



National TFRI Event Summary

Women's 60 Meters — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Kandace THOMAS	SR Adams State	23.35	C	7.33c (7.29)	2/8/19 Adams State Qualifier	
2	Dianna JOHNSON	SR Adams State	20.56	C	7.39c (7.35)	1/19/19 The Power 5 Invitational	
3	Rene MEDLEY	JR Lincoln (Mo.)	17.92	C	7.44	2/8/19 Bearcat Invitational	
4	Ma'Kyia GAYDEN	SO Winston-Salem State	15.53	C	7.47	2/16/19 USC Indoor Open	
5	Valexsia DROUGHN	SO Cal State LA	13.03	C	7.51c (7.47)	1/11/19 NAU Friday Night Duals	
6	Angelica FLOYD	SO Grand Valley State	10.84	C	7.53	2/8/19 Grand Valley State Big Meet	
6	Valda KABIA	SR West Texas A&M	10.84	C	7.53c (7.51)	2/16/19 Lone Star Indoor Championsh	
6	Jasmine DECKARD	SO Missouri Southern	10.84	C	7.53	2/8/19 Gorilla Classic	
9	Kayla ZINK	SO UC-Colorado Springs	6.75	C	7.54c (7.50)	2/8/19 Colorado Running Company	
10	Eboni COBY	SR Texas A&M-Commerce	5.67	C	7.55c (7.53)	2/16/19 Lone Star Indoor Championsh	
10	Zawadi BROWN	SR Limestone	5.67	C	7.55	2/17/19 Conference Carolinas Indoor	
12	Nicole SREENAN	SO Grand Valley State	3.59	C	7.56	12/7/18 Grand Valley State Holiday Op	
12	Darria MATTHIAS	FR Academy of Art	3.59	C	7.56c (7.54)	12/6/18 Mines Alumni Classic	
14	CeCe TELFER	SR Franklin Pierce	1.50	C	7.57 (7.02(55))	12/7/18 The Elm City Challenge	
15	Ombretta MINKUE MEYE	JR Academy of Art	1.32	C	7.58	2/8/19 Grand Valley State Big Meet	
15	Macie ALLEN	SO Concordia (Ore.)	1.32	C	7.58	2/15/19 GNAC Indoor Championships	
15	J'Liyah MILES	SR Cal State LA	1.32	C	7.58c (7.54)	1/11/19 NAU Friday Night Duals	
15	Kayla WILSON	JR West Texas A&M	1.32	C	7.58c (7.56)	2/16/19 Lone Star Indoor Championsh	
15	Kennedy HUDSON	JR West Texas A&M	1.32	C	7.58	12/8/18 Crimson & Gold Invitational	
20	Tatianna CLANTON	SR CSU-Pueblo	0.64	C	7.61c (7.59)	12/6/18 Mines Alumni Classic	
20	Tamia RAYFORD	SO Southwest Baptist	0.64	C	7.61	12/8/18 Crimson & Gold Invitational	
22	Monisha LEWIS	JR SF State	0.50	C	7.62c (7.60)	1/18/19 Martin Luther King, Jr. Invitati	
22	Callie DEWITT	SO Augustana (S.D.)	0.50	C	7.62	2/15/19 SDSU Last Chance	
22	Olivia DEXTER	SR Stonehill	0.50	C	7.62	2/16/19 Northeast-10 Indoor Champio	
22	Ariel JACKSON	SR Lindenwood	0.50	C	7.62	2/8/19 Gorilla Classic	
26	Khenadi JONES	SO Minnesota State	0.22	C	7.64	12/8/18 Chuck Petersen Open	
26	Savannah SIMMONS	FR Missouri Western	0.22	C	7.64	1/31/19 Mule Relays	
26	Ansley LONG	SR Shorter	0.22	C	7.64	2/8/19 Bulldog Invitational	
29	Grace HARTMAN	SO Minnesota State	0.08	C	7.65	12/8/18 Chuck Petersen Open	
30	Jetaeia LEWIS	SR Northwood (Mich.)	0.02	C	7.66	2/1/19 Hillsdale Wide Track Classic	
30	Mackenzie CLARK	SR Texas A&M-Commerce	0.02	C	7.66c (7.64)	2/16/19 Lone Star Indoor Championsh	
30	Toni CANFALL	SO Concordia-St. Paul	0.02	C	7.66	1/25/19 Mark Schuck Open and Multi	



National TFRI Event Summary

Women's 200 Meters — 2019 Week #5, February 19

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance		Meet	
1	Kandace THOMAS	SR	Adams State	22.32	C	24.00c	(23.93)	2/1/19	New Mexico Classic
2	Alexis HENRY	SR	SF State	20.11	C	24.05c	(23.98)	2/1/19	New Mexico Classic
3	CeCe TELFER	SR	Franklin Pierce	17.98	C	24.08c	(24.45)	2/16/19	Northeast-10 Indoor Champio
4	Rene MEDLEY	JR	Lincoln (Mo.)	15.94	C	24.09c	(24.46)	1/25/19	Jayhawk Classic
5	Shannon KALAWAN	SO	Saint Augustine's	13.85	C	24.11c	(24.48)	2/10/19	CIAA Indoor Championships
6	Valda KABIA	SR	West Texas A&M	11.09	C	24.29c	(24.22)	2/16/19	Lone Star Indoor Championsh
7	Allie HEINZER	JR	Lewis	8.85	C	24.36		2/8/19	Grand Valley State Big Meet
7	Ariel JACKSON	SR	Lindenwood	8.85	C	24.36c	(24.73)	2/1/19	Fred Wilt Open
9	Dianna JOHNSON	SR	Adams State	6.76	C	24.39c	(24.62)	2/8/19	Adams State Qualifier
10	Christine MOSS	JR	Lincoln (Mo.)	5.74	C	24.40c	(24.78)	11/30/18	Bob Timmons Challenge
11	Jasmine DECKARD	SO	Missouri Southern	4.68	C	24.42c	(24.80)	2/1/19	Missouri Southern Lion Invitat
11	Begotty LAROCHE	SO	Southern Connecticut	4.68	C	24.42c	(24.80)	2/16/19	Northeast-10 Indoor Champio
13	Monisha LEWIS	JR	SF State	2.60	C	24.45c	(24.38)	2/1/19	New Mexico Classic
14	Danee BUSTOS	SR	Eastern New Mexico	1.54	C	24.47c	(24.40)	2/16/19	Lone Star Indoor Championsh
15	Abbey ZASTROW	SO	U-Mary	1.41	C	24.48c	(24.86)	2/1/19	NDSU Bison Open (indoor)
15	Grace BLEY	JR	Seattle Pacific	1.41	C	24.48c	(24.86)	2/15/19	GNAC Indoor Championships
15	Nicole SREENAN	SO	Grand Valley State	1.41	C	24.48		1/11/19	Bob Eubanks Open
18	Jenna BOUYER	FR	Seattle Pacific	0.98	C	24.53c	(24.91)	2/15/19	GNAC Indoor Championships
19	Jazmine SMITH	SR	SF State	0.76	C	24.57c	(24.50)	2/1/19	New Mexico Classic
20	Tianna MCKINNEY	SR	West Texas A&M	0.69	C	24.58c	(24.51)	2/16/19	Lone Star Indoor Championsh
21	Peace IGBONAGWAM	FR	Seattle Pacific	0.55	C	24.62c	(25.00)	2/15/19	GNAC Indoor Championships
22	Venice STEWART	SO	Bemidji State	0.46	C	24.65		2/16/19	North Dakota Indoor Tune-Up
22	Zawadi BROWN	SR	Limestone	0.46	C	24.65		1/18/19	Gamecock Inaugural
24	Eboni COBY	SR	Texas A&M-Commerce	0.34	C	24.66c	(24.59)	2/16/19	Lone Star Indoor Championsh
24	Grace HARTMAN	SO	Minnesota State	0.34	C	24.66c	(25.04)	12/8/18	Chuck Petersen Open
26	Savannah SMITH	SR	Western Washington	0.20	C	24.69c	(25.07)	2/15/19	GNAC Indoor Championships
27	Brittany HOLBROOK	JR	Tiffin	0.11	C	24.72		2/16/19	Kent State Tune-Up
28	Hanna WILLIAMS	SO	Missouri Western	0.07	C	24.73		2/8/19	Bearcat Invitational
29	Kandace MILES	JR	Eastern New Mexico	0.05	C	24.76c	(24.69)	2/16/19	Lone Star Indoor Championsh
29	Khenadi JONES	SO	Minnesota State	0.05	C	24.76c	(25.14)	1/25/19	Mark Schuck Open and Multi



