



## National TFRI Event Summary

## Women's 100 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance		Meet
1	Maimuna JALLOW	FR #4	Cloud County (Kan.) C	33.45	11.18	(1.3)	5/3/25 NJCAA Region 6/Jayhawk Con
2	Royanah FARMER	SO #9	Coffeyville (Kan.) CC	31.11	11.22w	(3.8)	4/17/25 Pittsburg State Tune-Up
3	Keliza SMITH	SO #2	Barton (Kan.) CC	28.85	11.25w	(2.3)	5/3/25 NJCAA Region 6/Jayhawk Con
3	Anita AFRIFA	SO #17	Colby (Kan.) CC	28.85	11.25w	(2.3)	5/3/25 NJCAA Region 6/Jayhawk Con
5	Ruth AGADAMA	SO #5	South Plains (Texas)	24.01	11.35	(1.1)	4/12/25 Jo Meaker Classic & Multi
6	Kamaria KNIGHT	SO #1	New Mexico JC	21.64	11.41	(1.6)	3/22/25 Wes Kittley Invitational
7	Trinity MONTGOMERY	SO #6	Hinds (Miss.) CC	19.36	11.46w	(3.0)	4/5/25 Davenport-Milburn Pelican Re
8	La'Nica LOCKER	SO #6	Hinds (Miss.) CC {2}	17.31	11.47w	(2.4)	4/19/25 Jim Mize Invitational
9	Adetutu ALADELOYE	SO #20	Allen (Kan.) CC	15.20	11.49	(1.5)	3/28/25 Emporia State Relays
10	Mickayla GARDENER	FR #10	Central Arizona	13.09	11.51	(1.5)	4/5/25 UCSD Triton Invitational
11	Ranayla MOTEN	FR #20	Allen (Kan.) CC {2}	2.98	D 11.53w	(2.4)	4/12/25 Arkansas Spring Invitational
12	Crystal CHAMBERS	SO #15	Fort Scott (Kan.) CC	9.92	11.54	(1.5)	3/28/25 Emporia State Relays
13	Caneilia HOPE	FR #6	Hinds (Miss.) CC {3}	8.81	11.56w	(2.4)	4/19/25 Jim Mize Invitational
14	Lovina EWUSI	SO #11	Western Texas	2.64	D 11.60	(1.6)	3/22/25 Wes Kittley Invitational
15	Serena GRACE	FR #3	Iowa Western CC	6.61	11.61	(2.0)	5/4/25 NJCAA Region 11/ICCAC Outd
16	Ida SMITH	FR #19	Indian Hills (Iowa) CC	5.55	11.63w	(2.8)	4/12/25 Arkansas Spring Invitational
16	Amari PRATT	SO #1	New Mexico JC {2}	5.55	11.63	(1.9)	4/12/25 Jo Meaker Classic & Multi
16	Linya GEDEON	SO #9	Coffeyville (Kan.) CC {2}	5.55	11.63w	(3.8)	4/17/25 Pittsburg State Tune-Up
19	Kayda AUSTIN	FR #2	Barton (Kan.) CC {2}	3.97	11.66	(1.6)	4/19/25 Michael Johnson Classic
19	Zariah GREAVES	SO #14	Iowa Central CC	3.97	11.66	(-0.1)	5/4/25 NJCAA Region 11/ICCAC Outd
21	Felicia AWUDI	FR #17	Colby (Kan.) CC {2}	2.92	11.68	(1.6)	3/22/25 West Texas Relays
22	Nandy KIHUYU	SO #1	New Mexico JC {3}	2.31	11.72	(1.0)	3/22/25 Wes Kittley Invitational
22	Tuwana MCLEAN	FR #1	New Mexico JC {3}	TM-3	11.72	(1.6)	3/22/25 Wes Kittley Invitational
22	Beatrice BOAKYE	FR #17	Colby (Kan.) CC {3}	2.31	11.72	(0.1)	5/3/25 NJCAA Region 6/Jayhawk Con
25	Kayveonna JACKSON	SO #20	Allen (Kan.) CC {3}	1.21	11.74	(1.9)	4/12/25 Arkansas Spring Invitational
26	Charlize FRASER	FR #11	Western Texas {2}	1.13	11.75w	(2.9)	4/12/25 McMurry War Hawk Classic
27	Dayjonique CATO	SO #15	Fort Scott (Kan.) CC {2}	1.03	11.77w	(2.1)	4/17/25 Pittsburg State Tune-Up
28	Sidney HOLT	FR #18	Hutchinson (Kan.) CC	0.95	11.78w	(2.5)	3/29/25 Mark A. Phillips Tiger Open
29	Aniya SUKU	FR	Bryant & Stratton (Va.)	0.88	11.79	(1.0)	5/3/25 Aggie Classic
29	Zekira SNOW	SO #19	Indian Hills (Iowa) CC {2}	0.88	11.79	(0.6)	5/4/25 NJCAA Region 11/ICCAC Outd
31	Kyja WILLIS	FR #11	Western Texas {3}	0.72	11.81w	(2.9)	4/12/25 McMurry War Hawk Classic
32	Shanteria WASHINGTON	SO	Highland (Kan.) CC	0.65	11.82w	(2.4)	4/12/25 Arkansas Spring Invitational
33	Nalicia GLEN	FR #1	New Mexico JC {5}	TM-5	11.85w	(2.5)	4/12/25 Jo Meaker Classic & Multi
33	Dhakiya BLAKE	SO #9	Coffeyville (Kan.) CC {3}	0.55	11.85w	(3.8)	4/17/25 Pittsburg State Tune-Up
33	Mekhila SANDERS	FR #23	Garden City (Kan.) CC	0.55	11.85	(0.3)	5/3/25 NJCAA Region 6/Jayhawk Con
33	Judith KOUMEDZINA	SO #3	Iowa Western CC {2}	0.55	11.85	(2.0)	5/4/25 NJCAA Region 11/ICCAC Outd
37	Jayden PIPER	SO #15	Fort Scott (Kan.) CC {3}	0.35	11.87w	(3.5)	4/12/25 Wichita State K.T. Woodman I
38	Michaelyn FISHER	FR	Richard Bland (Va.)	0.30	11.88w	(2.9)	5/6/25 Liberty Twilight Qualifer
39	Destiny MITCHELL	SO #19	Indian Hills (Iowa) CC {3}	0.28	11.89	(2.0)	5/4/25 NJCAA Region 11/ICCAC Outd
40	Priviladge BOWER	FR	Bismarck State (N.D.)	0.25	11.92w	(2.1)	4/27/25 U-Mary Senior Day Open
41	Ritorion VIGNE	SO #6	Hinds (Miss.) CC {4}	TM-4	11.94w	(2.4)	4/5/25 Davenport-Milburn Pelican Re
41	Kennidra SPIGNER	FR #2	Barton (Kan.) CC {3}	0.23	11.94w	(2.5)	3/29/25 Mark A. Phillips Tiger Open
41	Nakirsten HUGHES	FR #22	Meridian (Miss.) CC	0.23	11.94w	(3.7)	4/5/25 Doc Anderson Invitational
44	Kenyatta GRATE	SO #19	Indian Hills (Iowa) CC {4}	TM-4	11.97	(0.5)	3/28/25 Emporia State Relays
45	Tierra WILLIAMS	FR #9	Coffeyville (Kan.) CC {4}	TM-4	11.98w	(3.5)	4/17/25 Pittsburg State Tune-Up
45	Maliah EDWARDS	SO #1	New Mexico JC {6}	TM-6	11.98w	(2.2)	3/29/25 Bobcat Invitational (Texas Sta
45	Oluwatumininu SANYAOLU	FR #5	South Plains (Texas) {2}	0.13	11.98c	(11.95A) (1.	4/3/25 Masked Rider Outdoor Open
48	Takelia WILLIAMS	FR #2	Barton (Kan.) CC {4}	TM-4	11.99w	(2.5)	3/29/25 Mark A. Phillips Tiger Open
49	Sydney ROQUEBRUN	SO #5	South Plains (Texas) {3}	0.03	12.00c	(11.97A) (-3	5/2/25 Texas Tech Corky/Crofoot Sho
50	Kimberly BAKER	SO	Essex County (N.J.)	0.01	12.01	(1.3)	3/29/25 The Big Hurt



## National TFRI Event Summary

## Women's 100 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Brieanna BOYCE	SO #11 Western Texas	33.05	13.50w (2.8)	3/22/25 Wes Kittley Invitational
2	Dymonde NAVE	SO #19 Indian Hills (Iowa) CC	30.70	13.58 (0.4)	5/9/25 Cyclone Twilight
3	Linya GEDEON	SO #9 Coffeyville (Kan.) CC	28.66	13.59w (2.2)	4/17/25 Pittsburg State Tune-Up
4	Asharria ULETT	FR #2 Barton (Kan.) CC	26.36	13.66 (1.1)	5/3/25 NJCAA Region 6/Jayhawk Con
5	Lovina EWUSI	SO #11 Western Texas {2}	4.11 D	13.72c (13.68A) (1.	5/2/25 Texas Tech Corky/Crofoot Sho
6	Maliah EDWARDS	SO #1 New Mexico JC	22.04	13.74 (1.3)	4/12/25 Jo Meaker Classic & Multi
7	Seanna GAYE-LESLIE	FR #6 Hinds (Miss.) CC	19.65	13.88 (1.3)	4/11/25 Strawberry Relays
8	Rashema LINDO	FR #5 South Plains (Texas)	17.48	13.94cw (13.90A) (2.	4/3/25 Masked Rider Outdoor Open
9	Kadina DEEBLE	FR Essex County (N.J.)	15.34	13.99 (1.5)	4/26/25 129th Penn Relays
10	Oluwatuminiu SANYAOLU	FR #5 South Plains (Texas) {2}	13.31	14.00c (13.96A) (1.	5/2/25 Texas Tech Corky/Crofoot Sho
11	Tanique TAYLOR	SO #3 Iowa Western CC	11.01	14.14 (0.6)	5/4/25 NJCAA Region 11/ICCAC Outd
12	Lenasia DRUMMOND	SO #6 Hinds (Miss.) CC {2}	9.94	14.19 (2.0)	4/19/25 Jim Mize Invitational
13	Kaelyn GIARRUSSO	SO Glendale (Ariz.) CC	8.82	14.28w (3.9)	5/3/25 Desert Heat Classic
14	Ty'yanah ADAMS	FR #2 Barton (Kan.) CC {2}	7.75	14.33 (0.5)	4/12/25 Crimson Tide Invite
14	Aliyah GIDHARRY	SO #10 Central Arizona	2.75 D	14.33 (0.7)	5/1/25 NJCAA Region 1 Championshi
16	DiaMonae THOMAS	SO Highland (Kan.) CC	5.72	14.35w (2.2)	4/17/25 Pittsburg State Tune-Up
17	Ma-Avian WILLIAMS	SO Essex County (N.J.) {2}	5.21	14.36 (1.0)	4/19/25 Wolverine Classic
18	Damaria BELL	SO #15 Fort Scott (Kan.) CC	4.70	14.37w (2.2)	4/17/25 Pittsburg State Tune-Up
19	Nanhi PANNU	FR #4 Cloud County (Kan.) C	2.64 D	14.41w (3.2)	4/12/25 Wichita State K.T. Woodman I
20	Chenessa DAVIS	SO #4 Cloud County (Kan.) {2}	3.56	14.47 (-0.9)	4/5/25 Friends Invitational
21	Tahlia LIENERT	FR #4 Cloud County (Kan.) {3}	3.04	14.49 (1.4)	4/19/25 Kansas Relays
22	Dedra WOOD	FR Bismarck State (N.D.)	2.45	14.56 (1.9)	5/3/25 U-Mary Last Chance
23	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	1.91	14.59w (3.2)	4/12/25 Wichita State K.T. Woodman I
24	Alisha JACKSON	FR Bryant & Stratton (Va.)	1.19	14.76 (1.3)	5/3/25 Aggie Classic
25	Anijah JAMES	FR Richard Bland (Va.)	1.05	14.83 (-2.1)	5/6/25 Liberty Twilight Qualifer
26	Juwonna WHITEHORNE	FR #5 South Plains (Texas) {3}	0.91	14.90cw (14.86A) (2.	4/3/25 Masked Rider Outdoor Open
27	Jada HATCHER	FR Richard Bland (Va.) {2}	0.85	14.95 (1.4)	4/19/25 Aggie Invitational
28	Alexia WALKER	FR #2 Barton (Kan.) CC {3}	0.80	14.98 (-1.2)	5/3/25 NJCAA Region 6/Jayhawk Con
29	Arriana JOHNSON	SO #19 Indian Hills (Iowa) CC{2}	0.75	15.04 (1.6)	4/25/25 John McDonnell Invitational
29	Shyla COOPER	FR Richard Bland (Va.) {3}	0.75	15.04 (1.6)	3/29/25 Trojan Challenge
31	Abril OKON	SO #5 South Plains (Texas) {4}	TM-4	15.14w (2.1)	4/12/25 Jo Meaker Classic & Multi
32	Hannah DROEG	FR #8 Pima (Ariz.) CC	0.60	15.17 (-1.1)	3/28/25 Mesa Multis
33	Taja CONLEY	SO North Iowa Area CC	0.55	15.25 (0.6)	5/4/25 NJCAA Region 11/ICCAC Outd
34	Tyler WASHINGTON	SO #8 Pima (Ariz.) CC {2}	0.50	15.27 (0.7)	5/1/25 NJCAA Region 1 Championshi
35	Zoe ALLEN	FR #25 Vincennes (Ind.)	0.45	15.34 (1.3)	4/27/25 Jim Freeman/Clark Wood Invit
36	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	0.40	15.40 (1.4)	5/1/25 NJCAA Region 1 Championshi
37	Madison JACKSON	FR Coahoma (Miss.) CC	0.35	15.41 (0.9)	4/25/25 Mike McMillian Invite
38	Michelle LEWIS	FR Hesston (Kan.)	0.30	15.46w (2.5)	4/12/25 Wichita State K.T. Woodman I
39	Ja'Kheria KELSER	FR #9 Coffeyville (Kan.) CC {2}	0.28	15.47 (0.8)	3/13/25 Dean Pryor Invitational
40	Jakouria JAMERSON	SO #15 Fort Scott (Kan.) CC {2}	0.25	15.49 (1.3)	5/3/25 NJCAA Region 6/Jayhawk Con
41	Layla KONSKI	FR #8 Pima (Ariz.) CC {3}	0.23	15.57 (-1.1)	3/28/25 Mesa Multis
42	Natalia BRZEZNIAK	JR #13 Mesa (Ariz.) CC {2}	0.20	15.61 (1.4)	5/1/25 NJCAA Region 1 Championshi
42	Widlife VERMILUS	SO #2 Barton (Kan.) CC {4}	TM-4	15.61w (4.0)	3/29/25 Mark A. Phillips Tiger Open
44	Bethany SLOVENSKY	FR State Fair (Mo.)	0.15	15.63w (2.8)	4/25/25 Grand View Viking Classic
45	Tyra CHRISTEAN.	FR #8 Pima (Ariz.) CC {4}	TM-4	15.64 (0.7)	5/1/25 NJCAA Region 1 Championshi
45	Sierra BROOKS	FR #18 Hutchinson (Kan.) CC	0.13	15.64w (4.0)	3/29/25 Mark A. Phillips Tiger Open
47	Ella HOMAWOO	FR #14 Iowa Central CC	0.08	15.90w (3.2)	3/28/25 Emporia State Relays
48	Marcy MONELL	SO #15 Fort Scott (Kan.) CC {3}	0.05	15.94w (2.2)	4/17/25 Pittsburg State Tune-Up
49	Eden BROUWERS	FR #14 Iowa Central CC {2}	0.03	16.00w (4.0)	3/28/25 Emporia State Relays
50	Carlie CARLGREN	FR #4 Cloud County (Kan.) {4}	TM-4	16.12w (2.5)	4/12/25 Wichita State K.T. Woodman I



