



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Kamaria KNIGHT	SO	#1 New Mexico JC	33.36		11.41	(1.6)	3/22/25	Wes Kittley Invitational
2	Adetutu ALADELOYE	SO	#19 Allen (Kan.) CC	30.72		11.49	(1.5)	3/28/25	Emporia State Relays
3	Ruth AGADAMA	SO	#6 South Plains (Texas)	28.56		11.51	(1.6)	3/22/25	West Texas Relays
4	Crystal CHAMBERS	SO	#4 Fort Scott (Kan.) CC	26.32		11.54	(1.5)	3/28/25	Emporia State Relays
5	Royanah FARMER	SO	#3 Coffeyville (Kan.) CC	24.24		11.55w	(2.8)	3/29/25	Bobcat Invitational (Texas Sta
6	Lovina EWUSI	SO	#9 Western Texas	3.85	D	11.60	(1.6)	3/22/25	Wes Kittley Invitational
7	Ranayla MOTEN	FR	#19 Allen (Kan.) CC {2}	19.77		11.61	(0.5)	3/28/25	Emporia State Relays
8	Mickayla GARDENER	FR	#8 Central Arizona	17.47		11.66	(0.8)	3/22/25	Willie Williams/Dave Murray Di
9	Zariah GREAVES	SO	#14 Iowa Central CC	15.37		11.68w	(3.1)	3/28/25	Emporia State Relays
9	Felicia AWUDI	FR	#22 Colby (Kan.) CC	15.37		11.68	(1.6)	3/22/25	West Texas Relays
11	Nandy KIHUYU	SO	#1 New Mexico JC {2}	11.16		11.72	(1.0)	3/22/25	Wes Kittley Invitational
11	Tuwana MCLEAN	FR	#1 New Mexico JC {2}	11.16		11.72	(1.6)	3/22/25	Wes Kittley Invitational
13	Sidney HOLT	FR	#17 Hutchinson (Kan.) CC	8.86		11.78w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
14	Charlize FRASER	FR	#9 Western Texas {2}	7.52		11.91	(1.6)	3/22/25	Wes Kittley Invitational
15	Judith KOUMEDZINA	SO	#10 Iowa Western CC	6.50		11.92w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
16	Zekira SNOW	SO	#18 Indian Hills (Iowa) CC	5.47		11.93	(1.5)	3/28/25	Emporia State Relays
16	Linya GEDEON	SO	#3 Coffeyville (Kan.) CC {2}	5.47		11.93	(1.5)	3/29/25	Bobcat Invitational (Texas Sta
18	Michaelyn FISHER	FR	#21 Richard Bland (Va.)	4.45		11.94	(0.8)	3/29/25	Trojan Challenge
18	Kennidra SPIGNER	FR	#20 Barton (Kan.) CC	4.45		11.94w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
20	Serena GRACE	FR	#10 Iowa Western CC {2}	3.42		11.95	(1.6)	3/29/25	Bobcat Invitational (Texas Sta
21	Kenyatta GRATE	SO	#18 Indian Hills (Iowa) CC {2}	2.87		11.97	(0.5)	3/28/25	Emporia State Relays
22	Maliah EDWARDS	SO	#1 New Mexico JC {4}	TM-4		11.98w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
23	Takelia WILLIAMS	FR	#20 Barton (Kan.) CC {2}	1.82		11.99w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
24	Destiny MITCHELL	SO	#18 Indian Hills (Iowa) CC {3}	1.30		12.00	(0.5)	3/28/25	Emporia State Relays
25	Canelia HOPE	FR	#15 Hinds (Miss.) CC	1.20		12.02	(-0.4)	3/22/25	Belhaven Invitational
26	Sydney ROQUEBRUN	SO	#6 South Plains (Texas) {2}	1.12		12.03	(1.6)	3/22/25	West Texas Relays
26	Kyja WILLIS	FR	#9 Western Texas {3}	1.12		12.03	(1.0)	3/22/25	Wes Kittley Invitational
26	Tierra WILLIAMS	FR	#3 Coffeyville (Kan.) CC {3}	1.12		12.03w	(2.1)	3/23/25	Bethel (Kan.) College Open
29	Sofia CARDOZO	JR	#13 Paradise Valley (Ariz.)	0.95		12.04	(0.1)	3/20/25	PV/ALTIS Invite
30	Dhakiya BLAKE	SO	#3 Coffeyville (Kan.) CC {4}	TM-4		12.11w	(2.1)	3/23/25	Bethel (Kan.) College Open
31	Oluwatumininu SANYAOLU	FR	#6 South Plains (Texas) {3}	0.65		12.12	(1.0)	3/29/25	Texas Relays
32	Ida SMITH	FR	#18 Indian Hills (Iowa) CC {4}	TM-4		12.13w	(3.1)	3/28/25	Emporia State Relays
32	Rayanna JOHNSON	SO	#4 Fort Scott (Kan.) CC {2}	0.60		12.13w	(3.1)	3/28/25	Emporia State Relays
34	Nakirsten HUGHES	FR	Meridian (Miss.) CC	0.50		12.14	(1.5)	3/22/25	Alumni Bulldog Relays
35	Ritorion VIGNE	SO	#15 Hinds (Miss.) CC {2}	0.45		12.24	(-1.1)	3/22/25	Belhaven Invitational
36	Andrea SHAW	SO	#4 Fort Scott (Kan.) CC {3}	0.40		12.28w	(3.3)	3/28/25	Emporia State Relays
37	Jola FELIX	SO	#25 Highland (Kan.) CC	0.35		12.30w	(2.6)	3/29/25	Central Methodist Invitational
38	Amari PRATT	SO	#1 New Mexico JC {5}	TM-5		12.33	(1.2)	3/29/25	Texas Relays
38	Ja'Kheria KELSER	FR	#3 Coffeyville (Kan.) CC {5}	TM-5		12.33w	(3.4)	3/23/25	Bethel (Kan.) College Open
40	Juwonna WHITEHORNE	FR	#6 South Plains (Texas) {4}	TM-4		12.34	(1.6)	3/22/25	West Texas Relays
40	Reagan MCKINNEY	SO	#4 Fort Scott (Kan.) CC {4}	TM-4		12.34w	(3.1)	3/28/25	Emporia State Relays
42	Anijah JAMES	FR	#21 Richard Bland (Va.) {2}	0.20		12.35	(0.8)	3/29/25	Trojan Challenge
43	Amalinaly PEMBERTON	SO	#3 Coffeyville (Kan.) CC {6}	TM-6		12.43w	(2.1)	3/23/25	Bethel (Kan.) College Open
44	Deborah OYETUNDE	FR	CCBC Essex (Md.)	0.15		12.45	(0.7)	3/29/25	Towson Invitational
45	Kavel RITCHIE	SO	#1 New Mexico JC {6}	TM-6		12.46w	(2.6)	3/29/25	Bobcat Invitational (Texas Sta
46	Jamari ERVIN	FR	#25 Highland (Kan.) CC {2}	0.10		12.47w	(2.6)	3/29/25	Central Methodist Invitational
47	Kemisha WILLIAMS-DOMINQUE	SO	#17 Hutchinson (Kan.) CC {2}	0.08		12.51w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
48	Paula DEL POZO	FR	Neosho County (Kan.)	0.05		12.53	(1.6)	3/13/25	Dean Pryor Invitational
49	Frankajha FLEMING	FR	#3 Coffeyville (Kan.) CC {7}	TM-7		12.54	(0.4)	3/13/25	Dean Pryor Invitational
49	DiaMonae THOMAS	SO	#25 Highland (Kan.) CC {3}	0.03		12.54w	(2.6)	3/29/25	Central Methodist Invitational



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Brieanna BOYCE	SO	#9 Western Texas	34.43		13.50w (2.8)	3/22/25 Wes Kittley Invitational
2	Dymonde NAVE	SO	#18 Indian Hills (Iowa) CC	31.51		13.76w (2.6)	3/28/25 Emporia State Relays
3	Lovina EWUSI	SO	#9 Western Texas {2}	29.20		13.85 (1.8)	3/29/25 Texas Relays
4	Maliah EDWARDS	SO	#1 New Mexico JC	26.83		13.96w (2.8)	3/22/25 Wes Kittley Invitational
5	Linya GEDEON	SO	#3 Coffeyville (Kan.) CC	24.76		13.98w (3.2)	3/29/25 Bobcat Invitational (Texas Sta
6	Rashema LINDO	FR	#6 South Plains (Texas)	21.72		14.44 (1.8)	3/22/25 West Texas Relays
7	Tanique TAYLOR	SO	#10 Iowa Western CC	19.66		14.47w (2.6)	3/29/25 Bobcat Invitational (Texas Sta
8	Kaelyn GIARRUSSO	SO	#24 Glendale (Ariz.) CC	17.34		14.62 (0.3)	3/29/25 Cody McBride/Distance in the
9	DiaMonae THOMAS	SO	#25 Highland (Kan.) CC	15.30		14.64 (1.9)	3/29/25 Central Methodist Invitational
10	Oluwatumininu SANYAOLU	FR	#6 South Plains (Texas) {2}	13.01		14.79 (0.6)	3/29/25 Texas Relays
11	Nanhi PANNU	FR	#11 Cloud County (Kan.) C	10.77		15.01w (4.0)	3/29/25 Mark A. Phillips Tiger Open
12	Shyla COOPER	FR	#21 Richard Bland (Va.)	9.74		15.04 (1.6)	3/29/25 Trojan Challenge
13	Damaria BELL	SO	#4 Fort Scott (Kan.) CC	8.68		15.10w (2.2)	3/28/25 Emporia State Relays
13	Alisha JACKSON	FR	Bryant & Stratton (Va.)	8.68		15.10 (0.3)	3/29/25 Seahawk Invitational
15	Dedra WOOD	FR	Bismarck State (N.D.)	6.66		15.12 (1.9)	3/22/25 Marauders Outdoor Opener
16	Hannah DROEG	FR	#2 Pima (Ariz.) CC	2.61	D	15.17 (-1.1)	3/28/25 Mesa Multis
17	Arriana JOHNSON	SO	#18 Indian Hills (Iowa) CC {2}	2.53	D	15.25 (1.2)	3/28/25 Emporia State Relays
18	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC	2.34	D	15.44 (-1.1)	3/28/25 Mesa Multis
19	Ja'Kheria KELSER	FR	#3 Coffeyville (Kan.) CC {2}	3.81		15.47 (0.8)	3/13/25 Dean Pryor Invitational
20	Layla KONSKI	FR	#2 Pima (Ariz.) CC {2}	2.22	D	15.57 (-1.1)	3/28/25 Mesa Multis
21	Madison JACKSON	FR	Coahoma (Miss.) CC	2.70		15.59 (0.4)	3/22/25 Belhaven Invitational
22	Widlife VERMILUS	SO	#20 Barton (Kan.) CC	2.18		15.61w (4.0)	3/29/25 Mark A. Phillips Tiger Open
23	Aliyah GIDHARRY	SO	#8 Central Arizona	1.67		15.62 (-1.7)	3/28/25 Mesa Multis
24	Sierra BROOKS	FR	#17 Hutchinson (Kan.) CC	1.15		15.64w (4.0)	3/29/25 Mark A. Phillips Tiger Open
25	Ella HOMAWOO	FR	#14 Iowa Central CC	0.95		15.90w (3.2)	3/28/25 Emporia State Relays
26	Eden BROUWERS	FR	#14 Iowa Central CC {2}	0.90		16.00w (4.0)	3/28/25 Emporia State Relays
27	Tyler WASHINGTON	SO	#2 Pima (Ariz.) CC {3}	0.85		16.06 (0.3)	3/29/25 Cody McBride/Distance in the
28	Michelle LEWIS	FR	Hesston (Kan.)	0.80		16.10w (4.0)	3/29/25 Mark A. Phillips Tiger Open
29	Bethany SLOVENSKY	FR	State Fair (Mo.)	0.75		16.27w (2.5)	3/29/25 SBU Bearcat Invitational
30	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {4}	TM-4		16.34 (-1.7)	3/28/25 Mesa Multis
31	Janita ANTIPINA	FR	#1 New Mexico JC {2}	0.65		16.61w (2.3)	3/29/25 Texas Relays
32	Aniya SUKU	FR	Bryant & Stratton (Va.) {2}	0.60		16.82 (-0.7)	3/22/25 Virginia Beach Spring Break In
33	Natalia BRZEZNAK	JR	#5 Mesa (Ariz.) CC {2}	0.55		16.87 (-1.7)	3/28/25 Mesa Multis
34	TaMoria SHANNON	FR	Coahoma (Miss.) CC {2}	0.50		17.65 (0.4)	3/22/25 Belhaven Invitational
35	Journey SANDER	FR	State Fair (Mo.) {2}	0.45		17.83 (2.0)	3/29/25 SBU Bearcat Invitational
36	Ciara MAY	FR	Cuyahoga (Ohio) CC	0.40		17.89 (-1.1)	3/29/25 Amy Adams Memorial Invitati
37	Jazz DILWORTH	FR	#4 Fort Scott (Kan.) CC {2}	0.35		18.16w (3.2)	3/28/25 Emporia State Relays
38	Maeva CURE	SO	#11 Cloud County (Kan.) {2}	0.30		18.93w (4.0)	3/29/25 Mark A. Phillips Tiger Open
39	Chloe HANCOCK	FR	#13 Paradise Valley (Ariz.)	0.28		19.45 (-1.1)	3/28/25 Mesa Multis
40	Anaya OWENS	SO	Ranger (Texas)	0.25		19.49w (3.1)	3/22/25 Prairie View A&M Relays
41	Leah WRIGHT	FR	#19 Allen (Kan.) CC	0.23		19.85w (3.2)	3/28/25 Emporia State Relays
42	Carrie MOORE	SO	Carroll (Md.) CC	0.20		20.87 (1.6)	3/29/25 Towson Invitational