National TFRI Event Summary

Women's 400 Meters — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Shannon KALAWAN	SO Saint Augustine's	24.47	C	52.71	1/31/19 Carolina Challenge
2	Renea AMBERSLEY	JR Lincoln (Mo.)	20.95	C	53.62c (54.33)	11/30/18 Bob Timmons Challenge
3	Hanna WILLIAMS	SO Missouri Western	17.73	C	54.37	2/8/19 Bearcat Invitational
4	Timarya BAYNARD	JR SF State	14.94	C	54.87c (54.76)	1/18/19 Martin Luther King, Jr. Invitati
5	Cameka WITTER	SO Oklahoma Baptist	12.92	C	54.88	2/8/19 Gorilla Classic
6	Allie HEINZER	JR Lewis	10.90	C	54.89	1/25/19 GVSU Open
7	Alexis HENRY	SR SF State	8.89	C	54.90	2/8/19 Grand Valley State Big Meet
8	Minna SVEARD	SO Texas A&M-Commerce	7.78	C	54.99c (54.88)	2/16/19 Lone Star Indoor Championsh
9	Nicole SREENAN	SO Grand Valley State	6.77	C	55.00	1/11/19 Bob Eubanks Open
10	Mckae MITCHELL	SR Oklahoma Baptist	5.76	C	55.01	2/8/19 Gorilla Classic
11	Tianna MCKINNEY	SR West Texas A&M	4.67	C	55.10c (54.99)	2/16/19 Lone Star Indoor Championsh
12	Amanda CRAWFORD	JR Saint Augustine's	3.62	C	55.15	2/16/19 USC Indoor Open
13	Victoria PORTER	SO Winston-Salem State	2.61	C	55.16c (55.89)	2/10/19 CIAA Indoor Championships
14	Kissi-Ann BROWN	JR Lincoln (Mo.)	1.59	C	55.18c (55.91)	1/25/19 Jayhawk Classic
15	Tawana ALLEN	FR Fayetteville State	1.28	C	55.38c (56.11)	2/10/19 CIAA Indoor Championships
16	Christine MOSS	JR Lincoln (Mo.)	1.17	C	55.39	12/7/18 Mel Tjeerdsma Classic
17	Jazmine SMITH	SR SF State	1.04	C	55.42	2/8/19 Grand Valley State Big Meet
18	Abbey ZASTROW	SO U-Mary	0.91	C	55.45	2/8/19 SDSU Classic
19	Erykah WEEMS	JR Central Washington	0.74	C	55.51c (56.24)	2/15/19 GNAC Indoor Championships
20	Nele HEINRICH	JR West Texas A&M	0.63	C	55.60c (55.49)	2/16/19 Lone Star Indoor Championsh
21	Davia SMITH	JR Saint Augustine's	0.54	C	55.68c (56.42)	2/10/19 CIAA Indoor Championships
22	Jaria HOYTE	FR Saint Augustine's	0.45	C	55.75c (56.49)	2/10/19 CIAA Indoor Championships
23	CeCe TELFER	SR Franklin Pierce	0.40	C	55.76c (56.50)	1/18/19 Bates Indoor Invitational
23	Jordan HAMMOND	JR Northwest Missouri	0.40	C	55.76	1/26/19 Pittsburg State Invitational
25	Skylyn WEBB	SR UC-Colorado Springs	0.27	C	55.82c (56.34)	1/19/19 The Power 5 Invitational
26	Jill PAYNE	JR Colorado Mesa	0.21	C	55.84c (56.36)	1/19/19 The Power 5 Invitational
27	Vanessa ANITEYE	JR Alaska Anchorage	0.14	C	55.88c (56.62)	2/15/19 GNAC Indoor Championships
28	Brittany SCHYVINCK	SR Winona State	0.07	C	56.12	2/8/19 Bearcat Invitational
29	Malakah MARTINEZ	SO Adams State	0.05	C	56.22c (56.11)	2/1/19 New Mexico Classic
30	Sidney TRINIDAD	SO Central Washington	0.02	C	56.25c (56.99)	2/15/19 GNAC Indoor Championships



National TFRI Event Summary

Women's 800 Meters — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Skylyn WEBB	SR UC-Colorado Springs	24.30	C	2:03.87c (2:04.68)	1/31/19	Colorado Indoor Invitational
2	Kristen METCALFE	SR Embry-Riddle (Fla.)	21.39	C	2:05.21c (2:06.65)	2/1/19	Camel City Invitational
3	Rachael WALTERS	SR Grand Valley State	18.25	C	2:06.93	2/1/19	Meyo Invitational
4	Addy TOWNSEND	JR Simon Fraser	15.24	C	2:08.64c (2:10.12)	2/15/19	GNAC Indoor Championships
5	Olivia WOODS	SR Western Oregon	13.24	C	2:08.65c (2:10.13)	2/15/19	GNAC Indoor Championships
6	Allie LUDGE	JR Grand Valley State	3.13 D	C	2:08.91	2/8/19	Grand Valley State Big Meet
7	Carsyn KOCH	SR Cedarville	9.12	C	2:08.93	2/8/19	Grand Valley State Big Meet
8	Stephanie COTTER	FR Adams State	7.88	C	2:09.49	2/8/19	Husky Classic
9	Bailey SHARON	JR Western Colorado	6.84	C	2:09.60	2/8/19	Grand Valley State Big Meet
10	Quincy MCSWEENEY	SR McKendree	5.83	C	2:09.62	12/8/18	Crimson & Gold Invitational
11	Andra LEHOTAY	JR Walsh	4.42	C	2:10.61	2/8/19	Grand Valley State Big Meet
12	Ashleigh MACLEOD	SO Lewis	3.32	C	2:10.86	2/1/19	Meyo Invitational
13	Danielle MCCORMICK	SR Alaska Anchorage	2.32	C	2:10.90	1/25/19	Washington Invitational
14	Sophie DODD	SR Simon Fraser	1.29	C	2:11.02	2/2/19	Scarlet and White Invitational
15	Shayla HUEBNER	SR Northern Michigan	1.18	C	2:11.06c (2:12.57)	2/16/19	UW-Oshkosh Titan Challenge
16	Monique MCPHERSON	SR U-Mary	1.07	C	2:11.12	2/8/19	SDSU Classic
17	Abbie PORTER	SO Hillsdale	0.95	C	2:11.23	2/8/19	Grand Valley State Big Meet
18	Dawnel COLLYMORE	JR Benedict	0.78	C	2:11.57	2/16/19	USC Indoor Open
19	Bianca BRYANT	SR SF State	0.67	C	2:11.62	2/8/19	Grand Valley State Big Meet
20	Stefanie PARSONS	SO Edinboro	0.60	C	2:11.70	2/1/19	Youngstown State National In
21	Jessica CUSICK	JR Western Colorado	0.53	C	2:11.80c (2:14.54)	1/19/19	The Power 5 Invitational
22	Yajaira SALINAS	SO Cal State Stanislaus	0.35	C	2:12.56	2/8/19	Grand Valley State Big Meet
23	Carly RAHN	SO Augustana (S.D.)	0.30	C	2:12.83	2/8/19	SDSU Classic
24	Yasmine HERNANDEZ	SO CSU-Pueblo	0.25	C	2:12.95c (2:15.72)	12/8/18	Colorado Running Company
25	Bobbi PATRICK	SR Minnesota State	0.20	C	2:13.15c (2:14.68)	2/2/19	Ted Nelson Classic
26	Paige NOCK	SR Simon Fraser	0.15	C	2:13.25c (2:14.78)	2/15/19	GNAC Indoor Championships
27	Mairin SHIELDS-BROWN	SO Simon Fraser	0.10	C	2:13.50c (2:15.04)	2/15/19	GNAC Indoor Championships
27	Yasmine GRAZIANI	SR American International	0.10	C	2:13.50c (2:15.04)	2/16/19	Northeast-10 Indoor Champio
29	Haleigh REINDEL	FR Minnesota Duluth	0.05	C	2:13.66	2/8/19	SDSU Classic
30	Roisin FLANAGAN	SR Adams State	0.02	C	2:13.81c (2:16.59)	1/19/19	The Power 5 Invitational



