

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #3, April 15

1

New Mexico JC Region 5

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	4	Kamaria KNIGHT	SO	11.41 (1.6)	3/22/25	24	2.27	26.27
► 100m	13	Amari PRATT	SO	11.63 (1.9)	4/12/25	8	0.86	8.86
► 100m	18	Tuwana MCLEAN	FR	11.72 (1.6)	3/22/25	#####	0.00	TM-3
► 100m	18	Nandy KIHUYU	SO	11.72 (1.0)	3/22/25	4	0.56	4.56
► 100m	26	Nalicia GLEN	FR	11.85w (2.5)	4/12/25	#####	0.00	TM-5
► 100m	38	Maliah EDWARDS	SO	11.98w (2.2)	3/29/25	#####	0.00	TM-6
► 100H	2	Maliah EDWARDS	SO	13.74 (1.3)	4/12/25	28	2.83	30.83
► 100H	47	Janita ANTIPINA	FR	16.61w (2.3)	3/29/25	0.075	0.00	0.08
► 200m	12	Kamaria KNIGHT	SO	23.97c (23.90A) (-3.6	4/3/25	9	0.85	9.85
► 200m	25	Amari PRATT	SO	24.37w (3.1)	3/22/25	0.95	0.30	1.25
► 200m	32	Maliah EDWARDS	SO	24.62 (1.3)	4/12/25	0.6	0.00	0.60
► 200m	41	Nalicia GLEN	FR	24.92c (24.85A) (-1.1	4/3/25	#####	0.00	TM-4
► 400m	6	Nandy KIHUYU	SO	54.75	4/12/25	20	1.48	21.48
► 400m	17	Jody ANN MITCHELL	SO	55.99	4/12/25	4.5	0.43	4.93
► 400m	30	Tuwana MCLEAN	FR	56.78	4/12/25	0.7	0.04	0.74
► 400H	5	Ysanne PEART	SO	1:02.96	4/12/25	22	1.91	23.91
► 800m	1	Amal KACHOURI	FR	2:07.84c (2:08.21A)	4/3/25	30	3.15	33.15
► 800m	2	Jody ANN MITCHELL	SO	2:08.22c (2:08.60A)	4/3/25	28	2.97	30.97
► 800m	7	Emilly SILVA	SO	2:10.69c (2:11.08A)	4/3/25	18	1.88	19.88
► 800m	16	Tyfone MARTINS	SO	2:17.58	3/29/25	#####	0.00	TM-4
► 800m	17	Daphne KAUSZ	SO	2:18.15	4/12/25	#####	0.00	TM-5
► 800m	18	Francesca ALVARADO	SO	2:18.32	3/29/25	#####	0.00	TM-6
► 800m	44	Ysanne PEART	SO	2:22.93c (2:23.35A)	4/3/25	#####	0.00	TM-7
► 1500m	11	Francesca ALVARADO	SO	4:42.48	3/29/25	10	0.88	10.88
► Steeple	7	Francesca ALVARADO	SO	11:25.35c (11:34.00A)	4/3/25	18	1.39	19.39
► Steeple	20	Hadii CHIHA	FR	11:58.84c (12:07.92A)	4/3/25	3	0.66	3.66
► Steeple	21	Lisel NDLOVU	FR	12:18.67c (12:27.99A)	4/3/25	2.5	0.33	2.83
► 5000m	7	Ines MRABET	FR	17:41.57c (17:56.19A)	4/3/25	18	1.21	19.21
► 5000m	31	Lisel NDLOVU	FR	18:35.24	3/29/25	0.65	0.02	0.67
► 5000m	42	Hadii CHIHA	FR	19:07.04	3/29/25	0.2	0.00	0.20
► 10,000m	4	Ines MRABET	FR	36:31.05	3/29/25	24	3.27	27.27
► 4x100	5	Amari Pratt, Nandy Kihuyu, Maliah Edwards, Kamaria Knight		45.88	3/22/25	22	2.60	24.60
► 4x400	1	Tuwana McLean, Ysanne Peart, Amari Pratt, Nandy Kihuyu		3:39.92	4/12/25	30	4.03	34.03
► 4x800	1	Emilly Silva, Jody Ann Mitchell, Tyfone Martins, Amal Kachouri		8:50.12	3/29/25	30	3.95	33.95
► HJ	1	Tiana PETROVA	FR	1.68m 5-6	3/29/25	30	4.55	34.55
► LJ	3	Kavel RITCHIE	SO	5.98m 19-7½ (1.4)	4/10/25	26	3.89	29.89

1

New Mexico JC Region 5

unch

LW: 1

[illegible]



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

2

South Plains (Texas)

Region 5



1

LW: 3

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	2	Ruth AGADAMA	SO	11.35 (1.1)	4/12/25	28	2.78	30.78
100m	38	Oluwatumininu SANYAOLU	FR	11.98c (11.95A) (1.4)	4/3/25	0.3	0.00	0.30
100m	42	Sydney ROQUEBRUN	SO	12.03 (1.6)	3/22/25	0.2	0.00	0.20
100H	6	Rashema LINDO	FR	13.94cw (13.90A) (2.3)	4/3/25	20	2.12	22.12
100H	8	Oluwatumininu SANYAOLU	FR	14.27 (1.8)	4/12/25	16	1.31	17.31
100H	20	Juwonna WHITEHORNE	FR	14.90cw (14.86A) (2.3)	4/3/25	D 2	0.39	2.39
100H	25	Abril OKON	SO	15.14w (2.1)	4/12/25	#####	0.00	TM-4
200m	9	Oluwatumininu SANYAOLU	FR	23.77w (3.3)	3/22/25	14	1.37	15.37
200m	42	Sydney ROQUEBRUN	SO	24.94w (3.2)	3/22/25	0.2	0.00	0.20
400m	34	Nour RAHOU	FR	57.77	4/12/25	0.5	0.00	0.50
400H	2	Nour RAHOU	FR	1:01.14c (1:01.03A)	4/3/25	28	3.09	31.09
Steeple	9	Alison GUAMAN TISALEMA	FR	11:31.35	4/12/25	14	1.18	15.18
5000m	23	Alison GUAMAN TISALEMA	FR	18:24.89c(18:40.11A)	4/3/25	1.5	0.20	1.70
HJ	3	Abril OKON	SO	1.62m 5-3¾	4/12/25	26	2.51	28.51
HJ	36	Juwonna WHITEHORNE	FR	1.41m 4-7½	4/12/25	0.4	0.00	0.40
PV	2	Olga LAPUZOVA	FR	3.65m 11-11¾	3/22/25	28	4.63	32.63
PV	8	Giuliana SCHIESARO	SO	3.35mA 10-11¾	2/7/25	16	0.42	16.42
LJ	5	Sydney ROQUEBRUN	SO	5.81mA 19-¾ (0.9)	4/3/25	22	2.50	24.50
LJ	6	Juwonna WHITEHORNE	FR	5.64m 18-6 (1.3)	3/22/25	20	1.31	21.31
LJ	9	Ruth AGADAMA	SO	5.57mA 18-3¼ (0.2)	4/3/25	14	0.82	14.82
LJ	28	Abril OKON	SO	5.33mw 17-6 (2.9)	4/12/25	#####	0.00	TM-4
SP	7	Kahllah BAILEY	FR	13.37mA 43-10½	2/7/25	18	1.50	19.50
SP	9	Suerena ALEXANDER	FR	13.24mA 43-5¼	2/7/25	14	1.35	15.35
SP	50	Abril OKON	SO	9.54m 31-3¾	4/12/25	0.01	0.00	0.01
DISC	34	Kahllah BAILEY	FR	32.40m 106-4	3/22/25	0.5	0.00	0.50
JAV	3	Suerena ALEXANDER	FR	45.45mA 149-2	4/3/25	26	3.11	29.11
JAV	31	Abril OKON	SO	27.11m 88-11½	4/12/25	0.65	0.00	0.65
JAV	40	Juwonna WHITEHORNE	FR	21.75m 71-4¼	4/12/25	0.25	0.00	0.25
HEPT	2	Abril OKON	SO	4,532	4/12/25	28	5.94	33.94
HEPT	6	Juwonna WHITEHORNE	FR	4,013	4/12/25	20	1.71	21.71

SOUTH PLAINS (TEXAS) TFRI Team Total 396.75

3

Barton (Kan.) CC

Region 6



13

LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	33	Kennidra SPIGNER	FR	11.94w (2.5)	3/29/25	0.55	0.00	0.55
100m	40	Takelia WILLIAMS	FR	11.99w (2.5)	3/29/25	0.25	0.00	0.25
100m	48	Ty'yanah ADAMS	FR	12.21 (0.7)	4/12/25	0.05	0.00	0.05
100H	9	Ty'yanah ADAMS	FR	14.33 (0.5)	4/12/25	14	1.16	15.16
100H	33	Wildlife VERMILUS	SO	15.61w (4.0)	3/29/25	0.55	0.00	0.55
200m	3	Kayda AUSTIN	FR	23.43 (-0.3)	4/12/25	26	2.58	28.58
200m	24	Kennidra SPIGNER	FR	24.36 (0.5)	4/12/25	1	0.31	1.31
200m	36	Takelia WILLIAMS	FR	24.73 (1.9)	4/12/25	0.4	0.00	0.40
400m	1	Keliza SMITH	SO	52.91	4/12/25	30	4.19	34.19
400m	18	Narissa MCPHERSON	FR	56.11	4/12/25	4	0.37	4.37
400H	8	Kialia CLAIBORNE	SO	1:04.13	4/12/25	16	1.29	17.29
800m	4	Shone WALTERS	SO	2:09.94	4/12/25	24	2.20	26.20
800m	43	Alexia WALKER	FR	2:22.70	4/12/25	0.175	0.00	0.18
4x100	1	Keliza Smith, Kayda Austin, Kennidra Spigner, Takelia Williams		44.70	4/12/25	30	4.70	34.70
4x400	4	Shone Walters, Keliza Smith, Narissa McPherson, Natasha Fox		3:41.44	4/12/25	24	3.70	27.70
LJ	4	Celine RIDDLE	FR	5.84m 19-2 (-2.4)	4/12/25	24	2.71	26.71
LJ	14	Alexia WALKER	FR	5.54mw 18-2¼ (3.1)	3/29/25	7	0.62	7.62
LJ	21	Kymia BRIDGETT	FR	5.48m 17-11¾ (1.7)	4/4/25	2.5	0.41	2.91
LJ	24	Chloe PERRYMAN	SO	5.42mw 17-9½ (2.7)	4/12/25	#####	0.00	TM-4
TJ	2	Celine RIDDLE	FR	12.15m 39-10½ (1.1)	4/12/25	28	2.34	30.34
TJ	10	Kymia BRIDGETT	FR	11.68m 38-4 (0.2)	4/12/25	12	1.20	13.20
DISC	1	Cedricka WILLIAMS	SO	54.22m 177-11	3/29/25	30	4.66	34.66
DISC	3	Ivanilda SEMEDO	SO	51.90m 170-4	3/29/25	26	3.80	29.80
DISC	5	Zadie MACKEY	FR	45.29m 148-7	4/4/25	22	1.97	23.97
HT	6	Zadie MACKEY	FR	48.96m 160-8	3/29/25	20	1.94	21.94
JAV	37	Alexia WALKER	FR	23.37m 76-8¼	3/29/25	0.35	0.00	0.35

