



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.		Scored Performance		Meet	
1	Briana CAMPBELL	FR	#7 Life (Ga.)	4.80	D	11.49	(1.2)	4/5/25	Emory Dooley Elite
2	Denai WILSON	JR	#2 William Carey (Miss.)	30.71		11.50w	(2.4)	4/19/25	Jim Mize Invitational
3	Tyeese SMITH	JR	#2 William Carey (Miss.) {2}	28.55		11.52	(1.5)	3/22/25	Alumni Bulldog Relays
4	Irmiris MENDEZ	SR	#8 Southeastern (Fla.)	26.22		11.56w	(2.8)	4/12/25	South Florida Invitational (ou
5	Kevell BYRD	SR	#24 Dillard (La.)	23.58		11.64	(1.8)	4/12/25	HBCUAC Outdoor Champions
6	Ny'tierra HOBBS	SR	#6 Madonna (Mich.)	21.53		11.65w	(2.3)	3/29/25	Bobcat Invitational (Texas Sta
7	Tiyna RIDGE	SO	Friends (Kan.)	19.37		11.68w	(3.6)	3/22/25	TCU Invitational
7	Breanna CLARKE	SO	#22 Xavier (La.)	19.37		11.68w	(3.4)	4/5/25	Davenport-Milburn Pelican Re
9	Kayly GUTHRIE	SR	#10 Lindsey Wilson (Ky.)	15.31		11.69w	(2.8)	4/12/25	South Florida Invitational (ou
10	Jaelyn MITCHELL	SO	#22 Xavier (La.) {2}	13.20		11.71w	(2.6)	3/22/25	Louisiana Classics
10	Hanna SOBKOWICH	SR	#1 British Columbia	13.20		11.71	(2.0)	4/6/25	Simon Fraser High Performan
10	Debbie SULEMAN	FR	#1 British Columbia	13.20		11.71		4/12/25	
13	Jahhi CLARKE-BLOOMFIELD	SO	Warner (Fla.)	9.10		11.73w	(2.4)	4/5/25	Embry-Riddle Running Eleme
14	Bri HAY	FR	#11 St. Thomas (Fla.)	7.68		11.82w	(3.6)	4/12/25	South Florida Invitational (ou
15	Syniah SIMS	SO	#2 William Carey (Miss.) {3}	6.65		11.83w	(2.6)	3/29/25	Southern Miss Invitational
16	Gretchen RANEY	SR	Saint Mary (Kan.)	5.63		11.84	(1.5)	3/28/25	Emporia State Relays
16	Leah MACON-FORD	FR	UHSP (Mo.)	5.63		11.84w	(2.8)	3/29/25	Billiken Invitational
16	Leah MACON-FORD	FR	UHSP (Mo.)	5.63		11.84w	(2.8)	3/29/25	Billiken Invitational
18	Tori BURTON	JR	#24 Dillard (La.) {2}	4.60		11.85	(1.1)	4/12/25	HBCUAC Outdoor Champions
18	Myesha HALL	SR	Truett-McConnell (Ga.	2.60	D	11.85w	(2.9)	4/19/25	Appalachian (AAC) Outdoor C
20	Lamoy DUFFUS	SR	Talladega (Ala.)	3.55		11.87	(1.8)	4/12/25	HBCUAC Outdoor Champions
21	Charlotte BOWMAN	SR	#20 College of Idaho	2.91		11.92	(0.4)	3/15/25	Nighthawks Opener
21	Khila DARRISAW	JR	#11 St. Thomas (Fla.) {2}	2.91		11.92	(0.8)	4/19/25	STU Open 3
21	Morgan LILLY	SO	Evangel (Mo.)	2.91		11.92w	(2.1)	4/17/25	Pittsburg State Tune-Up
24	Hannah REID	FR	#10 Lindsey Wilson (Ky.) {2}	1.31		11.96w	(2.1)	3/22/25	Alan Connie Shamrock Invitat
25	Zakiya PORTER	JR	#12 Central Methodist (Mo	1.23		11.97	(0.4)	4/11/25	Mule Relays
25	Abia KANTE	SO	#5 Cumberlands (Ky.)	1.23		11.97	(1.3)	3/22/25	Alumni Bulldog Relays
27	Carsyn BURDINE	JR	#23 Olivet Nazarene (Ill.)	1.11		11.98	(1.9)	4/13/25	Olivet Nazarene Tiger Open
28	Neryah HEKL	SO	#4 Doane (Neb.)	1.01		12.00	(1.0)	4/8/25	Doane Invitational
28	Jenna-Ann JOHNSON	JR	#14 Siena Heights (Mich.)	1.01		12.00w	(2.4)	4/18/25	Hillsdale Gina Relays
30	Latrice BROWN	SO	Columbia (S.C.)	0.86		12.02w	(2.9)	4/19/25	Appalachian (AAC) Outdoor C
30	Tierney HUSS	FR	Northwestern (Iowa)	0.86		12.02w	(3.0)	4/16/25	Red Raider Open
32	Alyssa MORLEY	FR	#8 Southeastern (Fla.) {2}	0.70		12.04w	(2.4)	4/5/25	Embry-Riddle Running Eleme
33	Mya CHARLES	SO	Park (Mo.)	0.63		12.05	(2.0)	4/4/25	Emporia State Midwest Classi
33	Roy'Janae BROWN	SO	Ottawa (Kan.)	0.63		12.05w	(3.6)	3/28/25	Emporia State Relays
35	RaeAnn THOMPSON	SO	#4 Doane (Neb.) {2}	0.50		12.06w	(2.9)	4/18/25	Jim Dutcher Memorial
35	Salieci MYLES	SR	#2 William Carey (Miss.) {4}	0.50		12.06w	(2.4)	4/19/25	Jim Mize Invitational
37	Jordanne THOMAS	FR	#11 St. Thomas (Fla.) {3}	0.38		12.07	(1.8)	3/29/25	Texas Relays
37	Ta'nijal MATTHEWS	SR	#24 Dillard (La.) {3}	0.38		12.07w	(2.6)	3/29/25	Southern Miss Invitational
39	Carissa BURNS	SR	Southwestern Christia	0.28		12.08w	(4.0)	3/29/25	Oklahoma Baptist Invitational
40	Larrisa MCHENRY	SR	Our Lady of the Lake (0.25		12.09w	(2.9)	3/22/25	UTSA Invitational
40	Nevaeh LACEY	SO	#22 Xavier (La.) {3}	0.25		12.09	(1.1)	4/11/25	Strawberry Relays
40	Kellan WAHL	SR	Rocky Mountain (Mont	0.25		12.09cw	(12.06A) (3.	3/29/25	Al Manuel Invitational
43	Tylar PARKER	FR	#23 Olivet Nazarene (Ill.) {2}	0.18		12.12	(1.4)	4/19/25	Indiana State Gibson Invitatio
44	Cameron KELPERIS	SO	#7 Life (Ga.) {2}	0.15		12.13	(1.2)	4/5/25	Emory Dooley Elite
44	Kyah HILL	SR	Southwestern (Kan.)	0.15		12.13w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
44	Sara MCKEN	SO	#25 Eastern Oregon	0.15		12.13	(0.6)	4/4/25	Whitworth Peace Meet
44	Kiya POGUE	SR	Indiana Tech	0.15		12.13	(1.0)	4/19/25	Indiana State Gibson Invitatio
48	Jasmin HORNES	FR	Warner (Fla.) {2}	0.05		12.14	(0.8)	4/19/25	STU Open 3
49	Alexis MENDLIK	FR	Ave Maria (Fla.)	0.03		12.15	(1.0)	4/11/25	Keiser Twilight Invitational
50	Jordyn WEEMS	SR	Ottawa (Kan.) {2}	0.01		12.16w	(2.2)	3/22/25	Spire Distance Carnival & Tea
50	Morgan JOHNSON	SR	Columbia Internation	0.01		12.16w	(2.9)	4/19/25	Appalachian (AAC) Outdoor C



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Briana CAMPBELL	FR	#7 Life (Ga.)	35.15	13.17w	(2.6)	4/12/25	Gamecock Invitational
2	Adrianna RODENCAL	JR	#13 Concordia (Neb.)	31.57	13.46w	(2.3)	4/12/25	Bronco Invitational
3	Salieci MYLES	SR	#2 William Carey (Miss.)	28.99	13.57	(0.2)	3/22/25	Alumni Bulldog Relays
4	Kerrigan MYERS	SR	Midland (Neb.)	25.79	13.85	(1.4)	4/19/25	Kansas Relays
5	Irmiris MENDEZ	SR	#8 Southeastern (Fla.)	23.58	13.91	(1.6)	4/5/25	Embry-Riddle Running Eleme
6	Faith JACKSON	SR	#14 Siena Heights (Mich.)	21.41	13.96w	(2.5)	4/18/25	Hillsdale Gina Relays
7	Samantha DEGRACE	FR	Tennessee Wesleyan	19.25	14.01w	(2.7)	4/19/25	Appalachian (AAC) Outdoor C
8	Nyrania BARR-MILLER	FR	#11 St. Thomas (Fla.)	17.21	14.02w	(2.1)	4/12/25	South Florida Invitational (ou
9	Isabel URRUTIA LEMUS	FR	#10 Lindsey Wilson (Ky.)	15.05	14.07w	(3.5)	4/12/25	South Florida Invitational (ou
10	Renee FINKE	SR	#12 Central Methodist (Mo	13.01	14.08	(1.9)	3/29/25	Central Methodist Invitational
11	Kiya POGUE	SR	Indiana Tech	10.95	14.10	(0.1)	4/19/25	Indiana State Gibson Invitatio
11	Mackenzie PRINGLE	SO	Columbia (S.C.)	10.95	14.10w	(2.7)	4/19/25	Appalachian (AAC) Outdoor C
13	Brei CHRISTOFFER	SO	Clarke (Iowa)	8.82	14.14w	(2.3)	4/12/25	Mustang Distance Carnival &
14	Addisyn TERPSTRA	SO	Grand View (Iowa)	7.72	14.18	(1.0)	3/22/25	Grand View Viking Relays
15	Jade HARRIS	JR	#22 Xavier (La.)	6.65	14.22	(1.3)	4/11/25	Strawberry Relays
15	Emma DIVERONICA	SR	#11 St. Thomas (Fla.) {2}	6.65	14.22w	(3.5)	4/12/25	South Florida Invitational (ou
17	Kaitlyn MCCOLLY	SR	#3 Dickinson State (N.D.)	5.05	14.28	(1.9)	4/11/25	NDSU Spring Classic
17	Latrice WILLIAMS	FR	Lawrence Tech (Mich.)	5.05	14.28w	(2.7)	4/19/25	Aggie Invitational
19	Sariyah MORALES	FR	#11 St. Thomas (Fla.) {3}	4.00	14.31w	(2.1)	4/12/25	South Florida Invitational (ou
20	Josie GARRETT	JR	#4 Doane (Neb.)	3.47	14.33	(0.6)	4/11/25	Doane-Nebraska Wesleyan
21	Kaylah MCCALL	JR	#23 Olivet Nazarene (Ill.)	2.86	14.40	(1.9)	4/19/25	Indiana State Gibson Invitatio
22	Makiyah ALLEN	JR	Campbellsville (Ky.)	2.34	14.41w	(2.3)	3/15/25	Myrtle Beach Collegiate Chall
23	Parys SMITH	SR	#12 Central Methodist (Mo	1.78	14.45	(1.9)	3/29/25	Central Methodist Invitational
24	Jordyn MILLER-KNUCKLE	SO	Saint Mary (Kan.)	1.23	14.48w	(3.2)	4/12/25	Wichita State K.T. Woodman I
25	Haley BELLAMY	JR	#12 Central Methodist (Mo	1.13	14.51	(-0.1)	4/19/25	Georgia Tech Invitational
26	Shanai SWEETING	JR	Park (Mo.)	1.07	14.52w	(2.8)	4/12/25	Wichita State K.T. Woodman I
27	Emily LUDWIG	SO	Viterbo (Wis.)	0.98	14.54w	(2.5)	4/12/25	UW Oshkosh Invitational
27	Linnearia RICHARDS	JR	#14 Siena Heights (Mich.) {2}	0.98	14.54	(0.4)	4/12/25	SAU Bill Bippes Cougar Classi
27	Talea GIFFORD	FR	#8 Southeastern (Fla.) {2}	0.98	14.54	(1.9)	4/5/25	Embry-Riddle Running Eleme
30	Breanna CLARKE	SO	#22 Xavier (La.) {2}	0.80	14.56	(-1.0)	3/22/25	Louisiana Classics
31	Tanya DHANOA	SO	#1 British Columbia	0.71	14.59		4/12/25	
32	Hope KLAMM	JR	Park (Mo.) {2}	0.64	14.60w	(2.8)	4/12/25	Wichita State K.T. Woodman I
33	Makayla THOMPSON	SO	Langston (Okla.)	0.58	14.61w	(2.2)	4/17/25	Pittsburg State Tune-Up
34	Aziza CLARK	SO	Our Lady of the Lake (0.51	14.62w	(3.3)	4/12/25	Cactus Cup
35	Nina MARINKOVIC	SO	#17 Marian (Ind.)	0.45	14.63	(-0.2)	4/12/25	Indiana Little State Invitation
36	Kayla SVOBODA	JR	#13 Concordia (Neb.) {2}	0.40	14.67w	(3.3)	4/18/25	Jim Dutcher Memorial
37	Ariel JOHNSON	SO	Wiley (Texas)	0.35	14.72w	(3.1)	3/22/25	Prairie View A&M Relays
38	Madigan KELLY	SR	Lewis-Clark State (Ida	0.30	14.73	(1.0)	3/22/25	Oregon Preview (outdoor)
39	Kenna CONNER	SO	Texas Wesleyan	0.28	14.76	(-0.3)	4/19/25	Michael Johnson Classic
39	Zaria JONES	FR	#12 Central Methodist (Mo	0.28	14.76	(1.0)	4/18/25	Culver-Stockton Wildcat Ope
41	Katelynn DIX	JR	Cornerstone (Mich.)	0.23	14.77	(1.0)	3/29/25	Billiken Invitational
42	Gabriela MILLAN	SO	Friends (Kan.)	0.20	14.78w	(3.2)	4/12/25	Wichita State K.T. Woodman I
43	Abi STEVENS	SR	#21 Southern Oregon	0.18	14.79	(0.5)	4/12/25	John Knight Twilight
43	Isabella LEHTINEN	FR	#15 Cumberland (Tenn.)	0.18	14.79	(1.1)	3/22/25	Lee Invitational
45	Martina MONTSEERRAT-VILAR	FR	Lawrence Tech (Mich.) {2}	0.13	14.83w	(2.8)	4/19/25	Aggie Invitational
46	Kiana SIEFERT	JR	#18 Taylor (Ind.)	0.10	14.84w	(2.8)	3/22/25	Polar Bear Invitational (Indian
46	Erin PEASE	SO	Union (Ky.)	0.10	14.84w	(2.7)	4/19/25	Appalachian (AAC) Outdoor C
48	Emma JOHNSON	SR	Viterbo (Wis.) {2}	0.05	14.88w	(2.3)	4/18/25	UW-La Crosse Esten Challeng
48	Charlize DAVIS	SO	Rocky Mountain (Mont	0.05	14.88c	(14.84A) (0.	3/29/25	Al Manuel Invitational
50	Kayla RORIE	FR	Indiana Tech {2}	0.01	14.92	(0.2)	4/12/25	Indiana Little State Invitation



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Briana CAMPBELL	FR	#7 Life (Ga.)	33.62	23.54w	(2.8)	4/12/25	Gamecock Invitational
2	Praise IDAMADUDU	SR	#15 Cumberland (Tenn.)	31.22	23.64w	(2.4)	4/5/25	Tennessee Invite
3	Tonyan BECKFORD	FR	#11 St. Thomas (Fla.)	28.82	23.74	(-0.1)	3/22/25	UCF Black and Gold Invite
4	Abia KANTE	SO	#5 Cumberlands (Ky.)	26.47	23.83w	(3.1)	3/29/25	Central Methodist Invitational
5	Denai WILSON	JR	#2 William Carey (Miss.)	24.28	23.88	(0.7)	3/22/25	Alumni Bulldog Relays
6	Irmiris MENDEZ	SR	#8 Southeastern (Fla.)	3.63	D 24.08	(1.8)	4/12/25	South Florida Invitational (ou
7	Kevell BYRD	SR	#24 Dillard (La.)	19.32	24.20	(1.4)	3/29/25	Southern Miss Invitational
8	Charity JONES	SR	#6 Madonna (Mich.)	17.27	24.22	(0.8)	3/29/25	Bobcat Invitational (Texas Sta
9	Kayly GUTHRIE	SR	#10 Lindsey Wilson (Ky.)	15.06	24.30w	(3.7)	4/5/25	Tennessee Invite
10	Hannah REID	FR	#10 Lindsey Wilson (Ky.) {2}	13.01	24.32w	(3.2)	4/12/25	South Florida Invitational (ou
11	Jaelyn MITCHELL	SO	#22 Xavier (La.)	10.86	24.38	(0.6)	3/22/25	Louisiana Classics
12	Carsyn BURDINE	JR	#23 Olivet Nazarene (Ill.)	9.71	24.44	(0.0)	4/13/25	Olivet Nazarene Tiger Open
13	Zakiya PORTER	JR	#12 Central Methodist (Mo	8.66	24.46w	(4.0)	3/29/25	Central Methodist Invitational
14	Hanna SOBKOWICH	SR	#1 British Columbia	2.63	D 24.48	(1.4)	3/22/25	Willie Williams/Dave Murray D
14	Joana VAKASOBUDURU	JR	#12 Central Methodist (Mo	7.63	24.48w	(3.1)	3/29/25	Central Methodist Invitational
16	Kyla BRADBERRY	FR	Saint Mary-of-the-Wo	5.62	24.49	(0.6)	4/18/25	Rose-Hulman Twilight Invitati
17	Khila DARRISAW	JR	#11 St. Thomas (Fla.) {2}	5.11	24.50w	(2.7)	4/12/25	South Florida Invitational (ou
18	Myesha HALL	SR	Truett-McConnell (Ga.	2.54	D 24.55	(0.8)	4/5/25	Joe Walker Invitational
19	Ny'tierra HOBBS	SR	#6 Madonna (Mich.) {2}	4.03	24.56	(1.3)	3/29/25	Bobcat Invitational (Texas Sta
20	Latrice BROWN	SO	Columbia (S.C.)	3.49	24.59w	(3.1)	4/19/25	Appalachian (AAC) Outdoor C
21	Gretchen RANEY	SR	Saint Mary (Kan.)	2.42	D 24.65	(1.8)	3/28/25	Emporia State Relays
21	Kyah HILL	SR	Southwestern (Kan.)	2.92	24.65w	(3.3)	3/13/25	Dean Pryor Invitational
23	Lillian GUZMAN	SO	#5 Cumberlands (Ky.) {2}	1.88	24.68w	(4.0)	3/29/25	Central Methodist Invitational
24	Jahhi CLARKE-BLOOMFIELD	SO	Warner (Fla.)	1.31	24.74	(0.9)	4/5/25	Embry-Riddle Running Eleme
25	Tori BURTON	JR	#24 Dillard (La.) {2}	1.24	24.75	(0.2)	4/12/25	HBCUAC Outdoor Champions
26	Lamoy DUFFUS	SR	Talladega (Ala.)	1.11	24.82w	(2.4)	4/12/25	HBCUAC Outdoor Champions
27	Tylar PARKER	FR	#23 Olivet Nazarene (Ill.) {2}	1.02	24.85	(0.0)	4/13/25	Olivet Nazarene Tiger Open
28	Sara MCKEN	SO	#25 Eastern Oregon	0.92	24.89	(0.6)	4/4/25	Whitworth Peace Meet
28	Nyrania BARR-MILLER	FR	#11 St. Thomas (Fla.) {3}	0.92	24.89w	(2.4)	4/12/25	South Florida Invitational (ou
28	Jordyn WEEMS	SR	Ottawa (Kan.)	0.92	24.89	(1.5)	4/19/25	Kansas Relays
31	Nora ROSCOE	SO	#25 Eastern Oregon {2}	0.76	24.90	(0.4)	4/19/25	Larry Byerly Invite
32	Tyeese SMITH	JR	#2 William Carey (Miss.) {2}	0.68	24.92	(-0.2)	3/22/25	Alumni Bulldog Relays
33	Grace CLEMENS	FR	Tennessee Wesleyan	0.62	24.93w	(3.1)	4/19/25	Appalachian (AAC) Outdoor C
34	Breyanna KEMP	SO	Oklahoma Panhandle	0.56	24.94	(1.8)	4/12/25	Jo Meaker Classic & Multi
35	Shanise ELLIS	FR	Florida Memorial	0.50	24.95	(0.8)	4/5/25	Embry-Riddle Running Eleme
36	Ayanna JOHNSON	SO	Huston-Tillotson (Tex	0.44	24.96	(1.9)	4/17/25	Angelo State Invitational
37	Junae BENNETT	JR	Indiana Tech	0.37	24.97w	(2.5)	4/12/25	Indiana Little State Invitation
38	Charlotte BOWMAN	SR	#20 College of Idaho	0.31	24.98	(1.0)	3/22/25	Oregon Preview (outdoor)
39	Ja'Niya MCDONALD	JR	#2 William Carey (Miss.) {3}	0.28	24.99	(-0.4)	3/22/25	Alumni Bulldog Relays
40	Jenna-Ann JOHNSON	JR	#14 Siena Heights (Mich.)	0.25	25.00w	(2.5)	4/18/25	Hillsdale Gina Relays
41	Ta'nijal MATTHEWS	SR	#24 Dillard (La.) {3}	0.23	25.05w	(2.8)	4/12/25	HBCUAC Outdoor Champions
41	Jordanne THOMAS	FR	#11 St. Thomas (Fla.) {4}	0.23	25.05	(0.7)	4/4/25	STU Outdoor Meet
43	Jordan BLAIR	FR	#22 Xavier (La.) {2}	0.18	25.06w	(2.7)	3/29/25	Southern Miss Invitational
44	Ifunanya MUOGHALU	JR	#15 Cumberland (Tenn.) {2}	0.15	25.08w	(2.5)	4/5/25	Tennessee Invite
45	Tierney HUSS	FR	Northwestern (Iowa)	0.13	25.10w	(2.2)	4/5/25	South Dakota Early Bird
45	Rosjai CURTIS	FR	Park (Mo.)	0.13	25.10	(0.5)	4/12/25	Wichita State K.T. Woodman I
47	Alayah GORE	FR	North American (Texa	0.08	25.11w	(2.4)	4/12/25	McMurry War Hawk Classic
48	Jewel OLSON	SR	#3 Dickinson State (N.D.)	0.05	25.12w	(3.0)	4/19/25	Blue Hawk Games
48	RaeAnn THOMPSON	SO	#4 Doane (Neb.)	0.05	25.12w	(2.3)	4/8/25	Doane Invitational
48	Diane ONDOBO	JR	#12 Central Methodist (Mo	0.05	25.12w	(4.0)	3/29/25	Central Methodist Invitational



