



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Briana CAMPBELL	FR #3	Life (Ga.)	4.94	D 11.45	(-0.3) 5/3/25 Music City Outdoor Challenge
2	Denai WILSON	JR #5	William Carey (Miss.)	30.57	11.49	(1.1) 4/26/25 Southern States Outdoor Cha
3	Tyeese SMITH	JR #5	William Carey (Miss.) {2}	28.29	11.52	(1.5) 3/22/25 Alumni Bulldog Relays
4	Tiyna RIDGE	SO	Friends (Kan.)	26.01	11.55	(1.9) 5/2/25 Kansas Collegiate (KCAC) Out
5	Irmiris MENDEZ	SR #11	Southeastern (Fla.)	23.92	11.56w	(2.8) 4/12/25 South Florida Invitational (out
6	Charlotte BOWMAN	SR #23	College of Idaho	21.56	11.60	(1.8) 5/10/25 Cascade Track & Field Champi
7	Ny'tierra HOBBS	SR #10	Madonna (Mich.)	19.47	11.61w	(2.7) 5/1/25 Wolverine-Hoosier (WHAC) Ou
7	Hanna SOBKOWICH	SR #1	British Columbia	19.47	11.61	(1.8) 5/10/25 Cascade Track & Field Champi
9	Kevell BYRD	SR	Dillard (La.)	15.21	11.64	(1.8) 4/12/25 HBCUAC Outdoor Champions
10	Neryah HEKL	SO #4	Doane (Neb.)	13.09	11.66	(0.8) 5/9/25 Concordia (Neb.) Twilight Mee
11	Breanna CLARKE	SO #25	Xavier (La.)	10.97	11.68w	(3.4) 4/5/25 Davenport-Milburn Pelican Re
12	Gretchen RANEY	SR	Saint Mary (Kan.)	9.91	11.69	(1.6) 5/2/25 Kansas Collegiate (KCAC) Out
12	Kayly GUTHRIE	SR #15	Lindsey Wilson (Ky.)	9.91	11.69w	(2.8) 4/12/25 South Florida Invitational (out
14	Debbie SULEMAN	FR #1	British Columbia {2}	7.85	11.70	(1.1) 4/26/25 Ralph Vernacchia Invitational
15	Tonyan BECKFORD	FR #18	St. Thomas (Fla.)	2.79	D 11.71	(1.3) 4/27/25 The Sun Conference Outdoor
15	Zakiya PORTER	JR #14	Central Methodist (Mo.)	6.79	11.71	(1.4) 5/3/25 Heart of America (HAAC) Outd
15	Jaelyn MITCHELL	SO #25	Xavier (La.) {2}	6.79	11.71w	(2.6) 3/22/25 Louisiana Classics
18	Jahhi CLARKE-BLOOMFIEL	SO	Warner (Fla.)	4.68	11.73w	(2.4) 4/5/25 Embry-Riddle Running Eleme
19	Jordyn WEEMS	SR	Ottawa (Kan.)	4.00	11.79	(1.6) 5/2/25 Kansas Collegiate (KCAC) Out
20	Bri HAY	FR #18	St. Thomas (Fla.) {2}	3.41	11.82w	(3.6) 4/12/25 South Florida Invitational (out
20	Kiya POGUE	SR	Indiana Tech	3.41	11.82w	(2.9) 5/1/25 Wolverine-Hoosier (WHAC) Ou
22	Rosjai CURTIS	FR	Park (Mo.)	2.38	11.83	(1.4) 5/3/25 Heart of America (HAAC) Outd
22	Syniah SIMS	SO #5	William Carey (Miss.) {3}	2.38	11.83w	(2.6) 3/29/25 Southern Miss Invitational
24	Mya CHARLES	SO	Park (Mo.) {2}	1.35	11.84	(1.4) 5/3/25 Heart of America (HAAC) Outd
24	Leah MACON-FORD	FR	UHSP (Mo.)	1.35	11.84w	(2.8) 3/29/25 Billiken Invitational
24	Leah MACON-FORD	FR	UHSP (Mo.)	1.35	11.84w	(2.8) 3/29/25 Billiken Invitational
26	Myesha HALL	SR	Truett-McConnell (Ga.)	1.22	11.85w	(2.9) 4/19/25 Appalachian (AAC) Outdoor C
26	Tori BURTON	JR	Dillard (La.) {2}	1.22	11.85	(1.1) 4/12/25 HBCUAC Outdoor Champions
28	Lamoy DUFFUS	SR	Talladega (Ala.)	1.06	11.87	(1.8) 4/12/25 HBCUAC Outdoor Champions
28	Cameron KELPERIS	SO #3	Life (Ga.) {2}	1.06	11.87	(0.7) 5/7/25 Emory Final Qualifier
30	Abia KANTE	SO #6	Cumberlands (Ky.)	0.90	11.89	(1.4) 4/27/25 Jim Freeman/Clark Wood Invit
31	Hannah REID	FR #15	Lindsey Wilson (Ky.) {2}	0.79	11.91	(0.3) 5/5/25 Mid-South Outdoor Track & Fi
32	Tylar PARKER	FR #13	Olivet Nazarene (Ill.)	0.71	11.92w	(3.5) 5/3/25 Chicagoland (CCAC) Outdoor
32	Morgan LILLY	SO	Evangel (Mo.)	0.71	11.92w	(2.1) 4/17/25 Pittsburg State Tune-Up
32	Khila DARRISAW	JR #18	St. Thomas (Fla.) {3}	0.71	11.92	(0.8) 4/19/25 STU Open 3
32	Alexis SUMMERS	SO	Baker (Kan.)	0.71	11.92	(1.4) 5/3/25 Heart of America (HAAC) Outd
36	Jenna-Ann JOHNSON	JR #8	Siena Heights (Mich.)	0.49	11.93w	(3.0) 5/1/25 Wolverine-Hoosier (WHAC) Ou
37	Dylainey FLOYD	SO	Indiana Wesleyan	0.35	11.96w	(2.3) 5/2/25 Crossroads League Outdoor C
38	Carsyn BURDINE	JR #13	Olivet Nazarene (Ill.) {2}	0.30	11.98	(1.9) 4/13/25 Olivet Nazarene Tiger Open
39	Latrice BROWN	SO	Columbia (S.C.)	0.28	12.02w	(2.9) 4/19/25 Appalachian (AAC) Outdoor C
39	Tierney HUSS	FR	Northwestern (Iowa)	0.28	12.02w	(3.0) 4/16/25 Red Raider Open
41	Carissa BURNS	SR	Southwestern Christia	0.23	12.03	(1.6) 4/26/25 Sooner Athletic Outdoor Cha
41	Delaney WEIMER	SR	Evangel (Mo.) {2}	0.23	12.03w	(3.0) 5/8/25 Missouri State Twilight
41	Sidni DANIEL	FR	Brewton-Parker (Ga.)	0.23	12.03	(1.1) 4/26/25 Southern States Outdoor Cha
44	Alyssa MORLEY	FR #11	Southeastern (Fla.) {2}	0.15	12.04w	(2.4) 4/5/25 Embry-Riddle Running Eleme
44	Kellan WAHL	SR	Rocky Mountain (Mont	0.15	12.04w	(2.5) 5/8/25 APU Franson Last Chance
46	Jordyn MINOR	SO	Loyola (La.)	0.10	12.05	(1.1) 4/26/25 Southern States Outdoor Cha
46	Jasmin HORNES	FR	Warner (Fla.) {2}	0.10	12.05	(1.3) 4/27/25 The Sun Conference Outdoor
46	Roy' Janae BROWN	SO	Ottawa (Kan.) {2}	0.10	12.05w	(3.6) 3/28/25 Emporia State Relays
49	Zelie SORENSEN	JR	Mount Marty (S.D.)	0.03	12.06w	(2.4) 5/10/25 Loper Twilight
49	Salieci MYLES	SR #5	William Carey (Miss.) {4}	0.03	12.06w	(2.4) 4/19/25 Jim Mize Invitational
49	RaeAnn THOMPSON	SO #4	Doane (Neb.) {2}	0.03	12.06w	(2.9) 4/18/25 Jim Dutcher Memorial



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Briana CAMPBELL	FR	#3 Life (Ga.)	35.59	13.05	(0.6)	5/3/25 Music City Outdoor Challenge
2	Salieci MYLES	SR	#5 William Carey (Miss.)	32.48	13.22	(-0.3)	4/26/25 Southern States Outdoor Cha
3	Adrianna RODENCAL	JR	#7 Concordia (Neb.)	29.53	13.37w	(2.2)	4/26/25 Drake Relays
4	Faith JACKSON	SR	#8 Siena Heights (Mich.)	25.72	13.74	(1.3)	4/25/25 Don Kleinow Memorial Invitati
5	Linnearia RICHARDS	JR	#8 Siena Heights (Mich.) {2}	23.60	13.77	(1.3)	4/25/25 Don Kleinow Memorial Invitati
6	Kiya POGUE	SR	Indiana Tech	21.52	13.79w	(3.1)	5/1/25 Wolverine-Hoosier (WHAC) Ou
7	Kerrigan MYERS	SR	Midland (Neb.)	19.28	13.85	(1.4)	4/19/25 Kansas Relays
8	Jade HARRIS	JR	#25 Xavier (La.)	17.09	13.90	(0.1)	5/3/25 Dillard (La.)-Xavier (La.)
9	Irmiris MENDEZ	SR	#11 Southeastern (Fla.)	15.05	13.91	(1.6)	4/5/25 Embry-Riddle Running Eleme
10	Kaylah MCCALL	JR	#13 Olivet Nazarene (Ill.)	12.89	13.95	(1.1)	5/7/25 Hillsdale College Last Chance
11	Addisyn TERPSTRA	SO	Grand View (Iowa)	10.74	13.99	(1.9)	5/3/25 Heart of America (HAAC) Outd
12	Haley BELLAMY	JR	#14 Central Methodist (Mo.)	2.70	14.00	(1.9)	5/3/25 Heart of America (HAAC) Outd
13	Samantha DEGRACE	FR	Tennessee Wesleyan	8.66	14.01w	(2.7)	4/19/25 Appalachian (AAC) Outdoor C
14	Nyrania BARR-MILLER	FR	#18 St. Thomas (Fla.)	7.62	14.02w	(2.1)	4/12/25 South Florida Invitational (out
15	Kaitlyn MCCOLLY	SR	#2 Dickinson State (N.D.)	6.52	14.05	(1.7)	4/27/25 U-Mary Senior Day Open
16	Isabel URRUTIA LEMUS	FR	#15 Lindsey Wilson (Ky.)	5.48	14.07w	(3.5)	4/12/25 South Florida Invitational (out
17	Renee FINKE	SR	#14 Central Methodist (Mo.) {2}	4.96	14.08	(1.9)	3/29/25 Central Methodist Invitational
18	Parys SMITH	SR	#14 Central Methodist (Mo.) {3}	4.44	14.09	(0.5)	5/3/25 Heart of America (HAAC) Outd
18	Breanna CLARKE	SO	#25 Xavier (La.) {2}	4.44	14.09	(1.0)	4/26/25 Red River Outdoor Champions
20	Mackenzie PRINGLE	SO	Columbia (S.C.)	3.42	14.10w	(2.7)	4/19/25 Appalachian (AAC) Outdoor C
21	Kenna CONNER	SO	Texas Wesleyan	2.87	14.13w	(2.3)	5/11/25 Trinity Last Chance
22	Nina MARINKOVIC	SO	#9 Marian (Ind.)	2.35	14.14	(-0.7)	5/9/25 Billy Hayes Invitational
22	Brei CHRISTOFFER	SO	Clarke (Iowa)	2.35	14.14w	(2.3)	4/12/25 Mustang Distance Carnival &
24	Josie GARRETT	JR	#4 Doane (Neb.)	1.27	14.18	(1.6)	5/9/25 Concordia (Neb.) Twilight Mee
25	Emma DIVERONICA	SR	#18 St. Thomas (Fla.) {2}	1.14	14.22w	(3.5)	4/12/25 South Florida Invitational (out
26	JayOnna PERRY	JR	Ottawa (Kan.)	1.02	14.26w	(3.0)	5/2/25 Kansas Collegiate (KCAC) Out
27	Latrice WILLIAMS	FR	Lawrence Tech (Mich.)	0.93	14.28w	(2.7)	4/19/25 Aggie Invitational
28	Sariyah MORALES	FR	#18 St. Thomas (Fla.) {3}	0.82	14.31w	(2.1)	4/12/25 South Florida Invitational (out
29	Shanai SWEETING	JR	Park (Mo.)	0.75	14.33	(1.9)	5/3/25 Heart of America (HAAC) Outd
30	Jaida ROWE	JR	Hastings (Neb.)	0.70	14.37	(1.5)	5/3/25 GPAC Outdoor Championship
30	Ally HAWK	JR	Indiana Wesleyan	0.70	14.37	(1.0)	5/2/25 Crossroads League Outdoor C
32	Emily LUDWIG	SO	Viterbo (Wis.)	0.60	14.39w	(2.1)	5/9/25 UW-La Crosse Uncaged Eagle
33	Marissa RUTTER	FR	Mount Vernon Nazare	0.55	14.40	(1.0)	5/2/25 Crossroads League Outdoor C
34	Makiyah ALLEN	JR	Campbellsville (Ky.)	0.50	14.41w	(2.3)	3/15/25 Myrtle Beach Collegiate Challe
35	Hope KLAMM	JR	Park (Mo.) {2}	0.45	14.47	(0.7)	5/3/25 Heart of America (HAAC) Outd
35	Kiana SIEFERT	JR	#17 Taylor (Ind.)	0.45	14.47	(1.1)	5/2/25 Crossroads League Outdoor C
35	Kayla SVOBODA	JR	#7 Concordia (Neb.) {2}	0.45	14.47	(-0.1)	5/9/25 Concordia (Neb.) Twilight Mee
38	Jordyn MILLER-KNUCKLES	SO	Saint Mary (Kan.)	0.30	14.48w	(3.2)	4/12/25 Wichita State K.T. Woodman I
39	Kayla RORIE	FR	Indiana Tech {2}	0.28	14.52	(1.5)	5/1/25 Wolverine-Hoosier (WHAC) Ou
40	Talea GIFFORD	FR	#11 Southeastern (Fla.) {2}	0.25	14.54	(1.9)	4/5/25 Embry-Riddle Running Eleme
41	Aziza CLARK	SO	Our Lady of the Lake (0.23	14.56w	(2.3)	5/11/25 Trinity Last Chance
41	Zaria JONES	FR	#14 Central Methodist (Mo.) {4}	0.23	14.56	(1.9)	5/3/25 Heart of America (HAAC) Outd
43	Tanya DHANOA	SO	#1 British Columbia	0.18	14.58	(1.2)	5/10/25 Cascade Track & Field Champi
44	Emma JOHNSON	SR	Viterbo (Wis.) {2}	0.15	14.59w	(3.6)	5/9/25 UW-La Crosse Uncaged Eagle
44	Martina MONTSERRAT-VILAR	FR	Lawrence Tech (Mich.) {2}	0.15	14.59w	(3.1)	5/1/25 Wolverine-Hoosier (WHAC) Ou
46	Makayla THOMPSON	SO	Langston (Okla.)	0.10	14.61w	(2.2)	4/17/25 Pittsburg State Tune-Up
47	Amelie STEINS	SO	Dakota State (S.D.)	0.08	14.68	(0.6)	5/9/25 North Star Outdoor Champion
48	Gabriela MILLAN	SO	Friends (Kan.)	0.05	14.69w	(3.0)	5/2/25 Kansas Collegiate (KCAC) Out
49	Irian PADULLES	SR	Friends (Kan.) {2}	0.03	14.70w	(3.0)	5/2/25 Kansas Collegiate (KCAC) Out
49	Leojai HIBBERT	SO	#25 Xavier (La.) {3}	0.03	14.70	(1.0)	4/26/25 Red River Outdoor Champions



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Briana CAMPBELL	FR #3	Life (Ga.)	33.88	23.23	(0.3)	4/26/25 Southern States Outdoor Cha
2	Denai WILSON	JR #5	William Carey (Miss.)	31.08	23.43	(0.3)	4/26/25 Southern States Outdoor Cha
3	Kevell BYRD	SR	Dillard (La.)	28.42	23.60	(0.1)	5/3/25 Dillard (La.)-Xavier (La.)
4	Praise IDAMADUDU	SR #19	Cumberland (Tenn.)	26.27	23.64w	(2.4)	4/5/25 Tennessee Invite
5	Jaelyn MITCHELL	SO #25	Xavier (La.)	24.00	23.71	(0.1)	5/3/25 Dillard (La.)-Xavier (La.)
6	Tonyan BECKFORD	FR #18	St. Thomas (Fla.)	3.88	23.74	(-0.1)	3/22/25 UCF Black and Gold Invite
7	Abia KANTE	SO #6	Cumberlands (Ky.)	19.54	23.83w	(3.1)	3/29/25 Central Methodist Invitational
8	Hanna SOBKOWICH	SR #1	British Columbia	3.38	23.89	(0.2)	5/10/25 Cascade Track & Field Champi
9	Kyla BRADBERRY	FR	Saint Mary-of-the-Woo	15.35	23.90w	(2.8)	5/9/25 Sycamore Open
10	Charity JONES	SR #10	Madonna (Mich.)	13.20	23.96w	(2.2)	5/1/25 Wolverine-Hoosier (WHAC) Ou
11	Irmiris MENDEZ	SR #11	Southeastern (Fla.)	2.90	24.08	(1.8)	4/12/25 South Florida Invitational (out
12	Ny'tierra HOBBS	SR #10	Madonna (Mich.) {2}	9.87	24.09w	(2.2)	5/1/25 Wolverine-Hoosier (WHAC) Ou
13	Hannah REID	FR #15	Lindsey Wilson (Ky.)	8.63	24.24	(0.3)	5/10/25 Lee University Last Chance
14	Kayly GUTHRIE	SR #15	Lindsey Wilson (Ky.) {2}	7.56	24.30w	(3.7)	4/5/25 Tennessee Invite
14	Jordyn WEEMS	SR	Ottawa (Kan.)	7.56	24.30w	(3.7)	5/2/25 Kansas Collegiate (KCAC) Out
16	Alexis SUMMERS	SO	Baker (Kan.)	5.48	24.36w	(4.0)	5/3/25 Heart of America (HAAC) Outd
17	Zakiya PORTER	JR #14	Central Methodist (Mo.	4.93	24.40w	(2.5)	5/3/25 Heart of America (HAAC) Outd
18	Hanna REUTER	JR #9	Marian (Ind.)	4.42	24.41w	(2.2)	5/2/25 Crossroads League Outdoor C
18	Tylar PARKER	FR #13	Olivet Nazarene (Ill.)	4.42	24.41w	(3.0)	5/3/25 Chicagoland (CCAC) Outdoor
20	Carsyn BURDINE	JR #13	Olivet Nazarene (Ill.) {2}	3.39	24.44	(0.0)	4/13/25 Olivet Nazarene Tiger Open
21	Debbie SULEMAN	FR #1	British Columbia {2}	2.87	24.45w	(2.2)	4/26/25 Ralph Vernacchia Invitational
22	Joana VAKASOBUDURU	JR #14	Central Methodist (Mo.)	2.34	24.48w	(3.1)	3/29/25 Central Methodist Invitational
23	Khila DARRISAW	JR #18	St. Thomas (Fla.) {2}	1.81	24.50w	(2.7)	4/12/25 South Florida Invitational (out
24	Zelie SORENSEN	JR	Mount Marty (S.D.)	1.30	24.51	(2.0)	5/10/25 Loper Twilight
25	Mya CHARLES	SO	Park (Mo.)	1.24	24.52w	(2.5)	5/3/25 Heart of America (HAAC) Outd
25	Charlotte BOWMAN	SR #23	College of Idaho	1.24	24.52w	(2.1)	4/12/25 Northwest Nazarene Open
27	Junae BENNETT	JR	Indiana Tech	1.13	24.53w	(2.2)	5/1/25 Wolverine-Hoosier (WHAC) Ou
28	Myesha HALL	SR	Truett-McConnell (Ga.)	1.05	24.55	(0.8)	4/5/25 Joe Walker Invitational
29	Gretchen RANEY	SR	Saint Mary (Kan.)	0.99	24.56	(0.0)	5/2/25 Kansas Collegiate (KCAC) Out
30	Latrice BROWN	SO	Columbia (S.C.)	0.90	24.59w	(3.1)	4/19/25 Appalachian (AAC) Outdoor C
31	Kyah HILL	SR	Southwestern (Kan.)	0.78	24.65w	(3.3)	3/13/25 Dean Pryor Invitational
32	Kylie BROWN	JR	Spring Arbor (Mich.)	0.72	24.66w	(2.6)	5/2/25 Crossroads League Outdoor C
33	Lillian GUZMAN	SO #6	Cumberlands (Ky.) {2}	0.64	24.68w	(4.0)	3/29/25 Central Methodist Invitational
34	Adrianna RODENCAL	JR #7	Concordia (Neb.)	0.58	24.69	(0.8)	5/3/25 GPAC Outdoor Championship
35	Shanise ELLIS	FR	Florida Memorial	0.47	24.74	(0.5)	4/27/25 The Sun Conference Outdoor
35	Jahhi CLARKE-BLOOMFIEL	SO	Warner (Fla.)	0.47	24.74	(0.9)	4/5/25 Embry-Riddle Running Eleme
37	Tori BURTON	JR	Dillard (La.) {2}	0.36	24.75	(0.2)	4/12/25 HBCUAC Outdoor Champions
38	Nora ROSCOE	SO #22	Eastern Oregon	0.30	24.80w	(3.5)	5/3/25 Oregon State High Performan
39	Lamoy DUFFUS	SR	Talladega (Ala.)	0.28	24.82w	(2.4)	4/12/25 HBCUAC Outdoor Champions
40	Roy' Janae BROWN	SO	Ottawa (Kan.) {2}	0.25	24.85	(-0.4)	5/2/25 Kansas Collegiate (KCAC) Out
41	Dominique WILSON	SO #18	St. Thomas (Fla.) {3}	0.23	24.87	(-1.2)	4/27/25 The Sun Conference Outdoor
41	Rosjai CURTIS	FR	Park (Mo.) {2}	0.23	24.87w	(2.4)	5/3/25 Heart of America (HAAC) Outd
41	Kat VOGT	JR #4	Doane (Neb.)	0.23	24.87	(0.8)	5/3/25 GPAC Outdoor Championship
44	Dylainey FLOYD	SO	Indiana Wesleyan	0.15	24.88w	(2.8)	5/2/25 Crossroads League Outdoor C
45	Jaylah LEGGETT	SO	Goshen (Ind.)	0.13	24.89	(0.6)	5/2/25 Crossroads League Outdoor C
45	Sara MCKEN	SO #22	Eastern Oregon {2}	0.13	24.89	(0.6)	4/4/25 Whitworth Peace Meet
45	Nyrania BARR-MILLER	FR #18	St. Thomas (Fla.) {4}	0.13	24.89w	(2.4)	4/12/25 South Florida Invitational (out
48	Aaliyah FREDERICK	SO	Indiana Tech {2}	0.05	24.91w	(2.2)	5/1/25 Wolverine-Hoosier (WHAC) Ou
49	Kailee ALTENA	SO #20	Dordt (Iowa)	0.03	24.92	(0.8)	5/9/25 South Dakota Twilight
49	Tyese SMITH	JR #5	William Carey (Miss.) {2}	0.03	24.92	(-0.2)	3/22/25 Alumni Bulldog Relays



