



National TFRI Event Summary

Women's 100 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Royanah FARMER	SO	#9 Coffeyville (Kan.) CC	33.67	11.22w	(3.8)	4/17/25	Pittsburg State Tune-Up
2	Maimuna JALLOW	FR	#3 Cloud County (Kan.) C	30.96	11.30	(2.0)	4/12/25	Wichita State K.T. Woodman I
3	Ruth AGADAMA	SO	#5 South Plains (Texas)	28.52	11.35	(1.1)	4/12/25	Jo Meaker Classic & Multi
4	Anita AFRIFA	SO	#17 Colby (Kan.) CC	26.44	11.36	(1.1)	4/12/25	Jo Meaker Classic & Multi
5	Kamaria KNIGHT	SO	#1 New Mexico JC	24.00	11.41	(1.6)	3/22/25	Wes Kittley Invitational
6	Trinity MONTGOMERY	SO	#6 Hinds (Miss.) CC	21.57	11.46w	(3.0)	4/5/25	Davenport-Milburn Pelican Re
7	La'Nica LOCKER	SO	#6 Hinds (Miss.) CC {2}	19.50	11.47w	(2.4)	4/19/25	Jim Mize Invitational
8	Adetutu ALADELOYE	SO	#18 Allen (Kan.) CC	17.39	11.49	(1.5)	3/28/25	Emporia State Relays
9	Mickayla GARDENER	FR	#12 Central Arizona	15.27	11.51	(1.5)	4/5/25	UCSD Triton Invitational
10	Ranayla MOTEN	FR	#18 Allen (Kan.) CC {2}	3.16	D 11.53w	(2.4)	4/12/25	Arkansas Spring Invitational
11	Crystal CHAMBERS	SO	#14 Fort Scott (Kan.) CC	11.10	11.54	(1.5)	3/28/25	Emporia State Relays
12	Caneilia HOPE	FR	#6 Hinds (Miss.) CC {3}	9.99	11.56w	(2.4)	4/19/25	Jim Mize Invitational
13	Lovina EWUSI	SO	#11 Western Texas	2.76	D 11.60	(1.6)	3/22/25	Wes Kittley Invitational
14	Linya GEDEON	SO	#9 Coffeyville (Kan.) CC {2}	7.66	11.63w	(3.8)	4/17/25	Pittsburg State Tune-Up
14	Ida SMITH	FR	#20 Indian Hills (Iowa) CC	7.66	11.63w	(2.8)	4/12/25	Arkansas Spring Invitational
14	Amari PRATT	SO	#1 New Mexico JC {2}	7.66	11.63	(1.9)	4/12/25	Jo Meaker Classic & Multi
14	Serena GRACE	FR	#4 Iowa Western CC	7.66	11.63	(2.0)	4/12/25	Wichita State K.T. Woodman I
18	Kayda AUSTIN	FR	#2 Barton (Kan.) CC	4.58	11.66	(1.6)	4/19/25	Michael Johnson Classic
19	Zariah GREAVES	SO	#15 Iowa Central CC	4.02	11.68w	(3.1)	3/28/25	Emporia State Relays
19	Felicia AWUDI	FR	#17 Colby (Kan.) CC {2}	4.02	11.68	(1.6)	3/22/25	West Texas Relays
21	Nandy KIHUYU	SO	#1 New Mexico JC {3}	2.91	11.72	(1.0)	3/22/25	Wes Kittley Invitational
21	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	TM-3	11.72	(1.6)	3/22/25	Wes Kittley Invitational
23	Kayveonna JACKSON	SO	#18 Allen (Kan.) CC {3}	1.85	11.74	(1.9)	4/12/25	Arkansas Spring Invitational
24	Charlize FRASER	FR	#11 Western Texas {2}	1.33	11.75w	(2.9)	4/12/25	McMurry War Hawk Classic
25	Dayjonique CATO	SO	#14 Fort Scott (Kan.) CC {2}	1.22	11.77w	(2.1)	4/17/25	Pittsburg State Tune-Up
26	Sidney HOLT	FR	#19 Hutchinson (Kan.) CC	1.14	11.78w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
27	Kyja WILLIS	FR	#11 Western Texas {3}	1.01	11.81w	(2.9)	4/12/25	McMurry War Hawk Classic
28	Shanteria WASHINGTON	SO	Highland (Kan.) CC	0.93	11.82w	(2.4)	4/12/25	Arkansas Spring Invitational
29	Nalicia GLEN	FR	#1 New Mexico JC {5}	TM-5	11.85w	(2.5)	4/12/25	Jo Meaker Classic & Multi
29	Dhakiya BLAKE	SO	#9 Coffeyville (Kan.) CC {3}	0.80	11.85w	(3.8)	4/17/25	Pittsburg State Tune-Up
31	Jayden PIPER	SO	#14 Fort Scott (Kan.) CC {3}	0.65	11.87w	(3.5)	4/12/25	Wichita State K.T. Woodman I
32	Judith KOUMEDZINA	SO	#4 Iowa Western CC {2}	0.60	11.92w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
32	Beatrice BOAKYE	FR	#17 Colby (Kan.) CC {3}	0.60	11.92	(1.0)	4/12/25	Jo Meaker Classic & Multi
34	Destiny MITCHELL	SO	#20 Indian Hills (Iowa) CC{2}	0.50	11.93	(1.9)	4/12/25	Arkansas Spring Invitational
34	Zekira SNOW	SO	#20 Indian Hills (Iowa) CC{2}	0.50	11.93	(1.5)	3/28/25	Emporia State Relays
34	Aniya SUKU	FR	Bryant & Stratton (Va.)	0.50	11.93	(1.1)	4/5/25	Norfolk State Invitational
37	Ritorion VIGNE	SO	#6 Hinds (Miss.) CC {4}	TM-4	11.94w	(2.4)	4/5/25	Davenport-Milburn Pelican Re
37	Kennidra SPIGNER	FR	#2 Barton (Kan.) CC {2}	0.35	11.94w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
37	Nakirsten HUGHES	FR	#24 Meridian (Miss.) CC	0.35	11.94w	(3.7)	4/5/25	Doc Anderson Invitational
37	Michaelyn FISHER	FR	Richard Bland (Va.)	0.35	11.94	(0.8)	3/29/25	Trojan Challenge
41	Kenyatta GRATE	SO	#20 Indian Hills (Iowa) CC{4}	TM-4	11.97	(0.5)	3/28/25	Emporia State Relays
42	Maliah EDWARDS	SO	#1 New Mexico JC {6}	TM-6	11.98w	(2.2)	3/29/25	Bobcat Invitational (Texas Sta
42	Tierra WILLIAMS	FR	#9 Coffeyville (Kan.) CC {4}	TM-4	11.98w	(3.5)	4/17/25	Pittsburg State Tune-Up
42	Oluwatumininu SANYAOLU	FR	#5 South Plains (Texas) {2}	0.20	11.98c	(11.95A) (1.	4/3/25	Masked Rider Outdoor Open
45	Mekhila SANDERS	FR	Garden City (Kan.) CC	0.13	11.99	(-0.1)	4/19/25	KWU Coyote Classic
45	Takelia WILLIAMS	FR	#2 Barton (Kan.) CC {3}	0.13	11.99w	(2.5)	3/29/25	Mark A. Phillips Tiger Open
47	Kimberly BAKER	SO	Essex County (N.J.)	0.08	12.01	(1.3)	3/29/25	The Big Hurt
48	Sydney ROQUEBRUN	SO	#5 South Plains (Texas) {3}	0.05	12.03	(1.6)	3/22/25	West Texas Relays
49	Sofia CARDOZO	JR	#21 Paradise Valley (Ariz.)	0.03	12.04	(0.1)	3/20/25	PV/ALTIS Invite
50	Nyla NORMAN	SO	#20 Indian Hills (Iowa) CC{5}	TM-5	12.06w	(2.8)	4/12/25	Arkansas Spring Invitational



National TFRI Event Summary

Women's 100 Meter Hurdles — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Brianna BOYCE	SO #11 Western Texas	33.51	13.50w	(2.8)	3/22/25	Wes Kitley Invitational
2	Linya GEDEON	SO #9 Coffeyville (Kan.) CC	31.11	13.59w	(2.2)	4/17/25	Pittsburg State Tune-Up
3	Maliah EDWARDS	SO #1 New Mexico JC	28.46	13.74	(1.3)	4/12/25	Jo Meaker Classic & Multi
4	Dymonde NAVE	SO #20 Indian Hills (Iowa) CC	26.37	13.76w	(2.6)	3/28/25	Emporia State Relays
5	Lovina EWUSI	SO #11 Western Texas {2}	3.99	D 13.85	(1.8)	3/29/25	Texas Relays
6	Seanna GAYE-LESLIE	FR #6 Hinds (Miss.) CC	21.86	13.88	(1.3)	4/11/25	Strawberry Relays
7	Asharria ULETT	FR #2 Barton (Kan.) CC	19.72	13.93	(1.2)	4/19/25	Michael Johnson Classic
8	Rashema LINDO	FR #5 South Plains (Texas)	17.69	13.94cw	(13.90A) (2.	4/3/25	Masked Rider Outdoor Open
9	Lenasia DRUMMOND	SO #6 Hinds (Miss.) CC {2}	15.14	14.19	(2.0)	4/19/25	Jim Mize Invitational
10	Oluwatumininu SANYAOLU	FR #5 South Plains (Texas) {2}	13.03	14.27	(1.8)	4/12/25	Jo Meaker Classic & Multi
11	Ty'yanah ADAMS	FR #2 Barton (Kan.) CC {2}	10.95	14.33	(0.5)	4/12/25	Crimson Tide Invite
12	DiaMonae THOMAS	SO Highland (Kan.) CC	9.92	14.35w	(2.2)	4/17/25	Pittsburg State Tune-Up
13	Damaria BELL	SO #14 Fort Scott (Kan.) CC	8.89	14.37w	(2.2)	4/17/25	Pittsburg State Tune-Up
14	Nanhi PANNU	FR #3 Cloud County (Kan.) C	7.84	14.41w	(3.2)	4/12/25	Wichita State K.T. Woodman I
15	Kadina DEEBLE	FR Essex County (N.J.)	6.78	14.45w	(2.5)	3/29/25	The Big Hurt
16	Chenessa DAVIS	SO #3 Cloud County (Kan.) {2}	5.76	14.47	(-0.9)	4/5/25	Friends Invitational
16	Tanique TAYLOR	SO #4 Iowa Western CC	5.76	14.47w	(2.6)	3/29/25	Bobcat Invitational (Texas Sta
18	Tahlia LIENERT	FR #3 Cloud County (Kan.) {3}	4.73	14.49	(1.4)	4/19/25	Kansas Relays
19	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	4.10	14.59w	(3.2)	4/12/25	Wichita State K.T. Woodman I
20	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	3.56	14.62	(0.3)	3/29/25	Cody McBride/Distance in the
21	Ma-Avian WILLIAMS	SO Essex County (N.J.) {2}	2.96	14.69	(1.2)	4/5/25	Metropolitan Championships
22	Alisha JACKSON	FR Bryant & Stratton (Va.	2.27	14.84	(-1.7)	4/19/25	New Captains Classic/Combin
23	Dedra WOOD	FR #23 Bismarck State (N.D.)	1.75	14.85	(1.2)	4/6/25	Al Bortke Open
24	Juwonna WHITEHORNE	FR #5 South Plains (Texas) {3}	1.19	14.90cw	(14.86A) (2.	4/3/25	Masked Rider Outdoor Open
25	Jada HATCHER	FR Richard Bland (Va.)	1.08	14.95	(1.4)	4/19/25	Aggie Invitational
26	Aliyah GIDHARRY	SO #12 Central Arizona	0.91	15.04	(-0.5)	4/18/25	Aztec Outdoor
26	Shyla COOPER	FR Richard Bland (Va.) {2}	0.91	15.04	(1.6)	3/29/25	Trojan Challenge
28	Arriana JOHNSON	SO #20 Indian Hills (Iowa) CC {2}	0.80	15.13	(1.8)	4/19/25	Kansas Relays
29	Anijah JAMES	FR Richard Bland (Va.) {3}	0.75	15.14w	(2.8)	4/19/25	Aggie Invitational
29	Abril OKON	SO #5 South Plains (Texas) {4}	TM-4	15.14w	(2.1)	4/12/25	Jo Meaker Classic & Multi
31	Hannah DROEG	FR #8 Pima (Ariz.) CC	0.65	15.17	(-1.1)	3/28/25	Mesa Multis
32	Alexia WALKER	FR #2 Barton (Kan.) CC {3}	0.60	15.42	(-0.4)	4/19/25	Michael Johnson Classic
33	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	0.55	15.44	(-1.1)	3/28/25	Mesa Multis
34	Michelle LEWIS	FR Hesston (Kan.)	0.50	15.46w	(2.5)	4/12/25	Wichita State K.T. Woodman I
35	Ja'Kheria KELSER	FR #9 Coffeyville (Kan.) CC {2}	0.45	15.47	(0.8)	3/13/25	Dean Pryor Invitational
36	Layla KONSKI	FR #8 Pima (Ariz.) CC {2}	0.40	15.57	(-1.1)	3/28/25	Mesa Multis
37	Madison JACKSON	FR Coahoma (Miss.) CC	0.35	15.59	(0.4)	3/22/25	Belhaven Invitational
38	Widlife VERMILUS	SO #2 Barton (Kan.) CC {4}	TM-4	15.61w	(4.0)	3/29/25	Mark A. Phillips Tiger Open
38	Zoe ALLEN	FR #22 Vincennes (Ind.)	0.30	15.61	(-0.2)	4/12/25	Indiana Little State Invitation
40	Sierra BROOKS	FR #19 Hutchinson (Kan.) CC	0.25	15.64w	(4.0)	3/29/25	Mark A. Phillips Tiger Open
41	Jakouria JAMERSON	SO #14 Fort Scott (Kan.) CC {2}	0.23	15.66w	(2.2)	4/17/25	Pittsburg State Tune-Up
42	Taja CONLEY	SO North Iowa Area CC	0.20	15.72	(1.7)	4/19/25	DeBacker Invitational
43	Natalia BRZEZNIAK	JR #13 Mesa (Ariz.) CC {2}	0.18	15.73	(-1.6)	4/12/25	Gaucha Collegiate Outdoor In
44	Tyler WASHINGTON	SO #8 Pima (Ariz.) CC {3}	0.15	15.75	(-0.9)	4/12/25	Gaucha Collegiate Outdoor In
45	Ella HOMAWOO	FR #15 Iowa Central CC	0.13	15.90w	(3.2)	3/28/25	Emporia State Relays
46	Marcy MONELL	SO #14 Fort Scott (Kan.) CC {3}	0.10	15.94w	(2.2)	4/17/25	Pittsburg State Tune-Up
47	Bethany SLOVENSKY	FR State Fair (Mo.)	0.08	15.99	(1.0)	4/18/25	Culver-Stockton Wildcat Ope
48	Eden BROUWERS	FR #15 Iowa Central CC {2}	0.05	16.00w	(4.0)	3/28/25	Emporia State Relays
49	Carlie CARLGREN	FR #3 Cloud County (Kan.) {4}	TM-4	16.12w	(2.5)	4/12/25	Wichita State K.T. Woodman I
50	Tyra CHRISTEAN.	FR #8 Pima (Ariz.) CC {4}	TM-4	16.14	(-0.9)	4/12/25	Gaucha Collegiate Outdoor In



