



National TFRI Event Summary

Women's 60 Meters — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Gabrielle NOLAND	JR Loras	22.69	C	7.59	2/22/19 American Rivers (ARC) Indoor	
2	Evelina SLOBOH	JR Wesley	20.55	C	7.60	2/8/19 Navy Select	
3	Favor EZEWUZIE	JR Wheaton (Ill.)	18.12	C	7.63	2/22/19 CCIW Indoor Championships	
4	Savannah RYGIEWICZ	SO UW-La Crosse	15.83	C	7.65	2/22/19 WIAC Indoor Championships	
5	Quinn HARLAN	SO Roanoke	13.27	C	7.69	2/15/19 Virginia Tech Challenge	
6	Michaela BURRELL	JR Rochester (N.Y.)	11.13	C	7.70	2/22/19 Liberty League Indoor Champi	
6	Kennedy TAUBE	SO George Fox	11.13	C	7.70	2/23/19 Seattle Pacific Last Chance In	
8	Alison BEEMAN	JR Dubuque	9.00	C	7.71	3/1/19 Wartburg Last Chance	
9	Jada LEWIS	SO Augsburg	7.91	C	7.72	2/16/19 Parents' Day Invitational	
10	Kaitlin WOYAK	SR UW-Stout	6.81	C	7.73	2/22/19 WIAC Indoor Championships	
11	Shamyra WILKERSON	JR Shenandoah	5.72	C	7.74	2/24/19 ODAC Indoor Championships	
11	Stephanie GARCIA	FR North Central (Ill.)	5.72	C	7.74	3/1/19 Wartburg Last Chance	
11	Terrianna BLACK	JR Loras	5.72	C	7.74	(7.18(55)) 2/15/19 Spartan Invitational (Dubuqu	
14	Alanna MUHAMMAD	FR Wartburg	2.53	C	7.76	1/19/19 Chelsey M. Henkenius Open	
14	Hannah WILLHITE	JR Augustana (Ill.)	2.53	C	7.76	2/22/19 CCIW Indoor Championships	
16	Dani BLAND	SR Emory	1.69	C	7.77	1/20/19 Emory Crossplex Invite	
16	Tymesia MCFADDEN	SR UW-Stout	1.69	C	7.77	2/22/19 WIAC Indoor Championships	
18	Kiara TAN	FR Williams	1.12	C	7.80	3/2/19 Tufts Final Qualifying Meet	
18	Andrea HYDE	JR Illinois College	1.12	C	7.80	(7.24(55)) 2/15/19 Illinois College Hilltop Invitati	



National TFRI Event Summary

Women's 200 Meters — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Sarah KING	SR	George Fox	23.37	C	24.34	2/9/19 Boise State Team Challenge
2	Alison BEEMAN	JR	Dubuque	20.47	C	24.55c (24.93)	2/22/19 American Rivers (ARC) Indoor
3	Gabrielle NOLAND	JR	Loras	18.30	C	24.59c (24.97)	2/2/19 Keck Invitational
4	Gina DELLO RUSSO	JR	Stevens	15.59	C	24.76c (25.14)	2/22/19 Empire 8 Indoor Championshi
5	Michaela BURRELL	JR	Rochester (N.Y.)	13.23	C	24.85c (25.23)	3/1/19 AARTFC (All-DIII Atlantic Regio
6	Natasha BROWN	SR	Wheaton (Ill.)	11.18	C	24.87c (25.25)	2/22/19 CCIW Indoor Championships
7	Katie EASTBURN	JR	Augustana (Ill.)	10.15	C	24.88c (25.26)	2/22/19 CCIW Indoor Championships
8	Lauren WRENSCH	SR	UW-Oshkosh	8.98	C	24.94c (25.32)	2/16/19 UW-Oshkosh Titan Challenge
9	Savannah RYGIEWICZ	SO	UW-La Crosse	7.77	C	25.02c (25.40)	2/2/19 Ted Nelson Classic
10	Hannah WILLHITE	JR	Augustana (Ill.)	6.71	C	25.04c (25.43)	2/22/19 CCIW Indoor Championships
11	Dilys OSEI	SR	Emory	5.63	C	25.07c (25.46)	3/2/19 Tufts Final Qualifying Meet
12	Hannah MERTENS	SR	UW-Stevens Point	4.55	C	25.10c (25.49)	2/22/19 WIAC Indoor Championships
13	Shamyra WILKERSON	JR	Shenandoah	3.52	C	25.11c (25.50)	2/24/19 ODAC Indoor Championships
14	Briana BERNINGHAUS	JR	Hamline	2.49	C	25.12c (25.51)	2/21/19 MIAC Indoor Championships
15	Aspen ROLFES	SO	Nebraska Wesleyan	1.91	C	25.15c (25.54)	3/1/19 Wartburg Last Chance
16	Catherine BERRY	SR	Hamilton	1.63	C	25.16c (25.55)	3/1/19 AARTFC (All-DIII Atlantic Regio
17	Kayla ARMSTRONG	SO	Concordia Chicago	1.36	C	25.17c (25.56)	2/23/19 NACC Indoor Championships
18	Dani BLAND	SR	Emory	1.20	C	25.19c (25.58)	2/23/19 UAA Indoor Championships
18	Sophie STOKES CERKVENI	SR	Colby	1.20	C	25.19c (25.58)	3/2/19 Tufts Final Qualifying Meet
20	Kennedy TAUBE	SO	George Fox	0.99	C	25.20	2/23/19 Seattle Pacific Last Chance In



