



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

1

unch

1

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best		Date	Pl. Pts.	Bonus	TOTAL
► PV	1	Sonya URBANOWICZ	JR	4.20m	13-9¼	4/19/25	30	4.85	34.85
► PV	43	Lucia RUEPPELL	FR	3.27m	10-8¾	4/12/25	0.175	0.00	0.18
► LJ	11	Amelia CHA	SO	5.78m	18-11¾ (1.3)	3/29/25	10	0.81	10.81
► SP	8	Michelle DADSON	SR	13.83m	45-4½	3/29/25	16	1.13	17.13
► HT	3	Bella HALL	JR	54.72m	179-7	3/29/25	26	2.78	28.78
► HT	6	Michelle DADSON	SR	52.70m	172-11	3/20/25	20	1.38	21.38
► HT	8	Lauren CURTIS	FR	52.49m	172-3	4/18/25	16	1.26	17.26
► HT	17	Katelyn PUTZ	FR	50.99m	167-4	3/22/25	4.5	0.62	5.12
► JAV	2	Sarah SNELL	SO	44.22m	145-1	4/17/25	28	2.86	30.86
► JAV	46	Liepa BAJARUNAS	JR	37.06m	121-7	4/12/25	0.1	0.00	0.10
► HEPT	21	Sarah PIMBLETT	JR	3,973		3/29/25	2.5	0.31	2.81
► HEPT	30	Alessandra IONESCU-ZANETTI	SO	3,676		3/29/25	0.7	0.00	0.70
► HEPT	50	Audrey VENNESLAND	FR	2,796		3/29/25	0.01	0.00	0.01
BRITISH COLUMBIA TFRI Team Total									715.70



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

2

SSAC



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	2	Denai WILSON	JR	11.50w (2.4)	4/19/25	28	2.71	30.71
▶ 100m	3	Tyese SMITH	JR	11.52 (1.5)	3/22/25	26	2.55	28.55
▶ 100m	15	Syniah SIMS	SO	11.83w (2.6)	3/29/25	6	0.65	6.65
▶ 100m	35	Salieci MYLES	SR	12.06w (2.4)	4/19/25	0.45	0.05	0.50
▶ 100H	3	Salieci MYLES	SR	13.57 (0.2)	3/22/25	26	2.99	28.99
▶ 200m	5	Denai WILSON	JR	23.88 (0.7)	3/22/25	22	2.28	24.28
▶ 200m	32	Tyese SMITH	JR	24.92 (-0.2)	3/22/25	0.6	0.08	0.68
▶ 200m	39	Ja'Niya MCDONALD	JR	24.99 (-0.4)	3/22/25	0.275	0.00	0.28
▶ 400m	39	Jennifer EZEOKA	JR	58.08	4/19/25	0.275	0.07	0.35
▶ 400H	3	Fegor CLIFFORD	SR	1:01.08	4/19/25	26	2.28	28.28
▶ 800m	22	Maria TIRADO	SO	2:15.08	4/19/25	2	0.36	2.36
▶ Steeple	34	Blanca CONESA	SR	11:54.81	3/29/25	0.5	0.00	0.50
▶ 4x100	1	Tyese Smith, Denai Wilson, Salieci Myles, Syniah Sims		45.46	3/29/25	30	5.42	35.42
▶ 4x400	2	Jennifer Ezeoka, Denai Wilson, Aubrey Johnson, Maria Simancas		3:48.13	3/29/25	28	3.66	31.66
▶ LJ	6	Tyese SMITH	JR	5.84m 19-2 (0.8)	3/15/25	20	1.27	21.27
▶ LJ	20	Fabiana MORALES	SO	5.69mw 18-8 (2.8)	3/15/25	3	0.38	3.38
▶ LJ	43	Kerrishma WILLIAMS	JR	5.47mw 17-11½ (3.6)	3/15/25	0.175	0.00	0.18
▶ TJ	4	Fegor CLIFFORD	SR	12.09m 39-8 (-2.1)	4/19/25	24	1.87	25.87
▶ TJ	8	Fabiana MORALES	SO	12.06m 39-6¾ (1.0)	3/22/25	16	1.69	17.69
▶ TJ	20	Zaniyah WILSON	JR	11.67mw 38-3½ (2.1)	3/15/25	3	0.59	3.59
WILLIAM CAREY (MISS.) TFRI Team Total								291.20

3

North Star



4

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best		Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
▶ 100H	17	Kaitlyn MCCOLLY	SR	14.28	(1.9)	4/11/25	4.5	0.55	5.05
▶ 200m	48	Jewel OLSON	SR	25.12w	(3.0)	4/19/25	0.05	0.00	0.05
▶ 400m	11	Jewel OLSON	SR	56.14		4/6/25	10	0.97	10.97
▶ 400H	16	Kyley BARNETT	JR	1:03.47		4/19/25	5	0.49	5.49
▶ 400H	26	Kaitlyn MCCOLLY	SR	1:04.44		4/19/25	0.9	0.15	1.05
▶ 4x100	39	Kyley Barnett, Jewel Olson, Kaitlyn McColly, Faith Brennan		48.64		4/19/25	0.275	0.00	0.28
▶ HJ	1	Adarra HAGELUND	JR	1.80m	5-10¾	4/6/25	30	6.40	36.40
▶ PV	7	Madison WAHL	SR	3.75m	12-3½	3/27/25	18	1.12	19.12
▶ PV	45	Taylynd STUHR	JR	3.20m	10-6	3/27/25	0.125	0.00	0.13
▶ LJ	29	Faith BRENNAN	SO	5.59m	18-4¼ (0.1)	3/27/25	0.75	0.00	0.75
▶ TJ	4	Faith BRENNAN	SO	12.09m	39-8 (1.3)	4/19/25	24	1.87	25.87
▶ SP	4	Kori NAGEL	SR	14.43m	47-4¼	4/6/25	24	2.19	26.19
▶ SP	6	Chloe GUNDERSON	SR	14.05m	46-1¼	4/19/25	20	1.52	21.52
▶ SP	15	Taylor LAUMEYER	JR	13.39m	43-11¼	3/27/25	6	0.61	6.61
▶ SP	37	Alician GARCIA	SR	12.56m	41-2½	3/27/25	0.35	0.00	0.35
▶ DISC	2	Taylor LAUMEYER	JR	49.62m	162-10	4/19/25	28	3.32	31.32
▶ DISC	5	Kori NAGEL	SR	47.87m	157-1	4/6/25	D 2	2.05	4.05
▶ DISC	11	Chloe GUNDERSON	SR	45.52m	149-4	4/6/25	10	0.95	10.95
▶ DISC	26	Rebecca EACKER	JR	42.68m	140-1	4/11/25	0.9	0.10	1.00
▶ DISC	46	Bailey HOFLAND	JR	40.63m	133-4	4/6/25	0.1	0.00	0.10
▶ HT	2	Kori NAGEL	SR	55.54m	182-3	4/19/25	28	3.52	31.52
▶ HT	16	Taylor LAUMEYER	JR	51.00m	167-4	4/19/25	D 2	0.63	2.63
▶ HT	30	Rebecca EACKER	JR	48.50m	159-2	4/19/25	0.7	0.00	0.70
▶ HT	31	Alician GARCIA	SR	48.26m	158-4	3/27/25	0.65	0.00	0.65
▶ JAV	6	Codi NAGLE	FR	43.33m	142-2	4/19/25	20	1.95	21.95
▶ HEPT	4	Kaitlyn MCCOLLY	SR	4,682		4/16/25	24	2.20	26.20
DICKINSON STATE (N.D.) TFRI Team Total									290.90



National TFRI Team Summary



WOMEN — 2025 Checkpoint #4, April 22

4

Doane (Neb.)

GPAC



2

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	28	Neryah HEKL	SO	12.00 (1.0)	4/8/25	0.8	0.21	1.01
▶ 100m	35	RaeAnn THOMPSON	SO	12.06w (2.9)	4/18/25	0.45	0.05	0.50
▶ 100H	20	Josie GARRETT	JR	14.33 (0.6)	4/11/25	3	0.47	3.47
▶ 200m	48	RaeAnn THOMPSON	SO	25.12w (2.3)	4/8/25	0.05	0.00	0.05
▶ 400m	10	Kat VOGT	JR	56.03	4/11/25	12	1.07	13.07
▶ 400H	37	Chaney NELSON	SO	1:05.39	4/8/25	0.35	0.00	0.35
▶ 800m	17	Danie PARRIOTT	JR	2:13.70	4/8/25	4.5	0.67	5.17
▶ 4x100	5	RaeAnn Thompson, Morgan Mahoney, Kat Vogt, Neryah Hekl		46.44	4/11/25	22	2.31	24.31
▶ HJ	19	Katelynn KRATZ	FR	1.66m 5-5¼	4/8/25	3.5	0.29	3.79
▶ HJ	34	Josie GARRETT	JR	1.61m 5-3¼	4/11/25	0.5	0.00	0.50
▶ PV	5	Kaylee PRIBYL	SO	3.95m 12-11½	3/28/25	22	2.48	24.48
▶ PV	14	Kennedy STANLEY	JR	3.65m 11-11¾	4/18/25	7	0.65	7.65
▶ PV	45	Samantha KNAPP	SR	3.20m 10-6	4/11/25	0.125	0.00	0.13
▶ TJ	13	Josie GARRETT	JR	11.84m 38-10¼ (-1.2)	4/8/25	8	0.94	8.94
▶ TJ	26	Rosalyn ROGGASCH	JR	11.38m 37-4 (-0.5)	4/11/25	0.9	0.00	0.90
▶ TJ	31	Kyla DAVIS	JR	11.22m 36-9¾ (0.7)	4/8/25	0.65	0.00	0.65
▶ SP	2	Alivia BAUCOM	JR	14.67m 48-1¾	4/18/25	28	2.78	30.78
▶ SP	12	Madison HEUSINKVELT	FR	13.65m 44-9½	4/18/25	9	0.84	9.84
▶ SP	27	Payton CAST	FR	12.78m 41-11¼	4/11/25	0.85	0.04	0.89
▶ SP	29	Madison SUTTON	SR	12.75m 41-10	4/18/25	0.75	0.02	0.77
▶ SP	31	Grace DEAN	FR	12.72m 41-8¾	4/11/25	0.65	0.00	0.65
▶ SP	32	Delaney BURGE	SO	12.71m 41-8½	4/18/25	0.6	0.00	0.60
▶ DISC	1	Madison SUTTON	SR	50.39m 165-4	3/28/25	30	3.96	33.96
▶ DISC	3	Alivia BAUCOM	JR	49.06m 161-0	3/28/25	26	2.85	28.85
▶ DISC	10	Grace DEAN	FR	45.74m 150-1	3/28/25	12	1.02	13.02
▶ DISC	31	Delaney BURGE	SO	42.07m 138-0	3/28/25	0.65	0.00	0.65
▶ DISC	48	Kaylie LOTSPEICH	SO	40.35m 132-5	4/11/25	0.05	0.00	0.05
▶ HT	11	Madison SUTTON	SR	51.75m 169-10	3/28/25	10	0.86	10.86
▶ HT	21	Mia KNIGGE	JR	50.45m 165-6	4/18/25	2.5	0.45	2.95
▶ JAV	20	Delaney BURGE	SO	40.38m 132-6	4/18/25	3	0.39	3.39
▶ JAV	31	Mattie POHL	SO	38.38m 125-11	4/18/25	0.65	0.00	0.65
▶ JAV	33	Kalli SUTTON	SO	38.20m 125-4	4/11/25	0.55	0.00	0.55
▶ JAV	43	Madison HEUSINKVELT	FR	37.21m 122-1	4/18/25	0.175	0.00	0.18
▶ HEPT	6	Chaney NELSON	SO	4,607	4/18/25	20	1.91	21.91
▶ HEPT	24	Dayle HAAKE	FR	3,867	4/18/25	1	0.08	1.08
▶ HEPT	44	Lauren MALY	FR	3,339	4/18/25	0.15	0.00	0.15

DOANE (NEB.) TFRI Team Total

256.75

5

Cumberlands (Ky.)