National TFRI Event Summary

Women's 200 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Anita AFRIFA	SO #17 Colby (Kan.) CC	33.75	22.95	(1.9)	4/12/25	Jo Meaker Classic & Multi
2	Keliza SMITH	SO #2 Barton (Kan.) CC	30.77	23.21	(1.5)	4/19/25	Michael Johnson Classic
3	La'Nica LOCKER	SO #6 Hinds (Miss.) CC	28.58	23.26	(1.8)	4/11/25	Strawberry Relays
4	Maimuna JALLOW	FR #3 Cloud County (Kan.) C	26.25	23.35w	(2.4)	4/19/25	Kansas Relays
5	Kayda AUSTIN	FR #2 Barton (Kan.) CC {2}	23.96	23.43	(-0.3)	4/12/25	Crimson Tide Invite
6	Charlize FRASER	FR #11 Western Texas	21.32	23.66w	(2.5)	3/22/25	Wes Kittley Invitational
7	Ranayla MOTEN	FR #18 Allen (Kan.) CC	19.25	23.69w	(3.1)	3/28/25	Emporia State Relays
8	Royanah FARMER	SO #9 Coffeyville (Kan.) CC	17.23	23.70	(0.0)	4/10/25	Red Raven Invite
8	Lovina EWUSI	SO #11 Western Texas {2}	3.23 D	23.70	(1.3)	4/19/25	Michael Johnson Classic
10	Rafiatu NUHU	SO #3 Cloud County (Kan.) {2}	13.18	23.72w	(2.5)	4/12/25	Wichita State K.T. Woodman I
10	Mekhila SANDERS	FR Garden City (Kan.) CC	13.18	23.72	(-0.7)	4/19/25	KWU Coyote Classic
12	Mickayla GARDENER	FR #12 Central Arizona	10.08	23.76	(0.2)	3/22/25	Willie Williams/Dave Murray D
13	Adetutu ALADELOYE	SO #18 Allen (Kan.) CC {2}	9.06	23.77w	(3.1)	3/28/25	Emporia State Relays
13	Oluwatumininu SANYAOLI	FR #5 South Plains (Texas)	9.06	23.77w	(3.3)	3/22/25	West Texas Relays
15	Serena GRACE	FR #4 Iowa Western CC	6.82	23.87	(2.0)	4/12/25	Wichita State K.T. Woodman I
16	Trinity MONTGOMERY	SO #6 Hinds (Miss.) CC {2}	5.73	23.91w	(2.8)	4/19/25	Jim Mize Invitational
17	Kamaria KNIGHT	SO #1 New Mexico JC	5.12	23.97c	(23.90A) (-3	4/3/25	Masked Rider Outdoor Open
18	Linya GEDEON	SO #9 Coffeyville (Kan.) CC {2}	2.53 D	24.05	(0.0)	4/10/25	Red Raven Invite
19	Nyla BLACKMON	SO #20 Indian Hills (Iowa) CC	3.97	24.10w	(3.1)	4/12/25	Arkansas Spring Invitational
20	Crystal CHAMBERS	SO #14 Fort Scott (Kan.) CC	3.46	24.11	(1.8)	3/28/25	Emporia State Relays
21	Tierra WILLIAMS	FR #9 Coffeyville (Kan.) CC {3}	2.90	24.16	(0.0)	4/10/25	Red Raven Invite
22	Dayjonique CATO	SO #14 Fort Scott (Kan.) CC {2}	2.33	24.22	(0.5)	4/12/25	Wichita State K.T. Woodman I
23	Ida SMITH	FR #20 Indian Hills (Iowa) CC {2}	1.80	24.24w	(3.6)	4/12/25	Arkansas Spring Invitational
24	Dhakiya BLAKE	SO #9 Coffeyville (Kan.) CC {4}	TM-4	24.26	(0.0)	4/10/25	Red Raven Invite
25	Emmanuella SQUIRE	SO #14 Fort Scott (Kan.) CC {3}	1.22	24.27	(2.0)	4/12/25	Wichita State K.T. Woodman I
26	Felicia AWUDI	FR #17 Colby (Kan.) CC {2}	1.12	24.31	(1.6)	4/12/25	Jo Meaker Classic & Multi
27	Kennidra SPIGNER	FR #2 Barton (Kan.) CC {3}	1.02	24.36	(0.5)	4/12/25	Crimson Tide Invite
28	Amari PRATT	SO #1 New Mexico JC {2}	0.95	24.37w	(3.1)	3/22/25	Wes Kittley Invitational
29	Ivana ODONKOR	SO #14 Fort Scott (Kan.) CC {4}	TM-4	24.39w	(2.4)	4/17/25	Pittsburg State Tune-Up
30	Nyla NORMAN	SO #20 Indian Hills (Iowa) CC {3}	0.80	24.42w	(3.6)	4/12/25	Arkansas Spring Invitational
31	Sidney HOLT	FR #19 Hutchinson (Kan.) CC	0.72	24.44	(1.2)	4/12/25	Wichita State K.T. Woodman I
32	Brieanna BOYCE	SO #11 Western Texas {3}	0.65	24.46c	(24.39A) (-3	4/3/25	Masked Rider Outdoor Open
33	Judith KOUMEDZINA	SO #4 Iowa Western CC {2}	0.55	24.52	(2.0)	4/12/25	Wichita State K.T. Woodman I
34	Aniya SUKU	FR Bryant & Stratton (Va.	0.50	24.57	(1.0)	4/5/25	Norfolk State Invitational
35	Jayden PIPER	SO #14 Fort Scott (Kan.) CC {5}	TM-5	24.61w	(2.7)	3/20/25	Kirk Baptiste Spring Break Inv
36	Kyja WILLIS	FR #11 Western Texas {4}	TM-4	24.62w	(4.0)	3/22/25	Wes Kittley Invitational
36	Kettia AMBROSE	SO Monroe-New Rochelle	0.40	24.62	(1.4)	3/29/25	Raleigh Relays
36	Maliah EDWARDS	SO #1 New Mexico JC {3}	0.40	24.62	(1.3)	4/12/25	Jo Meaker Classic & Multi
39	Takelia WILLIAMS	FR #2 Barton (Kan.) CC {4}	TM-4	24.73	(1.9)	4/12/25	Crimson Tide Invite
40	Sofia CARDOZO	JR #21 Paradise Valley (Ariz.)	0.25	24.75	(-0.6)	3/29/25	Cody McBride/Distance in the
41	Kayveonna JACKSON	SO #18 Allen (Kan.) CC {3}	0.23	24.78	(1.8)	3/28/25	Emporia State Relays
42	Andrea SHAW	SO #14 Fort Scott (Kan.) CC {6}	TM-6	24.88w	(3.3)	3/13/25	Dean Pryor Invitational
43	Beatrice BOAKYE	FR #17 Colby (Kan.) CC {3}	0.18	24.89	(1.8)	4/12/25	Jo Meaker Classic & Multi
43	Ritorion VIGNE	SO #6 Hinds (Miss.) CC {3}	0.18	24.89w	(3.1)	4/19/25	Jim Mize Invitational
45	Nalicia GLEN	FR #1 New Mexico JC {4}	TM-4	24.92c	(24.85A) (-1	4/3/25	Masked Rider Outdoor Open
46	Sydney ROQUEBRUN	SO #5 South Plains (Texas) {2}	0.10	24.94w	(3.2)	3/22/25	West Texas Relays
46	Tuwana MCLEAN	FR #1 New Mexico JC {5}	TM-5	24.94	(2.0)	4/19/25	Michael Johnson Classic
48	Kennedy MOSLEY	SO #14 Fort Scott (Kan.) CC {7}	TM-7	25.04w	(3.5)	4/12/25	Wichita State K.T. Woodman I
48	Ja'Kheria KELSER	FR #9 Coffeyville (Kan.) CC {5}	TM-5	25.04w	(3.3)	3/13/25	Dean Pryor Invitational
50	Michaelyn FISHER	FR Richard Bland (Va.)	0.01	25.05	(0.5)	4/5/25	Colonial Relays



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Women's 400 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Rafiatu NUHU	SO #3 Cloud County (Kan.) C	33.91	52.73	4/19/25 Kansas Relays
2	Keliza SMITH	SO #2 Barton (Kan.) CC	31.63	52.91	4/12/25 Crimson Tide Invite
3	Nandy KIHUYU	SO #1 New Mexico JC	29.13	53.23	4/19/25 Michael Johnson Classic
4	Queen USUNOBUN	FR #6 Hinds (Miss.) CC	26.60	53.58	4/19/25 Jim Mize Invitational
5	Lovina EWUSI	SO #11 Western Texas	24.03	54.05	4/12/25 McMurry War Hawk Classic
6	Dayjonique CATO	SO #14 Fort Scott (Kan.) CC	21.51	54.57	3/20/25 Kirk Baptiste Spring Break Inv
7	Ranayla MOTEN	FR #18 Allen (Kan.) CC	19.22	54.86	4/5/25 Friends Invitational
8	La'Nica LOCKER	SO #6 Hinds (Miss.) CC {2}	3.06	D 55.03	4/5/25 Davenport-Milburn Pelican Re
8	Twyshanna HUIE	SO #6 Hinds (Miss.) CC {2}	17.06	55.03	3/22/25 Belhaven Invitational
10	Kettia AMBROSE	SO Monroe-New Rochelle	13.00	55.09	4/4/25 Sam Howell Invitational
11	Charlize FRASER	FR #11 Western Texas {2}	10.96	55.13c (55.02A)	4/3/25 Masked Rider Outdoor Open
12	Nontokozo NCUBE	SO #3 Cloud County (Kan.) CC {2}	9.90	55.19	4/12/25 Wichita State K.T. Woodman I
13	Jayden PIPER	SO #14 Fort Scott (Kan.) CC {2}	8.89	55.20	4/17/25 Pittsburg State Tune-Up
14	Tierra WILLIAMS	FR #9 Coffeyville (Kan.) CC	7.87	55.22	4/10/25 Red Raven Invite
15	Ivana ODONKOR	SO #14 Fort Scott (Kan.) CC {3}	6.82	55.27	4/17/25 Pittsburg State Tune-Up
16	Dhakiya BLAKE	SO #9 Coffeyville (Kan.) CC {2}	5.79	55.31	4/10/25 Red Raven Invite
17	Amalinaly PEMBERTON	SO #9 Coffeyville (Kan.) CC {3}	4.98	55.67	3/29/25 Bobcat Invitational (Texas Sta
18	Natasha FOX	FR #2 Barton (Kan.) CC {2}	4.44	55.76	4/19/25 Michael Johnson Classic
19	Kaliyah JONES	FR Monroe-New Rochelle {2}	3.93	55.78	4/4/25 Sam Howell Invitational
20	Jody ANN MITCHELL	SO #1 New Mexico JC {2}	2.33	D 55.99	4/12/25 Jo Meaker Classic & Multi
21	Kennedy MOSLEY	SO #14 Fort Scott (Kan.) CC {4}	TM-4	56.01	4/17/25 Pittsburg State Tune-Up
22	Narissa MCPHERSON	FR #2 Barton (Kan.) CC {3}	2.27	56.11	4/12/25 Crimson Tide Invite
23	Laurie LOUIS	SO #20 Indian Hills (Iowa) CC	1.77	56.12	4/12/25 Arkansas Spring Invitational
23	Shagay SHEPPY	FR #11 Western Texas {3}	1.77	56.12	3/22/25 Wes Kittley Invitational
25	Caydence BREWER	SO #6 Hinds (Miss.) CC {4}	TM-4	56.17	4/5/25 Davenport-Milburn Pelican Re
26	Emmanuella SQUIRE	SO #14 Fort Scott (Kan.) CC {5}	TM-5	56.25	3/20/25 Kirk Baptiste Spring Break Inv
27	Bianca GLEIM	SO Dodge City (Kan.) CC	1.03	56.30	4/12/25 Wichita State K.T. Woodman I
28	Ala' Jah BROOKS	SO #18 Allen (Kan.) CC {2}	0.95	56.37	4/12/25 Arkansas Spring Invitational
29	Mickayla GARDENER	FR #12 Central Arizona	0.80	56.57	4/12/25 Gaucho Collegiate Outdoor In
30	Nyla BLACKMON	SO #20 Indian Hills (Iowa) CC {2}	0.71	56.67	3/28/25 Emporia State Relays
31	Mekhila SANDERS	FR Garden City (Kan.) CC	0.65	56.74c (56.63A)	4/3/25 Masked Rider Outdoor Open
32	Tuwana MCLEAN	FR #1 New Mexico JC {3}	0.60	56.78	4/12/25 Jo Meaker Classic & Multi
33	Grace KOMBETTO	SO #12 Central Arizona {2}	0.55	57.28	4/18/25 Bryan Clay Invitational
34	Jayla WERTS	SO Richard Bland (Va.)	0.50	57.34	3/21/25 Fred Hardy Invitational
35	Ysanne PEART	SO #1 New Mexico JC {4}	TM-4	57.62	4/19/25 Michael Johnson Classic
36	Vilorina TUILAWAKI	SO Neosho County (Kan.)	0.40	57.72	4/19/25 Kansas Relays
37	Nour RAHOU	FR #5 South Plains (Texas)	0.35	57.77	4/12/25 Jo Meaker Classic & Multi
38	Alexa ZANDERS	FR #20 Indian Hills (Iowa) CC {3}	0.30	57.86	4/12/25 Arkansas Spring Invitational
39	J'layah SPELLMAN COLLINS	SO #8 Pima (Ariz.) CC	0.28	57.91	3/22/25 Willie Williams/Dave Murray D
40	Amiyanee HARRIS	SO #12 Central Arizona {3}	0.25	58.22	3/29/25 Cody McBride/Distance in the
41	Mechak Linda BULA BULA	FR #15 Iowa Central CC	0.23	58.46	4/18/25 Maverick Invitational
42	J'Nya DEMMING	SO Highland (Kan.) CC	0.20	58.66	4/12/25 Arkansas Spring Invitational
43	Oksanna SMITH	FR Lake-Sumter State (Fl)	0.18	58.68	4/13/25 Pure Athletics Sprint Elite Me
44	Jakhia MARTIN	FR #24 Meridian (Miss.) CC	0.15	58.76	4/12/25 Crimson Tide Invite
45	Kialia CLAIBORNE	SO #2 Barton (Kan.) CC {4}	TM-4	58.90	4/19/25 Michael Johnson Classic
46	Keyonna MCGILL	SO Cuyahoga (Ohio) CC	0.10	58.91	4/13/25 Mount Union John Homan Op
47	Cshanti PIERCE	SO #24 Meridian (Miss.) CC {2}	0.08	58.98	4/5/25 Doc Anderson Invitational
48	Lania MCDONALD	FR #6 Hinds (Miss.) CC {5}	TM-5	59.01	4/19/25 Jim Mize Invitational
49	Avery JENSEN	SO #7 Salt Lake (Utah) CC	0.03	59.12c (59.01A)	4/11/25 Weber State Spring Classic
50	Sharon STRYDOM	SO UA Rich Mountain (Ark)	0.01	59.29	4/12/25 Carl Kight Invitational



National TFRI Event Summary

Women's 400 Meter Hurdles — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Twyshanna HUIE	SO	#6 Hinds (Miss.) CC	33.46		59.80	4/19/25 Jim Mize Invitational
2	Lovina EWUSI	SO	#11 Western Texas	31.41		59.86	3/22/25 Wes Kittley Invitational
3	Natasha FOX	FR	#2 Barton (Kan.) CC	28.70		1:00.74	4/19/25 Michael Johnson Classic
4	Nour RAHOU	FR	#5 South Plains (Texas)	26.39		1:01.14c (1:01.03A)	4/3/25 Masked Rider Outdoor Open
5	T'kyla BENNETT	SO	#6 Hinds (Miss.) CC {2}	24.34		1:01.21	4/5/25 Davenport-Milburn Pelican Re
6	Brieanna BOYCE	SO	#11 Western Texas {2}	21.76		1:02.24	4/19/25 Michael Johnson Classic
7	Kialia CLAIBORNE	SO	#2 Barton (Kan.) CC {2}	19.44		1:02.88	4/19/25 Michael Johnson Classic
8	Ysanne PEART	SO	#1 New Mexico JC	17.42		1:02.92	4/19/25 Michael Johnson Classic
9	Nanhi PANNU	FR	#3 Cloud County (Kan.) C	15.21		1:03.34	4/5/25 Friends Invitational
10	Tanique TAYLOR	SO	#4 Iowa Western CC	13.08		1:03.63	4/19/25 UNK Loper Invitational
11	Antonia MOULTRIE	FR	Garden City (Kan.) CC	11.00		1:03.95	4/19/25 KWU Coyote Classic
12	Oksanna SMITH	FR	Lake-Sumter State (Fl	9.88		1:04.43	4/5/25 Embry-Riddle Running Eleme
13	Marcy MONELL	SO	#14 Fort Scott (Kan.) CC	8.83		1:04.65	3/20/25 Kirk Baptiste Spring Break Inv
14	Dymonde NAVE	SO	#20 Indian Hills (Iowa) CC	7.81		1:04.72	3/28/25 Emporia State Relays
15	Jakouria JAMERSON	SO	#14 Fort Scott (Kan.) CC {2}	6.77		1:04.89	4/17/25 Pittsburg State Tune-Up
16	Chadrak Belinda BULA BULA	FR	#15 Iowa Central CC	5.75		1:04.94	4/5/25 South Dakota Early Bird
16	Tyra CHRISTEAN.	FR	#8 Pima (Ariz.) CC	5.75		1:04.94	4/5/25 UCSD Triton Invitational
18	Paula ORUSEDE	SO	Essex County (N.J.)	4.62		1:05.51	4/5/25 Metropolitan Championships
19	Arriana JOHNSON	SO	#20 Indian Hills (Iowa) CC{2}	4.09		1:05.61	4/19/25 Kansas Relays
20	Ja'Kheria KELSER	FR	#9 Coffeyville (Kan.) CC	3.57		1:05.72	3/23/25 Bethel (Kan.) College Open
21	Hannah DROEG	FR	#8 Pima (Ariz.) CC {2}	2.49	D	1:06.06	4/5/25 UCSD Triton Invitational
22	Taja CONLEY	SO	North Iowa Area CC	2.31		1:06.83	4/11/25 Jim Duncan Invitational
23	Shyla COOPER	FR	Richard Bland (Va.)	1.74		1:07.10	4/5/25 Colonial Relays
24	Aliya SCHOCK	SO	#23 Bismarck State (N.D.)	1.15		1:07.50	4/6/25 Al Bortke Open
25	Melody KREMER	JR	Hawkeye (Iowa) CC	1.00		1:07.96	4/5/25 Mississippi River Rumble
26	Jaelyn RUMBACK	SO	#3 Cloud County (Kan.) {2}	0.90		1:08.86	4/19/25 Kansas Relays
27	Juaneya SYKES	SO	#14 Fort Scott (Kan.) CC {3}	0.85		1:09.00	4/17/25 Pittsburg State Tune-Up
28	Zoe ALLEN	FR	#22 Vincennes (Ind.)	0.80		1:09.18	4/12/25 Indiana Little State Invitation
29	Aniya SUKU	FR	Bryant & Stratton (Va.	0.75		1:09.36	3/29/25 Seahawk Invitational
30	Alisha JACKSON	FR	Bryant & Stratton (Va){2}	0.70		1:09.39	3/29/25 Seahawk Invitational
31	Damaria BELL	SO	#14 Fort Scott (Kan.) CC {4}	TM-4		1:09.65	3/20/25 Kirk Baptiste Spring Break Inv
32	Rhea FLANDERS	FR	Neosho County (Kan.)	0.60		1:09.81	4/12/25 Wichita State K.T. Woodman I
33	Berlynn BLACK	SO	Highland (Kan.) CC	0.55		1:09.89	3/29/25 Central Methodist Invitational
34	Erin SMITH	SO	Richard Bland (Va.) {2}	0.50		1:09.98	4/19/25 Aggie Invitational
35	Kate DARE	FR	#13 Mesa (Ariz.) CC	0.45		1:10.04	4/18/25 ULV Leopard Invitational
36	Olivia LEATHERMAN	FR	Dodge City (Kan.) CC	0.40		1:10.79	4/12/25 Wichita State K.T. Woodman I
37	Dedra WOOD	FR	#23 Bismarck State (N.D.){2}	0.35		1:10.83	3/28/25 Central Nebraska Challenge
38	Jayda GREEN	SO	#9 Coffeyville (Kan.) CC {2}	0.30		1:11.38	3/13/25 Dean Pryor Invitational
39	Widlife VERMILUS	SO	#2 Barton (Kan.) CC {3}	0.28		1:13.28	4/19/25 KWU Coyote Classic
40	Ciara MAY	FR	Cuyahoga (Ohio) CC	0.25		1:13.48	4/5/25 GVSU Early Meet
41	Carlie CARLGREN	FR	#3 Cloud County (Kan.) {3}	0.23		1:13.92	4/19/25 Kansas Relays
42	Madison JACKSON	FR	Coahoma (Miss.) CC	0.20		1:14.34	4/11/25 Strawberry Relays
43	Milan KAUR	FR	Phoenix (Ariz.)	0.18		1:18.01	4/12/25 Gaucho Collegiate Outdoor In
44	Tyler WASHINGTON	SO	#8 Pima (Ariz.) CC {3}	0.15		1:21.33	3/29/25 Cody McBride/Distance in the