National TFRI Event Summary

Women's Mile — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Roisin FLANAGAN	SR Adams State	23.71	C	4:39.34c (4:46.32)	1/31/19	Colorado Indoor Invitational
2	Addy TOWNSEND	JR Simon Fraser	20.19	C	4:44.81	2/2/19	Scarlet and White Invitational
3	Kristen METCALFE	SR Embry-Riddle (Fla.)	18.14	C	4:45.00	2/16/19	USC Indoor Open
4	Caroline KURGAT	SR Alaska Anchorage	4.13 D	C	4:45.04c (4:47.86)	2/15/19	GNAC Indoor Championships
5	Allie LUDGE	JR Grand Valley State	13.29	C	4:48.31	2/1/19	Meyo Invitational
6	Stefanie PARSONS	SO Edinboro	11.25	C	4:48.51	2/8/19	Grand Valley State Big Meet
7	Tiffany CHRISTENSEN	JR Adams State	9.14	C	4:49.15c (4:56.38)	1/31/19	Colorado Indoor Invitational
8	Chloe COOK	SR Colo. School of Mines	7.89	C	4:50.54c (4:57.80)	1/31/19	Colorado Indoor Invitational
9	Heloise DUFFIE DE TASSIGNY	SR Flagler	6.88	C	4:50.60c (4:53.47)	2/15/19	JDL DMR Invitational
10	Elysia BURGOS	FR Southwest Baptist	5.86	C	4:50.74	2/8/19	Grand Valley State Big Meet
11	Allysen EADS	SR Hillsdale	4.62	C	4:52.10	2/8/19	Grand Valley State Big Meet
12	Leah HANLE	JR Mount Olive	2.50 D	C	4:52.81	2/8/19	VMI Winter Relays
13	Andra LEHOTAY	JR Walsh	2.49	C	4:52.87	2/1/19	Akron Invitational
14	Charlee BOXALL	JR Lee (Tenn.)	1.34	C	4:53.91c (4:56.81)	2/15/19	JDL DMR Invitational
15	Abby CROUCH	JR Grand Valley State	1.20	C	4:54.39	2/8/19	Grand Valley State Big Meet
16	Kate LILLY	JR Seattle Pacific	1.05	C	4:54.94c (4:57.85)	2/15/19	GNAC Indoor Championships
17	Rachael WALTERS	SR Grand Valley State	0.94	C	4:55.10	1/19/19	Mike Lints Open
18	Kara BURTON	JR Colo. School of Mines	0.82	C	4:55.38c (5:02.76)	1/31/19	Colorado Indoor Invitational
19	Erica RUIZ	SR MSU Denver	0.62	C	4:56.47c (5:09.15)	2/8/19	Colorado Running Company
20	Carsyn KOCH	SR Cedarville	0.54	C	4:56.89c (4:59.82)	2/15/19	NCCAA Indoor Championships
21	Bree ERICKSON	JR U-Mary	0.48	C	4:56.92	2/8/19	SDSU Classic
22	HaLeigh HUNTER-GALVAN	JR Adams State	0.42	C	4:57.08c (5:13.23)	2/8/19	Adams State Qualifier
23	Celine RITTER	SO Mount Olive	0.37	C	4:57.09c (5:00.03)	2/17/19	Conference Carolinas Indoor
24	Hasna KAAROUR	JR Academy of Art	0.31	C	4:57.24c (5:00.18)	2/1/19	Hillsdale Wide Track Classic
25	Quincy MCSWEENEY	SR McKendree	0.24	C	4:57.50	12/1/18	Vanderbilt Indoor Opener
26	Taryn CEGLOWSKI	SO Sioux Falls	0.17	C	4:57.74	2/8/19	SDSU Classic
27	Claire MCCUNE	SO Drury	0.11	C	4:57.80c (5:00.74)	1/25/19	Mizzou Open
28	Nicole BOUMA	SO CSU-Pueblo	0.07	C	4:58.05c (5:04.69)	2/1/19	New Mexico Classic
29	Nicole MCMILLEN	SR Tusculum	0.05	C	4:58.23	2/16/19	USC Indoor Open
30	Mickayla WENZEL	SR Indianapolis	0.02	C	4:58.61c (5:01.56)	1/25/19	Tom Hathaway Distance Carni



National TFRI Event Summary

Women's 3000 Meters — 2019 Week #5, February 19

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Caroline KURGAT	SR	Alaska Anchorage	24.21	C	9:07.05	1/12/19	Washington Indoor Preview
2	Roisin FLANAGAN	SR	Adams State	20.79	C	9:18.24	2/8/19	Husky Classic
3	Allie LUDGE	JR	Grand Valley State	18.11	C	9:23.70	12/7/18	Grand Valley State Holiday Op
4	Eilish FLANAGAN	SR	Adams State	15.82	C	9:26.08c (9:42.23)	1/31/19	Colorado Indoor Invitational
5	Leah HANLE	JR	Mount Olive	13.54	C	9:28.44c (9:33.31)	2/1/19	Camel City Invitational
6	Gina PATTERSON	SR	Grand Valley State	11.42	C	9:29.44	12/7/18	Grand Valley State Holiday Op
7	Tiffany CHRISTENSEN	JR	Adams State	9.10	C	9:33.39	2/8/19	Husky Classic
8	Eileen STRESSLING	SR	Azusa Pacific	7.68	C	9:38.69	1/25/19	Washington Invitational
9	Hannah THOMPSON	SR	Malone	6.58	C	9:40.06	2/8/19	Grand Valley State Big Meet
10	Kaylee BOGINA	JR	Adams State	5.52	C	9:40.72c (9:57.28)	1/31/19	Colorado Indoor Invitational
11	Hanna GROEBER	JR	Grand Valley State	4.49	C	9:41.11	2/8/19	Grand Valley State Big Meet
12	Malena GROVER	SR	Adams State	3.48	C	9:41.29c (9:57.87)	1/31/19	Colorado Indoor Invitational
13	Jessica GOCKLEY	SO	Grand Valley State	2.47	C	9:41.40	2/8/19	Grand Valley State Big Meet
14	Alexa SHINDRUK	SR	Central Washington	1.41	C	9:42.19	1/25/19	Washington Invitational
15	Sophie SEWARD	SR	Western Colorado	1.15	C	9:44.28c (10:11.34)	1/19/19	The Power 5 Invitational
16	Emily ROBERTS	SR	U-Mary	1.03	C	9:44.65c (9:49.66)	2/1/19	NDSU Bison Open (indoor)
17	Stacey METZGER	JR	Grand Valley State	0.91	C	9:45.02	2/8/19	Grand Valley State Big Meet
18	Chloe COOK	SR	Colo. School of Mines	0.80	C	9:45.23c (10:10.05)	2/15/19	Colorado Mines Triangular
19	HaLeigh HUNTER-GALVAN	JR	Adams State	0.70	C	9:45.26c (10:00.04)	2/1/19	New Mexico Classic
20	Kennedy RUFENER	SR	Western Colorado	0.60	C	9:46.53c (10:03.26)	1/31/19	Colorado Indoor Invitational
21	Hasna KAAROUR	JR	Academy of Art	0.48	C	9:48.45	2/8/19	Grand Valley State Big Meet
22	Sadie BAKER	SR	Adams State	0.40	C	9:49.35c (10:04.23)	2/1/19	New Mexico Classic
23	Jaiden SCHUETTE	SR	U-Mary	0.30	C	9:50.45	2/8/19	SDSU Classic
24	Kianna DARIOOSH-	SO	Adams State	0.25	C	9:50.82c (10:26.06)	2/8/19	Adams State Qualifier
25	Abby CROUCH	JR	Grand Valley State	0.20	C	9:51.34	12/7/18	Grand Valley State Holiday Op
26	Stefanie PARSONS	SO	Edinboro	0.15	C	9:53.06	2/9/19	Grand Valley State Big Meet II
27	Ida NARBUVOLL	JR	U-Mary	0.10	C	9:54.27c (9:59.36)	2/1/19	NDSU Bison Open (indoor)
28	Allysen EADS	SR	Hillsdale	0.07	C	9:54.54	12/7/18	Grand Valley State Holiday Op
29	Malea TEERMAN	SO	Grand Valley State	0.05	C	9:54.83	1/19/19	Mike Lints Open
30	Cynthia TOGOM	FR	Central Missouri	0.02	C	9:54.96c (10:00.06)	2/16/19	Central Missouri Classic