National TFRI Event Summary

Women's 400 Meters — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Sarah KING	SR	George Fox	24.58	C	54.27	2/9/19 Boise State Team Challenge
2	Gina DELLO RUSSO	JR	Stevens	20.35	C	55.73c (56.47)	2/22/19 Empire 8 Indoor Championshi
3	Kaylee JONES	SR	Nebraska Wesleyan	17.77	C	56.12c (56.86)	2/9/19 Darren Young Classic
4	Lauren WRENSCH	SR	UW-Oshkosh	15.70	C	56.17c (56.91)	2/22/19 WIAC Indoor Championships
5	Jenny AGUIAR	SR	Wesleyan (Conn.)	13.44	C	56.35c (57.09)	2/22/19 New England Division III Indo
6	Katie EASTBURN	JR	Augustana (Ill.)	11.03	C	56.63c (57.38)	2/22/19 CCIW Indoor Championships
7	Abbie FELTON	JR	UW-Whitewater	10.00	C	56.65c (57.40)	2/16/19 UW-Oshkosh Titan Challenge
8	Kayla ARMSTRONG	SO	Concordia Chicago	8.86	C	56.78c (57.53)	3/2/19 Pointer "Qualifier"
9	Elizabeth JONES	SR	Nebraska Wesleyan	7.85	C	56.79c (57.54)	2/9/19 Darren Young Classic
10	Samantha GORMAN	JR	TCNJ	6.78	C	56.86c (57.61)	3/1/19 AARTFC (All-DIII Atlantic Regio
11	Harley WILSON	SO	RIT	5.75	C	56.89	2/8/19 David Hemery Valentine Invita
12	Morgan HALLOW	SR	Trinity (Conn.)	4.62	C	57.03c (57.78)	3/2/19 Tufts Final Qualifying Meet
13	Catherine BERRY	SR	Hamilton	3.54	C	57.11	2/24/19 Boston University Last Chanc
14	Johanna GLAASER	JR	St. Olaf	2.48	C	57.18c (57.94)	3/1/19 Wartburg Last Chance
15	Simone WILSON	SO	Concordia Chicago	1.80	C	57.39c (58.15)	3/2/19 Pointer "Qualifier"
16	Marissa JONES	JR	SUNY Plattsburgh	1.52	C	57.44	2/8/19 David Hemery Valentine Invita
17	Rachel LEONARD	SR	Colby	1.25	C	57.48	2/24/19 Boston University Last Chanc
18	Emma COCHRANE	SR	Cornell College	1.12	C	57.56c (58.32)	3/1/19 Wartburg Last Chance
19	Lizzy KEENA	SO	UW-Eau Claire	1.00	C	57.59c (58.35)	2/22/19 WIAC Indoor Championships



National TFRI Event Summary

Women's 800 Meters — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance			Meet		
1	Phoebe AGUIAR	SR	Macalester	23.13	C	2:09.75c	(2:11.24)	2/16/19	Parents' Day Invitational		
2	Anna PASSANNANTE	JR	Williams	20.58	C	2:10.43c	(2:11.93)	2/2/19	Tufts Cupid Challenge		
3	Sydney PACKARD	JR	WPI	18.51	C	2:10.52		2/8/19	David Hemery Valentine Invita		
4	Esther SEELAND	FR	Messiah	15.57	C	2:11.70		2/16/19	Penn State Tune-Up		
5	Cassidy KEARNEY	FR	Middlebury	13.46	C	2:11.84c	(2:13.36)	2/22/19	New England Division III Indo		
6	Ashley RYNARD	JR	Texas Lutheran	11.42	C	2:11.91		12/7/18	Grand Valley State Holiday Op		
7	Ayden EICKHOFF	SR	Bates	10.39	C	2:11.97		1/25/19	John Thomas Terrier Classic		
8	Kelly BRENNAN	JR	Baldwin Wallace	9.11	C	2:12.51c	(2:14.03)	2/15/19	Ohio State University Tune-U		
9	Margaret TRAUTNER	JR	MIT	7.91	C	2:12.89		1/25/19	John Thomas Terrier Classic		
10	Sarah RUDGE	JR	Ithaca	6.59	C	2:13.51c	(2:15.05)	2/16/19	Marc Deneault Invitational		
11	Johanna MEISTER	JR	UW-Platteville	5.57	C	2:13.55c	(2:15.09)	3/1/19	Wartburg Last Chance		
12	Bailey TREGONING	SR	MIT	4.42	C	2:13.84		1/25/19	John Thomas Terrier Classic		
13	Meg WILSON	JR	Middlebury	3.40	C	2:13.92c	(2:15.46)	3/2/19	Tufts Final Qualifying Meet		
14	Mary LUNDIN	SR	Hamilton	2.38	C	2:14.00c	(2:15.54)	2/9/19	Class of '32 Invite		
15	Margaret MCCAFFERY	SR	Rhode Island College	1.85	C	2:14.12c	(2:15.66)	3/2/19	Tufts Final Qualifying Meet		
16	Carly DANOSKI	JR	Moravian	1.59	C	2:14.13		2/8/19	Fastrack National Invitational		
17	Mackenzie DIXON	SO	Millikin	1.30	C	2:14.30c	(2:15.84)	2/22/19	CCIW Indoor Championships		
18	Kaitlyn VAN BAALEN	FR	Chicago	1.11	C	2:14.66c	(2:16.21)	2/23/19	UAA Indoor Championships		
19	Kathleen JAEGER	SR	TCNJ	1.00	C	2:14.71		2/8/19	David Hemery Valentine Invita		
20	Avery EWING	SR	Ohio Northern	0.85	C	2:14.88c	(2:16.43)	3/1/19	Polar Bear Last Chance Qualifi		



