



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 100 Meters

as of 5/13/25 8:08 AM ET

| | | |
|-----------|-----------------------------------|--|
| 1 | Hinds (Miss.) CC | 46.43 |
| LW: 1 | Region 23 | average 11.61 |
| 7 | Trinity MONTGOMERY | SO 11.46w (3.0) 4/5 Davenport-Milb |
| 8 | La'Nica LOCKER | SO 11.47w (2.4) 4/19 Jim Mize Invitat |
| 13 | Canelia HOPE | FR 11.56w (2.4) 4/19 Jim Mize Invitat |
| 41 | Ritorion VIGNE | SO 11.94w (2.4) 4/5 Davenport-Milb |
| 2 | New Mexico JC | 46.48 |
| LW: 2 | Region 5 | average 11.62 |
| 6 | Kamaria KNIGHT | SO 11.41 (1.6) 3/22 Wes Kittley Invi |
| 16 | Amari PRATT | SO 11.63 (1.9) 4/12 Jo Meaker Clas |
| 22 | Tuwana MCLEAN | FR 11.72 (1.6) 3/22 Wes Kittley Invi |
| 22 | Nandy KIHUYU | SO 11.72 (1.0) 3/22 Wes Kittley Invi |
| 3 | Coffeyville (Kan.) CC | 46.68 |
| LW: 3 | Region 6 | average 11.67 |
| 2 | Royanah FARMER | SO 11.22w (3.8) 4/17 Pittsburg State |
| 16 | Linya GEDEON | SO 11.63w (3.8) 4/17 Pittsburg State |
| 33 | Dhakiya BLAKE | SO 11.85w (3.8) 4/17 Pittsburg State |
| 45 | Tierra WILLIAMS | FR 11.98w (3.5) 4/17 Pittsburg State |
| 4 | Barton (Kan.) CC | 46.84 |
| LW: 4 | Region 6 | average 11.71 |
| 3 | Keliza SMITH | SO 11.25w (2.3) 5/3 KJCCC |
| 19 | Kayda AUSTIN | FR 11.66 (1.6) 4/19 Johnson Cl |
| 41 | Kennidra SPIGNER | FR 11.94w (2.5) 3/29 Mark A. Phillips |
| 48 | Takelia WILLIAMS | FR 11.99w (2.5) 3/29 Mark A. Phillips |
| 5 | Colby (Kan.) CC | 47.27 |
| LW: 5 | Region 6 | average 11.82 |
| 3 | Anita AFRIFA | SO 11.25w (2.3) 5/3 KJCCC |
| 21 | Felicia AWUDI | FR 11.68 (1.6) 3/22 West Texas Rel |
| 22 | Beatrice BOAKYE | FR 11.72 (0.1) 5/3 KJCCC |
| | Ashly THARP | SO 12.62 (1.7) 3/22 West Texas Rel |
| 6 | Indian Hills (Iowa) CC | 47.28 |
| LW: 6 | Region 11 | average 11.82 |
| 16 | Ida SMITH | FR 11.63w (2.8) 4/12 Arkansas Inv |
| 29 | Zekira SNOW | SO 11.79 (0.6) 5/4 Region 11/ICCA |
| 39 | Destiny MITCHELL | SO 11.89 (2.0) 5/4 Region 11/ICCA |
| 44 | Kenyatta GRATE | SO 11.97 (0.5) 3/28 Emporia State I |
| 7 | Fort Scott (Kan.) CC | 47.31 |
| LW: 7 | Region 6 | average 11.83 |
| 12 | Crystal CHAMBERS | SO 11.54 (1.5) 3/28 Emporia State I |
| 27 | Dayjonique CATO | SO 11.77w (2.1) 4/17 Pittsburg State |
| 37 | Jayden PIPER | SO 11.87w (3.5) 4/12 Wichita State K. |
| 53 | Rayanna JOHNSON | SO 12.13w (3.1) 3/28 Emporia State I |
| 8 | South Plains (Texas) | 47.67 |
| LW: 8 | Region 5 | average 11.92 |
| 5 | Ruth AGADAMA | SO 11.35 (1.1) 4/12 Jo Meaker Clas |
| 45 | Oluwatumininu SANYAOLU | FR 11.98c 1.95A (1.4) 4/3 Masked Rider O |
| 49 | Sydney ROQUEBRUN | SO 12.00c 1.97A (-3.1) 5/2 Texas Tech Cori |
| 72 | Juwonna WHITEHORNE | FR 12.34 (1.6) 3/22 West Texas Rel |
| 9 | Iowa Western CC | 48.51 |
| LW: 9 | Region 11 | average 12.13 |
| 15 | Serena GRACE | FR 11.61 (2.0) 5/4 Region 11/ICCA |
| 33 | Judith KOUMEDZINA | SO 11.85 (2.0) 5/4 Region 11/ICCA |
| 61 | Taeja BARTEE | FR 12.27 (0.6) 5/4 Region 11/ICCA |
| | Hope NORVIG | FR 12.78 (0.6) 5/4 Region 11/ICCA |
| 10 | Highland (Kan.) CC | 48.79 |
| LW: 10 | Region 6 | average 12.20 |
| 32 | Shanteria WASHINGTON | SO 11.82w (2.4) 4/12 Arkansas Inv |
| 56 | Alexia LEWIS | SO 12.20 (0.6) 5/3 KJCCC |
| 64 | Jola FELIX | SO 12.30w (2.6) 3/29 Central Method |
| 86 | Jamari ERVIN | FR 12.47w (2.6) 3/29 Central Method |
| 11 | Essex County (N.J.) | 49.24 |
| LW: 11 | Region 19 | average 12.31 |
| 50 | Kimberly BAKER | SO 12.01 (1.3) 3/29 The Big Hurt |
| 68 | Ashia MARTIN | SO 12.33 (0.8) 5/3 Larry Ellis Invi |
| 81 | Ma-Avian WILLIAMS | SO 12.40 (-0.3) 5/3 Larry Ellis Invi |
| 92 | Shermalee FREEMAN | FR 12.50w (2.3) 3/29 The Big Hurt |
| 12 | Bismarck State (N.D.) | 49.26 |
| LW: 12 | Region 13 | average 12.32 |
| 40 | Privillage BOWER | FR 11.92w (2.1) 4/27 U-Mary Senior L |
| 75 | Aisha ZAFFINO | SO 12.35w (2.1) 4/27 U-Mary Senior L |
| 83 | Alexia ANDERSON | SO 12.45w (2.1) 4/27 U-Mary Senior L |
| 98 | Aliya SCHOCK | SO 12.54 (1.1) 4/19 Blue Hawk Garr |
| 13 | Richard Bland (Va.) | 49.51 |
| LW: 13 | Region 10 | average 12.38 |
| 38 | Michaelyn FISHER | FR 11.88w (2.9) 5/6 Liberty Twilight |
| 75 | Anijah JAMES | FR 12.35 (0.8) 3/29 Trojan Challeng |
| | J'Miaya MUSE | FR 12.62 (0.9) 4/5 Colonial Relays |
| | Jayla WERTS | SO 12.66 (1.2) 3/21 Fred Hardy Invi |
| 14 | Paradise Valley (Ariz.) CC | 50.01 |
| LW: 14 | Region 1 | average 12.50 |
| 51 | Sofia CARDOZO | JR 12.04 (0.1) 3/20 PV/ALTIS Invite |
| 63 | Ava WILSON | FR 12.29 (0.3) 5/1 Region I |
| | Aleksandra RENO | FR 12.81 (-1.3) 4/12 Gaucho Collegi |
| | Jaylee SPIVEY | FR 12.87 (0.3) 5/1 Region I |



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Women's 100 Meters

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| 15 | Marion Military Institute (| 51.99 |
| LW: 15 | Region 22 | average 13.00 |
| 64 | Kiliyah TAYLOR | SO 12.30 (0.1) 4/27 South Alabama |
| | Sirinity GLASPER | FR 12.96 (0.8) 4/27 South Alabama |
| | Shanaya HINTON | FR 13.05 (-2.0) 3/15 Falcon Classic |
| | Raeya TOWNSEND | FR 13.68 (-0.8) 3/15 Falcon Classic |
| 16 | State Fair (Mo.) | 52.26 |
| LW: 16 | Region 16 | average 13.07 |
| | Nora MORENO | FR 12.90w (2.4) 4/25 Grand View Viki |
| | Layisha FREEMAN | FR 12.92 (1.6) 4/18 Culver-Stocktor |
| | Madison JOHNSON | SO 13.21 (0.8) 4/11 Mule Relays (ou |
| | Williams STAHR | FR 13.23 (1.6) 4/18 Culver-Stocktor |
| 17 | Pima (Ariz.) CC | 52.36 |
| LW: 17 | Region 1 | average 13.09 |
| 78 | J'layah SPELLMAN COLLINS | SO 12.39 (0.3) 5/1 Region I |
| | Julus YOUNG | FR 12.84 (0.3) 5/1 Region I |
| | Brooklyn NELSON | FR 13.29 (-0.8) 4/12 Gaucho Collegi |
| | Perla RUIZ | FR 13.84 (-1.3) 4/12 Gaucho Collegi |
| 18 | Lake-Sumter State (Fla.) | 52.90 |
| LW: 18 | Region 8 | average 13.22 |
| | Jaden MILLER | FR 12.98 (1.3) 5/3 UNF East Coast |
| | Isabella DEAN | FR 13.22w (4.0) 5/3 UNF East Coast |
| | Demaris SOTO | SO 13.33 (1.4) 4/13 Pure Athletics S |
| | Sydnee MASSEY | FR 13.37 (1.8) 4/5 Embry-Riddle R |
| 19 | Muskegon (Mich.) CC | 53.30 |
| LW: 19 | Region 12 | average 13.32 |
| 94 | Natalie ERICKSON | SR 12.51 (1.9) 4/25 Don Kleinow Me |
| | Brianna SMITH | SO 13.30 (0.1) 3/29 Amy Adams Mei |
| | Ava CROWELL | FR 13.62 (1.0) 4/25 Don Kleinow Me |
| | Sage VANDERWALL | FR 13.87 (1.3) 4/26 GVSU ExWknd |
| 20 | Coahoma (Miss.) CC | 53.33 |
| LW: 20 | Region 23 | average 13.33 |
| 90 | Katreeka MOTT-FRANKLIN | FR 12.49 (0.8) 4/25 Mike McMillian i |
| | TaMoria SHANNON | FR 13.39 (1.3) 4/25 Mike McMillian i |
| | Haile BARRETT | SO 13.59 (-1.4) 3/22 Belhaven Invita |
| | Madison JACKSON | FR 13.86 (-0.4) 3/22 Belhaven Invita |
| 21 | Glendale (Ariz.) CC | 53.39 |
| LW: 21 | Region 1 | average 13.35 |
| 90 | Lailah CAMPBELL | SO 12.49 (-0.1) 4/12 Gaucho Collegi |
| | Oyindamola ADETUTU | SO 12.91 (-0.4) 4/12 Gaucho Collegi |
| | Petra ONWUMERE | FR 13.68 (1.7) 5/1 Region I |
| | Lauren ALLARD | SO 14.31 (-1.1) 3/29 Cody McBride/L |
| 22 | Cuyahoga (Ohio) CC | 55.98 |
| LW: 22 | Region 12 | average 14.00 |
| 64 | Keyonna MCGILL | SO 12.30 (1.3) 4/26 Ashland Alumni |
| | Franceta DWEH | FR 13.47w (2.7) 3/22 Ed Fry Invitatio |
| | Phatasia YOUNG | FR 14.38 (-1.2) 3/29 Amy Adams Mei |
| | Janell LUNDY | FR 15.83w (2.7) 3/22 Ed Fry Invitatio |
| 23 | Harcum (Pa.) | 58.98 |
| LW: 23 | Region 19 | average 14.74 |
| | Tasheera HILL | FR 13.84 (1.9) 4/19 Rutgers Relays |
| | Daniela STOLBUN | FR 14.91 (1.9) 4/19 Rutgers Relays |
| | Brianna XOCHIPA | FR 15.11w (3.2) 4/12 Bill Butler Relay |
| | Chloe DOMURAT | SO 15.12 (-0.6) 3/29 Danny Curran I |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 100 Meter Hurdles

