



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 100 Meters

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Hinds (Miss.) CC</b>	<b>46.43</b>
LW: --	Region 23	average 11.61
6	Trinity MONTGOMERY	SO 11.46w (3.0) 4/5 Davenport-Milb
7	La'Nica LOCKER	SO 11.47w (2.4) 4/19 Jim Mize Invitat
12	Canelia HOPE	FR 11.56w (2.4) 4/19 Jim Mize Invitat
37	Ritorion VIGNE	SO 11.94w (2.4) 4/5 Davenport-Milb
<b>2</b>	<b>New Mexico JC</b>	<b>46.48</b>
LW: 1 ▼ 1	Region 5	average 11.62
5	Kamaria KNIGHT	SO 11.41 (1.6) 3/22 Wes Kittley Invi
14	Amari PRATT	SO 11.63 (1.9) 4/12 Jo Meaker Clas
21	Tuwana MCLEAN	FR 11.72 (1.6) 3/22 Wes Kittley Invi
21	Nandy KIHUYU	SO 11.72 (1.0) 3/22 Wes Kittley Invi
<b>3</b>	<b>Coffeyville (Kan.) CC</b>	<b>46.68</b>
LW: 2 ▼ 1	Region 6	average 11.67
1	Royanah FARMER	SO 11.22w (3.8) 4/17 Pittsburg State
14	Linya GEDEON	SO 11.63w (3.8) 4/17 Pittsburg State
29	Dhakiya BLAKE	SO 11.85w (3.8) 4/17 Pittsburg State
42	Tierra WILLIAMS	FR 11.98w (3.5) 4/17 Pittsburg State
<b>4</b>	<b>Fort Scott (Kan.) CC</b>	<b>47.31</b>
LW: 6 ▲ 2	Region 6	average 11.83
11	Crystal CHAMBERS	SO 11.54 (1.5) 3/28 Emporia State I
25	Dayjonique CATO	SO 11.77w (2.1) 4/17 Pittsburg State
31	Jayden PIPER	SO 11.87w (3.5) 4/12 Wichita State K
51	Rayanna JOHNSON	SO 12.13w (3.1) 3/28 Emporia State I
<b>5</b>	<b>Indian Hills (Iowa) CC</b>	<b>47.46</b>
LW: 3 ▼ 2	Region 11	average 11.86
14	Ida SMITH	FR 11.63w (2.8) 4/12 Arkansas Inv
34	Zekira SNOW	SO 11.93 (1.5) 3/28 Emporia State I
34	Destiny MITCHELL	SO 11.93 (1.9) 4/12 Arkansas Inv
41	Kenyatta GRATE	SO 11.97 (0.5) 3/28 Emporia State I
<b>6</b>	<b>Colby (Kan.) CC</b>	<b>47.58</b>
LW: 4 ▼ 2	Region 6	average 11.90
4	Anita AFRIFA	SO 11.36 (1.1) 4/12 Jo Meaker Clas
19	Felicia AWUDI	FR 11.68 (1.6) 3/22 West Texas Rel
32	Beatrice BOAKYE	FR 11.92 (1.0) 4/12 Jo Meaker Clas
90	Ashly THARP	SO 12.62 (1.7) 3/22 West Texas Rel
<b>7</b>	<b>South Plains (Texas)</b>	<b>47.70</b>
LW: 5 ▼ 2	Region 5	average 11.92
3	Ruth AGADAMA	SO 11.35 (1.1) 4/12 Jo Meaker Clas
42	Oluwatumininu SANYAOLU	FR 11.98c 1.95A (1.4) 4/3 Masked Rider O
48	Sydney ROQUEBRUN	SO 12.03 (1.6) 3/22 West Texas Rel
62	Juwonna WHITEHORNE	FR 12.34 (1.6) 3/22 West Texas Rel
<b>8</b>	<b>Barton (Kan.) CC</b>	<b>47.78</b>
LW: 8	Region 6	average 11.94
18	Kayda AUSTIN	FR 11.66 (1.6) 4/19 Johnson Cl
37	Kennidra SPIGNER	FR 11.94w (2.5) 3/29 Mark A. Phillips
45	Takelia WILLIAMS	FR 11.99w (2.5) 3/29 Mark A. Phillips
53	Chloe PERRYMAN	SO 12.19 (0.1) 4/19 Johnson Cl
<b>9</b>	<b>Highland (Kan.) CC</b>	<b>48.82</b>
LW: 7 ▼ 2	Region 6	average 12.20
28	Shanteria WASHINGTON	SO 11.82w (2.4) 4/12 Arkansas Inv
56	Alexia LEWIS	SO 12.23 (2.0) 4/12 Arkansas Inv
58	Jola FELIX	SO 12.30w (2.6) 3/29 Central Methoa
75	Jamari ERVIN	FR 12.47w (2.6) 3/29 Central Methoa
<b>10</b>	<b>Richard Bland (Va.)</b>	<b>49.57</b>
LW: 9 ▼ 1	Region 10	average 12.39
37	Michaelyn FISHER	FR 11.94 (0.8) 3/29 Trojan Challeng
65	Anijah JAMES	FR 12.35 (0.8) 3/29 Trojan Challeng
90	J'Miaya MUSE	FR 12.62 (0.9) 4/5 Colonial Relays
94	Jayla WERTS	SO 12.66 (1.2) 3/21 Fred Hardy Invi
<b>11</b>	<b>Essex County (N.J.)</b>	<b>49.61</b>
LW: 10 ▼ 1	Region 19	average 12.40
47	Kimberly BAKER	SO 12.01 (1.3) 3/29 The Big Hurt
70	Ashia MARTIN	SO 12.42 (1.0) 4/12 NJCAA Region 2
80	Shermalee FREEMAN	FR 12.50w (2.3) 3/29 The Big Hurt
97	Ma-Avian WILLIAMS	SO 12.68 (1.3) 3/29 The Big Hurt
<b>12</b>	<b>Bismarck State (N.D.)</b>	<b>50.35</b>
LW: --	Region 13	average 12.59
52	Priviladge BOWER	FR 12.16 (1.1) 4/19 Blue Hawk Gan
84	Aliya SCHOCK	SO 12.54 (1.1) 4/19 Blue Hawk Gan
	Aisha ZAFFINO	SO 12.77w (2.9) 4/11 NDSU Spring Cl
	Makayla WHITFIELD	FR 12.88 (0.0) 4/6 Al Bortke Open
<b>13</b>	<b>Paradise Valley (Ariz.) CC</b>	<b>50.59</b>
LW: 11 ▼ 2	Region 1	average 12.65
49	Sofia CARDOZO	JR 12.04 (0.1) 3/20 PV/ALTIS Invite
99	Ava WILSON	FR 12.69 (-0.8) 4/12 Gaucho Collegi
	Aleksandra RENO	FR 12.81 (-1.3) 4/12 Gaucho Collegi
	Jaylee SPIVEY	FR 13.05 (-0.9) 3/29 Cody McBride/L
<b>14</b>	<b>State Fair (Mo.)</b>	<b>52.33</b>
LW: 13 ▼ 1	Region 16	average 13.08
	Layisha FREEMAN	FR 12.92 (1.6) 4/18 Culver-Stockto
	Nora MORENO	FR 12.97 (1.6) 4/18 Culver-Stockto
	Madison JOHNSON	SO 13.21 (0.8) 4/11 Mule Relays (ou
	Williams STAHR	FR 13.23 (1.6) 4/18 Culver-Stockto



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## Women's 100 Meters

as of 4/22/25 12:12 AM ET

<b>15</b>	<b>Marion Military Institute (</b>	<b>52.48</b>
LW: 12 ▼ 3	Region 22	average 13.12
96	Kiliyah TAYLOR	SO 12.67 (0.0) 3/28 Thrills In The Hi
	Shanaya HINTON	FR 13.05 (-2.0) 3/15 Falcon Classic
	Sirinity GLASPER	FR 13.08 (-0.8) 3/15 Falcon Classic
	Raeya TOWNSEND	FR 13.68 (-0.8) 3/15 Falcon Classic
<b>16</b>	<b>Pima (Ariz.) CC</b>	<b>52.88</b>
LW: 14 ▼ 2	Region 1	average 13.22
89	J'layah SPELLMAN COLLINS	SO 12.61 (1.9) 3/22 Willie Williams/
	Julus YOUNG	FR 13.14 (0.9) 3/22 Willie Williams/
	Brooklynn NELSON	FR 13.29 (-0.8) 4/12 Gaucho Collegi
	Perla RUIZ	FR 13.84 (-1.3) 4/12 Gaucho Collegi
<b>17</b>	<b>Glendale (Ariz.) CC</b>	<b>53.48</b>
LW: 15 ▼ 2	Region 1	average 13.37
79	Lailah CAMPBELL	SO 12.49 (-0.1) 4/12 Gaucho Collegi
	Oyindamola ADETUTU	SO 12.91 (-0.4) 4/12 Gaucho Collegi
	Petra ONWUMERE	FR 13.77 (-0.8) 4/12 Gaucho Collegi
	Lauren ALLARD	SO 14.31 (-1.1) 3/29 Cody McBride/L
<b>18</b>	<b>Coahoma (Miss.) CC</b>	<b>53.84</b>
LW: 16 ▼ 2	Region 23	average 13.46
99	Katreeka MOTT-FRANKLIN	FR 12.69 (-1.1) 3/22 Belhaven Invita
	Haile BARRETT	SO 13.59 (-1.4) 3/22 Belhaven Invita
	TaMoria SHANNON	FR 13.70w (3.0) 3/15 Rhodes Invitati
	Madison JACKSON	FR 13.86 (-0.4) 3/22 Belhaven Invita
<b>19</b>	<b>Muskegon (Mich.) CC</b>	<b>53.86</b>
LW: 17 ▼ 2	Region 12	average 13.46
	Natalie ERICKSON	SR 12.76 (0.6) 4/19 Al Owens Classi
	Brianna SMITH	SO 13.30 (0.1) 3/29 Amy Adams Mei
	Ava CROWELL	FR 13.89w (2.8) 4/5 Golden Grizzly I
	Sage VANDERWALL	FR 13.91 (1.4) 4/5 Golden Grizzly I
<b>20</b>	<b>Cuyahoga (Ohio) CC</b>	<b>55.99</b>
LW: 18 ▼ 2	Region 12	average 14.00
59	Keyonna MCGILL	SO 12.31w (2.8) 4/19 Paul "Sparky" A
	Franceta DWEH	FR 13.47w (2.7) 3/22 Ed Fry Invitation
	Phatasia YOUNG	FR 14.38 (-1.2) 3/29 Amy Adams Mei
	Janell LUNDY	FR 15.83w (2.7) 3/22 Ed Fry Invitation
<b>21</b>	<b>Harcum (Pa.)</b>	<b>58.98</b>
LW: 19 ▼ 2	Region 19	average 14.74
	Tasheera HILL	FR 13.84 (1.9) 4/19 Rutgers Relays
	Daniela STOLBUN	FR 14.91 (1.9) 4/19 Rutgers Relays
	Brianna XOCHIPA	FR 15.11w (3.2) 4/12 Bill Butler Relay
	Chloe DOMURAT	SO 15.12 (-0.6) 3/29 Danny Curran I