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NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Praise IDAMADUDU	SR #15 Cumberland (Tenn.)	33.78	53.75	3/29/25 UAB Spring Time Invite
2	Charity JONES	SR #6 Madonna (Mich.)	31.41	54.02	3/29/25 Bobcat Invitational (Texas Sta
3	Tonyan BECKFORD	FR #11 St. Thomas (Fla.)	4.53 D	54.66	3/22/25 UCF Black and Gold Invite
4	Hanna SOBKOWICH	SR #1 British Columbia	26.14	54.95	4/19/25 Beach Invitational
5	Emeline DELAVILLE	SO #7 Life (Ga.)	23.97	55.08	4/5/25 Emory Dooley Elite
6	Hannah REID	FR #10 Lindsey Wilson (Ky.)	21.93	55.11	4/5/25 Tennessee Invite
7	Kiara CARTER	SR #6 Madonna (Mich.) {2}	19.64	55.38	4/12/25 South Florida Invitational (ou
8	Diane ONDOBO	JR #12 Central Methodist (Mo	17.31	55.75	3/22/25 Missouri S&T Miner Invitation
9	Jaymee YELTON	SR Huston-Tillotson (Tex	15.09	56.00	3/29/25 Bobcat Invitational (Texas Sta
10	Kat VOGT	JR #4 Doane (Neb.)	13.07	56.03	4/11/25 Doane-Nebraska Wesleyan
11	Jewel OLSON	SR #3 Dickinson State (N.D.)	10.97	56.14	4/6/25 Al Bortke Open
12	Kevell BYRD	SR #24 Dillard (La.)	2.81 D	56.35	4/12/25 HBCUAC Outdoor Champions
13	Najah GIBSON	JR #7 Life (Ga.) {2}	8.73	56.53	4/5/25 Emory Dooley Elite
14	Junae BENNETT	JR Indiana Tech	7.54	56.96	4/12/25 Indiana Little State Invitation
15	Carsyn BURDINE	JR #23 Olivet Nazarene (Ill.)	6.51	57.04	4/5/25 Chicagoland Outdoor Champi
16	Hanna REUTER	JR #17 Marian (Ind.)	5.45	57.17	4/12/25 Indiana Little State Invitation
17	Emily COLLINS	JR Lewis-Clark State (Ida	4.92	57.25	4/4/25 Whitworth Peace Meet
18	Mia CAMERON	SO #1 British Columbia {2}	4.40	57.31	4/12/25
19	Allena ROWLAND	SO #12 Central Methodist (Mo	3.89	57.33	4/19/25 Georgia Tech Invitational
20	Gretchen RANEY	SR Saint Mary (Kan.)	3.31	57.52	4/4/25 Emporia State Midwest Classi
21	Charlotte BOWMAN	SR #20 College of Idaho	2.80	57.53	4/4/25 Whitworth Peace Meet
22	Lakin ESSEX	SO MidAmerica Nazarene	2.30	57.54	4/12/25 Carl Kight Invitational
23	Emma EDWARDS	FR #17 Marian (Ind.) {2}	1.74	57.67	4/12/25 Indiana Little State Invitation
24	Tamia TAYLOR	FR Indiana Tech {2}	1.24	57.68	4/12/25 Indiana Little State Invitation
25	Lasharia GORDON	SR Texas Wesleyan	1.19	57.69	3/22/25 TCU Invitational
26	Chaleica BOOKER	SO Huston-Tillotson (Tex){2}	1.13	57.70	4/5/25 Tom Tellez Invitational
27	Irmiris MENDEZ	SR #8 Southeastern (Fla.)	1.08	57.71	3/30/25 Spartan Relays
28	Ta'nijal MATTHEWS	SR #24 Dillard (La.) {2}	1.01	57.76	3/22/25 Louisiana Classics
29	Jamiah CLAY	SR Oklahoma Panhandle	0.94	57.81	3/22/25 West Texas Relays
30	Lillian GUZMAN	SO #5 Cumberlands (Ky.)	0.88	57.82	4/5/25 Tennessee Invite
30	Madalen SHIPMAN	JR Carroll (Mont.)	0.88	57.82c (57.71A)	4/10/25 Providence Open
32	Hallie KOOYER	SO Cornerstone (Mich.)	0.73	57.94	3/28/25 SLU Speed/Power Festival
33	Kayla KIRCHNER	JR #13 Concordia (Neb.)	0.67	57.96	3/28/25 Central Nebraska Challenge
34	Kyah HILL	SR Southwestern (Kan.)	0.62	57.98	4/12/25 Wichita State K.T. Woodman I
34	Emma BLUM	JR Northwestern (Iowa)	0.62	57.98	4/12/25 Sioux City Relays
36	Kendra PAYNE	FR Brewton-Parker (Ga.)	0.49	58.05	4/12/25 Georgia Showdown
37	Areeyanna BONDS	FR #8 Southeastern (Fla.) {2}	0.43	58.06	3/30/25 Spartan Relays
38	Leesa MUTANDWA	JR #15 Cumberland (Tenn.) {2}	0.38	58.07	4/5/25 Tennessee Invite
39	Jennifer EZEOKA	JR #2 William Carey (Miss.)	0.35	58.08	4/19/25 Jim Mize Invitational
40	Jaa'Ln MCBRIDE	FR #8 Southeastern (Fla.) {3}	0.30	58.14	3/22/25 South Florida Alumni Invitatio
40	Yesenia LAWSON	SR Multnomah (Ore.)	0.30	58.14	4/5/25 Linfield Jenn Boyman Memori
42	Ta'Shya CRAMER	SO #10 Lindsey Wilson (Ky.) {2}	0.24	58.16	4/19/25 Georgia Tech Invitational
43	Piper CLARK	SO Campbellsville (Ky.)	0.21	58.17	4/19/25 Georgia Tech Invitational
44	Abia KANTE	SO #5 Cumberlands (Ky.) {2}	0.18	58.18	4/19/25 Georgia Tech Invitational
44	Jaelyn MITCHELL	SO #22 Xavier (La.)	0.18	58.18	3/29/25 Southern Miss Invitational
46	Joana VAKASOBUDURU	JR #12 Central Methodist (Mo	0.10	58.26	4/19/25 Georgia Tech Invitational
47	Lauren HAMILTON	SO #6 Madonna (Mich.) {3}	0.08	58.28	4/5/25 Golden Grizzly Invite
48	Nicole DOMENE	SO #18 Taylor (Ind.)	0.05	58.29	4/12/25 Indiana Little State Invitation
48	Aroa CARBALLO	FR #12 Central Methodist (Mo	0.05	58.29	4/11/25 Mule Relays
50	Kylie MONTGOMERY	FR Rio Grande (Ohio)	0.01	58.31	4/12/25 Dennis Craddock Coaches Cla



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Hannah ANTKOVIK	SR #23 Olivet Nazarene (Ill.)	37.57	56.71	3/29/25 Texas Relays
2	Tonyan BECKFORD	FR #11 St. Thomas (Fla.)	30.53	1:00.86	4/12/25 South Florida Invitational (ou
3	Fegor CLIFFORD	SR #2 William Carey (Miss.)	28.28	1:01.08	4/19/25 Jim Mize Invitational
4	Adrianna RODENCAL	JR #13 Concordia (Neb.)	25.97	1:01.36	4/12/25 Bronco Invitational
5	Linnearia RICHARDS	JR #14 Siena Heights (Mich.)	23.66	1:01.64	4/18/25 Hillsdale Gina Relays
6	Skotlyn HILL	SR #25 Eastern Oregon	21.49	1:01.84	4/19/25 Oregon Open (outdoor)
7	Aziza CLARK	SO Our Lady of the Lake (19.32	1:02.06	4/12/25 Cactus Cup
8	Jaida ROWE	JR Hastings (Neb.)	17.13	1:02.33	4/5/25 Friends Invitational
9	Ally HAWK	JR Indiana Wesleyan	15.10	1:02.37	3/29/25 Pacesetter Sports Invitational
10	Mia CAMERON	SO #1 British Columbia	13.00	1:02.51	3/22/25 Willie Williams/Dave Murray D
11	JayOnna PERRY	JR Ottawa (Kan.)	10.98	1:02.54	3/22/25 Spire Distance Carnival & Tea
12	Delaney STRAUS	JR Culver-Stockton (Mo.)	9.96	1:02.56	4/18/25 Culver-Stockton Wildcat Ope
13	Laila JOHNSON	FR #24 Dillard (La.)	8.81	1:02.77	4/12/25 HBCUAC Outdoor Champions
14	Areeyanna BONDS	FR #8 Southeastern (Fla.)	7.52	1:03.38	4/12/25 South Florida Invitational (ou
15	Isabella LEHTINEN	FR #15 Cumberland (Tenn.)	6.52	1:03.40	4/12/25 Fast Break Athletics Invitation
16	Claire BAILEY	SO #18 Taylor (Ind.)	5.49	1:03.47	4/12/25 Indiana Little State Invitation
16	Kyley BARNETT	JR #3 Dickinson State (N.D.)	5.49	1:03.47	4/19/25 Blue Hawk Games
18	Yanira DEANNA PANINKA	JR Saint Xavier (Ill.)	4.45	1:03.59	4/5/25 Chicagoland Outdoor Champi
19	Olivia LENTZ	FR #23 Olivet Nazarene (Ill.) {2}	3.94	1:03.61	4/19/25 Indiana State Gibson Invitatio
20	Sydney PECK	JR #25 Eastern Oregon {2}	3.36	1:03.84	4/19/25 Oregon Open (outdoor)
21	Aroa CARBALLO	FR #12 Central Methodist (Mo	2.81	1:03.98	4/19/25 Georgia Tech Invitational
22	Hope CRABTREE	FR Saint Mary (Kan.)	2.29	1:04.05	3/22/25 Spire Distance Carnival & Tea
23	Cayna LOVE	SR Benedictine (Kan.)	1.74	1:04.19	4/11/25 Mule Relays
24	Haley MARTIN	FR #1 British Columbia {2}	1.22	1:04.23	3/22/25 Willie Williams/Dave Murray D
25	Aniya ADAMS	SR Lawrence Tech (Mich.)	1.14	1:04.34	4/19/25 Aggie Invitational
26	Kaitlyn MCCOLLY	SR #3 Dickinson State (N.D.) {2}	1.05	1:04.44	4/19/25 Blue Hawk Games
27	Trysta HILTON	JR Huntington (Ind.)	1.00	1:04.45	4/12/25 Indiana Little State Invitation
27	Katelynn DIX	JR Cornerstone (Mich.)	1.00	1:04.45	4/19/25 Al Owens Classic
29	Samantha HOELSCHER	JR Cleary (Mich.)	0.89	1:04.47	4/12/25 SAU Bill Bippes Cougar Classi
30	Mariah MALEY	SR Saint Francis (Ind.)	0.77	1:04.66	4/12/25 Indiana Little State Invitation
31	Serina ROSE	SR Florida Memorial	0.70	1:04.73	4/19/25 STU Open 3
32	Liberty WILES	JR Evangel (Mo.)	0.60	1:04.92	4/17/25 Pittsburg State Tune-Up
33	Jessica BROWN	SO #8 Southeastern (Fla.) {2}	0.55	1:05.10	4/12/25 South Florida Invitational (ou
34	Ella MAAS	JR Indiana Wesleyan {2}	0.50	1:05.19	4/12/25 Indiana Little State Invitation
35	Claire BUCKLIN	FR Carroll (Mont.)	0.45	1:05.20c (1:05.09A)	4/18/25 Trudnowski Open
36	Kaitlin WERCINSKI	FR Dordt (Iowa)	0.40	1:05.36	4/12/25 Sioux City Relays
37	Chaney NELSON	SO #4 Doane (Neb.)	0.35	1:05.39	4/8/25 Doane Invitational
38	Shaylee QUENZER	FR Arizona Christian	0.30	1:05.41	4/5/25 UNLV Rebel Elite
39	Taylor COLLINS	JR Evangel (Mo.) {2}	0.28	1:05.62	3/22/25 Missouri S&T Miner Invitation
40	Ashlyn BROUSSARD	JR Mobile (Ala.)	0.25	1:05.63	4/11/25 Strawberry Relays
41	Ezthia MAYCOCK	JR #15 Cumberland (Tenn.) {2}	0.23	1:05.64	4/12/25 Fast Break Athletics Invitation
42	Alina LAFOREST	SO Indiana Tech	0.20	1:05.67	4/19/25 Indiana State Gibson Invitatio
43	Addisyn TERPSTRA	SO Grand View (Iowa)	0.18	1:05.70	4/19/25 DeBacker Invitational
44	Olleca SEVERSON	SR #19 Montana Tech	0.15	1:05.76c (1:05.65A)	4/18/25 Trudnowski Open
45	Emma DIVERONICA	SR #11 St. Thomas (Fla.) {2}	0.13	1:05.79	3/8/25 St. Thomas Under the Lights
46	Nyrania BARR-MILLER	FR #11 St. Thomas (Fla.) {3}	0.10	1:05.82	3/8/25 St. Thomas Under the Lights
47	Shannon O'NEIL	JR #12 Central Methodist (Mo	0.08	1:05.87	3/15/25 Central Methodist Open
48	Sophia OUTHOUSS	SO Spartanburg Methodi	0.05	1:05.91	4/4/25 Tornado Classic
49	Claire LANGE	SO #17 Marian (Ind.)	0.03	1:05.94	4/12/25 Indiana Little State Invitation
50	Faith KLAMM	JR Park (Mo.)	0.01	1:05.98	4/19/25 Kansas Relays



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Rachel MORTIMER	SR	#1 British Columbia	33.83		2:08.44	4/18/25 Bryan Clay Invitational
2	Mackenzie CAMPBELL	SR	#1 British Columbia {2}	31.28		2:09.22	4/18/25 Bryan Clay Invitational
3	Jaymee YELTON	SR	Huston-Tillotson (Tex	28.31		2:10.60	4/17/25 Angelo State Invitational
4	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	25.97		2:11.10	4/19/25 Appalachian (AAC) Outdoor C
5	Katie WOODS	JR	#17 Marian (Ind.)	23.88		2:11.23	4/12/25 Fast Break Athletics Invitation
6	Maci MILLS	JR	#8 Southeastern (Fla.)	21.57		2:11.68	4/5/25 Embry-Riddle Running Eleme
7	Kylie SAUDER	SR	Grace (Ind.)	19.45		2:11.85	4/19/25 Al Owens Classic
8	Olivia MATHIS	JR	Saint Xavier (Ill.)	17.33		2:12.08	4/18/25 Hillsdale Gina Relays
9	Jaa'Ln MCBRIDE	FR	#8 Southeastern (Fla.) {2}	15.11		2:12.58	4/5/25 Embry-Riddle Running Eleme
10	Emeline DELAVILLE	SO	#7 Life (Ga.)	12.94		2:12.95	4/12/25 Gamecock Invitational
11	Hannah FREDERICKS	SR	#9 The Master's (Calif.)	2.89	D	2:13.06	4/12/25 Pomona-Pitzer Invitational
12	Dylan GARCIA	SR	#16 Montreat (N.C.)	9.84		2:13.17	4/5/25 Electric City Invitational
13	Madalen SHIPMAN	JR	Carroll (Mont.)	8.81		2:13.24c (2:13.75A)	4/18/25 Trudnowski Open
14	Carly HOLADIA	SO	Saint Mary (Kan.)	7.76		2:13.34	4/18/25 Bryan Clay Invitational
15	Sarah MACGILLIVRAY	JR	#1 British Columbia {3}	6.75		2:13.36	4/18/25 Bryan Clay Invitational
16	Ellen PALMGREN	SR	#9 The Master's (Calif.) {2}	5.70		2:13.57	4/12/25 Pomona-Pitzer Invitational
17	Danie PARRIOTT	JR	#4 Doane (Neb.)	5.17		2:13.70	4/8/25 Doane Invitational
18	Corinne BRAUN	FR	Dordt (Iowa)	4.57		2:14.11	4/12/25 Sioux City Relays
19	Kylee QUINTON	SO	#20 College of Idaho	4.07		2:14.13	4/19/25 Larry Byerly Invite
20	Lauren HAMILTON	SO	#6 Madonna (Mich.)	3.54		2:14.27	4/12/25 South Florida Invitational (ou
21	Maggie FRONING	SR	SCAD Savannah (Ga.)	3.02		2:14.36	4/12/25 Georgia Showdown
22	Abigail MAYS	SR	#18 Taylor (Ind.)	2.36		2:15.08	4/12/25 Indiana Little State Invitation
22	Maria TIRADO	SO	#2 William Carey (Miss.)	2.36		2:15.08	4/19/25 Jim Mize Invitational
24	Nora STEELE	SR	#17 Marian (Ind.) {2}	1.30		2:15.36	3/29/25 Pacesetter Sports Invitational
25	Ronnie MCMILLAN	SR	Cornerstone (Mich.)	1.23		2:15.44	4/19/25 Al Owens Classic
26	Christy SHANK	JR	Campbellsville (Ky.)	1.12		2:15.71	4/12/25 The Gordon Bocock Cumberla
27	Heidi HELDT	JR	#23 Olivet Nazarene (Ill.)	1.06		2:15.74	4/19/25 Indiana State Gibson Invitatio
28	Elizabeth DANCEY	JR	#6 Madonna (Mich.) {2}	0.99		2:15.84	4/19/25 Elaine Leigh Invite
29	Olivia ELBERT	FR	College of Saint Mary (0.89		2:16.09	4/11/25 Jim Duncan Invitational
30	Ashlyn VANLANDINGHAM	JR	SCAD Atlanta (Ga.)	0.84		2:16.10	3/28/25 Thrills In The Hills
31	Maya PEARCY	SO	Rocky Mountain (Mont	0.76		2:16.23	4/19/25 Blue Hawk Games
32	Shelby BUWALDA	JR	Dordt (Iowa) {2}	0.70		2:16.27	4/12/25 Sioux City Relays
33	Suzie JOHNSON	JR	#9 The Master's (Calif.) {3}	0.63		2:16.36	4/18/25 Bryan Clay Invitational
34	Rachel ELLIOTT	SO	Northwest (Wash.)	0.57		2:16.40	4/18/25 Bryan Clay Invitational
35	Rachel MCDONALD	FR	#1 British Columbia {4}	0.51		2:16.44	4/18/25 Bryan Clay Invitational
36	Alexandra CLARKE	SR	Saint Xavier (Ill.) {2}	0.46		2:16.45	4/18/25 Hillsdale Gina Relays
37	Laura BEGHIN	SR	#1 British Columbia {5}	0.40		2:16.50	3/29/25 British Columbia Open
38	Skotti BALL-DULEY	FR	Indiana Tech	0.30		2:16.75	4/19/25 Indiana State Gibson Invitatio
39	Delaney STRAUS	JR	Culver-Stockton (Mo.)	0.28		2:16.81	4/12/25 Mustang Distance Carnival &
40	Emma STEELE	FR	Cornerstone (Mich.) {2}	0.25		2:16.94	4/12/25 Calvin Invite
41	Laura HAMM	FR	Rio Grande (Ohio)	0.23		2:16.97	3/29/25 Carnegie Mellon Invitational
42	Sonya ZIMMERMAN	SR	Tabor (Kan.)	0.20		2:17.10	4/5/25 Friends Invitational
43	Olivia HOWELL	FR	Huntington (Ind.)	0.18		2:17.16	4/12/25 Indiana Little State Invitation
44	Yessenia CASTELLANOS	SR	#16 Montreat (N.C.) {2}	0.15		2:17.27	4/19/25 Appalachian (AAC) Outdoor C
45	Erika PENA	SO	Oklahoma City	0.13		2:17.44	4/18/25 Bryan Clay Invitational
46	Emonie BONNER	SO	#6 Madonna (Mich.) {3}	0.10		2:17.48	3/29/25 Bobcat Invitational (Texas Sta
46	Skotlyn HILL	SR	#25 Eastern Oregon	0.10		2:17.48	4/19/25 Larry Byerly Invite
48	Gracie FIELDS	FR	#17 Marian (Ind.) {3}	0.05		2:17.60	4/12/25 Fast Break Athletics Invitation
49	Viola JEPLETING	FR	#5 Cumberlands (Ky.)	0.03		2:17.78	3/22/25 Montreat College Open
50	Trinity TULS	SR	#13 Concordia (Neb.)	0.01		2:17.83	4/5/25 Concordia (Neb.) Outdoor Inv