as of 5/13/25 8:08 AM ET

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| 1 | South Plains (Texas) | 57.98 |
| LW: 1 | Region 5 | average 14.50 |
| 8 | Rashema LINDO | FR 13.94cw 3.90A) (2.3) 4/3 Masked Rider O |
| 10 | Oluwatumininu SANYAOLU | FR 14.00c 3.96A) (1.2) 5/2 Texas Tech Corl |
| 26 | Juwonna WHITEHORNE | FR 14.90cw 4.86A) (2.3) 4/3 Masked Rider O |
| 31 | Abril OKON | SO 15.14w (2.1) 4/12 Jo Meaker Clas |
| 2 | Barton (Kan.) CC | 58.58 |
| LW: 2 | Region 6 | average 14.64 |
| 4 | Asharria ULETT | FR 13.66 (1.1) 5/3 KJCCC |
| 14 | Ty'yanah ADAMS | FR 14.33 (0.5) 4/12 Crimson Tide In |
| 28 | Alexia WALKER | FR 14.98 (-1.2) 5/3 KJCCC |
| 42 | Widlife VERMILUS | SO 15.61w (4.0) 3/29 Mark A. Phillips |
| 3 | Cloud County (Kan.) CC | 59.49 |
| LW: 3 | Region 6 | average 14.87 |
| 19 | Nanhi PANNU | FR 14.41w (3.2) 4/12 Wichita State K. |
| 20 | Chenessa DAVIS | SO 14.47 (-0.9) 4/5 Friends Invitati |
| 21 | Tahlia LIENERT | FR 14.49 (1.4) 4/19 Kansas Relays |
| 50 | Carlie CARLGREN | FR 16.12w (2.5) 4/12 Wichita State K. |
| 4 | Richard Bland (Va.) | 1:01.13 |
| LW: 4 | Region 10 | average 15.28 |
| 25 | Anijah JAMES | FR 14.83 (-2.1) 5/6 Liberty Twilight |
| 27 | Jada HATCHER | FR 14.95 (1.4) 4/19 Aggie Invitation |
| 29 | Shyla COOPER | FR 15.04 (1.6) 3/29 Trojan Challeng |
| 52 | Erin SMITH | SO 16.31w (2.6) 4/19 Aggie Invitation |
| 5 | Pima (Ariz.) CC | 1:01.65 |
| LW: 5 | Region 1 | average 15.41 |
| 32 | Hannah DROEG | FR 15.17 (-1.1) 3/28 Mesa Multis |
| 34 | Tyler WASHINGTON | SO 15.27 (0.7) 5/1 Region I |
| 41 | Layla KONSKI | FR 15.57 (-1.1) 3/28 Mesa Multis |
| 45 | Tyra CHRISTEAN. | FR 15.64 (0.7) 5/1 Region I |
| 6 | Fort Scott (Kan.) CC | 1:03.33 |
| LW: 6 | Region 6 | average 15.83 |
| 18 | Damaria BELL | SO 14.37w (2.2) 4/17 Pittsburg State |
| 40 | Jakouria JAMERSON | SO 15.49 (1.3) 5/3 KJCCC |
| 48 | Marcy MONELL | SO 15.94w (2.2) 4/17 Pittsburg State |
| 61 | Jazz DILWORTH | FR 17.53 (-1.5) 5/3 KJCCC |
| 7 | Iowa Central CC | 1:06.67 |
| LW: 7 | Region 11 | average 16.67 |
| 47 | Ella HOMAWOO | FR 15.90w (3.2) 3/28 Emporia State I |
| 49 | Eden BROUWERS | FR 16.00w (4.0) 3/28 Emporia State I |
| 51 | Addison (Addi) HINDT | FR 16.19w (2.9) 4/5 South Dakota E |
| 65 | Kira MESSERLY | FR 18.58 (-1.9) 5/4 Region 11/ICCA |



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| | | |
|----------|-------------------------|---|
| 1 | Barton (Kan.) CC | 1:35.73 |
| LW: 1 | Region 6 | average 23.93 |
| 3 | Keliza SMITH | SO 23.21 (1.5) 4/19 Johnson Cl |
| 5 | Kayda AUSTIN | FR 23.43 (-0.3) 4/12 Crimson Tide In |
| 34 | Kennidra SPIGNER | FR 24.36 (0.5) 4/12 Crimson Tide In |
| 47 | Takelia WILLIAMS | FR 24.73 (1.9) 4/12 Crimson Tide In |

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| 2 | Western Texas | 1:36.01 |
| LW: 2 | Region 5 | average 24.00 |
| 6 | Charlize FRASER | FR 23.66w (2.5) 3/22 Wes Kittley Invi |
| 8 | Lovina EWUSI | SO 23.70 (1.3) 4/19 Johnson Cl |
| 27 | Shagay SHEPPY | FR 24.19c 4.12A) (1.5) 5/2 Texas Tech Corl |
| 39 | Brianna BOYCE | SO 24.46c 1.39A) (-3.6) 4/3 Masked Rider O |

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| 3 | Coffeyville (Kan.) CC | 1:36.17 |
| LW: 3 | Region 6 | average 24.04 |
| 8 | Royanah FARMER | SO 23.70 (0.0) 4/10 Red Raven Invi |
| 21 | Linya GEDEON | SO 24.05 (0.0) 4/10 Red Raven Invi |
| 26 | Tierra WILLIAMS | FR 24.16 (0.0) 4/10 Red Raven Invi |
| 31 | Dhakiya BLAKE | SO 24.26 (0.0) 4/10 Red Raven Invi |

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| 4 | New Mexico JC | 1:36.24 |
| LW: 4 | Region 5 | average 24.06 |
| 15 | Nandy KIHUYU | SO 23.80c 3.73A) (0.1) 5/2 Texas Tech Corl |
| 19 | Kamaria KNIGHT | SO 23.97c 3.90A) (-3.6) 4/3 Masked Rider O |
| 23 | Tuwana MCLEAN | FR 24.10c 4.03A) (1.5) 5/2 Texas Tech Corl |
| 35 | Amari PRATT | SO 24.37w (3.1) 3/22 Wes Kittley Invi |

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| 5 | Fort Scott (Kan.) CC | 1:36.99 |
| LW: 5 | Region 6 | average 24.25 |
| 25 | Crystal CHAMBERS | SO 24.11 (1.8) 3/28 Emporia State I |
| 28 | Dayjonique CATO | SO 24.22 (0.5) 4/12 Wichita State K. |
| 32 | Emmanuella SQUIRE | SO 24.27 (2.0) 4/12 Wichita State K. |
| 36 | Ivana ODONKOR | SO 24.39w (2.4) 4/17 Pittsburg State |

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| 6 | Cloud County (Kan.) CC | 1:37.29 |
| LW: 6 | Region 6 | average 24.32 |
| 1 | Maimuna JALLOW | FR 22.92 (1.9) 5/3 KJCCC |
| 10 | Rafiatu NUHU | SO 23.72w (2.5) 4/12 Wichita State K. |
| 72 | Nanhi PANNU | FR 25.26 (1.9) 3/29 Mark A. Phillips |
| 79 | Tahlia LIENERT | FR 25.39 (1.9) 3/29 Mark A. Phillips |

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| 7 | Indian Hills (Iowa) CC | 1:37.35 |
| LW: 7 | Region 11 | average 24.34 |
| 23 | Nyla BLACKMON | SO 24.10w (3.1) 4/12 Arkansas Inv |
| 29 | Ida SMITH | FR 24.24w (3.6) 4/12 Arkansas Inv |
| 37 | Nyla NORMAN | SO 24.42w (3.6) 4/12 Arkansas Inv |
| 41 | Laurie LOUIS | SO 24.59 (0.8) 5/4 Region 11/ICCA |

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| 8 | Allen (Kan.) CC | 1:37.46 |
| LW: 8 | Region 6 | average 24.36 |
| 7 | Ranayla MOTEN | FR 23.69w (3.1) 3/28 Emporia State I |
| 13 | Adetutu ALADELOYE | SO 23.77w (3.1) 3/28 Emporia State I |
| 50 | Kayveonna JACKSON | SO 24.78 (1.8) 3/28 Emporia State I |
| 69 | Ala' Jah BROOKS | SO 25.22 (1.1) 4/5 Friends Invitati |

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| 9 | Colby (Kan.) CC | 1:38.06 |
| LW: 9 | Region 6 | average 24.52 |
| 2 | Anita AFRIFA | SO 22.95 (1.9) 4/12 Jo Meaker Clas |
| 30 | Beatrice BOAKYE | FR 24.25 (0.8) 5/3 KJCCC |
| 33 | Felicia AWUDI | FR 24.31 (1.6) 4/12 Jo Meaker Clas |
| | Ashly THARP | SO 26.55w (3.2) 3/22 West Texas Rel |

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|-----------|-----------------------------|---|
| 10 | South Plains (Texas) | 1:38.20 |
| LW: 10 | Region 5 | average 24.55 |
| 13 | Oluwatuminiu SANYAOLU | FR 23.77w (3.3) 3/22 West Texas Rel |
| 18 | Ruth AGADAMA | SO 23.96c 3.89A) (1.0) 5/2 Texas Tech Corl |
| 58 | Sydney ROQUEBRUN | SO 24.94w (3.2) 3/22 West Texas Rel |
| 87 | Nour RAHOU | FR 25.53 (1.5) 4/12 Jo Meaker Clas |

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| 11 | Hinds (Miss.) CC | 1:38.52 |
| LW: 11 | Region 23 | average 24.63 |
| 4 | La'Nica LOCKER | SO 23.26 (1.8) 4/11 Strawberry Rel |
| 17 | Trinity MONTGOMERY | SO 23.91w (2.8) 4/19 Jim Mize Invi |
| 54 | Ritorion VIGNE | SO 24.89w (3.1) 4/19 Jim Mize Invi |
| | Corvette MIGHTY | FR 26.46 (0.7) 4/25 Mike McMillian . |

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| 12 | Richard Bland (Va.) | 1:41.37 |
| LW: 13 ▲ 1 | Region 10 | average 25.34 |
| 63 | Michaelyn FISHER | FR 25.05 (0.5) 4/5 Colonial Relays |
| 71 | Anijah JAMES | FR 25.23w (3.6) 5/6 Liberty Twilight |
| 78 | Jayla WERTS | SO 25.37 (-0.1) 3/21 Fred Hardy Invi |
| 94 | J'Miaya MUSE | FR 25.72 (0.5) 4/5 Colonial Relays |

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| 13 | Highland (Kan.) CC | 1:41.78 |
| LW: 12 ▼ 1 | Region 6 | average 25.44 |
| 55 | Shanteria WASHINGTON | SO 24.90 (0.5) 4/26 Baker U. Zac Ki |
| 84 | Alexia LEWIS | SO 25.47w (2.2) 5/3 KJCCC |
| 87 | J'Nya DEMMING | SO 25.53 (0.5) 4/26 Baker U. Zac Ki |
| 98 | Jola FELIX | SO 25.88w (3.8) 4/17 Pittsburg State |

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| 14 | Bismarck State (N.D.) | 1:42.28 |
| LW: 14 | Region 13 | average 25.57 |
| 46 | Privilege BOWER | FR 24.72 (1.5) 5/3 U-Mary Last Ch |
| 80 | Aliya SCHOCK | SO 25.40 (1.5) 5/3 U-Mary Last Ch |
| | Aisha ZAFFINO | SO 25.98 (1.5) 5/3 U-Mary Last Ch |
| | Kaylea KEALOHA | FR 26.18 (1.5) 4/27 U-Mary Senior L |