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## Women's 200 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance			Meet
1	Maimuna JALLOW	FR #4	Cloud County (Kan.) C	33.82	22.92	(1.9)	5/3/25	NJCAA Region 6/Jayhawk Con
2	Anita AFRIFA	SO #17	Colby (Kan.) CC	31.70	22.95	(1.9)	4/12/25	Jo Meaker Classic & Multi
3	Keliza SMITH	SO #2	Barton (Kan.) CC	4.67	23.21	(1.5)	4/19/25	Michael Johnson Classic
4	La'Nica LOCKER	SO #6	Hinds (Miss.) CC	26.47	23.26	(1.8)	4/11/25	Strawberry Relays
5	Kayda AUSTIN	FR #2	Barton (Kan.) CC {2}	23.81	23.43	(-0.3)	4/12/25	Crimson Tide Invite
6	Charlize FRASER	FR #11	Western Texas	21.20	23.66w	(2.5)	3/22/25	Wes Kittley Invitational
7	Ranayla MOTEN	FR #20	Allen (Kan.) CC	19.13	23.69w	(3.1)	3/28/25	Emporia State Relays
8	Royanah FARMER	SO #9	Coffeyville (Kan.) CC	17.10	23.70	(0.0)	4/10/25	Red Raven Invite
8	Lovina EWUSI	SO #11	Western Texas {2}	3.10	23.70	(1.3)	4/19/25	Michael Johnson Classic
10	Mekhila SANDERS	FR #23	Garden City (Kan.) CC	13.05	23.72	(-0.7)	4/19/25	KWU Coyote Classic
10	Rafiatu NUHU	SO #4	Cloud County (Kan.) {2}	13.05	23.72w	(2.5)	4/12/25	Wichita State K.T. Woodman I
12	Mickayla GARDENER	FR #10	Central Arizona	9.95	23.76	(0.2)	3/22/25	Willie Williams/Dave Murray Di
13	Oluwatumininu SANYAOLU	FR #5	South Plains (Texas)	8.92	23.77w	(3.3)	3/22/25	West Texas Relays
13	Adetutu ALADELOYE	SO #20	Allen (Kan.) CC {2}	8.92	23.77w	(3.1)	3/28/25	Emporia State Relays
15	Nandy KIHUYU	SO #1	New Mexico JC	6.85	23.80c	(23.73A) (0.	5/2/25	Texas Tech Corky/Crofoot Sho
16	Serena GRACE	FR #3	Iowa Western CC	5.67	23.87	(2.0)	4/12/25	Wichita State K.T. Woodman I
17	Trinity MONTGOMERY	SO #6	Hinds (Miss.) CC {2}	5.07	23.91w	(2.8)	4/19/25	Jim Mize Invitational
18	Ruth AGADAMA	SO #5	South Plains (Texas) {2}	4.47	23.96c	(23.89A) (1.	5/2/25	Texas Tech Corky/Crofoot Sho
19	Kamaria KNIGHT	SO #1	New Mexico JC {2}	3.96	23.97c	(23.90A) (-3	4/3/25	Masked Rider Outdoor Open
20	Aniya SUKU	FR	Bryant & Stratton (Va.)	3.45	23.98	(1.6)	5/3/25	Aggie Classic
21	Zariah GREAVES	SO #14	Iowa Central CC	2.36	24.05	(0.8)	5/4/25	NJCAA Region 11/ICCAC Outd
21	Linya GEDEON	SO #9	Coffeyville (Kan.) CC {2}	2.36	24.05	(0.0)	4/10/25	Red Raven Invite
23	Tuwana MCLEAN	FR #1	New Mexico JC {3}	1.80	24.10c	(24.03A) (1.	5/2/25	Texas Tech Corky/Crofoot Sho
23	Nyla BLACKMON	SO #19	Indian Hills (Iowa) CC	1.80	24.10w	(3.1)	4/12/25	Arkansas Spring Invitational
25	Crystal CHAMBERS	SO #15	Fort Scott (Kan.) CC	1.24	24.11	(1.8)	3/28/25	Emporia State Relays
26	Tierra WILLIAMS	FR #9	Coffeyville (Kan.) CC {3}	1.12	24.16	(0.0)	4/10/25	Red Raven Invite
27	Shagay SHEPPY	FR #11	Western Texas {3}	1.04	24.19c	(24.12A) (1.	5/2/25	Texas Tech Corky/Crofoot Sho
28	Dayjonique CATO	SO #15	Fort Scott (Kan.) CC {2}	0.95	24.22	(0.5)	4/12/25	Wichita State K.T. Woodman I
29	Ida SMITH	FR #19	Indian Hills (Iowa) CC {2}	0.88	24.24w	(3.6)	4/12/25	Arkansas Spring Invitational
30	Beatrice BOAKYE	FR #17	Colby (Kan.) CC {2}	0.81	24.25	(0.8)	5/3/25	NJCAA Region 6/Jayhawk Con
31	Dhakiya BLAKE	SO #9	Coffeyville (Kan.) CC {4}	TM-4	24.26	(0.0)	4/10/25	Red Raven Invite
32	Emmanuella SQUIRE	SO #15	Fort Scott (Kan.) CC {3}	0.69	24.27	(2.0)	4/12/25	Wichita State K.T. Woodman I
33	Felicia AWUDI	FR #17	Colby (Kan.) CC {3}	0.59	24.31	(1.6)	4/12/25	Jo Meaker Classic & Multi
34	Kennidra SPIGNER	FR #2	Barton (Kan.) CC {3}	0.50	24.36	(0.5)	4/12/25	Crimson Tide Invite
35	Amari PRATT	SO #1	New Mexico JC {4}	TM-4	24.37w	(3.1)	3/22/25	Wes Kittley Invitational
36	Ivana ODONKOR	SO #15	Fort Scott (Kan.) CC {4}	TM-4	24.39w	(2.4)	4/17/25	Pittsburg State Tune-Up
37	Nyla NORMAN	SO #19	Indian Hills (Iowa) CC {3}	0.35	24.42w	(3.6)	4/12/25	Arkansas Spring Invitational
38	Sidney HOLT	FR #18	Hutchinson (Kan.) CC	0.30	24.44	(1.2)	4/12/25	Wichita State K.T. Woodman I
39	Brieanna BOYCE	SO #11	Western Texas {4}	TM-4	24.46c	(24.39A) (-3	4/3/25	Masked Rider Outdoor Open
40	Judith KOUMEDZINA	SO #3	Iowa Western CC {2}	0.25	24.52	(2.0)	4/12/25	Wichita State K.T. Woodman I
41	Laurie LOUIS	SO #19	Indian Hills (Iowa) CC {4}	TM-4	24.59	(0.8)	5/4/25	NJCAA Region 11/ICCAC Outd
42	Jayden PIPER	SO #15	Fort Scott (Kan.) CC {5}	TM-5	24.61w	(2.7)	3/20/25	Kirk Baptiste Spring Break Invi
43	Kettia AMBROSE	SO	Monroe-New Rochelle	0.18	24.62	(1.4)	3/29/25	Raleigh Relays
43	Maliah EDWARDS	SO #1	New Mexico JC {5}	TM-5	24.62	(1.3)	4/12/25	Jo Meaker Classic & Multi
43	Kyja WILLIS	FR #11	Western Texas {5}	TM-5	24.62w	(4.0)	3/22/25	Wes Kittley Invitational
46	Priviladge BOWER	FR	Bismarck State (N.D.)	0.10	24.72	(1.5)	5/3/25	U-Mary Last Chance
47	Takelia WILLIAMS	FR #2	Barton (Kan.) CC {4}	TM-4	24.73	(1.9)	4/12/25	Crimson Tide Invite
48	Destiny MITCHELL	SO #19	Indian Hills (Iowa) CC {5}	TM-5	24.74	(0.9)	4/25/25	John McDonnell Invitational
49	Sofia CARDOZO	JR #21	Paradise Valley (Ariz.)	0.03	24.75	(-0.6)	3/29/25	Cody McBride/Distance in the
50	Kayveonna JACKSON	SO #20	Allen (Kan.) CC {3}	0.01	24.78	(1.8)	3/28/25	Emporia State Relays



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3	Queen USUNOBUN	FR #6 Hinds (Miss.) CC	29.24	52.98	4/26/25 LSU Alumni Gold
4	Nandy KIHUYU	SO #1 New Mexico JC	26.87	53.23	4/19/25 Michael Johnson Classic
5	Lovina EWUSI	SO #11 Western Texas	24.60	53.41c (53.30A)	5/2/25 Texas Tech Corky/Crofoot Sho
6	Dayjonique CATO	SO #15 Fort Scott (Kan.) CC	21.41	54.57	3/20/25 Kirk Baptiste Spring Break Invi
7	Ranayla MOTEN	FR #20 Allen (Kan.) CC	19.13	54.86	4/5/25 Friends Invitational
8	Twyshanna HUIE	SO #6 Hinds (Miss.) CC {2}	16.97	55.03	3/22/25 Belhaven Invitational
8	La'Nica LOCKER	SO #6 Hinds (Miss.) CC {2}	2.97 D	55.03	4/5/25 Davenport-Milburn Pelican Re
10	Kettia AMBROSE	SO Monroe-New Rochelle	12.92	55.09	4/4/25 Sam Howell Invitational
11	Charlize FRASER	FR #11 Western Texas {2}	10.88	55.13c (55.02A)	4/3/25 Masked Rider Outdoor Open
12	Nontokozo NCUBE	SO #4 Cloud County (Kan.) {2}	9.82	55.19	4/12/25 Wichita State K.T. Woodman I
13	Jayden PIPER	SO #15 Fort Scott (Kan.) CC {2}	8.81	55.20	4/17/25 Pittsburg State Tune-Up
14	Tierra WILLIAMS	FR #9 Coffeyville (Kan.) CC	7.79	55.22	4/10/25 Red Raven Invite
15	Ivana ODONKOR	SO #15 Fort Scott (Kan.) CC {3}	6.75	55.27	4/17/25 Pittsburg State Tune-Up
16	Dhakiya BLAKE	SO #9 Coffeyville (Kan.) CC {2}	5.71	55.31	4/10/25 Red Raven Invite
17	Laurie LOUIS	SO #19 Indian Hills (Iowa) CC	5.09	55.44	5/9/25 Cyclone Twilight
18	Amalinaly PEMBERTON	SO #9 Coffeyville (Kan.) CC {3}	4.41	55.67	3/29/25 Bobcat Invitational (Texas Sta
18	Ala' Jah BROOKS	SO #20 Allen (Kan.) CC {2}	4.41	55.67	4/25/25 John McDonnell Invitational
20	Natasha FOX	FR #2 Barton (Kan.) CC {2}	3.37	55.76	4/19/25 Michael Johnson Classic
21	Shagay SHEPPY	FR #11 Western Texas {3}	2.86	55.78c (55.67A)	5/2/25 Texas Tech Corky/Crofoot Sho
21	Kaliyah JONES	FR Monroe-New Rochelle {2}	2.86	55.78	4/4/25 Sam Howell Invitational
23	Jody ANN MITCHELL	SO #1 New Mexico JC {2}	1.77	55.99	4/12/25 Jo Meaker Classic & Multi
24	Kennedy MOSLEY	SO #15 Fort Scott (Kan.) CC {4}	TM-4	56.01	4/17/25 Pittsburg State Tune-Up
25	Narissa MCPHERSON	FR #2 Barton (Kan.) CC {3}	1.16	56.11	4/12/25 Crimson Tide Invite
25	Grace KOMBETTO	SO #10 Central Arizona	1.16	56.11	5/1/25 NJCAA Region 1 Championshi
27	Caydence BREWER	SO #6 Hinds (Miss.) CC {4}	TM-4	56.17	4/5/25 Davenport-Milburn Pelican Re
28	Emmanuella SQUIRE	SO #15 Fort Scott (Kan.) CC {5}	TM-5	56.25	3/20/25 Kirk Baptiste Spring Break Invi
29	Bianca GLEIM	SO Dodge City (Kan.) CC	0.87	56.30	4/12/25 Wichita State K.T. Woodman I
30	Tuwana MCLEAN	FR #1 New Mexico JC {3}	0.82	56.31c (56.20A)	5/2/25 Texas Tech Corky/Crofoot Sho
30	Angeline ESTRADA	SO #3 Iowa Western CC	0.82	56.31	5/4/25 NJCAA Region 11/ICCAC Outd
32	Mickayla GARDENER	FR #10 Central Arizona {2}	0.60	56.57	4/12/25 Gaucho Collegiate Outdoor In
33	Nyla BLACKMON	SO #19 Indian Hills (Iowa) CC {2}	0.55	56.67	3/28/25 Emporia State Relays
34	Mekhila SANDERS	FR #23 Garden City (Kan.) CC	0.50	56.74c (56.63A)	4/3/25 Masked Rider Outdoor Open
35	Jakhia MARTIN	FR #22 Meridian (Miss.) CC	0.45	56.79	4/25/25 Mike McMillian Invite
36	Jayla WERTS	SO Richard Bland (Va.)	0.40	57.34	3/21/25 Fred Hardy Invitational
37	J'layah SPELLMAN COLLIN	SO #8 Pima (Ariz.) CC	0.35	57.38	5/1/25 NJCAA Region 1 Championshi
38	Shone WALTERS	SO #2 Barton (Kan.) CC {4}	TM-4	57.39	5/3/25 NJCAA Region 6/Jayhawk Con
39	Alexa ZANDERS	FR #19 Indian Hills (Iowa) CC {3}	0.28	57.44	4/25/25 John McDonnell Invitational
40	Ysanne PEART	SO #1 New Mexico JC {4}	TM-4	57.62	4/19/25 Michael Johnson Classic
41	Vilorina TUILAWAKI	SO Neosho County (Kan.)	0.23	57.72	4/19/25 Kansas Relays
42	Nour RAHOU	FR #5 South Plains (Texas)	0.20	57.74c (57.63A)	4/26/25 SPC Texan Invite
43	Amiyanee HARRIS	SO #10 Central Arizona {3}	0.18	58.22	3/29/25 Cody McBride/Distance in the
44	Mechak Linda BULA BULA	FR #14 Iowa Central CC	0.15	58.46	4/18/25 Maverick Invitational
45	J'Nya DEMMING	SO Highland (Kan.) CC	0.13	58.49	4/26/25 Baker U. Zac Kindler Invitatio
46	Cshanti PIERCE	SO #22 Meridian (Miss.) CC {2}	0.10	58.60	4/25/25 Mike McMillian Invite
47	Oksanna SMITH	FR Lake-Sumter State (Fl	0.08	58.68	4/13/25 Pure Athletics Sprint Elite Mee
48	J'Miaya MUSE	FR Richard Bland (Va.) {2}	0.05	58.74	4/26/25 VSU Peggy Davis Memorial Inv
49	Kialia CLAIBORNE	SO #2 Barton (Kan.) CC {5}	TM-5	58.90	4/19/25 Michael Johnson Classic
50	Keyonna MCGILL	SO Cuyahoga (Ohio) CC	0.01	58.91	4/13/25 Mount Union John Homan Op





## National TFRI Event Summary

## Women's 400 Meter Hurdles — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Twyshanna HUIE	SO #6 Hinds (Miss.) CC	33.41	59.78	5/2/25 Maroon and White Tune-Up
2	Lovina EWUSI	SO #11 Western Texas	31.33	59.86	3/22/25 Wes Kittley Invitational
3	Brieanna BOYCE	SO #11 Western Texas {2}	28.96	1:00.26c (1:00.15A)	5/2/25 Texas Tech Corky/Crofoot Sho
4	Natasha FOX	FR #2 Barton (Kan.) CC	26.52	1:00.74	4/19/25 Michael Johnson Classic
5	T'kyla BENNETT	SO #6 Hinds (Miss.) CC {2}	24.38	1:00.89	4/26/25 LSU Alumni Gold
6	Nour RAHOU	FR #5 South Plains (Texas)	22.23	1:01.14c (1:01.03A)	4/3/25 Masked Rider Outdoor Open
7	Antonicia MOULTRIE	FR #23 Garden City (Kan.) CC	19.63	1:02.13	5/3/25 NJCAA Region 6/Jayhawk Con
8	Nanhi PANNU	FR #4 Cloud County (Kan.) C	17.35	1:02.61	5/3/25 NJCAA Region 6/Jayhawk Con
9	Kialia CLAIBORNE	SO #2 Barton (Kan.) CC {2}	15.19	1:02.88	4/19/25 Michael Johnson Classic
10	Ysanne PEART	SO #1 New Mexico JC	13.16	1:02.92	4/19/25 Michael Johnson Classic
11	Dymonde NAVE	SO #19 Indian Hills (Iowa) CC	10.95	1:03.32	4/25/25 John McDonnell Invitational
12	Oksanna SMITH	FR Lake-Sumter State (Fl)	9.93	1:03.40	4/26/25 Knights Invitational
13	Tanique TAYLOR	SO #3 Iowa Western CC	8.86	1:03.63	4/19/25 UNK Loper Invitational
14	Zoe ALLEN	FR #25 Vincennes (Ind.)	7.77	1:03.95	5/3/25 Music City Outdoor Challenge
15	Arriana JOHNSON	SO #19 Indian Hills (Iowa) CC{2}	6.59	1:04.58	5/9/25 Cyclone Twilight
16	Marcy MONELL	SO #15 Fort Scott (Kan.) CC	5.57	1:04.65	3/20/25 Kirk Baptiste Spring Break Invi
17	Jakouria JAMERSON	SO #15 Fort Scott (Kan.) CC {2}	5.00	1:04.89	4/17/25 Pittsburg State Tune-Up
18	Chadrak Belinda BULA BULA	FR #14 Iowa Central CC	4.49	1:04.94	4/5/25 South Dakota Early Bird
18	Tyra CHRISTEAN.	FR #8 Pima (Ariz.) CC	4.49	1:04.94	4/5/25 UCSD Triton Invitational
20	Alexia WALKER	FR #2 Barton (Kan.) CC {3}	2.44	D 1:05.10	5/3/25 NJCAA Region 6/Jayhawk Con
21	Vilorina TUILAWAKI	SO Neosho County (Kan.)	2.92	1:05.17	4/26/25 Baker U. Zac Kindler Invitatio
22	Paula ORUSEDE	SO Essex County (N.J.)	2.37	1:05.37	5/3/25 Larry Ellis Invitational
23	Ja'Kheria KELSER	FR #9 Coffeyville (Kan.) CC	1.77	1:05.72	3/23/25 Bethel (Kan.) College Open
24	Hannah DROEG	FR #8 Pima (Ariz.) CC {2}	1.18	1:06.06	4/5/25 UCSD Triton Invitational
25	Taja CONLEY	SO North Iowa Area CC	0.95	1:06.83	4/11/25 Jim Duncan Invitational
26	Shyla COOPER	FR Richard Bland (Va.)	0.90	1:07.10	4/5/25 Colonial Relays
27	Aliya SCHOCK	SO Bismarck State (N.D.)	0.85	1:07.50	4/6/25 Al Bortke Open
28	Melody KREMER	JR Hawkeye (Iowa) CC	0.80	1:07.96	4/5/25 Mississippi River Rumble
29	Jaelyn RUMBACK	SO #4 Cloud County (Kan.) {2}	0.75	1:08.86	4/19/25 Kansas Relays
30	Rhea FLANDERS	FR Neosho County (Kan.) {2}	0.70	1:08.91	5/9/25 Wichita State Shocker Open
31	Juaneya SYKES	SO #15 Fort Scott (Kan.) CC {3}	0.65	1:09.00	4/17/25 Pittsburg State Tune-Up
32	Aniya SUKU	FR Bryant & Stratton (Va.)	0.60	1:09.36	3/29/25 Seahawk Invitational
33	Alisha JACKSON	FR Bryant & Stratton (Va){2}	0.55	1:09.39	3/29/25 Seahawk Invitational
34	Damaria BELL	SO #15 Fort Scott (Kan.) CC {4}	TM-4	1:09.65	3/20/25 Kirk Baptiste Spring Break Invi
35	Berlynn BLACK	SO Highland (Kan.) CC	0.45	1:09.89	3/29/25 Central Methodist Invitational
36	Erin SMITH	SO Richard Bland (Va.) {2}	0.40	1:09.98	4/19/25 Aggie Invitational
37	Kate DARE	FR #13 Mesa (Ariz.) CC	0.35	1:10.04	4/18/25 ULV Leopard Invitational
38	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	0.30	1:10.79	4/12/25 Wichita State K.T. Woodman I
39	Dedra WOOD	FR Bismarck State (N.D.) {2}	0.28	1:10.83	3/28/25 Central Nebraska Challenge
40	Madison JACKSON	FR Coahoma (Miss.) CC	0.25	1:11.28	4/25/25 Mike McMillian Invite
41	Jayda GREEN	SO #9 Coffeyville (Kan.) CC {2}	0.23	1:11.38	3/13/25 Dean Pryor Invitational
42	Widlife VERMILUS	SO #2 Barton (Kan.) CC {4}	TM-4	1:13.28	4/19/25 KWU Coyote Classic
43	Ciara MAY	FR Cuyahoga (Ohio) CC	0.18	1:13.48	4/5/25 GVSU Early Meet
44	Carlie CARLGREN	FR #4 Cloud County (Kan.) {3}	0.15	1:13.92	4/19/25 Kansas Relays
45	Karma SINGLETON	SO #16 Cowley (Kan.)	0.13	1:17.85	5/3/25 NJCAA Region 6/Jayhawk Con
46	Milan KAUR	FR Phoenix (Ariz.)	0.10	1:18.01	4/12/25 Gaucho Collegiate Outdoor In
47	Tyler WASHINGTON	SO #8 Pima (Ariz.) CC {3}	0.08	1:21.33	3/29/25 Cody McBride/Distance in the
48	Makayla GAY	SO #16 Cowley (Kan.) {2}	0.05	1:22.15	5/3/25 NJCAA Region 6/Jayhawk Con
49	McKenna GUYMON	SO Trinidad State (Colo.)	0.03	1:25.90c (1:25.79A)	5/3/25 CSU Pueblo Last Chance Invit



