



2018 Outdoor Track & Field, Week #4

Men's 100 Meters

CENTRAL

1	Demariye CARPENTER	FR	Triton (Ill.)	11.01	(0.2)	4/20
2	Antwane THIGPEN	FR	Triton (Ill.)	11.32w	(3.1)	4/13
3	Kole LONGSWORTH	SO	Harper (Ill.)	11.33w	(2.8)	4/13
4	Danny GEARY	SO	Harper (Ill.)	11.61	(1.1)	4/20
5	Jacques HAYES	FR	Triton (Ill.)	11.62	(1.1)	4/20
6	Alex WORLEY	FR	Sandhills CC	11.87w	(3.5)	3/29

EAST

1	Logan HENNLEIN	FR	Howard (Md.) CC	11.06	(2.2)	4/21
2	Aaron TUCKER	FR	Montgomery-Rockville (	11.20	(2.2)	4/21
3	Josh FITTS	FR	Union County (N.J.)	11.31	(2.0)	4/7
4	Lance WILSON	FR	Montgomery-Rockville (	11.33	(2.2)	4/21
5	Alain SERI	FR	Montgomery-Rockville (	11.38w	(3.0)	4/14
6	Roland GAMEZ	FR	Bergen (N.J.) CC	11.40	(2.4)	4/7
7	Theodore CAMPBELL	FR	Roxbury (Mass.) CC	11.51	(-0.8)	3/31
8	Koy CONNORS	SO	Rowan-Gloucester (N.J.)	11.52	(0.6)	4/13

NORTHEAST

1	Theodore WESTCARR	SO	Kingsborough (N.Y.) CC	10.90	(0.6)	4/7
2	Denton HENRY	FR	Suffolk County (N.Y.) CC	10.91w	(3.9)	4/13
3	Cordell NIX	SO	Suffolk County (N.Y.) CC	11.13w	(3.9)	4/13
4	Devin KIPP	FR	Hudson Valley CC	11.33	(0.4)	4/14
5	James WILSON II	FR	Onondaga (N.Y.) CC	11.41	(2.4)	3/31
6	Keith PALMER	FR	Suffolk County (N.Y.) CC	11.43	(1.3)	4/20
7	Christian OTORUBIO	FR	Hudson Valley CC	11.58	()	4/14
8	Noah MURRAY	SO	Finger Lakes (N.Y.) CC	11.59w	(4.7)	3/31



2018 Outdoor Track & Field, Week #4

Men's 200 Meters

CENTRAL

1	Demariye CARPENTER	FR	Triton (Ill.)	22.15	(0.3)	4/20
2	Gavin PATTERSON	FR	Thaddeus Stevens (Pa.)	22.82w	(4.2)	4/12
3	Antwane THIGPEN	FR	Triton (Ill.)	22.95	()	2/17
4	Bobby WOS	SO	Harper (Ill.)	23.12	(0.9)	4/13
5	Kole LONGSWORTH	SO	Harper (Ill.)	23.17	(0.5)	4/13
6	Zach GUNGER	FR	Harper (Ill.)	23.39	(1.5)	4/13
7	William COONEY	FR	Thaddeus Stevens (Pa.)	23.68	(0.8)	4/7

EAST

1	Lance WILSON	FR	Montgomery-Rockville (	22.71	(2.2)	4/14
2	Aaron TUCKER	FR	Montgomery-Rockville (	22.76	(1.6)	4/14
3	Christopher ALEXANDER	SO	Howard (Md.) CC	23.32	(-1.0)	4/6
4	Alain SERI	FR	Montgomery-Rockville (	23.34	(2.2)	4/14
5	Josh FITTS	FR	Union County (N.J.)	23.40	(1.8)	4/21
5	Brandon BROWN	FR	Howard (Md.) CC	23.40	(0.2)	4/21
7	Christian PESSOA	SO	Rowan-Gloucester (N.J.)	23.54	(0.0)	3/30
8	Eddie BARRETO	SO	Roxbury (Mass.) CC	23.57	()	1/26

NORTHEAST

1	Theodore WESTCARR		Kingsborough (N.Y.) CC	21.38	()	3/2
2	Mauriel CARTY	SO	Kingsborough (N.Y.) CC	21.44	()	2/25
3	Rogike THORPE	SO	Kingsborough (N.Y.) CC	22.16	()	2/25
4	Denton HENRY	FR	Suffolk County (N.Y.) CC	22.45	()	4/13
6	Llodel CARD	FR	Suffolk County (N.Y.) CC	22.96	()	4/13
7	Christian OTORUBIO	FR	Hudson Valley CC	23.19	(1.2)	4/14
8	James WILSON II	FR	Onondaga (N.Y.) CC	23.25w	(3.0)	3/31



2018 Outdoor Track & Field, Week #4

Men's 400 Meters

CENTRAL

1	Gavin PATTERSON	FR	Thaddeus Stevens (Pa.)	50.08	4/12
2	Bobby WOS	SO	Harper (Ill.)	51.94	4/20
3	Joesph HOFFMANN	FR	Triton (Ill.)	52.10	4/20
4	Lawence MCGILVER	FR	Sandhills CC	52.22	4/13
5	Sam CRAVATTA	FR	Triton (Ill.)	52.37	4/7
6	Alex WORLEY	FR	Sandhills CC	54.09	3/29
7	Ezekiel LEE	FR	Triton (Ill.)	55.02	4/20
8	Kory WHARTON	FR	CC of Philadelphia (Pa.)	55.04	1/13

EAST

1	Milan WALL	FR	Prince George's (Md.) C	48.88	4/14
2	Lance WILSON	FR	Montgomery-Rockville (	51.35	4/14
3	Sachin SIMPSON	SO	Union County (N.J.)	51.60	4/21
4	Eddie BARRETO	SO	Roxbury (Mass.) CC	52.06	1/26
5	Devante WATSON	FR	Rowan-Gloucester (N.J.)	52.09	4/20
6	Alain SERI	FR	Montgomery-Rockville (	52.48	4/6
7	Justin HERMAN	FR	Howard (Md.) CC	52.67	4/21
8	Christopher ALEXANDER	SO	Howard (Md.) CC	52.77	4/21

NORTHEAST

1	Zenron CHANCE	FR	Kingsborough (N.Y.) CC	50.49	2/25
2	Tyrese BOYCE-MARCELLE	FR	Kingsborough (N.Y.) CC	50.90	4/14
3	Miles JAMES	SO	Hudson Valley CC	51.50	4/7
4	Rogike THORPE	SO	Kingsborough (N.Y.) CC	51.79	2/3
6	Denton HENRY	FR	Suffolk County (N.Y.) CC	51.82	4/20
7	Khai HENDERSON	FR	Suffolk County (N.Y.) CC	52.19	4/13
8	Thomas SCHOTT	FR	Suffolk County (N.Y.) CC	52.51	4/13



2018 Outdoor Track & Field, Week #4

Men's 800 Meters

CENTRAL

1	Ryan ZIOLKOWSKI	SO	Harper (Ill.)	1:57.58	4/20
2	Tony ESPINOZA	FR	Harper (Ill.)	2:03.78	3/29
3	Nathan LIM	FR	Harper (Ill.)	2:04.71	4/20
5	Daniel HAGAN		Sandhills CC	2:06.85	3/23
6	Moises CORONEL	FR	Triton (Ill.)	2:08.01	4/7
7	Jordan ANNEHEIM		Sandhills CC	2:10.77	3/23
8	Gerardo SIMENTAL	FR	Triton (Ill.)	2:13.24	4/20

EAST

1	Milan WALL	FR	Prince George's (Md.) C	1:58.46	4/21
2	Mike DOWD	FR	Rowan-Gloucester (N.J.)	2:00.50	4/6
3	Jake CARUSO	SO	Rowan-Gloucester (N.J.)	2:00.85	4/20
4	Mike MAZZEI	SO	Middlesex County (N.J.)	2:01.52	4/21
5	James KENNEDY	SO	Rowan-Gloucester (N.J.)	2:03.11	4/6
6	Binyam TADESSE	FR	Montgomery-Rockville (	2:05.30	4/6
7	Giresse ACHOUAKONG	FR	Montgomery-Rockville (	2:06.61	4/21

NORTHEAST

1	Gabe DASILVA	SO	Nassau (N.Y.) CC	1:57.38	4/21
2	Humberto WALLACE	FR	Kingsborough (N.Y.) CC	1:58.40	2/9
3	Carlens DUVAL	SO	Kingsborough (N.Y.) CC	1:59.08	1/26
4	Amadou BA	FR	Kingsborough (N.Y.) CC	2:01.72	4/7
5	Luis Antonio FERNANDEZ	FR	Suffolk County (N.Y.) CC	2:02.01	4/20
6	Fermin GARCIA	FR	Suffolk County (N.Y.) CC	2:02.24	4/20
7	Jonathan GONZALEZ	FR	Suffolk County (N.Y.) CC	2:03.34	4/13



