



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Atlantic

as of 5/13/2025 7:30:00 AM ET

Women's 100 Meters

1	29	Aniya SUKU	FR	#13 Bryant & Stratto	11.79	(1.0)	5/3
2	38	Michaelyn FISHER	FR	#1 Richard Bland (V	11.88w	(2.9)	5/6
3	50	Kimberly BAKER	SO	#4 Essex County (N.	12.01	(1.3)	3/29
4	53	Iyona DAVIS	SO	#9 Howard (Md.) CC	12.13w	(2.9)	5/6
5	64	Kiliyah TAYLOR	SO	#5 Marion Military I	12.30	(0.1)	4/27
5	64	Keyonna MCGILL	SO	#11 Cuyahoga (Ohio)	12.30	(1.3)	4/26
7	68	Ashia MARTIN	SO	#4 Essex County (N.{2}	12.33	(0.8)	5/3
8	72	Brinel THOMAS	FR	#3 Monroe-New Ro	12.34	(0.1)	4/12
9	75	Anijah JAMES	FR	#1 Richard Bland (V{2}	12.35	(0.8)	3/29
10	78	Deborah OYETUNDE	FR	#16 CCBC Essex (Md.	12.39w	(2.5)	4/19

Women's 100 Meter Hurdles

1	9	Kadina DEEBLE	FR	#4 Essex County (N.	13.99	(1.5)	4/26
2	17	Ma-Avian WILLIAMS	SO	#4 Essex County (N.{2}	14.36	(1.0)	4/19
3	24	Alisha JACKSON	FR	#13 Bryant & Stratto	14.76	(1.3)	5/3
4	25	Anijah JAMES	FR	#1 Richard Bland (V	14.83	(-2.1)	5/6
5	27	Jada HATCHER	FR	#1 Richard Bland (V{2}	14.95	(1.4)	4/19
6	29	Shyla COOPER	FR	#1 Richard Bland (V{3}	15.04	(1.6)	3/29
7	35	Zoe ALLEN	FR	#2 Vincennes (Ind.)	15.34	(1.3)	4/27
8	52	Erin SMITH	SO	#1 Richard Bland (V{4}	16.31w	(2.6)	4/19
9	55	Aniya SUKU	FR	#13 Bryant & Stratto{2}	16.82	(-0.7)	3/22
10	63	Ciara MAY	FR	#11 Cuyahoga (Ohio)	17.74	(-1.3)	4/13

Women's 200 Meters

1	20	Aniya SUKU	FR	#13 Bryant & Stratto	23.98	(1.6)	5/3
2	43	Kettia AMBROSE	SO	#3 Monroe-New Ro	24.62	(1.4)	3/29
3	52	Brinel THOMAS	FR	#3 Monroe-New Ro{2}	24.84	(1.8)	5/3
4	63	Michaelyn FISHER	FR	#1 Richard Bland (V	25.05	(0.5)	4/5
5	71	Anijah JAMES	FR	#1 Richard Bland (V{2}	25.23w	(3.6)	5/6
6	74	Aaliyah MORGAN	FR	#4 Essex County (N.	25.31	(1.8)	5/3
6	74	Keyonna MCGILL	SO	#11 Cuyahoga (Ohio)	25.31	(1.7)	4/13
8	76	Kimberly BAKER	SO	#4 Essex County (N.{2}	25.33	(1.9)	5/3
9	77	Kaliyah JONES	FR	#3 Monroe-New Ro{3}	25.36	(-0.3)	4/19
10	78	Jayla WERTS	SO	#1 Richard Bland (V{3}	25.37	(-0.1)	3/21

Women's 400 Meters

1	10	Kettia AMBROSE	SO	#3 Monroe-New Ro	55.09		4/4
2	21	Kaliyah JONES	FR	#3 Monroe-New Ro{2}	55.78		4/4
3	36	Jayla WERTS	SO	#1 Richard Bland (V	57.34		3/21
4	47	Oksanna SMITH	FR	#10 Lake-Sumter Sta	58.68		4/13
5	48	J'Miaya MUSE	FR	#1 Richard Bland (V{2}	58.74		4/26
6	50	Keyonna MCGILL	SO	#11 Cuyahoga (Ohio)	58.91		4/13
7	59	Breshauna MILLER	FR	#1 Richard Bland (V{3}	59.59		4/5
8	60	Aaliyah MORGAN	FR	#4 Essex County (N.	59.88		3/29
9	67	Shermalee FREEMAN	FR	#4 Essex County (N.{2}	1:00.45		3/29
10	70	Serena DOUGLAS	SO	#4 Essex County (N.{3}	1:00.67		3/29

Women's 400 Meter Hurdles

1	12	Oksanna SMITH	FR	#10 Lake-Sumter Sta	1:03.40		4/26
2	14	Zoe ALLEN	FR	#2 Vincennes (Ind.)	1:03.95		5/3
3	22	Paula ORUSEDE	SO	#4 Essex County (N.	1:05.37		5/3
4	26	Shyla COOPER	FR	#1 Richard Bland (V	1:07.10		4/5
5	32	Aniya SUKU	FR	#13 Bryant & Stratto	1:09.36		3/29
6	33	Alisha JACKSON	FR	#13 Bryant & Stratto{2}	1:09.39		3/29
7	36	Erin SMITH	SO	#1 Richard Bland (V{2}	1:09.98		4/19
8	43	Ciara MAY	FR	#11 Cuyahoga (Ohio)	1:13.48		4/5

Women's 800 Meters

1	11	Daisy SPEET	FR	#7 Lansing (Mich.) C	2:10.97		5/10
2	15	Attoya HARVEY	SO	#3 Monroe-New Ro	2:13.84		5/3
3	22	Serena DOUGLAS	SO	#4 Essex County (N.	2:16.42		4/19
4	30	Tanesia GARDINER	FR	#3 Monroe-New Ro{2}	2:18.42		3/29
5	31	Joy JEPLETING	FR	#3 Monroe-New Ro{3}	2:18.56		3/29
6	37	Sara BELGACEM	FR	#2 Vincennes (Ind.)	2:20.14		5/3
7	78	Breshauna MILLER	FR	#1 Richard Bland (V	2:26.18		4/19
8	91	Sade LEE	FR	#10 Lake-Sumter Sta	2:28.93		5/3
9	94	Jasmyn SELF	SO	#2 Vincennes (Ind.) {2}	2:29.66		5/9
10		Faith SWENOR	FR	#7 Lansing (Mich.) C{2}	2:31.91		4/12

Women's 1500 Meters

1	30	Daisy SPEET	FR	#7 Lansing (Mich.) C	4:46.28		4/12
2	34	Attoya HARVEY	SO	#3 Monroe-New Ro	4:47.15		4/12
3	42	Sara BELGACEM	FR	#2 Vincennes (Ind.)	4:50.67		5/3
4	75	Michaela GROSS	FR	#8 Hagerstown (Md	5:00.04		3/29
5	84	Serena DOUGLAS	SO	#4 Essex County (N.	5:02.88		3/29
6	87	Tanesia GARDINER	FR	#3 Monroe-New Ro{2}	5:04.00		5/3
7	91	Adi FULLER	SO	#2 Vincennes (Ind.) {2}	5:05.90		4/19
8		Emma DELL	FR	#14 Macomb (Mich.)	5:10.12		4/19
9		Alexis HALE	FR	#2 Vincennes (Ind.) {3}	5:17.70		4/27
10		Lauren LEE	FR	#6 Muskegon (Mich.	5:20.59		3/29

Women's Steeplechase

1	22	Adi FULLER	SO	#2 Vincennes (Ind.)	11:48.48		5/3
2	32	Emma DELL	FR	#14 Macomb (Mich.)	13:00.70		4/19
3	37	Tanesia GARDINER	FR	#3 Monroe-New Ro	13:45.87		4/12
4	41	Caroline VOGELSANG	FR	#12 Carroll (Md.) CC	14:07.75		4/26
5	44	Arial CRAWFORD	SO	#8 Hagerstown (Md	17:20.75		4/12

Women's 5000 Meters

1	35	Michaela GROSS	FR	#8 Hagerstown (Md	18:20.97		3/21
2	40	Ava LAMILZA	SO	#14 Macomb (Mich.)	18:27.25		4/5
3	48	Daisy SPEET	FR	#7 Lansing (Mich.) C	18:38.92		4/19
4	60	Naomi KIPKECH	FR	#6 Muskegon (Mich.	19:15.56		4/25
5	64	Emma DELL	FR	#14 Macomb (Mich.) {2}	19:20.79		4/5
6	76	Erin ROWAN	FR	#14 Macomb (Mich.) {3}	19:57.53		4/5
7	80	Lauren LEE	FR	#6 Muskegon (Mich){2}	20:04.06		4/25
8	86	Alexis HALE	FR	#2 Vincennes (Ind.)	20:21.39		4/19
9	88	Tanesia GARDINER	FR	#3 Monroe-New Ro	20:26.36		4/19
10	93	Faith SWENOR	FR	#7 Lansing (Mich.) C{2}	20:43.99		4/19



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Atlantic

as of 5/13/2025 7:30:00 AM ET

Women's 10,000 Meters

1	40	Michaela GROSS	FR	#8 Hagerstown (Md	44:01.84	4/12
2	42	Hannah CUNNINGHAM	SO	#11 Cuyahoga (Ohio)	46:09.81	4/13

Women's 4x100 Relay

1	13	Kimberly Baker, Ashia Martin, Ma-Avian Williams, Kadina Deeble	#4 Essex County (N.	47.20	5/3
2	15	J'Miaya Muse, Michaelyn Fisher, Anijah James, Shyla Cooper	#1 Richard Bland (V	47.62	4/5
3	24	Sirinity Glasper, Kiliyah Taylor, Raeya Townsend, Shanaya Hinton	#5 Marion Military I	49.51	4/20

Women's 4x400 Relay

1	10	Kaliyah Jones, Attoya Harvey, Tanesia Gardiner, Kettia Ambrose	#3 Monroe-New Ro	3:48.46	4/12
2	13	Serena Douglas, Kimberly Baker, Paula Orusede, Aaliyah Morgan	#4 Essex County (N.	3:57.71	4/5
3	16	J'Miaya Muse, Breshauna Miller, Michaelyn Fisher, Shyla Cooper	#1 Richard Bland (V	4:03.12	3/21
4	27	Olivia Urban, Natalie Erickson, Brianna Smith, Lauren Lee	#6 Muskegon (Mich.	4:19.37	3/29
5	30	Jadyn Yonchewski, kristina Wilde, Faith Swenor, Daisy Speet	#7 Lansing (Mich.) C	4:27.25	4/25
6	31	Sade Lee, Brooke Filetti, Oksanna Smith, Sydnee Massey	#10 Lake-Sumter Sta	4:28.50	4/13
7	32	Sara Belgacem, Adi Fuller, Alexis Hale, Zoe Allen	#2 Vincennes (Ind.)	4:31.58	4/12
8	33	#Type!	#5 Marion Military I	4:34.31	4/27

Women's 4x800 Relay

1	11	Adi Fuller, Sara Belgacem, Jasmyn Self, Alexis Hale	#2 Vincennes (Ind.)	10:03.68	4/12
---	----	---	---------------------	----------	------

Women's High Jump

1	2	Aidan FAITH	SO	#8 Hagerstown (Md	1.66m	5-5¼	4/4
2	5	Raeya TOWNSEND	FR	#5 Marion Military I	1.64m	5-4½	4/27
3	33	Steffanie MCGUFFEY	SO	#6 Muskegon (Mich.	1.46m	4-9½	3/29
4	35	Carrie MOORE	SO	#12 Carroll (Md.) CC	1.45m	4-9	4/4
5	47	Adaysha HOLLINESS	FR	#5 Marion Military I{2}	1.40m	4-7	3/28