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Charlize FRASER	FR #9	Western Texas	33.05	23.66w	(2.5)	3/22/25	Wes Kittley Invitational
2	Ranayla MOTEN	FR #19	Allen (Kan.) CC	30.94	23.69w	(3.1)	3/28/25	Emporia State Relays
3	Mickayla GARDENER	FR #8	Central Arizona	28.71	23.76	(0.2)	3/22/25	Willie Williams/Dave Murray Di
4	Oluwatumininu SANYAOLU	FR #6	South Plains (Texas)	26.67	23.77w	(3.3)	3/22/25	West Texas Relays
4	Adetutu ALADELOYE	SO #19	Allen (Kan.) CC {2}	26.67	23.77w	(3.1)	3/28/25	Emporia State Relays
6	Mekhila SANDERS	FR	Garden City (Kan.) CC	21.70	24.09w	(3.3)	3/22/25	West Texas Relays
7	Crystal CHAMBERS	SO #4	Fort Scott (Kan.) CC	19.66	24.11	(1.8)	3/28/25	Emporia State Relays
8	Nyla BLACKMON	SO #18	Indian Hills (Iowa) CC	17.41	24.22	(1.8)	3/28/25	Emporia State Relays
9	Amari PRATT	SO #1	New Mexico JC	15.08	24.37w	(3.1)	3/22/25	Wes Kittley Invitational
10	Royanah FARMER	SO #3	Coffeyville (Kan.) CC	12.95	24.43	(0.5)	3/29/25	Bobcat Invitational (Texas Sta
11	Kennidra SPIGNER	FR #20	Barton (Kan.) CC	10.81	24.53w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
12	Tierra WILLIAMS	FR #3	Coffeyville (Kan.) CC {2}	9.80	24.54	(0.8)	3/29/25	Bobcat Invitational (Texas Sta
13	Jayden PIPER	SO #4	Fort Scott (Kan.) CC {2}	8.72	24.61w	(2.7)	3/20/25	Kirk Baptiste Spring Break Invi
14	Kettia AMBROSE	SO #23	Monroe-New Rochelle	7.71	24.62	(1.4)	3/29/25	Raleigh Relays
14	Kyja WILLIS	FR #9	Western Texas {2}	7.71	24.62w	(4.0)	3/22/25	Wes Kittley Invitational
16	Felicia AWUDI	FR #22	Colby (Kan.) CC	5.68	24.65w	(3.2)	3/22/25	West Texas Relays
17	Nyla NORMAN	SO #18	Indian Hills (Iowa) CC {2}	5.14	24.68	(1.8)	3/28/25	Emporia State Relays
18	Sofia CARDOZO	JR #13	Paradise Valley (Ariz.)	4.57	24.75	(-0.6)	3/29/25	Cody McBride/Distance in the
19	Kayveonna JACKSON	SO #19	Allen (Kan.) CC {3}	4.04	24.78	(1.8)	3/28/25	Emporia State Relays
20	Takelia WILLIAMS	FR #20	Barton (Kan.) CC {2}	3.45	24.86w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
21	Andrea SHAW	SO #4	Fort Scott (Kan.) CC {3}	2.93	24.88w	(3.3)	3/13/25	Dean Pryor Invitational
22	Sydney ROQUEBRUN	SO #6	South Plains (Texas) {2}	2.37	24.94w	(3.2)	3/22/25	West Texas Relays
23	Dhakiya BLAKE	SO #3	Coffeyville (Kan.) CC {3}	1.79	25.01	(0.8)	3/29/25	Bobcat Invitational (Texas Sta
24	Ja'Kheria KELSER	FR #3	Coffeyville (Kan.) CC {4}	TM-4	25.04w	(3.3)	3/13/25	Dean Pryor Invitational
25	Ivana ODONKOR	SO #4	Fort Scott (Kan.) CC {4}	TM-4	25.06w	(2.7)	3/20/25	Kirk Baptiste Spring Break Invi
26	Nalicia GLEN	FR #1	New Mexico JC {2}	1.13	25.07w	(2.8)	3/22/25	Wes Kittley Invitational
27	Judith KOUMEDZINA	SO #10	Iowa Western CC	1.06	25.09	(0.0)	3/29/25	Bobcat Invitational (Texas Sta
28	Linya GEDEON	SO #3	Coffeyville (Kan.) CC {5}	TM-5	25.12	(0.8)	3/29/25	Bobcat Invitational (Texas Sta
29	Laurie LOUIS	SO #18	Indian Hills (Iowa) CC {3}	0.89	25.16w	(3.9)	3/28/25	Emporia State Relays
30	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.81	25.19w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
31	Nanhi PANNU	FR #11	Cloud County (Kan.) C	0.68	25.26	(1.9)	3/29/25	Mark A. Phillips Tiger Open
31	Ida SMITH	FR #18	Indian Hills (Iowa) CC {4}	TM-4	25.26w	(3.4)	3/28/25	Emporia State Relays
33	Mikela COOMBS	FR	Fort Hays Tech North	0.55	25.33w	(3.2)	3/22/25	West Texas Relays
33	J'layah SPELLMAN COLLIN	SO #2	Pima (Ariz.) CC	0.55	25.33	(0.8)	3/22/25	Willie Williams/Dave Murray Di
35	Jayla WERTS	SO #21	Richard Bland (Va.)	0.45	25.37	(-0.1)	3/21/25	Fred Hardy Invitational
36	Tahlia LIENERT	FR #11	Cloud County (Kan.) {2}	0.40	25.39	(1.9)	3/29/25	Mark A. Phillips Tiger Open
37	Charity RAYFORD	FR	Ranger (Texas)	0.35	25.41	(1.8)	3/22/25	Prairie View A&M Relays
38	Iyona DAVIS	SO	Howard (Md.) CC	0.30	25.46w	(3.1)	3/22/25	Alan Connie Shamrock Invitati
38	Sidney HOLT	FR #17	Hutchinson (Kan.) CC	0.30	25.46w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
40	J'Na DEMMING	SO #25	Highland (Kan.) CC	0.25	25.70w	(4.0)	3/29/25	Central Methodist Invitational
41	Jazz DILWORTH	FR #4	Fort Scott (Kan.) CC {5}	TM-5	25.72w	(2.2)	3/20/25	Kirk Baptiste Spring Break Invi
42	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.20	25.74w	(2.2)	3/22/25	Ed Fry Invitational
43	Sara JACOBSON	SR #5	Mesa (Ariz.) CC	0.18	25.76	(1.2)	3/28/25	Mesa Multis
44	Reagan MCKINNEY	SO #4	Fort Scott (Kan.) CC {6}	TM-6	25.84w	(3.9)	3/28/25	Emporia State Relays
45	Frankajha FLEMING	FR #3	Coffeyville (Kan.) CC {6}	TM-6	25.87w	(3.3)	3/13/25	Dean Pryor Invitational
46	Rayanna JOHNSON	SO #4	Fort Scott (Kan.) CC {7}	TM-7	25.89w	(3.3)	3/13/25	Dean Pryor Invitational
47	Destany JOHNSON	FR #20	Barton (Kan.) CC {3}	0.08	25.92	(1.9)	3/29/25	Mark A. Phillips Tiger Open
47	Alexia LEWIS	SO #25	Highland (Kan.) CC {2}	0.08	25.92w	(4.0)	3/29/25	Central Methodist Invitational
49	Kaliyah SMITH	SO #4	Fort Scott (Kan.) CC {8}	TM-8	25.93w	(3.2)	3/13/25	Dean Pryor Invitational
50	Aliyah GIDHARRY	SO #8	Central Arizona	{2}	25.94	(1.5)	3/22/25	Willie Williams/Dave Murray Di
50	Jessica FRANKLIN	FR	Hagerstown (Md.) CC	0.01	25.94w	(2.1)	3/29/25	Dr. Harry G.M. Jopson Invitati



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NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Dayjonique CATO	SO	#4 Fort Scott (Kan.) CC	33.67		54.57	3/20/25 Kirk Baptiste Spring Break Invi
2	Queen USUNOBUN	FR	#15 Hinds (Miss.) CC	31.52		54.67	3/22/25 Belhaven Invitational
3	Twyshanna HUIE	SO	#15 Hinds (Miss.) CC {2}	28.97		55.03	3/22/25 Belhaven Invitational
4	Tierra WILLIAMS	FR	#3 Coffeyville (Kan.) CC	26.37		55.43	3/29/25 Bobcat Invitational (Texas Sta
5	Amalinaly PEMBERTON	SO	#3 Coffeyville (Kan.) CC {2}	24.06		55.67	3/29/25 Bobcat Invitational (Texas Sta
6	Shagay SHEPPY	FR	#9 Western Texas	21.61		56.12	3/22/25 Wes Kittley Invitational
7	Jayden PIPER	SO	#4 Fort Scott (Kan.) CC {2}	19.49		56.24	3/28/25 Emporia State Relays
8	Emmanuella SQUIRE	SO	#4 Fort Scott (Kan.) CC {3}	17.48		56.25	3/20/25 Kirk Baptiste Spring Break Invi
9	Ivana ODONKOR	SO	#4 Fort Scott (Kan.) CC {4}	TM-4		56.55	3/28/25 Emporia State Relays
10	Nyla BLACKMON	SO	#18 Indian Hills (Iowa) CC	13.08		56.67	3/28/25 Emporia State Relays
11	Kaliyah JONES	FR	#23 Monroe-New Rochelle	10.92		56.84	3/29/25 Raleigh Relays
12	Laurie LOUIS	SO	#18 Indian Hills (Iowa) CC {2}	9.90		56.89	3/28/25 Emporia State Relays
13	Tuwana MCLEAN	FR	#1 New Mexico JC	8.89		56.91	3/29/25 Bobcat Invitational (Texas Sta
14	Caydence BREWER	SO	#15 Hinds (Miss.) CC {3}	7.81		57.08	3/22/25 Belhaven Invitational
15	Kettia AMBROSE	SO	#23 Monroe-New Rochell {2}	6.72		57.27	3/29/25 Raleigh Relays
16	Jayla WERTS	SO	#21 Richard Bland (Va.)	5.68		57.34	3/21/25 Fred Hardy Invitational
17	Grace KOMBETTO	SO	#8 Central Arizona	5.16		57.38	3/29/25 Cody McBride/Distance in the
18	Kennedy MOSLEY	SO	#4 Fort Scott (Kan.) CC {5}	TM-5		57.44	3/28/25 Emporia State Relays
19	Mekhila SANDERS	FR	Garden City (Kan.) CC	4.04		57.64	3/22/25 West Texas Relays
20	Nour RAHOU	FR	#6 South Plains (Texas)	3.45		57.84	3/22/25 West Texas Relays
21	J'layah SPELLMAN COLLIN	SO	#2 Pima (Ariz.) CC	2.91		57.91	3/22/25 Willie Williams/Dave Murray Di
22	Mickayla GARDENER	FR	#8 Central Arizona {2}	2.37		58.00	3/29/25 Cody McBride/Distance in the
23	Dhakiya BLAKE	SO	#3 Coffeyville (Kan.) CC {3}	1.79		58.18	3/29/25 Bobcat Invitational (Texas Sta
24	Amiyanee HARRIS	SO	#8 Central Arizona {3}	1.27		58.22	3/29/25 Cody McBride/Distance in the
25	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.95		58.84	3/29/25 Mark A. Phillips Tiger Open
26	Bianca GLEIM	SO	Dodge City (Kan.) CC	0.90		58.94	3/29/25 Broncbuster Invitational
27	Cshanti PIERCE	SO	Meridian (Miss.) CC	0.85		58.99	3/22/25 Alumni Bulldog Relays
28	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.80		59.43	3/22/25 Ed Fry Invitational
29	Jakhia MARTIN	FR	Meridian (Miss.) CC {2}	0.75		59.59	3/22/25 Alumni Bulldog Relays
30	Oksanna SMITH	FR	Lake-Sumter State (Fl	0.70		59.67	3/28/25 Terry Long Florida State Relay
31	J'Na DEMMING	SO	#25 Highland (Kan.) CC	0.65		59.82	3/29/25 Central Methodist Invitational
32	Kaliyah SMITH	SO	#4 Fort Scott (Kan.) CC {6}	TM-6		---	3/28/25 Emporia State Relays
33	Lania MCDONALD	FR	#15 Hinds (Miss.) CC {4}	TM-4		1:00.08	3/22/25 Belhaven Invitational
34	Chloe CANNON	FR	#13 Paradise Valley (Ariz.)	0.50		1:00.29	3/20/25 PV/ALTIS Invite
34	Melania TURAGA	FR	Neosho County (Kan.) {2}	0.50		1:00.29	3/22/25 Spire Distance Carnival & Tea
36	Taitiana JONES	SO	Meridian (Miss.) CC {3}	0.40		1:00.59	3/22/25 Alumni Bulldog Relays
37	Marcy MONELL	SO	#4 Fort Scott (Kan.) CC {7}	TM-7		1:00.81	3/28/25 Emporia State Relays
38	Sharon STRYDOM	SO	UA Rich Mountain (Ark.	0.30		1:00.83	3/1/25 Hendrix Invitational
39	Amirah NOCK	FR	Meridian (Miss.) CC {4}	TM-4		1:00.99	3/22/25 Alumni Bulldog Relays
40	Mahria MILLER	SO	#15 Hinds (Miss.) CC {5}	TM-5		1:01.03	3/22/25 Belhaven Invitational
41	Aaliyah PERKINS	FR	#24 Glendale (Ariz.) CC	0.23		1:01.39	3/29/25 Cody McBride/Distance in the
42	Carissa HINTON	FR	#2 Pima (Ariz.) CC {2}	0.20		1:01.42	3/22/25 Willie Williams/Dave Murray Di
43	Alfrenique KNOWLES	FR	Ranger (Texas)	0.18		1:01.43	3/22/25 Prairie View A&M Relays
44	Rhea FLANDERS	FR	Neosho County (Kan.) {3}	0.15		1:01.68	3/13/25 Dean Pryor Invitational
45	Iyona DAVIS	SO	Howard (Md.) CC	0.13		1:01.75	3/29/25 Seahawk Invitational
46	Aliyah PERKINS	FR	#24 Glendale (Ariz.) CC {2}	0.10		1:01.88	3/22/25 Willie Williams/Dave Murray Di
47	Olivia URBAN	FR	Muskegon (Mich.) CC	0.08		1:02.10	3/29/25 Amy Adams Memorial Invitati
48	Aisha ZAFFINO	SO	Bismarck State (N.D.)	0.05		1:02.15	3/22/25 Marauders Outdoor Opener
49	Brittany DANAS	FR	Jacksonville (Texas)	0.03		1:02.29	3/15/25 Texas Southern Relays
50	Charity BECKHAM	FR	#19 Allen (Kan.) CC	0.01		1:02.31	3/28/25 Emporia State Relays



