

FR #13 Bryant & Stratto 1:09.36

FR #13 Bryant & Stratto{2} 1:09.39

SO #1 Richard Bland (V{2}1:11.72

FR #9 Cuyahoga (Ohio) 1:13.48

23 Aniya SUKU

6 **32** Erin SMITH

7 **34** Ciara MAY

24 Alisha JACKSON

### WOMEN — 2025 Checkpoint #2, April 8



						Atla	nt	ic			as of 4/8/2025 7:0	9:15 AM ET
	И	/om	en's 100 Meters						И	/on	en's 800 Meters	
1 19	Aniya SUKU	_	#13 Bryant & Stratto	11.93	(1.1)	4/5	1	11	Attoya HARVEY		#8 Monroe-New Ro 2:14.34	3/29
2 <b>22</b>	Michaelyn FISHER	FR	#1 Richard Bland (V	11.94	(0.8)	3/29	2	12	Daisy SPEET	FR	#4 Lansing (Mich.) ( 2:14.52	4/4
3 <b>33</b>	Kimberly BAKER	so	#5 Essex County (N.	12.01	(1.3)	3/29	3	17	Tanesia GARDINER	FR	#8 Monroe-New Ro(2) 2:18.42	3/29
4 <b>48</b>	Anijah JAMES	FR	#1 Richard Bland (V{2	12.35	(0.8)	3/29	4	18	Joy JEPLETING	FR	#8 Monroe-New Ro(3) 2:18.56	3/29
5 <b>53</b>	Deborah OYETUNDE	FR	#15 CCBC Essex (Md.	12.45	(0.7)	3/29	5	41	Sara BELGACEM	FR	#12 Vincennes (Ind.) 2:25.60	3/29
6 <b>56</b>	Shermalee FREEMAN	FR	#5 Essex County (N.{2	}12.50w	(2.3)	3/29	6	68	Sade LEE	FR	#10 Lake-Sumter Sta 2:31.26	3/8
7 <b>58</b>	Jessica FRANKLIN	FR	#6 Hagerstown (Md	12.53	(1.0)	4/4	7	78	Lauren LEE	FR	#3 Muskegon (Mich 2:34.62	4/5
8 64	Brinel THOMAS	FR	#8 Monroe-New Ro	12.56	(0.0)	3/29	8	86	Kierra FLEGEL	so	#3 Muskegon (Mich{2} 2:37.55	4/5
9 <b>67</b>	J'Miaya MUSE	FR	#1 Richard Bland (V{3	12.62	(0.9)	4/5	9	89	Faith SWENOR	FR	#4 Lansing (Mich.) ({2} 2:37.88	3/22
10 <b>71</b>	Jayla WERTS	so	#1 Richard Bland (V{4	<b>12.66</b>	(1.2)	3/21	10	93	kristina WILDE	so	#4 Lansing (Mich.) ({3} 2:39.03	4/4
	Wom	en'	s 100 Meter Hurd	lles					W	om	en's 1500 Meters	
1 8	Kadina DEEBLE	_	#5 Essex County (N.	_	(2.5)	3/29	1	24	Daisy SPEET	_	#4 Lansing (Mich.) ( 4:52.40	3/22
	Alisha JACKSON		#13 Bryant & Stratto	14.98w	(3.5)	4/5			Sara BELGACEM		#12 Vincennes (Ind.) 4:55.42	3/29
	Shyla COOPER		#1 Richard Bland (V		(1.6)	3/29			Michaela GROSS		#6 Hagerstown (Md 5:00.04	3/29
	Jada HATCHER		#1 Richard Bland (V{2		(1.6)	4/5	4		Serena DOUGLAS		#5 Essex County (N. 5:02.88	3/29
	Ma-Avian WILLIAMS	SO			(1.1)	3/29	5		Lauren LEE		#3 Muskegon (Mich 5:20.59	3/29
	Aniya SUKU		#13 Bryant & Stratto{2	•	(-0.7)	3/22			Jasmyn SELF		#12 Vincennes (Ind.) {2} 5:22.47	3/29
	Ciara MAY	FR		•	(-1.1)	3/29	7		Naomi KIPKECH		#3 Muskegon (Mich{2} 5:24.16	4/5
	Carrie MOORE	so	#11 Carroll (Md.) CC	20.87	(1.6)	3/29	8		Ja'llian PAIGE		#16 Louisburg (N.C.) 5:25.38	3/29
			en's 200 Meters			,	9		Kierra FLEGEL	so		3/29
1 16	Aniya SUKU		#13 Bryant & Stratto	24.57	(1.0)	4/5	10		Hannah	SO	#9 Cuyahoga (Ohio) 5:32.29	3/29
	Kettia AMBROSE		#8 Monroe-New Ro	24.62	(1.4)	3/29			CUNNINGHAM			
	Michaelyn FISHER		#1 Richard Bland (V	25.05	(0.5)	4/5			W	'om	en's 5000 Meters	
	Jayla WERTS	so			(-0.1)	3/21	1	14	Michaela GROSS	FR	#6 Hagerstown (Md <b>18:20.97</b>	3/21
	Kimberly BAKER		#5 Essex County (N.		(2.2)	3/29	2	18	Ava LAMILZA	SO	#14 Macomb (Mich.) 18:27.25	4/5
	Iyona DAVIS		#7 Howard (Md.) CC		(3.1)	3/22	3	35	Emma DELL	FR	#14 Macomb (Mich.) {2} <b>19:20.79</b>	4/5
	Anijah JAMES		#1 Richard Bland (V{3		(-0.7)	4/5	4	44	Erin ROWAN	FR	#14 Macomb (Mich.) {3} <b>19:57.53</b>	4/5
	J'Miaya MUSE	FR	#1 Richard Bland (V{4	25.72	(0.5)	4/5	5	52	Naomi KIPKECH	FR	#3 Muskegon (Mich 20:27.56	3/29
	Keyonna MCGILL	so	#9 Cuyahoga (Ohio)	25.74w	(2.2)	3/22	6	63	Adi FULLER	SO	#12 Vincennes (Ind.) 21:18.51	3/28
10 64	Jessica FRANKLIN	FR	#6 Hagerstown (Md	25.94w	(2.1)	3/29	7	64	Alexis HALE	FR	#12 Vincennes (Ind.) {2} 21:20.19	3/28
	И	/on	en's 400 Meters				8	71	Reagan RUEL	FR	#3 Muskegon (Mich{2} 21:57.69	3/29
1 18	Kaliyah JONES		#8 Monroe-New Ro	56.84		3/29	9	79	Kelsey ETTEL	FR	#14 Macomb (Mich.) {4} <b>23:05.52</b>	4/5
	Kettia AMBROSE		#8 Monroe-New Ro(2			3/29	10	83	Lisaleen UNG	FR	#14 Macomb (Mich.) {5} <b>25:10.14</b>	4/5
	Jayla WERTS		#1 Richard Bland (V	•		3/21			W	'om	en's 4x100 Relay	
	Keyonna MCGILL		#9 Cuyahoga (Ohio)			4/5	1	8	J'Miaya Muse,		#1 Richard Bland (V 47.62	4/5
	Breshauna MILLER		#1 Richard Bland (V{2			4/5			Michaelyn Fisher,			
	Oksanna SMITH		#10 Lake-Sumter Sta			3/28			Anijah James, Shyla Cooper			
	Aaliyah MORGAN		#5 Essex County (N.			3/29	2	15	Sirinity Glasper,		#2 Marion Military I 50.33	3/15
	Shermalee FREEMAN		#5 Essex County (N.{2			3/29	_	-3	Kiliyah Taylor, Raeya			5/15
	Serena DOUGLAS		#5 Essex County (N.{3			3/29			Townsend, Shanaya			
10 55	Iyona DAVIS	SO	#7 Howard (Md.) CC	1:01.75		3/29			Hinton			
	Wom	en'	s 400 Meter Hurd	les								
1 8	Oksanna SMITH	_	#10 Lake-Sumter Sta	_		4/5						
	Paula ORUSEDE		#5 Essex County (N.			3/29						
	Shyla COOPER		#1 Richard Bland (V			4/5						
			##0 =									

3/29

3/29

4/5



Shanaya HINTON Alisha JACKSON

Ciarra MOORE

14 Anijah JAMES

1 30 Lynniya WHITAKER

38 Shaelyn SCHWEM

SHACKLEFORD

6 57 Jada HOUGHTON

59 Tamia TAYLOR

AKINSANYA

9 **63** Sontee CHINA

**60** Temiloluwa

10 65 Kaitlyn QUEEN

4 42 Adaysha HOLLINESS FR #2 Marion Military I

2 **37** Cheyenne ELLIS

48 Lilleann

22 Erin SMITH

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3

## USTFCCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

FR #2 Marion Military I 11.94m 39-21/4 (-0.6 3/28

FR #13 Bryant & Stratto 11.88m 38-11¾ (-1. 4/5

SO #1 Richard Bland (V 11.77m 38-7½ (1.2) 4/5

FR #1 Richard Bland (V{2} 11.04m 36-2¾ (-0.3 3/21

9.45m

8.71m

SO #1 Richard Bland (V{3} 10.56m

FR #7 Howard (Md.) C({2} 9.96m

FR #4 Lansing (Mich.) ( 9.90m

FR #4 Lansing (Mich.) ({2} 9.03m

FR #6 Hagerstown (Md 7.95m

#7 Howard (Md.) CC(3) 8.68m

SO #7 Howard (Md.) CC 10.37m 34-1/4

Women's Shot Put

FR #9 Cuyahoga (Ohio)

FR #12 Vincennes (Ind.)