National TFRI Event Summary

Women's 400 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Praise IDAMADUDU	SR #19 Cumberland (Tenn.)	33.03	53.75	3/29/25 UAB Spring Time Invite
2	Charity JONES	SR #10 Madonna (Mich.)	30.61	54.02	3/29/25 Bobcat Invitational (Texas Sta
3	Tonyan BECKFORD	FR #18 St. Thomas (Fla.)	28.39	54.16	4/27/25 The Sun Conference Outdoor
4	Hanna SOBKOWICH	SR #1 British Columbia	26.37	54.17	5/10/25 Cascade Track & Field Champi
5	Printassia JOHNSON	SR #3 Life (Ga.)	24.31	54.21	5/11/25 Life U Last Chance
6	Hannah REID	FR #15 Lindsey Wilson (Ky.)	22.22	54.27	5/10/25 Lee University Last Chance
7	Denai WILSON	JR #5 William Carey (Miss.)	3.50 D	54.75	5/9/25 Carey Last Chance
8	Junae BENNETT	JR Indiana Tech	17.44	54.81	5/1/25 Wolverine-Hoosier (WHAC) Ou
9	Kat VOGT	JR #4 Doane (Neb.)	15.38	54.87	5/9/25 Concordia (Neb.) Twilight Mee
10	Emeline DELAVILLE	SO #3 Life (Ga.) {2}	13.17	55.08	4/5/25 Emory Dooley Elite
11	Kiara CARTER	SR #10 Madonna (Mich.) {2}	10.87	55.38	4/12/25 South Florida Invitational (out
12	Jaymee YELTON	SR Huston-Tillotson (Texa	9.77	55.58	4/26/25 Red River Outdoor Champions
13	Diane ONDOBO	JR #14 Central Methodist (Mo.	8.69	55.75	3/22/25 Missouri S&T Miner Invitationa
14	Carsyn BURDINE	JR #13 Olivet Nazarene (Ill.)	7.64	55.85	5/7/25 Hillsdale College Last Chance
15	Jewel OLSON	SR #2 Dickinson State (N.D.)	6.61	55.91	5/9/25 North Star Outdoor Champion
16	Hanna REUTER	JR #9 Marian (Ind.)	5.54	56.04	5/2/25 Crossroads League Outdoor C
17	Vanessa PEREZ	JR Oklahoma City	5.02	56.08	4/26/25 Sooner Athletic Outdoor Cha
17	Emma EDWARDS	FR #9 Marian (Ind.) {2}	5.02	56.08	5/9/25 Billy Hayes Invitational
19	Najah GIBSON	JR #3 Life (Ga.) {3}	4.01	56.10	4/26/25 Southern States Outdoor Cha
20	Kevell BYRD	SR Dillard (La.)	2.39 D	56.35	4/12/25 HBCUAC Outdoor Champions
21	Tamia TAYLOR	FR Indiana Tech {2}	2.88	56.37	5/7/25 Hillsdale College Last Chance
22	Lillian GUZMAN	SO #6 Cumberlands (Ky.)	2.32	56.48	5/5/25 Mid-South Outdoor Track & Fi
23	Allena ROWLAND	SO #14 Central Methodist (Mo.)	1.79	56.55	5/3/25 Heart of America (HAAC) Outd
24	Gretchen RANEY	SR Saint Mary (Kan.)	1.28	56.58	5/2/25 Kansas Collegiate (KCAC) Out
25	Jennifer EZEOKA	JR #5 William Carey (Miss.) {2}	1.22	56.60	4/26/25 Southern States Outdoor Cha
26	Jordyn WEEMS	SR Ottawa (Kan.)	1.16	56.61	5/2/25 Kansas Collegiate (KCAC) Out
26	Emma BLUM	JR Northwestern (Iowa)	1.16	56.61	5/3/25 GPAC Outdoor Championship
28	Charlotte BOWMAN	SR #23 College of Idaho	1.05	56.63	5/10/25 Cascade Track & Field Champi
29	Jaelyn MITCHELL	SO #25 Xavier (La.)	0.99	56.65	4/26/25 Red River Outdoor Champions
30	JayOnna PERRY	JR Ottawa (Kan.) {2}	0.94	56.66	5/2/25 Kansas Collegiate (KCAC) Out
31	Lasharia GORDON	SR Texas Wesleyan	0.84	56.76	5/3/25 SMU Invitational
32	Emily COLLINS	JR Lewis-Clark State (Ida	0.77	56.80c (56.69A)	5/3/25 Idaho State Bengal Invitationa
33	Joana VAKASOBUDURU	JR #14 Central Methodist (Mo.)	0.71	56.81	5/3/25 Heart of America (HAAC) Outd
34	Madalen SHIPMAN	JR Carroll (Mont.)	0.61	56.93c (56.82A)	4/26/25 Montana Open
35	Areeyanna BONDS	FR #11 Southeastern (Fla.)	0.54	56.97	4/27/25 The Sun Conference Outdoor
36	Jamiah CLAY	SR Oklahoma Panhandle	0.43	57.09	4/26/25 Sooner Athletic Outdoor Cha
37	Kayla KIRCHNER	JR #7 Concordia (Neb.)	0.35	57.27	5/9/25 Concordia (Neb.) Twilight Mee
38	Ta'nijal MATTHEWS	SR Dillard (La.) {2}	0.30	57.30	5/3/25 Dillard (La.)-Xavier (La.)
39	Mia CAMERON	SO #1 British Columbia {2}	0.28	57.31	4/12/25
40	Wislande PIERRE-LOUIS	SR #18 St. Thomas (Fla.) {2}	0.25	57.37	4/27/25 The Sun Conference Outdoor
41	Aaliyah FREDERICK	SO Indiana Tech {3}	0.23	57.40	5/7/25 Hillsdale College Last Chance
42	Ahlia SANDIFER	SR #18 St. Thomas (Fla.) {3}	0.20	57.44	4/27/25 The Sun Conference Outdoor
43	Kylie BROWN	JR Spring Arbor (Mich.)	0.18	57.46	5/2/25 Crossroads League Outdoor C
44	Caleya HOLMES	FR Judson (Ill.)	0.15	57.47	5/9/25 NCCAA Outdoor Championshi
45	Lakin ESSEX	SO #24 MidAmerica Nazarene	0.13	57.54	4/12/25 Carl Kight Invitational
46	Shelby BUWALDA	JR #20 Dordt (Iowa)	0.10	57.56	5/9/25 South Dakota Twilight
46	Kristen GARTH	SO #13 Olivet Nazarene (Ill.) {2}	0.10	57.56	5/7/25 Hillsdale College Last Chance
48	Kendra PAYNE	FR Brewton-Parker (Ga.)	0.05	57.67	4/26/25 Southern States Outdoor Cha
49	Kaitlin WERCINSKI	FR #20 Dordt (Iowa) {2}	0.03	57.70	5/3/25 GPAC Outdoor Championship
49	Breyanna KEMP	SO Oklahoma Panhandle	0.03	57.70	4/26/25 Sooner Athletic Outdoor Cha
49	Chaleica BOOKER	SO Huston-Tillotson (Tex)	0.03	57.70	4/5/25 Tom Tellez Invitational



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Hannah ANTKOVIK	SR #13 Olivet Nazarene (Ill.)	37.25	56.71	3/29/25 Texas Relays
2	Adrianna RODENCAL	JR #7 Concordia (Neb.)	32.23	58.90	5/3/25 GPAC Outdoor Championship
3	Linnearia RICHARDS	JR #8 Siena Heights (Mich.)	27.91	1:00.70	5/1/25 Wolverine-Hoosier (WHAC) Ou
4	Jaida ROWE	JR Hastings (Neb.)	25.88	1:00.72	5/9/25 Concordia (Neb.) Twilight Mee
5	Tonyan BECKFORD	FR #18 St. Thomas (Fla.)	23.71	1:00.86	4/12/25 South Florida Invitational (out
6	Fegor CLIFFORD	SR #5 William Carey (Miss.)	21.44	1:01.08	4/19/25 Jim Mize Invitational
7	Aziza CLARK	SO Our Lady of the Lake (19.42	1:01.09c (1:00.98A)	5/2/25 Texas Tech Corky/Crofoot Sho
8	Skotlyn HILL	SR #22 Eastern Oregon	17.40	1:01.11	5/10/25 Cascade Track & Field Champi
9	Isabella LEHTINEN	FR #19 Cumberland (Tenn.)	14.92	1:01.60	5/5/25 Mid-South Outdoor Track & Fi
10	Laisha HERNANDEZ	FR #3 Life (Ga.)	12.76	1:01.85	5/11/25 Life U Last Chance
11	JayOnna PERRY	JR Ottawa (Kan.)	10.64	1:02.15	5/9/25 Wichita State Shocker Open
12	Samantha HOELSCHER	JR Cleary (Mich.)	9.61	1:02.22	5/1/25 Wolverine-Hoosier (WHAC) Ou
13	Trysta HILTON	JR Huntington (Ind.)	8.56	1:02.35	4/25/25 Hillsdale Outdoor Tune-Up
14	Ally HAWK	JR Indiana Wesleyan	7.55	1:02.37	3/29/25 Pacesetter Sports Invitational
15	Areeyanna BONDS	FR #11 Southeastern (Fla.)	6.54	1:02.40	4/27/25 The Sun Conference Outdoor
16	Serina ROSE	SR Florida Memorial	5.52	1:02.44	4/27/25 The Sun Conference Outdoor
17	Mia CAMERON	SO #1 British Columbia	4.99	1:02.51	3/22/25 Willie Williams/Dave Murray Di
18	Claire BAILEY	SO #17 Taylor (Ind.)	4.48	1:02.53	5/2/25 Crossroads League Outdoor C
19	Delaney STRAUS	JR Culver-Stockton (Mo.)	3.97	1:02.56	4/18/25 Culver-Stockton Wildcat Open
20	Aroa CARBALLO	FR #14 Central Methodist (Mo.	3.40	1:02.73	5/3/25 Heart of America (HAAC) Outd
21	Laila JOHNSON	FR Dillard (La.)	2.89	1:02.77	4/12/25 HBCUAC Outdoor Champions
22	Cayna LOVE	SR Benedictine (Kan.)	2.30	1:03.00	5/3/25 Heart of America (HAAC) Outd
23	Claire BUCKLIN	FR Carroll (Mont.)	1.78	1:03.05c (1:02.94A)	4/26/25 Montana Open
24	Haley MARTIN	FR #1 British Columbia {2}	1.25	1:03.12	5/10/25 Cascade Track & Field Champi
25	Katelynn DIX	JR Cornerstone (Mich.)	1.19	1:03.15	5/1/25 Wolverine-Hoosier (WHAC) Ou
26	Salieci MYLES	SR #5 William Carey (Miss.) {2}	1.02	1:03.45	4/26/25 Southern States Outdoor Cha
27	Kyley BARNETT	JR #2 Dickinson State (N.D.)	0.96	1:03.47	4/19/25 Blue Hawk Games
28	Olivia LENTZ	FR #13 Olivet Nazarene (Ill.) {2}	0.87	1:03.58	5/9/25 Augustana Penultimate Qualif
29	Yanira DEANNA PANINKA	JR Saint Xavier (Ill.)	0.82	1:03.59	4/5/25 Chicagoland Outdoor Champi
30	Sydney PECK	JR #22 Eastern Oregon {2}	0.70	1:03.84	4/19/25 Oregon Open (outdoor)
31	Kaitlin WERCINSKI	FR #20 Dordt (Iowa)	0.65	1:03.95	5/9/25 South Dakota Twilight
32	Mariah MALEY	SR Saint Francis (Ind.)	0.60	1:04.05	5/8/25 APU Franson Last Chance
32	Hope CRABTREE	FR Saint Mary (Kan.)	0.60	1:04.05	3/22/25 Spire Distance Carnival & Tea
34	Addisyn TERPSTRA	SO Grand View (Iowa)	0.50	1:04.16	5/9/25 Concordia (Neb.) Twilight Mee
35	Alina LAFOREST	SO Indiana Tech	0.45	1:04.24	4/24/25 Walsh Tune-Up at Mount Unio
36	Aniya ADAMS	SR Lawrence Tech (Mich.)	0.40	1:04.34	4/19/25 Aggie Invitational
37	Liberty WILES	JR Evangel (Mo.)	0.35	1:04.43	5/2/25 Kansas Collegiate (KCAC) Out
38	Kaitlyn MCCOLLY	SR #2 Dickinson State (N.D.) {2}	0.30	1:04.44	4/19/25 Blue Hawk Games
38	Faith KLAMM	JR Park (Mo.)	0.30	1:04.44	5/3/25 Heart of America (HAAC) Outd
40	Claire LANGE	SO #9 Marian (Ind.)	0.25	1:04.51	5/9/25 Billy Hayes Invitational
41	Tanana EMMENDORFER	FR Spring Arbor (Mich.)	0.23	1:04.71	4/25/25 Don Kleinow Memorial Invitati
42	Vladlena KLYMOVA	SR Bethel (Ind.)	0.20	1:04.89	5/9/25 NCCAA Outdoor Championshi
43	Jessica BROWN	SO #11 Southeastern (Fla.) {2}	0.18	1:04.91	4/27/25 The Sun Conference Outdoor
44	Shannon O'NEIL	JR #14 Central Methodist (Mo.) {2}	0.15	1:05.07	5/3/25 Heart of America (HAAC) Outd
45	Makayla THOMPSON	SO Langston (Okla.)	0.13	1:05.14	4/26/25 Sooner Athletic Outdoor Cha
46	Ella MAAS	JR Indiana Wesleyan {2}	0.10	1:05.19	4/12/25 Indiana Little State Invitationa
47	Emma MUGGLI	SO Valley City State (N.D.)	0.08	1:05.31	5/9/25 North Star Outdoor Champion
48	Shaylee QUENZER	FR Arizona Christian	0.05	1:05.36	4/25/25 Cal Pac Conference Champion
49	Chaney NELSON	SO #4 Doane (Neb.)	0.03	1:05.39	4/8/25 Doane Invitational
50	Alliyah THOMAS	SO Brescia (Ky.)	0.01	1:05.54	5/3/25 Music City Outdoor Challenge



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Rachel MORTIMER	SR	#1 British Columbia	33.06		2:08.44	4/18/25 Bryan Clay Invitational
2	Emeline DELAVILLE	SO	#3 Life (Ga.)	30.95		2:08.58	5/3/25 Music City Outdoor Challenge
3	Maci MILLS	JR	#11 Southeastern (Fla.)	28.63		2:08.98	5/7/25 Emory Final Qualifier
4	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	26.55		2:09.07	5/10/25 Lee University Last Chance
5	Mackenzie CAMPBELL	SR	#1 British Columbia {2}	24.43		2:09.22	4/18/25 Bryan Clay Invitational
6	Maya PEARCY	SO	Rocky Mountain (Mont)	21.45		2:10.56c (2:11.28A)	5/9/25 Tom Gage Classic (Montana/M
7	Jaymee YELTON	SR	Huston-Tillotson (Texa)	19.43		2:10.60	4/17/25 Angelo State Invitational
8	Nora STEELE	SR	#9 Marian (Ind.)	17.35		2:10.75	5/9/25 Billy Hayes Invitational
9	Kylie SAUDER	SR	Grace (Ind.)	15.15		2:11.14	5/2/25 Crossroads League Outdoor C
10	Kylee QUINTON	SO	#23 College of Idaho	13.11		2:11.20	5/10/25 Cascade Track & Field Champi
11	Katie WOODS	JR	#9 Marian (Ind.) {2}	11.10		2:11.23	4/12/25 Fast Break Athletics Invitation
12	Olivia MATHIS	JR	Saint Xavier (Ill.)	9.66		2:12.08	4/18/25 Hillsdale Gina Relays
13	Lauren HAMILTON	SO	#10 Madonna (Mich.)	8.64		2:12.18	5/1/25 Wolverine-Hoosier (WHAC) Ou
14	Danie PARRIOTT	JR	#4 Doane (Neb.)	7.63		2:12.21	5/9/25 Concordia (Neb.) Twilight Mee
15	Jaa'Ln MCBRIDE	FR	#11 Southeastern (Fla.) {2}	6.53		2:12.58	4/5/25 Embry-Riddle Running Eleme
16	Sarah MACGILLIVRAY	JR	#1 British Columbia {3}	5.45		2:12.91	5/10/25 Cascade Track & Field Champi
17	Laura BEGHIN	SR	#1 British Columbia {4}	4.94		2:12.94	5/10/25 Cascade Track & Field Champi
18	Abigail MAYS	SR	#17 Taylor (Ind.)	4.42		2:13.04	5/10/25 St. Francis Fighting Chance In
19	Hannah FREDERICKS	SR	#12 The Master's (Calif.)	2.41	D	2:13.06	4/12/25 Pomona-Pitzer Invitational
20	Dylan GARCIA	SR	#16 Montreat (N.C.)	3.38		2:13.17	4/5/25 Electric City Invitational
21	Corine GADIENT	SR	Mount Mercy (Iowa)	2.88		2:13.18	5/10/25 St. Francis Fighting Chance In
22	Madalen SHIPMAN	JR	Carroll (Mont.)	2.36		2:13.24c (2:13.75A)	4/18/25 Trudnowski Open
23	Alexandra CLARKE	SR	Saint Xavier (Ill.) {2}	1.84		2:13.32	5/10/25 St. Francis Fighting Chance In
24	Maria TIRADO	SO	#5 William Carey (Miss.)	1.34		2:13.34	5/9/25 Carey Last Chance
24	Carly HOLADIA	SO	Saint Mary (Kan.)	1.34		2:13.34	4/18/25 Bryan Clay Invitational
26	Eliza MCKOWN	JR	Waldorf (Iowa)	1.22		2:13.41	5/10/25 St. Francis Fighting Chance In
27	Suzie JOHNSON	JR	#12 The Master's (Calif.) {2}	1.17		2:13.42	5/3/25 Occidental Invitational
28	Ellen PALMGREN	SR	#12 The Master's (Calif.) {3}	1.08		2:13.57	4/12/25 Pomona-Pitzer Invitational
29	Elizabeth DANCEY	JR	#10 Madonna (Mich.) {2}	1.02		2:13.61	5/1/25 Wolverine-Hoosier (WHAC) Ou
30	Christy SHANK	JR	Campbellsville (Ky.)	0.96		2:13.65	5/9/25 NCCAA Outdoor Championshi
30	Emma STEELE	FR	Cornerstone (Mich.)	0.96		2:13.65	5/1/25 Wolverine-Hoosier (WHAC) Ou
32	Maggie FRONING	SR	SCAD Savannah (Ga.)	0.85		2:13.68	4/27/25 The Sun Conference Outdoor
33	Olivia HOWELL	FR	Huntington (Ind.)	0.79		2:13.74	4/25/25 Hillsdale Outdoor Tune-Up
34	Corinne BRAUN	FR	#20 Dordt (Iowa)	0.64		2:14.11	4/12/25 Sioux City Relays
35	Addie DRAPER	SO	#17 Taylor (Ind.) {2}	0.56		2:14.24	5/10/25 St. Francis Fighting Chance In
36	Ronnie MCMILLAN	SR	Cornerstone (Mich.) {2}	0.42		2:14.62	5/1/25 Wolverine-Hoosier (WHAC) Ou
37	Alex GERE	SO	#24 MidAmerica Nazarene	0.35		2:14.70	5/9/25 Concordia (Neb.) Twilight Mee
38	Viola JEPLETING	FR	#6 Cumberlands (Ky.)	0.30		2:14.82	5/5/25 Mid-South Outdoor Track & Fi
39	Kiara BAHENA	SO	Saint Francis (Ind.)	0.28		2:14.94	5/8/25 APU Franson Last Chance
40	Skotti BALL-DULEY	FR	Indiana Tech	0.25		2:15.07	5/7/25 Hillsdale College Last Chance
41	Lauren WOOPER	JR	Aquinas (Mich.)	0.23		2:15.55	5/10/25 St. Francis Fighting Chance In
42	Anna KEYS	SO	John Brown (Ark.)	0.20		2:15.61	5/9/25 Arkansas Twilight
43	Skylar ADAMS	SR	Evangel (Mo.)	0.18		2:15.66	5/8/25 Missouri State Twilight
44	Heidi HELDT	JR	#13 Olivet Nazarene (Ill.)	0.15		2:15.74	4/19/25 Indiana State Gibson Invitatio
45	Rachel MCDONALD	FR	#1 British Columbia {5}	0.13		2:15.82	5/3/25 Oregon State High Performan
46	Maria SIMANCAS	SR	#5 William Carey (Miss.) {2}	0.10		2:15.86	4/26/25 Southern States Outdoor Cha
47	Gracie FIELDS	FR	#9 Marian (Ind.) {3}	0.08		2:16.03	5/9/25 Billy Hayes Invitational
48	Olivia ELBERT	FR	College of Saint Mary (0.05		2:16.09	4/11/25 Jim Duncan Invitational
49	Ashlyn VANLANDINGHAM	JR	SCAD Atlanta (Ga.)	0.03		2:16.10	3/28/25 Thrills In The Hills
50	Ella KOONS	SO	Aquinas (Mich.) {2}	0.01		2:16.11	5/10/25 St. Francis Fighting Chance In



