



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Maimuna JALLOW	FR #4	Cloud County (Kan.) C	33.21	11.30	(2.0)	4/12/25	Wichita State K.T. Woodman I
2	Ruth AGADAMA	SO #2	South Plains (Texas)	30.78	11.35	(1.1)	4/12/25	Jo Meaker Classic & Multi
3	Anita AFRIFA	SO #18	Colby (Kan.) CC	28.69	11.36	(1.1)	4/12/25	Jo Meaker Classic & Multi
4	Kamaria KNIGHT	SO #1	New Mexico JC	26.27	11.41	(1.6)	3/22/25	Wes Kittley Invitational
5	Trinity MONTGOMERY	SO #6	Hinds (Miss.) CC	23.84	11.46w	(3.0)	4/5/25	Davenport-Milburn Pelican Re
6	Adetutu ALADELOYE	SO #17	Allen (Kan.) CC	21.63	11.49	(1.5)	3/28/25	Emporia State Relays
7	Mickayla GARDENER	FR #12	Central Arizona	19.52	11.51	(1.5)	4/5/25	UCSD Triton Invitational
8	Ranayla MOTEN	FR #17	Allen (Kan.) CC {2}	3.41 D	11.53w	(2.4)	4/12/25	Arkansas Spring Invitational
9	Crystal CHAMBERS	SO #16	Fort Scott (Kan.) CC	15.35	11.54	(1.5)	3/28/25	Emporia State Relays
10	Royanah FARMER	SO #10	Coffeyville (Kan.) CC	13.30	11.55w	(2.8)	3/29/25	Bobcat Invitational (Texas Sta
11	Caneilia HOPE	FR #6	Hinds (Miss.) CC {2}	11.08	11.59	(0.9)	4/11/25	Strawberry Relays
12	Lovina EWUSI	SO #11	Western Texas	3.02 D	11.60	(1.6)	3/22/25	Wes Kittley Invitational
13	Ida SMITH	FR #20	Indian Hills (Iowa) CC	8.86	11.63w	(2.8)	4/12/25	Arkansas Spring Invitational
13	Amari PRATT	SO #1	New Mexico JC {2}	8.86	11.63	(1.9)	4/12/25	Jo Meaker Classic & Multi
13	Serena GRACE	FR #5	Iowa Western CC	8.86	11.63	(2.0)	4/12/25	Wichita State K.T. Woodman I
16	Felicia AWUDI	FR #18	Colby (Kan.) CC {2}	5.67	11.68	(1.6)	3/22/25	West Texas Relays
16	Zariah GREAVES	SO #14	Iowa Central CC	5.67	11.68w	(3.1)	3/28/25	Emporia State Relays
18	Tuwana MCLEAN	FR #1	New Mexico JC {3}	TM-3	11.72	(1.6)	3/22/25	Wes Kittley Invitational
18	Nandy KIHUYU	SO #1	New Mexico JC {3}	4.56	11.72	(1.0)	3/22/25	Wes Kittley Invitational
20	Kayveonna JACKSON	SO #17	Allen (Kan.) CC {3}	3.51	11.74	(1.9)	4/12/25	Arkansas Spring Invitational
21	Charlize FRASER	FR #11	Western Texas {2}	2.48 D	11.75w	(2.9)	4/12/25	McMurry War Hawk Classic
22	Linya GEDEON	SO #10	Coffeyville (Kan.) CC {2}	2.45	11.76	(-0.6)	4/10/25	Red Raven Invite
23	Sidney HOLT	FR #21	Hutchinson (Kan.) CC	1.90	11.78w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
24	Kyja WILLIS	FR #11	Western Texas {3}	1.32	11.81w	(2.9)	4/12/25	McMurry War Hawk Classic
25	Shanteria WASHINGTON	SO	Highland (Kan.) CC	1.24	11.82w	(2.4)	4/12/25	Arkansas Spring Invitational
26	Nalicia GLEN	FR #1	New Mexico JC {5}	TM-5	11.85w	(2.5)	4/12/25	Jo Meaker Classic & Multi
27	Jayden PIPER	SO #16	Fort Scott (Kan.) CC {2}	1.01	11.87w	(3.5)	4/12/25	Wichita State K.T. Woodman I
28	Beatrice BOAKYE	FR #18	Colby (Kan.) CC {3}	0.82	11.92	(1.0)	4/12/25	Jo Meaker Classic & Multi
28	Judith KOUMEDZINA	SO #5	Iowa Western CC {2}	0.82	11.92w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
30	Destiny MITCHELL	SO #20	Indian Hills (Iowa) CC {2}	0.70	11.93	(1.9)	4/12/25	Arkansas Spring Invitational
30	Aniya SUKU	FR	Bryant & Stratton (Va.)	0.70	11.93	(1.1)	4/5/25	Norfolk State Invitational
30	Zekira SNOW	SO #20	Indian Hills (Iowa) CC {2}	0.70	11.93	(1.5)	3/28/25	Emporia State Relays
33	Nakirsten HUGHES	FR #24	Meridian (Miss.) CC	0.55	11.94w	(3.7)	4/5/25	Doc Anderson Invitational
33	Kennidra SPIGNER	FR #3	Barton (Kan.) CC	0.55	11.94w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
33	Michaelyn FISHER	FR	Richard Bland (Va.)	0.55	11.94	(0.8)	3/29/25	Trojan Challenge
33	Ritorion VIGNE	SO #6	Hinds (Miss.) CC {3}	0.55	11.94w	(2.4)	4/5/25	Davenport-Milburn Pelican Re
37	Kenyatta GRATE	SO #20	Indian Hills (Iowa) CC {4}	TM-4	11.97	(0.5)	3/28/25	Emporia State Relays
38	Oluwatumininu SANYAOLU	FR #2	South Plains (Texas) {2}	0.30	11.98c	(11.95A) (1.	4/3/25	Masked Rider Outdoor Open
38	Maliah EDWARDS	SO #1	New Mexico JC {6}	TM-6	11.98w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
40	Takelia WILLIAMS	FR #3	Barton (Kan.) CC {2}	0.25	11.99w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
41	Kimberly BAKER	SO	Essex County (N.J.)	0.23	12.01	(1.3)	3/29/25	The Big Hurt
42	Sydney ROQUEBRUN	SO #2	South Plains (Texas) {3}	0.20	12.03	(1.6)	3/22/25	West Texas Relays
42	Tierra WILLIAMS	FR #10	Coffeyville (Kan.) CC {3}	0.20	12.03w	(2.1)	3/23/25	Bethel (Kan.) College Open
44	Sofia CARDOZO	JR #19	Paradise Valley (Ariz.)	0.15	12.04	(0.1)	3/20/25	PV/ALTIS Invite
45	Nyla NORMAN	SO #20	Indian Hills (Iowa) CC {5}	TM-5	12.06w	(2.8)	4/12/25	Arkansas Spring Invitational
46	Dhakiya BLAKE	SO #10	Coffeyville (Kan.) CC {4}	TM-4	12.11w	(2.1)	3/23/25	Bethel (Kan.) College Open
47	Rayanna JOHNSON	SO #16	Fort Scott (Kan.) CC {3}	0.08	12.13w	(3.1)	3/28/25	Emporia State Relays
48	Ty'yanah ADAMS	FR #3	Barton (Kan.) CC {3}	0.05	12.21	(0.7)	4/12/25	Crimson Tide Invite
48	Tania MILES	FR	Ranger (Texas)	0.05	12.21	(1.8)	4/12/25	Carl Kight Invitational
50	Alexia LEWIS	SO	Highland (Kan.) CC {2}	0.01	12.23	(2.0)	4/12/25	Arkansas Spring Invitational



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Brianna BOYCE	SO #11 Western Texas	33.76	13.50w	(2.8)	3/22/25	Wes Kitley Invitational
2	Maliah EDWARDS	SO #1 New Mexico JC	30.83	13.74	(1.3)	4/12/25	Jo Meaker Classic & Multi
3	Dymonde NAVE	SO #20 Indian Hills (Iowa) CC	28.75	13.76w	(2.6)	3/28/25	Emporia State Relays
4	Lovina EWUSI	SO #11 Western Texas {2}	26.41	13.85	(1.8)	3/29/25	Texas Relays
5	Seanna GAYE-LESLIE	FR #6 Hinds (Miss.) CC	24.30	13.88	(1.3)	4/11/25	Strawberry Relays
6	Rashema LINDO	FR #2 South Plains (Texas)	22.12	13.94cw	(13.90A) (2.	4/3/25	Masked Rider Outdoor Open
7	Linya GEDEON	SO #10 Coffeyville (Kan.) CC	20.02	13.98w	(3.2)	3/29/25	Bobcat Invitational (Texas Sta
8	Oluwatumininu SANYAOLU	FR #2 South Plains (Texas) {2}	17.31	14.27	(1.8)	4/12/25	Jo Meaker Classic & Multi
9	Ty'yanah ADAMS	FR #3 Barton (Kan.) CC	15.16	14.33	(0.5)	4/12/25	Crimson Tide Invite
10	Nanhi PANNU	FR #4 Cloud County (Kan.) C	12.97	14.41w	(3.2)	4/12/25	Wichita State K.T. Woodman I
11	Kadina DEEBLE	FR Essex County (N.J.)	10.92	14.45w	(2.5)	3/29/25	The Big Hurt
12	Tanique TAYLOR	SO #5 Iowa Western CC	9.90	14.47w	(2.6)	3/29/25	Bobcat Invitational (Texas Sta
12	Chenessa DAVIS	SO #4 Cloud County (Kan.) {2}	9.90	14.47	(-0.9)	4/5/25	Friends Invitational
14	Lenasia DRUMMOND	SO #6 Hinds (Miss.) CC {2}	7.88	14.48	(1.3)	4/11/25	Strawberry Relays
15	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	6.75	14.59w	(3.2)	4/12/25	Wichita State K.T. Woodman I
16	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	5.72	14.62	(0.3)	3/29/25	Cody McBride/Distance in the
17	DiaMonae THOMAS	SO Highland (Kan.) CC	5.19	14.64	(1.9)	3/29/25	Central Methodist Invitational
18	Ma-Avian WILLIAMS	SO Essex County (N.J.) {2}	4.63	14.69	(1.2)	4/5/25	Metropolitan Championships
19	Dedra WOOD	FR #25 Bismarck State (N.D.)	3.95	14.85	(1.2)	4/6/25	Al Bortke Open
20	Juwonna WHITEHORNE	FR #2 South Plains (Texas) {3}	2.39	14.90cw	(14.86A) (2.	4/3/25	Masked Rider Outdoor Open
21	Alisha JACKSON	FR Bryant & Stratton (Va.)	2.30	14.98w	(3.5)	4/5/25	Norfolk State Invitational
22	Shyla COOPER	FR Richard Bland (Va.)	2.23	15.04	(1.6)	3/29/25	Trojan Challenge
23	Jada HATCHER	FR Richard Bland (Va.) {2}	1.72	15.05	(1.6)	4/5/25	Colonial Relays
24	Damaria BELL	SO #16 Fort Scott (Kan.) CC	1.17	15.10w	(2.2)	3/28/25	Emporia State Relays
25	Abril OKON	SO #2 South Plains (Texas) {4}	TM-4	15.14w	(2.1)	4/12/25	Jo Meaker Classic & Multi
26	Hannah DROEG	FR #7 Pima (Ariz.) CC	0.99	15.17	(-1.1)	3/28/25	Mesa Multis
27	Arriana JOHNSON	SO #20 Indian Hills (Iowa) CC {2}	0.85	15.25	(1.2)	3/28/25	Emporia State Relays
28	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	0.80	15.44	(-1.1)	3/28/25	Mesa Multis
29	Michelle LEWIS	FR Hesston (Kan.)	0.75	15.46w	(2.5)	4/12/25	Wichita State K.T. Woodman I
30	Ja'Kheria KELSER	FR #10 Coffeyville (Kan.) CC {2}	0.70	15.47	(0.8)	3/13/25	Dean Pryor Invitational
31	Layla KONSKI	FR #7 Pima (Ariz.) CC {2}	0.65	15.57	(-1.1)	3/28/25	Mesa Multis
32	Madison JACKSON	FR Coahoma (Miss.) CC	0.60	15.59	(0.4)	3/22/25	Belhaven Invitational
33	Zoe ALLEN	FR #22 Vincennes (Ind.)	0.55	15.61	(-0.2)	4/12/25	Indiana Little State Invitationa
33	Widlife VERMILUS	SO #3 Barton (Kan.) CC {2}	0.55	15.61w	(4.0)	3/29/25	Mark A. Phillips Tiger Open
35	Aliyah GIDHARRY	SO #12 Central Arizona	0.45	15.62	(-1.7)	3/28/25	Mesa Multis
36	Sierra BROOKS	FR #21 Hutchinson (Kan.) CC	0.40	15.64w	(4.0)	3/29/25	Mark A. Phillips Tiger Open
37	Natalia BRZEZNAK	JR #13 Mesa (Ariz.) CC {2}	0.35	15.73	(-1.6)	4/12/25	Gaucha Collegiate Outdoor In
38	Tyler WASHINGTON	SO #7 Pima (Ariz.) CC {3}	0.30	15.75	(-0.9)	4/12/25	Gaucha Collegiate Outdoor In
39	Taja CONLEY	SO North Iowa Area CC	0.28	15.76w	(2.1)	4/11/25	Jim Duncan Invitational
40	Ella HOMAWOO	FR #14 Iowa Central CC	0.25	15.90w	(3.2)	3/28/25	Emporia State Relays
41	Eden BROUWERS	FR #14 Iowa Central CC {2}	0.23	16.00w	(4.0)	3/28/25	Emporia State Relays
42	Carlie CARLGREN	FR #4 Cloud County (Kan.) {3}	0.20	16.12w	(2.5)	4/12/25	Wichita State K.T. Woodman I
43	Tyra CHRISTEAN.	FR #7 Pima (Ariz.) CC {4}	TM-4	16.14	(-0.9)	4/12/25	Gaucha Collegiate Outdoor In
44	Addison (Addi) HINDT	FR #14 Iowa Central CC {3}	0.15	16.19w	(2.9)	4/5/25	South Dakota Early Bird
45	Bethany SLOVENSKY	FR State Fair (Mo.)	0.13	16.27w	(2.5)	3/29/25	SBU Bearcat Invitational
46	Maylee THOMPSON	SO #7 Pima (Ariz.) CC {5}	TM-5	16.34	(-1.7)	3/28/25	Mesa Multis
47	Janita ANTIPINA	FR #1 New Mexico JC {2}	0.08	16.61w	(2.3)	3/29/25	Texas Relays
48	Aniya SUKU	FR Bryant & Stratton (Va.) {2}	0.05	16.82	(-0.7)	3/22/25	Virginia Beach Spring Break In
49	Maeva CURE	SO #4 Cloud County (Kan.) {4}	TM-4	16.85w	(2.5)	4/12/25	Wichita State K.T. Woodman I
50	Journey SANDER	FR State Fair (Mo.) {2}	0.01	17.52	(1.5)	4/11/25	Mule Relays



