



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

1

DuPage (Ill.)

Region 4

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	1	Ellie LOGSDON	SO	12.53 (1.8)	3/28/25	D 2	3.85	5.85
100m	3	Klaudia SZTAFI	FR	12.81 (1.8)	4/5/25	26	2.45	28.45
100m	13	Molly MORRIS	SO	13.23w (2.4)	4/17/25	D 2	0.92	2.92
100m	15	Micah BATES	FR	13.32 (1.6)	4/12/25	#####	0.00	TM-4
100m	16	Victoria TARPEH	FR	13.38w (2.4)	4/17/25	#####	0.00	TM-5
100m	19	Fonida KHAMISSI	SO	13.46w (2.4)	4/17/25	#####	0.00	TM-6
100m	23	Chakhia JENKINS HICK	SO	13.68 (2.0)	4/12/25	#####	0.00	TM-7
100m	27	Allison BROWNE	FR	13.77 (-1.8)	3/28/25	#####	0.00	TM-8
100H	6	Olivia BRACH	SO	16.58 (1.7)	4/17/25	20	1.86	21.86
100H	11	Allison BROWNE	FR	18.08 (1.7)	4/17/25	D 2	1.32	3.32
100H	12	Delmarea WILLIS	SO	18.18 (0.3)	4/12/25	9	1.30	10.30
200m	1	Ellie LOGSDON	SO	26.10 (1.7)	4/5/25	D 2	3.71	5.71
200m	5	Klaudia SZTAFI	FR	26.87w (3.7)	4/17/25	22	2.01	24.01
200m	6	Molly MORRIS	SO	27.04 (1.0)	4/17/25	20	1.75	21.75
200m	10	Makena BROWN	FR	27.46 (0.5)	4/12/25	#####	0.00	TM-4
200m	12	Fonida KHAMISSI	SO	27.53 (1.0)	4/17/25	#####	0.00	TM-5
200m	13	Allison BROWNE	FR	27.59 (-1.2)	4/12/25	#####	0.00	TM-6
200m	19	Micah BATES	FR	28.16 (-1.2)	4/12/25	#####	0.00	TM-7
200m	20	Adriana VILLANOVA	FR	28.22 (0.5)	4/12/25	#####	0.00	TM-8
200m	24	Chakhia JENKINS HICK	SO	28.59w (3.5)	4/17/25	#####	0.00	TM-9
200m	25	Olivia BRACH	SO	28.71 (-1.0)	4/12/25	#####	0.00	TM-10
200m	29	Victoria TARPEH	FR	29.04 (-0.3)	3/28/25	#####	0.00	TM-11
400m	1	Ellie LOGSDON	SO	59.59	4/5/25	30	4.39	34.39
400m	4	Makena BROWN	FR	1:01.96	4/17/25	24	2.44	26.44
400m	5	Allison BROWNE	FR	1:02.74	4/12/25	22	2.00	24.00
400m	7	Molly MORRIS	SO	1:03.46	4/12/25	#####	0.00	TM-4
400m	14	Klaudia SZTAFI	FR	1:05.55	4/17/25	#####	0.00	TM-5
400m	17	Olivia BRACH	SO	1:06.03	4/17/25	#####	0.00	TM-6
400m	24	Chakhia JENKINS HICK	SO	1:08.10	4/17/25	#####	0.00	TM-7
400m	26	Micah BATES	FR	1:08.39	4/5/25	#####	0.00	TM-8
400m	31	Victoria TARPEH	FR	1:09.46	4/5/25	#####	0.00	TM-9
400m	40	Ana GARCIA	FR	1:14.31	4/5/25	#####	0.00	TM-10
400H	1	Ellie LOGSDON	SO	1:01.71	4/17/25	30	14.70	44.70
400H	3	Olivia BRACH	SO	1:09.78	4/12/25	26	2.94	28.94
400H	5	Allison BROWNE	FR	1:11.87	4/17/25	22	1.17	23.17
400H	9	Delmarea WILLIS	SO	1:14.58	4/12/25	#####	0.00	TM-4
800m	1	Carmen SOLIS	SO	2:21.88	4/5/25	30	4.27	34.27
800m	9	Maureen BLUEMLE	FR	2:40.50	4/12/25	D 2	1.22	3.22

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DuPage (Ill.)

Region 4

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
800m	15	Alison PASDIORA	FR	2:48.76	4/5/25	6	0.71	6.71
800m	29	Samantha BLANKENSHIP	FR	3:04.58	4/12/25	#####	0.00	TM-4
800m	30	Bianca NUNEZ	SO	3:04.66	4/17/25	#####	0.00	TM-5
1500m	2	Carmen SOLIS	SO	4:55.88	4/5/25	28	3.22	31.22
1500m	6	Maureen BLUEMLE	FR	5:26.21	4/17/25	D 2	1.64	3.64
1500m	18	Samantha BLANKENSHIP	FR	6:11.03	4/12/25	4	0.72	4.72
1500m	20	Alexandra ABOOD	SO	6:25.68	4/12/25	#####	0.00	TM-4
1500m	21	Bianca NUNEZ	SO	6:28.39	4/17/25	#####	0.00	TM-5
Steeple	3	Samantha BLANKENSHIP	FR	15:11.41	4/17/25	26	0.55	26.55
Steeple	4	Bianca NUNEZ	SO	15:21.15	4/12/25	24	0.00	24.00
5000m	2	Maureen BLUEMLE	FR	20:38.01	4/12/25	28	3.44	31.44
5000m	7	Alexandra ABOOD	SO	24:25.62	4/17/25	18	0.99	18.99
5000m	9	Adriana FIGUEROA	FR	26:16.19	4/12/25	14	0.11	14.11
10,000m	4	Alison PASDIORA	FR	48:23.54	4/17/25	24	2.60	26.60
10,000m	5	Maureen BLUEMLE	FR	48:23.96	4/17/25	22	2.59	24.59
10,000m	6	Bianca NUNEZ	SO	49:00.19	4/5/25	20	2.17	22.17
10,000m	8	Samantha BLANKENSHIP	FR	52:53.60	3/29/25	#####	0.00	TM-4
4x100	1	Molly Morris, Ellie Logsdon, Klaudia Sztafi, Victoria Tarpeh		50.00	4/12/25	30	5.03	35.03
4x400	1	Ellie Logsdon, Olivia Brach, Allison Browne, Molly Morris		4:20.85	4/5/25	30	5.93	35.93
HJ	1	Adriana VILLANOVA	FR	1.53m 5-¼	4/12/25	30	6.93	36.93
HJ	6	Ana GARCIA	FR	1.38m 4-6¼	4/12/25	20	0.70	20.70
LJ	7	Molly MORRIS	SO	4.83mw 15-10¼ (2.1)	3/28/25	18	1.14	19.14
LJ	10	Adriana VILLANOVA	FR	4.65m 15-3¼ (0.9)	4/17/25	12	0.00	12.00
LJ	12	Victoria TARPEH	FR	4.54m 14-10¾ (0.4)	3/28/25	9	0.00	9.00
LJ	17	Micah BATES	FR	4.17m 13-8¼ (1.5)	4/17/25	#####	0.00	TM-4
SP	14	Teegan ROACH	SO	9.24m 30-3¾	3/28/25	7	1.02	8.02
SP	20	Olivia WARMKE	FR	8.35m 27-4¾	3/28/25	D 2	0.35	2.35
DISC	10	Olivia WARMKE	FR	29.95m 98-3¼	4/17/25	12	1.42	13.42
DISC	11	Elizabeth CONNER	FR	28.45m 93-4¼	4/5/25	10	1.21	11.21
HT	6	Teegan ROACH	SO	35.24m 115-8	4/17/25	20	3.55	23.55
HT	7	Elizabeth CONNER	FR	31.44m 103-2	4/17/25	18	0.79	18.79
HT	13	Olivia WARMKE	FR	27.89m 91-6	4/17/25	8	0.00	8.00
JAV	14	Olivia WARMKE	FR	24.14m 79-2½	4/17/25	D 2	0.92	2.92
JAV	16	Makena BROWN	FR	23.76m 77-11½	4/12/25	5	0.87	5.87
JAV	24	Teegan ROACH	SO	18.13m 59-5¾	4/17/25	1	0.03	1.03
JAV	28	Micah BATES	FR	16.30m 53-5¾	4/17/25	#####	0.00	TM-4
JAV	37	Victoria TARPEH	FR	12.09m 39-8	4/17/25	#####	0.00	TM-5

National TFRI Team Summary



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WOMEN – 2025 Checkpoint #4, April 22

1

DuPage (Ill.)