2018 Outdoor Track & Field, Week #4

Men's 1500 Meters

CENTRAL

1	Daniel TAYLOR	FR	Sandhills CC	4:08.56	4/20
2	Ryan ZIOLKOWSKI	SO	Harper (Ill.)	4:09.93	4/13
3	Tony ESPINOZA	FR	Harper (Ill.)	4:13.65	4/20
4	Scott WILLIAMS	SO	Harper (Ill.)	4:17.91	4/13
5	Jamail KHAN	FR	CC of Philadelphia (Pa.)	4:18.28	3/30
6	John GRIMM		Sandhills CC	4:22.49	3/23

EAST

1	Mike DOWD	FR	Rowan-Gloucester (N.J.)	4:10.11	3/30
2	Jake CARUSO	SO	Rowan-Gloucester (N.J.)	4:10.18	4/13
3	Binyam TADESSE	FR	Montgomery-Rockville (	4:14.91	4/6
4	James KENNEDY	SO	Rowan-Gloucester (N.J.)	4:16.59	3/30
5	Giresse ACHOUAKONG	FR	Montgomery-Rockville (	4:22.39	4/7
6	James HAYDEN	FR	Howard (Md.) CC	4:24.92	4/6
7	Mike MAZZEI	SO	Middlesex County (N.J.)	4:26.09	3/31
8	Mohamed GALAL	FR	Middlesex County (N.J.)	4:29.38c 4:50.93(1)	1/26

NORTHEAST

1	Paul CHILLO	FR	Kingsborough (N.Y.) CC	4:03.86c 4:23.37(1)	1/26
2	Gabe DASILVA	SO	Nassau (N.Y.) CC	4:06.94	4/21
3	Humberto WALLACE	FR	Kingsborough (N.Y.) CC	4:07.68c 4:27.50(1)	1/26
4	Amadou BA	FR	Kingsborough (N.Y.) CC	4:10.01	4/14
5	Benjamin FELDMAN	FR	Suffolk County (N.Y.) CC	4:15.83	4/20
6	Jonathan GONZALEZ	FR	Suffolk County (N.Y.) CC	4:16.01	4/20
8	Ryan PAGLIARO	FR	CCRI	4:18.34c 4:39.01(1)	2/9



2018 Outdoor Track & Field, Week #4

Men's Steeplechase

CENTRAL

1	Isaiah MCGILVARY	FR	Sandhills CC	11:03.68	4/20
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EAST

1	Mike DOWD	FR	Rowan-Gloucester (N.J.)	9:53.45	4/20
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2	Kevin BALDWIN	SO	Massasoit (Mass.) CC	10:40.82	4/21
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3	Mohamed GALAL	FR	Middlesex County (N.J.)	10:42.57	3/31
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4	Nikko REYES	SO	Bergen (N.J.) CC	11:29.42	4/21
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NORTHEAST

1	Paul CHILLO	SO	Kingsborough (N.Y.) CC	9:55.63	4/7
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2	Ilya WILSON	SO	Suffolk County (N.Y.) CC	10:37.26	3/30
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3	Dakota CORNEY	SO	Mohawk Valley (N.Y.) CC	10:51.03	4/14
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4	Steven CUASCUT	FR	Nassau (N.Y.) CC	11:02.39	4/21
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5	Matt YOUNG	SO	Onondaga (N.Y.) CC	11:03.62	4/21
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6	Ryan MOON	FR	Hudson Valley CC	11:10.87	4/14
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7	Ian CIULLA	FR	Finger Lakes (N.Y.) CC	11:54.39	3/31
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8	Eric DUMAS	SO	Mohawk Valley (N.Y.) CC	11:59.13	4/14
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2018 Outdoor Track & Field, Week #4

Men's 5000 Meters

CENTRAL

1	Daniel TAYLOR	FR	Sandhills CC	15:27.74	3/16
2	Scott WILLIAMS	SO	Harper (Ill.)	15:59.65	3/29
3	Ryan ZIOLKOWSKI	SO	Harper (Ill.)	16:22.49	3/2
4	Glen GARINO	FR	Harper (Ill.)	16:27.49	4/20

EAST

1	Jake CARUSO	SO	Rowan-Gloucester (N.J.)	15:36.88	3/30
2	Austin BROOKS	FR	Middlesex County (N.J.)	16:18.01	3/31
3	James KENNEDY	SO	Rowan-Gloucester (N.J.)	16:23.25	3/30
4	Mohamed GALAL	FR	Middlesex County (N.J.)	16:36.59	4/21
5	Thomas LOTITO	FR	Bergen (N.J.) CC	16:46.38	4/7
6	Kevin BALDWIN	SO	Massasoit (Mass.) CC	17:40.75	4/14
7	Jason HYLAND	FR	Rowan-Gloucester (N.J.)	17:41.60	3/30
8	Richard WISSE	FR	Bergen (N.J.) CC	18:07.08	4/7

NORTHEAST

1	Paul CHILLO	SO	Kingsborough (N.Y.) CC	16:02.29	4/7
2	Abshir YEROW	SO	Onondaga (N.Y.) CC	16:08.80	1/26
3	Dandre MIGHTY	SO	Kingsborough (N.Y.) CC	16:09.57	2/3
4	Joseph MENDOZA	FR	Suffolk County (N.Y.) CC	16:11.15	4/7
5	Ilya WILSON	SO	Suffolk County (N.Y.) CC	16:43.36	4/20
6	Dylan LEE	FR	Nassau (N.Y.) CC	16:44.76	4/7
7	Brady SAN FILIPPO	SO	Mohawk Valley (N.Y.) CC	17:13.94	3/31
8	Jason SINERT	SO	Nassau (N.Y.) CC	17:24.76	3/31



2018 Outdoor Track & Field, Week #4

Men's 10,000 Meters

CENTRAL

1	Daniel TAYLOR	Sandhills CC	31:52.91	3/23
2	Andrew BOWEN	Sandhills CC	32:52.43	3/23
3	Scott WILLIAMS	SO Harper (Ill.)	34:23.97	4/7
4	Jack CASEY	FR Harper (Ill.)	34:42.67	4/7
5	Robert Alan DOUGLAS	SO Harper (Ill.)	36:02.10	4/13

EAST

1	James KENNEDY	SO Rowan-Gloucester (N.J.)	34:59.05	4/20
2	Jason HYLAND	FR Rowan-Gloucester (N.J.)	36:26.03	4/20
3	Malhar VYAS	FR Bergen (N.J.) CC	37:41.02	3/30
4	Jacob SMELTZER	SO Rowan-Gloucester (N.J.)	38:13.36	4/20

NORTHEAST

1	Abshir YEROW	SO Onondaga (N.Y.) CC	33:32.20	4/21
2	Dandre MIGHTY	SO Kingsborough (N.Y.) CC	35:19.57	4/14
3	Brady SAN FILIPPO	SO Mohawk Valley (N.Y.) CC	36:10.32	4/21
4	Dakota CORNEY	SO Mohawk Valley (N.Y.) CC	36:19.42	4/21
5	Joseph MENDOZA	FR Suffolk County (N.Y.) CC	36:27.79	4/13
6	Joseph CHIANESE	FR Suffolk County (N.Y.) CC	36:39.77	4/13
7	Holden MAYNARD	FR Hudson Valley CC	37:07.53	4/21
8	Ryan MOON	FR Hudson Valley CC	37:24.78	4/21



2018 Outdoor Track & Field, Week #4

Men's 110 Meter Hurdles

CENTRAL

1	Sam CRAVATTA	FR	Triton (Ill.)	17.77	(1.2)	4/20
2	Alex WORLEY	FR	Sandhills CC	17.89	(1.8)	3/29
3	Gustavo ALVAREZ	SO	Triton (Ill.)	18.49	(1.2)	4/20

EAST

1	Joshua LEGG	SO	Rowan-Gloucester (N.J.)	15.44	(0.6)	3/24
2	Roland GAMEZ	FR	Bergen (N.J.) CC	15.57	(1.1)	3/30
3	Muhammad OMBALI	SO	Bergen (N.J.) CC	15.64	(2.3)	4/21
4	Devante WATSON	FR	Rowan-Gloucester (N.J.)	16.68	(-1.0)	3/30
5	Eddy FONG	SO	Massasoit (Mass.) CC	17.09	(1.0)	4/21
6	Ryan MANESS	SO	Rowan-Gloucester (N.J.)	17.17	(1.3)	4/20
8	Kacper WROBEL	SO	Bergen (N.J.) CC	19.87	(1.0)	4/13

NORTHEAST

1	James TIERNEY	SO	Sullivan County (N.Y.) CC	16.14	(0.1)	4/21
2	Tim KENNERSON	FR	Finger Lakes (N.Y.) CC	18.12	(1.3)	4/14
3	Jake PHILLIPS	FR	Finger Lakes (N.Y.) CC	19.92	(2.4)	3/31
4	Michael BATTIN	SO	Mohawk Valley (N.Y.) CC	20.51	(0.0)	4/21
5	Bryan GOMEZ	FR	Queensborough (N.Y.) C	21.19	(-1.1)	4/22
6	Samarpal SINGH	FR	Queensborough (N.Y.) C	21.41w	(2.7)	4/7
7	Kyler FORD	FR	Herkimer County (N.Y.)	21.94	(1.3)	4/14
8	Shamas RASOOL	FR	Queensborough (N.Y.) C	21.98	(-0.9)	3/30