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Women's 200 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Anita AFRIFA	SO #18 Colby (Kan.) CC	34.55	22.95	(1.9)	4/12/25	Jo Meaker Classic & Multi
2	La'Nica LOCKER	SO #6 Hinds (Miss.) CC	31.27	23.26	(1.8)	4/11/25	Strawberry Relays
3	Kayda AUSTIN	FR #3 Barton (Kan.) CC	28.58	23.43	(-0.3)	4/12/25	Crimson Tide Invite
4	Charlize FRASER	FR #11 Western Texas	25.67	23.66w	(2.5)	3/22/25	Wes Kittley Invitational
5	Ranayla MOTEN	FR #17 Allen (Kan.) CC	23.58	23.69w	(3.1)	3/28/25	Emporia State Relays
6	Royanah FARMER	SO #10 Coffeyville (Kan.) CC	21.55	23.70	(0.0)	4/10/25	Red Raven Invite
7	Rafiatu NUHU	SO #4 Cloud County (Kan.) C	19.50	23.72w	(2.5)	4/12/25	Wichita State K.T. Woodman I
8	Mickayla GARDENER	FR #12 Central Arizona	17.39	23.76	(0.2)	3/22/25	Willie Williams/Dave Murray Di
9	Adetutu ALADELOYE	SO #17 Allen (Kan.) CC {2}	15.37	23.77w	(3.1)	3/28/25	Emporia State Relays
9	Oluwatumininu SANYAOLU	FR #2 South Plains (Texas)	15.37	23.77w	(3.3)	3/22/25	West Texas Relays
11	Serena GRACE	FR #5 Iowa Western CC	11.11	23.87	(2.0)	4/12/25	Wichita State K.T. Woodman I
12	Kamaria KNIGHT	SO #1 New Mexico JC	9.85	23.97c	(23.90A) (-3)	4/3/25	Masked Rider Outdoor Open
13	Linya GEDEON	SO #10 Coffeyville (Kan.) CC {2}	8.71	24.05	(0.0)	4/10/25	Red Raven Invite
14	Mekhila SANDERS	FR Garden City (Kan.) CC	7.68	24.07c	(24.00A) (1.	4/3/25	Masked Rider Outdoor Open
15	Nyla BLACKMON	SO #20 Indian Hills (Iowa) CC	6.64	24.10w	(3.1)	4/12/25	Arkansas Spring Invitational
16	Crystal CHAMBERS	SO #16 Fort Scott (Kan.) CC	5.63	24.11	(1.8)	3/28/25	Emporia State Relays
17	Tierra WILLIAMS	FR #10 Coffeyville (Kan.) CC {3}	5.06	24.16	(0.0)	4/10/25	Red Raven Invite
18	Dayjonique CATO	SO #16 Fort Scott (Kan.) CC {2}	4.49	24.22	(0.5)	4/12/25	Wichita State K.T. Woodman I
19	Ida SMITH	FR #20 Indian Hills (Iowa) CC {2}	3.96	24.24w	(3.6)	4/12/25	Arkansas Spring Invitational
20	Dhakiya BLAKE	SO #10 Coffeyville (Kan.) CC {4}	TM-4	24.26	(0.0)	4/10/25	Red Raven Invite
20	Lovina EWUSI	SO #11 Western Texas {2}	2.44	D 24.26c	(24.19A) (-3)	4/3/25	Masked Rider Outdoor Open
22	Emmanuella SQUIRE	SO #16 Fort Scott (Kan.) CC {3}	2.42	24.27	(2.0)	4/12/25	Wichita State K.T. Woodman I
23	Felicia AWUDI	FR #18 Colby (Kan.) CC {2}	1.87	24.31	(1.6)	4/12/25	Jo Meaker Classic & Multi
24	Kennidra SPIGNER	FR #3 Barton (Kan.) CC {2}	1.31	24.36	(0.5)	4/12/25	Crimson Tide Invite
25	Amari PRATT	SO #1 New Mexico JC {2}	1.25	24.37w	(3.1)	3/22/25	Wes Kittley Invitational
26	Nyla NORMAN	SO #20 Indian Hills (Iowa) CC {3}	1.13	24.42w	(3.6)	4/12/25	Arkansas Spring Invitational
27	Sidney HOLT	FR #21 Hutchinson (Kan.) CC	1.06	24.44	(1.2)	4/12/25	Wichita State K.T. Woodman I
28	Brieanna BOYCE	SO #11 Western Texas {3}	0.98	24.46c	(24.39A) (-3)	4/3/25	Masked Rider Outdoor Open
29	Judith KOUMEDZINA	SO #5 Iowa Western CC {2}	0.86	24.52	(2.0)	4/12/25	Wichita State K.T. Woodman I
30	Aniya SUKU	FR Bryant & Stratton (Va.)	0.74	24.57	(1.0)	4/5/25	Norfolk State Invitational
31	Jayden PIPER	SO #16 Fort Scott (Kan.) CC {4}	TM-4	24.61w	(2.7)	3/20/25	Kirk Baptiste Spring Break Invi
32	Maliah EDWARDS	SO #1 New Mexico JC {3}	0.60	24.62	(1.3)	4/12/25	Jo Meaker Classic & Multi
32	Kyja WILLIS	FR #11 Western Texas {4}	TM-4	24.62w	(4.0)	3/22/25	Wes Kittley Invitational
32	Kettia AMBROSE	SO #23 Monroe-New Rochelle	0.60	24.62	(1.4)	3/29/25	Raleigh Relays
35	Ivana ODONKOR	SO #16 Fort Scott (Kan.) CC {5}	TM-5	24.63	(2.0)	4/12/25	Wichita State K.T. Woodman I
36	Takelia WILLIAMS	FR #3 Barton (Kan.) CC {3}	0.40	24.73	(1.9)	4/12/25	Crimson Tide Invite
37	Sofia CARDOZO	JR #19 Paradise Valley (Ariz.)	0.35	24.75	(-0.6)	3/29/25	Cody McBride/Distance in the
38	Kayveonna JACKSON	SO #17 Allen (Kan.) CC {3}	0.30	24.78	(1.8)	3/28/25	Emporia State Relays
39	Andrea SHAW	SO #16 Fort Scott (Kan.) CC {6}	TM-6	24.88w	(3.3)	3/13/25	Dean Pryor Invitational
40	Beatrice BOAKYE	FR #18 Colby (Kan.) CC {3}	0.25	24.89	(1.8)	4/12/25	Jo Meaker Classic & Multi
41	Nalicia GLEN	FR #1 New Mexico JC {4}	TM-4	24.92c	(24.85A) (-1	4/3/25	Masked Rider Outdoor Open
42	Sydney ROQUEBRUN	SO #2 South Plains (Texas) {2}	0.20	24.94w	(3.2)	3/22/25	West Texas Relays
43	Ja'Kheria KELSER	FR #10 Coffeyville (Kan.) CC {5}	TM-5	25.04w	(3.3)	3/13/25	Dean Pryor Invitational
43	Kennedy MOSLEY	SO #16 Fort Scott (Kan.) CC {7}	TM-7	25.04w	(3.5)	4/12/25	Wichita State K.T. Woodman I
45	Michaelyn FISHER	FR Richard Bland (Va.)	0.13	25.05	(0.5)	4/5/25	Colonial Relays
46	Bianca GLEIM	SO Dodge City (Kan.) CC	0.10	25.13w	(4.0)	4/4/25	Emporia State Midwest Classi
47	Frankajha FLEMING	FR #10 Coffeyville (Kan.) CC {6}	TM-6	25.14	(0.0)	4/10/25	Red Raven Invite
48	Mikela COOMBS	FR Fort Hays Tech North	0.05	25.16	(1.3)	4/12/25	Jo Meaker Classic & Multi
48	Laurie LOUIS	SO #20 Indian Hills (Iowa) CC {4}	TM-4	25.16w	(3.9)	3/28/25	Emporia State Relays
50	Vilorina TUILAWAKI	SO Neosho County (Kan.)	0.01	25.19w	(2.5)	3/29/25	Mark A. Phillips Tiger Open



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NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Keliza SMITH	SO	#3 Barton (Kan.) CC	34.19		52.91	4/12/25 Crimson Tide Invite
2	Rafiatu NUHU	SO	#4 Cloud County (Kan.) C	32.01		53.02	4/12/25 Wichita State K.T. Woodman I
3	Queen USUNOBUN	FR	#6 Hinds (Miss.) CC	28.73		53.82	4/5/25 Davenport-Milburn Pelican Re
4	Lovina EWUSI	SO	#11 Western Texas	4.37	D	54.05	4/12/25 McMurry War Hawk Classic
5	Dayjonique CATO	SO	#16 Fort Scott (Kan.) CC	23.67		54.57	3/20/25 Kirk Baptiste Spring Break Invi
6	Nandy KIHUYU	SO	#1 New Mexico JC	21.48		54.75	4/12/25 Jo Meaker Classic & Multi
7	Ranayla MOTEN	FR	#17 Allen (Kan.) CC	19.37		54.86	4/5/25 Friends Invitational
8	La'Nica LOCKER	SO	#6 Hinds (Miss.) CC {2}	17.19		55.03	4/5/25 Davenport-Milburn Pelican Re
8	Twyshanna HUIE	SO	#6 Hinds (Miss.) CC {2}	17.19		55.03	3/22/25 Belhaven Invitational
10	Kettia AMBROSE	SO	#23 Monroe-New Rochelle	13.13		55.09	4/4/25 Sam Howell Invitational
11	Charlize FRASER	FR	#11 Western Texas {2}	11.09		55.13c (55.02A)	4/3/25 Masked Rider Outdoor Open
12	Nontokozo NCUBE	SO	#4 Cloud County (Kan.) {2}	10.03		55.19	4/12/25 Wichita State K.T. Woodman I
13	Tierra WILLIAMS	FR	#10 Coffeyville (Kan.) CC	9.00		55.22	4/10/25 Red Raven Invite
14	Dhakiya BLAKE	SO	#10 Coffeyville (Kan.) CC {2}	7.91		55.31	4/10/25 Red Raven Invite
15	Amalinaly PEMBERTON	SO	#10 Coffeyville (Kan.) CC {3}	6.59		55.67	3/29/25 Bobcat Invitational (Texas Sta
16	Kaliyah JONES	FR	#23 Monroe-New Rochell{2}	5.54		55.78	4/4/25 Sam Howell Invitational
17	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	4.93		55.99	4/12/25 Jo Meaker Classic & Multi
18	Narissa MCPHERSON	FR	#3 Barton (Kan.) CC {2}	4.37		56.11	4/12/25 Crimson Tide Invite
19	Shagay SHEPPY	FR	#11 Western Texas {3}	3.87		56.12	3/22/25 Wes Kittley Invitational
19	Laurie LOUIS	SO	#20 Indian Hills (Iowa) CC	3.87		56.12	4/12/25 Arkansas Spring Invitational
21	Caydence BREWER	SO	#6 Hinds (Miss.) CC {4}	TM-4		56.17	4/5/25 Davenport-Milburn Pelican Re
22	Jayden PIPER	SO	#16 Fort Scott (Kan.) CC {2}	2.31		56.24	3/28/25 Emporia State Relays
23	Emmanuella SQUIRE	SO	#16 Fort Scott (Kan.) CC {3}	1.80		56.25	3/20/25 Kirk Baptiste Spring Break Invi
24	Bianca GLEIM	SO	Dodge City (Kan.) CC	1.28		56.30	4/12/25 Wichita State K.T. Woodman I
25	Ala' Jah BROOKS	SO	#17 Allen (Kan.) CC {2}	1.19		56.37	4/12/25 Arkansas Spring Invitational
26	Ivana ODONKOR	SO	#16 Fort Scott (Kan.) CC {4}	TM-4		56.55	3/28/25 Emporia State Relays
27	Mickayla GARDENER	FR	#12 Central Arizona	0.99		56.57	4/12/25 Gaucho Collegiate Outdoor In
28	Nyla BLACKMON	SO	#20 Indian Hills (Iowa) CC{2}	0.90		56.67	3/28/25 Emporia State Relays
29	Mekhila SANDERS	FR	Garden City (Kan.) CC	0.81		56.74c (56.63A)	4/3/25 Masked Rider Outdoor Open
30	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	0.74		56.78	4/12/25 Jo Meaker Classic & Multi
31	Jayla WERTS	SO	Richard Bland (Va.)	0.65		57.34	3/21/25 Fred Hardy Invitational
32	Kennedy MOSLEY	SO	#16 Fort Scott (Kan.) CC {5}	TM-5		57.38	4/12/25 Wichita State K.T. Woodman I
32	Grace KOMBETTO	SO	#12 Central Arizona {2}	0.60		57.38	3/29/25 Cody McBride/Distance in the
34	Nour RAHOU	FR	#2 South Plains (Texas)	0.50		57.77	4/12/25 Jo Meaker Classic & Multi
35	Alexa ZANDERS	FR	#20 Indian Hills (Iowa) CC{3}	0.45		57.86	4/12/25 Arkansas Spring Invitational
36	J'layah SPELLMAN COLLIN	SO	#7 Pima (Ariz.) CC	0.40		57.91	3/22/25 Willie Williams/Dave Murray Di
37	Amiyanee HARRIS	SO	#12 Central Arizona {3}	0.35		58.22	3/29/25 Cody McBride/Distance in the
38	J'Nya DEMMING	SO	Highland (Kan.) CC	0.30		58.66	4/12/25 Arkansas Spring Invitational
39	Jakhia MARTIN	FR	#24 Meridian (Miss.) CC	0.28		58.76	4/12/25 Crimson Tide Invite
40	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.25		58.84	3/29/25 Mark A. Phillips Tiger Open
41	Keyonna MCGILL	SO	Cuyahoga (Ohio) CC	0.23		58.91	4/13/25 Mount Union John Homan Op
42	Cshanti PIERCE	SO	#24 Meridian (Miss.) CC {2}	0.20		58.98	4/5/25 Doc Anderson Invitational
43	Avery JENSEN	SO	#9 Salt Lake (Utah) CC	0.18		59.12c (59.01A)	4/11/25 Weber State Spring Classic
44	Sharon STRYDOM	SO	UA Rich Mountain (Ark.	0.15		59.29	4/12/25 Carl Kight Invitational
45	Chadrak Belinda BULA BULA	FR	#14 Iowa Central CC	0.13		59.32	4/11/25 Mule Relays
46	Qiana PIERCE	FR	#6 Hinds (Miss.) CC {5}	TM-5		59.42	4/3/25 Belhaven Twilight
47	T'kyla BENNETT	SO	#6 Hinds (Miss.) CC {6}	TM-6		59.56	4/11/25 Strawberry Relays
48	Breshauna MILLER	FR	Richard Bland (Va.) {2}	0.05		59.59	4/5/25 Colonial Relays
49	Melania TURAGA	FR	Neosho County (Kan.){2}	0.03		59.62	4/12/25 Wichita State K.T. Woodman I
50	Oksanna SMITH	FR	Lake-Sumter State (Fl	0.01		59.67	3/28/25 Terry Long Florida State Relay