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|-----------|------------------------------------|--|
| 15 | Essex County (N.J.) | 1:42.76 |
| LW: 15 | Region 19 | average 25.69 |
| 74 | Aaliyah MORGAN | FR 25.31 (1.8) 5/3 Larry Ellis Invitc |
| 76 | Kimberly BAKER | SO 25.33 (1.9) 5/3 Larry Ellis Invitc |
| | Paula ORUSEDE | SO 26.01 (1.5) 4/12 NJCAA Region 2 |
| | Shermalee FREEMAN | FR 26.11 (1.5) 4/12 NJCAA Region 2 |
| 16 | Ranger (Texas) | 1:42.85 |
| LW: 16 | Region 5 | average 25.71 |
| 55 | Charity RAYFORD | FR 24.90w (3.0) 4/26 Joe Gillespie Inv |
| 67 | Tania MILES | FR 25.18w (3.0) 4/26 Joe Gillespie Inv |
| 86 | Chasity RAYFORD | FR 25.50w (3.0) 4/26 Joe Gillespie Inv |
| | Anaya OWENS | SO 27.27w (3.0) 4/26 Joe Gillespie Inv |
| 17 | Monroe-New Rochelle (N.Y.) | 1:43.14 |
| LW: 17 | Region 15 | average 25.78 |
| 43 | Kettia AMBROSE | SO 24.62 (1.4) 3/29 Raleigh Relays |
| 52 | Brinel THOMAS | FR 24.84 (1.8) 5/3 Larry Ellis Invitc |
| 77 | Kaliyah JONES | FR 25.36 (-0.3) 4/19 Morgan State L |
| | Julihanna JOHNSON | SO 28.32 (-0.1) 4/19 Morgan State L |
| 18 | Iowa Central CC | 1:43.42 |
| LW: 18 | Region 11 | average 25.86 |
| 21 | Zariah GREAVES | SO 24.05 (0.8) 5/4 Region 11/ICCA |
| 73 | Mechak Linda BULA BULA | FR 25.29 (0.6) 4/18 Maverick Invita |
| | Chadrak Belinda BULA | FR 26.58 (0.8) 4/11 Mule Relays (ou |
| | Eden BROUWERS | FR 27.50 (0.8) 4/11 Mule Relays (ou |
| 19 | Pima (Ariz.) CC | 1:44.43 |
| LW: 19 | Region 1 | average 26.11 |
| 60 | J'layah SPELLMAN COLLINS | SO 25.03w (3.5) 5/1 Region I |
| | Julus YOUNG | FR 26.20w (3.5) 5/1 Region I |
| | Hannah DROEG | FR 26.46 (0.9) 5/1 Region I |
| | Tyra CHRISTEAN. | FR 26.74 (-0.5) 4/12 Gaucho Collegi |
| 20 | Paradise Valley (Ariz.) CC | 1:44.51 |
| LW: 20 | Region 1 | average 26.13 |
| 49 | Sofia CARDOZO | JR 24.75 (-0.6) 3/29 Cody McBride/L |
| | Chloe CANNON | FR 25.98w (3.5) 5/1 Region I |
| | Ava WILSON | FR 26.79 (-0.3) 4/12 Gaucho Collegi |
| | Aleksandra RENO | FR 26.99 (0.1) 3/29 Cody McBride/L |
| 21 | Mesa (Ariz.) CC | 1:45.12 |
| LW: 21 | Region 1 | average 26.28 |
| 95 | Sara JACOBSON | SR 25.76 (1.2) 3/28 Mesa Multis |
| | Kate DARE | FR 26.38w (2.1) 5/1 Region I |
| | Erin MABRY | FR 26.46w (3.5) 5/1 Region I |
| | Natalia BRZEZNIAK | JR 26.52w (2.1) 5/1 Region I |
| 22 | Neosho County (Kan.) CC | 1:45.41 |
| LW: 22 | Region 6 | average 26.35 |
| 68 | Vilorina TUILAWAKI | SO 25.19w (2.5) 3/29 Mark A. Phillips |
| | Paula DEL POZO | FR 26.48w (3.1) 4/12 Wichita State K |
| | Rhea FLANDERS | FR 26.49 (0.8) 5/3 KJCCC |
| | Melania TURAGA | FR 27.25 (1.8) 3/22 Spire Distance C |
| 23 | Glendale (Ariz.) CC | 1:45.69 |
| LW: 23 | Region 1 | average 26.42 |
| | Aaliyah PERKINS | FR 25.95w (2.1) 5/1 Region I |
| | Lailah CAMPBELL | SO 26.10w (2.1) 5/1 Region I |
| | Aliyah PERKINS | FR 26.46 (0.7) 3/22 Willie Williams/ |
| | Kaelyn GIARRUSSO | SO 27.18 (1.4) 3/22 Willie Williams/ |
| 24 | Dodge City (Kan.) CC | 1:46.37 |
| LW: 24 | Region 6 | average 26.59 |
| 64 | Bianca GLEIM | SO 25.13w (4.0) 4/4 Emporia State I |
| | Caylee MAY | SO 26.52w (2.4) 4/4 Emporia State I |
| | Olivia LEATHERMAN | FR 27.01 (-0.3) 5/3 KJCCC |
| | Zyria THOMPSON | FR 27.71 (1.1) 5/9 Wichita State S |
| 25 | State Fair (Mo.) | 1:49.42 |
| LW: 25 | Region 16 | average 27.36 |
| | Layisha FREEMAN | FR 27.03w (3.0) 4/18 Culver-Stockto |
| | Madison JOHNSON | SO 27.42w (3.0) 4/18 Culver-Stockto |
| | Williams STAHR | FR 27.48w (3.1) 4/18 Culver-Stockto |
| | Nora MORENO | FR 27.49 (0.8) 4/11 Mule Relays (ou |
| 26 | Marion Military Institute (| 1:49.47 |
| LW: 26 | Region 22 | average 27.37 |
| 93 | Kiliyah TAYLOR | SO 25.69 (1.9) 4/27 South Alabama |
| | Sirinity GLASPER | FR 26.66 (1.2) 3/28 Thrills In The Hi |
| | Adaysha HOLLINESS | FR 28.25 (0.0) 4/20 Mountain Laure |
| | Courtney TEESDALE | FR 28.87 (-0.2) 3/15 Falcon Classic |
| 27 | North Iowa Area CC | 1:49.84 |
| LW: 27 | Region 11 | average 27.46 |
| | Tenisha HERBERT | SO 26.54w (2.8) 3/28 Emporia State I |
| | Gift GONPUE | SO 27.25w (2.7) 3/28 Emporia State I |
| | Suzanne GUEDEYI | FR 27.75w (2.7) 3/28 Emporia State I |
| | Emily USHER | SO 28.30w (2.9) 3/28 Emporia State I |
| 28 | Muskegon (Mich.) CC | 1:50.22 |
| LW: 28 | Region 12 | average 27.56 |
| | Natalie ERICKSON | SR 26.31 (0.0) 4/25 Don Kleinow Me |
| | Olivia URBAN | FR 27.15 (1.5) 4/26 GVSU ExWknd |
| | Brianna SMITH | SO 27.91 (0.6) 4/19 Al Owens Classi |
| | Ava CROWELL | FR 28.85 (0.1) 4/19 Al Owens Classi |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 200 Meters

as of 5/13/25 8:08 AM ET

| | | |
|-----------|---------------------------------|--|
| 29 | Cowley (Kan.) | 1:50.87 |
| LW: 29 | Region 6 | average 27.72 |
| | Grace KNIGHT | FR 26.61 (0.8) 4/19 KWKU Coyote Clc |
| | Dayanna BRITO-HERNANDEZ | SO 27.25 (1.9) 3/29 Mark A. Phillips |
| | Karma SINGLETON | SO 28.24w (3.5) 4/12 Wichita State K. |
| | Makayla GAY | SO 28.77w (3.4) 4/12 Wichita State K. |
| 30 | Lake-Sumter State (Fla.) | 1:50.89 |
| LW: 30 | Region 8 | average 27.72 |
| | Demaris SOTO | SO 27.50 (1.2) 4/13 Pure Athletics S |
| | Sydnee MASSEY | FR 27.63 (1.1) 3/8 Eagle Invitation |
| | Brooke FILETTI | FR 27.69 (1.2) 4/13 Pure Athletics S |
| | Isabella DEAN | FR 28.07 (2.0) 4/5 Embry-Riddle R |
| 31 | Coahoma (Miss.) CC | 1:51.02 |
| LW: 31 | Region 23 | average 27.76 |
| | Katreeka MOTT-FRANKLIN | FR 26.32 (1.0) 4/25 Mike McMillian |
| | TaMoria SHANNON | FR 28.08 (0.3) 3/22 Belhaven Invita |
| | Faith BUTLER | SO 28.13 (1.5) 4/11 Strawberry Relc |
| | Madison JACKSON | FR 28.49 (1.3) 3/22 Belhaven Invita |
| 32 | Cuyahoga (Ohio) CC | 1:58.56 |
| LW: 32 | Region 12 | average 29.64 |
| 74 | Keyonna MCGILL | SO 25.31 (1.7) 4/13 Mount Union Jo |
| | Franceta DWEH | FR 28.85w (2.3) 3/22 Ed Fry Invitation |
| | Phatasia YOUNG | FR 30.19 (-1.5) 3/29 Amy Adams Mei |
| | Janell LUNDY | FR 34.21w (2.3) 3/22 Ed Fry Invitation |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 400 Meters

as of 5/13/25 8:08 AM ET

| 1 | Hinds (Miss.) CC | 3:39.21 |
|-------|-----------------------|--|
| LW: 1 | Region 23 | average 54.80 |
| 3 | Queen USUNOBUN | FR 52.98 4/26 LSU Alumni |
| 8 | Twyshanna HUIE | SO 55.03 3/22 Belhaven Invita |
| 8 | La'Nica LOCKER | SO 55.03 4/5 Davenport-Milb |
| 27 | Caydence BREWER | SO 56.17 4/5 Davenport-Milb |
| 2 | Fort Scott (Kan.) CC | 3:41.05 |
| LW: 2 | Region 6 | average 55.26 |
| 6 | Dayjonique CATO | SO 54.57 3/20 Cougar Spring |
| 13 | Jayden PIPER | SO 55.20 4/17 Pittsburg State |
| 15 | Ivana ODONKOR | SO 55.27 4/17 Pittsburg State |
| 24 | Kennedy MOSLEY | SO 56.01 4/17 Pittsburg State |
| 3 | Barton (Kan.) CC | 3:42.17 |
| LW: 3 | Region 6 | average 55.54 |
| 2 | Keliza SMITH | SO 52.91 4/12 Crimson Tide In |
| 20 | Natasha FOX | FR 55.76 4/19 Johnson Cl |
| 25 | Narissa MCPHERSON | FR 56.11 4/12 Crimson Tide In |
| 38 | Shone WALTERS | SO 57.39 5/3 KJCCC |
| 4 | New Mexico JC | 3:43.15 |
| LW: 4 | Region 5 | average 55.79 |
| 4 | Nandy KIHUYU | SO 53.23 4/19 Johnson Cl |
| 23 | Jody ANN MITCHELL | SO 55.99 4/12 Jo Meaker Clas |
| 30 | Tuwana MCLEAN | FR 56.31c (56.20A) 5/2 Texas Tech Corl |
| 40 | Ysanne PEART | SO 57.62 4/19 Johnson Cl |
| 5 | Coffeyville (Kan.) CC | 3:50.19 |
| LW: 5 | Region 6 | average 57.55 |
| 14 | Tierra WILLIAMS | FR 55.22 4/10 Red Raven Invit |
| 16 | Dhakiya BLAKE | SO 55.31 4/10 Red Raven Invit |
| 18 | Amalinaly PEMBERTON | SO 55.67 3/29 Bobcat Invitatic |
| | Frankajha FLEMING | FR 1:03.99 3/29 Bobcat Invitatic |
| 6 | Meridian (Miss.) CC | 3:56.66 |
| LW: 6 | Region 23 | average 59.16 |
| 35 | Jakhia MARTIN | FR 56.79 4/25 Mike McMillian |
| 46 | Cshanti PIERCE | SO 58.60 4/25 Mike McMillian |
| 69 | Taitiana JONES | SO 1:00.59 3/22 MissSt Relays |
| 71 | Amirah NOCK | FR 1:00.68 4/25 Mike McMillian |
| 7 | Richard Bland (Va.) | 3:58.45 |
| LW: 7 | Region 10 | average 59.61 |
| 36 | Jayla WERTS | SO 57.34 3/21 Fred Hardy Invi |
| 48 | J'Miaya MUSE | FR 58.74 4/26 VSU Peggy Davi |
| 59 | Breshauna MILLER | FR 59.59 4/5 Colonial Relays |
| | Shyla COOPER | FR 1:02.78 3/21 Fred Hardy Invi |

| 8 | Monroe-New Rochelle (N.Y.) | 4:02.32 |
|--------|----------------------------|-----------------------------------|
| LW: 8 | Region 15 | average 1:00.58 |
| 10 | Kettia AMBROSE | SO 55.09 4/4 Sam Howell Inv |
| 21 | Kaliyah JONES | FR 55.78 4/4 Sam Howell Inv |
| | Julihanna JOHNSON | SO 1:04.91 5/3 Larry Ellis Invitc |
| | Jazmiene FERGUSON | FR 1:06.54 4/4 Sam Howell Inv |
| 9 | Cloud County (Kan.) CC | 4:02.55 |
| LW: 9 | Region 6 | average 1:00.64 |
| 1 | Rafiatu NUHU | SO 52.73 4/19 Kansas Relays |
| 12 | Nontokozo NCUBE | SO 55.19 4/12 Wichita State K. |
| | Jaelyn RUMBACK | SO 1:06.93 4/5 Friends Invitati |
| | Joella MATHILDA | SO 1:07.70 4/12 Wichita State K. |
| 10 | Neosho County (Kan.) CC | 4:02.84 |
| LW: 10 | Region 6 | average 1:00.71 |
| 41 | Vilorina TUILAWAKI | SO 57.72 4/19 Kansas Relays |
| 56 | Melania TURAGA | FR 59.48 4/19 Kansas Relays |
| 83 | Rhea FLANDERS | FR 1:01.68 3/13 Dean Pryor Invi |
| | Vaioleta LUKA | FR 1:03.96 4/19 KWU Coyote Clc |
| 11 | Pima (Ariz.) CC | 4:05.09 |
| LW: 11 | Region 1 | average 1:01.27 |
| 37 | J'layah SPELLMAN COLLINS | SO 57.38 5/1 Region I |
| 74 | Carissa HINTON | FR 1:00.83 5/1 Region I |
| 84 | Sofia CAMBRIDGE | FR 1:01.71 5/1 Region I |
| | Elsie IBARRA | FR 1:05.17 3/22 Willie Williams/ |
| 12 | Iowa Central CC | 4:05.80 |
| LW: 12 | Region 11 | average 1:01.45 |
| 44 | Mechak Linda BULA BULA | FR 58.46 4/18 Maverick Invita |
| 54 | Chadrak Belinda BULA BULA | FR 59.32 4/11 Mule Relays (ou |
| | Alivia EDENS | FR 1:02.78 4/5 South Dakota E |
| | Natalie BOGDANOVA KIROLOVA | SO 1:05.24 3/21 Reiver Rust Bus |
| 13 | Highland (Kan.) CC | 4:07.27 |
| LW: 13 | Region 6 | average 1:01.82 |
| 45 | J'Nya DEMMING | SO 58.49 4/26 Baker U. Zac Ki |
| 89 | Alyana WALLACE | SO 1:01.92 4/26 Baker U. Zac Ki |
| | Kamia MAGLORIE | FR 1:03.23 4/26 Baker U. Zac Ki |
| | Krystina CLEMONS | SO 1:03.63 3/29 Central Method |
| 14 | Bismarck State (N.D.) | 4:08.65 |
| LW: 14 | Region 13 | average 1:02.16 |
| 56 | Aliya SCHOCK | SO 59.48 4/27 U-Mary Senior L |
| 90 | Aisha ZAFFINO | SO 1:02.15 3/22 Marauders Out |
| 97 | Tiana CULMER | SO 1:02.60 3/28 Central Nebras |
| | Tsitsi KARANDA | SO 1:04.42 3/22 Marauders Out |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 400 Meters