Region 4

unch

LW: 1

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
DUPAGE (ILL.) TFRI Team Total								841.96

DUPAGE (ILL.) TFRI Team Total

841.96

2

Mineral Area (Mo.)

Region 16

unch

LW: 2

<i>Event</i>	NOR	<i>Athlete</i>	<i>Yr</i>	<i>Season Qual. Best</i>	<i>Date</i>	<i>Pl. Pts.</i>	<i>Bonus</i>	TOTAL
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Scored bests come from CURRENT qualifying season

► 100m	25	Felicity KESTER	SO	13.71	(-1.2)	4/12/25	0.95	0.19	1.14
► 100H	10	Kenleigh LANGE	SO	17.86	(0.6)	3/29/25	12	1.37	13.37
► 200m	15	Felicity KESTER	SO	27.64	(1.9)	4/12/25	6	0.88	6.88
► 400m	16	Felicity KESTER	SO	1:06.01		3/29/25	5	0.65	5.65
► 800m	5	Alyson SKILES	FR	2:31.63		3/22/25	D 2	2.33	4.33
► 800m	8	Dakotah MEDOWS	FR	2:39.05		4/12/25	16	1.39	17.39
► 1500m	4	Alyson SKILES	FR	5:17.81		3/22/25	24	1.96	25.96
► 5000m	1	Alyson SKILES	FR	20:22.02		3/28/25	30	3.79	33.79
► HJ	2	Brionna WILLIAMS	FR	1.50m	4-11	3/22/25	28	5.22	33.22
► HJ	3	Cassidy HERGET	SO	1.48m	4-10¼	3/29/25	26	4.07	30.07
► LJ	8	Kenleigh LANGE	SO	4.74m	15-6¾ (1.5)	3/22/25	16	0.39	16.39
► LJ	9	Brionna WILLIAMS	FR	4.72m	15-6 (1.1)	4/12/25	14	0.23	14.23
► SP	1	Nora HENRY	FR	11.62m	38-1½	3/22/25	30	4.75	34.75
► SP	4	Alexis WALKER	FR	10.10m	33-1¾	3/22/25	D 2	1.99	3.99
► SP	6	Harlie HINKLE	FR	9.80m	32-2	3/22/25	D 2	1.57	3.57
► SP	10	Addison BRENNEKE	FR	9.68m	31-9¼	3/29/25	#####	0.00	TM-4
► DISC	1	Addison BRENNEKE	FR	38.54m	126-6	3/29/25	30	3.72	33.72
► DISC	4	Harlie HINKLE	FR	32.81m	107-8	3/29/25	24	2.09	26.09
► DISC	22	Sara BONE	FR	21.68m	71-1½	3/22/25	2	0.27	2.27
► HT	2	Alexis WALKER	FR	37.52m	123-1	4/12/25	28	5.51	33.51
► HT	3	Harlie HINKLE	FR	37.36m	122-7	4/12/25	26	5.30	31.30
► HT	9	Addison BRENNEKE	FR	30.18m	99-¼	3/22/25	14	0.00	14.00
► HT	11	Nora HENRY	FR	28.83m	94-7	3/22/25	#####	0.00	TM-4
► JAV	1	Cassidy HERGET	SO	38.04m	124-10	3/22/25	30	4.84	34.84
► JAV	3	Alexis WALKER	FR	29.99m	98-4¾	3/29/25	26	2.12	28.12
► JAV	16	Nora HENRY	FR	23.76m	77-11½	3/29/25	5	0.87	5.87

MINERAL AREA (MO.) TFRI Team Total

454.44

3

Harper (Ill.)

Region 4

unch

LW: 3

Event	NOR	Athlete	Yr	Season Oual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	8	Perla VARGAS	SO	13.09	(1.3)	4/13/25	16	1.35	17.35
▶ 100m	10	Natalia POCICA	SO	13.15	(1.8)	4/5/25	D 2	1.16	3.16
▶ 100m	14	Zoe PAVLU	SO	13.31w	(2.7)	4/18/25	7	0.80	7.80
▶ 100H	2	Delaney GALE	SO	15.99	(1.3)	4/5/25	28	2.20	30.20
▶ 100H	9	Lucia SANCHEZ SCRIVEN	SO	17.28w	(3.5)	4/18/25	D 2	1.54	3.54
▶ 200m	3	Natalia POCICA	SO	26.48w	(2.5)	4/18/25	D 2	2.82	4.82
▶ 200m	9	Perla VARGAS	SO	27.40	(1.0)	3/29/25	14	1.22	15.22
▶ 200m	14	Zoe PAVLU	SO	27.63	(0.0)	4/13/25	7	0.88	7.88
▶ 200m	32	Lucia SANCHEZ SCRIVEN	SO	29.26w	(2.5)	4/18/25	#####	0.00	TM-4
▶ 400m	3	Natalia POCICA	SO	1:01.43		4/5/25	26	2.87	28.87
▶ 400m	12	Perla VARGAS	SO	1:05.46		4/5/25	D 2	0.79	2.79
▶ 400m	25	Delaney GALE	SO	1:08.11		4/18/25	0.95	0.15	1.10
▶ 400m	27	Ashley HARRISON	FR	1:08.49		4/18/25	#####	0.00	TM-4
▶ 400H	4	Delaney GALE	SO	1:10.67		3/29/25	24	1.92	25.92
▶ 400H	8	Lucia SANCHEZ SCRIVEN	SO	1:13.06		4/5/25	D 2	0.44	2.44
▶ 4x100	2	Delaney Gale, Perla Vargas, Zoe Pavlu, Natalia Pocica		50.87		4/13/25	28	4.20	32.20
▶ 4x400	2	Delaney Gale, Zoe Pavlu, Perla Vargas, Natalia Pocica		4:24.85		4/5/25	28	4.28	32.28
▶ PV	1	Lucia SANCHEZ SCRIVEN	SO	2.76m	9-½	3/29/25	30	4.91	34.91
▶ LJ	3	Lucia SANCHEZ SCRIVEN	SO	5.39m	17-8¼ (1.3)	3/29/25	26	6.16	32.16
▶ TJ	2	Natalia POCICA	SO	11.06m	36-3¼ (-1.8)	4/5/25	28	4.97	32.97
▶ TJ	3	Lucia SANCHEZ SCRIVEN	SO	10.38m	34-¾ (1.6)	3/29/25	D 2	2.38	4.38
▶ SP	8	Hannah SCHULZ	FR	9.69m	31-9½	4/18/25	D 2	1.42	3.42
▶ SP	12	Rose WAGNER	SO	9.52m	31-2¾	4/13/25	D 2	1.23	3.23
▶ DISC	5	Hannah SCHULZ	FR	31.80m	104-4	3/29/25	22	1.85	23.85
▶ DISC	8	Rose WAGNER	SO	30.28m	99-4¼	4/18/25	16	1.50	17.50
▶ HT	1	Hannah SCHULZ	FR	37.84m	124-2	3/29/25	30	5.94	35.94
▶ HT	5	Rose WAGNER	SO	35.95m	118-0	3/29/25	22	4.06	26.06
▶ JAV	15	Rose WAGNER	SO	23.92m	78-5¾	4/18/25	D 2	0.89	2.89
▶ JAV	23	Hannah SCHULZ	FR	19.61m	64-4	4/5/25	1.5	0.25	1.75
▶ JAV	25	Zoe PAVLU	SO	17.88m	58-8	4/5/25	0.95	0.00	0.95