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Lovina EWUSI	SO #11 Western Texas	34.17	59.86	3/22/25 Wes Kittley Invitational
2	Nour RAHOU	FR #2 South Plains (Texas)	31.09	1:01.14c (1:01.03A)	4/3/25 Masked Rider Outdoor Open
3	T'kyla BENNETT	SO #6 Hinds (Miss.) CC	29.03	1:01.21	4/5/25 Davenport-Milburn Pelican Re
4	Twyshanna HUIE	SO #6 Hinds (Miss.) CC {2}	26.50	1:01.87	4/5/25 Davenport-Milburn Pelican Re
5	Ysanne PEART	SO #1 New Mexico JC	23.91	1:02.96	4/12/25 Jo Meaker Classic & Multi
6	Brieanna BOYCE	SO #11 Western Texas {2}	21.81	1:03.14	3/29/25 Texas Relays
7	Nanhi PANNU	FR #4 Cloud County (Kan.) C	19.71	1:03.34	4/5/25 Friends Invitational
8	Kialia CLAIBORNE	SO #3 Barton (Kan.) CC	17.29	1:04.13	4/12/25 Crimson Tide Invite
9	Oksanna SMITH	FR Lake-Sumter State (Fl	15.14	1:04.43	4/5/25 Embry-Riddle Running Eleme
10	Marcy MONELL	SO #16 Fort Scott (Kan.) CC	13.03	1:04.65	3/20/25 Kirk Baptiste Spring Break Invi
11	Dymonde NAVE	SO #20 Indian Hills (Iowa) CC	10.99	1:04.72	3/28/25 Emporia State Relays
12	Tanique TAYLOR	SO #5 Iowa Western CC	9.93	1:04.92	3/29/25 Bobcat Invitational (Texas Sta
13	Chadrak Belinda BULA BULA	FR #14 Iowa Central CC	8.92	1:04.94	4/5/25 South Dakota Early Bird
13	Tyra CHRISTEAN.	FR #7 Pima (Ariz.) CC	8.92	1:04.94	4/5/25 UCSD Triton Invitational
15	Antonica MOULTRIE	FR Garden City (Kan.) CC	6.82	1:05.34	4/12/25 Wichita State K.T. Woodman I
16	Paula ORUSEDE	SO Essex County (N.J.)	5.77	1:05.51	4/5/25 Metropolitan Championships
17	Ja'Kheria KELSER	FR #10 Coffeyville (Kan.) CC	5.22	1:05.72	3/23/25 Bethel (Kan.) College Open
18	Hannah DROEG	FR #7 Pima (Ariz.) CC {2}	4.64	1:06.06	4/5/25 UCSD Triton Invitational
19	Taja CONLEY	SO North Iowa Area CC	3.95	1:06.83	4/11/25 Jim Duncan Invitational
20	Shyla COOPER	FR Richard Bland (Va.)	3.38	1:07.10	4/5/25 Colonial Relays
21	Aliya SCHOCK	SO #25 Bismarck State (N.D.)	2.78	1:07.50	4/6/25 Al Bortke Open
22	Melody KREMER	JR Hawkeye (Iowa) CC	2.17	1:07.96	4/5/25 Mississippi River Rumble
23	Jakouria JAMERSON	SO #16 Fort Scott (Kan.) CC {2}	1.67	1:07.97	3/28/25 Emporia State Relays
24	Arriana JOHNSON	SO #20 Indian Hills (Iowa) CC{2}	1.16	1:08.02	4/12/25 Arkansas Spring Invitational
25	Zoe ALLEN	FR #22 Vincennes (Ind.)	0.95	1:09.18	4/12/25 Indiana Little State Invitationa
26	Aniya SUKU	FR Bryant & Stratton (Va.)	0.90	1:09.36	3/29/25 Seahawk Invitational
27	Alisha JACKSON	FR Bryant & Stratton (Va){2}	0.85	1:09.39	3/29/25 Seahawk Invitational
28	Damaria BELL	SO #16 Fort Scott (Kan.) CC {3}	0.80	1:09.65	3/20/25 Kirk Baptiste Spring Break Invi
29	Rhea FLANDERS	FR Neosho County (Kan.)	0.75	1:09.81	4/12/25 Wichita State K.T. Woodman I
30	Berlynn BLACK	SO Highland (Kan.) CC	0.70	1:09.89	3/29/25 Central Methodist Invitational
31	Juaneya SYKES	SO #16 Fort Scott (Kan.) CC {4}	TM-4	1:10.29	3/20/25 Kirk Baptiste Spring Break Invi
32	Jaelyn RUMBACK	SO #4 Cloud County (Kan.) {2}	0.60	1:10.51	3/29/25 Mark A. Phillips Tiger Open
33	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	0.55	1:10.79	4/12/25 Wichita State K.T. Woodman I
34	Dedra WOOD	FR #25 Bismarck State (N.D.){2}	0.50	1:10.83	3/28/25 Central Nebraska Challenge
35	Jayda GREEN	SO #10 Coffeyville (Kan.) CC {2}	0.45	1:11.38	3/13/25 Dean Pryor Invitational
36	Erin SMITH	SO Richard Bland (Va.) {2}	0.40	1:11.72	4/5/25 Colonial Relays
37	Kate DARE	FR #13 Mesa (Ariz.) CC	0.35	1:12.80	4/12/25 Gaucho Collegiate Outdoor In
38	Ciara MAY	FR Cuyahoga (Ohio) CC	0.30	1:13.48	4/5/25 GVSU Early Meet
39	Madison JACKSON	FR Coahoma (Miss.) CC	0.28	1:14.34	4/11/25 Strawberry Relays
40	Milan KAUR	FR Phoenix (Ariz.)	0.25	1:18.01	4/12/25 Gaucho Collegiate Outdoor In
41	Tyler WASHINGTON	SO #7 Pima (Ariz.) CC {3}	0.23	1:21.33	3/29/25 Cody McBride/Distance in the



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Amal KACHOURI	FR #1	New Mexico JC	33.15	2:07.84c	(2:08.21A)	4/3/25 Masked Rider Outdoor Open
2	Jody ANN MITCHELL	SO #1	New Mexico JC {2}	30.97	2:08.22c	(2:08.60A)	4/3/25 Masked Rider Outdoor Open
3	Millicent WAFULA	FR #8	Odessa (Texas)	4.39	2:09.53c	(2:09.91A)	4/3/25 Masked Rider Outdoor Open
4	Shone WALTERS	SO #3	Barton (Kan.) CC	26.20	2:09.94		4/12/25 Crimson Tide Invite
5	Nontokozo NCUBE	SO #4	Cloud County (Kan.) C	24.19	2:09.98		4/5/25 Friends Invitational
6	N Vanee ANCHIKE	SO #4	Cloud County (Kan.) {2}	21.98	2:10.44		4/5/25 Friends Invitational
7	Emilly SILVA	SO #1	New Mexico JC {3}	19.88	2:10.69c	(2:11.08A)	4/3/25 Masked Rider Outdoor Open
8	Rosemary ARTHUR	SO #18	Colby (Kan.) CC	17.54	2:11.75		4/12/25 Jo Meaker Classic & Multi
9	Mercy ANGAAMCHAAB	SO #4	Cloud County (Kan.) {3}	15.52	2:11.85		4/5/25 Friends Invitational
10	Lindsey LOPES	FR #9	Salt Lake (Utah) CC	13.16	2:13.07		3/22/25 Ron & Sharlene Allice Trojan I
11	Kaydeen JOHNSON	FR #8	Odessa (Texas) {2}	11.01	2:14.13c	(2:14.53A)	4/3/25 Masked Rider Outdoor Open
12	Attoya HARVEY	SO #23	Monroe-New Rochelle	9.98	2:14.34		3/29/25 Raleigh Relays
13	Daisy SPEET	FR	Lansing (Mich.) CC	8.95	2:14.52		4/4/25 Spartan Invitational
14	Avery JENSEN	SO #9	Salt Lake (Utah) CC {2}	7.87	2:15.12c	(2:15.80A)	3/28/25 Utah Valley Collegiate
15	Amanda KOTAMBE	FR #4	Cloud County (Kan.) {4}	TM-4	2:16.14		4/5/25 Friends Invitational
16	Tyfone MARTINS	SO #1	New Mexico JC {4}	TM-4	2:17.58		3/29/25 Bobcat Invitational (Texas Sta
17	Daphne KAUSZ	SO #1	New Mexico JC {5}	TM-5	2:18.15		4/12/25 Jo Meaker Classic & Multi
18	Francesca ALVARADO	SO #1	New Mexico JC {6}	TM-6	2:18.32		3/29/25 Bobcat Invitational (Texas Sta
19	Tanesia GARDINER	FR #23	Monroe-New Rochelle {2}	3.91	2:18.42		3/29/25 Raleigh Relays
20	Joy JEPLETING	FR #23	Monroe-New Rochelle {3}	3.39	2:18.56		3/29/25 Raleigh Relays
21	Reatta DANOFF	SO #7	Pima (Ariz.) CC	2.88	2:18.66		4/5/25 UCSD Triton Invitational
22	Grace KOMBETTO	SO #12	Central Arizona	2.36	2:18.74		4/12/25 Gaucho Collegiate Outdoor In
23	Serena DOUGLAS	SO	Essex County (N.J.)	1.80	2:19.23		4/5/25 Metropolitan Championships
24	Elayna LOVERIDGE	SO #9	Salt Lake (Utah) CC {3}	1.19	2:20.08c	(2:20.79A)	3/28/25 Utah Valley Collegiate
25	Katie MUNOZ	FR #13	Mesa (Ariz.) CC	1.10	2:20.32		4/5/25 UCSD Triton Invitational
26	Glorie KABUIN	SO	North Central Texas	1.05	2:20.35		3/29/25 Oklahoma Baptist Invitational
27	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC {2}	0.99	2:20.45		3/29/25 Cody McBride/Distance in the
27	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {2}	0.99	2:20.45		3/29/25 Cody McBride/Distance in the
29	Melania TURAGA	FR	Neosho County (Kan.)	0.88	2:20.52		4/12/25 Wichita State K.T. Woodman I
30	Amalinaly PEMBERTON	SO #10	Coffeyville (Kan.) CC	0.82	2:20.57		4/10/25 Red Raven Invite
31	Juliette GAVOIS	FR #14	Iowa Central CC	0.76	2:20.67		4/12/25 Mustang Distance Carnival &
32	Lucy MELZER	FR #13	Mesa (Ariz.) CC {4}	TM-4	2:20.77		4/5/25 UCSD Triton Invitational
33	Tara BOUCK	FR #9	Salt Lake (Utah) CC {4}	TM-4	2:21.13		3/22/25 Ron & Sharlene Allice Trojan I
34	Aubrie BARZEE	FR	Southern Idaho	0.51	2:21.45		4/5/25 UNLV Rebel Elite
35	Meryeme MAI	FR	Garden City (Kan.) CC	0.45	2:21.53c	(2:21.94A)	4/3/25 Masked Rider Outdoor Open
36	Kendra GUEST	SO #13	Mesa (Ariz.) CC {5}	TM-5	2:21.56		4/5/25 UCSD Triton Invitational
37	Sara BELGACEM	FR #22	Vincennes (Ind.)	0.35	2:21.71		4/12/25 Indiana Little State Invitationa
38	Victaline MUTAI	FR	Ranger (Texas)	0.30	2:21.78		3/22/25 Wes Kittley Invitational
39	Sharon STRYDOM	SO	UA Rich Mountain (Ark.	0.28	2:21.96		4/12/25 Carl Kight Invitational
40	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.25	2:22.06		4/12/25 Wichita State K.T. Woodman I
41	Keira DAMRON	SO #19	Paradise Valley (Ariz.)	0.23	2:22.21		3/29/25 Cody McBride/Distance in the
42	Macie MORALES	FR	Ranger (Texas) {2}	0.20	2:22.56		3/22/25 Wes Kittley Invitational
43	Alexia WALKER	FR #3	Barton (Kan.) CC {2}	0.18	2:22.70		4/12/25 Crimson Tide Invite
44	Ysanne PEART	SO #1	New Mexico JC {7}	TM-7	2:22.93c	(2:23.35A)	4/3/25 Masked Rider Outdoor Open
45	Alyssa MABRY	FR	Ranger (Texas) {3}	0.13	2:23.48		3/22/25 Wes Kittley Invitational
46	Katelyn CARLILE	FR #9	Salt Lake (Utah) CC {5}	TM-5	2:23.66c	(2:24.39A)	3/28/25 Utah Valley Collegiate
47	Alivia EDENS	FR #14	Iowa Central CC {2}	0.08	2:23.83		4/5/25 South Dakota Early Bird
48	Beverlyne KIPTARUS	SO	Garden City (Kan.) CC {2}	0.05	2:24.23		4/12/25 Wichita State K.T. Woodman I
49	Natalie BOGDANOVA KIROLOVA	SO #14	Iowa Central CC {3}	0.03	2:24.62		3/28/25 Emporia State Relays
49	Alfrenique KNOWLES	FR	Ranger (Texas) {4}	TM-4	2:24.62		4/12/25 Carl Kight Invitational



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Millicent WAFULA	FR #8	Odessa (Texas)	35.49	4:23.63	3/29/25 Texas Relays
2	N Vanee ANCHIKE	SO #4	Cloud County (Kan.) C	31.36	4:30.90	4/12/25 Wichita State K.T. Woodman I
3	Kaydeen JOHNSON	FR #8	Odessa (Texas) {2}	29.06	4:31.96	3/29/25 Texas Relays
4	Mercy ANGAAMCHAAB	SO #4	Cloud County (Kan.) {2}	25.78	4:37.48	4/12/25 Wichita State K.T. Woodman I
5	Elayna LOVERIDGE	SO #9	Salt Lake (Utah) CC	23.72	4:37.84	3/22/25 Ron & Sharlene Allice Trojan I
6	Salma SADDOUNG	FR #8	Odessa (Texas) {3}	3.58 D	4:38.58	3/22/25 West Texas Relays
7	Angelina LIONE	FR #9	Salt Lake (Utah) CC {2}	19.57	4:38.63c (5:07.10A)	3/28/25 Utah Valley Collegiate
8	Elizabeth ILANDA	FR #8	Odessa (Texas) {4}	TM-4	4:40.51	3/22/25 West Texas Relays
9	Nora BRADY	SO	Heartland (Ill.) CC	15.20	4:40.71	3/29/25 Big Blue Alumni Invite
10	Angela Denisse SALADO FERNANDEZ	SO #9	Salt Lake (Utah) CC {3}	13.16	4:40.92c (5:09.63A)	3/28/25 Utah Valley Collegiate
11	Francesca ALVARADO	SO #1	New Mexico JC	10.88	4:42.48	3/29/25 Bobcat Invitational (Texas Sta
12	Victaline MUTAI	FR	Ranger (Texas)	9.85	4:42.69c (4:46.11A)	4/3/25 Masked Rider Outdoor Open
13	Naomi SOTELO	SO #9	Salt Lake (Utah) CC {4}	TM-4	4:43.02c (5:11.93A)	3/28/25 Utah Valley Collegiate
14	Laurie DAVIDSON	FR	Southern Idaho	7.73	4:43.38c (5:12.44A)	4/11/25 Weber State Spring Classic
15	Rosemary ARTHUR	SO #18	Colby (Kan.) CC	6.71	4:43.52	3/22/25 West Texas Relays
16	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	5.68	4:43.85	4/11/25 Mule Relays
17	Daisy SPEET	FR	Lansing (Mich.) CC	4.97	4:46.28	4/12/25 Davenport Panther Classic
18	Keira DAMRON	SO #19	Paradise Valley (Ariz.)	4.45	4:46.46	3/29/25 Cody McBride/Distance in the
19	Attoya HARVEY	SO #23	Monroe-New Rochelle	3.89	4:47.15	4/12/25 Duke Invitational
20	Sarah NICHOLLES	FR #9	Salt Lake (Utah) CC {5}	TM-5	4:47.27c (5:16.73A)	4/11/25 Weber State Spring Classic
21	Lilian MATEO	SO #8	Odessa (Texas) {5}	TM-5	4:47.68c (4:51.16A)	4/3/25 Masked Rider Outdoor Open
22	Barbara NEIVA	SO	Trinidad State (Colo.)	2.34	4:47.82c (4:53.56A)	4/4/25 Maverick Invitational
23	Sage LYON	FR	Southern Idaho {2}	1.76	4:48.70c (5:18.31A)	4/11/25 Weber State Spring Classic
24	Mazee SOUTHWARD	FR #9	Salt Lake (Utah) CC {6}	TM-6	4:48.85c (5:18.48A)	4/11/25 Weber State Spring Classic
25	Olivia COULSTON	SO #19	Paradise Valley (Ariz.) {2}	1.06	4:50.52	3/29/25 Cody McBride/Distance in the
26	Reatta DANOFF	SO #7	Pima (Ariz.) CC	0.98	4:50.78	4/5/25 UCSD Triton Invitational
27	Laynee HOLLECH	FR #19	Paradise Valley (Ariz.) {3}	0.93	4:50.86	3/29/25 Cody McBride/Distance in the
28	Lucy MELZER	FR #13	Mesa (Ariz.) CC	0.84	4:51.34	3/22/25 Willie Williams/Dave Murray Di
29	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC {2}	0.75	4:52.00	3/22/25 Willie Williams/Dave Murray Di
30	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {3}	0.70	4:52.40	3/22/25 Willie Williams/Dave Murray Di
31	Linda RIVERO	SO #7	Pima (Ariz.) CC {2}	0.65	4:52.54	3/22/25 Willie Williams/Dave Murray Di
32	Abigail GRANTHAM	SO #21	Hutchinson (Kan.) CC	0.60	4:52.82	4/12/25 Wichita State K.T. Woodman I
33	Amanda KOTAMBE	FR #4	Cloud County (Kan.) {3}	0.55	4:52.88	3/29/25 Mark A. Phillips Tiger Open
34	Katie MUNOZ	FR #13	Mesa (Ariz.) CC {4}	TM-4	4:52.97	4/5/25 UCSD Triton Invitational
35	Alyssa MABRY	FR	Ranger (Texas) {2}	0.45	4:53.00c (4:56.55A)	4/3/25 Masked Rider Outdoor Open
36	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.40	4:53.01	3/29/25 Bobcat Invitational (Texas Sta
37	Lillian NEFF	SO	Southern Idaho {3}	0.35	4:53.06c (5:23.12A)	4/11/25 Weber State Spring Classic
38	Joelle WHITWORTH	SO #9	Salt Lake (Utah) CC {7}	TM-7	4:54.29c (5:24.37A)	3/28/25 Utah Valley Collegiate
39	Aubrie BARZEE	FR	Southern Idaho {4}	TM-4	4:54.52	4/5/25 UNLV Rebel Elite
40	Ava BERG	FR #9	Salt Lake (Utah) CC {8}	TM-8	4:54.56c (5:24.66A)	3/28/25 Utah Valley Collegiate
41	Macie MORALES	FR	Ranger (Texas) {3}	0.23	4:54.71c (4:58.27A)	4/3/25 Masked Rider Outdoor Open
42	Videlda JEBET	FR	Crowder (Mo.)	0.20	4:55.23	4/5/25 Friends Invitational
43	Sara BELGACEM	FR #22	Vincennes (Ind.)	0.18	4:55.42	3/29/25 Pacesetter Sports Invitational
44	Juliette GAVOIS	FR #14	Iowa Central CC {2}	0.15	4:55.93	4/12/25 Mustang Distance Carnival &
45	Isabella BEILKE	FR	Southern Idaho {5}	TM-5	4:56.40c (5:26.81A)	4/11/25 Weber State Spring Classic
46	Keira STACEY	FR #9	Salt Lake (Utah) CC {9}	TM-9	4:57.38c (5:27.76A)	3/28/25 Utah Valley Collegiate
47	Kenadee BUSHMAN	FR #9	Salt Lake (Utah) CC {10}	TM-10	4:58.00c (5:28.45A)	3/28/25 Utah Valley Collegiate
48	Tara BOUCK	FR #9	Salt Lake (Utah) CC {11}	TM-11	4:58.04c (5:28.50A)	3/28/25 Utah Valley Collegiate
49	Jenna WALTERS	FR #9	Salt Lake (Utah) CC {12}	TM-12	4:58.77c (5:29.30A)	3/28/25 Utah Valley Collegiate
50	Karen KIRATU	SO	Southeast (Neb.) CC	0.01	4:58.87	4/5/25 South Dakota Early Bird