Women's Pole Vault

1	1	Sophia DO AMARAL SALVI	SO	#2 Vincennes (Ind.)	3.85m	12-7½	4/12
2	17	Michaela CARNEY	SO	#8 Hagerstown (Md	3.05m	10-0	3/21
2	17	Kat CROCHUNIS	FR	#12 Carroll (Md.) CC	3.05m	10-0	4/4
4	22	Leah SOWERS	FR	#10 Lake-Sumter Sta	2.56m	8-4¾	3/8

Women's Long Jump

1	11	Michaelyn FISHER	FR	#1 Richard Bland (V	5.63mw	18-5¾ (2.9)	5/6
2	21	Jaden MILLER	FR	#10 Lake-Sumter Sta	5.53m	18-1¾ (0.5)	4/5
2	21	Alisha JACKSON	FR	#13 Bryant & Stratto	5.53m	18-1¾ (0.2)	3/29
2	21	Brinel THOMAS	FR	#3 Monroe-New Ro	5.53m	18-1¾ (0.2)	4/12
5	26	Anijah JAMES	FR	#1 Richard Bland (V{2}	5.49m	18-¼ (0.4)	3/21
6	45	Ciarra MOORE	SO	#1 Richard Bland (V{3}	5.31mw	17-5¼ (3.1)	4/19
7	47	Shyla COOPER	FR	#1 Richard Bland (V{4}	5.26m	17-3¼ (0.0)	3/21
8	52	Shanaya HINTON	FR	#5 Marion Military I	5.20m	17-¾ (1.8)	4/5
9	64	Sirinity GLASPER	FR	#5 Marion Military I{2}	4.98m	16-4¼ (-0.5)	3/28
10	86	Ava CROWELL	FR	#6 Muskegon (Mich.	4.50mw	14-9¼ (2.9)	4/19

Women's Triple Jump

1	3	Alisha JACKSON	FR	#13 Bryant & Stratto	12.09m	39-8 (-0.7)	4/18
2	7	Shanaya HINTON	FR	#5 Marion Military I	11.94m	39-2¼ (-0.6)	3/28
3	9	Ciarra MOORE	SO	#1 Richard Bland (V	11.77m	38-7½ (1.2)	4/5
4	21	Anijah JAMES	FR	#1 Richard Bland (V{2}	11.04m	36-2¾ (-0.3)	3/21
5	26	Jaden MILLER	FR	#10 Lake-Sumter Sta	10.85m	35-7¼ (0.4)	4/5
6	28	Erin SMITH	SO	#1 Richard Bland (V{3}	10.56m	34-7¾ (0.3)	4/5
7	42	Carrie MOORE	SO	#12 Carroll (Md.) CC	8.36m	27-5¼ (2.0)	4/26

Women's Shot Put

1	33	Shaelyn SCHWEM	FR	#7 Lansing (Mich.) C	10.85m	35-7¼	4/25
2	39	Jada HOUGHTON	FR	#7 Lansing (Mich.) C{2}	10.48m	34-4¾	4/25
3	41	Lynniya WHITAKER	SO	#9 Howard (Md.) CC	10.37m	34-¼	3/22
4	44	Cheyenne ELLIS	FR	#9 Howard (Md.) CC{2}	10.25m	33-7½	4/12
5	50	Adaysha HOLLINESS	FR	#5 Marion Military I	9.81m	32-2¼	4/20
6	62	Lilleann SHACKLEFORD	FR	#11 Cuyahoga (Ohio)	9.45m	31-0	3/22
7	73	Temiloluwa AKINSANYA	SO	#9 Howard (Md.) CC{3}	8.85m	29-½	4/12
8	76	Tamia TAYLOR	FR	#2 Vincennes (Ind.)	8.71m	28-7	3/29
9	79	Kaitlyn QUEEN	FR	#8 Hagerstown (Md	8.59m	28-2¼	4/26
10	85	Sontee CHINA	FR	#17 USC Sumter	8.09m	26-6½	3/29

Women's Discus

1	15	Gaby REEVE	SO	#6 Muskegon (Mich.	39.04m	128-1	4/19
2	21	Raina MASSEY	SO	#5 Marion Military I	37.99m	124-8	4/20
3	28	Jada HOUGHTON	FR	#7 Lansing (Mich.) C	35.66m	117-0	4/25
4	42	Brooke BERRY	SO	#6 Muskegon (Mich){2}	32.14m	105-6	4/25
5	47	Brooke PRIBULICK	SO	#12 Carroll (Md.) CC	30.65m	100-7	3/29
6	54	Berkley OBERHAUS	FR	#7 Lansing (Mich.) C{2}	29.50m	96-9½	4/5
7	58	Temiloluwa AKINSANYA	SO	#9 Howard (Md.) CC	28.14m	92-4	4/12
8	59	Daisy SPEET	FR	#7 Lansing (Mich.) C{3}	28.13m	92-3½	4/12
9	62	Cheyenne ELLIS	FR	#9 Howard (Md.) CC{2}	26.77m	87-10	3/29
10	63	Kaitlyn QUEEN	FR	#8 Hagerstown (Md	26.52m	87-¼	4/26



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Atlantic

as of 5/13/2025 7:30:00 AM ET

Women's Hammer

1	23	Raina MASSEY	SO	#5 Marion Military I	42.13m	138-3	4/5
2	39	Gaby REEVE	SO	#6 Muskegon (Mich.	37.46m	122-11	4/5
3	50	Temiloluwa AKINSANYA	SO	#9 Howard (Md.) CC	34.28m	112-6	3/22
4	56	Lynniya WHITAKER	SO	#9 Howard (Md.) CC{2}	33.14m	108-9	3/22
5	57	Cheyenne ELLIS	FR	#9 Howard (Md.) CC{3}	32.54m	106-9	3/29
6	59	Brooke BERRY	SO	#6 Muskegon (Mich){2}	32.19m	105-8	4/25
7	60	Lilleann SHACKLEFORD	FR	#11 Cuyahoga (Ohio)	31.99m	105-0	4/13
8	71	Tamia TAYLOR	FR	#2 Vincennes (Ind.)	27.28m	89-6	4/12
9	73	Kaitlyn QUEEN	FR	#8 Hagerstown (Md	25.85m	84-9¾	4/4
10	79	Kiya MATHIEU	FR	#11 Cuyahoga (Ohio){2}	17.62m	57-9¾	3/22

Women's Javelin

1	39	Sarah TEPP	SO	#15 Marian Ancilla (I	26.46m	86-9¾	4/26
2	42	Raina MASSEY	SO	#5 Marion Military I	25.46m	83-6½	3/28
3	46	Adaysha HOLLINESS	FR	#5 Marion Military I{2}	24.81m	81-4¾	3/28
4	54	Braylee MCKINNON	FR	#2 Vincennes (Ind.)	22.30m	73-2	5/9
5	61	Kamryn STEFANOSKI	SO	#12 Carroll (Md.) CC	19.92m	65-4¼	4/26
6	62	Cheyenne ELLIS	FR	#9 Howard (Md.) CC	19.65m	64-5¾	4/12
7	64	Kaitlyn QUEEN	FR	#8 Hagerstown (Md	18.16m	59-7	3/29
8	67	Temiloluwa AKINSANYA	SO	#9 Howard (Md.) CC{2}	15.36m	50-4¾	4/12
9	68	Layna ATALLAH	SO	#7 Lansing (Mich.) C	13.56m	44-6	3/22
10	70	Michaela CARNEY	SO	#8 Hagerstown (Md){2}	11.41m	37-5¼	4/12



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Central

as of 5/13/2025 7:30:00 AM ET

Women's 100 Meters

1	1	Maimuna JALLOW	FR	#1	Cloud County (K	11.18	(1.3)	5/3
2	2	Royanah FARMER	SO	#5	Coffeyville (Kan.	11.22w	(3.8)	4/17
3	3	Keliza SMITH	SO	#2	Barton (Kan.) CC	11.25w	(2.3)	5/3
3	3	Anita AFRIFA	SO	#9	Colby (Kan.) CC	11.25w	(2.3)	5/3
5	9	Adetutu ALADELOYE	SO	#12	Allen (Kan.) CC	11.49	(1.5)	3/28
6	11	Ranayla MOTEN	FR	#12	Allen (Kan.) CC {2}	11.53w	(2.4)	4/12
7	12	Crystal CHAMBERS	SO	#6	Fort Scott (Kan.)	11.54	(1.5)	3/28
8	16	Linya GEDEON	SO	#5	Coffeyville (Kan.) {2}	11.63w	(3.8)	4/17
9	19	Kayda AUSTIN	FR	#2	Barton (Kan.) CC {2}	11.66	(1.6)	4/19
10	21	Felicia AWUDI	FR	#9	Colby (Kan.) CC {2}	11.68	(1.6)	3/22

Women's 100 Meter Hurdles

1	3	Linya GEDEON	SO	#5	Coffeyville (Kan.	13.59w	(2.2)	4/17
2	4	Asharria ULETT	FR	#2	Barton (Kan.) CC	13.66	(1.1)	5/3
3	14	Ty'yanah ADAMS	FR	#2	Barton (Kan.) CC {2}	14.33	(0.5)	4/12
4	16	DiaMonae THOMAS	SO	#11	Highland (Kan.)	14.35w	(2.2)	4/17
5	18	Damaria BELL	SO	#6	Fort Scott (Kan.)	14.37w	(2.2)	4/17
6	19	Nanhi PANNU	FR	#1	Cloud County (K	14.41w	(3.2)	4/12
7	20	Chenessa DAVIS	SO	#1	Cloud County (K {2}	14.47	(-0.9)	4/5
8	21	Tahlia LIENERT	FR	#1	Cloud County (K {3}	14.49	(1.4)	4/19
9	23	Olivia LEATHERMAN	FR	#7	Dodge City (Kan.	14.59w	(3.2)	4/12
10	28	Alexia WALKER	FR	#2	Barton (Kan.) CC {3}	14.98	(-1.2)	5/3

Women's 200 Meters

1	1	Maimuna JALLOW	FR	#1	Cloud County (K	22.92	(1.9)	5/3
2	2	Anita AFRIFA	SO	#9	Colby (Kan.) CC	22.95	(1.9)	4/12
3	3	Keliza SMITH	SO	#2	Barton (Kan.) CC	23.21	(1.5)	4/19
4	5	Kayda AUSTIN	FR	#2	Barton (Kan.) CC {2}	23.43	(-0.3)	4/12
5	7	Ranayla MOTEN	FR	#12	Allen (Kan.) CC	23.69w	(3.1)	3/28
6	8	Royanah FARMER	SO	#5	Coffeyville (Kan.	23.70	(0.0)	4/10
7	10	Mekhila SANDERS	FR	#8	Garden City (Kar	23.72	(-0.7)	4/19
7	10	Rafiatu NUHU	SO	#1	Cloud County (K {2}	23.72w	(2.5)	4/12
9	13	Adetutu ALADELOYE	SO	#12	Allen (Kan.) CC {2}	23.77w	(3.1)	3/28
10	21	Linya GEDEON	SO	#5	Coffeyville (Kan.) {2}	24.05	(0.0)	4/10

Women's 400 Meters

1	1	Rafiatu NUHU	SO	#1	Cloud County (K	52.73		4/19
2	2	Keliza SMITH	SO	#2	Barton (Kan.) CC	52.91		4/12
3	6	Dayjonique CATO	SO	#6	Fort Scott (Kan.)	54.57		3/20
4	7	Ranayla MOTEN	FR	#12	Allen (Kan.) CC	54.86		4/5
5	12	Nontokozi NCUBE	SO	#1	Cloud County (K {2}	55.19		4/12
6	13	Jayden PIPER	SO	#6	Fort Scott (Kan.) {2}	55.20		4/17
7	14	Tierra WILLIAMS	FR	#5	Coffeyville (Kan.	55.22		4/10
8	15	Ivana ODONKOR	SO	#6	Fort Scott (Kan.) {3}	55.27		4/17
9	16	Dhakiya BLAKE	SO	#5	Coffeyville (Kan.) {2}	55.31		4/10
10	18	Amalinaly PEMBERTON	SO	#5	Coffeyville (Kan.) {3}	55.67		3/29
10	18	Ala' Jah BROOKS	SO	#12	Allen (Kan.) CC {2}	55.67		4/25

