



2016 Week #4, October 5

MEN						
Current	Chg	Last	Institution (First-Place Votes)	Conference	Region	Points
1	▲ 2	3	Adams State (5)	RMAC	SC	195 ▲ 8
2		2	Grand Valley State (1)	GLIAC	MW	191 ▲ 1
3	▼ 2	1	Colorado Mines (1)	RMAC	SC	185 ▼ 14
4		4	Chico State (1)	CCAA	W	181 ▲ 5
5		5	Cal Poly Pomona	CCAA	W	166 ▲ 7
6	▲ 5	11	CSU-Pueblo	RMAC	SC	157 ▲ 33
7	▼ 1	6	Augustana (S.D.)	NSIC	CEN	153 ▼ 4
8	▼ 1	7	Western State	RMAC	SC	136 ▼ 16
	▲ 1	9	Alaska Anchorage	GNAC	W	136 ▲ 1
10	▲ 2	12	Southern Indiana	GLVC	MW	135 ▲ 32
11	▼ 1	10	Hillsdale	GLIAC	MW	113 ▼ 13
12	▲ 2	14	UC San Diego	CCAA	W	104 ▲ 15
13		13	Mount Olive	Conf. Car.	SE	96 ▼ 1
14	▲ 3	17	Black Hills State	RMAC	SC	79 ▲ 12
	▲ 5	19	Missouri Southern	MIAA	CEN	79 ▲ 20
16	▲ 4	20	Saginaw Valley State	GLIAC	MW	73 ▲ 21
17	▼ 1	16	Lock Haven	PSAC	ATL	67 ▼ 1
18	▲ 7	25	Cal Baptist	PacWest	W	62 ▲ 45
19	▼ 1	18	American International	NE-10	E	61
20	▼ 12	8	Shippensburg	PSAC	ATL	53 ▼ 96
21	RET	RV	Walsh	GLIAC	MW	46 ▲ 43
22	▼ 1	21	Western Washington	GNAC	W	31 ▼ 19
23	▲ 2	25	Bellarmino	GLVC	MW	28 ▲ 11
24	▼ 9	15	Lee (Tenn.)	Gulf South	S	21 ▼ 57
25	▼ 3	22	West Texas A&M	Lone Star	SC	19 ▼ 7

WOMEN						
Current	Chg	Last	Institution (First-Place Votes)	Conference	Region	Points
1	▲ 1	2	Adams State (8)	RMAC	SC	200 ▲ 5
2	▼ 1	1	Grand Valley State	GLIAC	MW	192 ▼ 5
3	▲ 1	4	U-Mary	NSIC	CEN	181 ▲ 7
4	▼ 1	3	Chico State	CCAA	W	169 ▼ 14
	▲ 1	5	Western State	RMAC	SC	169 ▲ 3
6		6	Minnesota Duluth	NSIC	CEN	163 ▲ 4
7	▲ 3	10	Cedarville	G-MAC	MW	154 ▲ 33
8	▼ 1	7	Southern Indiana	GLVC	MW	141 ▼ 14
9	▲ 3	12	Cal Baptist	PacWest	W	137 ▲ 27
10	▼ 2	8	Hillsdale	GLIAC	MW	129 ▼ 17
11		11	Northern Michigan	GLIAC	MW	120 ▲ 3
12	▲ 2	14	UC-Colorado Springs	RMAC	SC	111 ▲ 13
13	▼ 4	9	Stonehill	NE-10	E	99 ▼ 36
14	▲ 1	15	UC San Diego	CCAA	W	97 ▲ 11
15	▲ 1	16	Western Washington	GNAC	W	87 ▲ 13
16	▲ 1	17	Dallas Baptist	Heartland	SC	85 ▲ 16
17	▲ 1	18	Malone	G-MAC	MW	50 ▼ 6
18	▲ 1	19	Seattle Pacific	GNAC	W	49 ▼ 1
19	▲ 2	21	Pittsburg State	MIAA	CEN	46 ▲ 6
	▲ 1	20	Montevallo	Peach Belt	SE	46 ▲ 2
21	NEW	NR	CSU-Pueblo	RMAC	SC	39
22	▲ 2	24	Shippensburg	PSAC	ATL	32 ▲ 14
23	RET	NR	Southwest Baptist	MIAA	CEN	27
24	▼ 11	13	Augustana (S.D.)	NSIC	CEN	19 ▼ 87
25	NEW	RV	Saint Leo	Sunshine	S	18 ▲ 16