as of 5/13/25 8:08 AM ET

| | | |
|-----------|-----------------------------------|----------------------------------|
| 15 | North Iowa Area CC | 4:12.06 |
| LW: 15 | Region 11 | average 1:03.02 |
| 68 | Tenisha HERBERT | SO 1:00.50 4/19 DeBacker Invite |
| 99 | Suzanne GUEDEYI | FR 1:02.63 4/19 DeBacker Invite |
| | Taja CONLEY | SO 1:03.75 3/28 Emporia State I |
| | Emily USHER | SO 1:05.18 5/4 Region 11/ICCA |
| 16 | Paradise Valley (Ariz.) CC | 4:14.79 |
| LW: 16 | Region 1 | average 1:03.70 |
| 66 | Chloe CANNON | FR 1:00.29 3/20 PV/ALTIS Invite |
| 98 | Aleksandra RENO | FR 1:02.61 3/20 PV/ALTIS Invite |
| | Chloe HANCOCK | FR 1:05.73 4/12 Gaucho Collegi |
| | Jaylee SPIVEY | FR 1:06.16 3/20 PV/ALTIS Invite |
| 17 | Cowley (Kan.) | 4:17.89 |
| LW: 17 | Region 6 | average 1:04.47 |
| 85 | Grace KNIGHT | FR 1:01.75 5/3 KJCCC |
| | Dayanna BRITO-HERNANDEZ | SO 1:02.91 4/19 KWU Coyote Clc |
| | Daniela LOZANO-CARDENAS | SO 1:06.36 4/19 KWU Coyote Clc |
| | Daynel CALVO | FR 1:06.87 4/19 KWU Coyote Clc |
| 18 | Muskegon (Mich.) CC | 4:20.85 |
| LW: 18 | Region 12 | average 1:05.21 |
| 82 | Olivia URBAN | FR 1:01.59 4/25 Don Kleinow Me |
| | Lauren LEE | FR 1:06.17 4/5 Golden Grizzly I. |
| | Brianna SMITH | SO 1:06.18 4/25 Don Kleinow Me |
| | Natalie ERICKSON | SR 1:06.91 4/5 Golden Grizzly I. |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 400 Meter Hurdles

as of 5/13/25 8:08 AM ET

1

Barton (Kan.) CC

4:22.00

LW: 1

Region 6

average 1:05.50

| | | | | |
|----|------------------|----|---------|---------------------|
| 4 | Natasha FOX | FR | 1:00.74 | 4/19 Johnson Cl |
| 9 | Kialia CLAIBORNE | SO | 1:02.88 | 4/19 Johnson Cl |
| 20 | Alexia WALKER | FR | 1:05.10 | 5/3 KJCCC |
| 42 | Widlife VERMILUS | SO | 1:13.28 | 4/19 KWU Coyote Clc |

2

Fort Scott (Kan.) CC

4:28.19

LW: 2

Region 6

average 1:07.05

| | | | | |
|----|-------------------|----|---------|----------------------|
| 16 | Marcy MONELL | SO | 1:04.65 | 3/20 Cougar Spring |
| 17 | Jakouria JAMERSON | SO | 1:04.89 | 4/17 Pittsburg State |
| 31 | Juaneya SYKES | SO | 1:09.00 | 4/17 Pittsburg State |
| 34 | Damaria BELL | SO | 1:09.65 | 3/20 Cougar Spring |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 800 Meters

as of 5/13/25 8:08 AM ET

| 1 | Cloud County (Kan.) CC | 8:41.38 |
|-------|--|------------------------|
| LW: 2 | ▲ 1 Region 6 | average 2:10.34 |
| 1 | Nontokozi NCUBE SO 2:07.19 | 5/9 Ward Haylett In |
| 2 | Mercy ANGAAMCHAAB SO 2:07.61 | 5/9 Ward Haylett In |
| 7 | N Vanee ANCHIKE SO 2:10.44 | 4/5 Friends Invitati |
| 21 | Amanda KOTAMBE FR 2:16.14 | 4/5 Friends Invitati |
| 2 | New Mexico JC | 8:41.99 |
| LW: 1 | ▼ 1 Region 5 | average 2:10.50 |
| 3 | Amal KACHOURI FR 2:07.84c (2:08.21A) | 4/3 Masked Rider O |
| 4 | Jody ANN MITCHELL SO 2:08.22c (2:08.60A) | 4/3 Masked Rider O |
| 8 | Emily SILVA SO 2:10.69c (2:11.08A) | 4/3 Masked Rider O |
| 18 | Tyfane MARTINS SO 2:15.24c (2:15.64A) | 5/2 Texas Tech Corl |
| 3 | Salt Lake (Utah) CC | 8:55.72 |
| LW: 3 | Region 18 | average 2:13.93 |
| 9 | Lindsey LOPES FR 2:10.80 | 4/18 Bryan Clay |
| 13 | Avery JENSEN SO 2:11.16 | 4/18 Bryan Clay |
| 20 | Elayna LOVERIDGE SO 2:15.65 | 4/18 Bryan Clay |
| 28 | Tara BOUCK FR 2:18.11 | 4/18 Bryan Clay |
| 4 | Ranger (Texas) | 9:17.92 |
| LW: 4 | Region 5 | average 2:19.48 |
| 23 | Victaline MUTAI FR 2:16.67 | 4/26 Joe Gillespie Inv |
| 33 | Alfrenique KNOWLES FR 2:18.59 | 4/26 Joe Gillespie Inv |
| 34 | Macie MORALES FR 2:19.18 | 4/26 Joe Gillespie Inv |
| 62 | Alyssa MABRY FR 2:23.48 | 3/22 Wes Kittley Invi |
| 5 | Mesa (Ariz.) CC | 9:20.40 |
| LW: 5 | Region 1 | average 2:20.10 |
| 35 | Lucy MELZER FR 2:19.70 | 4/18 ULV Leopard Im |
| 36 | Katie MUNOZ FR 2:19.95 | 4/18 ULV Leopard Im |
| 38 | Kinley JACKSON FR 2:20.30 | 5/1 Region I |
| 39 | Carmella BALDWIN SO 2:20.45 | 3/29 Cody McBride/L |
| 6 | Southern Idaho | 9:21.50 |
| LW: 6 | Region 18 | average 2:20.38 |
| 24 | Isabella BEILKE FR 2:17.07 | 4/17 Whitworth Twil |
| 44 | Kennedy KUNZ FR 2:21.27 | 4/17 Whitworth Twil |
| 45 | Aubrie BARZEE FR 2:21.45 | 4/5 UNLV Rebel Elit |
| 50 | Madelyn GIRARDO FR 2:21.71c (2:22.42A) | 4/26 Utah State Agg |
| 7 | Odessa (Texas) | 9:28.44 |
| LW: 7 | Region 5 | average 2:22.11 |
| 5 | Milicent WAFULA FR 2:09.53c (2:09.91A) | 4/3 Masked Rider O |
| 16 | Kaydeen JOHNSON FR 2:14.13c (2:14.53A) | 4/3 Masked Rider O |
| | Chloe HARSHBARGER FR 2:31.54c (2:31.98A) | 5/2 Texas Tech Corl |
| | Yvette BENAVIDES FR 2:33.24c (2:33.69A) | 5/2 Texas Tech Corl |

| 8 | Pima (Ariz.) CC | 9:31.74 |
|--------|--------------------------------|----------------------|
| LW: 8 | Region 1 | average 2:22.94 |
| 27 | Reatta DANOFF SO 2:17.79 | 5/1 Region I |
| 55 | Linda RIVERO SO 2:22.56 | 5/1 Region I |
| 65 | Ella ALLRED FR 2:23.97 | 5/1 Region I |
| 81 | Alyssa PEREZ SO 2:27.42 | 4/5 Triton |
| 9 | Iowa Central CC | 9:37.85 |
| LW: 9 | Region 11 | average 2:24.46 |
| 43 | Juliette GAVOIS FR 2:20.67 | 4/12 Mustang Distan |
| 63 | Alivia EDENS FR 2:23.83 | 4/5 South Dakota E |
| 66 | Natalie BOGDANOVA SO 2:24.62 | 3/28 Emporia State I |
| | KIRILOVA | |
| 88 | Fanny DEN UYL FR 2:28.73 | 4/25 Kip Janvrin Ope |
| 10 | Monroe-New Rochelle (N.Y.) | 9:47.67 |
| LW: 10 | Region 15 | average 2:26.92 |
| 15 | Attoya HARVEY SO 2:13.84 | 5/3 Larry Ellis Invt |
| 30 | Tanesia GARDINER FR 2:18.42 | 3/29 Raleigh Relays |
| 31 | Joy JEPLETING FR 2:18.56 | 3/29 Raleigh Relays |
| | Nthabiseng KOMANE FR 2:56.85 | 4/12 Duke Invitation |
| 11 | Hutchinson (Kan.) CC | 9:49.61 |
| LW: 11 | Region 6 | average 2:27.40 |
| 69 | Abigail GRANTHAM SO 2:24.79 | 4/19 KWU Coyote Cl |
| 74 | Ava LEMASTER FR 2:25.56 | 4/19 KWU Coyote Cl |
| 89 | Jordyn PICOLET SO 2:28.90 | 4/19 KWU Coyote Cl |
| 99 | Rio KIRVEN SO 2:30.36 | 4/12 Wichita State K |
| 12 | Paradise Valley (Ariz.) CC | 9:51.37 |
| LW: 12 | Region 1 | average 2:27.84 |
| 53 | Keira DAMRON SO 2:22.21 | 3/29 Cody McBride/L |
| 76 | Olivia COULSTON SO 2:26.01 | 5/1 Region I |
| 98 | Laynee HOLLECH FR 2:30.29 | 5/1 Region I |
| | McKenna MARTIN FR 2:32.86 | 3/29 Cody McBride/L |
| 13 | Neosho County (Kan.) CC | 9:58.86 |
| LW: 13 | Region 6 | average 2:29.72 |
| 41 | Melania TURAGA FR 2:20.52 | 4/12 Wichita State K |
| 75 | Vilorina TUILAWAKI SO 2:25.93 | 4/12 Wichita State K |
| | Amy STYLES SO 2:31.81 | 4/26 Baker U. Zac Ki |
| | Katsiaryna KALESNIK FR 2:40.60 | 4/26 Baker U. Zac Ki |
| 14 | Dodge City (Kan.) CC | 9:59.80 |
| LW: 14 | Region 6 | average 2:29.95 |
| 52 | Sarai CHAVEZ SO 2:21.80 | 5/9 Wichita State Si |
| 82 | Ava WASHINGTON SO 2:27.63 | 5/3 KJCCC |
| | Daniela CERDA FR 2:34.54 | 4/4 Emporia State I |
| | Caylee MAY SO 2:35.83 | 4/12 Wichita State K |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 800 Meters