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 100 Meter Hurdles

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>South Plains (Texas)</b>	<b>58.25</b>
LW: 1	Region 5	average 14.56
8	Rashema LINDO	FR 13.94cw 3.90A) (2.3) 4/3 Masked Rider O
10	Oluwatumininu SANYAOLU	FR 14.27 (1.8) 4/12 Jo Meaker Clas
24	Juwonna WHITEHORNE	FR 14.90cw 4.86A) (2.3) 4/3 Masked Rider O
29	Abril OKON	SO 15.14w (2.1) 4/12 Jo Meaker Clas
<b>2</b>	<b>Barton (Kan.) CC</b>	<b>59.29</b>
LW: --	Region 6	average 14.82
7	Asharria ULETT	FR 13.93 (1.2) 4/19 Johnson Cl
11	Ty'yanah ADAMS	FR 14.33 (0.5) 4/12 Crimson Tide In
32	Alexia WALKER	FR 15.42 (-0.4) 4/19 Johnson Cl
38	Wildlife VERMILUS	SO 15.61w (4.0) 3/29 Mark A. Phillips
<b>3</b>	<b>Cloud County (Kan.) CC</b>	<b>59.49</b>
LW: 2 ▼ 1	Region 6	average 14.87
14	Nanhi PANNU	FR 14.41w (3.2) 4/12 Wichita State K
16	Chenessa DAVIS	SO 14.47 (-0.9) 4/5 Friends Invitati
18	Tahlia LIENERT	FR 14.49 (1.4) 4/19 Kansas Relays
49	Carlie CARLGREN	FR 16.12w (2.5) 4/12 Wichita State K
<b>4</b>	<b>Richard Bland (Va.)</b>	<b>1:01.44</b>
LW: --	Region 10	average 15.36
25	Jada HATCHER	FR 14.95 (1.4) 4/19 Aggie Invitator
26	Shyla COOPER	FR 15.04 (1.6) 3/29 Trojan Challeng
29	Anijah JAMES	FR 15.14w (2.8) 4/19 Aggie Invitator
52	Erin SMITH	SO 16.31w (2.6) 4/19 Aggie Invitator
<b>5</b>	<b>Pima (Ariz.) CC</b>	<b>1:02.63</b>
LW: 3 ▼ 2	Region 1	average 15.66
31	Hannah DROEG	FR 15.17 (-1.1) 3/28 Mesa Multis
36	Layla KONSKI	FR 15.57 (-1.1) 3/28 Mesa Multis
44	Tyler WASHINGTON	SO 15.75 (-0.9) 4/12 Gaucho Collegi
50	Tyra CHRISTEAN.	FR 16.14 (-0.9) 4/12 Gaucho Collegi
<b>6</b>	<b>Fort Scott (Kan.) CC</b>	<b>1:04.13</b>
LW: --	Region 6	average 16.03
13	Damaria BELL	SO 14.37w (2.2) 4/17 Pittsburg State
41	Jakouria JAMERSON	SO 15.66w (2.2) 4/17 Pittsburg State
46	Marcy MONELL	SO 15.94w (2.2) 4/17 Pittsburg State
63	Jazz DILWORTH	FR 18.16w (3.2) 3/28 Emporia State I



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## Women's 200 Meters

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Barton (Kan.) CC</b>	<b>1:35.73</b>
LW: 7 ▲ 6	Region 6	average 23.93
<b>2</b>	Keliza SMITH SO <b>23.21</b> (1.5) <b>4/19</b> Johnson Cl	
<b>5</b>	Kayda AUSTIN FR <b>23.43</b> (-0.3) 4/12 Crimson Tide In	
27	Kennidra SPIGNER FR <b>24.36</b> (0.5) 4/12 Crimson Tide In	
39	Takelia WILLIAMS FR <b>24.73</b> (1.9) 4/12 Crimson Tide In	
<b>2</b>	<b>Coffeyville (Kan.) CC</b>	<b>1:36.17</b>
LW: 1 ▼ 1	Region 6	average 24.04
<b>8</b>	Royanah FARMER SO <b>23.70</b> (0.0) 4/10 Red Raven Invit	
18	Linya GEDEON SO <b>24.05</b> (0.0) 4/10 Red Raven Invit	
21	Tierra WILLIAMS FR <b>24.16</b> (0.0) 4/10 Red Raven Invit	
24	Dhakiya BLAKE SO <b>24.26</b> (0.0) 4/10 Red Raven Invit	
<b>3</b>	<b>Western Texas</b>	<b>1:36.44</b>
LW: 2 ▼ 1	Region 5	average 24.11
<b>6</b>	Charlize FRASER FR <b>23.66w</b> (2.5) 3/22 Wes Kittley Invi	
<b>8</b>	Lovina EWUSI SO <b>23.70</b> (1.3) <b>4/19</b> Johnson Cl	
32	Brieanna BOYCE SO <b>24.46c</b> (1.39A) (-3.6) 4/3 Masked Rider O	
36	Kyja WILLIS FR <b>24.62w</b> (4.0) 3/22 Wes Kittley Invi	
<b>4</b>	<b>Fort Scott (Kan.) CC</b>	<b>1:36.99</b>
LW: 3 ▼ 1	Region 6	average 24.25
20	Crystal CHAMBERS SO <b>24.11</b> (1.8) 3/28 Emporia State I	
22	Dayjonique CATO SO <b>24.22</b> (0.5) 4/12 Wichita State K	
25	Emmanuella SQUIRE SO <b>24.27</b> (2.0) 4/12 Wichita State K	
29	Ivana ODONKOR SO <b>24.39w</b> (2.4) <b>4/17</b> Pittsburg State	
<b>5</b>	<b>Allen (Kan.) CC</b>	<b>1:37.46</b>
LW: 4 ▼ 1	Region 6	average 24.36
<b>7</b>	Ranayla MOTEN FR <b>23.69w</b> (3.1) 3/28 Emporia State I	
<b>13</b>	Adetutu ALADELOYE SO <b>23.77w</b> (3.1) 3/28 Emporia State I	
41	Kayveonna JACKSON SO <b>24.78</b> (1.8) 3/28 Emporia State I	
56	Ala' Jah BROOKS SO <b>25.22</b> (1.1) 4/5 Friends Invitati	
<b>6</b>	<b>Cloud County (Kan.) CC</b>	<b>1:37.72</b>
LW: 10 ▲ 4	Region 6	average 24.43
<b>4</b>	Maimuna JALLOW FR <b>23.35w</b> (2.4) <b>4/19</b> Kansas Relays	
<b>10</b>	Rafiatu NUHU SO <b>23.72w</b> (2.5) 4/12 Wichita State K	
59	Nanhi PANNU FR <b>25.26</b> (1.9) 3/29 Mark A. Phillips	
68	Tahlia LIENERT FR <b>25.39</b> (1.9) 3/29 Mark A. Phillips	
<b>7</b>	<b>New Mexico JC</b>	<b>1:37.88</b>
LW: 5 ▼ 2	Region 5	average 24.47
17	Kamaria KNIGHT SO <b>23.97c</b> (1.90A) (-3.6) 4/3 Masked Rider O	
28	Amari PRATT SO <b>24.37w</b> (3.1) 3/22 Wes Kittley Invi	
36	Maliah EDWARDS SO <b>24.62</b> (1.3) 4/12 Jo Meaker Clas	
45	Nalicia GLEN FR <b>24.92c</b> (1.85A) (-1.1) 4/3 Masked Rider O	

<b>8</b>	<b>Indian Hills (Iowa) CC</b>	<b>1:37.92</b>
LW: 6 ▼ 2	Region 11	average 24.48
19	Nyla BLACKMON SO <b>24.10w</b> (3.1) 4/12 Arkansas Inv	
23	Ida SMITH FR <b>24.24w</b> (3.6) 4/12 Arkansas Inv	
30	Nyla NORMAN SO <b>24.42w</b> (3.6) 4/12 Arkansas Inv	
53	Laurie LOUIS SO <b>25.16w</b> (3.9) 3/28 Emporia State I	
<b>9</b>	<b>Colby (Kan.) CC</b>	<b>1:38.70</b>
LW: 8 ▼ 1	Region 6	average 24.68
<b>1</b>	Anita AFRIFA SO <b>22.95</b> (1.9) 4/12 Jo Meaker Clas	
26	Felicia AWUDI FR <b>24.31</b> (1.6) 4/12 Jo Meaker Clas	
43	Beatrice BOAKYE FR <b>24.89</b> (1.8) 4/12 Jo Meaker Clas	
	Ashly THARP SO <b>26.55w</b> (3.2) 3/22 West Texas Rel	
<b>10</b>	<b>South Plains (Texas)</b>	<b>1:39.90</b>
LW: 9 ▼ 1	Region 5	average 24.98
<b>13</b>	Oluwatumininu SANYAOLU FR <b>23.77w</b> (3.3) 3/22 West Texas Rel	
46	Sydney ROQUEBRUN SO <b>24.94w</b> (3.2) 3/22 West Texas Rel	
74	Nour RAHOU FR <b>25.53</b> (1.5) 4/12 Jo Meaker Clas	
75	Juwonna WHITEHORNE FR <b>25.66w</b> (2.2) 4/12 Jo Meaker Clas	
<b>11</b>	<b>Richard Bland (Va.)</b>	<b>1:41.80</b>
LW: 11	Region 10	average 25.45
50	Michaelyn FISHER FR <b>25.05</b> (0.5) 4/5 Colonial Relays	
66	Jayla WERTS SO <b>25.37</b> (-0.1) 3/21 Fred Hardy Invi	
75	Anijah JAMES FR <b>25.66</b> (-0.7) 4/5 Colonial Relays	
79	J'Miaya MUSE FR <b>25.72</b> (0.5) 4/5 Colonial Relays	
<b>12</b>	<b>Highland (Kan.) CC</b>	<b>1:42.88</b>
LW: 14 ▲ 2	Region 6	average 25.72
67	Shanteria WASHINGTON SO <b>25.38</b> (0.8) <b>4/19</b> Kansas Relays	
77	J'Nya DEMMING SO <b>25.70w</b> (4.0) 3/29 Central Methoa	
85	Jola FELIX SO <b>25.88w</b> (3.8) <b>4/17</b> Pittsburg State	
87	Alexia LEWIS SO <b>25.92w</b> (4.0) 3/29 Central Methoa	
<b>13</b>	<b>Monroe-New Rochelle (N.</b>	<b>1:43.57</b>
LW: --	Region 15	average 25.89
36	Kettia AMBROSE SO <b>24.62</b> (1.4) 3/29 Raleigh Relays	
60	Brinel THOMAS FR <b>25.27</b> (0.2) 4/12 Duke Invitation	
65	Kaliyah JONES FR <b>25.36</b> (-0.3) <b>4/19</b> Morgan State L	
	Julihanna JOHNSON SO <b>28.32</b> (-0.1) <b>4/19</b> Morgan State L	
<b>14</b>	<b>Essex County (N.J.)</b>	<b>1:44.06</b>
LW: 12 ▼ 2	Region 19	average 26.02
70	Kimberly BAKER SO <b>25.45w</b> (2.2) 3/29 The Big Hurt	
93	Paula ORUSEDE SO <b>26.01</b> (1.5) 4/12 NJCAA Region 2	
99	Shermalee FREEMAN FR <b>26.11</b> (1.5) 4/12 NJCAA Region 2	
	Ashia MARTIN SO <b>26.49w</b> (2.2) 3/29 The Big Hurt	