Mid-South

unch

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	25	Abia KANTE	SO	11.97 (1.3)	3/22/25	0.95	0.28	1.23
▶ 200m	4	Abia KANTE	SO	23.83w (3.1)	3/29/25	24	2.47	26.47
▶ 200m	23	Lillian GUZMAN	SO	24.68w (4.0)	3/29/25	1.5	0.38	1.88
▶ 400m	30	Lillian GUZMAN	SO	57.82	4/5/25	0.7	0.18	0.88
▶ 400m	44	Abia KANTE	SO	58.18	4/19/25	0.15	0.03	0.18
▶ 800m	49	Viola JEPLETING	FR	2:17.78	3/22/25	0.025	0.00	0.03
▶ 1500m	12	Viola JEPLETING	FR	4:34.69	4/18/25	9	0.80	9.80
▶ 1500m	49	Elizabeth LUCASON	JR	4:46.25	4/12/25	0.025	0.00	0.03
▶ Steeple	33	Elizabeth LUCASON	JR	11:53.31	4/5/25	0.55	0.00	0.55
▶ 5000m	7	Alina BOSHCHUK	SO	16:52.91	4/18/25	18	1.36	19.36
▶ 5000m	14	Sharon JEMILI	FR	17:06.50	4/18/25	7	0.82	7.82
▶ 5000m	23	Elke WIJMKANS	SR	17:30.42	4/12/25	1.5	0.34	1.84
▶ 5000m	29	Viola JEPLETING	FR	17:42.93	4/5/25	0.75	0.10	0.85
▶ 10,000m	4	Alina BOSHCHUK	SO	35:28.19	3/29/25	24	2.19	26.19
▶ 10,000m	5	Sharon JEMILI	FR	35:29.89	3/29/25	22	2.16	24.16
▶ RW5000	4	Heather DURRANT	SO	26:40.65	4/12/25	24	1.80	25.80
▶ RW5000	8	Ava NEWKIRK	SO	27:24.42	4/12/25	16	1.41	17.41
▶ 4x100	15	Lillian Guzman, Allie Bryson, Abia Kante, MaQuoia Raglan		47.15	3/15/25	6	0.66	6.66
▶ 4x800	15	Julie Duedahl, Elisa Helferich, Megan Kitchens, Elizabeth Lucason		9:42.21	3/22/25	6	0.51	6.51
▶ HJ	10	Mya HINES	SO	1.69m 5-6½	4/5/25	12	0.94	12.94
▶ LJ	7	Abia KANTE	SO	5.83m 19-1½ (0.4)	3/28/25	18	1.19	19.19
▶ LJ	20	Mya HINES	SO	5.69m 18-8 (0.0)	4/5/25	D 2	0.38	2.38
▶ LJ	41	Jaci WOODS	SO	5.50m 18-½ (0.3)	4/18/25	0.225	0.00	0.23
▶ TJ	49	Jaci WOODS	SO	10.94m 35-10¾ (1.9)	4/12/25	0.025	0.00	0.03
▶ HEPT	7	Mya HINES	SO	4,605	4/5/25	18	1.90	19.90
▶ HEPT	36	Jaci WOODS	SO	3,590	4/5/25	0.4	0.00	0.40

CUMBERLANDS (KY.) TFRI Team Total

232.72



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

6 Madonna (Mich.)

unch
LW: 6

7 Life (Ga.)

2
LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	1	Briana CAMPBELL	FR	11.49 (1.2)	4/5/25	D 2	2.80	4.80
▶ 100m	44	Cameron KELPERIS	SO	12.13 (1.2)	4/5/25	0.15	0.00	0.15
▶ 100H	1	Briana CAMPBELL	FR	13.17w (2.6)	4/12/25	30	5.15	35.15
▶ 200m	1	Briana CAMPBELL	FR	23.54w (2.8)	4/12/25	30	3.62	33.62
▶ 400m	5	Emeline DELAVILLE	SO	55.08	4/5/25	22	1.97	23.97
▶ 400m	13	Najah GIBSON	JR	56.53	4/5/25	8	0.73	8.73
▶ 800m	10	Emeline DELAVILLE	SO	2:12.95	4/12/25	12	0.94	12.94
▶ 1500m	32	Emeline DELAVILLE	SO	4:42.90	3/29/25	0.6	0.04	0.64
▶ 4x100	6	Cameron Kelperis, Briana Campbell, Zaria Bonafede, Najah Gibson		46.53	4/5/25	20	2.03	22.03
▶ 4x400	11	Briana Campbell, Emeline Delaville, Najah Gibson, Laisha Hernandez		3:53.05	3/29/25	10	1.18	11.18
▶ PV	4	Cameron KELPERIS	SO	4.00m 13-1½	4/5/25	24	2.88	26.88
▶ HT	6	Tara KOONCE	SR	52.70m 172-11	4/19/25	20	1.38	21.38
LIFE (GA.) TFRI Team Total								201.46



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

8

4

LW: 4

Scored bests come from CURRENT qualifying season

► 100m	4	Irmiris MENDEZ	SR	11.56w	(2.8)	4/12/25	24	2.22	26.22	
► 100m	32	Alyssa MORLEY	FR	12.04w	(2.4)	4/5/25	0.6	0.10	0.70	
► 100H	5	Irmiris MENDEZ	SR	13.91	(1.6)	4/5/25	22	1.58	23.58	
► 100H	27	Talea GIFFORD	FR	14.54	(1.9)	4/5/25	0.85	0.13	0.98	
► 200m	6	Irmiris MENDEZ	SR	24.08	(1.8)	4/12/25	D	2	1.63	3.63
► 400m	27	Irmiris MENDEZ	SR	57.71		3/30/25	0.85	0.23	1.08	
► 400m	37	Areeyanna BONDS	FR	58.06		3/30/25	0.35	0.08	0.43	
► 400m	40	Jaa'Ln MCBRIDE	FR	58.14		3/22/25	0.25	0.05	0.30	
► 400H	14	Areeyanna BONDS	FR	1:03.38		4/12/25	7	0.52	7.52	
► 400H	33	Jessica BROWN	SO	1:05.10		4/12/25	0.55	0.00	0.55	
► 800m	6	Maci MILLS	JR	2:11.68		4/5/25	20	1.57	21.57	
► 800m	9	Jaa'Ln MCBRIDE	FR	2:12.58		4/5/25	14	1.11	15.11	
► RW5000	7	Ashlyn POULIN	SO	27:05.31		3/30/25	18	1.58	19.58	
► RW5000	10	Marlee IRVIN	JR	28:33.83		3/30/25	12	1.03	13.03	
► RW5000	18	Joselyn RIVERA	SO	30:19.94		4/11/25	4	0.59	4.59	
► RW5000	26	Tiarra JACKSON	FR	34:07.72		4/11/25	0.9	0.00	0.90	
► 4x100	28	Talea Gifford, Areeyanna Bonds, Alyssa Morley, Irmiris Mendez		47.95		4/5/25	0.8	0.00	0.80	
► 4x400	8	Areeyanna Bonds, Jaade McBride, Maci Mills, Irmiris Mendez		3:51.82		4/12/25	16	1.66	17.66	
► 4x800	6	Jillian Blaser, Jaade McBride, Natalie Rohm, Maci Mills		9:25.81		3/30/25	20	1.96	21.96	
► PV	45	Aubrey SELLERS	SO	3.20m	10-6	4/11/25	0.125	0.00	0.13	
► LJ	13	Alyssa MORLEY	FR	5.75mw	18-10½ (2.3)	4/12/25	8	0.62	8.62	
► TJ	17	Alyssa MORLEY	FR	11.78m	#Error	3/29/25	4.5	0.82	5.32	
► SP	25	MarieAnge MOUSSIGNAC	JR	12.85m	42-2	4/5/25	0.95	0.11	1.06	
► SP	36	Emma TERRY	JR	12.60m	41-4¼	3/8/25	0.4	0.00	0.40	
► HT	25	MarieAnge MOUSSIGNAC	JR	49.17m	161-4	4/5/25	0.95	0.05	1.00	
► JAV	39	Emma TERRY	JR	37.44m	122-10	3/30/25	0.275	0.00	0.28	
► JAV	45	Avery BRINCAT	SO	37.11m	121-9	4/11/25	0.125	0.00	0.13	
► HEPT	38	Grace COGGINS	FR	3.536		4/5/25	0.3	0.00	0.30	

SOUTHEASTERN (FLA.) TFR1 Team Total 197.41

9

1

LW: 8

Scored bests come from CURRENT qualifying season

▶ 800m	11	Hannah FREDERICKS	SR	2:13.06	4/12/25	D	2	0.89	2.89
▶ 800m	16	Ellen PALMGREN	SR	2:13.57	4/12/25		5	0.70	5.70
▶ 800m	33	Suzie JOHNSON	JR	2:16.36	4/18/25		0.55	0.08	0.63
▶ 1500m	3	Hannah FREDERICKS	SR	4:26.24	3/21/25	D	2	2.43	4.43
▶ 1500m	15	Ellen PALMGREN	SR	4:35.56	4/18/25		6	0.72	6.72
▶ 1500m	16	Rebekah NIEDNAGEL	JR	4:35.77	4/18/25		5	0.70	5.70
▶ 1500m	24	Suzie JOHNSON	JR	4:40.55	3/21/25		1	0.26	1.26
▶ Steeple	2	Emma NELSON	JR	10:49.34	3/21/25		28	3.48	31.48
▶ Steeple	13	Brooke CREGAN	JR	11:23.73	3/21/25		8	0.70	8.70
▶ Steeple	48	Megan TURNER	SR	12:06.47	3/21/25		0.05	0.00	0.05
▶ 5000m	3	Hannah FREDERICKS	SR	16:16.91	4/18/25		26	3.10	29.10
▶ 5000m	10	Alyssa LOVETT	JR	16:58.76	3/21/25		12	1.12	13.12
▶ 5000m	15	Emma NELSON	JR	17:13.39	3/8/25		6	0.68	6.68
▶ 5000m	36	Ellen PALMGREN	SR	17:51.16	3/8/25		0.4	0.00	0.40
▶ 10,000m	2	Hannah FREDERICKS	SR	33:46.19	4/5/25		28	4.56	32.56
▶ 4x800	2	Hannah Fredericks, Suzie Johnson, Rebekah Niednagel, Ellen Palmgren		9:09.63	3/22/25		28	4.56	32.56
▶ TJ	50	Kayli LINCOLN	SO	10.91m	35-9½ (0.3)	2/8/25	0.01	0.00	0.01