HARPER (ILL.) TFRI Team Total

435.57

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

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D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

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RCSJ Gloucester (N.J.)

Region 19



1

LW: 5

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	21	Kaedeend HOLMES	FR	13.60 (1.4)	3/22/25	D 2	0.35	2.35
▶ 100m	27	Emily MURROW	SO	13.77w (2.5)	4/12/25	0.85	0.10	0.95
▶ 100m	45	Emma HARVERSON	SO	15.08 (0.5)	3/22/25	0.125	0.00	0.13
▶ 100m	47	Francesca MACCARONE	SO	15.14 (0.5)	3/22/25	#####	0.00	TM-4
▶ 200m	30	Emily MURROW	SO	29.07 (0.5)	4/19/25	0.7	0.00	0.70
▶ 200m	40	Emma HARVERSON	SO	30.74w (2.5)	4/12/25	0.25	0.00	0.25
▶ 200m	46	Francesca MACCARONE	SO	31.12 (0.3)	4/19/25	0.1	0.00	0.10
▶ 400m	6	Dallas WALKER	FR	1:02.87	4/19/25	20	1.93	21.93
▶ 400m	18	Kaedeend HOLMES	FR	1:06.19	3/8/25	D 2	0.61	2.61
▶ 400m	22	Emily MURROW	SO	1:07.83	3/29/25	2	0.22	2.22
▶ 400H	12	Dallas WALKER	FR	1:18.40	4/5/25	D 2	0.00	2.00
▶ 800m	3	Dallas WALKER	FR	2:29.27	4/19/25	26	2.74	28.74
▶ 800m	21	Courtney O'HARA	SO	2:56.85	4/12/25	D 2	0.27	2.27
▶ 800m	23	Grace WAHL	SO	2:59.86	4/19/25	1.5	0.12	1.62
▶ 800m	26	Emily MURROW	SO	3:02.24	4/12/25	#####	0.00	TM-4
▶ 800m	39	Georgia LORENZETTI	FR	3:25.44	4/12/25	#####	0.00	TM-5
▶ 1500m	17	Courtney O'HARA	SO	6:09.97	4/12/25	D 2	0.73	2.73
▶ 1500m	24	Georgia LORENZETTI	FR	6:59.67	4/5/25	1	0.05	1.05
▶ Steeple	2	Courtney O'HARA	SO	14:16.42	4/19/25	28	4.12	32.12
▶ 10,000m	2	Courtney O'HARA	SO	47:13.76	3/29/25	28	3.85	31.85
▶ 4x100	8	Emma Harverson, Kaedeend Holmes, Emily Murrow, Francesca Maccarone		56.90	3/8/25	16	0.22	16.22
▶ 4x400	4	Dallas Walker, Emily Murrow, Courtney O'Hara, Kaedeend Holmes		4:36.42	3/22/25	24	0.00	24.00
▶ HJ	5	Emma HARVERSON	SO	1.40m 4-7	3/8/25	22	1.30	23.30
▶ PV	4	Francesca MACCARONE	SO	2.15m 7-½	3/22/25	24	0.00	24.00
▶ LJ	11	Kaedeend HOLMES	FR	4.57m 15-0 (0.0)	3/22/25	10	0.00	10.00
▶ LJ	16	Emma HARVERSON	SO	4.32mw 14-2¼ (2.2)	4/5/25	5	0.00	5.00
▶ LJ	18	Emily MURROW	SO	4.04m 13-3¼ (0.0)	3/29/25	4	0.00	4.00
▶ TJ	6	Kaedeend HOLMES	FR	9.70m 31-10 (-0.7)	3/8/25	20	0.83	20.83
▶ SP	11	Sophia DUNNING	SO	9.64m 31-7½	4/19/25	D 2	1.35	3.35
▶ DISC	2	Sophia DUNNING	SO	37.36m 122-7	3/22/25	28	3.35	31.35
▶ DISC	20	Mya RAUCHUT	FR	21.76m 71-4¾	4/5/25	3	0.28	3.28
▶ DISC	23	Grace WAHL	SO	21.21m 69-7	3/22/25	1.5	0.20	1.70
▶ DISC	25	Francesca MACCARONE	SO	17.78m 58-4	3/22/25	#####	0.00	TM-4
▶ HT	4	Sophia DUNNING	SO	36.73m 120-6	4/19/25	24	4.62	28.62
▶ JAV	4	Sophia DUNNING	SO	29.77m 97-8	4/5/25	D 2	2.04	4.04

4

RCSJ Gloucester (N.J.)

Region 19



1

LW: 5

[illegible]