National TFRI Event Summary

Women's 5000 Meters — 2019 Week #5, February 19

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Caroline KURGAT	SR	Alaska Anchorage	26.30	C	15:28.46	1/25/19 Washington Invitational
2	Eilish FLANAGAN	SR	Adams State	20.21	C	16:19.45	2/8/19 Husky Classic
3	Leah HANLE	JR	Mount Olive	17.90	C	16:23.52	12/7/18 Grand Valley State Holiday Op
4	Hanna GROEBER	JR	Grand Valley State	15.71	C	16:25.99	12/7/18 Grand Valley State Holiday Op
5	Emily ROBERTS	SR	U-Mary	12.95	C	16:37.74	2/8/19 SDSU Classic
6	Malena GROVER	SR	Adams State	10.89	C	16:38.88	2/8/19 Husky Classic
7	Kennedy RUFENER	SR	Western Colorado	8.87	C	16:39.26	2/8/19 Husky Classic
8	Kaylee BOGINA	JR	Adams State	7.80	C	16:40.74	2/8/19 Husky Classic
9	Gina PATTERSON	SR	Grand Valley State	6.71	C	16:42.50	2/8/19 Grand Valley State Big Meet
10	Eileen STRESSLING	SR	Azusa Pacific	5.67	C	16:43.33	1/25/19 Washington Invitational
11	Hannah THOMPSON	SR	Malone	4.66	C	16:43.68	12/7/18 Grand Valley State Holiday Op
12	Sophie SEWARD	SR	Western Colorado	3.49	C	16:47.16	2/8/19 Husky Classic
13	Stacey METZGER	JR	Grand Valley State	2.44	C	16:48.06	12/7/18 Grand Valley State Holiday Op
14	Alexa SHINDRUK	SR	Central Washington	1.43	C	16:48.43	2/8/19 Husky Classic
15	Madison GOEN	JR	Grand Valley State	1.15	C	16:53.46	2/8/19 Grand Valley State Big Meet
16	Allison DORR	SR	Saginaw Valley State	1.04	C	16:53.60	2/8/19 Grand Valley State Big Meet
17	Ida NARBUVOLL	JR	U-Mary	0.92	C	16:54.38	2/8/19 SDSU Classic
18	Lauren BAILEY	SO	Indianapolis	0.80	C	16:55.44	2/8/19 Grand Valley State Big Meet
19	Jessica GOCKLEY	SO	Grand Valley State	0.56	C	17:01.43	12/7/18 Grand Valley State Holiday Op
20	Malea TEERMAN	SO	Grand Valley State	0.45	C	17:07.05	2/8/19 Grand Valley State Big Meet
21	Arena LEWIS	JR	Hillsdale	0.40	C	17:07.36	12/7/18 Grand Valley State Holiday Op
22	Clarissa MORALES	JR	Cal State Stanislaus	0.35	C	17:10.78	2/8/19 Grand Valley State Big Meet
23	Kelsey CHAMBERS	SR	Wheeling Jesuit	0.30	C	17:14.81	2/8/19 Grand Valley State Big Meet
24	Claire MCCUNE	SO	Drury	0.25	C	17:15.19	2/8/19 Gorilla Classic
25	Brianna COY	JR	Walsh	0.20	C	17:17.16	12/7/18 Youngstown State Icebreaker
26	Kathryn ETELAMAKI	JR	Ferris State	0.15	C	17:17.50	12/7/18 Grand Valley State Holiday Op
27	Erica RUIZ	SR	MSU Denver	0.10	C	17:18.05c (17:49.88)	1/31/19 Colorado Indoor Invitational
28	Shona BLADES	SR	Mount Olive	0.07	C	17:18.89c (17:26.84)	2/1/19 Camel City Invitational
29	HaLeigh HUNTER-GALVAN	JR	Adams State	0.05	C	17:19.60c (18:24.69)	12/7/18 Adams State Early Grizzly Ope
30	Karly GAWARECKI	SR	Bellarmine	0.02	C	17:20.09	2/8/19 Grand Valley State Big Meet



National TFRI Event Summary

Women's 60 Meter Hurdles — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Monisha LEWIS	JR SF State	23.97	C	8.21	2/8/19	Grand Valley State Big Meet
2	CeCe TELFER	SR Franklin Pierce	20.81	C	8.33	12/1/18	UMass Boston Indoor Open
3	Danielle KOHLWEY	SR Minnesota Duluth	18.62	C	8.35	2/8/19	SDSU Classic
4	Erin HODGE	SR Lindenwood	15.24	C	8.53	2/8/19	Gorilla Classic
5	Leah MOLTER	SR Oklahoma Baptist	13.18	C	8.54	2/8/19	Gorilla Classic
6	Oweneika WATSON	JR Adams State	11.12	C	8.55c (8.51)	12/7/18	Adams State Early Grizzly Ope
7	Morgan SMITH	SR Missouri Southern	8.87	C	8.59	2/8/19	Gorilla Classic
8	Markaaisha RICHARDSON	SO Texas A&M-Commerce	7.63	C	8.63c (8.61)	2/16/19	Lone Star Indoor Championsh
8	Lexi TUBBS	JR Northwest Nazarene	7.63	C	8.63	2/15/19	GNAC Indoor Championships
10	Julia HAMMERSCHMIDT	SR U-Mary	5.57	C	8.64	1/19/19	Jim Emmerich Alumni Invitati
11	Jordan NASH	SR Angelo State	4.51	C	8.65c (8.63)	2/1/19	Texas Tech Open
12	Mariyah VONGSAVENG	SR Central Washington	3.46	C	8.66	12/8/18	Jacksons Open
12	Alexis SMITH	SR Minnesota State	3.46	C	8.66	2/8/19	SDSU Classic
12	Olivia MONTEZ BROWN	JR Augustana (S.D.)	3.46	C	8.66	2/2/19	Ted Nelson Classic
15	Kaylah RUFF	SR Coker	1.30	C	8.67	2/16/19	USC Indoor Open
15	Jordan HAMMOND	JR Northwest Missouri	1.30	C	8.67	2/8/19	Bearcat Invitational
15	Danielle SCANTLEBURY	FR Saint Augustine's	1.30	C	8.67	2/10/19	CIAA Indoor Championships
18	Tiara WIGGINS	SR Grand Valley State	0.88	C	8.69	2/9/19	Grand Valley State Big Meet II
19	Lauren HUEBNER	JR Saginaw Valley State	0.72	C	8.70	12/7/18	Saginaw Valley State Holiday
20	Madison THETFORD	JR West Texas A&M	0.61	C	8.71c (8.67)	1/19/19	The Power 5 Invitational
20	Chelsey MURPHY	SO Western Colorado	0.61	C	8.71c (8.67)	12/1/18	Western State Open
22	Malak KAFI	JR Mount Olive	0.46	C	8.72	2/17/19	Conference Carolinas Indoor
22	Tamia PRINCE	JR Concordia (Calif.)	0.46	C	8.72	2/8/19	Grand Valley State Big Meet
22	SheQuilla MCCLAIN	SO Shorter	0.46	C	8.72	2/8/19	Bulldog Invitational
25	Chelsea WALKER	SO Christian Brothers	0.28	C	8.73	2/15/19	Arkansas Qualifier
26	Erykah WEEMS	JR Central Washington	0.20	C	8.74	2/15/19	GNAC Indoor Championships
27	Andriana HIGGINS	JR Saginaw Valley State	0.10	C	8.76	1/18/19	Doug Hansen Open
28	Carolyn HACKEL	JR Minnesota State	0.07	C	8.77	2/15/19	Maverick Invite
28	Renick MEYER	SO Seattle Pacific	0.07	C	8.77	2/1/19	Cougar Indoor
30	Maria BOLIBRUCH	SR U-Mary	0.02	C	8.78	2/8/19	SDSU Classic



National TFRI Event Summary

Women's 4x400 Relay — 2019 Week #5, February 19

NPR	Relay Squad	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Baynard, Smith, Lewis, Henry	SF State	23.98	C	3:39.15	2/8/19	Grand Valley State Big Meet
2	Clarke, Ambersley, Brown, Moss	Lincoln (Mo.)	20.15	C	3:40.76	12/7/18	Mel Tjeerdsma Classic
3	Crawford, Smith, Scantlebury, Kalawan	Saint Augustine's	16.51	C	3:42.01	1/31/19	Carolina Challenge
4	Zastrow, Brown, Hammerschmidt, McPherson	U-Mary	12.97	C	3:43.08c (3:46.04)	2/1/19	NDSU Bison Open (indoor)
5	McKinney, Crossan, Kabia, Heinrich	West Texas A&M	9.88	C	3:43.25c (3:42.81)	2/8/19	Don Kirby Collegiate Elite
6	Sreenan, Eby, Johnson, Walters	Grand Valley State	7.33	C	3:44.39	12/7/18	Grand Valley State Holiday Op
7	Mitchell, Mayfield, Van Der Westhui, Witter	Oklahoma Baptist	5.32	C	3:44.43	2/8/19	Gorilla Classic
8	McPeters, Collins, Dutcher Huebner	Northern Michigan	4.20	C	3:44.77c (3:47.75)	2/16/19	UW-Oshkosh Titan Challenge
9	Harris, Schyvinck, Schyvinck, Vallabouy	Winona State	3.17	C	3:44.87c (3:47.85)	2/15/19	Maverick Invite
10	West, Dodd, Townsend, Bluschke	Simon Fraser	1.48	C	3:46.98c (3:49.99)	2/15/19	GNAC Indoor Championships
11	Trinidad, Neria, Ortega, Weems	Central Washington	1.30	C	3:47.40c (3:50.41)	2/15/19	GNAC Indoor Championships
12	Alexander, Simpson, Coby Svard	Texas A&M-Commerce	1.17	C	3:47.55c (3:47.11)	2/16/19	Lone Star Indoor Championsh
13	Matthews, Roberson, Gilbert, Hall	Angelo State	0.95	C	3:48.31c (3:47.87)	2/16/19	Lone Star Indoor Championsh
14	Hammond, Mahgoub, Isaacson-Cover, Palser	Northwest Missouri	0.60	C	3:49.92	2/8/19	Bearcat Invitational
15		Christian Brothers	0.50	C	3:49.93	2/15/19	Arkansas Qualifier
16	Hartman, Woodard, Malone, Anderson	Minnesota State	0.40	C	3:50.06c (3:53.11)	2/15/19	Maverick Invite
17	Pulliam, Zaragueta, Macleod, Heinzer	Lewis	0.30	C	3:50.46	1/25/19	GVSU Open
18	Carias, Wiegel, McMurchie Reyna-Padilla	Bellarmine	0.20	C	3:50.49c (3:53.55)	2/1/19	Hillsdale Wide Track Classic
18		Rogers State	0.20	C	3:50.49	2/15/19	Arkansas Qualifier
20	Simmons, Williams, Doyle Holland	Missouri Western	0.05	C	3:50.72	2/15/19	Nebraska Tune-Up