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Holly MACGILLIVRAY	SR	#1 British Columbia	33.25		4:21.09	5/3/25 Oregon State High Performan
2	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	31.14		4:21.46	3/29/25 Raleigh Relays
3	Hannah FREDERICKS	SR	#12 The Master's (Calif.)	4.92	D	4:22.19	5/8/25 APU Franson Last Chance
4	Rachel MORTIMER	SR	#1 British Columbia {2}	26.09		4:25.05	4/18/25 Bryan Clay Invitational
5	Mackenzie CAMPBELL	SR	#1 British Columbia {3}	24.04		4:25.34	5/3/25 Oregon State High Performan
6	Katie WOODS	JR	#9 Marian (Ind.)	21.76		4:26.75	4/12/25 Fast Break Athletics Invitation
7	Kylie SAUDER	SR	Grace (Ind.)	19.54		4:27.90	4/26/25 Drake Relays
8	Amelia PFOHL	SR	#1 British Columbia {4}	3.36	D	4:28.81	4/18/25 Bryan Clay Invitational
9	Sarah MACGILLIVRAY	JR	#1 British Columbia {5}	15.35		4:28.89	5/3/25 Oregon State High Performan
10	Dylan GARCIA	SR	#16 Montreat (N.C.)	13.30		4:29.17	3/29/25 Raleigh Relays
11	Elysse FLEMING	SR	#1 British Columbia {6}	11.22		4:29.58	4/12/25
12	Noel VANDERWALL	JR	#17 Taylor (Ind.)	9.96		4:30.95	5/10/25 St. Francis Fighting Chance In
13	Ana PINEDA		St. Francis (Ill.)	8.94		4:31.06	5/10/25 St. Francis Fighting Chance In
14	Heidi HELDT	JR	#13 Olivet Nazarene (Ill.)	7.79		4:32.20	5/10/25 St. Francis Fighting Chance In
15	Riley MORRIS	JR	#22 Eastern Oregon	6.70		4:33.06	5/10/25 Cascade Track & Field Champi
16	Kahea FIGUEIRA	SR	#23 College of Idaho	5.57		4:34.46	4/4/25 Whitworth Peace Meet
17	Viola JEPLETING	FR	#6 Cumberlands (Ky.)	5.05		4:34.69	4/18/25 Wake Forest Invitational
18	Emily TEDDER	SR	Huntington (Ind.)	4.47		4:35.55	3/29/25 Texas Relays
19	Ellen PALMGREN	SR	#12 The Master's (Calif.) {2}	3.97		4:35.56	4/18/25 Bryan Clay Invitational
20	Rebekah NIEDNAGEL	JR	#12 The Master's (Calif.) {3}	3.45		4:35.77	4/18/25 Bryan Clay Invitational
21	Louise COCKING	SR	Oklahoma City	2.94		4:35.84	4/18/25 Bryan Clay Invitational
22	Alex EBETINO	SR	Saint Francis (Ind.)	2.33		4:37.08	5/9/25 Harrison Dillard Twilight
23	Carly HOLADIA	SO	Saint Mary (Kan.)	1.79		4:37.50	4/25/25 Kip Janvrin Open
24	Alauna CARSTENS	JR	Evergreen State (Wash)	1.25		4:37.92	4/12/25 John Knight Twilight
25	Alina BOSHCHUK	SO	#6 Cumberlands (Ky.) {2}	1.20		4:37.98	5/10/25 Lee University Last Chance
26	Kylee QUINTON	SO	#23 College of Idaho {2}	1.11		4:38.44	4/4/25 Whitworth Peace Meet
27	Christy SHANK	JR	Campbellsville (Ky.)	0.94		4:39.70	4/5/25 Jim Vargo Invitational
28	Josie TYRRELL	SO	Saint Mary (Kan.) {2}	0.88		4:39.87	4/25/25 Kip Janvrin Open
28	Cammeo RAMIREZ	SR	#21 Southern Oregon	0.88		4:39.87	3/22/25 Oregon Preview (outdoor)
30	Madalen SHIPMAN	JR	Carroll (Mont.)	0.77		4:39.97	4/4/25 Whitworth Peace Meet
31	Corinne BRAUN	FR	#20 Dordt (Iowa)	0.68		4:40.43	5/3/25 GPAC Outdoor Championship
32	Allison RAMSEY	SR	St. Francis (Ill.) {2}	0.62		4:40.54	5/10/25 St. Francis Fighting Chance In
33	Suzie JOHNSON	JR	#12 The Master's (Calif.) {4}	0.57		4:40.55	3/21/25 Bob Larsen Distance Carnival
34	Rachel MCDONALD	FR	#1 British Columbia {7}	0.50		4:40.91	5/3/25 Oregon State High Performan
35	Laura BEGHIN	SR	#1 British Columbia {8}	0.45		4:41.07	5/3/25 Oregon State High Performan
36	Taygen BEYER	FR	#13 Olivet Nazarene (Ill.) {2}	0.40		4:41.11	4/26/25 Olivet Nazarene Open
37	Grace BEACH	FR	#1 British Columbia {9}	0.35		4:41.20	4/12/25
38	Maggie FRONING	SR	SCAD Savannah (Ga.)	0.30		4:41.83	4/12/25 Georgia Showdown
39	Kelsey STENSLAND-PLYMALE	FR	Providence (Mont.)	0.28		4:42.02c (4:45.31A)	4/26/25 Montana Open
40	Kallyn WILKINS	JR	Rocky Mountain (Mont)	0.25		4:42.04c (4:45.33A)	3/29/25 Al Manuel Invitational
41	Kara FITZGERALD	FR	#1 British Columbia {10}	0.23		4:42.10	4/12/25
42	Skylar ADAMS	SR	Evangel (Mo.)	0.20		4:42.46	4/11/25 Mule Relays
43	Emeline DELAVILLE	SO	#3 Life (Ga.)	0.18		4:42.90	3/29/25 Don McGarey Invitational Trac
44	Krysta STANKO	SO	Governors State (Ill.)	0.15		4:43.24	5/10/25 St. Francis Fighting Chance In
45	Alyssa JOHNSON	SO	#21 Southern Oregon {2}	0.13		4:43.27	5/10/25 Cascade Track & Field Champi
46	Mia DUNCAN	SR	Missouri Baptist	0.10		4:43.39	5/10/25 St. Francis Fighting Chance In
47	Mary Cate GOLDEN	SR	Benedictine (Kan.)	0.08		4:43.62	5/9/25 Concordia (Neb.) Twilight Mee
48	Nora STEELE	SR	#9 Marian (Ind.) {2}	0.05		4:43.71	4/27/25 Jim Freeman/Clark Wood Invit
49	Kiara BAHENA	SO	Saint Francis (Ind.) {2}	0.03		4:43.93	5/9/25 Harrison Dillard Twilight
50	Lea KUNSTMANN	FR	Saint Francis (Ind.) {3}	0.01		4:44.21	3/21/25 Blizzard Buster



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Elysse FLEMING	SR	#1 British Columbia	35.64	10:25.61	4/18/25 Bryan Clay Invitational
2	Emma NELSON	JR	#12 The Master's (Calif.)	31.78	10:41.37	4/25/25 Cal Pac Conference Champion
3	Mia DUNCAN	SR	Missouri Baptist	28.37	10:53.85	3/28/25 Washington (Mo.) Distance Ca
4	Abby KNEPPER	SO	Mount Mercy (Iowa)	26.20	10:55.38	5/3/25 Heart of America (HAAC) Outd
5	Kaitlyn KNOCHE	SO	St. Ambrose (Iowa)	23.95	10:57.70	5/3/25 Chicagoland (CCAC) Outdoor
6	Kylee QUINTON	SO	#23 College of Idaho	21.61	11:00.99	4/19/25 Larry Byerly Invite
7	Madalenn FEE	SR	Cottey (Mo.)	19.32	11:04.98	4/25/25 Kip Janvrin Open
8	Adeline CROW	FR	#20 Dordt (Iowa)	17.08	11:08.26	5/9/25 South Dakota Twilight
9	Courtney SPORRER	JR	Morningside (Iowa)	15.03	11:08.99	5/3/25 GPAC Outdoor Championship
10	Grace TIMM	SR	Rocky Mountain (Mont)	12.99	11:09.64	4/19/25 Blue Hawk Games
11	Zoe TIZARD	SO	Embry-Riddle (Ariz.)	10.89	11:10.94	3/28/25 Mangrum Invitational
12	Gabrielle METZGER	SR	Multnomah (Ore.)	9.80	11:12.21	3/22/25 Oregon Preview (outdoor)
13	Lea KUNSTMANN	FR	Saint Francis (Ind.)	8.80	11:12.28	4/5/25 Jenna Strong Invitational
14	Abigail WHITE	JR	Saint Mary (Kan.)	7.79	11:12.40	5/10/25 St. Francis Fighting Chance In
15	Adrienne ROCKETTE	JR	Missouri Baptist {2}	6.64	11:14.48	5/1/25 American Midwest Outdoor C
16	Sadie MCCOY	SO	#22 Eastern Oregon	5.64	11:14.59	5/3/25 Oregon State High Performan
17	Tarikua MAJOCCHI	FR	#6 Cumberlands (Ky.)	5.09	11:15.48	5/10/25 Lee University Last Chance
18	Alyssa JANY	JR	Montana Tech	4.56	11:16.31c (11:28.40A)	5/5/25 Frontier Conference Outdoor
19	Molly MULDER	JR	#20 Dordt (Iowa) {2}	4.05	11:16.64	5/3/25 GPAC Outdoor Championship
20	Natalia QUIROZ	SR	Oklahoma Wesleyan	3.42	11:20.36	5/2/25 Kansas Collegiate (KCAC) Out
21	Audrey BRINKRUFF	SR	#17 Taylor (Ind.)	2.88	11:21.32	5/10/25 St. Francis Fighting Chance In
22	Samantha PATTERSON	SO	#17 Taylor (Ind.) {2}	2.35	11:22.30	4/12/25 Indiana Little State Invitationa
23	Brooke CREGAN	JR	#12 The Master's (Calif.) {2}	1.80	11:23.73	3/21/25 Bob Larsen Distance Carnival
24	Analyne KLOTZ	JR	Multnomah (Ore.) {2}	1.24	11:25.62	4/19/25 Larry Byerly Invite
25	Helen ULLRICH	SO	Benedictine (Kan.)	1.01	11:30.63	5/3/25 Heart of America (HAAC) Outd
26	Grace PETTIT	SO	Grace (Ind.)	0.90	11:33.81	5/9/25 NCCAA Outdoor Championshi
27	Kierra JENSEN	JR	Kansas Wesleyan	0.85	11:34.46	5/9/25 Concordia (Neb.) Twilight Mee
28	Hannah WELLS	SR	IU Kokomo (Ind.)	0.80	11:37.07	4/12/25 Indiana Little State Invitationa
29	Madison THOMAS	JR	Ave Maria (Fla.)	0.75	11:38.14	4/27/25 The Sun Conference Outdoor
30	Blanca CONESA	SR	#5 William Carey (Miss.)	0.70	11:38.38	5/9/25 Carey Last Chance
31	Jada KOERNER	SO	#20 Dordt (Iowa) {3}	0.65	11:38.88	4/5/25 South Dakota Early Bird
32	Kaesha GUILLAUME	SR	Arizona Christian	0.60	11:43.60	4/25/25 Cal Pac Conference Champion
33	Cadence SMITH	FR	Bushnell (Ore.)	0.55	11:43.67	4/5/25 Mike Fanelli Track Classic
34	Hanna ASSENMACHER	SR	Lawrence Tech (Mich.)	0.50	11:44.03	5/1/25 Wolverine-Hoosier (WHAC) Ou
35	Jaycie FRANCO	JR	Clarke (Iowa)	0.45	11:46.39	4/12/25 Mustang Distance Carnival &
36	Charis CHILDERS	SO	Oregon Tech	0.40	11:46.42	4/12/25 John Knight Twilight
37	Grace TIEGS	JR	Lewis-Clark State (Ida)	0.35	11:47.11	5/10/25 Cascade Track & Field Champi
38	Brooke WIEBE	SR	#16 Montreat (N.C.)	0.30	11:48.05	4/19/25 Appalachian (AAC) Outdoor C
39	Jozelynn BOSTICK	SO	Missouri Valley	0.28	11:48.71	4/11/25 Mule Relays
40	MacKenzie BREWER	JR	Huntington (Ind.)	0.25	11:49.33	4/25/25 Hillsdale Outdoor Tune-Up
41	McKenna SPAULDING	SO	Milligan (Tenn.)	0.23	11:52.90	5/10/25 Lee University Last Chance
42	Aubrey BRITT	JR	Blue Mountain (Miss.)	0.20	11:52.98	4/5/25 Bryan Phillips Invitational
43	Elizabeth LUCASON	JR	#6 Cumberlands (Ky.) {2}	0.18	11:53.31	4/5/25 Tennessee Invite
44	Tara OZINGA	FR	#14 Central Methodist (Mo.)	0.15	11:55.90	4/18/25 Culver-Stockton Wildcat Open
45	Samantha ANEMA	SR	#20 Dordt (Iowa) {4}	0.13	11:56.10	4/16/25 Red Raider Open
46	Brooke BEAUCAIRE	JR	Dakota State (S.D.)	0.10	11:56.53	4/5/25 South Dakota Early Bird
47	Kierra MILLER	SO	Dakota State (S.D.) {2}	0.08	11:56.54	5/3/25 South Dakota Tune-up
48	Sarah KOKER	FR	Indiana Tech	0.05	11:56.95	5/1/25 Wolverine-Hoosier (WHAC) Ou
49	Addy SMITH	JR	St. Ambrose (Iowa) {2}	0.03	11:58.24	5/3/25 Chicagoland (CCAC) Outdoor
50	Hannah BEINTEMA	JR	#7 Concordia (Neb.)	0.01	11:58.26	4/18/25 Jim Dutcher Memorial



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Jaynie HALTERMAN	FR #17	Taylor (Ind.)	34.37	16:02.58	5/10/25 St. Francis Fighting Chance In
2	Holly MACGILLIVRAY	SR #1	British Columbia	32.19	16:04.85	3/29/25 British Columbia Open
3	Hannah FREDERICKS	SR #12	The Master's (Calif.)	29.25	16:16.91	4/18/25 Bryan Clay Invitational
4	Heather MURPHY	FR #16	Montreat (N.C.)	26.32	16:30.11	5/3/25 The Hill City Twilight
5	Amelia PFOHL	SR #1	British Columbia {2}	24.24	16:31.70	4/18/25 Bryan Clay Invitational
6	Katie CLARKE	SR	SCAD Atlanta (Ga.)	21.27	16:51.31	5/3/25 Music City Outdoor Challenge
7	Louise COCKING	SR	Oklahoma City	19.19	16:52.88	4/18/25 Bryan Clay Invitational
8	Alina BOSHCHUK	SO #6	Cumberlands (Ky.)	17.19	16:52.91	4/18/25 Wake Forest Invitational
9	Alauna CARSTENS	JR	Evergreen State (Wash)	15.04	16:55.87	4/19/25 Oregon Open (outdoor)
10	Ellen-Mary KEARNEY	JR	Milligan (Tenn.)	2.98	D 16:57.25	4/19/25 Appalachian (AAC) Outdoor C
11	Alyssa LOVETT	JR #12	The Master's (Calif.) {2}	10.91	16:58.76	3/21/25 Bob Larsen Distance Carnival
12	Elysse FLEMING	SR #1	British Columbia {3}	2.79	D 17:01.19	5/3/25 Oregon State High Performan
13	Cammeo RAMIREZ	SR #21	Southern Oregon	8.72	17:02.64	5/3/25 Oregon State High Performan
14	Alyssa JOHNSON	SO #21	Southern Oregon {2}	7.71	17:02.83	5/3/25 Oregon State High Performan
15	Elizabeth BARRETT	JR	Indiana Wesleyan	6.65	17:05.23	3/28/25 Washington (Mo.) Distance Ca
16	Kahea FIGUEIRA	SR #23	College of Idaho	5.64	17:05.39	3/22/25 Oregon Preview (outdoor)
17	Sharon JEMILI	FR #6	Cumberlands (Ky.) {2}	5.11	17:06.50	4/18/25 Wake Forest Invitational
18	Emma NELSON	JR #12	The Master's (Calif.) {3}	4.45	17:13.39	3/8/25 Oxy Distance Carnival and Spr
19	Josie TYRRELL	SO	Saint Mary (Kan.)	3.92	17:14.60	3/28/25 Washington (Mo.) Distance Ca
20	Emma MOORE	JR	Cornerstone (Mich.)	3.40	17:15.56	4/26/25 GVSU Extra Weekend Meet
21	Elke WIJMKANS	SR #6	Cumberlands (Ky.) {3}	2.81	17:19.47	4/27/25 Jim Freeman/Clark Wood Invit
22	Noel VANDERWALL	JR #17	Taylor (Ind.) {2}	2.29	17:20.19	3/22/25 Polar Bear Invitational (Indian
23	Madison REMPALSKI	SO	Aquinas (Mich.)	1.78	17:20.75	5/10/25 St. Francis Fighting Chance In
24	Samantha PATTERSON	SO #17	Taylor (Ind.) {3}	1.24	17:22.21	3/22/25 Polar Bear Invitational (Indian
25	Esther CAMERON	JR	Grace (Ind.)	1.19	17:22.51	4/5/25 GVSU Early Meet
26	Emily TEDDER	SR	Huntington (Ind.)	1.12	17:23.39	4/12/25 Indiana Little State Invitationa
27	Ellen PALMGREN	SR #12	The Master's (Calif.) {4}	0.95	17:28.35	4/25/25 Cal Pac Conference Champion
28	Mekayla GIBSON	SR	William Woods (Mo.)	0.80	17:33.83	5/10/25 St. Francis Fighting Chance In
29	Liz HOGAN	JR	SCAD Savannah (Ga.)	0.75	17:37.57	4/19/25 Georgia Tech Invitational
30	Addi DEWEY	SR	Indiana Wesleyan {2}	0.70	17:38.42	3/28/25 Washington (Mo.) Distance Ca
31	Evita MARTINEZ	FR	St. Francis (Ill.)	0.65	17:40.26	5/10/25 St. Francis Fighting Chance In
32	Avery RAYMOND	SO	SCAD Atlanta (Ga.) {2}	0.60	17:40.86	3/22/25 Yellow Jacket Invitational
33	Viola JEPLETING	FR #6	Cumberlands (Ky.) {4}	0.55	17:42.93	4/5/25 Tennessee Invite
34	Isabella WEBB	SO #20	Dordt (Iowa)	0.50	17:46.99	4/5/25 South Dakota Early Bird
35	Hailey GERARD	JR	William Woods (Mo.) {2}	0.45	17:48.37	5/10/25 St. Francis Fighting Chance In
36	Olivia CISCO	JR	Shawnee State (Ohio)	0.40	17:48.49	3/22/25 49er Classic
37	Tori GERBER	SR	Viterbo (Wis.)	0.35	17:49.65	4/12/25 UW-Platteville Invitational
38	Dyannara FRANCO	SO	St. Francis (Ill.) {2}	0.30	17:50.61	5/10/25 St. Francis Fighting Chance In
39	Damaris KIBIWOT	FR	Lewis-Clark State (Ida)	0.28	17:50.96	4/11/25 Whitworth Jeffrahn Classic
40	Talia SULLIVAN	SR	SCAD Savannah (Ga.) {2}	0.25	17:51.09	4/19/25 Georgia Tech Invitational
41	Zoe TIZARD	SO	Embry-Riddle (Ariz.)	0.23	17:51.58	3/8/25 Oxy Distance Carnival and Spr
42	Mercy CHEBET	JR	Goshen (Ind.)	0.20	17:52.06	4/12/25 Indiana Little State Invitationa
43	Karly WILHJELM	FR	Milligan (Tenn.) {2}	0.18	17:53.35	5/10/25 Lee University Last Chance
44	Karly JUST	JR	Valley City State (N.D.)	0.15	17:56.23	5/3/25 Cobber Open
45	Molly CONNOR	SR #23	College of Idaho {2}	0.13	17:57.75	3/22/25 Oregon Preview (outdoor)
46	Kate MADSEN	SR	Saint Mary (Kan.) {2}	0.10	17:57.96	4/25/25 Kip Janvrin Open
47	Skylar ADAMS	SR	Evangel (Mo.)	0.08	18:00.13	3/29/25 SBU Bearcat Invitational
48	Abbey GENTZ	JR	Huntington (Ind.) {2}	0.05	18:01.47	4/25/25 Hillsdale Outdoor Tune-Up
49	Julia GILBERT	SO #23	College of Idaho {3}	0.03	18:04.16	4/19/25 Larry Byerly Invite
50	Tame BAYLIS	SO	Grace (Ind.) {2}	0.01	18:04.19	4/19/25 Al Owens Classic