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown

D denotes multiple-event rule in affect

WOMEN – 2025 Checkpoint #4, April 22

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Hudson Valley (N.Y.) CC

Region 3



3

LW: 8

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	5	Inara BRADFORD	FR	12.89 (2.0)	4/18/25	22	2.07	24.07
► 100m	24	Emily WILSON	FR	13.70 (2.0)	4/18/25	1	0.20	1.20
► 200m	17	Taiwo OMOYA	SO	27.98w (2.5)	4/18/25	4.5	0.63	5.13
► 200m	28	Emily WILSON	FR	29.02 (0.1)	3/28/25	0.8	0.00	0.80
► 400m	23	Emily WILSON	FR	1:07.92	4/18/25	1.5	0.20	1.70
► 800m	12	Athena SEEBALD	FR	2:43.72	4/5/25	9	1.01	10.01
► 1500m	15	Athena SEEBALD	FR	5:55.85	4/12/25	D 2	0.96	2.96
► 1500m	25	Meghan COWLES	FR	7:01.98	3/28/25	0.95	0.02	0.97
► 5000m	8	Sophia FANTAUZZI	FR	26:15.08	4/12/25	16	0.12	16.12
► 10,000m	1	Athena SEEBALD	FR	46:59.10	4/19/25	30	4.12	34.12
► 10,000m	9	Sophia FANTAUZZI	FR	56:25.90	4/19/25	14	0.00	14.00
► 4x100	6	Emily Wilson, Taiwo Omoya, Alivia Cochran, Inara Bradford		55.19	4/18/25	20	0.90	20.90
► LJ	6	Inara BRADFORD	FR	4.88mw 16-¼ (2.3)	4/18/25	20	1.55	21.55
► LJ	13	Abigale DUNLAVEY	SO	4.42m 14-6 (0.0)	4/5/25	8	0.00	8.00
► TJ	7	Abigale DUNLAVEY	SO	9.40m 30-10¼ (1.4)	4/18/25	18	0.23	18.23
► SP	5	Alivia COCHRAN	FR	9.83m 32-3	3/28/25	22	1.61	23.61
► SP	12	Iamies HASSAN	SO	9.52m 31-2¾	3/28/25	9	1.23	10.23
► SP	17	Angelica SLINGERLAND	SO	8.54m 28-¼	4/18/25	D 2	0.49	2.49
► SP	18	Cali BUCHHOLZ	FR	8.44m 27-8¼	3/28/25	#####	0.00	TM-4
► SP	19	Lauren SCHROM	FR	8.38m 27-6	3/28/25	#####	0.00	TM-5
► SP	23	Zoe EVANS	FR	8.06m 26-5½	3/28/25	#####	0.00	TM-6
► SP	26	Meghan COWLES	FR	7.50m 24-7¼	4/5/25	#####	0.00	TM-7
► SP	31	Jessica SLINGERLAND	SO	6.95m 22-9¾	4/5/25	#####	0.00	TM-8
► DISC	13	Lauren SCHROM	FR	27.10m 88-11	3/28/25	8	1.03	9.03
► DISC	14	Angelica SLINGERLAND	SO	26.40m 86-7½	4/18/25	7	0.93	7.93
► DISC	15	Jessica SLINGERLAND	SO	25.78m 84-7	4/18/25	6	0.84	6.84
► DISC	18	Cali BUCHHOLZ	FR	24.45m 80-2¾	4/18/25	#####	0.00	TM-4
► DISC	21	Zoe EVANS	FR	21.72m 71-3¼	4/5/25	#####	0.00	TM-5
► DISC	24	Meghan COWLES	FR	19.97m 65-6¼	3/28/25	#####	0.00	TM-6
► HT	14	Angelica SLINGERLAND	SO	26.24m 86-1¼	4/18/25	D 2	0.00	2.00
► HT	15	Jessica SLINGERLAND	SO	25.94m 85-1¼	4/18/25	D 2	0.00	2.00
► HT	16	Cali BUCHHOLZ	FR	24.68m 80-11¾	4/18/25	5	0.00	5.00
► HT	17	Lauren SCHROM	FR	23.73m 77-10¼	4/5/25	#####	0.00	TM-4
► HT	18	Zoe EVANS	FR	22.72m 74-6½	4/5/25	#####	0.00	TM-5
► HT	19	Meghan COWLES	FR	18.90m 62-¼	4/5/25	#####	0.00	TM-6
► JAV	6	Meghan COWLES	FR	28.50m 93-6	4/18/25	20	1.72	21.72
► JAV	9	Jessica SLINGERLAND	SO	26.95m 88-5	3/28/25	14	1.34	15.34

5

Hudson Valley (N.Y.) CC

Region 3



3

LW: 8

[illegible]



USTFCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

6

Joliet (Ill.) JC

Region 4



2

LW: 4

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	6	Regan FURMANKIEWICZ	SO	12.94 (1.7)	3/29/25	20	1.83	21.83
100m	29	Hailey OSTROM	SO	13.78w (2.5)	4/5/25	0.75	0.08	0.83
100m	37	Kamsiyochuk ONWUSOWULU	FR	14.57w (2.2)	4/5/25	0.35	0.00	0.35
100m	39	Maura CECICH	FR	14.74 (1.2)	4/5/25	#####	0.00	TM-4
100m	43	Brooklyn STUCKEY	SO	15.04 (2.0)	4/5/25	#####	0.00	TM-5
100H	3	Hailey OSTROM	SO	16.12 (1.4)	3/29/25	26	2.11	28.11
100H	15	Maura CECICH	FR	19.53 (-0.6)	4/13/25	6	1.00	7.00
100H	16	Brooklyn STUCKEY	SO	19.92 (-0.6)	4/13/25	5	0.92	5.92
200m	2	Regan FURMANKIEWICZ	SO	26.31w (3.7)	4/17/25	28	3.21	31.21
200m	44	Kamsiyochuk ONWUSOWULU	FR	31.02 (-0.2)	4/13/25	0.15	0.00	0.15
400m	11	Regan FURMANKIEWICZ	SO	1:05.43	4/5/25	D 2	0.80	2.80
400m	19	Hailey OSTROM	SO	1:06.34	4/13/25	D 2	0.57	2.57
400m	44	Kamsiyochuk ONWUSOWULU	FR	1:15.55	3/29/25	0.15	0.00	0.15
400H	6	Hailey OSTROM	SO	1:12.30	4/17/25	D 2	0.90	2.90
400H	13	Maura CECICH	FR	1:19.19	3/29/25	8	0.00	8.00
400H	14	Vivienne FORTE	FR	1:23.05	4/13/25	D 2	0.00	2.00
800m	6	Vivienne FORTE	FR	2:35.95	4/17/25	20	1.77	21.77
800m	13	Gabby ZID	FR	2:45.34	4/17/25	8	0.91	8.91
800m	16	Maura CECICH	FR	2:49.31	4/13/25	D 2	0.68	2.68
800m	17	Allison BEHOUNEK	FR	2:50.63	4/13/25	#####	0.00	TM-4
1500m	8	Vivienne FORTE	FR	5:31.74	4/13/25	D 2	1.45	3.45
1500m	10	Gabby ZID	FR	5:36.47	4/13/25	12	1.31	13.31
1500m	13	Allison BEHOUNEK	FR	5:41.65	4/5/25	8	1.21	9.21
Steeple	1	Vivienne FORTE	FR	14:08.01	3/29/25	30	4.70	34.70
4x100	3	Hailey Ostrom, Regan Furmankiewicz, Maura Cecich, Brooklyn Stuckey		53.59	3/29/25	26	1.79	27.79
4x400	3	Vivienne Forte, Regan Furmankiewicz, Hailey Ostrom, Maura Cecich		4:33.10	4/5/25	26	1.04	27.04
HJ	4	Hailey OSTROM	SO	1.41m 4-7½	4/5/25	24	1.59	25.59
SP	30	Fallon HAMILTON	JR	7.00m 22-11¾	3/29/25	0.7	0.00	0.70
SP	34	Emanuella OKINE	FR	6.61m 21-8¼	3/29/25	0.5	0.00	0.50
JAV	18	Fallon HAMILTON	JR	23.65m 77-7¼	4/17/25	4	0.85	4.85
JAV	26	Brooklyn STUCKEY	SO	17.75m 58-3	4/17/25	0.9	0.00	0.90
JAV	34	Hailey OSTROM	SO	13.62m 44-8¼	3/29/25	0.5	0.00	0.50