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<b>15</b>	<b>Paradise Valley (Ariz.) CC</b>	<b>1:44.89</b>
LW: 13 ▼ 2	Region 1	average 26.22
40	Sofia CARDOZO	JR 24.75 (-0.6) 3/29 Cody McBride/L
	Chloe CANNON	FR 26.36 (0.2) 3/20 PV/ALTIS Invite
	Ava WILSON	FR 26.79 (-0.3) 4/12 Gaucho Collegi
	Aleksandra RENO	FR 26.99 (0.1) 3/29 Cody McBride/L

<b>16</b>	<b>Pima (Ariz.) CC</b>	<b>1:45.39</b>
LW: 15 ▼ 1	Region 1	average 26.35
64	J'layah SPELLMAN COLLINS	SO 25.33 (0.8) 3/22 Willie Williams/
	Hannah DROEG	FR 26.52 (1.2) 3/28 Mesa Multis
	Tyra CHRISTEAN.	FR 26.74 (-0.5) 4/12 Gaucho Collegi
	Julus YOUBENGUE	FR 26.80 (1.6) 4/5 Triton

<b>17</b>	<b>Neosho County (Kan.) CC</b>	<b>1:45.45</b>
LW: 16 ▼ 1	Region 6	average 26.36
55	Vilorina TUILAWAKI	SO 25.19w (2.5) 3/29 Mark A. Phillips
	Paula DEL POZO	FR 26.48w (3.1) 4/12 Wichita State K
	Rhea FLANDERS	FR 26.53 (1.9) 3/29 Mark A. Phillips
	Melania TURAGA	FR 27.25 (1.8) 3/22 Spire Distance C

<b>18</b>	<b>Ranger (Texas)</b>	<b>1:45.48</b>
LW: 17 ▼ 1	Region 5	average 26.37
69	Charity RAYFORD	FR 25.41 (1.8) 3/22 PVAMU Relays
81	Tania MILES	FR 25.76 (1.8) 4/12 Carl Kight Invite
100	Chasity RAYFORD	FR 26.22c (1.15A) (-2.2) 4/3 Masked Rider O
	Anaya OWENS	SO 28.09w (2.3) 3/22 PVAMU Relays

<b>19</b>	<b>Bismarck State (N.D.)</b>	<b>1:45.54</b>
LW: --	Region 13	average 26.38
77	Aliya SCHOCK	SO 25.70w (3.0) 4/19 Blue Hawk Gan
	Kaylea KEALOHA	FR 26.48 (1.9) 4/19 Blue Hawk Gan
	Aisha ZAFFINO	SO 26.51 (-2.1) 4/6 Al Bortke Open
	Dedra WOOD	FR 26.85 (1.9) 4/19 Blue Hawk Gan

<b>20</b>	<b>Dodge City (Kan.) CC</b>	<b>1:46.85</b>
LW: 18 ▼ 2	Region 6	average 26.71
51	Bianca GLEIM	SO 25.13w (4.0) 4/4 Emporia State I
	Caylee MAY	SO 26.52w (2.4) 4/4 Emporia State I
	Olivia LEATHERMAN	FR 27.46w (3.6) 4/4 Emporia State I
	Zyria THOMPSON	FR 27.74w (3.5) 4/12 Wichita State K

<b>21</b>	<b>Glendale (Ariz.) CC</b>	<b>1:46.94</b>
LW: 19 ▼ 2	Region 1	average 26.74
	Aliyah PERKINS	FR 26.46 (0.7) 3/22 Willie Williams/
	Lailah CAMPBELL	SO 26.53 (-0.3) 4/12 Gaucho Collegi
	Aaliyah PERKINS	FR 26.77 (-0.3) 4/12 Gaucho Collegi
	Kaelyn GIARRUSSO	SO 27.18 (1.4) 3/22 Willie Williams/

<b>22</b>	<b>Mesa (Ariz.) CC</b>	<b>1:46.95</b>
LW: 20 ▼ 2	Region 1	average 26.74
81	Sara JACOBSON	SR 25.76 (1.2) 3/28 Mesa Multis
	Erin MABRY	FR 26.56 (-0.1) 4/18 ULV Leopard In
	Natalia BRZEZNIAK	JR 26.94 (1.2) 3/28 Mesa Multis
	Kate DARE	FR 27.69 (-1.0) 3/29 Cody McBride/L

<b>23</b>	<b>Iowa Central CC</b>	<b>1:47.00</b>
LW: --	Region 11	average 26.75
61	Mechak Linda BULA BULA	FR 25.29 (0.6) 4/18 Maverick Invita
	Chadراك Belinda BULA BULA	FR 26.58 (0.8) 4/11 Mule Relays (ou
	Eden BROUWERS	FR 27.50 (0.8) 4/11 Mule Relays (ou
	Ella HOMAWOO	FR 27.63w (4.0) 3/28 Emporia State I

<b>24</b>	<b>State Fair (Mo.)</b>	<b>1:49.42</b>
LW: 21 ▼ 3	Region 16	average 27.36
	Layisha FREEMAN	FR 27.03w (3.0) 4/18 Culver-Stockto
	Madison JOHNSON	SO 27.42w (3.0) 4/18 Culver-Stockto
	Williams STAHR	FR 27.48w (3.1) 4/18 Culver-Stockto
	Nora MORENO	FR 27.49 (0.8) 4/11 Mule Relays (ou

<b>25</b>	<b>Marion Military Institute (</b>	<b>1:49.84</b>
LW: 25	Region 22	average 27.46
98	Kiliyah TAYLOR	SO 26.06 (1.2) 4/5 Doc Anderson I
	Sirinity GLASPER	FR 26.66 (1.2) 3/28 Thrills In The Hi
	Adaysha HOLLINESS	FR 28.25 (0.0) 4/20 Mountain Laure
	Courtney TEESDALE	FR 28.87 (-0.2) 3/15 Falcon Classic

<b>25</b>	<b>North Iowa Area CC</b>	<b>1:49.84</b>
LW: 22 ▼ 3	Region 11	average 27.46
	Tenisha HERBERT	SO 26.54w (2.8) 3/28 Emporia State I
	Gift GONPUE	SO 27.25w (2.7) 3/28 Emporia State I
	Suzanne GUEDEYI	FR 27.75w (2.7) 3/28 Emporia State I
	Emily USHER	SO 28.30w (2.9) 3/28 Emporia State I

<b>27</b>	<b>Cowley (Kan.)</b>	<b>1:50.87</b>
LW: 23 ▼ 4	Region 6	average 27.72
	Grace KNIGHT	FR 26.61 (0.8) 4/19 KWU Coyote Clc
	Dayanna BRITO-HERNANDEZ	SO 27.25 (1.9) 3/29 Mark A. Phillips
	Karma SINGLETON	SO 28.24w (3.5) 4/12 Wichita State K
	Makayla GAY	SO 28.77w (3.4) 4/12 Wichita State K

<b>28</b>	<b>Lake-Sumter State (Fla.)</b>	<b>1:50.89</b>
LW: --	Region 8	average 27.72
	Demaris SOTO	SO 27.50 (1.2) 4/13 Pure Athletics S
	Sydney MASSEY	FR 27.63 (1.1) 3/8 Eagle Invitatio
	Brooke FILETTI	FR 27.69 (1.2) 4/13 Pure Athletics S
	Isabella DEAN	FR 28.07 (2.0) 4/5 Embry-Riddle R





## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 200 Meters

as of 4/22/25 12:12 AM ET

<b>29</b>	<b>Coahoma (Miss.) CC</b>	<b>1:51.10</b>
LW: 24 ▼ 5	Region 23	average 27.78
Katreeka MOTT-FRANKLIN	FR 26.40	(0.0) 3/22 Belhaven Invita
TaMoria SHANNON	FR 28.08	(0.3) 3/22 Belhaven Invita
Faith BUTLER	SO 28.13	(1.5) 4/11 Strawberry Rel
Madison JACKSON	FR 28.49	(1.3) 3/22 Belhaven Invita
<b>30</b>	<b>Muskegon (Mich.) CC</b>	<b>1:51.13</b>
LW: 26 ▼ 4	Region 12	average 27.78
Natalie ERICKSON	SR 26.54	(0.3) 4/19 Al Owens Classi
Olivia URBAN	FR 27.83	(-2.0) 4/19 Al Owens Classi
Brianna SMITH	SO 27.91	(0.6) 4/19 Al Owens Classi
Ava CROWELL	FR 28.85	(0.1) 4/19 Al Owens Classi
<b>31</b>	<b>Cuyahoga (Ohio) CC</b>	<b>1:58.56</b>
LW: 27 ▼ 4	Region 12	average 29.64
62 Keyonna MCGILL	SO 25.31	(1.7) 4/13 Mount Union Jo
Franceta DWEH	FR 28.85w	(2.3) 3/22 Ed Fry Invitatio
Phatasia YOUNG	FR 30.19	(-1.5) 3/29 Amy Adams Mei
Janell LUNDY	FR 34.21w	(2.3) 3/22 Ed Fry Invitatio



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 400 Meters

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Hinds (Miss.) CC</b>	<b>3:39.81</b>
LW: 1	Region 23	average 54.95
4	Queen USUNOBUN	FR 53.58 4/19 Jim Mize Invitat
8	Twyshanna HUIE	SO 55.03 3/22 Belhaven Invita
8	La'Nica LOCKER	SO 55.03 4/5 Davenport-Milb
25	Caydence BREWER	SO 56.17 4/5 Davenport-Milb

<b>2</b>	<b>Fort Scott (Kan.) CC</b>	<b>3:41.05</b>
LW: 2	Region 6	average 55.26
6	Dayjonique CATO	SO 54.57 3/20 Cougar Spring
13	Jayden PIPER	SO 55.20 4/17 Pittsburg State
15	Ivana ODONKOR	SO 55.27 4/17 Pittsburg State
21	Kennedy MOSLEY	SO 56.01 4/17 Pittsburg State

<b>3</b>	<b>New Mexico JC</b>	<b>3:43.62</b>
LW: --	Region 5	average 55.90
3	Nandy KIHUYU	SO 53.23 4/19 Johnson Cl
20	Jody ANN MITCHELL	SO 55.99 4/12 Jo Meaker Clas
32	Tuwana MCLEAN	FR 56.78 4/12 Jo Meaker Clas
35	Ysanne PEART	SO 57.62 4/19 Johnson Cl

<b>4</b>	<b>Barton (Kan.) CC</b>	<b>3:43.68</b>
LW: --	Region 6	average 55.92
2	Keliza SMITH	SO 52.91 4/12 Crimson Tide In
18	Natasha FOX	FR 55.76 4/19 Johnson Cl
22	Narissa MCPHERSON	FR 56.11 4/12 Crimson Tide In
45	Kialia CLAIBORNE	SO 58.90 4/19 Johnson Cl