Women's 400 Meter Hurdles

1	4	Natasha FOX	FR	#2	Barton (Kan.) CC	1:00.74		4/19
2	7	Antonia MOUTRIE	FR	#8	Garden City (Kar	1:02.13		5/3
3	8	Nanhi PANNU	FR	#1	Cloud County (K	1:02.61		5/3
4	9	Kialia CLAIBORNE	SO	#2	Barton (Kan.) CC {2}	1:02.88		4/19
5	16	Marcy MONELL	SO	#6	Fort Scott (Kan.)	1:04.65		3/20
6	17	Jakouria JAMERSON	SO	#6	Fort Scott (Kan.) {2}	1:04.89		4/17
7	20	Alexia WALKER	FR	#2	Barton (Kan.) CC {3}	1:05.10		5/3
8	21	Vilorina TUILAWAKI	SO	#13	Neosho County (1:05.17		4/26
9	23	Ja'Kheria KELSER	FR	#5	Coffeyville (Kan.	1:05.72		3/23
10	29	Jaelyn RUMBACK	SO	#1	Cloud County (K {2}	1:08.86		4/19

Women's 800 Meters

1	1	Nontokozi NCUBE	SO	#1	Cloud County (K	2:07.19		5/9
2	2	Mercy ANGAAMCHAAB	SO	#1	Cloud County (K {2}	2:07.61		5/9
3	6	Shone WALTERS	SO	#2	Barton (Kan.) CC	2:09.94		4/12
4	7	N Vanee ANCHIKE	SO	#1	Cloud County (K {3}	2:10.44		4/5
5	14	Rosemary ARTHUR	SO	#9	Colby (Kan.) CC	2:11.75		4/12
6	21	Amanda KOTAMBE	FR	#1	Cloud County (K {4}	2:16.14		4/5
7	25	Sharon STRYDOM	SO	#14	UA Rich Mountai	2:17.47		5/9
8	41	Melania TURAGA	FR	#13	Neosho County (2:20.52		4/12
9	42	Amalinaly PEMBERTON	SO	#5	Coffeyville (Kan.	2:20.57		4/10
10	46	Meryeme MAI	FR	#8	Garden City (Kar	2:21.53c	(2:21.94A)	4/3

Women's 1500 Meters

1	3	N Vanee ANCHIKE	SO	#1	Cloud County (K	4:30.90		4/12
2	5	Rosemary ARTHUR	SO	#9	Colby (Kan.) CC	4:31.92		4/19
3	11	Mercy ANGAAMCHAAB	SO	#1	Cloud County (K {2}	4:37.48		4/12
4	35	Jordyn PICOLET	SO	#4	Hutchinson (Kan	4:48.57		4/19
5	46	Elizabeth HERNANDEZ	SO	#10	Butler (Kan.) CC	4:51.36		4/19
6	55	Abigail GRANTHAM	SO	#4	Hutchinson (Kan {2}	4:52.82		4/12
7	56	Amanda KOTAMBE	FR	#1	Cloud County (K {3}	4:52.88		3/29
8	69	Kayli MYERS	SO	#3	Cowley (Kan.)	4:57.97		4/19
9	70	Cindy SOTO	FR	#17	NorthWest Arkar	4:58.21		5/9
10	77	Beverlyne KIPTARUS	SO	#8	Garden City (Kar	5:00.69		5/3

Women's Steeplechase

1	14	Reid HARVEY-MCKEAN	FR	#8	Garden City (Kar	11:37.37		4/12
2	15	Darcy VINEYARD	FR	#14	UA Rich Mountai	11:37.70		4/19
3	20	Amanda KOTAMBE	FR	#1	Cloud County (K	11:45.73		5/3
4	24	Abigail GRANTHAM	SO	#4	Hutchinson (Kan	11:59.11		5/3
5	25	Savannah FISCHER	SO	#3	Cowley (Kan.)	12:04.59		5/3
6	27	Alexa MARSHALL	FR	#10	Butler (Kan.) CC	12:21.70		5/3
7	28	Valyrie FREEMAN	SO	#10	Butler (Kan.) CC {2}	12:34.76		4/12
8	38	Daniela CERDA	FR	#7	Dodge City (Kan.	13:51.50		5/3
9	45	Joella MATHILDA	SO	#1	Cloud County (K {2}	17:26.81		5/3



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Central

as of 5/13/2025 7:30:01 AM ET

Women's 5000 Meters

1	14	Jordyn PICOLET	SO	#4 Hutchinson (Kan	17:43.99	4/12
2	22	N Vanee ANCHIKE	SO	#1 Cloud County (K	17:51.05	4/19
3	24	Elizabeth HERNANDEZ	SO	#10 Butler (Kan.) CC	17:54.68	3/29
4	29	Meryeme MAI	FR	#8 Garden City (Kar	18:03.95	5/3
5	43	Laura AVILA	SO	#4 Hutchinson (Kan{2}	18:31.77	4/19
6	46	Kayli MYERS	SO	#3 Cowley (Kan.)	18:37.01	4/12
7	52	Alison UNRUH	SO	#10 Butler (Kan.) CC {2}	18:53.08	3/29
8	55	Savannah FISCHER	SO	#3 Cowley (Kan.) {2}	19:04.23	4/19
9	65	Celestine KIBORUS	FR	#15 Fort Hays Tech N	19:21.66	4/25
10	67	Valyrie FREEMAN	SO	#10 Butler (Kan.) CC {3}	19:39.24	3/22

Women's 10,000 Meters

1	9	Elizabeth HERNANDEZ	SO	#10 Butler (Kan.) CC	37:20.97	4/12
2	12	Meryeme MAI	FR	#8 Garden City (Kar	37:42.14	4/12
3	22	Ivy WASHINGTON	SO	#7 Dodge City (Kan.	39:33.68	4/12
4	25	Alison UNRUH	SO	#10 Butler (Kan.) CC {2}	39:54.79	4/12
5	30	Jordyn PICOLET	SO	#4 Hutchinson (Kan	41:12.68	5/3
6	31	Laura AVILA	SO	#4 Hutchinson (Kan{2}	41:21.15	5/3
7	32	Ava WASHINGTON	SO	#7 Dodge City (Kan.{2}	41:30.32	4/4
8	34	Daniela CERDA	FR	#7 Dodge City (Kan.{3}	42:03.51	5/3
9	39	Pauline ALTHOFF	FR	#3 Cowley (Kan.)	44:00.43	5/3

Women's 4x100 Relay

1	1	Keliza Smith, Kayda Austin, Kennidra Spigner, Takelia Williams	#2 Barton (Kan.) CC	44.70	4/12
2	2	Kayveonna Jackson, Ranayla Moten, Ala' Jah Brooks, Adetutu Aladeloye	#12 Allen (Kan.) CC	44.78	4/25
3	3	Royanah Farmer, Linya Gedeon, Dhakiya Blake, Tierra Williams	#5 Coffeyville (Kan.	45.16	4/25
4	6	Dayjonique Cato, Crystal Chambers, Emmanuella Squire, Jayden Piper	#6 Fort Scott (Kan.)	45.34	4/17
5	10	DiaMonae Thomas, Shanteria Washington, Alexia Lewis, J'Na Demming	#11 Highland (Kan.)	46.66	4/5
6	11	Beatrice Boakye, Felicia Awudi, Anita Afrifa, Ashly Tharp	#9 Colby (Kan.) CC	46.69	5/3
7	19	Sierra Brooks, Taniyah Cox, Azariah Dawes, Sidney Holt	#4 Hutchinson (Kan	48.04	4/19
8	23	Paula del Pozo, Vilorina Tuilawaki, Melania Turaga, Rhea Flanders	#13 Neosho County (48.86	4/19
9	29	Caylee May, Bianca Gleim, Zyria Thompson, Olivia Leatherman	#7 Dodge City (Kan.	50.70	5/3
10	31	Mekhila Sanders, Antonicia Moultrie, Jaylene Hernandez, Priscilla Wemba	#8 Garden City (Kar	51.05	4/12



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Central

as of 5/13/2025 7:30:01 AM ET

Women's 4x400 Relay

1	2	Maimuna Jallow, Nontokozi Ncube, Nanhi Pannu, Rafiatu Nuhu	#1 Cloud County (Ki	3:38.84	4/19
2	5	Jayden Piper, Emmanuella Squire, Dayjonique Cato, Ivana Odonkor	#6 Fort Scott (Kan.)	3:41.37	3/28
3	6	Shone Walters, Keliza Smith, Narissa McPherson, Natasha Fox	#2 Barton (Kan.) CC	3:41.44	4/12
4	7	Dhakiya Blake, Royanah Farmer, Linya Gedeon, Tierra Williams	#5 Coffeyville (Kan.	3:43.08	5/3
5	15	Vilorina Tuilawaki, Melania Turaga, Rhea Flanders, Vaoleta Luka	#13 Neosho County (4:01.35	5/3
6	20	Sierra Brooks, Sidney Holt, Kemisha Williams-Dominique, Azariah Dawes	#4 Hutchinson (Kan	4:07.30	5/3
7	21	Mekhila Sanders, Antonia Moultrie, Reid Harvey-McKean, Priscilla Wemba	#8 Garden City (Kar	4:07.73	5/3
8	23	Caylee May, Bianca Gleim, Alexis Bradshaw, Sarai Chavez	#7 Dodge City (Kan.	4:13.43	5/3
9	25	Grace Knight, Dayanna Brito- Hernandez, Daniela Lozano-Cardenas, Daynel Calvo	#3 Cowley (Kan.)	4:17.01	5/3

Women's 4x800 Relay

1	2	Amanda Kotambe, N Vanee Anchike, Mercy Angaamchaab, Nontokozi Ncube	#1 Cloud County (Ki	8:58.44	4/19
2	7	Kennedy Mosley, Emmanuella Squire, Ivana Odonkor, Sanaa Nalls	#6 Fort Scott (Kan.)	9:45.46	5/3
3	9	Abigail Grantham, Ava Lemaster, Rio Kirven, Jordyn Picolet	#4 Hutchinson (Kan	9:56.70	5/3
4	10	Ava Washington, Ivy Washington, Caylee May, Sarai Chavez	#7 Dodge City (Kan.	9:57.37	5/3
5	12	Dayanna Brito- Hernandez, Savannah Fischer, Kayli Myers, Daniela Lozano-Cardenas	#3 Cowley (Kan.)	10:09.94	5/3
6	14	Vilorina Tuilawaki, Amy Styles, Melania Turaga, Katsiaryna Kalesnik	#13 Neosho County (10:13.36	5/3
7	15	La Tanya Johnson, Jennifer Casas, Valyrie Freeman, Alexa Marshall	#10 Butler (Kan.) CC	10:15.71	5/3

Women's High Jump

1	2	Alexia WALKER	FR	#2 Barton (Kan.) CC	1.66m	5-5¼	5/3
2	6	Cordaelia WILLIAMS	SO	#1 Cloud County (Ki	1.63m	5-4¼	5/3
3	14	Alyana WALLACE	SO	#11 Highland (Kan.)	1.58m	5-2¼	5/3
4	17	Chenessa DAVIS	SO	#1 Cloud County (K{2}	1.55m	5-1	3/29
5	20	Olivia LEATHERMAN	FR	#7 Dodge City (Kan.	1.54m	5-½	5/3
5	20	Jakouria JAMERSON	SO	#6 Fort Scott (Kan.)	1.54m	5-½	5/3
7	24	Jazz DILWORTH	FR	#6 Fort Scott (Kan.){2}	1.53m	5-¼	5/3
8	26	Tahlia LIENERT	FR	#1 Cloud County (K{3}	1.51m	4-11½	5/3
9	27	Berlynn BLACK	SO	#11 Highland (Kan.) {2}	1.50m	4-11	3/22
10	33	Makayla GAY	SO	#3 Cowley (Kan.)	1.46m	4-9½	4/19