FR #17 USC Sumter

#### WOMEN — 2025 Checkpoint #2, April 8



Bresh Micha Shyla	va Muse, auna Miller, elyn Fisher, Cooper	en's 4x400 Relay #1 Richard Bland (V	4:03.12										
Bresh Micha Shyla	auna Miller, elyn Fisher, Cooper	#1 Richard Bland (V	4.02.12						Wo	men's Discus			
Micha Shyla	elyn Fisher, Cooper		4.03.12		3/21			Gaby REEVE		<u> </u>	37.64m		4/5
	· ·							Raina MASSEY		#2 Marion Military I	36.27m		3/15
						3		Jada HOUGHTON			32.29m		3/22
2 <b>15</b> Olivia	Urban, Natalie	#3 Muskegon (Mich	4:19.37		3/29	4		Brooke BERRY		#3 Muskegon (Mich{2)			4/5
	on, Brianna					_		Brooke PRIBULICK		#11 Carroll (Md.) CC	30.65m		3/29
	, Lauren Lee							Berkley OBERHAUS		#4 Lansing (Mich.) ({2			4/5
	Speet, Jadyn ewski, Claudia	#4 Lansing (Mich.) (	4:33.55		4/4	7		Cheyenne ELLIS	FR				3/29
	Rachel Owen					8	55	Temiloluwa AKINSANYA	SO	#7 Howard (Md.) C({2}	26.55m	87-11/4	3/14
	Wom	en's High Jump				9	63	Kaitlyn QUEEN	FR	#6 Hagerstown (Md	24.93m	81-91/2	4/4
1 2 Aidan	FAITH SO	#6 Hagerstown (Md	1.66m	5-5½	4/4	10	65	Sontee CHINA	FR	#17 USC Sumter	23.40m	76-91/4	3/8
2 <b>22</b> Steffa	nie MCGUFFEY SO	#3 Muskegon (Mich	1.46m	4-91/2	3/29				Non	nen's Hammer			
3 <b>24</b> Raeya	TOWNSEND FR	#2 Marion Military I	1.45m	4-9	3/28	1	16	Raina MASSEY		#2 Marion Military I	42.13m	138-3	4/5
3 <b>24</b> Carrie	MOORE SO	#11 Carroll (Md.) CC	1.45m	4-9	4/4	2	33	Gaby REEVE	SO	#3 Muskegon (Mich	37.46m	122-11	4/5
5 <b>32</b> Adays	ha HOLLINESS FR	#2 Marion Military I{2	1.40m	4-7	3/28			Temiloluwa	SO	#7 Howard (Md.) CC	34.28m	112-6	3/22
	Won	nen's Pole Vault						AKINSANYA					
1 15 Micha	ela CARNEY SO	#6 Hagerstown (Md	3.05m	10-0	3/21	4	45	Lynniya WHITAKER	SO	#7 Howard (Md.) CC(2)	33.14m	108-9	3/22
1 15 Kat CI	ROCHUNIS FR	#11 Carroll (Md.) CC	3.05m	10-0	4/4	5	47	Cheyenne ELLIS	FR	#7 Howard (Md.) C({3}	32.54m	106-9	3/29
3 <b>19</b> Leah	SOWERS FR	#10 Lake-Sumter Sta	2.56m	8-43/4	3/8	6	53	Brooke BERRY	SO	#3 Muskegon (Mich{2	30.06m	98-7½	3/29
	Wom	en's Long Jump				7	62	Lilleann	FR	#9 Cuyahoga (Ohio)	26.20m	85-111/2	3/22
1 12 Micha	elyn FISHER <b>FR</b>	#1 Richard Bland (V	5.56m	18-3 (0.0)	3/21			SHACKLEFORD		"C		04.03/	
2 14 Jader	MILLER FR	#10 Lake-Sumter Sta	5.53m	18-1¾ (0.	5) 4/5			Kaitlyn QUEEN			25.85m		4/4
2 14 Alisha	JACKSON FR	#13 Bryant & Stratto	5.53m	18-1¾ (0.2	2) 3/29	9	67	Kiya MATHIEU		#9 Cuyahoga (Ohio){2	17.62m	57-93/4	3/22
4 <b>18</b> Anijah	JAMES FR	#1 Richard Bland (V{2)	}5.49m	18-1/4 (0.4)	3/21					men's Javelin			
5 <b>27</b> Shyla	COOPER FR	#1 Richard Bland (V{3	5.26m	17-31/4 (0.0	9) 3/21	1	29	Raina MASSEY	SO	#2 Marion Military I	25.46m	83-61/2	3/28
6 <b>31</b> Shana	ıya HINTON FR	#2 Marion Military I	5.20m	17-¾ (1.8)	4/5	2	31	Adaysha HOLLINESS	FR	#2 Marion Military I{2}	24.81m	81-4¾	3/28
7 <b>40</b> Sirinit	y GLASPER FR	#2 Marion Military I{2	4.98m	16-41/4 (-0.	5 3/28	3	39	Kaitlyn QUEEN	FR	#6 Hagerstown (Md	18.16m	59-7	3/29
8 <b>57</b> Jada	HATCHER FR	#1 Richard Bland (V{4	4.49m	14-8¾ (0.0	0) 3/21	4	40	Kamryn STEFANOSKI	SO	#11 Carroll (Md.) CC	18.15m	59-6¾	4/4
9 <b>63</b> Adays	ha HOLLINESS FR	#2 Marion Military I{3	}4.25m	13-11½ (0	.0 3/28	5	42	Layna ATALLAH	SO	#4 Lansing (Mich.) (	13.56m	44-6	3/22
10 <b>68</b> Carrie		#11 Carroll (Md.) CC	4.10m	13-5½ (-0.	2 4/4								
	Wome	en's Triple Jump											

3/22

3/29

4/5

3/28

3/22

4/5

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3/22

3/29

3/29

32-53/4

29-71/2

28-7

28-53/4



9 15 Ivana ODONKOR

10 17 Mekhila SANDERS

SO #3 Fort Scott (Kan.){4} 56.55

FR #6 Garden City (Kar 56.74c (56.63A)

# USTFCCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

## WOMEN — 2025 Checkpoint #2, April 8



### Central

as of 4/8/2025 7:09:15 AM ET

							cen	tra	al			as 01 4/0	6/2025 1.09.15 AN	1 - 1
		W	om	en's 100 Meters						Wome	en'	s 400 Meter Hurdle	es	
1	3	Adetutu ALADELOYE	SO		11.49	(1.5)	3/28	1	6	Nanhi PANNU	FR	#1 Cloud County (K 1	1:03.34	4/5
2	6	Maimuna JALLOW	FR	#1 Cloud County (K	11.53	(1.6)	4/5	2	9	Marcy MONELL	SO	#3 Fort Scott (Kan.)	1:04.65	3/20
3	7	Crystal CHAMBERS	so	#3 Fort Scott (Kan.)	11.54	(1.5)	3/28	3	14	Antonicia MOULTRIE	FR	#6 Garden City (Kar	1:05.47c (1:05.36A)	4/3
4	8	Royanah FARMER	SO	#2 Coffeyville (Kan.	11.55w	(2.8)	3/29	4	15	Ja'Kheria KELSER	FR	#2 Coffeyville (Kan. 1	1:05.72	3/23
5	10	Ranayla MOTEN	FR	#8 Allen (Kan.) CC {2	<b>11.61</b>	(0.5)	3/28	5	21	Jakouria JAMERSON	SO	#3 Fort Scott (Kan.){2}1	1:07.97	3/28
6	11	Felicia AWUDI	FR	#12 Colby (Kan.) CC	11.68	(1.6)	3/22	6	25	Damaria BELL	SO	#3 Fort Scott (Kan.){3} 1	1:09.65	3/20
7	16	Sidney HOLT	FR	#7 Hutchinson (Kan	<b>11.78</b> w	(2.5)	3/29	7	26	Berlynn BLACK	SO	#9 Highland (Kan.)	1:09.89	3/29
8	19	Linya GEDEON	so	#2 Coffeyville (Kan.{2	<b>11.93</b>	(1.5)	3/29	8	27	Juaneya SYKES	SO	#3 Fort Scott (Kan.){4} 1	1:10.29	3/20
9	22	Kennidra SPIGNER	FR	#5 Barton (Kan.) CC	11.94w	(2.5)	3/29	9	28	Jaelyn RUMBACK	SO	#1 Cloud County (K{2}1	1:10.51	3/29
10	31	Takelia WILLIAMS	FR	#5 Barton (Kan.) CC{2	}11.99w	(2.5)	3/29	10	30	Olivia LEATHERMAN	FR	#11 Dodge City (Kan. 1	1:11.12	4/4
		Wom	en'	s 100 Meter Hurd	les					W	om	en's 800 Meters		
1	7	Linya GEDEON	SO	#2 Coffeyville (Kan.	13.98w	(3.2)	3/29	1	4	Nontokozo NCUBE	SO	#1 Cloud County (K 2	2:09.98	4/5
2	9	Chenessa DAVIS	SO	#1 Cloud County (K	14.47	(-0.9)	4/5	2	5	N Vanee ANCHIKE	SO	#1 Cloud County (K{2}2	2:10.44	4/5
3	12	DiaMonae THOMAS	so	#9 Highland (Kan.)	14.64	(1.9)	3/29	3	7	Mercy ANGAAMCHAAB	SO	#1 Cloud County (K{3}2	2:11.85	4/5
4	17	Nanhi PANNU	FR	#1 Cloud County (K{2	}15.01w	(4.0)	3/29	4	9	Rosemary ARTHUR	so	#12 Colby (Kan.) CC	2:13.17	3/29
5	20	Damaria BELL	so	#3 Fort Scott (Kan.)	15.10w	(2.2)	3/28	5	14	Amanda KOTAMBE	FR	#1 Cloud County (K{4}2	2:16.14	4/5
6	24	Ja'Kheria KELSER	FR	#2 Coffeyville (Kan.{2	<b>15.47</b>	(0.8)	3/13	6	29	Meryeme MAI	FR	#6 Garden City (Kar	<b>2:21.53c</b> (2:21.94A)	4/3
7	27	Widlife VERMILUS	SO	#5 Barton (Kan.) CC	15.61w	(4.0)	3/29	7	47	Sarai CHAVEZ	SO	#11 Dodge City (Kan. 2	2:26.97	3/29
8	29	Sierra BROOKS	FR	#7 Hutchinson (Kan	15.64w	(4.0)	3/29	8	50	Melania TURAGA	FR	#13 Neosho County (	2:27.34	3/22
9	31	Michelle LEWIS	FR	#18 Hesston (Kan.)	15.95	(-0.9)	4/5	9	55	Beverlyne KIPTARUS	SO	#6 Garden City (Kar{2}2	2:27.84c (2:28.28A)	4/3
10	38	Carlie CARLGREN	FR	#1 Cloud County (K{3	<b>16.39</b>	(0.1)	4/5	10	60	La Tanya JOHNSON	FR	#10 Butler (Kan.) CC 2	2:29.23	3/22
		W	om	en's 200 Meters	_					Wo	om	en's 1500 Meters		
1	2	Ranayla MOTEN	FR	#8 Allen (Kan.) CC	23.69w	(3.1)	3/28	1	2	N Vanee ANCHIKE	SO	#1 Cloud County (K	4:31.17	3/29
2	4	Adetutu ALADELOYE	so	#8 Allen (Kan.) CC {2	}23.77w	(3.1)	3/28	2	13	Mercy ANGAAMCHAAB	SO	#1 Cloud County (K{2}4	4:43.30	3/29
3	7	Mekhila SANDERS	FR	#6 Garden City (Kar	24.07c	(24.00A) (	<b>1.</b> 4/3	3	14	Rosemary ARTHUR	SO	#12 Colby (Kan.) CC	4:43.52	3/22
4	8	Crystal CHAMBERS	SO	#3 Fort Scott (Kan.)	24.11	(1.8)	3/28	4	28	Amanda KOTAMBE	FR	#1 Cloud County (K{3}4	4:52.88	3/29
5	12	Royanah FARMER	SO	, ,	24.43	(0.5)	3/29	5	31	Elizabeth	SO	#10 Butler (Kan.) CC	4:53.01	3/29
6	14	Kennidra SPIGNER	FR	#5 Barton (Kan.) CC	24.53w	(2.5)	3/29			HERNANDEZ		#0 - 1 t	/5 05 004	
7	15	Tierra WILLIAMS	FR	#2 Coffeyville (Kan.{2	<b>24.54</b>	(0.8)	3/29	6		Beverlyne KIPTARUS	SO		5:02.20c (5:05.86A)	4/3
8	17	Jayden PIPER	SO	#3 Fort Scott (Kan.){2	}24.61w	(2.7)	3/20	7		Cindy SOTO			5:02.35	3/29
9	20	Felicia AWUDI	FR	#12 Colby (Kan.) CC	24.65w	(3.2)	3/22	8		Carolyne JEPKOSGEI		•	5:07.25	4/4
10	23	Kayveonna JACKSON	SO	#8 Allen (Kan.) CC {3	} <b>24.78</b>	(1.8)	3/28	9		Sarai CHAVEZ		<u> </u>	5:07.69	4/4
		W	'om	en's 400 Meters				10	65	Reid HARVEY- MCKEAN	FR	#6 Garden City (Kar{2} 5	5:08.16	3/22
1	2	Rafiatu NUHU	so	#1 Cloud County (K	54.46		4/5				122.0	nic Steenlechase		
2	3	Dayjoniqe CATO	SO	#3 Fort Scott (Kan.)	54.57		3/20		10		_	n's Steeplechase	4.50 45-/12:01 45 (1)	4/2
3	4	Ranayla MOTEN	FR	#8 Allen (Kan.) CC	54.86		4/5	1	12	Reid HARVEY- MCKEAN	FK	#6 Garden City (Kar 1	11:52.45@12:01.45A)	4/3
4	8	Tierra WILLIAMS	FR	#2 Coffeyville (Kan.	55.43		3/29	2	14	Darcy VINEYARD	FR	#15 UA Rich Mountai 1	11:55.45	3/20
5	9	Amalinally PEMBERTON	SO	#2 Coffeyville (Kan.{2	<b>}55.67</b>		3/29	3		Alexa MARSHALL			12:35.77	4/5
6	12	Jayden PIPER	so	#3 Fort Scott (Kan.){2	<b>}56.24</b>		3/28	4	20	Valyrie FREEMAN	SO	#10 Butler (Kan.) CC {2} 1	12:39.96	4/5
7		Emmanuella SQUIRE	so				3/20							
8		Dhakiya BLAKE	so				4/4							
				To a series of the series			0/							