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Lovina EWUSI	SO	#9 Western Texas	34.78		59.86	3/22/25 Wes Kittley Invitational
2	Nour RAHOU	FR	#6 South Plains (Texas)	31.47		1:01.65	3/29/25 Texas Relays
3	Brieanna BOYCE	SO	#9 Western Texas {2}	28.44		1:03.14	3/29/25 Texas Relays
4	T'kyla BENNETT	SO	#15 Hinds (Miss.) CC	26.09		1:03.66	3/22/25 Belhaven Invitational
5	Ysanne PEART	SO	#1 New Mexico JC	23.87		1:04.10	3/29/25 Bobcat Invitational (Texas Sta
6	Marcy MONELL	SO	#4 Fort Scott (Kan.) CC	21.62		1:04.65	3/20/25 Kirk Baptiste Spring Break Invi
7	Dymonde NAVE	SO	#18 Indian Hills (Iowa) CC	19.59		1:04.72	3/28/25 Emporia State Relays
8	Tanique TAYLOR	SO	#10 Iowa Western CC	17.51		1:04.92	3/29/25 Bobcat Invitational (Texas Sta
9	Chadrak Belinda BULA BULA	FR	#14 Iowa Central CC	15.27		1:05.46	3/28/25 Emporia State Relays
10	Oksanna SMITH	FR	Lake-Sumter State (Fl	13.26		1:05.49	3/28/25 Terry Long Florida State Relay
11	Ja'Kheria KELSER	FR	#3 Coffeyville (Kan.) CC	11.19		1:05.72	3/23/25 Bethel (Kan.) College Open
12	Tyra CHRISTEAN.	FR	#2 Pima (Ariz.) CC	10.18		1:05.77	3/29/25 Cody McBride/Distance in the
13	Antonica MOULTRIE	FR	Garden City (Kan.) CC	8.91		1:07.02	3/22/25 West Texas Relays
13	Hannah DROEG	FR	#2 Pima (Ariz.) CC {2}	8.91		1:07.02	3/22/25 Willie Williams/Dave Murray Di
15	Jakouria JAMERSON	SO	#4 Fort Scott (Kan.) CC {2}	6.71		1:07.97	3/28/25 Emporia State Relays
16	Arriana JOHNSON	SO	#18 Indian Hills (Iowa) CC{2}	5.57		1:08.63	3/28/25 Emporia State Relays
17	Aniya SUKU	FR	Bryant & Stratton (Va.)	4.92		1:09.36	3/29/25 Seahawk Invitational
18	Alisha JACKSON	FR	Bryant & Stratton (Va){2}	2.42	D	1:09.39	3/29/25 Seahawk Invitational
19	Melody KREMER	JR	Hawkeye (Iowa) CC	3.87		1:09.62	3/28/25 Central (Iowa) Dutch Invitatio
20	Damaria BELL	SO	#4 Fort Scott (Kan.) CC {3}	3.37		1:09.65	3/20/25 Kirk Baptiste Spring Break Invi
21	Berlynn BLACK	SO	#25 Highland (Kan.) CC	2.82		1:09.89	3/29/25 Central Methodist Invitational
22	Juaneya SYKES	SO	#4 Fort Scott (Kan.) CC {4}	TM-4		1:10.29	3/20/25 Kirk Baptiste Spring Break Invi
23	Jaelyn RUMBACK	SO	#11 Cloud County (Kan.) C	1.70		1:10.51	3/29/25 Mark A. Phillips Tiger Open
24	Dedra WOOD	FR	Bismarck State (N.D.)	1.14		1:10.83	3/28/25 Central Nebraska Challenge
25	Aliya SCHOCK	SO	Bismarck State (N.D.){2}	1.08		1:10.85	3/28/25 Central Nebraska Challenge
26	Jayda GREEN	SO	#3 Coffeyville (Kan.) CC {2}	0.93		1:11.38	3/13/25 Dean Pryor Invitational
27	Rhea FLANDERS	FR	Neosho County (Kan.)	0.85		1:12.80	3/22/25 Spire Distance Carnival & Tea
28	Shyla COOPER	FR	#21 Richard Bland (Va.)	0.80		1:13.55	3/29/25 Trojan Challenge
29	Ciara MAY	FR	Cuyahoga (Ohio) CC	0.75		1:13.99	3/29/25 Amy Adams Memorial Invitati
30	Erin SMITH	SO	#21 Richard Bland (Va.) {2}	0.70		1:14.13	3/21/25 Fred Hardy Invitational
31	Milan KAUR	FR	Phoenix (Ariz.)	0.65		1:19.39	3/29/25 Cody McBride/Distance in the
32	Tyler WASHINGTON	SO	#2 Pima (Ariz.) CC {3}	0.60		1:21.33	3/29/25 Cody McBride/Distance in the



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Lindsey LOPES	FR #7	Salt Lake (Utah) CC	33.43	2:13.07	3/22/25 Ron & Sharlene Allice Trojan I
2	Rosemary ARTHUR	SO #22	Colby (Kan.) CC	31.38	2:13.17	3/29/25 Texas Relays
3	Emilly SILVA	SO #1	New Mexico JC	29.16	2:13.58	3/29/25 Bobcat Invitational (Texas Sta
4	Attoya HARVEY	SO #23	Monroe-New Rochelle	26.77	2:14.34	3/29/25 Raleigh Relays
5	Avery JENSEN	SO #7	Salt Lake (Utah) CC {2}	24.40	2:15.12c (2:15.80A)	3/28/25 Utah Valley Collegiate
6	Daisy SPEET	FR	Lansing (Mich.) CC	21.76	2:16.97	3/22/25 Polar Bear Invitational (Indian
7	Tyfone MARTINS	SO #1	New Mexico JC {2}	19.56	2:17.58	3/29/25 Bobcat Invitational (Texas Sta
8	Francesca ALVARADO	SO #1	New Mexico JC {3}	17.31	2:18.32	3/29/25 Bobcat Invitational (Texas Sta
9	Tanesia GARDINER	FR #23	Monroe-New Rochell{2}	15.28	2:18.42	3/29/25 Raleigh Relays
10	Joy JEPLETING	FR #23	Monroe-New Rochell{3}	13.24	2:18.56	3/29/25 Raleigh Relays
11	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC {3}	10.80	2:20.08c (2:20.79A)	3/28/25 Utah Valley Collegiate
12	Daphne KAUSZ	SO #1	New Mexico JC {4}	TM-4	2:20.29	3/29/25 Bobcat Invitational (Texas Sta
13	Glorie KABUIN	SO	North Central Texas	8.75	2:20.35	3/29/25 Oklahoma Baptist Invitational
14	Carmella BALDWIN	SO #5	Mesa (Ariz.) CC	2.74	2:20.45	3/29/25 Cody McBride/Distance in the
14	Kinley JACKSON	FR #5	Mesa (Ariz.) CC	7.74	2:20.45	3/29/25 Cody McBride/Distance in the
16	Tara BOUCK	FR #7	Salt Lake (Utah) CC {4}	TM-4	2:21.13	3/22/25 Ron & Sharlene Allice Trojan I
17	Katie MUNOZ	FR #5	Mesa (Ariz.) CC {3}	5.04	2:21.66	3/29/25 Cody McBride/Distance in the
18	Reatta DANOFF	SO #2	Pima (Ariz.) CC	4.53	2:21.71	3/22/25 Willie Williams/Dave Murray Di
19	Victaline MUTAI		Ranger (Texas)	4.02	2:21.78	3/22/25 Wes Kittley Invitational
20	Keira DAMRON	SO #13	Paradise Valley (Ariz.)	2.45	2:22.21	3/29/25 Cody McBride/Distance in the
21	Macie MORALES	FR	Ranger (Texas) {2}	2.90	2:22.56	3/22/25 Wes Kittley Invitational
22	Juliette GAVOIS	FR #14	Iowa Central CC	2.31	2:23.13	3/28/25 Emporia State Relays
23	Alyssa MABRY	FR	Ranger (Texas) {3}	1.75	2:23.48	3/22/25 Wes Kittley Invitational
24	Katelyn CARLILE	FR #7	Salt Lake (Utah) CC {5}	TM-5	2:23.66c (2:24.39A)	3/28/25 Utah Valley Collegiate
25	Natalie BOGDANOVA KIRILOVA	SO #14	Iowa Central CC {2}	1.03	2:24.62	3/28/25 Emporia State Relays
26	Kendra GUEST	SO #5	Mesa (Ariz.) CC {4}	TM-4	2:25.29	3/29/25 Cody McBride/Distance in the
27	Sara BELGACEM	FR	Vincennes (Ind.)	0.85	2:25.60	3/29/25 Pacemaker Sports Invitational
28	Linda RIVERO	SO #2	Pima (Ariz.) CC {2}	0.80	2:26.44	3/22/25 Willie Williams/Dave Murray Di
29	Madison STERN-REGALAD	FR #9	Western Texas	0.75	2:26.73	3/22/25 Wes Kittley Invitational
30	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.70	2:26.97	3/29/25 Bronbuster Invitational
31	Genesis SERRATOS	FR #9	Western Texas {2}	0.65	2:27.20	3/22/25 Wes Kittley Invitational
32	Melania TURAGA	FR	Neosho County (Kan.)	0.60	2:27.34	3/22/25 Spire Distance Carnival & Tea
33	Ava STAFFORD	SO	Bismarck State (N.D.)	0.55	2:27.54	3/22/25 Marauders Outdoor Opener
34	Jayne ELVIN	SO #1	New Mexico JC {5}	TM-5	2:28.26	3/29/25 Bobcat Invitational (Texas Sta
35	Ella ALLRED	FR #2	Pima (Ariz.) CC {3}	0.45	2:28.34	3/22/25 Willie Williams/Dave Murray Di
36	Andrea TERUEL	FR	Ranger (Texas) {4}	TM-4	2:29.07	3/22/25 Wes Kittley Invitational
36	Karlee POPE	FR #2	Pima (Ariz.) CC {4}	TM-4	2:29.07	3/22/25 Willie Williams/Dave Murray Di
38	Olivia COULSTON	SO #13	Paradise Valley (Ariz.) {2}	0.30	2:29.19	3/29/25 Cody McBride/Distance in the
39	La Tanya JOHNSON	FR	Butler (Kan.) CC	0.28	2:29.23	3/22/25 Spire Distance Carnival & Tea
40	Alivia EDENS	FR #14	Iowa Central CC {3}	0.25	2:29.27	3/28/25 Emporia State Relays
41	Sara JACOBSON	SR #5	Mesa (Ariz.) CC {5}	TM-5	2:29.55	3/28/25 Mesa Multis
42	Tatyana ENRIQUEZ	FR #8	Central Arizona	0.20	2:29.80	3/22/25 Willie Williams/Dave Murray Di
43	Alyana WALLACE	SO #25	Highland (Kan.) CC	0.18	2:30.15	3/29/25 Central Methodist Invitational
44	Vilorina TUILAWAKI	SO	Neosho County (Kan.) {2}	0.15	2:31.00	3/22/25 Spire Distance Carnival & Tea
45	Laynee HOLLECH	FR #13	Paradise Valley (Ariz.) {3}	0.13	2:31.09	3/29/25 Cody McBride/Distance in the
46	Natali ROTH	FR	Heartland (Ill.) CC	0.10	2:31.14	3/29/25 Big Blue Alumni Invite
47	Sade LEE	FR	Lake-Sumter State (Fl	0.08	2:31.26	3/8/25 Eagle Invitational
48	Ivy KUMAIS	FR	North Central Texas {2}	0.05	2:32.21	3/22/25 Wes Kittley Invitational
49	Shmyhia MORRIS	FR #18	Indian Hills (Iowa) CC	0.03	2:32.34	3/28/25 Emporia State Relays
50	Alyssa PEREZ	SO #2	Pima (Ariz.) CC {5}	TM-5	2:32.69	3/22/25 Willie Williams/Dave Murray Di