National TFRI Event Summary

Women's Mile — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Emily BRYSON	SR	Brandeis	23.93	C	4:45.58	2/15/19	Fastrack Last Chance
2	Hannah ROESKE	SO	Wheaton (Ill.)	20.16	C	4:52.35	2/8/19	Grand Valley State Big Meet
3	Katherine DIEKEMA	SR	Calvin	18.04	C	4:52.80	2/8/19	Grand Valley State Big Meet
4	Anna PASSANNANTE	JR	Williams	15.84	C	4:53.59c (4:56.49)	2/22/19	New England Division III Indo
5	Evonne BULTEMEYER	SO	Trine	13.72	C	4:54.06	2/8/19	Grand Valley State Big Meet
6	Marissa MCPHILLIPS	JR	MIT	11.48	C	4:55.05	2/8/19	David Hemery Valentine Invita
7	Emily MANFRA	SO	Suffolk	10.12	C	4:56.82	1/25/19	John Thomas Terrier Classic
8	Rhemi TOTH	JR	Tufts	9.03	C	4:57.39	2/8/19	David Hemery Valentine Invita
9	Helen CHAVEY	SR	Colby	7.91	C	4:58.11c (5:01.06)	3/2/19	Tufts Final Qualifying Meet
10	Veronica KORDRUPEL	SR	Buffalo State	6.78	C	4:58.87c (5:01.82)	3/1/19	AARTFC (All-DIII Atlantic Regio
11	Tasha GREENE	SO	Middlebury	5.71	C	4:59.28c (5:02.24)	2/22/19	New England Division III Indo
12	Kierra ZACK	SR	Eastern (Pa.)	4.48	C	5:01.05c (5:04.03)	3/2/19	Tufts Final Qualifying Meet
13	Amanda VANDENPLAS	JR	UW-Oshkosh	3.40	C	5:02.05c (5:05.04)	2/22/19	WIAC Indoor Championships
14	Mary Kate MCELROY	SO	Ohio Wesleyan	2.28	C	5:03.47c (5:06.47)	3/1/19	NCAC Indoor Championships
15	Jac GUERRA	FR	Brandeis	1.77	C	5:03.61c (5:06.61)	2/23/19	UAA Indoor Championships
16	Emma DYER	SO	Chicago	1.49	C	5:03.92c (5:06.92)	2/23/19	UAA Indoor Championships
17	Hannah VENDETTA	SO	Rowan	1.22	C	5:04.22c (5:07.23)	3/1/19	AARTFC (All-DIII Atlantic Regio
18	Kayla O'SHEA	SR	Emory	1.10	C	5:04.53c (5:07.54)	2/23/19	UAA Indoor Championships
19	Julia MYERS	JR	Rochester (N.Y.)	0.99	C	5:04.55c (5:07.56)	3/1/19	AARTFC (All-DIII Atlantic Regio



National TFRI Event Summary

Women's 3000 Meters — 2019 Week #7, March 4

NPR	Athlete	SR	Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Emily FORNER	SR	Allegheny (Pa.)	22.54	C	9:41.15	2/8/19 Grand Valley State Big Meet
2	Rory KELLY	JR	Middlebury	20.38	C	9:42.29c (9:47.28)	2/22/19 New England Division III Indo
3	Kelsey TIERNEY	SR	Tufts	18.35	C	9:42.49c (9:47.48)	2/22/19 New England Division III Indo
4	Christina SCARTELLI	SR	Amherst	15.93	C	9:45.46c (9:50.47)	2/2/19 Tufts Cupid Challenge
5	Jenna MELANSON	JR	MIT	13.42	C	9:49.47c (9:54.52)	2/22/19 New England Division III Indo
6	Natalie COOPER	SR	TCNJ	11.41	C	9:49.54c (9:54.59)	3/1/19 AARTFC (All-DIII Atlantic Regio
7	Cassidy CHRISTOPHER	SO	Wartburg	10.31	C	9:50.60c (9:55.66)	3/1/19 Wartburg Last Chance
8	Sophie ELGAMAL	SO	Chicago	9.24	C	9:51.30c (9:56.37)	3/1/19 Wartburg Last Chance
9	Katie BARKER	SR	Bates	8.19	C	9:51.88c (9:56.95)	2/22/19 New England Division III Indo
10	Laura BARRECA	SR	SUNY Geneseo	7.07	C	9:53.18c (9:58.26)	3/1/19 AARTFC (All-DIII Atlantic Regio
11	Sarah HOUSE	JR	Dickinson	5.93	C	9:54.66c (9:59.75)	2/23/19 Centennial Indoor Champions
12	Maggie BOND	JR	RPI	4.40	C	10:03.69c (10:08.86)	2/22/19 Liberty League Indoor Champi
13	Emily STAHL	SR	Johns Hopkins	3.38	C	10:04.06	2/8/19 David Hemery Valentine Invita
14	Lauren PERKOWSKI	JR	Keene State	2.33	C	10:05.27	2/8/19 David Hemery Valentine Invita
15	Dana CEBULSKI	SR	SUNY Geneseo	1.82	C	10:05.47c (10:10.66)	2/16/19 RIT Late February Invitational
16	Emma WEISSE	SO	Suffolk	1.52	C	10:06.52c (10:11.72)	2/22/19 New England Division III Indo
17	Julia MITCHELL	SR	Wesleyan (Conn.)	1.20	C	10:08.09c (10:13.30)	2/22/19 New England Division III Indo
18	Jordan HURLBUT	JR	Rochester (N.Y.)	1.09	C	10:08.32c (10:13.53)	2/22/19 Liberty League Indoor Champi
19	Calista ARIEL	JR	Bridgewater (Va.)	0.93	C	10:09.78c (10:15.00)	3/2/19 Tufts Final Qualifying Meet