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	33.87	4:21.46	3/29/25 Raleigh Relays
2	Rachel MORTIMER	SR	#1 British Columbia	30.79	4:25.05	4/18/25 Bryan Clay Invitational
3	Hannah FREDERICKS	SR	#9 The Master's (Calif.)	4.43 D	4:26.24	3/21/25 Bob Larsen Distance Carnival
4	Mackenzie CAMPBELL	SR	#1 British Columbia {2}	26.32	4:26.64	4/18/25 Bryan Clay Invitational
5	Katie WOODS	JR	#17 Marian (Ind.)	24.28	4:26.75	4/12/25 Fast Break Athletics Invitation
6	Amelia PFOHL	SR	#1 British Columbia {3}	21.68	4:28.81	4/18/25 Bryan Clay Invitational
7	Kylie SAUDER	SR	Grace (Ind.)	19.64	4:28.96	4/5/25 GVSU Early Meet
8	Dylan GARCIA	SR	#16 Montreat (N.C.)	17.60	4:29.17	3/29/25 Raleigh Relays
9	Elysse FLEMING	SR	#1 British Columbia {4}	15.52	4:29.58	4/12/25
10	Sarah MACGILLIVRAY	JR	#1 British Columbia {5}	13.19	4:31.28	4/18/25 Bryan Clay Invitational
11	Kahea FIGUEIRA	SR	#20 College of Idaho	10.83	4:34.46	4/4/25 Whitworth Peace Meet
12	Viola JEPLETING	FR	#5 Cumberlands (Ky.)	9.80	4:34.69	4/18/25 Wake Forest Invitational
13	Riley MORRIS	JR	#25 Eastern Oregon	8.76	4:35.13	4/4/25 Whitworth Peace Meet
14	Emily TEDDER	SR	Huntington (Ind.)	7.72	4:35.55	3/29/25 Texas Relays
15	Ellen PALMGREN	SR	#9 The Master's (Calif.) {2}	6.72	4:35.56	4/18/25 Bryan Clay Invitational
16	Rebekah NIEDNAGEL	JR	#9 The Master's (Calif.) {3}	5.70	4:35.77	4/18/25 Bryan Clay Invitational
17	Louise COCKING	SR	Oklahoma City	5.20	4:35.84	4/18/25 Bryan Clay Invitational
18	Alauna CARSTENS	JR	Evergreen State (Was)	2.50 D	4:37.92	4/12/25 John Knight Twilight
19	Kylee QUINTON	SO	#20 College of Idaho {2}	2.45 D	4:38.44	4/4/25 Whitworth Peace Meet
20	Christy SHANK	JR	Campbellsville (Ky.)	3.33	4:39.70	4/5/25 Jim Vargo Invitational
21	Cammeo RAMIREZ	SR	#21 Southern Oregon	2.32 D	4:39.87	3/22/25 Oregon Preview (outdoor)
22	Madalen SHIPMAN	JR	Carroll (Mont.)	2.31	4:39.97	4/4/25 Whitworth Peace Meet
23	Noel VANDERWALL	JR	#18 Taylor (Ind.)	1.78	4:40.35	4/12/25 Indiana Little State Invitation
24	Suzie JOHNSON	JR	#9 The Master's (Calif.) {4}	1.26	4:40.55	3/21/25 Bob Larsen Distance Carnival
25	Grace BEACH	FR	#1 British Columbia {6}	1.15	4:41.20	4/12/25
26	Rachel MCDONALD	FR	#1 British Columbia {7}	1.06	4:41.65	4/18/25 Bryan Clay Invitational
27	Maggie FRONING	SR	SCAD Savannah (Ga.)	0.99	4:41.83	4/12/25 Georgia Showdown
28	Kallyn WILKINS	JR	Rocky Mountain (Mont)	0.92	4:42.04c (4:45.33A)	3/29/25 Al Manuel Invitational
29	Kara FITZGERALD	FR	#1 British Columbia {8}	0.87	4:42.10	4/12/25
30	Laura BEGHIN	SR	#1 British Columbia {9}	0.81	4:42.15	3/29/25 British Columbia Open
31	Skylar ADAMS	SR	Evangel (Mo.)	0.73	4:42.46	4/11/25 Mule Relays
32	Emeline DELAVILLE	SO	#7 Life (Ga.)	0.64	4:42.90	3/29/25 Don McGarey Invitational Tra
33	Heidi HELDT	JR	#23 Olivet Nazarene (Ill.)	0.57	4:43.14	4/5/25 Chicagoland Outdoor Champi
34	Lea KUNSTMANN	FR	Saint Francis (Ind.)	0.50	4:44.21	3/21/25 Blizzard Buster
35	Katie CLARKE	SR	SCAD Atlanta (Ga.)	0.45	4:44.25	4/19/25 Appalachian (AAC) Outdoor C
36	Mia DUNCAN	SR	Missouri Baptist	0.40	4:44.37	4/19/25 Kansas Relays
37	Grace TIEGS	JR	Lewis-Clark State (Ida)	0.35	4:44.81	3/22/25 Oregon Preview (outdoor)
38	Corinne BRAUN	FR	Dordt (Iowa)	0.30	4:44.85	4/16/25 Red Raider Open
39	Kate MADSEN	SR	Saint Mary (Kan.)	0.28	4:45.05	4/12/25 Wichita State K.T. Woodman I
40	Tori GERBER	SR	Viterbo (Wis.)	0.25	4:45.08	4/18/25 UW-La Crosse Esten Challeng
41	Elizabeth DANCEY	JR	#6 Madonna (Mich.)	0.23	4:45.12	4/5/25 Golden Grizzly Invite
42	Madison REMPALSKI	SO	Aquinas (Mich.)	0.20	4:45.26	4/5/25 GVSU Early Meet
43	Erika PENA	SO	Oklahoma City {2}	0.18	4:45.30	4/18/25 Bryan Clay Invitational
44	Jacie REMTEMA	SO	Cornerstone (Mich.)	0.15	4:45.40	4/19/25 Al Owens Classic
45	Liz HOGAN	JR	SCAD Savannah (Ga.) {2}	0.13	4:45.44	4/12/25 Georgia Showdown
46	Heather MURPHY	FR	#16 Montreat (N.C.) {2}	0.10	4:45.45	3/22/25 Montreat College Open
47	Alyssa JOHNSON	SO	#21 Southern Oregon {2}	0.08	4:45.86	3/22/25 Oregon Preview (outdoor)
48	Summer REMPE	FR	#17 Marian (Ind.) {2}	0.05	4:46.08	3/29/25 Pacesetter Sports Invitational
49	Elizabeth LUCASON	JR	#5 Cumberlands (Ky.) {2}	0.03	4:46.25	4/12/25 The Gordon Bocock Cumberla
50	Madalenn FEE	SR	Cottey (Mo.)	0.01	4:46.30	4/17/25 Pittsburg State Tune-Up



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Elysse FLEMING	SR	#1 British Columbia	36.29	10:25.61	4/18/25 Bryan Clay Invitational
2	Emma NELSON	JR	#9 The Master's (Calif.)	31.48	10:49.34	3/21/25 Bob Larsen Distance Carnival
3	Mia DUNCAN	SR	Missouri Baptist	28.96	10:53.85	3/28/25 Washington (Mo.) Distance Ca
4	Kylee QUINTON	SO	#20 College of Idaho	26.19	11:00.99	4/19/25 Larry Byerly Invite
5	Grace TIMM	SR	Rocky Mountain (Mont)	23.55	11:09.64	4/19/25 Blue Hawk Games
6	Zoe TIZARD	SO	Embry-Riddle (Ariz.)	21.45	11:10.94	3/28/25 Mangrum Invitational
7	Gabrielle METZGER	SR	Multnomah (Ore.)	19.36	11:12.21	3/22/25 Oregon Preview (outdoor)
8	Lea KUNSTMANN	FR	Saint Francis (Ind.)	17.36	11:12.28	4/5/25 Jenna Strong Invitational
9	Abby KNEPPER	SO	Mount Mercy (Iowa)	15.29	11:13.20	3/28/25 Washington (Mo.) Distance Ca
10	Madalenn FEE	SR	Cottey (Mo.)	13.08	11:16.18	4/11/25 Mule Relays
11	Sadie MCCOY	SO	#25 Eastern Oregon	10.91	11:18.58	4/19/25 Oregon Open (outdoor)
12	Samantha PATTERSON	SO	#18 Taylor (Ind.)	9.75	11:22.30	4/12/25 Indiana Little State Invitation
13	Brooke CREGAN	JR	#9 The Master's (Calif.) {2}	8.70	11:23.73	3/21/25 Bob Larsen Distance Carnival
14	Analyne KLOTZ	JR	Multnomah (Ore.) {2}	7.64	11:25.62	4/19/25 Larry Byerly Invite
15	Courtney SPORRER	JR	Morningside (Iowa)	6.56	11:27.73	4/16/25 Red Raider Open
16	Adrienne ROCKETTE	JR	Missouri Baptist {2}	5.53	11:28.53	4/19/25 Kansas Relays
17	Audrey BRINKRUFF	SR	#18 Taylor (Ind.) {2}	5.02	11:28.97	4/12/25 Indiana Little State Invitation
18	Natalia QUIROZ	SR	Oklahoma Wesleyan	4.45	11:31.07	4/12/25 Wichita State K.T. Woodman I
19	Alyssa JANY	JR	#19 Montana Tech	3.89	11:32.75c (11:41.12A)	3/29/25 Al Manuel Invitational
20	Molly MULDER	JR	Dordt (Iowa)	3.33	11:34.38	4/5/25 South Dakota Early Bird
21	Abigail WHITE	JR	Saint Mary (Kan.)	2.78	11:35.76	4/12/25 Wichita State K.T. Woodman I
22	Helen ULLRICH	SO	Benedictine (Kan.)	2.27	11:36.28	4/11/25 Mule Relays
23	Kaitlyn KNOCHE	SO	St. Ambrose (Iowa)	1.74	11:36.92	4/12/25 Mustang Distance Carnival &
24	Hannah WELLS	SR	IU Kokomo (Ind.)	1.24	11:37.07	4/12/25 Indiana Little State Invitation
25	Jada KOERNER	SO	Dordt (Iowa) {2}	1.13	11:38.88	4/5/25 South Dakota Early Bird
26	Cadence SMITH	FR	Bushnell (Ore.)	0.91	11:43.67	4/5/25 Mike Fanelli Track Classic
27	Jaycie FRANCO	JR	Clarke (Iowa)	0.85	11:46.39	4/12/25 Mustang Distance Carnival &
28	Charis CHILDERS	SO	Oregon Tech	0.80	11:46.42	4/12/25 John Knight Twilight
29	Adeline CROW	FR	Dordt (Iowa) {3}	0.75	11:46.92	4/16/25 Red Raider Open
30	Brooke WIEBE	SR	#16 Montreat (N.C.)	0.70	11:48.05	4/19/25 Appalachian (AAC) Outdoor C
31	Jozelynn BOSTICK	SO	Missouri Valley	0.65	11:48.71	4/11/25 Mule Relays
32	Aubrey BRITT	JR	Blue Mountain (Miss.)	0.60	11:52.98	4/5/25 Bryan Phillips Invitational
33	Elizabeth LUCASON	JR	#5 Cumberlands (Ky.)	0.55	11:53.31	4/5/25 Tennessee Invite
34	Blanca CONESA	SR	#2 William Carey (Miss.)	0.50	11:54.81	3/29/25 Southern Miss Invitational
35	Tara OZINGA	FR	#12 Central Methodist (Mo)	0.45	11:55.90	4/18/25 Culver-Stockton Wildcat Ope
36	Samantha ANEMA	SR	Dordt (Iowa) {4}	0.40	11:56.10	4/16/25 Red Raider Open
37	Brooke BEAUCAIRE	JR	Dakota State (S.D.)	0.35	11:56.53	4/5/25 South Dakota Early Bird
38	Hanna ASSENMACHER	SR	Lawrence Tech (Mich.)	0.30	11:57.37	4/5/25 Golden Grizzly Invite
39	Hannah BEINTEMA	JR	#13 Concordia (Neb.)	0.28	11:58.26	4/18/25 Jim Dutcher Memorial
40	Grace TIEGS	JR	Lewis-Clark State (Ida)	0.25	11:58.95	4/11/25 Whitworth Jeffrahn Classic
41	Grace PETTIT	SO	Grace (Ind.)	0.23	11:59.25	4/12/25 Indiana Little State Invitation
42	Heather ELLER	SR	Rochester Christian (0.20	12:01.48	4/12/25 Davenport Panther Classic
43	Emma HALEY	SR	Northwestern (Iowa)	0.18	12:02.78	4/16/25 Red Raider Open
44	Corinne CHILDERS	SO	Oregon Tech {2}	0.15	12:03.92	4/12/25 John Knight Twilight
45	McKenna SPAULDING	SO	Milligan (Tenn.)	0.13	12:04.85	4/19/25 Appalachian (AAC) Outdoor C
46	Addy SMITH	JR	St. Ambrose (Iowa) {2}	0.10	12:04.91	4/12/25 Mustang Distance Carnival &
47	Lexi MINARD	FR	St. Ambrose (Iowa) {3}	0.08	12:05.85	4/12/25 Mustang Distance Carnival &
48	Megan TURNER	SR	#9 The Master's (Calif.) {3}	0.05	12:06.47	3/21/25 Bob Larsen Distance Carnival
49	Kierra JENSEN	JR	Kansas Wesleyan	0.03	12:06.74	3/28/25 Emporia State Relays
50	Hannah SEMPFF	JR	Carroll (Mont.)	0.01	12:07.19	4/4/25 Whitworth Peace Meet



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Holly MACGILLIVRAY	SR	#1 British Columbia	33.90		16:04.85	3/29/25 British Columbia Open
2	Jaynie HALTERMAN	FR	#18 Taylor (Ind.)	31.57		16:09.75	3/22/25 Polar Bear Invitational (Indian
3	Hannah FREDERICKS	SR	#9 The Master's (Calif.)	29.10		16:16.91	4/18/25 Bryan Clay Invitational
4	Amelia PFOHL	SR	#1 British Columbia {2}	26.26		16:31.70	4/18/25 Bryan Clay Invitational
5	Heather MURPHY	FR	#16 Montreat (N.C.)	23.76		16:43.26	4/5/25 Electric City Invitational
6	Louise COCKING	SR	Oklahoma City	21.36		16:52.88	4/18/25 Bryan Clay Invitational
7	Alina BOSHCHUK	SO	#5 Cumberlands (Ky.)	19.36		16:52.91	4/18/25 Wake Forest Invitational
8	Alauna CARSTENS	JR	Evergreen State (Was	17.24		16:55.87	4/19/25 Oregon Open (outdoor)
9	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	3.19	D	16:57.25	4/19/25 Appalachian (AAC) Outdoor C
10	Alyssa LOVETT	JR	#9 The Master's (Calif.) {2}	13.12		16:58.76	3/21/25 Bob Larsen Distance Carnival
11	Elizabeth BARRETT	JR	Indiana Wesleyan	10.86		17:05.23	3/28/25 Washington (Mo.) Distance Ca
12	Kahea FIGUEIRA	SR	#20 College of Idaho	9.86		17:05.39	3/22/25 Oregon Preview (outdoor)
13	Katie CLARKE	SR	SCAD Atlanta (Ga.)	8.82		17:06.32	3/22/25 Yellow Jacket Invitational
14	Sharon JEMILI	FR	#5 Cumberlands (Ky.) {2}	7.82		17:06.50	4/18/25 Wake Forest Invitational
15	Emma NELSON	JR	#9 The Master's (Calif.) {3}	6.68		17:13.39	3/8/25 Oxy Distance Carnival and Spr
16	Josie TYRRELL	SO	Saint Mary (Kan.)	5.65		17:14.60	3/28/25 Washington (Mo.) Distance Ca
17	Cammeo RAMIREZ	SR	#21 Southern Oregon	5.07		17:18.59	4/19/25 Larry Byerly Invite
18	Noel VANDERWALL	JR	#18 Taylor (Ind.) {2}	4.54		17:20.19	3/22/25 Polar Bear Invitational (Indian
19	Samantha PATTERSON	SO	#18 Taylor (Ind.) {3}	4.00		17:22.21	3/22/25 Polar Bear Invitational (Indian
20	Esther CAMERON	JR	Grace (Ind.)	3.50		17:22.51	4/5/25 GVSU Early Meet
21	Alyssa JOHNSON	SO	#21 Southern Oregon {2}	2.98		17:23.32	4/19/25 Larry Byerly Invite
22	Emily TEDDER	SR	Huntington (Ind.)	2.48		17:23.39	4/12/25 Indiana Little State Invitation
23	Elke WIJKMANS	SR	#5 Cumberlands (Ky.) {3}	1.84		17:30.42	4/12/25 The Gordon Bocock Cumberla
24	Emma MOORE	JR	Cornerstone (Mich.)	1.20		17:37.46	4/19/25 Al Owens Classic
25	Liz HOGAN	JR	SCAD Savannah (Ga.)	1.15		17:37.57	4/19/25 Georgia Tech Invitational
26	Addi DEWEY	SR	Indiana Wesleyan {2}	1.09		17:38.42	3/28/25 Washington (Mo.) Distance Ca
27	Mekayla GIBSON	SR	William Woods (Mo.)	1.02		17:39.06	4/11/25 Mule Relays
28	Avery RAYMOND	SO	SCAD Atlanta (Ga.) {2}	0.94		17:40.86	3/22/25 Yellow Jacket Invitational
29	Viola JEPLETING	FR	#5 Cumberlands (Ky.) {4}	0.85		17:42.93	4/5/25 Tennessee Invite
30	Isabella WEBB	SO	Dordt (Iowa)	0.72		17:46.99	4/5/25 South Dakota Early Bird
31	Olivia CISCO	JR	Shawnee State (Ohio)	0.65		17:48.49	3/22/25 49er Classic
32	Hailey GERARD	JR	William Woods (Mo.) {2}	0.60		17:49.24	4/11/25 Mule Relays
33	Tori GERBER	SR	Viterbo (Wis.)	0.55		17:49.65	4/12/25 UW-Platteville Invitational
34	Damaris KIBIWOT	FR	Lewis-Clark State (Ida	0.50		17:50.96	4/11/25 Whitworth Jeffrahn Classic
35	Talia SULLIVAN	SR	SCAD Savannah (Ga.) {2}	0.45		17:51.09	4/19/25 Georgia Tech Invitational
36	Ellen PALMGREN	SR	#9 The Master's (Calif.) {4}	0.40		17:51.16	3/8/25 Oxy Distance Carnival and Spr
37	Zoe TIZARD	SO	Embry-Riddle (Ariz.)	0.35		17:51.58	3/8/25 Oxy Distance Carnival and Spr
38	Mercy CHEBET	JR	Goshen (Ind.)	0.30		17:52.06	4/12/25 Indiana Little State Invitation
39	Molly CONNOR	SR	#20 College of Idaho {2}	0.28		17:57.75	3/22/25 Oregon Preview (outdoor)
40	Skylar ADAMS	SR	Evangel (Mo.)	0.25		18:00.13	3/29/25 SBU Bearcat Invitational
41	Julia GILBERT	SO	#20 College of Idaho {3}	0.23		18:04.16	4/19/25 Larry Byerly Invite
42	Tame BAYLIS	SO	Grace (Ind.) {2}	0.20		18:04.19	4/19/25 Al Owens Classic
43	Alyssa JANY	JR	#19 Montana Tech	0.18		18:04.49c (18:25.45A)	4/18/25 Trudnowski Open
44	Sadie MCCOY	SO	#25 Eastern Oregon	0.15		18:08.68	4/4/25 Whitworth Peace Meet
45	Dyannara FRANCO	SO	St. Francis (Ill.)	0.13		18:09.13	4/12/25 Mustang Distance Carnival &
46	Abby KNEPPER	SO	Mount Mercy (Iowa)	0.10		18:09.25	4/12/25 Mustang Distance Carnival &
47	Kaleah HINES	SO	#25 Eastern Oregon {2}	0.08		18:10.67	4/4/25 Whitworth Peace Meet
48	Mia KEMP	FR	Embry-Riddle (Ariz.) {2}	0.05		18:11.86	3/15/25 Ross and Sharon Irwin Collegi
49	Mary PEARCE	FR	Freed-Hardeman (Ten	0.03		18:12.78	3/22/25 Margaret Simmons Invitation
50	Kimbrie KNUDSEN	FR	#20 College of Idaho {4}	0.01		18:13.43	4/4/25 Whitworth Peace Meet