## National TFRI Event Summary

## Women's 800 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Nontokozo NCUBE	SO #4 Cloud County (Kan.) C	32.94	2:07.19	5/9/25 Ward Haylett Invitational
2	Mercy ANGAAMCHAAB	SO #4 Cloud County (Kan.) {2}	30.72	2:07.61	5/9/25 Ward Haylett Invitational
3	Amal KACHOURI	FR #1 New Mexico JC	28.61	2:07.84c (2:08.21A)	4/3/25 Masked Rider Outdoor Open
4	Jody ANN MITCHELL	SO #1 New Mexico JC {2}	26.42	2:08.22c (2:08.60A)	4/3/25 Masked Rider Outdoor Open
5	Milicent WAFULA	FR #12 Odessa (Texas)	3.83 D	2:09.53c (2:09.91A)	4/3/25 Masked Rider Outdoor Open
6	Shone WALTERS	SO #2 Barton (Kan.) CC	21.69	2:09.94	4/12/25 Crimson Tide Invite
7	N Vanee ANCHIKE	SO #4 Cloud County (Kan.) {3}	19.52	2:10.44	4/5/25 Friends Invitational
8	Emilly SILVA	SO #1 New Mexico JC {3}	17.44	2:10.69c (2:11.08A)	4/3/25 Masked Rider Outdoor Open
9	Lindsey LOPES	FR #7 Salt Lake (Utah) CC	15.41	2:10.80	4/18/25 Bryan Clay Invitational
10	Angeline ESTRADA	SO #3 Iowa Western CC	13.37	2:10.92	4/18/25 Bryan Clay Invitational
11	Daisy SPEET	FR Lansing (Mich.) CC	11.35	2:10.97	5/10/25 St. Francis Fighting Chance In
12	Juliana SAKAT	FR #3 Iowa Western CC {2}	3.29 D	2:11.15	5/4/25 NJCAA Region 11/ICCAC Outd
13	Avery JENSEN	SO #7 Salt Lake (Utah) CC {2}	9.29	2:11.16	4/18/25 Bryan Clay Invitational
14	Rosemary ARTHUR	SO #17 Colby (Kan.) CC	8.10	2:11.75	4/12/25 Jo Meaker Classic & Multi
15	Attoya HARVEY	SO Monroe-New Rochelle	6.72	2:13.84	5/3/25 Larry Ellis Invitational
16	Kaydeen JOHNSON	FR #12 Odessa (Texas) {2}	5.67	2:14.13c (2:14.53A)	4/3/25 Masked Rider Outdoor Open
17	Grace KOMBETTO	SO #10 Central Arizona	5.16	2:14.19	4/18/25 Bryan Clay Invitational
18	Tyfone MARTINS	SO #1 New Mexico JC {4}	TM-4	2:15.24c (2:15.64A)	5/2/25 Texas Tech Corky/Crofoot Sho
19	Francesca ALVARADO	SO #1 New Mexico JC {5}	TM-5	2:15.51c (2:15.91A)	5/2/25 Texas Tech Corky/Crofoot Sho
20	Elayna LOVERIDGE	SO #7 Salt Lake (Utah) CC {3}	3.43	2:15.65	4/18/25 Bryan Clay Invitational
21	Amanda KOTAMBE	FR #4 Cloud County (Kan.) {4}	TM-4	2:16.14	4/5/25 Friends Invitational
22	Serena DOUGLAS	SO Essex County (N.J.)	2.31	2:16.42	4/19/25 Wolverine Classic
23	Victaline MUTAI	FR Ranger (Texas)	1.77	2:16.67	4/26/25 Joe Gillespie Invitational
24	Isabella BEILKE	FR #24 Southern Idaho	1.21	2:17.07	4/17/25 Whitworth Twilight
25	Sharon STRYDOM	SO UA Rich Mountain (Ark.)	1.10	2:17.47	5/9/25 Arkansas Twilight
26	Glorie KABUIN	SO North Central Texas	1.02	2:17.63	4/26/25 Joe Gillespie Invitational
27	Reatta DANOFF	SO #8 Pima (Ariz.) CC	0.95	2:17.79	5/1/25 NJCAA Region 1 Championshi
28	Tara BOUCK	FR #7 Salt Lake (Utah) CC {4}	TM-4	2:18.11	4/18/25 Bryan Clay Invitational
29	Daphne KAUSZ	SO #1 New Mexico JC {6}	TM-6	2:18.15	4/12/25 Jo Meaker Classic & Multi
30	Tanesia GARDINER	FR Monroe-New Rochell {2}	0.71	2:18.42	3/29/25 Raleigh Relays
31	Joy JEPLETING	FR Monroe-New Rochell {3}	0.65	2:18.56	3/29/25 Raleigh Relays
31	Angela Denisse SALADO FERNANDEZ	SO #7 Salt Lake (Utah) CC {5}	TM-5	2:18.56c (2:19.24A)	5/2/25 Robison Invitational
33	Alfrenique KNOWLES	FR Ranger (Texas) {2}	0.55	2:18.59	4/26/25 Joe Gillespie Invitational
34	Macie MORALES	FR Ranger (Texas) {3}	0.50	2:19.18	4/26/25 Joe Gillespie Invitational
35	Lucy MELZER	FR #13 Mesa (Ariz.) CC	0.45	2:19.70	4/18/25 ULV Leopard Invitational
36	Katie MUNOZ	FR #13 Mesa (Ariz.) CC {2}	0.40	2:19.95	4/18/25 ULV Leopard Invitational
37	Sara BELGACEM	FR #25 Vincennes (Ind.)	0.35	2:20.14	5/3/25 Music City Outdoor Challenge
38	Kinley JACKSON	FR #13 Mesa (Ariz.) CC {3}	0.30	2:20.30	5/1/25 NJCAA Region 1 Championshi
39	Carmella BALDWIN	SO #13 Mesa (Ariz.) CC {4}	TM-4	2:20.45	3/29/25 Cody McBride/Distance in the
40	Naomi SOTELO	SO #7 Salt Lake (Utah) CC {6}	TM-6	2:20.50c (2:21.19A)	5/2/25 Robison Invitational
41	Melania TURAGA	FR Neosho County (Kan.)	0.23	2:20.52	4/12/25 Wichita State K.T. Woodman I
42	Amalinaly PEMBERTON	SO #9 Coffeyville (Kan.) CC	0.20	2:20.57	4/10/25 Red Raven Invite
43	Juliette GAVOIS	FR #14 Iowa Central CC	0.18	2:20.67	4/12/25 Mustang Distance Carnival &
44	Kennedy KUNZ	FR #24 Southern Idaho {2}	0.15	2:21.27	4/17/25 Whitworth Twilight
45	Aubrie BARZEE	FR #24 Southern Idaho {3}	0.13	2:21.45	4/5/25 UNLV Rebel Elite
46	Meryeme MAI	FR #23 Garden City (Kan.) CC	0.10	2:21.53c (2:21.94A)	4/3/25 Masked Rider Outdoor Open
47	Kendra GUEST	SO #13 Mesa (Ariz.) CC {5}	TM-5	2:21.56	4/5/25 UCSD Triton Invitational
48	Alyssa KULESA	FR #3 Iowa Western CC {3}	0.05	2:21.57	5/4/25 NJCAA Region 11/ICCAC Outd
49	Mallori JONES	FR Hawkeye (Iowa) CC	0.03	2:21.65	5/4/25 NJCAA Region 11/ICCAC Outd
50	Madelyn GIRARDO	FR #24 Southern Idaho {4}	TM-4	2:21.71c (2:22.42A)	4/26/25 Utah State Aggie Invitational



## National TFRI Event Summary

## Women's 1500 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Milicent WAFULA	FR #12	Odessa (Texas)	34.67	4:23.63	3/29/25 Texas Relays
2	Juliana SAKAT	FR #3	Iowa Western CC	30.76	4:29.90	5/4/25 NJCAA Region 11/ICCAC Outd
3	N Vanee ANCHIKE	SO #4	Cloud County (Kan.) C	28.47	4:30.90	4/12/25 Wichita State K.T. Woodman I
4	Nhamoinesu MABVUKA	FR #22	Meridian (Miss.) CC	26.32	4:31.39	4/26/25 LSU Alumni Gold
5	Rosemary ARTHUR	SO #17	Colby (Kan.) CC	24.17	4:31.92	4/19/25 Kansas Relays
6	Kaydeen JOHNSON	FR #12	Odessa (Texas) {2}	22.16	4:31.96	3/29/25 Texas Relays
7	Elizabeth ILANDA	FR #12	Odessa (Texas) {3}	3.41 D	4:34.97c (4:38.64A)	4/26/25 SPC Texan Invite
8	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC	17.27	4:35.72	4/18/25 Bryan Clay Invitational
9	Jody ANN MITCHELL	SO #1	New Mexico JC	15.05	4:36.85	4/19/25 Michael Johnson Classic
10	Nora BRADY	SO	Heartland (Ill.) CC	13.04	4:36.89	5/2/25 Illinois State Senior Spotlight
11	Mercy ANGAAMCHAAB	SO #4	Cloud County (Kan.) {2}	10.93	4:37.48	4/12/25 Wichita State K.T. Woodman I
12	Hafssa BOUTRICH	FR #3	Iowa Western CC {2}	9.92	4:37.52	5/4/25 NJCAA Region 11/ICCAC Outd
13	Lindsey LOPES	FR #7	Salt Lake (Utah) CC {2}	8.82	4:38.04c (5:06.30A)	5/2/25 Robison Invitational
14	Salma SADDUOG	FR #12	Odessa (Texas) {4}	TM-4	4:38.58	3/22/25 West Texas Relays
15	Angelina LIONE	FR #7	Salt Lake (Utah) CC {3}	2.72 D	4:38.63c (5:07.10A)	3/28/25 Utah Valley Collegiate
16	Ines MRABET	FR #1	New Mexico JC {2}	2.68 D	4:39.12c (4:42.50A)	5/2/25 Texas Tech Corky/Crofoot Sho
17	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC {4}	TM-4	4:40.92c (5:09.63A)	3/28/25 Utah Valley Collegiate
18	Barbara NEIVA	SO	Trinidad State (Colo.)	4.50	4:41.01	4/18/25 Bryan Clay Invitational
19	Francesca ALVARADO	SO #1	New Mexico JC {3}	3.89	4:42.16	4/19/25 Michael Johnson Classic
20	Victaline MUTAI	FR	Ranger (Texas)	3.34	4:42.69c (4:46.11A)	4/3/25 Masked Rider Outdoor Open
21	Naomi SOTELO	SO #7	Salt Lake (Utah) CC {5}	TM-5	4:42.72c (5:11.45A)	5/2/25 Robison Invitational
22	Lilian MATEO	SO #12	Odessa (Texas) {5}	TM-5	4:43.00c (4:46.43A)	5/2/25 Texas Tech Corky/Crofoot Sho
23	Laurie DAVIDSON	FR #24	Southern Idaho	1.78	4:43.38c (5:12.44A)	4/11/25 Weber State Spring Classic
24	Reatta DANOFF	SO #8	Pima (Ariz.) CC	1.26	4:43.59	5/1/25 NJCAA Region 1 Championshi
25	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	1.19	4:43.85	4/11/25 Mule Relays
26	Avery JENSEN	SO #7	Salt Lake (Utah) CC {6}	TM-6	4:44.00	4/18/25 ULV Leopard Invitational
27	Melanie ANDERSON	FR #7	Salt Lake (Utah) CC {7}	TM-7	4:44.44	4/18/25 ULV Leopard Invitational
28	Mazee SOUTHWARD	FR #7	Salt Lake (Utah) CC {8}	TM-8	4:44.74c (5:13.67A)	5/2/25 Robison Invitational
29	Videlda JEBET	FR	Crowder (Mo.)	0.87	4:45.08	4/19/25 Kansas Relays
30	Daisy SPEET	FR	Lansing (Mich.) CC	0.72	4:46.28	4/12/25 Davenport Panther Classic
31	Keira DAMRON	SO #21	Paradise Valley (Ariz.)	0.65	4:46.46	3/29/25 Cody McBride/Distance in the
32	Angeline ESTRADA	SO #3	Iowa Western CC {3}	0.60	4:46.99	4/18/25 Bryan Clay Invitational
33	Sarah NICHOLLES	FR #7	Salt Lake (Utah) CC {9}	TM-9	4:47.02c (5:16.19A)	5/2/25 Robison Invitational
34	Attoya HARVEY	SO	Monroe-New Rochelle	0.50	4:47.15	4/12/25 Duke Invitational
35	Jordyn PICOLET	SO #18	Hutchinson (Kan.) CC	0.45	4:48.57	4/19/25 KWU Coyote Classic
36	Sage LYON	FR #24	Southern Idaho {2}	0.40	4:48.70c (5:18.31A)	4/11/25 Weber State Spring Classic
37	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {10}	TM-10	4:48.72c (5:18.06A)	5/2/25 Robison Invitational
38	Aubrie BARZEE	FR #24	Southern Idaho {3}	0.30	4:49.86c (4:55.76A)	4/26/25 Utah State Aggie Invitational
39	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	0.28	4:50.31	5/1/25 NJCAA Region 1 Championshi
40	Emilly SILVA	SO #1	New Mexico JC {4}	TM-4	4:50.33	4/19/25 Michael Johnson Classic
41	Olivia COULSTON	SO #21	Paradise Valley (Ariz.) {2}	0.23	4:50.52	3/29/25 Cody McBride/Distance in the
42	Sara BELGACEM	FR #25	Vincennes (Ind.)	0.20	4:50.67	5/3/25 Music City Outdoor Challenge
43	Laynee HOLLECH	FR #21	Paradise Valley (Ariz.) {3}	0.18	4:50.86	3/29/25 Cody McBride/Distance in the
44	Macie MORALES	FR	Ranger (Texas) {2}	0.15	4:51.10	4/26/25 Joe Gillespie Invitational
45	Lucy MELZER	FR #13	Mesa (Ariz.) CC {2}	0.13	4:51.34	3/22/25 Willie Williams/Dave Murray Di
46	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	0.10	4:51.36	4/19/25 KWU Coyote Classic
47	Keira STACEY	FR #7	Salt Lake (Utah) CC {11}	TM-11	4:51.58c (5:21.21A)	5/2/25 Robison Invitational
48	Tiffani KOONCE	FR #19	Indian Hills (Iowa) CC	0.05	4:51.72	5/4/25 NJCAA Region 11/ICCAC Outd
49	Wijdane INZALINE	FR #3	Iowa Western CC {4}	TM-4	4:51.75	5/4/25 NJCAA Region 11/ICCAC Outd
50	Karen KIRATU	SO	Southeast (Neb.) CC	0.01	4:51.97	5/9/25 Concordia (Neb.) Twilight Mee



## National TFRI Event Summary

## Women's Steeplechase — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Salma SADDOUNG	FR	#12 Odessa (Texas)	34.60	10:32.38	3/29/25 Texas Relays
2	Barbara NEIVA	SO	Trinidad State (Colo.)	31.83	10:41.54	4/18/25 Bryan Clay Invitational
3	Elizabeth EWUSIE	FR	#3 Iowa Western CC	29.32	10:47.80	4/18/25 Bryan Clay Invitational
4	Melanie ANDERSON	FR	#7 Salt Lake (Utah) CC	26.15	11:06.23	4/5/25 Stanford Invitational
5	Carmella BALDWIN	SO	#13 Mesa (Ariz.) CC	23.84	11:12.16	4/5/25 UCSD Triton Invitational
6	Francesca ALVARADO	SO	#1 New Mexico JC	21.84	11:12.25	4/19/25 Michael Johnson Classic
7	Abigail (Abbi) HUTCHINSON	FR	#14 Iowa Central CC	19.72	11:14.51	4/18/25 Maverick Invitational
8	Marjie RICHARDS	FR	#7 Salt Lake (Utah) CC {2}	17.12	11:26.40	4/5/25 Mike Fanelli Track Classic
9	Kinley JACKSON	FR	#13 Mesa (Ariz.) CC {2}	14.95	11:29.99	4/18/25 ULV Leopard Invitational
10	Rozzlyn CAZIER	SO	#24 Southern Idaho	12.89	11:31.04	4/17/25 Whitworth Twilight
11	Alison GUAMAN TISALEMA	FR	#5 South Plains (Texas)	10.88	11:31.35	4/12/25 Jo Meaker Classic & Multi
12	Tabetha HENRIE	FR	#7 Salt Lake (Utah) CC {3}	9.74	11:35.20	4/5/25 Mike Fanelli Track Classic
13	Videlda JEBET	FR	Crowder (Mo.)	8.74	11:35.24	4/26/25 Baker U. Zac Kindler Invitatio
14	Reid HARVEY-MCKEAN	FR	#23 Garden City (Kan.) CC	7.68	11:37.37	4/12/25 Wichita State K.T. Woodman I
15	Darcy VINEYARD	FR	UA Rich Mountain (Ark.)	6.68	11:37.70	4/19/25 Dan Veach Invitational
16	Lisel NDLOVU	FR	#1 New Mexico JC {2}	5.60	11:40.79c (11:49.64A)	5/2/25 Texas Tech Corky/Crofoot Sho
17	Laynee ROWLEY	SO	#24 Southern Idaho {2}	5.08	11:41.45	4/17/25 Whitworth Twilight
18	Aubrie BARZEE	FR	#24 Southern Idaho {3}	4.55	11:42.69c (11:59.27A)	4/11/25 Weber State Spring Classic
19	Katie REAVELEY	FR	#7 Salt Lake (Utah) CC {4}	TM-4	11:42.73	4/5/25 Mike Fanelli Track Classic
20	Amanda KOTAMBE	FR	#4 Cloud County (Kan.) C	3.48	11:45.73	5/3/25 NJCAA Region 6/Jayhawk Con
21	Stephania HERNANDEZ	SO	#24 Southern Idaho {4}	TM-4	11:46.67c (12:02.58A)	5/2/25 Robison Invitational
22	Adi FULLER	SO	#25 Vincennes (Ind.)	2.42	11:48.48	5/3/25 Music City Outdoor Challenge
23	Hadil CHIHA	FR	#1 New Mexico JC {3}	1.67	11:58.84c (12:07.92A)	4/3/25 Masked Rider Outdoor Open
24	Abigail GRANTHAM	SO	#18 Hutchinson (Kan.) CC	1.17	11:59.11	5/3/25 NJCAA Region 6/Jayhawk Con
25	Savannah FISCHER	SO	#16 Cowley (Kan.)	0.99	12:04.59	5/3/25 NJCAA Region 6/Jayhawk Con
26	Kenia AINSWORTH	SO	#24 Southern Idaho {5}	TM-5	12:20.52c (12:37.51A)	4/26/25 Utah State Aggie Invitational
27	Alexa MARSHALL	FR	Butler (Kan.) CC	0.85	12:21.70	5/3/25 NJCAA Region 6/Jayhawk Con
28	Valyrie FREEMAN	SO	Butler (Kan.) CC {2}	0.80	12:34.76	4/12/25 Wichita State K.T. Woodman I
29	Elizabeth DRISCOLL	FR	#24 Southern Idaho {6}	TM-6	12:47.54c (13:05.65A)	4/11/25 Weber State Spring Classic
30	Jasmine HAYES	FR	Crowder (Mo.) {2}	0.70	12:49.62	4/26/25 Baker U. Zac Kindler Invitatio
31	Olivia SPURLING	FR	North Iowa Area CC	0.65	12:59.46	5/4/25 NJCAA Region 11/ICCAC Outd
32	Emma DELL	FR	Macomb (Mich.) CC	0.60	13:00.70	4/19/25 Elaine Leigh Invite
33	Lucy MELZER	FR	#13 Mesa (Ariz.) CC {3}	0.55	13:01.12	3/20/25 PV/ALTIS Invite
34	Karlee POPE	FR	#8 Pima (Ariz.) CC	0.50	13:01.49	5/1/25 NJCAA Region 1 Championshi
35	Alivia EDENS	FR	#14 Iowa Central CC {2}	0.45	13:06.36	4/18/25 Maverick Invitational
36	Megan TSABETSAYE	SO	#10 Central Arizona	0.40	13:34.84	4/18/25 Aztec Outdoor
37	Tanesia GARDINER	FR	Monroe-New Rochelle	0.35	13:45.87	4/12/25 Duke Invitational
38	Daniela CERDA	FR	Dodge City (Kan.) CC	0.30	13:51.50	5/3/25 NJCAA Region 6/Jayhawk Con
39	Cashlynn PROFITT	FR	#8 Pima (Ariz.) CC {2}	0.28	13:59.46	5/1/25 NJCAA Region 1 Championshi
40	Cloey USHER	SO	North Iowa Area CC {2}	0.25	14:07.31	4/25/25 Grand View Viking Classic
41	Caroline VOGELSANG	FR	Carroll (Md.) CC	0.23	14:07.75	4/26/25 Miller Sports Construction Blu
42	Alexis RIDDLE	FR	State Fair (Mo.)	0.20	14:35.03	4/18/25 Culver-Stockton Wildcat Open
43	Emma RINALDI	SO	State Fair (Mo.) {2}	0.18	15:53.29	4/18/25 Culver-Stockton Wildcat Open
44	Arial CRAWFORD	SO	Hagerstown (Md.) CC	0.15	17:20.75	4/12/25 NJCAA Region 20 Outdoor Tra
45	Joella MATHILDA	SO	#4 Cloud County (Kan.) {2}	0.13	17:26.81	5/3/25 NJCAA Region 6/Jayhawk Con