3/28



## WOMEN — 2025 Checkpoint #2, April 8



## Central

as of 4/8/2025 7:09:16 AM ET

						Cen
		Wo	ome	en's 5000 Meters		
1	7	Elizabeth HERNANDEZ	SO	#10 Butler (Kan.) CC	17:54.68	3/29
2	24	Alison UNRUH	SO	#10 Butler (Kan.) CC {2}	18:53.08	3/29
3	38	Valyrie FREEMAN	SO	#10 Butler (Kan.) CC {3}	19:39.24	3/22
4	46	Celestine KIBORUS	FR	#14 Fort Hays Tech N	20:03.16	4/4
5	48	Meryeme MAI	FR	#6 Garden City (Kar	20:06.98	3/29
6	50	Alexa MARSHALL	FR	#10 Butler (Kan.) CC {4}	20:17.82	3/22
7	51	Teressa MARTINEZ	SO	#11 Dodge City (Kan.	20:20.11	4/4
8	57	Beverlyne KIPTARUS	SO	#6 Garden City (Kar{2}	20:56.19	3/29
9	65	Ava WASHINGTON	SO	#11 Dodge City (Kan.{2}	21:28.09	3/29
10	66	Lillyan GEROW	JR	#8 Allen (Kan.) CC	21:28.56	4/5
		Wor	me	n's 10,000 Meters		
1	9	Ivy WASHINGTON	SO	#11 Dodge City (Kan.	41:07.84	4/4
2	10	Ava WASHINGTON	SO	#11 Dodge City (Kan.{2}	41:30.32	4/4
		Wa	ome	en's 4x100 Relay		
1	1	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye		<del></del>	45.26	3/28
2	2	Dhakiya Blake, Royanah Farmer, Tierra Williams, Linya Gedeon		#2 Coffeyville (Kan.	45.42	3/29
3	6	#Type!		#5 Barton (Kan.) CC	46.41	4/4
4	7	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming		#9 Highland (Kan.)	46.66	4/5
5	10	Sierra Brooks, Taniyah Cox, Azariah Dawes, Sidney Holt		#7 Hutchinson (Kan	48.27	3/29
6	13	Paula del Pozo, Vilorina Tuilawaki, Rhea Flanders, Melania Turaga		#13 Neosho County (	49.32	3/29

		Wo	ome	en'	s 4x400 Relay			
1	2	Jayden Piper, Emmanuella Squire, Dayjoniqe Cato, Ivana Odonkor			Fort Scott (Kan.)	3:41.37		3/28
2	3	Tierra Williams, Dhakiya Blake, Ja'Kheria Kelser, Amalinally Pemberton		#2	Coffeyville (Kan.	3:46.54		3/29
3	10	Carlie Carlgren, Jaelyn Rumback, Amanda Kotambe, Maimuna Jallow		#1	Cloud County (K	4:08.33		3/29
4	11	Mekhila Sanders, Meryeme Mai, Priscilla Wemba, Antonicia Moultrie		#6	Garden City (Kar	4:12.21c	(4:11.77A <mark>)</mark>	4/3
5	13	Vilorina Tuilawaki, Melania Turaga, Rhea Flanders, Amy Styles		#13	Neosho County (	4:13.26		3/29
		W	om	en	's High Jump			
1	9	Cordaelia WILLIAMS	SO	#1	Cloud County (K	1.55m	5-1	3/29
1	9	Chenessa DAVIS	SO	#1	Cloud County (K	1.55m	5-1	3/29
3	15	Jazz DILWORTH	FR	#3	Fort Scott (Kan.)	1.52m	4-113/4	3/28
4	16	Alyana WALLACE	SO	#9	Highland (Kan.)	1.51m	4-111/2	3/29
5	17	Berlynn BLACK	SO	#9	Highland (Kan.) {2}	1.50m	4-11	3/22
6	22	Jakouria JAMERSON	SO	_	Fort Scott (Kan.){2}	1.46m	4-91/2	3/28
7	24	Makayla GAY	SO	#4	Cowley (Kan.)	1.45m	4-9	3/29
8	29	Sophia CALISTRO			Dodge City (Kan.	1.42m	4-73/4	3/29
8	29	Camdyn CUNNINGHAM	FR	#11	Dodge City (Kan.	1.42m	4-7¾	3/29
10	31	Leah WRIGHT	FR	#8	Allen (Kan.) CC	1.41m	4-71/2	4/5
		И	on:	en	's Pole Vault			
1	1	Dakota DAPPER	SO	#4	Cowley (Kan.)	3.65m	11-11¾	4/5
2	4	Kennedy KIZARR	SO	#4	Cowley (Kan.) {2}	3.50m	11-5¾	4/5
3	6	Bradie MEDINA	so	#1	Cloud County (K	3.36m	11-1/4	3/29
4	7	Elizabeth BROZEK	FR	#4	Cowley (Kan.) {3}	3.35m	10-113/4	4/5
5	9	Grace BENDER	FR	#7	Hutchinson (Kan	3.16m	10-41/4	3/29
5	9	Alycea MCCOY	FR		Hutchinson (Kan	3.16m	10-41/4	3/29
7		Isabelle CULLENS	FR	<b>!</b>	Coffeyville (Kan.	3.01m	9-10½	3/29
8	18	Anna WASHBURN	FR	#2	Coffeyville (Kan.{2}	2.86m	9-41/2	3/29
			_		's Long Jump			
1	6	Alexia LEWIS	SO		Highland (Kan.)	5.63m	18-5¾ (0.3)	
2	8	Aalyiah LINTON	SO		Fort Scott (Kan.)	5.57m	18-31/4 (1.3)	•
3	13	Alexia WALKER	FR	1	Barton (Kan.) CC		18-21/4 (3.1)	
4		Kymia BRIDGETT	FR		Barton (Kan.) CC[2]		17-11¾ (1.7	•
5		Nanhi PANNU Nele GOESL	FR FR		Cloud County (K Cloud County (K{2}	5.45mw	17-10¾ (2.7 17-9 (2.6)	3/29
7		Yaya MORENO	SO.		Hutchinson (Kan	5.41IIIW 5.33mw	17-6 (2.6)	3/29
8		Vilorina TUILAWAKI			Neosho County (	5.26m	17-31/4 (0.5)	-
9		Azariah DAWES	FR		Hutchinson (Kan{2}		17-11/2 (1.8)	
10		Tahlia LIENERT	FR	_	Cloud County (K{3}		16-51/4 (2.4)	
_ •								-,