JOLIET (ILL.) JC TFRI Team Total 295.73

7

Suffolk County (N.Y.) CC

Region 15



1

LW: 6

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
100m	11	Chloe YOUNG	FR	13.21 (0.0)	4/19/25	D 2	0.97	2.97
100m	32	Jayla BROWN	FR	14.31 (1.4)	3/29/25	0.6	0.00	0.60
100m	44	Jessica SKIDMORE	FR	15.07 (0.1)	4/12/25	0.15	0.00	0.15
100H	4	Chloe YOUNG	FR	16.20 (0.1)	4/19/25	24	2.05	26.05
100H	5	Jayla BROWN	FR	16.21 (0.1)	4/19/25	22	2.05	24.05
200m	34	Jayla BROWN	FR	29.53 (-0.3)	4/19/25	0.5	0.00	0.50
400m	43	Kate SALDANA	FR	1:15.30	4/19/25	0.175	0.00	0.18
400H	15	Jayla BROWN	FR	1:25.77	4/19/25	6	0.00	6.00
800m	18	Aine MCELHINNEY	SO	2:52.34	4/19/25	D 2	0.51	2.51
1500m	12	Aine MCELHINNEY	SO	5:41.48	4/19/25	D 2	1.21	3.21
1500m	22	Kate SALDANA	FR	6:37.68	3/29/25	2	0.33	2.33
5000m	5	Aine MCELHINNEY	SO	21:53.36	4/19/25	22	2.45	24.45
10,000m	3	Aine MCELHINNEY	SO	48:07.20	3/29/25	26	2.89	28.89
4x100	7	#Type!		55.50	4/19/25	18	0.77	18.77
LJ	2	Chloe YOUNG	FR	5.40m 17-8¾ (1.1)	4/11/25	28	6.31	34.31
LJ	13	Jessica SKIDMORE	FR	4.42m 14-6 (-2.1)	3/29/25	8	0.00	8.00
SP	3	Madison GRANT	SO	10.55m 34-7½	4/19/25	26	2.67	28.67
DISC	7	Madison GRANT	SO	30.86m 101-3	4/19/25	D 2	1.63	3.63
HT	8	Madison GRANT	SO	30.65m 100-7	4/12/25	D 2	0.22	2.22
JAV	5	Madison GRANT	SO	29.33m 96-2¾	4/19/25	22	1.93	23.93

SUFFOLK COUNTY (N.Y.) CC TFRI Team Total 241.43



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

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WOMEN — 2025 Checkpoint #4, April 22

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SUNY Broome CC

Region 3



5

LW: 13

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	2	Khala GRAY-MATTO	FR	12.67w (3.1)	4/19/25	28	3.15	31.15
▶ 100m	38	Riley PRECOURT	SO	14.69w (3.4)	4/19/25	0.3	0.00	0.30
▶ 100H	13	Ava SCHIFF	SO	18.55 (1.5)	4/12/25	D	2	3.21
▶ 200m	39	Ava SCHIFF	SO	30.52 (1.8)	4/19/25	0.275	0.00	0.28
▶ 200m	41	Riley PRECOURT	SO	30.90 (1.2)	4/19/25	0.225	0.00	0.23
▶ 400m	41	Riley PRECOURT	SO	1:14.34	4/12/25	0.225	0.00	0.23
▶ 800m	33	Ava SCHIFF	SO	3:12.16	4/19/25	0.55	0.00	0.55
▶ HJ	11	Ava SCHIFF	SO	1.17m 3-10	4/19/25	D	2	2.00
▶ LJ	1	Khala GRAY-MATTO	FR	5.47m 17-11½ (0.8)	4/4/25	30	7.40	37.40
▶ LJ	5	Carly HEIN	SO	4.96mw 16-3¼ (2.2)	4/11/25	2	2.21	24.21
▶ LJ	18	Ava SCHIFF	SO	4.04m 13-3¼ (0.3)	4/6/25	D	2	2.00
▶ LJ	20	Riley PRECOURT	SO	3.94mw 12-11¼ (2.7)	4/12/25	#####	0.00	TM-4
▶ LJ	22	Amber NEUMUTH	SO	2.85m 9-4¼ (0.4)	4/6/25	#####	0.00	TM-5
▶ TJ	4	Carly HEIN	SO	9.97m 32-8½ (1.3)	4/12/25	24	1.37	25.37
▶ TJ	5	Ava SCHIFF	SO	9.90m 32-5¾ (1.7)	4/12/25	22	1.23	23.23
▶ SP	15	Gabriella VAZQUEZ	FR	8.79m 28-10¼	4/19/25	6	0.68	6.68
▶ SP	21	Ava SCHIFF	SO	8.27m 27-1¾	4/12/25	D	2	2.29
▶ SP	32	Hannah SANFORD	FR	6.84m 22-5¼	4/19/25	0.6	0.00	0.60
▶ SP	37	Chayse MCRAE	FR	4.72m 15-6	4/12/25	#####	0.00	TM-4
▶ DISC	12	Gabriella VAZQUEZ	FR	27.18m 89-2¼	4/6/25	9	1.04	10.04
▶ DISC	16	Hannah SANFORD	FR	25.40m 83-4	4/6/25	5	0.79	5.79
▶ JAV	11	Khala GRAY-MATTO	FR	25.98m 85-3	4/19/25	D	2	3.20
▶ JAV	30	Ava SCHIFF	SO	15.76m 51-8½	4/19/25	0.7	0.00	0.70
▶ HEPT	1	Ava SCHIFF	SO	2,264	4/19/25	30	0.00	30.00
SUNY BROOME CC TFRI Team Total								209.43

9

Queensborough (N.Y.) CC

Region 15



2

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	11	Cristina COLLIER	FR	13.21w (2.3)	3/29/25	10	0.97	10.97
▶ 100m	30	Chelsea RATCLIFF	FR	14.10 (1.6)	3/29/25	0.7	0.00	0.70
▶ 100m	48	Kiara JIMANEZ-DIAZ	FR	15.16 (1.8)	4/11/25	0.05	0.00	0.05
▶ 100H	14	Medina SCRIBNER	SO	18.68w (2.1)	4/11/25	7	1.18	8.18
▶ 100H	18	Nasira SHORT	FR	20.79w (2.1)	4/11/25	4	0.76	4.76
▶ 100H	21	Isabel TORRES	SO	21.71 (1.1)	4/11/25	2.5	0.60	3.10
▶ 100H	23	Beverly BLAKE	FR	24.00w (2.5)	3/29/25	#####	0.00	TM-4
▶ 100H	24	Sanae ABDULLA	FR	25.79w (2.5)	3/29/25	#####	0.00	TM-5
▶ 200m	7	Cristina COLLIER	FR	27.29 (1.3)	3/29/25	18	1.38	19.38
▶ 200m	27	Chelsea RATCLIFF	FR	28.83 (1.0)	3/29/25	0.85	0.03	0.88
▶ 200m	35	Kayla HERNANDEZ	SO	29.94 (-0.5)	3/29/25	0.45	0.00	0.45
▶ 400m	21	Cristina COLLIER	FR	1:07.73	4/11/25	D	2	2.24
▶ 400m	30	Kayla HERNANDEZ	SO	1:09.43	4/5/25	0.7	0.00	0.70
▶ 400m	33	Medina SCRIBNER	SO	1:09.75	4/11/25	0.55	0.00	0.55
▶ 400m	37	Beverly BLAKE	FR	1:12.72	4/5/25	#####	0.00	TM-4
▶ 400m	39	Nasira SHORT	FR	1:13.48	3/29/25	#####	0.00	TM-5
▶ 400m	45	Chelsea RATCLIFF	FR	1:15.60	4/11/25	#####	0.00	TM-6
▶ 400H	7	Medina SCRIBNER	SO	1:12.79	3/29/25	18	0.60	18.60
▶ 400H	16	Beverly BLAKE	FR	1:30.26	3/29/25	5	0.00	5.00
▶ 800m	24	Kayla HERNANDEZ	SO	3:00.44	4/11/25	1	0.09	1.09
▶ 800m	27	Samantha MATERO	FR	3:02.85	4/11/25	0.85	0.00	0.85
▶ 800m	35	Chelsea RATCLIFF	FR	3:13.16	4/5/25	0.45	0.00	0.45
▶ 800m	37	Isabel TORRES	SO	3:15.99	3/29/25	#####	0.00	TM-4
▶ 800m	41	Nasira SHORT	FR	3:54.48	4/11/25	#####	0.00	TM-5
▶ 1500m	19	Samantha MATERO	FR	6:23.00	4/11/25	3.5	0.54	4.04
▶ 4x100	4	Cristina Collier, Medina Scribner, Sanae Abdulla, Kayla Hernandez		54.71	3/29/25	24	1.09	25.09
▶ 4x400	6	Kayla Hernandez, Medina Scribner, Chelsea Ratcliff, Beverly Blake		4:39.46	3/29/25	20	0.00	20.00
▶ HJ	7	Nasira SHORT	FR	1.37m 4-6	4/11/25	18	0.41	18.41
▶ HJ	9	Isabel TORRES	SO	1.22m 4-0	4/11/25	14	0.00	14.00
▶ LJ	21	Nasira SHORT	FR	3.89m 12-9¼ (0.7)	4/11/25	D	2	2.00
▶ SP	25	Isabel TORRES	SO	7.90m 25-11	4/5/25	0.95	0.01	0.96
▶ SP	27	Kiara JIMANEZ-DIAZ	FR	7.42m 24-4¼	3/29/25	0.85	0.00	0.85
▶ SP	28	Nasira SHORT	FR	7.35m 24-1½	3/29/25	0.8	0.00	0.80
▶ JAV	20	Nasira SHORT	FR	20.56m 67-5½	3/29/25	D	2	2.39
▶ JAV	22	Isabel TORRES	SO	19.97m 65-6¼	3/29/25	2	0.30	2.30