as of 5/13/25 8:08 AM ET

| | | |
|------------|------------------------------------|---|
| 15 | Lansing (Mich.) CC | 10:00.26 |
| LW: 15 | Region 12 | average 2:30.06 |
| 11 | Daisy SPEET | FR 2:10.97 5/10 St. Francis Figh |
| | Faith SWENOR | FR 2:31.91 4/12 Davenport Pant |
| | kristina WILDE | SO 2:33.64 4/25 Don Kleinow Me |
| | Paige KLOHA | FR 2:43.74 4/12 Davenport Pant |
| 16 | Vincennes (Ind.) | 10:10.48 |
| LW: 20 ▲ 4 | Region 24 | average 2:32.62 |
| 37 | Sara BELGACEM | FR 2:20.14 5/3 Music City Outd |
| 94 | Jasmyn SELF | SO 2:29.66 5/9 Sycamore Open |
| | Adi FULLER | SO 2:36.89 4/19 Indiana State G |
| | Allie BLACK | FR 2:43.79 5/9 Sycamore Open |
| 17 | Garden City (Kan.) CC | 10:14.02 |
| LW: 16 ▼ 1 | Region 6 | average 2:33.50 |
| 46 | Meryeme MAI | FR 2:21.53c (2:21.94A) 4/3 Masked Rider O |
| 64 | Beverlyne KIPTARUS | SO 2:23.85 5/3 KJCCC |
| | Reid HARVEY-MCKEAN | FR 2:35.62c (2:36.07A) 4/3 Masked Rider O |
| | Joscelyn MONARREZ | SO 2:53.02c (2:53.53A) 4/3 Masked Rider O |
| 18 | Jacksonville (Texas) | 10:14.84 |
| LW: 17 ▼ 1 | Region 14 | average 2:33.71 |
| 72 | Mattie BURNS | SO 2:25.10 4/26 J. Fred Duckett |
| | Bryanna DANAS | FR 2:31.87 4/19 Dan Veach Invit |
| | Cruzita AVILA | SO 2:34.24 4/19 Dan Veach Invit |
| | Alyssa BRYANT | FR 2:43.63 4/19 Dan Veach Invit |
| 19 | Muskegon (Mich.) CC | 10:20.91 |
| LW: 18 ▼ 1 | Region 12 | average 2:35.23 |
| | Olivia URBAN | FR 2:33.71 4/19 Al Owens Classi |
| | Lauren LEE | FR 2:34.62 4/5 Golden Grizzly I |
| | Naomi KIPKECH | FR 2:35.03 4/19 Al Owens Classi |
| | Kierra FLEGEL | SO 2:37.55 4/5 Golden Grizzly I |
| 20 | North Central Texas | 10:21.09 |
| LW: 19 ▼ 1 | Region 5 | average 2:35.27 |
| 26 | Glorie KABUIN | SO 2:17.63 4/26 Joe Gillespie Inv |
| 76 | Ivy KUMAI | FR 2:26.01 4/26 Joe Gillespie Inv |
| | Naomi CHEBET | SO 2:40.75 3/1 CenTex Invite |
| | Cutter SMITH | FR 2:56.70 3/1 CenTex Invite |
| 21 | Bismarck State (N.D.) | 10:24.29 |
| LW: 21 | Region 13 | average 2:36.07 |
| 51 | Ava STAFFORD | SO 2:21.78 4/27 U-Mary Senior L |
| 97 | Paysha REX | SO 2:30.19 5/3 U-Mary Last Ch |
| | Kaitlyn BANCROFT | SO 2:43.79 5/3 U-Mary Last Ch |
| | Sophia FAFARD | FR 2:48.53 4/27 U-Mary Senior L |
| 22 | UA Rich Mountain (Ark.) | 10:28.18 |
| LW: 22 | Region 2 | average 2:37.05 |
| 25 | Sharon STRYDOM | SO 2:17.47 5/9 Arkansas Twilig |
| | Darcy VINEYARD | FR 2:34.02 4/12 Carl Kight Invi |
| | Avery CARTER | FR 2:42.15 4/12 Carl Kight Invi |
| | Annabelle CUPPS | FR 2:54.54 3/8 Harding Invi |
| 23 | Hill (Texas) | 10:38.26 |
| LW: 23 | Region 5 | average 2:39.56 |
| | Laila VAZQUEZ | SO 2:33.48 4/26 J. Fred Duckett |
| | Elaina MCCULLOCH | FR 2:36.91 4/26 J. Fred Duckett |
| | Aimee CLARKE | FR 2:42.36 3/1 CenTex Invite |
| | Avery MCCOY | FR 2:45.51 4/5 Bill Schmidt Cl |
| 24 | Trinidad State (Colo.) | 10:38.60 |
| LW: 24 | Region 9 | average 2:39.65 |
| 61 | Barbara NEIVA | SO 2:23.39c (2:24.16A) 5/3 CSU Pueblo Las |
| | Carli VALDEZ | SO 2:41.18c (2:42.04A) 3/29 Chuck Haering |
| | Shania CHAVEZ | SO 2:43.62c (2:44.50A) 3/29 Chuck Haering |
| | Kaylee TUCKER | FR 2:50.41c (2:51.32A) 5/3 CSU Pueblo Las |
| 25 | Marion Military Institute (| 10:48.43 |
| LW: 25 | Region 22 | average 2:42.11 |
| | Adaysha HOLLINNESS | FR 2:31.97 4/20 Mountain Laure |
| | Sipriana HILL | SO 2:41.70 4/27 South Alabama |
| | Jakiyia SEALEY | SO 2:45.61 4/27 South Alabama |
| | Lauren CLAYTON | FR 2:49.15 4/5 Doc Anderson I |
| 26 | Southeastern (Iowa) CC | 10:54.26 |
| LW: 26 | Region 11 | average 2:43.56 |
| | Arianna PEDRIN | SO 2:38.41 3/28 Central (Iowa) L |
| | Paetyn WIEGAND | FR 2:39.83 4/12 Mustang Distan |
| | Rylee OLSEN | FR 2:41.35 4/12 Mustang Distan |
| | Aubrey KUNTZ | FR 2:54.67 5/4 Region 11/ICCA |
| 27 | Highland (Kan.) CC | 10:57.89 |
| LW: 27 | Region 6 | average 2:44.47 |
| 92 | Alyana WALLACE | SO 2:28.96 4/19 Kansas Relays |
| | Samantha PRESAS | SO 2:47.13 4/19 Kansas Relays |
| | J'Nya DEMMING | SO 2:49.41 3/22 Spire Distance |
| | Berlynn BLACK | SO 2:52.39 5/3 KJCCC |
| 28 | North Iowa Area CC | 11:00.63 |
| LW: 28 | Region 11 | average 2:45.16 |
| | Juliana DROLL | SO 2:34.36 5/4 Region 11/ICCA |
| | Olivia SPURLING | FR 2:36.63 4/25 Grand View Viki |
| | Bridget CANTON | FR 2:49.19 3/28 Emporia State I |
| | Cloey USHER | SO 3:00.45 4/25 Grand View Viki |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 1500 Meters

as of 5/13/25 8:08 AM ET

| 1 | Odessa (Texas) | 18:09.14 |
|-------|------------------|---|
| LW: 1 | Region 5 | average 4:32.28 |
| 1 | Milicent WAFULA | FR 4:23.63 3/29 Texas Relays |
| 6 | Kaydeen JOHNSON | FR 4:31.96 3/29 Texas Relays |
| 7 | Elizabeth ILANDA | FR 4:34.97c (4:38.64A) 4/26 SPC Texan Invit |
| 14 | Salma SADDOUNG | FR 4:38.58 3/22 West Texas Rel |

| 2 | Salt Lake (Utah) CC | 18:33.31 |
|-------|---------------------------------|---|
| LW: 2 | Region 18 | average 4:38.33 |
| 8 | Elayna LOVERIDGE | SO 4:35.72 4/18 Bryan Clay |
| 13 | Lindsey LOPES | FR 4:38.04c (5:06.30A) 5/2 Robison Invitati |
| 15 | Angelina LIONE | FR 4:38.63c (5:07.10A) 3/28 Utah Valley Col |
| 17 | Angela Denisse SALADO FERNANDEZ | SO 4:40.92c (5:09.63A) 3/28 Utah Valley Col |

| 3 | Iowa Western CC | 18:46.16 |
|-------|------------------|-------------------------------|
| LW: 3 | Region 11 | average 4:41.54 |
| 2 | Juliana SAKAT | FR 4:29.90 5/4 Region 11/ICCA |
| 12 | Hafssa BOUTRICH | FR 4:37.52 5/4 Region 11/ICCA |
| 32 | Angeline ESTRADA | SO 4:46.99 4/18 Bryan Clay |
| 49 | Wijdane INZALINE | FR 4:51.75 5/4 Region 11/ICCA |

| 4 | New Mexico JC | 18:48.46 |
|-------|--------------------|---|
| LW: 4 | Region 5 | average 4:42.12 |
| 9 | Jody ANN MITCHELL | SO 4:36.85 4/19 Johnson Cl |
| 16 | Ines MRABET | FR 4:39.12c (4:42.50A) 5/2 Texas Tech Cor |
| 19 | Francesca ALVARADO | SO 4:42.16 4/19 Johnson Cl |
| 40 | Emilly SILVA | SO 4:50.33 4/19 Johnson Cl |

| 5 | Southern Idaho | 19:15.00 |
|-------|-----------------|--|
| LW: 5 | Region 18 | average 4:48.75 |
| 23 | Laurie DAVIDSON | FR 4:43.38c (5:12.44A) 4/11 Weber State Sp |
| 36 | Sage LYON | FR 4:48.70c (5:18.31A) 4/11 Weber State Sp |
| 38 | Aubrie BARZEE | FR 4:49.86c (4:55.76A) 4/26 Utah State Agg |
| 60 | Lillian NEFF | SO 4:53.06c (5:23.12A) 4/11 Weber State Sp |

| 6 | Mesa (Ariz.) CC | 19:27.02 |
|-------|------------------|----------------------------------|
| LW: 6 | Region 1 | average 4:51.76 |
| 39 | Carmella BALDWIN | SO 4:50.31 5/1 Region I |
| 45 | Lucy MELZER | FR 4:51.34 3/22 Willie Williams/ |
| 52 | Kinley JACKSON | FR 4:52.40 3/22 Willie Williams/ |
| 58 | Katie MUNOZ | FR 4:52.97 4/5 Triton |

| 7 | Ranger (Texas) | 19:30.67 |
|-------|-----------------|---|
| LW: 7 | Region 5 | average 4:52.67 |
| 20 | Victaline MUTAI | FR 4:42.69c (4:46.11A) 4/3 Masked Rider O |
| 44 | Macie MORALES | FR 4:51.10 4/26 Joe Gillespie Inv |
| 59 | Alyssa MABRY | FR 4:53.00c (4:56.55A) 4/3 Masked Rider O |
| 85 | Stella LAGAT | FR 5:03.88c (5:07.56A) 4/3 Masked Rider O |

| 8 | Paradise Valley (Ariz.) CC | 19:37.95 |
|-------|----------------------------|--------------------------------|
| LW: 8 | Region 1 | average 4:54.49 |
| 31 | Keira DAMRON | SO 4:46.46 3/29 Cody McBride/L |
| 41 | Olivia COULSTON | SO 4:50.52 3/29 Cody McBride/L |
| 43 | Laynee HOLLECH | FR 4:50.86 3/29 Cody McBride/L |
| | McKenna MARTIN | FR 5:10.11 4/18 ULV Leopard In |

| 9 | Iowa Central CC | 19:40.43 |
|-------|----------------------------|---------------------------------|
| LW: 9 | Region 11 | average 4:55.11 |
| 25 | Abbigail (Abbi) HUTCHINSON | FR 4:43.85 4/11 Mule Relays (ou |
| 65 | Juliette GAVOIS | FR 4:55.93 4/12 Mustang Distan |
| 73 | Imane JOURJI | FR 4:59.60 4/25 Kip Janvrin Ope |
| 78 | Alivia EDENS | FR 5:01.05 4/12 Mustang Distan |

| 10 | Pima (Ariz.) CC | 19:58.33 |
|--------|-----------------|----------------------------------|
| LW: 10 | Region 1 | average 4:59.58 |
| 24 | Reatta DANOFF | SO 4:43.59 5/1 Region I |
| 54 | Linda RIVERO | SO 4:52.54 3/22 Willie Williams/ |
| 61 | Ella ALLRED | FR 4:54.36 5/1 Region I |
| | Alyssa PEREZ | SO 5:27.84 3/22 Willie Williams/ |

| 11 | Crowder (Mo.) | 19:58.78 |
|--------|----------------|---------------------------------|
| LW: 11 | Region 16 | average 4:59.69 |
| 29 | Videlda JEBET | FR 4:45.08 4/19 Kansas Relays |
| 53 | Faith JEPTOO | SO 4:52.44 4/25 McDonnell Inv |
| 63 | Mercy KIBUIGUT | FR 4:55.15 4/25 McDonnell Inv |
| | Katie JARRETT | FR 5:26.11 4/26 Baker U. Zac Ki |

| 12 | Vincennes (Ind.) | 20:36.74 |
|--------|------------------|---------------------------------|
| LW: 12 | Region 24 | average 5:09.19 |
| 42 | Sara BELGACEM | FR 4:50.67 5/3 Music City Outd |
| 91 | Adi FULLER | SO 5:05.90 4/19 Indiana State G |
| | Alexis HALE | FR 5:17.70 4/27 Clark Wood Invi |
| | Jasmyn SELF | SO 5:22.47 3/29 Pacesetter Spo |

| 13 | Dodge City (Kan.) CC | 20:41.69 |
|--------|----------------------|---------------------------------|
| LW: 13 | Region 6 | average 5:10.42 |
| 90 | Ava WASHINGTON | SO 5:05.21 4/12 Wichita State K |
| 97 | Sarai CHAVEZ | SO 5:07.69 4/4 Emporia State I |
| | Daniela CERDA | FR 5:09.38 4/4 Emporia State I |
| | Teressa MARTINEZ | SO 5:19.41 4/12 Wichita State K |

| 14 | Butler (Kan.) CC | 20:42.43 |
|--------|---------------------|--------------------------------|
| LW: 14 | Region 6 | average 5:10.61 |
| 46 | Elizabeth HERNANDEZ | SO 4:51.36 4/19 KWU Coyote Clc |
| | Alison UNRUH | SO 5:11.04 4/19 KWU Coyote Clc |
| | Valyrie FREEMAN | SO 5:16.68 4/19 KWU Coyote Clc |
| | Alexa MARSHALL | FR 5:23.35 4/19 KWU Coyote Clc |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 1500 Meters