## National TFRI Event Summary

## Women's 5000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Elizabeth ILANDA	FR #12	Odessa (Texas)	34.34	16:27.59	3/29/25 Texas Relays
2	Milicent WAFULA	FR #12	Odessa (Texas) {2}	32.33	16:27.64	4/12/25 Jo Meaker Classic & Multi
3	Nhamoinesu MABVUKA	FR #22	Meridian (Miss.) CC	29.44	16:39.17	4/12/25 Crimson Tide Invite
4	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC	26.30	16:56.59	4/18/25 Bryan Clay Invitational
5	Hafssa BOUTRICH	FR #3	Iowa Western CC	23.98	17:03.17	4/18/25 Bryan Clay Invitational
6	Melanie ANDERSON	FR #7	Salt Lake (Utah) CC {2}	21.83	17:06.14	4/18/25 Bryan Clay Invitational
7	Angelina LIONE	FR #7	Salt Lake (Utah) CC {3}	19.78	17:07.14	4/18/25 Bryan Clay Invitational
8	Nora BRADY	SO	Heartland (Ill.) CC	17.48	17:13.37	4/12/25 Normal Invite
9	Keira DAMRON	SO #21	Paradise Valley (Ariz.)	14.97	17:23.93	4/18/25 ULV Leopard Invitational
10	Salma SADDOUNG	FR #12	Odessa (Texas) {3}	12.90	17:27.02	4/12/25 Jo Meaker Classic & Multi
11	Lindsie FAUSETT	SO #7	Salt Lake (Utah) CC {4}	TM-4	17:41.22	4/18/25 Bryan Clay Invitational
12	Ines MRABET	FR #1	New Mexico JC	9.55	17:41.57c (17:56.19A)	4/3/25 Masked Rider Outdoor Open
13	Wijdane INZALINE	FR #3	Iowa Western CC {2}	8.51	17:43.16	4/5/25 South Dakota Early Bird
14	Jordyn PICOLET	SO #18	Hutchinson (Kan.) CC	7.49	17:43.99	4/12/25 Wichita State K.T. Woodman I
15	Lillian NEFF	SO #24	Southern Idaho	6.47	17:44.92c (18:10.74A)	5/2/25 Robison Invitational
16	Mazee SOUTHWARD	FR #7	Salt Lake (Utah) CC {5}	TM-5	17:45.36	4/18/25 ULV Leopard Invitational
17	Lilian MATEO	SO #12	Odessa (Texas) {4}	TM-4	17:47.21	4/12/25 Jo Meaker Classic & Multi
18	Victaline MUTAI	FR	Ranger (Texas)	4.39	17:48.61c (18:03.34A)	4/3/25 Masked Rider Outdoor Open
19	Maddie PEARSON	FR #7	Salt Lake (Utah) CC {6}	TM-6	17:49.08c (18:15.01A)	5/2/25 Robison Invitational
20	Alix CRAWFORD	FR #7	Salt Lake (Utah) CC {7}	TM-7	17:50.23	4/18/25 ULV Leopard Invitational
21	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	2.85	17:50.33	4/19/25 Beach Invitational
22	N Vanee ANCHIKE	SO #4	Cloud County (Kan.) C	2.33	17:51.05	4/19/25 Kansas Relays
23	Karen KIRATU	SO	Southeast (Neb.) CC	1.81	17:51.83	4/25/25 Kip Janvrin Open
24	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	1.25	17:54.68	3/29/25 Bobcat Invitational (Texas Sta
25	Rozzlyn CAZIER	SO #24	Southern Idaho {2}	1.17	17:55.93c (18:20.54A)	5/3/25 Idaho State Bengal Invitationa
26	Stella LAGAT	FR	Ranger (Texas) {2}	1.10	17:56.52	4/26/25 Joe Gillespie Invitational
27	Laynee HOLLECH	FR #21	Paradise Valley (Ariz.) {2}	1.05	17:56.74	3/22/25 Willie Williams/Dave Murray Di
28	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {8}	TM-8	17:57.29	4/18/25 Bryan Clay Invitational
29	Meryeme MAI	FR #23	Garden City (Kan.) CC	0.79	18:03.95	5/3/25 NJCAA Region 6/Jayhawk Con
30	Ava BERG	FR #7	Salt Lake (Utah) CC {9}	TM-9	18:08.29c (18:34.68A)	5/2/25 Robison Invitational
31	Grace WAITE	FR #7	Salt Lake (Utah) CC {10}	TM-10	18:15.21c (18:41.77A)	5/2/25 Robison Invitational
32	Faith JEPTOO	SO	Crowder (Mo.)	0.60	18:16.10	4/5/25 Friends Invitational
33	Alison GUAMAN TISALEMA	FR #5	South Plains (Texas)	0.55	18:17.28c (18:32.40A)	5/2/25 Texas Tech Corky/Crofoot Sho
34	Elayna LOVERIDGE	SO #7	Salt Lake (Utah) CC {11}	TM-11	18:20.06	4/5/25 Mike Fanelli Track Classic
35	Michaela GROSS	FR	Hagerstown (Md.) CC	0.45	18:20.97	3/21/25 Fred Hardy Invitational
36	Olivia COULSTON	SO #21	Paradise Valley (Ariz.) {3}	0.40	18:23.07	3/22/25 Willie Williams/Dave Murray Di
37	Macie MORALES	FR	Ranger (Texas) {3}	0.35	18:23.69	4/12/25 Carl Kight Invitational
38	Mercy KIBUIGUT	FR	Crowder (Mo.) {2}	0.30	18:25.22	4/11/25 Mule Relays
39	Naomi SOTELO	SO #7	Salt Lake (Utah) CC {12}	TM-12	18:25.26	4/5/25 Mike Fanelli Track Classic
40	Ava LAMILZA	SO	Macomb (Mich.) CC	0.25	18:27.25	4/5/25 Golden Grizzly Invite
41	Sarah NICHOLAS	FR #7	Salt Lake (Utah) CC {13}	TM-13	18:28.30	4/18/25 ULV Leopard Invitational
42	Lisel NDLOVU	FR #1	New Mexico JC {2}	0.20	18:28.87	4/19/25 Michael Johnson Classic
43	Laura AVILA	SO #18	Hutchinson (Kan.) CC {2}	0.18	18:31.77	4/19/25 KWU Coyote Classic
44	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	0.15	18:33.38	3/28/25 Emporia State Relays
45	Keira STACEY	FR #7	Salt Lake (Utah) CC {14}	TM-14	18:36.48c (19:03.56A)	5/2/25 Robison Invitational
46	Kayli MYERS	SO #16	Cowley (Kan.)	0.10	18:37.01	4/12/25 Wichita State K.T. Woodman I
47	Cambrie BABCOCK	FR #7	Salt Lake (Utah) CC {15}	TM-15	18:37.08c (19:06.10A)	4/12/25 Utah Spring Classic
48	Daisy SPEET	FR	Lansing (Mich.) CC	0.05	18:38.92	4/19/25 Elaine Leigh Invite
49	Kenadee BUSHMAN	FR #7	Salt Lake (Utah) CC {16}	TM-16	18:39.44c (19:08.52A)	4/12/25 Utah Spring Classic
50	Jessica VIERA	SO #10	Central Arizona	0.01	18:43.55	4/5/25 UCSD Triton Invitational



## National TFRI Event Summary

## Women's 10,000 Meters — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Juliana SAKAT	FR #3	Iowa Western CC	36.04	33:23.71	4/18/25 Bryan Clay Invitational
2	Elizabeth ILANDA	FR #12	Odessa (Texas)	31.01	35:32.01	4/12/25 Jo Meaker Classic & Multi
3	Angela Denisse SALADO FERNANDEZ	SO #7	Salt Lake (Utah) CC	28.92	35:35.80	4/5/25 Mike Fanelli Track Classic
4	Angelina LIONE	FR #7	Salt Lake (Utah) CC {2}	26.28	36:08.76	4/5/25 Mike Fanelli Track Classic
5	Ines MRABET	FR #1	New Mexico JC	23.96	36:31.05	3/29/25 Texas Relays
6	Lindsie FAUSETT	SO #7	Salt Lake (Utah) CC {3}	21.46	37:06.50	4/5/25 Mike Fanelli Track Classic
7	Lillian NEFF	SO #24	Southern Idaho	19.33	37:15.74	4/17/25 Whitworth Twilight
8	Karen KIRATU	SO	Southeast (Neb.) CC	17.27	37:19.89	4/12/25 Wichita State K.T. Woodman I
9	Elizabeth HERNANDEZ	SO	Butler (Kan.) CC	15.26	37:20.97	4/12/25 Wichita State K.T. Woodman I
10	Alix CRAWFORD	FR #7	Salt Lake (Utah) CC {4}	TM-4	37:31.84	4/5/25 Mike Fanelli Track Classic
11	Elizabeth EWUSIE	FR #3	Iowa Western CC {2}	11.00	37:39.89	5/4/25 NJCAA Region 11/ICCAC Outd
12	Meryeme MAI	FR #23	Garden City (Kan.) CC	9.97	37:42.14	4/12/25 Wichita State K.T. Woodman I
13	Maddie PEARSON	FR #7	Salt Lake (Utah) CC {5}	TM-5	38:01.41	4/18/25 ULV Leopard Invitational
14	Joelle WHITWORTH	SO #7	Salt Lake (Utah) CC {6}	TM-6	38:11.99	4/5/25 Mike Fanelli Track Classic
15	Faith JEPTOO	SO	Crowder (Mo.)	6.72	38:18.35	4/19/25 Kansas Relays
16	Ava BERG	FR #7	Salt Lake (Utah) CC {7}	TM-7	38:30.92	4/18/25 ULV Leopard Invitational
17	Wijdane INZALINE	FR #3	Iowa Western CC {3}	5.05	38:43.56	4/18/25 ULV Leopard Invitational
18	Sierra SUMMERS	FR	Dawson (Mont.) CC	4.38	39:08.92	4/6/25 Al Bortke Open
19	Sage LYON	FR #24	Southern Idaho {2}	3.83	39:17.87	4/17/25 Whitworth Twilight
20	America RODRIGUEZ	FR #7	Salt Lake (Utah) CC {8}	TM-8	39:24.14	4/5/25 Mike Fanelli Track Classic
21	Abbigail (Abbi) HUTCHINSON	FR #14	Iowa Central CC	2.77	39:27.37	5/4/25 NJCAA Region 11/ICCAC Outd
22	Ivy WASHINGTON	SO	Dodge City (Kan.) CC	2.23	39:33.68	4/12/25 Wichita State K.T. Woodman I
23	Reatta DANOFF	SO #8	Pima (Ariz.) CC	1.69	39:40.04	5/1/25 NJCAA Region 1 Championshi
24	Jessica VIERA	SO #10	Central Arizona	1.15	39:45.76	5/1/25 NJCAA Region 1 Championshi
25	Alison UNRUH	SO	Butler (Kan.) CC {2}	1.04	39:54.79	4/12/25 Wichita State K.T. Woodman I
26	Carmella BALDWIN	SO #13	Mesa (Ariz.) CC	0.90	40:13.15	5/1/25 NJCAA Region 1 Championshi
27	Linda RIVERO	SO #8	Pima (Ariz.) CC {2}	0.85	40:14.18	5/1/25 NJCAA Region 1 Championshi
28	Ayianna OLIVAS	SO #3	Iowa Western CC {4}	TM-4	40:15.61	4/12/25 Wichita State K.T. Woodman I
29	Miguelis PUPO BRIZUELA	SO #12	Odessa (Texas) {2}	0.75	40:53.30	4/12/25 Jo Meaker Classic & Multi
30	Jordyn PICOLET	SO #18	Hutchinson (Kan.) CC	0.70	41:12.68	5/3/25 NJCAA Region 6/Jayhawk Con
31	Laura AVILA	SO #18	Hutchinson (Kan.) CC {2}	0.65	41:21.15	5/3/25 NJCAA Region 6/Jayhawk Con
32	Ava WASHINGTON	SO	Dodge City (Kan.) CC {2}	0.60	41:30.32	4/4/25 Emporia State Midwest Classi
33	Elexia ARAGON	FR #8	Pima (Ariz.) CC {3}	0.55	42:01.74	4/5/25 UCSD Triton Invitational
34	Daniela CERDA	FR	Dodge City (Kan.) CC {3}	0.50	42:03.51	5/3/25 NJCAA Region 6/Jayhawk Con
35	Macie CHUGG	SO #24	Southern Idaho {3}	0.45	42:27.77c (43:41.24A)	5/2/25 Robison Invitational
36	Elizabeth COPPOLA	FR #8	Pima (Ariz.) CC {4}	TM-4	42:45.88	4/5/25 UCSD Triton Invitational
37	Reshila CURLEY	FR #10	Central Arizona {2}	0.35	43:10.94	5/1/25 NJCAA Region 1 Championshi
38	Kinley JACKSON	FR #13	Mesa (Ariz.) CC {2}	0.30	43:43.77	5/1/25 NJCAA Region 1 Championshi
39	Pauline ALTHOFF	FR #16	Cowley (Kan.)	0.28	44:00.43	5/3/25 NJCAA Region 6/Jayhawk Con
40	Michaela GROSS	FR	Hagerstown (Md.) CC	0.25	44:01.84	4/12/25 NJCAA Region 20 Outdoor Tra
41	Megan TSABETSAYE	SO #10	Central Arizona {3}	0.23	45:03.56	5/1/25 NJCAA Region 1 Championshi
42	Hannah CUNNINGHAM	SO	Cuyahoga (Ohio) CC	0.20	46:09.81	4/13/25 Mount Union John Homan Op
43	Destiny HERNANDEZ	SO #13	Mesa (Ariz.) CC {3}	0.18	48:49.44	5/1/25 NJCAA Region 1 Championshi
44	Dari COOK	FR #14	Iowa Central CC {2}	0.15	52:19.38	5/4/25 NJCAA Region 11/ICCAC Outd
45	Ella SCHROEDER	SO	Southeastern (Iowa) C	0.13	57:06.29	5/4/25 NJCAA Region 11/ICCAC Outd



## National TFRI Event Summary

## Women's 4x100 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Keliza Smith, Kayda Austin Kennidra Spigner, Takelia Williams	#2 Barton (Kan.) CC	33.87	44.70	4/12/25 Crimson Tide Invite
2	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye	#20 Allen (Kan.) CC	31.71	44.78	4/25/25 John McDonnell Invitational
3	Royanah Farmer, Linya Gedeon, Dhakiya Blake, Tierra Williams	#9 Coffeyville (Kan.) CC	28.95	45.16	4/25/25 John McDonnell Invitational
4	Seanna Gaye-Leslie, Caneilia Hope, Trinity Montgomery, La'Nica Locker	#6 Hinds (Miss.) CC	26.93	45.17	4/19/25 Jim Mize Invitational
5	Kyja Willis, Lovina Ewusi, Brieanna Boyce, Charlize Fraser	#11 Western Texas	24.76	45.26	4/19/25 Michael Johnson Classic
6	Dayjonique Cato, Crystal Chambers, Emmanuella Squire, Jayden Piper	#15 Fort Scott (Kan.) CC	22.60	45.34	4/17/25 Pittsburg State Tune-Up
7	Maliah Edwards, Tuwana McLean, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	19.99	45.67	4/19/25 Michael Johnson Classic
8	Ida Smith, Destiny Mitchel Nyla Norman, Zekira Snow	#19 Indian Hills (Iowa) CC	17.89	45.75	5/4/25 NJCAA Region 11/ICCAC Outd
9	Judith Koumedzina, Serena Grace, Taeja Bartee, Tanique Taylor	#3 Iowa Western CC	15.87	45.76	5/4/25 NJCAA Region 11/ICCAC Outd
10	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming	Highland (Kan.) CC	13.00	46.66	4/5/25 Friends Invitational
11	Beatrice Boakye, Felicia Awudi, Anita Afrifa, Ashly Tharp	#17 Colby (Kan.) CC	10.98	46.69	5/3/25 NJCAA Region 6/Jayhawk Con
12	Ruth Agadama, Sydney Roquebrun, Nour Rahou, Oluwatumininu Sanyaolu	#5 South Plains (Texas)	9.98	46.70c (46.58A)	4/26/25 SPC Texan Invite
13	Kimberly Baker, Ashia Martin, Ma-Avian Williams, Kadina Deeble	Essex County (N.J.)	8.66	47.20	5/3/25 Larry Ellis Invitational
14	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Tania Miles	Ranger (Texas)	7.51	47.45	4/12/25 Carl Kight Invitational
15	J'Miaya Muse, Michaelyn Fisher, Anijah James, Shyla Cooper	Richard Bland (Va.)	6.40	47.62	4/5/25 Colonial Relays
16	Kaylea Kealoha, Privladge Bower, Aisha Zaffino, Aliya Schock	Bismarck State (N.D.)	5.29	47.80	4/27/25 U-Mary Senior Day Open
17	Nakirsten Hughes, Jakhia Martin, Mykala Carter, Yasmyne McCann	#22 Meridian (Miss.) CC	4.74	47.88	4/12/25 Crimson Tide Invite
18	Chadrak Belinda Bula Buli, Mechak Linda Bula Bula, Zariah Greaves, Maeva Goune Tibbolo	#14 Iowa Central CC	4.22	47.92	5/4/25 NJCAA Region 11/ICCAC Outd
19	Sierra Brooks, Taniyah Co. Azariah Dawes, Sidney Holt	#18 Hutchinson (Kan.) CC	3.65	48.04	4/19/25 KWU Coyote Classic
20	Lailah Campbell, Aaliyah Perkins, Kaelyn Giarrusso, Oyindamola Adetutu	Glendale (Ariz.) CC	3.01	48.27	5/1/25 NJCAA Region 1 Championshi