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Salma SADDOUNG	FR #8	Odessa (Texas)	34.05	10:32.38	3/29/25 Texas Relays
2	Elizabeth EWUSIE	FR #5	Iowa Western CC	30.95	10:50.88	3/28/25 Washington (Mo.) Distance Ca
3	Barbara NEIVA	SO	Trinidad State (Colo.)	28.50	10:58.69c (11:14.71A)	3/29/25 Chuck Haering Classic
4	Melanie ANDERSON	FR #9	Salt Lake (Utah) CC	26.09	11:06.23	4/5/25 Stanford Invitational
5	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	23.87	11:12.16	4/5/25 UCSD Triton Invitational
6	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	21.46	11:23.52	4/5/25 South Dakota Early Bird
7	Francesca ALVARADO	SO #1	New Mexico JC	19.39	11:25.35c (11:34.00A)	4/3/25 Masked Rider Outdoor Open
8	Marjie RICHARDS	FR #9	Salt Lake (Utah) CC {2}	17.35	11:26.40	4/5/25 Mike Fanelli Track Classic
9	Alison GUAMAN TISALEMA	FR #2	South Plains (Texas)	15.18	11:31.35	4/12/25 Jo Meaker Classic & Multi
10	Rozzlyn CAZIER	SO	Southern Idaho	13.16	11:31.99	4/5/25 UNLV Rebel Elite
11	Tabetha HENRIE	FR #9	Salt Lake (Utah) CC {3}	11.08	11:35.20	4/5/25 Mike Fanelli Track Classic
12	Reid HARVEY-MCKEAN	FR	Garden City (Kan.) CC	10.04	11:37.37	4/12/25 Wichita State K.T. Woodman I
13	Darcy VINEYARD	FR	UA Rich Mountain (Ark.)	9.03	11:37.90	4/12/25 Carl Kight Invitational
14	Videlda JEBET	FR	Crowder (Mo.)	8.01	11:39.08	4/11/25 Mule Relays
15	Aubrie BARZEE	FR	Southern Idaho {2}	6.94	11:42.69c (11:59.27A)	4/11/25 Weber State Spring Classic
16	Katie REAVELEY	FR #9	Salt Lake (Utah) CC {4}	TM-4	11:42.73	4/5/25 Mike Fanelli Track Classic
17	Stephania HERNANDEZ	SO	Southern Idaho {3}	5.31	11:50.33c (12:07.09A)	4/11/25 Weber State Spring Classic
18	Laynee ROWLEY	SO	Southern Idaho {4}	TM-4	11:52.92	4/5/25 UNLV Rebel Elite
19	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {2}	4.18	11:57.56	4/5/25 UCSD Triton Invitational
20	Hadil CHIHA	FR #1	New Mexico JC {2}	3.66	11:58.84c (12:07.92A)	4/3/25 Masked Rider Outdoor Open
21	Lisel NDLOVU	FR #1	New Mexico JC {3}	2.83	12:18.67c (12:27.99A)	4/3/25 Masked Rider Outdoor Open
22	Amanda KOTAMBE	FR #4	Cloud County (Kan.) C	2.30	12:20.64	4/12/25 Wichita State K.T. Woodman I
23	Kenia AINSWORTH	SO	Southern Idaho {5}	TM-5	12:25.97c (12:43.57A)	4/11/25 Weber State Spring Classic
24	Alexa MARSHALL	FR	Butler (Kan.) CC	1.12	12:32.36	4/12/25 Wichita State K.T. Woodman I
25	Valyrie FREEMAN	SO	Butler (Kan.) CC {2}	1.03	12:34.76	4/12/25 Wichita State K.T. Woodman I
26	Adi FULLER	SO #22	Vincennes (Ind.)	0.91	12:39.07	4/12/25 Indiana Little State Invitationa
27	Elizabeth DRISCOLL	FR	Southern Idaho {6}	TM-6	12:47.54c (13:05.65A)	4/11/25 Weber State Spring Classic
28	Lucy MELZER	FR #13	Mesa (Ariz.) CC {3}	0.80	13:01.12	3/20/25 PV/ALTIS Invite
29	Olivia SPURLING	FR	North Iowa Area CC	0.75	13:06.79	4/11/25 Jim Duncan Invitational
30	Jasmine HAYES	FR	Crowder (Mo.) {2}	0.70	13:21.39	4/11/25 Mule Relays
31	Tanesia GARDINER	FR #23	Monroe-New Rochelle	0.65	13:45.87	4/12/25 Duke Invitational
32	Cloey USHER	SO	North Iowa Area CC {2}	0.60	14:29.38	3/28/25 Emporia State Relays
33	Arial CRAWFORD	SO	Hagerstown (Md.) CC	0.55	17:20.75	4/12/25 NJCAA Region 20 Outdoor Tra



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Elizabeth ILANDA	FR #8	Odessa (Texas)	34.59	16:27.59	3/29/25 Texas Relays
2	Millicent WAFULA	FR #8	Odessa (Texas) {2}	32.59	16:27.64	4/12/25 Jo Meaker Classic & Multi
3	Nhamoinesu MABVUKA	FR #24	Meridian (Miss.) CC	29.87	16:39.17	4/12/25 Crimson Tide Invite
4	Nora BRADY	SO	Heartland (Ill.) CC	26.29	17:13.37	4/12/25 Normal Invite
5	Salma SADDOUNG	FR #8	Odessa (Texas) {3}	23.76	17:27.02	4/12/25 Jo Meaker Classic & Multi
6	Keira DAMRON	SO #19	Paradise Valley (Ariz.)	21.30	17:39.14	3/22/25 Willie Williams/Dave Murray Di
7	Ines MRABET	FR #1	New Mexico JC	19.21	17:41.57c (17:56.19A)	4/3/25 Masked Rider Outdoor Open
8	Wijdane INZALINE	FR #5	Iowa Western CC	17.15	17:43.16	4/5/25 South Dakota Early Bird
9	Jordyn PICOLET	SO #21	Hutchinson (Kan.) CC	15.12	17:43.99	4/12/25 Wichita State K.T. Woodman I
10	Lilian MATEO	SO #8	Odessa (Texas) {4}	TM-4	17:47.21	4/12/25 Jo Meaker Classic & Multi
11	Victaline MUTAI	FR	Ranger (Texas)	10.95	17:48.61c (18:03.34A)	4/3/25 Masked Rider Outdoor Open
12	Maddie PEARSON	FR #9	Salt Lake (Utah) CC	9.83	17:51.85c (18:18.58A)	3/28/25 Utah Valley Collegiate
13	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	8.74	17:54.68	3/29/25 Bobcat Invitational (Texas Sta
14	Laynee HOLLECH	FR #19	Paradise Valley (Ariz.) {2}	7.71	17:56.74	3/22/25 Willie Williams/Dave Murray Di
15	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	6.64	18:00.45	3/29/25 Cody McBride/Distance in the
16	Lillian NEFF	SO	Southern Idaho	5.45	18:10.91	4/5/25 UNLV Rebel Elite
17	Faith JEPTOO	SO	Crowder (Mo.)	4.85	18:16.10	4/5/25 Friends Invitational
18	Rozzlyn CAZIER	SO	Southern Idaho {2}	4.29	18:19.57	4/5/25 UNLV Rebel Elite
19	Elayna LOVERIDGE	SO #9	Salt Lake (Utah) CC {2}	3.78	18:20.06	4/5/25 Mike Fanelli Track Classic
20	Michaela GROSS	FR	Hagerstown (Md.) CC	3.27	18:20.97	3/21/25 Fred Hardy Invitational
21	Olivia COULSTON	SO #19	Paradise Valley (Ariz.) {3}	2.73	18:23.07	3/22/25 Willie Williams/Dave Murray Di
22	Macie MORALES	FR	Ranger (Texas) {2}	2.22	18:23.69	4/12/25 Carl Kight Invitational
23	Alison GUAMAN TISALEMA	FR #2	South Plains (Texas)	1.70	18:24.89c (18:40.11A)	4/3/25 Masked Rider Outdoor Open
24	Mercy KIBUIGUT	FR	Crowder (Mo.) {2}	1.19	18:25.22	4/11/25 Mule Relays
25	Naomi SOTELO	SO #9	Salt Lake (Utah) CC {3}	1.14	18:25.26	4/5/25 Mike Fanelli Track Classic
26	Ava LAMILZA	SO	Macomb (Mich.) CC	1.06	18:27.25	4/5/25 Golden Grizzly Invite
27	Stella LAGAT	FR	Ranger (Texas) {3}	0.97	18:29.63	3/22/25 Wes Kittley Invitational
28	Ava BERG	FR #9	Salt Lake (Utah) CC {4}	TM-4	18:29.89c (18:58.72A)	4/12/25 Utah Spring Classic
29	Grace WAITE	FR #9	Salt Lake (Utah) CC {5}	TM-5	18:30.54c (18:58.23A)	3/28/25 Utah Valley Collegiate
30	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	0.75	18:33.38	3/28/25 Emporia State Relays
31	Lisel NDLOVU	FR #1	New Mexico JC {2}	0.67	18:35.24	3/29/25 Bobcat Invitational (Texas Sta
32	Kayli MYERS	SO #15	Cowley (Kan.)	0.60	18:37.01	4/12/25 Wichita State K.T. Woodman I
33	Cambrie BABCOCK	FR #9	Salt Lake (Utah) CC {6}	TM-6	18:37.08c (19:06.10A)	4/12/25 Utah Spring Classic
34	Kenadee BUSHMAN	FR #9	Salt Lake (Utah) CC {7}	TM-7	18:39.44c (19:08.52A)	4/12/25 Utah Spring Classic
35	Jessica VIERA	SO #12	Central Arizona	0.45	18:43.55	4/5/25 UCSD Triton Invitational
36	Myla GREENZWEIG	SO	Ranger (Texas) {4}	TM-4	18:49.69	4/12/25 Carl Kight Invitational
37	Alison UNRUH	SO	Butler (Kan.) CC {2}	0.35	18:53.08	3/29/25 Bobcat Invitational (Texas Sta
38	Karen KIRATU	SO	Southeast (Neb.) CC	0.30	18:59.73 OT	3/28/25 Wildcat Classic
39	Sierra SUMMERS	FR	Dawson (Mont.) CC	0.28	19:00.82c (19:15.89A)	3/29/25 Al Manuel Invitational
40	Sage LYON	FR	Southern Idaho {3}	0.25	19:04.89	4/5/25 UNLV Rebel Elite
41	Glorie KABUIN	SO	North Central Texas	0.23	19:05.59	3/29/25 Oklahoma Baptist Invitational
42	Hadil CHIHA	FR #1	New Mexico JC {3}	0.20	19:07.04	3/29/25 Bobcat Invitational (Texas Sta
43	Emma GARCIA PIRIC	FR	Ranger (Texas) {5}	TM-5	19:18.10c (19:34.06A)	4/3/25 Masked Rider Outdoor Open
44	Ayianna OLIVAS	SO #5	Iowa Western CC {2}	0.15	19:18.81	3/29/25 Bobcat Invitational (Texas Sta
45	Emma DELL	FR	Macomb (Mich.) CC {2}	0.13	19:20.79	4/5/25 Golden Grizzly Invite
46	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {2}	0.10	19:22.53	3/29/25 Cody McBride/Distance in the
47	Keira STACEY	FR #9	Salt Lake (Utah) CC {8}	TM-8	19:25.59c (19:55.87A)	4/12/25 Utah Spring Classic
48	Alyssa MABRY	FR	Ranger (Texas) {6}	TM-6	19:38.40	3/15/25 Texas Southern Relays
49	Valyrie FREEMAN	SO	Butler (Kan.) CC {3}	0.03	19:39.24	3/22/25 Spire Distance Carnival & Tea
50	Laynee ROWLEY	SO	Southern Idaho {4}	TM-4	19:44.13	4/5/25 UNLV Rebel Elite



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Elizabeth ILANDA	FR	#8 Odessa (Texas)	38.10	35:32.01	4/12/25 Jo Meaker Classic & Multi
2	Angela Denisse SALADO FERNANDEZ	SO	#9 Salt Lake (Utah) CC	35.78	35:35.80	4/5/25 Mike Fanelli Track Classic
3	Angelina LIONE	FR	#9 Salt Lake (Utah) CC {2}	31.05	36:08.76	4/5/25 Mike Fanelli Track Classic
4	Ines MRABET	FR	#1 New Mexico JC	27.27	36:31.05	3/29/25 Texas Relays
5	Lindsie FAUSETT	SO	#9 Salt Lake (Utah) CC {3}	23.85	37:06.50	4/5/25 Mike Fanelli Track Classic
6	Karen KIRATU	SO	Southeast (Neb.) CC	21.33	37:19.89	4/12/25 Wichita State K.T. Woodman I
7	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	19.29	37:20.97	4/12/25 Wichita State K.T. Woodman I
8	Alix CRAWFORD	FR	#9 Salt Lake (Utah) CC {4}	TM-4	37:31.84	4/5/25 Mike Fanelli Track Classic
9	Meryeme MAI	FR	Garden City (Kan.) CC	14.47	37:42.14	4/12/25 Wichita State K.T. Woodman I
10	Joelle WHITWORTH	SO	#9 Salt Lake (Utah) CC {5}	TM-5	38:11.99	4/5/25 Mike Fanelli Track Classic
11	Sierra SUMMERS	FR	Dawson (Mont.) CC	10.00	39:08.92	4/6/25 Al Bortke Open
12	America RODRIGUEZ	FR	#9 Salt Lake (Utah) CC {6}	TM-6	39:24.14	4/5/25 Mike Fanelli Track Classic
13	Ivy WASHINGTON	SO	Dodge City (Kan.) CC	8.00	39:33.68	4/12/25 Wichita State K.T. Woodman I
14	Alison UNRUH	SO	Butler (Kan.) CC {2}	7.00	39:54.79	4/12/25 Wichita State K.T. Woodman I
15	Ayianna OLIVAS	SO	#5 Iowa Western CC	6.00	40:15.61	4/12/25 Wichita State K.T. Woodman I
16	Migyelis PUPO BRIZUELA	SO	#8 Odessa (Texas) {2}	5.00	40:53.30	4/12/25 Jo Meaker Classic & Multi
17	Ava WASHINGTON	SO	Dodge City (Kan.) CC {2}	4.50	41:30.32	4/4/25 Emporia State Midwest Classi
18	Elexia ARAGON	FR	#7 Pima (Ariz.) CC	4.00	42:01.74	4/5/25 UCSD Triton Invitational
19	Elizabeth COPPOLA	FR	#7 Pima (Ariz.) CC {2}	3.50	42:45.88	4/5/25 UCSD Triton Invitational
20	Michaela GROSS	FR	Hagerstown (Md.) CC	3.00	44:01.84	4/12/25 NJCAA Region 20 Outdoor Tra
21	Reshila CURLEY	FR	#12 Central Arizona	2.50	45:48.21	3/29/25 Cody McBride/Distance in the
22	Hannah CUNNINGHAM	SO	Cuyahoga (Ohio) CC	2.00	46:09.81	4/13/25 Mount Union John Homan Op