as of 5/13/25 8:08 AM ET

| | | | | | |
|-----------|-------------------------------|----------------------|-----------|-----------------------------|------------------------|
| 15 | Hill (Texas) | 21:00.77 | 22 | Jacksonville (Texas) | 22:48.02 |
| LW: 15 | Region 5 | average 5:15.19 | LW: 22 | Region 14 | average 5:42.00 |
| | Aimee CLARKE | FR 5:09.14 | | Mattie BURNS | SO 5:24.43 |
| | Angela CORONADO | FR 5:13.79 | | Logan PEVEHOUSE | SO 5:47.01 |
| | Katie GARZA | FR 5:15.54 | | Cruzita AVILA | SO 5:47.59 |
| | Elaina MCCULLOCH | FR 5:22.30 | | Cathy SAAVEDRA | FR 5:48.99 |
| | | 4/26 J. Fred Duckett | | | 4/19 Dan Veach Invit |
| 16 | Cowley (Kan.) | 21:12.58 | 23 | Cuyahoga (Ohio) CC | 24:10.33 |
| LW: 16 | Region 6 | average 5:18.14 | LW: 23 | Region 12 | average 6:02.58 |
| | 69 Kayli MYERS | SO 4:57.97 | | Hannah CUNNINGHAM | SO 5:32.29 |
| | Savannah FISCHER | SO 5:09.57 | | Ciara MAY | FR 5:36.34 |
| | Daniela LOZANO-CARDENAS | SO 5:32.48 | | Scarlet CAREY | FR 6:15.77 |
| | Pauline ALTHOFF | FR 5:32.56 | | Holly MILBRANDT | FR 6:45.93 |
| | | 5/3 KJCCC | | | 3/22 Ed Fry Invitation |
| 17 | North Central Texas | 21:22.47 | 24 | Macomb (Mich.) CC | 24:24.52 |
| LW: 17 | Region 5 | average 5:20.62 | LW: 24 | Region 12 | average 6:06.13 |
| | 82 Glorie KABUIN | SO 5:02.75 | | Emma DELL | FR 5:10.12 |
| | 86 Ivy KUMAIS | FR 5:03.89 | | Kelsey ETTTEL | FR 5:56.96 |
| | Gloria JESANG | SO 5:37.33 | | Lisaleen UNG | FR 6:20.89 |
| | Naomi CHEBET | SO 5:38.50 | | Vanessa SAYERS | FR 6:56.55 |
| | | 4/13 Jet Relays | | | 4/19 Elaine Leigh Inv |
| 18 | Lansing (Mich.) CC | 21:25.14 | | | |
| LW: 18 | Region 12 | average 5:21.28 | | | |
| | 30 Daisy SPEET | FR 4:46.28 | | | |
| | Faith SWENOR | FR 5:30.31 | | | |
| | Paige KLOHA | FR 5:33.34 | | | |
| | Jadyn YONCHEWSKI | SO 5:35.21 | | | |
| | | 4/25 Don Kleinow Me | | | |
| 19 | Muskegon (Mich.) CC | 22:01.82 | | | |
| LW: 19 | Region 12 | average 5:30.45 | | | |
| | Lauren LEE | FR 5:20.59 | | | |
| | Naomi KIPKECH | FR 5:23.76 | | | |
| | Kierra FLEGEL | SO 5:26.35 | | | |
| | Reagan RUEL | FR 5:51.12 | | | |
| | | 4/5 Golden Grizzly I | | | |
| 20 | Allen (Kan.) CC | 22:36.20 | | | |
| LW: 20 | Region 6 | average 5:39.05 | | | |
| | Lillyan GEROW | JR 5:15.76 | | | |
| | Marilena ZUNIGA | JR 5:25.90 | | | |
| | Emma CUBIT | FR 5:45.95 | | | |
| | Joules PAYAN | FR 6:08.59 | | | |
| | | 3/28 Emporia State I | | | |
| 21 | Southeastern (Iowa) CC | 22:41.25 | | | |
| LW: 21 | Region 11 | average 5:40.31 | | | |
| | Paetyn WIEGAND | FR 5:14.26 | | | |
| | Rylee OLSEN | FR 5:33.75 | | | |
| | Chloe FERNEAU | FR 5:39.50 | | | |
| | Ella SCHROEDER | SO 6:13.74 | | | |
| | | 4/12 Mustang Distan | | | |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Steeplechase

as of 5/13/25 8:08 AM ET

1 Salt Lake (Utah) CC 45:50.56

LW: 1 Region 18 average 11:27.64

| | | | | |
|----|------------------|----|----------|----------------------|
| 4 | Melanie ANDERSON | FR | 11:06.23 | 4/5 Stanford Inv |
| 8 | Marjie RICHARDS | FR | 11:26.40 | 4/5 Mike Fanelli Trc |
| 12 | Tabetha HENRIE | FR | 11:35.20 | 4/5 Mike Fanelli Trc |
| 19 | Katie REAVELEY | FR | 11:42.73 | 4/5 Mike Fanelli Trc |

2 Southern Idaho 46:41.85

LW: 2 Region 18 average 11:40.46

| | | | | |
|----|---------------------|----|----------------------|----------------------|
| 10 | Rozzlyn CAZIER | SO | 11:31.04 | 4/17 Whitworth Twil |
| 17 | Laynee ROWLEY | SO | 11:41.45 | 4/17 Whitworth Twil |
| 18 | Aubrie BARZEE | FR | 11:42.69 (11:59.27A) | 4/11 Weber State Sp. |
| 21 | Stephania HERNANDEZ | SO | 11:46.67 (12:02.58A) | 5/2 Robison Invitati |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 5000 Meters

as of 5/13/25 8:08 AM ET

| | | |
|-----------|---------------------------------|--|
| 1 | Odessa (Texas) | 1:08:09 |
| LW: 1 | Region 5 | average 17:02.37 |
| 1 | Elizabeth ILANDA | FR 16:27.59 3/29 Texas Relays |
| 2 | Milicent WAFULA | FR 16:27.64 4/12 Jo Meaker Class |
| 10 | Salma SADDOUNG | FR 17:27.02 4/12 Jo Meaker Class |
| 17 | Lilian MATEO | SO 17:47.21 4/12 Jo Meaker Class |
| 2 | Salt Lake (Utah) CC | 1:08:51 |
| LW: 2 | Region 18 | average 17:12.77 |
| 4 | Angela Denisse SALADO FERNANDEZ | SO 16:56.59 4/18 Bryan Clay |
| 6 | Melanie ANDERSON | FR 17:06.14 4/18 Bryan Clay |
| 7 | Angelina LIONE | FR 17:07.14 4/18 Bryan Clay |
| 11 | Lindsie FAUSETT | SO 17:41.22 4/18 Bryan Clay |
| 3 | Ranger (Texas) | 1:12:59 |
| LW: 3 | Region 5 | average 18:14.63 |
| 18 | Victaline MUTAI | FR 17:48.61 (18:03.34A) 4/3 Masked Rider O |
| 26 | Stella LAGAT | FR 17:56.52 4/26 Joe Gillespie Inv |
| 37 | Macie MORALES | FR 18:23.69 4/12 Carl Kight Invitc |
| 51 | Myla GREENZWEIG | SO 18:49.69 4/12 Carl Kight Invitc |
| 4 | Southern Idaho | 1:14:30 |
| LW: 4 | Region 18 | average 18:37.47 |
| 15 | Lillian NEFF | SO 17:44.92 (18:10.74A) 5/2 Robison Invitati |
| 25 | Rozzlyn CAZIER | SO 17:55.93 (18:20.54A) 5/3 Idaho State Ber |
| 57 | Sage LYON | FR 19:04.89 4/5 UNLV Rebel Elit |
| 70 | Laynee ROWLEY | SO 19:44.13 4/5 UNLV Rebel Elit |
| 5 | Butler (Kan.) CC | 1:16:45 |
| LW: 5 | Region 6 | average 19:11.20 |
| 24 | Elizabeth HERNANDEZ | SO 17:54.68 3/29 Bobcat Invitatic |
| 52 | Alison UNRUH | SO 18:53.08 3/29 Bobcat Invitatic |
| 67 | Valyrie FREEMAN | SO 19:39.24 3/22 Spire Distance C |
| 84 | Alexa MARSHALL | FR 20:17.82 3/22 Spire Distance C |
| 6 | Crowder (Mo.) | 1:17:34 |
| LW: 6 | Region 16 | average 19:23.47 |
| 32 | Faith JEPTOO | SO 18:16.10 4/5 Friends Invitatic |
| 38 | Mercy KIBUIGUT | FR 18:25.22 4/11 Mule Relays (ou |
| 82 | Audrey FLETCHER | FR 20:14.10 4/26 Baker U. Zac Ki |
| 91 | Jasmine HAYES | FR 20:38.48 4/17 Pittsburg State |
| 7 | Pima (Ariz.) CC | 1:18:44 |
| LW: 7 | Region 1 | average 19:40.99 |
| 53 | Reatta DANOFF | SO 18:57.65 5/1 Region I |
| 68 | Linda RIVERO | SO 19:39.32 5/1 Region I |
| 77 | Elexia ARAGON | FR 19:57.86 3/22 Willie Williams/ |
| 81 | Elizabeth COPPOLA | FR 20:09.12 3/22 Willie Williams/ |
| 8 | Central Arizona | 1:20:39 |
| LW: 8 | Region 1 | average 20:09.72 |
| 50 | Jessica VIERA | SO 18:43.55 4/5 Triton |
| 75 | Tatyana ENRIQUEZ | FR 19:53.97 3/29 Cody McBride/L |
| 95 | Reshila CURLEY | FR 20:51.40 3/22 Willie Williams/ |
| | Megan TSABETSAYE | SO 21:09.96 4/12 Gaucho Collegi |
| 9 | Macomb (Mich.) CC | 1:20:51 |
| LW: 9 | Region 12 | average 20:12.77 |
| 40 | Ava LAMILZA | SO 18:27.25 4/5 Golden Grizzly I |
| 64 | Emma DELL | FR 19:20.79 4/5 Golden Grizzly I |
| 76 | Erin ROWAN | FR 19:57.53 4/5 Golden Grizzly I |
| | Kelsey ETTTEL | FR 23:05.52 4/5 Golden Grizzly I |
| 10 | Lansing (Mich.) CC | 1:21:42 |
| LW: 10 | Region 12 | average 20:25.57 |
| 48 | Daisy SPEET | FR 18:38.92 4/19 Elaine Leigh Inv |
| 93 | Faith SWENOR | FR 20:43.99 4/19 Elaine Leigh Inv |
| | Paige KLOHA | FR 21:08.34 4/19 Elaine Leigh Inv |
| | Jadyn YONCHEWSKI | SO 21:11.03 4/19 Elaine Leigh Inv |
| 11 | Muskegon (Mich.) CC | 1:22:02 |
| LW: 11 | Region 12 | average 20:30.45 |
| 60 | Naomi KIPKECH | FR 19:15.56 4/25 Don Kleinow Me |
| 80 | Lauren LEE | FR 20:04.06 4/25 Don Kleinow Me |
| 98 | Reagan RUEL | FR 20:56.09 4/25 Don Kleinow Me |
| | Kierra FLEGEL | SO 21:46.10 4/25 Don Kleinow Me |
| 12 | North Central Texas | 1:23:26 |
| LW: 12 | Region 5 | average 20:51.40 |
| 58 | Glorie KABUIN | SO 19:05.59 3/29 Oklahoma Bapi |
| 89 | Naomi CHEBET | SO 20:28.34 3/29 Oklahoma Bapi |
| 94 | Gloria JESANG | SO 20:48.69 3/29 Oklahoma Bapi |
| | Cutter SMITH | FR 23:02.97 3/29 Oklahoma Bapi |
| 13 | Dodge City (Kan.) CC | 1:24:49 |
| LW: 13 | Region 6 | average 21:12.16 |
| 85 | Teresa MARTINEZ | SO 20:20.11 4/4 Emporia State I |
| | Ava WASHINGTON | SO 21:28.09 3/29 Bronbuster Inv |
| | Ivy WASHINGTON | SO 21:28.76 3/29 Bronbuster Inv |
| | Daniela CERDA | FR 21:31.67 3/29 Bronbuster Inv |
| 14 | Southeastern (Iowa) CC | 1:26:18 |
| LW: 14 | Region 11 | average 21:34.46 |
| 78 | Paetyn WIEGAND | FR 20:02.33 4/12 Mustang Distan |
| 92 | Chloe FERNEAU | FR 20:41.42 4/5 Cornell College |
| 97 | Rylee OLSEN | FR 20:55.74 4/12 Mustang Distan |
| | Ella SCHROEDER | SO 24:38.37 4/12 Mustang Distan |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's 10,000 Meters

as of 5/13/25 8:08 AM ET

1 Salt Lake (Utah) CC 2:26:23

LW: 1 Region 18 average 36:35.73

3 Angela Denisse SALADO SO **35:35.80** 4/5 Mike Fanelli Trc
FERNANDEZ**4** Angelina LIONE FR **36:08.76** 4/5 Mike Fanelli Trc**6** Lindsie FAUSETT SO **37:06.50** 4/5 Mike Fanelli Trc**10** Alix CRAWFORD FR **37:31.84** 4/5 Mike Fanelli Trc**2 Iowa Western CC 2:30:03**

LW: 2 Region 11 average 37:30.69

1 Juliana SAKAT FR **33:23.71** 4/18 Bryan Clay**11** Elizabeth EWUSIE FR **37:39.89** 5/4 Region 11/ICCA**17** Wijdane INZALINE FR **38:43.56** 4/18 ULV Leopard Im**28** Ayianna OLIVAS SO **40:15.61** 4/12 Wichita State K.**3 Pima (Ariz.) CC 2:44:42**

LW: 3 Region 1 average 41:10.46

23 Reatta DANOFF SO **39:40.04** 5/1 Region I**27** Linda RIVERO SO **40:14.18** 5/1 Region I**33** Elexia ARAGON FR **42:01.74** 4/5 Triton**36** Elizabeth COPPOLA FR **42:45.88** 4/5 Triton