Women's Pole Vault

1	3	Dakota DAPPER	SO	#3 Cowley (Kan.)	3.65m	11-11¾	4/5
2	6	Kennedy KIZARR	SO	#3 Cowley (Kan.) {2}	3.54m	11-7¼	4/12
3	7	Bradie MEDINA	SO	#1 Cloud County (Ki	3.46m	11-4¼	5/3
4	9	Elizabeth BROZEK	FR	#3 Cowley (Kan.) {3}	3.35m	10-11¾	4/5
5	11	Alycea MCCOY	FR	#4 Hutchinson (Kan	3.21m	10-6¼	4/25
6	13	Grace BENDER	FR	#4 Hutchinson (Kan{2}	3.16m	10-4¼	3/29
7	19	Isabelle CULLENS	FR	#5 Coffeyville (Kan.	3.01m	9-10½	3/29
7	19	Anna WASHBURN	FR	#5 Coffeyville (Kan.	3.01m	9-10½	5/3
9	26	Danielle BEARS	FR	#11 Highland (Kan.)	2.45m	8-½	4/26
10	27	Marcy MONELL	SO	#6 Fort Scott (Kan.)	2.41m	7-10¾	5/3



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Central

as of 5/13/2025 7:30:01 AM ET

Women's Long Jump

1	1	Celine RIDDLE	FR	#2	Barton (Kan.) CC	6.07mw	19-11 (2.1)	4/19
2	3	Alexia WALKER	FR	#2	Barton (Kan.) CC{2}	6.01m	19-8¾ (0.0)	5/1
3	9	Chloe PERRYMAN	SO	#2	Barton (Kan.) CC{3}	5.71mw	18-8¾ (2.5)	4/19
4	11	Alexia LEWIS	SO	#11	Highland (Kan.)	5.63m	18-5¾ (0.3)	3/29
5	13	Nanhi PANNU	FR	#1	Cloud County (K)	5.62mw	18-5¼ (2.4)	5/3
6	18	Aalyiah LINTON	SO	#6	Fort Scott (Kan.)	5.57m	18-3¼ (1.3)	3/20
7	26	Tahlia LIENERT	FR	#1	Cloud County (K){2}	5.49m	18-¼ (0.0)	5/3
8	28	Kymia BRIDGETT	FR	#2	Barton (Kan.) CC{4}	5.48m	17-11¾ (1.7)	4/4
9	32	Azariah DAWES	FR	#4	Hutchinson (Kan)	5.45mw	17-10¾ (3.6)	5/3
10	34	Yaya MORENO	SO	#4	Hutchinson (Kan){2}	5.42m	17-9½ (1.3)	4/19

Women's Triple Jump

1	2	Celine RIDDLE	FR	#2	Barton (Kan.) CC	12.15m	39-10½ (1.1)	4/12
2	10	Isabelle CULLENS	FR	#5	Coffeyville (Kan.	11.73m	38-6 (0.6)	4/25
3	11	Kymia BRIDGETT	FR	#2	Barton (Kan.) CC{2}	11.72mw	38-5½ (3.9)	4/19
4	12	Brooke HAWKINS	SO	#4	Hutchinson (Kan	11.68mw	38-4 (3.0)	3/29
5	15	Aalyiah LINTON	SO	#6	Fort Scott (Kan.)	11.39m	37-4½ (1.0)	3/28
6	18	Alycea MCCOY	FR	#4	Hutchinson (Kan){2}	11.24m	36-10½ (1.7)	4/19
7	20	Leah WRIGHT	FR	#12	Allen (Kan.) CC	11.13mw	36-6¼ (2.8)	5/3
8	22	Yaya MORENO	SO	#4	Hutchinson (Kan){3}	11.03mw	36-2¼ (2.6)	5/3
8	22	Nele GOESL	FR	#1	Cloud County (K)	11.03mw	36-2¼ (2.5)	4/19
10	24	Kiley SMICH	FR	#1	Cloud County (K){2}	10.89m	35-8¾ (0.8)	4/26

Women's Shot Put

1	5	Cierra GRAY	SO	#3	Cowley (Kan.)	13.95m	45-9¼	4/19
2	9	Deisheline MAYER SCOTT	FR	#4	Hutchinson (Kan	13.24m	43-5¼	5/3
3	16	Zadie MACKEY	FR	#2	Barton (Kan.) CC	12.39m	40-7¾	5/3
4	17	Aiyanna GREEN	SO	#4	Hutchinson (Kan){2}	12.36m	40-6¾	4/25
5	20	Alma CORDOVA	SO	#9	Colby (Kan.) CC	11.87m	38-11½	4/12
6	21	Amoni EVANS	FR	#3	Cowley (Kan.) {2}	11.61m	38-1¼	4/5
7	23	Alexis CLEMMONS	FR	#11	Highland (Kan.)	11.54m	37-10½	3/29
8	24	Bree ROWE	SO	#3	Cowley (Kan.) {3}	11.41m	37-5¼	4/5
9	29	Jessi MCDOWELL	FR	#3	Cowley (Kan.) {4}	11.03m	36-2¼	4/19
10	34	Shaniece POWELL	FR	#5	Coffeyville (Kan.	10.76m	35-3¾	4/10

Women's Discus

1	1	Cedricka WILLIAMS	SO	#2	Barton (Kan.) CC	59.89m	196-6	4/26
2	3	Ivanilda SEMEDO	SO	#2	Barton (Kan.) CC{2}	51.90m	170-4	3/29
3	6	Carla Kay BROWN	FR	#5	Coffeyville (Kan.	47.33m	155-4	4/26
4	8	Zadie MACKEY	FR	#2	Barton (Kan.) CC{3}	45.29m	148-7	4/4
5	11	Bree ROWE	SO	#3	Cowley (Kan.)	41.71m	136-10	3/29
6	17	Shaniece POWELL	FR	#5	Coffeyville (Kan.){2}	39.00m	128-0	4/17
7	19	Jessi MCDOWELL	FR	#3	Cowley (Kan.) {2}	38.55m	126-6	4/17
8	20	Cierra GRAY	SO	#3	Cowley (Kan.) {3}	38.54m	126-6	3/13
9	22	McKayla KUPICKI	SO	#5	Coffeyville (Kan.){3}	37.94m	124-6	4/26
10	23	Margherita SALA	SO	#1	Cloud County (K)	37.62m	123-5	3/29

Women's Hammer

1	4	Mercedes GLOVER	JR	#3	Cowley (Kan.)	50.91m	167-1	4/19
2	5	Ana MANOUSARIDIS	SO	#5	Coffeyville (Kan.	50.29m	165-0	4/17
3	6	Cedricka WILLIAMS	SO	#2	Barton (Kan.) CC	50.04m	164-2	4/19
4	7	Zadie MACKEY	FR	#2	Barton (Kan.) CC{2}	48.96m	160-8	3/29
5	10	Margherita SALA	SO	#1	Cloud County (K)	46.77m	153-6	5/3
6	14	McKayla KUPICKI	SO	#5	Coffeyville (Kan.){2}	44.33m	145-5	5/3
7	15	Brianna LEE	SO	#3	Cowley (Kan.) {2}	44.01m	144-5	5/3
8	16	Deisheline MAYER SCOTT	FR	#4	Hutchinson (Kan	43.73m	143-6	3/29
9	19	Alma CORDOVA	SO	#9	Colby (Kan.) CC	43.36m	142-3	3/29
10	20	Cierra GRAY	SO	#3	Cowley (Kan.) {3}	42.78m	140-4	3/13

Women's Javelin

1	3	Vivica ADDISON	SO	#1	Cloud County (K)	46.02m	151-0	5/3
2	9	Deisheline MAYER SCOTT	FR	#4	Hutchinson (Kan	42.87m	140-8	5/3
3	10	Cedricka WILLIAMS	SO	#2	Barton (Kan.) CC	39.66m	130-2	5/3
4	15	Mercedes GLOVER	JR	#3	Cowley (Kan.)	36.54m	119-11	5/3
5	26	Carlie CARLGREN	FR	#1	Cloud County (K){2}	31.69m	104-0	5/3
6	28	Alicyn MCGINNIS	FR	#3	Cowley (Kan.) {2}	31.40m	103-0	3/29
7	29	Isabelle CULLENS	FR	#5	Coffeyville (Kan.	30.98m	101-8	3/13
8	30	Destiny PONDS	FR	#10	Butler (Kan.) CC	30.76m	100-11	5/3
9	32	Hailey MCGOWEN	SO	#6	Fort Scott (Kan.)	30.50m	100-1	4/17
10	33	Piper CAMP	FR	#1	Cloud County (K){3}	30.16m	98-11½	5/3

Women's Heptathlon

1	3	Alexia WALKER	FR	#2	Barton (Kan.) CC	4,814		5/3
2	6	Tahlia LIENERT	FR	#1	Cloud County (K)	4,420		5/3
3	10	Olivia LEATHERMAN	FR	#7	Dodge City (Kan.	4,008		5/3
4	13	Jakouria JAMERSON	SO	#6	Fort Scott (Kan.)	3,849		5/3
5	14	Carlie CARLGREN	FR	#1	Cloud County (K){2}	3,831		5/3
6	16	Jazz DILWORTH	FR	#6	Fort Scott (Kan.){2}	3,632		5/3
7	17	Isabelle CULLENS	FR	#5	Coffeyville (Kan.	3,552		4/5
8	21	Berlynn BLACK	SO	#11	Highland (Kan.)	3,223		5/3
9	24	Leah WRIGHT	FR	#12	Allen (Kan.) CC	2,332		5/3



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Midwest

as of 5/13/2025 7:30:01 AM ET

Women's 100 Meters

1	7	Trinity MONTGOMERY	SO	#4 Hinds (Miss.) CC	11.46w	(3.0)	4/5
2	8	La'Nica LOCKER	SO	#4 Hinds (Miss.) CC {2}	11.47w	(2.4)	4/19
3	13	Caneilia HOPE	FR	#4 Hinds (Miss.) CC {3}	11.56w	(2.4)	4/19
4	15	Serena GRACE	FR	#1 Iowa Western CC	11.61	(2.0)	5/4
5	16	Ida SMITH	FR	#3 Indian Hills (low:	11.63w	(2.8)	4/12
6	19	Zariah GREAVES	SO	#2 Iowa Central CC	11.66	(-0.1)	5/4
7	29	Zekira SNOW	SO	#3 Indian Hills (low:{2}	11.79	(0.6)	5/4
8	33	Judith KOU MEDZINA	SO	#1 Iowa Western CC{2}	11.85	(2.0)	5/4
9	39	Destiny MITCHELL	SO	#3 Indian Hills (low:{3}	11.89	(2.0)	5/4
10	41	Nakirsten HUGHES	FR	#7 Meridian (Miss.)	11.94w	(3.7)	4/5
10	41	Ritorion VIGNE	SO	#4 Hinds (Miss.) CC {4}	11.94w	(2.4)	4/5

Women's 100 Meter Hurdles

1	2	Dymonde NAVE	SO	#3 Indian Hills (low:	13.58	(0.4)	5/9
2	7	Seanna GAYE-LESLIE	FR	#4 Hinds (Miss.) CC	13.88	(1.3)	4/11
3	11	Tanique TAYLOR	SO	#1 Iowa Western CC	14.14	(0.6)	5/4
4	12	Lenasia DRUMMOND	SO	#4 Hinds (Miss.) CC {2}	14.19	(2.0)	4/19
5	29	Arriana JOHNSON	SO	#3 Indian Hills (low:{2}	15.04	(1.6)	4/25
6	33	Taja CONLEY	SO	#8 North Iowa Area	15.25	(0.6)	5/4
7	37	Madison JACKSON	FR	#11 Coahoma (Miss.)	15.41	(0.9)	4/25
8	44	Bethany SLOVENSKY	FR	#5 State Fair (Mo.)	15.63w	(2.8)	4/25
9	47	Ella HOMAWOO	FR	#2 Iowa Central CC	15.90w	(3.2)	3/28
10	49	Eden BROUWERS	FR	#2 Iowa Central CC {2}	16.00w	(4.0)	3/28