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Heather MURPHY	FR #16 Montreat (N.C.)	34.16	33:45.36	3/29/25 Raleigh Relays
2	Hannah FREDERICKS	SR #12 The Master's (Calif.)	32.13	33:46.19	4/5/25 Stanford Invitational
3	Jaynie HALTERMAN	FR #17 Taylor (Ind.)	29.54	34:06.16	4/12/25 Indiana Little State Invitationa
4	Amelia PFOHL	SR #1 British Columbia	26.14	35:07.28	5/3/25 Oregon State High Performan
5	Alina BOSHCHUK	SO #6 Cumberlands (Ky.)	23.75	35:28.19	3/29/25 Raleigh Relays
6	Sharon JEMILI	FR #6 Cumberlands (Ky.) {2}	21.72	35:29.89	3/29/25 Raleigh Relays
7	Alauna CARSTENS	JR Evergreen State (Wash)	19.66	35:33.05	4/4/25 Whitworth Peace Meet
8	Elke WIJMKMANS	SR #6 Cumberlands (Ky.) {3}	17.26	35:54.84	5/10/25 Lee University Last Chance
9	Katie CLARKE	SR SCAD Atlanta (Ga.)	15.02	36:07.84	4/12/25 Fast Break Athletics Invitation
10	Alyssa JOHNSON	SO #21 Southern Oregon	12.80	36:23.81	4/5/25 Mike Fanelli Track Classic
11	Alyssa LOVETT	JR #12 The Master's (Calif.) {2}	10.74	36:29.94	4/25/25 Cal Pac Conference Champion
12	Amarissa KERNS	JR Rio Grande (Ohio)	9.68	36:36.88	4/12/25 Fast Break Athletics Invitation
13	Talia SULLIVAN	SR SCAD Savannah (Ga.)	8.64	36:42.01	4/27/25 The Sun Conference Outdoor
14	Liz HOGAN	JR SCAD Savannah (Ga.) {2}	7.63	36:42.08	4/27/25 The Sun Conference Outdoor
15	Olivia CISCO	JR Shawnee State (Ohio)	6.62	36:44.10	4/12/25 Fast Break Athletics Invitation
16	Ali RAY	SR #16 Montreat (N.C.) {2}	5.60	36:46.46	5/10/25 Lee University Last Chance
17	Mekayla GIBSON	SR William Woods (Mo.)	5.04	36:52.22	3/28/25 Washington (Mo.) Distance Ca
18	Samantha PATTERSON	SO #17 Taylor (Ind.) {2}	4.53	36:53.44	5/2/25 Crossroads League Outdoor C
19	Avery RAYMOND	SO SCAD Atlanta (Ga.) {2}	4.03	36:53.58	4/12/25 Fast Break Athletics Invitation
20	Abbey GENTZ	JR Huntington (Ind.)	3.51	36:56.54	4/12/25 Indiana Little State Invitationa
21	Cammeo RAMIREZ	SR #21 Southern Oregon {2}	2.86	37:13.32	4/5/25 Mike Fanelli Track Classic
22	Ashlyn HAAS	JR Milligan (Tenn.)	2.22	37:29.59	3/22/25 Lee Invitational
23	Mackenzie MCCARTHY	JR Rio Grande (Ohio) {2}	1.70	37:31.29	4/12/25 Fast Break Athletics Invitation
24	Molly CONNOR	SR #23 College of Idaho	1.19	37:32.79	4/5/25 Mike Fanelli Track Classic
25	Karly JUST	JR Valley City State (N.D.)	1.12	37:35.87	4/6/25 Al Bortke Open
26	Mercy CHEBET	JR Goshen (Ind.)	1.04	37:39.03	5/2/25 Crossroads League Outdoor C
27	Louise COCKING	SR Oklahoma City	0.98	37:39.88	4/26/25 Sooner Athletic Outdoor Cha
28	Esther CAMERON	JR Grace (Ind.)	0.92	37:41.04	3/30/25 Yellow Jacket Collegiate Open
29	Mia KEMP	FR Embry-Riddle (Ariz.)	0.83	37:45.89	4/25/25 Cal Pac Conference Champion
30	Damaris KIBIWOT	FR Lewis-Clark State (Ida)	0.78	37:46.07	5/10/25 Cascade Track & Field Champi
31	Cadence TRAYLOR	SO Indiana Wesleyan	0.72	37:46.76	5/2/25 Crossroads League Outdoor C
32	Alyssa JANY	JR Montana Tech	0.63	37:52.21	4/4/25 Whitworth Peace Meet
33	Kate MADSEN	SR Saint Mary (Kan.)	0.55	37:56.83	4/18/25 Bryan Clay Invitational
34	Katharina GOZE	SO Ozarks (Mo.)	0.50	38:03.77	4/11/25 Mule Relays
35	Alyssa BEARZI	JR Milligan (Tenn.) {2}	0.45	38:04.25	5/10/25 Lee University Last Chance
36	Julia GILBERT	SO #23 College of Idaho {2}	0.40	38:12.72	4/5/25 Mike Fanelli Track Classic
37	Tame BAYLIS	SO Grace (Ind.) {2}	0.35	38:25.23	4/12/25 Indiana Little State Invitationa
38	Anna JONES	JR Milligan (Tenn.) {3}	0.30	38:25.68	3/22/25 Lee Invitational
39	Carlyn BOBO	SO #16 Montreat (N.C.) {3}	0.28	38:27.03	4/19/25 Appalachian (AAC) Outdoor C
40	Katie MORRISON	SO Indiana Wesleyan {2}	0.25	38:30.74	4/12/25 Indiana Little State Invitationa
41	Brooke BEAUCAIRE	JR Dakota State (S.D.)	0.23	38:37.05	4/23/25 Mount Marty Twilight
42	Gracen GLOVER	SR Saint Mary (Kan.) {2}	0.20	38:37.69	5/10/25 Lee University Last Chance
43	Cece MITCHELL	SO Grace (Ind.) {3}	0.18	38:39.32	3/30/25 Yellow Jacket Collegiate Open
44	Courtney JOINER	JR #20 Dordt (Iowa)	0.15	38:43.56	4/12/25 Sioux City Relays
45	Sofia TORRES	SO Ave Maria (Fla.)	0.13	38:51.34	4/27/25 The Sun Conference Outdoor
46	Hannah THONG	FR #20 Dordt (Iowa) {2}	0.10	38:52.98	4/12/25 Sioux City Relays
47	Anna ENDERLE	SO Bethel (Ind.)	0.08	38:53.18	4/12/25 Indiana Little State Invitationa
48	Lily BENNETT	FR Lewis-Clark State (Ida) {2}	0.05	38:56.81	4/4/25 Whitworth Peace Meet
49	Emma BEIMFOHR	JR #9 Marian (Ind.)	0.03	39:05.40	4/12/25 Indiana Little State Invitationa
50	Adrienne SELZER	JR Tabor (Kan.)	0.01	39:05.54	5/2/25 Kansas Collegiate (KCAC) Out



National TFRI Event Summary

Women's 5000m Race Walk — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Olivia LUNDMAN	SR	#1 British Columbia	35.97	21:55.86	4/12/25
2	Izabelle TREFTS	JR	Evergreen State (Wash	32.70	23:01.80	4/26/25 Nancy & Norm Berney Classic
3	Grace FORREST	SO	Rio Grande (Ohio)	28.20	25:32.86	4/12/25 The Gordon Bocock Cumberla
4	Grace WONG	FR	#1 British Columbia {2}	25.95	25:50.49	4/12/25
5	Ashlyn POULIN	SO	#11 Southeastern (Fla.)	23.52	26:34.58	4/27/25 The Sun Conference Outdoor
6	Heather DURRANT	SO	#6 Cumberlands (Ky.)	21.46	26:40.65	4/12/25 The Gordon Bocock Cumberla
7	Eliza HAGENS	SR	#15 Lindsey Wilson (Ky.)	19.42	26:45.38	4/12/25 The Gordon Bocock Cumberla
8	Chantelle DASS	FR	#1 British Columbia {3}	17.40	26:46.70	3/29/25 British Columbia Open
9	Ava NEWKIRK	SO	#6 Cumberlands (Ky.) {2}	15.15	27:24.42	4/12/25 The Gordon Bocock Cumberla
10	Faith YOUNCE	SR	Culver-Stockton (Mo.)	13.05	27:44.34	3/22/25 Grand View Viking Relays
11	Marlee IRVIN	JR	#11 Southeastern (Fla.) {2}	10.82	28:33.83	3/30/25 Spartan Relays
12	Cailyn GODSEY	SO	Campbellsville (Ky.)	9.75	28:49.03	4/12/25 The Gordon Bocock Cumberla
13	Rebecca SPOHN	FR	Rio Grande (Ohio) {2}	8.75	28:49.74	4/12/25 The Gordon Bocock Cumberla
14	Alexis DEAN	JR	IU East (Ind.)	7.68	29:05.70	3/28/25 IU East Racewalking Event
15	Maddie DOTLICH	SR	IU Kokomo (Ind.)	6.60	29:24.40	3/28/25 IU East Racewalking Event
16	Makenzee KAHN	SO	IU East (Ind.) {2}	5.60	29:25.30	3/28/25 IU East Racewalking Event
17	Anna HART	FR	William Woods (Mo.)	5.06	29:33.56	4/25/25 Grand View Viking Classic
18	Mina SHULL	SO	Columbia (S.C.)	4.50	29:48.67	4/19/25 Appalachian (AAC) Outdoor C
19	Eleanor HASENOUR	SR	IU East (Ind.) {3}	3.99	29:51.31	4/4/25 Indiana Tech April Open
20	Leah KUHN	SO	Benedictine (Kan.)	3.45	30:00.83	5/3/25 Heart of America (HAAC) Outd
21	Joselyn RIVERA	SO	#11 Southeastern (Fla.) {3}	2.87	30:19.94	4/11/25 Keiser Twilight Invitational
22	Alanna RODRIGUEZ	JR	Saint Xavier (Ill.)	2.34	30:27.63	4/26/25 Olivet Nazarene Open
23	Ava BRACKHAN	JR	Hastings (Neb.)	1.68	31:08.00	5/3/25 GPAC Outdoor Championship
24	Paula LOPEZ	SO	#15 Lindsey Wilson (Ky.) {2}	1.07	31:38.88	4/12/25 The Gordon Bocock Cumberla
25	Natalie BRAMMER	JR	Shawnee State (Ohio)	0.97	31:53.36	3/15/25 Cumberlands Early Spring Me
26	Destini JOHNSON	FR	Hastings (Neb.) {2}	0.90	32:27.04	5/3/25 GPAC Outdoor Championship
27	Maria TALAFUSE	JR	Ave Maria (Fla.)	0.85	32:38.44	4/27/25 The Sun Conference Outdoor
28	Alejandra RE CAREY	SO	#15 Lindsey Wilson (Ky.) {3}	0.80	32:42.18	5/5/25 Mid-South Outdoor Track & Fi
29	Tiarra JACKSON	FR	#11 Southeastern (Fla.) {4}	0.75	34:07.72	4/11/25 Keiser Twilight Invitational
30	Landrey WALTER	JR	#7 Concordia (Neb.)	0.70	34:59.86	5/9/25 Concordia (Neb.) Twilight Mee
31	Hope BRITT	SR	#19 Cumberland (Tenn.)	0.65	35:28.07	5/5/25 Mid-South Outdoor Track & Fi
32	Kylie GILMORE	FR	Rio Grande (Ohio) {3}	0.60	35:32.08	4/26/25 River States Outdoor Champio
33	Maddy PALEK	SO	Evergreen State (Wash) {2}	0.55	36:18.65	4/26/25 Nancy & Norm Berney Classic
34	Klaudia BLASZCZYK	SO	Culver-Stockton (Mo.) {2}	0.50	36:47.66	5/3/25 Heart of America (HAAC) Outd
35	Emma BERRY	SO	Culver-Stockton (Mo.) {3}	0.45	38:50.52	3/29/25 Central Methodist Invitational
36	Jennyfer VIGUERAS		Columbia (S.C.) {2}	0.40	39:56.65	3/22/25 Montreat College Open
37	Olivia BONETTI	FR	Ave Maria (Fla.) {2}	0.35	40:19.02	4/27/25 The Sun Conference Outdoor
38	Sheridan UTLEY	FR	#14 Central Methodist (Mo.	0.30	42:20.67	5/3/25 Heart of America (HAAC) Outd
39	Jennyfer VIGUERAS	JR	Columbia (S.C.) {3}	0.28	42:34.47	4/19/25 Appalachian (AAC) Outdoor C
40	Amelia NIFONG	FR	Columbia (S.C.) {4}	0.25	45:52.30	4/19/25 Appalachian (AAC) Outdoor C
41	Paloma RESENDIZ-PEREZ	JR	Brenau (Ga.)	0.23	46:10.89	4/19/25 Appalachian (AAC) Outdoor C
42	Presley MADDEN	JR	Truett-McConnell (Ga.)	0.20	47:08.67	4/19/25 Appalachian (AAC) Outdoor C
43	Bella TOWNSEND	FR	Union (Ky.)	0.18	47:20.17	4/19/25 Appalachian (AAC) Outdoor C
44	Melanie PARTIN	SO	Union (Ky.) {2}	0.15	47:24.24	4/19/25 Appalachian (AAC) Outdoor C



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	#Type!	#5 William Carey (Miss.)	35.16	44.99	4/26/25 Southern States Outdoor Cha
2	#Type!	Dillard (La.)	31.40	45.60	5/3/25 Dillard (La.)-Xavier (La.)
3	Yamina Numan, Khila Darrisaw, Bri Hay, Dominique Wilson	#18 St. Thomas (Fla.)	28.55	45.90	4/27/25 The Sun Conference Outdoor
4	Debbie Suleman, Sonya Urbanowicz, Tanya Dhanoa, Hanna Sobkowich	#1 British Columbia	26.53	45.91	5/10/25 Cascade Track & Field Champi
5	#Type!	#3 Life (Ga.)	24.33	45.98	4/26/25 Southern States Outdoor Cha
6	Rhianna Rerrie, Breanna Clarke, Jordan Blair, Jaelyn Mitchell	#25 Xavier (La.)	21.86	46.15	3/22/25 Louisiana Classics
6	Kayly Guthrie, Hannah Reid, Jermani Morris, Jozlen Brisbon	#15 Lindsey Wilson (Ky.)	21.86	46.15	5/10/25 Lee University Last Chance
8	RaeAnn Thompson, Morgan Mahoney, Kat Vogt, Neryah Hekl	#4 Doane (Neb.)	17.58	46.25	5/3/25 GPAC Outdoor Championship
9	Amealia Smith, Shannon Levy, Shanise Ellis, Serina Rose	Florida Memorial	15.36	46.33	4/27/25 The Sun Conference Outdoor
10	Stacy White, Jasmin Hornes, Anaya Findlay, Jahhi Clarke-Bloomfield	Warner (Fla.)	13.20	46.40	4/27/25 The Sun Conference Outdoor
11	Zakiya Porter, Joana Vakasobuduru, Parys Smith, Diane Ondobo	#14 Central Methodist (Mo.)	10.94	46.54	5/3/25 Heart of America (HAAC) Outd
12	Lillian Guzman, Abia Kanti Allie Bryson, MaQuoia Raglan	#6 Cumberlands (Ky.)	9.89	46.57	4/27/25 Jim Freeman/Clark Wood Invit
13	Aba Sam, Roy' Janae Brown, Jah-Nisha Campbell, Jordyn Weems	Ottawa (Kan.)	8.74	46.65	5/2/25 Kansas Collegiate (KCAC) Out
14	Adysen McCarter, Kayla Kirchner, Emily Loseke, Adrianna Rodencal	#7 Concordia (Neb.)	7.54	46.80	5/3/25 GPAC Outdoor Championship
15	Valeria Crespo, Rhianna Hill, Haidyn Thompson, Tiyana Ridge	Friends (Kan.)	6.53	46.82	5/2/25 Kansas Collegiate (KCAC) Out
16	Hannah Mand, Mya Charles, Rosjai Curtis, Alexandria Sherman	Park (Mo.)	5.43	46.93	5/3/25 Heart of America (HAAC) Outd
17	Faith Jackson, Linnearia Richards, Terria Fisher, Jenna-Ann Johnson	#8 Siena Heights (Mich.)	4.82	47.05	5/11/25 GVSU 10-Event Last Chance M
18	Keiyah Cole, Deslyne Cooper, Hope Crabtree, Gretchen Raney	Saint Mary (Kan.)	4.31	47.06	5/2/25 Kansas Collegiate (KCAC) Out
19	Kiara Carter, Charity Jone, Kourtlyn Cannon, Ny'tierra Hobbs	#10 Madonna (Mich.)	3.78	47.09	3/29/25 Texas Relays
20	Armonee Clay, Jovana Milosevic, Kathy Soriano, Hanna Reuter	#9 Marian (Ind.)	3.27	47.10	5/2/25 Crossroads League Outdoor C
20	Lillia Chvatal, Olivia Wingc Avery Poppe, Braylee Hyatt	Viterbo (Wis.)	3.27	47.10	5/9/25 UW-La Crosse Uncaged Eagle
22	Karina DeYoung, Sydney Peck, Nora Roscoe, Sara McKen	#22 Eastern Oregon	2.23	47.15	4/25/25 Ed Jacoby Twilight



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

23	Emily Powelson, Areeyanna Bonds, Alyssa Morley, Irmiris Mendez	#11 Southeastern (Fla.)	1.70	47.18	4/27/25 The Sun Conference Outdoor
23	Latrice Williams, Martina Montserrat-Vilar, Maliea May, Aniya Adams	Lawrence Tech (Mich.)	1.70	47.18	5/1/25 Wolverine-Hoosier (WHAC) Ou
25	Alyssa Budd, Kylie Brown, Shailin Golden, Hope Taylor	Spring Arbor (Mich.)	0.97	47.38	5/7/25 Hillsdale College Last Chance
25	Carsyn Burdine, Kaylah Mccall, Kristen Garth, Tylar Parker	#13 Olivet Nazarene (Ill.)	0.97	47.38	5/3/25 Chicagoland (CCAC) Outdoor
27	Dejah Okonji, Ayanna Johnson, Chaleica Booker, Jazmyne White	Huston-Tillotson (Texa	0.85	47.40	4/26/25 Red River Outdoor Champions
28	Mackenzie Pringle, Ashant Shaw, Myikayla Howard, Latrice Brown	Columbia (S.C.)	0.80	47.45	4/5/25 High Point VertKlasse Meeting
29	Alivia Parker, Morgan Lilly, Laiklyn Stephens, Delaney Weimer	Evangel (Mo.)	0.75	47.52	5/2/25 Kansas Collegiate (KCAC) Out
30	Allison Horsley, Charlotte Bowman, Stella Gray, Isis Villafane	#23 College of Idaho	0.70	47.53	5/10/25 Cascade Track & Field Champi
31	Zaniya Duffie, Jadae Freeman, Autumn Roberts, Larrisa Mchenry	Our Lady of the Lake (0.65	47.74	4/26/25 Red River Outdoor Champions
32	Kishawna Wallace, Dhaenia Pinnock, Dhenecia Pinnock, Lamoy Duffus	Talladega (Ala.)	0.60	47.79	3/9/25 Victor Ice Breaker Duals
33	Kayla Rorie, Kiya Pogue, Jordan Gore, Lola Duncan	Indiana Tech	0.55	47.80	5/1/25 Wolverine-Hoosier (WHAC) Ou
33	Paizlie Reyna-Mata, Breyanna Kemp, Jamiah Clay, Ashlynn Perez	Oklahoma Panhandle	0.55	47.80	4/26/25 Sooner Athletic Outdoor Cha
35	#Type!	Tennessee Wesleyan	0.45	47.86	4/19/25 Appalachian (AAC) Outdoor C
35	Alexus Motley, Hilaria Rodriguez, Alexis Even, Zelie Sorensen	Mount Marty (S.D.)	0.45	47.86	4/12/25 Sioux City Relays
37	Lauren Waypa, Emma Blum, Erin Heusinkveld, Tierney Huss	Northwestern (Iowa)	0.35	47.97	5/3/25 GPAC Outdoor Championship
38	Kyley Barnett, Jewel Olso Kaitlyn McColly, Faith Brennan	#2 Dickinson State (N.D.)	0.30	48.08	5/9/25 North Star Outdoor Champion
39	#Type!	#16 Montreat (N.C.)	0.28	48.18	4/19/25 Appalachian (AAC) Outdoor C
40	Reanna Green, Lakin Esse Nala Burns, Daizy Solir	#24 MidAmerica Nazarene	0.25	48.22	5/3/25 Heart of America (HAAC) Outd
41	#Type!	Brenau (Ga.)	0.23	48.24	4/19/25 Appalachian (AAC) Outdoor C
42	Abby Matthews, Ally Hawk Anna Vie, Dylaine Floyd	Indiana Wesleyan	0.20	48.28	5/10/25 St. Francis Fighting Chance In
43	Katelynn Dix, Mackenzie Goodwin, Kendra Postema, Hallie Kooyer	Cornerstone (Mich.)	0.18	48.33	5/1/25 Wolverine-Hoosier (WHAC) Ou
43	Aniyah Clariett, Lasharia Gordon, Kenna Conner, Kayla Wildy	Texas Wesleyan	0.18	48.33	5/3/25 SMU Invitational
45	Lilly Ostert, DeAvae Adderley, Ellysse Johns, Ellasa Horton	William Penn (Iowa)	0.13	48.38	5/3/25 Heart of America (HAAC) Outd



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #7, May 13

46	Eden Clifton, Ky'Leah Hill, Irakoze Amida, Makayla Thompson	<i>Langston (Okla.)</i>	0.10	48.44	4/26/25 Sooner Athletic Outdoor Cha
47	#Type!	<i>Brewton-Parker (Ga.)</i>	0.08	48.45	4/26/25 Southern States Outdoor Cha
48	Jaci Stone, Kyla Bradberry Alexandra Hernandez, Hope McGuire	<i>Saint Mary-of-the-Woo</i>	0.05	48.56	4/18/25 Rose-Hulman Twilight Invitati
49	Leesa Mutandwa, Ezthia Maycock, Isabella Lehtinen, Praise Idamadudu	#19 <i>Cumberland (Tenn.)</i>	0.03	48.60	5/5/25 Mid-South Outdoor Track & Fi
50	#Type!	<i>Truett-McConnell (Ga.)</i>	0.01	48.62	4/19/25 Appalachian (AAC) Outdoor C