<b>5</b>	<b>Coffeyville (Kan.) CC</b>	<b>3:50.19</b>
LW: 3 ▼ 2	Region 6	average 57.55
14	Tierra WILLIAMS	FR 55.22 4/10 Red Raven Invit
16	Dhakiya BLAKE	SO 55.31 4/10 Red Raven Invit
17	Amalinally PEMBERTON	SO 55.67 3/29 Bobcat Invitatio
	Frankajha FLEMING	FR 1:03.99 3/29 Bobcat Invitatio

<b>6</b>	<b>Meridian (Miss.) CC</b>	<b>3:59.32</b>
LW: 4 ▼ 2	Region 23	average 59.83
44	Jakhia MARTIN	FR 58.76 4/12 Crimson Tide In
47	Cshanti PIERCE	SO 58.98 4/5 Doc Anderson In
65	Taitiana JONES	SO 1:00.59 3/22 MissSt Relays
70	Amirah NOCK	FR 1:00.99 3/22 MissSt Relays

<b>7</b>	<b>Monroe-New Rochelle (N.</b>	<b>4:02.46</b>
LW: 5 ▼ 2	Region 15	average 1:00.62
10	Kettia AMBROSE	SO 55.09 4/4 Sam Howell Inv
19	Kaliyah JONES	FR 55.78 4/4 Sam Howell Inv
	Julihanna JOHNSON	SO 1:05.05 4/19 Morgan State L
	Jazmiene FERGUSON	FR 1:06.54 4/4 Sam Howell Inv

<b>8</b>	<b>Cloud County (Kan.) CC</b>	<b>4:02.55</b>
LW: 6 ▼ 2	Region 6	average 1:00.64
1	Rafiatu NUHU	SO 52.73 4/19 Kansas Relays
12	Nontokozo NCUBE	SO 55.19 4/12 Wichita State K
	Jaelyn RUMBACK	SO 1:06.93 4/5 Friends Invitati
	Joella MATHILDA	SO 1:07.70 4/12 Wichita State K

<b>9</b>	<b>Neosho County (Kan.) CC</b>	<b>4:02.84</b>
LW: 7 ▼ 2	Region 6	average 1:00.71
36	Vilorina TUILAWAKI	SO 57.72 4/19 Kansas Relays
53	Melania TURAGA	FR 59.48 4/19 Kansas Relays
77	Rhea FLANDERS	FR 1:01.68 3/13 Dean Pryor Invi
	Vaiioleta LUKA	FR 1:03.96 4/19 KWU Coyote Clc

<b>10</b>	<b>Richard Bland (Va.)</b>	<b>4:05.59</b>
LW: --	Region 10	average 1:01.40
34	Jayla WERTS	SO 57.34 3/21 Fred Hardy Invi
55	Breshauna MILLER	FR 59.59 4/5 Colonial Relays
96	Shyla COOPER	FR 1:02.78 3/21 Fred Hardy Invi
	Jada HATCHER	FR 1:05.88 4/19 Aggie Invitatio

<b>11</b>	<b>Iowa Central CC</b>	<b>4:05.80</b>
LW: --	Region 11	average 1:01.45
41	Mechak Linda BULA BULA	FR 58.46 4/18 Maverick Invita
51	Chadrak Belinda BULA BULA	FR 59.32 4/11 Mule Relays (ou
96	Alivia EDENS	FR 1:02.78 4/5 South Dakota E
	Natalie BOGDANOVA KIROLOVA	SO 1:05.24 3/21 Reiver Rust Bus

<b>12</b>	<b>Pima (Ariz.) CC</b>	<b>4:07.78</b>
LW: 8 ▼ 4	Region 1	average 1:01.95
39	J'layah SPELLMAN COLLINS	SO 57.91 3/22 Willie Williams/
75	Carissa HINTON	FR 1:01.42 3/22 Willie Williams/
	Sofia CAMBRIDGE	FR 1:03.28 3/29 Cody McBride/L
	Elsie IBARRA	FR 1:05.17 3/22 Willie Williams/

<b>13</b>	<b>Highland (Kan.) CC</b>	<b>4:09.98</b>
LW: 9 ▼ 4	Region 6	average 1:02.49
42	J'Nya DEMMING	SO 58.66 4/12 Arkansas Inv
	Alyana WALLACE	SO 1:03.03 3/22 Spire Distance
	Krystina CLEMONS	SO 1:03.63 3/29 Central Methoa
	Berlynn BLACK	SO 1:04.66 3/22 Spire Distance

<b>14</b>	<b>North Iowa Area CC</b>	<b>4:12.64</b>
LW: --	Region 11	average 1:03.16
64	Tenisha HERBERT	SO 1:00.50 4/19 DeBacker Invita
92	Suzanne GUEDEYI	FR 1:02.63 4/19 DeBacker Invita
	Taja CONLEY	SO 1:03.75 3/28 Emporia State I
	Emily USHER	SO 1:05.76 4/11 Jim Duncan Inv



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 400 Meters

as of 4/22/25 12:12 AM ET

**15 Paradise Valley (Ariz.) CC 4:14.79**

LW: 10 ▼ 5 Region 1 average 1:03.70

62	Chloe CANNON	FR	1:00.29	3/20 PV/ALTIS Invite
91	Aleksandra RENO	FR	1:02.61	3/20 PV/ALTIS Invite
	Chloe HANCOCK	FR	1:05.73	4/12 Gaucho Collegi
	Jaylee SPIVEY	FR	1:06.16	3/20 PV/ALTIS Invite

**16 Cowley (Kan.) 4:18.49**

LW: -- Region 6 average 1:04.62

86	Grace KNIGHT	FR	1:02.35	4/5 Friends Invitati
100	Dayanna BRITO-HERNANDEZ	SO	1:02.91	4/19 KWU Coyote Clc
	Daniela LOZANO-CARDENAS	SO	1:06.36	4/19 KWU Coyote Clc
	Daynel CALVO	FR	1:06.87	4/19 KWU Coyote Clc

**17 Muskegon (Mich.) CC 4:28.15**

LW: 11 ▼ 6 Region 12 average 1:07.04

81	Olivia URBAN	FR	1:02.10	3/29 Amy Adams Mei
	Lauren LEE	FR	1:06.17	4/5 Golden Grizzly I
	Natalie ERICKSON	SR	1:06.91	4/5 Golden Grizzly I
	Kierra FLEGEL	SO	1:12.97	4/5 Golden Grizzly I





# #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 400 Meter Hurdles

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Fort Scott (Kan.) CC</b>	<b>4:28.19</b>
LW: 1	Region 6	average 1:07.05
13	Marcy MONELL	SO 1:04.65 3/20 Cougar Spring
15	Jakouria JAMERSON	SO 1:04.89 4/17 Pittsburg State
27	Juaneya SYKES	SO 1:09.00 4/17 Pittsburg State
31	Damaria BELL	SO 1:09.65 3/20 Cougar Spring



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 800 Meters

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>New Mexico JC</b>	<b>8:44.33</b>
LW: 1	Region 5	average 2:11.08
1	Amal KACHOURI	FR 2:07.84c (2:08.21A) 4/3 Masked Rider O
2	Jody ANN MITCHELL	SO 2:08.22c (2:08.60A) 4/3 Masked Rider O
7	Emilly SILVA	SO 2:10.69c (2:11.08A) 4/3 Masked Rider O
20	Tyfone MARTINS	SO 2:17.58 3/29 Bobcat Invitatio
<b>2</b>	<b>Cloud County (Kan.) CC</b>	<b>8:48.41</b>
LW: 2	Region 6	average 2:12.10
5	Nontokozi NCUBE	SO 2:09.98 4/5 Friends Invitatio
6	N Vanee ANCHIKE	SO 2:10.44 4/5 Friends Invitatio
12	Mercy ANGAMCHAAB	SO 2:11.85 4/5 Friends Invitatio
18	Amanda KOTAMBE	FR 2:16.14 4/5 Friends Invitatio
<b>3</b>	<b>Salt Lake (Utah) CC</b>	<b>8:55.72</b>
LW: 3	Region 18	average 2:13.93
8	Lindsey LOPES	FR 2:10.80 4/18 Bryan Clay
10	Avery JENSEN	SO 2:11.16 4/18 Bryan Clay
17	Elayna LOVERIDGE	SO 2:15.65 4/18 Bryan Clay
21	Tara BOUCK	FR 2:18.11 4/18 Bryan Clay
<b>4</b>	<b>Mesa (Ariz.) CC</b>	<b>9:20.55</b>
LW: 4	Region 1	average 2:20.14
28	Lucy MELZER	FR 2:19.70 4/18 ULV Leopard In
29	Katie MUNOZ	FR 2:19.95 4/18 ULV Leopard In
31	Carmella BALDWIN	SO 2:20.45 3/29 Cody McBride/L
31	Kinley JACKSON	FR 2:20.45 3/29 Cody McBride/L
<b>5</b>	<b>Southern Idaho</b>	<b>9:23.08</b>
LW: --	Region 18	average 2:20.77
19	Isabella BEILKE	FR 2:17.07 4/17 Whitworth Twil.
36	Kennedy KUNZ	FR 2:21.27 4/17 Whitworth Twil.
37	Aubrie BARZEE	FR 2:21.45 4/5 UNLV Rebel Elit
49	Laynee ROWLEY	SO 2:23.29 4/17 Whitworth Twil.
<b>6</b>	<b>Ranger (Texas)</b>	<b>9:32.44</b>
LW: 5	Region 5	average 2:23.11
41	Victaline MUTAI	FR 2:21.78 3/22 Wes Kittley Invi
46	Macie MORALES	FR 2:22.56 3/22 Wes Kittley Invi
50	Alyssa MABRY	FR 2:23.48 3/22 Wes Kittley Invi
55	Alfrenique KNOWLES	FR 2:24.62 4/12 Carl Kight Invi
<b>7</b>	<b>Odessa (Texas)</b>	<b>9:33.72</b>
LW: 6	Region 5	average 2:23.43
3	Millicent WAFULA	FR 2:09.53c (2:09.91A) 4/3 Masked Rider O
13	Kaydeen JOHNSON	FR 2:14.13c (2:14.53A) 4/3 Masked Rider O
99	Chloe HARSHBARGER	FR 2:32.15 4/12 Jo Meaker Clas
	Yvette BENAVIDES	FR 2:37.91 4/12 Jo Meaker Clas
<b>8</b>	<b>Iowa Central CC</b>	<b>9:38.02</b>
LW: 7	Region 11	average 2:24.50
35	Juliette GAVOIS	FR 2:20.67 4/12 Mustang Distar
53	Alivia EDENS	FR 2:23.83 4/5 South Dakota E
55	Natalie BOGDANOVA KIROLOVA	SO 2:24.62 3/28 Emporia State i
76	Mechak Linda BULA BULA	FR 2:28.90 4/5 South Dakota E
<b>9</b>	<b>Pima (Ariz.) CC</b>	<b>9:39.29</b>
LW: 8	Region 1	average 2:24.82
26	Reatta DANOFF	SO 2:18.66 4/5 Triton
64	Linda RIVERO	SO 2:26.44 3/22 Willie Williams/
66	Ella ALLRED	FR 2:26.77 4/5 Triton
69	Alyssa PEREZ	SO 2:27.42 4/5 Triton
<b>10</b>	<b>Monroe-New Rochelle (N.</b>	<b>9:48.17</b>
LW: 9	Region 15	average 2:27.04
15	Attoya HARVEY	SO 2:14.34 3/29 Raleigh Relays
24	Tanesia GARDINER	FR 2:18.42 3/29 Raleigh Relays
25	Joy JEPLETING	FR 2:18.56 3/29 Raleigh Relays
	Nthabiseng KOMANE	FR 2:56.85 4/12 Duke Invitation
<b>11</b>	<b>Hutchinson (Kan.) CC</b>	<b>9:49.61</b>
LW: --	Region 6	average 2:27.40
59	Abigail GRANTHAM	SO 2:24.79 4/19 KWU Coyote Clc
61	Ava LEMASTER	FR 2:25.56 4/19 KWU Coyote Clc
76	Jordyn PICOLET	SO 2:28.90 4/19 KWU Coyote Clc
83	Rio KIRVEN	SO 2:30.36 4/12 Wichita State K
<b>12</b>	<b>Paradise Valley (Ariz.) CC</b>	<b>9:55.35</b>
LW: 10	Region 1	average 2:28.84
44	Keira DAMRON	SO 2:22.21 3/29 Cody McBride/L
80	Olivia COULSTON	SO 2:29.19 3/29 Cody McBride/L
85	Laynee HOLLECH	FR 2:31.09 3/29 Cody McBride/L
	McKenna MARTIN	FR 2:32.86 3/29 Cody McBride/L
<b>13</b>	<b>Neosho County (Kan.) CC</b>	<b>10:08.59</b>
LW: 12	Region 6	average 2:32.15
33	Melania TURAGA	FR 2:20.52 4/12 Wichita State K
62	Vilorina TUILAWAKI	SO 2:25.93 4/12 Wichita State K
	Amy STYLES	SO 2:36.02 4/12 Wichita State K
	Barbara GURROLA	FR 2:46.12 4/19 KWU Coyote Clc
<b>14</b>	<b>Lansing (Mich.) CC</b>	<b>10:09.20</b>
LW: 11	Region 12	average 2:32.30
16	Daisy SPEET	FR 2:14.52 4/4 Spartan Inviat
96	Faith SWENOR	FR 2:31.91 4/12 Davenport Pan
	kristina WILDE	SO 2:39.03 4/4 Spartan Inviat
	Paige KLOHA	FR 2:43.74 4/12 Davenport Pan