BARTON (KAN.) CC TFRI Team Total 382.99



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

4

Cloud County (Kan.) CC

Region 6



2

LW: 2

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	1	Maimuna JALLOW	FR	11.30 (2.0)	4/12/25	30	3.21	33.21
100H	10	Nanhi PANNU	FR	14.41w (3.2)	4/12/25	12	0.97	12.97
100H	12	Chenessa DAVIS	SO	14.47 (-0.9)	4/5/25	9	0.90	9.90
100H	42	Carlie CARLGREN	FR	16.12w (2.5)	4/12/25	0.2	0.00	0.20
100H	49	Maeva CURE	SO	16.85w (2.5)	4/12/25	#####	0.00	TM-4
200m	7	Rafiatu NUHU	SO	23.72w (2.5)	4/12/25	18	1.50	19.50
400m	2	Rafiatu NUHU	SO	53.02	4/12/25	28	4.01	32.01
400m	12	Nontokozi NCUBE	SO	55.19	4/12/25	9	1.03	10.03
400H	7	Nanhi PANNU	FR	1:03.34	4/5/25	18	1.71	19.71
400H	32	Jaelyn RUMBACK	SO	1:10.51	3/29/25	0.6	0.00	0.60
800m	5	Nontokozi NCUBE	SO	2:09.98	4/5/25	22	2.19	24.19
800m	6	N Vanee ANCHIKE	SO	2:10.44	4/5/25	20	1.98	21.98
800m	9	Mercy ANGAAMCHAAB	SO	2:11.85	4/5/25	14	1.52	15.52
800m	15	Amanda KOTAMBE	FR	2:16.14	4/5/25	#####	0.00	TM-4
1500m	2	N Vanee ANCHIKE	SO	4:30.90	4/12/25	28	3.36	31.36
1500m	4	Mercy ANGAAMCHAAB	SO	4:37.48	4/12/25	24	1.78	25.78
1500m	33	Amanda KOTAMBE	FR	4:52.88	3/29/25	0.55	0.00	0.55
Steeple	22	Amanda KOTAMBE	FR	12:20.64	4/12/25	2	0.30	2.30
4x400	13	Carlie Carlgren, Jaelyn Rumbback, Amanda Kotambe, Maimuna Jallow		4:08.33	3/29/25	8	0.45	8.45
HJ	12	Chenessa DAVIS	SO	1.55m 5-1	3/29/25	9	0.77	9.77
HJ	12	Cordaelia WILLIAMS	SO	1.55m 5-1	3/29/25	9	0.77	9.77
HJ	45	Carlie CARLGREN	FR	1.36m 4-5½	4/5/25	0.125	0.00	0.13
PV	7	Bradie MEDINA	SO	3.44m 11-3½	4/12/25	18	1.56	19.56
LJ	23	Nanhi PANNU	FR	5.45mw 17-10¾ (2.7)	3/29/25	1.5	0.30	1.80
LJ	25	Nele GOESL	FR	5.41mw 17-9 (2.6)	3/29/25	0.95	0.16	1.11
LJ	47	Tahlia LIENERT	FR	5.01mw 16-5¼ (2.4)	3/29/25	0.075	0.00	0.08
TJ	20	Nele GOESL	FR	10.98m 36-¼ (-0.1)	4/5/25	3	0.45	3.45
TJ	25	Kiley SMICH	FR	10.60mw 34-9½ (3.4)	3/29/25	0.95	0.05	1.00
SP	38	Vivica ADDISON	SO	10.09m 33-1¼	3/23/25	0.3	0.00	0.30
DISC	16	Margherita SALA	SO	37.62m 123-5	3/29/25	5	0.41	5.41
HT	9	Margherita SALA	SO	45.72m 150-0	3/23/25	14	0.97	14.97
HT	24	Vivica ADDISON	SO	40.59m 133-2	3/29/25	1	0.07	1.07
HT	32	Piper CAMP	FR	37.93m 124-6	3/29/25	0.6	0.00	0.60
JAV	8	Vivica ADDISON	SO	37.96m 124-7	4/12/25	16	1.13	17.13
JAV	27	Carlie CARLGREN	FR	30.01m 98-5½	3/29/25	0.85	0.00	0.85

CLOUD COUNTY (KAN.) CC TFRI Team Total 355.24

5

Iowa Western CC

Region 11



2

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	13	Serena GRACE	FR	11.63 (2.0)	4/12/25	8	0.86	8.86
100m	28	Judith KOU MEDZINA	SO	11.92w (2.2)	3/29/25	0.8	0.02	0.82
100H	12	Tanique TAYLOR	SO	14.47w (2.6)	3/29/25	9	0.90	9.90
200m	11	Serena GRACE	FR	23.87 (2.0)	4/12/25	10	1.11	11.11
200m	29	Judith KOU MEDZINA	SO	24.52 (2.0)	4/12/25	0.75	0.11	0.86
400H	12	Tanique TAYLOR	SO	1:04.92	3/29/25	9	0.93	9.93
Steeple	2	Elizabeth EWUSIE	FR	10:50.88	3/28/25	28	2.95	30.95
5000m	8	Wijdane INZALINE	FR	17:43.16	4/5/25	16	1.15	17.15
5000m	44	Ayianna OLIVAS	SO	19:18.81	3/29/25	0.15	0.00	0.15
10,000m	15	Ayianna OLIVAS	SO	40:15.61	4/12/25	6	0.00	6.00
4x100	9	Judith Koumedzina, Serena Grace, Taeja Barte, Tanique Taylor		46.87	4/12/25	14	1.46	15.46
HJ	11	Rasheda SAMUELS	FR	1.56m 5-1¼	4/5/25	10	0.95	10.95
LJ	1	Sakina UMAR	SO	5.99m 19-8 (0.6)	3/29/25	30	3.99	33.99
LJ	40	Taeja BARTEE	FR	5.19mw 17-½ (2.1)	3/29/25	0.25	0.00	0.25
TJ	1	Mercy HONESTY	SO	13.35m 43-9¾ (0.5)	3/27/25	30	5.89	35.89
TJ	14	Elfie SANOGO	FR	11.35m 37-3 (-1.9)	3/21/25	7	0.85	7.85
TJ	29	Brooklyn VOMACKA	FR	10.18m 33-4¾ (0.0)	4/5/25	0.75	0.00	0.75
SP	3	Sarai SIMPSON	SO	14.73m 48-4	4/5/25	26	3.09	29.09
SP	4	Chin-Loy RAYMOND	SO	14.51m 47-7¼	4/12/25	24	2.77	26.77
SP	12	Monifa EDWARDS	FR	12.68m 41-7¼	4/12/25	9	0.96	9.96
SP	17	Lovely HIBBERT	FR	11.77m 38-7½	3/21/25	#####	0.00	TM-4
SP	34	Brandy JARMON	FR	10.36m 34-0	3/21/25	#####	0.00	TM-5
DISC	10	Monifa EDWARDS	FR	41.44m 136-0	4/12/25	12	0.97	12.97
DISC	11	Lovely HIBBERT	FR	40.47m 132-10	4/5/25	10	0.83	10.83
DISC	20	Chin-Loy RAYMOND	SO	36.48m 119-8	3/29/25	D 2	0.24	2.24
DISC	37	Sarai SIMPSON	SO	31.55m 103-6	4/5/25	#####	0.00	TM-4
HT	15	Chin-Loy RAYMOND	SO	43.29m 142-1	3/29/25	6	0.55	6.55

IOWA WESTERN CC TFRI Team Total 299.25



National TFRI Team Summary



WOMEN — 2025 Checkpoint #3, April 15

6

Hinds (Miss.) CC

Region 23

unch

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	5	Trinity MONTGOMERY	SO	11.46w (3.0)	4/5/25	22	1.84	23.84
▶ 100m	11	Caneilia HOPE	FR	11.59 (0.9)	4/11/25	10	1.08	11.08
▶ 100m	33	Ritorion VIGNE	SO	11.94w (2.4)	4/5/25	0.55	0.00	0.55
▶ 100H	5	Seanna GAYE-LESLIE	FR	13.88 (1.3)	4/11/25	22	2.30	24.30
▶ 100H	14	Lenasia DRUMMOND	SO	14.48 (1.3)	4/11/25	7	0.88	7.88
▶ 200m	2	La'Nica LOCKER	SO	23.26 (1.8)	4/11/25	28	3.27	31.27
▶ 400m	3	Queen USUNOBUN	FR	53.82	4/5/25	26	2.73	28.73
▶ 400m	8	Twyshanna HUIE	SO	55.03	3/22/25	16	1.19	17.19
▶ 400m	8	La'Nica LOCKER	SO	55.03	4/5/25	16	1.19	17.19
▶ 400m	21	Caydence BREWER	SO	56.17	4/5/25	#####	0.00	TM-4
▶ 400m	46	Qiana PIERCE	FR	59.42	4/3/25	#####	0.00	TM-5
▶ 400m	47	T'kyla BENNETT	SO	59.56	4/11/25	#####	0.00	TM-6
▶ 400H	3	T'kyla BENNETT	SO	1:01.21	4/5/25	26	3.03	29.03
▶ 400H	4	Twyshanna HUIE	SO	1:01.87	4/5/25	24	2.50	26.50
▶ 4x100	4	#Type!		45.82	3/22/25	24	2.70	26.70
▶ 4x400	5	Twyshanna Huie, Caydence Brewer, T'kyla Bennett, Queen Usunobun		3:41.98	4/11/25	22	3.58	25.58
▶ HJ	6	Qiana PIERCE	FR	1.60m 5-3	3/22/25	20	1.87	21.87

HINDS (MISS.) CC TFRI Team Total 291.72

7

Pima (Ariz.) CC

Region 1

▼

3

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	26	Hannah DROEG	FR	15.17 (-1.1)	3/28/25	0.9	0.09	0.99
▶ 100H	31	Layla KONSKI	FR	15.57 (-1.1)	3/28/25	0.65	0.00	0.65
▶ 100H	38	Tyler WASHINGTON	SO	15.75 (-0.9)	4/12/25	0.3	0.00	0.30
▶ 100H	43	Tyra CHRISTEAN.	FR	16.14 (-0.9)	4/12/25	#####	0.00	TM-4
▶ 100H	46	Maylee THOMPSON	SO	16.34 (-1.7)	3/28/25	#####	0.00	TM-5
▶ 400m	36	J'layah SPELLMAN COLLINS	SO	57.91	3/22/25	0.4	0.00	0.40
▶ 400H	13	Tyra CHRISTEAN.	FR	1:04.94	4/5/25	8	0.92	8.92
▶ 400H	18	Hannah DROEG	FR	1:06.06	4/5/25	4	0.64	4.64
▶ 400H	41	Tyler WASHINGTON	SO	1:21.33	3/29/25	0.225	0.00	0.23
▶ 800m	21	Reatta DANOFF	SO	2:18.66	4/5/25	2.5	0.38	2.88
▶ 1500m	26	Reatta DANOFF	SO	4:50.78	4/5/25	0.9	0.08	0.98
▶ 1500m	31	Linda RIVERO	SO	4:52.54	3/22/25	0.65	0.00	0.65
▶ 10,000m	18	Elexia ARAGON	FR	42:01.74	4/5/25	4	0.00	4.00
▶ 10,000m	19	Elizabeth COPPOLA	FR	42:45.88	4/5/25	3.5	0.00	3.50
▶ 4x100	16	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins		48.79	3/22/25	5	0.26	5.26
▶ 4x400	10	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin		4:00.58	3/22/25	12	0.94	12.94
▶ HJ	3	Isabel GREEN	SO	1.62m 5-3¾	4/5/25	26	2.51	28.51
▶ HJ	7	April NECAISE	SO	1.59m 5-2½	3/22/25	18	1.64	19.64
▶ HJ	8	Tyler WASHINGTON	SO	1.57m 5-1¾	4/12/25	#####	0.00	TM-3
▶ HJ	8	Janiya ROSS	SO	1.57m 5-1¾	4/12/25	16	1.18	17.18
▶ HJ	28	Hannah DROEG	FR	1.45m 4-9	3/28/25	#####	0.00	TM-5
▶ HJ	40	Maylee THOMPSON	SO	1.39m 4-6¾	3/28/25	#####	0.00	TM-6
▶ HJ	45	Layla KONSKI	FR	1.36m 4-5½	3/28/25	#####	0.00	TM-7
▶ PV	6	Morgan PEPE	SO	3.50m 11-5¾	4/5/25	20	2.32	22.32
▶ LJ	8	Maylee THOMPSON	SO	5.60m 18-4½ (2.0)	4/5/25	16	1.03	17.03
▶ LJ	33	Layla KONSKI	FR	5.29m 17-4¼ (0.5)	3/22/25	0.55	0.00	0.55
▶ LJ	47	Hannah DROEG	FR	5.01m 16-5¼ (1.1)	3/28/25	0.075	0.00	0.08
▶ TJ	17	Layla KONSKI	FR	11.16m 36-7½ (1.3)	3/22/25	4.5	0.64	5.14
▶ TJ	31	April NECAISE	SO	9.90m 32-5¾ (0.1)	3/22/25	0.65	0.00	0.65
▶ SP	26	Morgan MOSLEY	FR	11.01m 36-1½	4/12/25	0.9	0.00	0.90
▶ SP	42	Hannah DROEG	FR	9.85m 32-3¾	3/28/25	0.2	0.00	0.20
▶ SP	46	Armani LOPEZ	FR	9.62m 31-6¾	3/22/25	0.1	0.00	0.10
▶ SP	49	Bianca CORONA	FR	9.55m 31-4	4/12/25	#####	0.00	TM-4
▶ DISC	45	Morgan MOSLEY	FR	30.17m 98-11¾	4/12/25	0.125	0.00	0.13
▶ HT	8	Morgan MOSLEY	FR	46.84m 153-8	4/12/25	16	1.24	17.24



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

7

Pima (Ariz.) CC

Region 1



3

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
JAV	13	April NECAISE	SO	35.29m 115-10	3/29/25	8	0.70	8.70
JAV	15	Maylee THOMPSON	SO	34.85m 114-4	3/28/25	D 2	0.64	2.64
JAV	18	Hannah DROEG	FR	32.96m 108-2	3/22/25	D 2	0.37	2.37
JAV	22	Armani LOPEZ	FR	31.07m 101-11	4/5/25	#####	0.00	TM-4
JAV	45	Layla KONSKI	FR	19.21m 63-¼	3/28/25	#####	0.00	TM-5
HEPT	3	Hannah DROEG	FR	4,258	3/28/25	26	3.21	29.21
HEPT	4	Maylee THOMPSON	SO	4,230	3/28/25	24	2.93	26.93
HEPT	8	Layla KONSKI	FR	3,729	3/28/25	16	0.20	16.20