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Areeyanna Bonds, Jaa'Ln McBride, Maci Mills, Irmiris Mendez	#11 Southeastern (Fla.)	33.42	3:46.02	5/7/25 Emory Final Qualifier
2	Laisha Hernandez, Emelin Delaville, Cameron Kelperis, Najah Gibson	#3 Life (Ga.)	31.33	3:46.16	5/7/25 Emory Final Qualifier
3	Charity Jones, Rahzia Rios Smith, Lauren Hamilton, Kiara Carter	#10 Madonna (Mich.)	29.03	3:46.60	4/12/25 South Florida Invitational (out
4	Adrianna Rodencal, Trinity Tuls, Isabelle Salters, Kayla Kirchner	#7 Concordia (Neb.)	26.55	3:47.33	4/26/25 Drake Relays
5	Kat Vogt, Chaney Nelson, Kiley Hejtmanek, Danie Parriott	#4 Doane (Neb.)	24.21	3:47.84	4/26/25 Drake Relays
6	Diane Ondobo, Joana Vakasobuduru, Aroa Carballo, Allena Rowland	#14 Central Methodist (Mo.	22.10	3:48.00	5/3/25 Heart of America (HAAC) Outd
7	Jennifer Ezeoha, Denai Wilson, Aubrey Johnson, Maria Simancas	#5 William Carey (Miss.)	20.02	3:48.13	3/29/25 Southern Miss Invitational
8	Chaleica Booker, Ayanna Johnson, Jaymee Yelton, Jariah Jackson-Simon	Huston-Tillotson (Texa	17.83	3:48.42	4/26/25 Red River Outdoor Champions
9	Tylar Parker, Kristen Gartl Carsyn Burdine, Olivia Lentz	#13 Olivet Nazarene (Ill.)	15.79	3:48.48	5/7/25 Hillsdale College Last Chance
10	Tanya Dhanoa, Haley Martin, Mia Cameron, Hanna Sobkowich	#1 British Columbia	13.14	3:49.76	3/22/25 Willie Williams/Dave Murray Di
11	Isabella Lehtinen, Ezthia Maycock, Leesa Mutandwa, Praise Idamadudu	#19 Cumberland (Tenn.)	10.99	3:50.12	3/22/25 Lee Invitational
12	Junae Bennett, Aaliyah Frederick, Tamia Taylor, Alina LaForest	Indiana Tech	9.97	3:50.16	4/24/25 Walsh Tune-Up at Mount Unio
13	Ta'Shya Cramer, Anna Grasse, Kayly Guthrie, Hannah Reid	#15 Lindsey Wilson (Ky.)	8.84	3:50.45	4/19/25 Georgia Tech Invitational
14	Hallie Kooyer, Sarah Genzink, Emma Steele, Ronnie McMillan	Cornerstone (Mich.)	7.71	3:50.78	5/1/25 Wolverine-Hoosier (WHAC) Ou
15	Lindsay Grau, Kailee Altena, Kaitlin Wercinski, Shelby Buwalda	#20 Dordt (Iowa)	6.59	3:51.34	5/3/25 GPAC Outdoor Championship
16	Emma Edwards, Claire Lange, Maya Mundy, Hanna Reuter	#9 Marian (Ind.)	5.50	3:51.77	5/9/25 Billy Hayes Invitational
17	JayOnna Perry, Jah-Nisha Campbell, Tanzania Barnes, Jordyn Weems	Ottawa (Kan.)	4.94	3:52.02	5/2/25 Kansas Collegiate (KCAC) Out
18	Fedjine Bell, Vanessa Oladapo, Dakota West, Jordan Blair	#25 Xavier (La.)	4.40	3:52.23	4/26/25 Red River Outdoor Champions
19	Linnearia Richards, Terria Fisher, Brooke Sharp, Jenna-Ann Johnson	#8 Siena Heights (Mich.)	3.86	3:52.41	5/7/25 Hillsdale College Last Chance
20	Charlotte Bowman, Zoe Butler, Kylee Quinton, Isis Villafane	#23 College of Idaho	3.28	3:52.81	4/25/25 Ed Jacoby Twilight



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

21	Alexandria Segura, Morghan Neely, Tara Madrid, Aziza Clark	<i>Our Lady of the Lake (</i>	2.77	3:52.84c	(3:52.40A)	5/2/25 Texas Tech Corky/Crofoot Sho
22	Ahlia Sandifer, Tonyan Beckford, Emani Glover, Wislande Pierre-Louis	#18 <i>St. Thomas (Fla.)</i>	2.24	3:53.00		3/8/25 St. Thomas Under the Lights
23	Janiah Nicholson, Joslyn Griffin, Alex Gere, Lakin Essex	#24 <i>MidAmerica Nazarene</i>	1.50	3:54.13		5/3/25 Heart of America (HAAC) Outd
24	Ally Hawk, Anna Vie, Dylaine Floyd, Karis Hunter	<i>Indiana Wesleyan</i>	1.00	3:54.69		5/2/25 Crossroads League Outdoor C
25	Hope Crabtree, Deslyne Cooper, Jane Duteil, Gretchen Raney	<i>Saint Mary (Kan.)</i>	0.95	3:55.48		5/9/25 Concordia (Neb.) Twilight Mee
26	Sydney Peck, Madisen Douglas, Sara McKen, Nora Roscoe	#22 <i>Eastern Oregon</i>	0.90	3:55.56		5/10/25 Cascade Track & Field Champi
27	Yanira Deanna Paninka, Alexandra Clarke, Amaya Rique, Olivia Mathis	<i>Saint Xavier (Ill.)</i>	0.85	3:55.61		4/26/25 Drake Relays
28	Karissa Lindner, Jennah Carpenter, Sydnie Zywna, Emily Collins	<i>Lewis-Clark State (Ida</i>	0.80	3:56.37		5/10/25 Cascade Track & Field Champi
29	#Type!	#16 <i>Montreat (N.C.)</i>	0.75	3:57.13		4/19/25 Appalachian (AAC) Outdoor C
30	Amelie Steins, Anna Schneider, Molli Thornton, Raylee Wallis	<i>Dakota State (S.D.)</i>	0.70	3:57.27		5/3/25 South Dakota Tune-up
31	Kyley Barnett, Jewel Olso, Kaitlyn McColly, Mia Handran	#2 <i>Dickinson State (N.D.)</i>	0.65	3:57.37		5/9/25 North Star Outdoor Champion
32	Nicole Domene, Delaney Gale, Claire Bailey, Addie Draper	#17 <i>Taylor (Ind.)</i>	0.60	3:58.63		5/2/25 Crossroads League Outdoor C
33	Byrion Patton, Irakoze Amida, Ky'Leah Hill, Makayla Thompson	<i>Langston (Okla.)</i>	0.55	3:59.06		4/26/25 Sooner Athletic Outdoor Cha
34	#Type!	<i>Mount Mercy (Iowa)</i>	0.50	3:59.93		4/12/25 Mustang Distance Carnival &
35	#Type!	<i>Grace (Ind.)</i>	0.45	4:00.17		5/9/25 NCCAA Outdoor Championshi
36	Emma Blum, Macy Schroeder, Jordan Shull, Brielle Engelmann	<i>Northwestern (Iowa)</i>	0.40	4:00.31		5/3/25 GPAC Outdoor Championship
37	Zelie Sorensen, Alexis Even, Lexa Burtzlaff, Josey Wahlstrom	<i>Mount Marty (S.D.)</i>	0.35	4:00.49		4/26/25 Drake Relays
38	Kyla Laurent, Kamille Dixon, Madison Kitson, Kamryn Chambliss	<i>Brenau (Ga.)</i>	0.30	4:00.66		3/28/25 Thrills In The Hills
39	Shawna Smith, Erika Pena, Vanessa Perez, Florencia Cabrera	<i>Oklahoma City</i>	0.28	4:00.95		4/26/25 Sooner Athletic Outdoor Cha
40	Madison Blanch, Kenna Conner, Kayla Wildy, Lasharia Gordon	<i>Texas Wesleyan</i>	0.25	4:01.01		5/11/25 Trinity Last Chance
41	Gema del Valle, Naomi Vagher, Lydia Robinson, JaNiya Glass	<i>Friends (Kan.)</i>	0.23	4:01.14		5/2/25 Kansas Collegiate (KCAC) Out
42	Kate Ruffle, Loey Hallabrir, Maddy Lengacher, Lyssi Snouffer	<i>Mount Vernon Nazare</i>	0.20	4:01.26		5/2/25 Crossroads League Outdoor C



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #7, May 13

43	Breyanna Kemp, Ki'Anna Jones, Paizlie Reyna-Mata, Jamiah Clay	Oklahoma Panhandle	0.18	4:01.39	4/26/25 Sooner Athletic Outdoor Cha
44	Vanessa Temple, Mackenzie Rohde, Emily Fleming, India Benton	IU East (Ind.)	0.15	4:01.57	4/26/25 River States Outdoor Champio
45	Delaney Weimer, Liberty Wiles, Sydney Bryan, Jayleign Flood	Evangel (Mo.)	0.13	4:01.68	5/2/25 Kansas Collegiate (KCAC) Out
46	Hannah Mand, Jonnicia Williams, Lilly Camarcho, Adison Hayden	Park (Mo.)	0.10	4:01.72	4/19/25 Kansas Relays
47	Allison Watkins, Clare Owen, Carol Long, Alexis Mendlik	Ave Maria (Fla.)	0.08	4:01.75	4/27/25 The Sun Conference Outdoor
48	Jayden Roach, Kendra Grooms, Laura Hamm, Kylie Montgomery	Rio Grande (Ohio)	0.05	4:01.89	3/29/25 Carnegie Mellon Invitational
49	Cayna Love, Brynna Gormley, Malena Hines, Maria Connealy	Benedictine (Kan.)	0.03	4:02.38	5/3/25 Heart of America (HAAC) Outd
50	#Type!	Brewton-Parker (Ga.)	0.01	4:02.52	4/26/25 Southern States Outdoor Cha



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Jaci Burtis, Shelby Buwalda, Emilee Heynen, Corinne Braun	#20 Dordt (Iowa)	33.85	9:02.33	4/26/25 Drake Relays
2	Laura Beghin, Sarah MacGillivray, Mackenzie Campbell, Rachel Mortimer	#1 British Columbia	31.72	9:02.82	4/12/25
3	Katie Woods, Nora Steele, Gracie Fields, Adrianna Boyd	#9 Marian (Ind.)	29.66	9:03.07	5/2/25 Crossroads League Outdoor C
4	Cadence Schultz, Ella Koons, Amber Koole, Lauren Wooser	Aquinas (Mich.)	26.96	9:05.80	5/1/25 Wolverine-Hoosier (WHAC) Ou
5	Ronnie McMillan, Jacie Remtema, Payton Hosley, Emma Steele	Cornerstone (Mich.)	24.70	9:06.82	5/1/25 Wolverine-Hoosier (WHAC) Ou
6	Hannah Fredericks, Suzie Johnson, Rebekah Niednagel, Ellen Palmgren	#12 The Master's (Calif.)	22.08	9:09.63	3/22/25 Westmont Collegiate Classic
7	#Type!	#3 Life (Ga.)	19.90	9:10.67	4/26/25 Southern States Outdoor Cha
8	Carlee Jensen, Skotlyn Hil Mattie Woodbury, Riley Morris	#22 Eastern Oregon	17.23	9:14.70	4/25/25 Ed Jacoby Twilight
9	Addison Grady, Cadence Manning, Morgan Welch, Kylie Sauder	Grace (Ind.)	15.21	9:14.81	5/2/25 Crossroads League Outdoor C
10	Dylan Garcia, Macy Parks, Emily Standifer, Yessenia Castellanos	#16 Montreat (N.C.)	13.00	9:16.11	5/3/25 The Hill City Twilight
11	#Type!	Rocky Mountain (Mont)	10.96	9:16.34	3/27/25 Yellowjackets Open
12	Alexandra Clarke, Yanira Deanna Paninka, Kristen Booker, Olivia Mathis	Saint Xavier (Ill.)	9.92	9:16.57	4/26/25 Drake Relays
13	Carly Henderson, Olivia Elbert, Mira Fosmer, Kara Muller	College of Saint Mary (8.82	9:17.17	5/3/25 GPAC Outdoor Championship
14	Florencia Cabrera, Isabella Spiller, Louise Cocking, Erika Pena	Oklahoma City	7.70	9:17.91	4/26/25 Sooner Athletic Outdoor Cha
15	Noel VanderWall, Emersyn Funk, Kaitlin Burden, Abigail Mays	#17 Taylor (Ind.)	6.65	9:18.23	5/2/25 Crossroads League Outdoor C
16	Viola Jepleting, Julie Duedahl, Megan Kitchens, Elizabeth Lucason	#6 Cumberlands (Ky.)	5.60	9:18.50	5/5/25 Mid-South Outdoor Track & Fi
17	#Type!	#5 William Carey (Miss.)	4.75	9:21.03	4/26/25 Southern States Outdoor Cha
18	Adriana McGregor, Emily Harris, Macy Kopp, Skylar Adams	Evangel (Mo.)	4.24	9:21.12	5/2/25 Kansas Collegiate (KCAC) Out
19	Abby Wallace, Kyras Maas, Abby Mathews, Karis Hunter	Indiana Wesleyan	3.67	9:22.07	5/2/25 Crossroads League Outdoor C
20	Jolee Mesz, Morgan Sachs, Nicole Zuehl, Courtney Sporrer	Morningside (Iowa)	3.12	9:22.68	4/26/25 Drake Relays
21	Josie Tyrrell, Emilia Diaz, Shannen Dorn, Carly Holadia	Saint Mary (Kan.)	2.59	9:23.00	5/10/25 St. Francis Fighting Chance In
22	Josie Jansen, Anna Campbell, Cecelia Campos, Mary Cate Golden	Benedictine (Kan.)	2.08	9:23.12	5/3/25 Heart of America (HAAC) Outd



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #7, May 13

23	Josie Koppes, Hailey Nordhus, Joni Schroeder, Madisyn Ehrlich	Kansas Wesleyan	1.57	9:23.28	4/26/25 Drake Relays
24	Elizabeth Dancey, Lauren Hamilton, Sofiya Sally, Emonie Bonner	#10 Madonna (Mich.)	1.03	9:23.76	3/29/25 Texas Relays
25	Jillian Blaser, Jaade McBride, Natalie Rohm, Maci Mills	#11 Southeastern (Fla.)	0.95	9:25.81	3/30/25 Spartan Relays
26	Jovi Kuskie, Zoe Butler, Kiely Munson, Kimbrie Knudsen	#23 College of Idaho	0.90	9:27.06	4/25/25 Ed Jacoby Twilight
27	Isabelle Ruff, Ellie Baxter, Nikki Nau, Madalen Shipman	Carroll (Mont.)	0.85	9:28.44c (9:28.44A)	5/5/25 Frontier Conference Outdoor
28	Olivia Howell, MacKenzie Brewer, Abbey Gentz, Emily Tedder	Huntington (Ind.)	0.80	9:29.53	3/29/25 Texas Relays
29	Abby Knepper, Catie Reitinger, J'Lyn Knutson, Corine Gadiant	Mount Mercy (Iowa)	0.75	9:30.93	5/3/25 Heart of America (HAAC) Outd
30	Macy Schroeder, Emily De Groot, Brielle Engelman, Allison Hough	Northwestern (Iowa)	0.70	9:32.95	5/3/25 GPAC Outdoor Championship
31	Julianna Maxfield, Kylie Arnold, Sydnee Gardner, Sonya Zimmerman	Tabor (Kan.)	0.65	9:33.03	5/2/25 Kansas Collegiate (KCAC) Out
32	Jonnica Williams, Lilly Camarcho, Lily Brecheisen, Hannah Mand	Park (Mo.)	0.60	9:33.50	5/3/25 Heart of America (HAAC) Outd
33	Aliyaha Heron, Tara Ozinga, Maria Burgos, Ali Gutierrez	#14 Central Methodist (Mo.)	0.55	9:34.48	5/3/25 Heart of America (HAAC) Outd
34	#Type!	Milligan (Tenn.)	0.50	9:37.08	4/19/25 Appalachian (AAC) Outdoor C
35	Dyannara Franco, Evita Martinez, Nicole Vollrath, Lilia Hacker	St. Francis (Ill.)	0.45	9:37.18	5/3/25 Chicagoland (CCAC) Outdoor
36	Morgan Aune, Jewel Olsor, Natalie Lile, Mia Handran	#2 Dickinson State (N.D.)	0.40	9:37.25	5/1/25 Marauders-Mystics Tune-up
37	Isabella Meili, Anna McKnight, Alex Gere, Casandra Reyes	#24 MidAmerica Nazarene	0.35	9:38.04	5/3/25 Heart of America (HAAC) Outd
38	#Type!	Campbellsville (Ky.)	0.30	9:38.90	5/9/25 NCCAA Outdoor Championshi
39	Kamryn Comba, Peyton Walker, Bella Birmingham, MaKenzie Sheils	Montana Tech	0.28	9:43.17c (9:43.17A)	5/5/25 Frontier Conference Outdoor
40	Loey Hallabrin, Ellyn Coe, Tammy Liplin, Ashley Yoder	Mount Vernon Nazare	0.25	9:43.21	5/2/25 Crossroads League Outdoor C
41	Sydney Bonham, Yahaira Rodriguez, Kaylee O'Sullivan, Krysta Stanko	Governors State (Ill.)	0.23	9:45.49	5/3/25 Chicagoland (CCAC) Outdoor
42	Danie Parriott, Ashlei McDonald, Laura Hasemann, Maddy Ramey	#4 Doane (Neb.)	0.20	9:46.03	5/3/25 GPAC Outdoor Championship
43	Anna Schneider, Kierra Miller, Saddie Palmquist, Lindsey Roth	Dakota State (S.D.)	0.18	9:48.05	4/26/25 Drake Relays
44	Jayden Roach, Kendra Grooms, Amarissa Kerns, Laura Hamm	Rio Grande (Ohio)	0.15	9:51.66	3/15/25 Myrtle Beach Collegiate Challe



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #7, May 13

45	Natalie Kennedy, Rachel Sterner, Peyton Peterson, Jana Landreth	Baker (Kan.)	0.13	9:52.42	5/3/25 Heart of America (HAAC) Outd
46	Skylah Barton, Kayla Garrett, Dakota West, Vanessa Oladapo	#25 Xavier (La.)	0.10	9:53.59	4/26/25 Red River Outdoor Champions
47	Victoria Bartlett, Jocelynn Reyes, Brianna Rodriguez, Liliana Hernandez	Our Lady of the Lake (0.08	9:55.73	4/26/25 Red River Outdoor Champions
48	Channon Cundiff, Ezthia Maycock, Sarah Wilkerson, Sharon Jerop	#19 Cumberland (Tenn.)	0.05	9:56.12	5/5/25 Mid-South Outdoor Track & Fi
49	Mikey Duncan, Tori Calder Camryn Chaffin, Anna Keys	John Brown (Ark.)	0.03	9:56.83	4/26/25 Sooner Athletic Outdoor Cha
50	#Type!	Bethel (Ind.)	0.01	9:58.62	5/9/25 NCCAA Outdoor Championshi