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 800 Meters

as of 4/22/25 12:12 AM ET

<b>15</b>	<b>Garden City (Kan.) CC</b>	<b>10:14.40</b>	
LW: 13 ▼ 2	Region 6	average 2:33.60	
38	Meryeme MAI	FR 2:21.53c (2:21.94A)	4/3 Masked Rider O
54	Beverlyne KIPTARUS	SO 2:24.23	4/12 Wichita State K
	Reid HARVEY-MCKEAN	FR 2:35.62c (2:36.07A)	4/3 Masked Rider O
	Joscelyn MONARREZ	SO 2:53.02c (2:53.53A)	4/3 Masked Rider O
<b>16</b>	<b>Jacksonville (Texas)</b>	<b>10:17.45</b>	
LW: --	Region 14	average 2:34.36	
70	Mattie BURNS	SO 2:27.71	4/19 Dan Veach Invit
95	Bryanna DANAS	FR 2:31.87	4/19 Dan Veach Invit
	Cruzita AVILA	SO 2:34.24	4/19 Dan Veach Invit
	Alyssa BRYANT	FR 2:43.63	4/19 Dan Veach Invit
<b>17</b>	<b>Muskegon (Mich.) CC</b>	<b>10:20.91</b>	
LW: --	Region 12	average 2:35.23	
	Olivia URBAN	FR 2:33.71	4/19 Al Owens Classi
	Lauren LEE	FR 2:34.62	4/5 Golden Grizzly I
	Naomi KIPKECH	FR 2:35.03	4/19 Al Owens Classi
	Kierra FLEGEL	SO 2:37.55	4/5 Golden Grizzly I
<b>18</b>	<b>North Central Texas</b>	<b>10:29.48</b>	
LW: 14 ▼ 4	Region 5	average 2:37.37	
30	Glorie KABUIN	SO 2:20.35	3/29 Oklahoma Bap
94	Ivy KUMAIS	FR 2:31.68	4/5 Bill Schmidt Clc
	Naomi CHEBET	SO 2:40.75	3/1 CenTex Invite
	Cutter SMITH	FR 2:56.70	3/1 CenTex Invite
<b>19</b>	<b>UA Rich Mountain (Ark.)</b>	<b>10:32.67</b>	
LW: 15 ▼ 4	Region 2	average 2:38.17	
42	Sharon STRYDOM	SO 2:21.96	4/12 Carl Kight Invite
	Darcy VINEYARD	FR 2:34.02	4/12 Carl Kight Invite
	Avery CARTER	FR 2:42.15	4/12 Carl Kight Invite
	Annabelle CUPPS	FR 2:54.54	3/8 Harding Invitat
<b>20</b>	<b>Bismarck State (N.D.)</b>	<b>10:46.46</b>	
LW: 16 ▼ 4	Region 13	average 2:41.62	
57	Ava STAFFORD	SO 2:24.75	4/19 Blue Hawk Gan
	Paysha REX	SO 2:34.40	3/22 Marauders Out
	Sophia FAFARD	FR 2:52.83	3/22 Marauders Out
	Kaitlyn BANCROFT	SO 2:54.48	3/22 Marauders Out
<b>21</b>	<b>Hill (Texas)</b>	<b>10:58.21</b>	
LW: 17 ▼ 4	Region 5	average 2:44.55	
	Elaina MCCULLOCH	FR 2:37.49	3/1 CenTex Invite
	Aimee CLARKE	FR 2:42.36	3/1 CenTex Invite
	Avery MCCOY	FR 2:45.51	4/5 Bill Schmidt Clc
	Laila VAZQUEZ	SO 2:52.85	4/5 Bill Schmidt Clc
<b>22</b>	<b>Marion Military Institute (</b>	<b>10:58.85</b>	
LW: --	Region 22	average 2:44.71	
98	Adaysha HOLLINESS	FR 2:31.97	4/20 Mountain Laure
	Sipriana HILL	SO 2:43.22	4/20 Mountain Laure
	Lauren CLAYTON	FR 2:49.15	4/5 Doc Anderson I
	Jakiya SEALEY	SO 2:54.51	3/28 Thrills In The Hi
<b>23</b>	<b>Southeastern (Iowa) CC</b>	<b>11:02.93</b>	
LW: 18 ▼ 5	Region 11	average 2:45.73	
	Arianna PEDRIN	SO 2:38.41	3/28 Central (Iowa) I
	Paetyn WIEGAND	FR 2:39.83	4/12 Mustang Distar
	Rylee OLSEN	FR 2:41.35	4/12 Mustang Distar
	Zada BUCHHOLTZ	FR 3:03.34	4/12 Mustang Distar



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 1500 Meters

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Odessa (Texas)</b>	<b>18:14.68</b>
LW: 1	Region 5	average 4:33.67
1	Millicent WAFULA	FR 4:23.63 3/29 Texas Relays
4	Kaydeen JOHNSON	FR 4:31.96 3/29 Texas Relays
8	Salma SADDUG	FR 4:38.58 3/22 West Texas Relays
10	Elizabeth ILANDA	FR 4:40.51 3/22 West Texas Relays
<b>2</b>	<b>Salt Lake (Utah) CC</b>	<b>18:36.43</b>
LW: 2	Region 18	average 4:39.11
5	Elayna LOVERIDGE	SO 4:35.72 4/18 Bryan Clay
9	Angelina LIONE	FR 4:38.63c (5:07.10A) 3/28 Utah Valley College
12	Angela Denisse SALADO FERNANDEZ	SO 4:40.92c (5:09.63A) 3/28 Utah Valley College
14	Lindsey LOPES	FR 4:41.16 4/18 ULV Leopard In
<b>3</b>	<b>New Mexico JC</b>	<b>19:08.65</b>
LW: --	Region 5	average 4:47.16
6	Jody ANN MITCHELL	SO 4:36.85 4/19 Johnson Cl
15	Francesca ALVARADO	SO 4:42.16 4/19 Johnson Cl
32	Emilly SILVA	SO 4:50.33 4/19 Johnson Cl
60	Jayne ELVIN	SO 4:59.31c (5:02.93A) 4/3 Masked Rider O
<b>4</b>	<b>Southern Idaho</b>	<b>19:19.66</b>
LW: 3 ▼ 1	Region 18	average 4:49.91
18	Laurie DAVIDSON	FR 4:43.38c (5:12.44A) 4/11 Weber State Sp
30	Sage LYON	FR 4:48.70c (5:18.31A) 4/11 Weber State Sp
45	Lillian NEFF	SO 4:53.06c (5:23.12A) 4/11 Weber State Sp
47	Aubrie BARZEE	FR 4:54.52 4/5 UNLV Rebel Elit
<b>5</b>	<b>Mesa (Ariz.) CC</b>	<b>19:28.71</b>
LW: 4 ▼ 1	Region 1	average 4:52.18
36	Lucy MELZER	FR 4:51.34 3/22 Willie Williams/
38	Carmella BALDWIN	SO 4:52.00 3/22 Willie Williams/
39	Kinley JACKSON	FR 4:52.40 3/22 Willie Williams/
43	Katie MUNOZ	FR 4:52.97 4/5 Triton
<b>6</b>	<b>Ranger (Texas)</b>	<b>19:34.28</b>
LW: 5 ▼ 1	Region 5	average 4:53.57
16	Victaline MUTAI	FR 4:42.69c (4:46.11A) 4/3 Masked Rider O
44	Alyssa MABRY	FR 4:53.00c (4:56.55A) 4/3 Masked Rider O
50	Macie MORALES	FR 4:54.71c (4:58.27A) 4/3 Masked Rider O
74	Stella LAGAT	FR 5:03.88c (5:07.56A) 4/3 Masked Rider O
<b>7</b>	<b>Paradise Valley (Ariz.) CC</b>	<b>19:37.95</b>
LW: 7	Region 1	average 4:54.49
24	Keira DAMRON	SO 4:46.46 3/29 Cody McBride/L
33	Olivia COULSTON	SO 4:50.52 3/29 Cody McBride/L
35	Laynee HOLLECH	FR 4:50.86 3/29 Cody McBride/L
96	McKenna MARTIN	FR 5:10.11 4/18 ULV Leopard In
<b>8</b>	<b>Iowa Central CC</b>	<b>19:42.15</b>
LW: 6 ▼ 2	Region 11	average 4:55.54
19	Abigail (Abbi) HUTCHINSON	FR 4:43.85 4/11 Mule Relays (ou
52	Juliette GAVOIS	FR 4:55.93 4/12 Mustang Distar
63	Alivia EDENS	FR 5:01.05 4/12 Mustang Distar
64	Natalie BOGDANOVA KIRILOVA	SO 5:01.32 4/11 Mule Relays (ou
<b>9</b>	<b>Pima (Ariz.) CC</b>	<b>20:12.57</b>
LW: 8 ▼ 1	Region 1	average 5:03.14
34	Reatta DANOFF	SO 4:50.78 4/5 Triton
40	Linda RIVERO	SO 4:52.54 3/22 Willie Williams/
65	Ella ALLRED	FR 5:01.41 4/12 Gaucho Collegi
	Alyssa PEREZ	SO 5:27.84 3/22 Willie Williams/
<b>10</b>	<b>Dodge City (Kan.) CC</b>	<b>20:41.69</b>
LW: 9 ▼ 1	Region 6	average 5:10.42
78	Ava WASHINGTON	SO 5:05.21 4/12 Wichita State K
87	Sarai CHAVEZ	SO 5:07.69 4/4 Emporia State I
93	Daniela CERDA	FR 5:09.38 4/4 Emporia State I
	Teressa MARTINEZ	SO 5:19.41 4/12 Wichita State K
<b>11</b>	<b>Butler (Kan.) CC</b>	<b>20:42.43</b>
LW: --	Region 6	average 5:10.61
37	Elizabeth HERNANDEZ	SO 4:51.36 4/19 KWU Coyote Cl
99	Alison UNRUH	SO 5:11.04 4/19 KWU Coyote Cl
	Valyrie FREEMAN	SO 5:16.68 4/19 KWU Coyote Cl
	Alexa MARSHALL	FR 5:23.35 4/19 KWU Coyote Cl
<b>12</b>	<b>Vincennes (Ind.)</b>	<b>20:46.49</b>
LW: 12	Region 24	average 5:11.62
51	Sara BELGACEM	FR 4:55.42 3/29 Pacesetter Spo
80	Adi FULLER	SO 5:05.90 4/19 Indiana State G
	Jasmyn SELF	SO 5:22.47 3/29 Pacesetter Spo
	Alexis HALE	FR 5:22.70 4/12 Indiana Little S
<b>13</b>	<b>Hill (Texas)</b>	<b>21:06.60</b>
LW: 10 ▼ 3	Region 5	average 5:16.65
98	Aimee CLARKE	FR 5:10.14 4/12 Carl Kight Invi
	Angela CORONADO	FR 5:13.79 3/1 CenTex Invi
	Katie GARZA	FR 5:15.54 3/22 Wes Kittley Invi
	Elaina MCCULLOCH	FR 5:27.13 4/12 Carl Kight Invi
<b>14</b>	<b>North Central Texas</b>	<b>21:22.47</b>
LW: 11 ▼ 3	Region 5	average 5:20.62
70	Glorie KABUIN	SO 5:02.75 3/1 CenTex Invi
75	Ivy KUMAIS	FR 5:03.89 3/22 Wes Kittley Invi
	Gloria JESANG	SO 5:37.33 3/1 CenTex Invi
	Naomi CHEBET	SO 5:38.50 4/13 Jet Relays