National TFRI Event Summary

Women's 800 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Amal KACHOURI	FR	#1 New Mexico JC	33.11	2:07.84c	(2:08.21A)	4/3/25	Masked Rider Outdoor Open
2	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	30.92	2:08.22c	(2:08.60A)	4/3/25	Masked Rider Outdoor Open
3	Millicent WAFULA	FR	#10 Odessa (Texas)	4.26	2:09.53c	(2:09.91A)	4/3/25	Masked Rider Outdoor Open
4	Shone WALTERS	SO	#2 Barton (Kan.) CC	26.06	2:09.94		4/12/25	Crimson Tide Invite
5	Nontokozo NCUBE	SO	#3 Cloud County (Kan.) C	24.04	2:09.98		4/5/25	Friends Invitational
6	N Vanee ANCHIKE	SO	#3 Cloud County (Kan.) {2}	21.81	2:10.44		4/5/25	Friends Invitational
7	Emilly SILVA	SO	#1 New Mexico JC {3}	19.69	2:10.69c	(2:11.08A)	4/3/25	Masked Rider Outdoor Open
8	Lindsey LOPES	FR	#7 Salt Lake (Utah) CC	17.64	2:10.80		4/18/25	Bryan Clay Invitational
9	Angeline ESTRADA	SO	#4 Iowa Western CC	15.59	2:10.92		4/18/25	Bryan Clay Invitational
10	Avery JENSEN	SO	#7 Salt Lake (Utah) CC {2}	13.51	2:11.16		4/18/25	Bryan Clay Invitational
11	Rosemary ARTHUR	SO	#17 Colby (Kan.) CC	11.32	2:11.75		4/12/25	Jo Meaker Classic & Multi
12	Mercy ANGAAMCHAAB	SO	#3 Cloud County (Kan.) {3}	10.29	2:11.85		4/5/25	Friends Invitational
13	Kaydeen JOHNSON	FR	#10 Odessa (Texas) {2}	8.88	2:14.13c	(2:14.53A)	4/3/25	Masked Rider Outdoor Open
14	Grace KOMBETTO	SO	#12 Central Arizona	7.87	2:14.19		4/18/25	Bryan Clay Invitational
15	Attoya HARVEY	SO	Monroe-New Rochelle	6.84	2:14.34		3/29/25	Raleigh Relays
16	Daisy SPEET	FR	Lansing (Mich.) CC	5.81	2:14.52		4/4/25	Spartan Invitational
17	Elayna LOVERIDGE	SO	#7 Salt Lake (Utah) CC {3}	5.13	2:15.65		4/18/25	Bryan Clay Invitational
18	Amanda KOTAMBE	FR	#3 Cloud County (Kan.) {4}	TM-4	2:16.14		4/5/25	Friends Invitational
19	Isabella BEILKE	FR	#25 Southern Idaho	3.91	2:17.07		4/17/25	Whitworth Twilight
20	Tyfone MARTINS	SO	#1 New Mexico JC {4}	TM-4	2:17.58		3/29/25	Bobcat Invitational (Texas Sta
21	Tara BOUCK	FR	#7 Salt Lake (Utah) CC {4}	TM-4	2:18.11		4/18/25	Bryan Clay Invitational
22	Daphne KAUSZ	SO	#1 New Mexico JC {5}	TM-5	2:18.15		4/12/25	Jo Meaker Classic & Multi
23	Francesca ALVARADO	SO	#1 New Mexico JC {6}	TM-6	2:18.32		3/29/25	Bobcat Invitational (Texas Sta
24	Tanesia GARDINER	FR	Monroe-New Rochelle {2}	1.21	2:18.42		3/29/25	Raleigh Relays
25	Joy JEPLETING	FR	Monroe-New Rochelle {3}	1.14	2:18.56		3/29/25	Raleigh Relays
26	Reatta DANOFF	SO	#8 Pima (Ariz.) CC	1.07	2:18.66		4/5/25	UCSD Triton Invitational
27	Serena DOUGLAS	SO	Essex County (N.J.)	0.94	2:19.23		4/5/25	Metropolitan Championships
28	Lucy MELZER	FR	#13 Mesa (Ariz.) CC	0.82	2:19.70		4/18/25	ULV Leopard Invitational
29	Katie MUNOZ	FR	#13 Mesa (Ariz.) CC {2}	0.75	2:19.95		4/18/25	ULV Leopard Invitational
30	Glorie KABUIN	SO	North Central Texas	0.70	2:20.35		3/29/25	Oklahoma Baptist Invitational
31	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC {3}	0.65	2:20.45		3/29/25	Cody McBride/Distance in the
31	Kinley JACKSON	FR	#13 Mesa (Ariz.) CC {3}	TM-3	2:20.45		3/29/25	Cody McBride/Distance in the
33	Melania TURAGA	FR	Neosho County (Kan.)	0.55	2:20.52		4/12/25	Wichita State K.T. Woodman I
34	Amalinaly PEMBERTON	SO	#9 Coffeyville (Kan.) CC	0.50	2:20.57		4/10/25	Red Raven Invite
35	Juliette GAVOIS	FR	#15 Iowa Central CC	0.45	2:20.67		4/12/25	Mustang Distance Carnival &
36	Kennedy KUNZ	FR	#25 Southern Idaho {2}	0.40	2:21.27		4/17/25	Whitworth Twilight
37	Aubrie BARZEE	FR	#25 Southern Idaho {3}	0.35	2:21.45		4/5/25	UNLV Rebel Elite
38	Meryeme MAI	FR	Garden City (Kan.) CC	0.30	2:21.53c	(2:21.94A)	4/3/25	Masked Rider Outdoor Open
39	Kendra GUEST	SO	#13 Mesa (Ariz.) CC {5}	TM-5	2:21.56		4/5/25	UCSD Triton Invitational
40	Sara BELGACEM	FR	#22 Vincennes (Ind.)	0.25	2:21.71		4/12/25	Indiana Little State Invitation
41	Victaline MUTAI	FR	Ranger (Texas)	0.23	2:21.78		3/22/25	Wes Kittley Invitational
42	Sharon STRYDOM	SO	UA Rich Mountain (Ark)	0.20	2:21.96		4/12/25	Carl Kight Invitational
43	Sarai CHAVEZ	SO	Dodge City (Kan.) CC	0.18	2:22.06		4/12/25	Wichita State K.T. Woodman I
44	Keira DAMRON	SO	#21 Paradise Valley (Ariz.)	0.15	2:22.21		3/29/25	Cody McBride/Distance in the
45	Mercy KIBUIGUT	FR	Crowder (Mo.)	0.13	2:22.53		4/19/25	Kansas Relays
46	Macie MORALES	FR	Ranger (Texas) {2}	0.10	2:22.56		3/22/25	Wes Kittley Invitational
47	Alexia WALKER	FR	#2 Barton (Kan.) CC {2}	0.08	2:22.70		4/12/25	Crimson Tide Invite
48	Ysanne PEART	SO	#1 New Mexico JC {7}	TM-7	2:22.93c	(2:23.35A)	4/3/25	Masked Rider Outdoor Open
49	Laynee ROWLEY	SO	#25 Southern Idaho {4}	TM-4	2:23.29		4/17/25	Whitworth Twilight
50	Alyssa MABRY	FR	Ranger (Texas) {3}	0.01	2:23.48		3/22/25	Wes Kittley Invitational



National TFRI Event Summary

Women's 1500 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Millicent WAFULA	FR #10	Odessa (Texas)	35.12	4:23.63	3/29/25 Texas Relays
2	N Vanee ANCHIKE	SO #3	Cloud County (Kan.) C	30.99	4:30.90	4/12/25 Wichita State K.T. Woodman I
3	Rosemary ARTHUR	SO #17	Colby (Kan.) CC	28.70	4:31.92	4/19/25 Kansas Relays
4	Kaydeen JOHNSON	FR #10	Odessa (Texas) {2}	26.69	4:31.96	3/29/25 Texas Relays
5	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC	23.73	4:35.72	4/18/25 Bryan Clay Invitational
6	Jody ANN MITCHELL	SO #1	New Mexico JC	21.53	4:36.85	4/19/25 Michael Johnson Classic
7	Mercy ANGAAMCHAAB	SO #3	Cloud County (Kan.) {2}	19.41	4:37.48	4/12/25 Wichita State K.T. Woodman I
8	Salma SADDUG	FR #10	Odessa (Texas) {3}	17.21	4:38.58	3/22/25 West Texas Relays
9	Angelina LIONE	FR #7	Salt Lake (Utah) CC {2}	3.20	D 4:38.63c (5:07.10A)	3/28/25 Utah Valley Collegiate
10	Elizabeth ILANDA	FR #10	Odessa (Texas) {4}	TM-4	4:40.51	3/22/25 West Texas Relays
11	Nora BRADY	SO	Heartland (Ill.) CC	10.82	4:40.71	3/29/25 Big Blue Alumni Invite
12	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC {3}	2.79	D 4:40.92c (5:09.63A)	3/28/25 Utah Valley Collegiate
13	Barbara NEIVA	SO	Trinidad State (Colo.)	8.77	4:41.01	4/18/25 Bryan Clay Invitational
14	Lindsey LOPES	FR #7	Salt Lake (Utah) CC {4}	TM-4	4:41.16	4/18/25 ULV Leopard Invitational
15	Francesca ALVARADO	SO #1	New Mexico JC {2}	6.63	4:42.16	4/19/25 Michael Johnson Classic
16	Victaline MUTAI	FR	Ranger (Texas)	5.58	4:42.69c (4:46.11A)	4/3/25 Masked Rider Outdoor Open
17	Naomi SOTELO	SO #7	Salt Lake (Utah) CC {5}	TM-5	4:43.02c (5:11.93A)	3/28/25 Utah Valley Collegiate
18	Laurie DAVIDSON	FR #25	Southern Idaho	4.52	4:43.38c (5:12.44A)	4/11/25 Weber State Spring Classic
19	Abbigail (Abbi) HUTCHINSON	FR #15	Iowa Central CC	3.98	4:43.85	4/11/25 Mule Relays
20	Avery JENSEN	SO #7	Salt Lake (Utah) CC {6}	TM-6	4:44.00	4/18/25 ULV Leopard Invitational
21	Melanie ANDERSON	FR #7	Salt Lake (Utah) CC {7}	TM-7	4:44.44	4/18/25 ULV Leopard Invitational
22	Videlda JEBET	FR	Crowder (Mo.)	2.37	4:45.08	4/19/25 Kansas Relays
23	Daisy SPEET	FR	Lansing (Mich.) CC	1.77	4:46.28	4/12/25 Davenport Panther Classic
24	Keira DAMRON	SO #21	Paradise Valley (Ariz.)	1.25	4:46.46	3/29/25 Cody McBride/Distance in the
25	Angeline ESTRADA	SO #4	Iowa Western CC	1.15	4:46.99	4/18/25 Bryan Clay Invitational
26	Attoya HARVEY	SO	Monroe-New Rochelle	1.09	4:47.15	4/12/25 Duke Invitational
27	Sarah NICHOLAS	FR #7	Salt Lake (Utah) CC {8}	TM-8	4:47.27c (5:16.73A)	4/11/25 Weber State Spring Classic
28	Lilian MATEO	SO #10	Odessa (Texas) {5}	TM-5	4:47.68c (4:51.16A)	4/3/25 Masked Rider Outdoor Open
29	Jordyn PICOLET	SO #19	Hutchinson (Kan.) CC	0.82	4:48.57	4/19/25 KWU Coyote Classic
30	Sage LYON	FR #25	Southern Idaho {2}	0.76	4:48.70c (5:18.31A)	4/11/25 Weber State Spring Classic
31	Mazee SOUTHWARD	FR #7	Salt Lake (Utah) CC {9}	TM-9	4:48.85c (5:18.48A)	4/11/25 Weber State Spring Classic
32	Emilly SILVA	SO #1	New Mexico JC {3}	0.60	4:50.33	4/19/25 Michael Johnson Classic
33	Olivia COULSTON	SO #21	Paradise Valley (Ariz.) {2}	0.55	4:50.52	3/29/25 Cody McBride/Distance in the
34	Reatta DANOFF	SO #8	Pima (Ariz.) CC	0.50	4:50.78	4/5/25 UCSD Triton Invitational
35	Laynee HOLLECH	FR #21	Paradise Valley (Ariz.) {3}	0.45	4:50.86	3/29/25 Cody McBride/Distance in the
36	Lucy MELZER	FR #13	Mesa (Ariz.) CC	0.40	4:51.34	3/22/25 Willie Williams/Dave Murray D
37	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.35	4:51.36	4/19/25 KWU Coyote Classic
38	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC {2}	0.30	4:52.00	3/22/25 Willie Williams/Dave Murray D
39	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {3}	0.28	4:52.40	3/22/25 Willie Williams/Dave Murray D
40	Linda RIVERO	SO #8	Pima (Ariz.) CC {2}	0.25	4:52.54	3/22/25 Willie Williams/Dave Murray D
41	Abigail GRANTHAM	SO #19	Hutchinson (Kan.) CC {2}	0.23	4:52.82	4/12/25 Wichita State K.T. Woodman I
42	Amanda KOTAMBE	FR #3	Cloud County (Kan.) {3}	0.20	4:52.88	3/29/25 Mark A. Phillips Tiger Open
43	Katie MUNOZ	FR #13	Mesa (Ariz.) CC {4}	TM-4	4:52.97	4/5/25 UCSD Triton Invitational
44	Alyssa MABRY	FR	Ranger (Texas) {2}	0.15	4:53.00c (4:56.55A)	4/3/25 Masked Rider Outdoor Open
45	Lillian NEFF	SO #25	Southern Idaho {3}	0.13	4:53.06c (5:23.12A)	4/11/25 Weber State Spring Classic
46	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {10}	TM-10	4:54.29c (5:24.37A)	3/28/25 Utah Valley Collegiate
47	Aubrie BARZEE	FR #25	Southern Idaho {4}	TM-4	4:54.52	4/5/25 UNLV Rebel Elite
48	Ava BERG	FR #7	Salt Lake (Utah) CC {11}	TM-11	4:54.56c (5:24.66A)	3/28/25 Utah Valley Collegiate
49	Tara BOUCK	FR #7	Salt Lake (Utah) CC {12}	TM-12	4:54.63	4/18/25 ULV Leopard Invitational
50	Macie MORALES	FR	Ranger (Texas) {3}	0.01	4:54.71c (4:58.27A)	4/3/25 Masked Rider Outdoor Open



