



Regional TFRI Event Summary



Great Lakes

as of 4/1/2025 7:52:21 AM ET

Women's 100 Meters

1	2	Ny'tierra HOBBS	SR	#5 Madonna (Mich.)	11.65w	(2.3)	3/29
2	11	Kayly GUTHRIE	SR	#4 Lindsey Wilson (I	11.91w	(2.1)	3/22
3	13	Hannah REID	FR	#4 Lindsey Wilson (I	11.96w	(2.1)	3/22
4	14	Abia KANTE	SO	#3 Cumberland (K)	11.97	(1.3)	3/22
5	39	Kiara CARTER	SR	#5 Madonna (Mich.)	12.26	(1.8)	3/29
6	48	Jozlen BRISBON	JR	#4 Lindsey Wilson (I	12.36	(-0.4)	3/15
7	55	Maelie HOPE	SO	Aquinas (Mich.)	12.43	(-0.5)	3/22
7	55	Dylainey FLOYD	SO	#2 Indiana Wesleya	12.43w	(2.2)	3/29
9	61	Jordyn CARDWELL	SR	#9 Brescia (Ky.)	12.45	(1.7)	3/22
10	64	Makiyah ALLEN	JR	#14 Campbellsville (I	12.47	(1.4)	3/29

Women's 100 Meter Hurdles

1	4	Isabel URRUTIA LEMUS	FR	#4 Lindsey Wilson (I	14.23	(0.6)	3/22
2	8	Makiyah ALLEN	JR	#14 Campbellsville (I	14.41w	(2.3)	3/15
3	21	Katelynn DIX	JR	#13 Cornerstone (Mi	14.77	(1.0)	3/29
4	25	Kiana SIEFERT	JR	#12 Taylor (Ind.)	14.84w	(2.8)	3/22
5	29	Ally HAWK	JR	#2 Indiana Wesleya	14.96w	(3.7)	3/29
6	31	Marissa RUTTER	FR	#16 Mount Vernon Ni	14.98	(1.5)	3/30
7	35	Latrice WILLIAMS	FR	#20 Lawrence Tech (I	15.03w	(2.8)	3/22
8	36	Nina MARINKOVIC	SO	#1 Marian (Ind.)	15.06	(1.2)	3/29
9	41	Martina MONTSERRAT-VILAR	FR	#20 Lawrence Tech (I	15.12w	(3.4)	3/30
10	42	Erin PEASE	SO	#19 Union (Ky.)	15.16w	(3.1)	3/22

Women's 200 Meters

1	3	Abia KANTE	SO	#3 Cumberland (K)	23.83w	(3.1)	3/29
2	6	Charity JONES	SR	#5 Madonna (Mich.)	24.22	(0.8)	3/29
3	11	Ny'tierra HOBBS	SR	#5 Madonna (Mich.)	24.56	(1.3)	3/29
4	15	Lillian GUZMAN	SO	#3 Cumberland (K)	24.68w	(4.0)	3/29
5	17	Hannah REID	FR	#4 Lindsey Wilson (I	24.77	(2.0)	3/22
6	39	Hallie KOOYER	SO	#13 Cornerstone (Mi	25.36	(0.4)	3/29
6	39	Tanana EMMENDORFER	FR	#11 Spring Arbor (Mi	25.36w	(2.2)	3/22
8	41	Kiara CARTER	SR	#5 Madonna (Mich.)	25.39	(0.4)	3/29
9	44	Makiyah ALLEN	JR	#14 Campbellsville (I	25.41	(0.8)	3/29
10	50	Emma EDWARDS	FR	#1 Marian (Ind.)	25.56w	(2.7)	3/29

Women's 400 Meters

1	2	Charity JONES	SR	#5 Madonna (Mich.)	54.02		3/29
2	4	Hannah REID	FR	#4 Lindsey Wilson (I	55.15		3/15
3	9	Hanna REUTER	JR	#1 Marian (Ind.)	57.54		3/29
4	14	Hallie KOOYER	SO	#13 Cornerstone (Mi	57.94		3/28
5	24	Piper CLARK	SO	#14 Campbellsville (I	58.52		3/28
6	32	Dylainey FLOYD	SO	#2 Indiana Wesleya	58.80		3/22
7	39	Ta'Shya CRAMER	SO	#4 Lindsey Wilson (I	58.99		3/15
8	43	Kylie MONTGOMERY	FR	#10 Rio Grande (Ohi	59.06		3/29
9	48	Mira HORVATH	FR	Defiance (Ohio)	59.35		3/8
10	49	Lyssi SNOUFFER	JR	#16 Mount Vernon Ni	59.37		3/30

Women's 400 Meter Hurdles

1	3	Ally HAWK	JR	#2 Indiana Wesleya	1:02.37		3/29
2	26	Trysta HILTON	JR	#7 Huntington (Ind.	1:05.92		3/29
3	27	Mariah MALEY	SR	#18 Saint Francis (In	1:06.08		3/21
4	30	Katelynn DIX	JR	#13 Cornerstone (Mi	1:06.30		3/28
5	31	Aniya ADAMS	SR	#20 Lawrence Tech (I	1:06.46		3/30
6	32	Ella MAAS	JR	#2 Indiana Wesleya	1:06.63		3/29
7	38	Tanana EMMENDORFER	FR	#11 Spring Arbor (Mi	1:07.29		3/22
8	46	Faith MPASSY	FR	#9 Brescia (Ky.)	1:08.17		3/22
9	49	Vanessa TEMPLE	JR	#15 IU East (Ind.)	1:08.52		3/30
10	50	Alliyah THOMAS	SO	#9 Brescia (Ky.)	1:08.66		3/22

Women's 800 Meters

1	4	Katie WOODS	JR	#1 Marian (Ind.)	2:13.31		3/29
2	7	Lauren HAMILTON	SO	#5 Madonna (Mich.)	2:14.95		3/29
3	8	Nora STEELE	SR	#1 Marian (Ind.)	2:15.36		3/29
4	10	Kylie SAUDER	SR	#6 Grace (Ind.)	2:15.61		3/30
5	16	Elizabeth DANCEY	JR	#5 Madonna (Mich.)	2:16.91		3/29
6	17	Laura HAMM	FR	#10 Rio Grande (Ohi	2:16.97		3/29
7	20	Emonie BONNER	SO	#5 Madonna (Mich.)	2:17.48		3/29
8	21	Viola JEPLETING	FR	#3 Cumberland (K)	2:17.78		3/22
9	23	Olivia HOWELL	FR	#7 Huntington (Ind.	2:17.90		3/29
10	24	Gracie FIELDS	FR	#1 Marian (Ind.)	2:18.17		3/22

Women's 1500 Meters

1	4	Kylie SAUDER	SR	#6 Grace (Ind.)	4:30.00		3/30
2	6	Emily TEDDER	SR	#7 Huntington (Ind.	4:35.55		3/29
3	10	Viola JEPLETING	FR	#3 Cumberland (K)	4:39.22		3/29
4	13	Katie WOODS	JR	#1 Marian (Ind.)	4:41.70		3/22
5	18	Lea KUNSTMANN	FR	#18 Saint Francis (In	4:44.21		3/21
6	22	Summer REMPE	FR	#1 Marian (Ind.)	4:46.08		3/29
7	27	Jacie REMTEMA	SO	#13 Cornerstone (Mi	4:47.51		3/29
8	28	Abigail MAYS	SR	#12 Taylor (Ind.)	4:48.99		3/22
9	29	Elizabeth DANCEY	JR	#5 Madonna (Mich.)	4:49.14		3/29
10	30	Gracynn HINKLEY	SO	#1 Marian (Ind.)	4:49.32		3/29

Women's Steeplechase

1	12	Hannah WELLS	SR	#8 IU Kokomo (Ind.	11:39.85		3/22
2	14	Audrey BRINKRUFF	SR	#12 Taylor (Ind.)	11:52.78		3/22
3	24	Grace PETTIT	SO	#6 Grace (Ind.)	12:10.04		3/30
4	35	MacKenzie BREWER	JR	#7 Huntington (Ind.	12:39.29		3/29
5	38	Mia GROSSHANS	SO	#9 Brescia (Ky.)	12:48.91		3/22
6	40	Sabrina SIEMS	JR	#1 Marian (Ind.)	12:59.75		3/29
7	50	Emma MAXWELL	JR	#22 Bethel (Ind.)	13:18.05		3/22
8	52	Maggie JEWELL	SO	#14 Campbellsville (I	13:32.64		3/15
9	60	Sofia PETZ	FR	#19 Union (Ky.)	13:58.38		3/29
10	67	Malak MOWAFI	SR	Penn State Schu	15:32.16		3/23



Regional TFRI Event Summary



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Women's 5000 Meters

1	2	Jaynie HALTERMAN	FR	#12 Taylor (Ind.)	16:09.75	3/22
2	6	Elizabeth BARRETT	JR	#2 Indiana Wesleya	17:05.23	3/28
3	12	Noel VANDERWALL	JR	#12 Taylor (Ind.) {2}	17:20.19	3/22
4	13	Samantha PATTERSON	SO	#12 Taylor (Ind.) {3}	17:22.21	3/22
5	14	Addi DEWEY	SR	#2 Indiana Wesleya {2}	17:38.42	3/28
6	16	Olivia CISCO	JR	#21 Shawnee State (I	17:48.49	3/22
7	17	Emma MOORE	JR	#13 Cornerstone (Mi	17:48.62	3/28
8	29	Linda KOECH	FR	#18 Saint Francis (In	18:19.35	3/21
9	35	Cece MITCHELL	SO	#6 Grace (Ind.)	18:30.89	3/22
10	38	Elizabeth LUCASON	JR	#3 Cumberlands (K)	18:33.81	3/22

Women's 10,000 Meters

1	2	Alina BOSHCHUK	SO	#3 Cumberlands (K)	35:28.19	3/29
2	3	Sharon JEMILI	FR	#3 Cumberlands (K) {2}	35:29.89	3/29
3	6	Esther CAMERON	JR	#6 Grace (Ind.)	37:41.04	3/30
4	7	Abbey GENTZ	JR	#7 Huntington (Ind.	37:48.78	3/29
5	10	Cece MITCHELL	SO	#6 Grace (Ind.) {2}	38:39.32	3/30
6	22	Isabelle ALTIC	SR	#8 IU Kokomo (Ind.)	41:59.70	3/22
7	24	Heidi SPAHR	SO	#6 Grace (Ind.) {3}	42:55.10	3/30
8	31	Alana BOHLS	SR	#6 Grace (Ind.) {4}	45:04.92	3/30
9	32	Avery SAMMS	JR	#6 Grace (Ind.) {5}	45:12.39	3/30
10	38	Alysha CROUCH	FR	#8 IU Kokomo (Ind.) {2}	46:24.52	3/30

Women's 5000m Race Walk

1	2	Grace FORREST	SO	#10 Rio Grande (Ohi	26:15.37	3/15
2	8	Alexis DEAN	JR	#15 IU East (Ind.)	29:05.70	3/28
3	9	Maddie DOTLICH	SR	#8 IU Kokomo (Ind.)	29:24.40	3/28
4	10	Makenzee KAHN	SO	#15 IU East (Ind.) {2}	29:25.30	3/28
5	11	Rebecca SPOHN	FR	#10 Rio Grande (Ohi	30:02.40	3/28
6	13	Eleanor HASENOUR	SR	#15 IU East (Ind.) {3}	31:53.10	3/28
7	14	Natalie BRAMMER	JR	#21 Shawnee State (I	31:53.36	3/15

Women's 4x100 Relay

1	6	Hannah Reid, Jozlen Brisbon, Kyra Engel, Jermani Morris	#4 Lindsey Wilson (I	46.96	3/15
2	9	Kiara Carter, Charity Jones, Kourtlyn Cannon, Ny'tierra Hobbs	#5 Madonna (Mich.)	47.09	3/29
3	11	Lillian Guzman, Allie Bryson, Abia Kante, MaQuoia Raglan	#3 Cumberlands (K)	47.15	3/15
4	13	Armonee Clay, Janae Bailey, Jovana Milosevic, Hanna Reuter	#1 Marian (Ind.)	47.62	3/29
5	23	Alyssa Budd, Grace Collins, Shailin Golden, Hope Taylor	#11 Spring Arbor (Mi	48.76	3/22
6	25	Latrice Williams, Aniya Adams, Yasmine Priester, Martina Montserrat- Vilar	#20 Lawrence Tech (I	48.95	3/30
7	44	Ally Hawk, Lauren Coppersmith, Abby Matthews, Dylaine Floyd	#2 Indiana Wesleya	50.25	3/29
8	54	Faith Newsom, Kylie Hall, Jaida Garrett, Carlie Osborne	#25 Pikeville (Ky.)	51.31	3/22
9	58	Sarah Baker, Kash Rice, Machaiah Poynter, Brianna Trigg	#17 Midway (Ky.)	51.70	3/29
10	67	Lana Hackler, Summer Ward, Aurora Haywood, Alayshia Griffith	Bluefield (Va.)	54.15	3/29



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Women's 4x400 Relay

1	11	Hannah Reid, Kayly Guthrie, Anna Grasse, Ta'Shya Cramer	#4	Lindsey Wilson (I	4:00.36	3/15
2	14	Jayden Roach, Kendra Grooms, Laura Hamm, Kylie Montgomery	#10	Rio Grande (Ohic	4:01.89	3/29
3	15	Nora Steele, Katie Woods, Claire Lange, Emma Edwards	#1	Marian (Ind.)	4:02.26	3/29
4	28	Alliyah Thomas, Jordyn Cardwell, Jenna Krampe, Faith Mpassy	#9	Brescia (Ky.)	4:12.83	3/22
5	33	Olivia Gessner, Ava Houghton, Jacqueline Flores-Fortanel, Grace Collins	#11	Spring Arbor (Mi	4:16.07	3/22
6	39	Mira Horvath, Shelby Clements, Rakel Thompson, Zawadi Debola		Defiance (Ohio)	4:17.58	3/22
7	40	#Type!	#2	Indiana Wesleya	4:17.93	3/22
8	58	Jasmine Clouse, Kaylee Hall, Sofia Petz, Bella Townsend	#19	Union (Ky.)	4:34.03	3/15
9	64	Cailyn Godsey, Brianna Collins, Maggie Jewell, Julia Smaldone	#14	Campbellsville (I	4:44.07	3/22

Women's 4x800 Relay

1	3	Elizabeth Dancy, Lauren Hamilton, Sofiya Sally, Emonie Bonner	#5	Madonna (Mich.)	9:23.76	3/29
2	5	Olivia Howell, MacKenzie Brewer, Abbey Gentz, Emily Tedder	#7	Huntington (Ind.	9:29.53	3/29
3	7	Julie Duedahl, Elisa Helferich, Megan Kitchens, Elizabeth Lucason	#3	Cumberlands (K	9:42.21	3/22
4	9	Jayden Roach, Kendra Grooms, Amarissa Kerns, Laura Hamm	#10	Rio Grande (Ohic	9:51.66	3/15
5	12	Leslie Sprankles, Hannah Wells, Keeley Carpenter, Rachel Eby	#8	IU Kokomo (Ind.)	10:16.82	3/22
6	17	Brianna Collins, Anna-Claire Carwile, Maggie Jewell, Jennifer Buttery	#14	Campbellsville (I	10:45.12	3/15
7	26	Jasmine Clouse, Kaylee Hall, Melanie Partin, Sofia Petz	#19	Union (Ky.)	11:51.10	3/22

