLETING	FR	#1 Cumberlands (K) 4:39.22	3/29
	EMUS					2	56 Christy SHANK	JR	#3 Campbellsville (I 4:56.11	3/28
	lakiyah ALLEN	JR	#3 Campbellsville (I 14.41w	(2.3)	3/15	3	61 Elisa HELFERICH	SO	#1 Cumberlands (K (2) 4:56.76	3/15
	abella LEHTINEN	FR	<u> </u>	(1.1)	3/22	4	Chloe WEST	JR	#1 Cumberlands (K <u>y</u> {3}5:08.28	3/22
4 M	lya HINES	SO	#1 Cumberlands (K) 21.94	(-2.5)	3/28	5	Brianna COLLINS	SO	#3 Campbellsville (I{2}5:11.51	3/22
	W	om	en's 200 Meters	_		6	Lauren CRISSINGER	FR	#4 Cumberland (Tel 5:13.42	3/29
1 3 Al	bia KANTE	SO	#1 Cumberlands (K) 23.83w	(3.1)	3/29	7	Lucy SULLIVAN	FR	#1 Cumberlands (Ky[4]5:13.58	3/15
2 15 Li	illian GUZMAN	SO	#1 Cumberlands (K-{2}24.68w	(4.0)	3/29	8	Channon CUNDIFF	FR	#4 Cumberland (Tel{2}5:16.31	3/29
3 17 H	annah REID	FR	#2 Lindsey Wilson (I 24.77	(2.0)	3/22	9	Sarah WILKERSON	JR	#4 Cumberland (Te ₁ (3) 5:18.27	3/22
4 44 M	lakiyah ALLEN	JR	#3 Campbellsville (I 25.41	(0.8)	3/29	10	Liza POLLIO	FR	#6 Georgetown (Ky. 5:23.45	3/28
5 80 A'	'Yana GRAY	JR	#1 Cumberlands (K-{3}26.03	(0.0)	3/15		Wa	ome	n's Steeplechase	
6 Je	ermani MORRIS	FR	#2 Lindsey Wilson (\{2\}26.17	(0.0)	3/15	1	52 Maggie JEWELL	_	#3 Campbellsville (I 13:32.64	3/15
7 Pi	iper CLARK	SO	#3 Campbellsville (I{2}26.28	(-2.2)	3/28		W	ome	en's 5000 Meters	
8 Le	eesa MUTANDWA	JR	#4 Cumberland (Tei 26.37w	(2.7)	3/29	1	26 Mary PEARCE	FR	#5 Freed-Hardemar 18:12.78	3/22
9 Ta	a'Shya CRAMER	SO	#2 Lindsey Wilson (\(\{3\}\)26.43w	(2.8)	3/22		38 Elizabeth LUCASON	JR	#1 Cumberlands (K) 18:33.81	3/22
10 Aı	nna GRASSE	FR	#2 Lindsey Wilson ({4}26.87w	(2.8)	3/22	3	83 Jessica CHAPPELL	FR	#1 Cumberlands (K\{2\}18:59.98	3/22
	W	'om	en's 400 Meters				95 Nina DAMAN	SR	#3 Campbellsville (I 19:13.61	3/22
1 1 P	raise IDAMADUDU	SR	#4 Cumberland (Tei 53.75		3/29	5	Anslee CROSBY	FR	#1 Cumberlands (K:{3}19:34.92	3/22
2 4 H	annah REID	FR	#2 Lindsey Wilson (I 55.15		3/15	6	Emma MADDING	FR	#3 Campbellsville (I{2}19:35.88	3/22
3 24 Pi	iper CLARK	SO	#3 Campbellsville (I 58.52		3/28	7	Liza POLLIO	FR	#6 Georgetown (Ky 19:37.49	3/22
4 34 Ez	zthia MAYCOCK	JR	#4 Cumberland (Te(2)58.85		3/29	8	Lauren CRISSINGER	FR	#4 Cumberland (Tel 19:39.83	3/22
5 39 Ta	a'Shya CRAMER	SO	#2 Lindsey Wilson (\{2\} 58.99		3/15	9	Sami PARKER	JR	#4 Cumberland (Tei{2}20:14.41	3/22
6 42 If	unanya MUOGHALU	JR	#4 Cumberland (Te(3)59.05		3/29	10	Anna-Claire CARWILE	JR	#3 Campbellsville (I{3}20:43.48	3/22
7 58 Le	eesa MUTANDWA	JR	#4 Cumberland (Te(4)59.76		3/22		Wo	mei	ı's 10,000 Meters	
8 60 M	laQuoia RAGLAN	JR	#1 Cumberlands (Ky 59.83		3/15	1	The state of the s	_	#1 Cumberlands (K) 35:28.19	3/29
9 64 At	nna GRASSE	FR	#2 Lindsey Wilson (\{3\}1:00.14		3/15	2		FR		3/29
10 91 A'	'Yana GRAY	JR	#1 Cumberlands (K (2) 1:00.80		3/15	3	15 Sami PARKER	JR	#4 Cumberland (Tel 40:55.29	3/22
	Wome	en's	s 400 Meter Hurdles				41 Marlie THOMPSON	SO	·	3/15
1 16 ls	abella LEHTINEN	FR	#4 Cumberland (Ter 1:04.92		3/29				en's 4x100 Relay	
2 CI	harm RONE	SO	#2 Lindsey Wilson (I 1:15.83		3/28	1	6 Hannah Reid, Jozlen	JIII C	#2Lindsey Wilson (46.96	3/15
3 Al	lexis HALE	SR	#2 Lindsey Wilson (\{2\}1:19.46		3/28	•	Brisbon, Kyra Engel, Jermani Morris	ļ		5, 15
						2	Lillian Guzman, Allie Bryson, Abia Kante, MaQuoia Raglan		#1 Cumberlands (K) 47.15	3/15



3 66 Khristina PARKER

FR #7 Bethel (Tenn.)

9.85m 32-3¾ (1.9) 3/22

USTFCCCA NAIA Outdoor Track & Field





		Mid-	South	as of 4/1/2025 7:53:37 AM ET
И	omen's 4x400 Relay			Women's Shot Put
I sabella Lehtinen, Ezthia Maycock, Leesa Mutandwa, Praise Idamadudu	#4 Cumberland (Tei 3:50.12	3/22	1 6 Zoe VLK2 29 Reagan CHEATHAM3 Kayla BARR	SO #4 Cumberland (Tell 13.48m 44-2¾ 3/22 SO #2 Lindsey Wilson (Image) 12.45m 40-10¼ 3/22 SO #3 Campbellsville (Image) 10.86m 35-7¾ 3/28
2 11 Hannah Reid, Kayly Guthrie, Anna Grasse Ta'Shya Cramer	#2 Lindsey Wilson (I 4:00.36	3/15	3 Maggie BUERGER5 Taylor LUNSFORD6 Delaney DEATON	JR #1 Cumberlands (K! 10.86m 35-7¾ 3/28 SO #1 Cumberlands (K!{2}9.47m 31-1 3/15 FR #1 Cumberlands (K!{3}9.21m 30-2¾ 3/28
3 64 Cailyn Godsey, Brianna Collins, Maggie Jewell, Julia Smaldone	#3 Campbellsville (I 4:44.07	3/22	7 Hannah BAKER 8 Layla TAYLOR 9 Nevaeh ACKLIN	JR #1 Cumberlands (K!(4)8.28m 27-2 3/22 SO #3 Campbellsville (!(2)7.80m 25-7½ 3/22 FR #2 Lindsey Wilson (!(2)7.76m 25-5½ 3/22
	omen's 4x800 Relay		10 Mine ISCEN	JR #2 Lindsey Wilson (\{3\} 6.74m 22-1\(\frac{1}{2}\) 3/15
Julie Duedahl, Elisa Helferich, Megan Kitchens, Elizabeth Lucason	#1 Cumberlands (K) 9:42.21	3/22	 25 Zoe VLK 46 Maggie BUERGER Reagan CHEATHAM 	Women's Discus SO #4 Cumberland (Tell JR #1 Cumberlands (K) 41.04m 134-8 3/23 3/2 38.79m 127-3 3/23 SO #2 Lindsey Wilson (I 35.08m 115-1 3/28
2 17 Brianna Collins, Anna Claire Carwile, Maggie Jewell, Jennifer Buttery	a- #3 Campbellsville (I 10:45.12	2 3/15	4 Delaney DEATON5 Nevaeh ACKLIN6 Kayla BARR	FR #1 Cumberlands (K:{2}34.69m 113-10 3/22 FR #2 Lindsey Wilson (I:{2}33.34m 109-5 3/28 SO #3 Campbellsville (I 31.70m 104-0 3/22
<i>\</i>	Vomen's High Jump		7 Layla TAYLOR	SO #3 Campbellsville (I{2}27.14m 89-1/2 3/28
1 4 Isabelle AALDERS	FR #4 Cumberland (Tel 1.70m	5-7 3/22	8 Hannah BAKER	JR #1 Cumberlands (K _! {3}22.00m 72-21/4 3/15
8 Rosemond OWUSU	FR #2 Lindsey Wilson (I 1.68m	5-6 3/22	9 Phoebe TRIPURE	SR #6 Georgetown (Ky 21.59m 70-10 3/28
3 36 Kenniqua GRATE	FR #3 Campbellsville (I 1.55m	5-1 3/15	10 Taylor LUNSFORD	SO #1 Cumberlands (K:\{4\}17.00m 55-9\% 3/22
4 73 Makayla CLARK	JR #1 Cumberlands (K) 1.49m	4-10½ 3/15		Women's Hammer
5 76 Leesa MUTANDWA	JR #4 Cumberland (Tei{2}1.48m	4-101/4 3/29	1 51 Reagan CHEATHAM	SO #2 Lindsey Wilson (I 43.43m 142-6 3/15
6 97 Khristina PARKER	FR #7 Bethel (Tenn.) 1.45m	4-9 3/22	2 60 Zoe VLK	SO #4 Cumberland (Tel 42.61m 139-10 3/29
7 Mikhiya JONES	SO #3 Campbellsville ({2}1.40m	4-7 3/28	3 82 Maggie BUERGER	JR #1 Cumberlands (K) 41.17m 135-1 3/28
7 Jaci WOODS	SO #1 Cumberlands (K-{2}1.40m	4-7 3/28	4 Delaney DEATON	FR #1 Cumberlands (K)[2] 38.17m 125-3 3/15
	Nomen's Pole Vault	0.00%	5 Kayla BARR6 Taylor LUNSFORD	SO #3 Campbellsville (I 37.34m 122-6 3/23 SO #1 Cumberlands (K:{3}36.65m 120-3 3/23
1 69 Mikaela SHOCK	JR #1 Cumberlands (K ₁ 2.10m	6-10¾ 3/15	7 Nevaeh ACKLIN	FR #2 Lindsey Wilson ({2}36.11m 118-6 3/15
The second secon	Vomen's Long Jump		8 Layla TAYLOR	SO #3 Campbellsville (\{2\} 32.79m 107-7 3/28
1 6 Abia KANTE	SO #1 Cumberlands (K) 5.83m	19-1½ (0.4) 3/29	9 Hannah BAKER	JR #1 Cumberlands (K:[4] 24.19m 79-4½ 3/28
2 38 Jaci WOODS	SO #1 Cumberlands (Ky[2]5.28m	17-4 (-0.2) 3/15		Women's Javelin
50 Charm RONE4 53 Rosemond OWUSU	SO #2 Lindsey Wilson (5.19m FR #2 Lindsey Wilson ({2}5.15m	17-½ (-2.5) 3/28 16-10¾ (2.0 3/22	1 33 Isabelle AALDERS	FR #4 Cumberland (Tei 36.34m 119-3 3/29
53 Rosemond OWUSU58 Dasia GARLAND	SO #3 Campbellsville (I 5.12m	16-93/4 (0.8) 3/15	2 Jaci WOODS	SO #1 Cumberlands (K) 24.48m 80-3¾ 3/15
6 62 Mya HINES	SO #1 Cumberlands (K:{3}5.09m	16-8½ (-2 <mark>.5) 3/28</mark>	3 Mya HINES	SO #1 Cumberlands (K ₁ (2) 23.55m 77-3 ¹ / ₄ 3/1 ¹ / ₅
7 93 Destiny BARNES	SO #2 Lindsey Wilson (\{3\}4.90m	16-1 (-2.5) 3/28	4 Layla TAYLOR	SO #3 Campbellsville (I 23.51m 77-1¾ 3/15
8 Kenniqua GRATE	FR #3 Campbellsville (I[2]4.46m	14-7¾ (-2.5) 3/28	5 Mine ISCEN	JR #2 Lindsey Wilson (I 22.33m 73-31/4 3/15
9 Mikhiya JONES	SO #3 Campbellsville (\{3\}4.30m	14-11/4 (-2.5) 3/28	6 Hannah BAKER	JR #1 Cumberlands (K:\{3\}18.67m 61-3 3/28
	omen's Triple Jump	-,20		
1 28 Dasia GARLAND	SO #3 Campbellsville (I 10.88m	35-8½ (0.3) 3/22		
2 32 Jaci WOODS	SO #1 Cumberlands (K) 10.82m			
	23.02.11	, , 3,13		