National TFRI Event Summary

Women's 5000 Meters — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet	
1	Kaitlyn MOONEY	SO Coast Guard	23.34	C	16:27.30	2/8/19 David Hemery Valentine Invita	
2	Cassie VINCE	SR Albion	21.29	C	16:27.99	2/8/19 Grand Valley State Big Meet	
3	Cheyenne MOORE	SR UW-Oshkosh	18.19	C	16:41.67c (16:49.34)	1/18/19 UW-Oshkosh Titan Twilight In	
4	Annie RODENFELS	SR Centre	15.98	C	16:44.40	12/1/18 Boston University/Sharon Col	
5	Caelyn REILLY	JR Johns Hopkins	13.87	C	16:45.75c (16:53.45)	1/25/19 Patriot Games	
6	Aly WAYNE	SR Washington (Mo.)	11.44	C	16:51.23c (16:58.97)	2/9/19 Midwest ELITE Invitational	
7	Genny CORCORAN	SO SUNY Geneseo	10.01	C	16:59.43c (17:07.23)	2/2/19 Tufts Cupid Challenge	
8	Elise RAMIREZ	SR SUNY Geneseo	9.00	C	16:59.60c (17:07.40)	2/2/19 Tufts Cupid Challenge	
9	Carina COLLET	SO Wartburg	7.67	C	17:05.92c (17:13.77)	2/9/19 Midwest ELITE Invitational	
10	Clare SCHOEN	SR Misericordia	6.64	C	17:06.55c (17:14.41)	1/25/19 Bison Open & Multis	
11	Ellie CLAWSON	SR Johns Hopkins	5.39	C	17:13.30c (17:21.21)	2/23/19 Centennial Indoor Champions	
12	Kassie ROSENBAUM	SO Loras	4.36	C	17:14.40c (17:22.32)	3/1/19 Wartburg Last Chance	
13	Claire BROCKWAY	JR Chicago	3.33	C	17:15.61c (17:23.54)	3/1/19 Wartburg Last Chance	
14	Sophie WATTERSON	JR Washington (Mo.)	2.30	C	17:16.73c (17:24.67)	2/9/19 Midwest ELITE Invitational	
15	Hilary REIGLE	SR Mount Union	1.80	C	17:16.96	12/7/18 Youngstown State Icebreaker	
16	Emily HARRIS	SR Williams	1.51	C	17:18.41c (17:26.36)	3/2/19 Tufts Final Qualifying Meet	
17	Sam LEVY	JR Johns Hopkins	1.25	C	17:18.63c (17:26.58)	2/23/19 Centennial Indoor Champions	
18	Lauren PERKOWSKI	JR Keene State	1.13	C	17:19.64	1/25/19 John Thomas Terrier Classic	
19	Allison MILLER	JR Brockport	0.95	C	17:22.73c (17:30.71)	3/1/19 AARTFC (All-DIII Atlantic Regio	



National TFRI Event Summary

Women's 60 Meter Hurdles — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Favor EZEWUZIE	JR Wheaton (Ill.)	22.55	C	8.72	2/22/19 CCIW Indoor Championships
2	Jayci ANDREWS	SR Bridgewater State	20.32	C	8.74	2/22/19 New England Division III Indo
3	Aspen MCMILLAN	SR Rowan	18.21	C	8.75	3/1/19 AARTFC (All-DIII Atlantic Regio
4	Gabrielle BROWN	SR Hamline	16.10	C	8.76	2/16/19 Parents' Day Invitational
5	J'Laan PITTMAN	SR Washington (Mo.)	13.66	C	8.80	1/26/19 Titan Open
6	Sophie STOKES CERKVENI	SR Colby	11.55	C	8.81	2/8/19 David Hemery Valentine Invita
7	Caitlin UBL	SR Williams	10.22	C	8.84	2/22/19 New England Division III Indo
8	Caira WATSON-HAYNES	SO Washington (Mo.)	9.15	C	8.85	2/23/19 UAA Indoor Championships
9	Emily VALLE	JR Bridgewater (Va.)	7.86	C	8.89	2/24/19 ODAC Indoor Championships
10	Chyenne KIMBLE	JR Redlands	6.79	C	8.90c (8.86)	2/15/19 NAU Tune-Up
11	Dilys OSEI	SR Emory	5.64	C	8.92	2/23/19 UAA Indoor Championships
12	Darielle CROSS	JR Rowan	4.57	C	8.93	2/22/19 Armory College Last Chance
13	Eva LAUN-SMITH	SO Beloit	3.50	C	8.94	2/22/19 Midwest Conference Indoor C
14	Elayna BAHL	FR Loras	2.39	C	8.97	3/1/19 Wartburg Last Chance
14	Ella ROSSA	SO Amherst	2.39	C	8.97	3/2/19 Tufts Final Qualifying Meet
16	Tommie BRENNER	SR UW-Eau Claire	1.57	C	8.99	3/2/19 Pointer "Qualifier"
17	Isabelle KICK	JR UW-La Crosse	1.29	C	9.00	3/1/19 Wartburg Last Chance
17	Shanna LAEHN	SR UW-Stout	1.29	C	9.00	2/16/19 UW-Oshkosh Titan Challenge
19	Maggi BJUSTROM	JR Wartburg	1.01	C	9.02	2/22/19 American Rivers (ARC) Indoor



National TFRI Event Summary

Women's 4x400 Relay — 2019 Week #7, March 4

NPR	Relay Squad	Institution (Team Rank)	Team Pts.		Scored Performance		Meet
1	Elizabeth Jones (SR), Kaylee Jones (SR), Anna Frazier (SR), Aspen Rolfes (SO)	Nebraska Wesleyan	23.81	C	3:46.68c	(3:49.68)	3/1/19 Wartburg Last Chance
2	Elizabeth McCadd (SO), Kaitlin Bonney (SO), Kelsey McLaurin (SO), Allison Grady (FR)	North Central (Ill.)	20.42	C	3:48.99c	(3:52.03)	3/1/19 Wartburg Last Chance
3	Belle Tyynismaa (JR), Carson McSorley (FR), Lily Campbell (FR), Jackie Ganshirt (SO)	Wartburg	18.08	C	3:49.57c	(3:52.61)	3/1/19 Wartburg Last Chance
4	Anna Flaitz (FR), Kayla Barber (SO), Emily Lavarney (FR), Madison Mulder (FR)	SUNY Geneseo	15.82	C	3:50.00c	(3:53.05)	3/1/19 AARTFC (All-DIII Atlantic Regio
5	Hannah Sankey (SO), Deli Labatt (JR), Corin McKinstrey (JR), AddieKay Johnson (SR)	Bethel (Minn.)	13.64	C	3:50.31c	(3:53.36)	2/16/19 Parents' Day Invitational
6	Davis Collison (SO), Summer-Solstice Thomas (JR), Ella Dunn (SO), Megan Powell (JR)	Williams	11.61	C	3:50.36c	(3:53.41)	2/22/19 New England Division III Indo
7	Elizabeth Warren (FR), Annie Wright (SR), Bethany Gingerich (FR), Sarah King (SR)	George Fox	9.54	C	3:50.49		2/23/19 Seattle Pacific Last Chance In
8	Emma Platzbecker (JR), Savannah Rygiewicz (SO), Katie Banie (FR), Mara Schroeder (FR)	UW-La Crosse	7.18	C	3:51.10c	(3:54.16)	3/1/19 Wartburg Last Chance
9	Sarah Duff (SR), Morgan McClone (SO), Cora Purdue (FR), Maddie LeBrun (JR)	St. Norbert	6.16	C	3:51.14c	(3:54.20)	2/16/19 UW-Oshkosh Titan Challenge
10	Stevie Lambe (FR), Bella Solis (SR), Alexis Alt (JR), Gabrielle Noland (JR)	Loras	5.01	C	3:51.40c	(3:54.47)	3/1/19 Wartburg Last Chance
11	Megan Gasnick (FR), Shannon Lambert (SO), Samantha Gorman (JR), Kathleen Jaeger (SR)	TCNJ	2.94	C	3:51.51c	(3:54.58)	3/1/19 AARTFC (All-DIII Atlantic Regio
12	Emma Beane (SO), Morger Gallagher (JR), Samantha Schaefer (SR), Sara Ory (SR)	Bowdoin	1.80	C	3:51.76c	(3:54.83)	3/2/19 Tufts Final Qualifying Meet