Women's High Jump

1	5	Brooke COFFMAN	SO	#1	Marian (Ind.)	1.69m	5-6½	3/22
1	5	Lyssi SNOUFFER	JR	#16	Mount Vernon N	1.69m	5-6½	3/30
3	8	Rosemond OWUSU	FR	#4	Lindsey Wilson (I	1.68m	5-6	3/22
4	10	Emerson VANSCHOY	SO	#17	Midway (Ky.)	1.67m	5-5¾	3/22
5	31	Emily MCCREARY	SR	#6	Grace (Ind.)	1.56m	5-1¼	3/22
5	31	Josey REINEMAN	SR	#7	Huntington (Ind.	1.56m	5-1¼	3/22
5	31	Erica XAYARATH	SR	#7	Huntington (Ind.	1.56m	5-1¼	3/22
8	36	Kenniqua GRATE	FR	#14	Campbellsville (I	1.55m	5-1	3/15
9	44	Precious KNIGHT	SO	#1	Marian (Ind.)	{2} 1.53m	5-¼	3/29
9	44	Sophie RUPP	SO	#6	Grace (Ind.)	{2} 1.53m	5-¼	3/30

Women's Pole Vault

1	5	Delaney TEACHNOR	FR	#1	Marian (Ind.)	3.65m	11-11¾	3/22
2	9	Teagan RUPP	FR	#2	Indiana Wesleya	3.50m	11-5¾	3/22
3	14	Maddi REED	FR	#17	Midway (Ky.)	3.35m	10-11¾	3/29
4	19	Emma SCHIFFLI	FR	#7	Huntington (Ind.	3.20m	10-6	3/22
5	25	Makayla BROOKS	JR	#17	Midway (Ky.)	{2} 3.05m	10-0	3/29
5	25	Hailey HOLBROOK	SO	#2	Indiana Wesleya	{2} 3.05m	10-0	3/22
5	25	Maria PETRU	FR	#11	Spring Arbor (Mi	3.05m	10-0	3/22
5	25	Quynh SEDLACEK	FR	#1	Marian (Ind.)	{2} 3.05m	10-0	3/22
9	34	Vanessa TEMPLE	JR	#15	IU East (Ind.)	3.04m	9-11¾	3/30
10	40	Claire ROBINSON	FR	#2	Indiana Wesleya	{3} 2.95m	9-8	3/29

Women's Long Jump

1	6	Abia KANTE	SO	#3	Cumberlands (K	5.83m	19-1½ (0.4)	3/29
2	14	Jordyn CARDWELL	SR	#9	Brescia (Ky.)	5.65mw	18-6½ (2.1)	3/22
3	38	Jaci WOODS	SO	#3	Cumberlands (K	{2} 5.28m	17-4 (-0.2)	3/15
4	39	Erica XAYARATH	SR	#7	Huntington (Ind.	5.26m	17-3¼ (2.0)	3/29
5	41	Lyssi SNOUFFER	JR	#16	Mount Vernon N	5.24m	17-2¼ (1.2)	3/30
5	41	Alyssa BUDD	SO	#11	Spring Arbor (Mi	5.24m	17-2¼ (0.5)	3/22
7	43	Kate RUFFLE	FR	#16	Mount Vernon N	{2} 5.23m	17-2 (1.6)	3/30
8	50	Charm RONE	SO	#4	Lindsey Wilson (I	5.19m	17-½ (-2.5)	3/28
9	53	Rosemond OWUSU	FR	#4	Lindsey Wilson (I	{2} 5.15m	16-10¼ (2.0)	3/22
10	55	Nina MARINKOVIC	SO	#1	Marian (Ind.)	5.14m	16-10½ (0.0)	3/29

Women's Triple Jump

1	21	Shirmara ANDERSON	JR	#1	Marian (Ind.)	11.04m	36-2¾ (0.5)	3/29
2	22	Makayla KEFFELER	SR	#2	Indiana Wesleya	11.02m	36-2 (0.1)	3/29
3	27	McGee TIA	SO	#9	Brescia (Ky.)	10.89m	35-8¾ (-1.1)	3/22
4	28	Dasia GARLAND	SO	#14	Campbellsville (I	10.88m	35-8½ (0.3)	3/22
5	32	Jaci WOODS	SO	#3	Cumberlands (K	10.82m	35-6 (-0.2)	3/15
6	48	Genesis GHIDE-BRYAN	SO	#9	Brescia (Ky.)	{2} 10.27m	33-8½ (-0.8)	3/22
7	56	Naleya KINNEY	SO	#15	IU East (Ind.)	10.08m	33-1 (1.4)	3/22
8	67	Makayla BRYANT	FR	#10	Rio Grande (Ohic	9.83m	32-3 (0.0)	3/29
9	85	Chianti MARKS	JR	#10	Rio Grande (Ohic	{2} 9.12m	29-11¼ (-2)	3/29
9	85	Aurora HAYWOOD	FR		Bluefield (Va.)	9.12m	29-11¼ (1.8)	3/22



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Women's Shot Put

1	1	Sydney DUNCAN	SO	#8 IU Kokomo (Ind.)	16.60m	54-5½	3/30
2	3	Ozofu MAGAJI	FR	#1 Marian (Ind.)	13.99m	45-10¾	3/29
3	12	Merideth DEVRIES	SR	#2 Indiana Wesleyan	13.23m	43-5	3/22
4	15	Alecia PARKER	JR	#22 Bethel (Ind.)	12.74m	41-9¾	3/22
5	29	Reagan CHEATHAM	SO	#4 Lindsey Wilson (I	12.45m	40-10¼	3/22
6	31	Shyanne MOSER	JR	#16 Mount Vernon N	12.41m	40-8¾	3/30
7	39	Bri NICHOLS	JR	#2 Indiana Wesleyan{2}	12.14m	39-10	3/29
8	51	Gabi BILBREY	SO	#1 Marian (Ind.)	{2} 11.90m	39-½	3/22
9	57	Faith ROCK	JR	#8 IU Kokomo (Ind.){2}	11.77m	38-7½	3/15
10	58	Valerie KENDRICK	SR	#25 Pikeville (Ky.)	11.76m	38-7	3/29

Women's Discus

1	8	Merideth DEVRIES	SR	#2 Indiana Wesleyan	45.41m	149-0	3/29
2	9	Gabi BILBREY	SO	#1 Marian (Ind.)	44.71m	146-8	3/22
3	14	Princess KARA	SR	#2 Indiana Wesleyan{2}	44.08m	144-8	3/29
4	15	Sydney DUNCAN	SO	#8 IU Kokomo (Ind.)	43.68m	143-4	3/22
5	17	Lanae CROWE	SR	#6 Grace (Ind.)	43.04m	141-3	3/30
6	35	Bri NICHOLS	JR	#2 Indiana Wesleyan{3}	39.86m	130-9	3/29
7	37	Hadleigh FILIPOVIVH	FR	#1 Marian (Ind.)	{2} 39.57m	129-10	3/22
8	46	Maggie BUERGER	JR	#3 Cumberland (Ky)	38.79m	127-3	3/22
9	54	Tessa MOZZI	SR	#2 Indiana Wesleyan{4}	38.37m	125-11	3/22
10	56	Faith ROCK	JR	#8 IU Kokomo (Ind.){2}	37.84m	124-2	3/15

Women's Hammer

1	8	Bri NICHOLS	JR	#2 Indiana Wesleyan	50.73m	166-5	3/22
2	27	Kaitlyn JOHNSON	SO	#24 Goshen (Ind.)	45.71m	150-0	3/22
3	28	Nhaydia WATSON	JR	#1 Marian (Ind.)	45.64m	149-9	3/22
4	30	Jaina BAILEY	JR	#21 Shawnee State (I	45.50m	149-4	3/30
5	37	Sydney DUNCAN	SO	#8 IU Kokomo (Ind.)	44.91m	147-4	3/22
6	41	Aubree NANIEWICZ	SR	#5 Madonna (Mich.)	44.61m	146-4	3/22
7	45	Claire MEACHAM	JR	#13 Cornerstone (Mi	43.98m	144-4	3/22
8	50	Allie MILLER	SR	#1 Marian (Ind.)	{2} 43.53m	142-10	3/29
9	51	Reagan CHEATHAM	SO	#4 Lindsey Wilson (I	43.43m	142-6	3/15
10	67	Keeley HUGHES	SR	#1 Marian (Ind.)	{3} 42.25m	138-8	3/22

Women's Javelin

1	8	Hannah BOERSEMA	JR	#18 Saint Francis (In	40.84m	134-0	3/21
2	9	Trinity GOTTLER	SO	#17 Midway (Ky.)	40.46m	132-9	3/29
3	19	Emma LONGUEUAY	FR	#23 Indiana Tech	37.94m	124-6	3/30
4	31	Ryah DIGIACOMO	SO	#23 Indiana Tech	{2} 36.48m	119-8	3/30
5	62	Grace FELTZ	FR	#1 Marian (Ind.)	33.18m	108-10	3/22
6	85	Sarah BROWN	SR	#22 Bethel (Ind.)	31.24m	102-6	3/22
7	86	Malena RICKS	SR	#18 Saint Francis (In{2}	31.10m	102-1	3/15
8	87	Kaitlyn ORANGE	SO	#9 Brescia (Ky.)	31.04m	101-10	3/29
9	94	Vanessa TEMPLE	JR	#15 IU East (Ind.)	30.31m	99-5½	3/22
10		Malene OBERMAYER	FR	#19 Union (Ky.)	29.60m	97-1½	3/15

Women's Heptathlon

1	7	Erin PEASE	SO	#19 Union (Ky.)	3,886	3/22
2	9	Allison TEED	JR	#11 Spring Arbor (Mi	3,808	3/22
3	25	Jasmine CLOUSE	SO	#19 Union (Ky.)	{2} 1,680	3/22



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Midwest

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Women's 100 Meters

1	47	Tylar PARKER	FR	#9 Olivet Nazarene	12.35	(1.4)	3/29
2	50	Emerson COLINS	JR	#8 Saint Xavier (Ill.)	12.39w	(2.8)	3/29
3	64	Ellasa HORTON	FR	#22 William Penn (Io	12.47w	(2.6)	3/29
4	71	Carsyn BURDINE	JR	#9 Olivet Nazarene {2}	12.49	(1.4)	3/29
5	80	Aurora GRIFFIN	FR	#7 Midland (Neb.)	12.55w	(3.4)	3/28
6	87	Lilly OSTERT	SO	#22 William Penn (Io{2}	12.59	(1.6)	3/22
7		DeAvae ADDERLEY	SR	#22 William Penn (Io{3}	12.72	(1.6)	3/22
7		Brooklyn JOHNSON	JR	#5 Mount Mercy (Io	12.72w	(3.4)	3/29
9		Lillia CHVATAL	SO	#4 Viterbo (Wis.)	12.75	(1.5)	3/29
10		Braylee HYATT	SO	#4 Viterbo (Wis.) {2}	12.77w	(2.8)	3/29

Women's 100 Meter Hurdles

1	3	Addisyn TERPSTRA	SO	#16 Grand View (Iow	14.18	(1.0)	3/22
2	5	Kerrigan MYERS	SR	#7 Midland (Neb.)	14.24	(0.6)	3/23
3	7	Kaitlyn MCCOLLY	SR	#1 Dickinson State	14.35	(1.9)	3/22
4	15	Kaylah MCCALL	JR	#9 Olivet Nazarene	14.61	(1.1)	3/29
5	32	Ambar FULGENCIO	JR	#12 Graceland (Iowa	14.99	(1.3)	3/22
5	32	Emma JOHNSON	SR	#4 Viterbo (Wis.)	14.99	(1.0)	3/29
7	34	Emily LUDWIG	SO	#4 Viterbo (Wis.) {2}	15.02	(1.0)	3/29
8	52	Rashiya WARFIELD	SO	#8 Saint Xavier (Ill.)	15.45w	(2.8)	3/29
9	70	Amelia NYAMBUKA	SO	#12 Graceland (Iowa{2}	15.92	(1.0)	3/22
10	77	Zoey HEID	SO	#1 Dickinson State {2}	16.18	(1.5)	3/22

Women's 200 Meters

1	29	Tierney HUSS	FR	#6 Northwestern (Ic	25.18 OTw	(3.4)	3/28
2	42	Raylee WALLIS	JR	#11 Dakota State (S.I	25.40 OTw	(3.4)	3/28
3	51	Kailee ALTENA	SO	#10 Dordt (Iowa)	25.59 OTw	(3.4)	3/28
4	55	Emerson COLINS	JR	#8 Saint Xavier (Ill.)	25.66w	(2.5)	3/29
5	65	Avery POPPE	FR	#4 Viterbo (Wis.)	25.83	(0.5)	3/29
6	74	Emma BLUM	JR	#6 Northwestern (Ic{2}	25.98 OTw	(3.4)	3/28
7	87	Molli THORNTON	SO	#11 Dakota State (S.I{2}	26.08 OTw	(3.4)	3/28
8		Amaya RIQUE	SO	#8 Saint Xavier (Ill.){2}	26.59	(0.5)	3/29
9		Braylee HYATT	SO	#4 Viterbo (Wis.) {2}	26.81	(0.5)	3/29
10		Pearla TEKO-FOLLY	SO	#4 Viterbo (Wis.) {3}	26.96	(0.5)	3/29

Women's 400 Meters

1	15	Kayla KIRCHNER	JR	#3 Concordia (Neb.)	57.96		3/28
2	22	Jewel OLSON	SR	#1 Dickinson State	58.37		3/22
3	29	Danie PARRIOTT	JR	#2 Doane (Neb.)	58.67		3/28
4	38	Kyley BARNETT	JR	#1 Dickinson State {2}	58.95		3/27
5	44	Emma BLUM	JR	#6 Northwestern (Ic	59.13 OT		3/28
6	47	Trinity TULS	SR	#3 Concordia (Neb.){2}	59.23		3/28
7	66	Kiley HEJTMANEK	SO	#2 Doane (Neb.) {2}	1:00.16		3/28
8	95	Emilee HEYNEEN	SR	#10 Dordt (Iowa)	1:01.04 OT		3/28
9		Mia HANDRAN	FR	#1 Dickinson State {3}	1:01.37		3/27
10		Isabelle SALTERS	SR	#3 Concordia (Neb.){3}	1:01.67		3/28

Women's 400 Meter Hurdles

1	1	Hannah ANTKOVIK	SR	#9 Olivet Nazarene	56.71		3/29
2	7	Jaida ROWE	JR	#14 Hastings (Neb.)	1:03.18		3/28
3	12	Yanira DEANNA PANINKA	JR	#8 Saint Xavier (Ill.)	1:04.21		3/29
4	20	Olivia LENTZ	FR	#9 Olivet Nazarene {2}	1:05.68		3/29
5	21	Kaitlin WERCINSKI	FR	#10 Dordt (Iowa)	1:05.74 OT		3/28
6	36	Chaney NELSON	SO	#2 Doane (Neb.)	1:06.86		3/28
7	37	Lucy CAREY	FR	#14 Hastings (Neb.) {2}	1:07.05		3/15
8	52	Peyton MCLAUGHLIN	SO	#1 Dickinson State	1:08.80		3/27
9	58	Emily LUDWIG	SO	#4 Viterbo (Wis.)	1:09.52		3/29
10	74	Emma MUGGLI	SO	#15 Valley City State	1:10.97		3/22