THE MASTER'S (CALIF.) TFRI Team Total	182.00
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Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

10

4
LW: 14

Scored bests come from CURRENT qualifying season

LINDSEY WILSON (KY.) TFR/ Team Total 170.24

11

▼ **1**
LW: 10

Scored bests come from CURRENT qualifying season

ST. THOMAS (FLA.) TFRI Team Total 162.53



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

12

1

LW: 13

13

5

LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	2	Adrianna RODENCAL	JR	13.46w (2.3)	4/12/25	28	3.57	31.57
▶ 100H	36	Kayla SVOBODA	JR	14.67w (3.3)	4/18/25	0.4	0.00	0.40
▶ 400m	33	Kayla KIRCHNER	JR	57.96	3/28/25	0.55	0.12	0.67
▶ 400H	4	Adrianna RODENCAL	JR	1:01.36	4/12/25	24	1.97	25.97
▶ 800m	50	Trinity TULS	SR	2:17.83	4/5/25	0.01	0.00	0.01
▶ Steeple	39	Hannah BEINTEMA	JR	11:58.26	4/18/25	0.275	0.00	0.28
▶ 4x100	14	Adysen McCarter, Kayla Kirchner, Emily Loseke, Adrianna Rodencal		47.14	4/18/25	7	0.68	7.68
▶ 4x400	7	Adrianna Rodencal, Trinity Tuls, Isabelle Salters, Kayla Kirchner		3:51.24	4/18/25	18	1.97	19.97
▶ HJ	34	Amanda STEINKE	SR	1.61m 5-3¼	4/18/25	0.5	0.00	0.50
▶ HJ	34	Addison REIMER	SO	1.61m 5-3¼	4/5/25	0.5	0.00	0.50
▶ PV	39	Lillee RICHARD	FR	3.30m 10-9¾	3/28/25	0.275	0.00	0.28
▶ PV	39	Kayla SVOBODA	JR	3.30m 10-9¾	3/28/25	0.275	0.00	0.28
▶ PV	45	Aliana MCNAIR	SO	3.20m 10-6	4/18/25	0.125	0.00	0.13
▶ LJ	30	Kiki NYANOK	SO	5.58m 18-3¾ (0.0)	4/5/25	0.7	0.00	0.70
▶ TJ	21	Adysen MCCARTER	FR	11.62m 38-1½ (0.0)	4/5/25	2.5	0.49	2.99
▶ TJ	28	Josi NOBLE	JR	11.29m 37-½ (0.0)	4/5/25	0.8	0.00	0.80
▶ SP	3	Abigail GERBER	SR	14.61m 47-1¼	4/12/25	26	2.63	28.63
▶ SP	16	Harper BOCHE	FR	13.36m 43-10	4/18/25	5	0.58	5.58
▶ DISC	29	Carissa KOLLE	FR	42.19m 138-5	4/12/25	0.75	0.00	0.75
▶ DISC	30	Abigail GERBER	SR	42.12m 138-2	4/5/25	0.7	0.00	0.70
▶ DISC	33	Harper BOCHE	FR	41.94m 137-7	4/12/25	0.55	0.00	0.55
▶ HT	9	Abi WOHLGEMUTH	SR	51.97m 170-6	4/12/25	14	0.94	14.94
▶ HT	22	Abigail GERBER	SR	49.87m 163-8	4/5/25	2	0.27	2.27
▶ HT	38	Marissa HEINS	SO	47.26m 155-1	4/5/25	0.3	0.00	0.30
▶ JAV	23	Gretchen STOTTLEMYRE	SR	39.83m 130-8	4/12/25	1.5	0.16	1.66
▶ JAV	40	Carissa KOLLE	FR	37.25m 122-3	4/12/25	0.25	0.00	0.25
▶ HEPT	15	Josi NOBLE	JR	4,193	4/18/25	6	0.77	6.77
▶ HEPT	23	Emma KUCERA	SO	3,872	4/18/25	1.5	0.09	1.59
▶ HEPT	33	Addison REIMER	SO	3,657	4/18/25	0.55	0.00	0.55
▶ HEPT	34	Kennedee CANALES	FR	3,652	4/18/25	0.5	0.00	0.50
CONCORDIA (NEB.) TFRI Team Total								157.75



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

14 Siena Heights (Mich.)

5
LW: 19

16 **Montreat (N.C.)**  **5**
AAC LW: 11

15 Cumberland (Tenn.)

Mid-South

▼ 3
LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	43	Isabella LEHTINEN	FR	14.79 (1.1)	3/22/25	0.175	0.00	0.18
▶ 200m	2	Praise IDAMADUDU	SR	23.64w (2.4)	4/5/25	28	3.22	31.22
▶ 200m	44	Ifunanya MUOGHALU	JR	25.08w (2.5)	4/5/25	0.15	0.00	0.15
▶ 400m	1	Praise IDAMADUDU	SR	53.75	3/29/25	30	3.78	33.78
▶ 400m	38	Leesa MUTANDWA	JR	58.07	4/5/25	0.3	0.08	0.38
▶ 400H	15	Isabella LEHTINEN	FR	1:03.40	4/12/25	6	0.52	6.52
▶ 400H	41	Ezthia MAYCOCK	JR	1:05.64	4/12/25	0.225	0.00	0.23
▶ 4x400	4	Isabella Lehtinen, Ezthia Maycock, Leesa Mutandwa, Praise Idamadudu		3:50.12	3/22/25	24	2.57	26.57
▶ HJ	7	Isabelle AALDERS	FR	1.70m 5-7	3/22/25	18	1.28	19.28
▶ SP	13	Zoe VLK	SO	13.58m 44-6¾	4/12/25	8	0.78	8.78
▶ DISC	36	Zoe VLK	SO	41.56m 136-4	4/5/25	0.4	0.00	0.40
▶ JAV	11	Isabelle AALDERS	FR	42.08m 138-1	4/12/25	10	1.08	11.08
CUMBERLAND (TENN.) TFRI Team Total								138.56



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

17 **Marian (Ind.)**
Crossroads

2
LW: 15

18

Taylor (Ind.)
Crossroads

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	46	Kiana SIEFERT	JR	14.84w (2.8)	3/22/25	0.1	0.00	0.10
▶ 400m	48	Nicole DOMENE	SO	58.29	4/12/25	0.05	0.00	0.05
▶ 400H	16	Claire BAILEY	SR	1:03.47	4/12/25	5	0.49	5.49
▶ 800m	22	Abigail MAYS	SO	2:15.08	4/12/25	2	0.36	2.36
▶ 1500m	23	Noel VANDERWALL	JR	4:40.35	4/12/25	1.5	0.28	1.78
▶ Steeple	12	Samantha PATTERSON	SO	11:22.30	4/12/25	9	0.75	9.75
▶ Steeple	17	Audrey BRINKRUFF	SR	11:28.97	4/12/25	4.5	0.52	5.02
▶ 5000m	2	Jaynie HALTERMAN	FR	16:09.75	3/22/25	28	3.57	31.57
▶ 5000m	18	Noel VANDERWALL	JR	17:20.19	3/22/25	4	0.54	4.54
▶ 5000m	19	Samantha PATTERSON	SO	17:22.21	3/22/25	3.5	0.50	4.00
▶ 10,000m	3	Jaynie HALTERMAN	FR	34:06.16	4/12/25	26	3.97	29.97
▶ 4x400	22	Abigail Mays, Addie Draper, Nicole Domene, Delaney Gale		4:00.02	4/12/25	2	0.00	2.00
▶ 4x800	5	Abigail Mays, Noel VanderWall, Addie Draper, Kennedy Applegate		9:24.38	4/12/25	22	2.12	24.12
▶ LJ	36	Kiana SIEFERT	JR	5.54m 18-2¼ (0.7)	4/12/25	0.4	0.00	0.40
TAYLOR (IND.) TFR1 Team Total								121.16

National TFRI Team Summary

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

19

Montana Tech

Frontier



11

LW: 30

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	44	Olleca SEVERSON	SR	1:05.76c (1:05.65A)	4/18/25	0.15	0.00	0.15
▶ Steeple	19	Alyssa JANY	JR	11:32.75c(11:41.12A)	3/29/25	3.5	0.39	3.89
▶ 5000m	43	Alyssa JANY	JR	18:04.49c(18:25.45A)	4/18/25	0.175	0.00	0.18
▶ 10,000m	22	Alyssa JANY	JR	37:52.21	4/4/25	2	0.22	2.22
▶ 4x100	40	Cora Pesanti, Abby Clark, Ayla Janzen, Olleca Severson		48.67c (48.55A)	4/10/25	0.25	0.00	0.25
▶ 4x400	35	Emma Konen, Peyton Walker, MaKenzie Sheils, Kamryn Comba		4:04.30c (4:03.86A)	4/10/25	0.45	0.00	0.45
▶ 4x800	19	MaKenzie Sheils, Peyton Walker, Alyssa Jany, Kamryn Comba		9:54.44c (9:54.44A)	4/10/25	3.5	0.00	3.50
▶ HJ	19	Abby CLARK	SR	1.66mA 5-5¼	4/10/25	D 2	0.29	2.29
▶ LJ	5	Jadyn VERMILLION	SR	5.96m 19-6¾ (0.1)	3/27/25	22	2.24	24.24
▶ LJ	13	Abby CLARK	SR	5.75m 18-10½ (0.0)	4/10/25	8	0.62	8.62
▶ TJ	15	Ayla JANZEN	FR	11.80mw 38-8¾ (3.2)	4/10/25	6	0.86	6.86
▶ JAV	5	Jenna JORDAN	SR	43.58mA 143-0	4/18/25	22	2.14	24.14
▶ JAV	37	Tyra OPPERMAN	SO	37.58mA 123-4	4/18/25	0.35	0.00	0.35
▶ HEPT	2	Abby CLARK	SR	4,902c (4902A)	4/18/25	28	3.38	31.38
MONTANA TECH TFRI Team Total								108.51