National TFRI Event Summary

Women's Distance Medley Relay — 2019 Week #7, March 4

NPR	Relay Squad	Institution (Team Rank)	Team Pts.		Scored Performance		Meet
1	Julia Bryson (SR), Leinni Valdez (SO), Doyin Ogundiran (SR), Emily Bryson (SR)	Brandeis	23.05	C	11:34.54c	(11:41.98)	3/2/19 Tufts Final Qualifying Meet
2	Heather Sandvik (SR), Hailey Acosta (JR), Katy Foltz (SR), Claire Lamb (SR)	Otterbein	20.99	C	11:34.83c	(11:42.27)	3/2/19 Tufts Final Qualifying Meet
3	Anita Green (SR), Anna Beck (JR), Adora Lawrence (JR), Kaitlyn Mooney (SO)	Coast Guard	18.66	C	11:36.60c	(11:44.06)	3/2/19 Tufts Final Qualifying Meet
4	Abigail Nadler (SR), Gretchen McGrath (SO), Cassidy Kearney (FR), Rory Kelly (JR)	Middlebury	16.26	C	11:38.75c	(11:46.23)	3/2/19 Tufts Final Qualifying Meet
5	Margaret Trautner (JR), Sarah Ishamuddin (SO), Bailey Tregoning (SR), Marissa McPhillips (JR)	MIT	13.80	C	11:41.25		2/8/19 David Hemery Valentine Invita
6	Brianna Bourne (SO), Ella Dunn (SO), Abby Scott (FR), Anna Passannante (JR)	Williams	11.55	C	11:42.60c	(11:50.12)	2/22/19 New England Division III Indo
7	Vanessa Paoletta (SO), Imani Boggan (SO), Elise Lambert (FR), Ayden Eickhoff (SR)	Bates	9.34	C	11:43.79c	(11:51.33)	3/2/19 Tufts Final Qualifying Meet
8	Maddison Landis (JR), Ellissa Slader (FR), Leanne Weaver (JR), Esther Seeland (FR)	Messiah	7.06	C	11:46.05c	(11:53.61)	3/2/19 Tufts Final Qualifying Meet
9	Delaney Bullock (FR), Sara Ory (SR), Claire Traum (SO), Caroline Shipley (JR)	Bowdoin	5.98	C	11:46.73c	(11:54.30)	3/2/19 Tufts Final Qualifying Meet
10	Emma Drangstveit (SO), Lizzy Keena (SO), Hanna Reed (SR), Morgan Marek (SR)	UW-Eau Claire	4.88	C	11:47.57c	(11:55.15)	3/1/19 Wartburg Last Chance
11	Ariel Keklak (SO), Alexandra Damron (SO), Erin Brush (SR), Therese Olshanski (SO)	Johns Hopkins	2.77	C	11:48.46c	(11:56.05)	3/1/19 AARTFC (All-DIII Atlantic Regio
12	Emily Stegmeier (SO), Ava Forman (FR), Grace Bristow (FR), Molly Shepherd (SR)	Washington (Mo.)	1.65	C	11:49.42c	(11:57.02)	3/1/19 Wartburg Last Chance



National TFRI Event Summary

Women's High Jump — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet
1	Cirrus ROBINSON	JR Ohio Wesleyan	23.26	C	1.75m	5-8¾	1/26/19	Dr. William Taraschke Classic
1	Emma EGAN	JR Williams	23.26	C	1.75m	5-8¾	1/12/19	Amherst-Wesleyan-Williams (L
3	Laura PULLINS	FR Marietta	18.19	C	1.73m	5-8	1/12/19	Marietta Open
4	Alexandra THOMPSON	SR Chicago	15.65	C	1.72m	5-7¾	2/16/19	Margaret Bradley Invitational
4	Chloe DEWHURST	FR Springfield (Mass.)	15.65	C	1.72m	5-7¾	2/16/19	Springfield College Triangle Cl
6	Taylor WIEDERRECHT	JR Messiah	11.16	C	1.71m	5-7¼	2/22/19	Middle Atlantic (MAC) Indoor
6	Stephanie PLADIES	JR UW-Stout	11.16	C	1.71m	5-7¼	2/22/19	WIAC Indoor Championships
6	Lauren PARKER	SR RPI	11.16	C	1.71m	5-7¼	2/1/19	Crimson Elite
6	Sylviann MOMONT	JR UW-Stevens Point	11.16	C	1.71m	5-7¼	2/22/19	WIAC Indoor Championships
10	Jacy SCHARLOW	FR RPI	6.80	C	1.70m	5-7	12/1/18	UMass Boston Indoor Open
11	Courtney KRUTHOFF	SO Central (Iowa)	5.49	C	1.69m	5-6½	12/1/18	Happy Holidays Multi-Events
12	Kene ODENIGBO	SR Williams	4.31	C	1.68m	5-6	3/2/19	Tufts Final Qualifying Meet
12	Maya VERMA	FR RPI	4.31	C	1.68m	5-6	12/8/18	Utica College Pioneer Winter
12	Laura DARCEY	JR Chicago	4.31	C	1.68m	5-6	2/23/19	UAA Indoor Championships
12	Sara GRAY	JR Gwynedd-Mercy	4.31	C	1.68m	5-6	3/1/19	ECAC DIII Indoor Championshi
12	Sarah GOMEZ	FR Carroll (Wis.)	4.31	C	1.68m	5-6	3/2/19	Pointer "Qualifier"
12	Bella SOLIS	SR Loras	4.31	C	1.68m	5-6	1/19/19	Sol Butler Classic
18	Taiah GALLISATH	JR North Central (Ill.)	1.02	C	1.67m	5-5¾	2/22/19	CCIW Indoor Championships
18	Kassidy MULRYNE	FR TCNJ	1.02	C	1.67m	5-5¾	12/8/18	New Year Invitational