## WOMEN — 2025 Checkpoint #2, April 8



### Central

as of 4/8/2025 7:09:16 AM ET

		Wo	ome	en'.	s Triple Jump			
1	7	Brooke HAWKINS	SO	#7	Hutchinson (Kan	11.68mw	38-4 (3.0)	3/29
2	10	Aalyiah LINTON	SO	#3	Fort Scott (Kan.)	11.39m	37-4½ (1.0)	3/28
3	15	Nele GOESL	FR	#1	Cloud County (K	10.98m	36-¼ (-0.1)	4/5
4	16	Alycea MCCOY	FR	#7	Hutchinson (Kan{2}	10.90mw	35-91/4 (3.6)	3/29
5	17	Isabelle CULLENS	FR	#2	Coffeyville (Kan.	10.89m	35-8¾ (-1.3	3/23
6	18	Braela SARGENT	SO	#3	Fort Scott (Kan.){2}	10.87mw	35-8 (3.2)	3/28
7	19	Yaya MORENO	SO	#7	Hutchinson (Kan{3}	10.67mw	35-1/4 (3.4)	3/29
8	20	Azariah DAWES	FR		Hutchinson (Kan{4}			
9	21	Kiley SMICH	FR		Cloud County (K{2}	10.60mw	34-9½ (3.4)	3/29
10	23	Leah WRIGHT	FR	#8	Allen (Kan.) CC	10.52m	34-6¼ (1. <mark>1</mark> )	4/5
		L	Vor	nei	n's Shot Put			
1	5	Cierra GRAY	SO	#4	Cowley (Kan.)	13.87m	45-61/4	3/29
2	9	Deisheline MAYER SCOTT	FR	#7	Hutchinson (Kan	13.08m	42-11	3/29
3	12	Aiyanna GREEN	SO	#7	Hutchinson (Kan{2}	12.27m	40-31/4	3/29
4	14	Alma CORDOVA	SO	#12	Colby (Kan.) CC	<b>11.77</b> m	38-7½	3/29
5	16	Amoni EVANS	FR	#4	Cowley (Kan.) {2}	11.61m	38-11/4	4/5
6	17	Alexis CLEMMONS	FR	#9	Highland (Kan.)	11.54m	37-10½	3/29
7	19	Bree ROWE	SO	#4	Cowley (Kan.) {3}	11.41m	37-51/4	4/5
8	25	Jessi MCDOWELL	FR	#4	Cowley (Kan.) {4}	10.78m	35-41/2	3/13
9	27	Vivica PAULHILL	FR	#16	Pratt (Kan.) CC	10.59m	34-9	3/22
		17 11 00017		#4	Courley (Kon ) [E]	40 47	34-41/4	2/20
10	28	Katie COOK	FR			10.47m	34-474	3/29
10	28	Katie COOK			en's Discus	10.47m	34-4/4	3/29
10	28	Cedricka WILLIAMS		me		10.47m 54.22m	177-11	3/29
			Wo	#5 #5	en's Discus Barton (Kan.) CC Barton (Kan.) CC{2}	54.22m 51.90m		
1	1	Cedricka WILLIAMS	Wo so	#5 #5	en's Discus Barton (Kan.) CC	54.22m 51.90m	177-11	3/29
1 2	1	Cedricka WILLIAMS Ivanilda SEMEDO	SO SO	#5 #5 #5 #2	en's Discus Barton (Kan.) CC Barton (Kan.) CC{2} Barton (Kan.) CC{3} Coffeyville (Kan.	54.22m 51.90m	177-11 170-4	3/29 3/29
1 2 3	1 3 5	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE	SO SO FR FR SO	#5 #5 #5 #2 #4	Barton (Kan.) CC Barton (Kan.) CC{2} Barton (Kan.) CC{3} Coffeyville (Kan. Cowley (Kan.)	54.22m 51.90m 45.29m 44.68m 41.71m	177-11 170-4 148-7 146-7	3/29 3/29 <b>4/4</b>
1 2 3 4 5	1 3 5 7 9	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY	SO SO FR FR SO SO	#5 #5 #5 #2 #4 #4	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m	177-11 170-4 148-7 146-7 136-10	3/29 3/29 <b>4/4</b> 3/29 3/29 3/13
1 2 3 4 5 6 7	1 3 5 7 9 12	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA	SO SO SO SO	#5 #5 #5 #2 #4 #4	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cloud County (K	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m	177-11 170-4 148-7 146-7 136-10 126-6 123-5	3/29 3/29 <b>4/4</b> 3/29 3/29 3/13 3/29
1 2 3 4 5 6 7 8	1 3 5 7 9 12 15 16	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL	SO SO FR SO SO FR	#5 #5 #5 #2 #4 #4 #4	Barton (Kan.) CC Barton (Kan.) CC{2} Barton (Kan.) CC{3} Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cloud County (K. Cowley (Kan.) {3}	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3	3/29 3/29 <b>4/4</b> 3/29 3/29 3/13 3/29 3/13
1 2 3 4 5 6 7 8	1 3 5 7 9 12 15 16	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI	\$0 \$0 \$0 <b>FR</b> <b>FR</b> \$0 \$0 \$0 <b>FR</b>	#5 #5 #5 #4 #4 #4 #1 #4	Barton (Kan.) CC Barton (Kan.) CC{2} Barton (Kan.) CC{3} Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) {2} Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23
1 2 3 4 5 6 7 8	1 3 5 7 9 12 15 16	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL	Wo   SO   SO   FR   SO   SO   FR	#5 #5 #5 #2 #4 #4 #1 #4	Barton (Kan.) CC(2) Barton (Kan.) CC(3) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) (2) Cloud County (K Cowley (Kan.) (3) Coffeyville (Kan.(2) Coffeyville (Kan.(3)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3	3/29 3/29 <b>4/4</b> 3/29 3/29 3/13 3/29 3/13
1 2 3 4 5 6 7 8 9	1 3 5 7 9 12 15 16 17 18	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL MCKayla KUPLICKI Shaniece POWELL	SO SO SO SO FR SO FR	#5 #5 #5 #2 #4 #4 #1 #4 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3})	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL MCKayla KUPLICKI Shaniece POWELL	SO FR SO SO FR SO	#5 #5 #5 #4 #4 #4 #1 #2 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) {2} Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3}) 1'S Hammer Cowley (Kan.)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY	SO SO SO SO SO FR SO FR SO FR FR FR	#5 #5 #2 #4 #4 #1 #2 #2 #2 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) {2} Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3}) Coffeyville (Kan.{3}) Coffeyville (Kan.) Barton (Kan.)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18 4 5	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS	SO SO SO SO FR SO SO FR SO FR SO SO FR SO FR SO SO SO FR SO SO FR SO SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO FR SO SO SO SO SO FR SO SO SO FR SO	#5 #5 #2 #4 #4 #1 #2 #2 #2 #4 #5	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3}) I's Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan.	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 36.50m 49.67m 48.96m 47.12m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18 4 5 7 8	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS Margherita SALA	Wo   SO   SO   FR   SO   SO   FR   SO   FR   FR   SO   SO   FR   SO   SO   SO   SO   SO   SO   SO   S	#5 #5 #5 #2 #4 #4 #1 #2 #2 #4 #5 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan.) Cowley (Kan.) Cowley (Kan.) Cowley (Kan.) {3} Coffeyville (Kan.{2} Coffeyville (Kan.{3})  "S Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan.	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m 49.67m 48.96m 47.12m 45.72m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7 150-0	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18 4 5	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS	SO SO SO SO FR SO SO FR SO FR SO SO FR SO FR SO SO SO FR SO SO FR SO SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO FR SO SO SO SO SO FR SO SO SO FR SO	#5 #5 #5 #2 #4 #4 #1 #2 #2 #4 #5 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cloud County (K Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3}) I's Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan.	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 36.50m 49.67m 48.96m 47.12m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18 4 5 7 8	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS Margherita SALA Deisheline MAYER	Wo   SO   SO   FR   SO   SO   FR   SO   FR   FR   SO   SO   FR   SO   SO   SO   SO   SO   SO   SO   S	#5 #5 #2 #4 #4 #1 #2 #2 #2 #4 #5 #2	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) (2) Cloud County (K Cowley (Kan.) (3) Coffeyville (Kan.(2) Coffeyville (Kan.(3)  1'S Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan. Cloud County (K Hutchinson (Kan	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m 49.67m 48.96m 47.12m 45.72m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7 150-0	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10	1 3 5 7 9 12 15 16 17 18 4 5 7 8 9	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL MCKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS Margherita SALA Deisheline MAYER SCOTT	## SO SO FR SO FR SO FR SO FR SO FR SO FR SO SO FR SO FR SO SO FR SO SO FR SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO SO SO FR SO	#5 #5 #5 #4 #4 #1 #4 #2 #2 #4 #5 #2 #1	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cowley (Kan.) {3} Coffeyville (Kan.{2} Coffeyville (Kan.{3})  1's Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan.	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.55m 36.50m 49.67m 48.96m 47.12m 45.72m 43.73m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7 150-0 143-6	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10 1 2 3 4 5	1 3 5 7 9 12 15 16 17 18 4 5 7 8 9	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS Margherita SALA Deisheline MAYER SCOTT Brianna LEE Alma CORDOVA Cierra GRAY	## SO SO FR SO FR SO FR SO FR SO FR SO FR SO SO FR SO FR SO SO FR SO SO FR SO FR SO SO SO FR SO SO SO FR SO SO SO FR SO SO SO SO FR SO	#5 #5 #2 #4 #4 #1 #2 #2 #2 #1 #4 #5 #2 #1	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan. Cowley (Kan.) Cowley (Kan.) Cowley (Kan.) {3} Coffeyville (Kan.{2}) Coffeyville (Kan.{3}) T's Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan. Cloud County (K Hutchinson (Kan.) Cowley (Kan.)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 37.29m 36.50m 49.67m 48.96m 47.12m 45.72m 43.73m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7 150-0 143-6	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/13 3/29 3/29 3/29 3/29 3/29 3/29 3/29
1 2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7	1 3 5 7 9 12 15 16 17 18 4 5 7 8 9	Cedricka WILLIAMS Ivanilda SEMEDO Zadie MACKEY Carla Kay BROWN Bree ROWE Cierra GRAY Margherita SALA Jessi MCDOWELL McKayla KUPLICKI Shaniece POWELL  Mercedes GLOVER Zadie MACKEY Ana MANOUSARIDIS Margherita SALA Deisheline MAYER SCOTT Brianna LEE Alma CORDOVA	Wo   SO   SO   FR   SO   SO   FR   SO   SO   FR   SO   SO   FR   SO   SO   SO   SO   SO   SO   SO   S	#5 #5 #2 #4 #4 #4 #2 #2 #2 #4 #5 #2 #1 #4	Barton (Kan.) CC Barton (Kan.) CC(2) Barton (Kan.) CC(3) Coffeyville (Kan.) Cowley (Kan.) Cowley (Kan.) (2) Cloud County (K Cowley (Kan.) (3) Coffeyville (Kan.(2) Coffeyville (Kan.(3) 1's Hammer Cowley (Kan.) Barton (Kan.) CC Coffeyville (Kan. Cloud County (K Hutchinson (Kan Cowley (Kan.) (2) Cowley (Kan.) (2) Cowley (Kan.) (3) Cowley (Kan.) (4)	54.22m 51.90m 45.29m 44.68m 41.71m 38.54m 37.62m 37.55m 36.50m 49.67m 48.96m 47.12m 45.72m 43.73m	177-11 170-4 148-7 146-7 136-10 126-6 123-5 123-3 122-4 119-9 163-0 160-8 154-7 150-0 143-6	3/29 3/29 4/4 3/29 3/29 3/13 3/29 3/13 3/23 3/29 3/29 3/29 3/29 3/29 3/29 3/2