# National TFRI Event Summary

## Women's 4x100 Relay — 2025 Checkpoint #7, May 13

21	Erin Mabry, Sara Jacobsor Natalia Brzezniak, Kate Dare	#13 Mesa (Ariz.) CC	2.50	48.49	5/1/25 NJCAA Region 1 Championshi
22	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins	#8 Pima (Ariz.) CC	2.00	48.79	3/22/25 Willie Williams/Dave Murray Di
23	Paula del Pozo, Vilorina Tuilawaki, Melania Turaga, Rhea Flanders	Neosho County (Kan.)	1.50	48.86	4/19/25 KWU Coyote Classic
24	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton	Marion Military Institu	1.00	49.51	4/20/25 Mountain Laurel Invitational
25	Aliyah Gidharry, Mickayla Gardener, Amiyanee Harris, Grace Kombetto	#10 Central Arizona	0.95	49.85	5/1/25 NJCAA Region 1 Championshi
26	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams	Hawkeye (Iowa) CC	0.90	50.12	3/28/25 Central (Iowa) Dutch Invitatio
27	Nora Moreno, Madison Johnson, Sophia Edwin, Layisha Freeman	State Fair (Mo.)	0.85	50.41	4/18/25 Culver-Stockton Wildcat Open
28	#Type!	North Iowa Area CC	0.80	50.42	4/19/25 DeBacker Invitational
29	Caylee May, Bianca Gleim, Zyria Thompson, Olivia Leatherman	Dodge City (Kan.) CC	0.75	50.70	5/3/25 NJCAA Region 6/Jayhawk Con
30	Madison Jackson, Katreek Mott-Franklin, Faith Butler, TaMoria Shannon	Coahoma (Miss.) CC	0.70	50.88	4/25/25 Mike McMillian Invite
31	Mekhila Sanders, Antonici Moultrie, Jaylene Hernandez, Priscilla Wemba	#23 Garden City (Kan.) CC	0.65	51.05	4/12/25 Wichita State K.T. Woodman I
32	Kiley Smich, Bradie Medina, Nele Goesl, Maeva Cure	#4 Cloud County (Kan.) C	0.60	51.37	5/3/25 NJCAA Region 6/Jayhawk Con
33	Grace Knight, Dayanna Brito-Hernandez, Karma Singleton, Elizabeth Brozek	#16 Cowley (Kan.)	0.55	51.87	5/3/25 NJCAA Region 6/Jayhawk Con
34	Lee'Asia Hayes, Jade Arrington, Amelia Beutler, Sasha Doyle	Bryant & Stratton (Wis	0.50	52.65	4/24/25 UW-Whitewater Drake Alterna





## National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Twyshanna Huie, Queen Usunobun, T'kyla Bennett, Lania McDonald	#6 Hinds (Miss.) CC	33.63	3:38.79	4/26/25 LSU Alumni Gold
2	Maimuna Jallow, Nontokozo Ncube, Nanhi Pannu, Rafiatu Nuhu	#4 Cloud County (Kan.) C	31.61	3:38.84	4/19/25 Kansas Relays
3	Tuwana McLean, Ysanne Peart, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	29.31	3:39.92	4/12/25 Jo Meaker Classic & Multi
4	Shagay Sheppy, Lovina Ewusi, Brianna Boyce, Charlize Fraser	#11 Western Texas	26.93	3:41.27	3/29/25 Texas Relays
5	Jayden Piper, Emmanuelli Squire, Dayjonique Cato, Ivana Odonkor	#15 Fort Scott (Kan.) CC	24.90	3:41.37	3/28/25 Emporia State Relays
6	Shone Walters, Keliza Smith, Narissa McPherson, Natasha Fox	#2 Barton (Kan.) CC	22.89	3:41.44	4/12/25 Crimson Tide Invite
7	Dhakiya Blake, Royanah Farmer, Linya Gedeon, Tierra Williams	#9 Coffeyville (Kan.) CC	20.52	3:43.08	5/3/25 NJCAA Region 6/Jayhawk Con
8	Nyla Norman, Laurie Louis Nyla Blackmon, Alexa Zanders	#19 Indian Hills (Iowa) CC	17.79	3:47.08	4/25/25 John McDonnell Invitational
9	Amiyanee Harris, Mickayla Gardener, Aliyah Gidharry, Grace Kombetto	#10 Central Arizona	15.70	3:47.54	5/1/25 NJCAA Region 1 Championshi
10	Kaliyah Jones, Attoya Harvey, Tanesia Gardiner, Kettia Ambrose	Monroe-New Rochelle	13.54	3:48.46	4/12/25 Duke Invitational
11	Tanique Taylor, Serena Grace, Judith Koumedzina, Taeja Bartee	#3 Iowa Western CC	10.91	3:54.57	5/4/25 NJCAA Region 11/ICCAC Outd
12	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Mykala Carter	#22 Meridian (Miss.) CC	9.67	3:57.45	4/12/25 Crimson Tide Invite
13	Serena Douglas, Kimberly Baker, Paula Orusede, Aaliyah Morgan	Essex County (N.J.)	8.65	3:57.71	4/5/25 Metropolitan Championships
14	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin	#8 Pima (Ariz.) CC	7.40	4:00.58	3/22/25 Willie Williams/Dave Murray Di
15	Vilorina Tuilawaki, Melani Turaga, Rhea Flanders, Vaioleta Luka	Neosho County (Kan.)	6.34	4:01.35	5/3/25 NJCAA Region 6/Jayhawk Con
16	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper	Richard Bland (Va.)	5.20	4:03.12	3/21/25 Fred Hardy Invitational
17	Sara Jacobson, Kendra Guest, Katie Munoz, Lucy Melzer	#13 Mesa (Ariz.) CC	4.51	4:05.45	5/1/25 NJCAA Region 1 Championshi
18	Natalie Bogdanova Kirilova, Alivia Edens, Mechak Linda Bula Bula, Chadrak Belinda Bula Bula	#14 Iowa Central CC	4.00	4:05.83	5/4/25 NJCAA Region 11/ICCAC Outd
19	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley	#7 Salt Lake (Utah) CC	3.50	4:07.01c (4:06.57A)	3/28/25 Utah Valley Collegiate
20	Sierra Brooks, Sidney Holt Kemisha Williams-Dominque, Azariah Dawes	#18 Hutchinson (Kan.) CC	3.00	4:07.30	5/3/25 NJCAA Region 6/Jayhawk Con



# National TFRI Event Summary

## Women's 4x400 Relay — 2025 Checkpoint #7, May 13

21	Mekhila Sanders, Antonici Moultrie, Reid Harvey-McKean, Priscilla Wemba	#23 Garden City (Kan.) CC	2.50	4:07.73	5/3/25 NJCAA Region 6/Jayhawk Con
22	Brittany Danas, Alaila Jones, Bryanna Danas, Iyana Wilhite	Jacksonville (Texas)	2.00	4:12.77	3/15/25 Texas Southern Relays
23	Caylee May, Bianca Gleim, Alexis Bradshaw, Sarai Chavez	Dodge City (Kan.) CC	1.50	4:13.43	5/3/25 NJCAA Region 6/Jayhawk Con
24	Halima Biggs, Mallori Jones, Melody Kremer, Alyssa Wondercheck	Hawkeye (Iowa) CC	1.00	4:16.84	5/4/25 NJCAA Region 11/ICCAC Outd
25	Grace Knight, Dayanna Brito-Hernandez, Daniela Lozano-Cardenas, Daynel Calvo	#16 Cowley (Kan.)	0.95	4:17.01	5/3/25 NJCAA Region 6/Jayhawk Con
26	Lailah Campbell, Kaelyn Giarrusso, Aaliyah Perkins, Nicole Novara	Glendale (Ariz.) CC	0.90	4:18.11	4/12/25 Gaucho Collegiate Outdoor In
27	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee	Muskegon (Mich.) CC	0.85	4:19.37	3/29/25 Amy Adams Memorial Invitati
28	Madelyn Girardo, Kennedy Kunz, Laurie Davidson, Isabella Beilke	#24 Southern Idaho	0.80	4:23.52c (4:23.08A)	4/26/25 Utah State Aggie Invitational
29	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia	Ranger (Texas)	0.75	4:26.31	3/15/25 Texas Southern Relays
30	Jadyn Yonchewski, kristin Wilde, Faith Swenor, Daisy Speet	Lansing (Mich.) CC	0.70	4:27.25	4/25/25 Don Kleinow Memorial Invitati
31	Sade Lee, Brooke Filetti, Oksanna Smith, Sydnee Massey	Lake-Sumter State (Fl)	0.65	4:28.50	4/13/25 Pure Athletics Sprint Elite Mee
32	Sara Belgacem, Adi Fuller, Alexis Hale, Zoe Allen	#25 Vincennes (Ind.)	0.60	4:31.58	4/12/25 Indiana Little State Invitationa
33	#Type!	Marion Military Institu	0.55	4:34.31	4/27/25 South Alabama Invitational
34	#Type!	Southeastern (Iowa) C	0.50	5:15.08	4/5/25 Cornell College Invitational



## National TFRI Event Summary

## Women's 4x800 Relay — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Emily Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri	#1 New Mexico JC	35.15	8:50.12	3/29/25 Texas Relays
2	Amanda Kotambe, N Vane Anchike, Mercy Angaamchaab, Nontokozi Ncube	#4 Cloud County (Kan.) C	32.52	8:58.44	4/19/25 Kansas Relays
3	Elizabeth Ewusie, Alyssa Kulesa, Angeline Estrada, Wijdane Inzaline	#3 Iowa Western CC	29.30	9:15.28	4/26/25 Drake Relays
4	Natalie Bogdanova Kirilova, Alivia Edens, Juliette Gavois, Abbigail (Abbi) Hutchinson	#14 Iowa Central CC	26.43	9:31.09	4/26/25 Drake Relays
5	Kendra Guest, Katie Munoz, Kinley Jackson, Lucy Melzer	#13 Mesa (Ariz.) CC	24.37	9:32.37	5/1/25 NJCAA Region 1 Championshi
6	Linda Rivero, Ella Allred, Alyssa Perez, Reatta Danoff	#8 Pima (Ariz.) CC	22.01	9:40.36	5/1/25 NJCAA Region 1 Championshi
7	Kennedy Mosley, Emmanuella Squire, Ivana Odonkor, Sanaa Nalls	#15 Fort Scott (Kan.) CC	19.79	9:45.46	5/3/25 NJCAA Region 6/Jayhawk Con
8	Mercy Kibuigut, Faith Jeptoo, Arianna Blevins, Videlma Jebet	Crowder (Mo.)	17.32	9:56.38	4/19/25 Kansas Relays
9	Abigail Grantham, Ava Lemaster, Rio Kirven, Jordyn Picolet	#18 Hutchinson (Kan.) CC	15.31	9:56.70	5/3/25 NJCAA Region 6/Jayhawk Con
10	Ava Washington, Ivy Washington, Caylee May, Sarai Chavez	Dodge City (Kan.) CC	13.28	9:57.37	5/3/25 NJCAA Region 6/Jayhawk Con
11	Adi Fuller, Sara Belgacem, Jasmyn Self, Alexis Hale	#25 Vincennes (Ind.)	11.04	10:03.68	4/12/25 Indiana Little State Invitationa
12	Dayanna Brito-Hernandez Savannah Fischer, Kayli Myers, Daniela Lozano-Cardenas	#16 Cowley (Kan.)	9.91	10:09.94	5/3/25 NJCAA Region 6/Jayhawk Con
13	Keira Damron, Olivia Coulston, Laynee Hollech, McKenna Martin	#21 Paradise Valley (Ariz.)	8.84	10:13.01	5/1/25 NJCAA Region 1 Championshi
14	Vilorina Tuilawaki, Amy Styles, Melania Turaga, Katsiaryna Kalesnik	Neosho County (Kan.)	7.84	10:13.36	5/3/25 NJCAA Region 6/Jayhawk Con
15	La Tanya Johnson, Jennifer Casas, Valyrie Freeman, Alexa Marshall	Butler (Kan.) CC	6.79	10:15.71	5/3/25 NJCAA Region 6/Jayhawk Con
16	Paetyn Wiegand, Rylee Olsen, Arianna Pedrin, Aubrey Kuntz	Southeastern (Iowa) C	5.12	10:49.87	5/4/25 NJCAA Region 11/ICCAC Outd
17	Cloey Usher, Bridget Canton, Juliana Droll, Olivia Spurling	North Iowa Area CC	4.50	10:57.86	5/4/25 NJCAA Region 11/ICCAC Outd



## National TFRI Event Summary

## Women's High Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Tiana PETROVA	FR #1	New Mexico JC	33.37	1.68m	5-6 3/29/25 Texas Relays
2	Alexia WALKER	FR #2	Barton (Kan.) CC	30.63	1.66m	5-5¼ 5/3/25 NJCAA Region 6/Jayhawk Con
2	Isabel GREEN	SO #8	Pima (Ariz.) CC	30.63	1.66m	5-5¼ 5/1/25 NJCAA Region 1 Championshi
2	Aidan FAITH	SO	Hagerstown (Md.) CC	30.63	1.66m	5-5¼ 4/4/25 Towson Senior Twilight Open
5	Raeya TOWNSEND	FR	Marion Military Institu	23.93	1.64m	5-4½ 4/27/25 South Alabama Invitational
6	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	21.68	1.63m	5-4¼ 5/1/25 NJCAA Region 1 Championshi
6	April NECAISE	SO #8	Pima (Ariz.) CC {2}	21.68	1.63m	5-4¼ 4/18/25 Aztec Outdoor
6	Janiya ROSS	SO #8	Pima (Ariz.) CC {2}	21.68	1.63m	5-4¼ 4/18/25 Aztec Outdoor
6	Cordaelia WILLIAMS	SO #4	Cloud County (Kan.) C	21.68	1.63m	5-4¼ 5/3/25 NJCAA Region 6/Jayhawk Con
10	Abril OKON	SO #5	South Plains (Texas)	13.43	1.62m	5-3¾ 4/12/25 Jo Meaker Classic & Multi
11	Sara JACOBSON	SR #13	Mesa (Ariz.) CC	3.10	D 1.60m	5-3 5/1/25 NJCAA Region 1 Championshi
11	Qiana PIERCE	FR #6	Hinds (Miss.) CC	11.10	1.60m	5-3 3/22/25 Belhaven Invitational
13	Rasheda SAMUELS	FR #3	Iowa Western CC	8.97	1.59m	5-2½ 5/4/25 NJCAA Region 11/ICCAC Outd
14	Aliyah GIDHARRY	SO #10	Central Arizona	2.84	D 1.58m	5-2¼ 5/1/25 NJCAA Region 1 Championshi
14	Alyana WALLACE	SO	Highland (Kan.) CC	7.84	1.58m	5-2¼ 5/3/25 NJCAA Region 6/Jayhawk Con
16	Tyler WASHINGTON	SO #8	Pima (Ariz.) CC {4}	TM-4	1.57m	5-1¾ 4/12/25 Gaucho Collegiate Outdoor In
17	Chenessa DAVIS	SO #4	Cloud County (Kan.) {2}	4.96	1.55m	5-1 3/29/25 Mark A. Phillips Tiger Open
17	Arriana JOHNSON	SO #19	Indian Hills (Iowa) CC	4.96	1.55m	5-1 3/28/25 Emporia State Relays
17	Eden BROUWERS	FR #14	Iowa Central CC	2.46	D 1.55m	5-1 3/28/25 Emporia State Relays
20	Halima BIGGS	FR	Hawkeye (Iowa) CC	3.33	1.54m	5-½ 4/18/25 Augustana (Ill.) Meet of Cham
20	Jakouria JAMERSON	SO #15	Fort Scott (Kan.) CC	2.33	D 1.54m	5-½ 5/3/25 NJCAA Region 6/Jayhawk Con
20	Olivia LEATHERMAN	FR	Dodge City (Kan.) CC	3.33	1.54m	5-½ 5/3/25 NJCAA Region 6/Jayhawk Con
20	Natalia BRZEZNIAK	JR #13	Mesa (Ariz.) CC {2}	3.33	1.54m	5-½ 5/1/25 NJCAA Region 1 Championshi
24	Vinae BUFORD-STILLMAN	FR #10	Central Arizona	{2} 1.20	1.53m	5-¼ 3/29/25 Cody McBride/Distance in the
24	Jazz DILWORTH	FR #15	Fort Scott (Kan.) CC {2}	1.20	1.53m	5-¼ 5/3/25 NJCAA Region 6/Jayhawk Con
26	Tahlia LIENERT	FR #4	Cloud County (Kan.) {3}	0.90	1.51m	4-11½ 5/3/25 NJCAA Region 6/Jayhawk Con
27	Berlynn BLACK	SO	Highland (Kan.) CC {2}	0.85	1.50m	4-11 3/22/25 Spire Distance Carnival & Tea
27	A'Kevia WEAVER	FR	Jacksonville (Texas)	0.85	1.50m	4-11 4/5/25 Bill Schmidt Classic
27	Kira MESSERLY	FR #14	Iowa Central CC {2}	0.85	1.50m	4-11 4/12/25 Mustang Distance Carnival &
27	Shacora JURDEN	FR	Coahoma (Miss.) CC	0.85	1.50m	4-11 4/3/25 Belhaven Twilight
27	Tasha WILLIAMS	JR	Hawkeye (Iowa) CC {2}	0.85	1.50m	4-11 3/28/25 Central (Iowa) Dutch Invitatio
32	Journey SANDER	FR	State Fair (Mo.)	0.60	1.48m	4-10¼ 4/25/25 Grand View Viking Classic
33	Steffanie MCGUFFEY	SO	Muskegon (Mich.) CC	0.55	1.46m	4-9½ 3/29/25 Amy Adams Memorial Invitati
33	Makayla GAY	SO #16	Cowley (Kan.)	0.55	1.46m	4-9½ 4/19/25 KWU Coyote Classic
35	Jillian HULSING	SO	Sauk Valley (Ill.) CC	0.45	1.45m	4-9 4/18/25 Augustana (Ill.) Meet of Cham
35	Hannah DROEG	FR #8	Pima (Ariz.) CC {5}	TM-5	1.45m	4-9 3/28/25 Mesa Multis
35	Carrie MOORE	SO	Carroll (Md.) CC	0.45	1.45m	4-9 4/4/25 Towson Senior Twilight Open
38	Mackenzie ANDERSON	FR #21	Paradise Valley (Ariz.)	0.30	1.43m	4-8¼ 5/1/25 NJCAA Region 1 Championshi
38	Taeja BARTEE	FR #3	Iowa Western CC {2}	0.30	1.43m	4-8¼ 5/4/25 NJCAA Region 11/ICCAC Outd
38	Isabelle CULLENS	FR #9	Coffeyville (Kan.) CC	0.30	1.43m	4-8¼ 5/3/25 NJCAA Region 6/Jayhawk Con
41	Camdyn CUNNINGHAM	FR	Dodge City (Kan.) CC {2}	0.23	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
41	Carlie CARLGREN	FR #4	Cloud County (Kan.) {4}	TM-4	1.42m	4-7¾ 5/3/25 NJCAA Region 6/Jayhawk Con
41	Sophia CALISTRO	FR	Dodge City (Kan.) CC {2}	0.23	1.42m	4-7¾ 3/29/25 Broncbuster Invitational
44	Leah WRIGHT	FR #20	Allen (Kan.) CC	0.15	1.41m	4-7½ 4/5/25 Friends Invitational
44	Juwonna WHITEHORNE	FR #5	South Plains (Texas) {2}	0.15	1.41m	4-7½ 4/12/25 Jo Meaker Classic & Multi
44	Ella HOMAWOO	FR #14	Iowa Central CC {3}	0.15	1.41m	4-7½ 5/4/25 NJCAA Region 11/ICCAC Outd
47	Adaysha HOLLINESS	FR	Marion Military Institu {2}	0.08	1.40m	4-7 3/28/25 Thrills In The Hills
48	Layla KONSKI	FR #8	Pima (Ariz.) CC {6}	TM-6	1.39m	4-6¾ 5/1/25 NJCAA Region 1 Championshi
48	Maylee THOMPSON	SO #8	Pima (Ariz.) CC {6}	TM-6	1.39m	4-6¾ 3/28/25 Mesa Multis
50	Abby GILLEN	FR #23	Garden City (Kan.) CC	0.01	1.38m	4-6¼ 5/3/25 NJCAA Region 6/Jayhawk Con