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Keliza Smith, Kayda Austir Kennidra Spigner, Takelia Williams	#3 Barton (Kan.) CC	34.70	44.70	4/12/25 Crimson Tide Invite
2	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye	#17 Allen (Kan.) CC	31.69	45.26	3/28/25 Emporia State Relays
3	Dhakiya Blake, Royanah Farmer, Tierra Williams, Linya Gedeon	#10 Coffeyville (Kan.) CC	29.40	45.42	3/29/25 Bobcat Invitational (Texas Sta
4	#Type!	#6 Hinds (Miss.) CC	26.70	45.82	3/22/25 Belhaven Invitational
5	Amari Pratt, Nandy Kihuyi Maliah Edwards, Kamaria Knight	#1 New Mexico JC	24.60	45.88	3/22/25 Wes Kittley Invitational
6	Kyja Willis, Lovina Ewusi, Brieanna Boyce, Charlize Fraser	#11 Western Texas	22.50	45.96	4/12/25 McMurry War Hawk Classic
7	Kenyatta Grate, Destiny Mitchell, Nyla Norman, Zekira Snow	#20 Indian Hills (Iowa) CC	20.39	46.06	3/28/25 Emporia State Relays
8	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming	Highland (Kan.) CC	17.70	46.66	4/5/25 Friends Invitational
9	Judith Koumedzina, Serena Grace, Taeja Bartee, Tanique Taylor	#5 Iowa Western CC	15.46	46.87	4/12/25 Wichita State K.T. Woodman I
10	Rayanna Johnson, Andrea Shaw, Jayden Piper, Crystal Chambers	#16 Fort Scott (Kan.) CC	13.11	47.24	4/12/25 Wichita State K.T. Woodman I
11	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Tania Miles	Ranger (Texas)	10.99	47.45	4/12/25 Carl Kight Invitational
12	J'Miaya Muse, Michaelyn Fisher, Anijah James, Shyla Cooper	Richard Bland (Va.)	9.89	47.62	4/5/25 Colonial Relays
13	Nakirsten Hughes, Jakhia Martin, Mykala Carter, Yasmyne McCann	#24 Meridian (Miss.) CC	8.75	47.88	4/12/25 Crimson Tide Invite
14	Sierra Brooks, Taniyah Co: Azariah Dawes, Sidney Holt	#21 Hutchinson (Kan.) CC	7.54	48.27	3/29/25 Mark A. Phillips Tiger Open
15	Ma-Avian Williams, Ashia Martin, Kadina Deeble, Kimberly Baker	Essex County (N.J.)	6.32	48.67	4/5/25 Metropolitan Championships
16	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins	#7 Pima (Ariz.) CC	5.26	48.79	3/22/25 Willie Williams/Dave Murray Di
17	Paula del Pozo, Vilorina Tuilawaki, Rhea Flanders, Melania Turaga	Neosho County (Kan.)	4.50	49.32	3/29/25 Mark A. Phillips Tiger Open
18	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams	Hawkeye (Iowa) CC	4.00	50.12	3/28/25 Central (Iowa) Dutch Invitatio
19	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton	Marion Military Institu	3.50	50.33	3/15/25 Falcon Classic
20	Madison Jackson, Katreek Mott-Franklin, Faith Butler, TaMoria Shannon	Coahoma (Miss.) CC	3.00	51.04	4/3/25 Belhaven Twilight



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #3, April 15

21	Mekhila Sanders, Antonici Moultrie, Jaylene Hernandez, Priscilla Wemba	Garden City (Kan.) CC	2.50	51.05	4/12/25 Wichita State K.T. Woodman I
22	Nora Moreno, Jocelyn Nunez, Williams Stahrr, Layisha Freeman	State Fair (Mo.)	2.00	51.18	3/29/25 SBU Bearcat Invitational
23	Gift Gonpue, Tenisha Herbert, Suzanne Guedeyi, Taja Conley	North Iowa Area CC	1.50	51.30	3/28/25 Emporia State Relays
24	Petra Onwumere, Oyindamola Adetutu, Shelly Newton, Lauren Allard	Glendale (Ariz.) CC	1.00	52.48	4/12/25 Gaucho Collegiate Outdoor In



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Tuwana McLean, Ysanne Peart, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	34.03	3:39.92	4/12/25	Jo Meaker Classic & Multi
2	Shagay Sheppy, Lovina Ewusi, Brianna Boyce, Charlize Fraser	#11 Western Texas	31.73	3:41.27	3/29/25	Texas Relays
3	Jayden Piper, Emmanuelli Squire, Dayjonique Cato, Ivana Odonkor	#16 Fort Scott (Kan.) CC	29.71	3:41.37	3/28/25	Emporia State Relays
4	Shone Walters, Keliza Smith, Narissa McPherson, Natasha Fox	#3 Barton (Kan.) CC	27.70	3:41.44	4/12/25	Crimson Tide Invite
5	Twyshanna Huie, Caydence Brewer, T'kyla Bennett, Queen Usunobun	#6 Hinds (Miss.) CC	25.58	3:41.98	4/11/25	Strawberry Relays
6	Tierra Williams, Dhakiya Blake, Ja'Kheria Kelser, Amalinaly Pemberton	#10 Coffeyville (Kan.) CC	22.80	3:46.54	3/29/25	Texas Relays
7	Kaliyah Jones, Attoya Harvey, Tanesia Gardiner, Kettia Ambrose	#23 Monroe-New Rochelle	20.53	3:48.46	4/12/25	Duke Invitational
8	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Mykala Carter	#24 Meridian (Miss.) CC	17.30	3:57.45	4/12/25	Crimson Tide Invite
9	Serena Douglas, Kimberly Baker, Paula Orusede, Aaliyah Morgan	Essex County (N.J.)	15.27	3:57.71	4/5/25	Metropolitan Championships
10	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin	#7 Pima (Ariz.) CC	12.94	4:00.58	3/22/25	Willie Williams/Dave Murray Di
11	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper	Richard Bland (Va.)	10.78	4:03.12	3/21/25	Fred Hardy Invitational
12	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley	#9 Salt Lake (Utah) CC	9.53	4:07.01c	(4:06.57A)	3/28/25 Utah Valley Collegiate
13	Carlie Carlgren, Jaelyn Rumbach, Amanda Kotambe, Maimuna Jallow	#4 Cloud County (Kan.) C	8.45	4:08.33	3/29/25	Mark A. Phillips Tiger Open
14	Mekhila Sanders, Meryem Mai, Priscilla Wemba, Antonicia Moultrie	Garden City (Kan.) CC	7.21	4:12.21c	(4:11.77A)	4/3/25 Masked Rider Outdoor Open
15	Brittany Danas, Alaila Jones, Bryanna Danas, Iyiana Wilhite	Jacksonville (Texas)	6.18	4:12.77	3/15/25	Texas Southern Relays
16	Vilorina Tuilawaki, Melani Turaga, Rhea Flanders, Amy Styles	Neosho County (Kan.)	5.15	4:13.26	3/29/25	Mark A. Phillips Tiger Open
17	Caylee May, Bianca Gleim, Sarai Chavez, Olivia Leatherman	Dodge City (Kan.) CC	4.56	4:14.74	4/12/25	Wichita State K.T. Woodman I
18	Kate Dare, Kendra Guest, Katie Munoz, Carmella Baldwin	#13 Mesa (Ariz.) CC	4.05	4:14.94	3/29/25	Cody McBride/Distance in the
19	Lailah Campbell, Kaelyn Giarrusso, Aaliyah Perkins, Nicole Novara	Glendale (Ariz.) CC	3.50	4:18.11	4/12/25	Gaucha Collegiate Outdoor In
20	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee	Muskegon (Mich.) CC	3.00	4:19.37	3/29/25	Amy Adams Memorial Invitati



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #3, April 15

21	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia	<i>Ranger (Texas)</i>	2.50	4:26.31	3/15/25 Texas Southern Relays
22	Sara Belgacem, Adi Fuller, Alexis Hale, Zoe Allen	#22 Vincennes (Ind.)	2.00	4:31.58	4/12/25 Indiana Little State Invitationa
23	Daisy Speet, Jadyon Yonchewski, kristina Wilde, Faith Swenor	<i>Lansing (Mich.) CC</i>	1.50	4:31.68	4/12/25 Davenport Panther Classic
24	#Type!	<i>Southeastern (Iowa) C</i>	1.00	5:15.08	4/5/25 Cornell College Invitational



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emilly Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri	#1 New Mexico JC	33.95	8:50.12	3/29/25 Texas Relays
2	Adi Fuller, Sara Belgacem, Jasmyn Self, Alexis Hale	#22 Vincennes (Ind.)	29.52	10:03.68	4/12/25 Indiana Little State Invitationa
3	Katie Jarrett, Audrey Fletcher, Jasmine Hayes, Arianna Blevins	Crowder (Mo.)	26.16	10:54.49	4/5/25 Friends Invitational



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Tiana PETROVA	FR #1	New Mexico JC	34.55	1.68m	5-6 3/29/25 Texas Relays
2	Aidan FAITH	SO	Hagerstown (Md.) CC	31.87	1.66m	5-5¼ 4/4/25 Towson Senior Twilight Open
3	Isabel GREEN	SO #7	Pima (Ariz.) CC	28.51	1.62m	5-3¾ 4/5/25 UCSD Triton Invitational
3	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	28.51	1.62m	5-3¾ 4/12/25 Gaucho Collegiate Outdoor In
3	Abril OKON	SO #2	South Plains (Texas)	28.51	1.62m	5-3¾ 4/12/25 Jo Meaker Classic & Multi
6	Qiana PIERCE	FR #6	Hinds (Miss.) CC	21.87	1.60m	5-3 3/22/25 Belhaven Invitational
7	April NECAISE	SO #7	Pima (Ariz.) CC {2}	19.64	1.59m	5-2½ 3/22/25 Willie Williams/Dave Murray Di
8	Janiya ROSS	SO #7	Pima (Ariz.) CC {3}	17.18	1.57m	5-1¾ 4/12/25 Gaucho Collegiate Outdoor In
8	Sara JACOBSON	SR #13	Mesa (Ariz.) CC	3.18	D 1.57m	5-1¾ 3/28/25 Mesa Multis
8	Tyler WASHINGTON	SO #7	Pima (Ariz.) CC {3}	TM-3	1.57m	5-1¾ 4/12/25 Gaucho Collegiate Outdoor In
11	Rasheda SAMUELS	FR #5	Iowa Western CC	10.95	1.56m	5-1¼ 4/5/25 Concordia (Neb.) Outdoor Invi
12	Chenessa DAVIS	SO #4	Cloud County (Kan.) C	9.77	1.55m	5-1 3/29/25 Mark A. Phillips Tiger Open
12	Cordaelia WILLIAMS	SO #4	Cloud County (Kan.) C	9.77	1.55m	5-1 3/29/25 Mark A. Phillips Tiger Open
12	Arriana JOHNSON	SO #20	Indian Hills (Iowa) CC	9.77	1.55m	5-1 3/28/25 Emporia State Relays
12	Eden BROUWERS	FR #14	Iowa Central CC	2.77	D 1.55m	5-1 3/28/25 Emporia State Relays
16	Vinae BUFORD-STILLMAN	FR #12	Central Arizona	5.53	1.53m	5-¼ 3/29/25 Cody McBride/Distance in the
17	Aliyah GIDHARRY	SO #12	Central Arizona {2}	4.91	1.52m	4-11¾ 4/12/25 Gaucho Collegiate Outdoor In
17	Jazz DILWORTH	FR #16	Fort Scott (Kan.) CC	4.91	1.52m	4-11¾ 3/28/25 Emporia State Relays
17	Natalia BRZEZNIAK	JR #13	Mesa (Ariz.) CC {2}	4.91	1.52m	4-11¾ 4/12/25 Gaucho Collegiate Outdoor In
20	Alyana WALLACE	SO	Highland (Kan.) CC	3.30	1.51m	4-11½ 3/29/25 Central Methodist Invitational
21	Tasha WILLIAMS	JR	Hawkeye (Iowa) CC	2.68	1.50m	4-11 3/28/25 Central (Iowa) Dutch Informatio
21	Shacora JURDEN	FR	Coahoma (Miss.) CC	2.68	1.50m	4-11 4/3/25 Belhaven Twilight
21	Berlynn BLACK	SO	Highland (Kan.) CC {2}	2.68	1.50m	4-11 3/22/25 Spire Distance Carnival & Tea
21	A'Kevia WEAVER	FR	Jacksonville (Texas)	2.68	1.50m	4-11 4/5/25 Bill Schmidt Classic
21	Kira MESSERLY	FR #14	Iowa Central CC {2}	2.68	1.50m	4-11 4/12/25 Mustang Distance Carnival &
26	Jakouria JAMERSON	SO #16	Fort Scott (Kan.) CC {2}	0.90	1.46m	4-9½ 3/28/25 Emporia State Relays
26	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	0.90	1.46m	4-9½ 3/29/25 Amy Adams Memorial Invitati
28	Raeya TOWNSEND	FR	Marion Military Institu	0.80	1.45m	4-9 3/28/25 Thrills In The Hills
28	Halima BIGGS	FR	Hawkeye (Iowa) CC {2}	0.80	1.45m	4-9 4/12/25 Mustang Distance Carnival &
28	Hannah DROEG	FR #7	Pima (Ariz.) CC {5}	TM-5	1.45m	4-9 3/28/25 Mesa Multis
28	Makayla GAY	SO #15	Cowley (Kan.)	0.80	1.45m	4-9 3/29/25 Mark A. Phillips Tiger Open
28	Carrie MOORE	SO	Carroll (Md.) CC	0.80	1.45m	4-9 4/4/25 Towson Senior Twilight Open
33	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.55	1.43m	4-8¼ 4/5/25 Augustana Viking Olympics
34	Sophia CALISTRO	FR	Dodge City (Kan.) CC	0.50	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
34	Camdyn CUNNINGHAM	FR	Dodge City (Kan.) CC	0.50	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
36	Leah WRIGHT	FR #17	Allen (Kan.) CC	0.40	1.41m	4-7½ 4/5/25 Friends Invitational
36	Juwonna WHITEHORNE	FR #2	South Plains (Texas) {2}	0.40	1.41m	4-7½ 4/12/25 Jo Meaker Classic & Multi
38	Adaysha HOLLINESS	FR	Marion Military Institu {2}	0.30	1.40m	4-7 3/28/25 Thrills In The Hills
38	Journey SANDER	FR	State Fair (Mo.)	0.30	1.40m	4-7 3/22/25 Missouri S&T Miner Invitationa
40	Maylee THOMPSON	SO #7	Pima (Ariz.) CC {6}	TM-6	1.39m	4-6¾ 3/28/25 Mesa Multis
40	Isabelle CULLENS	FR #10	Coffeyville (Kan.) CC	0.25	1.39m	4-6¾ 4/5/25 Friends Invitational
42	Ella HOMAWOO	FR #14	Iowa Central CC {3}	0.20	1.37m	4-6 3/28/25 Emporia State Relays
42	Abby GILLEN	FR	Garden City (Kan.) CC	0.20	1.37m	4-6 3/29/25 Broncbuster Invitational
42	Meecca CASTILLO	FR	Garden City (Kan.) CC	0.20	1.37m	4-6 3/29/25 Broncbuster Invitational
45	Layla KONSKI	FR #7	Pima (Ariz.) CC {7}	TM-7	1.36m	4-5½ 3/28/25 Mesa Multis
45	Carlie CARLGREN	FR #4	Cloud County (Kan.) {3}	0.13	1.36m	4-5½ 4/5/25 Friends Invitational
47	Mackenzie ANDERSON	FR #19	Paradise Valley (Ariz.)	0.08	1.33m	4-4¼ 3/29/25 Cody McBride/Distance in the
47	Chloe HANCOCK	FR #19	Paradise Valley (Ariz.)	0.08	1.33m	4-4¼ 3/28/25 Mesa Multis