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

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WOMEN – 2025 Checkpoint #4, April 22

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Queensborough (N.Y.) CC

Region 15



2

LW: 7

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
QUEENSBOROUGH (N. Y.) CC TFRI Team Total								168.80

10

Thaddeus Stevens (Pa.)

Region 19



1

LW: 9

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 400m	9	Tylyiah DIAZ-CRUZ	FR	1:04.45	4/12/25	D	2	1.13	3.13	
▶ 800m	4	Tylyiah DIAZ-CRUZ	FR	2:31.42	4/5/25	D	2	2.36	4.36	
▶ 1500m	3	Tylyiah DIAZ-CRUZ	FR	5:15.19	3/29/25		26	2.10	28.10	
▶ 5000m	3	Tylyiah DIAZ-CRUZ	FR	20:39.30	4/19/25		26	3.41	29.41	
▶ SP	7	Kathryn MCCROSSON	FR	9.79m	32-1½	3/29/25	18	1.56	19.56	
▶ DISC	3	Kathryn MCCROSSON	FR	35.09m	115-2	4/19/25	26	2.64	28.64	
▶ HT	10	Kathryn MCCROSSON	FR	29.96m	98-3½	4/19/25	D	2	0.00	2.00
▶ JAV	2	Madelyn LEMLEY	FR	30.33m	99-6¼	3/29/25	28	2.23	30.23	
▶ JAV	7	Kathryn MCCROSSON	FR	27.61m	90-7	4/19/25	D	2	1.50	3.50
▶ JAV	8	Sierra SNIDER	FR	27.28m	89-6	3/29/25	16	1.42	17.42	

THADDEUS STEVENS (PA.) TFR/ Team Total 166.35

11

Bergen (N.J.) CC

Region 19



1

LW: 10

<i>Event</i>	<i>NOR</i>	<i>Athlete</i>	<i>Yr</i>	<i>Season Ougl. Best</i>	<i>Date</i>	<i>Pl. Pts.</i>	<i>Bonus</i>	TOTAL
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Scored bests come from CURRENT qualifying season

▶ 100m	49	Oliver - Samantha ARANGO	FR	15.28w	(2.2)	4/4/25	0.025	0.00	0.03
▶ 200m	45	Angela KORCA	FR	31.04w	(2.9)	3/29/25	0.125	0.00	0.13
▶ 200m	47	Alyssa RIOS	FR	31.21	(1.7)	4/4/25	0.075	0.00	0.08
▶ 400m	29	Vivian O'LOUGHLIN	SO	1:09.32		4/4/25	0.75	0.00	0.75
▶ 400m	34	Angela KORCA	FR	1:10.37		4/4/25	0.5	0.00	0.50
▶ 400m	36	Jacqueline CARABALLO	FR	1:11.63		4/4/25	0.4	0.00	0.40
▶ 400m	42	Alyssa RIOS	FR	1:14.83		4/4/25	#####	0.00	TM-4
▶ 800m	10	Vivian O'LOUGHLIN	SO	2:40.55		3/29/25	D 2	1.21	3.21
▶ 1500m	5	Vivian O'LOUGHLIN	SO	5:23.04		4/4/25	22	1.76	23.76
▶ 5000m	4	Vivian O'LOUGHLIN	SO	20:43.21		3/29/25	24	3.33	27.33
▶ 5000m	10	Callia UGAS-MOY	FR	28:07.09		3/29/25	12	0.00	12.00
▶ HJ	7	Anastasia HEIDEN	FR	1.37m	4-6	3/22/25	18	0.41	18.41
▶ SP	8	Hannah OTTERSTEDT	SO	9.69m	31-9½	4/4/25	16	1.42	17.42
▶ SP	24	Ava DEBAAR	FR	7.97m	26-1¾	4/4/25	1	0.06	1.06
▶ SP	36	Anastasia HEIDEN	FR	5.88m	19-3½	3/29/25	0.4	0.00	0.40
▶ DISC	6	Hannah OTTERSTEDT	SO	31.57m	103-7	4/4/25	20	1.80	21.80
▶ DISC	19	Anastasia HEIDEN	FR	21.88m	71-9½	4/4/25	3.5	0.30	3.80
▶ JAV	10	Oliver - Samantha ARANGO	FR	26.36m	86-5¾	3/29/25	12	1.25	13.25
▶ JAV	13	Hannah OTTERSTEDT	SO	25.58m	83-11¼	4/4/25	D 2	1.14	3.14
▶ JAV	21	Anastasia HEIDEN	FR	20.20m	66-3¼	4/4/25	D 2	0.34	2.34
▶ JAV	29	Jacqueline CARABALLO	FR	15.98m	52-5¼	4/4/25	#####	0.00	TM-4
▶ JAV	35	Jahvenne JOSEPH	FR	13.15m	43-1¾	4/4/25	#####	0.00	TM-5

BERGEN (N.J.) CC TFRI Team Total	149.78
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National TFRI Team Summary



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WOMEN — 2025 Checkpoint #4, April 22

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Triton (Ill.)



1

LW: 11

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	22	Joaliz RODRIGUEZ	FR	13.64 (1.7)	4/5/25	2	0.29	2.29
► 100H	1	Ava CONNERTY	SO	15.56 (1.5)	4/5/25	30	2.51	32.51
► 200m	21	Joaliz RODRIGUEZ	FR	28.26 (1.8)	4/5/25	2.5	0.43	2.93
► 200m	22	Ava CONNERTY	SO	28.38w (3.2)	3/29/25	2	0.34	2.34
► 200m	37	Kinga ANTOLAK	FR	30.36w (2.5)	4/5/25	0.35	0.00	0.35
► 400m	8	Joaliz RODRIGUEZ	FR	1:04.13	3/29/25	16	1.29	17.29
► 400m	13	Kinga ANTOLAK	FR	1:05.47	4/12/25	8	0.79	8.79
► 400m	28	Sandra SALDIERNA	FR	1:08.80	4/12/25	0.8	0.00	0.80
► 400H	10	Ava CONNERTY	SO	1:15.11	4/5/25	12	0.00	12.00
► 800m	11	Sandra SALDIERNA	FR	2:40.61	4/5/25	10	1.20	11.20
► 800m	31	Beatriz RUIZ	SO	3:06.62	3/29/25	0.65	0.00	0.65
► 1500m	9	Sandra SALDIERNA	FR	5:35.50	4/5/25	14	1.32	15.32
► 1500m	11	Alexandra SVORA	SO	5:40.69	3/29/25	10	1.23	11.23
► 4x400	5	Kinga Antolak, Alexandra Svora, Joaliz Rodriguez, Sandra Saldierna		4:38.15	3/29/25	22	0.00	22.00
TRITON (ILL.) TFRI Team Total								139.70

13

FIT (N.Y.)