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Adarra HAGELUND	JR	#2 Dickinson State (N.D.)	34.17	1.80m	5-10¾	4/6/25 Al Bortke Open
2	Kayla MORGAN	JR	Corban (Ore.)	31.40	1.78m	5-10	4/26/25 Nancy & Norm Berney Classic
3	Lyssi SNOUFFER	JR	Mount Vernon Nazare	28.63	1.76m	5-9¼	5/2/25 Crossroads League Outdoor C
4	Delaney MILLER	JR	Evangel (Mo.)	26.24	1.75m	5-8¾	3/29/25 SBU Bearcat Invitational
5	Jacie VANDER WAAL	SR	Northwestern (Iowa)	23.36	1.72m	5-7¾	3/28/25 Wildcat Classic
6	Haley BELLAMY	JR	#14 Central Methodist (Mo.)	21.10	1.71m	5-7¼	4/19/25 Georgia Tech Invitational
6	Tenosh LANDRY	FR	Loyola (La.)	21.10	1.71m	5-7¼	5/3/25 Dillard (La.)-Xavier (La.)
6	Hannah NEWTON	SR	Midland (Neb.)	21.10	1.71m	5-7¼	5/3/25 GPAC Outdoor Championship
6	Rosemond OWUSU	FR	#15 Lindsey Wilson (Ky.)	21.10	1.71m	5-7¼	4/19/25 Georgia Tech Invitational
6	Emma VALENTINE	JR	#8 Siena Heights (Mich.)	21.10	1.71m	5-7¼	4/12/25 Davenport Panther Classic
6	Abi STEVENS	SR	#21 Southern Oregon	21.10	1.71m	5-7¼	5/3/25 Linfield Open
12	Sarah PIMBLETT	JR	#1 British Columbia	9.84	1.70m	5-7	4/6/25 Simon Fraser High Performan
12	Isabelle AALDERS	FR	#19 Cumberland (Tenn.)	9.84	1.70m	5-7	3/22/25 Lee Invitational
12	Samantha DEGRACE	FR	Tennessee Wesleyan	9.84	1.70m	5-7	5/3/25 Big Orange Invite
12	Adrienne WASHINGTON	JR	#22 Eastern Oregon	2.84	D 1.70m	5-7	4/25/25 Ed Jacoby Twilight
16	Mya HINES	SO	#6 Cumberlands (Ky.)	5.62	1.69m	5-6½	4/5/25 Electric City Invitational
16	Laurnyn MARTIN	FR	#25 Xavier (La.)	5.62	1.69m	5-6½	5/3/25 Dillard (La.)-Xavier (La.)
16	Brooke COFFMAN	SO	#9 Marian (Ind.)	5.62	1.69m	5-6½	3/22/25 Polar Bear Invitational (Indian
19	Renee FINKE	SR	#14 Central Methodist (Mo.)	3.99	1.68m	5-6	3/22/25 Missouri S&T Miner Invitationa
20	Morgan LUTTON	JR	#8 Siena Heights (Mich.) {2}	3.35	1.67m	5-5¾	4/18/25 Hillsdale Gina Relays
20	Emerson VANSCOY	SO	Midway (Ky.)	3.35	1.67m	5-5¾	3/22/25 Pioneer Invitational
22	Krista HARDY	JR	Midland (Neb.) {2}	2.22	1.66m	5-5¼	3/28/25 Central Nebraska Challenge
22	Kerrigan MYERS	SR	Midland (Neb.) {2}	2.22	1.66m	5-5¼	3/28/25 Central Nebraska Challenge
22	JayOnna PERRY	JR	Ottawa (Kan.)	2.22	1.66m	5-5¼	5/2/25 Kansas Collegiate (KCAC) Out
22	Abby CLARK	SR	Montana Tech	2.22	1.66m	5-5¼	4/10/25 Providence Open
22	Emily MCCREARY	SR	Grace (Ind.)	2.22	1.66m	5-5¼	5/2/25 Crossroads League Outdoor C
22	Olivia BACKUS	SO	Valley City State (N.D.)	2.22	1.66m	5-5¼	5/9/25 North Star Outdoor Champion
22	Josey REINEMAN	SR	Huntington (Ind.)	2.22	1.66m	5-5¼	5/7/25 Hillsdale College Last Chance
22	Haidyn WAMSLEY	SR	Shawnee State (Ohio)	2.22	1.66m	5-5¼	5/9/25 Harrison Dillard Twilight
22	Corona PARKER	SR	Evergreen State (Wash	2.22	1.66m	5-5¼	3/8/25 Pacific Lutheran Opener
22	Aubrey DEGROOT	SO	Northwestern (Iowa) {2}	2.22	1.66m	5-5¼	4/12/25 Sioux City Relays
22	Katelynn KRATZ	FR	#4 Doane (Neb.)	2.22	1.66m	5-5¼	4/8/25 Doane Invitational
22	Paige ERHARDT	SR	Jamestown (N.D.)	2.22	1.66m	5-5¼	5/9/25 North Star Outdoor Champion
22	Olivia WINGO	SR	Viterbo (Wis.)	2.22	1.66m	5-5¼	4/23/25 Gary Wilson Invitational
22	Alexis GOODMAN	FR	Talladega (Ala.)	2.22	1.66m	5-5¼	4/12/25 HBCUAC Outdoor Champions
36	Brooke WIRKKALA	JR	Rocky Mountain (Mont	0.49	1.65m	5-5	3/15/25 Battlin' Bears/Yellowjacket Ic
37	Bridgette HANSEN	FR	#1 British Columbia {2}	0.35	1.64m	5-4½	3/22/25 Willie Williams/Dave Murray Di
38	Zailee POULSON	SR	Hastings (Neb.)	0.30	1.63m	5-4¼	4/18/25 Jim Dutcher Memorial
38	Molly FROM	SO	Ave Maria (Fla.)	0.30	1.63m	5-4¼	4/4/25 STU Outdoor Meet
38	Giani WIMBISH-GAY	FR	Texas Wesleyan	0.30	1.63m	5-4¼	5/3/25 SMU Invitational
41	April PHILLIPS	SO	Evangel (Mo.) {2}	0.23	1.62m	5-3¾	4/17/25 Pittsburg State Tune-Up
41	Mattie SHIRTS	SO	#23 College of Idaho	0.23	1.62m	5-3¾	3/15/25 Nighthawks Opener
43	Addie REIMER	SO	#7 Concordia (Neb.)	0.18	1.61m	5-3¼	4/5/25 Concordia (Neb.) Outdoor Invi
43	Anna JEANNIN	FR	Huntington (Ind.) {2}	0.18	1.61m	5-3¼	4/4/25 Indiana Tech April Open
43	Alexis FURGASON	JR	Aquinas (Mich.)	0.18	1.61m	5-3¼	4/12/25 Davenport Panther Classic
43	Karli SWART	SO	Northwestern (Iowa) {3}	0.18	1.61m	5-3¼	4/23/25 Mount Marty Twilight
43	Taylynd STUHR	JR	#2 Dickinson State (N.D.) {2}	0.18	1.61m	5-3¼	5/9/25 North Star Outdoor Champion
43	Josie GARRETT	JR	#4 Doane (Neb.) {2}	0.18	1.61m	5-3¼	4/11/25 Doane-Nebraska Wesleyan
43	Nina MARINKOVIC	SO	#9 Marian (Ind.) {2}	0.18	1.61m	5-3¼	5/2/25 Crossroads League Outdoor C
43	Amanda STEINKE	SR	#7 Concordia (Neb.)	0.18	1.61m	5-3¼	4/18/25 Jim Dutcher Memorial
43	Ella BURNETT	FR	#24 MidAmerica Nazarene	0.18	1.61m	5-3¼	5/3/25 Heart of America (HAAC) Outd
43	Lindsey STRUTZ	JR	Aquinas (Mich.)	0.18	1.61m	5-3¼	4/12/25 Davenport Panther Classic
43	Alyssa CHRISTIAN	FR	Indiana Tech	0.18	1.61m	5-3¼	4/12/25 Indiana Little State Invitationa



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Margherita CONRAD	JR	#8 Siena Heights (Mich.)	35.80	4.22m	13-10	5/9/25	Len Paddock Open
2	Sonya URBANOWICZ	JR	#1 British Columbia	33.54	4.20m	13-9¼	4/19/25	Beach Invitational
3	Olivia WINGO	SR	Viterbo (Wis.)	29.17	4.02m	13-2¼	4/12/25	UW Oshkosh Invitational
4	Cameron KELPERIS	SO	#3 Life (Ga.)	26.91	4.00m	13-1½	4/5/25	Emory Dooley Elite
5	Emma STEWART	SO	#8 Siena Heights (Mich.) {2}	24.55	3.97m	13-¾	5/9/25	Len Paddock Open
6	Kaylee PRIBYL	SO	#4 Doane (Neb.)	22.37	3.95m	12-11½	3/28/25	Central Nebraska Challenge
7	Emma JOHNSON	SR	Viterbo (Wis.) {2}	19.02	3.80m	12-5½	5/3/25	Chicagoland (CCAC) Outdoor
7	Madison WAHL	SR	#2 Dickinson State (N.D.)	19.02	3.80m	12-5½	5/3/25	U-Mary Last Chance
7	Delaney TEACHNOR	FR	#9 Marian (Ind.)	19.02	3.80m	12-5½	5/2/25	Crossroads League Outdoor C
10	Katherine MARTINEZ	SR	#21 Southern Oregon	12.63	3.75m	12-3½	5/3/25	Linfield Open
10	Gabrielle ZEILENGA	SO	Bethel (Ind.)	12.63	3.75m	12-3½	4/4/25	Indiana Tech April Open
12	Brynn WANDLE	FR	Carroll (Mont.)	9.58	3.74m	12-3¼	4/26/25	Montana Open
13	Mya ZOHNER	SO	Mount Marty (S.D.)	8.49	3.72m	12-2½	5/9/25	South Dakota Twilight
14	Aaliyah RAMIREZ	JR	Friends (Kan.)	7.35	3.69m	12-1¼	4/19/25	Kansas Relays
15	McKenna ROGERS	SO	Arizona Christian	6.31	3.68m	12-¾	4/5/25	UNLV Rebel Elite
16	Maddi REED	FR	Midway (Ky.)	5.21	3.66m	12-0	4/26/25	River States Outdoor Champio
16	Sophia SUMER	JR	Bethel (Ind.) {2}	5.21	3.66m	12-0	4/26/25	GVSU Extra Weekend Meet
18	Kennedy STANLEY	JR	#4 Doane (Neb.) {2}	4.17	3.65m	11-11¾	4/18/25	Jim Dutcher Memorial
18	Paige CLAUSEN	FR	Mount Marty (S.D.) {2}	4.17	3.65m	11-11¾	4/23/25	Mount Marty Twilight
18	Viviana RODRIGUEZ	FR	Indiana Tech	4.17	3.65m	11-11¾	4/12/25	Indiana Little State Invitationa
18	Alaina SCOTT	SR	Missouri Baptist	4.17	3.65m	11-11¾	4/18/25	Culver-Stockton Wildcat Open
18	Abby BEETS	SO	Evangel (Mo.)	4.17	3.65m	11-11¾	5/2/25	Kansas Collegiate (KCAC) Out
18	Shaily BAYNES	SR	Aquinas (Mich.)	4.17	3.65m	11-11¾	5/1/25	Wolverine-Hoosier (WHAC) Ou
18	Grace SQUIRES	JR	Clarke (Iowa)	4.17	3.65m	11-11¾	5/3/25	Heart of America (HAAC) Outd
25	Kiriann JOHNSON	FR	#23 College of Idaho	0.95	3.60m	11-9¾	3/15/25	Nighthawks Opener
25	Sydney PERKINS	SO	#21 Southern Oregon {2}	0.95	3.60m	11-9¾	4/26/25	Nancy & Norm Berney Classic
27	Hollyn RENFRO	FR	Indiana Tech {2}	0.85	3.57m	11-8½	4/24/25	Walsh Tune-Up at Mount Unio
27	Cecily FAGER	SO	Cornerstone (Mich.)	0.85	3.57m	11-8½	5/7/25	Hillsdale College Last Chance
29	Lucia RUEPPELL	FR	#1 British Columbia {2}	0.75	3.55m	11-7¾	4/25/25	Pee Wee Halsell Invitational
30	Teagan RUPP	FR	Indiana Wesleyan	0.70	3.50m	11-5¾	3/22/25	Polar Bear Invitational (Indian
30	Grace CONWAY	SR	Bethel (Ind.) {3}	0.70	3.50m	11-5¾	5/9/25	NCCAA Outdoor Championshi
30	Evelyn DOLCE	SO	Indiana Tech {3}	0.70	3.50m	11-5¾	4/4/25	Indiana Tech April Open
33	Emily LUDWIG	SO	Viterbo (Wis.) {3}	0.55	3.46m	11-4¼	4/23/25	Gary Wilson Invitational
33	Izzy KECK	SO	Viterbo (Wis.) {3}	0.55	3.46m	11-4¼	4/23/25	Gary Wilson Invitational
35	Kate SURWILLO	JR	St. Ambrose (Iowa)	0.45	3.40m	11-1¾	5/9/25	Augustana Penultimate Qualif
35	Ryleigh WARDEN	JR	St. Ambrose (Iowa)	0.45	3.40m	11-1¾	5/9/25	Augustana Penultimate Qualif
37	Emma SCHIFFLI	FR	Huntington (Ind.)	0.35	3.39m	11-1½	5/9/25	Sycamore Open
38	Kayla SVOBODA	JR	#7 Concordia (Neb.)	0.30	3.37m	11-¾	5/10/25	Loper Twilight
39	Quinn BASSINGTHWAITE	JR	Jamestown (N.D.)	0.28	3.36m	11-¾	4/11/25	NDSU Spring Classic
40	Aleigh ZETTLE	FR	Northwestern (Iowa)	0.25	3.35m	10-11¾	4/16/25	Red Raider Open
40	Taylynd STUHR	JR	#2 Dickinson State (N.D.) {2}	0.25	3.35m	10-11¾	5/3/25	U-Mary Last Chance
40	Brooke HOLLOWAY	JR	Mount Vernon Nazare	0.25	3.35m	10-11¾	5/2/25	Crossroads League Outdoor C
40	Julia KETCHAM	FR	Oregon Tech	0.25	3.35m	10-11¾	4/19/25	Oregon Tech Invite
40	Kathrin ERTL	FR	Indiana Tech {4}	0.25	3.35m	10-11¾	4/4/25	Indiana Tech April Open
45	Emerson VANSCOY	SO	Midway (Ky.) {2}	0.13	3.30m	10-9¾	4/26/25	River States Outdoor Champio
45	Iris MILLIES	FR	#8 Siena Heights (Mich.) {3}	0.13	3.30m	10-9¾	4/25/25	Don Kleinow Memorial Invitati
45	Ruth HARRIS	FR	Jamestown (N.D.) {2}	0.13	3.30m	10-9¾	4/25/25	Bison Open
45	Becka CADLE	FR	Rio Grande (Ohio)	0.13	3.30m	10-9¾	4/26/25	River States Outdoor Champio
45	Lillee RICHARD	FR	#7 Concordia (Neb.) {2}	0.13	3.30m	10-9¾	3/28/25	Central Nebraska Challenge
50	Harlee GRANT	SO	#22 Eastern Oregon	0.01	3.29m	10-9½	3/15/25	Nighthawks Opener



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Myesha HALL	SR	Truett-McConnell (Ga.)	35.16	6.30m	20-8 (-0.1) 4/5/25 Joe Walker Invitational
2	Jadyn VERMILLION	SR	Montana Tech	30.84	6.11m	20-½ (1.1) 4/26/25 Montana Open
3	Faith BRENNAN	SO	#2 Dickinson State (N.D.)	28.47	6.08mw	19-11½ (2.3) 5/3/25 U-Mary Last Chance
4	Rosjai CURTIS	FR	Park (Mo.)	26.35	6.07m	19-11 (0.0) 4/16/25 Bryan Clay Invitational [Combi
5	Jordyn MINOR	SO	Loyola (La.)	23.98	6.04m	19-9¾ (0.7) 4/25/25 Southern States Outdoor Cha
6	Lawren TANNER	JR	Our Lady of the Lake (21.65	6.01mw	19-8¾ (3.2) 4/12/25 Cactus Cup
7	Linnearia RICHARDS	JR	#8 Siena Heights (Mich.)	3.57	D 6.00m	19-8¼ (1.4) 4/24/25 Don Kleinow Memorial Invitati
8	Reanna GREEN	SR	#24 MidAmerica Nazarene	17.49	5.99m	19-8 (0.9) 4/12/25 Carl Kight Invitational
9	Adrienne WASHINGTON	JR	#22 Eastern Oregon	3.08	D 5.94mw	19-6 (2.8) 5/10/25 Cascade Track & Field Champi
10	Amelia CHA	SO	#1 British Columbia	12.96	5.92mw	19-5¼ (2.1) 4/25/25 Pee Wee Halsell Invitational
11	Kiana SIEFERT	JR	#17 Taylor (Ind.)	10.87	5.90m	19-4¼ (1.8) 5/9/25 St. Francis Fighting Chance In
12	Haley BELLAMY	JR	#14 Central Methodist (Mo.	2.70	D 5.86m	19-2¾ (-0.7) 5/2/25 Heart of America (HAAC) Outd
13	Tyeese SMITH	JR	#5 William Carey (Miss.)	8.62	5.84m	19-2 (0.8) 3/15/25 Jaguar Opener
13	Abia KANTE	SO	#6 Cumberlands (Ky.)	8.62	5.84m	19-2 (0.0) 5/5/25 Mid-South Outdoor Track & Fi
15	Amealia SMITH	SR	Florida Memorial	6.54	5.82mw	19-1¼ (2.2) 3/21/25 Hurricane Invitational
16	Madison KITSON	FR	Brenau (Ga.)	5.49	5.81mw	19-¾ (2.1) 4/17/25 Appalachian (AAC) Outdoor C
17	Andreana GRAHAM	SR	Florida Memorial {2}	4.95	5.80m	19-½ (2.0) 3/21/25 Hurricane Invitational
17	JayOnna PERRY	JR	Ottawa (Kan.)	4.95	5.80mw	19-½ (3.4) 5/1/25 Kansas Collegiate (KCAC) Out
17	April PHILLIPS	SO	Evangel (Mo.)	4.95	5.80m	19-½ (0.3) 5/1/25 Kansas Collegiate (KCAC) Out
20	Gabrielle ZEILENGA	SO	Bethel (Ind.)	3.41	5.79m	19-0 (0.0) 4/26/25 GVSU Extra Weekend Meet
20	Princess BROWNE	SR	#10 Madonna (Mich.)	3.41	5.79m	19-0 (1.8) 5/1/25 Wolverine-Hoosier (WHAC) Ou
22	Mya HINES	SO	#6 Cumberlands (Ky.) {2}	2.28	5.76m	18-10¾ (0.0) 5/5/25 Mid-South Outdoor Track & Fi
22	Erica XAYARATH	SR	Huntington (Ind.)	2.28	5.76m	18-10¾ (0.0) 4/4/25 Indiana Tech April Open
24	Jordyn WEEMS	SR	Ottawa (Kan.) {2}	1.24	5.75m	18-10½ (-1. 5/2/25 Kansas Collegiate (KCAC) Out
24	Alyssa MORLEY	FR	#11 Southeastern (Fla.)	1.24	5.75mw	18-10½ (2.3) 4/12/25 South Florida Invitational (out
24	Abby CLARK	SR	Montana Tech {2}	1.24	5.75m	18-10½ (0.0) 4/10/25 Providence Open
27	Aba SAM	SO	Ottawa (Kan.) {3}	1.05	5.74mw	18-10 (2.4) 5/2/25 Kansas Collegiate (KCAC) Out
27	Hailey PERRINE	JR	#13 Olivet Nazarene (Ill.)	1.05	5.74m	18-10 (0.0) 5/9/25 Augustana Penultimate Qualif
27	Alyssa BUDD	SO	Spring Arbor (Mich.)	1.05	5.74m	18-10 (1.3) 4/25/25 Don Kleinow Memorial Invitati
30	Kiki NYANOK	SO	#7 Concordia (Neb.)	0.86	5.73m	18-9¾ (0.5) 5/9/25 Concordia (Neb.) Twilight Mee
30	Annemarie KOERNER	SO	Clarke (Iowa)	0.86	5.73m	18-9¾ (-0.6) 5/3/25 Heart of America (HAAC) Outd
30	Kellesse HEARD	SO	College of Saint Mary (0.86	5.73m	18-9¾ (0.0) 4/5/25 Concordia (Neb.) Outdoor Invi
33	Diamond BOYD		Park (Mo.) {2}	0.62	5.71m	18-8¾ (1.7) 3/29/25 Billiken Invitational
34	Fabiana MORALES	SO	#5 William Carey (Miss.) {2}	0.50	5.69mw	18-8 (2.8) 3/15/25 Jaguar Opener
35	Abi STEVENS	SR	#21 Southern Oregon	0.45	5.67mA	18-7¼ (0.0) 4/18/25 Cascade Championships [Com
35	Mikaiya RODGERS	FR	College of Saint Mary {2}	0.45	5.67m	18-7¼ (1.9) 5/3/25 GPAC Outdoor Championship
37	Avery POPPE	FR	Viterbo (Wis.)	0.35	5.66mw	18-7 (3.6) 4/23/25 Gary Wilson Invitational
38	Jordyn CARDWELL	SR	Brescia (Ky.)	0.30	5.65mw	18-6½ (2.1) 3/22/25 Lee Invitational
39	Sydney ZYWINA	SR	Lewis-Clark State (Ida	0.28	5.63m	18-5¾ (1.8) 4/4/25 Whitworth Peace Meet
40	Rylan RHODES	FR	Arizona Christian	0.25	5.60m	18-4½ (0.0) 12/7/24 Desert Spectacular
40	Grace CLEMENS	FR	Tennessee Wesleyan	0.25	5.60m	18-4½ (-2.1) 5/3/25 Big Orange Invite
42	Jah-Nisha CAMPBELL	SO	Ottawa (Kan.) {4}	0.20	5.59mw	18-4¼ (2.6) 5/2/25 Kansas Collegiate (KCAC) Out
43	Olivia WINGO	SR	Viterbo (Wis.) {2}	0.18	5.57m	18-3¼ (0.6) 5/3/25 Chicagoland (CCAC) Outdoor
44	Delaney STRAUS	JR	Culver-Stockton (Mo.)	0.15	5.56mw	18-3 (3.3) 4/5/25 Cornell College Invitational
44	Olivia YOUNG	FR	#24 MidAmerica Nazarene {2}	0.15	5.56m	18-3 (0.4) 3/29/25 Central Methodist Invitational
44	Nina MARINKOVIC	SO	#9 Marian (Ind.)	0.15	5.56mw	18-3 (3.0) 5/2/25 Crossroads League Outdoor C
44	Oumy GAYE	FR	#3 Life (Ga.)	0.15	5.56m	18-3 (0.5) 5/7/25 Emory Final Qualifier
48	Charlize DAVIS	SO	Rocky Mountain (Mont	0.05	5.55m	18-2½ (1.6) 3/22/25 Battlin' Bears/Yellowjacket O
48	Fegor CLIFFORD	SR	#5 William Carey (Miss.) {3}	0.05	5.55mw	18-2½ (2.5) 4/26/25 Southern States Outdoor Cha
50	Faith CASTILLO	SR	Wayland Baptist (Texa	0.01	5.54m	18-2¼ (1.3) 4/17/25 Angelo State Invitational
50	Jordyn MILLER-KNUCKLES	SO	Saint Mary (Kan.)	0.01	5.54mw	18-2¼ (2.8) 5/2/25 Kansas Collegiate (KCAC) Out