National TFRI Event Summary

Women's Pole Vault — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance			Meet	
1	Heidi NASSOS	SR	Washington (Mo.)	23.21	C	3.93m	12-10¾	2/23/19	UAA Indoor Championships	
2	Julia DANNENBAUM	SO	Washington (Mo.)	20.80	C	3.91m	12-10	2/15/19	Illinois College Hilltop Invitati	
3	Olivia MCDANIEL	SR	Linfield	18.59	C	3.90m	12-9½	2/1/19	Cougar Indoor	
4	Maggie KRAUSE	JR	Ohio Northern	15.78	C	3.86m	12-8	2/2/19	Joe Banks Invitational	
5	Morgan GOSSARD	FR	Westminster (Pa.)	13.64	C	3.85m	12-7½	2/16/19	Kent State Tune-Up	
6	Carley DYKSTRA	SR	WPI	11.22	C	3.82m	12-6¼	2/16/19	Springfield College Triangle Cl	
6	Kelsie HAO	SO	Williams	11.22	C	3.82m	12-6¼	2/16/19	Springfield College Triangle Cl	
6	Kristina LANGAN	FR	Ramapo	11.22	C	3.82m	12-6¼	3/1/19	AARTFC (All-DIII Atlantic Regio	
9	Kari STROMHAUG	JR	MIT	7.95	C	3.80m	12-5½	2/1/19		
10	Meghan MATHENY	FR	Ithaca	6.61	C	3.77m	12-4½	3/1/19	AARTFC (All-DIII Atlantic Regio	
11	Allison STEVENS	JR	Ohio Northern	5.47	C	3.75m	12-3½	2/9/19	All-Ohio D-III Indoor Champio	
12	Mackenzie BUTCHER	SR	Augustana (Ill.)	4.33	C	3.73m	12-2¾	2/9/19	Darren Young Classic	
12	Isabel GARON	JR	Chicago	4.33	C	3.73m	12-2¾	2/23/19	UAA Indoor Championships	
14	Rachel ZASTROW	SR	UW-La Crosse	2.26	C	3.72m	12-2½	2/2/19	Ted Nelson Classic	
14	Anais MARENCO	FR	MIT	2.26	C	3.72m	12-2½	3/2/19	Tufts Final Qualifying Meet	
14	Kyleigh DUMAS	JR	Salisbury	2.26	C	3.72m	12-2½	3/1/19	ECAC DIII Indoor Championshi	
14	Maggie MURPHY	SR	Williams	2.26	C	3.72m	12-2½	3/2/19	Tufts Final Qualifying Meet	
18	Heather BEECHER	JR	UW-Stout	1.09	C	3.71m	12-2	3/1/19	Wartburg Last Chance	
18	Brittany EHLEN	SR	UW-Platteville	1.09	C	3.71m	12-2	3/1/19	UW-Platteville Final Qualifyin	
18	Jacqueline AHRENS	SO	MIT	1.09	C	3.71m	12-2	2/22/19	New England Division III Indo	



National TFRI Event Summary

Women's Long Jump — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance			Meet		
1	Lauren WRENSCH	SR	UW-Oshkosh	23.64	C	5.91m	19-4¾	2/16/19	UW-Oshkosh Titan Challenge		
2	Eka JOSE	SO	Washington (Mo.)	20.19	C	5.81m	19-¾	2/2/19	Keck Invitational		
3	Maya HAMMONDS	SR	Johns Hopkins	18.05	C	5.80m	19-½	1/12/19	Great Dane Classic		
4	Shayna HELD	SR	SUNY Geneseo	15.76	C	5.78m	18-11¾	2/22/19	SUNYAC Indoor Championshi		
5	Nicole WEENINK	JR	Eastern (Pa.)	13.32	C	5.75m	18-10½	2/22/19	Middle Atlantic (MAC) Indoor		
6	Favor EZEWUZIE	JR	Wheaton (Ill.)	11.19	C	5.74m	18-10	2/22/19	CCIW Indoor Championships		
6	Michelle MCCAULEY	SR	Rowan	11.19	C	5.74m	18-10	2/18/19	NJAC Indoor Championships		
8	Steph KRETLOW	JR	St. Thomas (Minn.)	8.99	C	5.72m	18-9¼	2/21/19	MIAC Indoor Championships		
8	Shelby NICKELS	SO	UW-Whitewater	8.99	C	5.72m	18-9¼	1/12/19	Karl Schlender Invitational		
10	Chanyce POWELL	SO	Brockport	6.90	C	5.71m	18-8¾	2/16/19	RIT Late February Invitational		
11	Emma LANDROCHE	JR	Rhode Island College	5.70	C	5.69m	18-8	2/16/19	New England Alliance Indoor		
11	Ashley AGRIMSON	SO	UW-Eau Claire	5.70	C	5.69m	18-8	2/16/19	UW-Oshkosh Titan Challenge		
13	Kimberly HAMMOND	JR	Stevenson	3.60	C	5.68m	18-7¾	3/1/19	AARTFC (All-DIII Atlantic Regio		
14	Adrienne LEWIS	SO	UW-Stevens Point	2.42	C	5.66m	18-7	1/25/19	Warhawk Classic		
15	Katy NIPPERT	SO	WPI	1.87	C	5.65m	18-6½	2/16/19	Springfield College Triangle Cl		
16	Londrea GARRETT	JR	Rochester (N.Y.)	1.53	C	5.63m	18-5¾	2/22/19	Liberty League Indoor Champi		
16	Jennifer JOSEPH	JR	SUNY Geneseo	1.53	C	5.63m	18-5¾	3/1/19	AARTFC (All-DIII Atlantic Regio		
18	Isabel MALETICH	FR	Chicago	1.13	C	5.62m	18-5¼	2/23/19	UAA Indoor Championships		
19	Elyse ACOMPANADO	JR	Loras	0.98	C	5.61m	18-5	2/9/19	UW Platteville Invitational		
20	Avery MAILLET	SO	CCNY	0.73	C	5.58m	18-3¾	3/1/19	ECAC DIII Indoor Championshi		