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Millicent WAFULA	FR #16	Odessa (Texas)	35.27	4:23.63	3/29/25 Texas Relays
2	N Vanee ANCHIKE	SO #11	Cloud County (Kan.) C	31.29	4:31.17	3/29/25 Mark A. Phillips Tiger Open
3	Kaydeen JOHNSON	FR #16	Odessa (Texas) {2}	29.09	4:31.96	3/29/25 Texas Relays
4	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC	25.88	4:37.84	3/22/25 Ron & Sharlene Allice Trojan I
5	Salma SADDOUNG	FR #16	Odessa (Texas) {3}	23.76	4:38.58	3/22/25 West Texas Relays
6	Angelina LIONE	FR #7	Salt Lake (Utah) CC {2}	21.75	4:38.63c (5:07.10A)	3/28/25 Utah Valley Collegiate
7	Elizabeth ILANDA	FR #16	Odessa (Texas) {4}	TM-4	4:40.51	3/22/25 West Texas Relays
8	Nora BRADY	SO	Heartland (Ill.) CC	17.41	4:40.71	3/29/25 Big Blue Alumni Invite
9	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC {3}	15.38	4:40.92c (5:09.63A)	3/28/25 Utah Valley Collegiate
10	Francesca ALVARADO	SO #1	New Mexico JC	13.13	4:42.48	3/29/25 Bobcat Invitational (Texas Sta
11	Naomi SOTELO	SO #7	Salt Lake (Utah) CC {4}	TM-4	4:43.02c (5:11.93A)	3/28/25 Utah Valley Collegiate
12	Mercy ANGAAMCHAAB	SO #11	Cloud County (Kan.) {2}	10.00	4:43.30	3/29/25 Mark A. Phillips Tiger Open
13	Rosemary ARTHUR	SO #22	Colby (Kan.) CC	8.96	4:43.52	3/22/25 West Texas Relays
14	Keira DAMRON	SO #13	Paradise Valley (Ariz.)	7.73	4:46.46	3/29/25 Cody McBride/Distance in the
15	Olivia COULSTON	SO #13	Paradise Valley (Ariz.) {2}	6.41	4:50.52	3/29/25 Cody McBride/Distance in the
16	Laynee HOLLECH	FR #13	Paradise Valley (Ariz.) {3}	5.39	4:50.86	3/29/25 Cody McBride/Distance in the
17	Lucy MELZER	FR #5	Mesa (Ariz.) CC	4.85	4:51.34	3/22/25 Willie Williams/Dave Murray Di
18	Carmella BALDWIN	SO #5	Mesa (Ariz.) CC {2}	2.30	D 4:52.00	3/22/25 Willie Williams/Dave Murray Di
19	Kinley JACKSON	FR #5	Mesa (Ariz.) CC {3}	2.27	D 4:52.40	3/22/25 Willie Williams/Dave Murray Di
19	Daisy SPEET	FR	Lansing (Mich.) CC	3.77	4:52.40	3/22/25 Polar Bear Invitational (Indian
19	Mazee SOUTHWARD	FR #7	Salt Lake (Utah) CC {5}	TM-5	4:52.40c (5:22.28A)	3/28/25 Utah Valley Collegiate
22	Linda RIVERO	SO #2	Pima (Ariz.) CC	2.26	4:52.54	3/22/25 Willie Williams/Dave Murray Di
23	Amanda KOTAMBE	FR #11	Cloud County (Kan.) {3}	1.73	4:52.88	3/29/25 Mark A. Phillips Tiger Open
24	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	1.22	4:53.01	3/29/25 Bobcat Invitational (Texas Sta
25	Victaline MUTAI		Ranger (Texas)	1.14	4:53.40	3/22/25 Wes Kittley Invitational
26	Sarah NICHOLLES	FR #7	Salt Lake (Utah) CC {6}	TM-6	4:53.45c (5:23.44A)	3/28/25 Utah Valley Collegiate
27	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {7}	TM-7	4:54.29c (5:24.37A)	3/28/25 Utah Valley Collegiate
28	Ava BERG	FR #7	Salt Lake (Utah) CC {8}	TM-8	4:54.56c (5:24.66A)	3/28/25 Utah Valley Collegiate
29	Reatta DANOFF	SO #2	Pima (Ariz.) CC {2}	0.85	4:54.69	3/22/25 Willie Williams/Dave Murray Di
30	Macie MORALES	FR	Ranger (Texas)	{2} 0.79	4:54.79	3/22/25 Wes Kittley Invitational
31	Katie MUNOZ	FR #5	Mesa (Ariz.) CC {4}	TM-4	4:55.07	3/22/25 Willie Williams/Dave Murray Di
32	Sara BELGACEM	FR	Vincennes (Ind.)	0.64	4:55.42	3/29/25 Pacesetter Sports Invitational
33	Keira STACEY	FR #7	Salt Lake (Utah) CC {9}	TM-9	4:57.38c (5:27.76A)	3/28/25 Utah Valley Collegiate
34	Kenadee BUSHMAN	FR #7	Salt Lake (Utah) CC {10}	TM-10	4:58.00c (5:28.45A)	3/28/25 Utah Valley Collegiate
35	Tara BOUCK	FR #7	Salt Lake (Utah) CC {11}	TM-11	4:58.04c (5:28.50A)	3/28/25 Utah Valley Collegiate
36	Jenna WALTERS	FR #7	Salt Lake (Utah) CC {12}	TM-12	4:58.77c (5:29.30A)	3/28/25 Utah Valley Collegiate
37	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	0.35	4:59.22	3/21/25 Reiver Rust Buster
38	Michaela GROSS	FR	Hagerstown (Md.) CC	0.30	5:00.04	3/29/25 Dr. Harry G.M. Jopson Invitati
39	Juliette GAVOIS	FR #14	Iowa Central CC {2}	0.28	5:01.52	3/28/25 Emporia State Relays
40	Glorie KABUIN	SO	North Central Texas	0.25	5:02.75	3/1/25 CenTex Invite
41	Jayne ELVIN	SO #1	New Mexico JC {2}	0.23	5:03.58	3/29/25 Bobcat Invitational (Texas Sta
42	Tiffani KOONCE	FR #18	Indian Hills (Iowa) CC	0.20	5:03.79	3/28/25 Emporia State Relays
43	Ivy KUMAIS	FR	North Central Texas {2}	0.18	5:03.89	3/22/25 Wes Kittley Invitational
44	Ella ALLRED	FR #2	Pima (Ariz.) CC {3}	0.15	5:05.11	3/22/25 Willie Williams/Dave Murray Di
45	Hadil CHIHA	FR #1	New Mexico JC {3}	0.13	5:05.97	3/29/25 Bobcat Invitational (Texas Sta
46	Tatyana ENRIQUEZ	FR #8	Central Arizona	0.10	5:06.77	3/22/25 Willie Williams/Dave Murray Di
47	Natalie BOGDANOVA KIRILOVA	SO #14	Iowa Central CC {3}	0.08	5:07.18	3/21/25 Reiver Rust Buster
48	Stellah LAGAT	FR	Ranger (Texas) {3}	0.05	5:07.45	3/15/25 Texas Southern Relays
49	Reid HARVEY-MCKEAN	FR	Garden City (Kan.) CC	0.03	5:08.16	3/22/25 West Texas Relays
50	Genesis SERRATOS	FR #9	Western Texas	0.01	5:08.46	3/22/25 Wes Kittley Invitational



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Salma SADDOUNG	FR	#16 Odessa (Texas)	38.07	10:32.38	3/29/25	Texas Relays
2	Elizabeth EWUSIE	FR	#10 Iowa Western CC	33.49	10:50.88	3/28/25	Washington (Mo.) Distance Ca
3	Barbara NEIVA	SO	Trinidad State (Colo.)	30.44	10:58.69c (11:14.71A)	3/29/25	Chuck Haering Classic
4	Melanie ANDERSON	FR	#7 Salt Lake (Utah) CC	26.47	11:21.97	3/22/25	Ron & Sharlene Allice Trojan I
5	Carmella BALDWIN	SO	#5 Mesa (Ariz.) CC	23.67	11:34.70	3/20/25	PV/ALTIS Invite
6	Tabetha HENRIE	FR	#7 Salt Lake (Utah) CC {2}	20.87	11:47.82c (12:04.21A)	3/28/25	Utah Valley Collegiate
7	Katie REAVELEY	FR	#7 Salt Lake (Utah) CC {3}	18.64	11:51.66c (12:08.14A)	3/28/25	Utah Valley Collegiate
8	Darcy VINEYARD	FR	UA Rich Mountain (Ark.	16.42	11:55.45	3/20/25	Ouachita Invitational
9	Marjie RICHARDS	FR	#7 Salt Lake (Utah) CC {4}	TM-4	11:57.27c (12:13.88A)	3/28/25	Utah Valley Collegiate
10	Kinley JACKSON	FR	#5 Mesa (Ariz.) CC {2}	12.00	12:24.83	3/20/25	PV/ALTIS Invite
11	Reid HARVEY-MCKEAN	FR	Garden City (Kan.) CC	10.00	12:35.65	3/29/25	Bronbuster Invitational
12	Lucy MELZER	FR	#5 Mesa (Ariz.) CC {3}	9.00	13:01.12	3/20/25	PV/ALTIS Invite
13	Cloey USHER	SO	North Iowa Area CC	8.00	14:29.38	3/28/25	Emporia State Relays



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Elizabeth ILANDA	FR #16	Odessa (Texas)	36.65	16:27.59	3/29/25 Texas Relays
2	Keira DAMRON	SO #13	Paradise Valley (Ariz.)	30.94	17:39.14	3/22/25 Willie Williams/Dave Murray Di
3	Maddie PEARSON	FR #7	Salt Lake (Utah) CC	28.33	17:51.85c (18:18.58A)	3/28/25 Utah Valley Collegiate
4	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	26.20	17:54.68	3/29/25 Bobcat Invitational (Texas Sta
5	Laynee HOLLECH	FR #13	Paradise Valley (Ariz.) {2}	24.10	17:56.74	3/22/25 Willie Williams/Dave Murray Di
6	Carmella BALDWIN	SO #5	Mesa (Ariz.) CC	21.93	18:00.45	3/29/25 Cody McBride/Distance in the
7	Michaela GROSS	FR	Hagerstown (Md.) CC	19.26	18:20.97	3/21/25 Fred Hardy Invitational
8	Olivia COULSTON	SO #13	Paradise Valley (Ariz.) {3}	17.20	18:23.07	3/22/25 Willie Williams/Dave Murray Di
9	Stellah LAGAT	FR	Ranger (Texas)	15.00	18:29.63	3/22/25 Wes Kittley Invitational
10	Grace WAITE	FR #7	Salt Lake (Utah) CC {2}	12.98	18:30.54c (18:58.23A)	3/28/25 Utah Valley Collegiate
11	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	10.89	18:33.38	3/28/25 Emporia State Relays
12	Victaline MUTAI		Ranger (Texas) {2}	9.86	18:34.90	3/15/25 Texas Southern Relays
13	Lisel NDLOVU	FR #1	New Mexico JC	8.85	18:35.24	3/29/25 Bobcat Invitational (Texas Sta
14	Ava LAMILZA	SO	Macomb (Mich.) CC	7.70	18:45.53	3/22/25 Polar Bear Invitational (Indian
15	Alison UNRUH	SO	Butler (Kan.) CC {2}	6.58	18:53.08	3/29/25 Bobcat Invitational (Texas Sta
16	Lilian MATEO	SO #16	Odessa (Texas) {2}	5.56	18:54.93	3/22/25 West Texas Relays
17	Karen KIRATU	SO	Southeast (Neb.) CC	4.99	18:59.73 OT	3/28/25 Wildcat Classic
18	Sierra SUMMERS	FR	Dawson (Mont.) CC	4.47	19:00.82c (19:15.89A)	3/29/25 Al Manuel Invitational
19	Cambrie BABCOCK	FR #7	Salt Lake (Utah) CC {3}	3.92	19:04.06c (19:32.59A)	3/28/25 Utah Valley Collegiate
20	Glorie KABUIN	SO	North Central Texas	3.40	19:05.59	3/29/25 Oklahoma Baptist Invitational
21	Jessica VIERA	SO #8	Central Arizona	2.90	19:05.95	3/22/25 Willie Williams/Dave Murray Di
22	Hadil CHIHA	FR #1	New Mexico JC {2}	2.38	19:07.04	3/29/25 Bobcat Invitational (Texas Sta
23	Ayianna OLIVAS	SO #10	Iowa Western CC	1.71	19:18.81	3/29/25 Bobcat Invitational (Texas Sta
24	Kinley JACKSON	FR #5	Mesa (Ariz.) CC {2}	1.16	19:22.53	3/29/25 Cody McBride/Distance in the
25	Myla GREENZWEIG	SO	Ranger (Texas) {3}	0.98	19:32.02	3/22/25 Wes Kittley Invitational
26	Alyssa MABRY	FR	Ranger (Texas) {4}	TM-4	19:38.40	3/15/25 Texas Southern Relays
27	Valyrie FREEMAN	SO	Butler (Kan.) CC {3}	0.85	19:39.24	3/22/25 Spire Distance Carnival & Tea
28	Aimee CLARKE	FR	Hill (Texas)	0.80	19:50.13	3/29/25 Bobcat Invitational (Texas Sta
29	Maren JOHNSON	FR #7	Salt Lake (Utah) CC {4}	TM-4	19:50.47c (20:20.15A)	3/28/25 Utah Valley Collegiate
30	Tatyana ENRIQUEZ	FR #8	Central Arizona {2}	0.70	19:53.97	3/29/25 Cody McBride/Distance in the
31	Emma DELL	FR	Macomb (Mich.) CC {2}	0.65	19:56.29	3/22/25 Polar Bear Invitational (Indian
32	Elexia ARAGON	FR #2	Pima (Ariz.) CC	0.60	19:57.86	3/22/25 Willie Williams/Dave Murray Di
33	Meryeme MAI	FR	Garden City (Kan.) CC	0.55	20:06.98	3/29/25 Bronbuster Invitational
34	Elizabeth COPPOLA	FR #2	Pima (Ariz.) CC {2}	0.50	20:09.12	3/22/25 Willie Williams/Dave Murray Di
35	Alexa MARSHALL	FR	Butler (Kan.) CC {4}	TM-4	20:17.82	3/22/25 Spire Distance Carnival & Tea
36	Erin ROWAN	FR	Macomb (Mich.) CC {3}	0.40	20:21.54	3/22/25 Polar Bear Invitational (Indian
37	Naomi KIPKECH	FR	Muskegon (Mich.) CC	0.35	20:27.56	3/29/25 Amy Adams Memorial Invitati
38	Naomi CHEBET	SO	North Central Texas {2}	0.30	20:28.34	3/29/25 Oklahoma Baptist Invitational
39	Migyelis PUPO BRIZUELA	SO #16	Odessa (Texas) {3}	0.28	20:37.37	3/22/25 West Texas Relays
40	Gloria JESANG	SO	North Central Texas {3}	0.25	20:48.69	3/29/25 Oklahoma Baptist Invitational
41	Reshila CURLEY	FR #8	Central Arizona {3}	0.23	20:51.40	3/22/25 Willie Williams/Dave Murray Di
42	Beverlyne KIPTARUS	SO	Garden City (Kan.) CC {2}	0.20	20:56.19	3/29/25 Bronbuster Invitational
43	Destiny HERNANDEZ	SO #5	Mesa (Ariz.) CC {3}	0.18	21:06.54	3/29/25 Cody McBride/Distance in the
44	Jaqueline GARCIA	SO	Southern Nevada	0.15	21:12.47	3/8/25 Oxy Distance Carnival and Spr
45	Avery MCCOY	FR	Hill (Texas) {2}	0.13	21:16.25	3/29/25 Bobcat Invitational (Texas Sta
46	Adi FULLER	SO	Vincennes (Ind.)	0.10	21:18.51	3/28/25 Washington (Mo.) Distance Ca
47	Alexis HALE	FR	Vincennes (Ind.) {2}	0.08	21:20.19	3/28/25 Washington (Mo.) Distance Ca
48	Ava WASHINGTON	SO	Dodge City (Kan.) CC	0.05	21:28.09	3/29/25 Bronbuster Invitational
49	Ivy WASHINGTON	SO	Dodge City (Kan.) CC {2}	0.03	21:28.76	3/29/25 Bronbuster Invitational
50	Daniela CERDA	FR	Dodge City (Kan.) CC {3}	0.01	21:31.67	3/29/25 Bronbuster Invitational