PIMA (ARIZ.) CC TFRI Team Total 262.03

8

Odessa (Texas)

Region 5



6

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
800m	3	Millicent WAFULA	FR	2:09.53c (2:09.91A)	4/3/25	D 2	2.39	4.39
800m	11	Kaydeen JOHNSON	FR	2:14.13c (2:14.53A)	4/3/25	10	1.01	11.01
1500m	1	Millicent WAFULA	FR	4:23.63	3/29/25	30	5.49	35.49
1500m	3	Kaydeen JOHNSON	FR	4:31.96	3/29/25	26	3.06	29.06
1500m	6	Salma SADDUG	FR	4:38.58	3/22/25	D 2	1.58	3.58
1500m	8	Elizabeth ILANDA	FR	4:40.51	3/22/25	#####	0.00	TM-4
1500m	21	Lilian MATEO	SO	4:47.68c (4:51.16A)	4/3/25	#####	0.00	TM-5
Steeple	1	Salma SADDUG	FR	10:32.38	3/29/25	30	4.05	34.05
5000m	1	Elizabeth ILANDA	FR	16:27.59	3/29/25	30	4.59	34.59
5000m	2	Millicent WAFULA	FR	16:27.64	4/12/25	28	4.59	32.59
5000m	5	Salma SADDUG	FR	17:27.02	4/12/25	22	1.76	23.76
5000m	10	Lilian MATEO	SO	17:47.21	4/12/25	#####	0.00	TM-4
10,000m	1	Elizabeth ILANDA	FR	35:32.01	4/12/25	30	8.10	38.10
10,000m	16	Miguelis PUPO BRIZUELA	SO	40:53.30	4/12/25	5	0.00	5.00

ODESSA (TEXAS) TFRI Team Total 251.61

9

Salt Lake (Utah) CC

Region 18



4

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
400m	43	Avery JENSEN	SO	59.12c (59.01A)	4/11/25	0.175	0.00	0.18
800m	10	Lindsey LOPES	FR	2:13.07	3/22/25	12	1.16	13.16
800m	14	Avery JENSEN	SO	2:15.12c (2:15.80A)	3/28/25	7	0.87	7.87
800m	24	Elayna LOVERIDGE	SO	2:20.08c (2:20.79A)	3/28/25	1	0.19	1.19
800m	33	Tara BOUCK	FR	2:21.13	3/22/25	#####	0.00	TM-4
800m	46	Katelyn CARLILE	FR	2:23.66c (2:24.39A)	3/28/25	#####	0.00	TM-5
1500m	5	Elayna LOVERIDGE	SO	4:37.84	3/22/25	22	1.72	23.72
1500m	7	Angelina LIONE	FR	4:38.63c (5:07.10A)	3/28/25	18	1.57	19.57
1500m	10	Angela Denisse SALADO FERNANDEZ	SO	4:40.92c (5:09.63A)	3/28/25	12	1.16	13.16
1500m	13	Naomi SOTELO	SO	4:43.02c (5:11.93A)	3/28/25	#####	0.00	TM-4
1500m	20	Sarah NICHOLLES	FR	4:47.27c (5:16.73A)	4/11/25	#####	0.00	TM-5
1500m	24	Mazee SOUTHWARD	FR	4:48.85c (5:18.48A)	4/11/25	#####	0.00	TM-6
1500m	38	Joelle WHITWORTH	SO	4:54.29c (5:24.37A)	3/28/25	#####	0.00	TM-7
1500m	40	Ava BERG	FR	4:54.56c (5:24.66A)	3/28/25	#####	0.00	TM-8
1500m	46	Keira STACEY	FR	4:57.38c (5:27.76A)	3/28/25	#####	0.00	TM-9
1500m	47	Kenadee BUSHMAN	FR	4:58.00c (5:28.45A)	3/28/25	#####	0.00	TM-10
1500m	48	Tara BOUCK	FR	4:58.04c (5:28.50A)	3/28/25	#####	0.00	TM-11
1500m	49	Jenna WALTERS	FR	4:58.77c (5:29.30A)	3/28/25	#####	0.00	TM-12
Steeple	4	Melanie ANDERSON	FR	11:06.23	4/5/25	24	2.09	26.09
Steeple	8	Marjie RICHARDS	FR	11:26.40	4/5/25	16	1.35	17.35
Steeple	11	Tabetha HENRIE	FR	11:35.20	4/5/25	10	1.08	11.08
Steeple	16	Katie REAVELEY	FR	11:42.73	4/5/25	#####	0.00	TM-4
5000m	12	Maddie PEARSON	FR	17:51.85c(18:18.58A)	3/28/25	9	0.83	9.83
5000m	19	Elayna LOVERIDGE	SO	18:20.06	4/5/25	3.5	0.28	3.78
5000m	25	Naomi SOTELO	SO	18:25.26	4/5/25	0.95	0.19	1.14
5000m	28	Ava BERG	FR	18:29.89c(18:58.72A)	4/12/25	#####	0.00	TM-4
5000m	29	Grace WAITE	FR	18:30.54c(18:58.23A)	3/28/25	#####	0.00	TM-5
5000m	33	Cambrie BABCOCK	FR	18:37.08c(19:06.10A)	4/12/25	#####	0.00	TM-6
5000m	34	Kenadee BUSHMAN	FR	18:39.44c(19:08.52A)	4/12/25	#####	0.00	TM-7
5000m	47	Keira STACEY	FR	19:25.59c(19:55.87A)	4/12/25	#####	0.00	TM-8
10,000m	2	Angela Denisse SALADO FERNANDEZ	SO	35:35.80	4/5/25	28	7.78	35.78
10,000m	3	Angelina LIONE	FR	36:08.76	4/5/25	26	5.05	31.05
10,000m	5	Lindsie FAUSETT	SO	37:06.50	4/5/25	22	1.85	23.85
10,000m	8	Alix CRAWFORD	FR	37:31.84	4/5/25	#####	0.00	TM-4
10,000m	10	Joelle WHITWORTH	SO	38:11.99	4/5/25	#####	0.00	TM-5
10,000m	12	America RODRIGUEZ	FR	39:24.14	4/5/25	#####	0.00	TM-6



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

9

Salt Lake (Utah) CC

Region 18



4

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
▶ 4x400	12	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley		4:07.01c (4:06.57A)	3/28/25	9	0.53	9.53

SALT LAKE (UTAH) CC TFRI Team Total 248.34

10

Coffeyville (Kan.) CC

Region 6



2

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	10	Royanah FARMER	SO	11.55w (2.8)	3/29/25	12	1.30	13.30
▶ 100m	22	Linya GEDEON	SO	11.76 (-0.6)	4/10/25	2	0.45	2.45
▶ 100m	42	Tierra WILLIAMS	FR	12.03w (2.1)	3/23/25	0.2	0.00	0.20
▶ 100m	46	Dhakiya BLAKE	SO	12.11w (2.1)	3/23/25	#####	0.00	TM-4
▶ 100H	7	Linya GEDEON	SO	13.98w (3.2)	3/29/25	18	2.02	20.02
▶ 100H	30	Ja'Kheria KELSER	FR	15.47 (0.8)	3/13/25	0.7	0.00	0.70
▶ 200m	6	Royanah FARMER	SO	23.70 (0.0)	4/10/25	20	1.55	21.55
▶ 200m	13	Linya GEDEON	SO	24.05 (0.0)	4/10/25	8	0.71	8.71
▶ 200m	17	Tierra WILLIAMS	FR	24.16 (0.0)	4/10/25	4.5	0.56	5.06
▶ 200m	20	Dhakiya BLAKE	SO	24.26 (0.0)	4/10/25	#####	0.00	TM-4
▶ 200m	43	Ja'Kheria KELSER	FR	25.04w (3.3)	3/13/25	#####	0.00	TM-5
▶ 200m	47	Frankajha FLEMING	FR	25.14 (0.0)	4/10/25	#####	0.00	TM-6
▶ 400m	13	Tierra WILLIAMS	FR	55.22	4/10/25	8	1.00	9.00
▶ 400m	14	Dhakiya BLAKE	SO	55.31	4/10/25	7	0.91	7.91
▶ 400m	15	Amalinaly PEMBERTON	SO	55.67	3/29/25	6	0.59	6.59
▶ 400H	17	Ja'Kheria KELSER	FR	1:05.72	3/23/25	4.5	0.72	5.22
▶ 400H	35	Jayda GREEN	SO	1:11.38	3/13/25	0.45	0.00	0.45
▶ 800m	30	Amalinaly PEMBERTON	SO	2:20.57	4/10/25	0.7	0.12	0.82
▶ 4x100	3	Dhakiya Blake, Royanah Farmer, Tierra Williams, Linya Gedeon		45.42	3/29/25	26	3.40	29.40
▶ 4x400	6	Tierra Williams, Dhakiya Blake, Ja'Kheria Kelsler, Amalinaly Pemberton		3:46.54	3/29/25	20	2.80	22.80
▶ HJ	40	Isabelle CULLENS	FR	1.39m 4-6¾	4/5/25	0.25	0.00	0.25
▶ PV	18	Isabelle CULLENS	FR	3.01m 9-10½	3/29/25	D 2	0.00	2.00
▶ PV	19	Anna WASHBURN	FR	2.86m 9-4½	3/29/25	3.5	0.00	3.50
▶ TJ	15	Isabelle CULLENS	FR	11.23m 36-10¼ (1.7)	4/10/25	6	0.72	6.72
▶ TJ	28	Anna WASHBURN	FR	10.40mw 34-1½ (3.8)	3/29/25	0.8	0.00	0.80
▶ SP	29	Shaniece POWELL	FR	10.76m 35-3¾	4/10/25	0.75	0.00	0.75
▶ DISC	7	Carla Kay BROWN	FR	45.00m 147-8	4/10/25	18	1.89	19.89
▶ DISC	18	McKayla KUPLOCKI	SO	37.29m 122-4	3/23/25	4	0.36	4.36
▶ DISC	19	Shaniece POWELL	FR	36.50m 119-9	3/13/25	3.5	0.24	3.74
▶ HT	5	Ana MANOUSARIDIS	SO	49.20m 161-5	4/10/25	22	2.02	24.02
▶ HT	20	McKayla KUPLOCKI	SO	41.56m 136-4	4/10/25	3	0.24	3.24
▶ HT	23	Carla Kay BROWN	FR	40.85m 134-0	3/13/25	1.5	0.12	1.62
▶ HT	35	Shaniece POWELL	FR	36.46m 119-8	3/13/25	#####	0.00	TM-4
▶ JAV	23	Isabelle CULLENS	FR	30.98m 101-8	3/13/25	1.5	0.08	1.58
▶ HEPT	9	Isabelle CULLENS	FR	3,552 4/5/25	14	0.00	14.00	



USTFCCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

10

Coffeyville (Kan.) CC

Region 6



2

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
COFFEYVILLE (KAN.) CC TFRI Team Total								240.66

11

Western Texas

Region 5



1

LW: 10

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								

▶ 100m	12	Lovina EWUSI	SO	11.60 (1.6)	3/22/25	D 2	1.02	3.02
▶ 100m	21	Charlize FRASER	FR	11.75w (2.9)	4/12/25	D 2	0.48	2.48
▶ 100m	24	Kyja WILLIS	FR	11.81w (2.9)	4/12/25	1	0.32	1.32
▶ 100H	1	Brieanna BOYCE	SO	13.50w (2.8)	3/22/25	30	3.76	33.76
▶ 100H	4	Lovina EWUSI	SO	13.85 (1.8)	3/29/25	24	2.41	26.41
▶ 200m	4	Charlize FRASER	FR	23.66w (2.5)	3/22/25	24	1.67	25.67
▶ 200m	20	Lovina EWUSI	SO	24.26c (24.19A) (-3.6)	4/3/25	D 2	0.44	2.44
▶ 200m	28	Brieanna BOYCE	SO	24.46c (24.39A) (-3.6)	4/3/25	0.8	0.18	0.98
▶ 200m	32	Kyja WILLIS	FR	24.62w (4.0)	3/22/25	#####	0.00	TM-4
▶ 400m	4	Lovina EWUSI	SO	54.05	4/12/25	D 2	2.37	4.37
▶ 400m	11	Charlize FRASER	FR	55.13c (55.02A)	4/3/25	10	1.09	11.09
▶ 400m	19	Shagay SHEPPY	FR	56.12	3/22/25	3.5	0.37	3.87
▶ 400H	1	Lovina EWUSI	SO	59.86	3/22/25	30	4.17	34.17
▶ 400H	6	Brieanna BOYCE	SO	1:03.14	3/29/25	20	1.81	21.81
▶ 4x100	6	Kyja Willis, Lovina Ewusi, Brieanna Boyce, Charlize Fraser		45.96	4/12/25	20	2.50	22.50
▶ 4x400	2	Shagay Sheppy, Lovina Ewusi, Brieanna Boyce, Charlize Fraser		3:41.27	3/29/25	28	3.73	31.73