2018 Outdoor Track & Field, Week #4

Men's 400 Meter Hurdles

CENTRAL

1	Ryan DIPIETRO	SO	Harper (Ill.)	57.68	4/20
2	Lawence MCGILVERY	FR	Sandhills CC	1:05.36	3/16
3	Sam CRAVATTA	FR	Triton (Ill.)	1:08.46	4/20

EAST

1	Joshua LEGG	SO	Rowan-Gloucester (N.J.)	56.58	4/13
2	Devante WATSON	FR	Rowan-Gloucester (N.J.)	57.16	4/13
3	Mike DOWD	FR	Rowan-Gloucester (N.J.)	58.62	3/30
5	Brandon CALLEY	FR	Massasoit (Mass.) CC	1:02.63	4/7
6	Kobe COLE	FR	Prince George's (Md.) C	1:04.22	4/14
7	Mohamed GALAL	FR	Middlesex County (N.J.)	1:06.11	3/31
8	Kacper WROBEL	SO	Bergen (N.J.) CC	1:09.10	4/7

NORTHEAST

1	Gabe DASILVA	SO	Nassau (N.Y.) CC	56.89	4/7
2	Daniel VELASQUEZ	SO	Suffolk County (N.Y.) CC	57.21	4/20
3	James TIERNEY	SO	Sullivan County (N.Y.) CC	57.98	4/14
4	James WILSON II	FR	Onondaga (N.Y.) CC	58.04	4/21
5	Tim KENNERSON	FR	Finger Lakes (N.Y.) CC	1:01.69	3/17
6	Samarpal SINGH	FR	Queensborough (N.Y.) C	1:02.46	4/22
7	Steven SCARAMUZZINO	FR	Onondaga (N.Y.) CC	1:02.64	4/21
8	Shamas RASOOL	FR	Queensborough (N.Y.) C	1:06.04	4/14



2018 Outdoor Track & Field, Week #4

Men's 4x100 Relay

CENTRAL

1	<i>Triton (Ill.)</i>	43.41	4/20
2	<i>Harper (Ill.)</i>	44.18	3/29

EAST

1	<i>Montgomery-Rockville (</i>	43.00	4/14
2	<i>Roxbury (Mass.) CC</i>	43.81	4/20
3	<i>Rowan-Gloucester (N.J.)</i>	43.97	4/13
4	<i>Union County (N.J.)</i>	44.44	4/14
5	<i>Massasoit (Mass.) CC</i>	48.02	4/14

NORTHEAST

1	<i>Kingsborough (N.Y.) CC</i>	42.56	3/29
2	<i>Suffolk County (N.Y.) CC</i>	42.94	4/13
3	<i>Hudson Valley CC</i>	44.69	4/14
4	<i>Queensborough (N.Y.) C</i>	45.11	4/14
5	<i>Nassau (N.Y.) CC</i>	45.97	4/14
5	<i>Onondaga (N.Y.) CC</i>	45.97	3/31
7	<i>Finger Lakes (N.Y.) CC</i>	46.18	4/14
8	<i>Herkimer County (N.Y.)</i>	46.51	4/21



2018 Outdoor Track & Field, Week #4

Men's 4x400 Relay

CENTRAL

1	Harper (Ill.)	3:27.23	4/20
2	Triton (Ill.)	3:34.27	4/20
3	Sandhills CC	3:47.64	3/23

EAST

1	Prince George's (Md.) C	3:28.66	3/30
2	Union County (N.J.)	3:30.92	4/14
3	Montgomery-Rockville (	3:33.73	4/7
4	Rowan-Gloucester (N.J.)	3:34.25	3/30
5	Middlesex County (N.J.)	3:35.16	12/8
6	Massasoit (Mass.) CC	3:49.50	4/21

NORTHEAST

1	Kingsborough (N.Y.) CC	3:20.38	3/29
2	Suffolk County (N.Y.) CC	3:25.69	4/20
3	Queensborough (N.Y.) C	3:36.48	3/30
4	Onondaga (N.Y.) CC	3:37.19	4/21
5	Finger Lakes (N.Y.) CC	3:49.27	4/14
6	Nassau (N.Y.) CC	3:49.90	4/7
7	Sullivan County (N.Y.) CC	3:53.40	4/7
8	Herkimer County (N.Y.)	3:56.24	4/14



2018 Outdoor Track & Field, Week #4

Men's 4x800 Relay

CENTRAL

1	Harper (Ill.)	8:14.00	4/13
2	Triton (Ill.)	9:17.90	4/13

EAST

1	Rowan-Gloucester (N.J.)	8:18.84	4/13
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NORTHEAST

1	Kingsborough (N.Y.) CC	8:08.46	4/14
2	Suffolk County (N.Y.) CC	8:29.02	3/30
3	Nassau (N.Y.) CC	8:35.19	4/14



2018 Outdoor Track & Field, Week #4

Men's High Jump

CENTRAL

1	Tyrese KELLY	Fr	Sandhills CC	1.83m	6-0	3/23
2	Alex WORLEY	FR	Sandhills CC	1.53m	5-¾	3/29

EAST

1	Justin PEACE	FR	Middlesex County (N.J.)	1.93m	6-4	4/13
2	Roland GAMEZ	FR	Bergen (N.J.) CC	1.90m	6-2½	3/30
3	Jerry DIXON	FR	Massasoit (Mass.) CC	1.81m	5-11½	4/14
4	Aaron SOUZA	SO	Howard (Md.) CC	1.80m	5-10½	4/6
4	Keir SMALLS-HARMON	FR	Rowan-Gloucester (N.J.)	1.80m	5-10½	4/20
6	Aaron TUCKER	FR	Montgomery-Rockville (	1.70m	5-7	4/21
7	Koy CONNORS	SO	Rowan-Gloucester (N.J.)	1.58m	5-2½	4/13

NORTHEAST

1	Cordell NIX	SO	Suffolk County (N.Y.) CC	1.98m	6-6	4/13
2	Jamison JAROSZ	FR	Hudson Valley CC	1.85m	6-¾	4/14
3	Devin NOTTINGHAM	FR	Finger Lakes (N.Y.) CC	1.82m	5-11½	4/21
4	Steven SCARAMUZZINO	FR	Onondaga (N.Y.) CC	1.78m	5-10	1/26
5	Kenny JOSEPH	FR	Herkimer County (N.Y.)	1.77m	5-9½	4/21
6	Ben PARROW	SO	Onondaga (N.Y.) CC	1.73m	5-8	1/26
7	Michael BATTIN	SO	Mohawk Valley (N.Y.) CC	1.70m	5-7	4/14
7	Noah VICE	SO	Hudson Valley CC	1.70m	5-7	4/14
7	Josh KOBYLANSKI	FR	Finger Lakes (N.Y.) CC	1.70m	5-7	4/14
7	Jordan EDMONDS	FR	Herkimer County (N.Y.)	1.70m	5-7	4/14



2018 Outdoor Track & Field, Week #4

Men's Pole Vault

CENTRAL

1	Gustavo ALVAREZ	SO	Triton (Ill.)	4.45m	14-7%	3/2
2	Zach GUNGER	FR	Harper (Ill.)	4.15m	13-7%	3/29
3	Bobby WOS	SO	Harper (Ill.)	4.05m	13-3%	2/9
4	Sam CRAVATTA	FR	Triton (Ill.)	3.83m	12-6%	4/20
5	Blaine WIKE		Thaddeus Stevens (Pa.)	3.50m	11-5%	4/7
6	Alex WORLEY	FR	Sandhills CC	3.12m	10-2%	3/29

EAST

1	Koy CONNORS	SO	Rowan-Gloucester (N.J.)	3.25m	10-8	4/13
1	Roland GAMEZ	FR	Bergen (N.J.) CC	3.25m	10-8	4/13
3	Kacper WROBEL	SO	Bergen (N.J.) CC	2.25m	7-4½	4/13

NORTHEAST

1	Sam STEARNS	FR	Onondaga (N.Y.) CC	3.83m	12-6%	2/17
2	Isaac BRIGHTBILL	FR	Hudson Valley CC	3.50m	11-5%	3/24
3	Michael BATTIN	SO	Mohawk Valley (N.Y.) CC	3.00m	9-10	4/21



2018 Outdoor Track & Field, Week #4

Men's Long Jump

CENTRAL

1	Tyrese KELLY	FR	Sandhills CC	7.01m	23-0 (2.0)	4/13
2	Donoven COOK	FR	CC of Philadelphia (Pa.)	6.67m	21-10½ ()	1/20
3	Kory WHARTON	FR	CC of Philadelphia (Pa.)	6.48m	21-3½ ()	1/20
4	Hassan BEATIRE	FR	Thaddeus Stevens (Pa.)	6.34m	20-9½ ()	1/13
5	Kole LONGSWORTH	SO	Harper (Ill.)	6.24m	20-5½ (1.6)	3/29
6	Keenan DAVIS	FR	Triton (Ill.)	6.15m	20-2½ ()	1/27
7	Alex WORLEY	FR	Sandhills CC	5.94mw	19-6 (4.9)	3/29
8	Lawence MCGILVER	FR	Sandhills CC	5.18m	17-0 (1.1)	3/16