National TFRI Event Summary

Women's Distance Medley Relay — 2019 Week #5, February 19

NPR	Relay Squad	Institution (Team Rank)	Team Pts.		Scored Performance		Meet
1	Cvancara, Aniteye, McCormick, Kurgat	Alaska Anchorage	25.24	C	11:16.23c	(11:23.47)	2/15/19 GNAC Indoor Championships
2	Walters, Johnson, Crouch, Ludge	Grand Valley State	20.37	C	11:27.31		2/9/19 Grand Valley State Big Meet II
3	Nock, Bluschke, Dodd, Townsend	Simon Fraser	16.01	C	11:35.62		1/25/19 Washington Invitational
4	Penticuff, Rayford, Pereira Burgos	Southwest Baptist	12.77	C	11:37.16		2/9/19 Grand Valley State Big Meet II
5	Streff, Clanton, Hernande: Bouma	CSU-Pueblo	9.64	C	11:37.93		2/9/19 Grand Valley State Big Meet II
6	Ritter, Thring, Blades, Hanle	Mount Olive	7.05	C	11:41.62c	(11:49.13)	2/15/19 JDL DMR Invitational
7	Austin, Glover, Almasri, Webb	UC-Colorado Springs	5.05	C	11:41.65c	(12:05.05)	2/8/19 Colorado Running Company
8	Flanagan, Christensen, Cotter, Flanagan	Adams State	3.92	C	11:42.45c	(12:05.88)	1/19/19 The Power 5 Invitational
9	Willenbrink, Schyvinck, Johnson, Rogahn	Winona State	2.83	C	11:43.21c	(11:50.74)	2/15/19 Maverick Invite
10	Leppelmeier, Smith, Soehnlén, Lehotay	Walsh	1.78	C	11:43.70		2/9/19 Grand Valley State Big Meet II
11	Penrod, Carr, Grimes, Thompson	Malone	1.59	C	11:44.54		2/9/19 Grand Valley State Big Meet II
12	Erickson, Zastrow, McPherson, Schuette	U-Mary	1.38	C	11:45.57c	(11:53.13)	2/1/19 NDSU Bison Open (indoor)
13	Salinas, Beattie, Walker, Morales	Cal State Stanislaus	0.74	C	11:51.86		2/9/19 Grand Valley State Big Meet II
14	Bryant, Henry, Baynard, Enriquez	SF State	0.62	C	11:52.33		2/9/19 Grand Valley State Big Meet II
15	Burton, Brown, Duck, Coe	Colo. School of Mines	0.51	C	11:52.55c	(12:16.92)	1/25/19 CSM DII Invite
16	Lilly, Troescher, Mitchell, Washenberger	Seattle Pacific	0.40	C	11:53.81c	(12:01.45)	2/15/19 GNAC Indoor Championships
17	Freeman, Fernandes, Caiazz, Lastra	Stonehill	0.30	C	11:55.84c	(12:03.51)	2/16/19 Northeast-10 Indoor Champio
18	Dorr, Huebner, Fuerst, Keiser	Saginaw Valley State	0.20	C	11:57.11		2/9/19 Grand Valley State Big Meet II
19	Rahn, Montez Brown, Ryan, Kelly	Augustana (S.D.)	0.10	C	11:57.78c	(12:05.47)	2/15/19 Maverick Invite
20	Eads, Boehm, Porter, Depies	Hillsdale	0.05	C	11:58.93		2/9/19 Grand Valley State Big Meet II



National TFRI Event Summary

Women's High Jump — 2019 Week #5, February 19

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance		Meet	
1	Yashira RHYMER-STUART	SR	Bellarmine	23.88	C	1.80m	5-10¾	1/18/19	Indianapolis Collegiate Challe
1	Skyler RUSZKOWSKI	SR	Missouri S&T	23.88	C	1.80m	5-10¾	2/8/19	Gorilla Classic
3	Vanisha WILSHIRE	SR	Wingate	17.82	C	1.75m	5-8¾	12/2/18	JDL Early Bird Duals
4	Chinenye AGINA	FR	Azusa Pacific	15.41	C	1.74m	5-8½	12/8/18	Colorado Running Company
4	Meleah RIDENOUR	SO	Southwest Baptist	15.41	C	1.74m	5-8½	12/8/18	Crimson & Gold Invitational
6	Marisa GWINNER	FR	Tiffin	11.03	C	1.73m	5-8	12/1/18	Tiffin Alumni Open
6	Maddie TAYLOR	JR	Western Washington	11.03	C	1.73m	5-8	1/12/19	Washington Indoor Preview
8	Victoria MAJOR	JR	Adelphi	7.75	C	1.72m	5-7¾	2/1/19	NYU Invitational
8	Ellie JINDRA	JR	Ashland	7.75	C	1.72m	5-7¾	2/8/19	Grand Valley State Big Meet
8	Madison PLANTE	SO	Lake Erie	7.75	C	1.72m	5-7¾	1/25/19	Tom Hathaway Distance Carni
11	Heaven POWELL	SR	Northwood (Mich.)	4.48	C	1.71m	5-7¼	1/18/19	Conference Crossover (G-MAC
11	LaGae BRIGANCE	SR	Texas A&M-Kingsville	4.48	C	1.71m	5-7¼	2/8/19	Gorilla Classic
11	Michelle JUERGEN	SR	Northern Michigan	4.48	C	1.71m	5-7¼	2/16/19	UW-Oshkosh Titan Challenge
11	Abena SEY		Central Oklahoma	4.48	C	1.71m	5-7¼	12/8/18	Crimson & Gold Invitational
15	Hannah HENSLEY	SR	Academy of Art	1.14	C	1.70m	5-7	1/11/19	St. Thomas Aquinas Spartan I
15	Jade JORDAN	SO	Virginia State	1.14	C	1.70m	5-7	12/2/18	JDL Early Bird Duals
15	Paula WOLLENSLEGEL	JR	Ashland	1.14	C	1.70m	5-7	12/1/18	Tiffin Alumni Open
15	Skyler SAUNDERS	FR	Washburn	1.14	C	1.70m	5-7	12/7/18	Mel Tjeerdsma Classic
15	Paola BRENA	FR	Franklin Pierce	1.14	C	1.70m	5-7	12/1/18	UMass Boston Indoor Open
20	Scout CAI	JR	Seattle Pacific	0.55	C	1.69m	5-6½	2/15/19	GNAC Indoor Championships
20	Cayli YARBROUGH	SR	West Texas A&M	0.55	C	1.69m	5-6½	2/1/19	Texas Tech Open
22	Haley LINDENBUSCH	JR	Central Missouri	0.35	C	1.68m	5-6	1/18/19	Central Missouri Invitational
22	Mercedeez FRANCIS	SO	Tiffin	0.35	C	1.68m	5-6	2/9/19	Dragon Invite
22	Olga BRANNEY	JR	Malone	0.35	C	1.68m	5-6	2/2/19	Jim Wuske Invitational
22	Mariah HARMON	SO	Wheeling Jesuit	0.35	C	1.68m	5-6	1/18/19	Youngstown State Invitationa
22	Chelsea CHEEK	JR	Texas A&M-Commerce	0.35	C	1.68m	5-6	12/7/18	Boo Rogers Combined Events
27	Kirsten CAMP	SR	Tiffin	0.10	C	1.67m	5-5¾	12/7/18	Saginaw Valley State Holiday
27	Madison WARD	JR	Stonehill	0.10	C	1.67m	5-5¾	1/25/19	Branwen Smith-King Invitatio
27	Rebecca HEMINGWAY	SO	Kutztown	0.10	C	1.67m	5-5¾	1/25/19	Bison Open & Multis
27	Abigail JONES	SR	Assumption	0.10	C	1.67m	5-5¾	12/6/18	Rhode Island Combined Event