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Ines MRABET	FR	#1 New Mexico JC	30.00	36:31.05	3/29/25 Texas Relays
2	Reshila CURLEY	FR	#8 Central Arizona	28.00	45:48.21	3/29/25 Cody McBride/Distance in the



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye	#19 Allen (Kan.) CC	35.18	45.26	3/28/25 Emporia State Relays
2	Dhakiya Blake, Royanah Farmer, Tierra Williams, Linya Gedeon	#3 Coffeyville (Kan.) CC	32.86	45.42	3/29/25 Bobcat Invitational (Texas Sta
3	#Type!	#15 Hinds (Miss.) CC	30.09	45.82	3/22/25 Belhaven Invitational
4	Amari Pratt, Nandy Kihuyi Maliah Edwards, Kamaria Knight	#1 New Mexico JC	27.97	45.88	3/22/25 Wes Kittley Invitational
5	Kenyatta Grate, Destiny Mitchell, Nyla Norman, Zekira Snow	#18 Indian Hills (Iowa) CC	25.63	46.06	3/28/25 Emporia State Relays
6	Sierra Brooks, Taniyah Co. Azariah Dawes, Sidney Holt	#17 Hutchinson (Kan.) CC	21.35	48.27	3/29/25 Mark A. Phillips Tiger Open
7	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins	#2 Pima (Ariz.) CC	18.88	48.79	3/22/25 Willie Williams/Dave Murray Di
8	Paula del Pozo, Vilorina Tuilawaki, Rhea Flanders, Melania Turaga	Neosho County (Kan.)	16.42	49.32	3/29/25 Mark A. Phillips Tiger Open
9	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams	Hawkeye (Iowa) CC	14.00	50.12	3/28/25 Central (Iowa) Dutch Invitatio
10	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton	Marion Military Institu	12.00	50.33	3/15/25 Falcon Classic
11	Nora Moreno, Jocelyn Nunez, Williams Stahrr, Layisha Freeman	State Fair (Mo.)	10.00	51.18	3/29/25 SBU Bearcat Invitational
12	Gift Gonpue, Tenisha Herbert, Suzanne Guedeyi, Taja Conley	North Iowa Area CC	9.00	51.30	3/28/25 Emporia State Relays
13	Madison Jackson, Katreek Mott-Franklin, Faith Butler, TaMoria Shannon	Coahoma (Miss.) CC	8.00	51.41	3/8/25 Harding Invitational



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Shagay Sheppy, Lovina Ewusi, Brieanna Boyce, Charlize Fraser	#9 Western Texas	37.14	3:41.27	3/29/25	Texas Relays
2	Jayden Piper, Emmanuelli Squire, Dayjonique Cato, Ivana Odonkor	#4 Fort Scott (Kan.) CC	35.09	3:41.37	3/28/25	Emporia State Relays
3	Tierra Williams, Dhakiya Blake, Ja'Kheria Kelser, Amalinally Pemberton	#3 Coffeyville (Kan.) CC	30.67	3:46.54	3/29/25	Texas Relays
4	#Type!	#15 Hinds (Miss.) CC	27.51	3:49.35	3/22/25	Belhaven Invitational
5	Tuwana McLean, Kamaria Knight, Jody Ann Mitchell, Nandy Kihuyu	#1 New Mexico JC	25.04	3:51.41	3/29/25	Texas Relays
6	Cshanti Pierce, Mykala Carter, Jakhia Martin, Amirah Nock	Meridian (Miss.) CC	21.14	4:00.04	3/22/25	Alumni Bulldog Relays
7	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin	#2 Pima (Ariz.) CC	19.03	4:00.58	3/22/25	Willie Williams/Dave Murray Di
8	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper	#21 Richard Bland (Va.)	16.50	4:03.12	3/21/25	Fred Hardy Invitational
9	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley	#7 Salt Lake (Utah) CC	14.00	4:07.01c (4:06.57A)	3/28/25	Utah Valley Collegiate
10	Carlie Carlgren, Jaelyn Rumbach, Amanda Kotambe, Maimuna Jallow	#11 Cloud County (Kan.) C	12.00	4:08.33	3/29/25	Mark A. Phillips Tiger Open
11	Brittany Danas, Alaila Jones, Bryanna Danas, Iyiana Wilhite	Jacksonville (Texas)	10.00	4:12.77	3/15/25	Texas Southern Relays
12	Vilorina Tuilawaki, Melani Turaga, Rhea Flanders, Amy Styles	Neosho County (Kan.)	9.00	4:13.26	3/29/25	Mark A. Phillips Tiger Open
13	Kate Dare, Kendra Guest, Katie Munoz, Carmella Baldwin	#5 Mesa (Ariz.) CC	8.00	4:14.94	3/29/25	Cody McBride/Distance in the
14	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee	Muskegon (Mich.) CC	7.00	4:19.37	3/29/25	Amy Adams Memorial Invitati
15	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia	Ranger (Texas)	6.00	4:26.31	3/15/25	Texas Southern Relays



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emilly Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri	#1 New Mexico JC	30.00	8:50.12	3/29/25 Texas Relays



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Tiana PETROVA	FR #1	New Mexico JC	34.82	1.68m 5-6 3/29/25	Texas Relays
2	Aidan FAITH	SO	Hagerstown (Md.) CC	30.77	1.61m 5-3¼ 3/29/25	Dr. Harry G.M. Jopson Invitati
3	Qiana PIERCE	FR #15	Hinds (Miss.) CC	28.48	1.60m 5-3 3/22/25	Belhaven Invitational
4	April NECAISE	SO #2	Pima (Ariz.) CC	26.18	1.59m 5-2½ 3/22/25	Willie Williams/Dave Murray Di
4	Isabel GREEN	SO #2	Pima (Ariz.) CC	26.18	1.59m 5-2½ 3/22/25	Willie Williams/Dave Murray Di
6	Kaelyn GIARRUSSO	SO #24	Glendale (Ariz.) CC	21.93	1.58m 5-2¼ 3/29/25	Cody McBride/Distance in the
7	Sara JACOBSON	SR #5	Mesa (Ariz.) CC	3.73 D	1.57m 5-1¾ 3/28/25	Mesa Multis
8	Chenessa DAVIS	SO #11	Cloud County (Kan.) C	17.33	1.55m 5-1 3/29/25	Mark A. Phillips Tiger Open
8	Eden BROUWERS	FR #14	Iowa Central CC	17.33	1.55m 5-1 3/28/25	Emporia State Relays
8	Cordaelia WILLIAMS	SO #11	Cloud County (Kan.) C	17.33	1.55m 5-1 3/29/25	Mark A. Phillips Tiger Open
8	Arriana JOHNSON	SO #18	Indian Hills (Iowa) CC	17.33	1.55m 5-1 3/28/25	Emporia State Relays
12	Tyler WASHINGTON	SO #2	Pima (Ariz.) CC {3}	9.97	1.53m 5-¼ 3/29/25	Cody McBride/Distance in the
12	Vinae BUFORD-STILLMAN	FR #8	Central Arizona	9.97	1.53m 5-¼ 3/29/25	Cody McBride/Distance in the
14	Jazz DILWORTH	FR #4	Fort Scott (Kan.) CC	7.87	1.52m 4-11¾ 3/28/25	Emporia State Relays
15	Alyana WALLACE	SO #25	Highland (Kan.) CC	6.77	1.51m 4-11½ 3/29/25	Central Methodist Invitational
16	Berlynn BLACK	SO #25	Highland (Kan.) CC {2}	5.67	1.50m 4-11 3/22/25	Spire Distance Carnival & Tea
16	Tasha WILLIAMS	JR	Hawkeye (Iowa) CC	5.67	1.50m 4-11 3/28/25	Central (Iowa) Dutch Invitatio
18	Kira MESSERLY	FR #14	Iowa Central CC {2}	4.56	1.49m 4-10½ 3/28/25	Emporia State Relays
19	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	3.75	1.46m 4-9½ 3/29/25	Amy Adams Memorial Invitati
19	Jakouria JAMERSON	SO #4	Fort Scott (Kan.) CC {2}	2.25 D	1.46m 4-9½ 3/28/25	Emporia State Relays
21	A'Kevia WEAVER	FR	Jacksonville (Texas)	2.65	1.45m 4-9 3/15/25	Texas Southern Relays
21	Hannah DROEG	FR #2	Pima (Ariz.) CC {4}	TM-4	1.45m 4-9 3/28/25	Mesa Multis
21	Raeya TOWNSEND	FR	Marion Military Institu	2.65	1.45m 4-9 3/28/25	Thrills In The Hills
21	Makayla GAY	SO #12	Cowley (Kan.)	2.65	1.45m 4-9 3/29/25	Mark A. Phillips Tiger Open
25	Sophia CALISTRO	FR	Dodge City (Kan.) CC	0.95	1.42m 4-7¾ 3/29/25	Broncbuster Invitational
25	Camdyn CUNNINGHAM	FR	Dodge City (Kan.) CC	0.95	1.42m 4-7¾ 3/29/25	Broncbuster Invitational
27	Adaysha HOLLINESS	FR	Marion Military Institu {2}	0.85	1.40m 4-7 3/28/25	Thrills In The Hills
27	Carrie MOORE	SO	Carroll (Md.) CC	0.85	1.40m 4-7 3/29/25	Towson Invitational
27	Journey SANDER	FR	State Fair (Mo.)	0.85	1.40m 4-7 3/22/25	Missouri S&T Miner Invitationa
30	Maylee THOMPSON	SO #2	Pima (Ariz.) CC {5}	TM-5	1.39m 4-6¾ 3/28/25	Mesa Multis
31	Abby GILLEN	FR	Garden City (Kan.) CC	0.65	1.37m 4-6 3/29/25	Broncbuster Invitational
31	Meeca CASTILLO	FR	Garden City (Kan.) CC	0.65	1.37m 4-6 3/29/25	Broncbuster Invitational
31	Ella HOMAWOO	FR #14	Iowa Central CC {3}	0.65	1.37m 4-6 3/28/25	Emporia State Relays
34	Layla KONSKI	FR #2	Pima (Ariz.) CC {6}	TM-6	1.36m 4-5½ 3/28/25	Mesa Multis
35	Chloe HANCOCK	FR #13	Paradise Valley (Ariz.)	0.45	1.33m 4-4¼ 3/28/25	Mesa Multis
35	Mackenzie ANDERSON	FR #13	Paradise Valley (Ariz.)	0.45	1.33m 4-4¼ 3/29/25	Cody McBride/Distance in the
37	Natalia BRZEZNAK	JR #5	Mesa (Ariz.) CC {2}	0.35	1.15m 3-9¼ 3/28/25	Mesa Multis



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Olga LAPUZOVA	FR	#6 South Plains (Texas)	36.42	3.65m	11-11¾	3/22/25	West Texas Relays	
2	Madisyn WILLIAMS	FR	#5 Mesa (Ariz.) CC	33.65	3.61m	11-10	3/20/25	PV/ALTIS Invite	
3	Dakota DAPPER	SO	#12 Cowley (Kan.)	30.69	3.56m	11-8	3/29/25	Mark A. Phillips Tiger Open	
4	Kennedy KIZARR	SO	#12 Cowley (Kan.) {2}	27.36	3.46m	11-4¼	3/29/25	Mark A. Phillips Tiger Open	
4	Morgan PEPE	SO	#2 Pima (Ariz.) CC	27.36	3.46m	11-4¼	3/22/25	Willie Williams/Dave Murray Di	
6	Bradie MEDINA	SO	#11 Cloud County (Kan.) C	22.35	3.36m	11-¼	3/29/25	Mark A. Phillips Tiger Open	
7	Giuliana SCHIESARO	SO	#6 South Plains (Texas) {2}	20.25	3.35m	10-11¾	2/7/25	SPC Wayland West Texas Shoo	
8	Mikaila BARAN	FR	#13 Paradise Valley (Ariz.)	16.32	3.16m	10-4¼	3/20/25	PV/ALTIS Invite	
8	Lauren ALLARD	SO	#24 Glendale (Ariz.) CC	16.32	3.16m	10-4¼	3/22/25	Willie Williams/Dave Murray Di	
8	Anna BROWN	FR	#5 Mesa (Ariz.) CC {2}	16.32	3.16m	10-4¼	3/20/25	PV/ALTIS Invite	
8	Alycea MCCOY	FR	#17 Hutchinson (Kan.) CC	16.32	3.16m	10-4¼	3/29/25	Mark A. Phillips Tiger Open	
8	Grace BENDER	FR	#17 Hutchinson (Kan.) CC	16.32	3.16m	10-4¼	3/29/25	Mark A. Phillips Tiger Open	
8	Mackenzie ANDERSON	FR	#13 Paradise Valley (Ariz.)	16.32	3.16m	10-4¼	3/20/25	PV/ALTIS Invite	
14	Michaela CARNEY	SO	Hagerstown (Md.) CC	7.00	3.05m	10-0	3/21/25	Fred Hardy Invitational	
15	Isabelle CULLENS	FR	#3 Coffeyville (Kan.) CC	6.00	3.01m	9-10½	3/29/25	Mark A. Phillips Tiger Open	
16	Kat CROCHUNIS	FR	Carroll (Md.) CC	5.00	2.95m	9-8	3/29/25	Towson Invitational	
17	Anna WASHBURN	FR	#3 Coffeyville (Kan.) CC {2}	4.50	2.86m	9-4½	3/29/25	Mark A. Phillips Tiger Open	
18	Brakelle MCBRIDE	FR	#13 Paradise Valley (Ariz.) {3}	4.00	2.56m	8-4¾	3/29/25	Cody McBride/Distance in the	
18	Leah SOWERS	FR	Lake-Sumter State (Fl)	4.00	2.56m	8-4¾	3/8/25	Eagle Invitational	
20	Abbigail (Abbi) HUTCHINSON	FR	#14 Iowa Central CC	3.00	2.45m	8-½	3/21/25	Reiver Rust Buster	