National TFRI Event Summary

Women's Triple Jump — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet
1	Eka JOSE	SO Washington (Mo.)	23.75	C	12.29m	40-4	12/1/18	Titan "First Chance" Meet
2	Kelsey MCLAURIN	SO North Central (Ill.)	20.34	C	12.08m	39-7¾	2/22/19	CCIW Indoor Championships
3	Victoria WHIMPLE	FR SUNY Plattsburgh	18.00	C	12.03m	39-5¾	3/1/19	AARTFC (All-DIII Atlantic Regio
4	Betsy SCHREIER	SR UW-La Crosse	15.73	C	11.99m	39-4	2/22/19	WIAC Indoor Championships
5	Nicole WEENINK	JR Eastern (Pa.)	13.60	C	11.97m	39-3¼	3/2/19	Tufts Final Qualifying Meet
6	Eva LAUN-SMITH	SO Beloit	11.19	C	11.91m	39-1	2/22/19	Midwest Conference Indoor C
7	Nisa RAQIB	FR Buffalo State	10.15	C	11.90m	39-½	2/16/19	RIT Late February Invitational
8	Maya CAMPBELL	JR SUNY Cortland	8.97	C	11.86m	38-11	12/1/18	Greg Page Relays
8	Heidi NASSOS	SR Washington (Mo.)	8.97	C	11.86m	38-11	2/2/19	Keck Invitational
10	Isabel MALETICH	FR Chicago	6.78	C	11.82m	38-9½	3/1/19	Carthage Last Chance Invitati
11	Chanyce POWELL	SO Brockport	5.65	C	11.79m	38-8¼	2/2/19	Ithaca Bomber Invitational
12	Angel ROWE	JR Rowan	4.60	C	11.78m	38-7¾	2/18/19	NJAC Indoor Championships
13	Adela KALILWA	JR Southern Maine	3.56	C	11.77m	38-7½	3/2/19	Tufts Final Qualifying Meet
14	Jennifer JOSEPH	JR SUNY Geneseo	2.47	C	11.75m	38-6¾	3/1/19	AARTFC (All-DIII Atlantic Regio
15	Tess MILLER	SR UW-La Crosse	1.79	C	11.68m	38-4	1/25/19	Warhawk Classic
16	Rainah DUNHAM	SO Gwynedd-Mercy	1.52	C	11.67m	38-3½	2/22/19	Armory College Last Chance
17	Brea BLACKWELL	SO Millikin	1.24	C	11.66m	38-3¼	2/22/19	CCIW Indoor Championships
18	Callista DECRAMER	JR Ripon	1.12	C	11.65m	38-2¾	2/9/19	Dick Hendricks Invitational
18	Kady KOCHENDORFER	FR UW-Eau Claire	1.12	C	11.65m	38-2¾	2/22/19	WIAC Indoor Championships



National TFRI Event Summary

Women's Shot Put — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance			Meet	
1	Reyna TA'AMU	SR	Redlands	25.50	C	15.52m	50-11	2/1/19	Mountain "T" Invitational	
2	Erica OAWSTER	SR	UW-Eau Claire	22.52	C	15.22m	49-11¼	3/2/19	Pointer "Qualifier"	
3	Dayton DOLINCHECK	JR	Nebraska Wesleyan	17.64	C	14.34m	47-¾	2/2/19	Fred Beile Classic	
4	Skye DIGMAN	FR	UW-La Crosse	15.41	C	14.27m	46-10	2/22/19	WIAA Indoor Championships	
5	Jillian KORGESKI	SR	King's College (Pa.)	13.02	C	14.13m	46-4¼	2/22/19	Middle Atlantic (MAC) Indoor	
6	Karen WETHAL	SR	UW-Stevens Point	10.93	C	14.09m	46-2¾	2/22/19	WIAA Indoor Championships	
7	Katie WEEKS	SR	Stevens	9.78	C	14.02m	46-0	2/22/19	Empire 8 Indoor Championshi	
8	Elizabeth WILLIS	JR	Carthage	8.75	C	14.01m	45-11¾	12/1/18	UW-Oshkosh Early Bird Invitat	
9	Megan GEHRKE	FR	St. Thomas (Minn.)	7.69	C	13.98m	45-10½	12/8/18	Chuck Petersen Open	
9	Claire CONLEY	JR	Swarthmore	7.69	C	13.98m	45-10½	2/23/19	Centennial Indoor Champions	
11	Cassandra LAIOS	SR	Case Western Reserve	5.55	C	13.92m	45-8	12/1/18	Spartan Holiday Classic	
12	Anna REHBERG	JR	Wartburg	4.40	C	13.83m	45-4½	2/9/19	Darren Young Classic	
12	Koko MENSAH	JR	Connecticut College	4.40	C	13.83m	45-4½	3/2/19	Tufts Final Qualifying Meet	
14	Lillian ALBAUGH	FR	Olivet	2.20	C	13.65m	44-9½	2/8/19	Grand Valley State Big Meet	
15	ShaQuoria THOMPSON	FR	Albion	1.65	C	13.61m	44-8	2/2/19	IWU Midwest Indoor Classic	
15	Brianna SCHYVINCK	JR	UW-La Crosse	1.65	C	13.61m	44-8	3/1/19	Wartburg Last Chance	
17	Rachel BEUTHIN	JR	UW-Platteville	1.12	C	13.58m	44-6¾	2/22/19	WIAA Indoor Championships	
17	Sarah SCHMIDT	JR	Carthage	1.12	C	13.58m	44-6¾	2/22/19	CCIW Indoor Championships	
19	Brianna HALL	JR	UW-Platteville	0.80	C	13.30m	43-7¾	3/1/19	UW-Platteville Final Qualifyin	
20	Kayla SLOWICK	SO	Dubuque	0.70	C	13.27m	43-6½	2/15/19	Spartan Invitational (Dubuqu	