20

College of Idaho
Cascade



4

LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	21	Charlotte BOWMAN	SR	11.92 (0.4)	3/15/25	2.5	0.41	2.91
▶ 200m	38	Charlotte BOWMAN	SR	24.98 (1.0)	3/22/25	0.3	0.01	0.31
▶ 400m	21	Charlotte BOWMAN	SR	57.53	4/4/25	2.5	0.30	2.80
▶ 800m	19	Kylee QUINTON	SO	2:14.13	4/19/25	3.5	0.57	4.07
▶ 1500m	11	Kahea FIGUEIRA	SR	4:34.46	4/4/25	10	0.83	10.83
▶ 1500m	19	Kylee QUINTON	SO	4:38.44	4/4/25	D 2	0.45	2.45
▶ Steeple	4	Kylee QUINTON	SO	11:00.99	4/19/25	24	2.19	26.19
▶ 5000m	12	Kahea FIGUEIRA	SR	17:05.39	3/22/25	9	0.86	9.86
▶ 5000m	39	Molly CONNOR	SR	17:57.75	3/22/25	0.275	0.00	0.28
▶ 5000m	41	Julia GILBERT	SO	18:04.16	4/19/25	0.225	0.00	0.23
▶ 5000m	50	Kimbrie KNUDSEN	FR	18:13.43	4/4/25	0.01	0.00	0.01
▶ 10,000m	17	Molly CONNOR	SR	37:32.79	4/5/25	4.5	0.38	4.88
▶ 10,000m	27	Julia GILBERT	SO	38:12.72	4/5/25	0.85	0.05	0.90
▶ 4x100	30	Allison Horsley, Isis Villafane, Stella Gray, Charlotte Bowman		48.14	4/12/25	0.7	0.00	0.70
▶ 4x400	17	Charlotte Bowman, Zoe Butler, Kylee Quinton, Isis Villafane		3:56.31	4/4/25	4.5	0.41	4.91
▶ HJ	32	Mattie SHIRTS	SO	1.62m 5-3¾	3/15/25	0.6	0.00	0.60
▶ PV	19	Kiriann JOHNSON	FR	3.60m 11-9¾	3/15/25	3.5	0.47	3.97
▶ HT	10	Star HERRON	SR	51.81m 170-0	4/4/25	12	0.88	12.88
▶ HEPT	14	Mattie SHIRTS	SO	4,209c (4209A)	4/18/25	7	0.81	7.81
▶ HEPT	37	Dakota BUSSEN	FR	3,551c (3551A)	4/18/25	0.35	0.00	0.35
COLLEGE OF IDAHO TFRI Team Total								96.93



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

21 Southern Oregon

5
LW: 26

22 Xavier (La.) Red River

▼ **1**
LW: 21

23 Olivet Nazarene (Ill.) Chicagoland

1
LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	27	Carsyn BURDINE	JR	11.98 (1.9)	4/13/25	0.85	0.26	1.11
▶ 100m	43	Tylar PARKER	FR	12.12 (1.4)	4/19/25	0.175	0.00	0.18
▶ 100H	21	Kaylah MCCALL	JR	14.40 (1.9)	4/19/25	2.5	0.36	2.86
▶ 200m	12	Carsyn BURDINE	JR	24.44 (0.0)	4/13/25	9	0.71	9.71
▶ 200m	27	Tylar PARKER	FR	24.85 (0.0)	4/13/25	0.85	0.17	1.02
▶ 400m	15	Carsyn BURDINE	JR	57.04	4/5/25	6	0.51	6.51
▶ 400H	1	Hannah ANTKOVIAK	SR	56.71	3/29/25	30	7.57	37.57
▶ 400H	19	Olivia LENTZ	FR	1:03.61	4/19/25	3.5	0.44	3.94
▶ 800m	27	Heidi HELDT	JR	2:15.74	4/19/25	0.85	0.21	1.06
▶ 1500m	33	Heidi HELDT	JR	4:43.14	4/5/25	0.55	0.02	0.57
▶ 4x100	21	Carsyn Burdine, Kristen Garth, Kaylah Mccall, Tylar Parker		47.59	4/13/25	2.5	0.09	2.59
▶ LJ	23	Hailey PERRINE	JR	5.66m 18-7 (0.0)	4/5/25	1.5	0.26	1.76
▶ SP	17	Amanda GUSTAFSON	SO	13.27m 43-6½	4/19/25	4.5	0.49	4.99
▶ JAV	9	Haylee WHITCRAFT	FR	42.55m 139-7	4/19/25	14	1.33	15.33
▶ JAV	16	Avery SPENCER	SR	41.07m 134-9	4/19/25	5	0.67	5.67
▶ HEPT	27	Alonna NALLS	SO	3,804	4/17/25	0.85	0.00	0.85
OLIVET NAZARENE (ILL.) TFRI Team Total								95.72



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

24

▼ 1
LW: 23

25

unch
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	44	Sara MCKEN	SO	12.13 (0.6)	4/4/25	0.15	0.00	0.15
▶ 200m	28	Sara MCKEN	SO	24.89 (0.6)	4/4/25	0.8	0.12	0.92
▶ 200m	31	Nora ROSCOE	SO	24.90 (0.4)	4/19/25	0.65	0.11	0.76
▶ 400H	6	Skotlyn HILL	SR	1:01.84	4/19/25	20	1.49	21.49
▶ 400H	20	Sydney PECK	JR	1:03.84	4/19/25	3	0.36	3.36
▶ 800m	46	Skotlyn HILL	SR	2:17.48	4/19/25	0.1	0.00	0.10
▶ 1500m	13	Riley MORRIS	JR	4:35.13	4/4/25	8	0.76	8.76
▶ Steeple	11	Sadie MCCOY	SO	11:18.58	4/19/25	10	0.91	10.91
▶ 5000m	44	Sadie MCCOY	SO	18:08.68	4/4/25	0.15	0.00	0.15
▶ 5000m	47	Kaleah HINES	SO	18:10.67	4/4/25	0.075	0.00	0.08
▶ 4x100	22	Karina DeYoung, Sydney Peck, Nora Roscoe, Sara McKen		47.72	4/12/25	2	0.00	2.00
▶ 4x400	20	Sydney Peck, Madisen Douglas, Sara McKen, Nora Roscoe		3:58.50	4/4/25	3	0.03	3.03
▶ HJ	12	Adrienne WASHINGTON	JR	1.68m 5-6	4/4/25	9	0.64	9.64
▶ PV	42	Harlee GRANT	SO	3.29m 10-9½	3/15/25	0.2	0.00	0.20
▶ LJ	17	Adrienne WASHINGTON	JR	5.71m 18-8¾ (-0.9)	4/4/25	D 2	0.46	2.46
▶ JAV	32	Adrienne WASHINGTON	JR	38.21m 125-5	4/4/25	0.6	0.00	0.60
▶ JAV	41	Madison MACMILLAN	SR	37.24m 122-2	3/15/25	0.225	0.00	0.23
▶ HEPT	3	Adrienne WASHINGTON	JR	4,771c (4771A)	4/18/25	26	2.64	28.64
EASTERN OREGON TFRI Team Total								93.46



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

26 **MidAmerica Nazarene (Kan.)** **4**
The Heart LW: 22

27 **Indiana Wesleyan**  **7**
Crossroads LW: 20

28 **Milligan (Tenn.)**  **5**
AAC LW: 33

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	4	Ellen-Mary KEARNEY	JR	2:11.10	4/19/25	24	1.97	25.97
► 1500m	1	Ellen-Mary KEARNEY	JR	4:21.46	3/29/25	30	3.87	33.87
► Steeple	45	McKenna SPAULDING	SO	12:04.85	4/19/25	0.125	0.00	0.13
► 5000m	9	Ellen-Mary KEARNEY	JR	16:57.25	4/19/25	D 2	1.19	3.19
► 10,000m	15	Ashlyn HAAS	JR	37:29.59	3/22/25	6	0.41	6.41
► 10,000m	29	Anna JONES	JR	38:25.68	3/22/25	0.75	0.00	0.75
► 10,000m	38	Alyssa BEARZI	JR	39:08.76	4/19/25	0.3	0.00	0.30
► 10,000m	40	Natalie FELLERS	SR	39:24.68	3/22/25	0.25	0.00	0.25
► 10,000m	44	Annie Kate MCDERMOTT	SR	39:54.07	4/19/25	0.15	0.00	0.15
► 4x800	12	#Type!		9:37.08	4/19/25	9	0.80	9.80
MILLIGAN (TENN.) TFRI Team Total								80.80

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

29

Park (Mo.)



9

LW: 38

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	33	Mya CHARLES	SO	12.05 (2.0)	4/4/25	0.55	0.08	0.63
▶ 100H	26	Shanai SWEETING	JR	14.52w (2.8)	4/12/25	0.9	0.17	1.07
▶ 100H	32	Hope KLAMM	JR	14.60w (2.8)	4/12/25	0.6	0.04	0.64
▶ 200m	45	Rosjai CURTIS	FR	25.10 (0.5)	4/12/25	0.125	0.00	0.13
▶ 400H	50	Faith KLAMM	JR	1:05.98	4/19/25	0.01	0.00	0.01
▶ 4x100	18	Rosjai Curtis, Mya Charles, Hannah Mand, Alexandria Sherman		47.32	3/28/25	4	0.36	4.36
▶ 4x400	27	Hannah Mand, Jonnicia Williams, Lilly Camarcho, Adison Hayden		4:01.72	4/19/25	0.85	0.00	0.85
▶ 4x800	24	Jonnica Williams, Hannah Mand, Lily Brecheisen, Lilly Camarcho		10:11.57	4/19/25	1	0.00	1.00
▶ LJ	2	Rosjai CURTIS	FR	6.07m 19-11 (0.0)	4/16/25	28	3.51	31.51
▶ LJ	17	Diamond BOYD		5.71m 18-8¾ (1.7)	3/29/25	4.5	0.46	4.96
▶ TJ	2	Rosjai CURTIS	FR	12.20m 40-½ (0.0)	4/18/25	28	2.53	30.53
▶ HT	40	Naiyah LANDRUM	SR	46.73m 153-4	4/4/25	0.25	0.00	0.25
PARK (MO.) TFRI Team Total								75.93

30

Providence (Mont.)