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Heather MURPHY	FR	#16 Montreat (N.C.)	34.59	33:45.36	3/29/25 Raleigh Relays
2	Hannah FREDERICKS	SR	#9 The Master's (Calif.)	32.56	33:46.19	4/5/25 Stanford Invitational
3	Jaynie HALTERMAN	FR	#18 Taylor (Ind.)	29.97	34:06.16	4/12/25 Indiana Little State Invitation
4	Alina BOSHCHUK	SO	#5 Cumberlands (Ky.)	26.19	35:28.19	3/29/25 Raleigh Relays
5	Sharon JEMILI	FR	#5 Cumberlands (Ky.) {2}	24.16	35:29.89	3/29/25 Raleigh Relays
6	Alauna CARSTENS	JR	Evergreen State (Was	22.10	35:33.05	4/4/25 Whitworth Peace Meet
7	Katie CLARKE	SR	SCAD Atlanta (Ga.)	19.46	36:07.84	4/12/25 Fast Break Athletics Invitation
8	Alyssa JOHNSON	SO	#21 Southern Oregon	17.18	36:23.81	4/5/25 Mike Fanelli Track Classic
9	Amarissa KERNS	JR	Rio Grande (Ohio)	14.95	36:36.88	4/12/25 Fast Break Athletics Invitation
10	Olivia CISCO	JR	Shawnee State (Ohio)	12.82	36:44.10	4/12/25 Fast Break Athletics Invitation
11	Mekayla GIBSON	SR	William Woods (Mo.)	10.73	36:52.22	3/28/25 Washington (Mo.) Distance Ca
12	Avery RAYMOND	SO	SCAD Atlanta (Ga.) {2}	9.72	36:53.58	4/12/25 Fast Break Athletics Invitation
13	Abbey GENTZ	JR	Huntington (Ind.)	8.70	36:56.54	4/12/25 Indiana Little State Invitation
14	Cammeo RAMIREZ	SR	#21 Southern Oregon {2}	7.55	37:13.32	4/5/25 Mike Fanelli Track Classic
15	Ashlyn HAAS	JR	Milligan (Tenn.)	6.41	37:29.59	3/22/25 Lee Invitational
16	Mackenzie MCCARTHY	JR	Rio Grande (Ohio) {2}	5.40	37:31.29	4/12/25 Fast Break Athletics Invitation
17	Molly CONNOR	SR	#20 College of Idaho	4.88	37:32.79	4/5/25 Mike Fanelli Track Classic
18	Karly JUST	JR	Valley City State (N.D.)	4.36	37:35.87	4/6/25 Al Bortke Open
19	Esther CAMERON	JR	Grace (Ind.)	3.81	37:41.04	3/30/25 Yellow Jacket Collegiate Ope
20	Damaris KIBIWOT	FR	Lewis-Clark State (Ida	3.26	37:47.30	4/4/25 Whitworth Peace Meet
21	Mia KEMP	FR	Embry-Riddle (Ariz.)	2.74	37:49.62	3/8/25 Oxy Distance Carnival and Spr
22	Alyssa JANY	JR	#19 Montana Tech	2.22	37:52.21	4/4/25 Whitworth Peace Meet
23	Talia SULLIVAN	SR	SCAD Savannah (Ga.)	1.72	37:52.52	4/5/25 Embry-Riddle Running Eleme
24	Cadence TRAYLOR	SO	Indiana Wesleyan	1.19	37:55.84	4/12/25 Indiana Little State Invitation
25	Kate MADSEN	SR	Saint Mary (Kan.)	1.13	37:56.83	4/18/25 Bryan Clay Invitational
26	Katharina GOZE	SO	Ozarks (Mo.)	1.02	38:03.77	4/11/25 Mule Relays
27	Julia GILBERT	SO	#20 College of Idaho {2}	0.90	38:12.72	4/5/25 Mike Fanelli Track Classic
28	Tame BAYLIS	SO	Grace (Ind.) {2}	0.80	38:25.23	4/12/25 Indiana Little State Invitation
29	Anna JONES	JR	Milligan (Tenn.) {2}	0.75	38:25.68	3/22/25 Lee Invitational
30	Carlyn BOBO	SO	#16 Montreat (N.C.) {2}	0.70	38:27.03	4/19/25 Appalachian (AAC) Outdoor C
31	Katie MORRISON	SO	Indiana Wesleyan {2}	0.65	38:30.74	4/12/25 Indiana Little State Invitation
32	Cece MITCHELL	SO	Grace (Ind.) {3}	0.60	38:39.32	3/30/25 Yellow Jacket Collegiate Ope
33	Courtney JOINER	JR	Dordt (Iowa)	0.55	38:43.56	4/12/25 Sioux City Relays
34	Hannah THONG	FR	Dordt (Iowa) {2}	0.50	38:52.98	4/12/25 Sioux City Relays
35	Anna ENDERLE	SO	Bethel (Ind.)	0.45	38:53.18	4/12/25 Indiana Little State Invitation
36	Lily BENNETT	FR	Lewis-Clark State (Ida) {2}	0.40	38:56.81	4/4/25 Whitworth Peace Meet
37	Emma BEIMFOHR	JR	#17 Marian (Ind.)	0.35	39:05.40	4/12/25 Indiana Little State Invitation
38	Alyssa BEARZI	JR	Milligan (Tenn.) {3}	0.30	39:08.76	4/19/25 Appalachian (AAC) Outdoor C
39	Emersyn WEAVER	FR	#17 Marian (Ind.) {2}	0.28	39:09.72	4/12/25 Indiana Little State Invitation
40	Natalie FELLERS	SR	Milligan (Tenn.) {4}	0.25	39:24.68	3/22/25 Lee Invitational
41	Carissa WILSON	JR	Bryan (Tenn.)	0.23	39:32.69	3/22/25 Lee Invitational
42	Eden NORRIS	JR	Indiana Wesleyan {3}	0.20	39:33.77	4/12/25 Indiana Little State Invitation
43	Nina DAMAN	SR	Campbellsville (Ky.)	0.18	39:36.60	4/5/25 Jim Vargo Invitational
44	Annie Kate MCDERMOTT	SR	Milligan (Tenn.) {5}	0.15	39:54.07	4/19/25 Appalachian (AAC) Outdoor C
45	Gracen GLOVER	SR	Saint Mary (Kan.) {2}	0.13	40:00.60	4/19/25 Kansas Relays
46	Anna TERRY	SO	Carroll (Mont.)	0.10	40:05.62	4/4/25 Whitworth Peace Meet
47	Kirsten VANDER KOOI	SO	Jamestown (N.D.)	0.08	40:08.52	4/18/25 UW-La Crosse Esten Challeng
48	Quinlan TEAGUE	JR	Saint Mary-of-the-Wo	0.05	40:10.89	3/29/25 Pacesetter Sports Invitational
49	Samantha FOWLER	FR	IU East (Ind.)	0.03	40:15.71	4/12/25 Indiana Little State Invitation
50	Brooke OLSON	SO	Jamestown (N.D.) {2}	0.01	40:19.29	4/18/25 UW-La Crosse Esten Challeng



National TFRI Event Summary

Women's 5000m Race Walk — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Olivia LUNDMAN	SR	#1 British Columbia	36.23	21:55.86	4/12/25
2	Grace FORREST	SO	Rio Grande (Ohio)	30.60	25:32.86	4/12/25 The Gordon Bocock Cumberla
3	Grace WONG	FR	#1 British Columbia {2}	28.35	25:50.49	4/12/25
4	Heather DURRANT	SO	#5 Cumberlands (Ky.)	25.80	26:40.65	4/12/25 The Gordon Bocock Cumberla
5	Eliza HAGENS	SR	#10 Lindsey Wilson (Ky.)	23.76	26:45.38	4/12/25 The Gordon Bocock Cumberla
6	Chantelle DASS	FR	#1 British Columbia {3}	21.75	26:46.70	3/29/25 British Columbia Open
7	Ashlyn POULIN	SO	#8 Southeastern (Fla.)	19.58	27:05.31	3/30/25 Spartan Relays
8	Ava NEWKIRK	SO	#5 Cumberlands (Ky.) {2}	17.41	27:24.42	4/12/25 The Gordon Bocock Cumberla
9	Faith YOUNCE	SR	Culver-Stockton (Mo.)	15.25	27:44.34	3/22/25 Grand View Viking Relays
10	Marlee IRVIN	JR	#8 Southeastern (Fla.) {2}	13.03	28:33.83	3/30/25 Spartan Relays
11	Cailyn GODSEY	SO	Campbellsville (Ky.)	10.96	28:49.03	4/12/25 The Gordon Bocock Cumberla
12	Rebecca SPOHN	FR	Rio Grande (Ohio) {2}	9.96	28:49.74	4/12/25 The Gordon Bocock Cumberla
13	Alexis DEAN	JR	IU East (Ind.)	8.89	29:05.70	3/28/25 IU East Racewalking Event
14	Maddie DOTLICH	SR	IU Kokomo (Ind.)	7.81	29:24.40	3/28/25 IU East Racewalking Event
15	Makenzee KAHN	SO	IU East (Ind.) {2}	6.81	29:25.30	3/28/25 IU East Racewalking Event
16	Mina SHULL	SO	Columbia (S.C.)	5.71	29:48.67	4/19/25 Appalachian (AAC) Outdoor C
17	Eleanor HASENOUR	SR	IU East (Ind.) {3}	5.20	29:51.31	4/4/25 Indiana Tech April Open
18	Joselyn RIVERA	SO	#8 Southeastern (Fla.) {3}	4.59	30:19.94	4/11/25 Keiser Twilight Invitational
19	Leah KUHN	SO	Benedictine (Kan.)	4.01	30:41.51	4/5/25 Friends Invitational
20	Alanna RODRIGUEZ	JR	Saint Xavier (Ill.)	3.37	31:18.09	4/13/25 Olivet Nazarene Tiger Open
21	Ava BRACKHAN	JR	Hastings (Neb.)	2.84	31:26.35	4/12/25 Bronco Invitational
22	Paula LOPEZ	SO	#10 Lindsey Wilson (Ky.) {2}	2.30	31:38.88	4/12/25 The Gordon Bocock Cumberla
23	Natalie BRAMMER	JR	Shawnee State (Ohio)	1.74	31:53.36	3/15/25 Cumberlands Early Spring Me
24	Maria TALAFUSE	JR	Ave Maria (Fla.)	1.07	32:45.57	4/11/25 Keiser Twilight Invitational
25	Destini JOHNSON	FR	Hastings (Neb.) {2}	0.95	33:41.04	4/12/25 Bronco Invitational
26	Tiarra JACKSON	FR	#8 Southeastern (Fla.) {4}	0.90	34:07.72	4/11/25 Keiser Twilight Invitational
27	Alejandra RECAREY	SO	#10 Lindsey Wilson (Ky.) {3}	0.85	34:51.55	4/12/25 The Gordon Bocock Cumberla
28	Anna HART	FR	William Woods (Mo.)	0.80	35:59.41	3/29/25 Central Methodist Invitational
29	Emma BERRY	SO	Culver-Stockton (Mo.) {2}	0.75	38:50.52	3/29/25 Central Methodist Invitational
30	Klaudia BLASZCZYK	SO	Culver-Stockton (Mo.) {3}	0.70	39:32.75	3/29/25 Central Methodist Invitational
31	Jennyfer VIGUERAS		Columbia (S.C.) {2}	0.65	39:56.65	3/22/25 Montreat College Open
32	Jennyfer VIGUERAS	JR	Columbia (S.C.) {3}	0.60	42:34.47	4/19/25 Appalachian (AAC) Outdoor C
33	Amelia NIFONG	FR	Columbia (S.C.) {4}	0.55	45:52.30	4/19/25 Appalachian (AAC) Outdoor C
34	Paloma RESENDIZ-PEREZ	JR	Brenau (Ga.)	0.50	46:10.89	4/19/25 Appalachian (AAC) Outdoor C
35	Presley MADDEN	JR	Truett-McConnell (Ga.)	0.45	47:08.67	4/19/25 Appalachian (AAC) Outdoor C
36	Bella TOWNSEND	FR	Union (Ky.)	0.40	47:20.17	4/19/25 Appalachian (AAC) Outdoor C
37	Melanie PARTIN	SO	Union (Ky.) {2}	0.35	47:24.24	4/19/25 Appalachian (AAC) Outdoor C



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Tyeese Smith, Denai Wilson, Salieci Myles, Syniah Sims	#2 William Carey (Miss.)	35.42	45.46	3/29/25 Southern Miss Invitational
2	Tori Burton, Kevell Byrd, Ta'nijal Matthews, Laila Johnson	#24 Dillard (La.)	31.44	46.08	3/22/25 Louisiana Classics
3	Rhianna Rerrie, Breanna Clarke, Jordan Blair, Jaelyn Mitchell	#22 Xavier (La.)	29.21	46.15	3/22/25 Louisiana Classics
4	Tonyan Beckford, Khila Darrisaw, Bri Hay, Yamina Numan	#11 St. Thomas (Fla.)	26.46	46.39	3/8/25 St. Thomas Under the Lights
5	RaeAnn Thompson, Morgan Mahoney, Kat Vogt, Neryah Hekl	#4 Doane (Neb.)	24.31	46.44	4/11/25 Doane-Nebraska Wesleyan
6	Cameron Kelperis, Briana Campbell, Zaria Bonafede, Najah Gibson	#7 Life (Ga.)	22.03	46.53	4/5/25 Emory Dooley Elite
7	Debbie Suleman, Sonya Urbanowicz, Tanya Dhanoa, Hanna Sobkowich	#1 British Columbia	19.69	46.65	3/22/25 Willie Williams/Dave Murray D
8	Zakiya Porter, Joana Vakasobuduru, Parys Smith, Diane Ondobo	#12 Central Methodist (Mo)	17.36	46.81	4/19/25 Georgia Tech Invitational
9	Valeria Crespo, Rhianna Hill, Haidyn Thompson, Tiyna Ridge	Friends (Kan.)	15.28	46.85	4/5/25 Friends Invitational
10	Hannah Reid, Jozlen Brisbon, Kyra Engel, Jermani Morris	#10 Lindsey Wilson (Ky.)	13.05	46.96	3/15/25 Cumberlands Early Spring Me
11	Aba Sam, Roy'Janae Brown, Jah-Nisha Campbell, Jordyn Weems	Ottawa (Kan.)	10.97	47.00	3/28/25 Emporia State Relays
12	Kiara Carter, Charity Jones, Kourtlyn Cannon, Ny'tierra Hobbs	#6 Madonna (Mich.)	9.79	47.09	3/29/25 Texas Relays
13	Amealia Smith, Shannon Levy, Shanise Ellis, Serina Rose	Florida Memorial	8.75	47.11	4/19/25 STU Open 3
14	Adysen McCarter, Kayla Kirchner, Emily Loseke, Adrianna Rodencal	#13 Concordia (Neb.)	7.68	47.14	4/18/25 Jim Dutcher Memorial
15	Lillian Guzman, Allie Bryson, Abia Kante, MaQuoia Raglan	#5 Cumberlands (Ky.)	6.66	47.15	3/15/25 Cumberlands Early Spring Me
16	Faith Jackson, Terria Fisher, Brooke Sharp, Jenna-Ann Johnson	#14 Siena Heights (Mich.)	5.56	47.20	4/18/25 Hillsdale Gina Relays
17	Armonee Clay, Jovana Milosevic, Hanna Reuter, Janae Bailey	#17 Marian (Ind.)	4.87	47.31	4/5/25 Joe Walker Invitational
18	Rosjai Curtis, Mya Charles, Hannah Mand, Alexandria Sherman	Park (Mo.)	4.36	47.32	3/28/25 Central (Iowa) Dutch Invitatio
19	Hope Crabtree, Deslyne Cooper, Jordyn Miller-Knuckles, Gretchen Raney	Saint Mary (Kan.)	3.81	47.37	4/12/25 Wichita State K.T. Woodman I
20	Mackenzie Pringle, Ashante Shaw, Myikayla Howard, Latrice Brown	Columbia (S.C.)	3.23	47.45	4/5/25 High Point VertKlasse Meeting



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #4, April 22

21	Carsyn Burdine, Kristen Garth, Kaylah McCall, Tylar Parker	#23 Olivet Nazarene (Ill.)	2.59	47.59	4/13/25	Olivet Nazarene Tiger Open
22	Karina DeYoung, Sydney Peck, Nora Roscoe, Sara McKen	#25 Eastern Oregon	2.00	47.72	4/12/25	Northwest Nazarene Open
23	Morgan Lilly, Taylor Collins, Alivia Parker, Delaney Weimer	Evangel (Mo.)	1.50	47.73	3/22/25	Missouri S&T Miner Invitation
24	Kishawna Wallace, Dhaenia Pinnock, Dhenecia Pinnock, Lamoy Duffus	Talladega (Ala.)	1.00	47.79	3/9/25	Victor Ice Breaker Duals
25	Zaniya Duffie, Ariana Erickson, Autumn Roberts, Larrisa Mchenry	Our Lady of the Lake (0.95	47.81	4/12/25	Cactus Cup
26	Alexus Motley, Hilaria Rodriguez, Alexis Even, Zelig Sorensen	Mount Marty (S.D.)	0.90	47.86	4/12/25	Sioux City Relays
26	#Type!	Tennessee Wesleyan	0.90	47.86	4/19/25	Appalachian (AAC) Outdoor C
28	Talea Gifford, Areeyanna Bonds, Alyssa Morley, Irmiris Mendez	#8 Southeastern (Fla.)	0.80	47.95	4/5/25	Embry-Riddle Running Eleme
29	Dejah Okonji, Ayanna Johnson, Chaleica Booker, Jazmyne White	Huston-Tillotson (Tex	0.75	48.03	4/17/25	Angelo State Invitational
30	Allison Horsley, Isis Villafane, Stella Gray, Charlotte Bowman	#20 College of Idaho	0.70	48.14	4/12/25	Northwest Nazarene Open
31	#Type!	#16 Montreat (N.C.)	0.65	48.18	4/19/25	Appalachian (AAC) Outdoor C
32	Lillia Chvatal, Olivia Wingc Avery Poppe, Braylee Hyatt	Viterbo (Wis.)	0.60	48.22	3/29/25	Billiken Invitational
33	#Type!	Brenau (Ga.)	0.55	48.24	4/19/25	Appalachian (AAC) Outdoor C
34	Alyssa Budd, Lonna Perna Shailin Golden, Hope Taylor	Spring Arbor (Mich.)	0.50	48.38	4/12/25	SAU Bill Bippes Cougar Classi
35	Latrice Williams, Martina Montserrat-Vilar, Maliea May, Aniya Adams	Lawrence Tech (Mich.)	0.45	48.47	4/19/25	Aggie Invitational
36	Jaci Stone, Kyla Bradberry, Alexandra Hernandez, Hope McGuire	Saint Mary-of-the-Wo	0.40	48.56	4/18/25	Rose-Hulman Twilight Invitati
37	#Type!	Truett-McConnell (Ga.	0.35	48.62	4/19/25	Appalachian (AAC) Outdoor C
38	Kameron Noble, Kendra Payne, Danaysia Roberts, Sidni Daniel	Brewton-Parker (Ga.)	0.30	48.63	4/5/25	UWG Legends Invitational
39	Kyley Barnett, Jewel Olson, Kaitlyn McColly, Faith Brennan	#3 Dickinson State (N.D.)	0.28	48.64	4/19/25	Blue Hawk Games
40	Cora Pesanti, Abby Clark, Ayla Janzen, Olleca Severson	#19 Montana Tech	0.25	48.67c	(48.55A)	4/10/25 Providence Open
41	Sydney Rodgers, Brianna Hooton, Nicanta Smith, Grace Constable	Bethel (Ind.)	0.23	48.68	4/4/25	Indiana Tech April Open
42	Lauren Waypa, Emma Blum, Erin Heusinkveld, Tierney Huss	Northwestern (Iowa)	0.20	48.79	4/16/25	Red Raider Open
43	Ryli Thompson, Ada Dekkers, Kailee Altena, Caitlin Vander Kooy	Dordt (Iowa)	0.18	48.88	4/16/25	Red Raider Open