Women's 800 Meters

1	11	Olivia MATHIS	JR	#8 Saint Xavier (Ill.)	2:15.83		3/28
2	12	Heidi HELDT	JR	#9 Olivet Nazarene	2:16.02		3/28
3	15	Alexandra CLARKE	SR	#8 Saint Xavier (Ill.){2}	2:16.60		3/28
4	29	Corine GADIENT	SR	#5 Mount Mercy (Io	2:18.68		3/29
5	51	Eliza MCKOWN	JR	#18 Waldorf (Iowa)	2:21.80		3/28
6	54	Jolee MESZ	SO	#13 Morningside (Iov	2:22.09		3/29
7	67	Catie REITTINGER	FR	#5 Mount Mercy (Io{2}	2:23.62		3/29
8	83	Evita MARTINEZ	FR	#19 St. Francis (Ill.)	2:25.16		3/29
9	92	Mia HANDRAN	FR	#1 Dickinson State	2:25.88		3/22
10	95	Morgan SACHS	FR	#13 Morningside (Iov{2}	2:26.10		3/29

Women's 1500 Meters

1	31	Courtney SPORRER	JR	#13 Morningside (Iov	4:49.45		3/29
2	45	Abby KNEPPER	SO	#5 Mount Mercy (Io	4:53.61		3/15
3	78	Eliza MCKOWN	JR	#18 Waldorf (Iowa)	4:59.37		3/22
4	86	Nicole ZUEHL	JR	#13 Morningside (Iov{2}	5:01.08		3/29
5	93	J'Lyn KNUTSON	SR	#5 Mount Mercy (Io{2}	5:02.14		3/15
6	94	Corine GADIENT	SR	#5 Mount Mercy (Io{3}	5:02.28		3/29
7		Catie REITTINGER	FR	#5 Mount Mercy (Io{4}	5:05.00		3/15
8		Evita MARTINEZ	FR	#19 St. Francis (Ill.)	5:05.73		3/29
9		Karly JUST	JR	#15 Valley City State	5:06.66		3/22
10		Ashlei MCDONALD	JR	#2 Doane (Neb.)	5:08.34		3/28

Women's Steeplechase

1	6	Abby KNEPPER	SO	#5 Mount Mercy (Io	11:13.20		3/28
2	44	Hannah BEINTEMA	JR	#3 Concordia (Neb.)	13:06.64		3/28
3	54	Lydia EDMONDS	FR	#3 Concordia (Neb.){2}	13:39.05		3/28
4	64	Katelyn NIX	SR	#3 Concordia (Neb.){3}	14:53.91		3/28
5	66	Rachel ADA	JR	#3 Concordia (Neb.){4}	15:24.76		3/28



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Women's 5000 Meters

1	28	Tori GERBER	SR	#4 Viterbo (Wis.)	18:16.75	3/28
2	40	Courtney SPORRER	JR	#13 Morningside (Iov	18:35.35	3/29
3	71	Dyannara FRANCO	SO	#19 St. Francis (Ill.)	18:52.86	3/28
4	79	Krysta STANKO	SO	#20 Governors State	18:57.40	3/28
5	87	Kaylee O'SULLIVAN	FR	#20 Governors State {2}	19:07.73	3/28
6	91	Lexi MINARD	FR	#25 St. Ambrose (Iow	19:11.12	3/28
7	93	Hannah HAAG	SO	#9 Olivet Nazarene	19:12.53	3/28
8	94	Nicole VOLLRATH	FR	#19 St. Francis (Ill.) {2}	19:12.62	3/28
9		Jaycie FRANCO	JR	#24 Clarke (Iowa)	19:24.62	3/28
10		Avery KITTL	SO	#20 Governors State {3}	19:35.13	3/28

Women's 10,000 Meters

1	37	Danielle WOOD	SR	#18 Waldorf (Iowa)	46:13.17	3/28
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Women's 5000m Race Walk

1	15	Ava BRACKHAN	JR	#14 Hastings (Neb.)	33:46.23	3/28
2	16	Destini JOHNSON	FR	#14 Hastings (Neb.) {2}	35:58.82	3/28

Women's 4x100 Relay

1	8	RaeAnn Thompson, Morgan Mahoney, Kat Vogt, Neryah Hekl	#2 Doane (Neb.)	47.04	3/28
2	19	Cambria Saunders, Kayla Kirchner, Emily Loseke, Adrianna Rodencal	#3 Concordia (Neb.)	48.01	3/28
3	20	Lillia Chvatal, Olivia Wingo, Avery Poppe, Braylee Hyatt	#4 Viterbo (Wis.)	48.22	3/29
4	21	Carsyn Burdine, Kaylah McCall, Tylar Parker, Kristen Garth	#9 Olivet Nazarene	48.31	3/29
5	33	Ryli Thompsen, Ada Dekkers, Kailee Altena, Lydia Herman	#10 Dordt (Iowa)	49.60 OT	3/28
6	37	Lauren Waypa, Emma Blum, Erin Heusinkveld, Tierney Huss	#6 Northwestern (Ic	49.89 OT	3/28
7	42	Dala Drowne, Aurora Griffin, Farrah Wilson, Rianna Greene	#7 Midland (Neb.)	50.08	3/28
8	45	Amelie Steins, Bridget Bartling, Raylee Wallis, Molli Thornton	#11 Dakota State (S.I	50.32 OT	3/28
9	56	Kamerin Turner, Ava Reese, Cecilia Velarde, Lucy Carey	#14 Hastings (Neb.)	51.52	3/28
10	60	Anna Paul, Brynna Croy, Addisyn Terpstra, Arina Tembo	#16 Grand View (Iow	52.14	3/22

Women's 4x400 Relay

1	16	Yanira Deanna Paninka, Amaya Rique, Emerson Colins, Alexandra Clarke	#8 Saint Xavier (Ill.)	4:03.42	3/29
2	24	Kyley Barnett, Kaitlyn McColly, Jewel Olson, Mia Handran	#1 Dickinson State (4:09.97	3/27
3	25	Ella Carstensen, Anna Schneider, Molli Thornton, Raylee Wallis	#11 Dakota State (S.I	4:10.82 OT	3/28
4	31	Macy Schroeder, Brielle Engelmann, Kendra Zeutenhorst, Allison Hough	#6 Northwestern (Ic	4:15.11 OT	3/28
5	42	Anna Paul, Addisyn Terpstra, Christella Luyeye, Brynna Croy	#16 Grand View (Iow	4:19.72	3/28
6	56	Amelia Nyambuka, Ambar Fulgencio, Grace Testerman, Jacey Lewis	#12 Graceland (Iowa	4:29.30	3/22

Women's High Jump

1	1	Adarra HAGELUND	JR	#1 Dickinson State (1.75m	5-8¾	3/22
2	3	Jacie VANDER WAAL	SR	#6 Northwestern (Ic	1.72m	5-7¾	3/28
3	13	Kerrigan MYERS	SR	#7 Midland (Neb.)	1.66m	5-5¼	3/28
3	13	Krista HARDY	JR	#7 Midland (Neb.)	1.66m	5-5¼	3/28
5	21	Hannah NEWTON	SR	#7 Midland (Neb.) {3}	1.61m	5-3¼	3/23
5	21	Katelynn KRATZ	FR	#2 Doane (Neb.)	1.61m	5-3¼	3/28
5	21	Aubrey DEGROOT	SO	#6 Northwestern (Ic{2}	1.61m	5-3¼	3/28
8	25	Olivia BACKUS	SO	#15 Valley City State	1.60m	5-3	3/22
9	29	Olivia WINGO	SR	#4 Viterbo (Wis.)	1.58m	5-2¼	3/29
10	31	Amanda STEINKE	SR	#3 Concordia (Neb.)	1.56m	5-1¼	3/28
10	31	Zailee POULSON	SR	#14 Hastings (Neb.)	1.56m	5-1¼	3/28

Women's Pole Vault

1	2	Kaylee PRIBYL	SO	#2 Doane (Neb.)	3.95m	12-11½	3/28
2	3	Madison WAHL	SR	#1 Dickinson State (3.75m	12-3½	3/27
2	3	Olivia WINGO	SR	#4 Viterbo (Wis.)	3.75m	12-3½	3/29
4	11	Kennedy STANLEY	JR	#2 Doane (Neb.) {2}	3.45m	11-3¾	3/28
5	13	Emma JOHNSON	SR	#4 Viterbo (Wis.) {2}	3.40m	11-1¾	3/29
6	15	Lillee RICHARD	FR	#3 Concordia (Neb.)	3.30m	10-9¾	3/28
6	15	Kayla SVOBODA	JR	#3 Concordia (Neb.)	3.30m	10-9¾	3/28
8	18	Emily LUDWIG	SO	#4 Viterbo (Wis.) {3}	3.25m	10-8	3/29
9	19	Taylynd STUHR	JR	#1 Dickinson State {2}	3.20m	10-6	3/27
9	19	Aleigh ZETTLE	FR	#6 Northwestern (Ic	3.20m	10-6	3/28
9	19	Quinn BASSINGTHWAITE	JR	#17 Jamestown (N.D	3.20m	10-6	3/22



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Women's Long Jump

1	16	Faith BRENNAN	SO	#1 Dickinson State	5.59m	18-4¼ (0.1)	3/27
2	32	Kaitlyn MCCOLLY	SR	#1 Dickinson State	5.33m	17-6 (0.0)	3/27
3	55	Lillia CHVATAL	SO	#4 Viterbo (Wis.)	5.14m	16-10½ (1.3)	3/29
4	62	Brooklyn JOHNSON	JR	#5 Mount Mercy (Iowa)	5.09m	16-8½ (0.0)	3/29
4	62	Amelia NYAMBUKA	SO	#12 Graceland (Iowa)	5.09m	16-8½ (0.3)	3/29
6	69	Kinsey ALT	FR	#13 Morningside (Iowa)	5.04m	16-6½ (3.7)	3/28
7	78	Abby TALKINGTON	FR	#1 Dickinson State	5.01m	16-5¼ (0.0)	3/27
8	89	Olivia BACKUS	SO	#15 Valley City State	4.92m	16-1¾ (1.4)	3/22
9	94	Ava LUDWIG	FR	#23 Dakota Wesleyan	4.89m	16-½ (2.9)	3/28
10		Deniyah LOCKMAN	SO	#12 Graceland (Iowa)	4.82m	15-9¾ (0.0)	3/29

Women's Triple Jump

1	7	Faith BRENNAN	SO	#1 Dickinson State	11.82m	38-9½ (0.9)	3/27
2	30	Pearla TEKOFOLLY	SO	#4 Viterbo (Wis.)	10.85m	35-7¼ (2.2)	3/29
3	38	Abby TALKINGTON	FR	#1 Dickinson State	10.54m	34-7 (2.5)	3/27
4	43	Adarra HAGELUND	JR	#1 Dickinson State	10.47m	34-4¼ (0.0)	3/27
5	51	Deniyah LOCKMAN	SO	#12 Graceland (Iowa)	10.22m	33-6½ (0.9)	3/22
6	57	Ruth HARRIS	FR	#17 Jamestown (N.D.)	10.07m	33-½ (1.1)	3/22
7	64	Madelynn DOUGHERTY	FR	#7 Midland (Neb.)	9.89m	32-5½ (-1.1)	3/23
8	74	Kenna GUSTAFSON	FR	#6 Northwestern (Iowa)	9.65m	31-8 (1.3)	3/28
9	77	Farrah WILSON	FR	#7 Midland (Neb.)	9.56m	31-4½ (-2.3)	3/23

Women's Shot Put

1	2	Abigail GERBER	SR	#3 Concordia (Neb.)	14.09m	46-2¾	3/28
2	7	Chloe GUNDERSON	SR	#1 Dickinson State	13.39m	43-11¼	3/27
2	7	Taylor LAUMEYER	JR	#1 Dickinson State	13.39m	43-11¼	3/27
4	10	Alivia BAUCOM	JR	#2 Doane (Neb.)	13.30m	43-7¾	3/28
5	11	Claire CASPERSEN	SR	#21 College of Saint I	13.28m	43-7	3/28
6	13	Abby MAGNUSON	SR	#23 Dakota Wesleyan	13.15m	43-1¾	3/28
7	17	Grace DEAN	FR	#2 Doane (Neb.)	12.62m	41-5	3/28
8	21	Alician GARCIA	SR	#1 Dickinson State	12.56m	41-2½	3/27
9	23	Kady VANDEMARK	JR	#12 Graceland (Iowa)	12.52m	41-1	3/29
10	24	Bella MAXWELL	SO	#11 Dakota State (S.I)	12.51m	41-½	3/28

Women's Discus

1	1	Madison SUTTON	SR	#2 Doane (Neb.)	50.39m	165-4	3/28
2	2	Alivia BAUCOM	JR	#2 Doane (Neb.)	49.06m	161-0	3/28
3	4	Taylor LAUMEYER	JR	#1 Dickinson State	46.76m	153-5	3/27
4	6	Grace DEAN	FR	#2 Doane (Neb.)	45.74m	150-1	3/28
5	7	Makenna WALHOF	SO	#10 Dordt (Iowa)	45.58m	149-7	3/28
6	12	Fran TRAVIS	FR	#10 Dordt (Iowa)	44.43m	145-9	3/28
7	13	Alyssa STRIEGEL	SR	#5 Mount Mercy (Iowa)	44.21m	145-1	3/29
8	16	Ava CONRAD	SR	#5 Mount Mercy (Iowa)	43.55m	142-11	3/29
9	19	Delaney BURGE	SO	#2 Doane (Neb.)	42.07m	138-0	3/28
10	21	Chloe GUNDERSON	SR	#1 Dickinson State	41.83m	137-3	3/22

Women's Hammer

1	4	Madison SUTTON	SR	#2 Doane (Neb.)	51.75m	169-10	3/28
2	5	Abi WOHLGEMUTH	SR	#3 Concordia (Neb.)	51.65m	169-6	3/28
3	9	Makenna WALHOF	SO	#10 Dordt (Iowa)	50.65m	166-2	3/28
4	10	Gabriella PEITZMEIER	SR	#11 Dakota State (S.I)	49.81m	163-5	3/28
5	11	Taylor LAUMEYER	JR	#1 Dickinson State	49.66m	162-11	3/22
6	13	Mia KNIGGE	JR	#2 Doane (Neb.)	48.72m	159-10	3/28
6	13	Bella MAXWELL	SO	#11 Dakota State (S.I)	48.72m	159-10	3/28
8	16	Alician GARCIA	SR	#1 Dickinson State	48.26m	158-4	3/27
9	18	Maren HETTINGA	JR	#10 Dordt (Iowa)	47.73m	156-7	3/28
10	21	Marissa HEINS	SO	#3 Concordia (Neb.)	46.30m	151-11	3/28