#2 Dakota State (S.I 50.32 OT

1 45 Amelie Steins,

Bridget Bartling, Raylee Wallis, Molli Thornton

Conference TFRI Event Summary





				Nort	h S	Sta	r		as of 4	1/1/2025	7:53:37 <i>F</i>	AM ET
	Wom	en's	100 Meter Hurdles				W	ome	en's 4x400 Relay			
1 7	Kaitlyn MCCOLLY	SR	#1 Dickinson State (14.35 (1.9)	3/22	1	24	Kyley Barnett, Kaitlyn		#1 Dickinson State	4:09.97		3/27
2 77	Zoey HEID	SO	#1 Dickinson State (2) 16.18 (1.5)	3/22			McColly, Jewel Olson, Mia Handran					
3 83	Paige ERHARDT	SR	#4 Jamestown (N.D 16.41 (1.9)	3/22	2	25	Ella Carstensen, Anna		#2 Dakota State (S.I	4.10 02 (ОТ	3/28
4 93	Taytum STUHR	FR	#1 Dickinson State (3) 16.63 (1.5)	3/22		25	Schneider, Molli		Dakota State (5.1	4.10.02	01	3/20
5	Peyton MCLAUGHLIN	SO	#1 Dickinson State (4) 16.98 (1.5)	3/22			Thornton, Raylee					
6	Madalyn NEUMANN	FR	#4 Jamestown (N.D{2}19.46 (1.5)	3/22			Wallis					
	W	om/	en's 200 Meters				N	/om	en's High Jump	_		
1 42	Raylee WALLIS	JR	#2 Dakota State (S.I 25.40 OTw(3.4)	3/28	1	1	Adarra HAGELUND	JR	#1 Dickinson State	1.75m	5-83/4	3/22
2 87	Molli THORNTON	SO	#2 Dakota State (S. {2}26.08 OTw/3.4)	3/28	2	25	Olivia BACKUS	SO	#3 Valley City State	1.60m	5-3	3/22
3	Sara SLETTO	FR	#4 Jamestown (N.D 28.34 (1.2)	3/22	3	36	Madalyn NEUMANN	FR	#4 Jamestown (N.D	1.55m	5-1	3/22
4	Taytum STUHR	FR	#1 Dickinson State (28.60w (2.1)	3/27	4	61	. Sara BONN	SR	#4 Jamestown (N.D{2	}1.50m	4-11	3/22
5	Casey OLSON	SO	#2 Dakota State (S. {3}28.91 OTw/4.0)	3/28	5		Delaney COTTON	SO	#3 Valley City State {2	} 1.40m	4-7	3/22
6	Alyssa KOFFLER	FR	#2 Dakota State (S. {4}29.63 OTw/4.0)	3/28			V	Von	ien's Pole Vault			
	W	om/	en's 400 Meters		1	3	Madison WAHL	SR	#1 Dickinson State	3.75m	12-31/2	3/27
1 22	Jewel OLSON	SR	#1 Dickinson State 58.37	3/22	2	19	Taylynd STUHR	JR	#1 Dickinson State (2	} 3.20m	10-6	3/27
2 38	Kyley BARNETT	JR	#1 Dickinson State (2)58.95	3/27	2	19	Quinn	JR	#4 Jamestown (N.D	3.20m	10-6	3/22
3	Mia HANDRAN	FR	#1 Dickinson State (3) 1:01.37	3/27			BASSINGTHWAITE					
4	Peyton MCLAUGHLIN	SO	#1 Dickinson State (4) 1:03.20	3/22	4	25	Ruth HARRIS	FR	#4 Jamestown (N.D{2	}3.05m	10-0	3/22
5	Morgan AUNE	JR	#1 Dickinson State (5) 1:03.49	3/27			N	om/	en's Long Jump	_		
6	Zoey HEID	SO	#1 Dickinson State (6) 1:05.76	3/22	1	16	Faith BRENNAN	SO	#1 Dickinson State (5.59m	18-41/4 (0.	1) 3/27
7	Natalie LILE	JR	#1 Dickinson State (7)1:06.18	3/27	2	32	. Kaitlyn MCCOLLY	SR	#1 Dickinson State (2	}5.33m	17-6 (0.0)	3/27
8	Loli JARRETT	SO	#1 Dickinson State (8) 1:07.51	3/27	3	78	Abby TALKINGTON	FR	#1 Dickinson State (3	}5.01m	16-51/4 (0.	o) 3/27
9	Jane HARRISON	FR	#1 Dickinson State (9) 1:08.77	3/27	4	89	Olivia BACKUS	SO	#3 Valley City State	4.92m	16-1¾ (1.	4) 3/22
10	Tennasyn HENRY	FR	#3 Valley City State 1:19.98	3/22	5		Molli THORNTON	SO	#2 Dakota State (S.I	4.75mw	15-7 (3.3)	3/28
	Wom	en's	400 Meter Hurdles		6		Emma MUGGLI	SO	#3 Valley City State {2	}4.68m	15-41/4 (1	2) 3/22
1 52	Peyton MCLAUGHLIN	SO	#1 Dickinson State 1:08.80	3/27	7		Sydney ULRICH	FR	#4 Jamestown (N.D	4.59m	15-¾ (1.2) 3/22
2 74	Emma MUGGLI	SO	#3 Valley City State 1:10.97	3/22	8		Keely ARNSTON	JR	#4 Jamestown (N.D{2	} 4.14m	13-7 (1.2)	3/22
3 77	Zoey HEID	SO	#1 Dickinson State (2)1:11.18	3/27			W	ome	en's Triple Jump			
	И	/om	en's 800 Meters		1	7	Faith BRENNAN	SO	#1 Dickinson State	11.82m	38-9½ (0.	9) 3/27
1 92	Mia HANDRAN	_	#1 Dickinson State 2:25.88	3/22	2	38	Abby TALKINGTON	FR	#1 Dickinson State (2	}10.54mv	N 34-7 (2.5)	3/27
2	Morgan AUNE	JR	#1 Dickinson State (2) 2:36.39	3/22	3	43	Adarra HAGELUND	JR	#1 Dickinson State (3	10.47m	34-41/4 (0.	o) 3/27
3	Kimberly KISORYO	FR	#5 Bellevue (Neb.) 3:50.84	3/22	4	57	Ruth HARRIS	FR	#4 Jamestown (N.D	10.07m	33-1/2 (1.1) 3/22
	•		n's 1500 Meters					Wor	nen's Shot Put			
1	Karly JUST	-	#3 Valley City State 5:06.66	3/22	1	7	Taylor LAUMEYER	JR	#1 Dickinson State	13.39m	43-111/4	3/27
2	Lindsey ROTH	JR	#2 Dakota State (S.I 5:09.99 OT	3/28	1	7	Chloe GUNDERSON	SR	#1 Dickinson State (13.39m	43-111/4	3/27
3	Lauren TAYLOR	JR	#1 Dickinson State (5:10.36	3/27			Alician GARCIA	SR	#1 Dickinson State (3	12.56m	41-21/2	3/27
4	Brooke BEAUCAIRE	JR	#2 Dakota State (S.\{2\}5:20.97 OT	3/28	4	24	Bella MAXWELL	SO	#2 Dakota State (S.I	12.51m	41-1/2	3/28
5	Brooke OLSON		#4 Jamestown (N.D 5:22.70	3/22	5	36	Rebecca EACKER	JR	#1 Dickinson State ({4	}12.22m	40-11/4	3/27
6	Alicia RIVERA	JR	#5 Bellevue (Neb.) 5:28.71	3/22	6	71	. Kendra ODEGARD	SR	#3 Valley City State	11.60m	38-¾	3/22
J	CAMARGO	JI	J. 20.11	3/22	7	72	! Tia DEES	so	#1 Dickinson State (5	}11.59m	38-1/4	3/27
7	Saddie PALMQUIST	SR	#2 Dakota State (S.\{3\}5:31.65 OT	3/28	8	82	Emma BASTIAN	SR	#3 Valley City State {2	}11.43m	37-6	3/22
8	Kirsten VANDER KOOI		#4 Jamestown (N.D{2}5:32.75	3/22	9	88	Sadie HANSEN	SR	#3 Valley City State {3	11.34m	37-21/2	3/22
9	Natalie LILE	JR	#1 Dickinson State (2) 5:33.40	3/22	10)	Rebecca BOHRER	JR	#3 Valley City State {4	}11.14m	36-6¾	3/22
10	Anna SCHNEIDER	SO	#2 Dakota State (S. {4}5:38.21 OT	3/28								
	W	ome	n's 4x100 Relay									

3/28

WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



North Star

as of 4/1/2025 7:53:37 AM ET

L						11016
			Wo	men's Discus		
1	4	Taylor LAUMEYER	JR	#1 Dickinson State 46.76m	153-5	3/27
2	21	Chloe GUNDERSON	SR	#1 Dickinson State (2)41.83m	137-3	3/22
3	24	Jade AZURE	SR	#3 Valley City State 41.09m	134-10	3/22
4	27	Rebecca EACKER	JR	#1 Dickinson State (3)40.96m	134-5	3/22
5	38	Bailey HOFLAND	JR	#1 Dickinson State (4)39.32m	129-0	3/27
6	52	Gabriella PEITZMEIER	SR	#2 Dakota State (S.I 38.46m	126-2	3/28
7	84	Heather OKESON	SR	#4 Jamestown (N.D 36.39m	119-5	3/22
8		Makenzie GIBSON	JR	#4 Jamestown (N.D{2}35.19m	115-6	3/22
9		Klaire GUNDERSON	FR	#1 Dickinson State (5)34.35m	112-9	3/22
10		Emma BASTIAN	SR	#3 Valley City State {2}33.32m	109-4	3/22
		V	Vor	nen's Hammer		
1	10	Gabriella PEITZMEIER	SR	#2 Dakota State (S. 49.81m	163-5	3/28
2	11	Taylor LAUMEYER	JR	#1 Dickinson State 49.66m	162-11	3/22
3	13	Bella MAXWELL	SO	#2 Dakota State (S. {2}48.72m	159-10	3/28
4	16	Alician GARCIA	SR	#1 Dickinson State (2)48.26m	158-4	3/27
5	69	Rebecca EACKER	JR	#1 Dickinson State (3)42.20m	138-6	3/22
6	73	Bailey HOFLAND	JR	#1 Dickinson State (4)41.84m	137-3	3/22
7	76	Lilly YOUNG	FR	#2 Dakota State (S. {3}41.59m	136-6	3/28
8	87	Chloe GUNDERSON	SR	#1 Dickinson State (5)40.82m	133-11	3/22
9	89	Rebecca HAZLETT	SO	#2 Dakota State (S. {4}40.73m	133-8	3/28
10	97	Emma BASTIAN	SR	#3 Valley City State 39.92m	131-0	3/22
			Wo	men's Javelin		
1	6	Kendra ODEGARD	SR	#3 Valley City State 42.10m	138-2	3/22
2	15	Codi NAGLE	FR	#1 Dickinson State 39.50m	129-7	3/22
3	17	Paige ERHARDT	SR	#4 Jamestown (N.D 38.10m	125-0	3/22
4	26	Casey OLSON	SO	#2 Dakota State (S.I 36.85m	120-11	3/28
5	32	Sadie HANSEN	SR	#3 Valley City State {2}36.40m	119-5	3/22
6	35	Rebecca HAZLETT	SO	#2 Dakota State (S. {2}36.29m	119-1	3/28
7	52	Alana ANDERSON	FR	#3 Valley City State {3} 34.60m	113-6	3/22
8	59	Cambrie FISCHER	FR	#4 Jamestown (N.D{2}33.80m	110-11	3/22
9	69	Clara LAIRD	FR	#1 Dickinson State (2)32.65m	107-2	3/27
10	79	Kaitlyn MCCOLLY	SR	#1 Dickinson State (3)31.70m	104-0	3/22



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		,				Red	Ri۱	/er	as of 4/1/2025 7:53:3	7 AM ET			
		W	'om	en's 100 Meters		Women's 400 Meter Hurdles							
1	5	Jaelyn MITCHELL	SO		(2.6)	3/22	1	11 Aziza CLARK	SO	#2 Our Lady of the l 1:04.12	3/22		
2		Larrisa MCHENRY	SR	#2 Our Lady of the l 12.09w	(2.9)	3/22		75 Kymberli CAVAZOS	FR	#2 Our Lady of the \(\{2\}\) 1:11.11	3/22		
3	37	Nevaeh LACEY	SO	#1 Xavier (La.) {2}12.25w	(2.6)	3/29	3	83 Lori TURNER	so	#2 Our Lady of the I{3}1:11.74	3/22		
4	43 /	Alayah GORE	FR	#5 North American 12.32	(1.6)	3/22	4	89 Jade HARRIS	JR	#1Xavier (La.) 1:12.54	3/29		
5	50 2	Zaniya DUFFIE	FR	#2 Our Lady of the L{2}12.39w	(2.9)	3/22	5	97 Kayla JACKSON	JR	#1 Xavier (La.) {2}1:13.21	3/22		
6	55 .	Jordan BLAIR	FR	#1 Xavier (La.) {3}12.43	(1.5)	3/22	6	98 Mariah WATTS	SR	#2 Our Lady of the \(\{4\}\) 1:13.32	3/29		
7	92 /	Ariana ERICKSON	FR	#2 Our Lady of the L{3}12.63w	(2.9)	3/22	7	Lauryn MARTIN	FR	#1 Xavier (La.) {3}1:18.59	3/29		
8	100	Kamdyn BURGESS	so	#2 Our Lady of the L{4}12.66w	(2.7)	3/29	8	Kyla COLEMAN	JR	#1 Xavier (La.) {4} 1:20.53	3/29		
8	100	Jazmyne WHITE	SO	#3 Huston-Tillotson 12.66w	(2.2)	3/29		<u>//</u>	/om	en's 800 Meters			
10	ı	Hannah STOUTMIRE	JR	#1 Xavier (La.) {4}12.69	(1.1)	3/22	1	19 Jaymee YELTON	SR	#3 Huston-Tillotsor 2:17.35	3/29		
		Wom	en's	: 100 Meter Hurdles				100 Madison PEREZ	SO	#2 Our Lady of the L 2:26.66	3/22		
1	11	Jade HARRIS	JR	#1 Xavier (La.) 14.48	(0.2)	3/29	3	Victoria BARTLETT	SO	#2 Our Lady of the L{2}2:27.02	3/29		
2		Breanna CLARKE	SO	#1 Xavier (La.) {2}14.56	(-1.0)	3/22	4	Skylah BARTON	SR	#1 Xavier (La.) 2:27.84	3/22		
3		Aziza CLARK	so	#2 Our Lady of the l 15.10	(1.3)	3/29	5	Liliana HERNANDEZ	JR	#2 Our Lady of the L{3}2:28.18	3/22		
4		Lori TURNER	so	#2 Our Lady of the I{2}15.43	(1.7)	3/29	6	Kayla GARRETT	FR	#1 Xavier (La.) {2}2:34.97	3/29		
5		Kyla COLEMAN	JR	#1 Xavier (La.) {3}15.45	(0.8)	3/22	7	Brianna PANTOJA	SR	#2 Our Lady of the L{4}2:44.50	3/29		
6		Sydney SMOAK	SO		(-0.2)	3/22	8	Claudia LOPEZ	FR	#2 Our Lady of the I{5}2:44.82	3/29		
7		Kymberli CAVAZOS	FR	#2 Our Lady of the I{3}17.66w		3/22	9	Kayla JACKSON	JR	#1 Xavier (La.) {3}2:50.61	3/29		
8		Mariah WATTS	SR	#2 Our Lady of the I{4}17.87w		3/29	10	•		#5 North American 2:52.84	3/22		
			_	en's 200 Meters					omo	en's 1500 Meters	3/22		
1	7	Jaelyn MITCHELL	SO		(0.6)	3/22	1	80 Leilani LEZA	JR	#2 Our Lady of the L 4:59.92	3/29		
		Jordan BLAIR		#1 Xavier (La.) {2}25.06w	(2.7)	3/29		88 Liliana HERNANDEZ	JR	#2 Our Lady of the L{2}5:01.33	3/29		
3		Larrisa MCHENRY	SR	#2 Our Lady of the L 25.28w		3/22	3	Mia CURIEL	JR	#2 Our Lady of the I{3}5:06.53	3/22		
1		Ayanna JOHNSON	SO	#3 Huston-Tillotson 25.34	(1.8)	3/22	4	Jocelynn REYES	SO	#2 Our Lady of the I{4}5:08.33	3/29		
5		Jadae FREEMAN	so	#2 Our Lady of the L{2}26.11w	(4.0)	3/22	5	Victoria BARTLETT	so	#2 Our Lady of the I{5}5:09.14	3/29		
6		Breanna CLARKE	so	#1 Xavier (La.) {3}26.29	(2.0)	3/22	6	Daylah VEGA	so	#2 Our Lady of the I{6}5:19.53	3/29		
7		Alayah GORE	FR	#5 North American 26.30	(1.9)	3/22	7	Skylah BARTON	SR	#1 Xavier (La.) 5:20.48	3/29		
8		Ariana ERICKSON	FR	#2 Our Lady of the L{3}26.36	(1.5)	3/22	8	Kayla GARRETT	FR	#1 Xavier (La.) {2}5:32.45	3/29		
9		Adaria REAVES	SO	#1 Xavier (La.) {4}26.44	(1.5)	3/22	9	Valeria PENA	SO	#2 Our Lady of the I{7}5:37.48	3/29		
10		Fedjine BELL	JR	#1 Xavier (La.) {5}26.50	(0.3)	3/22	10		FR	#2 Our Lady of the L{8}5:51.04	3/23		
10					(0.5)	3/22	10				3/22		
			-	en's 400 Meters		2/20			ome	en's 4x100 Relay	2/22		
1		Jaymee YELTON		#3 Huston-Tillotson 56.00		3/29	1	3 Rhianna Rerrie, Breanna Clarke,		#1 Xavier (La.) 46.15	3/22		
		Jaelyn MITCHELL		#1 Xavier (La.) 58.18		3/29		Jordan Blair, Jaelyn					
		Fedjine BELL	JR			3/22		Mitchell					
		Vanessa OLADAPO	SR	1 1 1		3/22	2	22 Zaniya Duffie, Ariana		#2 Our Lady of the L 48.45	3/29		
		Chaleica BOOKER	SO			3/29		Erickson, Autumn					
		Morghan NEELY	SO	-		3/29		Roberts, Larrisa Mchenry					
		Tara MADRID	SO	• • • • • • • • • • • • • • • • • • • •		3/22	3	28 Dejah Okonji, Ayanna		#3 Huston-Tillotsor 49.04	3/22		
8		Dakota WEST	FR	1 1 1		3/29	J	Johnson, Jazmyne			5/22		
		Alexandria SEGURA		#2 Our Lady of the L{3}1:00.70		3/29		White, Jariah					
10		Brianna RODRIGUEZ	SO	#2 Our Lady of the L{4}1:01.78		3/29		Jackson-Simon					



4 69 London PROVO

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Laila SIGURE

A'Blessin WILSON

Zoe CORDOVA

Breanna CLARKE

Atiyya SIMMONS

Kayla JACKSON

1 44 Lawryn SAMPSON

92 Leojai HIBBERT

Charity JOHNSON

Keiora GAINES

Javara WILLIAMS

Rayonna ROUSELL

Makayla FANNIN

1 9 Charity JOHNSON

Cailyn RILEY

Chloe HENSLEY

Britney DIXON

Javara WILLIAMS

Makayla FANNIN

Lawryn SAMPSON

Kayla GANT

2 67 Keiora GAINES

3 97 Kayla GREEN

Cailyn RILEY

98 Kayla GANT

USTFCCCA NAIA Outdoor Track & Field

FR #1 Xavier (La.)

SR #1 Xavier (La.)

SO #1 Xavier (La.)

FR #1 Xavier (La.)

JR #1 Xavier (La.)

SO #1 Xavier (La.)

SR #1 Xavier (La.)

FR #1 Xavier (La.)

SO #1 Xavier (La.)

FR #1 Xavier (La.)

SO #1 Xavier (La.)

FR

FR

#1 Xavier (La.)

Women's Discus

FR #4 Jarvis Christian (

#5 North American

FR #1 Xavier (La.)

SO #1 Xavier (La.)

SR **11** Xavier (La.)

FR #1 Xavier (La.)

SR #1 Xavier (La.)

#1 Xavier (La.)

Women's Shot Put

SO #4 Jarvis Christian (12.05m 39-61/2

FR #4 Jarvis Christian ({2}10.51m 34-534

SO #4 Jarvis Christian ({2}35.72m 117-2

#4 Jarvis Christian ({3}27.92m 91-74

#1 Xavier (La.)

#1 Xavier (La.)