EAST

1	Roland GAMEZ	FR	Bergen (N.J.) CC	6.91m	22-8 (2.2)	4/13
2	Lance WILSON	FR	Montgomery-Rockville ()	6.86mw	22-6½ (3.6)	4/6
3	Jalen MICKLES	SO	Rowan-Gloucester (N.J.)	6.56m	21-6½ (-0.7)	3/24
4	Ooreofe OLUWADARA	FR	Roxbury (Mass.) CC	6.28m	20-7½ (2.5)	4/20
5	Christian PESSOA	SO	Rowan-Gloucester (N.J.)	6.15m	20-2½ (0.4)	3/30
6	Aaron SOUZA	SO	Howard (Md.) CC	6.04m	19-9½ (0.0)	4/21
7	Michael BLACK	FR	Rowan-Gloucester (N.J.)	5.98m	19-7½ (0.6)	3/30

NORTHEAST

1	Cordell NIX	SO	Suffolk County (N.Y.) CC	6.70m	22-1½ (-0.1)	4/13
2	Shane FERRIS	FR	Onondaga (N.Y.) CC	6.37m	20-10½ ()	1/26
3	Thomas DAVIS	FR	Nassau (N.Y.) CC	6.30m	20-8 (2.3)	4/21
4	Eaen HEINRICH	FR	Suffolk County (N.Y.) CC	6.10m	20-0½ (0.0)	4/20
4	Jordan EDMONDS	FR	Herkimer County (N.Y.)	6.10m	20-0½ (2.5)	4/21
6	Mamadou DIALLO	SO	Herkimer County (N.Y.)	5.98mw	19-7½ (3.2)	4/21
7	Oluwaseyi SHOLAJA	FR	Kingsborough (N.Y.) CC	5.91m	19-4½ ()	2/25
8	Samarpal SINGH	FR	Queensborough (N.Y.) C	5.71m	18-9 ()	2/25
8	Eric DUMAS	SO	Mohawk Valley (N.Y.) CC	5.71mw	18-9 (3.0)	4/21



2018 Outdoor Track & Field, Week #4

Men's Triple Jump

CENTRAL

1	Tyrese KELLY	FR	Sandhills CC	14.50m	47-7 (0.2)	4/20
2	Kole LONGSWORTH	SO	Harper (Ill.)	13.24m	43-5½ ()	3/2
3	Keenan DAVIS	FR	Triton (Ill.)	12.93m	42-5½ ()	2/17
4	Hassan BEATIRE	FR	Thaddeus Stevens (Pa.)	12.17m	39-11¼ ()	1/13

EAST

1	Jalen MICKLES	SO	Rowan-Gloucester (N.J.)	12.95m	42-6 (0.5)	4/20
2	Hansen BASTIA	FR	Massasoit (Mass.) CC	12.76m	mw 10½ (3.2)	4/21
3	Michael BLACK	FR	Rowan-Gloucester (N.J.)	12.67m	41-7 (0.8)	3/30
4	Victor RUGGIANO	FR	Rowan-Gloucester (N.J.)	12.49m	11¼ (-1.3)	4/20
5	Lorenzo ESPINOZA	FR	Massasoit (Mass.) CC	12.14m	9-10 (0.0)	4/21
6	Jerry DIXON	FR	Massasoit (Mass.) CC	10.99m	6-¾ (-0.4)	4/7

NORTHEAST

1	Devin NOTTINGHAM	FR	Finger Lakes (N.Y.) CC	12.65m	41-6 (1.2)	4/21
2	Thomas DAVIS	FR	Nassau (N.Y.) CC	11.95m	39-2½ ()	4/7
3	Jamison JAROSZ	FR	Hudson Valley CC	11.44m	7-6½ (0.0)	4/14
4	George BROMES	SO	Nassau (N.Y.) CC	11.42m	7-5½ (0.0)	4/21
5	Derrick WILLIAMS	FR	Queensborough (N.Y.) C	11.13m	5-6¼ (0.3)	4/22
6	Shamas RASOOL	FR	Queensborough (N.Y.) C	11.12m	36-5½ ()	2/25
7	Samarpal SINGH	FR	Queensborough (N.Y.) C	10.41m	34-2 ()	2/25



2018 Outdoor Track & Field, Week #4

Men's Shot Put

CENTRAL

1	Wesley MORGAN	FR	Thaddeus Stevens (Pa.)	13.22m	43-4½	3/31
2	Tristen ROSALES	FR	Harper (Ill.)	12.48m	40-11½	2/9
2	Darien IVERY	FR	Triton (Ill.)	12.48m	40-11½	4/7
4	Henry KIMBROUGH	FR	Triton (Ill.)	12.20m	40-½	4/7
5	Robert SMITH	FR	Thaddeus Stevens (Pa.)	11.48m	37-8	1/13
6	Alex HUMMA	FR	Thaddeus Stevens (Pa.)	9.38m	30-9½	4/20
7	Alex WORLEY	FR	Sandhills CC	9.08m	29-9½	3/16
8	Abdullah BADAR	FR	Harper (Ill.)	8.43m	27-8	3/29

EAST

1	Adam HUNT	FR	Rowan-Gloucester (N.J.)	12.90m	42-4	4/20
2	Edgar ROSA	FR	Rowan-Gloucester (N.J.)	10.98m	36-½	4/20
3	Tyler GUINUP	FR	Rowan-Gloucester (N.J.)	10.66m	34-11½	4/6
4	Jared LEMON	FR	Middlesex County (N.J.)	10.63m	34-10½	4/13
5	Jamie COOPER	FR	Bergen (N.J.) CC	10.62m	34-10½	3/30
7	Roland GAMEZ	FR	Bergen (N.J.) CC	9.63m	31-7½	4/7
8	Phillip KOMBET	SO	Montgomery-Rockville (	8.50m	27-10½	4/6

NORTHEAST

1	George GONATAS	SO	Suffolk County (N.Y.) CC	13.70m	44-11½	4/7
2	Dan DIAZ	FR	Nassau (N.Y.) CC	13.22m	43-4½	4/7
3	Devin KIPP	FR	Hudson Valley CC	13.07m	42-10½	4/14
4	Elijah WASHINGTON	FR	Hudson Valley CC	12.66m	41-6½	4/21
5	Ben MORTAS	SO	Onondaga (N.Y.) CC	11.98m	39-3½	2/17
6	Thomas RANDALL	SO	Mohawk Valley (N.Y.) CC	11.37m	37-3½	4/21
7	David PLASENCIA	SO	Nassau (N.Y.) CC	11.35m	37-3	4/7
8	Jeffrey DEGAND	SO	Queensborough (N.Y.) C	10.80m	35-5½	4/22



2018 Outdoor Track & Field, Week #4

Men's Discus

CENTRAL

1	Wesley MORGAN	FR	Thaddeus Stevens (Pa.)	40.09m	131-6	4/20
2	Alex HUMMA	FR	Thaddeus Stevens (Pa.)	35.22m	115-6	4/20
3	Alex WORLEY	Fr	Sandhills CC	31.99m	104-11	3/23
4	Darien IVERY	FR	Triton (Ill.)	31.46m	103-2	3/17
5	Henry KIMBROUGH	FR	Triton (Ill.)	31.24m	102-6	4/20

EAST

1	Adam HUNT	FR	Rowan-Gloucester (N.J.)	48.70m	159-9	4/6
2	Edgar ROSA	FR	Rowan-Gloucester (N.J.)	38.17m	125-2	4/13
3	Phillip KOMBET	SO	Montgomery-Rockville (	37.96m	124-6	4/14
4	Tyler GUINUP	FR	Rowan-Gloucester (N.J.)	32.36m	106-2	4/20
5	Jamie COOPER	FR	Bergen (N.J.) CC	32.12m	105-4	4/21
6	William FERDINANDO	SO	Union County (N.J.)	31.35m	102-10	3/30
7	Jared LEMON	FR	Middlesex County (N.J.)	25.17m	82-7	4/13

NORTHEAST

1	George GONATAS	SO	Suffolk County (N.Y.) CC	41.92m	137-6	4/20
2	Thomas RANDALL	SO	Mohawk Valley (N.Y.) CC	40.37m	132-5	3/31
3	David PLASENCIA	SO	Nassau (N.Y.) CC	38.91m	127-8	4/21
4	Dan DIAZ	FR	Nassau (N.Y.) CC	38.15m	125-2	4/7
5	Steven DONNELLY	FR	Finger Lakes (N.Y.) CC	36.00m	118-1	4/14
6	Nate FLORIAN	FR	Herkimer County (N.Y.)	35.42m	116-2	4/14
7	Wonder LOUIS	SO	Nassau (N.Y.) CC	34.58m	113-5	4/21