Women's 200 Meters

1	4	La'Nica LOCKER	SO	#4 Hinds (Miss.) CC	23.26	(1.8)	4/11
2	16	Serena GRACE	FR	#1 Iowa Western CC	23.87	(2.0)	4/12
3	17	Trinity MONTGOMERY	SO	#4 Hinds (Miss.) CC {2}	23.91w	(2.8)	4/19
4	21	Zariah GREAVES	SO	#2 Iowa Central CC	24.05	(0.8)	5/4
5	23	Nyla BLACKMON	SO	#3 Indian Hills (low:	24.10w	(3.1)	4/12
6	29	Ida SMITH	FR	#3 Indian Hills (low:{2}	24.24w	(3.6)	4/12
7	37	Nyla NORMAN	SO	#3 Indian Hills (low:{3}	24.42w	(3.6)	4/12
8	40	Judith KOU MEDZINA	SO	#1 Iowa Western CC{2}	24.52	(2.0)	4/12
9	41	Laurie LOUIS	SO	#3 Indian Hills (low:{4}	24.59	(0.8)	5/4
10	48	Destiny MITCHELL	SO	#3 Indian Hills (low:{5}	24.74	(0.9)	4/25

Women's 400 Meters

1	3	Queen USUNOBUN	FR	#4 Hinds (Miss.) CC	52.98		4/26
2	8	La'Nica LOCKER	SO	#4 Hinds (Miss.) CC {2}	55.03		4/5
2	8	Twyshanna HUIE	SO	#4 Hinds (Miss.) CC {2}	55.03		3/22
4	17	Laurie LOUIS	SO	#3 Indian Hills (low:	55.44		5/9
5	27	Caydence BREWER	SO	#4 Hinds (Miss.) CC {4}	56.17		4/5
6	30	Angeline ESTRADA	SO	#1 Iowa Western CC	56.31		5/4
7	33	Nyla BLACKMON	SO	#3 Indian Hills (low:{2}	56.67		3/28
8	35	Jakhia MARTIN	FR	#7 Meridian (Miss.)	56.79		4/25
9	39	Alexa ZANDERS	FR	#3 Indian Hills (low:{3}	57.44		4/25
10	44	Mechak Linda BULA BULA	FR	#2 Iowa Central CC	58.46		4/18

Women's 400 Meter Hurdles

1	1	Twyshanna HUIE	SO	#4 Hinds (Miss.) CC	59.78		5/2
2	5	T'kyla BENNETT	SO	#4 Hinds (Miss.) CC {2}	1:00.89		4/26
3	11	Dymonde NAVE	SO	#3 Indian Hills (low:	1:03.32		4/25
4	13	Tanique TAYLOR	SO	#1 Iowa Western CC	1:03.63		4/19
5	15	Arriana JOHNSON	SO	#3 Indian Hills (low:{2}	1:04.58		5/9
6	18	Chadrak Belinda BULA BULA	FR	#2 Iowa Central CC	1:04.94		4/5
7	25	Taja CONLEY	SO	#8 North Iowa Area	1:06.83		4/11
8	28	Melody KREMER	JR	#6 Hawkeye (Iowa)	1:07.96		4/5
9	40	Madison JACKSON	FR	#11 Coahoma (Miss.)	1:11.28		4/25

Women's 800 Meters

1	10	Angeline ESTRADA	SO	#1 Iowa Western CC	2:10.92		4/18
2	12	Juliana SAKAT	FR	#1 Iowa Western CC{2}	2:11.15		5/4
3	43	Juliette GAVOIS	FR	#2 Iowa Central CC	2:20.67		4/12
4	48	Alyssa KULESA	FR	#1 Iowa Western CC{3}	2:21.57		5/4
5	49	Mallori JONES	FR	#6 Hawkeye (Iowa)	2:21.65		5/4
6	54	Mercy KIBUIGUT	FR	#9 Crowder (Mo.)	2:22.53		4/19
7	63	Alivia EDENS	FR	#2 Iowa Central CC {2}	2:23.83		4/5
8	66	Natalie BOGDANOVA KIRILOVA	SO	#2 Iowa Central CC {3}	2:24.62		3/28
9	73	Shmyhia MORRIS	FR	#3 Indian Hills (low:	2:25.42		5/4
10	88	Fanny DEN UYL	FR	#2 Iowa Central CC {4}	2:28.73		4/25

Women's 1500 Meters

1	2	Juliana SAKAT	FR	#1 Iowa Western CC	4:29.90		5/4
2	4	Nhamoinesu MABVUKA	FR	#7 Meridian (Miss.)	4:31.39		4/26
3	10	Nora BRADY	SO	#13 Heartland (Ill.) C	4:36.89		5/2
4	12	Hafssa BOUTRICH	FR	#1 Iowa Western CC{2}	4:37.52		5/4
5	25	Abbigail (Abbi) HUTCHINSON	FR	#2 Iowa Central CC	4:43.85		4/11
6	29	Videlda JEBET	FR	#9 Crowder (Mo.)	4:45.08		4/19
7	32	Angeline ESTRADA	SO	#1 Iowa Western CC{3}	4:46.99		4/18
8	48	Tiffani KOONCE	FR	#3 Indian Hills (low:	4:51.72		5/4
9	49	Wijdane INZALINE	FR	#1 Iowa Western CC{4}	4:51.75		5/4
10	53	Faith JEPTOO	SO	#9 Crowder (Mo.) {2}	4:52.44		4/25

Women's Steeplechase

1	3	Elizabeth EWUSIE	FR	#1 Iowa Western CC	10:47.80		4/18
2	7	Abbigail (Abbi) HUTCHINSON	FR	#2 Iowa Central CC	11:14.51		4/18
3	13	Videlda JEBET	FR	#9 Crowder (Mo.)	11:35.24		4/26
4	30	Jasmine HAYES	FR	#9 Crowder (Mo.) {2}	12:49.62		4/26
5	31	Olivia SPURLING	FR	#8 North Iowa Area	12:59.46		5/4
6	35	Alivia EDENS	FR	#2 Iowa Central CC {2}	13:06.36		4/18
7	40	Cloey USHER	SO	#8 North Iowa Area {2}	14:07.31		4/25
8	42	Alexis RIDDLE	FR	#5 State Fair (Mo.)	14:35.03		4/18
9	43	Emma RINALDI	SO	#5 State Fair (Mo.) {2}	15:53.29		4/18



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Midwest

as of 5/13/2025 7:30:01 AM ET

Women's 5000 Meters

1	3	Nhamoinesu MABVUKA	FR	#7 Meridian (Miss.)	16:39.17	4/12
2	5	Hafssa BOUTRICH	FR	#1 Iowa Western CC	17:03.17	4/18
3	8	Nora BRADY	SO	#13 Heartland (Ill.) C	17:13.37	4/12
4	13	Wijdane INZALINE	FR	#1 Iowa Western CC{2}	17:43.16	4/5
5	32	Faith JEPTOO	SO	#9 Crowder (Mo.)	18:16.10	4/5
6	38	Mercy KIBUIGUT	FR	#9 Crowder (Mo.) {2}	18:25.22	4/11
7	44	Abbigail (Abbi) HUTCHINSON	FR	#2 Iowa Central CC	18:33.38	3/28
8	61	Ayianna OLIVAS	SO	#1 Iowa Western CC{3}	19:16.61	4/25
9	63	Tiffani KOONCE	FR	#3 Indian Hills (Iowa)	19:20.74	4/19
10	78	Paetyn WIEGAND	FR	#12 Southeastern (Iowa)	20:02.33	4/12

Women's 10,000 Meters

1	1	Juliana SAKAT	FR	#1 Iowa Western CC	33:23.71	4/18
2	11	Elizabeth EWUSIE	FR	#1 Iowa Western CC{2}	37:39.89	5/4
3	15	Faith JEPTOO	SO	#9 Crowder (Mo.)	38:18.35	4/19
4	17	Wijdane INZALINE	FR	#1 Iowa Western CC{3}	38:43.56	4/18
5	21	Abbigail (Abbi) HUTCHINSON	FR	#2 Iowa Central CC	39:27.37	5/4
6	28	Ayianna OLIVAS	SO	#1 Iowa Western CC{4}	40:15.61	4/12
7	44	Dari COOK	FR	#2 Iowa Central CC {2}	52:19.38	5/4
8	45	Ella SCHROEDER	SO	#12 Southeastern (Iowa)	57:06.29	5/4

Women's 4x100 Relay

1	4	Seanna Gaye-Leslie, Caneilia Hope, Trinity Montgomery, La'Nica Locker	#4 Hinds (Miss.) CC	45.17	4/19
2	8	Ida Smith, Destiny Mitchell, Nyla Norman, Zekira Snow	#3 Indian Hills (Iowa)	45.75	5/4
3	9	Judith Koumedzina, Serena Grace, Taeja Bartee, Tanique Taylor	#1 Iowa Western CC	45.76	5/4
4	17	Nakirsten Hughes, Jakhia Martin, Mykala Carter, Yasmyne McCann	#7 Meridian (Miss.)	47.88	4/12
5	18	Chadrak Belinda Bula, Mechak Linda Bula, Zariah Greaves, Maeva Goune Tibbolo	#2 Iowa Central CC	47.92	5/4
6	26	Rylee Steffen, Alyssa Wondercheck, Halima Biggs, Tasha Williams	#6 Hawkeye (Iowa)	50.12	3/28
7	27	Nora Moreno, Madison Johnson, Sophia Edwin, Layisha Freeman	#5 State Fair (Mo.)	50.41	4/18
8	28	#Type!	#8 North Iowa Area	50.42	4/19
9	30	Madison Jackson, Katreeka Mott-Franklin, Faith Butler, TaMoria Shannon	#11 Coahoma (Miss.)	50.88	4/25
10	34	Lee'Asia Hayes, Jade Arrington, Amelia Beutler, Sasha Doyle	#15 Bryant & Stratton	52.65	4/24



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Midwest

as of 5/13/2025 7:30:02 AM ET

Women's 4x400 Relay

1	1	Twyshanna Huie, Queen Usunobun, T'kyla Bennett, Lania McDonald	#4	Hinds (Miss.) CC	3:38.79	4/26
2	8	Nyla Norman, Laurie Louis, Nyla Blackmon, Alexa Zanders	#3	Indian Hills (Iowa)	3:47.08	4/25
3	11	Tanique Taylor, Serena Grace, Judith Koumedzina, Taeja Bartee	#1	Iowa Western CC	3:54.57	5/4
4	12	Cshanti Pierce, Taitiana Jones, Jakhia Martin, Mykala Carter	#7	Meridian (Miss.)	3:57.45	4/12
5	18	Natalie Bogdanova Kirilova, Alivia Edens, Mechak Linda Bula Bula, Chadrak Belinda Bula Bula	#2	Iowa Central CC	4:05.83	5/4
6	24	Halima Biggs, Mallori Jones, Melody Kremer, Alyssa Wondercheck	#6	Hawkeye (Iowa)	4:16.84	5/4
7	34	#Type!	#12	Southeastern (Iowa)	5:15.08	4/5

Women's 4x800 Relay

1	3	Elizabeth Ewusie, Alyssa Kulesa, Angeline Estrada, Wijdane Inzaline	#1	Iowa Western CC	9:15.28	4/26
2	4	Natalie Bogdanova Kirilova, Alivia Edens, Juliette Gavois, Abbigail (Abbi) Hutchinson	#2	Iowa Central CC	9:31.09	4/26
3	8	Mercy Kibuigut, Faith Jeptoo, Arianna Blevins, Videlma Jebet	#9	Crowder (Mo.)	9:56.38	4/19
4	16	Paetyn Wiegand, Rylee Olsen, Arianna Pedrin, Aubrey Kuntz	#12	Southeastern (Iowa)	10:49.87	5/4
5	17	Cloey Usher, Bridget Canton, Juliana Droll, Olivia Spurling	#8	North Iowa Area	10:57.86	5/4