Conference TFRI Event Summary





	1					•						
				Red I	River as of 4/1/2025 7:53:38 AM ET							
	We	omen's 4x400 Relay					Women's Hammer					
1	9 Fedjine Bell, Vanessa	#1 Xavier (La.) 3	:55.00	3/29	1	Charity JOHNSON	FR #1 Xavier (La.)	37.92m	124-5	3/22		
	Oladapo, Jordan Blair, Jaelyn Mitchell				2	Cailyn RILEY	SO #1 Xavier (La.)	{2} 33.23m	109-0	3/22		
_		" 0		- 1	3	Makayla FANNIN	FR #1 Xavier (La.)	{3} 32.57m	106-10	3/22		
2	10 Alexandria Segura, Tara Madrid, Autumn	#2 Our Lady of the L 3	:56.29	3/29	4	Kayla GANT	SR #1 Xavier (La.)	{4} 30.01m	98-51/2	3/22		
	Roberts, Aziza Clark				5	Javara WILLIAMS	FR #1 Xavier (La.)	{5} 26.70m	87-71/4	3/22		
3	17 Chaleica Booker,	#3 Huston-Tillotson 4:	:03.44	3/29	6	Rayonna ROUSELL	SO #1 Xavier (La.)	{6} 26.41m	86-7¾	3/22		
	Jazmyne White,	_					Women's Javelin					
	Jaymee Yelton, Jariah Jackson-Simon	1			1	Javara WILLIAMS	FR #1 Xavier (La.)	23.33m	76-61/2	3/22		
	IA	lomonic High Jumn			2	Cailyn RILEY	SO #1 Xavier (La.)	{2} 21.97m	72-1	3/22		
Ц		omen's High Jump	.53m <i>5-1</i> / ₄	2/22	3	Kayla GANT	SR #1 Xavier (La.)	{3} 19.70m	64-7¾	3/22		
1	44 Lauryn MARTIN	2 2 7 7 7		3/22	4	Lawren TANNER	JR #2 Our Lady of the I	17.31m	56-91/2	3/29		
2	61 Sanaa ALLISON- WILLIAMS	FR #4 Jarvis Christian (1	.50m 4-11	3/1	5	Rayonna ROUSELL	SO #1 Xavier (La.)	{4} 17.21m	56-5¾	3/22		
3	76 A'Blessin WILSON	SR #1 Xavier (La.) {2}1	.48m 4-101/4	3/29	6	Makayla FANNIN	FR #1 Xavier (La.)	{5} 15.79m	51-9¾	3/22		
3	76 Leojai HIBBERT		.48m 4-101/4	3/29	7	Charity JOHNSON	FR #1 Xavier (La.)	{6} 15.34m	50-4	3/22		
	W	omen's Long Jump			8	Britney DIXON	SR #1 Xavier (La.)	{7} 10.02m	32-101/2	3/22		
1		JR #2 Our Lady of the L 5.	.85mw 19-2½ (3.2)	3/22								
2	32 Jadae FREEMAN	SO #2 Our Lady of the L(2)5.	_	3/29								
3	39 Tara MADRID	SO #2 Our Lady of the L{3}5.	_	3/22								

5.04mw 16-6½ (3.1) 3/29

15-5 (1.9)

{6}4.49mw 14-8¾ (3.1) 3/29

{7}4.33mw 14-2½ (2.5) 3/29

11.31m 37-11/4

{2}11.19m 36-81/2

{3}**11.09m** 36-4¾

{4}10.27m 33-8½

44.71m *146-8*

37.33m 122-6

{2}**32.14m** 105-6

{3}30.09m 98-83/4

{5}28.58m 93-91/4

{6}**24.27m** 79-7½

30.13m

{4}29.74m

30-113/4

30-9

27-71/2

98-101/4

97-7

{5}9.44m

{6}**9.37m**

{7}**8.42m**

15-5½ (0.0) 3/29

15-21/4 (0.0) 3/22

15-¾ (1.9) **3/29**

3/15

3/22

3/22

3/22

3/1

3/22

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3/22

3/1

3/22

{2}**4.71m**

{3}**4.70m**

{4}4.63m

{5}**4.59m**



WOMEN - 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



3/22

3/15

SR #6 **Shawnee State** (\{4\} **20:16.05**

FR #1 IU Kokomo (Ind. {3}21:04.60

					Riv	er St	ato	es		as of 4/1/2025 7:53:3	88 AM ET
	и	lom	en's 100 Meters					Wom	on's	s 400 Meter Hurdles	
1 29	Kyla BRADBERRY	FR		2.18w ((2.2) 3	29 1	43	Evelyn MORALES	JR	#2 Saint Mary-of-th 1:07.69	3/22
	L Jordyn CARDWELL	SR	•					Faith MPASSY		#3 Brescia (Ky.) 1:08.17	3/22
	Hope MCGUIRE	SR	#2 Saint Mary-of-th{2}12			29 3		Vanessa TEMPLE	JR	#4 IU East (Ind.) 1:08.52	3/30
	Jaci STONE	JR	#2 Saint Mary-of-th (3) 12		(1.9) 3	22 4	50	Alliyah THOMAS	SO		3/22
5	Emilee CECIL	JR			(0.0) 3/	29 5	53	Joslyn YOUNG	FR		3/29
6	Paris DEBORD	JR	#5 Rio Grande (Ohic 12	2.89 ((1.1) 3,	15 6	80	Julia SMITH	FR	#4 IU East (Ind.) {2}1:11.64	3/30
7	Ivy GENTRY	SO	#6 Shawnee State (13	3.43 ((-0.4) 3	15 7		Genesis BOYD	FR	#2 Saint Mary-of-th-{3}1:16.55	3/22
8	Mia CASTILLO	FR	#1 IU Kokomo (Ind.) 13	3.68w ((2.8) 3	30 8		Kash RICE	SO	#7 Midway (Ky.) 1:17.05	3/29
9	McGee TIA	SO	#3 Brescia (Ky.) {2}13	3.72w ((2.1) 3	22 9		Kendra SHIPMAN	FR	#4 IU East (Ind.) {3}1:17.11	3/30
10	Julia SMITH	FR	#4 IU East (Ind.) 13	3.79w ((2.6) 3,	22 10)	Abigail WALKER	FR	#3 Brescia (Ky.) {3}1:22.15	3/22
	Wom	en's	s 100 Meter Hurdle	s				W	om (en's 800 Meters	
1 79	Julia SMITH	FR	#4 IU East (Ind.) 16	6.24w ((3.3) 3	30 1	17	Laura HAMM	FR	#5 Rio Grande (Ohic 2:16.97	3/29
2 94	Becka CADLE	FR		6.65 ((1.1) 3,	15 2	38	Jenna KRAMPE	FR	#3 Brescia (Ky.) 2:20.39	3/22
2 94	Kaleah LOUDEN	JR	#4 IU East (Ind.) {2}16	6.65 ((0.0) 3,	22 3	52	2 Emily FLEMING	FR	#4 IU East (Ind.) 2:21.85	3/30
4 99	Kash RICE	SO	#7 Midway (Ky.) 16	6.76w ((2.5) 3/	29 4	79	Leslie SPRANKLES	JR	#1 IU Kokomo (Ind. 2:24.85	3/22
5	Evelyn MORALES	JR	#2 Saint Mary-of-th 16	5.88 ((2.0) 3,	22 5		Kirsten EVANS	JR	#6 Shawnee State (2:29.90	3/30
6	Maddi REED	FR	#7 Midway (Ky.) {2}17	7.41 ((1.2) 3	29 6		Jayden ROACH	SR	#5 Rio Grande (Ohic{2}2:30.07	3/29
7	Genesis BOYD	FR	#2 Saint Mary-of-th{2}17	7.51w ((2.8) 3/	29 7		Kendra GROOMS	SR	#5 Rio Grande (Ohic{3}2:30.34	3/29
8	Joslyn YOUNG	FR	#2 Saint Mary-of-th-{3}17	7.62 ((2.0) 3,	22 8		Jessica ELICK	SO	#6 Shawnee State ({2}2:30.48	3/30
9	Alisabeth TAYLOR	FR	#6 Shawnee State (18	3.96 ((0.8) 3	22 9		Stevie MCSORLEY	SO	#7 Midway (Ky.) 2:30.60	3/29
10	Abigail WALKER	FR	#3 Brescia (Ky.) 19	9.61 ((1.1) 3,	22 10)	Amanda SALMONS	SO	#6 Shawnee State ({3}2:32.22	3/30
	И	/om	en's 200 Meters					We	ome	en's 1500 Meters	
1 14	Kyla BRADBERRY	FR	#2 Saint Mary-of-th 24	4.66w ((2.7) 3/	29 1	32	Olivia CISCO	JR	#6 Shawnee State (4:49.50	3/30
2 67	India BENTON	SR	#4 IU East (Ind.) 25	5.90 ((0.9) 3/	30 2	35	Laura HAMM	FR	#5 Rio Grande (Ohic 4:50.53	3/15
3	Hope MCGUIRE	SR	#2 Saint Mary-of-th{2}26	6.20w ((2.7) 3/	29 3	41	Jenna KRAMPE	FR	#3 Brescia (Ky.) 4:52.92	3/29
4	Kylie MONTGOMERY	FR	#5 Rio Grande (Ohic 26	5.42 (·-2.0) 3 /	29 4	42	Amarissa KERNS	JR	#5 Rio Grande (Ohic{2}4:52.95	3/15
5	Emilee CECIL	JR	#7 Midway (Ky.) 26	5.56 ((0.9) 3/	29 5	48	Hannah WELLS	SR	#1 IU Kokomo (Ind. 4:54.32	3/30
6	Paris DEBORD	JR	#5 Rio Grande (Ohic{2}27	7.15 ((-0.8) 3 /	29 6	53	Jessica ELICK	SO	#6 Shawnee State ({2}4:54.90	3/30
7	Alexandra	FR	#2 Saint Mary-of-th{3}27	7.28 ((2.0) 3/	29 7	67	Emily FLEMING	FR	#4 IU East (Ind.) 4:57.64	3/15
	HERNANDEZ					8		Kirsten EVANS	JR	#6 Shawnee State ({3}5:05.35	3/22
8	Mackenzie ROHDE	FR				²² 9		Mackenzie MCCARTHY	JR	#5 Rio Grande (Ohic{3}5:05.77	3/29
9	Genesis GHIDE-BRYAN	\ SO		7.61w ((2.2) 3,	22 10)	Leslie SPRANKLES	JR	#1 IU Kokomo (Ind. {2}5:06.54	3/30
10	Jaydi JONES	SO	#1 IU Kokomo (Ind. 27	7 .72 ((-0.4) 3,	15		Wo	me	n's Steeplechase	
	N	/om	en's 400 Meters			1	12	Hannah WELLS	SR		3/22
1 43	Kylie MONTGOMERY	FR	#5 Rio Grande (Ohic 59	9.06	3/	29 2	38	Mia GROSSHANS	SO	#3 Brescia (Ky.) 12:48.91	3/22
2 63	India BENTON	SR		00.02			61	Brinlee MCCLOUD	FR	#2 Saint Mary-of-th 14:09.84	3/22
3	Kendra GROOMS	SR				15		W	ome	en's 5000 Meters	
4	Paris DEBORD	JR	_			15	16	Olivia CISCO	JR	#6 Shawnee State (17:48.49	3/22
5	Jayden ROACH	SR				15 2	_	2 Jessica ELICK	SO	#6 Shawnee State ({2}18:44.99	3/22
6	Esther VAZQUEZ		#10 Oakland City (Inc 1:			30 3		Quinlan TEAGUE		#2 Saint Mary-of-th 19:08.00	3/22
7	Jaydi JONES	SO		03.73		22 4		7 Samantha FOWLER		#4 IU East (Ind.) 19:15.46	3/22
8	Faith MPASSY	FR		04.30		29 5		Trinity SMITH	SR	#7 Midway (Ky.) 19:17.73	3/22
9	Skylah STRAWSER	FR		07.27		30		Hannah WELLS	SR		3/15
10	Emilee CECIL	JR	#7 Midway (Ky.) 1:	07.53	3,	722		Elizabeth MIDDLETON		#6 Shawnee State (\{3\}19:24.70	3/30
						8		Isabelle ALTIC	SR		3/30
								-		10.01	

Sydney REED

Alysha CROUCH

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WOMEN — 2025 Checkpoint #1, April 1



						River	Sta	ate	:S		as o	f 4/1/2025	7:53:38 A	M ET
	Wo	mei	n's 10,000 Mete	rs					V	Vom	en's Pole Vaul	:		
1 13	Quinlan TEAGUE	JR)	3/29	1	14	Maddi REED	FR	#7 Midway (Ky.)	3.35m	10-11¾	3/29
2 22	Isabelle ALTIC	SR	#1 IU Kokomo (Ind.)	41:59.70)	3/22	2	25	Makayla BROOKS	JR	#7 Midway (Ky.)	{2} 3.05m	10-0	3/29
3 38	Alysha CROUCH	FR	#1 IU Kokomo (Ind.{	2} 46:24.52	2	3/30	3	34	Vanessa TEMPLE	JR	#4 IU East (Ind.)	3.04m	9-11¾	3/30
	Wom	en'	s 5000m Race W	alk			4	41	Stella GILCHER	FR	#5 Rio Grande (Ohio	2.91m	9-61/2	3/29
1 2	Grace FORREST	SO	#5 Rio Grande (Ohic	26:15.37	7	3/15	5	63	Kaitlyn ORANGE	so	#3 Brescia (Ky.)	2.47m	8-11/4	3/29
2 8	Alexis DEAN	JR	#4 IU East (Ind.)	29:05.70)	3/28	6	67	Payton SMITH	FR	#2 Saint Mary-of-th	2.40m	7-101/2	3/22
3 9	Maddie DOTLICH	SR	#1 IU Kokomo (Ind.)	29:24.40)	3/28	7	70	Clara WESTCOTT	FR	#2 Saint Mary-of-th	{2} 1.95m	6-4¾	3/22
4 10	Makenzee KAHN	SO	#4 IU East (Ind.) {	2} 29:25.3 0)	3/28			И	/ome	en's Long Jum	ס		
5 11	Rebecca SPOHN	FR	#5 Rio Grande (Ohic	2} 30:02.4 0)	3/28	1	14	Jordyn CARDWELL	SR	#3 Brescia (Ky.)	5.65mw	18-6½ (2.1) 3/22
6 13	Eleanor HASENOUR	SR	#4 IU East (Ind.) {	3} 31:53.1 0)	3/28	2	72	Paige BROOKS	so	#1 IU Kokomo (Ind.	5.03m	16-6 (2.0)	3/30
7 14	Natalie BRAMMER	JR	#6 Shawnee State (31:53.36	5	3/15	3	80	Jaci STONE	JR	#2 Saint Mary-of-th	4.99m	16-4½ (0.6) 3/22
	W	ome	en's 4x100 Relay	/			4	96	McGee TIA			{2} 4.86m	15-11½ (1.	,
1 51	Jaci Stone, Kyla		#2 Saint Mary-of-th	50.74		3/22	5		Payton SMITH		#2 Saint Mary-of-th		15-41/4 (1.1	
	Bradberry, Genesis Boyd, Hope McGuire						6		Ivy GENTRY	SO	#6 Shawnee State (15-31/4 (-0.2	,
2 58	Sarah Baker, Kash		#7 Midway (Ky.)	51.70		3/29	7		Makayla BRYANT		#5 Rio Grande (Ohio		15-11/4 (3.7)	,
2 30	Rice, Machaiah		··· Midway (Ry.)	31.70		3/23	7		Naleya KINNEY	SO	#4 IU East (Ind.)	4.60m	15-11/4 (-2.0	- 1
	Poynter, Brianna						9		Vanessa TEMPLE	JR		{2} 4.45 m	14-7¼ (-1.4	
	Trigg						10		Lauren MAJORS		#2 Saint Mary-of-th		13-101/4 (0.	4 3/22
	W	ome	en's 4x400 Relay							_	n's Triple Jum	_		
1 14	Jayden Roach,		#5 Rio Grande (Ohic	4:01.89		3/29			McGee TIA		#3 Brescia (Ky.)	10.89m		
	Kendra Grooms, Laura Hamm, Kylie								Genesis GHIDE-BRYAN			{2} 10.27m		•
	Montgomery						3		Naleya KINNEY		#4 IU East (Ind.)	10.08m	33-1 (1.4)	3/22
2 28	Alliyah Thomas,		#3 Brescia (Ky.)	4:12.83		3/22			Makayla BRYANT		#5 Rio Grande (Ohi		32-3 (0.0)	3/29
	Jordyn Cardwell,						5	85	Chianti MARKS		#5 Rio Grande (Ohio	{2} 9.12m	29-111/4 (-2	3/29
	Jenna Krampe, Faith Mpassy										nen's Shot Put	10.00	E 4 E1/	2/22
3 35	Evelyn Morales,		#2 Saint Mary-of-th	4:16.61		3/22	1		Sydney DUNCAN	SO 15	#1 IU Kokomo (Ind.			3/30
	Joslyn Young, Kyla					,			Faith ROCK	JR	#1 IU Kokomo (Ind.			3/15
	Bradberry, Hope McGuire						3		Jada HENSON	FR	#1 IU Kokomo (Ind. #3 Brescia (Ky.)			3/15
							5	93	Ashby GREENWELL Olivia NEWCOM	JR	#1 IU Kokomo (Ind.	11.29m	36-1/4	3/29 3/30
		ome	en's 4x800 Relay			0/15	6		Trinity GOTTLER		#7 Midway (Ky.)	10.44m		3/22
1 9	Jayden Roach, Kendra Grooms,		#5 Rio Grande (Ohic	9:51.66		3/15	7		Faith KUHN		#6 Shawnee State (3/22
	Amarissa Kerns,						8		Zoe OGDEN		#4 IU East (Ind.)	9.96m	32-81/4	3/30
	Laura Hamm						9		IndiAnn NICHOLS		#2 Saint Mary-of-th		32-5¾	3/29
2 12	Leslie Sprankles,		#1 IU Kokomo (Ind.)	10:16.82	2	3/22	10		Jaina BAILEY		#6 Shawnee State (32-11/2	3/30
	Hannah Wells, Keeley Carpenter, Rachel Eby										men's Discus	()		
			en's High Jump				1	15	Sydney DUNCAN		#1 IU Kokomo (Ind.	43.68m	143-4	3/22
1 10	Emerson VANSCOY		#7 Midway (Ky.)	1.67m	5-5¾	3/22			Faith ROCK	JR	#1 IU Kokomo (Ind.			3/15
	Kendra GROOMS	SR	, , , , , , , , , , , , , , , , , , ,	1.50m	4-11	3/15			Ashby GREENWELL		#3 Brescia (Ky.)	37.51m		3/22
	Lily GREENE	FR		1.49m	4-101/2	3/15			Trinity GOTTLER		#7 Midway (Ky.)	37.05m		3/22
	Makaela LOVELY	SO	#6 Shawnee State (4-101/4	3/30	5		Jada HENSON		#1 IU Kokomo (Ind.			3/30
5	Naleya KINNEY	so	#4 IU East (Ind.)	1.43m	4-81/4	3/30	6		Olivia NEWCOM		#1 IU Kokomo (Ind.			3/22
6	Rebekah ANKRUM	SO	#1 IU Kokomo (Ind.		4-63/4	3/15	7		Jayla REED	FR	#3 Brescia (Ky.)	{2} 29.78m	97-81/2	3/29
7	Maleah WINGER	JR	#1 IU Kokomo (Ind.		4-61/4	3/30	8		IndiAnn NICHOLS		#2 Saint Mary-of-th		_	3/22
7	Alyssa ALLEN	FR		2} 1.38m	4-61/4	3/30	9		Jaina BAILEY	JR	#6 Shawnee State (27.21m	89-31/4	3/15
7	Alisabeth TAYLOR	FR	#6 Shawnee State (﴿		4-61/4	3/30	10		Olivia NEWMAN	FR	#6 Shawnee State ({2} 26.70m	87-71/4	3/15