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Sophia DO AMARAL SALVI	SO	#22 Vincennes (Ind.)	39.48	3.85m	12-7½	4/12/25	Indiana Little State Invitationa
2	Olga LAPUZOVA	FR	#2 South Plains (Texas)	32.63	3.65m	11-11¾	3/22/25	West Texas Relays
2	Dakota DAPPER	SO	#15 Cowley (Kan.)	32.63	3.65m	11-11¾	4/5/25	Friends Invitational
4	Madisyn WILLIAMS	FR	#13 Mesa (Ariz.) CC	27.71	3.61m	11-10	3/20/25	PV/ALTIS Invite
5	Kennedy KIZARR	SO	#15 Cowley (Kan.) {2}	24.82	3.54m	11-7¼	4/12/25	Wichita State K.T. Woodman I
6	Morgan PEPE	SO	#7 Pima (Ariz.) CC	22.32	3.50m	11-5¾	4/5/25	UCSD Triton Invitational
7	Bradie MEDINA	SO	#4 Cloud County (Kan.) C	19.56	3.44m	11-3½	4/12/25	Wichita State K.T. Woodman I
8	Giuliana SCHIESARO	SO	#2 South Plains (Texas) {2}	16.42	3.35m	10-11¾	2/7/25	SPC Wayland West Texas Shoo
8	Elizabeth BROZEK	FR	#15 Cowley (Kan.) {3}	16.42	3.35m	10-11¾	4/5/25	Friends Invitational
10	Lauren ALLARD	SO	Glendale (Ariz.) CC	12.00	3.16m	10-4¼	3/22/25	Willie Williams/Dave Murray Di
10	Anna BROWN	FR	#13 Mesa (Ariz.) CC {2}	12.00	3.16m	10-4¼	3/20/25	PV/ALTIS Invite
10	Mikaila BARAN	FR	#19 Paradise Valley (Ariz.)	12.00	3.16m	10-4¼	3/20/25	PV/ALTIS Invite
10	Alycea MCCOY	FR	#21 Hutchinson (Kan.) CC	12.00	3.16m	10-4¼	3/29/25	Mark A. Phillips Tiger Open
10	Mackenzie ANDERSON	FR	#19 Paradise Valley (Ariz.)	12.00	3.16m	10-4¼	3/20/25	PV/ALTIS Invite
10	Grace BENDER	FR	#21 Hutchinson (Kan.) CC	12.00	3.16m	10-4¼	3/29/25	Mark A. Phillips Tiger Open
16	Michaela CARNEY	SO	Hagerstown (Md.) CC	5.00	3.05m	10-0	3/21/25	Fred Hardy Invitational
16	Kat CROCHUNIS	FR	Carroll (Md.) CC	5.00	3.05m	10-0	4/4/25	Towson Senior Twilight Open
18	Isabelle CULLENS	FR	#10 Coffeyville (Kan.) CC	2.00	3.01m	9-10½	3/29/25	Mark A. Phillips Tiger Open
19	Anna WASHBURN	FR	#10 Coffeyville (Kan.) CC {2}	3.50	2.86m	9-4½	3/29/25	Mark A. Phillips Tiger Open
20	Leah SOWERS	FR	Lake-Sumter State (Fl)	3.00	2.56m	8-4¾	3/8/25	Eagle Invitational
20	Brakelle MCBRIDE	FR	#19 Paradise Valley (Ariz.) {3}	3.00	2.56m	8-4¾	3/29/25	Cody McBride/Distance in the
22	Abbigail (Abbi) HUTCHINSON	FR	#14 Iowa Central CC	2.00	2.45m	8-½	3/21/25	Reiver Rust Buster



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Maeva GOUNE TIBBOLO	FR	#14 Iowa Central CC	33.99	5.99m	19-8 (0.5)	4/11/25	Mule Relays
1	Sakina UMAR	SO	#5 Iowa Western CC	33.99	5.99m	19-8 (0.6)	3/29/25	Bobcat Invitational (Texas Sta
3	Kavel RITCHIE	SO	#1 New Mexico JC	29.89	5.98m	19-7½ (1.4)	4/10/25	Jo Meaker Classic & Multi
4	Celine RIDDLE	FR	#3 Barton (Kan.) CC	26.71	5.84m	19-2 (-2.4)	4/12/25	Crimson Tide Invite
5	Sydney ROQUEBRUN	SO	#2 South Plains (Texas)	24.50	5.81mA	19-¾ (0.9)	4/3/25	Masked Rider Outdoor Open
6	Juwonna WHITEHORNE	FR	#2 South Plains (Texas) {2}	21.31	5.64m	18-6 (1.3)	3/22/25	West Texas Relays
7	Alexia LEWIS	SO	Highland (Kan.) CC	19.24	5.63m	18-5¾ (0.3)	3/29/25	Central Methodist Invitational
8	Maylee THOMPSON	SO	#7 Pima (Ariz.) CC	17.03	5.60m	18-4½ (2.0)	4/5/25	UCSD Triton Invitational
9	Aalyiah LINTON	SO	#16 Fort Scott (Kan.) CC	14.82	5.57m	18-3¼ (1.3)	3/20/25	Kirk Baptiste Spring Break Invi
9	Makayla WHITFIELD	FR	#25 Bismarck State (N.D.)	14.82	5.57m	18-3¼ (0.7)	4/6/25	Al Bortke Open
9	Sofia RODRIQUEZ	FR	#1 New Mexico JC {2}	14.82	5.57mA	18-3¼ (0.9)	4/3/25	Masked Rider Outdoor Open
9	Ruth AGADAMA	SO	#2 South Plains (Texas) {3}	14.82	5.57mA	18-3¼ (0.2)	4/3/25	Masked Rider Outdoor Open
13	Michaelyn FISHER	FR	Richard Bland (Va.)	8.75	5.56m	18-3 (0.0)	3/21/25	Fred Hardy Invitational
14	Alexia WALKER	FR	#3 Barton (Kan.) CC {2}	7.62	5.54mw	18-2¼ (3.1)	3/29/25	Mark A. Phillips Tiger Open
15	Brinel THOMAS	FR	#23 Monroe-New Rochelle	6.59	5.53m	18-1¾ (0.2)	4/12/25	Duke Invitational
15	Alisha JACKSON	FR	Bryant & Stratton (Va.)	6.59	5.53m	18-1¾ (0.2)	3/29/25	Seahawk Invitational
15	Jocelyn NUNEZ	FR	State Fair (Mo.)	6.59	5.53m	18-1¾ (1.5)	3/22/25	Missouri S&T Miner Invitationa
15	Jaden MILLER	FR	Lake-Sumter State (Fl)	6.59	5.53m	18-1¾ (0.5)	4/5/25	Embry-Riddle Running Eleme
19	Layisha FREEMAN	FR	State Fair (Mo.) {2}	3.98	5.50m	18-½ (1.2)	3/15/25	Central Methodist Open
20	Anijah JAMES	FR	Richard Bland (Va.) {2}	3.44	5.49m	18-¼ (0.4)	3/21/25	Fred Hardy Invitational
21	Kymia BRIDGETT	FR	#3 Barton (Kan.) CC {3}	2.91	5.48m	17-11¾ (1.7)	4/4/25	John Jacobs Invitational
22	Janita ANTIPINA	FR	#1 New Mexico JC {3}	2.34	5.46m	17-11 (0.8)	4/12/25	Jo Meaker Classic & Multi
23	Nanhi PANNU	FR	#4 Cloud County (Kan.) C	1.80	5.45mw	17-10¾ (2.7)	3/29/25	Mark A. Phillips Tiger Open
24	Chloe PERRYMAN	SO	#3 Barton (Kan.) CC {4}	TM-4	5.42mw	17-9½ (2.7)	4/12/25	Crimson Tide Invite
25	Nele GOESL	FR	#4 Cloud County (Kan.) {2}	1.11	5.41mw	17-9 (2.6)	3/29/25	Mark A. Phillips Tiger Open
26	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	0.91	5.37m	17-7½ (0.0)	3/28/25	Mesa Multis
27	Aliyah GIDHARRY	SO	#12 Central Arizona	0.85	5.35m	17-6¾ (0.0)	3/22/25	Willie Williams/Dave Murray Di
28	Abril OKON	SO	#2 South Plains (Texas) {4}	TM-4	5.33mw	17-6 (2.9)	4/12/25	Jo Meaker Classic & Multi
28	Yaya MORENO	SO	#21 Hutchinson (Kan.) CC	0.80	5.33mw	17-6 (2.6)	3/29/25	Mark A. Phillips Tiger Open
30	Dymonde NAVE	SO	#20 Indian Hills (Iowa) CC	0.70	5.32m	17-5½ (1.8)	4/12/25	Arkansas Spring Invitational
30	Erin MABRY	FR	#13 Mesa (Ariz.) CC {2}	0.70	5.32m	17-5½ (-1.8)	4/12/25	Gaucha Collegiate Outdoor In
32	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	0.60	5.30m	17-4¾ (-2.5)	4/12/25	Gaucha Collegiate Outdoor In
33	Layla KONSKI	FR	#7 Pima (Ariz.) CC {2}	0.55	5.29m	17-4¼ (0.5)	3/22/25	Willie Williams/Dave Murray Di
34	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.50	5.26m	17-3¼ (0.5)	3/13/25	Dean Pryor Invitational
34	Shyla COOPER	FR	Richard Bland (Va.) {3}	0.50	5.26m	17-3¼ (0.0)	3/21/25	Fred Hardy Invitational
36	Amirah NOCK	FR	#24 Meridian (Miss.) CC	0.40	5.22m	17-1½ (1.2)	4/5/25	Doc Anderson Invitational
36	Azariah DAWES	FR	#21 Hutchinson (Kan.) CC {2}	0.40	5.22m	17-1½ (1.8)	3/29/25	Mark A. Phillips Tiger Open
36	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC {2}	0.40	5.22m	17-1½ (-2.5)	4/12/25	Gaucha Collegiate Outdoor In
39	Shanaya HINTON	FR	Marion Military Institu	0.28	5.20m	17-¾ (1.8)	4/5/25	Doc Anderson Invitational
40	Taeja BARTEE	FR	#5 Iowa Western CC {2}	0.25	5.19mw	17-½ (2.1)	3/29/25	Bobcat Invitational (Texas Sta
41	Aaliyah PERKINS	FR	Glendale (Ariz.) CC {3}	0.23	5.16m	16-11¼ (0.0)	3/29/25	Cody McBride/Distance in the
41	Gift GONPUE	SO	North Iowa Area CC	0.23	5.16mw	16-11¼ (2.5)	4/5/25	Wartburg Outdoor Select
43	Bethany SLOVENSKY	FR	State Fair (Mo.) {3}	0.18	5.13m	16-10 (0.8)	3/15/25	Central Methodist Open
44	Sophia EDWIN	FR	State Fair (Mo.) {4}	TM-4	5.12m	16-9¾ (1.2)	4/11/25	Mule Relays
45	Lee'Asia HAYES	FR	Bryant & Stratton (Wis	0.13	5.09m	16-8½ (-0.6)	4/11/25	Marquette Invitational
46	Alyssa WONDERCHECK	FR	Hawkeye (Iowa) CC	0.10	5.08mw	16-8 (3.3)	4/5/25	Mississippi River Rumble
47	Tahlia LIENERT	FR	#4 Cloud County (Kan.) {3}	0.08	5.01mw	16-5¼ (2.4)	3/29/25	Mark A. Phillips Tiger Open
47	Hannah DROEG	FR	#7 Pima (Ariz.) CC {3}	0.08	5.01m	16-5¼ (1.1)	3/28/25	Mesa Multis
49	Ella HOMAWOO	FR	#14 Iowa Central CC {2}	0.03	5.00m	16-5 (0.9)	4/11/25	Mule Relays
50	Sirinity GLASPER	FR	Marion Military Instit {2}	0.01	4.98m	16-4¼ (-0.5)	3/28/25	Thrills In The Hills



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#5 Iowa Western CC	35.89	13.35m	43-9¾ (0.5)	3/27/25	Bobcat Invitational (Texas Sta
2	Celine RIDDLE	FR	#3 Barton (Kan.) CC	30.34	12.15m	39-10½ (1.1)	4/12/25	Crimson Tide Invite
3	Sofia RODRIQUEZ	FR	#1 New Mexico JC	28.10	12.07m	39-7¼ (2.0)	4/12/25	Jo Meaker Classic & Multi
4	Janita ANTIPINA	FR	#1 New Mexico JC {2}	25.96	12.02m	39-5¼ (1.1)	4/10/25	Jo Meaker Classic & Multi
5	Shacora JURDEN	FR	Coahoma (Miss.) CC	23.75	11.95m	#Error	4/3/25	Belhaven Twilight
6	Shanaya HINTON	FR	Marion Military Institu	21.73	11.94m	39-2¼ (-0.6)	3/28/25	Thrills In The Hills
7	Alisha JACKSON	FR	Bryant & Stratton (Va.)	19.61	11.88m	38-11¾ (-1.	4/5/25	Norfolk State Invitational
8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	17.43	11.79m	38-8¼ (1.1)	4/12/25	Jo Meaker Classic & Multi
9	Ciarra MOORE	SO	Richard Bland (Va.)	15.38	11.77m	38-7½ (1.2)	4/5/25	Colonial Relays
10	Kymia BRIDGETT	FR	#3 Barton (Kan.) CC {2}	13.20	11.68m	38-4 (0.2)	4/12/25	Crimson Tide Invite
10	Brooke HAWKINS	SO	#21 Hutchinson (Kan.) CC	13.20	11.68mw	38-4 (3.0)	3/29/25	Mark A. Phillips Tiger Open
12	Ashanti PATTON	SO	#24 Meridian (Miss.) CC	9.96	11.46m	37-7¼ (1.5)	3/22/25	Alumni Bulldog Relays
13	Aalyiah LINTON	SO	#16 Fort Scott (Kan.) CC	8.89	11.39m	37-4½ (1.0)	3/28/25	Emporia State Relays
14	Elfie SANOGO	FR	#5 Iowa Western CC {2}	7.85	11.35m	37-3 (-1.9)	3/21/25	Reiver Rust Buster
15	Isabelle CULLENS	FR	#10 Coffeyville (Kan.) CC	6.72	11.23m	36-10¼ (1.7)	4/10/25	Red Raven Invite
15	Alexia ANDERSON	SO	#25 Bismarck State (N.D.)	6.72	11.23mw	36-10¼ (3.6)	4/11/25	NDSU Spring Classic
17	Layla KONSKI	FR	#7 Pima (Ariz.) CC	5.14	11.16m	36-7½ (1.3)	3/22/25	Willie Williams/Dave Murray Di
18	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC	4.57	11.09m	36-4¾ (1.1)	3/22/25	Willie Williams/Dave Murray Di
19	Anijah JAMES	FR	Richard Bland (Va.) {2}	4.02	11.04m	36-2¾ (-0.3)	3/21/25	Fred Hardy Invitational
20	Nele GOESL	FR	#4 Cloud County (Kan.) C	3.45	10.98m	36-¼ (-0.1)	4/5/25	Friends Invitational
21	Alycea MCCOY	FR	#21 Hutchinson (Kan.) CC{2}	2.87	10.90mw	35-9¼ (3.6)	3/29/25	Mark A. Phillips Tiger Open
22	Braela SARGENT	SO	#16 Fort Scott (Kan.) CC {2}	2.34	10.87mw	35-8 (3.2)	3/28/25	Emporia State Relays
23	Yaya MORENO	SO	#21 Hutchinson (Kan.) CC{3}	1.72	10.76m	35-3¾ (1.5)	4/12/25	Wichita State K.T. Woodman I
24	Azariah DAWES	FR	#21 Hutchinson (Kan.) CC{4}	TM-4	10.66mw	34-11¾ (2.5)	3/29/25	Mark A. Phillips Tiger Open
25	Kiley SMICH	FR	#4 Cloud County (Kan.) {2}	1.00	10.60mw	34-9½ (3.4)	3/29/25	Mark A. Phillips Tiger Open
26	Erin SMITH	SO	Richard Bland (Va.) {3}	0.91	10.56m	34-7¾ (0.3)	4/5/25	Colonial Relays
27	Leah WRIGHT	FR	#17 Allen (Kan.) CC	0.85	10.52m	34-6¼ (1.1)	4/5/25	Friends Invitational
28	Anna WASHBURN	FR	#10 Coffeyville (Kan.) CC {2}	0.80	10.40mw	34-1½ (3.8)	3/29/25	Mark A. Phillips Tiger Open
29	Brooklyn VOMACKA	FR	#5 Iowa Western CC {3}	0.75	10.18m	33-4¾ (0.0)	4/5/25	Concordia (Neb.) Outdoor Invi
30	Bethany SLOVENSKY	FR	State Fair (Mo.)	0.70	9.94m	32-7½ (0.7)	4/11/25	Mule Relays
31	April NECAISE	SO	#7 Pima (Ariz.) CC {2}	0.65	9.90m	32-5¾ (0.1)	3/22/25	Willie Williams/Dave Murray Di
32	Journey SANDER	FR	State Fair (Mo.) {2}	0.60	9.88m	32-5 (-0.5)	4/11/25	Mule Relays
33	Maggie ROWZE	FR	Sauk Valley (Ill.) CC	0.55	9.38mw	30-9¼ (3.8)	4/5/25	Augustana Viking Olympics
34	Shelly NEWTON	FR	Glendale (Ariz.) CC {2}	0.50	8.74m	28-8¼ (0.0)	3/29/25	Cody McBride/Distance in the