			Wo	mє	en's Javelin			
1	8	Vivica ADDISON	SO	#1	Cloud County (K	37.88m	124-4	3/29
2	12	Mercedes GLOVER	JR	#4	Cowley (Kan.)	35.06m	115-1	3/29
3	20	Alicyn MCGINNIS	FR	#4	Cowley (Kan.) {2]	31.40m	103-0	3/29
4	22	Isabelle CULLENS	FR	#2	Coffeyville (Kan.	30.98m	101-8	3/13
5	25	Carlie CARLGREN	FR	#1	Cloud County (K{2	30.01m	98-51/2	3/29
6	28	Destiny PONDS	FR	#10	Butler (Kan.) CC	28.06m	92-¾	4/5
7	32	Emma HERRERA	FR	#16	Pratt (Kan.) CC	23.82m	78-1¾	3/20
8	33	Alexia WALKER	FR	#5	Barton (Kan.) CC	23.37m	76-81/4	3/29
9	34	Delal AKTAY	SO	#12	Colby (Kan.) CC	22.29m	73-1¾	3/22
10	36	Jazz DILWORTH	FR	#3	Fort Scott (Kan.)	21.46m	70-5	3/28
		W	om	en	's Heptathlon			
1	7	Isabelle CULLENS	FR	#2	Coffeyville (Kan.	3,552		4/5
2	8	Jazz DILWORTH	FR	#3	Fort Scott (Kan.)	3,466		3/28
3	9	Jakouria JAMERSON	SO	#3	Fort Scott (Kan.){2	3,328		3/28
4	13	Leah WRIGHT	FR	#8	Allen (Kan.) CC	2,109		3/28



### WOMEN — 2025 Checkpoint #2, April 8



## Midwest

as of 4/8/2025 7:09:16 AM ET

_					I-II G	•••					
	W	'om	en's 100 Meters					Wom	en'	s 400 Meter Hurdles	
1 2				(3.0)	4/5	1	3	T'kyla BENNETT	SO	#4 Hinds (Miss.) CC 1:01	L.21 <b>4</b>
2 11	Zariah GREAVES	SO	#1 Iowa Central CC 11.68w	(3.1)	3/28	2	4	Twyshanna HUIE	SO	#4 Hinds (Miss.) CC {2} 1:01	L.87 <b>4</b>
	Caneilia HOPE	FR	#4 Hinds (Miss.) CC [2] 11.74w	(2.4)	4/5	3	10	Dymonde NAVE	so	#3 Indian Hills (Iow 1:04	
4 18	Judith KOUMEDZINA	so	#2 Iowa Western CC 11.92w	(2.2)	3/29	4	11	Tanique TAYLOR	SO	#2 Iowa Western CC 1:04	<b>1.92</b> 3/2
5 <b>19</b>	Zekira SNOW	so	#3 Indian Hills (Iow 11.93	(1.5)	3/28	5	12	Chadrak Belinda	FR	#1 Iowa Central CC 1:04	
6 <b>22</b>	Nakirsten HUGHES	FR	#6 Meridian (Miss.) 11.94w	(3.7)	4/5			BULA BULA		_	
6 <b>22</b>	Ritorion VIGNE	so	#4 Hinds (Miss.) CC {3} 11.94w	(2.4)	4/5	6	20	Melody KREMER	JR		
8 26	Serena GRACE	FR	#2 Iowa Western CC(2) 11.95	(1.6)	3/29	7	22	Arriana JOHNSON	SO	#3 Indian Hills (Iow{2} 1:08	<b>3.63</b> 3/2
9 <b>27</b>	Kenyatta GRATE	so	#3 Indian Hills (Iow{2} 11.97	(0.5)	3/28			И	om/	en's 800 Meters	
10 <b>32</b>	Destiny MITCHELL	SO	#3 Indian Hills (Iow{3}12.00	(0.5)	3/28	1	35	Juliette GAVOIS	FR	#1 Iowa Central CC 2:23	3/2
	Wom	en's	s 100 Meter Hurdles			2	38	Alivia EDENS	FR	#1 Iowa Central CC (2) 2:23	3.83 4
1 2	Dymonde NAVE		#3 Indian Hills (Iow 13.76w	(2.6)	3/28	3	39	Natalie BOGDANOVA	SO	#1 Iowa Central CC (3) 2:24	<b>1.62</b> 3/2
2 6	Seanna GAYE-LESLIE		#4 Hinds (Miss.) CC 13.97w	(3.5)	4/5			KIRILOVA			
3 9	Tanique TAYLOR	so		(2.6)	3/29	4		Mallori JONES		#9 Hawkeye (lowa) 2:27	
4 22	Arriana JOHNSON	SO	#3 Indian Hills (Iow{2}15.25	(1.2)	3/28	5	57	Mechak Linda BULA	FR	#1 Iowa Central CC {4} 2:28	3.90 4
5 <b>26</b>	Madison JACKSON	FR	#11 Coahoma (Miss.) 15.59	(0.4)	3/22	6	67	BULA Natali ROTH	ED	#14 Heartland (Ill.) C 2:31	<b>1.14</b> 3/2
6 <b>30</b>	Ella HOMAWOO	FR	#1 Iowa Central CC 15.90w	(3.2)	3/28			Shmyhia MORRIS		#3 Indian Hills (Iow 2:32	
7 32	Eden BROUWERS	FR	#1 Iowa Central CC {2} 16.00w	(4.0)	3/28			De'Asia COOK		#6 Meridian (Miss.) 2:32	
8 34	Addison (Addi) HINDT	FR	#1 Iowa Central CC {3} 16.19w	(2.9)	4/5			Lexi BOHMS	SO		
9 <b>35</b>	Bethany SLOVENSKY	FR	#5 State Fair (Mo.) 16.27w	(2.5)	3/29			Arianna PEDRIN		#12 Southeastern (Ic 2:38	
10 <b>42</b>	TaMoria SHANNON	FR	#11 Coahoma (Miss.){2} 17.65	(0.4)	3/22	10	30				5/.
	W	'om	en's 200 Meters							en's 1500 Meters	2/2
1 9	Nyla BLACKMON	SO	#3 Indian Hills (Iow 24.22	(1.8)	3/28	1		Nora BRADY Videlma JEBET		#14 Heartland (Ill.) C 4:40	•
2 <b>21</b>	Nyla NORMAN	SO	#3 Indian Hills (Iow{2}24.68	(1.8)	3/28			Abbigail (Abbi)	FR	#10 Crowder (Mo.) 4:55 #1 lowa Central CC 4:59	
3 <b>32</b>	Judith KOUMEDZINA	so	#2 Iowa Western CC 25.09	(0.0)	3/29	3	44	HUTCHINSON	FK	iowa centrat cc 4.59	<b>3.22</b> 3/2
4 35	Laurie LOUIS	SO	#3 Indian Hills (Iow{3}25.16w	(3.9)	3/28	4	47	Juliette GAVOIS	FR	#1 lowa Central CC {2} 5:01	1.52 3/2
5 <b>39</b>	Ida SMITH	FR	#3 Indian Hills (Iow{4} 25.26w	(3.4)	3/28	5	55	Tiffani KOONCE	FR	#3 Indian Hills (Iow 5:03	3.79 3/2
6 <b>46</b>	Nakirsten HUGHES	FR	#6 Meridian (Miss.) 25.45	(1.2)	4/5	6	61	Mercy KIBUIGUT	FR	#10 Crowder (Mo.) {2} 5:06	5.05 4
7 <b>75</b>	Katreeka MOTT- FRANKLIN	FR	#11 Coahoma (Miss.) <b>26.40</b>	(0.0)	3/22	7	62	Natalie BOGDANOVA KIRILOVA	so	#1 Iowa Central CC (3) 5:07	7.18 3/2
8 <b>83</b>	Tenisha HERBERT	SO	#7 North Iowa Area 26.54w	(2.8)	3/28	8	84	Alivia EDENS	FR	#1 Iowa Central CC (4) 5:20	<b>).03</b> 3/2
9	Layisha FREEMAN	FR	#5 State Fair (Mo.) 27.13w	(3.9)	3/22	9	97	Olivia SPURLING	FR	#7 North Iowa Area 5:27	7.68 3/2
10	Gift GONPUE	SO	#7 North Iowa Area{2} 27.25w	(2.7)	3/28	10	100	Lexi BOHMS	so	#8 Sauk Valley (Ill.) 5:28	3.44 4
	W	'om	en's 400 Meters					Wo	me	n's Steeplechase	
1 1	Queen USUNOBUN	FR	#4 Hinds (Miss.) CC 53.82		4/5	1	2	Elizabeth EWUSIE	_	#2 lowa Western CC 10:5	<b>50.88</b> 3/2
2 5	La'Nica LOCKER	SO	#4 Hinds (Miss.) CC {2} 55.03		4/5	2	6	Abbigail (Abbi)	FR	#1 Iowa Central CC 11:2	23.52 4
2 5	Twyshanna HUIE	so	#4 Hinds (Miss.) CC {2} 55.03		3/22			HUTCHINSON			
4 11	Caydence BREWER	SO	#4 Hinds (Miss.) CC (4) 56.17		4/5	3	24	Cloey USHER	SO	#7 North Iowa Area 14:2	<b>29.38</b> 3/2
5 <b>16</b>	Nyla BLACKMON	so	#3 Indian Hills (Iow 56.67		3/28			W	om	en's 5000 Meters	
6 <b>19</b>	Laurie LOUIS	so	#3 Indian Hills (Iow{2}56.89		3/28	1	4	Wijdane INZALINE	FR	#2 lowa Western CC 17:4	43.16 4
7 31	Cshanti PIERCE	so	#6 Meridian (Miss.) 58.98		4/5	2	11	Faith JEPTOO	so	#10 Crowder (Mo.) <b>18:1</b>	16.10 4
8 33	Qiana PIERCE	FR	#4 Hinds (Miss.) CC {5} 59.42		4/3	3	21	Abbigail (Abbi)	FR	#1 Iowa Central CC 18:3	3/3
9 <b>34</b>	Jakhia MARTIN	FR	#6 Meridian (Miss.) {2} <b>59.59</b>		3/22			HUTCHINSON			
10 <b>41</b>	Lania MCDONALD	FR	#4 Hinds (Miss.) CC (6) 1:00.08	3	3/22	4		Ayianna OLIVAS		#2 lowa Western CC(2) 19:1	
						_		Chloe FERNEAU		#12 Southeastern (Ic 20:4	
						6		Audrey FLETCHER		#10 Crowder (Mo.) {2} 21:0	
						7	59	Jasmine HAYES	FR	#10 Crowder (Mo.) {3} 21:0	01.33 4

8 **70** Kiana BROKAW

FR #8 Sauk Valley (Ill.) 21:52.70



FR #1 Iowa Central CC (3) 1.37m

2.45m

8-1/2

Women's Pole Vault

FR #1 lowa Central CC

10 36 Ella HOMAWOO

1 **21** Abbigail (Abbi)