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Sakina UMAR	SO #10 Iowa Western CC	35.85	5.99m	19-8 (0.6)	3/29/25	Bobcat Invitational (Texas Sta
2	Juwonna WHITEHORNE	FR #6 South Plains (Texas)	30.38	5.64m	18-6 (1.3)	3/22/25	West Texas Relays
3	Alexia LEWIS	SO #25 Highland (Kan.) CC	28.28	5.63m	18-5¾ (0.3)	3/29/25	Central Methodist Invitational
4	Aalyiah LINTON	SO #4 Fort Scott (Kan.) CC	25.70	5.57m	18-3¼ (1.3)	3/20/25	Kirk Baptiste Spring Break Invi
5	Michaelyn FISHER	FR #21 Richard Bland (Va.)	23.63	5.56m	18-3 (0.0)	3/21/25	Fred Hardy Invitational
6	Alexia WALKER	FR #20 Barton (Kan.) CC	21.50	5.54mw	18-2¼ (3.1)	3/29/25	Mark A. Phillips Tiger Open
7	Jocelyn NUNEZ	FR State Fair (Mo.)	19.43	5.53m	18-1¾ (1.5)	3/22/25	Missouri S&T Miner Invitationa
7	Alisha JACKSON	FR Bryant & Stratton (Va.)	19.43	5.53m	18-1¾ (0.2)	3/29/25	Seahawk Invitational
9	Maylee THOMPSON	SO #2 Pima (Ariz.) CC	15.36	5.52m	18-1½ (0.1)	3/22/25	Willie Williams/Dave Murray Di
10	Layisha FREEMAN	FR State Fair (Mo.) {2}	13.23	5.50m	18-½ (1.2)	3/15/25	Central Methodist Open
10	Kavel RITCHIE	SO #1 New Mexico JC	13.23	5.50m	18-½ (-0.5)	3/29/25	Texas Relays
12	Anijah JAMES	FR #21 Richard Bland (Va.) {2}	10.16	5.49m	18-¼ (0.4)	3/21/25	Fred Hardy Invitational
13	Nanhi PANNU	FR #11 Cloud County (Kan.) C	8.97	5.45mw	17-10¾ (2.7)	3/29/25	Mark A. Phillips Tiger Open
14	Jaden MILLER	FR Lake-Sumter State (Fl	7.91	5.43m	17-9¾ (1.1)	3/28/25	Terry Long Florida State Relay
15	Nele GOESL	FR #11 Cloud County (Kan.) {2}	6.84	5.41mw	17-9 (2.6)	3/29/25	Mark A. Phillips Tiger Open
16	Sara JACOBSON	SR #5 Mesa (Ariz.) CC	2.70	D 5.37m	17-7½ (0.0)	3/28/25	Mesa Multis
17	Aliyah GIDHARRY	SO #8 Central Arizona	5.13	5.35m	17-6¾ (0.0)	3/22/25	Willie Williams/Dave Murray Di
18	Yaya MORENO	SO #17 Hutchinson (Kan.) CC	4.56	5.33mw	17-6 (2.6)	3/29/25	Mark A. Phillips Tiger Open
19	Erin MABRY	FR #5 Mesa (Ariz.) CC {2}	3.96	5.30m	17-4¾ (0.0)	3/29/25	Cody McBride/Distance in the
20	Layla KONSKI	FR #2 Pima (Ariz.) CC {2}	2.42	D 5.29m	17-4¼ (0.5)	3/22/25	Willie Williams/Dave Murray Di
20	Makayla WHITFIELD	FR Bismarck State (N.D.)	3.42	5.29m	17-4¼ (1.0)	3/22/25	Marauders Outdoor Opener
22	Vilorina TUILAWAKI	SO Neosho County (Kan.)	2.32	5.26m	17-3¼ (0.5)	3/13/25	Dean Pryor Invitational
22	Shyla COOPER	FR #21 Richard Bland (Va.) {3}	2.32	5.26m	17-3¼ (0.0)	3/21/25	Fred Hardy Invitational
24	Azariah DAWES	FR #17 Hutchinson (Kan.) CC {2}	1.18	5.22m	17-1½ (1.8)	3/29/25	Mark A. Phillips Tiger Open
25	Taeja BARTEE	FR #10 Iowa Western CC {2}	1.03	5.19mw	17-½ (2.1)	3/29/25	Bobcat Invitational (Texas Sta
26	Aaliyah PERKINS	FR #24 Glendale (Ariz.) CC	0.90	5.16m	16-11¼ (0.0)	3/29/25	Cody McBride/Distance in the
27	Bethany SLOVENSKY	FR State Fair (Mo.) {3}	0.85	5.13m	16-10 (0.8)	3/15/25	Central Methodist Open
28	Sophia RODRIQUEZ	FR #1 New Mexico JC {2}	0.80	5.10m	16-8¾ (1.9)	3/29/25	Bobcat Invitational (Texas Sta
29	Amirah NOCK	FR Meridian (Miss.) CC	0.75	5.04m	16-6½ (0.0)	3/22/25	Alumni Bulldog Relays
30	Hannah DROEG	FR #2 Pima (Ariz.) CC {3}	0.70	5.01m	16-5¼ (1.1)	3/28/25	Mesa Multis
30	Oyindamola ADETUTU	SO #24 Glendale (Ariz.) CC {2}	0.70	5.01m	16-5¼ (0.0)	3/29/25	Cody McBride/Distance in the
30	Tahlia LIENERT	FR #11 Cloud County (Kan.) {3}	0.70	5.01mw	16-5¼ (2.4)	3/29/25	Mark A. Phillips Tiger Open
33	Sirinity GLASPER	FR Marion Military Institu	0.55	4.98m	16-4¼ (-0.5)	3/28/25	Thrills In The Hills
34	Ashanti PATTON	SO Meridian (Miss.) CC {2}	0.50	4.91m	16-1½ (0.3)	3/22/25	Alumni Bulldog Relays
35	Elfie SANOGO	FR #10 Iowa Western CC {3}	0.45	4.87m	15-11¾ (1.9)	3/21/25	Reiver Rust Buster
36	Aliyah PERKINS	FR #24 Glendale (Ariz.) CC {3}	0.40	4.85m	15-11 (1.2)	3/22/25	Willie Williams/Dave Murray Di
37	Isabelle CULLENS	FR #3 Coffeyville (Kan.) CC	0.35	4.84m	15-10½ (-0.)	3/23/25	Bethel (Kan.) College Open
38	Ella HOMAWOO	FR #14 Iowa Central CC	0.30	4.83mw	15-10¼ (2.9)	3/28/25	Emporia State Relays
39	Braela SARGENT	SO #4 Fort Scott (Kan.) CC {2}	0.28	4.80m	15-9 (1.9)	3/28/25	Emporia State Relays
40	Julus YOUNGUE	FR #2 Pima (Ariz.) CC {4}	TM-4	4.78m	15-8¼ (0.0)	3/29/25	Cody McBride/Distance in the
41	Tatiyanna WHITE	FR #2 Pima (Ariz.) CC {5}	TM-5	4.70m	15-5 (0.0)	3/29/25	Cody McBride/Distance in the
42	Leah WRIGHT	FR #19 Allen (Kan.) CC	0.20	4.62mw	15-2 (3.2)	3/28/25	Emporia State Relays
43	Shanaya HINTON	FR Marion Military Institu	0.18	4.60m	15-1¼ (0.0)	3/28/25	Thrills In The Hills
44	Anna WASHBURN	FR #3 Coffeyville (Kan.) CC {2}	0.15	4.58m	15-½ (0.0)	3/13/25	Dean Pryor Invitational
45	Eden BROUWERS	FR #14 Iowa Central CC {2}	0.13	4.52mw	14-10 (4.0)	3/28/25	Emporia State Relays
46	Meecca CASTILLO	FR Garden City (Kan.) CC	0.10	4.51m	14-9¾ (0.5)	3/22/25	West Texas Relays
47	Milan KAUR	FR Phoenix (Ariz.)	0.08	4.49m	14-8¾ (0.0)	3/29/25	Cody McBride/Distance in the
47	Brooklyn VOMACKA	FR #10 Iowa Western CC {4}	TM-4	4.49m	14-8¾ (1.1)	3/21/25	Reiver Rust Buster
47	Jada HATCHER	FR #21 Richard Bland (Va.) {4}	TM-4	4.49m	14-8¾ (0.0)	3/21/25	Fred Hardy Invitational
47	Destiny PONDS	FR Butler (Kan.) CC	0.08	4.49m	14-8¾ (-1.9)	3/23/25	Bethel (Kan.) College Open
47	April NECAISE	SO #2 Pima (Ariz.) CC {6}	TM-6	4.49m	14-8¾ (0.0)	3/22/25	Willie Williams/Dave Murray Di



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#10 Iowa Western CC	31.68	13.35m	43-9¾ (0.5)	3/29/25	Bobcat Invitational (Texas Sta
2	Shanaya HINTON	FR	Marion Military Institu	29.45	11.94m	39-2¼ (-0.6)	3/28/25	Thrills In The Hills
3	Sophia RODRIQUEZ	FR	#1 New Mexico JC	27.44	11.86m	38-11 (1.1)	3/29/25	Bobcat Invitational (Texas Sta
4	Brooke HAWKINS	SO	#17 Hutchinson (Kan.) CC	25.41	11.68mw	38-4 (3.0)	3/29/25	Mark A. Phillips Tiger Open
5	Ashanti PATTON	SO	Meridian (Miss.) CC	23.38	11.46m	37-7¼ (1.5)	3/22/25	Alumni Bulldog Relays
6	Kavel RITCHIE	SO	#1 New Mexico JC {2}	21.37	11.41m	37-5¼ (1.1)	3/29/25	Bobcat Invitational (Texas Sta
7	Aalyiah LINTON	SO	#4 Fort Scott (Kan.) CC	19.36	11.39m	37-4½ (1.0)	3/28/25	Emporia State Relays
8	Elfie SANOGO	FR	#10 Iowa Western CC {2}	17.36	11.35m	37-3 (-1.9)	3/21/25	Reiver Rust Buster
9	Layla KONSKI	FR	#2 Pima (Ariz.) CC	15.33	11.16m	36-7½ (1.3)	3/22/25	Willie Williams/Dave Murray Di
10	Oyindamola ADETUTU	SO	#24 Glendale (Ariz.) CC	13.32	11.09m	36-4¾ (1.1)	3/22/25	Willie Williams/Dave Murray Di
11	Anijah JAMES	FR	#21 Richard Bland (Va.)	11.32	11.04m	36-2¾ (-0.3)	3/21/25	Fred Hardy Invitational
12	Alycea MCCOY	FR	#17 Hutchinson (Kan.) CC{2}	10.30	10.90mw	35-9¼ (3.6)	3/29/25	Mark A. Phillips Tiger Open
13	Isabelle CULLENS	FR	#3 Coffeyville (Kan.) CC	9.29	10.89m	35-8¾ (-1.3)	3/23/25	Bethel (Kan.) College Open
14	Braela SARGENT	SO	#4 Fort Scott (Kan.) CC {2}	8.29	10.87mw	35-8 (3.2)	3/28/25	Emporia State Relays
15	Yaya MORENO	SO	#17 Hutchinson (Kan.) CC{3}	7.27	10.67mw	35-¼ (3.4)	3/29/25	Mark A. Phillips Tiger Open
16	Azariah DAWES	FR	#17 Hutchinson (Kan.) CC{4}	TM-4	10.66mw	34-11¾ (2.5)	3/29/25	Mark A. Phillips Tiger Open
17	Kiley SMICH	FR	#11 Cloud County (Kan.) C	5.76	10.60mw	34-9½ (3.4)	3/29/25	Mark A. Phillips Tiger Open
18	Anna WASHBURN	FR	#3 Coffeyville (Kan.) CC {2}	5.23	10.40mw	34-1½ (3.8)	3/29/25	Mark A. Phillips Tiger Open
19	Erin SMITH	SO	#21 Richard Bland (Va.) {2}	4.72	10.33m	33-10¾ (0.0)	3/21/25	Fred Hardy Invitational
20	April NECAISE	SO	#2 Pima (Ariz.) CC {2}	3.16	D 9.90m	32-5¾ (0.1)	3/22/25	Willie Williams/Dave Murray Di
21	Journey SANDER	FR	State Fair (Mo.)	3.65	9.84m	32-3½ (0.2)	3/15/25	Central Methodist Open
22	Brooklyn VOMACKA	FR	#10 Iowa Western CC {3}	3.15	9.80m	32-2 (-1.6)	3/21/25	Reiver Rust Buster
23	Shelly NEWTON	FR	#24 Glendale (Ariz.) CC {2}	2.51	8.74m	28-8¼ (0.0)	3/29/25	Cody McBride/Distance in the
24	Leah WRIGHT	FR	#19 Allen (Kan.) CC	1.00	1.30m	4-3¼ (0.0)	3/28/25	Emporia State Relays