## National TFRI Event Summary

## Women's Pole Vault — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance	Meet
1	Sophia DO AMARAL SALVI	SO #25 Vincennes (Ind.)	32.94	3.85m 12-7½	4/12/25 Indiana Little State Invitationa
2	Morgan PEPE	SO #8 Pima (Ariz.) CC	30.78	3.81m 12-6	4/18/25 Aztec Outdoor
3	Dakota DAPPER	SO #16 Cowley (Kan.)	28.14	3.65m 11-11¾	4/5/25 Friends Invitational
3	Olga LAPUZOVA	FR #5 South Plains (Texas)	28.14	3.65m 11-11¾	3/22/25 West Texas Relays
5	Madisyn WILLIAMS	FR #13 Mesa (Ariz.) CC	23.99	3.61m 11-10	3/20/25 PV/ALTIS Invite
6	Kennedy KIZARR	SO #16 Cowley (Kan.) {2}	21.79	3.54m 11-7¼	4/12/25 Wichita State K.T. Woodman I
7	Bradie MEDINA	SO #4 Cloud County (Kan.) C	19.56	3.46m 11-4¼	5/3/25 NJCAA Region 6/Jayhawk Con
7	Mackenzie ANDERSON	FR #21 Paradise Valley (Ariz.)	19.56	3.46m 11-4¼	5/1/25 NJCAA Region 1 Championshi
9	Giuliana SCHIESARO	SO #5 South Plains (Texas) {2}	15.34	3.35m 10-11¾	2/7/25 SPC Wayland West Texas Shoo
9	Elizabeth BROZEK	FR #16 Cowley (Kan.) {3}	15.34	3.35m 10-11¾	4/5/25 Friends Invitational
11	Alycea MCCOY	FR #18 Hutchinson (Kan.) CC	11.12	3.21m 10-6¼	4/25/25 Alex Francis Classic
11	Lauren ALLARD	SO Glendale (Ariz.) CC	11.12	3.21m 10-6¼	4/18/25 Aztec Outdoor
13	Mikaila BARAN	FR #21 Paradise Valley (Ariz.) {2}	9.03	3.16m 10-4¼	3/20/25 PV/ALTIS Invite
13	Anna BROWN	FR #13 Mesa (Ariz.) CC {2}	9.03	3.16m 10-4¼	3/20/25 PV/ALTIS Invite
13	Sara JACOBSON	SR #13 Mesa (Ariz.) CC {2}	3.03	3.16m 10-4¼	5/1/25 NJCAA Region 1 Championshi
13	Grace BENDER	FR #18 Hutchinson (Kan.) CC {2}	9.03	3.16m 10-4¼	3/29/25 Mark A. Phillips Tiger Open
17	Michaela CARNEY	SO Hagerstown (Md.) CC	5.36	3.05m 10-0	3/21/25 Fred Hardy Invitational
17	Kat CROCHUNIS	FR Carroll (Md.) CC	5.36	3.05m 10-0	4/4/25 Towson Senior Twilight Open
19	Anna WASHBURN	FR #9 Coffeyville (Kan.) CC	4.29	3.01m 9-10½	5/3/25 NJCAA Region 6/Jayhawk Con
19	Isabelle CULLENS	FR #9 Coffeyville (Kan.) CC	2.79	3.01m 9-10½	3/29/25 Mark A. Phillips Tiger Open
21	Maylee THOMPSON	SO #8 Pima (Ariz.) CC {2}	2.55	2.86m 9-4½	5/1/25 NJCAA Region 1 Championshi
22	Leah SOWERS	FR Lake-Sumter State (Fl)	2.06	2.56m 8-4¾	3/8/25 Eagle Invitational
22	Brakelle MCBRIDE	FR #21 Paradise Valley (Ariz.) {3}	2.06	2.56m 8-4¾	3/29/25 Cody McBride/Distance in the
24	Eden BROUWERS	FR #14 Iowa Central CC	1.04	2.55m 8-4¼	5/4/25 NJCAA Region 11/ICCAC Outd
24	Abbigail (Abbi) HUTCHINSON	FR #14 Iowa Central CC	1.04	2.55m 8-4¼	5/4/25 NJCAA Region 11/ICCAC Outd
26	Danielle BEARS	FR Highland (Kan.) CC	0.90	2.45m 8-½	4/26/25 Baker U. Zac Kindler Invitatio
27	Hannah DROEG	FR #8 Pima (Ariz.) CC {3}	0.85	2.41m 7-10¾	5/1/25 NJCAA Region 1 Championshi
27	Marcy MONELL	SO #15 Fort Scott (Kan.) CC	0.85	2.41m 7-10¾	5/3/25 NJCAA Region 6/Jayhawk Con
29	Amparo PAYNE	FR State Fair (Mo.)	0.75	2.30m 7-6½	4/18/25 Culver-Stockton Wildcat Open
30	Kira MESSERLY	FR #14 Iowa Central CC {3}	0.70	2.10m 6-10¾	5/4/25 NJCAA Region 11/ICCAC Outd
31	Chadrak Belinda BULA BULA	FR #14 Iowa Central CC {4}	TM-4	1.95m 6-4¾	5/4/25 NJCAA Region 11/ICCAC Outd



## National TFRI Event Summary

## Women's Long Jump — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.	Scored Performance	Meet
1	Celine RIDDLE	FR #2	Barton (Kan.) CC	33.90	6.07mw	19-11 (2.1) 4/19/25 Michael Johnson Classic
2	Sydney ROQUEBRUN	SO #5	South Plains (Texas)	31.48	6.03m	19-9½ (0.9) 4/25/25 SPC Texan Invite
3	Alexia WALKER	FR #2	Barton (Kan.) CC {2}	29.27	6.01m	19-8¾ (0.0) 5/1/25 NJCAA Region 6/Jayhawk Con
4	Maeva GOUNE TIBBOLO	FR #14	Iowa Central CC	27.06	5.99m	19-8 (0.5) 4/11/25 Mule Relays
4	Sakina UMAR	SO #3	Iowa Western CC	27.06	5.99m	19-8 (0.6) 3/29/25 Bobcat Invitational (Texas Sta
6	Kavel RITCHIE	SO #1	New Mexico JC	22.96	5.98m	19-7½ (1.4) 4/10/25 Jo Meaker Classic & Multi
7	Mercy HONESTY	SO #3	Iowa Western CC {2}	20.07	5.87m	19-3¼ (1.0) 5/2/25 NJCAA Region 11/ICCAC Outd
8	Taeja BARTEE	FR #3	Iowa Western CC {3}	17.21	5.75mw	18-10½ (3.1) 5/2/25 NJCAA Region 11/ICCAC Outd
9	Chloe PERRYMAN	SO #2	Barton (Kan.) CC {3}	14.92	5.71mw	18-8¾ (2.5) 4/19/25 Michael Johnson Classic
10	Juwonna WHITEHORNE	FR #5	South Plains (Texas) {2}	12.60	5.64m	18-6 (1.3) 3/22/25 West Texas Relays
11	Alexia LEWIS	SO	Highland (Kan.) CC	10.57	5.63m	18-5¾ (0.3) 3/29/25 Central Methodist Invitational
11	Michaelyn FISHER	FR	Richard Bland (Va.)	10.57	5.63mw	18-5¾ (2.9) 5/6/25 Liberty Twilight Qualifer
13	Nanhi PANNU	FR #4	Cloud County (Kan.) C	8.53	5.62mw	18-5¼ (2.4) 5/3/25 NJCAA Region 6/Jayhawk Con
14	Aliyah GIDHARRY	SO #10	Central Arizona	2.46	D 5.60m	18-4½ (0.0) 5/1/25 NJCAA Region 1 Championshi
14	Maylee THOMPSON	SO #8	Pima (Ariz.) CC	7.46	5.60m	18-4½ (2.0) 4/5/25 UCSD Triton Invitational
16	Sofia RODRIQUEZ	FR #1	New Mexico JC {2}	5.42	5.59mA	18-4¼ (-1.1) 5/2/25 Texas Tech Corky/Crofoot Sho
17	Zekira SNOW	SO #19	Indian Hills (Iowa) CC	4.88	5.58mw	18-3¾ (2.6) 5/4/25 NJCAA Region 11/ICCAC Outd
18	Makayla WHITFIELD	FR	Bismarck State (N.D.)	4.35	5.57m	18-3¼ (0.7) 4/6/25 Al Bortke Open
18	Aalyiah LINTON	SO #15	Fort Scott (Kan.) CC	4.35	5.57m	18-3¼ (1.3) 3/20/25 Kirk Baptiste Spring Break Invi
18	Ruth AGADAMA	SO #5	South Plains (Texas) {3}	2.35	D 5.57mA	18-3¼ (0.2) 4/3/25 Masked Rider Outdoor Open
21	Jocelyn NUNEZ	FR	State Fair (Mo.)	2.70	5.53m	18-1¾ (1.5) 3/22/25 Missouri S&T Miner Invitationa
21	Alisha JACKSON	FR	Bryant & Stratton (Va.)	2.70	5.53m	18-1¾ (0.2) 3/29/25 Seahawk Invitational
21	Jaden MILLER	FR	Lake-Sumter State (Fl	2.70	5.53m	18-1¾ (0.5) 4/5/25 Embry-Riddle Running Eleme
21	Brinel THOMAS	FR	Monroe-New Rochelle	2.70	5.53m	18-1¾ (0.2) 4/12/25 Duke Invitational
25	Layisha FREEMAN	FR	State Fair (Mo.) {2}	1.04	5.50m	18-½ (1.2) 3/15/25 Central Methodist Open
26	Tahlia LIENERT	FR #4	Cloud County (Kan.) {2}	0.96	5.49m	18-¼ (0.0) 5/3/25 NJCAA Region 6/Jayhawk Con
26	Anijah JAMES	FR	Richard Bland (Va.) {2}	0.96	5.49m	18-¼ (0.4) 3/21/25 Fred Hardy Invitational
28	Kymia BRIDGETT	FR #2	Barton (Kan.) CC {4}	TM-4	5.48m	17-11¾ (1.7) 4/4/25 John Jacobs Invitational
29	Alexia ANDERSON	SO	Bismarck State (N.D.) {2}	0.75	5.47m	17-11½ (1.3) 4/19/25 Blue Hawk Games
30	Shacora JURDEN	FR	Coahoma (Miss.) CC	0.70	5.46m	17-11 (1.1) 4/25/25 Mike McMillian Invite
30	Janita ANTIPINA	FR #1	New Mexico JC {3}	0.70	5.46m	17-11 (0.8) 4/12/25 Jo Meaker Classic & Multi
32	Azariah DAWES	FR #18	Hutchinson (Kan.) CC	0.60	5.45mw	17-10¾ (3.6) 5/3/25 NJCAA Region 6/Jayhawk Con
33	Alyssa WONDERCHECK	FR	Hawkeye (Iowa) CC	0.55	5.44m	17-10¼ (1.9) 5/4/25 NJCAA Region 11/ICCAC Outd
34	Yaya MORENO	SO #18	Hutchinson (Kan.) CC {2}	0.50	5.42m	17-9½ (1.3) 4/19/25 KWU Coyote Classic
35	Nele GOESL	FR #4	Cloud County (Kan.) {3}	0.45	5.41mw	17-9 (2.6) 3/29/25 Mark A. Phillips Tiger Open
36	Layla KONSKI	FR #8	Pima (Ariz.) CC {2}	0.40	5.40m	17-8¾ (0.0) 5/1/25 NJCAA Region 1 Championshi
37	Sara JACOBSON	SR #13	Mesa (Ariz.) CC	0.35	5.39m	17-8¼ (0.0) 5/1/25 NJCAA Region 1 Championshi
38	Zariah GREAVES	SO #14	Iowa Central CC {2}	0.30	5.38m	17-8 (1.6) 5/4/25 NJCAA Region 11/ICCAC Outd
39	Antonia MOUTRIE	FR #23	Garden City (Kan.) CC	0.28	5.37mw	17-7½ (2.4) 5/3/25 NJCAA Region 6/Jayhawk Con
40	Chenessa DAVIS	SO #4	Cloud County (Kan.) {4}	TM-4	5.33m	17-6 (2.0) 4/19/25 Kansas Relays
40	Abril OKON	SO #5	South Plains (Texas) {4}	TM-4	5.33mw	17-6 (2.9) 4/12/25 Jo Meaker Classic & Multi
42	Dymonde NAVE	SO #19	Indian Hills (Iowa) CC {2}	0.20	5.32m	17-5½ (1.8) 4/12/25 Arkansas Spring Invitational
42	Erin MABRY	FR #13	Mesa (Ariz.) CC {2}	0.20	5.32m	17-5½ (-1.8) 4/12/25 Gaucho Collegiate Outdoor In
42	Bianca GLEIM	SO	Dodge City (Kan.) CC	0.20	5.32mw	17-5½ (2.8) 5/9/25 Wichita State Shocker Open
45	Ciarra MOORE	SO	Richard Bland (Va.) {3}	0.13	5.31mw	17-5¼ (3.1) 4/19/25 Aggie Invitational
46	Kaelyn GIARRUSSO	SO	Glendale (Ariz.) CC	0.10	5.30m	17-4¾ (-2.5) 4/12/25 Gaucho Collegiate Outdoor In
47	Shyla COOPER	FR	Richard Bland (Va.) {4}	TM-4	5.26m	17-3¼ (0.0) 3/21/25 Fred Hardy Invitational
47	Vilorina TUILAWAKI	SO	Neosho County (Kan.)	0.08	5.26m	17-3¼ (0.5) 3/13/25 Dean Pryor Invitational
49	Natalia BRZEZNIAK	JR #13	Mesa (Ariz.) CC {3}	0.03	5.25m	17-2¾ (0.0) 5/1/25 NJCAA Region 1 Championshi
50	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC {2}	0.01	5.22m	17-1½ (-2.5) 4/12/25 Gaucho Collegiate Outdoor In
50	Amirah NOCK	FR #22	Meridian (Miss.) CC	0.01	5.22m	17-1½ (1.2) 4/5/25 Doc Anderson Invitational



## National TFRI Event Summary

## Women's Triple Jump — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Mercy HONESTY	SO	#3 Iowa Western CC	36.25	13.35m	43-9¾ (0.5)	3/27/25	Bobcat Invitational (Texas Sta
2	Celine RIDDLE	FR	#2 Barton (Kan.) CC	30.29	12.15m	39-10½ (1.1)	4/12/25	Crimson Tide Invite
3	Alisha JACKSON	FR	Bryant & Stratton (Va.)	28.09	12.09m	39-8 (-0.7)	4/18/25	New Captains Classic/Combin
4	Sofia RODRIQUEZ	FR	#1 New Mexico JC	26.02	12.07m	39-7¼ (2.0)	4/12/25	Jo Meaker Classic & Multi
5	Janita ANTIPINA	FR	#1 New Mexico JC {2}	23.86	12.02m	39-5¼ (-2.6)	4/10/25	Jo Meaker Classic & Multi
6	Shacora JURDEN	FR	Coahoma (Miss.) CC	21.65	11.95m	39-2½ (1.4)	4/3/25	Belhaven Twilight
7	Shanaya HINTON	FR	Marion Military Institu	19.62	11.94m	39-2¼ (-0.6)	3/28/25	Thrills In The Hills
8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	17.33	11.81mA	38-9 (-1.6)	5/2/25	Texas Tech Corky/Crofoot Sho
9	Ciarra MOORE	SO	Richard Bland (Va.)	15.24	11.77m	38-7½ (1.2)	4/5/25	Colonial Relays
10	Isabelle CULLENS	FR	#9 Coffeyville (Kan.) CC	13.15	11.73m	38-6 (0.6)	4/25/25	John McDonnell Invitational
11	Kymia BRIDGETT	FR	#2 Barton (Kan.) CC {2}	11.13	11.72mw	38-5½ (3.9)	4/19/25	KWU Coyote Classic
12	Ashanti PATTON	SO	#22 Meridian (Miss.) CC	10.05	11.68m	38-4 (1.3)	4/25/25	Mike McMillian Invite
12	Brooke HAWKINS	SO	#18 Hutchinson (Kan.) CC	10.05	11.68mw	38-4 (3.0)	3/29/25	Mark A. Phillips Tiger Open
14	Alexia ANDERSON	SO	Bismarck State (N.D.)	7.72	11.40m	37-5 (0.7)	4/30/25	Maverick Open #1
15	Aalyiah LINTON	SO	#15 Fort Scott (Kan.) CC	6.71	11.39m	37-4½ (1.0)	3/28/25	Emporia State Relays
16	Elfie SANOGO	FR	#3 Iowa Western CC {2}	5.67	11.35m	37-3 (-1.9)	3/21/25	Reiver Rust Buster
17	Oyindamola ADETUTU	SO	Glendale (Ariz.) CC	5.10	11.29m	37-½ (0.0)	5/1/25	NJCAA Region 1 Championshi
18	Alycea MCCOY	FR	#18 Hutchinson (Kan.) CC{2}	4.54	11.24m	36-10½ (1.7)	4/19/25	KWU Coyote Classic
19	Layla KONSKI	FR	#8 Pima (Ariz.) CC	3.94	11.16m	36-7½ (1.3)	3/22/25	Willie Williams/Dave Murray Di
20	Leah WRIGHT	FR	#20 Allen (Kan.) CC	3.41	11.13mw	36-6¼ (2.8)	5/3/25	NJCAA Region 6/Jayhawk Con
21	Anijah JAMES	FR	Richard Bland (Va.) {2}	2.80	11.04m	36-2¾ (-0.3)	3/21/25	Fred Hardy Invitational
22	Nele GOESL	FR	#4 Cloud County (Kan.) C	2.29	11.03mw	36-2¼ (2.5)	4/19/25	Kansas Relays
22	Yaya MORENO	SO	#18 Hutchinson (Kan.) CC{3}	2.29	11.03mw	36-2¼ (2.6)	5/3/25	NJCAA Region 6/Jayhawk Con
24	Kiley SMICH	FR	#4 Cloud County (Kan.) {2}	1.13	10.89m	35-8¾ (0.8)	4/26/25	Rock Chalk Classic
25	Braela SARGENT	SO	#15 Fort Scott (Kan.) CC {2}	1.05	10.87mw	35-8 (3.2)	3/28/25	Emporia State Relays
26	Jaden MILLER	FR	Lake-Sumter State (Fl	0.98	10.85m	35-7¼ (0.4)	4/5/25	Embry-Riddle Running Eleme
27	Azariah DAWES	FR	#18 Hutchinson (Kan.) CC{4}	TM-4	10.66mw	34-11¾ (2.5)	3/29/25	Mark A. Phillips Tiger Open
28	Erin SMITH	SO	Richard Bland (Va.) {3}	0.80	10.56m	34-7¾ (0.3)	4/5/25	Colonial Relays
29	April NECAISE	SO	#8 Pima (Ariz.) CC {2}	0.75	10.49m	34-5 (-0.1)	5/1/25	NJCAA Region 1 Championshi
30	Bethany SLOVENSKY	FR	State Fair (Mo.)	0.70	10.42m	34-2¼ (1.5)	4/18/25	Culver-Stockton Wildcat Open
31	Maeva GOUNE TIBBOLO	FR	#14 Iowa Central CC	0.65	10.41m	34-2 (0.7)	5/4/25	NJCAA Region 11/ICCAC Outd
32	Anna WASHBURN	FR	#9 Coffeyville (Kan.) CC {2}	0.60	10.40mw	34-1½ (3.8)	3/29/25	Mark A. Phillips Tiger Open
32	Tatiyanna WHITE	FR	#8 Pima (Ariz.) CC {3}	0.60	10.40m	34-1½ (0.2)	5/1/25	NJCAA Region 1 Championshi
34	Sophia EDWIN	FR	State Fair (Mo.) {2}	0.50	10.35m	33-11½ (1.7)	4/18/25	Culver-Stockton Wildcat Open
35	Brooklyn VOMACKA	FR	#3 Iowa Western CC {3}	0.45	10.28m	33-8¾ (1.3)	4/19/25	UNK Loper Invitational
36	Journey SANDER	FR	State Fair (Mo.) {3}	0.40	9.88m	32-5 (-0.5)	4/11/25	Mule Relays
37	Julus YOUNGUE	FR	#8 Pima (Ariz.) CC {4}	TM-4	9.76m	32-¼ (1.9)	4/18/25	Aztec Outdoor
38	Vinae BUFORD-STILLMAN	FR	#10 Central Arizona	0.30	9.67m	31-8¾ (0.3)	5/1/25	NJCAA Region 1 Championshi
39	Shelly NEWTON	FR	Glendale (Ariz.) CC {2}	0.28	9.53m	31-3¼ (0.0)	5/1/25	NJCAA Region 1 Championshi
40	Abbigail (Abbi) HUTCHINSON	FR	#14 Iowa Central CC {2}	0.25	9.46m	31-½ (0.4)	5/4/25	NJCAA Region 11/ICCAC Outd
41	Maggie ROWZE	FR	Sauk Valley (Ill.) CC	0.23	9.38mw	30-9¼ (3.8)	4/5/25	Augustana Viking Olympics
42	Carrie MOORE	SO	Carroll (Md.) CC	0.20	8.36m	27-5¼ (2.0)	4/26/25	Miller Sports Construction Blu