Women's High Jump

1	11	Qiana PIERCE	FR	#4	Hinds (Miss.) CC	1.60m	5-3	3/22
2	13	Rasheda SAMUELS	FR	#1	Iowa Western CC	1.59m	5-2½	5/4
3	17	Arriana JOHNSON	SO	#3	Indian Hills (Iowa)	1.55m	5-1	3/28
3	17	Eden BROUWERS	FR	#2	Iowa Central CC	1.55m	5-1	3/28
5	20	Halima BIGGS	FR	#6	Hawkeye (Iowa)	1.54m	5-½	4/18
6	27	Tasha WILLIAMS	JR	#6	Hawkeye (Iowa) {2}	1.50m	4-11	3/28
6	27	Kira MESSERLY	FR	#2	Iowa Central CC {2}	1.50m	4-11	4/12
6	27	Shacora JURDEN	FR	#11	Coahoma (Miss.)	1.50m	4-11	4/3
9	32	Journey SANDER	FR	#5	State Fair (Mo.)	1.48m	4-10¼	4/25
10	35	Jillian HULSING	SO	#10	Sauk Valley (Ill.)	1.45m	4-9	4/18

Women's Pole Vault

1	24	Abbigail (Abbi) HUTCHINSON	FR	#2	Iowa Central CC	2.55m	8-4¼	5/4
1	24	Eden BROUWERS	FR	#2	Iowa Central CC	2.55m	8-4¼	5/4
3	29	Amparo PAYNE	FR	#5	State Fair (Mo.)	2.30m	7-6½	4/18
4	30	Kira MESSERLY	FR	#2	Iowa Central CC {3}	2.10m	6-10¾	5/4
5	31	Chadprak Belinda BULA BULA	FR	#2	Iowa Central CC {4}	1.95m	6-4¾	5/4

Women's Long Jump

1	4	Maeva GOUNE TIBBOLO	FR	#2	Iowa Central CC	5.99m	19-8 (0.5)	4/11
1	4	Sakina UMAR	SO	#1	Iowa Western CC	5.99m	19-8 (0.6)	3/29
3	7	Mercy HONESTY	SO	#1	Iowa Western CC {2}	5.87m	19-3¼ (1.0)	5/2
4	8	Taeja BARTEE	FR	#1	Iowa Western CC {3}	5.75mw	18-10½ (3.1)	5/2
5	17	Zekira SNOW	SO	#3	Indian Hills (Iowa)	5.58mw	18-3¾ (2.6)	5/4
6	21	Jocelyn NUNEZ	FR	#5	State Fair (Mo.)	5.53m	18-1¾ (1.5)	3/22
7	25	Layisha FREEMAN	FR	#5	State Fair (Mo.) {2}	5.50m	18-½ (1.2)	3/15
8	30	Shacora JURDEN	FR	#11	Coahoma (Miss.)	5.46m	17-11 (1.1)	4/25
9	33	Alyssa WONDERCHECK	FR	#6	Hawkeye (Iowa)	5.44m	17-10¼ (1.9)	5/4
10	38	Zariah GREAVES	SO	#2	Iowa Central CC {2}	5.38m	17-8 (1.6)	5/4

Women's Triple Jump

1	1	Mercy HONESTY	SO	#1	Iowa Western CC	13.35m	43-9¾ (0.5)	3/27
2	6	Shacora JURDEN	FR	#11	Coahoma (Miss.)	11.95m	39-2½ (1.4)	4/3
3	12	Ashanti PATTON	SO	#7	Meridian (Miss.)	11.68m	38-4 (1.3)	4/25
4	16	Elfie SANOGO	FR	#1	Iowa Western CC {2}	11.35m	37-3 (-1.9)	3/21
5	30	Bethany SLOVENSKY	FR	#5	State Fair (Mo.)	10.42m	34-2¼ (1.5)	4/18
6	31	Maeva GOUNE TIBBOLO	FR	#2	Iowa Central CC	10.41m	34-2 (0.7)	5/4
7	34	Sophia EDWIN	FR	#5	State Fair (Mo.) {2}	10.35m	33-11½ (1.7)	4/18
8	35	Brooklyn VOMACKA	FR	#1	Iowa Western CC {3}	10.28m	33-8¾ (1.3)	4/19
9	36	Journey SANDER	FR	#5	State Fair (Mo.) {3}	9.88m	32-5 (-0.5)	4/11
10	40	Abbigail (Abbi) HUTCHINSON	FR	#2	Iowa Central CC {2}	9.46m	31-½ (0.4)	5/4

Women's Shot Put

1	3	Sarai SIMPSON	SO	#1	Iowa Western CC	15.02m	49-3½	4/26
2	4	Chin-Loy RAYMOND	SO	#1	Iowa Western CC {2}	14.51m	47-7¼	4/12
3	7	Unitee BROWN	FR	#2	Iowa Central CC	13.41m	44-0	3/28
4	12	Kailan MCEWEN	FR	#6	Hawkeye (Iowa)	12.77m	41-10¾	4/18
5	13	Monifa EDWARDS	FR	#1	Iowa Western CC {3}	12.68m	41-7¼	4/12
6	14	Lovely HIBBERT	FR	#1	Iowa Western CC {4}	12.61m	41-4½	5/4
7	18	Olivia COX	FR	#10	Sauk Valley (Ill.)	12.25m	40-2¼	4/13
8	26	Zuriya ROBINSON	SO	#2	Iowa Central CC {2}	11.37m	37-3¾	4/5
9	30	Eden BROUWERS	FR	#2	Iowa Central CC {3}	11.01m	36-1½	5/4
9	30	Hannah BRINKMAN	FR	#8	North Iowa Area	11.01m	36-1½	5/4



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



Midwest

as of 5/13/2025 7:30:02 AM ET

Women's Discus

1	7	Monifa EDWARDS	FR	#1	Iowa Western CC	47.02m	154-3	4/25
2	12	Chin-Loy RAYMOND	SO	#1	Iowa Western CC {2}	41.12m	134-11	5/4
3	13	Lovely HIBBERT	FR	#1	Iowa Western CC {3}	40.47m	132-10	4/5
4	16	Unitee BROWN	FR	#2	Iowa Central CC	39.02m	128-0	4/18
5	18	Olivia COX	FR	#10	Sauk Valley (Ill.)	38.89m	127-7	4/13
6	25	Breanna SWABY	FR	#6	Hawkeye (Iowa)	37.18m	122-0	5/4
7	27	Sarai SIMPSON	SO	#1	Iowa Western CC {4}	36.47m	119-8	5/4
8	34	Zuriya ROBINSON	SO	#2	Iowa Central CC {2}	34.67m	113-9	4/12
9	40	Kara-Jean STATON	FR	#14	Southwestern (Ia)	32.43m	106-5	4/25
10	41	Hannah BRINKMAN	FR	#8	North Iowa Area	32.26m	105-10	5/4

Women's Hammer

1	12	Chin-Loy RAYMOND	SO	#1	Iowa Western CC	45.13m	148-1	5/4
2	18	Zuriya ROBINSON	SO	#2	Iowa Central CC	43.43m	142-6	4/18
3	25	Sarai SIMPSON	SO	#1	Iowa Western CC {2}	41.72m	136-11	4/19
4	27	Cynthia ALBERT	FR	#3	Indian Hills (Iowa)	41.42m	135-11	4/5
5	29	Olivia COX	FR	#10	Sauk Valley (Ill.)	40.53m	133-0	5/3
6	40	Abbi RICHTER	SO	#14	Southwestern (Ia)	37.17m	122-0	5/4
7	44	Kit BYARS	SO	#8	North Iowa Area	36.07m	118-4	5/4
8	45	Lovely HIBBERT	FR	#1	Iowa Western CC {3}	35.97m	118-0	4/19
9	46	Kara-Jean STATON	FR	#14	Southwestern (Ia) {2}	35.83m	117-7	3/21
10	48	Claire NICHOLS	SO	#5	State Fair (Mo.)	34.85m	114-4	4/25

Women's Javelin

1	12	Eden BROUWERS	FR	#2	Iowa Central CC	38.34m	125-10	5/4
2	15	Zariah GREAVES	SO	#2	Iowa Central CC {2}	36.54m	119-11	5/4
3	17	Bailey HASELHORST	SO	#5	State Fair (Mo.)	36.02m	118-2	4/11
4	18	Unitee BROWN	FR	#2	Iowa Central CC {3}	36.01m	118-2	4/12
5	21	Isabella SABALA	FR	#5	State Fair (Mo.) {2}	35.35m	116-0	4/18
6	25	Ella HOMAWOO	FR	#2	Iowa Central CC {4}	32.21m	105-8	3/28
7	31	Claire NICHOLS	SO	#5	State Fair (Mo.) {3}	30.72m	100-10	3/15
8	34	Monifa EDWARDS	FR	#1	Iowa Western CC	29.94m	98-2¾	5/4
9	35	Kailan MCEWEN	FR	#6	Hawkeye (Iowa)	29.83m	97-10½	4/12
10	36	Bella DETORRICE-WYNNE	SO	#10	Sauk Valley (Ill.)	29.70m	97-5¼	5/9

Women's Heptathlon

1	8	Eden BROUWERS	FR	#2	Iowa Central CC	4,098	3/28
2	11	Ella HOMAWOO	FR	#2	Iowa Central CC {2}	3,960	3/28
3	22	Jillian HULSING	SO	#10	Sauk Valley (Ill.)	2,929	4/18
4	23	Kira MESSERLY	FR	#2	Iowa Central CC {3}	2,653	3/28



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



West

as of 5/13/2025 7:30:02 AM ET

Women's 100 Meters

1	5	Ruth AGADAMA	SO	#3 South Plains (Te:	11.35	(1.1)	4/12
2	6	Kamaria KNIGHT	SO	#1 New Mexico JC	11.41	(1.6)	3/22
3	10	Mickayla GARDENER	FR	#4 Central Arizona	11.51	(1.5)	4/5
4	14	Lovina EWUSI	SO	#7 Western Texas	11.60	(1.6)	3/22
5	16	Amari PRATT	SO	#1 New Mexico JC {2}	11.63	(1.9)	4/12
6	22	Nandy KIHUYU	SO	#1 New Mexico JC {3}	11.72	(1.0)	3/22
6	22	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	11.72	(1.6)	3/22
8	26	Charlize FRASER	FR	#7 Western Texas {2}	11.75w	(2.9)	4/12
9	31	Kyja WILLIS	FR	#7 Western Texas {3}	11.81w	(2.9)	4/12
10	33	Nalicia GLEN	FR	#1 New Mexico JC {5}	11.85w	(2.5)	4/12

Women's 100 Meter Hurdles

1	1	Brianna BOYCE	SO	#7 Western Texas	13.50w	(2.8)	3/22
2	5	Lovina EWUSI	SO	#7 Western Texas {2}	13.72c	(13.68A) (1.	5/2
3	6	Maliah EDWARDS	SO	#1 New Mexico JC	13.74	(1.3)	4/12
4	8	Rashema LINDO	FR	#3 South Plains (Te:	13.94cw	(13.90A) (2.	4/3
5	10	Oluwatumininu SANYAOLU	FR	#3 South Plains (Te:{2}	14.00c	(13.96A) (1.	5/2
6	13	Kaelyn GIARRUSSO	SO	#11 Glendale (Ariz.) (14.28w	(3.9)	5/3
7	14	Aliyah GIDHARRY	SO	#4 Central Arizona	14.33	(0.7)	5/1
8	22	Dedra WOOD	FR	#10 Bismarck State (14.56	(1.9)	5/3
9	26	Juwonna WHITEHORNE	FR	#3 South Plains (Te:{3}	14.90cw	(14.86A) (2.	4/3
10	31	Abril OKON	SO	#3 South Plains (Te:{4}	15.14w	(2.1)	4/12