Women's Javelin

1	6	Kendra ODEGARD	SR	#15 Valley City State	42.10m	138-2	3/22
2	15	Codi NAGLE	FR	#1 Dickinson State	39.50m	129-7	3/22
3	17	Paige ERHARDT	SR	#17 Jamestown (N.D.)	38.10m	125-0	3/22
4	18	Madalynn RHODES	SR	#21 College of Saint I	38.02m	124-9	3/28
5	21	Gretchen STOTTLEMYRE	SR	#3 Concordia (Neb.)	37.66m	123-7	3/28
6	25	Isabelle MATTHEWS	JR	#24 Clarke (Iowa)	37.11m	121-9	3/28
7	26	Casey OLSON	SO	#11 Dakota State (S.I)	36.85m	120-11	3/28
8	32	Sadie HANSEN	SR	#15 Valley City State	36.40m	119-5	3/22
9	35	Rebecca HAZLETT	SO	#11 Dakota State (S.I)	36.29m	119-1	3/28
10	39	Kalli SUTTON	SO	#2 Doane (Neb.)	35.76m	117-4	3/28

Women's Heptathlon

1	14	Ambar FULGENCIO	JR	#12 Graceland (Iowa)	3,522	3/29
2	15	Amelia NYAMBUKA	SO	#12 Graceland (Iowa)	3,225	3/29



Regional TFRI Event Summary



South

as of 4/1/2025 7:52:22 AM ET

Women's 100 Meters

1	1	Tyees SMITH	JR	#2 William Carey (M	11.52	(1.5)	3/22
2	3	Denai WILSON	JR	#2 William Carey (M{2}	11.68	(1.8)	3/22
3	5	Jaelyn MITCHELL	SO	#6 Xavier (La.)	11.71w	(2.6)	3/22
4	6	Syniah SIMS	SO	#2 William Carey (M{3}	11.83w	(2.6)	3/29
5	7	Kevell BYRD	SR	#8 Dillard (La.)	11.84w	(2.6)	3/22
6	15	Myesha HALL	SR	#14 Truett-McConne	12.00	(0.9)	3/28
6	15	Bri HAY	FR	#3 St. Thomas (Fla.)	12.00	(1.4)	3/8
8	17	Tori BURTON	JR	#8 Dillard (La.) {2}	12.01	(0.9)	3/22
9	19	Ta'nijal MATTHEWS	SR	#8 Dillard (La.) {3}	12.07w	(2.6)	3/29
9	19	Jordanne THOMAS	FR	#3 St. Thomas (Fla.){2}	12.07	(1.8)	3/29

Women's 100 Meter Hurdles

1	1	Salieci MYLES	SR	#2 William Carey (M	13.57	(0.2)	3/22
2	6	Irmiris MENDEZ	SR	#1 Southeastern (Fl	14.31	(0.4)	3/22
3	9	Sariyah MORALES	FR	#3 St. Thomas (Fla.)	14.42	(0.7)	3/22
4	11	Jade HARRIS	JR	#6 Xavier (La.)	14.48	(0.2)	3/29
5	12	Mackenzie PRINGLE	SO	#12 Columbia (S.C.)	14.49	(0.7)	3/28
6	13	Samantha DEGRACE	FR	#16 Tennessee Wesle	14.50w	(2.2)	3/28
7	14	Breanna CLARKE	SO	#6 Xavier (La.) {2}	14.56	(-1.0)	3/22
8	22	Isabella LEHTINEN	FR	#7 Cumberland (Tei	14.79	(1.1)	3/22
8	22	Nyrania BARR-MILLER	FR	#3 St. Thomas (Fla.){2}	14.79	(1.2)	3/22
10	24	Talea GIFFORD	FR	#1 Southeastern (Fl{2}	14.83w	(2.2)	3/22

Women's 200 Meters

1	1	Briana CAMPBELL	FR	#15 Life (Ga.)	23.69	(0.8)	3/29
2	2	Tonyan BECKFORD	FR	#3 St. Thomas (Fla.)	23.74	(-0.1)	3/22
3	4	Denai WILSON	JR	#2 William Carey (M	23.88	(0.7)	3/22
4	5	Kevell BYRD	SR	#8 Dillard (La.)	24.20	(1.4)	3/29
5	7	Jaelyn MITCHELL	SO	#6 Xavier (La.)	24.38	(0.6)	3/22
6	16	Irmiris MENDEZ	SR	#1 Southeastern (Fl	24.71	(-0.1)	3/7
7	18	Tori BURTON	JR	#8 Dillard (La.) {2}	24.81	(0.6)	3/22
8	19	Khila DARRISAW	JR	#3 St. Thomas (Fla.){2}	24.89	(0.2)	3/8
9	20	Tyees SMITH	JR	#2 William Carey (M{2}	24.92	(-0.2)	3/22
10	23	Ja'Niya MCDONALD	JR	#2 William Carey (M{3}	24.99	(-0.4)	3/22

Women's 400 Meters

1	1	Praise IDAMADUDU	SR	#7 Cumberland (Tei	53.75		3/29
2	3	Tonyan BECKFORD	FR	#3 St. Thomas (Fla.)	54.66		3/22
3	8	Kevell BYRD	SR	#8 Dillard (La.)	56.48		3/29
4	11	Irmiris MENDEZ	SR	#1 Southeastern (Fl	57.71		3/30
5	12	Ta'nijal MATTHEWS	SR	#8 Dillard (La.) {2}	57.76		3/22
6	17	Areeyanna BONDS	FR	#1 Southeastern (Fl{2}	58.06		3/30
7	18	Jennifer EZEHOA	JR	#2 William Carey (M	58.13		3/22
8	19	Jaa'Ln MCBRIDE	FR	#1 Southeastern (Fl{3}	58.14		3/22
9	20	Jaelyn MITCHELL	SO	#6 Xavier (La.)	58.18		3/29
10	21	Ahlia SANDIFER	SR	#3 St. Thomas (Fla.){2}	58.34		3/8

Women's 400 Meter Hurdles

1	2	Tonyan BECKFORD	FR	#3 St. Thomas (Fla.)	1:02.00		3/29
2	8	Areeyanna BONDS	FR	#1 Southeastern (Fl	1:03.58		3/22
3	9	Laila JOHNSON	FR	#8 Dillard (La.)	1:04.00		3/29
4	16	Isabella LEHTINEN	FR	#7 Cumberland (Tei	1:04.92		3/29
5	22	Emma DIVERONICA	SR	#3 St. Thomas (Fla.){2}	1:05.79		3/8
6	23	Nyrania BARR-MILLER	FR	#3 St. Thomas (Fla.){3}	1:05.82		3/8
7	29	Grace COGGINS	FR	#1 Southeastern (Fl{2}	1:06.25		3/30
8	33	Jessica BROWN	SO	#1 Southeastern (Fl{3}	1:06.69		3/7
9	39	Sophia OUTHOU	SO	#22 Spartanburg Mei	1:07.33		3/22
10	40	Laisha HERNANDEZ	FR	#15 Life (Ga.)	1:07.37		3/29

Women's 800 Meters

1	1	Ellen-Mary KEARNEY	JR	#5 Milligan (Tenn.)	2:12.07		3/29
2	3	Maci MILLS	JR	#1 Southeastern (Fl	2:12.88		3/22
3	9	Jaa'Ln MCBRIDE	FR	#1 Southeastern (Fl{2}	2:15.43		3/22
4	13	Ashlyn VANLANDINGHAM	JR	#11 SCAD Atlanta (Ga	2:16.10		3/28
5	32	Maria TIRADO	SO	#2 William Carey (M	2:19.51		3/29
6	33	Maria SIMANCAS	SR	#2 William Carey (M{2}	2:19.85		3/22
7	43	Camilla ROMERO	FR	#13 Keiser (Fla.)	2:20.69		3/28
8	47	Tatum DYKSTRA	FR	#11 SCAD Atlanta (Ga{2}	2:21.63		3/28
8	47	Natalie ROHM	JR	#1 Southeastern (Fl{3}	2:21.63		3/22
10	53	Jillian BLASER	SR	#1 Southeastern (Fl{4}	2:22.03		3/22

Women's 1500 Meters

1	1	Ellen-Mary KEARNEY	JR	#5 Milligan (Tenn.)	4:21.46		3/29
2	3	Dylan GARCIA	SR	#4 Montreat (N.C.)	4:29.17		3/29
3	16	Emeline DELAVILLE	SO	#15 Life (Ga.)	4:42.90		3/29
4	20	Heather MURPHY	FR	#4 Montreat (N.C.) {2}	4:45.45		3/22
5	24	Tatum DYKSTRA	FR	#11 SCAD Atlanta (Ga	4:46.97		3/28
6	37	Meredith LARKWORTHY	FR	#11 SCAD Atlanta (Ga{2}	4:52.19		3/28
7	39	Ashlyn VANLANDINGHAM	JR	#11 SCAD Atlanta (Ga{3}	4:52.58		3/22
8	43	Sofia TORRES	SO	#18 Ave Maria (Fla.)	4:53.30		3/22
9	49	Gracie FRANKLIN	FR	#5 Milligan (Tenn.) {2}	4:54.38		3/28
10	52	Blanca CONESA	SR	#2 William Carey (M	4:54.81		3/22

Women's Steeplechase

1	13	Brooke WIEBE	SR	#4 Montreat (N.C.)	11:50.18		3/22
2	16	Blanca CONESA	SR	#2 William Carey (M	11:54.81		3/29
3	19	Aubrey BRITT	JR	Blue Mountain (N	12:03.79		3/1
4	28	Gray PERSHING	SO	#11 SCAD Atlanta (Ga	12:22.85		3/22
5	31	Kamille DIXON	SR	#9 Brenau (Ga.)	12:29.85		3/22
6	32	Lexi LYON	FR	#21 Dalton State (Ga	12:31.22		3/22
7	36	Sophie ROBINSON	JR	#1 Southeastern (Fl	12:40.13		3/8
8	42	Izzy COLEBANK	FR	#1 Southeastern (Fl{2}	13:05.96		3/8
9	43	Lily TULLOCK	FR	#10 Reinhardt (Ga.)	13:06.61		3/22
10	45	Haley HARTMAN	SO	#21 Dalton State (Ga{2}	13:07.66		3/22



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Women's 5000 Meters

1	8	Katie CLARKE	SR	#11 SCAD Atlanta (Ga.)	17:06.32	3/22
2	9	Ellen-Mary KEARNEY	JR	#5 Milligan (Tenn.)	17:12.13	3/22
3	15	Avery RAYMOND	SO	#11 SCAD Atlanta (Ga.)	17:40.86	3/22
4	26	Mary PEARCE	FR	Freed-Hardemar	18:12.78	3/22
5	34	Jadyn DEVERNA	FR	#1 Southeastern (Fla.)	18:30.42	3/22
6	36	Karly WILHJELM	FR	#5 Milligan (Tenn.)	{2} 18:30.90	3/22
7	39	Rylee FISHER	FR	#10 Reinhardt (Ga.)	18:35.05	3/22
8	44	Ashlin PRICE	FR	#1 Southeastern (Fla.)	{2} 18:37.60	3/22
9	45	Madison THOMAS	JR	#18 Ave Maria (Fla.)	18:37.91	3/22
10	47	Sofia TORRES	SO	#18 Ave Maria (Fla.)	{2} 18:39.31	12/6

Women's 10,000 Meters

1	1	Heather MURPHY	FR	#4 Montreat (N.C.)	33:45.36	3/29
2	5	Ashlyn HAAS	JR	#5 Milligan (Tenn.)	37:29.59	3/22
3	9	Anna JONES	JR	#5 Milligan (Tenn.)	{2} 38:25.68	3/22
4	11	Natalie FELLERS	SR	#5 Milligan (Tenn.)	{3} 39:24.68	3/22
5	12	Carissa WILSON	JR	#23 Bryan (Tenn.)	39:32.69	3/22
6	15	Sami PARKER	JR	#7 Cumberland (Tenn.)	40:55.29	3/22
7	21	Kylie GRAY	FR	#21 Dalton State (Ga.)	41:57.62	3/9
8	23	Elena IRWIN	SR	#23 Bryan (Tenn.)	{2} 42:30.00	3/22
9	25	Allison CRAFT	SR	#14 Truett-McConnell (Ga.)	43:22.43	3/22
10	30	Marlene PAEZ	SR	#21 Dalton State (Ga.)	{2} 44:25.05	3/9

Women's 5000m Race Walk

1	5	Ashlyn POULIN	SO	#1 Southeastern (Fla.)	27:05.31	3/30
2	7	Marlee IRVIN	JR	#1 Southeastern (Fla.)	{2} 28:33.83	3/30
3	12	Joselyn RIVERA	SO	#1 Southeastern (Fla.)	{3} 30:56.78	3/30
4	18	Tiarra JACKSON	FR	#1 Southeastern (Fla.)	{4} 37:30.76	3/30
5	21	Jennyfer VIGUERAS		#12 Columbia (S.C.)	39:56.65	3/22

Women's 4x100 Relay

1	1	Tyeese Smith, Denai Wilson, Salieci Myles, Syniah Sims	#2 William Carey (Mo.)	45.46	3/29
2	2	Tori Burton, Kevell Byrd, Ta'nijal Matthews, Laila Johnson	#8 Dillard (La.)	46.08	3/22
3	3	Rhianna Rerrie, Breanna Clarke, Jordan Blair, Jaelyn Mitchell	#6 Xavier (La.)	46.15	3/22
4	4	Tonyan Beckford, Khila Darrisaw, Bri Hay, Yamina Numan	#3 St. Thomas (Fla.)	46.39	3/8
5	16	Kishawna Wallace, Dhaenia Pinnock, Dhenecia Pinnock, Lamoy Duffus	#24 Talladega (Ala.)	47.79	3/9
6	17	Myikayla Howard, Ziykila Henderson, Ashante Shaw, Kwamecia Marks	#12 Columbia (S.C.)	47.89	3/28
7	24	Grace Clemens, Jakara Tobler, Mckenna Hubbard, Samantha DeGrace	#16 Tennessee Wesleyan	48.91	3/22
8	26	Jasmine Johnson, Gabrielle Grant, Kamryn Chambliss, Kendra Martin	#9 Brenau (Ga.)	49.00	3/22
9	27	Kameron Noble, Sophia Brown, Danaysia Roberts, Sidni Daniel	#25 Brewton-Parker	49.02	3/8
10	30	Abigail Bell, Kenadi Aker, Makenzie Cumbee, Lydiana Styles	#10 Reinhardt (Ga.)	49.35	3/15



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Women's 4x400 Relay

1	1	Emma	JR	#4	Montreat (N.C.)	1:01.15	3/22
2	2	Sophia	SO	#22	Spartanburg Me	1:01.57	3/22
3	3	Jennifer Ezeoha, Denai Wilson, Aubrey Johnson, Maria Simancas		#2	William Carey (M	3:48.13	3/29
4	5	Isabella Lehtinen, Ezthia Maycock, Leesa Mutandwa, Praise Idamadudu		#7	Cumberland (Tei	3:50.12	3/22
5	7	Ahlia Sandifer, Tonyan Beckford, Emani Glover, Wislande Pierre-Louis		#3	St. Thomas (Fla.)	3:53.00	3/8
6	8	Briana Campbell, Emeline Delaville, Najah Gibson, Laisha Hernandez		#15	Life (Ga.)	3:53.05	3/29
7	9	Fedjine Bell, Vanessa Oladapo, Jordan Blair, Jaelyn Mitchell		#6	Xavier (La.)	3:55.00	3/29
8	12	Kyla Laurent, Kamille Dixon, Madison Kitson, Kamryn Chambliss		#9	Brenau (Ga.)	4:00.66	3/28
9	19	Ta'nijal Matthews, Laila Johnson, Tori Burton, Kevell Byrd		#8	Dillard (La.)	4:06.55	3/22
10	22	Emma Hefner, Autumn Shepherd, Destinee Lovejoy, Myesha Hall		#14	Truett-McConne	4:07.73	3/28