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #4, April 22

44	#Type!	<i>Reinhardt (Ga.)</i>	0.15	48.89	4/19/25 Appalachian (AAC) Outdoor C
45	Gracie Zacarias, Jasheena Owens, Destiny McBroom, Virginia Tan	<i>Keiser (Fla.)</i>	0.13	49.00	4/11/25 Keiser Twilight Invitational
46	Jailah Robinson, Londyn Cage, Alexis Summers, Marley Battles	<i>Baker (Kan.)</i>	0.10	49.02	4/19/25 Kansas Relays
47	Paizlie Reyna-Mata, Jamiah Clay, Akia Bowens, Ashlynn Perez	<i>Oklahoma Panhandle</i>	0.08	49.06	3/22/25 West Texas Relays
48	Alliah Bell, Meliah Hanna, Abigail Eckert, Kyah Hill	<i>Southwestern (Kan.)</i>	0.05	49.14	4/17/25 Pittsburg State Tune-Up
49	Kellesse Heard, Mikaiya Rodgers, Taylor Hrabik, Savannah Horne	<i>College of Saint Mary (</i>	0.03	49.34	4/11/25 Jim Duncan Invitational
50	Reanna Green, Lakin Essex, Janiah Nicholson, Daizy Solir	<i>MidAmerica Nazarene</i>	0.01	49.42	3/29/25 Central Methodist Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Charity Jones, Rahzia Rios Smith, Lauren Hamilton, Kiara Carter	#6 Madonna (Mich.)	34.51	3:46.60	4/12/25 South Florida Invitational (ou
2	Jennifer Ezeoha, Denai Wilson, Aubrey Johnson, Maria Simancas	#2 William Carey (Miss.)	31.66	3:48.13	3/29/25 Southern Miss Invitational
3	Tanya Dhanoa, Haley Martin, Mia Cameron, Hanna Sobkowich	#1 British Columbia	28.77	3:49.76	3/22/25 Willie Williams/Dave Murray D
4	Isabella Lehtinen, Ezthia Maycock, Leesa Mutandwa, Praise Idamadudu	#15 Cumberland (Tenn.)	26.57	3:50.12	3/22/25 Lee Invitational
5	Diane Ondobo, Allena Rowland, Aroa Carballo, Joana Vakasobuduru	#12 Central Methodist (Mo	24.47	3:50.32	3/29/25 Central Methodist Invitational
6	Ta'Shya Cramer, Anna Grasse, Kayly Guthrie, Hannah Reid	#10 Lindsey Wilson (Ky.)	22.40	3:50.45	4/19/25 Georgia Tech Invitational
7	Adrianna Rodencal, Trinity Tuls, Isabelle Salters, Kayla Kirchner	#13 Concordia (Neb.)	19.97	3:51.24	4/18/25 Jim Dutcher Memorial
8	Areeyanna Bonds, Jaade McBride, Maci Mills, Irmiris Mendez	#8 Southeastern (Fla.)	17.66	3:51.82	4/12/25 South Florida Invitational (ou
9	Adrianna Boyd, Emma Edwards, Holli Reuter, Hanna Reuter	#17 Marian (Ind.)	15.26	3:52.81	4/19/25 Indiana State Gibson Invitatio
10	Ahlia Sandifer, Tonyan Beckford, Emani Glover, Wislande Pierre-Louis	#11 St. Thomas (Fla.)	13.19	3:53.00	3/8/25 St. Thomas Under the Lights
11	Briana Campbell, Emeline Delaville, Najah Gibson, Laisha Hernandez	#7 Life (Ga.)	11.18	3:53.05	3/29/25 Don McGarey Invitational Tra
12	JayOnna Perry, Jordyn Weems, Tanzania Barnes, Jah-Nisha Campbell	Ottawa (Kan.)	10.13	3:53.17	4/12/25 Wichita State K.T. Woodman I
13	Anna Vie, Dylainey Floyd, Ally Hawk, Karis Hunter	Indiana Wesleyan	8.67	3:54.82	4/12/25 Indiana Little State Invitation
14	Fedjine Bell, Vanessa Oladapo, Jordan Blair, Jaelyn Mitchell	#22 Xavier (La.)	7.64	3:55.00	3/29/25 Southern Miss Invitational
15	Emilee Heynen, Kaitlin Wercinski, Kailee Altena, Shelby Buwalda	Dordt (Iowa)	6.42	3:56.23	4/16/25 Red Raider Open
16	Alexandria Segura, Tara Madrid, Autumn Roberts, Aziza Clark	Our Lady of the Lake (5.41	3:56.29	3/29/25 Bobcat Invitational (Texas Sta
17	Charlotte Bowman, Zoe Butler, Kylee Quinton, Isis Villafane	#20 College of Idaho	4.91	3:56.31	4/4/25 Whitworth Peace Meet
18	Joslyn Griffin, Lakin Essex Alex Gere, Janiah Nicholson	MidAmerica Nazarene	4.38	3:56.47	4/12/25 Carl Kight Invitational
19	#Type!	#16 Montreat (N.C.)	3.77	3:57.13	4/19/25 Appalachian (AAC) Outdoor C
20	Sydney Peck, Madisen Douglas, Sara McKen, Nora Roscoe	#25 Eastern Oregon	3.03	3:58.50	4/4/25 Whitworth Peace Meet
21	#Type!	Mount Mercy (Iowa)	2.50	3:59.93	4/12/25 Mustang Distance Carnival &



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #4, April 22

22	Abigail Mays, Addie Draper, Nicole Domene, Delaney Gale	#18 Taylor (Ind.)	2.00	4:00.02	4/12/25	Indiana Little State Invitation
23	Jariah Jackson-Simon, Jaymee Yelton, Chaleica Booker, Ayanna Johnson	Huston-Tillotson (Tex)	1.50	4:00.48	4/17/25	Angelo State Invitational
24	Kyla Laurent, Kamille Dixon, Madison Kitson, Kamryn Chambliss	Brenau (Ga.)	1.00	4:00.66	3/28/25	Thrills In The Hills
25	Hope Crabtree, Deslyne Cooper, Jane Duteil, Gretchen Raney	Saint Mary (Kan.)	0.95	4:00.92	3/28/25	Emporia State Relays
26	Jocie Berry, Terria Fisher, Bailey McCulloch, Linnearia Richards	#14 Siena Heights (Mich.)	0.90	4:01.17	4/12/25	SAU Bill Bippes Cougar Classi
27	Hannah Mand, Jonnicia Williams, Lilly Camarcho, Adison Hayden	Park (Mo.)	0.85	4:01.72	4/19/25	Kansas Relays
28	Hallie Kooyer, Sarah Genzink, Emma Steele, Ronnie McMillan	Cornerstone (Mich.)	0.80	4:01.73	4/5/25	GVSU Early Meet
29	Jayden Roach, Kendra Grooms, Laura Hamm, Kylie Montgomery	Rio Grande (Ohio)	0.75	4:01.89	3/29/25	Carnegie Mellon Invitational
30	Emma Blum, Macy Schroeder, Jordan Shull, Brielle Engelmann	Northwestern (Iowa)	0.70	4:01.92	4/12/25	Sioux City Relays
31	Fien Molenberg, Naomi Vagher, Gema del Valle, JaNiya Glass	Friends (Kan.)	0.65	4:02.19	4/5/25	Friends Invitational
32	Amelie Steins, Anna Schneider, Molli Thornton, Raylee Wallis	Dakota State (S.D.)	0.60	4:03.14	4/18/25	Maverick Invitational
32	Sydney Soskis, McKenna Donovan, Lily Everson, Tiffany Humpherys	Oregon Tech	0.60	4:03.14	4/5/25	Linfield Jenn Boyman Memori
34	Yanira Deanna Paninka, Amaya Rique, Emerson Colins, Alexandra Clarke	Saint Xavier (Ill.)	0.50	4:03.42	3/29/25	Billiken Invitational
35	Emma Konen, Peyton Walker, MaKenzie Sheils, Kamryn Comba	#19 Montana Tech	0.45	4:04.30c	(4:03.86A)	4/10/25 Providence Open
36	Evelyn Morales, Joslyn Young, Alexandra Hernandez, Kyla Bradberry	Saint Mary-of-the-Wo	0.40	4:04.36	4/18/25	Rose-Hulman Twilight Invitati
37	Ta'nijal Matthews, Laila Johnson, Tori Burton, Kevell Byrd	#24 Dillard (La.)	0.35	4:05.03	4/12/25	HBCUAC Outdoor Champions
38	Taylor Collins, Liberty Wiles, Sydney Bryan, Jayleign Flood	Evangel (Mo.)	0.30	4:05.37	4/11/25	Mule Relays
39	Julie Rottinghaus, Madisy Ehrlich, Brionna Floyd, Hailey Nordhus	Kansas Wesleyan	0.28	4:05.69	4/19/25	KWU Coyote Classic
40	Cadence Schultz, Amber Koole, Ella Koons, Lauren Wooer	Aquinas (Mich.)	0.25	4:05.71	4/19/25	Al Owens Classic
41	#Type!	Tennessee Wesleyan	0.23	4:05.83	4/19/25	Appalachian (AAC) Outdoor C
42	Madalen Shipman, Claire Bucklin, Chloe Raats, Ellie Baxter	Carroll (Mont.)	0.20	4:05.85c	(4:05.41A)	4/10/25 Providence Open



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #4, April 22

43	Zelie Sorensen, Alexis Even, Lexa Burtzlaff, Josey Wahlstrom	Mount Marty (S.D.)	0.18	4:05.89	4/12/25	Sioux City Relays
44	Vanessa Temple, Mackenzie Rohde, Sarah Marshall, India Benton	IU East (Ind.)	0.15	4:06.57	4/12/25	Indiana Little State Invitation
45	Jailah Robinson, Bailey Arceneaux, Shannel Graham, Rachel Sterner	Baker (Kan.)	0.13	4:06.65	3/30/25	Zach Kindler Wildcat Open
46	#Type!	Columbia Internation	0.10	4:06.99	4/19/25	Appalachian (AAC) Outdoor C
47	Marissa Rutter, Kate Ruffler, Maddy Lengacher, Lyssi Snouffer	Mount Vernon Nazare	0.08	4:07.66	4/4/25	Ohio Cherry Blossom Invitatio
48	Liberty Leis, Addisyn Terpstra, Faith Neeley, Anna Paul	Grand View (Iowa)	0.05	4:07.70c (4:10.98)	4/12/25	Dick Young Classic
49	Emma Hefner, Autumn Shepherd, Destinee Lovejoy, Myesha Hall	Truett-McConnell (Ga.	0.03	4:07.73	3/28/25	Thrills In The Hills
50	Jolee Mesz, Morgan Sachs, Sydney Brouwer, Courtney Sporrer	Morningside (Iowa)	0.01	4:08.90	4/12/25	Sioux City Relays



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Laura Beghin, Sarah MacGillivray, Mackenzie Campbell, Rachel Mortimer	#1 British Columbia	35.80	9:02.82	4/12/25
2	Hannah Fredericks, Suzie Johnson, Rebekah Niednagel, Ellen Palmgren	#9 The Master's (Calif.)	32.56	9:09.63	3/22/25 Westmont Collegiate Classic
3	#Type!	Rocky Mountain (Mont)	29.37	9:16.34	3/27/25 Yellowjackets Open
4	Elizabeth Dancey, Lauren Hamilton, Sofiya Sally, Emonie Bonner	#6 Madonna (Mich.)	26.19	9:23.76	3/29/25 Texas Relays
5	Abigail Mays, Noel VanderWall, Addie Draper, Kennedy Applegate	#18 Taylor (Ind.)	24.12	9:24.38	4/12/25 Indiana Little State Invitation
6	Jillian Blaser, Jaade McBride, Natalie Rohm, Maci Mills	#8 Southeastern (Fla.)	21.96	9:25.81	3/30/25 Spartan Relays
7	Jolee Mesz, Morgan Sachs Nicole Zuehl, Courtney Sporrer	Morningside (Iowa)	19.58	9:29.12	4/16/25 Red Raider Open
8	Olivia Howell, MacKenzie Brewer, Abbey Gentz, Emily Tedder	Huntington (Ind.)	17.54	9:29.53	3/29/25 Texas Relays
9	Brooke Wiebe, Yessenia Castellanos, Heather Murphy, Dylan Garcia	#16 Montreat (N.C.)	15.52	9:29.66	3/22/25 Montreat College Open
10	Mira Fosmer, Olivia Elbert Josie Karnik, Kara Muller	College of Saint Mary (13.30	9:31.68	4/18/25 Jim Dutcher Memorial
11	Florencia Cabrera, Louise Cocking, Isabelle Spiller, Erika Pena	Oklahoma City	10.93	9:35.01	4/5/25 Friends Invitational
12	#Type!	Milligan (Tenn.)	9.80	9:37.08	4/19/25 Appalachian (AAC) Outdoor C
13	Savanna Liddle, Karis Hunter, Abby Mathews, Abby Wallace	Indiana Wesleyan	8.73	9:38.18	4/12/25 Indiana Little State Invitation
14	Julianna Maxfield, Kylie Arnold, Autumn Hickock, Sonya Zimmerman	Tabor (Kan.)	7.69	9:39.03	4/5/25 Friends Invitational
15	Julie Duedahl, Elisa Helferich, Megan Kitchens, Elizabeth Lucason	#5 Cumberlands (Ky.)	6.51	9:42.21	3/22/25 Montreat College Open
16	Abby Ervin, Emily De Groot, Brielle Engelmann, Allison Hough	Northwestern (Iowa)	5.32	9:45.83	4/16/25 Red Raider Open
17	Adriana McGregor, Emily Harris, Macy Kopp, Skylar Adams	Evangel (Mo.)	4.57	9:50.42	3/15/25 Central Methodist Open
18	Jayden Roach, Kendra Grooms, Amarissa Kerns, Laura Hamm	Rio Grande (Ohio)	4.00	9:51.66	3/15/25 Myrtle Beach Collegiate Chall
19	MaKenzie Sheils, Peyton Walker, Alyssa Jany, Kamryn Comba	#19 Montana Tech	3.50	9:54.44c (9:54.44A)	4/10/25 Providence Open
20	Carly Holadia, Abigail White, Kathryn Cameron, Emilia Diaz	Saint Mary (Kan.)	3.00	9:59.26	3/22/25 Spire Distance Carnival & Tea
21	Skotti Ball-Duley, McKenn Palmer, Abigail Plezia, Alina LaForest	Indiana Tech	2.50	10:02.89	4/12/25 Indiana Little State Invitation
22	Ellie Baxter, Nikki Nau, Erika Arthur, Jenna Castro	Carroll (Mont.)	2.00	10:06.12c (10:06.12A)	4/10/25 Providence Open



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #4, April 22

23	Catherine Starrs, Anna Campbell, Gemma Downey, Mary Cate Golden	<i>Benedictine (Kan.)</i>	1.50	10:06.73	3/22/25	Spire Distance Carnival & Tea
24	Jonnica Williams, Hannah Mand, Lily Brecheisen, Lilly Camacho	<i>Park (Mo.)</i>	1.00	10:11.57	4/19/25	Kansas Relays
25	Leslie Sprankles, Hannah Wells, Keeley Carpenter, Rachel Eby	<i>IU Kokomo (Ind.)</i>	0.95	10:16.82	3/22/25	Alan Connie Shamrock Invitat
26	Rachel Sterner, Natalie Kennedy, Peyton Peterson, Jana Landreth	<i>Baker (Kan.)</i>	0.90	10:20.45	4/19/25	Kansas Relays
27	Anna McKnight, Casandra Reyes, Julia Swearingin, Isabella Meili	<i>MidAmerica Nazarene</i>	0.85	10:21.49	3/15/25	Central Methodist Open
28	Grace Lee, Gabrielle Schwabe, Kayli Gonzales, Hannah Cribley	<i>Friends (Kan.)</i>	0.80	10:23.07	4/5/25	Friends Invitational
29	#Type!	<i>Brenau (Ga.)</i>	0.75	10:24.96	4/19/25	Appalachian (AAC) Outdoor C
30	Mikey Duncan, Emma Morton, Tori Calder, Anna Keys	<i>John Brown (Ark.)</i>	0.70	10:26.01	3/22/25	Spire Distance Carnival & Tea
31	#Type!	<i>Columbia Internation</i>	0.65	10:28.31	4/19/25	Appalachian (AAC) Outdoor C
32	Lexi Clark, Delaney Straus, Malia Carmack, Emma Berry	<i>Culver-Stockton (Mo.)</i>	0.60	10:30.30	3/15/25	Central Methodist Open
33	Emma Maxwell, Addison Curtis, Elaina Schwendenmann, Emaleigh Smith	<i>Bethel (Ind.)</i>	0.55	10:31.03	4/12/25	Indiana Little State Invitation
34	Aubrey Britt, Harley Garner, Tyra Yahola, Angel Wright	<i>Blue Mountain (Miss.)</i>	0.50	10:33.65	3/15/25	Rhodes Invitational
35	#Type!	<i>Union (Ky.)</i>	0.45	10:35.06	4/19/25	Appalachian (AAC) Outdoor C
36	Josey Wahlstrom, Alexis Gosch, Isabella Ramsgard, Rachel Erk	<i>Mount Marty (S.D.)</i>	0.40	10:37.37	4/16/25	Red Raider Open
37	#Type!	<i>Tennessee Wesleyan</i>	0.35	10:39.76	4/19/25	Appalachian (AAC) Outdoor C
38	#Type!	<i>Reinhardt (Ga.)</i>	0.30	10:40.72	4/19/25	Appalachian (AAC) Outdoor C
39	#Type!	<i>Truett-McConnell (Ga.</i>	0.28	10:44.27	4/19/25	Appalachian (AAC) Outdoor C
40	Brianna Collins, Anna-Claire Carwile, Maggie Jewell, Jennifer Buttery	<i>Campbellsville (Ky.)</i>	0.25	10:45.12	3/15/25	Myrtle Beach Collegiate Chall
41	Caitlyn Terrien, Olivia Ortell, Nevaeh Harris, Shelby Cade	<i>Spring Arbor (Mich.)</i>	0.23	10:46.57	4/12/25	SAU Bill Bippes Cougar Classi
42	Sarah Marshall, Jillian Jackson, Skylah Strawser, Abby Gudeman	<i>IU East (Ind.)</i>	0.20	10:46.64	4/12/25	Indiana Little State Invitation
43	Sophia Outhous, Polly Addington, Nsimire Bahongwerhe, Averi Vance	<i>Spartanburg Methodi</i>	0.18	10:47.06	3/22/25	Montreat College Open
44	Emma Clifford, Myra Baker, Kyah Weirich, Christian Steuck	<i>William Woods (Mo.)</i>	0.15	10:47.61	3/29/25	Central Methodist Invitational
45	#Type!	<i>SCAD Atlanta (Ga.)</i>	0.13	10:48.08	4/19/25	Appalachian (AAC) Outdoor C
46	#Type!	<i>Columbia (S.C.)</i>	0.10	10:49.51	4/19/25	Appalachian (AAC) Outdoor C
47	Xavia Cullers, Kierstin Maddox, Nataly Gutierrez, Paige Thielen	<i>Columbia (Mo.)</i>	0.08	10:54.77	3/15/25	Central Methodist Open



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #4, April 22

48	Caitlyn Gordon, Brooklyn Acosta, Yasmin Pines, Kennedy Timmons	#24 Dillard (La.)	0.05	11:07.59	4/12/25 HBCUAC Outdoor Champions
49	Camille Humphrey, Brynn Wentland, Faraja Nyasa, Shaliah Mckoy	Missouri Valley	0.03	11:49.75	3/29/25 Central Methodist Invitational
50	Jakatelyn Thomas, Remi Pierre, Jean Marie Farinha, Meeyasha Tutt-Mootouo	Wiley (Texas)	0.01	11:51.30	4/12/25 HBCUAC Outdoor Champions