National TFRI Event Summary

Women's Weight Throw — 2019 Week #7, March 4

NPR	Athlete	Institution (Team Rank)	Team Pts.		Scored Performance			Meet
1	Chelsea YANG	SO Rhode Island College	24.82	C	19.41m	63-8¼	3/2/19	Tufts Final Qualifying Meet
2	Ivie UZAMERE	SO Wesleyan (Conn.)	21.53	C	18.85m	61-10¼	2/22/19	New England Division III Indo
3	Elizabeth WILLIS	JR Carthage	18.72	C	18.50m	60-8½	12/1/18	UW-Oshkosh Early Bird Invitat
4	Katie WEEKS	SR Stevens	16.19	C	18.25m	59-10½	2/15/19	Fastrack Last Chance
5	Cassandra LAIOS	SR Case Western Reserve	13.88	C	18.05m	59-2¾	2/9/19	All-Ohio D-III Indoor Champio
6	Rebecca BURMAHL	SR Dubuque	11.09	C	17.55m	57-7	2/9/19	UW Platteville Invitational
7	Kelsey BETTHAUSER	SR Dubuque	9.88	C	17.42m	57-2	1/19/19	Sol Butler Classic
8	Andrea GALEANO	SR Catholic (D.C.)	8.52	C	17.19m	56-4¾	2/23/19	Landmark Indoor Champions
9	Brianna SCHYVINCK	JR UW-La Crosse	7.47	C	17.16m	56-3¾	3/1/19	Wartburg Last Chance
10	Jocelyn OCON	JR Aurora	6.44	C	17.14m	56-2¾	2/1/19	Windy City Rumble
11	Sarah SCHMIDT	JR Carthage	5.33	C	17.07m	56-0	12/1/18	UW-Oshkosh Early Bird Invitat
12	Brianne JOHNSRUD	SR UW-Eau Claire	4.31	C	17.06m	55-11¾	2/22/19	WIAC Indoor Championships
13	Esther JOHNSON	SR Loras	3.19	C	16.95m	55-7½	2/9/19	UW Platteville Invitational
14	Karen WETHAL	SR UW-Stevens Point	2.18	C	16.94m	55-7	2/22/19	WIAC Indoor Championships
15	Harley BUCZOWSKI	SR SUNY Cortland	1.64	C	16.89m	55-5	2/22/19	SUNYAC Indoor Championshi
16	Kennedy MORRIS	SO Central (Iowa)	1.38	C	16.88m	55-4¾	2/9/19	Darren Young Classic
17	Maddie FITZGIBBONS	SR Nebraska Wesleyan	1.07	C	16.80m	55-1½	3/1/19	Wartburg Last Chance
18	Jessica CRAVEN	SR Brockport	0.95	C	16.78m	55-¾	2/22/19	SUNYAC Indoor Championshi
19	Funmibi YUSUFF	JR Rhode Island College	0.85	C	16.77m	55-¼	3/2/19	Tufts Final Qualifying Meet
20	Emily UITENBROEK	JR Carroll (Wis.)	0.70	C	16.62m	54-6½	2/22/19	CCIW Indoor Championships



National TFRI Event Summary

Women's Pentathlon — 2019 Week #7, March 4

NPR	Athlete		Institution (Team Rank)	Team Pts.		Scored Performance	Meet
1	Kylee BARTLETT	SR	Rochester (N.Y.)	23.06	C	3,613	1/25/19 Brockport Mid-Season Classic
2	Sylviann MOMONT	JR	UW-Stevens Point	20.71	C	3,593	2/22/19 WIAC Indoor Championships
3	Emily LAVARNWAY	FR	SUNY Geneseo	18.66	C	3,590	11/30/18 Brockport Alumni Invitational
4	Annie WRIGHT	SR	George Fox	16.43	C	3,577	1/18/19 Ed Jacoby Invitational
5	Megan WALLACE	SO	UW-Eau Claire	13.91	C	3,544	2/22/19 WIAC Indoor Championships
6	Amanda WIEBKE	JR	UW-La Crosse	11.42	C	3,502	2/22/19 WIAC Indoor Championships
7	Reilly WAGNER	SR	Misericordia	10.35	C	3,496	3/1/19 AARTFC (All-DIII Atlantic Regio
8	Summer-Solstice THOMAS	JR	Williams	9.08	C	3,473	2/22/19 New England Division III Indo
9	Mackenzie SCHOUSTRA	JR	St. Olaf	7.76	C	3,446	2/21/19 MIAC Indoor Championships
10	Maya HAMMONDS	SR	Johns Hopkins	6.58	C	3,424	2/23/19 Centennial Indoor Champions
11	Jessica FRANKLIN	FR	Illinois Wesleyan	5.56	C	3,420	2/1/19 Keck Invitational
12	Mary GRAY	SO	Central (Iowa)	4.28	C	3,373	2/22/19 American Rivers (ARC) Indoor
13	Callista DECRAMER	JR	Ripon	3.26	C	3,370	3/1/19 Wartburg Last Chance
14	Logan BRUCE	FR	Ithaca	2.25	C	3,369	2/22/19 Liberty League Indoor Champi
15	Eileen BEQUETTE	SO	Rochester (N.Y.)	1.71	C	3,361	2/22/19 Liberty League Indoor Champi
16	Katie MAEHL	SR	Wesleyan (Conn.)	1.45	C	3,360	2/22/19 New England Division III Indo
17	Rae Rae TAYLOR	SO	Penn State Harrisburg	1.16	C	3,353	1/25/19 Bison Open & Multis
18	Jenna DEGEN	SR	St. Benedict	1.02	C	3,347	2/21/19 MIAC Indoor Championships
19	Laura DARCEY	JR	Chicago	0.80	C	3,306	2/1/19 Windy City Rumble
20	Briana SIMONIS	JR	UW-Stevens Point	0.70	C	3,300	2/22/19 WIAC Indoor Championships