National TFRI Event Summary

Women's Steeplechase — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Salma SADDOUNG	FR #10	Odessa (Texas)	33.64	10:32.38	3/29/25 Texas Relays
2	Barbara NEIVA	SO	Trinidad State (Colo.)	31.12	10:41.54	4/18/25 Bryan Clay Invitational
3	Elizabeth EWUSIE	FR #4	Iowa Western CC	28.77	10:47.80	4/18/25 Bryan Clay Invitational
4	Melanie ANDERSON	FR #7	Salt Lake (Utah) CC	25.97	11:06.23	4/5/25 Stanford Invitational
5	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	23.76	11:12.16	4/5/25 UCSD Triton Invitational
6	Francesca ALVARADO	SO #1	New Mexico JC	21.75	11:12.25	4/19/25 Michael Johnson Classic
7	Abigail (Abbi) HUTCHINSON	FR #15	Iowa Central CC	19.67	11:14.51	4/18/25 Maverick Invitational
8	Marjie RICHARDS	FR #7	Salt Lake (Utah) CC {2}	17.26	11:26.40	4/5/25 Mike Fanelli Track Classic
9	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {2}	15.14	11:29.99	4/18/25 ULV Leopard Invitational
10	Rozzlyn CAZIER	SO #25	Southern Idaho	13.10	11:31.04	4/17/25 Whitworth Twilight
11	Alison GUAMAN TISALEMA	FR #5	South Plains (Texas)	11.09	11:31.35	4/12/25 Jo Meaker Classic & Multi
12	Tabetha HENRIE	FR #7	Salt Lake (Utah) CC {3}	9.99	11:35.20	4/5/25 Mike Fanelli Track Classic
13	Reid HARVEY-MCKEAN	FR	Garden City (Kan.) CC	8.96	11:37.37	4/12/25 Wichita State K.T. Woodman I
14	Darcy VINEYARD	FR	UA Rich Mountain (Ark)	7.95	11:37.70	4/19/25 Dan Veach Invitational
15	Videlda JEBET	FR	Crowder (Mo.)	6.93	11:39.08	4/11/25 Mule Relays
16	Laynee ROWLEY	SO #25	Southern Idaho {2}	5.89	11:41.45	4/17/25 Whitworth Twilight
17	Aubrie BARZEE	FR #25	Southern Idaho {3}	5.37	11:42.69c (11:59.27A)	4/11/25 Weber State Spring Classic
18	Katie REAVELEY	FR #7	Salt Lake (Utah) CC {4}	TM-4	11:42.73	4/5/25 Mike Fanelli Track Classic
19	Stephania HERNANDEZ	SO #25	Southern Idaho {4}	TM-4	11:50.33c (12:07.09A)	4/11/25 Weber State Spring Classic
20	Hadil CHIHA	FR #1	New Mexico JC {2}	3.60	11:58.84c (12:07.92A)	4/3/25 Masked Rider Outdoor Open
21	Lisel NDLOVU	FR #1	New Mexico JC {3}	2.79	12:18.67c (12:27.99A)	4/3/25 Masked Rider Outdoor Open
22	Amanda KOTAMBE	FR #3	Cloud County (Kan.) C	2.26	12:20.64	4/12/25 Wichita State K.T. Woodman I
23	Kenia AINSWORTH	SO #25	Southern Idaho {5}	TM-5	12:20.98	4/17/25 Whitworth Twilight
24	Alexa MARSHALL	FR	Butler (Kan.) CC	1.11	12:30.15	4/19/25 Kansas Relays
25	Valyrie FREEMAN	SO	Butler (Kan.) CC {2}	0.99	12:34.76	4/12/25 Wichita State K.T. Woodman I
26	Adi FULLER	SO #22	Vincennes (Ind.)	0.90	12:39.07	4/12/25 Indiana Little State Invitation
27	Elizabeth DRISCOLL	FR #25	Southern Idaho {6}	TM-6	12:47.54c (13:05.65A)	4/11/25 Weber State Spring Classic
28	Emma DELL	FR	Macomb (Mich.) CC	0.80	13:00.70	4/19/25 Elaine Leigh Invite
29	Lucy MELZER	FR #13	Mesa (Ariz.) CC {3}	0.75	13:01.12	3/20/25 PV/ALTIS Invite
30	Alivia EDENS	FR #15	Iowa Central CC {2}	0.70	13:06.36	4/18/25 Maverick Invitational
31	Olivia SPURLING	FR	North Iowa Area CC	0.65	13:06.79	4/11/25 Jim Duncan Invitational
32	Jasmine HAYES	FR	Crowder (Mo.) {2}	0.60	13:21.39	4/11/25 Mule Relays
33	Megan TSABETSAYE	SO #12	Central Arizona	0.55	13:34.84	4/18/25 Aztec Outdoor
34	Tanesia GARDINER	FR	Monroe-New Rochelle	0.50	13:45.87	4/12/25 Duke Invitational
35	Cloey USHER	SO	North Iowa Area CC {2}	0.45	14:29.38	3/28/25 Emporia State Relays
36	Alexis RIDDLE	FR	State Fair (Mo.)	0.40	14:35.03	4/18/25 Culver-Stockton Wildcat Ope
37	Emma RINALDI	SO	State Fair (Mo.) {2}	0.35	15:53.29	4/18/25 Culver-Stockton Wildcat Ope
38	Arial CRAWFORD	SO	Hagerstown (Md.) CC	0.30	17:20.75	4/12/25 NJCAA Region 20 Outdoor Tra



National TFRI Event Summary

Women's 5000 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Elizabeth ILANDA	FR #10	Odessa (Texas)	34.38	16:27.59	3/29/25 Texas Relays
2	Millicent WAFULA	FR #10	Odessa (Texas) {2}	32.37	16:27.64	4/12/25 Jo Meaker Classic & Multi
3	Nhamoinesu MABVUKA	FR #24	Meridian (Miss.) CC	29.49	16:39.17	4/12/25 Crimson Tide Invite
4	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC	26.35	16:56.59	4/18/25 Bryan Clay Invitational
5	Hafssa BOUTRICH	FR #4	Iowa Western CC	24.03	17:03.17	4/18/25 Bryan Clay Invitational
6	Melanie ANDERSON	FR #7	Salt Lake (Utah) CC {2}	21.88	17:06.14	4/18/25 Bryan Clay Invitational
7	Angelina LIONE	FR #7	Salt Lake (Utah) CC {3}	19.83	17:07.14	4/18/25 Bryan Clay Invitational
8	Nora BRADY	SO	Heartland (Ill.) CC	17.53	17:13.37	4/12/25 Normal Invite
9	Keira DAMRON	SO #21	Paradise Valley (Ariz.)	15.03	17:23.93	4/18/25 ULV Leopard Invitational
10	Salma SADDOUNG	FR #10	Odessa (Texas) {3}	2.95 D	17:27.02	4/12/25 Jo Meaker Classic & Multi
11	Lindsie FAUSETT	SO #7	Salt Lake (Utah) CC {4}	TM-4	17:41.22	4/18/25 Bryan Clay Invitational
12	Ines MRABET	FR #1	New Mexico JC	9.61	17:41.57c (17:56.19A)	4/3/25 Masked Rider Outdoor Open
13	Wijdane INZALINE	FR #4	Iowa Western CC {2}	8.57	17:43.16	4/5/25 South Dakota Early Bird
14	Jordyn PICOLET	SO #19	Hutchinson (Kan.) CC	7.55	17:43.99	4/12/25 Wichita State K.T. Woodman I
15	Mazee SOUTHWARD	FR #7	Salt Lake (Utah) CC {5}	TM-5	17:45.36	4/18/25 ULV Leopard Invitational
16	Lilian MATEO	SO #10	Odessa (Texas) {4}	TM-4	17:47.21	4/12/25 Jo Meaker Classic & Multi
17	Victaline MUTAI	FR	Ranger (Texas)	4.94	17:48.61c (18:03.34A)	4/3/25 Masked Rider Outdoor Open
18	Alix CRAWFORD	FR #7	Salt Lake (Utah) CC {6}	TM-6	17:50.23	4/18/25 ULV Leopard Invitational
19	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	3.90	17:50.33	4/19/25 Beach Invitational
20	N Vanee ANCHIKE	SO #3	Cloud County (Kan.) C	2.39 D	17:51.05	4/19/25 Kansas Relays
21	Maddie PEARSON	FR #7	Salt Lake (Utah) CC {7}	TM-7	17:51.85c (18:18.58A)	3/28/25 Utah Valley Collegiate
22	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	2.30	17:54.68	3/29/25 Bobcat Invitational (Texas Sta
23	Laynee HOLLECH	FR #21	Paradise Valley (Ariz.) {2}	1.76	17:56.74	3/22/25 Willie Williams/Dave Murray D
24	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {8}	TM-8	17:57.29	4/18/25 Bryan Clay Invitational
25	Lillian NEFF	SO #25	Southern Idaho	0.95	18:10.91	4/5/25 UNLV Rebel Elite
26	Faith JEPTOO	SO	Crowder (Mo.)	0.90	18:16.10	4/5/25 Friends Invitational
27	Rozzlyn CAZIER	SO #25	Southern Idaho {2}	0.85	18:19.57	4/5/25 UNLV Rebel Elite
28	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC {9}	TM-9	18:20.06	4/5/25 Mike Fanelli Track Classic
29	Michaela GROSS	FR	Hagerstown (Md.) CC	0.75	18:20.97	3/21/25 Fred Hardy Invitational
30	Olivia COULSTON	SO #21	Paradise Valley (Ariz.) {3}	0.70	18:23.07	3/22/25 Willie Williams/Dave Murray D
31	Macie MORALES	FR	Ranger (Texas) {2}	0.65	18:23.69	4/12/25 Carl Kight Invitational
32	Alison GUAMAN TISALEMA	FR #5	South Plains (Texas)	0.60	18:24.89c (18:40.11A)	4/3/25 Masked Rider Outdoor Open
33	Mercy KIBUIGUT	FR	Crowder (Mo.) {2}	0.55	18:25.22	4/11/25 Mule Relays
34	Naomi SOTELO	SO #7	Salt Lake (Utah) CC {10}	TM-10	18:25.26	4/5/25 Mike Fanelli Track Classic
35	Ava LAMILZA	SO	Macomb (Mich.) CC	0.45	18:27.25	4/5/25 Golden Grizzly Invite
36	Sarah NICHOLAS	FR #7	Salt Lake (Utah) CC {11}	TM-11	18:28.30	4/18/25 ULV Leopard Invitational
37	Lisel NDLOVU	FR #1	New Mexico JC {2}	0.35	18:28.87	4/19/25 Michael Johnson Classic
38	Stella LAGAT	FR	Ranger (Texas) {3}	0.30	18:29.63	3/22/25 Wes Kittley Invitational
39	Ava BERG	FR #7	Salt Lake (Utah) CC {12}	TM-12	18:29.89c (18:58.72A)	4/12/25 Utah Spring Classic
40	Grace WAITE	FR #7	Salt Lake (Utah) CC {13}	TM-13	18:30.54c (18:58.23A)	3/28/25 Utah Valley Collegiate
41	Laura AVILA	SO #19	Hutchinson (Kan.) CC {2}	0.23	18:31.77	4/19/25 KWU Coyote Classic
42	Abbigail (Abbi) HUTCHINSON	FR #15	Iowa Central CC	0.20	18:33.38	3/28/25 Emporia State Relays
43	Kayli MYERS	SO #16	Cowley (Kan.)	0.18	18:37.01	4/12/25 Wichita State K.T. Woodman I
44	Cambrie BABCOCK	FR #7	Salt Lake (Utah) CC {14}	TM-14	18:37.08c (19:06.10A)	4/12/25 Utah Spring Classic
45	Daisy SPEET	FR	Lansing (Mich.) CC	0.13	18:38.92	4/19/25 Elaine Leigh Invite
46	Kenadee BUSHMAN	FR #7	Salt Lake (Utah) CC {15}	TM-15	18:39.44c (19:08.52A)	4/12/25 Utah Spring Classic
47	Jessica VIERA	SO #12	Central Arizona	0.08	18:43.55	4/5/25 UCSD Triton Invitational
48	Myla GREENZWEIG	SO	Ranger (Texas) {4}	TM-4	18:49.69	4/12/25 Carl Kight Invitational
49	Alison UNRUH	SO	Butler (Kan.) CC {2}	0.03	18:53.08	3/29/25 Bobcat Invitational (Texas Sta
50	Karen KIRATU	SO	Southeast (Neb.) CC	0.01	18:59.73 OT	3/28/25 Wildcat Classic



National TFRI Event Summary

Women's 10,000 Meters — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR	#4 Iowa Western CC	34.64	33:23.71	4/18/25 Bryan Clay Invitational
2	Elizabeth ILANDA	FR	#10 Odessa (Texas)	30.55	35:32.01	4/12/25 Jo Meaker Classic & Multi
3	Angela Denisse SALADO FERNANDEZ	SO	#7 Salt Lake (Utah) CC	28.49	35:35.80	4/5/25 Mike Fanelli Track Classic
4	Angelina LIONE	FR	#7 Salt Lake (Utah) CC {2}	26.04	36:08.76	4/5/25 Mike Fanelli Track Classic
5	Ines MRABET	FR	#1 New Mexico JC	23.82	36:31.05	3/29/25 Texas Relays
6	Lindsie FAUSETT	SO	#7 Salt Lake (Utah) CC {3}	21.47	37:06.50	4/5/25 Mike Fanelli Track Classic
7	Lillian NEFF	SO	#25 Southern Idaho	19.38	37:15.74	4/17/25 Whitworth Twilight
8	Karen KIRATU	SO	Southeast (Neb.) CC	17.34	37:19.89	4/12/25 Wichita State K.T. Woodman I
9	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	15.33	37:20.97	4/12/25 Wichita State K.T. Woodman I
10	Alix CRAWFORD	FR	#7 Salt Lake (Utah) CC {4}	TM-4	37:31.84	4/5/25 Mike Fanelli Track Classic
11	Meryeme MAI	FR	Garden City (Kan.) CC	11.13	37:42.14	4/12/25 Wichita State K.T. Woodman I
12	Maddie PEARSON	FR	#7 Salt Lake (Utah) CC {5}	TM-5	38:01.41	4/18/25 ULV Leopard Invitational
13	Joelle WHITWORTH	SO	#7 Salt Lake (Utah) CC {6}	TM-6	38:11.99	4/5/25 Mike Fanelli Track Classic
14	Faith JEPTOO	SO	Crowder (Mo.)	7.95	38:18.35	4/19/25 Kansas Relays
15	Ava BERG	FR	#7 Salt Lake (Utah) CC {7}	TM-7	38:30.92	4/18/25 ULV Leopard Invitational
16	Wijdane INZALINE	FR	#4 Iowa Western CC {2}	5.83	38:43.56	4/18/25 ULV Leopard Invitational
17	Sierra SUMMERS	FR	Dawson (Mont.) CC	5.21	39:08.92	4/6/25 Al Bortke Open
18	Sage LYON	FR	#25 Southern Idaho {2}	4.67	39:17.87	4/17/25 Whitworth Twilight
19	America RODRIGUEZ	FR	#7 Salt Lake (Utah) CC {8}	TM-8	39:24.14	4/5/25 Mike Fanelli Track Classic
20	Ivy WASHINGTON	SO	Dodge City (Kan.) CC	3.60	39:33.68	4/12/25 Wichita State K.T. Woodman I
21	Alison UNRUH	SO	Butler (Kan.) CC {2}	3.01	39:54.79	4/12/25 Wichita State K.T. Woodman I
22	Ayianna OLIVAS	SO	#4 Iowa Western CC {3}	2.42	40:15.61	4/12/25 Wichita State K.T. Woodman I
23	Migyelis PUPO BRIZUELA	SO	#10 Odessa (Texas) {2}	1.75	40:53.30	4/12/25 Jo Meaker Classic & Multi
24	Ava WASHINGTON	SO	Dodge City (Kan.) CC {2}	1.10	41:30.32	4/4/25 Emporia State Midwest Classi
25	Elexia ARAGON	FR	#8 Pima (Ariz.) CC	0.95	42:01.74	4/5/25 UCSD Triton Invitational
26	Elizabeth COPPOLA	FR	#8 Pima (Ariz.) CC {2}	0.90	42:45.88	4/5/25 UCSD Triton Invitational
27	Michaela GROSS	FR	Hagerstown (Md.) CC	0.85	44:01.84	4/12/25 NJCAA Region 20 Outdoor Tra
28	Reshila CURLEY	FR	#12 Central Arizona	0.80	45:48.21	3/29/25 Cody McBride/Distance in the
29	Hannah CUNNINGHAM	SO	Cuyahoga (Ohio) CC	0.75	46:09.81	4/13/25 Mount Union John Homan Op