National TFRI Event Summary

Women's Pole Vault — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet	
1	Haven LANDER	SO Pittsburg State	23.22	C	4.10m	13-5¼	2/8/19	Gorilla Classic	
2	Ellianne KIMES	SO Grand Valley State	20.75	C	4.07m	13-4¼	2/8/19	Grand Valley State Big Meet	
3	Erica KEEBLE	SO South Dakota Mines	18.44	C	4.05m	13-3½	2/15/19	Stinger Open	
4	Anna MASSA	SO Wheeling Jesuit	15.98	C	4.02m	13-2¼	2/1/19	Youngstown State National In	
5	Samantha PETRY	SO Missouri Southern	13.51	C	3.98m	13-¾	2/15/19	Arkansas Qualifier	
6	Jordyn HUNEKE	SO Black Hills State	11.41	C	3.97m	13-¼	2/1/19	NDSU Bison Open (indoor)	
6	Allexis MENGHINI	SR Washburn	11.41	C	3.97m	13-¼	2/8/19	Bearcat Invitational	
8	Halle IRVINE	JR Central Washington	7.99	C	3.93m	12-10¾	12/8/18	Jacksons Open	
9	Minna SVEARD	SO Texas A&M-Commerce	6.67	C	3.90m	12-9½	2/1/19	Texas Tech Open	
10	Anna PARADEE	SR Western Washington	5.57	C	3.89m	12-9	2/15/19	GNAC Indoor Championships	
11	Courtney MCQUAIDE	SR Slippery Rock	4.47	C	3.87m	12-8¼	12/7/18	Youngstown State Icebreaker	
12	Rachael MAYBERRY	SO Washburn	3.41	C	3.86m	12-8	1/25/19	Jayhawk Classic	
13	Danielle STEWART	JR Wheeling Jesuit	2.36	C	3.85m	12-7½	2/16/19	Kent State Tune-Up	
14	Elena BISOTTO	SO Missouri Southern	1.31	C	3.84m	12-7¼	2/8/19	Gorilla Classic	
15	Madeline HAYES	FR Tiffin	1.16	C	3.83m	12-6¾	2/9/19	Dragon Invite	
16	Jessica BRAY	FR Grand Valley State	1.00	C	3.82m	12-6¼	2/1/19	Hillsdale Wide Track Classic	
16	Cathrine SIMPKINS	FR Pittsburg State	1.00	C	3.82m	12-6¼	12/8/18	Crimson & Gold Invitational	
16	Kassidie STIMMEL	FR Grand Valley State	1.00	C	3.82m	12-6¼	2/1/19	Hillsdale Wide Track Classic	
16	Lucy BUCKHOLZ	SR Grand Valley State	1.00	C	3.82m	12-6¼	2/1/19	Hillsdale Wide Track Classic	
20	Renee RHODES	SR Pittsburg State	0.60	C	3.81m	12-6	2/15/19	Nebraska Tune-Up	
20	Madeline MARSHALL	JR Slippery Rock	0.60	C	3.81m	12-6	2/1/19	Youngstown State National In	
22	Abigail GRAY	FR Azusa Pacific	0.45	C	3.80m	12-5½	1/18/19	Martin Luther King, Jr. Invitati	
23	Amber OTERMAT	JR Ashland	0.34	C	3.79m	12-5¼	2/9/19	Doug Raymond Invitational	
24	Cassie JENNINGS	SO Central Missouri	0.25	C	3.77m	12-4½	2/8/19	Bearcat Invitational	
24	Callie RUFFENER	JR Central Missouri	0.25	C	3.77m	12-4½	2/8/19	Bearcat Invitational	
24	Sara OVERBEEK	JR Grand Valley State	0.25	C	3.77m	12-4½	2/9/19	Grand Valley State Big Meet II	
24	Jordan BANKER	SO Missouri Southern	0.25	C	3.77m	12-4½	1/19/19	Northwest Open	
28	Carly LIVINGSTON	SO Grand Valley State	0.07	C	3.76m	12-4	1/25/19	GVSU Open	
28	Avery SHELL	FR Grand Valley State	0.07	C	3.76m	12-4	2/15/19	Grand Valley State Tune-Up	
28	Brittney CLARK	FR Indianapolis	0.07	C	3.76m	12-4	1/25/19	Tom Hathaway Distance Carni	



National TFRI Event Summary

Women's Long Jump — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet	
1	Cierra PULLIAM	SR Lewis	23.29	C	6.16m	20-2½	12/1/18	St. Ambrose Frigid Bee Invite	
2	Sarah HERRON	SR Concordia (Calif.)	21.17	C	6.15m	20-2¼	2/8/19	Grand Valley State Big Meet	
3	Fatim AFFESSI	JR West Texas A&M	18.93	C	6.13m	20-1½	2/1/19	Texas Tech Open	
4	Caroline LEWIS	SO West Chester	15.79	C	6.02m	19-9	1/11/19	Golden Bear Invitational	
5	Peace IGBONAGWAM	FR Seattle Pacific	13.46	C	5.98m	19-7½	2/15/19	GNAC Indoor Championships	
6	Kandace THOMAS	SR Adams State	3.30 D	C	5.96m	19-6¾	2/8/19	Adams State Qualifier	
7	Lauren FAIRCHILD	JR CSU-Pueblo	9.05	C	5.93m	19-5½	2/15/19	Colorado Mines Triangular	
8	Kaija CROWE	SO UC-Colorado Springs	7.89	C	5.91m	19-4¾	12/6/18	Mines Alumni Classic	
9	Hannah MEEK	SO UC-Colorado Springs	6.73	C	5.89m	19-4	12/8/18	Colorado Running Company	
10	Angelica FLOYD	SO Grand Valley State	5.65	C	5.88m	19-3½	2/8/19	Grand Valley State Big Meet	
11	Diana CAULDWELL	SR Lincoln (Mo.)	4.56	C	5.87m	19-3¼	2/16/19	Missouri Collegiate Challenge	
11	Zarria WILLIAMS	JR Shippensburg	4.56	C	5.87m	19-3¼	2/15/19	Kutztown Last Chance Qualifi	
13	Alexis DUNCAN	SR Grand Valley State	2.32	C	5.83m	19-1½	2/15/19	Grand Valley State Tune-Up	
14	Sarah MILLER	SR Assumption	1.24	C	5.81m	19-¾	2/16/19	Northeast-10 Indoor Champio	
14	Meleah RIDENOUR	SO Southwest Baptist	1.24	C	5.81m	19-¾	2/8/19	Gorilla Classic	
14	Mycherie ONWUZURUKIE	FR Southern Wesleyan (S.C.)	1.24	C	5.81m	19-¾	2/17/19	Conference Carolinas Indoor	
17	Tatianna CLANTON	SR CSU-Pueblo	0.90	C	5.80m	19-½	12/1/18	Western State Open	
18	Renick MEYER	SO Seattle Pacific	0.72	C	5.78m	18-11¾	2/15/19	GNAC Indoor Championships	
18	Camille JOUANNO	JR Academy of Art	0.72	C	5.78m	18-11¾	1/19/19	Mike Lints Open	
20	Jada CARR	SR UC-Colorado Springs	0.52	C	5.77m	18-11¼	1/25/19	CSM DII Invite	
20	Chian DELOACH	FR Colorado Mesa	0.52	C	5.77m	18-11¼	12/1/18	Western State Open	
22	Reagan HESS	SO Slippery Rock	0.35	C	5.75m	18-10½	12/7/18	Youngstown State Icebreaker	
23	Tamia RAYFORD	SO Southwest Baptist	0.30	C	5.74m	18-10	1/18/19	Central Missouri Invitational	
24	Kathleen STEVENSON	SO Bloomsburg	0.25	C	5.73m	18-9¾	2/8/19	Bucknell Tune-Up	
25	Olivia MONTEZ BROWN	JR Augustana (S.D.)	0.20	C	5.72m	18-9¼	2/2/19	Ted Nelson Classic	
25	HarLee ORTEGA	SR Central Washington	0.20	C	5.72m	18-9¼	11/30/18	Candy Cane Invitational	
25	Karina LONG	FR Lock Haven	0.20	C	5.72m	18-9¼	11/30/18	Bison Opener	
25	Mercedes ISAACSON-COVER	JR Northwest Missouri	0.20	C	5.72m	18-9¼	12/7/18	Mel Tjeerdsma Classic	
25	Tamika TUCKER	SR Winona State	0.20	C	5.72m	18-9¼	1/25/19	Mark Schuck Open and Multi	
30	Brooke WILLIAMS	SR Central Washington	0.02	C	5.71m	18-8¾	12/8/18	Jacksons Open	
30	J'Liyah MILES	SR Cal State LA	0.02	C	5.71m	18-8¾	1/18/19	Ed Jacoby Invitational	
30	Audrey FISHER	SO Central Missouri	0.02	C	5.71m	18-8¾	2/16/19	Central Missouri Classic	
30	Michelle JUERGEN	SR Northern Michigan	0.02	C	5.71m	18-8¾	2/8/19	Grand Valley State Big Meet	