WOMEN — 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



River States

as of 4/1/2025 7:53:39 AM ET

			Non	nen's Hammer			
1	30	Jaina BAILEY	JR	#6 Shawnee State (45.50m	149-4	3/30
2	37	Sydney DUNCAN	SO	#1 IU Kokomo (Ind.)	44.91m	147-4	3/22
3		Gracie CONKLIN- DAVIS	SO	#1 IU Kokomo (Ind. [2]	39.82m	130-8	3/15
4		Ashby GREENWELL	SR	#3 Brescia (Ky.)	38.62m	126-9	3/29
5		Olivia NEWCOM	JR	#1 IU Kokomo (Ind. [3]:	37.70m	123-8	3/15
6		Jayla REED	FR	#3 Brescia (Ky.) {2}:	36.03m	118-3	3/29
7		Alexis SUDDERTH	FR	#6 Shawnee State ({2}3	34.32m	112-7	3/15
8		Callee RIGGLE	FR	#2 Saint Mary-of-th	33.75m	110-9	3/22
9		Faith ROCK	JR	#1 IU Kokomo (Ind. [4]	30.86m	101-3	3/30
10		IndiAnn NICHOLS	FR	#2 Saint Mary-of-th {2}2	29.45m	96-71/2	3/22
			Wo	men's Javelin			
1	9	Trinity GOTTLER	SO	#7 Midway (Ky.)	40.46m	132-9	3/29
2	87	Kaitlyn ORANGE	SO	#3 Brescia (Ky.)	31.04m	101-10	3/29
3	94	Vanessa TEMPLE	JR	#4 IU East (Ind.)	30.31m	99-51/2	3/22
4		Callee RIGGLE	FR	#2 Saint Mary-of-th	30.12m	98-10	3/22
5		Taylor CALDWELL	SR	#8 Alice Lloyd (Ky.)	29.52m	96-101/4	3/29
6		Rose SCOTELLO	FR	#8 Alice Lloyd (Ky.) {2}2	27.67m	90-91/2	3/29
7		Ashby GREENWELL	SR	#3 Brescia (Ky.) {2}	27.24m	89-41/2	3/29
8		Maddi REED	FR	#7 Midway (Ky.) {2}:	25.28m	82-111/4	3/22
9		Faith KUHN	JR	#6 Shawnee State (23.93m	78-61/4	3/15
10		Gracie CONKLIN- DAVIS	SO	#1 IU Kokomo (Ind.)	23.82m	78-1¾	3/22







						S	AC				as of 4/1/2025 7:53:39 AI	M ET
	И	/om	en's 100 Meters						W	'ome	en's 800 Meters	
1 2	21 Carissa BURNS	SR	#6 Southwestern Cl	12.08w	(4.0)	3/29	1	44	Erika PENA	SO	#5 Oklahoma City 2:20.85	3/29
2 :	33 Kayla WILDY	SO	#7 Texas Wesleyan	12.21w	(3.6)	3/22	2	69	Isabelle SPILLER	so	#5 Oklahoma City {2}2:23.94	3/29
3	74 Ashlynn PEREZ	FR	#1 Oklahoma Panha	12.50c	(12.47A) (1 . 3/30	3		Madison BLANCH	so	#7 Texas Wesleyan 2:28.33	3/22
4 8	31 Shawna SMITH	SR	#5 Oklahoma City	12.56w	(4.0)	3/29	4		Mikey DUNCAN	SR	#2 John Brown (Ark 2:29.00	3/22
5 1	00 Paizlie REYNA-MATA	so	#1 Oklahoma Panh{2	2}12.66	(1.7)	3/22	5		Carolina VALENZUELA	FR	#1 Oklahoma Panh: 2:29.75c (2:30.32A)	3/30
6	Anouchka CAKPO	SO	#6 Southwestern CI{2	2} 12.89w	(3.4)	3/29	6		Byrion PATTON	FR	#8 Langston (Okla.) 2:29.81	3/29
7	Akia BOWENS	FR	#1 Oklahoma Panh{3	3}13.05	(1.7)	3/22	7		Natalie GUILLEN	JR	#4 Nelson (Texas) 2:31.97	3/29
8	Chloe CHILTON	FR	#9 Wayland Baptist	14.02c	(13.99A) (0. 3/30	8		Ki'Anna JONES	FR	#1 Oklahoma Panh:{2}2:34.12	3/22
9	Tanyaradzwa	FR	#10 Science & Arts (C	14.96	(1.3)	3/8	9		Makenzi DEHART	FR	#5 Oklahoma City {3}2:34.87	3/29
	MUTARA						10		Teia MORRIS	FR	#9 Wayland Baptist 2:35.63c (2:36.23A)	3/30
	Wom	en's	s 100 Meter Hurd	lles					Wo	ome	n's 1500 Meters	
1 3	38 Kenna CONNER	SO	#7 Texas Wesleyan	15.08w	(2.9)	3/22	1	54	Louise COCKING	SR	#5 Oklahoma City 4:54.97	3/29
2 9	Morgan WOOD	JR	#3 Ozarks (Mo.)	16.61w	(2.7)	3/29	2	60	Anna KEYS	SO	#2 John Brown (Ark 4:56.42	3/22
3 9	99 Kristlyn SMITH	SO	#3 Ozarks (Mo.) {2	<u>}</u> 16.76	(2.0)	3/29	3	70	Erika PENA	so	#5 Oklahoma City {2}4:58.05	3/29
	И	lom	en's 200 Meters				4	97	Inmaculada FELIPE	JR	#9 Wayland Baptist 5:03.46c (5:08.35A)	3/30
1 3	30 Jamiah CLAY	SR	#1 Oklahoma Panha	25.20w	(3.9)	3/22			DELGADO		_	
2 9	Paizlie REYNA-MATA	SO	#1 Oklahoma Panh:{2	2} 26.10 w	(3.9)	3/22	5		Isabelle SPILLER		#5 Oklahoma City {3}5:07.20	3/29
3	Anouchka CAKPO	SO	#6 Southwestern Cl	26.29	(1.5)	3/29	6		Mikey DUNCAN	-	#2 John Brown (Ark{2}5:16.29	3/29
4	Ashlynn PEREZ	FR	#1 Oklahoma Panh{3	3} 26.32w	(3.2)	3/22	7		Natalie GUILLEN	JR	#4 Nelson (Texas) 5:20.18	3/29
5	Akia BOWENS	FR	#1 Oklahoma Panh{4	1}26.59w	(3.2)	3/22	8		Tori CALDER		#2 John Brown (Ark{3} 5:20.96	3/29
6	Melaina WILSON	SO	#3 Ozarks (Mo.)	27.25w	(2.2)	3/29	9		Emma MORTON		#2 John Brown (Ark{4}5:25.34	3/29
7	Emma MORTON	JR	#2 John Brown (Ark	27.85w	(2.7)	3/29	10		Paige ANDREWS		#2 John Brown (Ark{5} 5:26.09	3/22
8	Jazlynn LOMAX	FR	#6 Southwestern Cl{2	2}29.13	(1.2)	3/29			Wo	mei	n's Steeplechase	
9	Nyah MORGAN	SO	#6 Southwestern Cl{3	30.22	(1.8)	3/29	1	39	Emilie ZYLSTRA		#3 Ozarks (Mo.) 12:57.65	3/8
	И	/om	en's 400 Meters	_			2	46	Tia BETHARDS	SO	#3 Ozarks (Mo.) {2} 13:08.68	3/8
1	Lasharia GORDON	SR	#7 Texas Wesleyan	57.69		3/22	3		Naia SHEPHERD	JR	#2 John Brown (Ark 13:48.08	3/22
2	Jamiah CLAY	SR	#1 Oklahoma Panha	57.81		3/22	4	62	Madison INMAN	SR	#3 Ozarks (Mo.) {3} 14:29.66	3/8
3 3	30 Vanessa PEREZ	JR	#5 Oklahoma City	58.76		3/29			Wo		n's 5000 Meters	
4	Byrion PATTON	FR	#8 Langston (Okla.)	59.00		3/29	1	52	Katharina GOZE	SO	#3 Ozarks (Mo.) 18:41.90	3/29
5 4	15 Breyanna KEMP	SO			(59.06A)	3/30	2	53	Hope AHNFELDT	JR	#2 John Brown (Ark 18:42.11	3/29
6 !	50 Aniyah CLARIETT	FR	#7 Texas Wesleyan {2	2}59.43		3/22	3		Julianna MOLINA	FR	#7 Texas Wesleyan 19:31.51	3/22
7	Irakoze AMIDA	JR	#8 Langston (Okla.){2	2}1:01.19		3/29	4		Emma BROWN		#2 John Brown (Ark{2}19:51.32	3/29
8	Melaina WILSON	SO	#3 Ozarks (Mo.)	1:01.63		3/29	5		Paige ANDREWS		#2 John Brown (Ark{3}20:06.57	3/29
9	Emma MORTON	JR	#2 John Brown (Ark	1:03.16		3/29	6		Betzaidy NAJERA	FR	#4 Nelson (Texas) 20:38.69	3/29
10	Jayden MASON	JR	#6 Southwestern Cl	1:04.83		3/29	7		Analia MENENDEZ		#4 Nelson (Texas) {2}20:57.87	3/29
	Wom	en's	s 400 Meter Hura	lles			8		Anna Claire ORR		#2 John Brown (Ark{4}21:01.23	3/29
1 (58 Makayla THOMPSON	SO	#8 Langston (Okla.)	1:10.49		3/29	9		Olivia SCATES		#2 John Brown (Ark{5}21:27.23	3/29
2	72 Morgan WOOD	JR	#3 Ozarks (Mo.)	1:10.69		3/8	10		Carla TINIGUAR TUM	FR	#1 Oklahoma Panh: 21:45.79	3/22
3 8	30 Ki'Anna JONES	FR	#1 Oklahoma Panha	1:11.640	(1:11.53A	3/30			Wo	ome	n's 4x100 Relay_	
4 9	Anna ABSHIER	FR	#4 Nelson (Texas)	1:13.57		3/29	1		Paizlie Reyna-Mata,		#1 Oklahoma Panh: 49.06	3/22
5	Madison BLANCH	SO	#7 Texas Wesleyan	1:13.74		3/22			Jamiah Clay, Akia Bowens, Ashlynn			
6	Kristlyn SMITH	SO		2}1:14.27		3/29			Perez			
7	Robyn PUENTE	FR	#4 Nelson (Texas) {2	2}1:14.85		3/29				ome	n's 4x800 Relay	
8	Tabytha ROY	FR		1:16.92		3/29	1	14	Mikey Duncan, Emma		#2 John Brown (Ark 10:26.01	3/22
9	Jazlynn LOMAX	FR		1:20.31		3/22	_		Morton, Tori Calder,		20.20.02	5,22
10	Amber SEAY	JR	#9 Wayland Baptist	1:21.830	(1:21.72A	3/30			Anna Keys			



Conference TFRI Event Summary





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as of 4/1/2025 7:53:39 AM ET

		W	om	en's High Jump			
1	25	Giani WIMBISH-GAY	FR	#7 Texas Wesleyan	1.60m	5-3	3/22
2	97	Lianna PATTON	FR	#8 Langston (Okla.)	1.45m	4-9	3/29
3		Morgan WOOD	JR	#3 Ozarks (Mo.)	1.40m	4-7	3/29
4		Robyn PUENTE	FR	#4 Nelson (Texas)	1.35m	4-5	3/29
5		Skylar MORRIS	FR	#4 Nelson (Texas) {2}	1.20m	3-111/4	3/29
		W	om	en's Pole Vault			
1	25	Grace MITCHELL	SR	#2 John Brown (Ark	3.05m	10-0	3/29
2	54	Lily EMEYABBI	FR	#4 Nelson (Texas)	2.80m	9-21/4	3/29
		W	om	en's Long Jump			
1	53	Ky'Leah HILL	so	#8 Langston (Okla.)	5.15mw	16-10¾ (3 <mark>.</mark> 4	3/29
2		Morgan WOOD	JR	#3 Ozarks (Mo.)	4.57m	15-0 (0.2)	3/8
3		Tanyaradzwa MUTARA	FR	#10 Science & Arts (C	4.34mw	14-3 (4.0)	3/29
4		Karys OUBRE	FR	#6 Southwestern Cl	4.13mw	13-6¾ (3.6)	3/29
5		Margee HARVEY	so	#3 Ozarks (Mo.) {2]	4.07m	13-41/4 (0.8)	3/8
		Wo	ome	en's Triple Jump			
1	14	Ahmia DORSEY	SR	#8 Langston (Okla.)	11.34mw	37-2½ (3. <mark>7</mark>)	3/29
2	83	Nicole BASYE	JR	#2 John Brown (Ark	9.17m	30-1 (1.8)	3/8
3	87	Karys OUBRE	FR	#6 Southwestern Cl	9.06mw	29-8¾ (2.9)	3/29
		V	Vor	nen's Shot Put			
1	27	Evie SCOLES	SR	#2 John Brown (Ark	12.46m	40-10½	3/29
2	32	Mia GRAY	FR	#9 Wayland Baptist	12.34mA	40-6	3/30
3	81	Jordyn TARR	so	#3 Ozarks (Mo.)	11.44m	37-61/2	3/29
4		Lola HESTER	so	#6 Southwestern Cl	11.02m	36-2	3/29
5		Ryleah FISHER	JR	#11 UNT Dallas	10.58m	34-81/2	3/15
6		Laura BARRIOS-BARDI	so	#10 Science & Arts (C	10.54m	34-7	3/29
7		Kyra WILLETT	JR	#10 Science & Arts (C[2]	10.35m	33-11½	3/8
8		Macey CRANDALL	FR	#10 Science & Arts (C[3]	9.98m	32-9	3/29
9		Kyli RESER	FR	#10 Science & Arts (C[4]	9.88m	32-5	3/8
10		Tia GONZALES	SR	#5 Oklahoma City	9.85m	32-3¾	3/29
			Wo	men's Discus			
1	40	Kyli RESER	FR	#10 Science & Arts (C	39.06m	128-2	3/8
2	49	Mia GRAY	FR	#9 Wayland Baptist	38.60mA	126-8	3/30
3	95	Evangelia WOODS	so	#3 Ozarks (Mo.)	35.85m	117-8	3/29
4		Lola HESTER	so	#6 Southwestern Cl	34.33m	112-8	3/29
5		Avery BROWN	FR	#1 Oklahoma Panha	33.87m	111-2	3/22
6		Brittney CARRASCO	FR	#1 Oklahoma Panh:{2}	32.80m	107-8	3/22
7		Jordyn TARR	SO		32.67m	107-2	3/29
8		Annalicia HERNANDEZ	FR	#9 Wayland Baptist {2}	32.47mA	106-7	3/30
9		Lexi HORN	SO	#5 Oklahoma City	31.86m	104-7	3/29
10		Maggie RASSMUSSEN	so	#6 Southwestern Cl{2}	31.57m	103-7	3/29