2018 Outdoor Track & Field, Week #4

Men's Hammer

CENTRAL

1	Wesley MORGAN	FR	Thaddeus Stevens (Pa.)	37.04m	121-6	4/12
2	Henry KIMBROUGH	FR	Triton (Ill.)	36.36m	119-3	4/20
3	Darien IVERY	FR	Triton (Ill.)	22.59m	74-1½	3/17
4	Alex HUMMA	FR	Thaddeus Stevens (Pa.)	21.51m	70-7	4/12

EAST

1	Adam HUNT	FR	Rowan-Gloucester (N.J.)	35.42m	116-2	4/20
2	Tyler GUINUP	FR	Rowan-Gloucester (N.J.)	21.74m	71-4	4/13

NORTHEAST

1	Elijah WASHINGTON	FR	Hudson Valley CC	43.72m	143-5	4/14
2	George GONATAS	SO	Suffolk County (N.Y.) CC	41.38m	135-9	4/13
3	Enmanuel MATEO	SO	Onondaga (N.Y.) CC	36.86m	120-11	4/21
4	Thomas RANDALL	SO	Mohawk Valley (N.Y.) CC	34.16m	112-1	3/31
5	Steven DONNELLY	FR	Finger Lakes (N.Y.) CC	32.90m	107-11	4/14
6	John MITCHELL	FR	Mohawk Valley (N.Y.) CC	24.59m	80-8½	3/31
7	Tanner HLOZANSKY	FR	Herkimer County (N.Y.)	24.41m	80-1	4/14
8	Nate FLORIAN	FR	Herkimer County (N.Y.)	24.17m	79-3¾	4/21



2018 Outdoor Track & Field, Week #4

Men's Javelin

CENTRAL

1	Jean CODIO	FR	CC of Philadelphia (Pa.)	53.27m	174-9	4/20
2	Robert SMITH	FR	Thaddeus Stevens (Pa.)	47.69m	156-5	3/31
3	Gustavo ALVAREZ	SO	Triton (Ill.)	43.92m	144-1	4/20
4	Alex HUMMA	FR	Thaddeus Stevens (Pa.)	40.49m	132-10	4/20
5	Alex WORLEY	FR	Sandhills CC	40.06m	131-5	3/16
6	Jake WASON	FR	Triton (Ill.)	37.18m	121-11	4/20
7	Henry KIMBROUGH	FR	Triton (Ill.)	36.85m	120-10	4/7

EAST

1	Andrew BURKHARDT	SO	Rowan-Gloucester (N.J.)	54.54m	178-11	4/20
2	Edgar ROSA	FR	Rowan-Gloucester (N.J.)	53.06m	174-1	4/13
3	Artis CUMMINGS	FR	Springfield Tech CC	47.91m	157-2	4/14
4	William FERDINANDO	SO	Union County (N.J.)	47.75m	156-8	4/6
5	Jamie COOPER	FR	Bergen (N.J.) CC	43.38m	142-4	4/13
6	Koy CONNORS	SO	Rowan-Gloucester (N.J.)	43.25m	141-10	4/13
7	Roland GAMEZ	FR	Bergen (N.J.) CC	41.38m	135-9	4/13
8	Phillip KOMBET	SO	Montgomery-Rockville (	39.14m	128-5	4/14

NORTHEAST

1	Kelder CARDOSO	FR	CCRI	44.35m	145-6	4/7
2	Conor HARRIGAN	SO	Finger Lakes (N.Y.) CC	44.12m	144-9	4/21
3	Samarpal SINGH	FR	Queensborough (N.Y.) C	42.10m	138-1	4/14
4	Ben MORTAS	SO	Onondaga (N.Y.) CC	41.43m	135-11	4/21
5	Thomas RANDALL	SO	Mohawk Valley (N.Y.) CC	41.20m	135-2	4/14
6	Cordell NIX	SO	Suffolk County (N.Y.) CC	40.45m	132-8	4/13
7	Elijah WASHINGTON	FR	Hudson Valley CC	38.88m	127-6	4/7
8	Devin KIPP	FR	Hudson Valley CC	37.97m	124-7	4/14



2018 Outdoor Track & Field, Week #4

Men's Decathlon

CENTRAL

1	Alex WORLEY	FR	Sandhills CC	5,087	3/29
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EAST

1	Roland GAMEZ	FR	Bergen (N.J.) CC	5,472	4/13
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2	Koy CONNORS	SO	Rowan-Gloucester (N.J.)	4,614	4/13
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3	Kacper WROBEL	SO	Bergen (N.J.) CC	3,248	4/13
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NORTHEAST

1	Michael BATTIN	SO	Mohawk Valley (N.Y.) CC	4,225	4/21
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2018 Outdoor Track & Field, Week #4

Women's 100 Meters

CENTRAL

1	Jada ERWIN	FR	CC of Philadelphia (Pa.)	13.63	(1.5)	4/20
2	Grace CAREY	FR	Harper (Ill.)	14.16	(0.1)	3/29
3	Michalina SZELAZEK	SO	Triton (Ill.)	14.36	(0.1)	4/7

EAST

1	Diamond TURNER	FR	Howard (Md.) CC	12.86	(-0.4)	4/21
2	Imani LUE	FR	Middlesex County (N.J.)	13.05	(2.1)	4/21
3	Alyssa MORAN	SO	Montgomery-Rockville (	13.27	(-0.4)	4/21
4	Deyane CARTER	FR	Rowan-Gloucester (N.J.)	13.30	(0.0)	4/13
5	Kimberly STAMETS	SO	Montgomery-Rockville (	13.43	(0.3)	4/6
6	Mikela ROBINSON	FR	Prince George's (Md.) C	13.50	(0.5)	3/30
7	Angelica ORTEGA	FR	Union County (N.J.)	13.51	(2.1)	4/21
8	Tochi CHINEDU	FR	Union County (N.J.)	13.73	()	4/14

NORTHEAST

1	Shantal ROUSE	SO	Kingsborough (N.Y.) CC	12.29	()	4/14
2	Jeanne-Marie JOHNSON	FR	Kingsborough (N.Y.) CC	12.40	()	4/14
3	Taylor FIGUEROA	SO	FIT (N.Y.)	12.97	(2.1)	4/21
4	Tanisha WITTER	SO	Kingsborough (N.Y.) CC	13.14	(0.4)	4/7
5	Casey PEDONE	SO	Suffolk County (N.Y.) CC	13.23	(0.8)	4/13
6	Jolene PROVIDENCE	SO	FIT (N.Y.)	13.42	(2.1)	4/21
7	Armanie ABREU	FR	Suffolk County (N.Y.) CC	13.51	(1.9)	4/20
8	Adafih BLACKBURN	FR	Suffolk County (N.Y.) CC	13.65	(-0.1)	3/30



2018 Outdoor Track & Field, Week #4

Women's 200 Meters

CENTRAL

1	Angie NICHOLS	FR	Harper (Ill.)	27.91	(0.0)	3/29
2	Jada ERWIN	FR	CC of Philadelphia (Pa.)	28.02	()	2/23
3	Caitlin BLUE	FR	Sandhills CC	28.61	(0.7)	4/20
4	Grace CAREY	FR	Harper (Ill.)	29.26	()	3/2
5	Emily DOOREY	FR	Sandhills CC	31.04w	(3.6)	3/29
6	Michalina SZELAZEK	SO	Triton (Ill.)	31.05	()	2/2

EAST

1	Chisom CHINEDU	FR	Union County (N.J.)	26.57	(2.0)	4/21
2	Diamond TURNER	FR	Howard (Md.) CC	26.81	(-1.9)	4/21
3	Jasmine HERMAN	SO	Howard (Md.) CC	26.87	(-1.9)	4/21
4	Deyane CARTER	FR	Rowan-Gloucester (N.J.)	27.39	(2.2)	4/13
5	Kimberly STAMETS	SO	Montgomery-Rockville (	27.43	(-1.9)	4/21
6	Alyssa MORAN	SO	Montgomery-Rockville (	27.49	(0.0)	4/7
7	Tochi CHINEDU	FR	Union County (N.J.)	27.88	(2.3)	4/21
7	Destiny BARBER	FR	Prince George's (Md.) C	27.88	(0.6)	3/30

NORTHEAST

1	Shantal ROUSE	SO	Kingsborough (N.Y.) CC	24.99	()	2/9
2	Jeanne-Marie JOHNSON		Kingsborough (N.Y.) CC	25.08	()	3/2
3	Nyeira GORDON		Kingsborough (N.Y.) CC	25.23	()	3/2
5	Michelle MASI	FR	Suffolk County (N.Y.) CC	27.73w	(3.8)	4/13
6	Casey PEDONE	SO	Suffolk County (N.Y.) CC	27.87	(-0.9)	3/30
7	Taylor FIGUEROA	SO	FIT (N.Y.)	28.10	(2.1)	4/21
8	Armanie ABREU	FR	Suffolk County (N.Y.) CC	28.58	(1.7)	4/20