Women's 200 Meters

1	6	Charlize FRASER	FR	#7 Western Texas	23.66w	(2.5)	3/22
2	8	Lovina EWUSI	SO	#7 Western Texas {2}	23.70	(1.3)	4/19
3	12	Mickayla GARDENER	FR	#4 Central Arizona	23.76	(0.2)	3/22
4	13	Oluwatumininu SANYAOLU	FR	#3 South Plains (Te:	23.77w	(3.3)	3/22
5	15	Nandy KIHUYU	SO	#1 New Mexico JC	23.80c	(23.73A) (0.	5/2
6	18	Ruth AGADAMA	SO	#3 South Plains (Te:{2}	23.96c	(23.89A) (1.	5/2
7	19	Kamaria KNIGHT	SO	#1 New Mexico JC {2}	23.97c	(23.90A) (-3.	4/3
8	23	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	24.10c	(24.03A) (1.	5/2
9	27	Shagay SHEPPY	FR	#7 Western Texas {3}	24.19c	(24.12A) (1.	5/2
10	35	Amari PRATT	SO	#1 New Mexico JC {4}	24.37w	(3.1)	3/22

Women's 400 Meters

1	4	Nandy KIHUYU	SO	#1 New Mexico JC	53.23		4/19
2	5	Lovina EWUSI	SO	#7 Western Texas	53.41c	(53.30A)	5/2
3	11	Charlize FRASER	FR	#7 Western Texas {2}	55.13c	(55.02A)	4/3
4	21	Shagay SHEPPY	FR	#7 Western Texas {3}	55.78c	(55.67A)	5/2
5	23	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	55.99		4/12
6	25	Grace KOMBETTO	SO	#4 Central Arizona	56.11		5/1
7	30	Tuwana MCLEAN	FR	#1 New Mexico JC {3}	56.31c	(56.20A)	5/2
8	32	Mickayla GARDENER	FR	#4 Central Arizona {2}	56.57		4/12
9	37	J'layah SPELLMAN COLLINS	SO	#2 Pima (Ariz.) CC	57.38		5/1
10	40	Ysanne PEART	SO	#1 New Mexico JC {4}	57.62		4/19

Women's 400 Meter Hurdles

1	2	Lovina EWUSI	SO	#7 Western Texas	59.86		3/22
2	3	Brianna BOYCE	SO	#7 Western Texas {2}	1:00.26c	(1:00.15A)	5/2
3	6	Nour RAHOU	FR	#3 South Plains (Te:	1:01.14c	(1:01.03A)	4/3
4	10	Ysanne PEART	SO	#1 New Mexico JC	1:02.92		4/19
5	18	Tyra CHRISTEAN.	FR	#2 Pima (Ariz.) CC	1:04.94		4/5
6	24	Hannah DROEG	FR	#2 Pima (Ariz.) CC {2}	1:06.06		4/5
7	27	Aliya SCHOCK	SO	#10 Bismarck State (1:07.50		4/6
8	37	Kate DARE	FR	#5 Mesa (Ariz.) CC	1:10.04		4/18
9	39	Dedra WOOD	FR	#10 Bismarck State ({2}	1:10.83		3/28
10	46	Milan KAUR	FR	#18 Phoenix (Ariz.)	1:18.01		4/12

Women's 800 Meters

1	3	Amal KACHOURI	FR	#1 New Mexico JC	2:07.84c	(2:08.21A)	4/3
2	4	Jody ANN MITCHELL	SO	#1 New Mexico JC {2}	2:08.22c	(2:08.60A)	4/3
3	5	Milicent WAFULA	FR	#9 Odessa (Texas)	2:09.53c	(2:09.91A)	4/3
4	8	Emily SILVA	SO	#1 New Mexico JC {3}	2:10.69c	(2:11.08A)	4/3
5	9	Lindsey LOPES	FR	#6 Salt Lake (Utah)	2:10.80		4/18
6	13	Avery JENSEN	SO	#6 Salt Lake (Utah) {2}	2:11.16		4/18
7	16	Kaydeen JOHNSON	FR	#9 Odessa (Texas) {2}	2:14.13c	(2:14.53A)	4/3
8	17	Grace KOMBETTO	SO	#4 Central Arizona	2:14.19		4/18
9	18	Tyfané MARTINS	SO	#1 New Mexico JC {4}	2:15.24c	(2:15.64A)	5/2
10	19	Francesca ALVARADO	SO	#1 New Mexico JC {5}	2:15.51c	(2:15.91A)	5/2

Women's 1500 Meters

1	1	Milicent WAFULA	FR	#9 Odessa (Texas)	4:23.63		3/29
2	6	Kaydeen JOHNSON	FR	#9 Odessa (Texas) {2}	4:31.96		3/29
3	7	Elizabeth ILANDA	FR	#9 Odessa (Texas) {3}	4:34.97c	(4:38.64A)	4/26
4	8	Elayna LOVERIDGE	SO	#6 Salt Lake (Utah)	4:35.72		4/18
5	9	Jody ANN MITCHELL	SO	#1 New Mexico JC	4:36.85		4/19
6	13	Lindsey LOPES	FR	#6 Salt Lake (Utah) {2}	4:38.04c	(5:06.30A)	5/2
7	14	Salma SADDUG	FR	#9 Odessa (Texas) {4}	4:38.58		3/22
8	15	Angelina LIONE	FR	#6 Salt Lake (Utah) {3}	4:38.63c	(5:07.10A)	3/28
9	16	Ines MRABET	FR	#1 New Mexico JC {2}	4:39.12c	(4:42.50A)	5/2
10	17	Angela Denisse SALADO FERNANDEZ	SO	#6 Salt Lake (Utah) {4}	4:40.92c	(5:09.63A)	3/28

Women's Steeplechase

1	1	Salma SADDUG	FR	#9 Odessa (Texas)	10:32.38		3/29
2	2	Barbara NEIVA	SO	#14 Trinidad State (C	10:41.54		4/18
3	4	Melanie ANDERSON	FR	#6 Salt Lake (Utah)	11:06.23		4/5
4	5	Carmella BALDWIN	SO	#5 Mesa (Ariz.) CC	11:12.16		4/5
5	6	Francesca ALVARADO	SO	#1 New Mexico JC	11:12.25		4/19
6	8	Marjie RICHARDS	FR	#6 Salt Lake (Utah) {2}	11:26.40		4/5
7	9	Kinley JACKSON	FR	#5 Mesa (Ariz.) CC {2}	11:29.99		4/18
8	10	Rozzlyn CAZIER	SO	#12 Southern Idaho	11:31.04		4/17
9	11	Alison GUAMAN TISALEMA	FR	#3 South Plains (Te:	11:31.35		4/12
10	12	Tabetha HENRIE	FR	#6 Salt Lake (Utah) {3}	11:35.20		4/5



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



West

as of 5/13/2025 7:30:02 AM ET

Women's 5000 Meters

1	1	Elizabeth ILANDA	FR	#9 Odessa (Texas)	16:27.59	3/29
2	2	Milicent WAFULA	FR	#9 Odessa (Texas) {2}	16:27.64	4/12
3	4	Angela Denisse SALADO FERNANDEZ	SO	#6 Salt Lake (Utah)	16:56.59	4/18
4	6	Melanie ANDERSON	FR	#6 Salt Lake (Utah) {2}	17:06.14	4/18
5	7	Angelina LIONE	FR	#6 Salt Lake (Utah) {3}	17:07.14	4/18
6	9	Keira DAMRON	SO	#8 Paradise Valley (17:23.93	4/18
7	10	Salma SADDUG	FR	#9 Odessa (Texas) {3}	17:27.02	4/12
8	11	Lindsie FAUSETT	SO	#6 Salt Lake (Utah) {4}	17:41.22	4/18
9	12	Ines MRABET	FR	#1 New Mexico JC	17:41.57 <i>c(17:56.19A)</i>	4/3
10	15	Lillian NEFF	SO	#12 Southern Idaho	17:44.92 <i>c(18:10.74A)</i>	5/2

Women's 10,000 Meters

1	2	Elizabeth ILANDA	FR	#9 Odessa (Texas)	35:32.01	4/12
2	3	Angela Denisse SALADO FERNANDEZ	SO	#6 Salt Lake (Utah)	35:35.80	4/5
3	4	Angelina LIONE	FR	#6 Salt Lake (Utah) {2}	36:08.76	4/5
4	5	Ines MRABET	FR	#1 New Mexico JC	36:31.05	3/29
5	6	Lindsie FAUSETT	SO	#6 Salt Lake (Utah) {3}	37:06.50	4/5
6	7	Lillian NEFF	SO	#12 Southern Idaho	37:15.74	4/17
7	8	Karen KIRATU	SO	#17 Southeast (Neb.)	37:19.89	4/12
8	10	Alix CRAWFORD	FR	#6 Salt Lake (Utah) {4}	37:31.84	4/5
9	13	Maddie PEARSON	FR	#6 Salt Lake (Utah) {5}	38:01.41	4/18
10	14	Joelle WHITWORTH	SO	#6 Salt Lake (Utah) {6}	38:11.99	4/5

Women's 4x100 Relay

1	5	Kyja Willis, Lovina Ewusi, Brianna Boyce, Charlize Fraser	#7 Western Texas	45.26	4/19
2	7	Maliah Edwards, Tuwana McLean, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	45.67	4/19
3	12	Ruth Agadama, Sydney Roquebrun, Nour Rahou, Oluwatumininu Sanyaolu	#3 South Plains (Te	46.70 <i>c(46.58A)</i>	4/26
4	14	Charity Rayford, Chasity Rayford, Ki'Sha Tyner, Tania Miles	#13 Ranger (Texas)	47.45	4/12
5	16	Kaylea Kealoha, Privilage Bower, Aisha Zaffino, Aliya Schock	#10 Bismarck State (47.80	4/27
6	20	Lailah Campbell, Aaliyah Perkins, Kaelyn Giarrusso, Oyindamola Adetutu	#11 Glendale (Ariz.) (48.27	5/1
7	21	Erin Mabry, Sara Jacobson, Natalia Brzezniak, Kate Dare	#5 Mesa (Ariz.) CC	48.49	5/1
8	22	Layla Konski, Hannah Droeg, Maylee Thompson, J'layah Spellman Collins	#2 Pima (Ariz.) CC	48.79	3/22
9	25	Aliyah Gidharry, Mickayla Gardener, Amiyanee Harris, Grace Kombetto	#4 Central Arizona	49.85	5/1



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



West

as of 5/13/2025 7:30:02 AM ET

Women's 4x400 Relay

1	3	Tuwana McLean, Ysanne Peart, Amari Pratt, Nandy Kihuyu	#1 New Mexico JC	3:39.92	4/12
2	4	Shagay Sheppy, Lovina Ewusi, Brieanna Boyce, Charlize Fraser	#7 Western Texas	3:41.27	3/29
3	9	Amiyanee Harris, Mickayla Gardener, Aliyah Gidharry, Grace Kombetto	#4 Central Arizona	3:47.54	5/1
4	14	Layla Konski, Hannah Droeg, Tyra Christean, J'Layah Spellman Collin	#2 Pima (Ariz.) CC	4:00.58	3/22
5	17	Sara Jacobson, Kendra Guest, Katie Munoz, Lucy Melzer	#5 Mesa (Ariz.) CC	4:05.45	5/1
6	19	Avery Jensen, Lindsey Lopes, Tara Bouck, Katie Reaveley	#6 Salt Lake (Utah)	4:07.01c (4:06.57A)	3/28
7	22	Brittany Danas, Alaila Jones, Bryanna Danas, Iyiana Wilhite	#16 Jacksonville (Te)	4:12.77	3/15
8	26	Lailah Campbell, Kaelyn Giarrusso, Aaliyah Perkins, Nicole Novara	#11 Glendale (Ariz.) C	4:18.11	4/12
9	28	Madelyn Girardo, Kennedy Kunz, Laurie Davidson, Isabella Beilke	#12 Southern Idaho	4:23.52c (4:23.08A)	4/26
10	29	Tania Miles, Alfrenique Knowles, Andrea Teruel, Emma Garcia	#13 Ranger (Texas)	4:26.31	3/15