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 1500 Meters

as of 4/22/25 12:12 AM ET

<b>15</b>	<b>Lansing (Mich.) CC</b>	<b>21:37.07</b>
LW: 13 ▼ 2	Region 12	average 5:24.27
23	Daisy SPEET	FR 4:46.28 4/12 Davenport Pan
	kristina WILDE	SO 5:35.54 4/12 Davenport Pan
	Jadyn YONCHEWSKI	SO 5:37.48 4/12 Davenport Pan
	Paige KLOHA	FR 5:37.77 4/12 Davenport Pan
<b>16</b>	<b>Crowder (Mo.)</b>	<b>22:02.04</b>
LW: --	Region 16	average 5:30.51
22	Videma JEBET	FR 4:45.08 4/19 Kansas Relays
82	Mercy KIBUIGUT	FR 5:06.05 4/5 Friends Invitati
	Katie JARRETT	FR 5:29.06 4/11 Mule Relays (ou
	Abby VAN AMBER	FR 6:41.85 4/17 Pittsburg State
<b>17</b>	<b>Muskegon (Mich.) CC</b>	<b>22:02.22</b>
LW: 14 ▼ 3	Region 12	average 5:30.56
	Lauren LEE	FR 5:20.59 3/29 Amy Adams Me
	Naomi KIPKECH	FR 5:24.16 4/5 Golden Grizzly I
	Kierra FLEGEL	SO 5:26.35 3/29 Amy Adams Me
	Reagan RUEL	FR 5:51.12 4/5 Golden Grizzly I
<b>18</b>	<b>Allen (Kan.) CC</b>	<b>22:42.38</b>
LW: 15 ▼ 3	Region 6	average 5:40.59
	Lillyan GEROW	JR 5:21.94 4/12 Wichita State K
	Marilena ZUNIGA	JR 5:25.90 4/5 Friends Invitati
	Emma CUBIT	FR 5:45.95 3/28 Emporia State I
	Joules PAYAN	FR 6:08.59 3/28 Emporia State I
<b>19</b>	<b>Jacksonville (Texas)</b>	<b>22:48.02</b>
LW: 16 ▼ 3	Region 14	average 5:42.00
	Mattie BURNS	SO 5:24.43 4/5 Bill Schmidt Clc
	Logan PEVEHOUSE	SO 5:47.01 4/19 Dan Veach Invit
	Cruzita AVILA	SO 5:47.59 4/5 Bill Schmidt Clc
	Cathy SAAVEDRA	FR 5:48.99 4/19 Dan Veach Invit
<b>20</b>	<b>Southeastern (Iowa) CC</b>	<b>24:01.41</b>
LW: 17 ▼ 3	Region 11	average 6:00.35
	Paetyn WIEGAND	FR 5:35.45 4/5 Cornell College
	Rylee OLSEN	FR 5:43.65 4/5 Cornell College
	Ella SCHROEDER	SO 6:13.74 4/12 Mustang Distan
	Claire ANDERSON	FR 6:28.57 4/12 Mustang Distan
<b>21</b>	<b>Macomb (Mich.) CC</b>	<b>24:24.52</b>
LW: --	Region 12	average 6:06.13
97	Emma DELL	FR 5:10.12 4/19 Elaine Leigh Inv
	Kelsey ETTEL	FR 5:56.96 4/19 Elaine Leigh Inv
	Lisaleen UNG	FR 6:20.89 4/19 Elaine Leigh Inv
	Vanessa SAYERS	FR 6:56.55 4/19 Elaine Leigh Inv



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Steeplechase

as of 4/22/25 12:12 AM ET

**1 Salt Lake (Utah) CC 45:50.56**

LW: 1 Region 18 average 11:27.64

4	Melanie ANDERSON	FR	11:06.23	4/5	Stanford Inv
8	Marjie RICHARDS	FR	11:26.40	4/5	Mike Fanelli Trc
12	Tabetha HENRIE	FR	11:35.20	4/5	Mike Fanelli Trc
18	Katie REAVELEY	FR	11:42.73	4/5	Mike Fanelli Trc

**2 Southern Idaho 46:45.51**

LW: 2 Region 18 average 11:41.38

10	Rozzlyn CAZIER	SO	11:31.04	4/17	Whitworth Twil.
16	Laynee ROWLEY	SO	11:41.45	4/17	Whitworth Twil.
17	Aubrie BARZEE	FR	11:42.69 (11:59.27A)	4/11	Weber State Sp
19	Stephania HERNANDEZ	SO	11:50.33 (12:07.09A)	4/11	Weber State Sp





## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 5000 Meters

as of 4/22/25 12:12 AM ET

1	Odessa (Texas)	1:08:09
LW: 1	Region 5	average 17:02.37
1	Elizabeth ILANDA	FR 16:27.59 3/29 Texas Relays
2	Millicent WAFULA	FR 16:27.64 4/12 Jo Meaker Clas
10	Salma SADDoug	FR 17:27.02 4/12 Jo Meaker Clas
16	Lilian MATEO	SO 17:47.21 4/12 Jo Meaker Clas
2	Salt Lake (Utah) CC	1:08:51
LW: 2	Region 18	average 17:12.77
4	Angela Denisse SALADO FERNANDEZ	SO 16:56.59 4/18 Bryan Clay
6	Melanie ANDERSON	FR 17:06.14 4/18 Bryan Clay
7	Angelina LIONE	FR 17:07.14 4/18 Bryan Clay
11	Lindsie FAUSETT	SO 17:41.22 4/18 Bryan Clay
3	Ranger (Texas)	1:13:32
LW: 3	Region 5	average 18:22.90
17	Victaline MUTAI	FR 17:48.61 (18:03.34A) 4/3 Masked Rider O
31	Macie MORALES	FR 18:23.69 4/12 Carl Kight Inviti
38	Stella LAGAT	FR 18:29.63 3/22 Wes Kittley Invi
48	Myla GREENZWEIG	SO 18:49.69 4/12 Carl Kight Inviti
4	Southern Idaho	1:15:20
LW: 4	Region 18	average 18:49.88
25	Lillian NEFF	SO 18:10.91 4/5 UNLV Rebel Elit
27	Rozzlyn CAZIER	SO 18:19.57 4/5 UNLV Rebel Elit
53	Sage LYON	FR 19:04.89 4/5 UNLV Rebel Elit
66	Laynee ROWLEY	SO 19:44.13 4/5 UNLV Rebel Elit
5	Butler (Kan.) CC	1:16:45
LW: 5	Region 6	average 19:11.20
22	Elizabeth HERNANDEZ	SO 17:54.68 3/29 Bobcat Invitatio
49	Alison UNRUH	SO 18:53.08 3/29 Bobcat Invitatio
63	Valyrie FREEMAN	SO 19:39.24 3/22 Spire Distance c
77	Alexa MARSHALL	FR 20:17.82 3/22 Spire Distance c
6	Crowder (Mo.)	1:17:45
LW: 6	Region 16	average 19:26.34
26	Faith JEPTOO	SO 18:16.10 4/5 Friends Invitativ
33	Mercy KIBUIGUT	FR 18:25.22 4/11 Mule Relays (ou
81	Audrey FLETCHER	FR 20:25.54 4/19 Kansas Relays
85	Jasmine HAYES	FR 20:38.48 4/17 Pittsburg State
7	Central Arizona	1:20:39
LW: 7	Region 1	average 20:09.72
47	Jessica VIERA	SO 18:43.55 4/5 Triton
70	Tatyana ENRIQUEZ	FR 19:53.97 3/29 Cody McBride/L
89	Reshila CURLEY	FR 20:51.40 3/22 Willie Williams/
96	Megan TSABETSAYE	SO 21:09.96 4/12 Gaucho Collegi