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Esteisy SALAS	SO	#1 New Mexico JC	35.28		15.85m	52-0	3/29/25	Texas Relays
2	Rejoice AGBEWODIE	SO	#8 Central Arizona	6.22	D	15.14m	49-8¼	3/29/25	Cody McBride/Distance in the
3	Chin-Loy RAYMOND	SO	#10 Iowa Western CC	28.79		14.18m	46-6¼	3/29/25	Bobcat Invitational (Texas Sta
4	Cierra GRAY	SO	#12 Cowley (Kan.)	26.41		13.87m	45-6¼	3/29/25	Mark A. Phillips Tiger Open
5	Unitee BROWN	FR	#14 Iowa Central CC	23.92		13.41m	44-0	3/28/25	Emporia State Relays
6	Kahlilah BAILEY	FR	#6 South Plains (Texas)	21.88		13.37m	43-10½	2/7/25	SPC Wayland West Texas Shoo
7	Suerena ALEXANDER	FR	#6 South Plains (Texas) {2}	19.74		13.24m	43-5¼	2/7/25	SPC Wayland West Texas Shoo
8	Deisheline MAYER SCOTT	FR	#17 Hutchinson (Kan.) CC	17.57		13.08m	42-11	3/29/25	Mark A. Phillips Tiger Open
9	Athilia PRYCE	FR	#1 New Mexico JC {2}	15.41		12.90m	42-4	3/22/25	Wes Kittley Invitational
10	Aiyanna GREEN	SO	#17 Hutchinson (Kan.) CC {2}	13.04		12.27m	40-3¼	3/29/25	Mark A. Phillips Tiger Open
11	Jamelia NICHOLAS	SO	#8 Central Arizona {2}	10.85		11.94m	39-2¼	3/29/25	Cody McBride/Distance in the
12	Lovely HIBBERT	FR	#10 Iowa Western CC {2}	9.75		11.77m	38-7½	3/21/25	Reiver Rust Buster
12	Alma CORDOVA	SO	#22 Colby (Kan.) CC	9.75		11.77m	38-7½	3/29/25	Broncbuster Invitational
14	Alexis CLEMMONS	FR	#25 Highland (Kan.) CC	7.62		11.54m	37-10½	3/29/25	Central Methodist Invitational
15	Amoni EVANS	FR	#12 Cowley (Kan.) {2}	6.45		11.25m	36-11	3/29/25	Mark A. Phillips Tiger Open
16	Shyla-Mae CONSTABLE	FR	#8 Central Arizona {3}	5.42		11.21m	36-9½	3/29/25	Cody McBride/Distance in the
17	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC	2.37	D	11.12m	36-5¾	3/28/25	Mesa Multis
18	Bree ROWE	SO	#12 Cowley (Kan.) {3}	4.34		11.07m	36-4	3/29/25	Mark A. Phillips Tiger Open
19	Nichole ROBERTS	FR	Dawson (Mont.) CC	3.84		11.06m	36-3½	3/22/25	Battlin' Bears/Yellowjacket O
20	Zuriya ROBINSON	SO	#14 Iowa Central CC {2}	3.31		11.01m	36-1½	3/28/25	Emporia State Relays
21	Morgan MOSLEY	FR	#2 Pima (Ariz.) CC	2.69		10.81m	35-5¾	3/29/25	Cody McBride/Distance in the
22	Jessi MCDOWELL	FR	#12 Cowley (Kan.) {4}	TM-4		10.78m	35-4½	3/13/25	Dean Pryor Invitational
23	Carmen SPEAR	FR	#13 Paradise Valley (Ariz.)	1.62		10.69m	35-1	3/20/25	PV/ALTIS Invite
24	Vivica PAULHILL	FR	Pratt (Kan.) CC	1.06		10.59m	34-9	3/22/25	Prairie View A&M Relays
25	Katie COOK	FR	#12 Cowley (Kan.) {5}	TM-5		10.47m	34-4¼	3/29/25	Mark A. Phillips Tiger Open
25	Eden BROUWERS	FR	#14 Iowa Central CC {3}	0.95		10.47m	34-4¼	3/28/25	Emporia State Relays
27	Lynniya WHITAKER	SO	Howard (Md.) CC	0.85		10.37m	34-¼	3/22/25	Alan Connie Shamrock Invitati
28	Brandy JARMON	FR	#10 Iowa Western CC {3}	0.80		10.36m	34-0	3/21/25	Reiver Rust Buster
29	Holly HYLTON	SO	#22 Colby (Kan.) CC {2}	0.75		10.10m	33-1¾	3/29/25	Broncbuster Invitational
30	Vivica ADDISON	SO	#11 Cloud County (Kan.) C	0.70		10.09m	33-1¼	3/23/25	Bethel (Kan.) College Open
31	Aaliyah CHAVEZ	SO	#22 Colby (Kan.) CC {3}	0.65		10.08m	33-1	3/22/25	West Texas Relays
32	Taia VELASCO	SO	Garden City (Kan.) CC	0.60		10.07m	33-½	3/29/25	Broncbuster Invitational
33	Cheyenne ELLIS	FR	Howard (Md.) CC {2}	0.55		9.96m	32-8¼	3/29/25	Seahawk Invitational
34	Hannah DROEG	FR	#2 Pima (Ariz.) CC {2}	0.50		9.85m	32-3¾	3/28/25	Mesa Multis
35	Tomi GALL	SO	Garden City (Kan.) CC {2}	0.45		9.78m	32-1	3/22/25	West Texas Relays
36	Ella HOMAWOO	FR	#14 Iowa Central CC {4}	TM-4		9.66m	31-8½	3/28/25	Emporia State Relays
37	Adaysha HOLLINESS	FR	Marion Military Institu	0.35		9.62m	31-6¾	3/28/25	Thrills In The Hills
37	Gloria ANUAMADI	SO	#24 Glendale (Ariz.) CC	0.35		9.62m	31-6¾	3/29/25	Cody McBride/Distance in the
37	Armani LOPEZ	FR	#2 Pima (Ariz.) CC {3}	0.35		9.62m	31-6¾	3/22/25	Willie Williams/Dave Murray Di
40	Kit BYARS	SO	North Iowa Area CC	0.25		9.57m	31-4¾	3/28/25	Emporia State Relays
41	Natalia BRZEZNIAK	JR	#5 Mesa (Ariz.) CC {2}	0.23		9.47m	31-1	3/28/25	Mesa Multis
42	Lilleann SHACKLEFORD	FR	Cuyahoga (Ohio) CC	0.20		9.45m	31-0	3/22/25	Ed Fry Invitational
43	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {4}	TM-4		9.41m	30-10½	3/28/25	Mesa Multis
44	Alicyn MCGINNIS	FR	#12 Cowley (Kan.) {6}	TM-6		9.36m	30-8½	3/29/25	Mark A. Phillips Tiger Open
45	Chloe HANCOCK	FR	#13 Paradise Valley (Ariz.) {2}	0.13		9.30m	30-6¼	3/28/25	Mesa Multis
46	Jazz DILWORTH	FR	#4 Fort Scott (Kan.) CC	0.10		9.28m	30-5½	3/28/25	Emporia State Relays
46	Bianca CORONA	FR	#2 Pima (Ariz.) CC {5}	TM-5		9.28m	30-5½	3/22/25	Willie Williams/Dave Murray Di
48	Shaelyn SCHWEM	FR	Lansing (Mich.) CC	0.05		9.26m	30-4¾	3/22/25	Polar Bear Invitational (Indian
49	Kara-Jean STATON	FR	Southwestern (Iowa) C	0.03		9.16m	30-¾	3/28/25	Central (Iowa) Dutch Invitatio
50	Izabel GAIN	SO	#25 Highland (Kan.) CC {2}	0.01		9.15m	30-¼	3/29/25	Central Methodist Invitational



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #1, April 1

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Cedricka WILLIAMS	SO #20 Barton (Kan.) CC	35.44	54.22m	177-11	3/29/25	Mark A. Phillips Tiger Open
2	Rejoice AGBEWODIE	SO #8 Central Arizona	32.50	51.94m	170-5	3/29/25	Cody McBride/Distance in the
3	Ivanilda SEMEDO	SO #20 Barton (Kan.) CC {2}	30.48	51.90m	170-4	3/29/25	Mark A. Phillips Tiger Open
4	Athilia PRYCE	FR #1 New Mexico JC	26.31	44.95m	147-6	3/22/25	Wes Kittley Invitational
5	Carla Kay BROWN	FR #3 Coffeyville (Kan.) CC	24.23	44.68m	146-7	3/29/25	Bobcat Invitational (Texas Sta
6	Zadie MACKEY	FR #20 Barton (Kan.) CC {3}	21.98	43.88m	144-0	3/29/25	Mark A. Phillips Tiger Open
7	Jamelia NICHOLAS	SO #8 Central Arizona {2}	19.46	42.17m	138-4	3/29/25	Cody McBride/Distance in the
8	Bree ROWE	SO #12 Cowley (Kan.)	17.32	41.71m	136-10	3/29/25	Mark A. Phillips Tiger Open
9	Seioriana GLASS	SO #5 Mesa (Ariz.) CC	15.03	40.26m	132-1	3/20/25	PV/ALTIS Invite
10	Cierra GRAY	SO #12 Cowley (Kan.) {2}	12.74	38.54m	126-6	3/13/25	Dean Pryor Invitational
11	Margherita SALA	SO #11 Cloud County (Kan.) C	10.59	37.62m	123-5	3/29/25	Mark A. Phillips Tiger Open
12	Jessi MCDOWELL	FR #12 Cowley (Kan.) {3}	9.57	37.55m	123-3	3/13/25	Dean Pryor Invitational
13	Gaby REEVE	SO Muskegon (Mich.) CC	8.56	37.46m	122-11	3/29/25	Amy Adams Memorial Invitati
14	McKayla KUPICKI	SO #3 Coffeyville (Kan.) CC {2}	7.53	37.29m	122-4	3/23/25	Bethel (Kan.) College Open
15	Shaniece POWELL	FR #3 Coffeyville (Kan.) CC {3}	6.40	36.50m	119-9	3/13/25	Dean Pryor Invitational
16	Chin-Loy RAYMOND	SO #10 Iowa Western CC	2.40	36.48m	119-8	3/29/25	Bobcat Invitational (Texas Sta
17	Raina MASSEY	SO Marion Military Institu	4.86	36.27m	119-0	3/15/25	Falcon Classic
18	Unitee BROWN	FR #14 Iowa Central CC	4.29	35.85m	117-8	3/21/25	Reiver Rust Buster
19	Carmen FIELDS	SO Neosho County (Kan.)	3.71	35.36m	116-0	3/29/25	Mark A. Phillips Tiger Open
20	Tiffany NUNEZ	FR #5 Mesa (Ariz.) CC {2}	3.18	35.20m	115-6	3/20/25	PV/ALTIS Invite
21	Katie COOK	FR #12 Cowley (Kan.) {4}	TM-4	34.84m	114-4	3/29/25	Mark A. Phillips Tiger Open
22	Vanessa ESPARZA	SO #1 New Mexico JC {2}	2.12	34.83m	114-3	3/22/25	Wes Kittley Invitational
23	Taia VELASCO	SO Garden City (Kan.) CC	1.62	34.81m	114-3	3/22/25	West Texas Relays
24	Alma CORDOVA	SO #22 Colby (Kan.) CC	1.06	34.45m	113-0	3/29/25	Broncbuster Invitational
25	Breanna SWABY	FR Hawkeye (Iowa) CC	0.95	33.67m	110-6	3/28/25	Central (Iowa) Dutch Invitatio
26	Joslyn EBY	FR Southeast (Neb.) CC	0.90	33.62m	110-4	3/28/25	Wildcat Classic
27	Brinley LENSCH	FR #13 Paradise Valley (Ariz.)	0.85	33.11m	108-8	3/29/25	Cody McBride/Distance in the
28	Zuriya ROBINSON	SO #14 Iowa Central CC {2}	0.80	33.05m	108-5	3/28/25	Emporia State Relays
29	Aiyanna GREEN	SO #17 Hutchinson (Kan.) CC	0.75	32.48m	106-7	3/29/25	Mark A. Phillips Tiger Open
30	Kahllah BAILEY	FR #6 South Plains (Texas)	0.70	32.40m	106-4	3/22/25	West Texas Relays
31	Jada HOUGHTON	FR Lansing (Mich.) CC	0.65	32.29m	105-11	3/22/25	Polar Bear Invitational (Indian
32	Kit BYARS	SO North Iowa Area CC	0.60	31.89m	104-8	3/28/25	Emporia State Relays
33	Claire NICHOLS	SO State Fair (Mo.)	0.55	31.52m	103-5	3/22/25	Missouri S&T Miner Invitationa
34	Aaliyah CHAVEZ	SO #22 Colby (Kan.) CC {2}	0.50	31.15m	102-3	3/29/25	Broncbuster Invitational
35	Holly HYLTON	SO #22 Colby (Kan.) CC {3}	0.45	30.89m	101-4	3/22/25	West Texas Relays
36	Brooke PRIBULICK	SO Carroll (Md.) CC	0.40	30.65m	100-7	3/29/25	Towson Invitational
37	Dakota MUNDEN	FR Trinidad State (Colo.)	0.35	30.35mA	99-7	3/29/25	Chuck Haering Classic
38	Brooke BERRY	SO Muskegon (Mich.) CC {2}	0.30	30.32m	99-5¾	3/29/25	Amy Adams Memorial Invitati
39	Kara-Jean STATON	FR Southwestern (Iowa) C	0.28	29.98m	98-4½	3/21/25	Reiver Rust Buster
40	Imari HUMPHREY	FR Dawson (Mont.) CC	0.25	29.85m	97-11¼	3/27/25	Yellowjackets Open
41	Marin PEOPLES	SO #12 Cowley (Kan.) {5}	TM-5	29.00m	95-1¾	3/29/25	Mark A. Phillips Tiger Open
42	Morgan MOSLEY	FR #2 Pima (Ariz.) CC	0.20	28.28m	92-9½	3/22/25	Willie Williams/Dave Murray Di
43	Brianna LEE	SO #12 Cowley (Kan.) {6}	TM-6	28.27m	92-9	3/13/25	Dean Pryor Invitational
44	Jenna WILSON	FR Garden City (Kan.) CC {2}	0.15	27.98m	91-9¾	3/29/25	Broncbuster Invitational
45	Danika LORDS	FR Dawson (Mont.) CC {2}	0.13	27.93m	91-7¾	3/27/25	Yellowjackets Open
46	Catrina HAWLEY	SO Jacksonville (Texas)	0.10	27.31m	89-7¼	3/15/25	Texas Southern Relays
47	Bianca CORONA	FR #2 Pima (Ariz.) CC {2}	0.08	27.12m	88-11¾	3/22/25	Willie Williams/Dave Murray Di
48	Armani LOPEZ	FR #2 Pima (Ariz.) CC {3}	0.05	26.99m	88-6¾	3/29/25	Cody McBride/Distance in the
49	Lovely HIBBERT	FR #10 Iowa Western CC {2}	0.03	26.98m	88-6¼	3/21/25	Reiver Rust Buster
50	Cheyenne ELLIS	FR Howard (Md.) CC	0.01	26.77m	87-10	3/29/25	Seahawk Invitational