HUTCHINSON

### WOMEN - 2025 Checkpoint #2, April 8



#### as of 4/8/2025 7:09:16 AM ET Midwest Women's 4x100 Relay Women's Long Jump SO #2 Iowa Western CC #4 Hinds (Miss.) CC Sakina UMAR 19-8 (0.6) 1 #Type! 45.82 3/22 1 5.99m 3/29 4 5 #3 Indian Hills (Iow 2 Maeva GOUNE #1 Iowa Central CC 5.74mw 18-10 (3.3) Kenyatta Grate, 46.06 3/28 Destiny Mitchell, Nyla TIBBOLO Norman, Zekira Snow 3 14 Jocelyn NUNEZ #5 State Fair (Mo.) 5.53m 18-13/4 (1.5) 3/22 3 11 Nakirsten Hughes, #6 Meridian (Miss.) 4/5 4 17 Layisha FREEMAN FR #5 State Fair (Mo.) {2} 5.50m 18-1/2 (1.2) Jakhia Martin. Amirah NOCK #6 Meridian (Miss.) 5.22m 17-11/2 (1.2) Mykala Carter, 32 Taeja BARTEE #2 lowa Western CC(2) 5.19mw 17-1/2 (2.1) Yasmvne McCann #7 North Iowa Area 4 14 Rylee Steffen, Alyssa 7 33 Gift GONPUE 5.16mw 16-11¼ (2.5 4/5 #9 Hawkeve (lowa) 3/28 50.12 Wondercheck, 16-10 (0.8) 3/15 #5 State Fair (Mo.) {3} 5.13m **35** Bethany SLOVENSKY Halima Biggs, Tasha FR #9 Hawkeye (lowa) 36 Alyssa 5.08mw 16-8 (3.3) Williams WONDERCHECK 5 16 Madison Jackson, #11 Coahoma (Miss.) 51.04 SO #6 Meridian (Miss.) {2} 4.91m 10 41 Ashanti PATTON 16-11/2 (0.3) 3/22 Katreeka Mott-Women's Triple Jump Franklin, Faith Butler, TaMoria SO #2 Iowa Western CC 1 Mercy HONESTY **13.35m** 43-9¾ (0.5) 3/29 Shannon 2 Ashanti PATTON SO #6 Meridian (Miss.) **11.46m** 37-71/4 (1.5) 3/22 6 17 Nora Moreno, #5 State Fair (Mo.) 51.18 3/29 11 Elfie SANOGO #2 lowa Western CC(2) 11.35m 37-3 (-1.9) 3 Jocelyn Nunez, 4 26 Brookyln VOMACKA #2 lowa Western CC(3) 10.18m 33-4¾ (0.0) **4/5** Williams Stahrr, 32-3½ (0.2) 3/15 Journey SANDER #5 State Fair (Mo.) 9.84m Layisha Freeman #8 Sauk Valley (Ill.) 9.38mw 30-9¼ (3.8) 29 Maggie ROWZE 7 18 Gift Gonpue, Tenisha #7 North Iowa Area 51.30 3/28 Herbert, Suzanne Women's Shot Put Guedeyi, Taja Conley #2 lowa Western CC 14.73m 48-4 1 Sarai SIMPSON 4/5 Women's 4x400 Relay 2 Chin-Loy RAYMOND #2 lowa Western CC(2) 14.18m 3/29 #4 Hinds (Miss.) CC 4 #Type! 3:49.35 3/22 Unitee BROWN #1 Iowa Central CC 13.41m 3 3/28 6 Cshanti Pierce, #6 Meridian (Miss.) 4:00.04 3/22 4 Lovely HIBBERT #2 lowa Western CC(3) 11.77m 3/21 Mvkala Carter. #8 Sauk Valley (Ill.) 5 18 Olivia COX 4/5 Jakhia Martin, **Amirah Nock** 20 Zuriya ROBINSON #1 Iowa Central CC [2] 11.37m 37-3¾ 4/5 #12 Southeastern (Ic 5:15.08 #1 lowa Central CC {3} 10.47m 34-41/4 3 **18** #Type! 4/5 28 Eden BROUWERS 3/28 31 Brandy JARMON #2 lowa Western C({4} 10.36m 34-0 3/21 Women's 4x800 Relay #1 Iowa Central CC {4} 9.66m 31-81/2 41 Ella HOMAWOO 3/28 9 2 Katie Jarrett, Audrey #10 Crowder (Mo.) 10:54.49 4/5 Fletcher, Jasmine #7 North Iowa Area 9.57m 31-43/4 10 **45** Kit BYARS 3/28 Hayes, Arianna Women's Discus **Blevins** 10 Lovely HIBBERT #2 Iowa Western CC 1 40.47m 132-10 4/5 Women's High Jump 13 Olivia COX #8 Sauk Valley (Ill.) 37.93m 124-6 4/5 FR #4 Hinds (Miss.) CC 1 Qiana PIERCE 1.60m 5-3 3/22 #2 Iowa Western CC(2) 36.48m 3 19 Chin-Loy RAYMOND 119-8 3/29 8 Rasheda SAMUELS #2 Iowa Western CC 1.56m 4/5 21 Unitee BROWN #1 Iowa Central CC 117-8 35.85m 3/21 Arriana JOHNSON SO #3 Indian Hills (Iow 1.55m 3/28 28 Breanna SWABY #9 Hawkeye (Iowa) 33.67m 110-6 3/28 Eden BROUWERS #1 Iowa Central CC 9 1.55m 5-1 3/28 31 Zuriya ROBINSON #1 Iowa Central CC {2} 33.05m 108-5 3/28 17 Tasha WILLIAMS #9 Hawkeye (Iowa) 1.50m 4-11 3/28 7 35 Kit BYARS #7 North Iowa Area 31.89m 104-8 3/28 FR #11 Coahoma (Miss.) 17 Shacora JURDEN 1.50m 4-11 4/3 36 Sarai SIMPSON #2 lowa Western CC(3) 31.55m 103-6 4/5 21 Kira MESSERI Y FR #1 Iowa Central CC {2} 1.49m 4-101/2 3/28 37 Claire NICHOLS #5 State Fair (Mo.) 103-5 31.52m 3/22 #8 Sauk Valley (Ill.) 4-81/4 28 Jillian HULSING 1.43m 4/5 FR #13 Southwestern (Ic 10 44 Kara-Jean STATON 29.98m 98-41/2 3/21 32 Journey SANDER #5 State Fair (Mo.) 1.40m 3/22

3/28



## WOMEN — 2025 Checkpoint #2, April 8



## Midwest

as of 4/8/2025 7:09:16 AM ET

		<u> </u>	Vor	nen's Hammer	
1	12	Chin-Loy RAYMOND	SO	#2 lowa Western CC 43.29m	142-1 3/29
2	19	Cynthia ALBERT	FR	#3 Indian Hills (Iow 41.42m	135-11 <b>4/5</b>
3	21	Zuriya ROBINSON	SO	#1 Iowa Central CC 40.74m	133-8 3/21
4	24	Olivia COX	FR	#8 Sauk Valley (Ill.) 40.13m	131-8 3/29
5	37	Kara-Jean STATON	FR	#13 Southwestern (Ic 35.83m	117-7 3/21
6	44	Kit BYARS	SO	#7 North Iowa Area 33.40m	109-7 <b>4/5</b>
7	46	Claire NICHOLS	SO	#5 State Fair (Mo.) 33.01m	108-4 3/15
8	49	Abbi RICHTER	SO	#13 Southwestern (I-{2} 32.11m	105-4 3/21
9	50	Lovely HIBBERT	FR	#2 lowa Western CC{2} 31.92m	104-9 3/21
10	54	Breanna SWABY	FR	#9 Hawkeye (Iowa) 29.63m	97-2½ <b>4/6</b>
			Wo	men's Javelin	
1	10	Eden BROUWERS	FR	#1 Iowa Central CC 37.19m	122-0 3/28
2	14	Isabella SABALA	FR	#5 State Fair (Mo.) 34.23m	112-4 3/29
3	18	Ella HOMAWOO	FR	#1 Iowa Central CC {2} 32.21m	105-8 3/28
4	19	Bailey HASELHORST	SO	#5 State Fair (Mo.) {2}31.81m	104-5 3/22
5	23	Claire NICHOLS	SO	#5 State Fair (Mo.) {3} 30.72m	100-10 3/15
6	26	Bella DETORRICE- WYNNE	SO	#8 Sauk Valley (Ill.) 29.04m	95-3½ 4/5
7	27	Unitee BROWN	FR	#1 Iowa Central CC {3} 28.17m	92-51/4 3/21
8	30	Jillian HULSING	SO	#8 Sauk Valley (Ill.) {2} 25.25m	82-101/4 4/5
9	37	Kira MESSERLY	FR	#1 Iowa Central CC {4} 19.34m	63-5½ 3/28
		W	om	en's Heptathlon	
1	4	Eden BROUWERS	FR	#1 Iowa Central CC 4,098	3/28
2	5	Ella HOMAWOO	FR	#1 Iowa Central CC {2} 3,960	3/28
3	11	Kira MESSERLY	FR	#1 Iowa Central CC {3} 2,653	3/28