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Esteisy SALAS	SO	#1 New Mexico JC	34.86		15.85m	52-0	3/29/25 Texas Relays	
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	5.73	D	15.14m	49-8¼	3/29/25 Cody McBride/Distance in the	
3	Sarai SIMPSON	SO	#5 Iowa Western CC	29.09		14.73m	48-4	4/5/25 Concordia (Neb.) Outdoor Invi	
4	Chin-Loy RAYMOND	SO	#5 Iowa Western CC {2}	26.77		14.51m	47-7¼	4/12/25 Wichita State K.T. Woodman I	
5	Cierra GRAY	SO	#15 Cowley (Kan.)	24.06		13.87m	45-6¼	3/29/25 Mark A. Phillips Tiger Open	
6	Unitee BROWN	FR	#14 Iowa Central CC	21.54		13.41m	44-0	3/28/25 Emporia State Relays	
7	Kahllah BAILEY	FR	#2 South Plains (Texas)	19.50		13.37m	43-10½	2/7/25 SPC Wayland West Texas Shoo	
8	Yosiris CORDOBA	SO	#1 New Mexico JC {2}	17.39		13.27m	43-6½	4/12/25 Jo Meaker Classic & Multi	
9	Suerena ALEXANDER	FR	#2 South Plains (Texas) {2}	15.35		13.24m	43-5¼	2/7/25 SPC Wayland West Texas Shoo	
10	Deisheline MAYER SCOTT	FR	#21 Hutchinson (Kan.) CC	13.20		13.08m	42-11	3/29/25 Mark A. Phillips Tiger Open	
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	11.09		12.90m	42-4	3/22/25 Wes Kittley Invitational	
12	Monifa EDWARDS	FR	#5 Iowa Western CC {3}	9.96		12.68m	41-7¼	4/12/25 Wichita State K.T. Woodman I	
13	Aiyanna GREEN	SO	#21 Hutchinson (Kan.) CC {2}	8.71		12.27m	40-3¼	3/29/25 Mark A. Phillips Tiger Open	
14	Olivia COX	FR	Sauk Valley (Ill.) CC	7.70		12.25m	40-2¼	4/13/25 Olivet Nazarene Tiger Open	
15	Jamelia NICHOLAS	SO	#12 Central Arizona {2}	6.51		11.94m	39-2¼	3/29/25 Cody McBride/Distance in the	
16	Alma CORDOVA	SO	#18 Colby (Kan.) CC	5.47		11.87m	38-11½	4/12/25 Jo Meaker Classic & Multi	
17	Lovely HIBBERT	FR	#5 Iowa Western CC {4}	TM-4		11.77m	38-7½	3/21/25 Reiver Rust Buster	
18	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	4.37		11.70m	38-4¾	4/12/25 Mustang Distance Carnival &	
19	Amoni EVANS	FR	#15 Cowley (Kan.) {2}	3.81		11.61m	38-1¼	4/5/25 Friends Invitational	
20	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	2.30	D	11.60m	38-¾	4/12/25 Gaucho Collegiate Outdoor In	
21	Alexis CLEMMONS	FR	Highland (Kan.) CC	2.77		11.54m	37-10½	3/29/25 Central Methodist Invitational	
22	Bree ROWE	SO	#15 Cowley (Kan.) {3}	2.19		11.41m	37-5¼	4/5/25 Friends Invitational	
23	Zuriya ROBINSON	SO	#14 Iowa Central CC {2}	1.66		11.37m	37-3¾	4/5/25 South Dakota Early Bird	
24	Shyla-Mae CONSTABLE	FR	#12 Central Arizona {3}	1.07		11.21m	36-9½	3/29/25 Cody McBride/Distance in the	
25	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.95		11.06m	36-3½	3/22/25 Battlin' Bears/Yellowjacket O	
26	Carmen SPEAR	FR	#19 Paradise Valley (Ariz.)	0.90		11.01m	36-1½	4/12/25 Gaucho Collegiate Outdoor In	
26	Morgan MOSLEY	FR	#7 Pima (Ariz.) CC	0.90		11.01m	36-1½	4/12/25 Gaucho Collegiate Outdoor In	
28	Jessi MCDOWELL	FR	#15 Cowley (Kan.) {4}	TM-4		10.78m	35-4½	3/13/25 Dean Pryor Invitational	
29	Shaniece POWELL	FR	#10 Coffeyville (Kan.) CC	0.75		10.76m	35-3¾	4/10/25 Red Raven Invite	
30	Vivica PAULHILL	FR	Pratt (Kan.) CC	0.70		10.59m	34-9	3/22/25 Prairie View A&M Relays	
31	Katie COOK	FR	#15 Cowley (Kan.) {5}	TM-5		10.47m	34-4¼	3/29/25 Mark A. Phillips Tiger Open	
31	Eden BROUWERS	FR	#14 Iowa Central CC {3}	0.65		10.47m	34-4¼	3/28/25 Emporia State Relays	
33	Lynniya WHITAKER	SO	Howard (Md.) CC	0.55		10.37m	34-¼	3/22/25 Alan Connie Shamrock Invitati	
34	Brandy JARMON	FR	#5 Iowa Western CC {5}	TM-5		10.36m	34-0	3/21/25 Reiver Rust Buster	
35	Cheyenne ELLIS	FR	Howard (Md.) CC {2}	0.45		10.25m	33-7½	4/12/25 NJCAA Region 20 Outdoor Tra	
36	Jada HOUGHTON	FR	Lansing (Mich.) CC	0.40		10.21m	33-6	4/12/25 Davenport Panther Classic	
37	Holly HYLTON	SO	#18 Colby (Kan.) CC {2}	0.35		10.10m	33-1¾	3/29/25 Broncbuster Invitational	
38	Vivica ADDISON	SO	#4 Cloud County (Kan.) C	0.30		10.09m	33-1¼	3/23/25 Bethel (Kan.) College Open	
39	Aaliyah CHAVEZ	SO	#18 Colby (Kan.) CC {3}	0.28		10.08m	33-1	3/22/25 West Texas Relays	
40	Taia VELASCO	SO	Garden City (Kan.) CC	0.25		10.07m	33-½	3/29/25 Broncbuster Invitational	
41	Shaelyn SCHWEM	FR	Lansing (Mich.) CC {2}	0.23		9.90m	32-5¾	4/5/25 Golden Grizzly Invite	
42	Hannah DROEG	FR	#7 Pima (Ariz.) CC {2}	0.20		9.85m	32-3¾	3/28/25 Mesa Multis	
43	Tomi GALL	SO	Garden City (Kan.) CC {2}	0.18		9.78m	32-1	3/22/25 West Texas Relays	
44	Ella HOMAWOO	FR	#14 Iowa Central CC {4}	TM-4		9.66m	31-8½	3/28/25 Emporia State Relays	
45	Gloria ANUAMADI	SO	Glendale (Ariz.) CC	0.13		9.65m	31-8	4/12/25 Gaucho Collegiate Outdoor In	
46	Adaysha HOLLINESS	FR	Marion Military Institu	0.10		9.62m	31-6¾	3/28/25 Thrills In The Hills	
46	Armani LOPEZ	FR	#7 Pima (Ariz.) CC {3}	0.10		9.62m	31-6¾	3/22/25 Willie Williams/Dave Murray Di	
48	Kit BYARS	SO	North Iowa Area CC	0.05		9.57m	31-4¾	3/28/25 Emporia State Relays	
49	Bianca CORONA	FR	#7 Pima (Ariz.) CC {4}	TM-4		9.55m	31-4	4/12/25 Gaucho Collegiate Outdoor In	
50	Abril OKON	SO	#2 South Plains (Texas) {3}	0.01		9.54m	31-3¾	4/12/25 Jo Meaker Classic & Multi	



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Cedricka WILLIAMS	SO	#3 Barton (Kan.) CC	34.66		54.22m 177-11	3/29/25 Mark A. Phillips Tiger Open
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	31.82		51.94m 170-5	3/29/25 Cody McBride/Distance in the
3	Ivanilda SEMEDO	SO	#3 Barton (Kan.) CC {2}	29.80		51.90m 170-4	3/29/25 Mark A. Phillips Tiger Open
4	Yosiris CORDOBA	SO	#1 New Mexico JC	27.49		50.93mA 167-1	4/3/25 Masked Rider Outdoor Open
5	Zadie MACKEY	FR	#3 Barton (Kan.) CC {3}	23.97		45.29m 148-7	4/4/25 John Jacobs Invitational
6	Athilia PRYCE	FR	#1 New Mexico JC {2}	21.94		45.18mA 148-3	4/3/25 Masked Rider Outdoor Open
7	Carla Kay BROWN	FR	#10 Coffeyville (Kan.) CC	19.89		45.00m 147-8	4/10/25 Red Raven Invite
8	Jamelia NICHOLAS	SO	#12 Central Arizona {2}	17.13		42.17m 138-4	3/29/25 Cody McBride/Distance in the
9	Bree ROWE	SO	#15 Cowley (Kan.)	15.01		41.71m 136-10	3/29/25 Mark A. Phillips Tiger Open
10	Monifa EDWARDS	FR	#5 Iowa Western CC	12.97		41.44m 136-0	4/12/25 Wichita State K.T. Woodman I
11	Lovely HIBBERT	FR	#5 Iowa Western CC {2}	10.83		40.47m 132-10	4/5/25 Concordia (Neb.) Outdoor Invi
12	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	9.80		40.26m 132-1	3/20/25 PV/ALTIS Invite
13	Olivia COX	FR	Sauk Valley (Ill.) CC	8.59		38.89m 127-7	4/13/25 Olivet Nazarene Tiger Open
14	Cierra GRAY	SO	#15 Cowley (Kan.) {2}	7.54		38.54m 126-6	3/13/25 Dean Pryor Invitational
15	Gaby REEVE	SO	Muskegon (Mich.) CC	6.41		37.64m 123-6	4/5/25 Golden Grizzly Invite
16	Margherita SALA	SO	#4 Cloud County (Kan.) C	5.41		37.62m 123-5	3/29/25 Mark A. Phillips Tiger Open
17	Jessi MCDOWELL	FR	#15 Cowley (Kan.) {3}	4.90		37.55m 123-3	3/13/25 Dean Pryor Invitational
18	McKayla KUPLICKI	SO	#10 Coffeyville (Kan.) CC {2}	4.36		37.29m 122-4	3/23/25 Bethel (Kan.) College Open
19	Shaniece POWELL	FR	#10 Coffeyville (Kan.) CC {3}	3.74		36.50m 119-9	3/13/25 Dean Pryor Invitational
20	Chin-Loy RAYMOND	SO	#5 Iowa Western CC {3}	2.24	D	36.48m 119-8	3/29/25 Bobcat Invitational (Texas Sta
21	Raina MASSEY	SO	Marion Military Institu	2.71		36.27m 119-0	3/15/25 Falcon Classic
22	Unitee BROWN	FR	#14 Iowa Central CC	2.15		35.85m 117-8	3/21/25 Reiver Rust Buster
23	Carmen FIELDS	SO	Neosho County (Kan.)	1.60		35.54m 116-7	4/12/25 Wichita State K.T. Woodman I
24	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	1.05		35.20m 115-6	3/20/25 PV/ALTIS Invite
25	Katie COOK	FR	#15 Cowley (Kan.) {4}	TM-4		34.84m 114-4	3/29/25 Mark A. Phillips Tiger Open
26	Vanessa ESPARZA	SO	#1 New Mexico JC {3}	0.90		34.83m 114-3	3/22/25 Wes Kittley Invitational
27	Taia VELASCO	SO	Garden City (Kan.) CC	0.85		34.81m 114-3	3/22/25 West Texas Relays
28	Breanna SWABY	FR	Hawkeye (Iowa) CC	0.80		34.79m 114-2	4/12/25 Mustang Distance Carnival &
29	Zuriya ROBINSON	SO	#14 Iowa Central CC {2}	0.75		34.67m 113-9	4/12/25 Mustang Distance Carnival &
30	Alma CORDOVA	SO	#18 Colby (Kan.) CC	0.70		34.45m 113-0	3/29/25 Broncbuster Invitational
31	Brinley LENSCH	FR	#19 Paradise Valley (Ariz.)	0.65		33.84m 111-0	4/12/25 Gaucho Collegiate Outdoor In
32	Joslyn EBY	FR	Southeast (Neb.) CC	0.60		33.62m 110-4	3/28/25 Wildcat Classic
33	Aiyanna GREEN	SO	#21 Hutchinson (Kan.) CC	0.55		32.48m 106-7	3/29/25 Mark A. Phillips Tiger Open
34	Kahllah BAILEY	FR	#2 South Plains (Texas)	0.50		32.40m 106-4	3/22/25 West Texas Relays
35	Jada HOUGHTON	FR	Lansing (Mich.) CC	0.45		32.29m 105-11	3/22/25 Polar Bear Invitational (Indian
36	Kit BYARS	SO	North Iowa Area CC	0.40		31.89m 104-8	3/28/25 Emporia State Relays
37	Sarai SIMPSON	SO	#5 Iowa Western CC {4}	TM-4		31.55m 103-6	4/5/25 Concordia (Neb.) Outdoor Invi
38	Claire NICHOLS	SO	State Fair (Mo.)	0.30		31.52m 103-5	3/22/25 Missouri S&T Miner Invitationa
39	Brooke BERRY	SO	Muskegon (Mich.) CC {2}	0.28		31.18m 102-4	4/5/25 Golden Grizzly Invite
40	Aaliyah CHAVEZ	SO	#18 Colby (Kan.) CC {2}	0.25		31.15m 102-3	3/29/25 Broncbuster Invitational
41	Holly HYLTON	SO	#18 Colby (Kan.) CC {3}	0.23		30.89m 101-4	3/22/25 West Texas Relays
42	Brooke PRIBULICK	SO	Carroll (Md.) CC	0.20		30.65m 100-7	3/29/25 Towson Invitational
43	Dakota MUNDEN	FR	Trinidad State (Colo.)	0.18		30.35mA 99-7	3/29/25 Chuck Haering Classic
44	Marin PEOPLES	SO	#15 Cowley (Kan.) {5}	TM-5		30.30m 99-5	4/5/25 Friends Invitational
45	Morgan MOSLEY	FR	#7 Pima (Ariz.) CC	0.13		30.17m 98-11¾	4/12/25 Gaucho Collegiate Outdoor In
46	Kara-Jean STATON	FR	Southwestern (Iowa) C	0.10		29.98m 98-4½	3/21/25 Reiver Rust Buster
47	Imari HUMPHREY	FR	Dawson (Mont.) CC	0.08		29.85m 97-11¼	3/27/25 Yellowjackets Open
48	Danika LORDS	FR	Dawson (Mont.) CC {2}	0.05		29.79m 97-9	4/6/25 Al Bortke Open
49	Berkley OBERHAUS	FR	Lansing (Mich.) CC {2}	0.03		29.50m 96-9½	4/5/25 Golden Grizzly Invite
50	Brianna LEE	SO	#15 Cowley (Kan.) {6}	TM-6		28.27m 92-9	3/13/25 Dean Pryor Invitational