National TFRI Event Summary

Women's Triple Jump — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance		Meet	
1	Cierra PULLIAM	SR Lewis	25.00	C	13.10m	42-11¾	12/1/18	St. Ambrose Frigid Bee Invite
2	Fatim AFFESSI	JR West Texas A&M	21.82	C	12.88m	42-3¼	2/8/19	Don Kirby Collegiate Elite
3	Diana CAULDWELL	SR Lincoln (Mo.)	18.26	C	12.59m	41-3¾	2/8/19	Bearcat Invitational
4	Abby WAGNER	SR Shippensburg	15.57	C	12.46m	40-10½	2/2/19	Sykes-Sabock Challenge Cup
5	Camille JOUANNO	JR Academy of Art	13.09	C	12.33m	40-5½	1/11/19	St. Thomas Aquinas Spartan I
6	Olivia NASH	JR Azusa Pacific	10.80	C	12.25m	40-2¼	12/8/18	Colorado Running Company
7	Kirsten O'MALLEY	SR Bloomsburg	8.77	C	12.24m	40-2	12/7/18	Houghton December Classic
8	Trenadey SCOTT	JR Angelo State	7.70	C	12.22m	40-1¼	2/16/19	Lone Star Indoor Championsh
9	Rushed Blake	SO Lincoln (Mo.)	6.66	C	12.21m	40-¾	2/8/19	Bearcat Invitational
10	D'Andra MORRIS	SO U-Mary	5.48	C	12.16m	39-10¾	2/1/19	NDSU Bison Open (indoor)
10	Tsitsi MAHACHI	SO McKendree	5.48	C	12.16m	39-10¾	12/8/18	Crimson & Gold Invitational
12	Meleah RIDENOUR	SO Southwest Baptist	3.41	C	12.14m	39-10	2/8/19	Gorilla Classic
13	Annie TOPAL	SO New Mexico Highlands	2.37	C	12.13m	39-9¾	1/18/19	Martin Luther King, Jr. Invitati
13	Mercedes ISAACSON-COVER	JR Northwest Missouri	2.37	C	12.13m	39-9¾	1/11/19	Graduate Classic
15	Rohey SINGHATEH	JR Fort Hays State	1.20	C	12.11m	39-8¾	2/8/19	Concordia (Neb.) Indoor Invit
16	Hannah MEEK	SO UC-Colorado Springs	1.02	C	12.08m	39-7¾	12/8/18	Colorado Running Company
17	Dahsia MIDDLEBROOKS	JR American International	0.90	C	12.07m	39-7¼	2/1/19	
18	Anna OBI	FR Grand Valley State	0.75	C	12.04m	39-6	2/8/19	Grand Valley State Big Meet
19	Kia CLAYTON	SR Pitt Johnstown	0.61	C	12.02m	39-5¼	2/16/19	Kent State Tune-Up
20	Keshara ROMAIN	FR Saint Martin's	0.54	C	12.01m	39-5	12/8/18	Jacksons Open
21	Lydia PAVLENKO	JR CSU-Pueblo	0.47	C	12.00m	39-4½	2/1/19	New Mexico Classic
22	HarLee ORTEGA	SR Central Washington	0.39	C	11.98m	39-3¾	2/15/19	GNAC Indoor Championships
22	Mackenzie CLARK	SR Texas A&M-Commerce	0.39	C	11.98m	39-3¾	2/16/19	Lone Star Indoor Championsh
24	Devaniqu BROWN	SR SF State	0.27	C	11.97m	39-3¼	2/8/19	Grand Valley State Big Meet
25	Chrisalyn JOHNSON	JR Alaska Anchorage	0.20	C	11.96m	39-3	2/15/19	GNAC Indoor Championships
25	Brooke WILLIAMS	SR Central Washington	0.20	C	11.96m	39-3	2/15/19	GNAC Indoor Championships
27	Julia ODIR	SR Missouri Western	0.10	C	11.93m	39-1¾	1/19/19	Northwest Open
28	Miyuki SUGIYAMA	FR Ashland	0.07	C	11.91m	39-1	12/7/18	Youngstown State Icebreaker
28	Shekinah WILDER	SR North Greenville	0.07	C	11.91m	39-1	1/18/19	Gamecock Inaugural
30	Kiana JACKSON	FR Colorado Mesa	0.02	C	11.90m	39-½	1/25/19	CSM DII Invite



National TFRI Event Summary

Women's Shot Put — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet
1	Lindsay BAKER	FR Ashland	24.69	C	16.73m	54-10¾	12/1/18	Tiffin Alumni Open
2	Sunflower GREENE	SR Millersville	20.46	C	16.00m	52-6	2/8/19	Fastrack National Invitational
3	Desirea BUERGE	JR Missouri Southern	18.10	C	15.88m	52-1¼	1/26/19	Pittsburg State Invitational
4	Katie MONK	SR Indianapolis	15.61	C	15.72m	51-7	2/8/19	Hoosier Hills
5	Nicole BERRY	FR Tiffin	13.45	C	15.64m	51-3¾	2/16/19	Kent State Tune-Up
6	Payton ROBERTS	JR Missouri Southern	11.40	C	15.62m	51-3	1/19/19	Northwest Open
7	Ashlan BURTON	SO Central Missouri	9.30	C	15.57m	51-1	2/8/19	Bearcat Invitational
8	Zada SWOOPES	SO West Texas A&M	8.03	C	15.44m	50-8	2/16/19	Lone Star Indoor Championsh
9	Jena BLACK	SR Pittsburg State	7.01	C	15.43m	50-7½	12/8/18	Crimson & Gold Invitational
10	Katie TAYLOR	SO Minnesota State	5.87	C	15.36m	50-4¾	1/25/19	Mark Schuck Open and Multi
11	Ashley ELDER	SR Southern New Hampshire	4.55	C	15.13m	49-7¾	2/16/19	Northeast-10 Indoor Champio
12	Daisy OSAKUE	JR Angelo State	3.45	C	15.04m	49-4¼	2/16/19	Lone Star Indoor Championsh
13	Brenda JOHNSON	JR Tiffin	2.36	C	14.95m	49-¾	12/1/18	Tiffin Alumni Open
14	Norma CUNIGAN	SR West Texas A&M	1.23	C	14.83m	48-8	2/16/19	Lone Star Indoor Championsh
14	Emma HERTZ	SO Sioux Falls	1.23	C	14.83m	48-8	2/15/19	SDSU Last Chance
16	Tiara SCHMIDT	SO Neb.-Kearney	0.96	C	14.76m	48-5¼	1/24/19	Concordia (Neb.) Alumni Class
17	Gabby SCHULTZ	SR Queens (N.C.)	0.79	C	14.70m	48-2¾	1/25/19	Finn Pincus Invitational
18	Jadin WAGNER	SO Wayne State (Neb.)	0.61	C	14.62m	47-11¾	1/25/19	Mark Schuck Open and Multi
19	Jeia GILLIAM	SO Virginia State	0.50	C	14.59m	47-10½	2/10/19	CIAA Indoor Championships
20	Destiny MACK-TALALEMOTU	SR SF State	0.45	C	14.58m	47-10	2/1/19	New Mexico Classic
21	Gianna DIPIPO	SO Ashland	0.40	C	14.57m	47-9¾	12/1/18	Tiffin Alumni Open
22	Lane KADLEC	SR Lewis	0.35	C	14.55m	47-9	1/18/19	Indianapolis Collegiate Challe
23	Courtney CLARK	JR Colo. School of Mines	0.30	C	14.44m	47-4½	2/15/19	Colorado Mines Triangular
24	Erika LECHNER	SO Grand Valley State	0.25	C	14.37m	47-1¾	2/8/19	Grand Valley State Big Meet
25	Ali ALDRICH	FR Saginaw Valley State	0.20	C	14.32m	46-11¾	1/11/19	Saginaw Valley State Indoor C
26	Brinn GRUNDER	JR Upper Iowa	0.15	C	14.30m	46-11	2/15/19	Maverick Invite
27	Allison HINSON	JR Lindenwood	0.10	C	14.29m	46-10¾	12/8/18	Missouri Holiday Invitational
28	Hannah HAHLER	JR Findlay	0.07	C	14.28m	46-10¼	2/1/19	Akron Invitational
29	Mackenzie CROWDER	SR Neb.-Kearney	0.05	C	14.27m	46-10	2/8/19	Bearcat Invitational
30	Heather BUCKLER	SR Minnesota State	0.02	C	14.20m	46-7¼	2/15/19	Maverick Invite



