



U.S. Track & Field and Cross Country Coaches Association

Tuesday, August 25, 2009


Division II Cross Country Rankings - By Region

Gender: **Women**

Ranking: **Regional**

Week: **Preseason**

Atlantic	
Rank	School
1	 Shippensburg
2	 Slippery Rock
3	 Edinboro
4	 Millersville
5	 Bloomsburg
6	 Kutztown
7	 Lock Haven
8	 Indiana (Pennsylvania)
9	 Mansfield
10	 Alderson-Broadus

Central	
Rank	School
1	 Adams State
2	 Augustana (South Dakota)
3	 Western State
4	 Minnesota Duluth
5	 Mesa State
6	 Minnesota State
7	 Metro State
8	 Winona State
9	 UCCS
10	 Fort Lewis



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East	
Rank	School
1	 Stonehill
2	 Adelphi
3	 Southern Connecticut State
4	 UMass Lowell
5	 Saint Rose
6	 Bentley
7	 Merrimack
8	 Le Moyne
9	 Georgian Court
10	 Saint Anselm

Midwest	
Rank	School
1	 Grand Valley State
2	 Southern Indiana
3	 Ferris State
4	 Northwood (Michigan)
5	 Bellarmine
6	 Northern Kentucky
7	 Findlay
8	 Lewis
9	 Wayne State (Michigan)
10	 UW Parkside



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South	
Rank	School
1	 Tampa
2	 Harding
3	 UAH
4	 Arkansas Tech
5	 Florida Southern
6	 West Georgia
7	 Nova Southeastern
8	 Florida Tech
9	 Southern Arkansas
10	 Valdosta State

South Central	
Rank	School
1	 Missouri Southern State
2	 Midwestern State
3	 Dallas Baptist
4	 Pittsburg State
5	 West Texas A&M
6	 Truman State
7	 Southwest Baptist
8	 Central Missouri
9	 Incarnate Word
10	 Central Oklahoma



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Southeast	
Rank	School
1	 Lees-McRae
2	 Columbus State
3	 Augusta State
4	 Lenoir-Rhyne
5	 Georgia College & State U.
6	 Converse
7	 North Georgia College & State U.
8	 Carson-Newman
9	 Queens of Charlotte
10	 Anderson (South Carolina)

West	
Rank	School
1	 Seattle Pacific
2	 Chico State
3	 Alaska Anchorage
4	 Western Washington
5	 Cal State LA
6	 UC San Diego
7	 BYU Hawaii
8	 Western Oregon
9	 Northwest Nazarene
10	 Humboldt State