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Princess BROWNE	SR	#10 Madonna (Mich.)	33.65	12.44mw	40-9¾ (3.1)	4/11/25	South Florida Invitational (out	
2	Anya WALTON	SR	Friends (Kan.)	30.60	12.27mw	40-3¼ (3.6)	5/2/25	Kansas Collegiate (KCAC) Out	
3	Rosjai CURTIS	FR	Park (Mo.)	28.17	12.20m	40-½ (0.0)	4/16/25	Bryan Clay Invitational [Combi	
4	Jessica GAKERI	SR	#16 Montreat (N.C.)	25.92	12.16mw	39-10¾ (3.6)	5/2/25	Aggie Classic	
5	Ahmia DORSEY	SR	Langston (Okla.)	23.86	12.15mw	39-10½ (3.7)	4/12/25	Jet Relays	
6	Fegor CLIFFORD	SR	#5 William Carey (Miss.)	21.80	12.14m	39-10 (-0.1)	4/25/25	Southern States Outdoor Cha	
7	Faith BRENNAN	SO	#2 Dickinson State (N.D.)	19.49	12.09m	39-8 (1.3)	4/19/25	Blue Hawk Games	
8	Myesha HALL	SR	Truett-McConnell (Ga.)	17.43	12.08m	39-7¾ (0.0)	3/27/25	Thrills In The Hills	
9	Fabiana MORALES	SO	#5 William Carey (Miss.) {2}	15.34	12.06m	39-6¾ (1.0)	3/22/25	Alumni Bulldog Relays	
10	April PHILLIPS	SO	Evangel (Mo.)	13.30	12.05m	39-6½ (1.5)	5/8/25	Missouri State Twilight	
11	Aba SAM	SO	Ottawa (Kan.)	11.17	12.02m	39-5¼ (1.2)	5/1/25	Kansas Collegiate (KCAC) Out	
11	Sydney ZYWINA	SR	Lewis-Clark State (Ida	11.17	12.02m	39-5¼ (-0.1)	4/26/25	Cougar Invitational	
13	Josie GARRETT	JR	#4 Doane (Neb.)	9.05	11.99m	39-4 (1.6)	5/2/25	GPAC Outdoor Championship	
14	Selena JOHNSON	JR	Warner (Fla.)	7.92	11.96m	39-3 (0.0)	4/26/25	The Sun Conference Outdoor	
15	Adysen MCCARTER	FR	#7 Concordia (Neb.)	6.86	11.93m	39-1¾ (0.0)	5/3/25	GPAC Outdoor Championship	
16	Zaniyah WILSON	JR	#5 William Carey (Miss.) {3}	5.73	11.87m	38-11½ (0.5)	4/25/25	Southern States Outdoor Cha	
17	Olivia YOUNG	FR	#24 MidAmerica Nazarene	5.21	11.86m	38-11 (1.1)	5/8/25	Concordia (Neb.) Twilight Mee	
18	Mackenzie PRINGLE	SO	Columbia (S.C.)	4.69	11.85mw	38-10½ (3.2)	3/20/25	Alan Connie Shamrock Invitati	
19	Ayla JANZEN	FR	Montana Tech	4.08	11.80m	38-8¾ (0.0)	4/10/25	Providence Open	
20	Alyssa MORLEY	FR	#11 Southeastern (Fla.)	3.54	11.78m	38-7¾ (1.4)	3/29/25	SSU Tiger Orange and Blue Cl	
20	Aneesa SHEPPARD	SO	Friends (Kan.) {2}	3.54	11.78mw	38-7¾ (3.4)	3/21/25	TCU Invitational	
22	Andreana GRAHAM	SR	Florida Memorial	2.44	11.73m	#Error	4/26/25	The Sun Conference Outdoor	
23	Makayla BLANGO	SO	Columbia (S.C.) {2}	1.92	11.72mw	38-5½ (3.2)	4/19/25	Appalachian (AAC) Outdoor C	
24	Madison HELTEN	SO	Benedictine (Kan.)	1.25	11.64m	38-2¼ (-1.0)	5/9/25	Concordia (Neb.) Twilight Mee	
25	Aayla MARIE-ADAMS	SO	Judson (Ill.)	1.11	11.60m	38-¾ (-2.4)	5/9/25	NCCAA Outdoor Championshi	
26	Montgomery KECK	FR	Columbia (Mo.)	1.04	11.59m	38-¼ (0.9)	5/8/25	Missouri State Twilight	
27	Rosalyn ROGGASCH	JR	#4 Doane (Neb.) {2}	0.91	11.55m	37-10¾ (0.0)	5/9/25	South Dakota Twilight	
28	Laiklyn STEPHENS	FR	Evangel (Mo.) {2}	0.81	11.53mw	37-10 (2.8)	5/2/25	Kansas Collegiate (KCAC) Out	
29	Shirmara ANDERSON	JR	#9 Marian (Ind.)	0.75	11.50mw	37-8¾ (2.4)	4/5/25	Joe Walker Invitational	
29	Madison KITSON	FR	Brenau (Ga.)	0.75	11.50m	37-8¾ (0.3)	4/19/25	Appalachian (AAC) Outdoor C	
31	Jordyn CARDWELL	SR	Brescia (Ky.)	0.65	11.48m	37-8 (0.4)	5/9/25	Sycamore Open	
32	Kyla DAVIS	JR	#4 Doane (Neb.) {3}	0.60	11.46m	37-7¼ (0.8)	5/3/25	GPAC Outdoor Championship	
33	Josi NOBLE	JR	#7 Concordia (Neb.) {2}	0.55	11.40m	37-5 (1.4)	5/3/25	GPAC Outdoor Championship	
34	Myiah LOGUE	SR	Bethel (Kan.)	0.50	11.37m	37-3¾ (0.9)	4/5/25	Friends Invitational	
35	Dasia GARLAND	SO	Campbellsville (Ky.)	0.45	11.28m	37-¼ (0.7)	5/5/25	Mid-South Outdoor Track & Fi	
36	Hayley LOEWEN	JR	#24 MidAmerica Nazarene {2}	0.40	11.26m	36-11½ (1.1)	3/29/25	Central Methodist Invitational	
37	Kiana SIEFERT	JR	#17 Taylor (Ind.)	0.35	11.25m	36-11 (0.0)	5/2/25	Crossroads League Outdoor C	
37	Erica XAYARATH	SR	Huntington (Ind.)	0.35	11.25mw	36-11 (2.6)	4/25/25	Hillsdale Outdoor Tune-Up	
37	Lauren DAVIS	JR	Evangel (Mo.) {3}	0.35	11.25mw	36-11 (2.3)	4/17/25	Pittsburg State Tune-Up	
40	Yasmine RODGERS	SO	Keiser (Fla.)	0.25	11.22m	36-9¾ (0.0)	3/28/25	Thrills In The Hills	
41	Meeyesha TUTT-MOOTOU	JR	Wiley (Texas)	0.23	11.17mw	36-7¾ (3.2)	3/22/25	Prairie View A&M Relays	
42	Claireece CROSS	SO	#14 Central Methodist (Mo.	0.20	11.15m	36-7 (0.2)	4/11/25	Mule Relays	
43	Rhianna ROBINSON	FR	Viterbo (Wis.)	0.18	11.13mw	36-6¼ (2.7)	5/9/25	UW-La Crosse Uncaged Eagle	
44	A'Shanti SURREY	SR	Brewton-Parker (Ga.)	0.15	11.12m	36-5¾ (0.6)	4/12/25	Georgia Showdown	
44	Delaney STRAUS	JR	Culver-Stockton (Mo.)	0.15	11.12m	36-5¾ (1.0)	3/15/25	Central Methodist Open	
46	Ta'Mya DAVIS	SO	#14 Central Methodist (Mo.)	0.10	11.11m	36-5½ (0.9)	3/15/25	Central Methodist Open	
47	Jazmyne WHITE	SO	Huston-Tillotson (Texa	0.08	11.10mw	36-5 (2.1)	4/17/25	Angelo State Invitational	
47	Adarra HAGELUND	JR	#2 Dickinson State (N.D.) {2}	0.08	11.10mw	36-5 (3.3)	5/9/25	North Star Outdoor Champion	
49	Pearla TEKO-FOLLY	SO	Viterbo (Wis.) {2}	0.03	11.06mw	36-3½ (3.3)	4/18/25	UW-La Crosse Esten Challenge	
50	Allison ISAACSON	SO	College of Saint Mary (0.01	11.02m	36-2 (0.7)	5/3/25	GPAC Outdoor Championship	
50	Makayla KEFFELER	SR	Indiana Wesleyan	0.01	11.02m	36-2 (0.1)	3/29/25	Pacesetter Sports Invitational	
50	Maria CONNEALY	SO	Benedictine (Kan.) {2}	0.01	11.02m	36-2 (0.3)	4/26/25	Baker U. Zac Kindler Invitatio	



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Sydney DUNCAN	SO	IU Kokomo (Ind.)	37.45	16.60m	54-5½	3/30/25 Yellow Jacket Collegiate Open
2	Kori NAGEL	SR	#2 Dickinson State (N.D.)	31.02	14.92m	48-11½	5/3/25 U-Mary Last Chance
3	Alivia BAUCOM	JR	#4 Doane (Neb.)	28.36	14.67m	48-1¾	4/18/25 Jim Dutcher Memorial
4	Claire CASPERSEN	SR	College of Saint Mary (26.28	14.64m	48-½	5/9/25 Concordia (Neb.) Twilight Mee
5	Abigail GERBER	SR	#7 Concordia (Neb.)	24.20	14.61m	47-11¼	4/12/25 Bronco Invitational
6	Victoria LOTZ	SR	#24 MidAmerica Nazarene	3.80	D 14.43m	47-4¼	5/3/25 Heart of America (HAAC) Outd
7	Lauren CIMA	FR	Providence (Mont.)	19.15	14.07mA	46-2	4/10/25 Providence Open
8	Chloe GUNDERSON	SR	#2 Dickinson State (N.D.) {2}	17.11	14.05m	46-1¼	4/19/25 Blue Hawk Games
9	Madison SUTTON	SR	#4 Doane (Neb.) {2}	3.10	D 14.04m	46-¾	5/3/25 GPAC Outdoor Championship
10	Ozofu MAGAJI	FR	#9 Marian (Ind.)	13.01	13.99m	45-10¾	3/29/25 Pacesetter Sports Invitational
11	Michelle DADSON	SR	#1 British Columbia	10.79	13.83m	45-4½	3/29/25 British Columbia Open
12	Madison HEUSINKVELT	FR	#4 Doane (Neb.) {3}	9.76	13.80m	45-3½	5/9/25 Concordia (Neb.) Twilight Mee
13	Abby MAGNUSON	SR	Dakota Wesleyan (S.D.	8.74	13.78m	45-2½	4/5/25 South Dakota Early Bird
14	Amanda GUSTAFSON	SO	#13 Olivet Nazarene (Ill.)	7.62	13.65m	44-9½	5/7/25 Hillsdale College Last Chance
15	Zoe VLK	SO	#19 Cumberland (Tenn.)	6.55	13.58m	44-6¾	4/12/25 Fast Break Athletics Invitation
16	Maggie HEESCH	JR	Midland (Neb.)	5.49	13.51m	44-4	4/16/25 Red Raider Open
17	Mia GRAY	FR	Wayland Baptist (Texa	4.94	13.46m	44-2	5/11/25 WT Last Chance
18	Taylor LAUMEYER	JR	#2 Dickinson State (N.D.) {3}	4.37	13.39m	43-11¼	3/27/25 Yellowjackets Open
19	Harper BOCHE	FR	#7 Concordia (Neb.) {2}	3.85	13.36m	43-10	4/18/25 Jim Dutcher Memorial
20	Fran TRAVIS	FR	#20 Dordt (Iowa)	3.24	13.25m	43-5¾	5/3/25 GPAC Outdoor Championship
21	Merideth DEVRIES	SR	Indiana Wesleyan	2.73	13.23m	43-5	3/22/25 Polar Bear Invitational (Indian
22	Shyanne MOSER	JR	Mount Vernon Nazare	2.16	13.16m	43-2¼	5/2/25 Crossroads League Outdoor C
23	Alician GARCIA	SR	#2 Dickinson State (N.D.) {4}	1.62	13.12m	43-½	5/3/25 U-Mary Last Chance
23	Kloey PICKENS	SR	Columbia Internation	1.62	13.12m	43-½	4/4/25 Tornado Classic
25	Evie SCOLES	SR	John Brown (Ark.)	1.06	13.11m	43-¼	4/26/25 Sooner Athletic Outdoor Cha
25	Maelie HOPE	SO	Aquinas (Mich.)	1.06	13.11m	43-¼	5/1/25 Wolverine-Hoosier (WHAC) Ou
25	Aarion PICKENS	FR	Missouri Valley	1.06	13.11m	43-¼	4/26/25 Baker U. Zac Kindler Invitatio
28	Bella MAXWELL	SO	Dakota State (S.D.)	0.89	13.08m	42-11	4/12/25 Minnesota State Open
29	Alecia PARKER	JR	Bethel (Ind.)	0.82	13.06m	42-10¼	4/4/25 Indiana Tech April Open
30	Kara ALEXANDER	FR	McPherson (Kan.)	0.74	13.03m	42-9	5/2/25 Kansas Collegiate (KCAC) Out
31	Delaney BURGE	SO	#4 Doane (Neb.) {4}	0.67	13.01m	42-8¼	5/3/25 GPAC Outdoor Championship
32	Carolyn MILLER	SO	Grand View (Iowa)	0.61	13.00m	42-8	5/9/25 Concordia (Neb.) Twilight Mee
33	Aurora PARSONS	JR	Oregon Tech	0.55	12.98m	42-7	5/10/25 Cascade Track & Field Champi
34	Brenna HELD	JR	Jamestown (N.D.)	0.50	12.96m	42-6¼	4/23/25 Gary Wilson Invitational
35	Kaylyn POWERS	SR	Hannibal-LaGrange (0.45	12.90m	42-4	4/18/25 Culver-Stockton Wildcat Open
36	Tatiana MARTINEZ	SR	Providence (Mont.) {2}	0.40	12.87mA	42-2¾	4/10/25 Providence Open
37	Cara SHULTZ	SO	McPherson (Kan.) {2}	0.35	12.86m	42-2¼	5/2/25 Kansas Collegiate (KCAC) Out
38	MarieAnge MOUSSIGNAC	JR	#11 Southeastern (Fla.)	0.30	12.85m	42-2	4/5/25 Embry-Riddle Running Eleme
39	Ava CONRAD	SR	Mount Mercy (Iowa)	0.28	12.83m	42-1¼	5/3/25 Heart of America (HAAC) Outd
40	Payton CAST	FR	#4 Doane (Neb.) {5}	0.25	12.78m	41-11¼	4/11/25 Doane-Nebraska Wesleyan
41	Kady VANDEMARK	JR	Graceland (Iowa)	0.23	12.75m	41-10	4/11/25 Mule Relays
42	Sydney RICE	JR	Bethel (Ind.) {2}	0.20	12.74m	41-9¾	4/26/25 GVSU Extra Weekend Meet
43	Grace DEAN	FR	#4 Doane (Neb.) {6}	0.18	12.72m	41-8¾	4/11/25 Doane-Nebraska Wesleyan
43	Chloe MAY	FR	Cornerstone (Mich.)	0.18	12.72m	41-8¾	5/1/25 Wolverine-Hoosier (WHAC) Ou
45	Gabi BILBREY	SO	#9 Marian (Ind.) {2}	0.13	12.69m	41-7¾	5/2/25 Crossroads League Outdoor C
46	Jamie SIEROCKI	JR	Saint Xavier (Ill.)	0.10	12.64m	41-5¾	4/13/25 Olivet Nazarene Tiger Open
47	Haylee APPLEFORD	SO	Lewis-Clark State (Ida	0.08	12.63m	41-5¼	4/26/25 Cougar Invitational
48	Darci DAWSON	SR	Columbia (S.C.)	0.05	12.62m	41-5	3/22/25 Alan Connie Shamrock Invitati
49	Emma TERRY	JR	#11 Southeastern (Fla.) {2}	0.03	12.60m	41-4¼	3/8/25 Eagle Invitational
50	Akiyah ASH	JR	#8 Siena Heights (Mich.)	0.01	12.57m	41-3	4/25/25 Don Kleinow Memorial Invitati



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Madison SUTTON	SR	#4 Doane (Neb.)	34.17		50.39m	165-4	3/28/25	Central Nebraska Challenge
2	Taylor LAUMEYER	JR	#2 Dickinson State (N.D.)	31.30		49.62m	162-10	4/19/25	Blue Hawk Games
3	Alivia BAUCOM	JR	#4 Doane (Neb.) {2}	28.68		49.06m	161-0	3/28/25	Central Nebraska Challenge
4	Sydney DUNCAN	SO	IU Kokomo (Ind.)	26.32		48.74m	159-11	4/19/25	Al Owens Classic
5	Victoria LOTZ	SR	#24 MidAmerica Nazarene	24.25		48.68m	159-9	5/3/25	Heart of America (HAAC) Outd
6	Makenna WALHOF	SO	#20 Dordt (Iowa)	22.15		48.59m	159-5	4/23/25	Mount Marty Twilight
7	Gabi BILBREY	SO	#9 Marian (Ind.)	19.84		48.19m	158-1	5/2/25	Crossroads League Outdoor C
8	Kori NAGEL	SR	#2 Dickinson State (N.D.) {2}	3.60	D	47.87m	157-1	4/6/25	Al Bortke Open
9	Fran TRAVIS	FR	#20 Dordt (Iowa) {2}	15.34		47.53m	155-11	4/16/25	Red Raider Open
10	Merideth DEVRIES	SR	Indiana Wesleyan	13.18		47.27m	155-1	5/2/25	Crossroads League Outdoor C
11	Tatiana MARTINEZ	SR	Providence (Mont.)	11.05		46.92m	153-11	3/27/25	Yellowjackets Open
12	Tessa MOZZI	SR	Indiana Wesleyan {2}	9.96		46.69m	153-2	5/2/25	Crossroads League Outdoor C
13	Lanae CROWE	SR	Grace (Ind.)	8.76		46.19m	151-7	5/2/25	Crossroads League Outdoor C
14	Bri NICHOLS	JR	Indiana Wesleyan {3}	7.60		45.79m	150-3	5/2/25	Crossroads League Outdoor C
15	Grace DEAN	FR	#4 Doane (Neb.) {3}	6.58		45.74m	150-1	3/28/25	Central Nebraska Challenge
16	Chloe GUNDERSON	SR	#2 Dickinson State (N.D.) {3}	5.49		45.52m	149-4	4/6/25	Al Bortke Open
17	Maelie HOPE	SO	Aquinas (Mich.)	4.96		45.43m	149-1	5/1/25	Wolverine-Hoosier (WHAC) Ou
18	Rebecca EACKER	JR	#2 Dickinson State (N.D.) {4}	4.44		45.38m	148-11	5/1/25	Marauders-Mystics Tune-up
19	Hadleigh FILIPOVIVH	FR	#9 Marian (Ind.) {2}	3.87		45.20m	148-4	5/9/25	Sycamore Open
19	Mary LORANG	FR	Benedictine (Kan.)	3.87		45.20m	148-4	4/26/25	Baker U. Zac Kindler Invitatio
21	Princess KARA	SR	Indiana Wesleyan {4}	2.77		44.94m	147-5	4/12/25	Indiana Little State Invitationa
22	Ava CONRAD	SR	Mount Mercy (Iowa)	2.19		44.75m	146-10	5/3/25	Heart of America (HAAC) Outd
23	Charity JOHNSON	FR	#25 Xavier (La.)	1.68		44.71m	146-8	3/29/25	Southern Miss Invitational
23	Brianna NEUMILLER	SO	St. Ambrose (Iowa)	1.68		44.71m	146-8	4/25/25	Kip Janvrin Open
25	Lauren CIMA	FR	Providence (Mont.) {2}	1.10		44.64m	146-6	3/27/25	Yellowjackets Open
26	Lisa SCHOEN	FR	Tennessee Wesleyan	1.03		44.60m	146-4	5/3/25	Big Orange Invite
27	Claire MEACHAM	JR	Cornerstone (Mich.)	0.86		44.29m	145-4	4/26/25	GSU Extra Weekend Meet
28	Alyssa STRIEGEL	SR	Mount Mercy (Iowa) {2}	0.80		44.21m	145-1	3/29/25	Central Methodist Invitational
29	Abby MAGNUSON	SR	Dakota Wesleyan (S.D.)	0.75		44.12m	144-9	5/9/25	Concordia (Neb.) Twilight Mee
30	Tracey GOOCH	SO	#9 Marian (Ind.) {3}	0.70		44.03m	144-6	5/2/25	Crossroads League Outdoor C
31	Marquia WHITE	JR	Reinhardt (Ga.)	0.65		42.76m	140-4	4/19/25	Appalachian (AAC) Outdoor C
32	Cara SHULTZ	SO	McPherson (Kan.)	0.60		42.69m	140-1	4/19/25	KWU Coyote Classic
33	Aurora PARSONS	JR	Oregon Tech	0.55		42.42m	139-2	5/10/25	Cascade Track & Field Champi
34	Carissa KOLLE	FR	#7 Concordia (Neb.)	0.50		42.19m	138-5	4/12/25	Bronco Invitational
35	Abigail GERBER	SR	#7 Concordia (Neb.) {2}	0.45		42.12m	138-2	4/5/25	Concordia (Neb.) Outdoor Invi
36	Delaney BURGE	SO	#4 Doane (Neb.) {4}	0.40		42.07m	138-0	3/28/25	Central Nebraska Challenge
37	Marta PIANTANIDA	FR	Baker (Kan.)	0.35		42.02m	137-11	3/30/25	Zach Kindler Wildcat Open
38	Harper BOCHE	FR	#7 Concordia (Neb.) {3}	0.30		41.94m	137-7	4/12/25	Bronco Invitational
39	Carlee BEENEY	SO	Cleary (Mich.)	0.28		41.90m	137-6	4/18/25	Hillsdale Gina Relays
40	Miel JOHNSON	FR	#18 St. Thomas (Fla.)	0.25		41.65m	136-8	4/19/25	STU Open 3
41	Zoe VLK	SO	#19 Cumberland (Tenn.)	0.23		41.56m	136-4	4/5/25	Tennessee Invite
42	Star HERRON	SR	#23 College of Idaho	0.20		41.40m	135-10	4/12/25	Northwest Nazarene Open
43	Kali BROWN	JR	#14 Central Methodist (Mo.)	0.18		41.39m	135-10	4/11/25	Mule Relays
44	Mia GRAY	FR	Wayland Baptist (Texa)	0.15		41.35m	135-8	4/26/25	Sooner Athletic Outdoor Cha
45	Bailey HOFLAND	JR	#2 Dickinson State (N.D.) {5}	0.13		41.16m	135-1	5/9/25	North Star Outdoor Champion
46	Jade AZURE	SR	Valley City State (N.D.)	0.10		41.09m	134-10	3/22/25	Marauders Outdoor Opener
47	Avari BATT	JR	Providence (Mont.) {3}	0.08		41.05m	134-8	4/26/25	Montana Open
48	Sara DIEW	JR	Midland (Neb.)	0.05		40.97m	134-5	3/28/25	Central Nebraska Challenge
49	Kaylee WUEST	FR	#23 College of Idaho {2}	0.03		40.87m	134-1	5/10/25	Cascade Track & Field Champi
50	Jalyn SACKRIDER	JR	Evergreen State (Wash)	0.01		40.82m	133-11	5/10/25	Cascade Track & Field Champi