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's High Jump

as of 5/13/25 8:08 AM ET

| | | | |
|-----------|-------------------------------|----------------------|---------------------------|
| 1 | Pima (Ariz.) CC | 6.49m | 21-3½ |
| LW: 1 | Region 1 | average 1.62m | 5-3¾ |
| 2 | Isabel GREEN | SO 1.66m | 5-5¼ 5/1 Region I |
| 6 | April NECAISE | SO 1.63m | 5-4¼ 4/18 Aztec Outdoor |
| 6 | Janiya ROSS | SO 1.63m | 5-4¼ 4/18 Aztec Outdoor |
| 16 | Tyler WASHINGTON | SO 1.57m | 5-1¾ 4/12 Gaucho Collegi |
| 2 | Cloud County (Kan.) CC | 6.11m | 20-½ |
| LW: 2 | Region 6 | average 1.53m | 5-0 |
| 6 | Cordaelia WILLIAMS | SO 1.63m | 5-4¼ 5/3 KJCCC |
| 17 | Chenessa DAVIS | SO 1.55m | 5-1 3/29 Mark A. Phillips |
| 26 | Tahlia LIENERT | FR 1.51m | 4-11½ 5/3 KJCCC |
| 41 | Carlie CARLGREN | FR 1.42m | 4-7¾ 5/3 KJCCC |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Pole Vault

as of 5/13/25 8:08 AM ET

| | | | | |
|----------|----------------------------|----|---------------|---|
| 1 | Iowa Central CC | | 9.15m | 30-¹/₄ |
| LW: 1 | Region 11 | | average 2.29m | 7-6 |
| 24 | Eden BROUWERS | FR | 2.55m | 8-4 ¹ / ₄ 5/4 Region 11/ICCA |
| 24 | Abbigail (Abbi) HUTCHINSON | FR | 2.55m | 8-4 ¹ / ₄ 5/4 Region 11/ICCA |
| 30 | Kira MESSERLY | FR | 2.10m | 6-10 ³ / ₄ 5/4 Region 11/ICCA |
| 31 | Chadrak Belinda BULA BULA | FR | 1.95m | 6-4 ³ / ₄ 5/4 Region 11/ICCA |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Long Jump

as of 5/13/25 8:08 AM ET

| | | | |
|----------|-------------------------|---------------|---------------------------------|
| 1 | Barton (Kan.) CC | 23.27m | 76-4¼ |
| LW: 1 | Region 6 | average 5.82m | 19-1 |
| 1 | Celine RIDDLE | FR 6.07mw | 19-11 (2.1) 4/19 Johnson Cl |
| 3 | Alexia WALKER | FR 6.01m | 19-8¾ (0.0) 5/1 KJCCC |
| 9 | Chloe PERRYMAN | SO 5.71mw | 18-8¾ (2.5) 4/19 Johnson Cl |
| 28 | Kymia BRIDGETT | FR 5.48m | 7-11¾ (1.7) 4/4 John Jacobs Inv |

| | | | |
|----------|-----------------------------|---------------|----------------------------------|
| 2 | South Plains (Texas) | 22.57m | 74-¾ |
| LW: 2 | Region 5 | average 5.64m | 18-6¼ |
| 2 | Sydney ROQUEBRUN | SO 6.03m | 19-9½ (0.9) 4/25 SPC Texan Invit |
| 10 | Juwonna WHITEHORNE | FR 5.64m | 18-6 (1.3) 3/22 West Texas Relc |
| 18 | Ruth AGADAMA | SO 5.57m | 18-3¼ (0.2) 4/3 Masked Rider O |
| 40 | Abril OKON | SO 5.33mw | 17-6 (2.9) 4/12 Jo Meaker Clas |

| | | | |
|----------|------------------------|---------------|----------------------------------|
| 3 | Iowa Western CC | 22.48m | 73-9 |
| LW: 3 | Region 11 | average 5.62m | 18-5¼ |
| 4 | Sakina UMAR | SO 5.99m | 19-8 (0.6) 3/29 Bobcat Invitatio |
| 7 | Mercy HONESTY | SO 5.87m | 19-3¼ (1.0) 5/2 Region 11/ICCA |
| 8 | Taeja BARTEE | FR 5.75mw | 8-10½ (3.1) 5/2 Region 11/ICCA |
| 69 | Elfie SANOGO | FR 4.87m | 5-11¾ (1.9) 3/21 Reiver Rust Bus |

| | | | |
|----------|-------------------------------|---------------|----------------------------------|
| 4 | Cloud County (Kan.) CC | 21.85m | 71-8¼ |
| LW: 4 | Region 6 | average 5.46m | 17-11¼ |
| 13 | Nanhi PANNU | FR 5.62mw | 18-5¼ (2.4) 5/3 KJCCC |
| 26 | Tahlia LIENERT | FR 5.49m | 18-¼ (0.0) 5/3 KJCCC |
| 35 | Nele GOESL | FR 5.41mw | 17-9 (2.6) 3/29 Mark A. Phillips |
| 40 | Chenessa DAVIS | SO 5.33m | 17-6 (2.0) 4/19 Kansas Relays |

| | | | |
|----------|----------------------------|---------------|-----------------------------------|
| 5 | Richard Bland (Va.) | 21.69m | 71-2 |
| LW: 5 | Region 10 | average 5.42m | 17-9½ |
| 11 | Michaelyn FISHER | FR 5.63mw | 18-5¾ (2.9) 5/6 Liberty Twilight |
| 26 | Anijah JAMES | FR 5.49m | 18-¼ (0.4) 3/21 Fred Hardy Invi |
| 45 | Ciarra MOORE | SO 5.31mw | 17-5¼ (3.1) 4/19 Aggie Invitation |
| 47 | Shyla COOPER | FR 5.26m | 17-3¼ (0.0) 3/21 Fred Hardy Invi |

| | | | |
|----------|------------------------|---------------|--------------------------|
| 6 | Pima (Ariz.) CC | 21.35m | 70-½ |
| LW: 6 | Region 1 | average 5.34m | 17-6¼ |
| 14 | Maylee THOMPSON | SO 5.60m | 18-4½ (2.0) 4/5 Triton |
| 36 | Layla KONSKI | FR 5.40m | 17-8¾ (0.0) 5/1 Region I |
| 52 | Hannah DROEG | FR 5.20m | 17-¾ (1.2) 5/1 Region I |
| 57 | Tyler WASHINGTON | SO 5.15m | 6-10¾ (0.0) 5/1 Region I |

| | | | |
|----------|-------------------------|---------------|----------------------------------|
| 7 | State Fair (Mo.) | 21.28m | 69-9¾ |
| LW: 7 | Region 16 | average 5.32m | 17-5½ |
| 21 | Jocelyn NUNEZ | FR 5.53m | 18-1¾ (1.5) 3/22 Missouri S&T Mi |
| 25 | Layisha FREEMAN | FR 5.50m | 18-½ (1.2) 3/15 Central Method |
| 58 | Bethany SLOVENSKY | FR 5.13m | 16-10 (0.8) 3/15 Central Method |
| 59 | Sophia EDWIN | FR 5.12m | 16-9¾ (1.2) 4/11 Mule Relays (ou |

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|----------|------------------------|---------------|---------------------------------|
| 8 | Iowa Central CC | 21.20m | 69-6¾ |
| LW: 8 | Region 11 | average 5.30m | 17-4¾ |
| 4 | Maeva GOUNE TIBBOLO | FR 5.99m | 19-8 (0.5) 4/11 Mule Relays (ou |
| 38 | Zariah GREAVES | SO 5.38m | 17-8 (1.6) 5/4 Region 11/ICCA |
| 63 | Ella HOMAWOO | FR 5.00m | 16-5 (0.9) 4/11 Mule Relays (ou |
| 74 | Juliette GAVOIS | FR 4.83m | 5-10¼ (2.0) 5/4 Region 11/ICCA |

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|----------|----------------------------|---------------|-----------------------------------|
| 9 | Glendale (Ariz.) CC | 20.56m | 67-5½ |
| LW: 9 | Region 1 | average 5.14m | 16-10½ |
| 46 | Kaelyn GIARRUSSO | SO 5.30m | 17-4¾ (-2.5) 4/12 Gaucho Collegi |
| 50 | Oyindamola ADETUTU | SO 5.22m | 17-1½ (-2.5) 4/12 Gaucho Collegi |
| 55 | Aaliyah PERKINS | FR 5.19m | 17-½ (0.0) 5/1 Region I |
| 72 | Aliyah PERKINS | FR 4.85m | 15-11 (1.2) 3/22 Willie Williams/ |

| | | | |
|-----------|-----------------------------|---------------|---------------------------------|
| 10 | Dodge City (Kan.) CC | 20.05m | 65-9½ |
| LW: 11 | ▲ 1 Region 6 | average 5.01m | 16-5½ |
| 42 | Bianca GLEIM | SO 5.32mw | 17-5½ (2.8) 5/9 Wichita State S |
| 66 | Caylee MAY | SO 4.94m | 16-2½ (1.4) 5/3 KJCCC |
| 66 | Olivia LEATHERMAN | FR 4.94mw | 16-2½ (2.2) 5/9 Wichita State S |
| 72 | Sophia CALISTRO | FR 4.85mw | 15-11 (2.4) 5/3 KJCCC |

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|-----------|-----------------------------|---------------|-----------------------------------|
| 11 | Fort Scott (Kan.) CC | 20.02m | 65-8¼ |
| LW: 10 | ▼ 1 Region 6 | average 5.00m | 16-5 |
| 18 | Aalyiah LINTON | SO 5.57m | 18-3¼ (1.3) 3/20 Cougar Spring |
| 64 | Jakouria JAMERSON | SO 4.98m | 16-4¼ (0.0) 5/3 KJCCC |
| 76 | Braela SARGENT | SO 4.81m | 15-9½ (-0.8) 4/25 Kip Janvrin Ope |
| 81 | Jazz DILWORTH | FR 4.66m | 15-3½ (0.1) 5/3 KJCCC |

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|-----------|------------------------------|---------------|----------------------------------|
| 12 | Garden City (Kan.) CC | 18.80m | 61-8¼ |
| LW: 12 | Region 6 | average 4.70m | 15-5 |
| 39 | Antonica MOULTRIE | FR 5.37mw | 17-7½ (2.4) 5/3 KJCCC |
| 84 | Priscilla WEMBA | FR 4.51m | 14-9¾ (0.2) 4/3 Masked Rider O |
| 84 | Meeca CASTILLO | FR 4.51m | 14-9¾ (0.5) 3/22 West Texas Relc |
| 92 | Abby GILLEN | FR 4.41m | 14-5¾ (1.9) 4/19 KWU Coyote Clc |

| | | | |
|-----------|------------------------------------|---------------|-------------------------------------|
| 13 | Marion Military Institute (| 17.56m | 57-7½ |
| LW: 13 | Region 22 | average 4.39m | 14-5 |
| 52 | Shanaya HINTON | FR 5.20m | 17-¾ (1.8) 4/5 Doc Anderson Ir |
| 64 | Sirinity GLASPER | FR 4.98m | 16-4¼ (-0.5) 3/28 Thrills In The Hi |
| 94 | Adaysha HOLLINESS | FR 4.25m | 3-11½ (0.0) 3/28 Thrills In The Hi |
| | Raeya TOWNSEND | FR 3.13m | 10-3¼ (-1.2) 3/28 Thrills In The Hi |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Triple Jump

as of 5/13/25 8:08 AM ET

1 Hutchinson (Kan.) CC 44.61m 146-4

LW: 1 Region 6 average 11.15m 36-7¼

12 Brooke HAWKINS SO **11.68m** 38-4 (3.0) 3/29 Mark A. Phillips18 Alycea MCCOY FR **11.24m** 6-10½ (1.7) 4/19 KWU Coyote Clc22 Yaya MORENO SO **11.03m** 36-2¼ (2.6) 5/3 KJCCC27 Azariah DAWES FR **10.66m** 4-11¾ (2.5) 3/29 Mark A. Phillips**2 Pima (Ariz.) CC 41.81m 137-2**

LW: 2 Region 1 average 10.45m 34-3½

19 Layla KONSKI FR **11.16m** 36-7½ (1.3) 3/22 Willie Williams/29 April NECAISE SO **10.49m** 34-5 (-0.1) 5/1 Region I32 Tatiyanna WHITE FR **10.40m** 34-1½ (0.2) 5/1 Region I37 Julius YOUNG FR **9.76m** 32-¼ (1.9) 4/18 Aztec Outdoor