## National TFRI Event Summary

## Women's Shot Put — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance		Meet	
1	Esteisy SALAS	SO	#1 New Mexico JC	34.58		15.85m	52-0	3/29/25 Texas Relays	
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	5.46	D	15.14m	49-8¼	3/29/25 Cody McBride/Distance in the	
3	Sarai SIMPSON	SO	#3 Iowa Western CC	29.27		15.02m	49-3½	4/26/25 Drake Relays	
4	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	26.64		14.51m	47-7¼	4/12/25 Wichita State K.T. Woodman I	
5	Cierra GRAY	SO	#16 Cowley (Kan.)	24.01		13.95m	45-9¼	4/19/25 Kansas Relays	
6	Kahliah BAILEY	FR	#5 South Plains (Texas)	21.51		13.50mA	44-3½	5/2/25 Texas Tech Corky/Crofoot Sho	
7	Unitee BROWN	FR	#14 Iowa Central CC	19.41		13.41m	44-0	3/28/25 Emporia State Relays	
8	Yosiris CORDOBA	SO	#1 New Mexico JC {2}	17.25		13.27m	43-6½	4/12/25 Jo Meaker Classic & Multi	
9	Deisheline MAYER SCOTT	FR	#18 Hutchinson (Kan.) CC	15.22		13.24m	43-5¼	5/3/25 NJCAA Region 6/Jayhawk Con	
9	Suerena ALEXANDER	FR	#5 South Plains (Texas) {2}	15.22		13.24mA	43-5¼	2/7/25 SPC Wayland West Texas Shoo	
11	Athilia PRYCE	FR	#1 New Mexico JC {3}	10.96		12.90m	42-4	3/22/25 Wes Kittley Invitational	
12	Kailan MCEWEN	FR	Hawkeye (Iowa) CC	9.88		12.77m	41-10¾	4/18/25 Augustana (Ill.) Meet of Cham	
13	Monifa EDWARDS	FR	#3 Iowa Western CC {3}	8.83		12.68m	41-7¼	4/12/25 Wichita State K.T. Woodman I	
14	Lovely HIBBERT	FR	#3 Iowa Western CC {4}	TM-4		12.61m	41-4½	5/4/25 NJCAA Region 11/ICCAC Outd	
15	Jamelia NICHOLAS	SO	#10 Central Arizona {2}	6.67		12.42m	40-9	5/1/25 NJCAA Region 1 Championshi	
16	Zadie MACKEY	FR	#2 Barton (Kan.) CC	2.66	D	12.39m	40-7¾	5/3/25 NJCAA Region 6/Jayhawk Con	
17	Aiyanna GREEN	SO	#18 Hutchinson (Kan.) CC {2}	5.14		12.36m	40-6¾	4/25/25 Alex Francis Classic	
18	Olivia COX	FR	Sauk Valley (Ill.) CC	4.57		12.25m	40-2¼	4/13/25 Olivet Nazarene Tiger Open	
19	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {3}	3.90		11.96m	39-3	5/1/25 NJCAA Region 1 Championshi	
20	Alma CORDOVA	SO	#17 Colby (Kan.) CC	3.34		11.87m	38-11½	4/12/25 Jo Meaker Classic & Multi	
21	Amoni EVANS	FR	#16 Cowley (Kan.) {2}	2.69		11.61m	38-1¼	4/5/25 Friends Invitational	
22	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	2.18		11.60m	38-¾	4/12/25 Gaucho Collegiate Outdoor In	
23	Alexis CLEMMONS	FR	Highland (Kan.) CC	1.65		11.54m	37-10½	3/29/25 Central Methodist Invitational	
24	Bree ROWE	SO	#16 Cowley (Kan.) {3}	1.07		11.41m	37-5¼	4/5/25 Friends Invitational	
25	Carmen SPEAR	FR	#21 Paradise Valley (Ariz.)	1.00		11.38m	37-4	5/1/25 NJCAA Region 1 Championshi	
26	Zuriya ROBINSON	SO	#14 Iowa Central CC {2}	0.94		11.37m	37-3¾	4/5/25 South Dakota Early Bird	
27	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	0.85		11.18m	36-8¼	4/18/25 Aztec Outdoor	
28	Nichole ROBERTS	FR	Dawson (Mont.) CC	0.80		11.06m	36-3½	3/22/25 Battlin' Bears/Yellowjacket O	
29	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {4}	TM-4		11.03m	36-2¼	4/19/25 KWU Coyote Classic	
30	Eden BROUWERS	FR	#14 Iowa Central CC {3}	0.70		11.01m	36-1½	5/4/25 NJCAA Region 11/ICCAC Outd	
30	Hannah BRINKMAN	FR	North Iowa Area CC	0.70		11.01m	36-1½	5/4/25 NJCAA Region 11/ICCAC Outd	
32	Gloria ANUAMADI	SO	Glendale (Ariz.) CC	0.60		10.98m	36-¼	5/1/25 NJCAA Region 1 Championshi	
33	Shaelyn SCHWEM	FR	Lansing (Mich.) CC	0.55		10.85m	35-7¼	4/25/25 Don Kleinow Memorial Invitati	
34	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC	0.50		10.76m	35-3¾	4/10/25 Red Raven Invite	
35	Aliyah GIDHARRY	SO	#10 Central Arizona {4}	TM-4		10.64m	34-11	5/1/25 NJCAA Region 1 Championshi	
36	Holly HYLTON	SO	#17 Colby (Kan.) CC {2}	0.40		10.63m	34-10½	5/3/25 NJCAA Region 6/Jayhawk Con	
37	Vivica PAULHILL	FR	Pratt (Kan.) CC	0.35		10.59m	34-9	3/22/25 Prairie View A&M Relays	
38	Brandy JARMON	FR	#3 Iowa Western CC {5}	TM-5		10.54m	34-7	5/4/25 NJCAA Region 11/ICCAC Outd	
39	Jada HOUGHTON	FR	Lansing (Mich.) CC {2}	0.28		10.48m	34-4¾	4/25/25 Don Kleinow Memorial Invitati	
40	Katie COOK	FR	#16 Cowley (Kan.) {5}	TM-5		10.47m	34-4¼	3/29/25 Mark A. Phillips Tiger Open	
41	Lynniya WHITAKER	SO	Howard (Md.) CC	0.23		10.37m	34-¼	3/22/25 Alan Connie Shamrock Invitati	
42	Hannah DROEG	FR	#8 Pima (Ariz.) CC {2}	0.20		10.32m	33-10¼	5/1/25 NJCAA Region 1 Championshi	
43	Bianca CORONA	FR	#8 Pima (Ariz.) CC {3}	0.18		10.29m	33-9¼	5/1/25 NJCAA Region 1 Championshi	
44	Cheyenne ELLIS	FR	Howard (Md.) CC {2}	0.15		10.25m	33-7½	4/12/25 NJCAA Region 20 Outdoor Tra	
45	Ella HOMAWOO	FR	#14 Iowa Central CC {4}	TM-4		10.10m	33-1¾	5/4/25 NJCAA Region 11/ICCAC Outd	
46	Vivica ADDISON	SO	#4 Cloud County (Kan.) C	0.10		10.09m	33-1¼	3/23/25 Bethel (Kan.) College Open	
47	Aaliyah CHAVEZ	SO	#17 Colby (Kan.) CC {3}	0.08		10.08m	33-1	3/22/25 West Texas Relays	
48	Taia VELASCO	SO	#23 Garden City (Kan.) CC	0.05		10.07m	33-½	3/29/25 Broncbuster Invitational	
49	Armani LOPEZ	FR	#8 Pima (Ariz.) CC {4}	TM-4		10.06m	33-¼	5/1/25 NJCAA Region 1 Championshi	
50	Adaysha HOLLINESS	FR	Marion Military Institu	0.01		9.81m	32-2¼	4/20/25 Mountain Laurel Invitational	





## National TFRI Event Summary

## Women's Discus — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank)	Institution	Team Pts.		Scored Performance		Meet	
1	Cedricka WILLIAMS	SO	#2 Barton (Kan.) CC	36.74		59.89m	196-6	4/26/25	Rock Chalk Classic
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	5.43	D	51.94m	170-5	3/29/25	Cody McBride/Distance in the
3	Ivanilda SEMEDO	SO	#2 Barton (Kan.) CC {2}	29.41		51.90m	170-4	3/29/25	Mark A. Phillips Tiger Open
4	Yosiris CORDOBA	SO	#1 New Mexico JC	27.06		50.93mA	167-1	4/3/25	Masked Rider Outdoor Open
5	Athilia PRYCE	FR	#1 New Mexico JC {2}	24.12		47.80mA	156-10	5/2/25	Texas Tech Corky/Crofoot Sho
6	Carla Kay BROWN	FR	#9 Coffeyville (Kan.) CC	21.98		47.33m	155-4	4/26/25	Rock Chalk Classic
7	Monifa EDWARDS	FR	#3 Iowa Western CC	19.89		47.02m	154-3	4/25/25	Kip Janvrin Open
8	Zadie MACKEY	FR	#2 Barton (Kan.) CC {3}	17.37		45.29m	148-7	4/4/25	John Jacobs Invitational
9	Kahlilah BAILEY	FR	#5 South Plains (Texas)	14.88		42.63mA	139-11	4/26/25	SPC Texan Invite
10	Jamelia NICHOLAS	SO	#10 Central Arizona {2}	12.80		42.17m	138-4	3/29/25	Cody McBride/Distance in the
11	Bree ROWE	SO	#16 Cowley (Kan.)	10.73		41.71m	136-10	3/29/25	Mark A. Phillips Tiger Open
12	Chin-Loy RAYMOND	SO	#3 Iowa Western CC {2}	2.63	D	41.12m	134-11	5/4/25	NJCAA Region 11/ICCAC Outd
13	Lovely HIBBERT	FR	#3 Iowa Western CC {3}	8.53		40.47m	132-10	4/5/25	Concordia (Neb.) Outdoor Invi
14	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	7.49		40.26m	132-1	3/20/25	PV/ALTIS Invite
15	Gaby REEVE	SO	Muskegon (Mich.) CC	6.29		39.04m	128-1	4/19/25	Al Owens Classic
16	Unitee BROWN	FR	#14 Iowa Central CC	5.29		39.02m	128-0	4/18/25	Maverick Invitational
17	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC {2}	4.79		39.00m	128-0	4/17/25	Pittsburg State Tune-Up
18	Olivia COX	FR	Sauk Valley (Ill.) CC	4.27		38.89m	127-7	4/13/25	Olivet Nazarene Tiger Open
19	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {2}	3.71		38.55m	126-6	4/17/25	Pittsburg State Tune-Up
20	Cierra GRAY	SO	#16 Cowley (Kan.) {3}	2.21	D	38.54m	126-6	3/13/25	Dean Pryor Invitational
21	Raina MASSEY	SO	Marion Military Institu	2.62		37.99m	124-8	4/20/25	Mountain Laurel Invitational
22	McKayla KUPLIICKI	SO	#9 Coffeyville (Kan.) CC {3}	2.11		37.94m	124-6	4/26/25	Rock Chalk Classic
23	Vanessa ESPARZA	SO	#1 New Mexico JC {3}	1.56		37.62mA	123-5	5/2/25	Texas Tech Corky/Crofoot Sho
23	Margherita SALA	SO	#4 Cloud County (Kan.) C	1.56		37.62m	123-5	3/29/25	Mark A. Phillips Tiger Open
25	Breanna SWABY	FR	Hawkeye (Iowa) CC	0.95		37.18m	122-0	5/4/25	NJCAA Region 11/ICCAC Outd
26	Aiyanna GREEN	SO	#18 Hutchinson (Kan.) CC	0.90		36.97m	121-4	4/19/25	KWU Coyote Classic
27	Sarai SIMPSON	SO	#3 Iowa Western CC {4}	TM-4		36.47m	119-8	5/4/25	NJCAA Region 11/ICCAC Outd
28	Jada HOUGHTON	FR	Lansing (Mich.) CC	0.80		35.66m	117-0	4/25/25	Don Kleinow Memorial Invitati
29	Carmen FIELDS	SO	Neosho County (Kan.)	0.75		35.54m	116-7	4/12/25	Wichita State K.T. Woodman I
30	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	0.70		35.20m	115-6	3/20/25	PV/ALTIS Invite
31	Joslyn EBY	FR	Southeast (Neb.) CC	0.65		34.99m	114-10	5/9/25	Concordia (Neb.) Twilight Mee
32	Katie COOK	FR	#16 Cowley (Kan.) {4}	TM-4		34.84m	114-4	3/29/25	Mark A. Phillips Tiger Open
33	Taia VELASCO	SO	#23 Garden City (Kan.) CC	0.55		34.81m	114-3	3/22/25	West Texas Relays
34	Zuriya ROBINSON	SO	#14 Iowa Central CC {2}	0.50		34.67m	113-9	4/12/25	Mustang Distance Carnival &
35	Alma CORDOVA	SO	#17 Colby (Kan.) CC	0.45		34.45m	113-0	3/29/25	Broncbuster Invitational
36	Brinley LENSCH	FR	#21 Paradise Valley (Ariz.)	0.40		34.05m	111-9	5/1/25	NJCAA Region 1 Championshi
37	Aaliyah CHAVEZ	SO	#17 Colby (Kan.) CC {2}	0.35		33.09m	108-7	5/3/25	NJCAA Region 6/Jayhawk Con
38	Deisheline MAYER SCOTT	FR	#18 Hutchinson (Kan.) CC{2}	0.30		32.82m	107-8	4/19/25	KWU Coyote Classic
39	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	0.28		32.78m	107-7	4/18/25	Aztec Outdoor
40	Kara-Jean STATON	FR	Southwestern (Iowa) C	0.25		32.43m	106-5	4/25/25	Kip Janvrin Open
41	Hannah BRINKMAN	FR	North Iowa Area CC	0.23		32.26m	105-10	5/4/25	NJCAA Region 11/ICCAC Outd
42	Brooke BERRY	SO	Muskegon (Mich.) CC {2}	0.20		32.14m	105-6	4/25/25	Don Kleinow Memorial Invitati
43	Holly HYLTON	SO	#17 Colby (Kan.) CC {3}	0.18		32.10m	105-4	5/3/25	NJCAA Region 6/Jayhawk Con
44	Kit BYARS	SO	North Iowa Area CC {2}	0.15		31.89m	104-8	3/28/25	Emporia State Relays
45	Claire NICHOLS	SO	State Fair (Mo.)	0.13		31.52m	103-5	3/22/25	Missouri S&T Miner Invitationa
46	Jenna GREEN	SO	Bismarck State (N.D.)	0.10		31.17m	102-3	5/3/25	U-Mary Last Chance
47	Brooke PRIBULICK	SO	Carroll (Md.) CC	0.08		30.65m	100-7	3/29/25	Towson Invitational
48	Danika LORDS	FR	Dawson (Mont.) CC	0.05		30.50m	100-1	4/19/25	Blue Hawk Games
49	Dakota MUNDEN	FR	Trinidad State (Colo.)	0.03		30.35mA	99-7	3/29/25	Chuck Haering Classic
50	Marin PEOPLES	SO	#16 Cowley (Kan.) {5}	TM-5		30.30m	99-5	4/5/25	Friends Invitational