3

LW: 27

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	5	Lauren CIMA	FR	14.07ma 46-2	4/10/25	22	1.55	23.55
► SP	23	Tatiana MARTINEZ	SR	12.87ma 42-234	4/10/25	1.5	0.13	1.63
► DISC	8	Tatiana MARTINEZ	SR	46.92m 153-11	3/27/25	16	1.50	17.50
► DISC	16	Lauren CIMA	FR	44.64m 146-6	3/27/25	D 2	0.69	2.69
► DISC	42	Avari BATT	JR	40.94ma 134-4	4/10/25	0.2	0.00	0.20
► HT	12	Lauren CIMA	FR	51.55ma 169-2	4/18/25	9	0.80	9.80
► HT	48	Tatiana MARTINEZ	SR	46.21m 151-7	3/27/25	0.05	0.00	0.05
► JAV	8	Shelbey KLEIN	JR	42.80ma 140-5	4/18/25	16	1.53	17.53
► JAV	21	Havyn VANDENACRE	FR	40.34m 132-4	3/15/25	2.5	0.37	2.87
► JAV	47	MacKenzie LAYNG	FR	36.97ma 121-4	4/10/25	0.075	0.00	0.08
PROVIDENCE (MONT.) TFRI Team Total								75.90

31

IU Kokomo (Ind.)

unch

LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	24	Hannah WELLS	SR	11:37.07	4/12/25	1	0.24	1.24
► RW5000	14	Maddie DOTLICH	SR	29:24.40	3/28/25	7	0.81	7.81
► 4x800	25	Leslie Sprankles, Hannah Wells, Keeley Carpenter, Rachel Eby		10:16.82	3/22/25	0.95	0.00	0.95
► SP	1	Sydney DUNCAN	SO	16.60m	54-5½" 3/30/25	30	7.77	37.77
► DISC	4	Sydney DUNCAN	SO	48.74m	159-11 4/19/25	24	2.59	26.59
IU KOKOMO (IND.) TFR1 Team Total								74.35

32

Friends (Kan.)



4

LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Tiyna RIDGE	SO	11.68w (3.6)	3/22/25	18	1.37	19.37
▶ 100H	42	Gabriela MILLAN	SO	14.78w (3.2)	4/12/25	0.2	0.00	0.20
▶ 4x100	9	Valeria Crespo, Rhianna Hill, Haidyn Thompson, Tiyna Ridge		46.85	4/5/25	14	1.28	15.28
▶ 4x400	31	Fien Molenberg, Naomi Vagher, Gema del Valle, JaNiya Glass		4:02.19	4/5/25	0.65	0.00	0.65
▶ 4x800	28	Grace Lee, Gabrielle Schwabe, Kayli Gonzales, Hannah Cribley		10:23.07	4/5/25	0.8	0.00	0.80
▶ PV	9	Aaliyah RAMIREZ	JR	3.69m 12-1¼	4/19/25	14	0.79	14.79
▶ TJ	14	Anyia WALTON	SR	11.81mw 38-9 (3.4)	4/3/25	7	0.88	7.88
▶ TJ	17	Aneesha SHEPPARD	SO	11.78mw 38-7¼ (3.4)	3/21/25	4.5	0.82	5.32
▶ TJ	47	Jada PEREZ	SO	10.96mw 35-11½ (3.3)	4/19/25	0.075	0.00	0.08
▶ HT	13	Abby GREEN	JR	51.49m 168-11	4/5/25	8	0.78	8.78
FRIENDS (KAN.) TFRI Team Total								73.13



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

33

GPAC



6

LW: 39

MIDLAND (NEB.) TFRI Team Total 67.9334

GPAC



2

LW: 32

DORDT (IOWA) TFRI Team Total 67.11



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

35 Rio Grande (Ohio)

unch
LW: 35

RIO GRANDE (OHIO) TFR1 Team Total	65.89
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36 **Truett-McConnell (Ga.)**
AAC

unch
LW: 36

TRUETT-MCCONNELL (GA.) TFR1 Team Total	64.60
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37 **Evangel (Mo.)**
KCAC

6
LW: 43

EVANGEL (MO.) TFR1 Team Total	62.63
--------------------------------------	--------------

38 Rocky Mountain (Mont.) Frontier

6
LW: 44

ROCKY MOUNTAIN (MONT.) TFR1 Team Total	58.87
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Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

39 **Viterbo (Wis.)**
Chicagoland

41 Kansas Wesleyan

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	49	Kierra JENSEN	JR	12:06.74	3/28/25	0.025	0.00	0.03
► 4x400	39	Julie Rottinghaus, Madisyn Ehrlich, Brionna Floyd, Hailey Nordhus		4:05.69	4/19/25	0.275	0.00	0.28
► JAV	3	Mayce RUSSELL	FR	44.08m 144-8	3/23/25	26	2.70	28.70
► JAV	4	Maddy WOLF	FR	44.04m 144-6	4/12/25	24	2.65	26.65
KANSAS WESLEYAN TFRI Team Total								55.65

40 **Ottawa (Kan.)**
KCAC

42 Our Lady of the Lake (Texas)

▼ 5
LW: 37

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	33	Roy' Janae BROWN	SO	12.05w (3.6)	3/28/25	0.55	0.08	0.63
▶ 100m	50	Jordyn WEEMS	SR	12.16w (2.2)	3/22/25	0.01	0.00	0.01
▶ 200m	28	Jordyn WEEMS	SR	24.89 (1.5)	4/19/25	0.8	0.12	0.92
▶ 400H	11	JayOnna PERRY	JR	1:02.54	3/22/25	10	0.98	10.98
▶ 4x100	11	Aba Sam, Roy' Janae Brown, Jah-Nisha Campbell, Jordyn Weems		47.00	3/28/25	10	0.97	10.97
▶ 4x400	12	JayOnna Perry, Jordyn Weems, Tanzania Barnes, Jah-Nisha Campbell		3:53.17	4/12/25	9	1.13	10.13
▶ HJ	43	Jah-Nisha CAMPBELL	SO	1.60m 5-3	4/19/25	0.175	0.00	0.18
▶ LJ	17	Jordyn WEEMS	SR	5.71mw 18-8¾ (3.8)	4/12/25	4.5	0.46	4.96
▶ LJ	31	Jah-Nisha CAMPBELL	SO	5.57m 18-3¼ (0.4)	3/22/25	0.65	0.00	0.65
▶ TJ	9	Aba SAM	SO	12.00mw 39-4½ (2.1)	4/19/25	14	1.39	15.39
▶ SP	38	Kena LEONARD	FR	12.55m 41-2¼	3/28/25	0.3	0.00	0.30
▶ JAV	26	Rian BOUB	SR	39.55m 129-9	3/28/25	0.9	0.05	0.95
OTTAWA (KAN.) TFRI Team Total								56.06

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	40	Larrisa MCHENRY	SR	12.09w (2.9)	3/22/25	0.25	0.00	0.25
▶ 100H	34	Aziza CLARK	SO	14.62w (3.3)	4/12/25	0.5	0.01	0.51
▶ 400H	7	Aziza CLARK	SO	1:02.06	4/12/25	18	1.32	19.32
▶ 4x100	25	Zaniya Duffie, Ariana Erickson, Autumn Roberts, Larrisa Mchenry		47.81	4/12/25	0.95	0.00	0.95
▶ 4x400	16	Alexandria Segura, Tara Madrid, Autumn Roberts, Aziza Clark		3:56.29	3/29/25	5	0.41	5.41
▶ LJ	3	Lawren TANNER	JR	6.01mw 19-8% (3.2)	4/12/25	26	2.82	28.82
OUR LADY OF THE LAKE (TEXAS) TFR1 Team Total								55.26



National TFRI Team Summary



Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

43

Benedictine (Kan.)

The Heart



14

LW: 29

BENEDICTINE (KAN.) TFR/ Team Total 55.22

44

Dakota State (S.D.)

North Star



19

LW: 63

DAKOTA STATE (S.D.) TFRI Team Total 52.40

45

Grace (Ind.)

Crossroads



3

LW: 48

GRACE (IND.) TFR/ Team Total 51.40

46

Huntington (Ind.)

Crossroads



6

LW: 40

HUNTINGTON (IND.) TFR1 Team Total 49.14



USTFCCCA NAIA Outdoor Track & Field

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as of 4/22/25 12:01 AM ET

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WOMEN — 2025 Checkpoint #4, April 22

47

Huston-Tillotson (Texas)

Red River

▲ 32

LW: 79

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	36	Ayanna JOHNSON	SO	24.96 (1.9)	4/17/25	0.4	0.04	0.44
▶ 400m	9	Jaymee YELTON	SR	56.00	3/29/25	14	1.09	15.09
▶ 400m	26	Chaleica BOOKER	SO	57.70	4/5/25	0.9	0.23	1.13
▶ 800m	3	Jaymee YELTON	SR	2:10.60	4/17/25	26	2.31	28.31
▶ 4x100	29	Dejah Okonji, Ayanna Johnson, Chaleica Booker, Jazmyne White		48.03	4/17/25	0.75	0.00	0.75
▶ 4x400	23	Jariah Jackson-Simon, Jaymee Yelton, Chaleica Booker, Ayanna Johnson		4:00.48	4/17/25	1.5	0.00	1.50
▶ TJ	41	Jazmyne WHITE	SO	11.10mw 36-5 (2.1)	4/17/25	0.225	0.00	0.23

HUSTON-TILLOTSON (TEXAS) TFRI Team Total 47.45

48

Evergreen State (Wash.)

Cascade

▼ 3

LW: 45

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	18	Alauna CARSTENS	JR	4:37.92	4/12/25	D 2	0.50	2.50
▶ 5000m	8	Alauna CARSTENS	JR	16:55.87	4/19/25	16	1.24	17.24
▶ 10,000m	6	Alauna CARSTENS	JR	35:33.05	4/4/25	20	2.10	22.10
▶ HJ	19	Corona PARKER	SR	1.66m 5-5¼	3/8/25	3.5	0.29	3.79

EVERGREEN STATE (WASH.) TFRI Team Total 45.63

49

Indiana Tech

WHAC

▼ 3

LW: 46

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	44	Kiya POGUE	SR	12.13 (1.0)	4/19/25	0.15	0.00	0.15
▶ 100H	11	Kiya POGUE	SR	14.10 (0.1)	4/19/25	10	0.95	10.95
▶ 100H	50	Kayla RORIE	FR	14.92 (0.2)	4/12/25	0.01	0.00	0.01
▶ 200m	37	Junae BENNETT	JR	24.97w (2.5)	4/12/25	0.35	0.02	0.37
▶ 400m	14	Junae BENNETT	JR	56.96	4/12/25	7	0.54	7.54
▶ 400m	24	Tamia TAYLOR	FR	57.68	4/12/25	1	0.24	1.24
▶ 400H	42	Alina LAFOREST	SO	1:05.67	4/19/25	0.2	0.00	0.20
▶ 800m	38	Skotti BALL-DULEY	FR	2:16.75	4/19/25	0.3	0.00	0.30
▶ 4x800	21	Skotti Ball-Duley, McKenna Palmer, Abigail Plezia, Alina LaForest		10:02.89	4/12/25	2.5	0.00	2.50