WESTERN TEXAS TFRI Team Total 225.62

12

Central Arizona

Region 1



3

LW: 9

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								

▶ 100m	7	Mickayla GARDENER	FR	11.51 (1.5)	4/5/25	18	1.52	19.52
▶ 100H	35	Aliyah GIDHARRY	SO	15.62 (-1.7)	3/28/25	0.45	0.00	0.45
▶ 200m	8	Mickayla GARDENER	FR	23.76 (0.2)	3/22/25	16	1.39	17.39
▶ 400m	27	Mickayla GARDENER	FR	56.57	4/12/25	0.85	0.14	0.99
▶ 400m	32	Grace KOMBETTO	SO	57.38	3/29/25	0.6	0.00	0.60
▶ 400m	37	Amiyanee HARRIS	SO	58.22	3/29/25	0.35	0.00	0.35
▶ 800m	22	Grace KOMBETTO	SO	2:18.74	4/12/25	2	0.36	2.36
▶ 5000m	35	Jessica VIERA	SO	18:43.55	4/5/25	0.45	0.00	0.45
▶ 10,000m	21	Reshila CURLEY	FR	45:48.21	3/29/25	2.5	0.00	2.50
▶ HJ	16	Vinae BUFORD-STILLMAN	FR	1.53m 5-¼	3/29/25	5	0.53	5.53
▶ HJ	17	Aliyah GIDHARRY	SO	1.52m 4-11¾	4/12/25	4.5	0.41	4.91
▶ LJ	27	Aliyah GIDHARRY	SO	5.35m 17-6¾ (0.0)	3/22/25	0.85	0.00	0.85
▶ SP	2	Rejoice AGBEWODIE	SO	15.14m 49-8¼	3/29/25	D 2	3.73	5.73
▶ SP	15	Jamelia NICHOLAS	SO	11.94m 39-2¼	3/29/25	6	0.51	6.51
▶ SP	24	Shyla-Mae CONSTABLE	FR	11.21m 36-9½	3/29/25	1	0.07	1.07
▶ DISC	2	Rejoice AGBEWODIE	SO	51.94m 170-5	3/29/25	28	3.82	31.82
▶ DISC	8	Jamelia NICHOLAS	SO	42.17m 138-4	3/29/25	16	1.13	17.13
▶ HT	2	Rejoice AGBEWODIE	SO	53.30m 174-11	3/29/25	D 2	3.60	5.60
▶ HT	3	Shyla-Mae CONSTABLE	FR	52.10m 170-11	3/22/25	26	3.04	29.04
▶ HT	40	Jamelia NICHOLAS	SO	35.28m 115-9	3/29/25	0.25	0.00	0.25
▶ JAV	1	Rejoice AGBEWODIE	SO	48.13m 157-11	3/22/25	30	4.07	34.07
▶ JAV	4	Aliyah GIDHARRY	SO	44.00m 144-4	4/5/25	24	2.69	26.69

CENTRAL ARIZONA TFRI Team Total 213.82



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

13

Mesa (Ariz.) CC

Region 1



2

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	28	Sara JACOBSON	SR	15.44 (-1.1)	3/28/25	0.8	0.00	0.80
▶ 100H	37	Natalia BRZEZNAK	JR	15.73 (-1.6)	4/12/25	0.35	0.00	0.35
▶ 400H	37	Kate DARE	FR	1:12.80	4/12/25	0.35	0.00	0.35
▶ 800m	25	Katie MUNOZ	FR	2:20.32	4/5/25	0.95	0.15	1.10
▶ 800m	27	Carmella BALDWIN	SO	2:20.45	3/29/25	0.85	0.14	0.99
▶ 800m	27	Kinley JACKSON	FR	2:20.45	3/29/25	0.85	0.14	0.99
▶ 800m	32	Lucy MELZER	FR	2:20.77	4/5/25	#####	0.00	TM-4
▶ 800m	36	Kendra GUEST	SO	2:21.56	4/5/25	#####	0.00	TM-5
▶ 1500m	28	Lucy MELZER	FR	4:51.34	3/22/25	0.8	0.04	0.84
▶ 1500m	29	Carmella BALDWIN	SO	4:52.00	3/22/25	0.75	0.00	0.75
▶ 1500m	30	Kinley JACKSON	FR	4:52.40	3/22/25	0.7	0.00	0.70
▶ 1500m	34	Katie MUNOZ	FR	4:52.97	4/5/25	#####	0.00	TM-4
▶ Steeple	5	Carmella BALDWIN	SO	11:12.16	4/5/25	22	1.87	23.87
▶ Steeple	19	Kinley JACKSON	FR	11:57.56	4/5/25	3.5	0.68	4.18
▶ Steeple	28	Lucy MELZER	FR	13:01.12	3/20/25	0.8	0.00	0.80
▶ 5000m	15	Carmella BALDWIN	SO	18:00.45	3/29/25	6	0.64	6.64
▶ 5000m	46	Kinley JACKSON	FR	19:22.53	3/29/25	0.1	0.00	0.10
▶ 4x400	18	Kate Dare, Kendra Guest, Katie Munoz, Carmella Baldwin		4:14.94	3/29/25	4	0.05	4.05
▶ HJ	8	Sara JACOBSON	SR	1.57m 5-1¾	3/28/25	D 2	1.18	3.18
▶ HJ	17	Natalia BRZEZNAK	JR	1.52m 4-11¾	4/12/25	4.5	0.41	4.91
▶ PV	4	Madisyn WILLIAMS	FR	3.61m 11-10	3/20/25	24	3.71	27.71
▶ PV	10	Anna BROWN	FR	3.16m 10-4¼	3/20/25	12	0.00	12.00
▶ LJ	26	Sara JACOBSON	SR	5.37m 17-7½ (0.0)	3/28/25	0.9	0.01	0.91
▶ LJ	30	Erin MABRY	FR	5.32m 17-5½ (-1.8)	4/12/25	0.7	0.00	0.70
▶ SP	20	Sara JACOBSON	SR	11.60m 38-¾	4/12/25	D 2	0.30	2.30
▶ DISC	12	Seioriana GLASS	SO	40.26m 132-1	3/20/25	9	0.80	9.80
▶ DISC	24	Tiffany NUNEZ	FR	35.20m 115-6	3/20/25	1	0.05	1.05
▶ HT	7	Seioriana GLASS	SO	48.11m 157-10	3/22/25	18	1.66	19.66
▶ HT	27	Tiffany NUNEZ	FR	39.61m 130-0	3/20/25	0.85	0.00	0.85
▶ JAV	6	Sara JACOBSON	SR	43.20m 141-9	3/28/25	20	2.48	22.48
▶ JAV	25	Tatum MATHENY	FR	30.39m 99-8½	4/12/25	0.95	0.00	0.95
▶ JAV	26	Emily SCHOLZ	FR	30.33m 99-6¼	3/29/25	0.9	0.00	0.90
▶ JAV	39	Natalia BRZEZNAK	JR	22.00m 72-2¼	4/12/25	#####	0.00	TM-4
▶ HEPT	1	Sara JACOBSON	SR	4,997	3/28/25	30	10.57	40.57
▶ HEPT	14	Natalia BRZEZNAK	JR	2,375	3/28/25	7	0.00	7.00

MESA (ARIZ.) CC TFRI Team Total

201.49

14

Iowa Central CC

Region 11



1

LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	16	Zariah GREAVES	SO	11.68w (3.1)	3/28/25	5	0.67	5.67
▶ 100H	40	Ella HOMAWOO	FR	15.90w (3.2)	3/28/25	0.25	0.00	0.25
▶ 100H	41	Eden BROUWERS	FR	16.00w (4.0)	3/28/25	0.225	0.00	0.23
▶ 100H	44	Addison (Addi) HINDT	FR	16.19w (2.9)	4/5/25	0.15	0.00	0.15
▶ 400m	45	Chadrak Belinda BULA BULA	FR	59.32	4/11/25	0.125	0.00	0.13
▶ 400H	13	Chadrak Belinda BULA BULA	FR	1:04.94	4/5/25	8	0.92	8.92
▶ 800m	31	Juliette GAVOIS	FR	2:20.67	4/12/25	0.65	0.11	0.76
▶ 800m	47	Alivia EDENS	FR	2:23.83	4/5/25	0.075	0.00	0.08
▶ 800m	49	Natalie BOGDANOVA KIRILOVA	SO	2:24.62	3/28/25	0.025	0.00	0.03
▶ 1500m	16	Abbigail (Abbi) HUTCHINSON	FR	4:43.85	4/11/25	5	0.68	5.68
▶ 1500m	44	Juliette GAVOIS	FR	4:55.93	4/12/25	0.15	0.00	0.15
▶ Steeple	6	Abbigail (Abbi) HUTCHINSON	FR	11:23.52	4/5/25	20	1.46	21.46
▶ 5000m	30	Abbigail (Abbi) HUTCHINSON	FR	18:33.38	3/28/25	0.7	0.05	0.75
▶ HJ	12	Eden BROUWERS	FR	1.55m 5-1	3/28/25	D 2	0.77	2.77
▶ HJ	21	Kira MESSERLY	FR	1.50m 4-11	4/12/25	2.5	0.18	2.68
▶ HJ	42	Ella HOMAWOO	FR	1.37m 4-6	3/28/25	0.2	0.00	0.20
▶ PV	22	Abbigail (Abbi) HUTCHINSON	FR	2.45m 8-½	3/21/25	2	0.00	2.00
▶ LJ	1	Maeva GOUNE TIBBOLO	FR	5.99m 19-8 (0.5)	4/11/25	30	3.99	33.99
▶ LJ	49	Ella HOMAWOO	FR	5.00m 16-5 (0.9)	4/11/25	0.025	0.00	0.03
▶ SP	6	Unitee BROWN	FR	13.41m 44-0	3/28/25	20	1.54	21.54
▶ SP	23	Zuriya ROBINSON	SO	11.37m 37-3¾	4/5/25	1.5	0.16	1.66
▶ SP	31	Eden BROUWERS	FR	10.47m 34-4¼	3/28/25	0.65	0.00	0.65
▶ SP	44	Ella HOMAWOO	FR	9.66m 31-8½	3/28/25	#####	0.00	TM-4
▶ DISC	22	Unitee BROWN	FR	35.85m 117-8	3/21/25	2	0.15	2.15
▶ DISC	29	Zuriya ROBINSON	SO	34.67m 113-9	4/12/25	0.75	0.00	0.75
▶ HT	21	Zuriya ROBINSON	SO	41.43m 135-11	4/12/25	2.5	0.22	2.72
▶ JAV	10	Eden BROUWERS	FR	37.19m 122-0	3/28/25	12	0.97	12.97
▶ JAV	12	Unitee BROWN	FR	36.01m 118-2	4/12/25	9	0.80	9.80
▶ JAV	20	Ella HOMAWOO	FR	32.21m 105-8	3/28/25	3	0.26	3.26
▶ JAV	44	Kira MESSERLY	FR	19.34m 63-5½	3/28/25	#####	0.00	TM-4
▶ HEPT	5	Eden BROUWERS	FR	4,098	3/28/25	22	2.16	24.16
▶ HEPT	7	Ella HOMAWOO	FR	3,960	3/28/25	18	1.43	19.43
▶ HEPT	13	Kira MESSERLY	FR	2,653	3/28/25	8	0.00	8.00

IOWA CENTRAL CC TFRI Team Total

193.00



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

15

Cowley (Kan.)