Women's 4x800 Relay

1	4	Jillian Blaser, Jaade McBride, Natalie Rohm, Maci Mills		#1	Southeastern (Fl	9:25.81	3/30
2	6	Brooke Wiebe, Yessenia Castellanos, Heather Murphy, Dylan Garcia		#4	Montreat (N.C.)	9:29.66	3/22
3	16	Aubrey Britt, Harley Garner, Tyra Yahola, Angel Wright			Blue Mountain (M	10:33.65	3/15
4	18	Akin Averie, Kamille Dixon, Victoria Woods, Madi McMahan		#9	Brenau (Ga.)	10:45.20	3/22
5	19	Sophia Outhous, Polly Addington, Nsimire Bahongwerhe, Averi Vance		#22	Spartanburg Me	10:47.06	3/22
6	22	Presley Madden, Elle Sims, Allison Craft, Autumn Shepherd		#14	Truett-McConne	10:55.78	3/28
7	23	Elizabeth Gustafson, Morgan Hartman, Jada Figgins, Mercy Berkemeyer		#17	Columbia Intern	11:04.20	3/22
8	24	Caitlyn Gordon, Kennedy Timmons, Yasmin Pines, Brooklyn Acosta		#8	Dillard (La.)	11:46.37	3/22

Women's High Jump

1	4	Isabelle AALDERS	FR	#7	Cumberland (Tei	1.70m	5-7	3/22
2	10	Samantha DEGRACE	FR	#16	Tennessee Wesle	1.67m	5-5¾	3/28
3	25	Tenosh LANDRY	FR	#19	Loyola (La.)	1.60m	5-3	3/22
3	25	Kaitlyn BECNEL	SR	#19	Loyola (La.)	1.60m	5-3	3/22
5	36	Samantha CRAMER	JR	#10	Reinhardt (Ga.)	1.55m	5-1	3/15
5	36	Alyssa MORLEY	FR	#1	Southeastern (Fl	1.55m	5-1	3/22
7	44	Lauryn MARTIN	FR	#6	Xavier (La.)	1.53m	5-¼	3/22
7	44	Tatyana DENIS	FR	#9	Brenau (Ga.)	1.53m	5-¼	3/9
9	49	Molly FROM	SO	#18	Ave Maria (Fla.)	1.52m	4-11¾	3/8
10	61	Maeve HARRIS	FR	#10	Reinhardt (Ga.) {2}	1.50m	4-11	3/22
10	61	Aliana TAYLOR	FR	#24	Talladega (Ala.)	1.50m	4-11	3/22
10	61	Yasmine RODGERS	SO	#13	Keiser (Fla.)	1.50m	4-11	3/28
10	61	Danaysia ROBERTS	SO	#25	Brewton-Parker	1.50m	4-11	3/28
10	61	Alexis GOODMAN	FR	#24	Talladega (Ala.)	1.50m	4-11	3/29

Women's Pole Vault

1	5	Cameron KELPERIS	SO	#15	Life (Ga.)	3.65m	11-11¾	3/29
2	35	Aubrey SELLERS	SO	#1	Southeastern (Fl	3.01m	9-10½	3/8
3	42	Mary CUSTODIO	SO	#5	Milligan (Tenn.)	2.90m	9-6¼	3/28
3	42	Keri BELCHER	FR	#5	Milligan (Tenn.)	2.90m	9-6¼	3/28
5	48	Emma PELFREY	JR	#10	Reinhardt (Ga.)	2.85m	9-4¼	3/15
6	62	Amari GRAHAM	SR	#1	Southeastern (Fl{2}	2.56m	8-4¾	3/8
7	66	Sophia BOU	SO	#1	Southeastern (Fl{3}	2.41m	7-10¾	3/8



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Women's Long Jump

1	3	Myesha HALL	SR	#14 Truett-McConne	5.88m	19-3½ (-0.6)	3/28
2	5	Tyeese SMITH	JR	#2 William Carey (M	5.84m	19-2 (0.8)	3/15
3	7	Amealia SMITH	SR	#20 Florida Memoria	5.82mw	19-1¼ (2.2)	3/22
4	8	Andreana GRAHAM	SR	#20 Florida Memoria	5.80m	19-½ (2.0)	3/22
5	13	Fabiana MORALES	SO	#2 William Carey (M	5.69mw	18-8 (2.8)	3/15
6	20	Kerrishma WILLIAMS	JR	#2 William Carey (M	5.47mw	17-11½ (3.6)	3/15
7	21	Jessica GAKERI	SR	#4 Montreat (N.C.)	5.46m	17-11 (1.4)	3/22
8	26	Madison KITSON	FR	#9 Brenau (Ga.)	5.41m	17-9 (-1.9)	3/28
9	43	Emily POWELSON	SO	#1 Southeastern (Fl	5.23m	17-2 (-0.8)	3/22
10	46	Jordyn MINOR	SO	#19 Loyola (La.)	5.21mw	17-1¼ (3.9)	3/29
10	46	Mackenzie PRINGLE	SO	#12 Columbia (S.C.)	5.21m	17-1¼ (-1.3)	3/28

Women's Triple Jump

1	1	Myesha HALL	SR	#14 Truett-McConne	12.08m	39-7¾ (0.0)	3/28
2	2	Jessica GAKERI	SR	#4 Montreat (N.C.)	12.07m	39-7¼ (0.4)	3/22
3	3	Fabiana MORALES	SO	#2 William Carey (M	12.06m	39-6¾ (1.0)	3/22
4	5	Mackenzie PRINGLE	SO	#12 Columbia (S.C.)	11.85mw	38-10½ (3.2)	3/22
5	11	Zaniyah WILSON	JR	#2 William Carey (M	11.67mw	38-3½ (2.1)	3/15
6	12	Makayla BLANGO	SO	#12 Columbia (S.C.)	11.41m	37-5¼ (0.0)	3/28
7	15	Madison KITSON	FR	#9 Brenau (Ga.)	11.30m	37-1 (0.0)	3/22
8	17	Yasmine RODGERS	SO	#13 Keiser (Fla.)	11.22m	36-9¾ (0.0)	3/28
9	35	Gabrielle GRANT	FR	#9 Brenau (Ga.)	10.71m	35-1¾ (0.0)	3/22
10	36	Shaloni WALKER	FR	#8 Dillard (La.)	10.69mw	35-1 (2.1)	3/29

Women's Shot Put

1	6	Zoe VLK	SO	#7 Cumberland (Te	13.48m	44-2¾	3/22
2	16	MarieAnge MOUSSIGNAC	JR	#1 Southeastern (Fl	12.69m	41-7¾	3/8
3	17	Darci DAWSON	SR	#12 Columbia (S.C.)	12.62m	41-5	3/22
4	19	Kloey PICKENS	SR	#17 Columbia Intern	12.61m	41-4½	3/22
5	20	Emma TERRY	JR	#1 Southeastern (Fl	12.60m	41-4¼	3/8
6	29	Savianna JOSEPH	FR	#3 St. Thomas (Fla.)	12.45m	40-10¼	3/8
7	33	Katelyn MENDOZA	SO	#15 Life (Ga.)	12.31m	40-4¾	3/22
8	34	Julia SCHARNELL	SO	#13 Keiser (Fla.)	12.29m	40-4	12/6
9	38	Jerrica BRYANT	SO	#9 Brenau (Ga.)	12.15m	39-10½	3/9
10	46	Allison CRAIG	JR	#1 Southeastern (Fl	12.04m	39-6	3/8

Women's Discus

1	9	Charity JOHNSON	FR	#6 Xavier (La.)	44.71m	146-8	3/29
2	25	Zoe VLK	SO	#7 Cumberland (Te	41.04m	134-8	3/22
3	31	Audrey BAKER	FR	#18 Ave Maria (Fla.)	40.01m	131-3	3/8
4	42	Eve D'ANTIGNAC	JR	#11 SCAD Atlanta (Ga	39.01m	128-0	3/22
5	44	Niesha ALDAJUSTE	JR	#13 Keiser (Fla.)	38.81m	127-4	3/28
6	53	MarieAnge MOUSSIGNAC	JR	#1 Southeastern (Fl	38.43m	126-1	3/30
7	58	Emily LANE	SO	#21 Dalton State (Ga	37.77m	123-11	3/22
8	60	Darci DAWSON	SR	#12 Columbia (S.C.)	37.69m	123-8	3/22
9	61	Ashlea KLAM	FR	#13 Keiser (Fla.)	37.51m	123-1	3/8
10	63	Miel JOHNSON	FR	#3 St. Thomas (Fla.)	37.49m	123-0	3/8

Women's Hammer

1	24	MarieAnge MOUSSIGNAC	JR	#1 Southeastern (Fl	46.04m	151-1	3/30
2	29	Marquia WHITE	JR	#10 Reinhardt (Ga.)	45.56m	149-6	3/28
3	32	Ezarya DALE	JR	#13 Keiser (Fla.)	45.20m	148-4	3/28
4	33	Grace JONES	SR	#14 Truett-McConne	45.16m	148-2	3/28
5	36	Kloey PICKENS	SR	#17 Columbia Intern	44.94m	147-5	3/8
6	39	Niesha ALDAJUSTE	JR	#13 Keiser (Fla.)	44.80m	147-0	3/22
7	40	Coral CURRY	SO	#17 Columbia Intern	44.78m	146-11	3/14
8	56	Darci DAWSON	SR	#12 Columbia (S.C.)	42.92m	140-10	3/28
9	60	Zoe VLK	SO	#7 Cumberland (Te	42.61m	139-10	3/29
10	62	Reign SNOWDEN	FR	#8 Dillard (La.)	42.54m	139-7	3/22

Women's Javelin

1	7	Davanna COLLIE	JR	#3 St. Thomas (Fla.)	41.70m	136-10	3/22
2	23	Emma TERRY	JR	#1 Southeastern (Fl	37.44m	122-10	3/30
3	30	Abigail CRUZ	JR	#10 Reinhardt (Ga.)	36.50m	119-9	3/15
4	33	Isabelle AALDERS	FR	#7 Cumberland (Te	36.34m	119-3	3/29
5	38	Emma BARNES	JR	#4 Montreat (N.C.)	35.96m	118-0	3/8
6	47	Kloey PICKENS	SR	#17 Columbia Intern	35.19m	115-6	3/14
7	56	Lisa SCHOEN	FR	#16 Tennessee Wesle	34.19m	112-2	3/28
8	65	Sydney JOHNSON	JR	Fisk (Tenn.)	33.06m	108-6	3/29
9	73	Sofia DIVINCENTI		#19 Loyola (La.)	32.41m	106-4	3/29
10	90	Sierra SHARP	FR	#3 St. Thomas (Fla.)	30.61m	100-5	3/8

Women's Heptathlon

1	10	Lisa SCHOEN	FR	#16 Tennessee Wesle	3,678		3/22
2	18	Jennaya COUCOULES	FR	#9 Brenau (Ga.)	2,884		3/28
3	22	Bethanee WIGGINS	SO	#10 Reinhardt (Ga.)	2,314		3/28
4	26	Rachel TOURNAY	SR	#23 Bryan (Tenn.)	1,141		3/22



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South Central

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Women's 100 Meters

1	3	Tiyna RIDGE	SO #12 Friends (Kan.)	11.68w	(3.6)	3/22
2	7	Leah MACON-FORD	FR #21 UHSP (Mo.)	11.84w	(2.8)	3/29
2	7	Gretchen RANEY	SR #3 Saint Mary (Kan.)	11.84	(1.5)	3/28
2	7	Leah MACON-FORD	FR #21 UHSP (Mo.)	11.84w	(2.8)	3/29
4	18	Roy' Janae BROWN	SO #7 Ottawa (Kan.)	12.05w	(3.6)	3/28
5	21	Carissa BURNS	SR Southwestern Cl	12.08w	(4.0)	3/29
6	23	Larrisa MCHENRY	SR #10 Our Lady of the L	12.09w	(2.9)	3/22
7	25	Kyah HILL	SR Southwestern (K	12.13w	(2.5)	3/29
8	26	Jordyn WEEMS	SR #7 Ottawa (Kan.) {2}	12.16w	(2.2)	3/22
8	26	Zakiya PORTER	JR #1 Central Methodi	12.16	(0.0)	3/22
10	29	Rhianna HILL	FR #12 Friends (Kan.) {2}	12.18w	(3.8)	3/22
10	29	Kyla BRADBERRY	FR #16 Saint Mary-of-th	12.18w	(2.2)	3/29

Women's 100 Meter Hurdles

1	2	Renee FINKE	SR #1 Central Methodi	14.08	(1.9)	3/29
2	10	Parys SMITH	SR #1 Central Methodi{2}	14.45	(1.9)	3/29
3	16	Jordyn MILLER-KNUCKLES	SO #3 Saint Mary (Kan.)	14.67	(1.2)	3/28
4	18	Ariel JOHNSON	SO Wiley (Texas)	14.72w	(3.1)	3/22
5	19	Hope KLAMM	JR #9 Park (Mo.)	14.73	(1.0)	3/22
6	27	Zaria JONES	FR #1 Central Methodi{3}	14.90	(1.9)	3/29
7	28	Irian PADULLES	SR #12 Friends (Kan.)	14.93w	(3.0)	3/28
8	30	Haley BELLAMY	JR #1 Central Methodi{4}	14.97	(1.8)	3/29
9	37	Gabriela MILLAN	SO #12 Friends (Kan.) {2}	15.07w	(2.9)	3/22
10	38	Kenna CONNER	SO #22 Texas Wesleyan	15.08w	(2.9)	3/22
10	38	Shanai SWEETING	JR #9 Park (Mo.) {2}	15.08	(1.0)	3/22

Women's 200 Meters

1	8	Zakiya PORTER	JR #1 Central Methodi	24.46w	(4.0)	3/29
2	9	Joana VAKASOBUDURU	JR #1 Central Methodi{2}	24.48w	(3.1)	3/29
3	12	Gretchen RANEY	SR #3 Saint Mary (Kan.)	24.65	(1.8)	3/28
3	12	Kyah HILL	SR Southwestern (K	24.65w	(3.3)	3/13
5	14	Kyla BRADBERRY	FR #16 Saint Mary-of-th	24.66w	(2.7)	3/29
6	21	Jordyn WEEMS	SR #7 Ottawa (Kan.)	24.97	(1.8)	3/28
7	27	Diane ONDOBO	JR #1 Central Methodi{3}	25.12w	(4.0)	3/29
8	28	Alicia ROBINSON	JR Harris-Stowe Sta	25.15w	(2.5)	3/29
9	30	Jamiah CLAY	SR #25 Oklahoma Panh	25.20w	(3.9)	3/22
10	33	Larrisa MCHENRY	SR #10 Our Lady of the L	25.28w	(2.8)	3/22
10	33	Roy' Janae BROWN	SO #7 Ottawa (Kan.) {2}	25.28	(2.0)	3/22