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Keliza Smith, Kayda Austin, Kennidra Spigner, Takelia Williams	#2 Barton (Kan.) CC	34.04	44.70	4/12/25 Crimson Tide Invite
2	Seanna Gaye-Leslie, Caneilia Hope, Trinity Montgomery, La'Nica Locker	#6 Hinds (Miss.) CC	31.23	45.17	4/19/25 Jim Mize Invitational
3	Kyja Willis, Lovina Ewusi, Brieanna Boyce, Charlize Fraser	#11 Western Texas	29.07	45.26	4/19/25 Michael Johnson Classic
3	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye	#18 Allen (Kan.) CC	29.07	45.26	3/28/25 Emporia State Relays
5	Dayjonique Cato, Crystal Chambers, Emmanuella Squire, Jayden Piper	#14 Fort Scott (Kan.) CC	24.94	45.34	4/17/25 Pittsburg State Tune-Up
6	Dhakiya Blake, Royanah Farmer, Tierra Williams, Linya Gedeon	#9 Coffeyville (Kan.) CC	22.80	45.42	3/29/25 Bobcat Invitational (Texas Sta
7	Maliah Edwards, Tuwana McLean, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	20.38	45.67	4/19/25 Michael Johnson Classic
8	Kenyatta Grate, Destiny Mitchell, Nyla Norman, Zekira Snow	#20 Indian Hills (Iowa) CC	17.91	46.06	3/28/25 Emporia State Relays
9	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming	Highland (Kan.) CC	15.33	46.66	4/5/25 Friends Invitational
10	Judith Koumedzina, Serena Grace, Taeja Bartee, Tanique Taylor	#4 Iowa Western CC	13.21	46.87	4/12/25 Wichita State K.T. Woodman I
11	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Tania Miles	Ranger (Texas)	10.89	47.45	4/12/25 Carl Kight Invitational
12	J'Miaya Muse, Michaelyn Fisher, Anijah James, Shyla Cooper	Richard Bland (Va.)	9.80	47.62	4/5/25 Colonial Relays
13	Nakirsten Hughes, Jakhia Martin, Mykala Carter, Yasmyne McCann	#24 Meridian (Miss.) CC	8.66	47.88	4/12/25 Crimson Tide Invite
14	Sierra Brooks, Taniyah Cox, Azariah Dawes, Sidney Holt	#19 Hutchinson (Kan.) CC	7.58	48.04	4/19/25 KWU Coyote Classic
15	Kaylea Kealoha, Privladg Bower, Aisha Zaffino, Aliya Schock	#23 Bismarck State (N.D.)	6.51	48.17	4/19/25 Blue Hawk Games
16	Ma-Avian Williams, Ashia Martin, Kadina Deeble, Kimberly Baker	Essex County (N.J.)	5.25	48.67	4/5/25 Metropolitan Championships
17	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins	#8 Pima (Ariz.) CC	4.69	48.79	3/22/25 Willie Williams/Dave Murray D
18	Paula del Pozo, Vilorina Tuilawaki, Melania Turaga, Rhea Flanders	Neosho County (Kan.)	4.15	48.86	4/19/25 KWU Coyote Classic
19	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton	Marion Military Institu	3.50	49.51	4/20/25 Mountain Laurel Invitational



National TFRI Event Summary

Women's 4x100 Relay — 2025 Checkpoint #4, April 22

20	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams	Hawkeye (Iowa) CC	3.00	50.12	3/28/25	Central (Iowa) Dutch Invitatio
21	Nora Moreno, Madison Johnson, Sophia Edwin, Layisha Freeman	State Fair (Mo.)	2.50	50.41	4/18/25	Culver-Stockton Wildcat Ope
22	#Type!	North Iowa Area CC	2.00	50.42	4/19/25	DeBacker Invitational
23	Madison Jackson, Katreeka Mott-Franklin, Faith Butler, TaMoria Shannon	Coahoma (Miss.) CC	1.50	51.04	4/3/25	Belhaven Twilight
24	Mekhila Sanders, Antonici Moultrie, Jaylene Hernandez, Priscilla Wemba	Garden City (Kan.) CC	1.00	51.05	4/12/25	Wichita State K.T. Woodman I
25	Petra Onwumere, Oyindamola Adetutu, Shelly Newton, Lauren Allard	Glendale (Ariz.) CC	0.95	52.48	4/12/25	Gaucha Collegiate Outdoor In
26	Lee'Asia Hayes, Amelia Beutler, Sasha Doyle, Jade Arrington	Bryant & Stratton (Wis	0.90	52.78	4/18/25	Wisconsin Lutheran Green &



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance		Meet
1	Maimuna Jallow, Nontokozi Ncube, Nanhi Pannu, Rafiatu Nuhu	#3 Cloud County (Kan.) C	33.77	3:38.84	4/19/25	Kansas Relays
2	Tuwana McLean, Ysanne Pearl, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	31.52	3:39.92	4/12/25	Jo Meaker Classic & Multi
3	Shagay Sheppy, Lovina Ewusi, Brianna Boyce, Charlize Fraser	#11 Western Texas	29.22	3:41.27	3/29/25	Texas Relays
4	Jayden Piper, Emmanuell. Squire, Dayjonique Cato, Ivana Odonkor	#14 Fort Scott (Kan.) CC	27.19	3:41.37	3/28/25	Emporia State Relays
5	Shone Walters, Keliza Smith, Narissa McPherson, Natasha Fox	#2 Barton (Kan.) CC	25.18	3:41.44	4/12/25	Crimson Tide Invite
6	Twyshanna Huie, Caydence Brewer, T'kyla Bennett, Queen Usunobun	#6 Hinds (Miss.) CC	23.06	3:41.98	4/11/25	Strawberry Relays
7	Tierra Williams, Dhakiya Blake, Ja'Kheria Kelser, Amalinaly Pemberton	#9 Coffeyville (Kan.) CC	20.27	3:46.54	3/29/25	Texas Relays
8	Kaliyah Jones, Attoya Harvey, Tanesia Gardiner, Kettia Ambrose	Monroe-New Rochelle	17.99	3:48.46	4/12/25	Duke Invitational
9	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Mykala Carter	#24 Meridian (Miss.) CC	15.17	3:57.45	4/12/25	Crimson Tide Invite
10	Serena Douglas, Kimberly Baker, Paula Orusede, Aaliyah Morgan	Essex County (N.J.)	13.15	3:57.71	4/5/25	Metropolitan Championships
11	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin	#8 Pima (Ariz.) CC	10.95	4:00.58	3/22/25	Willie Williams/Dave Murray D
12	Melania Turaga, Rhea Flanders, Vilorina Tuilawaki, Vaoleta Luka	Neosho County (Kan.)	9.82	4:02.52	4/19/25	KWU Coyote Classic
13	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper	Richard Bland (Va.)	8.78	4:03.12	3/21/25	Fred Hardy Invitational
14	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley	#7 Salt Lake (Utah) CC	7.52	4:07.01c	(4:06.57A)	3/28/25 Utah Valley Collegiate
15	Mekhila Sanders, Meryem Mai, Priscilla Wemba, Antonia Moultrie	Garden City (Kan.) CC	6.19	4:12.21c	(4:11.77A)	4/3/25 Masked Rider Outdoor Open
16	Brittany Danas, Alaila Jones, Bryanna Danas, Iyiana Wilhite	Jacksonville (Texas)	5.16	4:12.77	3/15/25	Texas Southern Relays
17	Caylee May, Bianca Gleim, Sarai Chavez, Olivia Leatherman	Dodge City (Kan.) CC	4.54	4:14.74	4/12/25	Wichita State K.T. Woodman I
18	Kate Dare, Kendra Guest, Katie Munoz, Carmella Baldwin	#13 Mesa (Ariz.) CC	4.02	4:14.94	3/29/25	Cody McBride/Distance in the
19	Lailah Campbell, Kaelyn Giarrusso, Aaliyah Perkins, Nicole Novara	Glendale (Ariz.) CC	3.50	4:18.11	4/12/25	Gaucha Collegiate Outdoor In
20	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee	Muskegon (Mich.) CC	3.00	4:19.37	3/29/25	Amy Adams Memorial Invitati



National TFRI Event Summary

Women's 4x400 Relay — 2025 Checkpoint #4, April 22

21	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia	<i>Ranger (Texas)</i>	2.50	4:26.31	3/15/25 Texas Southern Relays
22	Sade Lee, Brooke Filetti, Oksanna Smith, Sydnee Massey	<i>Lake-Sumter State (Fl)</i>	2.00	4:28.50	4/13/25 Pure Athletics Sprint Elite Me
23	Sara Belgacem, Adi Fuller, Alexis Hale, Zoe Allen	#22 <i>Vincennes (Ind.)</i>	1.50	4:31.58	4/12/25 Indiana Little State Invitation
24	Daisy Speet, Jadyn Yonchewski, kristina Wilde, Faith Swenor	<i>Lansing (Mich.) CC</i>	1.00	4:31.68	4/12/25 Davenport Panther Classic
25	#Type!	<i>Southeastern (Iowa) C</i>	0.95	5:15.08	4/5/25 Cornell College Invitational



National TFRI Event Summary

Women's 4x800 Relay — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emilly Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri	#1 New Mexico JC	34.82	8:50.12	3/29/25 Texas Relays
2	Amanda Kotambe, N Vanee Anchike, Mercy Angaamchaab, Nontokozi Ncube	#3 Cloud County (Kan.) C	32.20	8:58.44	4/19/25 Kansas Relays
3	Mercy Kibuigut, Faith Jeptoo, Arianna Blevins, Videlma Jebet	Crowder (Mo.)	26.36	9:56.38	4/19/25 Kansas Relays
4	Adi Fuller, Sara Belgacem, Jasmyn Self, Alexis Hale	#22 Vincennes (Ind.)	24.00	10:03.68	4/12/25 Indiana Little State Invitation
5	Melania Turaga, Amy Styles, Vilorina Tuilawaki, Barbara Gurrola	Neosho County (Kan.)	22.00	10:32.07	4/19/25 Kansas Relays



National TFRI Event Summary

Women's High Jump — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Tiana PETROVA	FR #1	New Mexico JC	34.04	1.68m	5-6 3/29/25 Texas Relays
2	Aidan FAITH	SO	Hagerstown (Md.) CC	31.37	1.66m	5-5¼ 4/4/25 Towson Senior Twilight Open
3	Janiya ROSS	SO #8	Pima (Ariz.) CC	28.37	1.63m	5-4¼ 4/18/25 Aztec Outdoor
3	April NECAISE	SO #8	Pima (Ariz.) CC	28.37	1.63m	5-4¼ 4/18/25 Aztec Outdoor
5	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	24.04	1.62m	5-3¾ 4/12/25 Gaucho Collegiate Outdoor In
5	Abril OKON	SO #5	South Plains (Texas)	24.04	1.62m	5-3¾ 4/12/25 Jo Meaker Classic & Multi
5	Isabel GREEN	SO #8	Pima (Ariz.) CC {3}	24.04	1.62m	5-3¾ 4/5/25 UCSD Triton Invitational
8	Qiana PIERCE	FR #6	Hinds (Miss.) CC	17.52	1.60m	5-3 3/22/25 Belhaven Invitational
9	Tyler WASHINGTON	SO #8	Pima (Ariz.) CC {4}	TM-4	1.57m	5-1¾ 4/12/25 Gaucho Collegiate Outdoor In
9	Sara JACOBSON	SR #13	Mesa (Ariz.) CC	2.99	D 1.57m	5-1¾ 3/28/25 Mesa Multis
11	Rasheda SAMUELS	FR #4	Iowa Western CC	10.88	1.56m	5-1¼ 4/5/25 Concordia (Neb.) Outdoor Inv
12	Cordaelia WILLIAMS	SO #3	Cloud County (Kan.) C	9.76	1.55m	5-1 3/29/25 Mark A. Phillips Tiger Open
12	Chenessa DAVIS	SO #3	Cloud County (Kan.) C	9.76	1.55m	5-1 3/29/25 Mark A. Phillips Tiger Open
12	Eden BROUWERS	FR #15	Iowa Central CC	2.76	D 1.55m	5-1 3/28/25 Emporia State Relays
12	Arriana JOHNSON	SO #20	Indian Hills (Iowa) CC	9.76	1.55m	5-1 3/28/25 Emporia State Relays
12	Raeya TOWNSEND	FR	Marion Military Institu	9.76	1.55m	5-1 4/20/25 Mountain Laurel Invitational
17	Halima BIGGS	FR	Hawkeye (Iowa) CC	5.14	1.54m	5-½ 4/18/25 Augustana (Ill.) Meet of Cham
18	Vinae BUFORD-STILLMAN	FR #12	Central Arizona	4.53	1.53m	5-¼ 3/29/25 Cody McBride/Distance in the
19	Aliyah GIDHARRY	SO #12	Central Arizona {2}	3.91	1.52m	4-11¾ 4/12/25 Gaucho Collegiate Outdoor In
19	Natalia BRZEZNIAK	JR #13	Mesa (Ariz.) CC {2}	3.91	1.52m	4-11¾ 4/12/25 Gaucho Collegiate Outdoor In
19	Jazz DILWORTH	FR #14	Fort Scott (Kan.) CC	3.91	1.52m	4-11¾ 3/28/25 Emporia State Relays
22	Alyana WALLACE	SO	Highland (Kan.) CC	2.29	1.51m	4-11½ 3/29/25 Central Methodist Invitational
23	A'Kevia WEAVER	FR	Jacksonville (Texas)	1.68	1.50m	4-11 4/5/25 Bill Schmidt Classic
23	Shacora JURDEN	FR	Coahoma (Miss.) CC	1.68	1.50m	4-11 4/3/25 Belhaven Twilight
23	Kira MESSERLY	FR #15	Iowa Central CC {2}	1.68	1.50m	4-11 4/12/25 Mustang Distance Carnival &
23	Berlynn BLACK	SO	Highland (Kan.) CC {2}	1.68	1.50m	4-11 3/22/25 Spire Distance Carnival & Tea
23	Tasha WILLIAMS	JR	Hawkeye (Iowa) CC {2}	1.68	1.50m	4-11 3/28/25 Central (Iowa) Dutch Invitatio
28	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	0.80	1.46m	4-9½ 3/29/25 Amy Adams Memorial Invitati
28	Makayla GAY	SO #16	Cowley (Kan.)	0.80	1.46m	4-9½ 4/19/25 KWU Coyote Classic
28	Jakouria JAMERSON	SO #14	Fort Scott (Kan.) CC {2}	0.80	1.46m	4-9½ 3/28/25 Emporia State Relays
31	Carrie MOORE	SO	Carroll (Md.) CC	0.65	1.45m	4-9 4/4/25 Towson Senior Twilight Open
31	Hannah DROEG	FR #8	Pima (Ariz.) CC {5}	TM-5	1.45m	4-9 3/28/25 Mesa Multis
31	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.65	1.45m	4-9 4/18/25 Augustana (Ill.) Meet of Cham
34	Camdyn CUNNINGHAM	FR	Dodge City (Kan.) CC	0.50	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
34	Sophia CALISTRO	FR	Dodge City (Kan.) CC	0.50	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
36	Juwonna WHITEHORNE	FR #5	South Plains (Texas) {2}	0.40	1.41m	4-7½ 4/12/25 Jo Meaker Classic & Multi
36	Leah WRIGHT	FR #18	Allen (Kan.) CC	0.40	1.41m	4-7½ 4/5/25 Friends Invitational
38	Adaysha HOLLINESS	FR	Marion Military Instit	0.30	1.40m	4-7 3/28/25 Thrills In The Hills
38	Journey SANDER	FR	State Fair (Mo.)	0.30	1.40m	4-7 3/22/25 Missouri S&T Miner Invitation
40	Isabelle CULLENS	FR #9	Coffeyville (Kan.) CC	0.25	1.39m	4-6¾ 4/5/25 Friends Invitational
40	Maylee THOMPSON	SO #8	Pima (Ariz.) CC {6}	TM-6	1.39m	4-6¾ 3/28/25 Mesa Multis
42	Ella HOMAWOO	FR #15	Iowa Central CC {3}	0.20	1.37m	4-6 3/28/25 Emporia State Relays
42	Abby GILLEN	FR	Garden City (Kan.) CC	0.20	1.37m	4-6 3/29/25 Broncbuster Invitational
42	Meeca CASTILLO	FR	Garden City (Kan.) CC	0.20	1.37m	4-6 3/29/25 Broncbuster Invitational
45	Carlie CARLGREN	FR #3	Cloud County (Kan.) C {3}	0.13	1.36m	4-5½ 4/5/25 Friends Invitational
45	Layla KONSKI	FR #8	Pima (Ariz.) CC {7}	TM-7	1.36m	4-5½ 3/28/25 Mesa Multis
47	Chloe HANCOCK	FR #21	Paradise Valley (Ariz.)	0.08	1.33m	4-4¼ 3/28/25 Mesa Multis
47	Mackenzie ANDERSON	FR #21	Paradise Valley (Ariz.)	0.08	1.33m	4-4¼ 3/29/25 Cody McBride/Distance in the