		V	Von	nei	n's Hammer			
1	64	Savannah COBLENTZ	FR	#1	Oklahoma Panh	42.44m	139-3	3/22
2		Evie SCOLES	SR	#2	John Brown (Ark	37.31m	122-5	3/29
3		Kai TAYLOR	JR	#4	Nelson (Texas)	34.90m	114-6	3/29
4		Brittney CARRASCO	FR	#1	Oklahoma Panh	{2} 33.10mA	108-7	3/30
5		Avery BROWN	FR	#1	Oklahoma Panh	{3} 30.27mA	99-3¾	3/30
6		Annalicia	FR	#9	Wayland Baptist	29.38mA	96-43/4	3/30
		HERNANDEZ						
			Wo	me	n's Javelin			
1	72	Autumn CROUCH	SO	#4	Nelson (Texas)	32.52m	106-9	3/29
2	77	Brooklyn TAYLOR	SR	#4	Nelson (Texas)	{2} 31.94m	104-10	3/29
3	91	Maisie GOODWIN	JR	#3	Ozarks (Mo.)	30.53m	100-2	3/8
4	97	Lily EMEYABBI	FR	#4	Nelson (Texas)	{3} 30.20m	99-1	3/29
5		Morgan WOOD	JR	#3	Ozarks (Mo.)	{2} 28.73m	94-31/4	3/29
6		Nicole BASYE	JR	#2	John Brown (Ark	28.60m	93-10	3/29
7		Ahmia DORSEY	SR	#8	Langston (Okla.)	27.14m	89-1/2	3/29
8		Faith CASTILLO	SR	#9	Wayland Baptist	26.62mA	87-4	3/30
9		Auryana JOHNSON	SR	#8	Langston (Okla.)	{2} 25.65m	84-2	3/29
10		Savannah COBLENTZ	FR	#1	Oklahoma Panha	18.91m	62-1/2	3/22
		W	ome	en'	s Heptathlo	n		
1	8	Morgan WOOD	JR		Ozarks (Mo.)	3,827		3/29
2	16	Skylar MORRIS	FR	#4	Nelson (Texas)	2,999		3/29
3	17	Robyn PUENTE	FR	#4	Nelson (Texas)	{2} 2,960		3/29
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	,				SS	AC			as of 4/1/2025 7:53:3	9 AM ET
	и	/om	ien's 100 Meters				W	/om	en's 800 Meters	
1 1	Tyeese SMITH	JR		(1.5)	3/22	1	32 Maria TIRADO	SO		3/29
2 3	Denai WILSON	JR	#1 William Carey (M{2}11.68	(1.8)	3/22	2	33 Maria SIMANCAS	SR	#1 William Carey (M{2}2:19.85	3/22
3 6	Syniah SIMS	SO	#1 William Carey (M{3}11.83	w (2.6)	3/29	3	72 Najah GIBSON	JR	#5 Life (Ga.) 2:24.16	3/29
4 29	Sidni DANIEL	FR	#3 Brewton-Parker 12.18	(1.6)	3/28	4	85 Hannah MITCHELL	SO	#1 William Carey (M{3}2:25.38	3/22
5 34	Jordyn MINOR	SO	#2 Loyola (La.) 12.22	w (3.2)	3/29	5	96 Sky JONES	FR	#5 Life (Ga.) {2} 2:26.30	3/29
6 37	Ja'Niya MCDONALD	JR	#1 William Carey (M{4}12.25	w (2.7)	3/22	6	Aurora LATIMER	FR	#1 William Carey (M{4}2:30.57	3/22
7 75	Asya STANISLAUS	JR	#6 Mobile (Ala.) 12.51	w (3.2)	3/29	7	Kaylea HOLMES	SO	#6 Mobile (Ala.) 2:32.35	3/29
8 95	Zaria BONAFEDE	SO	#5 Life (Ga.) 12.64	(1.3)	3/29	8	Carmen CRAWFORD	FR	#5 Life (Ga.) {3}2:36.22	3/29
9	Mya MCRAE	FR	#10 Thomas (Ga.) 12.73	(0.1)	3/22	9	Lou-Anne BERNARD	FR	#7 Tennessee South 2:36.40	3/15
10	Jerenie JACKSON	SR	#6 Mobile (Ala.) {2}12.81	w (2.4)	3/29	10	Lexi LYON	FR	#4 Dalton State (Ga 2:38.76	3/9
	Wom	en'	s 100 Meter Hurdles				W	ome	en's 1500 Meters	
1 1	Salieci MYLES	SR	#1 William Carey (M 13.57	(0.2)	3/22	1	16 Emeline DELAVILLE	SO	#5 Life (Ga.) 4:42.90	3/29
2 74	Madison ACKERMAN	FR	#2 Loyola (La.) 16.13	(2.0)	3/29	2	52 Blanca CONESA	SR	#1 William Carey (M 4:54.81	3/22
3	Andrea BARDALES	FR	#2 Loyola (La.) {2} 22.04	(-1.5)	3/22	3	Kaylea HOLMES	SO	#6 Mobile (Ala.) 5:12.58	3/29
	И	/om	en's 200 Meters			4	Lou-Anne BERNARD	FR	#7 Tennessee South 5:13.19	3/15
1 1	Briana CAMPBELL	FR	#5 Life (Ga.) 23.69	(0.8)	3/29	5	Kylie GRAY	FR	#4 Dalton State (Ga 5:17.15	3/22
2 4	Denai WILSON	JR	#1 William Carey (M 23.88	(0.7)	3/22	6	Emma VIZINA	JR	#7 Tennessee Soutl{2}5:21.51	3/22
3 20	Tyeese SMITH	JR	#1 William Carey (M{2}24.92	(-0.2)	3/22	7	Kyja WILLIAMS	JR	#5 Life (Ga.) {2} 5:22.07	3/29
4 23	Ja'Niya MCDONALD	JR	#1 William Carey (M{3}24.99	(-0.4)	3/22	8	Kayley BURGESS	SR	#6 Mobile (Ala.) {2} 5:23.25	3/29
5 42	Jennifer EZEOHA	JR	#1 William Carey (M{4}25.40	(-0.4)	3/22	9	Lexi LYON	FR	#4 Dalton State (Ga{2} 5:28.90	3/9
6 54	Sidni DANIEL	FR	#3 Brewton-Parker 25.65	(-1.2)	3/28	10	Virginia TIRADO	FR	#1 William Carey (M{2}5:29.45	3/22
7 64	Kendra PAYNE	FR	#3 Brewton-Parker {2} 25.79	(0.2)	3/28		Wo	ome	n's Steeplechase	
8 69	Syniah SIMS	SO	#1 William Carey (M{5}25.92	(1.2)	3/22	1	16 Blanca CONESA	SR	#1William Carey (M 11:54.81	3/29
9	Aubrey JOHNSON	FR	#1 William Carey (M{6}26.22	(0.7)	3/22	2	19 Aubrey BRITT	JR	#8 Blue Mountain (N 12:03.79	3/1
10	Ashlyn BROUSSARD	JR	#6 Mobile (Ala.) 26.28	w (3.0)	3/29	3	32 Lexi LYON	FR	#4 Dalton State (Ga 12:31.22	3/22
	И	/om	en's 400 Meters			4	45 Haley HARTMAN	SO	#4 Dalton State (Ga{2}13:07.66	3/22
1 18	Jennifer EZEOHA	JR	#1 William Carey (M 58.13		3/22	5	47 Claire ATKINS	SO	#6 Mobile (Ala.) 13:14.54	3/29
2 33	Kendra PAYNE	FR	#3 Brewton-Parker 58.83		3/28		W	ome	en's 5000 Meters	
3 36	i Dagbjort	SR	#5 Life (Ga.) 58.90		3/29	1	74 Kylie GRAY	FR	#4 Dalton State (Ga 18:55.22	3/22
	MAGNUSDOTTIR					2	100 Isabelle WHEELER	SR	#1William Carey (M 19:15.86	3/22
4 51	. Maria SIMANCAS	SR	#1 William Carey (M{2}59.47		3/22	3	Claire DEATON	SO	#7 Tennessee South 19:52.18	3/22
5	Ashlyn BROUSSARD	JR	#6 Mobile (Ala.) 1:02.0)1	3/29	4	Marlene PAEZ	SR	#4 Dalton State (Ga{2}20:03.79	3/22
6	Janae MCCALL	SO	#6 Mobile (Ala.) {2}1:02.8	37	3/29	5	Emma VIZINA	JR	#7 Tennessee Soutl{2}20:32.99	3/22
7	Aubrey JOHNSON	FR	#1 William Carey (M{3}1:03.0	7	3/22	6	Amelia WORSLEY	SO	#7 Tennessee Soutl{3} 20:33.43	3/15
8	Leila SANTANA	FR	#2 Loyola (La.) 1:03.3	33	3/22	7	Harley GARNER	SO	#8 Blue Mountain (N 20:38.27	3/15
9	Olivia LEROUX	SO	#2 Loyola (La.) {2}1:04.0)9	3/22	8	Lauren HALLMARK	FR	#7 Tennessee South [4] 21:42.11	3/15
10	Mya MCRAE	FR	#10 Thomas (Ga.) 1:04.1	16	3/22	9	Neidyn LOPEZ-	JR	#7 Tennessee Soutl{5}21:57.84	3/15
	Wom	_	s 400 Meter Hurdles				HERNANDEZ			
1 40	Laisha HERNANDEZ	FR	#5 Life (Ga.) 1:07.3	37	3/29	10	Lexie FAULKNER	SO	#8 Blue Mountain (N{2}22:12.73	3/1
2	Angel WRIGHT	JR	#8 Blue Mountain (N 1:14.6	66	3/1		Wo	mei	n's 10,000 Meters	
3	Alexys HINES	SO	#4 Dalton State (Ga 1:19.6	55	3/22	1	21 Kylie GRAY	FR	#4 Dalton State (Ga 41:57.62	3/9
4	Sophia BROWN	FR	#3 Brewton-Parker 1:19.8	32	3/8	2	30 Marlene PAEZ	SR	#4 Dalton State (Ga{2}44:25.05	3/9
5	Aaliyah ALLEN	SO	#3 Brewton-Parker {2} 1:20.2	25	3/8					
6	Jaleah RHETT	SR	#3 Brewton-Parker {3}1:22.9)1	3/28					



#2 Loyola (La.)

#3 Brewton-Parker {2}4.50m

FR #3 Brewton-Parker {3}4.45m

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Jenna GALEAS

Zyria BATTLE

RaaShonda KHALIL

Conference TFRI Event Summary



#9 Florida College

15.54m 51-0

3/22

as of 4/1/2025 7:53:40 AM ET **SSAC** Women's 4x100 Relay Women's Triple Jump #1 William Carey (M Fabiana MORALES SO #1 William Carey (M **12.06m** 39-6¾ (1.0) 3/22 Tyeese Smith, Denai 45.46 3/29 1 Wilson, Salieci Myles, 2 11 Zaniyah WILSON JR #1 William Carey (M{2}11.67mw^{38-3½} (2.1) 3/15 **Syniah Sims** 37 A'Shanti SURREY #3 Brewton-Parker 10.62m 34-101/4 (0.0 3/28 2 27 Kameron Noble, #3 Brewton-Parker 49.02 3/8 49 Jenna GALEAS SO #2 Loyola (La.) **10.26m** 33-8 (2.0) 3/29 Sophia Brown, Women's Shot Put Danaysia Roberts, Sidni Daniel #5 Life (Ga.) 33 Katelyn MENDOZA 12.31m 40-43/4 3/22 3 68 Elizabeth McGhee, #4 Dalton State (Ga 54.78 3/22 **Destiny CLARKSTON** FR #2 Loyola (La.) 10.70m 35-11/4 3/22 Sara Collins, Haley 3 Renee ANDERSON #2 Loyola (La.) SO {2}**10.49m** 34-5 3/22 Hartman, Alexys #6 Mobile (Ala.) 4 **Aniyah DENT** 10.39m 34-11/4 3/15 Hines 5 #2 Loyola (La.) Kimora DANIFI IR {3}10.37m 34-1/4 3/29 Women's 4x400 Relay 6 Chelsea BISHOP FR #2 Loyola (La.) {4}**10.09m** 33-11/4 3/22 #1 William Carey (M 3:48.13 Jennifer Ezeoha, 3/29 3 7 **Kaylee JOHNSON** #4 Dalton State (Ga 9.70m 31-10 3/9 Denai Wilson, Aubrey Johnson, Maria 8 **Emily GILES** #9 Florida College 9.05m 29-81/4 3/22 **Simancas** 9 Mallory BOTOS #6 Mobile (Ala.) {2}8.72m 28-71/2 3/29 8 Briana Campbell, #5 Life (Ga.) 3:53.05 3/29 10 Keelie JORDAN #3 Brewton-Parker 26-53/4 JR 8.07m 3/8 Emeline Delaville, Women's Discus Najah Gibson, Laisha Hernandez 58 Emily LANE #4 Dalton State (Ga 37.77m 123-11 1 SO 3/22 #3 Brewton-Parker 3 29 Sidni Daniel, 4:12.96 3/8 84 Aniyah DENT #6 Mobile (Ala.) 36.39m 119-5 3/15 Danaysia Roberts, #5 Life (Ga.) 89 Katelyn MENDOZA SO 36.15m 118-7 3 3/22 Kameron Noble, 4 **Destiny CLARKSTON** FR #2 Loyola (La.) 30.97m 101-7 3/29 Kendra Payne #4 Dalton State (Ga{2}27.88m 5 **Kaylee JOHNSON** 91-53/4 3/9 #2 Loyola (La.) 4:26.28 4 **53** #Type! 3/22 Renee ANDERSON {2}**26.47m** 86-101/4 6 #2 Loyola (La.) 3/22 Women's 4x800 Relay #8 Blue Mountain (N 7 82-101/2 3/1 Abby LANEY 25.26m #8 Blue Mountain (N 10:33.65 1 **16** Aubrey Britt, Harley 3/15 JR #2 Loyola (La.) 79-51/2 8 Kimora DANIEL {3}24.22m 3/29 Garner, Tyra Yahola, **Angel Wright** 9 Chelsea BISHOP #2 Loyola (La.) {4}**22.74m** 74-71/4 3/29 10 **Emily GILES** #9 Florida College 22.25m 73-0 3/8 Women's High Jump 1 25 Kaitlyn BECNEL SR #2 Loyola (La.) 1.60m 5-3 3/22 Women's Hammer #2 Loyola (La.) 5-3 SO #5 Life (Ga.) 25 Tenosh LANDRY 1.60m 3/22 Katelyn MENDOZA 39.34m 129-1 1 3/22 SO #3 Brewton-Parker #6 Mobile (Ala.) 61 Danaysia ROBERTS 1.50m JR 33.21m 109-0 3/28 2 **Mallory BOTOS** 3/15 76 Zaniyah WILSON #1 William Carey (M 1.48m 4-101/4 3/29 Kimora DANIEL JR #2 Lovola (La.) 25.52m 83-83/4 3 3/22 5 Mylan TANNER SO #3 Brewton-Parker {2} 1.40m 4-7 3/28 Keelie JORDAN JR #3 Brewton-Parker 23.24m 76-3 3/8 4 5 #3 Brewton-Parker {2} 1.40m 4-7 **Zyria BATTLE** 3/28 #2 Loyola (La.) 74-3/4 5 Cameron DIAZ {2}**22.57m** 3/22 7 Andrea BARDALES #2 Loyola (La.) {3}1.30m 4-31/4 3/22 **Destiny CLARKSTON** #2 Loyola (La.) {3}**21.91m** 71-103/4 3/22 #2 Loyola (La.) 7 Chelsea BISHOP {4}20.92m 68-7¾ 3/29 Women's Pole Vault 1 5 Cameron KELPERIS SO #5 Life (Ga.) 3.65m 11-113/4 3/29 Women's Javelin 1 73 Sofia DIVINCENTI #2 Loyola (La.) 32.41m 106-4 3/29 Women's Long Jump 2 Olivia LEROUX SO #2 Loyola (La.) {2}27.20m 89-3 3/29 JR #1 William Carey (M Tyeese SMITH 5.84m 19-2 (0.8) 3/15 2 13 Fabiana MORALES SO #1 William Carey (M{2}5.69mw 18-8 (2.8) 3 **Emily LANE** #4 Dalton State (Ga 24.17m 3/9 3/15 Jaleah RHETT #3 Brewton-Parker 24.01m 78-91/4 #1 William Carey (M{3}5.47mw 17-11½ (3.6 3/15 4 3/8 20 Kerrishma WILLIAMS #2 Loyola (La.) #2 Loyola (La.) 5.21mw 17-1¼ (3.9) 3/29 5 Chelsea BISHOP FR {3}23.04m 75-71/4 3/29 46 Jordyn MINOR #3 Brewton-Parker {2} 21.34m 16-101/2 (2.0 3/22 6 Keelie JORDAN 70-1/4 3/8 55 Patrice OATIS #1 William Carey (M{4}5.14m #6 Mobile (Ala.) 16-31/4 (1.4) 3/22 7 Indeya ARMSTEAD 56-8 6 83 Zaniyah WILSON #1 William Carey (M{5}4.96m 17.27m 3/29 A'Shanti SURREY #3 Brewton-Parker {3} 16.96m 55-73/4 8 3/28 7 Jaleah RHFTT #3 Brewton-Parker 4.77m 15-73/4 (-0.8) 3/28