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Adarra HAGELUND	JR	#3 Dickinson State (N.D.)	36.40	1.80m	5-10¾	4/6/25 Al Bortke Open
2	Delaney MILLER	JR	Evangel (Mo.)	31.82	1.75m	5-8¾	3/29/25 SBU Bearcat Invitational
3	Jacie VANDER WAAL	SR	Northwestern (Iowa)	28.27	1.72m	5-7¾	3/28/25 Wildcat Classic
4	Emma VALENTINE	JR	#14 Siena Heights (Mich.)	25.75	1.71m	5-7¼	4/12/25 Davenport Panther Classic
4	Rosemond OWUSU	FR	#10 Lindsey Wilson (Ky.)	25.75	1.71m	5-7¼	4/19/25 Georgia Tech Invitational
4	Haley BELLAMY	JR	#12 Central Methodist (Mo)	25.75	1.71m	5-7¼	4/19/25 Georgia Tech Invitational
7	Isabelle AALDERS	FR	#15 Cumberland (Tenn.)	19.28	1.70m	5-7	3/22/25 Lee Invitational
7	Lyssi SNOUFFER	JR	Mount Vernon Nazare	19.28	1.70m	5-7	4/19/25 Tiffin Track Carnival
7	Sarah PIMBLETT	JR	#1 British Columbia	19.28	1.70m	5-7	4/6/25 Simon Fraser High Performan
10	Brooke COFFMAN	SO	#17 Marian (Ind.)	12.94	1.69m	5-6½	3/22/25 Polar Bear Invitational (Indian
10	Mya HINES	SO	#5 Cumberlands (Ky.)	12.94	1.69m	5-6½	4/5/25 Electric City Invitational
12	Renee FINKE	SR	#12 Central Methodist (Mo)	9.64	1.68m	5-6	3/22/25 Missouri S&T Miner Invitation
12	Kayla MORGAN	JR	Corban (Ore.)	9.64	1.68m	5-6	4/5/25 Linfield Jenn Boyman Memori
12	Adrienne WASHINGTON	JR	#25 Eastern Oregon	9.64	1.68m	5-6	4/4/25 Whitworth Peace Meet
12	Abi STEVENS	SR	#21 Southern Oregon	9.64	1.68m	5-6	4/5/25 Linfield Jenn Boyman Memori
16	Morgan LUTTON	JR	#14 Siena Heights (Mich.) {2}	5.47	1.67m	5-5¾	4/18/25 Hillsdale Gina Relays
16	Samantha DEGRACE	FR	Tennessee Wesleyan	5.47	1.67m	5-5¾	3/28/25 Thrills In The Hills
16	Emerson VANSCOY	SO	Midway (Ky.)	5.47	1.67m	5-5¾	3/22/25 Pioneer Invitational
19	Abby CLARK	SR	#19 Montana Tech	2.29	D 1.66m	5-5¼	4/10/25 Providence Open
19	Alexis GOODMAN	FR	Talladega (Ala.)	3.79	1.66m	5-5¼	4/12/25 HBCUAC Outdoor Champions
19	Krista HARDY	JR	Midland (Neb.)	3.79	1.66m	5-5¼	3/28/25 Central Nebraska Challenge
19	Katelynn KRATZ	FR	#4 Doane (Neb.)	3.79	1.66m	5-5¼	4/8/25 Doane Invitational
19	Hannah NEWTON	SR	Midland (Neb.)	3.79	1.66m	5-5¼	4/16/25 Red Raider Open
19	Corona PARKER	SR	Evergreen State (Was	3.79	1.66m	5-5¼	3/8/25 Pacific Lutheran Opener
19	Kerrigan MYERS	SR	Midland (Neb.)	2.29	D 1.66m	5-5¼	3/28/25 Central Nebraska Challenge
19	Aubrey DEGROOT	SO	Northwestern (Iowa) {2}	3.79	1.66m	5-5¼	4/12/25 Sioux City Relays
27	Emily MCCREARY	SR	Grace (Ind.)	0.97	1.65m	5-5	4/19/25 Tiffin Track Carnival
27	Brooke WIRKKALA	JR	Rocky Mountain (Mont	0.97	1.65m	5-5	3/15/25 Battlin' Bears/Yellowjacket Ic
29	Bridgette HANSEN	FR	#1 British Columbia {2}	0.75	1.64m	5-4½	3/22/25 Willie Williams/Dave Murray D
30	Molly FROM	SO	Ave Maria (Fla.)	0.70	1.63m	5-4¼	4/4/25 STU Outdoor Meet
30	Zailee POULSON	SR	Hastings (Neb.)	0.70	1.63m	5-4¼	4/18/25 Jim Dutcher Memorial
32	Mattie SHIRTS	SO	#20 College of Idaho	0.60	1.62m	5-3¾	3/15/25 Nighthawks Opener
32	April PHILLIPS	SO	Evangel (Mo.) {2}	0.60	1.62m	5-3¾	4/17/25 Pittsburg State Tune-Up
34	Addison REIMER	SO	#13 Concordia (Neb.)	0.50	1.61m	5-3¼	4/5/25 Concordia (Neb.) Outdoor Inv
34	Josie GARRETT	JR	#4 Doane (Neb.) {2}	0.50	1.61m	5-3¼	4/11/25 Doane-Nebraska Wesleyan
34	Olivia WINGO	SR	Viterbo (Wis.)	0.50	1.61m	5-3¼	4/12/25 UW Oshkosh Invitational
34	Alexis FURGASON	JR	Aquinas (Mich.)	0.50	1.61m	5-3¼	4/12/25 Davenport Panther Classic
34	Anna JEANNIN	FR	Huntington (Ind.)	0.50	1.61m	5-3¼	4/4/25 Indiana Tech April Open
34	Amanda STEINKE	SR	#13 Concordia (Neb.)	0.50	1.61m	5-3¼	4/18/25 Jim Dutcher Memorial
34	Alyssa CHRISTIAN	FR	Indiana Tech	0.50	1.61m	5-3¼	4/12/25 Indiana Little State Invitation
34	Josey REINEMAN	SR	Huntington (Ind.)	0.50	1.61m	5-3¼	4/4/25 Indiana Tech April Open
34	Lindsey STRUTZ	JR	Aquinas (Mich.)	0.50	1.61m	5-3¼	4/12/25 Davenport Panther Classic
43	Jah-Nisha CAMPBELL	SO	Ottawa (Kan.)	0.18	1.60m	5-3	4/19/25 Kansas Relays
43	Ada SMIES	SO	Dordt (Iowa)	0.18	1.60m	5-3	4/12/25 South Dakota Challenge
43	Jordyn MILLER-KNUCKLE	SO	Saint Mary (Kan.)	0.18	1.60m	5-3	4/12/25 Wichita State K.T. Woodman I
43	Kaitlyn BECNEL	SR	Loyola (La.)	0.18	1.60m	5-3	3/22/25 Belhaven Invitational
43	Giani WIMBISH-GAY	FR	Texas Wesleyan	0.18	1.60m	5-3	3/22/25 TCU Invitational
43	Lauryn MARTIN	FR	#22 Xavier (La.)	0.18	1.60m	5-3	4/5/25 Davenport-Milburn Pelican Re
43	Olivia BACKUS	SO	Valley City State (N.D.)	0.18	1.60m	5-3	3/22/25 Marauders Outdoor Opener
43	Jennaya COUCOULES	FR	Brenau (Ga.)	0.18	1.60m	5-3	4/19/25 Appalachian (AAC) Outdoor C
43	Tenosh LANDRY	FR	Loyola (La.)	0.18	1.60m	5-3	3/22/25 Belhaven Invitational



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Sonya URBANOWICZ	JR	#1 British Columbia	34.85	4.20m	13-9¼	4/19/25	Beach Invitational
2	Margherita CONRAD	JR	#14 Siena Heights (Mich.)	32.56	4.17m	13-8¼	4/12/25	Davenport Panther Classic
3	Olivia WINGO	SR	Viterbo (Wis.)	29.08	4.02m	13-2¼	4/12/25	UW Oshkosh Invitational
4	Cameron KELPERIS	SO	#7 Life (Ga.)	26.88	4.00m	13-1½	4/5/25	Emory Dooley Elite
5	Kaylee PRIBYL	SO	#4 Doane (Neb.)	24.48	3.95m	12-11½	3/28/25	Central Nebraska Challenge
6	Emma STEWART	SO	#14 Siena Heights (Mich.) {2}	21.46	3.80m	12-5½	4/18/25	Hillsdale Gina Relays
7	Madison WAHL	SR	#3 Dickinson State (N.D.)	19.12	3.75m	12-3½	3/27/25	Yellowjackets Open
7	Gabrielle ZEILENGA	SO	Bethel (Ind.)	19.12	3.75m	12-3½	4/4/25	Indiana Tech April Open
9	Aaliyah RAMIREZ	JR	Friends (Kan.)	14.79	3.69m	12-1¼	4/19/25	Kansas Relays
9	Katherine MARTINEZ	SR	#21 Southern Oregon	14.79	3.69m	12-1¼	4/5/25	Linfield Jenn Boyman Memori
11	McKenna ROGERS	SO	Arizona Christian	10.76	3.68m	12-¾	4/5/25	UNLV Rebel Elite
12	Emma JOHNSON	SR	Viterbo (Wis.) {2}	9.72	3.67m	12-½	4/18/25	UW-La Crosse Esten Challeng
13	Mya ZOHNER	SO	Mount Marty (S.D.)	8.68	3.66m	12-0	4/5/25	South Dakota Early Bird
14	Viviana RODRIGUEZ	FR	Indiana Tech	7.65	3.65m	11-11¾	4/12/25	Indiana Little State Invitation
14	Alaina SCOTT	SR	Missouri Baptist	7.65	3.65m	11-11¾	4/18/25	Culver-Stockton Wildcat Ope
14	Delaney TEACHNOR	FR	#17 Marian (Ind.)	7.65	3.65m	11-11¾	3/22/25	Polar Bear Invitational (Indian
14	Kennedy STANLEY	JR	#4 Doane (Neb.) {2}	7.65	3.65m	11-11¾	4/18/25	Jim Dutcher Memorial
14	Brynn WANDLE	FR	Carroll (Mont.)	7.65	3.65mA	11-11¾	4/18/25	Trudnowski Open
19	Kiriann JOHNSON	FR	#20 College of Idaho	3.97	3.60m	11-9¾	3/15/25	Nighthawks Opener
20	Maddi REED	FR	Midway (Ky.)	3.19	3.52m	11-6½	4/5/25	Centre Invitational
21	Paige CLAUSEN	FR	Mount Marty (S.D.) {2}	2.66	3.51m	11-6¼	4/5/25	South Dakota Early Bird
22	Teagan RUPP	FR	Indiana Wesleyan	2.12	3.50m	11-5¾	3/22/25	Polar Bear Invitational (Indian
22	Cecily FAGER	SO	Cornerstone (Mich.)	2.12	3.50m	11-5¾	4/19/25	Al Owens Classic
22	Grace SQUIRES	JR	Clarke (Iowa)	2.12	3.50m	11-5¾	4/5/25	Mississippi River Rumble
22	Abby BEETS	SO	Evangel (Mo.)	2.12	3.50m	11-5¾	4/17/25	Pittsburg State Tune-Up
22	Evelyn DOLCE	SO	Indiana Tech {2}	2.12	3.50m	11-5¾	4/4/25	Indiana Tech April Open
27	Sydney PERKINS	SO	#21 Southern Oregon {2}	0.85	3.46m	11-4¼	3/8/25	Chico Wildcat Invitational
28	Shaily BAYNES	SR	Aquinas (Mich.)	0.80	3.45m	11-3¾	4/12/25	Calvin Invite
28	Hollyn RENFRO	FR	Indiana Tech {3}	0.80	3.45m	11-3¾	4/19/25	Indiana State Gibson Invitatio
30	Izzy KECK	SO	Viterbo (Wis.) {3}	0.70	3.37m	11-¾	4/18/25	UW-La Crosse Esten Challeng
31	Quinn BASSINGTHWAITE	JR	Jamestown (N.D.)	0.65	3.36m	11-¾	4/11/25	NDSU Spring Classic
32	Emily LUDWIG	SO	Viterbo (Wis.) {4}	0.60	3.35m	10-11¾	4/12/25	UW Oshkosh Invitational
32	Emma SCHIFFLI	FR	Huntington (Ind.)	0.60	3.35m	10-11¾	4/12/25	Indiana Little State Invitation
32	Kathrin ERTL	FR	Indiana Tech {4}	0.60	3.35m	10-11¾	4/4/25	Indiana Tech April Open
32	Julia KETCHAM	FR	Oregon Tech	0.60	3.35mA	10-11¾	4/19/25	Oregon Tech Invite
32	Grace CONWAY	SR	Bethel (Ind.) {2}	0.60	3.35m	10-11¾	4/4/25	Indiana Tech April Open
32	Aleigh ZETTLE	FR	Northwestern (Iowa)	0.60	3.35m	10-11¾	4/16/25	Red Raider Open
38	Brooke HOLLOWAY	JR	Mount Vernon Nazare	0.30	3.34m	10-11½	4/19/25	Otterbein Twilight
39	Kayla SVOBODA	JR	#13 Concordia (Neb.)	0.28	3.30m	10-9¾	3/28/25	Central Nebraska Challenge
39	Lillee RICHARD	FR	#13 Concordia (Neb.)	0.28	3.30m	10-9¾	3/28/25	Central Nebraska Challenge
39	Kate SURWILLO	JR	St. Ambrose (Iowa)	0.28	3.30m	10-9¾	4/18/25	Augustana (Ill.) Meet of Cham
42	Harlee GRANT	SO	#25 Eastern Oregon	0.20	3.29m	10-9½	3/15/25	Nighthawks Opener
43	Lucia RUEPPELL	FR	#1 British Columbia {2}	0.18	3.27m	10-8¾	4/12/25	
44	Maiya SPEER	FR	Northwestern (Iowa) {2}	0.15	3.21m	10-6¼	4/5/25	South Dakota Early Bird
45	Aubrey SELLERS	SO	#8 Southeastern (Fla.)	0.13	3.20m	10-6	4/11/25	Keiser Twilight Invitational
45	Hannah CHRISTMAN	SO	Rocky Mountain (Mont	0.13	3.20m	10-6	3/27/25	Yellowjackets Open
45	Samantha KNAPP	SR	#4 Doane (Neb.) {3}	0.13	3.20m	10-6	4/11/25	Doane-Nebraska Wesleyan
45	Taylynd STUHR	JR	#3 Dickinson State (N.D.) {2}	0.13	3.20m	10-6	3/27/25	Yellowjackets Open
45	Ryleigh WARDEN	JR	St. Ambrose (Iowa) {2}	0.13	3.20m	10-6	4/12/25	Mustang Distance Carnival &
45	Aliana MCNAIR	SO	#13 Concordia (Neb.) {3}	0.13	3.20m	10-6	4/18/25	Jim Dutcher Memorial
45	Emma GRANT	SR	Clarke (Iowa) {2}	0.13	3.20m	10-6	4/5/25	Mississippi River Rumble



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Myesha HALL	SR	Truett-McConnell (Ga.	36.15	6.30m	20-8 (-0.1)	4/4/25	Joe Walker Invitational
2	Rosjai CURTIS	FR	Park (Mo.)	31.51	6.07m	19-11 (0.0)	4/16/25	Bryan Clay Invitational [Comb
3	Lawren TANNER	JR	Our Lady of the Lake (28.82	6.01mw	19-8¾ (3.2)	4/12/25	Cactus Cup
4	Reanna GREEN	SR	MidAmerica Nazarene	26.59	5.99m	19-8 (0.9)	4/10/25	Carl Kight Invitational
5	Jadyn VERMILLION	SR	#19 Montana Tech	24.24	5.96m	19-6¾ (0.1)	3/27/25	Yellowjackets Open
6	Tyeese SMITH	JR	#2 William Carey (Miss.)	21.27	5.84m	19-2 (0.8)	3/15/25	Jaguar Opener
7	Abia KANTE	SO	#5 Cumberlands (Ky.)	19.19	5.83m	19-1½ (0.4)	3/28/25	Central Methodist Invitational
8	Amealia SMITH	SR	Florida Memorial	17.12	5.82mw	19-1¼ (2.2)	3/21/25	Hurricane Invitational
9	Madison KITSON	FR	Brenau (Ga.)	15.04	5.81mw	19-¾ (2.1)	4/19/25	Appalachian (AAC) Outdoor C
10	Andreana GRAHAM	SR	Florida Memorial {2}	12.96	5.80m	19-½ (2.0)	3/21/25	Hurricane Invitational
11	Amelia CHA	SO	#1 British Columbia	10.81	5.78m	18-11¾ (1.	3/29/25	British Columbia Open
12	Erica XAYARATH	SR	Huntington (Ind.)	9.66	5.76m	18-10¾ (0.	4/4/25	Indiana Tech April Open
13	Alyssa MORLEY	FR	#8 Southeastern (Fla.)	8.62	5.75mw	18-10½ (2.	4/12/25	South Florida Invitational (ou
13	Abby CLARK	SR	#19 Montana Tech {2}	8.62	5.75m	18-10½ (0.	4/10/25	Providence Open
15	Kellesse HEARD	SO	College of Saint Mary (6.54	5.73m	18-9¾ (0.0)	4/5/25	Concordia (Neb.) Outdoor Inv
16	Linnearia RICHARDS	JR	#14 Siena Heights (Mich.)	5.50	5.72mw	18-9¼ (2.3)	4/5/25	Golden Grizzly Invite
17	Adrienne WASHINGTON	JR	#25 Eastern Oregon	2.46	D 5.71m	18-8¾ (-0.9	4/4/25	Whitworth Peace Meet
17	Diamond BOYD		Park (Mo.) {2}	4.96	5.71m	18-8¾ (1.7)	3/29/25	Billiken Invitational
17	Jordyn WEEMS	SR	Ottawa (Kan.)	4.96	5.71mw	18-8¾ (3.8)	4/12/25	Wichita State K.T. Woodman I
20	Fabiana MORALES	SO	#2 William Carey (Miss.) {2}	3.38	5.69mw	18-8 (2.8)	3/15/25	Jaguar Opener
20	Mya HINES	SO	#5 Cumberlands (Ky.) {2}	2.38	D 5.69m	18-8 (0.0)	4/5/25	Electric City Invitational
22	Abi STEVENS	SR	#21 Southern Oregon	2.30	5.67mA	18-7¼ (0.0)	4/18/25	Cascade Championships [Co
23	Hailey PERRINE	JR	#23 Olivet Nazarene (Ill.)	1.76	5.66m	18-7 (0.0)	4/5/25	Chicagoland Outdoor Champi
24	Jordyn CARDWELL	SR	Brescia (Ky.)	1.22	5.65mw	18-6½ (2.1)	3/22/25	Lee Invitational
24	Gabrielle ZEILENGA	SO	Bethel (Ind.)	1.22	5.65m	18-6½ (0.0)	4/4/25	Indiana Tech April Open
26	Sydney ZYWINA	SR	Lewis-Clark State (Ida	1.04	5.63m	18-5¾ (1.8)	4/4/25	Whitworth Peace Meet
27	Mikaiya RODGERS	FR	College of Saint Mary {2}	0.92	5.61mw	18-5 (2.3)	4/11/25	Jim Duncan Invitational
28	Rylan RHODES	FR	Arizona Christian	0.83	5.60m	18-4½ (0.0)	12/7/24	Desert Spectacular
29	Faith BRENNAN	SO	#3 Dickinson State (N.D.)	0.75	5.59m	18-4¼ (0.1)	3/27/25	Yellowjackets Open
30	Kiki NYANOK	SO	#13 Concordia (Neb.)	0.70	5.58m	18-3¾ (0.0)	4/5/25	Concordia (Neb.) Outdoor Inv
31	Grace CLEMENS	FR	Tennessee Wesleyan	0.65	5.57mw	18-3¼ (2.4)	4/19/25	Appalachian (AAC) Outdoor C
31	Jah-Nisha CAMPBELL	SO	Ottawa (Kan.) {2}	0.65	5.57m	18-3¼ (0.4)	3/22/25	Spire Distance Carnival & Tea
33	Olivia YOUNG	FR	MidAmerica Nazarene {2}	0.55	5.56m	18-3 (0.4)	3/29/25	Central Methodist Invitational
33	Delaney STRAUS	JR	Culver-Stockton (Mo.)	0.55	5.56mw	18-3 (3.3)	4/5/25	Cornell College Invitational
35	Charlize DAVIS	SO	Rocky Mountain (Mont	0.45	5.55m	18-2½ (1.6)	3/22/25	Battlin' Bears/Yellowjacket O
36	Faith CASTILLO	SR	Wayland Baptist (Tex	0.40	5.54m	18-2¼ (1.3)	4/17/25	Angelo State Invitational
36	Kiana SIEFERT	JR	#18 Taylor (Ind.)	0.40	5.54m	18-2¼ (0.7)	4/12/25	Indiana Little State Invitation
38	Makayla BLANGO	SO	Columbia (S.C.)	0.30	5.53m	18-1¾ (1.9)	4/19/25	Appalachian (AAC) Outdoor C
39	Annemarie KOERNER	SO	Clarke (Iowa)	0.28	5.52m	18-1½ (0.9)	4/12/25	Mustang Distance Carnival &
40	Alyssa BUDD	SO	Spring Arbor (Mich.)	0.25	5.51m	18-1 (0.0)	4/12/25	SAU Bill Bippes Cougar Classi
41	Jayde ULLENBRUCH	SO	Concordia (Mich.)	0.23	5.50mw	18-½ (2.6)	4/19/25	Elaine Leigh Invite
41	Jaci WOODS	SO	#5 Cumberlands (Ky.) {3}	0.23	5.50m	18-½ (0.3)	4/18/25	Centre Twilight Meet
43	Kerrishma WILLIAMS	JR	#2 William Carey (Miss.) {3}	0.18	5.47mw	17-11½ (3.	3/15/25	Jaguar Opener
43	Samantha DEGRACE	FR	Tennessee Wesleyan {2}	0.18	5.47m	17-11½ (0.	4/5/25	Emory Dooley Elite
43	Mackenzie PRINGLE	SO	Columbia (S.C.) {2}	0.18	5.47m	17-11½ (1.	4/19/25	Appalachian (AAC) Outdoor C
43	Brooke WIRKKALA	JR	Rocky Mountain (Mont {2}	0.18	5.47m	17-11½ (1.	4/19/25	Blue Hawk Games
47	Myiah LOGUE	SR	Bethel (Kan.)	0.08	5.46m	17-11 (1.3)	4/19/25	KWU Coyote Classic
47	Jessica GAKERI	SR	#16 Montreat (N.C.)	0.08	5.46m	17-11 (1.4)	3/22/25	Montreat College Open
49	Haley BELLAMY	JR	#12 Central Methodist (Mo	0.03	5.45m	17-10¾ (0.	3/29/25	Central Methodist Invitational
49	Cyan KELSO-REYNOLDS	FR	Bushnell (Ore.)	0.03	5.45m	17-10¾ (0.	4/12/25	John Knight Twilight