1

LW: 12

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	8	Taiwo ADEKUNLE	FR	13.09w (3.7)	3/29/25	16	1.35	17.35
▶ 100m	41	Elysia WASHINGTON	FR	14.88w (2.1)	3/29/25	0.225	0.00	0.23
▶ 100m	46	Angela MOSKVICH	FR	15.09w (3.7)	3/29/25	0.1	0.00	0.10
▶ 100m	50	Emma ANDERSON	FR	15.66w (3.7)	3/29/25	#####	0.00	TM-4
▶ 100H	17	Angela MOSKVICH	FR	19.99 (0.3)	4/12/25	4.5	0.91	5.41
▶ 100H	22	Emma ANDERSON	FR	23.80 (1.1)	3/29/25	2	0.28	2.28
▶ 200m	26	Taiwo ADEKUNLE	FR	28.80w (3.0)	3/29/25	0.9	0.05	0.95
▶ 400m	47	Gabriela MEDRANO	FR	1:19.96	4/5/25	0.075	0.00	0.08
▶ 800m	2	Kimiko QUAYLE	JR	2:27.31	3/29/25	28	3.13	31.13
▶ 800m	14	Elise HARC SAR	FR	2:48.66	3/29/25	7	0.72	7.72
▶ 800m	22	Sofia ZAMPELLA	FR	2:57.88	3/29/25	2	0.22	2.22
▶ 1500m	1	Kimiko QUAYLE	JR	4:47.23	3/29/25	30	3.77	33.77
▶ 1500m	7	Elise HARC SAR	FR	5:28.86	3/29/25	18	1.55	19.55
▶ 1500m	14	Sofia ZAMPELLA	FR	5:46.34	3/29/25	7	1.13	8.13
▶ SP	22	Taiwo ADEKUNLE	FR	8.14m 26-8½	3/29/25	2	0.19	2.19
▶ SP	29	Elysia WASHINGTON	FR	7.12m 23-4½	3/29/25	0.75	0.00	0.75
FIT (N.Y.) TFR1 Team Total								131.84

14

Finger Lakes (N.Y.) CC

unch

LW: 14

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	20	Jadah MCCARTHY	FR	13.50w (3.3)	4/5/25	3	0.50	3.50
▶ 100H	7	Madisyn EVERDYKE	FR	17.03 (0.1)	4/19/25	18	1.65	19.65
▶ 200m	23	Jadah MCCARTHY	FR	28.41 (1.4)	4/13/25	1.5	0.32	1.82
▶ 400H	11	Madisyn EVERDYKE	FR	1:16.33	4/5/25	10	0.00	10.00
▶ 800m	32	Kayla DUNSTAN	FR	3:09.65	4/5/25	0.6	0.00	0.60
▶ 800m	40	Alana BEDELL	FR	3:27.88	4/13/25	0.25	0.00	0.25
▶ 1500m	23	Alana BEDELL	FR	6:58.38	4/19/25	1.5	0.07	1.57
▶ 5000m	6	Kayla DUNSTAN	FR	24:13.03	4/13/25	20	1.10	21.10
▶ 10,000m	7	Kayla DUNSTAN	FR	52:47.17	4/19/25	18	0.29	18.29
▶ PV	2	Grace HOLMES	SO	2.60m 8-6¼	4/5/25	28	2.16	30.16
FINGER LAKES (N.Y.) CC TFRI Team Total								106.94



USTFCCCA NJCAA Division III Outdoor Track & Field

National TFRI Team Summary



as of 4/22/25 12:01 AM ET

Only those who score >0.01 pts are shown
D denotes multiple-event rule in affect

WOMEN — 2025 Checkpoint #4, April 22

15

Mohawk Valley (N.Y.) CC

Region 3



5

LW: 20

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	35	Philymena DIKAR	FR	14.54w (3.4)	4/19/25	0.45	0.00	0.45
▶ 100H	19	Sydney HIGHT	SO	21.05w (2.2)	4/19/25	D 2	0.71	2.71
▶ 200m	49	Philymena DIKAR	FR	31.42 (1.2)	4/19/25	0.025	0.00	0.03
▶ 800m	20	Alycia MCKOY	FR	2:56.66	4/19/25	3	0.28	3.28
▶ 800m	36	Sydney HIGHT	SO	3:13.96	4/19/25	0.4	0.00	0.40
▶ 800m	38	Jasmine CONNOR	FR	3:19.57	4/6/25	0.3	0.00	0.30
▶ 10,000m	10	Jasmine CONNOR	FR	57:22.66	4/19/25	12	0.00	12.00
▶ HJ	10	Sydney HIGHT	SO	1.20m 3-11¼	4/19/25	12	0.00	12.00
▶ PV	3	Ava WHITE	FR	2.50m 8-2½	4/19/25	26	0.43	26.43
▶ SP	16	Hannah GWOZDZ	FR	8.61m 28-3	4/12/25	5	0.54	5.54
▶ SP	35	Sydney HIGHT	SO	6.25m 20-6¼	4/19/25	0.45	0.00	0.45
▶ DISC	17	Hannah GWOZDZ	FR	24.71m 81-1	4/19/25	4.5	0.69	5.19
▶ HT	20	Hannah GWOZDZ	FR	18.25m 59-10½	4/19/25	D 2	0.00	2.00
▶ JAV	36	Sydney HIGHT	SO	12.42m 40-9	4/19/25	0.4	0.00	0.40
▶ HEPT	2	Sydney HIGHT	SO	1,825	4/19/25	28	0.00	28.00

MOHAWK VALLEY (N.Y.) CC TFRI Team Total 99.19

16

Northern Essex (Mass.) CC

Region 21



1

LW: 15

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100H	20	Janelis UVIEDO	FR	21.63 (1.8)	4/19/25	3	0.61	3.61
▶ 200m	38	Janelis UVIEDO	FR	30.44 (0.1)	4/14/25	0.3	0.00	0.30
▶ 400m	49	Estephany LIZARDO	FR	1:21.89	4/5/25	0.025	0.00	0.03
▶ 400m	50	Juliet SELLERS	FR	1:21.90	4/19/25	0.01	0.00	0.01
▶ Steeple	5	Estephany LIZARDO	FR	18:50.03	4/19/25	22	0.00	22.00
▶ TJ	8	Janelis UVIEDO	FR	9.38m 30-9¼ (1.8)	4/19/25	16	0.19	16.19
▶ SP	2	Maci ABBATESSA	FR	10.85m 35-7¼	4/19/25	28	3.25	31.25
▶ DISC	9	Maci ABBATESSA	FR	30.22m 99-1¾	4/5/25	14	1.48	15.48
▶ HT	12	Maci ABBATESSA	FR	28.66m 94-½	4/19/25	D 2	0.00	2.00