2018 Outdoor Track & Field, Week #4

Women's 400 Meters

CENTRAL

1	Angie NICHOLS	FR	Harper (Ill.)	1:02.86	3/29
2	Grace CAREY	FR	Harper (Ill.)	1:04.87	4/20
3	Michalina SZELAZEK	SO	Triton (Ill.)	1:06.33	3/2
4	Elizabeth CHUKWUEZI	FR	CC of Philadelphia (Pa.)	1:12.30	4/20
5	Caitlin BLUE		Sandhills CC	1:12.87	3/23
6	Katie BICKFORD	FR	Harper (Ill.)	1:22.89	3/2

EAST

1	Chisom CHINEDU	FR	Union County (N.J.)	1:00.04	4/21
2	Jasmine HERMAN	SO	Howard (Md.) CC	1:00.49	4/6
3	Kimberly STAMETS	SO	Montgomery-Rockville (	1:00.96	4/6
4	Tochi CHINEDU	FR	Union County (N.J.)	1:02.48	4/21
5	Deyane CARTER	FR	Rowan-Gloucester (N.J.)	1:02.59	4/20
6	Destiny BARBER	FR	Prince George's (Md.) C	1:04.13	4/14
7	Djamila ZANGRE	SO	Montgomery-Rockville (	1:06.89	4/14
8	Tanyka TROTMAN	FR	Montgomery-Rockville (	1:06.93	4/14

NORTHEAST

1	Shantal ROUSE	SO	Kingsborough (N.Y.) CC	58.35	4/7
2	Jeanne-Marie JOHNSON	FR	Kingsborough (N.Y.) CC	58.36	4/14
3	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	1:00.30	4/14
4	Casey PEDONE	SO	Suffolk County (N.Y.) CC	1:02.49	4/20
5	Michelle MASI	FR	Suffolk County (N.Y.) CC	1:02.62	4/20
7	Shelby KITEVELES	FR	Onondaga (N.Y.) CC	1:06.38	3/31



2018 Outdoor Track & Field, Week #4

Women's 800 Meters

CENTRAL

1	Natalie COOK	SO	Harper (Ill.)	2:21.80	3/29
2	Misbah BAIG	FR	Harper (Ill.)	2:23.86	2/16
3	Rachael TEMPLE	FR	Harper (Ill.)	2:38.08	2/9
4	Michalina SZELAZEK	SO	Triton (Ill.)	2:38.30	2/17
5	Elizabeth CHUKWUEZI	FR	CC of Philadelphia (Pa.)	2:45.83	2/3
8	Emily DOOREY	FR	Sandhills CC	2:57.44	3/29

EAST

1	McKenna DOWD	FR	Rowan-Gloucester (N.J.)	2:36.46	4/20
2	Isamary OCHOA	FR	Middlesex County (N.J.)	2:38.92	4/21
3	Brenda ROSAS	SO	Howard (Md.) CC	2:43.47	4/6
4	Allison KREIN	SO	Howard (Md.) CC	2:45.18	4/21
5	Imani JOHNSON	FR	Middlesex County (N.J.)	2:46.67	4/21
6	Katelyn RICHARDSON	FR	Northern Essex (Mass.)	2:52.34	4/21
7	Victoria NUGENT	FR	Rowan-Gloucester (N.J.)	3:00.25	4/13
8	Katy PACHECO	FR	Middlesex County (N.J.)	3:05.26	3/31

NORTHEAST

1	Allison LENOX	SO	CCRI	2:35.83	12/2
2	Lylybel DEVORA	FR	Queensborough (N.Y.) C	2:36.39	2/25
3	Alayna LANGAN	FR	FIT (N.Y.)	2:36.82	4/21
4	Ceara CONROY	FR	Nassau (N.Y.) CC	2:37.82	4/21
5	Mercedes PLANAVSKY	FR	Hudson Valley CC	2:39.42	4/21
6	Alexis PAPOL	FR	Suffolk County (N.Y.) CC	2:43.44	3/30
7	Brigid NUGENT	FR	Suffolk County (N.Y.) CC	2:49.53	4/20
8	Susan MORDER	FR	Kingsborough (N.Y.) CC	2:51.87	2/9



2018 Outdoor Track & Field, Week #4

Women's 1500 Meters

CENTRAL

1	Natalie COOK	SO	Harper (Ill.)	4:57.70	4/20
2	Misbah BAIG	FR	Harper (Ill.)	5:00.88c	3/2
3	Breanna BOGUCKI	SO	Harper (Ill.)	5:12.01c	2/16
7	Michalina SZELAZEK	SO	Triton (Ill.)	5:35.85c	2/2
8	Enya DEWARS	FR	Sandhills CC	5:45.97	4/13

EAST

1	Isamary OCHOA	FR	Middlesex County (N.J.)	5:22.21	4/13
2	McKenna DOWD	FR	Rowan-Gloucester (N.J.)	5:24.92	4/20
3	Allison KREIN	SO	Howard (Md.) CC	5:30.09	4/21
4	Olivia MULLINS	FR	Northern Essex (Mass.)	5:38.46	3/30
5	Brenda ROSAS	SO	Howard (Md.) CC	5:43.94	4/21
6	Victoria NUGENT	FR	Rowan-Gloucester (N.J.)	6:17.70	3/30
7	Hannah BROWN	FR	Middlesex County (N.J.)	6:25.63	4/13
8	Catie DOMMERS	FR	Montgomery-Rockville (	6:48.43	4/21

NORTHEAST

1	Lylybel DEVORA	FR	Queensborough (N.Y.) C	5:29.88	4/14
2	Ceara CONROY	FR	Nassau (N.Y.) CC	5:39.23	4/14
3	Alexis PAPOL	FR	Suffolk County (N.Y.) CC	5:43.55	3/30
4	Divah JOHNSON	FR	Mohawk Valley (N.Y.) CC	5:51.14	4/14
5	Riley WERNER	FR	Columbia-Greene (N.Y.)	5:51.51	4/21
6	SaraMarie CERULLO	FR	CCRI	6:02.08	4/21
7	Kylah THOMAS	FR	Kingsborough (N.Y.) CC	6:15.88c	2/25
8	Jennifer SHROYER	FR	FIT (N.Y.)	6:25.44	4/14



2018 Outdoor Track & Field, Week #4

Women's Steeplechase

CENTRAL

1	Michalina SZELAZEK	SO	Triton (Ill.)	12:58.38	4/21
2	Sara LINDELL		Sandhills CC	14:32.22	3/23

EAST

1	Justine CONCA	SO	Bergen (N.J.) CC	12:34.50	4/13
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NORTHEAST

1	Catherine MATTEO	FR	Nassau (N.Y.) CC	13:19.08	4/21
2	Audrie PRUSINOWSKI	FR	Finger Lakes (N.Y.) CC	14:35.06	3/17
3	Divah JOHNSON	FR	Mohawk Valley (N.Y.) CC	14:41.15	4/21
4	Brandy TORRES	SO	Mohawk Valley (N.Y.) CC	18:27.34	4/21



2018 Outdoor Track & Field, Week #4

Women's 5000 Meters

CENTRAL

1	Breanna BOGUCKI	SO	Harper (Ill.)	19:31.40	3/2
2	Rachael TEMPLE	FR	Harper (Ill.)	20:24.05	4/13
3	Taylor KREISS	FR	Harper (Ill.)	20:25.71	3/2

EAST

1	Justine CONCA	SO	Bergen (N.J.) CC	20:14.24	4/7
2	Isamary OCHOA	FR	Middlesex County (N.J.)	20:49.84	4/7

NORTHEAST

1	Catherine MATTEO	FR	Nassau (N.Y.) CC	21:16.30	4/7
2	Sarah CARPENTER	FR	FIT (N.Y.)	22:01.02	4/7
3	Kayla TORRES	FR	Suffolk County (N.Y.) CC	22:01.68	3/30
4	Alexis PAPOL	FR	Suffolk County (N.Y.) CC	22:16.33	4/20
5	Morgan STEERE	SO	Mohawk Valley (N.Y.) CC	24:54.02	3/31



2018 Outdoor Track & Field, Week #4

Women's 10,000 Meters

CENTRAL

1	Breanna BOGUCKI	SO	Harper (Ill.)	40:27.62	4/7
2	Taylor KREISS	FR	Harper (Ill.)	41:12.48	4/7

NORTHEAST

1	Kayla TORRES	FR	Suffolk County (N.Y.) CC	45:50.02	4/13
2	Morgan STEERE	SO	Mohawk Valley (N.Y.) CC	51:19.30	4/21
3	Shilah ROSE	FR	Kingsborough (N.Y.) CC	53:18.83	4/14
4	Susan MORDER	FR	Kingsborough (N.Y.) CC	53:19.25	4/14



2018 Outdoor Track & Field, Week #4

Women's 100 Meter Hurdles

CENTRAL

1	Anjel ROWE	FR	Sandhills CC	18.06	(2.1)	4/13
2	Emily DOOREY	FR	Sandhills CC	19.90	(-2.8)	4/20
3	Claudette SMITH	FR	Sandhills CC	19.94w	(2.8)	3/16