8	Macomb (Mich.) CC	1:20:51
LW: 8	Region 12	average 20:12.77
35	Ava LAMILZA	SO 18:27.25 4/5 Golden Grizzly I
59	Emma DELL	FR 19:20.79 4/5 Golden Grizzly I
71	Erin ROWAN	FR 19:57.53 4/5 Golden Grizzly I
	Kelsey ETTTEL	FR 23:05.52 4/5 Golden Grizzly I
9	Lansing (Mich.) CC	1:21:42
LW: --	Region 12	average 20:25.57
45	Daisy SPEET	FR 18:38.92 4/19 Elaine Leigh Inv
87	Faith SWENOR	FR 20:43.99 4/19 Elaine Leigh Inv
95	Paige KLOHA	FR 21:08.34 4/19 Elaine Leigh Inv
98	Jadyn YONCHEWSKI	SO 21:11.03 4/19 Elaine Leigh Inv
10	North Central Texas	1:23:26
LW: 9	Region 5	average 20:51.40
54	Glorie KABUIN	SO 19:05.59 3/29 Oklahoma Bap
84	Naomi CHEBET	SO 20:28.34 3/29 Oklahoma Bap
88	Gloria JESANG	SO 20:48.69 3/29 Oklahoma Bap
	Cutter SMITH	FR 23:02.97 3/29 Oklahoma Bap
11	Dodge City (Kan.) CC	1:24:49
LW: 10	Region 6	average 21:12.16
78	Teressa MARTINEZ	SO 20:20.11 4/4 Emporia State I
	Ava WASHINGTON	SO 21:28.09 3/29 Broncbuster Im
	Ivy WASHINGTON	SO 21:28.76 3/29 Broncbuster Im
	Daniela CERDA	FR 21:31.67 3/29 Broncbuster Im
12	Southeastern (Iowa) CC	1:26:18
LW: 11	Region 11	average 21:34.46
73	Paetyn WIEGAND	FR 20:02.33 4/12 Mustang Distar
86	Chloe FERNEAU	FR 20:41.42 4/5 Cornell College
91	Rylee OLSEN	FR 20:55.74 4/12 Mustang Distar
	Ella SCHROEDER	SO 24:38.37 4/12 Mustang Distar



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's 10,000 Meters

as of 4/22/25 12:12 AM ET

**1 Salt Lake (Utah) CC 2:26:23**

LW: 1 Region 18 average 36:35.73

**3** Angela Denisse SALADO SO **35:35.80** 4/5 Mike Fanelli Trc  
FERNANDEZ**4** Angelina LIONE FR **36:08.76** 4/5 Mike Fanelli Trc**6** Lindsie FAUSETT SO **37:06.50** 4/5 Mike Fanelli Trc**10** Alix CRAWFORD FR **37:31.84** 4/5 Mike Fanelli Trc



# #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's High Jump

as of 4/22/25 12:12 AM ET

1	Pima (Ariz.) CC		6.45m	21-2
LW: 1	Region 1		average 1.61m	5-3½
3	April NECAISE	SO 1.63m	5-4¼	4/18 Aztec Outdoor
3	Janiya ROSS	SO 1.63m	5-4¼	4/18 Aztec Outdoor
5	Isabel GREEN	SO 1.62m	5-3¾	4/5 Triton
9	Tyler WASHINGTON	SO 1.57m	5-1¾	4/12 Gaucho Collegi



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Long Jump

as of 4/22/25 12:12 AM ET

1	Barton (Kan.) CC	22.80m	74-9¾
LW: 2	▲ 1 Region 6	average 5.70m	18-8½
1	Celine RIDDLE	FR 6.07mw	19-11 (2.1) 4/19 Johnson Cl
6	Chloe PERRYMAN	SO 5.71mw	18-8¾ (2.5) 4/19 Johnson Cl
15	Alexia WALKER	FR 5.54mw	18-2¼ (3.1) 3/29 Mark A. Phillips
23	Kymia BRIDGETT	FR 5.48m	7-11¾ (1.7) 4/4 John Jacobs Im

2	South Plains (Texas)	22.35m	73-4
LW: 1	▼ 1 Region 5	average 5.59m	18-4
5	Sydney ROQUEBRUN	SO 5.81mA	19-¾ (0.9) 4/3 Masked Rider O
7	Juwonna WHITEHORNE	FR 5.64m	18-6 (1.3) 3/22 West Texas Rel
10	Ruth AGADAMA	SO 5.57mA	18-3¼ (0.2) 4/3 Masked Rider O
31	Abril OKON	SO 5.33mw	17-6 (2.9) 4/12 Jo Meaker Clas

3	Richard Bland (Va.)	21.62m	70-11¼
LW: 4	▲ 1 Region 10	average 5.40m	17-8¾
14	Michaelyn FISHER	FR 5.56m	18-3 (0.0) 3/21 Fred Hardy Invi
22	Anijah JAMES	FR 5.49m	18-½ (0.4) 3/21 Fred Hardy Invi
35	Ciarra MOORE	SO 5.31mw	17-5¼ (3.1) 4/19 Aggie Invitator
38	Shyla COOPER	FR 5.26m	17-3¼ (0.0) 3/21 Fred Hardy Invi

4	Iowa Western CC	21.55m	70-8½
LW: 5	▲ 1 Region 11	average 5.39m	17-8¾
2	Sakina UMAR	SO 5.99m	19-8 (0.6) 3/29 Bobcat Invitatio
20	Mercy HONESTY	SO 5.50m	18-½ (0.3) 4/19 UNK Loper Invit
45	Taeja BARTEE	FR 5.19mw	17-½ (2.1) 3/29 Bobcat Invitatio
59	Elfie SANOGO	FR 4.87m	5-11¾ (1.9) 3/21 Reiver Rust Bus

5	State Fair (Mo.)	21.28m	69-9¾
LW: 3	▼ 2 Region 16	average 5.32m	17-5½
16	Jocelyn NUNEZ	FR 5.53m	18-1¾ (1.5) 3/22 Missouri S&T M
20	Layisha FREEMAN	FR 5.50m	18-½ (1.2) 3/15 Central Method
48	Bethany SLOVENSKY	FR 5.13m	16-10 (0.8) 3/15 Central Method
49	Sophia EDWIN	FR 5.12m	16-9¾ (1.2) 4/11 Mule Relays (ou

6	Cloud County (Kan.) CC	21.20m	69-6¾
LW: --	Region 6	average 5.30m	17-4¾
26	Nanhi PANNU	FR 5.45mw	7-10¾ (2.7) 3/29 Mark A. Phillips
28	Nele GOESL	FR 5.41mw	17-9 (2.6) 3/29 Mark A. Phillips
31	Chenessa DAVIS	SO 5.33m	17-6 (2.0) 4/19 Kansas Relays
52	Tahlia LIENERT	FR 5.01mw	16-5¼ (2.4) 3/29 Mark A. Phillips

7	Pima (Ariz.) CC	20.70m	67-11
LW: 6	▼ 1 Region 1	average 5.18m	16-11¾
9	Maylee THOMPSON	SO 5.60m	18-4½ (2.0) 4/5 Triton
37	Layla KONSKI	FR 5.29m	17-4¼ (0.5) 3/22 Willie Williams/
52	Hannah DROEG	FR 5.01m	16-5¼ (1.1) 3/28 Mesa Multis
62	Julus YOUNG	FR 4.80mw	15-9 (2.3) 4/18 Aztec Outdoor

8	Glendale (Ariz.) CC	20.53m	67-4¼
LW: 7	▼ 1 Region 1	average 5.13m	16-10¼
36	Kaelyn GIARRUSSO	SO 5.30m	17-4¾ (-2.5) 4/12 Gaucho Collegi
40	Oyindamola ADETUTU	SO 5.22m	17-1½ (-2.5) 4/12 Gaucho Collegi
46	Aaliyah PERKINS	FR 5.16m	6-11¼ (0.0) 3/29 Cody McBride/L
61	Aliyah PERKINS	FR 4.85m	15-11 (1.2) 3/22 Willie Williams/

9	Iowa Central CC	19.63m	64-5
LW: 8	▼ 1 Region 11	average 4.91m	16-1¼
2	Maeva GOUNE TIBBOLO	FR 5.99m	19-8 (0.5) 4/11 Mule Relays (ou
54	Ella HOMAWOO	FR 5.00m	16-5 (0.9) 4/11 Mule Relays (ou
69	Eden BROUWERS	FR 4.52mw	14-10 (4.0) 3/28 Emporia State i
86	Paige GROETSCH	FR 4.12m	13-6¼ (0.0) 4/12 Mustang Distar

10	Garden City (Kan.) CC	18.37m	60-3¼
LW: 9	▼ 1 Region 6	average 4.59m	15-1
56	Antonica MOULTRIE	FR 4.94mw	16-2½ (2.6) 4/19 KWU Coyote Cl
70	Priscilla WEMBA	FR 4.51mA	14-9¾ (0.2) 4/3 Masked Rider C
70	Meeca CASTILLO	FR 4.51m	14-9¾ (0.5) 3/22 West Texas Rel
79	Abby GILLEN	FR 4.41m	14-5¾ (1.9) 4/19 KWU Coyote Cl

11	Marion Military Institute (	17.56m	57-7½
LW: 10	▼ 1 Region 22	average 4.39m	14-5
43	Shanaya HINTON	FR 5.20m	17-¾ (1.8) 4/5 Doc Anderson I
55	Sirinity GLASPER	FR 4.98m	16-4¼ (-0.5) 3/28 Thrills In The Hi
82	Adaysa HOLLINESS	FR 4.25m	3-11½ (0.0) 3/28 Thrills In The Hi
90	Raeya TOWNSEND	FR 3.13m	10-3¼ (-1.2) 3/28 Thrills In The Hi



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Triple Jump

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Hutchinson (Kan.) CC</b>	<b>44.34m</b>	<b>145-6</b>
LW: 1	Region 6	average 11.08m	36-4½
11	Brooke HAWKINS	SO 11.68m	38-4 (3.0) 3/29 Mark A. Phillips
16	Alycea MCCOY	FR 11.24m	6-10½ (1.7) 4/19 KWU Coyote Clc
23	Yaya MORENO	SO 10.76m	35-3¾ (1.5) 4/12 Wichita State K
24	Azariah DAWES	FR 10.66m	4-11¾ (2.5) 3/29 Mark A. Phillips
<b>2</b>	<b>Pima (Ariz.) CC</b>	<b>40.92m</b>	<b>134-3</b>
LW: --	Region 1	average 10.23m	33-6¾
18	Layla KONSKI	FR 11.16m	36-7½ (1.3) 3/22 Willie Williams/
32	Tatiana WHITE	FR 10.10m	33-1¾ (1.6) 4/18 Aztec Outdoor
33	April NECAISE	SO 9.90m	32-5¾ (0.1) 3/22 Willie Williams/
35	Julius YOUNG	FR 9.76m	32-¼ (1.9) 4/18 Aztec Outdoor