National TFRI Event Summary

Women's Pole Vault — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet
1	Sophia DO AMARAL SALVI	SO	#22 Vincennes (Ind.)	37.82		3.85m	12-7½	4/12/25 Indiana Little State Invitation
2	Morgan PEPE	SO	#8 Pima (Ariz.) CC	35.02		3.81m	12-6	4/18/25 Aztec Outdoor
3	Olga LAPUZOVA	FR	#5 South Plains (Texas)	29.82		3.65m	11-11¾	3/22/25 West Texas Relays
3	Dakota DAPPER	SO	#16 Cowley (Kan.)	29.82		3.65m	11-11¾	4/5/25 Friends Invitational
5	Madisyn WILLIAMS	FR	#13 Mesa (Ariz.) CC	25.06		3.61m	11-10	3/20/25 PV/ALTIS Invite
6	Kennedy KIZARR	SO	#16 Cowley (Kan.) {2}	22.33		3.54m	11-7¼	4/12/25 Wichita State K.T. Woodman I
7	Bradie MEDINA	SO	#3 Cloud County (Kan.) C	19.29		3.44m	11-3½	4/12/25 Wichita State K.T. Woodman I
8	Giuliana SCHIESARO	SO	#5 South Plains (Texas) {2}	16.35		3.35mA	10-11¾	2/7/25 SPC Wayland West Texas Sho
8	Elizabeth BROZEK	FR	#16 Cowley (Kan.) {3}	16.35		3.35m	10-11¾	4/5/25 Friends Invitational
10	Mackenzie ANDERSON	FR	#21 Paradise Valley (Ariz.)	12.14		3.33m	10-11	4/18/25 ULV Leopard Invitational
11	Lauren ALLARD	SO	Glendale (Ariz.) CC	10.00		3.21m	10-6¼	4/18/25 Aztec Outdoor
12	Grace BENDER	FR	#19 Hutchinson (Kan.) CC	9.00		3.16m	10-4¼	3/29/25 Mark A. Phillips Tiger Open
12	Alycea MCCOY	FR	#19 Hutchinson (Kan.) CC	9.00		3.16m	10-4¼	3/29/25 Mark A. Phillips Tiger Open
12	Mikaila BARAN	FR	#21 Paradise Valley (Ariz.) {2}	9.00		3.16m	10-4¼	3/20/25 PV/ALTIS Invite
12	Anna BROWN	FR	#13 Mesa (Ariz.) CC {2}	9.00		3.16m	10-4¼	3/20/25 PV/ALTIS Invite
16	Michaela CARNEY	SO	Hagerstown (Md.) CC	5.00		3.05m	10-0	3/21/25 Fred Hardy Invitational
16	Kat CROCHUNIS	FR	Carroll (Md.) CC	5.00		3.05m	10-0	4/4/25 Towson Senior Twilight Open
18	Isabelle CULLENS	FR	#9 Coffeyville (Kan.) CC	2.00	D	3.01m	9-10½	3/29/25 Mark A. Phillips Tiger Open
19	Anna WASHBURN	FR	#9 Coffeyville (Kan.) CC {2}	3.50		2.86m	9-4½	3/29/25 Mark A. Phillips Tiger Open
20	Brakelle MCBRIDE	FR	#21 Paradise Valley (Ariz.) {3}	3.00		2.56m	8-4¾	3/29/25 Cody McBride/Distance in the
20	Leah SOWERS	FR	Lake-Sumter State (Fl)	3.00		2.56m	8-4¾	3/8/25 Eagle Invitational
22	Abbigail (Abbi) HUTCHINSON	FR	#15 Iowa Central CC	2.00		2.45m	8-½	3/21/25 Reiver Rust Buster
23	Amparo PAYNE	FR	State Fair (Mo.)	1.50		2.30m	7-6½	4/18/25 Culver-Stockton Wildcat Ope



National TFRI Event Summary

Women's Long Jump — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Celine RIDDLE	FR	#2 Barton (Kan.) CC	34.77	6.07mw	19-11 (2.1)	4/19/25	Michael Johnson Classic
2	Maeva GOUNE TIBBOLO	FR	#15 Iowa Central CC	31.90	5.99m	19-8 (0.5)	4/11/25	Mule Relays
2	Sakina UMAR	SO	#4 Iowa Western CC	31.90	5.99m	19-8 (0.6)	3/29/25	Bobcat Invitational (Texas Sta
4	Kavel RITCHIE	SO	#1 New Mexico JC	27.79	5.98m	19-7½ (1.4)	4/10/25	Jo Meaker Classic & Multi
5	Sydney ROQUEBRUN	SO	#5 South Plains (Texas)	24.36	5.81mA	19-¾ (0.9)	4/3/25	Masked Rider Outdoor Open
6	Chloe PERRYMAN	SO	#2 Barton (Kan.) CC {2}	21.61	5.71mw	18-8¾ (2.5)	4/19/25	Michael Johnson Classic
7	Juwonna WHITEHORNE	FR	#5 South Plains (Texas) {2}	19.09	5.64m	18-6 (1.3)	3/22/25	West Texas Relays
8	Alexia LEWIS	SO	Highland (Kan.) CC	17.02	5.63m	18-5¾ (0.3)	3/29/25	Central Methodist Invitational
9	Maylee THOMPSON	SO	#8 Pima (Ariz.) CC	14.79	5.60m	18-4½ (2.0)	4/5/25	UCSD Triton Invitational
10	Ruth AGADAMA	SO	#5 South Plains (Texas) {3}	12.58	5.57mA	18-3¼ (0.2)	4/3/25	Masked Rider Outdoor Open
10	Aalyiah LINTON	SO	#14 Fort Scott (Kan.) CC	12.58	5.57m	18-3¼ (1.3)	3/20/25	Kirk Baptiste Spring Break Inv
10	Sofia RODRIQUEZ	FR	#1 New Mexico JC {2}	12.58	5.57mA	18-3¼ (0.9)	4/3/25	Masked Rider Outdoor Open
10	Makayla WHITFIELD	FR	#23 Bismarck State (N.D.)	12.58	5.57m	18-3¼ (0.7)	4/6/25	Al Bortke Open
14	Michaelyn FISHER	FR	Richard Bland (Va.)	7.55	5.56m	18-3 (0.0)	3/21/25	Fred Hardy Invitational
15	Alexia WALKER	FR	#2 Barton (Kan.) CC {3}	6.47	5.54mw	18-2¼ (3.1)	3/29/25	Mark A. Phillips Tiger Open
16	Brinel THOMAS	FR	Monroe-New Rochelle	5.43	5.53m	18-1¾ (0.2)	4/12/25	Duke Invitational
16	Jocelyn NUNEZ	FR	State Fair (Mo.)	5.43	5.53m	18-1¾ (1.5)	3/22/25	Missouri S&T Miner Invitation
16	Jaden MILLER	FR	Lake-Sumter State (Fl	5.43	5.53m	18-1¾ (0.5)	4/5/25	Embry-Riddle Running Eleme
16	Alisha JACKSON	FR	Bryant & Stratton (Va.	5.43	5.53m	18-1¾ (0.2)	3/29/25	Seahawk Invitational
20	Layisha FREEMAN	FR	State Fair (Mo.) {2}	3.32	5.50m	18-½ (1.2)	3/15/25	Central Methodist Open
20	Mercy HONESTY	SO	#4 Iowa Western CC {2}	3.32	5.50m	18-½ (0.3)	4/19/25	UNK Loper Invitational
22	Anijah JAMES	FR	Richard Bland (Va.) {2}	2.28	5.49m	18-¼ (0.4)	3/21/25	Fred Hardy Invitational
23	Kymia BRIDGETT	FR	#2 Barton (Kan.) CC {4}	TM-4	5.48m	17-11¾ (1.	4/4/25	John Jacobs Invitational
24	Alexia ANDERSON	SO	#23 Bismarck State (N.D.) {2}	1.21	5.47m	17-11½ (1.	4/19/25	Blue Hawk Games
25	Janita ANTIPINA	FR	#1 New Mexico JC {3}	1.12	5.46m	17-11 (0.8)	4/12/25	Jo Meaker Classic & Multi
26	Nanhi PANNU	FR	#3 Cloud County (Kan.) C	1.03	5.45mw	17-10¾ (2.	3/29/25	Mark A. Phillips Tiger Open
27	Yaya MORENO	SO	#19 Hutchinson (Kan.) CC	0.87	5.42m	17-9½ (1.3)	4/19/25	KWU Coyote Classic
28	Nele GOESL	FR	#3 Cloud County (Kan.) {2}	0.80	5.41mw	17-9 (2.6)	3/29/25	Mark A. Phillips Tiger Open
29	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	0.75	5.37m	17-7½ (0.0)	3/28/25	Mesa Multis
30	Aliyah GIDHARRY	SO	#12 Central Arizona	0.70	5.35m	17-6¾ (0.0)	3/22/25	Willie Williams/Dave Murray D
31	Abril OKON	SO	#5 South Plains (Texas) {4}	TM-4	5.33mw	17-6 (2.9)	4/12/25	Jo Meaker Classic & Multi
31	Chenessa DAVIS	SO	#3 Cloud County (Kan.) {3}	0.65	5.33m	17-6 (2.0)	4/19/25	Kansas Relays
33	Erin MABRY	FR	#13 Mesa (Ariz.) CC {2}	0.55	5.32m	17-5½ (-1.8	4/12/25	Gaucha Collegiate Outdoor In
33	Dymonde NAVE	SO	#20 Indian Hills (Iowa) CC	0.55	5.32m	17-5½ (1.8)	4/12/25	Arkansas Spring Invitational
35	Ciarra MOORE	SO	Richard Bland (Va.) {3}	0.45	5.31mw	17-5¼ (3.1)	4/19/25	Aggie Invitational
36	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	0.40	5.30m	17-4¾ (-2.5	4/12/25	Gaucha Collegiate Outdoor In
37	Layla KONSKI	FR	#8 Pima (Ariz.) CC {2}	0.35	5.29m	17-4¼ (0.5)	3/22/25	Willie Williams/Dave Murray D
38	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.30	5.26m	17-3¼ (0.5)	3/13/25	Dean Pryor Invitational
38	Shyla COOPER	FR	Richard Bland (Va.) {4}	TM-4	5.26m	17-3¼ (0.0)	3/21/25	Fred Hardy Invitational
40	Azariah DAWES	FR	#19 Hutchinson (Kan.) CC {2}	0.25	5.22m	17-1½ (1.8)	3/29/25	Mark A. Phillips Tiger Open
40	Amirah NOCK	FR	#24 Meridian (Miss.) CC	0.25	5.22m	17-1½ (1.2)	4/5/25	Doc Anderson Invitational
40	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC {2}	0.25	5.22m	17-1½ (-2.5	4/12/25	Gaucha Collegiate Outdoor In
43	Lee'Asia HAYES	FR	Bryant & Stratton (Wis	0.18	5.20mw	17-¾ (3.9)	4/18/25	Wisconsin Lutheran Green &
43	Shanaya HINTON	FR	Marion Military Institu	0.18	5.20m	17-¾ (1.8)	4/5/25	Doc Anderson Invitational
45	Taeja BARTEE	FR	#4 Iowa Western CC {3}	0.13	5.19mw	17-½ (2.1)	3/29/25	Bobcat Invitational (Texas Sta
46	Aaliyah PERKINS	FR	Glendale (Ariz.) CC {3}	0.10	5.16m	16-11¼ (0.	3/29/25	Cody McBride/Distance in the
46	Gift GONPUE	SO	North Iowa Area CC	0.10	5.16mw	16-11¼ (2.	4/5/25	Wartburg Outdoor Select
48	Bethany SLOVENSKY	FR	State Fair (Mo.) {3}	0.05	5.13m	16-10 (0.8)	3/15/25	Central Methodist Open
49	Sophia EDWIN	FR	State Fair (Mo.) {4}	TM-4	5.12m	16-9¾ (1.2)	4/11/25	Mule Relays
50	Alyssa WONDERCHECK	FR	Hawkeye (Iowa) CC	0.01	5.08mw	16-8 (3.3)	4/5/25	Mississippi River Rumble



National TFRI Event Summary

Women's Triple Jump — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#4 Iowa Western CC	35.75	13.35m	43-9¾ (0.5)	3/27/25	Bobcat Invitational (Texas Sta
2	Celine RIDDLE	FR	#2 Barton (Kan.) CC	30.28	12.15m	39-10½ (1.)	4/12/25	Crimson Tide Invite
3	Sofia RODRIQUEZ	FR	#1 New Mexico JC	28.05	12.07m	39-7¼ (2.0)	4/12/25	Jo Meaker Classic & Multi
4	Janita ANTIPINA	FR	#1 New Mexico JC {2}	25.91	12.02m	39-5¼ (1.1)	4/10/25	Jo Meaker Classic & Multi
5	Shacora JURDEN	FR	Coahoma (Miss.) CC	23.71	11.95m	#Error	4/3/25	Belhaven Twilight
6	Shanaya HINTON	FR	Marion Military Institu	21.69	11.94m	39-2¼ (-0.6)	3/28/25	Thrills In The Hills
7	Alisha JACKSON	FR	Bryant & Stratton (Va.	19.57	11.88m	38-11¾ (-1.)	4/5/25	Norfolk State Invitational
8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	17.39	11.79m	38-8¼ (1.1)	4/12/25	Jo Meaker Classic & Multi
9	Ciarra MOORE	SO	Richard Bland (Va.)	15.35	11.77m	38-7½ (1.2)	4/5/25	Colonial Relays
10	Kymia BRIDGETT	FR	#2 Barton (Kan.) CC {2}	13.25	11.72mw	38-5½ (3.9)	4/19/25	KWU Coyote Classic
11	Brooke HAWKINS	SO	#19 Hutchinson (Kan.) CC	11.17	11.68mw	38-4 (3.0)	3/29/25	Mark A. Phillips Tiger Open
12	Isabelle CULLENS	FR	#9 Coffeyville (Kan.) CC	9.95	11.47mw	37-7¾ (3.5)	4/17/25	Pittsburg State Tune-Up
13	Ashanti PATTON	SO	#24 Meridian (Miss.) CC	8.94	11.46m	37-7¼ (1.5)	3/22/25	Alumni Bulldog Relays
14	Aalyiah LINTON	SO	#14 Fort Scott (Kan.) CC	7.87	11.39m	37-4½ (1.0)	3/28/25	Emporia State Relays
15	Elfie SANOGO	FR	#4 Iowa Western CC {2}	6.82	11.35m	37-3 (-1.9)	3/21/25	Reiver Rust Buster
16	Alycea MCCOY	FR	#19 Hutchinson (Kan.) CC {2}	5.71	11.24m	36-10½ (1.)	4/19/25	KWU Coyote Classic
17	Alexia ANDERSON	SO	#23 Bismarck State (N.D.)	5.20	11.23mw	36-10¼ (3.)	4/11/25	NDSU Spring Classic
18	Layla KONSKI	FR	#8 Pima (Ariz.) CC	4.63	11.16m	36-7½ (1.3)	3/22/25	Willie Williams/Dave Murray D
19	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC	4.06	11.09m	36-4¾ (1.1)	3/22/25	Willie Williams/Dave Murray D
20	Anijah JAMES	FR	Richard Bland (Va.) {2}	3.50	11.04m	36-2¾ (-0.3)	3/21/25	Fred Hardy Invitational
21	Nele GOESL	FR	#3 Cloud County (Kan.) C	2.99	11.03mw	36-2¼ (2.5)	4/19/25	Kansas Relays
22	Braela SARGENT	SO	#14 Fort Scott (Kan.) CC {2}	2.33	10.87mw	35-8 (3.2)	3/28/25	Emporia State Relays
23	Yaya MORENO	SO	#19 Hutchinson (Kan.) CC {3}	1.71	10.76m	35-3¾ (1.5)	4/12/25	Wichita State K.T. Woodman I
24	Azariah DAWES	FR	#19 Hutchinson (Kan.) CC {4}	TM-4	10.66mw	34-11¾ (2.)	3/29/25	Mark A. Phillips Tiger Open
25	Kiley SMICH	FR	#3 Cloud County (Kan.) C {2}	1.00	10.60mw	34-9½ (3.4)	3/29/25	Mark A. Phillips Tiger Open
26	Erin SMITH	SO	Richard Bland (Va.) {3}	0.91	10.56m	34-7¾ (0.3)	4/5/25	Colonial Relays
27	Leah WRIGHT	FR	#18 Allen (Kan.) CC	0.85	10.52m	34-6¼ (1.1)	4/5/25	Friends Invitational
28	Bethany SLOVENSKY	FR	State Fair (Mo.)	0.80	10.42m	34-2¼ (1.5)	4/18/25	Culver-Stockton Wildcat Ope
29	Anna WASHBURN	FR	#9 Coffeyville (Kan.) CC {2}	0.75	10.40mw	34-1½ (3.8)	3/29/25	Mark A. Phillips Tiger Open
30	Sophia EDWIN	FR	State Fair (Mo.) {2}	0.70	10.35m	33-11½ (1.)	4/18/25	Culver-Stockton Wildcat Ope
31	Brooklyn VOMACKA	FR	#4 Iowa Western CC {3}	0.65	10.28m	33-8¾ (1.3)	4/19/25	UNK Loper Invitational
32	Tatiana WHITE	FR	#8 Pima (Ariz.) CC {2}	0.60	10.10m	33-1¾ (1.6)	4/18/25	Aztec Outdoor
33	April NECAISE	SO	#8 Pima (Ariz.) CC {3}	0.55	9.90m	32-5¾ (0.1)	3/22/25	Willie Williams/Dave Murray D
34	Journey SANDER	FR	State Fair (Mo.) {3}	0.50	9.88m	32-5 (-0.5)	4/11/25	Mule Relays
35	Julus YOUNG	FR	#8 Pima (Ariz.) CC {4}	TM-4	9.76m	32-¼ (1.9)	4/18/25	Aztec Outdoor
36	Maggie ROWZE	FR	Sauk Valley (Ill.) CC	0.40	9.38mw	30-9¼ (3.8)	4/5/25	Augustana Viking Olympics
37	Shelly NEWTON	FR	Glendale (Ariz.) CC {2}	0.35	8.74m	28-8¼ (0.0)	3/29/25	Cody McBride/Distance in the