9

{2}4.64mw 15-2¾ (3.2) 3/29

14-9¼ (0.0) 3/28

14-71/4 (-0.8) 3/28

Ada MAST



WOMEN - 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



		•			9	Sun Cor	ıfe	rei	nce		as of 4/1/2025 7:	53:40 AM ET
		W	'om	en's 100 Meters					Wom	en's	s 400 Meter Hurdles	
1	15	Bri HAY	FR	#2 St. Thomas (Fla.) 12.00	(1.4)	3/8	1	2	Tonyan BECKFORD	FR	#2 St. Thomas (Fla.) 1:02.00	3/29
2	19	Jordanne THOMAS	FR	#2 St. Thomas (Fla.){2}12.07	(1.8)	3/29	2	8	Areeyanna BONDS	FR	#1 Southeastern (Fl 1:03.58	3/22
3	26	Khila DARRISAW	JR	#2 St. Thomas (Fla.){3}12.16	(0.9)	3/22	3	22	Emma DIVERONICA	SR	#2 St. Thomas (Fla.){2} 1:05.79	3/8
4	35	Alyssa MORLEY	FR	#1 Southeastern (Fl 12.24	(1.1)	3/22	4	23	Nyrania BARR-MILLER	FR	#2 St. Thomas (Fla.){3} 1:05.82	3/8
5	43	Yamina NUMAN	JR	#2 St. Thomas (Fla.){4}12.32	(1.0)	3/8	5	29	Grace COGGINS	FR	#1 Southeastern (Fl{2}1:06.25	3/30
6	55	Amealia SMITH	SR	#5 Florida Memoria 12.43	(-0.2)	3/29	6	33	Jessica BROWN	SO	#1 Southeastern (FI{3}1:06.69	3/7
7	63	Shannon LEVY	SO	#5 Florida Memoria{2}12.46	(0.4)	3/29	7	56	Daniela LOGRONO	SO	#3 Keiser (Fla.) 1:09.19	3/28
8	97	Emily POWELSON	SO	#1 Southeastern (FI{2}12.65	(1.1)	3/22	8	59	Talea GIFFORD	FR	#1 Southeastern (FI{4}1:09.70	3/30
9		Khy BURDON	FR	#6 Florida National 12.67	(1.9)	2/28	9	63	Emma PERREAULT	JR	#4 Ave Maria (Fla.) 1:09.97	3/8
10		Stacy WHITE	SO	#8 Warner (Fla.) 12.74	(0.4)	3/30	10	67	Sonayah COTHIERE	FR	#2 St. Thomas (Fla.)[4] 1:10.45	3/8
		Wome	en's	s 100 Meter Hurdles					W	'om	en's 800 Meters	
1	6	Irmiris MENDEZ	SR	#1 Southeastern (Fl 14.31	(0.4)	3/22	1	3	Maci MILLS	JR	#1 Southeastern (Fl 2:12.88	3/22
2	9	Sariyah MORALES	FR	#2 St. Thomas (Fla.) 14.42	(0.7)	3/22	2	9	Jaa'Ln MCBRIDE	FR	#1 Southeastern (FI{2}2:15.43	3/22
3	22	Nyrania BARR-MILLER	FR	#2 St. Thomas (Fla.){2}14.79	(1.2)	3/22	3	43	Camilla ROMERO	FR	#3 Keiser (Fla.) 2:20.69	3/28
4	24	Talea GIFFORD	FR	#1 Southeastern (Fl{2}14.83w	(2.2)	3/22	4	47	Natalie ROHM	JR	#1 Southeastern (FI{3}2:21.63	3/22
5	50	Emma DIVERONICA	SR	#2 St. Thomas (Fla.)(3) 15.38	(0.0)	3/22	5	53	Jillian BLASER	SR	#1 Southeastern (FI{4}2:22.03	3/22
6	65	Serina ROSE	SR	#5 Florida Memoria 15.71	(0.7)	3/22	6	98	Isabella MARTY	SO	#2 St. Thomas (Fla.) 2:26.53	3/22
7	69	LaKeisha MANNING	JR	#2 St. Thomas (Fla.){4}15.89	(-0.1)	3/22	7		Carol LONG	JR	#4 Ave Maria (Fla.) 2:27.28	3/8
8	87	Jessica BROWN	SO	#1 Southeastern (FI{3}16.44	(-0.4)	3/7	8		Sofia TORRES	SO	#4 Ave Maria (Fla.) {2}2:29.44	3/8
9		Maydine NICHOLS	JR	#2 St. Thomas (Fla.)[5] 16.81	(1.2)	3/22	9		Clare OWEN	SO	#4 Ave Maria (Fla.) {3}2:29.48	12/6
10		Terralyn	JR	#7 Webber Internat 19.88	(0.5)	3/8	10		Grace FEDER	SR	#1 Southeastern (FI{5}2:30.95	3/7
		BROCKINGTON							We	ome	en's 1500 Meters	
		W	om	en's 200 Meters			1	43	Sofia TORRES	SO	#4 Ave Maria (Fla.) 4:53.30	3/22
1	2	Tonyan BECKFORD	FR	#2 St. Thomas (Fla.) 23.74	(-0.1)	3/22	2	66	Isabella MARTY	SO	#2 St. Thomas (Fla.) 4:57.55	3/8
2	16	Irmiris MENDEZ	SR	Southeastern (Fl 24.71	(-0.1)	3/7	3	73	Jillian BLASER	SR	#1 Southeastern (Fl 4:58.37	3/22
3	19	Khila DARRISAW	JR	#2 St. Thomas (Fla.){2}24.89	(0.2)	3/8	4	76	Grace FEDER	SR	#1 Southeastern (FI{2}4:58.87	3/7
4	26	Shanise ELLIS	FR		(0.8)	3/29	5	77	Kaycie AQUILINO	FR	#2 St. Thomas (Fla.){2}4:59.31	3/8
5	31	Bri HAY	FR	#2 St. Thomas (Fla.)[3] 25.24	(1.6)	3/22	6	84	Jadyn DEVERNA	FR	#1 Southeastern (FI{3}5:00.88	3/22
6	35	Kayla MCCRAY	JR	#2 St. Thomas (Fla.)[4] 25.33w	(2.6)	12/6	7		Jaade MCBRIDE	FR	#1 Southeastern (FI{4}5:07.14	3/7
		Dominique WILSON	SO		(0.2)	3/8	8		Claudia	SO	#4 Ave Maria (Fla.) {2}5:08.25	3/8
8	56	Jasmin HORNES		#8 Warner (Fla.) 25.67	(-0.1)	3/7			WOJCIECHOWSKI		_	
		Serina ROSE		#5 Florida Memoria{2}25.96	(0.8)	3/29	9		Riley MCKINNEY		#1 Southeastern (FI{5}5:36.04	3/7
10	91	Alyssa MORLEY	FR	#1 Southeastern (FI{2}26.09	(-1.9)	3/30	10		Lismar BENTANCOURT	FR	#6 Florida National 5:37.84	3/8
				en's 400 Meters							nie Steenlachere	
1		Tonyan BECKFORD	FR	#2 St. Thomas (Fla.) 54.66		3/22		26			n's Steeplechase	2/0
		Irmiris MENDEZ	SR			3/30			Sophie ROBINSON	JR	•	3/8
		Areeyanna BONDS		Southeastern (Fl{2}58.06		3/30	2	42	Izzy COLEBANK	FR		3/8
		Jaa'Ln MCBRIDE	FR	1.11		3/22					en's 5000 Meters	- /
		Ahlia SANDIFER	SR	, ,,		3/8			Jadyn DEVERNA		#1 Southeastern (FI 18:30.42	3/22
6	23	Wislande PIERRE-	SR	#2 St. Thomas (Fla.){3}58.50		3/22			Ashlin PRICE	FR		3/22
7	26	LOUIS Hannah TAYLOR	FP	#2 St. Thomas (Fla.){4}58.56		12/6			Madison THOMAS	JR	#4 Ave Maria (Fla.) 18:37.91	3/22
		Emani GLOVER		#2 St. Thomas (Fla.)[5] 1:00.24		12/6 3/8			Sofia TORRES	SO		12/6
		Alexis MENDLIK		#4 Ave Maria (Fla.) 1:00.44		3/22	5	54	Claudia WOJCIECHOWSKI	50	#4 Ave Maria (Fla.) {3} 18:42.17	3/22
		Melissa GRIPACUS		#3 Keiser (Fla.) 1:00.48		12/6	6	65	Kaycie AQUILINO	FR	#2 St. Thomas (Fla.) 18:48.04	3/22
10	10	metioda Gitti ACOS	311	1.00.40		12/0	7	- 55	Felicity FOXHOVEN	JR	#4 Ave Maria (Fla.) {4} 19:32.58	12/6
							8		Anne SCHECK	JR		12/6
							9		Jaade MCBRIDE	FR		3/7
							10		Cracio MCCEE	20	#1 Southeastern (FI(4) 21:24 60	12/0

10

Gracie MCGEE

SO #1 Southeastern (FI{4}21:24.60

12/6

WOMEN — 2025 Checkpoint #1, April 1



					Su	ın Cor	ıfe	rei	nce		as o	f 4/1/2025	7:53:40 A	M ET
	Wom	en's	s 5000m Race W	alk					V	Vom	en's Long Jum	p		
1 5	Ashlyn POULIN	SO	#1 Southeastern (Fl	27:05.31		3/30	1	7	Amealia SMITH		#5 Florida Memoria		19-1¼ (2.2) 3/22
2 7	Marlee IRVIN	JR	#1 Southeastern (FI{2	}28:33.83	1	3/30	2	8	Andreana GRAHAM	SR	#5 Florida Memoria	{2} 5.80m	19-1/2 (2.0)	3/22
3 12	Joselyn RIVERA	SO	#1 Southeastern (Fl{3	30:56.78	3	3/30	3	43	Emily POWELSON	so	#1 Southeastern (F	5.23m	17-2 (-0.8)	3/22
4 18	Tiarra JACKSON	FR	#1 Southeastern (FI{4	37:30.76	;	3/30	4	52	Khamia MORRIS	JR	#5 Florida Memoria	{3} 5.18mw	17-0 (4.0)	3/29
	W	ome	en's 4x100 Relay	,			5	84	Yasmine RODGERS	so	#3 Keiser (Fla.)	4.95m	16-3 (-0.3)	3/28
1 4	Tonyan Beckford, Khila Darrisaw, Bri		#2 St. Thomas (Fla.)	46.39		3/8	6		Terralyn BROCKINGTON	JR	#7 Webber Internat	4.60m	15-11/4 (0.8) 3/22
	Hay, Yamina Numan						7		Jordane WALTER	FR	#3 Keiser (Fla.)	{2} 4.37m	14-4 (-2.3)	3/22
2 34	Quanay'a Jenkins,		#5 Florida Memoria	49.62		3/8			И	/ome	en's Triple Jum	מ		
	Amealia Smith,						1	17	Yasmine RODGERS		#3 Keiser (Fla.)	11.22m	36-9¾ (0. <mark>0</mark>) 3/28
	Khamia Morris, Aylannah Baker						2	60	Jordane WALTER			{2} 9.99m	32-9½ (0.0) 3/28
3 35	Jasheena Owens,		#3 Keiser (Fla.)	49.70		3/28					nen's Shot Put			
3 33	Gracie Zacarias, Destiny McBroom,		reiser (rau)	13110		3/20	1	16	MarieAnge MOUSSIGNAC		#1 Southeastern (F	12.69m	41-7¾	3/8
	Virginia Tan						2	20	Emma TERRY	JR	#1 Southeastern (F	{2} 12.60m	41-41/4	3/8
4 43	Stacy White, Jasmin Hornes, Anaya		#8 Warner (Fla.)	50.21		3/7	3	29	Savianna JOSEPH	FR	#2 St. Thomas (Fla.	12.45m	40-101/4	3/8
	Findlay, Jahhi Clarke-						4	34	Julia SCHARNELL	so	#3 Keiser (Fla.)	12.29m	40-4	12/6
	Bloomfield						5	46	Allison CRAIG	JR	#1 Southeastern (F	{3} 12.04m	39-6	3/8
	W	ome	en's 4x400 Relay	,			6	59	Ezarya DALE	JR	#3 Keiser (Fla.)	{2} 11.75m	38-6¾	3/28
1 7	Ahlia Sandifer,		#2 St. Thomas (Fla.)	3:53.00		3/8	7	95	Ashlea KLAM	FR	#3 Keiser (Fla.)	{3} 11.27m	36-11¾	3/8
	Tonyan Beckford,					-,-	8		Miel JOHNSON	FR	#2 St. Thomas (Fla.	[2] 10.62 m	34-101/4	3/8
	Emani Glover,						9		Rebecca PERONA	JR	#4 Ave Maria (Fla.)	10.39m		12/6
	Wislande Pierre-Louis		#E-1			0.40	10		Niesha ALDAJUSTE	JR	#3 Keiser (Fla.)	{4} 10.27m	33-81/2	3/8
2 52	Shanise Ellis, Khamia Morris, Quanay'a		#5 Florida Memoria	4:25.57		3/8				Wo	men's Discus			
	Jenkins, Serina Rose						1	31	Audrey BAKER	FR	#4 Ave Maria (Fla.)	40.01m	131-3	3/8
3 57	#Type!		#4 Ave Maria (Fla.)	4:29.70		12/6	2	44	Niesha ALDAJUSTE	JR	#3 Keiser (Fla.)	38.81m	127-4	3/28
4 60	Joelle Baptiste, Khy Burdon, Mia		#6 Florida National	4:36.51		2/28	3	53	MarieAnge MOUSSIGNAC	JR	#1 Southeastern (F	38.43m	126-1	3/30
	Betancourt, Shaniece Richardson						4	61	Ashlea KLAM	FR	#3 Keiser (Fla.)	{2} 37.51m	123-1	3/8
		0 111 6	en's 4x800 Relay	,			5	63	Miel JOHNSON	FR	#2 St. Thomas (Fla.	37.49m	123-0	3/8
1 4	Jillian Blaser, Jaade	UIIIE	#1 Southeastern (Fl			3/30	6	71	Baylie HARTMAN	SR	#1 Southeastern (F	l{2} 36.88m	121-0	3/30
1 4	McBride, Natalie		30utileasterii (Ft	9.25.61		3/30	7	90	Ryeyauni BUSH	JR	#5 Florida Memoria	36.11m	118-6	3/8
	Rohm, Maci Mills						8	96	Ezarya DALE	JR	#3 Keiser (Fla.)	{3} 35.79m	117-5	3/22
	И	/om	en's High Jump				9	98	Emma TERRY	JR	#1 Southeastern (F	[{3} 35.71m	117-2	3/30
1 36	Alyssa MORLEY	_	#1 Southeastern (Fl	1.55m	5-1	3/22	10		Savianna JOSEPH	FR	#2 St. Thomas (Fla.	[2] 34.84m	114-4	3/8
	Molly FROM		#4 Ave Maria (Fla.)	1.52m	4-113/4	3/8				Wor	nen's Hammer			
	Yasmine RODGERS		#3 Keiser (Fla.)	1.50m	4-11	3/28	1	24	MarieAnge	JR	#1 Southeastern (F	46.04m	151-1	3/30
4	Keelee OKORO	FR	#6 Florida National	1.42m	4-73/4	3/8			MOUSSIGNAC		_			
5	Caitlyn O'BRIEN	JR	#4 Ave Maria (Fla.) {2		4-7	12/6			Ezarya DALE		#3 Keiser (Fla.)	45.20m	_	3/28
6	Terralyn	JR	#7 Webber Internat		4-6	3/22	3	39	Niesha ALDAJUSTE	JR	#3 Keiser (Fla.)	{2} 44.80m	147-0	3/22
	BROCKINGTON								Emma TERRY		#1 Southeastern (F			3/22
7	Lucia ZVONAR	JR	#4 Ave Maria (Fla.) {3	}1.25m	4-11/4	12/6	5	80	Alexia KORNILOV		#2 St. Thomas (Fla.			3/8
	И	Vo <u>m</u>	en's Pole Vault				6		Angela AUGUSTE	JR		{3} 39.41m	_	3/28
1 35	Aubrey SELLERS	SO	#1 Southeastern (Fl	3.01m	9-101/2	3/8	7		Baylie HARTMAN	SR	#1 Southeastern (F			3/8
	Amari GRAHAM		#1 Southeastern (Fl{2		8-43/4	3/8	8		Nicole GUTIERREZ	JR				3/8
3 66	Sophia BOU	SO	#1 Southeastern (Fl{3	}2.41m	7-10¾	3/8	9		Allison CRAIG	JR	#1 Southeastern (F		_	3/30
		,	_				10		Destinee ALFORD	SR	#7 Webber Internat	31.36m	102-11	3/8



WOMEN - 2025 Checkpoint #1, April 1

Conference TFRI Event Summary



Sun Conference

as of 4/1/2025 7:53:40 AM ET

		Wom	en's Javelin		
1	7 Davanna COLLIE	JR #	² St. Thomas (Fla.) 41.70 m	136-10	3/22
2	23 Emma TERRY	JR #	Southeastern (Fl 37.44m	122-10	3/30
3	90 Sierra SHARP	FR #	² St. Thomas (Fla.){2} 30.61 m	100-5	3/8
4	Terralyn BROCKINGTON	JR #	7 Webber Internat 29.25m	95-11¾	3/22
5	Baylie HARTMAN	SR #	Southeastern (Fl{2}28.15m	92-41/4	3/30
6	Jazlyn GRAHAM	FR #	Southeastern (Fl{3}27.05m	88-9	3/30
7	Taela CAMPBELL	JR #	5 Florida Memoria 26.43m	86-81/2	3/22
8	Aaliyah BLOT	SO #	² St. Thomas (Fla.){3} 24.95 m	81-101/4	3/8
9	Anna BETH GONZALEZ	JR #	⁷ Webber Internat{2} 21.48 m	70-5¾	3/8
10	Allison CRAIG	JR #	1 Southeastern (Fl{4}20.95m	68-8¾	3/30



9 **83** Aliyaha HERON

10 89 Jonnicia WILLIAMS

JR #1 Central Methodi:{2}1:00.63

1:00.75

FR #6 Park (Mo.)