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Victoria LOTZ	SR #24 MidAmerica Nazarene	35.95	59.02m	193-8	4/19/25	Kansas Relays
2	Kori NAGEL	SR #2 Dickinson State (N.D.)	32.19	57.19m	187-8	5/9/25	North Star Outdoor Champion
3	Abi WOHLGEMUTH	SR #7 Concordia (Neb.)	28.66	55.61m	182-6	5/9/25	Concordia (Neb.) Twilight Mee
4	Bella HALL	JR #1 British Columbia	25.91	54.72m	179-7	3/29/25	British Columbia Open
5	Madison SUTTON	SR #4 Doane (Neb.)	23.77	54.51m	178-10	5/3/25	GPAC Outdoor Championship
6	Lauren CIMA	FR Providence (Mont.)	21.61	54.26m	178-0	4/26/25	Montana Open
6	Gabriella PEITZMEIER	SR Dakota State (S.D.)	21.61	54.26m	178-0	5/9/25	North Star Outdoor Champion
8	Star HERRON	SR #23 College of Idaho	17.46	54.04m	177-4	4/12/25	Northwest Nazarene Open
9	Tara KOONCE	SR #3 Life (Ga.)	15.29	53.78m	176-6	5/11/25	Life U Last Chance
10	Mackenzie LINNENBRINK	FR Columbia (Mo.)	13.04	53.30m	174-11	4/5/25	Lincoln University Open
11	Lauren CURTIS	FR #1 British Columbia {2}	10.96	53.07m	174-2	5/10/25	Cascade Track & Field Champi
12	Michelle DADSON	SR #1 British Columbia {3}	9.91	52.90m	173-7	5/10/25	Cascade Track & Field Champi
13	Caley BLOSSER	SR #24 MidAmerica Nazarene {2}	8.66	52.18m	171-3	5/3/25	Heart of America (HAAC) Outd
14	Claire MEACHAM	JR Cornerstone (Mich.)	7.56	51.89m	170-3	5/11/25	GVSU 10-Event Last Chance M
15	Alician GARCIA	SR #2 Dickinson State (N.D.) {2}	6.45	51.55m	169-2	5/1/25	Marauders-Mystics Tune-up
16	Sydney DUNCAN	SO IU Kokomo (Ind.)	2.44	D 51.51m	169-0	5/9/25	Sycamore Open
17	Abby GREEN	JR Friends (Kan.)	4.93	51.49m	168-11	4/5/25	Friends Invitational
18	Kady VANDEMARK	JR Graceland (Iowa)	4.38	51.35m	168-6	4/11/25	Mule Relays
19	Taylor LAUMEYER	JR #2 Dickinson State (N.D.) {3}	2.31	D 51.14m	167-10	5/9/25	North Star Outdoor Champion
20	Abigail GERBER	SR #7 Concordia (Neb.) {2}	3.28	51.04m	167-6	5/9/25	Concordia (Neb.) Twilight Mee
21	Maggie HEESCH	JR Midland (Neb.)	2.77	51.01m	167-4	4/16/25	Red Raider Open
22	Katelyn PUTZ	FR #1 British Columbia {4}	2.26	50.99m	167-4	3/22/25	Willie Williams/Dave Murray Di
23	Kylee HASSELMANN	JR Hastings (Neb.)	1.70	50.82m	166-9	5/10/25	Loper Twilight
24	Bri NICHOLS	JR Indiana Wesleyan	1.17	50.73m	166-5	3/22/25	Polar Bear Invitational (Indian
25	Makenna WALHOF	SO #20 Dordt (Iowa)	1.09	50.65m	166-2	3/28/25	Wildcat Classic
26	Mia KNIGGE	JR #4 Doane (Neb.) {2}	0.98	50.45m	165-6	4/18/25	Jim Dutcher Memorial
27	Bella MAXWELL	SO Dakota State (S.D.) {2}	0.85	50.15m	164-7	4/23/25	Mount Marty Twilight
28	Kaylie LOTSPEICH	SO #4 Doane (Neb.) {3}	0.80	50.14m	164-6	5/9/25	Concordia (Neb.) Twilight Mee
29	Gabrielle TATA-RODRIGUE	SR Corban (Ore.)	0.75	50.02m	164-1	5/10/25	Cascade Track & Field Champi
30	Maren HETTINGA	JR #20 Dordt (Iowa) {2}	0.70	49.87m	163-8	4/23/25	Mount Marty Twilight
31	Nhaydia WATSON	JR #9 Marian (Ind.)	0.65	49.85m	163-7	5/2/25	Crossroads League Outdoor C
32	Deneara MBOUG	JR Indiana Tech	0.60	49.78m	163-4	4/18/25	Marian Easter Throws Open
33	Alyssa HALL	SR Benedictine (Kan.)	0.55	49.51m	162-5	4/11/25	Mule Relays
34	Ezarya DALE	JR Keiser (Fla.)	0.50	49.48m	162-4	4/27/25	The Sun Conference Outdoor
35	Elizabeth ZAIGER	SR York (Neb.)	0.45	49.22m	161-6	5/9/25	NCCAA Outdoor Championshi
36	MarieAnge MOUSSIGNAC	JR #11 Southeastern (Fla.)	0.40	49.17m	161-4	4/5/25	Embry-Riddle Running Eleme
37	Niesha ALDAJUSTE	JR Keiser (Fla.) {2}	0.35	49.13m	161-2	4/27/25	The Sun Conference Outdoor
38	Makenzie GIBSON	JR Jamestown (N.D.)	0.30	49.05m	160-11	5/9/25	North Star Outdoor Champion
39	Rebecca EACKER	JR #2 Dickinson State (N.D.) {4}	0.28	48.50m	159-2	4/19/25	Blue Hawk Games
40	Clare ULLERY	SO College of Saint Mary (0.25	48.32m	158-7	4/26/25	Prairie Wolf Outdoor Invitatio
41	Jaina BAILEY	JR Shawnee State (Ohio)	0.23	48.17m	158-1	5/3/25	Jesse Owens Track Classic
42	Courtney BUTLER	SO #9 Marian (Ind.) {2}	0.20	48.00m	157-6	4/18/25	Marian Easter Throws Open
43	Tatiana MARTINEZ	SR Providence (Mont.) {2}	0.18	47.56m	156-1	5/5/25	Frontier Conference Outdoor
44	Lynne TORMOEHLN	SR #20 Dordt (Iowa) {3}	0.15	47.41m	155-7	4/16/25	Red Raider Open
45	Jennifer SHERWOOD	SR Spring Arbor (Mich.)	0.13	47.38m	155-6	5/2/25	Crossroads League Outdoor C
46	Grace JONES	SR Truett-McConnell (Ga.)	0.10	47.36m	155-5	4/19/25	Appalachian (AAC) Outdoor C
46	Doreshia MCALLISTER	SO Columbia (S.C.)	0.10	47.36m	155-5	4/5/25	High Point VertKlasse Meeting
48	Marissa HEINS	SO #7 Concordia (Neb.) {3}	0.05	47.26m	155-1	4/5/25	Concordia (Neb.) Outdoor Invi
49	Keeley HUGHES	SR #9 Marian (Ind.) {3}	0.03	47.13m	154-8	5/2/25	Crossroads League Outdoor C
50	Sara DIEW	JR Midland (Neb.) {2}	0.01	47.09m	154-6	5/3/25	GPAC Outdoor Championship



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Haylee WHITCRAFT	FR	#13 Olivet Nazarene (Ill.)	34.71	46.01m	151-0	5/3/25 Chicagoland (CCAC) Outdoor
2	Mary LORANG	FR	Benedictine (Kan.)	31.46	45.07m	147-11	3/30/25 Zach Kindler Wildcat Open
3	Sarah SNELL	SO	#1 British Columbia	28.56	44.39m	145-8	5/10/25 Cascade Track & Field Champi
4	Mayce RUSSELL	FR	Kansas Wesleyan	26.15	44.08m	144-8	3/23/25 Bethel (Kan.) College Open
5	Maddy WOLF	FR	Kansas Wesleyan {2}	24.09	44.04m	144-6	4/12/25 Wichita State K.T. Woodman I
6	Jenna JORDAN	SR	Montana Tech	21.89	43.86m	143-11	4/26/25 Montana Open
7	Lilly PETERS	FR	Briar Cliff (Iowa)	19.57	43.50m	142-9	5/3/25 GPAC Outdoor Championship
8	Codi NAGLE	FR	#2 Dickinson State (N.D.)	17.42	43.33m	142-2	4/19/25 Blue Hawk Games
9	Adrienne WASHINGTON	JR	#22 Eastern Oregon	15.31	43.21m	141-9	5/10/25 Cascade Track & Field Champi
10	Kendra ODEGARD	SR	Valley City State (N.D.)	13.09	42.97m	141-0	4/19/25 Al Cassell Classic
11	Shelbey KLEIN	JR	Providence (Mont.)	10.98	42.80m	140-5	4/18/25 Trudnowski Open
12	Hannah BOERSEMA	JR	Saint Francis (Ind.)	9.96	42.75m	140-3	5/2/25 Crossroads League Outdoor C
13	Gretchen STOTTLEMYRE	SR	#7 Concordia (Neb.)	8.73	42.26m	138-8	5/10/25 Loper Twilight
14	Davanna COLLIE	JR	#18 St. Thomas (Fla.)	7.71	42.21m	138-6	4/19/25 STU Open 3
15	Isabelle AALDERS	FR	#19 Cumberland (Tenn.)	6.65	42.08m	138-1	4/12/25 Fast Break Athletics Invitation
16	Joana VAKASOBUDURU	JR	#14 Central Methodist (Mo.)	5.56	41.89m	137-5	5/3/25 Heart of America (HAAC) Outd
16	Emma LONGUEUAY	FR	Indiana Tech	5.56	41.89m	137-5	5/1/25 Wolverine-Hoosier (WHAC) Ou
18	Ryah DIGIACOMO	SO	Indiana Tech {2}	4.51	41.77m	137-1	5/1/25 Wolverine-Hoosier (WHAC) Ou
19	Allison THOMAS	SO	Evangel (Mo.)	3.96	41.67m	136-9	4/17/25 Pittsburg State Tune-Up
20	Isabelle MATTHEWS	JR	Clarke (Iowa)	3.40	41.54m	136-4	4/15/25 Loras Mid-Week Meet
21	Julie COFFEY	JR	Baker (Kan.)	2.79	41.30m	135-6	4/11/25 Mule Relays
22	Casey OLSON	SO	Dakota State (S.D.)	2.28	41.27m	135-5	4/26/25 Drake Relays
23	Aurora PARSONS	JR	Oregon Tech	1.70	41.11m	134-11	5/10/25 Cascade Track & Field Champi
24	Havyn VANDENACRE	FR	Providence (Mont.) {2}	1.19	41.08m	134-10	5/9/25 Tom Gage Classic (Montana/M
25	Avery SPENCER	SR	#13 Olivet Nazarene (Ill.) {2}	1.13	41.07m	134-9	4/19/25 Indiana State Gibson Informatio
26	Sammy CONLEY	SR	#22 Eastern Oregon {2}	0.97	40.83m	134-0	5/10/25 Cascade Track & Field Champi
27	Trinity GOTTLER	SO	Midway (Ky.)	0.85	40.46m	132-9	3/29/25 Landon Bond Invitational
28	Delaney BURGE	SO	#4 Doane (Neb.)	0.80	40.38m	132-6	4/18/25 Jim Dutcher Memorial
29	Sorren REESE	JR	Carroll (Mont.)	0.75	40.29m	132-2	5/9/25 Tom Gage Classic (Montana/M
30	Brei CHRISTOFFER	SO	Clarke (Iowa) {2}	0.70	40.14m	131-9	4/18/25 Augustana (Ill.) Meet of Cham
31	Keely BARNARD	SO	Saint Mary (Kan.)	0.65	40.02m	131-4	5/9/25 Concordia (Neb.) Twilight Mee
32	Rian BOUB	SR	Ottawa (Kan.)	0.60	39.95m	131-1	5/2/25 Kansas Collegiate (KCAC) Out
33	Katelyn CHRISTENSEN	JR	Carroll (Mont.) {2}	0.55	39.84m	130-9	4/26/25 Montana Open
34	Keelyn O'REILLY	SR	Corban (Ore.)	0.50	39.83m	130-8	3/20/25 Corban-Willamette Dual
35	Madison MACMILLAN	SR	#22 Eastern Oregon {3}	0.45	39.79m	130-7	4/12/25 Northwest Nazarene Open
36	Jacee TINDALL	JR	Morningside (Iowa)	0.40	39.53m	129-8	5/3/25 GPAC Outdoor Championship
37	Gianna ANDERSON	SO	Lewis-Clark State (Ida)	0.35	39.48m	129-7	5/10/25 Cascade Track & Field Champi
38	Sierra SHARP	FR	#18 St. Thomas (Fla.) {2}	0.30	39.10m	128-4	4/27/25 The Sun Conference Outdoor
39	Liepa BAJARUNAS	JR	#1 British Columbia {2}	0.28	39.07m	128-2	4/26/25 Ralph Vernacchia Invitational
40	Kendra DEWOLDE	SO	#20 Dordt (Iowa)	0.25	39.01m	128-0	5/3/25 GPAC Outdoor Championship
41	Emma KUCERA	SO	#7 Concordia (Neb.) {2}	0.23	38.98m	127-11	5/3/25 GPAC Outdoor Championship
42	Cambrie FISCHER	FR	Jamestown (N.D.)	0.20	38.88m	127-7	4/11/25 NDSU Spring Classic
43	Madalynn RHODES	SR	College of Saint Mary (0.18	38.74m	127-1	4/11/25 Jim Duncan Invitational
44	Lindsey STRUTZ	JR	Aquinas (Mich.)	0.15	38.65m	126-10	4/27/25 Jim Freeman/Clark Wood Invit
45	Mattie POHL	SO	#4 Doane (Neb.) {2}	0.13	38.38m	125-11	4/18/25 Jim Dutcher Memorial
46	Tyra OPPERMAN	SO	Montana Tech {2}	0.10	38.29m	125-8	5/9/25 Tom Gage Classic (Montana/M
47	Kalli SUTTON	SO	#4 Doane (Neb.) {3}	0.08	38.20m	125-4	4/11/25 Doane-Nebraska Wesleyan
48	Paige ERHARDT	SR	Jamestown (N.D.) {2}	0.05	38.10m	125-0	3/22/25 Marauders Outdoor Opener
49	Ellie LLOYD	FR	Hastings (Neb.)	0.03	37.98m	124-7	4/18/25 Jim Dutcher Memorial
50	Abigail CRUZ	JR	Reinhardt (Ga.)	0.01	37.91m	124-5	5/7/25 Emory Final Qualifier



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Abi STEVENS	SR #21 Southern Oregon	33.99	4,995c	(4995A)	4/18/25 Cascade Championships [Com
2	Abby CLARK	SR Montana Tech	31.32	4,902c	(4902A)	4/18/25 Trudnowski Open
3	Kerrigan MYERS	SR Midland (Neb.)	28.55	4,796		5/3/25 GPAC Outdoor Championship
4	Adrienne WASHINGTON	JR #22 Eastern Oregon	26.37	4,771c	(4771A)	4/18/25 Cascade Championships [Com
5	Kaitlyn MCCOLLY	SR #2 Dickinson State (N.D.)	23.88	4,682		4/16/25 NSAA Combined Event Champ
6	Haley BELLAMY	JR #14 Central Methodist (Mo.	21.59	4,625		3/29/25 Central Methodist Invitational
7	Annemarie KOERNER	SO Clarke (Iowa)	19.53	4,613		4/26/25 Drake Relays
8	Chaney NELSON	SO #4 Doane (Neb.)	17.50	4,607		4/18/25 Jim Dutcher Memorial
9	Mya HINES	SO #6 Cumberlands (Ky.)	15.49	4,605		4/5/25 Electric City Invitational
10	Lindsey STRUTZ	JR Aquinas (Mich.)	13.22	4,540		4/27/25 Jim Freeman/Clark Wood Invit
11	Delaney STRAUS	JR Culver-Stockton (Mo.)	11.14	4,510		5/3/25 Heart of America (HAAC) Outd
12	Emma HARBERT	SR Indiana Wesleyan	10.01	4,462		5/2/25 Crossroads League Outdoor C
13	Avery POPPE	FR Viterbo (Wis.)	9.01	4,461		4/18/25 UW-La Crosse Esten Challenge
14	Amelie STEINS	SO Dakota State (S.D.)	7.79	4,375		4/16/25 NSAA Combined Event Champ
15	Charlize DAVIS	SO Rocky Mountain (Mont	6.75	4,361		5/8/25 APU Franson Last Chance
16	Addie REIMER	SO #7 Concordia (Neb.)	5.72	4,351		5/9/25 Concordia (Neb.) Twilight Mee
17	Lucy CAREY	FR Hastings (Neb.)	5.11	4,309		5/9/25 Concordia (Neb.) Twilight Mee
18	Maria CONNEALY	SO Benedictine (Kan.)	4.55	4,287		5/3/25 Heart of America (HAAC) Outd
19	Emma BARNES	JR #16 Montreat (N.C.)	4.05	4,286		5/11/25 Lenoir-Rhyne Last Chance & M
20	Emma MUGGLI	SO Valley City State (N.D.)	3.48	4,257		4/16/25 NSAA Combined Event Champ
21	Mattie SHIRTS	SO #23 College of Idaho	2.85	4,209c	(4209A)	4/18/25 Cascade Championships [Com
22	Josi NOBLE	JR #7 Concordia (Neb.) {2}	2.31	4,193		4/18/25 Jim Dutcher Memorial
23	Hannah BOERSEMA	JR Saint Francis (Ind.)	1.68	4,144		5/2/25 Crossroads League Outdoor C
24	Katelyn CHRISTENSEN	JR Carroll (Mont.)	1.11	4,117c	(4117A)	4/18/25 Trudnowski Open
25	Sarah PIMBLETT	JR #1 British Columbia	0.95	4,075c	(4075A)	4/18/25 Cascade Championships [Com
26	Emma KUCERA	SO #7 Concordia (Neb.) {3}	0.90	4,041		5/3/25 GPAC Outdoor Championship
27	Erin PEASE	SO Union (Ky.)	0.85	4,021		4/19/25 Appalachian (AAC) Outdoor C
28	Allison TEED	JR Spring Arbor (Mich.)	0.80	3,988		5/2/25 Crossroads League Outdoor C
29	Morgan WOOD	JR Ozarks (Mo.)	0.75	3,985		4/26/25 Sooner Athletic Outdoor Cha
30	Makayla NEAL	JR Grace (Ind.)	0.70	3,948		5/2/25 Crossroads League Outdoor C
31	Lucia ZVONAR	JR Ave Maria (Fla.)	0.65	3,872		4/27/25 The Sun Conference Outdoor
32	Dayle HAAKE	FR #4 Doane (Neb.) {2}	0.60	3,867		4/18/25 Jim Dutcher Memorial
33	Blanca SIEMES	FR Clarke (Iowa) {2}	0.55	3,846		5/3/25 Heart of America (HAAC) Outd
34	Alonna NALLS	SO #13 Olivet Nazarene (Ill.)	0.50	3,804		4/17/25 Hillsdale Mid-Week Multi
35	Zailee POULSON	SR Hastings (Neb.) {2}	0.45	3,803		4/18/25 Jim Dutcher Memorial
36	Alessandra IONESCU-ZANETTI	SO #1 British Columbia {2}	0.40	3,743c	(3743A)	4/18/25 Cascade Championships [Com
37	Aaliyah BLOT	SO #18 St. Thomas (Fla.)	0.35	3,723		4/27/25 The Sun Conference Outdoor
38	Grace COGGINS	FR #11 Southeastern (Fla.)	0.30	3,720		4/27/25 The Sun Conference Outdoor
39	Lisa SCHOEN	FR Tennessee Wesleyan	0.28	3,678		3/22/25 Lee Invitational
40	Kennedee CANALES	FR #7 Concordia (Neb.) {4}	0.25	3,669		5/3/25 GPAC Outdoor Championship
41	Casey OLSON	SO Dakota State (S.D.) {2}	0.23	3,664		4/16/25 NSAA Combined Event Champ
42	Lucy LOVELACE	JR Arizona Christian	0.20	3,603		3/28/25 Mesa Multis
43	Jaci WOODS	SO #6 Cumberlands (Ky.) {2}	0.18	3,590		4/5/25 Electric City Invitational
44	Dakota BUSSEN	FR #23 College of Idaho {2}	0.15	3,551c	(3551A)	4/18/25 Cascade Championships [Com
45	Isabelle RAASCH	JR Multnomah (Ore.)	0.13	3,526		3/25/25 Boxer Combined Events
46	Ambar FULGENCIO	JR Graceland (Iowa)	0.10	3,522		3/29/25 Central Methodist Invitational
47	Jennifer LUMKES	FR #20 Dordt (Iowa)	0.08	3,509		4/16/25 Red Raider Open
48	Bella DEAN	SO #9 Marian (Ind.)	0.05	3,395		5/2/25 Crossroads League Outdoor C
49	Anna HUME	FR Carroll (Mont.) {2}	0.03	3,374c	(3374A)	4/18/25 Trudnowski Open
50	Maydine NICHOLS	JR #18 St. Thomas (Fla.) {2}	0.01	3,364		4/27/25 The Sun Conference Outdoor