Region 6



2

LW: 13

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 5000m	32	Kayli MYERS	SO	18:37.01	4/12/25	0.6	0.00	0.60
► HJ	28	Makayla GAY	SO	1.45m 4-9	3/29/25	0.8	0.00	0.80
► PV	2	Dakota DAPPER	SO	3.65m 11-11¾	4/5/25	28	4.63	32.63
► PV	5	Kennedy KIZARR	SO	3.54m 11-7¼	4/12/25	22	2.82	24.82
► PV	8	Elizabeth BROZEK	FR	3.35m 10-11¾	4/5/25	16	0.42	16.42
► SP	5	Cierra GRAY	SO	13.87m 45-6¼	3/29/25	22	2.06	24.06
► SP	19	Amoni EVANS	FR	11.61m 38-1¼	4/5/25	3.5	0.31	3.81
► SP	22	Bree ROWE	SO	11.41m 37-5¼	4/5/25	2	0.19	2.19
► SP	28	Jessi MCDOWELL	FR	10.78m 35-4½	3/13/25	#####	0.00	TM-4
► SP	31	Katie COOK	FR	10.47m 34-4¼	3/29/25	#####	0.00	TM-5
► DISC	9	Bree ROWE	SO	41.71m 136-10	3/29/25	14	1.01	15.01
► DISC	14	Cierra GRAY	SO	38.54m 126-6	3/13/25	7	0.54	7.54
► DISC	17	Jessi MCDOWELL	FR	37.55m 123-3	3/13/25	4.5	0.40	4.90
► DISC	25	Katie COOK	FR	34.84m 114-4	3/29/25	#####	0.00	TM-4
► DISC	44	Marin PEOPLES	SO	30.30m 99-5	4/5/25	#####	0.00	TM-5
► DISC	50	Brianna LEE	SO	28.27m 92-9	3/13/25	#####	0.00	TM-6
► HT	4	Mercedes GLOVER	JR	49.67m 163-0	3/29/25	24	2.17	26.17
► HT	13	Brianna LEE	SO	43.63m 143-2	3/13/25	8	0.61	8.61
► HT	16	Cierra GRAY	SO	42.78m 140-4	3/13/25	D 2	0.46	2.46
► HT	18	Mayce McDONALD	SO	41.95m 137-8	3/13/25	#####	0.00	TM-4
► HT	26	Amoni EVANS	FR	40.18m 131-10	3/13/25	#####	0.00	TM-5
► HT	28	Bree ROWE	SO	39.60m 129-11	3/29/25	#####	0.00	TM-6
► HT	29	Katie COOK	FR	39.08m 128-3	3/29/25	#####	0.00	TM-7
► HT	31	Katy Jo KINDT	SO	38.64m 126-9	3/29/25	#####	0.00	TM-8
► HT	34	Jessi MCDOWELL	FR	37.10m 121-9	3/29/25	#####	0.00	TM-9
► HT	39	Alicyn MCGINNIS	FR	35.30m 115-10	3/29/25	#####	0.00	TM-10
► JAV	14	Mercedes GLOVER	JR	35.06m 115-1	3/29/25	7	0.67	7.67
► JAV	21	Alicyn MCGINNIS	FR	31.40m 103-0	3/29/25	2.5	0.14	2.64

COWLEY (KAN.) TFRI Team Total

180.32

16

Fort Scott (Kan.) CC

Region 6



4

LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best		Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 100m	9	Crystal CHAMBERS	SO	11.54	(1.5)	3/28/25	14	1.35	15.35
► 100m	27	Jayden PIPER	SO	11.87w	(3.5)	4/12/25	0.85	0.16	1.01
► 100m	47	Rayanna JOHNSON	SO	12.13w	(3.1)	3/28/25	0.075	0.00	0.08
► 100H	24	Damaria BELL	SO	15.10w	(2.2)	3/28/25	1	0.17	1.17
► 200m	16	Crystal CHAMBERS	SO	24.11	(1.8)	3/28/25	5	0.63	5.63
► 200m	18	Dayjonique CATO	SO	24.22	(0.5)	4/12/25	4	0.49	4.49
► 200m	22	Emmanuella SQUIRE	SO	24.27	(2.0)	4/12/25	2	0.42	2.42
► 200m	31	Jayden PIPER	SO	24.61w	(2.7)	3/20/25	#####	0.00	TM-4
► 200m	35	Ivana ODONKOR	SO	24.63	(2.0)	4/12/25	#####	0.00	TM-5
► 200m	39	Andrea SHAW	SO	24.88w	(3.3)	3/13/25	#####	0.00	TM-6
► 200m	43	Kennedy MOSLEY	SO	25.04w	(3.5)	4/12/25	#####	0.00	TM-7
► 400m	5	Dayjonique CATO	SO	54.57		3/20/25	22	1.67	23.67
► 400m	22	Jayden PIPER	SO	56.24		3/28/25	2	0.31	2.31
► 400m	23	Emmanuella SQUIRE	SO	56.25		3/20/25	1.5	0.30	1.80
► 400m	26	Ivana ODONKOR	SO	56.55		3/28/25	#####	0.00	TM-4
► 400m	32	Kennedy MOSLEY	SO	57.38		4/12/25	#####	0.00	TM-5
► 400H	10	Marcy MONELL	SO	1:04.65		3/20/25	12	1.03	13.03
► 400H	23	Jakouria JAMERSON	SO	1:07.97		3/28/25	1.5	0.17	1.67
► 400H	28	Damaria BELL	SO	1:09.65		3/20/25	0.8	0.00	0.80
► 400H	31	Juaneya SYKES	SO	1:10.29		3/20/25	#####	0.00	TM-4
► 4x100	10	Rayanna Johnson, Andrea Shaw, Jayden Piper, Crystal Chambers		47.24		4/12/25	12	1.11	13.11
► 4x400	3	Jayden Piper, Emmanuella Squire, Dayjonique Cato, Ivana Odonkor		3:41.37		3/28/25	26	3.71	29.71
► HJ	17	Jazz DILWORTH	FR	1.52m	4-11¾	3/28/25	4.5	0.41	4.91
► HJ	26	Jakouria JAMERSON	SO	1.46m	4-9½	3/28/25	0.9	0.00	0.90
► LJ	9	Aalyiah LINTON	SO	5.57m	18-3¼ (1.3)	3/20/25	14	0.82	14.82
► TJ	13	Aalyiah LINTON	SO	11.39m	37-4½ (1.0)	3/28/25	8	0.89	8.89
► TJ	22	Braela SARGENT	SO	10.87mw	35-8 (3.2)	3/28/25	2	0.34	2.34
► JAV	41	Jazz DILWORTH	FR	21.46m	70-5	3/28/25	0.225	0.00	0.23
► HEPT	10	Jazz DILWORTH	FR	3,466		3/28/25	12	0.00	12.00
► HEPT	11	Jakouria JAMERSON	SO	3,328		3/28/25	10	0.00	10.00

FORT SCOTT (KAN.) CC TFRI Team Total

170.31

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #3, April 15

17

Allen (Kan.) CC

unch

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	6	Adetutu ALADELOYE	SO	11.49 (1.5)	3/28/25	20	1.63	21.63
▶ 100m	8	Ranayla MOTEN	FR	11.53w (2.4)	4/12/25	D 2	1.41	3.41
▶ 100m	20	Kayveonna JACKSON	SO	11.74 (1.9)	4/12/25	3	0.51	3.51
▶ 200m	5	Ranayla MOTEN	FR	23.69w (3.1)	3/28/25	22	1.58	23.58
▶ 200m	9	Adetutu ALADELOYE	SO	23.77w (3.1)	3/28/25	14	1.37	15.37
▶ 200m	38	Kayveonna JACKSON	SO	24.78 (1.8)	3/28/25	0.3	0.00	0.30
▶ 400m	7	Ranayla MOTEN	FR	54.86	4/5/25	18	1.37	19.37
▶ 400m	25	Ala' Jah BROOKS	SO	56.37	4/12/25	0.95	0.24	1.19
▶ 4x100	2	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye		45.26	3/28/25	28	3.69	31.69
▶ HJ	36	Leah WRIGHT	FR	1.41m 4-7½	4/5/25	0.4	0.00	0.40
▶ TJ	27	Leah WRIGHT	FR	10.52m 34-6¼ (1.1)	4/5/25	0.85	0.00	0.85
▶ JAV	47	Leah WRIGHT	FR	15.48m 50-9½	3/28/25	0.075	0.00	0.08
▶ HEPT	15	Leah WRIGHT	FR	2,109	3/28/25	6	0.00	6.00
ALLEN (KAN.) CC TFRI Team Total								127.37

18

Colby (Kan.) CC
Region 6

▲ 9

LW: 27

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	3	Anita AFRIFA	SO	11.36 (1.1)	4/12/25	26	2.69	28.69
▶ 100m	16	Felicia AWUDI	FR	11.68 (1.6)	3/22/25	5	0.67	5.6
▶ 100m	28	Beatrice BOAKYE	FR	11.92 (1.0)	4/12/25	0.8	0.02	0.82
▶ 200m	1	Anita AFRIFA	SO	22.95 (1.9)	4/12/25	30	4.55	34.55
▶ 200m	23	Felicia AWUDI	FR	24.31 (1.6)	4/12/25	1.5	0.37	1.87
▶ 200m	40	Beatrice BOAKYE	FR	24.89 (1.8)	4/12/25	0.25	0.00	0.25
▶ 800m	8	Rosemary ARTHUR	SO	2:11.75	4/12/25	16	1.54	17.54
▶ 1500m	15	Rosemary ARTHUR	SO	4:43.52	3/22/25	6	0.71	6.71
▶ SP	16	Alma CORDOVA	SO	11.87m 38-11½	4/12/25	5	0.47	5.47
▶ SP	37	Holly HYLTON	SO	10.10m 33-1¾	3/29/25	0.35	0.00	0.35
▶ SP	39	Aaliyah CHAVEZ	SO	10.08m 33-1	3/22/25	0.275	0.00	0.28
▶ DISC	30	Alma CORDOVA	SO	34.45m 113-0	3/29/25	0.7	0.00	0.70
▶ DISC	40	Aaliyah CHAVEZ	SO	31.15m 102-3	3/29/25	0.25	0.00	0.25
▶ DISC	41	Holly HYLTON	SO	30.89m 101-4	3/22/25	0.225	0.00	0.23
▶ HT	14	Alma CORDOVA	SO	43.36m 142-3	3/29/25	7	0.56	7.56
▶ HT	45	Delal AKTAY	SO	34.27m 112-5	3/29/25	0.125	0.00	0.13
▶ JAV	38	Delal AKTAY	SO	22.29m 73-1¾	3/22/25	0.3	0.00	0.30
COLBY (KAN.) CC TFRI Team Total								111.37



USTFCCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

19

Paradise Valley (Ariz.) CC

Region 1



1

LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	44	Sofia CARDOZO	JR	12.04 (0.1)	3/20/25	0.15	0.00	0.15
▶ 200m	37	Sofia CARDOZO	JR	24.75 (-0.6)	3/29/25	0.35	0.00	0.35
▶ 800m	41	Keira DAMRON	SO	2:22.21	3/29/25	0.225	0.00	0.23
▶ 1500m	18	Keira DAMRON	SO	4:46.46	3/29/25	4	0.45	4.45
▶ 1500m	25	Olivia COULSTON	SO	4:50.52	3/29/25	0.95	0.11	1.06
▶ 1500m	27	Laynee HOLLECH	FR	4:50.86	3/29/25	0.85	0.08	0.93
▶ 5000m	6	Keira DAMRON	SO	17:39.14	3/22/25	20	1.30	21.30
▶ 5000m	14	Laynee HOLLECH	FR	17:56.74	3/22/25	7	0.71	7.71
▶ 5000m	21	Olivia COULSTON	SO	18:23.07	3/22/25	2.5	0.23	2.73
▶ HJ	47	Chloe HANCOCK	FR	1.33m 4-4¼	3/28/25	0.075	0.00	0.08
▶ HJ	47	Mackenzie ANDERSON	FR	1.33m 4-4¼	3/29/25	0.075	0.00	0.08
▶ PV	10	Mikaila BARAN	FR	3.16m 10-4¼	3/20/25	12	0.00	12.00
▶ PV	10	Mackenzie ANDERSON	FR	3.16m 10-4¼	3/20/25	12	0.00	12.00
▶ PV	20	Brakelle MCBRIDE	FR	2.56m 8-4¾	3/29/25	3	0.00	3.00
▶ SP	26	Carmen SPEAR	FR	11.01m 36-1½	4/12/25	0.9	0.00	0.90
▶ DISC	31	Brinley LENSCH	FR	33.84m 111-0	4/12/25	0.65	0.00	0.65
▶ HT	36	Carmen SPEAR	FR	35.85m 117-8	3/20/25	0.4	0.00	0.40
▶ JAV	5	Jaeleigha ABALOS	FR	43.84m 143-10	3/22/25	22	2.65	24.65
▶ JAV	17	Chloe HANCOCK	FR	33.20m 108-11	3/28/25	4.5	0.40	4.90
▶ HEPT	12	Chloe HANCOCK	FR	3,271	3/28/25	9	0.00	9.00

PARADISE VALLEY (ARIZ.) CC TFRI Team Total

106.55

20

Indian Hills (Iowa) CC

Region 11



1

LW: 19

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	13	Ida SMITH	FR	11.63w (2.8)	4/12/25	8	0.86	8.86
▶ 100m	30	Destiny MITCHELL	SO	11.93 (1.9)	4/12/25	0.7	0.00	0.70
▶ 100m	30	Zekira SNOW	SO	11.93 (1.5)	3/28/25	0.7	0.00	0.70
▶ 100m	37	Kenyatta GRATE	SO	11.97 (0.5)	3/28/25	#####	0.00	TM-4
▶ 100m	45	Nyla NORMAN	SO	12.06w (2.8)	4/12/25	#####	0.00	TM-5
▶ 100H	3	Dymonde NAVE	SO	13.76w (2.6)	3/28/25	26	2.75	28.75
▶ 100H	27	Arriana JOHNSON	SO	15.25 (1.2)	3/28/25	0.85	0.00	0.85
▶ 200m	15	Nyla BLACKMON	SO	24.10w (3.1)	4/12/25	6	0.64	6.64
▶ 200m	19	Ida SMITH	FR	24.24w (3.6)	4/12/25	3.5	0.46	3.96
▶ 200m	26	Nyla NORMAN	SO	24.42w (3.6)	4/12/25	0.9	0.23	1.13
▶ 200m	48	Laurie LOUIS	SO	25.16w (3.9)	3/28/25	#####	0.00	TM-4
▶ 400m	19	Laurie LOUIS	SO	56.12	4/12/25	3.5	0.37	3.87
▶ 400m	28	Nyla BLACKMON	SO	56.67	3/28/25	0.8	0.10	0.90
▶ 400m	35	Alexa ZANDERS	FR	57.86	4/12/25	0.45	0.00	0.45
▶ 400H	11	Dymonde NAVE	SO	1:04.72	3/28/25	10	0.99	10.99
▶ 400H	24	Arriana JOHNSON	SO	1:08.02	4/12/25	1	0.16	1.16
▶ 4x100	7	Kenyatta Grate, Destiny Mitchell, Nyla Norman, Zekira Snow		46.06	3/28/25	18	2.39	20.39
▶ HJ	12	Arriana JOHNSON	SO	1.55m 5-1	3/28/25	9	0.77	9.77
▶ LJ	30	Dymonde NAVE	SO	5.32m 17-5½ (1.8)	4/12/25	0.7	0.00	0.70
▶ HT	22	Cynthia ALBERT	FR	41.42m 135-11	4/5/25	2	0.22	2.22