USTFCCCA NAIA Outdoor Track & Field

Conference TFRI Event Summary



Athletic

	`				The	He	art	t		as of 4/1/2025 7:53:40	AM ET
	W	om/	en's 100 Meters					Wom	en':	s 400 Meter Hurdles	
1 26	Zakiya PORTER	JR		(0.0)	3/22	1	13	Cayna LOVE	SR		3/30
2 50	Zyaire ROBINSON	SR	#1 Central Methodi:{2}12.39w	(2.6)	3/29	2	15	Aroa CARBALLO	FR	#1 Central Methodi: 1:04.44	3/22
3 64	1 Ellasa HORTON	FR	#12 William Penn (Io 12.47w	(2.6)	3/29	3	24	Shannon O'NEIL	JR	#1 Central Methodi{2}1:05.87	3/15
4 87	7 Lilly OSTERT	so	#12 William Penn (Io{2}12.59	(1.6)	3/22	4	35	Delaney STRAUS	JR	#4 Culver-Stockton 1:06.79	3/15
5 10	0 Daizy SOLIR	SR	#3 MidAmerica Naza 12.66w	(2.2)	3/22	5	41	Lauren KENNON	FR	#1 Central Methodi:{3}1:07.55	3/15
6	Joana	JR	#1 Central Methodi:{3}12.68	(0.0)	3/22	6	45	Faith KLAMM	JR	#6 Park (Mo.) 1:07.99	3/22
	VAKASOBUDURU					7	48	Federica GAMMAROTA	JR	#8 Missouri Valley 1:08.43	3/29
7	DeAvae ADDERLEY	SR	#12 William Penn (Io{3} 12.72	(1.6)	3/22	8	76	Kirsten	FR	#3 MidAmerica Naz: 1:11.14	3/15
7	Brooklyn JOHNSON	JR	#5 Mount Mercy (Io 12.72w	(3.4)	3/29			WETTERSTROM			
9	Parys SMITH	SR	#1 Central Methodi:{4}12.80w	(3.0)	3/15	9	88	Makenna LONGACRE	JR	#7 Baker (Kan.) 1:12.41	3/30
10	Lakin ESSEX	SO	#3 MidAmerica Naz:{2}12.91	(1.5)	3/22	10	94	Rylee LANSDOWN	SO	#7 Baker (Kan.) {2} 1:13.05	3/30
	Wom	en':	s 100 Meter Hurdles					W	om/	en's 800 Meters	
1 2	Renee FINKE	SR	#1 Central Methodi: 14.08	(1.9)	3/29	1	29	Corine GADIENT	SR	#5 Mount Mercy (Io 2:18.68	3/29
2 3	Addisyn TERPSTRA	SO	#10 Grand View (low 14.18	(1.0)	3/22	2	34	Delaney STRAUS	JR	#4 Culver-Stockton 2:19.90	3/29
3 10	Parys SMITH	SR	#1 Central Methodi:{2}14.45	(1.9)	3/29	3	40	Alex GERE	SO	#3 MidAmerica Naza 2:20.50	3/29
4 19	Hope KLAMM	JR	#6 Park (Mo.) 14.73	(1.0)	3/22	4	45	Mary Cate GOLDEN	SR	#2 Benedictine (Kar 2:21.08	3/30
5 2 7	7 Zaria JONES	FR	#1 Central Methodi:{3}14.90	(1.9)	3/29	5	55	Tara OZINGA	FR	#1 Central Methodi: 2:22.15	3/29
6 30	Haley BELLAMY	JR	#1 Central Methodi:{4}14.97	(1.8)	3/29	6	63	Anna CAMPBELL	JR	#2 Benedictine (Kar{2}2:23.28	3/22
7 32	2 Ambar FULGENCIO	JR	#9 Graceland (Iowa 14.99	(1.3)	3/22	7	67	Catie REITTINGER	FR	#5 Mount Mercy (Io {2}2:23.62	3/29
8 38	3 Shanai SWEETING	JR	#6 Park (Mo.) {2} 15.08	(1.0)	3/22	8	91	Aliyaha HERON	JR	#1 Central Methodi{2}2:25.72	3/29
9 43	Sofia RIZO	FR	#1 Central Methodi:{5}15.21	(1.5)	3/29	9	93	Josie JANSEN	SO	#2 Benedictine (Kar{3}2:25.90	3/30
10 54	Faith KLAMM	JR	#6 Park (Mo.) {3}15.46	(1.0)	3/22	10	97	Maria BURGOS	FR	#1 Central Methodi:{3}2:26.40	3/29
	W	om/	en's 200 Meters					We	ome	en's 1500 Meters	
1 8	Zakiya PORTER	JR	#1 Central Methodi: 24.46w	(4.0)	3/29	1	45	Abby KNEPPER	SO	#5 Mount Mercy (Io 4:53.61	3/15
2 9	Joana	JR	#1 Central Methodi:{2}24.48w	(3.1)	3/29	2	58	Josie JANSEN	SO	#2 Benedictine (Kar 4:56.26	3/22
	VAKASOBUDURU					3	59	Tara OZINGA	FR	#1 Central Methodi: 4:56.38	3/22
3 2 7	7 Diane ONDOBO	JR	#1 Central Methodi:{3}25.12w	(4.0)	3/29	4	69	Mary Cate GOLDEN	SR	#2 Benedictine (Kar{2}4:57.96	3/22
4 45	Rosjai CURTIS	FR	#6 Park (Mo.) 25.44	(2.0)	3/22	5	93	J'Lyn KNUTSON	SR	#5 Mount Mercy (lo-{2}5:02.14	3/15
5 46	5 Daizy SOLIR	SR	#3 MidAmerica Naza 25.48w	(3.1)	3/29	6	94	Corine GADIENT	SR	#5 Mount Mercy (lo ₁ {3}5:02.28	3/29
6 49	Aroa CARBALLO	FR	#1 Central Methodi:{4}25.51w	(4.0)	3/29	7		Catie REITTINGER	FR	#5 Mount Mercy (lo:{4}5:05.00	3/15
7 60	Mya CHARLES	SO	#6 Park (Mo.) {2} 25.75	(1.2)	3/22	8		Julia MCLAUGHLIN	SR	#2 Benedictine (Kar{3}5:08.02	3/30
8	Alexandria SHERMAN	FR	#6 Park (Mo.) {3} 26.36	(1.2)	3/22	9		Ali GUTIERREZ	JR	#1 Central Methodi:{2}5:08.14	3/29
9	Haley BELLAMY	JR	#1 Central Methodi:{5}26.60	(-1.6)	3/29	10		Helen ULLRICH	SO	#2 Benedictine (Kar{4}5:08.40	3/30
10	Joslyn GRIFFIN	FR	#3 MidAmerica Naz:{2}26.63	(0.5)	3/22			Wo	me	n's Steeplechase	
	W	om/	en's 400 Meters			1	6	Abby KNEPPER		#5 Mount Mercy (lo 11:13.20	3/28
1 5	Diane ONDOBO	JR	#1 Central Methodi: 55.75		3/22		_	Jozelynn BOSTICK	SO		3/22
2 34	Lakin ESSEX	SO	#3 MidAmerica Naza 58.85		3/29	3		Jana LANDRETH	JR	#7 Baker (Kan.) 13:01.05	3/30
3 3 7	7 Bailey ARCENEAUX	FR	#7 Baker (Kan.) 58.91		3/30	4		Faith YOUNCE	SR		3/22
4 54	Shanniel GRAHAM	JR	#7 Baker (Kan.) {2} 59.59		3/30			Emma BERRY		#4 Culver-Stockton{2} 13:24.42	3/22
5 5 6	Janiah NICHOLSON	SR	#3 MidAmerica Naz:{2}59.65		3/29	-					-,
6 71	L Daizy SOLIR	SR	#3 MidAmerica Naz:{3}1:00.31		3/29						
7 7 2	Joslyn GRIFFIN	FR	#3 MidAmerica Naz:{4} 1:00.32		3/22						
8 80	Brynna GORMLEY	JR	#2 Benedictine (Kar 1:00.50		3/30						

3/15

3/22



Conference TFRI Event Summary





The Heart

as of 4/1/2025 7:53:40 AM ET

		W	ome	en's 5000 Meters	
1	51	Emilie NELSON	JR	#2 Benedictine (Kar 18:41.88	3/22
2	58	Julia MCLAUGHLIN	SR	#2 Benedictine (Kar{2}18:44.06	3/22
3	77	Helen ULLRICH	SO	#2 Benedictine (Kar{3}18:56.31	3/22
4	78	Haley CARTER	JR	#7 Baker (Kan.) 18:57.06	3/22
5	81	Catherine AARON	JR	#2 Benedictine (Kar{4}18:58.90	3/22
6		Jaycie FRANCO	JR	#11 Clarke (Iowa) 19:24.62	3/28
7		Ellie BARNARD	JR	#7 Baker (Kan.) {2} 19:30.83	3/22
8		Leah KUHN	SO	#2 Benedictine (Kar{5} 19:58.76	3/22
9		Ave WOLF	FR	#2 Benedictine (Kar{6}20:11.21	3/22
10		Lily BRECHEISEN	FR	#6 Park (Mo.) 20:28.98	3/22
		Wo	me	n's 10,000 Meters	
1	14	Emilie NELSON	JR	#2 Benedictine (Kar 40:41.60	3/30
2	16	Catherine AARON	JR	#2 Benedictine (Kar{2}41:20.34	3/30
3	18	Haley CARTER	JR	#7 Baker (Kan.) 41:37.64	3/30
4	19	Jozelynn BOSTICK	SO	#8 Missouri Valley 41:43.70	3/29
5	20	Kristi CHAMBERS	SR	#7 Baker (Kan.) {2}41:48.38	3/30
6	26	Ave WOLF	FR	#2 Benedictine (Kar{3}43:42.40	3/30
7	27	Faith YOUNCE	SR	#4 Culver-Stockton 43:53.79	3/29
8	34	Emma BERRY	SO	#4 Culver-Stockton{2}45:46.32	3/29
9	36	Ella STREHLOW	JR	#1 Central Methodi: 46:10.76	3/29
10	39	Haley THOMPSON	JR	#7 Baker (Kan.) {3}49:22.87	3/30
		Wom	en'	s 5000m Race Walk	
1	6	Faith YOUNCE	SR	#4 Culver-Stockton 27:44.34	3/22
2	19	Emma BERRY	SO	#4 Culver-Stockton{2}38:50.52	3/29
3	20	Klaudia BLASZCZYK	so	#4 Culver-Stockton{3}39:32.75	3/29

		Wom	en's 4x100 Relay	, <u> </u>	
1	9	Zakiya Porter, Joana Vakasobuduru, Parys Smith, Diane Ondobo	#1 Central Methodis	47.09	3/29
2	12	Rosjai Curtis, Mya Charles, Hannah Mand, Alexandria Sherman	#6 Park (Mo.)	47.32	3/28
3	32	Reanna Green, Lakin Essex, Janiah Nicholson, Daizy Solir	#3 MidAmerica Naza	49.42	3/29
4	36	Jailah Robinson, Londyn Cage, Makenna Longacre, Marley Battles	#7 Baker (Kan.)	49.73	3/30
5	39	Brynna Gormley, Maria Connealy, Cayna Love, Addisynn Riley	#2 Benedictine (Kar	49.97	3/30
6	55	Shaliah Mckoy, Emily Lechuga, Samantha Bitz, Dimitria Sweet	#8 Missouri Valley	51.37	3/22
7	60	Anna Paul, Brynna Croy, Addisyn Terpstra, Arina Tembo	#10 Grand View (low	52.14	3/22
8	63	Victoria Pollard, Delaney Straus, Malia Carmack, Emma Smith	#4 Culver-Stockton	53.29	3/22



Conference TFRI Event Summary

WOMEN - 2025 Checkpoint #1, April 1



The Heart as of 4/1/2025 7:53:40 AM
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_	The Heart as 014/1/2023 7.55.40 AM ET											
	Wom	en's 4x400 Relay	,				И	/om	en's High Jump			
6	Diane Ondobo, Allena Rowland, Aroa Carballo, Joana Vakasobuduru	#1 Central Methodi:	3:50.32	3/29		13	Renee FINKE Haley BELLAMY Maria CONNEALY	SR JR SO	#1 Central Methodi:{2}	1.66m	5-6 5-51/4 5-1	3/22 3/29 3/30
2 20	Jailah Robinson, Bailey Arceneaux, Shanniel Graham, Rachel Sterner	#7 Baker (Kan.)	4:06.65	3/30		50 76	Avril MAUGHAN Natalie CALCATERRA Ambar FULGENCIO Shannon O'NEIL	FR	#10 Grand View (Iow #1 Central Methodi:{3} #9 Graceland (Iowa #1 Central Methodi:{4}	1.48m	5-1/4 4-111/2 4-101/4 4-91/2	3/2: 3/2: 3/2: 3/1:
3 23	Faith Klamm, Lilly Camarcho, Hannah Mand, Jonnicia Williams	#6 Park (Mo.)	4:08.55	3/28	8 9		Delaney STRAUS Dawn MCINTYRE Haley HARTSHORNE	JR JR SR	#4 Culver-Stockton #6 Park (Mo.)	1.41m 1.40m 1.40m	4-7½ 4-7 4-7	3/1 3/2 3/1
1 30	Marykathryn Smith, Catherine Starrs, Grace Adams, Paige Schmidt	#2 Benedictine (Kar	4:15.04	3/30	9	25	Madison HELTEN M Emma GRANT	Vom	#2 Benedictine (Kar{2} en's Pole Vault #11 Clarke (Iowa)	1.40m 3.05m	10-0	3/30
	Anna Paul, Addisyn Terpstra, Christella Luyeye, Brynna Croy Emily Lechuga,	#10 Grand View (Iow #8 Missouri Valley	4:19.72 4:20.09	3/28	2	42 54	Zoi SMITH Carla SANTOS Kinlie JUDD		#5 Mount Mercy (Io #4 Culver-Stockton{2}		9-61/4 9-61/4 9-21/4	3/15 3/15 3/22
, 43	Samantha Bitz, Shaliah Mckoy, Federica Gammarota	** Missouri Valley	4.20.09	3/29	5	57	Samantha ROSGA Naomi WELSH Anna PAUL	JR SO SR	#2 Benedictine (Kar	2.60m 2.60m 2.60m	8-61/4 8-61/4	3/22 3/22
7 48	3 Victoria Pollard, Malia Carmack, Delaney Straus, Lexi Clark	#4 Culver-Stockton	4:22.80	3/22		10	Rosjai CURTIS Diamond BOYD	FR	#6 Park (Mo.) {2}	5.90m 5.71m	19-4½ (0.9) 18-8¾ (1.7)) 3/29
S 56	Amelia Nyambuka, Ambar Fulgencio, Grace Testerman, Jacey Lewis	#9 Graceland (Iowa	4:29.30	3/22	4 5	18 22	Reanna GREEN Olivia YOUNG Haley BELLAMY Hannah JENSEN		#3 MidAmerica Naz:{2} #1 Central Methodi:	5.45m	18-8¾ (1.2, 18-3 (0.4) 17-10¾ (0. 17-9 (3.2)	3/29
	Wom	en's 4x800 Relay	•				Ta'Mya DAVIS	SO	#1 Central Methodi:{2}		17-8¾ (0.1	
11	Catherine Starrs, Anna Campbell, Gemma Downey, Mary Cate Golden	#2 Benedictine (Kar	10:06.73	3/22	8	32 36	Nala BURNS Maria SAHAGUN Claireece CROSS	JR FR SO		5.33m 5.32m	17-6 (0.0) 17-5½ (0.0) 16-9¼ (0.7)	3/2 9
2 13	Anna McKnight, Casandra Reyes, Julia Swearengin, Isabella Meili	#3 MidAmerica Naza	10:21.49	3/15		13	Rosjai CURTIS Olivia YOUNG	FR FR	#3 MidAmerica Naza	11.35m		
3 15	Lexi Clark, Delaney Straus, Malia Carmack, Emma Berry	#4 Culver-Stockton	10:30.30	3/15	4 5	19 20	Hayley LOEWEN Delaney STRAUS Ta'Mya DAVIS Claireece CROSS	JR SO	#3 MidAmerica Naz{2} #4 Culver-Stockton #1 Central Methodi: #1 Central Methodi:{2}	11.12m 11.11m	36-5¾ (1.0) 36-5½ (0.9)) 3/15) 3/15
1 25	6 Camille Humphrey, Brynna Wentland, Faraja Nyasa, Shaliah Mckoy	#8 Missouri Valley	11:49.75	3/29	7	34 40	Lilly CAMARCHO Maria CONNEALY Emma DEANA PANINKA	FR SO		10.77mv 10.51m	y 35-4 (3.6) 34-5¾ (-0.4	3/28 4) 3/22
					10	46	Natalie CALCATERRA	FR	#1 Central Methodi:{4}	10.34m	33-111/4 (0	¹ 3/15