National TFRI Event Summary

Women's Shot Put — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Esteisy SALAS	SO	#1 New Mexico JC	34.59		15.85m	52-0	3/29/25	Texas Relays
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	5.51	D	15.14m	49-8¼	3/29/25	Cody McBride/Distance in the
3	Sarai SIMPSON	SO	#4 Iowa Western CC	29.22		14.95m	49-¾	4/19/25	UNK Loper Invitational
4	Chin-Loy RAYMOND	SO	#4 Iowa Western CC {2}	26.68		14.51m	47-7¼	4/12/25	Wichita State K.T. Woodman I
5	Cierra GRAY	SO	#16 Cowley (Kan.)	24.08		13.95m	45-9¼	4/19/25	Kansas Relays
6	Unitee BROWN	FR	#15 Iowa Central CC	21.49		13.41m	44-0	3/28/25	Emporia State Relays
7	Kahllah BAILEY	FR	#5 South Plains (Texas)	19.45		13.37mA	43-10½	2/7/25	SPC Wayland West Texas Sho
8	Yosiris CORDOBA	SO	#1 New Mexico JC {2}	17.34		13.27m	43-6½	4/12/25	Jo Meaker Classic & Multi
9	Suerena ALEXANDER	FR	#5 South Plains (Texas) {2}	15.31		13.24mA	43-5¼	2/7/25	SPC Wayland West Texas Sho
10	Deisheline MAYER SCOTT	FR	#19 Hutchinson (Kan.) CC	13.16		13.08m	42-11	3/29/25	Mark A. Phillips Tiger Open
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	11.06		12.90m	42-4	3/22/25	Wes Kittley Invitational
12	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	9.98		12.77m	41-10¾	4/18/25	Augustana (Ill.) Meet of Cham
13	Monifa EDWARDS	FR	#4 Iowa Western CC {3}	8.93		12.68m	41-7¼	4/12/25	Wichita State K.T. Woodman I
14	Aiyanna GREEN	SO	#19 Hutchinson (Kan.) CC {2}	7.69		12.27m	40-3¼	3/29/25	Mark A. Phillips Tiger Open
15	Olivia COX	FR	Sauk Valley (Ill.) CC	6.68		12.25m	40-2¼	4/13/25	Olivet Nazarene Tiger Open
16	Lovely HIBBERT	FR	#4 Iowa Western CC {4}	TM-4		12.09m	39-8	4/19/25	UNK Loper Invitational
17	Jamelia NICHOLAS	SO	#12 Central Arizona {2}	4.99		11.94m	39-2¼	3/29/25	Cody McBride/Distance in the
18	Alma CORDOVA	SO	#17 Colby (Kan.) CC	4.45		11.87m	38-11½	4/12/25	Jo Meaker Classic & Multi
19	Amoni EVANS	FR	#16 Cowley (Kan.) {2}	3.80		11.61m	38-1¼	4/5/25	Friends Invitational
20	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	2.29	D	11.60m	38-¾	4/12/25	Gaucha Collegiate Outdoor In
21	Alexis CLEMMONS	FR	Highland (Kan.) CC	2.76		11.54m	37-10½	3/29/25	Central Methodist Invitational
22	Bree ROWE	SO	#16 Cowley (Kan.) {3}	2.18		11.41m	37-5¼	4/5/25	Friends Invitational
23	Zuriya ROBINSON	SO	#15 Iowa Central CC {2}	1.66		11.37m	37-3¾	4/5/25	South Dakota Early Bird
24	Shyla-Mae CONSTABLE	FR	#12 Central Arizona {3}	1.07		11.21m	36-9½	3/29/25	Cody McBride/Distance in the
25	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	1.00		11.18m	36-8¼	4/18/25	Aztec Outdoor
26	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.90		11.06m	36-3½	3/22/25	Battlin' Bears/Yellowjacket O
27	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {4}	TM-4		11.03m	36-2¼	4/19/25	KWU Coyote Classic
28	Carmen SPEAR	FR	#21 Paradise Valley (Ariz.)	0.80		11.01m	36-1½	4/12/25	Gaucha Collegiate Outdoor In
29	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC	0.75		10.76m	35-3¾	4/10/25	Red Raven Invite
30	Eden BROUWERS	FR	#15 Iowa Central CC {3}	0.70		10.67m	35-¼	4/18/25	Maverick Invitational
31	Vivica PAULHILL	FR	Pratt (Kan.) CC	0.65		10.59m	34-9	3/22/25	Prairie View A&M Relays
32	Katie COOK	FR	#16 Cowley (Kan.) {5}	TM-5		10.47m	34-4¼	3/29/25	Mark A. Phillips Tiger Open
33	Lynniya WHITAKER	SO	Howard (Md.) CC	0.55		10.37m	34-¼	3/22/25	Alan Connie Shamrock Invitat
34	Brandy JARMON	FR	#4 Iowa Western CC {5}	TM-5		10.36m	34-0	3/21/25	Reiver Rust Buster
35	Cheyenne ELLIS	FR	Howard (Md.) CC {2}	0.45		10.25m	33-7½	4/12/25	NJCAA Region 20 Outdoor Tra
36	Jada HOUGHTON	FR	Lansing (Mich.) CC	0.40		10.21m	33-6	4/12/25	Davenport Panther Classic
37	Holly HYLTON	SO	#17 Colby (Kan.) CC {2}	0.35		10.10m	33-1¾	3/29/25	Broncbuster Invitational
38	Vivica ADDISON	SO	#3 Cloud County (Kan.) C	0.30		10.09m	33-1¼	3/23/25	Bethel (Kan.) College Open
39	Aaliyah CHAVEZ	SO	#17 Colby (Kan.) CC {3}	0.28		10.08m	33-1	3/22/25	West Texas Relays
40	Taia VELASCO	SO	Garden City (Kan.) CC	0.25		10.07m	33-½	3/29/25	Broncbuster Invitational
41	Gloria ANUAMADI	SO	Glendale (Ariz.) CC	0.23		10.00m	32-9¾	4/18/25	Aztec Outdoor
42	Shaelyn SCHWEM	FR	Lansing (Mich.) CC {2}	0.20		9.90m	32-5¾	4/5/25	Golden Grizzly Invite
43	Hannah DROEG	FR	#8 Pima (Ariz.) CC {2}	0.18		9.85m	32-3¾	3/28/25	Mesa Multis
44	Adaysha HOLLINESS	FR	Marion Military Institu	0.15		9.81m	32-2¼	4/20/25	Mountain Laurel Invitational
45	Tomi GALL	SO	Garden City (Kan.) CC {2}	0.13		9.78m	32-1	3/22/25	West Texas Relays
46	Tyler WASHINGTON	SO	#8 Pima (Ariz.) CC {3}	0.10		9.76m	32-¼	4/18/25	Aztec Outdoor
47	Bianca CORONA	FR	#8 Pima (Ariz.) CC {4}	TM-4		9.69m	31-9½	4/18/25	Aztec Outdoor
48	Ella HOMAWOO	FR	#15 Iowa Central CC {4}	TM-4		9.66m	31-8½	3/28/25	Emporia State Relays
49	Armani LOPEZ	FR	#8 Pima (Ariz.) CC {5}	TM-5		9.62m	31-6¾	3/22/25	Willie Williams/Dave Murray D
50	Kit BYARS	SO	North Iowa Area CC	0.01		9.57m	31-4¾	3/28/25	Emporia State Relays



National TFRI Event Summary

Women's Discus — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Cedricka WILLIAMS	SO	#2 Barton (Kan.) CC	36.54	59.46m	195-1	4/19/25	Michael Johnson Classic
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	31.68	51.94m	170-5	3/29/25	Cody McBride/Distance in the
3	Ivanilda SEMEDO	SO	#2 Barton (Kan.) CC {2}	29.67	51.90m	170-4	3/29/25	Mark A. Phillips Tiger Open
4	Yosiris CORDOBA	SO	#1 New Mexico JC	27.35	50.93mA	167-1	4/3/25	Masked Rider Outdoor Open
5	Carla Kay BROWN	FR	#9 Coffeyville (Kan.) CC	23.82	45.41m	149-0	4/17/25	Pittsburg State Tune-Up
6	Zadie MACKEY	FR	#2 Barton (Kan.) CC {3}	21.79	45.29m	148-7	4/4/25	John Jacobs Invitational
7	Athilia PRYCE	FR	#1 New Mexico JC {2}	19.76	45.18mA	148-3	4/3/25	Masked Rider Outdoor Open
8	Monifa EDWARDS	FR	#4 Iowa Western CC	16.95	42.23m	138-7	4/19/25	UNK Loper Invitational
9	Jamelia NICHOLAS	SO	#12 Central Arizona {2}	14.93	42.17m	138-4	3/29/25	Cody McBride/Distance in the
10	Bree ROWE	SO	#16 Cowley (Kan.)	12.82	41.71m	136-10	3/29/25	Mark A. Phillips Tiger Open
11	Lovely HIBBERT	FR	#4 Iowa Western CC {2}	10.63	40.47m	132-10	4/5/25	Concordia (Neb.) Outdoor Inv
12	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	9.60	40.26m	132-1	3/20/25	PV/ALTIS Invite
13	Gaby REEVE	SO	Muskegon (Mich.) CC	8.42	39.04m	128-1	4/19/25	Al Owens Classic
14	Unitee BROWN	FR	#15 Iowa Central CC	2.42	D 39.02m	128-0	4/18/25	Maverick Invitational
15	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC {2}	6.42	39.00m	128-0	4/17/25	Pittsburg State Tune-Up
16	Olivia COX	FR	Sauk Valley (Ill.) CC	5.40	38.89m	127-7	4/13/25	Olivet Nazarene Tiger Open
17	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {2}	4.85	38.55m	126-6	4/17/25	Pittsburg State Tune-Up
18	Cierra GRAY	SO	#16 Cowley (Kan.) {3}	4.35	38.54m	126-6	3/13/25	Dean Pryor Invitational
19	Chin-Loy RAYMOND	SO	#4 Iowa Western CC {3}	2.28	D 38.07m	124-11	4/19/25	UNK Loper Invitational
20	Raina MASSEY	SO	Marion Military Institu	3.27	37.99m	124-8	4/20/25	Mountain Laurel Invitational
21	Margherita SALA	SO	#3 Cloud County (Kan.) C	2.71	37.62m	123-5	3/29/25	Mark A. Phillips Tiger Open
22	McKayla KUPLIICKI	SO	#9 Coffeyville (Kan.) CC {3}	2.16	37.29m	122-4	3/23/25	Bethel (Kan.) College Open
23	Aiyanna GREEN	SO	#19 Hutchinson (Kan.) CC	1.62	36.97m	121-4	4/19/25	KWU Coyote Classic
24	Breanna SWABY	FR	Hawkeye (Iowa) CC	1.05	36.54m	119-11	4/18/25	Augustana (Ill.) Meet of Cham
25	Carmen FIELDS	SO	Neosho County (Kan.)	0.95	35.54m	116-7	4/12/25	Wichita State K.T. Woodman I
26	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	0.90	35.20m	115-6	3/20/25	PV/ALTIS Invite
27	Katie COOK	FR	#16 Cowley (Kan.) {4}	TM-4	34.84m	114-4	3/29/25	Mark A. Phillips Tiger Open
28	Vanessa ESPARZA	SO	#1 New Mexico JC {3}	0.80	34.83m	114-3	3/22/25	Wes Kittley Invitational
29	Taia VELASCO	SO	Garden City (Kan.) CC	0.75	34.81m	114-3	3/22/25	West Texas Relays
30	Zuriya ROBINSON	SO	#15 Iowa Central CC {2}	0.70	34.67m	113-9	4/12/25	Mustang Distance Carnival &
31	Alma CORDOVA	SO	#17 Colby (Kan.) CC	0.65	34.45m	113-0	3/29/25	Broncbuster Invitational
32	Brinley LENSCH	FR	#21 Paradise Valley (Ariz.)	0.60	33.84m	111-0	4/12/25	Gaucha Collegiate Outdoor In
33	Joslyn EBY	FR	Southeast (Neb.) CC	0.55	33.62m	110-4	3/28/25	Wildcat Classic
34	Deisheline MAYER SCOTT	FR	#19 Hutchinson (Kan.) CC {2}	0.50	32.82m	107-8	4/19/25	KWU Coyote Classic
35	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	0.45	32.78m	107-7	4/18/25	Aztec Outdoor
36	Jada HOUGHTON	FR	Lansing (Mich.) CC	0.40	32.48m	106-7	4/19/25	Elaine Leigh Invite
37	Kahllah BAILEY	FR	#5 South Plains (Texas)	0.35	32.40m	106-4	3/22/25	West Texas Relays
38	Aaliyah CHAVEZ	SO	#17 Colby (Kan.) CC {2}	0.30	32.37m	106-3	4/19/25	KWU Coyote Classic
39	Kit BYARS	SO	North Iowa Area CC	0.28	31.89m	104-8	3/28/25	Emporia State Relays
40	Sarai SIMPSON	SO	#4 Iowa Western CC {4}	TM-4	31.55m	103-6	4/5/25	Concordia (Neb.) Outdoor Inv
41	Claire NICHOLS	SO	State Fair (Mo.)	0.23	31.52m	103-5	3/22/25	Missouri S&T Miner Invitation
42	Brooke BERRY	SO	Muskegon (Mich.) CC {2}	0.20	31.18m	102-4	4/5/25	Golden Grizzly Invite
43	Holly HYLTON	SO	#17 Colby (Kan.) CC {3}	0.18	30.89m	101-4	3/22/25	West Texas Relays
44	Brooke PRIBULICK	SO	Carroll (Md.) CC	0.15	30.65m	100-7	3/29/25	Towson Invitational
45	Danika LORDS	FR	Dawson (Mont.) CC	0.13	30.50m	100-1	4/19/25	Blue Hawk Games
46	Dakota MUNDEN	FR	Trinidad State (Colo.)	0.10	30.35mA	99-7	3/29/25	Chuck Haering Classic
47	Marin PEOPLES	SO	#16 Cowley (Kan.) {5}	TM-5	30.30m	99-5	4/5/25	Friends Invitational
48	Kara-Jean STATON	FR	Southwestern (Iowa)	0.05	29.98m	98-4½	3/21/25	Reiver Rust Buster
49	Imari HUMPHREY	FR	Dawson (Mont.) CC {2}	0.03	29.85m	97-11¼	3/27/25	Yellowjackets Open
50	Brandy JARMON	FR	#4 Iowa Western CC {5}	TM-5	29.71m	97-5¾	4/19/25	UNK Loper Invitational