National TFRI Event Summary

Women's Weight Throw — 2019 Week #5, February 19

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance		Meet	
1	Katie MONK	SR	Indianapolis	24.30	C	20.56m	67-5½	1/18/19	Indianapolis Collegiate Challe
2	Natalie HELENTHAL	SR	Ashland	20.52	C	19.88m	65-2¾	1/25/19	Penn State National
3	Sunflower GREENE	SR	Millersville	18.24	C	19.77m	64-10½	1/18/19	NYC Gotham Cup
4	Ashton HALLSTED	JR	Chadron State	16.11	C	19.72m	64-8½	12/6/18	Mines Alumni Classic
5	Bobbie GOODWIN	JR	Grand Valley State	13.66	C	19.54m	64-1¼	2/15/19	Grand Valley State Tune-Up
6	Hilary PAXSON	SR	Indianapolis	11.61	C	19.51m	64-¼	2/1/19	Fred Wilt Open
7	Rachael SOMOYE	SR	Texas A&M-Kingsville	9.27	C	19.32m	63-4¾	12/8/18	Crimson & Gold Invitational
8	Katie TAYLOR	SO	Minnesota State	8.15	C	19.25m	63-2	2/15/19	Maverick Invite
9	MacKenzie LEIGH	SR	Ashland	6.77	C	19.02m	62-5	2/16/19	Kent State Tune-Up
10	Gina COLEMAN	SO	Colo. School of Mines	5.57	C	18.79m	61-7¾	1/25/19	CSM DII Invite
11	Destiny MACK-TALALEMOTU	SO	SF State	4.54	C	18.76m	61-6¾	1/25/19	Washington Invitational
12	Brianna COOKS	JR	Pittsburg State	3.37	C	18.57m	60-11¼	2/15/19	Nebraska Tune-Up
13	Lane KADLEC	SR	Lewis	2.25	C	18.44m	60-6	2/8/19	Pat Heenan Invitational
14	Rebecca MANTEUFFEL	SO	Southwest Minnesota Stat	1.22	C	18.41m	60-4¾	2/15/19	SDSU Last Chance
15	Emily WALETZKO	SR	MSU Moorhead	1.07	C	18.35m	60-2½	1/25/19	North Dakota Indoor Open
15	Mckenzie SCHEIL	FR	Wayne State (Neb.)	1.07	C	18.35m	60-2½	2/2/19	South Dakota Alumni Meet
17	Lindsay BAKER	FR	Ashland	0.78	C	18.26m	59-11	2/8/19	Grand Valley State Big Meet
18	Valerie HINDS	JR	Saint Rose	0.60	C	18.17m	59-7½	1/26/19	Utica College Invitational II
19	Gianna DIPIPO	SO	Ashland	0.50	C	18.12m	59-5½	2/16/19	Kent State Tune-Up
20	Judith ESSEMAIAH	FR	Grand Valley State	0.45	C	18.04m	59-2¼	2/15/19	Grand Valley State Tune-Up
21	Brinn GRUNDER	JR	Upper Iowa	0.40	C	18.03m	59-2	2/2/19	Ted Nelson Classic
22	Taylor KROLL	FR	Ashland	0.35	C	17.79m	58-4½	2/16/19	Kent State Tune-Up
23	Hailey WANORECK	SR	Texas A&M-Commerce	0.30	C	17.75m	58-3	2/1/19	Texas Tech Open
23	Tiara SCHMIDT	SO	Neb.-Kearney	0.30	C	17.75m	58-3	12/8/18	Charlie Foster Classic
25	Mary HECKSEL	JR	Grand Valley State	0.20	C	17.73m	58-2	12/7/18	Grand Valley State Holiday Op
26	Annabelle HAARSTAD	JR	Minnesota State	0.15	C	17.57m	57-7¾	2/15/19	Maverick Invite
27	Sierra SUAZO	SO	UC-Colorado Springs	0.10	C	17.56m	57-7½	1/25/19	CSM DII Invite
28	Breanna LOWTHER	SR	Cal State Stanislaus	0.07	C	17.50m	57-5	1/18/19	Ed Jacoby Invitational
29	Franesha ROBINSON-MITCHE	FR	Grand Valley State	0.05	C	17.45m	57-3	2/8/19	Grand Valley State Big Meet
30	Carrol PAULEY	FR	Ashland	0.02	C	17.39m	57-¾	2/15/19	Ohio State University Tune-U



National TFRI Event Summary

Women's Pentathlon — 2019 Week #5, February 19

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Scout CAI	JR Seattle Pacific	23.39	C	3,837	2/15/19 GNAC Indoor Championships
2	Brianna SCHMITZ	SR Emporia State	20.64	C	3,789	1/31/19 Mule Relays
3	Kaija CROWE	SO UC-Colorado Springs	18.34	C	3,770	12/6/18 Mines Alumni Classic
4	CeCe TELFER	SR Franklin Pierce	3.78 D	C	3,735	12/7/18 The Elm City Challenge
5	HarLee ORTEGA	SR Central Washington	13.70	C	3,729	11/30/18 Candy Cane Invitational
6	Olivia MONTEZ BROWN	JR Augustana (S.D.)	11.52	C	3,712	1/25/19 Mark Schuck Open and Multi
7	Lauren HUEBNER	JR Saginaw Valley State	9.00	C	3,663	12/7/18 Saginaw Valley State Holiday
8	Camille BAKER	SR Missouri S&T	7.99	C	3,662	12/7/18 Boo Rogers Combined Events
9	Caroline LEWIS	SO West Chester	6.89	C	3,653	12/7/18 Fast Times at Lehigh
10	Skyler RUSZKOWSKI	SR Missouri S&T	5.74	C	3,639	12/7/18 Boo Rogers Combined Events
10	Abigail JONES	SR Assumption	5.74	C	3,639	12/6/18 Rhode Island Combined Event
12	Chelsea BONE	SR Concordia (Ore.)	3.62	C	3,628	2/15/19 GNAC Indoor Championships
13	Devaniqué BROWN	SR SF State	2.51	C	3,609	1/31/19 Colorado Indoor Invitational
14	Trace MOSBY	FR Pittsburg State	1.43	C	3,595	1/31/19 Mule Relays
15	Aspen GAITA	SR East Stroudsburg	1.29	C	3,588	12/7/18 Fast Times at Lehigh
16	Jordan NASH	SR Angelo State	0.99	C	3,551	2/16/19 Lone Star Indoor Championsh
17	Chelsea CHEEK	JR Texas A&M-Commerce	0.78	C	3,531	2/16/19 Lone Star Indoor Championsh
18	Jordan HAMMOND	JR Northwest Missouri	0.62	C	3,520	12/7/18 Mel Tjeerdsma Classic
19	Karlea DUHON	FR Angelo State	0.50	C	3,501	2/16/19 Lone Star Indoor Championsh
20	Kirsten CAMP	SR Tiffin	0.45	C	3,493	12/7/18 Saginaw Valley State Holiday
21	Christa BENSON	SR Bemidji State	0.40	C	3,452	2/1/19 NDSU Bison Open (indoor)
22	Elise ULSETH	FR Queens (N.C.)	0.35	C	3,437	2/12/19 Queens (N.C.) Combined Even
23	Erika WHITE	JR Colorado Mesa	0.30	C	3,422	12/6/18 Mines Alumni Classic
24	McKenzie PENNE	SO Pittsburg State	0.25	C	3,420	12/7/18 Boo Rogers Combined Events
25	Madison PLANTE	SO Lake Erie	0.20	C	3,399	1/25/19 Tom Hathaway Distance Carni
26	Claire LUALLAN	FR Missouri Southern	0.15	C	3,391	2/1/19 Missouri Southern Lion Invitat
27	Meagan WARWICK	SO Azusa Pacific	0.10	C	3,389	1/31/19 Colorado Indoor Invitational
28	Jazilee WILLIAMS	SO Tiffin	0.07	C	3,382	12/7/18 Saginaw Valley State Holiday
29	Sidney TRINIDAD	SO Central Washington	0.05	C	3,356	2/15/19 GNAC Indoor Championships
30	Renick MEYER	SO Seattle Pacific	0.02	C	3,326	2/1/19 Cougar Indoor