Women's 400 Meters

1	5	Diane ONDOBO	JR #1 Central Methodi	55.75		3/22
2	7	Jaymee YELTON	SR #14 Huston-Tillotsor	56.00		3/29
3	10	Lasharia GORDON	SR #22 Texas Wesleyan	57.69		3/22
4	13	Jamiah CLAY	SR #25 Oklahoma Panh	57.81		3/22
5	30	Chaleica BOOKER	SO #14 Huston-Tillotsor{2}	58.76		3/29
5	30	Vanessa PEREZ	JR #23 Oklahoma City	58.76		3/29
7	34	Lakin ESSEX	SO #5 MidAmerica Naz	58.85		3/29
8	37	Bailey ARCENEUX	FR #13 Baker (Kan.)	58.91		3/30
9	40	Byrion PATTON	FR Langston (Okla.)	59.00		3/29
10	45	Breyanna KEMP	SO #25 Oklahoma Panh{2}	59.17c	(59.06A)	3/30

Women's 400 Meter Hurdles

1	5	JayOnna PERRY	JR #7 Ottawa (Kan.)	1:02.54		3/22
2	10	Hope CRABTREE	FR #3 Saint Mary (Kan.)	1:04.05		3/22
3	11	Aziza CLARK	SO #10 Our Lady of the L	1:04.12		3/22
4	13	Cayna LOVE	SR #2 Benedictine (Kar	1:04.23		3/30
5	15	Aroa CARBALLO	FR #1 Central Methodi	1:04.44		3/22
6	17	Liberty WILES	JR #4 Evangel (Mo.)	1:05.13		3/22
7	19	Taylor COLLINS	JR #4 Evangel (Mo.) {2}	1:05.62		3/22
8	24	Shannon O'NEIL	JR #1 Central Methodi{2}	1:05.87		3/15
9	28	Mia DUNCAN	SR #15 Missouri Baptist	1:06.14		3/29
10	35	Delaney STRAUS	JR #6 Culver-Stockton	1:06.79		3/15

Women's 800 Meters

1	19	Jaymee YELTON	SR #14 Huston-Tillotsor	2:17.35		3/29
2	22	Sonya ZIMMERMAN	SR #24 Tabor (Kan.)	2:17.83		3/30
3	34	Delaney STRAUS	JR #6 Culver-Stockton	2:19.90		3/29
4	40	Alex GERE	SO #5 MidAmerica Naz	2:20.50		3/29
5	41	Angela WARD	SO #15 Missouri Baptist	2:20.54		3/22
6	44	Erika PENA	SO #23 Oklahoma City	2:20.85		3/29
7	45	Mary Cate GOLDEN	SR #2 Benedictine (Kar	2:21.08		3/30
8	49	Mia ROMAN	SR Bethel (Kan.)	2:21.66		3/28
9	55	Tara OZINGA	FR #1 Central Methodi	2:22.15		3/29
10	63	Anna CAMPBELL	JR #2 Benedictine (Kar{2}	2:23.28		3/22

Women's 1500 Meters

1	23	Madisyn EHRlich	JR #8 Kansas Wesleyan	4:46.65		3/22
2	26	Carly HOLADIA	SO #3 Saint Mary (Kan.)	4:47.34		3/22
3	33	Josie TYRRELL	SO #3 Saint Mary (Kan.){2}	4:49.67		3/22
4	34	Hailey GERARD	JR #11 William Woods (I	4:50.33		3/22
5	47	Adrienne ROCKETTE	JR #15 Missouri Baptist	4:54.20		3/22
6	54	Louise COCKING	SR #23 Oklahoma City	4:54.97		3/29
7	58	Josie JANSEN	SO #2 Benedictine (Kar	4:56.26		3/22
8	59	Tara OZINGA	FR #1 Central Methodi	4:56.38		3/22
9	60	Anna KEYS	SO #18 John Brown (Ark	4:56.42		3/22
10	62	Kate MADSEN	SR #3 Saint Mary (Kan.){3}	4:56.90		3/22

Women's Steeplechase

1	3	Mia DUNCAN	SR #15 Missouri Baptist	10:53.85		3/28
2	15	Adrienne ROCKETTE	JR #15 Missouri Baptist {2}	11:53.21		3/28
3	20	Natalia QUIROZ	SR Oklahoma Wesle	12:03.88		3/29
4	22	Kierra JENSEN	JR #8 Kansas Wesleyan	12:06.74		3/28
5	27	Jozelynn BOSTICK	SO #17 Missouri Valley	12:20.74		3/22
6	39	Emilie ZYLSTRA	SO #20 Ozarks (Mo.)	12:57.65		3/8
7	41	Jana LANDRETH	JR #13 Baker (Kan.)	13:01.05		3/30
8	46	Tia BETHARDS	SO #20 Ozarks (Mo.) {2}	13:08.68		3/8
9	48	Faith YOUNCE	SR #6 Culver-Stockton	13:15.88		3/22
10	51	Emma BERRY	SO #6 Culver-Stockton{2}	13:24.42		3/22



Regional TFRI Event Summary



South Central

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Women's 5000 Meters

1	11	Josie TYRRELL	SO	#3 Saint Mary (Kan.	17:14.60	3/28
2	20	Hailey GERARD	JR	#11 William Woods (I	17:57.27	3/28
3	22	Skylar ADAMS	SR	#4 Evangel (Mo.)	18:00.13	3/29
4	30	Emily HARRIS	JR	#4 Evangel (Mo.) {2}	18:23.45	3/29
5	33	Kate MADSEN	SR	#3 Saint Mary (Kan.) {2}	18:29.39	3/28
6	37	Kierra JENSEN	JR	#8 Kansas Wesleyan	18:32.79	3/22
7	49	Abigail WHITE	JR	#3 Saint Mary (Kan.) {3}	18:40.83	3/28
8	51	Emilie NELSON	JR	#2 Benedictine (Kar	18:41.88	3/22
9	52	Katharina GOZE	SO	#20 Ozarks (Mo.)	18:41.90	3/29
10	53	Hope AHNFELDT	JR	#18 John Brown (Ark	18:42.11	3/29

Women's 10,000 Meters

1	4	Mekayla GIBSON	SR	#11 William Woods (I	36:52.22	3/28
2	13	Quintan TEAGUE	JR	#16 Saint Mary-of-th	40:10.89	3/29
3	14	Emilie NELSON	JR	#2 Benedictine (Kar	40:41.60	3/30
4	16	Catherine AARON	JR	#2 Benedictine (Kar {2}	41:20.34	3/30
5	18	Haley CARTER	JR	#13 Baker (Kan.)	41:37.64	3/30
6	19	Jozelynn BOSTICK	SO	#17 Missouri Valley	41:43.70	3/29
7	20	Kristi CHAMBERS	SR	#13 Baker (Kan.) {2}	41:48.38	3/30
8	26	Ave WOLF	FR	#2 Benedictine (Kar {3}	43:42.40	3/30
9	27	Faith YOUNCE	SR	#6 Culver-Stockton	43:53.79	3/29
10	28	Crystal RUDEN	JR	#11 William Woods (I {2}	43:57.70	3/29

Women's 5000m Race Walk

1	6	Faith YOUNCE	SR	#6 Culver-Stockton	27:44.34	3/22
2	17	Anna HART	FR	#11 William Woods (I	35:59.41	3/29
3	19	Emma BERRY	SO	#6 Culver-Stockton {2}	38:50.52	3/29
4	20	Klaudia BLASZCZYK	SO	#6 Culver-Stockton {3}	39:32.75	3/29

Women's 4x100 Relay

1	7	Aba Sam, Roy' Janae Brown, Jah-Nisha Campbell, Jordyn Weems	#7 Ottawa (Kan.)	47.00	3/28
2	9	Zakiya Porter, Joana Vakasobuduru, Parys Smith, Diane Ondobo	#1 Central Methodi	47.09	3/29
3	12	Rosjai Curtis, Mya Charles, Hannah Mand, Alexandria Sherman	#9 Park (Mo.)	47.32	3/28
4	14	Morgan Lilly, Taylor Collins, Alivia Parker, Delaney Weimer	#4 Evangel (Mo.)	47.73	3/22
5	15	Keiyah Cole, Deslyne Cooper, Hope Crabtree, Gretchen Raney	#3 Saint Mary (Kan.	47.78	3/28
6	17	Valeria Crespo, Rhianna Hill, Haidyn Thompson, Tiyna Ridge	#12 Friends (Kan.)	47.89	3/22
7	22	Zaniya Duffie, Ariana Erickson, Autumn Roberts, Larrisa Mchenry	#10 Our Lady of the I	48.45	3/29
8	28	Dejah Okonji, Ayanna Johnson, Jazmyne White, Jariah Jackson-Simon	#14 Huston-Tillotsor	49.04	3/22
9	29	Paizlie Reyna-Mata, Jamiah Clay, Akia Bowens, Ashlynn Perez	#25 Oklahoma Panh:	49.06	3/22
10	32	Reanna Green, Lakin Essex, Janiah Nicholson, Daizy Solir	#5 MidAmerica Naz:	49.42	3/29



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South Central

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Women's 4x400 Relay

1	6	Diane Ondobo, Allena Rowland, Aroa Carballo, Joana Vakasobuduru	#1 Central Methodist	3:50.32	3/29
2	10	Alexandria Segura, Tara Madrid, Autumn Roberts, Aziza Clark	#10 Our Lady of the L	3:56.29	3/29
3	13	Hope Crabtree, Deslyne Cooper, Jane Duteil, Gretchen Raney	#3 Saint Mary (Kan.)	4:00.92	3/28
4	17	Chaleica Booker, Jazmyne White, Jaymee Yelton, Jariah Jackson-Simon	#14 Huston-Tillotson	4:03.44	3/29
5	20	Jailah Robinson, Bailey Arceneaux, Shannel Graham, Rachel Sterner	#13 Baker (Kan.)	4:06.65	3/30
6	23	Faith Klamm, Lilly Camarcho, Hannah Mand, Jonnicia Williams	#9 Park (Mo.)	4:08.55	3/28
7	30	Marykathryn Smith, Catherine Starrs, Grace Adams, Paige Schmidt	#2 Benedictine (Kar)	4:15.04	3/30
8	32	Allison Johnson, Sydnee Gardner, Dakota Voortman, Kylie Arnold	#24 Tabor (Kan.)	4:15.45	3/30
9	35	Evelyn Morales, Joslyn Young, Kyla Bradberry, Hope McGuire	#16 Saint Mary-of-the	4:16.61	3/22
10	36	Remi Pierre, Kaiden Taylor, Sukanya Pegese, Meeyesha Tutt-Mootouo	Wiley (Texas)	4:16.72	3/15

Women's 4x800 Relay

1	8	Adriana McGregor, Emily Harris, Macy Kopp, Skylar Adams	#4 Evangel (Mo.)	9:50.42	3/15
2	10	Carly Holadia, Abigail White, Kathryn Cameron, Emilia Diaz	#3 Saint Mary (Kan.)	9:59.26	3/22
3	11	Catherine Starrs, Anna Campbell, Gemma Downey, Mary Cate Golden	#2 Benedictine (Kar)	10:06.73	3/22
4	13	Anna McKnight, Casandra Reyes, Julia Swearengin, Isabella Meili	#5 MidAmerica Naz	10:21.49	3/15
5	14	Mikey Duncan, Emma Morton, Tori Calder, Anna Keys	#18 John Brown (Ark)	10:26.01	3/22
6	15	Lexi Clark, Delaney Straus, Malia Carmack, Emma Berry	#6 Culver-Stockton	10:30.30	3/15
7	20	Emma Clifford, Myra Baker, Kyah Weirich, Christian Steuck	#11 William Woods (I	10:47.61	3/29
8	21	Xavia Cullers, Kierstin Maddox, Nataly Gutierrez, Paige Thielen	#19 Columbia (Mo.)	10:54.77	3/15
9	25	Camille Humphrey, Brynna Wentland, Faraja Nyasa, Shaliah Mckoy	#17 Missouri Valley	11:49.75	3/29

Women's High Jump

1	1	Delaney MILLER	JR	#4 Evangel (Mo.)	1.75m	5-8¾	3/29
2	8	Renee FINKE	SR	#1 Central Methodist	1.68m	5-6	3/22
3	13	Haley BELLAMY	JR	#1 Central Methodist	1.66m	5-5¼	3/29
4	25	Giani WIMBISH-GAY	FR	#22 Texas Wesleyan	1.60m	5-3	3/22
5	36	Jordyn MILLER-KNUCKLES	SO	#3 Saint Mary (Kan.)	1.55m	5-1	3/22
5	36	Maria CONNEALY	SO	#2 Benedictine (Kar)	1.55m	5-1	3/30
5	36	Jah-Nisha CAMPBELL	SO	#7 Ottawa (Kan.)	1.55m	5-1	3/28
8	43	April PHILLIPS	SO	#4 Evangel (Mo.)	1.54m	5-½	3/29
9	50	Arianna BUDUAN	JR	#21 UHSP (Mo.)	1.51m	4-11½	3/15
9	50	Arianna BUDUAN	JR	#21 UHSP (Mo.)	1.51m	4-11½	3/15
9	50	Taylor WASHINGTON	JR	#21 UHSP (Mo.)	1.51m	4-11½	3/15
9	50	Taylor WASHINGTON	JR	#21 UHSP (Mo.)	1.51m	4-11½	3/15
9	50	Natalie CALCATERRA	FR	#1 Central Methodist	1.51m	4-11½	3/29



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South Central

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Women's Pole Vault

1	11	Abby BEETS	SO	#4 Evangel (Mo.)	3.45m	11-3¾	3/15
2	25	Grace MITCHELL	SR	#18 John Brown (Ark	3.05m	10-0	3/29
3	39	Brynna HALATA	SR	#12 Friends (Kan.)	2.97m	9-9	3/28
4	42	Zoi SMITH	JR	#6 Culver-Stockton	2.90m	9-6¼	3/15
5	48	El REAGAN	FR	#11 William Woods (I	2.85m	9-4¼	3/22
6	54	Kinlie JUDD	SO	#6 Culver-Stockton{2}	2.80m	9-2¼	3/22
6	54	Lily EMEYABBI	FR	Nelson (Texas)	2.80m	9-2¼	3/29
8	56	Ashley STRODE	JR	#11 William Woods (I{2}	2.70m	8-10¼	3/22
9	57	Gwen SHUGART	SR	#3 Saint Mary (Kan.	2.60m	8-6¼	3/22
9	57	Samantha ROSGA	JR	#2 Benedictine (Kar	2.60m	8-6¼	3/22
9	57	Naomi WELSH	SO	#2 Benedictine (Kar	2.60m	8-6¼	3/22
9	57	Emily GLISSEN	SO	#4 Evangel (Mo.) {2}	2.60m	8-6¼	3/29