EAST

1	Chisom CHINEDU	FR	Union County (N.J.)	16.15	(1.1)	4/21
2	Allison BRYAN	FR	Bergen (N.J.) CC	18.57	(1.7)	4/21
3	Leeannah HUNTER	FR	Middlesex County (N.J.)	19.75	(1.7)	4/21
4	Oliveya POWELL	FR	Rowan-Gloucester (N.J.)	20.25	(-0.4)	3/24
5	Imani LUE	FR	Middlesex County (N.J.)	21.96	(0.0)	4/7

NORTHEAST

1	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	14.85	(-0.1)	3/29
2	Tanisha WITTER	SO	Kingsborough (N.Y.) CC	17.03	(0.6)	4/7
3	Victoria ANDERSON	SO	CCRI	17.53	(2.0)	4/7
4	Audrie PRUSINOWSKI	FR	Finger Lakes (N.Y.) CC	18.36w	(2.7)	4/14
5	Mallory RATHON	SO	Kingsborough (N.Y.) CC	18.78	(1.0)	4/7
6	Rose SIMMONS	FR	Mohawk Valley (N.Y.) CC	18.97w	(2.7)	4/14
7	Emily AHRENS	SO	Onondaga (N.Y.) CC	20.01	(-0.8)	4/21
8	Sophie HENDERSON	FR	Mohawk Valley (N.Y.) CC	20.18	(1.6)	3/31

**2018 Outdoor Track & Field, Week #4****Women's 400 Meter Hurdles****CENTRAL**

1	Anjel ROWE	FR	Sandhills CC	1:09.36	4/13
2	Michalina SZELAZEK	SO	Triton (Ill.)	1:10.66	4/20
3	Claudette SMITH	FR	Sandhills CC	1:14.30	4/13
4	Keisha SCHMITT	FR	Sandhills CC	1:30.27	3/16

EAST

1	Chisom CHINEDU	FR	Union County (N.J.)	1:07.14	4/14
2	Jordan AUSTIN	SO	Rowan-Gloucester (N.J.)	1:08.25	3/30
3	Allison BRYAN	FR	Bergen (N.J.) CC	1:14.14	4/7
4	Veronica COUTO	FR	Rowan-Gloucester (N.J.)	1:19.60	4/20
5	Oliveya POWELL	FR	Rowan-Gloucester (N.J.)	1:20.87	3/30

NORTHEAST

1	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	1:08.74	4/7
2	Tanisha WITTER	SO	Kingsborough (N.Y.) CC	1:12.35	4/14
3	Jacquelyn DEROSA	SO	Suffolk County (N.Y.) CC	1:16.87	4/7
4	Victoria ANDERSON	SO	CCRI	1:17.38	4/21
5	Mallory RATHON	SO	Kingsborough (N.Y.) CC	1:19.68	4/7
6	Audrie PRUSINOWSKI	FR	Finger Lakes (N.Y.) CC	1:23.85	4/14
7	Malerie BELLES	FR	Herkimer County (N.Y.)	1:27.68	4/14



2018 Outdoor Track & Field, Week #4

Women's 4x100 Relay

EAST

1	Montgomery-Rockville (	51.63	4/14
2	Rowan-Gloucester (N.J.)	52.41	4/6
3	Union County (N.J.)	52.57	4/14
4	Middlesex County (N.J.)	55.11	4/21

NORTHEAST

1	Kingsborough (N.Y.) CC	48.14	3/29
2	Suffolk County (N.Y.) CC	51.81	4/7
3	FIT (N.Y.)	55.12	4/14
4	Finger Lakes (N.Y.) CC	58.57	3/17
5	Queensborough (N.Y.) C	59.48	4/22
6	Herkimer County (N.Y.)	1:00.43	4/14



2018 Outdoor Track & Field, Week #4

Women's 4x400 Relay

CENTRAL

1	Harper (Ill.)	4:18.00	4/20
2	Triton (Ill.)	5:36.54	2/17

EAST

1	Montgomery-Rockville (	4:19.60	4/21
2	Union County (N.J.)	4:23.99	4/14
3	Rowan-Gloucester (N.J.)	4:30.34	3/30
4	Middlesex County (N.J.)	4:50.57	4/7

NORTHEAST

1	Kingsborough (N.Y.) CC	3:56.42	3/29
2	Suffolk County (N.Y.) CC	4:28.92	4/7
3	Queensborough (N.Y.) C	4:51.03	4/22
4	Herkimer County (N.Y.)	5:50.78	4/14



2018 Outdoor Track & Field, Week #4

Women's 4x800 Relay

EAST

1	Rowan-Gloucester (N.J.)	12:10.55	4/6
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NORTHEAST

1	Kingsborough (N.Y.) CC	11:01.58	4/14
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2018 Outdoor Track & Field, Week #4

Women's High Jump

CENTRAL

1	Emily DOOREY	FR	Sandhills CC	1.35m	4-5	3/16
1	Grace CAREY	FR	Harper (Ill.)	1.35m	4-5	2/3

EAST

1	Azia PITT	FR	Rowan-Gloucester (N.J.)	1.54m	5-½	4/6
2	Imani LUE	FR	Middlesex County (N.J.)	1.47m	4-9½	4/7
3	Nwaneka CHINEDU	FR	Union County (N.J.)	1.45m	4-9	4/14
3	Leeannah HUNTER	FR	Middlesex County (N.J.)	1.45m	4-9	4/13
5	Katelyn RICHARDSON	FR	Northern Essex (Mass.)	1.42m	4-7½	4/21
6	Allison BRYAN	FR	Bergen (N.J.) CC	1.38m	4-6½	4/21
7	Katy PACHECO	FR	Middlesex County (N.J.)	1.35m	4-5	4/13

NORTHEAST

1	Malerie BELLES	FR	Herkimer County (N.Y.)	1.52m	4-11½	4/21
2	Adelia ALEXANDER	SO	Onondaga (N.Y.) CC	1.37m	4-6	2/10
3	Caitlin PAWLACZYK	FR	Finger Lakes (N.Y.) CC	1.35m	4-5	3/17
4	Shantal ROUSE	SO	Kingsborough (N.Y.) CC	1.30m	4-3½	4/14
5	Jacqueline RULON	SO	Suffolk County (N.Y.) CC	1.24m	4-¾	4/13
6	Miyah STROMAN	FR	Herkimer County (N.Y.)	1.13m	3-8½	4/21
7	Alexis PERKETT	FR	Herkimer County (N.Y.)	1.07m	3-6	4/21



2018 Outdoor Track & Field, Week #4

Women's Pole Vault

EAST

1	Katy PACHECO	FR	Middlesex County (N.J.)	2.60m	8-6½	3/31
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NORTHEAST

1	Gillian LACO	FR	Finger Lakes (N.Y.) CC	2.20m	7-2½	4/14
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2018 Outdoor Track & Field, Week #4

Women's Long Jump

CENTRAL

1	Emily DOOREY	FR	Sandhills CC	4.09mw	13-5 (2.6)	3/16
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EAST

1	Azia PITT	FR	Rowan-Gloucester (N.J.)	5.12m	-9% (0.6)	4/20
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2	Alyssa MORAN	SO	Montgomery-Rockville (	5.07m	-7% (-0.8)	4/21
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3	Katy PACHECO	FR	Middlesex County (N.J.)	5.05m	16-7 (	1/26
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4	Nwaneka CHINEDU	FR	Union County (N.J.)	4.59m	!5-¾ (0.4)	4/21
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5	Imani LUE	FR	Middlesex County (N.J.)	4.42m	14-6 (	3/31
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6	Allison BRYAN	FR	Bergen (N.J.) CC	4.22m	!0% (-1.4)	4/21
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7	Leeannah HUNTER	FR	Middlesex County (N.J.)	4.00m	-1% (-0.5)	4/7
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8	Brianna STULTZ	FR	Roxbury (Mass.) CC	3.99m	¾-1¼ (1.9)	3/31
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NORTHEAST

1	Casey PEDONE	SO	Suffolk County (N.Y.) CC	5.17m	11½ (0.0)	3/30
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2	Faith ZELAYA	SO	Suffolk County (N.Y.) CC	4.81m	-9% (1.3)	4/20
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2	Jolene PROVIDENCE	SO	FIT (N.Y.)	4.81m	-9% (1.8)	4/21
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4	Malerie BELLES	FR	Herkimer County (N.Y.)	4.34m	14-3 (0.1)	4/21
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5	Rose SIMMONS	FR	Mohawk Valley (N.Y.) CC	4.25m	11½ (1.3)	4/14
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6	Kaylah WILLIAMS	SO	Suffolk County (N.Y.) CC	4.16m	-7% (-1.8)	4/7
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7	Natalia PLAZA	FR	Queensborough (N.Y.) C	4.10m	¾-5½ (0.4)	4/22
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2018 Outdoor Track & Field, Week #4

Women's Triple Jump

EAST

1	Katy PACHECO	FR	Middlesex County (N.J.)	10.48m	1-4¾ (0.5)	3/31
2	Allison BRYAN	FR	Bergen (N.J.) CC	10.30m	33-9¾ ()	4/7
3	Azia PITT	FR	Rowan-Gloucester (N.J.)	10.12m	1-2½ (0.0)	4/13
4	Imani LUE	FR	Middlesex County (N.J.)	9.97m	-8¾ (-1.6)	4/21
5	Imani COSTELY	FR	Montgomery-Rockville (	9.73m	1-1¼ (-1.2)	4/6
6	Leeannah HUNTER	FR	Middlesex County (N.J.)	9.38mw	1-9¾ (3.3)	3/31