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Shot Put

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Iowa Western CC</b>	<b>54.23m</b>	<b>177-11</b>
LW: 1	Region 11	average <b>13.56m</b>	44-5¾
<b>3</b>	Sarai SIMPSON	SO <b>14.95m</b>	49-¾ <b>4/19</b> UNK Loper Invit
<b>4</b>	Chin-Loy RAYMOND	SO <b>14.51m</b>	47-7¼ 4/12 Wichita State K
<b>13</b>	Monifa EDWARDS	FR <b>12.68m</b>	41-7¼ 4/12 Wichita State K
<b>16</b>	Lovely HIBBERT	FR <b>12.09m</b>	39-8 <b>4/19</b> UNK Loper Invit
<b>2</b>	<b>Cowley (Kan.)</b>	<b>48.00m</b>	<b>157-6</b>
LW: 2	Region 6	average <b>12.00m</b>	39-4½
<b>5</b>	Cierra GRAY	SO <b>13.95m</b>	45-9¼ <b>4/19</b> Kansas Relays
<b>19</b>	Amoni EVANS	FR <b>11.61m</b>	38-1¼ 4/5 Friends Invitati
<b>22</b>	Bree ROWE	SO <b>11.41m</b>	37-5¼ 4/5 Friends Invitati
<b>27</b>	Jessi MCDOWELL	FR <b>11.03m</b>	36-2¼ <b>4/19</b> KWU Coyote Clc
<b>3</b>	<b>Iowa Central CC</b>	<b>45.11m</b>	<b>148-0</b>
LW: 3	Region 11	average <b>11.28m</b>	37-0
<b>6</b>	Unitee BROWN	FR <b>13.41m</b>	44-0 3/28 Emporia State l
<b>23</b>	Zuriya ROBINSON	SO <b>11.37m</b>	37-3¾ 4/5 South Dakota E
<b>30</b>	Eden BROUWERS	FR <b>10.67m</b>	35-¼ <b>4/18</b> Maverick Invita
<b>48</b>	Ella HOMAWOO	FR <b>9.66m</b>	31-8½ 3/28 Emporia State l
<b>4</b>	<b>South Plains (Texas)</b>	<b>44.15m</b>	<b>144-10</b>
LW: 4	Region 5	average <b>11.04m</b>	36-2½
<b>7</b>	Kahllah BAILEY	FR <b>13.37mA</b>	43-10½ 2/7 SPC Wayland W
<b>9</b>	Suerena ALEXANDER	FR <b>13.24mA</b>	43-5¼ 2/7 SPC Wayland W
<b>51</b>	Abril OKON	SO <b>9.54m</b>	31-3¾ 4/12 Jo Meaker Clas:
<b>74</b>	Juwonna WHITEHORNE	FR <b>8.00m</b>	26-3 4/12 Jo Meaker Clas:
<b>5</b>	<b>Pima (Ariz.) CC</b>	<b>40.48m</b>	<b>132-10</b>
LW: 5	Region 1	average <b>10.12m</b>	33-2½
<b>25</b>	Morgan MOSLEY	FR <b>11.18m</b>	36-8¼ <b>4/18</b> Aztec Outdoor
<b>43</b>	Hannah DROEG	FR <b>9.85m</b>	32-3¾ 3/28 Mesa Multis
<b>46</b>	Tyler WASHINGTON	SO <b>9.76m</b>	32-¼ <b>4/18</b> Aztec Outdoor
<b>47</b>	Bianca CORONA	FR <b>9.69m</b>	31-9½ <b>4/18</b> Aztec Outdoor
<b>6</b>	<b>Coffeyville (Kan.) CC</b>	<b>36.36m</b>	<b>119-4</b>
LW: 6	Region 6	average <b>9.09m</b>	29-10
<b>29</b>	Shaniece POWELL	FR <b>10.76m</b>	35-3¾ 4/10 Red Raven Invit
<b>61</b>	Ana MANOUSARIDIS	SO <b>9.16m</b>	30-¾ 4/10 Red Raven Invit
<b>64</b>	Carla Kay BROWN	FR <b>9.01m</b>	29-6¾ 4/10 Red Raven Invit
<b>81</b>	Isabelle CULLENS	FR <b>7.43m</b>	24-4½ 4/5 Friends Invitati





## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Discus

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Cowley (Kan.)</b>	<b>153.64m</b>	<b>504-1</b>
LW: 1	Region 6	average 38.41m	126-0
10	Bree ROWE	SO 41.71m	136-10 3/29 Mark A. Phillips
17	Jessi MCDOWELL	FR 38.55m	126-6 4/17 Pittsburg State
18	Cierra GRAY	SO 38.54m	126-6 3/13 Dean Pryor Invi
27	Katie COOK	FR 34.84m	114-4 3/29 Mark A. Phillips
<b>2</b>	<b>Iowa Western CC</b>	<b>152.32m</b>	<b>499-9</b>
LW: 2	Region 11	average 38.08m	124-11
8	Monifa EDWARDS	FR 42.23m	138-7 4/19 UNK Loper Invit
11	Lovely HIBBERT	FR 40.47m	132-10 4/5 Concordia (Neb
19	Chin-Loy RAYMOND	SO 38.07m	124-11 4/19 UNK Loper Invit
40	Sarai SIMPSON	SO 31.55m	103-6 4/5 Concordia (Neb
<b>3</b>	<b>Coffeyville (Kan.) CC</b>	<b>146.43m</b>	<b>480-5</b>
LW: 3	Region 6	average 36.61m	120-1
5	Carla Kay BROWN	FR 45.41m	149-0 4/17 Pittsburg State
15	Shaniece POWELL	FR 39.00m	128-0 4/17 Pittsburg State
22	McKayla KUPLIICKI	SO 37.29m	122-4 3/23 Bethel (Kan.) Co
68	Ana MANOUSARIDIS	SO 24.73m	81-1¾ 4/10 Red Raven Invit
<b>4</b>	<b>Lansing (Mich.) CC</b>	<b>112.62m</b>	<b>369-6</b>
LW: 4	Region 12	average 28.16m	92-4½
36	Jada HOUGHTON	FR 32.48m	106-7 4/19 Elaine Leigh Inv
51	Berkley OBERHAUS	FR 29.50m	96-9½ 4/5 Golden Grizzly I
56	Daisy SPEET	FR 28.13m	92-3½ 4/12 Davenport Pan
73	Layna ATALLAH	SO 22.51m	73-10¼ 4/19 Elaine Leigh Inv



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Hammer

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>New Mexico JC</b>	<b>185.37m</b>	<b>608-2</b>
LW: 1	Region 5	average <b>46.34m</b>	152-1
<b>1</b>	Tania DA SILVA	SO <b>60.62m</b>	198-11 3/29 Texas Relays
<b>11</b>	Esteisy SALAS	SO <b>45.28m</b>	148-7 4/12 Jo Meaker Clas
<b>12</b>	Athilia PRYCE	FR <b>45.08m</b>	147-11 4/12 Jo Meaker Clas
47	Vanessa ESPARZA	SO <b>34.39m</b>	112-10 3/22 Wes Kittley Invi
<b>2</b>	<b>Cowley (Kan.)</b>	<b>179.27m</b>	<b>588-2</b>
LW: 2	Region 6	average <b>44.82m</b>	147-1
<b>4</b>	Mercedes GLOVER	JR <b>50.91m</b>	167-1 <b>4/19</b> Kansas Relays
<b>15</b>	Brianna LEE	SO <b>43.63m</b>	143-2 3/13 Dean Pryor Invi
18	Cierra GRAY	SO <b>42.78m</b>	140-4 3/13 Dean Pryor Invi
20	Mayce MCDONALD	SO <b>41.95m</b>	137-8 3/13 Dean Pryor Invi
<b>3</b>	<b>Coffeyville (Kan.) CC</b>	<b>169.16m</b>	<b>555-0</b>
LW: 3	Region 6	average <b>42.29m</b>	138-9
<b>5</b>	Ana MANOUSARIDIS	SO <b>50.29m</b>	165-0 <b>4/17</b> Pittsburg State
24	McKayla KUPLIICKI	SO <b>41.56m</b>	136-4 4/10 Red Raven Invi
26	Carla Kay BROWN	FR <b>40.85m</b>	134-0 3/13 Dean Pryor Invi
41	Shaniece POWELL	FR <b>36.46m</b>	119-8 3/13 Dean Pryor Invi
<b>4</b>	<b>Iowa Western CC</b>	<b>156.17m</b>	<b>512-5</b>
LW: --	Region 11	average <b>39.04m</b>	128-1
<b>12</b>	Chin-Loy RAYMOND	SO <b>45.08m</b>	147-11 <b>4/19</b> UNK Loper Invi
22	Sarai SIMPSON	SO <b>41.72m</b>	136-11 <b>4/19</b> UNK Loper Invi
42	Lovely HIBBERT	FR <b>35.97m</b>	118-0 <b>4/19</b> UNK Loper Invi
50	Monifa EDWARDS	FR <b>33.40m</b>	109-7 <b>4/19</b> UNK Loper Invi
<b>5</b>	<b>Colby (Kan.) CC</b>	<b>137.30m</b>	<b>450-6</b>
LW: 4 <b>▼ 1</b>	Region 6	average <b>34.33m</b>	112-8
17	Alma CORDOVA	SO <b>43.36m</b>	142-3 3/29 Broncbuster In
49	Delal AKTAY	SO <b>34.27m</b>	112-5 3/29 Broncbuster In
60	Aaliyah CHAVEZ	SO <b>30.17m</b>	98-11¾ 3/22 West Texas Rel
62	Holly HYLTON	SO <b>29.50m</b>	96-9½ 3/29 Broncbuster In



## #EventSquad Rankings — 2025 Checkpoint #4, April 22

## Women's Javelin

as of 4/22/25 12:12 AM ET

<b>1</b>	<b>Pima (Ariz.) CC</b>	<b>134.17m</b>	<b>440-2</b>
LW: 1	Region 1	average <b>33.54m</b>	110-1
14	April NECAISE	SO <b>35.29m</b>	115-10 3/29 Cody McBride/L
16	Maylee THOMPSON	SO <b>34.85m</b>	114-4 3/28 Mesa Multis
18	Hannah DROEG	FR <b>32.96m</b>	108-2 3/22 Willie Williams/
22	Armani LOPEZ	FR <b>31.07m</b>	101-11 4/5 Triton
<b>2</b>	<b>Mesa (Ariz.) CC</b>	<b>125.92m</b>	<b>413-2</b>
LW: 2	Region 1	average <b>31.48m</b>	103-4
6	Sara JACOBSON	SR <b>43.20m</b>	141-9 3/28 Mesa Multis
27	Tatum MATHENY	FR <b>30.39m</b>	99-8½ 4/12 Gaucho Collegi
28	Emily SCHOLZ	FR <b>30.33m</b>	99-6¼ 3/29 Cody McBride/L
43	Natalia BRZEZNIAK	JR <b>22.00m</b>	72-2¼ 4/12 Gaucho Collegi
<b>3</b>	<b>Iowa Central CC</b>	<b>124.75m</b>	<b>409-4</b>
LW: 3	Region 11	average <b>31.19m</b>	102-4
10	Eden BROUWERS	FR <b>37.19m</b>	122-0 3/28 Emporia State I
12	Unitee BROWN	FR <b>36.01m</b>	118-2 4/12 Mustang Distar
20	Ella HOMAWOO	FR <b>32.21m</b>	105-8 3/28 Emporia State I
48	Kira MESSERLY	FR <b>19.34m</b>	63-5½ 3/28 Emporia State I