## National TFRI Event Summary

## Women's Hammer — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.	Scored Performance			Meet	
1	Tania DA SILVA	SO	#1 New Mexico JC	36.76	60.62m	198-11	3/29/25	Texas Relays	
2	Rejoice AGBEWODIE	SO	#10 Central Arizona	31.88	54.75m	179-8	5/1/25	NJCAA Region 1 Championshi	
3	Shyla-Mae CONSTABLE	FR	#10 Central Arizona {2}	29.09	53.13m	174-4	5/1/25	NJCAA Region 1 Championshi	
4	Mercedes GLOVER	JR	#16 Cowley (Kan.)	26.25	50.91m	167-1	4/19/25	Kansas Relays	
5	Ana MANOUSARIDIS	SO	#9 Coffeyville (Kan.) CC	24.04	50.29m	165-0	4/17/25	Pittsburg State Tune-Up	
6	Cedricka WILLIAMS	SO	#2 Barton (Kan.) CC	21.95	50.04m	164-2	4/19/25	Michael Johnson Classic	
7	Zadie MACKEY	FR	#2 Barton (Kan.) CC {2}	19.58	48.96m	160-8	3/29/25	Mark A. Phillips Tiger Open	
8	Seioriana GLASS	SO	#13 Mesa (Ariz.) CC	17.29	48.11m	157-10	3/22/25	Willie Williams/Dave Murray Di	
9	Morgan MOSLEY	FR	#8 Pima (Ariz.) CC	14.98	46.84m	153-8	4/12/25	Gaucha Collegiate Outdoor In	
10	Margherita SALA	SO	#4 Cloud County (Kan.) C	12.96	46.77m	153-6	5/3/25	NJCAA Region 6/Jayhawk Con	
11	Esteisy SALAS	SO	#1 New Mexico JC {2}	10.69	45.28m	148-7	4/12/25	Jo Meaker Classic & Multi	
12	Chin-Loy RAYMOND	SO	#3 Iowa Western CC	9.66	45.13m	148-1	5/4/25	NJCAA Region 11/ICCAC Outd	
13	Athilia PRYCE	FR	#1 New Mexico JC {3}	2.65	D 45.08m	147-11	4/12/25	Jo Meaker Classic & Multi	
14	McKayla KUPLICKI	SO	#9 Coffeyville (Kan.) CC {2}	7.51	44.33m	145-5	5/3/25	NJCAA Region 6/Jayhawk Con	
15	Brianna LEE	SO	#16 Cowley (Kan.) {2}	6.46	44.01m	144-5	5/3/25	NJCAA Region 6/Jayhawk Con	
16	Deisheline MAYER SCOTT	FR	#18 Hutchinson (Kan.) CC	2.40	D 43.73m	143-6	3/29/25	Mark A. Phillips Tiger Open	
17	Carmen SPEAR	FR	#21 Paradise Valley (Ariz.)	4.87	43.55m	142-11	5/1/25	NJCAA Region 1 Championshi	
18	Zuriya ROBINSON	SO	#14 Iowa Central CC	4.35	43.43m	142-6	4/18/25	Maverick Invitational	
19	Alma CORDOVA	SO	#17 Colby (Kan.) CC	3.84	43.36m	142-3	3/29/25	Broncbuster Invitational	
20	Cierra GRAY	SO	#16 Cowley (Kan.) {3}	3.23	42.78m	140-4	3/13/25	Dean Pryor Invitational	
21	Aiyanna GREEN	SO	#18 Hutchinson (Kan.) CC {2}	2.69	42.57m	139-8	5/3/25	NJCAA Region 6/Jayhawk Con	
22	Tomi GALL	SO	#23 Garden City (Kan.) CC	2.15	42.34m	138-11	5/3/25	NJCAA Region 6/Jayhawk Con	
23	Raina MASSEY	SO	Marion Military Institu	1.61	42.13m	138-3	4/5/25	Doc Anderson Invitational	
24	Mayce MCDONALD	SO	#16 Cowley (Kan.) {4}	TM-4	41.95m	137-8	3/13/25	Dean Pryor Invitational	
25	Sarai SIMPSON	SO	#3 Iowa Western CC {2}	0.98	41.72m	136-11	4/19/25	UNK Loper Invitational	
26	Vivica ADDISON	SO	#4 Cloud County (Kan.) {2}	0.90	41.48m	136-1	5/3/25	NJCAA Region 6/Jayhawk Con	
27	Cynthia ALBERT	FR	#19 Indian Hills (Iowa) CC	0.85	41.42m	135-11	4/5/25	Wartburg Outdoor Select	
28	Carla Kay BROWN	FR	#9 Coffeyville (Kan.) CC {3}	0.80	40.85m	134-0	3/13/25	Dean Pryor Invitational	
29	Olivia COX	FR	Sauk Valley (Ill.) CC	0.75	40.53m	133-0	5/3/25	Fighting Scots Invitational	
30	Bree ROWE	SO	#16 Cowley (Kan.) {5}	TM-5	40.49m	132-10	5/9/25	Wichita State Shocker Open	
31	Amoni EVANS	FR	#16 Cowley (Kan.) {6}	TM-6	40.18m	131-10	3/13/25	Dean Pryor Invitational	
32	Tiffany NUNEZ	FR	#13 Mesa (Ariz.) CC {2}	0.60	39.61m	130-0	3/20/25	PV/ALTIS Invite	
33	Katie COOK	FR	#16 Cowley (Kan.) {7}	TM-7	39.19m	128-7	4/19/25	KWU Coyote Classic	
34	Taia VELASCO	SO	#23 Garden City (Kan.) CC {2}	0.50	39.04m	128-1	5/3/25	NJCAA Region 6/Jayhawk Con	
35	Katy Jo KINDT	SO	#16 Cowley (Kan.) {8}	TM-8	38.64m	126-9	3/29/25	Mark A. Phillips Tiger Open	
36	Jamelia NICHOLAS	SO	#10 Central Arizona {3}	0.40	38.19m	125-4	4/18/25	Aztec Outdoor	
37	Piper CAMP	FR	#4 Cloud County (Kan.) {3}	0.35	37.93m	124-6	3/29/25	Mark A. Phillips Tiger Open	
38	Izabel GAIN	SO	Highland (Kan.) CC	0.30	37.71m	123-9	4/26/25	Baker U. Zac Kindler Invitatio	
39	Gaby REEVE	SO	Muskegon (Mich.) CC	0.28	37.46m	122-11	4/5/25	Golden Grizzly Invite	
40	Abbi RICHTER	SO	Southwestern (Iowa) C	0.25	37.17m	122-0	5/4/25	NJCAA Region 11/ICCAC Outd	
41	Jessi MCDOWELL	FR	#16 Cowley (Kan.) {9}	TM-9	37.10m	121-9	3/29/25	Mark A. Phillips Tiger Open	
42	Shaniece POWELL	FR	#9 Coffeyville (Kan.) CC {4}	TM-4	36.46m	119-8	3/13/25	Dean Pryor Invitational	
43	Brinley LENSCH	FR	#21 Paradise Valley (Ariz.) {2}	0.18	36.19m	118-9	5/1/25	NJCAA Region 1 Championshi	
44	Kit BYARS	SO	North Iowa Area CC	0.15	36.07m	118-4	5/4/25	NJCAA Region 11/ICCAC Outd	
45	Lovely HIBBERT	FR	#3 Iowa Western CC {3}	0.13	35.97m	118-0	4/19/25	UNK Loper Invitational	
46	Kara-Jean STATON	FR	Southwestern (Iowa) {2}	0.10	35.83m	117-7	3/21/25	Reiver Rust Buster	
47	Alicyn MCGINNIS	FR	#16 Cowley (Kan.) {10}	TM-10	35.30m	115-10	3/29/25	Mark A. Phillips Tiger Open	
48	Claire NICHOLS	SO	State Fair (Mo.)	0.05	34.85m	114-4	4/25/25	Grand View Viking Classic	
49	Vanessa ESPARZA	SO	#1 New Mexico JC {4}	TM-4	34.39m	112-10	3/22/25	Wes Kittley Invitational	
50	Temiloluwa AKINSANYA	SO	Howard (Md.) CC	0.01	34.28m	112-6	3/22/25	Alan Connie Shamrock Invitati	



## National TFRI Event Summary

## Women's Javelin — 2025 Checkpoint #7, May 13

NPR	Athlete	(Team Rank) Institution	Team Pts.	Scored Performance			Meet
1	Rejoice AGBEWODIE	SO #10 Central Arizona	33.49	48.93m	160-7	5/1/25	NJCAA Region 1 Championshi
2	Bruna VIEIRA DE JESUS	SO #1 New Mexico JC	30.95	47.40mA	155-6	5/2/25	Texas Tech Corky/Crofoot Sho
3	Vivica ADDISON	SO #4 Cloud County (Kan.) C	28.45	46.02m	151-0	5/3/25	NJCAA Region 6/Jayhawk Con
4	Jaeleigha ABALOS	FR #21 Paradise Valley (Ariz.)	26.43	45.96m	150-10	5/1/25	NJCAA Region 1 Championshi
5	Suerena ALEXANDER	FR #5 South Plains (Texas)	24.26	45.45mA	149-2	4/3/25	Masked Rider Outdoor Open
6	Aliyah GIDHARRY	SO #10 Central Arizona {2}	21.89	44.00m	144-4	4/5/25	UCSD Triton Invitational
7	Brynn FULLER	FR Bismarck State (N.D.)	19.72	43.34m	142-2	4/27/25	U-Mary Senior Day Open
8	Sara JACOBSON	SR #13 Mesa (Ariz.) CC	17.69	43.20m	141-9	3/28/25	Mesa Multis
9	Deisheline MAYER SCOTT	FR #18 Hutchinson (Kan.) CC	15.60	42.87m	140-8	5/3/25	NJCAA Region 6/Jayhawk Con
10	Cedricka WILLIAMS	SO #2 Barton (Kan.) CC	3.12	D 39.66m	130-2	5/3/25	NJCAA Region 6/Jayhawk Con
11	Hannah DROEG	FR #8 Pima (Ariz.) CC	10.99	38.76m	127-2	5/1/25	NJCAA Region 1 Championshi
12	Eden BROUWERS	FR #14 Iowa Central CC	9.93	38.34m	125-10	5/4/25	NJCAA Region 11/ICCAC Outd
13	Mya SHELDON	SO Bismarck State (N.D.) {2}	8.92	38.30m	125-8	4/30/25	Maverick Open #1
14	Destiny THOMPSON	FR Dawson (Mont.) CC	7.73	36.95m	121-3	4/27/25	U-Mary Senior Day Open
15	Mercedes GLOVER	JR #16 Cowley (Kan.)	6.67	36.54m	119-11	5/3/25	NJCAA Region 6/Jayhawk Con
15	Zariah GREAVES	SO #14 Iowa Central CC {2}	6.67	36.54m	119-11	5/4/25	NJCAA Region 11/ICCAC Outd
17	Bailey HASELHORST	SO State Fair (Mo.)	5.09	36.02m	118-2	4/11/25	Mule Relays
18	Unitee BROWN	FR #14 Iowa Central CC {3}	2.59	D 36.01m	118-2	4/12/25	Mustang Distance Carnival &
19	Tatum MATHENY	FR #13 Mesa (Ariz.) CC {2}	4.03	35.62m	116-11	5/1/25	NJCAA Region 1 Championshi
20	Maylee THOMPSON	SO #8 Pima (Ariz.) CC {2}	2.52	D 35.52m	116-7	5/1/25	NJCAA Region 1 Championshi
21	Isabella SABALA	FR State Fair (Mo.) {2}	2.99	35.35m	116-0	4/18/25	Culver-Stockton Wildcat Open
22	April NECAISE	SO #8 Pima (Ariz.) CC {3}	2.49	35.29m	115-10	3/29/25	Cody McBride/Distance in the
23	Chloe HANCOCK	FR #21 Paradise Valley (Ariz.) {2}	1.68	33.20m	108-11	3/28/25	Mesa Multis
24	Armani LOPEZ	FR #8 Pima (Ariz.) CC {4}	TM-4	32.29m	105-11	5/1/25	NJCAA Region 1 Championshi
25	Ella HOMAWOO	FR #14 Iowa Central CC {4}	TM-4	32.21m	105-8	3/28/25	Emporia State Relays
26	Carlie CARLGREN	FR #4 Cloud County (Kan.) {2}	0.90	31.69m	104-0	5/3/25	NJCAA Region 6/Jayhawk Con
27	Emily SCHOLZ	FR #13 Mesa (Ariz.) CC {3}	0.85	31.63m	103-9	5/1/25	NJCAA Region 1 Championshi
28	Alicyn MCGINNIS	FR #16 Cowley (Kan.) {2}	0.80	31.40m	103-0	3/29/25	Mark A. Phillips Tiger Open
29	Isabelle CULLENS	FR #9 Coffeyville (Kan.) CC	0.75	30.98m	101-8	3/13/25	Dean Pryor Invitational
30	Destiny PONDS	FR Butler (Kan.) CC	0.70	30.76m	100-11	5/3/25	NJCAA Region 6/Jayhawk Con
31	Claire NICHOLS	SO State Fair (Mo.) {3}	0.65	30.72m	100-10	3/15/25	Central Methodist Open
32	Hailey MCGOWEN	SO #15 Fort Scott (Kan.) CC	0.60	30.50m	100-1	4/17/25	Pittsburg State Tune-Up
33	Piper CAMP	FR #4 Cloud County (Kan.) {3}	0.55	30.16m	98-11½	5/3/25	NJCAA Region 6/Jayhawk Con
34	Monifa EDWARDS	FR #3 Iowa Western CC	0.50	29.94m	98-2¾	5/4/25	NJCAA Region 11/ICCAC Outd
35	Kailan MCEWEN	FR Hawkeye (Iowa) CC	0.45	29.83m	97-10½	4/12/25	Mustang Distance Carnival &
36	Bella DETORRICE-WYNNE	SO Sauk Valley (Ill.) CC	0.40	29.70m	97-5¼	5/9/25	Augustana Penultimate Qualif
37	Tahlia LIENERT	FR #4 Cloud County (Kan.) {4}	TM-4	27.40m	89-10¾	5/3/25	NJCAA Region 6/Jayhawk Con
38	Abril OKON	SO #5 South Plains (Texas) {2}	0.30	27.11m	88-11½	4/12/25	Jo Meaker Classic & Multi
39	Sarah TEPP	SO Marian Ancilla (Ind.)	0.28	26.46m	86-9¾	4/26/25	Olivet Nazarene Open
40	Juwonna WHITEHORNE	FR #5 South Plains (Texas) {3}	0.25	25.79mA	84-7½	4/26/25	SPC Texan Invite
41	Abbi RICHTER	SO Southwestern (Iowa) C	0.23	25.59m	83-11½	5/4/25	NJCAA Region 11/ICCAC Outd
42	Raina MASSEY	SO Marion Military Institu	0.20	25.46m	83-6½	3/28/25	Thrills In The Hills
43	Jillian HULSING	SO Sauk Valley (Ill.) CC {2}	0.18	25.25m	82-10¼	4/5/25	Augustana Viking Olympics
44	Emma HERRERA	FR Pratt (Kan.) CC	0.15	25.20m	82-8¼	5/3/25	NJCAA Region 6/Jayhawk Con
45	Berlynn BLACK	SO Highland (Kan.) CC	0.13	25.10m	82-4¼	5/3/25	NJCAA Region 6/Jayhawk Con
46	Adaysha HOLLINESS	FR Marion Military Institu {2}	0.10	24.81m	81-4¾	3/28/25	Thrills In The Hills
47	Elizabeth EWUSIE	FR #3 Iowa Western CC {2}	0.08	24.74m	81-2	5/4/25	NJCAA Region 11/ICCAC Outd
48	Morgan MOSLEY	FR #8 Pima (Ariz.) CC {5}	TM-5	24.45m	80-2¾	4/18/25	Aztec Outdoor
49	Aaliyah CHAVEZ	SO #17 Colby (Kan.) CC	0.03	23.98m	78-8¼	4/19/25	KWU Coyote Classic
50	Olivia LEATHERMAN	FR Dodge City (Kan.) CC	0.01	23.90m	78-5	5/3/25	NJCAA Region 6/Jayhawk Con



## National TFRI Event Summary

## Women's Heptathlon — 2025 Checkpoint #7, May 13

NPR	Athlete		(Team Rank) Institution	Team Pts.		Scored Performance	Meet
1	Aliyah GIDHARRY	SO	#10 Central Arizona	32.68		5,111	5/1/25 NJCAA Region 1 Championshi
2	Sara JACOBSON	SR	#13 Mesa (Ariz.) CC	30.60		5,055	5/1/25 NJCAA Region 1 Championshi
3	Alexia WALKER	FR	#2 Barton (Kan.) CC	4.22	D	4,814	5/3/25 NJCAA Region 6/Jayhawk Con
4	Abril OKON	SO	#5 South Plains (Texas)	25.87		4,532	4/12/25 Jo Meaker Classic & Multi
5	Hannah DROEG	FR	#8 Pima (Ariz.) CC	23.84		4,500	5/1/25 NJCAA Region 1 Championshi
6	Tahlia LIENERT	FR	#4 Cloud County (Kan.) C	21.74		4,420	5/3/25 NJCAA Region 6/Jayhawk Con
7	Maylee THOMPSON	SO	#8 Pima (Ariz.) CC {2}	19.52		4,230	3/28/25 Mesa Multis
8	Eden BROUWERS	FR	#14 Iowa Central CC	17.36		4,098	3/28/25 Emporia State Relays
9	Juwonna WHITEHORNE	FR	#5 South Plains (Texas) {2}	15.28		4,013	4/12/25 Jo Meaker Classic & Multi
10	Olivia LEATHERMAN	FR	Dodge City (Kan.) CC	13.28		4,008	5/3/25 NJCAA Region 6/Jayhawk Con
11	Ella HOMAWO	FR	#14 Iowa Central CC {2}	11.24		3,960	3/28/25 Emporia State Relays
12	Natalia BRZEZNIAK	JR	#13 Mesa (Ariz.) CC {2}	10.17		3,863	5/1/25 NJCAA Region 1 Championshi
13	Jakouria JAMERSON	SO	#15 Fort Scott (Kan.) CC	9.16		3,849	5/3/25 NJCAA Region 6/Jayhawk Con
14	Carlie CARLGREN	FR	#4 Cloud County (Kan.) {2}	8.14		3,831	5/3/25 NJCAA Region 6/Jayhawk Con
15	Layla KONSKI	FR	#8 Pima (Ariz.) CC {3}	7.14		3,829	5/1/25 NJCAA Region 1 Championshi
16	Jazz DILWORTH	FR	#15 Fort Scott (Kan.) CC {2}	5.99		3,632	5/3/25 NJCAA Region 6/Jayhawk Con
17	Isabelle CULLENS	FR	#9 Coffeyville (Kan.) CC	5.43		3,552	4/5/25 Friends Invitational
18	Tyler WASHINGTON	SO	#8 Pima (Ariz.) CC {4}		TM-4	3,485	5/1/25 NJCAA Region 1 Championshi
19	Chloe HANCOCK	FR	#21 Paradise Valley (Ariz.)	4.29		3,359	5/1/25 NJCAA Region 1 Championshi
20	April NECAISE	SO	#8 Pima (Ariz.) CC {5}		TM-5	3,273	5/1/25 NJCAA Region 1 Championshi
21	Berlynn BLACK	SO	Highland (Kan.) CC	3.19		3,223	5/3/25 NJCAA Region 6/Jayhawk Con
22	Jillian HULSING	SO	Sauk Valley (Ill.) CC	2.47		2,929	4/18/25 Augustana (Ill.) Meet of Cham
23	Kira MESSERLY	FR	#14 Iowa Central CC {3}	1.76		2,653	3/28/25 Emporia State Relays
24	Leah WRIGHT	FR	#20 Allen (Kan.) CC	1.02		2,332	5/3/25 NJCAA Region 6/Jayhawk Con