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Shot Put

as of 5/13/25 8:08 AM ET

| | | | | | |
|----------|-------------------------------|---------------|---------------|--------|-----------------------|
| 1 | Iowa Western CC | 54.82m | 179-10 | | |
| LW: 1 | Region 11 | average | 13.70m | 44-11¾ | |
| 3 | Sarai SIMPSON | SO | 15.02m | 49-3½ | 4/26 Drake Relays |
| 4 | Chin-Loy RAYMOND | SO | 14.51m | 47-7¼ | 4/12 Wichita State K. |
| 13 | Monifa EDWARDS | FR | 12.68m | 41-7¼ | 4/12 Wichita State K. |
| 14 | Lovely HIBBERT | FR | 12.61m | 41-4½ | 5/4 Region 11/ICCA |
| 2 | Central Arizona | 50.16m | 164-7 | | |
| LW: 2 | Region 1 | average | 12.54m | 41-1¾ | |
| 2 | Rejoice AGBEWODIE | SO | 15.14m | 49-8¼ | 3/29 Cody McBride/L |
| 15 | Jamelia NICHOLAS | SO | 12.42m | 40-9 | 5/1 Region I |
| 19 | Shyla-Mae CONSTABLE | FR | 11.96m | 39-3 | 5/1 Region I |
| 35 | Aliyah GIDHARRY | SO | 10.64m | 34-11 | 5/1 Region I |
| 3 | Cowley (Kan.) | 48.00m | 157-6 | | |
| LW: 3 | Region 6 | average | 12.00m | 39-4½ | |
| 5 | Cierra GRAY | SO | 13.95m | 45-9¼ | 4/19 Kansas Relays |
| 21 | Amoni EVANS | FR | 11.61m | 38-1¼ | 4/5 Friends Invitatio |
| 24 | Bree ROWE | SO | 11.41m | 37-5¼ | 4/5 Friends Invitatio |
| 29 | Jessi MCDOWELL | FR | 11.03m | 36-2¼ | 4/19 KWU Coyote Clc |
| 4 | Iowa Central CC | 45.89m | 150-7 | | |
| LW: 4 | Region 11 | average | 11.47m | 37-7¾ | |
| 7 | Unitee BROWN | FR | 13.41m | 44-0 | 3/28 Emporia State I |
| 26 | Zuriya ROBINSON | SO | 11.37m | 37-3¾ | 4/5 South Dakota E |
| 30 | Eden BROUWERS | FR | 11.01m | 36-1½ | 5/4 Region 11/ICCA |
| 45 | Ella HOMAWOO | FR | 10.10m | 33-1¾ | 5/4 Region 11/ICCA |
| 5 | South Plains (Texas) | 44.28m | 145-4 | | |
| LW: 5 | Region 5 | average | 11.07m | 36-4 | |
| 6 | Kahllah BAILEY | FR | 13.50mA | 44-3½ | 5/2 Texas Tech Corl |
| 9 | Suerena ALEXANDER | FR | 13.24mA | 43-5¼ | 2/7 SPC Wayland W |
| 58 | Abril OKON | SO | 9.54m | 31-3¾ | 4/12 Jo Meaker Clas |
| 86 | Juwonna WHITEHORNE | FR | 8.00m | 26-3 | 4/12 Jo Meaker Clas |
| 6 | Pima (Ariz.) CC | 41.85m | 137-4 | | |
| LW: 6 | Region 1 | average | 10.46m | 34-4 | |
| 27 | Morgan MOSLEY | FR | 11.18m | 36-8¼ | 4/18 Aztec Outdoor |
| 42 | Hannah DROEG | FR | 10.32m | 33-10¼ | 5/1 Region I |
| 43 | Bianca CORONA | FR | 10.29m | 33-9¼ | 5/1 Region I |
| 49 | Armani LOPEZ | FR | 10.06m | 33-¼ | 5/1 Region I |
| 7 | Cloud County (Kan.) CC | 37.42m | 122-9 | | |
| LW: 7 | Region 6 | average | 9.36m | 30-8½ | |
| 46 | Vivica ADDISON | SO | 10.09m | 33-1¼ | 3/23 Bethel (Kan.) Cc |
| 55 | Carlie CARLGREN | FR | 9.65m | 31-8 | 5/3 KJCCC |
| 74 | Tahlia LIENERT | FR | 8.84m | 29-0 | 5/3 KJCCC |
| 74 | Margherita SALA | SO | 8.84m | 29-0 | 5/3 KJCCC |
| 8 | Coffeyville (Kan.) CC | 36.86m | 120-11 | | |
| LW: 8 | Region 6 | average | 9.22m | 30-2¾ | |
| 34 | Shaniece POWELL | FR | 10.76m | 35-3¾ | 4/10 Red Raven Invit |
| 60 | Carla Kay BROWN | FR | 9.51m | 31-2½ | 5/3 KJCCC |
| 68 | Ana MANOUSARIDIS | SO | 9.16m | 30-¾ | 4/10 Red Raven Invit |
| 95 | Isabelle CULLENS | FR | 7.43m | 24-4½ | 4/5 Friends Invitatio |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Discus

as of 5/13/25 8:08 AM ET

| | | | |
|-----------|------------------------------|-----------------------|-----------------------------------|
| 1 | Iowa Western CC | 165.08m | 541-7 |
| LW: 1 | Region 11 | average 41.27m | 135-5 |
| 7 | Monifa EDWARDS | FR 47.02m | 154-3 4/25 Kip Janvrin Ope |
| 12 | Chin-Loy RAYMOND | SO 41.12m | 134-11 5/4 Region 11/ICCA |
| 13 | Lovely HIBBERT | FR 40.47m | 132-10 4/5 Concordia (Neb |
| 27 | Sarai SIMPSON | SO 36.47m | 119-8 5/4 Region 11/ICCA |
| 2 | Cowley (Kan.) | 153.64m | 504-1 |
| LW: 2 | Region 6 | average 38.41m | 126-0 |
| 11 | Bree ROWE | SO 41.71m | 136-10 3/29 Mark A. Phillips |
| 19 | Jessi MCDOWELL | FR 38.55m | 126-6 4/17 Pittsburg State |
| 20 | Cierra GRAY | SO 38.54m | 126-6 3/13 Dean Pryor Invi |
| 32 | Katie COOK | FR 34.84m | 114-4 3/29 Mark A. Phillips |
| 3 | Coffeyville (Kan.) CC | 149.00m | 488-10 |
| LW: 3 | Region 6 | average 37.25m | 122-3 |
| 6 | Carla Kay BROWN | FR 47.33m | 155-4 4/26 Rock Chalk Clas |
| 17 | Shaniece POWELL | FR 39.00m | 128-0 4/17 Pittsburg State |
| 22 | McKayla KUPLIICKI | SO 37.94m | 124-6 4/26 Rock Chalk Clas |
| 72 | Ana MANOUSARIDIS | SO 24.73m | 81-1¾ 4/10 Red Raven Invit |
| 4 | Lansing (Mich.) CC | 117.41m | 385-3 |
| LW: 4 | Region 12 | average 29.35m | 96-3¾ |
| 28 | Jada HOUGHTON | FR 35.66m | 117-0 4/25 Don Kleinow Me |
| 54 | Berkley OBERHAUS | FR 29.50m | 96-9½ 4/5 Golden Grizzly I. |
| 59 | Daisy SPEET | FR 28.13m | 92-3½ 4/12 Davenport Pant |
| 73 | Layna ATALLAH | SO 24.12m | 79-1¾ 5/11 GVSU 10-Event i |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Hammer

as of 5/13/25 8:08 AM ET

| | | | |
|-----------|------------------------------|-----------------------|------------------------------|
| 1 | New Mexico JC | 185.37m | 608-2 |
| LW: 1 | Region 5 | average 46.34m | 152-1 |
| 1 | Tania DA SILVA | SO 60.62m | 198-11 3/29 Texas Relays |
| 11 | Esteisy SALAS | SO 45.28m | 148-7 4/12 Jo Meaker Class |
| 13 | Athilia PRYCE | FR 45.08m | 147-11 4/12 Jo Meaker Class |
| 49 | Vanessa ESPARZA | SO 34.39m | 112-10 3/22 Wes Kittley Invi |
| 2 | Cowley (Kan.) | 179.65m | 589-5 |
| LW: 2 | Region 6 | average 44.91m | 147-4 |
| 4 | Mercedes GLOVER | JR 50.91m | 167-1 4/19 Kansas Relays |
| 15 | Brianna LEE | SO 44.01m | 144-5 5/3 KJCCC |
| 20 | Cierra GRAY | SO 42.78m | 140-4 3/13 Dean Pryor Invi |
| 24 | Mayce MCDONALD | SO 41.95m | 137-8 3/13 Dean Pryor Invi |
| 3 | Coffeyville (Kan.) CC | 171.93m | 564-1 |
| LW: 3 | Region 6 | average 42.98m | 141-0 |
| 5 | Ana MANOUSARIDIS | SO 50.29m | 165-0 4/17 Pittsburg State |
| 14 | McKayla KUPLICKI | SO 44.33m | 145-5 5/3 KJCCC |
| 28 | Carla Kay BROWN | FR 40.85m | 134-0 3/13 Dean Pryor Invi |
| 42 | Shaniece POWELL | FR 36.46m | 119-8 3/13 Dean Pryor Invi |
| 4 | Iowa Western CC | 156.22m | 512-7 |
| LW: 4 | Region 11 | average 39.06m | 128-2 |
| 12 | Chin-Loy RAYMOND | SO 45.13m | 148-1 5/4 Region 11/ICCA |
| 25 | Sarai SIMPSON | SO 41.72m | 136-11 4/19 UNK Loper Invi |
| 45 | Lovely HIBBERT | FR 35.97m | 118-0 4/19 UNK Loper Invi |
| 54 | Monifa EDWARDS | FR 33.40m | 109-7 4/19 UNK Loper Invi |
| 5 | Mesa (Ariz.) CC | 138.20m | 453-5 |
| LW: 5 | Region 1 | average 34.55m | 113-4 |
| 8 | Seioriana GLASS | SO 48.11m | 157-10 3/22 Willie Williams/ |
| 32 | Tiffany NUNEZ | FR 39.61m | 130-0 3/20 PV/ALTIS Invite |
| 74 | Sara JACOBSON | SR 25.54m | 83-9½ 5/1 Region I |
| 76 | Tatum MATHENY | FR 24.94m | 81-10 5/1 Region I |
| 6 | Colby (Kan.) CC | 137.30m | 450-6 |
| LW: 6 | Region 6 | average 34.33m | 112-8 |
| 19 | Alma CORDOVA | SO 43.36m | 142-3 3/29 Broncbuster Inv |
| 51 | Delal AKTAY | SO 34.27m | 112-5 3/29 Broncbuster Inv |
| 65 | Aaliyah CHAVEZ | SO 30.17m | 98-11¾ 3/22 West Texas Relc |
| 66 | Holly HYLTON | SO 29.50m | 96-9½ 3/29 Broncbuster Inv |
| 7 | Iowa Central CC | 125.61m | 412-1 |
| LW: 7 | Region 11 | average 31.40m | 103-1 |
| 18 | Zuriya ROBINSON | SO 43.43m | 142-6 4/18 Maverick Invi |
| 64 | Aaliyah PRESLEY | FR 30.32m | 99-5¾ 5/4 Region 11/ICCA |
| 72 | Unitee BROWN | FR 26.76m | 87-9½ 3/28 Emporia State I |
| 75 | Eden BROUWERS | FR 25.10m | 82-4¼ 5/4 Region 11/ICCA |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Javelin

as of 5/13/25 8:08 AM ET

| | | | |
|----------|-------------------------------|----------------|----------------------------|
| 1 | Iowa Central CC | 143.10m | 469-6 |
| LW: 1 | Region 11 | average 35.78m | 117-5 |
| 12 | Eden BROUWERS | FR 38.34m | 125-10 5/4 Region 11/ICCA |
| 15 | Zariah GREAVES | SO 36.54m | 119-11 5/4 Region 11/ICCA |
| 18 | Unitee BROWN | FR 36.01m | 118-2 4/12 Mustang Distan |
| 25 | Ella HOMAWOO | FR 32.21m | 105-8 3/28 Emporia State I |
| 2 | Pima (Ariz.) CC | 141.86m | 465-5 |
| LW: 2 | Region 1 | average 35.47m | 116-4 |
| 11 | Hannah DROEG | FR 38.76m | 127-2 5/1 Region I |
| 20 | Maylee THOMPSON | SO 35.52m | 116-7 5/1 Region I |
| 22 | April NECAISE | SO 35.29m | 115-10 3/29 Cody McBride/L |
| 24 | Armani LOPEZ | FR 32.29m | 105-11 5/1 Region I |
| 3 | Cloud County (Kan.) CC | 135.27m | 443-10 |
| LW: 3 | Region 6 | average 33.82m | 111-0 |
| 3 | Vivica ADDISON | SO 46.02m | 151-0 5/3 KJCCC |
| 26 | Carlie CARLGREN | FR 31.69m | 104-0 5/3 KJCCC |
| 33 | Piper CAMP | FR 30.16m | 98-11½ 5/3 KJCCC |
| 37 | Tahlia LIENERT | FR 27.40m | 89-10¾ 5/3 KJCCC |
| 4 | Mesa (Ariz.) CC | 133.41m | 437-9 |
| LW: 4 | Region 1 | average 33.35m | 109-5 |
| 8 | Sara JACOBSON | SR 43.20m | 141-9 3/28 Mesa Multis |
| 19 | Tatum MATHENY | FR 35.62m | 116-11 5/1 Region I |
| 27 | Emily SCHOLZ | FR 31.63m | 103-9 5/1 Region I |
| 53 | Natalia BRZEZNIAK | JR 22.96m | 75-4 5/1 Region I |



#EventSquad Rankings — 2025 Checkpoint #7, May 13

Women's Heptathlon

as of 5/13/25 8:08 AM ET

| | | |
|-------|------------------|---------------------------|
| 1 | Pima (Ariz.) CC | 16,044 |
| LW: 1 | Region 1 | average 4,011 |
| 5 | Hannah DROEG | FR 4,500 5/1 Region I |
| 7 | Maylee THOMPSON | SO 4,230 3/28 Mesa Multis |
| 15 | Layla KONSKI | FR 3,829 5/1 Region I |
| 18 | Tyler WASHINGTON | SO 3,485 5/1 Region I |