10 **51** Aaliyah PERKINS

FR #10 Glendale (Ariz.) ( 1:01.39

# USTFCCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

### WOMEN — 2025 Checkpoint #2, April 8



#### West

as of 4/8/2025 7:09:16 AM ET

						W	est				as of	14/8/2025 7:09:16 AI	MEI
	И	/om	en's 100 Meters						Wome	en':	s 400 Meter Hur	dles	
1 1	Kamaria KNIGHT	SO	#1 New Mexico JC	11.41	(1.6)	3/22	1	1	Lovina EWUSI	so	#8 Western Texas	59.86	3/22
2 4	Mickayla GARDENER	FR	#5 Central Arizona	11.51	(1.5)	4/5	2	2	Nour RAHOU	FR	#3 South Plains (Te	1:01.14c (1:01.03A)	4/3
2 4	Ruth AGADAMA	so	#3 South Plains (Te	11.51	(1.6)	3/22	3	5	Brieanna BOYCE	so	#8 Western Texas	{2} <b>1:03.14</b>	3/29
4 9	Lovina EWUSI	SO	#8 Western Texas	11.60	(1.6)	3/22	4	7	Ysanne PEART	so	#1 New Mexico JC	1:04.10	3/29
5 1	3 Nandy KIHUYU	so	#1 New Mexico JC {2	<u>2</u> } <b>11.72</b>	(1.0)	3/22	5	12	Tyra CHRISTEAN.	FR	#2 Pima (Ariz.) CC	1:04.94	4/5
5 1	3 Tuwana MCLEAN	FR	#1 New Mexico JC {2	2}11.72	(1.6)	3/22	6	16	Hannah DROEG	FR	#2 Pima (Ariz.) CC	{2} <b>1:06.06</b>	4/5
7 <b>1</b>	7 Charlize FRASER	FR	#8 Western Texas {2	2} 11.91	(1.6)	3/22	7	19	Aliya SCHOCK	so	#11 Bismarck State (	1:07.50	4/6
8 2	8 Amari PRATT	SO	#1 New Mexico JC {4	1} <b>11.98c</b>	(11.95A) ( <mark>1</mark>	4/3	8	29	Dedra WOOD	FR	#11 Bismarck State (	{2} <b>1:10.83</b>	3/28
8 2	8 Oluwatumininu SANYAOLU	FR	#3 South Plains (Te{2	2} <b>11.98c</b>	(11.95A) ( <mark>1</mark>	4/3	9		Milan KAUR		#18 Phoenix (Ariz.)	1:19.39	3/29
8 <b>2</b>	8 Maliah EDWARDS	SO	#1 New Mexico JC {	1}11.98w	(2.2)	3/29	10	36	Tyler WASHINGTON		#2 Pima (Ariz.) CC		3/29
0 2			s 100 Meter Huro		()	3/23					en's 800 Meters	_	
1	_				(2.8)	3/22	1	1	Amal KACHOURI	FR		2:07.84c (2:08.21A)	
2 3		SO SO		13.50w	(1.8)	3/22	2	2	Jody ANN MITCHELL	SO		{2} <b>2:08.22c</b> (2:08.60A)	
3 4		SO ED	#3 South Plains (Te	•	_	3/29 - <b>4/3</b>	3	3	Millicent WAFULA		#9 Odessa (Texas)	2:09.53c (2:09.91A)	-
		SO	·		(2.8)		4	6	Emilly SILVA	SO		{3} <b>2:10.69c</b> (2:11.08A)	4/3
<ul><li>4</li><li>5</li><li>1</li></ul>			#10 Glendale (Ariz.) (	13.96w	(0.3)	3/22	5	8	Lindsey LOPES	FR	` '	2:13.07	3/22
6 1			#3 South Plains (Te{2		(0.6)	3/29	6	10	Kaydeen JOHNSON	FR		{2} <b>2:14.13c</b> (2:14.53A)	•
0	SANYAOLU	FK	South Flams (Te <sub>12</sub>	2,14.13	(0.0)	3/23	7		Avery JENSEN	SO		{2} <b>2:15.12c</b> (2:15.80A)	
7 1	4 Dedra WOOD	FR	#11 Bismarck State (	14.85	(1.2)	4/6	8	15	Tyfane MARTINS	SO	*1 New Mexico JC		3/29
8 1	5 Juwonna	FR	#3 South Plains (Te{3	3} <b>14.90cw</b>	(14.86A) ( <mark>2</mark>		9		Francesca ALVARADO				3/29
	WHITEHORNE				_		10	19	Reatta DANOFF		#2 Pima (Ariz.) CC	2:18.66	4/5
9 2	1 Hannah DROEG	FR	#2 Pima (Ariz.) CC	15.17	(-1.1)	3/28			Wo	ome	en's 1500 Meter	'S	
10 <b>2</b>	3 Sara JACOBSON	SR	#4 Mesa (Ariz.) CC	15.44	(-1.1)	3/28	1	1	Millicent WAFULA	FR	#9 Odessa (Texas)	4:23.63	3/29
	И	/om	en's 200 Meters				2	3	Kaydeen JOHNSON	FR	#9 Odessa (Texas)	{2} <b>4:31.96</b>	3/29
1 1	Charlize FRASER	FR	#8 Western Texas	23.66w	(2.5)	3/22	3	4	Elayna LOVERIDGE	SO		4:37.84	3/22
2 3	Mickayla GARDENER	FR	#5 Central Arizona	23.76	(0.2)	3/22	4	5	Salma SADDOUG	FR	, ,		3/22
3 4		FR	#3 South Plains (Te	23.77w	(3.3)	3/22	5	6	Angelina LIONE	FR		{2} <b>4:38.63c</b> (5:07.10A)	3/28
	SANYAOLU						6	7	Elizabeth ILANDA	FR	·		3/22
4 6	Kamaria KNIGHT	SO	#1 New Mexico JC	23.97с	(23.90A) (-3		7	9	Angela Denisse SALADO FERNANDEZ	SO	#6 Salt Lake (Utah)	{3} <b>4:40.92c</b> (5:09.63A)	3/28
5 1	0 Lovina EWUSI	SO		•	(24.19A) (-	-1-	8	10.	Francesca ALVARADO	SO	#1 New Mexico JC	4:42.48	3/29
6 1		SO			(3.1)	3/22			Victaline MUTAI		#12 Ranger (Texas)	4:42.69c (4:46.11A)	-
	Brieanna BOYCE	SO	#8 Western Texas {3	3} <b>24.46c</b>	(24.39A) (-3	3 4/3			Naomi SOTELO			{4} <b>4:43.02c</b> (5:11.93A)	-
	8 Kyja WILLIS	FR	#8 Western Texas {4		(4.0)	3/22	10						3,20
	2 Sofia CARDOZO	JR			(-0.6)	3/29				_	n's Steeplecha	<del>_</del>	2/20
10 <b>2</b>	6 Nalicia GLEN	FR	#1 New Mexico JC {3	3} <b>24.92c</b>	(24.85A) (-:	1 4/3	1	1	Salma SADDOUG		#9 Odessa (Texas)	10:32.38	3/29
	N	/om	en's 400 Meters				2	3	Barbara NEIVA		#15 Trinidad State (C	_	
1 7	Charlize FRASER	FR	#8 Western Texas	55.13c	(55.02A)	4/3	3	4	Melanie ANDERSON		#6 Salt Lake (Utah)	11:06.23	4/5
2 1	O Shagay SHEPPY	FR	#8 Western Texas {2	2}56.12		3/22	4	5	Carmella BALDWIN		#4 Mesa (Ariz.) CC	11:12.16	4/5
3 <b>2</b>	Tuwana MCLEAN	FR	#1 New Mexico JC	56.91		3/29	5	7	Francesca ALVARADO		#1 New Mexico JC	11:25.35c(11:34.00A	
4 2	3 Grace KOMBETTO	SO	#5 Central Arizona	57.38		3/29	6	8	Marjie RICHARDS		#6 Salt Lake (Utah) #13 Southern Idaho		4/5
5 <b>2</b>	5 Nour RAHOU	FR	#3 South Plains (Te	57.84		3/22	7	9	Rozzlyn CAZIER			11:31.99	4/5
6 <b>2</b>	6 J'layah SPELLMAN	SO	#2 Pima (Ariz.) CC	57.91		3/22	8	11	Tabetha HENRIE  Katie REAVELEY	FR	#6 Salt Lake (Utah) #6 Salt Lake (Utah)		4/5 4/5
7 3	COLLINS  Mickayla GAPDENER	ED	#5 Control Arizona (C	ol Eq. Oo		2/20			Laynee ROWLEY		#13 Southern Idaho		4/5
	7 Mickayla GARDENER	FR				3/29	10		Layrice NO WELL	55	- Countri Idullo	(_)	113
	8 Amiyanee HARRIS		#5 Central Arizona {3			3/29							
9 4	2 Chloe CANNON	FK	#7 Paradise Valley (	1:00.29		3/20							



#### WOMEN - 2025 Checkpoint #2, April 8



### West

as of 4/8/2025 7:09:17 AM ET

	W	om	en's 5000 Meters					W	ome	en's 4x400 Rela	У		
1 1	Elizabeth ILANDA	FR	#9 Odessa (Texas)	16:27.5	,	1	1	Shagay Sheppy,		#8 Western Texas	3:41.27		3/29
2 2	Keira DAMRON		#7 Paradise Valley (	17:39.14				Lovina Ewusi, Brieanna Boyce,					
3 3	Ines MRABET	FR	#1 New Mexico JC	17:41.5	7c(17:56.19A) 4/3			Charlize Fraser					
4 5	Victaline MUTAI	FR	#12 Ranger (Texas)	17:48.6	Lc(18:03.34A) 4/3	2	5	Tuwana McLean,		#1 New Mexico JC	3:51.41		3/29
5 6	Maddie PEARSON	FR	#6 Salt Lake (Utah)	17:51.8	sc(18:18.58A) 3/28			Kamaria Knight,		_			
6 8	Laynee HOLLECH	FR	#7 Paradise Valley ({2	2} 17:56.74	3/22			Jody Ann Mitchell,					
7 9	Carmella BALDWIN	SO	#4 Mesa (Ariz.) CC	18:00.4	3/29	2	7	Nandy Kihuyu		#2 Pinne (Avie ) CC	4:00 50		2/22
8 10	Lillian NEFF	SO	#13 Southern Idaho	18:10.9	L 4/5	3	7	Layla Konski, Hannah Droeg, Tyra		#2 Pima (Ariz.) CC	4:00.58		3/22
	Rozzlyn CAZIER	SO	#13 Southern Idaho {2	18:19.5	4/5			Christean, J'Layah					
10 13	Elayna LOVERIDGE	SO	#6 Salt Lake (Utah) {2	2} 18:20.00	4/5			Spellman Collin					
	Wo	me	n's 10,000 Meter	s		4	9	Avery Jensen,		#6 Salt Lake (Utah)	4:07.01	(4:06.57A)	3/28
1 1	Angela Denisse SALADO FERNANDEZ	SO	#6 Salt Lake (Utah)	35:35.80				Lindsey Lopes, Tara Bouck, Katie Reaveley					
2 2	- C	FR		2}36:08.70		5	12	Brittany Danas, Alaila		#16 Jacksonville (Te:	4:12.77		3/15
3 3			#1 New Mexico JC	36:31.0	,			Jones, Bryanna		·			,
4 4		SO	, , ,					Danas, Iyiana Wilhite					
5 5		FR	, ,,	•	_	6	14	Kate Dare, Kendra		#4 Mesa (Ariz.) CC	4:14.94		3/29
6 6		SO						Guest, Katie Munoz, Carmella Baldwin					
7 7			#14 Dawson (Mont.)	39:08.92		7	16	Tania Miles,		#12 Ranger (Texas)	4:26.31		3/15
8 8		FR		•		·		Alfrenique Knowles,		manger (1 exac)			0,10
	Elexia ARAGON		#2 Pima (Ariz.) CC	42:01.74				Andrea Teruel,					
10 13	Elizabeth COPPOLA		#2 Pima (Ariz.) CC {2		3 4/5			Emma Garcia					
		ome	en's 4x100 Relay						ome	en's 4x800 Rela			
1 4	Amari Pratt, Nandy Kihuyu, Maliah Edwards, Kamaria Knight		#1 New Mexico JC	45.88	3/22	1	1	Emilly Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri		#1 New Mexico JC	8:50.12		3/29
2 9			#12 Ranger (Texas)	47.85c	(47.73A) <b>4/3</b>			И	/om	en's High Jump	,		
	Chasity Rayford, Ki'Sha Tyner, Tania					1	1	Tiana PETROVA	FR	#1 New Mexico JC	1.68m	5-6	3/29
	Miles					2	3	Isabel GREEN	SO	#2 Pima (Ariz.) CC	1.62m	5-3¾	4/5
3 17	Layla Konski,		#2 Pima (Ariz.) CC	48.79	3/22	3	5	April NECAISE	SO	#2 Pima (Ariz.) CC	[2] <b>1.59m</b>	5-21/2	3/22
	Hannah Droeg,					4	6	Kaelyn GIARRUSSO	SO	#10 Glendale (Ariz.) (	1.58m	5-21/4	3/29
	Maylee Thompson, J'layah Spellman					5	7	Sara JACOBSON		#4 Mesa (Ariz.) CC	1.57m	5-13/4	3/28
	Collins					6	13	Tyler WASHINGTON	SO	#2 Pima (Ariz.) CC	[3] <b>1.53m</b>	5-1/4	3/29
						6	13	Vinae BUFORD- STILLMAN	FR	#5 Central Arizona	1.53m	5-1/4	3/29
						8	17	A'Kevia WEAVER	FR	#16 Jacksonville (Te:	1.50m	4-11	4/5
						9	24	Hannah DROEG		#2 Pima (Ariz.) CC		4-9	3/28
						10	34	Maylee THOMPSON		#2 Pima (Ariz.) CC		4-6¾	3/28
									_	en's Pole Vault			
						1	1	Olga LAPUZOVA		#3 South Plains (Te	3.65m	11-11¾	3/22
						2	3	Madisyn WILLIAMS	FR	#4 Mesa (Ariz.) CC	3.61m	11-10	3/20
						_				- 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			