INDIAN HILLS (IOWA) CC TFRI Team Total

102.03

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #3, April 15

21

Hutchinson (Kan.) CC

Region 6



1

LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	23	Sidney HOLT	FR	11.78w (2.5)	3/29/25	1.5	0.40	1.90
▶ 100H	36	Sierra BROOKS	FR	15.64w (4.0)	3/29/25	0.4	0.00	0.40
▶ 200m	27	Sidney HOLT	FR	24.44 (1.2)	4/12/25	0.85	0.21	1.06
▶ 1500m	32	Abigail GRANTHAM	SO	4:52.82	4/12/25	0.6	0.00	0.60
▶ 5000m	9	Jordyn PICOLET	SO	17:43.99	4/12/25	14	1.12	15.12
▶ 4x100	14	Sierra Brooks, Taniyah Cox, Azariah Dawes, Sidney Holt		48.27	3/29/25	7	0.54	7.54
▶ PV	10	Alycea MCCOY	FR	3.16m 10-4¼	3/29/25	12	0.00	12.00
▶ PV	10	Grace BENDER	FR	3.16m 10-4¼	3/29/25	12	0.00	12.00
▶ LJ	28	Yaya MORENO	SO	5.33mw 17-6 (2.6)	3/29/25	0.8	0.00	0.80
▶ LJ	36	Azariah DAWES	FR	5.22m 17-1½ (1.8)	3/29/25	0.4	0.00	0.40
▶ TJ	10	Brooke HAWKINS	SO	11.68mw 38-4 (3.0)	3/29/25	12	1.20	13.20
▶ TJ	21	Alycea MCCOY	FR	10.90mw 35-9¼ (3.6)	3/29/25	2.5	0.37	2.87
▶ TJ	23	Yaya MORENO	SO	10.76m 35-3¾ (1.5)	4/12/25	1.5	0.22	1.72
▶ TJ	24	Azariah DAWES	FR	10.66mw 34-11¾ (2.5)	3/29/25	#####	0.00	TM-4
▶ SP	10	Deisheline MAYER SCOTT	FR	13.08m 42-11	3/29/25	12	1.20	13.20
▶ SP	13	Aiyanna GREEN	FR	12.27m 40-3¼	3/29/25	8	0.71	8.71
▶ DISC	33	Aiyanna GREEN	SO	32.48m 106-7	3/29/25	0.55	0.00	0.55
▶ HT	12	Deisheline MAYER SCOTT	FR	43.73m 143-6	3/29/25	9	0.62	9.62

HUTCHINSON (KAN.) CC TFR1 Team Total	101.69
---	---------------

22

Vincennes (Ind.)

Region 24



39

LW: 61

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	33	Zoe ALLEN	FR	15.61 (-0.2)	4/12/25	0.55	0.00	0.55
▶ 400H	25	Zoe ALLEN	FR	1:09.18	4/12/25	0.95	0.00	0.95
▶ 800m	37	Sara BELGACEM	FR	2:21.71	4/12/25	0.35	0.00	0.35
▶ 1500m	43	Sara BELGACEM	FR	4:55.42	3/29/25	0.175	0.00	0.18
▶ Steeple	26	Adi FULLER	SO	12:39.07	4/12/25	0.9	0.01	0.91
▶ 4x400	22	Sara Belgacem, Adi Fuller, Alexis Hale, Zoe Allen		4:31.58	4/12/25	2	0.00	2.00
▶ 4x800	2	Adi Fuller, Sara Belgacem, Jasmyn Self, Alexis Hale		10:03.68	4/12/25	28	1.52	29.52
▶ PV	1	Sophia DO AMARAL SALVI	SO	3.85m 12-7½	4/12/25	30	9.48	39.48

VINCENNES (IND.) TFRI Team Total	73.94
---	--------------

23

Monroe-New Rochelle (N.Y.)

Region 15



13

LW: 36

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	32	Kettia AMBROSE	SO	24.62 (1.4)	3/29/25	0.6	0.00	0.60
▶ 400m	10	Kettia AMBROSE	SO	55.09	4/4/25	12	1.13	13.13
▶ 400m	16	Kaliyah JONES	FR	55.78	4/4/25	5	0.54	5.54
▶ 800m	12	Attoya HARVEY	SO	2:14.34	3/29/25	9	0.98	9.98
▶ 800m	19	Tanesia GARDINER	FR	2:18.42	3/29/25	3.5	0.41	3.91
▶ 800m	20	Joy JEPLETING	FR	2:18.56	3/29/25	3	0.39	3.39
▶ 1500m	19	Attoya HARVEY	SO	4:47.15	4/12/25	3.5	0.39	3.89
▶ Steeple	31	Tanesia GARDINER	FR	13:45.87	4/12/25	0.65	0.00	0.65
▶ 4x400	7	Kaliyah Jones, Attoya Harvey, Tanesia Gardiner, Kettia Ambrose		3:48.46	4/12/25	18	2.53	20.53
▶ LJ	15	Brinel THOMAS	FR	5.53m 18-1¾ (0.2)	4/12/25	6	0.59	6.59

MONROE-NEW ROCHELLE (N.Y.) TFR/ Team Total 68.20

24

Meridian (Miss.) CC

Region 23



5

LW: 29

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	33	Nakirsten HUGHES	FR	11.94w (3.7)	4/5/25	0.55	0.00	0.55
▶ 400m	39	Jakhia MARTIN	FR	58.76	4/12/25	0.275	0.00	0.28
▶ 400m	42	Cshanti PIERCE	SO	58.98	4/5/25	0.2	0.00	0.20
▶ 5000m	3	Nhamoinesu MABVUKA	FR	16:39.17	4/12/25	26	3.87	29.87
▶ 4x100	13	Nakirsten Hughes, Jakhia Martin, Mykala Carter, Yasmyne McCann		47.88	4/12/25	8	0.75	8.75
▶ 4x400	8	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Mykala Carter		3:57.45	4/12/25	16	1.30	17.30
▶ LJ	36	Amirah NOCK	FR	5.22m 17-1½ (1.2)	4/5/25	0.4	0.00	0.40
▶ TJ	12	Ashanti PATTON	SO	11.46m 37-7¼ (1.5)	3/22/25	9	0.96	9.96

MERIDIAN (MISS.) CC TFR1 Team Total 67.31



USTFCCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

25

Bismarck State (N.D.)

Region 13



2

LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	19	Dedra WOOD	FR	14.85 (1.2)	4/6/25	3.5	0.45	3.95
▶ 400H	21	Aliya SCHOCK	SO	1:07.50	4/6/25	2.5	0.28	2.78
▶ 400H	34	Dedra WOOD	FR	1:10.83	3/28/25	0.5	0.00	0.50
▶ LJ	9	Makayla WHITFIELD	FR	5.57m 18-3¼ (0.7)	4/6/25	14	0.82	14.82
▶ TJ	15	Alexia ANDERSON	SO	11.23mw 36-10¼ (3.6)	4/11/25	6	0.72	6.72
▶ JAV	7	Brynn FULLER	FR	42.01m 137-10	3/28/25	18	2.18	20.18
▶ JAV	9	Mya SHELDON	SO	37.87m 124-3	4/6/25	14	1.10	15.10

BISMARCK STATE (N.D.) TFRI Team Total

64.05

26

Richard Bland (Va.)

Region 10



5

LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	33	Michaelyn FISHER	FR	11.94 (0.8)	3/29/25	0.55	0.00	0.55
▶ 100H	22	Shyla COOPER	FR	15.04 (1.6)	3/29/25	2	0.23	2.23
▶ 100H	23	Jada HATCHER	FR	15.05 (1.6)	4/5/25	1.5	0.22	1.72
▶ 200m	45	Michaelyn FISHER	FR	25.05 (0.5)	4/5/25	0.125	0.00	0.13
▶ 400m	31	Jayla WERTS	SO	57.34	3/21/25	0.65	0.00	0.65
▶ 400m	48	Breshauna MILLER	FR	59.59	4/5/25	0.05	0.00	0.05
▶ 400H	20	Shyla COOPER	FR	1:07.10	4/5/25	3	0.38	3.38
▶ 400H	36	Erin SMITH	SO	1:11.72	4/5/25	0.4	0.00	0.40
▶ 4x100	12	J'Miaya Muse, Michaelyn Fisher, Anijah James, Shyla Cooper		47.62	4/5/25	9	0.89	9.89
▶ 4x400	11	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper		4:03.12	3/21/25	10	0.78	10.78
▶ LJ	13	Michaelyn FISHER	FR	5.56m 18-3 (0.0)	3/21/25	8	0.75	8.75
▶ LJ	20	Anijah JAMES	FR	5.49m 18-¼ (0.4)	3/21/25	3	0.44	3.44
▶ LJ	34	Shyla COOPER	FR	5.26m 17-3¼ (0.0)	3/21/25	0.5	0.00	0.50
▶ TJ	9	Ciarra MOORE	SO	11.77m 38-7½ (1.2)	4/5/25	14	1.38	15.38
▶ TJ	19	Anijah JAMES	FR	11.04m 36-2¾ (-0.3)	3/21/25	3.5	0.52	4.02
▶ TJ	26	Erin SMITH	SO	10.56m 34-7¾ (0.3)	4/5/25	0.9	0.01	0.91

RICHARD BLAND (VA.) TFRI Team Total

62.78

27

Glendale (Ariz.) CC

Region 1



1

LW: 28

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	16	Kaelyn GIARRUSSO	SO	14.62 (0.3)	3/29/25	5	0.72	5.72
▶ 4x100	24	Petra Onwumere, Oyindamola Adetutu, Shelly Newton, Lauren Allard		52.48	4/12/25	1	0.00	1.00
▶ 4x400	19	Lailah Campbell, Kaelyn Giarrusso, Aaliyah Perkins, Nicole Novara		4:18.11	4/12/25	3.5	0.00	3.50
▶ HJ	3	Kaelyn GIARRUSSO	SO	1.62m 5-3¾	4/12/25	26	2.51	28.51
▶ PV	10	Lauren ALLARD	SO	3.16m 10-4¼	3/22/25	12	0.00	12.00
▶ LJ	32	Kaelyn GIARRUSSO	SO	5.30m 17-4¾ (-2.5)	4/12/25	0.6	0.00	0.60
▶ LJ	36	Oyindamola ADETUTU	SO	5.22m 17-1½ (-2.5)	4/12/25	0.4	0.00	0.40
▶ LJ	41	Aaliyah PERKINS	FR	5.16m 16-11¼ (0.0)	3/29/25	0.225	0.00	0.23
▶ TJ	18	Oyindamola ADETUTU	SO	11.09m 36-4¾ (1.1)	3/22/25	4	0.57	4.57
▶ TJ	34	Shelly NEWTON	FR	8.74m 28-8¼ (0.0)	3/29/25	0.5	0.00	0.50
▶ SP	45	Gloria ANUAMADI	SO	9.65m 31-8	4/12/25	0.125	0.00	0.13

GLENDALE (ARIZ.) CC TFRI Team Total

57.15



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

28

Garden City (Kan.) CC

Region 6



3

LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	14	Mekhila SANDERS	FR	24.07c (24.00A) (1.3)	4/3/25	7	0.68	7.68
▶ 400m	29	Mekhila SANDERS	FR	56.74c (56.63A)	4/3/25	0.75	0.06	0.81
▶ 400H	15	Antonia MOUTRIE	FR	1:05.34	4/12/25	6	0.82	6.82
▶ 800m	35	Meryeme MAI	FR	2:21.53c (2:21.94A)	4/3/25	0.45	0.00	0.45
▶ 800m	48	Beverlyne KIPTARUS	SO	2:24.23	4/12/25	0.05	0.00	0.05
▶ Steeple	12	Reid HARVEY-MCKEAN	FR	11:37.37	4/12/25	9	1.04	10.04
▶ 10,000m	9	Meryeme MAI	FR	37:42.14	4/12/25	14	0.47	14.47
▶ 4x100	21	Mekhila Sanders, Antonica Moultrie, Jaylene Hernandez, Priscilla Wemba		51.05	4/12/25	2.5	0.00	2.50
▶ 4x400	14	Mekhila Sanders, Meryeme Mai, Priscilla Wemba, Antonica Moultrie		4:12.21c (4:11.77A)	4/3/25	7	0.21	7.21
▶ HJ	42	Meeca CASTILLO	FR	1.37m 4-6	3/29/25	0.2	0.00	0.20
▶ HJ	42	Abby GILLEN	FR	1.37m 4-6	3/29/25	0.2	0.00	0.20
▶ SP	40	Taia VELASCO	SO	10.07m 33-½	3/29/25	0.25	0.00	0.25
▶ SP	43	Tomi GALL	SO	9.78m 32-1	3/22/25	0.175	0.00	0.18
▶ DISC	27	Taia VELASCO	SO	34.81m 114-3	3/22/25	0.85	0.00	0.85
▶ HT	19	Tomi GALL	SO	41.86m 137-4	3/22/25	3.5	0.29	3.79
▶ HT	30	Taia VELASCO	SO	39.02mA 128-0	4/3/25	0.7	0.00	0.70
▶ HT	49	Jenna WILSON	FR	32.28m 105-11	3/29/25	0.025	0.00	0.03