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Princess BROWNE	SR	#6 Madonna (Mich.)	33.97	12.44mw	40-9¾ (3.1)	4/11/25	South Florida Invitational (ou	
2	Rosjai CURTIS	FR	Park (Mo.)	30.53	12.20m	40-½ (0.0)	4/18/25	Bryan Clay Invitational	
3	Ahmia DORSEY	SR	Langston (Okla.)	28.23	12.15mw	39-10½ (3.	4/12/25	Jet Relays	
4	Faith BRENNAN	SO	#3 Dickinson State (N.D.)	25.87	12.09m	39-8 (1.3)	4/19/25	Blue Hawk Games	
4	Fegor CLIFFORD	SR	#2 William Carey (Miss.)	25.87	12.09m	39-8 (-2.1)	4/19/25	Jim Mize Invitational	
6	Myesha HALL	SR	Truett-McConnell (Ga.	21.81	12.08m	39-7¾ (0.0)	3/27/25	Thrills In The Hills	
7	Jessica GAKERI	SR	#16 Montreat (N.C.)	19.75	12.07m	39-7¼ (0.4)	3/22/25	Montreat College Open	
8	Fabiana MORALES	SO	#2 William Carey (Miss.) {2}	17.69	12.06m	39-6¾ (1.0)	3/22/25	Alumni Bulldog Relays	
9	Aba SAM	SO	Ottawa (Kan.)	15.39	12.00mw	39-4½ (2.1)	4/19/25	Kansas Relays	
10	Sydney ZYWINA	SR	Lewis-Clark State (Ida	13.15	11.94m	39-2¼ (0.8)	4/11/25	Whitworth Jeffrahn Classic	
11	Selena JOHNSON	JR	Warner (Fla.)	11.08	11.91m	#Error	4/12/25	Pure Athletics Sprint Elite Me	
12	Mackenzie PRINGLE	SO	Columbia (S.C.)	9.96	11.85mw	38-10½ (3.	3/22/25	Alan Connie Shamrock Invitat	
13	Josie GARRETT	JR	#4 Doane (Neb.)	8.94	11.84m	38-10¼ (-1.	4/8/25	Doane Invitational	
14	Anya WALTON	SR	Friends (Kan.)	7.88	11.81mw	38-9 (3.4)	4/3/25	Friends Invitational	
15	Ayla JANZEN	FR	#19 Montana Tech	6.86	11.80mw	38-8¾ (3.2)	4/10/25	Providence Open	
16	April PHILLIPS	SO	Evangel (Mo.)	5.84	11.79m	38-8¼ (-0.4	4/11/25	Mule Relays	
17	Aneesa SHEPPARD	SO	Friends (Kan.) {2}	5.32	11.78mw	38-7¾ (3.4)	3/21/25	TCU Invitational	
17	Alyssa MORLEY	FR	#8 Southeastern (Fla.)	5.32	11.78m	#Error	3/29/25	SSU Tiger Orange and Blue Cl	
19	Makayla BLANGO	SO	Columbia (S.C.) {2}	4.19	11.72mw	38-5½ (3.2)	4/19/25	Appalachian (AAC) Outdoor C	
20	Zaniyah WILSON	JR	#2 William Carey (Miss.) {3}	3.59	11.67mw	38-3½ (2.1)	3/15/25	Jaguar Opener	
21	Adysen MCCARTER	FR	#13 Concordia (Neb.)	2.99	11.62m	38-1½ (0.0)	4/5/25	Concordia (Neb.) Outdoor Inv	
22	Olivia YOUNG	FR	MidAmerica Nazarene	2.26	11.51m	37-9¼ (0.0)	4/12/25	Carl Kight Invitational	
23	Madison KITSON	FR	Brenau (Ga.)	1.74	11.50m	37-8¾ (0.3)	4/19/25	Appalachian (AAC) Outdoor C	
23	Shirmara ANDERSON	JR	#17 Marian (Ind.)	1.74	11.50mw	37-8¾ (2.4)	4/5/25	Joe Walker Invitational	
25	Madison HELTEN	SO	Benedictine (Kan.)	0.98	11.40mw	37-5 (2.4)	4/5/25	Friends Invitational	
26	Rosalyn ROGGASCH	JR	#4 Doane (Neb.) {2}	0.90	11.38m	37-4 (-0.5)	4/11/25	Doane-Nebraska Wesleyan	
27	Myiah LOGUE	SR	Bethel (Kan.)	0.85	11.37m	37-3¾ (0.9)	4/5/25	Friends Invitational	
28	Josi NOBLE	JR	#13 Concordia (Neb.) {2}	0.80	11.29m	37-½ (0.0)	4/5/25	Concordia (Neb.) Outdoor Inv	
29	Hayley LOEWEN	JR	MidAmerica Nazarene {2}	0.75	11.26m	36-11½ (1.	3/29/25	Central Methodist Invitational	
30	Lauren DAVIS	JR	Evangel (Mo.) {2}	0.70	11.25mw	36-11 (2.3)	4/17/25	Pittsburg State Tune-Up	
31	Kyla DAVIS	JR	#4 Doane (Neb.) {3}	0.65	11.22m	36-9¾ (0.7)	4/8/25	Doane Invitational	
31	Yasmine RODGERS	SO	Keiser (Fla.)	0.65	11.22m	36-9¾ (0.0)	3/28/25	Thrills In The Hills	
33	Meeyesha TUTT-MOOTOU	JR	Wiley (Texas)	0.55	11.17mw	36-7¾ (3.2)	3/22/25	Prairie View A&M Relays	
34	Laiklyn STEPHENS	FR	Evangel (Mo.) {3}	0.50	11.16mw	36-7½ (3.3)	4/17/25	Pittsburg State Tune-Up	
35	Claireece CROSS	SO	#12 Central Methodist (Mo	0.45	11.15m	36-7 (0.2)	4/11/25	Mule Relays	
35	Dasia GARLAND	SO	Campbellsville (Ky.)	0.45	11.15m	36-7 (-1.2)	4/18/25	Centre Twilight Meet	
37	Delaney STRAUS	JR	Culver-Stockton (Mo.)	0.35	11.12m	36-5¾ (1.0)	3/15/25	Central Methodist Open	
37	A'Shanti SURREY	SR	Brewton-Parker (Ga.)	0.35	11.12m	36-5¾ (0.6)	4/12/25	Georgia Showdown	
39	Erica XAYARATH	SR	Huntington (Ind.)	0.28	11.11m	36-5½ (0.0)	4/4/25	Indiana Tech April Open	
39	Ta'Mya DAVIS	SO	#12 Central Methodist (Mo) {2}	0.28	11.11m	36-5½ (0.9)	3/15/25	Central Methodist Open	
41	Jazmyne WHITE	SO	Huston-Tillotson (Tex	0.23	11.10mw	36-5 (2.1)	4/17/25	Angelo State Invitational	
42	Montgomery KECK	FR	Columbia (Mo.)	0.20	11.09m	36-4¾ (1.4)	4/11/25	Mule Relays	
43	Pearla TEKO-FOLLY	SO	Viterbo (Wis.)	0.18	11.06mw	36-3½ (3.3)	4/18/25	UW-La Crosse Esten Challeng	
44	Makayla KEFFELER	SR	Indiana Wesleyan	0.15	11.02m	36-2 (0.1)	3/29/25	Pacesetter Sports Invitational	
45	McGee TIA	SO	Brescia (Ky.)	0.13	11.00m	36-1¼ (0.0)	4/18/25	Centre Twilight Meet	
46	Amelia NYAMBUKA	SO	Graceland (Iowa)	0.10	10.97m	36-0 (0.7)	4/19/25	DeBacker Invitational	
47	Jakayla BROWN	FR	Voorhees (S.C.)	0.08	10.96m	35-11½ (-0.	4/5/25	UWG Legends Invitational	
47	Jada PEREZ	SO	Friends (Kan.) {3}	0.08	10.96mw	35-11½ (3.	4/19/25	KWU Coyote Classic	
49	Jaci WOODS	SO	#5 Cumberlands (Ky.)	0.03	10.94m	35-10¾ (1.	4/12/25	The Gordon Bocock Cumberla	
50	Kayli LINCOLN	SO	#9 The Master's (Calif.)	0.01	10.91m	35-9½ (0.3)	2/8/25	Westmont Sunshine Invitatio	



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Sydney DUNCAN	SO	IU Kokomo (Ind.)	37.77		16.60m 54-5½	3/30/25 Yellow Jacket Collegiate Ope
2	Alivia BAUCOM	JR	#4 Doane (Neb.)	30.78		14.67m 48-1¾	4/18/25 Jim Dutcher Memorial
3	Abigail GERBER	SR	#13 Concordia (Neb.)	28.63		14.61m 47-11¼	4/12/25 Bronco Invitational
4	Kori NAGEL	SR	#3 Dickinson State (N.D.)	26.19		14.43m 47-4¼	4/6/25 Al Bortke Open
5	Lauren CIMA	FR	Providence (Mont.)	23.55		14.07mA 46-2	4/10/25 Providence Open
6	Chloe GUNDERSON	SR	#3 Dickinson State (N.D.)	21.52		14.05m 46-1¼	4/19/25 Blue Hawk Games
7	Ozofu MAGAJI	FR	#17 Marian (Ind.)	19.41		13.99m 45-10¾	3/29/25 Pacesetter Sports Invitational
8	Michelle DADSON	SR	#1 British Columbia	17.13		13.83m 45-4½	3/29/25 British Columbia Open
9	Abby MAGNUSON	SR	Dakota Wesleyan (S.D.)	15.04		13.78m 45-2½	4/5/25 South Dakota Early Bird
10	Claire CASPERSEN	SR	College of Saint Mary (12.95		13.73m 45-½	4/18/25 Jim Dutcher Memorial
11	Victoria LOTZ	SR	MidAmerica Nazarene	2.86	D	13.67m 44-10¼	3/22/25 Spire Distance Carnival & Tea
12	Madison HEUSINKVELT	FR	#4 Doane (Neb.) {2}	9.84		13.65m 44-9½	4/18/25 Jim Dutcher Memorial
13	Zoe VLK	SO	#15 Cumberland (Tenn.)	8.78		13.58m 44-6¾	4/12/25 Fast Break Athletics Invitation
14	Maggie HEESCH	JR	Midland (Neb.)	7.72		13.51m 44-4	4/16/25 Red Raider Open
15	Taylor LAUMEYER	JR	#3 Dickinson State (N.D.)	6.61		13.39m 43-11¼	3/27/25 Yellowjackets Open
16	Harper BOCHE	FR	#13 Concordia (Neb.) {2}	5.58		13.36m 43-10	4/18/25 Jim Dutcher Memorial
17	Amanda GUSTAFSON	SO	#23 Olivet Nazarene (Ill.)	4.99		13.27m 43-6½	4/19/25 Indiana State Gibson Invitatio
18	Merideth DEVRIES	SR	Indiana Wesleyan	4.46		13.23m 43-5	3/22/25 Polar Bear Invitational (Indian
19	Kloey PICKENS	SR	Columbia Internation	3.86		13.12m 43-½	4/4/25 Tornado Classic
20	Bella MAXWELL	SO	Dakota State (S.D.)	3.32		13.08m 42-11	4/12/25 Minnesota State Open
21	Alecia PARKER	JR	Bethel (Ind.)	2.80		13.06m 42-10¼	4/4/25 Indiana Tech April Open
22	Kaylyn POWERS	SR	Hannibal-LaGrange (2.15		12.90m 42-4	4/18/25 Culver-Stockton Wildcat Ope
23	Tatiana MARTINEZ	SR	Providence (Mont.) {2}	1.63		12.87mA 42-2¾	4/10/25 Providence Open
24	Kara ALEXANDER	FR	McPherson (Kan.)	1.12		12.86m 42-2¼	4/12/25 Wichita State K.T. Woodman I
25	MarieAnge MOUSSIGNAC	JR	#8 Southeastern (Fla.)	1.06		12.85m 42-2	4/5/25 Embry-Riddle Running Eleme
26	Cara SHULTZ	SO	McPherson (Kan.) {2}	0.98		12.82m 42-¾	3/29/25 Oklahoma Baptist Invitational
27	Payton CAST	FR	#4 Doane (Neb.) {3}	0.89		12.78m 41-11¼	4/11/25 Doane-Nebraska Wesleyan
27	Mia GRAY	FR	Wayland Baptist (Tex	0.89		12.78mA 41-11¼	4/3/25 Masked Rider Outdoor Open
29	Madison SUTTON	SR	#4 Doane (Neb.) {4}	0.77		12.75m 41-10	4/18/25 Jim Dutcher Memorial
29	Kady VANDEMARK	JR	Graceland (Iowa)	0.77		12.75m 41-10	4/11/25 Mule Relays
31	Grace DEAN	FR	#4 Doane (Neb.) {5}	0.65		12.72m 41-8¾	4/11/25 Doane-Nebraska Wesleyan
32	Delaney BURGE	SO	#4 Doane (Neb.) {6}	0.60		12.71m 41-8½	4/18/25 Jim Dutcher Memorial
33	Jamie SIEROCKI	JR	Saint Xavier (Ill.)	0.55		12.64m 41-5¾	4/13/25 Olivet Nazarene Tiger Open
34	Brenna HELD	JR	Jamestown (N.D.)	0.50		12.63m 41-5¼	4/11/25 NDSU Spring Classic
35	Darci DAWSON	SR	Columbia (S.C.)	0.45		12.62m 41-5	3/22/25 Alan Connie Shamrock Invitat
36	Emma TERRY	JR	#8 Southeastern (Fla.) {2}	0.40		12.60m 41-4¼	3/8/25 Eagle Invitational
37	Alician GARCIA	SR	#3 Dickinson State (N.D.)	0.35		12.56m 41-2½	3/27/25 Yellowjackets Open
38	Kena LEONARD	FR	Ottawa (Kan.)	0.30		12.55m 41-2¼	3/28/25 Emporia State Relays
39	Brianna NEUMILLER	SO	St. Ambrose (Iowa)	0.28		12.52m 41-1	4/12/25 Mustang Distance Carnival &
40	Evie SCOLES	SR	John Brown (Ark.)	0.25		12.51m 41-½	4/17/25 Pittsburg State Tune-Up
41	Jerrica BRYANT	SO	Brenau (Ga.)	0.23		12.50m 41-¼	4/19/25 Appalachian (AAC) Outdoor C
42	Akiyah ASH	JR	#14 Siena Heights (Mich.)	0.20		12.48m 40-11½	4/18/25 Hillsdale Gina Relays
43	Gabi BILBREY	SO	#17 Marian (Ind.) {2}	0.18		12.47m 40-11	4/18/25 Marian Easter Throws Open
44	Ava CONRAD	SR	Mount Mercy (Iowa)	0.15		12.46m 40-10½	3/29/25 Central Methodist Invitational
44	Fran TRAVIS	FR	Dordt (Iowa)	0.15		12.46m 40-10½	4/16/25 Red Raider Open
46	Reagan CHEATHAM	SO	#10 Lindsey Wilson (Ky.)	0.10		12.45m 40-10¼	3/22/25 Alan Connie Shamrock Invitat
46	Savianna JOSEPH	FR	#11 St. Thomas (Fla.)	0.10		12.45m 40-10¼	3/8/25 St. Thomas Under the Lights
48	Abigail MCBEAN	SO	Carroll (Mont.)	0.05		12.41mA 40-8¾	4/5/25 Fighting Saints Open
48	Shyanne MOSER	JR	Mount Vernon Nazare	0.05		12.41m 40-8¾	3/30/25 Denison Lid-Lifter
50	Oliviya THORNTON	JR	Dakota State (S.D.) {2}	0.01		12.38m 40-7½	4/12/25 Minnesota State Open



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Madison SUTTON	SR	#4 Doane (Neb.)	33.96		50.39m	165-4	3/28/25	Central Nebraska Challenge
2	Taylor LAUMEYER	JR	#3 Dickinson State (N.D.)	31.32		49.62m	162-10	4/19/25	Blue Hawk Games
3	Alivia BAUCOM	JR	#4 Doane (Neb.) {2}	28.85		49.06m	161-0	3/28/25	Central Nebraska Challenge
4	Sydney DUNCAN	SO	IU Kokomo (Ind.)	26.59		48.74m	159-11	4/19/25	Al Owens Classic
5	Kori NAGEL	SR	#3 Dickinson State (N.D.) {2}	4.05	D	47.87m	157-1	4/6/25	Al Bortke Open
6	Makenna WALHOF	SO	Dordt (Iowa)	21.93		47.67m	156-5	4/5/25	South Dakota Early Bird
7	Fran TRAVIS	FR	Dordt (Iowa) {2}	19.85		47.53m	155-11	4/16/25	Red Raider Open
8	Tatiana MARTINEZ	SR	Providence (Mont.)	17.50		46.92m	153-11	3/27/25	Yellowjackets Open
9	Victoria LOTZ	SR	MidAmerica Nazarene	15.15		46.17m	151-6	3/30/25	Zach Kindler Wildcat Open
10	Grace DEAN	FR	#4 Doane (Neb.) {3}	13.02		45.74m	150-1	3/28/25	Central Nebraska Challenge
11	Chloe GUNDERSON	SR	#3 Dickinson State (N.D.) {3}	10.95		45.52m	149-4	4/6/25	Al Bortke Open
12	Merideth DEVRIES	SR	Indiana Wesleyan	9.92		45.41m	149-0	3/29/25	Pacesetter Sports Invitational
13	Princess KARA	SR	Indiana Wesleyan {2}	8.78		44.94m	147-5	4/12/25	Indiana Little State Invitation
14	Charity JOHNSON	FR	#22 Xavier (La.)	7.71		44.71m	146-8	3/29/25	Southern Miss Invitational
14	Gabi BILBREY	SO	#17 Marian (Ind.)	7.71		44.71m	146-8	3/22/25	Polar Bear Invitational (Indian
16	Lauren CIMA	FR	Providence (Mont.) {2}	2.69	D	44.64m	146-6	3/27/25	Yellowjackets Open
17	Alyssa STRIEGEL	SR	Mount Mercy (Iowa)	5.06		44.21m	145-1	3/29/25	Central Methodist Invitational
18	Mary LORANG	FR	Benedictine (Kan.)	4.55		44.16m	144-11	4/11/25	Mule Relays
19	Ava CONRAD	SR	Mount Mercy (Iowa) {2}	3.93		43.77m	143-7	4/12/25	Mustang Distance Carnival &
20	Maelie HOPE	SO	Aquinas (Mich.)	3.37		43.56m	142-11	4/5/25	GVSU Early Meet
21	Brianna NEUMILLER	SO	St. Ambrose (Iowa)	2.77		43.24m	141-11	4/12/25	Mustang Distance Carnival &
22	Lanae CROWE	SR	Grace (Ind.)	2.21		43.04m	141-3	3/30/25	Yellow Jacket Collegiate Ope
23	Bri NICHOLS	JR	Indiana Wesleyan {3}	1.70		43.01m	141-2	4/18/25	Marian Easter Throws Open
24	Marquia WHITE	JR	Reinhardt (Ga.)	1.13		42.76m	140-4	4/19/25	Appalachian (AAC) Outdoor C
25	Cara SHULTZ	SO	McPherson (Kan.)	1.06		42.69m	140-1	4/19/25	KWU Coyote Classic
26	Rebecca EACKER	JR	#3 Dickinson State (N.D.) {4}	1.00		42.68m	140-1	4/11/25	NDSU Spring Classic
27	Claire MEACHAM	JR	Cornerstone (Mich.)	0.92		42.58m	139-9	4/5/25	GVSU Early Meet
28	Abby MAGNUSON	SR	Dakota Wesleyan (S.D.)	0.80		42.33m	138-11	4/12/25	Sioux City Relays
29	Carissa KOLLE	FR	#13 Concordia (Neb.)	0.75		42.19m	138-5	4/12/25	Bronco Invitational
30	Abigail GERBER	SR	#13 Concordia (Neb.) {2}	0.70		42.12m	138-2	4/5/25	Concordia (Neb.) Outdoor Inv
31	Delaney BURGE	SO	#4 Doane (Neb.) {4}	0.65		42.07m	138-0	3/28/25	Central Nebraska Challenge
32	Marta PIANTANIDA	FR	Baker (Kan.)	0.60		42.02m	137-11	3/30/25	Zach Kindler Wildcat Open
33	Harper BOCHE	FR	#13 Concordia (Neb.) {3}	0.55		41.94m	137-7	4/12/25	Bronco Invitational
34	Carlee BEENEY	SO	Cleary (Mich.)	0.50		41.90m	137-6	4/18/25	Hillsdale Gina Relays
35	Miel JOHNSON	FR	#11 St. Thomas (Fla.)	0.45		41.65m	136-8	4/19/25	STU Open 3
36	Zoe VLK	SO	#15 Cumberland (Tenn.)	0.40		41.56m	136-4	4/5/25	Tennessee Invite
37	Lisa SCHOEN	FR	Tennessee Wesleyan	0.35		41.46m	136-0	4/19/25	Appalachian (AAC) Outdoor C
38	Kali BROWN	JR	#12 Central Methodist (Mo	0.30		41.39m	135-10	4/11/25	Mule Relays
39	Hadleigh FILIPOVIVH	FR	#17 Marian (Ind.) {2}	0.28		41.25m	135-4	4/18/25	Marian Easter Throws Open
40	Jade AZURE	SR	Valley City State (N.D.)	0.25		41.09m	134-10	3/22/25	Marauders Outdoor Opener
41	Sara DIEW	JR	Midland (Neb.)	0.23		40.97m	134-5	3/28/25	Central Nebraska Challenge
42	Avari BATT	JR	Providence (Mont.) {3}	0.20		40.94mA	134-4	4/10/25	Providence Open
43	Oliviya THORNTON	JR	Dakota State (S.D.)	0.18		40.82m	133-11	4/12/25	Minnesota State Open
44	Shelby MILLS	JR	Morningside (Iowa)	0.15		40.71m	133-7	4/16/25	Red Raider Open
45	Grace KELLEY	JR	Mount Mercy (Iowa) {3}	0.13		40.70m	133-7	3/29/25	Central Methodist Invitational
46	Bailey HOFLAND	JR	#3 Dickinson State (N.D.) {5}	0.10		40.63m	133-4	4/6/25	Al Bortke Open
46	Deneara MBOUG	JR	Indiana Tech	0.10		40.63m	133-4	4/18/25	Marian Easter Throws Open
48	Kaylie LOTSPEICH	SO	#4 Doane (Neb.) {5}	0.05		40.35m	132-5	4/11/25	Doane-Nebraska Wesleyan
49	Tessa MOZZI	SR	Indiana Wesleyan {4}	0.03		40.18m	131-10	4/18/25	Marian Easter Throws Open
50	Audrey BAKER	FR	Ave Maria (Fla.)	0.01		40.01m	131-3	3/8/25	St. Thomas Under the Lights