Women's 4x800 Relay

1	1	Emily Silva, Jody Ann Mitchell, Tyfane Martins, Amal Kachouri	#1 New Mexico JC	8:50.12	3/29
2	5	Kendra Guest, Katie Munoz, Kinley Jackson, Lucy Melzer	#5 Mesa (Ariz.) CC	9:32.37	5/1
3	6	Linda Rivero, Ella Allred, Alyssa Perez, Reatta Danoff	#2 Pima (Ariz.) CC	9:40.36	5/1
4	13	Keira Damron, Olivia Coulston, Laynee Hollech, McKenna Martin	#8 Paradise Valley (10:13.01	5/1

Women's High Jump

1	1	Tiana PETROVA	FR	#1 New Mexico JC	1.68m	5-6	3/29
2	2	Isabel GREEN	SO	#2 Pima (Ariz.) CC	1.66m	5-5¼	5/1
3	6	Janiya ROSS	SO	#2 Pima (Ariz.) CC {2}	1.63m	5-4¼	4/18
3	6	Kaelyn GIARRUSSO	SO	#11 Glendale (Ariz.) C	1.63m	5-4¼	5/1
3	6	April NECAISE	SO	#2 Pima (Ariz.) CC {2}	1.63m	5-4¼	4/18
6	10	Abril OKON	SO	#3 South Plains (Te	1.62m	5-3¾	4/12
7	11	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC	1.60m	5-3	5/1
8	14	Aliyah GIDHARRY	SO	#4 Central Arizona	1.58m	5-2¼	5/1
9	16	Tyler WASHINGTON	SO	#2 Pima (Ariz.) CC {4}	1.57m	5-1¾	4/12
10	20	Natalia BRZEZNIAK	JR	#5 Mesa (Ariz.) CC {2}	1.54m	5-½	5/1

Women's Pole Vault

1	2	Morgan PEPE	SO	#2 Pima (Ariz.) CC	3.81m	12-6	4/18
2	3	Olga LAPUZOVA	FR	#3 South Plains (Te	3.65m	11-11¾	3/22
3	5	Madisyn WILLIAMS	FR	#5 Mesa (Ariz.) CC	3.61m	11-10	3/20
4	7	Mackenzie ANDERSON	FR	#8 Paradise Valley (3.46m	11-4¼	5/1
5	9	Giuliana SCHIESARO	SO	#3 South Plains (Te){2}	3.35m	10-11¾	2/7
6	11	Lauren ALLARD	SO	#11 Glendale (Ariz.) C	3.21m	10-6¼	4/18
7	13	Anna BROWN	FR	#5 Mesa (Ariz.) CC {2}	3.16m	10-4¼	3/20
7	13	Sara JACOBSON	SR	#5 Mesa (Ariz.) CC {2}	3.16m	10-4¼	5/1
7	13	Mikaila BARAN	FR	#8 Paradise Valley ({2}	3.16m	10-4¼	3/20
10	21	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC {2}	2.86m	9-4½	5/1

Women's Long Jump

1	2	Sydney ROQUEBRUN	SO	#3 South Plains (Te	6.03m	19-9½ (0.9)	4/25
2	6	Kavel RITCHIE	SO	#1 New Mexico JC	5.98m	19-7½ (1.4)	4/10
3	10	Juwonna WHITEHORNE	FR	#3 South Plains (Te){2}	5.64m	18-6 (1.3)	3/22
4	14	Aliyah GIDHARRY	SO	#4 Central Arizona	5.60m	18-4½ (0.0)	5/1
4	14	Maylee THOMPSON	SO	#2 Pima (Ariz.) CC	5.60m	18-4½ (2.0)	4/5
6	16	Sofia RODRIQUEZ	FR	#1 New Mexico JC {2}	5.59m	18-4¼ (-1.1)	5/2
7	18	Makayla WHITFIELD	FR	#10 Bismarck State (5.57m	18-3¼ (0.7)	4/6
7	18	Ruth AGADAMA	SO	#3 South Plains (Te){3}	5.57m	18-3¼ (0.2)	4/3
9	29	Alexia ANDERSON	SO	#10 Bismarck State {2}	5.47m	17-11½ (1.3)	4/19
10	30	Janita ANTIPINA	FR	#1 New Mexico JC {3}	5.46m	17-11 (0.8)	4/12

Women's Triple Jump

1	4	Sofia RODRIQUEZ	FR	#1 New Mexico JC	12.07m	39-7¼ (2.0)	4/12
2	5	Janita ANTIPINA	FR	#1 New Mexico JC {2}	12.02m	39-5¼ (-2.6)	4/10
3	8	Kavel RITCHIE	SO	#1 New Mexico JC {3}	11.81m	38-9 (-1.6)	5/2
4	14	Alexia ANDERSON	SO	#10 Bismarck State (11.40m	37-5 (0.7)	4/30
5	17	Oyindamola ADETUTU	SO	#11 Glendale (Ariz.) C	11.29m	37-½ (0.0)	5/1
6	19	Layla KONSKI	FR	#2 Pima (Ariz.) CC	11.16m	36-7½ (1.3)	3/22
7	29	April NECAISE	SO	#2 Pima (Ariz.) CC {2}	10.49m	34-5 (-0.1)	5/1
8	32	Tatiana WHITE	FR	#2 Pima (Ariz.) CC {3}	10.40m	34-1½ (0.2)	5/1
9	37	Julus YOUNG	FR	#2 Pima (Ariz.) CC {4}	9.76m	32-¼ (1.9)	4/18
10	38	Vinae BUFORD- STILLMAN	FR	#4 Central Arizona	9.67m	31-8¾ (0.3)	5/1



USTFCCA NJCAA Division I Outdoor Track & Field Regional TFRI Event Summary

WOMEN — 2025 Checkpoint #7, May 13



West

as of 5/13/2025 7:30:02 AM ET

Women's Shot Put

1	1	Esteisy SALAS	SO	#1	New Mexico JC	15.85m	52-0	3/29
2	2	Rejoice AGBEWODIE	SO	#4	Central Arizona	15.14m	49-8½	3/29
3	6	Kahllah BAILEY	FR	#3	South Plains (Te:)	13.50mA	44-3½	5/2
4	8	Yosiris CORDOBA	SO	#1	New Mexico JC {2}	13.27m	43-6½	4/12
5	9	Suerena ALEXANDER	FR	#3	South Plains (Te:)	13.24mA	43-5¼	2/7
6	11	Athilia PRYCE	FR	#1	New Mexico JC {3}	12.90m	42-4	3/22
7	15	Jamelia NICHOLAS	SO	#4	Central Arizona {2}	12.42m	40-9	5/1
8	19	Shyla-Mae CONSTABLE	FR	#4	Central Arizona {3}	11.96m	39-3	5/1
9	22	Sara JACOBSON	SR	#5	Mesa (Ariz.) CC	11.60m	38-¾	4/12
10	25	Carmen SPEAR	FR	#8	Paradise Valley (11.38m	37-4	5/1

Women's Discus

1	2	Rejoice AGBEWODIE	SO	#4	Central Arizona	51.94m	170-5	3/29
2	4	Yosiris CORDOBA	SO	#1	New Mexico JC	50.93mA	167-1	4/3
3	5	Athilia PRYCE	FR	#1	New Mexico JC {2}	47.80mA	156-10	5/2
4	9	Kahllah BAILEY	FR	#3	South Plains (Te:)	42.63mA	139-11	4/26
5	10	Jamelia NICHOLAS	SO	#4	Central Arizona {2}	42.17m	138-4	3/29
6	14	Seioriana GLASS	SO	#5	Mesa (Ariz.) CC	40.26m	132-1	3/20
7	23	Vanessa ESPARZA	SO	#1	New Mexico JC {3}	37.62mA	123-5	5/2
8	30	Tiffany NUNEZ	FR	#5	Mesa (Ariz.) CC {2}	35.20m	115-6	3/20
9	31	Joslyn EBY	FR	#17	Southeast (Neb.)	34.99m	114-10	5/9
10	36	Brinley LENSCH	FR	#8	Paradise Valley (34.05m	111-9	5/1

Women's Hammer

1	1	Tania DA SILVA	SO	#1	New Mexico JC	60.62m	198-11	3/29
2	2	Rejoice AGBEWODIE	SO	#4	Central Arizona	54.75m	179-8	5/1
3	3	Shyla-Mae CONSTABLE	FR	#4	Central Arizona {2}	53.13m	174-4	5/1
4	8	Seioriana GLASS	SO	#5	Mesa (Ariz.) CC	48.11m	157-10	3/22
5	9	Morgan MOSLEY	FR	#2	Pima (Ariz.) CC	46.84m	153-8	4/12
6	11	Esteisy SALAS	SO	#1	New Mexico JC {2}	45.28m	148-7	4/12
7	13	Athilia PRYCE	FR	#1	New Mexico JC {3}	45.08m	147-11	4/12
8	17	Carmen SPEAR	FR	#8	Paradise Valley (43.55m	142-11	5/1
9	32	Tiffany NUNEZ	FR	#5	Mesa (Ariz.) CC {2}	39.61m	130-0	3/20
10	36	Jamelia NICHOLAS	SO	#4	Central Arizona {3}	38.19m	125-4	4/18

Women's Javelin

1	1	Rejoice AGBEWODIE	SO	#4	Central Arizona	48.93m	160-7	5/1
2	2	Bruna VIEIRA DE JESUS	SO	#1	New Mexico JC	47.40mA	155-6	5/2
3	4	Jaeleigha ABALOS	FR	#8	Paradise Valley (45.96m	150-10	5/1
4	5	Suerena ALEXANDER	FR	#3	South Plains (Te:)	45.45mA	149-2	4/3
5	6	Aliyah GIDHARRY	SO	#4	Central Arizona {2}	44.00m	144-4	4/5
6	7	Brynn FULLER	FR	#10	Bismarck State (43.34m	142-2	4/27
7	8	Sara JACOBSON	SR	#5	Mesa (Ariz.) CC	43.20m	141-9	3/28
8	11	Hannah DROEG	FR	#2	Pima (Ariz.) CC	38.76m	127-2	5/1
9	13	Mya SHELDON	SO	#10	Bismarck State {2}	38.30m	125-8	4/30
10	14	Destiny THOMPSON	FR	#15	Dawson (Mont.)	36.95m	121-3	4/27

Women's Heptathlon

1	1	Aliyah GIDHARRY	SO	#4	Central Arizona	5,111	5/1
2	2	Sara JACOBSON	SR	#5	Mesa (Ariz.) CC	5,055	5/1
3	4	Abriel OKON	SO	#3	South Plains (Te:)	4,532	4/12
4	5	Hannah DROEG	FR	#2	Pima (Ariz.) CC	4,500	5/1
5	7	Maylee THOMPSON	SO	#2	Pima (Ariz.) CC {2}	4,230	3/28
6	9	Juwonna WHITEHORNE	FR	#3	South Plains (Te:)	4,013	4/12
7	12	Natalia BRZEZNIAK	JR	#5	Mesa (Ariz.) CC {2}	3,863	5/1
8	15	Layla KONSKI	FR	#2	Pima (Ariz.) CC {3}	3,829	5/1
9	18	Tyler WASHINGTON	SO	#2	Pima (Ariz.) CC {4}	3,485	5/1
10	19	Chloe HANCOCK	FR	#8	Paradise Valley (3,359	5/1