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	37.04		60.62m	198-11	3/29/25	Texas Relays
2	Rejoice AGBEWODIE	SO	#8 Central Arizona	5.79	D	53.30m	174-11	3/29/25	Cody McBride/Distance in the
3	Shyla-Mae CONSTABLE	FR	#8 Central Arizona {2}	29.25		52.10m	170-11	3/22/25	Willie Williams/Dave Murray Di
4	Mercedes GLOVER	JR	#12 Cowley (Kan.)	26.42		49.67m	163-0	3/29/25	Mark A. Phillips Tiger Open
5	Zadie MACKEY	FR	#20 Barton (Kan.) CC	24.19		48.96m	160-8	3/29/25	Mark A. Phillips Tiger Open
6	Seioriana GLASS	SO	#5 Mesa (Ariz.) CC	21.92		48.11m	157-10	3/22/25	Willie Williams/Dave Murray Di
7	Ana MANOUSARIDIS	SO	#3 Coffeyville (Kan.) CC	19.61		47.12m	154-7	3/29/25	Bobcat Invitational (Texas Sta
8	Margherita SALA	SO	#11 Cloud County (Kan.) C	17.17		45.72m	150-0	3/23/25	Bethel (Kan.) College Open
9	Deisheline MAYER SCOTT	FR	#17 Hutchinson (Kan.) CC	14.76		43.73m	143-6	3/29/25	Mark A. Phillips Tiger Open
10	Brianna LEE	SO	#12 Cowley (Kan.) {2}	12.75		43.63m	143-2	3/13/25	Dean Pryor Invitational
11	Alma CORDOVA	SO	#22 Colby (Kan.) CC	10.70		43.36m	142-3	3/29/25	Bronbuster Invitational
12	Chin-Loy RAYMOND	SO	#10 Iowa Western CC	9.69		43.29m	142-1	3/29/25	Bobcat Invitational (Texas Sta
13	Athilia PRYCE	FR	#1 New Mexico JC {2}	2.64	D	42.98m	141-0	3/29/25	Bobcat Invitational (Texas Sta
14	Cierra GRAY	SO	#12 Cowley (Kan.) {3}	2.60	D	42.78m	140-4	3/13/25	Dean Pryor Invitational
15	Mayce MCDONALD	SO	#12 Cowley (Kan.) {4}	TM-4		41.95m	137-8	3/13/25	Dean Pryor Invitational
16	Tomi GALL	SO	Garden City (Kan.) CC	5.45		41.86m	137-4	3/22/25	West Texas Relays
17	Carla Kay BROWN	FR	#3 Coffeyville (Kan.) CC {2}	4.78		40.85m	134-0	3/13/25	Dean Pryor Invitational
18	Zuriya ROBINSON	SO	#14 Iowa Central CC	4.26		40.74m	133-8	3/21/25	Reiver Rust Buster
19	Vivica ADDISON	SO	#11 Cloud County (Kan.) {2}	3.73		40.59m	133-2	3/29/25	Mark A. Phillips Tiger Open
20	Amoni EVANS	FR	#12 Cowley (Kan.) {5}	TM-5		40.18m	131-10	3/13/25	Dean Pryor Invitational
21	Olivia COX	FR	Sauk Valley (Ill.) CC	2.66		40.13m	131-8	3/29/25	First Chance Invitational
22	McKayla KUPICKI	SO	#3 Coffeyville (Kan.) CC {3}	2.14		40.07m	131-6	3/13/25	Dean Pryor Invitational
23	Raina MASSEY	SO	Marion Military Institu	1.62		39.95m	131-1	3/28/25	Thrills In The Hills
24	Tiffany NUNEZ	FR	#5 Mesa (Ariz.) CC {2}	1.07		39.61m	130-0	3/20/25	PV/ALTIS Invite
25	Bree ROWE	SO	#12 Cowley (Kan.) {6}	TM-6		39.60m	129-11	3/29/25	Mark A. Phillips Tiger Open
26	Morgan MOSLEY	FR	#2 Pima (Ariz.) CC	0.95		39.53m	129-8	3/29/25	Cody McBride/Distance in the
27	Katie COOK	FR	#12 Cowley (Kan.) {7}	TM-7		39.08m	128-3	3/29/25	Mark A. Phillips Tiger Open
28	Katy Jo KINDT	SO	#12 Cowley (Kan.) {8}	TM-8		38.64m	126-9	3/29/25	Mark A. Phillips Tiger Open
29	Taia VELASCO	SO	Garden City (Kan.) CC {2}	0.75		38.09m	125-0	3/29/25	Bronbuster Invitational
30	Piper CAMP	FR	#11 Cloud County (Kan.) {3}	0.70		37.93m	124-6	3/29/25	Mark A. Phillips Tiger Open
31	Jessi MCDOWELL	FR	#12 Cowley (Kan.) {9}	TM-9		37.10m	121-9	3/29/25	Mark A. Phillips Tiger Open
32	Shaniece POWELL	FR	#3 Coffeyville (Kan.) CC {4}	TM-4		36.46m	119-8	3/13/25	Dean Pryor Invitational
33	Carmen SPEAR	FR	#13 Paradise Valley (Ariz.)	0.55		35.85m	117-8	3/20/25	PV/ALTIS Invite
34	Kara-Jean STATON	FR	Southwestern (Iowa) C	0.50		35.83m	117-7	3/21/25	Reiver Rust Buster
35	Alicyn MCGINNIS	FR	#12 Cowley (Kan.) {10}	TM-10		35.30m	115-10	3/29/25	Mark A. Phillips Tiger Open
36	Jamelia NICHOLAS	SO	#8 Central Arizona {3}	0.40		35.28m	115-9	3/29/25	Cody McBride/Distance in the
37	Gaby REEVE	SO	Muskegon (Mich.) CC	0.35		34.71m	113-11	3/29/25	Amy Adams Memorial Invitati
38	Vanessa ESPARZA	SO	#1 New Mexico JC {3}	0.30		34.39m	112-10	3/22/25	Wes Kittley Invitational
39	Temiloluwa AKINSANYA	SO	Howard (Md.) CC	0.28		34.28m	112-6	3/22/25	Alan Connie Shamrock Invitati
40	Delal AKTAY	SO	#22 Colby (Kan.) CC {2}	0.25		34.27m	112-5	3/29/25	Bronbuster Invitational
41	Izabel GAIN	SO	#25 Highland (Kan.) CC	0.23		33.54m	110-1	3/22/25	Spire Distance Carnival & Tea
42	Lynniya WHITAKER	SO	Howard (Md.) CC {2}	0.20		33.14m	108-9	3/22/25	Alan Connie Shamrock Invitati
43	Claire NICHOLS	SO	State Fair (Mo.)	0.18		33.01m	108-4	3/15/25	Central Methodist Open
44	Cheyenne ELLIS	FR	Howard (Md.) CC {3}	0.15		32.54m	106-9	3/29/25	Seahawk Invitational
45	Kit BYARS	SO	North Iowa Area CC	0.13		32.31m	106-0	3/28/25	Emporia State Relays
46	Jenna WILSON	FR	Garden City (Kan.) CC {3}	0.10		32.28m	105-11	3/29/25	Bronbuster Invitational
47	Abbi RICHTER	SO	Southwestern (Iowa) {2}	0.08		32.11m	105-4	3/21/25	Reiver Rust Buster
48	Lovely HIBBERT	FR	#10 Iowa Western CC {2}	0.05		31.92m	104-9	3/21/25	Reiver Rust Buster
49	Carmen FIELDS	SO	Neosho County (Kan.)	0.03		31.56m	103-7	3/13/25	Dean Pryor Invitational
50	Aaliyah CHAVEZ	SO	#22 Colby (Kan.) CC {3}	0.01		30.17m	98-11¾	3/22/25	West Texas Relays



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Rejoice AGBEWODIE	SO	#8 Central Arizona	34.19		48.13m	157-11	3/22/25	Willie Williams/Dave Murray Di
2	Bruna VIEIRA DE JESUS	SO	#1 New Mexico JC	31.95		47.37m	155-5	3/22/25	Wes Kittley Invitational
3	Jaeleigha ABALOS	FR	#13 Paradise Valley (Ariz.)	28.84		43.84m	143-10	3/22/25	Willie Williams/Dave Murray Di
4	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC	26.65		43.20m	141-9	3/28/25	Mesa Multis
5	Brynn FULLER	FR	Bismarck State (N.D.)	24.38		42.01m	137-10	3/28/25	Central Nebraska Challenge
6	Suerena ALEXANDER	FR	#6 South Plains (Texas)	22.36		41.93m	137-7	3/29/25	Texas Relays
7	Vivica ADDISON	SO	#11 Cloud County (Kan.) C	19.42		37.88m	124-4	3/29/25	Mark A. Phillips Tiger Open
8	Eden BROUWERS	FR	#14 Iowa Central CC	3.26	D	37.19m	122-0	3/28/25	Emporia State Relays
9	April NECAISE	SO	#2 Pima (Ariz.) CC	14.97		35.29m	115-10	3/29/25	Cody McBride/Distance in the
10	Mercedes GLOVER	JR	#12 Cowley (Kan.)	12.94		35.06m	115-1	3/29/25	Mark A. Phillips Tiger Open
11	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {2}	2.92	D	34.85m	114-4	3/28/25	Mesa Multis
12	Isabella SABALA	FR	State Fair (Mo.)	9.84		34.23m	112-4	3/29/25	SBU Bearcat Invitational
13	Chloe HANCOCK	FR	#13 Paradise Valley (Ariz.) {2}	8.70		33.20m	108-11	3/28/25	Mesa Multis
14	Hannah DROEG	FR	#2 Pima (Ariz.) CC {3}	2.67	D	32.96m	108-2	3/22/25	Willie Williams/Dave Murray Di
15	Destiny THOMPSON	FR	Dawson (Mont.) CC	6.59		32.38m	106-3	3/22/25	Battlin' Bears/Yellowjacket O
16	Ella HOMAWOO	FR	#14 Iowa Central CC {2}	5.57		32.21m	105-8	3/28/25	Emporia State Relays
17	Bailey HASELHORST	SO	State Fair (Mo.) {2}	5.02		31.81m	104-5	3/22/25	Missouri S&T Miner Invitationa
18	Alicyn MCGINNIS	FR	#12 Cowley (Kan.) {2}	4.46		31.40m	103-0	3/29/25	Mark A. Phillips Tiger Open
19	Isabelle CULLENS	FR	#3 Coffeyville (Kan.) CC	2.41	D	30.98m	101-8	3/13/25	Dean Pryor Invitational
20	Claire NICHOLS	SO	State Fair (Mo.) {3}	3.37		30.72m	100-10	3/15/25	Central Methodist Open
21	Armani LOPEZ	FR	#2 Pima (Ariz.) CC {4}	TM-4		30.49m	100-1	3/29/25	Cody McBride/Distance in the
22	Emily SCHOLZ	FR	#5 Mesa (Ariz.) CC {2}	2.32		30.33m	99-6¼	3/29/25	Cody McBride/Distance in the
23	Carlie CARLGREN	FR	#11 Cloud County (Kan.) {2}	1.78		30.01m	98-5½	3/29/25	Mark A. Phillips Tiger Open
24	Unitee BROWN	FR	#14 Iowa Central CC {3}	1.04		28.17m	92-5¼	3/21/25	Reiver Rust Buster
25	Destiny PONDS	FR	Butler (Kan.) CC	0.95		27.30m	89-6¾	3/23/25	Bethel (Kan.) College Open
26	Raina MASSEY	SO	Marion Military Institu	0.90		25.46m	83-6½	3/28/25	Thrills In The Hills
27	Adaysha HOLLINESS	FR	Marion Military Instit {2}	0.85		24.81m	81-4¾	3/28/25	Thrills In The Hills
28	Emma HERRERA	FR	Pratt (Kan.) CC	0.80		23.82m	78-1¾	3/20/25	Kirk Baptiste Spring Break Invi
29	Alexia WALKER	FR	#20 Barton (Kan.) CC	0.75		23.37m	76-8¼	3/29/25	Mark A. Phillips Tiger Open
30	Delal AKTAY	SO	#22 Colby (Kan.) CC	0.70		22.29m	73-1¾	3/22/25	West Texas Relays
31	Natalia BRZEZNAK	JR	#5 Mesa (Ariz.) CC {3}	0.65		21.73m	71-3½	3/22/25	Willie Williams/Dave Murray Di
32	Jazz DILWORTH	FR	#4 Fort Scott (Kan.) CC	0.60		21.46m	70-5	3/28/25	Emporia State Relays
33	Kira MESSERLY	FR	#14 Iowa Central CC {4}	TM-4		19.34m	63-5½	3/28/25	Emporia State Relays
34	Layla KONSKI	FR	#2 Pima (Ariz.) CC {5}	TM-5		19.21m	63-¼	3/28/25	Mesa Multis
35	Kaitlyn QUEEN	FR	Hagerstown (Md.) CC	0.45		18.16m	59-7	3/29/25	Dr. Harry G.M. Jopson Invitati
36	Leah WRIGHT	FR	#19 Allen (Kan.) CC	0.40		15.48m	50-9½	3/28/25	Emporia State Relays
37	Kamryn STEFANOSKI	SO	Carroll (Md.) CC	0.35		15.22m	49-11¼	3/29/25	Towson Invitational
38	Layna ATALLAH	SO	Lansing (Mich.) CC	0.30		13.56m	44-6	3/22/25	Polar Bear Invitational (Indian



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #1, April 1

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC	38.18		4,997	3/28/25 Mesa Multis
2	Hannah DROEG	FR	#2 Pima (Ariz.) CC	31.56		4,258	3/28/25 Mesa Multis
3	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {2}	29.39		4,230	3/28/25 Mesa Multis
4	Eden BROUWERS	FR	#14 Iowa Central CC	26.81		4,098	3/28/25 Emporia State Relays
5	Ella HOMAWOOD	FR	#14 Iowa Central CC {2}	24.33		3,960	3/28/25 Emporia State Relays
6	Layla KONSKI	FR	#2 Pima (Ariz.) CC {3}	21.52		3,729	3/28/25 Mesa Multis
7	Jazz DILWORTH	FR	#4 Fort Scott (Kan.) CC	18.60		3,466	3/28/25 Emporia State Relays
8	Jakouria JAMERSON	SO	#4 Fort Scott (Kan.) CC {2}	16.12		3,328	3/28/25 Emporia State Relays
9	Chloe HANCOCK	FR	#13 Paradise Valley (Ariz.)	14.00		3,271	3/28/25 Mesa Multis
10	Kira MESSERLY	FR	#14 Iowa Central CC {3}	12.00		2,653	3/28/25 Emporia State Relays
11	Natalia BRZEZNIAK	JR	#5 Mesa (Ariz.) CC {2}	10.00		2,375	3/28/25 Mesa Multis
12	Leah WRIGHT	FR	#19 Allen (Kan.) CC	9.00		2,109	3/28/25 Emporia State Relays