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Victoria LOTZ	SR	MidAmerica Nazarene	36.65		59.02m	193-8	4/19/25	Kansas Relays
2	Kori NAGEL	SR	#3 Dickinson State (N.D.)	31.52		55.54m	182-3	4/19/25	Blue Hawk Games
3	Bella HALL	JR	#1 British Columbia	28.78		54.72m	179-7	3/29/25	British Columbia Open
4	Mackenzie LINNENBRINK	FR	Columbia (Mo.)	25.75		53.30m	174-11	4/5/25	Lincoln University Open
5	Gabriella PEITZMEIER	SR	Dakota State (S.D.)	23.59		53.04m	174-0	4/18/25	Maverick Invitational
6	Michelle DADSON	SR	#1 British Columbia {2}	21.38		52.70m	172-11	3/20/25	PV/ALTIS Invite
6	Tara KOONCE	SR	#7 Life (Ga.)	21.38		52.70m	172-11	4/19/25	Georgia Tech Invitational
8	Lauren CURTIS	FR	#1 British Columbia {3}	17.26		52.49m	172-3	4/18/25	Bryan Clay Invitational
9	Abi WOHLGEMUTH	SR	#13 Concordia (Neb.)	14.94		51.97m	170-6	4/12/25	Bronco Invitational
10	Star HERRON	SR	#20 College of Idaho	12.88		51.81m	170-0	4/4/25	Whitworth Peace Meet
11	Madison SUTTON	SR	#4 Doane (Neb.)	10.86		51.75m	169-10	3/28/25	Central Nebraska Challenge
12	Lauren CIMA	FR	Providence (Mont.)	9.80		51.55mA	169-2	4/18/25	Trudnowski Open
13	Abby GREEN	JR	Friends (Kan.)	8.78		51.49m	168-11	4/5/25	Friends Invitational
14	Kady VANDEMARK	JR	Graceland (Iowa)	7.74		51.35m	168-6	4/11/25	Mule Relays
15	Maggie HEESCH	JR	Midland (Neb.)	6.63		51.01m	167-4	4/16/25	Red Raider Open
16	Taylor LAUMEYER	JR	#3 Dickinson State (N.D.) {2}	2.63	D	51.00m	167-4	4/19/25	Blue Hawk Games
17	Katelyn PUTZ	FR	#1 British Columbia {4}	5.12		50.99m	167-4	3/22/25	Willie Williams/Dave Murray D
18	Oliviya THORNTON	JR	Dakota State (S.D.) {2}	4.55		50.77m	166-7	4/12/25	Minnesota State Open
19	Bri NICHOLS	JR	Indiana Wesleyan	4.04		50.73m	166-5	3/22/25	Polar Bear Invitational (Indian
20	Makenna WALHOF	SO	Dordt (Iowa)	3.52		50.65m	166-2	3/28/25	Wildcat Classic
21	Mia KNIGGE	JR	#4 Doane (Neb.) {2}	2.95		50.45m	165-6	4/18/25	Jim Dutcher Memorial
22	Abigail GERBER	SR	#13 Concordia (Neb.) {2}	2.27		49.87m	163-8	4/5/25	Concordia (Neb.) Outdoor Inv
23	Deneara MBOUG	JR	Indiana Tech	1.74		49.78m	163-4	4/18/25	Marian Easter Throws Open
24	Alyssa HALL	SR	Benedictine (Kan.)	1.16		49.51m	162-5	4/11/25	Mule Relays
25	MarieAnge MOUSSIGNAC	JR	#8 Southeastern (Fla.)	1.00		49.17m	161-4	4/5/25	Embry-Riddle Running Eleme
26	Claire MEACHAM	JR	Cornerstone (Mich.)	0.90		49.01m	160-10	4/5/25	GVSU Early Meet
27	Bella MAXWELL	SO	Dakota State (S.D.) {3}	0.85		48.92m	160-6	4/12/25	Minnesota State Open
28	Maren HETTINGA	JR	Dordt (Iowa) {2}	0.80		48.82m	160-2	4/16/25	Red Raider Open
29	Gabrielle TATA-RODRIGUE	SR	Corban (Ore.)	0.75		48.58mA	159-5	4/19/25	Oregon Tech Invite
30	Rebecca EACKER	JR	#3 Dickinson State (N.D.) {3}	0.70		48.50m	159-2	4/19/25	Blue Hawk Games
31	Alician GARCIA	SR	#3 Dickinson State (N.D.) {4}	0.65		48.26m	158-4	3/27/25	Yellowjackets Open
32	Courtney BUTLER	SO	#17 Marian (Ind.)	0.60		48.00m	157-6	4/18/25	Marian Easter Throws Open
33	Caley BLOSSER	SR	MidAmerica Nazarene {2}	0.55		47.49m	155-10	4/12/25	Carl Kight Invitational
34	Lynne TORMOEHLN	SR	Dordt (Iowa) {3}	0.50		47.41m	155-7	4/16/25	Red Raider Open
35	Kylee HASSELMANN	JR	Hastings (Neb.)	0.45		47.40m	155-6	4/18/25	Jim Dutcher Memorial
36	Grace JONES	SR	Truett-McConnell (Ga.	0.40		47.36m	155-5	4/19/25	Appalachian (AAC) Outdoor C
36	Doreshia MCALLISTER	SO	Columbia (S.C.)	0.40		47.36m	155-5	4/5/25	High Point VertKlasse Meeting
38	Marissa HEINS	SO	#13 Concordia (Neb.) {3}	0.30		47.26m	155-1	4/5/25	Concordia (Neb.) Outdoor Inv
39	Keeley HUGHES	SR	#17 Marian (Ind.) {2}	0.28		46.85m	153-9	4/12/25	Indiana Little State Invitation
40	Naiyah LANDRUM	SR	Park (Mo.)	0.25		46.73m	153-4	4/4/25	Emporia State Midwest Classi
41	Savannah COBLENTZ	FR	Oklahoma Panhandle	0.23		46.64m	153-0	4/12/25	McMurry War Hawk Classic
42	Kali BROWN	JR	#12 Central Methodist (Mo	0.20		46.59m	152-10	4/18/25	Culver-Stockton Wildcat Ope
43	Jaina BAILEY	JR	Shawnee State (Ohio)	0.18		46.42m	152-4	4/12/25	Fast Break Athletics Invitation
44	Marquia WHITE	JR	Reinhardt (Ga.)	0.15		46.41m	152-3	4/5/25	Emory Dooley Elite
45	Reagan CHEATHAM	SO	#10 Lindsey Wilson (Ky.)	0.13		46.29m	151-11	4/12/25	The Gordon Bocock Cumberla
46	Donny SHARP	SR	Culver-Stockton (Mo.)	0.10		46.23m	151-8	3/29/25	Central Methodist Invitational
47	Sara DIEW	JR	Midland (Neb.) {2}	0.08		46.22m	151-8	4/16/25	Red Raider Open
48	Tatiana MARTINEZ	SR	Providence (Mont.) {2}	0.05		46.21m	151-7	3/27/25	Yellowjackets Open
49	Anaya CANTY	SR	Columbia (S.C.) {2}	0.03		46.03m	151-0	4/19/25	Appalachian (AAC) Outdoor C
50	Jenna GLEASON	SR	Dordt (Iowa) {4}	0.01		45.98m	150-10	3/28/25	Wildcat Classic



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Mary LORANG	FR	Benedictine (Kan.)	33.84	45.07m	147-11	3/30/25	Zach Kindler Wildcat Open
2	Sarah SNELL	SO	#1 British Columbia	30.86	44.22m	145-1	4/17/25	Cal State LA Twilight
3	Mayce RUSSELL	FR	Kansas Wesleyan	28.70	44.08m	144-8	3/23/25	Bethel (Kan.) College Open
4	Maddy WOLF	FR	Kansas Wesleyan {2}	26.65	44.04m	144-6	4/12/25	Wichita State K.T. Woodman I
5	Jenna JORDAN	SR	#19 Montana Tech	24.14	43.58mA	143-0	4/18/25	Trudnowski Open
6	Codi NAGLE	FR	#3 Dickinson State (N.D.)	21.95	43.33m	142-2	4/19/25	Blue Hawk Games
7	Kendra ODEGARD	SR	Valley City State (N.D.)	19.66	42.97m	141-0	4/19/25	Al Cassell Classic
8	Shelbey KLEIN	JR	Providence (Mont.)	17.53	42.80mA	140-5	4/18/25	Trudnowski Open
9	Haylee WHITCRAFT	FR	#23 Olivet Nazarene (Ill.)	15.33	42.55m	139-7	4/19/25	Indiana State Gibson Invitatio
10	Davanna COLLIE	JR	#11 St. Thomas (Fla.)	13.13	42.21m	138-6	4/19/25	STU Open 3
11	Isabelle AALDERS	FR	#15 Cumberland (Tenn.)	11.08	42.08m	138-1	4/12/25	Fast Break Athletics Invitation
12	Allison THOMAS	SO	Evangel (Mo.)	9.91	41.67m	136-9	4/17/25	Pittsburg State Tune-Up
13	Isabelle MATTHEWS	JR	Clarke (Iowa)	8.86	41.54m	136-4	4/15/25	Loras Mid-Week Meet
14	Emma LONGUEUAY	FR	Indiana Tech	7.82	41.46m	136-0	4/12/25	Indiana Little State Invitation
15	Julie COFFEY	JR	Baker (Kan.)	6.76	41.30m	135-6	4/11/25	Mule Relays
16	Avery SPENCER	SR	#23 Olivet Nazarene (Ill.) {2}	5.67	41.07m	134-9	4/19/25	Indiana State Gibson Invitatio
17	Casey OLSON	SO	Dakota State (S.D.)	5.13	40.99m	134-6	4/12/25	Minnesota State Open
18	Hannah BOERSEMA	JR	Saint Francis (Ind.)	4.57	40.84m	134-0	3/21/25	Blizzard Buster
19	Trinity GOTTLER	SO	Midway (Ky.)	3.92	40.46m	132-9	3/29/25	Landon Bond Invitational
20	Delaney BURGE	SO	#4 Doane (Neb.)	3.39	40.38m	132-6	4/18/25	Jim Dutcher Memorial
21	Havyn VANDENACRE	FR	Providence (Mont.) {2}	2.87	40.34m	132-4	3/15/25	Battlin' Bears/Yellowjacket Ic
22	Brei CHRISTOFFER	SO	Clarke (Iowa) {2}	2.29	40.14m	131-9	4/18/25	Augustana (Ill.) Meet of Cham
23	Gretchen STOTTLEMYRE	SR	#13 Concordia (Neb.)	1.66	39.83m	130-8	4/12/25	Bronco Invitational
23	Keelyn O'REILLY	SR	Corban (Ore.)	1.66	39.83m	130-8	3/20/25	Corban-Willamette Dual
25	Joana VAKASOBUDURU	JR	#12 Central Methodist (Mo)	1.02	39.61m	130-0	3/29/25	Central Methodist Invitational
26	Rian BOUB	SR	Ottawa (Kan.)	0.95	39.55m	129-9	3/28/25	Emporia State Relays
27	Lilly PETERS	FR	Briar Cliff (Iowa)	0.85	39.33m	129-1	4/16/25	Red Raider Open
28	Cambrie FISCHER	FR	Jamestown (N.D.)	0.80	38.88m	127-7	4/11/25	NDSU Spring Classic
29	Madalynn RHODES	SR	College of Saint Mary (0.75	38.74m	127-1	4/11/25	Jim Duncan Invitational
30	Gianna ANDERSON	SO	Lewis-Clark State (Ida)	0.70	38.72m	127-1	4/17/25	Whitworth Twilight
31	Mattie POHL	SO	#4 Doane (Neb.) {2}	0.65	38.38m	125-11	4/18/25	Jim Dutcher Memorial
32	Adrienne WASHINGTON	JR	#25 Eastern Oregon	0.60	38.21m	125-5	4/4/25	Whitworth Peace Meet
33	Kalli SUTTON	SO	#4 Doane (Neb.) {3}	0.55	38.20m	125-4	4/11/25	Doane-Nebraska Wesleyan
34	Paige ERHARDT	SR	Jamestown (N.D.) {2}	0.50	38.10m	125-0	3/22/25	Marauders Outdoor Opener
35	Ellie LLOYD	FR	Hastings (Neb.)	0.45	37.98m	124-7	4/18/25	Jim Dutcher Memorial
36	Abigail CRUZ	JR	Reinhardt (Ga.)	0.40	37.71m	123-9	4/5/25	Emory Dooley Elite
37	Tyra OPPERMAN	SO	#19 Montana Tech {2}	0.35	37.58mA	123-4	4/18/25	Trudnowski Open
38	Katelyn CHRISTENSEN	JR	Carroll (Mont.)	0.30	37.53mA	123-2	4/5/25	Fighting Saints Open
39	Emma TERRY	JR	#8 Southeastern (Fla.)	0.28	37.44m	122-10	3/30/25	SSU Tiger Orange and Blue Cl
40	Carissa KOLLE	FR	#13 Concordia (Neb.) {2}	0.25	37.25m	122-3	4/12/25	Bronco Invitational
41	Madison MACMILLAN	SR	#25 Eastern Oregon {2}	0.23	37.24m	122-2	3/15/25	Nighthawks Opener
42	Emma LAWSON	SO	Missouri Baptist	0.20	37.23m	122-2	4/12/25	Cougar Classic (SIUE)
43	Madison HEUSINKVELT	FR	#4 Doane (Neb.) {4}	0.18	37.21m	122-1	4/18/25	Jim Dutcher Memorial
44	Sadie HANSEN	SR	Valley City State (N.D.) {2}	0.15	37.19m	122-0	4/19/25	Al Cassell Classic
45	Avery BRINCAT	SO	#8 Southeastern (Fla.) {2}	0.13	37.11m	121-9	4/11/25	Keiser Twilight Invitational
46	Liepa BAJARUNAS	JR	#1 British Columbia {2}	0.10	37.06m	121-7	4/12/25	
47	MacKenzie LAYNG	FR	Providence (Mont.) {3}	0.08	36.97mA	121-4	4/10/25	Providence Open
48	Mary WHITESIDE	SO	Benedictine (Kan.) {2}	0.05	36.96m	121-3	4/11/25	Mule Relays
49	Ryleigh WARDEN	JR	St. Ambrose (Iowa)	0.03	36.94m	121-3	4/18/25	Augustana (Ill.) Meet of Cham
50	Mikayla GALE	SR	Bryan (Tenn.)	0.01	36.85m	120-11	4/12/25	Fast Break Athletics Invitation



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Abi STEVENS	SR #21 Southern Oregon	33.90	4,995c	(4995A)	4/18/25	Cascade Championships [Co
2	Abby CLARK	SR #19 Montana Tech	31.38	4,902c	(4902A)	4/18/25	Trudnowski Open
3	Adrienne WASHINGTON	JR #25 Eastern Oregon	28.64	4,771c	(4771A)	4/18/25	Cascade Championships [Co
4	Kaitlyn MCCOLLY	SR #3 Dickinson State (N.D.)	26.20	4,682		4/16/25	NSAA Combined Event Cham
5	Haley BELLAMY	JR #12 Central Methodist (Mo	23.98	4,625		3/29/25	Central Methodist Invitational
6	Chaney NELSON	SO #4 Doane (Neb.)	21.91	4,607		4/18/25	Jim Dutcher Memorial
7	Mya HINES	SO #5 Cumberlands (Ky.)	19.90	4,605		4/5/25	Electric City Invitational
8	Kerrigan MYERS	SR Midland (Neb.)	17.53	4,510		4/5/25	Friends Invitational
9	Avery POPPE	FR Viterbo (Wis.)	15.34	4,461		4/18/25	UW-La Crosse Esten Challeng
10	Amelie STEINS	SO Dakota State (S.D.)	13.16	4,375		4/16/25	NSAA Combined Event Cham
11	Delaney STRAUS	JR Culver-Stockton (Mo.)	11.04	4,320		3/29/25	Central Methodist Invitational
12	Emma MUGGLI	SO Valley City State (N.D.)	9.91	4,257		4/16/25	NSAA Combined Event Cham
13	Lucy CAREY	FR Hastings (Neb.)	8.81	4,211		4/18/25	Jim Dutcher Memorial
14	Mattie SHIRTS	SO #20 College of Idaho	7.81	4,209c	(4209A)	4/18/25	Cascade Championships [Co
15	Josi NOBLE	JR #13 Concordia (Neb.)	6.77	4,193		4/18/25	Jim Dutcher Memorial
16	Emma BARNES	JR #16 Montreat (N.C.)	5.74	4,176		4/5/25	Electric City Invitational
17	Maria CONNEALY	SO Benedictine (Kan.)	5.13	4,127		4/5/25	Friends Invitational
18	Katelyn CHRISTENSEN	JR Carroll (Mont.)	4.61	4,117c	(4117A)	4/18/25	Trudnowski Open
19	Emma HARBERT	SR Indiana Wesleyan	4.09	4,109		4/19/25	Indiana State Gibson Invitatio
20	Erin PEASE	SO Union (Ky.)	3.41	4,021		4/19/25	Appalachian (AAC) Outdoor C
21	Sarah PIMBLETT	JR #1 British Columbia	2.81	3,973		3/29/25	British Columbia Open
22	Charlize DAVIS	SO Rocky Mountain (Mont	2.25	3,948c	(3948A)	4/5/25	Fighting Saints Open
23	Emma KUCERA	SO #13 Concordia (Neb.) {2}	1.59	3,872		4/18/25	Jim Dutcher Memorial
24	Dayle HAAKE	FR #4 Doane (Neb.) {2}	1.08	3,867		4/18/25	Jim Dutcher Memorial
25	Morgan WOOD	JR Ozarks (Mo.)	0.95	3,827		3/29/25	SBU Bearcat Invitational
26	Allison TEED	JR Spring Arbor (Mich.)	0.90	3,808		3/22/25	Lee Invitational
27	Alonna NALLS	SO #23 Olivet Nazarene (Ill.)	0.85	3,804		4/17/25	Hillsdale Mid-Week Multi
28	Zailee POULSON	SR Hastings (Neb.) {2}	0.80	3,803		4/18/25	Jim Dutcher Memorial
29	Lisa SCHOEN	FR Tennessee Wesleyan	0.75	3,678		3/22/25	Lee Invitational
30	Alessandra IONESCU-ZANETTI	SO #1 British Columbia {2}	0.70	3,676		3/29/25	British Columbia Open
31	Casey OLSON	SO Dakota State (S.D.) {2}	0.65	3,664		4/16/25	NSAA Combined Event Cham
32	Blanca SIEMES	FR Clarke (Iowa)	0.60	3,661		4/18/25	Augustana (Ill.) Meet of Cham
33	Addison REIMER	SO #13 Concordia (Neb.) {3}	0.55	3,657		4/18/25	Jim Dutcher Memorial
34	Kennedee CANALES	FR #13 Concordia (Neb.) {4}	0.50	3,652		4/18/25	Jim Dutcher Memorial
35	Lucy LOVELACE	JR Arizona Christian	0.45	3,603		3/28/25	Mesa Multis
36	Jaci WOODS	SO #5 Cumberlands (Ky.) {2}	0.40	3,590		4/5/25	Electric City Invitational
37	Dakota BUSSEN	FR #20 College of Idaho {2}	0.35	3,551c	(3551A)	4/18/25	Cascade Championships [Co
38	Grace COGGINS	FR #8 Southeastern (Fla.)	0.30	3,536		4/5/25	Embry-Riddle Running Eleme
39	Isabelle RAASCH	JR Multnomah (Ore.)	0.28	3,526		3/25/25	Boxer Combined Events
40	Ambar FULGENCIO	JR Graceland (Iowa)	0.25	3,522		3/29/25	Central Methodist Invitational
41	Jennifer LUMKES	FR Dordt (Iowa)	0.23	3,509		4/16/25	Red Raider Open
42	Anna HUME	FR Carroll (Mont.) {2}	0.20	3,374c	(3374A)	4/18/25	Trudnowski Open
43	Abby SCHOPPER	FR York (Neb.)	0.18	3,353		4/18/25	Jim Dutcher Memorial
44	Lauren MALY	FR #4 Doane (Neb.) {3}	0.15	3,339		4/18/25	Jim Dutcher Memorial
45	Amelia NYAMBUKA	SO Graceland (Iowa)	0.13	3,225		3/29/25	Central Methodist Invitational
46	Hannah NEWTON	SR Midland (Neb.) {2}	0.10	3,178		4/5/25	Friends Invitational
47	Jennaya COUCOULES	FR Brenau (Ga.)	0.08	3,101		4/19/25	Appalachian (AAC) Outdoor C
48	Skylar MORRIS	FR Nelson (Texas)	0.05	2,999		3/29/25	Oklahoma Baptist Invitational
49	Robyn PUENTE	FR Nelson (Texas) {2}	0.03	2,960		3/29/25	Oklahoma Baptist Invitational
50	Audrey VENNESLAND	FR #1 British Columbia {3}	0.01	2,796		3/29/25	British Columbia Open