GARDEN CITY (KAN.) CC TFRI Team Total

56.23

29

Highland (Kan.) CC

Region 6



7

LW: 22

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	25	Shanteria WASHINGTON	SO	11.82w (2.4)	4/12/25	0.95	0.29	1.24
▶ 100m	50	Alexia LEWIS	SO	12.23 (2.0)	4/12/25	0.01	0.00	0.01
▶ 100H	17	DiaMonae THOMAS	SO	14.64 (1.9)	3/29/25	4.5	0.69	5.19
▶ 400m	38	J'Nya DEMMING	SO	58.66	4/12/25	0.3	0.00	0.30
▶ 400H	30	Berlynn BLACK	SO	1:09.89	3/29/25	0.7	0.00	0.70
▶ 4x100	8	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming		46.66	4/5/25	16	1.70	17.70
▶ HJ	20	Alyana WALLACE	SO	1.51m 4-11½	3/29/25	3	0.30	3.30
▶ HJ	21	Berlynn BLACK	SO	1.50m 4-11	3/22/25	2.5	0.18	2.68
▶ LJ	7	Alexia LEWIS	SO	5.63m 18-5¾ (0.3)	3/29/25	18	1.24	19.24
▶ SP	21	Alexis CLEMMONS	FR	11.54m 37-10½	3/29/25	2.5	0.27	2.77
▶ HT	38	Izabel GAIN	SO	35.82m 117-6	4/5/25	0.3	0.00	0.30

HIGHLAND (KAN.) CC TFRI Team Total

53.42

30

Southern Idaho

Region 18



4

LW: 26

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
800m	34	Aubrie BARZEE	FR	2:21.45	4/5/25	0.5	0.01	0.51
1500m	14	Laurie DAVIDSON	FR	4:43.38c (5:12.44A)	4/11/25	7	0.73	7.73
1500m	23	Sage LYON	FR	4:48.70c (5:18.31A)	4/11/25	1.5	0.26	1.76
1500m	37	Lillian NEFF	SO	4:53.06c (5:23.12A)	4/11/25	0.35	0.00	0.35
1500m	39	Aubrie BARZEE	FR	4:54.52	4/5/25	#####	0.00	TM-4
1500m	45	Isabella BEILKE	FR	4:56.40c (5:26.81A)	4/11/25	#####	0.00	TM-5
Steeple	10	Rozzlyn CAZIER	SO	11:31.99	4/5/25	12	1.16	13.16
Steeple	15	Aubrie BARZEE	FR	11:42.69c(11:59.27A)	4/11/25	6	0.94	6.94
Steeple	17	Stephania HERNANDEZ	SO	11:50.33c(12:07.09A)	4/11/25	4.5	0.81	5.31
Steeple	18	Laynee ROWLEY	SO	11:52.92	4/5/25	#####	0.00	TM-4
Steeple	23	Kenia AINSWORTH	SO	12:25.97c(12:43.57A)	4/11/25	#####	0.00	TM-5
Steeple	27	Elizabeth DRISCOLL	FR	12:47.54c(13:05.65A)	4/11/25	#####	0.00	TM-6
5000m	16	Lillian NEFF	SO	18:10.91	4/5/25	5	0.45	5.45
5000m	18	Rozzlyn CAZIER	SO	18:19.57	4/5/25	4	0.29	4.29
5000m	40	Sage LYON	FR	19:04.89	4/5/25	0.25	0.00	0.25
5000m	50	Laynee ROWLEY	SO	19:44.13	4/5/25	#####	0.00	TM-4

SOUTHERN IDAHO TFRI Team Total

45.74



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

31 Essex County (N.J.)

Region 19

▲ 10

LW: 41

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	41	Kimberly BAKER	SO	12.01 (1.3)	3/29/25	0.225	0.00	0.23
100H	11	Kadina DEEBLE	FR	14.45w (2.5)	3/29/25	10	0.92	10.92
100H	18	Ma-Avian WILLIAMS	SO	14.69 (1.2)	4/5/25	4	0.63	4.63
400H	16	Paula ORUSEDE	SO	1:05.51	4/5/25	5	0.77	5.77
800m	23	Serena DOUGLAS	SO	2:19.23	4/5/25	1.5	0.30	1.80
4x100	15	Ma-Avian Williams, Ashia Martin, Kadina Deebble, Kimberly Baker		48.67	4/5/25	6	0.32	6.32
4x400	9	Serena Douglas, Kimberly Baker, Paula Orusede, Aaliyah Morgan		3:57.71	4/5/25	14	1.27	15.27

ESSEX COUNTY (N.J.) TFRI Team Total 44.94

32 Hagerstown (Md.) CC

Region 20

unch

LW: 32

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
Steeple	33	Arial CRAWFORD	SO	17:20.75	4/12/25	0.55	0.00	0.55
5000m	20	Michaela GROSS	FR	18:20.97	3/21/25	3	0.27	3.27
10,000m	20	Michaela GROSS	FR	44:01.84	4/12/25	3	0.00	3.00
HJ	2	Aidan FAITH	SO	1.66m 5-5¼	4/4/25	28	3.87	31.87
PV	16	Michaela CARNEY	SO	3.05m 10-0	3/21/25	5	0.00	5.00
JAV	46	Kaitlyn QUEEN	FR	18.16m 59-7	3/29/25	0.1	0.00	0.10
JAV	50	Michaela CARNEY	SO	11.41m 37-5¼	4/12/25	0.01	0.00	0.01

HAGERSTOWN (MD.) CC TFRI Team Total 43.80

33 Heartland (Ill.) CC

Region 24

▲ 10

LW: 43

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
1500m	9	Nora BRADY	SO	4:40.71	3/29/25	14	1.20	15.20
5000m	4	Nora BRADY	SO	17:13.37	4/12/25	24	2.29	26.29

HEARTLAND (ILL.) CC TFRI Team Total 41.49

34 Crowder (Mo.)

Region 16

▼ 1

LW: 33

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
1500m	42	Videlda JEBET	FR	4:55.23	4/5/25	0.2	0.00	0.20
Steeple	14	Videlda JEBET	FR	11:39.08	4/11/25	7	1.01	8.01
Steeple	30	Jasmine HAYES	FR	13:21.39	4/11/25	0.7	0.00	0.70
5000m	17	Faith JEPTOO	SO	18:16.10	4/5/25	4.5	0.35	4.85
5000m	24	Mercy KIBUIGUT	FR	18:25.22	4/11/25	1	0.19	1.19
4x800	3	Katie Jarrett, Audrey Fletcher, Jasmine Hayes, Arianna Blevins		10:54.49	4/5/25	26	0.16	26.16

CROWDER (MO.) TFRI Team Total 41.11

35 Ranger (Texas)

Region 5

▼ 11

LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	48	Tania MILES	FR	12.21 (1.8)	4/12/25	0.05	0.00	0.05
800m	38	Victaline MUTAI	FR	2:21.78	3/22/25	0.3	0.00	0.30
800m	42	Macie MORALES	FR	2:22.56	3/22/25	0.2	0.00	0.20
800m	45	Alyssa MABRY	FR	2:23.48	3/22/25	0.125	0.00	0.13
800m	49	Alfrenique KNOWLES	FR	2:24.62	4/12/25	#####	0.00	TM-4
1500m	12	Victaline MUTAI	FR	4:42.69c (4:46.11A)	4/3/25	9	0.85	9.85
1500m	35	Alyssa MABRY	FR	4:53.00c (4:56.55A)	4/3/25	0.45	0.00	0.45
1500m	41	Macie MORALES	FR	4:54.71c (4:58.27A)	4/3/25	0.225	0.00	0.23
5000m	11	Victaline MUTAI	FR	17:48.61c(18:03.34A)	4/3/25	10	0.95	10.95
5000m	22	Macie MORALES	FR	18:23.69	4/12/25	2	0.22	2.22
5000m	27	Stella LAGAT	FR	18:29.63	3/22/25	0.85	0.12	0.97
5000m	36	Myla GREENZWEIG	SO	18:49.69	4/12/25	#####	0.00	TM-4
5000m	43	Emma GARCIA PIRIC	FR	19:18.10c(19:34.06A)	4/3/25	#####	0.00	TM-5
5000m	48	Alyssa MABRY	FR	19:38.40	3/15/25	#####	0.00	TM-6
4x100	11	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Tania Miles		47.45	4/12/25	10	0.99	10.99

4x400	21	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia		4:26.31	3/15/25	2.5	0.00	2.50
-------	----	---	--	---------	---------	-----	------	------

RANGER (TEXAS) TFRI Team Total 38.82

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #3, April 15

36

Butler (Kan.) CC

Region 6



1

LW: 37

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 1500m	36	Elizabeth HERNANDEZ	SO	4:53.01	3/29/25	0.4	0.00	0.40
▶ Steeple	24	Alexa MARSHALL	FR	12:32.36	4/12/25	1	0.12	1.12
▶ Steeple	25	Valyrie FREEMAN	SO	12:34.76	4/12/25	0.95	0.08	1.03
▶ 5000m	13	Elizabeth HERNANDEZ	SO	17:54.68	3/29/25	8	0.74	8.74
▶ 5000m	37	Alison UNRUH	SO	18:53.08	3/29/25	0.35	0.00	0.35
▶ 5000m	49	Valyrie FREEMAN	SO	19:39.24	3/22/25	0.025	0.00	0.03
▶ 10,000m	7	Elizabeth HERNANDEZ	SO	37:20.97	4/12/25	18	1.29	19.29
▶ 10,000m	14	Alison UNRUH	SO	39:54.79	4/12/25	7	0.00	7.00
▶ JAV	30	Destiny PONDS	FR	28.06m 92-¾	4/5/25	0.7	0.00	0.70
BUTLER (KAN.) CC TFRI Team Total								38.65

BUTLER (KAN.) CC TFRI Team Total

38.65

37

Marion Military Institute (Ala.)

Region 22



6

LW: 31

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
► 4x100	19	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton		50.33	3/15/25	3.5	0.00	3.50	
► HJ	28	Raeya TOWNSEND	FR	1.45m	4-9	3/28/25	0.8	0.00	0.80
► HJ	38	Adaysha HOLLINESS	FR	1.40m	4-7	3/28/25	0.3	0.00	0.30
► LJ	39	Shanaya HINTON	FR	5.20m	17-¾ (1.8)	4/5/25	0.275	0.00	0.28
► LJ	50	Sirinity GLASPER	FR	4.98m	16-4¼ (-0.5)	3/28/25	0.01	0.00	0.01
► TJ	6	Shanaya HINTON	FR	11.94m	39-2¼ (-0.6)	3/28/25	20	1.73	21.73
► SP	46	Adaysha HOLLINESS	FR	9.62m	31-6¾	3/28/25	0.1	0.00	0.10
► DISC	21	Raina MASSEY	SO	36.27m	119-0	3/15/25	2.5	0.21	2.71
► HT	17	Raina MASSEY	SO	42.13m	138-3	4/5/25	4.5	0.34	4.84
► JAV	32	Raina MASSEY	SO	25.46m	83-6½	3/28/25	0.6	0.00	0.60
► JAV	34	Adaysha HOLLINESS	FR	24.81m	81-4¾	3/28/25	0.5	0.00	0.50

MARION MILITARY INSTITUTE (ALA.) TFR/ Team Total

35.36

38

State Fair (Mo.)