NORTHEAST

1	Allison LENOX	SO	CCRI	10.60m	1-9¾ (1.7)	4/21
2	Kaylah WILLIAMS	SO	Suffolk County (N.Y.) CC	9.73m	1-1¼ (-0.9)	4/7
3	Casey PEDONE	SO	Suffolk County (N.Y.) CC	9.61m	1-6¾ (2.0)	4/13
4	Alexis JACKSON	FR	Suffolk County (N.Y.) CC	9.36m	-8¾ (-1.0)	4/7
6	Adelia ALEXANDER	SO	Onondaga (N.Y.) CC	8.97m	29-5¾ ()	2/10



2018 Outdoor Track & Field, Week #4

Women's Shot Put

CENTRAL

1	Maddie BOBINSKI	FR	Harper (Ill.)	10.53m	34-6%	3/2
2	Genta VITIJA	FR	Harper (Ill.)	9.60m	31-6	3/2
3	Emily DOOREY	FR	Sandhills CC	8.77m	28-9%	3/16
4	Pearl NIMLEY	FR	CC of Philadelphia (Pa.)	7.19m	23-7%	2/3

EAST

1	Elisia LANCASTER	FR	Rowan-Gloucester (N.J.)	13.21m	43-4%	4/13
2	Emily HILT	FR	Rowan-Gloucester (N.J.)	12.24m	40-2	4/13
3	Justina ABABIO	SO	Montgomery-Rockville (	12.13m	39-9%	4/14
4	Kadrian RICE	FR	Union County (N.J.)	9.49m	31-1%	4/21
5	Keren MONCAYO	FR	Union County (N.J.)	9.45m	31-0	4/14
6	Rylee REDMAN	SO	Rowan-Gloucester (N.J.)	9.33m	30-7%	4/13
7	Gina CONTE	SO	Middlesex County (N.J.)	9.28m	30-5%	3/31
8	Brenda DIAZ	SO	Union County (N.J.)	9.00m	29-6%	4/7

NORTHEAST

1	Gariele EMERAN	SO	Queensborough (N.Y.) C	10.39m	34-1%	2/25
2	Diarra BROWN	SO	Onondaga (N.Y.) CC	10.21m	33-6	2/10
3	Alexis HOLMES	FR	Hudson Valley CC	9.18m	30-1%	4/21
4	Milvia FENELON	FR	Kingsborough (N.Y.) CC	8.96m	29-4%	4/14
5	Kayla SANCHEZ	FR	Onondaga (N.Y.) CC	8.95m	29-4%	2/10
6	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	8.49m	27-10%	4/14
7	Star CORDICE	SO	Kingsborough (N.Y.) CC	8.10m	26-7	4/14
8	Giovanna CIOCIA	SO	Suffolk County (N.Y.) CC	8.06m	26-5%	4/13



2018 Outdoor Track & Field, Week #4

Women's Discus

CENTRAL

1	Emily DOOREY	Fr	Sandhills CC	33.41m	109-7	3/23
2	Maddie BOBINSKI	FR	Harper (Ill.)	27.56m	90-5	4/20
3	Genta VITIJA	FR	Harper (Ill.)	27.18m	89-2½	4/7

EAST

1	Elisia LANCASTER	FR	Rowan-Gloucester (N.J.)	39.99m	131-2	4/13
2	Emily HILT	FR	Rowan-Gloucester (N.J.)	33.22m	109-0	4/13
3	Keren MONCAYO	FR	Union County (N.J.)	31.05m	101-10	3/30
4	Justina ABABIO	SO	Montgomery-Rockville (	30.94m	101-6	4/21
5	Gina CONTE	SO	Middlesex County (N.J.)	30.62m	100-5	3/31
6	Sarina WATSON	SO	Rowan-Gloucester (N.J.)	30.40m	99-9	4/20
7	Yuri HERNANDEZ	FR	Springfield Tech CC	29.32m	96-2½	4/14
8	Taylor WASHINGTON	FR	Montgomery-Rockville (	28.20m	92-6½	4/7

NORTHEAST

1	Autumn THIELE	SO	Sullivan County (N.Y.) CC	26.54m	87-1	4/21
2	Giovanna CIOCIA	SO	Suffolk County (N.Y.) CC	23.95m	78-7	4/7
3	Alexis HOLMES	FR	Hudson Valley CC	23.86m	78-3½	4/14
4	Shantal ROUSE	SO	Kingsborough (N.Y.) CC	23.65m	77-7½	4/14
5	Gariele EMERAN	SO	Queensborough (N.Y.) C	23.57m	77-4	3/30
6	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	20.35m	66-9½	4/14
7	Star CORDICE	SO	Kingsborough (N.Y.) CC	19.90m	65-3½	4/14



2018 Outdoor Track & Field, Week #4

Women's Hammer

CENTRAL

1	Maddie BOBINSKI	FR	Harper (Ill.)	25.20m	82-8%	4/13
2	Genta VITIJA	FR	Harper (Ill.)	19.84m	65-1%	3/29

EAST

1	Elisia LANCASTER	FR	Rowan-Gloucester (N.J.)	43.30m	142-0	4/20
2	Emily HILT	FR	Rowan-Gloucester (N.J.)	36.14m	118-7	4/20
3	Justina ABABIO	SO	Montgomery-Rockville (	30.92m	101-5	4/21
4	Sarina WATSON	SO	Rowan-Gloucester (N.J.)	27.73m	90-11%	4/13

NORTHEAST

1	Star CORDICE	SO	Kingsborough (N.Y.) CC	30.05m	98-7%	4/14
2	Gariele EMERAN	SO	Queensborough (N.Y.) C	28.25m	92-8%	4/14
3	Jasmine MINICK-SELDON	FR	Hudson Valley CC	25.43m	83-5%	4/14
4	Diarra BROWN	SO	Onondaga (N.Y.) CC	24.58m	80-7%	3/31
5	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	24.30m	79-8%	4/14
6	Kayla SANCHEZ	FR	Onondaga (N.Y.) CC	21.47m	70-5%	3/31
7	Adana BASTIEN	FR	Queensborough (N.Y.) C	21.17m	69-5%	4/22
8	Alexis HOLMES	FR	Hudson Valley CC	19.59m	64-3%	4/14



2018 Outdoor Track & Field, Week #4

Women's Javelin

CENTRAL

1	Michalina SZELAZEK	SO	Triton (Ill.)	38.50m	126-3	4/7
2	Emily DOOREY	FR	Sandhills CC	24.17m	79-3%	3/29
2	Maddie BOBINSKI	FR	Harper (Ill.)	24.17m	79-3%	4/20

EAST

1	Elizabeth VARGAS	FR	Bergen (N.J.) CC	34.03m	111-7	3/30
2	Gina CONTE	SO	Middlesex County (N.J.)	33.43m	109-8	3/17
3	Keren MONCAYO	FR	Union County (N.J.)	32.15m	105-5	4/6
4	Catherine DUNN	SO	Rowan-Gloucester (N.J.)	29.89m	98-¾	4/20
5	Nicole CARAMANNA	FR	Rowan-Gloucester (N.J.)	26.66m	87-5%	3/24
6	Catherine HANS	FR	Rowan-Gloucester (N.J.)	25.74m	84-5½	4/6
8	Brenda DIAZ	SO	Union County (N.J.)	21.20m	69-6%	4/21

NORTHEAST

1	Alayna FREDENBURG	SO	Hudson Valley CC	30.94m	101-6	4/7
2	Courtney LUDOVICI	FR	CCRI	25.52m	83-8%	3/30
3	Milvia FENELON	FR	Kingsborough (N.Y.) CC	22.82m	74-10%	4/14
4	Alexis PERKETT	FR	Herkimer County (N.Y.)	21.43m	70-3%	4/21
5	Kayla SANCHEZ	FR	Onondaga (N.Y.) CC	19.19m	62-11½	4/21
6	Gariele EMERAN	SO	Queensborough (N.Y.) C	18.03m	59-2	3/30
7	Nyeira GORDON	FR	Kingsborough (N.Y.) CC	17.69m	58-½	4/14
8	Alexa VALE	FR	Kingsborough (N.Y.) CC	15.83m	51-11½	4/14



2018 Outdoor Track & Field, Week #4

Women's Heptathlon

CENTRAL

1	Emily DOOREY	FR	Sandhills CC	2,619	3/29
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NORTHEAST

1	Malerie BELLES	FR	Herkimer County (N.Y.)	2,074	4/21
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2	Miyah STROMAN	FR	Herkimer County (N.Y.)	1,871	4/21
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3	Jacqueline RULON	SO	Suffolk County (N.Y.) CC	1,802	4/13
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4	Alexis PERKETT	FR	Herkimer County (N.Y.)	1,426	4/21
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