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	37.00		60.62m	198-11	3/29/25	Texas Relays
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	5.60	D	53.30m	174-11	3/29/25	Cody McBride/Distance in the
3	Shyla-Mae CONSTABLE	FR	#12 Central Arizona {2}	29.04		52.10m	170-11	3/22/25	Willie Williams/Dave Murray Di
4	Mercedes GLOVER	JR	#15 Cowley (Kan.)	26.17		49.67m	163-0	3/29/25	Mark A. Phillips Tiger Open
5	Ana MANOUSARIDIS	SO	#10 Coffeyville (Kan.) CC	24.02		49.20m	161-5	4/10/25	Red Raven Invite
6	Zadie MACKEY	FR	#3 Barton (Kan.) CC	21.94		48.96m	160-8	3/29/25	Mark A. Phillips Tiger Open
7	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	19.66		48.11m	157-10	3/22/25	Willie Williams/Dave Murray Di
8	Morgan MOSLEY	FR	#7 Pima (Ariz.) CC	17.24		46.84m	153-8	4/12/25	Gaucho Collegiate Outdoor In
9	Margherita SALA	SO	#4 Cloud County (Kan.) C	14.97		45.72m	150-0	3/23/25	Bethel (Kan.) College Open
10	Esteisy SALAS	SO	#1 New Mexico JC {2}	12.90		45.28m	148-7	4/12/25	Jo Meaker Classic & Multi
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	2.86	D	45.08m	147-11	4/12/25	Jo Meaker Classic & Multi
12	Deisheline MAYER SCOTT	FR	#21 Hutchinson (Kan.) CC	9.62		43.73m	143-6	3/29/25	Mark A. Phillips Tiger Open
13	Brianna LEE	SO	#15 Cowley (Kan.) {2}	8.61		43.63m	143-2	3/13/25	Dean Pryor Invitational
14	Alma CORDOVA	SO	#18 Colby (Kan.) CC	7.56		43.36m	142-3	3/29/25	Bronbuster Invitational
15	Chin-Loy RAYMOND	SO	#5 Iowa Western CC	6.55		43.29m	142-1	3/29/25	Bobcat Invitational (Texas Sta
16	Cierra GRAY	SO	#15 Cowley (Kan.) {3}	2.46	D	42.78m	140-4	3/13/25	Dean Pryor Invitational
17	Raina MASSEY	SO	Marion Military Institu	4.84		42.13m	138-3	4/5/25	Doc Anderson Invitational
18	Mayce MCDONALD	SO	#15 Cowley (Kan.) {4}	TM-4		41.95m	137-8	3/13/25	Dean Pryor Invitational
19	Tomi GALL	SO	Garden City (Kan.) CC	3.79		41.86m	137-4	3/22/25	West Texas Relays
20	McKayla KUPICKI	SO	#10 Coffeyville (Kan.) CC {2}	3.24		41.56m	136-4	4/10/25	Red Raven Invite
21	Zuriya ROBINSON	SO	#14 Iowa Central CC	2.72		41.43m	135-11	4/12/25	Mustang Distance Carnival &
22	Cynthia ALBERT	FR	#20 Indian Hills (Iowa) CC	2.22		41.42m	135-11	4/5/25	Wartburg Outdoor Select
23	Carla Kay BROWN	FR	#10 Coffeyville (Kan.) CC {3}	1.62		40.85m	134-0	3/13/25	Dean Pryor Invitational
24	Vivica ADDISON	SO	#4 Cloud County (Kan.) {2}	1.07		40.59m	133-2	3/29/25	Mark A. Phillips Tiger Open
25	Olivia COX	FR	Sauk Valley (Ill.) CC	0.96		40.25m	132-1	4/13/25	Olivet Nazarene Tiger Open
26	Amoni EVANS	FR	#15 Cowley (Kan.) {5}	TM-5		40.18m	131-10	3/13/25	Dean Pryor Invitational
27	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	0.85		39.61m	130-0	3/20/25	PV/ALTIS Invite
28	Bree ROWE	SO	#15 Cowley (Kan.) {6}	TM-6		39.60m	129-11	3/29/25	Mark A. Phillips Tiger Open
29	Katie COOK	FR	#15 Cowley (Kan.) {7}	TM-7		39.08m	128-3	3/29/25	Mark A. Phillips Tiger Open
30	Taia VELASCO	SO	Garden City (Kan.) CC {2}	0.70		39.02mA	128-0	4/3/25	Masked Rider Outdoor Open
31	Katy Jo KINDT	SO	#15 Cowley (Kan.) {8}	TM-8		38.64m	126-9	3/29/25	Mark A. Phillips Tiger Open
32	Piper CAMP	FR	#4 Cloud County (Kan.) {3}	0.60		37.93m	124-6	3/29/25	Mark A. Phillips Tiger Open
33	Gaby REEVE	SO	Muskegon (Mich.) CC	0.55		37.46m	122-11	4/5/25	Golden Grizzly Invite
34	Jessi MCDOWELL	FR	#15 Cowley (Kan.) {9}	TM-9		37.10m	121-9	3/29/25	Mark A. Phillips Tiger Open
35	Shaniece POWELL	FR	#10 Coffeyville (Kan.) CC {4}	TM-4		36.46m	119-8	3/13/25	Dean Pryor Invitational
36	Carmen SPEAR	FR	#19 Paradise Valley (Ariz.)	0.40		35.85m	117-8	3/20/25	PV/ALTIS Invite
37	Kara-Jean STATON	FR	Southwestern (Iowa) C	0.35		35.83m	117-7	3/21/25	Reiver Rust Buster
38	Izabel GAIN	SO	Highland (Kan.) CC	0.30		35.82m	117-6	4/5/25	Friends Invitational
39	Alicyn MCGINNIS	FR	#15 Cowley (Kan.) {10}	TM-10		35.30m	115-10	3/29/25	Mark A. Phillips Tiger Open
40	Jamelia NICHOLAS	SO	#12 Central Arizona {3}	0.25		35.28m	115-9	3/29/25	Cody McBride/Distance in the
41	Abbi RICHTER	SO	Southwestern (Iowa) {2}	0.23		34.84m	114-4	4/12/25	Dick Young Classic
42	Kit BYARS	SO	North Iowa Area CC	0.20		34.46m	113-1	4/11/25	Jim Duncan Invitational
43	Vanessa ESPARZA	SO	#1 New Mexico JC {4}	TM-4		34.39m	112-10	3/22/25	Wes Kittley Invitational
44	Temiloluwa AKINSANYA	SO	Howard (Md.) CC	0.15		34.28m	112-6	3/22/25	Alan Connie Shamrock Invitati
45	Delal AKTAY	SO	#18 Colby (Kan.) CC {2}	0.13		34.27m	112-5	3/29/25	Bronbuster Invitational
46	Lynniya WHITAKER	SO	Howard (Md.) CC {2}	0.10		33.14m	108-9	3/22/25	Alan Connie Shamrock Invitati
47	Claire NICHOLS	SO	State Fair (Mo.)	0.08		33.01m	108-4	3/15/25	Central Methodist Open
48	Cheyenne ELLIS	FR	Howard (Md.) CC {3}	0.05		32.54m	106-9	3/29/25	Seahawk Invitational
49	Jenna WILSON	FR	Garden City (Kan.) CC {3}	0.03		32.28m	105-11	3/29/25	Bronbuster Invitational
50	Lilleann SHACKLEFORD	FR	Cuyahoga (Ohio) CC	0.01		31.99m	105-0	4/13/25	Mount Union John Homan Op



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #3, April 15

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Rejoice AGBEWODIE	SO #12 Central Arizona	34.07	48.13m	157-11	3/22/25	Willie Williams/Dave Murray Di
2	Bruna VIEIRA DE JESUS	SO #1 New Mexico JC	31.80	47.37m	155-5	3/22/25	Wes Kittley Invitational
3	Suerena ALEXANDER	FR #2 South Plains (Texas)	29.11	45.45mA	149-2	4/3/25	Masked Rider Outdoor Open
4	Aliyah GIDHARRY	SO #12 Central Arizona {2}	26.69	44.00m	144-4	4/5/25	UCSD Triton Invitational
5	Jaeleigha ABALOS	FR #19 Paradise Valley (Ariz.)	24.65	43.84m	143-10	3/22/25	Willie Williams/Dave Murray Di
6	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	22.48	43.20m	141-9	3/28/25	Mesa Multis
7	Brynn FULLER	FR #25 Bismarck State (N.D.)	20.18	42.01m	137-10	3/28/25	Central Nebraska Challenge
8	Vivica ADDISON	SO #4 Cloud County (Kan.) C	17.13	37.96m	124-7	4/12/25	Wichita State K.T. Woodman I
9	Mya SHELDON	SO #25 Bismarck State (N.D.) {2}	15.10	37.87m	124-3	4/6/25	Al Bortke Open
10	Eden BROUWERS	FR #14 Iowa Central CC	12.97	37.19m	122-0	3/28/25	Emporia State Relays
11	Bailey HASELHORST	SO State Fair (Mo.)	10.80	36.02m	118-2	4/11/25	Mule Relays
12	Unitee BROWN	FR #14 Iowa Central CC {2}	9.80	36.01m	118-2	4/12/25	Mustang Distance Carnival &
13	April NECAISE	SO #7 Pima (Ariz.) CC	8.70	35.29m	115-10	3/29/25	Cody McBride/Distance in the
14	Mercedes GLOVER	JR #15 Cowley (Kan.)	7.67	35.06m	115-1	3/29/25	Mark A. Phillips Tiger Open
15	Maylee THOMPSON	SO #7 Pima (Ariz.) CC {2}	2.64	D 34.85m	114-4	3/28/25	Mesa Multis
16	Isabella SABALA	FR State Fair (Mo.) {2}	5.55	34.23m	112-4	3/29/25	SBU Bearcat Invitational
17	Chloe HANCOCK	FR #19 Paradise Valley (Ariz.) {2}	4.90	33.20m	108-11	3/28/25	Mesa Multis
18	Hannah DROEG	FR #7 Pima (Ariz.) CC {3}	2.37	D 32.96m	108-2	3/22/25	Willie Williams/Dave Murray Di
19	Destiny THOMPSON	FR Dawson (Mont.) CC	3.78	32.38m	106-3	3/22/25	Battlin' Bears/Yellowjacket O
20	Ella HOMAWOO	FR #14 Iowa Central CC {3}	3.26	32.21m	105-8	3/28/25	Emporia State Relays
21	Alicyn MCGINNIS	FR #15 Cowley (Kan.) {2}	2.64	31.40m	103-0	3/29/25	Mark A. Phillips Tiger Open
22	Armani LOPEZ	FR #7 Pima (Ariz.) CC {4}	TM-4	31.07m	101-11	4/5/25	UCSD Triton Invitational
23	Isabelle CULLENS	FR #10 Coffeyville (Kan.) CC	1.58	30.98m	101-8	3/13/25	Dean Pryor Invitational
24	Claire NICHOLS	SO State Fair (Mo.) {3}	1.04	30.72m	100-10	3/15/25	Central Methodist Open
25	Tatum MATHENY	FR #13 Mesa (Ariz.) CC {2}	0.95	30.39m	99-8½	4/12/25	Gaucha Collegiate Outdoor In
26	Emily SCHOLZ	FR #13 Mesa (Ariz.) CC {3}	0.90	30.33m	99-6¼	3/29/25	Cody McBride/Distance in the
27	Carlie CARLGREN	FR #4 Cloud County (Kan.) {2}	0.85	30.01m	98-5½	3/29/25	Mark A. Phillips Tiger Open
28	Kailan MCEWEN	FR Hawkeye (Iowa) CC	0.80	29.83m	97-10½	4/12/25	Mustang Distance Carnival &
29	Bella DETORRICE-WYNNE	SO Sauk Valley (Ill.) CC	0.75	29.04m	95-3½	4/5/25	Augustana Viking Olympics
30	Destiny PONDS	FR Butler (Kan.) CC	0.70	28.06m	92-¾	4/5/25	Friends Invitational
31	Abril OKON	SO #2 South Plains (Texas) {2}	0.65	27.11m	88-11½	4/12/25	Jo Meaker Classic & Multi
32	Raina MASSEY	SO Marion Military Institu	0.60	25.46m	83-6½	3/28/25	Thrills In The Hills
33	Jillian HULSING	SO Sauk Valley (Ill.) CC {2}	0.55	25.25m	82-10¼	4/5/25	Augustana Viking Olympics
34	Adaysha HOLLINESS	FR Marion Military Institu {2}	0.50	24.81m	81-4¾	3/28/25	Thrills In The Hills
35	Emma HERRERA	FR Pratt (Kan.) CC	0.45	23.82m	78-1¾	3/20/25	Kirk Baptiste Spring Break Invi
36	Sarah TEPP	SO Marian Ancilla (Ind.)	0.40	23.58m	77-4½	4/12/25	Indiana Little State Invitationa
37	Alexia WALKER	FR #3 Barton (Kan.) CC	0.35	23.37m	76-8¼	3/29/25	Mark A. Phillips Tiger Open
38	Delal AKTAY	SO #18 Colby (Kan.) CC	0.30	22.29m	73-1¾	3/22/25	West Texas Relays
39	Natalia BRZEZNAK	JR #13 Mesa (Ariz.) CC {4}	TM-4	22.00m	72-2¼	4/12/25	Gaucha Collegiate Outdoor In
40	Juwonna WHITEHORNE	FR #2 South Plains (Texas) {3}	0.25	21.75m	71-4¼	4/12/25	Jo Meaker Classic & Multi
41	Jazz DILWORTH	FR #16 Fort Scott (Kan.) CC	0.23	21.46m	70-5	3/28/25	Emporia State Relays
42	Cheyenne ELLIS	FR Howard (Md.) CC	0.20	19.65m	64-5¾	4/12/25	NJCAA Region 20 Outdoor Tra
43	Kamryn STEFANOSKI	SO Carroll (Md.) CC	0.18	19.58m	64-3	4/12/25	NJCAA Region 20 Outdoor Tra
44	Kira MESSERLY	FR #14 Iowa Central CC {4}	TM-4	19.34m	63-5½	3/28/25	Emporia State Relays
45	Layla KONSKI	FR #7 Pima (Ariz.) CC {5}	TM-5	19.21m	63-¼	3/28/25	Mesa Multis
46	Kaitlyn QUEEN	FR Hagerstown (Md.) CC	0.10	18.16m	59-7	3/29/25	Dr. Harry G.M. Jopson Invisati
47	Leah WRIGHT	FR #17 Allen (Kan.) CC	0.08	15.48m	50-9½	3/28/25	Emporia State Relays
48	Temiloluwa AKINSANYA	SO Howard (Md.) CC {2}	0.05	15.36m	50-4¾	4/12/25	NJCAA Region 20 Outdoor Tra
49	Layna ATALLAH	SO Lansing (Mich.) CC	0.03	13.56m	44-6	3/22/25	Polar Bear Invitational (Indian
50	Michaela CARNEY	SO Hagerstown (Md.) CC {2}	0.01	11.41m	37-5¼	4/12/25	NJCAA Region 20 Outdoor Tra



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #3, April 15

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	40.57		4,997	3/28/25 Mesa Multis
2	Abril OKON	SO	#2 South Plains (Texas)	33.94		4,532	4/12/25 Jo Meaker Classic & Multi
3	Hannah DROEG	FR	#7 Pima (Ariz.) CC	29.21		4,258	3/28/25 Mesa Multis
4	Maylee THOMPSON	SO	#7 Pima (Ariz.) CC {2}	26.93		4,230	3/28/25 Mesa Multis
5	Eden BROUWERS	FR	#14 Iowa Central CC	24.16		4,098	3/28/25 Emporia State Relays
6	Juwonna WHITEHORNE	FR	#2 South Plains (Texas) {2}	21.71		4,013	4/12/25 Jo Meaker Classic & Multi
7	Ella HOMAWOO	FR	#14 Iowa Central CC {2}	19.43		3,960	3/28/25 Emporia State Relays
8	Layla KONSKI	FR	#7 Pima (Ariz.) CC {3}	16.20		3,729	3/28/25 Mesa Multis
9	Isabelle CULLENS	FR	#10 Coffeyville (Kan.) CC	14.00		3,552	4/5/25 Friends Invitational
10	Jazz DILWORTH	FR	#16 Fort Scott (Kan.) CC	12.00		3,466	3/28/25 Emporia State Relays
11	Jakouria JAMERSON	SO	#16 Fort Scott (Kan.) CC {2}	10.00		3,328	3/28/25 Emporia State Relays
12	Chloe HANCOCK	FR	#19 Paradise Valley (Ariz.)	9.00		3,271	3/28/25 Mesa Multis
13	Kira MESSERLY	FR	#14 Iowa Central CC {3}	8.00		2,653	3/28/25 Emporia State Relays
14	Natalia BRZEZNIAK	JR	#13 Mesa (Ariz.) CC {2}	7.00		2,375	3/28/25 Mesa Multis
15	Leah WRIGHT	FR	#17 Allen (Kan.) CC	6.00		2,109	3/28/25 Emporia State Relays