Region 16



4

LW: 34

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	45	Bethany SLOVENSKY	FR	16.27w (2.5)	3/29/25	0.125	0.00	0.13
▶ 100H	50	Journey SANDER	FR	17.52 (1.5)	4/11/25	0.01	0.00	0.01
▶ 4x100	22	Nora Moreno, Jocelyn Nunez, Williams Stahrr, Layisha Freeman		51.18	3/29/25	2	0.00	2.00
▶ HJ	38	Journey SANDER	FR	1.40m 4-7	3/22/25	0.3	0.00	0.30
▶ LJ	15	Jocelyn NUNEZ	FR	5.53m 18-1¾ (1.5)	3/22/25	6	0.59	6.59
▶ LJ	19	Layisha FREEMAN	FR	5.50m 18-½ (1.2)	3/15/25	3.5	0.48	3.98
▶ LJ	43	Bethany SLOVENSKY	FR	5.13m 16-10 (0.8)	3/15/25	0.175	0.00	0.18
▶ LJ	44	Sophia EDWIN	FR	5.12m 16-9¾ (1.2)	4/11/25	#####	0.00	TM-4
▶ TJ	30	Bethany SLOVENSKY	FR	9.94m 32-7½ (0.7)	4/11/25	0.7	0.00	0.70
▶ TJ	32	Journey SANDER	FR	9.88m 32-5 (-0.5)	4/11/25	0.6	0.00	0.60
▶ DISC	38	Claire NICHOLS	SO	31.52m 103-5	3/22/25	0.3	0.00	0.30
▶ HT	47	Claire NICHOLS	SO	33.01m 108-4	3/15/25	0.075	0.00	0.08
▶ JAV	11	Bailey HASELHORST	SO	36.02m 118-2	4/11/25	10	0.80	10.80
▶ JAV	16	Isabella SABALA	FR	34.23m 112-4	3/29/25	5	0.55	5.55
▶ JAV	24	Claire NICHOLS	SO	30.72m 100-10	3/15/25	1	0.04	1.04

STATE FAIR (MO.) TFRI Team Total

32.24

39

Bryant & Stratton (Va.)

Region 10



9

LW: 30

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	30	Aniya SUKU	FR	11.93 (1.1)	4/5/25	0.7	0.00	0.70
► 100H	21	Alisha JACKSON	FR	14.98w (3.5)	4/5/25	D 2	0.30	2.30
► 100H	48	Aniya SUKU	FR	16.82 (-0.7)	3/22/25	0.05	0.00	0.05
► 200m	30	Aniya SUKU	FR	24.57 (1.0)	4/5/25	0.7	0.04	0.74
► 400H	26	Aniya SUKU	FR	1:09.36	3/29/25	0.9	0.00	0.90
► 400H	27	Alisha JACKSON	FR	1:09.39	3/29/25	0.85	0.00	0.85
► LJ	15	Alisha JACKSON	FR	5.53m 18-1¾ (0.2)	3/29/25	6	0.59	6.59
► TJ	7	Alisha JACKSON	FR	11.88m 38-11¾ (-1.6)	4/5/25	18	1.61	19.61

BRYANT & STRATTON (VA.) TFRI Team Total

31.74



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

46

Lansing (Mich.) CC

Region 12



1

LW: 47

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 800m	13	Daisy SPEET	FR	2:14.52	4/4/25	8	0.95	8.95	
▶ 1500m	17	Daisy SPEET	FR	4:46.28	4/12/25	4.5	0.47	4.97	
▶ 4x400	23	Daisy Speet, Jadyon Yonchewski, kristina Wilde, Faith Swenor		4:31.68	4/12/25	1.5	0.00	1.50	
▶ SP	36	Jada HOUGHTON	FR	10.21m	33-6	4/12/25	0.4	0.00	0.40
▶ SP	41	Shaelyn SCHWEM	FR	9.90m	32-5¾	4/5/25	0.225	0.00	0.23
▶ DISC	35	Jada HOUGHTON	FR	32.29m	105-11	3/22/25	0.45	0.00	0.45
▶ DISC	49	Berkley OBERHAUS	FR	29.50m	96-9½	4/5/25	0.025	0.00	0.03
▶ JAV	49	Layna ATALLAH	SO	13.56m	44-6	3/22/25	0.025	0.00	0.03

LANSING (MICH.) CC TFRI Team Total

16.55

47

Hawkeye (Iowa) CC

Region 11



3

LW: 44

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 400H	22	Melody KREMER	JR	1:07.96	4/5/25	2	0.17	2.17	
▶ 4x100	18	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams		50.12	3/28/25	4	0.00	4.00	
▶ HJ	21	Tasha WILLIAMS	JR	1.50m	4-11	3/28/25	2.5	0.18	2.68
▶ HJ	28	Halima BIGGS	FR	1.45m	4-9	4/12/25	0.8	0.00	0.80
▶ LJ	46	Alyssa WONDERCHECK	FR	5.08mw	16-8 (3.3)	4/5/25	0.1	0.00	0.10
▶ SP	18	Kailan MCEWEN	FR	11.70m	38-4¾	4/12/25	4	0.37	4.37
▶ DISC	28	Breanna SWABY	FR	34.79m	114-2	4/12/25	0.8	0.00	0.80
▶ JAV	28	Kailan MCEWEN	FR	29.83m	97-10½	4/12/25	0.8	0.00	0.80

HAWKEYE (IOWA) CC TFRI Team Total

15.72

48

Dawson (Mont.) CC

Region 13



8

LW: 40

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 5000m	39	Sierra SUMMERS	FR	19:00.82c(19:15.89A)	3/29/25	0.275	0.00	0.28
▶ 10,000m	11	Sierra SUMMERS	FR	39:08.92	4/6/25	10	0.00	10.00
▶ SP	25	Nichole ROBERTS	FR	11.06m 36-3½	3/22/25	0.95	0.00	0.95
▶ DISC	47	Imari HUMPHREY	FR	29.85m 97-11¼	3/27/25	0.075	0.00	0.08
▶ DISC	48	Danika LORDS	FR	29.79m 97-9	4/6/25	0.05	0.00	0.05
▶ JAV	19	Destiny THOMPSON	FR	32.38m 106-3	3/22/25	3.5	0.28	3.78

DAWSON (MONT.) CC TFRI Team Total

15.13

49

Neosho County (Kan.) CC

Region 6



7

LW: 42

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 200m	50	Vilorina TUILAWAKI	SO	25.19w (2.5)	3/29/25	0.01	0.00	0.01
▶ 400m	40	Vilorina TUILAWAKI	SO	58.84	3/29/25	0.25	0.00	0.25
▶ 400m	49	Melania TURAGA	FR	59.62	4/12/25	0.025	0.00	0.03
▶ 400H	29	Rhea FLANDERS	FR	1:09.81	4/12/25	0.75	0.00	0.75
▶ 800m	29	Melania TURAGA	FR	2:20.52	4/12/25	0.75	0.13	0.88
▶ 4x100	17	Paula del Pozo, Vilorina Tuilawaki, Rhea Flanders, Melania Turaga		49.32	3/29/25	4.5	0.00	4.50
▶ 4x400	16	Vilorina Tuilawaki, Melania Turaga, Rhea Flanders, Amy Styles		4:13.26	3/29/25	5	0.15	5.15
▶ LJ	34	Vilorina TUILAWAKI	SO	5.26m 17-3¼ (0.5)	3/13/25	0.5	0.00	0.50
▶ DISC	23	Carmen FIELDS	SO	35.54m 116-7	4/12/25	1.5	0.10	1.60

NEOSHO COUNTY (KAN.) CC TFRI Team Total

13.66



USTFCCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

50

Muskegon (Mich.) CC

Region 12



4

LW: 46

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ 4x400	20	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee		4:19.37	3/29/25	3	0.00	3.00	
▶ HJ	26	Steffanie MCGUFFEY	SO	1.46m	4-9½	3/29/25	0.9	0.00	0.90
▶ DISC	15	Gaby REEVE	SO	37.64m	123-6	4/5/25	6	0.41	6.41
▶ DISC	39	Brooke BERRY	SO	31.18m	102-4	4/5/25	0.275	0.00	0.28
▶ HT	33	Gaby REEVE	SO	37.46m	122-11	4/5/25	0.55	0.00	0.55

MUSKEGON (MICH.) CC TFRI Team Total 11.14

51

UA Rich Mountain (Ark.)

Region 2



1

LW: 50

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	44	Sharon STRYDOM	SO	59.29	4/12/25	0.15	0.00	0.15
▶ 800m	39	Sharon STRYDOM	SO	2:21.96	4/12/25	0.275	0.00	0.28
▶ Steeple	13	Darcy VINEYARD	FR	11:37.90	4/12/25	8	1.03	9.03

UA RICH MOUNTAIN (ARK.) TFRI Team Total 9.45

52

Jacksonville (Texas)

Region 14



4

LW: 48

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 4x400	15	Brittany Danas, Alaila Jones, Bryanna Danas, Iyiana Wilhite		4:12.77	3/15/25	6	0.18	6.18
▶ HJ	21	A'Kevia WEAVER	FR	1.50m 4-11	4/5/25	2.5	0.18	2.68

JACKSONVILLE (TEXAS) TFRI Team Total 8.86

53

North Iowa Area CC

Region 11



1

LW: 52

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	39	Taja CONLEY	SO	15.76w (2.1)	4/11/25	0.275	0.00	0.28
▶ 400H	19	Taja CONLEY	SO	1:06.83	4/11/25	3.5	0.45	3.95
▶ Steeple	29	Olivia SPURLING	FR	13:06.79	4/11/25	0.75	0.00	0.75
▶ Steeple	32	Cloey USHER	SO	14:29.38	3/28/25	0.6	0.00	0.60
▶ 4x100	23	Gift Gonpue, Tenisha Herbert, Suzanne Guedeyi, Taja Conley		51.30	3/28/25	1.5	0.00	1.50
▶ LJ	41	Gift GONPUE	SO	5.16mw 16-11¼ (2.5)	4/5/25	0.225	0.00	0.23
▶ SP	48	Kit BYARS	SO	9.57m 31-4¾	3/28/25	0.05	0.00	0.05
▶ DISC	36	Kit BYARS	SO	31.89m 104-8	3/28/25	0.4	0.00	0.40
▶ HT	42	Kit BYARS	SO	34.46m 113-1	4/11/25	0.2	0.00	0.20

NORTH IOWA AREA CC TFRI Team Total 7.95

54

Carroll (Md.) CC

Region 20



3

LW: 51

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL	
Scored bests come from CURRENT qualifying season									
▶ HJ	28	Carrie MOORE	SO	1.45m	4-9	4/4/25	0.8	0.00	0.80
▶ PV	16	Kat CROCHUNIS	FR	3.05m	10-0	4/4/25	5	0.00	5.00
▶ DISC	42	Brooke PRIBULICK	SO	30.65m	100-7	3/29/25	0.2	0.00	0.20
▶ JAV	43	Kamryn STEFANOSKI	SO	19.58m	64-3	4/12/25	0.175	0.00	0.18

CARROLL (MD.) CC TFRI Team Total 6.18

55

Cuyahoga (Ohio) CC

Region 12

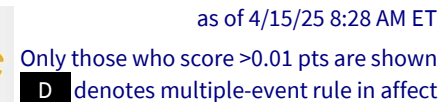


4

LW: 59

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 400m	41	Keyonna MCGILL	SO	58.91	4/13/25	0.225	0.00	0.23
▶ 400H	38	Ciara MAY	FR	1:13.48	4/5/25	0.3	0.00	0.30
▶ 10,000m	22	Hannah CUNNINGHAM	SO	46:09.81	4/13/25	2	0.00	2.00
▶ HT	50	Lilleann SHACKLEFORD	FR	31.99m 105-0	4/13/25	0.01	0.00	0.01

CUYAHOGA (OHIO) CC TFRI Team Total 2.54



56 **Howard (Md.) CC** **1**
Region 20 LW: 57

57 **North Central Texas**  **2**
Region 5 LW: 55

58 **Macomb (Mich.) CC**  **5**
Region 12 LW: 53

59 **Pratt (Kan.) CC**  **1**
Region 6 LW: 58

60 **Southeastern (Iowa) CC**  **6**
Region 11 LW: 54

61 **Hesston (Kan.)**  **1**
Region 6 LW: 60

62 **Southwestern (Iowa) CC**  **1**
Region 11 LW: 61

63 Marian Ancilla (Ind.) LW:
 Region 12

64 **Phoenix (Ariz.)**  **1**
Region 1 LW: 63

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400H	40	Milan KAUR	FR	1:18.01	4/12/25	0.25	0.00	0.25
PHOENIX (ARIZ.) TFRI Team Total								0.25



USTFCCA NJCAA Division I Outdoor Track & Field

National TFRI Team Summary



as of 4/15/25 8:28 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #3, April 15

65

Bryant & Stratton (Wis.)

Region 4

LW:

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
-------	-----	---------	----	-------------------	------	----------	-------	-------

Scored bests come from CURRENT qualifying season

▶ LJ	45	Lee'Asia HAYES	FR	5.09m	16-8½ (-0.6)	4/11/25	0.125	0.00	0.13
------	----	----------------	----	-------	--------------	---------	-------	------	------

BRYANT & STRATTON (WIS.) TFRI Team Total

0.13

66

Fort Hays Tech Northwest

Region 6
(Kan.)



2

LW: 64

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
-------	-----	---------	----	-------------------	------	----------	-------	-------

Scored bests come from CURRENT qualifying season

▶ 200m	48	Mikela COOMBS	FR	25.16	(1.3)	4/12/25	0.05	0.00	0.05
--------	----	---------------	----	-------	-------	---------	------	------	------

FORT HAYS TECH NORTHWEST (KAN.) TFRI Team Total

0.05