▶ HJ	34	Alyssa CHRISTIAN	FR	1.61m 5-3¼	4/12/25	0.5	0.00	0.50
▶ PV	14	Viviana RODRIGUEZ	FR	3.65m 11-11¾	4/12/25	7	0.65	7.65
▶ PV	22	Evelyn DOLCE	SO	3.50m 11-5¾	4/4/25	2	0.12	2.12
▶ PV	28	Hollyn RENFRO	FR	3.45m 11-3¾	4/19/25	0.8	0.00	0.80
▶ PV	32	Kathrin ERTL	FR	3.35m 10-11¾	4/4/25	0.6	0.00	0.60
▶ DISC	46	Deneara MBOUG	JR	40.63m 133-4	4/18/25	0.1	0.00	0.10
▶ HT	23	Deneara MBOUG	JR	49.78m 163-4	4/18/25	1.5	0.24	1.74
▶ JAV	14	Emma LONGUEUAY	FR	41.46m 136-0	4/12/25	7	0.82	7.82

INDIANA TECH TFRI Team Total 44.61

50

Missouri Baptist

AMC

▲ 9

LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	36	Mia DUNCAN	SR	4:44.37	4/19/25	0.4	0.00	0.40
▶ Steeple	3	Mia DUNCAN	SR	10:53.85	3/28/25	26	2.96	28.96
▶ Steeple	16	Adrienne ROCKETTE	JR	11:28.53	4/19/25	5	0.53	5.53
▶ PV	14	Alaina SCOTT	SR	3.65m 11-11¾	4/18/25	7	0.65	7.65
▶ JAV	42	Emma LAWSON	SO	37.23m 122-2	4/12/25	0.2	0.00	0.20

MISSOURI BAPTIST TFRI Team Total 42.75



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

51

AAC



14

LW: 65

52

GPAC

unch

LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	30	Tierney HUSS	FR	12.02w (3.0)	4/16/25	0.7	0.16	0.86
▶ 200m	45	Tierney HUSS	FR	25.10w (2.2)	4/5/25	0.125	0.00	0.13
▶ 400m	34	Emma BLUM	JR	57.98	4/12/25	0.5	0.12	0.62
▶ Steeple	43	Emma HALEY	SR	12:02.78	4/16/25	0.175	0.00	0.18
▶ 4x100	42	Lauren Waypa, Emma Blum, Erin Heusinkveld, Tierney Huss		48.79	4/16/25	0.2	0.00	0.20
▶ 4x400	30	Emma Blum, Macy Schroeder, Jordan Shull, Brielle Engelmann		4:01.92	4/12/25	0.7	0.00	0.70
▶ 4x800	16	Abby Ervin, Emily De Groot, Brielle Engelmann, Allison Hough		9:45.83	4/16/25	5	0.32	5.32
▶ HJ	3	Jacie VANDER WAAL	SR	1.72m 5-7¾	3/28/25	26	2.27	28.27
▶ HJ	19	Aubrey DEGROOT	SO	1.66m 5-5¼	4/12/25	3.5	0.29	3.79
▶ PV	32	Aleigh ZETTLE	FR	3.35m 10-11¾	4/16/25	0.6	0.00	0.60
▶ PV	44	Maiya SPEER	FR	3.21m 10-6¼	4/5/25	0.15	0.00	0.15
NORTHWESTERN (IOWA) TFRI Team Total								40.80



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

53

KCAC

▼ **11**
LW: 42

SAINT MARY (KAN.) TFR1 Team Total

40.53

54

AAC

7
LW: 47

SCAD ATLANTA (GA.) TFR1 Team Total

40.35

55

Sun Conference

4
LW: 51

FLORIDA MEMORIAL TFRI Team Total

40.02

56

The Heart

6
LW: 50

CULVER-STOCKTON (MO.) TFR1 Team Total

39.58



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WOMEN — 2025 Checkpoint #4, April 22

57 Oklahoma City SAC

▲ 27
LW: 84

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	45	Erika PENA	SO	2:17.44	4/18/25	0.125	0.00	0.13
▶ 1500m	17	Louise COCKING	SR	4:35.84	4/18/25	4.5	0.70	5.20
▶ 1500m	43	Erika PENA	SO	4:45.30	4/18/25	0.175	0.00	0.18
▶ 5000m	6	Louise COCKING	SR	16:52.88	4/18/25	20	1.36	21.36
▶ 4x800	11	Florencia Cabrera, Louise Cocking, Isabelle Spiller, Erika Pena		9:35.01	4/5/25	10	0.93	10.93

OKLAHOMA CITY TFRI Team Total 37.79

58 College of Saint Mary (Neb.) GPAC

▲ 13
LW: 71

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 800m	29	Olivia ELBERT	FR	2:16.09	4/11/25	0.75	0.14	0.89
▶ 4x100	49	Kellesse Heard, Mikaiya Rodgers, Taylor Hrabik, Savannah Horne		49.34	4/11/25	0.025	0.00	0.03
▶ 4x800	10	Mira Fosmer, Olivia Elbert, Josie Karnik, Kara Muller		9:31.68	4/18/25	12	1.30	13.30
▶ LJ	15	Kellesse HEARD	SO	5.73m 18-9¾ (0.0)	4/5/25	6	0.54	6.54
▶ LJ	27	Mikaiya RODGERS	FR	5.61mw 18-5 (2.3)	4/11/25	0.85	0.07	0.92
▶ SP	10	Claire CASPERSEN	SR	13.73m 45-½	4/18/25	12	0.95	12.95
▶ JAV	29	Madalynn RHODES	SR	38.74m 127-1	4/11/25	0.75	0.00	0.75

COLLEGE OF SAINT MARY (NEB.) TFRI Team Total 35.36

59 Valley City State (N.D.) North Star

▼ 1
LW: 58

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 10,000m	18	Karly JUST	JR	37:35.87	4/6/25	4	0.36	4.36
▶ HJ	43	Olivia BACKUS	SO	1.60m 5-3	3/22/25	0.175	0.00	0.18
▶ DISC	40	Jade AZURE	SR	41.09m 134-10	3/22/25	0.25	0.00	0.25
▶ JAV	7	Kendra ODEGARD	SR	42.97m 141-0	4/19/25	18	1.66	19.66
▶ JAV	44	Sadie HANSEN	SR	37.19m 122-0	4/19/25	0.15	0.00	0.15
▶ HEPT	12	Emma MUGGLI	SO	4,257	4/16/25	9	0.91	9.91

VALLEY CITY STATE (N.D.) TFRI Team Total 34.51

60 Hastings (Neb.) GPAC

▼ 6
LW: 54

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	8	Jaida ROWE	JR	1:02.33	4/5/25	16	1.13	17.13
▶ RW5000	21	Ava BRACKHAN	JR	31:26.35	4/12/25	2.5	0.34	2.84
▶ RW5000	25	Destini JOHNSON	FR	33:41.04	4/12/25	0.95	0.00	0.95
▶ HJ	30	Zailee POULSON	SR	1.63m 5-4¼	4/18/25	0.7	0.00	0.70
▶ HT	35	Kylee HASSELMANN	JR	47.40m 155-6	4/18/25	0.45	0.00	0.45
▶ JAV	35	Ellie LLOYD	FR	37.98m 124-7	4/18/25	0.45	0.00	0.45
▶ HEPT	13	Lucy CAREY	FR	4,211	4/18/25	8	0.81	8.81
▶ HEPT	28	Zailee POULSON	SR	3,803	4/18/25	0.8	0.00	0.80

HASTINGS (NEB.) TFRI Team Total 32.13

61 Langston (Okla.) SAC

unch
LW: 61

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	33	Makayla THOMPSON	SO	14.61w (2.2)	4/17/25	0.55	0.03	0.58
▶ TJ	3	Ahmia DORSEY	SR	12.15mw 39-10½ (3.7)	4/12/25	26	2.23	28.23

LANGSTON (OKLA.) TFRI Team Total 28.81

62 Tennessee Wesleyan AAC

▲ 13
LW: 75

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	7	Samantha DEGRACE	FR	14.01w (2.7)	4/19/25	18	1.25	19.25
▶ 200m	33	Grace CLEMENS	FR	24.93w (3.1)	4/19/25	0.55	0.07	0.62
▶ 4x100	26	#Type!		47.86	4/19/25	0.9	0.00	0.90
▶ 4x400	41	#Type!		4:05.83	4/19/25	0.225	0.00	0.23
▶ 4x800	37	#Type!		10:39.76	4/19/25	0.35	0.00	0.35
▶ HJ	16	Samantha DEGRACE	FR	1.67m 5-5¾	3/28/25	5	0.47	5.47
▶ LJ	31	Grace CLEMENS	FR	5.57mw 18-3¼ (2.4)	4/19/25	0.65	0.00	0.65
▶ LJ	43	Samantha DEGRACE	FR	5.47m 17-11½ (0.8)	4/5/25	0.175	0.00	0.18
▶ DISC	37	Lisa SCHOEN	FR	41.46m 136-0	4/19/25	0.35	0.00	0.35
▶ HEPT	29	Lisa SCHOEN	FR	3,678	3/22/25	0.75	0.00	0.75

TENNESSEE WESLEYAN TFRI Team Total 28.73



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

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73 **Saint Francis (Ind.)** **17**
Crossroads LW: 56

74 Warner (Fla.)  **8**
Sun Conference LW: 66

75 **IU East (Ind.)** ▼ **6**
 River States LW: 69

76 Brenau (Ga.)  **23**
AAC LW: 99

77 **Mount Vernon Nazarene**  **5**
Crossroads (Ohio) LW: 72

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x400	47	Marissa Rutter, Kate Ruffle, Maddy Lengacher, Lyssi Snouffer		4:07.66	4/4/25	0.075	0.00	0.08
► HJ	7	Lyssi SNOUFFER	JR	1.70m 5-7	4/19/25	18	1.28	19.28
► PV	38	Brooke HOLLOWAY	JR	3.34m 10-11½	4/19/25	0.3	0.00	0.30
► SP	48	Shyanne MOSER	JR	12.41m 40-8¾	3/30/25	0.05	0.00	0.05
MOUNT VERNON NAZARENE (OHIO) TFRI Team Total								19.71

National TFRI Team Summary



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78

Campbellsville (Ky.)