NORTHERN ESSEX (MASS.) CC TFRI Team Total 90.87

17

Onondaga (N.Y.) CC

Region 3



2

LW: 19

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	7	Hannah WAGNER	FR	13.06 (0.9)	4/19/25	18	1.44	19.44
▶ 100m	42	Tracey STEWART	FR	15.02w (3.4)	4/19/25	0.2	0.00	0.20
▶ 100H	8	Hannah WAGNER	FR	17.20w (3.9)	4/19/25	D 2	1.57	3.57
▶ 200m	8	Hannah WAGNER	FR	27.35 (-1.8)	4/6/25	D 2	1.29	3.29
▶ 200m	48	Tracey STEWART	FR	31.32 (1.2)	4/19/25	0.05	0.00	0.05
▶ 400m	15	Hannah WAGNER	FR	1:05.77	3/30/25	D 2	0.71	2.71
▶ 400H	2	Hannah WAGNER	FR	1:06.54	4/19/25	28	7.32	35.32
▶ 800m	25	Kaitlyn FICO	SO	3:01.62	4/6/25	0.95	0.03	0.98
▶ 1500m	16	Kaitlyn FICO	SO	6:07.33	4/6/25	5	0.77	5.77

ONONDAGA (N.Y.) CC TFRI Team Total 71.35

18

Delaware County (Pa.) CC

Region 19



1

LW: 17

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	17	Fatumata KABA	FR	13.40 (0.7)	4/19/25	D 2	0.66	2.66
▶ 100m	40	Shannalecia EDWARDS	FR	14.75 (1.2)	4/19/25	0.25	0.00	0.25
▶ 200m	35	Fatumata KABA	FR	29.94 (-2.3)	4/5/25	0.45	0.00	0.45
▶ 200m	43	Shannalecia EDWARDS	FR	30.98w (3.8)	4/19/25	0.175	0.00	0.18
▶ LJ	4	Fatumata KABA	FR	5.25m 17-2¾ (1.3)	4/4/25	24	4.61	28.61
▶ TJ	1	Fatumata KABA	FR	11.25m 36-11 (0.0)	3/29/25	30	5.69	35.69
▶ JAV	31	Natalie TORRES	FR	15.03m 49-3¾	4/19/25	0.65	0.00	0.65

DELAWARE COUNTY (PA.) CC TFRI Team Total 68.48

WOMEN — 2025 Checkpoint #4, April 22

19 Herkimer County (N.Y.) CC Region 3

3
LW: 16

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	4	Kimora BROWN	FR	12.86w (3.1)	4/19/25	24	2.21	26.2
▶ 100m	35	Eleyna RIVAS	SO	14.54 (1.1)	4/6/25	0.45	0.00	0.45
▶ 200m	11	Kimora BROWN	FR	27.47w (2.6)	4/12/25	10	1.11	11.11
▶ 200m	31	Eleyna RIVAS	SO	29.11 (0.2)	4/19/25	0.65	0.00	0.65
▶ 200m	42	Haley CORNINE	FR	30.97 (0.2)	4/19/25	0.2	0.00	0.20
▶ 400m	20	Eleyna RIVAS	SO	1:07.22	4/19/25	3	0.36	3.36
▶ 400m	35	Haley CORNINE	FR	1:10.89	4/19/25	0.45	0.00	0.45
▶ 800m	28	Eleyna RIVAS	SO	3:03.49	4/6/25	0.8	0.00	0.80
▶ 4x100	5	Haley Cornine, Siera Jacques, Eleyna Rivas, Kimora Brown		54.94	4/6/25	22	1.00	23.00
▶ JAV	27	Kathleen MISENO-BOWLES	SO	17.45m 57-3	4/12/25	0.85	0.00	0.85
HERKIMER COUNTY (N.Y.) CC TFRI Team Total								67.09

20 Camden County (N.J.) Region 19

2
LW: 18

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl.	Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season									
► 200m	4	Elexis SWEN	FR	26.78 (0.5)	4/12/25	24	2.15		26.15
► 400m	2	Elexis SWEN	FR	1:00.67	4/4/25	28	3.49		31.49
► 800m	7	Elexis SWEN	FR	2:36.14	3/29/25	D 2	1.75		3.75
► SP	33	Abigail SORIANO	SO	6.65m 21-10	4/12/25	0.55	0.00		0.55
► DISC	26	Abigail SORIANO	SO	16.77m 55-¼	4/4/25	0.9	0.00		0.90
CAMDEN COUNTY (N.J.) TFRI Team Total									62.83

21 St. Charles (Mo.) CC Region 16

2
LW: 23

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	33	Diamond JEWELL	SO	14.32w (2.5)	4/18/25	0.55	0.00	0.55
▶ 100m	34	Sarah CLARK	FR	14.41 (1.0)	4/11/25	0.5	0.00	0.50
▶ 200m	50	Diamond JEWELL	SO	31.43 (0.5)	4/11/25	0.01	0.00	0.01
▶ LJ	15	Diamond JEWELL	SO	4.35m 14-3¼ (1.7)	4/18/25	6	0.00	6.00
▶ TJ	9	Sarah CLARK	FR	9.11m 29-10¾ (-0.3)	4/18/25	14	0.00	14.00
ST. CHARLES (MO.) CC TFRI Team Total								21.06

22 Nassau (N.Y.) CC
Region 15

1
LW: 21

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
▶ 100m	26	Russo-Sanchez GIANNA	SO	13.75 (1.3)	3/29/25	0.9	0.13	1.03
▶ 200m	18	Russo-Sanchez GIANNA	SO	27.99w (2.2)	3/29/25	4	0.62	4.62
▶ 400m	10	Russo-Sanchez GIANNA	SO	1:04.71	3/29/25	12	1.00	13.00
NASSAU (N.Y.) CC TFRI Team Total								18.65

23 Kingsborough (N.Y.) CC Region 15

1
LW: 22

Event	NOR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	18	Genesis LONG	SO	13.42 (0.2)	3/22/25	4	0.62	4.62
► 200m	16	Genesis LONG	SO	27.78 (-0.5)	3/29/25	5	0.77	5.77
KINGSBOROUGH (N.Y.) CC TFRI Team Total								10.40

24 **BMCC (N.Y.)**
Region 15

unch
LW: 24

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 400m	32	Aissatou MAGASSOUBA	FR	1:09.50	3/29/25	0.6	0.00	0.60
► 400m	38	Chantel SHULER	FR	1:12.75	3/29/25	0.3	0.00	0.30
► 400m	46	Yamile BASTIDAS	FR	1:19.01	3/29/25	0.1	0.00	0.10
► 800m	19	Aissatou MAGASSOUBA	FR	2:52.83	3/29/25	3.5	0.49	3.99
► 800m	34	Yamile BASTIDAS	FR	3:12.85	3/29/25	0.5	0.00	0.50
BMCC (N.Y.) TFRI Team Total								5.49

25 Roxbury CC Region 21

unch
LW: 25

Event	NQR	Athlete	Yr	Season Qual. Best	Date	Pl. Pts.	Bonus	TOTAL
Scored bests come from CURRENT qualifying season								
► 100m	31	QuDirah JONES	SO	14.23 (0.1)	3/29/25	0.65	0.00	0.65
► 200m	33	QuDirah JONES	SO	29.34 (-1.5)	4/19/25	0.55	0.00	0.55
ROXBURY CC TFRI Team Total								1.20



Only those who score >0.01 pts are shown

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Union County (N.J.)

Region 19

LW:

Scored bests come from CURRENT qualifying season

UNION COUNTY (N.J.) TFRI Team Total

0.05