Women's Long Jump

1	2	Rosjai CURTIS	FR	#9 Park (Mo.)	5.90m	19-4¼ (0.9)	3/22
2	4	Lawren TANNER	JR	#10 Our Lady of the L	5.85mw	19-2½ (3.2)	3/22
3	10	Reanna GREEN	SR	#5 MidAmerica Naz:	5.71m	18-8¾ (1.2)	3/29
3	10	Diamond BOYD		#9 Park (Mo.) {2}	5.71m	18-8¾ (1.7)	3/29
5	17	Jah-Nisha CAMPBELL	SO	#7 Ottawa (Kan.)	5.57m	18-3¼ (0.4)	3/22
6	18	Olivia YOUNG	FR	#5 MidAmerica Naz:{2}	5.56m	18-3 (0.4)	3/29
7	22	Haley BELLAMY	JR	#1 Central Methodi:	5.45m	17-10¾ (0.0)	3/29
8	25	Jordyn WEEMS	SR	#7 Ottawa (Kan.) {2}	5.43mw	17-9¾ (2.1)	3/28
9	26	Hannah JENSEN	FR	#13 Baker (Kan.)	5.41mw	17-9 (3.2)	3/23
10	28	Ta'Mya DAVIS	SO	#1 Central Methodi:{2}	5.40m	17-8¾ (0.1)	3/29

Women's Triple Jump

1	4	Rosjai CURTIS	FR	#9 Park (Mo.)	11.91m	39-1 (0.2)	3/22
2	6	Aba SAM	SO	#7 Ottawa (Kan.)	11.84m	38-10¼ (1.1)	3/28
3	8	Aneesa SHEPPARD	SO	#12 Friends (Kan.)	11.78mw	38-7¾ (3.4)	3/22
4	9	April PHILLIPS	SO	#4 Evangel (Mo.)	11.76m	38-7 (1.9)	3/29
5	13	Olivia YOUNG	FR	#5 MidAmerica Naz:	11.35m	37-3 (0.0)	3/29
6	14	Ahmia DORSEY	SR	Langston (Okla.)	11.34mw	37-2½ (3.7)	3/29
7	16	Hayley LOEWEN	JR	#5 MidAmerica Naz:{2}	11.26m	36-11½ (1.1)	3/29
8	18	Meeyesha TUTT-MOOTOOU	JR	Wiley (Texas)	11.17mw	36-7¾ (3.2)	3/22
9	19	Delaney STRAUS	JR	#6 Culver-Stockton	11.12m	36-5¾ (1.0)	3/15
10	20	Ta'Mya DAVIS	SO	#1 Central Methodi:	11.11m	36-5½ (0.9)	3/15

Women's Shot Put

1	5	Victoria LOTZ	SR	#5 MidAmerica Naz:	13.67m	44-10¼	3/22
2	14	Cara SHULTZ	SO	McPherson (Kan.	12.82m	42-¾	3/29
3	22	Kena LEONARD	FR	#7 Ottawa (Kan.)	12.55m	41-2¼	3/28
4	26	Kara ALEXANDER	FR	McPherson (Kan){2}	12.49m	40-11¾	3/29
5	27	Evie SCOLES	SR	#18 John Brown (Ark	12.46m	40-10½	3/29
6	32	Mia GRAY	FR	Wayland Baptist	12.34mA	40-6	3/30
7	40	Aarion PICKENS	FR	#17 Missouri Valley	12.11m	39-8¾	3/22
8	41	Caley BLOSSER	SR	#5 MidAmerica Naz:{2}	12.09m	39-8	3/30
9	42	Therann MOORE	JR	Haskell	12.08m	39-7¾	3/30
10	44	Elizabeth FRITZLER	SO	#21 UHSP (Mo.)	12.05m	39-6½	3/28
10	44	Lawryn SAMPSON	SO	Jarvis Christian (12.05m	39-6½	3/15
10	44	Elizabeth FRITZLER	SO	#21 UHSP (Mo.)	12.05m	39-6½	3/28

Women's Discus

1	5	Victoria LOTZ	SR	#5 MidAmerica Naz:	46.17m	151-6	3/30
2	18	Mary LORANG	FR	#2 Benedictine (Kar	42.97m	141-0	3/30
3	20	Marta PIANTANIDA	FR	#13 Baker (Kan.)	42.02m	137-11	3/30
4	22	Kali BROWN	JR	#1 Central Methodi:	41.36m	135-9	3/22
5	32	Chloe GRUSING	SO	#8 Kansas Wesleyar	39.99m	131-3	3/28
6	40	Kyli RESER	FR	Science & Arts (C	39.06m	128-2	3/8
7	43	Cara SHULTZ	SO	McPherson (Kan	39.00m	128-0	3/23
8	49	Mia GRAY	FR	Wayland Baptist	38.60mA	126-8	3/30
9	51	Alexandra DICKERSON	FR	#5 MidAmerica Naz:{2}	38.57m	126-7	3/30
10	67	Keiiora GAINES	FR	Jarvis Christian (37.33m	122-6	3/15

Women's Hammer

1	1	Victoria LOTZ	SR	#5 MidAmerica Naz:	58.72m	192-8	3/30
2	12	Abby GREEN	JR	#12 Friends (Kan.)	48.99m	160-9	3/22
3	19	Caley BLOSSER	SR	#5 MidAmerica Naz:{2}	46.68m	153-2	3/30
4	20	Kali BROWN	JR	#1 Central Methodi:	46.32m	152-0	3/29
5	22	Donny SHARP	SR	#6 Culver-Stockton	46.23m	151-8	3/29
6	26	Alyssa HALL	SR	#2 Benedictine (Kar	45.88m	150-6	3/30
7	31	Naiyah LANDRUM	SR	#9 Park (Mo.)	45.39m	148-11	3/22
8	34	Alexandra DICKERSON	FR	#5 MidAmerica Naz:{3}	45.15m	148-2	3/30
9	38	Damajee BROWN	SO	Harris-Stowe St:	44.81m	147-0	3/28
10	48	Hayden KRAMER	SO	#19 Columbia (Mo.)	43.56m	142-11	3/15

Women's Javelin

1	1	Mary LORANG	FR	#2 Benedictine (Kar	45.07m	147-11	3/30
2	2	Mayce RUSSELL	FR	#8 Kansas Wesleyar	44.08m	144-8	3/23
3	3	Maddy WOLF	FR	#8 Kansas Wesleyar{2}	43.97m	144-3	3/28
4	13	Joana VAKASOBUDURU	JR	#1 Central Methodi:	39.61m	130-0	3/29
5	14	Rian BOUB	SR	#7 Ottawa (Kan.)	39.55m	129-9	3/28
6	16	Julie COFFEY	JR	#13 Baker (Kan.)	38.54m	126-6	3/30
7	27	Aunisty MCNEAL	FR	#8 Kansas Wesleyar{3}	36.74m	120-7	3/23
8	28	Grace GODARD	SR	#2 Benedictine (Kar{2}	36.70m	120-5	3/22
9	33	Maria CONNEALY	SO	#2 Benedictine (Kar{3}	36.34m	119-3	3/30
10	35	Mary WHITESIDE	SO	#2 Benedictine (Kar{4}	36.29m	119-1	3/22

Women's Heptathlon

1	2	Haley BELLAMY	JR	#1 Central Methodi:	4,625		3/29
2	4	Delaney STRAUS	JR	#6 Culver-Stockton	4,320		3/29
3	8	Morgan WOOD	JR	#20 Ozarks (Mo.)	3,827		3/29
4	16	Skylar MORRIS	FR	Nelson (Texas)	2,999		3/29
5	17	Robyn PUENTE	FR	Nelson (Texas) {2}	2,960		3/29
6	23	Kinlie JUDD	SO	#6 Culver-Stockton{2}	2,214		3/29



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West

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Women's 100 Meters

1	10	Hanna SOBKOWICH	SR	#1 British Columbia	11.87	(0.8)	3/22
2	12	Charlotte BOWMAN	SR	#2 College of Idaho	11.92	(0.4)	3/15
3	21	Debbie SULEMAN	FR	#1 British Columbia{2}	12.08	(0.0)	3/20
4	23	Kellan WAHL	SR	#6 Rocky Mountain	12.09cw	(12.06A) (3)	3/29
5	40	Sara MCKEN	SO	#4 Eastern Oregon	12.31	(0.4)	3/15
6	46	Clarisel LOPEZ	SO	#16 UC Merced (Calif	12.34	(0.0)	2/22
7	53	Jadyn VERMILLION		#5 Montana Tech	12.41	(1.4)	3/27
8	60	Ayla JANZEN	FR	#5 Montana Tech {2}	12.44	(1.0)	3/27
9	61	Karissa LINDNER	SO	#8 Lewis-Clark Stat	12.45	(-0.1)	3/21
10	71	Kirsten KUENZI	SO	#10 Corban (Ore.)	12.49	(1.8)	3/20

Women's 100 Meter Hurdles

1	16	Tanya DHANOA	SO	#1 British Columbia	14.67	(0.6)	3/22
2	19	Madigan KELLY	SR	#8 Lewis-Clark Stat	14.73	(1.0)	3/22
3	26	Charlize DAVIS	SO	#6 Rocky Mountain	14.88c	(14.84A) (0)	3/29
4	47	Abi STEVENS	SR	#13 Southern Oregon	15.37	(0.4)	3/25
5	54	Ayla JANZEN	FR	#5 Montana Tech	15.46	(0.0)	3/27
6	56	Amelia CHA	SO	#1 British Columbia{2}	15.47	(-0.7)	3/22
7	58	Havyn VANDENACRE	FR	#7 Providence (Mor	15.51	(0.0)	3/27
8	62	Abby CLARK	SR	#5 Montana Tech {2}	15.65	(0.0)	3/27
9	63	Sydney PECK	JR	#4 Eastern Oregon	15.69	(0.2)	3/15
10	64	Mallory TURNER	JR	#18 Park (Ariz.)	15.70	(1.1)	3/8

Women's 200 Meters

1	9	Hanna SOBKOWICH	SR	#1 British Columbia	24.48	(1.4)	3/22
2	22	Charlotte BOWMAN	SR	#2 College of Idaho	24.98	(1.0)	3/22
3	32	Sara MCKEN	SO	#4 Eastern Oregon	25.25	(1.4)	3/15
4	47	Debbie SULEMAN	FR	#1 British Columbia{2}	25.50	(1.5)	3/22
5	51	Abby CLARK	SR	#5 Montana Tech	25.59	(1.6)	3/27
6	59	Karissa LINDNER	SO	#8 Lewis-Clark Stat	25.73	(-0.2)	3/21
7	72	Nora ROSCOE	SO	#4 Eastern Oregon {2}	25.95	(1.4)	3/15
8	78	Tanya DHANOA	SO	#1 British Columbia{3}	26.01	(-1.6)	3/29
9	80	Isis VILLAFANE	SO	#2 College of Idaho {2}	26.03	(0.6)	3/15
10	84	Joyce NICHET	FR	#16 UC Merced (Calif	26.05	(0.8)	3/29

Women's 400 Meters

1	6	Hanna SOBKOWICH	SR	#1 British Columbia	55.91		3/29
2	16	Mia CAMERON	SO	#1 British Columbia{2}	58.02		3/20
3	27	Emily COLLINS	JR	#8 Lewis-Clark Stat	58.59		3/22
4	41	Zoe BUTLER	SR	#2 College of Idaho	59.03		3/15
5	52	Yesenia LAWSON	SR	#15 Multnomah (Ore	59.49		3/22
6	55	Madisen DOUGLAS	SO	#4 Eastern Oregon	59.63		3/15
7	59	Isis VILLAFANE	SO	#2 College of Idaho {2}	59.82		3/22
8	69	Alexis THRALL	FR	#2 College of Idaho {3}	1:00.29		3/15
9	79	Haley MARTIN	FR	#1 British Columbia{3}	1:00.49		3/20
10	82	Tiffany HUMPHERYS	FR	#19 Oregon Tech	1:00.62		3/15

Women's 400 Meter Hurdles

1	4	Mia CAMERON	SO	#1 British Columbia	1:02.51		3/22
2	6	Skotlyn HILL	SR	#4 Eastern Oregon	1:02.86		3/15
3	13	Haley MARTIN	FR	#1 British Columbia{2}	1:04.23		3/22
4	18	Shaylee QUENZER	FR	#9 Arizona Christiar	1:05.44		3/29
5	25	Sydney PECK	JR	#4 Eastern Oregon {2}	1:05.91		3/15
6	34	Olivia NANTZ	FR	#3 The Master's (Ca	1:06.77		3/22
7	42	Mallory TURNER	JR	#18 Park (Ariz.)	1:07.62		3/22
8	44	Olleca SEVERSON	SR	#5 Montana Tech	1:07.89		3/27
9	51	Dakota BUSSEN	FR	#2 College of Idaho	1:08.78		3/15
10	55	Nardia PADILLA	SR	#18 Park (Ariz.) {2}	1:08.97		3/22

Women's 800 Meters

1	2	Mackenzie CAMPBELL	SR	#1 British Columbia	2:12.28		3/29
2	5	Ellen PALMGREN	SR	#3 The Master's (Ca	2:13.98		3/8
3	6	Hannah FREDERICKS	SR	#3 The Master's (Ca{2}	2:14.54		3/15
4	14	Laura BEGHIN	SR	#1 British Columbia{2}	2:16.50		3/29
5	18	Madalen SHIPMAN	JR	#12 Carroll (Mont.)	2:17.22c	(2:17.61A)	3/29
6	25	Rachel MCDONALD	FR	#1 British Columbia{3}	2:18.29		3/29
7	26	Kara FITZGERALD	FR	#1 British Columbia{4}	2:18.33		3/29
8	27	Kylee QUINTON	SO	#2 College of Idaho	2:18.45		3/22
9	30	Sarah MACGILLIVRAY	JR	#1 British Columbia{5}	2:19.17		3/29
10	31	Grace TIEGS	JR	#8 Lewis-Clark Stat	2:19.20		3/22

Women's 1500 Meters

1	2	Hannah FREDERICKS	SR	#3 The Master's (Ca	4:26.24		3/21
2	5	Mackenzie CAMPBELL	SR	#1 British Columbia	4:32.86		3/29
3	7	Rebekah NIEDNAGEL	JR	#3 The Master's (Ca{2}	4:36.72		3/21
4	8	Sarah MACGILLIVRAY	JR	#1 British Columbia{2}	4:38.71		3/29
5	9	Elysse FLEMING	SR	#1 British Columbia{3}	4:39.06		3/29
6	11	Cammeo RAMIREZ	SR	#13 Southern Oregon	4:39.87		3/22
7	12	Suzie JOHNSON	JR	#3 The Master's (Ca{3}	4:40.55		3/21
8	14	Kallyn WILKINS	JR	#6 Rocky Mountain	4:42.04c	(4:45.33A)	3/29
9	15	Laura BEGHIN	SR	#1 British Columbia{4}	4:42.15		3/29
10	17	Ellen PALMGREN	SR	#3 The Master's (Ca{4}	4:43.29		3/21

Women's Steeplechase

1	1	Elysse FLEMING	SR	#1 British Columbia	10:42.73		3/29
2	2	Emma NELSON	JR	#3 The Master's (Ca	10:49.34		3/21
3	4	Zoe TIZARD	SO	#14 Embry-Riddle (A	11:10.94		3/28
4	5	Gabrielle METZGER	SR	#15 Multnomah (Ore	11:12.21		3/22
5	7	Kylee QUINTON	SO	#2 College of Idaho	11:14.78		3/22
6	8	Brooke CREGAN	JR	#3 The Master's (Ca{2}	11:23.73		3/21
7	9	Grace TIMM	SR	#6 Rocky Mountain	11:25.35c	(11:33.63A)	3/29
8	10	Analyne KLOTZ	JR	#15 Multnomah (Ore{2}	11:26.43		3/22
9	11	Alyssa JANY	JR	#5 Montana Tech	11:32.75c	(11:41.12A)	3/29
10	17	Cadence SMITH	FR	#11 Bushnell (Ore.)	12:02.15		3/15