11

LW: 67

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	22	Makiyah ALLEN	JR	14.41w (2.3)	3/15/25	2	0.34	2.34
▶ 400m	43	Piper CLARK	SO	58.17	4/19/25	0.175	0.04	0.21
▶ 800m	26	Christy SHANK	JR	2:15.71	4/12/25	0.9	0.22	1.12
▶ 1500m	20	Christy SHANK	JR	4:39.70	4/5/25	3	0.33	3.33
▶ 10,000m	43	Nina DAMAN	SR	39:36.60	4/5/25	0.175	0.00	0.18
▶ RW5000	11	Cailyn GODSEY	SO	28:49.03	4/12/25	10	0.96	10.96
▶ 4x800	40	Brianna Collins, Anna-Claire Carwile, Maggie Jewell, Jennifer Buttery		10:45.12	3/15/25	0.25	0.00	0.25
▶ TJ	35	Dasia GARLAND	SO	11.15m 36-7 (-1.2)	4/18/25	0.45	0.00	0.45
CAMPBELLSVILLE (KY.) TFRI Team Total								18.85

79

Dakota Wesleyan (S.D.)
GPAC



2

LW: 77

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► SP	9	Abby MAGNUSON	SR	13.78m	45-2½	4/5/25	14	1.04 15.04
► DISC	28	Abby MAGNUSON	SR	42.33m	138-11	4/12/25	0.8	0.00 0.80
DAKOTA WESLEYAN (S.D.) TFRI Team Total								15.84

80

Shawnee State (Ohio)



1

LW: 81

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	31	Olivia CISCO	JR	17:48.49	3/22/25	0.65	0.00	0.65
► 10,000m	10	Olivia CISCO	JR	36:44.10	4/12/25	12	0.82	12.82
► RW5000	23	Natalie BRAMMER	JR	31:53.36	3/15/25	1.5	0.24	1.74
► HT	43	Jaina BAILEY	JR	46.42m 152-4	4/12/25	0.175	0.00	0.18
SHAWNEE STATE (OHIO) TFRI Team Total								15.39

81

William Woods (Mo.)
AMC



1

LW: 80

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	27	Mekayla GIBSON	SR	17:39.06	4/11/25	0.85	0.17	1.02
► 5000m	32	Hailey GERARD	JR	17:49.24	4/11/25	0.6	0.00	0.60
► 10,000m	11	Mekayla GIBSON	SR	36:52.22	3/28/25	10	0.73	10.73
► RW5000	28	Anna HART	FR	35:59.41	3/29/25	0.8	0.00	0.80
► 4x800	44	Emma Clifford, Myra Baker, Kyah Weirich, Christian Steuck		10:47.61	3/29/25	0.15	0.00	0.15
WILLIAM WOODS (MO.) TFRI Team Total								13.31

82

Cottey (Mo.)
AMC



3

LW: 85

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	50	Madalenn FEE	SR	4:46.30	4/17/25	0.01	0.00	0.01
▶ Steeple	10	Madalenn FEE	SR	11:16.18	4/11/25	12	1.08	13.08
COTTEY (MO.) TFRI Team Total								13.09

83

Mount Marty (S.D.)

unch

LW: 83

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x100	26	Alexus Motley, Hilaria Rodriguez, Alexis Even, Zelie Sorensen		47.86	4/12/25	0.9	0.00	0.90
► 4x400	43	Zelie Sorensen, Alexis Even, Lexa Burtzlaff, Josey Wahlstrom		4:05.89	4/12/25	0.175	0.00	0.18
► 4x800	36	Josey Wahlstrom, Alexis Gosch, Isabella Ramsgard, Rachel Erk		10:37.37	4/16/25	0.4	0.00	0.40
► PV	13	Mya ZOHNER	SO	3.66m 12-0	4/5/25	8	0.68	8.68
► PV	21	Paige CLAUSEN	FR	3.51m 11-6¼	4/5/25	2.5	0.16	2.66
MOUNT MARTY (S.D.) TFRI Team Total								12.82



National TFRI Team Summary



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

84 Midway (Ky.) River States

▼ 6
LW: 78

Scored bests come from CURRENT qualifying season

▶ HJ	16	Emerson VANSCOY	SO	1.67m	5-5½	3/22/25	5	0.47	5.47
▶ PV	20	Maddi REED	FR	3.52m	11-6½	4/5/25	3	0.19	3.19
▶ JAV	19	Trinity GOTTIER	SO	40.46m	132-9	3/29/25	3.5	0.42	3.92

MIDWAY (KY.) TFRI Team Total 12.58

85 Arizona Christian GSAC

▼ **11**
LW: 74

Scored bests come from CURRENT qualifying season

▶ 400H	38	Shaylee QUENZER	FR	1:05.41		4/5/25	0.3	0.00	0.30
▶ PV	11	McKenna ROGERS	SO	3.68m	12-¾	4/5/25	10	0.76	10.76
▶ LJ	28	Rylan RHODES	FR	5.60m	18-4½ (0.0)	12/7/24	0.8	0.03	0.83
▶ HEPT	35	Lucy LOVELACE	JR	3.603		3/28/25	0.45	0.00	0.45

ARIZONA CHRISTIAN TFRI Team Total 12.33

86 **Corban (Ore.)**
Cascade

▼ **10**
LW: 76

Scored bests come from CURRENT qualifying season

▶ HJ	12	Kayla MORGAN	JR	1.68m	5-6	4/5/25	9	0.64	9.64
▶ HT	29	Gabrielle TATA-RODRIGUES	SR	48.58m	159-5	4/19/25	0.75	0.00	0.75
▶ JAV	23	Keelyn O'REILLY	SR	39.83m	130-8	3/20/25	1.5	0.16	1.66

CORBAN (ORE.) TFRI Team Total 12.05

87 Cornerstone (Mich.) WHAC

▲ 4
LW: 91

Scored bests come from CURRENT qualifying season

▶ 100H	41	Katelynn DIX	JR	14.77	(1.0)	3/29/25	0.225	0.00	0.23
▶ 400m	32	Hallie KOOYER	SO	57.94		3/28/25	0.6	0.13	0.73
▶ 400H	27	Katelynn DIX	JR	1:04.45		4/19/25	0.85	0.15	1.00
▶ 800m	25	Ronnie MCMILLAN	SR	2:15.44		4/19/25	0.95	0.28	1.23
▶ 800m	40	Emma STEELE	FR	2:16.94		4/12/25	0.25	0.00	0.25
▶ 1500m	44	Jacie REMTEMA	SO	4:45.40		4/19/25	0.15	0.00	0.15
▶ 5000m	24	Emma MOORE	JR	17:37.46		4/19/25	1	0.20	1.20
▶ 4x400	28	Hallie Kooyer, Sarah Genzink, Emma Steele, Ronnie McMillan		4:01.73		4/5/25	0.8	0.00	0.80
▶ PV	22	Cecily FAGER	SO	3.50m	11-5¼	4/19/25	2	0.12	2.12
▶ DISC	27	Claire MEACHAM	JR	42.58m	139-9	4/5/25	0.85	0.07	0.92
▶ HT	26	Claire MEACHAM	JR	49.01m	160-10	4/5/25	0.9	0.00	0.90

CORNERSTONE (MICH.) TFRI Team Total 9.54

88 **Talladega (Ala.)**
HBCUAC

2
LW: 90

Scored bests come from CURRENT qualifying season

▶ 100m	20	Lamoy DUFFUS	SR	11.87	(1.8)	4/12/25	3	0.55	3.55
▶ 200m	26	Lamoy DUFFUS	SR	24.82w	(2.4)	4/12/25	0.9	0.21	1.11
▶ 4x100	24	Kishawna Wallace, Dhaenia		47.79		3/9/25	1	0.00	1.00

▶ HJ	19	Alexis GOODMAN	FR	1.66m	5-5¼	4/12/25	3.5	0.29	3.79
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TALLADEGA (ALA.) TFRI Team Total 9.44



Only those who score >0.01 pts are shown

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89 Graceland (Iowa)

▼ **16**
LW: 73

90 **Baker (Kan.)**
The Heart

LW: 89

91 Grand View (Iowa)

LW: 86

92 **Tabor (Kan.)**
KCAC

4
LW: 88

93 **SCAD Savannah (Ga.)**
Sun Conference

LW: 87

94 **Lawrence Tech (Mich.)**
WHAC

LW: 121

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	17	Latrice WILLIAMS	FR	14.28w (2.7)	4/19/25	4.5	0.55	5.05
▶ 100H	45	Martina MONTSERRAT-VILAR	FR	14.83w (2.8)	4/19/25	0.125	0.00	0.13
▶ 400H	25	Aniya ADAMS	SR	1:04.34	4/19/25	0.95	0.19	1.14
▶ Steeple	38	Hanna ASSENMACHER	SR	11:57.37	4/5/25	0.3	0.00	0.30
▶ 4x100	35	Latrice Williams, Martina Montserrat-Vilar, Maliea May, Aniya Adams		48.47	4/19/25	0.45	0.00	0.45
LAWRENCE TECH (MICH.) TFRI Team Total								7.06



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

98 **St. Ambrose (Iowa)** **3**
Chicagoland LW: 95

[illegible]

Columbia International (S.C.)

AAC

LW: 98

▼

2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	50	Morgan JOHNSON	SR	12.16w (2.9)	4/19/25	0.01	0.00	0.01
► 4x400	46	#Type!		4:06.99	4/19/25	0.1	0.00	0.10
► 4x800	31	#Type!		10:28.31	4/19/25	0.65	0.00	0.65
► SP	19	Kloey PICKENS	SR	13.12m 43-½	4/4/25	3.5	0.36	3.86
COLUMBIA INTERNATIONAL (S.C.) TFR! Team Total							4.62	



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

101

Oklahoma Wesleyan

KCAC

▼

5

LW: 96

102

Southwestern (Kan.)