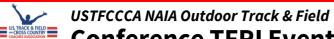




C Summary	// thietic
The Heart	as of 4/1/2025 7:53:41 AM ET

- 1							1110
			Wor	nen's Shot Put			
1	5	Victoria LOTZ	SR		13.67m	44-101/4	3/22
2		Kady VANDEMARK	JR		12.52m	41-1	3/29
3		Ava CONRAD	SR		12.46m	40-101/2	3/29
4		Aarion PICKENS	FR		12.11m	39-83/4	3/22
5		Caley BLOSSER	SR	#3 MidAmerica Naz:{2}		39-8	3/30
6		Ella MARGHEIM	JR	#3 MidAmerica Naz:{3}		39-6	3/30
7		Alyssa STRIEGEL	SR	#5 Mount Mercy (Io\{2}		39-21/2	3/29
8		Carolyn MILLER			11.90m	39-1/2	3/22
9		Paula ROMERO	SR	#8 Missouri Valley {2}		38-113/4	3/22
		RODRIGUEZ		,			
10	70	Alexandra	FR	#3 MidAmerica Naz:{4}	11.63m	38-2	3/30
		DICKERSON					
			Wo	men's Discus			
1	5	Victoria LOTZ	SR	#3 MidAmerica Naza	46.17m	151-6	3/30
2	13	Alyssa STRIEGEL	SR	#5 Mount Mercy (Io	44.21m	145-1	3/29
3	16	Ava CONRAD	SR	#5 Mount Mercy (Io _{ 2}	43.55m	142-11	3/29
4	18	Mary LORANG	FR	#2 Benedictine (Kar	42.97m	141-0	3/30
5	20	Marta PIANTANIDA	FR	#7 Baker (Kan.)	42.02m	137-11	3/30
6	22	Kali BROWN	JR	#1 Central Methodi:	41.36m	135-9	3/22
7	28	Grace KELLEY	JR	#5 Mount Mercy (Io ₁ (3)	40.70m	133-7	3/29
8	41	Kady VANDEMARK	JR	#9 Graceland (Iowa	39.03m	128-1	3/29
9	51	Alexandra	FR	#3 MidAmerica Naz:{2}	38.57m	126-7	3/30
10	61	DICKERSON Natalie DEFORD	SO	#5 Mount Mercy (lo-{4}	27 27m	122-7	2/20
10	04				31.31111	122-7	3/29
1	1	Victoria LOTZ	SR	men's Hammer #3 MidAmerica Naza	58.72m	192-8	2/20
2			SR	#3 MidAmerica Naz:{2}		153-2	3/30
3		Caley BLOSSER Kali BROWN	JR		46.32m	152-0	3/30 3/29
4		Donny SHARP	SR		46.23m	151-8	3/29
5		Alyssa HALL	SR		45.88m	150-6	3/30
6		Naiyah LANDRUM	SR		45.39m	148-11	3/22
7		Alexandra	FR	#3 MidAmerica Naz:{3}		148-2	3/30
•	٠.	DICKERSON		internet real(s)	13123111		3/30
8	35	Mia ALLMON	JR	#10 Grand View (low	45.13m	148-1	3/28
9	46	Natalie DEFORD	SO	#5 Mount Mercy (Io	43.78m	143-8	3/29
10	47	Alyssa STRIEGEL	SR	#5 Mount Mercy (Io{2}	43.76m	143-7	3/15
			Wo	men's Javelin			
1	1	Mary LORANG	FR		45.07m	147-11	3/30
2	13	Joana VAKASOBUDURU	JR	#1 Central Methodi:	39.61m	130-0	3/29
3	16	Julie COFFEY	JR	#7 Baker (Kan.)	38.54m	126-6	3/30
4		Isabelle MATTHEWS	JR		37.11m	121-9	3/28
5	28	Grace GODARD	SR	#2 Benedictine (Kar{2}	36.70m	120-5	3/22
6	33	Maria CONNEALY	SO	#2 Benedictine (Kar{3}	36.34m	119-3	3/30
7	35	Mary WHITESIDE	SO	#2 Benedictine (Kar{4}	36.29m	119-1	3/22
8	40	Delaney STRAUS	JR	#4 Culver-Stockton	35.71m	117-2	3/15
9	64	Kila BURCHETT	FR	#8 Missouri Valley	33.12m	108-8	3/15
10	75	Brigid GORMLEY	so	#2 Benedictine (Kar{5}	32.18m	105-7	3/30

Women's Heptathlon								
1	2	Haley BELLAMY	JR	#1 Central Methodi: 4,625	3/29			
2	4	Delaney STRAUS	JR	#4 Culver-Stockton 4,320	3/29			
3	14	Ambar FULGENCIO	JR	#9 Graceland (Iowa 3,522	3/29			
4	15	Amelia NYAMBUKA	SO	#9 Graceland (Iowa{2}3,225	3/29			
5	23	Kinlie JUDD	so	#4 Culver-Stockton{2}2,214	3/29			



WOMEN — 2025 Checkpoint #1, April 1



			W	HAC as of 4/1/2025 7:53:41 AM ET				
	И	omen's 100 Meters		Women's 800 Meters				
1 2		SR #1 Madonna (Mich.) 11.65w	(2.3) 3/29	1 7 Lauren HAMILTON	SO #1 Madonna (Mich.) 2:14.95 3/29			
2 39	Kiara CARTER	SR #1 Madonna (Mich.){2} 12.26	(1.8) 3/29	2 16 Elizabeth DANCEY	JR #1 Madonna (Mich.){2}2:16.91 3/29			
3 55	Maelie HOPE	SO #7 Aquinas (Mich.) 12.43	(-0.5) 3/22	3 20 Emonie BONNER	SO #1 Madonna (Mich.){3}2:17.48 3/29			
4 67	Latrice WILIAMS	FR #3 Lawrence Tech (12.48w	(3.9) 3/30	4 42 Sofiya SALLY	FR #1 Madonna (Mich.){4}2:20.60 3/29			
5 75	Martina	FR #3 Lawrence Tech ({2}12.51	(1.7) 3/30	5 58 Payton HOSLEY	FR #2 Cornerstone (Mic 2:22.42 3/28			
	MONTSERRAT-VILAR			6 66 Jacqueline ALBO	SR #3 Lawrence Tech (2:23.60 3/30			
6	Kourtlyn CANNON	JR #1 Madonna (Mich.){3}12.77	(1.2) 3/29	7 71 Jacie REMTEMA	SO #2 Cornerstone (Mix{2}2:24.08 3/28			
7	Isabel SPEARING	SR #7 Aquinas (Mich.) {2}12.81	(0.1) 3/22	8 80 Mira HORVATH	FR #5 Defiance (Ohio) 2:25.11 3/22			
8	Aniya ADAMS	SR #3 Lawrence Tech (\{3\}12.84w	(2.2) 3/22	9 Alyssa WISENER	FR #2 Cornerstone (Mii{3}2:26.93 3/28			
9	Rakel THOMPSON	FR #5 Defiance (Ohio) 12.89	(-0.5) 3/8	10 Eleanor KINGSHOT	T FR #2 Cornerstone (Mir{4}2:28.06 3/28			
10	Yasmine PRIESTER	FR #3 Lawrence Tech ({4}13.54w	(2.5) 3/22		Women's 1500 Meters			
	Wom	en's 100 Meter Hurdles		1 27 Jacie REMTEMA	SO #2 Cornerstone (Mix 4:47.51 3/25			
1 21	Katelynn DIX	JR #2 Cornerstone (Mic 14.77	(1.0) 3/29	2 29 Elizabeth DANCEY	JR #1 Madonna (Mich.) 4:49.14 3/29			
2 35	Latrice WILIAMS	FR #3 Lawrence Tech (15.03w		3 90 Payton HOSLEY	FR #2 Cornerstone (Mi-{2}5:01.45 3/25			
3 41	L Martina	FR #3 Lawrence Tech ({2}15.12w	(3.4) 3/30	4 Hanna	SR #3 Lawrence Tech (5:06.50 3/30			
	MONTSERRAT-VILAR	00 110	(0.5) 2/22	ASSENMACHER				
4	Jayde ULLENBRUCH	SO #4 Concordia (Mich. 24.54	(-0.5) 3/22	5 Alyssa WISENER	FR #2 Cornerstone (Mix{3}5:06.74 3/25			
		omen's 200 Meters		6 Eleanor KINGSHOT	, , , ,			
1 6		SR #1 Madonna (Mich.) 24.22	(0.8) 3/29	7 Jacqueline ALBO	SR #3 Lawrence Tech ({2}5:26.49 3/22			
	Ny'tierra HOBBS	SR #1 Madonna (Mich.){2}24.56	(1.3) 3/29	8 Zawadi DEBOLA	FR #5 Defiance (Ohio) 5:42.59 3/22			
	Hallie KOOYER	SO #2 Cornerstone (Mic 25.36	(0.4) 3/29	9 Grace FINLEY	SO #4 Concordia (Mich 5:51.01 3/22			
	L Kiara CARTER	SR #1 Madonna (Mich.){3}25.39	(0.4) 3/29	10 Michaela KURTH	SO #4 Concordia (Mich{2}5:56.79 3/22			
	B Latrice WILIAMS	FR #3 Lawrence Tech (26.01	(0.7) 3/30		Women's 5000 Meters			
6 95	Martina MONTSERRAT-VILAR	FR #3 Lawrence Tech ({2}26.11	(0.4) 3/30	1 17 Emma MOORE	JR #2 Cornerstone (Mix 17:48.62 3/28			
7	Isabel SPEARING	SR #7 Aquinas (Mich.) 26.62	(-0.1) 3/22	2 59 Hanna	SR #3 Lawrence Tech (18:44.49 3/22			
8	Mira HORVATH	FR #5 Defiance (Ohio) 26.76	(1.7) 3/22	ASSENMACHER 3 Kylie SAILOR	ED #3 Comparators (Mi.(3) 10:35 OC			
9	Rakel THOMPSON	FR #5 Defiance (Ohio) {2}26.79	(1.7) 3/22	3 Kylie SAILOR4 Macee RIPKE	FR #2 Cornerstone (Mi{2}19:25.86 3/28 SO #4 Concordia (Mich. 20:18.21 3/22			
10	Maliea MAY	SR #3 Lawrence Tech ({3}27.27	(1.2) 3/30	5 Amanda FOGO	JR #4 Concordia (Mich {2} 21:57.33 3/22			
	IA	omen's 400 Meters		6 Rachael BYERS	SO #4 Concordia (Mich{3}22:00.01 3/22			
1 2		SR #1 Madonna (Mich.) 54.02	3/29	7 Alison DOERR	JR #4 Concordia (Mich {4}24:08.09 3/22			
	Hallie KOOYER	SO #2 Cornerstone (Mic 57.94	3/28					
	Mira HORVATH	FR #5 Defiance (Ohio) 59.35	3/8		Women's 4x100 Relay			
4	Ke'ira BELL	SO #1 Madonna (Mich.){2}1:02.72		1 9 Kiara Carter, Charit Jones, Kourtlyn	y #1 Madonna (Mich.) 47.09			
5	Robin DAVIS	SO #1 Madonna (Mich.){3}1:03.23		Cannon, Ny'tierra				
6	Maliea MAY	SR #3 Lawrence Tech (1:03.96		Hobbs				
7	Shelby CLEMENTS	SO #5 Defiance (Ohio) {2}1:05.41		2 25 Latrice Wiliams,	#3 Lawrence Tech (48.95 3/30			
8	Melissa AVI	SO #1 Madonna (Mich.){4}1:06.17	•	Aniya Adams, Yasmine Priester,				
9	Rakel THOMPSON	FR #5 Defiance (Ohio) {3}1:06.18		Martina Montserrat	-			
10	Israa KHAMIS	FR #5 Defiance (Ohio) {4}1:06.36		Vilar				
	Wom	en's 400 Meter Hurdles			Women's 4x400 Relay			
1 30	Katelynn DIX	JR #2 Cornerstone (Mic 1:06.30	3/28	1 39 Mira Horvath, Shelb	by #5 Defiance (Ohio) 4:17.58 3/22			
	L Aniya ADAMS	SR #3 Lawrence Tech (1:06.46		Clements, Rakel Thompson, Zawadi				
	Martina MONTSERRAT-VILAR	FR #3 Lawrence Tech (\{2\}1:13.04		Debola				
4	Caleigh BOVENSIEP	FR #3 Lawrence Tech ({3}1:17.43	3/22		Women's 4x800 Relay			
5	Jaidyn SADLER	FR #1 Madonna (Mich.) 1:19.34		1 3 Elizabeth Dancey, Lauren Hamilton, Sofiya Sally, Emonio Bonner	#1 Madonna (Mich.) 9:23.76 3/25			



Conference TFRI Event Summary



WHAC as of 4/1/2025 7:53:41 AM ET

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	Women's High Jump										
1	50	Kendall WILLIAMSON	JR	_	Cornerstone (Mic 1.51m	4-11½	3/22				
1		Allison VANWESEP	SO		Cornerstone (Mic 1.51m	4-11½	3/22				
3		Bridget MCHUGH	FR		Cornerstone (Mi _{ 3}1.46m	4-91/2	3/22				
	Women's Long Jump										
1		Mira HORVATH	FR		Defiance (Ohio) 4.36m	14-3¾ (1.0)	3/22				
2		Amira KNIGHT	FR		Defiance (Ohio) {2}4.25m	13-11½ (1.5					
_							3/22				
1					n's Shot Put Concordia (Mich. 10.15m	33-3¾	2/22				
		Quinn STEFANSKI	SR FR		`	32-7	3/22				
3		Isabella DELONG Maya FREEMAN	SO	_	Lawrence Tech (9.93m Concordia (Mich {2} 9.73m	31-111/4	3/30				
4		Neveah PAYLOR	FR		Lawrence Tech ({2}9.60m	31-6	3/22				
5		Lynsey PEASE	FR		Defiance (Ohio) 8.90m	29-21/2	3/22				
6		Hailey STASIUKINAS	SR		Concordia (Mich.{3}8.88m	29-13/4	3/22				
7		Amanda BARNES	FR		Defiance (Ohio) {2}7.79m	25-6¾	3/22				
8		Mira HORVATH	FR	-	Defiance (Ohio) {3}7.63m	25-1/2	3/22				
		Milationwith			en's Discus		JIZZ				
1	00	Claire MEACHAM	JR		Cornerstone (Mic 36.16m	118-8	3/22				
2	88	Keyara SZYMANSKI	SO		Madonna (Mich.) 34.79m	114-2	3/22				
3		Kieyanna GIMEZ	FR		Madonna (Mich.){2}33.18m	108-10	3/22				
4		Isabella DELONG	FR	_	Lawrence Tech (32.84m	107-9	3/30				
5		Kathleen RACHWAL	so	_	Lawrence Tech ({2}32.54m	106-9	3/30				
6		Susie KISH	so		Madonna (Mich.)[3] 31.39m	103-0	3/22				
7		Heidi KATZ	so		Cornerstone (Mi{2}29.74m	97-7	3/22				
8		Ava MUIR	SR		Cornerstone (Mig3)29.65m	97-31/2	3/22				
9		Chloe MAY	FR		Cornerstone (Mi{4}29.11m	95-61/4	3/22				
10		Quinn STEFANSKI	SR	_	Concordia (Mich. 28.68m	94-11/4	3/22				
			Vor	ne	n's Hammer						
1	41	Aubree NANIEWICZ	SR		Madonna (Mich.) 44.61m	146-4	3/22				
2		Claire MEACHAM	JR		Cornerstone (Mic 43.98m	144-4	3/22				
3		Quinn STEFANSKI	SR		Concordia (Mich. 39.86m	130-9	3/22				
4		Morgan JENKINS	JR		Concordia (Mich{2}38.85m	127-6	3/22				
5		Susie KISH	SO		Madonna (Mich.){2} 37.22m	122-2	3/22				
6		Chloe MAY	FR		Cornerstone (Mi-{2}37.11m	121-9	3/22				
7		Neveah PAYLOR	FR		Lawrence Tech (36.32m	119-2	3/22				
8		Heidi KATZ	so	#2	Cornerstone (Mi-{3}33.98m	111-6	3/22				
9		Maya FREEMAN	SO	#4	Concordia (Mich {3}32.18m	105-7	3/22				
			Wo	mє	en's Javelin						
1	19	Emma LONGUEUAY	FR		Indiana Tech 37.94m	124-6	3/30				
2	31	Ryah DIGIACOMO	so	#6	Indiana Tech {2}36.48m	119-8	3/30				
3		Hailey STASIUKINAS	SR	#4	Concordia (Mich. 26.11m	85-8	3/22				
4		Caleigh BOVENSIEP	FR	#3	Lawrence Tech (24.14m	79-21/2	3/30				
5		Christina SMITH	so	#4	Concordia (Mich{2} 22.84m	74-111/4	3/22				
6		Isabella DELONG	FR	#3	Lawrence Tech ({2}18.72m	61-5	3/30				
7		Amanda BARNES	FR	#5	Defiance (Ohio) 17.02m	55-101/4	3/22				
8		Neveah PAYLOR	FR	#3	Lawrence Tech ({3}15.77m	51-9	3/22				