Regional TFRI Event Summary



West

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Women's 5000 Meters

1	1	Holly MACGILLIVRAY	SR	#1 British Columbia	16:04.85	3/29
2	3	Amelia PFOHL	SR	#1 British Columbia{2}	16:49.38	3/29
3	4	Alauna CARSTENS	JR	#17 Evergreen State	16:58.27	3/22
4	5	Alyssa LOVETT	JR	#3 The Master's (Ca	16:58.76	3/21
5	7	Kahea FIGUEIRA	SR	#2 College of Idaho	17:05.39	3/22
6	10	Emma NELSON	JR	#3 The Master's (Ca{2}	17:13.39	3/8
7	18	Ellen PALMGREN	SR	#3 The Master's (Ca{3}	17:51.16	3/8
8	19	Zoe TIZARD	SO	#14 Embry-Riddle (A	17:51.58	3/8
9	21	Molly CONNOR	SR	#2 College of Idaho {2}	17:57.75	3/22
10	23	Damaris KIBIWOT	FR	#8 Lewis-Clark Stat	18:09.37	3/21

Women's 10,000 Meters

1	8	Mia KEMP	FR	#14 Embry-Riddle (A	37:49.62	3/8
2	17	Fionnula CAREW	SO	#14 Embry-Riddle (A{2}	41:22.37	3/8
3	33	Sidney LANE	JR	#11 Bushnell (Ore.)	45:23.06	3/15

Women's 5000m Race Walk

1	1	Olivia LUNDMAN	SR	#1 British Columbia	22:17.76	3/29
2	3	Grace WONG	FR	#1 British Columbia{2}	26:15.80	3/29
3	4	Chantelle DASS	FR	#1 British Columbia{3}	26:46.70	3/29

Women's 4x100 Relay

1	5	Debbie Suleman, Sonya Urbanowicz, Tanya Dhanoa, Hanna Sobkowich	#1 British Columbia	46.65	3/22
2	40	Kellan Wahl, Baylee Young, Brooke Wirkkala, Charlize Davis	#6 Rocky Mountain	50.04	3/15
3	47	Georgia Gomez, Annabel Johnson, Rylan Rhodes, Jade Roberts	#9 Arizona Christiar	50.37	3/15
4	48	Clarisel Lopez, Nneka Egbuziem, Julianna Luchsinger, Joyce Nichet	#16 UC Merced (Calif	50.41	3/1
5	53	Juliette Colunga, Joanne Noordam, Ashleey Milton, Olivia Nantz	#3 The Master's (Ca	51.30	3/8
6	57	Havyn Vandenacre, Jasmyn Murphy, MacKenzie Layng, Grace Alexander	#7 Providence (Mor	51.57	3/27
7	62	Ashley Garcia, Limariya Millage, Allison Maethner, Kaydence Tsinigine	#20 Ottawa (Ariz.)	52.81	3/15

Women's 4x400 Relay

1	4	Tanya Dhanoa, Haley Martin, Mia Cameron, Hanna Sobkowich	#1 British Columbia	3:49.76	3/22
2	18	Kahea Figueira, Kimbrie Knudsen, Kylee Quinton, Zoe Butler	#2 College of Idaho	4:05.32	3/15
3	21	Madalen Shipman, Claire Bucklin, Chloe Raats, Kailen Herbstritt	#12 Carroll (Mont.)	4:07.30c (4:06.86A)	3/29
4	26	Jade Roberts, Georgia Gomez, Shaylee Quenzer, Lucy Lovelace	#9 Arizona Christiar	4:10.91	3/15
5	37	Tyne Stokes, Maya Percy, Grace Timm, Kallyn Wilkins	#6 Rocky Mountain	4:16.90	3/15
6	38	Julianna Bell, Patience Haff, Kirsten Kuenzi, Kayla Morgan	#10 Corban (Ore.)	4:17.04	3/20
7	45	MaKenzie Sheils, Kamryn Comba, Peyton Walker, Bella Birmingham	#5 Montana Tech	4:21.20c (4:20.76A)	3/29
8	50	Julianna Luchsinger, Sinthya Duran, Jailyn Batis, Jaydah Aguilar	#16 UC Merced (Calif	4:24.90	2/22
9	51	Ellie Ekwere, Cyan Kelso-Reynolds, Macayla Parrish, Lindsey Rankin	#11 Bushnell (Ore.)	4:25.45	3/8
10	62	Tori Church, Brooke Cregan, Kimberly Page, Aubrey Kuck	#3 The Master's (Ca	4:42.43	2/8

Women's 4x800 Relay

1	1	Hannah Fredericks, Suzie Johnson, Rebekah Niednagel, Ellen Palmgren	#3 The Master's (Ca	9:09.63	3/22
2	2	#Type!	#6 Rocky Mountain	9:16.34	3/27

Women's High Jump

1	5	Sarah PIMBLETT	JR	#1 British Columbia	1.69m	5-6½	3/22
2	10	Adrienne WASHINGTON	JR	#4 Eastern Oregon	1.67m	5-5¾	3/15
3	13	Corona PARKER	SR	#17 Evergreen State	1.66m	5-5¼	3/8
4	17	Brooke WIRKKALA	JR	#6 Rocky Mountain	1.65m	5-5	3/15
5	18	Bridgette HANSEN	FR	#1 British Columbia{2}	1.64m	5-4½	3/22
6	19	Abby CLARK	SR	#5 Montana Tech	1.62m	5-3¾	3/29
6	19	Mattie SHIRTS	SO	#2 College of Idaho	1.62m	5-3¾	3/15
8	21	Abi STEVENS	SR	#13 Southern Oregon	1.61m	5-3¼	3/25
9	30	Dakota BUSSEN	FR	#2 College of Idaho {2}	1.57m	5-1¾	3/15
10	61	Charlize DAVIS	SO	#6 Rocky Mountain {2}	1.50m	4-11	3/22
10	61	Katrina GORAUSKAS	JR	#3 The Master's (Ca	1.50m	4-11	1/25



Regional TFRI Event Summary



West

as of 4/1/2025 7:52:23 AM ET

Women's Pole Vault

1	1	Sonya URBANOWICZ	JR	#1	British Columbia	4.10m	13-5¼	3/22
2	7	Kiriann JOHNSON	FR	#2	College of Idaho	3.60m	11-9¾	3/15
3	8	McKenna ROGERS	SO	#9	Arizona Christiar	3.51m	11-6¼	3/8
4	10	Sydney PERKINS	SO	#13	Southern Oregon	3.46m	11-4¼	3/8
5	17	Harlee GRANT	SO	#4	Eastern Oregon	3.29m	10-9½	3/15
6	19	Hannah CHRISTMAN	SO	#6	Rocky Mountain	3.20m	10-6	3/27
7	24	Lucia RUEPELLE	FR	#1	British Columbia{2}	3.15m	10-4	3/29
8	25	Leah NASTRI	SR	#10	Corban (Ore.)	3.05m	10-0	3/1
9	64	Eden WITTEN	SO	#11	Bushnell (Ore.)	2.45m	8-½	3/8
10	68	Keira MERRYMAN	FR	#2	College of Idaho {2}	2.39m	7-10	3/15

Women's Long Jump

1	1	Jadyn VERMILLION		#5	Montana Tech	5.96m	19-6¾ (0.1)	3/27
2	9	Amelia CHA	SO	#1	British Columbia	5.77m	18-11¼ (1.3)	3/22
3	10	Abby CLARK	SR	#5	Montana Tech {2}	5.71m	18-8¾ (0.0)	3/27
4	15	Rylan RHODES	FR	#9	Arizona Christiar	5.60m	18-4½ (0.0)	12/7
5	19	Charlize DAVIS	SO	#6	Rocky Mountain	5.55m	18-2½ (1.6)	3/22
6	22	Sydney ZYWINA	SR	#8	Lewis-Clark Stat	5.45m	17-10¾ (0.9)	3/22
7	24	Charlotte BOWMAN	SR	#2	College of Idaho	5.44m	17-10¼ (0.6)	3/15
8	30	Brooke WIRKKALA	JR	#6	Rocky Mountain {2}	5.36m	17-7 (0.0)	3/29
9	45	Adrienne WASHINGTON	JR	#4	Eastern Oregon	5.22m	17-1½ (-0.4)	3/25
10	48	Cyan KELSO-REYNOLDS	FR	#11	Bushnell (Ore.)	5.20m	17-¾ (1.3)	3/8

Women's Triple Jump

1	10	Sydney ZYWINA	SR	#8	Lewis-Clark Stat	11.69m	38-4¼ (0.1)	3/22
2	23	Ayla JANZEN	FR	#5	Montana Tech	11.01mw	36-1½ (3.2)	3/27
3	25	Kayli LINCOLN	SO	#3	The Master's (Ca	10.91m	35-9½ (0.3)	2/8
4	32	Mattie SHIRTS	SO	#2	College of Idaho	10.82m	35-6 (1.0)	3/15
5	47	Braedyn JOHNSON	FR	#12	Carroll (Mont.)	10.29m	33-9¼ (0.9)	3/29
6	59	Julianna BELL	FR	#10	Corban (Ore.)	10.02mw	32-10½ (2.4)	3/8
7	61	Ellie EKWERE	FR	#11	Bushnell (Ore.)	9.96m	32-8¼ (1.9)	3/8
8	63	Isabella PEDERSON	FR	#4	Eastern Oregon	9.91m	32-6¼ (-0.4)	3/15
9	68	Sara VANDERWYK	JR	#2	College of Idaho {2}	9.80m	32-2 (0.6)	3/15
10	70	Keira MERRYMAN	FR	#2	College of Idaho {3}	9.69m	31-9½ (0.5)	3/15

Women's Shot Put

1	4	Michelle DADSON	SR	#1	British Columbia	13.83m	45-4½	3/29
2	7	Lauren CIMA	FR	#7	Providence (Mor	13.39m	43-11¼	3/27
3	25	Tatiana MARTINEZ	SR	#7	Providence (Mor{2}	12.50m	41-¼	3/27
4	48	Star HERRON	SR	#2	College of Idaho	11.98m	39-3¾	3/22
5	54	Haylee APPLEFORD	SO	#8	Lewis-Clark Stat	11.83m	38-9¾	3/21
6	56	Isabella OLIVER	FR	#22	Simpson (Calif.)	11.80m	38-8¾	3/8
7	65	Stella GRAY	FR	#2	College of Idaho {2}	11.68m	38-4	3/15
8	73	Abigail MCBEAN	SO	#12	Carroll (Mont.)	11.55m	37-10¾	3/29
9	76	Ava EPLER	FR	#5	Montana Tech	11.49m	37-8½	3/29
10	90	Shelby TADLOCK	FR	#12	Carroll (Mont.) {2}	11.33m	37-2¼	3/29

Women's Discus

1	3	Tatiana MARTINEZ	SR	#7	Providence (Mor	46.92m	153-11	3/27
2	11	Lauren CIMA	FR	#7	Providence (Mor{2}	44.64m	146-6	3/27
3	30	Avari BATT	JR	#7	Providence (Mor{3}	40.55m	133-1	3/27
4	39	Ilyhia GREELY	SR	#13	Southern Oregon	39.28m	128-11	3/8
5	47	Kaylee WUEST	FR	#2	College of Idaho	38.72m	127-1	3/15
6	49	Star HERRON	SR	#2	College of Idaho {2}	38.60m	126-8	3/15
7	57	Cheney GOMEZ	SO	#9	Arizona Christiar	37.78m	124-0	3/29
8	58	Gabrielle TATA-RODRIGUES	SR	#10	Corban (Ore.)	37.77m	123-11	3/20
9	65	Sedona DIETRICH	FR	#9	Arizona Christiar{2}	37.36m	122-7	3/29
10	76	Kayla BOTKIN	JR	#12	Carroll (Mont.)	36.73m	120-6	3/29

Women's Hammer

1	2	Bella HALL	JR	#1	British Columbia	54.72m	179-7	3/29
2	3	Michelle DADSON	SR	#1	British Columbia{2}	52.70m	172-11	3/20
3	6	Katelyn PUTZ	FR	#1	British Columbia{3}	50.99m	167-4	3/22
4	7	Lauren CURTIS	FR	#1	British Columbia{4}	50.78m	166-7	3/29
5	15	Star HERRON	SR	#2	College of Idaho	48.29m	158-5	3/15
6	17	Lauren CIMA	FR	#7	Providence (Mor	47.82m	156-11	3/27
7	23	Tatiana MARTINEZ	SR	#7	Providence (Mor{2}	46.21m	151-7	3/27
8	44	Gabrielle TATA-RODRIGUES	SR	#10	Corban (Ore.)	44.12m	144-9	3/20
9	53	Ilyhia GREELY	SR	#13	Southern Oregon	43.15m	141-7	3/8
10	77	Taylor DURFEY	JR	#2	College of Idaho {2}	41.56m	136-4	3/15

Women's Javelin

1	4	Sarah SNELL	SO	#1	British Columbia	42.30m	138-10	3/29
2	5	Shelbey KLEIN	JR	#7	Providence (Mor	42.17m	138-4	3/22
3	10	Havyn VANDENACRE	FR	#7	Providence (Mor{2}	40.34m	132-4	3/15
4	11	Jenna JORDAN	SR	#5	Montana Tech	40.24m	132-0	3/29
5	12	Keelyn O'REILLY	SR	#10	Corban (Ore.)	39.83m	130-8	3/20
6	20	Adrienne WASHINGTON	JR	#4	Eastern Oregon	37.89m	124-4	3/25
7	22	Tyra OPPERMAN	SO	#5	Montana Tech {2}	37.55m	123-3	3/29
8	24	Madison MACMILLAN	SR	#4	Eastern Oregon {2}	37.24m	122-2	3/15
9	29	Gianna ANDERSON	SO	#8	Lewis-Clark Stat	36.56m	120-0	3/21
10	37	Sammy CONLEY	SR	#4	Eastern Oregon {3}	36.11m	118-6	3/15

Women's Heptathlon

1	1	Adrienne WASHINGTON	JR	#4	Eastern Oregon	4,638	3/25
2	3	Abi STEVENS	SR	#13	Southern Oregon	4,617	3/25
3	5	Mattie SHIRTS	SO	#2	College of Idaho	4,035	3/25
4	6	Sarah PIMBLETT	JR	#1	British Columbia	3,973	3/29
5	11	Alessandra IONESCU-ZANETTI	SO	#1	British Columbia{2}	3,676	3/29
6	12	Lucy LOVELACE	JR	#9	Arizona Christiar	3,603	3/28
7	13	Isabelle RAASCH	JR	#15	Multnomah (Ore	3,526	3/25
8	19	Audrey VENNESLAND	FR	#1	British Columbia{3}	2,796	3/29
9	20	Madi PERKINS	FR	#19	Oregon Tech	2,614	3/25
10	21	Abby ROWEDDER	JR	#3	The Master's (Ca	2,441	3/21