National TFRI Event Summary

Women's Hammer — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	37.06		60.62m	198-11	3/29/25	Texas Relays
2	Rejoice AGBEWODIE	SO	#12 Central Arizona	5.43	D	53.30m	174-11	3/29/25	Cody McBride/Distance in the
3	Shyla-Mae CONSTABLE	FR	#12 Central Arizona {2}	28.84		52.10m	170-11	3/22/25	Willie Williams/Dave Murray D
4	Mercedes GLOVER	JR	#16 Cowley (Kan.)	26.35		50.91m	167-1	4/19/25	Kansas Relays
5	Ana MANOUSARIDIS	SO	#9 Coffeyville (Kan.) CC	24.13		50.29m	165-0	4/17/25	Pittsburg State Tune-Up
6	Cedricka WILLIAMS	SO	#2 Barton (Kan.) CC	22.04		50.04m	164-2	4/19/25	Michael Johnson Classic
7	Zadie MACKEY	FR	#2 Barton (Kan.) CC {2}	19.67		48.96m	160-8	3/29/25	Mark A. Phillips Tiger Open
8	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	17.37		48.11m	157-10	3/22/25	Willie Williams/Dave Murray D
9	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	15.06		46.84m	153-8	4/12/25	Gaucha Collegiate Outdoor In
10	Margherita SALA	SO	#3 Cloud County (Kan.) C	12.92		46.09m	151-3	4/19/25	Kansas Relays
11	Esteisy SALAS	SO	#1 New Mexico JC {2}	10.77		45.28m	148-7	4/12/25	Jo Meaker Classic & Multi
12	Chin-Loy RAYMOND	SO	#4 Iowa Western CC	9.73		45.08m	147-11	4/19/25	UNK Loper Invitational
12	Athilia PRYCE	FR	#1 New Mexico JC {3}	2.73	D	45.08m	147-11	4/12/25	Jo Meaker Classic & Multi
14	Deisheline MAYER SCOTT	FR	#19 Hutchinson (Kan.) CC	7.48		43.73m	143-6	3/29/25	Mark A. Phillips Tiger Open
15	Brianna LEE	SO	#16 Cowley (Kan.) {2}	6.46		43.63m	143-2	3/13/25	Dean Pryor Invitational
16	Zuriya ROBINSON	SO	#15 Iowa Central CC	5.43		43.43m	142-6	4/18/25	Maverick Invitational
17	Alma CORDOVA	SO	#17 Colby (Kan.) CC	4.91		43.36m	142-3	3/29/25	Broncbuster Invitational
18	Cierra GRAY	SO	#16 Cowley (Kan.) {3}	2.30	D	42.78m	140-4	3/13/25	Dean Pryor Invitational
19	Raina MASSEY	SO	Marion Military Institu	3.68		42.13m	138-3	4/5/25	Doc Anderson Invitational
20	Mayce MCDONALD	SO	#16 Cowley (Kan.) {4}	TM-4		41.95m	137-8	3/13/25	Dean Pryor Invitational
21	Tomi GALL	SO	Garden City (Kan.) CC	2.63		41.86m	137-4	3/22/25	West Texas Relays
22	Sarai SIMPSON	SO	#4 Iowa Western CC {2}	2.11		41.72m	136-11	4/19/25	UNK Loper Invitational
23	Aiyanna GREEN	SO	#19 Hutchinson (Kan.) CC {2}	1.60		41.66m	136-8	4/19/25	KWU Coyote Classic
24	McKayla KUPLIICKI	SO	#9 Coffeyville (Kan.) CC {2}	1.08		41.56m	136-4	4/10/25	Red Raven Invite
25	Cynthia ALBERT	FR	#20 Indian Hills (Iowa) CC	1.00		41.42m	135-11	4/5/25	Wartburg Outdoor Select
26	Carla Kay BROWN	FR	#9 Coffeyville (Kan.) CC {3}	0.90		40.85m	134-0	3/13/25	Dean Pryor Invitational
27	Vivica ADDISON	SO	#3 Cloud County (Kan.) {2}	0.85		40.59m	133-2	3/29/25	Mark A. Phillips Tiger Open
28	Olivia COX	FR	Sauk Valley (Ill.) CC	0.80		40.33m	132-4	4/18/25	Augustana (Ill.) Meet of Cham
29	Amoni EVANS	FR	#16 Cowley (Kan.) {5}	TM-5		40.18m	131-10	3/13/25	Dean Pryor Invitational
30	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	0.70		39.61m	130-0	3/20/25	PV/ALTIS Invite
31	Bree ROWE	SO	#16 Cowley (Kan.) {6}	TM-6		39.60m	129-11	3/29/25	Mark A. Phillips Tiger Open
32	Katie COOK	FR	#16 Cowley (Kan.) {7}	TM-7		39.19m	128-7	4/19/25	KWU Coyote Classic
33	Taia VELASCO	SO	Garden City (Kan.) CC {2}	0.55		39.02mA	128-0	4/3/25	Masked Rider Outdoor Open
34	Katy Jo KINDT	SO	#16 Cowley (Kan.) {8}	TM-8		38.64m	126-9	3/29/25	Mark A. Phillips Tiger Open
35	Carmen SPEAR	FR	#21 Paradise Valley (Ariz.)	0.45		38.21m	125-5	4/18/25	ULV Leopard Invitational
36	Jamelia NICHOLAS	SO	#12 Central Arizona {3}	0.40		38.19m	125-4	4/18/25	Aztec Outdoor
37	Piper CAMP	FR	#3 Cloud County (Kan.) {3}	0.35		37.93m	124-6	3/29/25	Mark A. Phillips Tiger Open
38	Gaby REEVE	SO	Muskegon (Mich.) CC	0.30		37.46m	122-11	4/5/25	Golden Grizzly Invite
39	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {9}	TM-9		37.10m	121-9	3/29/25	Mark A. Phillips Tiger Open
40	Abbi RICHTER	SO	Southwestern (Iowa)	0.25		37.05m	121-7	4/19/25	DeBacker Invitational
41	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC {4}	TM-4		36.46m	119-8	3/13/25	Dean Pryor Invitational
42	Lovely HIBBERT	FR	#4 Iowa Western CC {3}	0.20		35.97m	118-0	4/19/25	UNK Loper Invitational
43	Kara-Jean STATON	FR	Southwestern (Iowa) {2}	0.18		35.83m	117-7	3/21/25	Reiver Rust Buster
44	Izabel GAIN	SO	Highland (Kan.) CC	0.15		35.82m	117-6	4/5/25	Friends Invitational
45	Alicyn MGINNIS	FR	#16 Cowley (Kan.) {10}	TM-10		35.30m	115-10	3/29/25	Mark A. Phillips Tiger Open
46	Kit BYARS	SO	North Iowa Area CC	0.10		34.46m	113-1	4/11/25	Jim Duncan Invitational
47	Vanessa ESPARZA	SO	#1 New Mexico JC {4}	TM-4		34.39m	112-10	3/22/25	Wes Kittley Invitational
48	Temiloluwa AKINSANYA	SO	Howard (Md.) CC	0.05		34.28m	112-6	3/22/25	Alan Connie Shamrock Invitat
49	Delal AKTAY	SO	#17 Colby (Kan.) CC {2}	0.03		34.27m	112-5	3/29/25	Broncbuster Invitational
50	Monifa EDWARDS	FR	#4 Iowa Western CC {4}	TM-4		33.40m	109-7	4/19/25	UNK Loper Invitational



National TFRI Event Summary

Women's Javelin — 2025 Checkpoint #4, April 22

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Rejoice AGBEWODIE	SO #12 Central Arizona	33.92	48.13m 157-11	3/22/25 Willie Williams/Dave Murray D
2	Bruna VIEIRA DE JESUS	SO #1 New Mexico JC	31.64	47.37m 155-5	3/22/25 Wes Kittley Invitational
3	Suerena ALEXANDER	FR #5 South Plains (Texas)	28.93	45.45mA 149-2	4/3/25 Masked Rider Outdoor Open
4	Aliyah GIDHARRY	SO #12 Central Arizona {2}	26.50	44.00m 144-4	4/5/25 UCSD Triton Invitational
5	Jaeleigha ABALOS	FR #21 Paradise Valley (Ariz.)	24.45	43.84m 143-10	3/22/25 Willie Williams/Dave Murray D
6	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	22.28	43.20m 141-9	3/28/25 Mesa Multis
7	Brynn FULLER	FR #23 Bismarck State (N.D.)	20.20	42.90m 140-9	4/19/25 Blue Hawk Games
8	Vivica ADDISON	SO #3 Cloud County (Kan.) C	17.58	40.57m 133-1	4/19/25 Kansas Relays
9	Mya SHELDON	SO #23 Bismarck State (N.D.) {2}	15.13	37.87m 124-3	4/6/25 Al Bortke Open
10	Eden BROUWERS	FR #15 Iowa Central CC	13.03	37.19m 122-0	3/28/25 Emporia State Relays
11	Bailey HASELHORST	SO State Fair (Mo.)	10.85	36.02m 118-2	4/11/25 Mule Relays
12	Unitee BROWN	FR #15 Iowa Central CC {2}	9.85	36.01m 118-2	4/12/25 Mustang Distance Carnival &
13	Isabella SABALA	FR State Fair (Mo.) {2}	8.75	35.35m 116-0	4/18/25 Culver-Stockton Wildcat Ope
14	April NECAISE	SO #8 Pima (Ariz.) CC	7.74	35.29m 115-10	3/29/25 Cody McBride/Distance in the
15	Mercedes GLOVER	JR #16 Cowley (Kan.)	6.70	35.06m 115-1	3/29/25 Mark A. Phillips Tiger Open
16	Maylee THOMPSON	SO #8 Pima (Ariz.) CC {2}	2.67 D	34.85m 114-4	3/28/25 Mesa Multis
17	Chloe HANCOCK	FR #21 Paradise Valley (Ariz.) {2}	4.92	33.20m 108-11	3/28/25 Mesa Multis
18	Hannah DROEG	FR #8 Pima (Ariz.) CC {3}	4.39	32.96m 108-2	3/22/25 Willie Williams/Dave Murray D
19	Destiny THOMPSON	FR Dawson (Mont.) CC	3.80	32.38m 106-3	3/22/25 Battlin' Bears/Yellowjacket O
20	Ella HOMAWOO	FR #15 Iowa Central CC {3}	3.27	32.21m 105-8	3/28/25 Emporia State Relays
21	Alicyn MCGINNIS	FR #16 Cowley (Kan.) {2}	2.65	31.40m 103-0	3/29/25 Mark A. Phillips Tiger Open
22	Armani LOPEZ	FR #8 Pima (Ariz.) CC {4}	TM-4	31.07m 101-11	4/5/25 UCSD Triton Invitational
23	Isabelle CULLENS	FR #9 Coffeyville (Kan.) CC	1.59	30.98m 101-8	3/13/25 Dean Pryor Invitational
24	Claire NICHOLS	SO State Fair (Mo.) {3}	1.05	30.72m 100-10	3/15/25 Central Methodist Open
25	Hailey MCGOWEN	SO #14 Fort Scott (Kan.) CC	0.96	30.50m 100-1	4/17/25 Pittsburg State Tune-Up
25	Destiny PONDS	FR Butler (Kan.) CC	0.96	30.50m 100-1	4/19/25 KWU Coyote Classic
27	Tatum MATHENY	FR #13 Mesa (Ariz.) CC {2}	0.85	30.39m 99-8½	4/12/25 Gaucho Collegiate Outdoor In
28	Emily SCHOLZ	FR #13 Mesa (Ariz.) CC {3}	0.80	30.33m 99-6¼	3/29/25 Cody McBride/Distance in the
29	Carlie CARLGREN	FR #3 Cloud County (Kan.) {2}	0.75	30.01m 98-5½	3/29/25 Mark A. Phillips Tiger Open
30	Kailan MCEWEN	FR Hawkeye (Iowa) CC	0.70	29.83m 97-10½	4/12/25 Mustang Distance Carnival &
31	Bella DETORRICE-WYNNE	SO Sauk Valley (Ill.) CC	0.65	29.04m 95-3½	4/5/25 Augustana Viking Olympics
32	Abril OKON	SO #5 South Plains (Texas) {2}	0.60	27.11m 88-11½	4/12/25 Jo Meaker Classic & Multi
33	Raina MASSEY	SO Marion Military Institu	0.55	25.46m 83-6½	3/28/25 Thrills In The Hills
34	Jillian HULSING	SO Sauk Valley (Ill.) CC {2}	0.50	25.25m 82-10¼	4/5/25 Augustana Viking Olympics
35	Adaysha HOLLINESS	FR Marion Military Institu {2}	0.45	24.81m 81-4¾	3/28/25 Thrills In The Hills
36	Morgan MOSLEY	FR #8 Pima (Ariz.) CC {5}	TM-5	24.45m 80-2¾	4/18/25 Aztec Outdoor
37	Aaliyah CHAVEZ	SO #17 Colby (Kan.) CC	0.35	23.98m 78-8¼	4/19/25 KWU Coyote Classic
38	Emma HERRERA	FR Pratt (Kan.) CC	0.30	23.82m 78-1¾	3/20/25 Kirk Baptiste Spring Break Inv
39	Sarah TEPP	SO Marian Ancilla (Ind.)	0.28	23.58m 77-4½	4/12/25 Indiana Little State Invitation
40	Alexia WALKER	FR #2 Barton (Kan.) CC	0.25	23.37m 76-8¼	3/29/25 Mark A. Phillips Tiger Open
41	Delal AKTAY	SO #17 Colby (Kan.) CC {2}	0.23	22.29m 73-1¾	3/22/25 West Texas Relays
42	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	0.20	22.07m 72-5	4/18/25 Aztec Outdoor
43	Natalia BRZEZNIAK	JR #13 Mesa (Ariz.) CC {4}	TM-4	22.00m 72-2¼	4/12/25 Gaucho Collegiate Outdoor In
44	Juwonna WHITEHORNE	FR #5 South Plains (Texas) {3}	0.15	21.75m 71-4¼	4/12/25 Jo Meaker Classic & Multi
45	Jazz DILWORTH	FR #14 Fort Scott (Kan.) CC {2}	0.13	21.46m 70-5	3/28/25 Emporia State Relays
46	Cheyenne ELLIS	FR Howard (Md.) CC	0.10	19.65m 64-5¾	4/12/25 NJCAA Region 20 Outdoor Tra
47	Kamryn STEFANOSKI	SO Carroll (Md.) CC	0.08	19.58m 64-3	4/12/25 NJCAA Region 20 Outdoor Tra
48	Kira MESSERLY	FR #15 Iowa Central CC {4}	TM-4	19.34m 63-5½	3/28/25 Emporia State Relays
49	Layla KONSKI	FR #8 Pima (Ariz.) CC {6}	TM-6	19.21m 63-¼	3/28/25 Mesa Multis
50	Kaitlyn QUEEN	FR Hagerstown (Md.) CC	0.01	18.16m 59-7	3/29/25 Dr. Harry G.M. Jopson Invitati



National TFRI Event Summary

Women's Heptathlon — 2025 Checkpoint #4, April 22

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	41.27		4,997	3/28/25 Mesa Multis
2	Abril OKON	SO	#5 South Plains (Texas)	34.33		4,532	4/12/25 Jo Meaker Classic & Multi
3	Hannah DROEG	FR	#8 Pima (Ariz.) CC	29.42		4,258	3/28/25 Mesa Multis
4	Maylee THOMPSON	SO	#8 Pima (Ariz.) CC {2}	27.12		4,230	3/28/25 Mesa Multis
5	Eden BROUWERS	FR	#15 Iowa Central CC	24.30		4,098	3/28/25 Emporia State Relays
6	Juwonna WHITEHORNE	FR	#5 South Plains (Texas) {2}	21.82		4,013	4/12/25 Jo Meaker Classic & Multi
7	Ella HOMAWOO	FR	#15 Iowa Central CC {2}	19.52		3,960	3/28/25 Emporia State Relays
8	Layla KONSKI	FR	#8 Pima (Ariz.) CC {3}	16.21		3,729	3/28/25 Mesa Multis
9	Isabelle CULLENS	FR	#9 Coffeyville (Kan.) CC	14.00		3,552	4/5/25 Friends Invitational
10	Jazz DILWORTH	FR	#14 Fort Scott (Kan.) CC	12.00		3,466	3/28/25 Emporia State Relays
11	Jakouria JAMERSON	SO	#14 Fort Scott (Kan.) CC {2}	10.00		3,328	3/28/25 Emporia State Relays
12	Chloe HANCOCK	FR	#21 Paradise Valley (Ariz.)	9.00		3,271	3/28/25 Mesa Multis
13	Jillian HULSING	SO	Sauk Valley (Ill.) CC	8.00		2,929	4/18/25 Augustana (Ill.) Meet of Cham
14	Kira MESSERLY	FR	#15 Iowa Central CC {3}	7.00		2,653	3/28/25 Emporia State Relays
15	Natalia BRZEZNIAK	JR	#13 Mesa (Ariz.) CC {2}	6.00		2,375	3/28/25 Mesa Multis
16	Leah WRIGHT	FR	#18 Allen (Kan.) CC	5.00		2,109	3/28/25 Emporia State Relays