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Morgan PEPE

Lauren ALLARD

Anna BROWN

Mackenzie

ANDERSON

9 19 Brakelle MCBRIDE

5 9 Mikaila BARAN

Giuliana SCHIESARO

SO #2 Pima (Ariz.) CC

SO #10 Glendale (Ariz.) (

FR #7 Paradise Valley (

#3 South Plains (Te{2} 3.35mA

FR #4 Mesa (Ariz.) CC {2} 3.16m

FR #7 Paradise Valley ( 3.16m

FR #7 Paradise Valley ({3} 2.56m

3.50m

3.16m

10-113/4

10-41/4

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## WOMEN — 2025 Checkpoint #2, April 8



V	١.	_	_

as of 4/8/2025 7:09:17 AM ET

L										
		W	om	en	's Long Jump	)				
1	2	Kavel RITCHIE	so		New Mexico JC	5.82mA	19-1¼ (1.4)	4/3		
2	3	Sydney ROQUEBRUN	so	#3	South Plains (Te	5.81mA	19-¾ (0.9)	4/3	2	
3	5	Juwonna WHITEHORNE	FR	#3	South Plains (Te	[2] <b>5.64m</b>	18-6 (1.3)	3/22	3	
4	7	Maylee THOMPSON	so	#2	Pima (Ariz.) CC	5.60m	18-4½ (2. <mark>0)</mark>	4/5	4	
5	8	Makayla WHITFIELD	FR	#11	Bismarck State (	5.57m	18-3¼ (0.7)	4/6	į	
5	8	Ruth AGADAMA	so	#3	South Plains (Te	[3] <b>5.57mA</b>	18-3¼ (0.2)	4/3	6	
5	8	Sofia RODRIQUEZ	FR	#1	New Mexico JC	[2] <b>5.57mA</b>	18-3¼ (0.9)	4/3	7	
8	22	Sara JACOBSON	SR	#4	Mesa (Ariz.) CC	5.37m	17-7½ (0.0)	3/28	8	
9	23	Aliyah GIDHARRY	SO	#5	Central Arizona	5.35m	17-6¾ (0.0)	3/22	ç	
10	25	Erin MABRY	FR	#4	Mesa (Ariz.) CC	[2] <b>5.30m</b>	17-4¾ (0.0)	3/29	1	
		Wo	ome	en'	s Triple Jum	p				
1	4	Sofia RODRIQUEZ	FR	#1	New Mexico JC	11.86m	38-11 (1.1)	3/29		
2	6	Janita ANTIPINA	FR	#1	New Mexico JC	[2] <b>11.75mA</b>	38-6¾ (1. <mark>1)</mark>	4/3	2	
3	8	Kavel RITCHIE	SO	#1	New Mexico JC	[3] <b>11.50mA</b>	37-8¾ (0. <mark>3)</mark>	4/3		
4	12	Layla KONSKI	FR	#2	Pima (Ariz.) CC	11.16m	36-7½ (1.3)	3/22	3	
5	13	Oyindamola ADETUTU	SO	#10	Glendale (Ariz.) (	11.09m	36-4¾ (1.1)	3/22		
6	24	Alexia ANDERSON	SO	#11	Bismarck State (	10.46m	34-4 (1.5)	4/6	6	
7	27	April NECAISE	SO	#2	Pima (Ariz.) CC	[2] <b>9.90m</b>	32-5¾ (0.1)	3/22	7	
8	30	Shelly NEWTON	FR	#10	Glendale (Ariz.)	[2] <b>8.74m</b>	28-81/4 (0.0)	3/29	8	
Women's Shot Put										
1	1	Esteisy SALAS	SO	#1	New Mexico JC	15.85m	52-0	3/29	1	
2	2	Rejoice AGBEWODIE	SO	#5	Central Arizona	15.14m	49-81/4	3/29		
3	7	Kahllah BAILEY	FR	#3	South Plains (Te	13.37mA	43-101/2	2/7		
4	8	Suerena ALEXANDER	FR	#3	South Plains (Te	[2] <b>13.24mA</b>	43-51/4	2/7	2	
5	10	Athilia PRYCE	FR	#1	New Mexico JC	[2] <b>12.90m</b>	42-4	3/22	3	
6	11	Yosiris CORDOBA	SO	#1	New Mexico JC	[3] <b>12.48mA</b>	40-11½	4/3	4	
7	13	Jamelia NICHOLAS	SO	#5	Central Arizona	[2] <b>11.94m</b>	39-21/4	3/29	į	
8	21	Shyla-Mae CONSTABLE	FR	#5	Central Arizona	[3] <b>11.21m</b>	36-9½	3/29	(	
9	22	Sara JACOBSON	SR	#4	Mesa (Ariz.) CC	11.12m	36-5¾	3/28		
10	23	Nichole ROBERTS	FR	#14	Dawson (Mont.)	11.06m	36-3½	3/22		
			Wo	m	en's Discus					
1	2	Rejoice AGBEWODIE	SO	#5	Central Arizona	51.94m	170-5	3/29		
2	4	Yosiris CORDOBA	SO	#1	New Mexico JC	50.93mA	167-1	4/3		
3	6	Athilia PRYCE	FR	#1	New Mexico JC	(2) <b>45.18mA</b>	148-3	4/3		
4	8	Jamelia NICHOLAS	SO	#5	Central Arizona	[2] <b>42.17m</b>	138-4	3/29		
5	11	Seioriana GLASS	so	#4	Mesa (Ariz.) CC	40.26m	132-1	3/20		
6	23	Tiffany NUNEZ	FR	#4	Mesa (Ariz.) CC	[2] <b>35.20m</b>	115-6	3/20		
7	25	Vanessa ESPARZA	SO	#1	New Mexico JC	[3] <b>34.83</b> m	114-3	3/22		
8	29	Joslyn EBY	FR	#17	Southeast (Neb.)	33.62m	110-4	3/28		
9	30	Brinley LENSCH	FR	#7	Paradise Valley (	33.11m	108-8	3/29		
10	33	Kahllah BAILEY	FR	#3	South Plains (Te	32.40m	106-4	3/22		

Women's Hammer												
1	1	Tania DA SILVA	SO	#1 New Mexico JC 60.62m 198-11	3/29							
2	2	Rejoice AGBEWODIE	SO	#5 Central Arizona 53.30m 174-11	3/29							
3	3	Shyla-Mae CONSTABLE	FR	#5 Central Arizona {2} <b>52.10m</b> 170-11	3/22							
4	6	Seioriana GLASS	SO	#4 Mesa (Ariz.) CC 48.11m 157-10	3/22							
5	13	Athilia PRYCE	FR	#1 New Mexico JC {2} 43.25mA 141-11	4/3							
6	14	Esteisy SALAS	SO	#1 New Mexico JC {3} 42.95mA 140-11	4/3							
7	26	Tiffany NUNEZ	FR	#4 Mesa (Ariz.) CC {2} 39.61m 130-0	3/20							
8	28	Morgan MOSLEY	FR	#2 Pima (Ariz.) CC 39.53m 129-8	3/29							
9	36	Carmen SPEAR	FR	#7 Paradise Valley ( <b>35.85m</b> 117-8	3/20							
10	40	Jamelia NICHOLAS	SO	#5 Central Arizona {3} 35.28m 115-9	3/29							
			Wo	men's Javelin								
1	1	Rejoice AGBEWODIE	SO	#5 Central Arizona 48.13m 157-11	3/22							
2	2	Bruna VIEIRA DE JESUS	SO	#1 New Mexico JC 47.37m 155-5	3/22							
3	3	Suerena ALEXANDER	FR	#3 South Plains (Te: 45.45mA 149-2	4/3							
4	4	Aliyah GIDHARRY	SO	#5 Central Arizona {2} 44.00m 144-4	4/5							
5	5	Jaeleigha ABALOS	FR	#7 Paradise Valley ( 43.84m 143-10	3/22							
6	6	Sara JACOBSON	SR	#4 Mesa (Ariz.) CC 43.20m 141-9	3/28							
7	7	Brynn FULLER	FR	#11 Bismarck State ( <b>42.01m</b> 137-10	3/28							
8	9	Mya SHELDON	SO	#11 Bismarck State ({2} 37.87m 124-3	4/6							
9	11	April NECAISE	SO	#2 Pima (Ariz.) CC 35.29m 115-10	3/29							
10	13	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {2} 34.85m 114-4	3/28							
		We	ome	en's Heptathlon								
1	1	Sara JACOBSON	SR	#4 Mesa (Ariz.) CC 4,997	3/28							
2	2	Hannah DROEG	FR	#2 Pima (Ariz.) CC 4,258	3/28							
3	3	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {2} 4,230	3/28							
4	6	Layla KONSKI	FR	#2 Pima (Ariz.) CC {3} <b>3,729</b>	3/28							
5	10	Chloe HANCOCK	FR	#7 Paradise Valley ( 3,271	3/28							
6	12	Natalia BRZEZNIAK	JR	#4 Mesa (Ariz.) CC {2} 2,375	3/28							