KCAC

▼

1

LW: 101

103 **McPherson (Kan.)**  **1**
KCAC LW: 102

104 **Jamestown (N.D.)**  **1**
North Star LW: 103

105 **Hannibal-LaGrange (Mo.)**
AMC LW:

106 Oregon Tech unch
Cascade LW: 106

107 Reinhardt (Ga.)  **9**
AAC LW: 116

108 **Ozarks (Mo.)**  **15**
SAC LW: 93

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 10,000m	26	Katharina GOZE	SO	38:03.77	4/11/25	0.9	0.12	1.02
▶ HEPT	25	Morgan WOOD	JR	3,827	3/29/25	0.95	0.00	0.95
OZARKS (MO.) TFR1 Team Total								1.97

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

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WOMEN — 2025 Checkpoint #4, April 22

109 Spring Arbor (Mich.)

▼ **15**
LW: 94

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x100	34	Alyssa Budd, Lonna Perna, Shailin Golden, Hope Taylor		48.38	4/12/25	0.5	0.00	0.50
► 4x800	41	Caitlyn Terrien, Olivia Ortell, Nevaeh Harris, Shelby Cade		10:46.57	4/12/25	0.225	0.00	0.23
► LJ	40	Alyssa BUDD	SO	5.51m 18-1 (0.0)	4/12/25	0.25	0.00	0.25
► HEPT	26	Allison TEED	JR	3,808	3/22/25	0.9	0.00	0.90
SPRING ARBOR (MICH.) TFRI Team Total								1.88

110 Ave Maria (Fla.)
Sun Conference

▼ 6
LW: 104

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	49	Alexis MENDLIK	FR	12.15 (1.0)	4/11/25	0.025	0.00	0.03
▶ RW5000	24	Maria TALAFUSE	JR	32:45.57	4/11/25	1	0.07	1.07
▶ HJ	30	Molly FROM	SO	1.63m 5-4¼	4/4/25	0.7	0.00	0.70
▶ DISC	50	Audrey BAKER	FR	40.01m 131-3	3/8/25	0.01	0.00	0.01
AVE MARIA (FLA.) TFR1 Team Total								1.80

111 Oklahoma Panhandle State SAC

2
LW: 109

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	34	Breyanna KEMP	SO	24.94 (1.8)	4/12/25	0.5	0.06	0.56
► 400m	29	Jamiah CLAY	SR	57.81	3/22/25	0.75	0.19	0.94
► 4x100	47	Paizlie Reyna-Mata, Jamiah Clay, Akia Bowens, Ashlynn Perez		49.06	3/22/25	0.075	0.00	0.08
► HT	41	Savannah COBLENTZ	FR	46.64m 153-0	4/12/25	0.225	0.00	0.23
OKLAHOMA PANHANDLE STATE TFRI Team Total								1.80

112 **Texas Wesleyan**
SAC

3
LW: 115

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	39	Kenna CONNER	SO	14.76 (-0.3)	4/19/25	0.275	0.00	0.28
▶ 400m	25	Lasharia GORDON	SR	57.69	3/22/25	0.95	0.24	1.19
▶ HJ	43	Giani WIMBISH-GAY	FR	1.60m 5-3	3/22/25	0.175	0.00	0.18
TEXAS WESLEYAN TFRI Team Total								1.64

113 Cleary (Mich.)

▼ 6
LW: 107

Event	NOR	Athlete	Yr	Season Qual, Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 400H	29	Samantha HOELSCHER	JR	1:04.47	4/12/25	0.75	0.14	0.89	
▶ DISC	34	Carlee BEENEY	SO	41.90m	137-6	4/18/25	0.5	0.00	0.50
CLEARY (MICH.) TFR1 Team Total								1.39	

114 **Brescia (Ky.)**
River States

▼ 6
LW: 108

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	24	Jordyn CARDWELL	SR	5.65mw 18-6½ (2.1)	3/22/25	1	0.22	1.22
► TJ	45	McGee TIA	SO	11.00m 36-1¼ (0.0)	4/18/25	0.125	0.00	0.13
BRESCIA (KY.) TFR1 Team Total								1.35

115 Wayland Baptist (Texas)

▲ 8
LW: 123

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► LJ	36	Faith CASTILLO	SR	5.54m	18-2¼ (1.3)	4/17/25	0.4	0.00	0.40
► SP	27	Mia GRAY	FR	12.78m	41-11¼	4/3/25	0.85	0.04	0.89
WAYLAND BAPTIST (TEXAS) TFR! Team Total									1.29

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

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WOMEN – 2025 Checkpoint #4, April 22

116 Brewton-Parker (Ga.)

SSAC

▼ 4
LW: 112

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	36	Kendra PAYNE	FR	58.05	4/12/25	0.4	0.09	0.49
► 4x100	38	Kameron Noble, Kendra Payne, Danaysia Roberts, Sidni Daniel		48.63	4/5/25	0.3	0.00	0.30
► TJ	37	A'Shanti SURREY	SR	11.12m 36-5¾ (0.6)	4/12/25	0.35	0.00	0.35

BREWTON-PARKER (GA.) TFR1 Team Total 1.14

117 Blue Mountain (Miss.)

SSAC

▼ 4
LW: 113

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	32	Aubrey BRITT	JR	11:52.98	4/5/25	0.6	0.00	0.60
► 4x800	34	Aubrey Britt, Harley Garner, Tyra Yahola, Angela Wright		10:33.65	3/15/25	0.5	0.00	0.50

BLUE MOUNTAIN (MISS.) TFR1 Team Total 1.10

118 John Brown (Ark.)

SAC

▼ 7
LW: 111

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x800	30	Mikey Duncan, Emma Morton, Tori Calder, Anna Keys		10:26.01	3/22/25	0.7	0.00	0.70
► SP	40	Evie SCOLCS	SR	12.51m 41-½	4/17/25	0.25	0.00	0.25

JOHN BROWN (ARK.) TFR1 Team Total 0.95

119 Bushnell (Ore.)

Cascade

▼ 2
LW: 117

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	26	Cadence SMITH	FR	11:43.67	4/5/25	0.9	0.01	0.91
► LJ	49	Cyan KELSO-REYNOLDS	FR	5.45m 17-10¾ (0.0)	4/12/25	0.025	0.00	0.03

BUSHNELL (ORE.) TFRI Team Total 0.94

120 **Bethel (Kan.)**

KCAC

unch
LW: 120

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► LJ	47	Myiah LOGUE	SR	5.46m	17-11 (1.3)	4/19/25	0.075	0.00	0.08
► TJ	27	Myiah LOGUE	SR	11.37m	37-3% (0.9)	4/5/25	0.85	0.00	0.85

BETHEL (KAN.) TFRI Team Total 0.93

121 **Wiley (Texas)**

HBCUAC

▼ **3**
LW: 118

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100H	37	Ariel JOHNSON	SO	14.72w (3.1)	3/22/25	0.35	0.00	0.35
► 4x800	50	Jakatelyn Thomas, Remi Pierre, Jean Marie Farinha, Meeyesha Tutt-Mootouo		11:51.30	4/12/25	0.01	0.00	0.01
► TJ	33	Meeyesha TUTT-MOOTOULO	JR	11.17mw 36-7¼ (3.2)	3/22/25	0.55	0.00	0.55

WILEY (TEXAS) TFRI Team Total 0.91

122 Briar Cliff (Iowa)

GPAC

▲ **11**
LW: 133

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► JAV	27	Lilly PETERS	FR	39.33m	129-1	4/16/25	0.85	0.00	0.85

BRIAR CLIFF (IOWA) TFR1 Team Total	0.85
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123 Keiser (Fla.)

Sun Conference

▼ **1**
LW: 122

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 4x100	45	Gracie Zacarias, Jasheena Owens, Destiny McBroom, Virginia Tan		49.00	4/11/25	0.125	0.00	0.13
► TJ	31	Yasmine RODGERS	SO	11.22m 36-9% (0.0)	3/28/25	0.65	0.00	0.65

KEISER (FLA.) TFRI Team Total 0.78



Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

124 **Missouri Valley** **5**
The Heart LW: 119

125

Northwest (Wash.)
Cascade

LW:

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 800m	34	Rachel ELLIOTT	SO	2:16.40	4/18/25	0.5	0.07	0.57
NORTHWEST (WASH.) TFRI Team Total								0.57

126

Loyola (La.)
SSAC

unch
LW: 126

Event	NOR	Athlete	Yr	Season Qual.	Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season										
HJ	43	Tenosh LANDRY	FR	1.60m	5-3	3/22/25	0.175	0.00		0.18
HJ	43	Kaitlyn BECNEL	SR	1.60m	5-3	3/22/25	0.175	0.00		0.18
LOYOLA (LA.) TFRI Team Total										0.35

127

Goshen (Ind.)
Crossroads

▼

3

LW: 124

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	38	Mercy CHEBET	JR	17:52.06	4/12/25	0.3	0.00	0.30
GOSHEN (IND.) TFRI Team Total								0.30

128 Southwestern Christian (Okla.)  **1**
SAC LW: 127

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	39	Carissa BURNS	SR	12.08w (4.0)	3/29/25	0.275	0.00	0.28
SOUTHWESTERN CHRISTIAN (OKLA.) TFRI Team Total								0.28

129

Mobile (Ala.)
SSAC

1

LW: 130

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	40	Ashlyn BROUSSARD	JR	1:05.63	4/11/25	0.25	0.00	0.25
MOBILE (ALA.) TFRI Team Total								0.25

130

Bryan (Tenn.)
AAC

▼

LW: 128

2

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 10,000m	41	Carissa WILSON	JR	39:32.69	3/22/25	0.225	0.00	0.23
▶ JAV	50	Mikayla GALE	SR	36.85m 120-11	4/12/25	0.01	0.00	0.01
BRYAN (TENN.) TFRI Team Total								0.24

131

Concordia (Mich.)
WHAC

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► LJ	41	Jayde ULLENBRUCH	SO	5.50mw 18-½ (2.6)	4/19/25	0.225	0.00	0.23
CONCORDIA (MICH.) TFRI Team Total								0.23

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

132 **Spartanburg Methodist (S.C.)** ▼ **7**
Continental LW: 125

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400H	48	Sophia OUTHOUS	SO	1:05.91	4/4/25	0.05	0.00	0.05
▶ 4x800	43	Sophia Outhous, Polly Addington, Nsimire Bahongwerhe, Averi Vance		10:47.06	3/22/25	0.175	0.00	0.18
SPARTANBURG METHODIST (S.C.) TFRI Team Total								0.23

133 **Rochester Christian (Mich.)**  **1**
WHAC LW: 132

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► Steeple	42	Heather ELLER	SR	12:01.48	4/12/25	0.2	0.00	0.20
ROCHESTER CHRISTIAN (MICH.) TFRI Team Total								0.20

134 **York (Neb.)**  **1**
KCAC LW: 135

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	43	Abby SCHOPPER	FR	3,353	4/18/25	0.175	0.00	0.18
YORK (NEB.) TFRI Team Total								0.18

135 **St. Francis (Ill.)**  **4**
Chicagoland LW: 131

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	45	Dyannara FRANCO	SO	18:09.13	4/12/25	0.125	0.00	0.13
ST. FRANCIS (ILL.) TFRI Team Total								0.13

136 Nelson (Texas)  **23**
SAC LW: 113

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► HEPT	48	Skylar MORRIS	FR	2,999	3/29/25	0.05	0.00	0.05
► HEPT	49	Robyn PUENTE	FR	2,960	3/29/25	0.025	0.00	0.03
NELSON (TEXAS) TFRI Team Total								0.08

137

North American (Texas)

Red River

▲

1

LW: 138

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 200m	47	Alayah GORE	FR	25.11w (2.4)	4/12/25	0.075	0.00	0.08
NORTH AMERICAN (TEXAS) TFRI Team Total								0.08

137 Voorhees (S.C.)  **3**
HBCUAC LW: 134

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► TJ	47	Jakayla BROWN	FR	10.96m 35-11½ (-0.7)	4/5/25	0.075	0.00	0.08
VOORHEES (S.C.) TFRI Team Total								0.08

139 **Freed-Hardeman (Tenn.)**  **4**
Mid-South LW: 135

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	49	Mary PEARCE	FR	18:12.78	3/22/25	0.025	0.00	0.03
FREED-HARDEMAN (TENN.) TFRI Team Total								0.03